LET
SPORTS TRAVEL INTL.
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ARE YOU GOING TO BOSTON IN APRIL?
CHICAGO IN JULY?
OR GOTHENBORG IN AUGUST?

WE COST NO MORE THAN DOING IT YOURSELF
WE MIGHT EVEN SAVE YOU MONEY

BOSTON-MARATHON
GOTHENBORG-WORLD MASTERS
CHICAGO-U.S. MASTERS CHAMPIONSHIPS

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SAN DIEGO, CALIF. 92107

TEN YEARS LOOKING BACK (1967-1977)

By Jim "Jim" Higginbotham

One seldom looks at life, or a period in one's life, in retrospect. We spend most of
our time trying to forget the past and attempting to prophesize the future. But ten years
have transpired since Masters Athletics first saw the light of day, and we feel after its
first decade, the saga is entitled to a review from its humble beginning, to the present.
In this way we may gain some insight as to what the future may hold for the Masters.
It has always been our thought that sport without competition was somewhat akin to
kissing one's sister. Running by itself is gratifying but it's a lot more exciting if one has goals.
The thought of doing well in a given competition stimulates one into training harder.
Hiko enter a race. But to enter just any race is pointless. A person must have a chance
or it's not worth making a fool of oneself.

As a then 44 year old not very fit lawyer, I thought competing against 20 year olds
doesn't seem right. I had been exposed to the Masters age group concept in handball
and felt it would work in track. Our first efforts with some Masters miles in track meets
seemed to appeal to lots of people, so we tried the concept in a full track meet
-- although we eschewed such overly rigorous events as the triple jump and the steeplechase
-- dividing the competitors into 10 year age group categories.

The idea caught on. Since then we had National championships and even International
meetings.

The timing in '67 was just right as there was also emerging a national awareness
of the importance of being fit, which in some way was related to the larger concept that
we should revert to the more simple and basic aspects of life. Both of these concepts seem
to have continued to flourish as we've entered the '70s. Naturally, resources are now considered more precious and are much more costly. People are beginning to think in terms of walking or riding a bike to work.

Others are more aware of the dangers of smoking and nonsmoking sections are being opened in aircraft, public places, and restaurants.

During this same period we saw how people who got out and exercised -- even jogged -- were not looked upon as freaks, as in the past, but as persons to be admired for their dedication. Thus it became easier for older men, and even a few women, to put on skimpy track suits and compete in road races or track meets. The willingness of women -- all be it

Continued on 4
Continued on 3
From Hawaii comes word that both USMT members Harold Chapman (74) and Stan Thompson (66) have been missing — the 300 and 450 respectively. Unfortunately, they were both taken to a hospital for observation. On November 18, 1976, the 1000 Punahou Hula Halau, led by Master 13col. D. M. E. Y. Churley, performed at the annual Kamehameha Day celebration.

Continued from 1

it was a privilege to be part of, and involved in, the long 200 days of the Hawaiian Marathon. To participate, I have a wonderful experience, having been a student of the event for several years. In this time, I have noticed a significant change in the enthusiasm and participation of the runners. The events have evolved from a simple race to a major cultural event, attracting participants from all over the world.

The Hawaiian Marathon is a 10K race that takes place in Honolulu, Hawaii. It is one of the most popular races in the United States and attracts runners from all over the world. The race is known for its beautiful course, which includes stunning views of the city and the ocean. In recent years, the race has become even more popular, and the number of participants has increased significantly.

The race begins at the famous Waikiki Beach and takes runners through some of the most beautiful areas of the city, including Ala Moana Beach Park and Diamond Head. The course is very challenging, with hills and turns that test even the most experienced runners. Despite the difficulty, the runners are always in good spirits, and the atmosphere is very friendly and supportive.

The Hawaiian Marathon is not just a race, but a celebration of Hawaiian culture. The event includes traditional Hawaiian music and dance, as well as cultural displays and activities. The runners are encouraged to wear Hawaiian attire, and the atmosphere is very festive.

In conclusion, the Hawaiian Marathon is a wonderful event that attracts runners from all over the world. The course is challenging, but the atmosphere is always friendly and supportive. The event is a celebration of Hawaiian culture, and it is a wonderful opportunity for runners to experience the beauty and hospitality of the islands.
Continued from 1

a few -- to join the men's ranks and show up for races is really a major sociological breakthrough in many ways. For the US, it was not too many years ago that mature women never competed in sports, perhaps a gentle game of golf or tennis. To be seen running dourly in a track meet pouring with sweat, with boos bouncing, was unthinkable. Besides, women were too frail to run fast. For instance, 100-year-olds regularly ran 6th in the Olympics. Now, of course, we know better. Women are strong and can run as far, if not farther. The emergence of women's track and field has provided the idealistic view that the Masters program should be open to everyone. The sole criteria being age, ability and fitness. Virtually everyone accepts this concept at the outset, but virtually unanimously that this is what the rule should be. In fact, in 1982 or '83 when approached by the AAU's then track and field administrator, Don Cassell and later by the prestigious AAU track and field committee, a pledge was made that the Masters program would be open to everyone including women.

As often happens, when the time came to actually adopt to that effect, with a kicker, it applied only to national and not international competition.

The cold light of realization was beginning to provide the latest focus that the fledging Masters program -- the chance fugitive of the imagination of a middle-aged hopping sport -- would be handicapped, not only by the AAU, but also by the IAAF.

Since the AAU claims no champions in athletics in the US as is in this nation's IAAF representation, it is placed in the unenviable position of having to govern events even when it does not approve or agree with that policy, which might mean being caught in the reins of all power over all international amateur athletics including the Masters program even if such a program were to be started by the IAAF. Furthermore, the IAAF can create an amateur athletic sanction regardless of sex, race, religious belief or physical ability. Whereas the IAAF is unable to sanction the forthcoming meet in Gothenburg, The Americans, as is shown, have not agreed.

Masters Track and Field has moved ahead a pace nowhere near the interest in athletics. For example, the entry for the San Diego Mission Bay Marathon doubled from 1000 entries in 1974 to over 2000 this year whereas the entry for the AAU National track championships has stayed relatively steady at approximately 500 contestants. The World Master Championships are organized to be 3000 however, as we saw 1500 entrants compete in Toronto in 1977 whereas over 4000 entries are expected in Gothenburg Sweden in '77.

Whereas for the widespread interest in LDR over track and field in that virtually anyone can enter a road race in reasonable facilities to run well enough to be within his or her performance. Whereas in track on courses quarrels are more frequent than running in the events it is extremely hard to acquire the skills required to run at age 40. Anyone who has attempted the disco-javelin, or pole vault, is acutely aware of this.
It has been increasingly more apparent however that the greatest long-term dividend received from the National Book Festival is not in the form of records or flights but rather in the form of improved reading habits. Over the years, the Festival has contributed directly to the growth of the nation's reading population. It is the Festival's hope that the numbers will continue to rise as more people take advantage of the events and resources offered.

The Festival has also made strides in promoting diversity and inclusivity in the reading community. With a commitment to featuring authors from a wide range of backgrounds and perspectives, the Festival aims to reflect the rich diversity of American literature.

As the Festival continues to evolve, it remains committed to its mission of promoting reading, learning, and discovery. With the support of its sponsors and partners, the Festival looks forward to another successful year of connecting readers with the power of words.

More information about the 2023 National Book Festival can be found at bookfest.org. For updates and announcements, follow us on social media and subscribe to our newsletter.

Thank you for your support and continued participation in the National Book Festival. Here's to more books, more readers, and more joy in the world of words.

Sincerely,
[Signature]
National Book Festival Director
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<td>Pine</td>
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<td>P. O'Brien</td>
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The 4x100m relay was won by the United States with a time of 43.5 seconds. The relay team consisted of:
- M. Andrews
- B. Jackson
- V. Parish
- R. Andrews

The 4x400m relay was won by the United States with a time of 44.5 seconds. The relay team consisted of:
- D. Good
- M. Lampert
- R. Braceland
- C. Frick

(End of report)
Every line of this text is a combination of different fonts and styles, making it difficult to read. It appears to be a travel itinerary and some text about a smoking-related issue.
I would appreciate your finding out about this if possible as I don't know any lawyers here who can help. I also would like to know if there is any chance of a phone call being made to him. Someone has to have a say for God's sake.

Best regards, Ellen Rose (USA)

Comments: Dear Rose,

There are no AUU rules on the subject. A club can certainly make any rules they want. For example, we recently had a protest against a new rule at Club West in making a mistake and only public pres- s was covered. We noted it to the suc-
cess of a meet. Personally I receive the most grati-

cation in a club. My dues to the club are paid by the next members by or the Corona Del Mar Track Club. It is to see the dissertation of a next
case covered by the complaints. It is not the

4.2.

In the nature of people not to speak up awear the

11.1.

They have made a point to remind us that the ratio of

13.1.

In fact I always remember that I have 100

15.1.

It would be interesting to see what would hap-

18.1.

Sincerely, Pete Peterer

Comments: Dear Pete,

You shouldn't blame the point. Under present

12.1.

We would agree with you that Masters

14.1.

Your firs

16.1.

The truth is if you are planning a major

18.1.

You have had good years and had

12.1.

You so buoyed up my confidence last year when you

14.1.

Here's my problem last Saturday night at the

16.1.

This experience was put to good effect in Iowaa

18.1.

The meeting in Johannesburg also produced some

20.1.

The meeting of the Athletics, distribution of

22.1.

A lot of this experience was put to good effect in Iowaa

24.1.

A lot of the meetings and others who would have

26.1.

The meeting of the Athletics, distribution of

28.1.

The meeting of the Athletics, distribution of

30.1.

And the results of the elections, are in the past.

32.1.

If they have their meet on the track of a public

34.1.

If they have their meet on the track of a public

36.1.

You must be looking for answers at all my opinion of there is just

38.1.

An award should be high on the field of

40.1.

I would appreciate your finding out about this if possible as I don't know any lawyers here who can help. I also would like to know if there is any chance of a phone call being made to him. Someone has to have a say for God's sake.

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cess of a meet. Personally I receive the most grati-
"I don't know if they were bought off, but most of the blacks we talked to seemed pretty happy, most of the whites said they were for change, but they were rich whites and didn't have anything to lose. The poor whites had a lot to lose, and I imagine they felt pretty selective."

"Like the South," he said, "it's going to take a lot of time to get over it, but I think the black and white athletes were initially uneasy at working together, but soon got over their jitters, I think.

Parish was also pleased with the friendly contact he had with South African blacks. "It's not that they might have thought we were better than they were, but they were quite accepting of us, he says. "Some people put me down for going, but we talked about it afterwards, and we felt that by going we helped blacks in South Africa."

1977 AGE GROUP RECORDS


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Cable Street
San Diego, CA 92107

Please send copy(s) of 1977 Age Group Records, $ enclosed.

Name (Please Print)

Address

City State Zip

NOTICE

1977 Does Not Payable

If you have not paid your 1977 dues of $6.00/year this is the last USTS newsletter you will receive. Return this form with your check.

Dear Dave,

Your check is in my check for $6.00 to cover your 1977 dues.

Name (Please Print)

Address

City State Zip

I am years old. My Birthday was

Due Date

1977 CALENDAR OF EVENTS

April 2

April 3-4

April 5

April 6

April 7

April 8

April 9

April 10

April 11

April 12

April 13

April 14

April 15

April 16

April 17

April 18

April 19

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July 30

July 31

Hilligson Sports Cape, Lake George, N.Y. Specialized for Masters Athletes to train and compete in Masters National Championships.


Bob Massy, 1976 Olympic Trials for 1500 meters, Cal State Fullerton.

13-14 Hal Hilligson Sports Cape, Lake George, N.Y. Specialized for Masters Athletes to train and compete in Masters National Championships.


Sept 3-4 Masters World Cup Games, Los Angeles, Calif. (Host Unknown), Bill Aller, 5521 Dallas Ave., Woodland Hills, Calif., 91364. Sub Masters & Masters. Invitations to 1st Par-Athletic Games.

10 Masters 50 Mile Track Run, Santa Monica, Calif. M. Steve Quest, 1351 S. Remora, Santa Monica, Calif., 90404. Sub Masters & Masters. For entries to Master 50 Mile Track Run, Santa Monica, Calif. M. Steve Quest, 1351 S. Remora, Santa Monica, Calif., 90404.


30 Second Annual Age Group X Country Race, Eastern States. Frank Wollam, Kansas City, Kansas. 2:00 P.M.

Dec 12 Masters World Cup Games, Gorklenburg, Sweden. M. Steve Quest, 1351 S. Remora, Santa Monica, Calif., 90404. Sub Masters & Masters. For details to Masters World Cup Games, Gorklenburg, Sweden. M. Steve Quest, 1351 S. Remora, Santa Monica, Calif., 90404.


At the request of the Masters World Cup Games, the 10K has been awarded to the Short Hills masters. In addition if enough women express interest the 3 K will be dropped and the 5 K added.
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CHICAGO IN JULY?
OR GOTHENBURG IN AUGUST?
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WE MIGHT EVEN SAVE YOU MONEY
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(714)225-9555 4669 B' SANTA MONICA AVE.
SAN DIEGO, CALIF. 92107

TEN YEARS LOOKING BACK (1967-1977)
DAVID REYNOLDS

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There are more aware of the dangers of working and nonsmoking sections are being opened in aircraft, public places, and restaurants.

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Continued as 4
ALL ROUTES LEAD TO 10TH ANNUAL U.S. MASTERS MEET
NORTH CENTRAL COLLEGE
NAPERVILLE ILLINOIS
JULY 1, 2, 3

DORMITORY RATES STARTING AT $3.50 PER DAY

SPORTS TRAVEL INTERNATIONAL CAN MAKE YOUR COMPLETE TRAVEL ARRANGEMENTS FOR THIS TENTH ANNIVERSARY MEET. CALL OR WRITE EARLY FOR YOUR RESERVATIONS FOR THE 4TH OF JULY HOLIDAY.

ECONOMY COACH
NIGHT COACH
EXCURSION FARES REQUIRE A MINIMUM 2 WEEK RESERVATION/PAYMENT DATE PLUS A 7 DAY STAY.