USMITT: ORIENT '78

By

CHINA AIRLINES, LTD.

u.s. masters international track team
JUNE 1978

NATIONAL A.A.U. MASTERS
CHAMPIONSHIPS

July 7,8,9,1978 - Atlanta, Georgia

DETAILS INSIDE

MAVIS MAKES IT!

Across the United States, Los Angeles to New York, in 50 days, 2 hours, and 45 minutes, to a time that wouldn't impress American Airlines, nor AMTRAK, nor even Greyhound... but for a spectacle feat of human endurance our USMITT MAVIS HUTCHISON wins the gold medal. On March 12, 1978, at 9:00 a.m., the 53-year-old grandmother of 5 started her 3,000 mile run from the Los Angeles City Hall. After running 14 hours a day (and losing only 5 pounds) she finished at the New York City Hall on May 20, 1978. The U.S. Masters International Track Team is extremely proud to have our South African Friend carry our banner in this super performance. MAVIS, we salute you!... page 4
**CHAMPIONS FOR THE MASTERS’ TRACK AND FIELD - 1978**

**JUNE**

-01 2nd Masters National AAU Masters Championships, Javelin, Vermont, VT.
-03 1st Annual Northwest Midwest Marathon, Crown Point, Indiana Fairgrounds to Harvard, JACE JASON S. ROSS, 101 N. Caroline, Harvard, Indiana, Indiana 46743

**4**

-02 4th Annual Presentation Track & Field Meet, P.O. Box 711, Portland, Maine, ME.

**5**

-02 4th Annual Masters’ Track & Field Championships, Los Gatos High School, San Francisco, CA.

**11**

-11 1st Annual 5K and 10K, San Diego, CA.

-11 18th Annual Masters National AAU Master’s Championships, Los Angeles, CA.

**12**

-12 1st Annual Masters’ Track & Field Championships, Santa Monica College, CA.

**19**

-19 All-American 5k Challenge, 100 k, San Diego, CA.

**JULY**

-06 1st Annual Masters’ Track and Field Championships, Lake Michigan, WI.

**AUGUST**

-13 1st Annual Masters’ Track and Field Championships, Chicago, IL.

**SEPTEMBER**

-14 1st Annual Master’s Masters’ Track and Field Championships, Miami, FL.

**OCTOBER**

-15 1st Annual Masters’ Track and Field Championships, Missoula, MT.

**HISTORY**

**5 5-6 Master’s National AAU Decathlon, Westend, California, California at University of California, Los Angeles.**

-05 5-6 Master’s National AAU Pentathlon, Westend, California, California at University of California, Los Angeles.

**EVENTS AND CLASSIFICATIONS: SEE BELOW**

**Championships Events: Master’s National AAU Master’s National AAU Pentathlon & Master’s National AAU Master’s National AAU Decathlon.**

**FINAL NOTE:**

- Maximum Number of Entries - 6 (5 trial, 3 final) - Some 6 throw events for Pentathlon & Master’s National AAU Decathlon events in case of a dual entry.

(Open receipt of your entry, additional information will be mailed out concerning directions, etc. Please have your entry available at next scheduled meet and hand in at registration)

**U.S. MASTERS’ NATIONAL AAU WEIGHT PENTATHLON CHAMPIONSHIPS ENTRY BLANK**

**NAME**

- Last Initial: MCASTON, John F.

**Address**

- Phone: 1-205-733-3000

**Event**

- Weight Pentathlon

**Class**

- A

**Age Classification**

- 50-60

**Fee**

- $5.00

**In consideration of the acceptance of this entry, for myself, my heirs, successors, administrators, and assigns, release and discharge the promoters, Green Mountain A.A.U., U.M., and their agents, servants and employees, whose facilities are being used for this track meet from any and all claims for damages or injuries, or the said competition or from the said competition to be held on June 25, 1978. I also agree that they are under no obligation to provide any type of examination or other evidence of my fitness to participate in each event, the same being my sole responsibility.

(athlete's signature)
Mavis Hutchison, S.J., South Africa, completes run.

Grandmother completes 3,000-mile run

"Mother Nature's" run from South Africa to Los Angeles was completed by Mrs. Mavis Hutchison, 73, a grandmother of six, on Saturday, June 19, 1965. She ran across the country, covering 3,000 miles in 69 days, with only two days of rest.

Mrs. Hutchison left South Africa on May 10, 1965, and arrived in Los Angeles on June 19. During her run, she endured various weather conditions and physical challenges. She averaged about 44 miles per day, covering various terrains and obstacles.

"It was a tremendous feeling to know you have achieved the dreams and goals of a lifetime," Mrs. Hutchison said. "But I think it was a combination of determination, stamina, and discipline that helped me get through the run."
U.S. OLYMPIC COMMITTEE
2337 Third Street, Berkeley, California

SOUTHERN CALIFORNIA ARE HOT!

The annual Grandmasters Invitational meets in Los Angeles on March 13-14, 1979. Nearly 200 veteran athletes from across the country will compete in a variety of events.

LAKESIDE STADIUM (Lane 6 Resale Track) Atlanta Georgia (Maxim 10/7/91 Spire)

Contact DON MILLER if you wish to help.

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A person across the aisle said: "Well, he is still going." On the last lap, you could see the people riding and clapping as he went around miles past the people on their feet. We had no idea there would be such a reception. I wish you all could have been there to see and hear the cheers. I was certainly more than anyone else, appreciated the recognition I received, because I knew the dedication and discipline required in his physical fitness program. I, too, want to give the praise and thanks to God that through His grace, RAMO has given RAMO's physical ability to glorify Him in this running.

75-year-old RAMO brought the crowd at Cross Country's Caltrack to its feet as he crossed the finish line in fourth at a pace of 11:54. His's pace was 1:22.

**MUSICALS**

**CONCERT FROM PAGE 9**

JERRY SNEFFLEY, S.C.O., Oregon, sends the news that on June 11th, the tour from the east will be attempting to cover the route between Mendota, Oregon to Madras, Massachusetts in 60 days. JERRY, you might refer this person to WORC and get your secret for traversing the country--the route does make a difference.

**TOMMY HICKS, Las Vegas Track Club, pushing the rumor that the show but the capital of the world will have a visitation on the calendar for his Masters Track Meet. Keep your eye on the newsletter for further developments.

**LINDA KINNEMAN, Captain**, reports that St. Thomas University has just enrolled another student in the masters division for the first time (in certain courses). And at the Intercollegiate track meet in last month, our western province senior team had a coloral number one and the first time.

Waiting for further report including the results of the Women's (50 km) Marathon with over 60 entries. Four years ago there were less than 100 runners on the race. "Long distance are really popular in S.A. these days. All the runners are welcome. Black, white, brown take part in them."

**DR. CHARLES BELL, U.S. Association for Blind Athletes** informs us about the new organization representing an assistance from many people in many fields of physical activities--including track and field. The group might have programming blind athletes into our Masters Track and Field Program, which was recently sponsored by DR. BELL. His address is 5330 Colle Aereon, Kansas City, Missouri, 64115.

We have saddened to report PHILIP HICKS has passed away after a short illness. He was for many years a race walker and his wife, Beside, informed us that the 50's PHILIP was A.A.U. Northern California Walking Charter. At a race last spring he won the Masters Division 35 km walk.

**SPORT FROM PAGE 9**

**NERO VALLIS** of Showtime, Oka, a sub-3-hour-marathoner at age 71, outdistanced the smog to easily win his mile in 1:53.2.

While conditions were hardly conducive to top-distance running marks, the weight men were never so keen. STEPHEN THOMAS won the 60-69 Miler in 1:52.1 (11.16). Meet director and Gothalsway silver medalist GORDON GREENBORG, won the shot (15' 11"), the 1500. THOMAS WALTER was fourth with a time of 9:39 (1:29). The event in 1:29. Current 28 M.A. world triple jump record holder HOWARD HARDEN, 40, of the USA won his specialty in 31' 1" (9.02), well short of his 50:00 set last December of 31' 1" (11.0). GOWLAND placed second with BILL HARRIS of Los Angeles upset MAURER in the long jump, 15' 9" to 15' 3".

**Japan**

**Traditional tea ceremony**

**Lovely Flowers of Japan - Ikebana**

**Festive street scene**

**Yes, the traffic is on the left side...**

Here I will send you on an invitation letter to the 1st World Veterans Athletic Japan-U.S.A. Friendship Meet will be held at Kawasaki City Stadium (track and field) in Kanagawa-ken.

Date: 20 August 1978 (Saturday) at 9:30 AM.

Events: The following things will be held:
- Pole Vault, 110m Hurdles, 400m Hurdles, 300m Steeplechase, 20km.

So, events will be:
- 110m Hurdles, 400m Hurdles, 300m Steeplechase, 20km.

If you have any broad jump, hop, step jump, shot put, discus. Another event can be discussed on the day.

Age Calculation by year calendar.
Entry Fee: $2000 per person, banquet - $1000 per person.
I will look forward to seeing you.

Sincerely yours,
**NEIL MERRILL, PRESIDENT**

**NIKKEI ATHLETICS ASSOCIATION**
REPORT FROM HANOVER: WORLD VETERANS' ATHLETICS ASSOCIATION

This is a letter from Roger J. Jervis, secretary of the executive committee. He outlines the date, the location and then discusses specific problems. Please read the report thoroughly and then note your reaction to the points in question.

Dear Friends,

I am giving you a report from the meetings. In principle matters we (NYAAA and organiser 7) are of one mind. In some details I have pointed them at the nearest at our meeting in Berlin on June 14th.

1) DATE

The championships are to be held from July 27th - August 2, 1979. This period has been chosen considering other international and national athletic events.

2) ARENA AND OTHER SPORT FACILITIES

The Sport Park (Budapest square) is located at walking distance from the centre of the city. The Arena was built in 1951-54 and was rebuilt and modernized in 1972 before the world championships in football. It has synthetic tracks (Tartan). Spectators capacity 60,000. The big sport field close to the arena has a 400 m cinder track (6 lanes) and a track for 2000 spectators, 6 discus, 6 shotput, 3 hammer circle, 5 javelin areas. 8 long and triple jump, 6 high jump and 6 pole vault facilities. In the park there are sport halls, indoor swimming pools and training centre for different sports and 1 tennis court. In connection with the Park there is a boat harbour for rowing, sailing and water sports in the artificial Mediterranean Sea close to the park.

3) ENTRIES

Programme for events, men and women, are enclosed. For men all the events from Gothenburg are offered and 25 km road race is added. For women the following events are added: 200, 800, 1500 (instead of 10,000), 25 km road race, 100 m hurdles, 25 km road race and pentathlon (100 m hurdle, shotput, long jump, long jump, 1000).

4) AGE CLASSES

Women from 35 to 65 and older (Gothenburg 70 and older). In 70 and older there were 22 competitors in the 35 to 65 competition. In 60 there were 6 competitors in each and 25 in 65. They were single competitors in 10 events and 2 competitors in 2 events. In 60 there were no competitors. 25 in 65. They were single competitors in 10 events and 2 competitors in 2 events. In 60 there were no competitors.

5) NOTATION OF AGE CLASSES

Each age class has a competitive number called M1, M2, etc., W1, W2, etc., 1, 2, etc., according to a proposal from the name in movements in Gothenburg on August 14th 1977. In the answer form you are asked if you do not accept and write two lines. As an example means that the "M" should be asked (M1, M2, etc.).

6) EXCLUDING ENTRIES IN OLDER AGE CLASSES

For the older age classes (M70, M80, W70, W80) the following events are excluded: long jump, triple jump, high jump, pole vault for M70, M80, W70, W80; high jump and pole vault for M65, M70, M80 and long jump for W65, W70, W80.

7) REPRINT OF OLYMPIC DETERMINATION OF AGE CLASSES

In the following you will find the year and the day that the Olympic standards were defined on the results on the four events and on the pentathlon.

8) EQUIPMENT

Proposal from Hanover:

Hurdles

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<th>Width</th>
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<td>1.22 m</td>
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9) POINT SCORING SYSTEM

The Olympic standards are in the following points (men and women). That means that every point in the I.A.A.F. tables gives 500 respectively 500 points.

10) ENTRY FEES

First event 20 DM
Second event 10 DM
Relays 40 DM per team

11) FOR A CHAMPIONSHIP THERE MUST BE AT LEAST TWO COMPETITORS

I have got a lot of demands from our friends in the younger age classes not to restrict the regulations from Gothenburg.

The above questions (especially 3, 4, 6, 7, 8, 9, 12) must be solved as you have been invited to take part in any line in this games.

WE MUST HAVE YOUR COMMENT IMMEDIATELY IN ORDER TO HAVE TIME FOR JUNE MEETING. ---
Last in a series

BY DAN BRIDGE

San Diego Union

You ain't nothin' but a rag-a-lug,
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US M.T. I.T.T.

U.S. Masters International Track Team

June 1978

National A.A.U.
Masters Championships

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Details Inside

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The World Veteran's Athletic Association third championships will be held in Hanover, Germany July 27-August 2, 1979. A letter from the Honorary Secretary, K.I.R.A.N. (ITMVR), has informed us of the details plus some of the basic questions in organization. For further information, please turn to page 4.