ATTIONAL MASTERS NEWS The only national publication devoted exclusively to track & field and long distance running for men and women over age 30

70th Issue

June, 1984

AT 51, GREEN WINS NATIONAL MARATHON; CUCCHIARI, KIRCHEN TAKE NATIONAL 10K

Edges Haiman by 2 Seconds from BOB FINE

Matt Cucchiari, 41, Central Park TC, led all the way to win the TAC National Masters 10K Road Race Championships at Prospect Park in Brooklyn, N.Y., April 21, in the time of 33:20.3.

However, Cucchiari's six second lead at the 5K mark was reduced to just two seconds by Ted Haiman, 41, Witold's Runners, who finished second, eight seconds ahead of Herbert Kahl, 41, of the Islander TC.

John Dugdale, 49, NY Masters, scored an eleven second victory with a 34:04.7 over Dave Wilson, 46, Islander TC, in the M45 group. Howard Rubin, 55, won his division in 35:29.1, besting his Syracuse Charger teammate, Ed Stabler, 54 (M50 winner) by six seconds.

William Peck, 60, NYAC, and George Sheehan, 65, Shore AC, won in the 60+ divisions. Alan Poole, 70, Millrose AC, Ed Benham, 76, Potomac Valley Seniors, and Max Popper, 80, Millrose AC, took the remaining contests.

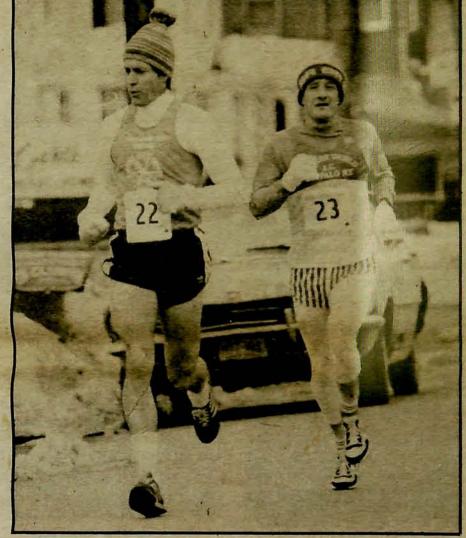
The women were led by Olympic marathon qualifier Elaine Kirchen, 41, Warren Street, with 38:42.5. Katie Knight Perry, 48, Millrose AC, won Continued on Page 14

300 COMPETE AT UCLA

LOS ANGELES, April 28-29. Sixteen former Olympians joined over 300 other age-30-or-over athletes this weekend for the First Annual Olympic Legends Masters Track and Field Meet on the new Olympic track at UCLA's Drake Stadium.

Two world and three American agedivision marks were set as the California masters track & field season rolled into high gear.

Appearing in his first masters meet was Eddie Hart, 1972 Olympic 400-meter-relay gold medalist who probably would have beaten Valeriy Borzov for the 100-meter gold if Hart hadn't missed the semifinal due to a coach's foulup. Hart, now 35 and running for the Northern California Seniors Track Club, faced 1968 Olym-Continued on Page 11



Charles Parmalee, 40, (22) and Ralph Zimmerman, 42, battle for the masters title in '84 Price Chopperthon 30K. Parmalee won by eight seconds in 1:42:22.

Kirchen Leads Masters at Trials

OLYMPIA, Washington, May 12. Joan Benoit, Julie Brown and Julie Isphording deservedly got all the headlines for making the U.S. Olympic team, but seven U.S. masters women who had qualified for the 1984 U.S. Olympic Women's Marathon trails today also deserve a mention for their outstanding achievements.

In the ABC-televised race which saw Benoit romp to a 2:31:04 victory only 17 days after knee surgery, New York's Elaine Kirchen, 41, was only 15 minutes back in a personal record 2:46:43. She was the first age-40-orover runner across the line and 78th among the 238 starters.

Shirley Weaver was 2nd master, 114th overall, in a PR 2:50:22.

Perhaps the most popular runner in Continued on Page 14

INSIDE: NEW WORLD AND U.S. AGE RECORDS

Starting on page 21 of this issue are eight pages of new fiveyear age-group records — both track & field and long distance running — for men and women age-35 and over.

The T&F section covers both world and American marks approved, as of May 1, 1984, by Peter Mundle and the Records Committees of the World Association of Veteran Athletes (WAVA) and The Athletics Congress (TAC).

The LDR pages list U.S. records approved, as of January 1, 1984, by the National Running Data Center, and officially recognized by TAC and the Board Sets Age-50 + Mark of 2:29:11

\$1.50

LINCOLN, Nebraska, May 6. For the first time in the recorded history of national masters long distance running championships, the top male and female awards both went to runners over age 50 today in the 1984 TAC National Masters Marathon Championships.

Fifty-one-year-old Norman Green of Wayne, Pa. topped all over-age-40 runners in a time of 2 hours, 29 minutes, 11 seconds on the TAC/RRCA-certified, looped course. It was the fastest marathon ever run by an American age 50 or over, breaking Green's own U.S. age 50-54 mark of 2:29:54, set in Philadelphia in November, 1982.

Fifty-year-old Martha Maricle flew in from California to become the first masters female finisher in 3:30:47.

Green's superb performance earned him second overall in the 800-runner race. Only 32-year-old Ralph Miller's 2:26:33 was faster.

"My only goal was to win the masters title," Green said. "I was picking up ground at the end, but I wasn't thinking about winning the race overall."

Over 100 masters runners took part in the championship event, run as part of the annual Lincoln Marathon, one of the region's top annual events. A separate chute was set up for masters finishers. The temperature was ideal, in the low 50's, and a wind only came up late in the race.

On only one other occasion has a 50-or-over runner won a national masters championship race. That was last year when Green defeated a tough field in the National Masters 20K in Washington, D.C. in an M50 record 1:05:50.

If it weren't for Green today, the headlines would have gone to Ardel Boes. The Coloradan finished third overall and won the age 45-49 category with an outstanding 2:31:20. Hometown standout Lowell Gaither clocked 2:33:03 for 2nd M45 and 6th overall. Another Nebraskan, Ray Stevens, placed 7th overall and first in Continued on Page 16

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ENTRY FORMS

NATIONAL MASTERS NEWS

70th Issue June, 1984

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MEET TIMING

In the Masters Scene of the May issue of NMN were some marks and comments from my April 14 meet. Some of the times given were to the nearest tenth, some were to hundredths. One comment indicated a 2:39.84 just missed a record of 2:39.8.

My meet is timed by Accutrack except for the 5000. All times are to hundredths. The 2:39.84 is superior to a hand timed 2:39.8. Marks from my meet are automatic timed (there is no need for the world to use the term "fully automatic timed") since the report of the starter's gun activates the timer.

I have been to too many meets in which the timers use digital watches which read times in hundredths so the results are given in hundredths. Unless the starter's gun activates the timer the results must be rounded to the next higher tenth. A time of 29:31 becomes 29.4 since it is slower than 29.3 by one hundredth.

Meet directors should send results in tenths unless Accutrack or some other automatic timing device is used. Athletes and officials should be aware that a minimum of 3 watches is required before a hand time can be accepted.

I've paid entry fees to some meets, only to have a single timer on my lane. At the Senior Olympics one year the timer for my lane was an eight year old girl. Her time differed from the time my wife and several of my teammates got (they agreed). Her 22.9 was official. Their 22.3 was not. The American record was 22.6.

I realize officials are volunteers mostly. I appreciate everybody who helps at any track and field meet. I know what is involved in organizing

and conducting a meet. Every effort should be made to get accurate acceptable times for all runners.

Let's educate ourselves about timing and rounding the times to the next slower tenth. Then we can educate others who might became involved. And then we can compare times from different meets accurately.

Every meet director should be certain that each official who measures long throws knows the rules concerning 1/2 inches, odd centimeters and conversions from metric to English.

We need to be consistent by following the rules. Only then can marks be compared meaningfully.

> Hugh Adams Selma, California

TOMMY KONO

As a new competitor in Masters competition (38 years, shot-put), and recent subscriber to NMN, I was pleasantly surprised to see a familiar face in your paper.

I'm referring to Mike Tymn's article on Tommy Kono. I was a teenage Olympic-lifter in the mid-sixties and remember Tommy well.

At first glance I thought NMN was just another "running" publication, but you appear to have a variety of articles. Keep up the good work.

> Arthur B. Fox Pittsburgh

INDOOR AGE RECORDS

I've had a lot of mail from the U.S. lately, in response to the publishing (April NMN) of the world indoor marks. Unfortunately, I can only record metric distances. The USA is the only country still operating at



Sondra Schumacher, Glendale, Calif., W30-39, Olympic Legends Meet, April 28-29, Drake Stadium, UCLA

linear distances. The field events pose no difficulty, as it is easy to convert to metric. But the track events are out of step with the rest of the world. TAC should do something about it, since U.S. masters are missing out.

Jack Fitzgerald WAVA Records Committee London, England

INTERNATIONAL SECTION

Congratulations on the "new" NMN. I am very happy that we have a world-wide voice now. It is important, because in Europe - especially in Germany with many veteran athletes - we don't have our own newspaper and there is little interest in our problems. Now everybody can help to join a big and strong family.

> Hans Axmann Vice-President, WAVA Ansbach, West Germany

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Masters Star at Penn Relays

by PETE TAYLOR

PHILADELPHIA, April 28. Dennis Dyce anchored the New York Pioneer Masters to two victories today as the 90th Penn Relays concluded at Philadelphia's historic Franklin Field. Dyce followed legs by Ed Small, Bob Stanford, and Glen Shane with a solid anchor to give the Pioneers a sparkling 4 x 400 win in 3:28.4.

Interestingly, the time not only bettered five of today's winning boy's high school relay times, it was well under the University of Tennessee's winning time in the women's collegiate 4×400 held later in the day (3:30.99).

The Philadelphia Masters got second in 3:34.2, followed by Potomac Valley Seniors (3:37.6), Shore AC (3:38.5), and New York Pioneer Masters B (3:47.1).

About 1³/₄ hours later the powerful Dyce returned to anchor the NY Pioneer Masters to victory in the unusual Swedish medley relay (300-100-200-400) with an unofficial time of 2:01.1.

Yesterday, the Philadelphia Masters team of Larry Wilson, Dhamiri Abayami, Jim Bantum, and Edwin Roberts blazed to a 43.85 time in the 4 x 400. NY Pioneer Masters ran 44.44, Bo Weavers (East Orange, NJ), 45.60, Potomac Valley Seniors, 45.75, and Philadelphia Masters again in 47.02.

Added spice was lent to these events by the participation of 60 + and 70 +teams for the Philadelphia Masters. Such luminaries as Bob Boal, Gilberto Gonzalez-Julia, Claude Hills, George Braceland, Rudolf Nilsen, Dave Hall, Jim Manno, and the Harris brothers (Don and Oscar) all competed to the great delight of the large crowds. Popular comedian Bill Cosby also lent excitement by competing for Philadelphia in the 4 x 100 and the Swedish medley.

Add the state of the state of the

Benham Lowers M75 Record COFFMAN, KIRCHEN WIN IN NIKE CHERRY BLOSSOM

Forty-one-year-olds Don Coffman and Elaine Kirchen were masters winners in the Nike Cherry Blossom 10 Mile, Washington, D.C., on April 1. Coffman finished in 52:26, and Kirchen in 62:04. Despite several inches of water from the rain-filled Potomac at two points on the course, other 40+ runners also had good times.

Fay Bradley won the M45 division with 55:34, and Marchalla Haraden took the M50 with 59:59. John Hosner, 59, was the M55 victor, while Hubert Morgan won the M60-69 segment in 62:12, only one-tenth of a second off his own U.S. M60 record. Ed Benham, 76, won the M70 + in 72:13, lowering his M75 mark by 34 seconds.

Mary Ann MacFarlane was the W45 winner in 73:56, and Potomac Valley STC's Rachel Bourne defeated the W50+ entrants with a 73:14.

Simeon Kigen, 23, a member of the Kenyan Olympic team, and Rosa Mota, 25, went home \$3,000 richer for their 47:26 and 54:16 open wins.

Oops!

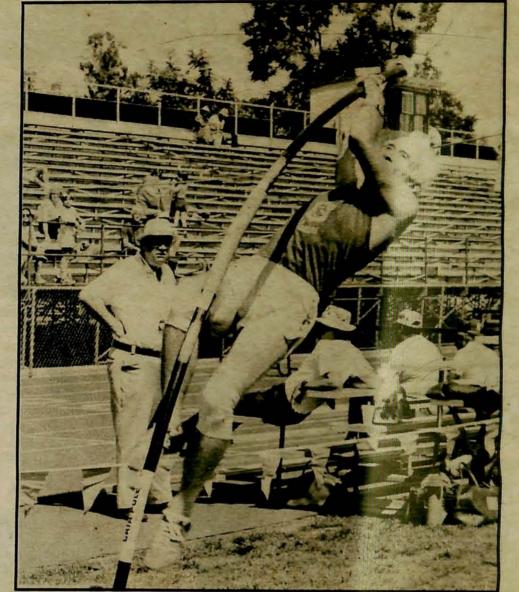
Ullyot Wins Boston

In the May issue, NMN erroneously reported that Vicki Foltz won the women's masters division of the Boston Marathon April 16 in 2:46:14. Foltz was actually home in bed with the flu. A male runner wore her number, so Foltz was credited with the 2:46 time. All the newspapers and wire services picked it up. Unfortunately, in our hurry to get the results to you fast, we didn't triple check and trustingly put it on page one. Our apologies. The actual female 40+ winner was runnerauthor Dr. Joan Ullyot of San Francisco, in a time of 2:54:17.

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Syracuse Chargers 60 + team of (from left) Nate White, 64, Bud Brown, 60, Ed Lukens, 62, Ed Buckley, 62, Nate Hacker, 67, Elmer Shaw, 66, team champions, Eastern Regional Indoor Championships, March 18.



Jim Vernon, M65

Over The Hill TC Dominates

North Coast Relays

women's team took the 30-39 trophy,

and the Cleveland Masters women's

outstanding performances. The duo

team of Chuck Klehm and Ed Hill,

representing the University of Chicago

TC, dominated the 40-49 field events

winning the shotput, discus, hammer,

35# and 56# weight throws, and

Bennett, Gaine, Thomas, and Ray won

the 4x400 relay with a good time of

The Fitness TC's 40-49 foursome of

The field event relays produced some

team won the 50-59 age group.

finishing second in the javelin.

3:35.33.

by JAMES BARNETT

Michigan, Illinois, and Pennsylvania

enjoyed warm sunshine and good com-

petition at the Second Annual North

Coast Relay Championships in

The Over The Hill TC again cap-

tured the overall team award for the se-

cond year with 205 points. West Penn

TC was second and Fitness TC from

Detroit took third. The Over The Hill

TC showed depth by winning the

30-39, 40-49, 50-59, and the women's

40-49 age divisions. The West Penn

Cleveland Heights, Ohio, April 29.

Nine track clubs from Ohio,

page 5

1984 NIKE MASTERS SERIES.

NIKE, Inc., proudly announces our 1984 Masters Road Race Series. For the 7th consecutive year, veteran runners (men 40 +, women 35 +) will compete for awards and travel to the XVII International Masters Distance Championships. For the first time the Championships (10K and marathon) will be held in the United States—in San Diego, CA, on December 1st and 2nd.

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Location Syracuse, NY Michigan City, IN Huntsville, AL Portland, OR Minneapolis, MN El Paso, TX

Race	Distance
Dynamis	15k
RRCA Championship	15k
Cotton Row Run	10k
Cascade Run Off	15k
Twin Cities Marathon	Marathon
Run Against Crime	15k

In addition, some travel credits will be awarded by lottery. Therefore, any runner may be a winner.

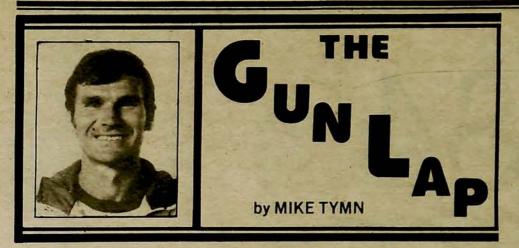
NIKE is looking for six additional races to add to the 1984 Series. They must be: 1. NRDC-certified courses, 2. 1000-5000 participants, 3. In cities other than those already on the Series schedule.

For more information on the 1984 Series, or to submit a race for consideration, please contact: Valdemar Schultz, Masters Athletics, NIKE, Inc., 3900 S.W. Murray Blvd., Beaverton, Oregon 97005.



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June, 1984



The Incredible Al Oerter

R ooting for 47-year-old Al Oerter to make our Olympic team this year and then go on to win his fifth gold medal in the discus is an ambivalent situation.

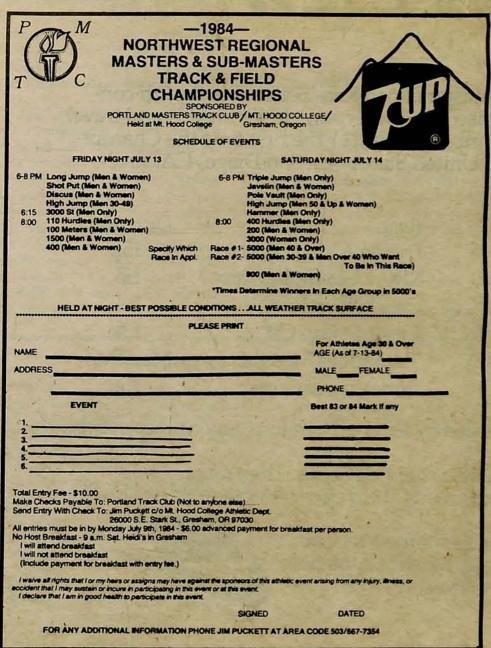
On the one hand, you want him to show up those brash young kids and show us that aging isn't as debilitating as we sometimes think. On the other hand, you don't want him to take away the excuse we have for losing to those young guys.

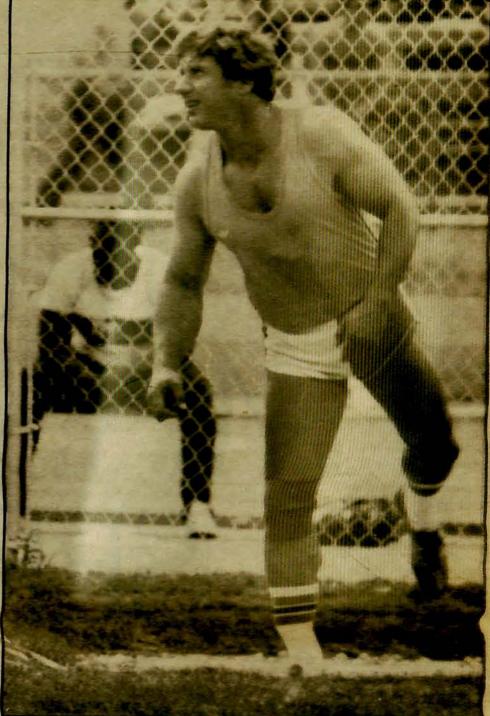
It's bad enough when distance runners like Jack Foster and Antonio Villanueva compete at world-class levels. But athletes like Oerter, who rely on coordination and explosive power, are supposed to be washed up at an earlier age.

Oerter is even more of an anomaly than Foster, who ran a 2:11 marathon at age 41. Since Foster didn't take up running until he was 32, we can reason that he might have run 2:07 or 2:08 at age 30 if he had gone through the fiveto-seven year adaption period during his 20's. Therefore, Foster might have been slower at 41 than he was at 30. We just couldn't see it.

Such is not the case with Oerter. He began at an early age and still seems to be improving.

Oerter won the gold medal at Melbourne in '56 with an Olympic record toss of 184 feet, 11 inches. At Rome, in '60, he advanced it to 194-2. On May 18, 1962, at the age of 25, Oerter became the first man to officially go over 200 feet as he recorded 200-5. Before the '64 Games, he had





Al Oerter

the world record up to 206-6. At Tokyo, he upped the Olympic record to 200-1 and at Mexico City he won his fourth gold medal with a 212-6.

Oerter decided in 1971 that he'd had enough. "My neck was hurting, and I couldn't double my weight-lifting pro-

"I go up to a certain point and then back off. If I do injure myself, it takes more time to repair than it did when I was in my 20's."

gram to put on the weight I needed," he later explained.

At 35, Oerter had hung it up. In spite of the four gold medals, he seemed human. He came out of retirement, however, in 1980 to try for the Olympic once again, finishing fourth in the Trials. He achieved his best official throw of 227-11 feet that year, but in 1982 in an exhibition for a television program he exploded for an incredible 240 feet (the world best is 237-4 by Ben Plucknett).

Born in Astoria, New York, Oerter

Photo by Richard lee Slotkin

lives in West Islip, N.Y. and is employed by Grumman Data Systems on Long Island in marketing research. I reached him at home the weekend before he was scheduled to compete in the Mt. San Antonio Relays in Los Angeles and put a number of questions to him.

How is it that you keep improving? Are you feeling any effects of aging?

Oerter: "I'm as strong as I've ever been. But what's most apparent with an advance in age in competition is just what I'm feeling at this precise moment. I've just finished a training session and everything hurts. My calf hurts. My lower back hurts. The skin on my finger is tearing, little things like that, little niggling injuries. That's the main difference."

You seem to be much heavier now than when you were competing back in the 50's and 60's. How does your weight compare with then?

Oerter: "My weight now is 278 to 280. In '56 I weighed 235, in 60, 255, in '64, 275. Then in '68 I was at my heaviest before the Games. I was at 297. But that was just too heavy. I could never carry that kind of weight right now and attempt to move within Continued on Next Page

Continued From Previous Page

the ring. And perhaps 280 is too heavy. If I can maintain current strength levels or just a notch below and take off six or seven pounds it'll probably be good for me.'

How does your weight training now compare with what you were doing 20-25 years ago?

Oerter: "I've managed to get past some self-imposed barriers that I pro-*bably set up a long time ago, thinking it was just absurd to lift certain poundages and to attempt certain things. The old theory was that you became muscle bounded. It was thought to be detrimental to any kind of athletics, while it was just the kind of lifting people were doing that provided that bounded feeling.

"Now, more often than not, I'll at-

"The way the masters conduct the meets is terrible. You wait around forever while they run thru the age groups."

tempt things and succeed. But not to the point of breaking down. That's one allowance I'll make for age. I go up to a certain point and then back off. If I do injure myself, it takes more time to repair than it did when I was in my 20's."

Have you sensed a loss of speed with the years?

Oerter: "I've noticed a decline in running speed, but when I get aggressive in throwing I'm told I'm just as quick as ever. Of course I have no way to measure that, but people who've known me for a long period of time say that I'm just as quick in the ring."

I would think that slower running speed would indicate slower reaction time or slower reflexes in throwing, wouldn't you?

Oerter: "Well I'm not really laboring to get one foot in front of the other. My wife is 31 and is a sprinter. I run with her, but I don't have any reason to test myself in a sprint. So I don't know how much running speed I've lost. It's more a reluctance to do

DISCUS THROW

Alfree O CORTER UNITED STATES 184 105 PORTUNE GORDIN UNITED STATES 184 105 PORTUNE GORDIN UNITED STATES 179 994 DESMOND ROCH UNITED STATES 175 314 Mark Paurah Great Botam 175 045 Ott Greatha Rassa 171 915 Adafo Gossimi halv 171 315 171 95 and mound were 1867 515 Discus throwing honors were monopolized by USA athletes. At left is Desmond Koch, bronze

medalist; in the center is champion Al Oerter. and at the right is Fortune Gordien; '56 Olym-DICS.

things right now. Why take chances?" In a recent television interview didn't you say that what you had lost to aging you had made up in technique, or something like that?

Oerter: "I think I'm more productive right now. A long time ago, in the 50's and 60's perhaps, it used to be a brute force approach. I used to work a little longer than I do right now. Maybe we'd put in two hours. Now I put in about an hour and 20 minutes. I'm working strictly on technique and trying to become more aggressive, rather than the brute force. I think about it a little bit more, so the workouts are more productive. I pro-

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bably get more out of it than I did years ago."

If you had known 20 years ago what you now know about training, do you think you might have been throwing 240 or 250?

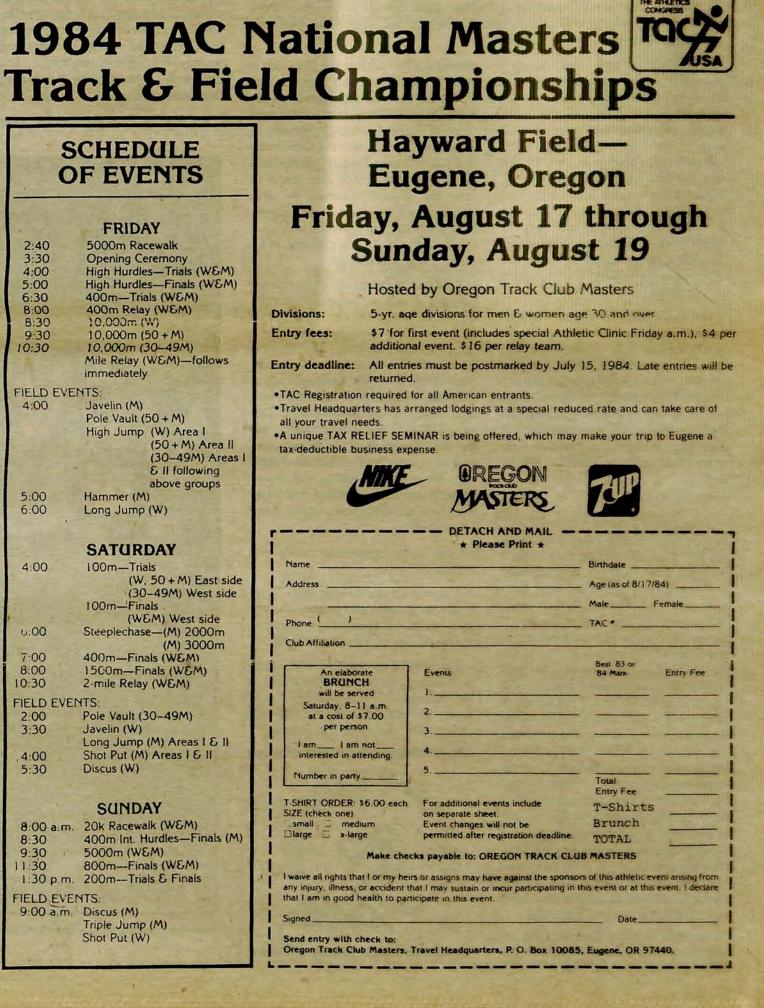
Oerter: (laughs) "That's tough to say. I don't know about 240, but I know I'd have been a better thrower and more consistent. I don't know if I'd have been a better thrower in the Games, because I was always able to bring out the best in myself for them."

Tommy Kono ('52 & '56 Olympic gold medal weightlifter) says that he thinks he'd be lifting heavier weights today because he'd be thinking higher.

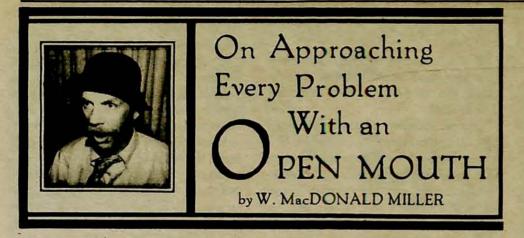
Do you think that's the case with you? Oerter: "I think Tommy's right. You tend to work with your peers. If somebody's throwing 227 and winning everything, you get some indication of what's possible. You never think 255 or something like that is possible."

What do you think it will take to make the team this year?

Oerter: "I've always said it will take 225. I don't know. No one knows what drug testing is going to do. This is the big difference. Some of the athletes may find that they don't need the chemicals or whatever junk they've been taking. There may be others who Continued on Page 10



National Masters News



Quixote in Springtime

truly love the month of April. By April everyone has returned from their "break up the winter" getaway in Florida, Palm Springs or wherever. Personally, I wasn't able to get away this past winter, economic concerns (rent) kept me in Chicago on a full time basis.

Seriously, I think you know I wouldn't have to work another day in my life if I didn't want to. Of course, I wouldn't be able to eat, but, that aside, money in general has never been a priority with me. True, my wife's money is quite another matter, but I'll save that for another time. I love April, because I know, come April, great lines in sports like, "Come on, you can do it," "You're looking good," and the theme from *Rocky* can't be far behind. Everyday, new evidence of a summer of training, racing and serious injury, lie just ahead.

One easy indication of a new season at hand is the increased stroke by the catalog houses. L.L. Bean is now sending me a catalog a week. I've lost track of which sale this week's sale is a sale of. My interest is now confined to searching out the dumbest looking ad. Be honest, haven't you looked up from a running catalog ad and said to your wife, "This gal has to be the owner's daughter." Furthermore, everyone looks too healthy.

Some catalog called "Lands End" has me on the every-other-week mailing list. I get the feeling they think I was, and maybe still am, a yachtsman; and beyond any question, have been and always will be - very preppy. When was the last time you saw a bunch of black guys sitting around in green pants? Next time you stop in for bagels, see how long you wait before a guy wearing dock siders comes in. The selection of products for the runner is very good - for a laugh. One called Moss Brown is always trying to make a big deal out of their sale on Gortex running suits. You could get it for the same price at Gucci's. Of course Gucci is over two blocks away from my office and for a busy executive like myself," time is money and money, as you well know — no need going into all that, you know anyway. The running shoe selection always features some New Balance or Etonic models that were discontinued about two years ago.

Somewhere along the line, I got my name in a running computer list (obviously for sale) in the sky. You'd think I controlled some gigantic race budget of \$500 or more based on the mail I receive. I not only get catalogs from all over the nation, I get race applications from all over the free world. If I had the time I would gladly lend my support, but, really, who wants to hear the George Sheehan — Hal Higdon story twenty-five more times? Sure, one's an excellent/funny-writer/speaker and the other is a doctor. Who cares? Enough is enough.

Going to the races used to be fun; I suppose it still is. Somehow though, the weekly race scene leaves me a little cold. Face it, it's mostly very, very serious people, bitching. The bitching isn't even that imaginative anymore. You always overhear someone saying, "I understand they measured the course with a car speedometer! This race sucks. They should shoot the bastards responsible." I always turn around to see where lines like these come from and it's always a shriveled up little guy in hair strings that looks like he's probably into video game maintenance.

How about something daring and different?

A race for nude runners only. There would be just one stipulation; all runners would be checked for carrying concealed and/or illegal substances.

I get invited to running camps in the most appealing places: "Come run in the Colorado Mountains," or "You'll never do better than in the redwood country of Northern California." I



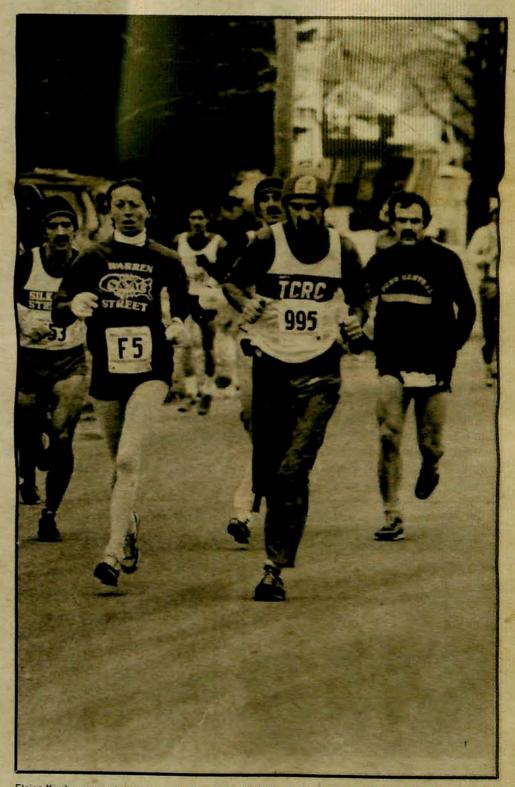
never paid much attention but I assume they're free. I did spend a weekend at a running camp once — they fed us a big story about the difference between the right food and the wrong food and we ate peanut butter for breakfast — all those carbs, for energy, right? Give me a break!

Frankly, it all sounds kind of boring. Can you imagine being marooned up in some high desert with a bunch of runners? I'm reminded of what Higdon told me about running in the early days. "Then they were all weirdos." ---It was truly a sanctuary for the dregs who couldn't do anything else. I still get a kick out of how running promoters brag about the demographics of runners; educated, urbane, professional. You got it, Pal; weird lawyers, weird doctors, weird businessmen, weirdos with college educations. Just me and my Sony, sweetheart. Outasight! Awesome!

The high point of my week at camp

was a special guest appearance by Ken and Jen, droning on and on and on about certification and cheating. Damn, am I glad they're not with the IRS. I wish someone would come along with a running camp that featured bondage fantasy and specialized in teaching you how to make those leather outfits they wear on cable television. You could be helping your body and at the same time learning a skill.

What I'm saying, no doubt circuitously, is this; things have got to lighten up. It's become too predictable and tacky. The running hype has brought about a kind of mental constipation among the participants. We've been sold and we bought the whole routine as a very serious life and death version of the great windmill fight of the '80's. The running scene needs fresh air. It needs new ideas, new goals, guidelines, and standards. On the other hand, maybe all it really needs is a good Fleet.



Elaine Kirchen en route to a masters victory in the '84 Price Chopperthon 30K, 1:57:49, March 18.

Indoor Nationals Draw 561

As reported briefly last month, 561 masters and sub-masters men and women athletes took part in the largest-ever TAC National Masters Indoor Track and Field Championships, held in Princeton, New Jersey, March 24-25.

Competition was fierce. No one in the rugged 35-39 bracket was able to win more than one event.

The top gold medalist of the meet was national and world W35 champion Phil Raschker of Atlanta, who notched five wins in the 60, hurdles, pole vault. long and triple jumps.

Taking home four firsts were Puerto Rico's Gilberto Gonzalez in M70, and Ohio's Byron Fike in M75.

Triple gold medalists were octagenarian Russ Myers of Florida; Jay Sponseller, M65; New York's Rudy Valentine, M60; P. Collins, W30; Cincinnati's Mary Bowermaster, W65; New Jersey's M. Fitzgerald, W45; California's Herb Miller, M65; and New Jersey's M. Lopez, W70.

Impressive double winners were New York's Archie Messenger in the M60 1000 (2:50.21) and mile (5:24.5); California's Burl Gist in the M60 high jump (5-2) and 60-yard hurdles (9.67); New Jersey's Don Johnson in the M65 mile and two-mile; California's Bruce Springbett in the M50 60 (6.98) and 300 (34.79); and Dennis Dyce in the M40 300 (33.43) and 600 (1:16.24).

Kirk Randall of Massachusetts took two in the M40 mile (4:27.3) in a battle with Holbrook, Cohen, Haiman and Faxon, and 2-mile (9:48). Maryland's W. Daily captured two in the M30 600 (1:16.0) and 1000 (2:19.0). Henry Glyde took the mile (4:41.7) and 2-mile (10:03.19) in M45.

National outdoor M50 800 champ Lee Blount of St. Louis garnered the M50 600 (1:22.4) and 1000 (2:32.7) nipping Rudy Enders and Jim Sutton, respectively. L. Smith took the M55 300 (37.67) and 600 (1:25.9). Herb



Don Johnson in the 2 mile, '84 TAC National In door Championships.

Kania notched the M55 1000 (2:38.4) and mile (5:04).

Manny d'Elia took the 60 and 300 in M75 action; L. Upton grabbed the 600 and mile in W40; Ohio's J. Gibson abducted the 1000 and 2-mile crowns in W45; Mila Kania lifted the mile and 2-mile in W50; and Texan Barbara Neuhaus put away the 300 and 600 in W55.

In the field events, 1952 and 1956 Olympic pole vault gold medalist Bob Richard won his specialty in 10' in M55, and added the high jump in 5-1. Kentucky's M. Nickell won both M55 jumps in 16-7 and 32-6. Alabama's Ed

Trac

Track

Hill powered to shot (48-7) and weight throw (52-7) wins in M40, as did Maryland's Ed McCombs (46-11 and 49-11) in M45; Michigan's Bill Walmroth in M60, Pennsylvania's B. Detweiler in M70, and Ohio's E. Hosack in M80.

Ed Lukens took both M60 jumps. Ham Morningstar took the M65 pole vault and high jump. Indiana's Arling Pitcher looked good winning the M80 pole vault and triple jump. Pennsylvania's Claude Hills doubled in the M70 triple and hurdles. Barry Kline won the M40 hurdles (8.42) and high jump (5-6). F. Samara sped to hurdle (7.72) and LJ (22-7) wins in M30.

Double winners on the female side were C. McRonald in the W40 LJ and

300; Essie Kea in the W45 LJ and HJ; Florence Reardon in the W55 60 and LJ; and V. Nelson in the W70 LJ and HJ.

Michigan's Clarence Ray edged Louisiana's Danny Thiel, 33.16 to 33.40, in a fast M35 300; Larry Colbert squeaked by Ed Small by .06 in 34.78 in the M45 300; Jim Sutton and Bill Foulk both broke the tape in 4:48.7 in the M50 mile, with Sutton's lean winning the photo.

Meet directors Ron Salvio and Matt Brown said the selfless efforts of the New Jersey TAC officials helped make it one of the best-ever masters track meets. The 1985 National Indoor Masters Championships will be held in Chicago.

		CONTRACTOR OF THE OWNER OWN
TE ATHLETICS CONGRESS TOCKAS	1984 TAC WESTERN REGIONAL MASTERS TRACK & FIELD CHAMPIONSHIPS	HIKE
SCHEDULE OF EVENTS	OCCIDENTAL COLLE 1600 Campus Road, Los Angeles, Califor July 13, 1984 thru July 15	nia – Patterson Field
Friday July 13	Divisions: 5 year age division for men and	avode bae 00 and above
5:00 p.m. Pentathion	and the second s	and the second sec
and the second states of the	Entry Fees: \$8.50 for first event; \$5 per addit	tional event. \$20 per relay.
Saturday July 14	Includes T-shirt.	
Track:	Entry Deadlines: All entries must be postmarl	ked by July 6, 1984. Late
2:00 p.m. 400 m heats	entries will be charged \$1.50	if heats or flights are open.
2:30 p.m. 4 X 100 m relay 3:00 p.m. 3 K steeplechase	Sorry, no refunds.	
3:30 p.m. H. H.	Accommodations: Sorry, none available due to C	Olympic "rush."
4:30 p.m. 5 K racewalk	Miscellaneous: Running order, women first an	d then oldest to youngest.
5:15 p.m. 800 m	Implements and hurdles follow T	
6:00 p.m. 100 m heats & finals	* TAC Registration Required	A DESCRIPTION OF THE REAL PROPERTY OF
7:30 p.m. 400 m 8:30 p.m. 10 K	* Western Regional Championship medals to :	Additional
Field:	awards to guests.	top 5 residents. Additional
2:00 p.m. H.J. women & 60 +		alon ante required for track
L.J. 50 - 59	* Surface: Identical to L.A. Coliseum. 9 mm	elements required for track,
3:00 p.m. L.J. women & 60+	L.J., T.J., P.V., H.J. and J.T.	
S.P. 30 - 39	Send check & entry form to: G.D. Miller, 1740 G	randview Avenue, Glendale,
4:00 p.m. L.J. 40 – 49	CA 91201 - Tei:	818-843-2139 (until 9 pm)
H.J. 30 – 59		
S.P. women & 60+ P.V. 50+	WESTERN REGIONAL MASTERS T&	F CHAMPIONSHIPS
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7:00 p.m. 5000 m		
8:30 p.m. 4 X 400 m relay		
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5:00 p.m. H.T. 50 - 59		
J.T. 40-49	I waive all rights that I or my heirs or assigns m	
T.J. women & 60 +	College, the Athletic Congress, and the sponsors	of this athletic event arising
6:00 p.m. H.T. 40 - 49	from any injury, illness, or accident that I may su	Istain or incur participating
J.T. 50 – 59 T.J. 40 – 49	in this event or at this event. I declare that I an	n in good health to partici-
7:00 p.m. J.T. women & 60+	pate in this event.	Contraction of the second second
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children.

21. Seek to post enter.

Over a period of time, I've been able to identify the "five-percenters" in the meets that I direct. I find that these types will always seek to take advantage. However, if one is forceful with them, control can be exerted. When all else fails, I simply suggest that, for the amount of money I am being paid (zero), I don't have to take their abuse and they can serve as Meet Director.

Al Oerter

Continued from Page 7

have developed a dependency on chemicals and may be taken down a notch. Hopefully, there will be good testing at the Trials.

I don't know if it's proper to ask this, but have you used steroids?

Oerter: "I tried back in '78 when I first came back. Fortunately, I have a mechanism that prevents me from trying it again. You tend to retain water. I have a problem with hypertension and if you're hypertensive and retain water it makes the problem even worse. I didn't see any results for the weeks I was on it. Some guys who've been on it for years swear by it. There's no way I can play those games. I wouldn't want to."

Obviously, you don't need to concern yourself with masters competition now. But can you see yourself, say 10 years from now, throwing in masters meets?

Oerter: "The way the masters conduct the meets is terrible. You wait around forever while they run thru the age groups. Some of the meets take six hours to run thru. It's not a heck of a lot of fun to get in there and throw with people who are throwing 90 feet. They're doing the best they can and more power to them, but there is no incentive for me to get in there and start cranking out 210 or something like that."

So you're saying you probably won't continue throwing once you can no longer compete at your present level?

Oerter: "No, I will continue to throw for a long time to come. Obviously, I won't be in the 200's for many years to come, but I know I will be thru 1988 or somewhere around there. I'll be able to compete in the TAC meets.

No one has taken me up on this offer

Be understanding of the time and ef-

fort that goes into running a meet. A proper job requires preparation mon-

ths in advance. All of us would like to do the best possible job. There is great

satisfaction when a competitor ap-

plauds your efforts. Mistakes will be

after twelve years.

You don't think, though, you'll ever

Oerter: "If people start learning how to put on the meets I would. I know it's mostly for enjoyment for the athlete, but they're really preventing a lot of people from coming back by not setting minimum standards and keeping it at as high a level as possible. I find it difficult when you go to a meet and find a guy in three throwing events, four running events, two jumping events, running back and forth and generally screwing everything up. He might be having a great time, but the competition, itself, is a disaster. Competition is something to be enjoyed. You try to do as well as you can, not just see if you can throw the shot or run a mile. By having athletes running back and forth, just attempting various things rather than working hard at one or two things, destroys it."

How are you shaping up for the trials?

Oerter: "The wet and cold we're having back here have taken my training a long step backward. I need warm weather to get aggressive and start throwing with great intensity. I have to concern myself too much with injuries in this weather. Give me six to eight weeks of fair weather where I can work with great intensity and that's all that's required."

be interested in competing in masters meets?

made. Constructive criticism is needed and welcomed. Work with us and help us.



Justifiably Obnoxious

n the April issue of the National Masters News, Scott Thornsley noted that Ron Salvio and myself are often regarded as "cranky." I must take umbrage at this characterization. I believe that the proper

characteristic should be "justifiably obnoxious."

6. Try to determine who is com-

7. Complain about the order of

events (our order of events hasn't

8. Complain that the exact starting

times are not listed for each event. (We

stopped doing this because, if we ran

ahead of time, someone would show

up at the scheduled time and miss the

race; or, if we were behind time, so-

meone would complain about what a

9. Object to the entry fee. You get

what you pay for. If the athlete wants

trophies or t-shirts the only way these

items can be paid for is through entry

fees (unless there's a sponsor, which is

can give beautiful medals which would

cost \$15 apiece. Obviously there is a

trade off. We try to satisfy everyone -

(we've never been successful).

posted away from the table).

everyone is talking.

10. Complain about the awards. We

11. Demand competitor awards,

such as a t-shirt. We don't object to

providing t-shirts, but the competitor

shouldn't object to assuming the cost.

pester the officials for a list of the com-

petitors in a given event. (The list is

13. When the event is called, rush

up to the clerk of the course, mumble

one's name and then run off. It is im-

possible to sign in everyone when

14. Do not answer the sign-in call

15. Right after the event is finished,

16. Rush over to the award table

17. Question the judgment call of an

bother the timers for one's time (the

times are posted as soon as possible).

and demand the award prior to the of-

and then just appear at the start.

ficial results being posted.

official.

12. Come to the sign-in table and

peting in their event, before they enter,

to have a better chance for a prize.

changed in eight years).

lousy meet it was.)

hard to come by).

One is not born justifiably obnoxious, even though my breech birth would seem to be ample justification. My "JO" developed over a period of time serving as a Meet Director.

The first Masters Championships held by the Metropolitan Association (New York City) was in conjunction with the local Junior Championships. A.A.U. officials were used. The Chief Timer resembled a pregnant elephant. His belly extended over the inside lane even when he was off the track. As my race started, he removed the stub of his cigar from his mouth and proceeded to opine, "What are you old farts making asses of yourselves for?" With my usual tact, I responded, "So we don't look like you, you fat son of a bitch." For some reason, he took objection to this factual remark and refused to time for us. Other Masters competitors were drafted and the meet proceeded. It was then that we decided to officiate our own meets.

I would estimate that 85% of the competitors are cooperative and are a joy to service. This is particularly true of the field event athletes. They toil in anonymity, show up on time, do most of their own officiating, wait patiently for their prizes and never cause any problems. About ten percent of the competitors not only cooperate but show their appreciation by offering to assist in the Meet, say "Thank you" to the officials and even write "Thank you" notes (I save all of them). This would leave somewhat less than five percent of the competitors who cause close to 100% of the problems. The "five-percents" are demanding, selfish, uncooperative, and run the gamut from being oblivious to just plain stupid. It is this group that lead me to being "JO."

· The following is a list of some of the things the "Five-Percenters" do:

1. Wait until the last moment to enter.

2. Send in checks that bounce (try to collect - Ha-Ha).

3. Try to enter by phone.

4. Try to switch events.

5. Seek refunds if they don't compete.

18. In meets with team scoring, annoy the officials while the meet is in progress as to the team scoring.

- 19. Object to clearly stated rules such as "one false start and you're out."

20. Fail to control one's young



Oerter winning 1st Olympic gold medal in Melbourne in 1956.

300 Compete

Continued from Page 1

pic 100-meter champion Jim Hines, also running for NCSTC, in the age 35-39 100-meter dash.

It was a highlight of the meet. Hines, who held the world 100-meter record of 9.95 for 15 years until Calvin Smith ran 9.93 last year, was away fast, but Hart caught him midway and pulled away to a convincing 2-yard win, 10.7 to 10.9.

Four-time Olympian Parry O'Brien, who won two Olympic gold medals (1952 and 1956) and one silver medal (1960) in the shot, easily captured his specialty in the age 50-54 bracket with a heave of 53-3, and added a discus win in 170-10.

Barbara Farrell Edmonson, 1968 Olympic 400-meter relay gold medalist and 100-meter silver medalist, took the women's age 30-39 100-meter dash in 12.8. She defeated two other Olympians — Martha Watson, a longjumper in four consecutive Olympics (1964-1976) and Marilyn White, Edmonson's teammate on the 1968 winning relay team. Watson won the W30 long jump with a leap of 17-2 3/4.

The 1964 Olympic 400-meter gold medalist, Mike Larrabee, competed in the M50 100-meter dash, finishing third in 12.3 behind national M50 champ Bruce Springbett and Nick Newton.

Four-time Olympian Harold Connelly (1956-60-64-68), who won the gold in the hammer in '56, easily won his specialty in the M50 division.

Josh Culbreath, 1956 Olympic bronze medalist in the 400-meter hurdles, ran the masters relay with teammate Bill Cosby in the Penn Relays in Philadelphia on Saturday, then hopped a plane and notched the M50 hurdles here on Sunday in 64.0.

Richard Katus, bronze medalist in the 1972 Olympic Decathlon for Poland, took home a third in the M35 110-meter hurdles in 15.0, behind Don Parish (14.5) and Marvin Thompson (14.7). The Olympic athletes were the

honored guests of Home Savings of America, sponsor of the meet, at

Saturday night's banquet at the

Sheraton-Miramar Hotel in Santa

Monica. Each Olympian was presented

with a special plaque by meet director

Bill Adler. Sportscaster Mike Walden

MC'd film clips of past Olympic

moments. Athletes danced to the music

of the Home Savings of America or-

chestra. The show-stopping fiddler

Jana Lou enthralled the crowd for

nearly an hour. Retiring UCLA track

coach Jim Bush, the meet's honorary

director, paid special tribute to the 16

A non-Olympian, Burl Gist, jumped

higher than any man over age 60 had

ever gone, setting a new world M60

record of 5-2-3/4. Bill Morales set a

pending world M65 javelin record of

158-11. (Morales also has a pending

Gretchen Snyder, 50, destroyed the

American 800-meter record for women

age 50-or-over with a time of 2:32.4,

thirteen seconds faster than Ruth

Anderson's U.S. W50 mark of 2:45.4.

Snyder also took 2.5 seconds off

Shirley Kinsey's American W50

200-meter mark of 31.7, but her time

of 29.2 was wind-aided and won't go

W55 mark of 20:05.0 in the 5000,

lowering Margaret Miller's 10-month

Helen Dick, 59, sped to a new U.S.

Dan Aldrich hurled the discus

164'10" for a pending U.S. M65 mark,

well over Ken Carnine's current

Payton Jordan, head coach of the

1968 U.S. Olympic T&F team and a

popular masters runner for many

years, remained undefeated as a master

in the 100-meters with a 13.0 win in the

M65 category, and added a 200 win in

Boo Morcom, who finished sixth in

the 1948 Olympic pole vault and who,

at age 59, vaulted higher than his

Olympic performance, flew in from

Olympians.

M65 throw of 168-2).

into the record books.

old mark of 20:58.2.

141'10" best.

27.4.

11'0" in the M60 contest. Cherrie Sherrard, 1964 Olympic

hurdler, won the 80-meter barriers in 12.5 and the 100 in 13.4 in W40 action.

John Pennel, who made the 1964 and 1968 U.S. Olympic team in the pole vault, garnered second place in the M40 division with a 13' vault, as Marion Connelly's 14' took top honors.

Lynn Eves, a Canadian competitor in the 1960 Olympic sprints, took 2nd in the M40 400 in 55.5, behind Dennis Duffy's 53.7.

Kathy Kusner, an Olympic equestrian, took two seconds in the W40 1500 and 5000.

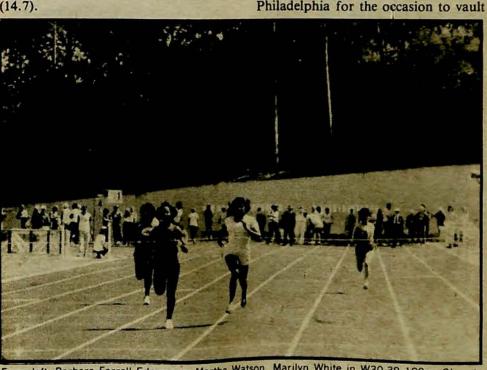
Good early-season efforts included Harvey Franklin's 15-second win over George Cohen in 4:13.9 in the M40 1500. John Weldy led an invasion of Phoenix runners with a double triumph in the M50 1500 (4:30.1) and 5000 (16:25.0). His 5000 time is only 14 seconds off Pete Mundle's U.S. M50 5000 record.

Bill Fitzgerald captured the 800 (2:17.3) and 1500 (4:45.3) in M55 competition. Hilliard Sumner, after a two-year absence, sparkled with two wins in the M35 200 (23.6) and 100 (51.8).

Springbett tripled in M50 with a 24.1 photo over Newton in the 200 and a Continued on Page 12

Southern California Striders W30-39 400m relay team, 58.9, Olympic Legends Meet.

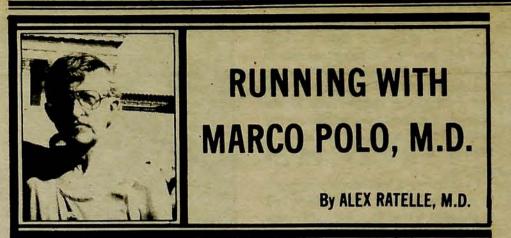
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4:30 p.m 5KM Walk	(2)		m High jump	(4) (5)
5:30 p.m 10KM Meter Run	(3)	4.50 p.	ur - urðu 200b	121
Sunday June 24	Fugat No.			Transa Maria
7:00 a.m 20 KM Walk	Event No.	1.00 0 0	- 200 M Trials	Event No.
8:30 a.m 110 HH T/F	(7)	1.30 p.m.	- 800 M Run	(14)
- 100 LH T/F (W/M 70+ F)	(8)	2.00 p.m.	- 200 M Finals	(134)
9:15 a.m 400 M Finals	(9)	2.20 0.00	- 3KM Steeplechase	(134)
9:15 a.m 400 M Finals (Places by time) 9:45 a.m 100 M Trials	(3)	2:30 p.m.		
9:45 a.m 100 M Trials	(10A)		2KM Steeplechase	1203
10.10 a.m 100 M ITIAIS	(IUA)	ALAN ALA	(70+ men)	(16)
10.10 a.m 1500 kun Finals	(11)	3:15 p.m.	- 1600 M Relay	(17)
10:10 a.m 1500 Run Finals 10:45 a.m 100 M Finals 11:15 a.m 5KM Run	(10B)	3:30 p.m.	- 400 M Relay	(18)
11:15 a.m 5KM Run	(12)			
	Event No.		Event No	The second second
9:00 a.m Long Jump	(19)	Shot put	(22)	2 1 1 1 1 1 1
10:00 a.m Triple Jump	(20)			
12:00 noon - Pole Vault	(21)	Discus (to Javelin	follow) (23) (24)	
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From left: Barbara Farrell Edmonson, Martha Watson, Marilyn White in W30-39 100m, Olympic Legends Meet, April 28-29, Drake Stadium, UCLA.



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Approaching The Start Line

The battle cry of all distance runners, "WIN!" can also be spelled as "WIN MY DIVISION!" or "DO BETTER THAN LAST TIME!" or even "LET'S FINISH THIS THING!" The realities of conditioning and conditions often dictate the strategy in any single event.

A factor we all consider as we approach the event — and even the finish line is . . . can I go this fast . . . and not get hurt? Injuries and their possibilities haunt all experienced runners. The small nagging problems that tug and pull at us the week before "the big race" are embedded in our subconscious mind. The closer the starting gun, the more impressive these twitches and bites in some part of our anatomy become.

But, eventually, we put these negative thoughts aside, catch the plane to Lower Wherever, find a hotel room, find the race registration site, find other runners, locate the course (with special attention to the Port-apotti distribution), find our ticket to the spaghetti dinner, and then to bed where we lie awake until the room clerk calls us out of a profound slumber at 4 a.m.

All through this lengthy series of steps, we have occasional reminders of our less-than-perfect race preparation. The tight calf muscle pulls at us as we dismount from the cab. The sore hip reawakens our consciousness as we stand visiting at the race registration table. And climbing the steps to the spaghetti feed, the old ankle injury grumbles at us for a moment. These moments enhance normal pre-race apprehensions. And, by bed-time, the huge price of the airline ticket seems to be a great waste.

How to handle these problems?

Experienced runners have solutions. And these solutions seem to follow a universal pattern. The word is ritual.

Pre-race rituals are under-rated but critically important to the physical and mental health of the successful runner.

Some of these rituals are pure nonsense and are not intended to do anything but distract the individual and absorb some nervous energy. There is little evidence that a light run the day before a major mileage attempt adds to the success of that race. But many world class competitors would do miles-in-the-aisle of their aircraft or hotel before they would abandon their pre-race "jog." Minor events become important the day before the race. I enjoy unpacking my luggage. And, after years of hotel and motel rooms and dormitories, I have developed a "plan." Each article of clothing goes in a special place.

The bedside table is occupied by my vast store of reading material. Four books and four late-edition sailing magazines is the very minimum. Next to these, I position my flashlight and alarm. Both of these have rechargeable battery systems . . . and the batteries are freshened and tested repeatedly.

All clothing to be worn during the race is placed in one location. A central table will do. When the official number is signed out at registration, it, too, is placed on the table, together with all race directions, maps, etc.

Pre-race rituals are underrated but critically important to the physical and mental health of the successful runner.

The ditty bag for the start line is packed and repacked. Redundant articles added to jacket and trouser pockets. Several extra safety pins, bandaids, and tubes of vaseline are tucked about. And, perhaps most critical for me... is the duplicate room key. Being locked out of hotel rooms at critical moments has occurred so often that I have accepted this as a congenital defect... and no longer berate myself for such forgetfulness.

Interspersed with this fussing around ...are moments and minutes of stretching. There is a superficial attempt at totalling time committed to this ... but a minimum of 40 minutes the day before a major race (aren't they all major?) is just about right.

If the mood or nervousness requires, I will run the day before an event. But this is done under tightly controlled conditions. If there are other runners involved . . . they must go their own way if they want to run quicker than seven minutes pace. And extra clothing is piled on. And there will be no sitting about in wet and chilly shirts and pants.

National Masters News

A nifty way of handling nervous energy — especially in a strange community — is a walking tour of the locale around the hotel. In addition to some casual shopping, much is to be absorbed about the community. The weather, the terrain, and even how the community seems to feel about itself. But, even this dissolute practice is controlled. Two miles is about the extent of my wanderings. In part because, on a cloudy day and no sense of direction, I'm prone to get lost . . . and end up with an extended session on my feet.

Time permitting, the walking is followed by "quiet time"... perhaps a nap. Getting the legs up and relaxing encourages a resting state mentally and physically.

Unlike many runners, I can no

longer "tour the course." A bus ride for 26.2 miles the day before a marathon is appalling to me. Every small hill becomes a mountain, and every long straight becomes the road course to Mars, and the outright, awful distance depresses me. All I want to learn about a given course will be available on race day, thank you, sir.

Perhaps this all sounds rather eccentric . . . but investigation has revealed that nearly all of the runners I know well follow somewhat the same pattern of behavior prior to serious competing. Having worked hard to perform at our best, it seems logical to be maximally prepared. For most of us, our jobs seem especially demanding and frenetic the days before departure. Numerous obligations drain our energies. Even the flying to the race site nowadays can have some distressing moments.

This physical and mental quietude has always helped me to race better and enjoy the race day more. \Box

300 Compete At UCLA

Continued from Page 11

dramatic 8-meter win in 55.2 over Don Cheek in the 400, in addition to his 100 triumph.

Jeanne Carter established a PR 64.2 in the W40 400, and added a 29.0 in the 200.

Bob Watanabe, one of the prime movers of masters track in the Southern California area, sped to M55 wins in the 100 (12.4) and 200 (25.8).

The times in the 800 were outstanding for early season. In the M40 race, David Romain beat Franklin and Cohen in 1:58.4, Mel Elliot rolled to a 2:03.1 in M45, and Louisiana's Chuck Wimberly clocked 2:11.0 in M50.

Walt Butler notched the M40 100 in 10.8 (faster than Hines) and 110-hurdles in 14.8, both remarkable times despite the aiding wind. Running solo, Cornelius McCormack, M40, turned in the fastest intermediates of the day in 59.4.

Bob Page and Sid Toabe had two duels in the M60 1500 and 5000, Page taking both in 5:14.8 and 19:04.4, respectively

John Hartfield sailed to M35 wins in the long jump (22-7-1/2), and triple jump (46-0). Al Henry won both jumps in M45 in 20-4-3/4 and 38-10-1/2. John Damski set a new age-69 national mark of 29-3/4 in the triple jump. Damski will use his expertise as the interpreter for the Polish track and field team at the '84 Olympics, if it shows up.

Jim Hart, throwing better than his age-45 American put of 46-1-3/4, powered to an age-47 mark of 46-2-1/2. Ed Chynoweth threw to a record-threatening M60 win of 169-1. Larry Stuart upped his two-week-old age-46 mark of 207-0 to 208-9.

Christel Miller, suffering from a severe lower back disc problem, nevertheless took W40-49 wins in the high jump (4-0) and javelin (95-10).

Adler said Home Savings was pleased with the event, and hopes it will become an annual fixture on the California track and field scene.



Ed Chynoweth, M60 javelin winner (169'1"), Pete Fetter (1), and Tim Murphy, Olympic Legends Meet.

Peterson Wins In Freihoffer's 10K

Nancy Peterson, 41, overcame harsh weather (light snow, biting wind, mid 30s) to finish as first master in the Freihofer's Run for Women 10K in Albany, N.Y., on April 8, in 39:38. That time bettered her W40+ win of 40:52 in the Perrier 10K, NYC, the week before. The Freihofer race was the National TAC Open 10K Championships, which was won by Betty Jo Springs, 22, in a course record 32:50.

Andrea Hatch, 40. was second master woman in 40:02, and Mimi Lerner, 47, followed closely for third with her 40:08 W45 victory.

The W50 race was the closest of the 40+ groups with Margarette Deckert, 51, winning in 41:46, Anny Stockman, 51, 42:34, second, and Alicia Moore, 53, 42:43, third.

Adeline Kearney, 58, was first W55 in 47:46, and Mary Rodriguez, 62, took the W60+ race in 51:32. Ruth Rothfarb, 82, finished in a class all her own with a time of 67:03.

The 6th annual Freihofer, directed by George Regan, had 489 finishers, who produced 26 times under 35 minutes, as compared to 21 under 35 minutes at the '83 Bonne Bell (8000) and 17 under 35 minutes at the '83 L'eggs (5000). □



Vicki Bigelow, 49, wins masters title in the Bonne Bell, March 25. Photo by Gene Cohn Productions.

Haiman, Peterson, Top Masters In Perrier 10K

Ted Haiman, 41, and Nancy Peterson, 41, led all masters in their divisions in the Perrier 10K in Central Park, N.Y., on March 31.

Haiman's time of 32:31 placed 36th of the 3028 male finishers, while Peterson's 40:52 put her 28th out of 1165 females.

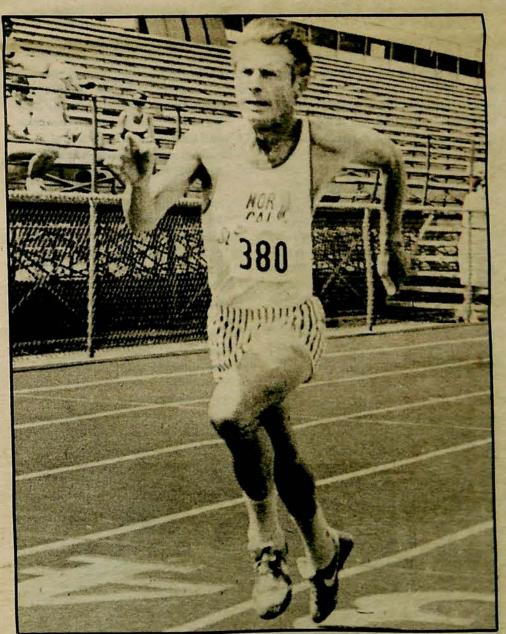
Gary Muhrcke, 43, 33:17, and Richard Lynch, 41, 33:35, followed Haiman in the M40 race. Fourth master was Fritz Mueller, 47, victor of the M45 division in 34:02.

Arnie Green, 52, outlegged the next M50 runner by over a minute in 35:49. Don Dixon, 56, had an even larger margin in winning his race in 36:57. Al Goldstein, 64, took the 60+ event with 42:03, and Luis Martin, 72, was the fastest Golden Ager in 49:50.

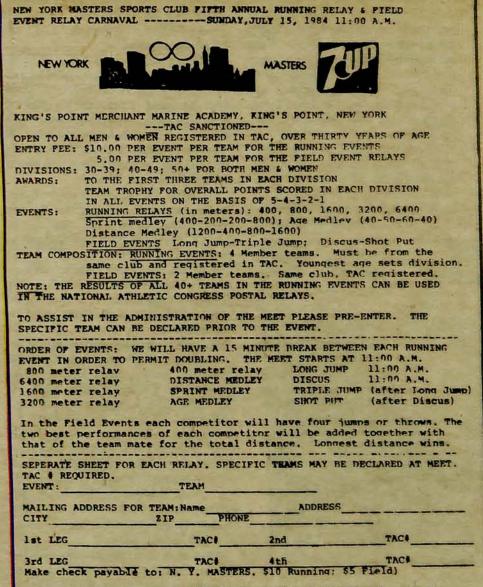
Peterson was followed by Christine Tattersall, 42, in 41:21, and Diane Page, 40 finished third, 41:43. Mary Doughty, 46, won the W45 race by a minute.

Toshiko d'Elia, 54, beat more than 1000 younger females with her 44:24 division win. Mary Rodriguez, 62, won the 60+ event in 53:44 over 67-yearold Evelyn Havens, 1:02:46.

The race, conducted under the auspices of the NYRRC, was run in sunny, low-50s weather. \Box



Bob Roemer, M55 sprinter and director of annual Sacramento Relays.



Mail to: N.Y.MASTERS, C/O SANDY PASHKIN, 363 EDGECOMBE AVE. APT 54 NEW YORK, N Y. 10031 (\$10 per team running events - \$5 per team field events)



•Well, what more can be said? Depending on who you listen to, the reasons for the boycott are (pick your favorite):

- 1) The Soviets feel security in L.A. is poor and their athletes would be in danger, in that "crime-infested city."
- 2) The Soviets' pride has been hurt by the Anti-Soviet rhetoric of the Reagan Administration, and they don't feel welcome.
- 3) Reagan is helping finance anti-Soviet terrorists, because it is to his advantage, politically, if the Soviets don't come and the cold war gets colder.
- 4) It's a retaliation for the U.S. 1980 boycott.
- 5) Had Andropov lived, the Soviets would have come. Chernenko, new on the scene and insecure, needed something to show he's a tough, decisive man of action. A boycott is a cheap way to create a macho image by tweaking the American nose.
- 6) The Soviets are afraid their athletes will defect. ("How 'ya gonna keep 'em in Murmansk, after they've seen Malibu?")
- 7) The Soviets are afraid of getting their tails kicked in the competition. In years past, the full-time Soviet athletes out-medaled the "amateur" U.S. athletes who had to work for a living and train on the side. With the new TAC trust fund, many Americans can now afford to train full time. That, plus the home court advantage, has the Soviets worried.
- 8) The Soviets are making a serious statement directly to the American people that the policies of the U.S. government are increasing the likelihood of nuclear war; they are using this forum to say "wake up, before it's too late."



Thelma Rubin, ran an 18.2 W60-69 100m in the Olympic Legends Meet, April 28 in Los Angeles

• The official Soviet reasons are #1, #2 and #3. LAOOC President Peter Ueberroth favors #4 and #5. The Right says #6. The Left says #8.

•Trouble is, boycotts usually work for the boycotter, but not for the boycottee. Never mind the 1980 boycott didn't get a single Russian out of Afghanistan. It served Carter's purpose: to rally the American voter to his defense against the big Russian bear. It worked. He creamed Kennedy in the primaries. But the issue ran out of steam by November.

•You'd think the boycott would cause the price of Olympic tickets to drop. Uhuh, says Murray's ticket brokers in L.A. Even at \$1000 a pop for \$200 opening ceremony tickets, you'll be wait-listed. Seems doubtful, the price can hold, but ???

 A Mervin Field poll found 38 percent of Southern Californians were "very interested" in the Olympics; 42% were "somewhat interested" and 27% weren't interested. Half thought the summer heat and smog would be bad for the athletes; 89% felt the Games would create traffic problems; 68% thought it would increase the chance of terrorism; 96% thought it would be good for business. Thirty-three percent felt a Soviet boycott would cause interest to dwindle.

•Masters athletes have key roles in the Olympic marathons. National M45 loopedcourse marathon record-holder (2:28:46) John Brennand is the technical director; Valerie Johnson is director of public relations; Gene Blankenship will manage the refreshment stands. Former Nike-exec and M50 800-meter regional champ Tom Sturak is Deputy Technical Director.

•A record 146 nations will see the Olympics on television, including, for the first time, China. Despite the boycott, the LAOOC expects to make over \$200 million from televisions rights.

•The 200-room Airtel Plaza at Van Nuys airport (20 miles from the LA Coliseum) opens this month. Plenty of plush rooms still available. Call Jack Miller collect at 818/905-1040

.For the low budget crowd, Lodgings International, a year-round, LA-based B&B reservation service, has a long lineup of homes in the LA area. Contact B&B, PO Box 2084, Toluca Lake Station, North Hollywood, CA 91602, 818/993-4000.

•Feminist groups are protesting the LA Police Department's plan to keep prostitutes off the streets during the Games. "It's harassment, a waste of manpower, and it discriminates against poor and minority women," says Sylvia Gentile. The LAPD replies: "Wherever streetwalkers are, crime soars."

•Can a person over age 40 make the U.S. Olympic team? Several are expected to try this month at the trials in L.A. We all know about discus thrower Al Oerter, 47. Then Continued on Page 43

Kirchen Leads Masters at Trials

Continued from Page 1

the race was the nation's newest media darling, Sister Marion Irvine, 54, who was 3rd master and 131st overall in a super 2:52:02, her second best time ever, surpassed only by her qualifying 2:51:04 race in Sacramento in January. Irvine waved to the crowd all the way, and was as popular with the media in the press tent as Benoit. Her time was the best of the day on the age-graded tables (964 to Benoit's 962 on the Dr. Track charts).

Fourth master was Bette Poppers in 2:53:24 as the 138th finisher. Polly Peacock, off form, finished 195th in 3:12:48. Shirley Matson had the flu and decided to run only 10 miles. The 7th masters qualifier, Cindy Dalrymple, did not start.

Of the 266 runners who qualified for the race with a time of 2:51:16 or better, 238 (89%) started, and 197 (83%) of the starters) finished. Thirty-one runners broke 2:40, and 123 bettered the qualifying time.

Thirty-nine year old Fordie Madeira, the mother of triplets from Sherbourne, Massachusetts, served notice to her future masters competitors with a blazing 2:36:35 for 19th place. Maddy Harmeling, 38, turned in a good 2:44:32 in the 61st spot.

Kirchen ran a shrewd race, going out at a 6:25-per-mile pace for the first 10 miles, picking it up to 6:22 for the next ten, and finishing at a 6:16-clip for the final 10K, which she ran in 38:56, rather astounding since it came after 20 miles of hard running. Her overall pace was 6:22.

Kirchen won the National Masters 10K in Brooklyn April 21 in 38:42 over

Olympic **Trading-Post**

· If you need to stay during the Olympic Games, or if you have available space to rent or donate, or if you want to buy or sell Olympic tickets, send NMN your name, address and phone number. We'll print it here and you can make your own contacts. No charge. NMN, PO Box 2372, Van Nuys Ca 91404.

· Accommodation needed for family of four, August 7, 8, 9. Call Tony Gerrity collect, 215/293-0448, or write: 641 N. Valley Forge Rd. Devon, PA 19333.

 T&F 8-day "season" pass, \$650; Andy continued on Page 43



a difficult course. She became ill, and ran poorly at the Trevira Twosome in New York on the 28th. She lost to Poppers a week ago at the Lilac Bloomsday Run in Spokane (where Poppers picked up about \$200 prize money by finishing 11th overall). Healthy again, Kirchen appears to be a definite threat to dethrone Dalrymple as the reigning U.S. masters long distance running queen. 🔲

Cucchiari, Kirchen Win National 10K

Continued from Page 1

the W45 division in 48:27.9. Mila Kania, 52, NY Masters, took the W50 race with a notable 40:56.9.

Kania's teammate, Audry Jacobsen, 55, won the W55 title, and Mary Rodriguez, 62, Atalanta TC, the W60 + division.

The Central Park TC men won the M40 team title over the Islander TC. The "Islanders" are a newly formed group and have already established themselves as an outstanding team. The Central Park women's 40-49 team duplicated their male team's victory by defeating Millrose AC.

Despite two uphill stretches on the course, overall times were the best ever recorded for a masters race in Prospect Park. Weather was brisk with temperatures in the low 60s.

Age Records

Continued from Page 1

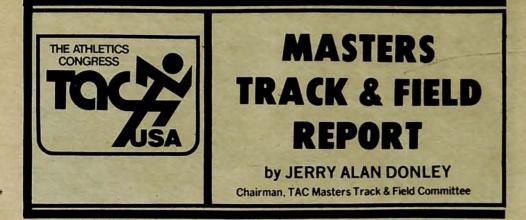
Runners Club of America (RRCA).

The records make fascinating reading. Far from being just bare statistics, they provide a remarkable insight into the truly amazing capabilities of the human body and the human spirit. They show that goodquality athletic performance is possible well into the upper age groups; that marks which were once unthinkable have become commonplace.

We are indebted to Mundle and the NRDC for their skill and dedication in providing this information to NMN readers.

Start of M60 110mH, Olympic Legends Meet.

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with the indoor track season finished, the outdoor season yet to come, and the months of April and May quite snowy and chilly, I had planned on a dull and boring period for Masters activities. However, it appears that life will never be boring for the Chairman of Masters Track and Field.

In the March edition of the National Masters News, an article concerning Seven-Up's support of the Masters Track and Field activities appeared. This article was a surprise to me, as negotiations were then under way with another organization which showed some promise of culminating in a national contract. But, as I was advised that Seven-Up was dealing with local meet directors on an individual and selected basis, I didn't look into it further.

As might be foreseen, the Executive Director for TAC/USA was provided a copy of the March article, and he is now contacting Seven-Up as to the anature of any legal documents that were signed. The nub of the problem is that Masters Track and Field is a committee of TAC/USA and not a separate legal entity. The Masters T&F Committee has authority only as is supplied by the National TAC/USA, and cannot enter into any binding contracts.

There are a number of provisions of the Bylaws and Operating Rules of TAC/USA that are involved, and not necessarily easily applied.

Article 16(d) of the Bylaws sets out the jurisdiction of the Marketing and Media Committee, giving it full power over all marketing and media matters, adding that local associations and competition promoters are not excluded from making marketing and media coverage arrangements for local events, as long as such events are not in conflict with the national program.

All contracts for marketing and media are to be approved by the committee or its representative.

Under Article 22 of the Bylaws, provision is made that all contracts not in the ordinary course of affairs of this Congress shall be examined and approved for form by the General Counsel of the Congress prior to their execution.

Under the Operating Rules for TAC/USA, Rule 6 dealing with championships, contracts for legal and financial rights, privileges and responsibilities are to be approved and signed by representatives of the Congress, the sponsor and, if appropriate, the president of the host association. The rights and payments from radio, television and motion pictures involving TAC National Championships are specifically reserved to the Congress.

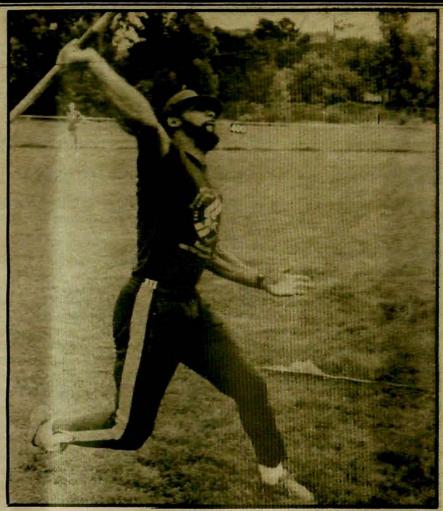
For Masters, these matters have not been of great concern to anyone since TAC/USA came into existence, and for good reason. We have barely existed financially, and marketing and media has had little interest in the Masters program.

However, publicity that we may have negotiated an agreement generating funds and dealing with matters that may affect TAC/USA which, in fact, is not correct, must be avoided. The Seven-Up publicity indicated a possible national sponsor, which was not correct. The resulting investigation by TAC/USA can only lead to some embarrassment for the committee, the meet directors, and most importantly, for Seven-Up, which is most regretable.

The interest in Masters Track and Field competition has grown significantly in the last several years. Much of our enjoyment and involvement has been because the program was not heavily structured; but the time is now here when we must pay more close attention to details. The consensus I am receiving is that competitors want well-administered meets. To do that, more monies are required than we can obtain from our TAC/USA budget. Any support funds raised must be within the TAC rules, recognizing and promoting the fact that Masters competitors are not and cannot always be treated like open competition, e.g., doping tests for every masters competitor that sets a world mark.

We have two outstanding individuals who are coordinators for the indoor and outdoor competitions. Any meet director of a national event who is planning on entering into legal contracts must plan ahead to be sure we are complying with the Bylaws and Rules of TAC/USA. To this point, I don't believe there are any violations, but it is imperative that as we do attract sponsorship interest, neither we nor they become embarrassed because we have not followed the rules.

So much for April, 1984 and its peace and quiet. After all of this, when I think it all through, I believe I would rather be out pole vaulting.



Cornelius McCormick, 39. Photo by Gene Cohn Productions

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page 15



Helen Dick — From Cooking to Running

Now, what do I do with the rest of my life? My son is grown and has moved away, I'm beginning to put on weight. My mental and physical attitude is one of emptiness. How do I go about stimulating my body and mind? That's what Helen Dick was asking herself seven years ago. The answer she got was "running."

Dick, a 59-year-old housewife from Los Angeles, is one of the leading 55-59 competitors in the country. She currently holds the 30-K record in her age class and has held a number of other records over the past five years. On August 4, when Dick turns 60, we should see a lowering of many records in that class.

Born in Red Bluff, California and raised on a cattle ranch, Dick attended Chico State College. She met her husband, Robert, while he was stationed at a nearby army base. They were married in 1944 and moved to the Los Angeles area two years later. While Robert Dick established a business in property investments, Helen raised their son, Robert Jr. It wasn't until after age 50 that she engaged in any kind of sports.

"I was just known for my cooking," Helen said with a smile. "But my husband liked to run and encouraged me to start. I didn't even think about racing until Ollie Olson, my neighbor, suggested it. He said I had natural form and that I should do well."

Dick's first race was the 1978 Brentwood Memorial 10-K. She finished second among the masters behind none other than Miki Gorman, the over-40 marathon record holder. When she brought her medal home, her husband stood and stared in shock. "But no one was more surprised than I was," Helen says. "I just couldn't wait to get out there and race again. I wanted to run every weekend."

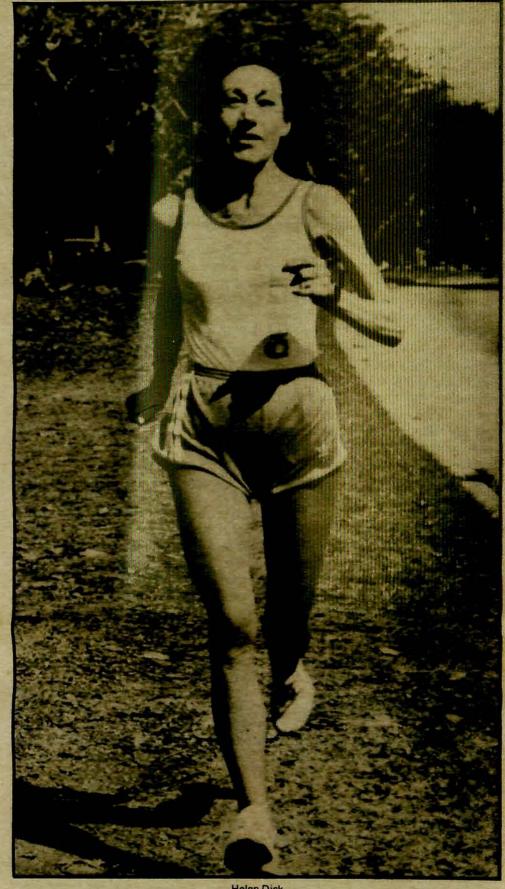
The following year, she won the Brentwood 10-K masters title with a 40:20 and she was on her way. She decided to give the marathon a try and recorded a 3:21.01 in her first effort, at age 54. A year later, in the 1980 Chicago Marathon, she turned in her best marathon with a 3:08:48, an ageclass record at the time (since lowered to 3:07:21 by Margaret Miller, another Los Angeles area resident). She also won her division in the 1980 Honolulu Marathon with 3:16:39 and returned to win again last year with 3:26:39.

"My son lives in Chicago, so it's a double treat to go back there and run," says Dick. "I get to see my grandchildren and have fun, too. But I enjoy the Honolulu Marathon just as much because you really feel like you're part of a special event." Dick puts in from 60-70 miles a week when preparing for a marathon, a little less for shorter distances. After her workouts, she has a special routine.

"When I finish my run, I like to replenish my body with a bowl of hot cereal," says Dick, whose 5-5 frame supports 110 pounds. "I mix equal parts of oatmeal, whole wheat, and cornmeal, and add twice the amount of water. I place this in the microwave oven and push three minutes. After a shower I rub my body all over with lotion to replace moisture. Then I prepare a pail of water with ice cubes to soak my feet in. From the deep freeze I remove four packages of corn in plastic bags to ice my knees and hips. I've found that the frozen corn will mold around the spots you're icing much better than ice. I then take the cereal from the oven and add molasses. I put on non-fat yogurt and top it with a banana."

In addition to her running, Dick tries to put in three or four hours of biking each week and several hours of stretching.

Dick hasn't noticed any significant slowing in her running and a recent 41:01 10K is evidence that many of the 60-plus records are soon to be erased. In fact, Helen feels that she's got a sub-40 10-K and a sub 3-hour marathon in her and she doesn't mind waiting until August to prove it. — by Mike Tymn



Helen Dick

Green, Maricle win National Marathon

Continued from Page 1

the 40-44 bracket in 2:33:36, as masters runners took four of the first seven places.

Anesthesiologist and National Masters News columnist Alex Ratelle, 59, of Minnesota captured M55-59 honors in 2:52:21. That was only 23 second ahead of Oregon's Clive Davies, 68, winner of the M65-69 title in 2:52:44, which was the top time of the day — even better than Green's — on the age-graded tables.

Maricle, one of the few masters women ever to complete the rugged Western States Endurance 100-miler in less than 24 hours, finished seven minutes ahead of the W40 winner, Susan Madren. Boes' wife, Mary, made it a family sweep of the 45-49 age

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divisions with a time of 3:50:13.

Californian Ruth Anderson, 54, who returns to these parts annually to visit old friends, logged a 3:41:18 for silver medal honors in the W50 bracket.

Colorado's Tom Bailey came off a two-year layoff to finish second behind Green in M50 in 2:45:40. Missouri's Don Nail, who underwent heart surgery a month ago, was third M50 in 2:56:21.

Anderson and Ratelle were the featured speakers at the afternoon seminars, along with Ken and Jennifer Young of the National Running Data Center, and Harry Crockett, Chairman of the Lincoln Marathon's Over-50 Club.

TAC National Championship

medals were awarded to the top three men and women finishers in each fiveyear age group. Distinguished achievement awards were presented to runners who bettered the standard of 3:10(M40-49), 3:20 (M50+), or 3:30(W40+).

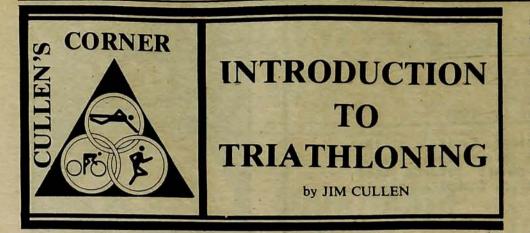
The race was well run with split times given at each mile during the race, and aid stations about every three miles. Medical assistance was available at each aid station, with a medical tent at the finish line.

It was the first time a national masters marathon championship has been staged in America's breadbasket. The cool weather, efficient organization and high caliber of the competition indicated it won't be the last.

National Masters News

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THE BIKE

The key phrase to remember while up in the saddle on the bike is Safety First. Every time I see riders without helmets, I cringe. If they only knew what could go wrong while on the bike! Biking can be very dangerous. Ignoring the basic safety rules is like jumping out of a plane without a parachute.

Let's look at the basics. You have decided you want to give this triathlon world a whirl, and know little about a bike. Don't feel like the Lone Ranger. In surveying triathletes in the Northwest, we found only about 15% came from a biking background. Approximately 30% came from swimming, 40% from running and 15% from general recreation. So, 85% of the athletes entering "Tri-World" know next to nothing about biking. And, believe me, there is much to learn.

First off, very few know what sort of bike to start out with. Some serious bikers will tell you to go out and buy the top of the line; spend \$750 to \$15,000; get the best so you can be the best. Great! If you have the money to blow — do it.

Most experienced bikers and bike coaches will tell you to "crawl, before you walk — before you ride." Go to a reputable bike shop and buy a good light weight used touring or racing bike. Or, many good buys are made at police auctions for \$75 to \$150, depending on condition. Have the bike you buy carefully checked over by a shop. Buy a known brand helmet, toe clips, bike gloves and other basic recommended necessities. Start out slowly with the racing aspects of biking — you may discover it is a bit too much. The biking leg of a triathlon is usually the most fun and thrilling. It's an absolute ball — I love it — but it's the most dangerous and disastrous as well. Let me give you a few examples of biking accidents I know about first hand:

1. Biker working turns hard, trying to make up time, peddled into a sharp turn. The down peddle connected with the pavement and — ZONK! On his head. Thank God he had a helmet on. Injury result: Broken arm and cracked ribs.

2. Looking around at the scenery while riding in a bike pack, this biker ran into the bike in front of him — ZONK! On his head. Injury result: Broken collar bone and right hand.

3. Sliding in gravel while working a turn too hard — ZONK! Injury result: Cracked hip and broken right arm.

If I'm giving you a scare with all of this information — Good! Like I said, biking can be an absolute thrill — but



Dennis Donovan, M40 triathlete, exiting after one mile swim.

so can crashing — the kind of thrill you don't want.

My recommendation from all the sources of information I gather from skilled bikers and coaches is for the novice to join an organized reputable bike club in your local community and get some coaching, while at the same time getting a thorough education of your machine. Do it right. Hospitals are full of people who make mistakes — don't be one of them.

When you're on the bike, focus all of your concentration on the business at hand. Total concentration on what you and other around you are doing is the only way to ride.

Now, go out and have some fun, and remember — SAFETY FIRST! Some questions of interest I recently received and would like to share them with you:

Q. Hypothermia seems to be one of the problems many tri-athletes encounter in the swim leg of a tri. What basics should one know that would possibly prevent hypothermia?

Mary Gove

Des Monies, Iowa A. Warm up good by running a mile or two before the event. Time it right so you don't cool down. Another suggestion is to thinly spread lanolin oil or vasoline all over your body as a sealant from exposure to cold water temperatures. Spread it on thinly because it won't come off very well after the swim and will be with you during the bike and run and if you over apply it — you will heat up!

Q. How does one go about finding out the triathlon schedule? Is there a publication that puts out a national schedule like N.M.N. with its track and field and long distance schedules?

Dave Miller Chicago, IL

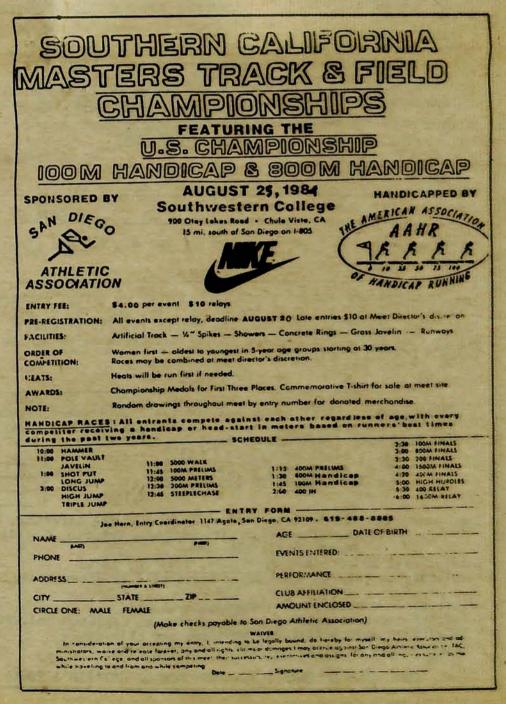
A. The only national publication that shows a complete schedule of most triathlons in the U.S. and Canada of which I am aware of is Triathlon Magazine, P.O. Box 5901, Santa Monica, CA. 90405 As far as local triathlons in your particular area, most running stores could provide you with that information.

Q. Are there many triathletes over age 40 and are triathlons split into age groups such as track and field and road racing?

> Paul Scott Atlanta, GA

A. Yes, triathlons are split into age divisions (usually every 5 years) and about 20% of the entries are athletes 40 plus.

Send your triathlon questions to me at 3821 80th St., Mercer Island WA 98040.□



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Pole Vau	It and Triple Jump.	
* Special performance cer	d Bronze Championship medals. tificates to all competitors.	
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Reception, Friday Augus	st 17. Program and Meet Badges to all registered entrants,	
* Full program of events	for sub-masters men, 35-39. et, Saturday, August 18 at Carleton University.	
	PROGRAM OF EVENTS	
Fri., Aug. 17 (evening) Opening ceremonies	<u>Sat., Aug. 18</u> <u>Sun., Aug. 19</u>	
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5,000 m. Walk 10,000 m. W35/M40	(all others) 20 km. Walk 100 m. 200 m.	
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	2,000 m. Steeple 800 m. W35+/H60+ 3,000 m. Steeple M35-55 400 m. 4 x 200 m. Club Relay Field Field Weight; T.J. Discus; L.J. Javelin: H.J. Shot: P.V	
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National Masters News

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• t seems only yesterday NMN was running a "Countdown to Puerto Rico" column, and here we are again with a Countdown to Rome. How time flies when you're having fun, as they say.

Believe it or not, the VI World Veterans Games are only 12 months away. There was a space of 32 months from the 4th World Games in New Zealand in January, 1981 to the 5th Games in Puerto Rico in September, 1983. But there's only a 21-month gap between Puerto Rico and Rome.

Anyhow, the dates of the VI Games, sponsored by the world Association of Veteran Athletes (WAVA), have been firmed: Saturday, June 22 to Sunday, June 30, 1985.

Opening ceremonies and competition will get under way on the 22nd. There will be no morning events on Monday and Tuesday, when WAVA meetings will likely be held. The marathon, relays and closing ceremonies are set for Sunday, the 30th.

Four stadiums will be used: the Olympico, dei Marmi, della Farnesina (all in the same area) and the dell'Acqua Acetosa (2km away).

The event is being held in June to take advantage of cooler temperatures and off-season air and hotel rates.

For U.S. competitors, one or more travel agencies will provide group rates. Since few people in Italy speak English, it might be best, this trip, to sign on with a group. Details next month.

Games director Cesare Beccalli promises athletes:

1) discounts in restaurants, shops, museums and for tours; 2) transportation on special buses from the stadiums to the hotels and downtown;

3) 50% discount on the price of the book of results (with photos), which will be on sale each day, covering the previous day's events.

WAVA President Don Farquharson and several WAVA Executive Committee Members flew to Rome on May 13 to confer with Beccalli on plans and details. NMN will have Farquharson's first-hand report next month.

It will be the first time the World Games have been held in Europe since 1979, when 3179 veteran athletes coverged on Hannover, West Germany for the 3rd World Games. Beccalli expects over 4000 next year, which could make it the largest track & field meet in history.

Meanwhile, Farquharson points out that WAVA has no connection with an event called the "First Masters Games," planned for Toronto in 1985 with a \$50 entry fee. "I've been getting quite a few calls," Farquharson said, "but WAVA has nothing to do with the event. If it is held, it will be totally unrelated to the official VI World Veterans Championships next year in Rome."

30 Marks Set In South Africa

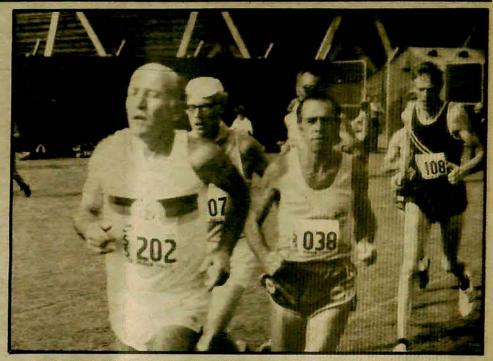
from LEO BENNING Twenty South African records were broken and ten were established by the 160 men and 20 women submasters and masters entrants in the South African Masters Track and Field Championships, Cape Town, March 23 (pentathlon) and 24. In addition, more than 70 Western Province records, domestic and all-comers, were either

Miloye Grujic, M50, and Kallie Van

broken or established.

Zyl, M60, each set four S.A. records. Isabel Obendaal, W80, running uncontested, established five S.A. records from the 100m to the 1500m. All three athletes competed in Puerto Rico.

Anne McKenzie, Springbok athlete of the 60's and world veterans agegroup record holder in several events, set two world women's age-58 records of 73.1 for 400 meters, and 2:51.9 for 800. She won six gold medals in the 55-59 division.



West Germany's Gunther Hesselman (202), world 55-59 5K and 10K champion in 1961

700 COMPETE IN AUSTRALIA

from JACK PENNINGTON CANBERRA, Australia, April 20-22. Over 700 veteran athletes, including 100 from New Zealand, took part in the Oceania Veterans Championships this Easter weekend in the largest Australian athletic meeting since the 1956 Melbourne Olympics.

At least two world age-division records were set. Australia's Tom Roberts, 50, silver medalist in the 4th World Veterans Championships in Christchurch in 1981 in the M45 800 (2:03.12), broke one of the best records in the books: Bill Fitzgerald's 1975 50-54 800 mark of 2:01.1, with a brilliant 2:00.5.

New Zealand's S. Peterson broke the world 200 mark from women 55-59 in 29.4, lowering the mark of 30.05, held by West Germany's Liesolotte Seuberlich.

Both marks are pending, subject to ratification by the Records Committee of the World Association of Veteran Athletes (WAVA).

A month ago, Roberts established a new M50 world 1500 mark with a time of 4:05.2, breaking Ray Hatton's standard of 4:05.8.

John Smith turned in a potential world record in the 5000 walk in 22:32, as did G. Nevitt in 27:20 in M60. In the 20K road walk, Tom Daintry's 2:04:15 is a potential M70 mark.

The legendary John Gilmour, M65, winner of five gold medals in the Hannover World Vets Games, did not show. In addition to a leg injury, he was recently in an automobile crash.

George McKeown won four in the M60 bracket: the 1500 in 5:03.3, where he beat George McGrath by one second; the 5000 in 18:43; the 10000 in 37:45; and the 10K cross country in 39:35, where he beat Jack Pennington by three minutes.

Outstanding women were Dot Browne, W40, with four wins in the 1500 (4:51.2), 5000 (17:32), 10000 (36:27), and 10K cross-country (39:46); and Shirley Brasher, W55, who took the 800 (2:55.4), 1500 (5:44.7) and 10000 (43:33). Two weeks ago, Browne ran a marathon in $2:47.\square$

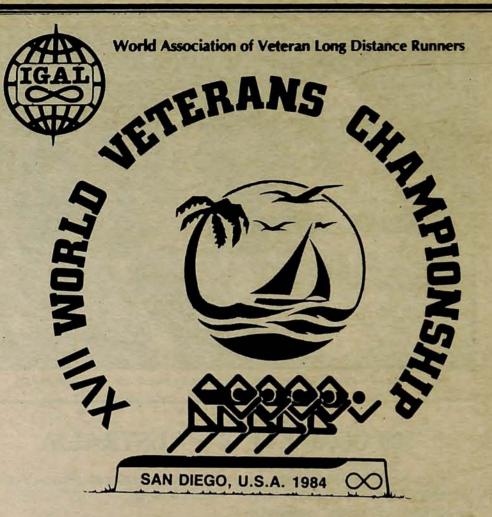
DELUXE 24 DAY RUNNING TOUR

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Race Headquarters will be the Hilton Hotel, 1775 East Mission Bay Drive, San Diego, CA 92109. Competitors may pick up registration packets beginning Wednesday, 28 November 1984.

Entry Fees and Deadlines: One race, U.S. \$15.00; both races, U.S. \$25.00. No team fees. Fees include World IGAL Membership Subscription of U.S. \$6.00. Entries must be postmarked no later than 1 October 1984. Entries mailed after October 1st, add U.S.\$10.00 late fee. Entries recieved after 10 November 1984 will not be accepted. ALL FUNDS MUST BE SUBMITTED IN U.S. DOLLARS. Make checks or money orders payable to BILL STOCK, RACE DIRECTOR and mail to: 1984 WIGAL Championships, 7160 Baldrich St., San Diego, CA 92041, U.S.A.

All entrants and their guests are invited, at a charge of U.S. \$10.00, to a **Carbo-Loading Dinner**, Saturday evening, December 1st. This dinner will feature the **10km Awards Ceremonies**. Limited tickets are available at U.S. \$10.00.

The Marathon Awards Ceremony and Farewell Party will be held Sunday evening, December 2nd, at Sea World Park. Tickets are U.S. \$26.00. This special price includes park admission (value U.S. \$12.00) to the Sea World Shows, buffet dinner, drinks, and dancing.

Ticket charges for the Carbo-Loading Dinner and Farewell Party should be submitted with your entry fees to guarantee reservations. (N.B.-All individual and team award winners will be reimbursed the cost of their tickets.)

Commemorative T-shirt will be available for U.S. \$5.00.

You will recieve notification of entry acceptance and any further important information by return mail.

XVII WORLD VETERANS CHAMPIONSHIPS

San Diego, California, U.S.A. 1-2 December 1984 10 km - Saturday, December 1st, 10 a.m. Marathon - Sunday, December 2nd, 7 a.m.

The Organizing Committee of the XVII World IGAL Championships invites you to participate in an outstanding running and entertainment experience staged in the beautiful Mission Bay Park. Come run and visit with us in San Diego with its worldfamous zoo, Wild Animal Park, Sea World, Balboa Park, and proximity to Mexico.

> Tom Sturak Executive Director

Bill Stock Race Director

Both races are sanctioned by the Athletics Congress/USA and will be contested under IAAF rules on flat, certified courses meeting the requirements of the National Running Data Center.

Entries are open to all women over 35 years and all men over 40 years of age on day of race in the following age categories:

Women	Men
W35 - 35-39 years	M40 - 40-44 years
W40 - 40-44 years	M45 - 45-49 years
W45 - 45-49 years	M50 - 50-54 years
W50 - 50-54 years	M55 - 55-59 years
W55 - 55-59 years	M60 - 60-64 years
W60 - 60-64 years	M65 - 65-69 years
W65 - 65-69 years	M70 - 70-74 years
W70 - 70-74 years	M75 - 75-79 years
W75 - 75 yr and older	M80 - 80 yr and older

Team Competition will be held in both races for 3 person national teams in the following divisions: M40-49, M50-59, M60-69, M70 and over; W35-39, W40-49, W50-59, W60 and over.

All competitors must show passports or proper I.D. (e.g., drivers license) at registration.

Awards: Individual awards in both races will be given to at least the first three finishers in each 5-year age group. A commemorative award and diploma will be given all finishers of both races. Team awards will be made in both races to the first 3 national teams in the 10-year divisions listed above.

NIKE merchandise and other awards will be distributed at the discrection of the Organizing Committee.



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THE IGAL SERIES

WORLD CHAMPIONSHIPS

- +	Baarn, Netherlands	1968
-	Bensburg, W. Germany	1969
III	Skovde, Sweden	1970
IV	Karlovy Vary, Czechoslovakia	1971
V	Douglas, Isle of Man	1972
VI	(Not Staged)	
VII	Paris, France	1974
VIII	Lake Yamanaka, Japan	1975
IX	Coventry, England	1976
X	Brugge, Belgium	1977
XI	Berlin, W. Germany	1978
XII	Bolton, England	1979
XIII	Glasglow, Scotland	1980
KIV	Palmerston North, New Zealand	1981
XV	Lake Kawaguchi, Japan	1982
KVI	Perpignan, France	1983
VII	San Diego, U.S.A.	1984
VIII	Blackpool, England	
CIX	Vancouver, Canada	1985
	Vancouver, Canada	1986

For entry forms, send SASE to:

The Organizing Committee • 1984 World Veterans Championships 7160 Baldrich, La Mesa • CA 92041, U.S.A.

(619) 286-7867

WORLD TRACK & FIELD AGE-GROUP RECORDS

Compiled by Peter Mundle and the Records Committee of the World Association of Veteran Athletes (WAVA) through performances verified as of May 1, 1984

MENS WORLD FIVE YEAR AGE GROUP RECORDS

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		the state of the state of the state of the		
DIV.	100 METERS	NAME (RESIDENCE)	ACE	MEET DATE
35-39	10.3	EDWARD JEFFERIS(S.AFR)	AGE 35	11-24-71
40-44 45-49	10.7	THANE BAKER(DALLAS, TX) THANE BAKER(DALLAS, TX)	41	9-13 72 6-14-80
50-54	11.3	THANE BAKER (DALLAS, TX)	50	9-24-82
55-59	11.6 11.6N	PAYTON JORDAN(LOS ALTUS,CA) ALFRED GUIDET(CALIFORNIA CITY.CA)	56 56	6-23-73 6-22-74
60-64	11.8	PAYTON JORDAN(LOS ALTOS.CA)	61	5-27-78
65-59 '70-74	12.6	PAYTON JORDAN(LOS ALTOS,CA) FRED REID(S.AFR.)	65 - 71	6-12-82 7-19-80
75-79	14.3	JOSIAH PACKARD(SAN FRANCISCO)	75	6-23-79
80+	15.4	JOSIAH PACKARD(SAN FRANCISCO)	80	2-25-84
Ser in				100
DIV.	200 METERS MARK	NAME (RESIDENCE)	AGE	MEET DATE
35-39	20.8	DELANO MERIWETHER(US) REGINALD AUSTIN(AUS)	35 40	6- 9-78 8-10-77
45-49	22.2N	GEORGE RHODEN(JAMAICA, SAN DIEGO)	45	7 2-72
50-54 55-59	23.4	THANE BAKER(DALLAS.TX) ALFRED GUIDET(PETALUMA.CA)	50 55	9-5-82 6-24-73
60.64	24.9	PAYTON JORDAN(LOS ALTOS, CA)	60	6-19-77
65-69 70-74	26.1	PAYTON JORDAN(LOS ALTOS,CA) FRED REID(S.AFR.)	- 65	6-12-82 7-19-80
75-79	29.5	JOSIAH PACKARD(SAN FRANCISCO)	75	6-24-79
80+	32.3	JOSIAH PACKAPD(SAN FRANCISCO)	80	2-18-84
-	400 METERS			
	MARK	NAME (RESIDENCE)	AGE	MEET DATE
35-39	46.91 48.75	HAGUES ROGER(FRA) HAGUES ROGER(FRA)	35	6-27-76 7-16-82
45-49	51 0	MILTON NEWTON(INGLEWOOD, CA)	46	7- 5-80
50-54 55-59	52.28 54.56	PETER HIGGINS(GB) RUDDLPH VALENTINF(NYC.NY)	50 55	8- 1-79 6- 9-79
60-64	58.4	JOHN ALEXANDER (MCCAMEY, TX)	61	6-27-81
63-69 70-74	61.85 64.6	FRITZ ASSMY(WG) JOSIAH PACKARD(SAN FRANCISCO)	67 73	7-16-82 8-10 77
75-79	68.5	JOSIAH PACKARD(SAN FRANCISCO)	75 80	6-23-79 7- 9-83
80+	75.4	HAROLD CHAPSON(HONOLULU.HA)	60	, , , , , , , , , , , , , , , , , , ,
	800 METERS	NAME (DECIDENCE)	AGE	MEET DATE
DIV. 1 35-39	MARK 1:49.2Y		35	5-12-72
40-44	1:54.5	KLAUS MAINKA(WG) JOHAN HESSELBERG(NORWAY)	41	7-16-77 8- 9-77
50-54	2:01.1	BILL FITZGERALD(PALOS VERDES, CA)	50	6-29-75
55-59 60-64	2:06.6 2:17.0	DEREK TURNBULL (NZ) JOHN GILMOUR (AUS)	55 60	5-14-82 1-11-81
65-69	2:20.5	JACK STEVENS(AUS)	65 71	8-13-82 9- 4-77
70-74 75-79	2:34.5 2:40.0	MONTY MONTGOMERY(SHERMAN DAKS,CA) HAROLD CHAPSON(HONOLULU)	75	5-14-78
80+	2:53.5	HAROLD CHAPSON(HONOLULU)	RO	7-11-82
		the second s		
DIV.	1500 METER MARK	NAME (RESIDENCE)	AGE	MEET DATE
35-39	3:41.4 3:52.0	CARLOS LOPES(POR) MICHEL BERNARD(FRANCE)	35	7-25-82
40-44 45-49	4:03.2	FIET MAYOOR(HOLLAND)	40	6-20-72 6-8-77
50-54 55-59	4:05.2	TOM RUBERTS(AUS) DEREK TURNBULL(NZ)	50 55	3-22-84 2-20-82
60-64	4:30.0	JOHN GILMOUR (AUS)	GO	12-22-79
65-69 70-74	4:50.6	JACK STEVENS(AUS) MERV JENKINSON(AUSTRALIA)	65 70	11-13-82
75-79	5:30.1	HAROLD CHAPSON (HUNDLULU)	75	8-11-77
80+	6:12.2	HAROLD CHAPSON(HONOLULU)	80	7-11-82
	1 MILE	and the second second second		
DIV.	MARK	NAME (RESIDENCE)	AGE	MEET DATE
35-39 40-44	4:18.5	GEORGE SCOTT(NZ,LONG BEACH,CA) JIM MCDONALD(NZ)	35 43	4-22-72 12- 3-77
45-49 50-54		LOUIS VINK(HOL) BILL FITZGERALD(PALOS VERDES.CA)	45 50	6- 7-80 7-13-75
55-59	4:40.4	JACK RYAN(AUSTRALIA)	55	12-15-77
60-64 65-69		JOHN GILMOUR(AUS) MONTY MONTGOMERY(SHERMAN OAKS,CA)	61	11-13-80 4- 8-72
70-74	5:42.2	MONTY MONTGOMERY (SHERMAN DAKS.CA)	70	7- 9-77
75-79	6:15.1 8:07.1	HAROLD CHAPSON(HONOLULU) PAUL SPANGLER(SAN LUIS OBISPO,CA)	78	7- 5-81 6- 7-80
-		Service and the service of the servi	1	
DIV.	3000 METERS	NAME (RESIDENCE)	AGE	MEET DATE
35-39	7:56.2N	MICHEL BERNARD (FRANCE)	35	6-14-67
40-44 45-49	8:17.4N 8:36.0	JACK FOSTER(NEW ZEALAND) LAURIE OHARA(GB)	43 45	1-31-76 7- 8-77
50-54	8:53.8	RAY HATTON (BEND, OR)	50	6-25-82
55-59 60-64	9:12.8 9:41.2	JACK RYAN(AUSTRALIA) JOHN GILMOUR(AUS)	55 61	11-22-80
65-69	10:47.8	STAN NICHOLLS(AUSTRALIA) HAROLD CHAPSON(HONOLULU)	66 73	11- 8-77 3-28-76
70-74 75-79	11:46.2 13:06.4	RICHARD BREDENBECK (INDEPENDENCE, OH)	75	6-13-81
80+	14:39.0	PAUL SPANGLER(SAN LUIS OBISPO, CA)	80	7-22-79

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			and the	
	5000 MET		1. 19 1.	mania anno
DIV. 35-39	13:17.3	CARLOS LOPES(POR)	AGE 35	MEET DATE 7 14-82
40-44		LUCIEN RAULT(FRANCE)	40	5-23-76
45-49	and a second sec	ALAIN MIMOUN(FRANCE)	45	5-29-66
50-54		ALAIN MIMOUN(FRANCE) JACK RYAN(AUSTRALIA)	50 55	6 - 6 - 71 4 - 20 - 78
60-64		JOHN GILMOUR(AUS)	61	8-9-80
65-59		ERICH KRUZYCKI(WG)	65	5- 1-76
70-74	19:33	JOHN FARRELL (GB)	70	5-20-79
75-79	21:19 24:05.4	LUIS RIVERA (MEX) HAROLD CHAPSON (HONOLULU)	80	10 24-92
	10.000 ME		of which	
DIV.	MARK	NAME (RESIDENCE)	AGE	MEET DATE
35-39	27:24.4 28:33.4	CARLOS LOPES(POR) LUCIEN RAULT(FRANCE)	35	6-26-82 6- 9-76
45-49	30:16.8	ALAIN MIMOUN(FRANCE)	45	6-17-66
50-54	32:05.6	LUCIAND AQUARONE(ITA)	51	1081
55-59	33:08.2	DEREK TURNBULL(NZ) JOHN GILMOUR(AUS)	55 61	2-13-82
60-64	34:23 36:04.6N	TEDDE JENSEN(SWEDEN)	65	9-15-72
70-74	40:48.6	EINAR NORDIN(SWE)	7.1	8-10-77
75-79	42:34.8	LUIS RIVERA(MEX)	75 80	9- 3-77 7- 6-79
80+	49:22.8	PAUL SPANGLER (SAN LUIS OBISPO, CA)	80	1- 0-19
	ONE HOUR	RUN		
	MARK	NAME (RESIDENCE)	AGE	MEET DATE
35-39	12-1599	20.774 GASTON ROELANTS(BEL) 18.900 WILLIAM STODDART(GB)	35 40	9-20-72 8 21-71
45-49	11-1268	18.862 ALAIN MIMOUN(FRANCE)	45	3 20 66
50-54	11-953	18.574 ALAIN MIMOUN(FRANCE)	50	5-16-71
55-59 60-64	10-1194 10-831	17.185 JOHN GILMOUR(AUS) 16.853 JOHN GILMOUR(AUS)	55	10-14-74
65-69	9-604	15.036 NORMAN BRIGHT (SEATTLE, WA)	65	6-13-75
70-74	9-173	14.642 STAN NICHOLLS (AUS)	72	6-14-83
75-79	8-335	13.181 LOU GREGORY (PENSACOLA, FL)	75	12-17-77
80+	7-946	12.130 PAUL SPANGLER (SAN LUIS OBISPO,	CA) 87	11- 1-80
-	3000 METE		101	MEET DATE
DIV. 35-39	MARK 8:33.4	NAME (RESIDENCE)	AGE 36	7-27-75
40-44	8:41.5	GASTON ROELANTS(BEL)	40	7- 6-17
45-49		JIM MCDDNALD(NZ)	45	11-17-79
50-54	9:58.2	MAURICE MORRELL(GB) ELIGIO GALICIA(MEX)	50	8- 3-83 8- 1-79
55-59	11:41.6	OLLE ELVLAND(SWE)	61	8- 1-79
65-69	12:24.8	NORMAN BRIGHT (SEATTLE, WA)	65	8-15-75
70-74	13:26.5	STAN NICHOLLS(AUS)	70 76	4-11-81 8-20-78
75-79	19:04.8	LOU GREGORY (PENSACOLA, FL)	10	0 20 10
	110 METER		CONTRACT OF CONTRACT	(60+) 30"
DIV. 35-39	MARK 14.1	NAME(RESIDENCE) GHULAM RAZIK(PAKISTAN)	AGE	MEE1 DATE 2-16-69
40-44	14. 4Y (42"		40	8- 1-49
	14.7	LEOPOLD MARIEN(BEL)	41	8-13-75
45-49	14.7	VALBJORN THORLAKSSON(ICE) JACK GREENWOOD(MENDECIND LODGE.KS)	45	7-8-79 8-10-77
50-54	16.6	ANDRE FINDELI(FRA)	55	9-14-78
60-64	16.2	ANDRE FINDELI(FRA)	60	7-13-83
65-69	18.28	AL GUIDET(CALIFORNIA CITY.CA)	65 70	5-21-83
70 74 75-79	20.99	BERND WISCHMANN(WG) RUSSELL MEYERS(PENSACOLA.FL)	77	5- 9-81
80+	26.0	HERBERT ANDERSON(BELLVUE, CO)	80	7-24-82
		HURDLES (35-49) 36" (50-59) 33" (60+)	AGE	MEET DATE
DIV. 35-39	51.72	NAME (RESIDENCE) BERTIL WISTAM(SWE)	35	7-17-75
10-44	54.08	LEON HACKER(S.AFR.)	40	7-29-79
E. Tor	54.1	GEORGE MATHE(S.AFRICA)	40	6-30-79 8-24-72
45-49 50-54	55.7 58.1	JACK GREENWOOD (MENDECINO LODGE, KS) JACK GREENWOOD (MENDECINO LODGE, KS)	50	7- 3-76
55-59				
	62.3	ANDRE FINDELI(FRA)	55	9-10-78
60-64	68.7	ANDRE FINDELI(FRA) MAX PICKL(CANADA)	55 6 I	6-23-79
65-69	68.7 73.22	ANDRE FINDELI(FRA) MAX PICKL(CANADA) GEORGE BRACELAND(DREXEL HILL.PA)	55	and the second second second
and the second se	68.7	ANDRE FINDELI(FRA) MAX PICKL(CANADA) GEORGE BRACELAND(DREXEL HILL.PA) CLAUDE HILLS(FLDURTOWN.PA) RUSSELL MEYERS(PENSACOLA.FL)	55 61 65 71 77	6-23-79 7-29-79 9-11-83 5- 9-81
65-69 70-74	68.7 73.22 82.7	ANDRE FINDELI(FRA) MAX PICKL(CANADA) GEORGE BRACELAND(DREXEL HILL.PA) CLAUDE HILLS(FLDURTOWN.PA)	55 61 65 71	6-23-79 7-29-79 9-11-83
65-69 70-74 75-79	68.7 73.22 82.7 89.58 1:51.0	ANDRE FINDELI(FRA) MAX PICKL(CANADA) GEORGE BRACELAND(DREXEL HILL.PA) CLAUDE HILLS(FLDURTOWN.PA) RUSSELL MEYERS(PENSACOLA.FL)	55 61 65 71 77	6-23-79 7-29-79 9-11-83 5- 9-81
65-69 70-74 75-79 80+	68.7 73.22 82.7 89.58 1:51.0 HIGH JUMP MARK	ANDRE FINDELI(FRA) MAX PICKL(CANADA) GEORGE BRACELAND(DREXEL HILL.PA) CLAUDE HILLS(FLDURTOWN.PA) RUSSELL MEYERS(PENSACOLA.FL) HERBERT ANDERSON(BELLVUE.CO) NAME(RESIDENCE)	55 61 65 71 77 80 AGE	6-23-79 7-29-79 9-11-83 5-9-81 7-24-82
65-69 70-74 75-79 80+ <u>DIV.</u> 35-39	68.7 73.22 82.7 89.58 1:51.0 HIGH JUMP MARK 7-1	ANDRE FINDELI(FRA) MAX PICKL(CANADA) GEORGE BRACELAND(DREXEL HILL,PA) CLAUDE HILLS(FLDURTOWN,PA) RUSSELL MEYERS(PENSACOLA,FL) HERBERT ANDERSON(BELLVUE.CO) NAME(RESIDENCE) 2.16 VIKTOR BOLSHOV(URS)	55 61 65 71 77 80 AGE	6-23-79 7-29-79 9-11-83 5-9-81 7-24-82 MEET DATE 6-20-74
65-69 70-74 75-79 80+	68.7 73.22 82.7 89.58 1:51.0 HIGH JUMP MARK	ANDRE FINDELI(FRA) MAX PICKL(CANADA) GEORGE BRACELAND(DREXEL HILL.PA) CLAUDE HILLS(FLDURTOWN.PA) RUSSELL MEYERS(PENSACOLA.FL) HERBERT ANDERSON(BELLVUE.CO) NAME(RESIDENCE)	55 61 65 71 77 80 AGE	6-23-79 7-29-79 9-11-83 5-9-81 7-24-82
65-69 70-74 75-79 80+ <u>DIV.</u> 35-39 40-44	68.7 73.22 82.7 89.58 1:51.0 HIGH JUMP MARK 7-1 6-8 3/4	ANDRE FINDELI(FRA) MAX PICKL(CANADA) GEORGE BRACELAND(DREXEL HILL.PA) CLAUDE HILLS(FLDURTOWN.PA) RUSSELL MEYERS(PENSACOLA.FL) HERBERT ANDERSON(BELLVUE.CD) NAME(RESIDENCE) 2.16 VIKTOR BOLSHOV(URS) 2.05 EGON NILSSON(SWEDEN) 1.90 HERM WYATT(LDS GATDS.CA) 1.88 HERM WYATT(LDS GATDS.CA)	55 61 65 71 77 80 AGE 35 40 48 51	6-23-79 7-29-79 9-11-83 5-9-81 7-24-82 MEET DATE 6-20-74 9-25-66 4-19-80 8-20-83
65-69 70-74 75-79 80+ <u>DIV.</u> <u>35-39</u> 40-44 45-49 50-54 55-59	68.7 73.22 82.7 89.58 1:51.0 HIGH JUMP MARK 7-1 6-8 3/4 6-2 3/4 6-2 5-6 1/2	ANDRE FINDELI(FRA) MAX PICKL(CANADA) GEORGE BRACELAND(DREXEL HILL.PA) CLAUDE HILLS(FLDURTOWN.PA) RUSSELL MEYERS(PENSACOLA.FL) HERBERT ANDERSON(BELLVUE.CO) NAME(RESIDENCE) 2.16 VIKTOR BOLSHOV(URS) 2.05 EGON NILSSON(SWEDEN) 1.90 HERM WYATT(LOS GATOS.CA) 1.88 HERM WYATT(LOS GATOS.CA) 1.69 RICHMOND MORCOM(PHILADELPHIA)	55 61 65 71 77 80 <u>AGE</u> 35 40 48 51 55	6-23-79 7-29-79 9-11-83 5-9-81 7-24-82 MEET DATE 6-20-74 9-25-66 4-19-80 8-20-83 7-27-76
65-69 70-74 75-79 80+ <u>DIV.</u> <u>35-39</u> 40-44 45-49 50-54 55-59 60-64	68.7 73.22 82.7 89.58 1:51.0 HIGH JUMP MARK 7-1 6-8 3/4 6-2 3/4 6-2 5-6 1/2 5-6 1/2 5-2 3/4	ANDRE FINDELI(FRA) MAX PICKL(CANADA) GEORGE BRACELAND(DREXEL HILL,PA) CLAUDE HILLS(FLDURTOWN,PA) RUSSELL MEYERS(PENSACOLA,FL) HERBERT ANDERSON(BELLVUE,CO) NAME(RESIDENCE) 2.16 VIKTOR BOLSHOV(URS) 2.05 EGON NILSSON(SWEDEN) 1.90 HERM WYATT(LOS GATOS,CA) 1.88 HERM WYATT(LOS GATOS,CA) 1.69 RICHMOND MORCOM(PHILADELPHIA) 1.59 BURL GIST(SAN MARCOS,CA)	55 61 65 71 77 80 AGE 35 40 48 51	6-23-79 7-29-79 9-11-83 5-9-81 7-24-82 MEET DATE 6-20-74 9-25-66 4-19-80 8-20-83
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National Masters News

and the

WOMENS WORLD FIVE YEAR AGE GROUP RECORDS

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3B - 39 227-2 69:24 ART SWARTS(N)) 36 5:31:80 80-49 21.9 43-49 216-11 66:12 AL DERTER(NY) 43 5:31:80 80-28:92 80-28:23 45:49 216-11 66:12 AL DERTER(NY) 43 5:31:80 80-28:32 70-3:32 80-38:33 80-38:33 80-38:33 80-38:33 80-38:33 80-38:33 80-38:33 80-38:33 80-38:33 80-38:33 80-48:34 40-43:42:43 80-48:44	DIV.					HEET DATE	and the second second second	2:06
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77.9 120-2 36.64 VERNER ANDERSSON/SKE) 17 7.16.8.2 D1.4 MARS 80+ 106-3 32.40 JAKOB SCHUMANN(KG) 81 7.16.8.2 35.39 35.39 35.39 35.39 35.39 35.39 35.39 35.39 35.39 35.39 35.39 35.39 35.39 35.39 35.39 35.39 35.40 35.40 35.40 35.40 35.40 35.59 55.59 52.50 35.59 52.50 35.59 52.50 55.59 51.59 35.59 37.6 52.47 35.59 51.59					and the second se		Sec. in the	
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DIV. MARK NAME (restorency) Age MEET DATE 50-54 41-4 35-39 25-40 74 AND LIV BONDARCHUK(URS) 35 66-674-76 60-64 55-59 52-56 60-64 55-59 52-56 66-66 61-72 83 70+7 73 60-64 157-10 48.12 AARNE MIETTINENFERM) 60 58-59 14-83 70+7 73 60-64 157-10 48.12 AARNE MIETTINENFERM) 63 9+12-76 30000 70-74 131+11 40.22 DLV. MARK 10 23-39 80 6-6-76 40-44 9+11 75-79 97-8 23-7 STAMEY HEEY HERRMAN(SANTA BARBARA, CA, 175 5-12-73 35-39 85-59 10 37 5-30-76 45-49 10:12 40-44 9+11 45-49 10:12 40-44 9+11 45-49 10:2 55-59 10:14 42 8-2-79 70+18:02 55-59 11:2 40-44 10:14 10:14 10:14							40-44	4:20
35:39 254-0 77.42 AWATOLIY ANDER MET DATE 55:59 55:55 11:45 55:55 11:45 55:55 11:45 55:55 11:45 55:55 11:52 11:45 11:52 11:52 11:52 11:52 11:52 11:52 <td>DIV</td> <td></td> <td></td> <td>+) 12#</td> <td></td> <td></td> <td>and the second sec</td> <td></td>	DIV			+) 12#			and the second sec	
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60-64 4552 RICHMOND MORCOM(PHILADELPHIA) 61 B 28-82 40-44 34:26 65-69 3180 GILBERTD GONZALEZ(PUR) 69 7-31-82 45-49 38:19 70-74 3097 GILBERTO GONZALEZ(PUR) 70 7-2-82 50-54 38:53 75-79 1659 HERBERT ANDERSON(BELLVUE,CO) 75 3-24-78 55-59 42:31 804 851 JOHN WHITTEMORE(SANTA BARBARA,CA) B0 12-1-79 65-64 44:51 914 MARK NAME(RESIDENCE) AGE MEET DATE 70+59:20 014 MARK NAME(RESIDENCE) AGE MEET DATE 70+59:20 014 MARK NAME(RESIDENCE) AGE MEET DATE 70+59:20 014 MARK NAME(RESIDENCE) AGE MEET DATE 70+59:20 015 93 3645 SILVID HODOS(FRA) 35 4-17-83 10V. MARK 45-49 2917 ROY WILLIAMS(NZ) 46 1-10-81 35-39 5-81 10V. MARK 45-59 2439 RICHMOND MORCOM(PHILADELPHIA) 56			RICHMOND MORCOM(PHILADELPHIA)			DIV. M	ARK
65-69 3180 GILBERTD GONZALEZ(PUR) 69 7-31-82 45-49 38:19 70-74 3097 GILBERTD GONZALEZ(PUR) 70 7-2-82 50-54 38:53 75-79 1659 HERBERT ANDERSON(BELLVUE,CO) 75 3-24-78 55-59 42:31 80+ 851 JOHN WHITTEMORE(SANTA BARBARA,CA) B0 12-1-79 60-64 44:51 9 65-69 52:53 70+79:20 70 7-2-82 50-54 43:53 9 851 JOHN WHITTEMORE(SANTA BARBARA,CA) B0 12-1-79 60-64 44:51 65-69 52:53 70+59:20 70+79:20 70+79:20 70+79:20 0 0.44 3391 WERNER SCHALLAU(WG) 35 4-17-83 HIGH 45-49 2917 ROY WILLIAMS(NZ) 46 1-10-81 35-39 5-8 1 50-54 2607 VACLAV BARTL(SWE) 51 8-12-77 40-44 5-4 1 50-559 2439 RICHMOND MORCOM(PHILADELPHIA) 56 8-12-77 45-45 5-0 60-64			RICHMOND MORCOM(PHILADELPHIA)	55	9-11-76		
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PENTATHLON(IAAF SCORING TABLES) 70+ 59:20 DIV. MARK NAME(RESIDENCE) AGE MEET DATE 35-39 3645 SILVIO HODOS(FRA) 35 4-17.03 40-44 3391 WERNER SCHALLAU(WG) 40 9-24.78 DIV. MARK 45-49 2917 ROY WILLIAMS(NZ) 46 1-10-81 35-39 5-8 1 50-54 2607 VACLAV BARTL(SWE) 51 8-12-77 40-44 5-4 1 50-54 2607 VACLAV BARTL(SWE) 51 8-12-77 40-44 5-4 1 50-559 2439 RICHMOND MORCOM(PHILADELPHIA) 56 8-12-77 45-45 5-0 60-64 2189 WALTER SCHREIBER(WG) 60 9-11-82 50-54 4-10 70-74 1481 GILBRTO GONZALEZ(PUR) 70 723-83 60-64 3-9 1 75-79 722 HERBERT ANDERSON(BELLVUE, CO) 75 8-12-77 65-69 3-7 1	804	851	JUHN WHITTEMORE(SANTA BARBARA, CA)	BO	12- 1-79		
DIV. MARK NAME (RESIDENCE) AGE MFET DATE 35-39 3645 SILVID HODOS(FRA) 35 4-17.03 HIGH 40-44 391 WENER SCHALLAU(WG) 40 9-24-78 DIV. MARK 45-49 2917 ROY WILLIAMS(NZ) 46 1-10-81 35-39 5-8 1 50-54 2607 VACLAV BARTL(SWE) 51 8-12-77 40-44 5-4 1 50-54 2607 VACLAV BARTL(SWE) 51 8-12-77 40-44 5-4 1 50-54 2607 VACLAV BARTL(SWE) 50 8-12-77 40-44 5-4 1 50-54 2607 VACLAV BARTL(SWE) 50 9-11-82 50-54 4-10 60-64 2189 WALTER SCHREIBER(WG) 60 9-11-82 50-54 4-10 70-74 1481 GILBRTO GONZALEZ(PUR) 70 7-23-83 60-64 3-9 1 75-79 722 HERBERT ANDERSON(BELLVUE, CO) 75 8-12-77 <td></td> <td></td> <td>LAS FOOD</td> <td>AV</td> <td>1 30</td> <td>Contraction of</td> <td></td> <td></td>			LAS FOOD	AV	1 30	Contraction of		
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40-44 3391 WERNER SCHALLAU(WG) 40 9-24-78 DIV. MARK 45-49 2917 ROY WILLIAMS(NZ) 46 1-10-81 35-39 5-81 50-54 2607 VACLAV BARTL(SWE) 51 8-12-77 40-44 5-41 55-59 2439 RICHMOND MORCOM(PHILADELPHIA) 56 8-12-77 45-45 5-0 60-64 2189 WALTER SCHREIBER(WG) 60 9-11-82 50-54 4-10 65-69 1790 ADDLF KOCH(WG) 65 9-26-82 55-59 4-3 1 70-74 1481 GILBRTO GONZALEZ(PUR) 70 723-83 60-64 3-9 1 75-79 722 HERBERT ANDERSON(BELLVUE, CO) 75 8-12-77 65-69 3-7	35-39	3645		1	35	4-17-83	all the second	IIGH .
50-54 2607 VACLAV BARTL(SWE) 51 8-12-77 40-44 5-4 1 55-59 2439 RICHMOND MORCOM(PHILADELPHIA) 56 8-12-77 45-45 5-0 60-64 2189 WALTER SCHREIBER(WG) 60 9-11-82 50-54 4-10 65-63 1790 ADOLF KOCH(WG) 65 9-26-82 55-59 4-3 1 70-74 1481 GILBRTO GONZALEZ(PUR) 70 7-23-83 60-64 3-9 1 75-79 722 HERBERT ANDERSON(BELLVUE, CO) 75 8-12-77 65-69 3-7 1	and the second se		WERNER SCHALLAU(WG)	40	9-24-78	DIV. MA	RK
55-59 2439 RICHMOND MORCOM(PHILADELPHIA) 56 8-12-77 45-45 5-0 60-64 2189 WALTER SCHREIBER(WG) 60 9-11-82 50-54 4-10 65-69 1790 ADOLF KOCH(WG) 65 9-26-82 55-59 4-3 1 70-74 1481 GILBRTO GONZALEZ(PUR) 70 7-23-83 60-64 3-9 1 75-79 722 HERBERT ANDERSON(BELLVUE, CO) 75 8-12-77 65-69 3-7 1		Martin Martin			and the second second		35-39 5	-8 1/
60-64 2189 WALTER SCHREIBER(WG) 60 9-11-82 50-54 4-10 65-69 1790 ADDLF KOCH(WG) 65 9-26-82 55-59 4-3 1 70-74 1481 GILBRTO GONZALEZ(PUR) 70 7-23-83 60-64 3-9 1 75-79 722 HERBERT ANDERSON(BELLVUE, CO) 75 8-12-77 65-69 3-7 1								
65-69 1790 ADOLF KOCH(WG) 65 9-26-82 55-59 4-3 1 70-74 1481 GILBRTO GONZALEZ(PUR) 70 7-23-83 60-64 3-9 1 75-79 722 HERBERT ANDERSON(BELLVUE, CO) 75 8-12-77 65-69 3-7 1			WALTER SCHREIBER					
75-79 722 HERBERT ANDERSON(BELLVUE, CO) 75 8-12-77 65-69 3-7 1				(010)		9-26-82		
			HERBERT ANDERSON	(BELLVUE CO)			and the later of the	
			HERBERT ANDERSON	(BELLVUE.CO)				
			and the second second second				a state	-

	DIV. MARK 35-39 25-11	NAME (RE	SIDENCE) JO TOIVONEN(FIN)	AGE 35		in the	WOMENS	WORLD FIVE YEAR AGE GROUP RECORDS		
	40-44 24-4	3/4 7.43 TOM	CHILTON(KNOXVILLE, TN)	. CA) 45		0.0	100 METER			
	45-49 21-11 50-54 21-1	6.68 SHI 6.42 SHI	RLEY DAVISSON(VICTORVILLE RLEY DAVISSON(VICTORVILLE	.CA) 50	4-12-80	35-3	. MARK 19 11.6	NAME(RESIDENCE) ERIKA ROST(WG)	AGE 35	
	55-59 20- 1	/4 6.10 TOM	PATSALIS(ALHAMBRA.CA) PATSALIS(ALHAMBRA.CA)	59			4 12.0	MAEVE KYLE(IRELAND)	40	
-F- 18	60-64 19-11 55-69 16-11	1/4 5.16 WIL	LI RUMIG(WG)	65	7-31-79	15 4	19 12.5 12.5	MAEVE KYLE(IRELAND) WENDY ELY(AUS)	45 45	
	70-74 15-0		EF SAHLMANN(WG) AB SINGH(IND)	71		50-5 55-5		DAPHNE PIRIE(AUS) SHIRLEY PETERSON(AUS)	51 55	
-	75-79 14-0 80+ 11-7	The second se	T WESBROOK(CA)	80		60-6		AILEEN HOGAN(AUS)	60	A THE REPORT OF A DESCRIPTION OF A DESCRIPANTO OF A DESCRIPTION OF A DESCRIPTION OF A DESCRIPTION OF A DESCR
NO -			- 1 and the second second			65-6	9 16.1	POLLY CLARKE(LOVELAND.CO) POLLY CLARKE(LOVELAND.CO)	67 70	
		E JUMP	and the state of the	-		10	10.2	FULLY CLARKE(LUVELAND, CU)	16	4-17-81
	DIV. MARK 35-39 54-7		SIDENCE) EF SCHMIDT(POLAND)	AGE 35			200 METERS			WEET DATE
1	40-44 48-11	1/2 14.92 MIC	HAEL SAUER(WG)	40	7-14-82	35-39	. MARK 9 24.3	NAME(RESIDENCE) ERIKA ROST(WG)	AGE 36	
24	45-49 45-11 50-54 43-3		ICLES PINTO(POR) E JACKSON(CARSON.CA)	45			4 25.0	VIVI MARKUSSEN(DEN)	40 45	
	55-59 41-5	12.62 GOR	DON FARRELL (VAN NUYS, CA)	57		45-49		WENDY EY(AUS) MAEVE KYLE(EIR)	51	3- 4-84 8- 6-80
0	60-64 39-3 65-69 34-11		PATSALIS(ALHAMBRA, CA) HUME(CAN)	60 66		55-59		LIESELOTTE SEUBERLICH(WG)	55	7-16-82
	70-74 29-7	1/2 9.03 TAR	AKI MIYATA(JPN)	70 76		60-64		AILEEN HOGAN(AUS) WINFRED REID(S.AFR.)	60 66	3-27-83 9-18-83
開	75-79 28-7 80+ 22-8		AB SINGH(IND) BERT ANDERSON(BELLVUE.CO)			704	+ 34.2	POLLY CLARKE(LOVELAND.CO)	71	9- 6-81
(A)	The state of the s									
			(50-59) 12# (60+) 8#			DIV.	400 METERS	NAME (RESIDENCE)	AGE	MEET DATE
	DIV. MARK 35-39 72-3	22 02 BRI	SIDENCE)	AGE 35		35-39	50.56	AURELIA PENTON(CUBA)	35	7-15-78
1	40-44 67-0 :	3/4 20.44 IVAN	N IVANCIC(YUG)	42	6 5-80	40-44	55.3	MAEVE KYLE(IRELAND) COLLEEN MILLS(NZ)	41	7-22-70
	45-49 58-1 50-54 57-7	CARLES DOUBLES PELO DE DE SER	RRE COLNARD(FRANCE)	- 47		50-54	63.2	ANNE MCKENZIE(S. AFR.)	50	10-15-75
	55-59 51-9	15.77 HERM	MANN HOMBRECHER (WG)	55	8- 6-80		70 9	ANNE MCKENZIE(S. AFR.) AILEEN HOGAN(AUS)	55 60	5-2-81
	60-64 55-4 65-69 51-4		RGE KER(GRANADA HILLS.CA)	60 68		65-69	79.66	WINFRED REID(S. AFR.)	65	1-13-81
2	70-74 42-3	1/2 12.89 VERM	NON CHEADLE (S. BARBARA, CA)	71	5-16-81	10+	87.6	POLLY CLARKE(LOVELAND, CO)	70	4-18-81
H	75-79 38-4 80+ 31-7	State of the second sec	REDMOND DOMS(CULVER CITY, ER GDIC(JUG)	CA) 75 82	and the second se	1	BOO METERS		TERRE	
			Internitive service and				MARK	NAME (RESIDENCE)	AGE	MEET DATE
W.			2KG (50-59) 1.6KG (60+)	and the second se		to are seen	1:57.4	ILEANA SILAI(ROMANIA) ANNE MCKENZIE(S. AFR.)	35	6-28-77 7- 1-67
	DIV. MARK 35-39 227-2	69.24 ART	SIDENCE) SWARTS(NJ)	AGE 35	MEET DATE 5-31-80		2:19.2	ANNE MCKENZIE(S. AFR.)	45	11-13-70
	40-44 227-1	1 69.48 AL (DERTER(NY)	43	5-31-80		2:23.1	ANNE MCKENZIE(S. AFR.) ANNE MCKENZIE(S. AFR.)	50 55	10-29-75
	45-49 216-1 50-54 178-0		O JOUPPILA(FINLAND)	45 52	3-28-82 8- 5-73		3:01.0	BRITTA TIBBLING(SWE)	.G.2	1- 9-81
	55-59 177-1 60-64 187-2	53.98 KAU	O JOUPPILA(FINLAND)	56	9- 3-77		3:24.0 3:30.0	EWA ERIKSSON(SWE) POLLY CLARKE(LOVELAND,CO)	65	7-16-82 8-8-82
16	65-69 182-6		CO JOUPPILA(FINLAND) STANTY MAKSIMCZYK(GB)	61 65	7-16-82	1200				
i.	70-74 153-5 75-79 120-2	46.76 OLAN	/ REPPEN(NORWAY) VER ANDERSSON(SWE)	70	9-18-81	1	1500 METER			
	80+ 106-3		DB SCHUMANN(WG)	76 81	7-16-82		MARK 3:58.5	NAME(RESIDENCE) ILEANA SILAI(ROM)		MEET DATE 7-13-79
	Carl Press		and a formation and a			40-44	4:20.7	JOYCE SMITH(GB)	40	5 21-78
t.	DIV. MARK	THROW (35-59) NAME(RES		ACE	MEET DATE	A DECEMPTOR OF STREET,	4:49.2 4:54.5	ANNE MCKENZIE(S. AFR.) ANNE MCKENZIE(S. AFR.)	49 50	11-16-74
	35-39 254-0	77.42 ANAT	OLIY BONDARCHUK(URS)	36	6-24-76	and the second second	5:20.0	MARGARET MILLER(THOUSAND DAKS, CA)	56	5- 8-82
	40-44 243-1 45-49 202-0	74.10 ED B 61.58 HANS	POTSCH(AUT)	43	6-12-83 8- 1-80	and the second	5:57.2 6:16.0	LIESELOTTE SCHULTZ(WG) ELIZABETH TROMP(HOL)	61 65	6-25-81 7-15-82
1	50-54 193-5 55-59 175-0	58.96 HANS	POTSCH(AUT)	50	9- 3-83	70+	7:31.9	POLLY CLARKE(LOVELAND, CO)	70	8- 8-82
	55-59 175-0 60-64 157-10		BACKUS(PEMBROKE, MA) E MIETTINEN(FIN)	55 63	8-9-81 9-12-76	and a			1 1 10	
4 ==	65-69 151-8 70-74 131-11		E MIETTINEN(FIN) REPFEN(NORWAY)	67	8- 6-80	- Jan	3000 METERS			and the second second
1	75-79 97-8	29.77 STAN	LEY HERRMANN(SANTA BARBAR	70 A.CA)75	8-27-81 5-12-79		MARK 8:55.6	NAME (RESIDENCE) JOYCE SMITH(GB)	AGE	MEET DATE 7-19-74
1	80+ 111-9	34.08 PETE	R GOIC(JUG)	80	6- 6-76	40-44	9:11.2	JOYCE SMITH(GB)	40	4-30-78
				1		and the second s	10:23.4	URSULA BLASCHKE(WG) VALBORG OSTBERG(NOR)	45	7-30-77 7-5-81
	JAVELI DIV. MARK	THE LOCATION SAME DOCUMENTS OF COMMENT	800 GRAMS. (60+) 600 GR			55-59	11:29.0	LYDIA BACKES(WG)	55	9- 9-81
	35-39 283-2	NAME (RES 86.32 JANI	S LUSIS(URS)	AGE 37	MEET DATE 5-30-76		12:26.8	LIESELOTTE SCHULTZ(WG) IVY GRANSTROM(CAN)	61 68	6 13 81 8- 3-80
	40-44 259-1 45-49 232-5		VON WARTBURG(SWI) VON WARTBURG(SWI)	42	8-2-79	70+	18:02.8	IVY GRANSTROM(CAN)	71	6-25-83
	50-54 190-2	57.96 VEIK	KO JAVANAINEN(FINLAND)	45 54	7-15-82 8- 6-80	1				
	55-59 186-10 60-64 177-10	A REAL PROPERTY AND A REAL	KO JAVANAINEN(FIN) SIUS SIBIDOL(BRU)	55 61	8- 7-81 10-17-81	DIV.	5000 METERS	NAME (RESIDENCE)	AGE	MEET DATE
1	65-69 153-11	46.92 VAIN	O OJARANTA(FIN)	65	7-18-82	35-39	16:12.87	SONJA LAXTON(RSA)	35	10-17-83
1	70-74 140-0 75-79 108-0		ARD SCHEFE(WG) Y CURTICE(CALISTOGA,CA)	70 75	7-15-82 7-24-82		16:57.4 17:59.0	JUDY FOX(SUNNYVALE.CA) VICKY BIGELOW(SAN LORENZO,CA)	40	8-16-81 7-24-82
	801 94 6		ERT ANDERSON(BELLVUE.CO)	80	7-24-82	and the second s	18:15.0	VALBORG OSTBERG(NOR)	50 55	8-7-81 8-29-81
権	DECATU						19:39.2 21:27.2	LYDIA BACKES(WG) LIESELOTTE SCHULTZ(WG)	61	8- 6-91
	DIV. MARK	LON(IAAF SCORING NAME(RES		AGE	MEET DATE	The Read Provide Lines in	23:58.0 27:24.2	ELIZABETH TROMP(HDL) BERTA HIELSCHER(WG)	65 73	7-17-82 7-17-82
	35-39 7547 40-44 6784		DN MOLTKE(WG) LINKMANN(WG)	35	5-12-12	101	21.24.2	BERTA MILLSONER(HG)	1.0	
	45-49 5363	ED OLEAT	A(LA JOLLA, CA)	40	6- 6-81 8-28-82		10.000 METER	RS		
	50-54 4951 55-59 5246	RICHMOND	MORCOM(PHILADELPHIA) MORCOM(PHILADELPHIA)	.50	3-12-72	DIV. 35-39	MARK 34:34.4	ANN LETHERBY (AUS)	AGE	MEET DATE 10- 7-81
2 Sec	60-64 4552	RICHMOND	MORCOM(PHILADELPHIA)	61	9-11-76 8-28-82	40-44	34:26.4	JOYCE SMITH(GB)	42	2 27-80
	65-69 3180 70-74 3097	GILBERTO	GONZALEZ(PUR) GONZALEZ(PUR)	69 70	7-31-82 7-2-82		38:19.8	VICKY BIGELOW(SAN LORENZO.CA) MILA KANIA(WARWICK,NY)	48	8-21-83
	75-79 1659	HERBERT A	NDERSON(BELLVUE, CO)	75	3-24-78	55-59	42:31.6	SHIRLEY BRASHER(AUS)	51 55	6-26-82 4-9-82
	80+ 851	JOHN WHIT	TEMORE (SANTA BARBARA, CA)	BO	12- 1-79		44:51.0 52:53.2	PAT DIXON(BEND, OR) WALTRAUD, KRETSCHMER(WG)	63	7-16-82
	PENTAT	HLON (TAAF SCORT	NG TABLES)	- You Tak	The second second		59:20.7	AILSA FORBES(NZ)	68 70	1- 8-81 1- 8-81
Persona a	DIV. MARK	NAME (RESI	(DENCE)		MEET DATE	- ANT	100 - 10 - 10 - 10 - 10 - 10 - 10 - 10			
	35-39 3645 40-44 3391	SILVIO HO	DDOS(FRA) CHALLAU(WG)	35 40	4-17-83 9-24-78	DIV.	HIGH JUMP MARK	NAME (RESIDENCE)	ACE	MEET DATE
	45-49 2917 50-54 2607	ROY WILLI	AMS(NZ)	46	1-10-81	35-39	5-8 1/4	1.73 CHRISTA VOSS(WG)	AGE	7-30-79
	55-59 2409		MORCOM(PHILADELPHIA)	51 56	8-12-77 8-12-77	40-44	5-4 1/4 5-0	1.63 DOROTHY TYLER(GB) 1.52 DOROTHY TYLER(GB)	41	8- 2-61
	60-64 2189 65-69 1790	WALTER SO	CHREIBER(WG) -	60	9-11-82	50-54	4-10	1.47 DOROTHY TYLER(GB)	50	G 14-70
	70-74 1481	ADOLF KOO GILBRTO	GONZALEZ (PUR)	65 70	9-26-82 7-23-83		4-3 1/4 3-9 1/4	1.30 VLASTA CHLIMSKA(CZF) 1.15 ANNCHEN REILE(WG)	56 63	7-30-79 9-15-78
	75-79 722 80+ 563	HERBERT /	ANDERSON(BELLVUE, CO)	75	8-12-77	65-69	3-7 1/2	1. 10 ANNCHEN REILE(WG)	65	8- 6-80
				80	9- 1-82		3-3 1/2	1.00 IRJA SARNAMA(FIN)	75	8-9-81
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LONG JUMP

National Masters News

	LUNG JUMP			
DIV.	MARK	NAME (RESIDENCE)	AGE	MEET DATE
35-39	21-4	6.50 WILLYE WHITE(US)	35	10-26-74
40-44	18-2 1/4	5.54 MARLENE ALTMANN(WG)	40	7-30-77
	18-2 :/4	5.54 HELEN SEARLE(AUS)	41	4-17-81
45-49	17-0	5.18 CORRIE ROOVERS(HOL)	47	7-15-82
50-54	15-6 :/2	5.04 MAEVE KYLE(IRELAND)	50	7-29-79
55-59	14-11 1/2	4.56 LIESELOTTE SEUBERLICH(WG)	55	7-15-82
60-64	11- 11 1/2	3.64 ELIZABETH HAULE(WG)	60	8- 6-80
65-69	11-2	3.40 R. SOLE(NZ)	65	1-881
70+	8-0	2.44 EDITH MENDYKA (TUJUNGA, CA)	70	5-16-81
	SHOT PUT			
DIV.	MARK	NAME (RESIDENCE)	AGE	MEET DATE
35-39	63-7 1/2	19.39 ANTONINA IVANOVA(URS)	38	7-17-71
40-44	62-10 1/2	19.16 ANTONINA IVANOVA(URS)	41	2-24-74
45-49	46-6 1/4	14.18 LIESL HUBER(WG)	45	10-13-79
50-54	41-11 1/2	12.79 MARIANNE HAMM(WG)	51	7-30-79
55-59	36-6 1/4	11.13 M.VAN AS(S. AFR.)	59	7-19-80
60-64	31-4	9.55 EDITH MENDYKA (TUJUNGA, CA)	61	6-17-72
65-69	29-4	8.94 EDITH MENDYKA(TUJUNGA.CA)	65	3-27-76
70+	29-3	8.91 EDITH MENDYKA(TUJUNGA.CA)	70	5- 9-81
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	DISCUS T		and an	and the second
	MARK	NAME (RESIDENCE)	AGE	MEET DATE
35-39		69.60 FAINA MYELNIK(URS)	35	9- 9-80
40-44		62.92 HELGI PARTS(URS) 48.94 ODE1E DOMINGOS(BRA)	41	10- 4-78 4- 8-82
45-49		38.84 MARIANNE WERNER(WG)	53	6-16-77
50-54		33.02 RUTH SVEDBERG(SWE)	55	58
55-59		30.86 ANNCHEN REILE(WG)	60	10-19-75
60-64	and the second sec	28.90 ANNCHEN REILE(WG)	66	8- 9-81
70		20.24 VERA WISCHMANN(WG)	70	7.16.82
104	60-0	20.24 VERA WISCHMANNE WST	10	1. 11. 02
	JAVELIN	TUDOW		
DIV.		NAME (RESIDENCE)	AGE	MEET DATE
35-39		58.94 ANNELIESE GERHARDS(WG)	37	8-13-72
40-44		51. 10 DANA ZATOPKOVA(CZE)	42	9-19-64
45-49		47.74 ANNELIESE GERHARDS(WG)	45	5-30-81
45-45	the second se	36.22 SYLVIA WHITE(AUS)	51	1-12-81
55-59		36.14 LENA GROBLER(S. AFR.)	57	5- 2-81
60-64	and the second se	25.40 ANNCHEN REILE(WG)	62	8-10-77
65-69		25.80 HANNA GELBRICH(WG)	65	8- 6-80
70	and the second se	23.38 VERA WISCHMANN(WG)	70	7-15-82
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None of the marks listed below are included in the official world records because documentation has not yet been received by the WAVA Records Committee from the V World Veterans Games organizers. These marks are therefore "pending" records, which will be approved when documentation is received.

		RECORDS SET AT V PUERTO RICO - S				
	1	A Start Page	-	New	01d	1
vent	Age	Name	Nation	Mark	Mark	Beld by
100	M45	Ken Dennis	USA	10.92	11.0	Thane Baker
	M70	Gilberto Gonzelez	PR	13,44	13,5	Fred Reid
	MBO	Konrad Boas	USA	16.40	16,5	Herb Anderson
	W55	Lieselotte Seuberlic		14,36	14.6	Ruth Cortstian
	W60	Paula Schneiderban	FRG	14,47	15,2	Atleen Hogan
200	M60	Konrad Boas	USA	33.75	35,4	Arling Pitcher
1	W50	Daphne Pirie	AUS	27.65	27.86	Maeve Kyle
	W55	Lieselotte Seuberlic		29.59		Kirsten Hveem
	W60	Paula Schneiderban	FRG	30,26	31.1	Atleen Hogan
	W65	Winifred Retd	SA .	33,67	34.7	Winifred Reid
400	M40	Manuel Ulacio	VEN	49.00		Jim Burnett
Trans	M45	Reggie Austin	AUS	50.51	51.0	Nick Newton
	M60	Aileen Hogan	AUS	75.70		Elizabeth Haule
	W70	Polly Clarke	USA	84,23	85.7	Polly Clarke
800	W60	Erika Werner	FRG	3:00,06	3:01.0	Britta Tibbling
1500	W65	Britta Tibbling	SME	6:22.20	6:59.0	Johanna Luther
	₩70	Johanna Luther	FRG	6:47.10	7:31.9	Polly Clarke
5000	N75	Ed Benham	USA	20:59.00	21:19.0	Luis Rivera
	W70	Johanna Luther	FRG	24:58.26	28:33.8	Bess James
10000	W70	Johanna Luther	FRG	51:03.00	59:20.7	Ailsa Forbes
3000H	M50	Maurice Morrell	GBR	10:00.20	10:04.2	Maurice Morrell
110H	140	Fiorenzo Marchest	SWI	14.69	14.7	Leopold Marien
	M55	Jack Greenwood	USA	16.15	16.6	Andre Findelt
400H	-	Jack Greenwood	USA	59.85	62.3	Andre Findel1
	M70	Gilberto Gonzalez	PR	77.50	84.1	Wilfred Bigelow
1	1000	Nazumi Morita	JPN	4.83		Josef Sahlman
- W	M70 M75		IND	4,28		Gulab Singh
	W55	Lieselotte Seuberlic		4.40		Kirsten Hveem
	M60	Paula Schneiderhan	FRG	4.35	3.64	Elizabeth Haule
	W70	Johanna Gelbrich	FRG	2.97	2.4	Edith Mendyka
TA	M70	Hazumi Morita	JPH	9.79	9.03	Taraki Miyata
		Marianne Hamm	FRG	11.21		M. Van As
SHUT	W55	Isuzu Tsujii	JPN	9.95		Edith Mendyka
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DISC	M75	Karsten Broderson Johanna Gelbrich	FRG	20.00		Verner Anderson
100	W70	a second s		- Contraction		Edith Mendyka
HW	1 M50	Hans Potsch	AUS	57.40	-57.30	Malik Noor
	M70	Aarne Miettinen	FIN	44.78 39.05	40,22	Olay Reppen Stan Hermann
	M75	Karsten Brodersen		1 Contractor	13.250	
JAI	1 160	Aloysius Sibidol	BRU	54.51		Aloystus Stbide
	M70	Gerhard Schepe	FRG	41.08 24.97		Bob MacConnaghy
	W70	Johanna Gelbrich	PRO	24.2	21,8	Edith Mendyka

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World Association of Veteran Athletes

84

AMERICAN TRACK & FIELD AGE-GROUP RECORDS

Compiled by Peter Mundle and the Records Subcommittee of the TAC Masters T&F Committee

through performances verified as of May 1, 1984

		AMERICAN FIVE YEAR AGE GROUP RECORDS		- Contract	DIV.	and the second of the second se	NAME (RESIDENCE)	AGE	MEET DATE
DIV.	100 YARDS MARK	NAME(RESIDENCE)	AGE	MEET DATE		8:31.5 8:50.0	RAMSEY THOMAS(CANTONSVILLE.MD) HAL HIGDON(MICHIGAN.IN)	44	7 13 75
35-39	9.7	WALT BUTLER (ALTADENA.CA)	37	6-11-78	45-49 50-54	9:14.2 8:53.8	PETER MUNDLE(VENICE.CA) RAY HATTON(BEND.OR)	46 50	1-18-75
10-44	9.8 9.8	THANE BAKER(DALLAS.TX) PERCY KNOX(EDWARDS.CA)	41	7-13-74 7-11-75		10:12.6	KEN CARMAN(GARDEN CITY, MI)	55	5- 6-83
15-49	10.0	THANE BAKER (DALLAS, TX)	46	5 27-78	60-64	10:47.0	BILL ANDBERG(ANOKA, MN)	64	8 13 75
50-54	10.5	ALPHONSE JUILLAND(STANFORD,CA) EDMUND SCHULER(ST.PETERSBURG,FL)	50	8-18-73 7-26-78	65-69 70-74	10:51.0	NORMAN BRIGHT(SEATTLE,WA) HAROLD CHAPSON(HONOLULU)	65 73	G-17-75 3-28-76
55-59	10.7	PAYTON JORDAN(LOS ALTOS, CA)	55	3-25-72	75-79	13:06.4	RICHARD BREDENBECK (INDEPENDENCE, OH)	75	6 13 81
	10.7	ALFRED GUIDET(PETALUMA, CA)	55	7-14 73	80+	14:39.0	PAUL SPANGLER(SAN LUIS OBISPO.CA)	80	7-22-79
60-64	10.7	CHARLES BEAUDRY(EDINBURG,TX) PAYTON JORDAN(LOS ALTOS,CA)	55 61	8 10-74 5- 6-78					
5-69	12.1	HARRY KOPPEL (BELMONT, CA)	56	7-19-79		2 MILES			
10-74	13.4	BARRY IVERS(BREWER,ME) HERBERT ANDERSON(BELLVUE.CO)	72	8- 6-83 10- 1-77	DIV. 1	9:21.4	NAME(RESIDENCE) GLYNN WOOD(WASH.,DC)	AGE	MEET DATE
80+	15.1	HERBERT ANDERSON(BELLVUE.CO)	80	7-24-82	Carlos Carlos	9:17.6N	RAY HATTON (BEND, OR)	40	1 1-72
						9:37.8	DENNY MEYER(SEATTLE, WA)	45	5 5 78
DIV.	100 METERS	NAME (RESIDENCE)	AGE	MEET DATE	50-54 55-59	10:15.2	DAVID STEVENSON(PALO ALTO.CA) BILL MCCHESNEY(EUGENE.OR)	50 55	7-26 79
5-39	10.3	RUBEN WHITNEY (SAN MARINO.TX)	35	6-14-80	60-64	11:09	DON LONGENECKER(SILVER CITY, NM)	62	6 25 78
0-44	10.7	THANE BAKER(DALLAS,TX) THANE BAKER(DALLAS,TX)	41	9-13-72	65-69 70-74	11:30.0N 12:40.0	MONTY MONTGOMERY (SHERMAN DAKS.CA) HAROLD CHAPSON (HONOLULU)	36 73	3-25-73
0-54	11.3	THANE BAKER(DALLAS, TX)	48	6-14-BO 9-24-82	75-79	14:30	LOU- GREGORY (PENSACOLA, FL)	76	9-30-78
5-59	11.6	PAYTON JORDAN(LOS ALTOS, CA)	58	6-23-73	80+	15:47.2	PAUL SPANGLER (SAN LUIS OBISPO, CA)	80	7 - 22 - 79
0-64	11.6N 11.8	ALFRED GUIDET(CALIFORNIA CITY.CA) PAYTON JORDAN(LOS ALTOS.CA)	56	6-22-74 5-27-78	1				
5-69	12.6	PAYTON JORDAN(LOS ALTOS.CA)	65	6-12-82	and the second	2 MILES			
0-74	13.6	HARRY KOPPEL (BELMONT, CA)	70	6-25-83	DIV.	3 MILES MARK	NAME (RESIDENCE)	AGE	MEET DATE
5-79 80+	14.3	JOSIAH PACKARD(SAN FRANCISCO) JOSIAH PACKARD(SAN FRANCISCO)	75	6-23-79 2-25-84	35-39	13:44.2	PETER MCARDLE (NYC, NY)	35	6-11 6
					40-44	14:29.2	RAY HATTON(BEND.OR) PETER MUNDLE(VENICE.CA)	42	6-15-74
DTV	200 METERS		105		and the second sec	15:37.8	JAMES O'NEIL (SACRAMENTO, CA)	50	1 10-71
DIV. 5-39		NAME(RESIDENCE) DELANO MERIWETHER(US)	AGE	MEET DATE 6 9-78	55-59	16:51.2	CLIVE DAVIES(PORTLAND, OR)	59	7-13-75
0-44	22.3Y	THANE BAKER(DALLAS,TX)	42	7-13-74	60-64	16:59.2 17:59.2	DON LONGENECKER(SILVER CITY, NM) NORMAN BRIGHT(SEATTLE, WA)	62 65	6 25-78
5-49	22.9 22.9	RICHARD STOLPE(OMAHA,NB) MILTON NEWTON(INGLEWOOD,CA)	45	6-20-70	70-74	19:20	JOHN STEVENS(US)	70	6-16-7
0-54	23.4	THANE BAKER(DALLAS, TX)	46	6-22-80 9-5-82	officers and in the other	21:10.8	LOU GREGORY (PENSACOLA, FL)	75	5 6 - 7
5-59	23.6	ALFRED GUIDET (PETALUMA, CA)	55	6-24-73	80+	24:08.2	PAUL SPANGLER(SAN LUIS OBISPO, CA)	80	7-22-7
0-64 5-69	24.9	PAYTON JORDAN(LOS ALTOS.CA) PAYTON JORDAN(LOS ALTOS.CA)	60 65	6-19-77 6-12-82	- In all			1112	
0-74	28.4	HARRY KOPPEL (BELMONT, CA)	70	10- 1-83	1 18 1	5000 METERS			
5-79	29.5	JOSIAH PACKARD(SAN FRANCISCO)	75	6-24-79	DIV.		NAME (RESIDENCE)	AGE	MEET DAT
80+	32.3	JOSIAH PACKARD(SAN FRANCISCO)	80	2-18-84	35-39	13:51.7	MIKE MANLEY (EUGENE, DR)	38	6-1-8
		and an and a second second			40-44		HAL HIGDON(MICHIGAN CITY, IN) RAY HATTON(BEND, OR)	41	8-25-73 8-2-80
	400 METERS					16:11.0	PETER MUNDLE(VENICE,CA)	51	5-31 7
01V. N 5-39	48.74	NAME (RESIDENCE) DENNIS DYCE (NY)	AGE 35	MEET DATE	1520-1 Tarret	16:27.1	JAMES O'NEIL (SACRAMENTO, CA)	55 64	1 12 8
)-44	49.36	JAMES BURNETT (PHILADELPHIA, PA)	41	8-15-81	60-64		CLIVE DAVIES(PORTLAND, OR) WILLIAM ANDBERG(ANDKA, MN)	65	7 4 7
	51.0 52.9	MILTON NEWTON(INGLEWOOD, CA)	46	7- 5-80	70-74	20:05.4	RAY SEARS(CHICAGO)	70	8-8-7
	54.56	JACK GREENWOOD(MENDECINO LUDGE,KS) RUDOLPH VALENTINE(NYC,NY)	51	8 10-77 6- 9-79	75-79	21:53.0 24:05.4	LOU GREGORY (PENSACOLA, FL) HAROLD CHAPSON (HONDLULU)	75 80	5- 6-7
	58.4	JOHN ALEXANDER (MCCAMEY, TX)	61	6-27-81	801	24.03.4	HARDED CHAPSON(HONDEDED)		10 24 0
5-69)-74	63.83	FRANK FINGER(CHARLOTTESVILLE.VA) JOSIAH PACKARD(SAN FRANCISCO)	65	1-13-81	ALL STREET				
5-79	68.5	JOSIAH PACKARD(SAN FRANCISCO)	73	8-10-77 6-23-79	1.				
80+	75.4	HAROLD CHAPSON (HONOLULU, HA)	80	7 9-83	1.	6 MILES			
	BOO METERS	a second to the second for the				MARK 28:02.4	NAME (RESIDENCE) PETER MCARDLE (NYC. NY)	AGE	a name of the same of the loss of the
IV. M	ARK	NAME (RESIDENCE)	AGE	MEET DATE	40-44		RAY HATTON (BEND, OR)	35 43	5- 3-6
	1:52.1	RALPH LEE(CA)	37	679	45-49		RAY HATTON (BEND. OR)	45	6-11-7
	1:54.9 1:58.1N	GEORGE COHEN(INGLEWOOD, CA) BILL FITZGERALD(PALOS VERDES, CA)	40	8-16-80 7-6-73	50-54		PETER MUNDLE(VENICE.CA) CLIVE DAVIES(PORTLAND.OR)	50	
-54	2:01.1	BILL FITZGERALD(PALOS VERDES.CA)	50	6-29-75	60-64		JAMES OLESON(SANTA MONICA, CA)	59 60	
	2:08.9 2:19.0	BILL FITZGERALD(PALOS VERDES.CA) JACK RICE(TAMPA.FL)	55	7- 5-80	65-69	38:17.4	NORMAN BRIGHT (SEATTLE, WA)	65	7-12-7
	2:25.3	FRANK FINGER(CHARLOTTESVILLE, VA)	61	8-13-82 7-5-80	70-74		EDWARD BENHAM(OCEAN CITY, MD) LOU GREGORY(PENSACOLA, FL)	73 76	
	2:34.5	MONTY MONTGOMERY (SHERMAN DAKS, CA)	. 71	9- 4-77			Loo Cheschillenshould they	10	3-30-
	2:40.0	HAROLD CHAPSON(HONOLULU) HAROLD CHAPSON(HONOLULU)	75	5-14-78			a June - and a state		
		ANALO CHAPSONTHUNDEDEDT	80	7-11-82	1.2 1	10 000 11575	DC TO THE REAL PROPERTY AND A DESCRIPTION OF THE REAL PRO		
-	1500 METERS	and the second second	the lot		DIV.	10.000 METEL MARK	NAME (RESIDENCE)	AGE	MEET DAT
DIV.		NAME (RESIDENCE)	AGE	MEET DATE	35-39	29:03.4	PETER MCARDLE(NYC,NY)	35	5- 3-0
	3:52.7	RAMSEY THOMAS(CANTONSVILLE, MD)	35		40-44		RAY HATTON (BEND, OR)	43	and the second sec
	3:59.8	ERNEST BILLUPS(CHICAGO)	14	8-16-81	50-54		RAY HATTON(BEND,OR) RAY HATTON(BEND,OR)	45	
	4:05.8	ERNEST BILLUPS(CHICAGO) RAY HATTON(BEND, OR)	45		55-59	35:03.2	JAMES O'NEIL (SACRAMENTO, CA)	55	
	4:28.7	BILL FITZGERALD(PALOS VERDES, CA)	55		60-64		CLIVE DAVIES(PORTLAND, OR)	63	
	4:49.8	DON LONGENECKER(SILVER CITY,NM) WILLIAM ANDBERG(ANOKA,MN)	62	6-24-78	70-74		NORMAN BRIGHT(SEATTLE,WA) RAY SEARS(CHICAGD)	66 70	
)-74	5:21.1	HAROLD CHAPSON(HONOLULU)	65 73		75-79	46:10.8	CHARLES HACKENHEIMER (CENTRAL SO. , NY) 76	
5-79	5:30.1	HAROLD CHAPSON(HONOLULU)	75		80+	49:22.8	PAUL SPANGLER(SAN LUIS OBISPO.CA)	80	7-6-
80+	6:12.2	HAROLD CHAPSON(HONOLULU)	80	and and and and		A set the	where and the second second		
	1 MILE	and the second s			Stars-				
DIV. I		NAME (RESIDENCE)	AGE	MEET DATE	The Aven	ONE HOUR RL	N. A.		
	4:12.4	RAMSEY THOMAS(CANTONSVILLE, MD) RAY HATTON(BEND, OR)	35	7-26-79		MARK	NAME (RESIDENCE)		MEET DA
5-49	4:29.5N	BILL FITZGERALD(PALOS VERDES, CA)	43	and the second se	35-39		18.681 KEN MUELLER(BELLINGHAM, MA) 18.379 RAY HATTON(BEND, OR)		15 5-13
	4:32.2	BILL FITZGERALD(PALOS VERDES, CA)	50		45-4	and the second second second	17.907 HAL HIGDON(MICHIGAN CITY, IN)		14 8- 7 18 6-26
5-59 0-64	4:56.1 5:15.2	BILL MCCHESNEY(EUGENE.OR) CLIVE DAVIES(PORTLAND.OR)	55	7-22 83	50-54	The second s	17.314 PETER MUNDLE(VENICE, CA)	5	io 10- 1
	5:22N	MONTY MONTGOMERY (SHERMAN DAKS, CA)	63 65	Contract of Contract of Contract	55-5	9 10-775 9 2:42:08	16.802 JAMES O'NEIL(SACRAMENTO, CA)		6 8-4
5-69		UAND, CA	00	4- 8-12	00 0	2.72.00	CLIVE DAVIES(PORTLAND, OR)	65	i 4-20-
)-74	5:42.2 6:15.1	MONTY MONTGOMERY (SHERMAN OAKS, CA) HAROLD CHAPSON (HONOLULU)	70	7-9-77	70-7	4 3:07:03	MONTY MONTGOMERY (SHERMAN DAKS, CA)	71	1 10 16

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National Masters News

page 25

2000 NETER STEER FOLIASE	
3000 METER STEEPLECHASE DIV. MARK NAME(RESIDENCE) AGE MEET DATE	DISCUS THROW (35-49) 2KG (50-59) 1.6KG (60+) 1KG DIV. MARK NAME(RESIDENCE) AGE MEET DATE
35-39 8:38.8 MIKE MANLEY(EUGENE, OR) 38. 80 40-44 9:18.6 HAL HIGDON(MICHIGAN CITY, IN) 44 8-15-75	35-39 227-2 69.24 ART SWARTS(NU) 35 5-31-80 40-44 227-11 69.48 AL DERTER(NY) 43 5-31-80
45-49 9:39.0 HAL HIGDON(MICHIGAN CITY, IN) 46 8-11-77 50-54 10:53.2 DAVE STEVENSON(PALO ALTO, CA) 52 1-14-81	45-49 216-11 66.12 AL DERTER(NY) 45 3-28-82 50-54 177-9 54.18 FORTUNE GORDIEN(SAN BERNARDING, CA)50 4-28-73
55-59 11:06 KEN CARMAN(GARDEN CITY,MI) 55 7-30-83 60-64 12:33.2 BOB BOAL(WAKE FOREST,NC) 64 4-3-76	55-59 151-6 46.18 GEORGE KER(GRANADA HILLS, CA) 55 6-25-78
65-69 12:24.8 NORMAN BRIGHT (SEATTLE, WA) 65 8-15-75	65-69 141-10 43.24 KEN CARNINE (SACRAMENTO, CA) 65 6- 3-73
70-74 14:34.7 WILFRED BIGELOW(BERKELEY, CA) 70 1-9-81 75-79 19:04.8 LOU GREGORY(PENSACOLA,FL) 76 8-20-78	70-74 132-6 40.38 VERNON CHEADLE(S. BARBARA.CA) 70 6-7-80 75-79 118-0 35.96 A. REDMOND DOMS(CULVER CITY.CA) 75 5-8-82
	80+ 84-4 25.70 JOHN WHITTEMORE (SANTA BARBARA, CA) 80 12- 2-79
110 METER HURDLES (35-39) 42" (40-49) 39" (50-59) 36" (60+) 30"	
DIV. MARK NAME (RESIDENCE) AGE MEET DATE 35-39 15.2Y HUGH ADAMS (REEDLEY, CA) 35 6 11 75	HAMMER THROW (35-59) 16# (60+) 12# DIV. MARK NAME(RESIDENCE) AGE MEET DATE
40-44 14.67 WALT BUTLER(ALTADENA,CA) 40 8-8-81 45-49 15.0 JACK GREENWOOD(MENDECINO LODGE,KS) 46 9-14-72	35-39 232-5 70.84 HAROLD CONNOLLY (SANTA MONICA.CA) 37 7-20-69
50-54 15.1 JACK GREENWOOD (MENDECINO LODGE, KS) 51 8 10-77	45-49 189-9 57.84 HAROLD CONNOLLY (SANTA MONICA (A) 45 5-1 77
55-59 16.8 CHARLES BEAUDRY(EDINBURG,TX) 55 8-24-74 60-64 16.38 TOM PATSALIS(ALHAMBRA,CA) 61 5-21-83	50-54 182-6 55.62 BOB BACKUS (PEMBROKE, MA) 50 6-12-77 55-59 175-0 53.34 BOB BACKUS (PEMBROKE, MA) 55 8-9-81
65-69 18.28 AL GUIDET (CALIFORNIA CITY, CA) 65 5-21-83 70-74 21.5 RICHARD LACEY (PELHAM, NY) 70 6-14-80	60-64 151-1 46.06 THOMAS MCDERMOTT (MADISON, CT) 64 8-14 82 65-69 126-10 38.66 NOLAN FOWLER (COOKEVILLE, TN) 67 1-14-80
75-79 20.83 RUSSELL MEYERS(PENSACOLA,FL) 77 5-9-81 80+ 26.0 HERBERT ANDERSON(BELLVUE,CO) 80 7-24-82	70-74 104-1 31.72 STANLEY HERRMANN (SANTA BARBARA, CA)71 10- 4 75
	75-79 97-5 29.77 STANLEY HERRMANN(SANTA BARBARA,CA)75 5-12-79 80+ 66-3 20.19 JOHN WHITTEMORE(SANTA BARBARA,CA) 80 6-7-80
400 METER HURDLES (35-49) 36" (50-59) 33" (60+) 30" DIV. MARK NAME(RESIDENCE) AGE MEET DATE	HUT IN TURNE (25 50) BOD STANS (COL) 500 CRANS
35-39 52.5 RON WHITNEY (CALISTOGA.CA) 35 5 29-78	JAVELIN THROW (35-59) 800 GRAMS, (60+) 600 GRAMS DIV. MARK NAME(RESIDENCE) AGE MEET DATE
40-44 55.9 RON WHITNEY(CALISTOGA,CA) 40 10.26 83 45-49 55.7 JACK GREENWOOD(MENDECIND LODGE,KS) 46 8.24-72	35-39 268-1 81.72 WILLIAM FLOERKE(SHAWNEE MISSION,KS35 7 21-79 40-44 242-9 74.00 LARRY STUART(CA) 41 6- 9-73
50-5458.1JACK GREENWOOD (MENDECIND LODGE,KS)507-3-7655-5963.2RICHMOND MORCOM (PHILADELPHIA)556-27-76	45-49 211-4 64.42 LARRY STUART (EL TORO, CA) 45 5-21-83 50-54 173-9 52.96 BILL MORALES (SANTA ANA, CA) 51 7-3-68
60-64 69.1 BUD DEACON(HONOLULU,HI) 63 6-23-74	55-59 180-9 55.10 BILL MORALES(SANTA ANA.CA) 56 4-19-73
69.1 ROBERT HUNT (ANAHEIM, CA) 60 8-17-80 65-69 73.22 GEORGE BRACELAND (DREXEL HILL, PA) 65 7-29-79	60-64 177-5 54.08 BILL MORALES(SANTA ANA.CA) 60 7-9-77 65-69 135-0 41.16 BOB MACCONNAGHY (REDONDO BEACH.CA) 68 1-8-77
70-74 82.7 CLAUDE HILLS(FLOURTOWN,PA) 71 9 9 11-83 75-79 89.58 RUSSELL MEYERS(PENSACOLA,FL) 77 5- 9-81	70-74 132-0 40.24 BOB MACCONNAGHY (REDONDO BEACH, CA) 70 6-24-78 75-79 108-0 \$2.92 EMERY CURTICE (CALISTOGA, CA) 75 7 24-82
80+ 1:51.0 HERBERT ANDERSON(BELLVUE.CD) 80 7-24 82	80+ 94-6 28.80 HERBERT ANDERSON(BELLVUE, CD) 80 7-24-82
HIGH JUMP	DECATHLON(IAAF SCORING TABLES)
DIV. MARK NAME (RESIDENCE) AGE MEET DATE 35-39 6-8 3/4 2.05 JOHN DOBROTH (VENTURA, CA) 38 5-13-79	DIV. MARK NAME (RESIDENCE) AGE MEET DATE
40-44 6-8 2.03 JOHN DOBROTH(VENTURA, CA) 40 7-8-81	40-44 5212 DAVE THORESON(SANTA BARBARA, CA) 40 6-6-81
45-49 6-2 3/4 1.90 HERM WYATT(LOS GATOS,CA) 48 4-19-80 50-54 6-2 1.88 HERM WYATT(LOS GATOS,CA) 51 8-20-83	45-49 5363 ED DLEATA(LA JOLLA,CA) 45 8-28-82 50-54 4951 RICHMOND MORCOM(PHILADELPHIA) 50 3-12-72
55-59 5-6 1/2 1.69 RICHMOND MORCOM(PHILADELPHIA) 55 7-27-76 60-64 5-2 3/4 1.59 BURL GIST(SAN MARCOS,CA) 64 4-28-84	55-59 5246 RICHMOND MORCOM(PHILADELPHIA) 55 9-11-76 60-64 4552 RICHMOND MORCOM(PHILADELPHIA) 61 8 28 82
65-69 4-8 1/4 1.43 STAN THOMPSON(HONOLULU,HI) 67 5-7-78	65-69 2783 CLAUDE HILLS(FLOURTOWN, PA) 65 6-24-77
70-74 4-6 1.37 WESLEY WARD(IN) 70 7-5-80 75-79 4-3 1/4 1.30 HERBERT ANDERSON(BELLVUE, CO) 75 3-24-78	75-79 1659 HERBERT ANDERSON(BELLVUE, CO) 75 3-24-78
80+ 3-11 1/4 1.20 PERBERT ANDERSON(BELLVUE, CO) 80 8-29-82	80+ 851 JOHN WHITTEMORE (SANTA BARBARA.CA) 80 12- 1-79
FOLE VAULT	PENTATHLON(TAAF SCORING TABLES)
DIV. MARK NAME (RESIDENCE) AGE MEET DATE 35-39 16-1 4.90 BOB NEUTZLING(US) 36 5-31-80	DIV. MARK NAME (RESIDENCE) AGE MEET DATE 35-39 2999 REX HARVEY (DES MOINES.14) 35 8-9-81
40-44 15-1 1/4 4.60 ROGER RUTH(US, VICTORIA, CAN) 44 9-7-72 45-49 15-0 4.57 ROGER RUTH(US, VICTORIA, CAN) 45 7-21-73	40-44 2933 GARY MILLER(N. HOLLYWOOD, CA) 43 8-16-81 45-49 2454 HARRY HAWKE(SAN DIEGO) 45 7 6-74
50-54 14-4 4.37 VIC COOK(WOODLAND HILLS,CA) 50 7-25-82 55-59 13-6 1/4 4.12 RICHMOND MORCOM(PHILADELPHIA) 55 8-4-76	50-54 2251 RICHMOND MORCOM(PHILADELPHIA) 54 4 2 76
60-64 12-3 3.73 RICHMOND MORCOM(PHILADELPHIA) 60 5-16-81	60-64 2182 JOHN ALEXANDER (MCCAMEY, TX) 61 5-8-81
65-69 11-6 3.50 JIM VERNON(WEST COVINA,CA) 65 1-31-82 70-74 9-8 1/2 2.96 DON HUMMEL(CANTON,OH) 70 8-7-82	65-69 1298 CLAUDE HILLS(FLOURTOWN, PA) 68 7-4-80 70-74 987 CLAUDE HILLS(FLOURTOWN, PA) 71 7-23-83
75-79 7-0 2.13 MERT GAMBITO(US) 75 10- 4-80 80+ 6-1 1.85 A. E. PITCHER(INDIANAPOLIS, IN) 81 9-17-83	75-79 722 HERBERT ANDERSON(BELLVUE.CO) 75 8-12-77 80+ 563 HERBERT ANDERSON(BELLVUE.CO) 80 9 4-82
LONG JUMP	
DIV. MARK NAME (RESIDENCE) AGE MEET DATE 35-39 25-11 7.90 TOM CHILTON (KNOXVILLE, TN) 35 6-8-72	WOMENS AMERICAN FIVE YEAR AGE GROUP RECORDS
40-44 24-4 3/4 7.43 TOM CHILTON(KNOXVILLE, TN) 40 3-24-78 45-49 21-11 6.68 SHIRLEY DAVISSON(VICTORVILLE, CA) 45 10-4-75	the second state of the se
50-54 21-1 6.42 SHIRLEY DAVISSON(VICTORVILLE.CA) 50 4-12-80	100 YARDS
55-59 20-1/4 6.10 TOM PATSALIS(ALHAMBRA.CA) 59 7-18-81 60-64 19-11 6.07 TOM PATSALIS(ALHAMBRA.CA) 60 7-10-82	DIV. MARK NAME (RESIDENCE) AGE MEET DAIL 35-39 12.3 ALMETA PARISH(SAN FRANCISCO) 38 5 17 75
65-69 16-2 1/2 4.94 JOHN SATTI(SAN FRANCISCO) 65 7-21-79 70-74 14-10 1/4 4.53 CLAUDE HILLS(FLOURTOWN, PA) 70 7-3-82	40-44 11.4 IRENE OBERA(OAKLAND.CA) 42 5 15-76 45-49 11.7 IRENE OBERA(MORAGA,CA) 45 4 28-79
75-79 12-10 1/2 3.92 HERBERT ANDERSON(BELLVUE, CO) 75 8-5-78 80+ 11-7 3.53 WALT WESBROOK(CA) 80 6-24-78	50-54 13.5 SHIRLEY KINSEY(LA CRESCENTA.CA) 51 2-7-81 55-59 15.5 SHIRLEY DIETDERICH(BERKELEY.CA) 55 7-29-82
80 8-24-78	60-64 14.7 JOSEPHINE KOLDA(SAN FRANCISCO.CA) 64 5 1-82
	65-69 15.2 POLLY CLARKE(LOVELAND,CO) 67 5-21-78 70+ 26.6 MARILLA SALISBURY(SAN DIEGO,CA) 73 8-1-81
DIV. MARK NAME (RESIDENCE) AGE MEET DATE 35-39 49-11 1/2 15.23 DAVE JACKSON(CARSON, CA) 36 5-16-68	
40-44 46-11 14.30 DAVE JACKSON(CARSON, CA) 41 7-7-73 45-49 45-2 1/4 13.77 DAVE JACKSON(CARSON, CA) 45 8-11-77	100 METERS DIV. MARK NAME(RESIDENCE) AGE MEET DATE
50-54 43-3 1/2 13.19 DAVE JACKSON(CARSON, CA) 50 7-10-82 55-59 41-5 12.62 GORDON FARRELL(VAN NUYS, CA) 57 1-8-75	35-39 11.9 PHIL RASCHKER(ATLANTA, GA) 36 6 25-83
60-64 39-3 11.96 TOM PATSALIS(ALHAMBRA,CA) 60 7-10-82	45-49 12.63 IRENE OBERA (MORAGA, CA) 45 7-79
70-74 29-5 8.96 WINFIELD MCFADDEN(SAN DIEGO.CA) 70 6-29-75	50-54 14.8 RUTH CHRISTIAN(CORONA,CA) 53 6-26-77 55-59 14.6 RUTH CHRISTIAN(CORONA,CA) 55 8-18-79
75-79 28-2 3/4 8.60 WINFIELD MCFADDEN(SAN DIEGO.CA) 75 8-17-80 80+ 22-8 6.91 HERBERT ANDERSON(BELLVUE.CO) 80 7-24-82	60-64 15.5 JOSEPHINE KULDA(SAN FRANCISCO,CA) 63 10 3-81 65-69 16.1 POLLY CLARKE(LOVELAND,CO) 67 5-678
	70+ 16.2 POLLY CLARKE(LOVELAND.CO) 70 4-17-81
SHOT PUT (35-49) 16# (50-59) 12# (60+) 8#	
	200 METERS
DIV. MARK NAME (RESIDENCE) AGE MEET DATE 35-39 72-3 22.02 BRIAN OLDFIELD (CA) 35 5 16-81	DIV. MARK NAME (RESIDENCE) AGE MEET DATE
DIV. MARK NAME (RESIDENCE) AGE MEET DATE 35-39 72-3 22.02 BRIAN OLDFIELD (CA) 35 5 16-81 40-44 58-10 1/2 17.94 CARL WALLIN (HANDVER, NH) 40 10-4-81	
DIV. MARK NAME (RESIDENCE) AGE MEET DATE 35-39 72-3 22.02 BRIAN OLDFIELD (CA) 35 5 16-81 40-44 58-10 1/2 17.94 CARL WALLIN (HANOVER, NH) 40 10-4-81 45-49 49-1 1/2 14.97 GEORGE KER (GRANADA HILLS.CA) 49 5-20-72 50-54 54-6 1/2 16.62 GEORGE KER (GRANADA HILLS.CA) 51 6-10-74	DIV. MARK NAME (RESIDENCE) AGE MEET DATE 35-39 24.8 PHIL RASCHKER(ATLANTA.GA) 36 6-26-83 40-44 26.1 IRENE OBERA(OAKLAND.CA) 42 7-4-76 45-49 26.21 IRENE OBERA(MORAGA.CA) 47 1-13-81
DIV. MARK NAME (RESIDENCE) AGE MEET DATE 35-39 72-3 22.02 BRIAN OLDFIELD(CA) 35 5 16-81 40-44 58-10 1/2 17.94 CARL WALLIN(HANOVER, NH) 40 10-4-81 45-49 49-1 1/2 14.97 GEORGE KER(GRANADA HILLS.CA) 49 5-20-72 50-54 54-6 1/2 16.62 GEORGE KER(GRANADA HILLS.CA) 51 6-10-74 55-59 51-8 15.75 GEORGE KER(GRANADA HILLS.CA) 55 5-13-78 60-64 55-4 16.86 GEORGE KER(GRANADA HILLS.CA) 60 5 21-83	DIV. MARK NAME (RESIDENCE) AGE MEET_DATE 35-39 24.8 PHIL RASCHKER(ATLANTA,GA) 36 6-26-83 40-44 26.1 IRENE DBERA(OAKLAND,CA) 42 7-4-76 45-49 26.21 IRENE DBERA(MORAGA,CA) 47 1-13-81 50-54 31.7 SHIRLEY KINSEY(LA CRESCENTA,CA) 50 4-19-80 31.7 CHRIS MCKENZIE(GREAT NECK,NY) 52 9-18-83
DIV. MARK NAME (RESIDENCE) AGE MEET DATE 35-39 72-3 22.02 BRIAN OLDFIELD(CA) 35 5 16-81 40-44 58-10 1/2 17.94 CARL WALLIN(HANOVER,NH) 40 10-4-81 45-49 49-1 1/2 14.97 GEORGE KER(GRANADA HILLS.CA) 49 5-20-72 50-54 54-6 1/2 16.62 GEORGE KER(GRANADA HILLS.CA) 51 6-10-74 55-59 51-8 15.75 GEORGE KER(GRANADA HILLS.CA) 55 5-13-78	DIV. MARK NAME(RESIDENCE) AGE MEET_DATE 35-39 24.8 PHIL RASCHKER(ATLANTA,GA) 36 6-26-83 40-44 26.1 IRENE OBERA(OAKLAND,CA) 42 7 4-76 45-49 26.21 IRENE OBERA(MORAGA,CA) 47 1-13-81 50-54 31.7 SHIRLEY KINSEY(LA CRESCENTA,CA) 50 4-19-80 31.7 CHRIS MCKENZIE(GREAT NECK,NY) 52 9-18-83 55-59 35.0 SHIRLEY DIETDERICH(BERKELEY,CA) 55 7-24-82 60-64 33.3 JOSEPHINE KOLDA(SAN FRANCISCO,CA) 63 2-27-82
DIV. MARK NAME (RESIDENCE) AGE MEET DATE 35-39 72-3 22.02 BRIAN OLDFIELD(CA) 35 5 16-81 40-44 58-10 1/2 17.94 CARL WALLIN(HANOVER, NH) 40 10-4-81 45-49 49-1 1/2 14.97 GEORGE KER(GRANADA HILLS.CA) 49 5-20-72 50-54 54-6 1/2 16.62 GEORGE KER(GRANADA HILLS.CA) 51 6-10-74 55-59 51-8 15.75 GEORGE KER(GRANADA HILLS.CA) 55 5 13-78 60-64 55-4 16.86 GEORGE KER(GRANADA HILLS.CA) 60 5 21-83 65-69 48-3 3/4 14.72 JACK THATCHER (MANHATTAN BEACH, CA) 65 10 3-81 70-74 42-3 1/2 12.89 VERNON CHEADLE (S.BARBARA, CA) 71 5 16 81 75-79 38-4 1/	DIV. MARK NAME (RESIDENCE) AGE MEET DATE 35-39 24.8 PHIL RASCHKER (ATLANTA,GA) 36 6-26-83 40-44 26.1 IRENE OBERA (OAKLAND,CA) 42 7 4.76 45-49 26.21 IRENE OBERA (OAKLAND,CA) 47 1.13.81 50-54 31.7 SHIRLEY KINSEY (LA CRESCENTA,CA) 50 4.19.80 31.7 CHRIS MCKENZIE (GREAT NECK,NY) 52 9-18.83 55-59 35.0 SHIRLEY DIETOERICH (BERKELEY,CA) 55 7-24.82 60 64 33.3 JOSEPHINE KOLDA (SAN FRANCISCO,CA) 63 2.27.82 65-69 34.7 JOSEPHINE KOLDA (SAN FRANCISCO,CA) 65 6-26.83
DIV. MARK NAME (RESIDENCE) AGE MEET DATE 35-39 72-3 22.02 BRIAN OLDFIELD(CA) 35 5 16-81 40-44 58-10 1/2 17.94 CARL WALLIN(HANOVER,NH) 40 10-4-81 45-49 49-1 1/2 14.97 GEORGE KER(GRANADA HILLS.CA) 49 5-20-72 50-54 54-6 1/2 16.62 GEORGE KER(GRANADA HILLS.CA) 51 6-10-74 55-59 51-8 15.75 GEORGE KER(GRANADA HILLS.CA) 55 5 13-78 60-64 55-4 16.86 GEORGE KER(GRANADA HILLS.CA) 60 5 21-83 65-69 48-3 3/4 14.72 JACK THATCHER(MANHATTAN BACH,CA) 65 10 3-81 70-74 42-3 1/2 12.89 VERNON CHEADLE(S.BARBARA,CA) 71 5-16-81 75-79 38-4 1/4 11.69 <t< td=""><td>DIV. MARK NAME (RESIDENCE) AGE MEET DATE 35-39 24.8 PHIL RASCHKER (ATLANTA,GA) 36 6-26-83 40-44 26.1 IRENE OBERA(OAKLAND,CA) 42 7 4-76 45-49 26.21 IRENE OBERA(OAKLAND,CA) 47 1-13.81 50-54 31.7 SHIRLEY KINSEY(LA CRESCENTA,CA) 50 4.19-80 31.7 CHRIS MCKENZIE (GREAT NECK,NY) 52 9-18.83 55-59 35.0 SHIRLEY DIETDERICH(BERKELEY,CA) 55 7-24.82 60 64 33.3 JOSEPHINE KOLDA(SAN FRANCISCO,CA) 63 2.27.82 65-69 34.7 JOSEPHINE KOLDA(SAN FRANCISCO,CA) 65 6-26.83</td></t<>	DIV. MARK NAME (RESIDENCE) AGE MEET DATE 35-39 24.8 PHIL RASCHKER (ATLANTA,GA) 36 6-26-83 40-44 26.1 IRENE OBERA(OAKLAND,CA) 42 7 4-76 45-49 26.21 IRENE OBERA(OAKLAND,CA) 47 1-13.81 50-54 31.7 SHIRLEY KINSEY(LA CRESCENTA,CA) 50 4.19-80 31.7 CHRIS MCKENZIE (GREAT NECK,NY) 52 9-18.83 55-59 35.0 SHIRLEY DIETDERICH(BERKELEY,CA) 55 7-24.82 60 64 33.3 JOSEPHINE KOLDA(SAN FRANCISCO,CA) 63 2.27.82 65-69 34.7 JOSEPHINE KOLDA(SAN FRANCISCO,CA) 65 6-26.83

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National Masters News

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400 METERS	A AND A AND A AND A AND A		50-54 38:53.6 55-59 43:09.8	MILA KANIA(WARWICK, NY) HELEN DICK(LOS ANGELES.CA)	51 6-26-80 57 7-10-82
DIV. MARK 35-39 56.8	NAME (RESIDENCE) PHIL RASCHKER (ATLANTA, GA)	AGE MEET DATE 36 6-25-03	60-64 44:51.0	PAT DIXON (BEND, OR)	53 7-16-82
10-44 59.9	IRENE OBERA (DAKLAND, CA)	42 7- 4-76	65-69 67:45 70+ 60:01	RUTH UPDEGROVE(HONOLULU) BESS JAMES(SAN JACINTO.CA)	67 4-23-78 70 7-13-80
15-49 61.1 50-54 70.9	IRENE OBERA(OAKLAND,CA) CHRIS MCKENZIE(GREAT NECK,NY)	46 8-16-80 52 9-17-83	ONE HOUR	DIM	
5-59 85.69	EDITH LEIBY (HONOLULU, HI)	57 1-13-81	DIV. MARK	NAME (RESIDENCE)	AGE MEET DATE
0-64 80.3Y 5-69 82.3	JOSEPHINE KOLDA(SAN FRANCISCO.CA) JOSEPHINE KOLDA(SAN FRANCISCO.CA)	64 5-1-82 65 10-1-83	35-39 9-1124 40-44 9-1197	15.512 MARYLIN PAUL(PORTLAND.OR) 15.579 LINDA SIPPRELLE(WASHDC)	26 7-20-7- 43 7-29-71
70+ 87.1	POLLY CLARKE(LOVELAND,CO)	73 9-17-83	45-49 9-374	14.826 DOROTHY STOCK(LA MESA.CA)	48 8- 4-8
			50-54 8-1355 55-59 7-1021	14.114 NICKI HOBSON(SAN DIEGO, CA) 12.199 MARCIE TRENT(ANCHORAGE, AK)	50 8-4-8 58 7 18-7
BOO METERS	NAME (RESIDENCE)	AGE MEET DATE	60-64 8-10	12.884 MARCIE TRENT (ANCHORAGE, AK)	61 7-28-7
5-39 2:22.0	MIKI HERVEY(DALLAS, TX)	38 1-10-81 43 1-10-81	65-69 5-1194 70+ 5-1124	9.139 EDNA BERG(BOZEMAN,NT) 9.075 FELICITAS SALIZAR(SAN DIEGO.CA	67 2-5-8) 73 8-17-8
0-44 2:22.0 5-49 2:27.8	SANDRA KNOTT(CLEVELAND,OH) MARY CZARAPATA(NEW BERLIN,WI)	43 1-10-81 45 7-5-80	107 5 1124	S.075 FELICITAS SALIZARISAN DIEGU.CA	, 13 8 17 0
0-54 2:34.2	GRETCHEN SNYDER (BERKELEY, CA)	50 4-29-84 55 7-30-83	HIGH JUMP DIV. MARK	NAME (RESIDENCE)	AGE MEET DATE
5-59 3:04.9 0-64 3:11.4	MELBA HATCH(CANTON,MI) PAT DIXON(BEND,OR)	55 7-30-83 62. 8-29-81	35-39 5-2	1.57 JOANNE GRISSOM(INDIANAPOLIS.IN)	
5-69 3:34.4 70+ 3:30.0	ALICE WERBEL(SAN LUIS OBISPO,CA) POLLY CLARKE(LOVELAND,CO)	65 10 4-90 70 8-6-82	5-2	1.57 PHIL RASCHKER(ATLANTA, GA) 1.47 JOANNE GRISSOM(INDIANAPOLIS.IN)	36 7 2 83 40 7 27-79
70+ 3.30.0	POLLI CLARKETLOVILAND, CO)	10 0-0-02	45-49 4-4	1.32 SHIRLEY SMITH(ST. PETERSBURG, FL) 47 7-16-82
		and the second second	50-54 3-9 55-59 3-8	1.14 RUTH CHRISTIAN(CORONA,CA) 1.12 JOYCE VARNEY(HONOLULU,HI)	53 6-26 77 57 9-17-83
1500 METERS	NAME (RESIDENCE)	AGE MEET DATE	60-64 3-2	0.96 VIRGINIA LANDUYT(CA)	60 5-30-81
5-39 4:40.2	CINDY DALRYMPLF (HUNOLULU)	25 6-18-77	70+ 3-0	O 1 VIVIAN NELSON(HARRISBURG, PA)	71 9-11-83
0-44 4:39.8 5-49 5:02.3	MIKI GORMAN(LOS ANGELES) MARYLIN HARBIN(MARTINEZ,CA)	42 9-377 46 2-25-84	LONG JUMP		
0-54 5:12.9	MARGARET MILLER (THOUSAND DAKS, CA)	54 6 21-80	DIV. MARK	NAME (RESIDENCE)	AGE MEET DATE
5-59 5:20.0 0-64 6:04.6	MARGARET MILLER(THOUSAND OAKS,CA) PAT DIXON(BEND,OR)	56 5- 8-82 63 6-25-82	35-39 21-4 40-44 16-10 3/4	6.50 WILLYE WHITE(US) 5.15 JOANNE GRISSOM(INDIANAPOLIS, IN)	35 10-26-74 44 7-20-83
5-69 7:13.9	ALICE WERBEL(SAN LUIS OBISPO.CA)	65 10- 4-80	45-49 15-9	4.80 IRENE OBERA (DAKLAND.CA)	45 4- 7-79
70+ 7:31.9	POLLY CLARKE(LOVELAND, CO)	72 8-8 82	50-54 10-3 1/2 55-59 11-0 1/2	3.14 ELLEN FULLER(IRVINE,CA) 3.36 RUTH CHRISTIAN(CORONA,CA)	51 7-12-80 55 8-18-79
ONE MILE			60-64 5-9	1.75 DOT CALLAN(HI)	62 12-31-80
IV. MARK	NAME (RESIDENCE)	AGE MEET DATE	65-69 9-11 70+ 9-11 1/4	3.02 POLLY CLARKE(LOVELAND.CO) 3.03 EDITH MENDYKA(TUJUNGA,CA)	67 5·21-78 71 5- 8-82
-39 5:15.5	SUSAN BUCHANAN(PHOENIXVILLE,PA) SANDRA KNOTT(CLEVELAND,OH)	37 4- 5-75 41 8- 4-79			U U UX
-49 5:28.9	MARYLIN HARBIN(MARTINEZ.CA)	45 2-29-83	DIV. MARK	NAME (RESIDENCE)	AGE MEET DATE
0-54 5:56.8 5-59 5:50.6	MARGARET MILLER(THOUSAND OAKS,CA) MARGARET MILLER(THOUSAND OAKS,CA)	54 6 7-90 55 2-7-81	35-39 45-3	13.79 LYNN GRAHAM(FRESND, CA)	35 4-9-83
0-64 6:35	PAT DIXON(BEND, OR)	63 7-23-82	40-44 42-4 45-49 35-5 1/2	12.90 JOANNE GRISSOM(INDIANAPULIS, IN) 10.81 JOANNE GRISSOM(INDIANAPOLIS, IN)	41 7-22-80 45 8- 7-83
70+ 12:22.6	POLLY CLARKE(LOVELAND,CO) MARILLA SALISBURY(SAN DIEGO,CA)	67 6-20-78 73 7-11-81	50-54 30-4	9.24 SHIRLEY KINSEY(LA CRESCENTA, CA)	51 6-20-81
	the second s		55-59 29-2 1/4	8.89 BERNICE HOLLAND(CLEVELAND, OH) 9.55 EDITH MENDYKA(TUJUNGA, CA)	55 1-9-83 61 6-17-72
3000 METERS			65-69 35-4	10.77 HELEN STEPHENS(FLORISSANT, MD)	65 6- 1-83
01V. MARK 5-39 9:38.6	NAME(RESIDENCE) CINDY DALRYMPLE(HONOLULU, HI)	AGE MEET DATE 35 6-11-77	70+ 29-3	8.91 EDITH MENDYKA(TUJUNGA,CA)	70 5 9-8
)-44 10:04	MIKI GORMAN(LOS ANGELES)	41 5-22 77			
5-49 10:41.8 0-54 11:50.8	VICKI BIGELOW(SAN LORENZO,CA) NICKI HOBSON(SAN DIEGO,CA)	49 3-22-84 50 6-30-81	DISCUS TH	NAME (RESIDENCE)	AGE MEET DATE
5-59 13:42.6	HARRIET WILSON(EUGENE, OR)	55 7-30-83	35-39 122-11	37.46 LYNN GRAHAM (FRESND, CA)	35 4- 9-83
0-64 13:38.2 70+ 18:22.0	PAT DIXON(BEND, OR) BESS JAMES(SAN JACINIO, CA)	61 8-2-80 72 1-31-82	40-44 98-2 45-49 106-5	29.92 JOANNE GRISSOM(INDIANAPOLIS, IN) 32.44 JOANNE GRISSOM(INDIANAPOLIS, IN)	42 7-13-81 45 8 7-83
		The second second	50-54 90-4	27.53 SHIRLEY KINSEY (LA CRESCENTA.CA)	53 7-10-82
TWO MILES		in the second	55-59 51-2 60-64 64-3	15.59 BARBARA HUMMEL(CANTON.DH) 19.58 EDITH MENDYKA(TUJUNGA.CA)	57 9 16-83 52 6-24-73
IV. MARK -39 11:39.61	NAME(RESIDENCE) NINA KUSCSIK(US)	AGE MEET DAFE	65-69 63-6	19.35 EDITH MENDYKA (TUJUNGA, CA)	58 10- 6-79 70 P- 8-91
-44 11:29.2	SANDRA KNOTT (CLEVELAND, OH)	41 8- 4-79	70+ 62-6	19.05 EDITH MENDYKA (TUJUNGA, CA)	70 8- 8-81
-49 11:43.0 -54 12:13.0	MARY CZARAPATA(NEW BERLIN,WI) MARGARET MILLER(THOUSAND DAKS,CA)	45 9-13-80 54 6-7-80	JAVELIN TH		
70+ 26:03.8	MARILLA SALISBURY (SAN DIEGO, CA)	73 7-11-81	DIV. MARK 35-39 98-2	NI.ME(RESIDENCE) 29.92 KAREN HUFF(WILMETTE, IL)	412 YEET DATE 36 6-23-79
			10-44 110-9	33.76 JOANNE GRISSOM(INDIANAPOLIS, IN)	43 7 . 5-82
5000 METERS	NAME (RESIDENCE)	AGE MEET DATE	45-49 102-8	31.30 CHRISTEL MILLER(GLENDALE, CA) 26.87 SHIRLEY KINSEY(LA CRESCENTA, CA)	48 3-23-83 54 8-27-83
-39 16:36.2	DORIS HERITAGE (SEATTLE. WA)	35 4-22-78	55-59 65-5	19.95 SHIRLEY DIETDERICH(BERKELEY, CA)	55 8-21-83
-44 16:57.4 -49 17:59.0	JUDY FOX(SUNNYVALE,CA) VICKY BIGELOW(SAN LORENZO,CA)	40 8-16-81 47 7-24-82	60-64 76-1 65-69 74-0	23.13 EDITH MENDYKA(TUJUNGA,CA) 22.55 EDITH MENDYKA(TUJUNGA,CA)	61 6-17-72 65 6-27-76
-54 19:27 0	MARGARFT MILLER(THOUSAND DAKS, CA)	54 6-7-80	70+ 72-7	22.12 EDITH MENDYKA (TUJUNGA, CA)	72 5-14-83
-59 20:05.0	HELEN DICK (LOS ANGELES)	59 4-29-84 62 8-16-81		the state of the state of the state	Terlinute the 5 mg
64 22:26.4 69 27:12.2	PAT DIXON(BEND,OR) ALICE WERBEL(SAN LUIS OBISPO,CA)	62 8-16-81 65 8-16-81	None of the	marks listed below are included	in the
0+ 28:33.8	BESS JAMES (SAN JACINTO, CA)	70 7-13-80		erican records because documenta	
10,000 METE	RS			en received by the TAC Masters T&	
IV. MARK	NAME (RESIDENCE)	AGE MEET DATE	Committee f	rom the V World Veterans Games of	ranizons
-39 35:37.8 -44 35:33.6	CINDY DALRYMPLE(HONOLU:U) JUDY FOX(SUNNYVALE,CA)	35 6- 8-78 40 8-15-81	These marks	are therefore "pending" records	which
-49 38:19.8	VICKY BIGELOW(SAN LORENZO.CA)	48 8-21-83	will be app	roved when documentation is rece	, which
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(Compiled by the National Running Data Center, and recognized as the official U.S. road records by the Athletics Congress (TAC) and the Road Runners Club of America (RRCA).

a = point-to-point course

p = pending mark

y = mark set at the next longer English distance

Open Men	Men- 45 thru 49
 8 km 22:04v Alberto Salazar (22,0R) 4 Jan 81 Los Altos CA 10 km 28:01v Alberto Salazar (24,0R) 5 Mar 83 Phoenix AZ 15 km 42:41v Paul Cummings (29,UT) 26 Jun 83 Portland OR 10 mi 46:00 Herb Lindsay (25,CO) 27 Arr 80 New York NY 20 km 58:27 Greg Meyer (26,MA) 6 Sep 82 New Haven CT hf mara 1:01:32v Paul Cummings (30,UT) 25 km 1:14:09 Herb Lindsay (26,CO) 9 May 81 Grand Rapids MI 30 km 1:33:56 Alex Kasich (27,OR) 1 Aug 82 Eugene OR 1:29:04a Bill Rodgers (28,MA) 20 mi 1:40:14 Peter Pfitsinger (23,NY) 22 Feb 81 New York NY 2:08:52av Alberto Salazar (25,OR) 4 Dec 83 Fukuoka JPN 2:08:52av Alberto Salazar (23,OR) 9 Apr 82 Boston MA 50 km 2:50:46 Chuck Smead (24,CA) 31 Mar 76 Sacramento CA 50 mi 4:51:25 Barney Klecker (29,MN) 50 ct 81 Chicago IL 100 mi 12:56:34 Stuart Mittleman (31,NY) 5 Jun 82 New York NY 	8 km 25:33 Ken Winn (45,GA) 23 Oct 82 Columbus GA 10 km 31:26 Ray Hatton (49,OR) 26 Sep 81 Kent WA 15 km 49:01 Earl Ellis (46,WA) 8 May 82 Seattle WA 10 mi 53:16 Brian Harris (45,MI) 23 Aug 80 Flint MI 20 km 1:06:05 Hal Higdon (49,NN) 4 Oct 80 Chesterton IN hf mara 1:09:15v Oscar Moore (45,NJ) 18 Sep 83 Philadelphia PA 25 km 1:22:31 Brian Harris (45,MI) 9 May 81 Grand Rapids MI 30 km 1:45:56a Edward Stabler (49,NY) 18 Mar 79 Albany NY 20 mi 1:55:22 Darryl Beardall (45,CA) 22 Nov 81 Clarksburg CA 1:43:56a Edward Stabler (49,NY) 18 Mar 79 Albany NY 20 mi 1:55:22 Darryl Beardall (45,CA) 22 Nov 81 Clarksburg CA 1:54:27a Hal Higdon (48,IN) 17 May 80 Madison MI marathon 2:26:45av William A Johnston (45,UT) 2 Oct 82 St George UT 50 km 3:18:07 Howard Miller (47,WA) 21 Feb 71<
Open Women- women only races8 km26:52ypEllen Hart (224,CO7 Aug 82Maggie Valley NC10 km31:52Mary Decker (24,OR)1 May 83Eugene OR10 km31:37pJoan Benoit (26,MA)9 Oct 83Boston MA15 km52:31pJulie Isphording (21,OH)5 Mar 83Washington DC10 mi59:09pKiki Sweigart (28,CT)29 Mar 80Stone Mtn GA20 km1:09:31pNancy Cons (24,MA)6 Mar 82Washington DC16 mara1:11:40pKathy Mintie (21,CA)15 Mar 81Pasadene CA25 km1:26:34pNancy Cons (25,MA)13 Jun 82Sudbury MA30 km1:50:46pMartha Cooksey (25,OR)10 May 80Pasadena CA20 ainonenone1aura DeWald (24,VA)24 Jan 82Osaka JPN21:26:126aJulie Brown (28,OR)5 Jun 83Los Angeles CA	8 km 26:48 Bill Poulk (50,NE) 20 Nov 83 Concord LA 25:25a Ray Hatton (51,0R) 5 Jun 83 Eugene OR 10 km 31:48 Ray Hatton (50,0R) 23 May 82 Portland OR 15 km 50:07v Norman Green (50,PA) 5 Feb 83 Tampa FL 10 mi 52:53 Norman Green (50,PA) 27 Mar 83 Washington DC 20 km 1:05:50 Norman Green (51,PA) 18 Sep 83 Philadelphia PA 25 km 1:25:54 Norman Green (51,PA) 18 Sep 83 Philadelphia PA 20 mi 1:57:25 Jim O'Neil (51,CA) 28 Nov 76 Clarksburg CA 30 km 1:45:42 Norman Green (51,PA) 17 Dec 83 New York NY 20 mi 1:57:25 Jim O'Neil (51,CA) 28 Nov 76 Clarksburg CA marathon 2:34:00 Alex Ratelle (53,MN) 9 Oct 77 Minneapolis MN 2:29:54a Norman Green (50,PA) 28 Nov 82 Philadelphia PA 50 km 3:19:33 John L Sullivan (50,MA) 13 Mar 82 Washington DC <
Open Women- mixed races8 km25:48ypPatricia Catalano (27,MA)22 Mar 81Boston MA10 km32:30Jan Merrill (24,CT)4 Oct 80Purchase MY10 km31:44apJoan Benoit (25,MA)30 Mar 83New Orleans LA15 km49:34Patricia Catalano (27,MA)14 Mar 81Jacksonville FL10 mi53:18pJoan Benoit (25,ME)21 Aug 82Plint MI20 km1:08:45pNancy Con: (25,MA)6 Sep 82New Areven CThf mara1:09:14pJoan Benoit (26,NH)18 Sep 83Philadelphia PA25 km1:26:21pJoan Benoit (23,NH)9 May 81Grand Rapids MI30 km1:52:45pJane Welzel (27,MA)19 Sep 82Troy NY1:47:30apEllen Hart (24,CO)30 Oct 82Phoenix AZ20 mi2:00:40pLaura Dewald (25,VA)26 Dec 82Greenbelt MD20 mi2:00:22apCheryl Konkol (22,WI)14 May 83Madison WImarathon2:26:11Joan Benoit (25,MA)12 Sep 82Eugene OR50 km3:13:51pJanis Klecker (23,MN)17 Dec 83Tallahasse FL50 mi5:59:26pMarcy Schwam (29,NY)3 Oct 82Chicago IL100 km8:24:54Marcy Schwam (27,MA)13 Sep 80Santander ESP7:59:59pSantardar Kiddy (45,CA)3 Oct 82Chicago IL100 km8:24:54Marcy Schwam (27,MA)13 Sep 80Santander ESP	 As km 27:54y Ack Angel (55,0K) Ju Jul 82 Wichita KS Ninneapolis MN Stm 30:57 Alex Ratelle (56,MN) Aux Ratelle (55,MN) May 80 Grand Rapids MI Km 1:29:43 Alex Ratelle (55,MN) May 80 Grand Rapids MI Alex Ratelle (55,MN) May 80 Grand Rapids MI Km 1:52:42 Howard Rubin (55,SN) Toec 83 New York NY Marathon 2:37:40v Alex Ratelle (55,MN) Alex Ratelle (55,MN) So km 3:20:50 Ed Almeida (55,CA) Apr 78 Los Posas Hills CA So mi 10:25:38 Charles Merserau (59,CA) Apr 78 Chicago IL Yakima WA
100 mi 15:31:57p Donna Hudson (35,NY) 17 Jun 83 New York NY Men- 35 thru 39 8 km 23:00y Bill Rodgers (35,MA) 7 Aug 83 Agawam MA 10 km 28:16v Bill Rodgers (35,MA) 7 Aug 83 Miami PL 15 km 46:43v Jarrett Slaven (36,FL) 7 Feb 81 Tampa FL 15 km 46:00 Barry Brown (38,NY) 19 Jun 83 Michigan City IN 44:39a Bill Rodgers (35,MA) 10 Jul 83 Utica NY 10 mi 47:40 Bill Rodgers (35,MA) 27 Mar 83 Washington DC 20 km 1:00:04 Bill Rodgers (35,MA) 27 Mar 83 Washington DC 20 km 1:21:18 Peter Hallop (35,MI) 8 May 82 Grand Rapids MI 30 km 1:32:22:2a Barry Brown (38,NY) 20 Mar 83 Albany NY 20 mi 1:48:34 Gary Goettelmann (37,CA) 23 Nov 80 Clarksburg CA	8 km 29:35y Stephen Richardson (60,CT) 8 Mar 81 New York NY 10 km 36:53 Gerty Morrison (60,MO) 30 Oct 83 Kansas City MO 15 km 54:23v Clive Davies (62,OR) 25 Jun 78 Portland OR 10 mi 1:02:11 Hubert Morgan (61,PA) 27 Mar 83 Washington DC 20 km 1:17:45 Hubert Morgan (61,PA) 5 Sep 83 Wilkes-Barre PA hf mara 1:21:20v Jack Start (61,NJ) 19 Sep 82 Philadelphia PA 25 km 1:42:22 Warren Utes (62,IL) 29 Aug 82 Lake Bluff IL 1:41:07av Don Longenecker (64,NM) 25 Jan 81 Tucson AZ 30 km 2:03:57 Thomas Gibbons (61,NJ) 18 Dec 82 New York NY 2:02:57av Don Longenecker (64,NM) 25 Jan 81 Tucson AZ 20 mi 2:09:12 George Sheshan (61,NJ) 24 Peb 80 New York NY marathon 2:42:44 Clive Davies (62,OR) 18 Apr 81 Roseourg OR 50 km 3:48:56 Frans Pauweis (62,OR) 18 Apr 81 Roseourg OR 50 km 9:31:25 George Billingsley (60,CA) 25 Apr 82 Yakima WA 100 mi 21:07:01 Samuel Freeman (62,NY) 17 Jun 83 New York NY Man- 65 thru 69
1:48:08a Bruce Mortenson (36,MN) 17 May 80 Madison WI marathon 2:15:52 Norm Higgins (35,CT) 5 Dec 71 Culver City CA 2:11:59av Bill Rodgers (35,MA) 18 Apr 83 Boston MA 50 km 2:56:43 John Cederholm (36,MA) 16 Sep 79 Brattleboro VT 50 mi 5:00:30 Alan Kirik (35,NY) 6 May 79 Kent CT 100 km 7:01:43 Frank Bozanich (35,WA) 26 Jan 80 Miami FL 100 mi 13:36:35 Don Marvel (37,MD) 13 Jun 80 New York NY Men- 40 thru 44 Men- 40 thru 44 8 km 25:18 Frank Euarte (41,CA) 9 Jul 83 Springfield OR 10 km 30:31 Mike Manley (40,OR) 14 Aug 82 Junction City OR 15 km 45:58v Bill Stewart (40,MI) 5 Feb 83 Tampa FL 10 mi 50:43 Herb Lorenz (41,NJ) 2 May 82 New York NY	<pre>8 km 32:43 Paul Reese (66,CA) 3 Jul 83 Calistoga CA 10 km 35:52 Clive Davies (66,OR) 23 May 82 Portland OR 15 km 55:16v Clive Davies (65,OR) 23 May 82 Portland OR 10 mi 1:02:01 Don Longenecker (65,NM) 3 Oct 82 Tucson AZ 20 km 1:20:53 Norman Bright (66,WA) 22 May 76 Washington DC hf mara 1:21:41 Clive Davies (66,OR) 27 Sep 81 Lake Oswego OR 25 km 1:49:35 John Holoubek (66,CA) 19 Sep 82 Ventura CA 30 km 2:15:21 Wilfredo Rios (65,NY) 19 Dec 81 New York NY 2:13:34a Robert Boal (66,NC) 18 Mar 79 Albany NY 20 mi 2:25:31 Wilfredo Rios (65,NY) 28 Feb 82 New York NY marathon 2:42:49v Clive Davies (66,OR) 13 Sep 81 Eugene OR 50 km 5:40:22 John Newdorp (69,VA) 16 Sep 79 Brattleboro VT 50 mi 7:49:35 Cleo Casady (66,NO) 4 Oct 81 Chicago IL 100 km 15:03:46 George Knox (69,OB) 12 Apr 81 Columbus OH 100 mi 18:42:50 Wilfredo Rios (65,NY) 17 Jun 83 New York NY</pre>
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page 28	National N	fasters News	AND DESCRIPTION OF	June, 1984
8 km 35:10 10 km 46:42 45:38a 15 km 1:06:34 10 mi 1:12:47 20 km 1:30:10 hf mara 1:37:51 25 km 2:14:55 20 mi 2:42:31 marathon 3:54:58v 3:34:42 50 mi 11:22:44	Edward Benham (75,MD)3 Oct 82Washington DCEdward Benham (75,MD)27 Mar 83Washington DCEdward Benham (75,MD)29 May 83Washington DCEdward Benham (75,MD)13 Apr 83Williamsburg VACharles Hackenheimer(75,NY)2 May 82Baldwinsville NYEdward Benham (75,MD)26 Dec 82Greenbelt MDEdward Benham (75,MD)24 Apr 83Washington DCEdward Benham (75,MD)24 Apr 83Washington DCEdward Benham (76,MD)6 Nov 83Washington DCEdward Benham (76,MD)6 Nov 83Washington DCBen Mostow (78,IL)4 Oct 81Chicago IL	10 km 36:29 15 km 58:18 10 mi 1:02:00 20 km 1:20:10 h ⁶ mara 1:24:07v 25 km 1:43:20 30 km 2:05:31 2:04:22a 20 mi 2:14:57 marathon 2:53:22v 50 km 3:32:34 50 mi 6:15:47 100 km 7:59:59 100 mi 15:55:17	Mila Kania (49,NY) Dorothy Stock (48,CA) Mila Kania (49,NY) Linda Sipprelle (45,PA) Dorothy Stock (47,CA) Linda Sipprelle (46,PA) Sandra Kiddy (46,CA) Toshiko D'Elia (48,NJ) Toshiko D'Elia (48,NJ) Sandra Kiddy (45,CA) Sandra Kiddy (45,CA) Sandra Kiddy (45,CA) Sue Medaglia (48,NY)	5 Oct 80 East Rutherford WJ 6 Dec 80 San Diego CA 26 Apr 81 New York HT 28 Sep 80 Washington DC 4 Jul 80 Coronado CA 8 Feb 81 New York NY 29 Oct 83 Phoenix & A 18 Mar 79 Albany NT 26 Feb 78 New York NY 11 Jul 82 San Francisco CA 17 Dec 83 Tallahasse FL 25 Apr 82 Vakima WA 3 Oct 82 Chicago IL 17 Jun 83 New York NY
8 km 46:10 10 km 50:48 15 km 1:29:04v 10 mi 1:44:34v 20 km 1:58:35 hf mara 1:59:21 25 km 2:23:43v 20 mi 4:18:00 marathon 4:50:00 50 mi 12:13:35 10 km 1:15:49 marathon 5:40:10	Waldo McBurney (80,KS) 30 Jul 83 Atwood KS Paul Spangler (81,CA) 27 Apr 80 Los Osos CA Max Popper (80,NY) 28 Aug 83 New York CA	8 km 33:06 10 km 37:43 15 km 58:42 10 mi 1:03:46 20 km 1:28:02 hf mara 1:23:16 25 km 1:45:14 30 km 2:15:05 20 mi 2:22:41 marathon 3:00:29 2:59:55a 50 km 5:33:06 50 mi 7:10:58 100 km 17:39:18	Ann Kahl (53,FE) Marion Irvine (52,CA) Marion Irvine (53,CA) Marion Irvine (53,CA) Matilee Christman (50,IL) Marion Irvine (52,CA) Margaret Miller (54,CA) Marion Irvine (53,CA) Marion Irvine (52,CA) Marion Irvine (53,IL)	22 Jan 83 Orlando FL 31 May 82 Kentfield CA 5 Dec 82 Berkeley CA 9 Jan 83 Stockton CA 11 Oct 81 Chicago IL 25 Oct 81 Hayward CA 2 Mar 80 Palos Verdes CA 17 Dec 83 New York 52 18 Nov 79 Clarksburg Ca 6 Feb 83 Oakland CA 6 Jun 82 San Francisco CA 25 Mar 80 Honolulu SM 17 Feb 80 Bouston TM 27 Dec 81 Chicago IL
8 km 28:21y 10 km 34:02 33:51av 15 km 51:57 10 mi 55:22 20 km 1:16:07 hf mara 1:14:48 25 km 1:35:08 30 km 1:59:13 20 mi 2:09:25 marathon 2:33:36 2:33:25a 50 km 4:00:05 50 mi 6:35:54v	Women- 35 thru 39Ford Madeira (37,MA)25 Nov 82Boston MALaurie Binder (35,CA)10 Apr 83Albany NYLaurie Binder (35,CA)27 Feb 83San Francisco CALaurie Binder (35,CA)5 Dec 82Berkeley 'ALaurie Binder (35,CA)11 Aug 82Flint MIBetty Hite (36,IN)16 Oct 82Chesterton INLaurie Binder (35,CA)11 Dec 82Las Vegas NVBarbara Filutze (37,PA)5 Nov 83Youngstown OHMadeline Harmeling (36,NY)19 Dec 81New York NYJoan Ullyot (38,CA)19 Nov 78Clarksburg CALaurie Binder (35,CA)16 Jan 83Houston TXGabriele Anderson (38,ID)4 Dec 83Sacramento CABarbara Cesal (37,IL)27 Mar 82East Peoria ILNina Kuscsik (38,NY)5 Nov 77New York NY	8 km 32:42y 10 km 39:59 15 km 1:04:48v 10 mi 1:13:02 20 km 1:36:04 hf mara 1:20:39 25 km 1:52:46 30 km 2:19:00 20 mi 3:03:29 2:47:07av marathon 3:07:21v 50 km 6:13:42 50 mi 9:28:57	Margaret Miller (57,CA) Margaret Miller (55,CA) Margaret Miller (57,CA) Mary Storey (56,CA) Mary Storey (56,CA) Margaret Miller (56,CA) Mary Storey (55,CA) Helen Dick (55,CA) Mary Rodrigues (58,NY)	22 Oct 83 Fountain Valley CA 6 Dec 81 Beverly Hills CA 28 May 83 San Diego CA 17 May 80 San Diego CA 5 Apr 81 Los Osos CA 20 Jun 82 Lompoc CA 2 Mar 80 Ventura CA 10 May 80 Pasadens CA 24 Feb 80 New York NY 26 Jan 82 Tucson AZ 11 Jul 82 San Francisco CA 13 Mar 82 Washington DC 27 Mar 82 Leland MS
100 km 11:41:50 100 mi 15:31:57 8 km 28:41v 10 km 34:44v 34:29 15 km 54:46v 10 mi 58:28 20 km 1:18:02 hf mara 1:20:47v 1:19:33a 25 km 1:38:40 30 km 1:59:04 1:57:41a 20 mi 2:16:23 marathon 2:43:36	Diane Curry (36,KY) Donna Hudson (35,NY) New York NY New York NY Los Altos CA Asbury Park NJ Cindy Dalrymple (41,NY) Cindy Dalrymple (41,NY) New York NY Cindy Dalrymple (41,NY) New York NY Niki Gorman (41,CA) Cindy Dalrymple (41,NY) Cindy Dalrymple (41,NY) Cindy Dalrymple (41,NY) Cindy Dalrymple (41,NY) Cindy Dalrymple (41,NY) Cindy Dalrymple (40,NY) Cindy Dalrymple (40	8 km 37:58 10 km 45:10 45:01av 15 km 1:12:46v 10 mi 1:18:13 20 km 1:36:31 hf mara 1:42:23 25 km 2:08:39 30 km 2:54:13 2:35:22av 20 mi 2:59:13 2:48:19av marathon 3:26:16 50 km 5:00:29 50 mi 9:53:46 100 km 13:01:43	Patricia Dixon (63,0R) Althea Wetherbee (61,NY) Patricia Dixon (63,0R) Jaclyn Caselli (61,CA) Jean Price (61,MA) Mary Rodrigues (62,NY) Althea Wetherbee (61,NY) Kay Atkinson (62,CA) Althea Wetherbee (61,NY) Marcie Trant (60,AK) Josephine Hess (64,WA) Helen Klein (60,KY) Belen Klein (60,KY)	30 Oct 82 Ann Arbor M7 25 Aug 82 Portland G. 27 Feb 83 San Francisc, Cr 27 Jun 82 Portland GR 27 Apr 80 New York Er 10 Apr 82 Medford GL 28 Mar 82 Stanfore Ca 13 Jun 82 Sudbury Ai 17 Dec 83 New York WX 25 Jan 81 Tucson A2 18 Nov 79 Clarksburg CA 25 Jan 81 Tucson A3 7 May 78 Weott CA 25 Apr 82 Yaking WA 2 Oct 83 Chicago IL 2 Oct 83 Chicago IL
2:39:11a 50 km 3:36:50 50 mi 6:24:19 100 km 8:53:49 8 km 30:47y N Mast	Miki Gorman (41, CA) Sandra Kiddy (43, CA) Sandra Kiddy (44, CA) Sue Medaglia (44, NY) Momen- 45 thru 49 Kathryn Gifford (47, MA) 25 Nov 82 Boston MA Sue Medaglia (44, NY) Momen- 45 thru 49 Kathryn Gifford (47, MA) Sue ACAL State Sue Sue Sue Sue Sue Sue Sue Sue Sue Sue	8 km 39:33 10 km 47:55 15 km 1:22:08v 10 mi 1:30:49v 1:29:47 20 km 1:49:39 hf mara 1:49:47 25 km 2:49:02 30 km 2:47:51 20 mi 3:35:37 marathon 3:49:27 3:47:24ev 50 km 3:11:50	Momen- 65 thru Edna Laflin (65,A2) Kay Atkinson (65,CA) Josephine Hess (65,MA) Pearl Mehl (68,CO) Algene Williams (67,IL) Algene Williams (67,IL) Evelyn Havens (65,MX) Adeline Baptista (65,MA) Edna Laflin (65,A2) Evelyn Havens (65,NY) Josephine Hess (65,OR) Marcie Trent (65,AK) Josephine Hess (65,MA)	27 Aug 83 Ahwatukas AZ 31 May 83 Kentfield CA 26 Jun 83 Portland OR 31 Jul 82 Atwood KS 5 Sep 83 Park Porest IL 24 Sep 83 Chicago IL 15 Nov 81 Queens NY 12 Jun 83 Sudbury MA 29 Oct 83 Phoenix AZ 28 Feb 82 New York NY 8 May 83 Girdwood AK 18 Apr 83 Boston MA 24 Apr 83 Yakima WA
Pete Mundle v •Men' Track •U.S. events	National TAC Masters T&F Records Chairman with Lori Maynard and Alan Wood. 's and Women's World and U.S. Age Bests for all & Field Events, age 35 and up, as of Jan. 1, 1984. Age Bests for Men & Women for all race-walking s, age 40 and up, as of Jan. 1, 1984	8 km 47:57 10 km 53:32 15 km 1:31:29 10 mi 1:34:57 20 km 1:54:47 hf mara 2:20:15v 2:19:58a 25 km 2:51:54 30 km 3:40:33a 20 mi 3:25:59 marathon 4:37:37v 4:34:08a	Bess James (74,CA) Leona Lugers (74,MI) Anne Clarke (71,IL) Anne Clarke (73,IL) Leona Lugers (74,MI) Bess James (73,CA) Bess James (73,CA) Veallon Hixson (74,AZ) Mavis Lindgren (71,CA) Mavis Lindgren (72,CA)	8 Oct 83 San Diego CA 12 Sep 81 Rolland HI 16 Aug 81 Des Plaines IL 5 Sep 83 Park Forest IL 23 May 81 Bolland MI 4 Jul 83 Coronado CA 22 Aug 81 San Diego CA 19 Sep 82 Ventura CA 30 Oct 82 Phoenix A2 19 Nov 78 Clarksburg CA 9 Sep 79 Bugene OR 8 Mar 81 Calistoga CA
Record •48 pa and da	's U.S. Masters Indoor & Outdoor Championship ds. ages. Thousands of entries. Lists name, age, state ate of record. end \$4 plus \$1 for postage and handling to:	8 km 50:22 10 km 53:40 15 km 1:53:47 10 mi 1:50:11 20 km 1:56:25 marathon 4:56:30 4:41:45a	Women- 75 thru Veallon Hixson (75,A2) Leona Lugers (75,MI) Mia Wilshusen (78,A2) Veallon Hixson (75,A2) Leona Lugers (75,MI) Mavis Lindgren (75,CA) Ida Mints (75,IL)	23 Jan 83 Phoenix A2 11 Sep 82 Holland MI 22 Nov 81 Ahwatukee A2 2 Apr 83 Scottsdale A2 22 May 82 Bolland MI 3 Oct 82 Portland OR 26 Apr 81 Lake Bluff IL
Name	NATIONAL MASTERS NEWS P.O. Box 2372 Van Nuys, CA 91404	10 km 1:03:07 15 km 1:39:44 20 km 2:26:34 hf mara 2:30:41 marathon 5:28:33	Women- 80 thru Ruth Rothfarb (80,MA) Ruth Rothfarb (80,FL) Ruth Rothfarb (80,FL) Ruth Rothfarb (80,FL) Ruth Rothfarb (80,FL) Women- 85 thru Hulda Crooks (86,CA)	12 Dec 81 Deerfield Beach FL 22 Nov 81 Ahwatukee A2 6 Mar 82 Washington DC 26 Sep 81 New York NY 16 Jan 82 Miami FL
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National Masters News

CLUBS

Below is a partial list of masters track and field or running clubs arranged by regions. To have your club listed please send the necessary infor-

EAST

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Master Walker Regency House, Rm 225 Pompton Plains, NJ 07444

N.Y. Masters Sports Club 77 Prospect Place New York, NY 11217

Annapolis Striders P.O. Box 187 Armapolis, MD 21404

Potomac Valley Seniors TC P.O. Box 1065 College Park, MD 20740

Elkins Park Road Runners 7900 Old York Rd. Elkins Park, PA 19117

West Pennsylvania TC 1245 Alamae Rd. Washington, PA 15301

Shore Athletic Club Ron Salvio Squan Road Clarksburg, NJ 08510

North Jersey Masters P.O. Box 56 Ridgewood, NJ 17450

New Jersey Striders P.O. Box 885 Maywood, NJ 07607

Central Park TC 1172 Park Ave. New York, NY 10028

New York Pioneer Masters c/o G. Shane 2400 Sedgwick Ave., Suite 2-5C Bronx, NY 10468 212/733-8767

Atalanta Track Club c/o Bob Glover 4 East 7th Street New York, NY 10021 212/737-7480

Tri-State Masters T&F Club c/o Wayne Vaughn 734 W. Franklin St. Hagertown, MD 21740 301/733-6076

Buffalo Belles and Brawn 266 Puritan Rd. Tonawanda, NY 14150

Philadelphia Masters c/o Fred Mannis 1040 W. Montgomery Ave. Ardmore, PA 19003 213/642-5989

SOUTHEAST

Huntsville TC 8811 Edgehill Dr. Huntsville, AL 35802

Atlanta TC 3097 E. Shadowlawn Ave. NE Atlanta, GA 30305

Charlotte TC P.O. Box 11364 Charlotte, NC 28220

Memphis Runners TC P.O. Box 17981 Memphis, TN 38187-0981

Charlottesville TC 311 Westminster Rd. Charlottesville, VA 22901

Port City Pacers P.O. Box 16907 Mobile, AL 36616

MIDWEST Hoosier Track Club 305 South Barton Indianapolis, IN 46241 317/241-5446

Dayton Masters Track Club Inc. Robert Jones 4867 Germantown Pike

Dayton, OH 45418 Over The Hill TC

6509 Marsol Rd. #308 Mayfield Heights, OH 44124 Ann Arbor Track Club

3667 Helen Ave. Ypsilanti, MI 48197 Second Wind Running Club

Al Morris 1207 S. Oak Champaign, IL 61820

Wisconsin United Athletic Club Ron Dennis 6408 West Gate Rd. Monona, WI 53716 608/221-8020

Fitness Track Club c/o Stan Allen & Presley Yates 12954 Asbury Pk. Detroit, MI 48221 Cleveland Masters Track Club, Inc

Clarence Johnson 14806 Judson Dr. Cleveland, OH 44128 216/295-0826

Wolfpack Track Club Jim Pearce 1882 N. Devon Rd. Columbus, OH 43212

MID-AMERICA

Lawrence TC P.O. Box 3743 Jayhawk Station Lawrence, KA 66044

Lincoln TC 2900 John Ave. Lincoln, NE 68502

Plains TC P.O. Box 14102 W. Omaha Station Omaha, NE 68124 Prairie Striders Box 267 Brookings, SD 57006

SOUTHWEST

Tulsa Running Club P.O. Box 300 Tulsa, OK 74102 Space City Masters John Hartfield 15106 Chasehill Dr. Missouri City, Texas 77489 713/721-9388 Houston Masters Sports Assoc. Tom McBrayer 7733 Moline Houston, Texas 77087

Dallas Masters Track & Field Club Joe Murphy 4308 N.C. Expressway, S-206 Dallas, TX 75206 214/824-3800

Houston Masters Sports Assoc 14 Sandalwood Houston, Texas 77024 713/781-2810

Palm City Masters P.O. Box 220 McAllen, Texas 78501

Santa Fe Striders P.O. Box 1818 Santa Fe, NM 87501

Oklahoma City Running Club P.O. Box 18113 Oklahoma City, OK 73154 405/751-6073

WEST

Corona Del Mar TC 19103 S. Andmark Ave. Carson, CA 90746

Los Gatos Athletic Assoc. P.O. Box 1328 Los Gatos, CA 95031 Seniors TC

c/o Hal Winton 24409 S. Meyler St. Harbor City, CA 90710

LA Valley Athletic Club 1801 Avenue of the Stars Suite 415 Los Angeles, CA 90067

Culver City Athletic Club c/o Phil Clarke 15232 Burtin St. Van Nuys, CA 91402 818/780-0381

San Fernando Valley Track Club 13722 Burbank Blvd. Van Nuys, CA 91401 818/780-7719

Southern California Striders H. Lewis Smith 8306 Wilshire Blvd. #316

Beverly Hills, CA 90211

Trojan Masters TC 1147 W. Rowland Ave. West Covina, CA 91790

South Coast Runners Assoc. 3857 Birch, Suite 442 Newport Beach, CA 92660

San Diego Athletic Assoc. 9369-C Discovery Way La Jolla, CA 92037 619/455-9422

West Valley TC P.O. Box Box San Carlos, CA 94070

West Valley Joggers & Striders 1124 Kensington Ave. Sunnyvale, CA 94087

Golden Gate Race Walkers 106 Sanchez St. #17 San Francisco, CA 94114

California TC P.O. Box 459 San Carlos, CA 94070

Empire Runners 4700 Foulger Dr. Santa Rosa, CA 95405

Northern California Seniors TC 2766 Summit Dr. Hillsborough, CA 94010

Complete Runner Track Club 24074 Willow Creek Rd. Diamond Bar, CA 91765

NORTHWEST

Snohomish TC 4206 242nd St. SW Mountlake Terrace, WA 98043

Portland Masters Track Club Art Afremow 4185 SW 83rd Portland, OR 97225

Oregon Track Club Masters P.O. Box 10085 Eugene, OR 97440 National Running Data Center

R unning Records by Age is now available. This age record book is an annual publication, covering track and road-running marks through the end of the previous calendar year. U.S. single-age records for all standard distances are listed for both men and women for all ages from 1 through 99, and for all distances from 100 meters through 100 miles and the 24 hour run.

U.S. open and age-group road and long distance track records are also included. The book is available for \$5.95 from NRDC, PO Box 42888, Tucson AZ 85733. The National Running Data Center is an independent, non-profit organization devoted to the collection, analysis, publication and dissemination of long-distance running information. The NRDC processes all applications for U.S. road records. Records approved by the NRDC are then submitted to the RRCA and TAC for official recognition.



Entrants in M65 110m hurdles, Olympic Legends Meet



NEW YORK MASTERS 5th ANNUAL TEN KILOMETER HANDICAP WALK - OPEN TO ALL SUNDAY, JULY 22, 1984 - PROSPECT PARK, BROOKLYN, NEW YORK 10:00 A.M.

This race is held with the cooperation of the Walkers Club of America and is sanctioned by the MEtropolitan Athletic Congress.

COMPETITORS WHO PRE-E	O ANYONE. COMPETITOR'S AWARDS. T-SH	IRTS TO ALL
ENTRIES CLOSE: MONDAY	Y JULY 16th. The mails have been slo	w. You
should allow one week	t for delivery.	
POST ENTRIES: Post en	ntries will be accepted but all post	entrants
will have to start fr	rom scratch and will not receive a t-	shirt.
PRIZES: AWARDS TO THE	E FIRST TEN FINISHERS; FIRST THREE NO	VICES:
	ES FOR BOTH MEN AND WOMEN.	
TEAM AWARDS: FAST TEA	AM BASED ON LOWEST BGGREGATE TIME OF	THE THREE
FASTEST RACE WALKERS	ON A TEAM. SEPERATE AWARDS FOR MEN A	ND WOMEN'S TEAMS.
CLUB CHA	MPION TEAM AWARD EVERYONE ON A TEAM	SCORES, 1st PLACE
SCORES ONE POINT PLUS	S THE NUMBER OF ENTRANTS' 2nd PLACE O	NE LESS THAN
THE NUMBER OF ENTRANT	TS. LAST PLACE SCORES ONE POINT. TH	E LARGER NUMBER OF
COMPETITORS A TEAM FI	LELDS THE BETTER THE CHANCE FOR THE C	LUB AWARD. THERE
WILL BE THREE TEAM AW	WARDS IN THIS CATAGORY.	
	VILL BE GIVEN ON THE HONOR SYSTEM. PL	EASE COOPERATE.
CHECK IN CHECK IN BEG	GINS AT 9:00 A.M. AT THE START. There	are public locker
facilities at the Par	rade Ground lockers across the street	are panato autita
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DATE SIGNATURE (If a minor, parent's signature) Make checks payable to: N.Y.MASTERS. Mail to JACK BOITANO, 40 CALIFORNIA ST STRATFORD, CT. 06497

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National Masters News

June, 1984



NATIONAL

• A Runners Bed and Breakfast Club has been formed. A member receives a directory describing each runner/host. Traveling Runners book lodgings directly. Annual fees are \$40/for hosts; \$60/guests. The host receives \$15 (single) or \$25 (couple) per night. For info, contact Ellie Welch, Box 1414, Brookline MA 02146. 617/277-2313.

• The WAVA Decathlon Championships, scheduled for Long Beach, Calif. July 28-29, have been cancelled. "We lost the Long Beach track," director Ray Fitzhugh said. "We might have switched it to Santa Ana, but we couldn't find a sponsor, and time ran out on us."

EAST

• Herb Townsend Center Valley, PA, led the 125 age-40+ finishers among the 450 entrants in the Run for the Arts 10K, Elkins Park, PA, April 14, with a 34:47 M45 win. Sandy Folzer, Jenkintown, PA, re-created her W40 title of '83 in 42:54. Cavit Buyukmichi molded a fast M60+ win with 42:39.

• Barry Kline broke the age-44 110mH (42") at the Slippery Rock U. Invitational, March 31, with a time of 17.8. The old record had been held by John Blakesley, CA, who had 21.4 in a '75 decathlon.

• The Shore Athletic Club's Asbury Park 10K Classic in New Jersey on August 18 is offering \$1,100 in TAC Development Funds for masters runners. Last year's race had over 750 40+ entrants, including Ted Haiman, George Keim, Oscar Moore, Tony Gerrity, Al Veranzi, and Herb Lorenz, all expected for the '84 edition, as is Cindy Dalrymple to defend her 40+ title. Contact Phil Benson, Box 2287, Ocean Twp., NJ 07712, 201/531-4156.

• Placing 8th overall, **Dalrymple**, 41, won the W40+ division of the Boston Milk Run 10K, April 8, in 35:50 for her 68th consecutive masters win. Placing 7th was **Patty Catalano**, who was just behind 39-1/2 year-old **Fordie Madiera**.

• George Hirsch, 49, NYC, added his 1:00:50 to the 1:09:53 of Margaret Deckert, 51, NYC, for combined 110-119 age-group win in the Trevira Twosome, Central Park, NYC, April 28. William Brobston, Saugerties, NY, with 1:12:24, and Gloria Brown, 52, Grand Island, NY, with 1:09:28, teamed up for the age-group 120+ victory.

• Val Lewton, 46, helped Smithsonian win the April Inter-Agency 2-Mile team race with an 11th overall 11:15 in Washington, DC, April 18. Bill Harper, 49, running for POAC, was 2nd M40+ with 11:24 Newlie Hewson, 59, representing HUD, was 1st M50+ in 12:17.

SOUTHEAST

• Joe and Linda Burgasser again pulled off a double masters win, this time in the Diet Pepsi Challenge 10K, St. Petersburg, FL, March 24. With their 40+ winning times of 35:25 and 46:13, the Burgassers (both in 45-49) can go on to the Challenge regionals for a shot at the nationals in NYC.

• Forty-two-year-old **Yvonne Rodgers** romped almost unnoticed to a sizzling 18:17 for 2nd female in the Festival of States 5K, St. Petersburg, FL, April 7. Next W40+ was **Marsha Miazoa** in 20:48. **Rob Smith**, M45 took the M40+ title with 17:10.

• Chuck Tucker placed 3rd with an M40+ winning time of 34:04 in the Scovell/YMOA Airport 10K, Deland, FL, April 7.

• Chris Tompkins, who will be 75 on August 1, was featured on the Virginia Rec. and Park Society's promo poster for the Golden Olympics (55+) held May 24-27 at Richmond, the home town of the multi-eventing Tompkins.

• Three masters, Leonard Jones, 18:25, Alex Coffin, 18:31, and Bob Ferrier, 18:49, finished in the top 10 (125) in the Country Day School 5K, April 14, Charlotte, NC. Kaye McGarry forged a W40+ win with 24:07.

• Hal Grow, coming back from the Boston Marathon, finished the Sprinfest 5K, Charlotte, NC, in 16:59 to claim M40+ honors. Nancy Lowden was top W40+, 21:43, in the 500 entrant race, which included costumed runners and a 6-person centipede division, won by NCNB's group in the remarkable time of 21:03.-

· Mel Williams, Virginia Beach, VA, won the

ANTLETES WHO ENTER A NEW DIVISIO	N THIS MONTH	JUN 1984
ATHLETE (RESIDENCE)	BIRTHDATE	AGE GROUP
SHELLEY AMMONS (DENVER, CO)	6-28-29	55-59
SHIRLEY KINSEY(LA CRESCENTA, CA)	6-18-29	55-59
FRANCES SACKERMAN(BURLINGAME, CA)	6- 1-29	55-59
VALERIE HOOD(NZ)	6-19-39	45-49
BERYL NEUMAN(AUS)	6- 6-24	60-64
ETHEL PAVELEY(RSA)	6-28-14	70-74
ALET TEN TUSSCHER(S.AFR.)	6-10-34	50-54
HERMANN BRUTSCHEID(WG)	6- 4-24	60-64
JACK CARSUN(HONOLULU, HAW)	6-?0-09	75-79
JACK CARTER(ELLENVILLE, NY)	6- 2-44	40-44
ALAN CRANSTON(WASH. ,DC)	6-19-14	70-74
JOHN FARRELL(GB)	6-12-09	75-79
FRED GEITER(NEW BERN, NC)	6-28-19	65-69
ORVAL GILLETT (PORTERVILLE, CALIF)	6-26-19	65-69
JOHN GILMORE (ROCKY MOUNT, NC)	6-28-34	50-54
JOSEPH GOD(HONOLULU, HAW)	6-10-24	60-64
JOHN HANNAH (MERCED, CA)	6-27-24	60-64
RUSSEL HARGREAVES (SANTA BARBARA, CA) 6-17-09	75-79
HARRY HAWKE (SAN DIEGO)	6-24-29	55-59
RUNE LARSSON(SWEDEN)	6-17-24	60-64
KONSTANTY MAKSIMCZYK(GB)	6-10-14	70-74
JAMES MCCARTHY (SACRAMENTO, CA)	6- 2-14	70-74
JIM MCDONALD(NZ)	6-27-34	50-54
TOM MONTGOMERY (UPLAND, CA)	6-28-14	70-74
JOSEPH PHILLIPS(GB)	6-22-34	50-54
FREDERICK REID(S.AFR.)	6-29-09	75-79
LLOYD RIDDICK(TEANECK,NJ)	6-26-34	50-54
HANS SCHNEIDER(WG)	6- 4-14	70-74
VALBJORN THORLAKSSON(ICE)	6- 9-34	50-54
DON WINTON(LA CANADA, CALIF)	6- 2-19	65-69
ROSS WINTON(CORONA DEL MAR, CALIF)	6- 2-19	65-69
MAMO WOLDE(ETHIOPA)	6-23-34	50-54



Shore AC's Tony Patterson (1), and Matt Brown, members of the organizing committee, '84 Indoor Championships, at the 60y start in M50.

M45 division and the M40+ race in the Elizabeth River 10K, Norfolk, VA, May 5, in 33:39. Forrest Horton, M40 winner, was not far back with 33:52. All W40+ division winners had good times: Judy Splitgerber, Virginia Beach, W40, 44:20; Mary MacFarlene, Richmond, VA W45, 44:50; and Rachel Bourn from the Potomac Valley STC and Fairfax, VA, W50+, 45:14.

Michigander Bill Stewart, 41, multi-record holder for the mile and up, wasn't thrilled with his 4:40 Invitational Masters Race winning time in the inaugural "Peachtree Mile" in Atlanta, GA, April 14. Running uphill against the wind, Stewart worked hard for his \$1,500 prize. Kirk Randall was "runner up" in 4:48.6. Joe Petroline turned in a M55 5:30 win in the open race. In the Invitational Women's Masters Race, Erna Kozak, flew in from Vancouver, BC, and away from her competitors with a 5:21.5 win worth \$1,000 (NOW people take note). Sally Edwards took 2nd in 5:32.6 in this Atlanta TC directed affair. King of the "Peachtree Mile" was Ross Donaghue, who won big bucks (\$5,000) for his 4:17.5 effort. The effect of the uphill on times can be better understood when Donaghue's time is compared to his 3:50 in the Fifth Avenue Mile in '83.

• The Throwathon tentatively set for North Carolina State U. October 13-14 will see each competitor throw diffderent weights (e.g. 8 lb., 12 lb., 16 lb. shot) of each of five implements (shot, discus, javelin, weight throw, hammer). Points will be scored for each throw.

• We don't yet have results from the 14th Southeastern Masters International Championships in Raleigh May 6-8, but Bob Boal reports that California's Paul Spangler ran a 58:43 in the 10K Road Run to take 30 minutes off the previous age-85 record. The first-ever Octagenarian Relay was held at the meet, with Spangler, Al White, 80, of Toronto Ed Horvath, 82, of Cleveland and Arling Pitcher, 82, of Indianapolis combining to run 1:32:00 in the 400-meter baton event. Results next month.

• West Germany's Gunter Mielke, 40, added the River Run 15K masters championship in Jacksonville, Florida March 17 to his Los Angeles Marathon (2:17:59) masters title with a great time of 46:15. He defeated Mexico's Antonio Villaneuva for the second consecutive time, by 80 seconds. Cindy Dalrymple, 42, captured the women's masters crown in 55:50 over Elfrieda Wyner (58:58) and Bette Poppers (59:46). Tanzania's Gidamis Shahanga won in 42:55.

• Joe Burgasser picked off the masters title in 2:34:44 in the Florida Festival Marathon February 19 in Orlando, nine minutes ahead of Larry Durham. Dave Long won the M50 division in 2:51:08, while Nancy Peterson took the female masters award in 3:02:13. • George Keim zipped to a 32:03 for 40+ honors in the Crescenta City Classic 10K April 1 in New Orleans. Mark Nenow set a new U.S. 10K open record of 27:23. Masters Bob Cunningham (33:28) and Mel Lacey (33:30) finished 2-3 behind Keim.

MIDWEST

• Sandra Kiddy, 47, came all the way from Palm Springs, CA. to smash her 50 Mile age-group national record of 6:15:47 (4/25/82) by over 6 minutes with a 6:09:09 performance at the Wolfpack 50 Miler, Columbus, OH, April 1. George Knox, 72, established a 12:39:18 national time for M70. Kiddy's husband, Fred, 50, battling the leaders for the open victory, finished in 6:06:34.

• Ernestine Yeomans, 65, Cincinnati, sloshed through the rain to set an age-group record of 1:51:21 in the Ohio TAC 15K RW Championships, Springfield, April 15. Jack Blackburn, 48, took the M45 race in 1:22:50, as did Jim Higgins, 52, the M50 in 1:23:19; Joe Vitucci, 60, the M60 in 1:30:53; Hugh Yeomans, 68, the M65 in 1:48:53; and Martha Vitucci, 57, the W55 in 1:54:28, a new age record.

• Dick Jackson flew to a 1st M40+ with an 11th overall (440 entrants), 35:25 in the First Run '84 10K, Champaign, IL, April 28. Juanita Bowman, W45, got the W40+ win in 40:02 in the race, which raised \$2,800 in charity for local Champaign programs.

• While John Conner, Elkhart, IN, met the South Bend Pepsi Challenge 10K with a masters win in 34:49, Ken Rowe, M35, Lansing, MI, beat everybody with a race-record 32:46. Julie Shamo, Lakeville, IN, was 1st W40+, 42:58, and Vivian Kane, Bristol, IN, took the W50+ division in course-record time, 45:28, as did George Raasch, Munster, IN, in the M60+ with a solid 41:56.

MID-AMERICA

• Dennis Coffman, 37:16, end Sue Lawson, 44:28, were the 1st 40+ Diet Pepsi Challengers in the 600-runner 10K held at Springfield, MO, April 22, to win slots at the Lincoln, NB, regionals and a shot at the nationals in NYC.

• Rich Ayers was right up there in the top 10 with an M40+ win in 1:38 in the Kaw Valley Levee 25K, Lawrence, VS, April 7. Elizabeth Carlton, Olathe, KS, won the W40-49 division in 2:14:19. Melvin Miller, M50, Pomona, KS, was the 1st master runner of the 5K race in 18:19, and Marilyn Potter, Osage City, KS, was W40+ champ and 5th woman in 21:35.

Lowell Gaither, 46, with a 5:29 pace for a 34:06, beat a bunch of younger masters in the Dorsey 10K, Lincoln, NB, April 8. Ray Stevens, 42, was 10 seconds back for 2nd M40+, and Karen Bestul, 41, set a 6:35 pace for 40:56, 6th woman overall in the 1100+ entrant event.
Bob Bartling, Brookings, SD, traveled to

National Masters News

Boy's Town in Nebraska for the YMCA Midwest Masters 5 Mile, April 14, and came away with an age-57 national record of 30:07. Despite its title, age groups in the race (200+ finishers) started at 35, and John Cook, 37, Fremont, NB, won it in 26:57. Race Directress Nancy McCormick W45, was the 1st woman in the race in a fine 32:26.

• Scot Hickman did the Running Center 5 Mile over hilly city streets in St. Louis, April 15, in 29:09 for 1st M40+, and Susan Rudolph raced to a W40+ win in 35:06.

• Joe Henderson reports Dick Young, 45, of Aurora, Colorado, has finished a marathon in all 50 states. The odyssey took him five years, at an average of 3:05 per run.

SOUTHWEST

· Robert Stuemky, 40, Newkirk, OK, set a masters course record of 44:39 in the Zoo Run 8 Mile, Tulsa, OK, March 3, as did Russ Bennett, 46, Tulsa, with a 46:56 1st M45. Nocus McIntosh, 58, Tulsa, was back on form with 50:18. On March 17 in Tulsa, Bennett held off Jim McFadden, 44, Burbank, OK, in a great race to win the 40+ title in the St. Patrick's Day 5K, 16:51 to 16:55. Donna Wright, 48, Bartlesville, OK, was 40+ champ in 20:56. · Bob Pannell, 53, Owasso, OK, finished 4th overall in 3:16:21 on a tough, hilly marathon course entirely on the Ft. Sill Army Base, OK, March 3. High winds and 50° temps didn't help, either. Robert Flagler, 42, Norman, OK, took the 40+ half-marathon in 1:27:37.

• Larry Worth, 45, Richardson, TX, showed his value by finishing 5th out of 80 in the Oklahoma TAC 20K Championships, OKC, April 21, setting a new state M45 record of 1:15:27. Lynn Taylor, 44, OKC, produced a swift 1:39:26 for the W40+ win.

• National 5000 and 10000 M50 champ Al Lawrence of Houston, who won a bronze medal in the 1956 Olympic 10K while competing for Australia, has written a book called The Self-Coached Runner to be published this month.

WEST

• The intrepid **Wally Ingram**, 51, Hemet, CA, wrapped up a 24th place (588 entrants) as 1st M40+ in 40:04 in the Nike-Catalina 10K, March 17. Big deal when a master runner wins over fellow competitors eleven years younger? How about when the winning W40+ does the same thing? **Dorothy Stock**, also 51, La Mesa, CA, was the 1st W40+ in 48:30! Anybody who thinks it's a coincidence has never run against Ingram or Stock.

• The Culver City AC senior men's team repeated its '83 victory in the Jimmy Stewart Relay, April 8, in 2:22:26. This year's team consisted of Phil Ryan, Jim Knerr, Tom Burns, Frank Duarte, and Steve Close. the CCAC mixed seniors team of Pete Peterson, Sue Peterson, Shirley Matson, Dan McCaskill, and Ted Alercon turned in a fine 2:36:10.

. The Mt. San Antonio Relays (Mt. SAC), Walnut, CA, about 30 miles west of L.A., is a T&F buff's Paradise because it brings together hundreds of the best high school, junior college, college, university, open, invitational, and masters competitors from the area, the West and the world. On April 15, the masters division started off the two-weekend fete. Events were held in 10-year age groups, a throw-back to the "good old days", and some field events had only one division. For instance, submaster Mike Deller defeated the 50+ ex-Olympian and former WR holder Hal Connolly in the hammer - 155'10" to 151'2", and all throwers used the 16#. The 60+ PV field included Jim Vernon, Dave Brown, Vern Wolfe, and Bob Mac-Conaghy, a formidable bunch, but with a near. 40+ 15-year spread. Shot putters threw the 12#, with Lloyd Higgins the winner at 48'6-1/2". Parry O'Brien tuned up for the Olympic Legends meet with a 53'4-1/4" shot and a 162'5" discus. Larry Stuart set a new age-46 JT mark of 207'.

• Dick Palliel, 46, paced all M40+ contestants through the Bess James 10K, Hemet, CA, May 5, in 35 26. Faye Heldoorn, 47, led all W40+ with 41 54, and the race-name honored Bess

7



John Damski, Van Nuys, Calif., shown here in the long jump, set an age-69 world record in the triple jump, 29'3", Olympic Legends Meet, April 28-29, UCLA.

James, 74, finished in 1:02:58.

• Dan Fitzsimmons, M40, zipped to the fastest 100y of the day in 10.4 at the West Coast Masters Classic, Visalia, May 5. Nick Newton, M50, had the best 220y in 25.2 and a 5'7" HJ. Clarence Killion took the M65 220y in 29.1. Ed Chynoweth teased the M60 WR (177'10") and AR (177'5") with a hefty 177'1" JT.

• The 2nd annual Whole Life Expo — "An Exposition For A Healthy World," will be held at the Pasadena, Calif. Convention Center on June 15 to 17. Over 200 speakers, including Dick Gregory and Mike Farrell, and over 250 exhibitors will talk about and demonstrate health, nutrition, physical fitness, hit-tech health programs, natural foods, body therapy, peace and more. \$7.50 per day. \$15 for 3 days. Seniors free on Friday, 1/2 price on Sat. & Sun. For info, call 213/459-5821.

NORTHWEST

• Jay Haavik, 40, stepped smartly to win the National TAC Masters 25K RW Championships, Seattle, April 15, in 2:22:56. Paul Kaald, 50, is the 50+ champ, with a 2:35:54.

CANADA

• Thirty-five Canadian indoor records fell at the Ontario Masters Indoor Championships, Toronto, Jan. 28. Among the new records were Gerry Ward's M70 winning times of 9.42 in the 60m and 32.2 in the 200m; Clifford Hall's M55 2:17.1 800m time; Max Gould's speedy M60 16:03 for the 3000m walk; Al Sundin's M50 shot of 13.35m; and Jim Master's M55 1.36m high jump.

INTERNATIONAL

• Harry Andrews, 82, collapsed on a training run near his home in Rondebosch, South Africa, and died March 14. Andrews started running in '66 at age 64 as a member of the Celtic Harriers. "Uncle Harry", as he was known to friends, was a founding member of the Western Province Masters AA and in 75 competed against the visiting U.S. Masters team at Paagl.

•Twelve marks from the Italian Indoor Championships, Turin, March 17-18, submitted to Jack Fitzgerald for consideration as world indoor records included a 27.74 200m by W35 Nadia Spezzati; a 2.09.78 800m by M50 Enrico Greppi; a-10:23.24 3000m by W35 Silvana Acquarone; an 8.77m triple jump by M70 Vittorio Colo; an 11.33m shot (4kg) by M70 Bruno Porceddu; and a 9.84m shot (3kg) by W60 Ada Turci.

1 5



Track and field events feature competition for men and women over age 30 unless otherwise noted. Long distance events generally are open to all age groups with the execption of national masters championships, which may be limited to men and women over age 40. Entry blanks for national and regional championships will generally be printed in the newsletter 30-60 days prior to the event. Please send any additions or corrections to NMN, P.O. Box 2372, Van Nuys CA 91404.

TRACK & FIELD

July 7-8. TAC National Masters Decathlon & Heptathlon Championships, Indianapolis. Henry Hopkins, 833 N. Center Rd., Plainfield, IN 46168. 317/839-7736. August 17-19. 17th Annual TAC National Masters Championships, Eugene, Oregon. Oregon Track Club Masters, PO Box 10085, Eugene OR 97440. 503/687-0122.

NEW ENGLAND

June 2. Senior Olympics, Bridgeport, Conn. 55+ Will Berger, University of Bridgeport, Bridgeport, CT 06601. 203/576-4722, 4735.

June 16. Waltham Masters & Submasters Meet, Leary Field. Joe Tranchita, 88 Russell St., Waltham, MA 02154

June 24. Senior Olympics, Brown Stadium, RI. George Silva, 82 Fowler St., No. Kingston, RI 02852.

July 29. Brown Masters Meet, 10 a.m., Brown University, Providence, Rhode Island. Neil Steinberg, 45, John St., Providence, RI 02906 401/751-1495.

EAST

June 9. Western Penn. Championships (HS, Open, Masters), Washington, PA. Barry Kline, 1245 Alamae Lakes, Washington, PA 15301.

June 9. New York Pioneer Masters Relay Carnival, Bronx Community College (Ohio Field), 11 a.m. G.Shane, Suite 2-5C, 2400 Sedgwick Ave., Bronx, NY 10468.

June 10. MAC Championships, Kings Point, New York. NY Masters, 77 Prospect Place, Brooklyn NY 11217.

June 10, 17; July 1, 8, 22, 28; Aug. 12. Tri-State Masters T&F Club Meets, Hagerstown JC, Hagerstown, MD, 5:30 p.m. Wayne Vaughn, 734 W. Franklin St., Hagerstown, MD 21740. 301/733-6076.

June 16. TAC New Jersey Masters Championships, Rutgers U., Piscataway, NJ. Ron Salvio, Squan Rd., Clarksburg, NJ 08510. 609/259-9268.

June 23-24. TAC Eastern Regional Masters Championships, Washington, DC. Sal Corrallo, 5351 N. 37th St., Arlington, VA 22207.

July 8. Quadrangular Meet (NY Masters, Shore AC, Phila. Masters, Potomac Valley Seniors), Monmouth College, New Yersey. Ron Salvio, Squan Rd., Clarksburg NJ 08510.

July 15. New York Masters Relay Carnival, Kings Point, New York. NY Masters, 77 Prospect Place, Brooklyn NY 11217. Entry form in June issue.

July 21. Masters pentathlon, Philadelphia. Fred Mannis, 104 W. Montgomery Ave., Ardmore PA 19003. 215/642-5989.

August 4. Philadelphia Masters Championships. Fred Mannis, 104 W. Montgomery Ave., Ardmore PA 19003. 215/642-5989. August 17-19. Empire State Games, Albany, New York. Bob Fine, 77 Prospect Place, Brooklyn NY. 11217.

September 2. Potomac Valley Masters Games, Washington, DC. Sal Corrallo, 5351 N. 37 St., Arlington, VA 22207.

SOUTHEAST

June 5 to July 31. All-Comers Meets, each Tuesday, 6:30 p.m., Lovett Schools, Atlanta, Championships July 29, 30, 31.

June 9-10. Northwest Classic, Miami, Jesse Holt, 1310 N.W. 90th St., Miami, FL. 33147.

June 16. TAC Southeast Regional Masters Championships, Atlanta, ATC, 3097 E.Shadowlawn Drive, Atlanta GA 30305. 404/231-9064.

July 7, Southeastern Track Classic, Greenville, SC. Tom Malik, 104 Pinewood Dr., Greer, SC 29651.

July 14. Virginia TAC State Outdoor Open & Masters Championships, Charlottesville, VA. Virginia Masters, PO Box 5696, Charlottesville, VA.

July 21-22. Virginia TAC State Open & Masters Decathlon Championships, Charlottesville, VA. October 13-14. Thro-a-thon (tentative).

October 13-14. Thro-a-thon (tentative). (Discus, shot, hammer, javelin, weight) North Carolina State U. Mike Valle, PO Box 2687, Burlington, NC 27215.

December 30. Holiday Weight Pentathlon (9 am) and regular Pentathlon (2 pm), Delray Beach, FL. Randall Cooper, Atlantic Community School, 2501 Seacrest Blvd., Delray Beach, FL 33435.

MIDWEST

June 2. Athlete's Foot Masters Meet, Augustana College, Rock Island, IL. Kathy Loper, 1029 16th Ave., East Moline, IL 61244. 319/386-9141.

June 9-10. TAC Michigan Open & Masters Championships, Hillsdale, Michigan. Joe Rogers, Hillsdale College, Hillsdale MI 49242. Entry form in May issue.

June 10. 5th Annual Wisconsin United AC Masters Meet, U. of Wisconsin-Madison Walnut St. track, 10 a.m. Ron Dennis, 6408 West Gate Rd., Monona, WI 53716. 608/221-8020.

June 16-17. Indy Senior Classic, Indianapolis, IN. Bob Coughlin, 305 S. Barton, Indianapolis, IN. 46241.

June 30. Open & Masters Meet, Chicago. W. Miller, 180 N. La Salle St., Chicago, IL 60601 312/234-2154

June 30. Cleveland Track Classic, Cleveland, OH. Jeff Gerson, 6509 Marsol Rd., No. 308, Mayfield Hts., OH 44124. June 30. All-comers meet, York HS, Elmhurst, Illinois, 7 a.m. Race day sign up. Wendell Miller, 312/234-2154.

DEADLINE

NMN is written by masters athletes for masters athletes. We need and welcome your reports of meets, races, schedules, photos, comments, etc. Deadline for editorial material and advertising is the 10th of the month before date of issue. Send to *National Masters News*, *P.O. Box 2372, Van Nuys*, *CA 91404.*

CLASSIFIEDS

If you are promoting a race meet, or offer a service or product or wish to place a personal ad, the rate is 25° a word. Payable with copy. Deadline is the 10th of the month prior to issue date. Send to NMN, PO Box 2372, Van Nuys, CA 91404.

RUNNING VACATION — Beach, Boardwalk and Casions nearby. Bed and breakfast. Hosts run 10K to Ultra Distances. Atlantic City area. Double \$45 to \$60 nightly. Single \$10 less. J.L. Running Resources, Box 2217, Ventnor NJ 08406.

MAKE NEW RUNNING FRIENDS as you travel. USA/foreign. Send SASE to Jeff Whitmore, Rt. 1, Box 1023, Gerrardstown WV 25420.

July 21. Wolverine Weight Pentathlon. 10 a.m. Six throws in each event. Phil Partridge, 2060 W. 32 St., Holland, MI 49423. July 28. TAC Midwest Regional Masters Championships, Chicago. W. Miller, 180 N. La Salle St., Chicago IL 60601. 312/234-2154.

August 4. Heights Summer Classic, Cleveland Hts., OH. Dorothy Davis, 2155 Miramar Rd., University Hts., OH 55118.

MID-AMERICA

June 3. Summer Sports Festival Meet, Independence, KA. Thornton E. Shelton, 810 E. Maple St., Independence, KA 67301. 316/331-5352.

August 12. Chillicothe Masters and Senior Olympics, Chillicothe, MO. Joe Shy, Box 745, Chillicothe, MO 64601.

September 1-2. Rocky Mountain Masters Games, Denver, CO. Jim Weed, 11672 E. 2nd Ave., Aurora, CO. 80010. 303/341-2980.

SOUTH WEST

June 9. 6th Annual Hill Country Classic Masters Meet, Mason, TX. Lee Graham, Mason High School, Rucker Rt., Box 31 C, Mason, TX 76856. 915/347-5921 (w); 915/347-5620 (h).

June 23. TAC Southwest Regional Masters Championships, U. of Texas-Arlington (Dallas area). Joe Murphy, 4308 N. Central Expwy, S-206, Dallas, TX 75206.

July 21. Texas Masters Championships, U. of Texas-Arlington (Dallas area). Joe Murphy, 4308 N. Central Expwy, S-206, Dallas TX, 75206

WEST

June 9. Trojan Masters Meet, Cromwell Field, USC, Los Angeles. Jim Vernon, 1147 W. Rowland Ave., West Covina CA 91790. June 16-24. U.S. Olympic Trials, Los Angeles. 213/972-5775.

June 30. 8th Annual Southern California Striders Relays, Santa Ana College, Santa

Need Back Issues?

Most back issues of the National Masters News are available for \$1.50 each, plus 50° postage and handling for each order. Send to:

National Masters News P.O. Box 2372 Van Nuys, CA 91404 Beverly Hills, CA 90211. July 1. TAC Southern Pacific District Masters Championships, Occidental College, Los Angeles, Calif., 3 p.m. SASE to Woody Studenmund, 823 Milmada Dr., La Canada, CA 91011.

July 7. Northern California Seniors TC Masters Track Classic, Berkeley, CA. Mark Grubi, PO Box 4512, San Francisco, CA 94101.

July 13-15. Taco Bell open and Masters Meet, Fresno State U., Fresno, CA. Red Estes, CSUF Athletic Dept., Fresno, CA 93740. 209/294-4097.

July 13-15. TAC Western Regional Masters Championships, Occidental College (new U.S. Olympic Track), Los Angeles. Gary Miller, 1740 Grandview Ave., Glendale CA 91201. Entry form in June issue.

August 25. Southern California Masters Meet, Southwestern College, San Diego. Joe Horn, 1147 Agate St., San Diego CA 92109. 619/488-8885.

September 8-9. 15th Annual Senior Olympics, Orange Coast College, Costa Mesa, Calif. Decomposed granite track. Deadline August 23. Senior Olympics, 5726 Wilshire Blvd., Los Angeles CA 90036.

October 6. Club West Masters, Goleta, CA. George. Adams, PO Box K, Goleta, CA 93116.

NORTHWEST

June 2. Fifth Annual Senior Sports Festival, Seattle, WA. Brenda Weatherford, 425 S. W. 144th, Seattle, WA 98166. June 9-10. Southern Oregon Decathlon, Heptathlon Championships, Jr. High thru Masters, Phoenix, Oregon. Don Gray, P.O. Box 119, Phoenix, Oregon. 97535. June 23. Northwest Pentathlon, Wahtonna

High School, The Dalles, Oregon. Open and masters. Robert R. Gent, 4825 Simonelli Rd. W., The Dalles, Oregon. 97058.

June 30 · July 1. Hayward Classic, Eugene, OR. Arlene Noviello, 1577 Willagilespie, Eugene, OR '7401.

July 13-14. TAC Northwest Regional Masters Championships, Gresham, Oregon. Jim Puckett, Mt. Hood College, 26000 S.E. Stark, Gresham, OR 97030. 503/667-7534.

July 19-29. Senior Masters Sports Festival, Eugene, Oregon. T&F segment on July 22, Hayward Field, U. of Oregon, 10 a.m. Eugene Senior Sports Group, INC. Eugene Parks & Rec. Dept. 858 Pearl St., Eugene, OR 97401. 503/484-0240.

August 10-11. Sixth Montana Masters Championship, Bozeman, MT. Mike Carignan, Box 1766, Bozeman, MT 59771.

.C.ANADA

June 9-10. Ontario Masters Championships, Oshawa Civic Fields. Mendal Smith, 26 Lake Driveway East, Ajax, Ont. L1S 3N6.

July 7-8. Canadian Masters Championships, Richmond, British Columbia. Don Trethewey, 8451 Dorval Rd., Richmond, B.C. V7C 3J1.

July 14. Ontario Masters Pentathlon Championships, Toronto. Art Rappich, 86 Gloucester St., No. 1105, Toronto, Ont. May 2S2.

August 17-19. Pan-American Masters Championships, Ottawa, Ontario. Danny Daniels, R.R. No. 3. Carp. Ont. KDA 1L0.

INTERNATIONAL

June 22-24. 8th Italian Masters Championships, Salsomaggiore, Italy. Foreigners welcome. IMITT, 20147 Milano, Via Martinetti, 7, Italy. Tel. 02/4048306.



July 28-August 12. Olympic Games, Los Angeles. July 29-30. British National Champion-

ships, Edinburgh, Scotland. August 11. North American Championships, Chicago. Wendell Miller, 180 N. LaSalle Ave., Chicago IL 60601. 312/234-2154.

August 20-25. IV European Veterans Track & Field Championships; Brighton, Worthing & Hove, England. Europeans only. Closed to Americans. Barbara Dunsford. 71 Hillside Crescent, South Harrow HA2 OQU, England. Sylvester Stein, 01-637-4383.

October 6-7. 5th All-Japan Masters Championships, Okinawa, Japan. Masaharu Sugano, 453-9 Inbe, Wakayama, Japan. October 20-21. International Masters T&F Meet, Hong Kong. Margaret Brooke, GPO Box 10368, Central Hong Kong.

LONG DISTANCE RUNNING NATIONAL

June 15. TAC National Open and Masters 100 Mile Championships, Shea Stadium, New York City, NYRRC, 9 E. 89 St. NYC 10022. 212/860-4455.

July 8. TAC National Masters 15K Road Championships, Utica, N.Y. Earl Rudd, Utica Boilers, Dwyers Ave., Utica NY 13501. 315/797-1310.

September 23. TAC National Masters Halfmarathon Championships and Dayton River Corridor Classic, Dayton. Steve Barr, Kettering Pro Health Center, 3700 Far Hills Ave., Kettering OH 45429. 513/298-2391. September 23. TAC National Open and Masters 50K Championships, Washington, D.C. Dick Good, PO Box 1065, College Park MD 20740. 301/345-2286.

November 3. TAC National Masters 15K Cross-Country Championships, Houston, E.G. Lang, 14 Sandalwood, Houston, TX 77024. 713/781-2810.

November 17. TAC National Masters 10K Cross-Country Championships, Holmdel, N.J. Ron Salvio, Squan Road, Clarksburg, NJ 08510. 609/259-9268.

November 18. TAC National Masters 50-Mile Championships, Buffalo, N.Y. David Broad, Dept. of Athletics, SUNY-Buffalo, 1300 Elmwood Ave., Buffalo, NY 14222.

November 24. TAC National Masters 5K Cross-country Championships, Seattle. Carol Langenbach, 4261 S. 184th, Seattle, WA 98188. 206/433-8868.

NEW ENGLAND

July 28. John Kelley 11.6-Mile Run, New London, Conn. Jack Dempsey, Ocean Beach Park, New London CT 06230. 203/442-9423.

August 19. Falmouth Road Race, 7.1 miles. Falmouth Road Race, PO Box 732. Falmouth MA 02541. Entry deadline May 1, 617/540-4417 (after July 1).

EAST

June 2. L'eggs Mini Marathon 10K, New York City. NYRRC, P.O. Box 881, NYC 10150. 212/860-4455

July 1. Pepsi Challenge 10K Championships, New York City. NYRRC, PO Box 881, FDR Station, New York, NY 10150. 212/860-4455.

July 22. New York Masters 10K Walking Handicap Race, Brooklyn, NY. NY Masters, 77 Prospect Place, Brooklyn, NY 11217.

August 18. Asbury Park 10K Classic, N.J. Phil Benson, Box 2287, Ocean, NJ 07712. 201/531-4156.

October 7. TAC Eastern Masters 10K Cross-Country, Van Cortlandt Park, Bronx, N.Y. NY Masters, 77 Prospect Place, Brooklyn NY 11217.

October 8. Bonne Bell 10K National Finals,

ON TAP FOR JUNE

TRACK & FIELD

Over 20 masters meets are slated for June. On the 9th there's action in New York, Texas, Pittsburgh, Los Angeles, Ontario and Miami. The MAC Championships are set for New York City on the 10th, along with a Madison, Wisconsin meet.

Four events take place on the 16th: the New Jersey Championships, a Wattham, Mass. meet, the Southeast Regional in Atlanta and the 2-day Indy Senior Classic in Indianapolis.

The 2-day Eastern Regionals move to Washington this year on the weekend of the 23rd. The Southwest Regionals are again in Dallas — also on the 23rd. For world travelers, the Italian Championships invite you to Salsomaggiore for a 3-day extravaganza.

The month closes out on the 30th with the Cleveland Track Classic, the Hayward Classic in Eugene, Oregon: the Striders Relays in Los Angeles, and a meet in Chicago. The SPA/TAC meet is July 1 in L.A.

And, of course, the 1984 U.S. Olympic Trials will be held in Los Angeles from the 16th thru the 24th.

LONG DISTANCE RUNNING LDR takes a back seat to T&F as summer approaches, but there are a fèw major events.

The increasingly popular Grandma's Marathon goes off on the 16th in the cool air of Duluth. The TAC 100-mile championships are scheduled for New York on the 15th.

The big race of the month is the Cascade Runoff 15K in Portland, Oregon on the 29th. This is the 4th in the 12-race Nike Masters Series for 1984, Veteran runners (men 40+, women 35+) will compete for awards and travel to the XVII International Masters Distance Championships.

Boston. Bonne Bell, 18519 Detroit Ave., Lakewood OH 44107.

October 27. NY Masters 5K and 10K Cross-Country, Van Cortlandt Park, Bronx, N.Y. NY Masters, 77 Prospect Place, Brooklyn NY 11217.

October 28. New York City Marathon. NYRRC, PO Box 1388 GPO, New York NY 10016. 212/860-4455.

November 4. Marine Corps Marathon, Washington, D.C. Capt. Chris Moody, PO Box 188, Quantico VA 22134. 703/650-2225.

November 11. TAC Metropolitan Masters Cross-Country. NY Masters, 77 Prospect Place, Brooklyn NY 11217.

SOUTHE.4ST

July 4. Peachtree 10K Road Race, Atlanta GA. Roy Benson, 3097 E. Shadowlawn, Atlanta, GA 30305, 404/231-9064.

September 29. Virginia Ten Miler, Lynchburg, VA. Marilyn Straub, 3020 Cranehill Drive, Lynchburg VA 24503.

National Masters News

MIDWEST

June 16. Grandma's Marathon, Duluth, Minn. Grandma's Marathon, P.O. Box 6234, Duluth, MN 55806. 218/727-0947. SASE.

July 8. 4th Annual March of Dimes Mini/Masters 5K Races, Peoria, Ill., 6 p.m. Joyce Dolzell, March of Dimes, 4700 N. Sterling Ave., Peoria, IL 61615. 309/682-3335.

July 15. Lady Wolfpack Classic 20K, Columbus, Ohio. Women only. John White, 4865 Arthur Pl., Columbus, OH 43220. 614/459-2547.

August 25. Bobby Crim 10-Mile Road Race: John Harpst, 1101 S. Saginaw, Flint MI 48502. 313/766-7346.

September 23. River Ramble 5K/10K/30K/50K, Columbus, Ohio, 5K & 50K are Ohio TAC Open & Masters Cham-pionships. John White, 4865 Arthur Place, Columbus, OH 43220. 641/459-2547. October 7. RRCA National 50 Mile Cham-

pionships, Chicago, IL. Noel D. Nequin, M.D., Swedish Covenant Hospital, 5145 N. California Ave., Chicago, IL 60625.

October 7. Columbus Bank One Marathon, Columbus, Ohio. Corporate Processing Dept., Columbus, OH 43271.

October 14. 6th Annual Medical Joggers Association 50 Miles/100K, Chicago, IL. Also RRCA's 50 Mile national championships. Legal SASE to Noel Nequin, M. D., Swedish Covenant Hospital, 5145 N. California Ave., Chicago, IL 60625.

October 21. America's Marathon, Chicago. Bob Bright, 214 West Erie St., Chicago IL 60610. 312/951-0660.

November 10. Wendy's 10K Classic, Bowling Green, Kentucky. Dave Mason, 1502 Weston St., Bowling Green KY 42101. 502/781-2834

December 30. RRCA National 50K Championships, Peoria, IL. paul Appell, R.R., Alton, IL 61414.

MID-AMERICA

June 2. Summer Sports Festival 5/10K Runs, Independence, KA. Rhonda Maskus, Independence, KA 67301. 316/331-0344. June 3. RRCA National Open & Masters Half-Marathon Championship, Kansas City, KS. Rich Ayers, 2413 North 57 Terrace,

Kansas City, KS 66104. August 18-19. Pikes Peak Marathon & Half-marathon, Manitou Springs, Colorado. PO Box 1694, Colorado Springs CO 80901. 303/471-9790.

September 6. RRCA National 25K Championships, Minneapolis, MN. Jeff Winter, 3515 Holmes, Minneapolis, MN 55408.

September 29. Maupintour Fall Classic, 10K, Lawrence, KA. Tom Leigh, Maupintour, 913/843-1211.

September 30. Twin Cities Marathon, Minneapolis to St. Paul, Minn. \$150,000 purse. Jack Moran, PO Box 24193, Minneapolis MN 55424.

SOUTHWEST

October 13. International Run Against Crime 10K, El Paso, Texas. John Hinshaw. PO Box 15000, El Paso TX 79998.

915/772-RACE. December 2. White Rock Marathon, Dallas. Phidippides, North Park East, 8822 N. Central Expressway, Dallas TX 75231. 214/361-6493.

WEST

June 9. 8th Palos Verdes Marathon, Los Angeles, Calif. George Owens, PO Box 153, Palos Verdes Estates, CA 94614. 213/437-6774.

July 4. Coronado Half-Marathon. San Diego, Calif. George Green, 626 Fifth St., Coronado CA 92118. 714/437-4556.

July 4. Monarch Bank 5K & 10K Run in the Parks, Laguna Niguel, CA. Bill Pascual, 24372 Las Naranjas, Laguna Niguel, CA 92677. 714/831-6618.

July 28. Golden Run 5-10K, Fountain Valley, Calif. (near L.A.) 7:30 a.m. Bob Stewart, 1822-1/2 Newport Blvd. No. 210, Costa Mesa CA 92627. 714/645-7194. August 5. SPA/TAC 10K District Championships, Griffith Park, Los Angeles.

National Masters News

CRRC, Box 891, Tarzana CA 91356. 818/888-5526. August 19. San Francisco Marathon, San Francisco, CA. San Francisco Marathon, PO Box 27385, San Francisco, CA 94127.

415/681-2322. August 19. America's Finest City Halfmarathon, San Diego, Calif. Neil Finn, American Lung Assn., 3861 Front St., San

Diego, CA 92103. 619/297-3901.

NORTHWEST

June 2. Governor's Cup Marathon, Helena, Mont. Governor's Cup, PO Box 451, Helena, MT 59624. 406/442-5450. June 3. "The RACE" 8K Run, Eugene,

OR. OTC Masters, 1587 Agate, Eugene, OR 97403. June 24. Cascade Run Off 15K, Portland,

OR. Cascade Run Off, 208 S.W. Stark Ave., Suite 304, Portland, OR 97204. 503/226-0717.

July 15-22. Oregon Running Camp, Skycamp Lodge, Eugene. Box 5453, Eugene OR 97405. 503/726-2215.

July 24. Deseret News Marathon, Salt Lake City. Keith West, PO Box 1257, Salt Lake City UT 84110. 801/237-2135. July 29-August 5. Steens Mountain High

Altitude Running Camp, Frenchglen, Oregon. Box 5453, Eugene OR 97405. 503/726-2215.

INTERNATIONAL

September 30. September 30. Berlin Marathon. 7-day tour. G.K. Erich, 39 West Parkway, Pequannock NJ 07440. 201/694-2097.

October 13-14. IGAL European Veterans Distance Running Championships, Bern, Switzerland. Werner Hamm, Theuerbruennleinsweg No. 55, 8720 Schweinfurt, West Germany.

December 1-2. XVII IGAL World Veterans 10K and Marathon Championships, San Diego, Calif. Bill Stock, 7160 Baldridge Rd., La Mesa, CA. 619/286-7867.

December 11-17. Running tour of the Holyland, Barry Shaw, PO Box 2143, Netanya, Israel.



Bob Hull, TAC National Indoor Champ Princeton, N.J., March 24-25, M65 1500.

	1984 TAC NATION PRINCETON, NEW			OR TRACI		ELD CHAMPIONS	HIPS	-
	Yard Dash Finals							
	Gaines, D.		HTC M	6.64	1B 1	Colbert, L.	Md PVSTC	34.78
	Thompson, W Blueford, M.	MON	Cang	6.78	3	Small, E. Barnwell, M.	NY NYP NY NYP	34.84 35.37
	Stallworth, C. Walton, A.	IN DC E	VSTC	6.81	4 5	Pauling, C. LaTorre, G.	NY CPTC Ca WVTC	35.62
6	Robinson, D.	NY S RI	SYCH	6.84 7.01	67	Pyle, M. Kincaid, C.	MI AATC	37.04 37.40
	Jackson, C		WMW	6.58	8	Bohigian, H.	NYM	NY
2	Clarence, Ray	MI F	TC	6.64 6.67	. 9	Mege, E.	Pa	42.2(HT
4	Wilson, J. Brinker, K.	NJ		6.95	2	Springbett, B. Brown, M.	CA WVTC NJ Shore	34.79 36.20
	Dickerson, J.		hore	7.00	3	Enders, R.	MD PVSTC	36.46 36.6(HT
2	Williams, R. Fitzsimmons, D.	CA V	WVTC	6.91	4 5	Sutton, E. Summers, E.	Pa WPTC Pa PM	38.85
	B Robinson, R. Duffy, D.	CA .S	NYM SCS	7.03	67	Marlin, D. Cohen, A.	Ca WVTC NY NYM	39.34 39.35
	Bantum, J. Toscano, T.		PM NYM	7.07	8 9	Benoit, R. Haney, W.	NY NYM	40.27
18	LaTorre, G.		WYTC	7.03	10	Patz, L.	NH	42.28
	Weaver, R. DeWitt, D.		SCS	7.04 7.11	11 12	Hanlon, D.	NT NJM NH	43.62 43.87
	4 Barnwell, M. 5 McCombs, E.		NYPC PM	7.17	13 14	Patterson, T. Nyhan, J.	NJ Shore MA	44.52 45.08
	6 Bohigian, H.	NY I	MYM	7.78	2B 1	Smith, L.	Ma Baa	37.67
	1 Springbett, B. 2 Brown, M.		WVTC	6.98 7.22	2	Thompson, S.	NJ Shore	38.00
	3 Barrett, J.	OH C	THTC	7.40 7.42	3 4	Stevens, B. Sweeney, V.	Ca WVTC NJ NJM	38.45 40.21
	4 Sutton, E. 5 Marlin, D.	CA V	WYTC	7.42	56	Jordan, W. Smith, L.	OH OTHTC Ma BAA	41.17 43.89
	6 Clark, W. 7 Brooks, T.		NYPC	7.50 7.70	7	Mays, C.	OH	47.18
2B	1 Stevens, B.		WVTC	7.60	3A 1	Valentine, R.	NY NYP	37.1(HT
	2 Jordan, W. 3 Jocoy, J.	CA S	SDAA	7.81 7.83	23	Bower, R. Harris, O.	Pa WPTC Pa PM	40.4(HT 40.5(HT
	4 Smith, L. 5 Sweeney, V.		BAA NJM	7.89	4 5	Goldsmith, M. Lacey, T.	TX DM OH FTC	41.1(HT 41.3(HT
	6 Olson, C.	MN I	мм	7.99 8.91	6	Brown, R.	NY NYP	43.7(HT
14	7 Mays, C. 1 Valentine, R.	OH	NYPC	7.70	7 8	Carmen, W. Cavicchi, R.	Ma BAA OH OTHTC	45.7(HT 46.4(HT
20	2 Bower, R.	PA .	WPTC	7.72 8.03	9	McEvoy, L.	NY NYM	48.1(HT
	3 Goldsmith, M. 4 Harris, O.	PA	PM	8.05			And I wanted	
	5 Lacey, T.		FOTC	8.09	3B 1 2	Sponseller, J. Miller, H.	Pa PM Ca CDM	42.42 49.00
38	1 Miller, H. 2 Sponseller, J.	FL	DM	8.72	3 4	Hull, R. Hacker, N.	NJ Shore NY Sych	58.74 60.33
	3 Tashion, W.	Ц	MCN	8.78	4A 1	Gonzalez, G.	PR PRM	42.71
4A	1 Gonzalez, G.	10.000	PRM . PM	8.34 9.33	2	Lacey, D.	FL WFRC	46.70
48	2 Hills, C. 1 d'Elia, M.	NJ	MUN	9.15	34	Hills, C. Boal, R.	Pa PM. NC	47.5(HT 50.49
	2 Fike, B.	OH	OTHTO	9.26	4B 1	d'Elia, M.	NJ NJM	48.1(HT
5A	1 Meyers, R. 2 Pitcher, A.	FL	нтс	9:58 10.32	2		OH OTHTC	49.7(H1
FO	Al Collins, P.	NY	STOM		5A 1		FL	52.7(HT
	2 Oerter, A.	NY	ATC	7.53	2	Pitcher, A.	IN HTC	61.6(HT
FOI	2 Clark, S.	GA NY	PAL	7.87	FOA 1	Collins, P. Jones, S.	NY ATC	41.80
	3 Pinto, J. 4 Pierce, K.	NY	SYCH	8.52 8.76	FOB I	The second se		
FU	Al Brown, C.	NY	ATOM	\$ 7.74	2	Johnson, J. Clark, C.	NY NY PAL	38.36 39.89
	2 Robinson, Y.	NY	NYM	9.75	34	Pinto, J. Pierce, K.	NY NYM NY SYCH	44.68 45.7(HT
FU	3 Parry, C. B I Fitzgerald, M.			8.03	FIA I	McRonaid, C.	NJ Shore	48.69
-	2 Johnson, A.	NY	NYM	9.01	2		NY HM	54.0(HT
	3 Kea, E. 4 Cirulnick, A	NY	NYM	9.62	FIB L	Fitzgerald, M	NJ	44.08
-	5 Gibson, J.	OH	Shore	9.20	23	Johnson, A. Gibson, J.	OH OTHTC	47.30 70.47
F2	Al Ammermueller 2 Kellon, C.	OH	CM	10.14	FZA 1	McKenzie, C.	NY NYM	45.89
	3 Lipton, G.	OH	TRR	9.46	2	Goodhue, S.	MA Walt	47.07
2B	1 Reardon, F. 2 Nevhaus, B.	TX	HH	9.57	3 4	Ammermueller Lipton, G.	NJ Shore NY NYM	48.2 67.5
	3 Holland, B.	он	CM	9.65	5	Cohen, B.	NY NYM	85.5
3B	1 Bowermaster, 2 McCormick, A		СТС	9.50	F2B 1	Nevhaus, B.	TX HH	51.18
	I Nelson, V.	PA	Shore	11.10	2		OH TRR	53.02
-						a construction of the second second	PA	71.47
300) Yard Dash				F4A 1	Nelson, V.	PA Shore	71.50
OA	I Murphy, R.	OH	CTC	32.65	600 Ya	rd		e The
	2 Robinson, D. 3 Thornley, S.	PA	SYCH	34.04 34.28	Hand T		- start	
	4 Blueford, M.	MO	Kang BI	34.64 34.76	OA 1		MD Gateway MO Kangaroo	116.0
	5 Hodge, D. 6 Beale, R.	Pa	PM	35.15 35.18		Hall, H. Ebbets, R.	TX Dallas NY On the R	116.5
*	7 Stallworth, C. 8 Larson, D.	CN	GSH	35.54	5	Favorite, R.	PA PM	118.5
	9 Brown, D. 10 Lipscomb, A.	FL	NYP	35.80 36.98	67	Thornsley, S.	NY Bronx NJ SAC	118.6
	11 Gaines, D.	IN	HTC	37.76	8 Tie	Brown, D. McDonald, R.	NY NYP NY NYP	120.7
OB	I Ray, C.	MI	FTC	33.16 33.40	1		Ma Grsphar	122.0
	2 Thiel, D. 3 Brown, B.	VA I		34.20		Carlson, M.	NJ	126.2
	4 Robinson, E. 5 Jones, B.	NY T	NYP Shore	34.49 36.27	12	Smith, K.	PA PM	128.9
	6 Weller, D.	Pa	HPP	37.28	0.0	1 Andrews 11	NJ SAC	116.91
	7 Bedford, A.	Pa	PM	39.44		1 Anderson, M. 2 Collopy, M.	CA SoCai	116.91
1A	and the second s	NY N		33.43	1	3 Carr, G. 4 Theirl, D.	MO Kang LA Lalight	117.31
	2 Abayomi, D. 3 Duffy, D.	Pa P Ca S		34.12 34.13	1 - 70	5 Smith, W. 6 Vanauker, T.	Tex Dallas NY GrRoch	119.0
1	4 Williams, R. 5 Stanford, R.	NJ S	hore	34.38 34.85	1	7 Royal, T.	NY StrChg	119.59
	6 Fitzsimmons	, Ca W	VTC	34.75		8 Reiter, G.	MO Kang	121.57
	7 Ficker, R. 8 Miller, L.	Md P Ma		34.97 35.63	IA	1 Dyce, D. 2 Duffy, D.	MY MYP CA SoCal	116.24
	9 McDonald, M 10 Grant, C.			36.25 36.74		3 Ficker, R. 4 McDonald, M.	MD PYSTC	117.74
	11 Hodge, J.	Pa P		38.12	1	5 Liedhom, C.	Mih AATC	123.6

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page	Sta o re		1	20-21	and the second	1 2 2	anonan	LASPO	IDUTENS.	Sec. State	ease -	The second second	Jun	e, 1984
1B 1	Small, E.	NY NYP	119.90	FOB	1 Houlton, S.	GA Atlanta	TC 2.53.33	Two M	Aile Run		N-2-2-5	60 Yard Hurdles		
2 3 4 5		MD NY CPTC MI AATC KY MAS-DX	119.93 120.15 121.82 125.82	1 1	2 Clark, S. None	NY PAL	2.58.4 HT	AO	1 Cook, T. 2 Price, I. 3 Pulos, S.	PA CV MD GA NY GR	9.23.67 9.27.56 9.28.34	OA 1 Samara, F. 2 Jones, J. III 3 Rudrow, R.	NY NYAC PA, PM NJ SAC NJ SAC	7.72 7.82 8.01 8.25
6	Bohigian, H.	NY NYM	128.07	FIB		OH OTHTC	The second		4 Mayers, D. 5 Contario, J. 6 Alaggio, P.	PA RD NY GR NJ	9.47.53 9.50.80 9.51.7	4 Cestero, A. 5 Lipscomb, A.	FL	8.52
2A 1 2 3	Blount, C. Enders, R. Sutton, E.	MO KNG MD PUSTC PA WPTC	122.4 122.8 126.3	FZA	1 McKenzie, C. 2 Butcher, G.	OH OTHTC		31	7 Washington, L. 8 Sharpe, M.	VA PU TN KT	10.07.1 HT 10.08.0 HT	OB 1 Malik, T. 2 Peals, A.	SC KS	7.82 7.92
4 5	Sumners, E. Patz, L.	PA WPTC NH	128.89 135.70	- Colo	None			ОВ	1 Seprowski, M. 2 Irwin, J.	NJ CJ MO Kang	10.03.5 HT 10.09.4 HT	3 Carroll, M. 4 Novak, J. 5 Black, I.	ND MK NJ NY NYAC	8.48 8.66 9.41
67	Kelly, J. Cohen, A. Talbott, T.	NY NYM NY NYM NY NYM	136.44 137.1 139.4	- and	None			-	3 Phillips, U. 4 Gilkin, B.	NJ MC TX HH	10.14.0 HT 10.19.0 HT	IA I Kline, B.	PA WPTC	8.42
9 10	Irace, C.	NJ NJM Ma Walth	143.50. 145.35	- AND AND ALL	I Lopez, M.	NJ Shore	4.27.1 H1		5 Indek, W.	NJ CRR	10.29.0 HT 9.47.53	2 Smith, W. 3 Fassette, J.	PA PM NJ SAC VA ShenVal	8.74 9.27 10.0
2B 1 2	and the second se	Ma BAA NJ SAC	125.9	Mile	Run Men			1A	I Randall, K. 2 Faxon, L. 3 Hagman, W.	Ma TS FL TS NJ MSS	9.50.39 9.54.66	4 Bugg, G. 1B 1 O'Hara, J.	NJ SAC	8.20
34	Brown, K. Parsons, R.	NJ NJB PA PM	127.4 136.8	OA	I Hawkins	PA PM	4.32.90		Stovall, S. Jump, E.	NJ MB NJ Shore	11.06.8 HT 11.33.6 HT 11.54.6 HT	2 Dewitt, D. 3 Trout, L.	CA SoCal NJ SAC	8.38 9.00
3A 1		Oh NY NYP	156.9	-21-	2 Harrison, L. 3 Mayers, D. 4 Washington, L.	MO Kang PA RDH MD PV	4.33.70 4.36.7 4.39.22	IB	6 Ward, R. I Glyde, H.	Con TK PA PM	10.03.19	4 Miller, C. 5 Bohigian, H.	TX DalMas. NY NYM	9.7 HT 11.7 HT
23	Messinger, A. Lacey, T.	NY NYM OH Findlay	133.0 140.5		5 Jackson, R. 6 Floyd, R.	NY TX DM	4.39.7 4.53.8		2 Romack, F. 3 Clark, J. 9 Peele, D.	IND RF Mi AA Mi	10.38.21 10.41.3 HT 11.07.7	2A 1 Pratt, L. 2 Mulkey, P. 3 Cairk, W.	NJ GA Atlanta	8.25 8.59
4		NY NY Pion OH OTHTC	144.9 200.2	OB	Nolan, H. Camp, G.	NJ SAC	4.24.58	e	Hurley, J. Kearney, J.	NY NM NJ Shore	11.29.1 HT 11.58.0 HT	4 Murphy, J. 5 Olson, L.	PA PA TX DM NY NYM	8.66 9.34 10.32
3B 1		FLAPM	141.3		B Dow, E. Grube, J.	NC PA PM	4.25.76 4.33.26		I Foulk, W. 2 Green, A.	NH RR CT TS	10.22.48	6 Kelly, J. 2B I Chernock, R.	VA TideStr.	10.87 9.4 HT
2	I Lacey, D. 2 Monastro, S. 3 Zachman, H.	FLA W.FLA PA PM NJ NJM	159.7 220.1		5 Myers, R. 5 Douglas, W. 7 Jerolaman, S.	NJ SJA NV Conv.	4.33.26 4.42.1 4.44.36		3 Cohen, A. 4 Martin, G.	MYN YN MEN EN	10.42.6 11.58.30 12.10.5 HT	2 Kelly, G.	NJ SAC	10.70
	I Fike, B. 2 d'Elia, M.	OH OTHTC	155.1		8 Thomashow, D 9 Shank, J.	MD MK	4.48.6		5 Belleville, W. 6 Geer, E.	PA PM NJ Shore	NT 14.11.6 HT	3A I Gist, B. 2 Lukens, E. 3 Johnson, J.	CA CDM NY SyrCh NC NCSTC	9,67 9.96 10.67
	l Hall, S.	Ma Walt	144.4 HT			MI GR NY WR NY	4.50.1 4.53.5 4.53.92		1 Carmen, K. 2 Snedeker, R.		11.02.63	4 Cavicchi, W. 3B 1 Miller, H.	MA BAA CA CDM	11.7 HT
	2 Clair, B. 1 Johnson, J.	NY NYM	151.09 Acc	-	13 Glikin, B. 14 Gerson, J. 15 Ryan, B.	TX HH OH OTH	5.01.86 5.06.50		3 Thompson, G. 4 Mimm, A.	NY NYAC NJ Shore	11.43.8 HT 13.14.1 HT	4A 1 Hills, C.	PA PM	10.6 HT
2	2 Houlton, S.	GA Atlanta	127.46 Acc 137.2 HT	. IA 1	Randall, K.	NJ SAC Ma SAU	5.35.1 4.27.3	34	2 Hewson, N.	MI AA VA PU	12.07.6 HT 12.13.3 HT	2 Boal, R. 5A 1 Meyers, R.	NC FL	12.1 HT
	1 Upton, L. 2 Pashkin, S. 3 Hobbs, E.	Ma Walt. NY NYM NY NYM	138.65 Acc 141.14 Acc 150.07 Acc	1	Holbrook, M. Cohen, G. Haiman, T.	CA CCF CA SCS NY WR	4.28.1 4.32.2 4.35.4		3 Buckley, E. 4 White, N.	NY SC NY SC	12.16.2 HT 12.49.0 HT	2 Pitcher,	IN HT	14.04
L	4 McRonald, C.	NJ SAC	159.0 HT	é	Faxon, L. Persak, M.	VA TS MI GRT	4.35.8 4.40.8	3B	I Johnson, D. 2 Hull, R. 3 Hacker, N.	NJ Shore NJ Shore NY SC	12.23.2 HT 14.38.0 HT 16.49.5 HT	OA 1 Collins, P. OB 1 Raschker, P.	NY ATOMS GA Atlanta	9.0 HT 9.0 HT
F1B F2A	Contraction of the second	NY NYM	143.73 Acc	8	Hagman, W. Hyland, D. Perrine, J.	NJ NJM NJ NJM NJ HRC	4.46.2 4.52.2 4.59.9	44	Boal, R.	NC	14.59.4 HT	2 Clark, S. IA I Brown, C.	NY PAL	10.8 HT
	2 Goodhue, S. 3 Cohen, B.	Mas Walt. NY NYM	146.19 Acc 313.0 HT		0 Stovall, S. 1 Conn, R.	NJ MBR MI FIT	5.08.4 5.14.0		2 Poole, A. 3 Zachiman, H.	NJ MB NJ NJM	15.39.9 HT 17.01.5 HT	2 Hobbs, E.	NY ATOMS NY NYM	8.7 HT 11.1 HT
	I Neuhaus, B.	TX Houshark	and the second second	2	Glyde, H. Howard, S.	DE PM NJ CPT	4.41.7 4.45.6		I Fike, B. I Anderson, S.	OH'OTH NJ NJM	14.17.1 HT 12.26.16 HT	<u>OA</u>		
	1 Smith M. Yard Run	NY NYM	228.8 HT	4	Clark, J. Romack, F. Berggren, K.	MI ATC IND RF MI ATC	4.46.7 4.56.5 5.08.3	No.	2 Keeling, S.	NY NYM	12.36.99 HT	1 Stone, Glen 2 Rudrow, R 3 Watson, R	NJ Shore NJ Shore TX	6'6" 5'10" 5'8"
0A	1 Daily, W. 2 Ebbets, R.	MD Gateway		6 2A 1	Decker, L.	Ma WAL	5.31.0	FIA I	I Findley, L. Harshbarger, B.	Can TTC MA IA	10.58.95 11.48.36 HT	OB		L'AND A
	Washington, L Harrison, L.	MD PVSTC MO Kangaroo	2.21.17	23	and the second se	PA DM NH RC KS IA	4.48.7 4.48.7 4.52.5		l Gibson, J.	он отн	17.08.49 HT	I Purdam, R 2 Zacharka, A 3 Carroll, M	FL PA Shore MD MAK	6*4** 6**0** \$10**
	5 Mansfield, T. 6 Williams, L 7 Jackson, R.	MD MstrKeys MD MstrKeys NY	2.26.92	4 5 6	Wimberley, C. Brock, B. Cohen, A.	LA LAL NY SYC NY NYM	4.53.8 4.57.3	FZA	Whyte, S. Kania, M.	PA HP	17.19.0 HT 12.37.16 HT	4 Dickerson, J 5 Morris, R	NJ PM CA SCS	578" 578"
	8 Floyd, R.	TX DalMstrs	2.28.7 HT 2.33.1 HT 2.39.9 HT	7 8	Martin, G. Kernan, J.	NY NYM NY NYM	5.31.4 5.38.0 5.42.1	F2B	D'ellia, T.	MCN CN	13.03.93 HT	6 Seares, F 7 Jackson, C 8 Black, I	MO DecM NY NYAC	96" 94" 92"
OB 1	l Daw, E. 2 Wick, J.	NC MD MstrKeys	2.17.36	1	Haney, W. 0 Nyhan, J.	Ma WAL	5.48.4 6.12.0		Lopez, M.	NJ Shore	17.40.0 HT	1A 40-44 1 Kline, B	PA WPTC	96"
4	Garr, G. Collpoy, M.	MO Kangaroo Cal Striders	2.18.86 2.24.78	2B 1 2	Carmen, K.	NY NYM MI ATC	5.04.0 5.05.7		Racewalk Funkhouser, R.	NJ SAC	13.38.4	2 Smith, W 3 Sullivan, G	PA PM NJ NJM	94" 4'8"
67	5 Smith, K.		2.26.24 2.26.63 2.33.44	5 4 5	Brown, K. Snedeker, R. Cherniak, R.	NJ NJM NJ MBR NJ	5.07.8 5.15.8 5.27.8	1	Alfonso, J.	NJ NJS	17.03.8	IB 45-49 Dorsey, P	OH NWM	99"
8 1A 1		and the second	2.34.86	6 7	Thompson, G. Siderowitz, W.	NY NY NJ	5.32.3 no time	OB 1 2 3	Ryan, B.	VA SAC NJ SAC MA NMTC	14.15.2 17.32.1 17.40.6	2 Counihan, G 3 Langenfeld, T	NY NYAC MN	598" 598"
23	Bennett, R. Davis, J.	Del PM Ma Falmouth	2.26.8	3A 1 2	Messenger, A. Greenwood, D.	NY NYM MI ATC	5.24.5 5.42.7	1. 1	Jennings, R.	PA PM PA PM	19.14.4 16.58.2	4 DeWitt, D 5 Miller, C 6 Trout, L	CA SCS TX DA MA NJ Shore	96" 94" 92"
4 5	Davis, G. Saarmann, J.		2.28.6 2.30.5 2.41.5	345	Newell, E. Buckley, E. Stern, D.	NJ PHL NY SYC NJ u/a	5.46.0 5.49.8 7.00.5	2		NJ SAC NJ SAC	17.45.6 18.15.0	7 Bowering, D 8 Mege, E	CT SS PA PM	4:10" 4:4"
7 1B 1	Wright, L.	NJ Shore	2.52.7	3B 1 2	Johnson, D.	NJ SAC	6.12.8		Kulik, R. Stefanowicz	NJ SAC PA PM	14.55.4	2A 50-54 I Hutchins, W	PA PM	598"
23	Clark, J. O'Neal, M.	Mi AnnArbor NY Pioneers		3	Hull, R. Hacker, N.	NJ SAC NY SYC	6.40.7 7.55.1	2A 1	Bortanoy J.	CT NYM	15.24.5	2 Mulkey, P 3 Jones, R 4 Kraemer, C	GA ATC OH Day M MA	96" 4'10" 4'8"
4 2A 1		Ma Walt Mo Kangaroo	2.54.1	4A 1 2	Brohston, W. Monastero,	NY NYC PA PM	6.31.3 7.10.5	2 3	Fine, R. Dmiltchenko, Haney, J.	NY NYM NY NY NZ SA''	17.07.6 17.33.6 17.55.6	5 Jackson, W	NY	418"
2 3	Sutton, J. Wimberley, C.	PA PhilMstr Cal Lightning	2.33.6 2.35.8		Poole, A.	NJ MBR	7.22.0	5	Valiente, R.	NY ITTM NJ SAC	19.25.8	2B 55-59 1 Richard, B 2 Jocoy, J	TX DA MA CA SDAA	511n 414n
4 5	Sullivan, L.	RI	2.39.8	-	Fike, B.	NJ NJ OH OTH	8.19.2	2H 1 2		NJ SAC	·:.01.7	3 Margetson, D 4 Mays, C	NY NYP OH	414" 318"
7	Kernan, J.	NY Masters	2.58.8 3.00.6 3.07.7	Carlos Carlos	e Mile Run	on on	1.00.7		Vituvvi, J. Dyas, T.	OH CTC NJ NJM	*	<u>3A 60-64</u> 1 Gist, B	CA CDM	92"
2B 1 2	Kania, H. Brown, K.		2.38.4	OA 1	a second a second second second second	Ma WAL NH DED	5.45.7 5.48.3	3	Scully, C.	NJ SAC	26.56.2	2 Morcom, B 3 Tober, B	NH WF VA PVSTC	90" 4'8"
3		NJ	2.49.0	3	Hall, S.	Ma WAL	5.55.9		Langerfield,	NJ SAC	18.30.3 21.45.7	4 Lukens, E 5 Johnson, J 6. Vislocky, J	NY SC CA NCSTS NJ Shore	4'6" 4'2" 4'0"
3A 1	2 Greenwood, D.	Mi AnnArbor	2.50.2 3.02.2	OB 1	Findley, L. Houlton, S.	ONTTUT GA ATL	5.07.4 5.22.8		Crazin, H. Lakrutz, D.	NJ SAC NY NYM	21.46.9 250.5		- The	a lot an
3 3B 1		NY Pioneers	3.16.2	1A 1	Harshbarger	Ma WAL Ma	5.31.0 5.32.4	01 :	Costà, C. Ciccone, D. Funkhoumer, D.	NJ SAC	17.36.7 19.57.3 20.21.4	3B 65-69 I Morningstar, H 2 Miller, H	MI AATC	41411 41211
2	2 Hull, R.	NJ Shore	3.38.4	1B 1	Griffin, D.	NY CPT NJ MBR	5.37.8	4 OB 1	Funkhouser, D Wiggins, F. Schlager, S.	NY NYM NY MR	20.21.4 22.26.9 19.57.3	3 Shaw, E 4A 70-74	NY SC	3.84
	Zachman, H. Monastero, S. Poole, A.	Pa PhilaMstr	3.29.6 3.40.9 3.59.6	_2A 1	Gibson, J.	OH OTH	7.48.1	2	Buccarelli, ".	NJ SAC	23.31.8	I Boal, R 2 Gonzalez, G	NC PR PRM	414m 414m
4B 1	Fike, B.		3.33.6	2	Butcher, G. Ammermuller	OH OTH NJ	5.59.1 6.07.0 6.32.9	1B :	Kelley, D. Gibson, J.	NY NYM OH OTH	17.31.3 21.01.8	3 Lacey, D 4 Hills, C 5 Erskine, D	FL WFAC PA PM MI	4'0" 3'10" 3'8"
2	Dearborn, D. McLeod, M.	NJ Shore	2.58.97 2.59.26	4	Lipton, G. Lopez, M.	NY NYM NJ SAC	8.15.3		Neuhaus, B. Tober, J.	TX HH VA PVS	22.51.1 23.20.4	5A 80-84		
,	Favreau, K.	Ma Walt	3.06.05			in one	8.18.2	3A 1	Henry, M.	NJ SAC	21.36.3	1 Pitcher, A 2 Hosack, E	IN HTC OH OTHTC	3'9-3/4" 3'6"

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FOB 35-59 1 Clark, 5	NY PAL	514"	2B - 55-59 1 Nickell, M	кү	16'7-3/4"	SHOT PUT	N. E.	A PARTY	F3B I Bowermaster, M	011 070	- Panala I.
2 Raschuer, P F1B 45-59	GA ATC	512"	2 Richards, B 3 Jocoy, J	TX DM CA SDAA	15'9%" 15'8%"	OA I Lacey, T 2 Corrigan, P 3 Watson, R	PA HPP NJ Shore TX	47%" 46'0" 35'8%"	2 Scully, P WEIGHT THROW	OH CTC NJ Shore	26'2%" 16'7%"
I Kea, E F3B 65-69	он см	4'2"	4 Jordan, W 5 Mays, C 6 Kalb, S	OH OTHTC OH NJ SAC	15'1-3/4" 13' 12'6%"	4 Ruffalo, R 5 Daniels, E OB	NJ ABA NH	35%" 34'10"	OA I Corrigan, P 2 Daniels, E	NJ Shore NH	41"1%" 36'6%"
1 Bowermaster, M F4A 70-74	он стс	3'2"	<u>3A 60-64</u> 1 Lukens, E	NY SYCH	16'11%"	T Keys, J 3 Grisko, M	PA PM CT	47"3%" 44"4"	3 Guzman, D 4 Watson, R	MD PUSTC	33'10%" 30'6-3/4"
1 Nelson, V POLE VAULT	PA Shore	3'0"	2 Johnson, J 3 Harris, O 4 Goldsmith, M	CA NCSTC PA PM TX DALM	16'1" 15'11%" 15'6%"	3 Bower, N 4 Conner, C 5 Arnoldi, S	OH OTHTC	42"2" 42"½"	OB I Grisko, M 2 Conner, C	CT NY NYM	49"[1½" 46'10-3/4
OA I Huff, C	PA Shore	14'6"	5 Cavicchi, R 6 Lacey, T 7 Harris, D	OH OTHTC OH FindTC PA PM	14'10%" 14'6" 12'10%"	6 Dunphy, R 7 Ryan, R	NJ NJS NJ Shore NJ Shore	40'6K" 39'6K" 27'5K"	3 Bower, N <u>1A</u> I Hill, E	OH OTHTC	4417%" 5217"
2 Kadish, A 3 Prentice, S 4 Hall, B	CT PA WPTC NY RTC	14'0" 13'6" 13'6"	8 Carmen, W 3B.65-69	MA GBTC	12'6%"	1A 1 Hill, E 2 Roberson, J 3 Schwarze, H	AL NJ Shore	48'7-3/4" 41'10 <u>6</u> " 41'5 <u>6</u> "	2 Miller, T 3 Pauli, J 4 Hoyt, P 5 Neville, A	NY NYAC PA WPTC PA WPTC	44'7-3/4" 44'4-3/4" 43'10%"
5 Watson, R OB	TX	1110"	1 Miller, H 2 Shaw, E	CA CDM NY SYCH	13'3K" 11'5K"	4 Pauli, J 5 Neville, A 6 Harrington, M	PA WPTC VA MD PUSTC	40'2" 38'6" 37'1%"	1B 1 McCombs, E	MD	35'3/4" 49'11%"
I Shenk, R 2 Cooke, R 3 Fusco, R	PA OC VA VTC NJ SAC	13'6" 13'6" 11'0"	4A 70-74 Gonzalez, G Erskine, D Hills, C	PR PRM MI PA PM	14'5%" 10'3" 10'2%"	7 Hoyt, P 8 Sullivan, G 1B	PA WPTC NJ NJM	35'0" 26'9"	2 Cyprus, N 3 Klehm, C <u>2A</u>	NY NYAC II. UCTC	44'2%" 43'2%"
1A I Sokolowski, V	NY NYAC	13'0"	5A 80-89 I Meyers, R	FL	10'4"	1B 1 McCombs, E 2 Klehm, C 3 Goldstein, J	MD IL UCTC NY NYM	46'11½" 41'%" 35'6"	1 Larsen, A 2 Oison, L 3 Brossman, H	NY NYM NY NYM PA RTC	44171511 39191 381311
2 Polhamus, C 3 Tindall, J 1B	GA NJ SAC	13'0" 12'6"	2 Pitcher, A 3 Hosack, E	IN HTC OH OTHTC	9%" 7'7½"	2A 1 Olson, L 2 Mulkey, P	NY NYM GA ATC	46'10" 43'2%"	4 Cartensen, P 5 Feick, R 2B 1 Richards, B	PA PA	36'3" 31'10"
T Zurakew, E 2 Richard, P 2 Counihan, G	VA NJ SAC NY NYAC	13'0" 13'0" 13'0"	FOA - 30-34 1 Oerter, C 2 Jones, S	NY NY NYM	15'3%" 9'3"	3 Larsen, A 4 Cartensen, P 5 Feick, R	NY NYM NY NYM PA	41'10" 41'%" 38'9%"	2 Mozhaev, L 3 Cantor, H	PA NY NYM	32'7%" 30'6" 29'9"
4 Hoyle, E 5 Cyprus, N 6 DeWitt, D	PA WPTC NY NYAC CA SCS	12'6" 11'0" 10'6"	FOB 35-39 I Raschker, P	GA ATC	18'7%"	2B 1 Brusca, P 2 Richards, B	MO Kang TX DM	45'1%" 40'6"	4 Brusca, P 5 Henry, D <u>3A</u>	MO Kang NJ Shore	27'2" 25'11"
7 Davenport, H	W.VA	12'0"	2 Clark, S 3 Pierce, K	NY PAL NY SYCH	16'8" 12'1"	3 Cantor, H 4 Henry, D 5 Olson, C	NY NYM NJ Shore MN MM	40'%" 32'5%" 28'5%"	1 Walmroth, W 2 Battick, G 3 Eberhardinger, P	MI CT PA PM	51'6%" 38'8" 36'3"
2 Mulkey, P 3 Kraemer, C	CO PPRR GA ATC MA	12'6" 11'0" 7'6"	FIA 40-44 I McRonald, C FIB 45-49	NJ SAC	11'3"	6 Mays, C <u>3A</u> I Walmroth, W	он	23'11%" 50'6%"	4 Selig, A 5 Minafra, M 38	PA RTC CT NYM	3319n 25'8%"
4 Bankert, J 2B Diobards B	PA RTC	7"6"	1 Kea, E F2B 55-59	OH CLEV M	11'9K"	2 Battick, G 3 Selig, A 4 Black, J	CT PA RTC AZ	39'11" 38'8" 33'7"	1 McDermott, T 2 Shaw, E 4A	CT NYAC NY SC	44'1%" 29'9"
I Richards, B 2 Jocoy, J 3A	TX Dallas MA CA SDAA	4 10'0" 8'6"	I Reardon, F 2 Holland, B	OH TRR OH CMTC	10'11-3/4" 10'10"	5 Minafra, M 6 Brown, B 3B	CT NYM NY SC	32'2" 25'9"	T Detweiler, B 2 McCloskey, J 5A	PA PM CT NYAC	30'11" 26'6"
3A T Morcom, B 2 Johnson, J	NH CA NGSTC	11'6" 8'0"	F3B 65-69 I Bowermaster, M	NJ CTC	112	3B T Ogoss, M 2 Morningstar, H 3 Coleman, W	NY NYM MI AATC VA PUSTC	43'10" 40'6" 40'45"	1 Hosack, E 60 YARD HWRDLE TI	OH OTHTC	14'11"
3B Morningstar, H	MI AATC	7"6"	F4A 70-74 I Nelson, V	NJ SAC	9"1"	4 Shaw, E 4A T Detweiller, B	NY SC PA PM	39'9½" 29'8½"	OA I Samara, F 2 Jones, J	NJ NYAC PA PM	7.77 7.82
4A I Gonzalez, G 2 Johnson, C	PR PRM CA TMTC	8'0" 7'6"	TRIPLE JUMP			2 McCluskey, J 5A I Hosack, E	CT NYAC	28'11%"	3 Cestero, A 4 Rudrow, R 5 Lipscomb, A 6 Saleem, D	NJ Shore NJ Shore FL	8.04 8.13 8.56
3 Hills, C <u>4B</u> None	РА РМ	6'6"	OA I Thornsley, S 2 Doran, R	PA Shore NY SC	43'11%" 42'11-3/4	FOA I Wiggins, F	NY NYM	29'3%"	6 Saleem, D 7 Borden, J 8 Watson, R	NJ Shore PA TX	8.59 8.73 9.03
5A 1 Pitcher, A	IN TH	5'6"	3 Beale, R 4 Cestero, A 5 Miller, J	PA PM NJ Shore PA PM	42'6-3/4" 39'8" 39'3/4"	2 Jones, S FOB I Pierce, K	NY NYM NY SC	16'11" 27'1"	OB 1 Malik, T 2 Peals, A		7.90 8.32
FOB I Raschker, P	GA ATC	8'0"	6 James, R 7 Watson, R	NJ Shore TX	36'9" 36'4½"	2 Raschker, P FIB I Cirulnick, A	GA ATC	23"½" 26'4"	3 Carroll, M 4 Morris, R 5 Novak, J	MD MK CA SCS NJ	8.43 8.46 8.86
LONG JUMP	ane .		OB Dickerson, J 2 Morris, R	NJ PM CA SCS	43'3" 42'7-3/4"	2 Johnson, A F2A	NY NYM	21'11%"	6 Black, I 2A I Pratt, L	NY NYAC	9.28
<u>OA - 30-34</u> I Samara, F	NY NYAC	22'7%"	3 Carroll, M 4 Black, I 5 Royal, J	MD MK NY NYAC NY SC	41'9" 38'4" 36'10" 35'8"	1 Jocoy, K 2 Goodhue, S 3 Kellon, C	CA SDAA MA WALT OH CM	25'3" 25'%" 21'8-3/4"	2 Mulkey, P 3 Clark, W 4 Murphy, J	NJ GA ATC PA PM	8.54 8.78 8.96
2 Cestero, A 3 Thornsley, S 4 Beale, R	NJ SAC PA SAC PA PM	21'3-3/4" 21'1" 20'9%"	6 Novak, J <u>IA</u> 1 Bury, R	NJ Share		F2B I Holland, B 2 Messenger, B	OH CM NY NYM	31'9" 17'7%"	5 Olson, L 6 Kelly, J 7 Taylor, G	TX DM NY NYM NY NYM	9.17 10.55 10.68
5 Robinson, D 6 James, R 7 Lapp, R	NY SYCH NJ SAC NY NYM	20'5½" 19'3" 18'7-3/4"	2 Krow, G 3 Taylor, B	NJ Shore PA PM VA PVSTC	39'9-3/4" 39'7K" 37'105"	4x400 Relay				DE PM	12.83
8 Watson, R 9 Guzman, D	TX VA PVSTC	17'8" 17'	4 Smith, W 5 Kaye, R	PA PM NY NYM	34'3" 33'8"	30 1. Dallas 2. Kang	- Floyd, Smith, The Carr, Blount, Rei	ter, Harrison		3.35.89 3.36.39	
OB - 35-39 I Morris, R 2 Dickerson, J 3 Wilson, J	CA SCS NJ PM	22"1%" 21'9"	1 Bohigian, H 2 DeWitt, D	NY NYM CA SCS	35'7%" 23'11%"	3. Phila	— Whitehead, Abiya Keys — Williams, M	mi, Smith, Bra	le oil, Judge	3.39.37 3.41.41	
4 Brinker, K 5 Jackson, C 6 Carroll, M	PA COM V NJ MO DMTC MD MK	21'3" 20'11" 20'9%"	ZA I Mulkey, P Z Enders, R	GA ATC MD PVSTC	36'65" 36'5"	2. Potomi	(A) — Small, Stafor ic — Colbert, Ficke (B) — Valentine, Ba	r, Williams, End		3.35.68 3.42.61 3.58.82	
7 Novak, J 9 Reiter, G 9 Royal, J	NJ MO Team Kang NY SYCH	20"5%" 18"8%" 5 18"3-3/4" 17"9"	3 Clark, W 4 Jones, R 5 Salt, S	NJ PM OH DM NJ NJM	35'4½" 34'1½" 31'2½"	2 Phila. M	sters — Kernan, Tal Masters — Sumners,	Belleville, Bar	ric, Clark	4.21.47 4.23.82	
10 Black, I 11 Searles, F 12 Jones, B	NY NYAC NY NYM NJ SAC	17'1%" 16'4" 15'10%"	2B I Nickell, M	KY	32'6%"	60 I Phila. M	— Patterson, Haney Masters — O. Harris	s, D. Harris, Ha	ill, Sponseller	4.26.45	
1A - 40-44 1 Taylor, B	VA PVSTC	20'9"	2 Olson, C 3 Margetson, D	MN MM NY NYP	32'½" 30'5"	F30	se — Hacker, Luken NY — Osborne, Rol	-		7.05.1 (HT) 4.29.69	
2 Smith, W 3 Robinson, R 4 McRonaly, R	PA PM NY NYM NJ SAC	20'7" 19'4%" 18'6-3/4"	3A Lukens, E 2 Johnson, J 3 Coldernith M	NY SC GA NCSTC	34'1" 30'10%"	the second s	sters — MeKenzie,	Hobbs, Johnson	, Pashkin		
5 Kaye, R 6 Sullivan, G	MYN YN MEN EN	16'3-3/4" 12'	3 Goldsmith, M 4 Cavicchi, R 5 Carmen, W	TX DM OH OTHTC MA BAA	30'7" 28'8-3/4" 27'%"		- Harrison, Irwin, Re		198.3	8,17.48	
1B - 45-49 Dewitt, D 2 Dorsey, P 3 Couples C	CA SCS OH NWM	19'3%" 19'2%"	3B I Sorlien, R 2 Miller, H	RI URITC. CA CDM	27'8" 27'3%"	3 Rochest 4 Master	lasters — Whitehea ter, T.C. — William Keys — Mansfield,	s, Pettinella, C Williams, L. Wi	ontario, VanAucker Iliams, Shank	8.20.46 8.24.1 HT 8.43.0 HT	
3 Counihan, G 4 Kincaid, C 5 Miller, C 6 Snell, 1	NY NYAC KY M-D TX DM	18'6" 17'9" 17'7"	3 Coleman, W	VA PVSTC	24'3-3/4"	6 Over th 40	– Funkhouser, Haine Hill — Gerson, Ba	irrett, Fike, He	inberg	9.35.90 11.27.7 HT	
6 Snell, J 7 Bohigian, H 2A - 50-54	NJ PM NY NYM	17'3" 16'9"	I Hills, C 2 Erskine, D 3 Zachman, H	PA PM MI NJ NJM	24'3K" 22'1K" 16'5K"	2 Central	f. Striders — Duffy Park — Bassett, Pa neer — O'Neil, Smal	uling, Gorushin	s, Cohen , Howard	8.47.03 8.47.57	
I Clark, W 2 Enders, R 3 Mulkey, P	NJ PM MD PVSTC GA ATC	18'8-3/4" 18'6%" 17'1-3/4"	SA T Pitcher, A	IN HTC	18'5"	50 1 Phila. M	lasters — Summers,	Blood, Cottrel	l, Sutton	10.03.87	
4 Jones, R 5 Heney, W 6 Kraemer, C	OH Dayton M NY MA	15'11%" 15'8%" 13'5%"	FOB I Raschker, P	GA ATC	33'0"	60	asters — McCarthy,		¥ .	10.40.63	
	i.	24		+		- nua ma	mccarmy,	marris, sporse	act, newell	11.48.14	

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National Masters News

M45

1. 467 George Horton 2. 454 Bill McIlwaine 3. 476 J. Vander Vleut

TRACK & FIELD RESULTS

Please send masters meet results to NATIONAL MASTERS NEWS, PO BOX 2372 VAN NUYS CA 91404. If possible, please type single space with minimum of white space.

					91404. If possible,				1. 502 Doreen Carmicha	77.9 CNR
	pieas	e type s	single space wi	th minimu	im of white space.	<u>M50</u>			800m - Final	in the second
L	and the second	Sec. 1	1 the tops	a trans		1. 50	6 Brian Oxley	26.0 CNI 27.4	R <u>M35</u>	
	BRITISH VETERANS		. M60 J. Pritcherd	46.7	ONTARIO MASTERS INDOOR T&F CHAMPIONSHIPS;	3. 51	8 Ken Morris	27.5	1. 372 Thomas Van Auk	
	SHIPS; R.A.F. ST. JANUARY 4, 1984	ATHAN	S. Stein D. Williams	47.5 47.8	TORONTO; JAN. 28, 1984	M55			2. 375 M.T. Kelly	2:28.7
	WR; + U.K. reco	brd	M70 5. McSweeney	52.3		1. 566	Norm Baum	27.3	<u>M40</u>	
	J. Topliss R. Robertson	7.4	M75 T. Hines	72.1	60m - Final	2. 574	Contraction of the second second second	27.8	1. 404 Basil Tomlinson 2. 418 Tom Tushingham	2:03.7 CNR 2:03.8
51	J. Preston M45	7.9	<u>W35</u> P. Gallagher	45.5	<u>M35</u>			34.4	3. 408 William Dunn	2:08.0
	8. Gray J. Hurley	7.8	J. Browne <u>W45</u> U. Gore	47.6	1. 368 Ralf Wallace 7.88 CNR	<u>M60</u>			<u>M45</u>	
1	G. Tremal M50	8.4	U. Gore <u>W50</u> G. Jackson	49.9	2. 374 Francisco Machade 7.97 3. 356 Mike Camp 8.18	1. 611 2. 604	Gilbert Jamieson Andrew Thomson	30.5	1. 471 Gary Baker	2:13.0
	R. Taylor A. Mellett	*7.4	G. Jackson 600m	56.6	4. 376 James Parker 10.55		A.S. Woodhouse	30.4 31.5	M50	
1	M. Cusack <u>M55</u> S. Brookes	8.1	A. Wild	nt	<u>1140</u>	1165	de a		1. 509 George Gluppe	2:17.9 CHR 2:21.2
	A. Woods	+ 8.2	M45 L. Cooke	94.4	1. 409 Tony Powell 7.67 2. 419 Don Ciancone 7.96	1. 657	Hans Warwas		2. 506 Brian Oxley 3. 507 Mendal Smith	2:22.4 2:36.3
1	J. Moran <u>M60</u> L. Williams	8.6 +8.4	R. Checkley E. Hamer	94.6 95.8	3. 414 Alan Slater 7.99 4. 424 Bruce Mitchell 8.06	2. 661 3. 659	Jim Breslin	31.1 31.2	4. 522 Vic Masi	
	J. Pritchard	8.8	8. Neilsen	1:55.0	5. 425 Bill Kennedy 8.09		Ben Mackereth	31.3	<u>M55</u>	2:17.1 CNR
	C. Fairey	*8.5	M65 8. Taylor	2:00.7		<u>M70</u>			1. 563 Clifford Hall 2. 565 Karl Vinkavs	2:35.1
	170 S. McSweeney R. Evans	9.6 10.0	M70 R. Evans W35	2:20.3	<u>M45</u>	1. 700	Gerry Ward	32.2 CNR	M60	
	C. Vaughn	+8.4	P. Gallagher	1:44.4	1. 467 George Horton 7.68 2. 476 J. Vander Vleutei 7.94	<u>₩40</u>			1. 615 Valden Sadul	2:41.2
	J. Browne P. Oakes	8.5 8.5	A. Smith	2:09.4	3. 456 David Morris 8.48 4. 461 Fred Cech1 8.54		Linda Scott Audrey Hiemstra	31.1 CNR 31.2	<u>M65</u>	
	M. Mills	9.2	1000m M40	1	M50	2. 425	Addrey filensera		1. 651 Stan Smith	2:41.0 CNR
U	J. Charles <u>45</u> U. Gore	9.3	W. Gregory M45 R. Checkley	2:58.2	1. 505 Alf Sundin 8.09	<u>₩45</u>			W45	10000
	50 G. Jackson	*8.7	E. Hamer M60	2:54.0 3:01.1	2. 512 Eric Malmstrom 8.15	1. 470	Anne Vander Vleute	er 33.3	1. 452 Libby Mclver	2:47.8
	E. Knowles	11.2	B. Neilsen K. Ellis	3:22.8 3:57.0	3. 518 Ken Morris 8.50 4. 523 Stan Quinnell 8.73	<u>W50</u>			2. 450 Barbara McLeod	2:49.9
	1 <u>55</u> H. Farmer 160	*9.3	M65 B. Taylor	3:41.4	M55	1. 502	Doreen Carmichael	34.1	<u>W50</u>	2.55 0.500
	60 M. Wixey	9.9	W35 P. Gallagher	3:06.7	1. 575 Stan Egerton 8.28	400m - F	inal		1. 503 Ruth Carrier	2:56.0 CNR
m	50m 40 J. Topliss	19.2	3000m M40	1 1 1 1	2. 566 Norm Baum 8.40 3. 574 Jim Flowers 8.46	M35	mar	in all	<u>W55</u>	2.20 6
1	P. Owen B. Charles	19.3	V. Smith D. Collins	8:59.4 9:02.0	4. 562 Kurt Hering 8.52 5. 577 Gus Giagnogloy 10.80	1. 376	James Parker	54.5	1. 551 Dorly Brechuehl 1500m - Final	3:36.6
M	45 B. Gray	19.3	J. Garber M45	9:59.3	N60	2. 372 3. 374	Thomas Van Auker Francisco Machado	54.5 56.4	M35	The second second
R	J. Hurley	20.4	B. Gore M55 T. Wood	10:17.4		4. 368	Ralf Wallace Ian Mollett	57.2 57.4	1. 355 Ray Tucker	4:07.0
7	50 R. Taylor K. Whitaker	19.0	M60 B. Nielsen	10:51.1	1. 604 Andrew Thomson 9.06 2. 611 Gilbert Jamieson 9.32	6. 352	Chris Stones	57.9	2. 373 Ron Flint 3. 364 David Simms	4:27.2 4:36.2
F	R. Pritchard	19.2 20.9	J. Fitzgerald K. Ellis	11:20.4	<u>M65</u>	M40		1	M40	
7	A. Woods 5. Brookes	20.5	W35 P. Gallagher	10:36.1	1. 657 Hans Warwas 9.23	1. 404	Basil Tomlinson	54.0	1. 418 Tom Tushingham	4:11.7 CNR
	J. Moran	21.5	U50 B. Norrish	*12:20.3	2. 658 Max Pick1 DNF	2. 424 3. 409	Bruce Mitchell Tony Powell	55.3 57.9	2. 408 William Dunn 3. 428 Wim Van Gennip	4:22.2 4:32.8
	. Williams J. Pritchard	20.9	High Jump M40	· · · · · ·	<u>M70</u>	M45	State of the	-		4.52.0
me		22.2	S. Power J. Lee	+1.75	2. 702 Jim Whale 10.06	1. 467	George Horton	56.7 CNR	<u>M45</u>	
	. McSweeney	23.6	M. Clarke M45	1.50	3. 704 William Koski 10.15		J. Vander Vleuten Bill McIlwaine	56.8 57.3	1. 471 Gary Baker 2. 455 Bob Daniell	4:23.9 CNR 4:40.8
M	. Evans 75 . Hines	26.4	G. Termal M50 G. Hickey	1.45		M50		1 - 5	3. 458 Ross McKie 4. 474 J. Pascoe	4:46.2 4:56.9
	also won 60m in 1		C. Knowles	+1.60		1. 506	Brian Oxley	59.3	5. 478 Gerhard Krolow	5:00.9
1	. Browne . Oakes	21.4 21.8	A. Woods	¥1.45	2. 423 Audrey Hiemstra 9.32	2. 523 3. 518	Stan Quinnell Ken Morris	63.0 64.2	<u>1150</u>	
C	. Vaughn	21.9	L. Williams	1.35	5. 400 Mind Beraney 11.09	4. 512	Eric Malmstrom Vic Masi	66.0 67.4	1. 508 John Johnston 2. 507 Mendal Smith	4:48.0 4:52.2
A	40 M. Mills A. Smith	23.6 25.7	S. McSweeney W35	1.15	1145	M55		1	3. 510 Arthur Rappich 4. 521 Richard Graves	4:55.6 5:00.4
W4 U	J. Gore	22.3	C. Drewry P. Dakes	1.45	1. 470 Anne vander vie g.80	1. 565	Karl Virkavs	59.7	5. 520 Alastair Lynn 6. 506 Brian Oxley	5:00.6 DNF
<u>W</u>	Jackson	24.5	B. Terry	1.35	1150	2. 566	Norm Baum Jim Flowers	60.4 68.6	<u>M55</u>	
WS	5 5 1. Farmer	29.7	M40 (7.26kg) A. Chromniak A. Buttress	+13.72	1. 502 Doreen Carmicha 9.63	1460	12 martine		1. 563 Clifford Hall 2. 557 Ralph Lang	4:52.1 5:09.4
WE	50 1. Wixey	25.2	M45 J. Walters	11.90	200m - Finai	12	Valden Sadul	65.2	2. 557 Ralph Lang 3. 572 Peter Fellowes	5:57.5
30)Om		G. Termal M50 (Skg)	11.86				67.0	<u>M60</u>	and the
	Duen Charles	40.9	G. Hickey J. Watson	+13.11 12.98	1. 372 Thomas Van Auker 25.0 1 2. 359 Ian Mollett 25.2	M65	3	-	1. 602 Kurt Gelbmahr 2. 612 Ken Hignell	5:17.6 6:18:5
	. Preston	41.8	A. Woods	+13.56	3. 368 Ralf Wallace 25.4			71.3	3. 600 George Peterson	6:31:4
1	. Cooke . Hamer	42.0	M65 C. Fairey	+8.50	5. 356 Mike Camp 28.2 3	8. 661	Jim Breslin	3.4	<u>M65</u>	
J M5	. Hurley	45.2	M70 (4kg) R. Evans	+6.79	H40	170	- Comone		1. 651 Stan Smith 2. 652 Aaron Kazdan	5:41.0 6:02.0
R	. Taylor . Whitaker	41.4 43.1	W35 B. Terry	*10.28 9.23	1. 404 Basil Tomlinson 25.7		Gerry Ward 7	5.1	2. 652 Aaron Kazdan 3. 653 Reg Lamont	6:16.8
. <u>M5</u>	5. Brookes	44.7	C. Drewry C. Vaughan	9.23	3. 425 Bill Kennedy 26.0	140	and and		<u>W35</u>	
	. Tivey . Moran	46.3 46.5	W55 H. Farmer	+7.72	5. 414 Alan Slater 27.4		Linda Scott 7	1.8 CNR	1. 350 Linda Findley	4:47.9 CNR 5:53.7
		6-24	Contraction of the	Strength St.			and devel	2	2. 370 Pam Gillespie	

1. 452 Libby McIver 72.6 CNR 2. 470 Anne Vander Vleuten 74.8

H45

W50

24.8 25.5 25.6

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National Masters News

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June, 1984	A Long	12	and the second		Nati	onal Masters N	lews		Energia -	1000	page
<u>W40</u>	T. P. C.	<u>M45</u>			Long Ju	mp - Final		<u>M70+</u>	100 M -	MEN.	
1. 403 Judy Willmott	5:43.8	1. 469	Jaan Roos	12:58.0 CN	<u>M35</u>			1. 709 Arnolds Ticmanis 6.20m 2. 704 William Koski 6.15m	30-34	G. Taylor A. Solsky	11.
<u>1145</u>		<u>M50</u>			2. 352	Mike Camp Chris Stones	5.14m 5:14m	1 <u>M60</u>	35-39	W. Higer R. Meiring	11,
1. 450 Barbara McLeod	5:42.6	1. 504 2 516	Ron Turner Vaino Kukkola	17:35.0 CM 18:56:0	<u>M40</u>		- 37	1. 606 Walter Lood 5.64m		A. van Wyk T. Brink	11,
<u>450</u>	-	<u>M55</u>			2. 429	Alan Slater Steve Nikolopoul	5.80m 4.41m	Triple Jump - Final		G. Gough H. Fynn	12,
. 503 Ruth Carrier 2. 500 Vera McIlwham	N/A CNR 7:09.2	1. 555	Danny Daniels	20:02.0 CM	<u>M45</u>		-	<u>M40</u>	40-44	S. Weld L. Hacker	11,
55+		<u>M60+</u>			1. 465 2. 459 3. 467		5.69m 5.05m 5:03m	1. 414 Alan Slater 11.51 2. 429 Steve Nikolopoulo: 9.07		C. Buoysen C. Allan	12,
 554 Judith Kazdan 551 Dorly Brechueh 	6:29.0	1. 656 2. 609		16:03.0 CM 18:27.0	M50	George Horton	5.03			D. Augustyn J. Dick	12,
000m - Final		M70			1. 523	Stan Quinnell	4.46m	<u>H45</u>		B. de Bruyn M. du Plessi	s 13,
35		1. 701	Ernest Sharpe	20:38.0	2. 517 3. 519	Walter Mozewsky Max Woerle	4.38m 4:18m	1. 459 Hugo Bain 9.76m MSO		J. Meyers H. Sampson	13, 13,
350 Linda Findley	10:27.3 CNR		Art Keay	23:07:0	<u>M55</u>			1. 507 Mendal Smith 9.55m	45-49	J. Røbie M. Høcker C. Pøhl	11. 11, 13,
10		<u>H40</u>	Reet Roos	10,11 0	1. 562 2. 556	Kurt Hering Helmut Lange	4.62m 4.29m	2. 519 Max Woerle 8.12m		W. Kirsten A. Kock	13.
. 403 Judy Willmott	12:33.1		NEEL NOUS	19:11.0	3. 570	Jaan Lents Jim Mathers	4.28m 4.25m	<u>M55</u> 1. 560 Jim Mathers 9.25m		T. Helvorsen	12.37
. 402 Pauline Ellis	14:43.0	60m Hur	dles - Final		1. 615	Valden Sadul	4.13m	2. 562 Kurt Hering 9.08m 3. 556 Helmut Lange 8.47m	50=54	M. Grujic L. Benning	11,
450 Barbara McLeod	10.00	<u>M45</u>			2. 611	Gilbert Jamieson	3.57m	M65		R. Cross V. Lunn	12,
451 Rose Neumann	12:36.5 CNR 13:11.4	and the second	Hugo Bain	11.02	<u>M65</u>			1. 662 Ian Hume 8.85m	55-59	R. Mitchell H. Brand	15,
<u>55+</u>		M50	Ken Morris		1. 658 2. 661	Max Pickl Jim Breslin	4.25m 3.76m	2. 661 Jim Breslin 7.93m 3. 655 Ed Purgalis 7.49m		N. Sharpley J. Jordsen	13,
554 Judith Kazdan	14:05.3	M55	Nell PIOPPIS	13.50	3. 657 <u>M70</u>	Hans Warwas	3.36m	<u>M70</u>	(0.4)	T. Bruwer K. Shorkend	13,
000m - Final		1. 574	Jim Flowers	11.06 CNR	1. 705	Karl Trei	2 724	1. 705 Karl Trei 7.46m 2. 704 Hilliam Koski 6.49m		K. van Zyl B. Coomer	13,
<u>35</u>		2. 562 3. 560	Kurt Hering Jim Mathers	11.42	2. 704	William Koski	3.73m 3.18m	And and a second se		S. Borman L. Botha	15,
. 358 Bert Devries . 355 Ray Tucker	15:53.1 16:02.0	Shot Put	- Final		<u>₩40</u>			POTOMAC VALLEY SENIORS TC INDOOR T&F CHAMPIONSHIPS;	65-69	Mac Henstock J. Barnard F. Reid	16 16 14
. 371 Charlie McCul 362 Bill Horwich	16:57.1	<u>M35</u>			1. 423 2. 400	Audrey Hiemstra Anna Delaney	4.23m 2:98m		75-79	C. du Plessin L. van Rensim	s 16
363 Michael Clewlo 365 Dennis Barret 353 Rick Griffith	t 18:06.7	1. 367 2. 361	Ty Burch John Findley	9.69m	<u>W50</u>			Charlie Ross 46 4:58 Vince Fuller 42 4:59			-3
0		M40		8.08m	1. 502	Doreen Carmichael	3 .31m				
412 Jim Lupton	16:03.3	1. 429	Steve Nikolopou	9.05m		<u>imp - Final</u>		Mile Racewalk Sal Corralo 53 6:50		- LADIES	
421 Robert Moore 410 Fred Clemmer 415 John Cliff	16:05.6 16:11.6 16:22.5	<u>M45</u>			<u>M45</u>	Denied Manuala	1.54m	Arnold Reitze 45 8:27 W. Hillman, Jr 54 9:46 James Cobb 73 11:21		P. Immelman G. vNiekerk	2
407 Glen Norcliffe 428 Wim Van Gennig	e 16:43.9	1. 472	Chuck Lehm Fred Cechl	11.30m 9.85m 8.29m	1. 456 2. 476	David Morris J. Vander Vleute		Helen Jo Hillman F47 11:32 880	35-39	D. Quelch A. Poletti	21
417 Fred Rayner 420 Rodney Ellis	17:21.0 18:26.3	3. 468	Bob Steveley	8.23	<u>M50</u>			Vince Fuller 2:22 Charlie Ross 2:24	10 11	E. Gertenber S. Cronje	2
413 Gerry Weiler	18:38.1	<u>M50</u>		13.35m CN	1. 517 2. 519		1.39m 1.36m	Pete Hughes 42 3:20 55m	40-44	Y. de Wit W. Flynn J. Weers	2 31
464 Dave Wallace	17:42.9	1. 505 2. 513 3. 519	Alf Sundin Jackson Tovell Max Woerle	10.95m 10.77m	<u>M55</u>			Larry Colbert 47 7.27 Rudy Enders 52 7.27	45-49	L. Zimmerman J. Burger	n 31 31
477 Kenneth Druce 458 Ross McKie	17:46.1 17:50.5	4. 517	Walter Mozewsky	10.34m		Jim Mathers Kurt Hering	1.36m CNI 1.33m	Lyle Sachs 46 7.28 H. Barnhill 46 7.40 John Wall 52 7.70	50-54	Q. du Toit	3
455 Bob Daniell 478 Gerhard Krolow	18:04.4	<u>M55</u>		12.53m CM	M60	Kur e her nig		H.W. Carle 52 7.79 Joel Holman 53 8.11	55-59	A. McKenzie I. Hofmeyr	3
474 J. Pascoe	DNF	1. 556 2. 520	Helmut Lange Jaan Lents	11.54m 10.71m	-	Andrew Thomson	1.31m	John Martin 56 8.60 Bonnie Stratton F42 9.41	60-64	J. Geldenhu O. Wagener	iys 3.
508 John Johnston	17.54 5	3. 567 4. 577	Alf Karklins Gus Biagnobloy	10.00m 9.49m				220y Larry Colbert 25.14		A. Reid J. Linstead	3
508 John Johnston 521 Richard Graves 514 Jim McIlwham	17:54.5 17:55.6 18:16.1	5. 571 6. 574	Peder Nielsen Jim Flowers	9.11m	<u>M65</u>			Rudy Enders 52 25.65 Lyle Sachs 27.39 Bob Beck 40 27.91	70-74	G. Odendaal	4
515 David Milne 510 Arthur Rappich	18:40.8	<u>M60</u>	Search and	12.94m	1. 662 2. 664 3. 657	Hamilton Morning	1.36m 1.33m 1.10m	Joel Holman 28.03 H.W. Carle 28.79	200 M	- MEN.	
511 David Donevan	19:11.4	1. 608 2. 606	Antoni Truuvert Walter Lodd	11.41m 8.20m		Ed Purgalis	1.10m	Jinny Beyer 33.09		G. Taylor	24
5 561 John Reeves	18:49.2	3. 616	Duncan Caws	L.	<u>M70</u>				35-39	A. van Wyk H. Fynn	23
564 Richard Troy 573 Jim Morrow	20:36.3	<u>M65</u> 1. 664	Hamilton Mornin	11.69m	1. 705 2. 709	Contraction and the scheme and	1.15m CNI 1.05m	SOUTH AFRICAN MASTERS T&F CHAMPION- SHIPS; CAPE TOWN; MARCH 23-24	40-44	T. Brink S. Weld	20
572 Peter Fellowes 559 Ron Carroll	21:46.6	2. 655 3. 657	Ed Purgalis	9.79m	Weight	Throw - Final		100m-Women 30-34 G. Wiekerk 12 2		L. Hacker C. Booysen	23
568 Don Farquharso	n DNF	<u>M70+</u>		10.00m	<u>M45</u>			P. Immelman 12,7		C. Allan F. du Toit	24
0 601 Sam Groves 602 Kurt Gelbhaar	19:35.0	1. 709 2. 705	Arnolds Ticmani Karl Trei	s 9:21m 8.86m	1. 472 2. 461	Fred Cechl	10.74m 8.39m	G. vd Merwe 14,1		J. Dick G. Dames	25
602 Kurt Gelbhaar 607 George McGrore 600 George Peterso		3. 708 4. 703 5. 704	Albert Brosz E.Kulmar William Koski	8.39m 7.75m	3. 468 M50	Bob Steveley	7.90m	E. Gertenbach 13,6 S. Cronje 14,2	15 10	M. du Plessi J.J. Meyers	26
5		A State	HTTTTAM NUSKT		1. 519	Max Woerle	9.18m	B. du Preez 14,9 L. Koorts 15,1	45-49	J. Rabie M. Hacker C. Pahl	23
651 Stan Smith 652 Aaron Kazdan	21:12.0 CN 22:48.0	<u>₩40</u> 1. 400	Anna Delaney		2. 513 3. 505		8.90m 8.61m	W. Flynn 14.4 J. Weers 15.2	50-54	C. Pani T. Helvorser M. Grujic	
653 Reg Lamont 660 Whitey Sherida	23:44.0 an 24:24.0	2. 423		1	<u>M55</u>			45-49 J. Burger 16,0 L. Zimmerman 16 2	55-59	L. Benning H. Brand	24 26 26
170	Sec. 10	<u>W50</u>	•		and the second second second second	Gus Giagnogloy	9.26m 9.12m	A. Tentussche 17,1 50-54 V. Welgemoed 14,6		N. Sharpley J. Jordean	27
1. 710 Wesley Miller	29:35.0	1.0	Doreen Carmicha	lel			8.17m 7:61m	55-59 A. McKenzie 15,7 I. Hofmeyr 15,9	60-64	K. ven Zyl B. Coomer	27 28 30
3000m Walk - Final		<u>W55</u> 1. 552	Helai Podel		<u>M65</u>			J. Geldenhuys 17,4 M. Hutchison 18,3	65-69	H. Niman C. Pace	32
<u>M40</u>	16:03.0	2. 550	Helgi Pedel Velta-Tomsons Frieda Brosz		2. 664	Hamilton Morni 6	.13m CNR	65-69 A. Reid 15,3 J. Linstead 19,8	70-74 75-79	F. Reid C. du Plessi	29 18 38
1. 416 Mike Freeman	10.00.0		1.				.02m	70-74 G. Odendaal	, 85-89	L, v Rensbur	rg 44

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	5000 N	Les in montes		LONG JUMP - MEN.
400 M - LADIES 30-34 P. Immelman 57.4	5000 M - MEN 35-39 B. Matthews 15-26,5	400 M - HURDLES. 58,1	4 x 100 M RELAY (Men)	35-39 W. Häger 6.91
G. vNiekerk 62,3	R. Haumann 17-04,8	35-39 A. Van Wyk 57,6	S. Transvaal 45,9 N. Transvaal 49,1	R. Meiring 6,11
35-39 S. Cronje 64,5 E. Gertenbach 64,6	J. Bothma 17-30,0 C. Goets 18-30	J. Meyers 67.6	W. Province 49,4	G. Huvger 5,67 40-44 C. Allan 5,94
L. Rossouw 68,4 40-44 Y. de Wit 69,7	40-44 P. Budde 16-40,6 H. Sampson 17-45	50-54 L. Benning 69,9 F. vd Merwe 76,8	W. Province (Mixed) 51,8	D. Augustyn 5,57 R.M. Creed 5,18
J. Weers 75,5	W. vd Merwe 18-24	M. Lewis	JAVELIN - LADIES	45-49 C. Pahl 4,91
50-54 J. Geldenhuys 83,6 55-59 A. McKenzie 73,1	P. Donald 18-26 45-49 S. Mostert 16-27,5	3000 M - STEEPLECHASE.	35-39 D Ovelab	50-54 R. Cross 5,39 R. Mitchell 4,83
65-69 A. Reid 79,6 70-74 G. Odendaal 1-42,2	B. Senekal 20-23 D. Rossouw 20-40	35-39 B. Matthews 10-20, B. Cruiskshark 10-25,	B. du Preez 30.70	J. Weiman 4,45
	50-54 P. O'Brien 17-04,1 55-59 L. Kgonyana Time err	R. Cruickshank 11-18. A. Louw 10-29.0	P. Theron 23,68	M.T. Lewis 4,39 55-59 H. Brand 4,84
400 M - MEN. 35-39 L. Nel 51,2	W. de Beer 18-28	B. Hugo 10-48,6	A. Meintjies 22,17 45-49 L. Zimmerman 28,95	N. Sharple, 4.09 60-64 K. van Zyl 4,58
G. Gough 55,8	H. Wehl 20-14 60-64 H. Nimen 20-23	50-54 F. v.d Merwe 13-50,0	50-54 A. Ackerman 25.34 S. Malherbe 24.06	R. Coomer 3,97
R. venZyl-Smit1-40,8 40-44 L. Hacker 52,8	J. Villet 20-28	55-59 J. Scholtz 15-14,0	V. Welgenoed 22,25 55-59 A. McKenzie 21,20	
F. du Toit 55,9 A. Pontin 56,5	10 000 M - MADIES.	SODO M WALK - LADIES	I. Hofmeyr 19,30 M. Hutchison 14,88	TRIPLE JUMP. 35-39 G. Gough 11,46
D. Augustyn 57,5	40-44 G. Bührmann 41-40,8	35-39 S. Kruger 35-12,0 35-19,0	TATELTN NEW	40-44 R.M. Creed 10,32
J.J. Meyers 58,8	45-49 A. Tentusschi 47-17,0	55-59 M Hutchison 33-17,0	30-34 T. vdWesthuize: 32,28	45-49 C. Pehl 9,95 50-54 R. Mitchell 11,03
A.Brown . 59,5 P. Rogers 63,4	10 000 M - MEN.	A. Villet 35-03,0 60-64 0. Wagener 35-12,0		L. Benning 10.63 M.T. Lewis 8.86
0. Jordaan 04,4 43-49 M. Hacker 55,7	35-39 B. Matthews 34-09,2 A.J. Louw 36-18 0	E. Johnstop 35-13,0	F. van Wyk . 34,92 40-44 A. Brown 37,12	55-59 S.H. Scholba 8,95
D. vanVuuren 57,9	40-44 R. Hugo 34-19,5	5000 M WALK - MEN	G. vd Merwe 33,57	60-64 K. van Zyl 9,42
S. Fourie 59,6 50-54 M. Grujic 53.0	F. Hofmeyr 34-35,0 R. Northover 36-02,7	40-44 E. Michaels 25-51.C		
W. Andersen 61,1 35-59 J. Jordaan 61,0	R.M.Creed 40-40,0	D.J. Eresmus 30-05,0 H. Joffe 33-13,0		SOUTH AFRICAN RECORDS SET
N. Sharpley 51,3	R. Cruickshan 37-44,0	45-49 J. Stoltz 26-14,8	K. Freeman 34,35	Men (13 records broken, 1 established)
J. Scholtz 63,8 60-64 S. Bornman 72,1	J. Adams 38-05,0 B. Senekal 39-51,0	G. KOSSOUG 30-15,0	C. Meintijes 31 28	35-39 W. Hager LJ 6.91 A. Van Wyk 400mH 58.1
65-69 C. Pace 73.4 75-79 C. du Plessis 86.5	50-54 P. O'Brien 35-35,3 W. Anderson 40-42,3	50-54 0. van Sensie 27-32,1 C. Bester 32-39,0	J. Welman 30,65 55-59 F. Fursteaburg 29,20	50-54 Miloye Grujic 100m 11.9 " 200m 24.1
	55-59 W. de Beer 39-37,0	B. Aspeling 35-49,0	T. Bruwer 26.46	" 400m 53.0 " 800m 2:08.4
800 M - IADIES. 30-34 P. Immelman 2-30.0		55-59 T. W. Iters 27-49.0	60-64 A. van Zyl 36,38	Leo Benning 110mH 18.5 F. vanderMerwe 3000mS 11:48.7
M. Goets 2-35.8	SHOT PUT - LADIES	70-74 D. Cock 32-22,0 32-57,0	J.C. Booysen 35,34 J. Klopper 30,38	60-64 Kallie van Zyl Pent 3993 " 100m 13.6
55-59 A. McKenzie 2-51.5 J. Geldenhuys 3-13.4	30-34 E. Engelbrech 11,78 35-39 M. Ferreirs 9,30	80-84 T. Huzhes 32-13.0	L.J. Botha 27,60 J.J. Botha 23,98	" HJ 1.43 " JT 44.06
70-74 G. Odendmal 3-56,2	B. du Preez 8,84	POLE VAULT.	Mac Henstock 20,06 B. Coomer 18,40	70-74 Caper Nel Pent 2020 80-84 Tom Hughes 5000mW 32:13
ROO M NEN	S. Cronje 7,98 S. Kruger 7,80	40-44 C. Truter 3,70	65-69 J. Barnard 29,06	Women (7 records broken, 9 established)
800 M - MEN. 40-44 J. Sterley 2-02.4	40-44 M. Uys 11,92 P. Theron 7.58		C. Pace 16,02 70-74 C. Nel 25,04	35-39 S. Cronje Pent 2842 "100mH 17.9
R. Northover 2-09,7	A. Meintjies 7,12 K. v.d Merwe 6,06	DISCUS - LADIES.	75-79 C. du Piessis 15,65	40-44 P. Pietersen Pent 2070 Gail Buhrmann 10000m 41:40.8
A. Brown 2-14,9	J. Weers 6.04	30-34 E. Engelbrecht 33,34 35-39 S. Kruger 28,94	HAMMER THROW - MEN	Marie-Louise Vys SP 11.92 45-49 A. TenTusscher SDDOm 20:45
J. Meyers 2-15,0 45-49 D. vanVuuren 2-12,3	50-54 S. Malherbe 9.32	B. du Preez 25,80	30-34 T.vd Westhuizen 29,75 35-39 G. Engelbrecht 40 18	L. Zimmerman Pent 2602 "JT 28.85
D. McIntyre 2-16,9 C. Bester 2-55,4	A. Ackerman 7.32 V. Welgemoed 7.16	L. Koorts 20 74	F. van Wyk 21,34	" 80mH 16.4 55-59 M. Hutchinson 5000mW 33:17
50-54 M. Grujic 2-08,4	55-59 A. McKenzie 7,90	40-44 P. Theron 34,28 P. Pietersen 25,12	40-44 R.M. Creed 33,55 J.A. Eraamus 30,10	60-64 Ora Wagener 5000mW 35:12 70-74 Isabel Obendaal 100m 21.4;
J. Fitz 2-28,4 W. Anderson 2-30.3	Contraction of the second	A. Meintjies 18,32	45-49 J.S. Maree 21.98 W. Schutte 21.90	200m 47.3; 400m 1:42.2; 800m 3:56.2; 1500m 8:15.8
B. Aspeling 2-53,9 55-59 R. Truter 2-27,6	SHOT PUT - MEN. 30-34 P. Potgieter 11,92	50-54 A. Ackerman 19,48	M. Willers 21,09	
H. Wahl 2-44,4 65-69 C. Pace 2-53,8	T.vdWesthuize 10,12	S. Malherbe 18 44	55-59 T. Bruver 36,43	CENTRAL CALIFORNIA TAC
05-07 0. 1200 2.55,0	40-44 R.M. Creed 10,18 A. Brown 8,64	55-59 M. Hutchison 15,20 60-64 R. van Zyl 14,90	F. Furstenburg 22,80 60-64 J. Klopper 20,51	CHAMPIONSHIPS; WARMERDAM
1500 M - LADIES	45-49 J.S. Maree 8,94 M.B. Willers 8,50	DISCUS - MEN	J.J. Botha 19,31 J.C. Booysen 17,40	FIELD, FRESND, CA; APRIL 14, 1984; 108. ATHLETES; 94°
30-34 M. Goets 5-33,6	50-54 A. Coetzee 12,50	30-34 P. Potgieter 40,88	65-69 J.C. Barnard 23.89	*world age record +national age-group record
35-39 L. Rossouw 5-56,3 70-74 G. Odendasl 8-15,8	R. Mitchell 11,64 S.C. Welman 10,62	T.vdWesthuizen 23,92	70-74 C. Nel 23,05	
Contraction of the	C. Meintjies 10,26 V. Lunn 9,60	F. van Wyk 25.36	HIGH JUMP - LADIES	5300 58 Paul Spangler 85 *26:03.7
<u>1500 M - MEN.</u>	55-59 F. Furstenbury 10, 34	A. Brown 28 20	35-39 M. Ferreira 1,45 D. Quelch 1,40	3A George Leavitt 62 22:46.0 2B Ken Harvey 59 22:28.3
35-39 C. Goets 4-52,1 I. Emery 5-04,8	N. Sharpley 7,52	D. Robertson 26,06 45-49 W. Schutte 23,42	S. Cronje 1,35 40-44 K.vd Merwe 1,25	14 Michael Lammons 42 22:10.4
40-44 J. Sterley 4-22,2 R. Northover 4-23,4	60-64 J.C. Booysen 13,04	J. Maree 23,34	P. Pietersen 1,20	4x100 RELAY
J. Roffey 4-24,0	L.J. Boths 12,12 J. Klopper 11,04	50-54 A. Coetzee 37.16	45-49 L. Zimmerman 1,25 50-54 V. Welgemoed 1,15	40-49 Joe Herzog, Gerald Tatham, Michael Lammons, Ken Washman 51.19
T. Smith 4-40,6 P. Donald 4-57,0	J.J. Botha 10,14 Mac Henstock 9,22	R. Mitchell 31,60 C. Meintjies 30,34	HIGH JUMP MEN .	1500
W. vd Merwe 4-59,3 J. Erasmus 4-59,4	H.C. Barnard 8,66	J. Welman 27,18 V. Lunn 24,42	35-39 A. van Wyk 1,50	W2A Gretchen Snyder 50 5:33.31
45-49 S. Mostert 4-32,7 D. v Vuuren 4-36,7	65-69 J.C. Barnard 9,90	55-59 T. Bruwer 20 84	M. Kruger 1,50 40-44 C.B. Allan 1,40	5B Paul Spangler 85 *7:50.25
D. McIntyre 4-49,5	C. Pace 7,46 70-74 C. Nel 8,12	F. Furstenburg 27,38 60-64 K. van Zyl 35,58	D. Robertson 1,34	3A George Leavitt 62 6:14.00 2B Ken Harvey 59 6:31.67 2A Llovd Martin 50 5:25.53
J. Stoltz 5-08,8 B. Senekal 5-20,5	75-79 C. duPlessis 6,52	J.C. Booysen 34,92 L. Botha 31.96	50-54 L. Benning 1,58 M.T. Lewis 1,35	11 Harvey Franklin 41 4:10.95
D. Rossouw 5-32,4 K. Marx 5-51,7	80 M HURDLES - LADIES	J. Klopper 31,52	60-64 K. van Zyl 1,43 L. Botha 1,30	Michael Lammons 42 4:30.55 Anthony LaHorte 43 4:39.17
50-54 P. O'Brien 4-37,4 J. Fitz 5-15,1	'40-44 P. Pietersen 14,8	Mac Henstock 27,98	S.A. Bornman 1,20	
55-59 L. Kgonyana 4-46,3	45-49 L. Zimmerman 16,4 J. Burger 17,7	B. Coomer 22,98 H. Barnard 19,88	LONG JUMP - LADIES	400 W3B Josephine Kolda 66 1:25.44
W. de Beer 5-05,5 R. Truter 5-06,8	100 M HURDLES - LADIES	65-69 J. Barnard 31,46 C. Pace 19,70	35-39 D. Quelch 4 83	W2B Shirley Dietderich 57 1:27.85 3A Robert Giarretto 63 1:09.37
K. Shorkend 5-59,3 60-64 H. Niman 5-25,9	35-39 S. Cronje 17,9	70-74 C. Nel 23,90 75-79 C. du Plessis 16,08	M. Ferreira 4,62	24 Bruce Springbett 51 56.66 Lloyd Martin 50 1:11.36
H. Barnard 5-43,7	50-54 V. Welgemoed 19,7		S. Cronje 4 21 B. du Preez 4 10	1B Mel Elliot 45 55.53 Ross Irving 46 1:01.42
65-69 C. Pace 6-03,6 P. de Vos 6-32,7	110 M HURDLES - MEN	4 x 100 M RELAY (Mix	40-44 P. Pietersen 4.00 K. v.d.Merve 3.84	1A Dennis Duffy 41 53.69 SB Greg Marshall 36 52.90
5000 M - LADIES	35-39 A. van Wyk 16,1 F. van Wyk 21,5	Mixed Ladies (30-35) 52,3 W.P. Toddlers	45-49 L. Zimmerman 3,72 55-59 1. Hofmeyr 3,47	Jerry Baladad 37 53.53 Bill Weller 36 55.32 Lelon Rich 35 57.69
40-44 G. Bührmann 18,10	40-44 C. Truter 16,1	Family Team 63,2	30-34 G. v Niekerk 4,91	Lelon Rich 35 57.69 SA Martin LePeure 31 53.81
45-49 A. Tentussch 20,45	50-54 L. Benning 18,5	W.P. over 55's 67,5	C.J.vd Merwe 4,57	Ravmond Moody 32 56.09
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	ne, 1984		and and		14 Mar 14	1	1	Nation	nal	Maste	rs News	5	-	
	OHURDLES		20.00	SB	Buck Banks			136'	7".	MT.	SAC RELA	YS: WALNU	T. CA:	
1B	Al Brenda Jerry Stanners	56 49	20.29		Alan Stephens Fred Johnston		36 38	130'	4"	1000	IL 15, 19			
	Cornelius McCormick Hugh Adams Fred Johnston	40 44 38	16.04 16.13 16.57	SA	Jerry Haugen Gary Kelmenso	n	31 33.	129' 113'	5" 1"					
SB SA 800	Don Roberts	34	16.42		PLE JUMP Charles Mercu	ri	0 64	301	111		DELLER	155'		
W2A	Gretchen Snyder Mary Lou Nicoletti	50 35	2:39.84 2:50.71	2B 1B	Al Brenda Jerry Stanner		56 49	331 0	91 n 844 n		CONNOLLY	(151' 143'		
2B	Jock Jocoy Wayne Douglass	58 35	2:41.03 2:10.25	1000	Don Dvorak John Lawson		42	35' 2	2"	5	KELMENSO	5 102'	11"	
14		41 43	2:00.94 2:09.12	SB	James Hollist		39	381	1.	7	GADBOIS		4"	
SA 400	Jim Bordoni D HURDLES	31	1:59.81	SA PO	Roger Trujill	LO	53	44' 1	15"		ZEREGA	84' E JUMP	6 "	
14	Jerry Stanners Hugh Adams	49	1:14.01	23 23	Jim Vernon		67		7"		JACKSON	41' 40'	6" 6"	
10	Tool Roberts	34 60	1:00.92	The second	Al Brenda Jock Jocoy Dee DeWitt		56 58 45	19	0# 2# 6#	3	MOODY	40'		
1/2	B Shirley Dietlrich	62 57	12.81 17.21	14	Jerry Stanner		49	10'	6" 6"		BANE	VAULT		
	A Shirley Kinsey A Maria Magana	54 34	16.20		Bruce Hotalin Roger Werne		40	13'	0"		WOODRING	5 . 11' 9'		
5A 43	Josiah Fackard Sing Lum	SC 79	16.32 17.18	Sa	Jim Williams		31	Cashie of	3"	4	-59 POLE	and the state of t		
3B	Payton Jordan	67 67	13.28	3A	George Leavit	tt	62	4' 0'		2	WALLACE		6" 6"	
	Bill Fairbanks Sam Hoover	65	16.03	23	Al Brenda Jock Jocoy		56 58	4' 2			DOUGLASS GROSH	10' 10'		
3A	Robert Garretto Charles Mercurio	63 64	14.35 14.69	1B	Dee DeWitt Gerald Tatham	m	45	5' 7	" 3/4"	1	+ POLE V			
23	Bernie Stevens Jock Jocoy	55 58	13.22 13.46	1.4	Jerry Stanner Don Dvorak		49	5" 1	•	2	BIESEMEY VERNON BROWN	9'	6" 6"	
24	and the second second second	50	12.68	SB	Lelon Rich		42 35	51 1		4	WOLFE	9'		
, 13	Gilbert LaTorre Gerald Tatham	46	12.15	SA	Jerry Haugen		31	5' 9		1	BMASTER			
14	Jerry Stanners Dan Fitzsimmons	49 40	13.79	WO	Tonya Mendono Marianne Rhod			51 2	34"	2	GADBOIS ROOK, Ri		7"	
	Bill Alston Anthony Craddock	40 41	12.21		Shirley Kinse	ey	54		8#		ROOK, RC -49 JAVE		10"	
in the second	Michael Lammons Jerry English	42 43	14.17 14.62	1000	Katie Jocoy Sondra Schuma	ach		22'	6H 4 H	1	STUART	207'	*	
SA 20		30	11.98		James York Donald Fierot		1225	331 1	6" 5"	100	HIGGINS	160' 124'		
W31	Josephine Kolda Thelma Ruben	66 62	35.19 38.59	3B 3A	Hal Cronkhite Quinto Merlo	,	65 64	35' 5	511	1	-59 JAVE	154'	7"	
WSI	Gretchen Snyder Mary Lou Nicoletti	35	+29.43	2B	Bob Stone Jock Jocoy		63 58	and the second s	6# 6	2	SWEATE	131'	7"	
WSI 5A	Maria Magana Josiah Packard	34 80	33.31 32.73	2A 1B	Ted Wassam James Hart		52 47	1 States in a state	9" 7"	4	PAKIZ	125* 123'	6"	
43	Sing Lum	79	35.17	SB	Alan Stephens Buck Banks	3	36	46' 3	3"		+ JAVELI	N		
38	Payton Jordan Bill Fairbanks	67 67	*27.05 31.62		Gary Kelmenso	on	33	and the second s	4 "		MORALES FETTER	156' 137'		
34	Charles Mercurio	64	29.79	.2.	Sairley Dietd		and the second of		10"	4	LOMBARD I BURKE	109'	2.94	
2B 2A	Bernie Stevens Bruce Springbett	55 51	26.14 24.26	3/2A	Shirley Kinse Katie Jocoy	9y	54 54	80' 45'	4"		ZEREGA NEW AMER	ICAN REC		
1B	Gilbert LaTorre	46	24.30	WSB 4B	Sondra Schuma Jock Jocoy	ch	er 36 58	58" 94'	0" 2½"			1		
14	Dan Fitzsimmons Dennis Duffy Anthony Craddock	40 41	23.12		Bob Boothe		78	53'	2"	SU	BMASTERS	100. MET	ER	
SB	John Lawson Bill Weller	41 43 36	25.28 26.92 24.36	4A 3A	Donald Pierot Ed Chynoweth	tti	73 60	71'	6*	the second second second	DRIVER	10:49 10:59		
	Raymond Moody	32	23.71	13	Bob Stone James Hart		63 47	1211	6" 0"	4 1	JOHNSON, O DAVIS	10:97		
	Martin LeFeure Roger Trujillo	31 33	23.81 23.83	1.7	Jerry Stanner		49	86'	4"	6 1	FILLEY SUMNER	11:26		
75	B Sondra Schumacher	36	541 7"	1A SB	Mike Harriman Buck Banks	1	40 36	188*	5" 7"	8 1	THOMPSON MISSOURI WONG	11:39 11:93 12:00		
. 44	James York Donald Fierotti	70	11.1 8" 106 2"	SA	Gary Kelmenso	on	* 33	122*	6*			102		
34	A STREAM AND A STREAM	63	101 1 1		133	-	TAC CENTRA	L ASSOC	IATIO	N PENTAT	HLON			
1 B SA	James Hart Gary Kelmenson	47	113' 11" 139' 8"	8	Name Ag	je	LJ	JT	2	200m	DT	1500m	Total	
LOI	NG JUMP A Shirley Kinsey	54	11' 734'	-		-	7	- ter	1. 12					-
	B Sondra schumacher	36	11기 굿"	1.	Brenda, AI 56	6	5.12m	35.48m	6	27.33	28.91m	5:56.75	100	
3A 2B	Charles Mercurio Jock Jocoy	64 58	13' 5½" 14' 6"		Fitness Center		16'9 % " 400	116'5" 421		377	94'10's" 449	148	1795	IA
18	Dee DeWitt	45 49	19' 41" 17' 41"		Annual Annual Co		828	646.8		767	472.9	479.1	3193.8	WA
14		42	17' 1"	2.	Jocoy, Jock 58 SDTC		4.36m 14'3 3/4" 209	29.58m 97'5" 322		27.31	23.83m 78'2" 325	5:29.25	1496	IA
	John Lawson Joe Herzog	43 40	17' 0" 16' 9 <u>"</u> 16' 874'	1			486	440.3		769	300.2	644.1	2639.6	
SA	Sam Workman Roger Trujillo	41 53	16' 8/4' 21' 91"	1.	Miller, Gary 40 CDMTC		5.83m 19115"	48.30m 158'5"		24.77	32.26m 105'10"	4:53.30		
	SCUS Shirley Kinsey	54	82' 6"	1			566 780.5	610 782.5		576 823	524 552.3	446 739.8	*2722 3678.1	IA
WS	Katie Jocoy B Sondra Schumacher	54 36	51' 5" 58' 8"	1.	English, 4		4.21m	25.29m		29.33	17.03m	6:28.76		3
¥5	A Janet Flewell	31	14" 1"	1	Jerry		13'9 % " 169	82'11" 245		246	55'105" 137	35	832	IA
44	Donald Pierotti James York	73 70	98' 0" 95' 9"	1	6	-	183	165.8		307	56.84	107.	819.6	WAY
5 B	Hal Cronkhite	65	91 11"	1.	Hollister, 39 James		5.65m 18'64"	45.43m 149'		24.75	28,19m 92'3/4"	4:45.71 490	-2505	
34	Quinto Merlo Bob Stone	64 63	173' 0" 96' 11"	2	Johnston, 38		526 5.70m	570 51.39m		578 26.41	432 31.19m	NA	*2596	IA
24		52	100" 5"	100	Fred SCS		18'8's" 537	168'7" 651		444	102'3" 501	0	2133	IA
1 B	James Hart Gerald Tatham Jerry Stanners	47 45 49	132' 3" 100' 1" 84' 9"	1.	Dwight, Don 27		6.15m	41.40m		24.95	30.02m	4:47.39		
14	Cornelius McCormick	40	137' 0"		*AGE AR		20'2¼" 637	135'10 512		557	98'6" 475	480	2661	IA
1 martin	Jack Putnam	43	123' 3"			-	*	10 m	1000	A TELS		1000	1	

310	10 10 100 10000	SUBMASTERS 400 METER
- 1	40-49 100 METER	1 TOUNGON C 50.28
-	1 ROBERSON 11:67	1 JOHNSON, G. 50:38 2 DAVIS 51:37
T	2 CRADDOCK 11:81 3 WASHINGTON 11:83	3 TAYLOR 52:66
	4 SIMMONS 11:92 5 TSUDA 12:10	2 DAVIS 51:37 3 TAYLOR 52:66 4 WILLIAMS 53:60 5 KILROY 53:70
	5 TSUDA 12:10	5 KILROY 53:70
-	6 BOGUILLE 12:38	40-49 400 METERS
1	50-59 100 METER	1 LITTLE 52:96
-	1 NEWTON 11:80	1 LITTLE 52:96 2 COHEN, G. 53.81 3 NIEDERMEYER 54.84
	2 NASARALLA 12:39	4 VILT2 55:74
-61	4 RADFORD 12:53	50-59 400 METERS
	1 NEWTON 11:80 2 NASARALIJA 12:39 3 ROBINSON 12:53 4 RADFORD 12:81 5 CLAYTON 13:97	
		1 ROBINSON 57:79 2 BEADLE, L. 59:95
	50-59 100 METER 2ND	3 MARTIN 1:03:99
- 10	1 HARTE 12:66 2 MILLER 13:80	
	3 PEDEVILLA 13:98	60+ 400 METERS
	and the set of the set of the set of the set of the	1 HUNT 1:01:30 GUIDET NO TIME BURKE NO TIME
1	60+ 100 METER	GUIDET NO TIME
-	1 HUNT 12:87 2 PATSALIS 12:90	BURKE NO TIME
-	3 FETTER 13:14	40-49 5000 METERS
- 1	3 FETTER 13:14 4 GUIDET 13:48	1 BURNS 16:08:98
-	5 WARREN 13:98	2 CRADER 17:55:72
3	40-49 HIGH JUMP	
	1 SALLINGER 5' 4"	SUBMASTER DISCUS
	2 BANE 5' 2"	1 DELLER 141' 8" 2 GADBOIS 92' 9"
-		2 GADBOIS 92' 9"
	50-59 HIGH JUMP	40-49 DISCUS
Pa	1 NEWTON 5' 8"	1 HIGGINS 144' 1"
-	S0-S9 HIGH JUMP 1 NEWTON 5' 8" 2 DOUGLASS 4' 8" 3 WALLACE 4' 6"	2 SMITH, H. 116'11"
1	COL LITCH THE	3 SHEINKER 83' 6"
21	60+ HIGH JUMP	
1	1 GIST 5' 2" 2 OGLE 4' 6" 3 MCFATE 4' 6" 4 BURKE 4' 2" 5 VERNON 4' 2"	50-59 DISCUS
1	2 OGLE 4' 6"	1 O'BRIEN 162' 5"
-	4 BURKE 4' 2"	2 VAN PELT 137' 1" 3 WALLACE 113' 0"
- 1	5 VERNON 4 2"	4 GALLARADO 107'10"
		5 MARTIN 104' 8"
	SUBMASTER 4X100	6 DOUGLASS 96' 6"
	1 MACCABI 43.50	co. promo
	JOHNSON, Glen DAVIS	60+ DISCUS
	WONG	1 ALDRICH 156.9
	McCOV	2 CASTANEDA 126.10 3 HUNT 119.5 4 LOMBARDI 97.9 5 ZEREGA 85.3
1	2 UNATTACHED 43.52	4 LOMBARDI 97.9
19	TILLEY ROBERSON	5 ZEREGA 85.3
-	WILLIAMS	
-	DRIVER	40-49 200 METER
	3 STRIDERS 45.2 THOMPSON	1 1.11TTLE 2.3:05 2 ROBERSON 23:65
	ROBINSON	2 ROBERSON 23:65 3 NIEDERMEYER 24:04
	MISSOURI	4 SIMMONS 24:90
	SUMNER	the second s
3		50-59 200 METERS
	<u>50+ 4x100</u>	1 NEWTON 24:57 2 HARTE 26:02
-	1 CDM 49.94	2 HARTE 26:02 3 ROBINSON 26:42
-	40-49 4×100	20.42
-	1 L.A.VALLEY 46.83	60+ 200 METERS
	2 STRIDERS 48.30	1 HUNT 26:84
1	40-49 LONG JUMP	1 HUNT 26:84 2 GUIDET 28:53 3 WARREN 28:87
		3 WARREN 28:87
-	1 SALLINGER 18' 9" 2 BANE 17' 5k"	4 CASTRO 29:90
	2 BANE 17' 55" 3 TSUDA 17' 5"	SUBMASTERS 4X400
		1 STRIDERS 3:25:31
- inter	50-59 LONG JUMP	AGUIRRE
1	1 JACKSON 18' 55" 2 GALLARADO 15'115"	SMITH, NOLAN
-	2 GALLARADO 15'115" 3 MARTIN 15' 3%"	SUMNER STUART
1	5 MARTIN 15' 38'	OT OTHER
	60+ LONG JUMP	50+ 4X200
-	1 PATSALIS 16'114"	1 CDM 1:55:71
-	1 PATSALIS 16'115" 2 BURKE 12'10"	CLAYTON
	40-49 1500 METER	ROBINSON HARTE
1	LELLOTT 4.20-FD	PEDEVILLA
AF	1 ELLIOTT 4:28:59 2 TOWERS 4:30	
A	3 CARRINGTON 4:54:11	
-	50-59 1500 METERS	25 - 31 LES.
-	1 FITZGERALD 4:43:95	OCEANA VETERANS CHAMPIONSHI
AF	2 WITHERS 4:45:42	CANBERRA, AUSTRALIA APRIL 21-22, 1984
A	3 BEADLE 5:30:28	ATT 1-22, 1904
-	60+ 1500 METERS	100
C T	COHEN, David 5:34.90	M55 R Hochreiter 12.3
AF		M65 J Stevens 14.5
A	40-49 SHOT PUT (12 1b)	W40 H Searle 13.4
		100 12.3 M55 R Hochreiter 12.3 M60 B Hogan 12.7 M65 J Stevens 14.5 W40 H Searle 13.4 W45 W Ey 13.2 W50 D Pirie 14.7 W55 S Peterson 13.9
	1 HIGGINS 48' 65" 2 SMITH, Hal 48' 동"	W50 D Pirte 14.7 W55 S Peterson 13.9
AF	3 MARTIN, Ray 46'11 3/4'	W60 A Hogan 15.4
A	4 HARPER	A DECK
1	7 STUMET 37 105"	M45 R Austin 22.6
	50-59 SHOT PUT	M60 B Hogan 26.0
AF	1 O'BRIEN 53' 44"	200 M45 R Austin 22.6 M60 B Hogan 26.0 M65 J Stevens 29.1 M70 F Burgoyne 30.7 M75 H Gathercole 36.3 M60 B Hogan 20.7
3	2 WALLACE 40' 25"	M75 H Gathercole 36.3
4	3 DOUGLASS 38' 35"	WAU V KODETTS 29.0
AF	COL CHOR DUR	W45 W Ey 27.2 W50 D Pirie 30.1
1	60+ SHOT PUT	W55 S Peterson WR 29.4
	1 ALDRICH 47' 25"	W60 A Honan 32.3

 1
 ALDRICH
 47' 25"

 2
 CASTANEDA
 44' 65"

 3
 ZEREGA
 29' 65"

AAF

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<u>50-</u>		THE .			
	59 DTSC			hE-	
10				0.0	
2 11	BRIEN	1	371	1.	
3 W/	LLACE	1	13'	0"	
4 GI	LLARAD	0 10	37 .	10"	
5 M	ARTIN	10)4 '	8"	
6 D0	DUGLASS		7 6'	6"	
50+	DISCUS				
1 AL	DRICH		156	.9	
	STANED7				
3 HU			119		
	MBARDI		97		
215	REGA		85		
0-4	200 M	ETER	2		
				:05	
RO	BERSON		23		
NT	EDERMEY	ER		:04	
SI	MONS		24	:90	
Statement of the local division of the local	9 200 1	IETE	RS		
	NOTW			:57	
HA				:02	
RO	BINSON		26	:42	
0.4	200 MET	FDC			
нл	T			: 84	
	IDET			:53	
	STRO			: 90	
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UBM	STERS	4X40	00		
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ROE HAF PEI	VETERAN	s chi		ONSHI	P
ROE HAF PEE	VETERAN RA, AUST	S CHI		ONSHI	P
ROE HAF PEE	VETERAN	S CHI		ONSHI	P
ROE HAH PEI	VETERAN RA, AUST 21-22, 1	s chi Ral I 984		ONSHI	P
ROE HAH PEE CEANA INBER PRIL	VETERAN RA, AUST 21-22, 1 Hochreit	s chi Ral I 984		12.3	
ROE HAH PEI CEANA INBER PRIL DO 55 R 50 B	VETERAN RA, AUST 21-22, 1 Hochreit Hogan	s chi Ral I 984		12.3	
ROF HAF PEI CEANA NBER PRIL DO S5 R 50 B 55 J	VETERAN RA, AUST 21-22, 1 Hochreit Hogan Stevens	s chi Ral I 984		12.3 12.7 14.5	
ROE HAF PEE CEANA ANBER PRIL DO 55 R 50 B 55 J 40 H	VETERAN RA, AUST 21-22, 1 Hochreit Hogan Stevens Searle	s chi Ral I 984		12.3 12.7 14.5 13.4	
ROF HAF PEE CEANA ANBER PRIL	VETERAN RA, AUST 21-22, 1 Hochreit Hogan Stevens	s chi Ral I 984		12.3 12.7 14.5 13.4 13.2	
ROE HAI PEL CEANA NBER PRIL DO 55 R 50 B 55 J 40 H 15 W 50 D 55 S	VETERAN RA, AUST 21-22, 1 Hochreit Hogan Stevens Searle Ey Pirie Peterson	s chi Ral I 984		12.3 12.7 14.5 13.4 13.2 14.7 13.9	
ROE HAI PEL CEANA NBER PRIL DO 55 R 50 B 55 J 40 H 15 W 50 D 55 S	VETERAN RA, AUST 21-22, 1 Hochreit Hogan Stevens Searle Ey Pirie	s chi Ral I 984		12.3 12.7 14.5 13.4 13.2 14.7	
ROE HAI PEL CEANA NBER PRIL DO 55 R 50 B 55 J 40 H 15 W 50 D 55 S	VETERAN RA, AUST 21-22, 1 Hochreit Hogan Stevens Searle Ey Pirie Peterson	s chi Ral I 984		12.3 12.7 14.5 13.4 13.2 14.7 13.9 15.4	A THE REAL PROPERTY AND A THE
ROE HAH PEI PEI CEANAA ANBER PRIL DO 55 R 60 B 55 J 60 B 55 J 60 B 55 S 60 A 55 S 60 A 75 R	VETERAN RA, AUST 21-22, 1 Hochreit Hogan Stevens Searle Ey Pirie Peterson Hogan Austin	s chi Ral I 984		12.3 12.7 14.5 13.4 13.2 14.7 13.9 15.4 22.6	
ROE HAI PEI CEANA ANBER PRIL 200 55 R 60 B 55 J 40 H 15 W 55 S 50 A 200 15 R 50 B	VETERAN RA, AUST 21-22, 1 Hochreit Hogan Stevens Searle Ey Pirie Peterson Hogan Austin Hogan	s chi Ral I 984		12.3 12.7 14.5 13.4 13.2 14.7 13.9 15.4 22.6 26.0	
ROE HAN PEI CEANAA NINBER PRIL 200 55 S 865 J 865 S 860 A 855 S 860 A 855 S 860 A 855 J	VETERAN RA, AUST 21-22, 1 Hochreit Hogan Stevens Searle Ey Pirie Peterson Hogan Austin Hogan Stevens	S CHJ RALIJ 984 er		12.3 12.7 14.5 13.4 13.2 14.7 13.9 15.4 22.6 26.0 29.1	
ROE HAI PEC CEANA NNBER PRIL 200 55 R 60 B 55 J 10 H 15 W 25 S 60 A 25 S 60 A 25 S 70 F	VETERAN RA, AUST 21-22, 1 Hochreit Hogan Stevens Searle Ey Pirie Peterson Hogan Austin Hogan Stevens	S CHU RALII 984 er		12.3 12.7 14.5 13.4 13.2 14.7 13.9 15.4 22.6 26.0	
ROE HAN PEI CEANA ANBER PRIL 200 55 C R 60 B 55 J 40 H 15 W 25 S 60 A 25 S 60 A 25 S 70 F 75 H	VETERAN RA, AUST 21-22, 1 Hochreit Hogan Stevens Searle Ey Pirie Peterson Hogan Austin Hogan Stevens	S CHU RALII 984 er		12.3 12.7 14.5 13.4 13.2 14.7 13.9 15.4 22.6 26.0 29.1 30.7 36.3 29.6	
ROBERT CONTRACT OF CONTRACT ON CONTRACT OF	VETERAN RA, AUST 21-22, 1 Hochreit Hogan Stevens Searle Ey Pirfe Peterson Hogan Austin Hogan Austin Hogan Stevens Burgoyne Gatherco Roberts Ey	S CHU RALII 984 er		12.3 12.7 14.5 13.4 13.2 14.7 13.9 15.4 22.6 26.0 29.1 30.7 36.3 29.6 27.2	
ROBERT CONTRACT OF	VETERAN RA, AUST 21-22, 1 Hochreit Hogan Stevens Searle Ey Pirie Peterson Hogan Austin Hogan Stevens Burgoyne Gatherco Roberts Ey Pirie	S CHJ RALIJ 984 er		12.3 12.7 14.5 13.4 13.2 14.7 13.2 14.7 13.9 15.4 22.6 26.0 29.1 30.7 36.3 29.6 27.2 30.1	
ROBERT CEANAA PEL PEL CEANAA NABER PRIL 200 255 R 60 B 55 J 60 H 155 W 550 A 200 75 R 60 B 55 J 70 F 75 H 40 V 45 W 550 D 555 S	VETERAN RA, AUST 21-22, 1 Hochreit Hogan Stevens Searle Ey Pirie Peterson Hogan Stevens Burgoyne Gatherco Roberts Ey Pirie	S CHJ RALIJ 984 er		12.3 12.7 14.5 13.4 13.2 14.7 13.9 15.4 22.6 26.0 29.1 30.7 36.3 29.6 27.2 30.1 29.4	
ROAD HAI PEL CEANAA NNBER RIL 00 555 R 560 B 555 J 70 F 850 B 555 J 70 F 850 B 555 J 70 F 800 B 555 J 70 F 800 C 855 J 70 F 800 C 800 C 80	VETERAN RA, AUST 21-22, 1 Hochreit Hogan Stevens Searle Ey Pirie Peterson Hogan Austin Hogan Stevens Burgoyne Gatherco Roberts Ey Pirie Peterson	S CHJ RALIJ 984 er		12.3 12.7 14.5 13.4 13.2 14.7 13.9 15.4 22.6 26.0 29.1 30.7 36.3 29.6 27.2 30.7 29.4 30.7 29.4 32.3	
ROAD HAI PEL CEANAA NNBER RIL DO S5 R S60 B S55 J S50 A S55 J S50 A S55 J S55	VETERAN RA, AUST 21-22, 1 Hochreit Hogan Stevens Searle Ey Pirie Peterson Hogan Austin Hogan Stevens Burgoyne Gatherco Roberts Ey Pirie Peterson	S CHJ RALIJ 984 er		12.3 12.7 14.5 13.4 13.2 14.7 13.9 15.4 22.6 26.0 29.1 30.7 36.3 29.6 27.2 30.1 29.4	
ROAD HAI PEL CEANAA NNBER RIL DO S5 R S60 B S55 J S50 A S55 J S50 A S55 J S55	VETERAN RA, AUST 21-22, 1 Hochreit Hogan Stevens Searle Ey Pirie Peterson Hogan Austin Hogan Stevens Burgoyne Gatherco Roberts Ey Pirie Peterson Hogan Sole	S CHJ RALIJ 984 er		12.3 12.7 13.4 13.2 13.9 15.4 22.6 26.0 29.1 30.7 30.1 29.6 27.2 30.1 29.4 32.3 36.8	
ROAD HAI PEL CEANAA NNBER RIL DO S5 R S60 B S55 J S50 A S55 J S50 A S55 J S55	VETERAN RA, AUST 21-22, 1 Hochreit Hogan Stevens Searle Ey Pirie Peterson Hogan Austin Hogan Stevens Burgoyne Gatherco Roberts Ey Pirie Peterson Hogan Sole	S CHJ RALIJ 984 er		12.3 12.7 13.4 13.2 13.9 15.4 22.6 26.0 29.1 30.7 30.1 29.6 27.2 30.1 29.4 32.3 36.8	
ROAD HAI PEL CEANAA NNBER RIL DO S5 R S60 B S55 J S50 A S55 J S50 A S55 J S55	VETERAN RA, AUST 21-22, 1 Hochreit Hogan Stevens Searle Ey Pirie Peterson Hogan Austin Hogan Stevens Burgoyne Gatherco Roberts Ey Pirie Peterson Hogan Sole	S CHJ RALIJ 984 er		12.3 12.7 13.4 13.2 13.9 15.4 22.6 26.0 29.1 30.7 30.1 29.6 27.2 30.1 29.4 32.3 36.8	
ROAD HAI PEL CEANAA NNBER RIL DO S5 R S60 B S55 J S50 A S55 J S50 A S55 J S55	VETERAN RA, AUST 21-22, 1 Hochreit Hogan Stevens Searle Ey Pirie Peterson Hogan Austin Hogan Stevens Burgoyne Gatherco Roberts Ey Pirie Peterson Hogan Sole	S CHJ RALIJ 984 er		12.3 12.7 13.4 13.2 13.9 15.4 22.6 26.0 29.1 30.7 30.1 29.6 27.2 30.1 29.4 32.3 36.8	

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June, 1984

and the second second	
400 M45 R Austin	52.8
M50 T Roberts M55 L Kent	55.6 59.3
M60 T Hishon M65 J Stevens	59.7 65.5
M70 F Burgoyne W35 M Allison	69.9 58.5
W40 M Parrish W50 C Brunker	67.1 73,5
W55 M Petley	76.4
W60 A Hogan 800	79.8
M50 T Roberts W M55 R McRae	R 2:00.5 2:22.9
MGO T Hishon MG5 J Stevens	2:26.9 2:25.8
M70 F Burgoyne W40 S Graham	2:49.0 2:35.5
W45 C Idema W50 J Miles	2:45.0 2:46.0
W55 S Brasher	2:55.4
1500 M40 I Melrose	4:10.0
M45 I Babe M60 G McKeown	4:12.7 5:03.3
G McGrath W40 D Browne	5:04.5 4:51.2
W50 J Albury W55 S Brasher	5:30.0
W60 B Woodburn	6:56.0
5000 M40 K Mayhew	15:30
M50 T Roberts M55 P Piper	16:27 17:48
M60 G McKeown M65 T McDonald	18:43 20:01
 A Burgoyne M70 S Nicholls 	20:04 20:48
W40 D Browne 10000	17:32
M40 F Green	32:54
A Wilson M45 A Bradford	33:05 33:11
T Paulin B Watson	33:14 33:19
M50 B Longmore M55 P Piper	35:14 37:01
M60 G McKeown M65 T McDonald	37:45 42:04
M70 S Nicholls M75 J Jamieson	44:58 50:35
W40 D Browne W50 J Albury	36:27 41:00
W55 S Brasher 3000 STEEPLECHASE	43:33
M40 P Rudkin M45 J Bowers	10:00.7
5K WALK	
M40 F Clark M50 L Irwin	22:37 25:26
M55 R Witham M60 G Nevitt	27:44 27:10
M45 J Smith W45 M Stanway	22:32 27:43
20K WALK M40 F Clark	1:39:06
M45 J Smith	1:37:16
M60 T Orr	1:58:22
M65 J Webber M70 T Daintry	2:14:05 2:04:15
10K WALK W45 M STanway	57:58
W50 D Camac W55 S Brasher	67:38 63:39
W60 W Webber W65 G McDonald	69:37 73:39
W70 A Forbes	73:44
HAMMER M40 K Redwin	47.24
M45 K Henry M55 C Rann	40.36 40:08
M50 J Davis M60 S Johnson	41.64 39.80
M65 R Foley M70 A Tesija	40.70 34:48
JAVELIN M40 G Rose	43.54
M45 T Hancock M65 K Hopkins	49.00 34.36
W35 M Thomas W50 H Doherty	43.54 35.68
DISCUS	
M40 M Kemp M45 T Bennett	43.88
M50 G Lawless M55 C Rann	41.52
M60 S Johnson M65 R Foley	38.34 39.26
M70 A Tesija W50 S White	25.06
W60 H May LONG JUMP	20.70
W40 H Searle	5.05
HIGH JUMP W40 H Searle	1.45
from Jack Penningto "International class	on:
formances only"	S pere
700 competitors .	· · · ·

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And the second		S. Galacia	
OLYMPIC LEGENDS T&F I UCLA DRAKE STADIUM: 1		M35 Hilliard Summer	
ANGELES; APRIL 28-29		Willie Smith M4D	3
100m M30		Dennis Duffy Lynn Eves	5-
Tom Lester Willard Thompson	10.8	Stephan Frease M45	
Ralph Tilley <u>M35</u>	11.1	Stan King Fernando Palez Su	arez
Eddie Hart Jim Hines	10.7 10.9	Charles Cordero M50	
Don Parish Hilliard Sumner	11.1 11.1	Bruce Springbett Don Cheek Will Robinson	
M40 Walt Butler Dan Fitzsimmons	10.8	M55 Bernard Stevens	
Willie Roberson M45	11.7	Bob Watanabe Tom Clayton	
Gil DeLatorre Lewis Smith	11.6 11.7	M60 Bob Hunt	
. Dee Dewitt M50	12.0	Bob Garreto M65	
B. Springhett Nick Newton	11.6 11.7	Henry Dorf Pete Ganahl	
Mike Larrabee	12.3	Chia-Tsung Pao <u>W40-49</u>	1:
B. Watanabe Gene Harte B. Stevens	12.4	Jeanne Carter Mary Luker Almeta Parish	1:1
M60 Max Goldsmith	12.7	<u>W60-69</u> Josephine Kolda	1:
Pete Fetter Timothy Murphy	13.4	Thelma Rubin Ginny Hunt	1:
M65 Payton Jordan	13.0	w/u+	
Herb Miller Andy Collins	14.0 14.1	Bess James D. Stotsenberger	1:
M70 Tony Castro	14.2	800m	
John Sati B. Morrow	14.6 15.0	M30 J. Harvey	2:0
W30-39 B. Ferrell Ldmonson	12.8	Herston Hall Vincent Taylor	2:0
Martha Watson Marilyn White W40-49	13.1 15.3	M35 B.L. Wint	2:0
C. Sherrard Jeanne Carter	13.4	Samuel Graham M40	nt
Mary Luker W50-59	14.1	D. Romain H. Franklin	1:5
Magdalene Kuehne Shirley Dietderich	16.2 16.8	G. Cohen M45	2:0
<u>W60-69</u> J. Kolda	16.6	Mel Elliott Cliff Bedell Gary Miller	2:0
T. Rubin Diana Smith	18.2 19.1	M50 Charles Wimberly	2:0
200m M30	2.10	J. Weldy J. Withers	2:1
Duke Ferguson W. Edmonson	21.8	M55 8. Fitzgerald	2:1
Adrian Rogers M35	21.9	Leonard Walts G. Linde	2:1
H. Sumner M. Thompson	23.6 24.3	M60 David Lewis	2:3
George Wong M40	26.1	M65 Joe Carey	2:5
D. Fitzsimmons David Romain W. Butler	23.1	M70 Ed Stotsenberg M80+	2:5
M45 Jackson Steffes	23.4	N. Pisciotta W30-39	4:2
Gil La Torre L. Smith	24.1 24.1 24.4	Janie Duff Ginny Sargent	2:3
M50 B. Springbett	24.1	Diana Dann W4D-49	2:5
N. Newton Bob Radford	24.1 26.5	Elvyn Blair W50-59	2:3
M55 8. Watanabe	25.8	Gretchen Snyder W60-69	4:
B. Stevens G. Harte	25.9	Ginny Hunt <u>W70-79</u> B. James	4:1
M60 M. Goldsmith B. Garreto	27.6	1500m	-
Charles Mercurio	28.7 30.7	M30 Ken Mercurio	4:3
P. Jordan Andy Collins	27.4 30.8	Marcel La Croix M35	4:5
H. Dorff M7D	31.3	Fred Doubell Bruce Lee Wint	4:1
T. Castro J. Sati	29.7 31.0	Bill Perry M40 Harvey Franklin	4:2
M75 Sing Lum	35.7	George Cohen Ronald Werner	4:1
M80+ Nat Pisciotta	46.7	M45 Mel Elliott	4:2
W30-39 De Mendez	29.2	Cliff Bedell Chris Bourke	4:4
W40-49 Jeanne Carter	29,0	M50 John Weldy	4:
Mary Luker Almeta Parish	29.3 31.0	Eharles Wimberly Fred Lehr	4:0
W50-59 Gretchen Snyder Shirley Dietderich	+29.2	M55	-
<u>W60-69</u> J. Kolda	36.3 35.3	Bill Fitzgerald Patrick Devine	4:4
T. Rubin	39.3	Gunnar Linde M60 Bob Pape	4:
400m M30		Bob Page Sid Toabe Ralph Ratcliff	5:
Warren Edmonson James Harvey	48.5 49.8	W30-39 Janie Duff	5:
Russell Austin	52.3	Rieko Duba	5:

		1.00
	W40-49 Elvyn Blair	5:22.2
51.8 53.6	Kathy Kusner W50-59	5:56,5
53.7	Gretchen Snyder Helen Dick	5:30.5 5:49.7
60,0	110mH M30	
56.6 rez 60.7	Nate Robinson Kevin Speaks	14.7 17:3
55.2	M35 Don Parish	14.5
55.9 59.7	Marvin Thompson Richard Katus	14.7 15.0
58.9	M45 Dee Dewitt	15.1
60.0 69.5	Al Henry M50	15.9
65.9 . 67.3	Joe Murphy Bob Higginbotham Dave Douglass	17.0 19.0 20.5
75.0 79.1	M60 Burl Gist	18.0
1:21.0	Chuck McFate Bob Hunt	21.1 24.1
1:04.2	M65 Herb Miller	18.6
1:10.0	Al Guidet Chia-Tsung Pao	.19.2 20.7
1:30.6	M70 Bert Morrow	20.9
	80mH	-9-9
1:36.1 1:58.4	040-49 Cherrie Sherrard	12.5
The second	<u>W50-59</u> Shirley Kinsey	17.4
2:01.9 2:02.6	400mH M30	
2:04.8	Michael Williams Marcel La Croix	60.5 75.5
nt	M35 Ross Jensen	63.4
1:58.4 2:00.8	<u>M40</u>	
2:01.0	Cornelius McCormic Bill Knocke	k 59.4 64.1
2:04.8 2:09.2	MSO Josh Culbreath	64.0
2:11.0 2:17.9	Joe Murphy Will Robinson	66.5 68.1
2:18.7	M55 Jock Jocoy	73.2
2:17.3 2:19.5 2:20.2	M65 Al Guidet	1:23.0
2:38.0	P. Ganahl C. Pao	1:25.6 1:34.4
2:59.5	5000m M35	
2:55.0	R. Jensen B. Perry	15:38.8
4:23.8	Samuel Graham <u>M40</u> Nelson Crader	20:52.3
2:31.2 2:32.2 2:52.4	S. Cardenas Reyes L. M. Bracamontes	19:21.8 20:10.1
2:32.4	M45 Fernando Pelaez Bob Yahnke	18:41.4
2:34.2	M50 J. Weldy	16:25.0
4:31.5	F. Lehr L. Simms	18:13.9 19:18.5
4:10.0	M55 P. Devine M60	17:30.2
4:35.	B. Page S. Toabe	19:04.4
4:51.5	K. Morrison M65 J. Carey	19:17.3
4:17 4:18.8 4:29.5	M70 E. Stotsenberg	21:20.9
4:13.9	MBO+ N. Pisciotta	29:14.2
4:28.6 4:29.8	Jacob Bishin <u>W30-39</u> D. Dann	34:38.5
4:27.7	W40-49 S. Greiner	20:43.0
4:47.5	K. Kusner S. Smith WSO-59	21:41.5 22:21.7
4:30.1 4:33.0	H. Dick	20:05.0
4:43.0	M40 Ray Fitzhugh	31:36.3
4:45.3 4:52.5	M50 John Kelly	26:27.6
4:53.1 5:14.8	John MacLachlan R. Ted Greiner M70	27:17.3 28:53.7
5:20.6	Chesley Unruh 140-49	32:32.0
5:22.2	Julene Steigerwalt <u>W60-69</u>	
5:44.0	Rose Kash	32:31.9

Active State	
400m Relay M30-39	
No. Cal. Senior Space City IC	s 42.1 43.1
All-American TC M4D-49	45.4
West Valley IC L.AValley AC	44.6 45.5
M50-59 Corona Del Mar	TC 48.5
L.AValley AC So. Cal. Stride	48.9 rs 49.8
W30-39 & 40-49 No. Cal. Senior	s (40+)54.6
So. Cal. Stride	rs(30+)58.9
M30-39 & 40-49 All-American TC	(30+)2:01.9
Mest Valley FC(MSO-59	40+) 2:02.9
L.AValley AC So. Cal. Stride	
Long Jump M30	
Nate Robinson Roger Trujillo	21'9" 20'10½"
Russell Austin M35	18'6 3/4"
John Hartfield Carl Flowers	22'7 <u>1</u> " 21'1 <u>1</u> "
M40 Donald Dvorak	18'3/4"
John Lawson M45	17'6½" 20'4 3/4"
A. Henry Charley Miller Roger Tsuda	20'4 3/4" 18'3" 17'9 3/4"
M50 Dave Jackson	18'6"
Richard Hein Donald McElella	16'41"
M55 Novi Milicevic	17'65"
J. Jocoy M60	15'1 3/4"
C. Mercurio Tim Murphy	13'34" 12'94"
M65 Bill Morales	14'7 3/4"
Herb Miller Bill Burke	14'5 <u>4</u> " 13'7"
M70 J. Sati	1311"
Don Mowrer Art Vesco	11'1 3/4" 10'5 3/4"
<u>W30-39</u>	
M. Watson Sandra Schumach	17'2 3/4" her11'4"
W50-59 Shirley Kinsey	
M. Kuehne W70-79	10'85"
Edith Mendyka High Jump	6'8±"
M30 Rick Fletcher	6'6"
Steve Cox M35	6'2"
Charley Rader M40	6'6"
D. Dvorak Larry Salinger	5'5" 5'2"
M45 Tom Langenfeld	
D. Dewitt Gary Bane	5'8å" 5'5"
M50 N. Newton	519"
Richard Hein D. McClelland	51 <u>5"</u> 41105"
M55 Bob Perry M60	4' 1"
Burl Gist Boo Morcom	*5'2 3/4" 4'10"
Chuck McFate	4'6"
Bob Ogle H. Morningstar	4'8" 4'6"
B. Burke M70	4'4"
D. Mowrer A. Vesco	4'0" 3'5"
W3D-39 Rieko Duba	4'2"
040-49 Christel Miller	4'0"
Shot Put M35	
Allen Stephens Michael Deller	47'9 3/4" 45'5 3/4"
John Hartfield	40'82"
J.J. Turner 145	27'105"
James Hart Hal Smith	46'25"
Bob Frahm 150	35'10"
Parry O'Brien Charles Renfro	53'3" 44'6"
Dave Douglass	35'1 1

M55	
Bob Perry	2415 3/
M6D Bill Bangert	4714±"
Mike Castaneda	46"11"
Boo Morcom	37:4"
M65	
Dan Aldrich H. Morningstar	47"45" 40"15"
M70	40 16
Donald Pierotti	3315"
<u>m75</u>	
W30-39	30'45"
La Tanva Glass	29' 3/4"
La Tanya Glass S. Schumacher	20171
1040-49	
C. Sherrard C. Miller	33'48"
A. Parish	22'2!"
<u>W50-59</u> K. Jocoy	
K. Jocoy	251115"
W70-79 E. Mendyka	28'54"
Javelin M30	
N. Robinson	77111
M35	
Steve Jarvis	175*10"
Fred Johnson Ron Rook	139'2"
M4D	100 -
Mike Woodward	140'5"
M45	2021.00
Larry Stuart Gary Bane	20819" 13717"
Hal Smith	136'5"
<u>M50</u>	
Ed Martin John Paksz	136'5"
John Pakiz Juel Sweatte	133'0" 120'11"
M55	
Emsion Grimm	52'11"
M6D	1000
Ed Chynoweth Pete Fetter	15911"
Tim Murphy	107'8"
M65	AN FRANK
Bill Morales A Bill Burke	158'11"
M70	11.1.4.
M70 D. Pierotti A. Vesco	91'0"
A. Vesco	7617"
U30-39 S. Schumacher	70'1"
山4日-49	The state of the
C. Miller	95*10"
<u>W50-59</u>	
W50-59 Shirley Kinsey	82'2"
<u>W50-59</u> Shirley Kinsey S. Dietderich M. Kuehne	
W50-59 Shirley Kinsey S. Dietderich M. Kuehne W70-79	82'2" 67'3" 62'4"
<u>W50-59</u> Shirley Kinsey S. Dietderich M. Kuehne <u>W70-79</u> E. Mendyka	82'2" 67'3"
<u>W50-59</u> Shirley Kinsey S. Dietderich M. Kuehne <u>W70-79</u> E. Mendyka Discus	82'2" 67'3" 62'4"
<u>W50-59</u> Shirley Kinsey S. Dietderich M. Kuehne <u>W70-79</u> E. Mendyka <u>Discus</u> <u>M30</u> Gary Kelmenson	82'2" 67'3" 62'4"
<u>W50-59</u> Shirley Kinsey S. Dietderich M. Kuehne <u>W70-79</u> E. Mendyka <u>Discus</u> <u>M30</u> Gary Kelmenson <u>M35</u>	82'2" 57'3" 52'4" 59'5" 116'2"
<u>W50-59</u> Shirley Kinsey S. Dietderich M. Kuehne <u>W70-79</u> E. Mendyka <u>Discus</u> <u>M30</u> Gary Kelmenson <u>M35</u> M. Deller	82'2" 67'3" 62'4" 69'5"
<u>w50-59</u> Shirley Kinsey S. Dietderich M. Kuehne <u>w70-79</u> E. Mendyka <u>Discus</u> <u>M30</u> Gary Kelmenson <u>M35</u> M. Deller <u>M40</u>	82'2" 57'3" 52'4" 59'5" 116'2" 147'0"
<u>W50-59</u> Shirley Kinsey S. Dietderich M. Kuehne <u>W70-79</u> E. Mendyka <u>Discus</u> <u>M30</u> Gary Kelmenson <u>M35</u> M. Deller <u>M40</u> Lloyd Higgins E. McCormick	82'2" 67'3" 62'4" 69'5" 116'2" 147'0" 164'7" 134'5"
<u>W50-59</u> Shirley Kinsey S. Dietderich M, Kuehne <u>W70-79</u> E. Mendyka <u>Discus</u> <u>M30</u> Gary Kelmenson <u>M35</u> M. Deller <u>M40</u> Lloyd Higgins E. McCormick M. Woodward	82'2" 67'3" 62'4" 69'5" 116'2" 147'0" 164'7"
<u>W50-59</u> Shirley Kinsey S. Dietderich M, Kuehne <u>W70-79</u> E. Mendyka <u>Discus</u> <u>M30</u> Gary Kelmenson <u>M35</u> M. Deller <u>M40</u> Lloyd Higgins C. McCormick M. Woodward <u>M45</u>	82'2" 67'3" 62'4" 89'5" 116'2" 147'0" 164'7" 134'5" 115'9"
<u>W50-59</u> Shirley Kinsey S. Dietderich M. Kuehne <u>W70-79</u> E. Mendyka <u>Discus</u> <u>M30</u> Gary Kelmenson <u>M35</u> M. Deller <u>M40</u> Lloyd Higgins C. McCormick M. Woodward M4 J. Hart Julian Nunez Arar	82'2" 67'3" 62'4" 59'5" 116'2" 147'0" 147'0" 154'7" 134'5" 115'9" 134'10" 95'2"
<u>W50-59</u> Shirley Kinsey S. Dietderich M, Kuehne <u>W70-79</u> E. Mendyka <u>Discus</u> <u>M30</u> Gary Kelmenson <u>M35</u> M. Deller <u>M40</u> Lloyd Higgins C. McCormick M. Woodward <u>M45</u> J. Hart Julian Nunez Aran Bob Frahm	82'2" 67'3" 62'4" 69'5" 116'2" 147'0" 164'7" 134'5" 115'9" 134'10"
<u>W50-59</u> Shirley Kinsey S. Dietderich M, Kuehne <u>W70-79</u> E. Mendyka <u>Discus</u> <u>M30</u> Gary Kelmenson <u>M35</u> M. Deller <u>M40</u> Lloyd Higgins C. McCormick M. Woodward <u>M45</u> J. Hart Julian Nunez Aran Bob Frahm	82'2" 57'3" 52'4" 89'5" 116'2" 147'0" 164'7" 134'5" 115'9" 134'10" 95'2" 95'0"
<u>W50-59</u> Shirley Kinsey S. Dietderich M. Kuehne <u>W70-79</u> E. Mendyka <u>Discus</u> <u>M30</u> Gary Kelmenson <u>M35</u> M. Deller <u>M40</u> Lloyd Higgins C. McCormick M. Woodward M4 J. Hart Julian Nunez Arar	82'2" 67'3" 62'4" 69'5" 116'2" 147'0" 164'7" 134'5" 115'9" 134'10" 95'2" 95'0" 170'10"
<u>W50-59</u> Shirley Kinsey S. Dietderich M. Kuehne <u>W70-79</u> E. Mendyka <u>Discus</u> <u>M30</u> Gary Kelmenson <u>M35</u> M. Deller M40 Lloyd Higgins C. McCormick M. Woodward M45 J. Hart Julian Nunez Aran Bob Frahm <u>M50</u> P. O'Brien Ed Van Pelt Chuck Renfro	82'2" 57'3" 52'4" 89'5" 116'2" 147'0" 164'7" 134'5" 115'9" 134'10" 95'2" 95'0"
<u>W50-59</u> Shirley Kinsey S. Dietderich M, Kuehne <u>W70-79</u> E. Mendyka <u>Discus</u> <u>M30</u> Gary Kelmenson <u>M35</u> <u>M40</u> Lloyd Higgins C. McCormick M. Woodward <u>M45</u> J. Hart Julian Nunez Aran Bob Frahm <u>M50</u> P. O'Brien Ed Van Pelt Chuck Renfro <u>M55</u>	82'2" 67'3" 62'4" 89'5" 116'2" 147'0" 164'7" 134'5" 15'9" 134'10" 95'2" 95'0" 170'10" 144'6" 137'3"
W50-59 Shirley Kinsey S. Dietderich M. Kuehne W70-79 E. Mendyka Discus M30 Gary Kelmenson M35 M. Deller M40 Lloyd Higgins C. McCormick M. Woodward M45 J. Hart Julian Nunez Aran Bob Frahm M50 P. O'Brien Ed Van Pelt Chuck Renfro M55 Hal Wallare	82'2" 67'3" 62'4" 89'5" 116'2" 147'0" 164'7" 134'5" 15'9" 134'10" 95'2" 95'0" 170'10" 144'6" 137'3" 114'11"
W50-59 Shirley Kinsey S. Dietderich M, Kuehne W70-79 E. Mendyka Discus M30 Gary Kelmenson M35 M. Deller M40 Lloyd Higgins C. McCormick M. Woodward M45 J. Hart Julian Nunez Aran Bob Frahm M50 P. O'Brien Ed Van Pelt Chuck Renfro M55	82'2" 67'3" 62'4" 89'5" 116'2" 147'0" 164'7" 134'5" 15'9" 134'10" 95'2" 95'0" 170'10" 144'6" 137'3"
W50-59 Shirley Kinsey S. Dietderich M. Kuehne W70-79 E. Mendyka Discus M30 Gary Kelmenson M35 M. Deller M40 Lloyd Higgins C. McCormick M. Woodward M45 J. Hart Julian Nunez Aran Bob Frahm M50 P. O'Brien Ed Van Pelt Chuck Renfro M55 Hal Wallace J. Jocoy Bob Perry M60	82'2" 67'3" 62'4" 89'5" 116'2" 147'0" 164'7" 134'5" 155'9" 134'10" 134'10" 134'10" 144'6" 137'3" 114'11" 77'8" 55'8"
W50-59 Shirley Kinsey S. Dietderich M. Kuehne W70-79 E. Mendyka Discus M30 Gary Kelmenson M35 M. Deller M40 Lloyd Higgins C. McCormick M. Woodward M45 J. Hart Julian Nunez Aran Bob Frahm M50 P. O'Brien Ed Van Pelt Chuck Renfro M55 Hal Wallare J. Jocoy Bob Perry M60 M. Castaneda	82'2" 67'3" 62'4" 89'5" 116'2" 147'0" 164'7" 134'5" 115'9" 134'10" 95'2" 95'0" 170'10" 144'6" 137'3" '14'11" 77'8" 55'8" 132'4"
W50-59 Shirley Kinsey S. Dietderich M. Kuehne W70-79 E. Mendyka Discus M30 Gary Kelmenson M35 M. Deller M40 Lloyd Higgins C. McCormick M. Woodward M45 J. Hart Julian Nunez Aran Bob Frahm M50 P. O'Brien Ed Van Pelt Chuck Renfro M55 Hal Wallare J. Jocoy Bob Perry M60 M. Castaneda Bill Bangert	82'2" 67'3" 62'4" 69'5" 116'2" 147'0" 164'7" 134'5" 15'9" 134'10" 95'2" 95'0" 170'10" 144'6" 137'3" 114'11" 77'8" 55'8" 132'4" 119'6"
W50-59 Shirley Kinsey S. Dietderich M. Kuehne W70-79 E. Mendyka Discus M30 Gary Kelmenson M35 M. Deller M40 Lloyd Higgins C. McCormick M. Woodward M45 J. Hart Julian Nunez Aran Bob Frahm M50 P. O'Brien Ed Van Pelt Chuck Renfro M55 Hal Wallare J. Jocoy Bob Perry M60 M. Castaneda	82'2" 67'3" 62'4" 89'5" 116'2" 147'0" 134'10" 134'10" 134'10" 134'10" 134'10" 134'10" 144'6" 137'3" 144'11" 77'8" 55'8" 132'4" 119'6" 109'11"
W50-59 Shirley Kinsey S. Dietderich M, Kuehne W70-79 E. Mendyka Discus M30 Gary Kelmenson M35 M. Deller M40 Lloyd Higgins C. McCormick M. Woodward M45 J. Hart Julian Nunez Aran Bob Frahm M50 P. O'Brien Ed Van Pelt Chuck Renfro M55 Hal Wallace J. Jocoy Bob Perry M60 M. Castaneda Bill Bangert Joe Black	82'2" 67'3" 62'4" 89'5" 116'2" 147'0" 164'7" 134'5" 115'9" 134'10" 95'2" 95'0" 170'10" 144'6" 137'3" 144'11" 77'8" 55'8" 132'4" 119'6" 109'11" 8154'10"
W50-59 Shirley Kinsey S. Dietderich M, Kuehne W70-79 E. Mendyka Discus M30 Gary Kelmenson M35 M. Deller M40 Lloyd Higgins C. McCormick M. Woodward M45 J. Hart Julian Nunez Aran Bob Frahm M50 P. O'Brien Ed Van Pelt Chuck Renfro M55 Hal Wallare J. Jocoy Bob Perry M60 M. Castaneda Bill Bangert Joe Black M55 Dan Aldrich	82'2" 67'3" 62'4" 89'5" 116'2" 147'0" 164'7" 134'5" 15'9" 134'10" 95'2" 170'10" 144'6" 137'3" 144'11" 77'8" 55'8" 132'4" 195'1" 09'11" 4164'10"
W50-59 Shirley Kinsey S. Dietderich M. Kuehne W70-79 E. Mendyka Discus M30 Gary Kelmenson M35 M. Deller M40 Lloyd Higgins C. McCormick M. Woodward M45 J. Hart Julian Nunez Aran Bob Frahm M50 P. O'Brien Ed Van Pelt Chuck Renfro M55 Hal Wallare J. Jocoy Bob Perry M60 M. Castaneda Bill Bangert Joe Black M65 Dan Aldrich H. Morningstar Charles McMahon	82'2" 67'3" 62'4" 89'5" 116'2" 147'0" 164'7" 134'5" 115'9" 134'10" 95'2" 95'0" 170'10" 144'6" 137'3" 144'11" 77'8" 55'8" 132'4" 119'6" 109'11" 8154'10"
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National Masters News

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5 une, 1964	2	
M55		SHUTTLE HURDLES
N. Milicevic 3 M60	5'3"	OPEN MEN
	2'2" 9'11"	1. OVER THE HIL 30-39 MEN:
John Damski 29	9'3/4" 5'10"	1. OVER THE HILI
<u>m70</u>	1114"	BOO M RELAY
Pole Vault M30		1. OVER THE HILL 2. PEABODY
Bob Pullard 16		3. CHAMPION A.C.
James Ball 1 M40	4'	30-39 MEN: 1. FITNESS 2. OVER THE HILL
John Pennel 1	3')'	40-49 MEN :
M45 Gerard Dumas 1		1. WEST PENN 50-59 MEN:
M50		1. OVER THE HILL
m55		30-39 WOMEN 1. WEST PENN
Boo Morcom 11 H. Wallace 9' J. Jocoy 8'	6"	40-49 WOMEN 1. OVER THE HILL
M6U Dave Brown 9'		DISTANCE MEDLEY RE
Ralph Biesmeyer 9' Tom De Vaugho 7'		OPEN MEN: 1. OVER THE HILL
M65 Jim Vernon 9'6	;"	30-39 MEN:
H. Morningstar B' F. Siegel 7'f	-	1. WEST PENN 2. OVER THE HILL
M75 Bob MacConnaghy 71	- 11	OPEN MEN: 1. OVER THE HILL
+ AR wind-aided	,	30-39 MEN
" WR Ø AR		1. FITNESS 2. WEST PENN
NORTH COAST RELAY CHAMPI	ON-	3. OVER THE HILL 40-49 MEN:
SHIPS; LLEVELAND HEIGHTS OHIO; APRIL 29, 1984		1. OVER THE HILL
6400 M RELAY		30-39 WOMEN: 1. WEST PENN
1. L.W. STRIDES	21:43.47	40-49 WOMEN: 1. OVER THE HILL
30-39 MEN: 1. OVER THE HILL	20:09.0	SHOTPUT RELAY
400 M RELAY		30-39 MEN: 1. OVER THE HILL
	42.93	N. Bowers 40'11 D. Morgan 38' 2
 OVER THE HILL(A) PEABODY OVER THE HILL(B) 	43.13 44.91	2. FITNESS P. Yates 32'4"
30-39 MEN: 1. FITNESS	45.91	J. Washington 3 40-49 MEN:
1. FITNESS 2. WEST PENN 3. OVER THE HILL	49.50 49.90	1. UNIV. CHICAGO T C. Klehm 40' E. Hill 38'11"
40-49 MEN: 1. WEST PEnN 2. OVER THE HILL	49.47	
		2. OVER THE HILL L. McClain 29'5 T. Ragland 29'7'
50-59 MEN: 1. OVER THE HILL		50-59 MEN -
30-39 WOMEN: 1. WEST PENN	1:08.0	1. OVER THE HILL(A) J. Chadbourne 38 R. Bredenbeck 38
40-49 WOMEN:		2. UNATTACHED
1. OVER THE HILL SPRINT MEDLEY RELAY		F. Hirsimaki 34' P. Carstehsen 42
SPRINT MEDLEY RELAY OPEN MEN: I. PEABODY 2. OVER THE HILL	1:36.20	3. OVER THE HILL(B) D. Mann 33' 3"
2. OVER THE HILL	1:39.28	A. Jackson 33' 3
30-39 MEN: 1. FITNESS 2. WARRENSVILLE	1:37.52	30-39 WOMEN: 1. CLEVELAND MASTER R Oslatras 26'S
COACHES 3. OVER THE HILL	1:46.36 1:51.52	R. Ogletree 24'5 Essie Kea 20' 10
40-49 MEN:	1.49 78	2. OVER THE HILL M. Chadbourne 21
1. WEST PENN 2. OVER THE HILL	1:53.93	50-59 WOMEN: 1. Cleveland Masters
50-59 MEN: 1. OVER THE HILL	THE DEPOSITOR OF THE	B. Holland 27' 65 C. Kellen 19' 9%
30-39 WOMEN: 1. WEST PENN		JAVELIN RELAY
40-49 WOMEN : 1. OVER THE HILL	and the second	OPEN MEN: 1. OVER THE HILL J. Wodecki 113'8" M. Radusevic 124'
	1	
3200 M RELAY		30-39 MEN 1. OVER THE HILL N. BOWER 126'7"
and the state of the	9:24.31	N. Bower 124'7" D. Morgan 175'2"
30-39 MEN: 1. OVER THE HILL 2. WEST PENN	9:04.29	2. FITNESS TC P. Yates 132'9"
	9.26.99	J. Washington 99'

	and the second se	
RELAY	40-49 MEN :	
L 1:04.2	1. OVER THE HILL(A) T. Ragland 109' J. Frank 175'1"	284 '
	2. UNIV. OF CHICAGO T	C 241
L 1:10.1	6 C. Klehm 87'6" E. Hill 152'6"	
	3. OVER THE HILL(B) P. Thompson 81'11" G. Costs 70'10"	152'
1:28.3 1:30.4	7	
1:35.3	7 50-59 MEN: 1. OVER THE HILL R. Bredenbeck 100'	208'
1:35.40	D. Mann 108' 2. UNATTACHED	206
1:47.89	P. Carstensen 123 A. Jackson 83'	'7"
1.47.03	3. UNATTACHED D. Smith	199'5
1:55.71	F. Hirsimaki 50-59 WOMEN:	89'8
2:27.05	1. CLEVELAND MASTERS B. Holland 73'8" C. Kellen 34'	107'8
2:48.40	DISCUS RELAY	
ELAY	OPEN MEN: 1. OVER THE HILL J. Wodecki 112'8½"	227'4
11:56.80	M. Radusevic 104'74	ç"
12:11.44	30-39 MEN 1. OVER THE HILL	235 74
12:33.45		
3:39.50	N. Bower 130'75"	130'7
3:35.33	J. Gerson - 40-49 MEN: 1. UNIV OF CHICAGO TC	248'7
4:06.60 5:20.20	C. Klehm 109'55" E. Hill 139'24"	
4:36.02	50-59 MEN: 1. OVER THE HILL	208'25
5:33.16	R. Bredenbeck 103'4" J. Chadbourne 105' 1	
	2. UNATTACHED D. Mann 103'6"	205'8
6:27.10	P. Carstensen 102'2'	
79' 1"	D. Smith 97'10" F. Hirsimaki 95' k"	92 10
2"	30-39 WOMEN: 1. OVER THE HILL M. Chadbourne 61'6"	61 '6"
62' 10	40-49 MEN: 1. UNIV. OF CHICAGO TC	
0'6½"	C. Klehm 42' 10%" E. Hill 52'8%"	
°C 83'11	50-59 MEN: 1. OVER THE HILL	80' 10:
	1. OVER THE HILL J. Chadbourne 46'4 3, D. Mann 34' 5 3/4"	/4"
	2. NEW YORK MASTERS P. Carstensen 37' ½"	37' 差"
	30-39 WOMEN	
) 77' 2½" 8'5 3/4" 8' 8½"	1. OVER THE HILL M. Chadbourne 24'7" 50-59 WOMEN	4. 1.
76' 95" 45"	1. CLEVELAND MASTERS 1 B. Holland 85'5"	25'63
2'5"	C. Kellen 40'1½" 35# WEIGHT THROW RELAY	- AL
00 3	and the second second	5
	DPEN MEN:	
S 45' 4"	J. Wodecki 28' 3%'	5' 1
21' 11 4	N. Bower 26' 10½" 0-49 MEN:	Piz I
'11"	. UNIV. OF CHICAGO TC 5' C. Klehm 28'3"	9'11"
8 47'3 5	E. Hill 31' 8" 0-59 MEN:	-
"		9%"
the second se	. NEW YORK MASTERS 19 P. Carstensen 19' 11"	'11"
13	AMMER RELAY	2
4	0-49 MEN , UNIV. OF CHICAGO TC 27: C. Klehm 126'5"	
300.9"	E. Hill 146'3"	6
232'6"	OVER THE HILL 270	1 1
9"	J. Chadbourne 156'11" D. Mann 113' 2"	9

		The second second second
4'1	" 2. NEW YORK MASTERS 121'6" P. Carstensen 121'6	WEST COAST MASTERS DLASSIC
	TT OURSECTION THE O	MAY 5, 1984
	30-39 WOMEN 1. OVER THE HILL 77' 11	" 100y W60+ J. Kolda 15.2
41'	M. Chadbourne 77'11"	W50+ Shirley Kinsey 14.65
	HIGH JUMP RELAT	S. Dietderich 15.2 W30+ Maria Magana 14.60
2'9		Sandra Schumacher 14.87
	Scott Hartsel 6'4" J. Swankhouse 6"	M70+ Josiah Packard 14.39 Homer Vangelder 16.51
	and the second se	M65 Clarence Killion 12.7 G. Poloynis 15.3
3'9'	" <u>30-39 MEN</u> <u>1. FITNESS TC</u> 11'6"	M60 J. Johnson 13.2
	S. Allen 5' 10" A. Littlejohn 5'8"	Chas. Mercurio 13.39 George Simon 14.0
6'7		M55 Robert Watanabe 11.50
	2. OVER THE HILL 10'10 D. Morgan -6'0"	Gene Harte 11.8
'5"	J. Gerson 4'10"	M50 Nick Newton 11.3 Dick Hansen 11.7
'9"	40-49 MEN:	Dick Marlin 11.99 M45 D. DeWitt 11.1
'8"	11. UVER INC MILL 9 4	Gerald Tatham 12.3
'8"	T. Ragland 4'8" G. Coats 4"8"	M40 Dan Fitzsimmons 10.4 Dennis Duffy 10.7
	50-59 MEN:	Tony Craddock 11.0 M30+ Lelon Rich 11.6
	I. UNATTACHED 8' 10'	Greg Sano 12.11
· 4 ···	F. Hirsimaki 4'4" D. Smith 4"6"	Thomas Williams 12.15
4"	30-39 WOMEN :	220y
	1. CLEVELAND MASTERS 7' 10'	
72"	R. Ogletree 3'10" E. Kea 4"	S. Dietderich 36.8 W40+ J. Carter 29.6
12	POLE VAULT RELAY	W30+ Marian Magana 33.5
		M.L. Nicoletti 33.9 M70+ J. Packard 33.8
75"	40-49 MEN	M65 C. Killion 29.1 G. Poloynis 42.3
	1. WEST PENN 12' 6"	M60 C. Mercurio 31.3
17	E. Hoyle 12'6"	M55 R. Watanabe 26.3
	50-59 MEN 1. UNATTACHED 15' 6"	G. Harte 26.8 B. Stevens 27.0
	1. UNATTACHED 15' 6" D. 5mith 8'6"	M50 N. Newton 25.2
25"	F. Hirsimski 7"	0. Hansen 26.9 1. Slaven 28.9
13	LONG JUMP RELAY	M4D T. Craddock 25.2 K. Vaughn 27.2
	20.20	Jerry English 30.0
8"	30-39 MEN 1. OVER THE HILL(A) 36' 2"	M30+ L. Rich 25.8
	D. Morgan 18' J. Smith 18' 2"	Mile Relay M30+ Lem. NAS 3:59.2
10		
-	P. Wates 13' 6"	440y W60+ Josephine Kolda 1:24.5
	J. Washington 15' 2%"	W50+ S. Dietderich 1:28.4 W40+ Jeanne Carter 66.4
1	3. OVER THE HILL(B) 27' 6"	W30+ M.L. Nicoletti 1:24.0
6	J. Gerson 13' 2''' N. Bower 14' 3'''	M65 George Poloynis 1:20.7 M55 Bernie Stevens 61.7
	40-49 MEN	M50 E. Mehmedbasich 1:05.5 Tom Slaven 1:07.8
	1. OVER THE HILL(A) 33' *"	M45 Ross Irving 1:00.8
0:	L. McClain 16' 9 3/4" T. Ragland 16' 2½'	M4D Dennis Duffy 54.0 Ken Washman 1:04.4
		M3D+ James Harvey 51.7 Oscar Aquire 52.8
	2. OVER THE HILL (B) 31' 7" D. Thompson 15' ½"	
	G. Coats 16' 7"	880y M55 Bernie Stevens 2:37.2
	50-59 MEN	M50 E. Mehmedbasich 2:39.4
	1. UNATTACHED 28' 7½ F. Hirsimaki 14' 6½" D. Smith 14' 1"	M45 Pete Richardson 2:08.1 M40 M. Holbrook 2:05.1
1	D. Smith 14' 1"	D. Duffy 2:10.0 Fernie Montanez2:11.6
3 -	0-39 WOMEN	M30+Oscar Aguire 1:59.7 T. Williams 2:29.0
1	. CLEVELAND MASTERS 25' 10	. writtens 2:20.0
	R. Ogletree 13' 8" E. Kea 12' 2"	Mile
1		M65 Ray Mahannah 6:30.9 M60 Bob Musso 5:34.9
	RIPLE JUMP RELAY	Sid Toabe 5:35.4 M55 Chuck Freuler 6:30.2
3	0-39 MEN: . OVER THE HILL(A) 69' 6"	Rex Dietderich 6:48.5
1	D. Morgan 35' 2" L. Hillers 34' 4"	M45 Frank Padilla 5:04.7 M40 Mike Holbrook 4:37.5
		Carl McCullougn 4:50.7 Bob Perry 5:38.3
2	S. Allem 39' 8"	M30+ Dan Wernli 5:02.6
1	A. Littlejohn 28'5"	100y Bostars L Daub
3	. OVER THE HILL(B) 46' 5"	100y Doctors' Dash M70+ J. Brady 21.4
	D. Mann 19' 10" J. Cerson 26' 7"	M65 G. Poloynis 17.8 M55 R. Watanabe 13.4
1		M4D Bob Blakeley 13.8 Louis Velasa 15.8
CO	MBINED TEAM STANDINGS	
120	OVER THE HILL TRACK CLUB 205	Doctor's Medical Mile M70+ G. Poloynis 8:48.5
100	WEST PENN TRACK CLUB 50	M5D James Noulan 7:02.8 M45 George Skaff 7:28.3
	FITNESS TRACK CLUB 37	MAD B. Blakeley 5:26.1
a contraction	CLEVELAND MASTERS 30 UNIVERSITY OF CHICAGO TRACK 28	L. Velasa 6:24.9 M30+ Gus Nevarez 4:57.2
	L. W. STRIDES 15	Paul Milliams 5:49.4
	U.S. TRACK 12	440yH
la .	PEABODY 10	M50 1. Slaven 1:21.83 M30+ Donald Roberts 61.4
9.	CHAMPION A.C.	Kevin Speaks 67.08
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VISALIA, CALIFOR MAY 5, 1984	NIA
100y W60+ J. Kolda	15.2
W5D+ Shirley Kins S. Dietderich	ey 14.65 15.2
W30+ Maria Magana Sandra Schuma	14.60
M70+ Josiah Packa Homer Vangel	der 16.51
M65 Clarence Kil G. Poloynis	15.3
M60 J. Johnson Chas. Mercur	13.2 io 13.39
George Simon M55 Robert Watana	abe 11.50
Bernie Stever Gene Harte MSO Nick Newton	11.8
Dick Hansen Dick Marlin	11.3 11.7 11.99
M45 D. DeWitt Gerald Tatham	11.1
M40 Dan Fitzsimmo Dennis Duffy	
Tony Craddock M30+ Lelon Rich	11.0
Greg Sano Thomas Willia	12.11 ms 12.15
220y	
WBD+ J. Kolda' W50+ S. Kinsey	35.6 33.7
S. Dietderich W40+ J. Carter	29.6
W30+ Marian Magana M.L. Nicolett	i 33.9
M70+ J. Packard M65 C. Killion	33.8 29.1
G. Poloynis M60 C. Mercurio	42.3 31.3
G. Simon M55 R. Watanabe G. Harte	33.2 26.3 26.8
B. Stevens	27.0 25.2
M50 N. Newton D. Hansen T. Slaven	26.9 28.9
M4D T. Craddock K. Vaughn	26.2 27.2
Jerry English M30+ L. Rich	30.0 25.8
Mile Relay	A BAR
M3CH+ Lem. NAS	3:59.2
440y W60+ Josephine Kold W50+ S. Dietderich	a 1:24.5
W40+ Jeanne Carter	66.4
W30+ M.L. Nicoletti M65 George Poloynis	1:24.0 1:20.7
M55 Bernie Stevens M50 E. Mehmedbasich	81.7 1:05.5
Tom Slaven M45 Ross Irving	1:07.8 1:00.8
M4D Dennis Duffy Ken Washman	54.0 1:04.4
M30+ James Harvey Oscar Aguire	51.7 52.8
880y	
M55 Bernie Stevens M50 E. Mehmedbasich	2:39.4
M45 Pete Richardson M40 M. Holbrook	2:05.1
Fernie Montane	2:10.0
M30+Oscar Aguire I. Williams	2:29.0
Mile	
Mile M65 Ray Mahannah M60 Bob Musso	6:30.9 5:34.9
M55 Chuck Freuler	5:35.4 6:30.2
Rex Dietderich M45 Frank Padilla	6:48.5 5:04.7
M4D Mike Holbrook Carl McCullougn Bob Perry	4:37.5
M30+ Dan Wernli	5:38.3 5:02.6
100y Doctors' Dash	
M70+ J. Brady M65 G. Poloynis M55 R. Watanabe	21.4 17.8
M40 Bob Blakeley	13.4
Louis Velasa	16.8
Doctor's Medical Mil 170+ G. Poloynis	8:48.5 7:02.8
150 James Noulan 145 George Skaff	7:28.3
140 B. Blakeley L. Velasa 130+ Gus Nevarez	6:24.9 4:57.2
Paul Milliams	5:49.4

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National Masters News

June, 1984

page 42	3 - 2 - and the state of the	National Ma	sters News	and the second second	June, 1984
Mile Walk MB0- Ches Unruh 11:01.2 M70+ Frank Saylor 10:31.9 Robert Boothe 12:27.3 M40 Ken Vaughn 10:04.3 Don Jeung 10:22.2 Two Mile M60 M50 Sid Toabe 11:50.1 M55 Walter Atcheson12:27.8 Chuck Freuler Chuck Freuler 13:46.3 Rex Dietderich 14:14.3 M45 Frank Padilla M40 Michael Lamons 13:34.7 M36+ Rick Bishop 10:58.1 440y Relay W Corona Del Mar W Corona Del Mar 60.36 M60+ Cutlaws 50.4 M50+ Corona Del Mar 1:07:78 120yH M60 Jim Johnson 19.0 M55 Bob Higginbotham 17.7 Steve Peck 18.5 M50 Tom Slaven 19.4 M45 Dee DeWitt 15.1 M30+ Donald Roberts 15.8 Kevin Speaks 16.7	LONG DISTANCE DISTANCE RESULTS Please send masters race results to: National Masters News, P.O. Box 2372, Van Nuys, CA 91404. Please include date, distance and city. RIVER RUN 15K JACKSONVILLE, FLORIDA MARCH 17 Open: Gidamis Shahanga42:55 Midde Hamrin 50:13 M40: Gunter Mielke 46:15 Antonio 47:45 Jack Bacheler 49:40	INALIONAL Mark INALIONAL MARK Jerry Crockett 55 1:19:54 Harold Stamper 51 1:31:45 Dade Howell 50 1:32:04 MBD+ Fisher Lewis 63 1:47:07 W40-49 Lynn Taylor 44 1:39:26 Kathy Moffitt 46 1:52:14 no W50+ finishers Perrier 10 Kilometer Run Central Park, NYC Sponsored by Perrier Under the suspices of the New York Rad Runners Club Distance: 6.2 Miles Check-In: Men-3028 and 12 racewalkers. Women-1165 and 8 racewalkers. Women-1165 and 8 racewalkers. Total-5236 Finisher: Sunny, low 50's Dredr of Finish-Men Owr- Age all P. Name, Aga, TeamorRes. Time 1 Smith.Gootl.29, RI 29:41 Vet A (40-44) 33:17	SIEFS INEWSNIKE CHERRY BLOSSOM 10 MILEWASHINGTON, D.C. APRIL 1Open: Simeon Kigen47:25Rosa Mota54:16M40: Don Coffman52:26Tony Mifsud53:20Bob Thurston53:36M45: Fay Bradley55:34Warren Ohlrich56:24M50: Marsh Haraden59:59Jerry Hoyen61:10M55: John Hosner60:02Herb Chisholm61:24M60: Hubert Morgan62:1270+ Ed Benham*72:13W40: Elaine Kirchen62:04Linda Thurston66:53W45: Mary Ann73:56Anna Beraahl75:39W50: Rachel Bourne73:14Joanne Mallet73:46*U.S. age 75-59 record72:23	SCOVELL/YMCA AIRPORT 10K DELAND, FL; 4/7/841st Overall James Page32:40 Kitty HobermanKarl Romano35:28 John BryantJohn Bryant35:38 Tom HoldsworthTom Holdsworth37:14MA0-44 Chuck Tucker34:04 Ed DonaghueEd Donaghue35:06 Jim WartonJim WartonntM45-49 Robert Bohanan35:55 Jack GilmoreJohn Sryant35:50 HoldsworthJack Gilmore37:59 Don GannonDave Long35:50 Hover LadinoisM55-59 Myron Meyer39:15 Haily DalsantoM60+ Pierre Collin46:43 Reggie GoldenM35-39 Barbara Voss43:53 Carol Jackson Keeper 49:48 Wanda RobertsM40-4451:43	RUN FOR THE ARTS 10K ELKINS PARK, PA: 4/14/84 1st Overall D. Patterson 32 30:53 Tabitha Francks 9 39:54 M35-39 Tom Donnelly 32:35 Don Fries 36:13 Hardy Baker 36:17 M40-44 Ed Kandrot 35:48 Röger Jones 37:55 Frank Carver 38:10 M45-49 Herb Townsend 34:47 James Duke 38:07 Dick Patterson 38:28 M50-54 Att Merkle 38:28 M50-54 Att Merkle 38:28 M50-54 Att Merkle 38:28 M50-54 Att Merkle 38:28 M50-54 Att Merkle 38:28 M50-54 C. Buyukmichi 42:39 Ross Vates 55:24 W35-39 Rukmini Spiritoso 44:46 Carol Glem 46:32 Pegy Sears 47:58
S. Dietderich 70'11" W40+ Christel Miller 93'3" W30+ S. Schumacher 64'7" M70+ F. Saylor 62'6" R. Boothe 49'11" M60 Ed Chynoweth 177'1" Bob Stone 119'4" M30+ Steve Jarvis 181'9' Buck Banks 149'3" Gary Kelmenson 121'5"	W40: Cindy Dalrymple 55:50 Elfrieda Wyner 58:58 Bette Poppers 59:46 WASHINGTON AVON 15K WASHINGTON, DC; 3/3/84 <u>1st Overall</u> Katy Schilly 27 52:29	3. Richard Lynch, 41 33:35 4. Charles Elkins, 40 34:17 5. Gerry Sullivan, 40 34:24 Vet B (45-49) 1. 1. Fritz Mueller, 47 34:02 2. Jerzy Sulek, 46 34:54 3. Waiter Vinson, 45 35:54 4. Charles Clark, 48 36:35 5. Robert Dolphin, 46 36:44 Mastera A(50-54) 1. Arnie Green, 52 2. Vincent Chiappetta, 50 36:54 3. Frank Dudley, 50 38:11	Mary O'Connor 32:29 M40: George Keim 32:03 Bobby Cunningham33:28 Mel Lacey 33:30 W40: No report SNew World Open Record FESTIVAL OF STATES 5K	Maggie Dobson 47:29 Sandra Benefield 50:13 Rita Schafer 53:13 W45-49 Marjorie Williams Marjorie Williams 49:35 W50+ Pepper Davis PREIHOFER'S RUN FOR WOMEN 10K; ALBANY, NY; APRIL 8,	U400-4aSandy Folzer42:54Bonnie McCloe45:16Nancy Paulaushauz51:57U45-49Joan TribulasJoan Tribulas46:52Julie Brohh61:28U50-54K. Sinclair KalkoffK. Sinclair Subfield58:36U55-5959
xi.ot Dut W40+ C. Miller 23'7 3/4" W30+ S. Schumacher22'11" M70+ Ross Carter 34'14" M60 E. Chynoweth 37'74" B. Stone 36'3" Quinto Merlo 35'104" M45 Bob Frahm 36'102" Carl Seglar 30'95" M40 Mike Lammons 28'24" M30+ Alan Stephens46'10" B. Banks 43'54" S. Jarvis 37'11 3/4	40-49 Cindy Dalrymple 41 56:40 Maureen Bixby 42 59:35 Andrea Hatch 40 51:35 50-59 41icia Moore Alicia Moore 53 66:45 Joyce Hals 51 67:34 Rachel Bourn 54 67:44 60+ 60 81:44 Nancy Soper 61 nt	Masters B (55-59) 1. Don Dixon, 56 36:57 2. George Thompson, 58 38:46 3. Jim Stoltzfus, 57 41.42 Seniors (60-69) 1. Albert Goldstein, 64 42:03 2. William Coyne, 52 43:49 3. Ralph Sikaffy, 63 44:23 Golden Age (70 and over) Luis Martin, 72 49:50 Vet A (40-44) 1. Nancy Peterson, 41 40:52 2. Christine Tattersali, 42 41:21 3. Diane Page, 40 41:43	ST. PETERSBURG, FL; 4/7/84 1st Overall Bruce Caldwell 14:56 Bonnie Ramsdell 17:50 Yvonne Rodgers 42 2W 18:17 M35-39 Pete Farnum Brick Smith 16:15 Rick Smith 16:23 Jim Keppeler 16:28 M40-44 Jim Bledsoe 17:18 Bob Schweickert 17:45 James Gesicki 18:08 M45-49	1984; TAC NATIONAL OPEN CHAMPIONSHIPS <u>1st Overall</u> Betty Jo Springs 22 32:50 <u>W40-44</u> Nancy Peterson 41 39:38 Andrea Hatch 40 40:02 Lina Connors 41 40:55 <u>W45-49</u> Mimi Lerner 47 40:08 Jill Martin 45 41:27 Ann Drapeau 46 44:02	Helen Dempsey SD:15 Ann Goff SB:16 <u>W60+</u> Becky Yencharis Becky Yencharis S5:52 COUNTRY DAY SCHOOL SK CHARLOTTE, NC: 4/14/94 <u>1st Buerall</u> Mark Stultz Pam Fulk 19:54 <u>Mad-49</u> Leonard Jones 18:25
High Jump W50+ S. Kinsey 3'6 3/4" W40+ C. Miller 3'11" M70+ H. Vangelder 3'2" M60 J. Johnson 4'1" M50 N. Newton 5'7" M45 D. DeWitt 5'7" G. Tatham 4'10" M40 K. Vaughn 5'4" J. English 4'1" Dick Findley 3'7 3/4" Long Jump W30+ S. Schumacher	Bth NIKE CATALINA 10K CATALINA, CA; 3/17/84 1st Overall George Mason Patricia Puntous 23 39:55 M35-39 Michael Sayward John Gunn 39 41:43 James Miller 35 42:25 M40-44 Chad Ehlers Und Ehlers John Lawson 40 40:53 Bob Payne 42 42:53	1. Mary Doughty, 46 50:13 2. Elle Lesta, 47 51:09 3. Mary Kenny, 47 51:16 Masters (50-59) 1. Toshiko d'Ella, 54 44:24 2. Vele Rust, 51 52:32 3. Bertha Bellinghausen, 50 55:09 1. Mary Rodriguez, 62 53:44 2. Evelyn Havens, 67 1:02:46 3. Juanita Goldman, 61 1:05:59	Rob Smith 17:10 Jim Larson 17:17 Reme Armengol 18:10 M50-59 1 Jim Blount 17:57 Peirce Ferriter 18:21 Jim Baisden 19:23 M60-69 1 Bernard Ryan 21:09 Will Jans 22:42 Basil Mizerak 22:44 M704 Charles Espy 27:56 W35-39 2	W50-54 Margarette Deckert51 41:46 Anny Stockman 51 42:34 Alicia Moore 53 42:43 W55-59 3 Adeline Kearnay 58 47:46 Dolores Quinn 56 48:43 E. Bartholomew 56 58:04 W60+ Mary Rodriguez 62 51:32 Loretta Sheehan 60 54:50 Mary Dickerson 60 58:41	Alex Coffin 18:33 Bob Ferrier 18:49 <u>M50+</u> Zean Jamison 19:42 Bruce Ballenger 21:25 <u>W40-49</u> Kaye McGarry 24:07 Joyce Hipp 25:10 Sue Boyer 25:17 <u>W50+</u> Cathy Lawing 41:51
M70+ H. Vangelder 10'0" M60 J. Johnson 12'10" C. Mercurio 14'8 3/4 M45 D. DeWitt 17'10 3/4 G. Tatham 15'4" M40 J. English 13'0" Mike Lammons 12'9" M30+ G. Sano 18'34" Discus W30+ Janet Flewell 145'8" M. Cartwright 96'5" S. Schumacher 57'6" M70+ R. Carter 122'3" F. Saylor 73'1"	M45-49 Jim Woulfe 45 41:28 Michael Fenton 49 46:09 Bud Greenleaf 46 47:27 M50-59 Wally Ingram 51 40:04 Edwin Gookin 50 41:21 George Berg 51 41:39 M60+ Jim Dacolias 60 52:33 Russ Stumpus 61 56:03 Walton Harris 70 56:11 W35-39 Patricia Robinson 36 45:00 Kathleen Major 37 51:40 Susan Wilson 36 52:52	DIET PEPSI CHALLENCE 10K SI. PETERSBURG, FL; 3/24/84 Ist Overall Chris Altimari 32:18 Allison Reeves 37:01 M35 Jim Keppeler 34:05 M40 Jim Gesicki 36:21 M45 Joe Burgasser 35:25 M50 Peirce Ferriter 38:48 M55 Robert Alt 46:15 M60-Whillard Shumate 41:42 W35 C.J. Moorehead 43:45 W40 Kathy Kusner 46:13 W45 Linda Burgasser 44:59	E.J. Moorehead 20:33 Susan Jones 21:53 Nancy Morgan 22:11 <u>W40-44</u> Marsha Miazoa 20:48 Patricia DeBolt 21:59 Emily Gillespie 23:44 <u>W45-49</u> Marie Smith 23:22 Lois Bastien 23:41 Joan Joesting 25:18 <u>W50+</u> Dorothy Laker 23:48 Joanne Jacobs 25:34 Elinor Wunderlich 26:12	PEACHIREE MILE ATLANTA, GA; April 14, 1984 Invitational Masters Men Bill Stewart 4:40,9 Kirk Randall 4:48.6 Alan Pilling 4:50.0 Mike Kelley 5:12.3 Division Placers M40 Tom Cannon 5:07 Marshall Nason 5:15 Tom Polk 5:20 M45 Charlie Baker 5:34 Shawn Richard 5:52	Queens Five Mile Run Flushing Meadow Park, NYC Sponsored by New York Reed Runners Club Date: April 15, 1984, 11 AM Distance: 5 Miles Eheck-In: Men-172, Women-62, Total-234 Fluisber: Men-172, Women-62, Total-234 Fluisber: Men-172, Women-62, Total-201, Weather: Overcast, damp, breezy, about 37*F. Order of Finish—Men Over- Age all Fl. Name, Age, Teem or Res, Time 1 Papalarabis, Emmanuel 20, 26:37 2 2 Bush, Horace, 25, Ons, 20:39
R. Boothe 71'7" M45 B. Frahm 98'10" C. Seglar 94'2" M30+ B. Banks 117'5" G. Kelmenson 117'0" S. Jarvis 94'4" FLORIDA FESTIVAL MARATHON ORLANDO, FLORIDA FEBRUARY 19	W40-44 Sharon Hettig 41 49:50 Cherrie Lightburne44 49:53 Linda Carriger 40 51:01 W45-49 Donna Gookin 47 52:38 Carole Pinkner 45 54:27 Sylvia Crise 45 54:23 W50-59 Dorothy Stock 51 48:30 Shirley Tobin 57 60:40 Iris Sellers 54 67:06 W50+ 51 40	W50+Anne Trigg 46:44 WOLFPACK 50 MILER COLUMBUS, OH; APRIL 1, 1904 1st Overall 37 5:47:20 *Sandy Kiddy 47 6:09:09 M40-44 Ed Imburgia 41 6:54:00 Robert West 43 8:12:18	KLZR KAW VALLEY LEVEE SK/25K LAWRENCE, KANSAS; 4/7/84 <u>5K</u> M40 Jerry Underwood 18:48 Larry Feuerborn 18:57 George Feuerborn 19:01 M50 Melvin Miller 18:19 Willard Crook 19:54 William Woody 33:07 M60+Jim Reeds 25:17 Elmer Hafling 26:28 Earle Moss 30:59	Bob Keogh 5:53 M5D Grady Silver 5:30 Herb Laws 5:44 Berry Wihlett 5:50 M55 Joe Petroline 5:30 Hal Johnson 6:35 Fred Anderson 6:46 M60+Robert Porter 7:15 Carl Moore 9:35 Leonard Honea 10:07 Lawrence Bryan 16:47 Invitational Masters Women	3 3 Walsh, Ken, 22, SIAC 2643 4 1 McKale, John, 30, Ons 27:03 5 1 Oliver, Emanuel, 19, D81 27:11 6 4 Castillo, Fernando, 29, Roos 27:15 Order of Finish—Women 1 1 Duinn, Sarah, 27, WS 28:37 2 2 Foster, Susan, 27, FRNV 29:29 Vet A (40-44) 1 Thomas O' Grady, 42 29:38 2. George Desharnais, 40 29:47 3. Abelardo Chia, 40 1 80 Grady, 45 29:39
Open Bernie Prabuki 2:21:16 Pat Milleson 2:50:04 M40: Joe Burgasser 2:34:44 Larry Durham 2:53:21 M50: Dave Long 2:51:08 W40: Nancy Peterson 3:02:13 Mary Briant 3:18:10 Marie Barilone 3:23:53 W50: Diane Kuhr 3:56:37	Els'Tuinzing 62 62:47 Bess James 74 72:03 Mary Ann Brown 64 1:45:57 from Running Systems DKLAHDMA TAC 20K CHAMPION- SHIPS; DKLAHOMA TCTY; 4/21/84 1st Overall K. Hardwick 1:10:43 Suzy flagler 1:19:48 M40-49 1:119:46 Glen LaFariette 47 1:20:51	Marvin King 41 8:25:21 M45-49 Norm Roof 47 6:23:32 Andrew Lovy 49 9:44:12 Charley Nunn 45 10:08:51 M50-54 Fred Kiddy 50 6:06:34 Gene Turnipseed 51 8:40:07 M55-59 Robert Figuli 55 8:14:47 M60+ +George Knox 72 12:39:18 *Breaks own W45 AR of 6:15:47 (4/25/82). +New M70 AR. None_Existing.	W40 Marilyn Potter 21:35 Sara Risser 26:06 Barbara Buehrer 26:15 W50 Janet Young 28:22 Joann Wood 33:59 25K 33:00 Garry Gribble 1:38:00 Garry Gribble 1:38:47 Donald Keith 1:43:14 M50 Gerald Witten 1:46:09 Ridge Shannon 1:51:36 Bud Wheeler 1:52:39 W40 Eliz. Carlton 2:14:19 Rose Gardner 2:19:32 H. Pescetto 2:19:32 W50+none 2:19:32	Erna Kozak 5:21.5 Sally Edwards 5:32.6 Susan Houlton 5:36.6 Cindy Dalrymple 5:42.5 Nancy Parker 5:48.2 Bette Poppers 5:48.7 Natalie Spalding 6:02.6 Pam Bidwell 6:16.3 <u>Division Placers</u> W40 Julia Emmons 6:37 Beverly Caxon 7:30 W45 Alpha Bennet 7:33 W60+Rita Tomassini 7:55 Christine Price 8:57 B. Moore 10:52	1 Bob Gooden, 46 29.03 2 Daniel Jacobs, 47 32.00 3 Robert Karlan, 48 33.18 Masters (50-59) 1. Robert Skripssy, 50 32.50 2 William Ovberg, 51 35.36 Seniers (60-69) 1.00 DiFazio, 62 33.12 Vet A (40-44) 1 Sharon Cooper, 41 42:00 2. Iris Feliciano, 40 42:40 35:31 Vet B (45-49) Elaine Braham, 45 42:08

June, 1984	
RUNNING CENTER 5 MILE ST. LOUIS, MO; 4/15/84	THE ATHLETIC CONG APRIL 21, 1984, P
M4D Scot Hickman 29:09 R. Friedlander 29:36	5 YEAR AGE GROUPS
Gutdayzke 30:52 M45 Bill Stewart 30:35 Glen Roth 30:42	NAME MATT CUCCHIARI
John Munch 31:19 M50+Ben Uchitelle 31:37	TED HIAMON HERBERT KAHL
Walter Bauer 32:04 Walt Atcheson 32:24	JOHN DUGDALE DAVE WILSON WARREN BRATTEN
M60+John Braloski 38:04 Carl Burst 47:39 W40 Susan Rudolph 35:06	LANCE HUGELMEYER STUART TUCKER
Lorraine Kurz 42:39 Judy Kohorst 43:51	CHARLES ELKINS RUSSELL BASSETT WILLY KAYE
W45 Barb Currinder 35:22 Carolyn Wilson 39:17 Susan Uchitelle 43:59	HOWARD RUBIN ED STABLER
W50+Betty Benkert 41:25 Dottie Gray 41:36	ROBERT CLERK. ROBERT CHRISTIANS
W60+Polly Bailey 46:23	ARNIE GREEN WITOLD BIADOKYK ED FITZGERALD
	ARTHUR SCHEINHALZ PETE LUKE
NTAC Masters Men's 25K RaceWalk Championship Seattle 4/15/84	CHARLES KENNEDY BOB BRACK KEN MARTIN
Jay Haavik 40 2:22:56 Paul Kaald 50 2:35:54	DAVE OBELKEVICH ROBERT GOODEN
George Edwards 50 2:40:18	KEN JONES GEZA FELD JOIN GARLEPP
Masters Women's Non-Championship 20K RaceWalk (held with NTAC	TONY SAPIENZA BILL O'BRIEN
Women's 20K Championsnip) 4/15/34	LOU STERN JAMES MCGUINESS WALT MCCARTHY
Bev LaVeck 47 1:58:46 Judy Groombridge 44 2:21:58	WALL MCCARINI HARRY NEESAN VINCE CHIAPPETTA
	GEORGE THOMPSON ELAINE KIRCHEN
Bernie's Invit.tional Hasters 200m U. Washington Seattle 4/21/84	HARRY MCALPINE BOB KERNEY ED KAPLON
David wollkind 41 20.2 Darrold Skurtvedt 53 20.3	WILLIAM PECK DON MCKENZIE
Kalph Miller 52 29.0 Al Kelly 55 29.4 Tony Corvin 51 30.0	TOM HOVEY HERB KANIA MIKE FRANKFURT
Tom Norwood 57 30.1 Don Fitzwater 53 30 4	JUDY PICKERT LAWRENCE FOX
Chad Bolender 52 30.7	JOE ALBENESE JOEL HAMMER GUS PRINCE
Masters Mile Dave Surman 40 4:41.8	ROB MULLER
Richard Jones 43 4:45.1 Frank Reynolds 44 4:45.7 Dwight Reed 41 4:53.3	TOM GIBBONS MILA KANIA ROBIN VILLA
Chris Steer 40 4:53.5 Evan Shull 40 4:54.6	RALPH PERRY
Mike Christiansen474:57.9Ralph Miller524:58.7	MEN 40-49 CENTRAL PARK TRACI
Ted Noble 42 5:03.3 Erna Kozak F38 5:04.7 Tom Buchanan 41 5:07.8	ISLANDER TRACK CLU MILLROSE ATHLETIC
Dave Morris 44 5:08.7 Barbara Gregg F47 5:45.9	MEN 50-59 SYRACUSE CHARGERS
	NEW YORK MASTERS MILLROSE ATHLETIC
FIRST RUN 10K; CHAMPAIGN,	MEN 60+ MILLROSE ATHLETIC
ILLINDIS; APRIL 28, 1984 1st Overall Dave Hoover 31:38	NEW YORK MASTERS
Dave Hoover 31:38 Michelle Vogel 36:57	ELIZABETH RIVER TOK;
M35 John Walsh 34:29 Ron Gebbink 35:28	FOLK, VA; MAY 5, 198 <u>1st Overall</u>
Don Whitwood 37:28 M4D Dick Jackson 35:25	David McDonald Mary Baumgarten M35 Rick Thompson
Paul Neilson 36:09 Bob Turnbull 36:53	John Wyld Bill Hart
M45 Paul Quinlan 40:02 Gary Hoover 40:59	M40 Forrest Horton Ben Dyer Alan Ganderson
Ron Smith 42:36 M50 Jim Acheson 40:50	M45 Mel Williams - Walter Vinson
Donald Price 43:28 Donald Pratt 44:27	Bryan Hawley M50+Wilbur Kersey James Alexander
M55 Roy Buck 43:19 Albert Spohrer 43:24	Ebarles Baserman M6U+Carlton Hancock
Dick Radasch 45:13 M60+Dominic Skaperdas 47:08	John Espesito Jack Mills
Victor Wojnar 50:47 M70+Joe Florio 55:29	
James Shipley 1:04:02	WJ5 Linda Arthur Suzanne Stansfie Evelyn Burgess
W35 Sandy Meneley 45:30 W40 Linda Horve 46:40 Touvi Cochrane 48:14	W40Judy Splitgerber Olga Cohen
W45 Juanita Bowman 42:27	Karin Stronach W45 Mary Macfarlane Judy Mary
W5D none	Joanne Bamberg W50+Rachel Bourn
W55 Mildred Barnett 1:P ⁿ :18 W60+Phyllis Schwandt 51:50	Fran Adams Nancy Hess W60+none

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CONG	RESS	NATI	IONAL MAST	TERS	10K ROAD RAC	ING CH	MPIO	NSHI	P	
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TT	43 44	CP HI	34:54.8 35:14.8	89	MARGARITE B		51F 53	AL NY	42:54.5	3 20
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УК	52 49	CP	36:03.4	2	JACK STETCH		48 41F	UN	43:55 44:06	17
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DI	51 40	SY	36:31.3	12	ED BENHAM STEVEN ELDR	IDGE	44	UN	45:02	16
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	60 [×] 62	AC	39:03.0 39:22.6	1	WILLIAM NEAN	Æ	46	UN	50:19.1 50:37.4	22
	54 55	SY	39:26.8	2 12	MARILYN VAN		50F	UN	51:34.2	23
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1st overall		
Ralph Miller Mary Amen	32 2:26:33 19 2:53:13	m A
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Lowell Gaither Tom Mayfield		
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M55-59 Alex Ratelle	MN 2:52:21	後は神た病
Joe Scallon William Campbel	NE 3:21:15	
M60-64 Frank Luff	MD 3:38:07	
Earl Barnawell Joe Nelson	NE 3:48:59 KS 4:11:46	
M65-69 Clive Davies Charles Ogilvio	OR 2:52:44 e TX 3:14:22	
M70+ Howard Calkin		
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W45-49 Mary Boes Emelia Sogui	CO 3:50:13 AZ 4:26:29	
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800 finishers (100+ masters	pic Meet.
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TAC NATIONAL MASTERS MARATHON CHAMPIONSHIPS LINCOLN, NEBRASKA MAY 6, 1984

mer thrower Ed Burke, 43; and the U.S. masters marathon record holder (2:17:10) Mike Manley, who's going for the steeplechase.

•Burke is currently ranked #2 in the nation. In 1967, he set a world hammer throw record of 235-11. It stood as a U.S. mark for 14 years. (Dave McKenzie now holds it at 244-5.) Burke has a secret weapon. "There are three or four people in this country, if you're being generous, who can coach the hammer," he says. "My wife is one of them." Shirley Burke approves that Ed came out of "retirement" at age 40. "I'd rather he spend time with a 20-yearold hammer than a 20-year-old woman," she says.

•In Mexico, Antonio Villanueva, 44, is trying to impress the Mexican marathon selection committee to let him on their team. Villanueva has a 2:13 to his credit at age 43.

