

NATIONAL MASTERS NEWS

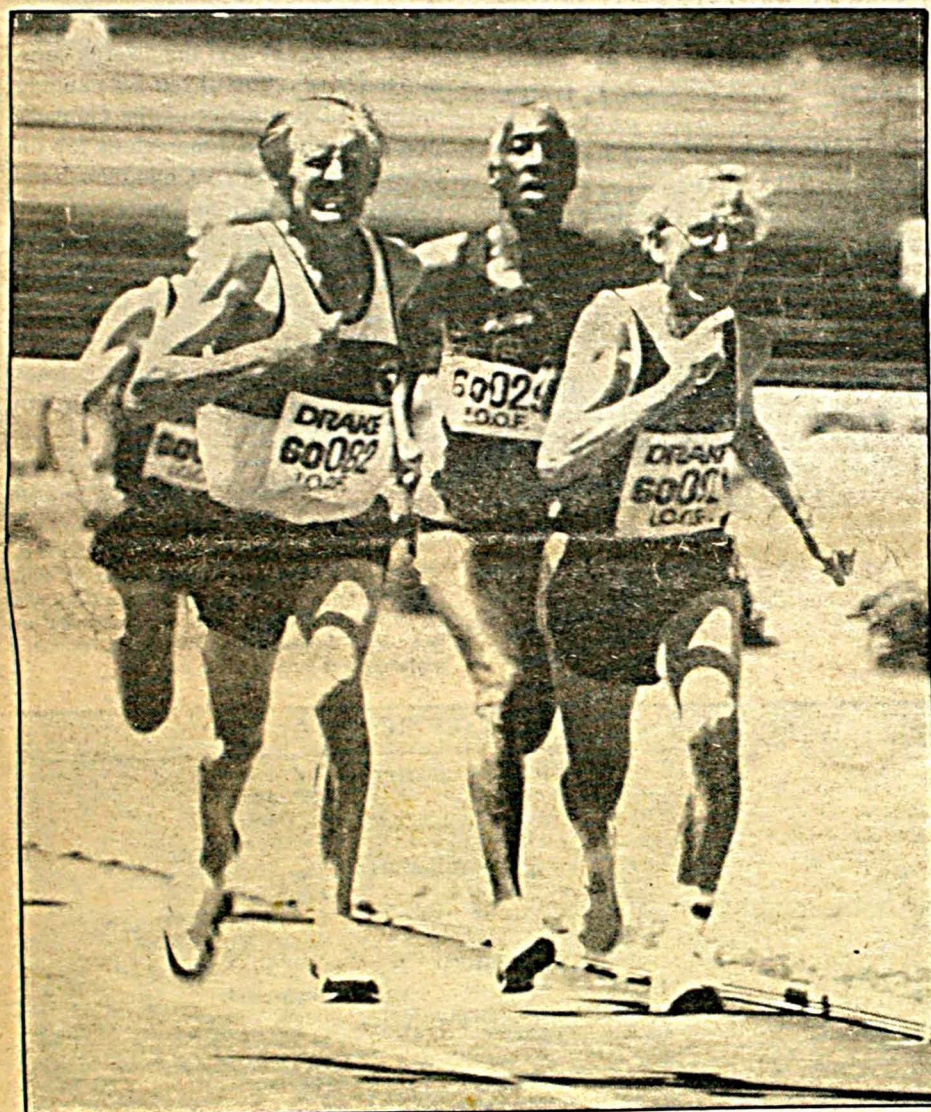
The official world and U.S. publication for Masters track & field, long distance running and race walking.

113th Issue

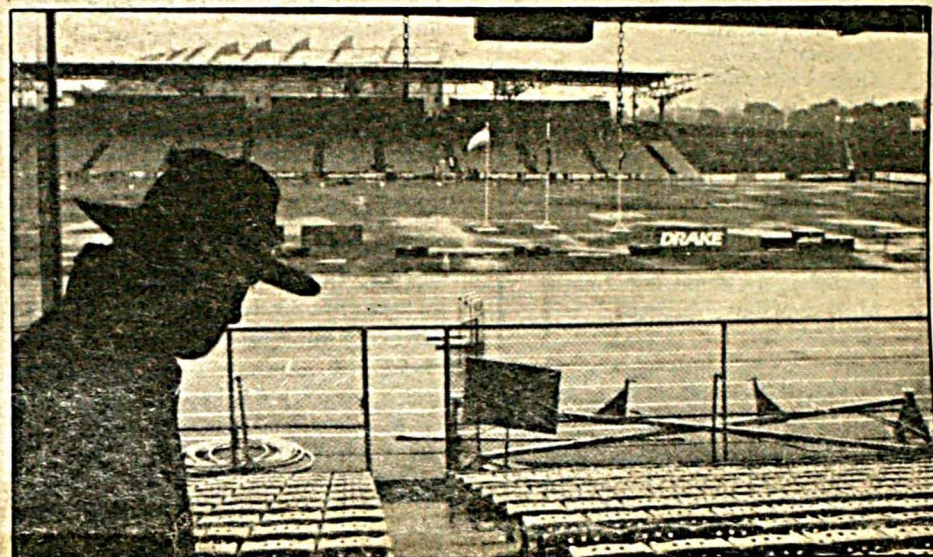
January, 1988

\$1.95

Rain, Wind and Cold Fail to Dampen Spirit of VII World Veterans Games



New Zealand's Derek Turnbull, (60082) wins one of his six gold medals in the M60 800 in 2:18.42, nosing out countryman Frank Evans (right, 2:18.44) and New Jersey's Kelsey Brown (60029, 2:20.02), in the VII World Veterans Games in Melbourne.



Top: Waiting out the rain at the VII World Veterans Games in Melbourne. Bottom: Four men age-90-and-over competed in the World Games. Jing-Chan Wang, 94, of Taipei wins the 100-meter dash in 20.67 over Australia's Bill Empey (left, 25.08), Australia's Tom Jones (33.45), and 97-year-old Azad Singh Prithvi of India (39.0). Photos by Gretchen Snyder

92 World Records Set as Melbourne Puts On a Show to Be Remembered

It was cold.
It was beautiful.
It was raining.
It was magnificent.
It was windy.
It was inspiring.
It was hot.
It was joyous.
It was Melbourne.

It was the VII World Veterans Games.

It was an event to be

remembered by all those fortunate enough to be there.

Despite torrential rain, biting cold, oppressive heat, and gale-force winds that forced postponement of dozens of events, the Melbourne Games lived up to their advanced billing and won many hearts and votes as the best World Veterans Games ever.

"Eugene will have to go some

to match what they did here," said several athletes looking forward to the VIII World Games in the U.S. in 1989.

An amazing total of 4817 athletes from 51 nations — accompanied by another 5000 or 6000 friends and family members — descended upon Melbourne, Australia, on November 28 for the seventh renewal of the biennial Games

— the athletics equivalent of the Olympics for older individuals. They stayed until the Australian Bush Bash on December 6 closed out the nine-day masters track and field extravaganza.

Many visitors lingered for a few more days to savor the

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Special World Games Issue

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NATIONAL MASTERS NEWS

January, 1988 — 113th Issue

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THANK YOU JIM JOHNSON

I was injured in a tram accident in Melbourne, and Jim Johnson, who happened to be on the tram, gave me, according to witnesses, resuscitation.

Because of his fast and effective aid, I am alive and slowly regaining strength. It is difficult to express my gratitude for my return to green leaves and singing birds.

Shortly before my trip to Australia, I had a physical exam. I received a clean bill of health and will endeavor to maintain it in the coming years.

Jim, I am deeply indebted to you for your concern for the well being of a 66-year-old athlete. I trust we will meet at some future competition. Take care of yourself. We need more men of your caliber in this world.

Ed Lukens
Skaneateles, New York

ALL-AMERICAN

How about an All-American t-shirt or emblem for a jacket? Also, why are there no women's standards in the hammer throw? I would like to pursue this event.

Joyce Bowerman
Wabash, Indiana
(Women's hammer throw standards

will be published next month — Ed.)

This is the first time that I have made All-American, although I did make all-family picnic (Egg Toss), all-North Broadway (Stickball) and all 7th Grade (band), therefore, this award will really be appreciated.

Veteran bureaucrats like me need reinforcement too! Thank you for your continued efforts on the part of us oldsters.

Frank R. Walker
Providence, Rhode Island

KUDOS

The last NMN (November) was worth a year's subscription! Unbelievable information. Thanks.

Ted Ensslin
Porterville, California

We love your National Masters News. It is so informative; we recommend it to all the new runners and race-walkers. We are your best press agents!

Hugh and Ernestine Yeomans
Cincinnati, Ohio

I don't know what the T&F movement would do without NMN.

Frank Bowles
Boulder, Colorado

Many, many thanks for such a detailed, analytical and succinct sheet. You folks also care.

Eugene Paasinen
Taylor, Michigan

Thanks so much for getting out the November NMN in such timely fashion. Having the list of masters winning their divisions in major races is a great help to me and the awards committee for selection of our outstanding masters LDR athletes at the Convention. You also did a marvelous job on the upcoming WAVA Championships. Recognition is such an important part of our masters age-group competition.

Ruth Anderson
Oakland, California

I continue to marvel at the breadth of your coverage of events for track and field, and especially for the field of race walking.

Glen Peterson
Sioux Falls, South Dakota

■ The letters column is an open forum for all viewpoints on subjects of general interest to our readers. Letters should be addressed to: Write On, NMN, P.O. Box 2372, Van Nuys, CA 91404. They should be kept as brief as possible and are subject to condensation. They must include a signature and a valid mailing address.

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Patsalis, Raschker Named Top T&F Athletes



Tom Patsalis (center), Bob Hunt (right) and Burl Gist finished 1-2-3 in the M65 hurdles at the World Games in Melbourne. Patsalis was named 1987's U.S. outstanding-masters-athlete-of-the-year by The Athletics Congress.



Phil Raschker, 40, U.S. female masters-athlete-of-the-year for 1987, skimming the hurdles in Melbourne, where she won four gold, two silver and two bronze medals.

Photo by Gretchen Snyder



California's Gary Miller accelerating to a gold medal in the M50 400-hurdles in 59.89 at the World Games. Miller also won the pentathlon and was named U.S. multi-event athlete-of-the-year.

Photo by Gretchen Snyder

Miller, Powell, Eberle, Green, Andersons Also Win 1987 Awards

Tom Patsalis, a 65-year-old retired Los Angeles musician, was named the outstanding age-40-and-over male track and field athlete of 1987 by the Masters Track and Field Committee of The Athletics Congress, the national governing body for athletics in the United States.

Phil (Philippa) Raschker, 40, an Atlanta accountant, was voted the top female masters performer by the same group at the 9th annual convention of TAC in Honolulu on December 4th.

Frank and Dorothy Anderson, who co-directed the U.S. TAC National Masters T&F Championships in Eugene, were named outstanding masters T&F administrators-of-the-year, while the top 1987 masters racewalking awards went to Michigan's Max Green, 55, male; and Maryland's Ruth Eberle, 56, female.

Gary Miller, 50, a dentist in North Hollywood, Calif., repeated as the best multi-event athlete. The award for best-single-performance-of-the-year-by-an-athlete-over-40 went to John Powell, 40, for his 236-6 discus throw in the IAAF World T&F Championships in Rome.

Patsalis, who retired two years ago from a lifetime of playing and teaching music, won three gold medals, a silver and a bronze medal in Melbourne in the VII World Veterans Games last month. He set a new world age 65-69 long jump record of 17-4¼, and still holds world marks for the M55 and

M60 divisions. He earned outstanding athlete-of-the-meet honors against athletes of all ages and sexes in the National Masters News Age-graded meet in November.

"I have more time to train now since I retired," said the clarinet and saxophone player. "I had my own band years ago, and played a lot for the Greek community all over the country before I settled down to teaching."

Patsalis won a track and music scholarship to the University of Southern California, and was the school's best long jumper in 1948-49 (24-feet).

"I've been in track since I was 12," he said, "but after I graduated from USC, there wasn't much opportunity in track, so I went with my music."

Raschker had a career year, as the pros say. She set three indoor world masters women's marks in the nationals in Madison. She set more world marks in local and regional meets in the South. At the outdoor nationals in Eugene, she set three more WRs and won seven gold medals. And at the World Games in Melbourne, she won four gold medals, two silver and two bronze, upping her own triple jump WR and being named top 40-44 female athlete of the Games.

Raised in Hamburg, West Germany, she competed as a girl in the same track club as last year's winner, Christel Miller. She began competing again

Continued on page 23

Green, Bixby Battle Weather in National Half

by JIM SMITH

"Neither wind nor rain ...shall stay these valiant champions from their appointed rounds!"

The 1987 TAC Masters National Championships Road Race was run in Oklahoma City on November 15th. The runners started in a bone-chilling thunderstorm and finished against a stubborn head wind. The field boasted no less than 19 state half-marathon

record holders and a world champion. But, even against the elements, pre-race expectations held. Norman Green, 55, of Wayne, Pennsylvania won his seventh masters title, taking overall honors in 1:15:35.

"I came here to take the race," said Green, "but conditions on the back side of the lake were miserable. After 7 miles, we turned crosswind, and I seemed to pull away."

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TAC Picks LDR Award Winners

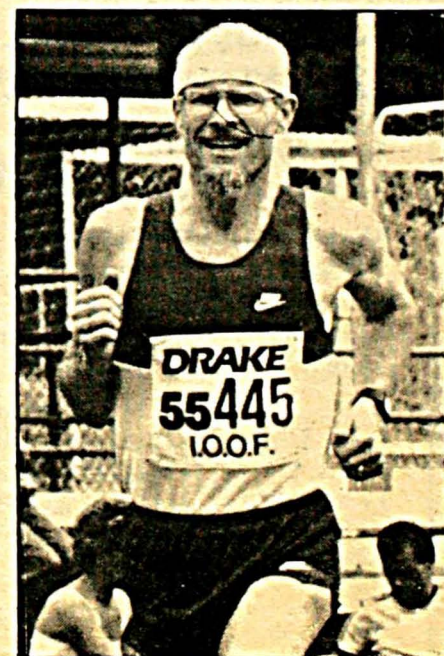
Larry Olsen, 41, and Barbara Filutze, 42, were named the outstanding age 40-44 long distance runners of 1987 by the Masters Long Distance Running Committee of The Athletics Congress at its 9th annual convention in Honolulu on December 4th.

The LDR Committee's awards are based on five-year age-group categories, rather than on an overall "best masters" runner.

Olsen, the proprietor of The Front Runner running store in Millis, Mass., ran a 30:25 in the Red Lobster 10K in Orlando to defeat Mike Hurd (30:42) and Antonio Villanueva (30:45). He ran 46:52 in the Gasparilla 15K and won the National Masters 10K in Albany in September in 31:32.

Filutze repeated as top W40 runner, winning the U.S. 10K title in 35:15, and setting an American W40 10K mark of 33:41 in Pittsburgh's Great Race on September 27. The Erie, Pa., runner also won the W40 division of the Asbury Park 10K in August.

Continued on page 24



Pennsylvania's Norm Green, 55, was voted best long distance runner in both the 50-54 and 55-59 age categories by TAC at its annual convention in Honolulu. Here Green wins the M55 10,000-meter title in 33:54 at the World Veterans Games in Melbourne.

Photo by Gretchen Snyder

Skaden Sets W50 Mark

Sevald and Wright Strong in Foundation 30K

by TERI INGRAM

The 22nd annual Clarksburg (Calif.) 20-miler became, instead, the 1st annual Clarksburg Foundation 30K on November 15.

Prize money totaling \$3800 was given this year, with a generous \$1700 going to masters and seniors (50+) in the 1500-runner race.

While several single-age records were set, the best performance of the day

was produced by Heidi Skaden, who hot-footed her way to a new American W50 30K record of 2:13:43. Skaden claimed \$50 as first senior in the process. Top male senior, who also received \$50, was Darryl Beardall in 1:50:06.

While Bill Sevald had no problem besting the masters field with his 1:43:37, Nelly Wright's pace-per-mile

Continued on page 4

Schlau, Hardy Struggle Through Heat in Wendy's

by TERI INGRAM

Neither Bob Schlau, 40, or Kathy Hardy, 40, expected to have to run in 80° heat and high humidity on Halloween, but both made the best of a bad situation by winning their divisions easily in the Wendy's 10K in Bowling Green, Kentucky. Both winners have only this year entered the masters ranks and have been making big names for themselves ever since. Schlau's 31:17 was good enough for 17th overall while Hardy's 38:58 put her in the 18th female overall position. Over \$3,000 in masters prize money was given this year, the most ever offered by Wendy's.

Probably the most impressive performance of the day was turned in by Gina Faust, 50, who was second masters female overall in 39:38. Faust, of Southern California, took the W50 division and was 20th female overall.

Morgan Looney, who finished second master last year, dropped back to fourth this year, but this time won the M45 division (33:52). Last year he was still competing in the M40 division.

Three-time masters winner Don Coffman didn't show to defend his title over the equally hilly and flat course where 4000 runners competed this year.

Other men's division winners were: M50 Bill Olrich (34:35), M55 Leon Fennell (38:13), M60 Theron Kessinger (40:07), M65 Ray Rayl (43:13) and M70 Neville Dodd (71:05). Women's winners were: M45 Judy Rademaker (47:07), W55 Mary Anne Woodring (45:24), W60 Winifred Cohron (63:08) and W65 Sue McDaniel (82:03).

Overall winners were Keith Brantley (25, 29:01) and Sabrina Dornhoefer (23, 32:49). □

Green, Bixby Battle Weather in National Half

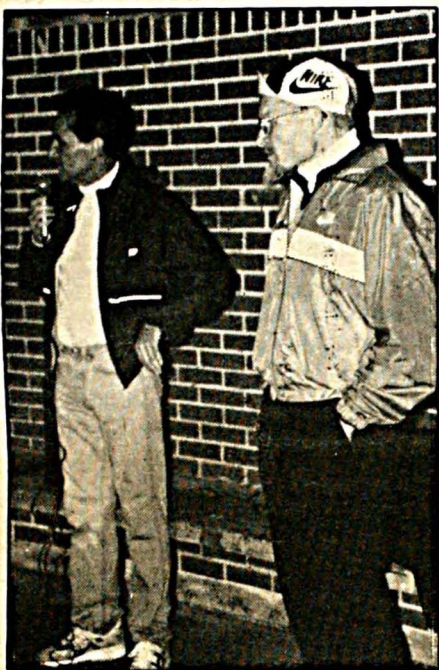
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Number-two finisher, Dave Williams, 45, of Choctaw, Oklahoma ran a 1:17:05, six minutes off his best masters time for the distance.

Pride of Oklahoma runner, Maureen Bixby, 45, of Norman, easily won the women's title in 1:27:58. She bested Barbara Manning, 43, of Owasso, Oklahoma by over ten minutes.

"This was a very tough race," said the diminutive transplant from England. "But we all shared our miseries. That made it easier to bear."

Race Director Jim Smith estimated times were up to 10% higher because of the weather. And, he said that bad weather always means a few "no shows." He further explained the small field:



Overall winner in the TAC National Half Marathon Masters Championships was Norm Green (r), 55, shown here with Dick Giles, president of the Oklahoma City R.C. Green ran 1:15:35 in a storm and strong headwinds at the Nov. 15 race.

"State and regional runners are familiar with our high quality races, but few nationally prominent masters know about Oklahoma. Next time we expect a full pot of prize money to lure them in."

Team Champions were:

Masters Men - Oklahoma City (Williams-2, Heaton-10, Phillips-11)
Masters Women - Tulsa (Manning-2, Crowley-3, Cooper-4).

Following the refreshments party, Norm Green spoke to the crowd about goals, commitment and what makes a champion.

According to Director Smith, the true champions of the day were forty brave volunteer workers and officials

who "stood their ground" for over two hours against the ravages of wind and rain.

Said Smith, "They deserve much credit for a well-conducted run. What a shame we can't give them more than just our thanks and a T-shirt."

The run was hosted by the Oklahoma TAC Association and the Oklahoma City Running Club. □



Sevald and Wright Strong in Foundation 30K

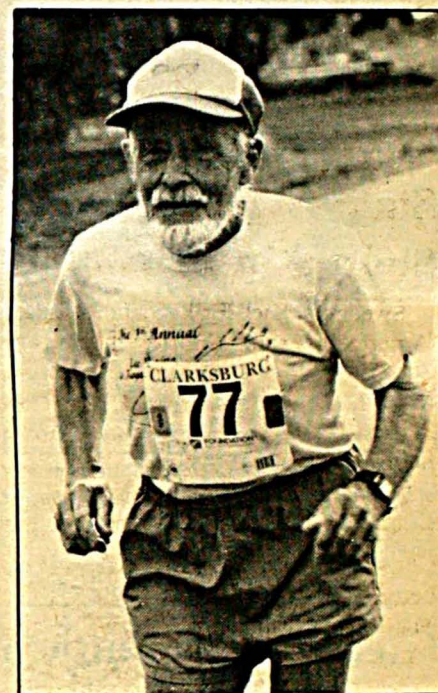
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(6:31) was a mere second-per-mile off of second-place masters female Joan Coleman, 2:01:08 to 2:01:37. Sevald and Wright each won \$250 as top masters, while Coleman accepted \$150 and the third-place prize of \$100 went to Margie Timberlake (2:08:46). Second male master was Gary Goetelman, 44, in 1:48:39, and third went to Wayne Miles, 40, in 1:49:07. Goetelman and Miles also claimed \$150 and \$100.

One exceptional performance was turned in by non-money winner W55 Elizabeth Ross (2:28:37), who was a mere minute off the W55 American mark of 2:27:34. Ross claimed her division by half-an-hour.

Dr. Joan Ulliot, who holds the current W45 30K record of 2:04:11, seems to have her running on track, taking second in the W45 division (2:12:36) to Timberlake.

Overall winners were Mark Conover, 27, in 1:34:08 and Sharlet Gilbert, 36, 1:52:55. □



His number proclaims his age! Frank Demers was the oldest finisher in the Clarksburg, California Foundation 30K (18.6 Miles) November 15 with a time of 3:14:40.

Photo by Gene Cohn

12 More Become Masters Sustainers

Another 12 readers have become *National Masters News* "sustainers," — those who contribute funds to provide additional support to the *National Masters News* and the masters athletics program.

Some readers provide additional support to the National Masters News and to the Masters program by sending contributions of \$25, \$50 or \$100 a year. If you are able, we urge you to join them. All contributors will receive a free copy of the new Masters Age Record book and will be listed in the paper as a National Masters News sustainer.

Special thanks this month go to Juan Bustamante, who generously donated \$100.

Donations can be sent to NMN, P.O. Box 2372, Van Nuys, CA 91404.

Our thanks, this month, to:

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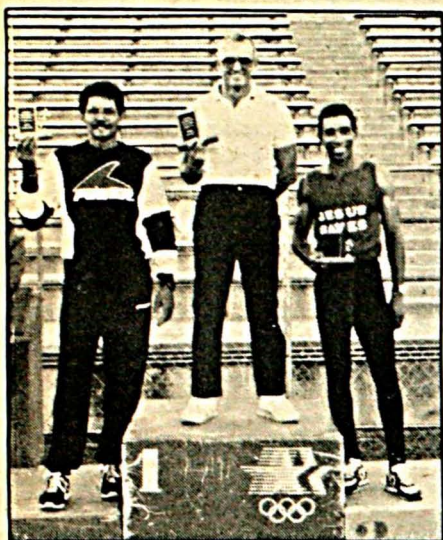
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Paramount Masters 10K Set for January 23

The Paramount 10K Special World Masters Division race, run along with the Paramount 10K on January 23, will again offer cash awards for the first through fifth places for men and women in five-year age groups from 40-44 to 85-89. As of December 10, \$6000 in cash prizes was available.



Winners of the 200 at the NMN Age-Graded Meet Nov. 14 on the victory stand: Bruce Springbett, 55, 1st; Nick Newton, 54, 2nd; Frank Little, 43, 3rd. Photo by Gretchen Snyder

Stahl Defeats Shorter in Honolulu

Sweden's Kjell-Erik Stahl defeated America's Frank Shorter in the age 40-44 division of the Honolulu Marathon, December 13, 2:31:07 to 2:36:54. Stahl finished seventh overall; Shorter 14th.

It was Stahl's second winning marathon effort in eight days. On December 6 in Melbourne, Australia, he had won the World Veterans Games M40 marathon title in 2:21:38.

The 10-minute dropoff in time was typical of all the Honolulu runners, who battled 40 mph headwinds much of the way. Overall winner Ibrahim Hussein, who won the 1986 race in 2:11, could only manage a winning 2:18:26 in the difficult conditions.

It was Shorter's second marathon effort as a masters runner, and his first completion. (He dropped out of the New York Marathon after 18 miles.) Shorter and Bill Rodgers, who turned 40 on December 23, are slated to meet each other in the Charlotte Observer 10K on January 2.

Minoru Muramoto was the first over-40 female, winning the W45 award in 2:56:49. Judy Huber-Cogswell won the W40 division in 2:58:31.

An estimated 8500 runners braved the elements in conditions worse than anyone could remember. To top off the difficult weekend, more than 300 marathoners developed food poisoning at the carbo-loading dinner Friday night, suffering vomiting, cramps, diarrhea, fever and muscle fatigue. □

Entrants must meet the following qualifying standards and submit the times of their last three races, run on certified courses: Men — 40-44, 34:00; 45-49, 36:00; 50-54, 38:00; 55-59, 40:00; 60-64, 43:00; 65-69, 47:00; 70-74, 52:00; 75-79, 65:00; 80-84, 90:00; 85-89, 100:00; Women — 40-44, 40:00; 45-49, 42:00; 50-54, 44:00; 55-59, 47:00; 60-64, 52:00; 65-69, 60:00; 70-74, 75:00; 75-79, 90:00; 80-84, 100:00; 85-89, 110:00. Each division must have five qualifiers, or a reduction of cash awards will be made in that division.

Last year's race included masters standouts such as David Oropeza, John Loeschhorn, Kjell-Erik Stahl, Mike Heffernan, Richard Green, Jr., Gaylon Jorgensen, Erna Kozak, Harolene Walters, Gina Faust, Vicki Bigelow, Helen Dick, and Pat Dixon. Six of the men ran under 33:00, and three women broke 38:00, with Oropeza (31:31) and Kozak (34:38) winning overall.

The race organizer is Finish Line International, 15734 Paramount Blvd., Paramount, CA 90723; 714/841-5417.

The meet director is Oscar Rosales, 213/634-3027. Deadline for the Special Masters contest is January 18, but the open 10K will take entrants after that, with a \$3.00 late fee.

This year's masters event is sponsored by Bud Light and L.A. Beers. All proceeds from the regular event and the World Masters Division race go to the Paramount Rotary International Polio Plus Campaign.

The city of Paramount is located about 15 miles southeast of downtown Los Angeles. □

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The City of Paramount and the Paramount Rotary Club, in addition to the Ninth Annual Paramount 10K Run, will have a very special WORLD MASTERS DIVISION sponsored by Bud Light and L.A. Beers. This division will be for those Master men and women runners that can meet the qualifying standards for their respective age divisions. The ability to meet these time standards will truly make this division a very special one. The race will be run with the Paramount 10K. Yes, you have to be good to enter, but if you place within the time standards you will be eligible for cash awards. If you can meet these standards, then come to Paramount and RUN WITH THE MASTERS.

MASTER STANDARDS: Men 40-44, 34:00; 45-49, 36:00; 50-54, 38:00; 55-59, 40:00; 60-64, 43:00; 65-69, 47:00; 70-74, 52:00; 75-79, 65:00; 80-84, 90:00

MASTER STANDARDS: Women 40-44, 40:00; 45-49, 42:00; 50-54, 44:00; 55-59, 47:00; 60-64, 52:00; 65-69, 60:00; 70-74, 75:00; 75-79, 90:00; 80-84, 100:00

All times are "or faster".

Race Date: January 23, 1988

Race Time: 8:00 A.M. Sharp

Course: Flat, fast, certified and sanctioned by TAC

Accommodations: Tahitian Village, 13535 Lakewood Blvd., Downey, CA 1-800-227-0642, or 213-634-4444. 20% off. Ask reservationist to specify, "10K race participant".

Transportation: To and from race site by Tahitian Village, 6:30 A.M. shuttle time

Information: Oscar Rosales, 15734 Paramount Blvd., Paramount, CA 90723 • (213) 634-3027/(714) 841-5417. NOTE: Each division must have 5 qualifiers, or a reduction per cash award will be taken. All applicants must submit times last 3 races, certified courses. This is our sixth year with the Masters. It is a CLASSIC.

Tear & return with Entry. Waiver.

Race Location: 15500 Downey Ave., Paramount, CA

Seeded Start: You will be on the front line. I.D. Ribbons

Awards: 10 deep each division, plus CASH AWARDS, FIRST FIVE places, each division, men & women

Shirt: Long sleeve, 100% cotton, two color

Race fee: \$12.00. No complimentary entries.

Cash Awards: \$6000.00 available to date.

Preregistration Only: Return Entry by 1/18/88.

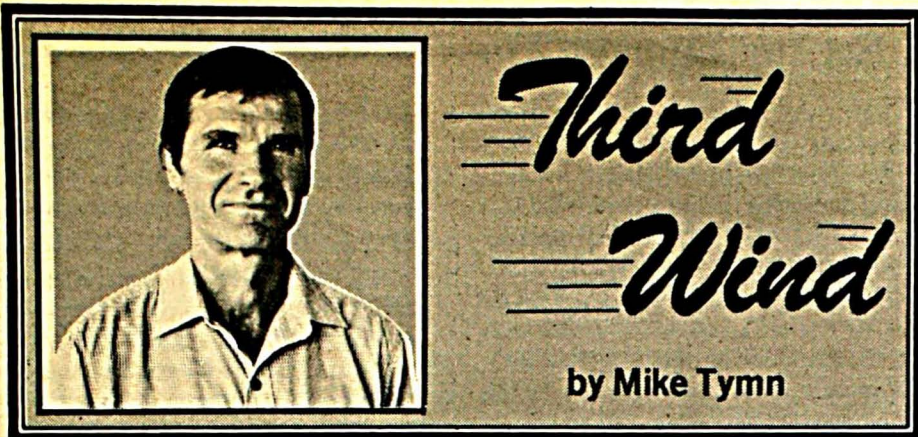
9TH ANNUAL CITY OF PARAMOUNT ROTARY AND 10K RUN

SPECIAL WORLD MASTERS DIVISION

NAME _____ MALE ☐ FEMALE ☐ AGE _____ PHONE _____

ADDRESS _____ CITY _____ ZIP _____

Official Entry Form Will Be Sent Upon Receipt Of This Form. Send SASE.
Send To: PARAMOUNT 10K RUN, 15734 Paramount Blvd., Paramount, CA 90723



Marathons and Manhood

It must have been easy for our forefathers to be men. They didn't have to compete with the unrealistic standards set for us by the likes of Clint Eastwood, Sylvester Stallone, and Charles Bronson. Neither did they have to compete with the reality of a Joan Benoit or Priscilla Welch.

As anyone who reads this column knows by now, I'm all for equality — especially for women runners. But I don't want them to be equal to me. My ego has trouble handling it.

In his book, *Sports in America*, James Michener points out how traumatic it is for the average male to be defeated in sport by a woman. He goes on to relate how Arab soldiers were so disturbed at the thought of being defeated by Israeli female soldiers that they would fight to the death

It must have been easy for our forefathers to be men.

rather than surrender, which they might have not done had they been fighting men.

My first such encounter in the field of battle came in the 1980 Cascade Run Off, a 15 kilometer affair in Portland, Oreg. I passed through the first mile in 4:57, which is about what I had expected. What I had not expected was to be surrounded by women. A few yards in front of me was Joan Benoit. To my left was Patti Lyons (Catalano). To my right was Jacqueline Gareau. Right behind me were Marty Cooksey and Anne Sullivan.

Benoit had won the race the year before in 51:27 and the American

women's record wasn't much faster than that. I had expected to run around 48 minutes, and I was a little ahead of pace for that. Therefore, to find so many women around me at one mile came as something of a shock.

Midway into the second mile, I had pulled clear of all the women except Lyons and was overtaking Ray Hatton, the defending masters champion. Hatton looked to his left as Lyons went by him a stride in front of me. It was a gaping look, as if to say "What's going on here?" I shrugged as I went by. It was a "Do you believe this?" shrug.

Lyons continued on to shatter the American 15K record with a 49:43.5. I managed to finish 10 seconds in front of her, but the trauma of almost being beaten by a woman seemed to far outweigh the thrill of being the first masters finisher.

One of my most satisfying experiences as a young masters runner was breaking 2:30 for a marathon. Back in 1979, there were only a half-dozen or so other masters who had done that. Gina, my wife, didn't know much about running then — still doesn't — but she had come to recognize that bettering 2:30 gave one certain bragging rights. My pride in that achievement was short lived, however, as Grete Waitz became the first woman to better 2:30 a few months later.

"You mean a woman can run as fast as you?" Gina remarked upon hearing of Waitz's performance.

"Well, yeah, but she's a full-time runner," I replied. "Besides, I'm 42, don't forget. No way any woman will run that fast at my age."

After sub 2:30's for women became commonplace, I explained to Gina that the marathon is for wimps and women and that real men run the short races — those requiring great strength and speed. I further pointed out that you have to have a lot of fat to run the long distances. I never saw any reason to mention it when Joyce Smith ran 2:29 at age 44 or when last May, Priscilla Welch did 2:26:51, faster than my 2:28:43 PR at the same age.

One of my most satisfying experiences as a young masters runner was breaking 2:30 for a marathon. My pride was short lived, however, as Grete Waitz became the first woman to better 2:30 a few months later.

I also never mentioned the fact that Welch beat me by a few seconds in a Southern California 10K a few years before. There was no reason to, since she was only 39 at the time, still a youngster.

While I was watching the 1987 New York City Marathon on television, the subject came up again. Gina walked into the room just in time to hear that Welch was leading the women at about 10 miles while running around 2:24 pace. I hoped Gina would not pay enough attention to catch Priscilla's age. But she did.

"Wow, she's 42 and she's running four minutes faster than you did at Maui," Gina exclaimed.

"Yeah, but it was a lot warmer in Maui than it is in New York," I replied. "No way she'd run that fast in Maui heat."

"But you ran New York in 1977, didn't you?" Gina came back, reminding me that I had done only 2:31 there under very cool conditions.

"The jet lag got to me there," I explained. "Besides, I already told you the marathon is for wimps and women. No way a muscular 162-pound (even if I was only 150 when I did the 2:28) guy like myself, who can bench press 230 pounds, can run with those skinny wimps. Heck, Arnold Schwarzenegger could train all year and still not break three hours in a marathon."

Just then a prerecorded interview with Welch was shown. The English-woman commented that the age factor was "a load of rubbish" and all in the mind.

"See, hon, you've just got to think positive if you want to run faster," Gina offered.

"That's a bunch of bullshit," I came back. "She'll find out in a few years."

My ego was suffering and I was



"Fastest masters dog in the country!" Sam, 40 (in dog years) and master Joe Ochido (a genuine master) broke four hours at the October running of the Eriesistible Marathon.

Photo from Dean Reinke

about ready to switch to a football game when Frank Shorter came to the rescue. One of the television announcers caught sight of Shorter, who had turned 40 just the day before, a few strides ahead of Welch. The announcer remarked that Shorter was running off to the side and out of camera range. Marty Liquori, doing

I thought, 'No way she can out benchpress me!'

color commentary, explained that Shorter did not want to take away the glory from Welch.

"Wouldn't it be more glory for her to be running next to him?" Gina asked, puzzled at Liquori's reason.

I then recalled my duel with Patti Lyons in Portland and the moment a television truck pulled in front of us as we were running side by side at about five miles, I took off to the other side of the road. My reasons were not as noble as Shorter's. Not that many people would have recognized me, but just in case a few did I didn't want to be in the picture.

With Welch running right behind the 1972 Olympic champion, almost three years her junior, I felt vindicated, somewhat.

Gina didn't stay around to watch Welch finish in 2:30:17. I felt a bit relieved that she had not bettered my PR. But then I remembered that she had already done that a few months before and that she had also bettered my New York time.

As I switched back to the football game, I thought: "No way she can out benchpress me." □



"Get off the course. This is a man's game," Boston marathon official Jock Semple seems to be saying. No longer a man's game, the marathon is for wimps and women, according to NMN columnist Mike Tymn.

Nolan and Ryan Win U.S. 5K X-C in New York

by DAVID ZINMAN

In full flight, Harold Nolan looks like a cross between a wounded penguin and a tipsy snow goose.

His arms flail across his body. His knees lift high and his toes, slightly pointing outward, are the first part of his feet touching the ground. "I'm all over the place," said the New Jersey college administrator who turned 40 last March.

But if the 184 other runners in the TAC National Masters 5K Cross-Country Championships, November 28, saw any of Nolan's wobbling, their view was mostly from the rear. He took the lead after the first mile and held it right to the finish. In fact, the dark-bearded Nolan ran a one-man race for most of the way over the undulating Van Cortlandt Park course.

Nolan went out with a pack that included former nationally-ranked steeplechaser Cliff Clark and distance star Carl Hatfield. As they turned into the first hill after a 5:06 mile, Nolan found himself in the lead, with Clark trailing.

"I started pushing on the incline," the five-foot-seven, 130-pound Nolan said. "I'm a miserable downhill runner, I've had falls going downhill at Van Cortlandt. So I run them conservatively. Guys have gained 30 yards on me going downhill. But I'm exceptionally fast going uphill. I train on hills because I live in hill country. I have a 10-mile course and all it does is go up and down."

Nolan opened up about 20 yards on Clark as the race crossed a bridge and

moved into rolling backhills for about 1.5 miles. The first part of this wooded route goes up and the second part runs mostly downhill. "I knew I'd be weak on the second part, so whenever I came to a hill, I tried to really move up and open up distance," Nolan said.

The crowd called to him, telling him he had 25, 30, then 50 yards. But he knew the field would be closing after the uphill stretch. "At two miles, I had 40 or 50 yards. But that lead shrank to about 20 yards when I came into the downhill area."

As Nolan glided down the last hill toward a level path stretching to the finish on Van Cortlandt's great plains, Clark was just 15 yards back. Another 30 yards away were Hatfield and Herb Lorenz.

Clark, who owns a ferry boat business on Shelter Island on nearby Long Island, was just where he wanted to be. "I felt I could catch him. I thought I had him set up. I came off that last downhill mentally ready to run him down."

But Clark, a former NAIA mile champ who was fifth in the 1972 Olympic steeplechase trials, did not count on Nolan's speed. On the flats, confidence started returning to Nolan. "I'm primarily a miler. I do a lot of work on the track. I used my track speed on that last 600 yards."

Nolan gradually pulled away, increasing his lead to almost 80 yards on the stretch run, winning by 12 seconds. He clocked 16:31 to Clark's 16:43.

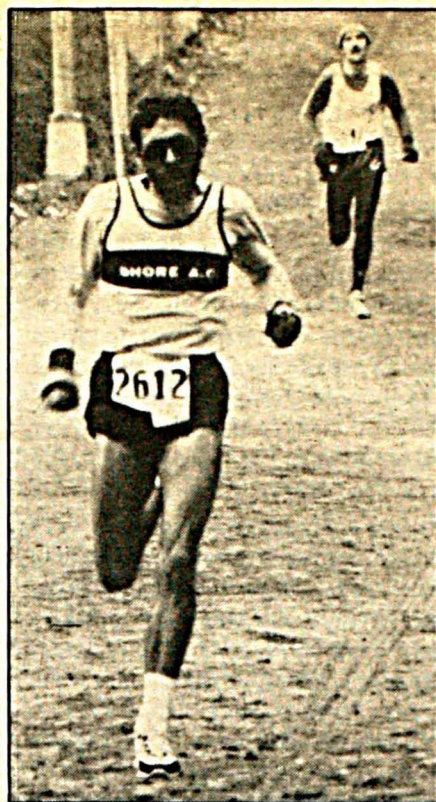
The 43-year-old Clark, who trains about 30 to 35 miles a week, felt he had run the optimal race based on his training base. Clark, who ran for Harding College in Arkansas and later for the Air Force, has personal bests of 4:05 for the mile, 8:36 for the two-mile steeplechase, and 13:54 for the 5,000 meters.

Lorenz, 48, first M45, finished in 16:49; Hatfield, 40, ran 16:52, and Theodore Haiman, 44, was fifth in 16:55.

In the women's race, Mary Ryan, a 41-year-old race horse public relations specialist and former race horse trainer (who sometimes works out on the Belmont race track in New York), ran 19:36 to take the title. The women's run went off with the men's race, and Ryan was 68th overall. She was comfortably ahead of 47-year-old Mary Leivers, who was runnerup and 83rd overall.

Ryan said she was not sure of her place in the race. "In the back woods, people were yelling 'First female.' But I've been told that before in mixed fields. And the people were wrong. So I didn't believe it until we got closer to the parade grounds. They were still yelling 'First woman.' It was music to my ears."

Nolan, in an interview after the men's race, said he has always had an unorthodox style. "Coaches tried to



With 600 yards to go in the TAC Masters Cross-Country 5K Championships, Harold Nolan starts stepping up the pace as Cliff Clark tries to make his own move. Nolan won in 16:31.

Photo by David Zinman

correct it. But every time, I tried something different, I wound up running slower."

Nolan was an NAIA All-American at Kennedy College in Nebraska. He ran a 4:08 mile, finishing 8th in the NAIA nationals. A member of the Shore Athletic Club, Nolan said he has never stopped running. He has competed at all distances from a half-mile (1:55) to a marathon (2:26).

After he turned 40 this year, he went to Oregon and won the National Masters 5000 (15:18). He outkicked 1972 Olympic steeplechaser Mike Manley and onetime sub-four minute miler Jim Crawford. In September, he ran the masters race in the Fifth Avenue Mile, finishing third (4:21.6) behind Al Swensen (4:20.9). Nolan hopes to get invited to the Masters Mile in the Millrose Games at Madison Square Garden this winter.

"I think I'm a better runner now than I was when I was younger," said Nolan who trains about 70 miles a week. "I guess it's due to the fact that I've never stopped. I'm closer to masters records today than I was to records in high school and college."

Nolan, whose goal is to break the American masters mile mark of 4:20.9, thinks he has stayed free of injuries because he does a lot of preparation before working out. "When I go to a track, I take half an hour to warm up. It's something I learned in high school and have always done."

The New York City site added color to the masters race, held as part of the TAC National Cross-Country meet. Thousands lined the course to see Pat Porter win his sixth straight title by holding off little-known James Farmer of North Carolina University. Porter's time of 29:58 set a record for the course. In the women's 6K run, Lynn Jennings won her second TAC title in 19:35. □

Skinner, Bestul Masters Winners in Omaha

Toby Skinner, 44, of Beaverton, Oregon, and Karen Bestul, 49, of Lincoln, Nebr., won the masters contests in the Omaha Riverfront Marathon in Omaha on November 1. Skinner's 2:37:08 was good for 16th place of the 497 finishers. Bestul's 3:09:15 placed her among the top women.

In the adjunct 10K, which drew 700 runners, Nancy McCormick, 52, of Omaha outran younger masters contestants to win the W40-and-over race with a 42:44. John Hawkins, 40, of Omaha took the masters men's contest in 35:15.

The event, with an increase of 25% above last year's, drew runners from 24 states and Canada. John Thomas was the meet director of the 14th annual gathering. □

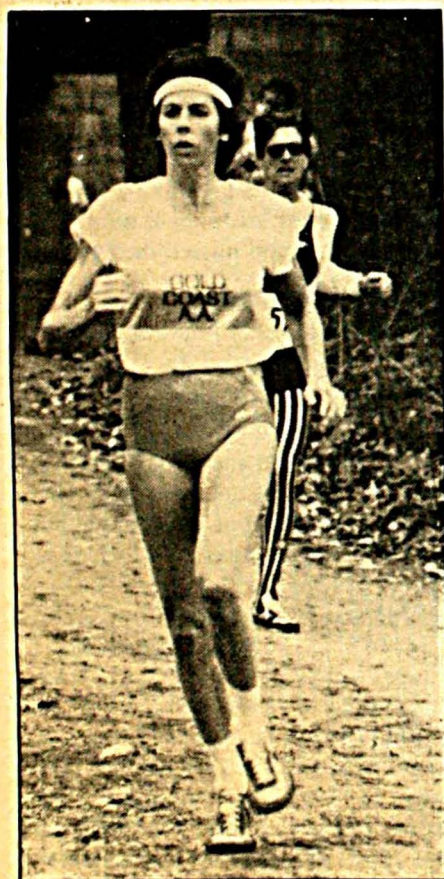
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Mary Ryan, first woman finisher in the TAC Masters Cross-Country 5K Championships, starts her stretch run after emerging from the backhills. The 41-year-old former race horse trainer won the women's title in 19:36.

Photo by David Zinman

Melbourne Puts on a Show to be Remembered

Continued from page 1

Australian Outback, Sydney, Tasmania, the Great Barrier Reef, New Zealand, or just a bit more of Melbourne.

Friendly People

No one seemed eager to leave. The Melbourne people are among the friendliest in the world. Nine days — or even two weeks — wasn't enough time. Most tourists boarded the plane home with reluctance. Many vowed to return at the earliest opportunity. A few were checking out emigration details.

The number of participants easily surpassed the previous World Games high — the 4330 who came to Rome in 1985. The Eugene organizers are predicting upwards of 6000 for the 1989 renewal.

Tourism authorities estimated that the Games brought an influx of nearly 14 million Australian dollars (US \$10 million) into the Australian economy.

The Games were held under the auspices of the World Association of Veteran Athletes (WAVA). They were staged this year by the VII World Veterans Games Organizing Committee, headed by Executive Director Peg Smith and Competition Director Ray Callaghan — both of whom were taking deserved bows at the end of the proceedings.

As always, athletes competed in five-year age divisions, beginning at 40 for men and 35 for women. The 4817 participants competed in an average of 2.68 events — a total of nearly 13,000 individual entries.

124 Heats in 100

The scope of the event was staggering. More than 400 officials were on hand. There were 124 heats, semifinals and finals in the 100-meter dash. The marathon had 1763 entries and 1313 finishers.

Eleven heats were needed in the men's age 40-44 100. In the 100, 90

men and 18 women were age-70-or-over; 25 were over 80. Four were over 90, and their race was one of the Games' highlights.

In contrast to the four stadiums used in Rome, only two tracks were needed in Melbourne. One of the best decisions of the organizers was to scrap plans to use the hard, rubberized track at Melbourne University. Instead, they used the newly-surfaced, 374-meter oval at Olympic Park, right next to the main, No.1 track.

It was a joy to walk back and forth between the two venues, greet friends, buy T-shirts, check the results boards, select photos, and check the message-board (with notices in five different languages). It was a thrill to run on the bouncy, "injury-proof" No. 2 track as hundreds of friends and spectators viewed the action from the enclosed grandstand.

Next to the tracks was "Gosch's Paddock," a huge field where three cages had been specially built exclusively for the throwing events.

Free Massage

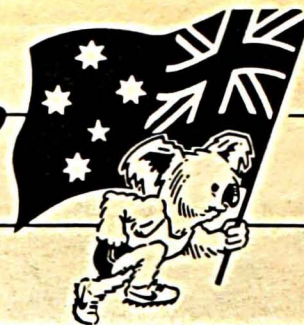
When athletes weren't competing or watching, they could often be found getting a free massage in the No. 2 grandstand. And if the line was too long — as it often was — to see one of the 10 massuases, many went next door to the Olympic Park SportsMedicine Center, where massage and physical therapy were available for a nominal charge.

The competition extended from early morning to as late as 11 p.m. The weather, as predicted, was unpredictable. After some pre-Games thunderstorms, the first day — Saturday — was beautiful, with temperatures in the low 70s. Fourteen world records were set in the ideal conditions.

Day 2 — Sunday — started out cool, but warmed up in time for the opening ceremonies at noon. Olympic Park was

VII WORLD VETERANS' GAMES

M E L B O U R N E 1 9 8 7



Downtown Melbourne, with St. Paul's Anglican Cathedral in background. Photo by Gretchen Snyder

a mass of color and music as the athletes marched, by age-groups, into the stadium to the tune of *Waltzing Matilda*. The several hundred paying spectators cheered as Australian Olympian Raelene Boyle carried the torch around the track, and the legendary John Landy formally opened the Games.

"When I saw how well the opening ceremonies went, I finally relaxed," said Callaghan, who spent a week of sleepless nights attending to final details and unforeseen problems.

Sunday afternoon turned hot (88°F) and humid, with several 10,000-meter runners gasping for water and a 40 mph tail wind nullifying several world-bettering 100-meter performances. The weather was so bad that elsewhere in Melbourne, Greg Norman led a walkoff of golfers competing in the Australian Open, complaining: "Playing in these conditions is impossible."

Monday was an off day, set aside for organizers to gather themselves, and for visitors to see the sights.

Rain Day

Day 3 — Tuesday — will forever be remembered in World Games lore as "the rain day." The temperature read 10° (50°F), a driving rain wouldn't let up, and Melbourne traffic was at a standstill.

Few expected any officials to show up for the 10 a.m. start. But there they were, clad in rain garb with a stopwatch in one hand and an umbrella in

the other. And, these were all volunteers.

Under the grandstand, hurdlers warmed up by leaping over chairs and boxes. But at 9:55 a.m., the intermediates were postponed as "unsafe." The field events in waterlogged Gosch's Paddock were also postponed to Wednesday.

But the rest of the meet went on as scheduled. A steamroller tried to dry the track; athletes huddled trying to keep warm; a few, thinking *all* the events had been postponed, went back to their hotels and missed their heats.

Worst Weather Ever

"This is the worst weather I've ever seen for a meet," said an 83-year-old official who had seen it all. "Any other meet would have been cancelled."

But these were the World Games, and the show would go on. Performance suffered, injuries occurred, but the track events stayed on schedule. George Cohen, who had run a 2:02 in his M45 semifinal on Sunday, splashed to a 2:15 in Tuesday's final. Ernie Billups slowed from 2:07 to 2:14. Thane Baker pulled a hamstring in the 50° chill in his 200 semifinal and was out of the meet. The rain paused for a couple of hours in mid-afternoon, but started in again in time for the evening's 5000s. By now, the thermometer had dipped into the 40s.

"To hell with it," said California's Ed Stotsenberg, who skipped his 5000 and went back to his hotel room to

Continued on page 10



Home of many U.S. participants in the Melbourne World Games.

Photo by Gretchen Snyder



Enjoying their 200-meter medals are age 70-74 runners, from left: Freidrich Meyer (FRG), Payton Jordan (USA), and Bill Weinacht (USA). Photo by Gretchen Snyder

Melbourne Puts on a Show to be Remembered

Continued from page 9

take a hot shower. "Running in that kind of weather is a good way to get pneumonia."

Wednesday — scheduled as the day of the WAVA General Assembly meeting — now became make-up day for the hurdlers and field events. The weather had inched up to 54°, and the rain had stopped.

Rain and cold continued early Thursday, but cleared up for most cross-country races and the pentathlon. By Friday, it was up to 60° and the rain was all but forgotten.

Inspiring Performances

Watching the athletes compete was inspiring. Seeing 80-year-old Harry Gathercole run the 200 in 32 seconds — a time many younger athletes would be pleased to do in interval training — was a sound lesson in what the human body is capable of. Watching 65-year-old Jack Ryan run a mile in a few seconds over five minutes was a strong statement that, just because one is getting "older," the body doesn't necessarily quit. There's no doubt that you have to work at it, but the old adage that "you fall apart when you

turn 50" may not be true.

A pushing incident marred Saturday's action when Japan's Waichi Masuda was pushed flat on his face after winning the M75 1500 meters.

Britain's Edward Sears pushed Masuda with both hands in the middle of the back just after Masuda had lapped him to win the gold medal. The shocked Masuda bounced up uninjured. Sears, who had another lap to run, was booed from the grandstand as he finished in 10th place. The two did not speak after the race and there was no apology.

Sears told Ron Carter of the *Melbourne Age* that he had been in Burma during World War II and had no time for the Japanese. "He was in my way, and I just pushed him away," Sears said.

It was the only incident during the Games. New York's Larry Colbert, 50, beaten by Australia's Reg Austin in the 400, summed up the athletes' feelings for each other: "I love Reggie. We see each other every two years. We're like brothers."

Tram Accident

One other unfortunate off-track situa-

tion occurred when American Ed Lukens, a 65-year-old American who had entered seven events, fell from a tram on opening day, incurring a severe concussion and a fractured skull. He spent the week in the hospital, being attended to by friends and medical personnel. True to the spirit of Melbourne, medical costs were paid by the Australians, thanks to a new law providing total coverage to anyone involved in a tram accident. Doctors released Lukens on closing day so he could fly home with the Sports Travel tour group.

While competition was the rationale for the enormous event, most participants were happy just to be there — to be competing, seeing a new country, making new friends.

The run-for-fun outlook of most veterans was never more apparent than in the closing day's marathon. About 1500 runners of all ages, shapes and sizes lined up for the 6 a.m. start, and they were still struggling in hours after Kjell Erik-Stahl had crossed the finish line in 2 hours, 21 minutes.

To most, the times were of minor importance. What mattered was being there, competing, finishing.

After the relays on Sunday, Callaghan staged a special "Masters Mile." The three medalists in each 1500 race were invited, and 22 showed up. Nine women ran the first section, followed by 13 men in section two. Winners were determined by an age-graded formula. Australia's 65-year-old Jack Ryan took top honors and was awarded a special World Games plate. His 5:05 broke the M65 world record by 15 seconds. David Sirl (M45), Tom Roberts (M50) and Jeanne Hoagland (W50) also broke world mile records for their respective divisions.

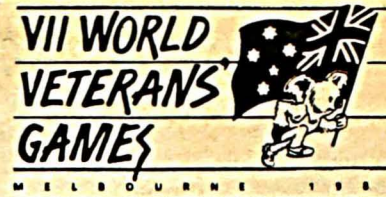
The closing ceremonies featured a march on the track of all the officials and volunteers who had quietly worked so efficiently during the week. They were applauded by the athletes, who were stunned at how many there were.

To the end, the Australians were friendly, courteous, unflappable, accommodating, and above all, professional. From Directors Smith and Callaghan to Doug McConchie and Bambi Gordon in the press room; to the computer programmer, Arnold Smith; to the President of the Organizing Committee, Graeme Salthouse; to Murray Dickinson, director of the road and cross-country events; to John Smith, who helped wife Peg throughout the Games; and to the countless volunteers and unsung heroes who worked hard to make the Games a success; they set a standard that future World Games organizers will find hard to match.

Smith, a 51-year-old grandmother, got involved almost by accident in the veterans movement 12 years ago.

"I had a dream," she said. "It has come true. All these people have come to my city. What more can I say?" □

— Al Sheahan



A 97-Year-Old Revolutionary

Perhaps the most inspiring performer at the VII World Veterans Games was 97-year-old Azad Singh Prithvi of India. The oldest competitor in the Games, Prithvi competed in a kaftan and "Gandhi cap." After the opening ceremonies, he plodded along behind two of his contemporaries, Australian Bill Empey, 91, and Chinese-Thai, Jing-Chang Wang, 94, in the 200. Wang won the race in 48 seconds, but it was Prithvi who won the crowd in 1:59.3. He later won three more gold medals in the 100, shot and javelin.

By his own account, Prithvi should have been dead 72 years ago. Captured by the British in 1915 while fighting for India's independence, he was sentenced to hang, then commuted to 30 years in prison. In 1921, he escaped and fled to Russia, where he lived underground for 14 years until the Russians threw him in jail.

In 1937, he returned to India where Mahatma Gandhi convinced him to give himself up to the British. Again he was sentenced to death, but that was changed to a long jail term. He was not released until 1966.

Asked why he continued to run when most people his age were content to warm themselves in front of a fireplace, Azad said: "People used to run after me to shoot me down, so I had to run. Now I keep myself fit for anything."

After all these years, he has not lost his spirit. "My profession is the revolution," said the man who is revolutionizing old age. □



"The Original Revolutionary," Azad Singh Prithvi, at 97 the oldest competitor in the VII World Veterans Games in Melbourne.

Photo by Gretchen Snyder



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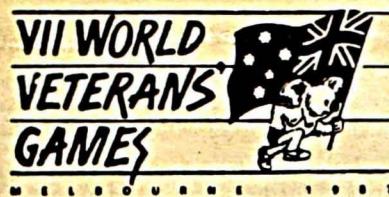
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M40	G	S	B	T
T J Bell	100		200	2
John Powell	DT			1
Ken Brinker	110H			1
Web Loudat		5000		1
Rex Harvey		PV		1
Joe Johnston			PV	1
Total M40	3	2	2	7
M45	G	S	B	T
John Dobroth		110H		2
Darrell Horn		LJ		1
Carl Wallin		SP		1
John Kelly			TJ	1
Gerald Counihan			HJ	1
Wally Sokolowski			PV	1
Total M45	0	4	3	7
M50	G	S	B	T
Gary Miller	400H			2
Al Henry	110H	LJ		2
Ken Dennis	100			1
Phil Mulkey		PV		1
Ken Baker		800		1
Bob Humphreys		DT		1
Chuck Miller		110H		1
Larry Colbert		400		1
Ernie Billups			1500	1
Nick Newton			HJ	1
Total M50	4	6	2	12
M55	G	S	B	T
Dave Jackson	LJ			2
Herm Wyatt	HJ			1
Jerry Donley	PV			1
Norm Green	10K			1
Bruce Springbett	200	100		2
Thane Baker	100			1
Max Green	5KW			1
Clifford Blair		SP		1
Ralph Miller		800		1
Larry Pratt		110H		1
Total M55	5	3	4	12

M60	G	S	B	T
Bud Held	PV	JAV		2
Bob Mimm	5KW			2
Phil Brusca	20KW			1
Buck Bradberry	SP			1
Luis Torres	110H			1
Kelsey Brown	SC			1
Jim O'Neil		800		1
Rudy Valentine		10K		1
		300H		1
Total M60	6	1	2	9
M65	G	S	B	T
Tom Patsalis	100H	100		4
	LJ			
Bob Hunt	300H	100H		2
Burl Gist	HJ		100H	2
Del Pickarts	JAV			1
Boo Morcom	PV		LJ	2
Lee Hirst	400			1
Walter Dahlin		HJ		1
Ralph Biesmeyer		PV		1
Jack Rice		800		1
Bill Granby		SC		1
Dan Aldrich		DT		1
George Heller		20KW		1
David Rohena			100	1
Chet Peters			SC	1
Total M65	8	8	4	20
M70	G	S	B	T
Dan Bulkley	800			4
	1500			
	300H			
	XC			
Payton Jordan	100			2
	200			
Jim Vernon	PV			1
Bill Weinacht	400	200		2
Don Johnson		5KW		2
		20KW		
Nat Heard		SP		1
Don Lundberg			MAR	1
Eugene Keller		SC	5K	3
		XC		
Herb Miller		80H		2
		300H		
Ross Carter		DT		1
Bill Morales	JAV			1
Total M70	9	9	2	20

AMERICAN RELAY MEDAL WINNERS

GOLD

Ken Dennis
Larry Colbert (2)
Gary Miller
Nick Newton
Harry Brown
Will Robinson
Larry Pratt
Bruce Springbett
Herb Miller
Tony Castro
Bill Weinacht (2)
Payton Jordan (2)
Jim Mathis
Paul Johnson
Ken Baker
Dan Bulkley
Bill Fairbank

Christel Miller
Jeanne Hoagland
Gretchen Snyder
Irene Obera

SILVER

T J Bell
Ken Brinker
Dennis Duffy
Robert Stanford
Dennis Tancredi
Fred Niedermeyer
Juan Bustamante
Jim Puckett
Bruce Springbett
Will Robinson
Enver Mehmedbasich
Harry Brown

Magdalena Kuehne
Gretchen Snyder
Christel Miller
Irene Obera

BRONZE

Rudy Valentine
Bob Watanabe
Gene Harte
Tom Patsalis
T J Bell
Tom Raushker
Ken Brinker
Dennis Duffy
Dennis Tancredi
George Cohen
Robert Stanford
Tom O'Hara

Nadine O'Connor
Barbara Stewart
Cassandra Clark
Phil Raschker

M75	G	S	B	T
Claude Hills	300H		HJ	3
	PEN			
Chick Dahlsten		1500	10K	3
		5K		
Antonio Rodriguez		HJ	SP	5
		LJ	TJ	
			PEN	
Bert Morrow		300H	80H	2
Carol Johnston	PV			1
Anthony Castro		100		2
		200		
Total M75	3	7	6	16

M80	G	S	B	T
Ed Benham	800			5
	1500			
	5K			
	10K			
	XC			
LaGrand Nielsen		1500	10K	4
		5K		
		XC		
Ches Unruh		5KW		1
Sing Lum			800	1
Earl Salisbury			JAV	1
Total M80	5	4	3	12

M85	G	S	B	T
Herb Anderson	100	400		7
	200			
	TJ			
	SP			
	JAV			
	PEN			
Paul Spangler	5K	800		6
	10K	1500		
	5KW			
	XC			
Buell Crane	HJ	TJ		6
	LJ	SP		
	DT	JAV		
Arling Pitcher	PV	100	200	7
		HJ	TJ	
		DT	JAV	
Total M85	14	9	3	26

U.S. PARTICIPANTS BY STATE IN VII WORLD VETERANS GAMES

Alaska	1
Alabama	1
Arizona	4
California	164
Colorado	7
Connecticut	3
Florida	12
Georgia	6
Hawaii	1
Idaho	1
Illinois	9
Indiana	6
Iowa	1
Kansas	2
Kentucky	2
Louisiana	2
Maine	6
Maryland	3
Massachusetts	3
Michigan	6
Mississippi	1
Missouri	6
New Jersey	23
New York	29
North Carolina	1
Nebraska	1
Nevada	2
New Hampshire	2
Ohio	13
Oklahoma	1
Oregon	16
Pennsylvania	9
Puerto Rico	2
Rhode Island	2
South Carolina	1
Tennessee	2
Texas	14
Utah	1
Virginia	6
Washington	10
Wyoming	2
Total	398

W35	G	S	B	T
Jacqueline Hansen	1500			2
	5000			
Viisha Sedlak	5KW			2
	10KW			
Joan Stratton		HT	JAV	2
Debbie Anderson	800			1
Total W35	5	1	1	7
W40	G	S	B	T
Phil Raschker	100	80H	400H	7
	200	HJ		
	LJ			
	TJ			
Kathy Brown		10K		2
		MAR		
Total W40	4	4	1	9
W45	G	S	B	T
Stella Cashman			10KW	1
Total W45	0	0	1	1
W50	G	S	B	T
Irene Obera	100			3
	200			
	400			
Jeanne Hoagland	5000	1500		2
Bev LaVeck		5KW		2
		10KW		
Christel Miller		JAV	HJ	3
		TJ		
Total W50	4	5	1	10
W55	G	S	B	T
Marion Irvine		10K	XC	3
			5000	
Magdalena Kuehne		TJ		1
Total W55	0	2	2	4
W60	G	S	B	T
Bernice Holland	JAV		SP	3
	DT			
Total W60	2	0	1	3
W65	G	S	B	T
Pat Dixon	XC	800	1500	3
Gerry Davidson		5000	800	2
Total W65	1	2	2	5

W70	G	S	B	T
Mary Bowermaster	100		JAV	5
	200			
	HJ			
	LJ			
Burnis Hicks			400	1
Total W70	4	0	2	6
W75	G	S	B	T
Margaret Jackson	100	200		3
		400		
Bess James		XC	200	3
			1500	
Total W75	1	3	2	6
W80	G	S	B	T
Marilla Salisbury	5K			7
	10K			
	800			
	500			
	5KW			
	10KW			
	XC			
Total W80	7	0	0	7
TOTALS	85	70	44	199

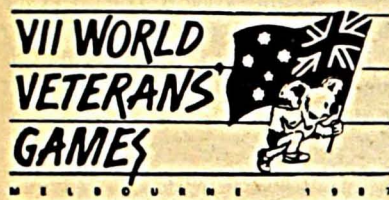
DEADLINE

NMN is written by masters athletes for masters athletes. We need and welcome your reports of meets, races, schedules, photos, comments, etc. Deadline for editorial material and advertising is the 10th of the month before date of issue. Send to *National Masters News, P.O. Box 2372, Van Nuys, CA 91404.*

92 World Records Set in Melbourne

A phenomenal total of 92 world age-group records were set at the VII World Veterans Games in Melbourne from November 28 to December 6, as the level of veteran athletics performances again reached new highs.

The total far outdistanced the 42 world marks set at the VI World Games in Rome in 1985.



Forty-nine records were set by men; 43 by women. Two of the 92 marks came in the 35-39 division, 12 were set by the 40-49s, 19 by the 50-59s, 24 by the 60s, 16 by the 70s, and 19 by the 80-and-overs.

American athletes picked up 85 individual gold medals, 70 silvers and 44 bronze — a total of 199 and 18 percent above the 1985 total of 163. In addition, U.S. relay runners garnered 24 gold, 16 silver and 16 bronze medals, boosting the overall total to 265 out of a possible 1518. That averages out to about .66 medals for each of 398 U.S. participants.

While it's virtually impossible to label any one event or performer the meet's "best," several remarkable performances stood out:

1) New Zealand's Derek Turnbull did even better than predicted, winning six events in the rugged M60-64 division — the 800, 1500, 5000, 10,000, cross-country and marathon.

2) Australia's Jack Ryan won four gold medals in the M65 division, setting new world M65 marks in the 1500 (4:41.82), mile (5:06.61) and 5000 (17:43.35).

3) Australia's Shirley Brasher, coming off knee surgery, was awesome in the W60 division, winning five events — cross-country, 800, 1500, 5000, and 10,000 — setting world W60 records in the latter three (5:45, 21:15 and 44:32).

4) America's Ed Benham easily won those same five events in the M80 group — setting world M80 marks in the 1500 (6:04), 5000 (22:31) and 10,000 (45:29).

5) India's Azad Singh Prithvi was, at age 97, the darling of the fans and the media. He participated in four events — the 100, 200, shot and javelin — and naturally set new world M95 marks in each.

6) New Zealand's David Sirl was unheralded coming into the meet, and shocked everyone with world M45 records in the 1500 (4:01.47) and mile (4:16.75), and with a hard-earned win in a rain-marred 800.

7) Australia's Jean Albury repeated her 5000 and 10,000 wins in Rome, and

added triumphs in the 1500, cross-country and 5000 racewalk.

8) Finland's Heikki Simola dominated the M75 category with impressive wins in the 100, 200, high jump, long jump and triple jump, the latter two world M75 records (14-7 and 31-3).

9) Mexico's Antonio Villanueva broke one of the longest-standing records on the books: Alain Mimoun's M45 10,000 mark of 30:16, with a sensational 30:02. Villanueva also won the 5000 and bettered the world M45 mile record despite finishing behind Sirl.

10) Phil Raschker of the U.S. had hopes for seven gold medals, but settled for "only" four in the W40 bracket, winning the 100, 200, long jump and a world-record triple jump (36-7) and picking up two silvers and a bronze.

11) Another American, Irene Obera, at 53 nearing the end of her age-division, amazed everyone by winning a very competitive W50 400 in a near-world-record time, and also successfully defended her 100 and 200 titles.

12) Jim Vernon, of California, became the only person to win seven consecutive gold medals in the World Games. Vernon has won the pole vault in each World Games, and cleared the bar this time at 9-2 1/4.

There were countless other outstanding performances. Among them:

M40

• South Carolina's Thaddeus (T.J.) Bell, who had finished second to Stan Whitley in the 100 at the U.S. nationals (11.22 to 10.84), surprised the overwhelm-



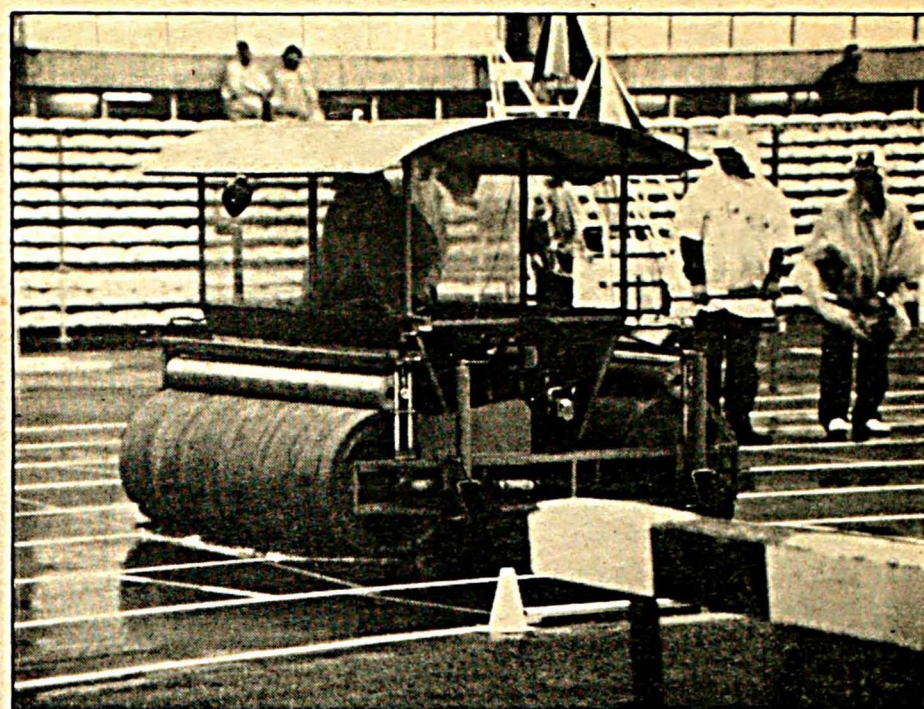
ing favorite, George McNeill of Great Britain, 10.92 to 10.95, with Australia's Peter Durham third.

McNeill, a former professional sprinter looked a sure winner at the 80-meter mark, but Bell unleashed a withering finish that carried him to a narrow victory, as a shocked McNeill glanced across in disbelief. McNeill won Australia's premier professional sprinting event, the Stawell Gift, in 1981. (Whitley didn't make the trip.) Bell, 43, said he took up running just two years ago. "As a physician, I thought I'd set a good example for my patients," he said.

• Durham won the rain-drenched 200 in 23.43 over Japan's Kozabu Kaihara with Bell third and New Jersey's Ken Brinker fourth. (Brinker was also fourth in the U.S. nationals behind Whitley, LaMar Miller and Bell).

Durham is another professional runner who won \$1200 in the 1987 Stawell Gift. This was his first competition in the veterans ranks.

"It's a real thrill and a personal achievement," he said. "To be the best in the world for my age is something special."



Rain? What rain? Action on the track is halted at the VII World Veterans Games in Melbourne while the track is cleared of excess water.
Photo by Gretchen Snyder

• Again proving how difficult it is to double in this division, Australia's Peter Crombie won the 400 in a windy 51.30, while favored Ron Bell of Great Britain prevailed in a soggy and windy 800 in 1:59.35.

• One M40 runner did manage to win two events, and it was Rod Dixon's older brother and coach, John Dixon. In a fast 1500, Dixon edged favored Bell, 3:55.91 to 3:57.31, as four men broke four minutes. (The world over-40 record is 3:52). Dixon also won the 5000 by a convincing nine seconds over New Mexico's Web Loudat, 15:04 to 15:13.

• The highly-publicized M40 10,000 failed to materialize. Carlos Lopes, 1984 Olympic marathon champion, was in Melbourne promoting the event, but bowed out of the competition with a damaged left achilles; U.S. M40 record-holder Tracy Smith opted for the 5000; Britain's Dic Evans passed to try the cross-country and steeplechase; and Australia's 2:19 marathoner, Gerry Hand, was a no-show.

That left the medals open to the other 173 runners who competed in six seeded sections. Australia's Paul Sumpter (30:23) emerged from the pack to defeat countryman Tony Murray (30:28) and France's

Antoine Borowski (30:44) as 10 runners broke 32 minutes.

Lopes said he has not raced in a year because of the achilles and knee injuries. "But I won't have surgery," he said. "It could stop me from running forever." If his achilles improves, he said he'd defend his Olympic marathon title in Seoul.

Another casualty was Smith. Complaining of an arrhythmia, Smith ran two laps of the 5000 before dropping out. He tried again in the 1500, running a creditable 4:09.08 but failing to qualify for the finals. "I feel it at the start of a race," Smith said. "I don't know what causes it."

• New Jersey's Ken Brinker, who had placed second to Miller in the U.S. 110-hurdles championship (14.81 to 14.71) won it all in Melbourne in 15.04. Willie Davenport, 1968 Olympic hurdle gold medalist, was again bothered by a sore hamstring. He ran but didn't make the finals.

"The older you get, the weaker your muscles get," he said. "But I'll keep training. If I keep myself in good condition, I know I'll live longer." He predicts more and more champions will take to veteran athletics in the years ahead.

Continued on page 12

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THE FOOT BEAT

by JOHN W. PAGLIANO, D.P.M.

Sprained Ankles

For those who have sustained at least one sprained ankle during their athletic careers and have been unable to shake the nagging pain down deep in the ankle or rearfoot, you may have to re-examine a rather uncommon condition called the *Sinus Tarsi Syndrome*.

The pain from the *Sinus Tarsi Syndrome* features pain on the outside of the hindfoot with associated instability, which is common in ankle sprains.

The *Sinus Tarsi* is a funnel-shaped tunnel with a large opening on the outside of the foot in front of the ankle (you can actually stick your finger into the opening) and a smaller opening on the inside of the foot in front of the ankle.

The inside of this tunnel is filled with a ligament called the *Interosseous Talocalcaneal Ligament*. It is broad and usually very strong. The tunnel also contains vessels and nerves. Some doctors say there are nerves in this tunnel which aid in the biomechanical stability of the rearfoot.

It has been shown that in acute sprained ankles, the *Interosseous Talocalcaneal Ligament* is the last ligament to be ruptured and is usually not damaged until the first two are torn.

In most cases, athletes fail to properly treat a sprained ankle and, as such, the *Sinus Tarsi Syndrome* is often overlooked and mis-diagnosed.

Clinically, there is pain on the out-

side of the ankle and foot. The pain is usually worse while running, jumping or walking. The pain is aggravated by supinating or adducting the foot excessively. There is a feeling of instability of the rearfoot.

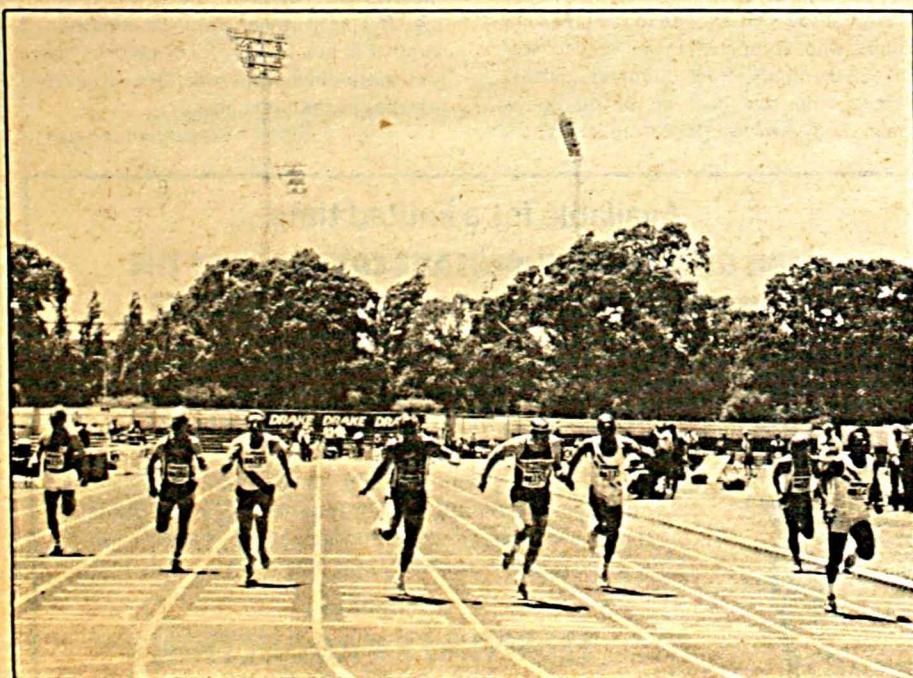
The pain is usually reduced with rest, taping in a pronated position, or the injection of a small amount of an anesthetic solution into the *Sinus Tarsi*. These injections may have to be repeated to obtain relief.

In some cases, a lower leg cast is applied for 3 to 6 weeks to stabilize the rearfoot and allow ligament healing to take place.

If conservative treatment fails, a surgical procedure to excise the tissue in the lateral aspect of the *Sinus Tarsi* offers good results.

So, those of you with chronic ankle sprains, rearfoot instability and rearfoot pain, regard the *Sinus Tarsi* as your tormentor and seek relief. □

(Dr. Pagliano is a runner and a podiatrist in Long Beach, California. He is a member of the American College of Sports Medicine. If you have a foot, ankle or achilles question, write to Dr. John Pagliano, *The Foot Beat*, NMN, Box 2372, Van Nuys, CA 91404.)



Great Britain's Charles Williams (lane 2) surprises America's Thane Baker (lane 4) and Bruce Springbett (lane 5) to win the first of his three gold medals in the M55 100-meter dash in Melbourne.

Photo by Gretchen Snyder

92 World Records Set in Melbourne

Continued from page 11

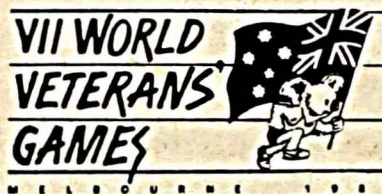
- Finland's Seppo Putkinen won the 400H in an impressive 56.28 into a stiff homestretch head wind.

- Each field event went to a different performer, with America's John Powell, a serious Olympic threat, the most impressive with a discus throw of 195-1.

- Neither Al Oerter or Brian Oldfield showed up. Oerter reportedly was at the L.A. airport without a visa. A later report said he had a heart condition and his career might be finished.

- Kjell-Erik Stahl won the marathon in 2:21:38. "Mr. Marathon" has run 70 marathons in eight years, 57 of them under 2:20. A week after his Melbourne triumph, he would win the 40-and-over division of the Honolulu Marathon. "I can recover in three or four days, and then start training again," said the 41-year-old Swede.

- The home country, Australia, won both the 4 x 100 (43.69) and 4 x 400 (3:28.22) relays.



M45

- Klaus-Jurgen Schneider, from the Federal Republic of Germany (West Germany) won the 100 in 11.12, faster than the 11.40 he ran to win the M40 title in Rome. Oregon's Paul Edens was fourth.

- West Germany's Hanno Rheineck, who won the M40 200 in Rome (22.92), captured both the 200 (23.28) and 400 (a world-record 50.46) to emerge as one of the stars of the division.

- Switzerland's Fiorenzo Marchesi, the M40 110H champ, looked like he might dominate this division for the next three Games with a 15.87 win over California's John Dobroth (16.42).

- West Germany's Guido Mueller easily won the intermediates in 58.28.

- New Zealand's Ron Robertson picked off the steeplechase in 9:25.28, and came back to take the cross-country and lead New Zealand to the team title.

- Belgium's famed Pierre Voets captured the marathon in 2:30:37 in a close battle with Australians Hank Stoffers (2:30:43) and Colin Fallon (2:30:49).

- Dobroth capped a satisfying meet with a silver medal in the high jump (5-7½) behind West Germany's Arno Stegen (5-9). America's Gerald Counihan was third (also 5-7½).

- New York's Wally Sokolowski vaulted to a bronze medal (13-5) below Sweden's Hans Lagerqvist (14-9).

- Defending long and triple jump champion Darrell Horn of California had to settle for a silver (21-1) in the long jump behind Stegen's 21-3.

- West Germany's Klaus Liedtke edged New Hampshire's Carl Wallin in the shot (51-9 to 51-5) and added the discus.

- Rheineck and Mueller led West Germany to the 4 x 400 relay title (3:31.55) as Australia captured the 4 x 100 (45.66).

M50

- The expected confrontation between America's Ken Dennis, Australia's Reg

Austin and Britain's defending 100 and 200 champion, Ron Taylor, lost some of its drama when Taylor twisted his foot on a pebble while working out on the track two days before the Games were to begin. Dennis and Austin didn't disappoint in the 100, however. Dennis opened up a full 5-meter lead and seemed an easy winner until he started to tire. (Dennis has a continual asthma problem, and, before the race, he was lying down, breathing into his special air filter.) Austin closed strongly, and the two hit the line together in 11.24. The photo gave it to Dennis by the narrowest of margins. It was the first defeat in 14 years for Austin in Australia, and he was disappointed.

"I saw the photo, but I didn't have my glasses on, so I had to believe their verdict," he said. Dennis headed for the hospital after the race, where he spent two days recuperating from his asthma attack.

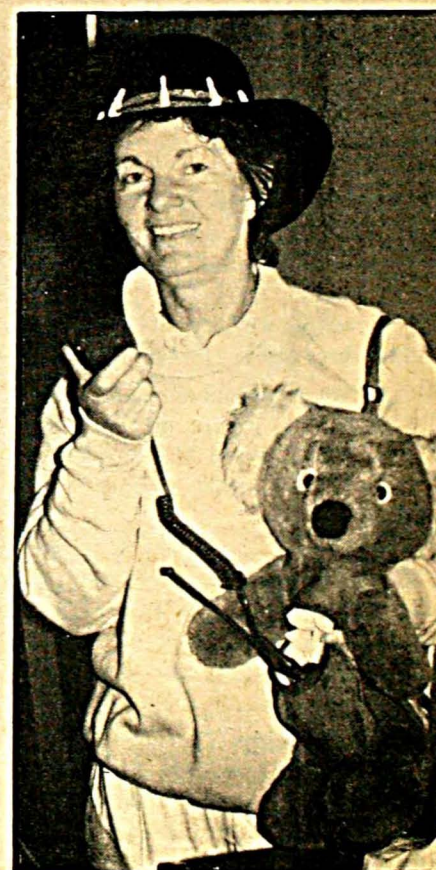
- That left the 200 to Austin, who stormed, literally, to a 23.12, the fastest 200 in any division on "rain day." The wind probably cost Austin a new world M50 record.

"But for the wind, I would have run 22.2 or 22.3," said Austin, a former successful professional runner who trains as hard as any Olympian to maintain his high performance level.

Hobbling on crutches and bitterly disappointed with his injury, Taylor said he'd been pointing all year for his meeting with Dennis and Austin. Asked what he thought about the exciting race and photo-finish, the good-natured cocky Taylor said: "If I'd been in the race, it wouldn't have been exciting; I'd have won it easily."

Austin went on to win the 400 in a world record 51.81. New York's Larry Colbert tried to drag Austin to a 24-second first 200, but the canny Australian wasn't fooled, pa-

Continued on page 13



Peg Smith, director of VII World Veterans Games in Melbourne, keeps things running smoothly with a little help from her friend.

Photo by Gretchen Snyder

92 World Records Set in Melbourne

Continued from page 12

tiently biding his time and picking up a tiring Colbert (52.79) in the drive. (Taylor holds the M50 WR with a hand-timed 51.8, but Austin's mark will take precedence when all records are switched to automatic-times only.)

- Ian Babe of New Zealand edged Ken Baker of New York in the 800, 2:08.40 to 2:08.52, with M50 world record-holder Tom Roberts third.

- Babe repeated in the 1500 (4:09.41), besting Roberts (4:10.47) and Chicago's Ernie Billups (4:16).

- Portugal's Armando Aldegalega lived up his favorite's role by notching both the 5000 (16:00.24) and 10000 (33:20.26), edging Finland's Tauno Valasti (33:22) in the 10K. Valasti won the cross-country, when Aldegalega injured his leg after the first lap.

- Two newly-turned-50 Californians won hurdle gold medals. Al Henry beat Texan Chuck Miller in the highs, 15.94 to 16.13, and Gary Miller battled the wind to a convincing 59.89. Miller also won the pentathlon by 700 points with 4258 WAVA points.

- Pere Kallio of Australia won the marathon in 2:30:52.

- Austria's Horst Mandl won the high jump (6-3/4) and triple jump (43-7) as California's Nick Newton gained a high jump bronze (5-8).

- On his final try, Atlanta's Phil Mulkey

vaulted to an 11-8 silver medal behind France's Maurice Houvion (13-3).

- Austria's Hans Potsch improved his own hammer throw WR with a prodigious heave of 208-6.

- Without Parry O'Brien to bother him, West Germany's Peter Speckens made short work of the shot (53-7) and discus (165-6) competition, although California's Bob Humphreys pressed him in the latter (164-3) to gain a silver medal.

- Both relays were easily won by strong USA teams in 45.47 and 3:37.00.

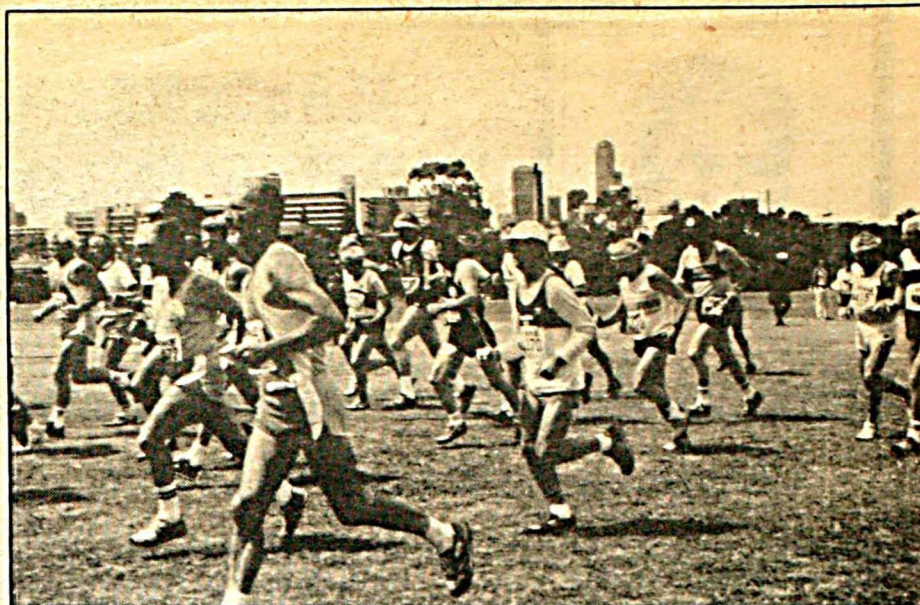
M55

- Texan Thane Baker and Britain's Bill Guy were the pre-race sprint favorites, but, with a great lean, Britain's Charles Williams (11.62) edged Baker (11.65) and California's Bruce Springbett (11.71) in the 100. Baker pulled a hamstring in the frigid 200 semis, and Williams (24.73) beat Springbett (24.95) in the final. Williams added a third gold with a world-record 53.98 in the 400.

- Britain's Tony Churchill got a bronze in the 400, and won the 800 (2:08.7) and 1500 (4:30.74).

- Pennsylvania's Norm Green cruised to a 10,000 win in 33:54, over two minutes ahead of Australia's Bruce Longmore, who claimed the 5000 by four seconds over Britain's Derek Wood.

- Wood and Longmore ran shoulder-to-shoulder in the cross-country until Wood



Start of the M55 cross-country run in Melbourne.

Photo by Gretchen Snyder

pulled away with 400 to go; and the two battled again in the marathon, Wood winning, 2:40 to 2:44.

- Switzerland's Louis Marquis won both walks, and the throwing events were split among four winners.

- Holland's Jan Parlevliet captured both hurdles in 17.03 and 63.31.

- Americans dominated the jumps. Californian Herm Wyatt won the high jump in 5-8; Colorado's Jerry Donley won his fourth straight world pole vault gold medal at 11-6; and California's Dave Jackson garnered both the long (18-9) and

triple (40-6) jumps.

- The USA won the short relay (48.73) and Australia bagged the long (3:55).

M60

- Besides Turnbull's six wins, West Germany's Peter Mirkes turned heads in this division. He won the 100 in 12.00, and blazed to an amazing 24.82 in the 200, a new world record except that the wind reading was 2.1 meters-per-second, only 0.1 over the allowable 2.0.

- Mirkes also led the West Germans to convincing wins in both relays

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OFFICIAL NEW WORLD RECORDS SET AT VII WORLD VETERANS GAMES IN MELBOURNE, AUSTRALIA— NOVEMBER 28-DECEMBER 6, 1987

Event	Age Div.	New Mark	Name	Nation	Old Mark	Held by
100	M95	39.00	Prithvi Singh Azad	IND	54.7	Mr. Tou
100	W65	15.04	Paula Schneiderhan	FRG	16.1	Polly Clarke
200	M95	1:39.59	Prithvi Singh Azad	IND	None	
200	W65	32.15	Aileen Hogan	AUS	33.5	Audrey Reid
400	M50	51.81	Reg Austin	AUS	51.8	Ron Taylor (ht)
400	M45	50.46	Hanno Rheineck	FRG	50.69	Jim Burnett
400	M55	53.98	Charles Williams	GBR	54.4	Peter Higgins
400	M85	1:31.54	Longino Perez	MEX	1:42.2	Josef Galia
400	W65	1:14.31	Paula Schneiderhan	FRG	1:17.5	Audrey Reid
800	M85	3:29.42	Longino Perez	MEX	3:45.5	Josef Galia
1500	M45	4:01.47	David Sirl	NZL	4:01.7	Herbert Cordwiner
1500	M65	4:41.82	Jack Ryan	AUS	4:49.16	John Gilmour
1500	M80	6:04.28	Ed Benham	USA	6:12.2	Harold Chapson
1500	W60	5:44.81	Shirley Brasher	AUS	5:44.9	Lieselotte Schultz
MILE	M45	4:16.75	David Sirl	NZL	4:25.8	Alan Bradford
MILE	M50	4:30.06	Tom Roberts	AUS	4:32.2	Bill Fitzgerald
MILE	M65	5:05.61	Jack Ryan	AUS	5:20.4	John Gilmour
MILE	W50	5:29.39	Jeanne Hoagland	USA	5:40.1	Mila Kania
5000	M65	17:43.35	Jack Ryan	AUS	18:04.6	Erich Kruzycki
5000	M80	22:31.82	Ed Benham	USA	23:06.9	Fritz Helber
5000	W60	21:14.53	Shirley Brasher	AUS	21:27.2	Lieselotte Schultz
10000	M45	30:02.56	Antonio Villanueva	MEX	30:16.8	Alain Mimoun
10000	M80	45:29.27	Ed Benham	USA	49:22.8	Paul Spangler
10000	W60	44:32.50	Shirley Brasher	AUS	44:51.0	Pat Dixon
10000	W65	48:50.40	Lenore Marvin	CAN	49:22.41	Jaclyn Caselli
80H	W40	11.92	Phil Raschker	USA	12.39	Una Lund
80H	W50	12.73	Corrie VanDenBosch	HOL	14.12	Maeve Kyle
300H	M70	53.84	Dan Bulkley	USA	53.90	Gilberto Gonzalez
300H	M75	61.75	Claude Hills	USA	61.78	Claude Hills
400H	W40	63.58	Jan Hynes	NZL	67.23	Phil Raschker
400H	W45	67.33	Annelise Oleson	DEN	70.6	Hella Werner
300H	W50	49.78	Brenda Parkinson	AUS	None	
300H	W55	56.92	Asta Larssen	SWE	62.20	Veronica Welgemoed
3K-SC	M45	9:25.28	Ron Robertson	NZL	9:29.4	Nils Undersaker
2K-SC	M75	10:32.17	Stan Nicholls	AUS	10:46.0	Bob Boal
5K-W	M75	28:02.26	Tom Daintry	AUS	28:35.0	Tom Daintry
5K-W	M90	35:18.54	Gus Theobald	AUS	None	
5K-W	W40	24:50.85	Jane Jackson	AUS	25:46.0	Lori Maynard
5K-W	W50	26:35.39	Joan Hooper	AUS	27:34.0	Gloria Brown
5K-W	W55	26:46.92	Jean Albury	AUS	29:09.0	Ruth Eberle
5K-W	W60	30:10.92	Marj Colthup	AUS	32:57.0	Marie Henry
5K-W	W65	29:32.85	Britta Tibbling	SWE	34:34.0	Ernestine Yeomans
5K-W	W75	36:22.59	Ailsa Forbes	NZL	40:49.0	Ruth Rothfarb
5K-W	W80	43:08.68	Marilla Salisbury	USA	None	
20K-W	M55	1:43:17	Louis Marquis	SUI	1:44:44	Louis Marquis
20K-W	M75	1:56:19	James Grimade	GBR	1:59:21	Tom Daintry
20K-W	M90	2:35:47	Gus Theobald	AUS	None	
HJ	M55	1.73	Herm Wyatt	USA	1.69	Boo Morcom
HJ	M80	1.20	Gulab Singh	IND	1.20	Herb Anderson
HJ	W55	1.35	Daphne Pirie	AUS	1.30	Vlasta Chlumska
HJ	W60	1.22	Kirsten Hveem	NOR	1.19	Bettina Woodburn
HJ	W65	1.22	Gwen Davidson	AUS	1.12	Mary Bowermaster
HJ	W70	1.13	Mary Bowermaster	USA	1.06	Mary Bowermaster
LJ	M50	6.54	Pericles Pinto	POR	6.42	Shirley Davisson
LJ	M65	5.29	Tom Patsalis	USA	5.26	Tom Patsalis
LJ	M75	4.45	Heikki Simola	FIN	4.28	Gulab Singh
LJ	M80	3.80	Gulab Singh	IND	3.53	Walt Westbrook
TJ	M65	10.84	Tom Patsalis	USA	10.72	Tom Patsalis
TJ	M75	9.52	Heikki Simola	FIN	8.72	Gulab Singh
TJ	M80	8.29	Gulab Singh	IND	6.91	Herb Anderson
TJ	W35	11.30	Eileen Hindle	AUS	11.15	Phil Raschker
TJ	W40	11.16	Phil Raschker	USA	10.85	Phil Raschker
TJ	W50	9.28	Dorothy Wittam	AUS	8.20	Christel Miller
TJ	W55	8.75	Patricia Carr	AUS	7.75	Magdalena Kuehne
TJ	W60	8.78	Kirsten Hveem	NOR	4.42	Mary Holbert
TJ	W65	7.22	Gwen Davidson	AUS	4.83	Ernestine Yeomans
SP	M75	12.11	Gerhard Schepe	FRG	11.96	Olav Renvall
SP	M80	9.69	Karsten Brodersen	FRG	9.63	Peter Goic
SP	M85	7.17	Herb Anderson	USA	6.86	Frans Tatinen
SP	M90	4.76	Wang Jing-Chan	TAI	4.68	P.S. Azaro
SP	M95	4.25	Prithvi Singh Azad	IND	None	
SP	W50	14.85	Valerie Young	NZL	12.79	Marianne Hamm
DT	M80	34.08	Karsten Brodersen	FRG	32.40	Jakob Schumann
DT	W50	43.54	Valerie Young	NZL	39.72	Ruth Svedberg
DT	W70	22.58	Annen Reile	FRG	20.58	Hanna Gelbrich
HT	M50	63.56	Hans Potsch	AUT	63.40	Hans Potsch
HT	M65	47.00	Wolfram Hausmann	FRG	46.30	Tom McDermott
HT	M70	45.24	Roy Foley	AUS	43.24	Olav Reppen
HT	M80	34.28	Karsten Brodersen	FRG	34.20	Frederich Bender
HT	W35	40.36	Chris Schultz	AUS	39.20	Chris Schultz
HT	W40	31.28	Christine Battersby	AUS	28.84	Pat McNab
HT	W40	31.28	Bev Savage	NZL	"	"
HT	W45	34.10	Irene Mitchell	AUS	31.68	Irene Mitchell
HT	W50	33.02	Annemarie Scholein	FRG	25.66	Mary Warren
HT	W55	20.90	Wini Pepene	NZL	20.37	Bernice Holland
HT	W60	30.46	Lydia Widera	AUS	24.42	Lydia Widera
HT	W65	27.98	Ilse Bellin	FRG	9.14	Liz Partridge
JAV	M60	58.48	Del Pickarts	USA	57.48	Del Pickarts
JAV	M65	47.28	Aloysius Sibidol	MAL	46.92	Vaino Ojaranta
JAV	M70	43.34	Bill Morales	USA	42.68	Gerhard Schepe
JAV	M75	38.52	Gerhard Schepe	FRG	33.94	Vaino Collan
JAV	W60	28.30	Bernice Holland	USA	25.40	Annen Reile



MASTERS TRACK & FIELD REPORT

by JERRY ALAN DONLEY

Chairman, TAC Masters Track & Field Committee

Changes on the World Masters Scene

Five thousand athletes, tough competition, great fellowship, rain, cold, wind and sunshine combined to make the World Veterans Games in Melbourne, Australia, a great happening.

At this international event, the World Association of Veteran Athletes (WAVA) made some momentous decisions that will alter the course of veterans athletics. Officers who had been on the WAVA Council for years were not reelected.

Cesare Beccalli of Italy was elected president and will be a strong leader. His new Council is composed of individuals who are also strong leaders. Unifying the council to make it work like a team, and not as individuals, will be a great challenge to Mr. Beccalli, and, if accomplished, will ensure a great future for veterans athletics.

WAVA delegates passed a motion to deny WAVA membership to any country whose national federation is suspended by the IAAF. It was a difficult decision, since WAVA's constitution requires letting any athlete compete as an individual without regard to place of residence. However, most delegates at the meeting owed allegiance to their national federations, which permitted them to be at these Games as an athlete and delegate.

Therefore, those delegates had a secondary allegiance to support their national federation's constitution. In the end, that allegiance won out and the motion was passed.

On an international level, the WAVA Council now has the opportunity to provide leadership in all the countries of the world, and to become integrated into all the governing bodies affiliated with the IAAF. The WAVA Council has a mandate from its delegates to maintain its integrity, and to report back to the delegates at the 1989 Games in Eugene, Oregon on the progress being made.

Yes, the World Games will be in Eugene in 1989. The consensus of the competitors in Australia showed much interest and excitement about coming to the United States in general and Eugene, specifically. Eugene-Springfield is excited, committed and ready to host this affair. Its executive committee spent the entire period of the Australian Games in creating interest in the 1989 Games, and in learning the details, problems and

mechanics of the competition. The Australian organizing committee was most open and helpful, and Eugene's group has received an education second to none. Eugene's organizing committee worked hard and is committed to the highest quality meet that can be produced.

Because of the time and expense required to travel to foreign countries,

only a fraction of American athletes have ever competed in world competition. In 1989, that will no longer be a valid reason. While the best athletes in the world will be there, these Games are for everyone. Your presence will be important to the success of the meet. It will be a marvelous experience. Start setting aside your resources and time so you can participate. □



Trying to keep warm on a rainy day, Irene Obera bundles up to win her W50 100-meter heat.

Photo by Gretchen Snyder

92 World Records Set in Melbourne

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(49.09/3:59.19). The latter is a new world relay mark, and an amazing average of less than 60 seconds for each of four over-age-60 runners.

- America's Buck Bradberry annexed the 100 hurdles, while Luis Torres of Puerto Rico picked off the steeplechase.

- Turnbull's dominance in the division took most of the drama away from the renewal of the famed 1985 Jim O'Neil-Rune Bergman duels. The Swede took two seconds and a third in the 5000, 10,000 and cross-country, but the San Diegan could only manage a fifth, third and sixth, respectively.

- New Jersey's Bob Mimm won two golds in both walks, while Phil Brusca won the shot (47-1) with Bill Bangert second.

- In one of the best stories of the Games, Franklin (Bud) Held, a 1952 javelin Olympian, came back to masters competition after an 18-year absence, in which time he was a Presbyterian minister and successful businessman. Held ran into world M60 javelin record-holder Del Pickarts, but snared the silver medal (173-3) to Pickarts' new WR (191-10). Held came back to win the pole vault in 10-6. Held was inducted into TAC's Hall of Fame at its annual banquet in Honolulu, December 12.

- Bob Watanabe, the orthopedic surgeon from Los Angeles who has patched up dozens of masters sprinters, needed some patching, himself, when he fell twice during his 300-hurdle heat. The diagnosis was a broken left arm, which left observers calculating how much the doctor would lose in surgical fees. Undismayed, Watanabe returned to the track two days later, arm in a semi-cast, to pursue the safer pastime of plain sprinting. Using only one arm for power, he qualified for the 100 and 200 finals, and managed creditable fifth and seventh place finishes, respectively. His ef-

forts earned him the meet's blood-and-guts award.

- Turnbull, who celebrated his 61st birthday during the Games, runs ewes, fat lambs and cattle on his spread in Invercargill, on the southern-most tip of New Zealand. He has the weather-beaten look of the no-frills farmer that he is.

What's his secret? It's got nothing to do with sophisticated training methods. "I just go for a run after I finish the day's work, if I can and when I can," he said. "I've got no coach, no training schedule, no stopwatch and I know nothing about aerobics or stretching. I just run for fun and I reckon I get as much fun out of it as anyone else. I eat like a horse and sleep like a dog, and that way you never have to go to a doctor. Last time I did, I had a sore back. The doc told me 'you're getting older.' It cost me \$20 to find out that and I haven't been back."

M65

- Ryan was the star of this division, with three WRs. If a vote for "outstanding athlete of the meet" had been taken, Ryan would have had plenty of support.

- America's Lee Hirst won the 400 (64.73) and Florida's Jack Rice finished a creditable second to Ryan in the 800.

- Australia's great John Gilmour, at 68 nearing the end of his age division, finished behind Ryan in the 1500 and 5000 but, in Ryan's absence, won golds in the cross-country and 10,000.

- California's Tom Patsalis nailed down U.S. masters-athlete-of-the-year honors with wins in the 100 hurdles (17.56), long jump (world record 17-4) and triple jump (35-6).

- Southern California went one-two-three in the highs with Bob Hunt and Burl Gist following Patsalis. Hunt got a gold in the 300H, and Gist took the high jump.

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OUTSTANDING ATHLETES IN VII WORLD VETERANS GAMES (as selected by the staff of the National Masters News)

Div.	Name	Nation	Winner of:
M40	John Dixon	NZL	1500, 5000
M45	David Sirl	NZL	800, 1500WR, MILE-WR
	Antonio Villanueva	MEX	5000, 10000-WR
M50	Reg Austin	AUS	200, 400
M55	Charles Williams	GBR	100, 200, 400-WR
M60	Derek Turnbull	NZL	800, 1500, 5000, 10000, XC, MARATHON
M65	Jack Ryan	AUS	800, 1500-WR, MILE-WR, 5000-WR
M70	Dan Bulkley	USA	800, 1500, 300H, SC
M75	Heikki Simola	FIN	100, 200, HJ, LJ-WR, TJ-WR
M80	Ed Benham	USA	800, 1500-WR, 5000-WR, 10000-WR, XC
M85	Herb Anderson	USA	100, 200, TJ, SP, JAV, PEN
M90	Wang Jing-Chan	TAI	100, 200, 400, SP-WR, JAV
M95	Prithvi Singh Azad	IND	100-WR, 200-WR, SP-WR, JAV-WR
W35	Eileen Hindle	AUS	400H, LJ, TJ-WR
	Jacqueline Hansen	USA	1500, 5000
W40	Phil Raschker	USA	100, 200, LJ, TJ-WR
W45	Theresa Baird	AUS	5000, 10000, XC
W50	Irene Obera	USA	100, 200, 400
W55	Jean Albury	AUS	1500, 5000, 10000, XC, 5KW-WR
W60	Shirley Brasher	AUS	800, 1500-WR, 5000-WR, 10000-WR, XC
	Kirsten Hveem	NOR	100, 80H, HJ-WR, TJ-WR, PEN
W65	Paula Schneiderhan	FRG	100-WR, 400-WR, LJ
W70	Mary Bowermaster	USA	100, 200, HJ-WR, LJ
W75	Bertha Hiescher	FRG	200, 5000, XC, HJ, LJ
	Ivy Granstrom	CAN	400, 800, 1500, 10000
W80	Irja Sarnama	FIN	SP, DT, HT, JAV

92 World Records Set in Melbourne

Continued from page 14

• New Hampshire's Boo Morcom won the pole vault and took third in the long jump.

M70

• America's Dan Bulkley virtually came out of nowhere to win four gold medals in the 800, 1500, 300H and steeplechase.

• California's world record-holder Payton Jordan sped to a sensational, albeit wind-aided, 12.72 in the 100 (his WR is 13.00), and battled the elements for a 200 win.

• Ohio's Bill Weinacht got a silver behind Jordan in the 200 and won a gold in the 400 in 66.72.

• Jordan, Weinacht and Bulkley teamed with Bill Fairbank for a world-record

4:38.39 4 x 100 victory; Jordan and Weinacht combined with Herb Miller and Tony Castro for a WR 55.07 4 x 100.

• Herb Miller took the short hurdles, while Bill Morales set a new javelin WR of 142-2.

• Breaking the American domination of this division were double winners Max Gould of Canada in the walks, Norm Gulbransen of Australia in the 5000 and 10,000, Mazumi Morita of Japan in the long and triple jumps, and Rolf Gustavson of Sweden in the shot and discus.

M75

• After Simola's five wins, Waichi Masuda of Japan took the 800 and 1500, edging California's Chick Dahlsten in the latter.

• West Germany's Gerhard Schepe set two WRs in the shot and javelin.

• Switzerland's Lucien Aellen won three titles in the 5000, 10,000 and cross-country, and Finland's Osmo Renvall took the discus and hammer.

M80

• After Benham's five wins, Australia's Harry Gathercole stunned the crowd with an amazing 200 in 32.15, a time many athletes wish they could run during intervals. It turned out to be wind-aided, so it won't go in the record books. Gathercole also easily won the 100 (15.70) and 400 (81.79).

• India's Singh Gulab set three world records in the long and triple jumps, and added a fourth gold medal in the vault.

• West Germany's Karsten Brodersen set WRs in the shot and hammer, and added a discus gold.

M85

• Colorado's Herb Anderson won six gold medals, while Mexico's Longino Perez set WRs in the 400 and 800.

• California's Paul Spangler bagged four golds, while Idaho's Buell Crane notched three.

• The USA put together four 85-and-over runners in both the 4 x 100 and 4 x 400 relays.

• Spangler, who will be 90 in 1989, will compete in his birthplace of Eugene in the next World Games.

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VII WORLD VETERANS GAMES GOLD MEDALISTS—MELBOURNE, AUSTRALIA—NOVEMBER 28-DECEMBER 6, 1987

	M40	M45	M50	M55	M60	M65	M70	M75	M80	M85	M90	M95
100	Bell TJ	Schneider	Dennis	Williams	Mirkes	Roesli	Jordan	Simola	Gathercole	Anderson	Wang	Prithvi
200	Durham	Rheineck	Austin	Williams	Mirkes	Johnston	Jordan	Simola	Gathercole	Anderson	Wang	Prithvi
400	Crombie	Rheineck	Austin	Williams	Selzer	Hirst	Weinacht	Turner	Gathercole	Perez	Wang	
800	Bell Ron	Sirl	Babe	Churchill	Turnbull	Ryan	Bulkley	Masuda	Benham	Perez	---	
1500	Dixon	Sirl	Babe	Churchill	Turnbull	Ryan	Bulkley	Masuda	Benham	Perez	---	
5000	Dixon	Villanueva	Aldegalega	Longmore	Turnbull	Ryan	Gulbransen	Aellen	Benham	Spangler	---	
10000	Sumpter	Villanueva	Aldegalega	Green N	Turnbull	Gilmour	Gulbransen	Aellen	Benham	Spangler	---	
HH	Brinker	Marchesi	Henry	Parlevliet	Bradberry	Patsalis	Miller H	Pajunen	Simpson	---	---	
IH	Putkinen	Mueller	Miller G	Parlevliet	Hoilo	Hunt	Bulkley	Hills	---	---	---	
SC	Kipp	Robertson	Seymon	Thumm	Torres	Kempgen	Bulkley	Nichols	---	---	---	
5K-W	White	Dickinson	Stevens	Marquis	Mimm	Bomba	Gould	Daintry	Tormoen	Spangler	Theobald	
20K-W	Biuggeli	Sawall	Gardiner	Marquis	Mimm	Townsend	Gould	Grimwade	Tormoen	---	Theobald	
X-C	Borowski	Robertson	Valasti	Wood	Turnbull	Gilmour	Burgoyne	Aellen	Benham	Spangler	---	
MARA	Stahl	Voets	Kallio	Wood	Turnbull	Ransby	Gulbransen	Astoreka	Chapman	---	---	
HJ	Spielvogel	Stegen	Mandl	Wyatt	Nevrup	Gist	Hume	Simola	Singh	Crane	---	
PV	Johansen	Lagerqvist	Houyion	Donley	Held	Morcom	Vernon	Pajunen	Singh	Pitcher	---	
LJ	Duggan	Stegen	Pinto	Jackson	Necek	Patsalis	Morita	Simola	Singh	Crane	---	
TJ	Nieminen	Backlund	Mandl	Jackson	Rypdal	Patsalis	Morita	Simola	Singh	Anderson	---	
SP	Buchmuller	Liedtke	Speckens	Wachenfeldt	Brusca	Ludwig	Gustavson	Schepe	Brodersen	Anderson	Wang	Prithvi
DT	Powell	Liedtke	Speckens	Hakkinen	Euholm	Jouppila	Gustavson	Renvall	Brodersen	Crane	Porath	
HT	Lotz	Wehrli	Potsch	Rzehak	Saarikoski	Hausmann	Foley	Renvall	Brodersen	Uttam	---	
JAV	Kiuru	Pierrakos	VonWartburg	Kopitar	Pickarts	Sibidol	Morales	Schepe	Okazaki	Anderson	Wang	Prithvi
PEN	Bruhnke	Keiler	Miller G	Quentin	Hochreiter	Johnston	Koch	Hills	Brodersen	Anderson	---	
4X100	AUS	AUS	USA	USA	FRG	---	USA	---	---	USA	---	
4X400	AUS	FRG	USA	AUS	FRG	---	USA	---	---	USA	---	

	W35	W40	W45	W50	W55	W60	W65	W70	W75	W80
100	Perkins	Raschker	Behrendt	Obera	Peterson	Hveem	Schneiderhan	Bowermaster	Jackson	---
200	Hees	Raschker	Barnabas	Obera	Peterson	Seuberlich	Hogan	Bowermaster	Hielscher	---
400	Marler	Hynes	Pollock	Obera	Pirie	Bannister	Schneiderhan	Eriksson	Granstrom	---
800	Anderson D	Daly	Kenny	Martin	Cooper	Brasher	Marvin	Luther	Granstrom	Salisbury
1500	Hansen	Daly	Kenny	Martin	Albury	Brasher	Tibbling	Luther	Granstrom	Salisbury
5000	Hansen	Taylor	Baird	Hoagland	Albury	Brasher	Marvin	Luther	Hielscher	Salisbury
10000	McNeill	Taylor	Baird	Eizenhammer	Albury	Brasher	Marvin	Luther	Granstrom	Salisbury
HH	Geist	Furgine	Ey	Roovers	Larsson	Hveem	---	Sole	---	---
IH	Hindle	Hynes	Olesen	Parkinson	Larsson	---	---	---	---	---
5K-W	Sedlak	Jackson J	Miller S	Hooper	Albury	Colthup	Tibbling	Kenneth-Low	Forbes	Salisbury
10K-W	Sedlak	Jackson J	Miller S	Hooper	Meyer	Colthup	Tibbling	Kenneth-Low	Jeffreys	Salisbury
X-C	Lynn	Taylor	Baird	Eizenhammer	Albury	Brasher	Dixon	Luther	Hielscher	Salisbury
MARA	Stephens	Roden	Blair	Rose	Young	Sogstad	Wistrom	Kenneth-Low	---	---
HJ	Plischke	Springman	Graff	Lohnert	Pirie	Hveem	Davidson	Bowermaster	Hielscher	---
LJ	Hindle	Raschker	Graff	Roovers	Peterson	Seuberlich	Schneiderhan	Bowermaster	Hielscher	---
TJ	Hindle	Raschker	Lund	Wittam	Carr	Hveem	Davidson	---	---	---
SP	Schultz	Furgine	Lange	Young	Charman	Seuberlich	May	Gelbrich	Thesleff	Sarnama
DT	Schultz	Strelcova	Lund	Young	Charman	Holland	May	Reile	Frith	Sarnama
HT	Schultz	*Battersby	Mitchell	Scholten	Pepene	Widera	Bellin	---	---	Sarnama
JAV	Wachter	Bezjak	Heili	Doherty	Hanssens	Holland	May	Gelbrich	Frith	Sarnama
PEN	Blume	Hynes	Graff	Roovers	Larsson	Hveem	Lister	Sole	---	---
4X100	AUS	AUS	---	AUS	---	---	---	---	---	---
4X400	AUS	AUS	---	USA	---	---	---	---	---	---

*Tied with Savage

VII WORLD VETERANS GAMES

MELBOURNE 1987

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M90

• Taipei's Jing-Chan Wang inspired the opening-day ceremonies crowd with a 200 in 48.70, a 6:30-per-mile pace. He later won the 100 in 20.67, a 5:30 pace, and also won the 400 shot (WR) and javelin. Australia's Bill Empey and Tom Jones joined Wang in the 100, while Otto Porath of West Germany threw the shot and discus.

W35

• California's Jacqueline Hansen won the 1500 (4:42) and 5000 (17:43).

• Australia's Eileen Hindle took the 400H (65.32), long (18-5½) and triple (37-1 WR) jumps.

• Australia's Wilma Perkins, 38, a mother of four who took up running six years ago, won the 100 in 12.59. "I can run faster now than I could as a 15-year-old schoolgirl," she said. "It's silly to get to this age to find out what you can do."

• Colorado's Viisha Sedlak captured both the 5K (24:50) and 10K (52:38) walks. A racewalking consultant to dozens of U.S. corporate fitness programs, Sedlak claims "proper racewalking, not just walking, provides as much aerobic conditioning as running, while being virtually injury-free."

• Australia's Chris Schultz, captured all three throws, setting a WR 132-3 in the hammer.

• Indiana's Debbie Anderson, who finished second to Nancy Shafer (2:26 to 2:18) in the 800 U.S. nationals, blazed to a 65-second first lap and hung on for a gutsy 2:19.70 triumph. Anderson, a 36-year-old blonde who has a 17-year-old son, said she hopes to get her time down to 2:13.

W40

• Raschker won four golds and seven medals, but two of the most dramatic races of the meet were the W40 800 and 1500. In the two-lapper, Australia's Judy Daly followed Britain's Pat Gallagher and countrywoman Anne Holcombe, pulling away in the stretch to win in 2:13.81.

• In the 1500, Daly and Gallagher were joined by defending champion Erna Kozak of Canada. The three ran as a team with Gallagher holding a slight lead until the 100-meter mark when Kozak loomed up on the outside and looked ready to roll by. Gallagher and Daly dug down and found more as the three raced side by side to the wire. The photo showed Daly the winner (4:38.75), Gallagher second (4:38.91) with Kozak third (4:39.24).

• New Zealand's Prue Taylor claimed the 500 (17:47); and 10,000 (36:41) over America's Kathy Brown, while Switzerland's Nanette Furgine took the 80H and shot.

• Australia's Jan Hynes won the pentathlon and defeated both Chris Turner and Raschker in a WR 400H (63.58).

• The Australians won both relays (50.46/3:57.33).

W45

• Theresa Baird of Australia won the 5000, 10,000, and cross-country, while New Zealand's Pam Kenny took the 800 and 1500.

• Belgium's Edith Graff notched the high jump, long jump and pentathlon.

• Australia's Wendy Ey, manager of the 1984 Australian Olympic track and field team in Los Angeles and defending 100 champion, struggled to finish third and was carried away to the medical center with a damaged achilles tendon. The title went to Martha Behrendt in 13.29.

W50

• Obara picked up a fourth gold medal by anchoring a team of Christel Miller, Gretchen Snyder and Jeannie Hoagland to a 4 x 400 relay win in 4:34.84.

• Hoagland of Los Angeles, surprised everyone with a strong second in the 1500 to Finland's Pirkko Martin, then won the 5000 (19:17) and, on closing day, gamely beat Martin to the tape in the special mile run, setting a new world W50 record of 5:29.39 to Martin's 5:29.83.

• Holland's legendary Corrie van den Bosch (nee Roovers) won the pentathlon, long jump and 80H, while West Germany's Margaret Eizenhammer took the 10,000 and cross-country. Van den Bosch covered the 80H in 12.73, clipping 1.29 seconds from Maeve Kyle's record.

W55

• Albury's five wins led this group, but Shirley Peterson, of New Zealand, won two great battles with Australia's Daphne Pirie in the 100 (14.23/14.71) and 200 (29.80/30.27). Peterson gained a third gold in the long jump.

• Pirie claimed the 400 and high jump crowns, and Sweden's Asta Larsson won the pentathlon and both hurdles.

W60

• Norway's Kirsten Hveem was as impressive as Brasher, with five victories in the 100, 80H, pentathlon, high and triple jumps — setting WRs in the jumps.

• West Germany's Lieselotte Seuberlich barely lost to Hveem in the 100 (15.44 to 15.46) but turned the tables in the 200 (31.82 to 32.09) with Joyce Bannister splitting the two in 31.85. Bannister won the 400 in 74.38.

• Ohio's Bernice Holland set a new world record in the javelin and added a gold in the discus and a bronze in the shot.

W65

• West Germany's Paula Schneiderhan and Australia's Aileen Hogan went right at it in the sprints. Schneiderhan set a WR 15.04 in the 100 heats, and edged Hogan in the final, 15.23 to 15.75. Hogan won the



New Zealand's Ian Babe (right) wins a desperate photo finish from New York's Ken Baker in the age 50-54 800-meter run in the World Veterans Games in Melbourne. Babe was clocked in 2:08.40.

Photo by Gretchen Snyder

200, 32.23 to Schneiderhan's 32.35. Schneiderhan won division honors in the 400 as both women broke the old record of 77.5 (74.31 and 76.24). Paula also won the long jump.

• Sweden's Britta Tibbling took the 1500 and both walks, while New Zealand's Heather May annexed the shot, discus and javelin.

• Canada's Lenore Marvin took home 800, 5000 and 10,000 golds, and Oregon's popular Pat Dixon snatched the cross-country.

W70

• Ohio's Mary Bowermaster won four gold medals in the 100, 200, long jump and high jump, upping her WR to 3-8½.

• West Germany's Johanna Luther garnered four wins in the 800, 1500, 5000 and 10,000, while New Zealand's Kay Kenneth-Low took both walks and the marathon.

W75

Canada's blind Ivy Granstrom, always guided with a wrist tether by Paul Hoberigs, won the 400, 800, 1500 and 10,000, narrowly beating America's Margaret Jackson in the 400, 1:52.57 to 1:53.20.

• Granstrom lost the 5000 to West Germany's Bertha Hielscher, 30:25 to 31:18, but beat Hielscher in the 10,000, 64:58 to 66:56.

• Hielscher went on to win the cross-country, long and triple jumps, while Jackson copped the 100 title.

W80

• Finland's Irja Sarnama and San Diego's Marilla Salisbury were the only over-80 women in the meet. With no competition, Sarnama won all four throws, while Salisbury won seven running and walking events.

— Al Sheahen



Notices were posted in several languages on the message board at the World Games.

Photo by Gretchen Snyder

Problems Kept to a Minimum in World Games

by AL SHEAHEN

A few opening-day snafus caused one observer at the World Veterans Games in Melbourne to opine: "It's impossible to do these Games right; it's too big."

It may be, but the Australians came close.

Trying to get more than 400 officials and volunteers to show up in any kind of weather, and to properly do everything they're asked, is no small task.

While the dreadful weather and a few other problems kept the Games from being rated a "10," a conservative scorer would give the event at least a solid "8".

As a service to future organizers, we present our biennial laundry list of the good and the not-so-good, based on the criteria established for the 1989 World Games.

1. Athletic Venues

Outstanding. The two adjacent artificial tracks and field-event area were first-rate and guaranteed camaraderie and a close feeling of togetherness. The scenic marathon and walk courses were well-manned with splits and water. The creative cross-country course included hay bales and obstacles, a 50-meter sand trap and a boggy stretch that had been watered daily even before the rains came.

2. Weather

Awful for four days; fair for two; good for three. See main story.

3. Ease of Access to Melbourne

Good. No one seemed to have any trouble getting in or out of town. The trip was expensive, but tolerable with the masters travel discounts.

4. Proximity of Vacation Areas

Excellent. Australia abounds in tourist attractions and the people were wonderful.

5. Organizing Committee

Outstanding, dedicated and professional. "The meet organizers were some of the best people I've ever dealt with," said U.S. team manager Tom Sturak.

6. Fundraising

Apparently excellent. The Drake Personnel Agency invested several thousand dollars and the Games were dubbed the "Drake International VII World Veterans Games."

7. Officials

Superb. With one or two exceptions, there were no disputes on lap-counting — amazing considering there were over 50,000 individual laps to count. Each lap-counter generally handled no more than two runners. The disastrous foul-ups in Rome were avoided. But one lap-counter was fired for being just too bad at it. Other officials goofed by starting the 8-man 800 finals from scratch, rather than from the intended eight lanes. The mass start caused fly-

ing elbows and at least one runner fell. When Callaghan heard about it, he shook his head in disbelief and corrected the problem for the women's 800s. But officials were generally courteous, flexible and professional.

8. Housing

Good. The ideal is to have housing next to the track, as will be the case in Eugene. In Melbourne, most hotels were a couple of miles from the track. The University housing was three miles away, but the ambiance and food were wonderful. For many athletes, the best part of the Games was the camaraderie experienced at St. Hilda's College. The price was right at \$37 per night with all the food you could eat.

9. Transport

Good. Even on weekends, the wait for a tram from the track to town was no more than 20 minutes. On Sundays, however, the wait was up to an hour for the town-to-university trams. And the trains went on strike for a few days.

10. Computer

Outstanding. Athletes initialed a sign-up sheet no later than an hour before their heat. The computer then seeded heats and lanes according to submitted times. The athletes assembled in the marshal area in the grandstand to learn their heat and lane. After the race, the computer printed results and seeded finalists in lanes according to times.

11. Results

Good. The results were posted on notice boards, but were often ripped down by overeager athletes, so others didn't know if they had qualified for finals or not. Later, results were posted on an enclosed glass wall.

After some first-day foul-ups, daily results were available to the press. NMN received a copy of all the initial results, and the first eight places (plus all American marks) are printed in these pages. The final corrected results booklet, originally scheduled to be mailed to each competitor at no charge, two weeks after the Games, will be delayed until February.

12. Awards

Fair. Many athletes received their awards in the typical victory-stand presentation, but too often the announcement was made while a sprint race was in progress — a terrible policy which detracted both from the presentation and the excitement of the race.

13. Farewell Gala

Many participants enjoyed the closing-day Bush Bash, which consisted of several cafeteria-style lines and long tables to sit at. But others said it was a waste of time and money, with little cohesiveness and not as much ambiance as there was at Olympic Park. It may be impossible to properly feed

5000 people. For future Games, some suggested a less-ambitious informal gathering with a few speeches but no food. Others liked the sit-down banquet put on by the Puerto Ricans in 1983.

14. Communications

Poor. Besides the weather, poor communications were the most serious flaw of the Games. The scoreboard was not used at all, except to repeatedly display the name of the sponsor. The P.A. system didn't work properly, so the only audible announcing came from a field mike. The timer worked most of the time, but not always.

Head announcer and awards-presenter Mike O'Neill tried to do it all, but couldn't. Several hundred paying spectators were in the stands for Sunday's opening ceremonies, but there were virtually no announcements either as to which race was being run, who was in the race, who was winning, etc. As a result, spectators were in total confusion the rest of the day, and never came back. It was a wasted opportunity.

15. Press Coverage

Good. There were daily stories in the days leading up to the Games, but the press seemed as confused as the spectators early in the meet, so the coverage tapered off. But it built up again as the rain diminished, focusing mainly on individual profiles more than on the results of the competition. The TV reporting centered almost entirely on the "oddy" factor — the oldest performers, the one athlete who crawled over the hurdles, the one athlete who was carried from the track on a stretcher, etc.

16. Program

Excellent, although some participants objected to paying A\$5 (US\$3.50) to find out when their event was scheduled.

17. Schedule

Good. One of the main goals of the organizers was to keep the meet on schedule. Callaghan's elaborate preparations in estimating how much time each event would take proved virtually flawless, as the meet rarely got behind schedule. The only downside to this outstanding effort was that some 200s, for example, were on one day, some on another, so it was hard to remember who was competing when, and hard to locate the results of a particular event. Granted, a few events had to be scheduled for promotional purposes, but the feeling of the press, spectators and athletes was that the complex meet would have been easier to comprehend if all divisions of an event were run on the same day.

18. Summary

One of Callaghan's strengths is he is a perfectionist. Never satisfied, he reflected after the Games: "I don't consider the meet a success. Too many things went wrong." Reminded that many people considered it the best World Games ever, he conceded: "I'll consider it a success if we made less than 10% of the mistakes made in Rome."

Since NMN listed 40 specific items that went wrong in Rome, and can only find three or four things to complain about in Melbourne, it seems safe to say that, even by Callaghan's strict standards, the VII World Veterans Games were, indeed, a success. □



Annalise Damm Olesen of Denmark, gliding to a world 400-meter hurdle record for women 45-49 in 67.33 at the World Games in Melbourne, Australia. Photo by Gretchen Snyder



Report from Britain

by ALASTAIR AITKEN

Bob Gevers, the 43-year-old South Londoner, followed-up his victory in the Surrey Veterans Cross-Country race at Wimbledon, October 18 with another clear victory in a veterans, four clubs cross-country race at Coulsdon, November 7, out of a field of 86.

Les Roberts placed third for the winning Blackheath Harriers out of 160 runners in open competition, being easily the first veteran home at Hayes, October 31. Les wanted to compete in the World Veterans Games in Melbourne to defend his 5000 title, and although he was invited to come and receive a free T-shirt, he remarked, "I can't help feeling I ought to defend my title, and I wouldn't mind the T-shirt. But I'm not going to pay £1000 to get it." Les ran 14:32 for 5000 at age 43 in the summer.

Tipton's Dougie Fownes was first veteran and third overall (33:39) in the Dunlop 10K in Birmingham, October 18.

Again, Paula Fudge, W35, ran

wonderfully in the Southern Women's Road Relay at Aldershot, October 17, with the best time of the day (13:39).

In the Surrey Walking Club 4 Mile at South Croydon, October 24, Peter Hannell came second overall (33:41) — 38 seconds behind international, non-vet Mark Easton. On October 25, Zina Marchant of Bath was first veteran and second woman in 80:01 in the Stroud Half-Marathon.

National veteran cross-country champion Alan Roper came a remarkable eighth overall in the Welsh 10K "National" Cross-Country in 31:53, less than a minute behind the winner. In the Eastbourne Parkland Races, November 7, Peter Standen was first veteran (17:05), with Brian Bartholemew, 50, second (18:12). Some of the winners in the Northern Veterans 10K track championships at Oldham, November 8, included Ron McAndrew (M40, 32:37), Keith Summersgil (M45, 32:53), and Maurice Morrell (M50, 35:17). Anne Nalley recorded a U.K. best W45-49 of 40:01. □



Who won? In the closest of finishes, Ken Dennis of Los Angeles (lane 4) and Reg Austin of Sydney (lane 5) each clock 11.24 in the M50 100-meter finals in Melbourne. The camera gave the nod to Dennis by a hair. Close behind are Bruce McPhail (NZL, lane 3, 3rd), Torsti Helminen (FIN, lane 6, 4th), Larry Colbert (USA, lane 7, 5th), Hal Thomas (AUS, lane 2, 6th) and Dave Burton (GBR, lane 1, 7th).

Photo by Gretchen Snyder

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Delegates voting at the WAVA General Assembly in Melbourne.

Photo by Gretchen Snyder

Beccalli Elected President of WAVA

More than 150 delegates and athletes attended the biennial meeting of the World Association of Veteran Athletes (WAVA) at the Melbourne Town Hall on December 2, 1987.

The official minutes will be printed in a future issue, but, to sum up the main points of the meeting:

1) Eugene, Oregon, USA, was the sole and successful bidder for the 1989 World Veterans Games. Tom Jordan, Executive Director of the '89 Games, promised "warm and dry" weather, and total community involvement. Barbara Kousky, Executive Secretary, promised free transportation and said the new Eugene airport would be ready for the Games.

2) The directors of the January 1990 World IGAL Veterans Road Racing Championships in Hamilton, New Zealand, complained the 1989 Eugene Games came too close to their event to make it financially viable. So they asked WAVA to drop the 10,000-meters or marathon from the '89 program. WAVA declined, so later in the week, Hamilton cancelled its 1990 event. WAVA then proposed Eugene hold a 10K road race as well as 10,000-meter run on the track. A final decision will be made soon.

3) North American Chairman David Pain announced that the U.S. National Masters Track & Field Championships would likely be held in San Diego, one week before the Eugene Games, to give foreigners a chance to compete in a major meet and then travel up the scenic west coast to Eugene.

4) Alastair Lynn's Treasurer's report showed WAVA had \$20,678 in the bank with another \$20,000 expected from the Melbourne organizers.

5) President Don Farquharson, stepping down as WAVA's first President after serving five two-year terms, conducted elections for new officers. Each candidate was given two minutes to speak on his or her own behalf. No vote totals were revealed, only winners.

Elected were:

President: Cesare Beccalli, Italy.

Executive Vice-President: Peg Smith, Australia.

Vice-President, Track & Field: Bob Fine, USA.

Vice-President, Long Distance Running: Clem Green, New Zealand.

Secretary: Alastair Lynn, Canada.

Treasurer: Al Sheahen, USA.

6) WAVA amended its Constitution to give each member of the Council (the six above officers, the outgoing President and each regional delegate) equal voting power.

7) After much discussion, WAVA approved, 67-46, a motion to exclude from its membership any country so excluded by the IAAF. (The only country excluded at the moment by the IAAF is South Africa.)

8) Farquharson complained that correspondence to the IAAF had gone unanswered, and that Hans Skaset, head of the IAAF Veterans Committee, had not come to Melbourne. But the general consensus of the gathering seemed to be that WAVA wants to work and cooperate in every way possible with the IAAF. □



Pirkko Martin (left) of Finland and Jeanne Hoagland of Los Angeles battle in the W50 1500. Martin won, 5:06 to 5:09, but Hoagland turned the tables in the mile, setting a women's W50 world-record 5:29.39.

Photo by Gretchen Snyder

WAVA Changes Competition Rules

Several competition rules were changed at the WAVA meetings in Melbourne. The changes will take effect starting with the VIII World Veterans Games in Eugene.

The changes were the result of a year-long effort by WAVA Executive Vice-President Bob Fine and the WAVA Technical Committee. Several papers were developed, presented, discussed and voted upon in two meetings in Melbourne which were open to all.

Fine's report of the Technical Committee, which was approved by the WAVA Executive Committee, is as follows:

Two meetings were held by the Technical Committee. The first meeting was held on Friday. The following attended: Owen Flaherty, Cesare Beccalli, Willi Koster, Colin Shafto, Pat McNab, Jim Blair, Bridget Cushen, Jim Puckett, Showy Brooks, David Burton, Bill Taylor, Walter Fuckert, Phil Raschker, Phil Mulkey, Al Sheahen, Ian Hume, Ray Foley, Hariomataram.

The second meeting was held on Tuesday. The following attended: Arthur May, Jim Blair, Jan Parlevliet, Ian Hume, Colon Shafto, Al Sheahen, Rex Harvey, Gary Miller, Wilhelm Koster, Harold Gahr, Heinrich Clausen, Pete Mundle, Christel Miller, Carina Graham, Bill Taylor, Walter Dahlin, Rolf Merten, Hans Stickler, Hans Axmann.

At the first meeting the following actions were taken:

1) A sub-committee was appointed to be chaired by Rodney Charnock, of Great Britain, to establish decathlon/heptathlon tables. These tables are to be composed in five-year

groupings using age-grading factors to be determined by the sub-committee, so that a potential of 1000 points could be scored in each of the individual events in the decathlon/heptathlon. Consideration is to be given to the nature of these multi-event disciplines in accordance with the IAAF weighings. It is requested that these tables be completed by April 1, 1988. It was the reasoning of the committee that it would be easier to adjust for the various differences in implement weights, hurdle heights and distances by establishing different 1000-points basis by five-year groupings and that by having the same potential, maximum points in each five-year age-division would serve as a basis of comparison between the various age groups.

2) A sub-committee chaired by Al Sheahen of the United States would establish age-grading tables on a yearly basis for all of the running, race walking, and field events for men and women, utilizing the method devised by Charles Phillips.

The sub-committee chairmen can select the members of their respective committees, but it was recommended that Walter Fuckert and Mr. Koch be members of the decathlon/heptathlon sub-committee and that Charles Phillips and Pete Mundle be members of the age-grading sub-committee.

At the second committee meeting the following actions were taken:

1. The 300-meter hurdles include those athletes over seventy years of age;

2. The 2000-meter steeplechase include all men over seventy years of age;

3. The men's 50-59 high hurdles be reduced from 110 to 100 meters and the hurdles be placed 8.5 meters apart instead of the current 9.14m (this was passed unanimously);

4. The men's 50-59 400-meter hurdles be reduced to 300 meters;

5. The new IAAF javelin be used in the 40-to-59-year's men's age divisions;

6. In all of the javelin throws, no mark be required to tabulate a performance;

7. In the women's 50-59 high hurdles, the space between the hurdles be reduced from 8 to 7 meters, so that the distances will be 12 meters to the first hurdle, 7 meters between the hurdles (8 hurdles in all) and 19 meters from the last hurdle to the finish;

8. A women's heptathlon be held consisting of the shot put, high hurdles, long jump, high jump, 200, javelin, and 800, to be run in the same order as held by the IAAF.

The following proposals were discussed and rejected:

1. To decrease the distance to be run in the 70+ hurdles from 300 meters to 200 meters;

2. To decrease the distance for the



W35 1500-meter finals: Robyn Busteed (AUS), Gaye Lynn (AUS) and Jacqueline Hansen (USA) lead Sandra Middleton (AUS) and Maria Nunner (3647, FRG). Hansen won in 4:42.

Photo by Gretchen Snyder

40-49 men's high hurdles from 9.14 meters to 8.9 meters;

3. To reduce the hurdle heights from 33 inches to 30 inches in the men's 60-69 high hurdles;

4. To change the weights used by the men 50-59 in the shot put and the hammer to imperial weights rather than metric weights;

5. To schedule a 4x800 relay.

It was noted that the women wish to avail themselves of their right to have the same events as the men at the next World Games, specifically, to have a

women's pole vault, steeplechase and hammer throw.

Lastly, it was recommended that both the men's and women's pentathlon be dropped from the World Games and that they be substituted with the men's decathlon and women's heptathlon. In the event that this is not feasible for the meet sponsors, then it is urged that both pentathlons remain in the program and that the decathlon/heptathlon be held as separate events, either immediately before or after the World Games. □



The coveted prize: a gold medal from the VII World Veterans Games in Melbourne.

Photo by Gretchen Snyder

WAVA/TAC HURDLE AND IMPLEMENT SPECIFICATIONS HEIGHT AND DISTANCE BETWEEN HURDLES

AGE	RACE DIST.	HURDLE HEIGHT	TO 1ST HURDLE	BETWEEN HURDLES	TO FINISH
W35-39	100m	.840m	13.00m	8.5m	10.50m
W40-49	80m	.762m	12.00m	8.0m	12.00m
W50-59	80m	.762m	12.00m	7.0m	19.00m
W60-69	"	"	"	"	"
W70+	"	"	"	"	"
W35-39	400m	.762m	45.00m	35.00m	40.00m
W40-49	400m	.762m	50.00m	35.00m	40.00m
W50-59	300m	.762m	"	"	"
W60-69	"	"	"	"	"
W70+	"	"	"	"	"

AGE	RACE DIST.	HURDLE HEIGHT	TO 1ST HURDLE	BETWEEN HURDLES	TO FINISH
M40-49	110m	.991m	13.72m	9.14m	14.02m
M50-59	100m	.914m	13.00m	8.50m	10.50m
M60-69	100m	.840m	13.00m	8.50m	10.50m
M70+	80m	.762m	12.00m	8.00m	12.00m
M40-49	400m	.914m	45.00m	35.00m	40.00m
M50-59	300m	.840m	50.00m	35.00m	40.00m
M60-69	300m	.762m	50.00m	35.00m	40.00m
M70+	300m	.762m	50.00m	35.00m	40.00m

Steeplechase for men 40-59 shall be 3000 metres.
Steeplechase for men 60+ shall be 2000 metres.

WEIGHT OF THROWING EQUIPMENT

AGE	SHOT PUT	DISCUS	HAMMER	JAVELIN
W35-49	4.00K	1.00K	4.00K	600GMS
W50+	3.00K	1.00K	3.00K	400GMS
M40-49	7.26K	2.00K	7.26K	800GMS*
M50-59	6.00K	1.50K	6.00K	800GMS*
M60-69	5.00K	1.00K	5.00K	600GMS
M70+	4.00K	1.00K	4.00K	600GMS

* NEW IAAF SPEC.

BUDLIGHT

BUDLI



1988 NATIONAL MASTERS IN

Saturday, March 19 and

LSU FIELD HOUSE • LOUISIANA STATE

SATURDAY TRACK EVENTS

TIME	EVENT	DIVISION	ROUND
12:00 PM	60 Yard Dash	30-80+	Semifinal
1:00 PM	Mile Run	30-80+	Final
2:30 PM	60 Yard Dash	30-80+	Final
3:00 PM	600 Yard Run	30-80+	Final
4:00 PM	300 Yard Run	30-80+	Final
5:00 PM	4 x 880 Yard Relay	30-80+	Final
5:45 PM	Two Mile Walk	30-80+	Final

SATURDAY FIELD EVENTS

TIME	HIGH JUMP	LONG JUMP	POLE VAULT	SHOT PUT
9:00 AM	30-34M 30-49W	35-39M 60-80+W	45-49M 60-80+M	50-59M 50-80+W
10:00 AM		50-59W		35-39M 30-49W
11:00 AM	35-39M 50-80+W	45-49M 40-49W	40-44M 50-59M	30-34M
12:00 PM		30-39W		40-44M
1:00 PM	40-44M	30-34M	35-39M	
1:30 PM		55-59M		
3:00 PM	45-49M	40-44M 60-80+M	30-34M	
4:30 PM	50-54M			
5:00 PM				45-49M 60-80+M

* * * * *

CAJUN FOOD FEST

Saturday, March 19, 7:00 PM
Across street from Hilton Hotel

Masters competitors and their guest are invited to
"COME PASS A GOOD TIME"
Cajun Band * Cochon-de-lait * Festive Drink
\$7.00 per person -- See entry blank

* * * * *

MEET SITE LSU Field House is a 3,018-seat facility with wall-to-wall tartan floors; the 220-yard track has 42-inch-wide lanes with seven (7) lanes around the turn and ten (10) lanes down the straightaway. All runways and take-off areas are tartan. Throw circles are plywood. Quarter inch (1/4") spikes or smaller. LSU Field House is located just off Nicholson Drive on the LSU Campus.

ELIGIBILITY Competition is open to all men and women (no qualifying standards) age thirty (30) and over. All competitors must be registered with The Athletics Congress (TAC) for 1988.

DIVISIONS Individual Events (same for Men & Women): 30-34 35-39 40-44 45-49 50-54 55-59 60-64 70-74 75-79 80+.
Relays: Men-30-39 40-49 50-59 60+. Women-30-39 40+. NOTE: All relay team members must be members of the same club.

ENTRIES All entries must be postmarked by March 8, 1988. There will be no refunds or changing of events after your entry is received. NOTE: Late entries will be taken until 10:00 PM on Friday, March 18 at double the regular entry on a space available basis.

ENTRY LIMITATIONS Athletes must limit events entered to fit time schedule. Event progress will not be held up awaiting athletes.

ENTRY FEE	Before Entry Deadline	After Entry Deadline
First Event	\$7.00	\$14.00
Next Events	\$5.00 per event	\$10.00 per event
Relay Events	\$16.00 per team	\$32.00 per team

REGISTRATION & PACKET PICK-UP Friday, March 18--Orleans Room (Second Floor), Hilton Hotel, 5500 Hilton Avenue, 1:00 PM to 11:00 PM. Saturday, March 19 and Sunday March 20--Northeast Portal, LSU Field House, 8:00 AM to 4:00 PM.

RULES AND STANDARDS As set forth by WAVA and adopted by TAC Masters.

IMPLEMENT WEIGH-IN Shot puts and weights will be inspected in room 103 (Northwest Portal) of the LSU Field House beginning at 7:30 AM Saturday.

ATHLETE CHECK-IN Running event athletes must check in one event prior to their own event at the check-in area (Clerk of Course) located in the Southwest corner of the LSU Field House. Field event athletes must check in fifteen (15) minutes prior to the start of their event with the head judge of that event at the event site.

TRIALS Will be run in age groups in the 60 yard dash and 60 yard hurdles starting with oldest women to youngest men that have more than ten (10) entries. Age groups having less than ten (10) entries reporting will be run at scheduled final times.

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INDOOR CHAMPIONSHIPS

and Sunday, March 20

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FINALS Will be run in sections against time starting with oldest women to youngest men. NOTE: Age groups may be combined into one race.

AWARDS National Championship medals to top three (3) in each division in each event including all relay team members.

RECORDS Anyone wishing to check their performance against an existing record or needing proper verification and signatures for submittal of performance for record purposes should proceed to records table located at the Southeast corner of the LSU Field House.

RESULTS Will be posted after the conclusion (as soon as they can be processed) of each event at the Southeast corner of the LSU Field House.

DRESSING FACILITIES Locker room and shower facilities are available in the LSU Field House for both men and women. You must furnish your own towel.

FURTHER INFORMATION Until Friday, March 12 contact LSU Track and Field Office at 504-388-8627. Beginning Tuesday, March 15 contact Masters Track and Field Championships at Hilton Hotel, 504-924-5000.

SUNDAY TRACK EVENTS

TIME	EVENT	DIVISION	ROUND
12:00 PM	Two Mile Run	30-80+	Final
2:00 PM	60 Yard Hurdles	30-80+	Semifinal
3:00 PM	60 Yard Hurdles	30-80+	Final
3:30 PM	1000 Yard Run	30-80+	Final
4:00 PM	4 x 440 Yard Relay	30-80+	Final

SUNDAY FIELD EVENTS

TIME	HIGH JUMP	TRIPLE JUMP	WEIGHT THROW
9:00 AM	50-59M	40-49M 30-49W	30-39M 40-49M
10:30 AM		50-80+W	50-59M 60-80+M
12:00 PM	60-80+M	30-39M	
2:00 PM		50-59M 60-80+M	
2:30 PM			30-80+W

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ENTRY FORM

NAME _____ BIRTHDATE _____ AGE ON 3-19 _____ M F _____
 ADDRESS _____ CITY _____ STATE _____ ZIP _____
 PHONE _____ 1988 TAC# _____ YOUR CLUB _____
 EVENTS ENTERED _____
 BEST MARK 86-80 _____
 OTHER RELAY TEAM MEMBERS _____
 (Send one entry only per team)
 INDIVIDUAL FEES \$ _____ RELAY FEES \$ _____ CAJUN FEST \$ _____ TOTAL AMOUNT ENCLOSED \$ _____

MAKE CHECKS PAYABLE TO: NATIONAL MASTERS INDOOR CHAMPIONSHIPS MAIL TO: NATIONAL MASTERS INDOOR CHAMPIONSHIPS
 TRACK OFFICE, LSU, BATON ROUGE, LA 70893

ATHLETE'S RELEASE: In consideration of your acceptance of my entry, I do hereby for myself, my heirs, and executors, waive, release and forever discharge any and all claims for damages which I may have, or which may hereafter accrue against The Masters Athletic Committee, The LSU Track and Field Officials Association, all other meet sponsors and sports facilities or their officers or agents, for any damages which may be suffered by me. I certify that my level of training is such that I am prepared to compete and recognize the right of any duly authorized member of the medical staff to require my withdrawal from competition, and will do so if directed.

DATE _____ ATHLETE'S SIGNATURE _____

9TH ANNUAL CONVENTION OF THE ATHLETICS CONGRESS (TAC) HONOLULU — DECEMBER 4, 1987

MINUTES OF TAC MASTERS TRACK & FIELD COMMITTEE MEETINGS

by AL SHEAHEN, Secretary
Presiding: Chairman Jerry Donley

Minutes

The minutes of the 1986 meeting were approved.

Awards

Awards Coordinator Beverly La Veck announced that Tom Patsalis, 65, of Los Angeles and Phil Raschker, 40, of Atlanta, were named masters track & field athletes-of-the-year by the Awards sub-committee. Max Green and Ruth Eberle were chosen best race walkers. Frank and Dorothy Anderson were named administrators of-the-year. Gary Miller, 50, was selected as best multi-event performer. John Powell's 236-6 discus throw at age 40 was voted outstanding-single-performance-of-the-year by an athlete age-40-or-over. Best male and female performers were chosen in each of five-year age-group. (See separate story and lists.)

Awards for 85+ Runners

Paul Spangler proposed mandatory awards in any masters track meet for each five-year age-group through age 99. TAC already mandates three awards in national and regional meets through 90+, but the proposal was rejected for local meets because it was felt the decision should be left to the local meet director.

Multi-events

Gary Miller, substituting for Multi-events Chairman Rex Harvey, said the Decathlon/Heptathlon would be substituted for the Pentathlon in future World Veterans (WAVA) Games. The 1988 U.S. Decathlon will be held either in Bakersfield or Porterville, Calif. (Editor's note: later changed to Fresno or Los Angeles on July 9-10). Both the 1988 indoor and outdoor pentathlons will be staged by Scott Thornsley in Pennsylvania.

Miller suggested the outdoor pentathlon be combined with the national championship meet starting in 1989. Decathlon/heptathlon tables are being prepared for masters competition by a WAVA subcommittee.

Women's Report

Women's Coordinator, Christel Miller, reported that all events (including pole vault, hammer, steeplechase, etc.) will be open to women in future WAVA championships.

Indoor Meets

Indoor Coordinator Ron Salvio confirmed the 1988 meet is set for Baton Rouge, La. on March 19-20.

Yards will be used in the 1988 meet, but, pending action by the Men's Open T&F Committee, meters may be used in subsequent years. A rotation will be used for national meets, with Columbus, Ohio (1989), Princeton, Harvard, Madison, Wisc., and possibly Syracuse the other rotating sites.

WAVA Report

Bob Fine, WAVA T&F Vice-President, reported the WAVA General Assembly, on December 2, voted to exclude from membership any nation excluded by the IAAF. Fine, David Pain (North American Chairman) and Al Sheahen (Treasurer) are the Americans on the WAVA Council.

The IAAF threw out its old Veterans Committee, and formed a new one composed of five WAVA representatives (Bob Boal, Clem Green, Cesare Beccalli, Bridget Cushen and Hans Axmann) and six IAAF reps. The future goals and plans of the Committee are unknown, as the IAAF has not communicated with WAVA in months.

Fine asked for suggestions on how the world veterans program can be improved, and said if anyone wants to be on the WAVA T&F or LDR Committees, he or she should contact Pain before May 1, 1988.

Law and Legislation

L&L Chairman Fine discussed proposed TAC legislation which applies to masters T&F: 1) A TAC committee may elect its chairman for one, two or four years; 2) Who will pay for drug testing is a problem and nothing will be done till next year; 3) The traditional regional line-up is being changed by TAC to 15 regions and four zones.

After discussion, Fine moved that the Committee retain its present seven-region set up, but call them "sections" rather than "regions" to avoid conflict with TAC's language. Passed, 6-2.

Technical Rules

In Melbourne on December 5, the WAVA Executive Committee approved several important competition rule changes (see separate story). Pursuant to TAC's policy to follow WAVA rules, all U.S. national and regional (and, hopefully, local) meets will adopt the new WAVA rules.

Budget

The 1987 budget was reviewed and the 1988 budget was approved (see separate charts).



1988 Outdoor Nationals

Meet director Nick Gailey confirmed the dates in Orlando, Florida as August 4-7. Discount rates will be provided by two headquarters hotels. From 9am to 9pm, free shuttle service will be provided from the airport to the two hotels, and from the two hotels to the track.

Countdown clocks will be used in field events. Entry fees will be \$9 (first event) and \$6 (each additional event with no entry limitation.) Entries close July 22. A late entry fee of \$25 will be

accepted on a "space available" basis.

A brunch and meeting will be held Saturday, August 6 at 11 a.m. Packet-pick-up will be at the Hilton on Wed. and Thur. and at the track on Fri.-Sun. Results will be available at the beginning of each of nine separate sessions. Rain is a certainty, but the flexible four-day schedule allows for rain delays.

Site-Selection

San Diego was the sole bidder for the 1989 outdoor nationals, to be held a week before the World Veterans Games in Eugene (July 29-August 6) on July 20-23, at the new track at the U. of Calif. at San Diego. Dave Pain will be chairman; Lolitia Bache the vice-chairman; the San Diego Track Club will sponsor. Bache guaranteed no rain. Free shuttle service will be provided from the airport to the dorms to the tracks. Balboa Stadium will be used as a second track, if necessary. Danny Thiel, representing Baton Rouge, was the sole bidder and was selected to host the 1990 outdoor nationals at a date to be announced. Dick Green, representing Rockford, Illinois will probably bid for the 1991 meet at the 1988 convention; so may Hawaii.

Site-selection coordinator Max Goldsmith said any association wishing to bid for a national meet should contact him. (Address on page 2.)

1989 Indoor Nationals

John White, representing Columbus, Ohio, was awarded the 1989 indoor nationals, to be held on the 200-meter flat track at Ohio State University, April 1-2. It will be jointly sponsored by the Over the Hill and Wolfpack track clubs.

1989 World Games

Competition director Jim Puckett said he expects between 7000 and 8000 participants for the '89 World Games in Eugene. "We want to make this the best World Games ever," he said.

Rules

Rules Chairman Graeme Shirley must receive proposed rule changes by September 15, 1988, to forward to TAC's Rules Committee by the September 30 deadline. Please contact Shirley with any rules-change suggestions.

Sports Medicine

John Robertson reviewed medical concerns for our meets, and asked for input (send to Donley).

Team Manager

For the first time, the Committee had selected a team manager to handle

Continued on page 23



Bevy of lap counters at the World Veterans Games, Melbourne.

Photo by Gretchen Snyder

Continued from page 22

competition details for U.S. athletes in Melbourne. Donley appointed Tom Sturak (the 1987 team manager), Bruce Springbett and Ron Salvio to determine how and when to select a manager and what his/her duties should be. Max Goldsmith and Payton Jordan were appointed to a World Games Relay Subcommittee to propose what the relay-selection standards should be.

National Masters News

To broaden communication, national coordinators and regional chairmen will submit periodic articles to NMN.

Records

Records Chairman Pete Mundle was asked to report next year on the feasibility of converting all records to automatic (Mundle still accepts hand-time marks), and to follow TAC rules, which state only a U.S. citizen can hold a U.S. record.

Medals

In each national meet, the first three

TAC MASTERS TRACK & FIELD COMMITTEE

1987 Officers

Chairman	Jerry Donley
Coordinators:	
Outdoor	Bruce Springbett
Indoor	Ron Salvio
Women's	Christel Miller
Multi-events	Rex Harvey
Weight events	Chuck Klehm
Race walking	Bev La Veck
Indoor records	Haig Bohigian
Outdoor records	Pete Mundle
Awards	Bev La Veck
Site-selection	Max Goldsmith
Sec./Treas.	Al Sheahen

Regional Representatives:

East	Haig Bohigian
Southeast	Stewart Daniel
Midwest	Dick Green
Mid-America	Jim Weed
Southwest	Dan Thiel
West	Gary Miller
Northwest	Jim Puckett

1987 Committee Appointments

Athletes Advisory	Tom Sturak
Board of Directors	Jerry Donley
	Ron Salvio
Assoc. Officers	Bruce Springbett
Budget & Audit	Al Sheahen
Law/Legislation	Bob Fine
Marketing/Media	Joe Murphy
Membership	None
Officials	Sandy Pashkin
Records	Pete Mundle
Rules	Graeme Shirley
Medical Services	Joan Stratton
Sports Sciences	Joan Stratton
At-Large	Pete Mundle
	Rex Harvey
	Richard Green
	Tom Sturak
	Joan Stratton

MASTERS TRACK & FIELD ADMINISTRATOR OF THE YEAR

1978	Pete Mundle
1979	Al Sheahen
	Kathy Brieger
1980	Bob Fine
	Ruth Anderson
1981	Bruce Springbett
	Fred Mannis
1982	George Hatzfeld
	Jack Kelly
1983	Jim Weed
1984	Jerry Donley
1985	Gary Miller
1986	Pete Mundle
1987	Frank & Dorothy Anderson

American finishers get gold, silver and bronze medals. A placing foreigner gets a comparable medal. What to do in 1989 when a influx of foreigners competes in the nationals in San Diego? All eight finalists could be foreigners. Rules Chairman Shirley will offer suggestions to be discussed by the athletes at the 1988 meeting at the nationals in Orlando on August 6.

Elections

Chairman Donley was unanimously re-elected to a new two-year term through 1989, at which time he will

OUTSTANDING MASTERS RACE WALKERS

Presented to the outstanding male and female walkers in the Masters Classifications. Selected by the TAC Masters Track and Field Committee

Men	Women
1978 John Allen	
1979 Ron Laird	Lori Maynard
1980 None	
1981 Gordon Wallace	Lori Maynard
1982 Bob Mimm	Bonnie Dillon
1983 John Knifton	Beverly La Veck
1984 Larry Walker	Jeanne Bocci
1985 Bob Mimm	Ruth Leff
1986 Guilio de Petra	Beverly La Veck
1987 Max Green	Ruth Eberle

TAC MASTERS TRACK & FIELD COMMITTEE BUDGET

	1987 Expenses	1988 Budget
Chairman	\$ 3000	\$ 3800
Outdoor Coordinator	3671	3600
Indoor Coordinator	600	2000
Multi-events Coordinator	1350	1800
Secretary/Treasurer	600	700
Regional Chairmen	1900	2800
National Masters News	2750	3000
Outdoor Records Chairman	2000	3400
Indoor Records Chairman	400	300
Team Manager	400	400
Miscellaneous	379	100
WAVA Dues	300	150
Uniforms	150	0
Women's Coordinator		300
Racewalking Coordinator		150
Total	\$17,500	\$22,500

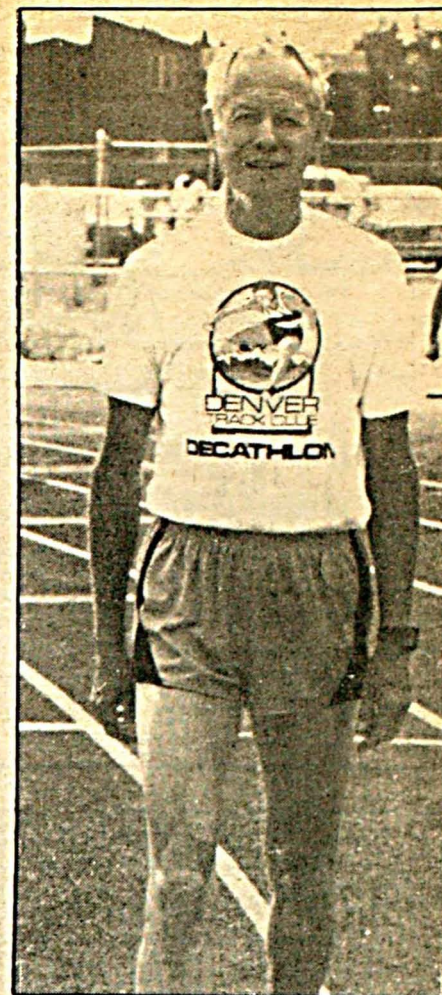
resign. He proposed choosing his successor in 1988, to "learn the ropes" for a year.

General Discussion

1) The Senior Olympics is providing 55+ competition in outlying areas where TAC doesn't reach. Regional chairman should aggressively look for meet directors to stage local events.

2) Should competitors be banned because they can't do an event properly? In Melbourne, some hurdlers stepped over, rather than jumped, the barriers. Others walked instead of running. Others did not pole vault properly. Should qualifying standards be set in world and national competition? Should language be written to prohibit certain performances. Consensus: standards not desirable, and language very difficult to put on paper. □

In attendance (at various times during the one-day meeting on Friday, December 4): Jerry Donley, Bob Fine, George Savanick, Ron Salvio, Jim Puckett, Al Tarpenning, Bev LaVeck, Graeme Shirley, Gary Miller, Christel Miller, Sandy Pashkin, John White, Stan Thompson, Harold Chapson, Joan Stratton, Olivia Morton, Jim Hampton, Bruce Springbett, Jim Barrett, Dean Cummings, Kirk Randall, Bud Held, Lolitia Bache, William Kessling, Dan Thiel, Al Sheahen, Max Goldsmith, Gail Wet-zork, Dick Green, Pete Mundle, Tom Sturak, Nick Gailey.



Well on his way to recovery after his heart-bypass is Jack Greenwood, shown here helping out at the Rocky Mountain Games Sept. 7 in Boulder, Colo. Photo from Tim Murphy

Patsalis, Raschker Named Top T&F Athletes

Continued from page 1

when she came to the U.S. and has been a star as a submaster since 1980.

The Andersons not only directed a successful national outdoor championship with a record 976 participants, they had to move the event at the last minute from Eugene to neighboring Springfield when Hayward Field became unavailable.

Green set six American M55 racewalk records in U.S. Championships this year in the 2 mile, 5K, 10K, 15K, 20K and 25K.

Eberle set four U.S. racewalk marks in the 5K, 10K, 15K and 20K.

Miller won the M50 pentathlon and 400-hurdles at the Melbourne World Games, and, as a 49-year-old earlier in the year, won the U.S. M45 decathlon and pentathlon titles.

Powell won the best-single-mark award for a fantastic 236-6 discus throw to win a silver medal against the world's best open competition at the IAAF Championships. Powell is one of the favorites for a medal in the 1988 Seoul Olympic Games.

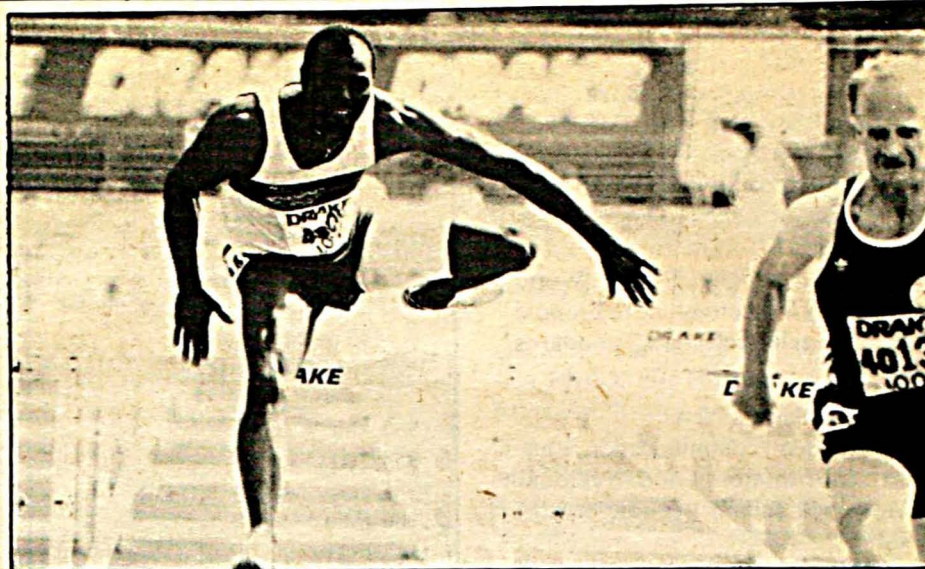
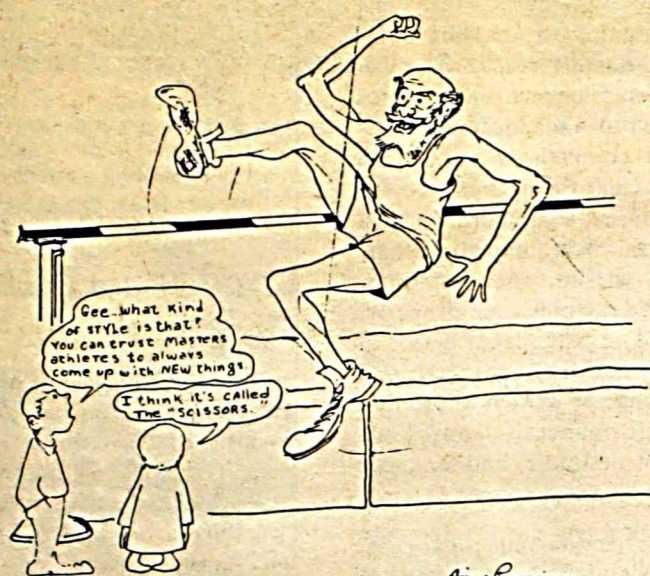
The eight award winners were announced at TAC's Awards Luncheon in Honolulu. The trophies will be presented at TAC's 21st annual National Masters T&F Championships in Orlando, Florida on August 6.

The award recipients were selected by an Awards Sub-committee headed by Bev La Veck and composed of Pete Mundle, Rex Harvey, Christel Miller and Gary Miller.

"We used a system based heavily on marks compiled by Mundle," LaVeck said. "Nominations and suggestions were solicited and/or volunteered from many people." She said nominations and procedural suggestions for 1988's awards are welcome and should be sent to her (address on page 2).

The Committee also selected outstanding athletes in each five-year age group for both men and women in both track and field categories. (See separate chart.) □

MASTERS LOWLIGHTS



Olympic gold medalist Willie Davenport, nursing a sore hamstring, clears the hurdle, but fails to qualify for the M40 110H finals in Melbourne.

Photo by Gretchen Snyder

OUTSTANDING MASTERS TRACK AND FIELD ATHLETES

Selected by the TAC Masters Track & Field Committee

GWILYM BROWN AWARD

Presented to the outstanding male and female track & field athletes in the Masters program.

Year	Men	Women
1978	George Ker	
1979	Ernie Billups	Irene Obera
1980	Al Oerter	Joann Grissom
1981	Jim Burnett	Judy Fox
1982	Al Oerter	Phil Raschker
1983	Jack Greenwood	Polly Clarke
1984	Ed Burke/ Parry O'Brien	Irene Obera
1985	Jim Burnett	Polly Clarke
1986	Jack Greenwood	Christel Miller
1987	Tom Patsalis	Phil Raschker

OUTSTANDING SINGLE PERFORMANCE DURING THE YEAR

1985	Brian Oldfield, 40	Shot put, 70'3"
1986	Jack Greenwood, 60	100m hurdles, 14.98
1987	John Powell, 40	Discus, 236'6"

OUTSTANDING MULTI-EVENTS ATHLETE

1985	Boo Morcom	1986	Gary Miller
1987	Gary Miller		

1987 AGE-GROUP AWARDS

TRACK			FIELD		
M40	Stan Whitley	CA	John Powell	CA	
M45	Roy Turner	TX	Carl Wallin	NH	
M50	Ken Dennis	CA	Bob Humphreys	CA	
M55	Norm Green	PA	Dave Jackson	CA	
			Herm Wyatt	OR	
M60	Dean Smith	IL	Del Pickarts	CA	
M65	John Alexander	TX	Tom Patsalis	CA	
M70	Payton Jordan	CA	Bill Morales	CA	
M75	Claude Hills	PA	Carol Johnston	CA	
M80	Richard Bredenbeck	OH	Burt DeGroot	CA	
M85	Herb Anderson	CO	Buell Crane	ID	
			Arling Pitcher	IN	
W35	Nancy Shafer	OH	Joan Stratton	NY	
W40	Phil Raschker	GA	Phil Raschker	GA	
W45	Jane Arnold	CT	Karen Huff	IL	
W50	Irene Obera	CA	Christel Miller	CA	
W55	Jane Clarkson	MO	Magdalena Kuehne	CA	
W60	Josephine Sullivan	SC	Bernice Holland	OH	
W65	Margaret Lambert	CO	Helen Stephens	MO	
W70	Pearl Mehl	CO	Mary Bowermaster	OH	
W75	Bess James	CA	Edith Mendyka	CA	
W80	Mavis Lindgren	CA			



Finalists in the W35 100, from left: Eileen Hindle (AUS), Margaret Taylor (AUS), Penny Hunt (NZL), Wilma Perkins (AUS, 1st in 12.59), Christine Pfeiffer (SUI), and Ellen Hees (FRG).

Photo by Gretchen Snyder

TAC Picks LDR Award Winners

Continued from page 1

Sal Vasquez, the national M45 15K champion, won the M45 award, while Norm Green, who turned 55 in midyear, won both the M50 and M55 awards.

Other repeaters from 1986 included: Jack Start, M65; Clive Davies, M70;

Ed Benham, M75 and M80; Paul Spangler, M85; Herb Kirk, M90; Algene Williams, W70; and Ruth Rothfarb, W85.

New winners included Orlo Kenniston, M60; Joan Ullyot, W45; Gina Faust, W50; Marion Irvine, W55; Helen Dick, W60; Pat Dixon, W65; Bess James, W75; and Mary Ames, W80.

Charles DesJardins of Fairfax, Va., received the Otto Essig Award for meritorious service to masters long distance running.

Kirk Randall and Ruth Anderson headed the Awards subcommittee. □

Editor's Note:

The minutes of the TAC Masters Long Distance Running Committee Meeting were not available at NMN press time. We hope to have them next month.

OUTSTANDING LONG DISTANCE RUNNERS — 1987

Selected by the Masters Long Distance Running Committee of TAC

Age	Men	Women
40-44	Larry Olsen	Barbara Filutze
45-49	Sal Vasquez	Joan Ullyot
50-54	Norm Green	Gina Faust
55-59	Norm Green	Marion Irvine
60-64	Orlo Kenniston	Helen Dick
65-69	Jack Start	Pat Dixon
70-74	Clive Davis	Algene Williams
75-79	Ed Benham	Bess James
80-84	Ed Benham	Mary Ames
85-89	Paul Spangler	Ruth Rothfarb
90+	Herb Kirk	None

Glover and Grout Lead Masters at Stockade-Athon

by PAUL MURRAY

David Tresohlavy of Hilton, N.Y., used the 1987 Schenectady Gazette Stockade-athon to gain a measure of revenge over long-time rival Pat Glover of Clifton Park, N.Y., by winning the masters contest in this 15K event in 50:28. The pair first met as collegiate cross-country opponents more than 20

years ago when Tresohlavy ran for Brockport State and Glover represented Hartwick College. They renewed acquaintances this summer when Glover nipped Tresohlavy at the finish of the Empire State Games M40 10K.

On November 8, it was Tresohlavy's turn to prevail as he passed Glover going downhill after the three-mile mark and gradually widened his advantage

as they ran through Schenectady's historic Stockade district, which gives the race its name.

"When we started up the State Street hill (5.5 miles) he began to pull away and by the time we reached the top he had too much of a lead to make up," said Glover. Tresohlavy finished in 15th place overall. Glover settled for second place (51:05), more than a minute off his third-place clocking of last year. Charlie Parmalee of Morris, N.Y., was the third master (52:32).

Jayne Grout of Niverville, N.Y., inflicted a rare defeat on Anny Stockman of East Greenbush, N.Y., in the women's masters contest, avenging a narrow loss in last year's race by posting a 14-second victory (1:03:37 to 1:03:51). Stockman easily won her W55 age group.

The Athletic Attic squad of Glover, Ed Neiles, Doug Grisct, and Paul Murray was the first place men's masters team, and the She Masters entry of Grout, Swazey and Sherry Dixon won the women's masters team competition.

The twelfth edition of Schenectady's largest road race attracted 837 finishers in near-perfect weather conditions. Rich Brown and Bert Soltysiak directed the event for the Hudson Mohawk Road Runners Club.



Ruth Anderson, second in the W55 division (3:31:25) and Ed Benham, new record-holder in the M80 marathon with a time of 3:43:27 in the Twin Cities Marathon, Oct. 11.

Nicholson, Hutchison Top Tulsa 15K Masters

by JERRY WOJCIK

Carl Nicholson, 40, of Huntsville, Ala., and Jane Hutchison, 41, of Webb City, Mo., each left Tulsa with \$375 top masters money after the 10th Tulsa Run 15K held in Tulsa, Okla., on October 31.

Nicholson's 49:53 left second place and \$275 to Don Bischoff, 40, Mays, Kansas, who finished in 50:04. Bill Sevald, 41, San Francisco, took third (50:30, \$200). Bob Abbott, 47, Plano, Texas, finished fourth (50:55, \$100), and Gary Madison, 41, Tulsa, was fifth (52:07, \$50).

Hutchison, with a 56:58, had an easier win over the W40-and-over contingent, the closest competition coming from 45-year-old Maureen Bixby of Norman, Okla., who ran 59:45. In September in Tulsa, Bixby ran an age-

division, 12K-record 46:45.

The remaining top women masters, who collected cash prizes equal to the men's, were Ann Smith (42, 1:00:49), Little Rock, Ark.; Vicki Portch (42, 1:05:02), Plano, Texas; and Patsy Lambert (40, 1:05:34), Norman, Okla.

This was the first year for prize money (\$20,000), and open winners Gidamis Shahanga (30, 44:33) and Nancy Tinari (28, 49:59) made off with the \$5000 first prizes.

Entrants for the 15K numbered 6761, while 4443 opted for the 3K fun run, for a total of 11,208, a 17% increase over 1986.

The guest speaker at the pre-race banquet was Dr. George Sheehan, who later finished sixth in the M65 race, won by Lewis Winters, 66, of Ada, Okla., in 1:07:44. □

Londonderry Airs 5K Cross-Country

First M40-and-over runner in the Londonderry 5K Masters Cross-Country Run in New Hampshire was Peter Dane, 40, with a fourth-overall 17:24 of the 65 men finishers.

Although billed as a masters event, age groups started at 30 in the November 8 event. Mike Gaige, 35, was overall winner in 16:08, with Walt Rider, 35, second (16:22).

Moe Villeneuve, 55, won the M50-59 race easily in 19:30. Ken Folsom took the M60+ race (22:29).

Mary Bart, 45, was the first of 17 women finishers by 1½ minutes with a 20:57 over 35-year-old Jeanne Bailey. Ann Knight, 51, won the W50-59 division (26:12). Julia Christo won the W60+ segment (35:02).

Larry Martin was the meet director. □

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ABOUT THE AUTHOR:

Scott Sanders has been actively involved in Track & Field for the past 12 years, both as a successful collegiate and international sprinter, and as a Division I coach at the Univ. of Colorado. He has had great success adapting his programs to aid in the development of masters sprinters, including Hugo Hartenstein, multi-time national and international sprint champion of 100 and 200 meters, and most recently, John S. Poppell, the 55-59 National 100-200 champion in 1986 and 1987. Scott hopes that this video will provide the serious master's sprinter with the information needed to turn his desires into success. Good luck!

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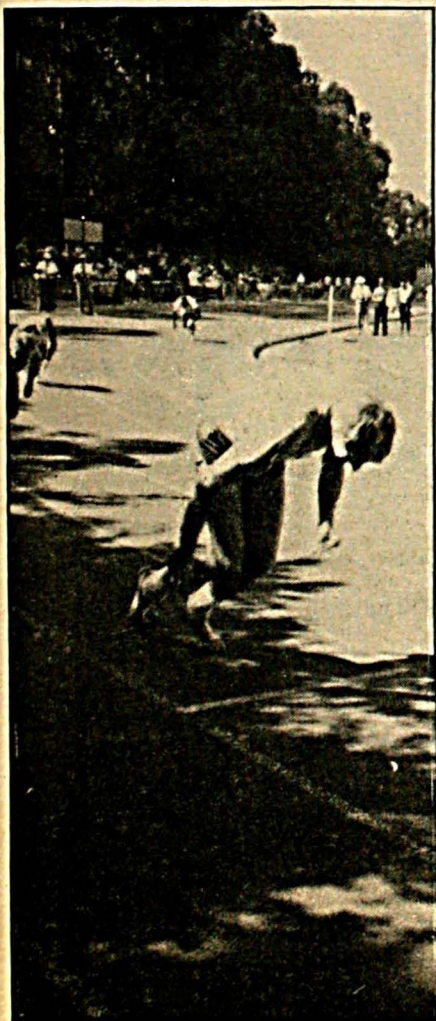
NATIONAL

• The first issue of a monthly newsletter dealing with marathons will debut this month. Published by Bob Wood, the newsletter, titled **26.2**, will offer: race reviews and previews, a race calendar, deep race results (top 200 men and 100 women from the San Diego Holiday Bowl Marathon in January issue), and other features. It is available for \$60 from **26.2**, Box 785, Sandy, UT 84091. 801/562-0051.

• The film/video **Winners All Our Lives** has been awarded the Golden Eagle by the Council of International Non-theatrical Events in Washington, DC. Winners of the award will represent the U.S. in international film festivals and are eligible for nomination for Academy Awards. Filmed in Puerto Rico at the World Veterans Games, it is narrated by Dr. Denis Waitley, Chairman of the Psychology Committee for the '84 Olympics, who leads the viewer through the film about attitudes that enhance emotional and physical well-being for those over 40. **Dick Stolpe**, president of Soliloquy Corp., producer of the film, also announced that the film was presented the Red Ribbon Award at the 29th Annual American Film Festival in New York last June. For information on obtaining the film, contact Soliloquy Corp., 1722 Eighteenth St., Los Alamos, NM 87544. 505/662-9413; 714/499-1065.

EAST

• Masters winners in the Chubb Life 10 Miler in Concord, NH, September 20 were **Ken Houle** and **Margot Remington-Oman**. Houle, 40, finished eleventh of 244 with a time of 54:44, and Remington-Oman, 40, set a new masters female course record while finishing fourth



Out-of-work Cleveland auto plant employee looking for change on the pavement during the Great Depression of the 1930s.

Photo by Fritz Lang



Jerry Stanners, M50, Bakersfield, Calif., on his way to a 10-6 pole vault, Club West Meet, UC Santa Barbara, Calif., October 3.

Photo by Jerry Wojcik

female overall with a time of 1:18:01.

• At least one excellent performance was turned-in at the Viet Vet 5K road race held in Norwalk, CT, November 15. **John Dugdale**, 53, would've broken the American M50 5K road record if not for the fact that the course was not TAC certified or sanctioned. Dugdale ran an excellent 16:32, ten seconds below the American record held by Bill Crum. He also finished fifth overall in the 300 runner race.

• **Fred J. Hackett** won the 70+ division of his own race on November 1 in the Fred J. Hackett Autumn Run, West Concord, NH. Hackett ran 49:37. Overall masters winners were **Doug MacGregor**, 48, 33:54 and **Karol Dermon**, 45, 45:01.

SOUTHEAST

• **John Blount**, Orlando, FL, with a 60:09, and **Judy Greer**, Orlando, with a W40+ course record 66:40 were masters victors in the Thanksgiving 10 Mile/Florida Masters Championships in DeLand, November 26. **Myron Myer**, Indianapolis, won the M60 race (67:48), and **Janet Van Kleeck**, W50, Boca Raton, FL, was third W40+ (75:28).

• Masters winners in the Richmond News-papers series of races held October 18 in Virginia were: 5 mile — **Dennis La Mountain** (27:29) **Joanna Patton** (38:18); half marathon — **Ben Dyer** (1:17:14) and **Diane Mann** (1:44:25); marathon — **Larry Talley** (2:39:59) and **Sharon Giese** (3:29:22). The temperature reached an unfortunate peak of 73° during the noon-start marathon.

MIDWEST

• **Richard Bredenbeck**, 82, collapsed and died of an apparent heart attack while competing in a 5K race in Bedford, OH, on November 1. Bredenbeck started jogging in 1965, when he couldn't do a half-mile, and in 1981, he won five events and set two single-age world records of the 11 he held from ages 68-81. He still holds the world record for the M75-79 3000 (13:06.4). Born in Germany, Bredenbeck immigrated to Cleveland in 1926, learned tool and die making during the day while learning English at night school, received a bachelor's degree in mechanical engineering in the mid-1930s, and established his own tool and die company, which he sold to Teledyne, Inc., in 1969. He served as a councilman and president of the Brooklyn, OH, Board of Education and was an active Kiwanian. He is survived by his

wife of 58 years, Martha; two sons, Rudolph and William; and five grandchildren.

• **Bill Olrich**, 52, Lexington, KY, set a new M50 5K record in the TAC-certified All For One Classic, Cincinnati, October 17, with a 15:42. **Frank Cornett**, 40, London, KY, ran an excellent 15:23 to claim the M40+ race.

• **Bob Kuebler**, 41, of Lakewood, OH, because of a mix-up in results, was not credited in the December NMN with a fifth-place M40+ finish for which he received \$100 in the Ultimate Runner, Jackson, MI, October 3. His times and points for each of the five events: 10K-35:27 (353.5); 400-67.0 (243.9); 100-15.5 (206.2); mile 5:18.2 (318.3); marathon-3:17:17 (248.8). Kuebler, who has run 57 marathons, says the U.R. was his most difficult event ever.

• **Dan Skererek**, M40, covered the 8K course of the Ohio TAC X-C Championships, Lancaster, November 14, in 26:27 to lead the masters, while **Kate Fenning**, W40, did 25:40 in the women's 5K to wrap up the W40+ title. **Bob Schul**, M50, second master in 28:08, led the Bob Schul Racing Team quintet to the M40+ team title.

SOUTH WEST

• New masters runner **Frank Shorter**, Boulder, CO, who was 39 at the time, posted an Oklahoma submasters record, 12-overall 31:34 (1164 finishers) in the Myriad Garden 10K, Oklahoma City, October 3. **Jeff Galloway**, 40, of Atlanta, followed with an M40 state record (32:38), and **Robert Abbott**, 47, Plano, TX, chalked up another (32:50) in his division. Not to be outdone, three women runners recorded state bests in the same three divisions: **Debbie Heaton**, 38, Midwest City, OK, with a 37:46; **Jane Hutchison**, 41, Webb City, MO, with a fourth-woman 36:13; and **Maureen Bixby**, Norman, OK, in a fast 37:57.

• **Jay Minor** (46, 28:01), Owasso, OK, and **Ann Crawley** (41, 33:44), Tulsa, received portions of the \$2900 total prize money for their 40+ win in the Challenger 8K, Tulsa, October 3.

• Masters winners in the Symphony Classic 10K, Houston, TX, on Halloween were **Bob Chanon** (42, 34:33) and **Marilyn Griffin**, (44, 41:24). Each won \$300 for their efforts.

WEST

• **Larry Walker**, 44, of the California Walkers, strode into the starting line-up of the Olympic Trials for the 20K walk, to be held in Indianapolis, July 16, with an age-group record 1:31:31 in an Olympic Trials Qualifier conducted by the Southern California Association TAC Racewalking Committee in Long Beach, CA, November 29. Qualifying time was 1:32:00. Already an Olympian, Walker will be making his umpteenth shot at representing the U.S. team in Seoul.

• There will be no masters t&f in the inaugural



Margaret Miller, W60 (r), and Toshiko d'Elia, W55, both winners in their divisions at the Twin Cities Marathon held in Minneapolis October 11. Photo from Ruth Anderson

ON TAP FOR JANUARY

TRACK & FIELD

Masters go indoors early, with the TAC National Pentathlon Championships/Bud Light Meet at Dickinson College in Pennsylvania and the Lake Erie Championships in Cleveland scheduled for the 3rd. The TAC Mid-America Regional is set for the 9th in Lincoln, Nebraska. Easterners can compete in Providence, Rhode Island, in the Brown Masters Meet on the 17th. The Illinois Masters Grand Prix Series kicks off on the same day in Sterling, with the second of the series scheduled for the 31st at the same locale. Slippery Rock University hosts the West Penn TC Championships on the 24th. In addition, limited but interesting masters events are on the schedules of several open indoor meets in the U.S. and Canada.

LONG DISTANCE RUNNING

The Charlotte Observer Marathon & 10Ks, with \$10,000 for M40+ men and women, and featuring an avowed meeting between new masters **Frank Shorter** and **Bill Rodgers**, should command everybody's interest on the 2nd, while the eyes of Texas will be on the Houston-Tenneco Marathon on the 17th. On the 23rd, West Coast runners can opt for the Paramount 10K Special World Masters race, offering cash awards in all divisions, or the McClassic 10K in San Diego, which also has masters prize money. The Super Bowl Sunday 10K in Long Beach, California, should attract its usual large field of serious runners and colorful zanies, all out for a good "time."

California State Games, scheduled for July 14-17 in San Diego, according to Sandy Mabry of the Games' office. Evidently, no one was willing to take on the task.

• Top Masters in the Long Beach Shoreline Half-Marathon in Long Beach, CA, November 15, were **Harolene Walters** (1:25:07), in training for the Olympic Marathon Trials, and **Pablo Drobny** (1:45:30). Overall winners were **Aracely Salas** (1:15:58) and **Alfredo Rosas**, (1:07:02).

• Mammoth Athletics Camp will once again be held this summer at Mammoth Mountain, CA. Last year's camp was a big success, with coaches the likes of **Tracy Smith**, **Jacqueline Hansen**, **Doris Brown Heritage** and **Dr. Ken Foreman**. This year will there will be two sessions: June 19-June 26; June 27-July 2. There will also be a "no-frills" distance camp, hosted by Smith and Hansen, held toward the end of July. For information write to: MAC, Inc., 7411 Earldom Ave., Playa del Rey, CA 90293.

INTERNATIONAL

• Sweden's **Evy Palm**, 45, finished ninth female overall in the IAAF World Women's 15K (open) Championships held in Monaco, November 21. Palm ran 49:48 to overall winner **Ingrid Kristiansen's** world best of 47:17. □

schedule

Track and field events feature competition for men and women over 30 unless otherwise noted. Long distance events generally are open to all age groups with the exception of national masters championships, which may be limited to men and women over age 40. Entry blanks for national and regional championships will generally be printed in the newspaper 30-60 days prior to the event. Please send any additions or corrections to NMN, P.O. Box 2372, Van Nuys, CA 91404.



TRACK & FIELD NATIONAL

January 3. U.S. TAC National Masters Indoor Pentathlon Championships. Dickinson College, Carlisle, Pa. Scott Thornsley, 18 Colgate Dr., Camp Hill, PA 17011-7624. 717/737-2385 to 11 p.m.

March 19-20. TAC National Masters Indoor Championships, L.S.U., Baton Rouge, La. Track Office, LSU, Baton Rouge, LA 70893.

July 9-10. U.S. TAC National Masters Decathlon/Heptathlon Championships, Fresno or Los Angeles.

July 15-23. U.S. Olympic Trials, Indianapolis. U.S. T&F Trials/88, P.O. Box 6060, Indianapolis, IN 46206. 317/636-1988.

August 4-7. 21st U.S. TAC National Masters Championships, Orlando, Florida. Nick Gailey, 341 N. Maitland Ave., Maitland, FL 32751. 305/628-8850.

EAST

January 3. Bud Light/Pennsylvania Masters Indoor Meet, Dickinson College, Carlisle, Pa. Scott Thornsley, 18 Colgate Dr., Camp Hill, PA 17011-7624. 717/737-2385 to 11 p.m.

January 3. Lake Erie Indoor Championships, Cleveland. Charlie Hall, 18616 Restor Ave., Cleveland, OH 44122. 216/561-5092.

January 17. Brown Indoor Masters Invitational Meet, Brown U., Providence, R.I. SASE to Neil Steinberg, 46 Roberta Ave., Pawtucket, RI 02860.

January 17 & 31. Philadelphia Masters Development Meets, 17th-Haverford College, 9:30 a.m.; 31st-St. Joseph's U., 9:00 a.m. Peter Taylor, 215/842-3807.

January 24. West Penn Track Club Open and Masters Championships, 11 a.m. Slippery Rock University. Barry Klein, 1245 Alamae Lakes Road, Washington, PA 15301. 412/228-1872 before 10 p.m. e.s.t.

February 7 & 28. Philadelphia Masters Development Meets, 7th-St. Joseph's U., 9:00 a.m.; 28th-Haverford College; 9:30 a.m. Peter Taylor, 215/842-3807.

February 28. New Jersey TAC Masters & Submasters Indoor Championships, Fairleigh Dickinson U., Hackensack. Separate medals for non-residents. Edward Koch, P.O. Box 742, Madison, NJ 07940.

March 5. Philadelphia Masters Indoor Championships, Havenford, Penn. Peter Taylor, 3120 Schoolhouse Lane (J-A9), Philadelphia, PA 19144. 215/842-3807.

March 27. TAC Eastern Regional Masters Indoor Championships, Manley Field House, Syracuse, N.Y. Evelyn White, 18 Foxcroft Dr., Fayetteville, NY 13066. 315/637-6211.

SOUTHEAST

April 15-17. Palm Beach Championships (Florida Masters Championships), Palm Beach County. Includes team championship. Frank Valdes, 6301 Dockside Circle, Greenacres, FL 33463. 305/968-7171.

April 29-30, May 1. 18th Annual Southeastern Masters Invitational, North Carolina State U., Raleigh. Plus long distance races. Stu Northrup, c/c Raleigh Parks & Rec., P.O. Box 590, Raleigh, NC 27602.

MIDWEST

January 17 & 31. Illinois Masters Grand Prix Series, Westwood Sports Center, Sterling, Ill. Dick Green, P.O. Box 6147, Rockford, IL 61125. 815/397-5685.

February 6. 4th Annual Athlete's Foot Open & Masters Indoor Meet, Augustana College, Rock Island, Ill. Masters Meet, 1029 16th Ave., E. Moline, IL 61244. 309/755-2655.

February 28. Illinois Masters Grand Prix Series, Westwood Sports Center, Sterling, Ill. Dick Green, P.O. Box 6147, Rockford, IL 61125. 815/397-5685.

March 13. TAC Midwest Regional Masters Indoor Championships, Westwood Sports Center, Sterling, Ill. Dick Green, P.O. Box 6147, Rockford, IL 61125. 815/397-5685.

May 15. Wolfpack Spring Throwing Meet, Washington H.S., Columbus, Ohio. Jim Pearce, 2244 Neil Ave., Columbus, OH 43201. 614/294-4606.

May 29. Wolfpack Pentathlon, Upper Arlington H.S., Columbus, Ohio. See May 15.

July 2. Early Morning "R" Track Masters '88, Hamline U., St. Paul, Minn. Pre-registration. Rachel Lyga, 122-63 1/2 Way NE Fridley, MN 55432.

MID-AMERICA

January 9. TAC Mid-America Regional Meet, sponsored by Norden Labs & Lincoln TC, Nebraska Wesleyan U., Lincoln, Nebr. Bob Gies, 2910 Dudley Apt. 5, Lincoln, NE 68503. 402/477-5409.

May 30-June 2. St. Louis Senior Olympics, St. Louis Country Day H.S., St. Louis, Mo. Suzy Seldin, No. 2 Millstone Campus, St. Louis, MO 63146. 314/432-5700, X188.

SOUTHWEST

April 22. Dallas Parks Senior Games, P.C. Cobb Complex, Dallas, Texas. N & W 50+. Ed Toliver, Bachman Recreation Center, 2750 Bachman Dr., Dallas, TX 75220. 214/670-6258.

May 1. Runners' Pentathlon, Milne Stadium, Albuquerque, N.M. Tom Bell, 2403 San Mateo N.E., Suite P-17, Albuquerque, NM 87110. 505/884-5701(d); 821-2454(e).

WEST

January 2. New Year's All-Comers, Long Beach St. U., Long Beach, Calif. Ralph Lindeman, Track Coach, Cal-State Long Beach, 1250 Bellflower Blvd., Long Beach, CA 90840. 213/498-4666.

February 13. Cal-State Bakersfield/Bakersfield Californian Invitational, Bakersfield, Calif. Charles Craig, Cal State Bakersfield Track Office, 9001 Stockdale Hwy, Bakersfield, CA 93311. 805/833-2347; 833-2189.

February 13. Pre-Season All-Comers, Long Beach St. U., Long Beach, Calif. Ralph Lindeman, Track Coach, Cal-State Long Beach, 1250 Bellflower Blvd., Long Beach, CA 90840. 213/498-4666.

March 9-13. Southern California Regional Senior Olympics, Palm Springs. M & W 55+. Legal SASE to Senior Olympics, 401 So. Pavilion Dr., Palm Springs, CA 92262. Ben Green, 619/323-8274.

INTERNATIONAL

April 1-2. 5th Pan-American Championships for Veteran Athletes, Santiago, Chile. South American Association of Veteran Athletes, P.O. Box 685, Santiago, Chile.

April 1-4. Australian Veterans Athletic Championships, Brisbane. Pauline Burns, 141 Sirius St., Coorparoo, Queensland 415. 07/397-1356.

September 17 - October 2, 1988. XXIV Olympic Games, Seoul, Korea. T&F News, Box 296, Los Altos, CA 94023. 415/948-8188.

LONG DISTANCE RUNNING NATIONAL

March 13. U.S. TAC National Masters 15K Championships, Tucson, Ariz. Bruce Stevenson, 2628 N. Tyndall, Tucson, AZ 85719. 602/882-4382.

March 27. U.S. TAC National Masters 5K Championships, DeLand, Fla. John Boyle, P.O. Box 1824, DeLand, FL 32721. 904/736-0002.

April 10. U.S. TAC National Masters 50 Mile Championships, Columbus, Ohio. John White, 4865 Arthur Place, Columbus, OH 43220. 614/459-2547.

EAST

March 13. St. Patty's 10 Miler, Allentown, Pa. St. Patty's Run, P.O. Box 252, Leesport, PA 19533.

April 18 (Monday). 92nd Annual B.A.A. Boston Marathon, Hopkinton to Boston. Qualifying times. Deadline March 21. SASE to BAA Boston Marathon, 17 Main St., Hopkinton, MA 01748. 617/435-6905.

April 24. New Jersey Waterfront Marathon, Jersey City. 1988 Men's Olympic Marathon Trials. Harborside Financial Center, Plaza Two, 10th Fl., Jersey City, NJ 07302. 201/432-5530.

SOUTHEAST

January 2. Charlotte Observer Marathon & 10Ks (Open, women, masters men), Charlotte, N.C. Masters prizes: Men's 10K, \$2000-1000-500-400-250; Women's 10K and marathon men & women, \$1000-500-250-125-75. Charlotte Observer Marathon, Dept. RG, Box 30294, Charlotte, NC 28230. 704/379-6896.

January 17. DeLeon Springs Half-Marathon/5K, DeLeon Springs, Fla. John Boyle, P.O. Box 1824, DeLand, FL 32721. 904/736-0002.

February 13. Gasparilla Distance Classic 15K, Tampa, Fla. Masters m & w, 1st-3rd: \$1000-500-250. Gasparilla 15K, P.O. Box 1881, Tampa, FL 33601. 813/229-7866.

SOUTH WEST

January 17. Houston-Tenneco Marathon, Houston, Texas. U.S. Corporate Athletics Association team championships (for entry,



Georgia's Ann Carter heaves the discus 55-4 in W45 competition at the Nationals, Aug. 14-16.

Photo by Gretchen Snyder

contact Mike Tallman, 7311 Redding Rd., Houston, TX 77036. 713/960-2642). Houston-Tenneco Marathon, P.O. Box 56682, Houston, TX 77027.

WEST

January 1, 3, 9, 10, 16, 17, 24, 31. Legg Lake Runs, S. El Monte, Calif. 9:30 a.m. A. Martinez, 9502 Reichling Lane, Pick Rivera, CA 90660. 213/949-0394.

January 17. 27th Annual WCLA 10 Mile Handicap & 3 Mile Walk, Rose Bowl, Pasadena, Calif. Walkers Club of Los Angeles, 11431 Sunshine Terrace, Studio City, CA 91604. 818/985-9854.

January 23. 9th Annual Paramount 10K, Paramount, Calif. SASE to Paramount 10K, 15734 Paramount Blvd., Paramount, CA 90723. 714/841-5417; 213/634-3027.

January 23. Paramount 10K Special World Masters Division. Run as part of Paramount 10K. Entrants must meet age-group qualifying standards. Cash awards 1st through 5th, all divisions, m & w. Contact: see above.

January 23. 4th Annual McClassic 10K, San Diego. \$500 1st m & w masters, plus other masters money. Una Marie Pierce, 619/563-5677; Anne Steinberger, 234-5101.

January 31. 10th Annual Super Bowl Sunday 10K, Long Beach, Calif. SBS 10K, P.O. Box 3884, Long Beach, CA 90803. Dennis McCarbery, 213/548-4288.

February 20. Great American Adventure 2.8 & 4.8 Mile X-C Runs, Huntington Beach, Calif. SASE to Finish Line International, 7846 Connie Dr., Huntington Beach, CA 92648. 714/841-5417; 213/634-3027.

February 27. Bess James 10K/5K, Hemet, Calif. Entry fee tax deductible. Mt. San Jacinto College, 1499 N. State St., San Jacinto, CA 92383. Bob Stangel, 714/654-8011, X253.

March 6. Los Angeles Marathon, Los Angeles. L.A. Marathon, P.O. Box 67750, Los Angeles, CA 90067. 213/879-1988.

April 2-3. Tropicana/KLAS-TV Las Vegas 10K/Half-Marathon, Las Vegas, Nev. Thomas Sports Enterprises, S. Tioga Way, Las Vegas, NV 89117. 702/368-2885.

RECIPIENTS OF CERTIFICATES AS ALL-AMERICANS FOR ACHIEVING U.S. STANDARDS OF EXCELLENCE

ALL-AMERICAN ACHIEVERS FOR DECEMBER, 1987

ALL-AMERICAN ACHIEVERS

MEN 35-39

ROGER KAMLA
ROGER KAMLA

EVENT

MARK

Shot Put 51'8 1/2"
Discus 156'2"

MEN 40-44

ROSS JENSEN
ROSS JENSEN
RICK KNOX

200 Meters 24.2
400 Hurdles 61.8
10,000 Meters 34:54

MEN 45-49

ALBERT L. CRUZADO
CARL H. KLEHM
FRANK R. WALKER III

5000 Meter RW 25:31
Hammer Throw 128'11"
100 Meters 12.0

MEN 50-54

RAYMOND T. FITZHUGH
RAYMOND T. FITZHUGH
UNO LIMIT
DOUG MC FETTERS

High Jump 5'3"
Long Jump 16'9 1/2"
5000 Meter RW 29:08.9
Triple Jump 35'6"

MEN 55-59

BOB J. ACKERMAN
BOB J. ACKERMAN
JACK COY
SYD SALT

Long Jump 16'3/4"
Triple Jump 32'6"
200 Meters 26.88
Long Jump 18'3 3/4"

MEN 60-64

FREDERIC E. HIRSIMAKI
FREDERIC E. HIRSIMAKI
FREDERIC E. HIRSIMAKI
FREDERIC E. HIRSIMAKI
FREDERIC E. HIRSIMAKI
FREDERIC E. HIRSIMAKI
LEN TRITSCH

100 Meters 17.3
300 Hurdles 55.0
Long Jump 15'11"
Triple Jump 31'3 1/4"
High Jump 4'8"
Pole Vault 9'0"
1500 Meters 5:22.4

MEN 65-69

GEORGE RAJCEVICH

200 Meters 29.7

MEN 75-79

EMMETT BENNETT

Long Jump 10'11"

MEN 80-84

BURT DE GROOT

Shot Put 28'0"

WOMEN 45-49

JOYCE BOWERMAN

Discus 92'0"



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U.S. MASTERS STANDARDS OF EXCELLENCE FOR WOMEN

event	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84
100m	13.8	14.2	14.6	15.0	15.6	16.3	16.9	17.5	18.8	20.0	21.2
200m	28.0	29.2	30.3	31.4	32.5	34.2	35.7	37.3	40.5	43.8	48.7
400m	63.5	66.5	67.5	69.5	71.5	73.5	78.5	83.7	90.0	95.0	103.3
800m	2:32	2:35	2:40	2:45	2:54	3:07	3:17	3:27	3:34	3:49	4:02
1500	5:13	5:15	5:19	5:39	5:50	6:15	6:45	7:16	7:45	8:19	8:49
5000	20:40	20:56	21:36	22:16	23:12	24:16	26:08	28:08	30:08	32:21	34:26
10000	41:00	42:40	44:40	47:00	49:30	52:00	56:00	60:00	66:00	76:00	86:00
100/80mH	17.0	18.6	16.1	17.1	18.1	19.1	20.1	21.1	28.0	32.0	37.0
400/300mH											
HJ	1.42	1.35	1.27	1.19	1.10	1.07	1.02	0.97	0.92	0.89	0.84
	4'8"	4'5 1/4"	4'2"	3'11"	3'7 1/2"	3'6 1/2"	3'4 1/2"	3'2 1/2"	3'0 1/2"	2'11"	2'9"
LJ	5.0m	4.60	4.30	3.90	3.55	3.20	2.85	2.60	2.35	2.10	2.0
TJ	9.03	8.61	8.12	7.63	7.14	6.40	6.23	5.74	5.00	4.25	4.00
	29'7 1/2"	28'3"	26'73/4"	25 1/2"	23'5 1/2"	22'73/4"	20'5 1/2"	18'10"	16'5"	13'11 1/2"	13'1 1/2"
SP	10.30	9.30	8.20	7.20	8.90	8.30	7.70	7.30	6.90	6.60	6.30
Javelin	39'50	33.50	27.50	21.50	25.0	19.0	18.0	16.0	15.0	14.0	13.50
Discus	30.0	27.8	26.0	24.0	22.0	20.0	18.0	16.0	15.0	14.0	13.50

ALL-AMERICAN STANDARDS FOR MASTERS RACE WALKERS

MEN	5km	10km	20km	WOMEN	5km	10km	20km
M40	24:30	51:00	1:45	W40	29:00	1:00	2:04
M45	26:00	54:00	1:52	W45	31:00	1:04	2:12
M50	27:30	57:00	1:58	W50	33:00	1:08	2:20
M55	29:00	1:00	2:04	W55	35:00	1:12	2:28
M60	30:30	1:03	2:10	W60	38:00	1:18	2:40
M65	32:00	1:06	2:16	W65	41:00	1:24	2:52
M70	34:00	1:10	2:24	W70	44:00	1:30	3:04
M75	36:00	1:14	2:32	W75	47:00	1:36	3:16
M80	38:00	1:18	2:40	W80	50:00	1:42	3:28
M85+	40:00	1:22	2:48	W85+	53:00	1:48	3:40

U.S. MASTERS STANDARDS OF EXCELLENCE FOR MEN

event	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84	85-89
100m	11.0	11.33	11.67	12.0	12.5	13.0	13.5	14.0	15.0	16.0	17.0	18.0
200m	22.4	23.3	24.2	25.1	26.0	27.3	28.5	29.8	32.4	35.0	38.9	42.8
400m	51.0	52.5	54.0	55.5	57.5	59.0	62.5	67.0	72.0	76.0	82.5	87.6
800m	2:01	2:04	2:08	2:12	2:19	2:29	2:37	2:45	2:54	3:03	3:13	3:24
1500m	4:11	4:12	4:15	4:31	4:40	5:00	5:24	5:49	6:12	6:39	7:03	7:30
5000m	15:30	15:42	16:12	16:42	17:24	18:12	19:36	21:06	22:36	24:16	25:50	27:30
10000	33:00	34:00	35:00	36:00	37:00	38:30	40:30	44:30	48:30	54:30	60:30	68:30
SC 3K	10:00	10:20	11:10	11:50	12:30	13:20	13:50	14:40	17:30	20:00		
SC 2K							9:30	10:30	12:45	14:00		
110mH	15.0	16.4	17.75	18.75	19.14	20.25	20.57	21.65	22.60	26.0	29.8	33.7
100mH							18.0	20.0				
80mH									18.0	21.0		
300mLH							57.0	62.0	66.0	71.0	75.0	81.0
400mH	57.6	59.6	62.0	64.4	68.2	72.0	76.0	82.0	88.0	94.0	100.0	106.0
H.J.	1.94	1.85	1.76	1.66	1.59	1.50	1.41	1.32	1.23	1.12	1.02	.92
	6'4 1/2"	6'3 3/4"	5'9 1/2"	5'6"	5'2 1/2"	4'11"	4'7 1/2"	4'4"	4' 1/2"	3'8"	3'4"	
L.J.	6.50	6.10	5.70	5.30	4.90	4.50	4.12	3.72	3.35	2.90	2.55	2.15
	21'4"	20' 1/2"	18'8 1/2"	17'4 1/2"	16'3/4"	14'9"	13'6 1/2"	12'2 1/2"	10'11"	9'6 1/2"	8'4 1/2"	7' 1/2"
P.V.	4.11	3.89	3.66	3.43	3.20	2.97	2.74	2.44	2.13	1.83		
	13'6"	12'9"	12'0"	11'3"	10'6"	9'9"	9'0"	8'0"	7'0"	6'0"		
T.J.	12.90	12.30	11.60	10.90	10.20	9.55	8.90	8.20	7.50	6.80	6.10	5.50
	42'4"	40'4 1/2"	38'3/4"	35'9 1/2"	33'5 1/2"	31'4"	29'2 1/2"	26'11"	24'7 1/2"	22'3 1/2"	20' 1/2"	18' 1/2"
Discus	44.80	42.60	40.60	38.00	40.00	36.40	42.00	36.80	31.60	26.40	21.40	16.00
	147'	139'9"	133'2"	124'8"	131'3"	119'5"	137'9"	120'9"	103'8"	86'7"	70'2 1/2"	52'6"
Javelin	62.00	57.00	52.00	48.00	43.00	38.50	40.00	35.00	29.00	24.00	19.00	15.00
	203'5"	187'0"	170'7"	157'6"	141'1"	126'4"	131'3"	114'10"	95'2"	78'9"	62'4"	49'2 1/2"
Hammer	47.24	44.20	41.14	38.10	38.40	32.50	36.00	30.50	25.00	20.00	15.00	11.00
	155'0"	145'0"	135'0"	125'0"	126'0"	106'8"	118'1"	100'1"	82'0"	65'7 1/2"	49'2 1/2"	35'4 1/2"
S.P.	15.20	14.10	13.00	12.00	13.00	11.80	13.00	11.80	10.70	9.50	8.40	7.20
	49'10 1/2"	46'3"	42'8"	39'4 1/2"	42'8"	38'8 1/2"	42'8"	38'8 1/2"	35'1 1/2"	31'2"	27'6 1/2"	23'7 1/2"

- notes: 1) 100m standards are for auto time, will use standard conversion for hand time
 2) All High Hurdles are for 110m, 39" 30-49, 36" 50-59, 33" 60-69, 30" 70+
 3) Weights S.P. 16# 30-49 12# 50-59 8# 60+
 Dis 2kg 30-49 1.6 50-59 1.0 60+
 Jav 800gm 30-59 600gm 60+
 Hammer 16# 30-49 12# 50-59 8# 60+
 4) Metric heights and distances are the standard, feet and inches for convenience

APPLICATION FOR AN ALL-AMERICAN CERTIFICATE

NAME: _____ PHONE: _____

ADDRESS: _____ AGE GROUP: _____

SEX: M _____ F _____

EVENT: _____ MARK: _____

MEET: _____ WEIGHT OF IMPLEMENT _____

DATE OF MEET: _____ HURDLE HEIGHT _____

MEET SITE: _____

If you have bettered the standard of excellence, please send \$10.00 and this form to: All American, National Masters News, P.O. Box 2372, Van Nuys, CA 91404. (Enclose copy of results, or note in which issue they appeared.) A 3-color, 8 1/2 x 11 certificate, suitable for framing, will be mailed to you within two weeks.

TRACK & FIELD RESULTS

Please send masters meet results to NATIONAL MASTERS NEWS, PO BOX 2372 VAN NUYS CA 91404. If possible, please type single space with minimum of white space.

SOUTHEAST

Central Florida All-Comers & 5K RR Deland; November 28

500m	
M35 C Washington	5.67
100m	
M35 C Washington	11.40
M55 T Sjogren	13.82
M30 C Shimborg	17.9
M45 I Frey	18.8
220m	
M55 T Sjogren	30.82
M45 I Frey	41.57
440m	
M55 T Sjogren	66.07
J Saxon	90.06
M30 C Shimborg	1:50.8
M45 I Frey	89.12
Long Jump	
M70 C Hirshey	8-4 1/2
Triple Jump	
M70 C Hirshey	17-7
Shot Put	
M70 C Hirshey	32-5 1/2
M75 G Powell	24-4 1/2
Discus	
M55 T Sjogren	67-4
J Saxon	57-7
M60 D Reid	128-3
M70 C Hirshey	76-10
M75 G Powell	88-2
5K RR	
M30 M Kerkas	18:55
B Anderson	22:43
M55 J Saxon	24:11
M45 I Frey	25:05
from John Boyle	



INTERNATIONAL

Transvaal Masters Championships South Africa, August 29

100m	
M30 N Frylinck	10.9
M35 J Breytenbach	11.1
M40 D Cloete	11.7
M45 S Walf	11.3
M50 I Gordon	12.4
M55 H Brand	13.2
M60 J Scholtz	14.5
M65 A v Zyl	13.1*
M30 T Griesel	13.5
M35 G v Niekirk	12.2*
M40 G Viljoen	13.2
M45 A v Niekirk	14.6
M50 A Kruger	17.7
M55 V Welgemoed	15.3
M70 W Reid	17.2
200m	
M30 N Frylinck	22.5
M35 J Breytenbach	22.3
M40 D Cloete	24.2
M45 L Hacker	24.3
M50 I Gordon	25.4
M55 H Brand	27.1
M65 S Bormann	31.2
M30 Y Fourie	26.0
M35 G v Niekirk	25.8
M40 G Viljoen	27.7
M45 A v Niekirk	30.2
M55 J Rudman	34.1
M70 W Reid	36.4
400m	
M30 M Joubert	56.8
M35 J Breytenbach	50.9
M45 S Walf	55.8
M65 A v Zyl	63.6*
M30 R Boardman	64.5
M35 A Engelbrecht	64.2
M40 S Cronje	63.3
800m	
M30 K Erlank	2:13.1
M35 J Pitso	2:00.5
J Mudau	2:00.7
M40 H Sliep	2:00.5
M45 E Mchomole	2:12.2
M50 D v Vuuren	2:21.0
M55 J Gerick	2:28.2
M60 F Schachle	2:41.6
M65 H Lampert	2:39.2*
M35 P Immelman	2:44.0
M45 J Conradie	2:44.6

1500m	
M30 K Erlank	5:28.7
M35 J Pitso	4:12.6
M40 H Sliep	4:31.2
M45 R Northover	4:45.1
M50 D v Vuuren	5:00.2
M55 I Ackerman	5:08.2
M35 H v Dyk	5:28.2
M45 J Rudman	6:38.8
5000m	
M35 M Timoti	17:29.5
M40 B Merrington	16:45.4
M45 R Northover	17:52.7
M50 J Jordaan	18:57.9
M55 G Loedolff	19:00.4
M65 P Visser	23:34.1
10,000m	
M35 S Dladu	34:08
M40 B Merrington	34:54
M50 J Jordaan	38:32
M55 G Loedolff	38:47
M60 N Goldstein	47:56
M65 P Visser	45:37
M50 A Ten Tusscher	49:49
4x100m Relay	
NT Men	46.0
ST Men	46.3
WT Men	51.1

3000m Steeplechase	
M35 S Dladu	nta
M45 M Smith	nta
M55 I Ackerman	nta
800m	
M40 S Cronje	13.1
M45 A v Niekirk	15.5
M55 V Welgemoed	16.7
1000m	
M65 A van Zyl	16.4*
M30 Y Fourie	15.0
M45 L Englebrecht	19.9
3000m	
M65 A van Zyl	48.0*
M55 V Welgemoed	63.7
4000m	
M35 T Ferreira	58.3
M40 J Steyn	61.0
M50 N Lewis	1:25.3
M55 I Ackerman	1:12.0
M30 Y Fourie	64.8*
M40 S Cronje	69.7*
1100m	
M30 N Frylinck	14.4
M50 N Lewis	nta
5000m Walk	
M35 S Dladu	31:21.3*
M30 J Oosthuizen	34:00.8*
M45 L Englebrecht	39:47.9

High Jump	
M40 P Kruger	1.75
M45 I Balanco	1.20
M50 M Lewis	1.30
M65 S Bormann	1.10
M30 R Boardman	1.42
M35 M Ferreira	1.45
M40 I Scheepers	1.23
M45 K vd Merwe	1.23

Pole Vault	
M35 A Muller	3.80*

Long Jump	
M30 N Frylinck	6.93
M35 W Hager	6.59
M40 D Brown	5.51
M45 D Augustyn	5.68
M50 M Lewis	4.26
M55 J Grundlingh	2.91
M60 J Stoltz	4.38
M65 L Botha	4.28
M30 Y Fourie	5.31
M35 M Ferreira	5.30
M40 S Cronje	4.56
M50 A Kruger	3.48

Triple Jump	
M30 W Grobler	11.80
M35 S Ndau	12.17
M40 H vd Berg	11.76
M45 H Stemela	12.31
M60 J Stoltz	9.10

Shot Put	
M30 T Liebenberg	12.87
M35 J Breytenbach	9.22
M40 D Sterley	12.45
M45 P Mulaudzi	12.42
M50 M Willers	10.20
M55 T Bruwer	9.54
M60 J Visser	10.24
M65 L Botha	10.60
M75 C Sterley	9.02
M30 T vd Walt	9.83
M35 M Ferreira	10.24
M45 M Uys	11.67*
M50 A Kruger	7.54
M60 L Grobler	8.68
M70 E Paveley	5.55

Discus	
M35 P Hessel	30.70
M40 D Sterley	33.68
M45 J Klaassens	37.24
M50 H Naude	30.14
M55 A Coetzee	33.98
M60 J Botha	37.92
M65 J Botha	35.20
M75 E Malan	26.98
M30 R Boardman	31.54
M40 P Pietersen	27.70
M45 M Uys	27.54
M60 L Grobler	23.50
M70 E Paveley	13.82

LONG DISTANCE RESULTS

Please send masters race results to: National Masters News, P.O. Box 2372, Van Nuys, CA 91404. Please include date, distance and city.

EAST

Fred Hackett Autumn Run West Concord, NH November 1

Overall:	
Larry Sayers	28 30:44
Terry Hersh	35 37:13
Men 40-49	
Doug Mac Gregor	48 33:54
Chip Morgan	40 34:06
Tom Egan	41 36:08
Women 40-49	
Karol Derron	45 45:01
Peg Boyles	43 46:12
Shirley Sirois	40 50:40
Men 50-59	
Moe Villeneuve	55 38:15
Robert Goulet	54 39:55
Jim Angwin	51 40:02
Women 50-59	
Hildy Fosse	58 46:57
Maryann Mcray	51 60:22
Jane Frink	59 60:46
Men 60-69	
Howard Keegan	63 40:30
Hugh Short	65 43:12
John Chandler	60 43:35
Men 70+	
Fred Hackett	70 49:37
Everett White	72 62:28

Masters 5K Cross-Country Run (Age 30-and-over runners only) Londonderry, N.H.; November 8

M30+Mike Gage	16:08
Walt Rider	16:22
Jim Spaziano	17:10
M40+Peter Dane	17:24
Steve Turner	17:55
Bill Radzelovage	17:58
M50+Moe Villeneuve	19:30
Bob Gorham	25:03
M60+Ken Folsom	22:29
Ed O'Connell	23:18
M30+Jeanne Bailey	22:25
Carol Dozibrin	23:55
Carol Malinowski	23:55
M40+Mary Bart	20:57
Peg Boyles	22:36
M50+Ann Knight	26:12
M60+Julia Christo	35:02

Schenectady Gazette Stockade-Athon 15K November 8, Albany, NY

Overall:	
Jerry Lawson	45:47
Denise Herman	56:01
M40 David Tresohlavy	50:28
Pat Glover	51:05
Charlie Parmalee	52:42
M40 Jayne Grout	63:37
Judith Swazey	65:55
Sherry Dixon	66:42
M45 Henry Sarnowski	55:45
Gene Monaco	57:31
Jim Patterson	57:38

Javelin	
M30 T Liebenberg	69.34*
M35 S Ndau	48.56
M40 D Sterley	50.86
M45 P Mulaudzi	64.10*
M50 M Willers	33.12
M55 A Coetzee	30.14
M60 J Visser	32.96
M75 E Malan	23.66
M30 R Boardman	31.96
M35 V Clayton	26.86
M45 K vd Merwe	18.74
Hammer	
M40 H vd Berg	38.34
M45 G Barber	44.24
M50 M Willers	28.22
M55 A Coetzee	36.86
M60 J Botha	28.98
M65 L Botha	28.58*
M75 C Sterley	29.88*
*South African record	



NATIONAL

National Masters 5K X-C Championships Van Cortlandt Park, NYC November 28

Overall:	
Harold Nolan	16:31
Mary Ryan	19:36
M40 Harold Nolan	16:31
Cliff Clark	16:43
Carl Hatfield	16:52
Theodore Heiman	16:55
Tim Hassall	16:59
M45 Herb Lorenz	16:49
Kirk Randall	17:11
Dick Ashley	17:38
Harold Hatch	17:39
William Kaye	17:42
M50 Witold Bialokur	17:57
Bob Milner	17:58
James Fillis	18:31
Gerald Lopez	18:47
Esteban Silvera	19:45
M55 Jim Sutton	18:21
Howard Rubin	19:09
William Fortune	19:26
William Schwartz	21:04
Patrick Moriarty	21:15
M60 Don Dixon	19:52
John Mc Manus	20:25
Walter Brown	21:18
Woody Lundford	21:25
Bob Muller	21:52
M65 Tom Gibbons	22:21
Edward Buckley	22:38
Nathaniel White	23:00
Newlie Henson	24:10
Danforth Geer	24:34
M70 Vincent Carnevale	23:56
Robert Matteson	24:52
Charles Feldman	28:33
M80 Max Popper	31:35
M40 Mary Ryan	19:36
Mary Leivers	20:00
Margarita Ekiss	20:13
Betty Marola	20:16
Judy Pickert	20:47
M45 Anna Thornhill	20:50
Suzanne Gardinier	20:58
Mary Shaver	21:02
Lenis Tucker	23:02
Caryl Hudson	25:14
M50 Gudron Phillips	22:27
Mary Harada	23:06
K. Knight-Perry	26:08
Cynthia Fulewid	26:15
Barbara Gregg	26:59
M55 Liz Szawlowski	24:25
Priscilla Muller	28:11
M70 Adrienne Salmini	31:45



SOUTHEAST

Richmond Newspapers Marathon October 18, Richmond, VA.

Men 30-39	
James C. Coleman	2:28:33
Phillip Rowan	2:36:22
Sean O'Flynn	2:40:25
Timothy Heath	2:44:51
Dave Brewer	2:51:55
Men 40-49	
Larry Talley	2:39:59
Don Rich	2:43:49
David Percell	2:58:42
Bill Smith	3:09:36
John Loughran	3:12:33
Men 50-59	
Bernie Davis	2:56:51
Alvin Marcy	3:06:51
Norton Howe	3:15:54
Don Martin	3:27:41
Roberts Ryan	3:33:34
Men 60-69	
Jim Stolzfast	3:27:11
John Bays	3:59:09
Walter Fitzgerald	4:34:26
Earl Williams	4:48:02
Men 70+	
Isadore Ziasa	4:23:49
Women 30-39	
Deborah Snagg	2:57:18
Patricia Obrien	3:04:05
Betsy Potter	3:28:09
Margie Heath	3:47:42
Terry Miffleton	3:50:38
Women 40-49	
Sharon Giese	3:29:22
Julia Bunn	3:49:13
Toni Dean	4:03:15
Gay Goldstone	4:09:31

Richmond Newspapers 8K Richmond, VA Oct. 18

Men 30-39	
Edward Sparkowski	24:58
Pete Gibson	26:17
Mason Tokarz	26:21
Dean Brown	26:24
Richard Morris	26:39
Men 40-49	
Dennis LaMountain	27:29
Ed Lane, Jr.	29:49
Frank Wagner	30:48
Roy Fawber	31:21
Van Ford	31:28
Men 50-59	
David Bloor	31:15
Eddie Blanks	31:28
James Schue	32:57
Neil Wilson	33:08
Dwain Hairston	34:35
Men 60-69	
Milton Bass	36:16
Robert Buntin	40:57
Charles Miller	41:08
L.A. Brown	43:14
Alfred Grebe	44:14
Men 70+	
Clay Campbell	44:59
Winfree Lee	63:44
James Roe	70:58
Women 30-39	
Dean Clay	31:40
Linnea Age	32:50
Joyce Adams	32:54
C. Fitzpatrick	33:49
Linda Gulick	33:59
Women 40-49	
Joann Patton	38:18
Christine Wright	38:20
Linda Walker	39:16
Brenda Garrett	39:40
Floyd Humphries	40:58
Women 50-59	
Mary MacFarlane	37:24
Alice Wilson	42:52
Janet Lakey	44:34
Barbara Guerrieri	47:56
Betty Boshier	49:16

Wendy's 10K Bowling Green, Kentucky October 31

Overall:	
Keith Brantly	25 29:01
Sabrina Dornhoefer	23 32:49
M30 Grég Lautenslager	29:41
John Wellerding	30:01
Mick Schlacter	30:05
Bruce Goldsmith	31:04
Bill Fisner	31:53
M35 Dave Damm	33:26
Gary Green	33:34
Dan Gorrell	32:45
Brad Swobe	33:56
Dusty Morris	34:27
M40 Bob Schlaue	31:17
Reedy Buford	33:09
James Jones	33:24
Bob Ulirich	33:35
Scott Barrow	34:17
M45 Morgan Looney	33:52
Ron Rohrer	35:57
Leroy Fanning	37:02
Danny Place	38:00
Dean Whitehead	38:07
M50 Bill Olrich	34:35
Gerald Kock	35:12
Jim Larson	35:55
Dick Ruzicka	39:10
M55 Leon Fennell	38:13
Don Sheumaker	38:52
Thomas Waltrip	41:16
Jack Wellman	41:56
M60 Theron Kessinger	43:07
Jim Boland	41:17
Phillip Hall	44:45
M65 Ray Rayl	43:13
Ednar Morgan, Sr.	47:13
-Jay Burns	48:41
M70+Neville Dodd	1:11:05
M30 Marty Cooksey	33:26
Christine Benning	33:40
Odette Lapierre	34:51
Cathy Stauss	38:04
Kathy Hensley	38:32
M35 Laura Caldwell	36:05
Vicki Crisp	38:45
Janis Wilee	42:57
Christina Kidd	43:27
Ellen Scully	44:02
M40 Kathy Hardy	38:58
Donna Presley	41:08
Ellie Smith	41:36
Kathryn Miller	42:19
Kaye Simpkins	44:06
M45 Judy Radenaker	47:07
Elaine Moore	48:54
Carole Byrd	50:32
Mary Nagle	50:36

Continued from previous page

W50 Gina Gaust	39:38
Susie Kluttz	46:53
Jean Hogan	50:10
W55 Mary Anne Woodring	45:24
Mary Riggs	56:03
Patricia Holtzapfel	64:32
W60 Winifred Cohron	63:08
Betty Eslick	63:55
W65 Sue Mc Daniel	82:03
W70+none entered	

Thanksgiving 10 Mile/Florida
Masters Championships
DeLand, November 26

Masters Overall	
J Bryant	60:09
J Greer	66:40
Grand Masters	
J Blount	63:40
J van Kleeck	75:28
M40 B Meserole	60:23
B Howard	62:49
W M Standsbury	64:13
M45 D Ardell	60:22
P Little	65:43
M Sheffey	66:31
M50 B Brockway	66:35
J Adkins	74:27
R Clark	78:05
M55 M Fortier	76:33
R Grace	78:04
J Saxon	81:28
M60 M Myer	67:48
L Rush	71:13
M65 G Taylor	89:31
G McAulay	99:35
M70 H Tucker	91:28
W40 P Beidelschies	81:49
B Smith	84:57
D Wheeler	98:57
W45 M Barilone	72:28
D Hiatt	75:53
B Crocitto	92:56
W50 S Stoner	1:42:26
L Downes	1:53:17
W55 A Rush	97:07

MIDWEST

Ohio TAC X-C
Championships, Lancaster,
November 14

M-8K; W-5K	
M30 W Skelley	26:18
M Shonebarger	27:17
D Jewell	29:12
M35 P Freeland	29:59
D Whitehouse	33:15
R Caner	35:34
M40 D Skerarak	29:27
B Fenning	28:52
R Mettle	30:48
M45 G Walters	29:27
L West	33:49
L Crum	33:59
M50 B Schul	28:08
M55 L Pohlod	39:24
M65 H Smith	46:04
W30 L Weston	22:50
W35 M Burleson	18:47
S Cameron	20:15
C Petiniot	30:19
W40 K Fenning	25:40
W55 M J Sykes	32:19

Always Movin' 10K
Warren, Mich; November 14

Overall	
P Aufdenberge	29:41
C Orllett	38:34
M40-45	
Tony Mifsud	33:46
Nick Papas	33:58
Cecil Weems	36:26
M46-50	
Bill Roney	37:44
Patrick Dugan	37:54
John Wehrly	38:19
M51+	
Herb Seegert	38:22
Ken Swanson	38:42
Mike Sterling	40:08
W40-45	
Carol Palombit	48:17
Sue Freedland	51:18
Sandy Seehaver	54:27
W46-50	
Karen Kosca	54:21
Pat Swanson	54:56
W51+	
Sandra Studebaker	46:14
Gerry Baginski	57:15
Mary DiVenere	58:33

Metro Macomb Runners
4 Miler, Mt. Clemens, Michigan
December 5

40-49 Men	
Kurt Makowski	22:47
Don Campbell	23:48
Don Pretzer	24:30
Don Pretzer	24:30
Lou Scott III	24:43
Pat Dugan	24:47
Terry Wild	25:41
Tim Klinkhammer	26:27
Karl Berro	29:22
Dave Hibbert	31:03
Chris Bushaw	31:05
40-49 Women	
Roberta Thaxton	30:24
50-59 Men	
Herb Seegert	25:17
Jim Mc Manus	28:11
Jerry Lovejoy	28:50
50-59 Women	
Sandra Studebaker	31:26
60-69 Men	
Fred Guroi	31:09
Zeke Vogt	32:57
Paul Zyrilstra	35:20
70+ Men	
Peter Bolos	37:25

MID-AMERICA

Quelessebougu 5K
St. George, Utah, Sept. 19

W30 Colleen Hoffmann	16:57
Mary Beacco	18:15
Kathy Jones-Price	18:43
Lona Hooley	20:15
Luan Bradford	21:09
B Smith	18:16
Linda Walker	20:37
Brooke Ollis	21:30
Patty Spring	21:36
Pam Laney	23:26
W40 Claire Johnson	19:28
Susan Staker	20:36
Sandra Lindstrom	20:55
Olivia Moreton	20:57
Carol McQuain	22:55
Janet Hannon	21:13
Joann Jensen	23:54
Linda Nielson	24:54
Kathryn Nymn	28:27
Brenda Holm	29:44
W50 Barbara Martindale	20:52
Marty Brown	54:10
W55 Carol Howlett	22:00
Margaret Little	30:22
Beth Hanson	36:55
M30 Bruce Ericksen	15:28
Gordon Miller	15:37
George Katz	15:51
Michael Cannon	16:33
David Stevenson	16:35
M35 Ken Parker	16:21
Bill Spencer	16:36
Scott Young	17:15
Dennis Gillie	17:50
Larry Howe	18:12
M40 Steve Lester	14:29
Don French	15:48
Ross Higgins	16:24
Don Zillman	17:59
Goran Bage	19:12
M45 Robert Nelson	15:03
Boyd Dyer	17:36
Mike Rhead	17:45
Gary Tesch	18:39
Mike Chidester	19:18
M50 Pete Peterson	17:45
Jim Demet	17:58
Gail Anger	18:56
Ron James	19:43
Lowell Walker	19:44
M55 Glen Lambson	20:19
Andy Hornbaker	20:22
Ralph Carlson	21:34
Joseph Knowlton	21:53
M60 Sid Smith	20:36
M65 Bill Collings	
Glen Hanson	30:15

World Senior Olympics 5K
St. George, Utah, Oct. 20

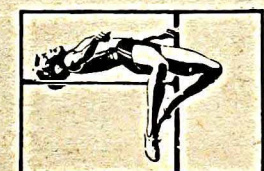
W55 Carol Howlett	24:21
Elaine Stuart	26:04
Daryl Healy	29:53
W60 Colleen Jones	24:52
Velma Earl	27:29
W65 Elizabeth Vainerm	35:01
M55 Andy Hornbaker	20:03
Boyd Rollins	20:29
Bob Horlacher	21:09
Boone Newsom	21:50
M60 Sid Smith	22:43
Max Burdick	23:39
Jerry Stuart	23:57
M65 Bill Collings	23:23
M70+Herb Wright	24:42
Tom Champneys	27:46

World Senior Olympics 10K
St. George, Utah
Oct. 22

W55 Carol Howlett	51:17
Elaine Stuart	50:46
Daryl Healy	66:55
W60 Colleen Jones	52:02
Velma Earl	59:01
Helen Carlson	59:11
W65 Eliz. Vainerman	68:16
M55 Boone Newsom	47:19
Dave Mason	49:27
Kenneth Rybus	51:14
M60 Max Burdick	40:12
Sid Smith	47:32
Jerry Stuart	52:46
Marvin Woodbury	53:35
M65 Bill Collings	48:31
M70 Herb Wright	51:20
Stuart Jardine	51:21
Tom Champneys	60:11

Omaha Riverfront Marathon
Omaha, NE
November 1

Overall:	
Dennis Rinde	28 2:18:44
Louise Mohanna	25 2:56:29
W30 Marla Rutter	3:07:12
Julie Brownell	3:13:30
Valerie Oertli	3:16:26
Virginia Collier	3:24:07
Cindy Swoyer	3:28:02
Jane Asimus	3:02:58
Susan Ayers	3:24:11
Ardel Bengtson	3:26:43
Ruth Jordal	3:48:59
Belinda Jons	3:54:08
W40 Wanda Angell	3:47:46
Percece Molden	3:53:32
Janice Burger	3:59:01
Cynthia Cordes	4:01:55
Billie Gollner	4:15:52
W45 Karen Bestul	3:09:15
Mary Belitz	3:47:30
W50 Trisha Steiner	4:58:47
M30 Jeffrey Blue	2:28:27
Henry Phelan	2:30:32
Bill McBride	2:33:54
Randy Fisher	2:35:13
John Labenz	2:37:57
M35 Edwin Woerner	2:30:58
Richard Kusleika	2:51:07
John Krick	2:52:10
Nick Scott	2:52:57
Marvin Olmes, Jr	2:54:37
M40 Toby Skinner	2:37:08
Roger Core	2:42:45
Ron Olsen	2:47:03
Gary Julin	2:50:48
Milton Exline	2:56:16
M45 K.L. Gaither	2:50:10
Jerry Knox	2:54:02
Earl Williams	2:55:56
William Monahan	2:58:06
Lanny Brent	3:01:30
M50 Ernie Nick	2:50:19
Dick Seagrave	2:53:38
Dave Bushard	3:05:59
Jim Schleisman	3:07:52
Larry Lewis	3:09:25
M55 Jim Smedema	2:52:43
Raymond Heldt	3:15:54
Donald Nail	3:19:58
Frederick Lorenz	3:26:10
George Verscheld	3:26:42
M60+Bob Bartling	3:16:34
Harold Hultquist	3:35:26
Walt Kleinsasser	3:51:25
Jesse Delgado	4:23:55
Bob Poppe	4:28:00



SOUTHWEST

Myriad Gardens 10K
Oklahoma City, October 3

Overall	
D Barney	27 29:40
C McMaken	24 34:17
M35 Frank Shorter	39 31:34
M40 Jeff Galloway	40 32:38
M45 Robert Abbott	45 33:10
M50 Art Milanez	52 39:02
M55 Jerry Crockett	59 38:20
Boone Newsom	64 42:40
M60 Debbie Heaton	38 37:46
W40 Jane Hutchison	41 36:13
W45 Maureen Bixby	45 37:57
W50 Kathy Moffitt	50 48:36
W55 Patsie DeGiusti	55 60:40
W60+Lora Woodall	60 65:13

Challenger 8K
Tulsa, Okla.; October 3

Overall	
P Larkins	24 23:34
S Flagler	31 29:17
M35 Bob Wallace	36 23:37
M40 Joe Schraeder	40 28:06
M45 Jay Minor	46 28:01
M50 Fred Dice	51 28:47
M55 A Melendez	53 29:56
M60+Nocus McIntosh	62 32:05
W35 Martha O'Rourke	37 30:20
W40 Ann Crawley	41 33:44
W45 Lydia Borges	45 35:15
W50 Sue Neil	52 43:07
W55 Dorothy Akin	56 40:07
W60+Jean Benear	61 49:53

First Republic Bank
Symphony Classic
Houston, TX, October 31

Masters Men:	
Bob Chanon	34:33
Gene Timberlake	35:23
Cecil Smith	35:31
Ino Cantu	35:51
Tom Fuller	36:29
Masters Women:	
Marilyn Griffin	41:24
Ann Cartwright	41:31
Barbara Hitt	44:26
Kay Duplichan	45:32
Sue Sharp	46:32

Tulsa Run 15K
Tulsa, Okla.; October 31

Overall	
G Shahanga	30 44:33
N Tinari	28 49:59
M40	
Carl Nicholson	\$375 49:53
Don Bischoff	\$275 50:04
Bill Sevald	\$200 50:30
Gary Madison	\$50 52:07
M45	
Bob Abbott	\$100 50:55
Dave Williams	52:38
Jay Minor	54:30
M50	
Fred Dice	56:57
Russ Bennett	57:51
Bob Adkins	59:04
M55	
Jack Gentry	59:24
Bob Featherston	1:00:29
Jerry Crockett	1:00:43
M60	
Harold McDonald	1:07:28
Ervin Postler	1:08:27
James Elmore	1:09:31



TAC MASTERS HALF-MARATHON
NATIONAL CHAMPIONSHIPS
Oklahoma City, Oklahoma, November 15

OVERALL	
Norman Green, Jr.	55 Wayne, PA 1:15:35
Maureen Bixby	45 Norman, OK 1:27:58
M 40-44	
Joe Schraeder	40 Flower Mound, TX 1:22:22
Ted Riley	44 Claremore, OK 1:23:41
Robert Heaton	40 Oklahoma City, OK 1:25:35
Herb Phillips	42 Oklahoma City, OK 1:26:13
Bob Rose	43 Stillwater, OK 1:34:46
Ron Kuyendall	42 Bethany, OK 1:35:17
M 45-49	
Dave Williams	45 Choctaw, OK 1:17:05
Larry Worth	49 Hilland Village, TX 1:21:36
Bill Adams	47 Bartlesville, OK 1:22:11
Joe Schrag	48 Topeka, KS 1:23:21
Dan Vasicek	45 Tulsa, OK 1:24:32
Hewlett Nash	47 Tulsa, OK 1:26:55
M 50-54	
Bob Pakajian	51 Trny, MI 1:20:03
David Lard	50 Lubbock, TX 1:27:41
Tom Briggs	54 Oklahoma City, OK 1:29:56
Jim Trowbridge	52 Oklahoma City, OK 1:31:26
Robert Campbell	53 Beaver, OK 1:31:44
Elvin Behrens	51 Norman, OK 1:35:25
M 55-59	
Norman Green, Jr.	55 Wayne, PA 1:15:35
Jerry Crockett	59 Stillwater, OK 1:28:12
Arturo Melendez	56 Tulsa, OK 1:29:05
Bob McHaffey	57 Oklahoma City, OK 1:31:11
Rob Featherston	56 Tulsa, OK 1:33:51
Bill Ryan	57 Tulsa, OK 1:38:46

M 60-64			
Dick Benson	62	Douglas, GA	1:27:56
Nocus McIntosh	62	Spavinaw, OK	1:37:01
Logan McGuiness	62	Lathrop, MO	1:37:11
Durel Johnson	61	Oklahoma City, OK	1:51:23
Lloyd Beck	61	Oklahoma City, OK	1:59:01
Jack Rector	62	Oklahoma City, OK	2:04:44
M 65-69			
Lewis Winters	66	Ada, OK	1:34:20
Ralph Ratcliff	65	Oklahoma City, OK	1:39:23
Fisher Lewis	66	Bethany, OK	1:58:49
Leo Wade	67	Oklahoma City, OK	2:12:23
W 40-44			
Barbara Manning	43	Owasso, OK	1:38:20
Ann Crawley	42	Tulsa, OK	1:38:30
Jan Cosgrove	43	Oklahoma City, OK	1:42:02
Connie L. Anderson	43	Olathe, KS	2:09:22
Roberta Billey	42	Oklahoma City, OK	2:10:35
W 45-49			
Maureen Bixby	45	Norman, OK	1:27:58
Sharon Cooper	48	Claremore, OK	1:38:52
Monika Ryan	46	Tulsa, OK	1:55:14
Nancy Starbuck	47	Oklahoma City, OK	2:19:27
W 50-54			
Kathy Moffitt	50	Oklahoma City, OK	1:55:05
Gayle Lamb	53	Oklahoma City, OK	1:58:30
Yaita Harris	52	Maysville, OK	2:01:30
W 55-59			
Dorothy Akin	56	Sallisaw, OK	1:58:13
W 60 & Over			
Lora Woodall	60	Helena, OK	2:54:41
Totals: M-89, W-14 (103) Certified Course			

Continued from previous page

W40 Terry Whittington	51:39
Donna Pick	51:58
Gayle Gould	53:32
W45 Dorothy Malavolti	49:02
W50 Gerry Martin	52:59
Joan Potter	58:16
Marsha Lasher	67:07
W60+Jean Mc Clean	61:36

Legg Lake 5K

S. El Monte, Calif.; November 6

M35 R Gonzales	20:00
M40 J Rivas	19:35
M45 R Corriveau	19:44
M50 H Scherwinski	24:06
M55 R Esqueda	20:49
M65 D Cotten	22:14
W40 B Reukema 1stW	23:04

Long Beach Shoreline Half-Marathon, Long Beach, Calif.
November 15

Overall:	
Alfredo Rosas M25	1:07:02
Aracely Salas	1:15:58
Men 40-44	
Pablo Drobny	1:15:30
Joe Calhoun	1:19:42
Bo Goran Lundkvist	1:21:06
Wayne Mitchell	1:21:20
Jim Burton	1:21:43
Men 45-49	
George Wright	1:20:24
Simon Rubin	1:21:13
Denis Trafecanty	1:21:17
Ben Jackson	1:21:31
Jim Crawford	1:22:23
Men 50-54	
Don Watson	1:23:16
Eric Piper	1:23:41
Frank Greene	1:24:37
John Ghini	1:26:17
Frank Valentin	1:26:57
Men 55-59	
Tracy Brown	1:26:18
Ryoji Akiyama	1:27:41
John Afeyk	1:29:47
Lawren Schumaker	1:32:44
R. Elizarraras	1:34:39
Men 60-64	
Larry Banuelos	1:30:57
Robert Koch	1:36:12
Robert Haradway	1:41:37
Stanley Neufeld	1:41:43
Bob Sanders	1:44:41
Men 65-69	
Ed Hornung	1:39:20
Mauri Kelliher	1:44:55
Anthony Hill	2:01:08
Kurt Kuperman	2:20:02
Men 70+	
Eddie Lewin	1:37:48
Dutch Benedetti	1:44:15
Jerome Ross	2:02:07
Women 40-44	
Harolene Walters	1:25:07
Fran Solomon	1:29:00
Cheryl Carnall	1:29:59
Dinny Shryock	1:32:05
Wendy Watson	1:37:02
Women 45-49	
Carole Davis	1:47:45
Kari Nordaas	1:49:16
Mary Cash	1:52:24
Susan Davis	1:53:40
Judy Stewart	1:53:50
Women 50-54	
Margaret Speer	1:43:03
Shirley Blush	1:44:39
Mary Dugan	1:47:20
Mickie Shapiro	1:53:05
Audrey Hauth	1:53:30
Women 55-59	
Shirley Trosino	2:06:05
Elaine Herfert	2:07:00
Betty Crosby	2:17:25
Women 60-64	
Alice Goldbert	2:00:12
Antoinette Hill	2:00:16
Miyoko O'Hara	2:08:08
Women 70+	
Lucille Adney	2:57:29

Clarkburg Foundation 30K
(18.6 Miles) Clarkburg, Calif.
November 15

Overall:	
Mike Conover	\$300 1:34:08
Sharlet Gilbert	\$300 1:52:55
Top masters overall:	
Bill Sevald	\$200 1:43:37
Nelly Wright	\$200 2:01:08
Top seniors (50+):	
D. Beardall	\$50 1:50:06
Heidi Skaden	\$50 2:13:43
Top masters team:	
Men:	
Pacific Flyers	\$250
West Valley TC	\$100
Women:	
West Valley TC	\$250

Men 40-44	
Bill Sevald	1:43:37
Gary Goettelmann	1:48:39
Wayne Miles	1:49:07
Gene Danger	1:49:33
Bob Lindsey	1:49:38
Martin Jones	1:51:54
Bill Clark	1:52:33
Dan Gard	1:53:23
Bruce Von Borstel	1:54:06
Joe Cavanaugh	1:54:12
Women 40-44	
Nelly Wright	2:01:08
Joan Coleman	2:01:37
Gail Rodd	2:09:30
Barbara Zolldan	2:19:48
Gail Goettelmann	2:20:49
Anitra Seitamo	2:22:33
Shelley Black	2:26:42
Nouria Harris	2:27:38
Pamela Greco	2:28:15
Patricia Hung	2:29:28
Men 45-49	
Tom Rostegge	1:54:28
Tim Jordan	1:55:18
Theodore Jones	2:02:09
Donald Bryan	2:02:48
Jerry Lyerly	2:03:17
Roger Sharpe	2:05:32
Abe Underwood	2:05:52
R. Perry	2:06:31
Walter Spiller	2:07:01
Jim Drake	2:07:34
Women 45-49	
Margie Timberlake	2:08:46
Joan Ulyot	2:12:36
Judith Hooper	2:26:19
Valerie Doyle	2:27:17
Wijdan Cadura	2:29:42
Lucille Khan	2:36:25
Judy Covin	2:40:00
Dorothy Welton	2:41:17
Karen Gudiksen	2:43:12
Sandy Becker	2:44:57
Men 50-54	
Darryl Beardall	1:50:06
John Finch	1:57:35
Roger Daniels	1:57:38
Fred Mattos	1:59:02
Michael Mc Gie	1:59:37
Peter Todd	2:05:08
Charles Greene	2:09:57
Ron Gravowski	2:10:02
Women 50-54	
Heidi Skaxden	2:13:43
Alice Rose	2:20:03
Marty Maricle	2:32:58
Jeanie Kayser-Jones	2:37:51
Khatoon Tudhope	2:38:20
Joyce Zytoskee	2:39:30
Kathy Iseri	2:43:07
Dina Fields	2:47:39
Men 55-59	
Everett Riddle	2:00:19
Don Hildebrand	2:08:28
Bill Wood	2:15:35
Eddie Reyna	2:16:11
John Kalberg	2:17:24
Women 55-59	
Elizabeth Ross	2:28:37
Dorothy Peavy	3:03:15
Lois Cook	3:31:53
Edythe W. Leek	3:32:05
Men 60-64	
Alan Belton	2:09:49
Bob Ross	2:24:39
Flory Rodd	2:25:47
Fred Nielsen	2:26:47
John Norberg	2:35:49
Women 60+	
Mary Story	2:49:07
Kit Pickles	2:59:05
Bernice Carter	3:03:24
Liese Rapozo	3:20:11
Po Adams	3:35:18
Men 65-69	
George Billingsley	2:18:17
Don Wilgus	2:29:41
Steve Woishnis	2:29:54
Richard West	2:43:08
Frank Barsalou	2:48:33
Men 70-74	
Don Lundberg	2:27:05
Men 75-79	
Frank Demers	3:14:40

Legg Lake 5K
S. El Monte, Calif.;
November 28

M35 L Allen	17:48
M40 M Mendez	25:15
M45 C Quick	23:35
M50 B Washington	19:44
M55 R Esqueda	20:20
M60 J Mooshagian	28:55
M65 D Cohen	22:33
M70 D Benedetti	22:43
M80+J Bishin	39:43
W35 E Blair	22:44
W40 B Reukema	22:22
W45 K McKay	30:29
W50 M Czarapata	21:35
W60+D Gordon	26:49

Honolulu Marathon
December 3

Overall:	
Ibrahim Hussein	2:18:26
Carla Buerskens	2:35:11
M40-44	
Kjell-Erik Stahl	2:31:07
Frank Shorter	2:36:54
Katsutoshi Nakata	2:41:50
M45-49	
Roy Cosme	2:41:49
Warren Finke	2:44:27
Alberto Rivas	2:48:01
M50-54	
Tsuneski Takahashi	2:38:56
Tauno Valasti	2:51:44
Fumio Onozuka	2:52:37
M55-59	
Norman Green	2:43:27
Mike Goldman	3:09:40
Bruno Holmroos	3:10:29
Hal Higdon	3:11:36
M60-64	
Keizo Yamada	3:08:01
Max Jones	3:10:09
Richard Holzer	3:30:40
M65-69	
Frank Grey	3:04:01
Walter Hellwig	3:36:43
Jaime Del Rosario	3:37:39
M70-74	
Uichi Watanabe	3:48:34
Jiro Motegi	3:58:39
Dutch Benedetti	4:02:41
M75-79	
Sam Keith	4:09:51
M80+	
Bernard Dathe	4:27:48
W40-44	
Judy Huber-Cogswell	2:58:31
Margit Meyer	3:18:08
Margaret Brooke	3:24:29
W45-49	
Minoru Muramoto	2:56:49
Gail Rodd	3:21:30
Jinko Shibuya	3:35:44
W50-54	
Sylvia Quinn	3:25:13
Fusako Kondo	3:38:06
Miyoko Tani	3:41:51
W55-59	
Wendy England	3:48:16
Yoshiko Watanabe	4:09:38
Aiko Ho	4:15:48
W60-64	
Yoshiko Ho	3:52:52
Miki Horton	4:08:45
Michiko Kawai	5:01:57
W65-69	
Margaret Lee	4:51:58
Tsuyako Muranaka	5:08:26
Nathalie Cooley	5:15:15
W70-74	
Tetsu Ho	6:00:32
W75-79	
Shizu Koike	6:22:05
W80+	
Matsue Nishiyama	6:38:08

NORTHWEST

Idaho Mountain Masters
4-Mile Championships
Snake River, Idaho, November

W40-44	
Gabriele Andersen	25:04
Toni Sloan	32:22
Elizabeth Johnson	34:34
Deanna France	36:15
W45-49	
June Hubbard	29:46
Dee Lamott	31:21
Janice Burkholder	34:55
Jacque Anderson	37:22
Jean Cassell	37:55
W50-54	
Juanelle Allemen	32:48
W55-59	
Lillian Olson	35:00

M40-44	
Dick Anderson	21:44
Ken Hinds	21:52
Gary Seney	22:51
John Murray	25:16
John Connors	27:17
Rick Jurries	28:21
Tom Skanter	28:52
M45-49	
Rick Anderson	26:22
Gary Schneider	27:25
Paul Sloan	28:05
David Ackley	28:54
Jerry Merrill	30:26
M50-54	
Merlyn Clark	32:12
Harmon Johnson	32:15
M55-59	
Chick Wittner	29:28
M60-64	
Tom Sheehan	26:26
John Read	28:51
M65-69	
Walt Smith	33:34
Charles Baldridge	34:48
M70-74	
Leroy Smith	39:18

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VII WORLD VETERANS GAMES — MELBOURNE, AUSTRALIA — NOVEMBER 28 TO DECEMBER 6, 1987

HEAT(H) AND SEMI FINAL (S) TIMES OF USA RUNNERS		M40 100		M45 100		M50 100		M55 100		M60 100		M65 100		M70 100		M75 100		M80 100		M85 100		M90 100		M95 100		M100 100																																																																																																																																																																																																																																																																																																																				
H Holzgang Michael 12.59		H Rauscher Tom 12.28		H Johnston Joe 12.15		H Bell T.J. 11.11		S Bell T.J. 11.19		H Springbett Bruce 12.24		H Green Harold 12.98		H Baker Thane 12.10		H Brown Harry 12.61		H Mehmedbasich Enver 14.19		H Kendrick Jack 14.14		S Springbett Bruce 12.04		S Green Harold 12.97		S Baker Thane 11.97		S Brown Harry 12.36																																																																																																																																																																																																																																																																																																																		
H Cosgrove John 13.94		H Stanford Robert 12.25		H Tancred Dennis 12.77		H Kelly John G. 12.79		H Niedermeyer 12.16		H Nellesen John 13.00		H Edens Paul 11.83		H Bustamante Juan 12.47		S Stanford Robert 11.24		S Edens Paul 11.66		S Bustamante Juan 12.53		S Niedermeyer Fred 11.96		H Valentine Rudy 13.05		H Harris Oscar 14.00		H Watanabe Bob 13.10		H Goldsmith Max 13.84		H Wilson Alfonso 14.31		H Harte Gene 13.03		S Valentine Rudy 12.81		S Watanabe Bob 12.66		S Harte Gene 12.85																																																																																																																																																																																																																																																																																																						
S Stanford Robert 11.24		S Edens Paul 11.66		S Bustamante Juan 12.53		S Niedermeyer Fred 11.96		H Johnson Jim 15.21		H Patsalis Tom 13.99		H Rohena David 14.29		H Oliver Angelo 15.15		H Fairbank Bill 15.88		H Neuhof Marcus 15.37		H Jordan Payton 13.10		H Colon Francisco 14.60		H Miller Herb 14.89		H Sorlien Sparks 15.15		H Weinacht Bill 13.88		H Heard Nat 14.48		H Collins Andy 15.07		S Weinacht Bill 13.66		S Miller Herb 13.67		S Colon Francisco 13.83		S Heard Nat 14.31		S Collins Andy 15.15		S Jordan Payton 13.11		S Sorlien Sparks 15.48																																																																																																																																																																																																																																																																																																
H Colbert Lawrence 11.83		H Miller Bob 12.23		H Dudley Charles 12.27		H Newton Nick 12.13		H Dennis Ken 11.48		S Colbert Lawrence 11.81		S Newton Nick 11.98		S Dennis Ken 11.31		S Miller Bob 12.18		H Duinzing Els 17.68		H Rubin Thelma 18.17		H Davidson Gerry 19.35		W70 100		H Bowermaster Mary 16.85		200 - M40		H Duffy Dennis 25.30		H Brinker Ken 23.75		H Holzgang Michael 27.93		H Rauscher Tom 25.23		H Bell T.J. 23.28		S Brinker Ken 22.80		S Bell T.J. 23.05		200 - M45		H Niedermeyer Fred 25.29		H Nellesen John 27.27		H Steffes Jackson 26.70		H Bustamante Juan 26.67		H Stanford Robert 24.68		H Edens Paul 24.27		S Edens Paul 24.02		S Niedermeyer 24.97		200 - M50		H Miller Bob 25.20		H Miller Chuck 25.59		H Colbert Lawrence 24.68		H King Stan 25.37		H Dudley Charles 25.75		H Alexander Edwin 30.48		H Jabloner Herbert 35.02		H Newton Nick 25.20		H Dennis Ken 24.84		S Colbert Lawrence 24.28		S Newton Nick 24.79		S King Stan 25.15		S Dennis Ken 25.57		200 - M55		H Brown Harry 26.88		H Mehmedbasich Enver 30.45		H Baker Thane 26.54		H Springbett Bruce 25.65		H Robinson Will 27.85		S Brown Harry 25.76		S Baker Thane 25.21		S Springbett 25.34		200 - M60		H Wilson Alfonso 29.68		H Harte Gene 27.29		H Smith Dean 37.89		H Watanabe Bob 27.40		H Harris Oscar 29.91		H Valentine Rudolph 27.96		H Goldsmith Max 29.38		H Townsend Bill 32.77		S Watanabe Bob 26.95		S Harte Gene 26.97		200 - M65		H Rohena David 29.40		200 - M70		H Heard Nat 31.51		H Sorlien Sparks 32.89		H Fairbank Bill 33.31		H Lightfoot Milo 34.48		H Weinacht Bill 29.15		H Miller Herbert 32.07		H Jordan Payton 28.48		H Collins Andy 32.58		200 - M75		H Morrow Bert 33.50		H Castro Tony 33.87		200 - M80		H Lum Sing 41.21		H Nielsen La Grand 44.92		200 - W35		H Farster-Gilkey Penny 27.53		H Schiedlt Susan 30.74		200 - W40		H Raschker Phil 25.72		200 - W45		H O'Connor Nadine 29.65		200 - W50		H MacLeod Caroline 33.56		H Barrie Marie 38.71		H Obera Irene 28.87		H Chou Fei-Mei 34.50		200 - W55		H Patterson Mary 33.11		H Kuehne Magdalena 33.49		H Moore Marj 36.26		200 - W60		H Dietderich Shirley 37.96		200 - W65		H Rubin Thelma 38.12		H Duinzing Els 38.12		H Stafford Marie 40.25		H Davidson Gerry 40.22		200 - W70		H Bowermaster Mary 36.45		H Hicks Burnis 45.21																																																																																																																								
1 BELL T.J. USA 10.92		2 MCNEILL GEORGE GBR 10.95		3 DURHAM PETER AUS 11.03		4 KATHARA KOZABU JPN 11.06		5 CROMBIE PETER AUS 11.21		6 KEALY JIM AUS 11.26		7 IRVINE DAVE AUS 11.60		8 BARRAND REX AUS 11.61		1 GATHERCOLE HARRY AUS 15.70		2 GULAB SINGH IND 16.41		3 TILL BLAIN CAN 17.41		4 KAPADIA J.A. IND 19.34		5 KATO MIROSHI JPN 19.42		6 SIMPSON GEORGE AUS 21.72		1 ANDERSON HERBERT (HERB) AUS 18.70		2 PITCHER ARLING USA 19.37		3 GUOIBANDA M IND 20.29		4 CRANE BUELL (BUD) USA 20.64		5 CORDERO FEDERICO USA 22.06		1 WANG JING-CHAN TAI 20.67		2 EMPEY B AUS 25.08		3 JONES AUS 33.40		1 SCHNEIDERMAN PAULA FRG 15.23		2 HOGAN AILEEN AUS 15.75		3 DAVIDSON GWEN AUS 16.09		4 WIXEY MARY GBR 16.75		5 MAULE ELISABETH FRG 17.22		6 HOGGIST EILA FIN 17.68		7 TUINZING ELS USA 17.84		8 PARTRIDGE MARIE AUS 17.96		1 BOWERMASTER MARY L. USA 16.41		2 GELBRICH JOHANNA FRG 17.75		3 SAUMIER ISOBEL CAN 17.92		4 SOLE ANGIE NZL 18.00		5 WEDEMO NORA SWE 18.03		6 WILLIAMS MAVIS GBR 19.47		7 BERGMAN GERIDA AUS 19.62		8 PIERCE ZELLIAH NZL 20.27		1 JACKSON MARGARET USA 20.15		2 MORALIT MAUD SWE 20.22		3 HIEISCHER BERTHA FRG 20.65		1 DURHAM PETER AUS 23.43		2 KATHARA KOZABU JPN 23.52		3 BELL T.J. USA 23.58		4 BRINKER KEN USA 23.64		5 KEALY JIM AUS 23.78		6 CROMBIE PETER AUS 24.01		7 IRVINE DAVE AUS 24.10		8 STEINMANN HEINZ AUS 24.17		1 RHEINECK HANNO FRG 23.28		2 TURNER FRED AUS 23.64		3 MUELLER GUIDO FRG 23.66		4 STEEDE JOHN GBR 23.88		5 WISHART BOB AUS 24.07		6 EDENS PAUL USA 24.16		7 KERNAGHAN BARRIE AUS 24.64		8 STEUERNTAL ROLF FRG 24.72		1 ANDERSON HERBERT (HERB) USA 38.76		2 PEREZ LONGINO MEX 39.24		3 PITCHER ARLING USA 42.09		4 TOGIYA SHIZUKA JPN 43.99		5 CORDERO FEDERICO USA 46.54		1 WANG JING-CHAN TAI 48.70		2 EMPEY BILL AUS 54.80		1 GATHERCOLE HARRY AUS 32.14		2 TILL BLAIN CAN 36.30		3 KERN WALTER FRG 38.00		4 KAPADIA J.A. IND 39.54		5 KATO MIROSHI JPN 42.06		6 SIMPSON GEORGE AUS 45.69		7 LUM BING USA 46.87		1 SEUBERLICH LIESELOTTE FRG 31.82		2 BANNISTER JOYCE AUS 31.85		3 HVEEN KIRSTEN NOR 32.09		4 GREEN JOYCE AUS 33.91		5 MACKINNON MARGARET AUS 33.92		6 SMITH BETTY NZL 36.94		7 POLUSCHINSKY LIESELOTTE FRG 37.20		1 ANDERSON HERBERT (HERB) USA 38.76		2 PEREZ LONGINO MEX 39.24		3 PITCHER ARLING USA 42.09		4 TOGIYA SHIZUKA JPN 43.99		5 CORDERO FEDERICO USA 46.54		1 WANG JING-CHAN TAI 48.70		2 EMPEY BILL AUS 54.80		1 GATHERCOLE HARRY AUS 32.14		2 TILL BLAIN CAN 36.30		3 KERN WALTER FRG 38.00		4 KAPADIA J.A. IND 39.54		5 KATO MIROSHI JPN 42.06		6 SIMPSON GEORGE AUS 45.69		7 LUM BING USA 46.87		1 SEUBERLICH LIESELOTTE FRG 31.82		2 BANNISTER JOYCE AUS 31.85		3 HVEEN KIRSTEN NOR 32.09		4 GREEN JOYCE AUS 33.91		5 MACKINNON MARGARET AUS 33.92		6 SMITH BETTY NZL 36.94		7 POLUSCHINSKY LIESELOTTE FRG 37.20		1 ANDERSON HERBERT (HERB) USA 38.76		2 PEREZ LONGINO MEX 39.24		3 PITCHER ARLING USA 42.09		4 TOGIYA SHIZUKA JPN 43.99		5 CORDERO FEDERICO USA 46.54		1 WANG JING-CHAN TAI 48.70		2 EMPEY BILL AUS 54.80		1 GATHERCOLE HARRY AUS 32.14		2 TILL BLAIN CAN 36.30		3 KERN WALTER FRG 38.00		4 KAPADIA J.A. IND 39.54		5 KATO MIROSHI JPN 42.06		6 SIMPSON GEORGE AUS 45.69		7 LUM BING USA 46.87		1 SEUBERLICH LIESELOTTE FRG 31.82		2 BANNISTER JOYCE AUS 31.85		3 HVEEN KIRSTEN NOR 32.09		4 GREEN JOYCE AUS 33.91		5 MACKINNON MARGARET AUS 33.92		6 SMITH BETTY NZL 36.94		7 POLUSCHINSKY LIESELOTTE FRG 37.20		1 ANDERSON HERBERT (HERB) USA 38.76		2 PEREZ LONGINO MEX 39.24		3 PITCHER ARLING USA 42.09		4 TOGIYA SHIZUKA JPN 43.99		5 CORDERO FEDERICO USA 46.54		1 WANG JING-CHAN TAI 48.70		2 EMPEY BILL AUS 54.80		1 GATHERCOLE HARRY AUS 32.14		2 TILL BLAIN CAN 36.30		3 KERN WALTER FRG 38.00		4 KAPADIA J.A. IND 39.54		5 KATO MIROSHI JPN 42.06		6 SIMPSON GEORGE AUS 45.69		7 LUM BING USA 46.87		1 SEUBERLICH LIESELOTTE FRG 31.82		2 BANNISTER JOYCE AUS 31.85		3 HVEEN KIRSTEN NOR 32.09		4 GREEN JOYCE AUS 33.91		5 MACKINNON MARGARET AUS 33.92		6 SMITH BETTY NZL 36.94		7 POLUSCHINSKY LIESELOTTE FRG 37.20		1 ANDERSON HERBERT (HERB) USA 38.76		2 PEREZ LONGINO MEX 39.24		3 PITCHER ARLING USA 42.09		4 TOGIYA SHIZUKA JPN 43.99		5 CORDERO FEDERICO USA 46.54		1 WANG JING-CHAN TAI 48.70		2 EMPEY BILL AUS 54.80		1 GATHERCOLE HARRY AUS 32.14		2 TILL BLAIN CAN 36.30		3 KERN WALTER FRG 38.00		4 KAPADIA J.A. IND 39.54		5 KATO MIROSHI JPN 42.06		6 SIMPSON GEORGE AUS 45.69		7 LUM BING USA 46.87		1 SEUBERLICH LIESELOTTE FRG 31.82		2 BANNISTER JOYCE AUS 31.85		3 HVEEN KIRSTEN NOR 32.09		4 GREEN JOYCE AUS 33.91		5 MACKINNON MARGARET AUS 33.92		6 SMITH BETTY NZL 36.94		7 POLUSCHINSKY LIESELOTTE FRG 37.20		1 ANDERSON HERBERT (HERB) USA 38.76		2 PEREZ LONGINO MEX 39.24		3 PITCHER ARLING USA 42.09		4 TOGIYA SHIZUKA JPN 43.99		5 CORDERO FEDERICO USA 46.54		1 WANG JING-CHAN TAI 48.70

Continued from previous page

HEAT (H) AND SEMIFINAL (S)
TIMES OF USA RUNNERS

400 - M40	
H Perry Joe	57.97
H Duffy Dennis	54.34
S Duffy Dennis	53.88

400 - M45	
H Stanford Robert	54.39
H O'Hara Tom	54.08
H Lomax Jon	55.79
H Steffes Jackson	58.00
H Nellesen John	59.05
H Puckett Jim	57.60
H Niedermeyer Fred	56.26
H Tancredi Dennis	55.02

S Stanford Robert	53.72
S O'Hara Tom	53.77
S Tancredi Dennis	55.85

400 - M50	
H Johnson Paul	54.87
H Baker Ken	54.90
H Mathis Jim	55.75
H Summerlin Ralph	59.38
H Colbert Lawrence	55.60
H King Stan	57.27

S Mathis Jim	55.52
S Baker Ken	56.20
S King Stan	57.67
S Colbert Lawrence	53.79
S Johnson Paul	54.91

400 - M55	
H Mehmedbasich Enver	1:06.11
H Brown Harry	59.13
H Robinson Will	1:01.52

S Brown Harry	59.76
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400 - M60	
H Watanabe Bob	1:01.12
H Harte Gene	1:01.70
H Valentine Rudolph	1:01.11
H Harris Oscar	1:06.34
H Smith Dean	1:01.98

400 - M65	
H Rohena David	1:07.92
H Hirst Lee	1:04.81
H Hunt Bob	1:06.15
H Sponseller Jay	1:06.28
H McCarthy John	1:07.72

400 - M70	
H Fairbank Bill	1:12.22
H Lightfoot Milo	1:16.47
H Collins Andy	DNF

400 - W35	
H Jackson-Owsley M	1:28.62
H Anderson Debbie	1:05.17

400 - W40	
H None	

400 - W45	
H Cullen Mary	1:15.47
H O'Connor Nadine	1:06.19

400 - W50	
H Obera Irene	1:07.23
H Chou Fei-Mei	1:27.27
H Snyder Gretchen	1:10.64

400 - W55	
H Patterson Mary	1:20.65

M40 800	
H Duffy Dennis	2:15.99
H Shirley Graeme	2:04.55
H Perry Joe	2:10.68
H Hampton Jim	2:05.02
H Mason George	2:03.37
S Mason George	1:59.97

800 - M45	
H Lomax Jon	2:15.94
H Bedell Cliff	2:08.25
H Tancredi Dennis	2:10.25
H Needham Bill	2:14.46
H Cohen George	2:07.29
H Cosgrove John	2:21.96
H Jones Richard	2:25.00
H Owers Eric	2:04.52

S Cohen George	2:02.98
S Owers Eric	2:05.05

800 - M50	
H Baker Ken	2:08.00
H Alexander Edwin	2:32.79
H Karlin Fred	2:20.44
H Lehr Fred	2:22.62
H Billups Ernest	2:08.71
H Conner John	2:09.31
H Bourke Christopher	2:18.57

S Baker Ken	2:07.88
S Billups Ernest	2:10.34
S Conner John	2:08.88

800 - M55	
H Sturak Tom	2:25.84
H Miller Ralph	2:12.84
H Jones Casey	2:19.22

800 - M60	
H Smith Dean	2:24.41
H Green Jack	2:48.25
H Brown Kelsey	2:21.90
H Cole Wallace	2:44.79
H Davenport Bob	2:50.77

800 - M65	
H Grove Troy	3:00.87
H Pain David	3:05.37
H Sponseller Jay	2:38.70
H Strassenburg Howard	2:42.60

H Rice Jack	2:34.41
H Wilgus Don	3:06.95
H McCarthy John	2:51.39

800 - M70	
H Bulkley Dan	2:45.87
H Fairbank Bill	2:58.84
H Stotsenberg Ed	3:02.30
H Hull Robert	4:06.05

800 - W35	
H Anderson Debbie	2:22.27

800 - W40	
H Upton Linda	2:28.72
H Houlton Susan	2:30.49

800 - W45	
H Ulliyot Joan	2:40.11

800 - W50	
H Snyder Gretchen	2:46.94

1500 - M40	
H Loudat Web	4:08.69
H Shirley Graeme	4:11.36
H Smith Tracy	4:09.08
H Hampton Jim	4:10.37
H Hall Kirk	4:33.95

1500 - M45	
H Needham Bill	4:46.81
H Cohen George	4:14.17
H Murphy James	4:40.31
H Barwick Edward	5:08.75
H Bedell Cliff	4:33.45
H Owers Eric	4:25.71

1500 - M50	
H Conner John	4:27.89
H Billups Ernest	4:25.37

1500 - M55	
H Keat James	5:02.88
H Bangs Allan	5:40.91
H Sturak Tom	5:03.71

1500 - M60	
H Brown Kelsey	4:58.08
H Green Richard	5:06.85
H Carey Bill	5:29.49
H Smith Dean	4:59.98
H Davenport Bob	5:39.14

1500 - W40	
H Upton Linda	5:08.96
H Houlton Susan	5:11.77

400 M SPRINT	FINALS	M40	MSS
1 CROMBIE PETER	AUS	51.30	
2 STEINMANN MEINZ	AUS	51.75	
3 DUFFY LESLIE	GBR	52.07	
4 CATHERALL ROB	AUS	52.10	
5 JAMES DENIS	AUS	52.37	
6 KAUFMANN HANSJORG	GUY	52.76	
7 PUTKINEN SEPPA JUMI	FIN	52.96	
8 CARINS MIKE	AUS	53.64	

400 M SPRINT	FINAL	M45
1 RHEINECK HANNO	FRG	50.46
2 STEINMANN MEINZ	FRG	50.95
3 CRITCHLEY PAUL	AUS	52.25
4 TURNER FRED	AUS	52.43
5 STANFORD ROBERT	USA	52.85
6 KERNAGHAN BRIANIE	AUS	52.54
7 DAIH CHIK A.	ULH	54.04
8 O'HORA TOM	USA	55.22

400 M SPRINT	FINALS	M50	MSS
1 AUSTIN REGINALD	AUS	51.81	
2 COLBERT LAWRENCE	USA	52.76	
3 CLOUGH NOEL	AUS	53.50	
4 JOHNSON PAUL	USA	54.50	
5 MCPHAIL BRUCE	NZL	54.54	
6 MATHIS JIM	USA	55.46	
7 THOMAS MAL	AUS	56.03	
8 BUSS KARL-MEINZ	FRG	56.52	

400 M SPRINT	FINALS	M55	MSS
1 WILLIAMS CHARLES S.	GBR	53.98	
2 NEUMANN BERTOLD	FRG	54.49	
3 CHURCHILL TONY	GBR	57.05	
4 FEE EARL	CAN	57.49	
5 DANIELS FRED	AUS	57.90	
6 CARR DAVID	AUS	58.78	
7 IGRENYI FERENC	HUN	59.41	

400 M SPRINT	FINALS	M60	MSS
1 SELIER WILHELM	FRG	58.12	
2 COWLER JOHN	IRL	59.25	
3 MOLO SVEN	NOR	1:02.7	
4 ANERUD HARALD	NOR	1:15.4	
5 VALENTINE RUDOLPH	USA	1:16.5	
6 HISHON TOM	AUS	1:20.9	
7 EVANS FRANK	NZL	1:23.9	
8 HARTE GENE	USA	1:31.1	

400 M SPRINT	FINALS	M65	MSS
1 HIRST LEE	USA	1:42.8	
2 JOHNSTON MIKE	AUS	1:43.2	
3 RYAN JACK	AUS	1:47.9	
4 SPONSELLER JAY	USA	1:53.1	
5 HUNT BOB	USA	1:62.3	
6 ROHENA DAVID	USA	1:73.4	
7 MINALY TIDOR	HUN	1:04.9	
8 MCCARTHY JOHN J	USA	1:09.0	

400 M SPRINT	FINALS	M70	MSS
1 WEINACHT BILL	USA	1:67.2	
2 WATANABE GENTARO	JPN	1:73.2	
3 MURIN ERIK	SWE	1:81.5	
4 STUBBINGS WALTER	AUS	1:11.77	
5 COOGAN ANDREW	GUY	1:12.70	
6 SALMINEN EINO	FIN	1:13.01	
7 FAIRBANK BILL	USA	1:13.36	

400 M SPRINT	FINALS	M75	MSS
1 TURNER VIC	AUS	1:13.65	
2 VERWAYEN PETRUS	BEL	1:14.41	
3 MAILO FRIEDRICH-ER	FRG	1:16.07	
4 PFANZELT EDUARD	FRG	1:17.13	
5 BARLING CLIFF	AUS	1:19.36	
6 NILSEN RUDOLF	NOR	1:21.30	
7 MOVIK TRYGVE	NOR	1:22.92	

400 M SPRINT	FINALS	M80	MSS
1 GATHERCOLE HARRY	AUS	1:21.79	
2 TILL BLAIN	CAN	1:31.72	
3 KATO MIROSHI	JPN	1:38.14	
4 MOSANGADI P	IND	1:52.31	

400 M SPRINT	FINALS	M85	MSS
1 PEREZ LONGINO	MEX	1:31.54	
2 ANDERSON HERBERT	USA	1:43.74	
3 GUDIBANDA N	IND	1:51.62	

400 M SPRINT	FINALS	M90	MSS
1 WANG JING-CHAN	TAI	2:11.05	

400 M SPRINT	FINALS	M95	MSS
1 MARLER CAROLINE	GBR	57.15	
2 PERKINS WILMA	AUS	58.60	
3 PFEIFFER CHRISTINE	GUY	58.75	
4 CHADWICK SHARON	AUS	1:15.55	
5 RENDINA CHARLENE	AUS	1:18.7	
6 NANTEUIL MONIQUE	FRA	1:23.9	
7 HARE VIRGINIA	AUS	1:32.6	
8 ADAMS KAREN	AUS	1:38.9	

400 M SPRINT	FINALS	M100	MSS
1 HYNES JAN	AUS	58.21	
2 TURNER CHRISTINE	NZL	59.52	
3 HOLCOMBE ANNE	AUS	59.89	
4 ALLISON MARGE	AUS	1:01.51	
5 WALDIS BEATRICE	SUI	1:18.2	
6 JOHNSON JANET	AUS	1:28.2	
7 AUGUST MARGARET	NZL	1:35.9	
8 CALLANDER NOWI	NZL	1:45.2	

400 M SPRINT	FINALS	M105	MSS
1 POLLOCK JUDY	AUS	1:18.6	
2 HOLLAND KATHLEEN	AUS	1:25.8	
3 KUMMERLE-VALK FRIDERUN	FRG	1:35.0	
4 BARNABAS GLORY	SIN	1:51.2	
5 HOLIKNECHT INGRID	FRG	1:51.7	
6 MORREY JAN	AUS	1:57.0	
7 WOLD SUSANNA	NOR	1:19.1	
8 CARLSSON KRISTINA	SWE	1:71.3	

400 M SPRINT	FINALS	M110	MSS
1 OBERA IRENE R.	USA	1:46.3	
2 SMITH PAT	HOL	1:51.3	
3 MARTIN PIKKO	FIN	1:67.7	
4 GARCIA DE NOVEFINA	VEN	1:79.9	
5 PRATSCHE MEIDI	FRG	1:10.40	
6 NILSSON ASTRID	SWE	1:10.86	
7 SNYDER GRETCHEN	USA	1:11.04	
8 TANG WING MONICA	TRI	1:15.24	

400 M SPRINT	FINALS	M115	MSS
1 PIRIE DAPHNE	AUS	1:11.46	
2 BRUNKER COLLEEN	NZL	1:13.15	
3 COOPER ANN	AUS	1:13.17	
4 LARSSON ASTA	SWE	1:15.21	
5 ADAMS BEVERLEE	AUS	1:18.93	
6 CARR PATRICIA	AUS	1:19.06	
7 PETLEY MARCIA	NZL	1:22.64	
8 CARRIER RUTH	GBR	1:23.23	

400 M SPRINT	FINALS	M120	MSS
1 BANNISTER JOYCE	AUS	1:14.38	
2 GREEN JOYCE	AUS	1:19.76	
3 LUNDKVIST GUNNEL	SWE	1:20.84	
4 DASHWOOD ROSAMUND	CAN	1:22.00	
5 MUTAPEA EMMY MARYAM	INA	1:34.82	
6 PORTESI NELIDA	ARG	1:53.52	
7 ERIKSEN HALLFRID	NOR	1:55.07	

400 M SPRINT	FINALS	M125	MSS
1 SCHNEIDERMAN PAULA	FRG	1:14.31	
2 HOGAN AILEEN	AUS	1:16.24	
3 MAULE ELISABETH	FRG	1:24.62	
4 PARTRIDGE MARIE	AUS	1:26.07	
5 HOGGIST EILA	FIN	1:26.56	
6 DAVIDSON GERRY	USA	1:29.42	
7 STAFFORD MARIE	USA	1:34.17	
8 HEAD PHYLLIS JOYCE	AUS	1:50.24	

400 M SPRINT	FINALS	M130	MSS
1 ERIKSSON EWA	SWE	1:33.98	
2 SAUMIER ISOBEL	CAN	1:37.17	
3 HICKS BURNIS	USA	1:40.76	
4 WEDENO NORA	SWE	1:50.89	
5 STOTSENBERG DOROTHY	USA	2:9.77	

400 M SPRINT	FINALS	M135	MSS
1 GRANSTROM IVY	CAN	1:52.57	
2 JACKSON MARGARET	USA	1:53.20	
3 FORGES AILSA	NZL	2:16.92	

800 M RUN	FINALS	M40	MSS
1 BELL RON	GBR	1:59.35	
2 TUCKER RAY	CAN	2:06.9	
3 BRUNNKE REINER	FRG	2:08.9	
4 DUFFY LESLIE	GBR	2:24.8	
5 CATHERALL ROB	AUS	2:25.8	
6 MASON GEORGE	USA	2:34.8	
7 ACOSTA AMAYA LOREN	MEX	2:40.3	
8 ROLLINSON TREVOR	AUS	2:64.1	

800 M RUN	FINALS	M45	MSS
1 SIRT DAVID	NZL	2:21.6	
2 CRITCHLEY PAUL	AUS	2:35.9	
3 BRADFORD ALAN	AUS	2:39.1	
4 MELROSE IAN	AUS	2:46.7	
5 SILVA NELSON GOMES	BRA	2:8.95	
6 OWERS ERIC	USA	2:10.15	
7 FITZJOHN TONY	GBR	2:11.89	
8 COHEN GEORGE	USA	2:14.90	

US	58.21		
UZL	59.52		
	59.89	800 M RUN	
US 1	0.51	1 BABE IAN	
US 1	1.82	2 BAKER KEN	
US 1	2.28	3 ROBERTS TOM	
UZL 1	3.59	4 CLOUGH NOEL	
UZL 1	4.52	5 JUSTICE JOHN	
		6 COZENS ROBERT	
45 MSS		7 CONNER JOHN	
		8 BILLUPS ERNEST	

Continued from previous page

1500 M RUN	FINAL M80	MSS
1 BENHAM ED	USA 6 4.26	
2 NIELSEN LA GRAND	USA 7 22.61	
3 KATO HIROSHI	JPN 7 56.91	
4 BARNACLE EDDIE	AUS 90 59.24	

1500 M RUN	FINAL M85	MSS
1 PEREZ LONGINO	MEX 7 3.36	
2 SWANGLER M.D. PAUL	USA 8 37.53	

1500 M RUN	FINAL M35	MSS
1 HANSEN JACQUELINE	USA 4 42.21	
2 LYNN GAYE	AUS 4 46.39	
3 BUSTED ROBYN	AUS 4 48.27	
4 ANDERSON DEBBIE	USA 4 51.56	
5 JOYCE ALANA	NZL 5 5.06	
6 MUNNER MARIA	FRG 5 8.05	
7 MIDDLETON SANDRA	AUS 5 10.48	
8 GRAHAM PAM	NZL 5 11.99	

1500 M RUN	FINAL M40	MSS
1 DALY JUDY	AUS 4 38.75	
2 GALLAGHER PATRICIA	GBR 4 38.91	
3 KOZAK ERNA	CAN 4 39.24	
4 AUGUST MARGARET	NZL 4 57.29	
5 UPTON LINDA	USA 4 58.06	
6 MOULTON SUSAN	USA 4 59.96	
7 WILLIAMS BARBARA	AUS 5 14.90	
8 MACLOUGHLIN RUTH	NZL 5 16.18	

1500 M RUN	FINAL M45	MSS
1 KENNY PAM	NZL 5 6.72	
2 ORMAN MARGARET	NZL 5 7.28	
3 CARLSSON KRISTINA	SWE 5 10.54	
4 ULLYOT JOAN	USA 5 11.34	
5 FLECK SANDRA	AUS 5 16.66	
6 RILEY FAY	NZL 5 17.44	
7 BENNETT WENDY	AUS 5 30.34	
8 CARLSEN EVA	NOR 5 31.56	
9 CULLEN MARY	USA 5 45.99	

1500 M RUN	FINAL M50	MSS
1 MARTIN PIKKO	FIN 5 6.03	
2 HOAGLAND JEANNE	USA 5 9.42	
3 MAXWELL KIM	CAN 5 27.31	
4 MILES JUNE	NZL 5 28.26	
5 IDEMA INA	NZL 5 45.68	
6 KUJALA LIISA	FIN 5 52.55	
7 HEWITT PAULINE	NZL 5 53.91	
8 MURDLE JOANIE	NZL 5 56.91	

1500 M RUN	FINAL M55	MSS
1 ALBURY JEAN	AUS 5 30.04	
2 NARANJO MS PAZ	ESP 5 59.16	
3 SEGER ULLA	SWE 6 3.35	
4 SIMPSON SONIA	AUS 6 4.31	
5 CARRIER RUTH	CAN 6 16.31	
6 BOURN RACHEL	USA 6 17.33	
7 ANDERSON RUTH	USA 6 19.42	
8 WEBB OLIVE	AUS 6 39.58	

1500 M RUN	FINAL M60	MSS
1 BRASHER SHIRLEY	AUS 5 44.81	
2 LUNDKVIST GUNNEL	SWE 6 0.02	
3 SELLS THELMA	AUS 6 2.42	
4 HERINGHAUS URSULA	FRG 6 10.98	
5 CAMERON HAZEL	CAN 6 15.39	
6 BRECHBUHL DORLY	CAN 6 41.85	
7 FAULL SHIRLEY	NZL 6 58.19	
8 MCRAE JEWEL	NZL 7 2.77	

1500 M RUN	FINAL M65	MSS
1 TIBBLING BRITTA	SWE 6 16.47	
2 MARVIN LENORE	CAN 6 42.37	
3 DIXON PAT	USA 6 45.67	
4 DAVIDSON GERRY	USA 6 48.35	
5 STAFFORD MARIE	USA 7 17.64	
6 CLYNE MARGARET	AUS 7 40.45	
7 KOENIG VADINE	USA 7 43.99	

1500 M RUN	FINAL M70	MSS
1 LUTHER JOHANNA	FRG 6 48.72	
2 ERIKSSON EWA	SWE 7 32.56	
3 STOTSENBERG DOROTHY	USA 8 55.14	
4 NICHOLLS AKLEY	AUS 9 16.55	

1500 M RUN	FINAL M75	MSS
1 GRANSTROM IVY	CAN 8 23.65	
2 FORBES AILSA	NZL 9 17.07	
3 JAMES BESS	USA 10 8.91	

1500 M RUN	FINAL M80	MSS
1 SALISBURY MARILLA	USA 12 43.87	

5000 M RUN	FINAL M40	MSS
1 DIXON JOHN	NZL 15 4.75	
2 LOUDAT WEB	USA 15 13.24	
3 DUFF MARTIN	GBR 15 14.36	
4 HOUSE REG	NZL 15 15.07	
5 SUMPTER PAUL	NZL 15 17.90	
6 GRACE NOEL	IRL 15 21.76	
7 O'BRIEN COLIN	AUS 15 24.66	
8 WEGNER HORST	AUS 15 25.38	
40 Beardslee Bob	USA 16:52.95	
46 Chapman Greg	USA 17:01.68	
61 Hall Kirk	USA 17:24.94	
65 Tuinzing Kees	USA 17:29.71	

5000 M RUN	FINAL M45	MSS
1 VILLANUEVA ANTONIO	MEX 14 44.18	
2 ROBERTSON RON	NZL 15 20.47	
3 LE BAS DOUG	AUS 15 27.99	
4 UNDERSAKER NILS	NOR 15 34.96	
5 SMITH FREDERICK	NZL 15 38.15	
6 JONES BARRY	NZL 15 54.68	
7 MCNAMARA JIM	IRL 15 57.57	
8 WEATHERLEY JOHN	NZL 15 58.80	
31 Murphy James	USA 17:27.21	
34 Bedell Cliff	USA 17:33.15	
79 Barvick Edward	USA 18:49.86	
102 Elwarner John	USA 20:42.83	

5000 M RUN	FINAL M50	MSS
1 ALDEGALAGA ARMANDO	POR 16 0.24	
2 COWIE JOE	NZL 16 1.78	
3 SEYMOUR JIM	AUS 16 2.13	
4 MACDONALD JIM	NZL 16 3.32	
5 FRIEDLI EDGAR	SUI 16 11.60	
6 BAILLIE WILLIAM	NZL 16 22.45	
7 WILLIAMSON BILL	AUS 16 26.12	
8 PEARCE KEITH	NZL 16 34.14	
49 Jacobs James	USA 18:47.26	
68 DesJardins Charles	USA 19:30.75	
78 Alexander Edwin	USA 20:18.53	
93 Jabloner Herbert	USA 22:19.57	

5000 M RUN	FINAL M55	MSS
1 LONGMORE BRUCE	AUS 16 59.87	
2 WOOD J. (DEREK)	GBR 17 4.36	
3 CARTER ALLEN	NZL 17 15.77	
4 LODGE KEITH	AUS 17 29.16	
5 FITZGERALD BERNARD	NZL 17 35.60	
6 KNOPP HERMANN	FRG 17 38.52	
7 MOLINE IVAR	SWE 17 39.60	
8 MELROSE DON	NZL 17 53.98	
36 Goering Dale	USA 19:35.84	
61 Mundle Pete	USA 21:08.58	
72 Mitchell Richard	USA 22:16.45	
75 Gregson John	USA 23:02.80	

5000 M RUN	FINAL M60	MSS
1 TURNBULL DEREK	NZL 17 27.39	
2 BERGMAN RUNE	SWE 17 37.98	
3 BELMORE ROBERT	GBR 17 43.43	
4 OINONEN UNTO	FIN 17 56.26	
5 O'NEIL JIM	USA 18 9.99	
6 TORRES LUIS HUMBER	USA 18 19.19	
7 KYSTAD JAN	NOR 18 20.64	
8 SCHEER KARL	FRG 18 25.68	
21 Carey Bill	USA 20:22.30	
24 Davenport Bob	USA 20:53.07	
30 Rasch George	USA 21:11.95	
36 Green Jack	USA 21:29.62	

5000 M RUN	FINAL M65	MSS
1 RYAN JACK	AUS 17 43.35	
2 GILMOUR JOHN	AUS 18 18.51	
3 BERGETH MATHIAS	NOR 18 53.25	
4 PERSSON BENGT	SWE 18 55.44	
5 TODD JAMES	GBR 19 9.40	
6 McDONALD TED	AUS 19 36.66	
7 FAUDE PAUL	SUI 19 40.77	
8 CLARK HUGH	NZL 19 43.14	
18 Strassenburg Howard	USA 21:54.16	
23 Shank Bill	USA 22:27.76	
26 Woods John	USA 22:34.72	
28 Wilgus Don	USA 22:49.22	
37 Allen Dale	USA 25:18.29	
47 Cummins Carl	USA 29:21.09	

5000 M RUN	FINAL M70	MSS
1 GULBRANSEN NORMAN	AUS 20 28.71	
2 BURGOYNE ALAN	AUS 21 19.56	
3 KELLER EUGENE (EEK)	USA 21 24.38	
4 GAKIS PANAGIOTIS	GRE 22 32.76	
5 GREEN CLEM	NZL 22 55.74	
6 WARD JIM	USA 24 16.30	
7 BOULD CLIFFORD	AUS 24 21.60	
8 STAPLETON SAM	AUS 24 43.53	
9 THEUNE GERHARD	FRG 24 22.72	
10 HULL ROBERT	USA 25 22.22	

5000 M RUN	FINAL M75	MSS
21 AELLEN LUCIEN M.	SUI 22 18.58	
35 SMITH GORDON	USA 22 54.16	
38 COX FRANK	AUS 22 54.12	
39 NICHOLLS STAN	AUS 22 54.12	
42 HANG CHEN LING	CHN 26 31.52	
43 JAMIESON JIM	NZL 27 38.11	
44 PRESTON HARRY	AUS 27 49.03	
46 YANG CHING-HSIEH	TAI 29 4.47	

5000 M RUN	FINAL M80	MSS
1 BENHAM ED	USA 22 31.82	
2 NIELSEN LA GRAND	USA 22 42.05	
3 ALTHAUS ALFRED	FRG 27 6.26	
4 CHAPMAN WILLIAM	GBR 27 24.41	

5000 M RUN	FINAL M85	MSS
1 SPANGLER M.D. PAUL	EUSA 32 3.75	

5000 M RUN	FINAL M35	MSS
1 HANSEN JACQUELINE	USA 17 43.09	
2 LYNN GAYE	AUS 17 51.58	
3 STEWART JUDITH	NZL 17 57.33	
4 PRYDE MARGO	NZL 18 0.41	
5 JOYCE ALANA	NZL 18 6.62	
6 WETTLER CATHERINE	FRA 18 36.40	
7 THODEY LIZ	NZL 18 42.62	
8 SANTICH MAXINE	AUS 18 43.02	
12 Filley Trish	USA 18:50.07	
17 Jones Marina	USA 19:57.70	

5000 M RUN	FINAL M40	MSS
1 TAYLOR PRUE	NZL 17 47.60	
2 ADAMS ELEANOR	GBR 17 53.30	
3 WILD CAROL ANN	GBR 18 6.03	
4 HILDEBRAND CHRISTINE	AUS 18 39.23	
5 PETRIE LAVINIA	AUS 18 39.35	
6 WILSON ANNE	AUS 19 5.58	
7 STOLZ SUSAN	USA 19 16.73	
8 LAUNDY BEVERLEY	AUS 19 21.23	

5000 M RUN	FINAL M45	MSS
1 Baird Theresa	AUS 18 15.08	
2 Browne Dot	AUS 19 01.81	
3 Thompson Carol	NZL 19 37.87	

5000 M RUN	FINAL M50	MSS
1 HOAGLAND JEANNE	USA 19 17.00	
22 MILES JUNE	NZL 20 39.39	
22 HEWITT PAULINE	NZL 20 55.00	
22 KUJALA LIISA	FIN 20 58.00	
24 ROSE ALICE K	CAN 20 59.00	
30 DALGLEISH BARBARA	AUS 21 33.00	
35 YOUNG ANNE	AUS 21 43.00	
36 REDHEAD SHIRLEY	AUS 21 57.00	
10 Robinson Judy	USA 22:22.99	
13 Goering Kenny	USA 22:43.00	

5000 M RUN	FINAL M55	MSS
1 Albury Jean	AUS 19 26 59	
2 Fletcher Peggy	GBR 20 27 63	
3 Irvine Marion	USA 20 29 40	

5000 M RUN	FINAL M60	MSS
1 BRASHER SHIRLEY	AUS 21 14.53	
2 LITTLE NAN	NZL 21 51.40	
3 HERINGHAUS URSULA	FRG 22 22.62	
4 DASHWOOD ROSAMUND	CAN 22 56.35	
5 CAMERON HAZEL	CAN 22 58.11	
6 SELLS THELMA	AUS 23 7.00	
7 FAULL SHIRLEY	NZL 26 1.06	
8 MCRAE JEWEL	NZL 26 26.34	

5000 M RUN	FINAL M65	MSS
1 MARVIN LENORE	CAN 23 45.33	
2 DAVIDSON GERRY	USA 24 48.40	
3 PARTIDGE MARIE	AUS 25 19.85	
4 FALKE ELFRIEDE	FRG 25 46.35	
5 GUNTHER MARIA-REGINA	FRG 26 25.66	
6 PALIN VI	AUS 26 29.37	
7 HEAD PHYLLIS JOYCE	AUS 27 22.87	
8 STAFFORD MARIE	AUS 27 40.30	
9 KOENIG VADINE	USA 28 23.22	

5000 M RUN	FINAL M70	MSS
1 LUTHER JOHANNA	FRG 25 40.43	
2 KEUCHEL HILDEGARD	FRG 28 12.55	
3 NICHOLLS ARLEY	AUS 29 56.34	
4 WERBEL ALICE	USA 32 18.44	

5000 M RUN	FINAL M75	MSS
1 HIEISCHER BERTHA	FRG 30 25.97	
2 GRANSTROM IVY	CAN 31 18.30	
3 FORBES AILSA	NZL 37 17.16	

5000 M RUN	FINAL M80	MSS
1 SALISBURY MARILLA	USA 46 29.37	

10000 M RUN	FINAL M40	MSS
1 SUMPTER PAUL	NZL 30 23.10	
2 BOROWSKI AMBINE	FRA 30 44.30	
3 MURRAY TONY	AUS 30 58.45	
4 SHERIDAN JOHN	IRL 30 48.35	
5 CREECHY MIKE	CAN 31 11.83	
6 DUFF MARTIN	GBR 31 14.89	
7 WEGNER HORST	AUS 31 17.06	
8 DE KIEVITH MARCEL	AUS 31 25.34	
43 Chapman Greg	USA 34:38.95	
66 Tuinzing Kees	USA 35:32.09	

10000 M RUN	FINAL M45	MSS
1 VILLANUEVA ANTONIO	MEX 30 2.56	
2 MCNAMARA JIM	IRL 31 57.03	
3 SMITH FREDERICK	NZL 31 57.38	
4 CONNOLLY PETER	AUS 32 8.24	
5 GOODWIN RODNEY	AUS 32 16.19	
6 RYAN NEIL	AUS 32 22.99	
7 REZAC IVO	TCH 32 47.18	
8 MOORE ROBERT	CAN 32 40.87	
30 Murphy James	USA 35:03.00	
81 Barvick Edward	USA 37:37.50	

10000 M RUN	FINAL M50	MSS
1 ALDEGALAGA ARMANDO	POR 33 20.26	
2 VALASTI TAUNO	FIN 33 22.28	
3 SEYMOUR JIM	AUS 33 37.34	
4 COWIE JOE	NZL 34 10.25	
5 WILLIAMSON BILL	AUS 34 13.39	
6 LAURIDSEN BENT	DEN 34 19.08	
7 KESSLER JOHANNES	FRG 34 23.24	
8 PUCKETT RAY	NZL 34 33.49	
62 DesJardins Charles	USA 40:45.60	
72 Jacobs James	USA 41:23.43	
72 Lehr Fred	USA 42:11.48	
18 Pimentel Ron	USA 51:55.14	
19 Holsten Don	USA 52:58.01	

10000 M RUN	FINAL M55	M55
1 GREEN NORMAN	USA 33 53.58	
2 LONGMORE BRUCE	AUS 36 11.21	
3 MELROSE DON	NZL 36 42.08	
4 WOOD J. (DEREK)	GBR 37 12.50	
5 LINDER KJELL	SWE 37 42.94	
6 HUGHES BILL	AUS 37 46.83	
7 SETON BILL	AUS 37 47.08	
8 CAMERON DON	NZL 38 23.71	
32 Goering Dale	USA 42:06.12	
36 Ryan Field	USA 42:21.50	
38 Keat James	USA 42:29.07	
74 Mitchell Richard	USA 47:09.56	
87 Mundle Pete	USA 52:22.21	

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80 M HURDLE FINALS M75 S.S 1 PAJUNEN ANTI FIN 16.29 2 SIMOLA HEIKKI FIN 16.73 3 MORROW BERT USA 16.77 4 WISCHMANN BERND FRG 17.93 5 MAHLO FRIEDRICH-ERN FRG 18.01 6 GEMM MELMUTH FRG 18.83 999 HILLS CLAUDE USA DNS	400 M HURDLE FINALS M55 MSS 1 PARLEVLIET JAN E. HOL 1 2.31 2 STICKLER HANS SWE 1 3.88 3 ANTHONY QUENTIN AUS 1 6.96 4 MOULTON BRUCE AUS 1 7.30 5 FEBBE DIEGO ITA 1 8.05 6 GREEN HAROLD USA 1 10.75 7 NASRALLA TONY JAM 1 11.33 8 SHEAHEN AL USA 1 11.77	2 K STEEPLE FINALS M60 MSS 1 TORRES LUIS HUMBERT USA 7 43.45 2 ECCLES JOHN NZL 7 54.29 3 KYSTAD JAN NOR 7 55.71 4 WHITE GRAHAM NZL 8 10.87 5 COLLINS MERVYN AUS 8 12.06 6 BETTELLA FRANCESCO ITA 8 30.69 7 JONES JOE NZL 8 43.91 8 TYSON ALLEN AUS 8 54.06	5 K TRACK WALK FINALS M75 MSS 1 DAINTRY TOM AUS 28 2.26 2 MC GUIRE FRANK AUS 31 13.29 3 DE PETRA GIULIO ITA 31 36.30 4 BRIVIO MARIO ITA 32 25.13 5 WALLACE GORDON USA 33 17.46 6 HALLIFAX GEORGE GBR 34 41.11 7 COLLINS JACK AUS 35 52.71 8 YANG CHING-HSIEH TAI 37 2.29	20 K ROAD WALK FINALS M40 HMS 1 BIUGGELI BERNARD SUI 1 34 59 2 WHITE GEORGE AUS 1 36 48 3 THOMSON DAVE AUS 1 37 16 4 DUON BRUCE AUS 1 37 39 5 COX DON AUS 1 37 44 6 SAINT MARTIN J FRA 1 38 20 7 FULLAGER PETER AUS 1 39 26 8 ANDREWS CLAUDE FRG 1 40 7 26 Wilson Lon USA 2:10:28
80 M HURDLE FINALS M80 S.S 1 SIMPSON GEORGE AUS 33.23 100 M HURDLE FINALS M35 S.S 1 GEIST ELKE FRG 14.35 2 HINDLE EILEEN AUS 14.51 3 BLUME DAGMAR FRG 15.35 4 MUNT PENNY NZL 16.26	300 M HURDLE FINALS M60 MSS 1 HOILD SVEIN NOR 46.61 2 SUCKNUUTI MANNU FIN 46.87 3 VALENTINE RUDOLPH USA 47.19 4 AANERUD MARALD NOR 47.87 5 KRENZER HEINZ FRG 48.87 6 FIGUERAS JOSEF URU 49.37 7 WICHMANN KARRI FIN 49.78	2 K STEEPLE FINALS M65 MSS 1 KEMPGEN HEINZ FRG 9 3.70 2 GRANBY V.A. (BILL) USA 10 21.51 3 PETERS CHET USA 10 26.06 4 SWINDELLS KEN NZL 10 47.56 5 FRANCES LEN NZL 10 54.62	5 K TRACK WALK FINALS M85 MSS 1 SPANGLER M.D PAUL E USA 39 14.54 2 GARDINER BERT AUS 40 59.24 5 K TRACK WALK FINALS M90 MSS 1 THEOBALD A.A. (GUS) AUS 35 18.54	20 K ROAD WALK FINALS M45 HMS 1 SAWALL WILLI GBR 1 33 54 2 DOBSON BOB GBR 1 36 28 3 SMITH JOHN AUS 1 37 49 4 DICKINSON MURRAY AUS 1 38 41 5 MARKER MURRAY AUS 1 40 10 6 MYHTE ROBIN AUS 1 41 34 7 ELWARTER JOHN M USA 1 43 8 8 ANDREOTTI PIERGIORGIO ITA 1 45 1 14 Patrick Jerry USA 1:50:33 17 Jones Richard USA 2:01:03 18 Finch Bernie USA 2:02:02
80 M HURDLE FINALS M40 S.S 1 FURGINE MANETTE SUI 11.84 2 RASCHKE PHIL USA 11.94 3 HYNES JAN AUS 12.08 4 MCNAB PAT GBR 12.62 5 LARSEN LYNN AUS 12.85 6 UDINI BASA MARIA URU 13.16 7 BATTERSBY CHRISTINE AUS 13.42 8 CLARK CASSANDRA USA 16.60	300 M HURDLE FINALS M65 MSS 1 MUNT BOB USA 51.33 2 MAYNARD ROMAIN-MENRI FRA 54.59 3 FINNANGER WILLY NOR 55.42 4 MC INTOSH ALBERT NZL 56.81 5 WILLIAMS LES GBR 58.35 6 TOELLNER THEODOR FRG 1 4.80 999 MORCOM BOO USA DNF	2 K STEEPLE FINALS M70 MSS 1 BULKLEY DAN USA 8 55.67 2 KELLER EUGENE (EEK) USA 9 2.88 3 MIURA TAKURO JPN 9 41.45 4 GREEN CLEM NZL 10 8.86 5 MULL ROBERT USA 10 42.13 6 DRAGER KUDI FRG 11 9.78	5 K TRACK WALK FINALS M95 MSS 1 SEDLAK VIISHA USA 24 50.39 2 McDONALD HEATHER AUS 25 11.16 3 JOHNSON JANE D AUS 26 18.13 4 FAIRCHILD JANE USA 27 4.13 5 GREEN LORRAINE USA 27 46.74 6 SANGER JOY AUS 28 47.18 7 BLEACH JEANETTE GBR 30 4.69 8 WOODWARD KATHY AUS 30 17.13 9 DUNDAS EDNA AUS 31 45.42 10 MAHLER PAMELA USA 32 22.60	20 K ROAD WALK FINALS M50 HMS 1 GARDINER BOB AUS 1 39 27 2 STEVENS DAVE GBR 1 39 56 3 SUMMERS HARRY AUS 1 45 39 4 JORDANA ALEX FRA 1 47 0 5 CHAPMAN ROBERT AUS 1 48 48 6 POLANSKI MARIO ITA 1 49 54 7 DUMFORD JOHN GBR 1 51 36 8 HALL KEN AUS 1 51 39 9 OLIVER RICHARD USA 1 52 32 13 Meador Robert USA 1:50:09 16 Hatfield Clyde USA 2:01:53 19 Denman Elliott USA 2:04:30
80 M HURDLE FINALS M45 S.S 1 EY WENDY AUS 12.72 2 LUND UNA AUS 12.92 3 KUMMERLE-VALK FRIDERUN FRG 12.94 4 STENHOLM MARIANNE SWE 14.36 5 CHARLES JACQUELINE GBR 14.95 6 VON FRIESENDOFF E SWE 19.40	300 M HURDLE FINALS M70 MSS 1 BULKLEY DAN USA 53.84 2 MILLER HERBERT USA 58.28 3 MEYER FRIEDRICH FRG 1 1.18 4 STRANNHAGE HENRY SWE 1 2.24 5 SATTI JOHN USA 1 4.82 6 WARWAS HANS CAN 1 11.62	2 K STEEPLE FINALS M75 MSS 1 NICHOLLS STAN AUS 10 32.17 2 KNOTT GEORGE AUS 10 45.44 3 JAMIESON JIM NZL 11 24.09	5 K TRACK WALK FINALS M100 MSS 1 JACKSON JANE NZL 24 50.85 2 MILLEN LILIAN GBR 25 1.62 3 BEAN CAROL GBR 27 10.43 4 STEIGERWALT JOLENE USA 27 33.42 5 MCPHERSON GLENNIS AUS 28 35.59 6 BOURKE DIANE AUS 28 41.00 7 HARRIS NINI NZL 26 49.26 8 KELLY CELIA AUS 29 6.62 20 Lewis Cheri USA 33:26.41 21 Finch Judy USA 35:27.88 Kreiger Barbara USA DISQ	20 K ROAD WALK FINALS M55 HMS 1 MARQUIS LOUIS SUI 1 43 17 2 WALTERS KEN AUS 1 48 13 3 WORTH PETER GBR 1 48 24 4 FOTHERINGHAM DOUGLAS GBR 1 48 39 5 KELLY JOHN USA 1 50 37 6 MANGAN RAY AUS 1 53 34 7 MCNAMEE JOHN AUS 1 53 46 8 AUSTRUMHLE RUDOLF FRG 1 54 11 9 FINE ROBERT USA 1 57 50 10 MYEROWITZ MOSHE DRP USA 1 59 26 21 Laverdery Joe USA 2:14:34 23 Hendrickson Rob USA 2:27:08
80 M HURDLE FINALS M50 S.S 1 ROOVERS VAN DEN BOSCH HOL 12.54 2 PARKINSON BRENDA AUS 12.71 3 WERNER HELLA FRG 13.87 4 MILLER CHRISTEL USA 15.13 5 DOMERTY HEATHER AUS 15.58 6 MILLS COLLEEN NZL 15.70 7 GRAHAM CARINA GBR 15.71 8 SEYMOUR GLORIA AUS 16.35	300 M HURDLE FINALS M75 MSS 1 HILLS CLAUDE USA 1 1.75 2 MORROW BERT USA 1 5.85	400 M HURDLE FINALS M35 MSS 1 HINDLE EILEEN AUS 1 5.32 2 MCBAIN LIZ CAN 1 12.06	5 K TRACK WALK FINALS M105 MSS 1 MILLER SHEILA AUS 26 52.51 2 HALL PENNY AUS 27 14.61 3 STANWAY MARLAINE AUS 27 23.94 4 CASHMAN STELLA AUS 27 31.05 5 MILLER AILEEN AUS 29 15.94 6 LINDGREN KERSTIN SWE 29 47.21 7 BEVERIDGE RODNA AUS 30 1.03 8 LASSANYI ESPERANZA USA 30 20.68 10 Marsh Lynne USA 30:26.37 Palomo Helen USA DNF	20 K ROAD WALK FINALS M60 HMS 1 TOWNSEND VICTOR AUS 2 0 17 2 MELLER GEORGE USA 2 5 4 3 STUETZLE JULIUS FRG 2 7 59 4 WRIGHT HAROLD USA 2 8 16 5 NEVITT GEORGE AUS 2 13 5 6 MCBRIDE JOHN AUS 2 15 50 7 BOUILLON JOSEPH FRA 2 19 15 8 FRISTAD AUDUN AUS 2 19 53 9 LUFF FRANK USA 2 25 55 10 GRANBY V.A. (BILL) USA 2 27 46 11 BULLOCK JACK GBR 2 28 37 12 KROG BYRON (BY) USA 2 29 41
80 M HURDLE FINALS M55 S.S 1 LARSSON ASTA SWE 14.81 2 BRUNKER COLLEEN NZL 16.94 3 YOKOI KAZUYO JPN 17.49	400 M HURDLE FINALS M40 MSS 1 HYNES JAN AUS 1 3.58 2 TURNER CHRISTINE NZL 1 5.03 2 RASCHKE PHIL USA 1 5.03 4 CLARK CASSANDRA USA 1 15.79 5 GREENE DEIDRE AUS 1 27.73 6 SMITH ANN NZL 1 32.04	400 M HURDLE FINALS M45 MSS 1 OLESEN ANNELEISE DAMM DEN 1 7.33 2 WESTBROOK SUZANNE AUS 1 20.84	5 K TRACK WALK FINALS M110 MSS 1 STEVENS DAVE GBR 22 54.83 2 GARDINER BOB AUS 23 12.31 3 JORDANA ALEX FRA 23 48.90 4 SUMMERS HARRY AUS 24 11.01 5 CHAPMAN ROBERT AUS 25 7.25 6 HALL KEN AUS 25 25.03 7 JOHNSTON KEVIN AUS 25 33.17 8 OLIVER RICHARD AUS 25 56.12 10 Meador Robert USA 26:55.49 15 Hatfield Clyde USA 28:06.12 17 Denman Elliott USA 29:27.48	20 K ROAD WALK FINALS M65 HMS 1 MIMM ROBERT USA 1 49 9 2 ORR THEO AUS 1 52 42 3 SCOTT ALAN SWE 1 54 35 4 JONES STAN AUS 1 55 43 5 STURNI ALBERT FRA 1 56 11 6 WITHERS DENIS GBR 1 57 1 7 MACKEY CLIVE AUS 1 59 10 8 ANDERSON NOEL AUS 2 2 17
80 M HURDLE FINALS M60 S.S 1 HVEEM KIRSTEN NOR 15.78	300 M HURDLE FINALS M50 MSS 1 PARKINSON BRENDA AUS 49.70 2 MARTIN PIRAKO FIN 52.01 3 MILLS COLLEEN NZL 52.22 4 WERNER HELLA FRG 55.06 6 PRATTSCH HEIDI FRG 57.70	400 M HURDLE FINALS M50 MSS 1 LARSSON ASTA SWE 56.92 2 PEPENE NINI NZL 1 13.86	5 K TRACK WALK FINALS M115 MSS 1 HOOPER JOAN AUS 26 35.39 2 LAVER BEVERLY AUS 28 6.38 3 KEYS DANM AUS 29 12.22 4 BORNHASSER GERDA FRG 29 22.11 5 CRAIG LORRAINE AUS 29 45.27 6 SMITH SHEILA USA 29 50.79 7 CORNISH JUDITH NZL 31 9.52 8 HENRY JAN AUS 31 11.37 Gibson Alice USA DISQ	20 K ROAD WALK FINALS M70 HMS 1 GOULD MAX CAN 2 6 9 2 JOHNSON DON USA 2 9 28 3 WEBBER JACK AUS 2 17 18 4 PETERSEN JOHN AUS 2 18 23 5 CLEGG CHRIS USA 2 25 35 6 DRAZIN HARRY USA 2 25 52 7 LUTHER JOHANNES FRG 2 31 46 8 ERICSSON MAURITZ SWE 2 32 13
HEAT (H) TIMES OF USA RUNNERS 400H - M40 H Rauscher Tom 1:05.66 H Johnston Fred 1:09.37 400H - M45 H Tancredi Dennis 1:02.48 H Steffes Jackson 1:08.92 H Bane Gary 1:03.99 H Cosgrove John 1:16.83 400H - M50 H Miller Chuck 1:03.91 H Clark William 1:04.85 H Miller Gary 1:02.48 400H - M55 H Sheahan Al 1:10.53 H Green Harold 1:08.10 H Robinson Will 1:10.74 300H - M60 H Goldsmith Max 52.75 H Valentine Rudolph 47.59 H Arroyo-Velez Luis 50.30 H Townsend Bill 1:00.52 H Watanabe Robert DNF 300H - M65 H Morcom Boo 53.81 H Buschman Mel 1:01.00	3 K STEEPLE FINALS M40 MSS 1 KIPP GRAHAM AUS 9 21.64 2 COOPER BARRY NZL 9 37.86 3 EVANS DIC GBR 9 47.74 4 KUTYONEN JOUKO FIN 9 50.06 5 SCHROLL WALTER AUT 9 56.76 6 MENTEL STANISLAS FRA 10 2.54 7 FRENCH DENIS AUS 10 5.45 8 MENSCHKE PHILIP AUS 10 12.99	3 K STEEPLE FINALS M45 MSS 1 ROBERTSON RON NZL 9 25.28 2 MOLDERS GERO FRG 9 26.83 3 UNDERSAKER NILS NOR 9 30.64 4 VILLANUEVA ANTONIO MEX 9 31.37 5 DARBON HOWARD GBR 10 0.32 6 HANNAFORD PETER AUS 10 23.72 7 RYAN GRAHAM AUS 10 29.91 8 CAPLIN DON AUS 10 30.83 19 Jones Richard USA 11:35.03 21 Cosgrove John USA 12:09.72 24 Finch Bernie USA 12:35.63	5 K TRACK WALK FINALS M120 MSS 1 MARQUIS LOUIS SUI 24 34.03 2 GREEN MAX USA 24 52.88 3 WALTERS KEN AUS 25 18.51 4 MANGAN RAY AUS 25 29.60 5 FOTHERINGHAM DOUGL GBR 25 43.34 6 WORTH PETER GBR 25 58.54 7 KELLY JOHN USA 26 16.05 8 MADDELL PETER AUS 27 12.24 11 Myerowitz Moshe USA 28:29.23 16 Ricci Edgar USA 29:14.15 19 Lavenberg Joe USA 30:26.91 24 Hendrickson Rob USA 35:19.91 Fine Robert USA DISQ	20 K ROAD WALK FINALS M75 HMS 1 GRIMMADE JAMES GBR 1 36 19 2 DAINTRY TOM AUS 2 1 18 3 DE PETRA GIULIO ITA 2 12 20 4 MC GUIRE FRANK AUS 2 16 44 5 BRIVIO MARIO ITA 2 17 32 6 HALLIFAX GEORGE GBR 2 22 47 7 WALLACE GORDON USA 2 29 32 8 COLLINS JACK AUS 2 36 21 9 STANG WILHELM FRG 2 47 12 10 KELLY TOM AUS 2 48 29
400 M HURDLE FINALS M40 MSS 1 PUTKINEN SEPPA JUHAFIN 56.2E 2 BUNFORD JOHN AUS 57.16 3 GILES HARRY AUS 57.42 4 MCGOWN ALAN AUS 57.50 5 MALATIDIS MIMALIS GRE 59.95 6 KEMPLAY ERNIE AUS 59.97 7 GORDON JOHN AUS 59.99	3 K STEEPLE FINALS M50 MSS 1 SEYMOUR JIM AUS 10 34.37 2 FERREIRA AVELINO POR 10 47.88 3 BLONNER ADOLPH AUS 10 58.22 4 ROSTE AKSEL NOR 10 59.30 5 MASLEN TED AUS 11 5.18 6 MCMAHON BARRY AUS 11 9.71 7 CLARKE JACK AUS 11 21.22 8 GOTTARDO SILVANO ITA 11 22.59	5 K TRACK WALK FINALS M65 MSS 1 BOMBA CARLO ITA 27 8.21 2 NEVITT GEORGE AUS 27 8.59 3 SUNDBERG ENAR SWE 29 30.40 4 TOWNSEND VICTOR AUS 29 40.70 5 ISAAC SAM AUS 29 59.24 6 PETERS CHET USA 30 23.26 7 TREEBY GEORGE AUS 30 23.51 8 WRIGHT HAROLD USA 30 38.00 13 Krog Byron USA 32:59.14 15 Grove Troy USA 33:42.85 17 Luff Frank USA 34:51.04 Heller George USA DISQ	5 K TRACK WALK FINALS M70 MSS 1 KENNETH-LON KAY NZL 35 48.01 2 WEDEHO NORA SWE 37 3.11 3 KEUCEL HILDEGARD FRG 38 22.00 4 NICHOLLS ARLEY AUS 38 55.35	20 K ROAD WALK FINALS M80 HMS 1 TORMOEN SIGURD NOR 2 25 6 2 MOSANGADI P IND 2 50 14 3 WARBURTON BERT AUS 3 0 9 4 SALOBERT JEAN FRA 4 3 34
400 M HURDLE FINALS M45 MSS 1 MUELLER GUIDO FRG 58.2E 2 STEVENSON MIKE AUS 1 0.32 3 BJORNHOLM SVEN-OLAF SWE 1 0.80 4 KEWEY ROBERT AUS 1 2.84 5 DARBON HOWARD GBR 1 3.56 6 TANCREDI DENNIS USA 1 3.56 7 HALL MIKE AUS 1 6.88	3 K STEEPLE FINALS M55 MSS 1 THUMM HELMUT FRG 11 1.35 2 HUGHES BILL AUS 11 12.99 3 MILLRIDGE OSMO AUS 11 20.60 4 MARKHAM NEVILLE AUS 11 32.02 5 MICKS JAM AUS 12 44.68 6 SILCOCA COLIN AUS 12 50.91 7 GILMOUR GORDON CAN 14 29.53 8 PEGSI REZZO MIN 14 34.41	5 K TRACK WALK FINALS M75 MSS 1 GOULD MAX CAN 29 39.46 2 JOHNSON DON USA 30 11.80 3 STALE TORSTEN SWE 31 35.77 4 LAINE TOIVO FIN 32 52.97 5 CLEGG CHRIS AUS 32 56.74 6 FIELD RALPH AUS 34 17.54 7 DRAZIN HARRY USA 34 28.33 8 ERICSSON MAURITZ SWE 35 27.10	5 K TRACK WALK FINALS M85 MSS 1 FORBES AILSA NZL 36 22.59 2 JEFFREYS NANCE AUS 37 27.63 3 LINDGREN MARGIT SWE 38 2.50 4 SIMCOX ALMA AUS 38 50.05	20 K ROAD WALK FINALS M85 HMS 1 TORMOEN SIGURD NOR 2 25 6 2 MOSANGADI P IND 2 50 14 3 WARBURTON BERT AUS 3 0 9 4 SALOBERT JEAN FRA 4 3 34
400 M HURDLE FINALS M50 MSS 1 MILLER GARY USA 59.89 2 GUNASENA MIGALE SIN 1 1.32 2 SHAFTO COLIN GBR 1 1.32 4 KONOIKE KIYOSHI JPN 1 3.46 5 MARCHLOWITZ KARL-HEFRG 1 4.22 6 WILLIAMS DON AUS 1 4.23 7 CLARK DR. WILLIAM USA 1 4.26 8 CLARK DR. WILLIAM USA 1 14.97	3 K STEEPLE FINALS M60 MSS 1 THUMM HELMUT FRG 11 1.35 2 HUGHES BILL AUS 11 12.99 3 MILLRIDGE OSMO AUS 11 20.60 4 MARKHAM NEVILLE AUS 11 32.02 5 MICKS JAM AUS 12 44.68 6 SILCOCA COLIN AUS 12 50.91 7 GILMOUR GORDON CAN 14 29.53 8 PEGSI REZZO MIN 14 34.41	5 K TRACK WALK FINALS M80 MSS 1 SALISBURY MARILLA USA 43 8.68	5 K TRACK WALK FINALS M90 MSS 1 THEOBALD A.A. (GUS) AUS 2 35 47	10 K ROAD WALK FINALS M35 HMS 1 BEDLAK VIISHA USA 52 38 2 JOHNSON JANE D AUS 53 41 3 McDONALD HEATHER AUS 53 55 4 FAIRCHILD JANE USA 55 52 5 ROBERTSON MONICA FIN 56 31 6 GREEN LORRAINE USA 56 46 7 ACAPMAN JANE AUS 1 0 5 8 BLEACH JEANETTE GBR 1 0 39 11 Mahler Pamela USA 1:06:17

Continued on next page

Continued from previous page

10 K ROAD WALK	FINALS	M40	HMS
1 JACKSON JANE	NZL	51:38	
2 MILLER LILLIAN	GBR	51:52	
3 VINES GWEN	AUS	54:45	
4 BEAN CAROL	GBR	55:34	
5 STEIGERWALT JOLENE	USA	56:47	
6 SZOKOLYAI MARY	SIN	58:54	
7 MCPHERSON GLENNIS	AUS	59:08	
8 BOURKE DIANE	AUS	59:20	
19 Lewis Cheri	USA	1:09:58	
20 Finch Judy	USA	1:12:45	
Krieger Barbara	USA	DISQ	

10 K ROAD WALK	FINALS	M45	HMS
1 MILLER SHEILA	AUS	54:33	
2 MALL PENNY	AUS	56:49	
3 CASHMAN STELLA	USA	57:31	
4 STANWAY MARLAINE	AUS	58:34	
5 LINDGREN KERSTIN	SWE	59:54	
6 PALOMO HELEN	USA	1:02:24	
7 MILLER ALLEEN	AUS	1:04:49	
8 MARSH LYNN	USA	1:12:25	
9 BEVERIDGE RODNA	AUS	1:15:51	
10 LASSANYI ESPERANZA	USA	1:22:20	

10 K ROAD WALK	FINALS	M50	HMS
1 HOOPER JOAN	AUS	54:51	
2 LAVER BEVERLY	USA	57:22	
3 BORNHASSER GERDA	FRG	59:28	
4 KEYS DAWN	AUS	59:38	
5 CRAIG LORRAINE	AUS	1:01:21	
6 SMITH SHIELA	AUS	1:01:34	
7 HENRY JANE	AUS	1:02:49	
8 SMITH YVONNE	GBR	1:04:51	

10 K ROAD WALK	FINALS	M55	HMS
1 MEYER OLGA	FRG	57:00	
2 WORTH MARY	GBR	57:53	
3 DOOCHEY BERYL	AUS	1:02:41	
4 ANDERSSON MAGGIE	SWE	1:03:59	
5 DANDO MARGARET	AUS	1:05:33	
6 WEBB OLIVE	AUS	1:05:51	
7 BJORKMAN ANNE-MARIE	SWE	1:06:24	
8 AUSTRUMUEHLE MARIA	FRG	1:07:42	
9 RYAN NIKKI	USA	1:07:47	

10 K ROAD WALK	FINALS	M60	HMS
1 COLTHUP MARJ	AUS	1:03:26	
2 JOHANSSON (MAI-BRITT)	SWE	1:22:22	

10 K ROAD WALK	FINALS	M65	HMS
1 TIBBLING BRITTA	SWE	59:51	
2 BENGTSOON MAY	SWE	1:03:13	
3 WISTROM EVA	SWE	1:03:31	
4 THEUNE URSULA	FRG	1:07:35	
5 MURNANE STELLA	AUS	1:11:44	
6 SVENSSON ELNA	SWE	1:12:55	
7 KASH ROSE	USA	1:12:58	
8 McDONALD GRACE	AUS	1:13:37	
9 RACCA LOIS	AUS	1:20:38	
10 MITCHELL IMOGENE	USA	1:25:43	

10 K ROAD WALK	FINALS	M70	HMS
1 KENNETH-LOW KAY	NZL	1:08:42	
2 WEDEMO NORA	SWE	1:13:19	
3 SCHEPE LIESEL	FRG	1:27:17	

10 K ROAD WALK	FINALS	M75	HMS
1 JEFFREYS NANCE	AUS	1:14:48	
2 FORBES AILSA	NZL	1:16:22	
3 LINDGREN MARGIT	SWE	1:16:47	
4 MC GUIRE FREDIA	AUS	1:21:36	

10 K ROAD WALK	FINALS	M80	HMS
1 SALISBURY MARILLA	USA	1:40:03	

20K WALK TEAM SCORING

M40 (3)	M45 (3)
1 AUS 4:51:43	1 AUS 4:50:24
2 None	2 USA 5:50:44*
3 None	3 None
M50 (3)	M60 (5)
1 AUS 5:13:54	1 AUS 9:50:09
2 GBR 5:32:09	2 USA 10:56:108
3 USA 5:50:07#	3 None
M70 (3)	M55 (3)
1 AUS 6:35:20	1 AUS 5:35:33
2 USA 7:55:00#	2 FRG 5:47:29
3 SWE 8:07:18	3 SWE 6:03:21#
W35-39 (5)	W50+ (5)
1 AUS 4:33:43	1 AUS 5:01:20
2 USA 4:41:34#	2 FRG 5:22:57
3 None	3 SWE 5:35:25
*John Warner	1:43:08
Jerry Patrick	1:56:33
Rick Jones	2:01:07
#Rick Olson	1:52:32
Robert Meador	1:58:09
Moishe Myerowitz	1:59:26
John Kelley	1:50:57
Bob Fine	1:57:50
Joe Lavenberg	2:14:34
#Bob Mimm	1:49:09
George Heller	2:05:04
Harold Wright	2:08:16
Frank Luff	2:25:55
Bill Granby	2:27:46
#Don Johnson	2:09:28
Chris Clegg	2:25:35
Harry Drazin	2:25:52
Viisha Sedlak	52:38
Jane Fairchild	55:52
Jolene Steigerwalt	56:47
Stella Cashman	57:31
Lorraine Green	58:46

(*) indicates number of walkers counted in scoring

10K C/COUNTRY	FINALS	M40	MSS
1 BOROWSKI AMELINE	FRG	51:48	
2 EVANS DIC	GBR	52:23	
3 SHERIDAN JOHN	IRL	52:31	
4 DE KIEVITH MARCEL	AUS	52:51	
5 DUFF MARTIN	GBR	52:58	
6 SHERLOCK BRENDAN	IRL	53:16	
7 WALKER JEFF	AUS	53:23	
8 MEALEY JOHN	AUS	53:46	
19 Beardslee Bob	USA	35:00	
27 Chapman Greg	USA	35:47	

10K C/COUNTRY	FINALS	M45	MSS
1 ROBERTSON RON	NZL	51:53	
2 SMITH FREDERICK	NZL	52:51	
3 CONNOLLY PETER	AUS	53:05	
4 MOORE ROBERT	CAN	53:14	
5 GOODWIN RODNEY	AUS	53:29	
6 BROWNIE JOHN	NZL	54:00	
7 GREEN FRANK	AUS	54:06	
8 DIXIE DOUGLAS	NZL	54:17	
61 Lowe Bobby	USA	38:58	
106 Finch Bernie	USA	42:06	
122 Rose William	USA	43:36	
141 Horovitz Izrael	USA	46:50	

10K C/COUNTRY	FINALS	M50	MSS
1 VALASTI TAUNO	FIN	53:37	
2 COWIE JOE	NZL	54:16	
3 SEYMOUR JIM	AUS	54:27	
4 MACDONALD JIM	NZL	54:32	
5 LAURIDSEN BENT	DEN	54:44	
6 PATTERSON JOE	AUS	54:44	
7 PUCKETT RAY	NZL	54:55	
8 BLONNER ADOLPH	AUS	54:58	
54 DesJardins Charles	USA	41:49	
87 Pimentel Ron	USA	47:26	
95 Rueppel Bruce	USA	49:25	
101 Holsten Don	USA	51:57	

10K C/COUNTRY	FINALS	M55	MSS
1 WOOD J. (DEREK)	GBR	55:52	
2 LONGMORE BRUCE	AUS	56:14	
3 MELROSE DON	NZL	57:00	
4 FITZGERALD BERNARD	SWE	57:15	
5 MOLINE IVAR	AUS	57:20	
6 LODGE KEITH	AUS	57:22	
7 HUGHES BILL	FRG	57:24	
8 KNOPP HERMANN	USA	57:25	
22 Ryan Field	USA	40:50	
58 Henderson Hendy	USA	45:18	
72 Mundie Pete	USA	47:19	

10K C/COUNTRY	FINALS	M60	MSS
1 TURNBULL DEREK	NZL	56:27	
2 OJONEN UNTO	FIN	57:00	
3 BERGMAN RUNE	SWE	57:22	
4 SANCHEZ JULIAN	ESP	57:41	
5 BELMORE ROBERT	GBR	58:00	
6 O'NEIL JIM	USA	58:26	
7 OPIE SELWYN	NZL	59:03	
8 HERNELIND KONRAD	SWE	59:09	
20 Carey Bill	USA	41:50	
26 Davenport Bob	USA	43:43	
41 Green Jack	USA	46:54	
49 Herman Bob	USA	49:08	

10K C/COUNTRY	FINALS	M65	MSS
1 GILMOUR JOHN	AUS	58:24	
2 BERGSETH MATHIAS	NOR	58:41	
3 PERSSON BENGT	SWE	59:29	
4 JOHNSTON JAMES	GBR	59:42	
5 BEAMES WALLY	AUS	59:42	
6 FRAZER JIM	AUS	59:42	
7 JENKINS BRYN	GBR	59:42	
8 DAVIDSON JOHN	AUS	59:42	
16 Woods John	USA	48:13	
23 Tuinzing Willem	USA	52:14	
24 Pain David	USA	53:16	
26 Granby Bill	USA	54:39	

10K C/COUNTRY	FINALS	M70	MSS
1 BURGOWNE ALAN	AUS	43:49	
2 KELLER EUGENE (EEK)	USA	44:58	
3 GUSTAVSSON OSCAR	SWE	47:07	
4 SINGER ROY	NZL	48:26	
5 SCUTTS GEORGE	GBR	48:32	
6 STALE TORGSTEN	SWE	49:14	
7 GREEN CLEM	NZL	49:56	
8 SHERIDAN WHITEY	CAN	52:32	

10K C/COUNTRY	FINALS	M75	MSS
1 AELLEN LUCIEN M.	SUI	48:05	
2 ASTOREKA EDUARDO	ESP	50:35	
3 VARTIAKIS MARISTOS	GRE	51:02	
4 SMITH GORDON	AUS	52:18	
5 COX FRANK	NZL	53:25	
6 NICHOLLS STAN	AUS	56:39	
7 JAMIESON JIM	NZL	59:19	
8 STANG WILHELM	FRG	60:51	

10K C/COUNTRY	FINALS	M80	MSS
1 BENHAM ED	USA	48:01	
2 NIELSEN LA GRAND	USA	61:11	

10K C/COUNTRY	FINALS	M85	MSS
1 SPANGLER M.D PAUL	USA	74:25	

10K C/COUNTRY	FINALS	MSS	MSS
1 LYNN GAYE	AUS	57:51	
2 STEWART JUDITH	NZL	58:00	
3 THOEY LIZ	NZL	58:22	
4 JOYCE ALANA	NZL	58:38	
5 WHANNELL MARGARET	AUS	58:55	
6 PRYDE MARGO	NZL	59:19	
7 WILLIAMS JAN	AUS	59:26	
8 DAHL ALISON	NZL	40:03	
30 Jackson-Owsley M	USA	56:29	

10K C/COUNTRY	FINALS	M40	MSS
1 TAYLOR PRUE	NZL	37:08	
2 ADAMS ELEANOR	GBR	38:07	
3 KOZAK ERNA	CAN	38:33	
4 PETRIE LAVINIA	AUS	39:21	
5 WILD CAROL ANN	GBR	39:42	
6 LAUNDY BEVERLEY	AUS	40:36	
7 WALLACE TRISH	AUS	41:11	
8 GRIMM ELLA	DEN	41:15	
45 Finch Judy	USA	59:45	

10K C/COUNTRY	FINALS	M45	MSS
1 BAIRD THERESIA	AUS	37:27	
2 BROWNE DOT	AUS	39:55	
3 ULLYOT JOAN	USA	40:00	
4 KENNY PAM	NZL	40:51	
5 MALME LEENA	FIN	40:52	
6 FORWARD ANNE	NZL	41:01	
7 FLECK SANDRA	AUS	41:37	
8 RILEY FAY	NZL	42:21	
10 Kenville Ann	USA	53:55	

10K C/COUNTRY	FINALS	M50	MSS
1 EIZENHAMMER MARGRET	FRG	42:24	
2 MILES JUNE	NZL	44:07	
3 KUJALA LIISA	FIN	44:13	
4 ROSE ALICE K	USA	44:25	
5 HEWITT PAULINE	NZL	45:15	
6 DALGLEISH BARBARA	AUS	46:24	
7 REDHEAD SHIRLEY	AUS	46:34	
8 YOUNG ANNE	AUS	46:46	

10K C/COUNTRY	FINALS	M55	MSS
1 ALBURY JEAN	AUS	41:41	
2 FLETCHER PEGGY	GBR	43:35	
3 IRVINE MARION	USA	44:16	
4 SHAW PAMELA	NZL	45:42	
5 NARANJO MS PAZ	ESP	45:59	
6 O'DONOVAN MARIE	AUS	46:52	
7 ANDERSON RUTH	USA	48:46	
8 WILKIE JEAN	NZL	51:53	
9 WEBB OLIVE	AUS	51:58	
10 KENVILLE ANN	USA	53:55	

10K C/COUNTRY	FINALS	M60	MSS
1 BRASHER SHIRLEY	AUS	44:54	
2 LITTLE MAN	NZL	46:18	
3 SMITH JOYCE	GBR	46:40	
4 DASHWOOD ROSAMUND	CAN	47:40	
5 LUNDVIST GUNNEL	SWE	47:47	
6 SELLS THELMA	AUS	48:38	
7 FAULL SHIRLEY	NZL	55:21	
8 MCRAE JEWEL	NZL	56:30	

10K C/COUNTRY	FINALS	M65	MSS
1 DIXON PAT	USA	50:49	
2 MARVIN LENORE	CAN	52:37	
3 PARTRIDGE MARIE	AUS	54:50	
4 TUINZING ELS	USA	55:53	
5 HEAD PHYLLIS JOYCE	AUS	58:18	

10K C/COUNTRY	FINALS	M70	MSS
1 LUTHER JOHANNA	FRG	56:30	
2 ERIKSSON EWA	SWE	58:02	
3 KEUCHEL WILDEGARD	FRG	63:28	
4 NYBERG MARGARETHA	SWE	71:37	

10K C/COUNTRY	FINALS	M75	MSS
1 HIEISCHER BERTHA	FRG	68:15	
2 JAMES BESS	USA	86:38	

10K C/COUNTRY	FINALS	M80	MSS
1 SALISBURY MARILLA	USA		

CROSS-COUNTRY TEAM SCORING

M40	M45
1 AUS 2:48:06	1 NZL 2:47:54
2 IRE 2:53:57	2 AUS 2:49:36
3 NZL 2:56:39	3 GBR 3:10:00

M50	M55
1 NZL 2:54:42	1 AUS 3:07:45
2 AUS 2:55:16	2 NZL 3:12:50
3 FRG 3:23:40	3 GBR 3:21:12

M60	M70
1 AUS 3:18:29	1 USA 2:26:11*
2 SWE 3:20:18	2 AUS 2:30:59
3 NZL 3:24:39	3 NZL 2:31:48

W35-49	W50+
1 NZL 3:11:33	1 AUS 3:46:19
2 AUS 3:13:12	2 NZL 3:48:37
3 GBR 3:41:10	3 USA 4:02:11#

*Keller 44:58	#Irvine 44:16
Benham 48:01	Rose 44:25
Hull 53:12	Ander'n 48:46
Dixon 50:49	
Kenv'le 53:55	

Continued from previous page

HIGH JUMP	FINALS	M55	M.M
1 WYATT HERM	USA	1.73	
2 NIEMI OLAVI	FIN	1.60	
3 BLOMQUIST LEIF	SWE	1.54	
4 GOURLAY GORDON	AUS	1.54	
5 PRATT SR. LAWRENCE	USA	1.51	
6 THUMM HELMUT	FRG	1.51	
7 BLOMQUIST BENGT	SWE	1.48	
8 OHTANI TOSHIO	JPN	1.45	
9 HEIN RICHARD	USA	1.45	

HIGH JUMP	FINALS	M60	M.M
1 NEVRUP NILS-BERTIL	SWE	1.56	
2 WICHMANN KARRI	FIN	1.45	
3 YAMAMOTO NOBORU	JPN	1.42	
4 LECAILLON-THIBON B	FRA	1.42	
5 KOBAYASHI MICHIO	JPN	1.37	
6 LUND HAYARD	NOR	1.39	
7 ISHII KAZUSHI	JPN	1.36	
8 PERERA DR. A.A.D.	SRI	1.33	

HIGH JUMP	FINALS	M65	M.M
1 GIST BURL	USA	1.43	
2 DAHLIN WALT	USA	1.40	
3 WIDERA WERNER	AUS	1.37	
4 SVENNEVIK ERLING	NOR	1.37	
5 BUSCHMAN MEL	USA	1.34	
6 IZSNH EMERICH	AUT	1.34	
7 PELAEZ SIERRA SAUL	COL	1.34	
8 FINNANGER WILLY	NOR	1.31	
9 JOHNSON JAMES K.	USA	1.28	

HIGH JUMP	FINALS	M70	M.M
1 HUME IAN	CAN	1.44	
2 KOLHONEN ESKO	FIN	1.44	
3 GUSTAVSON ROLF	SWE	1.41	
4 RESELL JON	NOR	1.35	
5 MIURA TAKURO	JPN	1.32	
6 MORNINGSTAR HAM	USA	1.29	
7 GIESINGER THEO	AUT	1.29	
7 RAGLAND WIB	USA	1.29	
11 Vernon Jim	USA	1.17	
13 Miller Herbert	USA	1.05	

HIGH JUMP	FINALS	M75	M.M
1 SIMOLA HEIKKI	FIN	1.26	
2 RODRIGUEZ ANTONIO	USA	1.23	
3 HILLS CLAUDE	USA	1.17	
4 TADA TSUNEO	JPN	1.05	
5 POMJA TATU	FIN	1.02	

HIGH JUMP	FINALS	M80	M.M
1 GULAB SINGH	IND	1.20	
2 KERN WALTER	FRG	1.05	

HIGH JUMP	FINALS	M85	M.M
1 CRANE BUELL (BUD)	USA	1.02	
2 PITCHER ARLING	USA	0.96	

HIGH JUMP	FINALS	M35	M.M
1 PLISCHKE ALENA	AUT	1.70	
2 MCBAIN LIZ	CAN	1.54	
3 HARE VIRGINIA	AUS	1.33	

HIGH JUMP	FINALS	M40	M.M
1 SPRINGMAN ERIKA	FRG	1.57	
2 RASCHKE PHIL	USA	1.54	
2 JINK TEREZ MEDANE	HUN	1.54	
4 UDINI BASA MARIA	URU	1.39	
5 CLARK CASSANDRA	USA	1.36	
6 DULLAWAY CAROLYN	AUS	1.30	
7 FRANK VERA	AUS	1.27	
7 WOLFERS ROSLYN	AUS	1.27	

HIGH JUMP	FINALS	M45	M.M
1 GRAFF EDITH	BEL	1.45	
2 MARTON THELMA	AUS	1.37	
3 SCARFF LYN	AUS	1.16	

HIGH JUMP	FINALS	M50	M.M
1 LOHNERT WILTRUD	FRG	1.43	
2 ROOVERS VAN DEN BOSCHOL	USA	1.38	
3 MILLER CHRISTEL	USA	1.29	
4 SEYMOR GLORIA	AUS	1.17	
5 KAKRATH MEDI	FRG	1.14	
6 HINTON LILY	NZL	1.14	
7 SAMUEL DR. VASANTHA	IND	1.08	
8 HUGHES RUTH	AUS	1.05	

HIGH JUMP	FINALS	M55	M.M
1 PIRIE DAPHNE	AUS	1.35	
2 ENARSSON ELSA	SWE	1.28	
3 WIPPERSTEG CHRISTIAN	FRG	1.22	
4 YOKOI KAZUYO	JPN	1.16	

HIGH JUMP	FINALS	M60	M.M
1 HVEEM KIRSTEN	NOR	1.22	
2 PLEUGER ILSE	FRG	1.13	
3 WOOD AUDREY	NZL	1.13	
4 JAKOBSEN EDITH K.	DEN	1.01	

HIGH JUMP	FINALS	M65	M.M
1 DAVIDSON GWEN	AUS	1.22	
2 MAULE ELISABETH	FRG	1.07	
3 RAPANA MOYRA	NZL	1.04	

HIGH JUMP	FINALS	M70	M.M
1 BOWERMASTER MARY L.	USA	1.13	
2 MITSCHEK MELGA	FRG	1.07	

HIGH JUMP	FINALS	M75	M.M
1 HIEISCHER BERTHA	FRG	0.95	

POLE VAULT	FINALS	M40	M.M
1 JOHANSEN FLEMING	DEN	4.60	
2 HARVEY REX	USA	4.30	
3 JOHNSTON JOE	USA	4.20	
3 MAKELA VEIKKO	FIN	4.20	
5 WYSS HEINZ	SUI	4.10	
6 POLHAMUS CHARLIE	USA	4.00	
7 BREKHOLT IVAR	NOR	3.90	
8 SALMINEN JUMANI	FIN	3.60	
9 LATU ALBERT	AUS	3.70	
10 RAUSCHER TOMLINSON	USA	3.60	

POLE VAULT	FINALS	M45	M.M
1 LAGERQVIST HANS	SWE	4.50	
2 PEYKER INGO	AUT	4.30	
3 SOKOLOWSKI WALLY	USA	4.10	
4 COUNIHAN GERALD	USA	3.90	
5 MOLDAVI FERENC	HUN	3.70	
6 BJURH ULF	SWE	3.50	
6 SENIOR BRIAN	NZL	3.50	
8 POULTER JIM	AUS	3.40	

POLE VAULT	FINALS	M50	M.M
1 MOUNION MAURICE	FRA	4.05	
2 MUKLEY PHIL	USA	3.65	
3 MILLER GARY	USA	3.60	
4 STERCKX LEO	BEL	3.60	
5 DUMAS GERARD	CAN	3.50	
6 POWELL GLEN	AUS	3.45	
7 VENDELIN JORMA	FIN	3.20	
8 TOBIN HARTLEY	AUS	2.45	

POLE VAULT	FINALS	M55	M.M
1 DONLEY JERRY A	USA	3.50	
2 EFSTATHIADIS RIGAS	GRE	3.30	
3 KOBAYASHI SUEO	JPN	3.20	
4 MCGRATH JAMES	AUS	3.10	
5 DOUGLASS DAVE	USA	2.80	
5 WALLACE HAL	USA	2.80	
7 VAN-MEENEN WIM	AUS	2.70	
7 OHTANI TOSHIO	JPN	2.70	

POLE VAULT	FINALS	M60	M.M
1 MELD FRANKLIN(BUD)	USA	3.20	
2 EGERTON STAN	CAN	3.00	
3 MURRI KAINO	FIN	2.95	
4 LENTINI SILVIO	ITA	2.95	
5 GROSS DON	USA	2.90	
6 MCCONNELL KEN	AUS	2.40	
7 MERING KURT	CAN	2.00	
8 WILD MAURICE	AUS	0.00	

POLE VAULT	FINALS	M65	M.M
1 MORCOM BOO	USA	2.85	
2 BIESMEYER RALPH	USA	2.65	
3 FINNANGER WILLY	NOR	2.60	
4 RICCIARDI ARMANDO	USA	2.30	
4 PELAEZ SIERRA SAUL	COL	2.30	
6 HINTZ LES	USA	2.25	
7 SATEREN MALDOR	NOR	2.15	
8 OYE LARS	NOR	1.70	

POLE VAULT	FINALS	M70	M.M
1 VERNON JIM	USA	2.80	
2 MORITA MAZUMI	JPN	2.70	
3 HUME IAN	CAN	2.60	
4 MORNINGSTAR HAM	USA	2.30	

POLE VAULT	FINALS	M75	M.M
1 PAJUNEN AMTI	FIN	2.40	
2 JOHNSTON CAROL	USA	2.40	
3 RODRIGUEZ ANTONIO	USA	2.30	
4 HILLS CLAUDE	USA	2.10	
4 WISCHMANN BERNO	FRG	2.10	

POLE VAULT	FINALS	M80	M.M
1 GULAB SINGH	IND	1.55	
2 OKAZAKI MASAMI	JPN	1.45	

POLE VAULT	FINALS	M85	M.M
1 PITCHER ARLING	USA	1.50	

POLE VAULT	FINALS	M90	M.M
1 STEGEN ARNO	FRG	6.47	
2 HORN DARRELL	USA	6.42	
3 BACKLUND STIG	FIN	6.40	
4 JULIUS CLAUD	DEN	6.24	
5 PEYKER INGO	AUT	6.15	
6 KALLIO ERIK	FIN	6.11	
7 GREENE PATRICK	AUS	5.87	
8 BROWN DON	AUS	5.82	
11 Kelly John	USA	5.47	
16 Counihan Gerald	USA	5.31	
17 Steffes Jackson	USA	5.27	
20 Tancredi Dennis	USA	5.02	
23 Holzgang Michael	USA	4.86	

LONG JUMP	FINALS	M40	M.M
1 DUGGAN HUGO	IRL	6.65	
2 TANAKA OSAMU	JPN	6.50	
3 REGNER MICHEL	FRA	6.40	
4 BRINKER KEN	USA	6.38	
5 MULLER PAUL	SUI	6.38	
6 BERES SANDOR	HUN	6.25	
7 SIMPSON KEN	NZL	6.22	
8 MCGOWN ALAN	AUS	6.06	
10 Johnston Joe	USA	5.04	
20 Rose Jim	USA	5.01	
23 Holzgang Michael	USA	4.86	

LONG JUMP	FINALS	M45	M.M
1 STEGEN ARNO	FRG	6.47	
2 HORN DARRELL	USA	6.42	
3 BACKLUND STIG	FIN	6.40	
4 JULIUS CLAUD	DEN	6.24	
5 PEYKER INGO	AUT	6.15	
6 KALLIO ERIK	FIN	6.11	
7 GREENE PATRICK	AUS	5.87	
8 BROWN DON	AUS	5.82	
11 Kelly John	USA	5.47	
16 Counihan Gerald	USA	5.31	
17 Steffes Jackson	USA	5.27	
20 Tancredi Dennis	USA	5.02	
23 Holzgang Michael	USA	4.86	

LONG JUMP	FINALS	M50	M.M
1 STEGEN ARNO	FRG	6.47	
2 HORN DARRELL	USA	6.42	
3 BACKLUND STIG	FIN	6.40	
4 JULIUS CLAUD	DEN	6.24	
5 PEYKER INGO	AUT	6.15	
6 KALLIO ERIK	FIN	6.11	
7 GREENE PATRICK	AUS	5.87	
8 BROWN DON	AUS	5.82	
11 Kelly John	USA	5.47	
16 Counihan Gerald	USA	5.31	
17 Steffes Jackson	USA	5.27	
20 Tancredi Dennis	USA	5.02	
23 Holzgang Michael	USA	4.86	

LONG JUMP	FINALS	M55	M.M
1 STEGEN ARNO	FRG	6.47	
2 HORN DARRELL	USA	6.42	
3 BACKLUND STIG	FIN	6.40	
4 JULIUS CLAUD	DEN	6.24	
5 PEYKER INGO	AUT	6.15	
6 KALLIO ERIK	FIN	6.11	
7 GREENE PATRICK	AUS	5.87	
8 BROWN DON	AUS	5.82	
11 Kelly John	USA	5.47	
16 Counihan Gerald	USA	5.31	
17 Steffes Jackson	USA	5.27	
20 Tancredi Dennis	USA	5.02	
23 Holzgang Michael	USA	4.86	

LONG JUMP	FINALS	M60	M.M
1 STEGEN ARNO	FRG	6.47	
2 HORN DARRELL	USA	6.42	
3 BACKLUND STIG	FIN	6.40	
4 JULIUS CLAUD	DEN	6.24	
5 PEYKER INGO	AUT	6.15	
6 KALLIO ERIK	FIN	6.11	
7 GREENE PATRICK	AUS	5.87	
8 BROWN DON	AUS	5.82	
11 Kelly John	USA	5.47	
16 Counihan Gerald	USA	5.31	
17 Steffes Jackson	USA	5.27	
20 Tancredi Dennis	USA	5.02	
23 Holzgang Michael	USA	4.86	

LONG JUMP	FINALS	M65	M.M
1 STEGEN ARNO	FRG	6.47	
2 HORN DARRELL	USA	6.42	
3 BACKLUND STIG	FIN	6.40	
4 JULIUS CLAUD	DEN	6.24	
5 PEYKER INGO	AUT	6.15	
6 KALLIO ERIK	FIN	6.11	
7 GREENE PATRICK	AUS	5.87	
8 BROWN DON	AUS	5.82	
11 Kelly John	USA	5.47	
16 Counihan Gerald	USA	5.31	
17 Steffes Jackson	USA	5.27	
20 Tancredi Dennis	USA	5.02	
23 Holzgang Michael	USA	4.86	

LONG JUMP	FINALS	M70	M.M
1 STEGEN ARNO	FRG	6.47	
2 HORN DARRELL	USA	6.42	
3 BACKLUND STIG	FIN	6.40	
4 JULIUS CLAUD	DEN	6.24	
5 PEYKER INGO	AUT	6.15	
6 KALLIO ERIK	FIN	6.11	
7 GREENE PATRICK	AUS	5.87	
8 BROWN DON	AUS	5.82	
11 Kelly John	USA	5.47	
16 Counihan Gerald	USA	5.31	
17 Steffes Jackson	USA	5.27	
20 Tancredi Dennis	USA	5.02	
23 Holzgang Michael	USA	4.86	

LONG JUMP	FINALS	M55	M.M
1 JACKSON DAVE	USA	5.71	
2 NIEMI OLAVI	FIN	5.36	
3 STOPPEL ALBERT	AUT	5.10	
4 ISHII MUNEO	JPN	5.06	
4 OHTANI TOSHIO	JPN	5.06	
6 DE SILVA P	SRI	4.96	
7 GRAY ARTHUR	AUS	4.82	
8 STEINER KARL	FRG	4.78	
9 SAITO MIROKI	JPN	4.70	
10 HEIN RICHARD	USA	4.62	

LONG JUMP	FINALS	M60	M.M
1 NECEK JOSEF	TCH	5.59	
2 RYDAL JAKOB	NOR	5.26	
3 JARVINEN MATTI	FIN	5.21	
4 BARTL VACLAV	SWE	5.14	
5 YAMAMOTO NOBORU	JPN	5.10	
6 KLAFTI HELMUT	FRG	5.06	
7 ISHII KAZUSHI	JPN	4.97	
8 YLI-LUOPA ALPO	SWE	4.87	
13 Townsend Bill	USA	4.33	
14 Harris Oscar	USA	4.20	

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let's face it!
MASTERS throwers



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