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VETERIS

the magazine of the

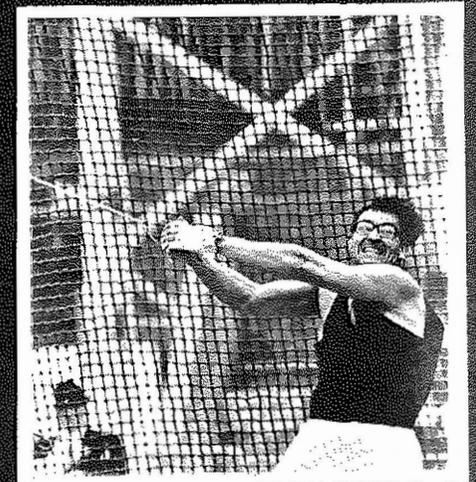
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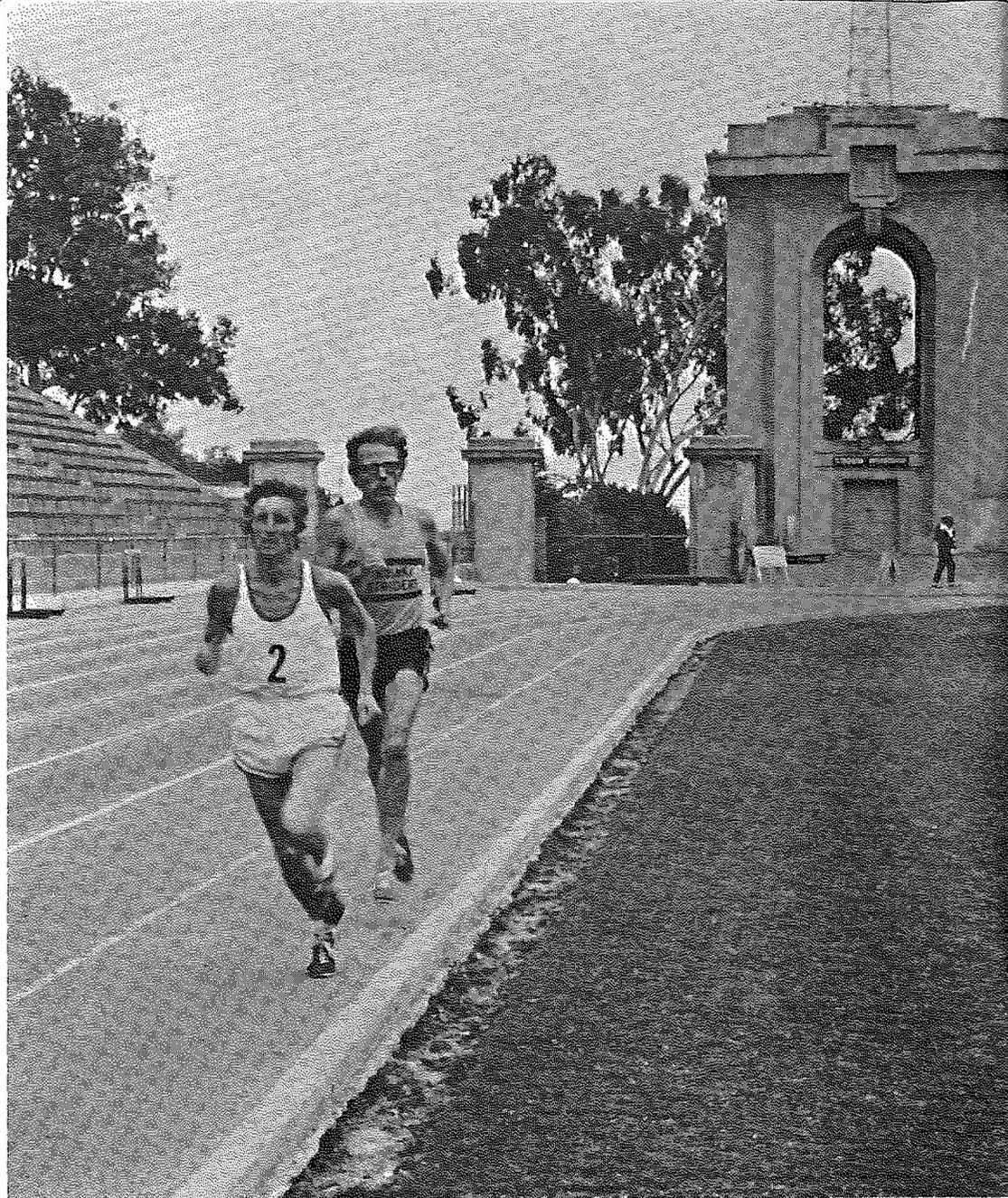
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FRONTISPIECE (Photo: Al Rockall) — Laurie O'Hara (GBR) (2) and Hal Higdon (USA) set a burning pace in the 10,000 metres at the US Masters Championships in San Diego, July 6/7. O'Hara won in 30:46.6 but pulled Higdon to a US record 31:09.2

FRONT COVER (Photo: Ed Lucey) — Howard Paync (GB) wins the A.A.A. title at Crystal Palace on 14th July with a British Veterans record throw of 67.98m (223'-0"). Two weeks later he took the British Vets title with 65.82 (215'-11") and annexed the high jump, triple jump and shot put for good measure.

VETERIS

the magazine of the Association of Veteran Athletes

Quarterly

September 1973

Volume 1, Number 2

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FIXTURES

- Sept 29 Highgate Harriers 3 x 2½ X-cty relay.
(see advert on back page)
- " 29 First Worlds best Championships for Walkers over 40. Over 10, 20 & 50 Kms., in Wedel/Holstein (Nr. Hamburg).
Group 2(40-49) Qualifications 10 Kms. 65mins., 20 Kms. 2hrs 10mins., 50 Kms. 5hrs 45mins.
Group 3(50-59) Qualifications 10 Kms. 75mins., 20 Kms. 2hrs. 25mins., 50 Kms. 6hrs. 20mins.
Group 4(Over 60) Qualifications 10 Kms. 90mins., 20 Kms. 2hrs. 40mins., 50 Kms. 6hrs. 45mins.
Side Events - - - - -
Group 1 Men(32-39) Qualifications. 10 Kms. 55mins., 20 Kms. 1hr. 55mins., 50 Kms. 5hrs. 30mins.
Group 1 Ladies(30-39) Qualifications 5 Kms. on track, 38mins.
Group 2 Ladies(40-49) 5 Kms. 41mins.
Group 3 Ladies(Over 50) 5 Kms. 45mins.
Entry Fee DM12 for each competitor & event. Entries by September 8th. to Mario Hess, D.2000 Hamburg 26 Marienthalerstrasse 142. Remittance of Entry Fee to be made with entry application to one of the following accounts; TSV Wedel Conto Number 2593, Wesel; or TSV Wedel Postcheckkonto Hamburg Number 69111. The Hamberger Verkehrsverein D.2000 Hamberg-1 Bieberhaus will arrange accommodation if required. There is a direct S-Bahn connection from Hamburg Hauptbahnhof (Main Station) to Wedel.
- Oct 6 Southern Veterans 10 miles road champs, Crawley. All classes, teams and individuals. (Entries (25p) to John Cook, 15 Johnson Walk, Tilgate, Crawley, Sussex)
- " 14 6th International Schwarzwald Marathon (All Classes) Braunlingen, West Germany. Entry Fee (12DM to Rolqnd Mall, D.771, Donaueschingen, Eichendorffstraße 9. by 30.9.73.
- " 17 SCAAA Open meeting, Crystal Palace.
- " 27 Veterans AC marathon champs, Harlow.
- Nov 21 SCAAA Open meeting, Crystal Palace.
- Dec 13 U.S.M.I.T.T. South Pacific tour commences (see back page)
- " 19 SCAAA Open meeting, Crystal Palace.
- " 22/23 All-Australian Veteran Track and Field Championships, Melbourne.
- " 30 Hawaiian Masters Meeting, Honolulu.
- " 20 International Veterans Distance Run, Sydney, Australia.
- " 29 International Veterans Distance Run, Auckland New Zealand.
- " 31 New Year's Eve Veterans Road Race, Honolulu, Hawaii.
- 1974
- Jan 16 SCAAA Open meeting, Crystal Palace.
- " 19 Veterans AC X-cty champs., Wimbledon.
- " 21/23 International Veterans Meetings, Christchurch, New Zealand (Entries to Clem Green, 46 Hargreaves Street, Wellington 2)
- " 29 Southern Veterans X-cty champs, (Sun) Belgrave HQ, Wimbledon. (3 classes, 2 races, Noon start)
- May 19 7th World Best Veteran Champs. Marathon. Draveil, Nr Paris. Organiser; M. Jesbera, 1, Rue des Epinettes, F.94410 Saint Maurice, France.

VETERANS' ORGANISERS

GREAT BRITAIN

- Veterans AC: Arthur Welling, 65 Browning Ave., Worcester Park, Surrey.
- Midlands Vets: Jack Selby, 15 Tamworth Road, Coventry, Warwicks.
- Northern Vets: Norman Ashcroft, 16 Davids Ave., Lane Ends, Warrington, Lancs.
- Scottish Vets: Walter Ross, 10 Thornley Ave., Glasgow, W3.

ISRAEL: Abraham Green, 34 Derech Negba Street, Ramat-Gan.

AUSTRALIA: Wal Sheppard, 148 Manningham Rd. Bulleen, Victoria 3105.

CANADA:

Don Farquharson, 269 Ridgewood Road, West Hill, Ontario.

NEW ZEALAND: Clem Green, 46 Hargreaves St., Wellington 2.

UNITED STATES: David H. R. Pain (U.S.M.I.T.T.) 1160 Via Espana, La Jolla, California 92037.

Robert G. Fine (N.Y.M.S.A.) 11, Park Place, New York N.Y. 10007

Editorial

We are delighted at the response to our inaugural issue. Our first printing has sold very well, with 50% going out to overseas readers. Nevertheless, our price has been pitched below production cost and we appeal to all readers to assist us in circulation — the sure way to keep down our unit costs. Advertising revenue is vital and we hope to appoint an Advertisement Manager shortly. In the meantime, would-be advertisers are requested to contact:—
JACK FITZGERALD, 6 Tyers House, Aldington Road, London, S.W.16.

Too much correspondence is passing through the hands of your editor. Correspondence concerning subscriptions and distribution should therefore be directed to:—
TONY BETTERIDGE, 98 New Road, South Darenth, Dartford, Kent.

Information and matters concerning statistics should be sent direct to:—
JOHN HAYWARD, 35, Danbury Way, Woodford Green, Essex.

Feature articles (and we appeal for them particularly on the medical aspects of athletics and veteran related items) together with news, views and results will continue to be welcomed by the Editor.

One point concerning overseas subscribers outside Europe. It is of advantage to both you and us if you order through your National organiser. Bulk orders are sent by air freight whereas individual orders go by sea mail. You not only get your copy quicker that way but no currency exchanges are necessary.

As we improve our organisation here at Veteris we are not unaware of the needs to rationalise the ever changing structure of the veterans world. We would like to ensure that the progressive organisations of Masters and Vets are advancing by an agreed formula. We cannot afford to have National bodies proceeding too far along their own paths. Too many sports have suffered through governing bodies taking unilateral action. Fortunately there is an international intercourse in veteran athletics which looks set to agree such matters amicably; but the following issues still need debating:—

1. The professional/amateur question. Should over-40 athletics be open to all?
2. Implement weights and hurdle heights for the various classes.
3. Records and their ratification.
4. "World" championships. Their authenticity and programme.
5. Age groupings.

To many the answers are quite clear. But clarity in one part of the world is not necessarily the same 12,000 miles away. We must also remember that we are closely linked with the mainstream of athletics and that at times we are heavily dependent upon amateur officials who are under the jurisdiction, ultimately, of the I.A.A.F.

Our structure must be constructed with care.

The ever widening base of veteran athletics is relentlessly forcing upwards the apex of the sport's pyramid. As the masses join the movement, so the number and quality of the top veterans increase and improve. Here is a run down on some leading performers of 1973.

VETS IN THE NEWS

JIM DIXON (GB): With some interesting performances over two laps of Britain's only indoor track in the early part of this year, 52.2 indicated then that the outdoor season could produce a near record or two. With the summer only at mid point he had taken the 400m. and 400m.H. Class 1. records into new fields. For some one whose pre-vet bests were 49.0 and 53.5 in 1967 the latest records are more than interesting. His season's many good performances are too numerous to list but just for the record here are the best:—

400 METRES	400M Hurdles
50.8 25-4 V.R.	55.5 12-5 V.R.
51.7 12-5	54.8 27-5 Warley V.R.
50.9 19-5	55.4 21-6 London
51.4 2-6	
50.2 17-6 V.R.	
49.7 22-6 V.R. London	

Jim was born on 15-3-32 and started athletics in his teens and for over twenty odd years has never had a break!!! Tall, long limbed and a school teacher by profession he has always trained the year round. Placing a great deal of faith in weight training (at least three times a week) he claims it has turned him from a 10st. (140lb.) weakling into a 142lb. exploding mass of muscle!!!

ROMUALD KLIM (U.S.S.R.) 40. Tokio Olympic Champion — set Vets World best performance in June — a fine 70.90 232'-7" — over 1m. better than his Tokio throw.!!

PAUL COLNARD (FR) 44. Still earning International Vests — came 4th. in the G.B. v FR. 'B' International at Sotteville on 4th Aug. 17.51 (57'-5½").

HOWARD PAYNE (GB)

At 43 years of age became A.A.A. Champion for the fourth time in five years at Crystal Palace on July 14th. As Cliff Temple of the SUNDAY TIMES wrote, "Howard Payne, who seemed to have surrendered his long held position as the leading British hammer thrower, scored a surprise victory over his younger rivals, Barry Williams and Ian Chipchase, who have both bettered his British record in the past year. There's life yet in Payne, the Commonwealth Champion, who threw 223' (67.98m) with his last effort, having already won the competition. It was the fourteenth time he has been placed in the event".

With 52 international vests to his credit he still gets a great kick out of athletics. He has helped out his club Birchfield by doing the 'B' string pole vault and high jump in National League matches, with 9'-2½" and 5'-3" respectively.

Howard is hell bent on defending his Commonwealth crown in New Zealand next January. Best marks this year are:—

May 28 (Warley)	— 64.12 (210'-4")
June 24 (Stretford)	— 66.56 (218'-4")
July 4 (Warley)	— 66.96 (219'-6") and 1.60 (5'-3") high jump!
July 14 (C. Palace)	— 67.98 (223'-0") — World Age Record

FORTUNE GORDIEN (USA)

At fifty, is back on the record breaking trail once again, for at Walnut California on the 28th April last he took advantage of that venue's renowned circle to set a new Class 2 record of 52.98 (177' 9"). After placing 3rd. at the 1948 London Olympics Fortune Gordien set his first World Record in the following year with a throw of 56.97 (186' 11"). Fellow American, Sim Iness and he then took turns in upping the record until by 1953 he finally made it his own with 59.28 (194' 6") — there to stay until Piatowski of Poland beat it in 1959. During that time he placed fourth at the Helsinki Olympics in 1952 and second at Melbourne in 1956.

KEN HARLAND (GB)

At last Ken has shown the form that was expected of him when he joined the ranks at the beginning of the year. Over his favourite 5,000 metres he clocked 14:51.6 at Crystal Palace on June 23rd, 14:37.7 at Warley on July 22nd and finally a brilliant 14:26.4 in the Southern League at Redhill on July 28th. To prove his point he became the first veteran to beat Laurie O'Hara when he won the British National Veterans 5,000 metres title at Cophthall Stadium on August 12th.

JIRI SKOBLA (Czech.) (43) This shot putter dominated the European scene in the early and mid fifties — won the Berne Championships in 1954 and was 3rd. at the Melbourne Olympics. He is still going strong. At Prague on the 13th May he pushed the 16lb. ball out to 18.09 (59' 4½") — better than his medal winning efforts of the fifties!!

ANDREW BLACKMAN (10-11-32) (GB) In his first season has improved the British 100m Record to 11.1 and then threatened the 200m mark with a 22.9 at Southgate on 30th June. A Surveyor by profession this athlete didn't take up the sport until his late twenties and has never trained in the winter months. With his two recent races within 0.1 of his best ever — one wonders what this smooth performer would do if he trained. (In his own words "I just would not enjoy it").

RUDY HOCHREITER (Australia) (Born Austria 26-10-26) celebrated 35 years of active athletics at Landy Field on 3rd and 4th March with a World Age Record Decathlon — 4238 pts 12.3, 16' 10¼", 32' 11", 4' 11", 58.0 2nd Day:— 20.3, 93', 7' 2¾", 134' 6" and 5:13.9. Rudy is a more than good veteran sprinter — with bests on the big tour last year of 11.8 and 23.7, yet he still finds time to master the skills of all the throws (Hammer 135'-1½") and jumps (LJ 17'-0"). Perhaps that's why he is also a coach with Geelong Guild A.C.

BRIAN BULLEN (GB) One time sub 4:15 miler way back in the mid 50's has made his debut as a Veteran and has become the first Briton to run the 800m under 2 min. (1:59.8) At Stretford on 24th July he improved this to 1:58.8 Latest mark — 1:57.2 (world rec).

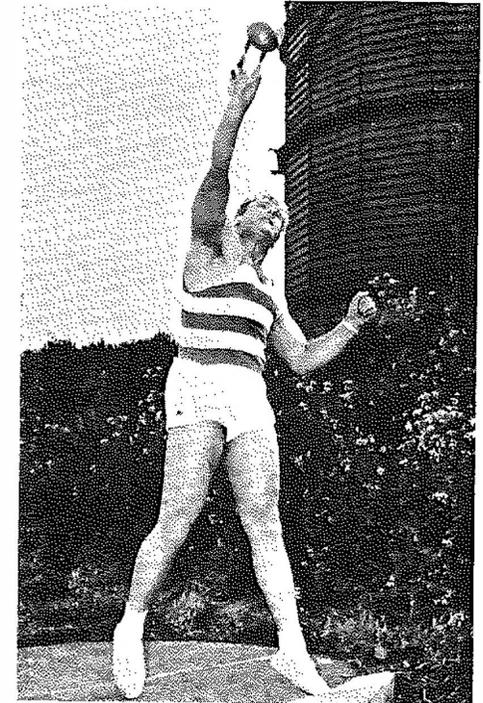
GEORGE KER (USA) (15-1-23) at Van Nuys on 7-7 improved on the Class 2 SHOT Record with 16.60 (54' 5½"). In Class 3 two other Americans improved records when on 21-4 at San D. Mike Andors long jumped 5.03 (16' 6") and at Irvine on 2-6 Randy Hubble threw the hammer 32.31 (106').

R. BROWN (GB) 40 set British best performance in L.J. and P.V.:— 6.23 20'-5½" at London on 30th June and 3.80 12'-5¾" at Kirkby 24th July. He said "There's obviously sense in the thought that if you can't out vault 'em, out live 'em — for his vault was a best ever effort and he has got a British record that he couldn't manage in his younger days. Bob's pre-40 best was 12'-3" in 1965.

DR. KONSTANTY MAKSIMCZYK (GB) (10.06.14) Former Scottish international threw the senior discus 45.92m at Greenway, Bristol on 31st July to add the 59 years old world age record to his already impressive list of marks. His personal best throw was in 1966 (52yrs) when he threw 48.97 (160'-8").

SID CLARK (GB) (5-1-33) A new arrival on the British Vets scene pushed the Shot out to 16.15 (53') to set a GB Record and equal his best ever performance set two years ago. The recent effort was at Newham on 2nd July — his first competition after the birth of his wife's first baby. To celebrate both occasions he turned out in the A.A.A. Championships on July 14th and bettered his mark to 16.18 (53' 1") for 6th place.

On 28th July at Sale he upped the mark still further to 54'-0½"/16.47 (one no-throw and five better than his previous best — all over 16.18).



SID CLARK, 10 years ago

KEN HARDING (GB) 44. Winner of the 15 KM Walk at the Crystal Palace last year came 7th. in the A.A.A. 50 Kilos Road Walk — returning a brilliant 4:30:34.0.

Warley, 28 May — 3Kmw: 13:46.4.

L. O'HARA (GB) On his first outing after returning from the U.S.A. Masters returned a GB best performance of 3:39.1 at W.Lon. on 25th July.

C. Palace 23 June — 3,000m: 8:22.0

Other Marks:—

LEN DUQUEMIN (GB) — 10Kmw: 46:38.8,
Warley, 28 May

BILL STODDART (GB) — Marathon: 2:26:10
Meadowbank 23 June

SPOTLIGHT ON Wal Sheppard

If ever a man can claim to be the inspiration, and indeed the founding father, of his nation's veteran movement then that man is surely Wal Sheppard. Throughout the "sixties" he trod a lonely furrow as the only Australian veteran athlete to hold his own in open competition at all events from 100 metres to the marathon. His remarkable range of performances set an example to the younger athletes and commanded him great respect. A respect which has now become world wide.

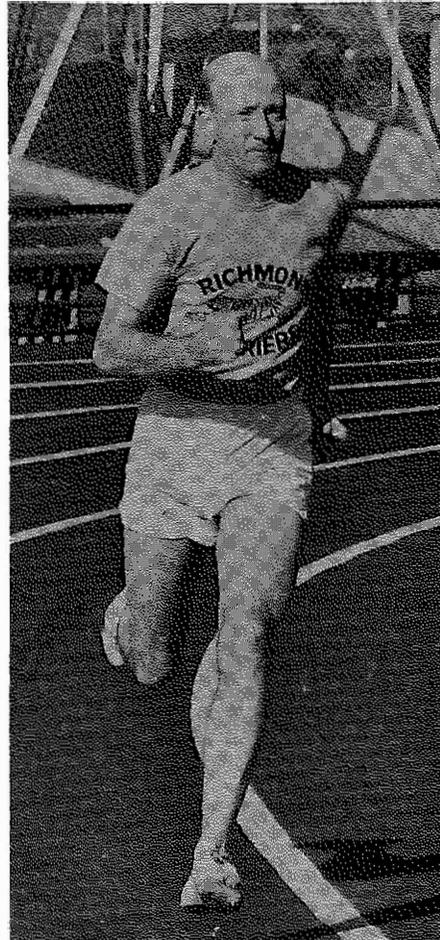
Born in Melbourne on 5th June 1922 he grew up to be a sporting youth who tried his hand at swimming, tennis, cricket, Australian football, soccer, lacrosse, badminton and of course athletics. He enjoyed them all.

Wal took to athletics during his service in the military forces (1941-45) winning his brigade mile at tropical Darwin in 5:15. Encouraged, he joined Richmond Harriers on his discharge. Recurring bouts of malaria made his form inconsistent for several years, but by 1950 he was running well enough to make the final of the Victorian 880 yards championship, won by Olympian Don McMillan.

However, improvement was not forthcoming and this was a reflection of both the quality and quantity of his training, which was carried out only during the summer anyway. In the winter he continued with his football and badminton. As Wal's close friend and admirer Jack Pennington says, "Wal Sheppard should have featured in an Olympic 800 metres. He had the class, but was content to be an all-round club man with no speciality.

The pattern continued unchanged until 1962 when veteran status was reached. As with many runners of that age he was attracted by the magic of the marathon. More mileage was necessary, particularly in the winter months, and this produced a fitness standard which he had not previously achieved. This, coupled with the "over 40 enthusiasm" which bubbled to the surface, led to improved performances at the longer distances.

At about this time Wal developed osteo-arthritis, and his training sessions became limited. To compensate, the accent changed to quality with interval and repetition work on Tuesdays and Thursdays, competition on Saturday and a long road run on



WAL SHEPPARD

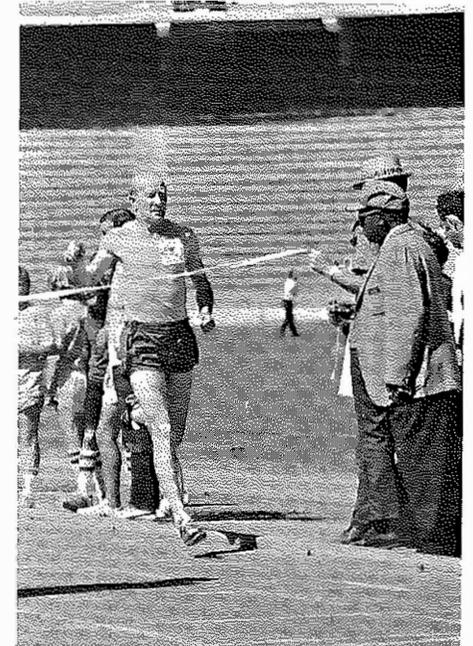
Sunday. Thus circumstances had pushed him into observing a training principle already accepted by several leading athletes i.e. pace and speed work built on to a solid base of marathon training. It worked too for Wal — now well into his forties. Career-best times were set at 880 yards and one mile and aroused considerable interest in Australia.

They were perhaps responsible for the germination of veteran athletics in Victoria and possibly in the country itself.

Following some publicity in the local press regarding performances by U.S. Masters, Wal set off for San Diego in 1970 to test himself internationally at 880 yards and one mile. Being out of season did not trouble him too much but, at 48, he was a little apprehensive about the young 40-year-olds he was destined to meet. He finished 'only' fourth in each event, but with times of 2:03.6 and 4:39.4 he had set world age-best records and made his mark on the American scene. And David Pain of the U.S. Masters was quick to recognise the value of Wal Sheppard in terms of world competition. He was asked to try and raise a team to join the U.S. and Canadian tour of Europe at the time of the Munich Olympics.

Wal returned home with hope, but little confidence of raising a team worth the name. After months of talk and letter writing he eventually achieved his aim, and a 48 strong team left Australia for an unforgettable tour which brought them much success and many friends.

Although his own training schedule went awry due to hamstring trouble, he went through the tour in great form setting world over-50 records for 800m and 1500m. He always ran from the front too. Jack Pennington again, "If ever a man could have easy races and win on finishing speed, without fear



Sheppard wins the 1972 US Masters 800 (Class 2) in 2:06.2

of defeat, it is Wal Sheppard. He never 'sits'. Just takes off like a rocket, and God help me if I go with him. His first lap in a 1500 is usually 63 seconds!"

Just as he amended his training approach on reaching 40, so he has done likewise at 50. He now does much more gymnasium work, including weight training. Early winter training is with heavy weights but with the approach of the track season the exercises become more dynamic, and with lighter weights.

One of his main track sessions consists of 10 x 200m in 30 seconds with a 30 seconds rest, doing two sets with a 5 minutes jog in between. He considers this to be an essential part of his present training programme and finds it provides an excellent combination of speed and endurance.

In addition to the track training he attends the gymnasium three times weekly, following a conditioning programme set by Alan Rose. Another to advise him has been Bill Coyne.

His regular training routine keeps him super fit. It is not accompanied by dietary fads, although he does take vitamins E and C in small supplements. Apart from that it is a case of eating and drinking most things in moderation — an example which

WAL SHEPPARD			
Born: 5 June 1922			
Place: Melbourne, Australia			
Height: 5' 8" (1.73m)			
Weight: 135lbs (61.4kg)			
Pulse at rest: 48			
● Occupation: Clerk			
Club: Richmond Harriers.			
Personal Bests			
<i>(converted to metric where applicable)</i>			
	Under 40	Over 40	Over 50
200 H :	27.5	27.5	—
400 H :	58.2	58.4	63.6
400 :	51.2	53.1	57.0
800 :	1:59.4	1:58.8	2:05.1
1500 :	4:21.5	4:10.4	4:18.8
15 Km :	—	51:20	56:10
Mara. :	—	2:46:13	—
TJ :	12.61	11.15	—
LJ :	6.12	5.64	—
HJ :	1.63	1.47	—

many less active people would do well to follow.

In what spare time is left after his own training and his work for the Australian veterans, he performs his duties as President of the Victorian Marathon Club and President of his home club — Richmond Harriers.



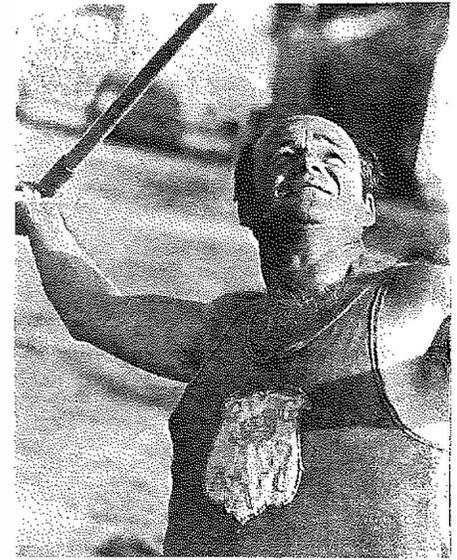
The Australian Veterans X-city champs of June 1973 shows Sheppard in 4th place shortly after the start. Winner of the Over-50 class was Jack Pennington (8) in 36:32 with Wal second in 37:20.

He does of course have a job. Yes, he is human. When the 'superman' running kit is neatly tucked away in his draw, Wal is working as a Senior Clerk in the Australian Post Office. If all the clerks were as fast as Wal Sheppard, who would need a Post Office?

CLIVE SHIPPEN

COROEBUS says ~ ~ ~

The Editor tells me that several veterans have asked, "Who is this character Coroebus?" I am surprised. For centuries now I have been awaiting the opportunity to converse with veteran athletes, but as soon as promising groups have reached the age of 35, or thereabouts, they have disappeared from the scene leaving me to continue my lonely existence. Until now that is. For veterans track and field has at last established itself as a world-wide force and I am able to join with others in experiencing the excitement, enthusiasm and feeling of well-being that I knew in my youth. That's some time ago now and my memory is not what it was. But I will never forget the training and racing I did in Elis in preparation for the Olympic Games. My feelings as the full moon approached in the month of Apollonius were of excitement suppressed by tension. The meadow course beside the River Alpheus had been well prepared and before giving my body its final oiling I jogged over the 200 yards or so and did the customary exercises. The meadow was protected and sheltered on all sides by tall, gaunt snow covered peaks and tree-clad hills. The race was over in a flash and all I can recall is the euphoria of winning and the receiving of the chaplet of wild olive upon my brow. Back home I was a hero and had to learn to live with my fame. I was able to do this and enjoy my running as much as ever, though as the years went by more and more young men were able to show me their heels. But I did not cease running and outlived them all. That Olympic win of mine took place in 776 B.C.; 2,749 years ago. So for 27 centuries I have been without veteran competition. Can anyone help me to celebrate the 2,750th anniversary by providing suitable age-group competition?



RUDI HOCHREITER (Australia)

The battle against the various trends of professionalism in amateur sport continues unabated. There is a strong lobby of opinion in the athletics world which favours the continued prohibition of payment to athletes for performance appearance, or anything related to the competitive structure of athletics, but at the same time sees no objection to an individual using his name for advertising, writing or broadcasting to obtain income. This compromise approach is likely to be successful and could well save the I.A.A.F. from acute embarrassment. For instance, in Britain there is a well known male model who has featured regularly on T.V. and poster adverts. His face is familiar to multitudes and his name has been used as part of a T.V. commercial. Modelling is his career which he started at a young age. Now it so happens that this man can throw a javelin over 200 feet any time he likes, on no training. He throws at small meetings throughout the summer, just for fun. Now, what would happen if this man put his mind to it and happened to be coached to an Olympic medal? His career is already established at a high level and could not be interfered with by the I.A.A.F., yet it is certain that this man's career would boom as advertisers realised that they could 'legally' use an Olympic medallist to advertise their product. His fellow medallists would be banned, of course, from such rewards. Are the I.A.A.F. prepared for such an eventuality?

An interesting handicap mile race was held at Hillingdon on June 6th. Due to become an annual event, the handicapping was assessed at 20 yards per year over 40. So the 50 year old got 200 start and the 60 year old a 400 start. Only time will tell how reasonable the 20 yards mark is. This year's race went to George Betts(57) in 4:18.2 with Eric Shirley(44) second in 4:32.3 and H. Lister(59) third in 4:51.2.

Few athletes have the ability, or the opportunity, to compete in the decathlon — an event for the 'true' athlete. So it is particularly pleasing to hear of veterans tackling this tough event. My picture shows Austrian-born Rudi Hochreiter(47) setting a new Australian Veterans decathlon record of 4238 points. With 35 years of active athletics behind him Rudi is well qualified to coach his Geelong Guild athletes, and by showing them the way he will keep himself in good form for his veteran competition.



U.K. Results Continued from page 41

3200m Walk		
1	K. Easlea	15:55
2	R. McMullen	16:02
3	L. K. Evans	16:21
4	R. Purkiss	17:04
5	W. Butler	18:12
6	F. Nickolls	18:28
7	A. Betteridge	19:25
8	R. Garratt	19:34
9	A. East	20:34
(Over 55 F. Nickolls)		

1st July — MANCHESTER YMCA 20Km		
13	K. Hodkinson (N. Vets)	65:08
20	A. Walsham (Salford)	66:18
41	J. Wild (E. Ches)	69:06

1st July — MILETA '10', Cleckheaton		
12	T. Rooke (40) (Midd/c)	54:34

11th July — CRYSTAL PALACE		
S.C.A.A.A. 'Open' Meeting		
2000m		
1	A. W-Pearson (Craw)	6:03
2	R. Curtis (Tonbridge)	6:07
3	W. Hill (B'fth)	6:11
4	J. Cook (Crawley)	6:29
5	J. Fitzgerald (50) (Mitcham)	6:34
6	G. Betts (55) (Vets AC)	6:57
7	K. Till (Crawley)	7:24
800m		
1	K. Humphrey (42) (Epsom)	2:03.3
2	T. Clowry (41) (Cardiff)	2:04.7
3	J. Hayward (44) (W. Gn)	2:06.1
4	M. Rowbottom (40) (Ton)	2:06.3

15th July — CRAWLEY		
5000m		
1	R. Curtis (Tonbridge)	16:45
2	W. Hill (B'fth)	17:08
3	J. Cook (Crawley)	17:26

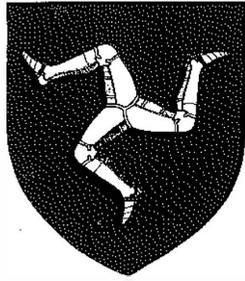
4	J. Fitzgerald (Mitcham)	17:36
5	W. Reed (H.H.H.)	18:50
6	K. Till (Crawley)	19:52
7	J. Reeves (Crawley)	19:53

August 18th		
Preston to Morecombe		
Milk Marathon		
3	K. Hodkinson (N.Vets)	2:27:32
14	T. Buckingham (Leam)	2:42:43

August 18th		
Poly Marathon — Windsor		
24	J. Tarrant (Sall)	2:46:12

August 18th		
Redcar '10'		
10	T. Kilmartin (Rown)	51:39
19	T. Rooke (Midd)	53:34

August 18th		
Stretford League		
800m		
3	B. Bullen (Stret)	1:57.2



Isle of Man Race Report

by Clive Shippen

IT'S STODDART'S TITLE

Scotland's Bill Stoddart, current world champion at 10,000 metres, aquaplaned his way through driving wind and rain to annex the World Veterans 25 Kilometres title at Douglas, Isle of Man, on 20th May 1973.

At half way it looked as though he was on the verge of being dropped by speedsters Kilmartin and Rooke, but he rallied at the toughest part of the course and forged his way into a lead which he stretched steadily to the finish. Ken Hodkinson surprised everyone with a real eye-opener of a performance to finish second, while Germany's Willi Irmen finished strongly to take third as he did in the Cologne marathon last year.

Over 500 competitors from more than 20 countries had made their way to Douglas during the preceding three days, and they were welcomed by beautiful sunny weather tempered by a cool breeze off the Bay. Many made the most of that weather by looking over the Island, running round the course and taking trips on the horse-drawn trams along the Promenade. It was just as well they did, for Sunday morning brought the most abysmal weather imaginable. Gale force winds lashed across the Bay driving wind, sea spray and anything free of anchorage against the terraces of hotels which lined the hill over the Bay.

Only runners ventured forth from the sanctuary of their hotel rooms that morning. Certainly no sane person would have done so. And they were to find no respite when their low-g geared bus journey finally deposited them at the start in Glencrutchery Road, for they were now high enough to be in the midst of the trouble making elements themselves!

For up to an hour the mass of runners huddled beneath the T.T. stand jogging, singing and chanting in a variety of languages to keep their spirits up and their nervous energy at bay. The T.T. stand which is usually packed with motor cycling enthusiasts watching the world's fastest two-wheeled drivers race round the closed road circuit in pleasant weather, was now nothing more than a shelter from the wind-lashed rain outside. But those beneath the stand were not only out of the rain, they were out

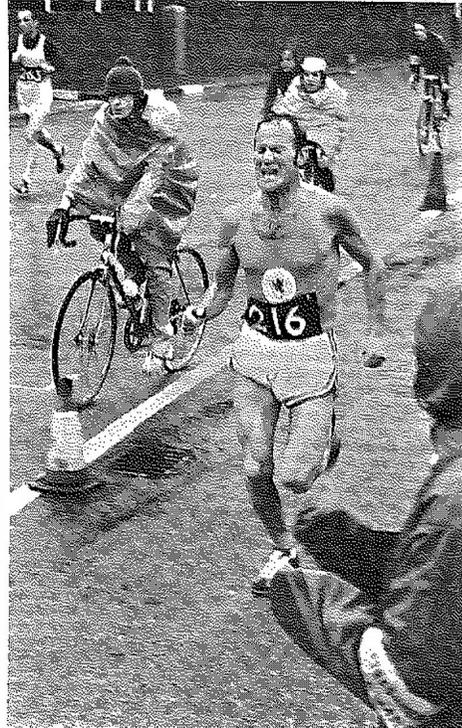


Photo: C. Shippen

BILL STODDART (Scotland)
25 Km Champion 1973

of sight of the road and out of carshot too. The verbal warnings of the start, if they were made at all, were lost in the hub-bub of that patiently waiting crowd. The inevitable happened. The brave ones (and perhaps the wise ones too) stripped down just before 10.00 hrs. and jogged down to the start, a good 200 metres away. They were drenched within a minute or so, and having got their line positions were impatient to get away. Back at the stand the hub-bub continued, oblivious of the thinning ranks and the growing stream of runners jogging to the start. At 10.01 hrs. the gun was fired and it was 10.05 before the last man had crossed the start line.

Martinez of France and Cibosch of Czechoslovakia lead the charge over the first 800 metres when the course took a sharp right hand turn and the road narrowed. This itself produced a bottleneck which hampered the late starters. It was noticeable though that most of the leading runners had not been caught napping and it was a relief to see Irmen, Hodkinson, Rooke, Wild, Muller, Kilmartin, Jonsson, Holmroos and Stoddart all in the first 25.

With the head of this tadpole-like field well past, the tail brought forth its unhappy string of late starters. At about 40 seconds Bill Allen and Bob Bowman tore past in track style, with Bowman imploring his partner to "cool it". Twenty seconds back a despondent Arthur Walsham had already accepted that his title was lost. A half minute later Roy Coxon was beginning a chase he was destined to abandon at halfway, and a full 2 minutes behind the leaders came Ron Franklin cursing his way round the course and delivering unfinished sentences to each of the 400 odd runners he was due to pass. Even further back was a very cross John Tarrant, a good 3½ minutes down.

After the first mile the leaders hit the ¼ mile climb which they had to face on each of the 4 laps.

The pace was viciously fast with 1972's top 1500 man Terry Kilmartin forcing the pace. At the end of the first lap (19:58) Kilmartin, Rooke and Hodkinson were just ahead of Wild, with Stoddart 10 metres back, hanging on. And well he might be, for the pace was averaging 5:08 per mile! Almost a minute of noisy silence went by before the spattering of the next group was heard Irmen, Holmroos and Allen. Allen! He had taken over 300 runners in one lap to get up there. Could he possibly hold it?

The second lap (21:01) showed only a slight easing in pace, but this certainly wasn't apparent as Kilmartin and Rooke towed the field through. Hodkinson, running the race of his life, was 5 metres down with Stoddart, straining again on this fast stretch, another 5 metres back. Wild had faded to a 100 metres deficit and was now in the sights of a strong looking Irmen. Muller, second in Cologne, was also beginning to threaten back in 12th place, just ahead of Taylor (Canada) and Eriksson (Sweden).

When the leaders reached the long climb on the third circuit, Bill Stoddart's strength and class began to tell. He went to the front, refusing to allow the pace to lag and left the speed merchants in his wake.



Photo: C. Shippen

K. Hodkinson (80), T. Kilmartin (106) and T. Rooke (66) lead Stoddart and Wild (hidden) well ahead of the field at 6 Kilometres.

Terry Kilmartin faded and it was left to Rooke and Hodgkinson to take up the chase.

A buzz of excitement went around the stand at the end of lap 3 (21.13) as Stoddart whipped past 100 metres clear of the field. And 50 metres behind the chasing English duo was Holmroos of Finland — already ahead of Kilmartin! With Irmen and Muller now up to 6th and 7th it was still very open. No one could afford to ease, even a fraction.

Bill more than doubled his lead on that final circuit (21:26) and was taking no chances, thrashing himself right through to the line; Ken held his form well too and thoroughly deserved his second place. Terry Rooke was caught by the fast-finishing Irmen over the last 1,000 metres, Willi adding another bronze to the one he gained in the 1972 marathon. Rooke's was a courageous effort, for it was only 6 weeks earlier that he had suffered the tragedy of his wife's death.

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I started behind a small group, among whom I recognised Terry Kilmartin, Terry Rooke, Ken Hodgkinson and John Wilde, as well as a few unfamiliar overseas faces. I remember wondering why Ron Franklin and Arthur Walsham weren't among them, only later did I learn that they among others had started late. The start seemed very fast indeed, but I hung on and when we hit the uphill stretch at Cronk Ny-Berry I felt I was running more comfortably, but decided not to push my luck at this stage. Coming round to the stand at the end of the first lap, the leading group increased their lead to about 20 yards and I was again hanging on. However when we reached the hill on the second lap, I closed the gap quickly and was able to stay with them, dropping Wee John Wilde before reaching the grandstand for the second time. I made my effort on the hill the third time round and this time they didn't respond. From then on it was just a matter of worrying whether my injuries sustained on the previous Tuesday would affect my running in the latter stages, and how much daylight I could get between myself and the pursuing group. I finished happy but very sore, and it gave me as much pleasure as I can ever remember to beat such a large and experienced field.

### BILL STODDART

Muller gained Fifth place after a workmanlike effort, but probably paid for being over-cautious on that first lap. Terry Kilmartin's performance was the reverse. He paid for the early pace-making but still surprised many by the way he kept going and actually re-took Holmroos on the line.

Johnny Wild ran his usual brave race of hanging on to the leaders and when dropped, saying "to beat me they have to pass me. To pass me they have to catch me. To catch me they have to run

faster than me, and I'll make it as hard as I darned well can!" His 8th place was a fine effort.

Bill Allen of Canada went into the race as a medal prospect. On track and country he is very good, but the road is his true forte — and that first lap showed he would have been with the leaders but for missing the start. He took his disappointment very sportingly and showed no resentment. It is very likely he would have made 3rd or 4th.

Erik Østbye was not his usual devastating self, but then he had no need to be, for he ran out an easy winner of the class 2 event once more from Englishmen Ken Hall and Jack Fitzgerald. Former marathon champion Tom Buckingham was amongst those who missed the start, finishing in an uncharacteristic 26th position.



Photo: C. Shippen  
Hermann Muller (5th)

Erich Kruzycki was an equally convincing winner of the class 3 race (60-69), beating marathon holder Jensen (Sweden) with Weichert (Germany) repeating his 3rd place of last year's marathon. It was surprising to see Farrell (Scotland) and Nordin (Sweden) out of the first three.

But 20th May 1973 was definitely Bill Stoddart's day. He had his problems too, as you will read elsewhere in these pages, but he overcame them to produce a run of high quality, portraying all the attributes of a great runner — judgement and self control, stamina and speed, courage and determination. A worthy champion.

With the race over and the bedraggled athletes back at the Summerland taking their baths and showers, the rain stopped and the sun appeared once more. Perhaps there is an omen there somewhere. Men or not, there were plenty of high spirits abroad at the Summerland and neighbouring hotels that night in Douglas, Isle of Man.

## THAT START

### WHAT WENT WRONG?

How could it happen? How, after months of organisation and careful planning which catered for every imaginable occurrence, could the most basic thing of all — a controlled start — become such a shambles? Of more than 500 starters only 300 were on the line, and half of the remainder didn't even hear the gun! Amongst those in the forlorn chase were Canadians Allen and Bowman (40 secs. down), Walsham (1 min.), Coxon (1½ min.), Franklin (2 min.) and Tarrant (3½ min.). Scores of the late starters had travelled great distances to compete in this race and were understandably very upset to be the victims of such chaos.

I was surprised at how well the majority of sufferers took their disappointment, but was not surprised to see the utter dejection of Arthur Walsham (the holder) as he made his way, reluctantly, through the scoring pen. How could he feel anything but bitter?

Canadian team manager Don Farquharson described the scene at the grandstand as follows. "In a half gale and lashing rain hundreds of competitors gathered under the dripping grandstand. No one, it seemed, wanted to go outside and get soaked whilst waiting, but evidently half the field did so and without further ado the starter fired his gun. Wild confusion amongst those jogging at various distances up and down the road as they threw off track suits and tore after the mob — absolute serenity under the stands where we didn't even hear the gun but drifted out in groups and, upon realization, just bolted off without warning those still inside."

### So what went wrong?

In my view it was a combination of factors, each not enough to ruin a start but collectively the ideal mixture, as was proved.

1. No warnings of start. The programme stated that warnings of the start would be given each 5 minutes between 09.45 and the 10.00 start. It did not say what form they would take (what was wrong with a gun?). I found no one who had heard a start warning. Many runners who would have observed a prompt "no warning" 10.00 start were sheltering in the security of the three promised warnings to come.

2. Start line 200 metres down the course. This was necessary to produce the finish in the right place, but many runners thought the start line was the double white one in front of the stand. The start was sufficiently far away for the sheltering runners not to see or hear what was going on.

3. Pressurised officials. Because there were no warnings, there was a greater

need for marshalls and stewards to call and usher the competitors to the start. This was not done, with the result that the Clerk of the Course found himself with half the field on the line and half elsewhere, with those toeing the line calling impatiently for the gun as they became more and more saturated. At 10.01 he could hold them no longer and gave the starter the word to fire.

4. The weather. But for the weather it would probably have never happened. In fine conditions the road would have been packed with runners warming up for the start and they would have gradually gravitated to the start line of their own accord.

5. The announcing. Much could have been rectified by astute use of the P.A. system. Unfortunately, the announcers belonged to that growing club of T.V. commentators, which is ideal for the lounge but not suitable for a "dripping grandstand". The commentary started almost an hour before the race began, with the result that no one was listening to anything after 15 minutes or so. Clear, concise announcements from time to time make a far greater impact in such gatherings than non-stop commentary and could well have been used to save the day.

It was indeed sad that this great occasion should have been marred by the bad weather and the unfortunate start. Nothing can be done about the former, but the lessons of Douglas 1973 must not be forgotten by future organisers when they make starting arrangements for Fields which will soon approach 1,000 strong.

Clive Shippen

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Most of the spectators and runners at the Isle of Man were unaware of the real life drama that the winner, Bill Stoddart was involved in five days before the race. I myself only heard about it from another source, and it needed all my powers of persuasion to wheedle the story out of Bill, who certainly wasn't looking for alibis before or after the race. Apparently Bill was out on a training run on Tuesday, May 15th, when he apprehended a couple of tearaways breaking into the Greenock Wellpark Club House. His Scottish blood up, Bill immediately tackled them both and although one managed to break away, Bill wrestled with the other miscreant tearing away a fair proportion of his bare legs in the process, as well as suffering some muscle damage. After another breakaway Bill finally nailed his man in a blind alley, holding him down until the law arrived. I don't know how the episode ended for the two would-be thieves, but certainly it wasn't the best preparation for Bill's great race five days later, and explains why he finished looking less happy than usual.

J.F.



RESULTS



Sixth International Veterans Championships over 25 Kms.

Class One 40-49.

1	W. Stoddart	GB	1:23:38
2	K. Hodgkinson	GB	1:24:16
3	W. Irmen	GER	1:25:00
4	T. Rooke	GB	1:25:11
5	H. Muller	GER	1:25:42
6	T. Kilmartin	GB	1:25:49
7	E. Holmroos	FIN	1:25:49
8	J. Wild	GB	1:27:05
9	B. Allen	CAN	1:27:21
10	R. Monseur	BEL	1:28:09
11	E. Goossens	BEL	1:28:31
12	W. Vergison	BEL	1:28:35
13	C. McAlinden	IRL	1:28:48
14	A. Walsham	GB	1:28:54
15	J. Lindholm	FIN	1:29:08
16	A. Taylor	CAN	1:29:20
17	M. Ciboch	TCH	1:29:32
18	J. Flannery	IRL	1:29:36
19	R. Calderwood	GB	1:29:38
20	E. Nyberg	SWE	1:30:06
21	D. Funnell	GB	1:30:11
22	F. Kail	LUX	1:30:39
23	B. Nordquist	SWE	1:30:40
24	J. Douglas	IRL	1:30:44
25	J. Haddow	CAN	1:30:45
26	K. Jonsson	SWE	1:31:02
27	R. Bentley	GB	1:31:14
28	J. Martinez	FRA	1:31:21
29	R. Kernighan	GB	1:31:25
30	J. Geslin	FRA	1:31:35
31	W. Ramage	GB	1:31:39
32	E. Kirkup	GB	1:31:45
33	O. Eriksson	SWE	1:32:16
34	R. Franklin	GB	1:32:26
35	H. Hirndirks	GER	1:32:32
36	B. Rigby	GB	1:32:39
37	S. Gottard	FRA	1:32:56
38	D. Hoare	GB	1:33:04
39	C. Jansson	SWE	1:33:11
40	A. Mattila	FIN	1:33:15
41	K. Smith	GB	1:33:16
42	M. Hynes	IRL	1:33:28
43	S. Otsu	JPN	1:33:41
44	G. Dickson	CAN	1:33:49
45	G. Hallberg	SWE	1:34:04
46	L. Nicholson	GB	1:34:12
47	K. Brundett	GER	1:34:13
48	J. Kystad	NOR	1:34:20
49	P. Carlsson	SWE	1:34:31
50	E. Thoren	SWE	1:34:33
51	D. McWhitter	GB	1:34:35
52	J. Tarrant	GB	1:34:40
53	A. Lindstrom	FIN	1:34:41
54	R. Bowman	CAN	1:34:57
55	W. Marshall	GB	1:34:58
56	B. Jarnhester	SWE	1:35:05
57	R. Rouze	FRA	1:35:06
58	A. Bengtsson	SWE	1:35:26
59	B. Martindill	CAN	1:35:37
60	D. Gomond	FRA	1:35:43
61	A. Camille	FRA	1:35:45
62	S. Smith	GB	1:35:53

63	J. Manem	FRA	1:35:58
64	F. Tepel	GER	1:36:03
65	B. Nieser	GER	1:36:19
66	K. Maltere	GER	1:36:25
67	D. Coveney	CAN	1:36:26
68	J. McClean	GB	1:36:27
69	E. Endreli	SUI	1:36:28
70	N. Henry	IRE	1:36:28
71	H. Gorman	IRE	1:36:29
72	H. Fischer	GER	1:36:42
73	R. Kenna	GB	1:36:49
74	L. Huegan	SWE	1:37:00
75	A. Hazel	GB	1:37:01
76	R. Makowski	GER	1:37:40
77	R. Norman	GB	1:37:47
78	J. Donnet	FRA	1:37:52
79	P. Alamo	SWE	1:37:53
80	E. Schröter	SUI	1:38:01
81	G. Thieme	GER	1:38:03
82	A. Bruce	GB	1:38:04
83	B. Sirks	SWE	1:38:04
84	E. Cambell	GB	1:38:14
85	R. Dierckx	BEL	1:38:31
86	U. Berggen	SWE	1:39:10
87	J. Moore	GB	1:39:30
88	R. Klce	FRA	1:39:33
89	K. Mitas	TCH	1:39:36
90	R. Simons	BEL	1:39:37
91	E. Henderer	USA	1:39:38
92	E. Kivikko	FIN	1:39:57
93	A. Ljungval	SWE	1:40:06
94	H. Backes	GER	1:40:08
95	W. Mottram	GB	1:40:10
96	E. Zinserling	GER	1:40:11
97	H. Kinnari	FIN	1:40:11
98	J. Thompson	GB	1:40:12
99	A. Lawton	GB	1:40:12
100	J. Kuhn	GER	1:40:13
101	K. Burns	GB	1:40:14
102	A. Byers	GB	1:40:14
103	V. Laaksonen	FIN	1:40:14
104	A. Reiter	LUX	1:40:15
105	B. Losson	SWE	1:40:20
106	K. Leandersson	SWE	1:40:20
107	F. Bruckchen	GER	1:40:30
108	P. Ferrandi	FRA	1:40:33
109	L. Hollinsworth	GB	1:40:38
110	K. Kimata	JPN	1:40:40
111	J. Lowrey	GB	1:40:44
112	H. Lovkvist	SWE	1:40:54
113	J. Janicek	TCH	1:41:00
114	L. Smets	GEL	1:41:25
115	A. Tiemann	GER	1:41:55
116	P. Doring	GER	1:42:13
117	A. Sanderbandt	SWE	1:42:14
118	S. Ohlsson	SWE	1:42:16
119	J. Roth	SUI	1:42:20
120	C. Whiteside	GB	1:42:26
121	W. Niederderger	SUI	1:42:33
122	L. Mattsson	SWE	1:42:44
123	G. Hobbij	HOL	1:42:47
124	N. Wilson	GB	1:42:58
125	G. Baehr	FRA	1:43:22
126	R. Thiel	GER	1:43:24
127	J. Jug	FRA	1:43:26
128	E. Baumhoff	GER	1:43:29
129	B. Ostermann	GER	1:43:30

130	H. Hahn	GER	1:43:32
131	H. Laroche	FRA	1:43:32
132	R. Villeneuve	FRA	1:43:33
133	J. McNeil	GB	1:43:34
134	H. John	GER	1:43:35
136	C. Beeston	GB	1:43:37
136	J. Iddon	GB	1:43:55
137	W. Armour	GB	1:44:09
138	F. Haccker	GER	1:44:10
139	R. Blois	GB	1:44:12
140	P. Balzacchi	FRA	1:44:15
141	E. Callheim	SWE	1:44:31
142	J. Andersson	SWE	1:44:48
143	R. Blocier	FRA	1:44:50
144	R. Deboucs	FRA	1:44:59
145	J. Loftus	GB	1:45:00
146	N. Cain	YOM	1:45:05
147	H. Anthone	FIN	1:45:10
148	L. Whitehead	GB	1:45:13
149	E. Langsroff	GER	1:45:19
150	A. Vaillant	FRA	1:45:20
151	M. Augustin	TCH	1:45:23
152	F. Thompson	GB	1:45:31
153	H. Schwickart	GER	1:45:32
154	A. Veillard	FRA	1:45:35
155	T. Sorgel	GER	1:45:48
156	C. Gowland	GB	1:45:58
157	W. Conrad	GER	1:46:00
158	J. Couturier	FRA	1:46:05
159	G. Otte	GER	1:46:15
160	A. Libbert	BEL	1:46:19
161	R. Cicquel	FRA	1:46:23
162	R. Ehlebrink	SWE	1:46:38
163	E. Lepperd	FRA	1:46:39
164	J. Brownlie	GB	1:46:50
165	P. Berg	SWE	1:46:54
166	L. Outbrandt	SWE	1:46:55
167	C. Third	GB	1:47:00
168	R. Trapp	GER	1:47:10
169	R. Pickard	GB	1:47:48
170	N. Poissonneau	FRA	1:47:51
171	H. Alge	AUS	1:47:53
172	J. Pietsch	GER	1:47:55
173	C. Courtaux	FRA	1:48:00
174	E. Crowley	GB	1:48:05
175	C. Thepaut	FRA	1:48:11
176	R. Reynolds	GB	1:48:25
177	A. Cook	GB	1:48:46
178	C. Marie	FRA	1:48:47
179	M. Porter	GB	1:49:08
180	K. Rosche	GER	1:49:11
181	J. Dejong	HOL	1:49:32
182	A. Scott	SWE	1:49:33
183	A. Etter	SUI	1:49:40
184	W. Peek	GER	1:49:42
185	H. Smith	GB	1:50:10
186	M. Bourquin	FRA	1:50:25
187	R. McDonald	GB	1:50:31
188	W. Connery	GB	1:50:45
189	S. Olssen	SWE	1:50:50
190	M. Bromley	GB	1:50:51
191	R. Kurz	FRA	1:50:52
192	P. Shillito	GB	1:51:02
193	M. Pati	GER	1:51:03
194	A. Jonsson	SWE	1:51:13
195	C. Kevlin	LUX	1:51:25
196	J. Vesely	TCH	1:51:31

197	G. Tourteau	FRA	1:51:33
198	J. O'Keefe	GB	1:51:54
199	B. Malmstrom	SWE	1:51:59
200	H. Tresch	SUI	1:52:36
201	G. Burkardt	GER	1:52:42
202	G. Weiss	GER	1:52:45
203	H. Genuik	GER	1:52:50
204	G. Bocker	GER	1:53:05
205	M. Bemay	FRA	1:54:22
206	J. Serrus	BEL	1:54:44
207	G. Barch	FRA	1:54:47
208	D. Hoyby	NOR	1:54:52
209	W. Ott	SUI	1:54:54
210	W. Oho	GER	1:55:09
211	M. Dittman	GER	1:55:26
212	U. Pekurinen	FIN	1:55:55
213	No. 290	SWE	1:55:50
214	V. Altamura	ITA	1:55:45
215	R. Bernard	FRA	1:55:46
216	J. Dahlbom	SWE	1:56:03
217	A. Beck	DEN	1:56:04
218	F. Kachel	GER	1:56:32
219	H. Stephan	GER	1:57:41
220	P. Raski	SWE	1:57:47
221	W. Helvertshausen	GER	1:57:50
222	R. Maguin	FRA	1:57:52
223	H. Friedmann*	GER	1:58:06
224	D. Farquharson	CAN	1:58:26
225	B. Horst	GER	1:58:27
226	M. Sykora	TCH	1:58:33
227	C. Black	GB	1:58:55
228	H. Ophus	GER	1:59:00
229	H. Ras	HOL	1:59:08
230	K. Kirkerud	NOR	2:00:09
231	T. Hughes	GB	2:00:16
232	J. Teesdale	GB	2:01:00
233	K. Jacha	TCH	2:01:41



Irman (GER) leads HOLMROOS (FIN), Allen (CAN), Goossens and Vergison (BEL), and Lindholm (FIN) in the chase after the leading group.

Photo: C. Shippen

234	P. Olsson	SWE	2:02:16
235	H. Graw	GER	2:02:37
236	W. Moller	GER	2:03:38
237	H. Breuer	GER	2:04:37
238	P. Karlheinz	GER	2:04:54
239	F. Kaufmann	SUI	2:06:38
240	K. Schreiber	GER	2:07:25
241	R. Patry	FRA	2:07:32
242	P. Musgrove	GB	2:07:44
243	D. Voswinckel	GER	2:08:50
244	A. N. Other	POL	2:09:30
245	J. Baker	GB	2:10:24
246	J. Seipensticker	GER	2:10:47
247	R. Frostmann	GER	2:11:40
248	H. Haughe	GB	2:11:46
249	D. Pourtier	FRA	2:11:52
250	B. Bengtsson	SWE	2:12:19
251	E. Callhim	SWE	2:14:26
252	S. Scddar	SWE	2:15:58
253	L. Henriksson	DEN	2:16:45
254	D. Haw	GB	2:21:27
255	P. Nakajima	JPN	2:25:45
256	A. Belker	GER	2:27:05
257	F. Lewis	GB	2:29:45
258	D. Svensson	SWE	2:33:07
259	B. Heilberg	SWE	2:38:40
260	J. Wolff	FRA	2:40:01
261	R. Hofer	GER	2:40:35



Class Two 50-59			
1	E. Ostbyc	SWE	1:30:34
2	K. Hall	GB	1:32:12
3	J. Fitzgerald	GB	1:35:38
4	T. Nordin	SWE	1:36:22
5	J. Junland	SWE	1:36:26
6	H. Lindberg	SWE	1:36:53
7	N. Ashcroft	GB	1:38:52
8	H. Josefsson	SWE	1:38:57
9	L. Nordstrom	SWE	1:39:17
10	P. Axelsson	SWE	1:39:41
11	R. Bott	GB	1:40:14
12	H. Juergensohn	GER	1:40:14
13	H. Larsson	SWE	1:40:15
14	G. Pauls	GER	1:40:30
15	H. Schwarz	GER	1:40:33
16	B. Hansson	SWE	1:40:38
17	J. Scherag	GER	1:40:48
18	G. Porteous	GB	1:41:50
19	R. Walker	GB	1:42:02
20	T. Harrison	GB	1:42:04
21	P. Engerisser	GER	1:42:50
22	A. Goransson	SWE	1:43:38
23	E. Elstrom	SWE	1:43:39
24	D. Anderson	GB	1:43:44
25	H. Breuer	GER	1:43:58
26	T. Buckingham	GB	1:44:00
27	R. Furstenborg	FIN	1:44:36
28	H. Simonsson	SWE	1:45:24
29	N. Majling	SWE	1:45:38
30	H. Richter	GER	1:45:46
31	G. Andersson	SWE	1:46:16
32	W. Grube	GER	1:46:18
33	H. Hof	GER	1:46:42
34	J. de Borgcr	BEL	1:47:05
35	E. Hocppner	GER	1:47:06

36	G. Storey	GB	1:47:08
37	K. Sorderstrom	SWE	1:47:09
38	P. Lemke	GER	1:47:20
39	F. Kappeli	SUI	1:47:33
40	Z. Pech	TCH	1:47:35
41	J. Ilanton	GB	1:47:40
42	W. Ross	GB	1:48:02
43	J. Geddes	GB	1:48:14
44	H. Siewert	GER	1:48:21
45	A. Krejci	TCH	1:48:30
46	R. Salisbury	GB	1:48:45
47	A. Ridder	GER	1:49:09
48	T. Yamaguchi	JPN	1:49:34
49	H. Gerstman	GER	1:50:39
50	R. Shires	GB	1:50:42
51	G. Pearson	GB	1:50:53
52	M. Johansson	SWE	1:51:10
53	B. Schreiner	GER	1:51:24
54	A. Asplund	SWE	1:51:27
55	P. Lacorre	FRA	1:51:48
56	J. Mecht	TCH	1:51:49
57	K. Marchfeld	GER	1:52:35
58	T. Beucig	GER	1:52:46
59	A. Johansson	SWE	1:54:05
60	F. Hubner	GER	1:54:25
61	A. Greff	FRA	1:55:30
62	H. Sydow	GER	1:55:38
63	H. Troger	GER	1:55:52
64	F. Kral	TCH	1:55:55
65	H. Knipping	GER	1:56:14
66	J. Selby	GB	1:56:32
67	C. Carlsson	SWE	1:56:52
68	A. Holt	SWE	1:57:33
69	K. Loos	GER	1:57:34
70	W. Heald	GB	1:57:56
71	A. Parsons	GB	1:58:01
72	K. Schuler	SUI	1:58:15
73	W. Tschiepel	SUI	1:58:25
74	A. Rabic	FRA	1:58:32
75	A. Wandery	SWE	1:58:32
76	A. Barthage	SWE	1:58:45
77	Bellair	FRA	1:59:27
78	T. van der Berg	GER	2:00:12
79	P. Bonnemain	FRA	2:00:26
80	R. Juchems	GER	2:01:02
81	G. Olsson	SWE	2:01:43
82	P. Cardon	FRA	2:02:01
83	N. Ross	GB	2:02:02
84	H. Gruenewald	HOL	2:02:46
85	W. Schulz	GER	2:03:39
86	T. Bergstrom	SWE	2:03:55
87	G. Hermans	GEL	2:04:06
88	J. Lindgren	SWE	2:04:45
89	G. Miller	GB	2:04:58
90	M. Bars	FRA	2:05:04
91	A. Dinnerier	GER	2:05:20
92	I. Hashimoto	JPN	2:05:36
93	R. Rauchfuss	GER	2:05:38
94	R. Larroque	FRA	2:06:09
95	A. Carlsson	SWE	2:06:32
96	A. Jolly	GB	2:06:55
97	A. Puikert	GER	2:07:11
98	F. Cauvin	GRA	2:07:19
99	R. Guillon	FRA	2:07:52
100	E. Amthon	GER	2:08:31
101	J. Jakvbk	TCH	2:08:43
102	D. Wakeman	GB	2:09:14
103	V. Schlit	BEL	2:09:54
104	L. Clemenson	FRA	2:10:58
105	H. Hertzorn	GER	2:11:10
106	W. Engerle	GER	2:11:16
107	J. Breen	GB	2:11:28
108	H. Bartolomeus	GER	2:11:34
109	H. Brille	GER	2:12:26
110	O. Zeman	TCH	2:12:52
111	A. Wirtler	GER	2:14:37
112	S. Rydenheim	SWE	2:14:42
113	K. Angerman	GER	2:15:12
114	A. Huthmacher	GER	2:16:03



Photo: C. Shippen
Taylor (CAN) leads Eriksson (SWE) and Martinez (FRA) with NYBERG (SWE) trailing after the first of the four laps. They were destined to finish 16th, 35th, 29th and 20th respectively.

115	B. Strout	HOL	2:16:58
116	T. Alexandersson	SWE	2:17:42
117	A. Ridder	GER	2:19:07
118	M. Ilavicka	TCH	2:21:10
119	J. Ludemann	GER	2:22:01
120	E. Bartsch	GER	2:22:14
121	B. Bengtsson	SWE	2:22:55
122	W. Rufer	SUI	2:23:06
123	J. Klarenbeek	HOL	2:23:31
124	I. Rasnussen	DEN	2:24:02
125	R. Geehrig	SUI	2:26:10
126	K. Zemek	TCH	2:26:33
127	H. Mitzinger	GER	2:27:11
128	H. Stefan	GER	2:28:44
129	H. Schwamb	GER	2:28:50
130	R. Nilsson	SWE	2:29:25
131	S. Hazard	SUI	2:33:58
132	W. Haman	GER	2:37:46
133	O. Puteany	TCH	2:38:40
134	C. Hewson	GB	2:41:02
135	H. Erfurt	GER	2:49:45
136	O. Duda	GER	2:52:40
137	J. van der Horst	HOL	3:02:59
138	J. Hannappel	GER	1:56:07
139	B. Laiho	FIN	1:57:45
140	M. Rames	TCH	1:58:20
141	E. Halinen	FIN	1:58:35
142	E. Harrison	GB	1:59:05
143	G. Radford	GB	1:59:51
144	M. Heitin	FIN	2:00:01
145	W. Richter	GER	2:00:02
146	E. Taylor	GB	2:00:59
147	F. Caviglioli	FRA	2:01:36
148	H. Gronesschild	GER	2:01:48
149	L. Laiho	FIN	2:01:49
150	G. Ekerstal	SWE	2:02:47
151	H. Braun	POL	2:03:23
152	J. Taragi	JPN	2:04:02
153	F. Christiaens	GEL	2:04:20
154	M. Hamic	TCH	2:04:26
155	G. Wir	SWE	2:04:51
156	J. Zifka	TCH	2:05:06
157	A. Grebert	GER	2:05:31
158	H. Hawkins	GB	2:05:40
159	H. Bastien	BEL	2:05:49
160	E. Leiber	GER	2:06:06
161	R. Eyring	GER	2:06:54
162	G. Zuneclde	GER	2:07:00
163	G. Bartach	GER	2:07:21
164	W. Ross	GB	2:07:23
165	U. Miller	USA	2:07:30
166	E. Wallace	GB	2:08:36
167	T. Meinecke	GER	2:08:39
168	I. Kanya	JPN	2:09:25
169	J. Salobert	FRA	2:09:17
170	K. Nashidome	JPN	2:09:29
171	K. Elustrand	SWE	2:10:20
172	W. Stangc	GER	2:10:57
173	H. Werk	GER	2:11:04
174	M. Ishi	JPN	2:11:22
175	L. Zechser	FRA	2:12:19
176	L. Mische	GER	2:13:14
177	G. Letellier	FRA	2:13:44
178	M. Laiho	FIN	2:13:47
179	F. Wiser	BEL	2:18:44
180	W. Frohling	GER	2:20:22

Class Three 60-69

1	E. Kruzycki	GER	1:42:05
2	T. Jensen	SWE	1:44:58
3	K. Weichert	GER	1:47:21
4	J. Farrell	GB	1:47:22
5	H. Michon	FRA	1:47:41
6	E. Nordin	SWE	1:48:19
7	R. Toko	KOR	1:50:05
8	J. Cesla	TCH	1:50:54
9	R. Idesbald	FRA	1:51:32
10	W. Kelly	IOM	1:52:04
11	K. Kzuchi	JPN	1:53:27
12	H. Smith	GB	1:54:30
13	S. Lee	GB	1:54:48
14	H. Werle	GER	1:55:53

Veterans athletics is booming. New clubs and associations are springing up throughout the world to cater for the demand, and everywhere the 'new' enthusiasm is keeping active athletes in the sport for so much longer. But the banding together of mature athletes is not as new as it would seem, for as JACK FITZGERALD tells, the Veterans Athletic Club of London has itself reached veteran status.

V.A.C. » 42 years on

WHERE IT ALL BEGAN

The occasion is historic. It is the 12th September 1931 and a wet afternoon at Stamford Bridge with a number of veterans "out" for one of their handicaps. The handicaps are just part of the Autumn meeting staged by London A.C., but rain has held up proceedings. A message is passed round that the veterans are to gather in one of the stands. Talk, cross-talk, proposal, counter proposal..... The Club is born - Veterans Athletic Club with a membership of just twenty four.

That great sprinter "Jimmy" Tremeer was the first President of the Club, and the first champion was Harry Wicks, now in his eighties and still an active member of Committee. As J.C. McPhail wrote in 1937, "I would not call V.A.C. an 'ex-sprinters' club, for their handicaps are framed from 10.8 seconds. None get down to this but Mr. Harry Wicks has been fairly stable at 11 seconds - which may be taken as the veterans' 'even time'. Compare this with the time taken for the '100' at many



VETERANS A.C. - 40 YEARS AGO

From those humble beginnings 42 years ago the Club has grown in strength and today boasts a membership of more than 300. And the recruitment of 40 years old 'youngsters' is growing rapidly, causing standards to rise in all events. Yet, back in 1931 the limit of competition was 150 yards, paradoxical when one recalls the fine distance runners who have been members since, ranging from Joe Binks (ex-World mile record holder) and Tom Richards (Olympic silver in 1948) to present stars such as Laurie O'Hara and Ron Franklin.

schools and you will agree that Mr. Wicks does not slouch."

Early Committee meetings were held in "The Coronet" public house, Soho Square, and the minutes for July 1934 recorded the first overseas win thus, "Congratulations were proffered to Mr. Baumann on winning the Swiss Clubs' Veteran Cup. Celebrated in fitting manner, out of cup".

The first social occasion organised was a dinner,

with concert and presentation of prizes at "The Feathers", Westminster, on 1st December 1934. The dinner was a great success and established itself as one of the most popular occasions in the calendar. So popular that it is a sell-out each year — no late entries here! Of the 40 dinners held, the ubiquitous Harry Wicks has been toastmaster at no less than 37 of them.

With the present trend to age gradings of ten year spans (classes 1,2,3&4), and a strong lobby for even smaller groupings (5 years), it is interesting to note that Veterans A.C. still adhere to their two-class system — 40-54 and over 55.

As with most sports clubs in Britain during World War II, Vets AC found it difficult to continue their activities. But with the war over and a new influx of members, they went from strength to strength. The Championship programme was expanded, the jumps being introduced in 1947 and the 2 miles run in 1948 (first champion, Frank Webb). The walks programme was also expanded and the Club boasts a very active walking section under the guidance of Fred Nickolls, with championships staged from 2 miles on the track to the Annual London-Brighton Walk.

Three of the most popular meetings for the growing band of distance runners are the cross-country championship over a tough 5 mile course at Wimbledon Common, the 10 miles road championship held in Richmond Park, and the marathon championship which is held in conjunction with an outside promotion, this year the Harlow marathon.

Much of the Club's success these last 20 years or so has been in no small part due to two men, very different in personality but with common interests at heart. The gregarious and affable Arthur Welling has been Honorary Secretary since 1952 and it has been said that when he could find time from his



Start of a Veterans relay in 1949

Club secretarial duties he worked for British Railways! His extrovertive nature and his singular sense of humour are quite different from those of his colleague and Honorary Treasurer, Frank Webb. Frank also held the position of Honorary Secretary for a spell and has held the Treasurer's post since 1956. Of quieter disposition, his efficiency and popularity is no less than that of Arthur Welling's. Together, they are a team worth more than the sum of their attributes and have provided the essential continuity all clubs need. Veterans A.C. has always been a men-only club, but it's members recognise the support given by wives and daughters when it comes to recording, fund-raising, provision of refreshments etc.

A review of Veterans A.C. could hardly be complete without mention of those two great friends and rivals Duncan "The Tartan Flash" McLean and Charlie Speckly. The Club's oldest two members (88 and 87 respectively) they compete frequently over 100 metres, each threatening to get the other 'next time'. Their last meeting at Cophthall Stadium in June saw Duncan get a photo finish verdict in 20.6 (statisticians should note there was a strong head wind!). There positions placed them 1st and 2nd in the over 70 category. Charlie took his defeat like a true sportsman but was very indignant when Duncan helped him up on to the rostrum! The spirit of these two men serve to remind us that we are less than half way through our active lives when we join the veteran ranks.

And if the budding young internationals of today have the sense to continue their activity through the veteran ranks then they will reap the benefits, not only of that wise decision from the physical viewpoint, but of the solid structure of veterans athletics founded by that small group of men in 1931 and perpetuated by their successors these last 42 years.



VETERANS AC c.1950

Photo: H. Wicks

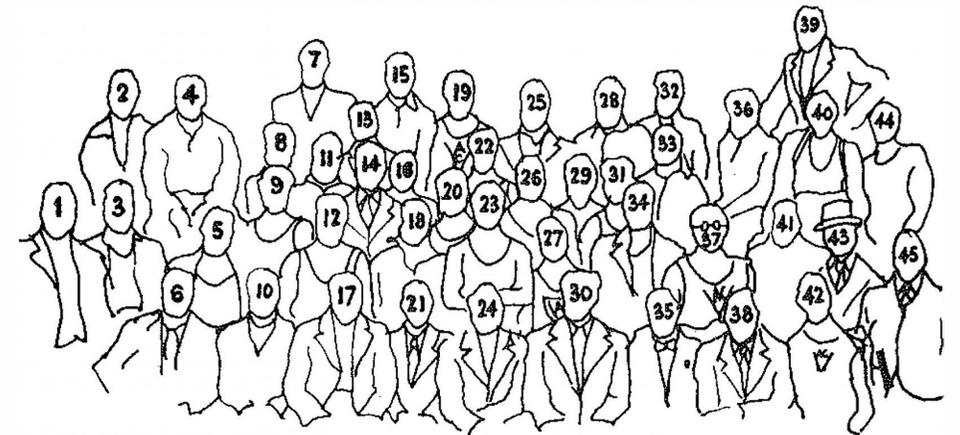


PHOTO KEY (Photo by: H. Wicks)

1 Wilby	10 —	19 G. Isaacs	28 A. Slack	37 L. Finegold
2 K. Millington	11 T. Morrell	20 F. Webb	29 —	38 C. Goodhew
3 Munn	12 H. Wills	21 —	30 G. Westcott	39 —
4 J. Leng	13 R. Glover	22 J. Simpson	31 A. Welling	40 —
5 —	14 J. Palmer	23 —	32 —	41 E. Winsor
6 Gus Zimmer	15 A. East	24 R. Jessop	33 J. Gibbs	42 J. Winter
7 G. West	16 —	25 T. Pritchard	34 —	43 —
8 —	17 G. Cooper	26 —	35 —	44 —
9 —	18 W. Hodge	27 D. Maclean	36 C. Workman	45 J. Fell

(Treasurer (30), Secretary (38), Starter (45))

Any athletes still requiring photographs of last year's International Veteran Meeting at Crystal Palace should

apply to Frank Reynolds, 18 Campers Road, Letchworth, Hertfordshire.

1973 U.S. MASTERS CHAMPS. San Diego, July 6/7

PETE MUNDLE reports ----

WORLD MARKS FOR PRATT (c11) GUIDET (2) BRIGHT (3), SJOSTRAND/HIGGINS/INGRAM/HUBBELL (4)

The sixth annual National A.A.U. Masters Track and Field Championships produced marks which were by far the best ever for a veterans meet. The visiting team of British runners brought out the best in the U.S. athletes and between them they made it a beautiful occasion at San Diego's Balboa Stadium.

The hottest race of the meet was the 800 where the first four bested last year's ranking list in one sweep as they ducked under the magical two minutes. Winner Dave Pratt set a new world best of 1:57.6 beating the former record holder Bill Fitzgerald (1:58.1), who also broke his record of 1:58.4. Pratt resumed running four years ago after a break of 19 years. His time was a career best.

Laurie O'Hara (GB) and Hal Higdon put on a great battle in the 10,000, drawing well away from the field. O'Hara got clear for a 30:46.6 win pulling Higdon to a U.S. record of 31:09.2 (previously 31:18.4). The Briton completed the double next day by taking the 5,000 from Wilber Smith.

Keith Whitaker (GB) set a new meet mark in the 400 storming to an impressive win in 51.1, which would have been a new world mark had his countryman Jim Dixon not wrecked the existing record with

49.8 a few weeks earlier. Former record holder Dick Stolpe (48) was third behind newcomer Marshall Clark but had the consolation of taking the 100 in 11.5

Dave Jackson managed a U.S. best of 46'-11", besting his previous U.S. record of 45'-10 1/4".

In Class 2, the most exciting race was the 100 metres battle between Alfred Guidet and Stanford coach Payton Jordan; Guidet equalling his personal best 11.8 with Jordan a tenth back. Guidet also picked up a world best in the 400 IH with 65.0 (old record 66.7) and took the 200 easily in 24.7. Following his third place in the 10,000, Tom Buckingham (GB) ran a great 2:46:33 marathon to win his class and finish fifth in the race itself.

In Class 3, Fritiof Sjostrand set a new world mark for 400 metres with 61.5, Norm Bright a world best steeplechase (12:48.6) and Bill Andberg a U.S. best of 37:08 for the 10,000. Andrew Major (13.1) edged out record holder Virgil McIntyre (13.1) in a photo-finish 100, with last year's ranking leader Jack Williams (GB) a yard back but given 13.4. McIntyre overhauled Williams in the 200 (27.5 to 27.8) with the photo again giving a tenth difference.

Class 4 saw Ralph Higgins (71) dominating the meet with world bests of 14.8 (100), 31.6 (200), 12'-6 1/4" (1J), 24'-9 1/4" (TJ), and 74'-0" (DT). Other world record breakers were Glen Ingram 78.5 (400) and Randolph Hubbell 85'-5 1/4" (HT).



Photo: Al Rockall

Andrew Major pips Virgil McIntyre (310) in the Class 3 '100' in 13.1, with Jack Williams a close 3rd.

100 METRES Class 1		
HEAT 1		
1	Washington, H (44)	BAS 12.0
2	Greenwood, J (47)	UNAT. 12.0
3	Frederickson, W (42)	NCSTC 12.1
4	Love, D (46)	SDTC 12.5
5	Radford, R (41)	CDMTC 12.5
6	Hodges, T (46)	LVTC 13.3
HEAT 2		
1	Stolpe, R (48)	CDMTC 11.4
2	Marlin, R (43)	NCSTC 11.7
3	Gluppe, G (40)	CAN. 11.7
4	Melgosa, R (44)	NCSTC 11.9
5	Afremow, A (41)	PTC 12.0
6	Buchanan, W (47)	SDTC 12.2
FINAL		
1	Stolpe, R (48)	CDMTC 11.5
2	Gluppe, G (43)	CAN. 11.7
3	Greenwood, J (47)	UNAT. 11.7
4	Washington, H (44)	BAS 11.7
5	Marlin, R (43)	NCSTC 12.0
6	Love, D (46)	SDTC 12.0
7	Melgosa, R (44)	NCSTC 12.0
8	Frederickson, W (42)	NCSTC 12.1
9	Afremow, A (41)	PTC 12.2

100 METRES Class 2		
HEAT 1		
1	Jordan, R (56)	CDMTC 12.1
2	Foutz, R (52)	CDMTC 12.7
3	Hutchinson, J (51)	T 13.0
4	Heard, N (55)	CDMTC 13.1
5	Stein, S (53)	GBR 13.2
6	Georg, W (51)	GER 13.3
HEAT 2		
1	Guidet, A (55)	NCSTC 11.9
2	Orrmins, N (53)	CTC 12.4
3	Tuttle, J (50)	UNAT. 12.6
4	Killion, C (55)	UNAT. 13.3
5	Spencer, R (50)	SDTC 13.3
6	Fetter, P (52)	STC(LA) 14.3
FINAL		
1	Guidet, A (55)	NCSTC 11.8
2	Jordan, P (56)	CDMTC 11.9
3	Foutz, R (52)	CDMTC 12.8
4	Tuttle, J (50)	UNAT. 12.9
5	Killion, C (55)	UNAT. 13.0
6	Hutchinson, J (51)	T 13.1
7	Stein, S (53)	GBR 13.2
100 METRES Class 3		
HEAT 1		
1	Williams, J (62)	GBR 13.4
2	McIntyre, V (62)	STC(LA) 13.4
3	Andors, M (62)	SDTC 13.9

4	White, F (60)	TMT&F 13.9
5	Nichols, O (60)	BAC 14.5
6	Mitchelson, D (64)	STC(LA) 15.3
7	Lum, S (69)	UNAT 17.1
HEAT 2		
1	Major, A (60)	AC 13.3
2	Sharp, D (61)	SDTC 14.0
3	Angelman, J (61)	KS 14.1
4	Caruso, J (63)	STC(LA) 14.2
5	Brosz, A (66)	CAN. 15.0
FINAL		
1	Major, A (60)	AC 13.1
2	McIntyre, V (62)	STC(LA) 13.1
3	Williams, J (62)	GBR 13.4
4	Angelman, J (61)	KS 13.9
5	Sharp, D (61)	SDTC 13.9
6	White, F (60)	TMT&F 14.0
7	Caruso, J (63)	STC(LA) 14.6
8	Nichols, O (60)	BAC 14.6
100 METRES Class 4		
FINAL		
1	Higgins, R (71)	CDMTC 14.8
2	Wiseman, R (70)	GBR 15.8
3	Sewell, K (70)	UNAT. 15.9
4	Ingram, G (71)	UNAT. 16.1
5	Head, J (73)	UNAT. 16.1
6	MacLean, D (88)	GBR 16.3

200 METRES Class 1		
FINAL		
1	Lloyd, J (40)	UNAT. 23.2
2	Greenwood, J (47)	UNAT. 23.6
3	Whitaker, K (42)	GBR 23.7
4	Cheek, D (40)	CDM 23.7
5	Washington, H (44)	BAS 24.2
6	Melgosa, K (44)	STC(LA) 24.2
7	Rademaker, T (48)	SFOC 24.3
8	Palmer, D (43)	CDMTC 24.6
9	Afremow, A (41)	PTC 24.9
HEAT 3		
1	Whitaker, K (42)	GBR 53.4
2	Melgosa, R (44)	STC(LA) 54.9
3	Cull, J (42)	MSSC 54.9
4	Webb, K (40)	CDMTC 55.7
5	Sheahan, A (41)	STC(LA) 56.1
6	Spitzer, D (44)	NYPC —
200 METRES Class 2		
FINAL		
1	Guidet, A (55)	NCSTC 24.7
2	Turtle, J (50)	UNAT. 25.7
3	Upham, J (52)	MTC-T 26.3
4	Crouch,	26.3
5	Hutchinson, J (51)	T 26.3
6	Stein, S (53)	GBR 27.3
7	Winton, R (54)	CDMTC 27.6
8	Spencer, R (50)	SDTC 27.6
200 METRES Class 3		
FINAL		
1	MacIntyre, V (62)	STC(LA) 27.5
2	Williams, J (62)	GBR 27.8
3	Sharp, J (61)	SDTC 29.3
4	White, F (60)	TMT&F 29.4
5	Brosz, A (66)	TSC 30.6
6	Thompson, S (62)	HMTG 32.3
7	Frederick, W (65)	STC(LA) 41.6
400 METRES Class 1		
HEAT 1		
1	Clark, M (40)	UNAT. 52.6
2	Gluppe, G (40)	CAN. 52.6
3	Stolpe, R (48)	CDMTC 52.6
4	Lingel, J (41)	BAS 52.8
5	Laws, H (40)	UNAT. 53.4
6	Hodges, T (46)	LVTC 61.9
7	Buchanan, W (49)	STC(LA) 63.3
8	Bowan, J (46)	SARC —
HEAT 2		
1	Dawkins, O (45)	STC(LA) 53.9
2	Puterbaugh, G (48)	STC(LA) 54.5

800 METRES Class 1		
FINAL 1st Flight		
1	Pratt, D (41)	NCSTC 1:57.6
2	Fitzgerald, B (48)	STC(LA) 1:58.1
3	Lloyd, N (40)	UNAT. 1:59.1
4	Kupczyk, H (40)	NS 1:59.5
5	Williams, W (40)	STC(LA) 2:02.3
6	Teeeguarden, D (41)	NCSTC 2:03.6
7	Puterbaugh, G (48)	STC(LA) 2:06.6
8	Laws, H (40)	UNAT. 2:11.5
9	Rockall, A (42)	GBR 2:12.0
10	Field, P (42)	GBR 2:15.2
11	Hodges, T (46)	LVTC 2:18.2
12	Wellington, D (41)	UNAT. 2:20.7
13	Fraitag, D (44)	SDTC —
FINAL 2nd Flight		
1	Gaedke, B (41)	VSAF 2:08.3
2	McGuire, L (41)	SDTC 2:14.2
3	Holmes, B (45)	SDTC 2:14.7
4	Dean, J (45)	GBR 2:15.2
5	Groesbeck, W (43)	SDTC 2:24.3
6	Barer, M (42)	NCTC 2:27.5
400 METRES Class 2		
FINAL		
1	Upham, J (52)	MTC-K 56.5
2	McDonald, B (54)	UNAT. 56.8
3	Munn, P (50)	GBR 57.9
4	Purcell, J (51)	UNAT. 58.5
5	Halpin, E (55)	STC(LA) 58.9
6	Perry, M (53)	SDTC 60.0
7	Hunter, H (50)	BAC 63.9
400 METRES Class 3		
FINAL		
1	Sjostrand, F (60)	STC(LA) 61.5
2	McIntyre, V (62)	STC(LA) 63.6
3	Sharp, J (61)	SDTC 65.9
4	Madden, S (65)	MSSC 66.1
5	White, F (60)	TMT&F 68.9
6	Sears, F (64)	GBR 72.2
800 METRES Class 3		
FINAL		
1	Deacon, B (62)	HMTG 2:26.8
2	Madden, S (65)	MSSC 2:34.5
3	Bole, J (65)	STC(LA) 2:34.6
4	Miller, U (62)	SDTC 2:48.9
5	Sears, E (64)	GBR 3:05.9
6	Gilbert, J (65)	UNAT. 3:42.6

800 METRES Class 4

FINAL

1	Wiseman, R (70)	GBR	NIT
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1500 METRES Class 1

1	Kupczyk, H (40)	NS	4:02.9
2	Hughes, A (42)	GBR	4:03.3
3	Williams, W (40)	STC(LA)	4:05.9
4	Lloyd, N (41)	UNAT.	4:10.6
5	Napier, K (41)	WVJ&S	4:11.2
6	Fitzgerald, B (48)	STC(LA)	4:12.1
7	Sturak, T (-)	USA	4:18.3
8	Teeguarden, D (41)	NCS	4:22.1
9	Mundle, P (45)	SMAA	4:26.0
10	Field, P (42)	GBR	4:37.0
11	Bryant, A (49)	STC(LA)	4:38.0
12	Bangs, A (42)	NCS	4:39.0
13	Rockall, A (42)	GBR	4:40.0
14	Dean, J (45)	GBR	4:41.0
15	Fox, R (41)	GBR	4:42.2
16	McGuire, L (41)	SDTC	5:04.0
17	Barer, M (42)	NCS	5:16.0
18	Ferrone, F (40)	SDTC	5:21.0
19	Berger, B (45)	NCS	5:39.0

1500 METRES Class 2

FINAL

1	Hernandez, M (50)	SMTC	4:38.1
2	Escamilla, A (50)	SDTC	4:38.4
3	Salmon, A (52)	UNAT.	4:42.4
4	Shurtleff, M (51)	ITC	4:44.9
5	Dellwo, R (55)	PTC	4:55.1
6	Peters, C (50)	MTC-K	4:57.6
7	Paia, D (50)	SDTC	5:11.0
8	Elrick, H (54)	SDTC	5:18.3
9	Else, A (56)	GBR	5:22.6
10	Lewis, D (51)	CDMTC	5:33.0
11	Lenck, B (54)	UNAT.	5:42.0
12	Burns, C (52)	SDTC	5:48.0
13	Garcia, J (55)	BHS	5:55.0

1500 METRES Class 3

FINAL

1	Andberg, B (61)	TCTC	4:58.8
2	Bright, N (63)	STC	5:07.0
3	Madden, S	MSSC	5:09.6
4	Bole, J (65)	STC(LA)	5:36.0
5	Frederick, W (65)	STC(LA)	5:52.6
6	Bigelow, W (63)	UNAT.	5:55.0
7	Sears, E (64)	GBR	6:08.9
8	Monheit, W (63)	STC(LA)	6:14.0
9	Carmichael, P (65)	OCSF	6:16.0
10	Gilbert, J (65)	UNAT.	6:18.0

400 METRES HURDLES Class 1

FINAL

1	Greenwood, J (47)	UNAT.	57.5
2	Rademaker, T (48)	SFTC	60.5
3	Field, P (42)	GBR	60.9
4	Sheahan, A (41)	STC(LA)	61.9
5	McNulty, T (41)	P-YMCA	63.3
6	Villafructe, R (40)	NCTC	64.3
7	Fullington, L (43)	SDTC	68.6

400 METRES HURDLES Class 2

FINAL

1	Guidet, A (55)	NCSTC	65.0
2	Sharp, J (52)	CDMTC	67.7



Photo: Al Rockall
O'Hara and Higdon pose after their hot 10,000 while Dellar and Perry battle on.

10,000 METRES Class 1

FINAL

1	O'Hara, L (41)	GBR	30:46.6
2	Higdon, H (42)	IS	31:09.2
3	Allen, W (41)	CAN	32:07.0
4	Franklin, R (45)	GBR	33:07.0
5	Mundle, P (45)	SMAA	33:31.0
6	Smith, R (45)	WVJ	33:40.0e
7	Dellar, D (44)	GBR	33:54.0
8	Andrews, T	GBR	34:10.0e

6 MILE TIME

1	O'Hara, L	29:44.8
2	Higdon, H	30:10.4

e=estimated. Full result not received

10,000 METRES Class 2

FINAL

1	Hall, K (50)	GBR	35:21
2	Ashcroft, N (56)	GBR	36:07
3	Buckingham, T (54)	GBR	36:08
4	Keysar, E (51)	STC(LA)	36:16
5	McCabe, F (55)	YMCA	36:40
6	Getas, J (50)	DSE	36:59
7	Dellwo, B (55)	STC	37:27
8	Burns, C (52)	SDTC	37:30
9	Oleson, J (55)	SMAA	38:03
10	Jenkins, B (52)	GBR	39:41
11	Tucker, A (53)	GBR	39:43
12	Hendrix, K (51)	STC	41:05
13	Harder, H (56)	HSTC	42:04

10,000 METRES Class 3

FINAL

1	Andberg, W (61)	TCTC	37:42
2	Bright, N (63)	STC	40:13

5,000 METRES Class 1

FINAL

1	O'Hara, L	GBR	15:02
2	Williams, W	STC(LA)	15:50
3	Dellar, D	GBR	15:58
4	Hughes, A	GBR	16:15e
5	Franklin, R	GBR	16:18e
6	Sturak, T	USA	16:23e

e=estimated. Full result not received

3,000 METRES STEEPLECHASE Class 1

FINAL

1	Stock, W (43)	SDTC	10:48.8
2	Roberts, L (45)	STC	11:03.6
3	Noble, J (47)	STC	11:40.0
4	Villafuente, R (43)	NCST	11:48.0
5	Aithavsen, T (48)	OC	14:09.0

3,000 METRES STEEPLECHASE Class 2

FINAL

1	Long, R (54)	BHS	12:38.8
2	Wright, R (56)	SDTC	15:16.4
3	McNeice, H (53)	STC	17:05.0
4	Schuhart, R (54)	STC	19:22.8

3,000 METRES STEEPLECHASE Class 3

FINAL

1	Bright, N (63)	SNOH	12:48.5
2	Bigelow, W (62)	UNAT	14:23.8
3	Carmichael, P (65)	OC	17:55.5

1600 METRES RELAY (4x400)

FINAL

1	San Diego TC	3:33.6
2	Seniors TC (LA)	3:33.8
3	Great Britain	3:40.0
4	Corona Del Mar TC	3:50.1
5	San Diego TC 'B'	
6	Beverly Hill Striders	

HIGH JUMP Class 1

FINAL

1	Austin, E (43)	CDM	5' 9"
2	Billings, R (40)	BHS	5' 8"
3	Simpson, H (43)	UNAT.	5' 8"
4	Donnelly, D (44)	SDTC	5' 4"
5	Evans, W (40)	BIIS	5' 4"
6	Love, D (46)	SDTC	5' 0"
7	Adler, W (40)	MS	4' 10"
8	Holmes, R (44)	SDTC	4' 10"
9	Noble, J (47)	STC	4' 8"

HIGH JUMP Class 2

FINAL

1	Gillett, O (54)	CDM	5' 5 1/2"
2	Gist, B (53)	SDTC	5' 2"
3	Kazarinoff, C (53)	OTC	5' 0"
4	Brown, D (50)	CDM	5' 0"
5	Winton, R (54)	CDM	4' 10"
6	Georg, W (51)	TV	4' 10"
7	McMahon, C (57)	SDTC	3' 8 1/4"

HIGH JUMP Class 3

FINAL

1	Thompson, S (62)	HMTC	4' 7 1/2"
2	McIntyre, V (62)	STC	4' 6"

3	Deacon, B (62)	HMTC	4' 5"
4	Dick, J (62)	UNAT.	4' 4"
5	Bigelow, W (62)	UNAT.	4' 3"
6	McFadden, W (68)	SDTC	3' 11"
7	Drummond, R (66)	UNAT.	3' 11"
8	Bierlein, F (63)		3' 11"

LONG JUMP Class 4

FINAL

1	Higgins, R (71)	CDM	12' 6 1/4"
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HAMMER Class 2

FINAL

1	Rochambeau, G (54)	SD	116' 1"
2	Heard, N (55)	CDM	115' 8"
3	Patterson, S (52)	UN	115' 3"
4	Aldrich, D (52)	CDM	101' 8"
5	Georg, W (51)	GER	98' 2 1/2"
6	McMahon, C (57)	SD	86' 5"
7	Hunter, H (50)	BAC	51' 6"

HAMMER Class 3

FINAL

1	Hubbell, R (64)	STC	85' 5 1/2"
2	Dick, J (62)	UN	74' 1"
3	Blakesley, M (61)	SD	73' 0 1/2"
4	Ulsh, R (66)	NC	67' 6 1/2"
5	Brose, A (66)	SC	59' 5 1/2"
6	Nichols, R (62)	BSH	58' 10 1/2"
7	Mitchelson, D (64)	STC	52' 10 1/2"
8	O'Neil, L (65)	MAA	40' 11 1/2"

PENTATHLON Class 1

FINAL

1	Norton, B (43)	COM	2713
2	Schellenberg, H (40)	UN	2612
3	Hawke, H (44)	SDTC	2503
4	Haraden, M (42)	SDTC	1912
5	Bowman, T (48)	FTC	1849
6	Castaneda, L (45)	UN	1715

PENTATHLON Class 2

FINAL

1	Morales, (50)		1829
2	Hutchinson, J (51)	TORR	1547

No further results received.
See next issue for remaining events.

1973 A.A.U. MASTERS' MARATHON CHAMPIONSHIPS AND 20-KILOMETER WALK CHAMPIONSHIPS San Diego, July 8

A well-paced early race and a strong challenge by Bill Allen over the last six miles almost gained the Canadian the Masters' Marathon title but San Diegan Bill Gookin managed to hold some of his early lead and dip under Graham Parnell's year-old record. Allen, Gookin and Hal Higdon had pushed the pace through most of the first ten miles but Higdon yielded to the stress of Friday's American record pace in the 10,000 metres and dropped out. Allen, also a bit weary after running the same race Friday, had dropped 23 seconds back at ten and Gookin tried to keep the pace going to nail down the title. He dropped from 5:35 to 5:45 miles through twenty miles and Allen, resolving to conserve his energy and make a bid after that mark, was now 1:52 back. . . and then the race really began! As Gookin slowly began to fade to 6:12-mile pace, Allen began to chop down his lead and closed to just half a minute behind the winner at the tape and only one second over the former record.

Meanwhile, Steve Goldberg, Illinois Track Club, and Howard Miller, Snohomish Track Club, were running more conservative races, finishing third and fourth with evenly-paced efforts [although amazing Tommy Buckingham was closing on them looking none the worse for his 10,000-metre effort two days previous. The British 54-year-old carved over ten minutes from Paul Reese's 1972 Division 2 record in placing fifth over-all.] The Division 3 record also fell with Urban Miller, our host at the German ASV meet last summer, clipping 41 seconds off John Montoya's 1972 time.

John Kelly continued his dominance in the 20-kilometer Walk, winning again in 1:51:07 and Don Johnson, Shore AC, knocked almost 16 minutes off the two-year-old Division 2 record with a third place finish behind Long Island's John Markon.

Luanne Kralick, Tustin, made the supreme feminine effort to inaugurate veteran women's marathon competition in admitting to 40 years of age and turned in a fine 3:29:07 performance.

Continued on page 30.

RANKING LISTS PART 2

ASSOCIATION OF VETERAN ATHLETES — 1972 World Ranking Lists

Part Two — FIELD EVENTS

Class 1 (over 40) Class 2 (over 50) Class 3 (over 60)

These lists are the first of their kind and no doubt will contain errors and omissions — only you can help to make them accurate by collecting and forwarding confirmed information. In this connection ages must also be given if possible.

Where the ages are known they are shown in brackets.

An athlete qualifies for his age group on his birthday.

Venue abbreviations:—

London — Lon., Köln — K., Stockholm — St., Helsinki — Hel., Gothenburg — Got., San-Diego — S.D., Derby(GB) — D., Leigh(GB) — Le., Los Angeles — L.A., Truro(GB) — Tr., Luton(GB) — Lut., Birmingham(USA) — Bir., Santa Monica — St.M. Irvine — Irv., Honolulu — Hon., Virgo(Spain) — Vir., Chalons(Fr) — Cha., Houston — Hu.

HAMMER Class One (16lb)

Class Record:—
68.30m 224' 1" Hal Connolly (USA) 40 Long B. 7-5-72

68.30	224' 1"	H. Connolly (USA) 40	LB	7-5
67.80	222' 5"	H. Payne (GB) 41	Ath	1-7
64.80	212' 7"	J. Matousek (Cz) 44	Pra	30-9
63.12	207' 1"	G. Husson (Fr) 41	Aix	26-8
52.52	172' 4"	A. Corvatta (Arg) 43	T.B.	16-6
52.50	172' 3"	J. Galaska (Fr) 41	Par	16-7
50.50	165' 8"	G. Lefrancois (Id) 45	Ho	4-6
50.24	164' 10"	T. Mullins (Aust)	Syd	26-3
49.42	162' 2"	J. MaElorriaga (Sp) 41	Mad	15-7
48.36	158' 8"	S. Bosch (Sp) 42	Bar	1-6
46.76	153' 5"	R. Lamora (Fr) 42	Th	30-4
45.85	150' 5"	A. O'Neill (GB) 40	Td	7-7
44.30	145' 4"	L. Velez (P. R.) 44	T.B.	16-6
43.92	144' 1"	E. Helf (Ger)	K	13-9
43.87	143' 11"	A. Kraus (Ger) 50+	K	13-9
42.01	137' 10"	D. Vanhegan (GB) 49	D	8-7
40.82	133' 11"	A. Tesija (Aust) 50+	K	13-9
40.68	133' 6"	W. Druyts (Bel) 42	Tu	5-7
40.44	132' 8"	El. Bergenbeck (USA)	NC	1-4
38.92	127' 8½"	L. Olson (USA)	L	24-8
36.87	120' 11½"	D. Burrage (GB)	L	24-8
36.78	120' 8"	B. Perrier (Fr)	K	13-9

HAMMER Class Two (12lb) (*16lb)

Class Record:—
*55.90m 183' 4½" Karl Hein (Ger) 50 Hamburg 20-9-58

43.98	144' 3½"	D. Brands (GB)	L	24-8
*43.87	143' 11"	A. Kraus (Ger)	K	13-9
42.16	138' 4"	T. Montgomery (USA) 57	LA	18-6
*40.82	133' 11"	A. Tesija (Aust)	K	13-9
40.03	131' 4"	N. Heard (USA) 54	LA	18-6
39.62	130')"	G. Rochambeau (USA) 53	LA	18-6
37.74	123' 11"	S. Pattersen (USA)	LA	18-6
36.75	120' 7"	D. Aldrich (USA)	LA	18-6
36.64	120' 2½"	A. Tancred (GB) 55	L	24-8

HAMMER Class Three (12lb)

Class Record:—
32.06m 105' 2" R. Hubbell (USA) 63 LA 19-6-72

32.06	105' 2"	R. Hubbell (USA) 63	LA	19-6
28.80	94' 9"	P. Partridge (USA) 61	K	13-9
21.73	71' 3½"	M. Blakesley (USA)	SD	14-8

SHOT Class One (16lb.)

Class Record:—
19.77m 64'10¼" Pierre Colnard 41. Fr. Paris 18-7-70

17.62	57' 9¾"	P. Colnard (Fr) 43	Bru	1-5
17.27	56' 8"	G. Hermannsson (Ic) 47	K	13-9
14.97	49' 1½"	G. Ker (Can) 49	Ir	20-5
14.95	49' 0½"	S. Adams (USA) 40	StB	24-3
14.87	48' 9½"	E. Helf (Ger)	K	13-9
14.53	47' 8"	A. Hombrecher (Ger)	K	13-9
14.24	46' 8¾"	V. Depire (Bel) 44	Tie	26-7
14.10	46' 3"	W. Thiele (Ger)	K	13-9
13.98	45' 10½"	P. Mulkey (USA)	StB	24-3
13.84	45' 5"	L. Olson (USA)	NY	22-7
13.17	43' 2½"	J. Pavelich (USA)	SD	2-7
12.90	42' 4"	D. Vanhegan (GB) 49	L	27-5
12.81	42' 0½"	A. O'Neill (GB) 40	Ti	7-7
12.67	41' 6¾"	D. Elias (Isr)	L	25-8
12.61	41' 4¾"	T. Wassam (USA)	SD	2-7
12.58	41' 3¾"	J. Larsson (Sw)	G	7-9
12.15	39' 10"	L. Jansen (Ger)	K	13-9
12.07	39' 7"	H. Wallace (USA)	Bk	22-4
11.94	39' 2"	O. Feldmanis (GB)	L	25-8

SHOT Class Two (12lb.)

Class Record:—
16.41m 53' 10" Nat Heard (USA) 52 San.D. 9-7-70

15.71	51' 6½"	C. Merritt (USA)	SD	2-7
15.34	50' 4"	N. Heard (USA) 54	SD	2-7
13.35	43' 9½"	J. Thatcher (USA)	W	30-4
12.81	42' 0½"	D. Aldrich (USA)	SD	2-7
12.60	41' 4½"	T. Montgomery (USA) 57	SD	2-7
12.53	41' 1½"	E. Ludwig (Ger)	K	13-9
12.07	39' 7"	H. DeGroot (USA)	LA	17-6
11.95	39' 2¾"	J. Seifert (USA)	L	25-8
11.95	39' 2¾"	B. Bell (USA)	LA	17-6

SHOT Class Three (8lb.)

Class Record:—
13.42m 44' 0¼" Stan Herrmann (USA) 67. Walnut 30-4-72

13.42	44' 0¼"	S. Herrmann (USA) 67	W	30-4
12.70	41' 8"	A. Puglizevich (USA) 64	Gr	15-7
12.40	40' 8½"	R. Nichols (USA)	VN	26-2
12.27	40' 3"	E. Lamb (USA)	SD	15-4
12.26	40' 2¾"	B. Sternhoff (Sw)	St	31-8
12.12	39' 9½"	A. Doms (USA)	LA	17-6
11.94	39' 2"	K. Carrine (USA)	LA	17-6

With our publication of the 1972 World Ranking Lists covering the eight field events, we complete what is believed to be the first serious attempt of ranking performances of Veterans in Track and Field.

That they may be far from perfect is realized — but with support from readers in submitting their own and others' known worthy achievements, they can in time become longer and more accurate — so please help.

It is of course early days in our evolution — but it is worth the effort to browse over the lists and records — reflect on what they suggest and pose a few questions with regard to the future. To assist this reflection the Decathlon Tables have been consulted enabling rough comparisons between events and ages to be made. For this the top performer in each class was scored and the average of the top ten over all equated.

FLAT RUNNING EVENTS: It is inevitable that the distance events appear the stronger at this time for no one can dispute that there are at the moment more competitors in this section than any other. But will it remain so? Up to now the shorter distance trackman seems to retire earlier — partly because if he is five or six metres down in a sprint race or ten to fifteen behind in an 800m. he probably experiences a greater sense of defeat than being one or two hundred metres adrift in the longer races — and partly because it probably takes more mental and physical effort to demand of his body the concentration and enthusiasm to sprint or stay up when it hurts in a middle distance race. With the promotion of veteran competition this can change as more and more find it is possible to enjoy the shorter track events if restricted to their own age group. If the shorter track records are to improve can we expect a 10.5 100m, 46.9 400m, 1:50.0 800 or a 3:46.5 1500m.—for that is what Michel Bernard's 14:10.2 5000m. is possibly equivalent to. Or taking the average of the top ten can we expect the good performers to record 10.9, 49.4, 1:55.2, and 3:58.0 — for that's what the 5000m. and 10,000m. averages are worth in comparison at the moment.

In Classes 2 and 3 the gap between the longer distance performers and the middle distance and sprinter types is even more marked. Where as in Cl.1 the shorter track events are on average about 13% slower than the five and ten Km top ten average — the Cl.2. is about 18% and the Cl.3 28% slower. To match the 1972 Cl.2 and 3 10 km. number ones (Mimoun and Kruzicky) 100m, 400m, and 1500m runners would have to return about 1:1.1/12.0, 50.1/55.1 and 4:05/4:31 respectively. Many have been around in athletics long enough to realize that it's no good saying 'impossible' — so lets settle for 'time will tell'.

HURDLE EVENTS: The best performers in Cl.1. compare favourably with their equivalents on the flat but probably due to the demands they place on suppleness, snap and ruggedness one can't help

feeling they will produce few if any worth while performers in the older groups. There are some who would suggest that they remain 'Open' and in the main be left alone by them. In fact there are some who would suggest veterans use not only 'Open Classes' in these events but that we should be prepared to adapt to 2000m. S.C., use 400m.H. but with 2' 9" hurdles and replace the 110m.H. with the 200m.H. This change would almost certainly attract larger fields.

JUMPS AND VAULT: With the exception of the pole vault, which has been distorted for comparison by the advent of the fibre glass poles, the jumps in the main indicate a more marked fall off in performance with age than plain running. This will probably always be so for obvious physical reasons and the demands they place upon joints and tendons. Therefore, as with the obstacle events, some would suggest changes, possibly by restricting competition at certain levels of ability or by encouraging open classes only above a certain age. This may be unpopular with some, but as with the younger athletes should not certain limitations be accepted of the body?

THROWS: In class one all four events produce a remarkably high standard that suggests skills acquired over the years will enable performances of international standard to be maintained into the early forties at least. Both Payne (GB) and Connolly (USA) achieved Olympic qualifying standards, with the former actually competing at the Munich Games. The older classes, with the use of lighter implements find a certain compensation for their decline in strength but the standards achieved nonetheless show a big fall off when compared with the younger veterans — but perhaps a return to neglected weight training may rectify this in the near future. If not, then below a certain level of performance, should we not again suggest limitations.

In general the problems facing veteran athletes are the maintenance of skills, enthusiasm and adjusting at the right moment to loss of speed, mobility, strength and stamina.

It's obvious that enthusiasm is being helped at this stage by the development of a veterans Track and Field programme — but as hinted above, may we not question whether it is sound or practical to follow the full international schedule of events? Below a certain level would it not be better to encourage diversification and the pursuit of general all round fitness rather than specialization until we drop? It is appreciated that we are only just at the beginning, but certain events are very demanding of the body, and where as one can easily accept one's limitations in large fields of road and cross country runners, can this be done in, say the Shot or sprint where an explosive effort is required and one's competitive ability more exposed?

John Hayward

DISCUS Class One (2 kg)

Class Record:—

55.91m 183' 5" Adolfo Consoline 41. It. Athens 20-5-58

52.50	172' 3"	K. Jouppila (Fin) 51	H	27-8
51.16	167' 10"	L. Dupuy (Fr) 40	St. C	21-6
48.32	158' 6½"	G. Husson (Fr) 41	Aix	27-5
47.78	156' 9"	E. Helf (Ger)	K	13-9
46.50	152' 6½"	W. Thiele (Ger)	K	13-9
45.60	149' 3½"	D. Gevert (Chile)	K	13-9
45.32	148' 8"	K. Maksimczyk (GB) 58	Br	12-8
44.50	146' 0"	G. Ker (USA)	LA	2-7
44.32	145' 5"	P. Mulkey (USA)	B	13-8
44.26	145' 2½"	S. Heimininen (Fin)	H	27-8
44.05	144' 8"	S. Adams (USA)	Cl	17-12
43.59	143' 8"	D. Aldrich (USA) 53	SD	2-7
42.60	139' 9"	G. Herrmannson (Ic) 47	K	13-9
42.10	138' 1½"	L. Jansen (Den)	K	13-9
41.50	136' 2"	V. Depre (Bel) 44	St. T	23-9
41.38	135' 9"	A. O'Neill (GB) 40	Ti	7-7
40.44	132' 8"	J. Pavlich (USA)	G	7-9
39.84	130' 8½"	L. Olson (USA)	G	7-9
39.40	129' 3½"	O. Feldmanis (GB)	L	24-8
38.05	124' 10"	D. Maurer (USA) 42	SD	2-7
37.85	124' 2"	I. Briggs (GB)	L	3-7

DISCUS Class Two (1.6 kg) (*2 kg)

Class Record:—

*52.50m 172' 3" K. Jouppila (Fin) 51 Helsinki 27-8-72

*52.50	172' 3"	K. Jouppila (Fin) 51	H	27-8
*45.32	148' 8"	K. Maksimczyk (GB) 58	Br	12-8
44.20	145' 8"	D. Aldrich (USA) 53	CJ	8-4
42.96	140' 11½"	G. Steen (Sw)	G	7-9
40.74	133' 8"	N. Heard (USA) 54	SD	2-7
40.58	133' 1½"	R. Gustavsson (Sw)	G	7-9
40.16	131' 9"	D. Winton (USA)	Ir	20-5
38.12	125' 1"	G. McMahon (USA) 56	SD	29-1
37.54	123' 2"	O. Gillett (USA)	LA	18-6
36.48	119' 8"	J. Thatcher (USA)	Ir	20-5

DISCUS Class Three (1 kg)

Class Record:—

43.84m Ken Carnine (USA) 64 Modesto 7-6-72

43.84	143' 10"	K. Carnine (USA) 64	Md	7-6
41.48	136' 1"	E. Both (USA)	LA	18-6
41.44	135' 11½"	P. Partridge (USA) 61	G	7-9
39.98	132' 9"	E. Weitz (Ger)	K	14-9
39.72	131' 11"	A. Lipka (Ger)	K	14-9
36.36	119' 4"	J. Dick (USA)	Gr	15-7
35.92	117' 10"	A. Puglizevich (USA)	LA	18-6
35.28	115' 9"	M. Blakesley (USA)	LA	18-6

JAVELIN Class One (800g)

Class Record:—

72.54m 238' 0" Jan Smiding (Sw) Gavle 17-9-72

72.54	238' 0"	J. Smiding (Sw) 40	Gav	17-9
66.96	219' 8"	S. Helminen (Fin)	H	27-8
64.68	212' 2½"	O. Kaunanen (Fin) 46	H	27-8
63.10	207' 0"	H. Noreborn (Sw) 45	Up	27-5
62.22	204' 1½"	L. Kittsteiner (Chile) 42	Sant.	8-10
59.08	193' 10"	H. Reider (Ger)	K	14-9
57.68	189' 3"	R. Heber (Arg) 45	B-A	?
54.76	179' 8"	B. Morales (USA) 54	Hon	11-3
54.34	178' 3½"	S. Adams (USA)	G.	17-12
53.90	176' 10"	J. Robledo (Sp) 49	Bil	25-7
53.22	174' 7½"	R. Müller (GB) 40	L	25-8
52.50	172' 3"	B. Norton (USA)	SD	2-7
51.80	169' 11½"	P. Leane (Aus) 42	Sy	26-3

51.79	169' 11"	S. Seymore (USA) 51	SD	2-7
50.98	167' 3"	R. Bergenbeck (USA)	NC	1-4
50.19	164' 8"	P. Mulkey (USA)	Ka	?
49.48	162' 4"	V. Ojaranta (Fin) 50+	H	27-8
49.17	161' 4"	T. Wassam (USA)	SD	2-7
47.80	156' 10"	W. Smith (USA)	LA	17-6
47.38	155' 5½"	J. Bowles (Aus) 40	K	14-9
46.95	154' 0¾"	Il. Wallace (USA)	L	25-8
46.50	152' 6¾"	L. Olson (USA)	L	25-8
45.66	149' 9¾"	J. Siefert (USA) 50+	K	14-9

JAVELIN Class Two (800g)

Class Record:—

55.90m 183' 5" Jan Stenzenieks 50 Chile 1963

54.76	179' 8"	B. Morales (USA) 54	Hon	11-3
51.79	169' 11"	S. Seymore (USA) 51	SD	2-7
49.48	162' 4"	V. Ojaranta (Fin)	H	27-8
45.66	149' 9½"	J. Siefert (USA)	K	14-9
44.78	146' 11"	D. Aldrich (USA)	SD	2-7
44.53	146' 1"	C. McMahon (USA) 56	Hon	11-3
43.28	142' 0"	H. DeGroot (USA)	LA	17-6
40.90	134' 2½"	J. Kilbuck (USA)	L	25-8
40.56	133' 1"	P. Fetter (USA)	SD	2-7
40.34	132' 4"	H. Schneider (Ger)	K	14-9

JAVELIN Class Three (600g)

Class Record:—

40.87m 134' 2" Ken Carnine (USA) 64 Gresham 15-7-72

40.87	134' 2"	K. Carnine (USA) 64	Gr	15-7
38.30	125' 8"	D. Partridge (USA) 61	H	27-8
38.05	124' 10"	E. Curtis (USA) 65	LA	17-6
37.34	122' 6"	J. Dick (USA)	Gr	15-7

HIGH JUMP Class One

Class Record:—

2.05m 6' 8½" Egon Nilsson (SWE) 40 Ljungby 25-9-66

1.83	6' 0"	P. Mulkey (USA) 40	Aja	12-8
1.80	5' 11"	E. Austin (USA) 43	Cal	4-3
1.78	5' 10"	R. Chadwick (USA)	Wa	28-5
1.72	5' 8"	B. Morcom (USA) 51	Pri	22-7
1.70	5' 7"	R. Ruth (Can) 44	H	27-8
1.68	5' 6"	O. Gillett (USA) 53	VN	26-2
1.68	5' 6"	P. Leane (Aus) 42	Sy	26-3
1.68	5' 6"	H. Simpson (USA)	SD	2-7
1.65	5' 5"	E. Ikenell (Fin)	H	27-8
1.65	5' 5"	B. Blomqvist (Sw)	G	7-9
1.62	5' 4"	G. Bartlett (Aus) 47	Sy	25-3
1.60	5' 3"	J. Greenwood (USA) 46	H	27-8
1.57	5' 2"	R. French (USA)	VN	26-2
1.57	5' 2"	L. Schaefer (Aus) 42	Sy	25-3
1.57	5' 2"	B. Ogle (USA) 50+	Wal	30-4
1.57	5' 2"	B. Gist 50+ (USA)	LA	17-6
1.57	5' 2"	W. Smith (USA)	LA	17-6
1.57	5' 2"	D. Love (USA)	Gr	15-7

HIGH JUMP Class Two

Class Record:—

1.72m 5' 8" B. Morcom (USA) 51 N.York 22-7-72

1.72	5' 8"	B. Morcom (USA) 51	NY	22-7
1.68	5' 6"	O. Gillett (USA) 53	VN	26-2
1.57	5' 2"	B. Ogle (USA)	Wal	30-4
1.57	5' 2"	B. Gist (USA)	LA	17-6
1.50	4' 11"	R. Gustavsson (Sw)	G	2-9
1.47	4' 10"	B. Morales (USA) 55	Cal	8-4
1.47	4' 10"	R. Winton (USA)	Ir	20-5
1.46	4' 9½"	S. Thompson (USA) 62	Hon	8-7
1.42	4' 8"	G. Bracciani (USA) 57	NY	22-7
1.42	4' 8"	E. Lowell (USA) 56	Il	27-8

HIGH JUMP Class Three

Class Record:—

1.46m 4' 9½" Stam Tompson (USA) 62 Hawaii 26-10-72

1.46	4' 9½"	S. Thompson (USA) 62	Haw	26-10
1.42	4' 7¾"	B. Deacon (USA) 61	Hon	11-3
1.40	4' 7"	V. McIntyre (USA)	SD	2-7
1.37	4' 6"	J. Dick (USA)	Gr	15-7
1.32	4' 4"	B. Bigelow (USA)	H	27-8
1.30	4' 3"	W. McFadden (USA) 66	Hon	10-3

POLE VAULT Class One

Class Record:—

4.60m 15' 1¼" Roger Ruth (Can) 44 Goteburg 7-9-72

4.60	15' 1¼"	R. Ruth (Can) 44	G	7-9
4.46	14' 7½"	K. Ilioh (USA) 41	SJ	17-7
4.16	13' 7¾"	B. Morcom (USA) 51	L	25-8
3.66	12' 0"	P. Mulkey (USA)	LA	18-6
3.60	11' 9¾"	H. Schmidt (Ger) 63	K	14-9
3.50	11' 6"	O' Gillett (USA) 50+	SD	1-7
3.50	11' 6"	R. French (USA)	LA	18-6
3.40	11' 2"	S. Tarkkonen (Fin)	H	27-8
3.35	11' 0"	J. McGrath (Aus) 41	Sy	26-3
3.35	11' 0"	R. Petitjean (GB) 43	Bir	12-8
3.35	11' 0"	R. Friberg (USA)	LA	18-6
3.20	10' 6"	B. Bell (USA) 50+	LA	18-6
3.20	10' 6"	D. Brown (USA) 50+	L	25-8
3.20	10' 6"	H. Wallace (USA)	SD	1-7

POLE VAULT Class Two

Class Record:—

4.15m 13' 7¾" Bob Morcom (USA) 51 London 25-8-72

4.15	13' 7¾"	B. Morcom (USA) 51	L	25-8
3.38	11' 6"	O. Gillett (USA) 53	SD	1-7
3.20	10' 6"	B. Bell (USA)	LA	18-6
3.20	10' 6"	D. Brown (USA)	L	25-8
3.10	10' 2"	B. Deacon (USA) 61	Cal	17-12
3.00	9' 10"	N. Dear (GB)	Pet	1-7
2.75	9' 0"	G. Bracelend (USA)	L	25-8

POLE VAULT Class Three

Class Record:—

3.88m 12' 9" Herbert Schmidt (Ger) 60 Duisberg 14-10-71

3.60	11' 9¾"	H. Schmidt (Ger) 62	K	14-9
3.10	10' 2"	B. Deacon (USA) 61	Cal	17-12
2.77	9' 1"	S. Thompson (USA) 62	Haw	16-11
2.74	9' 0"	B. MacConaghy (USA)	LA	18-6

TRIPLE JUMP Class One

Class Record:—

14.41m 47' 3¼" Herman Strause (Ger) 40 16-5-71

13.97	45' 10¾"	D. Jackson (USA) 40	Wd	28-7
12.94	42' 5½"	V. Bartl (Sw)	G	2-9
12.86	42' 13¾"	K. Wilmschurst (GB) 40	L	24-8
12.61	41' 4¾"	L. Schaefer (Aus)	Sy	26-3
12.36	40' 6¾"	R. Ruth (Can) 44	G	2-9
12.04	39' 6"	G. Farrell (USA) 54	Wd	26-7
11.95	39' 2½"	P. Mulkey (USA)	LA	18-6
11.95	39' 2½"	Y. Larsson (Sw)	G	2-9
11.89	39' 0½"	A. Fleming (GB)	L	24-8
11.83	38' 9¾"	B. Morcom (USA) 51	G	2-9
11.80	38' 8"	P. Schlegel (USA)	SD	1-7
11.61	38' 1"	D. Donnelly (USA)	L	24-8
11.12	36' 5½"	L. Cotton (Aus) 46	L	24-8
11.07	36' 4"	W. Kleinsasser (USA)	Ir	20-5
11.07	36' 4"	B. Fries (USA)	SD	1-7

TRIPLE JUMP Class Two

Class Record:—

12.04m 39' 6" G. Farrell (USA) 54 Woodlands 26-7-72

12.04	39' 6"	G. Farrell (USA) 54	Wd	26-7
11.83	38' 9¾"	R. Morcom (USA) 51	G	2-9
10.98	36' 0¾"	J' Sharp (USA)	SD	1-7
10.65	34' 11¼"	B. Holmqvist (Sw)	G	2-9
10.12	33' 2½"	S. Thompson (USA) 62	Ka	29-8

TRIPLE JUMP Class Three

Class Record:—

10.12m 33' 2½" Stan Thompson (USA) 62 Haw 29-9-72

10.12	33' 2½"	S. Thompson (USA) 62	Haw	29-9
9.63	31' 7¾"	M. Anders (USA) 61	SD	1-7
9.56	31' 4½"	B. Deacon (USA) 61	Hon	27-5
9.37	30' 9"	W. McFadden (USA) 66	LA	18-6

LONG JUMP Class One

Class Record:—

7.13m 23' 4¼" Dave Jackson (USA) 40 Irvine 11-6-72

7.13	23' 4¼"	D. Jackson (USA) 40	Ir	11-6
6.69	21' 11½"	S. Davison (USA) 42	Cal	4-3
6.55	21' 6"	W. Reinhardt (Ger)	K	13-9
6.35	20' 10"	P. Schlegel (USA)	Ir	20-5
6.35	20' 10"	H. Oberbeck (Ger)	K	13-9
6.33	20' 9"	P. Mulkey (USA)	Bm	12-8
6.32	20' 9"	R. Ruth (Can) 44	Vi	8-10
6.25	20' 6"	S. Herman (Ger)	K	13-9
6.23	20' 5¼"	B. Morcom (USA) 51	LA	17-6
6.18	20' 3¼"	B. Norton (USA)	Ir	20-5
5.99	19' 8"	K. Wilmschurst (GB) 40	I.	25-8
5.99	19' 8"	K. Brunner (Ger)	K	13-9
5.79	19' 0"	J. McGrath (Aus) 41	Sy	26-3
5.78	18' 11¾"	P. Leane (Aus) 42	Sy	26-3
5.76	18' 10¾"	A. Johnson (Sw) 47	Fal	23-9
5.76	18' 10¾"	D. Love (USA)	Gr	15-7
5.75	18' 10¼"	J. McNulty (USA)	NY	1-7
5.74	18' 10"	G. Farrell (USA) 54	Lr	13-5
5.65	18' 6½"	H. Birkenbeck (Ger)	K	13-9
5.63	18' 5¾"	L. Schaefer (Aus) 41	Sy	26-3

LONG JUMP Class Two

Class Record:—

6.23m 20' 5¼" Bob Morcom (USA) 51 Los-A 17-6-72

6.

1972 MARATHON RANKINGS

MARATHON Class One

Class Record:— Malmö Wolde (Ethiopia) 40 2:15:08

1	Malmö Wolde (Ethiopia) 40	2:15:08
2	Jack Foster (New Zealand) 40	2:16:56
3	Arthur Walsham (Great Britain) 41	2:24:59
4	Herman Müller (Germany) 40	2:25:07
5	Wilfried Irwin (Germany) 40	2:28:10
6	Etienne De Meyer (Belgium) 43	2:28:24
7	Norman Duff (Australia) 41	2:29:58
8	Wolfram Koschorik (Germany) 40	2:32:09
9	Bill Allen (Canada) 40	2:32:30
10	Roger Monsour (Belgium) 40	2:32:50
11	Ken Hodkinson (Great Britain) 40	2:34:04
12	Agne Kimby (Sweden) 43	2:34:20
13	Martin Hynes (Ireland) 42	2:34:54
14	William Russell (Great Britain) 42	2:34:56
15	Ron Franklin (Great Britain) 44	2:35:12
16	Carry Jansson (Sweden) 41	2:35:22
17	Bo Nordqvist (Sweden) 44	2:35:29
18	Hans Hindirks (Germany) 45	2:35:35
19	Sam Hardicker (Great Britain) 44	2:35:38
20	Karl Brundt (Germany) 44	2:35:48

MARATHON Class Two

Class Record:— Erik Ostbye (Sweden) 51 2:25:19

1	Erik Ostbye (Sweden) 51	2:25:19
2	Thor Nordin (Sweden) 50	2:39:30

U.S. Masters — Continued from page 25.

A.A.U. Marathon Team competition saw the Seniors Track Club edge the San Diego Track Club 10 to 11 (2, 3, & 5 places to San Diego's 1, 4, & 6). The two larger British contingents had their own duel as the Orion Harriers nicked the Northern Vets 31 to

1973 A.A.U. MASTERS' MARATHON CHAMPIONSHIPS

01	Gookin, W (40) SDTC	2:32:37
02	Allen, W (41) CAN	2:33:07
03	Goldberg, S (40) ITC	2:38:25
04	Miller, H (46) STC	2:42:55
05	Buckingham, T (54) GBR	2:46:33-2
06	Ratelle, A (48) ICTC	2:47:15
07	Jones, D (47) STC	2:47:32
08	Parker, D (42) STC	2:47:59
09	Coffey, R (41) TM	2:48:42
10	Cattell, B (40) STC	2:49:53
11	Freeman, B (47) UNAT	2:50:30
12	Wake, E (43) SDTC	2:50:36
13	Carman, R (42)	2:53:46
14	Sullivan, J (41) CSU	2:55:36
15	Andrews, T (41) GBR	2:56:53
16	Zook, W (56) SDTC	2:57:39-2
17	Hefford, E (45) GBR	2:58:34
18	Whiteside, C (45) GBR	2:59:20
19	Freedman, W (44) LVTC	3:00:41
20	Dosti, L (46) UNAT	3:02:05
21	Blois, R (46) GBR	3:02:54
22	Linam, D (41) SDTC	3:07:28
23	Durrant, L (45) GBR	3:08:36
24	Bruce, R (51) UNAT	3:08:56-2
25	Potts, B (42) BHMS	3:09:26
26	Lucero, D (44) NCSTC	3:10:19
27	Loftus, J (44) M-YMCA	3:10:43
28	Zimmerman, L (52) UNAT	3:11:03-2
29	Arbesu, R (45) SDTC	3:11:43
30	Gomez, T (45) CCAC	3:12:31

3	Tom Buckingham (Great Britain) 54	2:43:59
4	Norman Ashcroft (Great Britain) 55	2:46:05
5	Lennart Nordstrom (Sweden) 51	2:46:10
6	Tom Corbett (USA) 52	2:46:16
7	K. Thorell (Sweden) 50	2:46:24
8	Jaroslav Strupp (Czech) 56	2:47:45
9	Walter Zitterli (Switzerland)	2:47:58
10	R. Mathieson (Great Britain) 51	2:49:31

MARATHON Class Three

Class Record:— Monty Montgomery (USA) 2:53:03

1	Monty Montgomery (USA) 66	2:56:48
2	Thedde Jensen (Sweden) 65	3:02:25
3	Urban Miller (USA) 61	3:05:04
4	Sam Lee (Great Britain) 60	3:06:46
5	K. Weichert (Germany) 60	3:11:03
6	Franz Roll (Germany) 63	3:19:04
7	A. Blumcsaat (Germany) 61	3:21:02
8	Ernie Harrison (Great Britain) 63	3:22:01
9	Eric Larsson (Sweden)	3:22:49
10	Mikko Hietanen (Finland) 61	3:23:46

MARATHON Class Four

Class Record:— Friedrich Tempel (Germany) 3:15:54

1	Friedrich Tempel (Germany) 71	3:19:25
2	George Vang (Norway) 70	4:01:10
3	Bror Karlsson (Sweden) 70	4:02:02
4	Alfred Nuchel (Germany) 70	4:03:40
5	Shunjiro Nakajima (Japan) 71	4:16:23
6	Chu Takagi (Japan) 72	4:36:40
7	Rudolf Fischer (Germany) 70	4:40:31

by JACK FITZGERALD

32 and the High Sierra Track Club finished fifth with 36.

The skies remained mercifully overcast through the race although it did warm up to 70° by 11:00 with the relative humidity at 68%.

31	McCabe, F (56) D-YMCA	3:13:07	64	Tucker, A (53) GBR	3:49:29-2
32	Miller, U (62) SDTC	3:13:17-3	65	Flanigan, A (61) UNAT	3:50:49-3
33	Gil, R (48) STC	3:15:31	66	Dixner, A (49) SDTC	3:54:28
34	Lynch, E (40) HSTC	3:15:54	67	Tamanaha, N (66) HMTC	3:54:59-3
35	Reinstedt, R (47) BHMS	3:17:25	68	Kelly, J (43) SDTC	3:58:26
36	Logan, D (58) CCCD	3:18:41-2	69	Bole, J (65) STC	4:00:04-3
37	Diamond, T (44) GBR	3:18:59	70	Richardson, A (44) UNAT	4:04:10
38	Cotter, W (52) STC	3:19:20-2	71	Proffitt, S (62) GBR	4:09:35-3
39	Ashcroft, N (56) GBR	3:19:20-2	72	Stephenson, J (52) SF0C	4:16:19-2
40	Almida, E (51) SDTC	3:19:59-2	73	Fleming, R (40) SDTC	4:16:25
41	Eby, R (51) SDTC	3:21:14-2	74	Moar, M (52) SDTC	4:27:45-2
42	Lee, S (60) GBR	3:22:08-3	75	Johnson, N (74) SDTC	4:59:00-4
43	Clark, A (59) STC	3:23:04-2			
44	Phillips, H (40) NMC	3:24:31			
45	Vogelgesang, L (40) STC	3:24:43			
46	Toabe, S (49) HSTC	3:25:10			
47	Montoya, J (61) STC	3:25:21-3			
48	Roberts, L (45) STC	3:25:40			
49	Bassler, T (41) UNAT	3:26:28			
50	Teesdale, J (41) GBR	3:28:58			
51	Thomas, D (40) UNAT	3:29:05			
52	DeWitt, G (40) UNAT	3:29:07			
53	Lawton, A (49) GBR	3:31:55			
54	Groesbeck, W (43) SDTC	3:35:08			
55	Zarin, D (54) HSTC	3:35:19-2			
56	Jenkins, W (52) GBR	3:36:39-2			
57	Stack, W (65) DC	3:38:08-3			
58	Schaffler, A (49) ARR	3:39:38			
59	Hendrix, K (51) STC	3:41:14-2			
60	Jones, T (53) STC	3:41:14-2			
61	Lockway, B (43) STC	3:41:55			
62	Sevene (40) UNAT	3:45:00			
63	Garratt, G (47) SDTC	3:46:55			

VETERAN WOMEN'S MARATHON

I Kralick, L (40) UNAT 3:29:07

A.A.U. MASTERS' 20-KILOMETRE WALK

1	Kelly, J (44) BHMS	1:51:07
2	Markon, J (44) LIAG	1:55:22
3	Johnson, D (56) SAC	1:55:50-2
4	MacLachlan, J (42) UCTC	2:02:03
5	Gershuny, J (46) UNAT	2:04:28
6	Smith, A (52) UNAT	2:08:57-2
7	Spector, J (43) BHMS	2:09:25
8	O'Neil, L (65)	2:11:34-3
9	Long, R 54 BHMS	2:14:22-2
10	Skulich, L (50) NCSTC	2:14:48-2
11	Wehrly, J (57) BHMS	2:26:34-2

British Veterans were well represented at this year's U.S. Masters Track and Field Championships in San Diego on July 6th and 7th. Norman Ashcroft took a party of 40 on a three weeks tour, but others could not spare that much time. Amongst those others was AL ROCKALL who, rather than miss the 'Masters' made a short flying visit. He recounts here his memories of that trip.

Mad Dogs & British Vets

Go out in the Californian Sun

At last the great day!

A great day to be at Heathrow with my Great Britain track suit, vest and shorts packed away with loving care. Cheap at £8!

Forgotten too, the idiot-laugh from my non-running "other half" as I paraded around in national uniform. Not so cheap though the ticket to Los Angeles in my pocket. No regrets, for I am a veteran, one of the special breed, a man of substance.

For a long time however the 'substance' was the problem, but I do recommend to other heavies twelve months of gut-splitting daily grinds around the Royal Park in pursuit of the editor of this journal and other honorary members of the Regents Park A.C. Scattered around that area must be the thirty pounds of 'substance' now missing from the new me.

Feeling good in my Carnaby Street gear I step out briskly to meet the plane. The pain in my torn calf only slows me a little and the aching back only means I stoop a little. Nagging reminders of the six races that I crammed into the week before. Still I feel great!

On the plane was another vet. Class 2 to be exact. He too feels great... except that the quadriceps in his right leg are torn. Nasty for a sprinter, even worse for a sprinter called Sylvester the Cat.

We both agree thirteen hours crammed tight in a 707 seat will be the best treatment for our ills. BOAC were sympathetic too, for they broke the non-stop flight with a stop at Winnipeg so that we could stretch our legs.

Los Angeles at last. It's only a short limp from the plane to the terminal building where smiling Norman Ashcroft will surely be waiting. I can't remember when I last saw customs men search every piece of everybody's baggage. Not to worry, we know Norman will wait. Walk spritely, we decide. Let Norman see that he has two fit vets to join his merry band. Where's Norman? Who's the guy with the beard? and who's the other guy with not much hair? Bill Theriault belonged to the beard. He drove thirty miles to tell us that the

main party would be arriving the next day. Not bad considering they left the day before us! At the airport Bill picked up another 'lost' vet with not much hair, Peter Field. Bill, nowhere near a vet at 29, offered us lodging at his home in Norwalk on the South side of Los Angeles. We stayed five days with Bill. He was a member of the Seniors Track Club in Los Angeles and also the coach at the nearby Excelsior High School. This proved most useful to us for at the school we had our injuries treated in the 'whirl pool', as well as the use of the track and volleyball with the students.

The next day we drove the freeway to the campus at the University of California. Norman and the gang at last, all happily noshing in the restaurant seemingly none the worse for their prolonged trip. Later we all lazed around the pool, except the group who dragged themselves, ably led by Ron Franklin and his bursitis, off to the gym for treatment. The Masters Meet or a Geriatric Convention?

Tuesday evening already and we pull a rag-week stunt. Over thirty of us pile into two mini-buses and go to a meet at Venice High School. For most of the ride I successfully pinned the diminutive Laurie O'Hara against the side of the bus. This surely must have had something to do with his 4min 21secs. world record run at the meet.

July 4th. The day we move to San Diego and the count down to the big one. Hiding under our raincoats we board the bus, for this is the day that all nationalistic Yanks stick pins into, and throw fireworks at, the Limeys. On the coach Norm (that's American for Norman) tells us that our 4 dollars fare will take us not to San Diego but to Torrey Pines where our American hosts are planning a running, walking and eating backwards picnic treat for us.

A great time was had by all. The run was fun and the bit that the new me enjoyed most was the run through 'Fat Man's Misery'. No problem. Home made ice cream and lemonade to follow the delightful picnic fare. Soon time to move on though and dividing ourselves into small groups we were to set off in our hosts' cars to another campus at another university. Sylvester the Cat, Class 2, Keith Whitaker and myself presented ourselves to

Mr. David Pain, a top man in the Masters Movement and the Local Attorney. David decided that we were lacking in topographical and cultural knowledge of his neck of the woods, so he drove post-haste to the American's equivalent of an English 'County' Show.

The Japs were there again with a therapeutic garden pool on display. Agapanthus was there too and so were 350 species of bloody pigeons, some with feathers sprouting from their legs. This was too much for the 'Cat', not known for stamina, who promptly collapsed in the refreshment tent with me duty bound in attendance. Keith and David strode off to take a 'butchers' at the mechanical exhibits. No room at the Inn. When we finally got to the campus only twenty four beds were available for the party numbering forty-one. David saved us and kindly put us up for the night at his home and his gracious wife Helen served us delicious victuals.

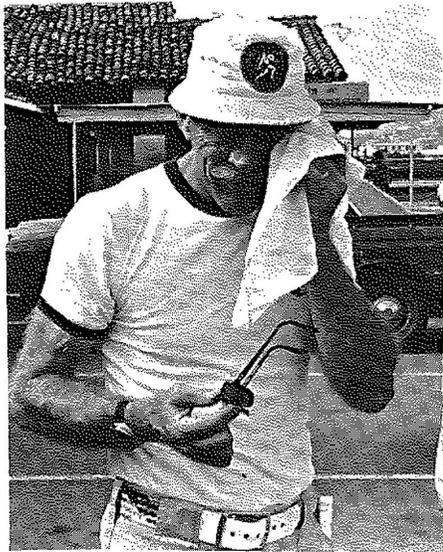


Photo: Al Rockall

DAVID PAIN
The Master wilts

The overnight stay at the Pain house did not pass without a little pain for when I entered the bathroom a Yankee wasp took exception to my foot and promptly stung me on the toe.

Later that day we three (who remembers Hippodrome?) checked in at a motel close to Balboa Stadium, the venue for the Masters. When we visited the Stadium that afternoon we found Jack Williams already there and I am sorry that we can't print here what Jack so eloquently said about the track.

The track, the first all-weather track in California, was put down as long ago as 1965 and has now

gone rock hard. Solidation, concretion, call it what you will, no spikes were going to penetrate that surface. The meeting came and went. The results of the meet will show that the British vets left an indelible mark on the meet and left with a sackful of gongs. That evening the athletes, except the marathoners, went to the traditional reception held at David Pains's house at La Jolla (pronounced La Hoiya). With Helen Pain's steak and kidney pie, tipsy cake and abundant booze, the middle-aged throng relived and re-ran their races for all to hear. The Americans, like us, take their sport seriously. I overheard three of them, looking more like bankers than athletes, earnestly discussing what lap times they would have to do next time they met Ken Hall. The most interesting man at the party for me was Tom Bowman from Florida. He decided only four weeks before to enter the Masters in the Pentathlon. Miles from any track he worked out on his farm using a 6 foot water pipe weighing 16 lbs. for a javelin. For a discus he forged a solid metal

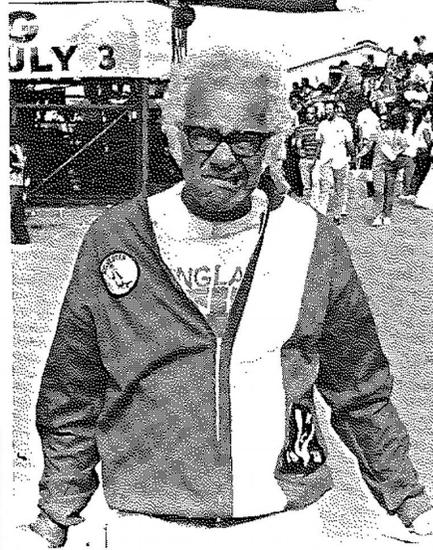


Photo: Al Rockall

. but 'The Cat' can stand
it no longer!
SYLVESTER STEIN

disc. Jumping fences and sprinting after bulls made up his training. Tom didn't win, for throwing was a little difficult with a frozen shoulder and a rigid elbow. Running was no easier with a torn calf. His creditable fifth place however has made him very determined to get back to that water pipe and the next Masters. For the record, Tom Bowman was America's second Choice to Bob Mathias at the 1948 Olympics.

Time for me to say goodbye to the group. Just a short trip to Las Vegas to spend a few days with friends. Running there was a little difficult with the temperature at 110°.

Thanks again Norman, David and Helen.
Who's for Oregon next year?

WORLD NEWS & results

Australia

Ron Clarke, Australia's agent for Adidas, has pledged \$1,000 Australian towards the National Veterans Track and Field Championships in December. He has also expressed interest in the World Championships to be held in Toronto in 1975.

The Melbourne meeting is scheduled to receive live T.V. coverage plus film clips in the evening news and a half hour replay on the week's sports summary. The Championships' longest running race will be the 5,000 metres but 3 Km and 15 Km walks have been programmed.

Ron Clarke is being asked to present the major awards and may compete in a special sub-masters event if it can be cleared with the A.A.A.

During David Pain's pre-USMITT tour visit, some newspapers announced that Pain had invited Clarke, Lincoln and Elliott to join the U.S. Masters during their tour as they had no rules regarding professionalism.

The first issue of VETERIS has been well received in Australia and Wal Sheppard is receiving a steady flow of orders.

RESULTS— Third N.S.W. Veterans Championships Saturday 31st March — Sunday 1st April 1973 Hensley Athletic Field

100 Metres Class 1 (40-49)

HEAT 1

1	P. Manning (42)	12.8
2	N. Windred (44)	13.1
3	J. Daly (43)	13.2
4	J. Sturzaker (40)	13.4
5	R. Leovic (46)	

HEAT 2

1	N. Fletcher (40)	12.6
2	J. Waller	12.6
3	J. Liascos (SA)	12.7
4	D. Brodie	12.7
5	J. Soutar	
6	W. Hunter	

FINAL

1	P. Manning	12.7
2	N. Fletcher	12.7
3	J. Waller	12.8
4	N. Windred	13.2

Class 2 (50-59)

FINAL

1	R. Payne (51)	14.7
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Class 3 (60+)

FINAL

1	G. Rowley (61)	16.3
2	L. Williams (63)	17.5

200 Metres — Finals

Class 1 (40-49)

1	J. Waller (eq. record)	24.0
2	P. Manning	24.3
3	D. Brodie	24.5
4	N. Fletcher	25.0
5	J. Sturzaker	
6	W. Hunter	

Class 3 (60+)

1	L. Williams (record)	34.5
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400 Metres — Finals

Class 1 (40-49)

1	J. Waller	53.4
2	P. Manning	53.8
3	N. Windred	54.8
4	D. Brodie	55.1

Class 2

1	R. Payne (Res. record)	66.0
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Class 3

1	L. Williams (Record)	81.0
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800 Metres — Finals

Class 1

1	P. Manning	2:18.6
2	J. Waller	2:21.2

Class 2

1	J. Pennington (Res. Record)	2:37.2
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Class 3

1	L. Williams (Record)	3:06.1
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1500 Metres — Finals

Class 1

1	F. Thornton (41) (Record)	4:18.0
2	D. Power (44)	4:21.9
3	P. Versteegen (41)	4:25.4
4	P. Piper (45)	4:40
5	R. Piper (42)	4:56
6	W. Hunter	5:06
7	F. Devlin (47)	5:08

Class 2

1	J. Pennington (Record)	4:42
2	A. Beverstock (52)	5:06
3	R. Payne	5:14
4	J. Baker (54)	5:45.5

Class 3

1	E. Hyde (61)	5:56.8
2	L. Williams	6:27
3	T. Millard (69)	6:46.6

5,000 Metres — Finals

1	D. Power	15:57
2	P. Versteegen	16:04
3	G. Kent (41)	16:06
4	P. Piper	16:32
5	T. Visalli (41)	16:46
6	K. Ollerenshaw (44)	16:55
7	R. Clyne (42)	17:59
8	F. Devlin	18:30
9	W. Hunter	18:41
10	J. Milne (40)	21:27
11	R. Cartwright (44)	21:37

Class 2

1	J. Pennington (Record)	17:01.4
2	A. Beverstock	18:34
3	V. Townsend (53)	19:13.2
4	M. Tooley (52)	19:53
5	J. Baker	20:42
6	S. Delamotte (50)	20:47
7	N. Symons (50)	22:43
8	K. Carvino (52)	24:23

Class 3

1	S. Hesketh (67)	20:30
2	B. Doyle (60)	21:15
3	E. Hyde	22:27
4	A. Southwood (61)	24:21
5	T. Millard	24:31
6	L. Williams	24:32

High Jump — Finals

1	L. Schaefer (Res. Record)	5'-3"
2	J. McGrath	4'-7 1/2"

3,000 Metres Walk — Finals

Class 1

1	L. Waddell (41)	14:31.4
2	E. Edwards (42)	15:30
3	D. Adair (48)	18:10

Class 2

1	G. Townsend	15:34
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Class 3

1	B. Jones (69)	20:54.8
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110 Metres Hurdles — Finals

Class 1		
1	L. Schaefer (42) (Record)	16.3
2	D. Brodic	18.3
3	J. McGrath(42)	21.7

Long Jump — Finals

Class 1		
1	L. Schaefer	18'-7¼"
2	J. Stuzaker	18'-1½"
3	J. Waller	17'-10¼"
4	J. McGrath	17'-8¾"

Class 3		
1	L. Williams (Record)	9'-10½"

Triple Jump — Finals

Class 1		
1	L. Schaefer (Record)	41'-9¼"
2	J. Waller	37'-7"
3	J. Soutar	34'-3"

Discus Throw — Finals

Class 1		
1	J. McGrath (Res.Record)	97'-11"
2	N. Ryan 41	95'-9"
3	J. Soutar	92'-5"
4	D. Frawley (Q)	89'-0"
5	P. Wilson	88'-6"
6	E. Edwards	79'-9"

Class 2		
1	A. Tesija (55) (Record)	88'-9¾"
2	N. Merkel (55)	88'-5½"

Shot Put — Finals

Class 1		
1	J. McGrath (Res. Record)	31'-1½"
2	P. Wilson	31'-0½"
3	D. Frawley (Q)	28'-7"
4	R. Clync	25'-5"

Class 2		
1	H. Merkel (Record)	32'-6"

Javelin Throw — Finals

Class 1		
1	D. Frawley (Q)	137'-8"
2	J. Milne	73'-7½"

Hammer Throw — Finals

Class 1		
1	T. Mullins (42) (Record)	163'-7"
2	A. Dofel (43)	116'-4½"
3	D. Frawley (Q)	103'-5"
4	P. Wilson	73'-4½"
5	J. Soutar	71'-9½"

Class 2		
1	A. Tesija (Record)	127'-1½"



Victorian Championships
Melbourne 14/15 April 1973

110 Hurdles Class 1		
1	G. Bartlett	17.2
2	J. McGrath	18.2
3	J. Sheppard	20.0

100 Metres Class 1		
1	L. Snelling	11.6
2	J. Waller	11.6
3	R. Hochreiter	11.7
4	R. Lecdham	12.0
5	P. Manning	12.0
6	R. Stephens	12.0

Class 2		
1	J. Tennant	12.4
2	A. Lampard	13.3
3	H. Logan	14.0
4	W. Riley	14.5

Class 3		
1	V. Pye	13.6
2	G. Simpson	14.8

200 Metres Finals

Class 1		
1	L. Snelling	24.0
2	J. Waller	24.0
3	P. Manning	24.6
4	R. Hochreiter	25.0
5	R. Lecdham	25.1
6	J. Costelloe	25.1

Class 2		
1	J. Tennant	26.4
2	J. Stevens	28.0
3	A. Lampard	28.1
4	W. Riley	31.7

Class 3		
1	V. Pye	28.7
2	G. Simpson	33.2

400 Metres Final

Class 1		
1	J. Waller	52.7
2	P. Manning	54.1
3	L. Snelling	54.1
4	R. Stephens	55.3
5	R. McRae	56.8
6	J. Sheppard	60.6

Class 2		
1	A. Lampard	63.5
2	J. Stephens	64.0
3	W. Riley	67.9

Class 1		
1	V. Pye	77.4

800 Metres Finals

Class 1		
1	K. Lodge	2:05.3
2	R. Stephens	2:07.5
3	L. Hooper	2:08
4	R. McRae	2:09
5	T. Orr	2:09
6	M. O'Neill	2:09
7	R. Young	2:10
8	D. Elliott	2:11
9	D. Paul	2:13

Class 2		
1	W. Sheppard	2:05.3
2	J. Johnston	2:31
3	N. LeRossignol	2:36.5

Javelin Class 1		
1	R. Hochreiter	127'-0"
2	G. Bartlett	118'-8"
3	J. Davy	95'-9"

1500 Metres Class 1		
1	G. Warren	4:15.6
2	T. Orr	4:25.0
3	K. Lodge	4:31.2
4	P. Piper	4:37.0
5	D. Paul	4:38.5
6	L. Hill	4:44.0
7	I. Carter	5:12.0
8	A. Gottschalk	5:17.0

Class 2		
1	W. Sheppard	4:26.3
2	J. Pennington	4:38.1
3	N. LeRossignol	4:54.8
4	W. Riley	5:00.5
5	A. Smith	5:56.0
6	H. Logan	6:02.0

Class 3		
1	W. Tovey	5:12.5
2	L. Williams	6:12.8
3	A. Southwood	6:22.0
4	G. Simpson	6:44.4

Steeplechase

1	T. Nailer 35-39	10:07.8
2	T. Kelly 40-49	10:21
3	R. Young 40-49	10:32
4	T. Orr 40-49	10:51
5	K. Routley 40-49	11:35
6	E. Gamble 50-59	13:18
7	P. Roche 40-49	13:40.3

5,000 Metres Class 1

1	G. Warren	15:32.1
2	N. Duff	15:38
3	T. Kelly	16:12
4	T. Orr	16:24
5	P. Piper	16:33
6	D. Elliott	17:00
7	R. Young	17:06
8	K. Lodge	17:25
9	B. Lanyon	17:35
10	L. Hill	17:39
11	K. Routley	17:44
12	C. Collister	17:51
13	B. Croker	18:06
14	M. Skinner	18:31
15	M. O'Neill	18:33
16	I. Carter	18:39
17	N. Anderson	18:41
18	T. Davison	18:43
19	A. Gottschalk	19:20
20	J. Conway	19:24
21	T. Robins	19:33
22	A. Jones	19:35
23	G. Sarfaty	20:07
24	R. Cartwright	21:16

Class 2		
1	J. Pennington	16:58.5
2	T. Breen	18:58
3	J. Johnston	19:25
4	V. Townsend	19:28.5
5	M. Tooley	19:51
6	N. LeRossignol	20:30
7	A. Smith	22:23.2

Class 3		
1	A. Tovey	19:05
2	S. Hesketh	20:23
3	R. Horsley	20:43
4	R. Barlow	21:17
5	A. Southwood	21:51
6	L. Williams	23:06
7	G. Simpson	25:53

High Jump Class 1

1.	G. Bartlett	5'-4"
2	R. Hochreiter	5'-0"

Class 2

1	H. Logan	4'-6"
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Shot Put Class 1

1	R. Hochreiter	33'-10"
2	J. McGrath	33'-4"
3	G. Bartlett	29'-4½"

Class 3

1	R. Horsley	35'-2¼"
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Triple Jump Class 2

1	R. Hochreiter	37'-3"
2	G. Bartlett	37'-0"
3	D. Elliott	36'-11½"
4	J. Waller	36'-4"

Class 2

1	H. Logan	35'-9"
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1500 Metre Walk Class 1

1	H. Larchin	7:18.8
2	M. Porter	7:26
3	W. Ford	7:32

Class 2

1	L. Perry	7:38
2	R. Field	8:03
3	N. LeRossignol	8:31
4	J. McCouchie	8:38

Class 3

1	D. Horsley	7:25
2	C. Barling	7:36
3	T. Daintry	7:42

Class 4

1	A. Theobald	8:56
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3,000 Walk Class 1

1	W. Ford	15:52
2	M. Porter	16:12
3	N. Anderson	16:25
4	A. Jones	21:12.2

Class 2

1	V. Townsend	15:37
2	L. Perry	15:42
3	N. LeRossignol	18:20
4	J. McConchie	20:00

Class 3

1	R. Horsley	15:47
2	C. Barling	16:02
3	T. Daintry	18:18

Class 4

1	A. Theobald	18:59
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Canada

Some Results

May 5th Decew Campus, St. Catharines Ont. approximately 7 miles

1	Bill Allen	35:37
2	Art Taylor	35:47
3	Bob Bowman	
12 other runners		

Discus Class 1

1	R. Hochreiter	102'-3"
2	J. McGrath	97'-2"
3	G. Bartlett	88'-2"
4	J. Davy	76'-5"

Class 2

1	E. Horsley	95'-6"
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Relay 4 x 100 Metres

1	N.S.W.	48.6
2	VIC.	49.5
3	S.A.	52.0

Medley Relay

1	VICTORIA	3:55
2	N.S.W.	3:58.2
3	VICTORIA	4:01.7

Coburg, Victoria 12.5.73

5,000 Metres Cross Country

Class 1		
1	T. Kelly	18:19
2	L. Hooper	19:33
3	K. Routley	19:56
4	R. Croker	20:36
5	T. Robbins	21:03
6	I. Carter	21:08
7	A. Lynch	21:36
8	M. Skinner	21:38
9	G. Sarfaty	22:47
10	D. McNair	22:56
11	L. Jones	23:24
12	G. Brain	23:43
13	J. Farrell	25:46
14	H. Stevens	26:27
15	R. Barrett	26:52
16	J. Sheppard	27:44
17	T. McConnell	31:41

Class 2

1	J. Johnson	22:31
2	P. Colthup	22:34
3	N. LeRossignol	23:13
4	J. Stevens	23:24
5	J. Tennant	23:50
6	W. Tatt	24:02
7	W. Bishop	24:11
8	J. Tutton	24:55
9	H. Ward	25:53
10	K. McPhail	36:34

Class 3

1	W. Burke	24:35
2	A. Phillips	35:25

Bundoora, Victoria 26.5.73

8,000 Metres Cross Country		
Class 1		
1	R. Blackney	29:24
2	D. Elliott	30:44
3	L. Hooper	32:26

4	C. Dollister	33:21
5	I. Carter	34:33
6	H. Ward	40:39

Class 2

1	W. Sheppard	34:17
2	A. DeVille	36:11
3	P. Colthup	36:25
4	N. LeRossignol	37:21
5	W. Bishop	38:57
6	H. Ward	40:39

Class 3

1	W. Burke	41:51
2	G. Simpson	53:24

National 10 Km Cross-country,
Undulating, grass, 9th June 1973 Sydney.

(John Gilmore injured, and anyway Perth is 3,000 miles from Sydney. Sydney is 1,000 from Adelaide and 600 from Melbourne, therefore except for Wally Sheppard, entries came only from Sydney area.)

Class 1

1	Dr. S. Chorlton (Record)	32:58
2	P. Piper	35:47
3	A. Visalli	36:27
4	K. Ollerenshaw	37:03
5	R. Hall	38:00
6	F. Devlin	38:25
7	E. Etherton	38:44
8	N. Windred	39:49
9	L. Sobey	40:28
10	D. Brodie	40:45

Class 2

1	J. Pennington (Record)	36:32
2	W. Sheppard	37:20
3	A. Beverstock	39:58

</

6	Len Smolders(C12)	1:43:31 (32)
7	Ralph Lang	1:43:48 (33)
8	Pat Reeves	1:46:52 (34)
9	Doug Laister	1:48:22 (35)
10	Elwyn Davies	1:49:33 (37)
11	Bob Madeley	1:49:37 (38)
12	Don Farquharson	1:54:06 (41)
13	John Clark	1:54:23 (42)

May 6th The Annual Berkshire, (Mass) 10 mile road race which was not attended by any Canadians turned out a fine race and might be worth a future visit. Class 1 (40-49) boasted 68 entries and was won by W. Renaud 54:35.06, 8 others went below 60 mins, 36 between 60 and 70 mins. Whilst the slower men ranged up to 89:44. Class 2 (50-59) went from M. Smith at 61:29 up to 90:28 with 39 runners and Class 3 (60-69) was won by J. Wall in 65:03 ahead of 17 runners up to 91:02. Class 4 (70-79) 2 runners, C. Willberg (76) 90:23 and M. Cavanaugh (75) 90:28.

May 12th Running in an over 35s race in London Ontario, Bill Allen set a new Canadian (and North American) record at 8:55.5.

May 12th Congratulations to George Gruppe who now sports a beautiful watch faced by a Martin Luther medal. George

won the Masters invitational 440 yds setting a new Canadian record 53.5 secs at the Martin Luther King Games.

**CANADIAN MASTERS & JOGGERS
6 MILE CHAMPIONSHIPS (ROAD)
Comox, B.C. 19th May 1973**

Masters Results

Class 1

1	Vic Stephens	34:52
2	David Hambleton	36:42
3	Bob Anderson	40:29
4	Martyn Reid	43:02
5	Bent Harder	44:50
6	A. Bell Chambers	53:36

Class 2

1	Adrian Vali	37:06
2	Alex Stuart	37:26
3	Dick Merrick	48:56

Class 3

1	Andy Green	43:10
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May 12th The terrors from Kitchener-Waterloo went on the rampage even though without Arthur Taylor. This time it was at Plattsburgh, New York - The Champlain Valley Marathon.

Bob Lazenby 4th overall 1st Master - 2:39:30 - broke his own record by 8 mins and now ranks 4th Canadian Master. Doug Wolfe 12th overall 3rd Master - 2:48:30 (P.B. by 2 mins)

Jack Reid 35th overall 3:15:50
Bud Steinberg 51st overall 3:26:00 (1st time under 3 1/2 hours)

May 21st Cambridge Ont. (Previously-Galt). "Around the Bridges" 6.1 miles Bob Lazenby showed a clean pair of heels to everyone breaking Arthur Taylor's record of last year into the bargain. Everyone enjoyed this race greatly and thoroughly appreciated the special announcement of the news from the Isle of Man which was put over the loud-speaker.

1	Bob Lazenby	34:09
2	Cliff Hall	35:40
3	John Reeves	35:42
4	Andrew Ivan	36:09
5	Mike Harrington	36:40
6	Earl Crangle	39:03
7	Ralph Lang	39:27
8	Len Smolders (1st Cl. 2)	39:57
9	Max Bacon	40:50
10	Ron Belton	41:31
11	Don Stiles (2nd Cl. 2)	41:37
12	Elwyn Davies	42:10
13	Keith Buchanan	43:58
14	Maurice French	44:50
15	Roy Barrand (1st Cl. 3)	48:40
16	Doug Bennett	50:15
17	John Young	51:27



continued from page 11.

competitive abilities, and those formerly barred by the amateur ranks would surely have served a long enough "sentence" by the time they reach veteran status. The new found spirit amongst the over-40's is to encourage anyone over that age to take part. To ban any vet from competition is anathema to most mature athletes. And has anyone thought of the publicity advantages which would accrue to our movement by the eventual participation of Ron Clarke, Peter Snell, Herb Elliott, Bruce Tulloh, Arthur Rowe and Gordon Pirie? I admire the U.S. Masters who have already taken a firm stand on this issue, allowing no barriers to over-40's. I feel sure that

the I.A.A.F. will raise no objection to the universal adoption of this principle.

Mention of Gordon Pirie reminds me that he is captain of the New Zealand orienteering team which visited Australia recently. Jack Pennington tells me that after winning a friendly match in Canberra by 9 minutes that Pirie was favourite for the international in Sydney. But Gordon got lost in the dense Aussie bush and failed to score. Undeterred by his experience he hopes to re-visit Australia with the U.S. Masters team in December. Now aged 42, we have the prospect of seeing Pirie returning to Olympic Park Melbourne where he succumbed to Kuts in 1956.

Coroebus

I.O.M. Results, continued from page 18.

58	K. Schneider	GER	2:21:10	10	R. Fischer	GER	2:28:30
59	A. Steenbeck	HOL	2:22:05	11	R. Schreiber	GER	2:28:35
60	B. Brautigam	GER	2:22:52	12	W. Stille	GER	2:42:59
61	J. Popowski	GER	2:25:10	13	S. Yoshikawa	JPN	2:48:05
62	P. Gebel	GER	2:25:19	14	A. Lambert	GER	2:52:19
63	G. Wilson	AUS	2:26:17				
64	H. Shima	JPN	2:27:24				
65	J. Jensen	DEN	2:30:30				
66	K. Frydecky	AUS	2:49:40				
67	J. Strobl	AUS	2:50:15				
68	K. Takeuchi	JPN	3:16:45				

International Team Result 3 1/2 count inclusive all age groups			
1	England	2,45	12 points
2	Belgium	10,11,12.	33 "
3	Germany	3,5,37.	45 "
4	Canada	9,16,26.	51 "
5	Scotland	1,19,32.	52 "
6	Ireland	13,18,25.	56 "
7	Finland	7,15,42.	64 "
8	Sweden	20,22,24.	66 "

New Zealand

Best wishes for a quick recovery go out to Clem Green, following his recent spell in hospital. Clem's hospitalization means that news is rather limited this issue but we are grateful to John Drew for the following items.

Recent visitors to New Zealand were Wal Sheppard (Australia) and David Pain (USA). Wal was here with a Melbourne travel agent to complete Games ticketing arrangements and accommodation bookings for some 200 Australian visitors who will make up the Australian athletes party for the veteran international meeting to be held in Christchurch on January 21, 22 and 23 just prior to the Commonwealth Games. A strong committee, including the Chief Superintendent of Police who is a road runner and hammer thrower at 56, has been formed to run the veterans meeting. ALL VETERANS PROPOSING TO COMPETE IN THIS PRE-COMMONWEALTH GAMES MEETING ARE

REQUESTED TO SEND THEIR ENTRIES NOW TO CLEM GREEN, 46 HARGREAVES ST., WELLINGTON, 2.

Travel and booking arrangements should be made through agents for Air New Zealand.

David Pain's visit was in connection with U.S. Masters Tour of 13th December to 1st January. He luncheoned with Arthur Lydiard who promised to host the USMITT when they visit Auckland, and also met Keith Williams and Gavin Downey (President of the Auckland Joggers and also a Member of Parliament). Peter Snell showed interest in the US tour and indicated that Rothmans would help sponsor the 15 kilos event to be held in Cornwall Park on Thursday, 27th December.

Pain's pre-tour visit also took him to Wellington, where he was greeted by Clem Green, and to Christchurch where he was received by John Drew.

This month sees the National Veterans Cross Country Championships in christchurch. Results next issue.

United States

The 1973 U.S. Masters Meet was held at San Diego on July 6 and 7 and was a great success under the Directorship of Ken Bernard. Dave Pratt and Laurie O'Hara were the stars of the championships which produced 7 new world marks. A contingent of 40 British Veterans took part. Reports and results are covered elsewhere in this edition.

The Masters Sports Association of 11, Park Place, New York, N.Y.10007, is an organization which was formed in November 1971 to promote masters competition. Its activities are centred around New York City and it has affiliations with groups in Philadelphia, Washington D.C. and along the East Coast.

Robert G. Fine is President of the Association and he would be pleased if visitors to his area looked him up (tel: 212-227-8582), as competition is available almost every week of the year. You will see from the following M.S.A. results that Bob Fine is no mean competitor himself!

1973 Masters Sports Association Development Meet Results 25th April '73		800 yards	3 mile run
1	James Moran	2:11.1	1 Robert Fine 17:37
2	Don Spitzer	2:12.1	2 Arthur Kjak 18:02
3	Ted Foy	2:14.3	3 Thomas Falbert 18:39
4	Robert Fine	2:27	4 James Nolan 18:59
5	Richard Lacey(60)	3:02.4	5 Henry Price (50+) 19:39
			6 Fred Burke (50+) 20:02
100 yards		Long Jump	
1	Robert Thomas 10.5	1 Harold Colon 15'-8"	
2	Mel Parker 11.0	2 Ray Szymanski 11'-0 3/4"	
3	Thomas Brooks 11.1		
4	Thomas Falbert 11.4		
5	Harold Colon 11.5		

Continued overleaf

2nd May '73		
220 yards		
1	Mel Parker (48)	23.8
(World age record)		
2	Tom Brooks	24.0
3	Don Spitzer	25.2
4	Tom Talbert	?
5	Zayas	30.4
6	R. Lacey	30.5

Mile run		
1	James Moran	5:04.9
2	Ted Foy	5:05
3	Deutsch	5:12.1
4	Ted Grenda	6:01.4

4 mile run		
1	Robert Fine	23:25.8
2	Art Kijak	26:25
3	Alan Druckman	26:49

Shot Put		
1	Sorlingas	31'-1½"
2	Brooks	28'
3	Szymanski	25'7"

9th May '73			
Predict Your Time 2 mile			
	actual	pred.	
1	Fine	12:59.1	13:00
2	Kernan	12:07.8	12:10
3	Perry	10:25.7	10:20
4	Coyle	10:14.6	10:08
5	Schwartz	13:52.3	14:00
6	Boyajian	11:22.8	10:43
7	Guenther	12:56.2	11:40

30th May '73		
100 yards		
1	M. Parker	10.6
2	T. Brooks	10.6

880 yards		
1	Don Spitzer (40+)	2:16.4
2	Robert Fine (40+)	2:16.7
3	A. Schwartz (50+)	2:50
4	F. Burke (50+)	3:12

3 mile run		
1	T. Talbert	18:58
2	A. Druckman	20:03
3	M. Lentzer	22:04
4	H. Price (50+)	19:03
5	F. Burke (50+)	21:19

Hammer Throw		
1	Awin Phillips	121'-2"
2	Ray Szymanski (50+)	106'-1"
3	W. Sorlingas (50+)	86'-3"
4	P. Partridge (62)	83'-5"
(World age record)		

Shot Put (16lbs)		
1	T. Brooks	28'-4½"
2	W. Sorlingas (50+)	30'-8"
3	R. Szymanski (50+)	26'-0"
4	Phil Partridge (62)	31'-3½"
(World age record)		

RANKING LISTS (pages 26-30)

Note: Corrections to these lists and those in our last issue, will be summarised in the December edition.

Discus Throw		
1	W. Sorlingas UNAT	102'-10"
2	R. Szymanski UNAT.	96'-10"

Hammer Throw		
1	R. Szymanski UNAT.	105'-2"
2	W. Sorlingas UNAT.	79'-7"

Javelin Throw		
1	R. Szymanski UNAT.	90'-7"
2	W. Sorlingas UNAT.	86'-6"

Met. Masters 60+		
1	William Steiner MILLR	7:07

Three mile run		
1	William Steiner MILLR	22:26

Long Jump		
1	Phil Partridge NYPC	11'-0¼"

Shot Put		
1	Phil Partridge NYPC	31'-0¼"
(29 Mar. 1911 World age record)		

Discus Throw		
1	Phil Partridge NYPC	113'-6"
(29 Mar. 1911 World age record)		

Hammer Throw		
1	Phil Partridge NYPC	74'-3"
(29 Mar. 1911 World age record)		

Team Score		
1	New York Pioneer Club	63
2	New York Athletic Club	21
3	United-Bohara	9
4	Long Island Athletic Club	7
5	Bruce Track Club	4

Metropolitan Masters A.A.U. Championships - June 16, 1973 - Randall's Island		
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Met. Masters 40-49		
100 yd dash		
1	Robert Thomas NYPC	9.9
(16th April '33 World age record)		
2	Milford Parker NYPC	10.1
(5th March '25 World age record)		
3	Harold Colen NYPC	12.4

220 yd. dash		
1	Robert Thomas NYPC	22.7
2	Milford Parker NYPC	24.1
(beats listed world record but M. Parker has a 23.8 pending)		
3	Donald Spitzer NYPC	24.4
4	Stafford Thompson NYPC	25.1
5	M. Lantner BTC	27.4

440 yd. run		
1	Donald Spitzer NYPC	56.7
2	Rudy Clarence NYPC	57.1
3	S. Thompson NYPC	57.3

880 yd. run		
1	Donald Spitzer NYPC	2:23.2
2	Maurice Lentzer BTC	2:29.7

Mile run		
1	Robert Fine NYPC	5:17.8
2	Arthur Kijak LIAC	5:36
3	Joseph Keran NYPC	5:45

3 mile run		
1	Robert Fine NYPC	17:23.5
2	Arthur Kijak LIAC	17:50
3	Nat. Cirulnick UNITED	18:50

6 mile run		
1	Joseph Burns UNITED	34:31.2
2	N. Cirulnick UNITED	38:08.5
3	Rod McNichol MILLRose	39:14
4	George Haller UNAT.	39:56
5	Jack Wallace UNAT.	41:44

Long Jump		
1	Harold Colen NYPC	15'-5"
2	James Ryan NYPC	16'-5½"
3	Mem Psem MUAC	14'-10¼"

Shot Put		
1	Len Olsen NYAC	41'-4½"
2	Thomas Brooks NYPC	28'-7¼"

Discus Throw		
1	Len Olsen NYAC	117'-4"
2	Awin Phillips NUAT.	96'-10"

Hammer Throw		
1	Awin Phillips NUAT.	127'-10"
2	Len Olsen NYAC	117'-6"

Javelin Throw		
1	Len Olsen NYAC	144'-3"
2	Maurice Lentzer BRUCE	85'-5"

Met. Masters 50-59		
100 yd. dash		
1	Abe Schwartz UNAT.	14.6

220 yd. dash		
1	Kenneth Jack NYPC	27.4
2	Abe Schwartz UNAT.	27.7

440 yd. dash		
1	Kenneth Jack NYPC	

880 yd run		
1	Gerald Reuter UNAT.	2:32

3 mile run		
1	Abe Schwartz UNAT.	24:27

6 mile run		
1	Henry Price UNAT.	42:21.1
2	George Spitz UNAT.	47.44
3	Abe Schwartz UNAT	48:08

High Jump		
1	R. Szymanski UNAT.	4'-0"

Long Jump		
1	R. Szymanski UNAT	12'-5½"
2	W. Sorlingas UNAT.	12'-4"

Shot Put		
1	W. Sorlingas UNAT.	29'-6¼"
2	R. Szymanski UNAT.	25'-4¼"

U.K. RESULTS

May 1st
Stretford T & F League

200m	K. Whitaker (ASV)	24.7
400m	K. Whitaker (ASV)	54.2
	B. Bullen (Stret)	55.3
	J. Dean (Bing)	60.9

1500m

B. Bullen (Stret)	4:12.6
H. Roberts (Alt)	4:16.6
R. Colson (Stret)	4:25.8
J. Wild (E. Ches)	4:35.4
E. Forshaw (Pilk)	4:49.4
J. Dean (Bing)	4:52.0

3,000m

J. Wild (E. Ches)	9:19.0
R. Colson (Stret)	9:43.0

MIDLANDS VETERANS MARATHON CHAMPIONSHIP - Rugby - Saturday 5th May 1973

1	R. Bentley (Tipton)	2:34:18
2	D. McWhirter (Hales)	2:37:50
3	D. Rhodes (Wolv)	2:39:54
4	T. Buckingham (Leam)	2:50:43
5	W. Hammond (Wolv)	2:53:16
6	C. Beeston (Derby)	2:53:29
7	G. Stott (Warley)	3:01:22
8	W. Mottram (W.Brom)	3:04:23
9	J. Crichton (Mid.V)	3:26:52
10	T. Beattie (Ket)	3:39:48
11	D. Wakeman (Hales)	3:52:57

Team Result
Wolverhampton & Bilston 8 Points

May 7th - CRYSTAL PALACE
S.C.A.A.A. 'Open' Meeting

400m	1 G. Daborn (Stev'ge)	54.4
	2 J. Daniels (Woodf'd)	56.2

1500m	1 C. Shippen (Belgrave)	4:18.8
	2 M. Rowbottom (Tonbridge)	4:20.7
	3 K. Humphrey (Epsom)	4:25.0

12th May
Highland Games, Richmond

100m	1 F. Rersigetti (off 2½m)	12.1
	2 A.G. Dunn (off 9m)	12.1
	3 J. Williams (off 7½m)	12.1

60m	1 J. Williams (off 4½m)	7.6
	2 A.G. Dunn (off 6m)	7.6
	3 A. Beckett (off 11m)	7.7

May 6th
MICHELIN 15Km Road Race

16	K. Hodgkinson(40) (Sale)	49:29
17	J. Wild(40) (E. Ches)	50:05
28	M. Morrell(40) (Wirrell)	52:23
32	K. Hall(51) (Wirrall)	52:57

12th May
Veterans A.C. 10 miles Club Road Race Championship

	Act. time	H'Cap	H'cap time
L. O'Hara	51.02 (SCR)		51.02
R. Franklin	53.20 (SCR)		53.20
G. McEntire	53.50 (SCR)		53.50
S. Charlton	57.04 (4.00)		53.04
D. Hardy	58.14 (0.50)		57.24
J. Fitzgerald	58.25 (5.30)		52.55
J. Davies	58.28 (6.00)		52.28
J. Moroney	58.48 (SCR)		58.48
J. Blois	59.10 (8.20)		50.50
E. Flowers	59.42 (4.10)		54.32
J. Samuels	59.47 (5.00)		54.47
J. Flowers	59.49 (5.10)		54.39
G. Hemm	61.20 (6.00)		55.20
G. McQuillin	61.33 (6.00)		55.33
G. Collett	61.38 (9.30)		52.08
G. Betts	62.30 (7.00)		55.30
R. Sudbury	62.31 (SCR)		62.31
R. Bott	62.35 (7.50)		54.45
A. Fox	64.25 (5.00)		59.25
R. Hewitt	64.32 (7.00)		57.32
R. Coffey	65.17 (SCR)		65.17
H. Down	65.19 (7.00)		58.19
L. Burnett	65.27 (9.00)		56.27
L. Wade	65.38 (SCR)		65.38
R. Hazle	66.33 (7.20)		59.13
G. Pearson	66.44 (SCR)		66.44
C. Manning	67.40 (11.30)		56.10
A. Goodwin	68.03 (12.00)		56.03
S. Lee	68.04 (13.20)		54.44
A. Matrauers	68.07 (10.00)		58.07
J.V. Baker	69.04 (8.20)		61.44
A. Elise	70.27 (13.30)		56.57
J. Walker	71.33 (15.00)		56.33
W. Symes	71.46 (15.50)		55.56
E. Brown	72.24 (17.00)		55.24
D. Payne	73.18 (13.00)		60.18
W. Jackson	73.41 (15.40)		58.01
F. Woolford	75.22 (SCR)		75.22
C. McDowell	77.55 (18.10)		59.45
W. Hayne	86.15 (21.00)		65.15
R. White	87.45 (31.30)		56.15
A. Parsons	90.10 (18.00)		72.10
E. Peacock	93.19	34.00	59.19

28th May - Eaversham
Veterans Open Handicaps 100m

1	A. G. Dunn (off 10m)	12.3
2	T. Woods (off 17½m)	12.5
3	J. Williams (off 7m)	12.7

400m

1	R. Wiseman (off 83m)	55.0
2	T. Woods (off 60m)	55.1
3	M. Capewell (Scratch)	57.0

June 3rd - MAXOL MARATHON

87	J. Tarant (40) (Salford)	2:35:45
117	J. Wild (40) (E.Cheshire)	2:42:42
121	W. Anderson (42) (MPAA)	2:43:24
124	R. Franklin (45) (TVH)	2:43:49
129	T. Buckingham(55)(Leam)	2:44:55
147	J. Lawton (Leeds)	2:50:55
166	A. Hefford (Orion)	2:56:09
172	P. Pringle (42) (Belgrave)	2:57:15

6th June - Hillingdon
VETERANS H'CAP MILE (20 yards for every year over 40)

1	G. Betts (57) (340yds)	4:18.2
2	E. Shirley (44) (80yds)	4:32.3
3	H. Lister (59) (380yds)	4:51.2
4	H. Wild (40) (SCR)	5:03.2
5	E. Bamford (47) (140yds)	5:06.6
6	J. Stapleton (62) (440yds)	5:12.0
7	D. Raven (44) (80yds)	5:14.8
8	J. Nichel (60) (400yds)	5:16.7
9	J. Leith (39) (-20yds)	5:27.0
10	M. Searle (44) (80yds)	5:49.0

May 19th
Herts Championships

Shot:	D. Vanhegan(Barnet)	12.07/39'-7¼"
Discus:	D. Vanhegan "	34.52/113'-3"
Hammer:	D. Vanhegan	36.36/119'-3"

19th May - Isle of Wight Marathon

24	I. Kemp (Ealing & S)	2:52:30
25	D. Turner (Epsom & S)	2:52:37
26	P. Pringle (Belgrave)	2:53:08

May 20th - MANCHESTER PARKS C.C.		
21	J. Salt (40) (Roch)	30:30
58	A. Locke (50) (YMCA)	40:07

May 22nd - STRETFORD T & F LEAGUE		
200m:	K. Whitaker (ASV)	24.2

2nd NORTHERN VETERANS TRACK & FIELD CHAMPIONSHIPS

100 m (40 - 44)

1	D.R. Howarth (Warr)	11.7
2	K.M. Whitaker (ASV)	11.8
3	G. Frith (B'Pool)	12.8
4	P. Gregory (")	12.9
5	T. Brown (")	13.1

100 m (45 and Over)

1	J. Pritchard (B'Pool)	12.7
2	R.H. Swain (Boston)	12.9
3	H.S. Trafford (N'castle)	13.3
4	S. Smith (")	13.5
5	R. Davenport (N. Vets)	14.5

200 m (40 - 44)

1	K.M. Whitaker (ASV)	24.0
2	D.R. Howarth (Leigh)	24.7
3	G. Frith (B'Pool)	26.4
4	T. Brown (")	27.0
5	P. Gregory (")	27.9

200 m (45 and Over)

1	J. Pritchard (B'Pool)	27.0
2	H.S. Trafford (N'castle)	27.0
3	S. Smith (L'Pool)	28.9
4	R. Davenport (N.Vets)	32.6

400 m (40 - 44)

1	K.M. Whitaker (ASV)	54.3
2	B. Bullen (Stret.)	56.4
3	D.R. Howarth (Leigh)	58.6
4	H. Benson (L'Pool)	67.0

400 m (45 - 49)

1	P. Thompson (Clay)	59.8
2	J. Dean (Bing)	60.7
3	R.H. Swain (Boston)	62.9
4	K. Bruns (L'Pool)	63.5
5	S. Smith (")	64.5
6	N.S. Neilson (B'Pool)	66.7

800 m (40 - 44)

1	R.E. Bullen (Stret)	2:02.8
2	A. Hughes (Roch)	2:12.0
3	C. Bruns (L'Pool)	2:20.8

800 m (45 and Over)

1	F. Thompson (")	2:15.1
2	J. Dean (Bing)	2:18.1
3	N.S. Neilson (B'Pool)	2:26.7

1500 m (40 - 45)

1	T. Kilmartin (Rown)	4:11.2
2	A. Hughes (Roch)	4:19.6
3	R. Kernighan (")	4:40.4
4	G. Gowland (Rown)	4:52.5

1500 m (45 and Over)

1	S. Smith (L'Pool)	4:47.3
2	C. Bruns (")	4:50.9
3	J. Dean (Bing)	4:53.5
4	N. Neilson (B'Pool)	5:00.3
5	R. Salisbury (Wirral)	5:20.8
6	L. Heald (E.Ches)	5:57.8

5000 m (40 - 44)

1	J. Salt (Roch)	16:22.6
2	A. Hughes (")	16:46.8
3	T.H. Smythc (")	17:01.5
4	R. Kernighan (")	17:40.0
5	F. Valentine (")	17:46.0

5000 m (Over 45)

1	K. Hall (Wirral)	16:49.8
2	N. Ashcroft (Sutton)	18:18.6
3	R. Salisbury (Wirral)	19:11.6
4	*S. Lee (")	19:52.6
5	L. Heald (E.Ches)	20:10.6
6	G. Millar (L'Pool)	21:10.6
7	D.M.W. Haw (N.Vets)	22:22.0

3000 m S/Chase (Over 40)

1	J. Salt (Roch)	10:04.4
2	H. Escott (Harr)	11:17.0

Long Jump

1	P. Gregory (B'Pool)	4.56m
2	H.S. Trafford (N'castle)	4.50m
3	R. Davenport (N.Vets)	3.62m
4	J. Barraclough (")	3.10m

Discus

1	J.W. Bird	90'-8"
2	M. Douthwaite	72'-1"
3	G. Brass	72'-0 3/4"
4	G. Dack	67'-10"
5	T. Kilmartin	62'-6 1/2"
6	D.M.W. Haw	60'-10"
7	J. Barraclough	60'-8"
8	H.S. Trafford	55'-6 1/2"
9	R. Davenport	46'-11"
10	D. Jepson	44'-1"

Javelin

1	M. Douthwaite	107'-4 1/2"
2	G. Brass	105'-3 1/2"
3	J. Barraclough	96'-0"
4	J. Bird	73'-5 1/2"
5	D.M.W. Haw	71'-4 1/2"
6	R. Davenport	58'-5"
7	D. Jepson	58'-1"

Shot (12lbs)

1	H.S. Trafford	36'-10"
2	J. Barraclough	28'-4"
3	G. Dack	28'-4"
4	D.M.W. Haw	26'-10"
5	D. Jepson	26'-6"
6	P. Gregory	23'-8"
7	R. Davenport	23'-3"

15th/16th June BARNET SPORTS GALA
Cophthall Stadium, London

100m BARNET TROPHY

Class 1		
1	A. Blackman (Vets AC)	11.9
2	G. Daborn (Herts AAA)	12.5
3	F. Persigetti (S-O-Sea AC)	12.8

Class 2

1	A. Dunn (Vets AC)	13.5
2	P. Munn (Individual)	13.5
3	S. Stein (Highgate)	13.7

Class 3

1	J. Williams (Vets AC)	13.4
2	H. Harris (Highgate)	15.8
3	E. Sears (Essex Beagles)	16.8
4	D. Maclean (88)	20.7
5	C. Specchly (87)	20.7

200m BARNET TROPHY

1	A. Blackman (Vets AC)	23.0
2	G. Daborn (Herts AAA)	24.4
3	T. Daniels (Wood Green)	24.9

1500 m

1	B. Bullen (Stretford AC)	4:15.0
2	C. Shippen (Belgrave)	4:24.0
3	M. Rowbottom (Tonbridge)	4:27.8
4	G. Harrison (Highgate)	4:28.8
5	J. Atkinson (Barnet)	4:30.0
6	P. Stevens (Leic. Cor.)	4:35.1
7	K. Humphrey (Epsom)	4:45.0
8	A. Rockall (Highgate)	4:47.0
9	M. Payne (Cam. Harr.)	4:48.0
10	L. Burnett (Wood Green)	4:53.0
11	G. Eastwood (Wood Gn)	5:32.0
12	F. Webb (Wood Green)	5:42.0

3000 m HIGHGATE HARRIERS TROPHY

1	L. O'Hara (Belgrave)	8:36.6
2	M. Barratt (Ealing)	8:59.9
3	W. Kerr (Belgrave)	9:04.4
4	C. Shippen (Belgrave)	9:13.0
5	Harrison	9:16.0
6	Newall	9:17.0
7	Hyatt	
8	Atkinson	9:44.0
9	Rockall	9:45.0
10	Lusty	
11	Charlton	
12	Johnson	

Teams

1	Belgrave
2	Ealing
3	Highgate

THE BARNET 10Km ROAD RACE

THE WILLIAMS CUP

1	L. O'Hara (Belgrave)	31:10
2	M. Barratt (Ealing)	31:32
3	J. Wild (E.Ches)	32:53
4	G. McEntire (Epsom)	33:02
5	R. Budd (Havering)	33.21
6	P. Newall (Belgrave)	33:30
7	J. Hyatt (Ealing)	33:47
8	D. Funnell (Epsom)	33:57
9	A. Weeks Pearson (Crawley)	34:08
10	S. Issard (Watford)	34:22
11	H. Soper (Vauxhall)	34:31
12	W. Kerr (Belgrave)	34:36
13	S. Charlton (TVH)	34:41
14	J. Lusty (Ealing)	35:37
15	K. Jones (Vauxhall)	35:46
16	P. Chaplin (Cambridge & C)	35:49
17	J. Fitzgerald (Mitcham)	36:06
18	E. Andrews (Havering)	36:10
19	J. Moroney (Cambridge & C)	36:34
20	J. Cook (Crawley)	36:36
21	G. Collet (TVH)	37:00
22	F. Padgett (Belgrave)	37:35
23	A. Layten (Vauxhall)	37:45
24	D. McQuillin (Epsom)	38:11
25	D. Granger (Southgate)	38:22
26	J. Atkinson (Barnet)	38:42
27	C. Burton (Havering)	38:43
28	R. Appleby (Highgate)	38:45
29	G. Coleman (Highgate)	38:56
30	R. Elkerton (Highgate)	39:02
31	G. Pearson (Belgrave)	39:47
32	H. Down (TVH)	39:51
33	B. Nielson (Hillingdon)	40:18
34	A. Goodwin (S.L.H.)	40:39
35	L. Gaskin (Southgate)	40:41
36	R. Hopcroft (TVH)	41:35
37	M. Payne (Cambridge)	41:38
38	G. Meech (Verlea)	41:46
39	S. Lee (Horwich)	41:48
40	J. Macdonald (Belgrave)	42:46
41	R. Hewitt (Shaftesbury)	43:01
42	W. Symes (VAC)	43:09

43	J. Smart (Belgrave)	44:07
44	J. Selby (Coventry G)	45:04
45	E. Brown (Epsom)	45:14
46	G. Hoggett (Highgate)	45:49
47	G. James (Polytechnic)	46:37
48	F. Woolford (SLH)	46:58
49	F. Wright (Peterborough)	47:35
50	F. Abberton (Polytechnic)	49:05
51	A. Cove (Folkestone)	49:15
52	C. Knowles (V of Aylesbury)	53:07
53	G. Oliver (Ets AC)	54:41
54	E. Peacock (Vets AC)	57:24

1st over 50 J. Fitzgerald (Mitcham)
1st over 60 S. Lee (Horwich)
Unplaced 1st A. Weeks-Pearson (Craw)

1st Team	Belgrave	19pts
2nd Team	Ealing	23pts
3rd Team	Epsom	36pts

12th June - STRETTFORD T & F League

100m:	D. Howarth (Leigh)	12.4
	K. Whitaker (ASV)	12.6
400m:	K. Whitaker (ASV)	55.0
	B. Bullen (Strct)	55.3
1500m:	B. Bullen (Stret)	4:20.5
	H. Roberts (Alt)	4:24.3
	R. Colson (Stret)	4:25.3
	J. Wild (E. Ches)	4:29.0

INTER COUNTIES VETERANS

10km ROAD RACE CHAMPIONSHIPS

LEAMINGTON SPA
Sunday, 17 June 1973

1	K. Harland (Kent)	30:48
2	C. Simpson (Warw.)	32:30
3	J. Tarrant (Here.)	32:55
4	J. Sait (Lancs)	32:58
5	D. Rhodes (Staffs)	33:05
6	A. Hughes (Lancs)	33:24
7	J. Dawson (Lancs)	33:30
8	S. Smith (Lancs)	33:34
9	J.R. Bentley (Staffs)	33:38
10	D. Dellar (Kent)	33:40
11	D. Davies (Here)	33:44
12	E. Matley (Derbys)	33:45
13	S. Izzard (Herts)	33:51
14	P. Burns (Warks)	33:53
15	D. McWhirter (Staffs)	34:01
16	P. Morris (Warks)	34:08
17	J. Wild (Chesh)	34:11
18	D. Funnell (Surrey)	34:12
19	L. Nicholson (Lancs)	34:18
20	D. Hoare (Yorks)	34:21
21	W. Hill (Kent)	34:30
22	M. Capewell (Warks)	34:34
23	G. Phipps (Warks)	34:54
24	T. Smythe (Lancs)	35:06
25	R. Kerningham (Lancs)	35:18
26	B. Boyce (Staffs)	35:19
27	J. Keily (Derbys)	35:25
28	R. Halliday (Yorks)	35:36
29	L. Hollingsworth (Lancs)	35:39
30	W. Mottram (Staffs)	35:42
31	R. Fox (Notts)	35:49
32	F. Valentinc (Lancs)	35:50
33	R. Blastland (Derbys)	35:53
34	T. Buckingham2 (Warks)	36:04
35	G. Eden (Yorks)	36:13
36	J. Fitzgerald2 (Surrey)	36:26
37	K. Bruns (Lancs)	36:29
38	H. Lloyd (Warks)	36:39
39	R. Forneyhough (Staffs)	36:42
40	J. Lawton (Yorks)	36:50
41	W. Asten (Staffs)	36:54

42	G. Hird (Yorks)	37:18
43	S. Jackson (Glos)	37:22
44	J. Young (Staffs)	37:37
45	J. Loftus (Lancs)	37:49
46	P. Maffia (Herts)	37:57
47	L. Whitehead (Lancs)	38:02
48	M. Dwyer (Worcs)	38:07
49	G. Crowder (Kent)	38:31
50	J.W. Kelly 2 (Derbys)	38:41
51	N. Ashcroft 2 (Lancs)	38:54
52	R. Morley (Kent)	38:59
53	A. Blagg (Warks)	39:04
54	B. Ferrill (Notts)	39:11
55	J. Bennett (Worcs)	39:33
56	E. Crawley (Lancs)	39:42
57	D. Wadsworth (Staffs)	39:43
58	D. Hoppood (Kent)	39:44
59	R. Evens (Staffs)	39:52
60	C. Beeston (Derbys)	39:54
61	G. Radford 3 (Durham)	40:08
62	S. Horton (Derbys)	40:23
63	A. Mail 2 (Derbys)	40:25
64	S. Lee 3 (Lancs)	40:30
65	A. Goodwin (Surrey)	40:44
66	F. Dwyer 2 (Kent)	40:47
67	K. Westley (Worcs)	41:01
68	J. Brennan 2 (Warks)	41:23
69	L. Cass 2 (Kent)	41:28
70	L. Heald 2 (Lancs)	41:44
71	G. Mephram 2 (Kent)	42:10
72	W. Symes 3 (Middx)	42:44
73	K. Kitchen (Lincs)	42:49
74	A. Locke 2 (Lancs)	43:01
75	J.F.V. Bennett 2 (Surrey)	43:03
76	J. Selby 2 (Warks)	43:56
77	V. Tarrant (Here)	44:50
78	E. Harrison 3 (Lincs)	44:57
79	T. Beatty 2 (Durham)	45:11
80	T. Hughes (Oxford)	46:04
81	E. Borman 2 (Derbys)	46:14
82	R.W. Smith 3 (Middx)	46:33
83	D. Wakeman 2 (Staffs)	46:49
84	N. Blackham (Warks)	47:22
85	W. Hart (Worcs)	47:36
86	A. Kenny 2 (Warks)	49:06
87	J. Swann (Lancs)	52:49

County Result (Over 40)

1	Lancashire	25 pts.
2	Warwickshire	54 "
3	Staffordshire	55 "
4	Kent	89 "
5	Yorkshire	126 "
6	Derbyshire	128 "
7	Worcestershire	220 "

16th June - BROOKMANS PARK '10'

4	M. Barratt (40) (Ealing S)	51:35
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20th June - JOHN OULTRAM '10'

36	J. Bentley (40) (Tip)	55:31
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23rd June - WHITTLESEY '10'

15	E. Kirkup (41) (C & C)	57:43
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24th June - STAINES '5'

5	M. Barratt (40) (Ealing S)	24:23
18	J. Hyatt (40) (Ealing S)	26:26

VETERANS ATHLETIC CLUB

1973 Championships
Battersea Park, London (1st July)

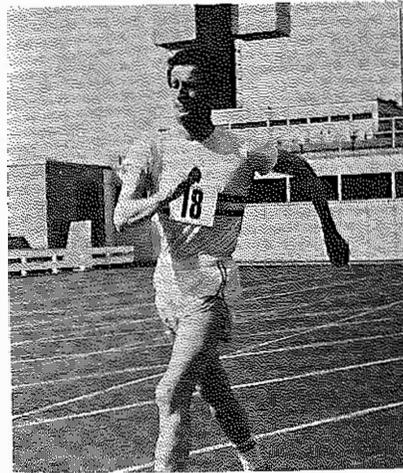
100 m (40-55)		
1	A. Blackman	11.5
2	J. Dixon	
3	G. Daborn	
100m (Over 55)		
1	- Fairey	12.8
2	L. Batt	
3	A. Beckett	
200m (40-55)		
1		

COLIN YOUNG has 18 months to wait before he reaches veteran status, but no aspect of race walking is outside the scope of his pen. His own competitive record spans 25 years ranging from 3kms, through every imaginable distance, to the epic Strasbourg-Paris 320 miler. He knows what it is to race walk round a track at 7 minute mile pace – and what it means to fight off fatigue, and even sleep, in the ultra distance events. A former British National junior champion, Colin was twice second and twice fourth in the famous London to Brighton Walk, became a record holder of the 'Rouen 24hrs' in 1972 (134 miles, 202 yds), a member of the winning teams in 1967 and 1968 of the Airolo-Chiasso relay (taking the stage 3 record), and is still the only Englishman to have finished the Strasbourg-Paris ordeal (5th, 3rd and 7th these last 3 years). But his finest performance was undoubtedly in 1966 when he won the 1st Lugano 100kms in 9:53:03 finishing 4 minutes ahead of Sweden's Lindberg (5th in Olympic 50km, 1968) and 37 minutes ahead of Pettersson (Swe), bronze medallist in the Tokio 50km.

Colin Young has kept his eye on the veteran scene for some time now and finds that amongst the current world-ranking walkers the over-40's abound.

WALKING

UK Veterans Rankings, 1972		
3 Kms (track)		
George Chaplin (42)	13:00.6	7/6 Nuneaton
Joe Barraclough (50)	13:17.2	10/5 Blackburn
Ken Harding (44)	13:18.0	10/8 Sale
10 Kms (track)		
George Chaplin (42)	45:37.2	1/4 Leicester
Joe Barraclough (50)	46:47.6	
Dennis Vale	47:31.0	
Len Duquemin (42)	47:47.0	
Ken Eastlea (48)	48:27.0	
20 Kms (road)		
George Chaplin (track)	94:23	1/7 Brighton
Ken Eastlea (48)	96:29	
Len Duquemin (42)	98:24	
50 Kms (road)		
George Chaplin (42)	4:20:05	27/5 Bremen
Ken Harding (44)	4:37:33	15/7 Badminton
Len Duquemin (42)	4:48:33	15/7 Badminton



COLIN YOUNG

Gerhard Weidner (W. Germany), Abdon Pamich (Italy), and Charles Sowa (Luxembourg), were all born in 1933 and competed in Munich. Weidner, a few weeks past his fortieth birthday, sensationally set a new 50kms World Record (4:00:27.4), in the first week in May. At Whitsun he triumphed in the 35kms at Warley in the W.Germany v Gt. Britain international.

Pamich, a legend over 50kms, since he first appeared internationally in 1954, continues to be still a dangerous force and when he reaches the veteran stage in October could well be thinking of ending his international career in his present hometown, Rome, when the European Games take place there in September, 1974.

Charly Sowa made another excursion into the ultra distances when he scored an easy victory in the

Luxembourg 200kms in late April. Knowing the popular Charly he will be eager to compete in veteran events wherever they may take place.

Russians, Gennadiy Agopov (1933), Yulis Gorbunovs (1930), and Alexandr Schtyerbina (1931), still rate amongst the top dozen in important home events on occasions, while both Canadian Alex Oakley (1929), and Australian, Ted Allsop (1926) could well be on the starting line at Christchurch.

Though competing infrequently due to injury, Mexico City 20km fourth placer, Rudy Halaiza (USA) (1931), still produces performances good enough to make the American national team squad. Now 17 years after his surprise Melbourne victory, Norman Read (1931), is figuring again in New Zealand events, no doubt with the forthcoming Empire Games in mind.

In Britain the first three at Crystal Palace last year, Ken Harding (1929), George Chaplin (1931), and Len Duquemin (1930), are outstanding, the latter almost certain to represent Guernsey in Christchurch. However, they will be severely tested next year when Roy Thorpe and Charly Fogg join the ranks.

In the realms of ultra distance the veteran really comes into his own. Take the world's longest annual foot race, the Strasbourg to Paris (500kms approx.), where three-quarters of the selected field of twenty are over forty. This year's winner, Belgian Robert Pinchard, is 42 while French leading exponents, Louis Lebacquer and Jacques Brandt, are 54!! Yes, indeed! Life does begin at forty (well, 35 at least!!), in the top echelons of the race walking game.



FRED NICKOLLS is Race Walking Secretary of Veterans AC, London. Now in the second half of his service as a Class 2 veteran, Fred is an active competitor in both walks and runs. He has his ear close to the ground when it comes to British veteran activity and writes here of some of the older personalities in the sport. Veterans who walk.

There is no doubt that veteran walkers can compete successfully at the very highest level. Gerhard Weidner is a particularly fine instance with his recent world record, but there was also T. Lloyd-Johnson who won the Olympic Bronze medal at Wembley when 48.

Recently Alf Poole of Worcester (60 next Jan) returned 112:30 in a West German 20km. And what about Eddie McNeir (Cambridge II) 5th place (and 3rd UK) in the Leicester to Skegness 100 miles when turned 70?

Perhaps the most remarkable 70 year old speedwise, is Bob Roberts of Highgate Harriers who won the over 60 15km International road walk at Crystal Palace last summer although already over 70, in a remarkable 87:54.

His 119:59 in the Metropolitan Open 20km is thought to be a best ever for a 70 year old walker.



Photo: C. Shippen

LEN DUQUEMIN (Guernsey)

Besides the record breakers we have a flourishing world of veteran walkers, witness the 51 finishers in the Crystal Palace International.

The Veterans AC put on 7 or 8 race walks each season and in 1972 a total of 28 walkers competed.

Most of the big open walks give prizes to Veterans nowadays, and quite a few veteran walkers are covering 80 to 100 miles a week in training, racing and strolling in the quest for improvement.

Veterans AC Roadwalk	
8.5.73 Tooting Bec.	
1	P. Worth 41:56
2	R. Rudd 45:19
3	F. G. Nickolls 45:21
4	A. Roberts 45:33
5	E. Levitt 48:37
6	J. Williams 48:38
7	E. Lewis-Winn 48:57
8	A. East 50:53
9	W. Garrett 53:29
10	W. Morris 53:32
11	J. Sheppard 59:59
(Handicap won by W. Morris off 14:30)	

Veterans AC	
5 Miles Road Walk Championship	
June 5th 1973 (Battersea Park)	
1	K. Eastlea 40:45
2	P. Worth 40:55
3	R. McMullen 42:00
4	F. Butler 45:20
5	R. Rudd 45:37
6	F. G. Nickolls 45:43
7	R. Roberts 45:48
8	A. East 50:18
9	W. Garrett 50:42
10	W. Morris 54:11
11	J. Sheppard 58:30

Handicap won by A. East (69) off 12:00.

World Age Record set by R. Roberts (71) 45:48

Over 55yr Championship:- F. G. Nickolls 45:43

Next issue:- A short history of VETERANS AC WALKING 1937 to 1973.

HAL HIGDON, author of several books — including “On the Run from Dogs and People” — and dozens of freelance magazine articles is also one of America’s leading masters. He holds the U.S. Masters records for 5,000, 10,000 and 3 Km steeplechase — the last being a World record too, set at Crystal Palace last year during the big U.S./Canadian/Australian tour of Europe. It is about that tour that Hal now writes, one year after the event but as though it were yesterday.

“They can’t be runners.....they’re too old”

They were demolishing a building across the street from our hotel in London. Each day during the week of the International Veteran’s Athletic Meeting I watched fascinated as workmen pecked at the masonry, and bit by bit pieces of the old structure came unstuck to crash below.

One might compare that building to the human body. It takes time to construct, decays gradually, but eventually along come the wreckers. Perhaps that’s one of the attractions of veteran’s athletics — by conditioning yourself and even competing as in youth you can become younger physically and spiritually while aging chronologically. It is almost as though, after the workmen’s daily demolition, a night crew of masons appeared to raise the building higher than before. Of course, this only postpones the inevitable, but as I watched I couldn’t help thinking that elsewhere a tractor crane would have swung its iron ball, and the building would have fallen in hours instead of weeks.

by HAL HIGDON

Michigan City, Indiana: August 7, 11.30 p.m. David Pain is on the telephone. “The Finns are talking about attracting 10,000 people into the Helsinki Olympic stadium,” he says, “but I told them all we want is to have nice track meet, then go out afterwards and drink some beer.” I have called David Pain in San Diego to confirm my participation on his tour. I am forty-one years old and reliving my youth. Last week I ran seventy miles in practice, and at the end of the month I will be going to Europe not as a tourist, but to compete as an athlete with the US Master’s International Track Team.

Pain is leading our team. A fifty-year-old San Diego lawyer, David Pain is as bald as Yul Brynner and as bullheaded as Brynner’s King of Siam. He is also the father of the Master’s movement in the United States. Originally a handball player, he switched to jogging in his mid-forties but missed the competitive aspects of his old sport. So, in San Diego in 1968 he staged a full-event track and field meet for older athletes which has blossomed into a sort of geriatric Olympics. Each July it attracts not only former Olympic champions (George Rhoden, Hal Connolly,

Bob Richards), but also novices who never donned spikes before reaching forty.

For 1972 he planned a standard spectator tour of the Olympic Games for participants in the Master’s meet. Next he decided to add one or two track meets in England and Germany. (“David figured as long as we were over there, we might as well do something other than sit in stadiums,” explains his wife Helen.) Then as possibilities for other competitions materialized in Scandinavia, most members decided to abandon their spectator role at the Olympics. I asked my wife to come, but Rose said she would rather spend the money remodelling her kitchen. I have the feeling that even if I win, I’ll lose.

Michigan City: August 14, 12.00 p.m. The mail today brings a final newsletter from San Diego giving the schedule of events in London. It also lists the reasons why a number of previously signed athletes will miss the tour: Rus Niblock (Seattle), bad leg; Don Check (Los Angeles), hamstring; Harold Elrick (San Diego), broken leg (fell on curb of track); Gene Kanrass (Denver), Achilles; Tom Sturak (Los Angeles), bad back. It sounds like the cast and plot of “Medical Center.” What will the injury list look like by the end of the trip?

Randall’s Island, New York: August 19, 11.30 a.m. En route to Europe I stop in New York to attend a track meet containing several Masters’ events. I attempt to explain Masters track to my brother-in-law, Lou Faboricatore, who works for IBM: “Most veteran athletes fall into one of three categories. There’s the new jock, who never competed in track before turning forty. Then there’s the old jock, who retired after graduation and only recently returned to competition. Finally there’s the runner who never has retired.”

“You mean the smelly jock,” says my brother-in-law. “That’s me,” I admit.

Boston, Massachusetts: August 20, 2.00 p.m. Sunday I shuttle to Boston to connect with Pain’s charter flight coming from Oakland. At the Boston airport I encounter Ohioans Virgil Yehner, Roland Anspach, and their wives. I spot them easily since they all wear bright red windbreakers with “US MASTERS” across the back. (The only thing brighter in the history of American sports is Andy Granatelli’s race cars.)

Roland once had a farm, but now works for General Motors in Dayton. When he turned forty he began to run even though he had never competed in track before. “It was something I always had wanted to do,” he explained at lunch. “At first I trained while delivering my son’s paper route so the neighbors wouldn’t think me crazy.” After six months’ preparation Roland entered his first competitive race, a Master’s mile at Ohio University, and wheezed across the line in 5:50. That had been four years ago and this summer he had run on a 24-hour relay team averaging 5:27 for twenty-five separate miles. He no longer delivers newspapers. “The neighbors are used to me now.”

The charter arrives from Oakland at 4.30 and David Pain appears in the waiting room to dispense starspangled hats. We may not be fast, but we’ll be highly visible. On the plane I sit next to Scott Hamilton, an ecologist from Hawaii. We are sharing our stretch jet with a group of Stanford alumni, and Scott has made the mistake of approaching one of them to ask if he is with our Master’s group. “Do I look like I’m over forty?” the Stanford man snaps. Exercising considerable restraint, Scott backs away.

Atlantic Ocean: Indeterminate time. Thane Baker, a former Olympic medal winner, stands in the aisle holding a light meter. “I wanted to catch the sunset, but it’s too late,” he says. Thane works as a procurement officer for Mobil Oil in Dallas. Since retiring after the 1956 Olympic Games he has worked out only occasionally, but in mid-July ran 9.8 for 100 yards. “I had one of those Texas winds behind me,” he says apologetically.

Thane inquires about running surfaces. The Crystal Palace in London has a Tartan track. “You know I’ve never run on an all-weather track before,” he admits. “I don’t even own a pair of shoes with short spikes yet.”

London, England: August 21, 7.30 a.m. I have lost a day somewhere. Every time I started to fall asleep on the plane the stewardess placed another tray on my lap. Now we are at our hotel and I am about to be fed my third meal in six hours: breakfast. I recognize this as merely a stalling tactic on the part of David Pain. Our rooms won’t be ready until noon and he wants to keep us from rioting. Actually, I have never encountered a group of travelers less bothered by inconveniences. Had this been the Olympic team, we would have been screaming about bureaucratic mismanagement; as grandfather jocks we are more understanding.

After the meal Pain introduces Jack Fitzgerald, one of the meet organizers. Because of an incredible 176 entries in the 5000 meter run, only the forty fastest will race on the track at Crystal Palace. A second race will start on the track but continue outside the stadium. Some of the runners want to shift events. Fitzgerald refuses: “John Hayward, the track secretary, categorically said he will not accept late changes.” Groans from the crowd. Fitzgerald then

announces that the bar at Crystal Palace will be open until 11.00 after the meet on Thursday and 12.00 on Friday. Loud cheers.

London: 7.30 p.m. I finally get my room and a few hours sleep. Later that evening several of us meet with track secretary John Hayward. “I’ve never tackled an event of this size before,” he admits. He must contend with 430 individuals, 500 event entries. Most of the entrants are British or American, but we also have Canadians and Australians in our tour group.

Hayward also must contend with David Pain, who originally had submitted one list to conform to a July 24 entry deadline, then later submitted a second list of corrections. Hayward frowns: “We received this last list from you dated July 24, but post-marked three weeks later.

“My secretary must have forgotten to mail it,” says David with the impassiveness of a Buddha.

“If I let one athlete change, I’ll have to let all of them change,” pleads Hayward.

“Well this one person has a very serious injury and wants to switch from the hammer to the long jump.”

“I can’t resist that change,” says Hayward, noting it on a piece of paper. “What’s wrong with him?”

“He hurt his finger.”

Many arguments later we retire to a restaurant. Hayward relaxes over a glass of red wine. In addition to planning the meet, he also will be running in the Division 1 (forty and over) 800 meter run. “I’ve been an angry athlete for years, always fighting autocratic officials,” he says, “and here I am sitting in their seat.”

“How many spectators will be at the meet?” I ask.

“Hard to say. We’ve been telephoning reporters all week. The regulars are over chasing scandal stories in Munich. That’s more important than pure athletics. Only the tats are left behind. They’re insolent over the phone when you suggest they cover a contest for men in their forties.”

“The stands at Crystal Palace hold 12,000” says Jack Fitzgerald. “The club boys will come. I would like to think 1500 will show up.”

If so, it will set a world’s record. Nobody ever comes to the Master’s meet in San Diego except friends and relatives — and not too many of them.

Woodford Green: 12.30 p.m. A small contingent has been invited to lunch at the home of Sir Stuart Mallinson, patron of the meet. At the buffet table I encounter Bud Deacon talking with Alan Cranston. Bud once held the world pole vault record; Alan is United States Senator from California. No mere honorary dignitary, Alan will be competing in the

sprints. He tells us that Senator William Proxmire runs ten miles a day but refuses to compete. "I also tried to recruit Strom Thurmond, who jogs, but Strom said: 'With mah competitive instincts, ah'd kill myself.'"

After lunch I thumb through a photo album of the 1952 Olympics that contains a picture of Thane Baker placing second to Andy Stanfield in the 200 meter run. Thane has been talking to Ozzie Dawkins, a Hollywood physician, who once competed for Jamaica. Each will run a leg on our sprint relay team. "Ozzie has been teaching me a new baton pass where you don't switch hands," Thane says.

The photo album belongs to a British athlete, who brought it along to obtain the autograph of Roger Bannister, the first four-minute miler and now a physician. Bannister arrives later to plant a tree in our honor.

To most of our group Bannister appears as an interesting museum specimen: his day of competition has ended, while theirs has just begun. David Pain stands near the tennis court talking with a Canadian about holding a Master's Olympics in Toronto at the time of the regular Olympic Games planned for Montreal. "Won't we run into trouble using the name 'Olympics?'" asks the Canadian.

"I think I'll let the Olympic committee sue us," says David. "It might be good publicity."

Our discussion is interrupted as several tour members begin to pose for pictures on the side of a hill. Without anyone suggesting it, every athlete sets down his tea cup and joins the crowd. Soon we all stand smiling at the three dozen cameras. "This is incredible," says David Pain. "Have you ever tried to line up people for a group picture before?"

London: 8.30 a.m. I breakfast with three teammates, one of them Jim O'Neil of Sacramento, California. Most of us regard Jim with awe. Recently divorced, he was awarded \$2500 a month alimony. Touché, Gloria Steinem!

"Are you ready for Alan Cranston?" Jim asks Jon Hutchinson, a bearded Division 2 sprinter from Torrington, Connecticut.

"I ran against him last month at Randall's Island," says Jon.

"Beat him?"

"Yes, but Alan said he hadn't recovered yet from the Democratic convention in Miami." I make note of that as a possible finalist for my *Imaginative Alibi of the Year* award.

Jim O'Neil recalls the time when Senator Cranston appeared one winter to run the 60 yard dash at a San Francisco indoor track meet: "Obviously he couldn't compete equally with the collegians, so they added a special dash for men over fifty. At the starting line he

removed his sweat pants, and his shorts along with them. Unfortunately, all eyes were upon him."

Jim had grown up in Oak Park, Illinois, then had attended the University of Miami in Florida where he became number three man on a cross country team that ran only one race a year. He claims to be running faster now at age forty-seven than he did in college. "There have always been opportunities for older distance runners," he comments, "but the good thing about the Master's program is it gives the sprinters and jumpers a chance to compete again. At the first Master's meet four years ago some of the performances were almost embarrassing. They would throw the shot 15 feet, for instance. But now that we're attracting more and more people, performances are improving. Dave Jackson longjumped 21 feet 7½ inches at San Diego this year." Unfortunately Jackson did not make the trip. Unlike the American Olympic team, which travels all expenses paid, each member of our Master's team has to pay for his opportunity to compete internationally.

London: 9.15 a.m. In the elevator I encounter Phil Partridge from New York City, who has a large scab on his forehead. Someone asks him about it. "I got hit in the head by a falling pipe on my construction job," Phil explains. "My hard hat split, but probably saved my life."

"Gee, you're lucky," says his questioner. "If the pipe had hit you in the leg, you probably would have missed the trip."

Epping Forest: 6.30 p.m. To get to the first competition of the tour, a five-mile cross country run on Wednesday, we have to travel by subway, railroad, and foot. We present a curious sight to Londoners since most of our group dresses in their track suits. While waiting in line at Victoria Station to buy a railroad ticket, I overhear a woman behind me ask her husband: "Who are all those people in athletic uniforms?"

Her husband shrugs: "They can't be runners. They're too old."

The course at Epping Forest is typically English: down a horse path, through the trees, over farm fields, along country lanes, over several fences, and finally up and down a high hill right before the finish. Race secretary H. B. Lee apologizes that the race won't be up to its usual standard toughness: "Usually we only run here during the winter when the course would be a slough of mud."

A half hour before the start two younger runners trot off carrying horse bags of yellow confetti which they spread along the trail as guide markers. Seeing them leave, Bill Gookin of San Diego asks: "Why the yellow confetti?"

"Because the birds would eat bread crumbs," I reply.

The confetti fails its purpose too and three lead

runners zig when they should have zagged and find themselves marooned in a Boy Scout campsite. "They finished to a rousing cheer from the scouts," stoically remarks H. B. Lee afterwards.

London: August 24, 1.00 a.m. I wonder: need I endure this tension? At this age? I thought that in my maturity I might handle competition nonchalantly. No; if anything, it is worse than in my youth. At lunch I sit with Larry O'Neil, a Division 3 racewalker from Kalispell, Montana. We try to maintain civilities, but no use. After a long silence, I ask a friendly question. Larry grunts a brief reply. His mind is elsewhere — on his competition that night. Minutes pass and Larry tries a conversational gambit. My turn to mumble a two-word answer.

Is my nervousness apparent to others? Most unbearable, I know I should win. Since officially becoming a veteran fourteen months ago I either have won or broken the record in every Master's race I've entered. Does this lessen the pressure? No; anything less than victory is unacceptable. So all I do all day is nap and eat and read and eat and nap and read and worry.

A forty-one year old man doesn't deserve such torture. AAARGHH!

Crystal Palace: 7.55 p.m. I look into the stands Thursday evening while warming up and brand Jack Fitzgerald's prediction of 1500 spectators optimistic. I see only friends and relatives — like every other Master's meet. At the gun in the 3000 meter steeplechase I surge into the lead. An Australian hangs with me through the first mile, then the splash of his footsteps in the water barrier recedes behind me. I relax and run the last few laps cautiously, winning easily. At the award ceremony I receive, instead of an impractical medal or trophy, a pewter drinking mug. I rush to the pub adjoining the track to make certain my prize does not leak.

Crystal Palace: 9.30 p.m. "How did I look?" asks Alan Cranston. He has just come up into the stands after running the relay.

"You looked great!" I tell him.

Alan persists: "No, how did I look against the other runners on my leg?"

While I had watched Alan high-stepping down the back straightaway, I couldn't recall the other runners around him. Nevertheless, I announce: "You ate them up!"

A broad smile crosses the face of the senior Senator from California.

Helsinki, Finland: August 27, 5.30 p.m. On Saturday we left London. Today we are in Helsinki for a Sunday evening meet with the Finnish veterans. We pass a statue of Paavo Nurmi as we approach the Olympic stadium, site of the 1952 Games. "We're twenty years too late," comments someone in the back of the bus.

My main worry is not 1952, but tonight: how will I perform in the 10,000 meter run? Roughly sixty have entered. Comparing the size of our field with the number of spectators in the stands, I decide those on the track hold the majority. Friends and relatives — perhaps that is how it should be. At the gun five runners press for the lead. Then we become four, and three. With two laps to go a Finn sprints to the front, but I hold on. With three hundred meters left I spurt past and at the tape throw my arms high in the air, a delirious sign of victory. Nurmi had once won an Olympic gold medal in slower time than I had just run. A meaningless comparison. You cannot measure greatness by the stopwatch or the steel tape. The only measurement in any given age is man's ability against his competition. The deeds of Nurmi live on past his records. His statue will remain in place.

On the victory stand they hand me a gold medal. I turn it over and read the inscription on the back: "Old Boy's Games." Back to Earth.

Vierumaki, Finland: August 29, 11.00 p.m. A hundred miles north of Helsinki the Finns maintain a national sports camp. I once had stayed here for a week while touring Scandinavia with an AAU track team. In addition to a six-story dormitory, the camp has soccer fields, tennis courts, an indoor swimming pool, a six-lane all-weather track, and miles and miles of trails circling lakes and winding through piney forests. One sawdust warmup path near the track has lights strung above it from the trees for night jogging.

When our group arrives by bus their eyes grow wide as saucers and soon our team, even some of the wives, is running in all directions through the woods, swimming, saunaing, even shooting basketballs. Others may travel to Europe to attend the opera at *La Scala* or climb the Eiffel Tower, but our group could lose an entire month at Vierumaki. It is a Disneyland to middle-aged runners.

The Baltic Sea: August 30, 11.00 p.m. We travel overnight by boat to our next competition in Stockholm. I discover Alphonse Julliard, head of Stanford's linguistics department sitting in the shop's cafe and sit down beside him. He has been smoking his pipe and watching the Olympics on the ship's television set, but as we've gotten farther from shore reception has faded.

As a boy, Alphonse competed in the sprints in his native France, but World War II halted his athletic career. He began jogging several years ago and attended the West Coast Relays, mainly to watch Bill Toomey perform. The program featured a 100 yard dash for senior runners, and several of Alphonse's students pulled him out of the stands demanding that he compete. With a borrowed pair of shoes he placed second, pulling a leg muscle while doing so. But the competitive bug had struck. Alphonse set his goal at running 11.0 for 100 yards, but already is down to 10.8 and still counting.

When the Master's program first developed, many worried about middle-aged men competing in

explosion events like the sprints and jumps. Older men traditionally have raced in long distance events, but then no sane man would attempt a marathon, or even a mile, without training. Of course, a sane man might confine his athletic activity to watching the Monday night football games, but because 100 yards is so short, there remains the danger that once-fast athletes might jump into such a race with inadequate preparation and injure or even kill themselves. I face Alphonse with this problem.

"I'll admit some danger," he replies. "But older sprinters must prepare for competition by becoming long distance runners first — then working down to shorter distances at faster speeds. They probably should obtain a thorough medical checkup before starting — not just a regular electrocardiograph, but a dynamic electrocardiograph, in which a trained physiologist monitors their heart under exercise."

"It's hard enough to find a doctor with time enough to take your temperature these days, much less give you a thorough exam," I comment.

"True," admits Alphonse. He shrugs. "But I think maybe we exercise too many fears about what men past forty can accomplish. We age ourselves prematurely by thinking old. Take Adolfo Consolini. At age forty-seven he still held the Italian record in the discus. But according to Italian athletic rules, nobody past the age of forty-five can compete. So Adolfo had to join a Swiss club and compete in his home country as a foreigner."

Stockholm, Sweden: August 31, 6.00 p.m. A tragedy. While I am dressing for our meet with the Swedish veterans David Pain comes into the dressing room and says that Martti Laitinen, a 65 year old race walker, collapsed in the park during the middle of his event. "It looks like a heart attack," says David. "His face looked very gray. Martti could talk, but couldn't see. They rushed him to the hospital." One of the fears of those involved in veterans' running is that should someone die during competition, others will look upon this as proof that athletics for middle-aged men is unsafe. A sprinter suffered a heart attack last year in San Diego, but recovered.

I should feel sorrow at Martti's plight, but strangely I almost envy him. We had sat together coming into Helsinki. He was laughing, making jokes with a drunk who had gotten onto our tour bus by mistake. Born in Finland, Martti had left his native land in 1931 while still in his twenties. Now he had returned to visit his family, including his sister. My last memory of Martti Laitinen was seeing him standing near the gangplank with friends just before our boat departed. And now — if I had to choose my end, it would be to be stricken down while running through the piney forest. Yet Martti is a friend, and I hope he recovers. My eyes fill with tears as I write this.

Stockholm: August 31, 7:03:26 p.m. I could have run in one of three different cross country events here Thursday evening and maybe won, but I chose to run 1500 meters on the track against Bill Fitzgerald. With three laps gone I know I'm in trouble, because I have allowed the pace to sag to a

leisurely 3:26 and now I must match Fitzgerald's kick. A computer scientist with TRW near Los Angeles, Bill started running at age forty-three and quickly became the best veteran middle distance runner in the world. In London he waited until the last straightaway to win his 800 meter race. He finished off his opposition similarly in Helsinki. Now he is doing the same to me even though I had lunch with Bill yesterday and tried to act very politely.

The straightaway ahead seems long, long, long, and it may take twenty more years to reach the finish line. Then all of a sudden we cross it and he is in front of me with his arms raised in victory.

I am disappointed in my defeat. Had I only pressed the early pace faster — but life is loaded with "IF's." Nevertheless, I am left at the end of the road with my hunger still unsatisfied. I know I will run again.

Michigan City: September 20, 4.00 p.m. David Pain is on the telephone. He has just arrived home in San Diego from the tour which continued for two more weeks after I left them. The weather turned bad; rain plagued their remaining meets, but runners don't mind rain and the only people in the stands were friends and relatives. The Mayor of Gothenburg almost cancelled their meet because of the Israeli Olympic deaths but eventually they ran. En route to Cologne 202 pieces of luggage missed a train connection and continued on to Frankfurt. That meant two days without extra clothes and worse: no track gear. A number of people had colds, but no more serious injuries. Martti Laitinen, after spending two and half weeks in a Stockholm hospital, rejoined the group and flew back with them. He admitted to David Pain that he had felt ill even before he left the States and perhaps pushed himself too hard. Later that winter he suffered another heart attack and died. A friend gone. The wreckers had finished their work.

"You know, what we did on this tour is probably the way the Olympic Games were at the turn of the century," says David Pain. "Everybody paid their own way. It was strictly low pressure. There was no nationalism and no politics. We had Australians and Canadians in our tour group and I rooted as hard for them as for our Americans. Everybody was working for personal bests. Nobody was aware of any political implications. Nobody cared."

"What's next for the Master's program?" I asked.

"Well, I hope to take the tour down under during Christmas vacation next year," David replies. "We'll run in Australia and New Zealand, and finish up in Hawaii."

"And then?"

"I stopped off in Toronto on the way back. We might hold world's championships for veterans there in 1975."

"Next?"

David Pain paused a minute. "Maybe by that time they will have discovered life on Mars."

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For the Over 70's

VINTAGE REVIEW

If ever an 'old-un' could show the youngsters a thing or two its 88 years old Duncan Maclean, the "Tartan Flash". For when it comes to publicity Duncan's the man for organising it. He has the press round his little finger. He calls them up when he needs them and, with tongue in cheek, he will sell them a line that they will eagerly lap up.

"I see you did a 100 in 14 seconds last week Duncan" I said, knowingly. Duncan leaned forward and whisperingly confided "Its not the time that matters, its the publicity!" The Tartan Flash was in full preparation for the trip to the U.S. Masters Championships and his publicity/fund raising scheme was in full swing.

With the local and national press all fired up with photographs and interviews it was the turn of television. Duncan's thoroughness had forewarned me of his appearance on the Hughie Green show "The Sky's the Limit". No normal entry for the Tartan Flash of course. With his Scottish dress clothes and kilt flaring around him Duncan made his way through the audience with a dancing jig to emerge on the stage as an obvious handful for Hughie Green.

Those who thought Duncan had overplayed his hand were wrong. After declaring that he had only come on to the programme because he needed a sponsor, he chose Music Hall as his subject. With 50 years experience as a music hall artist he knew what he was doing.



DUNCAN MACLEAN

He not only answered the questions but elaborated on them too. He fairly skated through to the £100 prize amid tremendous applause. In just ten minutes he had advertised the U.S. meeting, veteran athletics, himself and scooped £100 for doing it!

Duncan trains, and indeed works at times, at the Crystal Palace Sports Centre. He tells me "I plan to run round that track on my 100th birthday and when I pass on my ghost will still keep running round it". I'm wondering whether I'll live long enough to see it!

It is difficult to speak of Duncan Maclean without mentioning his close friend and rival Charlie Speechley. Charlie, one year junior to the Tartan Flash, has a different personality and background. Quiet and unassuming, Charlie has been active in the athletics world since boyhood and is known to multitudes as an official or helper at countless promotions whether they be track and field, road running or race walking events. In his hey-day he was a race walker, competing until he reached the age of 80 years. He then turned to sprinting and now trains on the track at Wealdstone Manor, Harrow where Roger Bannister did much of his training, "but I hope it was in better condition then" says Charlie.

At the recent Barnet Sports Gala, Duncan scraped home by a tenth. Charlie shook his fist in friendly annoyance — it was so near. When the special victory ceremony took place Duncan, ever ready to capitalise on a situation, leant down from the pinnacle of the rostrum to assist Charlie by the elbow on to the single step alongside him. The runner-up shook his arm away with an ostentatious smile of independence. Duncan laughed, the crowd laughed. Here were two characters they wanted to see more of.

It takes determination and a lot of conditioning to tackle Pikes Peak, especially if you have just turned 73

Noel K. Johnson, an AARP member, recently competed in the Colorado marathon, and finished second in the 13-mile uphill grind in the seniors (60-and-over) division. Most runners never make it to the top of Barr Trail on the Peak, and only a very few make the round trip through treacherous terrain. Johnson, who said "the high altitude slowed me down," did not make the return journey. "This was an experimental run for me . . . but I plan to return and do the entire 26 miles some day. I really wasn't at my best," he explained.

A retired aerospace employee at General Dynamics, Johnson did not start running until he became 69. Today the 135-pound runner holds every unofficial world record from 800 meters to 10,000 meters in his age group. Why did he start running? "My wife was ill and the doctor advised me to get outside and exercise before ulcers developed. I began jogging and haven't stopped," he replied.



NOEL JOHNSON displays his trophies and medals

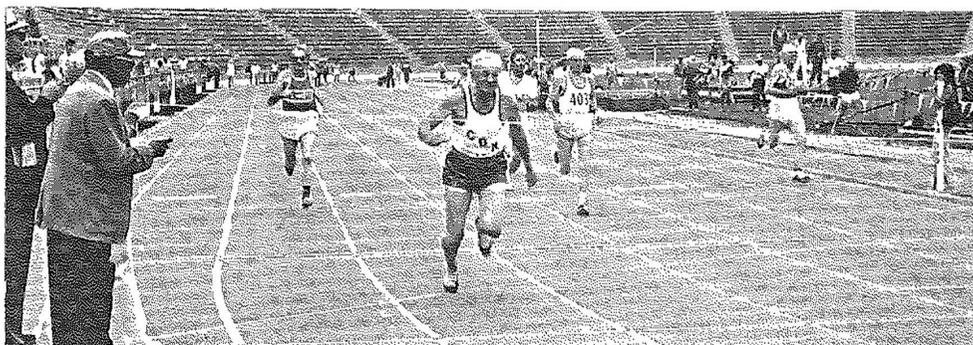
Johnson, who runs the mile in 6½ minutes, is 40 pounds lighter than he was when he started and has won enough trophies and medals to fill a showcase for his record-setting feats in the 70-and-over bracket.

He runs anything from 100 meters to the marathon. In 1971, he was named the outstanding athlete in division four of the San Diego AAU Masters Track and Field Championships, and walked away with three gold medals.

How does he stay in condition? "I run about 200 miles a month and put in four days a week in the gym, doing all sorts of exercises. For the next Pikes Peak race, I intend to do more and work harder. I don't want to just get old."

Last year a physiologist ran a series of tests on Johnson to determine what kind of shape he was in for his age. The results: Johnson was a phenomenon for his age, and his improvement in physical conditioning over the past three years proved that humans can decrease their biological age with proper eating, drinking and activity habits.

"Everything will be easy after that Pikes Peak thing," Johnson laughed as he discussed the future. "I hope to reach my peak at age 75, and I may then try to run from LA to New York. I have a friend up in San Francisco who is 105 years young and he still jogs about six miles every morning before he goes to



Ralph Higgins (USA) wins the 1973 US Masters '100' in 14.8 from Bob Wiseman (GBR) (403)

work. If I work at it, I'll still be breaking records at his age."

With a track record like his, no one is doubting his word.

When A. G. "Bob" Roberts (Veterans' A.C. Walking captain, and Highgate Harriers) finished the metropolitan Walking club's open 20 kilometres race inside two hours he almost certainly established a record for a walker aged 71.

It is very unlikely that any other walker of a similar age has bettered this performance in a bona fide race over an approved course. Another good effort by Roberts was his 73 mins 47 secs when he finished 54th out of 93 starters in the Greater London Council's 10 miles championship at Battersea Park on February 10th.

At the Veterans International meeting at Crystal Palace last August Roberts won the over 60 class of the 15 kilometres walk, held on the testing motor racing circuit, in 87 mins 54 secs and was 23rd of the 51 who finished the race for all classes.

He was very disappointed that through lack of knowledge of the subsequent Cologne meeting he missed an opportunity of adding another "Gold" to his Crystal Palace medal as both L. O'Neill (U.S.A.) who won the 10,000 metres walk for 60 and over and G. Theobald (Australia) winner of the 70 and over in Germany both trailed well behind Roberts at Crystal Palace.

Roberts has been a member of the Veterans' Athletic Club since the Second World War.

Larry Lewis celebrated his 106th birthday in San Francisco on June 25th by sprinting 100 yards after his daily six and three quarters mile run around Golden Gate Park. He retired from work as a waiter last January. In his youth he was a circus trapeze artist.

POSTBAG

Our inaugural issue of VETERIS received a most encouraging response. The following comments have been extracted from our healthy postbag and are indicative of the interest that has been shown in our new enterprise.

★ ★

"Walter Winterbottom (Director of Sports Council) was as interested as I was to see the inaugural issue of VETERIS and we feel certain that this informative and attractively produced magazine will quickly attract a loyal readership."

DR. ROGER BANNISTER C.B.E.

"I've seen nothing like VETERIS in the English Language. If the first issue is any indication, your subscription list is going to be tremendous once the word gets out."

JOE HENDERSON
"Runners World"

Congratulations on a fine new publication. You have done a great job on your initial issue"

BERT NELSON
"Track & Field News"

"An excellent magazine. . . ."

ALAN HUBBARD
"Sportsworld"

"Recibo el No.1 de esta revista y tengo que felicitarle muy sinceramente por tan admirable trabajo!"

ALFONSON POSADA
Vigo, Spain.

RE VETERIS. GREAT! YOURS ECSTATICALLY,
JOHN WALKER"

"Congratulations on your first issue. It must have required a tremendous amount of work and I am sure all subscribers will appreciate your efforts."

JACK WILLIAMS

"Congratulations to the sponsors of VETERIS and long may it flourish. As a founder member (not many left) of the Veterans AC formed at Chelsea in 1931, and their first club champion and captain, I hope all interested veterans and their friends will support this long needed publication so that we may all keep up with present day information from our friends at home and abroad.

HARRY WICKS(83)
Past President, Veterans AC.

"Congratulations on the excellent make up and presentation of the new magazine"

PAT WILKS

Dear Editor,

Veteran Athletics really does seem to be going from strength to strength, but I think we've got the age classification wrong. For many many years they have had a very good classification for orienteering in Scandinavia and it seems to me to make more sense than our classification of forty, fifty and sixty. The names I've put against the classes are my own but the age classification has been proved to be most effective. I think the chief point to realise is that many people drop out of the sport in their late thirties when they find that they can no longer keep up but this new scheme gives them an incentive once they have passed the age of 34:

1. Men 35 and over - senior
2. Men 43 and over - veterans.
3. Men 50 and over - vintage.
4. Men 57 and over - VSOP. (which stands for Very Special Old Person).

Yours sincerely
CHRIS BRASHER
Richmond, Surrey.

Dear Editor,

I would like to congratulate you and your team for the excellent job done in producing "Veteris". I was a member of the touring Australian team which went to the U.S.A., London and Cologne and you will find my face among the Aussies in your magazine (No.16). I am a coach and athlete with the Geelong Guild A.A.C. and in my 35th year of athletics.

Reading through your rankings of 1972 I noticed that my name was omitted from it and that is the main reason for writing. I am sure that you will get many more of such letters until you have collected all the necessary data but even so it is an excellent idea as it gives us an insight into other fellows' performances.

Yours, R. Hochreiter
(Eds. Note: Amendments to the 1972 track rankings will be included in our December issue.)

Dear Editor,

The first edition of "Veteris" was excellent! A professional publication in every respect. I suspect that many U.S. Veterans will join me in subscribing. (Via David Pain, who as you no doubt know has offered to handle subscriptions.)

You mentioned that many late starters do quite well, I believe their lack of lifetime fitness is offset by enthusiasm. Most of us 40 and over did a fraction of today's mileage when prepping in the 1940's and prior. Sadly, I do not think that the present teens and 20's who do 100 mile weeks will be as eager when they reach our age. Can we possibly influence them toward striving for the long pull?

Yours truly
Alan Wood
Pompton Laker, N.J. U.S.A.

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