

SPORTS TRAVEL INTERNATIONAL LTD.
4869 "B" Santa Monica Avenue
San Diego, CA. 92107

USMITT TOURS TO HANOVER '79

Please make _____ reservations for _____
number names

(at \$250 deposit per person). My address is _____

street
Phone (home) _____ (business) _____

city state zip code Incl. area code

LOS ANGELES/DUSSELDORF/LOS ANGELES departing July 23 for 2 weeks only, leaving July 24.

Budget _____ Standard _____ Deluxe _____
Aug. 03-06: Berlin _____ Rhine Cruise _____ Free Time _____.

LOS ANGELES/FRANKFURT/LOS ANGELES departing July 23 for 3 or 4 week tours:

Aug. 03-13: Alpine countries tour _____ Free Time _____ Want help to _____
Aug. 03-20: Yugoslavia/Greece tour _____ Free Time _____ Want help to _____

OAKLAND/FRANKFURT/OAKLAND departs July 24 on both 3 and 4 week tours:

3 weeks _____ 4 weeks _____ Budget _____ Standard _____ Deluxe _____
Aug. 03-13: Alpine countries tour _____ Free Time _____ Want help to _____
Aug. 03-20: Yugoslavia/Greece tour _____ Free Time _____ Want help to _____

NEW YORK/BRUSSELS/NEW YORK departing July 25 for 2, 3, and 4 weeks (returning on Tuesdays)

2 weeks _____ 3 weeks _____ 4 weeks _____ Budget _____ Standard _____ Deluxe _____
Aug. 03-07: Berlin _____ Rhine Cruise _____ Free Time _____
Aug. 03-14: Alpine countries tour _____ Free Time _____ Want help to _____
Aug. 03-21: Yugoslavia/Greece tour _____ Free time _____ Want help to _____

BOSTON/BRUSSELS/BOSTON departing July 25 for 2, 3, and 4 weeks (returning on Tuesdays)

2 weeks _____ 3 weeks _____ 4 weeks _____ Budget _____ Standard _____ Deluxe _____
Aug. 03-07: Berlin _____ Rhine Cruise _____ Free time _____
Aug. 03-14: Alpine countries tour _____ Free time _____ Want help to _____
Aug. 03-21: Yugoslavia/Greece Tour _____ Free time _____ Want help to _____

CHICAGO/BRUSSELS/CHICAGO departing July 25 for 2, 3 and 4 weeks (returning on Tuesdays)

2 weeks _____ 3 weeks _____ 4 weeks _____ Budget _____ Standard _____ Deluxe _____
Aug. 03-07: Berlin _____ Rhine Cruise _____ Free Time _____
Aug. 03-14: Alpine countries tour _____ Free time _____ Want help to _____
Aug. 03-21: Yugoslavia/Greece tour _____ Free time _____ Want help to _____

None of the above plans fit my needs. I would like the following: _____

Use reverse side for additional information.

(Please note: As we have a limited number of hotel reservations in Hanover, initial preference will be given to those who book their air transportation through us).

FROM:

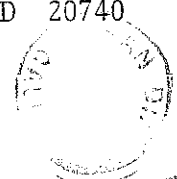
SPORTS TRAVEL INTERNATIONAL, LTD.
4869 "B" Santa Monica Ave.
San Diego, CA 92107
1-714-225-9555



Helen Pain, President

TO:

JAMES E. FIELDS
9348 CHERRY HILL ROAD, #421
COLLEGE PARK, MD 20740



U.S.M.I.T.T.



u.s. masters international track team FEBRUARY 1979

U.S.M.I.T.T.—Tours to Hanover

More than a year ago we began our investigation on the best mode of travel and accommodations for the USMITT in Hanover July/August '79. Last summer we were able to block 400 beds in Hanover in three different types of accommodations:

- (1) Budget hotels--The Union and The Hotel Foessee--single or twin
- (2) Standard hotels--The Koerner and Kastens Hotel Luisenhof--twin
- (3) Deluxe hotel--The Intercontinental--with bath and buffet breakfast

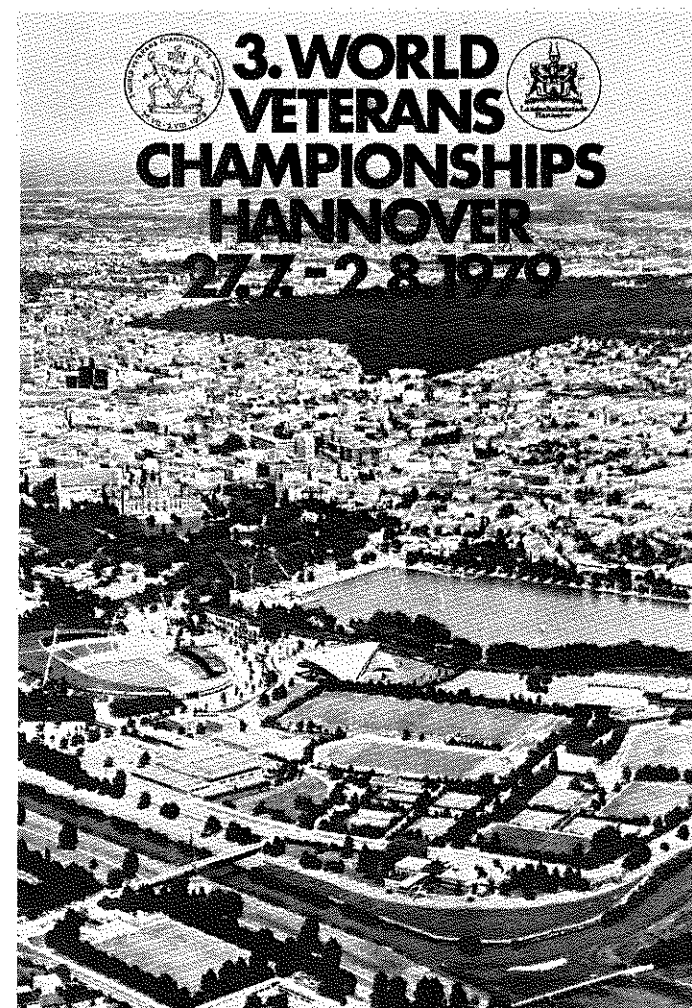
All hotels are located in downtown Hanover within a reasonable distance of the stadium. Deposit has been sent to hold these rooms for your use. However, advance payment of nearly \$30,000 was requested for February 17, 1979, with full payment due in Germany prior to our group's arrival.

Because of the policy of our government toward deregulation, the air fare structure has been in a chaotic condition. We have been unable to come up with firm figures until this week. Despite your many pleas for information, we could not give you details on the package until now. At the same time, we must request immediate action in order to protect the reservations that have already been made for you.

By March 15 we must have received \$250.00 per person to guarantee room and flight. Between March 15 and May 1, deposits will be accepted only if space is still available. May 19 is the last date for the Hanover competition entry to be received in Hanover. On or before June 1 your final payment is due for whatever package you decide upon. Now, with that general statement, let me explain to you the various opportunities and options you may choose from.

Knowing that you have a wide variety of needs and interests in this trip, we have tried to provide different lengths of stay plus different departure cities plus the three different types of accommodations. So please study these options very carefully to select the one that best suits your needs.

In addition to this basic outline of the tours to Hanover, there will be four other optional extensions. The tours are based on 2-, 3- and 4-week periods. The 2-week span is primarily for the person who wishes to attend the full meet in Hanover and get home as soon as possible. There will be three extra days at the end of the meet before the flight returns to the States, allowing a choice of a weekend in Berlin, a brief Rhine cruise, or free time. The 3-week tour will afford time for a tour through the Alpine countries, and



WE ARE WELCOMING YOU CORDIALLY ...

The Deutscher Leichtathletik-Verband (German Athletic Federation), the Athletic Association of Lower Saxony (Niedersachsen) and the Town of Hannover have the honour to stage the 3rd WORLD VETERANS CHAMPIONSHIPS 1979. Within the framework of the WORLD VETERANS ATHLETIC ASSOCIATION, Hannover is very pleased to act host for the international veteran representatives from any parts of the world and to offer hospitality to their relatives and to the officials from the International Federations. The Organizing Committee's member staff is providing the conditions for staging successfully the competitions and for making possible that veterans have a friendly get-together with fellow-competitors on an international level. The invitational programme elaborated hereinafter specifies the conditions for your approach to Hannover.

The present information is addressed to any persons concerned in the athletic world and transmits a warm invitation to participate in the event organized in the Federal Republic of Germany.

The Deutscher Leichtathletik-Verband trusts by this event will be disseminated fresh impulses for the sport in higher ages and sincerely hopes that the International Amateur Athletic Federation (IAAF) may take a fresh look at this new sphere of duties.

Prof. Dr. August Kirsch
President of the
DEUTSCHER LEICHTATHLEIK-VERBAND

Hans Axmann
President of the
ORGANIZING COMMITTEE

the 4-week period especially suits those who wish to go on to Yugoslavia, meet some of our friendly competitors and extend through Greece with a short cruise in the Greek Isles. Of course that extra time can be translated into free time for your own specific projects.

The 2-week tours available are from Los Angeles departing July 23, returning August 6. From Boston, New York and Chicago depart July 25, return August 7. These facts, with the exception of dates, are also true for the 3 and 4-week tours.

Because we do not know what your option is for the balance of the time from the end of the meet until the flight departs, the package is open-ended at that period, as is the price. It will be necessary for you to fill out the forms in detail for us to be able to finish the total reservations and billing.

CHARTERS

Los Angeles

- July 24 to Aug. 3 (No transportation from Dusseldorf/Hanover/Dusseldorf). Cost: \$799.00 (based on double occupancy)
- Tour L2SJ: Air, Standard hotel with shower and demi-pension. July 24 to Aug. 3. (No transportation Dusseldorf/Hanover/Dusseldorf) Cost: \$992.00 (based on double occupancy)
- Tour L2DJ: Air, Deluxe hotel with bath and buffet breakfast. July 24 to Aug. 3. (No transportation Dusseldorf/Hanover/Dusseldorf) Cost: \$1,113.00 (based on double occupancy)
2. LOS ANGELES to FRANKFURT--3 weeks: July 24-Aug. 13
- Tour L3BT: Air, Budget hotel with no meals nor bath. July 25 to Aug. 3 (No transportation from Frankfurt/Hanover/Frankfurt). Cost: \$799.00 (based on double occupancy)
- Tour L3ST: Air, Standard hotel with shower and demi-pension. July 25 to Aug. 3. (No transportation Frankfurt/Hanover/Frankfurt) Cost: \$976.00 (based on double occupancy)
- Tour L3DT: Air, Deluxe hotel with bath and buffet breakfast. From July 25 to Aug. 3. (No transportation Frankfurt/Hanover/Frankfurt) Cost: \$1,081.00 (based on double occupancy)
3. LOS ANGELES to FRANKFURT--4 week: July 24-Aug. 20
- Tour L4BT: Air, Budget hotel with no meals nor bath. July 25 to Aug. 3. (No transportation from Frankfurt/Hanover/Frankfurt) Cost: \$799.00 (based on double occupancy)
- Tour L4ST: Air, Standard hotel with shower and demi-pension. July 24 to Aug. 3. (No transportation Frankfurt/Hanover/Frankfurt). Cost: \$976.00 (based on double occupancy)
- Tour L4DT: Air, Deluxe hotel with bath and buffet breakfast. From July 25 to Aug. 3. (No transportation Frankfurt/Hanover/Frankfurt) Cost: \$1,031.00 (based on double occupancy)

OAKLAND

4. OAKLAND to FRANKFURT--3 weeks: July 24 to Aug. 13
- Tour O3BC: Air, Budget hotel with no meals nor bath. July 25 to Aug. 3. (No transportation from Frankfurt/Hanover/Frankfurt) Cost: \$749.00 (based on double occupancy)

- Tour O3SC: Air, Standard hotel with shower and demi-pension. July 25 to Aug. 3. (No transportation Frankfurt/Hanover/Frankfurt) Cost: \$926.00 (based on double occupancy)
- Tour O3DC: Air, Deluxe hotel with bath and buffet breakfast. From July 25 to Aug. 3. (No transportation Frankfurt/Hanover/Frankfurt) Cost: \$1,031.00 (based on double occupancy)
5. OAKLAND to FRANKFURT--4 weeks: July 24 to Aug. 20
- Tour O4BC: Air, Budget hotel with no meals nor bath. July 25 to Aug. 3. (No transportation Frankfurt/Hanover/Frankfurt) Cost: \$749.00 (based on double occupancy)
- Tour O4SC: Air, Standard hotel with shower and demi-pension. From July 25 to Aug. 3. (No transportation Frankfurt/Hanover/Frankfurt) Cost: \$926.00 (based on double occupancy)
- Tour O4DC: Air, Deluxe hotel with bath and buffet breakfast. From July 25 to Aug. 3. (No transportation Frankfurt/Hanover/Frankfurt) Cost: \$1,031.00 (based on double occupancy)

NEW YORK

6. NEW YORK to BRUSSELS--2 weeks: July 25 to Aug. 7
- Tour NY2BK: Air, Budget hotel with no meals nor bath. July 26 to Aug. 3. (No transportation Brussels/Hanover/Brussels). Cost: \$488.00 (based on double occupancy)
- Tour NY2SK: Air, Standard hotel with shower and demi-pension. From July 26 to Aug. 3. (No transportation Brussels/Hanover/Brussels) Cost: \$646.00 (based on double occupancy)
- Tour NY2DK: Air, Deluxe hotel with bath and buffet breakfast. From July 26 to Aug. 3. (No transportation Brussels/Hanover/Brussels) Cost: \$738.00 (based on double occupancy)
7. NEW YORK to BRUSSELS--3 weeks: July 25 to Aug. 14
- Tour NY3BK: Air, Budget hotel with no meals nor bath. July 26 to Aug. 3. (No transportation Brussels/Hanover/Brussels). Cost: \$488.00 (based on double occupancy)
- Tour NY3SK: Air, Standard hotel with shower and demi-pension. From July 26 to Aug. 3. (No transportation Brussels/Hanover/Brussels) Cost: \$646.00 (based on double occupancy)
- Tour NY3DK: Air, Deluxe hotel with bath and buffet breakfast. From July 26 to Aug. 3. (No transportation Brussels/Hanover/Brussels) Cost: \$738.00 (based on double occupancy)
8. NEW YORK to BRUSSELS--4 weeks: July 25 to Aug. 21
- Tour NY4BK: Air, Budget hotel with no meals nor bath. July 26 to Aug. 3. (No transportation Brussels/Hanover/Brussels). Cost: \$488.00 (based on double occupancy)
- Tour NY4SK: Air, Standard hotel with shower and demi-pension. From July 26 to Aug. 3. (No transportation Brussels/Hanover/Brussels) Cost: \$646.00 (based on double occupancy)
- Tour NY4DK: Air, Deluxe hotel with bath and buffet breakfast. From July 26 to Aug. 3. (No transportation Brussels/Hanover/Brussels) Cost: \$738.00 (based on double occupancy)

BOSTON

9. BOSTON to BRUSSELS--2 weeks: July 25 to Aug. 7
- Tour B2BK: Air, Budget hotel with no meals nor bath. July 26 to Aug. 3. (No transportation Brussels/Hanover/Brussels). Cost: \$538.00 (based on double occupancy)
- Tour B2SK: Air, Standard hotel with shower and demi-pension. From July 26 to Aug. 3. (No transportation Brussels/Hanover/Brussels). Cost: \$696.00 (based on double occupancy)
- Tour B2DK: Air, Deluxe hotel with bath and buffet breakfast. From July 26 to Aug. 3. (No transportation Brussels/Hanover/Brussels) Cost: \$788.00 (based on double occupancy)
10. BOSTON to BRUSSELS--3 weeks: July 25 to Aug. 14
- Tour B3BK: Air, Budget hotel with no meals nor bath. From July 26 to Aug. 3. (No transportation Brussels/Hanover/Brussels) Cost: \$538.00 (based on double occupancy)
- Tour B3SK: Air, Standard hotel with shower and demi-pension. From July 26 to Aug. 3. (No transportation Brussels/Hanover/Brussels) Cost: \$696.00 (based on double occupancy)
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- Tour B4BK: Air, Budget hotel with no meals nor bath. From July 26 to Aug. 3. (No transportation Brussels/Hanover/Brussels) Cost: \$538.00 (based on double occupancy)
- Tour B4SK: Air, Standard hotel with shower and demi-pension. From July 26 to Aug. 3. (No transportation Brussels/Hanover/Brussels) Cost: \$696.00 (based on double occupancy)
- Tour B4DK: Air, Deluxe hotel with bath and buffet breakfast. From July 26 to Aug. 3. (No transportation Brussels/Hanover/Brussels) Cost: \$788.00 (based on double occupancy)

Chicago

12. CHICAGO to BRUSSELS--2 weeks: July 25 to Aug. 7
- Tour C2BK: Air, Budget hotel with no meals nor bath. From July 26 to Aug. 3. (No transportation Brussels/Hanover/Brussels) Cost: \$638.00 (based on double occupancy)
- Tour C2SK: Air, Standard hotel with shower and demi-pension. From July 26 to Aug. 3. (No transportation Brussels/Hanover/Brussels) Cost: \$796.00 (based on double occupancy)
- Tour C2DK: Air, Deluxe hotel with bath and buffet breakfast. From July 26 to Aug. 3. (No transportation Brussels/Hanover/Brussels) Cost: \$888.00 (based on double occupancy)
13. CHICAGO to BRUSSELS--3 weeks: July 25 to Aug. 14
- Tour C3BK: Air, Budget hotel with no meals nor bath. From July 26 to Aug. 3. (No transportation Brussels/Hanover/Brussels) Cost: \$638.00 (based on double occupancy)
- Tour C3SK: Air, Standard hotel with shower and demi-pension. July 26 to Aug. 3. (No transportation Brussels/Hanover/Brussels) Cost: \$796.00 (based on double occupancy)
- Tour C3DK: Air, Deluxe hotel with bath and buffet

- breakfast. From July 26 to Aug. 3. (No transportation Brussels/Hanover/Brussels) Cost: \$888.00 (based on double occupancy)
14. CHICAGO to BRUSSELS--4 weeks: July 25 to Aug. 21
- Tour C4BK: Air, Budget hotel with no meals nor bath. From July 26 to Aug. 3. (No transportation Brussels/Hanover/Brussels) Cost: \$638.00 (based on double occupancy)
- Tour C4SK: Air, Standard hotel with shower and demi-pension. From July 26 to Aug. 3. (No transportation Brussels/Hanover/Brussels) Cost: \$796.00 (based on double occupancy)
- Tour C4DK: Air, Deluxe hotel with bath and buffet breakfast. From July 26 to Aug. 3. (No transportation Brussels/Hanover/Brussels) Cost: \$888.00 (based on double occupancy)

Now, as you can see, with so many choices available there is no way that we can determine at this point how many of you would be leaving from which city to Hanover and when, and certainly when you will want to return. With train, coach and air transportation available, we will make the best arrangements possible when we have your definite reservations. Most convenient for you would be a coach connection between your point of arrival in Europe and your hotel in Hanover. However, if there is not a sufficient number to merit a bus, then we shall work out individual travel.

If none of these options suit your needs, then our next step would be to book your reservation on a scheduled airline with the best fare available. In order to assure you of both air and hotel reservations, I urge you to respond immediately to this writing.

You have been eagerly awaiting the details. Please act now to assure your reservations for air and hotel.

ADDITIONAL OPTIONS:

PURCHASE or LEASE CARS. Many of you have expressed interest in the purchase or leasing of cars while in Germany. We can provide this service for you (including insurance and shipping) at the same price or less as your local dealer. Just let us know on your application and we will forward the information. You can definitely save on the U.S. delivery price by your overseas purchase...and have the use of the car in Germany.

In order to give you an accurate price quote on the tours including BERLIN, RHINE CRUISE, ALPINE COUNTRIES, and YUGOSLAVIA/GREECE, we must have some idea of how many of you are interested. Please check your application form, without obligation. We will base our prices on the replies received by March 15. At that time we shall notify you as to the detailed itinerary and cost.

12th WORLD VETERANS ROAD RUNNING CHAMPIONSHIPS Bolton, England. 10 KM - Saturday, July 21, and 25 KM - Sunday, July 22, 1979. For those of you who would like to include the above competition prior to the meet in Hanover, we can make special arrangements for flights and accommodations. We have entry forms and additional information.

3. World Veterans Championships Track and Field

July 27. - August 2. 1979

Niedersachsen-Stadion
Hannover
Federal Republic of Germany



In Göteborg in 1977, I was privileged to attend the Championships held for veterans from all parts of the world. I am, therefore, very glad to have this opportunity to add a few words to the first official brochure for the 1979 Hannover championships.

The IAAF welcomes the movement of veteran athletics and acknowledges the fact that this new branch of our sport, which is growing in importance year by year, certainly contributes towards extra propaganda for athletics in general.

It is also true to say that many veterans not only practice the sport themselves but also encourage younger athletes, acting in many cases as judges and coaches.

As far as technical rules are concerned, the IAAF Concil believes that there can only be one set of basic international athletic rules for all levels and ages. However, concerning the eligibility status of athletes competing in veteran meetings, it is felt that this question should be decided by the veteran movement itself, the forthcoming Puerto Rico Congress, on October, is expected to approve an addition to IAAF rules to bring this about.

Having witnessed the 1977 Veteran Championships, I know how much pleasure all participants derive from the competition which brings together so many of their own age groups.

I therefore, hope that the meeting in Hannover will be even more successful, and, in the name of the IAAF I extend greetings to fellow veterans from all over the world.

Adriaan Paulen, IAAF President

COME TO HANNOVER FOR A GOOD TIME!

A wish or a promise? We leave it to you to interpret the meaning of this motto for your own visit to our town. But we do promise to do all in our power to give you a good time and happy memories.

The pictures in this brochure are intended to reflect the variety of facilities available which make Hannover the natural rendezvous for ordinary, friendly people.

Relax, take a break, recharge your batteries. That is what Hannover is good for — enjoyment.

The most magnificent of Hannover's parks and gardens is the Royal Gardens (Königliche Gärten) at Herrenhausen surrounding the castle which was once the summer residence of the kings and princes of Hannover. They were laid out more than 300 years ago and have been lovingly cultivated ever since. Unfortunately the castle was destroyed in 1943.

The highest fountain (82 m) in Northern Germany, the oldest open-air theatre

(where now, as then, Shakespeare and Molière plays are performed) and the greatest series of frescoes are features which make these historic gardens particularly important.

Hannover's opera-house and theatre do not close down during the summer, as they do in most other large towns. For more than 25 years now the popular „Herrenhausen festival weeks" have been held from June to August in the „Gartentheater" (garden theatre) and „Galeriegebäude" (gallery building), with over 90 performances from the world of opera, theatre, ballet and concert hall. Hannover's museums are well worth a visit. See, for instance, the golden carriage used by Royal princes of bygone days — the most valuable head in Hannover, the bust of Echnaton — the fossilized remains of prehistoric saurians — or the original drawings for the „Max and Moritz" stories by Wilhelm Busch. You will be amazed at the fascinating variety of exhibits on show in our galleries and museums. Admission in most cases is free.

The flea market held every saturday, summer and winter, on the banks of the river Leine — where Hannover's history began — is a completely different kind of rendezvous for friendly people. No other comparable city in Germany can offer this friendly way of buying and selling so many things throughout the year, framed on the one side of the river by the venerable old walls of the town fortifications of yesteryear and on the other bank of the Leine by the colourful, buxom figures of the „Nanas" modern 20th-century sculptures by the French artist Niki de Saint Phalle. Only London and Copenhagen have anything like it. Another place well worth seeing is Hannover's zoo, which can stand comparison with Hamburg's „Hagenbeck" and the Frankfurt zoo of Prof. Grzymek. Form your own opinion, for each zoo has its own special attractions. We have the largest variety of antelopes, the most advanced cheetahs' enclosure, some of our eagle-owls, those great nocturnal birds, are even returned to the wild, and our black jaguars are famous all over the world. We also breed African elephants, and for the very young it was we who invented the children's zoo where you can actually stroke the animals.

So now make up your own mind — are these not splendid „rendezvous" for friendly people like you and me?

See you soon in Hannover — for a good time.

QUALIFICATION FOR PARTICIPATION

The 3rd WORLD VETERANS CHAMPIONSHIPS in Track and Field are open to MEN born on or before July 27th, 1939 and WOMEN born on or before July 27th, 1944 who are physically fit and comply with the above age qualification.

AGE CLASSIFICATION

Events are divided into the below age groups:

Age groups	born between	and	born before
Catégories d'âge	né entre		avant
W 35 - 39	28-07-1939	and	27-07-1944
M and W 40 - 44	28-07-1934	and	27-07-1939
M and W 45 - 49	28-07-1929	and	27-07-1934
M and W 50 - 54	28-07-1924	and	27-07-1929
M and W 55 - 59	28-07-1919	and	27-07-1924
M and W 60 - 64	28-07-1914	and	27-07-1919
M and W 65 - 69	28-07-1909	and	27-07-1914
M and W 70 - 74	28-07-1904	and	27-07-1909
M and W 75 - 79	28-07-1899	and	27-07-1904
M 80 -	27-07-1899	and	before

COMPETITION RULES

Competitions are to be held on the basis of the IAAF Regulations, subject to any special rules laid down in the present invitation.

COMPETITION

Competition only takes place if there are at least 3 participants in each event and age group. Should there be less than 3 entries or be fewer than 3 men (women) competitors reporting to the Chambre d'Appel, participants entering for the event may decide whether to compete in a younger age class or to contest their event individually in their corresponding age group. Concerning the latter competing is unofficial, and the results so achieved will figure separately on the result sheet.

PROVISIONS FOR HANDICAPPED PARTICIPANTS

Handicapped persons who need to be assisted by a guide can be admitted only if the assistance granted does not impede any other fellow-competitors.

REPORTING TO THE CHAMBRE D'APPEL

For confirmation of participation competitors have to report to the Calling Room 60 minutes prior to the beginning of their event, without being particularly invited to do so.

EVENTS

Programme of events and recommended (not officially ruled) performance standards:

MEN	M 40-44	M 45-49	M 50-54	M 55-59	M 60-64	M 65-69	M 70-74
100 m	12.8	13.4	14.0	14.5	15.0	16.0	18.0
200 m	26.5	27.5	29.0	30.5	32.0	34.0	36.0
400 m	58.0	60.0	62.0	65.0	70.0	75.0	80.0
800 m	2:20.0	2:25.0	2:30.0	2:35.0	2:45.0	2:55.0	3:10.0
1500 m	4:55.0	5:10.0	5:25.0	5:40.0	5:55.0	6:10.0	6:40.0
5000 m	18:00.0	19:00.0	20:00.0	21:00.0	23:00.0	25:00.0	27:00.0
10000 m	40:00.0	42:00.0	44:00.0	46:00.0	49:00.0	52:00.0	55:00.0
Marathon
110 m Hurdles	19.0	20.0	22.0	23.0	25.0	28.0	30.0
400 m Hurdles	70.0	75.0	80.0	85.0	90.0	95.0	100.0
3000 m Steeple	12:15.0	12:40.0	13:20.0	14:10.0	15:30.0	17:00.0	18:30.0
10 km Road Walking
20 km Road Walking
approx. 10 km Cross country
High Jump	1.50	1.45	1.40	1.35	1.30	1.20	1.10
Pole Vault	3.25	2.90	2.60	2.40	2.20	2.00	1.80
Long Jump	5.25	4.90	4.75	4.50	4.10	3.80	3.50
Triple Jump	10.50	10.00	9.50	9.00	8.00	7.50	6.50
Shot Put	10.00	9.50	8.50	8.00	8.50	8.00	7.00
Discus	27.00	25.00	27.00	25.00	27.00	25.00	23.00
Hammer	38.00	35.00	32.00	28.00	30.00	28.00	25.00
Javelin	40.00	37.00	34.00	31.00	29.00	27.00	24.00
Pentathlon
4 x 100 m	—————						
4 x 400 m	—————						

WOMEN	W 35-39	W 40-44	W 45-49	W 50-54	W 55-59	W 60-64	W 65-69
100-m	14.0	15.0	16.0	17.0	18.0	19.0	20.0
200 m	29.0	31.0	33.0	35.0	37.0	39.0	41.0
400 m	72.0	80.0	90.0	100.0	110.0	120.0	135.0
800 m	2:32.0	2:40.0	2:50.0	3:00.0	3:15.0	3:30.0	3:45.0
1500 m	5:20.0	5:40.0	6:10.0	6:30.0	7:00.0	7:30.0	8:00.0
5000 m	20:20.0	21:35.0	23:25.0	24:50.0	27:50.0	29:00.0	31:00.0
10000 m
Marathon
80 m Hurdles	---	---	---	---	---	---	---
100 m Hurdles	.	.	---	---	---	---	---
5 km Road Walking
10 km Road Walking
approx. 10 km Cross country
High Jump	1.30	1.25	1.20	1.15	1.10	1.05	1.00
Long Jump	4.75	4.40	4.00	3.75	3.50	3.25	3.00
Shot Put	9.00	8.00	8.00	7.50	7.00	6.50	6.00
Discus	28.00	26.00	24.00	22.00	20.00	18.00	16.00
Javelin	29.00	27.00	25.00	27.00	25.00	23.00	21.00
Pentathlon
4 x 100 m	—————						

————— = combined participation of age groups / eine Klasse
 . = no recommendation / keine Mindestleistung
 --- = not contested / wird nicht durchgeführt

RELAY EVENTS

MEN's and WOMEN's relay events can only be contested in the official age groups by a maximum of 2 teams each consisting of participants entered from the same country. The age of the youngest runner determines the age group for which shall be entered a relay team.

IMPLEMENTS

With the exception of vaulting poles, any implement are provided by the organizer. Private implements may be used only if having been presented for control before the competition. Implements control is executed 90 minutes before each event at the implements supply depot of the stadium or the combined events facilities.

HÜRDENABMESSUNGEN / GEWICHTE MEASUREMENTS / WEIGHT OF HURDLES

MEN	110 m Hurdles	400 m Hurdles	Kugel	Diskus	Hammer	Speer
M 40-44	99.6 / 8.90	91.4 / 35.00	7.26	2.00	7.26	800
M 45-49	99.6 / 8.90	91.4 / 35.00	7.26	2.00	7.26	800
M 50-54	91.4 / 8.60	84.0 / 35.00	5.50	1.50	7.26	800
M 55-59	91.4 / 8.60	84.0 / 35.00	5.50	1.50	7.26	800
M 60-64	84.0 / 8.60	76.2 / 35.00	4.00	1.00	6.00	600
M 65-69	84.0 / 8.60	76.2 / 35.00	4.00	1.00	6.00	600
M 70-74	76.2 / 8.60	76.2 / 35.00	4.00	1.00	6.00	600
M 75-79	76.2 / 8.60	76.2 / 35.00	4.00	1.00	6.00	600
M 80-	72.2 / 8.60	76.2 / 35.00	4.00	1.00	6.00	600

WOMEN	80 m Hurdles	100 m Hurdles			
W 35-39		76.2 / 8.00	4.00	1.00	600
W 40-44		76.2 / 8.00	4.00	1.00	600
W 45-49	76.2 / 8.00		4.00	1.00	600
W 50-54	76.2 / 8.00		3.00	1.00	400
W 55-59	76.2 / 8.00		3.00	1.00	400
W 60-64	76.2 / 8.00		3.00	1.00	400
W 65-69	76.2 / 8.00		3.00	1.00	400
W 70-74	76.2 / 8.00		3.00	1.00	400
W 75-	76.2 / 8.00		3.00	1.00	400

POINT SCORING FOR COMBINED EVENTS

Point scoring in MEN's and WOMEN's pentathlon is made according to the scoring table of the World Veterans Athletic Association (WVAA).

SCORING TABLE OF THE WORLD VETERANS ATHLETIC ASSOCIATION TABLE DE POINTAGE DE L'ASSOCIATION DES VETERANS DU MONDE

PENTATHLON - MEN				
Event	Age group	Basis	Scoring system	1000 points conform to
Long Jump	M 40-44	3.60m	3 points per cm	6.93m
	M 45-49	3.60m	3.5 points per cm	6.46m
	M 50-54	3.50m	4 points per cm	6.00m
	M 55-59	3.28m	4.5 points per cm	5.50m
	M 60-64	3.00m	5 points per cm	5.00m
	M 65-69	3.00m	6 points per cm	4.67m
	M 70-	2.57m	7 points per cm	4.00m
Javelin	M 40-44	17.00m	20 points per m	67.00m
	M 45-49	17.00m	25 points per m	57.00m
	M 50-54	17.00m	30 points per m	50.34m
	M 55-59	17.00m	35 points per m	45.60m
	M 60-64	17.00m	35 points per m	45.06m
	M 65-69	15.00m	40 points per m	40.00m
	M 70-	15.00m	45 points per m	37.24m
200 m	M 40-44	32.4 s	1 point per 0.1 s	22.4 s
	M 45-49	33.0 s	1 point per 0.1 s	23.0 s
	M 50-54	34.0 s	1 point per 0.1 s	24.0 s
	M 55-59	35.0 s	1 point per 0.1 s	25.0 s
	M 60-64	36.0 s	1 point per 0.1 s	26.0 s
	M 65-69	38.0 s	1 point per 0.1 s	28.0 s
	M 70-	40.0 s	1 point per 0.1 s	30.0 s
Discus	M 40-44	15.00m	28 points per m	50.72m
	M 45-49	15.00m	32 points per m	46.26m
	M 50-54	15.00m	30 points per m	48.33m
	M 55-59	15.00m	34 points per m	44.42m
	M 60-64	15.00m	34 points per m	44.42m
	M 65-69	15.00m	36 points per m	42.78m
	M 70-	15.00m	40 points per m	40.00m
1500 m	M 40-44	6:46.6m	6 points per s	4:00.0m
	M 45-49	6:56.6m	6 points per s	4:10.0m
	M 50-54	7:06.6m	6 points per s	4:20.0m
	M 55-59	7:16.6m	6 points per s	4:30.0m
	M 60-64	7:46.6m	6 points per s	5:00.0m
	M 65-69	8:06.6m	6 points per s	5:20.0m
	M 70-	8:36.6m	6 points per s	5:50.0m

WERTUNGSTABELLE / SCORING TABLE / TABLE DE POINTAGE

PENTATHON - WOMEN

Event conform to	Age group	Basis	Scoring system	1 000 points
100 m	W 35-39	27.33s	75 points per sec.	14.00 sec.
Hurdles	W 40-44	27.33s	80 points per sec.	14.83 sec.
80 m	W 45-49	26.10s	75 points per sec.	13.33 sec.
Hurdles	W 50-54	26.10s	80 points per sec.	13.60 sec.
	W 55-59	26.10s	90 points per sec.	14.98 sec.
	W 60-	27.50s	90 points per sec.	16.38 sec.
Shot Put	W 35-39	3.50m	80 points per m	16.00 m
	W 40-44	3.50m	87 points per m	15.00 m
	W 45-49	3.50m	95 points per m	14.03 m
	W 50-54	3.50m	90 points per m	14.62 m
	W 55-59	3.50m	100 points per m	13.50 m
	W 60-	3.00m	100 points per m	13.00 m
High Jump	W 35-39	1.01m	15 points per cm	1.68 m (1005)
	W 40-44	1.01m	17 points per cm	1.60 m (1003)
	W 45-49	1.01m	20 points per cm	1.51 m
	W 50-54	1.00m	22 points per cm	1.46 m (1012)
	W 55-59	0.95m	25 points per cm	1.35 m
	W 60-	0.90m	25 points per cm	1.30 m
Long Jump	W 35-39	2.66m	3 points per cm	6.00 m
	W 40-44	2.66m	3.3 points per cm	5.70 m
	W 45-49	2.66m	3.7 points per cm	5.37 m
	W 50-54	2.66m	4.5 points per cm	4.89 m
	W 55-59	2.66m	6 points per cm	4.33 m
	W 60-	2.60m	7 points per cm	4.03 m
800 m	W 35-39	lag bei		
	W 40-44	Redaktionsschluß		
	W 45-49	noch nicht vor!		
	W 50-54			
	W 55-59			
	W 60-			

VICTORY CEREMONY / AWARDS

The 3 first placed competitors in each event (not un-official competition) will be awarded a gold-plated, silver or bronze medal. Participants in any events get a diploma.

Victory ceremonies take place immediately after finishing an event. Diplomas are received by competitors the day after.

OFFICIAL MEETINGS

Thursday	7-26	10.00 hours	WVAA-Executive Committee
Monday	7-30	10.00 hours	WVAA-Women's Committee
Tuesday	7-31	19.30 hours	WVAA-General Assembly

COMPETITION SITES

Events take place in the Hannover Sports Park (Niedersachsen-Stadion [stadium] and facilities for combined events). The 8 lanes circular track of the Niedersachsen Stadium as well as any jumping facilities and the runway for javelin throwing are surfaced with synthetic material. Long-distance running (5000m and 10000m) is conducted traditionally on the track for combined events. Road events are held on a course leading through made-up ways and streets round the Masch Sea. Cross-country races are staged on a circular course in Hildesheim (about 30km far off).

PRESS FACILITIES

The Niedersachsen Stadium offers 200 seats with desk to the writing press. 20 photographers are allowed to operate in the competition area, another 40 places for colleagues will be provided in the stand at the finish-line area. The Press Centre is established directly in the stadium and disposes of 10 telephone connexions and 2 telex installations. It is opened on competition days 6 hours each.

Accreditation form are obtainable from **October 1st, 1978** at the DLV Presse-stelle, Lutz D. Nebenthal, Rheinstraße 20 A, D-6100 Darmstadt.

Closing date for accreditations being **June 1st, 1979**. Applications accepted will be confirmed in writing.

Accommodation in the Press Hotel may be booked together with your press reservation.

FAREWELL PARTY

On Thursday, 8-2, at 18.00 hours will be organized for participants a big Farewell Party in the Hannover City Hall. The fee per person amounts to DM 30.- for which will be offered a delicious cold buffet, dancing and entertainment.

Advance booking on the attached registration form.

Please pay the above fee when collecting the documents of competition at the Registration Office.

HOSPITALITY / MEALS

Just close to the sports facilities will be built up a tended restaurant serving up drinks and warm meals at lunch and dinner time during the days of competition.

REGISTRATION OFFICE

Please report to the Tourist Information Office Hannover, Ernst-August-Platz 8 (opposite the railway station), to make your registration upon arrival, Phone 168-1 and 321033.

EXCURSIONS AND ENTERTAINMENT

Following the athletic competitions we are offering you on Friday, August 3rd, 1979, daily excursions to the following destination:

- HARZ:** via Goslar - Obertal - Altenau - Braunlage - Bad Harzburg DM 18.-
- HEIDE:** via Gifhorn - Uelzen - Lüneburg - Hermannsburg - Winsen. DM 15.-
- WESER:** via Springe - Hameln - Bodenwerder - Holzminden - Höxter - Sababurg - Neuhaus/Solling - Einbeck. DM 18.-
- BREMEN:** with sightseeing tour. Free use of time. DM 15.-
- HAMBURG:** with sightseeing tour. Free use of time. DM 17.- Opportunity of undertaking a circular tour of the harbour.

Excursion are subject to participation of 30 persons at least. Registrations must therefore be made upon arrival at the Registration Office in the Hannover Verkehrsbüro (Tourist Information Office) where documents of competition are distributed. You will be readily informed there about any further details on excursions.

The Tourist Information Office arranges for reservation of entrance tickets to **concerts, theatre performances and entertainment** of any kind in Hannover from Monday to Friday between 8.30 - 13.30 hours and 14.30 - 18.00 hours, phone 168 - 2800.

The Tourist Information Office advises you on any traffic communications and informs on Hannover its surroundings.

The Tourist Information Office arranges for you the accompaniment by instructed guides versed in languages - phone 168 - 2319.

Sightseeing tours on Monday until Saturday, 13.30 hours.

KEY OF ABBREVIATIONS USED IN THE PRELIMINARY TIME-TABLE

AM - Morning, PM - Afternoon, H - Heat, SF - Semi-final, F - Final / Preliminary round and final of technical events

The definite time-table will be elaborated upon receipt of any entries and will be published subsequently in the official programme. The preliminary time-table submitted attached shall be subject to minor changes only.

VORLÄUFIGER ZEITPLAN/PRELIMINARY TIME-TABLE/HORAIRE PRELIMINAIRE

Events	Age group	Friday 27.7.	Saturday 28.7.	Sunday 29.7.	Monday 30.7.	Tuesday 31.7.	Wednesday 1.8.	Thursday 2.8.
MEN		AM PM	AM PM	AM PM	AM PM	AM PM	AM PM	AM PM
100 m	M 70-	H	F					
	M 60-69	H	SF F					
	M 50-59	H	SF	F				
	M 40-49	H	SF	F				
200 m	M 75-							
	M 60-74			H	F			
	M 40-59			H SF	F			
400 m	M 40-				H		F	
800 m	M 70-							
	M 50-59	H	F					
	M 40-49	H	F					
1500 m	M 65-						F	
	M 40-64					H	F	
5000 m	M 50-				F			
	M 40-49							
10000 m	M 50-	F						
	M 40-49	F						
Marathon	M 40							F
110 m Hurdles	M 40-					H		F
400 m Hurdles	M 40-		H	F				
3000 m Steeple	M 40-						F	
10 km Road Walking	M 40-		F					
20 km Road Walking	M 40-					F		
Cross Country	M 40-			F				
High Jump	M 60-		F					
	M 50-59		F					
	M 40-49			F				
Pole Vault	M 50-	F						
	M 40-49	F						
Long Jump	M 50-				F			
	M 40-49				F			
Triple Jump	M 50-				F			
	M 40-49						F	
Shot Put	M 50-	F						
	M 40-49	F						
Discus	M 50-	F						
	M 40-49	F						
Hammer	M 50-			F				
	M 40-49			F				
Javelin	M 60-					F		
	M 50-59						F	
	M 40-49							F
Pentathlon	M 40-				F			
4 x 100 m	M 40-							F
4 x 400 m	M 40-							F

Events	Age group	Friday 27.7.	Saturday 28.7.	Sunday 29.7.	Monday 30.7.	Tuesday 31.7.	Wednesday 1.8.	Thursday 2.8.
WOMEN		AM PM	AM PM	AM PM	AM PM	AM PM	AM PM	AM PM
100 m	W 50-				F			
	W 35-49				F			
200 m	W 35-		H					
400 m	W 35-				H	F		
800 m	W 50-				F			
	W 35-49		H	F				
1500 m	W 35-						F	
5000 m	W 35-						F	
10000 m	W 35-	F						
Marathon	W 35-							F
80 m Hurdles	W 45-						H	F
100 m Hurdles	W 35-44						H	F
5 km Road Walking	W 35-		F					
10 km Road Walking	W 35-					F		
Cross Country	W 35-			F				
High Jump	W 45-				F			
	W 35-44				F			
Long Jump	W 40-	F						
	W 35-	F						
Shot Put	W 35-				F			
Discus	W 35-						F	
Javelin	W 35-						F	
Pentathlon	W 35-					F		
4 x 100 m	W 35-							F

PROGRESSION FROM PRELIMINARY ROUNDS AND SEMI-FINALS

The winners and other competitors quickest in time will, according to the number of participants, advance from the preliminary rounds. Competitors promoted will be announced on the same day as is staged their semi-final. In the 800 m. and 1500 m. race a maximum of 8 of 12 participants respectively are allowed to enter the final.

PRELIMINARY ROUNDS AND FINALS (TECHNICAL EVENTS)

In the long and triple jump as well as in any throwing events, the 8 best athletes each as well as those sharing equally the 8th position at same performance level pass the preliminary rounds (3 trials) to enter the final (3 trials). In the event of there being 8 or less than 8 participants no preliminary rounds are held, competitors are allowed 6 trials.

TEAM SCORE

In any road events and cross country races teams are scored separately according to age groups. Scoring is made as follows:

- In the age groups of M 40-44, M 45-49, M 50-54, M 55-59, 5 competitors will be scored from a team. In the following age groups of men and all age groups of women each 3 competitors will be scored for a team.
- The 1st team consists of the 5 or 3 first competitors of each nation, the 2nd team being formed by the next 3 competitors, etc.
- In the road events and the cross-country events are added according to the positions of competitors.
- The lowest aggregate of points of 5 or 3 competitors each determines the final classification.
- Should there be 2 or more teams taking the same position, the tie will be resolved on the basis placing of the 5th or 3rd competitor entering the score.

ENTRIES

Entries must be sent to the Organizing Committee

using the official entry form attached.

Entries must be available von **May 20th, 1979** at the latest. ATTENTION! Late or misdirected entries as well as entries transmitted verbally or by phone will not be considered.

Late entries are only acceptable for road events and cross-country and must reach the Organization Office at **12 o'clock at latest the day before the event is held.**

Entries for relay events must be handed in by the representatives of the National Organizations until **Tuesday, July 31st, 1979, 17.00 hours.**

Entries must be duly confirmed at the Calling Room **60 minutes** prior to the beginning of competition.

To identify competitors' ages, entries must be accompanied by a certificate of birth. Persons failing to meet such demand are requested to present their passport to the Registration Office upon arrival, where they will also receive any documents necessary for their stay in Hannover. The Registration Office being set up in the Hannover Tourist Information Office (Verkehrsamt), Ernst-August-Platz 8, opposite the railway station. Confirmations of acceptance will be sent to participants concerned immediately.

ENTRY FEES

Individual entry (1st event) - DM 20.-
 Any further individual entry - DM 10.-
 Entry for relays - DM 40.-
 No separate entry fees are required for road and crosscountry events (team scoring).
 Payments must be made exclusively in German currency (DM) with your control number to the below address:
 3. WVC 1979
 STADTSPARKASSE HANNOVER (BLZ 250 501 80 / Account No 748 820)

SPECIAL FEES

In their meeting on June 16th 1978 in Berlin the Executive Committee of WVAA has decided, that a special fee of DM 10.- will be charged all competitors in 1979 World Veteranen Championships in Hannover to finance the work of WVAA.

This special fee has to be paid together with the entry-fee.



TO: ALL MEMBERS OF THE USMITT

With constantly increasing costs of producing the Newsletter, Plus decreasing volunteer staff and time Plus the availability of other national and regional publications providing calendars, entry forms, and results of Masters Track & Field events Plus personal economic pressures, I can no longer continue with the promotion of the USMITT. This will be our last Newsletter.

Those few of you who have voluntarily sent in your '79 dues may request to (1) have them applied to your trip to Hanover, or (2) receive their refund.

Sports Travel International Ltd. will continue to provide the best tours to special and international competition. Your support of our efforts will be greatly appreciated!

For more than ten years I have had the pleasure of working with you in the development of one of the world's greatest concepts: i.e., the goal of physical fitness through the stimulation of competition in sports. Lives of thousands of mature men and women have been changed throughout the world through the work of this program. During your association with the Masters you have had the opportunity to compete in England, Germany, Finland, Sweden, Norway, Denmark, Fiji, New Zealand, Australia, Canada, Jamaica, Mexico, South Africa, Japan, Taiwan, Singapore, and Hong Kong.

It would indeed be quite wonderful if you would join us on this biggest of all tours, HANOVER '79! Please do let us hear from YOU.

Helen L. Pain.....

U.S.M.I.T.T. UNIFORM SALE

Ripstop Nylon Windbreaker

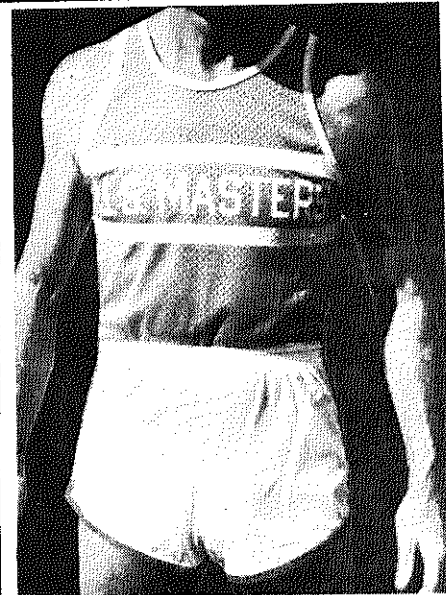
Scarlet with flannel liner. Washable. Warm in cold weather. Pockets. Rain and Soil Resistant. Snaps up front. Elastic cuffs. Drawstring at waist. USMTT insignia. Your Name Custom Embroidered Over Insignia (*see order form)
 Price: ~~\$25.00~~ **\$15.00**
 Sizes: S/M/L/X-L X-Sm



Official USMTT Embroidered Emblem (not displayed)
 Red, white & blue heavy duty quality embroidery. Washable. 4" x 4". Looks good on navy or light blue blazer.
 Price ~~\$4.00~~ each **\$2.50**

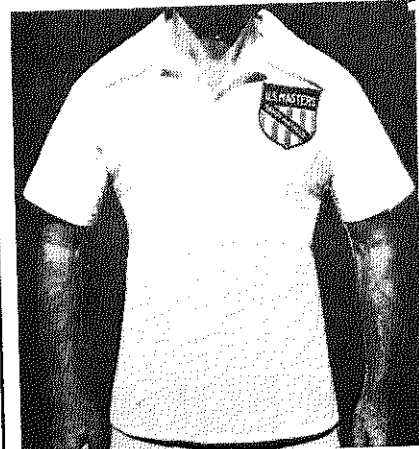
Shorts: Blue stretch nylon. Elastic waist. Coin pocket. Vented leg.
 Price: \$25.00 (sold only as a set)
 Sizes: S (8-10) M (12-14) L (16-18)
 We will accept mixed sized orders. ↓

Womens/Girls Competition Uniform
 Top: White heavy duty nylon blend with red trim. Very smart looking. Designed for women. USMTT insignia. **\$12.00**



Competition Uniform

Vest: Airforce blue with white insignia and trim.
 Shorts: White with red trim, vented leg, roomy for free leg action. Elastic waist. All nylon, perforated for maximum ventilation. Hand washable, dries in one hour (do not put in hot dryer).
 Price: ~~\$20.00~~ (sold only as a set) **\$15.00**
 Sizes: S/M/L/X-L
 Sizes: vest — Sm (34-36) Med (38-40) Lg (42-44) X-Lg (46-48); shorts — Sm (28-30) Med (32-34) Lg (36-38) X-Lg (40-42)



Oxford Knit Sport Shirt

White, heavy duty Oxford cotton. USMTT insignia. Shrink resistant, washable. Dressy with either tie or open collar.
 Price: ~~\$12.00~~ → **\$6.00**
 Sizes: S/M/L/X-L

Competition Sweat Suit

Very smart, form fitting, all white heavy duty nylon. Red, white & blue elastic trim Custom manufactured for USMTT in Finland. down sides. Washable. Elastic waist. Zippers on legs and jacket. Pockets in jacket and pants. Convertible open or turtle neck collar.
 Price: ~~\$45.00~~ **\$22.50**
 Sizes: Men order by Suit size. Women order by Dress size.

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