







Continued from previous page

Age: 50 5128 (742) (739) (790) (785) 3056 (872) (682) (518)
3 Walsh, Bill 9.00 4.82m 11.38m 1.43m 11.12 2.80m DNF
Age: 51 3620 (545) (632) (704) (619) 2500 (585) (535) (0)
M55
1 Lance, Dale 8.21 5.70m 10.88m 1.46m 9.49 3.00m 3:51.44
Age: 59 5594 (847) (1022) (759) (740) 3368 (1005) (688) (533)
2 Pawlik, Emil 8.51 5.29m 9.84m 1.61m 9.38 3.00m 3:48.77
Age: 58 5510 (759) (883) (674) (925) 3241 (1028) (688) (553)
M60
1 Jankovich, Bill 8.80 4.60m 9.52m 1.32m 11.51 2.70m 4:00.01
Age: 63 4683 (759) (762) (661) (661) 2843 (646) (645) (549)
2 Peterson, Jim 9.29 4.36m 10.16m 1.38m 11.16 2.20m 4:37.06
Age: 62 4212 (628) (679) (714) (731) 2752 (707) (441) (312)
M65
1 Trinkner, Clarence 8.64 4.69m 9.84m 1.41m 9.99 2.00m 3:56.66
Age: 65 5592 (897) (908) (781) (868) 3454 (1056) (421) (661)
2 Seifert, Gordon 8.82 4.14m 9.06m 1.53m 11.88 2.70m 3:33.62
Age: 68 5584 (847) (704) (709) (1041) 3301 (709) (731) (843)
3 Stookey, James 8.49 4.86m 7.76m 1.44m 10.44 2.10m 3:51.50
Age: 67 5539 (940) (975) (589) (906) 3410 (967) (462) (700)
4 Douglass, Dave 10.14 3.74m 8.90m 1.32m
Age: 65 2520 (514) (563) (694) (749) 2520 (0) (0) (0)
5 Jones, Arthur 9.76 3.55m 6.87m 1.23m 16.92 1.30m
Age: 65 2511 (601) (500) (508) (627) 2236 (114) (161) (0)
M70
1 Smith, Denver 9.23 4.07m 9.96m 1.29m 10.74 2.60m 4:42.10
Age: 71 5414 (844) (781) (789) (803) 3217 (969) (772) (456)
M75
1 Buschman, Mel 11.58 2.94m 8.52m 1.11m 15.03 1.06m
Age: 76 2870 (434) (441) (746) (636) 2257 (477) (136) (0)
W35
1 Langner, Bogulewsa 9.14 4.03m 7.60m 1.35m 12.14 0.0 3:38.46
Age: 36 2476 (569) (386) (374) (566) 1895 (451) (0) (130)
W50
1 Raschker, Phil 8.17 5.40m 9.53m 1.55m 9.38 3.00m 2:56.02
Age: 50 6995 (1120) (1240) (635) (1251) 4246 (1178) (877) (694)
Note: Women's Pole Vault scored as if 15 year older man. Women ran 800 not 1000. Raschker ran 3:37.39 1000 meter with 2:56.02 800 meter in route.

EAST

Sugarloaf Indoor Meet #2 Northampton, MA; Jan. 28

55m
M30 Andrew Gamble 7.1
M45 Robert Davis 7.1
M50 Gary Geiger 7.2
W45 Ruth Morse 10.8
W55 Judy Scott 11.7
200m
M30 Pat Swift 24.2
M50 Gary Geiger 26.4
M60 Bruce Kurtz 40.0
M70 Doug Blanchard 38.4
W45 Ruth Morse 50.2
W55 Judy Scott 47.0
400m
M30 Pat Swift 52.4
M35 David Wick 1:04.5
M40 Pat Clark 59.6
M50 Steve Prouty 1:02.2
M70 Doug Blanchard 1:26.2
W40 Sidney Letendre 1:08.7
800m
M40 Roy Currie 2:08.5
M45 Joe Burleson 2:42.5
M50 Jonathan Tetherly 2:27.0
M55 Dominic Rappazzo 2:27.3
M60 John Burton 3:37.4
M70 Doug Blanchard 3:19.9
W35 Rena Rockwell 3:21.2
1500m
M30 William Bromsmith 4:20.0
M35 Arthur Demers 4:43.2
M40 Chris Armen 4:54.2
M45 Mike McCusker 4:51.9
M50 Steve Prouty 5:19.4
M55 Dick Ashley 5:35.9
M70 Doug Blanchard 7:05.2
W45 Lyn Newell 7:20.5
W55 Jane Arnold 5:47.0
3000m
M30 John Meredith 11:11.0
M55 John Hurley 12:35.8
M70 John Burton 15:52.8
Long Jump
M70 Doug Blanchard 5-7

Syracuse Indoor Invitational Syracuse, NY; Feb. 1

M40+ Mile
Tim McMullen M40 4:38.03
Chas McMullen M45 4:39.49
Tim Payne M45 CAN 5:02.27
Bill McMullen M40 5:08.49
Pat Risagan 5:13.07
John Capoccia M40 5:14.94

Kevin Morrisroe M45 5:15.35
Johli Alley 5:23.54
Joe Reynolds M55 5:46.26
Vince Colgan 5:51.90
Roger Hahn M60 6:31.21
Wally McRae 6:53.59
W40+ Mile
Patti Ford W40 5:26.44
Karyn Carrino W40 6:48.40
Yvone Rothenberg W50 6:54.71
Diane Sherrer W45 7:00.45
M A Zeppetello W60 10:43.07

Finger Lakes RC Indoor Meet Cornell U., Ithaca, NY; Feb. 16

55m
M40 Gary Geiger 8.1
M70 Howard MacMillan 8.3
W30 Karen Pyle 8.3
W40 Irene Thompson 7.4
W50 Nadine Lowenstein 8.4
W45 Kathy Grina-Corsivo 8.7
200m
M35 Elliott Wanger 31.2
M40 David Cody 27.0
M55 John Hurley 32.9
M70 Howard MacMillan 32.5
M75 Verne Roceasthe 36.9
W30 Karen Pyle 31.6
W40 Irene Thompson 27.8
W50 Nadine Lowenstein 30.6
300m
M30 John Trowse 4:09.5
M35 Casey Carlstrom 4:14.8
M40 Rick Cleary 4:50.9
M50 Herb Engman 4:41.1
W35 Sue Omalley 5:25.0
Mile
M30 Sean Curley 4:59.1
M35 Dave Hawthorne 5:01.2
M40 John Whitman 5:10.8
M45 Kevin Moriggroe 5:28.5
M50 Herb Engman 5:04.6
W30 Rebecca Heuer 5:08.1
W40 S Kreplin-Michaels 6:49.1
3000m
M30 John Trowse 8:52.6
M35 Tim Ingall 10:13.5

Upstate New York Indoor Mile Championships Hobart College, Geneva; Feb. 22

M40+ Mile
Section 1:
Tom Carr 51 5:25.0
Joe Reynolds 52 5:38.6

Mike Feligno 46 5:48.9
Peter Hettrich 62 \*5:58.4
Tom Ryan 47 5:59.2
Peter Rath 58 6:04.1
J J O'Malley 43 6:09.1
Rich Merriam 41 6:38.7
Bill Pow 68 \*7:36.3
Joe Rhealt 73 \*7:38.7
Section 2:
Tim McMullen 44 \*4:34.5
Bill McMullen 42 4:58.8
Tim Payne 46 CAN \*5:02.9
Herb Engman 51 \*5:09.5
Kevin Morrisroe 45 5:20.3
Jim Davis 41 5:30.8
Women's Mile (Open & 40+)
1 Heidi McMillan 29 5:14.0
2 Patti Ford 41 \*5:16.9
4 Sue O'Malley 36 5:42.7
5 Kathy Brown 49 \*6:29.1
6 Mary Shaver 55 \*6:33.9
7 Phyllis Radke 41 6:39.8
8 Karin Gogolsky 41 6:42.8
9 Lenie Tucker 58 7:03.4
11 Gloria Brown 65 \*7:10.1
13 Pam Ellis 43 7:53.8
\*Age-Group Winners

Chase MAC Indoor Championships 168th St. Armory, NYC; Feb. 28

55m
M30 Charlie James 6.69
Evans Bonhomme 7.01
Manuel Chinchilla 7.21
M35 Derek Holloway 6.62
Val Barnwell 6.87
Kevin Cranford 6.94
M40 Steve Galctta 7.14
Robert Richardson 7.23
Denworth Frederick 7.31
M45 William Overby 7.14
Jesse Norman 7.15
David Friedman 8.55
M50 Ron Robinson 7.19
Mike Auberi 7.53
Rich Jones 7.67
M55 Gene Ballard 8.16
M60 Ric Rizzo 7.83
Don Beck 8.39
Tom Talbott 10.33
M70 Lester SR Wright 9.21
Manny Herscher NTA
W30 Denise Jones 8.98
W50 Norma Jones 9.48
200m
M30 Charles James 24.24
Joseph Bencievenga 25.73
Patrick Smith 27.10
M35 Derek Holloway 22.98
Mitch Lovett 23.24
Val Barnwell 24.64
M40 Archie Glaspy 25.05
Denworth Frederick 25.72
Lou Cresci 26.29
M45 William Overby 24.50
Jesse Norman 26.18
David Friedman 33.15
M50 Ron Johnson 25.62
Edward James 30.02
McL Rattimer 34.43
M55 William Burrell 27.25
M60 Ric Rizzo 28.32
Don Beck 30.28
Tom Talbott 35.19
M70 John McManus 34.01
Manny Herscher 35.01
W30 Althea Morris 26.64
Charlene Landron 28.27
Phyllis Spencer 28.48
W35 Alicia Johnson 30.21
Tina Cooper 31.05
W40 Marilyn O'Connor 30.86
Edna Crawley 31.09
Denise Crain 31.43
W45 Jennifer Piuto 30.60
Mary Trono 39.51
W50 Norma Jones 35.82
400m
M30 Lyndon Providence 51.49
Charlie Goldie 1:00.26
Dennis Jamieson 1:02.74
M35 Sal Allah 52.22
Joseph Rossi 1:00.17
Grover Prince 1:00.48
M40 Adrian Sterrett 56.88
Anthony Baker 1:01.12
Ken Bakersfield 1:01.41
M45 Errol Lee 56.34
Dennis Brown 1:00.00
David Friedman 1:13.33

M50 Richard Hamner 59.93
Frak Handelman 1:02.89
Mike Auberi 1:04.26
M60 J Aneshansley 1:09.37
Don Beck 1:10.21
M70 John McManus 1:16.27
W30 Althia Morris 1:00.33
Dawn Best 1:09.32
Denise Jones 1:21.32
W35 Alicia Johnson 1:07.35
Tina Cooper 1:12.47
W40 Denise Crain 1:09.59
W45 Jennifer Piuto 1:12.16
Mary Trono 1:27.84
800m
M30 Robert Udewitz 2:05.70
Manuel Chinchilla 2:22.38
Glenn Kehler 2:26.59
M35 Jewis Jefferson Jr 2:07.47
Anthony Watson 2:07.52
Rich Agnello 2:07.75
M40 Joseh Gonzalez 2:19.45
M45 Don Hodge 2:18.81
Victor Diaz 2:25.15
Ron Salvo 2:30.28
M50 Hugh Sweeney 2:18.92
Michael Wilson 2:19.55
Jonathan Teitherly 2:26.80
M55 Joe Cordero 2:37.36
Paul Rehm 2:38.03
M60 Irwin Bernstein 2:40.85
M75 William Benson 3:36.30
W35 Janice Morra 2:30.43
Laura Frisch 2:48.92
W40 Edna Crawley 2:45.21
W45 Mary Trono 3:31.60
W50 Eileen Cox 3:06.51
W70 Queenie Thompson 4:49.82
Mile
M30 Kenneth Bohan 4:35.78
William Ochelein 4:40.43
L Glazer 4:47.19
M35 Grover Prince 4:56.21
Rich O'Brien 5:01.89
M40 Paul Mascali 4:37.26
John Roselli 5:54.80
M45 Rob Jackson 5:02.67
Tony Plaster 5:03.16
Juan Hernandez 5:23.23
M50 Hugh Sweeney 4:58.39
Michael Wilson 5:05.85
Stan Edelson 5:48.21
M55 Jim Fillis 5:40.70
Joe Cordero 5:43.35
Paul Rehm 5:44.13
Lewis Daly 5:57.52
M60 Gene Chase 5:43.39
John Connor 5:57.16
Gene Carbine 6:25.27
M65 Leo Schonhaut 6:39.91
Don Previn 7:28.70
Joe Kerman 7:59.47
M70 John McManus 6:34.47
M75 William Benson 7:41.92
W30 Elizabeth Murray 5:35.31
W35 Laura Frisch 6:31.31
W40 Regina Cahill 5:47.73
W45 Diane Hawkins 6:13.55
Mary Trono 7:24.63
W50 Eileen Cos 6:43.78
Nadine Goldman 8:13.55
3000m
M30 Hans Parrado 8:56.53
Keith Sinclair 9:27.00
William Ochelein 9:31.75
M35 Alan Ruben 9:09.29
Anthonyatson 9:42.48
Sasha Sinclair 13:59.16
M40 Arnaldo Melendez 10:30.63
John Roselli 11:52.30
M45 Ron Stonitsch 9:39.56
Pete Gambaccini 10:09.91
M50 Hugh Sweeney 10:02.44
M55 Colman Mooney 10:40.39
Joe Cordero 10:46.83
M65 Leo Schonhaut 12:05.62
55mH
M30 Charles James 8.02
M40 Tony Ciccone 8.59
M45 Ivan Black 10.29
M70 Manny Herscher 12.43
4x200m Relay
M30 3ALU 1:44.72
4x400 Relay
M30 G.LOR 3:53.29
M40 CENT 3:30.54
NJMA 4:47.62
High Jump
M35 Joseph Rossi 4-8
M45 Ivan Black 4-10
Ron Salvo 4-10
Peter Gambaccini 4-6

M50 Bill Walsh 4-6
M55 Gerald Counihan 4-10
Don Beck 3-6
Pole Vault
M35 Mike Bizzaro 12-6
M45 Ron Salvo 8
M50 Jeff Tindall 11-6
Bill Walsh 9-6
Long Jump
M35 Kevin Cranford 6.14
M40 Dennis Hansen 3.91
M45 Ivan Black 4.95
David Friedman 3.76
M60 Vince Ruffin 4.61
Vic Rizzo 4.59
Don Beck 3.88
M70 Manny Herscher 3.56
Triple Jump
M35 Kevin Cranford 13.85
M40 Robert Richardson 11.34
Dennis Hansen 8.48
M45 Ivan Black 10.52
Ron Salvo 8.63
David Friedman 8.14
M60 Don Beck 6.39
Tom Talbott 5.22
M75 Hillar Sarreste 6.46
Edward Coyle 4.76
Shot Put
M35 Stephen Corrigan 9.02
M40 Tony Ciccone 13.78
Bill Wolverson 13.27
Dennis Hansen 12.58
M45 Craig Schumaker 13.83
Dennis Chandler 11.03
Rich Dunphy 10.62
M50 Bill Walsh 11.05
Frank Monroe 10.47
Cari Leville 9.28
M55 Brian McKenna 10.21
M60 William Barker 10.74
M65 Thomas Brooks 9.33
M75 Edward Coyle 7.20
W30 Denise Jones 6.25
W35 Deborah Ecklund 7.20
W55 Roslyn Katz 7.38
W60 Anne Cirulnick 8.08
Weight Throw
M35 Stephen Corrigan 9.76
M40 Care Richard 13.56
Dennis Hansen 9.82
M45 Dennis Chandler 9.96
M50 Frank Monroe 10.35
Bill Walsh 9.22
Francis Weller 7.56
M55 Brian McKenna 9.22
M60 William Barker 9.72
W35 Deborah Ecklund 6.78
W55 Roslyn Katz 9.14
W60 Anne Cirulnick 7.90
Mile RW
M30 Bruce Logan 7:56.58
M35 Ting Knok 8:44:21
M45 Richard Mills 9:08.07
M50 Gary Null 7:29.22
M60 Bob Barrett 8:27.81
Jan Gero 9:49.21
Arnold Kline 10:44.25
M65 C Robinson 10:27.78
W50 Nadine Goldman 12:36.57
W60 Rhoda Green 9:44.40
W70 Joan Rowland 11:08.36

USATF Regional Indoor Championships 168th St. Armory, NYC; March 9

55 METER HURDLES
M30
CHARLES JAMES UN 32 7.67
M35
ANDRE JORDAN PON 35 8.07
LLOYD JEREMIAH UN 39 9.10
TIMOTHY MCMAHON SAC 37 9.24
M40
BARRY STEBBINS UN 41 8.24
TONY CICCOE NUS 40 8.35
BARRY BLAKE SAC 42 11.70
M45
IVAN BLACK NYAC 48 8.87
M50
JAMES DICKINSON UN 50 9.00
MICHAEL MILLOVE UN 51 9.10
MIKE CARROLL MM 50 9.53
BILL WALSH MM 51 15.06
M60
LEON TROUT SAC 62 9.69
M65
JAMES STOOKEY MM 67 9.87
JACK LANCE GSA 66 11.61
M70
BILL TOWNSEND SC 70 10.58
MANNY HERSCHER NYT 71 12.08
FRANK BRAKO UN 71 13.10
OSCAR HARRIS PM 73 13.34
M75
JON HUTCHINSON UN 75 15.84
F30
SOPHIA SHEPPARD ITS 32 8.55\*

CHARLENE LANDRON UN 33 9.57
LISA DOYON BAA 33 9.58
DENISE JONES TOC 33 12.45
F35
CARYL SENN LIAC 35 9.00
F50
MICHAEL MARIE HILL UN 50 10.45\*
55 METER FINALS
M30
SHAWN RICHARDS UN 31 6.81
CHARLES JAMES UN 32 6.88
ANDREW JOHNSON BAA 34 6.88
RICHARD BRAY BAA 34 6.93
ANDRE BRIDGETT SAC 30 7.00
MANUEL CHINCHILLA UN 32 7.40
M35
MITCHELL LOVETT TOC 35 6.65
MATT GOEBOLT SAC 35 6.69
VAL BARNWELL UN 39 6.79
KEVIN CRANFORD UN 38 6.89
WARREN WASHINGTON UN 36 6.95
SIDNEY MILDEN GSA 37 7.12
WILLIAM VAUGHN TOC 35 7.41
ALBREY JONES TOC 37 7.44
M40
JOHN BROOKS CP 42 6.84
TYRONE GUIDEN UN 40 6.96
DON MCNEILL NJS 40 7.07
STEVE GALETTA PM 40 7.14
STEVE COENEN PON 40 7.14
DENWORTH FREDERICK TOC 41 7.25
MIKE MCPHERSON UN 40 7.27
M45
WILLIAM OVERBY CP 49 7.11
JESSE NORMAN CP 46 7.19
DENNIS BROWN NYP 46 7.58
DAVID FRIEDMAN SAC 46 8.74
M50
ROGER PIERCE BRC 52 7.33
JOE JOHNSON UN 52 7.35
TOM HARTMAN GSA 50 8.30
M55
ROOSEVELT WEAVER UN 59 7.77
GENE BALLARD UN 55 7.89
BOB O'BRIEN GSA 57 8.53
M60 55 METER FINALS
LARRY COLBEKI PVT 60 7.51
BILL WRIGHT BRC 63 7.66
RICHARD RIZZO NYP 60 7.82
JOE HEMLER MM 62 7.83
DON BECK PM 61 8.25
LEON TROUT SAC 62 8.25
EDWARD MEZVINSKY PM 60 8.45
M65
JAMES STOOKEY MM 67 8.02
OSCAR TAYLOR UN 65 8.34
TOM RICE PM 68 8.50
JACK LANCE GSA 66 8.63
WILLIAM BERGEN MM 68 9.33
M70
HOWARD MACMILLAN SC 70 8.55
OSCAR HARRIS PM 73 8.76
ROBERT NAYLOR NJM 71 8.92
LESTER WRIGHT SR SAC 74 8.93
FRANK BRAKO UN 71 8.99
MANNY HERSCHER NYT 71 9.51
M75
JIM MANNO NJM 76 8.93
ROSCOE BROWN NYP 75 9.95
M85
MANFRED D'ELIA NJM 87 11.76\*
F30 55 METERS
ANN JENNINGS BAA 33 7.53
SOPHIA SHEPPARD ITS 32 7.59
SHEMAYNE WILLIAMS AUI 34 8.47
DENISE JONES TOC 33 8.82
F35
LDA JAMES AUI 37 9.24
F40
LRENE THOMPSON SC 42 7.76
CHERYL ALSTON AUI 40 7.91
CAROLE SOLOMON AUI 43 8.16
RENEE DIGIACOMO PM 42 8.94
F50
NADINE LOWENSTEIN SC 51 8.66
NORMA JONES AUI 50 9.28
MARY ROMAN UN 61 10.17
200 METERS
M30
DOUG DICKINSON CP 32 22.95\*
RICHARD BRAY BAA 34 24.06
JOSEPH BENCIEVANGA UN 30 25.86
JOHN SICILLIANO ASP 31 33.99
M35 FINAL PLACES BASED ON TIME
VAL BARNWELL UN 39 23.82
MITCHELL LOVETT TOC 35 23.83
ANDRE JORDAN PON 35 24.70
LLOYD JEREMIAH UN 39 25.02
MATT GOEBOLT SAC 35 25.16
SIDNEY MILDEN GSA 37 25.34
CHRIS WILLES UN 35 25.82
WILLIAM VAUGHN TOC 35 26.17
NICHOLAS MONGIARDO UN
M40 200M FINAL PLACES TIME BASED
BEN JAMES UN 40 23.75
ARCHIE GLASPY PVT 42 24.55
STEVE COENEN PON 40 24.70
ADRIAN STERRETT TOC 40 24.87
CHARLES LAMPERT UN 42 25.31
STEVE GALETTA PM 40 25.31
DENWORTH FREDERICK TOC 41 25.58
FRANCIS SCHIRO CP 44 25.96
KEN BAUERSFELD GSA 42 26.45
ROCKDALE HUDSON GSA 42 26.76
MICHAEL OLIVER ATC 43 28.80
M45
JESSE NORMAN CP 45 24.48\*
WILLIAM OVERBY CP 49 25.26
DAVID FRIEDMAN SAC 46 32.31
M50 FINAL PLACES BASED ON TIME
RON JOHNSON UN 51 24.64
FARAH SHABAZZ GSA 51 25.52
ROGER PIERCE BRC 52 25.55
MICHAEL AUGERI BRC 50 26.45
RICHARD HAMNER CP 52 27.6
TOM HARTMAN GSA 54

Continued on next page



Continued from previous page

Table of athletic results including events like W45 April Capwill, M40 Bill Fletcher, M55 Grover Coats, M65 Bill Simmons, M70 Denver Smith, M40 OverTheHill TC, M40 OverTheHill TC, M45 Eric Bray, M50 Bill Walsh, M55 Grover Coats, M70 Denver Smith, M45 Mike Davis, M50 John Sloan, M50 Jerome Bellinson, M55 Grover Coats, M65 Bill Simmons, M70 Denver Smith, W30 Linda Carty, M50 Bill Walsh, M55 John Sloan, M70 Denver Smith, M90 Everett Hosack 94, W35 Pat Finley, W45 April Capwill, Mary Hartzler, W50 Erika Szanto, W55 Audrey Gasdorf, W60 Phyllis Shunn, W65 Bernice Holland, M35 Bob Higgins, M50 Bill Walsh, M55 John Sloan, W45 April Capwill, W55 Audrey Gasdorf, W65 Bernice Holland 16#.

USATF Illinois Indoor Championships Romeoville, March 8

Table of athletic results for USATF Illinois Indoor Championships, including events like M30 Scott Thoms, M40 Stan Druckrey, M45 Stan Druckrey, M50 Robert Lloyd, M55 Mike Murphy, M65 Harry Brown, M70 Ken Yahiro, M75 Tom Kennell, M80 Mel Flachs, W50 Penny Danielson, M30 Eric Goodlow, M35 Joe Schieterman, M40 Jeff Watry, M45 Stan Druckrey, M50 Roger Phillips, M55 Stan Druckrey, M80 Mel Flachs, W30 Kris Wolf, W50 Penny Danielson, M30 Sean Banks, M40 Gerry Krainik, M45 Stan Druckrey, M50 Robert Lloyd, M65 Harry Brown, M80 Mel Flachs.

Table of athletic results for --800m-- events, including M30 Bob Jones, M35 Fred Hervert, M45 Ron Winkler, M50 Bob O'Connor, M70 Denver Smith.

1500m

Table of athletic results for 1500m events, including M30 Bob Jones, M35 Dave Argus, M40 Hal Carlson, M50 Paul Pery, M55 John Craig.

3000m

Table of athletic results for 3000m events, including M35 Barry Lee, M40 Hal Carlson, M50 Tom Sullivan, M55 John Craig.

55mH

Table of athletic results for 55mH events, including M30 Scott Thomas, M35 Joe Schieterman, M40 Jeff Watry, M45 Mike Davis, M65 Clarence Trinkner.

High Jump

Table of athletic results for High Jump events, including M30 Andre Boyce, M40 Jeff Watry, M45 Mike Davis, M50 Bob Shanahan, M55 Clarence Trinkner.

Shot Put

Table of athletic results for Shot Put events, including M30 Andre Boyce, M35 Joe Schieterman, M40 Mike Skoflanc, M45 Ezra Abdullah, M55 Al Matheis, M70 Ken Yahiro, M75 Tom Kennell, M80 Mel Flachs, W50 Penny Danielson.

Triple Jump

Table of athletic results for Triple Jump events, including M40 Mike Skoflanc, M55 Phil Francis, M75 Tom Kennell.

100m

Table of athletic results for 100m events, including M30 Scott Sheets, M45 Tim Seifert, M55 Ron Sholes, M70 Ken Yahiro.

Weight Throw

Table of athletic results for Weight Throw events, including M45 Larry Readman, M55 Ron Sholes.

3000m Racewalk

Table of athletic results for 3000m Racewalk events, including M45 Ron Winkler, M55 Alfred DuBols, W45 Alice Winkler.

10000m

Table of athletic results for 10000m events, including M30 Frank Toner 77, Al Fairchild 78, Alan Cranston 82, Perc Gartly 75, Payton Jordan 80.

KELfield Throws Meet #59

Table of athletic results for KELfield Throws Meet #59, including M40 Rich Watson, M45 Bob McKay, M45 Gary Kelmenson, M55 Joe Keshmiri, M60 Dev Sharma, M65 Chuck Sochor US, M70 Ken Yahiro, M75 Tom Kennell, M80 Mel Flachs, W50 Penny Danielson.

Shot

Table of athletic results for Shot events, including M40 Rich Watson, M45 Bob McKay, M45 Gary Kelmenson, M55 Joe Keshmiri, M60 Dev Sharma, M65 Chuck Sochor US, M70 Ken Yahiro, M75 Tom Kennell, M80 Mel Flachs, W50 Penny Danielson.

Discus

Table of athletic results for Discus events, including M40 Rich Watson, M45 Gary Kelmenson, M55 Joe Keshmiri, M60 Dev Sharma, M65 Chuck Sochor US, M70 Ken Yahiro, M75 Tom Kennell, M80 Mel Flachs, W50 Penny Danielson.

Hammer

Table of athletic results for Hammer events, including M40 Rich Watson, M45 Gary Kelmenson, M55 Joe Keshmiri, M60 Dev Sharma, M65 Chuck Sochor US, M70 Ken Yahiro, M75 Tom Kennell, M80 Mel Flachs, W50 Penny Danielson.

Javelin

Table of athletic results for Javelin events, including M40 Rich Watson.

Table of athletic results for M45 Gary Kelmenson 110-2, M40 Rich Watson, M45 Gary Kelmenson 43-2, M60 Stew Thomson 56-1, M40 Rich Watson 24-9.50, M45 Gary Kelmenson 29-9, M60 Don Hughes 18-9, M80 Jim York 83WR 10-7.

CANADA

Ontario Masters Indoor Championships Toronto, March 8

Table of athletic results for Ontario Masters Indoor Championships, including M35 Doug Ditchfield, M40 Kerry Smith, M45 Roy Chubb, M50 Alan Slater, M45 Mike Davis, M55 Chuck Lachiusa, M75 Mel Buschman US, M85 Karl Trei, W40 Deb Lenz, M45 Mike Davis, M30 Andre Boyce, M35 Joe Schieterman, M40 Jeff Watry, M45 Mike Skoflanc, M45 Ezra Abdullah, M55 Al Matheis, M70 Ken Yahiro, M75 Tom Kennell, M80 Mel Flachs, W50 Penny Danielson.

60m

Table of athletic results for 60m events, including M35 Doug Ditchfield, M40 Kerry Smith, M45 Roy Chubb, M50 Alan Slater, M45 Mike Davis, M55 Chuck Lachiusa, M75 Mel Buschman US, M85 Karl Trei, W40 Deb Lenz, M45 Mike Davis, M30 Andre Boyce, M35 Joe Schieterman, M40 Jeff Watry, M45 Mike Skoflanc, M45 Ezra Abdullah, M55 Al Matheis, M70 Ken Yahiro, M75 Tom Kennell, M80 Mel Flachs, W50 Penny Danielson.

100m

Table of athletic results for 100m events, including M35 Doug Ditchfield, M40 Kerry Smith, M45 Roy Chubb, M50 Alan Slater, M45 Mike Davis, M55 Chuck Lachiusa, M75 Mel Buschman US, M85 Karl Trei, W40 Deb Lenz, M45 Mike Davis, M30 Andre Boyce, M35 Joe Schieterman, M40 Jeff Watry, M45 Mike Skoflanc, M45 Ezra Abdullah, M55 Al Matheis, M70 Ken Yahiro, M75 Tom Kennell, M80 Mel Flachs, W50 Penny Danielson.

200m

Table of athletic results for 200m events, including M35 Doug Ditchfield, M40 Kerry Smith, M45 Roy Chubb, M50 Alan Slater, M45 Mike Davis, M55 Chuck Lachiusa, M75 Mel Buschman US, M85 Karl Trei, W40 Deb Lenz, M45 Mike Davis, M30 Andre Boyce, M35 Joe Schieterman, M40 Jeff Watry, M45 Mike Skoflanc, M45 Ezra Abdullah, M55 Al Matheis, M70 Ken Yahiro, M75 Tom Kennell, M80 Mel Flachs, W50 Penny Danielson.

400m

Table of athletic results for 400m events, including M35 Doug Ditchfield, M40 Kerry Smith, M45 Roy Chubb, M50 Alan Slater, M45 Mike Davis, M55 Chuck Lachiusa, M75 Mel Buschman US, M85 Karl Trei, W40 Deb Lenz, M45 Mike Davis, M30 Andre Boyce, M35 Joe Schieterman, M40 Jeff Watry, M45 Mike Skoflanc, M45 Ezra Abdullah, M55 Al Matheis, M70 Ken Yahiro, M75 Tom Kennell, M80 Mel Flachs, W50 Penny Danielson.

800m

Table of athletic results for 800m events, including M35 Doug Ditchfield, M40 Kerry Smith, M45 Roy Chubb, M50 Alan Slater, M45 Mike Davis, M55 Chuck Lachiusa, M75 Mel Buschman US, M85 Karl Trei, W40 Deb Lenz, M45 Mike Davis, M30 Andre Boyce, M35 Joe Schieterman, M40 Jeff Watry, M45 Mike Skoflanc, M45 Ezra Abdullah, M55 Al Matheis, M70 Ken Yahiro, M75 Tom Kennell, M80 Mel Flachs, W50 Penny Danielson.

1500m

Table of athletic results for 1500m events, including M35 Doug Ditchfield, M40 Kerry Smith, M45 Roy Chubb, M50 Alan Slater, M45 Mike Davis, M55 Chuck Lachiusa, M75 Mel Buschman US, M85 Karl Trei, W40 Deb Lenz, M45 Mike Davis, M30 Andre Boyce, M35 Joe Schieterman, M40 Jeff Watry, M45 Mike Skoflanc, M45 Ezra Abdullah, M55 Al Matheis, M70 Ken Yahiro, M75 Tom Kennell, M80 Mel Flachs, W50 Penny Danielson.

3000m

Table of athletic results for 3000m events, including M35 Doug Ditchfield, M40 Kerry Smith, M45 Roy Chubb, M50 Alan Slater, M45 Mike Davis, M55 Chuck Lachiusa, M75 Mel Buschman US, M85 Karl Trei, W40 Deb Lenz, M45 Mike Davis, M30 Andre Boyce, M35 Joe Schieterman, M40 Jeff Watry, M45 Mike Skoflanc, M45 Ezra Abdullah, M55 Al Matheis, M70 Ken Yahiro, M75 Tom Kennell, M80 Mel Flachs, W50 Penny Danielson.

5000m

Table of athletic results for 5000m events, including M35 Doug Ditchfield, M40 Kerry Smith, M45 Roy Chubb, M50 Alan Slater, M45 Mike Davis, M55 Chuck Lachiusa, M75 Mel Buschman US, M85 Karl Trei, W40 Deb Lenz, M45 Mike Davis, M30 Andre Boyce, M35 Joe Schieterman, M40 Jeff Watry, M45 Mike Skoflanc, M45 Ezra Abdullah, M55 Al Matheis, M70 Ken Yahiro, M75 Tom Kennell, M80 Mel Flachs, W50 Penny Danielson.

10000m

Table of athletic results for 10000m events, including M35 Doug Ditchfield, M40 Kerry Smith, M45 Roy Chubb, M50 Alan Slater, M45 Mike Davis, M55 Chuck Lachiusa, M75 Mel Buschman US, M85 Karl Trei, W40 Deb Lenz, M45 Mike Davis, M30 Andre Boyce, M35 Joe Schieterman, M40 Jeff Watry, M45 Mike Skoflanc, M45 Ezra Abdullah, M55 Al Matheis, M70 Ken Yahiro, M75 Tom Kennell, M80 Mel Flachs, W50 Penny Danielson.

20000m

Table of athletic results for 20000m events, including M35 Doug Ditchfield, M40 Kerry Smith, M45 Roy Chubb, M50 Alan Slater, M45 Mike Davis, M55 Chuck Lachiusa, M75 Mel Buschman US, M85 Karl Trei, W40 Deb Lenz, M45 Mike Davis, M30 Andre Boyce, M35 Joe Schieterman, M40 Jeff Watry, M45 Mike Skoflanc, M45 Ezra Abdullah, M55 Al Matheis, M70 Ken Yahiro, M75 Tom Kennell, M80 Mel Flachs, W50 Penny Danielson.

3000m Racewalk

Table of athletic results for 3000m Racewalk events, including M35 Doug Ditchfield, M40 Kerry Smith, M45 Roy Chubb, M50 Alan Slater, M45 Mike Davis, M55 Chuck Lachiusa, M75 Mel Buschman US, M85 Karl Trei, W40 Deb Lenz, M45 Mike Davis, M30 Andre Boyce, M35 Joe Schieterman, M40 Jeff Watry, M45 Mike Skoflanc, M45 Ezra Abdullah, M55 Al Matheis, M70 Ken Yahiro, M75 Tom Kennell, M80 Mel Flachs, W50 Penny Danielson.

5000m Racewalk

Table of athletic results for 5000m Racewalk events, including M35 Doug Ditchfield, M40 Kerry Smith, M45 Roy Chubb, M50 Alan Slater, M45 Mike Davis, M55 Chuck Lachiusa, M75 Mel Buschman US, M85 Karl Trei, W40 Deb Lenz, M45 Mike Davis, M30 Andre Boyce, M35 Joe Schieterman, M40 Jeff Watry, M45 Mike Skoflanc, M45 Ezra Abdullah, M55 Al Matheis, M70 Ken Yahiro, M75 Tom Kennell, M80 Mel Flachs, W50 Penny Danielson.

10000m Racewalk

Table of athletic results for 10000m Racewalk events, including M35 Doug Ditchfield, M40 Kerry Smith, M45 Roy Chubb, M50 Alan Slater, M45 Mike Davis, M55 Chuck Lachiusa, M75 Mel Buschman US, M85 Karl Trei, W40 Deb Lenz, M45 Mike Davis, M30 Andre Boyce, M35 Joe Schieterman, M40 Jeff Watry, M45 Mike Skoflanc, M45 Ezra Abdullah, M55 Al Matheis, M70 Ken Yahiro, M75 Tom Kennell, M80 Mel Flachs, W50 Penny Danielson.

Table of athletic results for Glenn Chipkar, M40 Tim McMullen US, Fred Robbins, Brad Morley, M45 Ted Paget, John Picard, John Faulkner, M55 Hugh Wilson, M60 Jim Irons, Bill Bryson, M65 Earl Fee, David Wilson, M70 Kurt Gelbhaar, Don Farquharson, W35 Sharon Wilson, Kathy Willis, W40 Janielle Cloutier, W45 Linda Findley, W50 Mary Zadel, W55 Jean Doench, W60 Jean Horne, M35 Steven Keating, M40 Tim McMullen US, K Doerrecker, Bill McMullen US, M45 Phil Pyatt, Garry Hastings, Ted Paget, M50 Bill Horwich, Jimmy O'Brien, M55 Robert Moore, Hugh Wilson, D Featherstone, M60 Bill Bryson, Gerhard Krolow, Richard Graves, M65 Ed Whitlock, David Wilson, M70 Kurt Gelbhaar, W35 Gloria Inghis, M40 Danielle Cloutier, W45 Linda Findley, W50 Mary Zadel, Georgia Gillis, W70 Dorly Brechbuehl, M35 James Earl, Rob Earl, Paul Roberts, M40 Joe Lehmann, Brian Burke, Steve Nesbitt, M45 Bryan Stride, Gaetan Breton, Doug Smith, M50 Bill Horwich, Bill Weir, Jimmy O'Brien, M55 Robert Moore, Jack Geddes, Brian Drewett, M60 Gerhard Krolow, Richard Graves, M65 Ed Whitlock, David Wilson, M70 Kurt Gelbhaar, Cliff Hall, M75 Odino Soligo, W35 Mairin Viol, Cathy Willis, Joselyne Dumais, W40 Lynn Kobayashi, Laurie Goettl, M50 Margaret Rolfe, Georgie Gillis, W55 Joan Christensen, Adri Rowswell, Jean McKeigan, W70 Dorly Brechbuehl, M35 Dan Glushetski, Mike Heron, Glenn Chipkar, M40 Horace Hudson US, M50 Alex Kosturek, M55 Hugo Bain, M65 Bill Simons, Ted Swanson US, M35 Ambroise Courteau, Tim Manley, Scott Hopkins, M40 Ken Felepchuk, Wayne Bowman, M45 Roy Chubb, M50 Imrich Kiraly, Bob Campbell, M60 KesarSingh Poonia, M65 Bill Simons, Jim Mathers.

INTERNATIONAL

WP Veterans T&F Championships Bellville, C.T., South Africa Feb. 21-22

Table of athletic results for WP Veterans T&F Championships, including M30 G Fitz BAK, M40 D Heyns BAK, M45 D Appollis CELT.

100m

Table of athletic results for 100m events, including M30 G Fitz BAK, M40 D Heyns BAK, M45 D Appollis CELT.

200m

Table of athletic results for 200m events, including M30 G Fitz BAK, M40 D Heyns BAK, M45 D Appollis CELT.

400m

Table of athletic results for 400m events, including M30 G Fitz BAK, M40 D Heyns BAK, M45 D Appollis CELT.

800m

Table of athletic results for 800m events, including M30 G Fitz BAK, M40 D Heyns BAK, M45 D Appollis CELT.

1500m

Table of athletic results for 1500m events, including M30 G Fitz BAK, M40 D Heyns BAK, M45 D Appollis CELT.

3000m

Table of athletic results for 3000m events, including M30 G Fitz BAK, M40 D Heyns BAK, M45 D Appollis CELT.

5000m

Table of athletic results for 5000m events, including M30 G Fitz BAK, M40 D Heyns BAK, M45 D Appollis CELT.

10000m

Table of athletic results for 10000m events, including M30 G Fitz BAK, M40 D Heyns BAK, M45 D Appollis CELT.

20000m

Table of athletic results for 20000m events, including M30 G Fitz BAK, M40 D Heyns BAK, M45 D Appollis CELT.

3000m Racewalk

Table of athletic results for 3000m Racewalk events, including M30 G Fitz BAK, M40 D Heyns BAK, M45 D Appollis CELT.

5000m Racewalk

Table of athletic results for 5000m Racewalk events, including M30 G Fitz BAK, M40 D Heyns BAK, M45 D Appollis CELT.

10000m Racewalk

Table of athletic results for 10000m Racewalk events, including M30 G Fitz BAK, M40 D Heyns BAK, M45 D Appollis CELT.

Table of athletic results for Ted Swanson US, M75 Garry Bachman, Lembit Saar, Vic Koresaar, W35 AlexandRozierFlynn, W60 Edith Gray, W70 Helgi Pedal, M35 Ambroise Courteau, Mark Schaber, M50 Matti Kilelainen, Hugh Miller, Jack White, M60 Jim Mathers, M35 Doug Ditchfield, Brian Paton, Dave Hill, M40 Ken Felepchuk, Wayne Bowman, Marek Nowicki, M50 Alan Slater, M55 Don French, M60 KesarSingh Poonia, M65 Ted Swanson US, Chuck Sochor US, Bill Simons, M70 Jahan Behboodi, Harry Miller, M75 Mel Buschman, M85 Karl Trei, W35 Gail Fowler, W40 Maggie Dawkins, W60 Edith Gray, Dortha Swanson US, M40 Ken Felepchuk, M45 Igor Konovalov, M50 George Pachovsky, Alan Slater, Alex Kosturek, M60 KesarSingh Poonia, M65 Bill Simons, Ted Swanson US, Jim Mathers, M75 Harry Miller, M85 Karl Trei, M35 Scott Hopkins, M40 Wayne Bowman, Mike Stevely, M45 John Kasperski, M60 Jehan Toomes, KesarSingh Poonia, M65 Max Woerle, Jim Flowers, M70 Evalds Viskers, Peder Nielson, M75 Garry Bachman, Aleks Upmalis, Lembit Saar, M85 Karl Trei, W40 Maggie Dawkins, W55 Adri Rowswell, W60 Dortha Swanson, W65 Velta Tomsons, W70 Helgi Pedal, M40 Mike Stevely, M60 Emil Muller, Jehan Toomes, M65 Max Woerle, M70 Peder Nielsen, W60 Dortha Swanson US, M35 Tom Jenkins, M45 Mike Stones, M50 Mike Freeman, Steve Feith, M T Kelly, M55 Len Weinstein, M60 StuSummerhayes, John Weston, M65 Sal Brancaccio, M70 Peter Fellowes, M75 Uno Limit, W35 Kelly Ykema, W40 Nanci Sweazey, Kerry Weaver, W45 Kathy Collins, W55 JeannieMcKeigan, M35 C Griffiths VOB, M45 J Diener STRA, M55 C Swart TAK, M65 P O'Brien CELT, M45 J Allers BAK WP, M50 P V Rensburg SWD, M60 P Botha OP, W40 A De Villiers OP, W65 I Hofmeyr BAK, M40 J Nortje PAARL, M45 A Voigt SWD, M50 V O'Donoghue DEF, M55 J Ackerman GAUT N, M60 P Botha OP, M80 D Purdue PINE WP, W35 A Salzwedel BAK, M40 T Dixon TNET, M45 A Voigt SWD, M50 V O'Donoghue DEF, M70 N Sharpley PINE, W35 R V Huyssteen BAK, W35 R V Huyssteen BAK, M40 L DuPreez GAUT N, M45 D Nienaber TNET, M50 M Geutner CELT, M60 L Benning PINE, W30 S Hauman PAARL, W35 R V Huyssteen BAK, W40 C Cupido PINE, W45 M Vos BAK, W50 A Van Zyl HELD, W65 J Geldenhuys US, M35 M Ruppert STRA, M40 L DuPreez GAUT N, M45 D Nienaber TNET, M50 I Wilson FOR, M55 M Geutner CELT, M80 F Jourdain FISH, W30 S Hauman PAARL, W35 L Kahn ATL, W40 C Cupido PINE, W45 M Vos BAK, W50 J Hahn VOB, W65 J Geldenhuys US, M35 C Griffiths VOB, M45 J Diener STRA, M55 C Swart TAK, M65 P O'Brien CELT, M45 J Allers BAK WP, M50 P V Rensburg SWD, M60 P Botha OP, W40 A De Villiers OP, W65 I Hofmeyr BAK, M40 J Nortje PAARL, M45 J Allers BAK, M50 K Louw BAK, M60 L Benning PINE, W50 M Tomlinson NAT, W55 Y DeWit BAK, M60 L Benning PINE, M75 B Coomer BAK, W35 W Myburgh STRA, W40 C Wallace FISH, W50 M Tomlinson NAT, M40 M Ruppert STRA, M40 J Deyzel OP, M50 P V Rensburg SWD, M60 L Benning PINE, M75 P Frech, M80 C Nel.

INTERNATIONAL

WP Veterans T&F Championships Bellville, C.T., South Africa Feb. 21-22

Table of athletic results for WP Veterans T&F Championships, including M30 G Fitz BAK, M40 D Heyns BAK, M45 D Appollis CELT.

100m

Table of athletic results for 100m events, including M30 G Fitz BAK, M40 D Heyns BAK, M45 D Appollis CELT.

200m

Table of athletic results for 200m events, including M30 G Fitz BAK, M40 D Heyns BAK, M45 D Appollis CELT.

400m

Table of athletic results for 400m events, including M30 G Fitz BAK, M40 D Heyns BAK, M45 D Appollis CELT.

800m

Table of athletic results for 800m events, including M30 G Fitz BAK, M40 D Heyns BAK, M45 D Appollis CELT.

1500m

Table of athletic results for 1500m events, including M30 G Fitz BAK, M40 D Heyns BAK, M45 D Appollis CELT.

3000m

Table of athletic results for 3000m events, including M30 G Fitz BAK, M40 D Heyns BAK, M45 D Appollis CELT.

5000m

Table of athletic results for 5000m events, including M30 G Fitz BAK, M40 D Heyns BAK, M45 D Appollis CELT.

10000m

Table of athletic results for 10000m events, including M30 G Fitz BAK, M40 D Heyns BAK, M45 D Appollis CELT.

20000m

Table of athletic results for 20000m events, including M30 G Fitz BAK, M40 D Heyns BAK, M45 D Appollis CELT.

3000m Racewalk

Table of athletic results for 3000m Racewalk events, including M30 G Fitz BAK, M40 D Heyns BAK, M45 D Appollis CELT.

5000m Racewalk

Table of athletic results for 5000m Racewalk events, including M30 G Fitz BAK, M40 D Heyns BAK, M45 D Appollis CELT.

10000m Racewalk

Table of athletic results for 10000m Racewalk events, including M30 G Fitz BAK, M40 D Heyns BAK, M45 D Appollis CELT.

Table of athletic results for M50 E Figland BAK, M55 J Ackerman GAUT N, M60 R Cross PINE, M65 M George ELSIES, M75 R Coomer BAK, M80 Purdue PINE WP, W30 C Gomes TAK, W35 A Salzwedel BAK, W40 A DeVilliers OP, W45 M Vos BAK, W50 S Alberts BAK, W55 H Boonzaier SPAR, W65 I Hofmeyr BAK, W70 P Whittington SWD, M30 G Fitz BAK, M40 D Heyns BAK, M45 D Appollis CELT, M50 E Figland BAK, M55 J Ackerman GAUT N, M60 R Cross PINE, M65 M George ELSIES, M80 D Purdue PINE WP, W35 A Salzwedel BAK, W40 A DeVilliers OP, W50 S Alberts BAK, W55 Y DeWit BAK, W65 I Hofmeyr BAK, M40 J Nortje PAARL, M45 A Voigt SWD, M50 V O'Donoghue DEF, M55 J Ackerman GAUT N, M60 P Botha OP, M80 D Purdue PINE WP, W35 A Salzwedel BAK, M40 T Dixon TNET, M45 A Voigt SWD, M50 V O'Donoghue DEF, M70 N Sharpley PINE, W35 R V Huyssteen BAK, W35 R V Huyssteen BAK, M40 L DuPreez GAUT N, M45 D Nienaber TNET, M50 M Geutner CELT, M60 L Benning PINE, W30 S Hauman PAARL, W35 R V Huyssteen BAK, W40 C Cupido PINE, W45 M Vos BAK, W50 A Van Zyl HELD, W65 J Geldenhuys US, M35 M Ruppert STRA, M40 L DuPreez GAUT N, M45 D Nienaber TNET, M50 I Wilson FOR, M55 M Geutner CELT, M80 F Jourdain FISH, W30 S Hauman PAARL, W35 L Kahn ATL, W40 C Cupido PINE, W45 M Vos BAK, W50 J Hahn VOB, W65 J Geldenhuys US, M35 C Griffiths VOB, M45 J Diener STRA, M55 C Swart TAK, M65 P O'Brien CELT, M45 J Allers BAK WP, M50 P V Rensburg SWD, M60 P Botha OP, W40 A De Villiers OP, W65 I Hofmeyr BAK, M40 J Nortje PAARL, M45 J Allers BAK, M50 K Louw BAK, M60 L Benning PINE, W50 M Tomlinson NAT, W55 Y DeWit BAK, M60 L Benning PINE, M75 B Coomer BAK, W35 W Myburgh STRA, W40 C Wallace FISH, W50 M Tomlinson NAT, M40 M Ruppert STRA, M40 J Deyzel OP, M50 P V Rensburg SWD, M60 L Benning PINE, M75 P Frech, M80 C Nel.

INTERNATIONAL

WP Veterans T&F Championships Bellville, C.T., South Africa Feb. 21-22

Table of athletic results for WP Veterans T&F Championships, including M30 G Fitz BAK, M40 D Heyns BAK, M45 D Appollis CELT.

100m

Table of athletic results for 100m events, including M30 G Fitz BAK, M40 D Heyns BAK, M45 D Appollis CELT.

200m

Table of athletic results for 200m events, including M30 G Fitz BAK, M40 D Heyns BAK, M45 D Appollis CELT.

400m

Table of athletic results for 400m events, including M30 G

Continued from previous page

Table of athletic results including events like W40 A Steenkamp SWD, M50 W Voerman SPAR, and various track and field performances.

Table of athletic results including ACTVAC Championships, Men's Champion of Champions, and Women's Champion of Champions.

Table of athletic results including -5000m-, -1000m-, and -1500m- events, along with various track and field performances.

Table of athletic results including M65 Charlie Rann, M70 Len Childs, and various track and field performances.

Table of athletic results including Ken Sparks, Women's 15K Age-Graded Results, and Azalea Trail Run 10K.

Table of athletic results including Sandy Lind, Susan Riedel, and various track and field performances.

LONG DISTANCE RESULTS
Please send results to: National Masters News, P.O. Box 50098, Eugene, OR 97405. To keep information current, we generally do not publish results more than 3 months old.

NATIONAL
Gate River Run 15K
Indy Life Circuit Race
Jacksonville, FL; March 8
Masters Men
Steve Plasencia MN 45:14

NATIONAL
Alice Tharau PA 55:00
Honor Fetherston CA 56:39
Kimberlee Campo CA 58:19
Mary Hanlon FL 59:38

LaSalle Banks Shamrock
Shuffle 8K/USATF National
Masters Championships
Chicago, IL; March 23
M40 Steve Jones 23:52
Antoni Niemczak 24:44
Charlie Gray 24:46

Continued on next page

Continued from previous page
Donald Jensen 31:54
Phil Heath 31:55
M55 Jack Nelson 28:37
John Craig 29:37
Rick Brodine 32:49
Frank Koster 32:50
Joe Arnold 33:49
Daryl Rolland 34:02
John Quinton 34:16
Frank Nicholson 35:15
Les Vaughan 35:20
Jerry Riebling 35:55
M60 Norm Green 31:19
Otto Zorn 32:30
Thomas Joslin 33:32
Steve Goldberg 33:41
John Burnett 34:58
George Suter 35:10
Julian Gordon 35:28
Tom Brackenbury 36:12
John Cansino 36:29
Clayton Hall 37:29
M65 Danny Kelleher 33:46
Rich Lamer Mayer 36:55
Marc Levin 39:29
Joe Paleczny 39:50
Will Shelton 40:05
Alex Muster 40:48
Neil King 41:18
Paco Collazo 42:01
James Dolan 43:00
E Scheckman 44:02
M70 Robert McKeague 37:09
Sam Romberg 40:10
Don Swanson 40:17
Frank Braunz 41:17
Martin Prager 43:58
Bob Gand 47:04
John Andersen 51:10
Tony Bonder 53:31
Ben Squires 60:27
Phil Heath 31:55
M75 Warren Utes 33:08
Henry Kuric 50:05
Jack Gleason 51:57
Alex Maximiac 61:44
W40 Cynthia Woods 30:17
MaryAnn Malarkey 30:51
Nancy Fazio 31:11
Robin Sarris 31:12
Peggy Pate 31:24
Marietta Sievert 31:42
Patti Terhune 33:08
Ali Stout 33:16
Tandy Patrick 34:18
Jamie LaForce 34:37
W45 Nancy Grayson 29:49
Anne Gosch 32:45
Cindy Garner 34:19
Barbara Lies 36:24
Susan Lynch 36:49
Kathy Schwappach 38:09
Samantha Hoffman 38:25
Lynnee Easter 39:10
Barbara Hocking 39:53
Colleen Trinko 40:04
W50 Nancy Rollins 33:02
Deborah Pausz 34:26
Lynne Ingalls 36:24
Sandy Kurtenbach 39:58
Kristin McKinnon 41:14
Joanne Kaeding 42:05
Karen Sivley 42:42
Eileen McMillan 43:08
Frances Hill 43:11
Linda Brodine 43:29
W55 Dorothy Tanner 36:57
Doris Schertz 40:53
Linda Fuhrer 43:57
Hillman Munzco 43:58
Mary Cullen 44:53
Patricia Knabe 44:53
Patricia Walsh 44:58
Sandy Waliszewski 47:07
Terry Passaro 47:30
Pamela Baker 49:39
W60 Faith Walkwitz 39:36
Barbara Kummerer 47:05
Badonna Reingold 49:36
Edye Wolf 51:06
Maryann Cichowski 54:31
Lorraine Morgan 55:23
W65 Lois Gilmore 42:13
Cam Meyer 49:39
Barb Scheckman 53:16
Connie Doaier 56:15
Teresa Ramirez 62:06
W70 K McDonough 47:57

Doris Whitesell 56:16
W75 Adele Heretik 53:32
EAST
NYRRC Al Gordon Five Miler
Central Park, NYC; March 2
Overall
Stephen Marsalese 31 26:40
Carol Howe 31 26:44
M30 Victor Zamora 34 28:23
Michael McGarry 30 28:26
John Kirtley 33 28:33
M40 Jose Santiago 27:54
Victor Osayi 29:42
Richard Shaver 29:51
M45 Robert Francis 30:16
Douglas Broder 31:22
Eric Ohlson 31:42
M50 Maury Dean 30:08
Julio Aguirre 30:21
Michael Wilson 31:06
M55 Pat Cosgrove 30:26
Jeremiah O'Connor 30:50
James Fillis 31:33
M60 Adrian Horne 35:34
George Reilly 37:07
Daniel Jacobs 37:43
M65 Kenneth Jones 33:32
Joseph Burns 34:49
Leo Schonhaut 36:59
Jack Haar 38:07
Sab Koide 44:32
M75 Robert Davan 43:23
William Coybe 45:50
M80+ Wilfredo Rios 80 48:39
V Carnevale 80 53:00
A Weintraub 87 58:40
W30 S Kessler 39 30:56
Anne Fraser 31 32:32
Lauren Kearney 30 33:22
Gillian Horovitz 30:15
Kristine O'Shea 32:16
Nancy Stevenson 32:33
W45 Cecily Dexter 36:09
Bonny Omara 36:19
Maureen Barry 37:42
W50 Krystyna Turowska 37:25
Flora Flores 37:31
Chuang Chang 38:58
W55 Mary Nathan 35:17
Patty Parmalee 38:28
Wendy Burns 38:28
W60 Rosa Nales 39:33
Naomi Vogel 43:38
May Chou 46:25
W65 Thelma Wilson 41:47
Bertha McGruder 53:22
Joan Fisher 56:21
Bethesda Chase 20K & 5K
Bethesda, MD; March 2
Overall
Mark Hoon 32 1:09:05
Fiona Branton 38 1:19:44
M35 Marty Horan 1:11:52
Don Reeves 1:12:35
Andy Smythe 1:16:13
M40 Paul Peterson 1:12:19
Jim Moreland 1:17:06
Vernon Loeb 1:17:43
M45 Bennett Beach 1:15:04
Jay Wind 1:18:22
John Kusek 1:20:07
M50 Herb Tolbert 1:15:41
George Myers 1:23:12
Bill Marsey 1:28:42
M55 Dick Hipp 1:24:28
Kirk Davies 1:25:21
Malcolm O'Hagan 1:25:45
M60 Quong Nuyen 1:36:48
Robert DuPont 2:00:47
M65 Tom Momiya 1:39:56
Harry Bratt 1:55:40
M70 Bill Morrison 1:48:46
Frank Pierce 1:49:56
Bill Osburn 1:54:32
W40 Linda Wack 1:24:49
Jane Sisco 1:31:02
GeorgeannWelde 1:32:09
W45 C Piepenburg 1:30:04
SusanHumphries 1:30:34
Anne Viviani 1:39:33
W50 Sharon Dolan 1:36:38
Ellie Thayer 1:50:31
W55 Judy Flannery 1:45:58
Anna Berdahl 1:49:09
Janet Newburgh 1:51:18
--5K--
Overall
Tony Belber 24 16:53

Monica Robbers 25 19:25
M35 Ted Poulos 17:53
M40 Jim Whitnah 17:11
M45 Rick Kelsey 21:09
M50 Imants Cellnieks 22:58
M55 Larry Lesser 26:34
M60 John Pease 34:07
M70 Jack Moskowitz 37:00
M75 Alvin Guttag 44:21
W35 Collette Powers 22:12
W40 Elise Heumann 22:37
W45 Linda Sumpter 29:25
W50 Gail Nachman 32:30
NYRRC Brooklyn Half-Marathon
Brooklyn, NYC; March 8
Overall
Michael Slinsky 27 1:08:37
Jana Jones 27 1:22:26
M30 Trevor Murray 31 1:11:17
S Marsalese 31 1:13:35
Carmine Petracca 33 1:14:09
M40 Audley Senior 1:16:54
William Bainlardi 1:21:07
Ivan Mills 1:21:42
M45 Jack McShane 1:17:47
Nicholas Caswell 1:20:04
Robert Briglio 1:20:39
M50 Tim Hassall 1:23:44
Julio Aguirre 1:23:57
Hector Rivera 1:25:59
M55 L-A Flores 1:27:26
Jose Mendez 1:28:41
Philmore Brewer 1:30:31
M60 Herbert Navarro 1:26:42
Richard Murphy 1:30:42
Otis Matthews 1:35:05
M65 Michael Daly 1:45:15
Jerome Olitt 1:47:37
Louis Castelo 1:49:20
M70 Andy Riggio 1:50:14
Samuel Oast 2:05:39
Sab Koide 2:07:50
M75 Wilfredo Rios 2:17:25
W30 Susan Yang 32 1:23:56
Suja Thomas 30 1:27:46
Nora Serna 38 1:28:05
W40 Kari Proffitt 1:23:08
Helen Visgauss 1:27:13
Marie Wickham 1:29:08
W45 Teiko Schultz 1:37:52
Diane Hawkins 1:41:25
Bonny Omara 1:41:45
W50 Marjorie Kos 1:39:56
Melanie Benvenue 1:42:02
Carol Johnston 1:42:49
W55 Ana Thornmiss 1:33:10
Patricia Robinson 2:08:04
Dorothy Lynch 2:10:00
W60 Rosa Nales 1:53:49
Ellen Low 1:56:18
Naomi Vogel 2:03:53
USATF New England
Championships/Stu's 30K
Clinton, MA; March 9
Overall
Dave Dunham 1:39:15
Dana Goldfarb 1:57:28
M40 Wayne Jacob 1:45:24
M45 Jerry Learned 1:51:49
M50 Jon Stableford 1:59:59
M55 Leo Tomasetti 2:08:21
M60 Bill Riley 2:03:25
M65 Mike Sullivan 2:15:19
M70 Steve Brooks 3:03:43
M75 Carlton Mendell 2:52:35
W40 Terri Martland 1:57:28
W45 Rose Galligan 2:21:11
W50 Mary Ryczek 2:11:15
W55 Diane Curley 2:49:41
W65 Lillian Christmas 4:19:14
Masters Teams
M40 Grr Lowell RR 5:26:12
M50 Cambridge SU 6:10:35
W40 Central MA Str 6:19:14
W50 Central MA Str 8:02:25
NYRRC Rites of Spring 10K
Central Park, NYC; March 15
Overall
Houssine Siba 24 30:51
Regina Ronan 27 33:50
M30 Srba Nikolic 30 31:12
Michael Keohane 31 31:14
Trevor Murray 31 31:39
M40 Alan Ruben 32:57
Jaime Palacios 34:37
Skip Murphy 35:30
M45 Daniel Brach 34:35
Bob Moritz 35:34
Jack Porzio 36:30

M50 Tim Sassall 37:14
Samuel Skinner 37:21
James Hudick 38:06
M55 Pat Cosgrove 38:59
Jack Brennan 41:14
James Fillis 41:26
M60 Witold Bialokur 39:21
Bob Ford 31:13
Joe Roche 44:49
M65 Joseph Burns 43:27
Guy Froelig 48:59
Joseph Simonte 49:58
M70 Sab Koide 53:13
William Coyne 56:50
Thomas Gibbons 55:59
Robert Davan 57:52
W30 A Babakhanian 30 37:43
Jean Chodnicki 37 37:48
Ellen Brach 31 38:53
W40 Kari Proffitt 38:46
Kristine O'Shea 40:17
Diane Gordon 40:46
W45 Mary Denitto 44:50
Bonny Omara 45:45
Maureen Barry 48:06
W50 Betty Horstmann 44:20
Maryanne Goldman 45:40
Flora Flores 47:11
W55 Patty Parmalee 46:40
Wendy Burns 48:57
Sara Herz 50:47
W60 Rosa Nales 49:59
Naomi Vogel 56:04
Marie Camardi 59:28
W65 Thelma Wilson 52:09
Margaret Mackey 1:38:59
W70 Edith Farias 58:57
Daisy Klein 1:05:53
St. Paddy's Day 10K
Washington, DC; March 16
Overall
Edmund Burke 27 31:06
Jennifer Stearns 28 36:17
M30 Michael Fitch 31:51
Mark Hoon 32:23
Ron Kulik 32:29
M35 Kurt Kroemer 33:25
Terry McLaughlin 35:09
Dennis Coate 36:59
M40 Steven Ward 33:36
Bob Rodriguez 35:27
Glenn Kuhlmann 35:34
John Thoren 36:07
Dante Ciolfi 36:08
M45 Chuck Moeser 32:41
Jay Wind 37:30
Shah Mehrabi 37:48
Erick Long 38:00
M50 Ed Doheny 38:39
Bob Trost 38:41
Dennis Pinkard 38:50
M55 John Elliott 37:49
Warren Ohlrich 39:27
Malcolm Ohagan 39:44
M60 Dick Jamborsky 42:12
Bill Hoss 43:06
Bob Smith 43:32
M65 Larry Dickerson 42:39
Tom Momiya 44:33
Don McCarten 48:28
M70 Ray Blue 49:54
Bill Morrison 49:58
Marcel Bitoun 52:34
M75 Dennis Jenkins 47:30
W30 Teren Block 38:15
Monika Bracken 39:32
Donna Simmons 41:08
W35 Fiona Branton 37:04
L Minnix-Wolfe 37:24
Cecilia Lutz 37:56
Natalie Hughes 39:51
W40 Linda Wack 38:15
Jane Sisco 41:46
Judy Scarabello 45:28
W45 Susan Humphries 41:12
Sandra Adams 42:33
Toni Cruz 45:17
W50 Priscilla Prunella 48:30
Dee Chapman 52:33
Pat Welch 52:55
W55 Janice Stoodley 44:13
Anna Berdahl 50:11
Turkan Gardenier 54:27
W70 Kary Morrison 60:16

M30 Metodej Fikes 30 25:06
Keith Sinclair 30 27:57
Takeshi Yamazaki 34 28:24
M40 John Kenney 27:25
Skip Murphy 28:08
Abraham Golub 28:46
M45 Jack Porzio 29:01
Theodore Truet 29:46
Jose Soriano 31:56
M50 Julio Lugo 31:49
Wolfgang Sander 32:14
Jerry Wood 32:39
M55 Ramon Ruiz 32:39
John Courts Jr 34:14
Jozef Sofia 35:45
M60 Michael Goldman 32:12
Adrian Horne 35:32
Joe Roche 35:34
M65 Kenneth Jones 34:06
F Wheeler 41:25
Donald Preven 43:19
M70 Jack Haar 38:45
Samual Oast 49:38
W30 Stacy Creamer 37 32:13
Andrea Lieblein 31 32:16
Eudair Palman 38 32:27
Gillian Horovitz 29:08
Asteria Claire 36:26
Angela Glass 37:59
W45 Laura Osorio 38:34
Rita LaBar 40:59
Pat Fry 40:59
W50 Carol Johnston 37:37
Sharyn Slick 37:57
Susan Lucas 40:11
W55 Wendy Burns 38:52
Sara Herz 40:32
M-L Michelsolin 41:42
W60 Rosa Nales 40:22
May Chou 45:06
Anne Perzeszty 51:57
Thelma Wilson 42:34
Ingeborg Skoczek 49:02
Bertha McGruder 53:46
W70 Jozi Neulinger 1:03:41
Pearl Jones 1:11:15
NYRRC/Powerbar 20 Mile Run
Central Park, NYC; March 23
Overall
Alem Khasay 24 1:52:51
Jo Lodge 28 2:06:53
M30 C O'Driscoll 35 1:55:27
S Marsalese 31 1:55:35
C Petracca 33 1:55:52
M40 Timothy Dunlap 1:53:50
Jose Santiago 2:00:43
Ivan Mills 2:10:14
M45 Benoit Jadoul 2:07:07
Robert Briglio 2:07:55
Hector Rivera 2:12:50
M50 Julio Aguirre 2:13:56
Jay Satenstein 2:17:35
M55 Jose Mendez 2:23:58
Donald Platko 2:25:41
Aleksander Iljin 2:30:09
M60 Richard Murphy 2:24:25
Joseph Pascarella 2:58:26
Frank Voci 3:06:30
M65 Fernando Ruiz 3:18:37
Leo Schonhaut 3:19:17
Francisco Vidal 3:29:56
M70 Sab Koide 3:36:55
M75+ Wilfredo Rios 80 3:39:05
W30 S Kessler 39 2:17:45
W30 S Broderick 30 2:19:29
Suja Thomas 30 2:20:55
W40 Helen Visgauss 2:26:41
Marcia O'Kane 2:37:22
Laurie Shlafmitz 2:38:31
W45 Teiko Schultz 2:32:45
Mary Denitto 2:36:18
Leah Whipple 2:36:44
W50 Marjorie Kos 2:42:15
Flora Flores 2:48:46
Hilory Boucher 2:58:37
W55 Cindy Peterson 3:51:07
Edde Sailer 4:55:30
W60 Naomi Vogel 3:25:20
SOUTHEAST
Sunrunners 10K
Vero Beach, FL; Feb. 23
Overall
J Munoz 34:09
L Mohlfe 39:59
M40 G Reed 38:12
S Hall 39:18
C Sullivan 39:39

M45 J Hlinka 35:50
D Day 38:14
S Crantil 39:01
M50 L Loudon 41:42
E Branigan Sr 41:48
K McLaughlin 49:28
M55 R Rouiller 37:25
R Ludwig 41:46
D Hoffman 42:12
M60 B Bowen 44:41
A Schwartz 45:44
G Delaney 48:33
M70+ H Mayer 53:38
W40 B Sherry 41:42
D Fowler 49:08
I Moodie 55:32
W45 K Albosta 49:58
K Justis 58:05
K Scott NTA
W50 B Wolff 54:37
W55 A Hibler 1:00:49
J Ratcliffe NTA
W60 B J Schwartz 54:50
S Manson 1:01:29
G Leiboff NTA
Calle Ocho 8K
Miami, FL; Feb. 28
Overall
Roberto Castillo 40 25:53
Caro Relter 32 31:27
M40 R Castillo 25:53
Jorge Ramos 26:08
M45 Jim Werring 29:36
M50 Hector Rodriguez 31:27
M55 L Budttacavoli 33:57
M60 Esmildo Pascual 35:23
M70+ Joel Malos 41:11
W40 Char Davidson 35:15
W45 Patti Mabie 35:55
W50 Barbara Zaretsky 38:05
W55 Elia Felcher 47:38
W60 Sylvia Weiner 41:49
Shamrock Run 10 Mile & 5K
Lake Worth, FL; March 15
10-Miles
Overall
Nick Tsioros 27 52:39
Molly Ragsdale 33 1:07:49
M40 Gary Bloome 56:22
Eddie Diaz 58:55
John Hollway 1:01:03
M45 Dick Bohrer 1:01:14
Harl Rohl 1:01:25
Octavio Diaz 1:02:03
M50 Victor Beltran 1:03:37
Bob Marren 1:04:56
Joel sutton 1:05:08
M55 Roger Roviller 1:01:03
Paul Reback 1:06:27
Bill Springer 1:08:39
M60 Richard Griswold 1:13:14
Bill Wagner 1:17:42
Joe Staniewicz 1:18:06
M65 Geoff Etherington 1:11:28
John Mezalata 1:23:55
Alan Druckman 1:34:40
M70+ Carmelo Crupi 1:29:27
Wall Herman 1:34:06
Jerry Kenney 1:35:29
W40 Tony Haugen 1:12:00
Jeanne Bisceglia 1:16:03
Marla Buechner 1:18:32
W45 Toby Sisson 1:18:14
Rose Randall 1:22:16
Jean Burgess 1:24:26
W50 Barbara Zaretsky 1:20:49
Jan Ross 1:21:58
Cindy Jacobson 1:25:05
5K
Overall
Eddie Ernest-Jones 15:41
Mellanie Brown 18:44
M40 Dave Elger 16:15
Solomon Hall 18:19
Scott Deitler 18:35
M45 Jeff Hlinka 17:22
Bert Soden 18:29
Spencer Crawford 18:31
M50 Jay Foy 18:57
Jerry O'Connor 19:43
Tim Fischer 21:34
M55 Kyosti Annala 20:50
Joe Rubinfine 21:24
Louis Waterbager 22:18
M60 Peter Romano 22:09
Al Holfelder 25:31
Hugh Strachan 25:51
Continued on next page



Continued from previous page

M65	Frank Thompson	21:07
	Bob Levine	23:27
	Doyle Musselman	24:25
M70+	Bill Tribou	24:09
	Bob Arthur	26:05
	George Virgin	27:53
W40	Patty Dye	20:05
	Ellie Juliano	21:50
	Heidi Heidorn	22:31
W45	Paula Hage	22:40
	Mary Triba	24:52
	Kelly Elfers	25:37
W50	Joan Hyde	23:17
	Beverly Degenaro	23:52
	Sue Comstock	23:58
W55	Susan Levy	26:15
	Ruth Rubinfine	26:47
	Jacie Hofelder	27:20
W60+	Rebekah Stephens	24:55
	Sylvia Weiner	24:57
	Betty Kelly	25:07

**North Bay 5 Mile  
Miami, FL; March 22**

<b>Overall</b>		
Roberto Castillo	40	26:22
Lisa Dorman	36	32:45
M35 Robert Leaf		27:04
M40 R Castillo		26:22
Jorge Ramos		26:23
M45 Jeff Hlinka		28:38
M50 Bob Marren		30:29
M55 Bill Springer		30:34
M60 Benny Cepeno		35:53
M65 Ron Lafremouille		38:51
M70+Carmello Crupi		39:54
W40 Sana Bridges		34:32
W45 Patty Nichols		38:51
W50 Helga Brandenburg		36:15
W55 Linda Sparrow		38:13
W60 Lois Balator		45:20
W65 Sylvia Weiner		41:03

**MID-AMERICA**

**YMCA Masters Classic 8K  
Omaha, NE; April 5**

<b>Overall</b>		
Tim Francis	36	27:11
Gaye Higley	38	31:12
M40 Ron Meiergerd		29:23
Rob Cubrich		30:56
Dennis Wilson		32:00
Mike Iltzsch		33:14
Mike Arnan		34:38
M45 Tim Taylor		28:00
Jan Brusso		29:43
Lou Soukup		30:31
Kevin Gallagher		30:35
Chuck Clark		31:02
M50 Gary Julin		28:43
Bill Monahan		30:37
Harvey Kunz		32:03
Ted Haburn		33:19
Albert Pease		36:05
M55 Ronn Baker		29:21
Jose Badillo		33:36
Ken Deman		34:57
Dale Bellmyer		37:17
Pete Peterson		38:55
M60 Leonard Fuxa Jr		35:03
Don Nelson		35:17
John Mordeson		39:11
Elbert Reed		40:09
Ed Selic		42:29
M65 Al Weaver		38:13
Tom Burkhardt		49:04
M70+Bob Grissom	80	49:05
W40 Andriette Wickstrom		33:38
Virginia Collier		34:46
Carol Jacob		38:48
Dee Kraft		38:49
Mary Schneider		41:19
W45 MaryJane Bruening		38:36
VanMarie Haburn		43:11
Lavonne Folkers		43:49
Lynne Doughty		49:23
W50 Anne Medeiros		36:46
Sharen Rotolo		42:42
Barbara Manning		42:48
Janet Keyser		43:46
Janice Strang		52:53
W55 Hiroko Mattingly		44:43
Carol Deman		45:25
Judy Schram		47:00
Beverly Kilborn		49:19
Jeanie Kelsay		53:09
W60 Ginni Inclan		53:07

**SOUTHWEST**

**Motorola Austin Marathon  
Austin, TX; Feb. 16**

<b>Overall</b>		
Andrew Tarassov	28	2:16:52
Alla Douadaeva	28	2:39:55
M40 Vladimir Anissimov		2:21:16
Joey Monzo		2:51:54
Bryan Richards		2:53:12
Jack Jones		2:55:58
Brad Rhoden		2:57:04
Richard Pennington		2:57:24
Michael Rusnak		2:58:09
Jose Mendo		3:00:55
David Sing		3:03:55
Jay Buescher		3:06:40
M45 Ty Schmalz		2:49:29
Ken Koestner		2:50:00
Robert Perez		2:52:00
Charlie Greenwell		2:55:41
Paul Seals		2:59:04
Dan Grant		3:02:36
Cecil Bone		3:03:51
Henry Fluck		3:07:11
Don Walker		3:08:04
Jimmy McIntire		3:10:21
M50 Ed Craighead		3:06:09
Herman Shields		3:20:32
Fletcher Ward		3:26:00
Tom Barron		3:26:49
Rick Gastelum		3:28:09
Thomas DeMore		3:28:36
Rich Maxwell		3:29:06
Phillip Nissen		3:29:22
M55 Bill Blackburn		3:09:39
Gunnar Sanden		3:16:16
James Hill		3:16:28
Larry Lindeen		3:16:31
Shirley Matson		3:23:10
Andrew Kotulski		3:23:24
Edward Fris		3:24:28
Francisco Vazquez		3:24:28
Carlos Saucedo		3:27:01
M60 Tom Briggs		3:34:37
Dick Green		3:35:16
Alan Goodman		3:46:36
Bill Duer		3:49:47
Clifford Click		3:51:10
Dan Shuff		3:58:57
M65 David Gochmour		3:42:22
Jesse Real		4:08:56
Omer Allard		4:16:04
Jon Teng		4:20:52
John Stowers		4:21:19
Richard Mitchell		4:22:00
M70 Ross Walter		4:51:07
John O'Sullivan		5:10:50
John Alvey		6:18:33
W40 Joyce Deason		2:57:00
Marla Rhoden		3:00:07
Celeste Hamman		3:36:39
K Silvers-Russell		3:37:16
Margie Hughes		3:45:20
Carol Brejot		3:46:49
Jan Lebourgeois		3:47:00
Janey Niece		3:50:11
W45 Marina Jones		2:53:40
Coleen Isdale		3:36:59
Judy Nichols		3:48:56
Nancy Calhoun		3:56:23
Brigitte Pruett		3:58:29
Sue Jett		4:02:08
Sherry Armstrong		4:13:02
Linda Peckham		4:16:30
W50 Marsha O'Loughlin		4:08:25
Patricia Torystad		4:13:21
Mary Ruth Corley		4:29:51
Suzanne Gonzalez		4:52:26
Janet Crow		4:53:24
Margaret Banks		5:02:44
W55 Sandy Shockey		3:57:12
Geraldine Weber		3:58:17
Cecilia Caballero		4:00:32
Sharon Blount		4:13:58
Jody Kehle		4:55:27
Greetel Davis		4:57:45
W60 Betty Forsvall		5:11:36
W65 Joanita Reed		5:01:34

**WEST**

**Sutter Home Napa Valley  
Marathon  
Napa, CA; March 2**

<b>Overall</b>		
Eoin Fahy	37	2:25:53
Mary Coordt	27	2:56:49
M40 Richard Flores		2:31:15
Paul Ruckel		2:45:21
William Wilkey		2:47:58

M45 Will Pittenger	2:45:18
Todd Hayes	2:56:31
Juan Pina	3:01:45
M50 Brian Perkins	2:56:22
Ian Reid	2:58:26
Patrick Kalen	3:03:35
M55 Andrew Kotulski	3:14:41
George Nye	3:15:47
Robert Honer	3:20:08
M60 Ken Karcher	3:28:26
Bill Galbrecht	3:41:18
Ron Weston	3:44:45
M70 Burt Carlson	4:32:00
George Billingsley	4:39:33
Allen Bergman	5:02:11
W40 Christine Iwahashi	3:04:30
Mo Bartley	3:13:21
Cindy Scott	3:17:05
W45 Sue MacDonald	3:24:32
Ann Hayes	3:28:33
Mary Shields	3:32:14
W50 Cyncl Calvin	3:24:29
Judi Shade	3:26:49
Sandra Anderson	3:45:27
W55 Judy Shipmans	3:40:08
Ann Grove	3:52:50
Rita Gilmore	4:19:32
W60 Myra Rhodes	3:46:43
Mae Horns	4:09:38
W70 Etta Palmer	5:45:48

**Fifty-Plus Fitness Association  
Paul Spangler Memorial 8K  
Palo Alto, CA; April 6**

<b>Overall</b>		
Michael Dove	50	26:50
Shirley Matson	56	30:10
M50 Michael Dove		26:50
Ewar Gordillo		28:08
Frank Rugna		28:18
Alphonso Jackson		28:31
Jim Reitz		28:45
M55 Sal Vasquez		27:17
Jim Williams		29:13
Jon McPherson		29:19
Byron Melendy		29:21
Herb Phillips		29:22
M60 Jim Moore		30:54
Bernie Hollander		31:16
Norman Saucedo		31:16
Darryl Beardall		31:46
Robert Hudson		32:12
M65 Joe Newmyer		38:34
Mark Ricaud		38:52
Arnold Luza		39:26
James Woollett		39:36
Rick Thomas		39:39
M70 John Keston		32:06
Joe King		33:07
Jim O'Neil		34:00
Boyce Jacques		35:17
Ray Stewart		36:19
M75 Jack Friedlander		43:33
Hutch Thurston		47:15
M80 Bill Nice		42:02
Tertius Chandler		50:54
Tony Marshall		55:39
M85 Joe Goodman		1:11:43
Thomas Cullen		1:11:46
W50 Mary Jo Feeney		35:37
L Fonda-Kosorek		36:46
Ann Hardham		38:09
Jean Schwisow		38:32
Barbara Brady		38:39
W55 Shirley Matson		30:10
Barbara Miller		32:52
Jutta McCormick		35:00
Edda Stickle		36:53
Louise Walters		37:26
W60 Sylvia Hughes		38:33
Sally Gidaro		40:16
Gloria Dake		42:27
M Levi		42:54
Joan Masui		45:17
W65 Ruth Anderson		43:36
Jeannine Cutter		43:36
Ruth Anne Bortz		45:58
Peggy Hanson		46:57
Rosemary Ennis		56:31
W70 Joy Johnson		42:11
Harriet Couson		43:09
Dorothy Thomas		48:31
Kit Pickles		49:24
Mary Coropoff		67:17
W75 Jaclyn Caselli		51:24
Judy Golding		58:29

<b>5K Racewalk</b>		
M50 J M Doane	30:12	
Gary Bower	31:22	
Gerard Perez	39:31	
M55 Michael Marmor	33:15	
Stuart Kinney	33:16	
Ronald Walters	33:19	
M60 Ed Lane	29:16	
Ben Young	44:49	
M65 William Moreman	30:56	
Jon Dorset	35:38	
Abraham Berman	45:43	
M70 Stanley Greenberg	37:12	
M80 Ernest Lucken	37:04	
W50 Jo Ann Nedelco	28:15	
Carolyn Nash	36:36	
Norma Hudnutt	37:07	
W55 Lorri Coppola	32:17	
Doris Cassela	32:48	
Phyllis Abbate	34:58	
W60 Shirley Dockstader	31:48	
Charlotte Williams	39:45	
W65 Grace Moreman	38:00	
W70 Barbara Spengler	41:45	
Barbara Chang	41:47	
W85 Dorothy Roberts	46:00	

**INTERNATIONAL  
British Cross-Country  
Championships  
Silksworth, Sunderland  
March 22**

<b>10K</b>		
M40 Mike Williams	32:16	
Mike Girvan	32:41	
Les Atkinson	32:58	
Trevor Clark	33:16	
Dave Wilson-Evans	33:17	
Graham Ratcliffe	33:29	
M45 Mike Hager	33:12	
Charlie Dickinson	34:23	

Tony Hesketh	34:24
John Clark	34:36
Alan Catley	35:00
Harry Burdett	35:05
M50 Brian O'Neill	34:04
Dougie Gemmell	34:08
Neil Robson	35:27
Graham Wootton	35:31
Frank Reilly	35:55
M55 Roger Highnam	35:45
Steve James	36:00
Les Presland	36:28
Phil Lancaster	37:05
Chris Elson	37:34
M60 Cyril Leigh	38:18
Gordon Wiltshire	39:25
Dennis Hayes	39:55
Ian Barnes	40:04
M65 Derek Howarth	43:42
Gerry Spink	43:52
Bill Clapham	45:43
Laurie Forster	45:50
<b>5K</b>	
M70 Bruce Davidson	26:09
Dennis Eyres	27:24
Jim Purcell	30:11
W35 Lynn Harding	18:59
Sheila Allen	19:11
Lynn Marr	19:24
Jan Rashleigh	19:35
Hilary Robinson	19:38
W40 Jackie Jackson	19:56
D Hoogesteger	20:04
Jan Meeten	20:09
Sue Weatherburn	20:19
Sue Ogilvie	20:30
W45 Gill Dean	19:53
Josie Heffernan	20:17
Caroline Marler	21:33
Joan Allison	21:40
Felicity Garland	21:55
W50 Dot Fellows	22:16

Viv Hancock	23:09
Rita Webb	25:00
W55 C Lee	23:30
H Simpson	24:31
K Stewart	24:55
W60 H Goodman	24:08
M Holmes	26:03
B Atkinson	29:18
W65 Joselyn Ross	26:32
B Forster	30:12

**RACEWALKING**

**50-Plus 5K Racewalk  
Stanford University  
Stanford, CA; April 6**

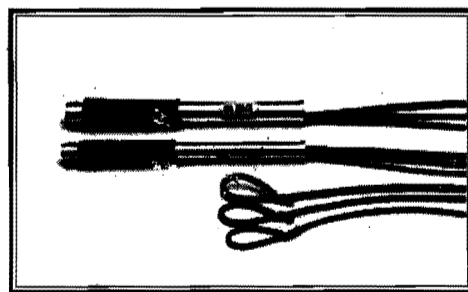
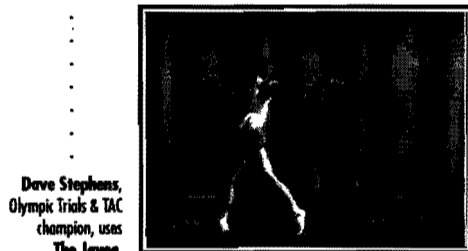
W50 Jo Ann Nedelco	28:15
Carolyn Nash	36:36
Norma Hadnutt	37:07
W55 Lorri Coppola	32:17
Doris Cassels	32:48
Phyllis Abbate	34:58
Shirley Nathan	35:01
Tita McCall	38:15
W60 S. Dockstader	31:48
C. Williams	39:45
W65 Grace Moreman	38:00
W70 Barbara Spengler	41:45
Barbara Chang	41:47
W85 Dorothy Roberts	46:00
M50 J.M. Doane	30:12
Gary Bower	31:22
Gerard Perez	39:31
M55 Michael Marmor	33:15
Stuart Kinney	33:16
Ronald Walters	33:19
M60 Ed Lane	29:16
Ben Young	44:49
M65 Bill Moreman	30:56
Jon Borset	35:38
Abraham Berman	45:43
M70 Stanley Greenberg	37:12
M80 Ernest Lucken	37:04



What's the point of training without a

**JAVEE?**

THE JAVELIN THROWER'S TRAINING AID  
AVAILABLE EXCLUSIVELY IN THE U.S.  
FROM THE PROFESSIONALS AT ON TRACK...



A VALUABLE TOOL TO  
HELP YOU DEVELOP:

- ◆ Flexibility
- ◆ Correct muscle motor patterns
- ◆ Regular use can reduce muscle/tendon injuries
- ◆ Used by many elite throwers the world over

Includes a booklet of exercises!

**ON TRACK**  
Complete line of  
Field & Track  
Equipment

Call or write for our current catalog: