

San Diego USATF**2001 West Region Masters Track and Field Championships****June 23, 2001****San Diego State University****San Diego, CA****Complete Results****100 Meter Dash**

	Name	Age Residence	Time	Wind	Age-Grading
M30	1 Buabo Tshimanga	M32 Los Angeles CA	10.88	-0.1	10.88 90.63%
	2 John Sears	M31 Costa Mesa CA	11.58	-0.1	11.58 85.15%
M35	1 Rawley Crichlow	M38 Tempe AZ	11.25	-0.1	10.88 90.67%
	2 Cornell Stephenson	M38 Los Angeles CA	11.56	-0.1	11.18 88.24%
	3 Frank Strong	M39 Ontario CA	11.72	-0.1	11.26 87.54%
	4 Rob Spence	M35 Lake Forest CA	12.04	-0.1	11.88 83.06%
	5 Marc Sulkes	M36 San Diego CA	12.51	-0.1	12.26 80.42%
M40	1 Dray Hargrove	M44 Northridge CA	11.49	0.6	10.68 92.34%
	2 Eric Dixon	M41 Alisa Viejo CA	11.82	0.6	11.21 87.99%
	3 Alvin Millerbis	M42 Los Angeles CA	12.45	0.6	11.73 84.10%
	4 Lorenzo Cooper	M41 Rowland Heights CA	19.36	0.6	18.36 53.72%
M45	1 Gregory Holmes	M45 Norwalk CA	11.59	0.6	10.70 92.15%
	2 Robert Richardson	M48 Carson CA	12.90	0.6	11.68 84.50%
	3 Frank Taylor	M48 Camino CA	13.54	0.6	12.26 80.50%
	- Donald Tyler	M47 Los Angeles CA	dnf	0.6	
M50	1 Thierry Boucquey	M50 Huntington Beach CA	12.40	0.7	11.08 89.03%
	2 Raymond Yeck	M52 Antioch CA	12.66	0.7	11.16 88.39%
	3 Homi Hormasji	M53 Santa Monica CA	13.07	0.7	11.45 86.15%
	4 John Tomaschke	M51 San Diego CA	13.40	0.7	11.89 82.91%
M55	1 Dale Herring	M55 Mission Viejo CA	12.98	0.8	11.22 87.90%
	2 Diethart Reichardt	M58 Corona Del Mar CA	13.03	0.8	11.04 89.41%
	3 David Naylor	M57 Sacramento CA	13.04	0.8	11.12 88.73%
	4 Willie Roberson	M57 Gardena CA	13.55	0.8	11.55 85.39%

	5	Bruce Underhill	M56	San Diego CA	14.57	0.8	12.51	78.86%
	6	Paul Gilbert	M58	Hidden Hills CA	14.68	0.8	12.43	79.36%
M60	1	Kenneth Dennis	M64	Los Angeles CA	12.46	3.2	10.10	97.67%
	2	Harold Tolson	M63	San Diego CA	12.59	3.2	10.28	95.95%
	3	Walt Butler	M60	Pasadena CA	13.16	3.2	11.00	89.74%
M65	1	Norb Wedepohl	M65	Prescott AZ	13.29	3.2	10.69	92.33%
	2	Frank Hollier	M65	Pomona CA	13.45	3.2	10.82	91.23%
	-	Dick Richards	M66	Encinitas CA	dnf	3.2		
M70	1	Will Robinson	M70	Santa Fe NM	14.68	0.8	11.29	87.40%
	2	Jim Selby	M72	Fallbrook CA	15.82	0.8	11.92	82.74%
M75	1	Jock Jocoy	M75	Del Mar CA	16.60	0.8	12.12	81.39%
	2	Robert Davidson	M78	Fallbrook CA	25.40	0.8	17.88	55.16%
W30	1	Leslie Martin	W32	Riverside CA	15.86	0.7	15.86	67.84%
W35	1	Tammy Mack	W37	Highland CA	13.94	0.7	13.49	79.77%
W40	1	Joy Sargis	W40	Encinitas CA	13.10	0.7	12.40	86.87%
	2	Elaine Iba	W40	Trabuco Canyon CA	13.57	0.7	12.84	83.86%
	3	Debbie Selby	W44	Fallbrook CA	16.29	0.7	14.95	71.95%
W45	1	Kathryn Herring	W46	Mission Viejo CA	16.01	0.7	14.47	74.39%
	2	Chris Stone	W46	La Mesa CA	20.14	0.7	18.21	59.14%
W50	1	Brenda Matthews	W51	Anaheim CA	14.48	-1.4	12.60	85.43%
	2	Avril Naylor	W54	Sacramento CA	14.81	-1.4	12.59	85.48%
	3	Lorraine Tucker	W54	Anaheim CA	15.50	-1.4	13.18	81.68%
W55	1	Lynn Naftel	W56	Escondido CA	15.23	-1.4	12.75	84.44%
W60	1	Kathy Bergen	W61	La Canada CA	14.58	-1.4	11.72	91.91%
	2	Marilyn Ongley	W61	San Diego CA	16.80	-1.4	13.50	79.76%
W70	1	Sumi Onodera-Leonard	W73	Huntington Beach CA	17.80	-1.4	12.64	85.17%
	2	Frances Styles	W73	San Diego CA	20.30	-1.4	14.41	74.68%
	3	Dorie Smith	W70	Tustin CA	23.96	-1.4	17.63	61.06%

200 Meter Dash

	Name	Age	Residence	Time	Wind	Age-Grading
M30	1 Buabo Tshimanga	M32	Los Angeles CA	22.32	-2.3	22.32 88.35%
	2 John Sears	M31	Costa Mesa CA	23.70	-2.3	23.70 83.21%
	3 Mark Borchard	M31	Phoenix AZ	25.02	-2.3	25.02 78.82%
M35	1 Kettrell Berry	M38	San Diego CA	22.28	-2.3	21.45 91.97%
	2 Rawley Crichlow	M38	Tempe AZ	22.88	-2.3	22.02 89.55%
M40	1 Edward Daniels	M41	Diamond Bar CA	22.42	0.7	21.13 93.35%
	2 Robert Hicks	M41	La Mesa CA	23.71	0.7	22.34 88.27%
	3 Dray Hargrove	M44	Northridge CA	23.77	0.7	21.93 89.95%
	4 Eric Dixon	M41	Alisa Viejo CA	24.22	0.7	22.82 86.42%
	5 Vincent Calloway	M44	Van Nuys CA	24.38	0.7	22.50 87.69%
	6 Conny Grigsby	M42	Spring Valley CA	27.70	0.7	25.92 76.10%

M45	1	Kostie Killas	M47	West Vancouver BC	24.58	-0.6	22.20	88.85%
	2	Steve Cummings	M45	Corona CA	25.00	-0.6	22.90	86.12%
	3	Robert Richardson	M48	Carson CA	25.65	-0.6	23.01	85.73%
	4	Calvin Evans	M46	Gardena CA	25.98	-0.6	23.63	83.45%
	5	Ken Stone	M47	La Mesa CA	28.65	-0.6	25.88	76.23%
M50	1	Gregg Bunker	M50	Saratoga CA	26.10	-1.1	23.08	85.48%
	2	Raymond Yeck	M52	Antioch CA	26.22	-1.1	22.86	86.31%
	3	Homi Hormasji	M53	Santa Monica CA	26.98	-1.1	23.36	84.43%
	4	Bill Fitzpatrick	M50	Long Beach CA	27.10	-1.1	23.96	82.32%
	5	John Tomaschke	M51	San Diego CA	27.19	-1.1	23.87	82.64%
M55	1	David Naylor	M57	Sacramento CA	26.78	0.3	22.52	87.57%
	2	Dennis Duffy	M58	Fresno CA	27.04	0.3	22.58	87.35%
	3	Larry Barnum	M57	Pasadena CA	27.07	0.3	22.77	86.63%
	4	Diethart Reichardt	M58	Corona Del Mar CA	27.16	0.3	22.68	86.97%
	5	Willie Roberson	M57	Gardena CA	27.49	0.3	23.12	85.30%
	6	Alan Levine	M57	Santa Rosa CA	28.79	0.3	24.21	81.45%
	7	Tony Craddock	M58	Santa Barbara CA	29.81	0.3	24.89	79.24%
	8	Bruce Underhill	M56	San Diego CA	30.99	0.3	26.25	75.12%
M60	1	Harold Tolson	M63	San Diego CA	25.94	-0.7	20.83	94.72%
M65	1	Dick Richards	M66	Encinitas CA	27.16	-0.7	21.25	92.82%
	2	Frank Hollier	M65	Pomona CA	28.57	-0.7	22.56	87.43%
M70	1	Jim Selby	M72	Fallbrook CA	33.99	-2.0	25.02	78.82%
M85	1	Vincent Malizia	M86	Northridge CA	50.78	-2.0	30.81	64.02%
W30	1	Leslie Martin	W32	Riverside CA	32.70	-1.1	32.70	66.18%
W35	1	Tammy Mack	W37	Highland CA	29.35	-1.1	28.27	76.56%
W40	1	Joy Sargis	W40	Encinitas CA	26.92	-1.1	25.31	85.51%
	2	Elaine Iba	W40	Trabuco Canyon CA	29.44	-1.1	27.68	78.19%
	3	Elizabeth Monday	W43	Lake Forest CA	35.18	-1.1	32.28	67.06%
	4	Debbie Selby	W44	Fallbrook CA	36.00	-1.1	32.77	66.06%
W45	1	Kathryn Herring	W46	Mission Viejo CA	33.65	-1.1	30.13	71.83%
W50	1	Brenda Matthews	W51	Anaheim CA	31.61	0.3	27.16	79.69%
	2	Avril Naylor	W54	Sacramento CA	31.66	0.3	26.54	81.55%
W55	1	Lynn Naftel	W56	Escondido CA	30.55	0.3	25.18	85.99%
W60	1	Marilyn Ongley	W61	San Diego CA	36.26	0.3	28.59	75.70%
W70	1	Sumi Onodera-Leonard	W73	Huntington Beach CA	39.00	-0.1	26.90	80.46%
	2	Magdalena Kuehne	W70	Tujunga CA	40.39	-0.1	28.96	74.75%
	3	Dorie Smith	W70	Tustin CA	51.34	-0.1	36.81	58.80%

400 Meter Dash

	Name	Age	Residence	Time	Age-Grading
M30	1 Durdam Rocherolle	M30	La Jolla CA	53.72	53.72 80.58%
M35	1 Kettrell Berry	M38	San Diego CA	50.07	47.61 90.93%

	2	Benjamin Crouch	M35 Whittier CA	51.90	50.31	86.05%
	3	Vaughan Kastor	M36 Wood Ranch CA	52.96	51.01	84.88%
M40	1	Edward Daniels	M41 Diamond Bar CA	49.14	45.81	94.51%
	2	Carlos Amado	M40 San Diego CA	50.61	47.50	91.15%
	3	Robert Hicks	M41 La Mesa CA	52.17	48.63	89.02%
	4	Dray Hargrove	M44 Northridge CA	54.35	49.65	87.19%
	5	Vincent Calloway	M44 Van Nuys CA	55.23	50.45	85.80%
	6	Conny Grigsby	M42 Spring Valley CA	1:06.93	1:01.98	69.85%
M45	1	Steve Cummings	M45 Corona CA	54.71	49.63	87.22%
	2	Steve Gallegos	M46 Golden CO	54.80	49.36	87.70%
	3	Kostie Killas	M47 West Vancouver BC	54.90	49.10	88.18%
M50	1	Gregg Bunker	M50 Saratoga CA	57.72	50.52	85.71%
	2	Herman Castille Jr	M52 Temecula CA	1:00.05	51.76	83.65%
	3	John Tomaschke	M51 San Diego CA	1:00.38	52.44	82.54%
	4	Glenn Curtis Johnson	M51 Inglewood CA	1:05.30	56.72	76.32%
	5	Richard Beaumont	M52 Chula Vista CA	1:27.12	1:15.09	57.66%
M55	1	Stan Whitley	M55 Alta Loma CA	56.27	47.38	91.36%
	2	Larry Barnum	M57 Pasadena CA	59.03	48.89	88.57%
	3	Dennis Duffy	M58 Fresno CA	1:00.10	49.36	87.72%
	4	Rob Russell	M55 Alhambra CA	1:02.20	52.38	82.65%
	5	Alan Levine	M57 Santa Rosa CA	1:02.32	51.61	83.89%
	6	Bruce Underhill	M56 San Diego CA	1:11.52	59.73	72.48%
M65	1	Brian McCarthy	M68 San Diego CA	1:42.70	1:16.67	56.47%
M70	1	Jim Selby	M72 Fallbrook CA	1:15.70	53.99	80.18%
M75	1	John Cross	M76 Bonita CA	1:38.00	1:06.39	65.21%
M85	1	Vincent Malizia	M86 Northridge CA	1:49.32	1:02.36	69.42%
W40	1	Elizabeth Monday	W43 Lake Forest CA	1:21.21	1:13.67	65.03%
	2	Debbie Selby	W44 Fallbrook CA	1:25.57	1:17.01	62.21%
W45	1	Marcella Teran	W46 San Diego CA	1:14.79	1:06.22	72.35%
W55	1	Lynn Naftel	W56 Escondido CA	1:12.28	58.56	81.81%
W60	1	Marilyn Ongley	W61 San Diego CA	1:25.84	1:06.12	72.45%
W70	1	Sumi Onodera-Leonard	W73 Huntington Beach CA	1:29.61	59.43	80.60%
	2	Dorie Smith	W70 Tustin CA	1:53.89	1:18.84	60.76%
W80	1	Gerry Davidson	W80 Fallbrook CA	1:51.25	1:05.73	72.88%

800 Meter Run

	Name	Age	Residence	Time	Age-Grading
M35	1 McDuffries Allen	M39	San Diego CA	2:02.01	1:55.37 88.18%
M40	1 Darryl Smith	M41	Henderson NV	2:08.48	1:59.77 84.94%
	2 Angelo DeCollibus	M44	Anaheim Hills CA	2:09.43	1:58.08 86.15%
	3 Frank Boegeman	M43	Santa Ana CA	2:15.53	2:04.54 81.69%
	- Steve Terrill	M44	Glendale AZ	dnf	

M45	1	Steve Gallegos	M46	Golden CO	2:04.03	1:51.48	91.25%
	2	Mike Tipping	M48	Irvine CA	2:13.07	1:57.80	86.36%
M50	1	David Amster	M50	Antioch CA	2:12.57	1:55.55	88.04%
	2	Gary Rust	M54	Imperial CA	2:13.96	1:53.00	90.03%
	3	Bill Fitzpatrick	M50	Long Beach CA	2:17.08	1:59.48	85.15%
	4	Neil Sybert	M51	Vista CA	2:25.14	2:05.49	81.07%
	5	Steve Kellmyer	M50	Lake Forest CA	2:28.09	2:09.08	78.82%
M55	1	Dennis Duffy	M58	Fresno CA	2:23.11	1:56.57	87.28%
	2	Rob Russell	M55	Alhambra CA	2:23.52	2:00.06	84.73%
M60	1	Cliff Cordy	M63	Reno NV	2:26.64	1:53.87	89.34%
M65	1	John-Erik Nilsson	M66	Vista CA	2:52.82	2:10.05	78.23%
M70	1	Jim Selby	M72	Fallbrook CA	3:01.75	2:07.39	79.86%
	2	Bob Holmes	M72	San Diego CA	3:16.30	2:17.59	73.94%
M75	1	John Cross	M76	Bonita CA	3:46.06	2:30.00	67.82%
M85	1	Vincent Malizia	M86	Northridge CA	4:07.19	2:16.58	74.49%
W30	1	Laura Shapiro	W34	R Santa Margarita CA	2:46.73	2:42.45	69.49%
W35	1	Diane Haney	W39	Laguna Niguel CA	2:30.54	2:20.99	80.07%
W40	1	Debbie Barraza	W44	San Juan Capistrano CA	2:32.69	2:17.17	82.30%
	2	Patricia Contreras	W43	Santa Barbara CA	2:37.81	2:22.97	78.96%
W50	1	Maggie Small	W51	Studio City CA	3:43.78	3:08.79	59.80%
W55	1	Lynn Naftel	W56	Escondido CA	3:07.13	2:30.31	75.10%
W60	1	Gerry Martin	W63	San Diego CA	3:57.01	2:56.22	64.06%
W70	1	Sumi Onodera-Leonard	W73	Huntington Beach CA	3:44.00	2:25.34	77.67%
	2	Dorie Smith	W70	Tustin CA	4:02.42	2:44.63	68.57%
W80	1	Gerry Davidson	W80	Fallbrook CA (AR)	4:26.01	2:32.51	74.02%

1500 Meter Run

	Name	Age	Residence	Time	Age-Grading
M40	1 Mark Cleary	M42	R Santa Margarita CA	4:19.80	4:02.71 85.58%
	2 Angelo DeCollibus	M44	Anaheim Hills CA	4:20.23	3:59.55 86.71%
	3 Tim Geraghty	M43	Burlingame CA	4:21.86	4:02.85 85.53%
	4 Brett Pelham	M40	East Amherst NY	4:43.04	4:28.30 77.42%
	5 Ken Chisolm	M41	San Diego CA	5:12.95	4:54.52 70.52%
M45	1 Mike Tipping	M48	Irvine CA	4:25.89	3:57.39 87.49%
	2 Gary Shapiro	M49	Irvine CA	4:32.28	4:01.19 86.12%
M50	1 David Amster	M50	Antioch CA	4:30.34	3:57.58 87.43%
	2 Phil Camp	M53	Chula Vista CA	4:44.18	4:03.60 85.26%
	- Hugo Velazquez	M50	Redondo Beach CA	dnf	
M65	1 John-Erik Nilsson	M66	Vista CA	6:03.17	4:34.89 75.56%
	2 Brian McCarthy	M68	San Diego CA	8:01.08	5:55.91 58.36%
M70	1 Jim Selby	M72	Fallbrook CA	6:17.45	4:25.77 78.15%
M75	1 John Cross	M76	Bonita CA	7:34.36	5:02.65 68.63%

M85	1	Vincent Malizia	M86	Northridge CA	8:02.95	4:27.17	77.74%
W30	1	Laura Shapiro	W34	R Santa Margarita CA	5:45.03	5:39.69	67.85%
W35	1	Diane Haney	W39	Laguna Niguel CA	4:59.94	4:43.69	81.24%
	2	Sinead Foran	W36	Rossmoor CA	5:15.70	5:05.95	75.33%
W40	1	Diane Heil	W43	Santa Monica CA	4:59.80	4:34.20	84.05%
	2	Debbie Barraza	W44	San Juan Capistrano CA	5:06.91	4:38.31	82.81%
W45	1	Marcella Teran	W46	San Diego CA	5:07.90	4:34.34	84.00%
W50	1	Maggie Small	W51	Studio City CA	7:42.22	6:33.35	58.59%
W60	1	Gerry Martin	W63	San Diego CA	7:43.18	5:46.93	66.43%
W70	1	Dorie Smith	W70	Tustin CA	8:07.14	5:32.97	69.22%
W80	1	Gerry Davidson	W80	Fallbrook CA	8:35.58	4:57.03	77.59%

5000 Meter Run

	Name	Age	Residence	Time	Age-Grading
M35	1 Joaquim Cruz	M38	San Diego CA	16:21.9h	15:58.34 81.22%
M45	1 Paul Baumhoefner	M49	San Diego CA	19:56.5h	17:56.97 72.28%
M55	1 Hal Goforth	M56	El Cajon CA	18:49.7h	15:59.69 81.11%
M60	1 Don Garsh	M62	Chula Vista CA	22:16.2h	17:53.37 72.52%
M65	1 Gordon McClenathen	M67	Goleta CA	22:52.3h	17:26.11 74.41%
	2 Brian McCarthy	M68	San Diego CA	28:52.0h	21:45.41 59.63%
M75	1 John Cross	M76	Bonita CA	27:41.9h	18:49.77 68.90%
W50	1 Joni Shirley	W54	San Diego CA	20:44.9h	17:26.47 82.53%
W60	1 Gerry Martin	W63	San Diego CA	27:37.3h	21:04.36 68.31%
W65	1 Martha Walker	W65	San Diego CA	26:11.7h	19:30.92 73.76%

80 Meter Hurdles (30" 8.0m)

	Name	Age	Residence	Time	Wind	Age-Grading
W40	1 Veronica Amarasekara	W40	Fontana CA	13.01	2.7	14.75 82.78%

100 Meter Hurdles (33" 8.0m)

	Name	Age	Residence	Time	Wind	Age-Grading
M60	1 Walt Butler	M60	Pasadena CA	15.49	0.7	13.84 93.35%

100 Meter Hurdles (36" 8.5m)

	Name	Age	Residence	Time	Wind	Age-Grading
M50	1 Sheridan Groves	M54	Santa Monica CA	17.08	0.7	15.63 82.61%

	2	Richard Beaumont	M52	Chula Vista CA	28.49	0.7	26.63	48.51%
M55	1	Fred Johnston	M55	Pleasanton CA	15.43	0.7	13.97	92.42%
	2	Bob Osterhoudt	M59	Sun City CA	17.21	0.7	14.88	86.75%

110 Meter Hurdles (39")

		Name	Age	Residence	Time	Wind	Age-Grading	
M30	1	Richard Holmes	M34	Claremont CA	14.99	nwi	14.73	87.73%
	2	James Smith	M34	Chandler AK	16.15	nwi	15.86	81.42%
M35	1	Rob Spence	M35	Lake Forest CA	15.54	nwi	15.14	85.33%
	2	Roger Drummond	M39	Porterville CA	17.90	nwi	16.85	76.65%
M45	1	David Perrin	M47	La Verne CA	17.21	nwi	15.05	85.82%
	-	Michael Simmons	M46	Long Beach CA	dnf			
	-	James McCraney	M46	Long Beach CA	dq			

300 Meter Hurdles (27") (used 30")

		Name	Age	Residence	Time	Age-Grading	
M70	1	Will Robinson	M70	Santa Fe NM	56.37	55.32	84.57%

400 Meter Hurdles (33")

		Name	Age	Residence	Time	Age-Grading	
M50	1	Sheridon Groves	M54	Santa Monica CA	1:09.76	56.52	82.78%
	2	Douglass Tanabe	M52	San Diego CA	1:10.03	58.00	80.65%

400 Meter Hurdles (36")

		Name	Age	Residence	Time	Age-Grading	
M30	-	James Smith	M34	Chandler AK	dnf		
M35	1	Rob Spence	M35	Lake Forest CA	59.56	57.48	81.40%
	2	Roger Drummond	M39	Porterville CA	1:02.90	58.56	79.89%
M45	1	Steve Cummings	M45	Corona CA	1:04.04	56.32	83.07%
	2	Jeff Buhmiller	M47	Lake Havasu City AZ	1:06.77	57.55	81.29%
	3	Andrew Hecker	M46	Ventura CA	1:08.77	59.88	78.13%
	-	Ken Stone	M47	La Mesa CA	dnf		

2000 Meter Steeplechase (30")

		Name	Age	Residence	Time	Age-Grading	
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M70	1	Roger Martin	M70	San Diego CA	13:48.32	13:55.95	57.67%
W60	1	Gerry Martin	W63	San Diego CA	11:51.56	8:14.68	72.78%

3000 Meter Steeplechase

	Name	Age	Residence	Time	Age-Grading
M40	1 David Cook	M44	Oak Hills CA	11:51.03	10:36.16 75.78%
	2 Nikos Mourtos	M43	Half Moon Bay CA	12:17.46	11:06.15 72.37%

5000 Meter Race Walk

	Name	Age	Residence	Time	Age-Grading
M65	1 Leon Glazman	M67	Pacific Palisades CA	33:28.5h	24:59.75 73.01%
	2 Lloyd McGuire	M69	San Diego CA	35:55.1h	26:14.95 69.53%
W50	1 Susan Jupena	W52	San Diego CA	36:33.4h	31:05.49 65.24%
W55	1 Carol Pierce	W56	San Diego CA	36:34.4h	29:58.76 67.66%

High Jump

	Name	Age	Residence	Mark	Age-Grading
M40	1 Darryl Smith	M41	Henderson NV	1.73m	5' 8" 1.97m 80.47%
	2 Scott Young	M44	Chula Vista CA	1.67m	5' 5 ³ / ₄ " 1.96m 80.29%
	3 Mike Minnich	M43	Vista CA	1.62m	5' 3 ³ / ₄ " 1.88m 77.14%
	4 Ken Chisolm	M41	San Diego CA	1.57m	5' 1 ³ / ₄ " 1.79m 73.02%
M45	1 Richard Watson	M48	Yuma AZ	1.47m	4' 9 ³ / ₄ " 1.80m 73.87%
M50	1 Charlie Rader	M53	Moreno Valley CA	1.73m	5' 8" 2.24m 91.53%
M55	1 Roberto Pozzi	M55	Chatsworth CA	1.57m	5' 1 ³ / ₄ " 2.07m 84.86%
M60	1 Davie Perry	M62	Banning CA	1.52m	4' 11 ³ / ₄ " 2.16m 88.37%
	2 Bert Bergen	M63	La Canada CA	1.37m	4' 6" 1.97m 80.59%
M75	1 Jim Johnson	M78	Millbrae CA	1.02m	3' 4" 1.72m 70.34%
W30	1 Leslie Martin	W32	Riverside CA	1.27m	4' 2" 1.32m 63.18%
W50	1 Annalies Steekelenburg	W53	Malibu CA	1.37m	4' 6" 1.84m 88.39%
W70	- Frances Styles	W73	San Diego CA	nh	

Pole Vault

	Name	Age	Residence	Mark	Age-Grading
M40	1 Bill Halverson	M44	San Diego CA	4.60m	15' 1" 5.59m 90.91%
	2 Greg Charles	M40	Irvine CA	3.36m	11' 0 ¹ / ₄ " 3.86m 62.80%

M45	1	Mike Hogan	M47	San Diego CA	4.27m	14' 0"	5.41m	88.04%
	2	Murray Mead	M47	Hermosa Beach CA	4.12m	13' 6 $\frac{1}{4}$ "	5.22m	84.95%
	3	Richard Watson	M48	Yuma AZ	2.59m	8' 6"	3.33m	54.18%
M50	1	Greg Miguel	M54	RPalosVerdes	3.97m	13' 0 $\frac{1}{4}$ "	5.55m	90.23%
	2	Steve Morris	M52	Santa Barbara CA	3.81m	12' 6"	5.18m	84.29%
	3	Mick James	M54	Phoenix AZ	3.20m	10' 6"	4.47m	72.73%
	4	Mike Cour	M51	Santee CA	2.75m	9' 0 $\frac{1}{4}$ "	3.68m	60.04%
M60	1	Terry Cannon	M63	San Diego CA	3.36m	11' 0 $\frac{1}{4}$ "	5.33m	86.60%
M70	1	Bob Smith	M72	Lakeside CA	2.29m	7' 6"	4.11m	66.96%
	2	Bob Holmes	M72	San Diego CA	2.14m	7' 0 $\frac{1}{4}$ "	3.85m	62.57%
M75	1	Jim Johnson	M78	Millbrae CA	1.83m	6' 0"	3.58m	58.28%
W40	1	Jennifer Stary	W43	San Diego CA	2.44m	8' 0"	2.99m	67.40%
W45	1	Rita Hanscom	W47	San Diego CA	2.14m	7' 0 $\frac{1}{4}$ "	2.79m	62.76%
W55	1	Nadine O'Connor	W59	Del Mar CA	2.29m	7' 6"	3.57m	80.35%

Long Jump

	Name	Age	Residence	Mark	Wind	Age-Grading
M30	1 Durdam Rocherolle	M30	La Jolla CA	5.82m	nwi 19' 1 $\frac{1}{4}$ "	5.82m 65.03%
	2 Mark Borchard	M31	Phoenix AZ	5.49m	nwi 18' 0 $\frac{1}{4}$ "	5.49m 61.34%
M35	1 LaVell Davenport	M39	Gardena CA	6.22m	nwi 20' 5"	6.91m 77.27%
M45	1 David Perrin	M47	La Verne CA	5.18m	nwi 17' 0"	6.41m 71.65%
M50	1 Carl Flowers	M54	Irvine CA	5.30m	nwi 17' 4 $\frac{3}{4}$ "	7.21m 80.55%
	2 James Manor	M53	Modesto CA	5.18m	nwi 17' 0"	6.95m 77.66%
	3 Richard Beaumont	M52	Chula Vista CA	3.10m	nwi 10' 2"	4.10m 45.86%
M55	- Bruce Underhill	M56	San Diego CA	foul		
M60	1 Bert Bergen	M63	La Canada CA	4.11m	nwi 13' 6"	6.31m 70.50%
M65	1 Dick Richards	M66	Encinitas CA	5.24m	nwi 17' 2 $\frac{1}{4}$ "	8.38m 93.57%
M75	1 Jim Johnson	M78	Millbrae CA	2.70m	nwi 8' 10 $\frac{1}{4}$ "	5.07m 56.72%
	2 Ray Crawford	M77	Encinitas CA	2.61m	nwi 8' 6 $\frac{3}{4}$ "	4.84m 54.04%
M80	1 Fred Fleck	M82	Upland CA	1.44m	nwi 4' 8 $\frac{3}{4}$ "	2.89m 32.43%
M85	1 Clarence Trahan	M86	Hemet CA	2.84m	nwi 9' 4"	6.28m 70.12%
W40	1 Veronica Amarasekara	W40	Fontana CA	5.54m	nwi 18' 2 $\frac{1}{4}$ "	6.39m 85.10%
	2 Elaine Iba	W40	Trabuco Canyon CA	4.99m	nwi 16' 4 $\frac{1}{2}$ "	5.76m 76.65%
	3 Elizabeth Monday	W43	Lake Forest CA	3.29m	nwi 10' 9 $\frac{1}{2}$ "	3.97m 52.81%
W50	1 Brenda Matthews	W51	Anaheim CA	3.83m	nwi 12' 6 $\frac{3}{4}$ "	5.18m 69.01%
	2 Annalies Steekelenburg	W53	Malibu CA	3.15m	nwi 10' 4"	4.39m 58.44%
W60	1 Marilyn Ongley	W61	San Diego CA	3.23m	nwi 10' 7 $\frac{1}{4}$ "	5.05m 67.15%
W70	1 Frances Styles	W73	San Diego CA	2.59m	nwi 8' 6"	4.81m 64.11%

Triple Jump

	Name	Age	Residence	Mark	Wind	Age-Grading
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M35	1 LaVell Davenport	M39 Gardena CA	14.04m	nwi	46' 0 ³ / ₄ "	14.92m	83.08%
M40	1 Brett Pelham	M40 East Amherst NY	9.83m	nwi	32' 3"	10.59m	58.97%
M45	1 Robert Richardson	M48 Carson CA	11.26m	nwi	36' 11 ¹ / ₂ "	13.63m	75.88%
	2 Andrew Hecker	M46 Ventura CA	10.32m	nwi	33' 10 ¹ / ₄ "	12.13m	67.54%
	3 Frank Taylor	M48 Camino CA	9.67m	nwi	31' 8 ³ / ₄ "	11.70m	65.16%
M50	1 James Manor	M53 Modesto CA	10.28m	nwi	33' 8 ³ / ₄ "	13.38m	74.44%
	2 Mike Cour	M51 Santee CA	9.04m	nwi	29' 8"	11.43m	63.62%
	3 Richard Beaumont	M52 Chula Vista CA	6.30m	nwi	20' 8"	8.08m	44.97%
W40	1 Veronica Amarasekara	W40 Fontana CA	11.17m	nwi	36' 7 ³ / ₄ "	12.42m	82.25%
	2 Elaine Iba	W40 Trabuco Canyon CA	9.74m	nwi	31' 11 ¹ / ₂ "	10.83m	71.72%
W50	1 Avril Naylor	W54 Sacramento CA	7.44m	nwi	24' 5"	10.37m	68.70%
W70	1 Magdalena Kuehne	W70 Tujunga CA	6.44m	nwi	21' 1 ¹ / ₂ "	11.61m	76.94%

Shot Put (3 kg)

	Name	Age Residence	Mark		Age-Grading
W50	1 Lorraine Tucker	W54 Anaheim CA	9.91m	32' 6 ¹ / ₄ "	13.48m 62.84%
	2 Brenda Matthews	W51 Anaheim CA	7.82m	25' 8"	9.80m 45.70%
W55	1 Ingrid Mancini	W57 San Diego CA	8.08m	26' 6 ¹ / ₄ "	11.94m 55.69%
	2 Hattie Perry	W58 Banning CA	6.64m	21' 9 ¹ / ₂ "	10.08m 47.03%

Shot Put (4 kg)

	Name	Age Residence	Mark		Age-Grading
W40	1 Pat Shaw	W41 Laguna Niguel CA	12.08m	39' 7 ³ / ₄ "	13.29m 61.95%
W45	1 Joan Stratton	W49 Yuma AZ	10.11m	33' 2"	13.84m 64.56%
	2 Tina Bowman	W48 Long Beach CA	6.52m	21' 4 ³ / ₄ "	8.69m 40.55%

Shot Put (5 kg)

	Name	Age Residence	Mark		Age-Grading
M60	1 Chuck Polazi	M64 Yucaipa CA	11.35m	37' 3"	16.79m 75.67%
	2 Hal Sheakley	M60 Irvine CA	11.01m	36' 1 ¹ / ₂ "	14.92m 67.26%
	3 James Turner	M62 Alpharetta GA	9.58m	31' 5 ¹ / ₄ "	13.58m 61.17%
M65	1 Gerald Vaughn	M65 Charlotte NC	(AR) 14.08m	46' 2 ¹ / ₂ "	21.26m 95.78%
	2 James Koch	M66 Santa Fe NM	11.91m	39' 1"	18.40m 82.88%
	3 Alan Rosen	M65 Sherman Oaks CA	9.42m	30' 11"	14.22m 64.08%

Shot Put (6 kg)

	Name	Age	Residence	Mark		Age-Grading	
M50	1 Steve Weeks	M50	San Diego CA	10.47m	34' 4 $\frac{1}{4}$ "	12.52m	56.41%
	2 Joseph Apple	M51	San Diego CA	9.21m	30' 2 $\frac{3}{4}$ "	11.26m	50.77%
	3 Rick Trestrail	M52	Julian CA	8.13m	26' 8 $\frac{1}{4}$ "	10.17m	45.80%
M55	1 Bruce MacDonald	M55	San Diego CA	10.29m	33' 9 $\frac{1}{4}$ "	13.71m	61.80%

Shot Put (16 lb)

	Name	Age	Residence	Mark		Age-Grading	
M40	1 Brad Slinkard	M44	Dove Canyon CA	14.51m	47' 7 $\frac{1}{4}$ "	16.78m	75.61%
M45	1 William Gardner	M47	Rancho Santa Fe CA	13.10m	42' 11 $\frac{3}{4}$ "	16.17m	72.90%
	2 David Perrin	M47	La Verne CA	10.82m	35' 6"	13.36m	60.21%
	3 Richard Watson	M48	Yuma AZ	10.19m	33' 5 $\frac{1}{4}$ "	12.85m	57.93%

Discus Throw (1.0 kg)

	Name	Age	Residence	Mark		Age-Grading	
M60	1 Joe Marino	M63	North Hollywood CA	46.86m	153' 9"	55.96m	78.70%
	2 Chuck Polazi	M64	Yucaipa CA	43.72m	143' 5"	53.33m	74.99%
	3 James Turner	M62	Alpharetta GA	34.36m	112' 9"	40.15m	56.47%
	4 Hal Sheakley	M60	Irvine CA	28.26m	92' 8"	31.57m	44.40%
M65	1 Alan Rosen	M65	Sherman Oaks CA	37.72m	123' 9"	46.98m	66.07%
	2 Hal Smith	M65	Tarzana CA	36.18m	118' 8"	45.06m	63.37%
M75	1 Kio Shik Song	M75	Chula Vista CA	23.12m	75' 10"	35.79m	50.33%
	2 Ray Crawford	M77	Encinitas CA	16.00m	52' 6"	25.90m	36.43%
M80	1 Fred Fleck	M82	Upland CA	12.94m	42' 5"	23.96m	33.70%
M95	1 Win McFadden	M96	San Diego CA	12.38m	40' 7"	53.59m	75.35%
W45	1 Joan Stratton	W49	Yuma AZ	30.89m	101' 4"	40.83m	55.28%
W60	1 Kathy Bergen	W61	La Canada CA	17.67m	58' 0"	31.31m	42.39%
W65	1 Nina Duncan	W69	Poway CA	11.42m	37' 6"	24.60m	33.31%

Discus Throw (1.5 kg)

	Name	Age	Residence	Mark		Age-Grading	
M50	1 Mike Cour	M51	Santee CA	35.89m	117' 9"	39.60m	55.69%
	2 Steve Weeks	M50	San Diego CA	31.74m	104' 2"	34.23m	48.14%
	3 Rick Trestrail	M52	Julian CA	21.87m	71' 9"	24.67m	34.69%
M55	1 Cornelius McCormick	M57	Alisa Viejo CA	34.58m	113' 5"	43.49m	61.15%

Discus Throw (2.0 kg)

	Name	Age	Residence	Mark	Age-Grading
M30	1 Mark Borchard	M31	Phoenix AZ	31.32m 102' 9"	31.32m 44.04%
M35	1 Jeffrey Gonzales	M36	Imperial Beach CA	32.08m 105' 3"	32.08m 45.11%
	- Kyong Song	M38	Chula Vista CA	foul	
M40	1 Scott Young	M44	Chula Vista CA	44.12m 144' 9"	47.30m 66.53%
	2 Brad Slinkard	M44	Dove Canyon CA	38.74m 127' 1"	41.54m 58.41%
M45	1 John Edmonston	M47	San Marino CA	33.23m 109' 0"	38.05m 53.51%
	2 Richard Watson	M48	Yuma AZ	32.11m 105' 4"	37.57m 52.84%
	3 David Perrin	M47	La Verne CA	29.28m 96' 1"	33.53m 47.15%

Hammer Throw (3 kg)

	Name	Age	Residence	Mark	Age-Grading
W65	1 Mary Hirst	W66	Pasadena CA	16.16m 53' 0"	26.19m 43.65%

Hammer Throw (4 kg)

	Name	Age	Residence	Mark	Age-Grading
M70	1 Eugen Staniciu	M70	San Diego CA	34.81m 114' 2"	53.56m 64.33%
M75	1 Kio Shik Song	M75	Chula Vista CA	31.23m 102' 5"	53.34m 64.06%
	2 Thomas De Vaughn	M78	Mesa AZ	22.20m 72' 10"	40.41m 48.54%
W45	1 Joan Stratton	W49	Yuma AZ	35.05m 115' 0"	46.74m 77.92%

Hammer Throw (5 kg)

	Name	Age	Residence	Mark	Age-Grading
	no entries				

Hammer Throw (6 kg)

	Name	Age	Residence	Mark	Age-Grading
M50	1 Mike Cour	M51	Santee CA	22.98m 75' 5"	29.17m 35.03%
M55	1 Bob Osterhoudt	M59	Sun City CA	41.01m 134' 6"	61.50m 73.87%

Hammer Throw (16 lb)

	Name	Age	Residence	Mark	Age-Grading
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M35	1	Kyong Song	M38	Chula Vista CA	48.66m	159' 8"	51.83m	62.25%
M45	1	Thomas Meyer	M49	San Diego CA	39.70m	130' 3"	53.16m	63.85%
	2	John Edmonston	M47	San Marino CA	38.70m	127' 0"	49.73m	59.72%
	3	Richard Watson	M48	Yuma AZ	32.04m	105' 1"	42.04m	50.49%

Javelin Throw (400 g)

	Name	Age	Residence	Mark		Age-Grading		
W60	1	Kathy Bergen	W61	La Canada CA	23.14m	75' 11"	44.65m	55.81%
	2	Gerry Martin	W63	San Diego CA	22.25m	73' 0"	45.21m	56.52%
W70	1	Magdalena Kuehne	W70	Tujunga CA	14.45m	47' 5"	35.04m	43.81%

Javelin Throw (500 g)

	Name	Age	Residence	Mark		Age-Grading		
M70	1	Eugen Staniciu	M70	San Diego CA	30.98m	101' 8"	59.45m	61.94%
W50	1	Lorraine Tucker	W54	Anaheim CA	26.84m	88' 1"	43.30m	54.12%

Javelin Throw (600 g)

	Name	Age	Residence	Mark		Age-Grading		
M60	1	Larry Stuart	M63	Lake Forest CA	(WR) 52.57m	172' 6"	88.50m	92.20%
	2	Chuck Polazi	M64	Yucaipa CA	42.71m	140' 1"	73.25m	76.31%
	3	James Turner	M62	Alpharetta GA	35.67m	117' 0"	58.93m	61.39%
	4	Joe Marino	M63	North Hollywood CA	33.18m	108' 10"	55.86m	58.19%
	5	Hal Sheakley	M60	Irvine CA	27.11m	88' 11"	43.08m	44.88%
W35	1	Tammy Mack	W37	Highland CA	20.47m	67' 2"	25.15m	31.45%
W40	1	Jennifer Stary	W43	San Diego CA	35.08m	115' 1"	50.26m	62.83%
	2	Allison McCormick	W43	Alisa Viejo CA	28.76m	94' 4"	41.20m	51.51%
	3	Elaine Iba	W40	Trabuco Canyon CA	24.05m	78' 11"	31.85m	39.82%
W45	1	Joan Stratton	W49	Yuma AZ	24.61m	80' 9"	41.07m	51.35%
	2	Tina Bowman	W48	Long Beach CA	22.55m	74' 0"	36.71m	45.90%

Javelin Throw (700 g)

	Name	Age	Residence	Mark		Age-Grading		
M50	1	David Johnson	M53	Poway CA	49.11m	161' 1"	74.31m	77.41%
	2	Ron Rook	M52	Coto de Caza CA	40.66m	133' 5"	60.38m	62.89%
	3	John Williams	M50	Mission Viejo CA	37.09m	121' 8"	52.98m	55.19%
	4	Mike Cour	M51	Santee CA	34.57m	113' 5"	50.36m	52.46%

	5	Rick Trestrail	M52	Julian CA	31.36m	102' 11"	46.56m	48.51%
	6	Joseph Apple	M51	San Diego CA	26.65m	87' 5"	38.82m	40.44%
M55	1	James Brennan	M57	Orange CA	36.89m	121' 0"	60.20m	62.71%

Javelin Throw (800 g)

		Name	Age	Residence	Mark		Age-Grading
M30	1	Mark Borchard	M31	Phoenix AZ	36.68m	120' 4"	36.68m 38.21%
M35	1	Jeffrey Gonzales	M36	Imperial Beach CA	47.05m	154' 4"	51.65m 53.80%
M40	1	Alan Collatz	M40	Bakersfield CA	62.75m	205' 10"	74.22m 77.32%
	2	Scott Young	M44	Chula Vista CA	46.80m	153' 6"	59.74m 62.23%
	3	William McLeroy	M41	San Diego CA	33.95m	111' 5"	40.95m 42.66%
M45	1	Richard Watson	M48	Yuma AZ	46.28m	151' 10"	63.73m 66.39%
	2	David Perrin	M47	La Verne CA	42.76m	140' 3"	57.78m 60.19%

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