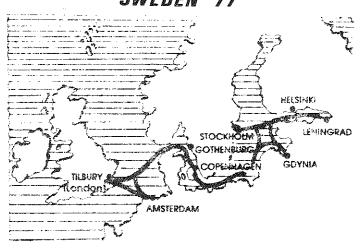
## USMIT Charter Tours to World Masters SWEDEN '77



Our chartered aircraft with SAS and FINAIR are rapidly filling up. If you are planning to go you had better hurry up as some aircraft are nearly full and certain accommodations are now virtually all gone. Helen has reserved lots of rooms but must turn back those not spoken for very shortly. . . . We have departures from both coasts and trips of 15 and 26  $\,$ days to select from. You can opt for just the charter or take the full package as listed below. The USMTT is committed to approximately \$350,000 in transport, \$200,000 for housing. We need your deposit in order to make the necessary payments to hold the aircraft and rooms. . . . DON'T DELAY -- YOU MAY BE LEFT OUT. Fill out the attached reservation form and return to USMTT together with your deposit. . . . We don't have final prices on all costs accordingly the quoted prices are subject to adjustment. . . . We would like to provide a variety of options from which to choose. In order to give you the lowest fares possible We have chartered three aircraft and are prepared to charter a fourth with two planes leaving from each coast in which one will be for 14 days and the other 26 days. Two options would be available in 26 day tours, i.e. charter air US/Gothenburg, return Stockholm/US with a visit to "wonderful, wonderful Copenhagen". The week in Gothenburg, and followed by a customized extension including Oslo, Stockholm, Helsinki, Leningrad, Moscow and return to Stockholm to connect with the returning charters. The second option would begin the same as the first through the period in Gothenburg; then the balance of time would be open for your own scheduling (with our help available should you wish it.) . . . Breakfast is generally included with the exception of the hostels, where kitchenette facilities are available in each building. Tours 1 and 2 leave the U.S. August Z and reurn August 17.08 14

1-A 10 days NY/GOT/NY 70 hostel-type rooms \$483.00 (est.)

1-B 124 modern commercial accommodations

\$631.00 (est.)

2-A 1 days LA/GOT/LA

50 hostel-type rooms \$644.00 (est.)

2-B 102 modern commercial accommodations

\$792.00 (est.)

Tours # and 4 leave the U.S. August 3, with accommodations to the 15th, and returning from Stockholm on August 28.27

3-A 26 days NY/GOT STO/NY 12 nights Modern commercial accom-

\$619.00 (est.) CANCELLED modations \$677.00 (est.) CANCELLED 3-B First class

4-A 25 days LA/GOT STO/LA 12 nights

Commercial \$780.00 (est.))

Extension or free time is August 15 to 28.37

The price of whatever you decide to do in this period in it. this period is in addition to either Tour 3 or 4. Plus 5) Extension 13 days -- Scandina-

via & Russia \$1038.00 (est.) 6) Extension -- your choice --

Price to be determined.

Prices are subject to adjustment based on final costs and aircraft availability.

Deposit on Tour 1-A is \$150 per person, and \$250 per person on remaining tours.

Mail Reservation to:

USMTT 1951 Cable Street San Diego, California 92107 Yes, I want reservations for USMTT's '77 trip to Sweden. I am enclosing \$ tour. (Don't for-(1-A, 1-B, 2-A, etc.) get the extension.) Name Address

Street

Others who will be going with me

/5/

City

State



# WORLD MASTERS CHAMPIONSHIPS TRACK & FIELD AUGUST 8th-13,1977 GOTHENBURG, SWEDEN



Age Classes:

Men 40 and over and Women 35 and over competition to be in 5 year age groups.

The Program:

All Standard Metric Track and Field events, International Scored Cross Country, Marathon, 20 km Road Walk, 5 km Track Walk. Awards:

Medals to 1st, 2nd and 3rd, Certificate of Performance, a souvenir award, plus special prizes selected events.

Entry Address:

If member of USMTT and going with the team, Mail entry to World Masters Championships, c/o USMTT 1951 Cable St., San Diego, Ca. 92107

Deadline For Entry:

Deadline for entry is June 1, 1977 if sent to USMTT.

Entry Fee:  $\frac{56.00}{1st}$  event; \$3.50 each additional event and \$10.00 for Relay Teams. Make separate check payable to "USMTT -- World Championships"

Documentation:

Be prepared to produce proof of age.

Transport:

Airport to housing, plus city trams and buses (also free use of other city facilities) special 1 week pass. Price \$6.00 U.S. (Included in USMTT tour package).

Meals:

Meals at reasonable prices will be available at the Stadium.

Relays:

Men: National Team 4x100 m. and 4x400 m. in classes I, II and III (age of youngest runner determines class) may be national or club teams. Entry limited to one team per country however.

Special 4x400 m. Relay. Each club or nation can enter as many teams as it desires. Each team to consist of 2-40 year olds, 1-50 year old, and 1-60 year old contestant. Members of Mational relay teams are not eligible for Special Relay.

Women: National team  $4 \times 100 (35-44)$ , (45-54)and (55+) otherwise rules same as for men. The USMITT will field Relay Teams for both Men and Women.

Events For Women:

100 m., 400 m., 1500 m., 3000 m., 5000 m. Walk. Marathon, X-Country, H.J., L.J., S.P., Discus, Javelin.

## EQUIPMENT CRITERIA:

Certified throwing equipment will be provided. Those competitors wishing to use their own equipment may do so but must have it certified by the Technical Director before competition. Metric Weight/Height will be the official measurements.

### REGISTRATION OFFICE:

Registration central will be open from Saturday, August 6th in Frolundaborg Icestadium, in direct connection with Slottsskogsvallen Stadium. In the registration hall there will be a restaurant, a cafeteria, shops, bank, tourist office medical centre etc.

	Class 1		Class 2		Class 3		Class 4
WOMEN	Α	В	Α	В	Α	В	
	35-39	40-44	45-49	50-54	55-59	60-64	65+
100 metres	15,0	16,0	17,0	18,0	19,0	20,0	21.0
400 metres	72,0	80,0	90,0	100,0	110,0	120.0	130,0
1.500 metres	6,15	6,25	6,35	6,45	6.55	7.05	7.15
3.000 metres	13,30	14,00	14,30	15.00	15.30	16.00	16,30
5.000 mts walk						, , ,	] -/
Crosscountry race							
10.000 mts							
Marathon 42,195 mts							
High jump	1,25	1,20	1.15	1.10	1,05	1.00	0,95
Long jump	3,75	3,60	3.45	3,30	3.15	3.00	2.75
Shot put	8,00	7,50	7.00	6,50	6.00	5.50	4.50
Discus	28,00	26,00	24,00	22,00	20.00	18,00	15,00
Javelin	25,00	23,00	21,00	19,00	17,00	15,00	13,00

40.000							
10.000 mts Marathon 42,195 mts							
High jump	1,25	1,20	1,15	1,10	1,05	1,00	0,95
Long jump	3,75	3,60	3,45	3,30	3,15	3,00	2,75
Shot put Discus	8,00 28,00	7,50	7,00	6,50	6,00	5,50	4,50
Javelin	25,00	26,00 23,00	24,00 21,00	22,00 19,00	20,00 17,00	18,00 15,00	15,00 13,00
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9th Wednesday 10th

..... dinner

...... dinner at ...... Sw.Cr.=

Friday

Saturday 13th

12th ..... dinner

Tuesday

I want vegetarian food These bookings are binding.

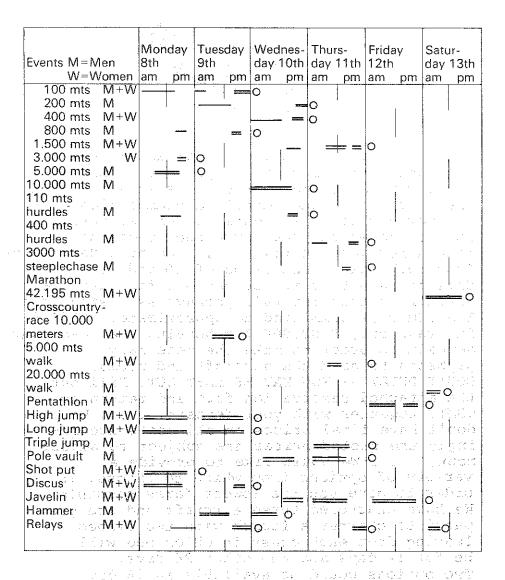
#### PRELIMINARY COMPETITION SCHEDULE

== = finals

\_\_\_ = trials

O = price giving ceremony

Time table for the days, events and classes when entry time is out.



#### Events and suggested and desirable (no stipulations) performance standards for World Veteran Championships 1977 in Gothenburg

					,		
	Class 1		Class 2		Class 3		Class 4
MEN	Α	В	A	B	Α	В	-
	40-44	45-49	50-54	55-59	60-64	65-69	70±:
100 metres	12,8	13,4	14,0	14,5	15,0	16,0	18,0
200 metres	26,5	27,5	29,0	30,5	32,0	34,0	36,0
400 metres	58,0	60,0	62,0	65,0	70,0	75,0	80,0
800 metres	2,20	2,25	2,30	2,35	2,45	2,55	3,10
1.500 metres	4,55	5,10	5,25	5,40	5,55	6,10	6,40
5.000 metres	18,00	19,00	20,00	21,00	23,00	25,00	27,00
10.000 metres	40,00	42,00	44,00	46,00	49,00	52,00	55,00
110 mts hurdles	19,0	20,0	22,0	24,0	26,0	28,0	30,0
400 mts hurdles	70,0	75,0	80,0	85,0	90,0	95,0	100,0
3.000 mts steeplechase							
Marathon 42,195 mts						1.70	9
Crosscountry race				Maria Control	1.3	e.	Lugi
10.000 mts						D.M.A.	0000
5.000 mts walk							3.42
20.000 mts walk						5.5	
Pentathlon	1.500p	1.400p	1.300p	1.200p	1.100p	1.000p	900p
High jump	1,50	1.45	1,35	1,30	1,25	1,20	1,10
Long jump	5,25	4,75	4,25	4,00	3,75	3,50	3,25
Triple jump *	10,50	10,00	9,50	9,00	8,00	7,50	6,50
Pole vault	3,25	2,90	2,60	2,40	2,20	2,00	1,80
Shot put	10,00	9,50	10,00	9,00	10,00	9,00	8,00
Discus	30,00	27,00	30,00	27,00	30,00	27,00	25,00
Javelin	40,00	37,00	34,00	31,00	30,00	27,00	24,00
Hammer	40,00	35,00	32,00	28,00	25,00	23,00	20,00
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September 1992 - Septem

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