

The WORLD Association of VETERAN Athletes



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FRONT COVER

M50 standout Derek Turnbull (NZ). Derek won the 1500m, 5000m and 10,000m as well as the 10km Palmerston Road Race. He also placed second in the 800m and took another silver at 1600m relay.

EDITORIAL

The 4th World Veterans Track and Field Championships held in Christchurch, New Zealand, have come and gone. Twenty four hundred men and women came with their minds on competitions and much as they enjoyed this aspect of their trips, they went away with lasting memories of a beautiful country and its openhearted, friendly and sporting people. A separate write up is contained elsewhere in this Newsletter with partial results.

The organizing committee was faced not only with the massive necessary arrangements but with complicating political problems too. They came through with flying colours. President of the games John MacDonald added a personal triumph by winning both the M45-49 5000M and 10,000M as well as placing second in Cross Country (on the winning team) and third in Marathon. Now we look forward 2½ years to our 5th championships which will take place in Puerto Rico. Let us sincerely hope that they can be conducted with the same fine combination of efficiency and relaxed atmosphere which the the New Zealanders were able to exhibit.

I would like to repeat my thanks to all W.A.V.A. members for the confidence shown by re-electing me as your President. I look forward to this next term in the hope that I can bear out your confidence completely.

We have two changes in the Executive: Roland Jerneryd who has served since 1977 as W.A.V.A. Secretary felt he could no longer continue in this difficult position. Whilst acknowledging Roland's judgement in this matter members of the Executive felt that Roland's considerable talents were still vital to W.A.V.A. and asked him to stand as executive Vice-President where he can contribute to important issues without a special portfolio. Roland was duly elected to the satisfaction of all those who know his contributions to W.A.V.A. in these formative years. Roland entered our ranks as the Swedish President of the Gothenburg Championships. Now everyone sees him as a true International representative.

Preparing to fill Roland's shoes in the Secretarial role is Owen Flaherty from Edinburgh Scotland. Secretary of the Scottish Veteran Harriers, Owen is also a competitor in distance events. Good luck Owen.

Wal Sheppard of Australia not only put together the great Australian Veteran team but has been a spearhead in the whole International movement. He has served as Representative of Oceania since the formation of W.A.V.A. As there are presently only two affiliated countries in Oceania Wal has decided that he should step back this time and allow Clem Green of New Zealand to take a turn. Thank you Wal. We feel confident you will still be close whenever we can use your help. Welcome and good luck to Clem Green. Clem is a Vice-President of I.G.A.L.

South America was not represented at the Executive level in New Zealand and many members felt uncertain about progress in this continent. The W.A.V.A. executive met with South American competitors present at Christchurch and spent considerable time in discussion with them. As a result, Veteran Athletic Committees in the South American countries will receive an invitation to send nominations for a Continental Representative to the W.A.V.A. Secretary. Following this a mail election will be published in the appropriate future issue of the Newsletter.

During the General Assembly, a motion to exclude South Africans from W.A.V.A. activities was introduced. Since the W.A.V.A. constitution states that membership is open to all men and women of eligible age such a motion would require a constitutional change and as it had not been presented as such the motion was ruled 'out of order'. Later in the meeting another motion was introduced calling for a ban on athletes from Israel and Taiwan. This motion which came without warning was similarly ruled 'out of order'. Whilst we recognize that not everyone bears similar views towards all situations, the second motion did illustrate what kind of a situation we could let ourselves into should we take steps such as these. Clearly we still have problems but let us be one in our desire to make W.A.V.A. better by working hard to find solutions to these problems.

This fourth newsletter completes a first year of publication. With our limited resources I believe we have made progress. Much of it has been due to the fine efforts of those who have subscribed articles, opinions, photographs and news and we certainly hope they will keep it up but we could use the efforts of many more of you. What we would like you to send should be international in interest even if it comprises only a few lines expressing an opinion. We now have 350 subscribers but we need about 700 to break even. W.A.V.A. has voted to continue financial support but obviously we should aim for self-sufficiency which would also mean we are being read by a wider number of veterans. I would appreciate the names and addresses of anyone whom you think would be interested in receiving a copy of this newsletter.

Those of you who subscribed from the first issue will notice a small figure '1' in the bottom left corner of your address sticker. This means that your subscription is again due. We hope you appreciate the Newsletter enough to continue your support.

Very best wishes to all,

Don

Michael Connolly of Ireland made up for his narrow loss to ~~dePalmas~~ in yesterday's 1500 with a brilliant win in the M40 5000 to highlight action in the 5th day of the Games.

"It was gold or nothing as far as I was concerned," said the delighted Dubliner. The holder of the European veteran 1500 title, Connolly was runner-up in both the 1500 and 5000 at the last World Veteran Games in Hannover in 1979 and he was second again over 1500 yesterday. But he made it obvious he had no intention of adding to his collection of silver medals.

He was always with the leaders and caught Renato de Palmas of Italy just 50 meters from the finish to win in a sizzling 14:54.62. DePalmas outleaned Australian Trevor Vincent for the silver, 14:55.29 to 14:55.33. Roger Robinson was 4th in 15:02.98.

The four great veteran distance runners staged a classic race, exchanging the lead throughout, jockeying for position and tightly bunched. Occasionally de Palmas, obviously worried at the prospect of a sprint finish, spurred, but was quickly gathered in. They entered the bell lap still together with Robinson leading the way.

Connolly tripped and staggered, but regained his stride. dePalmas unleashed his sprint on the final turn. Robinson, perhaps still plagued by his illness, couldn't respond and the Italian quickly opened up a 3-yard lead. Vincent passed Robinson and went after dePalmas. But on the outside Connolly

began to fly. He raced past all three at point where they couldn't recover, and received a standing ovation from the crowd of about 3000.

"This is the biggest thing I've ever won," Connolly said. He praised his employer, an insurance company, for paying his way to the Games. "Without their help, I wouldn't be here."

The Fourth World Association of Athletes Track & Field Championships and the I.G.A.L. World Veteran Road Racing Championships

New Zealand, January 1981

Since the first three WAVA Championships had been held in the Northern hemisphere, competitors had looked forward to the New Zealand Meet with tremendous anticipation. In most cases for those who were able to make the trip it was to prove even more worthwhile than they imagined.

For the first time it was only a relatively short trip for Wal Sheppard and his fantastic Australians who have supported Veteran Athletics since its inception but except for the host country it was a long and tiring journey for everyone else. For those who were routed through Los Angeles during the last days of December, the journey proved even longer. Some landed there and were promptly stranded when a thick smog condition suddenly arose. Most others flew on aircraft that were diverted hither and thither and made their ways by circuitous routes. Nevertheless we all made it and those who arrived in the North Island with time for a little touring forgot the rigors and collected lasting memories of the Waitomo Glow worm caves and unbelievable Rotorua with its boiling pools (and a whole boiling lake), bubbling mud cauldron, a great deal of volcanic activity. Rotorua is the centre of Mauri culture and these proud people have retained a keen regard for their ancient culture whilst at the same time fitting into Western ways better than any other native peoples in the world. Anyone who attended a Mauri concert will not soon forget.

From either a runners' or naturists' viewpoint, the magnificent redwood forest with enticing earthen trails are all one could ask whilst Lake Taupo the large lake in the centre of Northern Island is a veritable heaven set in the mountains. Best of all, these areas are completely uncommercialized.

By comparison, Palmerston North, set in sheep farming country, was a quiet sleepy place where the 1200 or so distance runners and their guests seemed a rude intrusion. Summer holidays were in full swing, all the stores were closed and a tranquil way of life prevailed. We seemed to have the small town almost to ourselves and on the 3rd January in warm but not hot weather the 10KM race took place. The route was scenic and flat and spectators waving the flags of many countries lined the two loop course. There were over 500 starters racing in age from Women (35), Men (40) up to those in their late 80's. Quite a spectacle. Antonio Villanueva a Mexican Olympian of 1972 (steeplechase) broke away from the field for a fine win.

Partial Results 10KM

Men 40-44

Pos.	Name	Country	Time
1.	A. Villanueva	MEX	.30.34
2.	M. Connelly	IRE	.31.47
3.	P. Voets	BEL	.31.48
4.	K. Pearce	NZ	.32.02
5.	B. Fischer	USA	.32.14
6.	D. Hambly	USA	.32.15
7.	D.H. Davies	WALES	.32.30

Men 40-44 (cont'd)

Pos.	Name	Country	Time
8.	B.J. Everitt	NZ	.32.37
9.	I.D. Lee	NZ	.32.51
10.	B.N. Watson	NZ	.33.00

Partial Results 10KM (cont'd)

Men 45-49

Pos.	Name	Country	Time
1.	J.B. VanOnselen	BEL	.32.50
2.	J.L. Julian	NZ	.33.07
3.	W. Dunne	IRE	.33.25
4.	A.M. Cameron	NZ	.34.22
5.	M. Mullen	IRE	.35.05
6.	G. Day	AUST	.35.38

93 finish

Men 70-74

Pos.	Name	Country	Time
1.	J.W. Brown	AUST	.44.19
2.	M. Tsuruika	JAP	.47.12
3.	E. Hamilton	NZ	.47.21
4.	I. Nakagami	JAP	.47.50
5.	J. Jamieson	NZ	.49.34
6.	A.H. Green	CAN	.50.46

14 finish

Men 50-54

Pos.	Name	Country	Time
1.	D. Turnbull	NZ	.33.17
2.	A.C. Lawrence	USA	.34.02
3.	S.W. Gawler	NZ	.34.16
4.	A. Taylor	CAN	.34.35
5.	T. Hopman	HOL	.34.40
6.	W. L. Hobbs	NZ	.34.48

69 finish

Men 75-79

Pos.	Name	Country	Time
1.	F. Helber	WGER	.44.59
2.	L. Charbonneau	FRA	.46.30
3.	O. Halbig	WGER	.47.32
4.	A. Althaus	WGER	.51.34
5.	M. Paschke	WGER	.51.52
6.	T. Nakamura	JAP	.58.48

7 finish

Men 55-59

Pos.	Name	Country	Time
1.	J. O'Neil	USA	.34.19
2.	J. Kystad	NOR	.35.43
3.	D.G. Weston	AUST	.36.11
4.	O. Liukka	FIN	.36.41
5.	G.P. Nelson	NZ	.37.01
6.	B. Cameron	CAN	.37.10

50 finish

Men 80+

Pos.	Name	Country	Time
1.	P.E. Spangler (MD)	USA	.56.59
2.	J.J. Turner	NZ	1.19.02
3.	A. Lambert	WGER	1.19.50

Women 35-39

Pos.	Name	Country	Time
1.	V. Foltz	USA	.37.14
2.	H. Geráros	WGER	.38.22
3.	L. Drury-Piper	CAN	.39.38
4.	A. Brogden	NZ	.40.56
5.	T.M. Lund	NZ	.41.22
6.	J. Savage	NZ	.42.22

26 finish

Women 40-44

Pos.	Name	Country	Time
1.	B.N. Shingles	NZ	.35.52
2.	S. Knott	USA	.37.26
3.	V. Robinson	NZ	.38.55
4.	J.L. Uilyot	USA	.39.15
5.	Y.A. Miles	ENG	.39.54
6.	C. Walker	CAN	.40.31

25 finish

Men 60-64

Pos.	Name	Country	Time
1.	J. Gilmour	AUST	.34.25
2.	F. Leitner	AUST	.36.48
3.	S. Hietanen	CAN	.37.20
4.	V.C. Fittall	NZ	.39.05
5.	J.D. Milne	AUST	.40.44
6.	A. Asplund	SWE	.42.11

28 finish

Men 65-69

Pos.	Name	Country	Time
1.	R.W. McMinnis	ENG	.39.28
2.	A. Burgoyne	AUST	.39.49
3.	A. Forbes	SCOT	.40.21
4.	T.A. Bartlett	NZ	.41.52
5.	J. Brauner	WGER	.43.12
6.	L.M. Aellen	SWIT	.44.00

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Partial Results 10KM (cont'd)

Women 45-49

Pos.	Name	Country	Time
1.	D. Stock	USA	.38.42
2.	I.A. Idema	NZ	.43.22
3.	S.F. Smith	CAN	.44.09
4.	R. Barker	AUST	.44.43
5.	I. Schwarz	WGER	.46.42
6.	R. Mende	WGER	.49.26

14 finish

Women 60-64

Pos.	Name	Country	Time
1.	J. Kazdan	CAN	.47.41
2.	E. Falke	WGER	.50.09
3.	F. Liedike	WGER	.51.38
4.	M-R. Gunther	WGER	.58.21
5.	G. Ijernlund	SWE	1.1.39
6.	C. Zabel	WGER	1.6.46

Women 65-69

Pos.	Name	Country	Time
1.	W. Kretschmer	WGER	.51.58
2.	J. Luther	WGER	.56.19
3.	M. Iwasaki	JAP	1.12.28
4.	F. Bresch	WGER	1.19.51

Women 70-74

Pos.	Name	Country	Time
1.	B. James	USA	1.2.40
2.	R. Rothfærb	USA	1.2.50
3.	T. Pitt-Turner	NZ	1.19.39

Women 75+

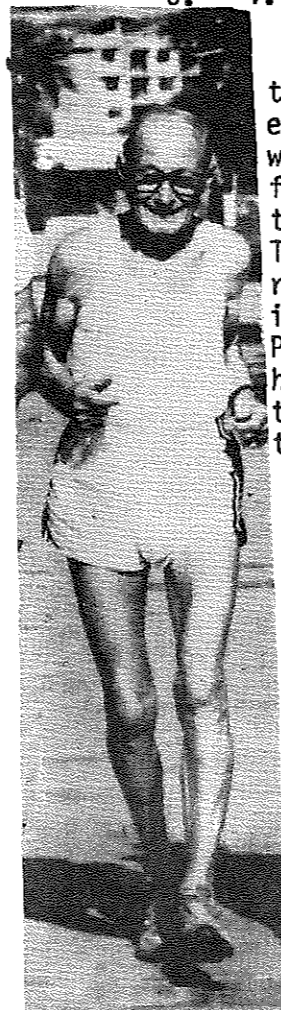
Pos.	Name	Country	Time
1.	E. Schuermann	WGER	1.26.31

Women 50-54

Pos.	Name	Country	Time
1.	M. Sudminen	FIN	.40.15
2.	R. Anderson	USA	.42.42
3.	C.J. Cleator	CAN	.43.39
4.	L.C. Butcher	AUST	.47.08
5.	M.K. Haug	NOR	.47.08
6.	N. Cass	NZ	.47.14

Women 55-59

Pos.	Name	Country	Time
1.	A. Mooser	WGER	.51.42
2.	L. Schule	WGER	.54.58
3.	G. Knittel	WGER	.55.05
4.	P.M. Spiers	NZ	.56.59
5.	I.M. Lister	NZ	.59.24
6.	V. Martin	USA	1.7.06



The following day dawned hotter and more humid. The 25KM race using the course of the previous day but covering 5 loops contained a star studded entry, favourite of which was the globe trotting New Zealander, John Robinson who had built for this race with a series of great wins over excellent veteran fields in Canada, USA, Scotland, Belgium and elsewhere. John broke clear of the field during the third lap and finished the fourth with a commanding position. The lead looked decisive but then one of those things which makes distance running so fascinating occurred. The heat got to John, he took sick and was, in turn, passed by fellow countryman Terry Manners and the Belgian duo of Pierre Voets and Henry Salavarda finishing behind them in that order. As the heat increased more runners were forced to pull out and it must be remembered that many had come from cold winter conditions and the sharp change was hard to take.

Arthur Lambert, President Emeritus. 1944

The amazing John Gilmour of Australia lowered his own M60 mark in the 800 for about the fourth time, dropping it to 2:16.98. He had run 2:18.76 in the European Championships last summer, and regularly threatens or breaks his own marks in all-comers meets in his home town of Perth.

Gilmour received much inspiration today from countryman George McGrath, who also lowered the old mark with a surprising 2:17.54. Milt Bass of the U.S. was 3rd in 2:20.41. Invigorated, Gilmour proceeded to win the M60

5000 in 16:51.2, a bit off his global best of 16:33.3, which he ran in an obscure Perth race last August.

It was Gilmour's 2nd and 3rd wins of the games, to go with his 10000 triumph opening day.

The amazing blind sprinter Fritz Assmy of West Germany added the 200 to his 100 gold medal, lowering his own world record in the process. Again guided by his son-in-law with a short rope tethered to their wrists, Assmy clocked 26.32 to improve on his record 27.18 set in the 1980 European Veterans Championships.

Partial Results 25KM

Men 40-44

Pos.	Name	Country	Time
1.	T.G. Manners	NZ	1.24.01
2.	P. Voets	BEL	1.24.37
3.	H.E. Salavarda	BEL	1.24.55
4.	J. Robinson	NZ	1.25.22
5.	K. Pearce	NZ	1.27.08
6.	D.H. Davies	WALES	1.28.07
7.	G. Boldt	WGER	1.28.41
8.	V.L. Jackson	NZ	1.29.48
9.	R. Daws	USA	1.30.35
10.	H. Rieke	WGER	1.32.18

78 finish

Men 45-49

Pos.	Name	Country	Time
1.	E.R. Hunter	NZ	1.26.06
2.	J.L. Julian	NZ	1.27.56
3.	A.M. Cameron	NZ	1.31.44
4.	J. Fenton	NZ	1.31.56
5.	H. Kimino	JAP	1.32.38
6.	L. Roesler	NZ	1.35.25
7.	J.L. Smith	AUST	1.36.28
8.	J. Johnston	CAN	1.37.13

65 finish

Men 50-54

Pos.	Name	Country	Time
1.	S.W. Gawler	NZ	1.29.54
2.	A.C. Lawrence	USA	1.30.22
3.	R.W. Smith	USA	1.32.27
4.	L.H. Torres	PRICO	1.37.05

Men 50-54 (cont'd)

Pos.	Name	Country	Time
5.	T. Hopman	HOL	1.37.27
6.	G. Reidemeister	WGER	1.37.42

43 finish

Men 55-59

Pos.	Name	Country	Time
1.	E. Madsen	NOR	1.40.05
2.	G. Moller	NZ	1.41.11
3.	O. Liukka	FIN	1.42.20
4.	P.C. Arkwright	NZ	1.45.02
5.	M. Walenta	WGER	1.46.12
6.	A.J. Tyson	AUST	1.47.57

31 finish

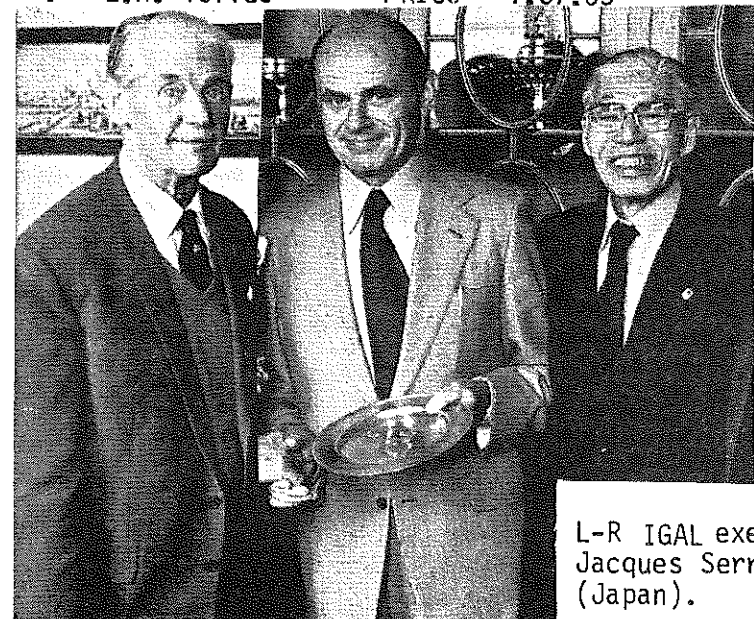
Men 60-64

Pos.	Name	Country	Time
1.	S. Hietanen	CAN	1.44.04
2.	V.C. Fittall	NZ	1.48.52
3.	A. Gruber	AUST	1.52.41
4.	V. A. Granby	USA	1.57.20
5.	T. MacDonell	NZ	1.58.06
6.	T. Miyatake	JAP	1.58.11

15 finish

Men 65-69

Pos.	Name	Country	Time
1.	G.J. Porteous	SCOT	1.45.18
2.	A. Forbes	SCOT	1.54.06
3.	I. Kobayashi	JAP	1.55.04



L-R IGAL executives Bryan Doughty (Isle of Man), Jacques Serruys (Bel) and President Hideo Okada (Japan).

Partial Results 25KM (cont'd)

Men 65-69

Pos.	Name	Country	Time
4.	L.M. Aeller	SWIT	2.7.00
5.	H. Schwamb	WGER	2.17.48
6.	E. Hallerwedel	WGER	2.20.19

Men 70-74

Pos.	Name	Country	Time
1.	K. Schafer	WGER	2.6.24
2.	N. Bright	USA	2.14.29
3.	I. Nakagami	JAP	2.18.17
4.	J.M. Jamieson	NZ	2.33.16

Men 75-79

Pos.	Name	Country	Time
1.	G. Cormier	FRA	2.35.30
2.	M. Raschke	WGER	2.42.42
3.	J. Jensen	DEN	2.54.18

Men 80+

Pos.	Name	Country	Time
1.	P.E. Spangler (MD)	USA	3.9.23

Women 35-39

Pos.	Name	Country	Time
1.	S. Schumacher	WGER	1.50.42
2.	I.M. Lund	NZ	1.53.41
3.	K. Roper	WGER	1.54.03
4.	R.P. Sutherland	NZ	1.56.06
5.	B.K. Charlton	NZ	2.9.27
6.	M. Wolloutton	NZ	2.10.00

Women 40-44

Pos.	Name	Country	Time
1.	J.L. Ulliot	USA	1.46.20
2.	Y.A. Miles	ENG	1.55.34
3.	N. Hasegawa	JAP	1.57.25
4.	M.E. Smith	AUST	2.2.13
5.	B. Cushen	ENG	2.11.20

Women 45-49

Pos.	Name	Country	Time
1.	E. Liebe	WGER	1.59.01
2.	E. Gyldenohr	DEN	2.4.25
3.	I.A. Idema	NZ	2.9.54
4.	S.M. Cooper	NZ	2.21.39

Women 50-54

Pos.	Name	Country	Time
1.	M. Suominen	FIN	1.51.17
2.	R. Anderson	USA	1.58.14
3.	N. Cass	NZ	2.13.20
4.	G. Drisch	WGER	2.13.29
5.	S. Fritz	WGER	2.41.29

Women 55-59

Pos.	Name	Country	Time
1.	A. Mooser	WGER	2.31.24
2.	J. Grelle	WGER	2.36.30
3.	G. Knittel	WGER	2.55.56

Women 60-64

Pos.	Name	Country	Time
1.	J. Kazdan	CAN	2.14.02
2.	F. Liedike	WGER	2.41.10
3.	M.R. Gunther	WGER	2.55.35

Women 65-69

Pos.	Name	Country	Time
1.	W. Kretschmer	WGER	2.41.44

Women 70+

Pos.	Name	Country	Time
1.	R. Rothfarb	USA	2.58.59
2.	B. James	USA	3.25.19

Sincere congratulations are due to Barry Trail and his many willing helpers. At the I.G.A.L. Annual meeting, Arthur Lambert, the founder was elected President Emeritus, for life, Hideo Okada the Active President, Brian Doughty Secretary Treasurer and a number of Vice Presidents headed by Jacques Serruys (also vice president of W.A.V.A.)

Anyone who has visited Wellington, the capital of New Zealand will have noted its likeness to San Francisco. Certainly the city recedes from the centre on a series of terraced hills but it is more wide spread, more open and minus some of San Francisco's seamier sections. Oh yes, neither can it boast a golden bridge! Equally it should rival Chicago for the title 'Windy City.' Flanked by converging promontories which funnel in the South Wind (the cold wind in New Zealand remember) there are, apparently, few days in the year when it isn't blowing. Clem Green may well feel miffed by this unfairly brief description but I must confess to an even briefer visit. If I am fortunate enough to visit New Zealand again I promise to stay longer and write further about Wellington.

Christchurch is set in the broad flat Canterbury Plain. It is peaceful quiet and both the city and its people seem more English than the rest of New Zealand and, for that matter more English than much of England nowadays. The outstanding friendliness and generosity of the New Zealanders was clearly borne out in the 'Host a Vet' scheme. New Zealand families were asked to invite a visitor for a meal, for a drive or to stay a night at their homes. The response was so overwhelming that the organizing committee ran out of visitors!

First important item on the Veteran program was the presentation of bids for the 5th World Championships, 1983. Puerto Rico, Greece and Yugoslavia in turn described their countries and the facilities which could be used. The Puerto Rican delegation featured an attractive film and a particularly well documented offer and at the subsequent General Assembly were chosen by a vote of 41 to 31 (Greece) and 4 (Yugoslavia). Actually Yugoslavia had a great deal to offer by way of both facilities, costs and weather. Perhaps it was a pity for them that the bid had not been established longer in the minds of the delegates.

Some references have been made to the General Assembly in the Editorial but as we go to print I have not received the minutes. They will be published in Newsletter #5.

The Opening Ceremonies drew a sizeable crowd including many New Zealand dignitaries. The famous New Zealand Army Band played and marched and then the competitors came on by age classes. There were several speakers but as Christchurch Mayor Hamish Hay officially opened the Championships, members of a protest group named HART (Halt All Racist Tours) -- invaded the track and interrupted the proceedings noisily. They were soon cleared from the scene but during the week they were to return several times in similar fashion and also were to occupy much news space.

The rest of the afternoon was spent much more pleasurably when the competitors joined the crowd in the stand and enjoyed more of the Army Band, an exhibition of the skills of a sheep dog and some attractive young gymnast dancers.

The following morning the championships opened in grand style with a sizzling 28:52.16 10000 metres by Antonio Villanueva a 40 year old Mexican who had competed for his country in the 1972 Olympics. He showed little loss of speed as he devastated the field. The following event, this time the 45-49 10000M, continued the exciting tempo with a popular victory for the President of the Games, John MacDonald.

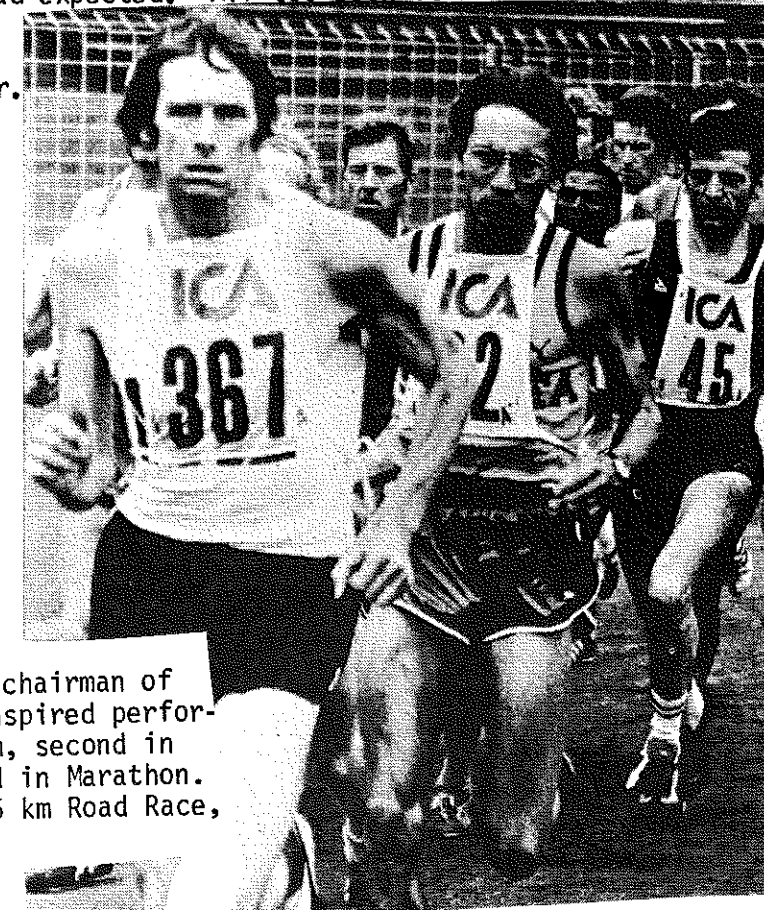
With a grass track outside the stadium in use most of the week and Field events going on both inside and outside too, no one could view every event. What struck the mind most depended on one's taste but the standards were high and the competition very keen. Wilf Morgan's predictions in favour of Michael Connolly's chances being the first Irishman to win a gold medal on the track at a Veteran World Championship seemed doomed when the Dubliner was narrowly defeated in the M40, 1500 Metres. How thrilling it was to watch Wilf being vindicated when Michael came back to win the 5000 Metre in a fantastic finish which looked anyone's race until the last desperate yards Austin, Ubarri, Reid, Assmy, Holland, McGrath, Mills, Baillie, Turnbull, Suominen, Hesselman, Gilmour, Taylor, Singh, De Palmas, the Robinsons, Von Wartling, Malisch and so many more performed brilliantly all week.

Huge numbers of competitors may not have compared with the stars but happily produced personal bests with stirring efforts. It would take a much bigger book than this to do justice to them all so rather than try to do so I have listed the first few finishers in each event. If you wish to obtain complete results send a bank order for \$6.00 N.Z. to the Organizing Committee for the 4th W.A.V.A. Championships together with your name and address. We should not leave the games without the warmest congratulations to the many officials who worked so hard and so expertly throughout the memorable week.

At the closing ceremonies the W.A.V.A. flag was handed to Luis Torres of Puerto Rico for the 5th Championships in 1983 and that evening saw a spectacular banquet and dance at the fine Christchurch City Hall. Guess who provided the music? That's right! That versatile New Zealand Army Band.

Following the Championships many visitors took the opportunity to visit New Zealand's Southland and found Mount Cook, Milford Sound and Stewart Island even more spectacular than they had expected. All too soon it was HAERE RA AOTEOROA - Good-bye New Zealand.

The memorable visit was over.



In addition to the load he carried as chairman of the Games, John MacDonald proved an inspired performer winning both M45, 5000 and 10,000m, second in Cross Country (winning team) and third in Marathon. #45 is Henry Salavarda (BEL) 3rd in 25 km Road Race, 4th in 10,000m and Marathon.

Partial results of the 4th World Assn. of Veteran Athletes Track and Field Championships. Christchurch, New Zealand. Jan 8th-14th, 1981.

<u>100 Metres</u>			
<u>Men 40-44</u>			
1.	D. Smith	USA	11.25
2.	R. Austin	AUST	11.44
3.	R. Dunbar	AUST	11.51
4.	B. McPhail	NZ	11.52
<u>Men 45-49</u>			
1.	H. Thomas	AUST	11.50
2.	D. Sanwamade	HOL	11.77
3.	D. Herman	BR	11.92
4.	M. Brown	USA	11.99
5.	R. Williams	NZ	12.08
6.	M. Garbisch	GER	12.15
<u>Men 50-54</u>			
1.	L. Snelling	AUST	11.91
2.	M. Pirie	AUST	12.20
3.	O. Dawkins	USA	12.31
4.	H. Fackler	GER	12.38
<u>Men 55-59</u>			
1.	J. Ubarri	PUR	12.48
2.	H. Yamazaki	JAP	12.70
3.	N. Baum	CAN	12.86
4.	E. Kleinmann	GER	13.04
5.	P. Pientka	CAN	13.13
6.	W. Matthias	GER	13.13
<u>Men 60-64</u>			
1.	B. Hogan	AUST	12.54
2.	S. Stein	BR	12.86
3.	O. Schwarz	GER	13.42
4.	R. Higuera Gil	MEX	13.44
5.	P. Nummi	FIN	13.51
6.	J. Manno	USA	13.84
<u>Men 65-69</u>			
1.	F. Assmy	GER	12.89
2.	Y. Brange	SW	13.79
3.	A. Lasch	GER	13.88
4.	G. Marabotti	IT	13.92
<u>Men 70-74</u>			
1.	F. Reid	HOL	13.69
2.	H. Regemeulter	BEL	14.26
3.	A. Castro	USA	14.52
4.	H. Killing	GER	14.54
<u>Men 75-79</u>			
1.	H. Meyers	USA	15.71
2.	H. Anderson	USA	16.06
3.	W. McFadden	USA	16.34
4.	S. Lum	USA	16.35
<u>Men 80+</u>			
1.	S. Falk	SW	20.82
2.	P. Spanger	USA	21.33
3.	E. Zemljak	YUG	24.01
4.	V. Empey	AUST	31.63
<u>Women 35-39</u>			
1.	U. Lund	AUST	12.55
2.	M. Yates	NZ	12.84
3.	M. Allison	NZ	12.97
4.	P. McNabb	BR	13.00
5.	G. Barnabas	SIN	13.22
6.	E. Coleman	AUST	13.23
<u>Women 40-44</u>			
1.	K. Holland	AUST	12.60
2.	A. McIntosh	NZ	12.88
3.	A. Horsnell	NZ	12.89
4.	W. Ey	AUST	13.03
5.	E. Briesenick	GER	13.08
6.	M. Dunbar	AUST	13.46
<u>Women 45-49</u>			
1.	I. Obara	USA	13.04
2.	M. Peters	NZ	13.35
3.	K. Diener	GER	13.60
4.	H. Werner	GER	13.75
5.	C. Brunker	NZ	14.09
6.	H. Pratsch	GER	14.18

<u>100 Metres (cont'd)</u>			
<u>Women 50-54</u>			
1.	C. Hill	NZ	14.0
2.	S.N. Peterson	NZ	14.4
3.	S. Kennedy	AUST	14.7
4.	L. Seuberlich	GER	14.98
5.	R. Hunke	GER	15.29
6.	A. Weller	CH	15.22
<u>Women 55-59</u>			
1.	K. Hveem	NOR	14.84
2.	A. Hogan	AUST	15.46
3.	J. Bannister	AUST	15.48
4.	E. Leiby	USA	17.42
5.	M. Gibbs	AUST	17.44
6.	I. Moss	AUST	18.65
<u>Women 60-64</u>			
1.	E. Hauke	GER	16.01
2.	J. Kolda	USA	16.71
3.	B. Tibbling	SW	17.26
4.	P. Kirkwood	CAN	19.11
<u>Women 65-69</u>			
1.	W. Reid	HOL	16.21
2.	J. Gelrrich	GER	16.59
3.	S. Pierce	NZ	16.73
4.	I. Saumier	CAN	17.34
5.	A. Reile	GER	17.94
6.	H. Mitschke	GER	18.81
<u>Women 70-74</u>			
1.	B. James	USA	19.58
2.	N. Salisbury	USA	26.67
3.	J. Fischer-Webb	NZ	29.53
<u>Women 75-79</u>			
1.	I. Sarnama	FIN	19.25
2.	R. Rothfarb	usa	19.79
<u>200 Metres</u>			
<u>Men 40-44</u>			
1.	R. Austin	AUST	22.53
2.	D. Smith	USA	22.80
3.	R. Dunbar	AUST	22.96
4.	B. McPhail	NZ	23.04
5.	G. Mathe	HOL	23.34
6.	O. Jootje	INS	23.43
<u>Men 45-49</u>			
1.	D. Sarwamade	HOL	23.20
2.	H. Thomas	AUST	23.20
3.	M. Brown	AUST	23.20
4.	D. Herman	BR	23.90
<u>Men 50-54</u>			
1.	L. Snelling	AUST	24.46
2.	M. Pirie	AUST	24.55
3.	D. Barry	NZ	25.25
4.	R. Cras	BEL	25.30
5.	F. Bianchessi	IT	25.32
6.	H. Fackle	GER	25.38
<u>Men 55-59</u>			
1.	J. Ubarri	PUR	24.48
2.	H. Yamazaki	JAP	26.08
3.	N. Baum	CAN	26.29
4.	G. Lindbrad	SW	26.33
<u>Men 60-64</u>			
1.	C. Stein	BR	26.10
2.	J. Alexander	USA	26.95
3.	R. Hunt	USA	27.51
4.	G. Watabe	JAP	27.99
<u>Men 65-69</u>			
1.	F. Assmy	GER	26.32
2.	Y. Brance	SW	26.67
3.	R. Burford	AUST	28.79
4.	W. Stubbings	AUST	29.23
5.	A. Lasch	GER	29.50
6.	G. Marabotti	IT	30.50

200 Metres (cont'd)

Men 70-74				Women 40-44			
1.	F. Reid	HOL	28.14	1.	K. Holland	AUST	26.12
2.	H. Regemutter	BEL	29.74	2.	A. Horsnell	NZ	27.13
3.	A. Castro	USA	29.83	3.	W. Ey	AUST	27.27
4.	M. Sugimoto	JAP	31.47	4.	U. Gore	BR	28.13
5.	Y. Ichiki	JAP	31.70	5.	E. Ostbert	SW	28.21
6.	G. Simpson	AUST	33.76	6.	M. Dunbar	AUST	28.39
Men 75-79				Women 55-59			
1.	H. Meyers	USA	32.90	1.	K. Hveem	NOR	30.59
2.	H. Anderson	USA	33.09	2.	A. Hogan	AUST	32.04
3.	S. Lum	USA	33.71	3.	J. Baimister	AUST	32.33
4.	H. Chapson	USA	33.77	4.	M. Gibbs	AUST	36.65
				5.	E. Leiby	USA	36.32
				6.	I. Lister	NZ	40.40
Men 80+				Women 65-69			
1.	P. Spangler	USA	44.95	1.	W. Reid	HOL	34.76
2.	S. Falk	SW	46.89	2.	R. Sole	NZ	35.47
3.	M. Zemljak	YUG	51.32	3.	S. Pierce	NZ	36.61
				4.	A. Reile	GER	38.33
				5.	I. Saumier	CAN	40.96
				6.	H. Mitschke	GER	44.20
Women 45-49				Women 60-64			
1.	I. Obera	USA	26.21	1.	E. Haule	GER	33.33
2.	M. Peters	NZ	26.91	2.	J. Kolda	USA	36.47
3.	D. Pirie	AUST	28.45	3.	B. Tibbling	SW	37.54
4.	H. Pratsch	GER	28.90	4.	P. Kirkwood	CAN	41.76
5.	C. Bruncker	NZ	28.93	5.	G. Jjernlund	SWE	49.56
6.	H. Werner	GER	29.05				
Women 50-54				Women 70-74			
1.	C. Hill	NZ	29.06	1.	B. James	USA	45.11
2.	L. Seuberlich	GER	30.54	2.	J. Fisher	NZ	57.94
3.	S. Kennedy	AUST	30.66	3.	M. Salisbury	USA	1.06.6
4.	B. Vine	NZ	31.27				
5.	A. Weller	CHI	31.85				
6.	S. Kinsey	USA	31.89				
Women 35-39				Women 75-59			
1.	P. McNabb	BR	26.49	1.	R. Sarnama	FIN	42.88
2.	U. Lund	AUST	26.91	2.	R. Rothfarb	USA	59.92
3.	N. Allison	NZ	26.92				
4.	M. Yates	NZ	27.07				
5.	G. Baranbas	SIN	27.56				
6.	E. Coleman	AUST	27.70				

400 Metre

Men 40-44				Men 70-74			
1.	G. Mathe	HOL	50.46	1.	H. Regemeutter	BEL	1:08.21
2.	R. Austin	AUST	51.06	2.	G. Debell	NZ	1:11.41
3.	R. Dunbar	AUST	51.41	3.	N. Jenkinson	AUST	1:12.14
4.	P. Gare	AUST	52.00	4.	P. Ludwid	GER	1:14.28
5.	E. Owers	USA	53.09	5.	G. Simpson	AUST	1:22.19
6.	B. Milligan	AUST	53.42	6.	K. Kato	JAP	1:32.98
Men 45-49				Men 75-79			
1.	H. Thomas	AUST	52.34	1.	H. Chapson	USA	1:12.26
2.	M. Garbisch	GER	53.99	2.	H. Anderson	USA	1:14.81
3.	D. Herman	BR	54.52	3.	H. Meyers	USA	1:19.26
4.	D. Carr	AUST	55.17	4.	S. Lum	USA	1:22.88
5.	A. Carter	NZ	56.07				
6.	H. Stenten	GER	56.13				
Men 50-54				Men 80+			
1.	L. Snelling	AUST	52.91	1.	P. Spangler	USA	1:38.27
2.	H. Chandra	SIN	54.81	2.	E. Zemljak	YUG	2:00.24
3.	F. Blanchesi	IT	56.25				
4.	W. Grady	AUST	56.51				
5.	D. Barry	NZ	56.90				
6.	M. Fischer	GER	56.96				
Men 55-59				Women 35-39			
1.	F. Evans	NZ	56.70	1.	P. Kenny	NZ	59.11
2.	R. McRae	AUST	58.08	2.	J. Byrnes	AUST	1:01.06
3.	M. Baum	CAN	58.76	3.	M. Yates	NZ	1:01.18
4.	R. Clarke	AUST	58.91	4.	G. Jones	NZ	1:02.99
5.	G. Lindblad	SW	59.52	5.	M. Hervey	USA	1:03.23
6.	S. Jarmail	IND	60.11	6.	G. Eriksson	SW	1:03.44
Men 60-64				Women 40-44			
1.	B. Hogan	AUST	59.54	1.	K. Holland	AUST	1:00.28
2.	S. Stein	BR	1:00.92	2.	K. Carlsson	SW	1:04.76
3.	R. Hunt	USA	1:00.52	3.	L. Ostreng	NOR	1:06.37
4.	J. Manno	USA	1:03.31	4.	S. Sucker	GER	1:06.75
5.	G. Watanabe	JAP	1:03.60	5.	A. Scott	NZ	1:09.93
6.	M Ohashi	JAP	1:03.63	6.	L. Thomas	AUST	1:11.98
Men 65-69				Women 45-49			
1.	F. Finger	USA	1:03.83	1.	C. Mills	NZ	59.68
2.	F. Assmy	GER	1:04.15	2.	I. Obera	USA	1:01.67
3.	R. Burford	AUST	1:04.42	3.	H. Werner	GER	1:03.92
4.	W. Muller	GER	1:05.43	4.	C. Bruncker	NZ	1:06.79
5.	W. Stubbings	AUST	1:07.73	5.	H. Pratsch	GER	1:08.29
6.	S. Singh	IND	1:09.58	6.	J. Crisp	NZ	1:08.45

400 Metre (cont'd)

Women 50-54

1.	U. Seger	SW	1:09.18
2.	B. Vine	NZ	1:09.68
3.	C. McKerr	AUS	1:09.80
4.	B. Neuhaus	USA	1:12.88
5.	R. Hunke1	GER	1:14.86
6.	L. Butcher	AUS	1:17.05

Women 55-59

1.	A.E. McKenzie	BEL	1:11.91
2.	B. Newman	AUST	1:13.86
3.	A. Hogan	AUST	1:16.53
4.	M. Gibbs	AUST	1:25.66
5.	E. Leiby	USA	1:25.69
6.	G. Jerike	GER	1:35.06

Women 60-64

1.	E. Haule	GER	1:22.01
2.	G. Jjernlund	SW	1:41.07
3.	P. Kirkwood	CAN	1:45.96
4.	D. Daughters	USA	1:49.28

Women 65-69

1.	W. Reid	HOL	1:19.66
2.	S. Pierce	NZ	1:28.81
3.	I. Saumier	CAN	1:42.45

Women 70-74

1.	B. James	USA	1:36.65
2.	M. Salisbury	USA	2:15.37
3.	J. Fischer-Webb	NZ	2:21.75

Women 75-79

1.	R. Rothfarb	USA	2:03.5
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800 Metre

Men 40-44

1.	G. Cohen	USA	1:55.50
2.	E. Owers	USA	1:56.09
3.	A. Brandford	AUST	1:58.44
4.	B. Milligan	AUST	2:00.38
5.	F. Szponik	GER	2:01.55
6.	M. Fraser	NZ	2:01.94

Men 45-49

1.	W. Baillie	NZ	2:02.37
2.	T. Roberts	AUST	2:03.12
3.	P. Mayoor	HOL	2:03.86
4.	W. Lipka	GER	2:05.54
5.	A. Ironside	NZ	2:06.97
6.	H. Janssen	HOL	2:08.34

Men 50-54

1.	W. Grady	AUST	2:06.53
2.	D. Turnbull	NZ	2:06.96
3.	K. Brown	USA	2:07.47
4.	R. James	AUST	2:08.15
5.	L. Hooper	AUST	2:08.35
6.	H. DeHoeff	BEL	2:08.63

Men 55-59

1.	F. Evans	NZ	2:08.66
2.	C. Kernahan	NZ	2:10.11
3.	R. McRae	AUST	2:12.58
4.	R. Boutard	FR	2:13.55
5.	T. Vickerman	FIN	2:13.84
6.	G. Pieterbaugh	USA	

Men 60-64

1.	J. Gilmour	AUST	2:16.98
2.	F.G. McGrath	AUST	2:17.54
3.	N. Bass	USA	2:20.41
4.	J. Stevens	AUST	2:23.19
5.	A. Woodhouse	CAN	2:24.60
6.	R. Ciapparelli	ARG	2:25.60

Men 65-69

1.	F. Finger	USA	2:27.84
2.	E. Stotsenberg	USA	2:32.20
3.	S. Singh	IND	2:34.21
4.	F. Barry-brown	AUST	2:35.30
5.	R. Mahannah	USA	2:36.70
6.	W. Stubbings	AUST	2:39.10

Men 70-74

1.	M. Jenkinson	AUST	2:38.90
2.	G. Debill	NZ	3:00.61
3.	A. Lausmann	GER	3:01.8
4.	E. Kronberg	SW	3:13.72

800 Metre

Men 75-79

1.	H. Chapson	USA	2:45.52
2.	H. Anderson	USA	3:23.53
3.	H. Millard	AUST	3:48.10

Men 80+

1.	P. Spangler	USA	3.37.77
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Women 35-39

1.	P. Kenny	NZ	2:18.65
2.	M. Hoffmann	GER	2:19.02
3.	M. Orman	NZ	2:19.18
4.	D. Browne	AUST	2:20.02
5.	M. Hervey	USA	2:21.95
6.	G. Jones	NZ	2:22.99

Women 40-44

1.	A. Gleichfeld	GER	2:19.56
2.	V. Robinson	NZ	2:19.60
3.	S. Knott	USA	2:21.97
4.	K. Carlsson	SWE	2:24.10
5.	J. Chandler	NZ	2:24.61
6.	P. Woolman	NZ	2:27.27

Women 45-49

1.	D. Pirie	AUST	2:35.55
2.	J. Crisp	NZ	2:39.37
3.	J. Smith	AUST	2:44.45

Women 50-54

1.	U. Seger	SWE	2:39.61
2.	C. McKerr	AUST	2:42.52
3.	C. Cleator	CAN	2:46.26
4.	B. Neuhaus	USA	2:47.06
5.	S. Brasher	AUST	2:54.75

Women 55-59

1.	A. McKenzie	BEL	2:43.41
2.	B. Newman	AUST	2:52.13
3.	M. Gibbs	AUST	3:20.96
4.	E. Leiby	USA	3:27.03
5.	G. Jericke	GER	3:33.16
6.	I. Lister	NZ	3:53.28

Women 60-64

1.	B. Tibbling	SWE	3:00.95
2.	E. Haule	GER	3:05.48
3.	E. Falke	GER	3:14.47
4.	H. Hahn	GER	\$:08.51

Women 65-69

1.	S.E. Pierce	NZ	3:34.62
2.	D. Stotsenberg	USA	4:06.79
3.	A. Ott	GER	4:11.66

Women 70-74

1.	B. James	USA	3:53.34
2.	M.A. Salisbury	USA	5:12.72
3.	J. Fisher-Webb	NZ	5:49.23

Women 75-79

1.	R. Rothfarb	USA	4:30.08
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1500 Metre

Men 40-44

1.	A. Bradford	AUST	4:02.33
2.	M. Connolly	IRL	4:02.95
3.	S. Griffiths	AUST	4:03.95
4.	G. Cohen	USA	4:04.27
5.	C. Geary	NZ	4:11.74
5.	V. Sykes	NZ	4:15.88

Men 45-49

1.	W Baillie	NZ	4:07.55
2.	D. Todd	AUST	4:08.29
3.	J.D. Macdonald	NZ	4:08.31
4.	P. Mayer	HOL	4:10.80
5.	W. Pikka	GER	4:11.36
6.	T. Roberts	AUST	4:14.11

Men 50-54

1.	D. Turnbull	NZ	4:15.51
2.	L. Hooper	AUST	4:22.52
3.	H. DeHoef	BEL	4:23.70
4.	K. Brown	USA	4:28.78
5.	R. James	AUST	4:30.08
6.	B. Sharpe	AUST	4:30.80

1500 Metre (cont'd)

Men 55-59

1.	G. Hesselmann	GER	4:21.17
2.	C. Kemahan	NZ	4:29.46
3.	J. Kystad	NOR	4:31.68
4.	R. Boutard	FR	4:34.66
5.	B. Camerons	CAN	4:40.74
6.	T. Orr	AUST	4:41.32

Men 60-64

1.	J. Gilmour	AUST	4:46.2
2.	F. Leitner	AUT	4:48.1
3.	E. McDonald	AUST	4:53.1
4.	N. Roupe	SW	4:54.3
5.	R. Turnbull	AUST	4:54.1
6.	N. Chashi	JAP	5:17.7

Men 65-69

1.	E. Stotensberg	USA	5:05.96
2.	S. Singh	IND	5:13.90
3.	A. Burgoyne	AUST	5:14.80
4.	R. Mahannah	USA	5:15.74
5.	F. Barry-Brown	AUST	5:23.54
6.	T. Bartlet	NZ	5:32.28

Men 70-74

1.	J. Farrell	SCOT	5:42.80
2.	M. Jenkinson	AUST	5:50.92
3.	J. Brown	AUST	5:49.93
4.	E. Hamilton	NZ	5:58.00
5.	N. Bright	USA	5:58.11
6.	P. Ludwid	GER	6:02.48

Men 75-79

1.	H. Chapson	USA	5:44.84
2.	R. Barlow	AUST	6:16.15
3.	S. Hesketh	AUST	6:16.52
4.	A. Gordon	USA	7:10.73

Women 35-39

1.	D. Browne	AUST	4:40.41
2.	M. Hoffmann	GER	4:42.82
3.	M. Orman	NZ	4:47.26
4.	C. Seilnacht	GER	4:56.66
5.	G. Eriksson	SW	5:00.73
6.	G. Eriksson	SW	5:11.30

Women 40-44

1.	V. Robinson	NZ	4:46.10
2.	S. Knott	USA	4:47.27
3.	K. Carlsson	SW	4:54.15
4.	P. Woolman	NZ	5:54.16
5.	S. Sucker	GER	5:04.69
6.	J. Uilyot	USA	5:05.60

Women 45-49

1.	M. D'Orlando	IT	4:52.90
2.	J. Miles	NZ	5:15.61
3.	J. Cox	AUST	5:24.60
4.	P. Maffia	BR	5:31.91

Women 50-54

1.	M. Suominen	FIN	5:19.84
2.	C. McKerr	AUST	5:36.43
3.	R. Anderson	USA	5:39.56
4.	B. Neuhaus	USA	5:50.60

Women 55-59

1.	A. McKenzie	BEL	5:40.97
2.	B. Newman	AUST	5:55.19
3.	E. Leiby	USA	6:32.89
4.	I. Lister	NZ	7:41.97
5.	V. Tyson	AUST	7:51.03

Women 60-64

1.	B. Tibbling	SW	6:05
2.	E. Falke	GER	6:26
3.	B. Tromp	HOL	6:36
4.	G. Jjernlund	SW	8:11

Women 65-69

1.	J. Luther	GER	7:11.19
2.	I. Granstron	CAN	8:15.66

Women 70-74

1.	B. James	USA	7:59.42
2.	M. Salisbury	USA	11:07.90

Women 75+

1.	R. Pothfarb	USA	8:47.78
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5000 Metres

Men 40-44

1.	M. Connolly	IRE	14:54.62
2.	R. DiPalmas	IT	14:55.29
3.	T. Vincent	AUST	14:55.33
4.	R.D. Robinson	NZ	15:2.98
5.	A. Stock	NZ	15:35.52
6.	B. Atkins	NZ	15:43.88

Men 45-49

1.	J.K. Macdonald	NZ	15:51.7
2.	D. Todd	AUST	16:2.0
3.	R. Morgan-Morris	AUST	16:4.9
4.	A. Boinner	AUST	16:18.9
5.	D. Worline	AUST	16:24.0
6.	R. Jones	NZ	16:25.3

Men 50-54

1.	D. Turnbull	NZ	16:19.47
2.	A. Taylor	CAN	
3.	D. Melrose	NZ	16:26.01
4.	R. Piper	AUST	16:28.00
5.	J. Goritz	GER	16:33.27
6.	T. Hopman	HOL	16:37.94

Men 55-59

1.	G. Hesselmann	GER	16:14.44
2.	J. O'Neil	USA	16:37.02
3.	A. Ratelle	USA	16:30.42
4.	J. Kystad	NOR	16:0.40
5.	L. Frisby	AUST	16:28.75
6.	D. Weston	AUST	17:29.81

Men 60-64

1.	J. Gilmour	AUST	16:15.20
2.	F.G. McGrath	AUST	17:41.42
3.	F. Leitner	AUST	17:44.47
4.	S. Heitanen	CAN	17:53.80
5.	E. McDonald	AUST	18:18.92
6.	R. Turnbull	AUST	18:20.04

Men 65-69

1.	R. McMinnis	BR	19:14.47
2.	E. Stottenberg	USA	19:47.20
3.	W. Nelmes	NZ	19:47.93
4.	T. Tsuge	JAP	20:02.30
5.	S. Nicholls	AUST	20:20.12
6.	G. Ekerstahl	SW	20:54.35

Men 70-74

1.	M. Jenkinson	AUST	21:40.74
2.	G. Wir	SW	21:54.52
3.	G. Perez	ARG	22:40.21
4.	W. Bigelow	USA	22:53.91
5.	E. Hamilton	NZ	23:08.37
6.	J. Jamieson	NZ	23:11.06

Men 75-79

1.	F. Helber	GER	21:50.73
2.	M. Raschke	GER	22:08.90
3.	S. Hesketh	AUST	22:28.98
4.	L. Charbonneau	FR	23:31.70
5.	C. Bendig	BR	23:17.03
6.	A. Gordon	USA	28:35.92

Men 80+

1.	P. Spangler	USA	26:56.03
2.	E. Zemljak	YUG	38:07.70

Women 35-39

1.	V. Foltz	USA	17:37.0
2.	D. Browne	AUST	17:43.90
3.	C. Seilnacht	GER	18:22.17
4.	H. Gerards	GER	18:41.65
5.	R. Duba	USA	19:25.31
6.	T. Woodham	NZ	19:49.31

Women 40-44

1.	B. Shingles	NZ	17:38.2
2.	S. Knott	USA	17:54.2
3.	Y. Miles	BR	18:44.7
4.	J. Uilyot	USA	19:02.7
5.	S. Sucker	GER	19:22.7
6.	A. Pearce	AUST	19:49.0

Women 45-49

1.	M. D'Orlando	IT	18:09.0
2.	S. Stock	USA	18:38.0
3.	J. Cox	AUST	19:48.0
4.	E. Gyldehoer	DEN	20:15.0
5.	L. Kalweit-Marloth	GER	20:21.0
6.	S. Redhead	AUST	20:23.0

5000 Metres (cont'd)Women 50-54

1.	M. Suominen	FIN	19:48.8
2.	S. Wiseman	HOL	20:42.4
3.	R. Anderson	USA	20:42.6
4.	C.J. Cleator	CAN	21:57.0
5.	S. Brasher	AUST	22:08.9
6.	L. Butcher	AUST	23:02.1

Women 55-59

1.	G. Bladh	SW	23:27.1
2.	L. Schule	GER	24:27.7
3.	P. Spiers	NZ	28:15.8

10,000 MetresMen 40-44

1.	A. Villanueva	MEX	29:52.16
2.	R. DiPalmas	IT	30:46.42
3.	R.D. Robinson	NZ	31:23.69
4.	H. Salavarda	BEL	31:29.41
5.	T.A. Vincent	AUST	31:47.70
6.	A.G. Stock	NZ	31:48.82

Men 45-49

1.	J.K. MacDonald	NZ	31:42.7
2.	J. Van Onseien	BEL	32:19.3
3.	H. Higdon	USA	32:38.3
4.	W. Hakansson	DEN	32:55.4
5.	J. Patterson	AUST	33:00.8
6.	G. Hicks	AUST	33:03.4

Men 50-54

1.	D. Turnbull	NZ	34:08.1
2.	A. Taylor	CAN	34:31.4
3.	D. Melrose	NZ	34:40.9
4.	C. Lawrence	USA	34:47.1
5.	T. Hopman	HOL	35:02.1
6.	S.W. Gawler	NZ	35:19.1

Men 55-59

1.	C. Heselman	GER	34:28.5
2.	J. O'Neil	USA	34:32.2
3.	A. Ratelle	USA	35:27.8
4.	D.C. Weston	AUST	36:35.0
5.	B. Cameron	CAN	37:01.4
6.	O. Liukka	FIN	37:12.3

Men 60-64

1.	J. Gilmour	AUST	35:10.3
2.	F. Leitner	AUT	37:57.3
3.	S. Hietanen	CAN	38:11.2
4.	R. Turnbull	AUST	38:24.8
5.	E. McDonald	AUST	39:16.6
6.	K. Bird	AUST	40:48.3

Men 65-69

1.	G.J. Porteus	SCOT	40:51.5
2.	R.W. McMinnis	BR	40:52.8
3.	A. Burgoyne	AUST	40:54.4
4.	J. Tsuge	JAP	41:54.4
5.	S.L. Nicholls	AUST	42:45.5
6.	W.I.N. Nelmes	NZ	42:46.0

Men 70-74

1.	J. Farrell	SCOT	45:38.70
2.	J. Brown	AUST	45:54.60
3.	G. Wir	SW	46:19.20

Men 75-79

1.	F. Helber	GER	45:50.30
2.	S. Hesketh	AUST	46:00.30

Men 80-84

1.	E. Zenljak	YUG	1:07:31.2
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Women 35-39

1.	V. Foltz	USA	36:39.50
2.	D. Browne	AUST	37:30.90
3.	H. Gerrards	GER	38:37.20
4.	S. Schumacher	GER	40:25.60
5.	T. Lund	NZ	41:08.60
6.	K. Roper	GER	41:13.90

Women 40-44

1.	B. Shingles	NZ	36:28.34
2.	S. Knott	USA	36:49.91
3.	R. Haines	NZ	39:08
4.	V. Beisty	AUST	38:52.71
5.	Y. Miles	BR	39:36.20
6.	J. Don	CAN	40:48.10

10,000 Metres (cont'd)Women 45-49

1.	D. Stock	USA	38:49.15
2.	L. Kalweit-Marloth	GER	41:16.94
3.	J. Cox	AUST	41:24.64

Women 50-54

1.	M. Suominen	FIN	40:19.41
2.	R. Anderson	USA	41:52.70
3.	S. Wiseman	HOL	42:57.86

Women 55-59

1.	E. Tuinzing	USA	48:02.69
2.	J. Grelle	GER	54:29.04
3.	G. Knittai	GER	55:19.68

Women 60-64

1.	E. Falke	GER	50:13.84
2.	E. Mighoffer	GER	55:38.25
3.	F. Liedtke	GER	56:38.19

Women 65-69

1.	W. Kretschmer	GER	52:53.17
2.	J. Luther	GER	55:20.88
3.	I. Granstrom	CAN	77:23.60

Women 70-74

1.	A. Forbes	NZ	59:20.61
2.	B. James	USA	61:55.90
3.	M. Salisbury	USA	

Women 75-79

1.	R. Rothfarb	USA	61:55.90
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110 Metres HurdlesMen 40-44

1.	R. Newey	AUST	16.60
2.	H. Singh	IND	17.00
3.	G.L. Bane	USA	18.54
4.	K. Konolke	JAP	18.55
5.	J.E. Penny	NZ	19.29
6.	D.A. Williams	AUST	19.35

Men 45-49

1.	L. Marien	BEL	15.95
2.	J. Pailevliet	HOL	16.92
3.	L. Storhaug	NOR	17.27
4.	J. Schwankner	GER	17.70
5.	J. McGrath	AUST	19.13

Men 50-54

1.	J. Murphy	USA	17.24
2.	L. Schaefer	AUST	17.35
3.	H. Faekler	GER	17.48
4.	W. Krucken	GER	18.20
5.	I. Steedman	SCOT	18.50
6.	R. Wolf	USA	19.20

Men 55-59

1.	A. Findell	FR	17.66
2.	S. Cordes	GER	19.19
3.	J. Rowe	CAN	21.38
4.	W. Mathews	GER	21.69
5.	F. Wright	AUST	25.77
6.	A. Bertelli	IT	31.50

Men 60-64

1.	R. Hunt	USA	18.27
2.	G. Gist	USA	18.94
3.	R. Raino	FIN	20.86
4.	C. West	AUST	21.17
5.	H. Miller	USA	23.25

Men 65-69

1.	R. Reckwardt	GER	19.56
2.	I. Hume	CAN	20.33
3.	A. Smith	AUST	27.39

Men 70-74

1.	B. Wischmann	GER	20.99
2.	St. Thompson	USA	23.20
3.	G. Simpson	AUST	24.10

Men 75-79

1.	H. Meyers	USA	21.89
2.	W. McFadden	USA	26.43
3.	H. Anderson	USA	28.10

100 Metre HurdlesWomen 35-39

1.	P. McNabb	BR	15.18
2.	M. Allison	NZ	17.49
3.	M. Yates	NZ	19.34
4.	S. Lopez	CH	19.47

Women 40-44

1.	A. McIntosh	NZ	12.74
2.	E. Briesenick	GER	13.17
3.	I. Kurchhofs	GER	14.45
4.	S. Schmidts	GER	14.52
5.	G.J. Richards	AUST	15.85
6.	B. Schmidt	GER	15.88

80 Metres HurdlesWomen 45-49

1.	H. Werner	GER	13.29
2.	V. Falkeborg	DEN	14.78
3.	H. Doherty	AUST	14.81
4.	B. Steedman	SCOT	16.08
5.	C. Miller	USA	16.30

Women 50-54

1.	V. Vine	NZ	18.10
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Women 55-59

1.	H. Hveen	NOR	17.26
2.	A. Wood	NZ	17.97

400 Metre HurdlesMen 40-44

1.	G. Mathe	HOL	55.28
2.	R. Birkhoelter	GER	56.82
3.	G. Miller	USA	57.67
4.	K. Konoike	JAP	59.40

Men 45-49

1.	J. Pailevliet	HOL	59.00
2.	D. Burger	USA	59.33
3.	M. Brown	USA	60.92
4.	P. Philpotts	NZ	63.84
5.	B. Bayliss	NZ	65.78
6.	J. Marie	FR	66.60

Men 50-54

1.	W. Grady	AUST	62.20
2.	J. Speerstra	NZ	63.00
3.	H. Meiselbach	AUST	65.10
4.	I. Steedman	SCOT	66.60

Men 55-59

1.	A. Findeli	FR	66.35
2.	J. Rowe	CAN	68.30
3.	R. Spencer	USA	71.75
4.	F. Roslund	SW	74.89

Men 60-64

1.	R. Hunt	USA	71.20
2.	G. Watanabe	JAP	72.45
3.	M. Ohashi	JAP	73.31
4.	O. Olvland	SW	73.60
5.	C. West	AUST	86.28

Men 65-69

1.	J. Satti	USA	77.88
2.	A. Smith	AUST	92.64

Men 70-74

1.	W. Biglow	USA	1:24.09
2.	P. Ludwig	GER	1:31.63
3.	St. Thompson	USA	1:34.68
4.	G. Simpson	AUST	1:43.83
5.	W. Frederick	USA	1:46.39

Men 75-79

1.	H. Anderson	USA	1:36.46
2.	A. Tickmanis	CAN	1:58.49

3000 Metre SteeplechaseMen 40-44

1.	J. Bowers	AUST	9:42.63
2.	M. Hirschfeld	GER	9:53.70
3.	D. Davies	BR	10:01.95
4.	S. Gunnarsson	SW	10:16.28
5.	F. Szponik	GER	10:16.28
6.	B. Kenny	NZ	10:17.50

3000 Metre Steeplechase (cont'd)Men 45-49

1.	D. Warling	AUST	9:41.49
2.	J.D. Macdonald	NZ	9:43.42
3.	R. Jones	NZ	10:01.83
4.	H. Higdon	USA	10:13.83

Men 50-54

1.	A. Taylor	CAN	10:45.6
2.	D. Stevenson	USA	10:53.20
3.	L. Fletcher	AUST	10:53.75
4.	P. Timmings	NZ	10:58.69
5.	T. Hopman	HOL	11:02.50
6.	S. Gawler	NZ	11:09.03

Men 55-59

1.	J. Kystad	NOR	11:00.97
2.	T. Orr	AUST	11:22.81
3.	H. Brutscheid	GER	11:49.66
4.	A.F. Merrett	AUST	11:59.87
5.	D. Farquharson	CAN	13:06

Men 60-64

1.	O. Elvland	SW	12:20.34
2.	A. Gruber	AUT	12:38.18
3.	M. Ohashi	JAP	13:18.09
4.	C. Green	NZ	13:48.25

Men 65-69

1.	S. Nicholls	AUST	12:57.56
2.	R. Boal	USA	13:23.84
3.	T. Bartlett	NZ	13:35.00

Men 70-74

1.	W. Bigelow	USA	14:34.64
2.	J. Jamieson	NZ	15:09.75
3.	P. Ludwig	GER	16:19.64

5000 Metre WalkMen 40-44

1.	R. Mee	AUST	24:04.73
2.	P. Andreotti	IT	24:12.26
3.	M. Schroeder	GER	25:07.56
4.	R. Parkins	BR	25:38.40
5.	A. Hancock	AUST	26:00.52
6.	A. Agnew	NIR	27:05.98

Men 45-49

1.	H. Summers	AUST	23:38.92
2.	H. Molisch	AUT	24:14.88
3.	P. Markham	BR	24:20.92
4.	B. Renney	USA	24:42.74
5.	N. Hinton	NZ	24:59.52
6.	W. Schmidt	GER	25:01.00

Men 50-54

1.	D. Fotheringham	BR	25:12.4
2.	J. Kelly	USA	25:26.2
3.	A. Scott	SW	25:44.3
4.	R. Whitham	AUST	26:28.6
5.	D. Stone	AUST	28:36.6
6.	F. Alpin	NZ	30:21.6

Men 55-59

1.	R. Mimm	USA	26:11.77
2.	H. Kloppe	GER	26:44.85
3.	J. Todd	NIR	26:45.99
4.	S. Blackmore	NZ	27:03.82
5.	A. Lundstrom	SW	27:34.2
6.	E. Alomaine	BEL	28:50.3

Men 60-64

1.	M. Gould	CAN	27:17.60
2.	V. Townsend	AUST	27:32.80
3.	H. Johnson	USA	29:34.47
5.	H. Surlano	AUG	29:56.78
6.	V. Grandy	USA	30:09.17

Men 65-69

1.	T. Dainty	AUST	26:26.80
2.	J. Webber	AUST	28:49.74
3.	A. Poole	BR	29:12.78

Men 70-74

1.	G. Wallace	USA	30:11.17
2.	J. Hanna	USA	30:39.17
3.	G. Knott	USA	31:25.21

Men 75-79

1.	W. Grierson	AUST	37:36.71
2.	W. McFadden	USA	37:43.81
3.	H. van Gelder	USA	40:46.49

5000 Metre Walk (cont'd)

<u>Men 80+</u>				<u>Women 70-74</u>			
1.	A. Theobald	AUST	33:4.6	1.	J. Butcher	GER	37:54.19
2.	W. Empey	AUST	39:37.26				
3.	V. Empey	AUST	42:12.40				
<u>Women 35-39</u>				<u>Women 75-79</u>			
1.	J. Farr	GER	27:29.70	1.	R. Rotherfarb	USA	40:48.33
2.	J. Johnson	AUST	29:20.44				
3.	K. Lindgren	SW	30:19.31	<u>High Jump</u>			
4.	E. Macfarlane	AUST	31:05.67	<u>Men 40-44</u>			
5.	R. Mee	AUST	31:26.40	1.	R. Pandey	IND	1.79
<u>Women 40-44</u>				2.	H. Thomann	GER	1.70
1.	S. Miller	AUST	26:55.35	3.	G. Bane	USA	1.65
2.	M. Stanway	AUST	27:08.52	4.	T. Hancock	AUST	1.60
3.	J. Russell	AUST	27:21.30	5.	K. Tajima	JAP	1.60
4.	G. Bornwasser	GER	29:24.75	6.	G. Hoernemann	GER	1.55
5.	H. Karlsson	SW	36:59.78	<u>Men 45-49</u>			
<u>Women 45-49</u>				1.	H. Wyatt	USA	1.83
1.	L. Kalweit-Marloth	GER	31:33.01	2.	Y. Higashi	JAP	1.75
2.	B. Dunsford	BR	38:00.80	3.	N. Newton	USA	1.74
<u>Women 50-54</u>				<u>Men 50-54</u>			
1.	M. Ohlsson	SW	28:46.06	1.	J. Brown	USA	1.75
2.	S. Brasher	AUST	29:09.02	2.	E. Austin	USA	1.67
3.	O. Meye	GER	29:21.79	3.	S. Varney	USA	1.64
4.	M. Anderson	SW	31:43.18	4.	T. Ojkawa	JAP	1.55
5.	J. O'Neil	AUST	34:41.86	5.	H. Fackler	GER	1.55
<u>Women 55-59</u>				6.	P. Wells	NZ	1.50
1.	M. Colhup	AUST	30:48.21	<u>Men 55-59</u>			
2.	A. Moser	GER	32:54.02	1.	S.B. Hall	USA	1.60
3.	R. Kash	USA	34:18.26	2.	G. Scanabissi	IT	1.35
4.	R. Webber	AUST	34:51.54	3.	N.N. Rodley	NZ	1.30
5.	V. Tyson	AUST	35:11.35	<u>Men 60-64</u>			
6.	M. Johansson	SW	36:00.63	1.	G. Gist	USA	1.49
<u>Women 60-64</u>				2.	R. Rainio	FIN	1.46
1.	B. Tibbling	SW	28:39.80	3.	O. Gillett	USA	1.48
2.	M. Bengtsson	SW	28:57.35	4.	K. Langer	GER	1.40
3.	G. McDonald	AUST	36:32.37	5.	N. Barth	GER	1.40
4.	M. Cahill	AUST	38:39.00	<u>Men 65-69</u>			
5.	L. Schepe	GER	40:52.83	1.	I. Hume	CAN	1.42
				2.	F. Finger	USA	1.32
				3.	S. Verdejo	PUR	1.32
				4.	M. Mortla	JAP	1.26
				5.	W. Bernhardt	GER	1.23
				6.	J. Mowatt-Wilson	NZ	1.23

High Jump

<u>Men 70-74</u>				<u>Women 60-64</u>			
1.	S. Thompson	USA	1.31	1.	H. Jahn	GER	0.96
2.	F. Graf	GER	1.28	2.	D. Callan	USA	0.81
3.	G. Tang-Holbek	DEN	1.28	<u>Women 65-69</u>			
4.	W. Dunham	USA	1.25	1.	A. Reile	GER	1.11
5.	W. Streubel	GER	1.20	2.	H. Mitschke	GER	1.02
6.	W. Bigelow	USA	1.20	<u>Long Jump</u>			
<u>Men 75-79</u>				<u>Men 40-44</u>			
1.	G. Singh	IND	1.25	1.	H. Thomann	GER	6.40
2.	H. Anderson	USA	1.20	2.	W. Schallau	GER	6.16
3.	A. Ticmanis	CAN	1.15	3.	K. Tajimo	JAP	6.13
4.	H. van Gelder	USA	1.10	<u>Men 45-49</u>			
<u>Men 80+</u>				1.	D. Sarwamade	HOL	6.28
1.	S. Falk	SW	0.90	2.	R. Williams	NZ	6.28
<u>Women 35-39</u>				3.	D. Ward	NZ	5.65
1.	E. Springmann	GER	1.45	4.	J. Schwankner	GER	5.64
2.	S. Lopez	CHI	1.35	5.	J. McGrath	AUST	5.56
3.	M. Dunham	USA		6.	J. Sturzaker	AUST	
<u>Women 40-44</u>				<u>Men 50-54</u>			
1.	H.R. Searle	AUST	1.51	1.	C. Veraguardia	VEN	5.74
2.	I. Kirchhofs	GER	1.39	2.	V. Barti	SW	5.57
3.	B. Schmidt	GER	1.36	3.	L. Schaefer	AUST	5.34
4.	L. Ostreng	NOR	1.36	4.	M. Siegenstroth	GER	5.26
5.	A. McIntosh	NZ	1.33	5.	M. Jericke	GER	5.13
6.	J. Richards	AUST	1.30	6.	J.A. Donley	USA	5.11
<u>Women 45-49</u>				<u>Men 55-59</u>			
1.	K. Kiener	GER	1.38	1.	D. Tomorie	YUG	5.38
2.	I. Paileuliet	HOL	1.30	2.	S. Cordes	AUST	5.27
3.	C. Miller	USA	1.30	3.	K. McConeil	AUST	5.15
4.	A. Ten-Tusscher	HOL	1.15	4.	R. Spencer	USA	5.04
5.	I. Bishop	NZ	1.10	5.	E. Cagnolapi	IT	4.79
<u>Women 50-54</u>				6.	G. Kuhner	GER	4.73
1.	B. Vine	NZ	1.18	<u>Men 60-64</u>			
<u>Women 55-59</u>				1.	R. Rainio	FIN	4.83
1.	A. Wood	NZ	1.29	2.	J. Drewing	GER	4.75
2.	K. Hveen	NOR	1.26	3.	O. Schwarz	GER	4.75
3.	Pleuger	GER	1.20	4.	B. Gist	USA	4.59
4.	E. Jacobsen	DEN	1.17	5.	C. West	AUST	4.44
5.	M. Gibbs	AUST	0.96	6.	V. Carpentier	BEL	4.44

Long JumpMen 65-69

1.	J. Satti	USA	4.78
2.	M. Morita	JAP	4.70
3.	I. Hume	CAN	4.69
4.	J.R.H. Schneider	GER	4.48
5.	A. Lasch	GER	4.40
6.	F.E. Mahlo	GER	3.98

Men 70-74

1.	G. Tang-Holbek	DEN	3.99
2.	S. Thompson	USA	3.97
3.	W. Streubel	GER	3.79

Men 75-79

1.	G. Singh	IND	4.27
2.	H. Meyers	USA	3.67
3.	W. McFadden	USA	3.60

Men 80+

1.	S. Falk	SW	2.35
2.	E. Zemljak	YUG	2.04

Women 35-39

1.	D. Breul	GER	5.63
2.	P.A. McNab	BR	5.36
3.	U. Lund	AUST	5.08
4.	S. Lopez	CH	4.76
5.	M. Piper	USA	4.56
6.	E.C. Coleman	AUST	4.56

Women 40-44

1.	H. Searle	AUST	5.13
2.	E. Briesenick	GER	5.09
3.	A. McIntosh	NZ	4.90
4.	I. Kirchhofs	GER	4.84
5.	J.F. Parker	NZ	4.76
6.	S. Schmidts	GER	4.66

Women 45-49

1.	K. Diener	GER	4.70
2.	B. Steedman	SCOT	4.30
3.	E. Dwenger	GER	4.17
4.	C. Miller	USA	4.14
5.	H. Doherty	AUST	4.02
6.	A. Hade	GER	3.52

Women 50-54

1.	S. Seuberlich	GER	4.46
2.	S. Peterson	NZ	4.21
3.	C. Wippersteg	GER	3.97
4.	D. Drewing	GER	3.90
5.	C. Blair	NZ	3.81
6.	A. Weller	CHI	3.57

Women 60-64

1.	D. Callan	USA	1.47
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Women 65-59

1.	R.A. Sole	NZ	3.40
2.	H. Mitschke	GER	2.79
3.	A. Reille	GER	2.64
4.	K. Kenneth-Low	NZ	2:19.4

Triple JumpMen 40-44

1.	H. Thomann	GER	13.20
2.	K. Tajima	JAP	12.25
3.	K. Konoike	JAP	12.02
4.	K. Marchlowitz	GER	11.94
5.	R. Stone	AUST	11.85

Men 45-49

1.	J. Sturzaker	AUST	12.07
2.	C. Kuo	TAI	11.71
3.	A. Schnappauf	GER	11.35
4.	T. Ichigaki	JAP	11.20
5.	E. Button	NZ	11.05
6.	K. White	AUST	11.43

Men 50-54

1.	C. Veraguardia	VEN	12.25
2.	V. Barti	SW	12.07
3.	H. Fackler	GER	11.31
4.	J. Brown	USA	11.22
5.	T. Oikawa	JAP	10.63
6.	L. Milne	NZ	10.57

Men 55-59

1.	K. McConnell	AUST	11.89
2.	D. Tomovic	YUG	10.94
3.	S. Cordes	GER	10.78
4.	F. Connor	AUST	10.58
5.	R. Spencer	USA	10.00
6.	Y. Yamane	JAP	9.75

Triple JumpMen 60-64

1.	C. West	AUST	10.55
2.	R. Raino	FIN	10.26
3.	N. Barth	GER	9.84
4.	H. Logan	AUST	9.36
5.	J. Drewing	GER	9.14
6.	O. Elvland	SW	9.08

Men 65-59

1.	I. Hume	CAN	10.66
2.	N. Norita	JAP	9.60
3.	J. Schneider	GER	9.21
4.	J. Satti	USA	8.68
5.	A. Smith	AUST	8.36
6.	D. Ross	NZ	7.40

Men 70-74

1.	G. Tang-Holbek	DEN	8.27
2.	S. Thompson	USA	7.99
3.	F. Graf	GER	7.60
4.	W. Streubel	GER	7.56
5.	G. Simpson	AUST	7.15
6.	R. Bauer	GER	6.75

Men 75-79

1.	G. Singh	IND	8.72
2.	W. McFadden	USA	8.39
3.	H. Van Gelder	USA	7.21
4.	H. Anderson	USA	7.02
5.	A. Ticmanis	CAN	5.96

Men 80+

1.	S. Falk	SW	8.66
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Pole VaultMen 40-44

1.	W. Sokolowski	USA	4.60
2.	H. Lagerqvist	SW	4.40
3.	R.L. Pendey	IND	3.80
4.	L. Sterckx	BEL	3.70
5.	B. Senior	NZ	3.70
6.	L. Bane	USA	3.60

Men 45-49

1.	G. Ball	BR	3.80
2.	G. Dumas	CAN	3.60
3.	J. Day	BR	3.20

Men 50-54

1.	J. Donley	USA	3.80
2.	C. Martret	FR	3.20
3.	G. Brown	AUST	3.20
4.	C. Raab	CH	2.95
5.	H. Wynhoven	AUST	2.85
6.	L. Scharfer	AUST	2.62

Men 55-59

1.	D. Grosh	USA	3.20
2.	V. Wolfe	USA	3.00

Men 60-64

1.	J. Vernon	USA	3.10
2.	R. Raino	FIN	2.70
3.	O. Gillett	USA	2.60
4.	G. Erdal Aase	NOR	2.30

ShotMen 40-44

1.	K. Flecke	GER	15.38
2.	U. Sohar	ISR	14.72
3.	H. Ebeling	GER	14.04
4.	W. Methner	GER	13.55
5.	E. Kolmel	GER	13.35
6.	C. Klehm	USA	11.99

Men 45-49

1.	P. Speckens	GER	15.05
2.	V. Vracar	YUG	13.28
3.	E. Neubauer	GER	12.26

Men 50-54

1.	K. Wendel	GER	15.11
2.	R. Rzehak	GER	13.87
3.	G. Lawless	NZ	13.12
4.	W. Modersohm	GER	12.56
5.	H. Duholm	DEN	12.48
6.	B. Hallinder	SW	12.38

Men 55-59

1.	Hombreicher	GER	14.66
2.	P. Strandli	SW	13.26
3.	A. Pavulinis	AUST	12.52
4.	A. Husband	NZ	12.31
5.	V. Jonsson	SW	11.66
6.	S. Johnson	NZ	11.39

Shot (cont'd)Men 60-64

1.	A. Sibidel	BRU	14.69
2.	K. Werner	GER	13.80
3.	A. Zakis	CAN	13.02
4.	O. Bror	SW	12.72
5.	H. Bischoff	GER	12.60
6.	D. Gibson	NZ	12.55

Men 65-69

1.	J. Schneider	GER	12.87
2.	G. Schepe	GER	12.82
3.	B. Proceddu	IT	12.39
4.	J. Mowatt-Wilson	NZ	11.98
5.	J. Forchete	GER	11.98
6.	E. Federmann	GER	11:45

Men 70-74

1.	R. Sattler	GER	11.59
2.	H. Hirsch	GER	11.04
3.	L. Perenyi	USA	10.35
4.	F. Graf	GER	10.28
5.	K. Loch	GER	9.82
6.	K. Lonitz	GER	9.45

Men 75-79

1.	V. Anderson	SW	10.33
2.	A. Ticmanis	CAN	9.72
3.	W. Kearn	GER	8.70
4.	H.W. Van Gelder	USA	8.68
5.	H.F. Anderson	USA	8.34
6.	A.R. White	CAN	4.87

Men 80-84

1.	S.A. Falk	SW	6.02
2.	E. Zemljake	YUG	5.26

Women 35-39

1.	G. Johansson	SW	13.04
2.	D. Breul	GER	12.3
3.	U. Lund	AUST	11.61
4.	E. Springmann	GER	11.54
5.	L. Schattner	GER	10.67
6.	K. Schallau	GER	10.53

Women 40-44

1.	V.J. Young	NZ	13.31
2.	R. Westerholt	GER	10.22
3.	I. Holzknicht	GER	10.01
4.	S. Schmidts	GER	9.35
5.	V. Hood	NZ	9.18
6.	A. Fraser	AUST	8.80

Men 45-49

1.	E. Huber	GER	13.40
2.	A. Brommel	GER	12.39
3.	C. Domingos	BRA	12.07
4.	J. Preece	AUST	11.04
5.	L. Avellan	ARG	9.88
6.	H. Doherty	AUST	9.63

Women 50-54

1.	M. Haum	GER	11.71
2.	E. Bahamondes	CHI	10.98
3.	S. White	AUST	10.48
4.	S. Kinsey	USA	8.69
5.	T. Tomsons	CAN	8.35
6.	C. Blair	NZ	7.38

Women 55-59

1.	I. Pleuger	GER	8.98
2.	A. Wood	NZ	8.98
3.	M. Barth	GER	7.99
4.	G. Gold	GER	6.90
5.	I. Lister	NZ	6.44
6.	M. Gibbs	AUST	5.81

Women 60-64

1.	L. Schepe	GER	6.21
2.	M. Cahill	AUST	5.80
3.	E. Mighofer	GER	5.65
4.	D. Callan	USA	5.14

Women 65-69

1.	A. Reile	GER	8.36
2.	J. Gelbrich	GER	7.44
3.	H. Mitsehke	GER	6.38
4.	R. Sole	NZ	5.79
5.	S. Pierce	NZ	5.45

Women 75+

1.	I. Sarnamaa	FIN	6.90
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DiscusMen 40-44

1.	H. Rocken	GER	45.12
2.	G. Plucker	GER	41.58
3.	E. Kolmel	GER	40.52
4.	B. Sowerby	AUST	35.02
5.	P. Singh	MAL	35.02
6.	G. Pabst	GER	34.68

Discus (cont'd)Men 45-49

1.	P. Speckens	GER	46.56
2.	R. Williams	NZ	40.42
3.	S. Joginder	IND	39.94
4.	R.G. Ball	BR	37.48
5.	E. Neubauer	GER	35.52
6.	H. Oetken	GER	34.46

Men 50-54

1.	K. Wendel	GER	48.62
2.	H. Duhaln	DEN	45.14
3.	G. Lawless	NZ	43.74

Men 55-59

1.	R. Strandli	SW	43.76
2.	V. Jonsson	SW	40.68
3.	E. Porta	ARG	38.40
4.	A. Pavulins	AUST	35.70
5.	A. Husband	nz	34.74
6.	J. King	NZ	34.56

Men 60-64

1.	A. Koch	GER	40.10
2.	O. Bror	SW	39.88
3.	A. Sibidel	BRU	39.60
4.	D. Vujacic	YUG	37.14
5.	N. Barth	GER	36.74
6.	G. Erdal-Aase	NOR	35.90

Meh 65-69

1.	N. Riboni	IT	39.74
2.	J. Frochte	GER	37.96
3.	B. Borceddu	IT	36.10
4.	J. Mowatt-Wilson	NZ	34.34
5.	H. Meisinger	GER	38.86
6.	O. Lubbe	GER	33.14

Men 70-74

1.	R. Sattler	GER	31.27
2.	W. Streubel	GER	29.58
3.	L. Persenyi	USA	29.26
4.	S. Sundal	NOR	28.60
5.	H. Hirsch	GER	24.86
6.	H. Gandert	GER	23.60

Men 75-79

1.	V. Anderson	SW	35.58
2.	A. Ticmanis	CAN	25.58
3.	W. McFadden	USA	24.36
4.	H. Anderson	USA	21.82
5.	A. White	CAN	11.14

Women 35-39

1.	G. Johansson	SW	41.48
2.	M. Piper	USA	33.98
3.	L. Sangren	SW	33.90
4.	O. Lund	AUST	33.74
5.	I. Schattner	GER	31.42
6.	P. Peitler	YUG	33.28

Women 40-44

1.	I. Young	NZ	43.48
2.	V. Good	NZ	31.32
3.	I. Holzknicht	GER	30.58
4.	Y. Sosano	MEX	30.21
5.	A. Scott	NZ	29.70
6.	M. Dunbar	AUST	26.80

Women 45-49

1.	O. Domingos	BRA	48.24
2.	A. Brommel	GER	41.08
3.	I.A. Avellan	ARG	40.04
4.	M. Stanley	NZ	32.94
5.	H. Doherty	AUST	32.94
6.	D. Kozar	YUG	31.92

Women 50-54

1.	M. Hamm	GER	34.38
2.	S.R. White	AUST	31.44
3.	E. Bahamondes	CH	29.34
4.	S. Kinsey	USA	23.60

Women 55-59

1.	I. Pleuger	GER	23.46
2.	K. Hveem	NOR	21.84
3.	A.J. Wood	NZ	21.68
4.	M. Barth	GER	21.52

Women 60-64

1.	M. Cahill	AUST	14.40
2.	D. Callan	USA	13.16
3.	M. Stevens	AUST	12.54
4.	V. Le Rossignol	AUST	11.28

Women 65-69

1.	A. Reile	GER	26.54
2.	J. Gelbrich	GER	21.04
3.	K. Kenneth-Low	NZ	13.78
4.	E. Pierce	NZ	12.48

Women 75-79

1.	I. Sarnama	FIN	15.26
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Javelin

<u>Men 40-44</u>				<u>Men 70-74</u>			
1.	N. von Wartburg	SWIT	74.06	1.	B. Wischmann	GER	34.12
2.	E. Stump	GER	62.84	2.	R. Sattler	GER	30.96
3.	B. Rehpenning	GER	55.64	3.	W. Dunham	USA	27.78
4.	D. Leary	NZ	54.92				
5.	E. Schwaiger	GER	52.30	<u>Men 75-79</u>			
6.	T. Hancock	GER	51.04	1.	H. Anderson	USA	24.76
				2.	W. McFadden	USA	32.44
<u>Men 45-49</u>				3.	A. Ticmanis	CAN	30.26
1.	J. Kopitar	YUG	61.52	<u>Men 80+</u>			
2.	P. Connally	USA	61.20	1.	S. Falk	SW	11.80
3.	H. Engles	GER	60.58	<u>Women 35-39</u>			
4.	R.G. Ball	BR	57.76	1.	M. Thomas	AUST	43.60
5.	I. Zanjko	YUG	49.98	2.	M. Piper	USA	40.14
6.	J. Schwankner	GER	49.40	3.	P. Peitler	YUG	39.86
<u>Men 50-54</u>				4.	U. Lünd	AUST	35.48
1.	R. Rzehak	GER	54.84	5.	I. Schattner	GER	25.20
2.	J. Archchurch	AUST	50.44	6.	U. Fago	GER	25.14
3.	A.E. Grayburn	NZ	49.94	<u>Women 40-44</u>			
4.	V. Marks	NZ	46.60	1.	H. Bormuth	GER	32.52
5.	W. Perone	ARG	45.28	2.	J. Toar	IND	31.24
6.	Malvia	IND	43.04	3.	R. Westerholt	GER	30.74
<u>Men 55-59</u>				4.	G. Richards	AUST	24.08
1.	D. Frawley	AUST	45.58	5.	Z. Reinacher	GER	22.40
2.	A. Dreher	GER	41.90	6.	Y. Rojano	MEX	19.54
3.	A. Pavalins	AUST	40.26	<u>Women 45-49</u>			
4.	R. Carter	NZ	28.16	1.	A. Brommel	GER	43.16
5.	J. McLean	NZ	27.02	2.	A. Williams	BR	38.84
6.	E. Baker	NZ	22.68	3.	O. Valetino Domingos	BRA	36.84
<u>Men 60-64</u>				4.	M. Garcia-Girves	ARG	35.26
1.	A. Sibidol	BRU	53.50	5.	H. Doherty	AUST	34.38
2.	D. Vujacic	YUG	44.68	6.	C. Miller	USA	28.88
3.	N. Barth	GER	44.24	<u>Women 50-54</u>			
4.	K. Langer	GER	38.60	1.	S. White	AUST	36.22
5.	G. Erdal-Aase	NOR	33.82	2.	W. Hamm	GER	28.78
6.	D. Scratton	NZ	29.30	3.	C. Wippersteg	GER	28.0
<u>Men 65-69</u>				4.	S. Kinsey	USA	25.60
1.	G. Schepe	GER	42.88	5.	N. Tullett	AUST	18.94
2.	I. Hume	CAN	36.92	6.	L. Foley	AUST	16.64
3.	U.R.H. Schneider	GER	37.90				
4.	N. Hawke	NZ	27.88				
5.	V. Rosenberger	GER					
6.	J. Mowath-Wilson	NZ	25.48				

Javelin (cont'd)

<u>Women 55-59</u>				<u>Men 65-69</u>			
1.	E. Jacobsen	DEN	19.66	1.	M. Fowler	USA	38.68
2.	M. Gibbs	AUST	14.76	2.	O. Lubbe	GER	37.36
<u>Women 60-64</u>				3.	J. Fraser	AUST	36.84
1.	M. Cahill	AUST	15.06	4.	E. Federmann	GER	32.26
2.	V. DeRossignol	AUST	12.84	5.	S. Nath	IND	30.42
3.	P. Kirkwood	CAN	12.32	6.	N. Hawke	NZ	29.34
4.	M. Stevens	AUST	10.06	<u>Men 70-74</u>			
<u>Hammer</u>				1.	H. Hirsch	GER	27.08
<u>Men 40-44</u>				2.	T.S. Sundal	NOR	26.16
1.	H. Rocken	GER	55.52	3.	B. Wischmann	GER	25.18
2.	O. Rytönen	FIN	53.34	4.	L. Peresenyi	USA	25.02
3.	A. Singh	IND	51.94	5.	J. Munoz	CHI	17.62
4.	H. Ebling	GER	44.14	6.	H. Schneib	GER	17.34
5.	P. Weitz	CH	35.58	<u>Men 75-79</u>			
6.	C. Klehn	USA	35.58	1.	V. Anderson	SW	26.22
<u>Men 45-49</u>				2.	A. Timanis	CAN	21.56
1.	H. Potsch	AUT	61.36	3.	A. White	CAN	13.60
2.	K. Klebba	GER	44.00	<u>Men 80+</u>			
3.	L. Devlin	NZ	43.46	1.	A. Falk	SW	8.66
4.	D. Leadbetter	AUST	40.54	<u>Pentathlon</u>			
5.	R. Rose	NZ	37.82	<u>Men 40-44</u>			
6.	J.B. Davis	AUST	37.24	1.	W. Schallau	GER	3615 points
<u>Men 50-54</u>				2.	U. Keller	GER	3530 "
1.	R. Rzehak	GER	48.68	3.	G. Plücker	GER	3499 "
2.	K. Wendel	GER	48.42	4.	L.J. Mitchelson	AUST	3380 "
3.	H. Duholm	DEN	39.22	5.	H. Lange	GER	3212 "
4.	D. Leech	NZ	36.90	6.	G.D. Miller	USA	3138 "
5.	J. Versteeg	CAN	35.94	<u>Men 45-49</u>			
6.	H. Gogrof	GER	35.94	1.	R. Williams	NZ	4038 points
<u>Men 55-59</u>				2.	R.G. Ball	BR	3666 "
1.	M. Carr	NZ	38.14	3.	L. Marien	BEL	3500 "
2.	R. Contreras	ARG	38.34	4.	J. Schwankner	GER	2974 "
3.	K. Hermann	GER	36.00	5.	L. Storhaug	NOR	2725 "
4.	E. Porta	ARG	34.54	6.	D. Ward	NZ	2632 "
5.	J. Johnson	NZ	33.90	<u>Men 50-54</u>			
6.	A. Paulins	AUST	29.76	1.	W. Krucken	GER	3568 points
<u>Men 60-64</u>				2.	R. Hockreiter	AUST	3417 "
1.	O. Bror	SW	32.96	3.	H. Fackler	GER	3343 "
2.	G.E. Vickers	AUST	20.68	4.	V. Bartl	SW	2979 "
3.	C. McCartan	AUST	16.12	5.	K. Scheller	GER	2830 "
				6.	M. Jericke	GER	2716 "

Pentathlon (cont'd)

Men 55-59

1.	C. Akerblom	SW	3037	points
2.	R. Spencer	USA	2964	"
3.	A. Findlei	FR	2946	"
4.	A. Drcher	GER	2773	"
5.	D. Harris	USA	2609	"
6.	F.D. Commer	AUST	2282	"

Men 60-64

1.	J. Alexander	USA	3956	points
2.	A. Koch	GER	3445	"
3.	K. Langer	GER	3156	"
4.	C. West	AUST	2906	"
5.	G. Erdal-Aase	NOR	2807	"
6.	J. Drawing	GER	2546	"

Men 65-69

1.	I. Hume	CAN	3247	points
2.	G. Schepe	GER	3135	"
3.	J. Schneider	GER	3078	"
4.	W. Bernhardt	GER	1854	"
5.	R. Boal	USA	1767	"
6.	G. Currie	NZ	1216	"

Men 70-74

1.	W. Streubel	GER	2827	points
2.	S. Thompson	USA	2129	"
3.	J. Bierlein	USA	1690	"
4.	G. Simpson	AUST	1423	"
5.	L. Peresenyi	USA	807	"
6.	S. Ahrberg	SW	696	"

Men 75-79

1.	W. Kern	GER	2011	points
2.	H. Anderson	USA	1853	"
3.	A. Ticmanis	can	685	"

Women 35-39

1.	P. McNabb	BR	3676	points
2.	M. Alliston	NZ	3328	"
3.	M. Macleod	NZ	2592	"
4.	J. Lindley	NZ	2485	"

Women 40-44

1.	H. Dearle	AUST	3232	points
2.	I. Kirchhofs	GER	3202	"
3.	B. Schmidt	GER	3093	"
4.	L. Ostreng	NOR	2908	"
5.	A. Scott	NZ	2750	"
6.	U. Gore	BR	2558	"

Women 45-49

1.	H. Werner	GER	3605	points
2.	I. Rarlevliet	HOL	3224	"
3.	C. Brunker	NZ	2850	"
4.	H. Doherty	AUST	2736	"
5.	A. Hade	GER	2635	"
6.	I. Bishop	NZ	2457	"

Women 50-54

1.	C. Wippersteg	GER	3157	points
2.	B. Vine	NZ	2551	"
3.	A. Williams	NZ	2266	"

Women 55-59

1.	M.E. Biggs	AUST	1224	points
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Women 60-64

1.	D. Callan	USA	192	points
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Women 65-69

1.	A. Reile	GER	1946	points
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Women 75-79

1.	I. Sarnama	FIN	591	points
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Relay, 4 x 100 Metres

<u>Men 40-44</u>			
1.	Australia	44.84	
2.	Germany	45.35	
3.	Britain	46.18	
4.	New Zealand	46.24	

Men 45-49

1.	U.S.A.	45.46	
2.	Australia	45.61	
3.	Germany	47.06	
4.	New Zealand	48.50	

Men 50-54

1.	Australia	47.29	
2.	Germany	49.09	
3.	U.S.A.	50.71	
4.	Argentina	53.82	

Relay, 4 x 100 Metres (cont'd)

Men 55-59

1.	Germany	50.96	
2.	Australia	51.03	
3.	Canada	51.59	
4.	U.S.A.	53.32	

Men 60-64

1.	Germany	52.57	
2.	U.S.A.	52.58	
3.	Australia	53.74	
4.	India	74.62	

Women 35-39

1.	Australia	50.35	
2.	New Zealand	51.83	
3.	Germany	53.41	
4.	U.S.A.	57.97	

Women 40-44

1.	Australia	51.19	
2.	Germany	51.73	
3.	New Zealand	55.41	

Women 45-49

1.	Germany	53.73	
2.	New Zealand	56.75	
3.	Australia	71.60	

Women 50-54

1.	New Zealand	57.96	
2.	Germany	58.65	
3.	Australia	59.73	
4.	U.S.A.	63.35	

Women 55-59

1.	New Zealand	1:23.32	
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Women 60-64

1.	Germany	1:09.47	
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Women 65-69

1.	Germany	56.60	
2.	Australia	1:07.68	

Women 70-74

1.	Germany	1:05.26	
2.	U.S.A.	1:07.87	

Relay, 4 x 400 Metres

Men 40-44

1.	Australia	3:26.86	
2.	U.S.A.	3:26.94	
3.	Germany	3:36.38	
4.	New Zealand	3:39.38	

Men 45-49

1.	U.S.A.	3:37.11	
2.	Australia	3:41.80	
3.	Germany	3:43.29	
4.	New Zealand	3:52.87	

Men 50-54

1.	Australia	3:46.83	
2.	New Zealand	3:52.22	
3.	U.S.A.	4:01.50	
4.	Canada	4:04.98	
5.	Sweden	4:57.93	

Men 55-59

1.	Australia	4:00.32	
2.	Sweden	4:06.17	
3.	U.S.A.	4:08.81	
4.	Canada	4:19.57	

Men 60-64

1.	Australia	4:12.30	
2.	U.S.A.	4:16.30	
3.	Germany	4:45.92	

Men 75-79

1.	U.S.A.	5:48.18	
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Women 35-39

1.	Sweden	4:15.89	
2.	New Zealand	4:17.16	
3.	Australia	4:19.25	

Relay, 4 x 400 Metres (cont'd)

Women 40-44

- 1. Germany 4:20.74
- 2. New Zealand 4:21.73

Women 45-49

- 1. New Zealand 4:46.6
- 2. Australia 5:36.5

Women 50-54

- 1. U.S.A. 5:16.3

Cross Country - 10,000 M

Men 40-44

- 1. R.D. Robinson NZ 32:14
- 2. J. Robinson NZ 32:24
- 3. P. Voets BEL 32:36
- 4. A.G. Stock NZ 32:51
- 5. B.F. Atkins NZ 33:25
- 6. E.A. Paulin AUST 33:30

Teams

- 1. New Zealand
R.D. Robinson
J. Robinson
A.G. Stock

Men 45-49

- 1. J.L. Julion NZ 33:37
- 2. J.K. Macdonald NZ 33:49
- 3. R. Morgan-Morris NZ 34:11
- 4. J.D. Macdonald NZ 34:35
- 5. R. Jones NZ 34:52
- 6. J. Patterson AUST 35:00

Teams

- 1. New Zealand
J.L. Julion
J.K. Macdonald
J.D. Macdonald
7 points
- 2. Australia
R. Morgan-Morris
J. Patterson
A. Blonner
23 points
- 3. Canada
J. Conway
J. Johnson
B. Oxley

Men 50-54

- 1. A. Taylor CAN 35:17
- 2. J. Garitz GER 36:12
- 3. D. Melrose NZ 36:25
- 4. R. Piper AUST 36:41
- 5. T. Hapman HOL 36:48
- 6. P. Piper AUST 36:53

Men 55-59

- 1. G. Hesselmann GER 33:45
- 2. J. O'Neil USA 35:57
- 3. A. Ratelle USA 36:31
- 4. D.G. Weston AUST 37:38
- 5. J. Kystad NOR 38:06

Men 60-64

- 1. F.G. McGrath AUST 38:05
- 2. E. Leitner AUST 39:00
- 3. S. Hietanen CAN 39:04
- 4. R. Turnbull AUST 39:11
- 5. N. Roupe SW 40:13
- 6. B. Evans NZ 40:50

Teams

- 1. Australia
F.G. McGrath
R. Turnbull
E. McDonald
- 2. New Zealand
B. Evans
C. Jelley
R. Beardsley
- 3. Sweden
N. Roupe
B. Ericsson
A. Asplund

Men 65-69

- 1. G. Porteus SCOT 42:02
- 2. A. Burgoyne AUST 42:11
- 3. R.W. McMinnis BR 42:35
- 4. S.L. Nicholls AUST 44:01
- 5. D.H. Aupt GER 44:13
- 6. S. Boal USA 44:40

Teams

- 1. Australia
A. Burgoyne
S. Nicholls
E. Gamble
- 2. Germany
O. Haupt
J. Brauner
A. Pradella

Cross Country - 10,000 M

Men 70-74

- 1. J.I. Farrell SCOT 45:18
- 2. G. Wir SW 46:48
- 3. J. Brown AUST 47:11
- 4. J. Jamieson NZ 52:07
- 5. A. Frandsen DEN 60:28
- 6. E.C. Barnacle AUST 69:31

Men 75-79

- 1. F. Helber GER 48:25
- 2. M. Raschke GER 69:26
- 3. L. Charronneau FR 50:25
- 4. S. Hesketh AUST 51:55
- 5. A. Althaus GER 52:02
- 6. J. Jensen DEN 68:25

Teams

- 1. German
F. Helber
M. Raschke
A. Althaus

Men 80+

- 1. E. Zemljak YUG 87:41

Women 35-39

- 1. V. Foltz USA 39:10
- 2. L. Drury-Piper CAN 42:05
- 3. F. Kennedy NZ 42:38
- 4. I.M. Lund NZ 43:04
- 5. J.E. Woodham NZ 43:26
- 6. C. McKenzie NZ 45:05

Women 40-44

- 1. G. Ulliyott USA 40:03
- 2. A. Miles BR 41:30
- 3. A. Pearce AUST 43:14
- 4. A. Jones NZ 43:35
- 5. J. Don CAN 45:37
- 6. C. Walker CAN 45:37

Teams

- 1. Australia
A. Pearce
Calloghan
J. Wines
20 points
- 2. New Zealand
A. Jones
V. Green
H. Weeks
21 points

Women 45-49

- 1. M.P. D'Orlando IT 40:57
- 2. D. Stock USA 41:24
- 3. L. Kalweit-Marloth GER 43:47
- 4. E. Gyldenohr DEN 44:50
- 5. S. Redhead AUST 46:17
- 6. M. Horns USA 46:49

Teams

- 1. U.S.A.
D. Stock
M. Horns
M. Maricle
- 2. Australia
- 3. Denmark

Women 50-54

- 1. M. Suominen FIN 42:34
- 2. R. Anderson USA 45:41
- 3. S. Brasher AUST 47:10
- 4. S. Young AUST 48:16
- 5. M. Henrickson DEN 49:36
- 6. B. Ashton NZ 50:48

Teams

- 1. Australia
S. Brasher
S. Young
M. Sutcliffe
12 points
- 2. Germany

Women 55-59

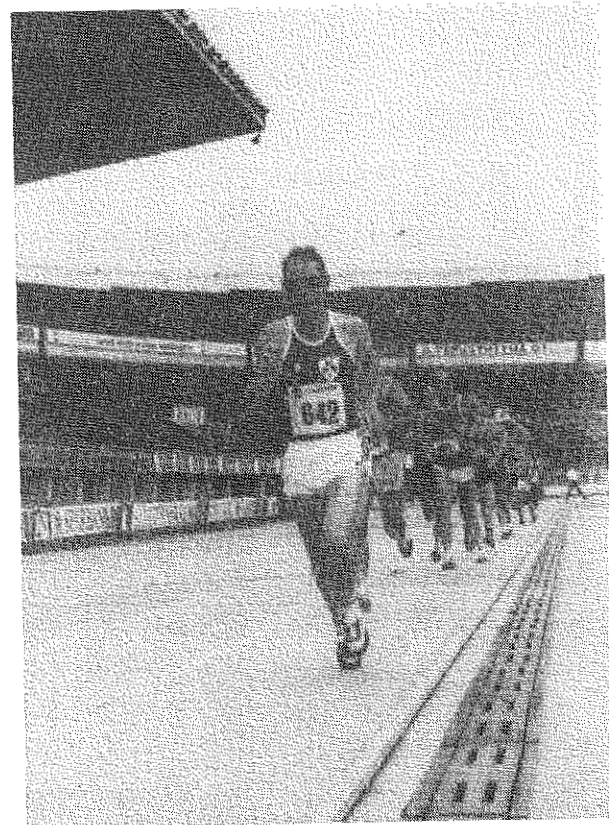
- 1. G. Bladh SW 49:29
- 2. E. Tuinzing USA 55:02
- 3. A. Rooser GER 55:09
- 4. P.M. Spiers NZ 61:30
- 5. I. Milsson SW 62:05

Women 60-64

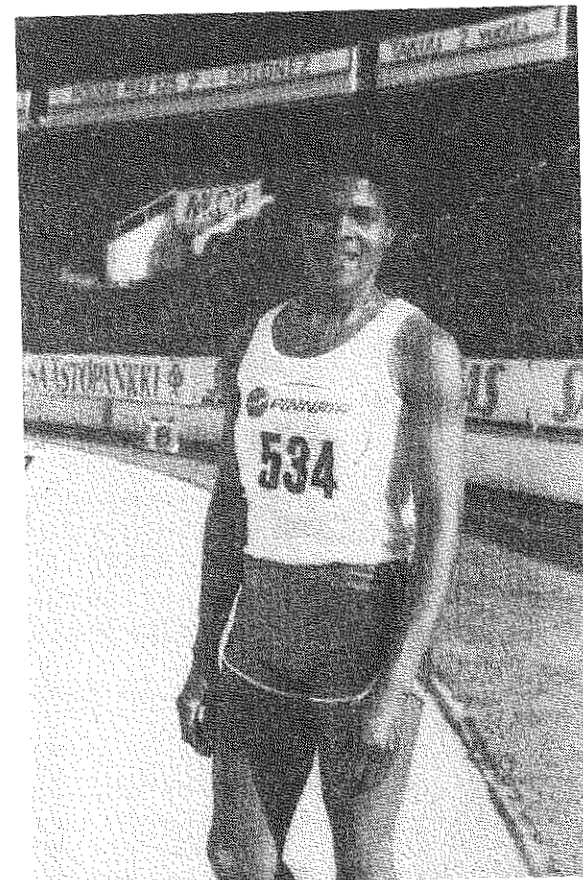
- 1. J. Kazdan CAN 54:40
- 2. E. Mighofer GER 65:53
- 3. G. Jjernlund SW 69:07

Women 65-69

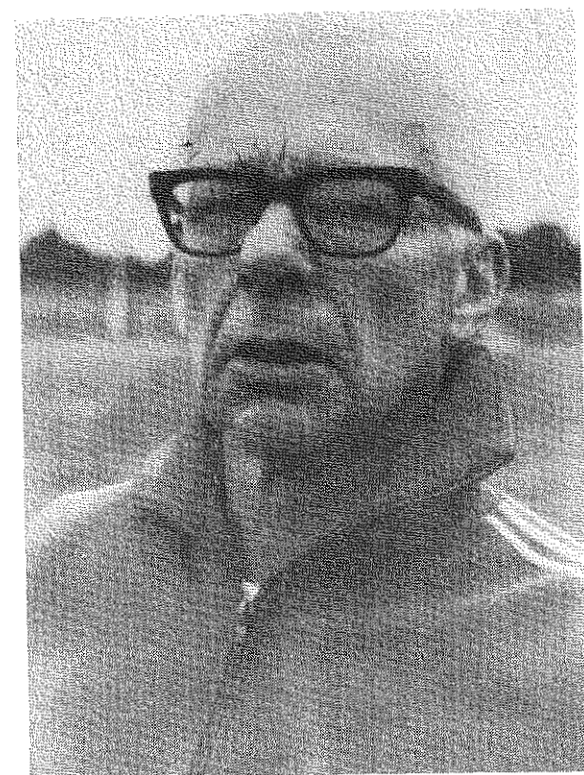
- 1. J. Luther GER 64:55



Michael Connolly M40 (Ireland). A spectacular win at 5000m as well as second spots at 1500m and 10,000m (Road, Palmerstown).



Una Gore (England)

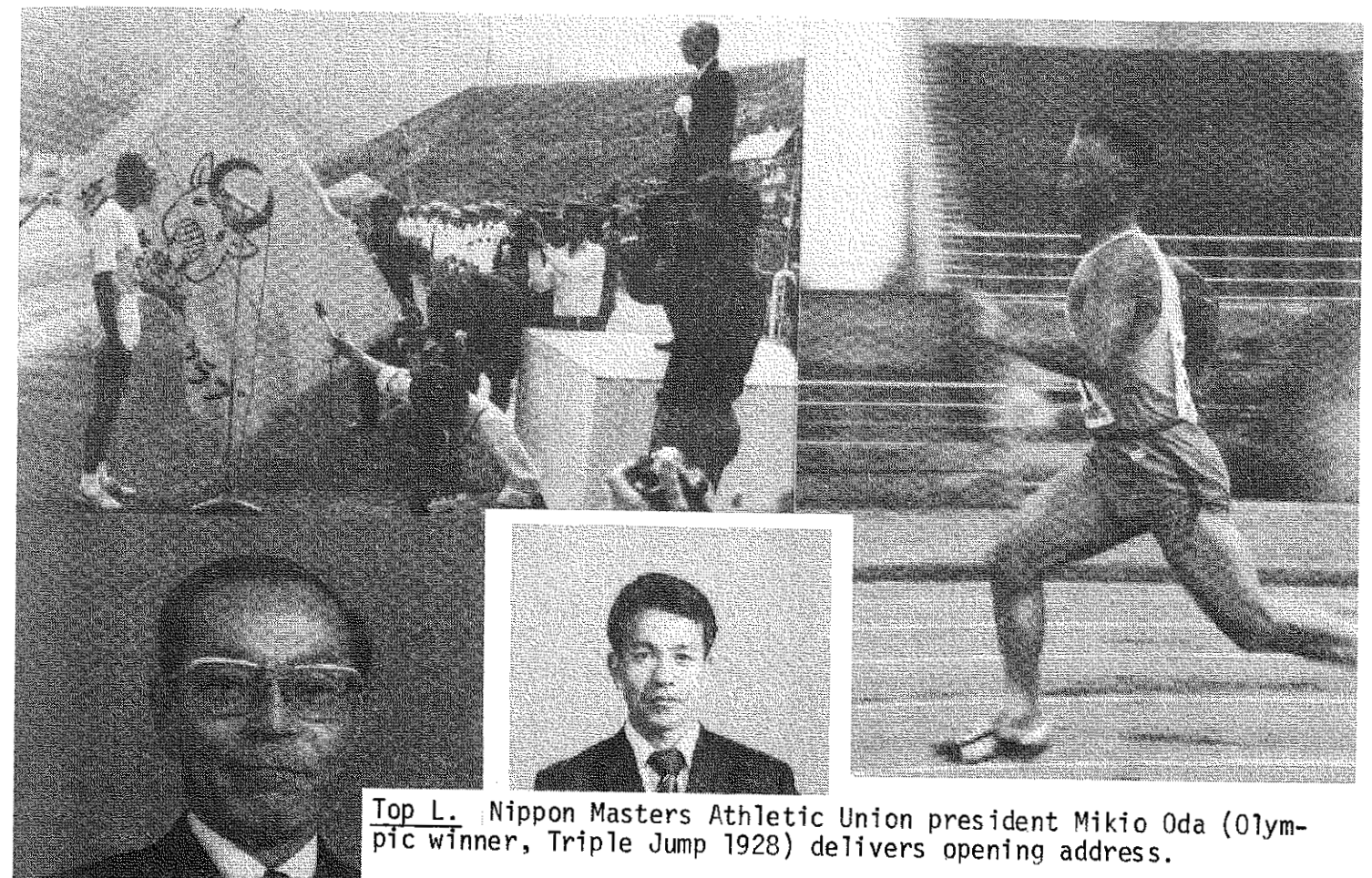


Sylvester Stein (England) M55 sprinter who won the 200m and took second spots at 100m and 400m.



Luis Torres of Puerto Rico holds the WAVA Flag which will fly at the 5th World Veterans Championships in his country 1983. Alan Horne of England looks on.

Scenes and personalities from the 1st Japanese Veteran Track and Field Championship 18th and 19th October 1980.



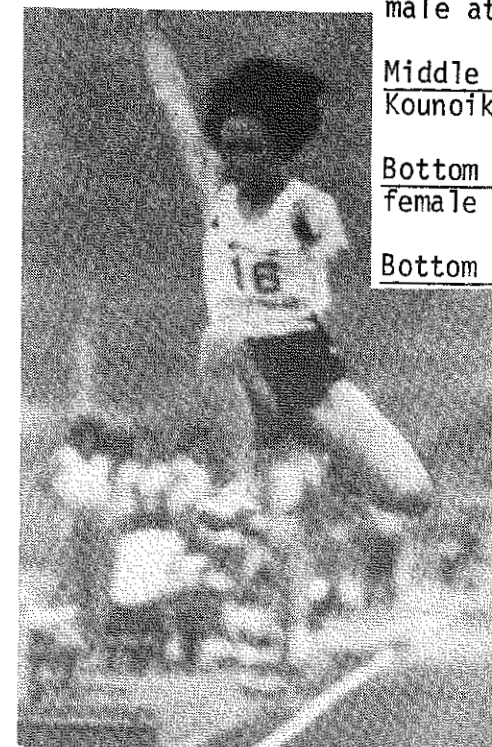
Top L. Nippon Masters Athletic Union president Mikio Oda (Olympic winner, Triple Jump 1928) delivers opening address.

Top R. M. Hieta (M50) winner 100, 200 and 400m was voted best male athlete.

Middle L. Gentaro Watanabe (V.P.) (Spectacles) and Kyoshi Kounoike (DIR.).

Bottom L. Mrs. Tokawa (W40) winner 100m and L.J. was voted best female athlete.

Bottom R. The closely contested men's 1500m finals M40.



Marathon

Men 40-44

1.	R. di Palmas	IT	2:19.34
2.	D. Fernee	CAN	2:21.44
3.	T. Manners	NZ	2:21.47
4.	H. Salavarda	BEL	2:22.13
5.	L. Walker	NZ	2:23.04
6.	J. Robinson	NZ	2:24.16
7.	F.A. Paulin	AUST	2:27.47
8.	F. Mueller	USA	2:27.58

Men 45-49

1.	H. Higdon	USA	2:29.27
2.	E. Hunter	NZ	2:30.51
3.	J.K. Macdonald	NZ	2:32.10
4.	J. Julian	NZ	2:33.28
5.	G. Hicks	AUST	2:37.56

Men 50-54

1.	P. Vanalphen	HOL	2:27.53
2.	K. Herneland	SW	2:43.27
3.	J. Goritz	GER	2:45.21
4.	R. Franklin	BR	2:47.36
5.	R. Piper	AUST	2:47.36

Men 55-59

1.	A. Ratelle	USA	2:36.30
2.	L. Karlssons	SW	2:46.40
3.	G. Perdon	AUST	2:47.54
4.	J. Sanchez-Sobrin	SPA	2:54.08
5.	A. Wiseman	HOL	2:56.14
6.	G. Moller	NZ	2:57.21

Men 60-64

1.	F. McGrath	AUST	2:52.08
2.	B. Evans	NZ	2:53.34
3.	S. Hietanen	CAN	2:55.45

Men 65-69

1.	G. Porteus	SCOT	3:02.23
2.	S. Nicholas	AUST	3:09.46
3.	A. Quaranta	IT	3:22.20

Men 70-74

1.	K. Schafer	GER	3:42.30
2.	L. Smith	NZ	4:14.49
3.	Z. Jakie	YUG	4:16.19

Men 75-79

1.	G. Cormier	FR	4:56.08
2.	C. Bendig	BR	5:28.58

Men 80+

1.	E. Zemljak	YUG	6:41.17
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Women 35-39

1.	V. Foltz	USA	2:59.30
2.	C. Billington	BR	2:59.42
3.	L. Drury-Piper	CAN	3:02.41

Women 40-44

1.	R. Hames	NZ	2:54.59
2.	Y. Miles	BR	3:03.00
3.	P. Rhodes	NZ	3:10.47

Women 45-49

1.	N. Hayden	USA	3:09.58
2.	M. Horns	USA	3:17.59
3.	E. Liebe	GER	3:22.24

Women 50-54

1.	M. Hawkins	NZ	3:12.27
2.	M. Suominen	FIN	3:12.42
3.	S. Wiseman	HOL	3:20.35

Women 60-64

1.	J. Kazden	CAN	3:54.41
2.	F. Liedike	GER	4:43.36

Women 65-69

1.	W. Kretschmer	GER	4:33.54
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Women 70-74

1.	A. Forbes	NZ	4:56.52
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20KM Road Walk

Men 40-44

1.	J. Smith	AUST	1:34.09
2.	R. Mee	AUST	36.24
3.	J. Salter	AUST	1:40.18
4.	P. Andreotti	IT	1:40.47
5.	F. Zahringer	GER	1:40.55
6.	R. Parkinos	BR	1:47.10

20KM Road Walk (cont'd)

Men 45-49

1.	Malisch	AUT	1:39.36
2.	H. Summers	AUST	1:40.07
3.	P. Markham	BR	1:40.30
4.	M. Hinton	NZ	1:41.35
5.	P. Gobbota	IT	1:41.43
6.	W. Schmidt	GER	1:43.34

Men 50-54

1.	D. Fotheringham	BR	1:46.48
2.	A. Scott	SW	1:47.31
3.	J. Kelly	USA	1:48.36
4.	R. Whitham	AUST	1:53.29
5.	D. Stone	AUST	2:00.47
6.	F. Aplin	NZ	2:02.24

Men 55-59

1.	R. Mimm	USA	1:99.13
2.	H. Kloppe	GER	1:50.11
3.	A. Lundstrom	SW	1:54.41
4.	G. Nevitt	AUST	1:59.17
5.	E. Alomaine	BEL	2:01.56
6.	W. McBride	AUST	2:07.4

Men 60-64

1.	M. Gould	CAN	1:51.34
2.	V. Townsend	AUST	1:52.49
3.	H. Suriano	AUG	1:58.17
4.	G. Treevy	AUST	2:01.20
5.	D. Johnson	USA	2:02.18
6.	V. Granby	USA	2:03.44

Men 65-69

1.	T. Daintry	AUST	1:51.18
2.	J. Webber	AUST	2:02.55
3.	A. Poole	BR	2:04.03
4.	H. Ermatinger	SWI	2:06.13
5.	F. McGuire	AUST	2:10.50
6.	G. Halifax	BR	2:11.12

Men 75-79

1.	J. Jensen	DEN	2:32.56
2.	W. Grierson	AUST	2:40.24

Men 80+

1.	A. Theobald	AUST	2:22.12
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10KM Road Walk

Women 35-39

1.	J.U. Farr	BR	54:58.1
2.	J. Johnson	AUST	56:37.6
3.	K. Lindgren	SW	61:11.3
4.	R. Mee	AUST	68:11.7
5.	E. MacFarlane	AUST	68:30.6

Women 40-44

1.	S.A. Miller	AUST	54:05.4
2.	M. Stanway	AUST	55:00.6
3.	J.C. Russell	AUST	55:38.2
4.	G. Barnwasser	GER	57:41.7

Women 45-49

1.	B. Dunsford	BR	74:53.6
2.	C. Smith	USA	80:54.9

Women 50-54

1.	M. Ohlsson	SW	78:17.0
2.	O. Meder	GER	56:43.5
3.	S. Bradshen	AUST	59:56.4
4.	M. Anderson	SW	63:18.9
5.	R. Brouwers	GER	65:57.6
6.	J. O'Neill	AUST	73:12.3

Women 55-59

1.	M. Colthup	AUST	60:58.3
2.	A. Mooser	GER	65:56.9
3.	R. Krash	USA	68:44.3
4.	R. Webber	AUST	68:58.6
5.	M. Johansson	SW	71:10.2

Women 60-64

1.	B. Tibbling	SW	56:53.9
2.	M. Bengtsson	SW	56:55.0
3.	G. McDonald	AUST	73:12.8
4.	L. Schepe	GER	82:41.3

Women 65-69

1.	J. Luther	GER	72:08.1
2.	K. Kenneth-Low	NZ	88:35.9

Women 70-74

1.	J. Butcher	GER	76:58.9
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World Assoc. of Veteran Athletes By-Laws

by Bob Fine

North American

Representative to WAVA

These By-Laws were composed based on the experience of four world championships plus a great deal of study and input from the athletes and officials. The Executive Committee tried to accommodate as many competitors as possible in composing these rules. It is hoped that these rules will be followed in national and local competition. These rules are required to be followed in all international meets.

The following is an explanation for the reason for some of the rules.

#3. At the present time, performance standards to compete or to receive an award have been rejected. However, there has been considerable sentiment for imposing standards to receive an award when there are three or less competitors in an event. The reason for this is that many competitors are competing in events where there is little or no competition just for an award. This is particularly true in the older divisions. For example, one 70+ competitor was upset because he would be unable, due to scheduling, to compete in both the marathon and the weight event! Performance standards in order to compete would only be imposed if the number of entrants becomes too large to handle. 2,400 competed in New Zealand. 5,000 are expected in Puerto Rico.

#4. The Executive Committee (EC) felt that all finals should be run on the main track. With the substantial number of entrants in divisions M40, M45 and M50, a large number of trial heats will be needed in the short distances. These may be held on secondary tracks. In the 5K & 10K runs a compromise was reached in which seeded runners in two sections (about 40 in all) would compete on the main track, with unseeded runners on secondary tracks. There has been difficulty in getting entrants to list their proper times and in many cases they don't list their times at all. Because of this, certification by the national bodies for the 5K and 10K seeded runners will be required.

As an experiment, there will be no relays in Puerto Rico. The reason being that the host countries usually dominate by sheer numbers and the smaller countries just don't have enough competitors to comprise a team.

#5. There has been some modification in the hurdles relative to the distances to be run between them. The distances selected were based on the opinions expressed by the majority of the athletes. There was concern regarding the 70+ athletes negotiating the hurdles. It was for that reason the distance was reduced to 80 meters. One of the 70+ athletes fell and was injured during a hurdle race. In determining the distance to be run between the hurdles the EC tried to keep a distance that would permit three steps between each hurdle.

It is strongly recommended that these rules be studied by the competitors. They will be in effect in Puerto Rico and for the North American Championships and the Pan-American Championships. They can be modified at the next EC meeting in Puerto Rico.

WAVA BY-LAWS

1. AFFILIATION OF NATIONAL GROUPS

The Executive Committee shall determine the affiliation of national groups.

2. DUES

Dues shall be established by the General Assembly. Until otherwise modified, the dues for each national body shall be \$10 (equivalent of ten dollars US currency) plus \$1.00 for each 100 members, with a maximum of \$35.00.

3. EVENTS

All men and women of prescribed age shall be eligible for all events without restrictions or performance standards required in order to receive an award. Three awards, at the minimum, shall be given in each event when there are three or more starting.

4. OPERATION OF THE MEET

a. All final events except the 20K walk, marathon, cross-country are to be held in the main stadium. Trial heats may be held in locations other than the main stadium.

b. In the 5K and 10K runs for M40, M45 and M50 two seeded sections based on a verified time performance, with the required time to be determined by the Executive Committee, will be run on the main track. Unseeded sections in

these events may be run on secondary tracks. The Executive Committee shall determine the procedure for verification of the times. The Executive Committee shall advise the Meet Director at least one year prior to the start of the meet.

c. Seeded final sections based on best times recorded within two years prior to the meet shall be run in the steeplechase.

d. Seeded trial heats, based on best times recorded at a date determined by the Executive Committee prior to the meet, in which the top seeds shall be distributed as evenly as possible and in which competitors from the same country shall be distributed as evenly as possible, shall be used in the 100, 200, 400, 800, 1500, high hurdles and 400 meter hurdles.

e. Competitors of different age groups and both sexes may run in the same section, for scheduling purposes, at the discretion of the Meet Director, with separate scoring and prizes for each grouping.

f. Relay teams may be declared any time twenty four hours prior to the start of the event.

g. A competitor must compete throughout any particular meet for the country of residence or the country which he holds a passport.

h. Team scoring in distance race shall consist of the first three in each age group using absolute position each age group without displacement. country can only have one team in each division.

i. In both the relays and distance team events, an athlete may compete as a team member in a lower age division but score as an individual in his or her actual age division, except where individual age sections are run separately. In that instance the individual would have to score both for the team and as an individual in the age group race competed in. If an athlete will be scoring for a team in a younger age division said intention must be declared prior to the race. An athlete can only score in one age division.

j. The President shall appoint three representatives of WAVA, not from the host country or host committee, to sit on the Rules Committee of the sponsoring organization relative to any protests or interpretations of the rules. The Rules Committee shall consist of no more than six members, with the additional members, over three, appointed by the sponsoring organization. In the event of a tie vote the President of WAVA shall break the tie.

l. Any modifications in the Rules shall be submitted to WAVA prior to the meet for approval. In all instances WAVA shall be the party to determine what rules to apply.

m. No changes in the schedule are permitted after the program is printed.

n. Competitors must report no later than one hour before the scheduled time of the start. The Clerk of the Course may change the composition of the heats depending on the number of entrants.

o. Lane assignments for subsequent rounds in bend races shall be as follows: Fastest lane 4; 2nd fastest 5; 3rd fastest 3; 4th fastest 6; 5th fastest 2; 6th fastest 7; 7th fastest 1; 8th fastest 8.

5. HEIGHTS & STANDARDS

In Metric Units

See chart

6. SAFETY JUDGE

The Meet Director must appoint a Safety Judge with the authority to withdraw an athlete from the course of competition, if in the Judge's opinion the continuation of the competition would endanger the competitor's health.

7. ENTRY FEE & RESULTS

The entry fee shall be the same for each event. The athletes are to be given an option to purchase the results on the entry form.

8. DISCIPLINE

a. Any competitor lying about his or her age is to be banned two years from the date of discovery of the fraud or two years from the date that any illegal prizes are returned, whichever is longer. A competitor lying about his or her age for a second time will be permanently banned from competition.

b. The Executive Committee will appoint a discipline committee to recommend actions on specific cases for unsportsmanlike conduct.

9. AWARDED CHAMPIONSHIP EVENTS

a. All championship events are to be conducted under the WAVA constitution and technical rules.

b. WAVA shall be the sole determining authority relative to all matters regarding the operation of the meet. The Meet Directors shall have the right to solicit local sponsors with appropriate recognition given to them.

c. The sponsors of the meet will provide for the expenses of at least one representative of WAVA, as designated by the President, to report on and to assist in the preparation of the meet approximately one year before the meet is scheduled to start.

10. FINANCES

a. Budget

A proposed budget must be submitted by the Treasurer to the Executive Committee within sixty days after taking office. Said budget must be approved by mail vote of the Executive Committee within thirty days after receipt of same. If any Executive Committee member does not respond in writing to the proposed budget, said member will be considered as approving of same.

b. Reports

A yearly report must be submitted by the Treasurer.

c. Checks

All checks of WAVA must be signed by the Treasurer and countersigned by the President or any Vice-President so designated in writing by the President.

d. Expenditures

1. Postage, clerical and telephone expenses up to \$500 (United States currency) may be incurred by the Treasurer without prior approval of the Executive Committee.

2. Emergency expenditures of up to \$200 may be incurred by the Treasurer without prior approval of the Executive Committee.

3. All other expenditures must receive approval of the Executive Committee.

Contracts

All contracts must be approved by the Executive Committee and signed by the Treasurer and the President.

WAVA By-Laws, Heights and Standards
Continued from page 11.

MEN	Shot	Discus	Hammer	Javelin	
40	7.26	2.00	7.26	800	
50	5.50	1.50	7.26	800	
60	4.00	1.00	6.00	600	
70+	4.00	1.00	4.00	600	
WOMEN					
35	4.00	1.00		600	
40	4.00	1.00		600	
50	3.00	1.00		400	
60	3.00	1.00		400	
70+	3.00	1.00		400	
Hurdles a=distance to first hurdle b=distance between hurdles c=distance from last hurdle to the finish					
MEN	height	a	b	c	
40	110 meters	99.6	13.72	8.7	17.98
50	110 meters	91.4	13.72	8.5	19.78
60	100 meters	84.0	13.00	8.5	10.50
70+	80 meters	76.2	12.00	8.0	12.00 (8 hurdles)
WOMEN					
35	100 meters	76.2	13.00	8.5	10.50
40+	80 meters	76.2	12.00	8.0	12.00 (8 hurdles)

STEEPLECHASE

The steeplechase shall be run at 3000 meters for all age groups except those over 70, for which the distance will be 2000 meters.

Whilst in New Zealand, Wilf Morgan interviewed three well known veteran competitors. Here are his interesting discussions.

Bill Baillie, 46 year old New Zealander, won the M45, 800 and 1500M in Christchurch. A contemporary of famous Kiwi Athletes Snell and Halberg he was an Olympic and Commonwealth Games representative and a one time holder of the World Record for the one hour run. After his win in the 800M he spoke with Wilfred Morgan.

How much did you enjoy winning today?

Oh, I enjoyed winning this one very much. I love competition, it gives me a big lift, the more intense the competition the better. I got a great deal of satisfaction out of this win today.

My tactics? I wanted to make it a good long run for home because I was told there was a fast finisher here. But I wasn't prepared to run hard all the way. I wanted someone to go through in about 60 seconds and then I'd take it up. The latest I'd leave it would be 300 to go.

We came round to the Bell and they were beginning to slow down so I thought 'This is the time to go.' It was about 62 seconds. I thought, 'Well lets have a good hard run from here.' If anyone catches me at the end at least I've given it all I've got. But it worked for me. I got into the lead and held on to it. I understand it was 2:02.3. Oh, I must be pleased at this performance, I gave it all I had.

You hear of so many athletes complaining about what they did wrong in races. No, I think you just have to do it your way, and if you get beaten, well then the better man won.

How does your time compare with recent performances at the distance?

I haven't run one for three years! Then I did about 2:04 in a local meet. Six years ago, in my first season as a veteran, I did 1:58.

How did you train for this one?

Well you know for this run today I was not in my best physical condition, but I was geared up mentally. Today I felt fresh and ready to go. I think it pays to undertrain rather than overtrain at the veteran stage. Many veterans tend to overdo it, they push a little bit too hard, get a twinge, and then they're not happy with themselves. Half the battle is to get to the start line without any injury. If you condition yourself well and step up fresh you will probably find you can lift yourself to a good performance. Some people work really hard week after week, running at a fast

pace. I think if they eased off the training and came to competition fresher they would get better results.

Have your opinions changed regarding training generally, since your hey day in the sixties?

No, not really. Although I notice that today the top runners are doing more than we did. We had a reputation as hard trainers under Arthur Lydiard and believe me we did train hard. I would have hated to have had to train harder.

You had a manual job I believe, yet today's top men do little other than run.

Yes, That's true. Although on the other hand I think there is a limit to the amount of mileage you can do in a week. It's the jarring effect on the joints, the body can only absorb so much. Weightlifting presents the same problem. But sports like swimming and cycling that require a more free flowing movement are far less wearing on the muscles and joints.

Looking back, tell us about the time you broke the World Record for the One Hour Run

Well, I ran 12 miles 960 yards in the hour. That was in Auckland in 1963. Also I broke the 20K record along the way, that was 59 mins 28.6. It was the last of Zatopek's Records to go. I always wanted a World Record so I had to pick an event nobody ever ran. I think either Clarke or Roelants broke my record sometime after.

What do you rate as your best ever performance?

That's difficult. (Pause) I would like to pick three if I may.

The One Hour record is one that gave me great satisfaction because I planned it carefully and it was nice to pull it off.

Then the final of the 5000M at the 1964 Olympics. I finished sixth. I always used to like a hard surface but on the day it was soft after the rain, and it was a slow run race. Neither of these things helped. But I did not think I could have led them round and run it from the front. I just hung in there hoping it would happen for me. I was in third with 200 to go but the last 400 was really fast--Schul who won it did 52 something on the last lap, he ran the last 300 faster than Snell did in the 1500. I ran the last 400 in 56, about as fast as I could run. But when I'd finished that race I felt satisfied that I'd done the best I could have done.

The other one was a 2 mile race indoors in Los Angeles. There was a good field, Clarke, Keino, Mecser, Norpoth. It was televised, they had a 'coast to coast hook up.' The day before the race they interviewed all the runners, asking about how they thought the race would go. During the race they cut into the commentary with the recorded voices of the runners describing their tactics. I remember saying that I would win and I would make a break with 3 laps to go. Clarke said he thought Keino would win. Keino said he thought Clarke would win. I was the only one to say I would win. ~~Keino~~

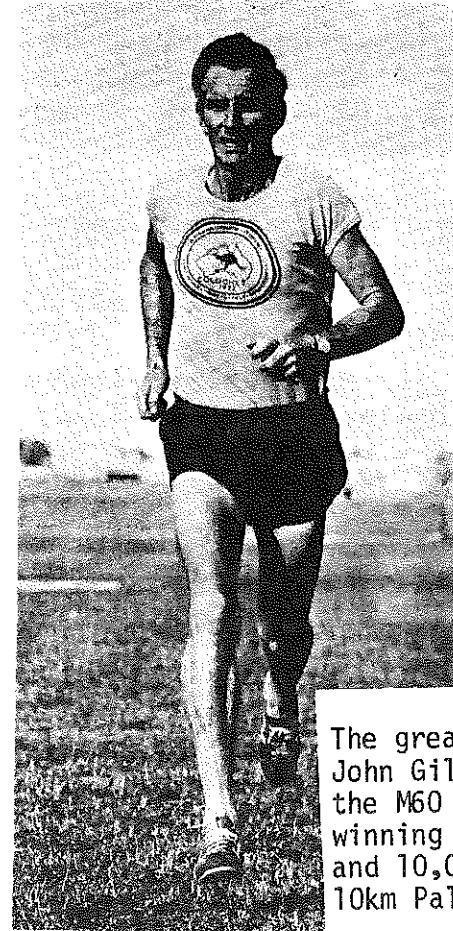
Well as it turned out I was able to break away with 3 laps to go and I did go on to win it. For me this was tremendous. There I was with all these top runners, all better than I was. It proved to me that if you had a plan and you had confidence, you could go out and beat the best in the world.

What about the future, do you have much time for athletics?

Well, I can always find time if I want to. But my children are involved in other sports, sailing and other things and in recent years I've enjoyed being with them. They are fifteen and nineteen now. In a few years, they will have grown up and left home. I'm planning when I'm fifty to get down to some hard training and really 'have a ball' on the veteran scene. Until then I'll just keep doing a bit, keep myself fit and enjoy myself.



BILL BAILLIE
Back on the winning trail



The great Australian runner John Gilmour who dominated the M60 middle distances winning at 800, 1500, 5000 and 10,000m as well as the 10km Palmerston Road Race

Nick Newton, 47 years old from California, the M45 World Record Holder for 400M competed in Christchurch while still recovering from two serious stomach operations. He recalled his years in Veteran Athletics and spoke about his present state of health.

Where are you from the States, and how did you make a start in athletics?

I was born in North Carolina but I reside in California now. I started when I was 40. I'd never run track before. I didn't know anything about it. I came from a small town, we didn't do anything like that. My daughter started training and I used to take her along to the track, so I started working out myself.

How many children do you have?

Two, my daughter's 21 now and my boy's 19, and I have two grandchildren with another on the way.

I see you do high jumping as well as the sprints

Yes, that came after the running. My daughter used to do the high jump and the long jump. She did quite well, she long jumped around 19 feet, and got up to 5 feet 7".

I tried the high jump, at first I tried the straddle, I couldn't go 5 feet. Then I saw Dwight Stones doing the flop. I watched him and copied his style. Then I began to go higher.

How much is athletics a part of your life?

I don't think I could live without it. Before I started track I was smoking two packets of cigarettes a day.

What about your performances on the track

Well, I've made progress every year since I turned 40. I've run faster times each year. Last year when I was just 47 I ran a 22.8, 200M, and 50.9 for 400M that was rounded off at 51.0. That was a World Record for the age group. I've been learning how to run, learning how to compete.

My high jump has improved too. Every year I managed to go higher than the previous year, mainly through improved technique, and I'm still learning.

Are you coached?

Yes, I'm coached by the man who coaches the Los Angeles Women Sprinters. He had Rosalyn Bryant the 400M girl who went to the Montreal Olympics. She ran 50.6, the fastest ever by an American girl. And Andrea Lynch from England, I did start practice with her. I trained with most of the U.S. Women Sprinters. The girls made me competitive. We work hard.... Just our warm up alone is a work out for most people.

And the 400M Record, when did you do that?

In July last year at the U.S. Masters National Championships in Philadelphia.

When was your stomach problem diagnosed?

Well, a week after the Nationals I came back and ran what we call the Senior Olympics. I ran a 23.0, 200M and a 53 seconds 400M. I didn't really burn up, I was getting ready for the Pan-American Championships the next month. That was on the Saturday and the Sunday. I didn't feel too much pain from the running but I couldn't high jump.

I saw the Doctor on the Tuesday. The day after, the Wednesday, they operated and removed a cancer. A week after that they operated again, and later I had minor surgery on my feet. I lost about 30 lbs after the operations. I'm still down about 7 lbs.

What did you do here in Christchurch?

Oh, I tried to run the 200. I got as far as the semi-finals, but of course I don't have enough of a base. I've gone back from 23 seconds to 25. It took me four years to build that base and now I've lost everything. It's like starting all over again. Maybe with a little base work it might take about two years to get back again.

I don't know what the surgeons took out, they took a lot of stuff out. But I'm getting stronger all the time....I was really fit and healthy. The cancer? The cancer was just something that happened.

One of the most impressive 5k efforts of the day was a stunning victory by Italy's Maria Pia D'Orlando. She defeated world 10000 record-holder and U.S. champ Dorothy Stock in a time of 18:09.0. The clocking was 7 seconds better than D'Orlando's world mark set in the European Championships in Helsinki. Stock finished a well-beaten second in a good 18:38. It was D'Orlando's 3rd win of the games. She won the 1500 on Friday and the cross-country on Saturday.

In spite of being troubled by a 3-month-old hip injury, Beverly Shingles won her 3rd gold medal in the games in the W40 5000, recording 17:37.9. Runner-up for the third time was Sandra Knott in a good 17:54. Yvonne Mills of Britain took 3rd in 18:44. Joan Ulyot was 4th in 19:02.7.

44

58 year old Wal Shepherd from Australia, another athlete recovering from surgery, spoke about his return to the track.

You look very fit Wal, what did you do here?

I did a 10,000, a 5000 and a heat of the 800.

And what sort of shape are you in?

Pretty good I think. I ran my best 5000 in many years. - 18:37. Not bad at all because I'm not a distance runner, the 800 is my best race.

We heard about your heart surgery. When was that?

On September 25th, 1979.

And when was your problem discovered?

Well, about 3 weeks before I went to Hanover there were some suspicions. An E.C.G. showed some abnormality when I was flat out, when my heart beat was up over 155 beats a minute. But it was not until I came back that it was fully diagnosed. They ran a test and found that four coronary arteries were significantly blocked and recommended immediate surgery.

So, after the operation, how soon did you get back to running again?

Well, I ran 5 miles the morning of the day I went into hospital. Then in hospital there were 3 days when they sort of 'work you up' to the operation. Then 8 days after the operation I came home and the day after that I started training again. Admittedly it was a quiet walk around the block. But that was the starting--and I've hardly missed a days training since then.

I've been working under a programme by a sports medicine doctor and it's been a very cautious, gradual build up. But it culminated here in a good performance on the track. - And by the way, in November I ran a marathon.

Yes, we heard you were going to run a marathon. How did it go?

It went excellently. I ran 3:23, which is not a startling time. But I ran it cautiously, well within myself, and pulled up very fresh. The important thing was that they attached a tape recorder to my lower back, it was taped on to me and it recorded an E.C.G. for

45

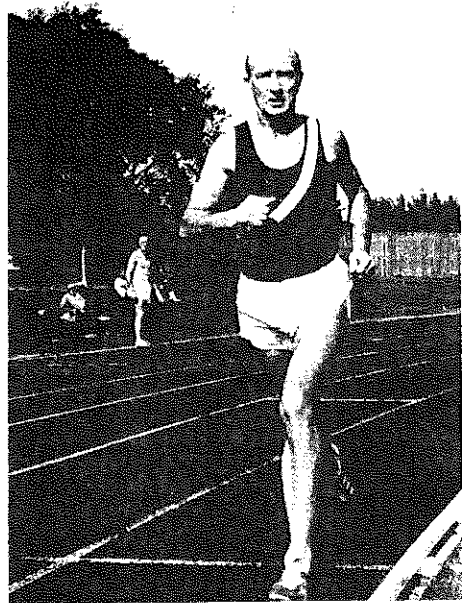
the whole time I was running. They were then able to take it back to a local hospital and run it through an analyser. They got a progressive E.C.G. on the performance of my heart for the whole marathon run.

The doctor subsequently told me that it was all he could have hoped for. It showed no abnormalities at all. So the marathon from that point of view was a great success.

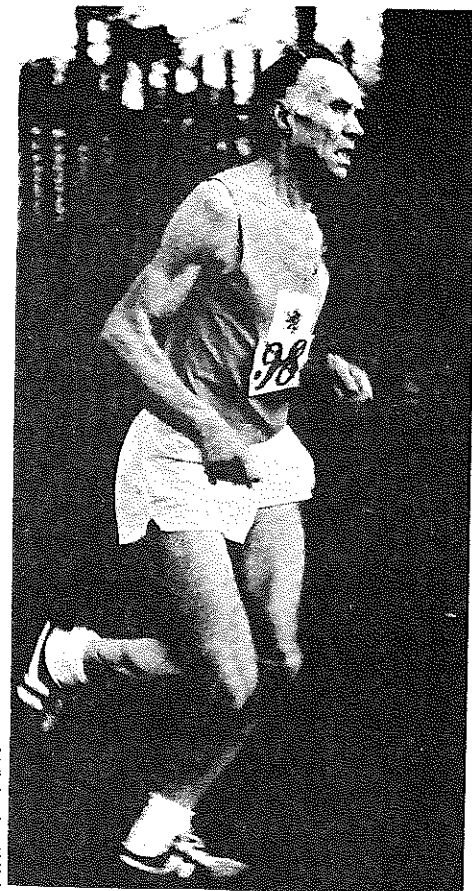
So, you now have a clean bill of health

No, not completely so. He doesn't want me to run 800's or the the more explosive events where you get your heart beat up quickly - not yet that is. He would prefer me to do the longer events with a steady pace and a gradual build up for the time being.

Nevertheless I ran an 800 here --and I got through. But I didn't run the final. I thought I'd better partially accept my doctor's advice.



Wal Sheppard



Scotland's fabulous M70 John Farrell won the 1500, 10000m and Cross Country.

In our last issue John Hayward gave us the all time Veteran rankings in 100, 200, and 400m. Now he does the same for the hurdle events.

World 'ALL TIME' Top Performers Part 2

THE HURDLE EVENT

The three hurdle events under review cannot be analyzed in depth as were the flat races- due to lowering of hurdle heights and/or lack of depth in known statistics.

However, taking them for what they are, an averaging of the top twenty, set against a similar averaging of the world 'all time' best performers, produces the following:-

Top line are the World All Time averages.

<u>110 H</u>	<u>Decline</u>	<u>400 H</u>	<u>3000m S.C.</u>
13.50	_____	48.58	8m18.0
15.10	1.6 = 11.86%	56.68	8.1 = 16.67%
			9m45.0
			1m27s
			17.47%

The fall off in these events, from peak years, is more than in the sprint races. If one considers that in the 110H analysis many of the times are over lower hurdles - then all reflect a sharper decline than even the tough 400m flat race.

This partly due to there being less intense competition in these events and partly reflection of the fact that the older athlete finds flexibility and stride length impossible to maintain.

I feel very strongly, that it supports the case for veteran races over lower hurdles from the start, and in the 110 H changing to various sprint hurdle events used by women and the junior/youth groups. It makes sense and would not only encourage more to participate, but minimise the rather 'unathletic' spectacle of poor hurdling and inability to maintain a stride pattern between flights.

Roger Robinson, who ran perhaps the most dazzling series of masters races anywhere in the world this year, but who was denied a victory in the 10,000 meter runs earlier this week because of a virus and the brilliance of Antonio Villanueva, today won a gold medal with a thrilling triumph in the M40 cross-country run.

His time of 32:14 was only 10 seconds ahead of New Zealand's John Robinson. Indeed, the two superlative runners are so extraordinary that they have been constantly confused as one, since no one believed that two Robinsons from New Zealand could possibly be that good. They "had to be the same person."

Well, they're not, as the rest of the field and hundreds of spectators now know.

The race was a battle between four men -- the two Robinsons, Alan Stock of New Zealand and Pierre Voets of Belgium, who was to finish 3rd in 32:36.

Stock and Voets found the pace too hot as Roger edged in front. But the race was in doubt till the final 100 meters.

Robinson represented England and New Zealand at world cross-country races. He competed for England in 1966 and 1967 before settling in New Zealand. He is certain to be invited to take part in the trials for the New

100M Hurdles

Open Class

Rankings are in order of times -- although hurdle heights are varied -- and some unknown.

To assist a fairer evaluation -- where heights are known, they are noted as follows:

* 3'-6" 106m
 ** 3'-3" 99.6m
 *** 3'-0" 91.4m

No notation indicates "Height Unknown".

14.4*	D. Finlay	40	GB	01-08-49	16.4**	J. Gilmore	40	USA	05-
14.7**	L. Marien	41	BEL	13-08-75	16.5***	M. Sanchez	46	USA	12-
14.7**	V. Thorlaksson	45	ICE	08-07-79	16.5	D. Gale		GB	
14.8**	H. Mandle	40	OST	06-06-76	16.5**	K. Priestly		AUST	
w 14.9**	A. Feola	42	USA	28-06-75	16.6	J. Bisquets		SP	20-
14.99***	A. Alvin	41	USA	21-07-79	16.7***	F. Kjer	40	USA	07-
15.0*	H. John	41	GER	16-07-77	16.8***	C. Beaudry	55	USA	24-
15.0**	D. Jackson	40	USA	02-07-72	16.85**	G. Weidling		GER	31-
15.0**	J. Greenwood	46	USA	14-09-72	16.9*	R. Williams	40	NZ	
10 15.0***	D. Burger	44	SA	04-09-77	16.9**	H. Lundestad		NOR	09-
15.04**	J. Cechak	41	CZE	01-08-77	16.9***	L. Trout	42	USA	15-
15.1***	B. Warren	40	USA	30-07-78					
15.4*	J. Mirazek	41	CZE	23-04-66	<u>400M Hurdles (3'-0" 91.4cm)</u>				
15.4**	T. Rademaker	45	USA	04-07-70	54.08	L. Hacker	40	SA	29-
15.4**	M. Andrews	41	USA	05-07-75	54.1	G. Mathe	40	SA	30-
15.4**	J. O'Hara	40	USA	05-05-79	54.3	N. Clough	40	AUST	11-
15.4***	C. Bertrand	42	USA	08-07-78	54.55	W. Kalbermatten		SWIT	29-
15.4***	P. Mulkey	45	USA	18-06-77	54.8	J. Dixon	41	GB	27-
15.5**	A. Henry	40	USA	13-05-78	54.8	J. Greenwood	46	USA	24-
20 15.5**	R. Hickman		USA	08-05-78	55.7	K. Kounoike	40	JAP	15-
15.5***	H. Smith	41	USA	11-06-77	56.1	V. Thorlaksson	45	ICE	
15.6*	A. Barnard	41	USA	13-02-71	57.2	T. Farrell	41	GB	29-
15.7***	H. Darlington	45	USA	16-06-79	57.2	D. Burger	46	SA	
15.8*	G. Orthmanns	43	GER	79	57.36	J. Guyon	41	FR	29-
15.8***	L. Weed	40	USA	03-09-78	57.59	V. Wikstroem	42	FIN	29-
15.9**	L. Schaefer	44	AUST	10-08-75	57.7	W. Lane	40	GB	20-
15.95**	E. Heinz	40	GER	01-08-79	57.74	G. Miller	41	USA	
30 16.0**	C. Shafto	40	GB	10-08-75	57.95	E. Heinz		GER	29-
16.0**	B. Lawson		USA	10-08-75	58.01	M. Ritschel		GER	
16.0***	A. Findeli	54	FR	08-08-77	58.1	C. Shafto	42	GB	03-
16.0**	J. Howell		GB	09-08-77	58.2	J. Hessleburg	45	NOR	01-
16.04**	A. Rouver	40	FR	01-08-79	58.46	E. Oleata		USA	28-
16.1*	C. Sempre	40	FR	46	58.84	J. Thomas		USA	
16.1*	R. Alfenaar	41	HOL	79					
16.2**	V. Parish	43	USA	23-10-76					
16.2**	G. Roodan		MEX	23-10-76					
16.2**	L. Lindhe	43	SW	15-08-79					
16.23**	L. Thorne		USA	79					
16.23**	C. Fuller		USA	79					
40 16.3*	A. Krul	43	CZE	13-06-70					

58.9	R. Larsson	41	SW	17-06-65	9M 34.4	M. Alcnson	43	SP	19-05-74
58.91	E. Malacalza	40	IT	78	9M 36.0	A. Shrimpton	41	GB	16-07-77
59.2	K. Vykydal		CZE	11-08-77	9M 37.3	H. VanDerVal	41	CAN	01-08-79
59.3	H. Thumm		GER	13-09-72	9M 38.6	P. Pystynen	42	FIN	01-07-74
59.32	P. Waltje		GER	28-08-79	9M 42.2	M. Morrell	45	GB	16-07-77
59.4	G. Orthmanns	41	GER	78	9M 42.2	G. Blackburn	40	IRL	01-08-79
59.5	F. Kjer	40	USA	04-06-78	9M 43.4	T. Kelly	40	AUST	14-09-72
59.58	W. Holder		GER	28-08-79	9M 44.0	M. Hofmann	40	GER	79
59.6	G. Daborn	40	GB	24-08-72	9M 45.6	J. Shettler	41	USA	09-08-75
30 59.8	E. Shirley	41	GB	19-05-73	9M 45.6	R. Carruthers		GB	78
59.84	O. Tudrila	47	FIN	29-07-79	9M 47.7	P. Knott	41	GB	78
60.0	A. Allen	41	USA	02-07-77	9M 50.3	J. V. Mannstein	44	GER	78
60.0	L. Lindhe		SW	11-08-77	9M 50.3	J. Bowers	40	AUST	79
60.1	W. Fischer		GER	13-09-72	9M 51.8	M. Barrett	41	GB	21-07-74
60.13	J. Brocksmith		USA	79	9M 52.0	H. Kupczyk	40	CAN	73
60.3	P. Field	41	GB	13-09-72	9M 52.6	M. Hirshfeld	41	GER	79
60.3	J. Radtke	41	GER	79	9M 53.0	P. Blanchou	46	FR	11-08-77
60.4	K. Whittaker	44	GB	09-08-75	9M 56.4	D. Meyer		USA	06-07-74
60.5	T. Rademaker	48	USA	06-07-73	9M 56.5	R. Zimmerman	41	GER	78
60.5	R. Bertram	41	GER	26-09-76	9M 57.4	E. Hunter		CAN	79
60.55	K. Marchlowitz		GER	28-07-79	9M 58.0	W. Huelsebusch	41	GER	79
60.6	E. Dowell	44	USA	01-07-72	10M 01.2	M. Sissala	40	FIN	05-08-74
60.6	L. Trout	42	USA	02-07-77	10M 01.2	H. Wijngarden	40	AUST	22-02-75
60.6	H. Knudsen	45	NOR	11-08-77	10M 01.6	C. Shippen	40	GB	14-09-72
60.7	V. Parish		USA		10M 02.3	S. Gunnarsson	41	SW	01-08-79
60.8	G. Roldan	41	MEX	04-09-77	10M 04.2	R. Young	40	AUST	24-08-72
60.9	N. Fletcher	43	AUST	41-01-76	10M 04.2	R. Colson	41	GB	14-09-72
60.99	L. Thorne		USA	79	10M 04.4	J. Salt	40	GB	73
61.00	D. Williams		AUST	11-08-77	10M 04.6	G. Klose	41	GER	02-05-76
61.3	J. Hayward	41	GB	14-08-70	10M 04.6	H. Gudelhofer	43	GER	17-06-76
61.3	J. McNulty	40	USA	72	10M 05.4	G. Parnell		GB	02-07-72
61.3	J. Wallace	49	USA	02-07-77	10M 06.0	J. McClean	40	AUST	30-03-75
61.4	C. Matthews		AUST	78	10M 06.8	D. Jendrzey	41	GER	05-06-77
61.5	S. White		USA	78	10M 07.0	N. Neil		AUST	78
61.6	T. Nasrella	44	USA	02-07-77	10M 09.9	G. Kramer	41	HOL	78
61.7	D. Brodie		AUST	24-08-72	10M 10.0	T. Nailor	40	AUST	30-03-75
61.7	A. Sheahan	43	USA	15-08-75	10M 10.9	F. Tepel	48	GER	79
61.8	M. Andrews	43	USA	26-06-77	10M 11.4	M. Keogh		GB	78
					10M 11.4	P. Raditanen	44	FIN	01-08-79
					10M 12.0	T. O'Reilly	41	GB	23-06-73
					10M 13.0	L. Meyers		USA	29-06-73
8M 41.5	G. Roelants	40	BEL	06-07-77	10M 13.2	B. Jonsson	41	SW	03-07-79
8M 49.0	A. Ida	41	GER	12-07-75	10M 14.0	B. Gustavsson	41	SW	11-08-77
9M 03.5	T. Davis	41	GB	01-08-79	10M 15.0	C. Wilson	40	GB	24-08-72
9M 14.4	J. McDonald	42	NZ	05-02-77	10M 15.2	G. Kramer	42	HOL	79
9M 18.4	D. Amaison	40	ARG	07-11-76	10M 15.6	T. Everett	41	GB	16-07-77
9M 18.6	H. Higdon	44	USA	15-08-75	10M 17.8	T. Haaland	40	NOR	15-08-77
9M 22.4	D. Worling	40	AUST	15-08-75	10M 18.1	A. Taylor	52	CAN	01-08-79
9M 23.0	N. Undersaker	40	NOR	01-08-79	10M 18.2	A. Blonner	44	OST	01-08-77
9M 23.8	W. Oliver	43	SA	18-11-77	10M 18.8	M. Luxford	40	GB	20-07-75
10 9M 34.0	D. Chapman	40	GB	21-08-76	10M 18.8	E. Larsen	51	NOR	11-08-77

3000 M. Steeple Chase

Open Class

Swedish Veterans Track & Field Championships
13th & 14th September 1980
Gothenburg

100 m

<u>Men 40</u>	Wind -3.7	<u>Men 65</u>	Wind -0.8
1. Ove Edlund - Nykopings BIS	12:26	1. Folke Persson - Lindesberg	15.28
2. Gunnar Soold - Duvbo IK	12:30	2. Torsten Hullegard - IFK Helsingborg	18:11
3. Lief Molin - Malmo AI	12:37		
<u>Men 45</u>	Wind -0.5	<u>Women 40</u>	
1. Arne Eriksson	12:32	1. Elisabeth Ostberg - IK Vikingen	13:85
2. Rune Larsson -IK Orient	13:02	2. Margareta Jacobsson - Malmo SOK	14:16
3. Borje Rudklint - Oskarshams SK	13:45	3. Marianne Stenholm -IFK Arboga	14:51
<u>Men 50</u>	Wind -1.5	<u>Women 45</u>	
1. Dennis Reece - Vasteras	12:44	1. Elsa Enarsson - IF Udd	14:99
2. Franco Bianchessi	12:54	2. Astrid Klaesson - IF Rigor	15:75
3. Lief Olsson - Orient	12:85	<u>110 Hurdles</u>	
<u>Men 55</u>	Wind -1.0	<u>Men 40</u>	Height 99.6
1. Gote Lindblad - Malmo	12:78	1. Lars Lindhe - Vretstorps IF	16,72
2. Bengt Hermansson - GIF Manhem	13:57	2. Willy Haavasoju - IF Kville	16,81
3. Conny Akerblom - Sthlms Sparv. 9	13:58	<u>Men 50</u>	
<u>Men 60</u>	Wind -0.8	1. Axel Fernoeus - Jarvso IF	18.87
1. Ingvar Lantz - Bellevue IK	14:07	2. Hans Mattsson - IFK Borgholm	22.29
2. Erik Muren - Kvarnsvedens GIF	14:80	<u>Men 55</u>	
3. Evert Gustafsson - Gotaverken	15:08	1. Lennart Lindblom - Vasteras IK	20.67
		2. Arne Wallfelt - Svardsjo IF	23.57
		3. Bengt Hermansson - GIF Manhem	36.02

200 m

Men 40

1. Rolf Nilsson - IF Triangeln	24:65
2. Gunnar Soold - Duvbo IK	24.67
3. Ove Edlund - Nykopings BIS	25:01

Men 45

1. Arne Eriksson - Varbergs GIF	25:68
2. Borje Rudklint - Oskarshams IK	31:23
3. Ras Vidal - Vikingen	119.3

Men 50

1. Dennis Reece - Vasteras	24:94
2. Franco Bianchessi - Lidingo	25:69
3. Leif Olsson, IK Orient	26:23

Men 55

1. Gote Lindblad - IFK	25:95
2. Bengt Hermansson - GIF Manhem	26:86
3. Conny Akerblom - Sthlms Sparv	26:16

Men 60

1. Erik Muren - Kvarnsvedens GIF	30:02
2. Evert Gustafsson - Gotaverken	32:07
3. Folke Persson - IFK Lindesberg	32:23

400 m

Men 40

1. Gunnar Soold - Duvbo	55:01
2. Nils-Erik Frojd - Oskarshams SK	55:73
3. Borje Jonsson - Jalles TC	55:91

Men 45

1. Arne Eriksson - Varbergs GIF	56:56
2. Ingvar Aronsson - IFK Skovde	56:14
3. Viktor Tilkku - Hogsbo AIK	57:79

Men 50

1. Franco Bianchessi	55:53
2. Vaclav Bartl - OIS	58:33
3. Arne Moller - IFK Lund	1:00:11

Men 55

1. Gote Lindblad - Malmo	59:95
2. Conny Akerblom - Sthlms Sparv	1:00:17
3. Frithiof Roslund - IFK Borgholm	1:03:03

Men 60

1. Henry Strannhage - GIF Manhem	1:12:07
2. Aarne Ojala - Malmo FK	1:12:72
3. Elis Furhoff - IFK Skovde	

400 mWomen 40

- | | |
|--|-------|
| 1. Margareta Jacobsson
- Malaro SOK | 64:22 |
| 2. Kristina Carlsson
- IFK Tumba | 65:82 |
| 3. Solveig Mattsson
- Kronobergs IK | 71:39 |

400 m HurdlesMen 50

- | | |
|-----------------------------------|-------|
| 1. Axel Fernous
- Jarvso IF | 72:22 |
| 2. Sten Medelius
- Hogby IF | 80:74 |
| 3. Hans Mathson
- IFK Borgholm | 85:33 |

Men 55

- | | |
|--|-------|
| 1. Lennart Lindblom
- Vasteras IK | 70:51 |
| 2. Frithoif Roslund
- IFK Borgholm | 75:36 |
| 3. Gosta Bjorkman
- Malarhojdens IK | 84:44 |

800 mMen 40

- | | |
|-------------------------------------|---------|
| 1. Tommy Bergstrom
- Duvbo IK | 2:02.92 |
| 2. Borje Jonsson
- Jalles TC | 2:03.86 |
| 3. Bo Eklund
- Kvismaredalens IF | 2:06.13 |

Men 45

- | | |
|---------------------------------------|---------|
| 1. Harry Lindell
- Trollhattans IF | 2:05.05 |
| 2. Kurt Larsson
- IK Vikingen | 2:13.75 |
| 3. Karl G. Karlsson
- Hogsbo AIK | 2:16.94 |

Men 50

- | | |
|-------------------------------------|---------|
| 1. Allan Johansson
- Warnamo SK | 2:18.08 |
| 2. Roland Johansson
- Malaro SOK | 2:18.64 |
| 3. Arne Moller
- IFK Lund | 2:20.06 |

Men 55

- | | |
|-------------------------------------|---------|
| 1. Conny Akerblom
- Sthlms Sparv | 2:26.19 |
| 2. Ola Brekke
- Hagfors | 2:28.43 |
| 3. Kurt Eriksson
- Hogsbo AIK | 2:39.09 |

Men 60

- | | |
|---------------------------------------|---------|
| 1. Holger Josefsson
- Upsala IF | 2:26.73 |
| 2. Nils Roupe
- Warnamo SK | 2:35.36 |
| 3. Torsten Stale
- Fredrikshofs IF | 2:46.00 |

Men 65

- | | |
|---------------------------------------|---------|
| 1. Henry Strannhage
- GIF Manhem 9 | 2:42.05 |
| 2. Georg Ekerstahl
- Vasterviks IF | 2:51.70 |

1500 mMen 40

- | | |
|--------------------------------------|---------|
| 1. Tommy Bergstrom
- Duvbo IK | 4:23.27 |
| 2. Bo-Gunnar Bogges
- KFUM Orebro | 4:23.93 |
| 3. Lennart Norberg
- IF Kville | 4:28.93 |

1500 m (cont'd)Men 45

- | | |
|---|---------|
| 1. Harry Lindell
- Trollhattans IF | 4:27.70 |
| 2. Jan Olof Schagerstrom
- KFUM Orebro | 4:32.95 |
| 3. Karl Gustaf Carlsson
- Hogsbo AIK | 4:41.40 |

Men 50

- | | |
|-------------------------------------|---------|
| 1. Konrad Hernelind
- Duvbo IK | 4:38.05 |
| 2. Roland Johansson
- Malaro SOK | 4:38.82 |
| 3. Allan Johansson
- Warnamo SK | 5:23.76 |

Men 55

- | | |
|--|---------|
| 1. Herbert Larsson
- Solvikingarna | 4:57.16 |
| 2. Stig Olsson
- Fredrikshofs IF | 4:58.41 |
| 3. Ola Brekke
- Polisens IF Hagfors | 5:23.76 |

Men 60

- | | |
|-------------------------------------|---------|
| 1. Holger Josefsson
- Uppsala IF | 4:59.43 |
| 2. Nils Roupe
- Warnamo SK | 5:05.05 |
| 3. Bertil Johansson
- Warnamo SK | 5:37.00 |

Women 35

- | | |
|-------------------------------------|---------|
| 1. Kristina Carlsson
- IFK Tumba | 5:10.18 |
| 2. Kerstin Lindgren
- Eslovs AI | 6:10.22 |

Women 40

- | | |
|---------------------------------------|---------|
| 1. Elisabeth Ostberg
- IK Vikingen | 6:01.98 |
| 2. Solveig Mattsson
- Kronoberg IK | 6:10.8 |

Women 45

- | | |
|----------------------------------|---------|
| 1. Astrid Klaesson
- IF Rigor | 5:49.60 |
| 2. Gisela Blad
- Orebro AIK | 6:09.48 |

3000 m SteeplechaseMen 40

- | | |
|--------------------------------------|---------|
| 1. Bo Gunnar Booges
- KFUM Orebro | 9:51.6 |
| 2. Sten Gunnarsson
- Bollnas GIF | 10:29.0 |

Men 55

- | | |
|---|---------|
| 1. Hans Henningsson
- OK Skogsstjarnan | 12:36.6 |
| 2. Fritiof Roslund
- IFK Borgholm | 12:57.0 |

5000 mMen 40

- | | |
|--|---------|
| 1. Lars Ydreborg
- IK Sisu | 15:38.2 |
| 2. Gergeley Szentivanyi
- IK Vikingen | 15:48.0 |
| 3. Gunnar Eriksson
- Asbro GOIF | 16:02. |

Men 45

- | | |
|---|---------|
| 1. Pentti Meskunen
- Boo IF | |
| 2. Ingvar Andersson
- IFK GBG | 16:20.6 |
| 3. Jan-Olof Schagerstrom
- KFUM Orebro | 16:34.8 |

Men 50

- | | |
|--------------------------------------|---------|
| 1. Lars Strand
- Linkoping | 16:22.1 |
| 2. Carl Johansson
- IS Skanne | 17:19.2 |
| 3. Stig Sandstrom
- Sparvagen GIF | 17:46.0 |

5000 mMen 55

1. Allan Berntsson
- Solvikingarna 17:17.40
2. Peter Malm
- KFUM Orebro 17:19.54
3. Hans Henningsson
- OK Skogsstjarnan 18:06.83

Men 60

1. Holger Josefsson
- Uppsala IF 18:24.75
2. Nils Roupe
- Varnamo SK 18:44.11
3. Alvar Asplund
- Roserbergs IK 19:00.37

Men 65

1. Georg Ekerstahl
- Vastervik IF 20:00.92
2. Bertil Johansson
- Warnamo SK 20:08.12
3. Sten Ulfheimer
- FK Rarsta 21:06.09

10,000 mMen 40

1. Bror-Rickard Gustavsson
- Nykoplings B 33:23.6
2. Ingvar Larsson
- Boo IF 33:41.4
3. Stig Himberg
- Turebergs IF 33:54.2

Men 45

1. Pentti Mekunen
- Boo IF 34:22.7
2. Ingvar Andersson
- IFK GBG 34:31.4
3. Jan-Olof Schagerstrom
- KFUM Orebro 34:46.2

Men 50

1. Konrad Hernelind
- Duvbo IK 35:46.2
2. Bengt Olsson
- Savedalens AIK 39:21.8

Men 55

1. Peter Malm
- KFUM Orebro 35:35.0
2. Herbert Larsson
- Solvikingarna 37:54.0
3. Gosta Bjorkman
- Malarhojdens IK 39:18.0

Men 60

1. Alvar Asplund
- Rosersbergs IF 39:12.0
2. Nils Roupe
- Warnamo SK 39:22.0
3. Gosta Andersson
- GF-idrott Landskrona 39:35.0

Men 65

1. Georg Ekerstahl
- Vasterviks IF 41:34.3
2. Bertil Johansson
- Warnamo SK 42:11.0
3. Georg Wir
- Uddevalla 42:30.0

1000 m Relay

2. Lund: Aarne Ojala, Knut Ahlberg 2:24.6
Arne Moller, Gote Lindblad
3. Hogsbo: Gosta Hedlund, Gosta Stegberg 2:33.0
Yngve Larsson, Arne Emanuelsson 2:39.0
4. Manhem: Roland Andersson, Kurt Casperson
Henry Strannhage, Bengt Hermansson 2:20.0
1. Hogsbo: Herbert Johansson, C-G Karlsson 2:20.0
Bengt Utter, Viktor Tillky

Long JumpWomen 40

1. Inga Stenbrink
- Asbro GIF 5.00
2. Marianne Stenholm
- IFK Arboga 4.65

Women 45

1. Elsa Enarsson
- IF UDO 4.40
2. Astrid Klaesson
- IF Rigor 4.05

Men 40

1. Douglas Olsson
- Ljungsbro IF 6.17
2. Lars Lindhe
- Vretstorps IF 5.93
3. Ove Edlund
- Nykopingens BIS 5.78

Men 45

1. Arne Eriksson
- Varbergs GIF 6.19
2. Rune Larsson
- JK Orient 5.69
3. Lars E Ling
- IF Kville 5.34

Men 50

1. Axel Fernaeus
- Jarvso IF 5.38
2. Rune Friberg
- RIK 5.11
3. Yngve Larsson
- Hogsbo AIK 4.98

Men 55

1. Bengt Hermansson
- GIF Manhem 4.88
2. Gosta Stegberg
- Hogsbo AIK 4.67
3. Conny Akerblom
- Sthlms Sparv 4.62

Men 60

1. Arne Wallfelt
- Svardsjo IF 4.87
2. Ingvar Lantz
- Bellevue IK 4.56
3. Roland Andersson
- GIF Manhem 3.97

High JumpMen 40

1. Oile Johansson
- Orgryte IS 188
2. Douglas Ohlsson
- Ljungsbro IF 170
3. Lennart Sverdsen
- Ununge IF 165

Men 45

1. Jan-Erik Andersson
- Uddevalla Polisen 160
2. B.A. Stahl
- IK Vikingen 155
3. Folke Gustavsson
- IFK Goteborg 145

Men 50

1. Axel Fernaeus
- Jarvso IF 155
2. Bengt Blomqvist
- Tolereids AIK 150
3. Rune Friberg
- Redbergslids IK 150

Men 55

1. Bengt Hermansson
- GIF Manhem 135
2. Gosta Hedlund
- Hogsbo AIK 135
3. Gosta Stegberg
- Hogsbo AIK 130

High Jump (cont'd)Men 60

1. Gustav Nyckel
- IK Orient 140
2. Tage Gustavsson
- Ljungsbro 135
3. Ingvar Svensson
- GIF Manhem 130

Triple JumpMen 40

1. Villu Haavasalu
- IF Kville 13.79
2. Stig Pettersson
- Vretstorps IF 12.62
3. Olle Johansson
- OIS 12.56

Men 45

1. Arne Eriksson
- Varbergs GIF 12.62
2. Lars Erik Ling
- IK Kville 11.67
3. Viktor Tilkku
- Hogsbo AIK 10.14

Men 50

1. Vaclav Bartl
- OIS 12.08
2. Yngve Larsson
- Hogsbo AIK 11.04
3. Rune Friberg
- RIK 10.56

Men 55

1. Gosta Stegberg
- Hogsbo AIK 9.90
2. Gosta Hedlund
- Hogsbo AIK 9.82
3. Bengt Hermansson
- GIF Manhem 9.54

Men 60

1. Roland Andersson
GIF Manhem 8.99
2. Evert Gustafsson
Goteverken 8.69

Pole VaultMen 50

1. Harry Engelholm
- IFK Borgholm 280
2. Aarne Ojala
- IDK Lund (60+) 170

Hammer ThrowMen 40

Weight 7;26 kg.

1. Eugenius Zablocki
- IFK Helsingborg 51.72
2. George Johansson
- Hogby IF 43.66
3. Stig Johansson
- Dals-Sodra FFI 38.52

Men 50

Weight 7;26 kg.

1. Bengt Hallinder
- Vretstorps IF 30.22
2. Helge Tyft
- Hogsbo AIK 15.56

Men 55

Weight 7;26 kg.

1. Viktor Jonsson
- IFK Helsingborg 31.46
2. Karl Erik Olsson
- Hokensas UF 30.22

Men 60

Weight 7;26 kg.

1. Erik Andervarn
- Bollnas GIF 42.60
2. Gustav Nyckel
- IK Orient 30.40

Shot Put

Weight 4;00 kg.

Women 35

1. Lena Sandren
- IFK Trelleborg 9.50
2. Kristina Karlsson
- Tumba 6.61

56

Shot Put (cont'd)Men 40

Weight 7;26 kg.

1. Krister Wittbom
- Hassleholms 14.84
2. Jack Larsson
- Uddevallapolisen 12.32
3. Georg Johansson
- Hogby IF 10.70

Men 50

Weight 5;50 kg.

1. Anders Lindholm
- IF Gota K-d 13.24
2. Bengt Hallinder
- Vretstorps IF 11.83
3. Rune Friberg
- Redbergslids IK 11.75

Men 55

Weight 5;50 kg.

1. Rolf Strandli
- IF Gota K-d 13.31
2. K.E. Olsson
- Hokensas 12.29
3. Axel Rydstrom
- IF UDO 12.14

Men 60

Weight 4;00 kg.

1. Rolf Gustafsson
- GIF Manhem 14.00
2. Gustav Nyckel
- IK Orient 12.74

DiscusMen 40

Weight 2;00 kg.

1. Krister Wittbom
- Hassleholms AIS 45.02
2. Canet Norman
- IFK Halmstad 43.38
3. Jack Larsson
- Uddevallapolisen 35.92

Men 55

Weight 800 grams

1. Axel Rydstrom
- IF UDO 47.44

Men 50

Weight 1;50 kg.

1. Anders Lindholm
- IF Gota 47.88
2. Bengt Hallinder
- Vretstorps IF 46.24
3. Olavi Myllari
- Halle IF 31.58

Men 55

Weight 1;50 kg.

1. Rolf Strandli
- IF Gota 46.00
2. Gosta Steen
- Savedalens AIK 40.56
3. K.E. Olsson
- Hokensas UF 40.26

Men 60

Weight 1;00 kg.

1. Rolf Gustavsson
- GIF Manhem 46.06
2. Asbjorn Dille
- IF Gota 45.78
3. Tage Gustavsson
- Ljungsbro 33.52

Women 35

Weight 1;00 kg.

1. Lena Sandgren
- IFK Trelleborg 33.34

JavelinMen 40

Weight 800 grams

1. Asser Tukia
- OIS 59.13
2. Matti Valtonen
- Halle IF 48.74
3. Arvi Lume
- Molndals AIK 41.14

Men 50

Weight 800 grams

1. Heino Poutiainen
SFK:s FK 40.12

Men 60

Weight 600 grams

1. Rolf Gustafsson
- GIF Manhem 33.18

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ALL JAPAN MASTERS TRACK AND FIELD CHAMPIONSHIPS

1st All Japan Masters Track and Field Championships
1980

Wakayama Kimiidera Athletic Stadium

Wakayama City Japan

October 18-19, 1980

MEN

High Jump

1A	K.Tajima	1.50
1B	N.Azuma	1.70
2A	T.Oikawa	1.50
2B	S.Tanaka	1.35
3A	T.Miura	1.30
3B	K.Sasayama	1.20
4A	H.Kawakami	1.05

Broad Jump

1A	K.Tajima	6.37
1B	K.Aibe	6.18
2A	Y.Iwabuchi	5.33
2B	T.Sasaki	4.55
3A	S.Tsuo	4.60
3B	M.Morita	4.61
4A	N.Suminami	3.72

Hop, Step and Jump

1A	K.Konoike	12.37
1B	K.Aibe	13.17
2A	Y.Iwabuchi	11.70
2B	K.Koana	10.77

3A	T.Miura	9.51
3B	K.Yasudai	9.18
4A	S.Yamano	8.22

Shot Put

1A	Y.Terasawa	11.50
1B	T.Tsushita	10.24
2A	Z.Matsumoto	11.30
2B	Y.Saika	9.47
3A	K.Yokota	12.48
3B	Y.Tsukahara	10.20
4A	I.Ishida	7.50

Discus Throw

1A	Y.Kato	35.14
1B	Y.Ohata	31.78
2A	H.Itoi	31.28
2B	M.Hiraoka	26.12
3A	T.Yokota	31.90
3B	Y.Kazuki	28.08
4A	N.Suminami	20.89

Javelin Throw

1A	T.Nakamura	47.66
1B	R.Okazaki	31.92
2A	K.Fukemoto	33.12
2B	S.Enomoto	29.20
3A	M.Shibasaki	27.64
3B	Y.Tsukahara	23.86
4A	I.Hashimoto	16.52

100

1A	Y.Takase	11.6
1B	T.Nakata	11.9
2A	Y.Hieta	12.5
2B	H.Yamazaki	12.6
3A	G.Watanabe	14.0
3B	M.Morita	14.5
4A	Y.Ichinoki	15.1
4B	S.Iwamoto	16.0

200

1A	Y.Takase	23.8
1B	M.Kadonami	24.8
2A	Y.Hieta	25.2
2B	H.Yamazaki	26.4
3A	G.Watanabe	28.7
3B	S.Uekama	32.2
4A	M.Sugimoto	31.3
4B	T.Hirai	34.4

400

1A	Y.Takase	54.3
1B	K.Kimura	58.2
2A	Y.Hieta	59.0
2B	M.Ohashi	66.9
3A	G.Watanabe	68.2
3B	N.Ura	74.2
4B	T.Hirai	87.3

800

1A	T.Garo	2.07.9
1B	J.Wanibuchi	2.10.5
2A	H.Oikawa	2.22.3
2B	M.Ohashi	2.38.1
3A	Nakatani	2.33.0
3B	K.Masuda	2.50.6
4A	K.Hosokawa	3.21.2

1500

1A	K.Sekoguchi	4.23.3
1B	J.Wanibuchi	4.29.2
2A	M.Iijima	4.48.3
2B	Y.Nishijima	5.12.9
3A	S.Sasaki	5.24.6
3B	Y.Hota	6.11.6
4A	M.Sumi	7.09.1
4B	T.Kawamata	6.32.3

<u>5000</u>		
1A	T.Iwamota	15.59.0
1B	J.Wanibuchi	16.53.9
2A	K.Horiuchi	18.16.1
2B	Ueyama	18.11.3
3A	S.Sasaki	19.48.9
3B	S.Hatori	23.12.7
4A	M.Konno	20.43.0
4B	T.Kawamata	22.20.7

<u>10000</u>		
1A	T.Akazawa	33.48.3
1B	M.Umikata	37.51.9
2A	S.Karasawa	38.34.9
2B	J.Ryugo	40.14.0
3A	S.Shibuya	42.22.2
3B	E.Basaki	52.07.8
4A	M.Konno	45.03.3
4B	F.Yamanouchi	59.59.4

WOMEN

<u>100</u>		
1A	T.Watakawa	13.4
1B	m.Kataoka	15.5
2A	S.Yamamoto	15.4
2B	M.Takahashi	17.3
3A	F.Imazu	17.9
3B	H. Saika	19.6

<u>800</u>		
1A	H.Satake	3.26.1
2A	C.Matsumoto	3.50.1
2B	S. Muyo	3.14.6

3A	S.Shinbara	3.27.2
<u>5000</u>		
1A	F.Tabata	20.29.8
2A	K.Tsutazaki	24.38.6
2B	S.Muyo	23.07.5
3A	S.Shibara	25.22.5
3B	K.Teijima	29.08.1

High Jump

2B	T.Fukushima	1.05
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Broad Jump

1A	T.Watakawa	5.18
1B	M.Kataoka	4.60
2A	S.Yamamoto	3.67
2B	T.Fukushima	3.28

Shot Put

1A	K.Yoshinari	12.07
1B	T.Hatakeyama	7.72
2A	E.Kihara	7.47
2B	M.Takahashi	8.51

Discus Throw

1A	Y.Yao	32.30
2A	E.Kihara	22.70
2B	M.Takahashi	20.38

1A(40-44)	2A(50-54)	3A(60-64)
1B(45-49)	2B(55-59)	3B(65-69)
4A(70-74)	4B(75-)	

"Old Masters"

by Jack Pennington

A great attraction of Veteran athletics is the characters you might meet, Olympians, former rivals of long ago, and those friends made at places like Cologne, London, New York, Toronto, Goteborg, Hanover and so on. At Christchurch I had hoped to become reacquainted with the likes of Gordon Pirie, and Arthur Lydiard, who with Jack Foster were notable and somewhat surprising absentees. There was of course some compensation in observing that Bill Baillie was still a Champion.

Gordon Pirie competed in the 1980 Australian titles and was devastated to find that men older than himself could beat him over 1,500mts, 5km and even at his favourite event, cross-country. He vowed that he would be much harder to beat when he was 50 at Christchurch, meanwhile he was off on a World trip at the expense of Air New Zealand to promote the World Veterans.

Arthur Lydiard now 64 had twice recently broken 3 hours for the marathon, and Jack Foster, at the age of 48 did expect to be at the Moscow Olympics in the Marathon. In 1980 he won the New Zealand title and placed second in the National cross-country, incidentally, one of the most hair raising and spectacular scenes in a recent film was of Jack Foster running down a 45 degree "scree-slop" (loose shale) descending some 3,000 feet. The film is a supporting film on the Cinema circuits, called "On the Run" and includes John Walker and Arthur Lydiard. Watch for it, it is produced by the Commonwealth film unit of New Zealand. We should also look out for the film of the World Veterans at Christchurch, made by New Zealand T.V. to be called "The Good Age", doubt it will include the episodes which featured a minority protest against Apartheid.

Also at Christchurch were a variety of interesting characters. One was from the backwoods of U.S.A. who rarely ever paid a visit to the City. He was equipped with a pair of home made spikes and had made these from liquid latex. They fitted like rubber gloves.

FOSTER: 2hrs 11 mins 28 secs at age 42

PIRIE: Former World record holder 1 mile

BAILLEE: ditto 1 hr. Run

Another character became a member of the winning M55 cross-country team, some of you may recall seeing this man in track suit bottoms in both the cross-country and the marathon in which he also gained himself a medal with 2hrs 58min.

Cliff Young, and his mother aged 87, are potatoe growers 50 miles from Melbourne Australia. Cliff is 59 and started Veteran Athletics in 1980 when he turned up for a marathon, he was without any form of athletic gear and ran in street clothes, most of the line thought he was joking, when he said "he expected to finish because he ran 26 miles two days earlier, in a woolen pull-over". In fact he made a practice of running 25 miles to get a hair cut and 25 miles back again, (without bothering about food) and in fact he did not eat meat. Well Cliff finished 8th in his first marathon in 3hrs 02mins.

He was then persuaded to try himself out at Christchurch, and in passing through Melbourne en-route, he made his first visit to a City in ten years. Despite being handicapped by water-logged track suite in the heat of the day, his first cross-country race was a fairly successful 13th place. Two days later, still wearing trousers, he found himself in such good company that he was quite content to deadheat with a team mate.

Cliff has since written me, an invitation to visit him at the farm, and "as a special treat we could have a day out on Sunday and run to Appolo Bay, it's only 25 miles each way", and he's not kidding, in fact he considers a marathon is a bit short, and is looking for a 100 miles race. Oh! There is a reason for wearing long pants, because all his life he has worked out doors in the Assie sun, clad only in shorts, unfortunately he has acquired a good dose of skin cancer, and has had cosmetic surgery, which includes his face.

Believe me you will hear more of Cliff, he will run close to the World best for the M60 marathon, mark my words.

By the way Cliff ran for three hours on the lawns of the University, on the day before the Christchurch marathon, he wanted to make sure he was on form.

(absolutely true) All the Best Jack Pennington

Distance running is a wonderful sport. Pain is its only failing.

I am a failed marathon runner. I am envious of those born with the talent to absorb merciless punishment.

I cannot guarantee the total precision of the following conversation, but be assured that the attempt to paint an accurate picture is genuine.

Firstly, a few words of explanation. The Victorian professional country marathon championship was held at Lara last Sunday, and there were 47 entrants. I was one of them. Cliff Young was another. The event was scheduled to start at 8 a.m., supposedly to beat the heat, but at 8.30 we all realised we faced a torrid experience. Hot north winds were racing through the shadows of the You Yanga, and that's when I decided not to subject my shamefully unfit frame to anything further than 18

gear or he would miss the start.

"Don't wear shorts or track suits," he said. "Can't see any need for them."

It was then that I concluded that Cliff Young a 58-year-old potato farmer from the mountain-goat town of Beech Forest in the Otway Ranges was successfully unloading his pre-race acute tactics on me.

Stiff

"Ever run a marathon before?" I ventured.

"Yeah ... on Friday."

"What ... just two days ago?"

"Yeah ... made a blur, though. Should have run it Wednesday ... felt a bit stiff yesterday."

The race began, and the men in their gleaming Adidas, Puma, Nike and other imported gear took off at intervals as the handicapper released them.

Cliff Young conceded the limitman 27 mins. 40

secs. start and pranced off in his shirt, trousers and desert boots. He said they were running shoes, and that they cost him \$6.99.

The first drink station was at the 12 km mark. You could have Big M or cordial. I chose the Big M, succumbed listlessly to suffering and promptly retired from the race.

Failed marathon runners talk a lot. When I retreated to the comfort of a friend's car, the three other occupants were discussing the amazing Cliff Young.

He was about 4000 metres up the road by that stage, and spectators were beginning to believe that his economical, no-nonsense style was about to carry him to the biggest upset in the history of Australian marathon running.

They were puzzled, too, that he kept waving and smiling at people, thanking them for their encouragement.

Cliff Young didn't win the championship. He

was 10th over the line in the time of 3 hours 2 mins. 25 secs.

That time would earn him a thrashing at the Olympic Games, but Cliff's not aiming that high. And he hopes that he won't have to suffer the same brutal conditions again.

Meat

Somewhere along the line, I feel that Australia missed out on a potential world-beater when it didn't discover Cliff about 40 years ago.

I reached that conclusion when he waltzed up to me after the race and said: "Are you all right, mate?"

I just have to tell you more about Cliff Young.

He doesn't drink, he doesn't smoke, and he hasn't eaten meat for five years.

"I ate a bit of meat about five years ago," Cliff confessed.

"Got so crook I was up all night ... geees I was crook. Haven't touched meat since."

Cliff is not married because he hasn't had time, and he lives with his 86-year-old mother on his 100-hectare farm.

His grandmother died when she was 101, and Cliff reckons he has a fair chance of reaching at least 90.

"Bit worried about skin cancer though, mate," he confessed.

"Had a couple of operations ... that's why I've got to keep my legs covered up."

ATHLETICS Congress National Masters 5000 meters Cross Country Championships. Balboa Park, San Diego, California. Clear, no wind, 62° F.

The race director ordered nice weather for the 5,000 meter cross country Championships held in San Diego on November 29, 1980 and it showed up right on time. The sunshine was pleasantly warm, but the competition was fiercely hot in several divisions. A large eucalyptus tree had fallen across the course a few days prior to the race to add an unscheduled obstacle. Runners had the option of going around either end or hurdling the trunk. It seemed like about a third chose each route, with some of the women going the short route "over the top".

Bill Meinhardt of the West Valley Joggers and Striders, Andre Tocco of the Culver City Athletic Club, Skip Shaffer, Andre's teammate, and Gary Sampson of the San Diego Track Club had a good battle up and down the hills, with M40 Bill finally pulling out a 9 second margin over M45 Andre. Skip and Gary hung in for 2nd and 3rd in the M40 division.

The closest race was for the M50 title with SDTC's two Bills, Stock and Phillips going at it hammer and tong for 2 miles where they were never more than 3 meters apart. Phillips pushed hard up the last hill at 2 miles and opened up 30 meters. That lead held constant for almost a mile, then with 150 meters to go Stock went, making up 20 meters and winning by 4 seconds in course record time.

Jim O'Neil, SDTC, took the M55 national title and SDTC runner John Lafferty wound up the M60 winner. Herb Wright Journeyed from Salt Lake City, Utah, and then another 5,000 meters to run off with the M65 championship and 81 year old Paul Spangler made his trip from San Luis Obispo, California a success by winning the M70 plus title.

In the women's race, run separately 45 minutes before the men, Jennifer Wright of Indio, California was a story unto herself. The W45 champion was first over-all. A sub-masters SD & I Association championship race was run with the masters women's race and international class marathoner Sue Krenn and Jennifer went tooth and nail most of the way. Jennifer finally moved away to a 10 second win over the W30 Ms. Krenn. 3rd over-all was W45 Dorothy Stock SDTC, followed by W50 champion Anne Johnson who is the 1980 Diet Pepsi 10 K national champ. Mary Storey ran well on the tough course to nail down the W55 championship to go with her earlier 10KM XC win in Seattle.

RESULTS:

1. Bill Meinhardt	40	WVJ&S	16:51	32. Otto Reed	41	Unatt	18:55
2. Andre Tocco	45	CCAC	17:00	33. Rod Johnson	51	SDTC	18:56
3. Skip Shaffer	42	CCAC	17:06	34. Ray Gil	56	STC	18:58
4. Gary Sampson	40	SDTC	17:10	35. Walter Atcheson	54	SCS	19:01
5. Frank Saiz	42	BPHT	17:17	36. Buzz Bennetts	43	CCAC	19:03
6. Bill Porter	41	SDTC	17:22	37. Gunnar Linde	52	SMTC	19:22
7. Jim Temples	43	SDTC	17:37	38. Don Hegerle	50	SDTC	19:25
8. Kent Guthrie	44	WVJ&S	17:39	39. Jerry Jordan	44	SDTC	19:27
9. Bill Crum	45	STC	17:41	40. Patrick Devine	52	Unatt	19:35
10. Bill Hotchkiss	40	WVJ&S	17:46	41. Russ Doolittle	49	SDTC	19:49
11. Bill Stock	51	SDTC	17:46	42. Jim Helldoorn	42	SDTC	20:09
12. Bill Phillips	52	SDTC	17:50	43. John Lafferty	62	SDTC	20:13
13. Tom Brown	42	EPHT	17:53	44. T. R. Eddy	47	SDTC	20:14
14. Myron Nevraumont	46	WVJ&S	17:57	45. John Giller	42	EPHT	20:24
15. Dick Pallies	43	CCAC	17:59	46. Buzz Hinckley	46	SDTC	21:05
16. Bob Daniel	40	SDTC	18:01	47. Bob Holmes	52	SDTC	21:07
17. Phillip Weiny	45	Unatt.	18:01	48. Frederick Frye	46	SDTC	21:07
18. Ray Sablan	41	SDTC	18:13	49. Wayne Zook	63	SDTC	21:15
19. Richard Belliveau	44	CCAC	18:16	50. Don Dilworth	61	SDTC	21:27
20. Pat Watkins	43	SLCTC	18:24	51. Hal Elrick	62	SDTC	21:40
21. Walt Van Zant	41	WVJ&S	18:26	52. Dale Sutton	41	SDTC	21:54
22. Pete Larson	43	EPHT	18:26	53. John Elliott	60	WVJ&S	21:55
23. Tom Hillary	44	EPHT	18:32	54. Ken Bernard	54	SDTC	21:56
24. Ian McInnes	45	EPHT	18:37	55. Jerry Dietrich	46	Unatt	21:58
25. Will Rasmussen	40	SDTC	18:38	56. Woodrow Derby	62	SDTC	22:06
26. Bryan Holmes	46	WVJ&S	18:40	57. Alejandro Garduno	40	EPHT	23:30
27. Wells Gardner	43	EPHT	18:41	58. Lloyd McGuire	48	SDTC	23:33
28. Marsh Haraden	50	SDTC	18:42	59. "Red" Isom	61	SDTC	23:34
29. Jim O'Neil	55	SDTC	18:44	60. Herb Wright	67	SLCTC	23:36
30. Ray Schmidt	43	CCAC	18:47	61. John Garcia	62	CCAC	24:48
31. Joe Wilson	45	SDTC	18:54	62. John Norris	62	SLCTC	25:14



Jack Pennington (Australia)

63. Paul Spangler	81	SLODC	26:50
64. Alfred Guth	72	STC	27:23
65. Lucian Salazar	73	SDTC	27:39

Sub-masters men SDYI AC CHAMPIONSHIPS

1. Jim Mosher	30	PTC	16:12	7. Howard Moody	39	SDTC	17:46
2. Richard Enriquez	31	Unatt	16:25	8. Jim Doran	32	WVJ&S	17:54
3. Dennis Kasischke	34	SDTC	16:38	9. Bill Wildrick	35	BPHT	17:58
4. George Luiken	37	BPHT	16:42	10. Mike Carpenter	37	SDTC	18:41
5. Dan McCaskill	39	SDTC	16:47	11. Bruce Norvell	37	BPHT	19:19
6. Mac Larson	32	Unatt	17:30	12. Larry Main	37	Unatt	20:59

Masters Women

1. Jennifer Wright	45	STC	19:53	8. Elsa Evans	46	SDTC	22:30
2. Dorothy Stock	48	SDTC	20:13	9. Una Pierce	42	SDTC	22:54
3. Anne Johnson	52	SDTC	20:47	10. Anne Belovich	56	SDTC	26:21
4. Helene Laurent	46	SDTC	20:52	11. Hazel Klein	58	SDTC	30:05
5. Nicki Hobson	49	SDTC	21:19	12. Gladys Lehman	58	FJ	30:10
6. Faye Heldoorn	43	SDTC	21:23	13. Felicitas Salazar	71	SDTC	39:42
7. Mary Storey	56	SDTC	21:26				

Sub-masters women SDYI AC CHAMPIONSHIPS

1. Sue Krenn	30	Unatt	20:03	4. Sandy Sutherland	33	PTC	24:22.
2. Mary Sinclair	39	SDTC	22:45	5. Deanna Dean	30	SDTC	25:32
3. Pat Halderman	37	SDTC	24:14	6. Cori Brown-Mosher	35	PTC	25:48

WVJ&S	West Valley Joggers & Striders	CCAC	Culver City Athletic Club
SDTC	San Diego Track Club	BPHT	Balboa Park Horney Toads
STC	Seniors Track Club	SLCTC	Salt Lake City Track Club
SCS	Southern Cal Striders	SMTC	Santa Monica Track Club
PTC	Phidippides Track Club	FJ	Fresno Joggers
SLODC	San Luis Obispo Distance Club		

Team Championships Men

40-49	
1. SDTC Orange	44
2. WVJ&S	45
3. CCAC	53
4. BPHT	69
5. SDTC White	114

50-59	
1. SDTC Flying Tigers	15

60+	
1. SDTC	6

Team Championships Women

40-49	
1. SDTC	15

50-59	
1. SDTC	6

Norman Bright M70 (USA) who, despite being totally blind now, contested a number of events winning the silver medal at the 25km Road Race. Palmerston, N New Zealand.



Sport and Politics

How often has it been said that sport and politics don't mix? The statement re-emerges with every political act that touches the world of sport, be it the intervention of a politician or government, the proclamation of a self-interest group, or the atrocities of a terrorist. The statement is stoutly defended by many, yet assailed and ridiculed by others. Can so many, on either side of the debate, be wrong? Is it not more likely that the statement is ambiguous and misunderstood?

Its detractors are quick to cite numerous occasions where sport and politics have shared the same stage - the student riots at the 1968 Olympic Games in Mexico; the Munich massacre in 1972; the ousting of Taiwan from the Montreal Olympics in 1976; the Moscow boycott in 1980 - all of them tragic incidents having an adverse effect on the world of sport, yet none of them sown by sport.

Is this perhaps the key to a more intelligent understanding of the statement? It is not so much that sport and politics don't mix, in the sense of "coming together" or "colliding". Indeed, they do. The key is that sport and politics do not mix well. No one challenges the statement that "oil and water don't mix". Yet, none can deny that oil and water, on occasion, come together, sometimes with equally disastrous results. Is it not just that, like sport and politics, oil and water do not mix well?

Taken in this context, the statement is a fair one. It is defensible. This is not to say that politics is always and necessarily harmful to sport. On the contrary, where political activities foster the pursuit of sport or assist in its development, without direct interference, the effect can be highly beneficial. Why, then, does the Olympic Movement appear to be a fortress constantly under siege by political elements of every description?

The question begs the obvious. The Olympic Games are a somewhat rare event, occurring only once every four years. They are, however, the single most highly visible event of an essentially peaceful nature (if left undisturbed by elements bent upon other purposes) in the world today. They are a spectacle of gigantic proportions, a festival televised throughout the world to the widest conceivable audience. As such, they constitute the largest and rarest world forum or showcase in which to introduce and draw attention to whatever cause, however foreign it may be to sport.

The temptation to pervert or to penetrate the Olympic Games for the purpose of bringing such causes to the attention of the world is overwhelming. For the paramount aim of the self-interest group, the activist, the radical, the terrorist - and, sometimes, the politician - is to make known his cause to the world. Therein lies his greatest challenge. Therein lies his only hope of survival and success. He therefore seeks the most dramatic of means to make his point, to display his cause. He chooses the most visible event, place or forum he can for that purpose.

Some will argue that, if the Olympic Games are so attractive to the political opportunist, why not abolish them? Why not remove temptation from his path? Indeed, why not? But what then will be next to fall? Abolition of the Olympic Games may well remove the most highly visible forum of today. But tomorrow, the forum which previously ran only second to the Games in visibility will become the highest remaining. It, in turn, will become the prime target of the day. And it, too, will fall. Such a scenario, of course, is unacceptable. The world cannot allow the activist to bring down, one by one, its honoured institutions.

The reasons for preserving the Olympic Games, however, go much deeper than this. In a world that has seen little peace in the past century, and which appears constantly to be on the brink of renewed global conflict, the Olympic Games offer an unparalleled opportunity for thousands upon thousands of the world's youth from all nations to come together, to meet face to face, to mingle, to see, to exchange ideas, to compete, to make friends, and to live an unforgettable experience. In times such as these, the Olympic Games represent what may be the last remaining chance for dialogue and exchange among nations on so vast a scale, one which could, and should, be shorn of political strife and intervention. It seems self-evident that the world should benefit from more of this kind of opportunity, rather than less. Idealistic though this may sound, can the world today afford to deprive itself of an institution so rich in its potential for better understanding among its peoples? Should the nations of the world not strive, rather, to preserve and to safeguard such a valuable asset?

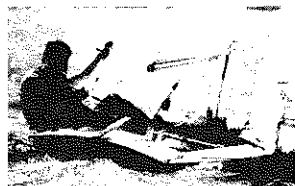
The award of the Olympic Games to Moscow was not in recognition of any political regime. Nor was it in tacit approval of the state of affairs in Afghanistan that, despite the absence of a number of prominent nations, the Games were allowed to proceed. Those NOCs which declined to attend acted generally in support of urgent governmental requests citing the seriousness of the international situation. The COA was among them. If the NOCs acted reluctantly, it was not for lack of concern over the international situation. It was out of conviction that aggression will not effectively be stayed, nor political problems solved, through the sacrifice of a sporting event. It was out of conviction that the way to better understanding among nations is not served by measures which diminish contact and face to face communication among the peoples of the world.

These NOCs nonetheless complied with the requests of their governments. That is to say, their individual members, by majority vote, complied. They did so as a matter of conscience, as a matter of principle. Those who voted in the minority did no less. All who participated in the decision, on either side of the issue, acted in the hope that the greatest good might be served. History will be the judge.

It would be inappropriate, however, to conclude the discussion here, for the hands of sport are by no means entirely clean. Sport itself, on occasion, steps into the political arena. It has been known to bar sport competitions and sport exchange programs with certain countries, and to oust one nation from the world stage of sport while denying entry to another. These acts are often politically motivated, designed to bring about political change, or to discredit a particular political stance in countries against which such action is taken. If sport is to decry the intrusion of politics into sport, it must acknowledge its own incursions into the political field, and commit itself to a suitable program of self-discipline.



Future Perspectives



The Olympic Movement and the Olympic Games are far from perfect. While many of the problems besetting them arise from external forces bearing no relation to sport, numerous other problems arise from within. These are born not of the principles, the ideals or the aims of Olympism, which themselves appear to be universally accepted, but of the customs and traditions which have grown to surround the Olympic Games. Such problems can therefore find their solution through self-regulation.

The previous section has touched upon the issue of sport and politics. The Olympic Movement may well be unable to forestall all political interference in the Olympic Games, particularly at the hands of a nation, or group of nations, so inclined. That is a matter for the conscience of each nation contemplating such interference. The Olympic Movement is nevertheless in a position to adopt measures which, irrespective of whether they reduce the appeal for this kind of activity, may do much to remove the political overtones now attendant upon the Games by reason of long and unnecessary tradition. The flags, colours and insignia of each national Olympic committee could, for instance, supplant the national flags and other symbols of national identity during the Games. The Olympic hymn could replace the national anthems. Athlete nationality could be held in low profile. Sports which generate undue national rivalry could be removed from the program to make room for new sports which do not. With nationalism less in evidence, the use of the Games to prove the value of a particular political way of life may lose much of its appeal.

The cost of staging the Olympics, particularly the summer Games, is also due for serious examination. Again, this is hardly a factor attributable to anything inherent to the Olympic Movement itself. Rising costs are more a natural outgrowth, not only of inflation, but of native pride as successive host cities attempt to outdo the former on the world stage. Various remedies are possible. The scale, and therefore the cost, of the summer Olympics would diminish with the assignment of appropriate sports to the program of the winter Games. Although the cost of staging the latter would then increase, the cost of hosting each set of Olympic Games would tend to equalize, would spread itself over a greater number of cities, and would bring the summer Games within the financial reach of more cities around the world. Yet another alternative is the selection of permanent sites for both the winter and summer Games, with each participating nation assessed a share of the cost of maintaining the sites and staging the Games. This proposal has the additional merit of ending the rivalries which appear to have led to the staging of ever more luxurious Games over the past two decades. It would also end the need to duplicate new and costly facilities.

Eligibility to compete in the Games must be redefined in a manner which is fair to all competitors. Every effort must be made to ensure that one competitor does not have an unfair advantage over another, so that eventual competition is not so one-sided as to render it meaningless.

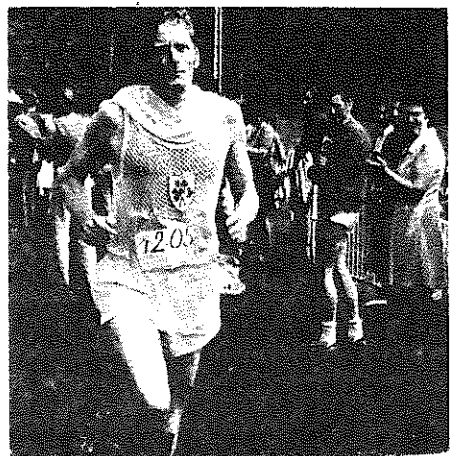
Judging in the subjective sports, such as figure skating, diving, boxing and gymnastics, must be improved to a point beyond reproach. Recourse should be had to the considerable electronic and other technology available today to subject the scoring of each judge to rigorous statistical analysis to ensure not only that justice is done, but that it appears to be done.

Measures such as these have the endorsement of the COA. Some have already been the subject of COA submissions to the IOC. Others will become the subject of future proposals as the COA continues to study ways and means of bringing modifications and improvements to the Olympic Movement and the Olympic Games. Some degree of change is essential if this valued institution is to move with the times, and to retain the interest, respect and support of all concerned.

"In this modern world, so rich in overwhelming possibilities, and yet so threatened with decay, Olympism may be a proving ground for moral nobility and purity as well as for physical strength and endurance; but only on condition that you continually raise your concepts of honour and impartiality in sport to the greatest heights with every strength of your being. The future depends on you."

Though these might well have been the words of a modern day spokesman in support of the Olympic Movement, they were delivered by Baron Pierre de Coubertin in April of 1927. The future indeed depends on us, as much today as then. The survival or future shape of the Olympic Games will depend not only upon those who administer them, but upon the actions of nations and governments. These in turn will be conditioned by the attitudes of people of individuals.

Among the many peoples of the world who come together in celebration of the Olympic Games, there are enormous divergencies of cultural outlook and political ideology. We must recognize that, as these divergencies are often at the root of misunderstanding among nations, so also do they take some toll of the Olympic Movement. The fullest achievement of the ideals of Olympism may, therefore, like the struggle for world peace, remain a perpetual challenge. Meeting that challenge will require patience, diligence, understanding and firm resolve.



W. DUNNE (Ireland)



M50 World Marathon Champion Piet Van Alphen (Holland)



Bill McMinnis M65, (England) whose fine running earned him wins at 10km Road, 5000m track and second place at 10,000m.



Jacques Serruy's (Bel, 1317) is Vice President of both WAVA and IGAL. Amongst others also shown Jim Morrow (Can, #1332) and T. Fletcher (SCO).

Politics, protests and violence marred the otherwise successful 4th World Veterans Games in Christchurch, New Zealand January 8-14.

Daily demonstrations at the stadium by a local group, protesting the participation in the games of athletes from South Africa, cast a shadow over the otherwise friendly and enjoyable week of competition.

On at least two occasions, disruptions caused veteran athletes to attack and beat protestors who had interfered with the events.

The controversy kept the games on page one of the New Zealand papers for the entire 8-day length of the meet.

The New Zealand Press called for the Games to return its government grant.

The tremendous problems faced by the organizers of the Games became apparent even before the games got underway.

Last fall, when hoped-for commercial financial support fell through, the organizers approached the New Zealand government. It agreed to give \$40,000 to the Games with the condition that athletes from South Africa be barred from competing. 🍀

On the morning of opening day, HART protesters invaded the WAVA general meeting, presenting a 10-point letter objecting to South African participation.

WAVA officer Jacques Serruys of Belgium tore it up, and the police escorted the group outside.

Stein proposed the South Africans be excluded from all further participation in veterans affairs. He suggested that South Africa might be re-included when it regained membership in the International Amateur Athletics Federation.

But Bob Fine, North American representative to WAVA, stopped the motion cold. Rising to a point of order, he noted that the motion was in conflict with the Constitution: that the Constitution would have to first be amended. Since Stein had apparently not submitted the proposal 90 days in advance as a Constitutional amendment, as the rules mandate, WAVA President Don Farquharson ruled it out of order without a vote being taken. He invited Stein to submit it as a constitutional change at the next meeting in 1983.

"This smacks of railroading," protested Stein. "What about the other countries in Africa? Don't they deserve to be encouraged to compete at these games, rather than one rich man's country in the south?"

He said WAVA should also be making efforts to encourage countries like China and those from the Soviet bloc, to take part.

Farquharson said he endorsed the idea to encourage other nations to join in the games.

"It has always been our intention to encourage athletes from any part of the world who wish to take part. In that respect, we are one. Almost anybody could be barred from these games if we went political. We are not political."

DEMONSTRATION AT STADIUM

That afternoon, as the athletes paraded into the stadium for opening ceremonies, HART went into action. The Press reported:

The demonstration began when a group of about a dozen people, some dressed in prison-like garb, some with faces painted black and others with faces painted white, began moving down the track from the 100-meter starting area. They appeared to be re-enacting the beating up of black people by whites, although this was not particularly clear.

Farewell, Duncan

Duncan MacLean is dead.

The most inspirational athlete of the veterans movement died at his home in Scotland in December at the age of 96, British correspondent Alistair Aitken reports.



MacLean was a true legend in veterans athletics. He will be sorely missed by all those who had a chance to meet him or see him in action.

At age 90, he competed in the 1st World Masters Track and Field Championships in Toronto in 1975, running in the 100 and 200 meter sprints.

He performed again at age 92 at the 2nd World Championships in Gothenburg, Sweden in 1977.

In those meets, his duels with "spring chicken" Charlie Speechly of England, 6 years MacLean's junior, were inspiring. MacLean received standing ovations from athletes and spectators each time he stepped on the track. Newspapers and the media sought him out at world competitions. His picture on the front page became almost a symbol of world games competition.

Not only was MacLean an inspiration because of his ability to run competitively on the track in his 90's, he was an engaging personality and charming man. A former understudy to the late Sir Harry Lauder, MacLean would compose a song or two for each world championship, and would entertain the throng with his singing and clowning. You can still hear him singing "Push and Run" at the Toronto barbecue.

Born December 23, 1884, MacLean set single-age records in the 100 from age 87 through age 93. He ran 16.3 at age 88 at the U.S. National Masters Championships in San Diego in 1973. At age 93, he ran 21.7 at the World Games in Sweden.

In the 200, he set records from age 88 through age 91, recording a 41.1 at age 87 in London in 1972, and a 51.5 at age 91 in 1976.

At age 92, MacLean retired from sprinting to just "jog." "I got dizzy spells when I sprinted," he told Aitken, "so the doctor told me to cut it out."

MacLean often said that he "loved going out and meeting people at the veterans meetings." He said people "should not sit at home and be lonely."

The veterans movement is the poorer today for the loss of Duncan MacLean. He will be missed by veteran athletes throughout the world.

VIOLENCE ERUPTS

Almost simultaneously, a group of demonstrators came on to the track and began to knock over the steeplechase barriers during the 50-54 race. Arthur Taylor of Canada, the leader, was forced to stop momentarily. Then one demonstrator ran in the inside lane towards the oncoming runners with his arms held out wide. He collided with Stan Gawler, a top New Zealand runner who had won the M50 World Veterans Distance Championship in Palmerston North a week earlier.

Gawler fell heavily to the ground, and athletes nearby exploded. The demonstrator was attacked by about 20 furious competitors, who kicked and punched him to the ground, tearing his clothes badly.

"Two shot-putters grabbed the guy and each started pulling him in a different direction," Higdon said. "Someone else bloodied his nose. Another kicked him in the groin."

The beating continued for perhaps 30 seconds before police broke it up.

Some athletes were still incensed. Several punched the man while he was being held by police. Urs von Wartburg, the powerful world record holder and gold medalist in the M40 javelin, had to be restrained by police. He was taken aside and held before being allowed to continue his event.

Even Higdon, well known as a mild-mannered, rational, cool-headed, intellectual type could not be restrained.

"I kicked him in the seat of the pants as the police led him out," he said. "The steeplechase is my event and I took it personally."

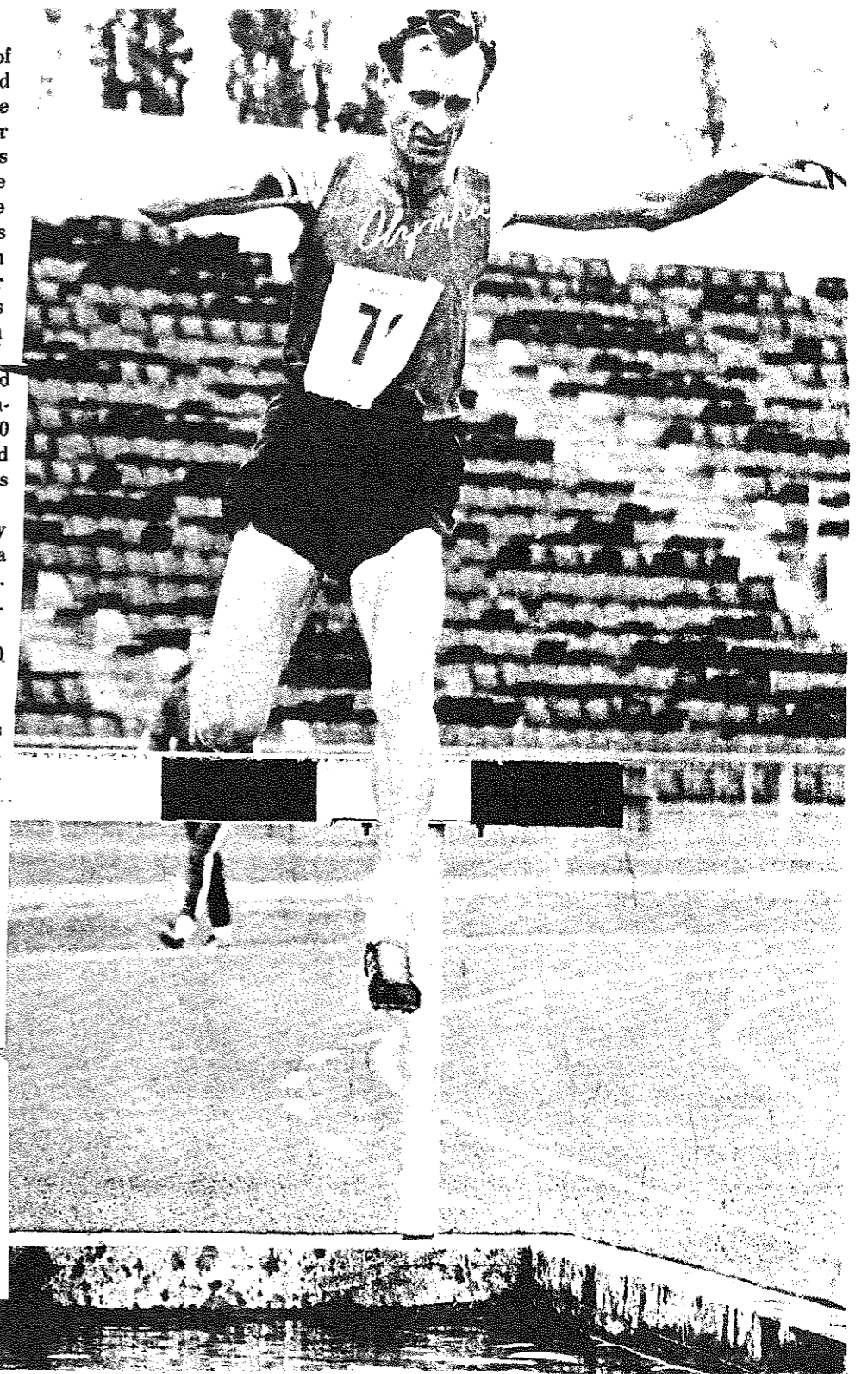
Throughout the incident, the crowd of some 3000 loudly booed and jeered the demonstrators and some shouted encouragement as the athletes punched and kicked the man on the ground.

Gawler, who was running second at the time, regained his feet, but the incident ruined his chance of a medal and he finished sixth.

Angry verbal exchanges continued between demonstrators and athletes as the demonstrators were escorted from the stadium.

One demonstrator was arrested and charged with trespass.

Later, the former chief superintendent of the Auckland police, and president of the New Zealand branch of the World Veterans, Gideon Tait, suggested that the reaction of the athletes might make the demonstrators think carefully before they tried to come back.



Jim MacDonald, Twin Brother of Games Chairman John, who won Gold, Silver and Bronze Medals.