Our chartered aircraft with SAS and PINAIR are rapidly filling up. If you are planning to go you had better hurry up as some aircraft are nearly full and certain aircraft are now virtually all gone. Helen has reserved lots of rooms but must turn back those not spoken for very shortly. . . . We have departures from both coasts and trips of 15 and 26 days to select from. You can opt for just the charter or take the full package as listed below. The USMTT is committed to approximately $350,000 in transport, $200,000 for housing. We need your deposit in order to make the necessary payments to hold the aircraft and rooms. . . . DON'T DELAY -- YOU MIGHT BE LEFT OUT. Fill out the attached reservation form and return to USMTT together with your deposit. . . . We don't have final prices on all costs accordingly the quoted prices are subject to adjustment. . . . We would like to provide a variety of options from which to choose. In order to give you the lowest fares possible we have chartered three aircraft and prepared to charter a fourth with two planes leaving from each coast in which one will be for 14 days and the other 26 days. Two options would be available in 26-day tours, i.e. charter air US/Gothenburg, return Stockholm/US with a visit to "wonderful, wonderful Copenhagen". The week in Gothenburg, and followed by a customized extension including Oslo, Stockholm, Helsinki, Leningrad, Moscow and return to Stockholm to connect with the returning charters. The second option would begin the same as the first through the period in Gothenburg; then the balance of time would be open for your own scheduling (with our help available should you wish it. . . . Breakfast is generally included with the accommodation of the hostels, where kitchenette facilities are available in each building.

Tours 1 and 2 leave the U.S. August 1 and return August 17, 18, 19
1-A 10 days NY/GOT/NY $433.00 (est.)
1-B 124 modern commercial accommodations $631.00 (est.)
2-A 13 days LA/GOT/LA $644.00 (est.)
2-B 102 modern commercial accommodations $792.00 (est.)

Tours 3 and 4 leave the U.S. August 3, with accommodations to the 19th, and returning from Stockholm on August 20, 21
3-A 26 days NY/GOT STO/NY 12 nights Modern commercial accommodations $619.00 (est.)
3-B First class $677.00 (est.)
4-A 25 days LA/GOT STO/LA 12 nights Commercial $780.00 (est.)
4-B 25 days LA/GOT STO/LA 12 nights First class $838.00 (est.)

Extension or free time is August 15 to 22. Price to be determined. Price is subject to adjustment based on final costs and aircraft availability. Deposit on Tour 1-A is $150 per person, and $250 per person on remaining tours.

Mail Reservation to:

USMTT
1951 Cable Street
San Diego, California 92107

HELEN:
Yes, I want reservations for USMTT's '77 trip to Sweden. I am enclosing $ for the (1-A, 1-B, 2-A, etc.) get the extension.

Name:
Address:
Street
City
State
Zip

Others who will be going with me

/5/

WORLD MASTERS CHAMPIONSHIPS
TRACK & FIELD
AUGUST 8th-13th, 1977

GOTHENBURG, SWEDEN

Age Classes:
Men 40 and over and Women 35 and over competition to be in 5 year age groups.
The Program:
1. All Standard Metric Track and Field events.
2. International Scored Cross Country, Marathon, 20 km Road Walk, 5 km Track Walk.
3. Awards: Gold to 1st, 2nd and 3rd, Certificate of Performance, a souvenir award, plus special prizes selected events.
4. Entry Registration:
   a) If member of USMTT and going with the team, full entry to World Masters Championships, c/o USMTT 1951 Cable St., San Diego, Ca. 92107.
   b) Deadline For Entry: Deadline for entry is June 1, 1977 if sent to USMTT.
   c) Entry Fee: $5.00 1st event; $3.50 each additional event and $10.00 for Relay Teams. Make separate check payable to "USMTT -- World Championships".
   d) Documentation: Be prepared to produce proof of age.
   e) Transport:
   f) Airport to housing, plus city taxis and buses (also free use of other city facilities) special event transportation. Price $4.00 U.S. (Included in USMTT tour package).
   g) Meals: Meals at reasonable prices will be available at the Stadium.
   h) value: National Team 4x100 m. and 4x400 m. in classes 1, 11 and 12 (age of youngest runner determines class) may be national or club teams. Entry limited to one team per country however.
   i) Special 4x400 m. Relay. Each club or nation can enter as many teams as it desires. Each team to consist of 2-40 year olds, 1-50 year old, and 1-50 year old and 1-55 year old and 1-60 year old. Members of National relay teams are not eligible for Special Relay.
   j) Awards: National team 4x100 (35-44), (45-54) and (55-64) and same rules as for men. The USMTT will field Relay Teams for both Men and Women.
   k) Events For Women:

   100 M., 400 M., 1500 M., 3000 M., 5000 M.

   EQUIPMENT CRITERIA:
   Certified throwing equipment will be provided. Those competitors wishing to use their own equipment may do so but must have it certified by the Technical Director before competition. Metric Weight/Heights will be the official measurements.

   REGISTRATION OFFICE:
   Registration central will be open from Saturday, August 6th in Stockholm's Icestadion, in direct connection with Slottsskogsvallen Stadium. In the registration hall there will be a restaurant, a cafeteria, shops, bank, tourist office and medical centre etc.
PRELIMINARY COMPETITION SCHEDULE

- finals
- trials
O - price giving ceremony

Time table for the days, events and classes when entry time is out.

<table>
<thead>
<tr>
<th>Events M-Men</th>
<th>W-Women</th>
<th>Monday 8th pm</th>
<th>Tuesday 9th pm</th>
<th>Wednesday-Thursday 10th 11th pm</th>
<th>Friday 12th pm</th>
<th>Saturday 13th pm</th>
</tr>
</thead>
<tbody>
<tr>
<td>100 m sprints W-Women</td>
<td>200 m sprints M</td>
<td>200 m sprints M+W</td>
<td>300 m sprints M</td>
<td>300 m sprints M+W</td>
<td>800 m sprints M</td>
<td>800 m sprints M+W</td>
</tr>
</tbody>
</table>

REGISTRATION FORM

This entry is to be sent before JUNE 1st 1977 to USMTT
1951 Cable St. San Diego, Ca. 92107

Family name: [Name]
Address (no and street): [Address]
City and postal code: [City]
Province or state: [Province]
Date of birth: [Date]
Nature: [Nature]
Class: [Class]
Sex: [Sex]

I wish to participate in (check events in your class, see programme):

- 100 meters
- 200 meters
- 400 meters
- 800 meters
- 1,500 meters
- 3,000 meters
- 5,000 meters
- 10,000 meters
- 1,500 m hurdles
- 3,000 m steeplechase
- Pole vault
- Shot put
- Discus
- Javelin
- Pentathlon
- High jump
- Long jump
- Marathon
- 3,000 m steeplechase
- Marathon 42.195 m
- Crosscountry race
- 10,000 m
- 5,000 m walks
- 20,000 m walks
- Pentathlon
- High jump
- Long jump
- Triple jump
- Pole vault
- Shot put
- Discus
- Javelin
- Hammer
- Relays

Before starting in this competition I will be trained and conditioned diligently. I am aware of any physical or conditional deficiency, which could cause me to be injured during competition. I am stating at my own risk.

My best results:

I enclose a photo of myself during sport activity (not necessary but desirable). The photo is permitted to be published.

Dinner subscription in the Arena Restaurant
I want to subscribe dinner as follows:

- Monday 8th dinner
- Tuesday 8th dinner
- Wednesday 10th dinner
- Thursday 11th dinner
- Friday 12th dinner
- Saturday 13th dinner

I want vegetarian food

These bookings are binding.

OTHER EVENTS:
No standard suggested.

EQUIPMENT:

Hurdles
Class: [Class]
Shot put: [Shot put]
Discus: [Discus]
Javelin: [Javelin]