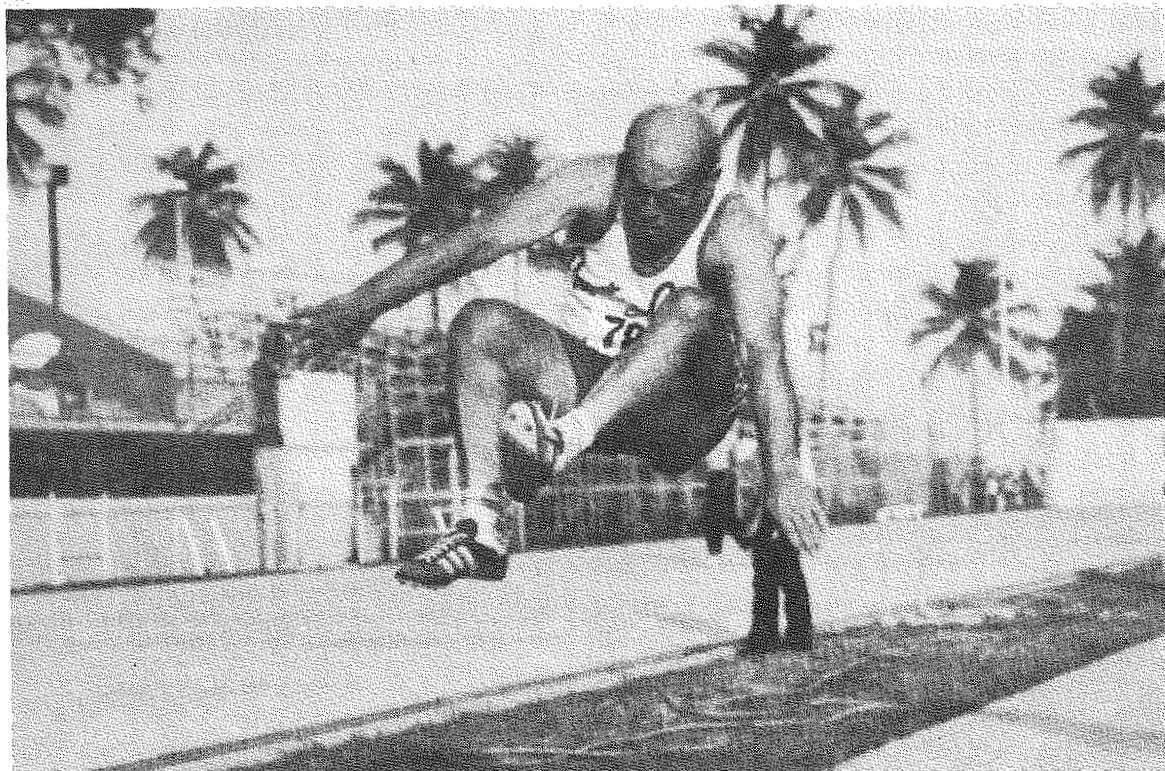


The WORLD Association of VETERAN Athletes



NEWSLETTER 6

DECEMBER 1981

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WORLD VETERANS ATHLETIC ASSOCIATION

DELEGATE OF

PRESIDENT

Don Farquharson
269 Ridgewood Road
West Hill, Ontario
M1C 2X3

EXEC. VICE-PRESIDENT

Roland Jerneryd
Fritid, Ullevi
S-41 40 Gothenburg
Sweden

VICE-PRESIDENT- Long Distance Ev

Jacques Serruys
c/o Fit Veteraan
P.O. Box 7
B 8000 Brugge, Belgium

VICE-PRESIDENT - Track & Field

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Eichendorffstrasse 2
8800 Ansbach
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23 Dublin Street
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Den Haag
Holland

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Jean O'Neill
4 Swinden Avenue
Cheltenham
Victoria 3192
Australia

NORTH AMERICA

Robert G. Fine
77 Prospect Place
NYC 11217
U.S.A.

SOUTH AMERICA

Miguel de la Calle
Circulo Argentino de
Atletas Veteranos
Av. San Sidro 4501
(1429) Buenos Aires
Argentina

ASIA

Hideo Okada
Nippon Turtle Assoc'n
C.P.O. Box 137
Tokio
Japan

EUROPE

Cesare Beccalli
I.M.I.T.T.
Via Bartolomeo d'Alviano 24
20146 Milan
Italy

OCEANIA

Clem L. Green
46 Hargreaves St.
Wellington 2
New Zealand

AFRICA

Danie Burger
Box 12066
Benoyrn 1504
South Africa

RECORDS COMMITTEE

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Roghorst 17
6708 K
Wageningen, Holland

Peter Mundie
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U.S.A. 90291

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Canada

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U.S.A. 49423

THE PRESIDENT'S MESSAGE

Here we are again even if we have once again run over our publication deadline. We'll have to put on some speed over Christmas and catch up next time.

Even though the 1981 World Championships were held right at the beginning of the year Veteran Track and Field has been anything but subdued. News from all parts of the World indicate wider and wider participation, building on the sustained interests of the pioneers who are still competing with their original enthusiasm after more than 10 years Veteran activity. Thanks to the efforts of Helen Pain (USA) in promoting a tour to the Republic of China and of Clem Green (N.Z.) for spreading the gospel in the South Seas, we will, no doubt, see even more new faces in Puerto Rico in 1983.

I spent a few pleasant days with Roberto Santana, the Director of Recreation for San Juan who visited me, full of enthusiasm for the big task at hand. He pledges that everyone who comes to Puerto Rico in 1983 will enjoy it immensely, athletically and as a visitor. There is much to see and do in this island in the sun.

On the subject of the 5th World Veteran Championships we would like to remind you that presentations will be made and decisions reached on the venue not only for the 6th Championships (1985) but also the 7th (1987). This will then leave us in the position of being able to plan 4 years ahead always. Those countries interested in bidding for either of these Championships are asked to contact W.A.V.A. Secretary Owen Flaherty not later than 3 months prior to the 5th Championships so that the necessary time may be allotted to them.

We were disappointed with the lack of reaction to letters published in our last Newsletter. Such matters as the inclusion or non inclusion of relays are hotly debated at each World Championships but that is not enough. We must have sustained interest to achieve the right roads. Please let's hear what you think. Surely not everyone is satisfied with W.A.V.A. as it now is.

Most of you will know that there is an annual Cross Country Match held between Canada and U.S.A. Recently Eddie Johnston visited Toronto from Northern Ireland and asked if we would be willing to open this event to teams from other countries. I asked him if he felt there would be sufficient response. He felt there would be. If there could be sufficient support, I am sure we could gain sponsorship for a Veteran International Cross Country event. A two week visit to North America might provide time for a three - event competition for distance runners, a road race, a cross country race and then a relay event. You may feel enthusiastic about this idea, you may feel it should take place somewhere else or again, you may feel we already have enough major events. What we have in mind here would be events for elite international teams although additional competitors could take part on a non scoring basis. Let's hear what you think about the idea.

Front Cover: 68 year old GILBERTO GONZALEZ-JULIA, President of the Puerto Rico Masters Association will also be President of the 5th World Veteran T & F Championships to be held in San Juan, P.R. Sep. 30th to Oct. 7th (inc). 1983.

THE PRESIDENT'S MESSAGE (cont'd)

Subscriptions are now due for all readers whose address labels bear a number "2" in the lower left corner. We would appreciate if you could send in your "sub" promptly to help us meet expenses. For those subscribers whose labels bore a number "1" and who did not mail in their "sub" we have printed a limited number of "no. 6" copies but can send only a letter to explain this. They should act immediately to receive their copy.

I have mentioned the recent visit of Eddie Johnston from Northern Ireland. When he came to the first World Championship (1975), Eddie was inspired by the performances of the blind competitors, particularly Fritz Assmy. Upon his return home he thought a great deal about this and developed a system by which he could help blind people to exercise for, fun, health and competition. In a later issue I hope to get Eddie to write more about his endeavours, it is an uplifting thought that such things happen even in a country from which we hear of so much strife and bloodshed. Congratulations Ed.

Don

In closing, I would like to offer my sincere best wishes to each of you for the coming holy season and the New Year. Happiness and Good Health to you all.



41-year old Jim Burnett (140) set new world over-age-40 mark of 49.36 in the 400-meter run at National Master Championships. Here he leads Dave Segal (129) and Bill Knocke in 200-meter run.

Tom Patsalis, 59, (R), is congratulated by Dave Jackson after setting new world age 55-59 long jump record of 20'1" at TFA Western Regional Masters T&F Championships in Los Angeles, July 18th.

THE MIND AT WORK - WITH SPIKES ON
by John Reeves

In the world of track, the mind is the last frontier. This may surprise the layman, who usually sees track as a merely physical activity. But to the runner himself it's a commonplace. He knows that training the body to peak fitness is only the basic step: from there on it is ready to serve him as an instrument of the will; and that is where races are won or lost.

Here the runner has much in common with the performing musician. The pianist, for example, must practice daily for years simply to master the basic physical skills and only then does interpretation begin; if he's to stay in shape he can't ever give up practising any more than a runner can quit training; but once his hands will do whatever he asks, then what counts is the quality of his mind, his musicianship. At that point differences appear. Sheer physical virtuosity could never transform a Liberace into a Lipatti. That is crudely obvious. Less obviously, it could never transform an Iturbi into a Lipatti. The true musician is concerned not with pleasing an audience but with serving a score: he is forever in pursuit of that true and perfect performance which he can conceive in his inner ear but which always partly eludes his grasp, and he has nothing in common with the box-office celebrity who sticks to a repertoire of three flashy concertos and peddles them twice weekly to mobs of polite ladies who include Grieg in their notion of gracious living along with church socials and afternoon bridge.

The same distinction can be found in track. Few runners attach any value to star status, its power or its glory: in that sense there's almost no running equivalent to the musical peacock whose motive is applause. But there are many runners who only attain their best in a race that is also a public occasion; on the whole, the bigger the occasion, the better the performance - the Olympics really are the top of the heap.

However, the fact can easily be misinterpreted. The role of the crowd is quite unimportant. When Emil Zatopak was dominating the Olympic distance events, in 1948 and 1952, the crowd used to urge him on with rhythmic chants of "Za-to-pekk! Za-to-pekk, and no doubt some of the customers congratulated themselves on his success. Actually, he has confessed that he seldom heard the crowd at all, and that on the few occasions when he did he figured something must be wrong because he wasn't concentrating enough.

This puts the finger on it. What counts is what's going on on the track. Exclusively. There is no mystic rapport between runner and public which galvanizes a race. What galvanizes it is its own inner life.

Why, then, is it true that nearly all the best performances occur on public occasions? The answer is obvious if the question is asked in reverse order. The public is there because a great performance is likely, because great opponents have been brought together; crowds are a response to great races, not a cause of them. And any serious runner will tell you that the presence of a crowd is superfluous, irrelevant, even at times a nuisance. What matters to him is the quality of the opposition.

Here again, he has much in common with musicians. What galvanises a performance is its own inner life. And that is usually a product of bringing together the right players and the right conductor and the right score on the right day. It has little or nothing to do with the hands-across-the-footlights attitude which actors are so prone to. And in the case of the solo recitalist a "live" audience should be wholly unnecessary (except as a source of income): his communion is not with listeners but with the composer. In this Glenn Gould, giving up the concert platform for the recording studio, speaks the same language as Roger Bannister, who sought to break the four-minute-mile barrier alone, confronting not a human antagonist but the enemy within the mind, and succeeded on an obscure track on an unannounced date with virtually no spectators.

His was a special case. Solo situations are infrequent in track or in music. The ensemble is the term. And the well-matched ensemble is the key to achievement.

In track this is especially true at distances where tactics are an important factor: that is, from the half-mile up to the six miles: especially the two miles and the three and the six, where the time-span is long enough for runners to explore one another's weaknesses and to deploy their own strengths. This interplay of forces will appear in its most interesting form when runners confront each other who belong to the two basic types: the front-runner, and the positional runner. If the line-up includes say, two of each type, and all four are capable of about the same time at their best, and none of them is having an off day, then the results can be almost guaranteed to produce the sort of silent intellectual ferocity one associates with championship chess.

A front-runner, as his name suggests, feels the need to grab the lead at the start and stay out front all the way. Far from finding the lead a drain on his morals he thrives on it. Indeed, his whole motive, aggressively, is to run his opponents into the ground, setting such a fast pace that they won't have any kick left to pass him with at the finish - he himself does not as a rule have much of a finishing kick, which is one of the reasons he's a front-runner. To achieve his aim he has to try and open up a lead of at least fifteen yards, the runner behind starts to lose "contact", ceases to be drawn along by the invisible thread which binds a leader to those who follow him closely enough. The front-runner usually attempts to break contact by setting a fast, even pace. This sometimes works. But it fails if the runner behind has the determination and the strength to hang on. Then the front-runner must choose: either he can hope that the fast pace will have burnt out his opponent's kick; or else, if he fears this may not be so, he must resort to sudden sprinting in the middle of the race, for a hundred yards or so, if necessary more than once, in order to break away from the opposition. This is the most brutal tactic in the whole of track, its demands on the body and mind are preposterous. Imagine, if you will, that you've just run a mile at racing speed and have finished with a classic sprint down the home straight, whereupon you are not allowed to stop and rest, but must go on for another lap at full miling speed: the body at once protests

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that this is impossible and only the toughest mind is able to insist to force the body to do it. When the front-runner attempts this tactic his one and only reassurance is that if it's hard on him, it's even harder on the positional runners who're trying to stay in there. He at least decides when the bursts begin and end; they must respond without choice and without hesitation.

The positional runner is, in effect the track equivalent of a counter-puncher in the ring. He finds pace-setting a burden and prefers to tuck in behind a leader and to conserve his strength for a big kick at the finish. His role, though is far from passive. One of his weapons is an acute sense of pace he will notice immediately if the front-runner relaxes the tempo even fractionally and will at once run wide and come right up on the front-runner's shoulder, to pose a threat, this can create anxiety in the front-runner which, if he does not have a well-disciplined mind, will in turn cause tension in his muscles, so that he starts to run "tight" - from which there is no recovery. Similar threats can be made at other times too, simply for their worry value. Sometimes a positional runner will even pretend to be a front-runner taking the lead and using his sense of pace to imperceptibly slow down a more comfortable tempo; an experienced opponent, though, will seldom fall for this ploy. and, apart from the tactics of pace, a good positional runner knows all about how to read the leader for signs of fatigue, how to create a "box", and how to choose a thoroughly surprising moment to mount a bid of his own.

Any race which includes well-matched runners of these opposite types will be a subtle and exacting duel. If there are several runners the race attains great complexity. But sometimes, when there are only two runners (or at least only two left in contention) it can attain an even higher intensity. It is then that men reach into themselves for the ultimate resources never yet tapped and achieve heights they had not yet dreamed of scaling. Every true musician can imagine how that is. For it is the same as when everything jells with the right players at the right time and a performance catches fire. And, of all musicians possibly the jazzman know this feeling best. For they, like the runners create the substance of what they're doing as they go along.

On such occasions the normal limits of achievement cease to apply. The perfect run, like the perfect performance, seems to be almost within grasp. Almost. It never arrives, of course. But a man can do worse than give his life to the pursuit of it. Wherever his talent lies. For the cult of excellence takes many forms; the Bach expert, the Marathon specialist and the Carthusian monk differ much, outwardly, but within they go about the same business. Which is to push back the frontiers of the impossible, to chart new territories of the human spirit, to enlarge our reach. It is a task for men. The mice can make do with Jerome Kern, jogging, and Jesus sunny side up. Nobody has to climb Mount Everest. But that's where right living begins.

John Reeves



John Reeves has been a leading Canadian Master in various divisions over the last 15 years is also a prominent Radio and Television producer for Canadian Broadcasting Corporation. He wrote this article some ten years ago and we feel it stands up well.

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VETERANS Multi-Event Newsletter

Development of Pentathlon/Decathlons for Veterans

- No.2 September, 1981.

Rodney Charnock, September Cottage, Stanhoe Road, Docking, King's Lynn, Norfolk, England.

New age records ... Progress on ranking lists, scoring tables and competitions ... 1981 World Games Pentathlon ... 1980 European Pentathlon ... WAVA hurdles specifications ... magazines for Veterans ... UK Veterans age group records for Pentathlon/Decathlon ... listing of recent new World, USA and UK age records.



Wolfgang Linkman (Germany) has taken the 40/44 Decathlon record to 8,140 pts (WAVA) competing in the 1981 TAC USA championships. His performances were 11.51; 6.41; 14.37; 1.80, 55.2, 15.12, 44.22, 3.90, 53.86, 5/19.2 for 6,784 1AAF points. This massive score is still some way short of the highest score on WAVA tables by any age group - 8,637 points by Dutch Warmerdam (60/64), who was the World's first 15 foot pole vaulter back in the 1940's. Another former pole vault great Boo Morcom may have approached 9,000 points in the 55/59 age group but I am still trying to discover the individual event performances.

In the Pentathlon Roy Williams scored 4,046 points in the 45/49 event in the World Games to comfortably exceed Valbjorn Thorlaksson's previous World best. Robin Ball was second with 3,669 for a new UK 45/49 best and third best score on the World all time ranking list.

John Alexander (USA/age 61) has recently recorded the highest Pentathlon total ever on the WAVA tables (1980 version) with a score of 4,242 pts (2,182 1AAF) which included 5.20m LJ/35.86m jav/26.1 200/38.37m Discus/5m40.4 1500 - performances of which many a younger athlete would be proud. John has also scored just under 8,000 points in a decathlon, which included a 59.0 400 metre.

In the older age groups Ian Hume (Canada) with 7,452 pts/3,126 1AAF at 65 and Gilberto Gonzalez-Julia (USA) with 7,202 pts/3,102 (1AAF) at 67 pace a number of new world age records. The back sheet of this newsletter summarises the new World, USA and UK age records for the Pentathlon and Decathlon reported since my last newsletter.

RANKING LISTS/AGE RECORDS; SCORING TABLES; and COMPETITIONS : PROGRESS

Useful discussions and correspondence with some of you during the year has established the following priorities:-

1 - compile deep ranking lists for pentathlon/decathlon on both WAVA/1AAF tables. Most vets seem to find rankings and age records a real incentive. Deep all-time lists should be available in early 1982 dependent on the speed of my childrens' calculations. More results are still needed from USA and Germany.

2 - develop WAVA scoring system with particular reference to throws and also hurdle specifications. A full proposal for 1982 is being sent to Ian Hume (please send SAE if you want a copy of the proposals). There is no criticism of Ian's fundamental approach and the proposal represents the evolutionary development of his system.

3 - list all multi-event competitions worldwide open to Vets (see next newsletter). Meetings and Ranking lists/age records are better than postal events.

4 - in the UK organise regional Vets championships in sequence of Pentathlon events if possible please and have entries for Pentathlon as an event. Also if feasible for the organisers please allow a gap of a few weeks between regional and BVAF Championships.

5 - in BVAF Pentathlon please organise events in usual sequence. Also for older competitors please allow combined entry for Pentathlon event and individual championship event.

Proposals regarding 4 and 5 are being sent to Jack Fitzgerald.

1981 WORLD GAMES PENTATHLON

Roy Williams' 1.B World best of 4,038 was the highlight of the Christchurch Pentathlons. Here is a brief summary of results with scores on the 1980 WAVA tables:-

40/44: Werner Schallau (Germany) retained his 1A title with 3,615 closely followed by Keller and Pluckner both of Germany. Schallau's score is an age 42 World best.

45/49: Roy Williams (New Zealand) added over 250 points to Thorlaksson's 1B World best in a good competition with Robin Ball (3666) and Leopold Marien (3500) of Belgium. Williams 4038 World best included 6.46 LJ; 24.37 200m and 43.12m Discus. Despite scoring the third highest 1B total ever Robin Ball showed that there is more to come with field event fouls of 6m+(LJ); 60m+ (Jav) and 40m+ (Discus). The 1982 European Pentathlon will be Robin's next major target.

50/54: Werner Krucken (Germany) retained his 2A title with a score of 3,698 compared with his 1979 World best of 3,873. 54 year old Australian Rudy Hochreiter scored 3,420 in 3rd place.

55/59: was a close competition with Ackerblom of Sweden winning at 3,037.

60/64: Alexander (USA), later to set a world best, won with 3906 from Koch (Germany)'s age 63 best of 3,390.

The points totals in some of the older groups appear to be inaccurate and we are still awaiting complete individual event performances from the organisers. ~~Please supply individual event results, other than 1B, I will be very grateful to receive a copy please!~~

1980 EUROPEAN CHAMPIONSHIP : PENTATHLONS

The Helsinki Pentathlons featured a world best in the mens 70/74 wins by 3 athletes who had placed in the same age group back in the 1977 World games; and a British win by Maeve Kyle in the womens 50/54 Pentathlon.

Harry Urpinen (Finland), the 1977 World games third placer behind Derek Clarke and Robin Ball, won the 1A event with 3,388 pts. Gerd Drewniak (1977 World games 1B champion) scored 3,112 pts for first in 1B with 54 year old Vaclav Bartl, another 1977 World games champion, winning 2A with 3,399 pts.

European Pentathlons (cont)

Hansrik Killing (Germany) established a 4A (70/74) World best with 3,203 points the 1980 WAVA scoring tables bettering the previous total of 3,140 pts. (This previous total was originally scored at 3,255 pts on the 1978 tables but revisions to the 1980 tables reduced the total to 3,140 pts. Hence the importance of obtaining full individual event results for subsequent recalculation of record and ranked scores).

There were 5 British entries out of a total of approx. 100 entries for all the Pentathlons. Colin Watterson and Kevin Robinson placed 8th (2,288) and 10th (1,802) respectively in 1A with Anthony MacKay apparently not competing. Tony Rawlinson placed 10th in 3A with a new UK age 64 best of 1,501. Maeve Kyle won the women's 50/54 group with a notable score of 3,614, which was higher than the subsequent winning score in the World games. The standard was not as high as the World games Pentathlon with a score of 2,600 pts or under in each age group gaining 6th place at Helsinki. The 1982 third European Veterans championships will be staged in Strasburg.

Again, if anyone has the full results with individual events performances please can they send me a copy.

WAVA HURDLE SPECIFICATIONS

WAVA have decided to change the hurdles specifications to the following

	Distance	Hurdle height	to Hurdle 1	spacing	to Finish
40/49:	110 m	(39"/99.6cm)	13.72m	8.70	17.98
50/59:	110m	(36"/91.4)	13.72	8.50	19.78
60/69:	100m	(33"/84)	13.00	8.50	10.50
70 + :	80m	(30"/76.2)	12.00	8.00	12.00

The previous WAVA hurdle specifications were for all ages to run 110 metres with 8.90m spacings for 40/49 and 8.60m spacings for all other age groups.

In the USA there is now a movement to revert to the international 9.14m (30 foot) spacings for all age groups with lower hurdles e.g. 36"/91.4cm for 40/49, etc. I assume that the elite hurdlers use 3 strides and others either alternate 4 stride or 'stutter' 5 strides.

Ian Hume, WAVA Technical Committee Chairman, has now made the proposal that all athletes in a specific age group use the same height of hurdle but select the hurdle spacing of their individual choice. The proposal is practical because during a Vets meeting all hurdle spacings are used. Under his proposal there probably would be less need to move the hurdles on the track.

MAGAZINES for VETERANS

In the UK Veterans/Athlete's World; Athletics Weekly and Athletics Monthly all include articles on Veterans athletics.

WAVA now produce an excellent Newsletter. Editor Don Farguharson. Annual airmail subscription to 4 issues is \$3.50/\$9.50 Canadian to WAVA, c/o Ontario Sports Administrative Centre, 160 Vanderhoof Avenue, Toronto, Ontario, Canada M1G 4B8.

In the USA the National Masters Newsletter and the age record book are available as ^{1981 it published 5-year world} ^{Air-mail delivery. No risk} ^{address} ^{guarantee. If not what you expect,} records. It features inside stories and scoops of what goes on in the world of veterans.

Send \$22 for 12 monthly issues to:

National Masters Newsletter
P.O. Box 2372
Van Nuys, CA 91404 USA

It's timely. For example, in February 1981 it published results on the 4th World Veterans Games—months before the official results were mailed. In June

Also available for \$4 is the 1981 World and American Age-Record Book, which features all age records for all athletics events for men over 40 and women over 35.

P1.0

UK VETERANS AGE GROUP RECORDS for PENTATHLON/DECATHLON

Recent articles in British magazines have listed various UK Veterans records and rankings but have excluded performances in the Pentathlon and Decathlon. This omission is perhaps understandable because of the specialist nature of multi-events and because of the confusion caused by the use of four scoring systems (IAAF and WAVA 1977/78/80).

However the multi-events performances are worth recording because a number of UK athletes are World ranked and publicising these results should encourage other veteran all-rounders to compete. The UK has a fine tradition started by Derek Clarke and Robin Ball placing 1st and 2nd in the Gothenberg World-Games with both setting World age bests.

The following age group records show points totals scored on both WAVA 1980 and IAAF points tables. The WAVA totals provide a general comparison of the relative merit of scores in different age groups. Whereas the IAAF totals provide an absolute comparison of scores except that the specifications of throwing and hurdles events are changed for the older age groups.

<u>PENTATHLON</u> (Long Jump; Javelin; 200m; Discus; 1500m)		WAVA (IAAF)	POINTS TOTAL
<u>M40</u> : Derek Clarke	- Gothenberg	(13.8.77)..	<u>3877</u> (3236) - World No.3
<u>M45</u> : Robin Ball	- Christchurch	(10.1.81)..	<u>3669</u> (2650) - World No.3
<u>M50</u> : T.H. McNeil	- Gothenberg	(13.8.77)..	<u>3158</u> (2163) - World No.14
<u>M55</u> : T.H. McNeil	- Wolverhampton	(26.7.81)..	<u>2558</u> (1428) - World No.28
<u>M60</u> : D. Morrison	- Gothenberg	(13.8.77)..	<u>2029</u> (925)
<u>M65</u> : Tony Rawlinson	- Wolverhampton	(26.7.81)..	<u>2271</u> (788)

DECATHLON (International events - Veterans throwing implements and hurdles)

<u>M40</u> : Robin Ball	- Motspur Park	(11/2.5.76). <u>6457</u> (5279)	- World No.9 (approx)
<u>M45</u> : George Lee	- Loughborough	(20/1.9.80). <u>5810</u> (4205)	- World No.8 (approx)
<u>M50</u> : Dave Williams	- Loughborough	(8/9.9.79). <u>6136</u> (4024)	- World No.6 (approx)
<u>M55</u> : Spencer Trafford-Loughborough		(8/9.9.79). <u>5108</u> (2655)	- in World Top 20
<u>M60</u> : Colin Fairey	- Loughborough	(20/1.9.80). <u>4149</u> (1845)	

It is also worth mentioning that Robin Ball's pentathlon at Christchurch included a 57.02 m javelin throw which is very substantially in excess of the listed UK M 45/49 age record.

All time ranking lists (World and UK) and specific age records (World and UK) are being compiled for both the pentathlon and decathlon. These lists should be available in early 1982. In the meantime I will endeavour to send a draft UK list for display at the BVAF Decathlon.

Please send comments, results sheets, personal performances, etc to me at the address below. Good Luck.

Rodney Charnock,
September Cottage, Stanhoe Road,
Docking,
King's Lynn, Norfolk,
England.

Rodney Charnock

LISTING OF NEW VETERANS MULTI-EVENT RECORDS: World, USA, UK (Since 8/1980)

NEW RECORD

OLD RECORD

Event	Rec	Age	WAVA Pts	(IAAF Pts)	ATHLETE	Nat.	Date	WAVA Pts	(IAAF Pts)	ATHLETE	Nat.	Date
Pent	Wor	49	3112	(1510)	Gord Drenniak	GER	'80	1154	(1020)	A. Rawlinson	GER	'79
Pent	Wor	64	1510	(3185)	Tony Rawlinson	GER	'80	3140	(1020)	K. Wilms	GER	'80
Pent	Wor	66	3185	(3203)	Hans Schneider	GER	'80	5646	(4623)	R. Ball	'79	
Pent	Wor	71	3203	(2578)	Henrik Killing	GER	'80	5401	(3807)	J. Phillips	'79	
Pent	Wor	74	2578	(5867)	Walter Kern	GER	'80	5029	(3213)	I. Steedman	'79	
Dec	UK	44	5867	(4869)	Robin Ball	GE	'80	2996	(885)	A. Rawlinson	'79	
Dec	UK	45	5810	(4205)	George Lee	GE	'80	6420	(2868)	G. Gonzalez-Julian	USA	'80
Dec	UK	51	5460	(3555)	Dave Williams	GE	'80	3332	(2764)	P. Conley	ICE	'77
Dec	UK	52	5165	(3342)	Ian Steedman	GE	'80	3771	(2771)	K. Thorlacson	USA	'79
Dec	UK	57	4794	(2419)	Spencer Trafford	GE	'80					
Dec	UK	58	3874	(1856)	Janis Gercs	GE	'80					
Dec	UK	64	4149	(1845)	Colin Fairley	GE	'80					
Dec	UK	65	7452	(3126)	Ian Hume	GE	'80					
Pent	Wor	42	3619	(3008)	Werner Schallau	GE	'81					
Pent	Wor	45	4046	(2924)	Roy Williams	GE	'81					
Pent	UK	45	3669	(2650)	Robin Ball	GE	'81					
Dec	UK	45	3669	(2650)	Robin Ball	GER	'81	3289	(2484)	W. Krucken	GER	'77
Pent	Wor	48	3324	(2442)	Schwanker	GER	'81	3244	(1724)	H. Schneider	GER	'77
Pent	Wor	63	3390	(1673)	Adolf Koch	GER	'81					
Pent	Wor	72	2660	(687)	W. Streubel	GER	'81					
Pent	Wor	78	2499	(440)	Herb Anderson	USA	'81					
Dec	Wor	40	8140	(6704)	Wolfman Linkman	USA	'81	7984	(6615)	H. Mandl	AUT	'76
Dec	USA	40	7530	(6212)	Dave Thoreson	USA	'81	7272	(5999)	R. Hesock	USA	'75
Dec	Wor	61	7977	(4036)	John Alexander	USA	'81	7927	(4038)	B. Deacon - age 63	USA	'74
Dec	Wor	67	7202	(3102)	Gilberto Gonzalez-Julian	USA	'81	5980	(2277)	B. Deacon - age 68	USA	'79
Dec	Wor	78	6889	(2182)	Herb Anderson	USA	'81					
Pent	Wor	61	4242	(2182)	John Alexander	USA	'81	4116	(2016)	Moraws	'77	
Pent	UK	65	2271	(788)	Tony Rawlinson	GE	'81	4060	(2050)	A. Koch	'77	
Pent	UK	64	1885	(788)	Tony Rawlinson	GE	'81	1501	(A. Rawlinson	'80		
Pent	UK	54	2147	(1453)	T.H. McNeil	GE	'81					
Pent	UK	54	2558	(1453)	T.H. McNeil	GE	'81	2503	(1326)	J. Gercs	'75	
Pent	Wor	68	3291	(1426)	Gilberto Gonzalez-Julian	USA	'81	2935	(1326)	O. Reppen	'78	
Dec	Wor	68	3035	(3035)	Gilberto Gonzalez-Julian	USA	'81	5980	(2277)	B. Deacon	'79	
Pent	UK	59	1914	(1069)	Janis Gercs	GE	'81					

10

WHO WON AT NEW ZEALAND?

BY Stan Thompson Hawaii

I have made up a table to try to answer that question. I have used a 5-3-1 basis. The Table shows the first three High Point Winners in each age group data from W.A.V.A. Newsletter #4.

Many interesting conclusions can be drawn from this Table but no attempt should be made to pick the outstanding performer of the meet or to compare winners of the age groups due to the many variables.

MEN

WOMEN

40-44	Name	Country	Pts	Medal	35-39		Name	Country	Pts	Medal
					1.	2.	3.			
1.	H. Thomann	GER	13	3	1.	V. Foltz	USA	20	4	
2.	R. Austin	AUST	tie(11)	3	2.	P. McNabb	BRIT	18	4	
	R.D. Palmas	IT	tie(11)	3	3.	D. Browne	AUST	11	3	
45-49					40-44					
1.	J.K. McDonald	NZ	14	4	1.	K. Holland	AUST	tie(15)	3	
2.	D. Sanwamade	HOL	13	3	2.	H. Searle	AUST	tie(15)	3	
3.	H. Thomas	AUST	13	3	3.	S. Knott	USA	tie(10)	2	
50-54					45-49					
1.	D. Turnbull	NZ	18	4	1.	M. DiOrlando	IT	15	3	
2.	A. Taylor	CAN	16	4	2.	I. Obena	USA	13	3	
3.	L. Snelling	AUST	15	3	3.	K. Diener	GER	tie(11)	3	
55-59					50-54					
1.	G. Hessellmann	GER	20	4	1.	M. Werner	GER	tie(11)	3	
2.	A. Findelli	FRA	11	3	2.	H. Stock	USA	tie(11)	3	
3.	J. Ubarri	PR	tie(10)	2	3.	D. Stock	USA	tie(11)	3	
60-64					55-59					
1.	J. Gilmour	AUST	20	4	1.	M. Suominen	FIN	23	5	
2.	F.G. McGrath	AUST	16	4	2.	B. Vine	NZ	tie(13)	3	
3.	R. Rainio	FIN	15	5	3.	M. Hamm	GER	tie(13)	3	
65-69					60-64					
1.	I. Hume	CAN	25	7	1.	K. Hveem	NOR	21	5	
2.	G. Porteous	SCOT	15	3	2.	A. McKenzie	BEL	15	3	
3.	F. Finger	USA	tie(13)	3	3.	I. Pleuger	GER	11	3	
	F. Assmy	GER	tie(13)	3						
70-74					70-74					
1.	S. Thompson	USA	23	7	1.	B. Tibbling	SWE	22	6	
2.	J. Farrell	SCOT	15	3	2.	E. Haule	GER	18	4	
3.	N. Jenkinson	AUST	14	4	3.	D. Callan	USA	16	4	
75-79					65-69					
1.	H. Anderson	USA	30	9	1.	A. Reille	GER	21	5	
2.	A. Ticmanis	CAN	20	8	2.	J. Luther	GER	18	4	
3.	H. Meyers	USA	19	5	3.	W. Reid	HOL	15	3	
80					70-74					
1.	S. Falk	SWE	38	8	1.	B. James	USA	28	6	
2.	E. Zemljak	YUG	29	9	2.	M. Salisbury	USA	14	6	
3.	P. Spangler	USA	23	5	3.	A. Forbes	SCOT	tie(10)	2	
						J. Butcher	GER	tie(10)	2	
75-79</										

At a Club dinner dance some years ago I suggested that it was time that the Veterans' Athletic Club made its name by setting up something like 100 x 1 mile track relay record. This idea was enthusiastically taken up by Noel Noble and some two or three years later the first attempt was made to run such a relay.

Each year in Britain there is a 100 x 1 mile relay and the Club entered and circularised members asking them to attend. How little we knew then of the problems which surrounded such an attempt. We waited for members to turn up, we ran 57 legs and then retired - run out of runners but we learned many lessons.

The enthusiastic Noel Noble then set about organising the next years entry and taking the advice of the originator, Mike McDowell, moved the venue to Crystal Palace where several other Clubs were running. This enabled the Veterans' Athletic Club, ^{whose} many of the members run first claim for other Clubs, to run for both Clubs during the course of the day if needed.

The organisation was better but not desperately streamlined and in a fantastic effort, we actually turned out exactly one hundred people with in fact not a single reserve by the end of the day.

The people we turned out ranged in age up to 76/78 years old and therefore the original record of just under 10 hours was really the opener to get this event off the ground. It said something that our slowest mile on that day was over ten minutes.

Not unexpectedly the challenge was taken up and in this case the San Diego Track Club pulverised our effort with a 9 hr 15 min performance.

So to this year when the traumas of yet another entry in our Fiftieth Anniversary year came along. Two weeks before the event we had but sixty names and then the flood gates opened and we finished with 160 odd members wanting to run.

We were therefore able to select on the basis of the ability to run, preferably a sub 5.45 minute mile. Obviously there were one or two mistakes but on the whole the choice was made extremely well.

The organisation was first class, Noel Noble allocated the times but why do athletes continually want to change the time they are going to run and cause so many headaches?

Another Member allocated the numbers; the wife of one of our enthusiastic Club members pinned Club badges to everybody, the President and the Secretary ran duty throughout timing every lap, every mile and marshalling in to see that there were no faults in changeovers.

In our opinion five people are the minimum who can run a team efficiently.

The thrills were not only that we were in fact always ahead of the World Record of San Diego but in actual fact we were shattering most of the ordinary athletics' clubs in Britain. Out of some sixteen clubs who finished 100 people, the Veterans' Athletic Club finished third in the country and apparently won the price for the most improved team, not surprisingly when one takes nearly an hour and a quarter off the time.

Can we do it again? We are not sure but we are getting an awful lots of new Vets in each year now. Can somebody beat us - well let them try. Or can some other Clubs in other countries arrange to run on the same day and see if we can get a real challenge going.

The running story of a big, Canadian Master going to San Juan to throw-his-weight-around in the 1981 PUERTO RICO Master Championships.

Spending 1,100 Canadian dollars to get to the Puerto Rican Masters T. & F. Championships (on Sept. 19 and 20, 1981) sure seemed like a lot of loot.....so, I calmly sat down and figured out a way of cutting the cost in half! - just leave my wife at home!!

I had read big, inviting, full page advertisements in the NM Newsletter and together with the very persuasive tongue of Meet Director, Gilberto González-Juliá, I decided to work a little harder and raise the necessary \$550.00 Canadian or approx. \$450 U.S. (for the round-trip flight via "Eastern").

I kissed Lisa good-bye at 6 A.M. on Sept. 17th; left Toronto Airport at 8 A.M. and arrived in Miami 2 hours and 50 minutes later. After the stop-over and several time delays in Miami we finally took off and landed in San Juan, Puerto Rico 2 hours and 20 minutes later.

It was not the heat that struck me like a 16 lb. shot but the heavy, heavy, humidity. Temporarily, I forgot about the overly oppressive weather conditions when I suddenly spied the greatest Master of them all, Gilberto, jumping up and down and grinning ear to ear. He and his wife Juanita seemed truly pleased to see the one-and-only Canadian who would be attending his meet next day. They were both very helpful and of course, it was very easy for them to give me a warm welcome under those tropical conditions.... I felt like reciprocating, so.... I opened my flight bag and gave Gilberto a Canadian banana (one that Lisa had stashed away in case of an emergency). He said he didn't realize it got that warm up in Canada.

It was explained to me that the island of Puerto Rico is rectangular - about 35 x 100 miles, population nearly 3½ million, official language is Spanish (hardly any English spoken), voluntarily associated with the U.S.A., currency is U.S.\$, and San Juan the Capital City.

As in so many places in this world, you only get what you pay for. My arrangements were to stay at the Ocean Side Hotel at \$16.80 per day; around the corner stands the Caribe Hilton starting at \$70.00. And what a difference! If you plan on attending their next Annual Games, do yourself a real favour - pay at least 40 bucks a day. I checked into the sle--- Ocean Side Hotel, but throughout the old building it's called the "Silencio Hotel". (In Montreal there are many "Directione" Streets.)

Gilberto and Juanita took me immediately over to nearby Sixto Escobar Stadium (named after a local world champion boxer) and kindly introduced me to many of my soon-to-be competitors. I perhaps psyched a couple of them out by tossing the 1 Kilo disc 41 meters (should have saved it!) However, I can be "had" in the jabalina and perhaps in some other of the 3A throwing events.

Incidentally, both Mr. and Mrs. Gonzalez-Julia worked out later that afternoon; Juanita tuning up for her 100 meter championship run and her husband running a smart 300 m. distance in 49.9 seconds.

After dinner at the "Burger KING" (where else) I spent a so-so nite in the "Silencio Hotel" (during which 1/3 of the air conditioner fell out of the wall, there was no chair, no electrical outlet for my shaver and the 25 watt bulb in the table lamp needed replacing). It was very much the way I would imagine living in jail! Only the soap had some quality - the wrapping was labelled "RAMADA INN".

The next morning I did a little shopping. Seems like all the native crafts here are made either in Taiwan or Japan - but with the labels removed. Not really so different from home except we leave the labels on! I purchased a large beautiful planter (made in Taiwan) so that Lisa will always have pleasant memories of my trip to Puerto Rico!?

One thing for sure - if Lisa had come along, we would immediately have had a different mailing address - even I hated it, but it was close to the Stadium.

And whom do I meet in the "lobby"? - Three "runners" who have come all the way from Taiwan! (difficult to tell because their labels had been removed) and a 6'4", 70 year old gentleman from California named Don. He's a tall, healthy, wiry cuss; should win everything in sight.

Had time to go to the nearby public beach and enjoyed the waves rolling in from distant Africa. Very few natives were enjoying the nice, warm free sand-and-surf that afternoon.

I stuck it for 38 hours at the "Silencio Hotel", then told the desk clerk to stick it! Having got a special price that-I-couldn't-refuse, I moved from the 2nd floor of the old Ocean Side over to the 15th floor of the Caribe Hilton and lived in sublime luxury and happiness everafter... .

Starting late Saturday afternoon and running into the evening was the first half of the Meet that I had travelled 2,500 miles to attend. Under the normal hot, humid conditions - and later the artificial lights - I competed in two of my 60 - 64 throwing events (in the infield of the Stadium) before a sizeable crowd. Admission for spectators was: Adultos \$1.00, niños 50¢.

Of the 270 contestants, most were enthusiastic Puerto Ricans, followed by a goodly number of Americans and Columbians, and then a smattering of fellow athletes from such countries as Venezuela, Mexico, the U.S. Virgin Islands, Taiwan and even Canada.

I came, saw, threw and conquered. My winning throws in the 3A hammer and disc respectively were 35.94 and 39.24 metros. I expect that complete results of the Meet will be published soon and be available to all. Gilberto was entered in 11 events during the two day program and when last seen at 9 p.m. reported many successes. His wife, Juanita, however, was forced to scratch from her "100" race. Big, handsome Dago González of P.R. was well on his way to winning 3 oro medals in the throws (he is not the "speedy" González).

The next and final day brought some fine results. I won my shot with a 12.65 heave and got badly beaten by Gord. Nordgren's 42.16 spear throw. Little Luis Luna from Columbia, 42 years of age, ran his 800 in 2:06, the 5,000 in 16:56 and the 3,000 metre steeplechase in 10:30. Fellow countrywoman, 57 year old Mary Garcia de Lires covered her 200 in 37:70 seconds. And 74 year old Marilla Salisbury from San Diego was there (and everywhere!) but not having one of her better days; even her time for her favourite 5K. race-walk was "off". Bert Lancaster did magnifico in the 2A category covering the 100 in 11:50 seconds and the 400 in 55:02 seconds. (Check elsewhere for complete results).

During the Sunday night banquet I was very much embarrassed. Gilberto, the President of the Puerto Rican Masters, received a beautiful and elegant scroll from Warren Ling, Director of the Taiwan delegation, then Bert Lancaster from the States presented him with a large replica of the Philadelphia Liberty Bell (probably also made in Taiwan, and cracked in shipment) and then Gilberto stood up and said all that he had received from Canada was just one lousy, ripe Honduras banana! I nearly died.

Other than slow in starting on the first day, everything went fine with the aid of many official-looking officials. You'll like their medals too. But remember... you must pay at least \$35 or \$40 a day for accommodation or you could be very, very unhappy.

At the banquet I learned that this Annual Island Championship will be held next year over the Labour Day week-end, Sept. 4 and 5, 1982. Come, or go (don't drive) and support this Championship Meet. I also learned that Taiwan will be bidding for the 1985 World Games.

After the speeches, Gilberto produced a guitar and began entertaining the crowd with his Spanish-type music and song (he's good at this too), while I talked with Juanita and learned much about this tropical paradise.

The economy of Puerto Rico has apparently changed drastically over the last 15 years. From an agricultural one based on sugar-rum-bananas-coffee, it has changed over to a manufacturing economy with hundreds of new plants located not in San Juan but placed throughout the Island. During a short trip outside San Juan I saw many attractive new factories - Ford Motor Car Co., Eli Lilly, Converse, Panasonic, to name just a few. Puerto Ricans prefer working in these plants to growing their own plants. So manufacturing is now #1 in importance to this island, followed by tourism, then... perhaps rum, women and song.

Meanwhile... one can see many runners and joggers training here in the heat and humidity - presumably getting ready for next year's Annual Puerto Rican Masters Games. I, personally, met many of these Track and Field Athletes ("nuts") and got to know many by name. But it wasn't exactly vice-versa. Their spelling of my name (Harold Parsons) on each of my 4 newly won medals had lost something in the translation - specifically, a "d" and an "s".

Harold Parsons.

1st Puerto Rico Masters
Track and Field Championships
San Juan 19-20 September 1981

Brilliant Closing of
the Puerto Rican Masters' Games

With the assistance of a numerous and enthusiastic public ended spectacularly, in the Stadium Sixto Escobar, the First Annual Track and Field Championship City of San Juan, sponsored by the Puerto Rico Master Association and the City Council of San Juan.

The closing ceremonies took place between 2:00 p.m. and 10:30 p.m., and was televised live and in colour by Puerto Rico National T.V.

The meet had the valuable cooperation of the Department of Recreation and Sports of the Caribbean Testing Medical Centre, that collaborated in the free medical services before and during the meet, as well as other state and city Departments.

One of the most outstanding master athletes was Gilberto Gonzalez Julia, who broke the world record for his age, 68 years, in the 110 metres hurdles event, with a time of 19.4 seconds, 3 tenths of a second less than Scott of the USA.

73 year old Marilla Salisbury, of San Diego, California, who won 4 medals, was enthusiastically applauded by the numerous crowd who attended the meet in spite of a prevailing 95 degree temperature.

The well-known sportsman and sport journalist Don Geno Guerra, 76 years old, won several medals, showing incredible energy and vitality.

The invited delegation of Taipei, Taiwan, whose participation was outstanding, presented the organizers of the meet with pictorial works from China; they were presented, in exchange, with a special book of the History of Puerto Rico and several typical Puerto-Rican handicrafts works.

The delegation of Columbia comprising 22 competitors of both sexes, before leaving sang a few "cumbias", a typical song of Columbia, as a show of happiness for the participation; they were generously applauded by the public.

Roberto Santana, director of the Department of Recreation and Sports of the Capital-city felt very happy for the total success of the Championship and hopes that next year there would be an increase in both participating competitors and countries.

Here are the official results of the meet:

100 Metres September 19, 1981

Age Class	Name	Country	Time	Age Class	Name	Country	Time
<u>40-44 MEN</u>				<u>70-74</u>			
1.	William Diaz Casta	PR	11:66	1.	Antonio Rosa	PR	17:80
2.	A. Lopez Suarez	MEX	11:82				
3.	Raul Diaz	PR	12:86				
4.	Wilfredo Cordero	PR	13:39				
5.	Emilio Ocasio	PR	13:54	1.	Eugenio Guerra	PR	16:97
<u>45-49</u>				<u>35-39 WOMEN</u>			
1.	Ariel Perez	PR	12:50	1.	Aida Cardona	COL	15:31
2.	Roberto Avila	PR	13:27	2.	Ana M. Ortiz	PR	16:13
3.	Gonzalo Combas	PR	13:43	3.	Felicia Vazquez	PR	16:59
				4.	Nubia Venegas	COL	16:78
				5.	Basilisa Santana	PR	16:83
<u>50-54</u>				<u>200 Metres September 20, 1981</u>			
1.	Bert Lancaster	USA	11:50	<u>40-44 MEN</u>			
2.	Ossie Dawkins	USA	12:42	1.	Willie Diaz Casta	PR	23:59
3.	Paul Rivera	PR	12:85	2.	Ruben Diaz Velez	PR	24:12
4.	Bill Gentry	USA	13:62	3.	Abelardo Lopez	MEX	24:97
				4.	Manuel Lugo Reyes	PR	28:83
<u>55-59</u>				<u>45-49</u>			
1.	Jose L. Ubarri	PR	12:25	1.	William Clark	USA	23:59
2.	Robert Watanabe	USA	12:44	2.	Ovidio de Jesus	PR	24:09
3.	Victor Clairmont	VIR IS	13:22	3.	Ariel Perez	PR	24:12
4.	Oscar Harris	USA	13:28	4.	Gonzalo Combas	PR	24:97
5.	Don Harris	USA	13:55				
<u>60-64</u>				<u>50-54</u>			
1.	David Lawyer	USA	13:06	1.	Ossie Dawkins	USA	24:80
2.	David Rohena	PR	13:44	2.	Pablo Rios	PR	26:14
3.	Julio Rosario	PR	13:50	3.	Luis E. Cano Gandia	PR	26:61
4.	William Carmen	USA	13:83	4.	Bill Gentry	USA	28:24
5.	Gordon Nordgreen	USA	14:72				
6.	Donald Hull	USA	14:99				
<u>65-69</u>				<u>55-59</u>			
1.	Gilberto Gonzalez Julia	PR	13:46	1.	Jose L. Ubarri	PR	25.6
2.	Herbert Miller	USA	14:48	2.	Roberto S. Watanabe	USA	26.1
3.	Jose Ortiz	PR	17:70	3.	Oscar Harris	USA	27.0
4.	Rosario Mauras	PR	18:38				

1st Puerto Rico Masters T & F Championships

200 Metres September 20, 1981

Age Class	Name	Country	Time	Age Class	Name	Country	Time	
<u>60-64 MEN</u>								
45-49								
1. David Lawyer	USA	27:20	1. Ovidio de Jesus	PR	55:17			
2. David Rohena	PR	28:81	2. Gonzalo Combas	PR	1:05:19			
3. William Carmen	USA	28:83						
4. Julio Rosario Skerett	PR	29:68	50-54					
<u>65-69</u>								
				1. Bert Lancaster	USA	55:02	70-74	
				2. Ossie Dawkins	USA	56:99		
1. Gilberto Gonzalez J.	PR	28:61	3. Paul Rivers	PR	1:00:51	1. Marilla Salisbury	USA	
2. Herbert Miller	USA	30:42				2:45:46	<u>800 Metres September 20, 1981</u>	
3. Jorge Ortiz Quendo	PR	39:73	55-59					
<u>70-74</u>								
				1. Roberto S. Watanabe	USA	1:03:77	<u>40-44 MEN</u>	
				2. Francisco Moya	PR	1:07:15		
1. Antonio Rosa	PR	36:51	3. Humberto Irizarry	PR	1:14:88	1. Luis A. Luna	COL	
<u>35-39 WOMEN</u>								
				60-64			2:06:44	
1. Aide Cardona	COL	30:28	1. Julio Rivera	PR	1:09:08	2. Cristobal Laureano	PR	
2. Ana Maria Ortiz	CARO	34:03	2. William Carmen	USA	1:10:19	3. Perfecto Escobar	PR	
3. Nubia Vanegas	COL	37:63	3. Donald D. Hull	USA	1:17:70			
<u>40-44</u>								
				65-69			<u>45-49</u>	
1. Nydia Lopez	PR	36:31	1. Gilberto Gonzalez Julia	PR	1:11:98	1. Luis A. Luna	COL	
<u>50-54</u>								
				2. Rosario Maura	PR	1:30:76	2. Ernesto Perez	PR
				3. Humberto Caballero	PR	1:56:78	3. Luis Antonio Alicea	PR
1. Irma T. Velez Rossy	PR	40:25	70-74				4. Guillermo Miranda	COL
<u>55-59</u>								
				1. Sam Monasterio	USA	1:20:04	5. Dudley Sippelle	USA
1. Mary Garcia de Lires	COL	37:70	2. Ricardo Collazo	COL	1:26:12	6. Roberto Gonzalez S.	PR	
			3. Antonio Rosa Vazquez	PR	1:29:73	7. Carlos H. Soto	PR	
<u>70-74</u>								
				35-39 WOMEN			8. Ramon Berrocal	PR
1. Marilla Salisbury	USA	1:11:50	1. Aidee Cardona	COL	1:11:99	9. Julio Reyes	PR	
<u>400 Metres September 20, 1981</u>								
				2. Maria Vazquez de M.	PR	1:33:37	9. Ted Ramirez	PR
				3. Nubia Vanegas	COL	1:35:25		
<u>40-44 MEN</u>								
				40-44				
1. Willie Diaz	PR	54:20	1. Elisa Martinez	PR	1:20:45			
2. Jose A. Andino	PR	55:44	2. Maria Casiano	PR	1:39:97			
3. A. Lopez Suarez	MEX	55:62						

1st Puerto Rico Masters T & F Championships

400 Metres September 20, 1981

Age Class	Name	Country	Time	Age Class	Name	Country	Time	
<u>55-59 WOMEN</u>								
55-59	Mary Garcia de Lires	COL	1:30:41	1500 Metres	September 19, 1981			
<u>40-44 MEN</u>								
				70-74				
				1. Marilla Salisbury	USA	2:45:46	1. Cristoba Laureano	PR
							4:31:03	
							2. Victor Melendez Q.	PR
							4:39:51	
							3. Perfecto Escobar	PR
							4:53:42	
							4. Hector Loubriel	PR
							4:54:64	
							5. Juan Rivera Aponte	PR
							5:00:99	
							6. Jose R. Medina	PR
							5:26:89	
<u>800 Metres September 20, 1981</u>								
<u>40-44 MEN</u>								
				45-49				
				1. Luis A. Luna	COL	2:06:44	1. Ernesto Perez	PR
				2. Cristobal Laureano	PR	2:08:70	2. Luis Antonio Alicea	PR
				3. Perfecto Escobar	PR	2:14:55	3. Guillermo Miranda	COL
							4. Dudley Sippelle	USA
							5. Roberto Gonzalez S.	PR
							6. Carlos H. Soto	PR
							7. Ramon Berrocal	PR
							8. Julio Reyes	PR
							9. Ted Ramirez	PR
<u>50-54</u>								
				50-54				
				1. Luis H. Torres	PR	2:18:15	1. Luis Humberto Torres	PR
				2. Carlos A. Puentes	COL	2:29:23	2. Carlos Arturo Puentes	COL
				3. Raymond Baez	PR	2:38:55	3. Antonio Vallejo	PR
				55-59				
				1. Stanley Beckett	VIR IS	3:23:39	1. Ramon Quiros	COL
				2. Don Harris	USA	3:23:40	2. Francisco Moya Brenes	PR
<u>60-64</u>								
				60-64				
				1. Justiniano Garcia	COL	2:38:29	1. Justino Garcia	COL
				2. Pei Jun Lin	CHINA	3:19:44	2. Don E. Garcia	PR
				3. Jose A. Orta	PR	3:32:43	3. Yun Lin	CHINA
<u>65-69</u>								
				65-69				
				1. Roberto Maura	PR	3:14:78	1. Rosario Maura	PR

1st Puerto Rico Masters T & F Championships

1st Puerto Rico Masters T & F Championships

1500 Metres September 19, 1981

Age Class	Name	Country	Age Class	Name	Country
		Time			Time
70-74 MEN					
			<u>50-54</u>		
1. Sam Monastero	USA	6:40:32	2. Antonio Vallejo	PR	19:09:62
2. Ricardo Collazo	COL	7:66:0	3. Federico A. Cordero	PR	22:02:72
3. Ramon Cordero	PR	8:19:0	4. Fernando Vazquez	PR	22:16:84
35-39 WOMEN					
			<u>55-59</u>		
1. Haydee Cardona	COL	5:17:6	1. Ramon Quiros	COL	18:42:41
2. Delia Correa de Rojas	PR	6:15:4	2. Jose Raul Alonso	PR	23:29:09
			3. Hsich Chiutieh	CHINA	24:08:24
40-44					
			<u>60-64</u>		
1. Elisa Martinez	PR	6:50:3	1. Don E. Corbin	PR	21:39:64
			2. Pei Yun Lin	CHINA	24:08:28
45-49					
			<u>65-69</u>		
1. Linda Sippelle	USA	5:15:5	1. Rosario Maura	PR	25:46:02
70-74					
			<u>70-74</u>		
1. Marilla Salisbury	USA	11:32:11	1. Ricardo Collazo	COL	28:46:06
			2. Warren Ling	CHINA	30:24:68
5000 Metres September 20, 1981					
			<u>35-39 WOMEN</u>		
1. Luis L. Luna	COL	16:56:34	1. Aidee Cardona	COL	20:57:55
2. Victor Melendez Quintana	PR	18:17:83			
3. Victor Santiago	PR	18:26:26	<u>40-44</u>		
4. Roberto Bonilla	PR	21:03:71	1. Elisa Martinez	PR	23:58:44
45-49					
			<u>45-49</u>		
1. A. Llanos	COL	19:08:00	1. Linda Sippelle	USA	20:00:96
2. Luis Antonio Alicea	PR	19:09:62			
3. Carlos H. Soto	PR	21:18:83	<u>70-74</u>		
4. Roberto Gonzalez Santos	PR	21:23:86	1. Marilla Salisbury	USA	40:15:59
5. Julio Reyes	PR	23:58:44			
50-54					
1. Luis Humberto Torres	PR	18:54			

10,000 Metres September 19, 1981

Age Class	Name	Country	Age Class	Name	Country
		Time			Time
40-44 MEN					
			<u>50-54</u>		
1. Humberto Bustamente			1. Luis E. Cano Gandia	PR	18.43
			2. Luis Arroyo	PR	21.41
2. Jose Suarez			3. Eduard - Escobar	COL	22.61
3. Hector Gonzalez					
4. Manuel Gonzalez			<u>55-59</u>		
			1. Victor Clairmont	VIR IS	18.99
1. Aznoraldo Llanos	COL	36:05.3	2. Francisco Moya	PR	19.40
2. Guillermo Miranda	COL	37:05.8	3. Stanley Beckett	VIR IS	36.84
3. Carlos M. Soto	PR	48:03.9			
4. Julio Reyes	PR	49:55.9	60-64		
			1. William Carmen	USA	19.64
50-54					
			<u>65-69</u>		
Luis Torres		38:03.29	1. Herbert J. Miller	USA	19.36
			2. Gilberto Gonzalez Julia	PR	19.44
400 Metres Hurdles September 19, 1981					
			40-44 MEN		
1. Ramon Quiros	COL	43:44.40	1. Miguel A. Saenz		
2. Jose Raul Alonso	PR	46:42.43	2. Amadeo Villanueva		
3. Chui Tieh Hsielt	CHIN	52:06.04			
60-64					
			1. Justiniano Garcia	COL	44:32.75
1. Justiniiano Garcia	COL	44:32.75	2. Don Corbin	PR	47:23.54
2. Don Corbin	PR	47:23.54	3. Hiram A. Luiggi	PR	52:06.04
			<u>45-49</u>		
1. William Clark	USA	1:05.51	1. William Clark	USA	1:05.51
2. Felipe Nery Colon	PR	1:16.73	2. Felipe Nery Colon	PR	1:16.73
110 Metres Hurdles September 19, 1981					
			1. Luis E. Cano Gandia	PR	1:11.85
40-44 MEN					
			<u>55-59</u>		
1. Perfecto Escobar	PR	20.2	1. Francisco Moya Brenes	PR	1:12.73
2. Amadeo Villanueva	PR	20.33	2. Don Harris	USA	1:13.81
3. Pedro Rojas	PR	32.51			
60-64					
			1. William Carmen	USA	1:21.06
1. William Clark	USA	17.1			
2. Guillermo Miranda	COL	19.5			

1st Puerto Rico Masters Championships

3,000 Metres Steeplechase
September 19, 1981

Age Class	Name	Country	Time	Age Class	Name	Country	Time
<u>40-44</u>	<u>MEN</u>			<u>50-59</u>			
1.	Luis J. Luna	COL	10:30.17	1.	Cano Gandia, Roberto Schmidt L.H. Torres, Jose Alonso	PR	4:14.56
2.	Tony Rivera	PR	12:51.51				
3.	Humberto Bustamante	COL	12:53.58				
<u>45-49</u>				<u>Half Marathon</u>	(21.3 Kms)	September 20,	1981
1.	Julio Reyes	PR	14:05.23	<u>40-44</u>	<u>MEN</u>		
<u>55-59</u>				1.	Roy Cosme	PR	1:20.39
1.	Ramon Quiros	COL	12:49.67	2.	Nicolas Rivas	PR	1:21.02
<u>4 x 100 Metres Relay</u>			September 20, 1981	3.	Jose Suarez	COL	1:21.25
<u>50-59</u>				<u>45-49</u>			
1.	Harris, Watenabe Dawkins, Lancaster	USA	56.25	1.	Marcelino Martinez	PR	1:31.16
2.	Cano Gandia, Archeval Roberto Schmidt, Arroyo	PR	58.73	2.	Honoraldo Llanos	COL	1:41.22
<u>60-69</u>				<u>50-54</u>			
1.	Carmen, Hull & Lawyer	USA	54.98	1.	Gregorio Angulo	PR	1:24.20
2.	Skerett, Rohena Gotay & Gonzalez	PR	55.21	2.	Joselin Alonso	PR	1:27.33
<u>4 x 400 Metres Relay</u>			September 20, 1981	3.	Carlos Arturo Puentes	COL	1:34.11
<u>40-49</u>	<u>MEN</u>			<u>55-59</u>			
1.	Loubriel, Aponte Laureano, Andino	PR	3:53.22	1.	Tieth Chiu Hsieh	TWAN	1:50.59
2.	Gonzalez, Candelaria Castro, Bonilla	PR	4:19.56	<u>60-64</u>			
3.	Ramon Quiros, Humberto Betancourt, Eduardo Escobar Jaime Luna	COL	4:34.92	1.	Justiniano Garcia	COL	1:50.01
<u>70-74</u>				<u>5 Km Walk</u>	September 19, 1981		
<u>40-44</u>	<u>MEN</u>						
1.	Tony Rivera	PR	32:24.1				
<u>45-49</u>							
1.	Julio Reyes	PR	34:23.2				
<u>60-64</u>							
1.	Pei Yun Lin	TWAN	34:16.4				
<u>70-74</u>							
1.	Sam Monastero	USA	38.03.1				

1st Puerto Rico Masters T & F Championships

5 Km Walk September 19, 1981

Age Class	Name	Country	Time	Age Class	Name	Country	Time
<u>70-74</u>	<u>MEN</u>				<u>High Jump</u>		<u>September 20, 1981</u>
2.	Warren Ling	TWAN	45:42.5	<u>40-44</u>	<u>MEN</u>		
<u>70-74</u>	<u>WOMEN</u>			1.	Carlos Lopez	PR	1.56
1.	Marilla Salisbury	USA	42:21.3	2.	Lemuel Beauchamp	PR	1.49
<u>Long Jump</u>				3.	Wilfredo Cordero	PR	1.44
				4.	Hiram Valdez	PR	1.39
				5.	Jose A. Colon	PR	1.28
<u>40-44</u>	<u>MEN</u>				<u>45-49</u>		
1.	Carlos Lopez	PR	5.31	1.	Floyd Smith	USA	1.76
2.	Pedro Rojas	PR	4.99	2.	William Clark	USA	1.56
3.	Carlos Aponte	PR	4.93	3.	Felipe Nery Colon	PR	1.44
4.	Hiram Valdez	PR	4.88	4.	Celestino Andrades	PR	1.39
5.	Lemuel R. Beauchamp	PR	4.80	5.	Carlos Loubriel	PR	1.28
6.	Wilfredo Cordero V.	PR	4.69				
					<u>60-64</u>		
				1.	Gordon Nordgreen	USA	1.26
1.	William Clark	USA	5.49	2.	Tomas Acevedo	PR	1.26
2.	Pablo O. Garcia	PR	5.10	3.	Donald Hull	USA	1.21
3.	Floyd Smith	USA	4.51	4.	Don Corbin	PR	1.16
<u>50-54</u>					<u>65-69</u>		
1.	Bert Lancaster	USA	5.21	1.	Antonio Gotay	PR	1.30
2.	Paul Rivera	PR	5.03	2.	Santiago Verdejo	PR	1.30
3.	Luis Arroyo	PR	4.47	3.	Herbert Miller	USA	1.22
4.	Juan Seise	PR	4.28				
5.	Bill Gentry	USA	4.21		<u>Triple Jump</u>		<u>September 20, 1981</u>
6.	Teoforo Ortiz	PR	3.77				
7.	Eduardo Escobar	COL	3.58	<u>40-44</u>	<u>MEN</u>		
				1.	Victor Rivera	PR	10.58
				2.	Hiram Valdes	PR	10.26
1.	Oscar Harris	USA	4.68	3.	Hector Loubriel	PR	10.20
2.	Victor Clairmont	VIR IS	4.38				
3.	Don Harris	USA	4.32		<u>45-49</u>		
4.	William Arana	RIO PIEDR	4.29	1.	Pablo Garcia	PR	11.41
				2.	Floyd Smith	USA	9.35
				3.	Angel Gonzalez	PR	8.43
<u>60-64</u>							
1.	William Carmen	USA	4.24		<u>50-54</u>		
2.	Rohena David	PR	3.98	1.	Teddy Ramirez	PR	8.89
3.	Donald D. Hull	USA	3.5%	2.	Bill Gentry	USA	8.98
				3.	Luis Arroyo	PR	9.34
<u>65-69</u>							
1.	Gilberto Gonzalez J.	PR	4.35				
2.	Herbert J. Miller	USA	4.29				
3.	Antonio Gotay	PR	4.04				

1st Puerto Rico Masters T & F Championships

1st Puerto Rico Masters T & F Championships

Triple Jump September 20, 1981

Age Class	Name	Country	Time	Age Class	Name	Country	Time
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60-64 MEN

Shot Put September 20, 1981			
1.	William Carmen	USA	7.57
40-44	MEN		
1.	Anibal Gonzalez	PR	11.00 Mts.
2.	Elias Rivera	PR	10.17
3.	Lemuel Beauchamp	PR	8.89
3.	Santiago Verdejo	PR	7.86
	45-49		

70-74

1.	Donald L. Hummel	USA	6.81	1.	Dagoberto Gonzalez	PR	11.56
				2.	Floyd Smith	USA	9.38
				3.	Celestino Andrades	PR	8.79
				4.	Pedro Candelaria	PR	7.52

Pole Vault September 19, 1981

			50-54			
45-49	MEN					
1.	Carlos M. Loubriel	PR	10'0"			
			1.	Teodoro Ortiz	PR	10.94
			2.	Adolfo Arenas	PR	10.11
			3.	Antonio Andino	PR	9.95
50-54			4.	Juan Seize	PR	8.81
			5.	Eduardo Escobar	COL	8.09
			1.	Miguel Rivera	PR	11'0"
			2.	Burt Lancaster	USA	9'0"
			3.	Teddy Ramirez	PR	9'0"
			4.	Bill Gentry	USA	7'6"
			1.	Pedro Polanco	PR	9.19
			2.	Manuel Sedane	PR	8.28

55-59

1.	William Arana	PR	9'6"	60-64			
				1.	Harold Parsons	CAN	12.65
				2.	Anibal Torres	PR	10.69
				3.	Donald Hull	USA	10.47
1.	Tomas Acevedo	PR	9'6"	4.	Tomas Acevedo	PR	10.44
				5.	Jose Degado	PR	10.24

65-69

1.	Gilberto Gonzalez Julia	PR	8'0"	65-69			
2.	Antonio Gotay	PR	7'6"	1.	Antonio Gotay	PR	11.96
				70-74			

70-74

1.	Donald Hammel	USA	9'0"	1.	D.E. Pierotti	USA	10.17
				75+			
				1.	Eugenio Guerra	PR	8.16

Discus September 19, 1981

Age Class	Name	Country	Distance	Age Class	Name	Country	Distance
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40-44 MEN

1.	Victor Rivera	PR	34.72 Mts.	40-44	MEN		
2.	Anibal Rosario	PR	32.60				
3.	Enrique Martino	PR	30.20	1.	Wilfredo Caban	PR	48.49 Mts.
4.	Elias Rivera	PR	30.16	2.	Anibal Rosario	PR	39.90
5.	Pedro Rojas	PR	28.94	3.	Lemuel Beauchamp	PR	15.46
6.	Lemuel Beauchamp	PR	25.14				

45-49

1.	Dagoberto Gonzalez	PR	43.58	1.	Pedro Candelaria	PR	42.74
2.	Floyd Smith	USA	24.28	2.	Floyd Smith	USA	23.48
3.	Pedro Candelaria	PR	19.76	3.	Angel Gonzalez	PR	22.14
				50-54			

1.	Juan Seize	PR	26.90	1.	Juan Seize	PR	37.04
2.	Adolfo M. Arenas	PR	24.48	2.	Adolfo Arenas	PR	30.12
				55-59			
				1.	Pedro Polanco	PR	25.10
				2.	Manuel Seoane	PR	23.12

1.	Hector Dario Perez	PR	25.84	1.	Gordon Nordgreen	USA	42.16
2.	Manuel Seoane	PR	24.88	2.	Harold Parsons	CAN	32.18
3.	Don Harris	USA	23.46	3.	Donald Hull	USA	27.24
				60-64			
				65-69			

1.	Harold E. Parsons	CAN	39.24	1.	Gilberto Gonzalez Julia	PR	29.00
2.	Jose J. Delgado	PR	30.42				
3.	Donald D. Hull	USA	29.16	75			
4.	Gordon Nordgren	USA	29.00				
5.	Anibal R. Torres	PR	27.34	1.	Eugenio Guerra	PR	16.24
6.	Hiram A. Luiggi	PR	27.08				
7.	Tomas Acevedo	PR	26.40	Hammer September 19, 1981			

1.	Gilberto Gonzalez J	PR	33.96	40-44 MEN			
2.	Enrique Martino	PR	27.46				
3.	Anibal Rosario	PR	25.58				
4.	Armando Pietri Morena	PR	19.64				
				45-49			

1.	Don Pierotti	USA	27.44	1.	Dagoberto Gonzalez	PR	35.52

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1st Puerto Rico Masters T & F Championships

Hammer September 19, 1981

Age Class	Name	Country	Distance	Age Class	Name	Country	Distance
<u>50-54</u>	MEN			<u>65-59</u>			
		Mts.					
1. Luis Velez	PR	43.10		1. Gilberto Gonzalez Julia	PR	22.56	
2. Juan Almeida	PR	31.48					
3. Juan Seise	PR	25.96		<u>70-74</u>			
4. Alfredo M. Arenas	PR	25.78					
<u>60-64</u>				1. D.E. Pierotti	USA	19.94	
1. Harold E. Parsons	CAN	35.94					
2. Jose J. Delgado	PR	23.68					
3. Tomas Acevedo	PR	14.54					
4. Donald D. Hull	USA	12.86					

World Best for 80-Year Old

9 U.K. Marks in British Vets Championships

by ALISTAIR AITKEN

W O L V E R H A M P T O N , ENGLAND, July 25-26—In mild conditions at the 11th annual British Veterans Athletic Federation Track & Field Championships today at Aldersley Stadium, 4 ex-internationals showed their class.

Brian Green, 40, AAA 1971 100 meter champ, ran a 10.9 despite being lightly raced this year with a muscle injury. He is bound to test Thane Baker's 10.7 world over-40 best in the next year.

Amos Seddon, 40, who recently competed against Russia, won the 3000 and 5000 walks.

In the 200, 1971-73 WAAA champ Janet Roscoe was impressive in beating 1974 Commonwealth 100 hurdles victor Judy Vernon. Vernon, in turn, won the hurdles.

Pat Gallagher, who won the national veterans women's cross-country earlier this year, today added the 800 (2:15.7) and 1500 (4:44.1) crowns, winning clearly. The next day, he went in for a serious operation.

Of 9 other national records, perhaps the most impressive was by John Darlington who high jumped 1.75 meters (5'9") in the 45-49 age group.

Ex-international and World Veterans 400 record holder Peter Higgins ran the most exciting race of the first day to break the national U.K. 400-hurdles record of 64.6 for men 50-54 by a wide margin in 60.3, just edging out well-traveled Keith Whittaker (60.4.)

Bernard Metcalf, *Daily Telegraph* journalist, set four 60-64 U.K. age records: triple jump, 8.36; high jump 1.25; long jump 4.27; 100 hurdles, 23.6.

Jeff Etchells followed Jim Alder for 8 laps before breaking away to win the 40-44 5000 in 15:55.5. Alf Lennon ran a faster 15:32.7 in the 45-49 5000. (Lennon won the M45 25K in Brugge, Belgium in 1:22:19.)

Derek Wood, a bank manager, won the 50-54 5000 in a U.K. record 16:00.7, a time which would have easily won the last two World Veterans titles.

Ron Anderson ran 2:00.3 to win the 40-44 800. Wilf Morgan took the 45-49 division in 2:03.0. Frank Taylor coped the 45-49 400 in 52.1 with Morgan 2nd in 52.7.

Famous coach and ex-professional sprint champion James Bryce was 2nd in 25.6 behind Keith Whittaker's 25.4 in the 50-54 200. World Games 60-64 champ Sylvester Stein won the 100, 200 and 400.

The world best were achieved by Nick Martin, 80, on July 8th, as he ran the fastest time for men 80-84 with a 17.1 in the 100 meters. (Duncan Maclean ran 16.3 at age 88.) Martin also ran 37.5 for the 200, which has never before been done by anyone over 78.□

"Before I started jogging"



I was six foot three."

BRITISH VETERANS' ATHLETIC FEDERATION

11th ANNUAL TRACK AND FIELD CHAMPIONSHIPS

Wolverhampton Stadium, Aldersley, Saturday/Sunday 25/26 July 1981

WOMENS' RESULTS

100m		400m	
<u>35-39</u>		<u>35-39</u>	
1. J. Vernon	Mitcham	12.7	1. G. Rickard
2. J.V. Roscoe	Stretford	12.7	2. P.A. Gallagher
3. C. S. Taylor	Coventry	13.1	3. C.S. Taylor
4. C.M. Vaughan	Leam'ton	13.4	4. E. Mander
5. M. Foster	D Hyman	13.5	5. J.A. Kimber
6. M. Hadler	Cambs	13.5	
7. P.I. Oakes	Dartford	13.7	<u>40-44</u>
<u>40-44</u>		1. B.J. Brookes	
1. H. Boggett	Radley	13.3	Stoke
<u>45-49</u>		1. M. Williams	
1. G. Jackson	D Hyman	14.1	Worthing
2. E.H. Knowles	WVAC	17.1	
<u>55-69</u>		1. P.A. Gallagher	
1. M.A. Williams	Worthing	18.9	Westbury
<u>200m</u>		2. J.A. Kimber	
<u>35-39</u>		Medway	
1. J.V. Roscoe	Stretford	25.3	
2. J. Vernon	Mitcham	25.5	<u>40-44</u>
3. C.S. Taylor	Coventry	26.2	1. B. Brookes
4. M. Hadler	Cambs	27.1	2. J. Manners
5. C.M. Vaughan	Leam'ton	27.8	3. J. Aitcheson
6. M. Foster	D Hyman	28.4	
<u>45-49</u>		1. E.E. Sheridan-Price	
			Walton
<u>1500m</u>		3:02.0	
<u>35-39</u>			
1. H. Boggett	Radley	27.6	
<u>45-49</u>		1. P.A. Gallagher	
1. E.H. Knowles	WVAC	39.6	Westbury
<u>65-69</u>		2. F.A. Kimber	
1. M.A. Williams	Worthing	40.0	Medway
<u>40-44</u>		1. B. Brookes	
			Stoke
<u>55-69</u>		2. J. Manners	
			Clevedon
<u>200m</u>		3. F. Aitcheson	
<u>35-39</u>		Sutton H	
1. J.V. Roscoe	Stretford	25.3	2:29.0
2. J. Vernon	Mitcham	25.5	2:42.0
3. C.S. Taylor	Coventry	26.2	2:44.8
<u>45-49</u>		1. E.E. Sheridan-Price	
			Walton
<u>1500m</u>		3:02.0	
<u>35-39</u>			
1. H. Boggett	Radley	27.6	
<u>45-49</u>		1. P.A. Gallagher	
1. E.H. Knowles	WVAC	39.6	Westbury
<u>65-69</u>		2. F.A. Kimber	
1. M.A. Williams	Worthing	40.0	Medway

BVAF 11th T & F CHAMPIONSHIPS

WOMEN					
1500m (cont'd)		45-49		Long Jump	
1.	E.E. Sheridan-Price	Walton	6:01.0	35-39	J. Vernon 2. P. Oakes
50-54		Mitcham	4m89		Dartford 4m56
1.	V. Nijovic	Watford	5.57.4	40-44	
<u>3000m Walk</u>				1.	S. Aitcheson
35-39		Sutton H	3m63		
				45-49	
1.	F. Harasimink	Bolton	18:15.6	1.	E.E. Sheridan-Price
45-49				2.	W.M. Feldmanis
1.	B. Dunsford	Belgrave	21:28.8	3.	E.H. Knowles
50-54				4.	B. Burong
1.	R. Scott	Bolton	19:44.1	Javelin	
<u>High Jump</u>				35-39	
35-39				1.	P.I. Oakes
				40-44	
1.	J.M. Smallwood	Halesowen	1m50	1.	F.A. Godden
2.	P.I. Oakes	Dartford	1m35	Dartford	25m72
45-49				45-49	
1.	W.M. Feldmanss	Surrey B	1m10	1.	A.M. Williams
Shot				2.	W.M. Feldmanis
35-39				B'field	33m34
1.	J.M. Smallwood	Halesowen	8m94	40-44	
2.	P. Oakes	Dartford	8m71	1.	J. Atack
40-44				2.	J.A. Goddon
1.	J. Atack	Wakefield	11m41	Discus	
2.	F.A. Godden	Dartford	6m53	40-44	
45-49				1.	M.C. Tipping
1.	M.C. Tipping	Sutton	29m38	2.	W.M. Feldmanis
2.	A.M. Moore	Surrey B	25m12	3.	MVAC
3.	W.M. Feldmanis	Surrey	19m16	4.	B. Dunsford
4.	B. Dunsford	Belgrave	14m20		
<u>100m Hurdles</u>					
35-39					
1.	J. Vernon	Mitcham	14.3		
2.	C.S. Taylor	Coventry	14.9		
3.	P.I. Oakes	Dartford	17.2		

BVAF 11th T & F CHAMPIONSHIPS

MENS' RESULTS		"R" - denotes Record Time			
40-44		70-74			
		80+			
1.	B.W. Green	Pilb. H.	10.9	R	1. A.G. Beckett
2.	C. Derrutt	Humb'side	11.6		2. J.E.T. Searle
3.	B. Gray	Herne Hill	12.0		Vets AC
4.	M.J. Goosey	Charn. AC	12.1		15.3
5.	D. Chantrill	Singapore Mast.	12.1		18.2
6.	A.R. Turner	Leics. C	12.5		
7.	R.W. King	Worcs	12.6		
200m					
40-44					
1.	F. Taylor	Bedford & Cov	11.8		
2.	D. Burton	Hallamshire	11.9		1. C. Derrett
3.	J. Evans	Wol & Bil	12.4		2. D. Chantrill
4.	B.M. Barker	Dartford	12.5		3. B. Gray
5.	I. Mellett	Leics. C	12.7		4. J. Salanki
6.	A.A. Bowman	N. Vets	12.9		5. M. Goosey
50-54		24.0			
1.	C.S. Williams	Poly	12.4		1. R. Scott
2.	F. Martindale	Verlea	12.9		2. D. Burton
3.	J.C. Cross	Tamworth	12.9		3. J. Evans
4.	D.R. Howarth	Leigh H	13.0		4. D. Boggett
5.	F.J. Moran	Manchester	13.5		5. A.A. Bowman
6.	S.P. McIntosh	S Australia	13.5		6. A. Graham
7.	F.N. Stirrup	N Vets	14.0		
45-49		24.3			
1.	F. Taylor	Bedford	23.8		
2.	D. Burton	Hampshire	24.2		
3.	J. Evans	W' ton	25.0		
4.	D. Boggett	Oxford	25.6		
5.	A.A. Bowman	NVAC	26.0		
6.	A. Graham	Lothian AC	27.2		
55-59		25.6			
1.	A. Bowdler	Rochdale	13.3		
2.	W.L.T. Williams	Vets AC	13.7		
3.	H. Smith	F'stone	13.8		
4.	K. Blanksby	-	13.8		
5.	B.J. Parkinson	N Vets	13.8		
6.	J.A. Swinton	Vets AC	14.8		
7.	W. Hartfree	Portsmouth	15.5		
50-54		25.8			
1.	K.M. Whittaker	Airedale	25.6		
2.	J.E. Bryce	Pitreavie	25.8		
3.	F. Martindale	Verlea	26.4		
4.	J.C. Cross	Tamworth	26.6		
5.	S.P. Mackintosh	S Austr.	27.3		
6.	F.J. Moran	Manchester	28.0		
55-59		27.6			
1.	J.W. Arnold	Deeside	27.6		
2.	H. Smith	F'stone	27.9		
3.	J.H. McNeill	E Antrim	28.0		
4.	W.L. Williams	Vets AC	28.3		
5.	K. Blanksby	--	28.4		
6.	J.A. Swinton	Vets AC	29.8		
60-64		27.9			
1.	S. Stein	Highgate	13.3		
2.	D.H.J. King	B'pool & F	13.7		
3.	B.D. Metcalfe	Vets AC	14.4		
4.	A.H. Franklin	MVAC	14.6		
5.	G. Taylor	N Vets	16.7		
65-69		28.0			
1.	C.T.R. Fairey	Kettering	13.6		
2.	R.E.C. Evans	Luton Utd	17.4		
60-64		28.3			
1.	S. Stein	Highgate	27.4		
2.	D.H.J. King	B'pool & F	29.3		
3.	B.D. Metcalfe	Vets AC	29.3		

BVAF 11th T & F CHAMPIONSHIPS

200m (cont'd)

65-69

1. C.T.R. Fairey Kettering 28.7

70-74

1. A.G. Beckett Vets AC 34.1 R

80+

1. N. Martin Vets AC 37.5 R

400m

40-44

1. R. Anderson Morpeth 52.8

2. C. Derrett Humb'side 54.5

3. D. Everett Norf. Olym. 55.1

4. J.R. Bale N'Cas. St. 58.6

45-49

1. F. Taylor Bedford 52.1

2. W. Morgan Lozells 52.7

3. P.J. Morris Tring 55.1

4. A.E. Churchill C & Col 55.1

5. D. Burton Hallam. 56.1

6. C.M. Feast Wycombe PH 57.7

50-54

1. K.M. Whittaker Airedale 55.8

2. S.P. McIntosh S Austr. 60.2

3. M.R. White E. Vets 62.0

4. R.C. Evans W & B AC 62.2

5. T. Brown L'pool 72.1

400m

65-69

70-74

1. A.G. Beckett Vets AC 34.1 R

80+

1. N. Martin Vets AC 37.5 R

800m

40-44

1. R. Anderson Morpeth 2:00.3

2. A. Kimber Dartford .8

3. M.S. Wrenn Sparkhill 02.0

4. F.W.J. Coles P'Mouth 02.6

5. D.C. Makin Bingley 07.3

6. E.A. Kimber Barnet 08.2

7. G.N. Johnson Linc & W 16.8

45-49

1. W. Morgan Lozells 2:03.0

2. B. Bullen Stretf'd 5.8

3. W.S. Lane Verlea 6.0

4. A.E. Churchill Cambs 6.9

5. N. Hamilton Notts 10.5

6. D. Parnaby Durham 10.6

7. C.J.G. Evans Westbury 13.1

8. D. Boggett Oxford 14.6

9. T.F. Hackett Wol 25.9

50-54

1. D.F. Thomas Cambs 2:09.0

2. T. Clowry Notts 09.9

3. H.R. Harrington Ess.B 10.7

4. D.R. Howarth Leigh 12.6

5. F. Wrigley Michelin 16.8

6. A. Remrose Linc W 17.2

7. M.R. White E Vets 21.0

8. R.C. Evans W & B AC 23.6

9. D.L. Mcwhirter Tipton 23.7

10. J.M. Dean Bingley 30.8

55-59

1. B.C. Nielson Hillingdon 2:23.0

2. G.S. Brindley T H & H 23.6

BVAF 11th T & F CHAMPIONSHIPS

800m (cont'd)

60-64

1500m

40-44

60-64

1. M.S. Wrenn Sparkhill 4:04.0

2. J. Etchells Barrow 05.5

3. B.E. Bartholomew Br & Fl 06.7

4. T.M. Harper Wirral AC 06.9

5. R.E. Grubb Cam & Col 07.2

6. A. Kimber Dartford 07.9

7. A.J. Whittle Tipton 12.7

8. M.R. Hague Rotherham 13.0

9. D.C. Makin Bingley 13.2

10. G.P. Wood Tipton 15.2

11. M.R. Cowley Bath & P 16.6

12. W.J. Morris Winall AC 17.2

13. R. Jones L'gate 17.2

14. G.G. Sullivan Banbury 30.0

15. G.W. Hall C'field 5:04.0

40-44

1. G. Pinkney Cambs 61.8

45-49

1. E. Williams Shrews 4:13.0

2. B.S. Parkes Highgate 14.7

3. J.G. Green Ranelagh 28.8

4. B. Forey Rigby & D 31.7

5. N.A. Green Bingley 34.5

6. N. Hamilton Notts AC 38.0

7. J. Turner Wol & Bil 54.6

8. T.F. Hackett Wol & Bil 57.0

50-54

1. D.F. Thomas Cambs 4:23.0

2. H.R. Harrington Essex B 23.5

3. W.J.W. Stoddart Grn'ck 24.2

4. C.J. Simpson S & S H 24.9

5. D.R. Howarth Leigh 33.3

6. P. Wrigley Michelin 35.2

7. D.L. Mcwhirter Tipton 56.6

8. R.G. Franklin TVH 5:00.8

9. D.G. Withers Halesowen 09.1

10. W. Mottram West B 16.8

11. J.M. Dean Bingley 26.3

12. A. Moule Wol & Bil 35.9

55-59

1. P.N. Munn Mitcham 77.2

60-64

1. R.E.C. Evans Luton 1:42.1

5000m

1. F.P. Higgins NVAC 60.3

2. K.M. Whittaker Airedale 60.4

3. I.D. Steedman Lothian 70.0

40-44

1. J. Etchells Barrow 15:15.5

2. J. Alder Morpeth 28.4

BVAF 11th T & F CHAMPIONSHIPS

5000m (cont'd)

40-44 (cont'd)

3.	R. Pannell	Bristol	45.0
4.	R.E. Grubb	Cam & Col	45.7
5.	A. Hawkins	S in Ash	55.5
6.	A.J. Whittle	Tipton	58.3
7.	R.M. Thorpe	Cov G	16:22.6
8.	H.R. Cowley	Booth & P	16:31.1
9.	G.P. Wood	Tipton	34.0
10.	W.J. Morris	Wirral	43.8
11.	J. Porter	Mitcham	17:09.8
12.	P. Elliott	Mitcham	30.1
13.	D.J. Briggs	Nor Ph	18:04.5
14.	B. Nightingale	Wol & B	19:18.0

45-49

1.	A. Lennon	Wirral	15:32.7
2.	J.W. Oliver	Camb	34.1
3.	E.J. Austin	Worcs	57.0
4.	E. Williams	Shrews	16:04.8
5.	P. Morris	Lozells	09.9
6.	B. Fosey	Rigby	40.6
7.	N.A. Green	Bingley	48.8
8.	J.T. Winters	B'pool	17:40.7
9.	A. Prouse	Gosforth	49.8
10.	N. Hamilton	Notts	51.9
11.	B. Webster	B'fld	59.5
12.	J.H. Crane	Gosforth	20:05.5
13.	E. Horwill	Dud & St	21:40.9
14.	F. Pleydell	Rugby	23:46.2

50-54

1.	J.D. Wood	Barnet	16:00.7R
2.	W.J. Stoddart	Grnck	15.7
3.	G.B. Spink	Bingley	35.0
4.	E. Kirkup	Roth'm	53.9
5.	C.J. Simpson	S & S H	17:09.3
6.	F. Wigley	Michelin	15.0
7.	R.G. Franklin	TVH	17.8
8.	D. McWhirter	Tipton	18:30.3
9.	H. Timney	Wol	19:14.0
10.	D.G. Withers	Halsn	33.7
11.	N. Thompson	N'cstle	39.5
12.	W. Mottram	W Brom	43.1

55-59

1.	J.L.R. Ellis	Tamworth	17:23.8
2.	K. Hall	Wirral	40.5
3.	N. Booth	Eaton M	18:08.0
4.	E.C. Nicholls	Br & Red	19:04.6

5000m

60-64

1.	P.W. Coggins	VAC	20:31.4
2.	J.J. Donnes	QPKH	21:06.4
3.	J. Selby	Cov G	22:15.3

1.	G.A. Betts	QPKH	20:33.4
2.	E.R. Wallace	Wirral	22:22.2
3.	S. Lee	Hor RMI	51.8

1.	E. Harrison	Linc W	23:02.8
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1.	R.F. White	Ranelagh	28:11.3
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1.	A. Seddon	Enfield	13:20.7
2.	A. Buchanan	Brighton	14:00.2
3.	P. Furey	Enfield	15:06.4
4.	A. Agnew	E Antrim	52.8

1.	A. Seddon	Enfield	13:20.7
2.	A. Buchanan	Brighton	14:00.2
3.	P. Furey	Enfield	15:06.4
4.	A. Agnew	E Antrim	52.8

1.	P. Markham	Leics	14:10.4
2.	J. Dunsford	B'grave	15:10.3
3.	R.J. Powell	Enfield	14.7

1.	F. Dawson	Lancs	29.9
2.	J. Marshall	Worcs	16:20.3
3.	E. Horwill	Dud & St	17:08.7
4.	W. Rawlins	Harborne	28.4

1.	P. Markham	Leics	14:10.4
2.	J. Dunsford	B'grave	15:10.3
3.	R.J. Powell	Enfield	14.7

1.	F. Dawson	Lancs	29.9
2.	J. Marshall	Worcs	16:20.3
3.	E. Horwill	Dud & St	17:08.7
4.	W. Rawlins	Harborne	28.4

1.	P. Markham	Leics	14:10.4
2.	J. Dunsford	B'grave	15:10.3
3.	R.J. Powell	Enfield	14.7

1.	F. Dawson	Lancs	29.9
2.	J. Marshall	Worcs	16:20.3
3.	E. Horwill	Dud & St	17:08.7
4.	W. Rawlins	Harborne	28.4

1.	P. Markham	Leics	14:10.4
2.	J. Dunsford	B'grave	15:10.3
3.	R.J. Powell	Enfield	14.7

1.	F. Dawson	Lancs	29.9
2.	J. Marshall	Worcs	16:20.3
3.	E. Horwill	Dud & St	17:08.7
4.	W. Rawlins	Harborne	28.4

1.	P. Markham	Leics	14:10.4
2.	J. Dunsford	B'grave	15:10.3
3.	R.J. Powell	Enfield	

BVAF 11th T & F CHAMPIONSHIPS

Long Jump (cont'd)

50-54

1.	F. Martindale	Verlea	5.22 R	3. G. Leete	Houghton	10.08
2.	F.N. Stirrup	NVAC	5.15	4. J.A. Stointon	VAC	8.23
3.	C.W. Knowles	Ayles	5.00			
4.	A.S. Kalirai	TVH	4.90	<u>60-64</u>		
5.	J.C. Cross	Tamworth	4.74			
6.	D.W. Field	Houghton	4.66	1. B.D. Metcalfe	VAC	8.36
7.	B.A.L. Thomas	Verlea	4.42			
8.	C. Poole	Luton	4.06	<u>65-69</u>		

55-59

1.	G. Leete	Houghton	4.90	<u>Javelin</u>		
2.	J.H. McNeill	E Antrim	4.66			
3.	P.D. Nunn	Mitcham	4.36	<u>40-44</u>		
4.	J.A. Swinton	VAC	4.27			
5.	H. Smith	F'stome	4.10	1. W. Bushnell	Ilford	54m94

60-64

1.	B.D. Metcalfe	VAC	4.27 R			
2.	S. Taylor	NVAC	4.00	<u>45-49</u>		

65-69

1.	R.E.C. Evans	Luton	3.65	1. R.G. Ball	Redhill	52m36
2.	C.T.R. Fairey	Kettering	3.34	2. J. Howell	Herne H	32.60

70

1.	J.E.T. Searle	VAC	3.09	1. F. Laudobelis	MVAC	27.32
				2. H.S. Trafford	N'cstle	27.24

Triple Jump

40-44

1.	R.B. Adkins	Didcot	12.10	1. B.D. Metcalfe	VAC	24.54
				2. H.C. Price	MVAC	19.00

45-49

1.	J. Darlington	Hales	12.00	1. T. Rawlinson	Verlea	25.86 R
2.	D. Burton	H'shire	10.54	2. R.E.C. Evans	Rugby	20.46

50-54

1.	F.N. Stirrup	NVAC	11.07 R	<u>40-44</u>		
2.	D.W. Field	Houghton	10.99			
3.	K.C. Westley	W Brom	10.39	1. A.J. Mackay	Bedford	1m55
4.	A. Skalirat	TVH	9.89	2. M. Watson	Corby	1.50
5.	B.A.C. Thomas	Verlea	9.44			

55-59

1.	W.L.T. Williams	VAC	10.21	1. J. Darlington	Hales	1.75 R
2.	T.H. McNeill	E Antrim	10.19			

BVAF 11th CHAMPIONSHIPS

High Jump (cont'd)

50-54

1.	C.W. Knowles	Ayles	1.55 R	1. N. Martin	VAC	5.06
2.	F.N. Stirrup	NVAC	1.45			
3.	B.A.L. Thomas	Verlea	1.40			
3.	F. Martindale	Verlea	1.40			
5.	A.S. Kalirai	TVH	1.35	<u>40-44</u>		

55-59

1.	F. Laudobilis	MVAC	1.20	1. W.D. Kee	Wol & B	46.82
2.	H.E. Richardson	L'land		2. H.E. Richardson	L'land	44.20
3.	K. Madden	Sale		3. K. Madden	Sale	40.58
4.	R. Turner			4. R. Turner		29.58

60-64

1.	B. Metcalfe	VAC	1.25	1. N. Macdonald	Edinburgh	51.46
				2. J.W. Ingram	Wol & Bil	19.66

70-74

1.	F.E.T. Searle	VAC	1.05	1. F. Laudobelis	MVAC	23.50

Shot

1.	A.J. Buttriss	Ilford	12.67	1. H. Price	MVAC	20.40
2.	W. Bushnell	Hereford	12.06			
3.	R. Turner		11.05			
4.	P. Derrett	Humb'side	8.75			

45-49

1.	R.G. Ball	Redhill & R	11.35	1. H.E. Richardson	L'land	36m92
2.	J.D. Howell	Herne H	9.75	2. R. Turner		31.18
3.	J.W. Ingram	Wol & Bil	8.36	3. P. Derrett	H'side	23.76

45-49

1.	A. Woods	Epsom & E	12.79	1. R.G. Ball
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B.V.A.F. PENTATHLON WOLVERHAMPTON 25-26 July 1981

MEN		200 Mts		Discus		Long Jump		Javelin		1500 Mts.		Total PTS
			Pts		Pts		Pts		Pts		Pts	
40-44	1. J. F. Ross	25.2s	720	27.06m	338	5.05m	435	44.84m	557	4m38.6s	769	2819
	2. T. Wilson	25.7s	670	29.22m	398	5.20m	480	27.80m	216	4m37.1s	778	2542
	3. C. Derrett	23.7s	870	25.82m	303	4.35m	225	--	0	5m38.3s	411	1809
	4. A. Mackay	26.6s	580	30.78m	442	4.70m	330	--	0	--	0	1352
45-49	1. R. G. Ball	26.5s	650	39.42m	781	5.28m	588	48.00m	775	5m26.6s	541	3335
	2. K. Robinson	27.7s	530	16.10m	35	4.52m	322	24.06m	177	4m40.0s	821	1885
	3. D. Harris	28.8s	420	17.48m	79	4.09m	172	21.72m	118	4m45.9s	785	1574
50-54	1. I. Steedman	28.6s	540	23.70m	261	4.92m	568	24.42m	223	5m35.3s	549	2141
	2. J. Christie	29.3s	470	21.34m	190	4.43m	372	22.82m	175	5m26.6s	601	1808
55-59	1. T. McNeill	30.4s	460	24.28m	316	4.74m	657	28.44m	400	5m16.0s	725	2558
	2. J. Gercs	31.6s	340	28.16m	447	4.11m	374	26.40	329	6m06.1s	424	1914
65	1. T. Rawlins	32.5s	450	20.56	200	3.77m	424	27.92m	437	6m00.2s	760	2271

BVAF 11th CHAMPIONSHIPS

1981 CANADIAN MASTERS OUTDOOR TRACK & FIELD CHAMPIONSHIPS
AUGUST 22-23, 1981

3 WORLD RECORDS!, 1 AM. RECORD, 1665 H.J. 1-519; 1655, 5000M - 20:45.2

200 METRES, continued PART D from page 60, 10000M 47:23.8

100 METRES

Submasters - Women 30-34

Women 35-39

Women 50-54

Women 70+

Submasters - Men 30-34

Men 35-39

Men 50-54

Men 70+

Submasters Men 30-34

Women 35-39

Women 50-54

Women 70+

Submasters Men 35-39

Men 40-44

Men 45-49

Men 50-54

Men 55-59

Men 60-64

Men 70-74

Submasters Men 30-34

Women 35-39

Women 50-54

Women 70+

Submasters Men 35-39

Men 40-44

Men 45-49

Men 50-54

Men 55-59

Men 60-64

Men 70-74

Submasters Men 30-34

Women 35-39

Women 50-54

Women 70+

Submasters Men 35-39

Men 40-44

Men 45-49

Men 50-54

Men 55-59

Men 60-64

Men 70-74

Submasters Men 30-34

Women 35-39

Women 50-54

Women 70+

Submasters Men 35-39

Men 40-44

Men 45-49

Men 50-54

Men 55-59

Men 60-64

Men 70-74

Submasters Men 30-34

Women 35-39

Women 50-54

Women 70+

Submasters Men 35-39

Men 40-44

Men 45-49

Men 50-54

Men 55-59

Men 60-64

Men 70-74

Submasters Men 30-34

Women 35-39

Women 50-54

Women 70+

Submasters Men 35-39

Men 40-44

Men 45-49

Men 50-54

Men 55-59

Men 60-64

Men 70-74

Submasters Men 30-34

Women 35-39

Women 50-54

Women 70+

Submasters Men 35-39

Men 40-44

Men 45-49

Men 50-54

Men 55-59

Men 60-64

Men 70-74

COR = Can. Open Rec.
CNR = " Native
WR = World Record

400 METRES, continued

<u>Men 45-49</u>			
1. Ralph Miller	S.T.C.	57.0	
2. Harold Hitt	P.T.C.	57.3	
<u>Men 50-54</u>			
1. Ed Kraemer	Seattle, Wa.	71.9	
<u>Men 55-59</u>			
1. Stan Egerton	M.S.C.	58.9	
2. Karl Virkavas	L.T.F.C.	59.8	
3. Norm Baum	M.S.C.	60.2	
4. Norm Clark	S.T.C.	68.6	
<u>Men 60-64</u>			
1. Cal Boyd	P.T.C.	65.2	
2. Gilbert Jamieson	M.S.C.	68.9	
<u>Men 65-69</u>			
1. John Satti	N.C.S.	67.5	
<u>Men 70-74</u>			
1. Henry Schumacher	Tacoma, Wa.	91.0	
<u>Men 75+</u>			
1. Herb Anderson	D.T.C.	79.5* COR	
<u>800 METRES</u>			
<u>Submasters Women 30-34</u>			
1. G. Neff	Bedford, Eng.	2:52.2	
<u>Women 35-39</u>			
1. Erna Kozak	Burnaby, BC	2:27.3** CNR COR	
2. Heather Taylor	W.C.S.	2:45.7	
<u>Women 45-49</u>			
1. J. Hart	Salmon Arm, BC	3:13.7** CNR COR	
<u>Women 60-64</u>			
1. Patricia Dixon	P.T.C.	3:15.0* COR	
<u>Women 70+</u>			
1. Marilla Salisbury	S.D.T.C.	6:05.0* COR	
<u>Submasters Men 30-34</u>			
1. Terry Buchanan	B.T.C.	2:11.9	
2. Tom Duranti	Seattle, Wa.	2:15.9	
<u>Submasters Men 35-39</u>			
1. Barry Adams	VOC	1:58.8	
<u>Men 40-44</u>			
1. Frank Reynolds	VOC	2:06.6	
2. Chuck Downey	Boulder, Co.	2:07.6	
3. Richard Jones	L.G.R.R.	2:09.3	
4. W.T. Wilson	Bedford, Eng.	2:11.1	
5. Joe Corcoran	West Van., BC	2:15.5	
6. John Taylor	W.C.S.	2:16.8	
<u>Men 45-49</u>			
1. Ralph Miller	S.T.C.	2:13.0	
<u>Men 50-54</u>			
1. Jack Carson	Fly. Y	2:23.6	
2. Ed Kraemer	Seattle, Wa.	2:37.7	
3. Brian Reynolds	Toronto, Ont.	2:39.2	
4. Thomas Dedinsky	VOC	2:40.8	
5. Ian Tipton	Coquitlam, BC	2:45.2	

800 METRES, continued

<u>Men 55-59</u>			
1. George Puterbaugh	Lk. Oswego, Or.	2:22.9	
2. Don Madge	Nanaimo, BC	2:26.8	
3. Norman Clark	S.T.C.	2:33.1	
<u>Men 60-64</u>			
1. Sverre Heitenan	VOC	2:42.9	
<u>Men 70-74</u>			
1. Henry Schumacher	Tacoma, Wa.	3:50.0	
<u>Men 75+</u>			
1. Herb Anderson	D.T.C.	3:29.3* COR	
<u>1500 METRES</u>			
<u>Women 35-39</u>			
1. Heather Taylor	W.C.S.	5:39.4	
<u>Women 45-49</u>			
1. J. Hart	Salmon Arm, BC	6:49.3** CNR COR	
<u>Women 55-59</u>			
1. Jean Cleator	V.R.T.C.	5:55.6	
<u>Women 65-69</u>			
1. Ivy Granstrom	Van., BC	8:26.8	
<u>Submasters Men 30-34</u>			
1. Tom Brown	S.D.T.C.	11:32.6* COR	
<u>Men 40-44</u>			
1. Chuck Downey	Boulder, Co.	4:12.7	
2. Henry Glyde	Ottawa, Ont.	4:15.2	
3. Frank Reynolds	VOC	4:25.9	
4. Jean-Jacques Schmidt	Kajaks	4:39.2	
<u>Men 45-49</u>			
1. Jim Conway	L.G.R.R.	4:31.4	
<u>Men 50-54</u>			
1. Arthur Taylor	E.H.T.F.C.	4:36.3	
2. Frank Kurucz	L.G.R.R.	4:53.7	
3. Jack Carson	Fly. Y	4:58.0	
4. John Lambeth	Fly. Y	5:07.4	
5. Brian Reynolds	Toronto, Ont.	5:17.5	
6. Thomas Dedinsky	VOC	5:31.3	
7. Ian Tipton	Coq., BC	5:50.1	
<u>Men 55-59</u>			
1. Don Madge	Nanaimo, BC	4:51.4	
2. George Puterbaugh	Lk. Oswego, Or.	5:04.3	
3. Norman Clark	S.T.C.	5:05.3	
4. Andrew Milligan	L.G.R.R.	5:21.2	
<u>Men 60-64</u>			
1. Alex Stuart	C.V.R.R.	5:17.5	
2. Sverre Heitenan	VOC	5:19.5	
<u>5000 METRES</u>			
<u>Submasters Women 30-34</u>			
1. Nancy McLaren	VOC	17:45.9	
2. Loreen Barnett	L.G.R.R.	18:46.1	
<u>Women 40-44</u>			
1. Bonnie Gordon	West. Van., BC	20:25.3	

5000 METRES, continued

<u>Women 45-49</u>			
1. Shirley Smith	C.C.	20:52.7** CNR COR	
<u>Women 55-59</u>			
1. Jean Cleator	V.R.T.C.	20:45.2*** WR CNR COR	
<u>Women 65-69</u>			
1. Ivy Granstrom	Van., BC	31:16.3	
<u>Women 70+</u>			
1. Marilla Salisbury	S.D.T.C.	42:45.2* COR	
<u>Submasters Men 30-34</u>			
1. Tom Howard	S.S.R.	15:24.8	
2. Tom Brown	W.C.S.	18:57.2	
<u>Submasters Men 35-39</u>			
1. John Ruppe	S.T.C.	17:20.5	
<u>Men 40-44</u>			
1. Lew Faxon	T.S.	15:47.1	
2. Colin Rogers	Waterloo, Ont.	16:00.3	
3. Victor Matthews	Quelph, Ont.	16:19.3	
4. Henry Glyde	Ottawa, Ont.	16:26.1	
5. Valdemar Schultz	Portland, Or.	17:25.9	
6. Jean-Jacques Schmidt	Kajaks	17:46.9	
7. Ed MacDonald	L.G.R.R.	18:01.0	
<u>Men 45-49</u>			
1. Raymond Hatton	P.T.C.	15:45.9	
2. Bruce Holtzman	L.G.R.R.	16:44.6	
3. Jim Conway	L.G.R.R.	17:09.6	
4. Les McDonald	L.G.R.R.	17:30.3	
5. Willie Germann	V.O.C.	18:01.0	
6. Alan Towe	Nanaimo, BC	18:47.7	
7. Jack Westover	Burnaby, BC	18:58.3	
8. Hans Sigmund	L.G.R.R.	19:22.2	
<u>Men 50-54</u>			
1. Arthur Taylor	E.H.T.F.C.	16:49.8	
2. Frank Kurucz	L.G.R.R.	17:52.8	
3. Brian Reynolds	Toronto, Ont.	18:53.3	
<u>Men 55-59</u>			
1. Don Madge	Nanaimo, BC	18:08.8	
2. Norman Clark	S.T.C.	18:42.1	
3. Stanley Baldry	L.G.R.R.	19:49.5	
4. Andrew Milligan	L.G.R.R.	20:01.3	
5. Ken Richardson	L.G.R.R.	20:49.0	
<u>Men 60-64</u>			
1. Sverre Heitenan	V.O.C.	19:05.6	
2. Alex Stuart	C.V.R.R.	19:39.5	
3. Joe Mallon	P.T.C.	20:04.5	
4. Bob Cleator	L.G.R.R.	21:09.6	
<u>Men 65-69</u>			
1. Clare Choate	Van., BC	22:38.1	
<u>Men 75+</u>			
1. Hugh Clifford	West Van., BC	22:47.5** CNR COR	
<u>10,000 METRES</u>			
<u>Submasters Women 30-34</u>			
1. Loreen Barnett	L.G.R.R.	40:17.3	
2. Charlotte Neff	Bedford, Eng.	45:53.7	

10,000 METRES, Continued

<u>Women 40-44</u>			
1. E. McColl	VOC	45:04.9	
2. Bonnie Gordon	West Van., BC	47:54.9	
<u>Women 45-49</u>			
1. Shirley Smith	C.C.	43:51.7	
2. Monique McDonald	L.G.R.R.	45:25.4	
<u>Women 55-59</u>			
1. Jean Cleator	V.R.T.C.	43.23	
<i>Better existing CNR/COR of 44:09.2 but cannot be counted as a record because a final time was recorded on only one watch.</i>			
<u>Women 60-64</u>			
1. Patricia Dixon	P.T.C.	47:23.8** WR COR	
<u>Women 65-69</u>			
1. Ivy Granstrom	Van., BC	64:41.2	
<u>Submasters Men 30-34</u>			
1. Tom Howard	S.S.R.	32:30.6	
2. Chris Garrett-Petts	P.I.H.	33:08.3	
<u>Men 40-44</u>			
1. Colin Rogers	Waterloo, Ont.	33:33.9	
2. Victor Matthews	Guelph, Ont.	34:02.0	
3. Neville Flanagan	Kamloops, BC	35:08.9	
4. Robert Langenbach	S.T.C.	35:16.6	
5. Neval Currie	Burnaby, BC	36:50.7	
6. Ed MacDonald	L.G.R.R.	36:52.9	
7. Norman Johnson	W.C.S.	37:46.6	
8. Robert Gehm	B.C.	39:02.1	
9. Keith Spacey	Fly. Y	41:05.7	
<u>Men 45-49</u>			
1. Raymond Hatton	P.T.C.	32:57.0* COR	

5000 METRE WALK, continued

Men 40-44

1. Ed Glander S.T.C. 27:14.9

Men 45-49

1. Stan Samuhel Van., BC 24:54.5
2. Bob Anderson Fly. Y 32:54.8

Men 50-54

1. John MacLachlan C.W.C. 28:11.5
2. Ed Kraemer Seattle, Wa. 30:05.6
3. Michael McCarthy Seattle, Wa. 38:15.9

110 METRE HURDLES

Men 40-44
1. Rick Baros W.C.S. 22:18

Men 45-49

1. Bob Flaherty Pt.Town.,Wa. 22.16

Men 55-59

1. Richard Nordquist Talent, Or. 19:23
2. Albert Johnson P.T.C. 22:54
3. John Tyler Tacoma, Wa. 23:15

Men 60-64

1. Burl Gist C.D.M.T.C. 18:02* COR
2. Art Obokata L.W.T.F.C. 20:41

Men 75+

1. Herb Anderson D.T.C. 27:42* COR

400 METRE HURDLES

Men 60-64
1. Art Obokata L.W.T.F.C. 72.3

Men 65-69

1. John Satti N.C.S. 82.6

Men 75+

1. Herb Anderson D.T.C. 1:38.8* COR

3000 METRE STEEPECHASE

Men 40-44
1. Lew Faxon T.S. 10:13.4
2. Don Trethewey Kajaks 10:21.0
3. Robert Langenbach S.T.C. 10:57.0
4. Neval Currie Burnaby, BC 11:17.2

Men 45-49

1. Les MacDonald L.G.R.R. 11:34.9

Men 55-59

1. Andrew Milligan L.G.R.R. 13:56.5

4 x 200 RELAY

Men 40-50
1. Kajaks "A" Richmond, BC 1:50.6
2. Kajaks "B" Richmond, BC 2:00

Men 50-60

1. Masters Sprint Club Toronto, Ont. 1:49.2

HIGH JUMP

Men 40-44

1. Neval Currie Burnaby, BC 1.45m

Men 45-49

1. Bob Flaherty Pt.Town.,Wa. 1.45m

Men 50-54

1. Jack Fischer S.M.T.F.C. 1.52m

Men 55-59

1. John Tyler Tacoma, Wa. 1.25m

Men 60-64

1. Burl Gist C.D.M.T.C. 1.45m

Men 65-69

1. Ian Hume Melbourne,Que. 1.51*** WR

CNR

COR

Men 70-74

1. Henry Schumacher Tacoma, Wa. 3.00m

Men 75+

1. Herb Anderson D.T.C. 2.89m* COR

POLE VALUT

Men 40-44

1. Gary Isham Edmonds, Wa. 3.00m

Men 45-49

1. Gerard Dumas V.T.F.C. 3.55m

Men 55-59

1. Richard Nordquist Talent, 2.50m

2. James Johnson Millbrae, Ca. 2.40

Men 60-64

1. Stan Pelland V.T.F.C. 2.35m

Men 65-69

1. Ian Hume Melbourne,Que. 2.61m

Men 70-74

1. Adalbert Brosz Scar., Ont. 1.60m

LONG JUMP

Women 35-39

1. Erna Kozak Burnaby, BC 4.82m**CNR

COR

Submasters Men 35-39

1. Birkby Griffith Fly. Y 4.69m

Men 40-44

1. Robert Musselle Kajaks 5.81m

2. W.T. Wilson Bedford, Eng. 5.12

3. Rick Baros W.C.S. 5.11

Men 45-49

1. John Vian F.V.R.C. 4.04m

Men 50-54

1. Jack Fischer S.M.T.F.C. 5.23m

2. Jack Coy P.T.C. 4.26

Men 55-59

1. James Johnson Millbrae, Ca. 4.20m

2. Albert Johnson P.T.C. 3.99

3. John Tyler Tacoma, Wa. 3.83

LONG JUMP, continued

Men 60-64

1. Burl Gist C.D.M.T.C. 4.42m
2. Art Obokata L.W.T.F.C. 4.23
3. Gilbert Jamieson M.S.C. 4.00

Men 65-69

1. Ian Hume Melbourne,Que. 4.67m
2. John Satti N.C.S. 4.46
3. Paul Fanning Pulman,Wa. 3.50
4. Leon Joslin S.M.T.F.C. 3.44

Men 70-74

1. Henry Schumacher Tacoma, Wa. 3.00m
2. Adalbert Brosz Scar., Ont. 2.62

Men 75+

1. Herb Anderson D.T.C. 2.89m* COR

TRIPLE JUMP

Men 40-44

1. Joe Corcoran West Van.,BC 11.00m
2. Rick Baros W.C.S. 10.70

Men 55-59

1. James Johnson Millbrae,Ca. 8.85m
2. John Tyler Tacoma, Wa. 7.61

Men 65-69

1. Ian Hume Melbourne,Que. 9.71m
2. John Satti California 8.32

Men 70-74

1. Henry Schumacher Tacoma, Wa. 5.99m
2. Adalbert Brosz Scar., Ont. 5.41

Men 75+

1. Herb Anderson D.T.C. 6.90m* COR

SHOT PUT

Submasters Women 30-34

1. Minerva Griffith Fly. Y 6.78m

Women 35-39

1. Dorothy Kempf L.M. 9.50m
2. Jeri Smart Seattle,Wa.. 6.30

Women 45-49

1. Connie Wilson P.T.C. 8.20m* COR

Submasters Men 35-39

1. Wayne Marwalski Kajaks 8.38m

Men 40-44

1. Doug Smart Seattle, Wa. 13.72m
2. Carl Klehm U.C.T.C. 10.49
3. Robert Musselle Kajaks 9.16
4. Rick Baros W.C.S. 8.18

Men 50-54

1. Jan Versteeg VOC 12.56m
2. Jackson Tovell L.T.F.C. 10.90
3. Michael McCarthy S.M.T.F.C. 8.07
4. Jack Coy P.T.C. 8.00

Men 55-59

1. Harvey Williams S.M.T.F.C. 10.57m
2. Richard Nordquist Talent, Or. 10.25
3. John Tyler Tacoma, Wa. 8.42
4. Peter Pientka Pickering,Ont. 8.34

SHOT PUT, continued

Men 60-64

1. Harold Parsons L.T.F.C. 12.18m
2. Walter Jenkin Fly. Y 10.76
3. Gilbert Jamieson M.S.C. 8.61
4. Tony Jones O.L.T.F.C. 8.46

Men 65-69

1. Evald Poltrok Fred., N.B. 12.13m
2. James York Modesto,Ca. 12.09
3. Ross Carter Eugene, Or. 11.88
4. Paul Fanning Pulman, Wa. 9.91
5. Leon Joslin S.M.T.F.C. 9.87

Men 70-74

1. Herb Plattner Fly. Y 11.23m
2. Adalbert Brosz Scar., Ont. 7.78

Men 75+

1. Herb Anderson D.T.C. 7.82m* COR
2. Earl Salisbury S.D.T.C. 7.21

DISCUS

Women 35-39

1. Dorothy Kempf L.M. 29.74m

Women 45-49

1. Connie Wilson P.T.C. 24.24m* COR

Submasters Men 35-39

1. Wayne Marwalski Kajaks 24.78

Men 40-44

1. Peter Kempf L.M. 42.54m* COR
2. Carl Klehm U.C.T.C. 35.22
3. W.T. Wilson Bedford, Eng. 30.30

Men 50-54

1. Jackson Tovell L.T.F.C. 35.20m
2. Jan Versteeg VOC 34.04
3. Jack Carson Fly. Y 26.12
4. Michael McCarthy S.M.T.F.C. 23.08

Men 55-59

1. Richard Nordquist Talent, Or. 29.54m
2. Harvey Williams S.M.T.F.C. 27.22
3. John Tyler Tacoma, Wa. 23.92

Men 60-64

JAVELIN

Men 40-44

1. Patrick Conley Cranston, R.I. 39.18m
2. Carl Klehm U.C.T.C. 27.78

Men 45-49

1. Robert Youngs Tolland, Conn. 53.68m
2. Bob Flaherty Pt. Town., Wa. 45.84

Men 50-54

1. Jackson Tovell L.T.F.C. 35.94m
2. Jan Versteeg VOC 35.30
3. Michael McCarthy S.M.T.F.C. 23.18

Men 55-59

1. Harvey Williams S.M.T.F.C. 36.26m

Men 60-64

1. Harold Parsons L.T.F.C. 32.92m
2. Tony Jones O.L.T.F.C. 23.00

Men 65-69

1. Ian Hume Melbourne, Que. 38.90m* COR
2. Paul Fanning Pulman, Wa. 24.92
3. Leon Joslin S.M.T.F.C. 20.40

Men 70-74

1. William Dunham Manchester, Ma. 29.48m* COR
2. Adalbert Brosz Scar., Ont. 20.16

Men 75+

1. Herb Anderson D.T.C. 26.32m* COR

NO ONE SENT THE 1981
EUROPEAN CHAMPIONSHIP
RESULTS!!

1982 EUROPEAN VETERAN T.+F
CHAMPS. STRASBOURG, FRANCE
14th - 18th July

Manners Routs World Class Field

by JAMES GERARD

LONDON, Ontario, Sept. 27, 1981—Terry Manners, former New Zealand Olympian, blazed to a new course record in winning the masters "six mile" (5.744 miles) at the 14th annual prestigious Springbank International Road Races. His winning time of 28:35 shaved 37 seconds off the previous best time set by Derek Fernee last year. Fernee was a distant second in 29:59.

Ron Hill became the first former winner of the open 12 mile event to compete in the masters race. He finished 5th in 30:38.

Brian Harris of Royal Oak, Michigan, who dominated the race for three consecutive years from 1977-79 could do no better than 7th today in 30:52. However his club, The Motor City Striders, captured the team award. □

HAMMER THROW

Men 40-44

1. Carl Klehm U.C.T.C. 40.84m

Men 50-54

1. Jan Versteeg VOC 34.32m
2. Jackson Tovell L.T.F.C. 27.86

Men 60-64

1. Walter Jenkins Fly. Y 37.32m
2. Harold Parsons L.T.F.C. 32.64
3. Tony Jones O.L.T.F.C. 18.16

Men 65-69

1. Evald Poltrok Fred., N.B. 34.64m
2. James York Modesto, Ca. 26.78

Men 70-74

1. Adalbert Brosz Scar., Ont. 18.58m



Canadian Masters Cross Country Championships

Edmonton, 10Kms

12th October 1981

An excellent course and fine weather but too few competitors were the features of this race. Perhaps Thanksgiving Monday was a bad choice. Colin Rogers of Waterloo, Ontario won the race handily from B.C. Don Trethewey. Bob Bowman and Arthur Taylor (who laid the course) both ran five races to win the M50 and M55 divisions respectively. Having won the M50 division of the Canada-USA Match on the previous Saturday, Bob is preparing to contest the U.S.A Masters Cross Country Championships as we go to press.

RESULTS

Men Men

40-44 45-49

- | | | | |
|----------------------|---------|---------------------|---------|
| 1. Colin Rogers | 37:22.1 | 1. Don Trethewey | 38:11.6 |
| 2. Vic Mathews | 38:30.4 | 2. Frank MacNamara | 40:38.5 |
| 3. Hylke VanDerWalle | 39:38.2 | 3. Charles Kingston | 41:38.5 |
| 4. Gehard Schopp | 39:49.9 | 4. Neil Seigfried | 43:27.9 |
| 5. Bob Giege | 39:55.6 | 5. Pat Harding | 43:41.7 |
| 6. Ian Campbell | 41:50.4 | | |
| 7. John Murray | 45:32.3 | 50-54 | |
| 8. Mike Millar | 45:52.2 | | |
| 9. Phil Gordon | 48:49.2 | 1. Bob Bowman | 40:23.3 |
| | | 2. Sam Wright | 53:43.8 |

55-59 60-64

- | | | | |
|------------------|---------|-------------------|---------|
| 1. Arthur Taylor | 38:53.7 | 1. Bob Cleator | 48:37.9 |
| 2. Frank Haley | 44:05.9 | 2. Charles Bailey | 52:47.4 |
| 3. Stan Baldry | 46:39.4 | | |

Women Teams

- | | | | |
|-----------------|---------|-----------------------------|----|
| 55-59 | | 1. Waterloo Co. AAA (1,2,4) | 7 |
| 1. Jean Cleator | 52:02.7 | 2. Chasquis | 30 |
| | | 3. Edmonton R.R. | 51 |

Maurice Morrell's Injury Story
(GB)

In November I had an arthroscopy - worn out knees laid up for 2 months, started jogging as scars mended. A month ago nearly fit, I fell in a road race. Tore up the opposite knee and fractured a wrist! Last Sunday 14th June, turned out in a steeplechase for my club in the Pye Gold Cup at Stretford - hit a barrier and now have the original knee swollen up like a balloon - the specialist was furious! The crunch? I did 9m 50.3 sec. Which I'm told could be a 48 year old World Best? Certainly Hal Higdon only did 9.55 at Hanover.

As I said I'm going to Bruges, probably as a spectator unless the "balloon" goes down.

The 5th Canada Vs USA Cross Country Match 10 K.M. Vancouver,
British Columbia, 10th October 1981

CANADA VS U.S.A. C.C. (cont.)

This Cross Country match had everything, good weather, good course, good officiating, awards and post race festivities. Everything except enough U.S. competitors. When are the Americans going to treat this event seriously and raise a large number of top competitors?

The Points system for the Fleischmann Challenge Cup was revised to accommodate the small U.S. entry but the Canadians ran out winners anyway.

NOTE : (A1 = 40-44 yrs) (A2 = 45 to 49 yrs) (B1 = 50 to 54 yrs) (B2 = 55-59) (C1 = 60+)

U.S.A.	GROUP	POINTS	CANADA	GROUP	POINTS
DAVID HAMBLY.	A.1.	1.	COLIN ROGERS	A.1.	2.
ALBERT HUFF.	A.1.	5.	GARTH BALL	A.1.	3.
JAMES MURPHY.	A.1.	6.	KEITH MITCHELL	A.1.	4.
MAURICE PRATT.	A.1.	8.	HILKE VANDERWAL	A.1.	7.
ROBT. LANGENBACH	A.1.	9.	MIKE JONES	A.1.	10.
EARL ELLIS.	A.2.	1.	DON TRETHWEY	A.2.	2.
HUGH AINSLIE.	B.1.	5.	BOB BOWMAN.	B.1.	1.
NORMAN CLARK.	B.2.	3.	DON MADGE.	B.2.	1
		38.			30.

1. DAVID HAMBLY.	A.1.	45:19.	11. BOB LANGENBACH.	A.1.	48:14
2. COLIN ROGERS.	A.1.	45:36.	12. BOB BOWMAN.	B.1.	49:11.
3. EARL ELLIS.	A.2.	46:01.	13. MIKE JONES.	A.1.	49:16
4. DON TRETHWEY.	A.2.	46:54.	14. JIM CONWAY.	A.2.	49:24
5. GARTH BALL.	A.1.	47:29.	15. JOHN TAYLOR.	A.1.	49:24
6. KEITH MITCHELL.	A.1.	47:36.	16. DICK JONES.	A.1.	49:34
7. ALBERT HUFF.	A.1.	47:41.	17. FRANK REYNOLDS.	A.1.	49:44
8. JIM MURPHY.	A.1.	47:46.	18. LES McDONALD.	A.2.	49:45
9. HILKE VANDERWALL.	A.1.	47:49.	19. MICHAEL ELLIS.	A.1.	50:35
10. MAURICE PRATT.	A.1.	47:59.	20. IAN TAYLOR.	A.1.	50:45
		44	21. BERNIE BARTON	B.1.	51:05
		22	22. HARRY ADSSHEAD.	A.2.	51:14

23. DON MADGE.	B.2.	51:15	55. TOM THOMSON.	A.1.	59:14
24. TONY BOYDELL.	A.1.	51:18	56. POLLY HOOKOFF.	W.1.	59:19.
25. JOE CORCORAN.	A.1.	51:32	57. TOM DEDINSKY.	B.1.	59:44
26. FRANK KURUCZ.	B.1.	51:34	58. JEAN HARRISON.	W.1.	59:55.
27. NELLO BUEDON.	A.1.	51:38	59. ELIZABETH MCGOLL.	W.1.	1:00:00.
28. HANS WURM.	B.1.	52:16	60. IAN HUNTER.	A.1.	1:00:01.
29. BILL KENT.	A.2.	52:19	61. SHIRLEY SMITH.	W.2.	1:00:29.
30. DICK BAROS.	A.1.	52:20	62. KEN RICHARDSON.	B.2.	1:00:34.
31. BRUCE JOHNEON.	A.1.	52:46	63. TERRY GORDON.	A.1.	1:00:39.
32. ED MACDONALD.	A.1.	53:06	64. JEAN CLEATOR.	W.5.	1:00:52.
33. KEITH CAMERON.	A.1.	53:09	65. JIM HALL.	A.2.	1:00:55.
34. BRUCE GRAHAM.	A.1.	53:16	66. B.J. McHUGH.	W.50.	1:01:40.
35. HUGH AINSLIE.	B.1.	53:31	67. TANYA PRESCOTT.	W.38.	1:01:41
36. BOB PAUL.	B.1.	54:06	68. ALBERT TONE.	B.2.	1:02:01.
37. ALAN TONE.	A.2.	54:26	69. DARLENE OSTERLIN.	W.1.	1:02:07.
38. JOHN FISHER.	A.1.	55:05	70. MONIQUE McDONALD.	W.2.	1:02:08.
39. ARNE VENNELAND.	A.1.	55:11	71. HEATHER TAYLOR.	W.35.	1:02:28.
40. STAN BALDREY.	B.2.	55:26	72. ART PORTER.	C.1.	1:03:05.
41. CHARLIE MAYRS.	A.1.	55:39.	73. PHIL HUNTER.	A.2.	1:03:16.
42. KEITH SPACEY.	A.1.	55:56	74. SANDRA RICHARDSON.	W.1.	1:03:20.
43. TOM BOYCHUCK.	A.1.	56:20	75. CLIFF HILL.	C.1.	1:03:23.
44. ROD PALMER.	A.2.	56:38	76. BONNIE GORDON.	W.1.	1:03:38.
45. NEIL CAMPBELL.	A.1.	56:55	77. M. GALINIER.	A.1.	1:04:03.
46. NORM CLARK.	B.2.	57:24	78. KEN SMITH.	A.2.	1:04:06.
47. ART EVERTON.	A.1.	57:32	79. WILF LYNCH.	B.1.	1:04:09.
48. MARIA GUTIERREZ.	W.1.	57:50.	80. PERRY HUDAL.	A.2.	1:04:19.
49. IVAN GUTIERREZ.	A.1.	58:01	81. DIANE GOOS.	35W.	1:05:00.
50. DAVE VERCHERE.	A.2.	58:08	82. ART WILLIAN.	A.2.	1:05:39.
51. JIM WOODHOUSE.	A.2.	58:18	83. SHIRLEY BONNER.	35W.	1:05:46.
52. BOB CLEATOR.	C.1.	58:39.	84. JENNY BUSBON.	35W.	1:05:47.
53. H. KAESAITCHY.	A.1.	58:58			
54. TONY LAWRENCE.	A.2.	59:02			

SCANDINAVIAN CHAMPIONSHIPS

By Roland TERNERYD.

Exec. V.P. WA.V.A.

The second Scandinavian veteran athletic championships were world record gala performances during 7.-9. August in the nice little town of Larvik at the west seashore of the Oslo fiord in Norway. In the older age classes 14 world records were beaten in track and field and one was equal to a record, not to mention the race walk results where the Swedish walkers dominated. A lot of national and championship records were also beaten. Also in the younger age classes there were a lot of fine results.

More than 800 competitors and most of them accompanied by family supporters had a very friendly meet in nice summer weather.

In class 75+ there were five records. Irja Sarnama, Finland, W75, took part in 7 events and took four world records; javelin (21.84), shot put (7.20), high jump (1.00) and long jump (2.58) and Viktor Andersson, Sweden (M75) discus (36.08) and shot put (11.26) and won hammer. Olav Reppen, Norway, (M70) took the world record in hammer (35.46). He also won discus (41.94).

In class M60 Kauko Jouppila, Finland, won discus (55.96) with a new record and in the same class the elastic jumper Gudmund Skrivervik, Norway, who won three jumping events, took his record in long jump (5.40).

The fantastic Norwegian woman Kirsten Hveem (W55) won five events and beat four world records; 100 m (14.9), 200 (30.6), 80 hurdle (16.8) long jump (4.16) and Valborg Östberg, Norway, (W50) won 1500 m (18.14.9). Östberg also won 10 k roadrunning (37.53).

The list below gives some of the best results in the different classes:

Women

- W35 Annika Folcke S 100 (12.5), 200 (25.8), 400 (58.2), long jump (5.44).
Nina Fahnöe D 100 hurdle (15.7), high jump (1.50).
Oddbjörg Haakensveen N 800 (2.16.0), 1500 (4.46.4).
- W40 Vivi Markussen D 100 (12.8), 200 (25.6).
Björg Solheim N 800 (2.22.9), 1500 (4.49.4).
- W45 Jofrid Aaberg-Jansen N 100 (14.8), 200 (29.6), 400 (64.9) 800 (2.29.1)
1500 (5.13.3).
Salme Pirjetä F 5 k walk (27.18), 10 k walk (57.45)
- W55 Margit. Olsson S 5 k walk (28.00), 10 k walk (59.37).
- W60 Britta Tibbling S 100 (17.7), 5 k walk (27.55), 10 k walk (58.08).
- W65 Nora Wedemo S 100 (18.4), 5 k walk (32.36).

Men

- M35 Aldwyn Mollineau S 100 (11.1), 200 (22.6).
Fredrik Vogt-Lorentzen N 110 hurdle (15.7), 400 hurdle (56.6).
Gunnar Ekman S 800 (1.57.3), 1500 (4.05.8).
Ingvald Midelf S 5000 (15.03.3), 10 000 (31.23.4).
- M40 Villu Haavasalu S 110 hurdle (16.3), triple jump (13.56).
S O Björnholm S 200 (23.3), 400 (52.1), 400 hurdle (58.7).

- M40 cont'd Lars Ydreborg S 10 000 (31.46.3), 25 k (1.24.38).
Kristoffer Velstad N 800 (1.58.2), 1500 (4.01.3).
- M45 Torsti Helminen F 100 (11.6), 200 (23.8).
Lars Lindhe S 110 hurdle (16.6), long jump (6.20).
Pentti Rantanen F 400 (54.2), 3000 steeplechase (10.18.1).
Veine Wallin S 5 k walk (23.33), 10 k walk (50.27).
- M50 Dennis Reese S 100 (11.8), 200 (24.2).
Lars Strand S 10 000 (33.40.2).
K E Svensson S 5 k walk (23.52), 10 k (50.01).
- M55 Leif Olsson S 100 (12.3), 200 (25.3).
Hannu Suorknutti F 110 hurdle (17.9), 400 hurdle (64.7).
Alan Scott S 5 k walk (25.44), 10 k walk (53.37).
- M60 Lennart Lindblom S 110 hurdle (17.7), 400 hurdle (71.4).
Oddvar Sandvik N 5 k walk (26.58), 10 k walk (55.59).
- M65 Yngve Brange S 100 (13.2), 200 (28.2).
Oddvar Lie N 800 (2.28.4), 5000 (19.14.8).
Haikki Simcla F long jump (4.84), triple (10.52).
Erik Stai N high jump (1.50).
- M70 Anti Pajunen F 100 (15.0), 200 (30.6), 110 hurdle (20.9),
pole vault (2.20).
- M75 Sigurd Törmoen N 5 k walk (34.14), 10 k walk (1.10.47).

George Rhoden



George Rhoden, 55, of San Diego. The 1952 Olympic 400-meter gold medalist (45.9) and world age 45-49 200-meter record holder (22.3) competed in celebrity long-jump at TFA Masters Regionals in Los Angeles.

200 METER MENN FINALE.

<u>M 35-39</u>	<u>Vind:</u> + 1,0	<u>K 45-49</u>	<u>V.: + 1,4</u>
1. Aldwin Mollineau 2. Wulf Quentin 3. Sven Jansson 4. Conny Gustavson 5. Ossi Seppä 6. Lars Rogne	S 11,1 F 11,5 S 11,5 S 11,7 F 11,9 N 12,1	1. Aldwyn Mollineau 2. Raimo Haanpää 3. Sven Jansson 4. Wulf Quentin 5. Lars Rogne 6. Pentti Lindquist	S 22,6 F 22,7 S 23,2 F 23,4 N 23,8 F 24,0
<u>M 40-44</u>	<u>Vind:</u> 0,7	<u>M 35-39</u>	<u>Vind:</u> + 1,0
1. Torben Pedersen 2. Hans Lagerqvist 3. Arne Johan Svendsen 4. Fred Roy Huth 5. Jan Birger Holjhjem Sven-Olof Bjørnholm	D 11,7 S 11,7 N 11,8 N 11,8 N 11,9 S Brutt	1. Vivi Markussen 2. Sissel Falck-Jørgensen 3. Marja-Leena Kangas 4. Marjatta Järvinen 5. Inga Stenbrink	D 12,8 N 13,1 F 13,4 F 13,5 S 13,7
<u>M 45-49</u>	<u>Vind:</u> 0,4	<u>K 40-44</u>	<u>Vind:</u> + 1,3
1. Torsti Helminen 2. Pentti Rantanen 3. Gunnar Soold 4. Arne Eriksson 5. Nils Adolf Balto 6. Jostein Haraldseid	F 11,6 F 11,9 S 11,9 S 12,0 N 12,0 N 12,1	1. Jofrid Aaberg Jansen 2. Else Pedersen 3. Berit Roger 4. Irene Merjamaa	S 23,3 D 23,8 D 24,0 F 24,0 S 24,5 N 24,7
<u>M 50-54</u>	<u>Vind:</u> 0,4	<u>M 45-49</u>	<u>Vind:</u> + 1,9
1. Dennis Reece 2. Terho Välimäki 3. Reijo Hurme 4. Lars Ingves 5. Erkki Jylhämäki 6. Seppo Heikkilä	S 11,8 F 12,1 F 12,3 F 12,5 F 12,5 F 12,6	1. Bodil Byhre	N 16,0
<u>M 55-59</u>	<u>Vind:</u> 1,1	<u>M 50-54</u>	<u>Vind:</u> + 1,4
1. Leif Ohlsson 2. Matti Järvinen 3. Göte Lindblad 4. Brynjulf Oshaug 5. Johan Rønning 6. Trygve Syversen	S 12,3 F 12,3 S 12,4 N 12,9 N 13,0 N 13,4	1. Kirsten Hveem 2. Mai-Britt Johansson	N 14,9 S 18,9
<u>M 60-64</u>	<u>Vind:</u> 1,1	<u>M 55-59</u>	<u>Vind:</u> + 0,9
1. Britta Tibbling	S 17,7	1. Dennis Reese 2. Reijo Hurme 3. Terho Välimäki 4. Lars Ingves 5. Knut Bergesen 6. Kåre Tanum	S 24,2 F 24,8 F 25,3 F 26,2 N 26,3 N 27,0
<u>K 65-69</u>	<u>Vind:</u> 1,1	<u>M 60-64</u>	<u>Vind:</u> + 0,6
1. Nora Wedemo	S 18,4	1. Irja Sarnama	F 19,9
<u>K 75-79</u>	<u>Vind:</u> 1,1	<u>M 65-69</u>	<u>Vind:</u> + 0,2
1. Yngve Brange 2. Einar Flydal 3. Torgeir Brandvold 4. Folke Persson 5. Egon Pedersen	S 13,2 N 13,7 N 14,1 S 15,1 D 17,1	1. Reidun Rushfeldt 2. Reidun Stensrud 3. Gun Eriksson 4. Gerd Eriksson	N 60,5 D 62,9 S 63,5 S 63,8
<u>M 70-74</u>	<u>Vind:</u> 1,4	<u>K 40-44</u>	<u>Vind:</u> + 0,6
1. Ahti Pajunen 2. Eero Tuomela 3. Erkki Haapalainen 4. Jep Schmidt Håkon Olsen	F 15,0 F 15,8 F 16,0 D 17,9 S Diskv.	1. Astrid Askvik 2. Marjatta Järvinen 3. Pirkko Martin 4. Solveig Mattsson-Nordquist	N 65,3 F 66,3 F 66,6 S 77,2
<u>M 75-79</u>	<u>Vind:</u> 1,0	<u>K 45-49</u>	<u>Vind:</u> + 0,2
1. Viljo Heponen 2. Sigurd Tørmoen	F 16,8 N 17,6	1. Jofrid Aaberg Jansen	N 64,9
<u>M 80-84</u>	<u>Vind:</u> 1,0	<u>K 50-54</u>	<u>Vind:</u> + 0,2
1. Ingebrig Langeng	N 20,8	1. Bodil Byhre	N 76,6
<u>100 m KVINNER (Women)</u>		<u>K 55-59</u>	<u>Vind:</u> + 1,1
<u>K 35-39</u>	<u>Vind:</u> 0,4	1. Else Laine 2. Kirsten Lien Garbo	F 77,3 N 77,7
1. Annika Folche 2. Reidun Rushfeldt 3. Reidun Corneliusen 4. Gerd Kolle 5. Gerd Honerud 6. Britt Skaret	S 12,5 N 12,9 N 13,3 N 13,6 N 13,6 N 14,4	<u>M 70-74</u>	<u>Vind:</u> + 0,2
<u>M 40-44</u>	<u>V.: + 1,9</u>	<u>M 35-39</u>	<u>V.: + 1,1</u>
1. Vivi Markussen 2. Marja-Leena Kangas 3. Sissel Falck-Jørgensen 4. Marjatta Järvinen	D 25,6 F 27,5 N 27,5 F 29,0	1. Annika Folcke 2. Reidun Rushfeldt 3. Reidun Corneliusen 4. Gerd Kolle 5. Britt Skaret	S 25,8 N 26,6 N 27,4 N 28,0 N 29,9
<u>400 m Menn.</u>		<u>K 40-44</u>	
<u>M 35-39</u>	<u>Vind:</u> + 1,4	1. Sven Olof Bjørnholm 2. Torben Pedersen 3. Gerhardt Kruse Hansen 4. Matti Somppi 5. Leif Larsson 6. Kristen Berge	S 23,3 D 23,8 D 24,0 F 24,0 S 24,5 N 24,7
<u>M 45-49</u>	<u>Vind:</u> 1,1	<u>M 35-39</u>	<u>Vind:</u> + 1,4
1. Raimo Haanpää 2. Erik Rynning 2. Jonfinn Aske 4. Arild Nilsen 5. Nils Chr. Bendixen 6. Ingvard Brekke	F 50,6 N 52,4 N 52,4 N 52,5 D 53,9 N 54,0		
<u>M 55-59</u>	<u>Vind:</u> 1,1	<u>M 45-49</u>	<u>Vind:</u> 1,1
1. Pentti Rantanen 2. Kåre Dalland 3. Svein Berg 4. Gunnar Soold 5. Claus Krohn 6. Bengt Pettersson	F 54,2 N 54,9 N 55,2 S 55,3 N 55,6 S 57,9		
<u>M 60-64</u>	<u>Vind:</u> 1,1	<u>M 55-59</u>	<u>Vind:</u> 1,1
1. Göte Lindblad 2. Hannu Suoknuutti 3. Toivo Wikman 4. Leif Ohlsson 5. Conny Akerblom 6. Karri Wichmann	S 57,8 F 58,1 F 59,2 S 60,6 S 61,5 F Brutt		
<u>M 65-69</u>	<u>Vind:</u> 1,1	<u>M 60-64</u>	<u>Vind:</u> 1,1
1. Leif Ohlsson 2. Göte Lindblad 3. Volmar Wikström 4. Nils Lysne 5. Kristen Berge 6. Robert Hermannsen	S 52,1 D 52,4 F 55,2 N 53,3 N 54,1 N 54,8		
<u>M 70-74</u>	<u>Vind:</u> 1,7	<u>M 65-69</u>	<u>Vind:</u> 1,1
1. Reijo Hurme 2. Arnfinn Haugland 3. Knut Bergesen 4. Petter Kojen 5. Ilmari Seppäläinen 6. Harald Aanerud	F 55,5 N 56,2 N 57,0 N 57,4 F 58,2 N 59,4		
<u>M 75-79</u>	<u>Vind:</u> 1,0	<u>M 70-74</u>	<u>Vind:</u> 1,1
1. Eino Salminen 2. Yngve Brange 3. Seth Lindgren 4. Henry Strannhage 5. Torsten Hullegård 6. Karl Hein	F 64,5 S 66,4 S 68,6 S 68,9 S 83,6 F 85,5		
<u>M 80-84</u>	<u>Vind:</u> 1,0	<u>M 75-79</u>	<u>Vind:</u> 1,1
1. Erkki Haapalainen 2. Håkon Olsen	F 78,1 S 79,4		
<u>M 90-94</u>	<u>Vind:</u> 1,1	<u>M 80-84</u>	<u>Vind:</u> 1,1
1. Andreas Eldnes 2. Ivar Stensrud 3. Nils Roupe 4. Arne Ojala	N 61,3 N 64,0 S 64,9 S 73,4		

800 m MENN

<u>M 35-39</u>	
1. Gunnar Ekmann	S 1.57,3
2. Matti Laitala	F 1.58,1
3. Halvor Bævre,	N 1.58,4
4. Vesa Korpimäki	F 1.58,5
5. Odd M. Jensen	N 1.59,4
6. Trygve Bernt	N 2.00,4
7. Håkon Hellebust	N 2.01,4
8. Ole Henden Mathisen	N 2.02,1
9. Andor Voje	N 2.02,3
10. Esko Lähteenmäki	F 2.02,5
11. Kåre Terjesen	N 2.02,6
12. Arne Luke	N 2.03,4
13. Øivin Sola	N 2.03,9
14. Lennart Ekman	S 2.04,5
15. Odd Arne Døskeland	N 2.05,6
16. Tore Larsen	N 2.08,8
17. Øystein Lindalen	N 2.12,6
<u>M 40-44</u>	
1. Kristoffer Velstad	N 1.58,2
2. Gerhardt Kruse Hansen	D 1.59,1
3. Nils Lysne	N 1.59,3
4. Robert Hermanssen	N 1.59,6
5. Bjørn Husås	N 1.59,7
6. Per Gundersen	N 2.00,3
7. Kalervo Piippanen	F 2.01,1
8. Tommy Bergström	S 2.01,8
9. Hans Emil Frøiland	N 2.02,4
10. Tor Lund	S 2.05,7
11. Kjell Johansson	D 2.06,6
12. Bjarne G. Pedersen	N 2.07,9
13. Arne Svalheim	N 2.08,0
14. Knut Ø. Hansen	S 2.08,9
15. Nils Erik Frøyd	F 2.09,6
<u>M 45-49</u>	
1. Aaro Naakela	F 2.03,0
2. Helge Hekland	N 2.03,4
3. Tor Warnes	N 2.05,8
4. Claus Krohn	N 2.07,6
5. Jens Johansen	N 2.08,2
6. Kjell Skallist	N 2.08,3
7. Reino Dahlman	F 2.08,9
8. Torvald Sandvik	N 2.09,3
9. Johan Nordli	N 2.10,6
10. Einar Josef Berger	N 2.11,0
11. Esa Paldanius	F 2.11,9
12. Gunnar Grevskott	N 2.13,6
13. Karl-Gustav Holmgren	S 2.13,8
<u>M 50-54</u>	
1. Arnfinn Haugland	N 2.07,2
2. Pekka Kautto	F 2.09,4
3. Unto Mattsson	F 2.09,5
4. Bengt Järnhester	S 2.10,2
5. Øivinn Berger	N 2.10,9
6. Leif Onshus	N 2.11,0
7. Allan Johansson	S 2.11,4
8. Leif Vågsmyr	N 2.12,7
9. Petter Kojen	N 2.12,9
10. Roland Johannsson	S 2.14,6
11. Charles Andersen	D 2.15,3
12. Ilmari Seppäläinen	F 2.16,5
13. Arne Möller	S 2.17,6
14. Teuvo Lautanala	F 2.19,1
15. Sten Medelius	S 2.21,4
16. Ernst Bakke	N 2.21,9
17. Leif Osland	N 2.23,6
18. Hans Nordqvist	S 2.25,1
19. Johs. Haugersveen	N 2.33,5

M 55-59

	N	F	S	D	
1. Jan Kystad	N				2.14,4
2. Pentti Valkki	F				2.15,0
3. Toivo Vikman	N				2.15,0
4. Konrad Hernelind	F				2.17,9
5. Stig Erland-Olsson	N				2.30,3
6. Gösta Björkman	F				2.32,0
7. Walther Olsen	N				2.33,4
Eilert Nygårdseter	N				Brutt

M 60-64

	N	F	S	D	
1. Viljo Vuorinen	N				2.21,2
2. Tormod Haugan	F				2.21,9
3. Nils Roupe	N				2.22,6
4. Herbert Larsson	F				2.24,7
5. Alvar Asplund	N				2.26,6
6. Lauri Vilenius	F				2.27,5
7. Lars Larsson	N				2.28,1
8. Holger Josefsson	F				2.40,1
9. Alex Andersen	D				3.07,2

M 65-69

	N	F	S	D	
1. Oddvar Lie	N				2.28,4
2. Eero Santala	F				2.28,9
3. Eino Salminen	F				2.33,7
4. Eino Järvinen	F				2.35,4
5. Bertil Johansson	S				2.39,0
6. Seth Lindgren	N				2.40,9
7. Odd Tessem	N				2.43,7
8. Henry Strannhage	F				3.15,7

M 70-74

	N	F	S	D	
1. Ragnvald Næsje	N				2.59,2
2. Georg Bergfors	S				3.00,6
3. Haakon Strand	N				3.06,5
4. Antti Hurme	F				3.37,6

M 75-79

	N	F	S	D	
1. Leevi M. Kauppi	F				3.13,6

800 m Kvinner. WOMEN

	N	F	S	D	
1. Oddbjørg Haakensveen	N				2.16,0
2. Sigrunn Østrem	N				2.16,3
3. Menja Stapelfeld	D				2.18,0
4. Gun Eriksson	S				2.21,9
5. Gerd Eriksson	S				2.22,8

K 40-44

	N	F	S	D	
1. Bjørg Solheim	F				2.28,6
2. Astrid Raugland	N				3.03,8
3. Marit Sundbø	N				3.08,6
4. Gerd Eriksson	F				4.49,4

K 45-49

	N	F	S	D	
1. Jofrid Aaberg Jansen	N				4.15,3
2. Astrid Raugland	N				4.29,4
3. Marit Sundbø	N				5.49,0
4. Gerd Eriksson	F				5.51,1

K 50-54

	N	F	S	D	
1. Maija Suominen	F				5.31,1
2. Kirsten Lien Garbo	N				5.37,7
3. Else Laine	F				6.04,7
4. Gerd Eriksson	F				6.11.9

K 55-59

	N	F	S	D	
1. Jack Henriksson	F				9.00.9
2. Eva Eriksson	S				13.00.9

1500 m MENN

M 65-69

1. Eero Sant

5000 m MENN**M 35-39**

1. Ingvald Midelf
2. Arne Moen
3. Carsten Rasmussen
4. Lars-Martin Ahlgren
5. Yngve Fitje
6. Tore Larsen

M 40-44

1. Tor Vevle
2. Hans B. Sejrup
3. Nils Undersåker
4. Gunnar Eriksson
5. Torbjørn Paule
6. Bertel Østerdahl
7. Leif Jensen
Gunnar Lofstad

M 45-49

1. Einar Agard
2. Viljo Vesanen
3. Ola Tellesbø
4. Bjørn Larsson
5. Reino Dahlman
6. Väinö Skyttä
7. Leiv Mjelde
8. Bror Richard Gustavsson
9. Kaare Mortensen

M 50-54

1. Viktor Larsen
2. Egon Nielsen
3. Hübert Sörmander
4. Ejnar Madsen
5. Johan Henriksson
6. Mauno Kemppi

M 55-59

1. Konrad Hernelind
2. Gunnar Lotsberg
3. Jan Kystad
4. Peder Malm
5. Olavi Liukko
6. Oddvar Åsen
7. Holger Knapp
8. Paul Larsson
9. Sture Thell
10. Keijo Ruuth
11. Gösta Björkman
12. Taisto Ojala
13. Günther Lindgren

M 60-64

1. Gustav Johansson
2. Nils Roupe
3. Holger Josefsson
4. Valdemar Järvinen
5. Herbert Larsson
6. Alvar Asplund
7. Helge Broby
8. Sigfrid Eriksson

M 65-69

1. Oddvar Lie
2. Eero Santala
3. Bertil Johansson
4. Ingvar Larsson
5. Odd Tessem
6. Yrjö Loikkanen
7. Vilho Manninen
8. Rune Bladh
9. Wilhelm Höglåsen

M 70-74

1. Mikko Hietanen
2. Georg Wir
3. Ragnvald Næsje

M 75-79

1. Enar Hjortling
2. Leevi M. Kauppi

10.000 m MENN**M 35-39**

1. Ingvald Midelf
2. Arne Moen
3. Carsten Rasmussen
4. Guttorm Rørheim Froland
5. Lars Martin Ahlgren
6. Reijo Haake
7. Nils Kjell Messel
8. Knut Hilleren
9. Harald Johansen
10. Erik Schøyen
11. John Erik Hoel

M 40-44

1. Laxs Ydreborg
2. Svend Guldbrandsen
3. Styrk Lote
4. Rolf Nielsen
5. Tor Obrestad
6. Arnfinn Sletten

45-49

1. Viljø Vesanen
2. Paavo Pystynen
3. Vaino Skytta
4. Ola Tellesbø
5. Arne Andersson
6. Aksel Røste
7. Pertti Ketonen
8. Lars Wallin
9. B. Richard Gustavsson
10. Bengt Bladström
11. Per Finn Hansen
12. Kjell Julin
13. Kjell Høegh Sørensen
14. Bernt Karlsson
Gunnar Wackerfeldt

M 50-54

1. Lars Strandh
2. Viktor Larsen
3. Folke Lundberg
4. Egon Nielsen
5. Ingolf Håden
6. Olav Mellesdal
7. Eirik Roger
8. Einar Madsen
9. Bengt Bengtsson

M 55-59

1. Gunnar Lotsberg
2. Peder Malmén
3. Erland Madsen
4. Olavi Liukki
5. Hans Henningson
6. Holger Knapp
7. Paul Larsson
8. Sture Thell
9. Keijo Ruuth
10. Henry Bogemyr
11. Tisto Ojala
12. Carl-Gustav Oscarsson

M 60-64**10000 M.**

1. Gustav Johansson
2. Valdemar Järvinen
3. Pauli Mäkinen
4. Finn Løke
5. Torsten Ståle
6. Olaf Stavlund, Verdal
7. Sigfrid Eriksson

M 65-69

1. Arne Svensson
2. Einar Andersson
3. Arve Myrvold
4. Georg Ekerståhl
5. Vilho Manninen

70-74

1. Georg Wir
2. Mikko Hietanen

Diskos MENN**M 35-39**

1. Ove Puisto
2. Eino Murto
3. Uno Almkvist
4. Jostein Myrvang
5. Jorma Oksanen
6. Åke Svensson
7. Vidar Hägensen

M 50-54

1. Simo Helminen
2. Anders Lindholm
3. Salme Häkkinen
4. Roald Reisvang
5. Ove Trandem
6. Arne Sæther
7. Bengt Hallinder
8. Kauno Jantunen
9. Kurt Fr. Homme
10. Kjell Børresen
11. Peter R. Pretzsch

M 55-59

1. Rolf Strandli
2. Helmuth Duholm
3. Olaf Evjenth
4. Øivind Edvardsen
5. Karl-Erik Olsson
6. Per Stavem
7. Harald Nesse
8. Torsten Håkansson
9. Arvo Kauranen
10. Håvard Lund
11. Arne Hotvedt
12. Jaakko Liljeroos
13. Rune Reitz
14. Pentti Jyrkinen

M 40-44

1. Tromod Lislerud
2. Børge Møller
3. Risto Häyrynen
4. Kaj Stender
5. Georg Johansson
6. Risto Ketola
7. Veikko Tarkkio

M 45-49

1. Bertil Tallberg
2. Leif Gundersrud
3. Stein Haugen
4. Villi Pettersson
5. Alf Buch
6. Erik Gran
7. Reidar Thomassen

400 m hekk MENN HURDLES**M 50-54**

1. Harald Aanerud
2. Øivinn Berger
3. Bengt Järnhester
4. Sten Medelius

M 55-59

1. Hannu Suoknuutti
2. Karri Wickmann
3. Pentti Valkki
4. Håvard Lund
5. Keijo Ruuth
6. Rolv Nordahl-Hansen

M 45-49

1. Osmo Tuorila
2. Lars Lindhe
3. Ahti Vilpas

Tor Warnes**M 35-39**

1. Fredrik Vogt Lorentzen
2. Pentti Lindquist
3. Jonfinn Aske
4. Per Uno Iversen
5. Halvor Bævre
6. Reidar Finnangen

M 40-44

1. Sven-Olof Björnholm
2. Matti Samppi
3. Ove Edlund

M 60-64

1. Lennart Lindblom
2. Vilho Mäki

M 65-69

1. Henry Strannhage

M 65-69

1. Aarne Miettinen
2. Voitto Elo
3. Reidar Syversen
4. Jon Sletteberg
5. Rolf Schønheyder
6. Ahti Tuominen

M 60-64

1. Kauko Jouppila
2. Rolf Gustafsson
3. Asbjørn Dille
4. Ola Gjul
5. Erling Svennevik
6. Reino Nokelainen

M 70-74

1. Olav Reppen
2. Osmo Renvall
3. Tormod Resell
4. Martti Hassinen
5. Jep Schmidt

M 75-79

1. Verner Andersson
2. Stein Haugen
3. Villi Pettersson
4. Alf Buch
5. Reidar Thomassen

M 80-84

1. Ingebrig P. Langeng

10000M

(cont'd)

Long J. men

110 m hekk MENN HURDLER

M 35-39 Wind: + 0,5

1. Fredrik Vogt Lorentzen	N	15,7
2. Pentti Lundquist	F	16,6
3. Per Uno Iversen	N	16,6
4. Christer Roos	S	16,7
5. Jonfinn Aske	N	17,2
6. Reidar Finnanger	N	19,6

M 40-44 Wind: + 1,6

1. Villu Haavasalu	S	16,3
2. Svein Hytten	N	16,4
3. Sven Olof Björnholm	S	16,6
4. John Kr. Skage	N	17,0

M 45-49 Wind: + 0,7

1. Lars Lindhe	S	16,6
2. Lars Storhaug	N	16,8
3. Osmo Tuoriala	F	17,5
4. Jan Sommerseth	N	18,9
Ahti Vilpes	F	21,4

M 50-54 Wind: + 0,5

1. Olavi Niemi	F	16,4
2. Axel Fernaeus	S	18,8
3. Harald Aanerud	N	19,8
Svein Høild	N	19,8
Kurt Fr. Homme	N	21,3

M 55-59 Wind: + 1,3

1. Hannu Suoknuutti	F	17,9
2. Taivo Laakso	F	18,7
3. Karri Wichmann	F	19,9
4. Håvard Lund	N	20,2
5. Ole Simmerlund	N	21,5
6. Keijo Ruuth	F	23,4
7. Rolv Nordahl-Hansen	N	23,7

M 60-64 Wind: 0,0

1. Lennart Lindblom	S	17,7
2. Raino Rainio	F	19,9
3. Aagnar Hatteland	N	20,5
4. Vilho Mäki	F	22,3

M 65-69 Wind: + 0,1

1. Gunnar Johansson	S	25,8
70-74	Vind: + 0,8	

1. Ahti Pajunen F 20,9

Lengde MENN L.J.

65-69

1. Haikki Simola	+ 0,1	F	4,84
2. Einar Flydal	+ 0,4	N	4,41
3. Torgeir Brandvold	+ 0,1	S	4,40
4. Roland Andersson	+ 0,3	S	4,04
5. Christian Landtreter	+ 1,0	D	3,48
6. Torsten Hullegård	+ 0,7	S	3,39
7. Kåre Vinje	+ 0,6	S	3,35
8. Reidar Håkestad	+ 0,4	N	2,51

M 35-39

1. Arne Fostervold	N	6,57
2. Magnus Borge	N	6,28
3. Christer Hilmersson	S	6,18
4. Ossi Seppä	F	6,11
5. Per Uno Iversen	N	6,02
6. Frede Klausen	D	5,80

80 m hekk KVINNER HURDLER WOMEN

K 45-49 Wind: 0,4

1. Irene Merjamaa F 16,7

K 55-59 Wind: 0,4

1. Kirsten Hveem	N	16,8
2. Else Laine	F	17,0

M 60-64

Vind: +

1. Gudmund Skrivelvik

N	5,40
F	5,01
F	5,00
F	4,62
N	4,54

M 40-44

Vind: + 1,0

1. Kyosti Marila

F	6,17
N	6,12
N	6,09
N	5,98
S	5,89

M 70-74

Vind: +

1. Eero Tuomela

F	4,06
F	3,97
D	2,76

M 45-49

Vind: + 0,7

1. Lars Lindhe

S	6,20
F	6,09
S	6,06
N	5,66
D	5,44

M 50-54

Vind: +

1. Tore Sand Ludvigsen

N	5,82
F	5,81
F	5,77
N	5,19
S	5,14

M 55-59

Vind: + 0,8

1. Matti Jarvinen

F	5,90
S	5,44
N	5,31
F	5,07
F	5,00

100 m hekk KVINNER WOMEN HURDLERS

Vind: 2,0

K 35-39

Vind: 2,0

1. Nina Fahnøe

D	15,7
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K 40-44

Vind: 2,0

1. Marja-Leena Kangas

F	16,5
<tbl

Kule MENN SHOT PUT

5.000 m KVINNER WOMEN

M 65-69

1. Voitto Elo
2. Reidar Syversen
3. Aarne Ketonen
4. Jon Sletteberg
5. Bruno Silekoski
6. Tatu Pohja
7. Aasmund Sandnes

F 15,44
N 13,80
F 13,39
N 13,12
F 11,88
F 11,10
N 10,74

K 35-39

1. Evy Palm
2. Oddbjørg Haakensveen
3. Randi Wolden
4. Gerd Molstad

S 17,17,9
N 18,06,8
N 19,01,7
N 20,31,4

M 60-64

1. Reino Nokelainen
2. Kauko Jouppila
3. Rolf Gustafsson
4. Gudmund Skrivervik
5. Erling Svennsvik
6. Ole Hvamb
7. Mauri Mertakivi
8. Bror Olofsson
9. Erlend Erlandsson
10. Alf R. Bjercke

F 15,87
F 14,26
S 13,94
N 13,76
N 13,72
N 13,23
F 12,48
S 11,91
S 11,60
N 10,85

K 40-44

1. Ritva Olsson

S 18,28,0

K 50-54

1. Valborg Østberg
2. Maija Suominen

N 18,14,9
F 20,05,6

M 70-74

1. Martti Hassinen
2. Osmo Ranvall
3. Kustaa Järvinen
4. Tormod Resell

F 12,79
F 12,21
F 10,57
N 10,40

K 60-64

1. Ewa Eriksson

S 24,37,5

M 75-79

1. Verner Andersson

S 11,26

K 35-39

1. Annika Folche
2. Nina Fahnøe
3. Reidun Corneliusen
4. Gerd Honerud
5. Leena Häyrynen

S 5,44
D 5,11
N 5,02
N 4,57
F 4,43

K 40-44

1. Inge Stenbrink
2. Sissel Falck-Jørgensen
3. Marja-Leena Kangas
4. Marianne Stenholm
5. Marjatta Järvinen

S 5,25
N 5,04
F 4,68
S 4,67
F 4,54

K 45-49

1. Gerd Mjelde
2. Else Pedersen
3. Irene Merjamaa

N 4,38
D 4,06
F 3,66

K 55-59

1. Kirsten Hveem
2. Else Laine

N 4,16
F 3,82

K 75-79

1. Irja Sarnama

F 2,58

Kule KVINNER SHOT PUT WOMEN

K 35-39

1. Anne-Berit Skoghus

N 7,97

K 40-44

1. Marja-Leena Kangas
2. Inger Gullvik
3. Lena Sandgren
4. Laila Hellström

F 10,25
N 10,06
S 9,68
S 9,21

K 45-49

1. Berit Røger
2. Svanhild Temte
3. Irene Märijapää

N 8,50
N 8,41
F 8,19

K 50-54

1. Alfhild Hotvedt
2. Bodil Byhre
3. Tyyne Kutela

N 7,91
N 7,45
F 6,13

56

Tresteg Menn TRIPLE J.

M 45-49

1. Arne Eriksson
2. Henry Andersen
3. Kåre Anderdahl
4. Jan Sommerseth
5. Kåre Sommerseth
6. Viljo Knaapila
7. Kalevi Alavaikko

S 12,47 +0,5
D 12,01 +2,0
N 12,00 -0,5
N 11,73 +1,1
N 11,05 +0,5
F 10,88 +1,8
F 10,52 +1,0

M 50-54

1. Olavi Niemi
2. Tore Sand Ludvigsen
3. Yngve Larsson
4. Jan Dahlbom
5. Peter R. Pretzsch

F 12,46 +1,5
N 11,59 +1,0
S 11,44 +0,7
S 10,08 +0,5
N 9,76 +1,3

M 55-59

1. Jakob Rypdal
2. Matti Järvinen
3. Vaclav Barth
4. Olli Aura
5. Lars Lindberg
6. Per Gundersrud
7. Rolv Nordahl-Hansen

N 12,52 +2,6
P 12,35 +2,0
S 11,93 +2,8
F 10,71 +2,5
F 10,70 +2,5
N 9,84 +1,5
N 8,57 +0,5

M 60-64

1. Arne Törnblom
2. Jonny Carlsson
3. Jostein Myrvang
4. Esko Lähteenmäki
5. Frede Klausen

S 13,62 +3,0
S 13,34 +2,9
N 13,17 +1,8
F 12,72 +1,0
D 11,72 +1,5

M 70-74

1. Villu Haavasalu
2. Kato Bjørnbak
3. Kuösti Marila
4. Douglas Ohlson

S 13,56 +1,8
N 12,82 +2,0
F 12,29 +1,0
S 10,64 +2,7

M 65-69

1. Heikki Simola
2. Roland Andersson
3. Bruno Silekoski

F 10,52 +1,1
S 9,07 +3,2
F 8,68 +1,6

M 70-74

1. Oiva Selin
2. Jep Schmidt

F 7,57 +0,4
D 5,82 +1,1

M 60-64

1. Gudmund Skrivervik
2. Raino Rainio
3. Willy Finnanger
4. Vilho Mäki

N 11,12 +2,1
F 10,84 +2,2
N 9,22 +2,1
F 8,53 +0,4

M 45-49

1. Dagfinn Moholt
2. Aré Engeset
3. Ismo Rastas

N 59,04
N 56,30
F 54,80

M 40-44

1. Kjartan Ruud
2. Kolbjørn Jordfall
3. Risto Ketola
4. Kjell Dalhaug
5. Bendik Dale
6. Veikko Tarkkio

N 55,46
N 55,22
F 54,86
N 52,74
N 52,36
F 48,62

M 35-39

1. Yrjo Salonen
2. Vainö Tanhuapää
3. Harry Urpinen
4. Leif Gundersrud
5. Jan Sommerseth
6. Kåre Sommerseth
7. Reidar Thomassen
8. Øystein Tullerud

F 61,84
F 57,86
F 56,48
N 48,22
N 46,98
N 46,58
N 41,78
N 36,24

M 50-54

1. Seppo Heikkilä
2. Kauno Jantunen
3. Peter R. Pretzsch
4. Per Øye
5. Riber Steenstrup
6. Jan Dahlbom
7. Veine Svensson

F 48,52
F 48,30
D 43,50
N 41,90
D 32,30
S 31,04
S 30,10

M 55-59

1. Veikko Javanainen
2. Hans Överland
3. Rune Reiz
4. Arne Hotvedt
5. Håvard Lund

F 56,94
N 52,32
S 45,84
N 41,44
N 39,28

M 75-79

1. Alfild Hotvedt Aasvold

N 18,80

K 55-59

1. Else Laine

F 21,48

K 75-79

1. Irja Sarnama

F 21,84

Spyd MENN JAVELIN

M 60-64

1. Mauri Mertakivi
2. Vainö Ojaranta

F 50,72
F 42,42

M 65-69

1. Aarne Ketanen
2. Tatu Pohja
3. Erkki Tefäs
4. Rolf Schönheyder
5. Aarne Viilmanen
6. Christian Landtreter
- Kåre Vinje

F 36,45
F 34,30
F 34,08
N 30,58
F 28,26
D 26,84
S 1 ikke fått resulta

M 70-74

1. Osmo Renvall
2. Olav Reppen
3. Martti Hassinen
4. Kaarlo Jussila
5. Jep Schmidt
6. Gunnar Øvergård

F 32,92
N 32,34
F 30,36
F 28,18
D 22,76
N 21,32

M 80-84

1. Ingebrig P. Langeng

N 14,40

Slegge MENN HAMMER**M 35-39**

1. Aage Mølstad
2. Gunnar Halvorsen
3. Jostein Myrvang

M 40-44

1. Osmo Rytönen
2. Kai Stender
3. Georg Johansson

M 45-49

1. Veikko Niinikivi
2. Heinrich Sell

M 50-54

1. Seppo Salanto
2. Arne Sæther
3. Bengt Hallinder
4. Kjell Hallmann
5. Veine Svenson

M 55-59

1. Eino H. Anttila
2. Helmuth Duholm
3. Rolf Strandli
4. Erkki Willman
5. Karl-Erik Olsson
6. Arvo Kauranen
7. Hans Vermelid

M 60-64

1. Veikko Pohjanen
2. Yrjö Rantala
3. Erik Andervärn
4. Paavo Lehtinen
5. Milian Wesslgård
6. Bror Olofsson
7. Alf R. Bjercke
8. Henry Fossum

M 65-69

1. Aarne Miettinen
2. Aasmund Sandnes

M 70-74

1. Olav Reppen
2. Kostaa Järvinen

M 75-79

1. Verner Andersson

Diskos KVINNER WOMEN**K 35-39**

1. Leena Häyrynen

K 40-44

1. Kamma Ragaard Jensen
2. Lena Sandgren
3. Laila Hellström
4. Marja-Leena Kangas

K 45-49

1. Berit Røger
2. Else Pedersen

K 50-54

1. Bodil Byhre
2. Alfhild Hotvedt Aarvold

K 55-59

1. Kirsten Hveem

K 75-79

1. Irja Sarnama

Høyde MENN H.J.**M 60-64**

1. Gudmund Skrjervik
2. Raino Rainio
3. Erling Svennevik
4. Willy Finnanger

M 70-74

1. Oiva Selin
2. Tormod Resell
3. Jep Schmidt
4. Erkki Haapalainen

M 45-49

1. Kalevi Tiikkaja
2. Lennart Svärdseen
3. Jan-Erik Andersson
4. Thor Aass

M 65-69

1. Erik Stai
2. Aarne Ketonen
3. Gunnar Johansson
4. Ville Perhälä
5. Aarne Villanen

M 55 - 59

1. Magnar Olden
2. Hans Øverland
3. Håvard Lund
4. Oddvar Skjelbred
5. Lard Lindberg
6. Jaakko Liljeroos
7. Karri Wichmann
8. Toivo Laakso
9. Rolf Nordahl-Hansen

M 35-39

1. Ansgar Gulbrandsen
2. Kunto Viiru
3. Jostein Myrvang

M 40-44

1. Henry Willstedt
2. Svein Hytten
3. Risto Häyrynen
4. Douglas Ohlson
5. Veikko Tarkkio

M 50-54

1. Bengt Blomqvist
2. Olavi Niemi
3. Jan Dahlbom
4. Axel Fernaeus
5. Sakari Tarkkonen

Høyde KVINNER H.J. WOMEN**K 35-39**

1. Nina Fahnøe

K 45-49

1. Berit Røger

K 55-59

1. Kirsten Hveem

K 75-79

1. Irja Sarnama

25 km landevegsløp MENN**Road Race****M 45-49**

1. Paavo Pystynen
2. Viljo Vesanan
3. Ivar Malerud
4. Antti Vihersalo
5. Aksel Røste
6. Per Finn Hansen
7. Steinar Christiansen
8. Kjell Høegh Sørensen
9. Magnar Gaaserud
10. Odd Andersen
11. Frank Horn
12. Bernt Karlsson

Jan Olav Schagerstrøm**M 35-39**

1. Bjørn Moløkken
2. Gunnar Pedersen
3. Carsten Rasmussen
4. Arne Moen
5. Guttorm Rørheim
6. Reijo Haake
7. Bjørn Krämer

M 40-44

1. Lars Ydreborg
2. Tor Vevle
3. Hans B. Sejrup
4. Pouls Svendsen
5. Jann Andersen
6. Tor Aanensen
7. Kyrre Ellefsen
8. Ingvald Tjørnhom
9. Raino Tienhaara
10. Fredrik Rognskog
11. Nils A. Bakken
12. Bjørn Haraldsen
13. Roar Andersen
14. Arnfinn Sletten
15. Reidar H. Hermansen
16. Guenter Veeser
17. Tord Tørnkvist

**Odd Øivind Haug
Torbjørn Paule****M 50-54**

1. Egon Nielsen
2. Folke Lundberg
3. Oddvar Bråthen
4. Matti Hypönen
5. Leif Vågsmyr
6. Folke Persson
7. Olav Mellesdal
8. Dagfinn Weseth
9. Ejnar Madsen
10. Eirik Røger

M 55-59

1. Johannes Kopland
2. Braland Madsen
3. Erkki Lempinen
4. Øivind Mikalsen
5. Oddvar Thorsen
6. Teuri Raevara
7. Ivar Belstad
8. Sture Thell
9. Carl-Gustav Oscarsson
10. Robert Hestmann
11. Arthur Sørem
12. Henry Bogemyr
13. Aulis Laitinen

M 60-64

1. Britta Tibbling
2. Magda Olsen

10 km kappgang MENN WALK**M 35-39**

1. Arthur Lillefosse
2. Esko Lähteenmäki

M 45-49

1. Veine Wallin
2. Carl-Erik Carlsson
3. Seppo Salminen
4. Lennart Nilsson

M 50-54

1. Karl-Erik Svensson
2. Oskar Andreas Andersen
3. Kurt Ohlander
4. Johan Henriksson
5. Ragnar Jansson

M 55-59

1. Alan Scott
2. Olaf Pettersson
3. Walter Persson
4. Arvo Kauranen

M 60-64

1. Oddvar Sandvik
2. Tage Bergstrøm
3. Erik Østerdahl
4. Nils-Erik Erikson
5. Ragnar Pettersson
6. Hugo Jönsson
7. Gulbrand Bergstrøm

M 65-69

1. Bengt Teneryd
2. Vieno Lahdelma
3. Wilhelm Möller
4. Mauritz Ericsson

M 70-74

1. Ragnar Karlsson
2. Robert Carlson

M 75-79

1. Sigurd Tørmoen
2. Jens Jensen

10 km kappgang KVINNER WALK, WOMEN**K 35-39**

1. Kerstin Lindgren

K 40-44

1. Gunilla Jansson

K 45-49

1. Salme Pirjetä

K 50-54

1. Maggie Andersson

K 55-59

1. Margareta Ohlsson
2. Karin Larsson

K 60-64

1. Britta Tibbling
2. Magda Olsen

N 53,01
F 1.17,58

S 50,27
S 53,54
F 58,45
S 1.00,55

S 50,01
N 55,35
S 57,18
S 1.01,15
S 1.04,52

N 55,59
S 1.00,33
S 1.02,10
S 1.02,40
S 1.02,51
S 1.04,01
S 1.14,16

S 58,18
F 1.03,50
N 1.04,43
S 1.07,45

S 1.00,19

S 1.13,04

F 57,45

S 1.05,04

S 59,37
S 1.02,19

Stav MENN Pole Vault

10 km landevegsløp MENN Road Race

M 60-64

1. Gustav Johansson	S 38,01
2. Lars Larsson	S 38,02
3. Valdemar Järvinen	F 38,50
4. Martin Liverød	N 39,22
5. Gudmund Straume	N 39,52
6. Alvar Asplund	S 40,14
7. Helge Broby	D 41,01
8. Finn Løke	N 42,07
9. Pauli Mäkinen	F 43,00
10. Torsten Ståle	S 44,54
11. Olaf Stavlund	N 45,35
12. Sigfrid Eriksson	S 46,56
13. Veikko Kemiläinen	F 47,53
14. Rudolf Nilsson	S 57,48

M 65-69

1. Anders Solemsløkk	N 41,10
2. Einar Andersson	S 41,28
3. Arne Svensson	S 42,10
4. Arve Myrvold	N 42,56
5. Odd Tessem	N 45,01
6. Toivo Laine	F 48,59
7. Egon Pedersen	D 100,54

M 70-74

1. Mikko Hietanen	F 47,04
2. Haakon Strand	N 55,14

M 75-79

1. Enar Hjortling	S 51,32
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10 km landevegsløp KVINNER Road Race Women

K 35-39

1. Randi Wolden	N 39,25
2. Marit Larsen	N 39,30
3. Anne Karin Kirsch	N 41,07
4. Gerd Molstad	N 43,37

K 40-44

1. Ritva Olsson	S 38,27
2. Gerd Johansen	N 41,06
3. Audhild Soot	N 41,50
4. Sigrid Andersen	N 42,04
5. Inger Rørholt	N 42,25
6. Grete Bergland	N 44,18

K 45-49

1. Ruth Rusfort	D 49,53
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K 50-54

1. Valborg Østberg	N 37,53
2. Maria Suominen	F 41,46
3. Marie Katrine Haug	N 47,16

K 55-59

1. Ingrid Nilsson	S 53,27
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K 60-64

1. Ewa Eriksson	S 50,36
2. Inga Sagrelius	S 50,56

K 65-69

1. Nora Wedemo	S 56,13
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M 40-44

1. Haldor Sæther	N 3,60
2. Jouko Liukkonen	F 3,30
3. Sakari Karjala	F 3,00

M 35-39

1. Kenny Johannesson	S 4,40
2. Sten Mortensen	D 4,40
2. Haataja Kari	F 4,40
4. Ivar Bredholt	N 4,00
5. Reidar Finnanger	N 3,20

M 45-49

1. Lennart Svärdesen	S 3,90
2. Heinrich Sell	D 3,20
3. Audun Lona	N 2,90

M 50-54

1. Sakari Tarkkonen	F 3,50
2. Kurt Fr. Homme	N 2,40
3. Ragnar Jansson	S 1,90

M 60-64

1. Raino Rainio	F 2,80
2. Willy Finnanger	N 2,50
3. Yrjö Rantala	F 2,30
4. Erling Svennevik	N 2,20
5. Arne Ojala	S 1,80

M 55-59

1. Kaino Hurri	F 2,90
2. Pentti Jyrkinen	F 2,80
3. Toivo Laakso	F 2,50
4. Rolv Nordahl-Hansen	N 2,30
5. Keijo Ruuth	F 2,-

M 65-69

1. Aarne Ketonen	F 2,90
2. Aarne Villmanen	F 2,20

M 70-74

1. Ahti Pajunen	F 2,20
2. Jep Schmidt	D 1,70
3. Kaario Jussila	F 2,70



LOOKING MORE
LIKE A SWEDISH
EVERY DAY!

Leonard Olson Jefiché, Vermont

Photo by Bill Cockerham

The 2nd Japanese Veteran Championships
October 3rd and 4th, 1981
Yamanashi Stadium, Kofu City

Kyoshi Kounoike reports that over 500 competitors took part in this most successful meet including visitors from U.S.A. and Brazil. He tells us that enthusiasm is running higher every year and that the 1982 Championship will be held at Tokyo Stadium, October 1st to 3rd, full details will be published in our next issue. Winners results of the 1981 Championships follow.

	M40	M45	M50	M55	M60	M65	M70	M75
100M	11.3	11.6	12.3	12.8	13.6	14.4	15.3	15.9
200M	24.1	24.3	25.6	26.9	29.4	30.0	33.0	37.5
400M	55.6	53.2	59.3	61.8	63.7	74.8	76.6	83.2
800M	2:06.8	2:07.3	2:21.3	2:29.7	2:35.1	3:01.7	2:54.8	3:25.3
1500M	4:21.9	4:27.1	4:48.7	5:07.2	5:22.5	5:36.7	5:58.1	6:23.9
5000M	15:51.2	16:04.4	17:27.1	18:37.1	19:19.3	20:41.8	20:35.5	23:34.5</td

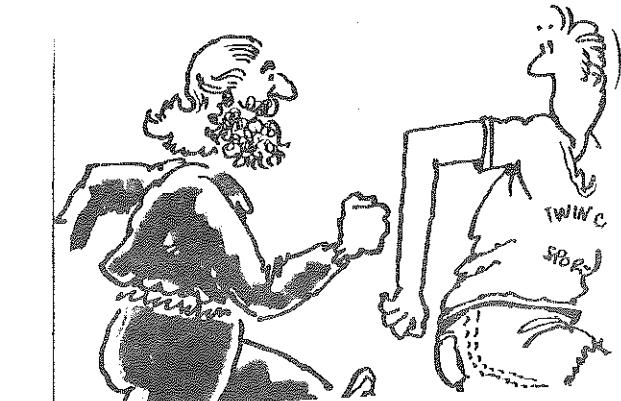
JAPANESE VETERAN CHAMPIONSHIPS (Cont.)

	M40	M45	M50	M55	M60	M65	M70	M75
H.J.	1.75	1.75	1.50	1.45	1.37	1.20	1.20	
Natano,		Higashi	Nomura	Kobayashi	Miura	Sasayama	Decafetro	
L.J.	6.26	6.39	5.44	5.30	4.61	4.68	3.85	
Nishina		Takahashi	Kamiyama	Kobayashi	Miura	Morita	Kadonami	
T.J.	12.26	13.39	11.61	10.86	10.25	9.71	8.62	
Tajima		Sakurai	Iwabuchi	Kobayashi	Miura	Morita	Yamano	
S.P.	11.83	11.16	12.44	10.41	12.12	10.33	10.19	8.79
Fukuhara		Yona	Kojima	Kawahira	Yokota	Shibasaki	Takahara	Kawai
Disc.	35.84	33.42	35.56	30.40	35.36	29.68	32.46	21.06
Hiki		Fujimoto	Kojima	Ishii	Yokota	Kazuki	Wishman	Kawai
JAV.	55.34	35.34	34.34	35.84	39.30	29.70	34.42	18.82
Kawai		Noborikawa	Hikimoto	Enomoto	Matuura	Shibasaki	Wishman	Maruno
		WOMEN						
	W35		W40	W45	W50	W55	W60	
H.J.	1.31		1.25	1.10	1.10			
Ueno		Kataoka	Kawamura	Fukushima				
L.J.		4.41	3.67	3.37		2.34		
		Maruyama	Kawamura	Ooyama		Saika		
S.P.	10.89		8.42	7.16	8.50	9.69		
Nakasuji		Kubota	Hatta	Takahashi	Tujii			
Disc.	27.40		17.30	12.98	21.14	22.20		
Nakasuji		Kubota	Takanoo	Fukushima	Tujii			

GOTTA TURN ON SPEED,
CAN'T LET A WOMAN
BEAT ME



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SEATTLE'S FALCON TC WINS WOMEN'S TEAM TITLE IN INTERNATIONAL 25K

Villanueva, Lorenz Run 1-2 in Belgium

by VAL SCHULTZ

BRUGGE, Belgium, June 28—Brugge, Belgium may not be a household word to most Americans. Increasingly, however, it may become so—for two reasons. First, as an example of a medieval walled town. Everything looks old and permanent in the inner city, with the possible exception of the McDonald's, located just off the Market Square.



Jacques Serruys, Director of Brugge, Belgium International Veterans 25K and WAVA Vice President.

Second, Brugge stages each year one of the largest and best-organized all veterans' (masters') race anywhere. This year's was the eighth edition of the popular race and over 500 competitors from mostly northern and western European countries showed up to run 25 kilometers over a flat, well-designed course.

Brugge lies in the western part of Belgium, not far from the terminus of several ferry lines plying the North Sea from London, Dover and other English ports. There are canals, dams and windmills commonly associated with northern neighbor Holland.

And green, everywhere green, due to the fertile soil and the mild marine climate. The guidebook says the climate is similar to the Pacific Northwest. As a matter of fact on race day, the temperature was in the mid-50's and it was very wet.

I accompanied a team of NIKE-assisted athletes—eight Americans and one Mexican—to Brugge from various parts of North America. Four men from

the Snohomish Track Club and three women from the Falcon Track Club, both of Seattle, had won their trip as the grand prize for the winning masters' clubs at the NIKE/U.S. Club Road Racing Championships in Philadelphia, April 11th. The drippy weather and cool temperature (this was a week into summer after all!) made them feel right at home.

Antonio Villanueva and Herb Lorenz liked the weather, too! They performed magnificently, finishing 1-2, neither one being challenged. Antonio did a 30:50 10k split on his way to a superb 1:18:33 win (5:04 mile pace). Herb let him do his thing, but soon got loose of a following pack, passed 10k in 31:36, then smashed the 1:20 barrier by two seconds. If the course were accepted by NRDC, it would be a 2½ minute improvement on Jim Bowers pending AR set earlier this year.

Pierre Voets of Belgium, Ron Hill of England and Jim Avis, also of England, completed the first five. Piet van Alphen, whose 2:22 at last year's NIKE/OTC Marathon just days after his 50th birthday, shocked the masters world, was a four-minute victor in the 50+. He finished 14th overall.

Among the women, Carol Gould won it in a slow 1:34:32. Carol had been in the top 50 overall the previous year, but had still lost to Joyce Smith. This year, Joyce reportedly was injured by Denise Alfvoet of Brugge itself came fairly close to overtaking Gould in 1:35:01. The few hundreds of spectators huddled under the stadium roof applauded as mightily for Denise as for anyone else in the race.

Then the Falcons. Running nearly together as is their custom, Doris Heritage, Trina Hosmer and Vicki Foltz finished in 1:38, 1:39 and 1:40 to take club and country honors. Traditionally this race has not had an impressive women's field overall, but this may change with the introduction of these team awards.

Snohomish TC was also strong, finishing its team members 20th through 43rd. Earl Ellis, Roy Reisinger, and Dave Pitkethly finished second club to Wirral of England; Derek Mahaffey ran well for fourth on the team. Ellis managed the third place award in the 1B category (45-49).

The efforts of all the runners were very much appreciated by the crowd. Except for the weather—good for running, bad for every other aspect of the race—Brugge was a marvelous host for this event. Race director Jacques Serruys and his crew truly put on a runner's race. Invited runners were housed comfortably in the stadium itself; all were treated to special features such as an "oompah" band leading the participants to the start and a nicely orchestrated awards ceremony. Sponsors NIKE/Belgium and Siemens Computers provided financial and technical assistance.

Master runners who don't mind being humbled by the great running of the British and the Continental veterans should consider this race. It is a demonstration of what can be done and a good omen for the future. □

BRUGGE (BELGIUM) VETERANS 25km

28th June 1981

BRUGGE (BELGIUM) VETERANS 25km

28th June 1981

Leading Positions by Age Class

Age Class	Name	Country	Time	Age Class	Name	Country	Time
35-39 WOMEN							
50-54 MEN							
1. GOULD Carol	GB	1.34.32	1. VAN ALPHEN P.	NL	1.22.43		
2. HERITAGE Doris	USA	1.38.15	2. MONSEUR Roger	B	1.26.45		
3. HOSMER Trina	USA	1.39.07	3. KIRKUP Eddie Ernest	GB	1.29.22		
4. FOLTZ Vicki	USA	1.40.29	4. SAUBER Jean	L	1.31.36		
5. DROON-NOLDUS Wil	NL	1.44.04	5. FRANKLIN Ron	GB	1.31.50		
40-44							
55-59							
1. MILES Yvonne	GB	1.44.50	1. DENIE Omer	B	1.34.34		
2. DAY Patricia	GB	1.51.08	2. FODEN John	GB	1.35.51		
3. CUSHEN Bridget	GB	1.54.13	3. WISMAN A.	NL	1.36.22		
4. SCHMITT Ingrid	BRD	1.58.48	4. BOTERBERG Remi	B	1.38.26		
5. BRANDERS Raymonde	B	2.00.06	5. VAN DEN BOSSCHE Ach.	B	1.39.29		
45-49							
60-64							
1. ALFVOET Denise	B	1.35.07	1. JENKINS Brynmor John	GB	1.46.33		
2. ROMBAUT Beatrijs	B	2.22.32	2. SCUTTS George Edwin	GB	1.51.11		
3. ADENIS Annie	F	2.23.09	3. BLYTH David	GB	1.51.14		
50-54							
1. WISMAN Sophie	NL	1.49.25	4. VAN DE CAUTER Jozef	B	1.54.46		
2. DE SCHOENMAEKER Vict	B	1.50.10	5. LAMS Bienvenu	B	1.59.29		
3. DE PRETER Bertilia	B	1.51.32	65-69				
4. NORRISH Betty Flor.	GB	1.52.29	1. HEUNINCK Adolf Frans	B	1.46.12		
5. MINGOU Martha	B	2.03.19	2. POELMAN Petrus	B	1.49.52		
55							
1. GASTEUIL Reine Aline	F	2.00.00	3. BETTS Georges Albert	GB	1.55.20		
2. FONTAINE Jeannine	F	2.11.32	4. LETELLIER Georges	F	2.16.43		
40-44 MEN							
1. VILLANEUVA Antonio	MEX	1.18.33	5. BARTSCH Ernst	BRD	3.16.10		
2. LORENZ Herb	USA	1.19.58	75-79				
3. VOTES Pierre	B	1.21.22	1. HARRISON Ernest	GB	1.57.30		
4. HILL Ron	GB	1.21.34	2. BASTIEN Henri	B	2.09.05		
5. AVIS James	GB	1.21.44					
45-49							
1. LENNON Alfred	GB	1.22.19					
2. AUSTIN Eric John	GB	1.23.52					
3. ELLIS Earl	USA	1.24.23					
4. COOPER Richard	GB	1.24.57					
5. MILLS John	GB	1.25.23					

NATIONAL RESULTS

Country	Name	Total Time
1. Great Britain	(0004,0005,0008)	
HILL Ron	1.21.34	
AVIS James	1.21.44	
CARROLL Leo	1.22.01	
2. Belgium	(0003,0007,0013)	4.05.53
VOETS Pierre	1.21.22	
VAN LAERE Georges	1.21.51	
SPAEPEN Staf	1.22.40	
3. Netherlands	(0006,0014,0016)	4.08.21
ROELOFS Wim	1.21.49	
VAN ALPHEN P.	1.22.43	
JANSEN Romain	1.23.49	
4. United States	(0002,0020,0025)	4.10.55
LORENZ Herb	1.19.58	
ELLIS Earl	1.24.23	
REINSINGER Roy	1.26.34	
5. West Germany	(0010,0100,0109)	4.32.48
SCHMITT Gunter	1.22.13	
DRIESSEN Heinrich	1.34.56	
PEHLA Winfried	1.35.39	
6. Luxembourg	(0055,0058,0214)	4.47.53
7. France	(0091,0121,0149)	4.50.34
8. Wales	(0065,0074,0243)	4.52.27
<u>CLUB RESULTS</u>		
WIRRAL A.C.	(0008,0011,0012)	4.06.40
CARROLL Leo	1.22.01	
LENNON Alfred	1.22.19	
WATSON Douglas	1.22.20	
S.T.C. SEATTLE	(0020,0025,0039)	4.20.12
ELLIS Earl	1.24.23	
REINSINGER Roy	1.26.34	
PITKETHLY David	1.29.15	
SPARTA BORNEM	(0018,0026,0059)	4.22.28
VAN RANST Edmond	1.24.00	
DE BORGER Robert	1.26.42	
NIKE Albert	1.31.46	
WORCHESTER A.C.	(0017,0021,0122)	4.25.43
AUSTIN Eric John	1.23.52	
COOPER Richard	1.24.57	
ROGERS Stephen	1.36.54	
HILLINGDON A.C.	(0031,0037,0046)	4.25.58
CASE David	1.26.06	
GUTTERIDGE Edward	1.28.44	
CASSE Michael	1.30.08	

WORLD ASSOCIATION OF VETERAN ATHLETES

Women's Heptathlon Scoring Table (1981)

EVENT	AGE GROUP	BASE	POINTS for IMPROVEMENT	Perf. for 1000 points
Hurdles				
100M	35-	27.33s	75 pts. per sec.	14.0 sec.
80M	40-	25.00	80 " " "	12.5
	45-	25.0	85 " " "	13.23
	50-	26.50	80 " " "	14.00
	55-	26.50	90 " " "	15.38
	60-	28.00	90 " " "	16.88
	65-	28.00	100 " " "	18.00
800 Meters				
100M	35-	3.50M	80 pts. per M	16.00M
80M	40-	3.50M	87 " " "	15.00M
	45-	3.50M	95 " " "	14.03M
	50-	3.50M	90 " " "	14.62M
	55-	3.50M	100 " " "	13.50M
	60-	3.50M	110 " " "	12.60M
	65-	3.50M	125 " " "	11.50M
High Jump				
	35-	1.01M	15 Pts. per cm.	1.68M
	40-	1.01M	17 " " "	1.60M
	45-	1.01M	20 " " "	1.51M
	50-	1.01M	23 " " "	1.45M
	55-	.95M	25 " " "	1.35M
	60-	.90M	28 " " "	1.26M
	65-	.85M	30 " " "	1.19M
200M				
	35-	41 sec	60 pts. per sec	24.33 sec.
	40-	41	65 " " "	25.6
	45-	41	70 " " "	26.71
	50-	41	80 " " "	28.5
	55-	41	90 " " "	29.88
	60-	45	80 " " "	32.5
	65-	48	80 " " "	35.5
Long Jump				
	35-	2.66M	3 pts. per cm.	6.00M
	40-	2.66M	3.3 " " "	5.70M
	45-	2.66M	3.7 " " "	5.37M
	50-	2.66M	4.5 " " "	4.89M
	55-	2.66M	6 " " "	4.33M
	60-	2.60M	7 " " "	4.03M
	65-	2.45M	8 " " "	3.70M
Javelin Throw (600g)				
	35-	8.00M	24 pts. per M	49.68
	40-	8.00M	27 " " "	45.04
	45-	8.00M	30 " " "	41.34M
	50-	8.00	30 " " "	41.34M
	55-	9.00	35 " " "	36.58M
	60-	8.00	42 " " "	31.82
	65-	8.00M	50 " " "	28.00



**Take anything you want,
but
please don't take my Nike**

Zimmerman, 2:23, Van Alphen 2:24

Brennan, Davies Set U.S. marks

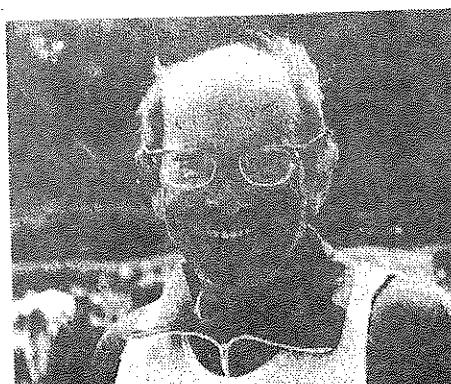
Villanueva Runs 2:17 in Nike Marathon

EUGENE, Oregon, Sept. 13—Antonio Villanueva, 41, of Xalapa, Mexico moved up to 3rd place on the all-time list of veteran marathoners today with a stunning 2:17:16 in the Nike Marathon.

His effort is surpassed only by Jack Foster's 2:11:19 and Ron Hill's 2:15:46 on the all-time over-age-40 charts.

Piet Van Alphen, the sensational Dutchman who set the world over-age-50 marathon record of 2:22 in this race last year, nearly duplicated that with a 2nd-best-50+ ever 2:24:18, winning his 50-59 division by 24 minutes.

Portland's Clive Davies destroyed Monty Montgomery's listed 65-69 marathon mark of 2:53:03 with an astonishing 2:42:49, 22 minutes ahead of Harold Daughters in the 60-69 bracket.



Harold Daughters sets course record for men 60-69 in 3:02:24 in San Francisco Marathon July 12.

Photo by Richard Slotkin

Blind Masters Compete in National Championships

by CHARLES BUELL

The second national championships for blind master athletes was held recently at Southeastern Missouri State University.

At 43 years of age, Harry Cordellos, San Francisco, chose to compete in the open division for sightless athletes. Amazingly, he won two events against much younger men. In the 3000m event

Laris Sets Masters Mile Mark

LOS GATOS, Calif., July 16—Tom Laris, 40, a member of the 1968 U.S. Olympic team in the 10000 meter run, tonight ran the fastest mile ever by an American over age 40.

In an all-comers meet on the fast Los Gatos High School oval, the Palo Alto resident sped to a 4:23.7 to break the former U.S. masters mile record of 4:24.0, set by Oregon's Ray Hatton in 1975.

The fastest over-40 mile ever run is 4:18.5, by New Zealand's Jim McDonald in 1977.

A week earlier, Laris had narrowly missed the mark with a 4:24.5. In that meet, he also came close to the U.S. masters 2-mile record of 9:17.6 (also by Hatton), posting 9:22.4. □



Ray Hatton

Alexander Sets World 400 Record

MASON, Texas, June 27—John Alexander, 61, the World Games age 60-64 pentathlon gold medalist, today broke his own world 400-meter record for men over age 60 (59.0) with a superb clocking of 58.34 in the Hill Country Classic Masters Track and Field Meet.

It was only the 5th time in recorded history that a man over 60 has broken 60 seconds in the 400-meter run. He also won the 200, javelin, discus and long jump.

Alexander runs in a special lightweight, 2 1/4 ounce shoe that he designed himself (compared to the 5 and 6 oz. normal track spikes), and, off his performances this year, could probably sell as many of them as he could produce.

SOME NEWS FROM
U.S.A.

THANKS
TO

N.M.N.

Sightless Anthony Maczyski of Delaware set four age 30-39 records for sightless athletes. Using a stretched guide wire he won the 60m dash in 9.90. With a sighted partner he ran 400m in 1:17.38. He threw the discus 19.86m and standing broad jumped 2.23m.

Partially sighted Mike Garrett of Texas won the 30.39 1500m run in 5:30.51 to set a national record.

Visually impaired athletes who wish more information on masters competition may contact the United States Association for Blind Athletes, 55 W. California Avenue, Beach Haven Park, NJ 08008 or Dr. Charles Buell, 33905 Calle Acordarse, San Juan Capistrano, CA 92675. □



Toshiko d'Elia and Pat Bessel in 1980 National Masters T&F Championships. U.S.A. U.S.A. WALKING NEWS - By ALAN WOOD

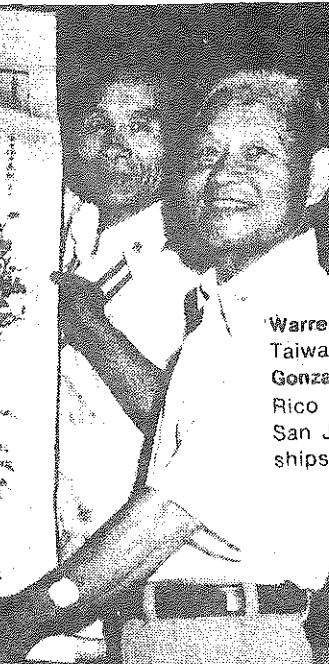
YOU CAN HELP PICK MASTER WALKERS OF THE YEAR

No one has asked yet for nominees for M.W.'s of the year, nor do we know how they will be chosen. But if the subject is to come up at the convention (Reno, Dec. 4-8), let's be ready. A summary of the top contenders appears below: If anyone wants to vote, rush me your thoughts within the next ten days. Vote for a male and a female. I'll add it all up and send it to the top administrators in two weeks. Your thoughts will remain anonymous.

Mimm and Wallace started 1981 like a house afire with their double wins at the world meet. However, both cooled somewhat: Bob because of a nagging leg injury and Gordon due to less traveling. The Nat. Indoor meet is omitted below 'cause none of the top dogs attended. Also, no one from the East was at the Outdoor T.+F. There were no Masters best marks set this year. Ranney and Mimm both set two Divisional bests, while Johnson had the most A.R.'s with six. He goes into class 3B in Feb. The younger men have an edge in the two "first Master" categories, while "Div. Bests" were harder to come by for those near the top age in their division.

Div.	Name	Age, most of year	N.Zeal. Pl.in Div.	Outdoor, Pl.in Div	1st Mstr. Met.Chmps	1st Mstr. Other	A.R.'s	Div.
1B	Bill Ranney	45	-	4th + 7th	1st +1st	50 Km.	W.Reg'l	2
1B	Jack Boitano	48	-	-	-	25 Km.	Two ½ Mar:	35
2A	Sal Corrallo	50	-	-	-	100 Km.	(2x)N.A.Chi:	5
2A	John Kelly	51	-	2nd + 3rd	1st +1st	15 Km.	(2x)S.E.Kst.	-
2B	Bob Mimm	56	-	1st + 1st	-	30 Km.	-	1
3A	Don Johnson	64	-	3rd + 5th	-	-	-	2
4A	Gordon Wallace	71	-	1st + 1st	1st +1st	-	-	6
	As to the ladies: LaVeck popped the big open womens 50 Km. American record of 5:26:30. We do not have the # of A.R.'s for the females: Lori, please send to me.							
1B	Lori Maynard	45	-	-	1st +1st	(2x)Open TAC	20 Km.	-
1B	Beverly LaVeck	?	-	-	2nd +2nd	50 Km.	-	-
3A	Rose Kash	60	-	3rd + 3rd	1st +1st	-	-	-

HEAL AND TOW: "More than half of your body's muscular equipment has as its primary function nothing else than walking. You use practically all the muscles of your body except those in your jaw when you walk." (From an old "Executive Health" newsletter.)



Warren Ling and Pei Yum Lin of Taiwan present scroll to Gilberto Gonzalez-Julia, President of Puerto Rico Masters Association, at 1st San Juan Masters T&F Championships.

The Courier

BALLARAT, THURSDAY, MARCH 19, 1981

AUSTRALIA

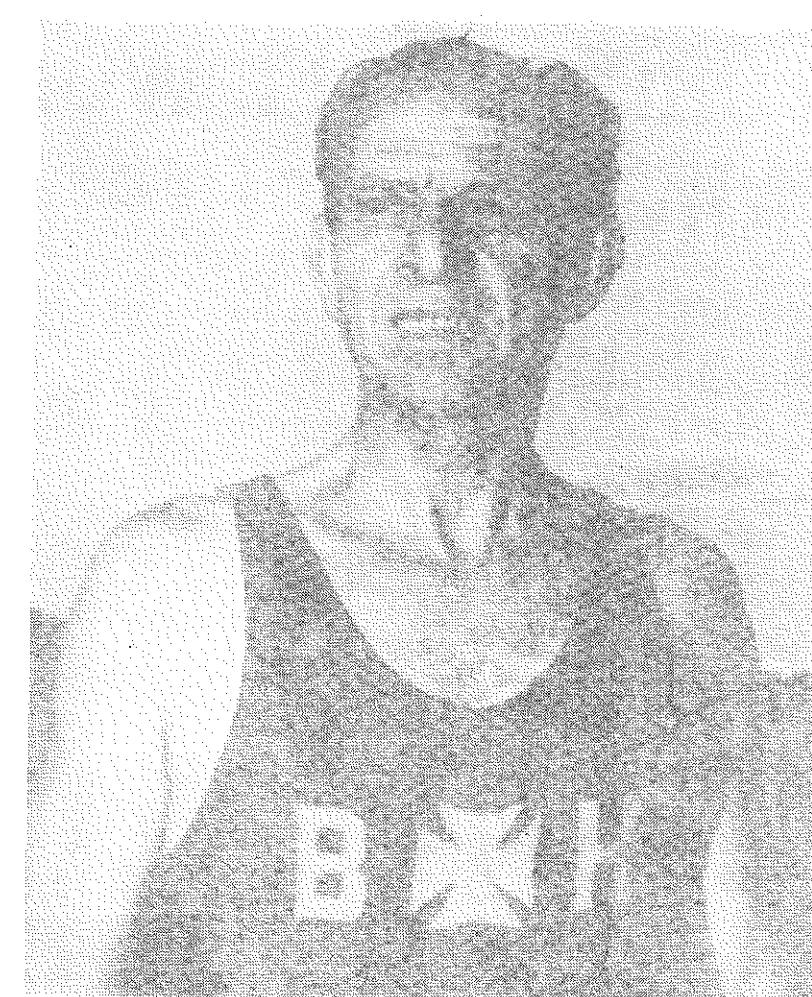
THE COURIER, Ballarat, Thursday, March 19, 1981 Page 33



53 years in athletics recognised

The Victorian Amateur Athletic Association has recognised Ballarat veteran athlete, Stan Nicholls' 53-year athletic career with a presentation of an inscribed silver tray.

Nicholls joined Ballarat Harriers in 1928. He is still a member. He won his first race in 1930 and is still winning. At the recent world veterans' championships in New Zealand, Nicholls won the 3000-metre steeplechase for 65-to-70-year-olds and broke the world record for 69-year-olds. His time was 12 mins 57.56 secs.



Nicholls said yesterday there were many highlights in his career. He competed in the 1938 British Empire Games three miles and finished fifth. At the 1956 Olympic Games he was a timekeeper at the track events.

He ran his first marathon when 54 years old. He was 66 when he recorded his best time for a marathon 3 hours 7 minutes 48 seconds.

Nicholls has established many veterans age records. He trains regularly covering about 100 km a week.

Retirement? He will not hear of it. "I enjoy every minute of it, life is marvellous, I do not intend to stop running," Nicholls said.

Pictures: Ballarat Harriers athlete, Stan Nicholls, a member of his club for 53 years, who last week received a presentation from the Victorian Amateur Athletic Association in recognition of his service. Nicholls is shown (far right) after a recent event and 50 years ago, after winning a race for Ballarat Harriers.