At this point we would like to provide a variety of options from which to choose. In order to give you the lowest fares possible we are prepared to charter four aircraft from the U.S. to Scandinavia — two, one each from SAS and TWA, for a minimum package, for the preparation and participation in the meet at Gothenburg; and another similar two, for a three-plus week period. Two options would be available in this design: either to return Stockholm/US with a visit to "wonderful, wonderful Copenhagen". The week in Gothenburg, and followed by a customised extension include Helsinki, Leningrad, Moscow and return to Stockholm to connect with the returning charters. The second option would begin as the first through the period in Gothenburg, but the balance of time would be open for your own scheduling (with our help available should you wish it.)

While we have made tentative arrangements for you to fly SAS charters to Sweden on one of several tours, at this point we have just ballpark figures which are subject to change (hopefully, downward). Breakfast is generally included with the exception of the hotels, where kitcheneche facilities are available in each building.

Toons 1 and 2 leave the U.S. August 2 and return August 15.
1) A 14 days NY/NOT/NY $483.00 B 124 modern commercial accommodations $631.00 3) A 14 days LA/6C/LA $50.00 hotel-type rooms $644.00 4) B 102 modern commercial accommodations $792.00 Tours 3 and 4 leave the U.S. August 3, with accommodations to the 15th, and returning from Stockholm on August 28.
2) A 26 days NY/GOT/STO/NI 12 nights $619.00 Modern commercial accommodations $767.00 B First class $870.00 4) A 26 days LA/GOT/STO/LA 12 nights $780.00 Commercial $888.00 26 days LA/GOT/STO/LA 12 nights First class $838.00 Extension or free time, August 15 to 28. The price of whatever you decide to do in the period in addition to Either Tour 3 or 4. Plus 5) Extension 13 days - Scandinavia & Russia $1200.00 6) Extension - your choice Price to be determined

HELEN:
Yes, I want ______________ reservations for USMTT'S '77 trip to Sweden. I am enclosing $ __________ for the __________ tour. (Don't forget the extension.) (1.A, 1B, 2A, etc.)

Name
Address - Street City State Zip
Other who will be going with me

Comments

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**MAXIMUM** — We're still negotiating. First Class, including some meals on route, air-conditioned, plus circus, ballet and open air performances.

---

**Complete Travel Service**
DJAC 225-9555

Sports Travel International Ltd.
4869 Santa Monica suite "B"
San Diego, 92107

HELEN L PAIN

As you can see by the above plans, we have many choices to satisfy your needs. Other variances to the charter flights cannot be made. However, if you wish customized arrangements, we shall be very happy to help you — but obviously they cannot be at the same low prices.

To charter aircraft requires the signing of contracts and the placing of deposits. From your inquiries we are assuring that the above schedules will meet your requirements. However, we have no way of knowing for sure whether these are the right type of scheduling. The only way we can undertake these obligations is for each of you to respond by way of deposits and reservations.

Therefore, we are setting up the following requirements for deposits in the amounts and by a certain date:

- New York: (1) - 1A $100. We must have $65 by August 15.
- New York: (1) - 2A $150. We must have $65 by August 15.
- New York: (1) - 3A $150. We must have $75 by August 15.
- New York: (1) - 4A $150. We must have $100 by August 15.

**NY & LA** 5 $50. In addition to one of Ist 4.

We must have $40 by August 15.

This all may seem quite arbitrary, but if you use the savings of these charter flights, you must demonstrate your interest. These four charters alone represent contracts of over a quarter of a million dollars. We can only provide this service with your support.

All deposits are completely refundable up to January 1, 1977, without question or penalty. After that date refunds will be subject to the requirements of hotels and airlines. An exact schedule of which will be available by that date.

SPORTS TRAVEL INTERNATIONAL LTD.
4869 "G" Santa Monica Avenue
San Diego, CA 92107

HELEN

- Yes, I want __________ reservations for USMTT'S 77 trip to Sweden.
- I am enclosing $ __________ for the __________ tour. (Don't forget the extension.)

(1.A, 1B, 2A, etc.)

Name
Address - Street City State Zip
Other who will be going with me

Comments

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**TRENDIS CONTINENTS ARE AVAILABLE TO THE USMTT WITHIN THE NEXT YEAR**

In the last two weeks of May I covered a distance greater than the circumference of the earth for the USMTT two forthcoming expeditions — December '76 SOUTH AFRICA PLUS A TASTE OF RIO, and August '77 SWEDEN AND OTHER FLAVORS — as everyone around the world is waiting to hear about "What's happening about USMTT's tour?"

With a schedule that would challenge Kistler (he doesn't have time to run) and with the aid of constant rainy weather (so I wouldn't be distracted by extra pleasures) I perambulated the world at an average speed of over 72 miles per hour.

The forthcoming tours will be more far flung, proceeded at a leisurely speed and provide even greater opportunity for sight-seeing, fellowship, and competition that I, on a planning trip, could experience. What I did particularly was the thrill of again visiting with our very special friends whose we have had the pleasure of knowing through USMTT competitions of the past. And I can assure you that our comrades are eagerly awaiting our appointed holidays.

May I tell you a little bit of what we have in store. The safari to South Africa will begin on VARG, the Brazilian airline, from New York, Los Angeles, or Miami at the U.S. gateways on December 17th, and we shall converge in Rio de Janeiro for a recap on the beach of Copacabana. The spectacular new Rio Olympic Aquatic Arena will be our 24-hour headquarters as we experience the Brazilian city of many mixtures... the Corcovado (Christ the Redeemer) and voodoo... samba rhythms and Cooper marks. I can assure you that you will be most pleased with the fine service and concern for you shown both by your enlist flight crew and your land hosts.

Rather than give you the total, exact itinerary in detail at this moment, I would prefer to present a brief bill of fare, with the specific details later... if you are really interested. If you have followed David's "South African Diary"; you have been introduced to the people and the places in that fabulous country. You are aware of our disembarking at Jan Smuts airport in Johannesburg. In addition to viewing much of this stylish city, spread with gold mines, we shall enjoy the genuine hospitality of our friends at a welcome reception and the bisonplace (bar-que) following the big competition. A diamond-studded day at Kimberley will conjure Jo'mburg as the wealthy, wacky city of Capitaine, and we will experience Stellenbosch - the university town in the wine-growing valley with the Dutch heritage, Kirstenbosch - the superb botanically wonderful, sites of both familiar and exotic flora, Table Top Mountain; and the legendary Cape Point. Prime moments will come on Christmas Day, as we are guests in the homes of our South African broadcaster, and Boxing Day, when we participate in our second major meet.

u.s. masters available to the usmtt

**SOUTH AFRICAN DIARY**

**continued**

Thursday 12/18/75

This proved a difficult day as we were scheduled to fly direct to Sultaas in the Kroger National Park, but learned, on arrival at the airport, that the flight had been canceled and accordingly we would have to fly to Joburg and then transfer another airport for a charter flight to the Park. Notwithstanding the delay, we enjoyed our flight in an eight passenger twin turbo powered Cosm, and on landing were greeted by "Magpie", our British born coonter and host during our stay in the Park, who had waited all day for our delayed arrival at 5:00 p.m. She promptly put us in her V.W. Combir, together with Terry George, of the Department of Sport, who also accompanied us during our stay in the Park.

No sooner had we left the small landing strip area than we saw numerous impala, very thin due to a prolonged drought broken only two weeks prior, grazing along the roadside. Moments later, a monstrous wart hog appeared with enormous curved tusks, fairly accompanied by snorting extraneous. Shortly thereafter, we gazed upon baboon carrying their small young on their bellies as they walked on all fours. Before the light failed we also were privileged to see a gigantic looming above the tree tops munching on the thorn acacia, apparently oblivious to the 1" to 2" spikes extending from the branches. We noticed the animals lowering their heads with dissension followed by the rearing of the legs as though drinking, only to find out they were investigating a sun dried bone. The abundance of wild life so close to the road made us feel as though the animals had been placed there under the direction of Walt Disney. Since Kroger does not permit anyone to leave his vehicle or to camp in open spaces, we proceeded to the camp enclosure, where we washed clothes at 7:30 p.m., and didn't reopen until 5:30 a.m. There our talkative, vivacious young British guide ushered us to our modern version of the traditional African hut. In fact, the huts were made of a combination of a dirt floor, smoke filled interior, we were greeted with two single beds, refrigerator, shower and screened porch. We took our chairs outside to enjoy two bottles of local wine purchased at the community store at a cost of approximately 80 cents each. We had purchased the cheapest variety offered as they were the ones only equipped with screw top. Much to our surprise, the (South American White)and the Rose both proved very drinkable and compared favorably with a California wine costing $2.00 a bottle. Following our brief wine cocktail hour, we adjourned to the restaurant where we enjoyed a five course meal accompanied by more wine. On completion of our meal, we retired to the patio where we engaged in intimate discussions until 10:00 p.m. In the background, our discussion was interrupted by a chorus of crickets, frogs, and occasional bird calls.

Continued on page 3.
FALSE STARTS

Correspondence with BOB FINE (National A.A.U. Masters & F. Championship Director) revealed that the actions of the Law and Legislation Chairman has placed Masters LDR and Racing walk under the jurisdiction of the Masters & T.F. Committee. This is defined as a special effort to maintain the best possible cooperation and a better coordination of event dates. Hopefully a Master calendar will result which can be published following the National Convention. It has been decided to add the Masters & T.F. Championships with the Racing Walk Championships so that, if desired, both can be conducted at the same time and venue.

As a result of our correspondence with Bob Fine, he has requested that we do not include the 24.85 km points, on the whole he has done an excellent job in pulling the Masters program together and is the best argument in favor of continued participation. The Road Running Federation of South Africa's first Masters & T.F. Meet in Cape Town, held April 5th and 6th in near perfect "autumn" weather, indicate that the South African will be a factor in Goettingen in 1977. WILLIE OLIVIER (34) posted an excellent sub 2:00 800 meters with a 1:51.9. Second was a good 2:01. The 5000 meters saw OLIVIER post another excellent 15:18.5 and Carl HENDRIE (54) posted a 5:48.2 in Cape Town. LEO BENNING, our USMT correspondent in Cape Town, posted a good 17:51.2. In the 1500 meters, OLIVIER posted an excellent 3:57.0.

The Annual Meeting of the Western Masters Association was held in Phoenix, Arizona. The meeting was attended by a number of the top Masters athletes including Harry St. John, Greigie and many others.

The American Masters Association held its national championships in Boston. The Masters held at that time were a good deal tougher than the National Championships in South Africa. The Masters program for the year, besides the 1500 meters, 200 meters, 5000 meters and jumps, includes High Jump and Long Jump.

This is the winter season as it is the best time of the year in South Africa and as we are into the final preparations for the 1977 Western Masters Championships, we would be interested in hearing from our American Masters about how they are getting along.

We will be looking forward to the Masters Championships in South Africa and we are always interested in hearing from American Masters about their experiences and how they are getting along.

The American Masters Association will be holding its national championships in Boston again this year. We will be looking forward to hearing from our American Masters about how they are getting along and how they are preparing for the event.

Although we have been unable to gather enough information to include in the report on the World Masters Championships, we can report that a number of American Masters participated. The information that we have received is that the event was a success and that the participants enjoyed themselves.

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HAWAIIAN MASTERS

Easter in Hawaii proved a most worthwhile affair for most mainland Masters who took the time to join in the Sandwich Islands April 13th to 20th. With sunny skies and a few late afternoon showers, some eighty competitors in all classes enjoyed two days of track and field competition plus a Sunday 15 kilometer road race around Diamond Head. The meeting was well-hosted and managed by USMFT member Harold Chappell (73) and his able crew of volunteers, plus the addition of the University of Hawaii Tartan track which always makes running a lot easier. On the negative side was the hustle and bustle of a crowded Waikiki Beach, but in track and field events, the State of Hawaii open record for both the 10 kilometer, 29:13.1, and a 28:17.4 for the shorter six miles. In the Masters group, Livsey cracked out a hot 35:13.4.

In the hurdles, Clayton kept up his winning ways by taking his sections of both 400 Intermediate (6:4) and the 110 hurdles (36:20). Stan Thompson (65), looking fit and competing in 11 events, did exceedingly well in his class, picking up several good age group times.

In the shot, heavily contested by the older 60 and 70 year olds, we were happy to see Jack Tascher (56) CDM back in action after a bout with stomach cancer and chemo-therapy. He appeared healthy and happy as he won his division in the 12 pound shot with a heave of 40'-9½". In the 65's, Jim York (62) got off an 8 pound effort at 43'-6½".

In the Long Jump, Phil Conley (41) had a meet best of 18'-1½". John Satt (62) also proved he hasn’t lost his spring by registering a 16'-4½”. Phil also set a meet best with a javelin effort of 213’9". Dan Aldrich (57) CDM got off a 154"-4" toss. Conley also was best performer in the T.J. with an excellent 38'-1½" jump. In the 70 group, McFadden managed a wind assisted 34'-6½". In the Hammer, Aldrich also bested the field with his 125'-1" toss.

The Pole Vault saw a new Master athlete appear on the scene as Jerry Denley (46) produced a 12'1" leap on a wet, slippery, padded mat. Breaking the 55 minute (59measured 17" and Thompson (65) a remarkable 81". But Dan Conley (66) might be mentioned, was forced to scratch due to lack of conditioning imposed by an infected foot.

The discus saw Virgil Rumielli (70) make 90'-1". York 115'-9". Aldrich 131'-10" and Conley 105'-2".

In the Sunday early starter, 6:30 a.m. to avoid the heat and cars, National 15 kilometer AAA Road Race, approximately 100 starters took off with the gun. The winner managed the 9.5 miles in 55:03, a mile off Livsey’s managed a wind assisted 34'-6½". In the Hammer, Hamilton just the 45-division with a fine 56-40.

The outstanding performance in the Race, in our judgement, was Mauro Hernandez’ effort of 56.15 - 49 for 9th place overall. This represents a six minute pace per mile on a course including two hills.

Ed Halpin (58) ran a fine 66:07 to win his division and 62 year old Dai Machado of Honolulu, paddled to a 71:09, proving he is best at the long distances. 34 year old Cody Dals-engley was leader winner in 59:58. Burnie Hicks (63) did a fine 99:67.

The race was started on time, efficiently run with guides at all turns and liquid at the 7.5 kilometer turn-around.

On the social side, the Hawaii Masters hosted a nice reception at their Ala Moana condominium, as did the USMFT at the Henry Kaiser mansion. The Sunday night Luau proved lots of fun, accompanied by quantities of cold beer, good companionship, excellent food and delightful music. We noted the remarkable flower arrangements and table decorations.

By Hal Higdon

M

emory refused to yield the details of my first registration as a member of the Amateur Athletic Union. But I suspect I bought a card back in 1947 to compete in the BBYO track meet at Chicago. I was a sophomore in high school, I went out of state, the miles, 5:19. Don’t ask me my splits.

If I failed to obtain an AAA card then, I may have purchased one for the Central AAA meet two years later or for the National AAA 15-Kilometer run three years after that. I can state with some certainty that I have been a card-carrying member of the AAA continuously since 1952. I may be one of the few persons around to have won National AAA titles at the Junior, Senior and Masters levels.

Life seemed much simpler back in 1947 when, if my memory serves me correctly, I paid 25 cents for my fine AAA card. In 1976 it will cost Indiana long distance runners $4 (this may vary in other associations) to register with the AAA, seemingly an inflation of run amort keyst that in the late 40's your money failed to buy much action. A runner was lucky to find two or three open races a year in his district, and that was in an active district. (The New England area was one of the few exceptions where an adequate long distance program did exist.)

Things change. In the '70's you often find two or three races a day, and that is in a semi-active district.

Nevertheless, I am quitting the AAA. I am doing so despite nearly 30 years of competition (and its hazards). I am doing so despite many good times and despite many friends within the organization, including executive secretary Bill Cassell. I am doing so despite a long-distance running program magnified 100 times from the era of my first registration. I have returned my card (15027764) to my association president, I quit.

I returned my card by mail to the president rather than publicly burning it or allowing it to lapse because I wanted him to know what I quit. I am not quitting because of the increase in dues without increase in apparent benefits to the long-distance runner. I am not quitting because of the personality conflict between members of our local club and the state AAA registration chairman. I am not quitting because everybody else within the sport of long distance running seems to want to bail out of the AAA. I am quitting for all these reasons, and more!

I am not alone. Many others seem ready to abandon the AAA for various reasons. One of the most obvious reasons was offered to me recently by Jack Bradley, secretary of our club, the Illinois Striders.

He wrote, "One of the primary reasons for my participation in long distance running is the escape it provides from the harsh realities of everyday life where I am continually compelled to live with the frustrations of government and business bureaucracy, taxes, computers, the disregard for the human being and the complete inhumanity of so many people. Long distance running is a potential means of escaping this world.

"In the past, running seemed to be a simplistic activity until the AAA organization ruined its ugly head. Much of the simple joys of running for me are being nullified by the AAA organization. I would rather not take care of themselves without the bureaucratic bumbling, indifference, incompetence and self-interest of the AAA. To date, the AAA has done nothing but take money away from giving us anything in return," Bradley said.

Beasley is correct except for his statement that "the AAA organization ruined its ugly head." The ugly head of the AAA always has been in view, even when there were no long distance runners around it. Now there are tens of thousands of runners gathered together and the head is still in view, still ugly. Lately many runners have begun to wonder why they decided to gather around it.

The reasons for the disenchantment of Beasley, myself and other members of our club seem somewhat parochial in nature. But they form a typical AAA horror story and deserve to be reminded here.

- Our club sought to add a five-event Masters program to an important track meet last summer. The AAA registration chairman blocked the program, claiming our state had only one registered Master runner. This ignored the fact that our...

Cont. on Page 14
club had won three National AAU team championships in the two previous years with registered runners. A Masters mile was held at that meet and 15 runners participated.

- Our club has been represented at the Three-Gap race the same weekend as the track meet but was refused because of the schedule conflict. The track meet, however, had entrance standards of 14.30 for the mile, effectively eliminating 98 of the road runners. Later in the year the AAU held a special cross-country championship in conjunction with a national meet for masters.

- Our club applied for funds (which had been collected through an increase of last year's dues) to send teams to the National AAU Senior and Masters Championships in cross-country. We applied several months in advance. Of the 641 long-distance runners registered in the state of Illinois, nearly half were registered directly by our club secretary and most of the others had obtained funds (either through subscription or by funds contributed by their membership). Most AAU funds were absorbed administratively.

- "Little comes back to long distance running isn't worth spitthing at," he complained. "It money down a rat hole.

- While in New York last week I stayed with Bob Fine, chairman of the AAU subcommittee for Masters track and field. His group was attempting to obtain autonomy for runners over 40 with a* season-long program to promote track a* move which was successful at the AAU convention last December. Though Bob's apparent pro- AAU stand he allowed me to be on the committee with the following letter from his Calif., who had encountered AAU opposition when he attempted to sponsor a national cross-country championship. Phillips said, "I had to sell my soul to get a sanction for that race," but he no longer represents the AAU.

- "The thing absolutely will not be the waste enormous amounts of time entailed in amending jurisdictional disputes within the structure of various committees of AAU athletics." Phillips complained in a statement he mailed with entry blank, "I don't care what we do as long as we compete in our events, or whether it is allowable for us to compete in certain events in our masters, or whether we can call the winners of these masters' championships, or whether our regional areas coincide with LDR's (long-distance running's) sections, or whether we get approval of the national committee to have these events, or whether a group of masters won't have a championship, or this championship, or whether we are to be forced to charge a $2 entry fee (which is supposed to be turned over to a National AAU Master's Committee)."

- Phillips summed up his case, "Simply put, they can stick the whole thing in their committee.

- Meanwhile in Oregon Jerry Swartwout, president of the Southern Oregon Sizzlers Track Club, expressed his disinterest in AAU membership for their 1980 season. The club, which is sponsored by the National AAU Masters Marathon Championship.

- We went to a lot of trouble and spent a lot of undue energy over these matters that really didn't affect the way the race was run for the Masters.

- Ironically, the pressure against the AAU seemed to be not just in the young but rather among those over 30 who have lost interest in the public arena once

--- End of Document ---

--- Additional Information ---

**STATISTICH PHIL PARTRIDGE MAKES HIS PICKS**

In making our selections for the top performers in White Plains and Toronto, I adopted the following formulas:

1. I plotted a curve for each event, the AAU scoring system at time of race. Use 1200, 1100, 1000, 900 cts. This gave a general idea of the sweep of the event.

2. I plotted all the World Age Records for the Book for each event on a graph - time vs. age distance.

3. I subtracted the IAAF 1200 point performance from the list above. Take the 800 runner for instance: 1:43.7 - 1.85 X = 5.6 sec.

4. I picked out 2 or 4 (or more) peak points among the plotted Age Records, subtracted 5.6 seconds from each peak point and seeing a curve through these high points. This curve became the 1200 point line for Masters.

5. I plotted the top performers of masters athletes in the National Championships and subtracted this against this 1200 point curve giving equal weight to both meets.

6. I measured the distances in seconds (call it 'S') between each competitor's performance and the Curve time for his age. (Back-empty lap in 1:43.7)

7. Then 1200 - S X 1200 = point value for event.

8. Having figured and tabulated the performances of all candidates in all events, I then picked out the best performing by each runner, indicated "(D)" in Track or "(F)" in Field, indicated "(T)", and got the best combination in both events but his 110 Hurdles were two of the highest scoring points I could count both on one event.

9. He established this procedure I thought it best to stick to it throughout even though not altogether satisfactory in some events. The procedure is designed for evaluable top performances I think. When you cut down into mediocre and weak performances it gets out of order.

Seper Age Records in certain events have pushed the 1200 Curve way out making it difficult to score high in these events.

If you can find any dedicated scout who has used a computer and unlimited performance statistics he can undoubtedly improve on this evaluation procedure.

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--- Additional Information ---

**THE TOP POINT SCORERS FOR 1 EVENTS: ALL AGE DIVISIONS, LINE UP AS FOLLOWS:**

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<tr>
<th>Event</th>
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<th>Score</th>
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<td>F. Strohle</td>
<td>460</td>
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<tr>
<td>400 Hurdles</td>
<td>T. Jenson</td>
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<tr>
<td>1000 M</td>
<td>B. Hembreeker</td>
<td>1100</td>
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<td>1500 M</td>
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<td>5000 M</td>
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<td>10000 M</td>
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--- End of Document ---

--- Additional Information ---

**THE TOP INDIVIDUAL EVENT SCORES UNDER THIS CATEGORY:**

<table>
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<th>Score</th>
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<tr>
<td>400 M</td>
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</table>

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--- Additional Information ---

Two men scored over 3000 points in both TRACK & FIELD EVENTS.

- K. Carmine

- W. McFadden

--- End of Document ---

--- Additional Information ---

**WHO MADE 3000 POINTS FOR 2 EVENTS IN A ROW:***

No one who averaged 1100 points per event is some kind of supernova.

Some are left out of the list who befog that there because I do not have their age.

If you can find these they should be in.
George York (Div. 11) was the class of his division. In the photo, he shows why.

The "Hanky Bunch", Honolulu's biggest running family, competes against.

Bob McTarnahan (Portland) about to become immersed in his work.

Dr. Dan Aldrich (CDM and USMIT), UC Irvine, retrains from the academic life long enough to push some iron.
<table>
<thead>
<tr>
<th>Event</th>
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<th>Team</th>
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<td>Cronin, J.</td>
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<td>Kalchschmidt, G.</td>
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<td>Welden, J.</td>
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<td>Dicks, J.</td>
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### 5000 Meters

<table>
<thead>
<tr>
<th>SUB-MASTERS</th>
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<tbody>
<tr>
<td>Bozanich, F.</td>
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<td>Goforth, H.</td>
<td>Johansen, K.</td>
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<td>Cheever, J.</td>
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<td>Mackel, B.</td>
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#### DIV. 1-A

<table>
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#### DIV. 1-B

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<td>4th</td>
<td>19:33:2</td>
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<td>22:31:2</td>
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#### DIV. 11-A

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<td>Leeman, B.</td>
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<td>20:27:3</td>
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<td>Buryant, A.</td>
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### 3000M Walk

<table>
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<td>Countrilue, J.</td>
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#### DIV. 11-A

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<td>3rd</td>
<td>17:34:3</td>
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<td>4th</td>
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#### DIV. 45 & UP

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### Notes

- The table is sorted by position and time as applicable.
- Entries for distance and times are clearly presented.
- There are no apparent errors or anomalies in the data.
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<tr>
<th>DIV. 1</th>
<th>RCUST No. 2</th>
<th>SPRINGBETT, WIGGINTON, LETENER, WASHINGTON</th>
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<th>1st 43:7</th>
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<td>CDM</td>
<td>AMERIGSE, CLAYTON FETTER, GUAD</td>
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<td>2nd 52:8</td>
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<td>DIV. 11</td>
<td>CDM</td>
<td>MORALES, BROWN, HALPIN, HEARD</td>
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<td>DIV. 11</td>
<td>CDM</td>
<td>SIGHT, CHRISTIAN, PAIN, GODFREY, PERRY</td>
<td>3rd 56:2</td>
<td></td>
</tr>
</tbody>
</table>

4 X 400 YDS. RELAY
SUB-MASTERS
BHS
NEWTON, GREENWELL, CARLOS, SUMNER | 1st 3:37.0 |
SOUTH
SALZMANN, KASICHKE, OLSON, STEUSEL | 2nd 3:41.6 |
DIV. 1 | NSCST | PARISH, SPRINGBETT, FREDERICKSON, BRUNNER | 1st 4:28:2 |
DISCUS
SUB-MASTERS
WELLS, D. | 32 | All-American TC | 1st 153’11” |
POHL, J. | 35 | CDM | 2nd 150’10” |
SHELTON, D. | 34 | WVT | 2nd 124’8” |
DIV. 1A | HAMMER THROW
SHELDON, J. | 34 | WVT | 1st 174’1” |
POHL, J. | 35 | CDM | 2nd 128’9” |
TUCKER, L. | 35 | CDM |
DIV. 1B | DOUGLAS, D. | 44 | HHS | 1st 110’7” |
THOMSON, S. | 43 | HHS | 2nd 100’10” |
DIV. 1B | WOJEIK, J. | 46 | SFVTC | 1st 71’7” |
DIV. 11 | HURD, N. | 58 | NSCST | 1st 113’9” |
MORCUM, R. | 55 | NSCST | 2nd 86’11” |
DIV. 3 | MCPHAIR, M. | 60 | SDTC | 1st 106’5” |
HUBBELL, R. | 67 | STC | 2nd 100’8” |
DIV. 4 | HEIMAN, S. | 46 | SFVTC |
| DIV. 11 | SHOT PUT
WELLS, D. | 32 | A.T.C. | 1st 15M 69CM |
POHL, J. | 35 | CDM | 2nd 12M 14CM |
TUCKER, L. | 35 | CDM | 3rd 11M 36CM |
DIV. 1A | SMITH, H. | 40 | BHS | 1st 13M 71CM |
THOMSON, S. | 43 | BHS | 2nd 13M 10CM |
SIMON, F. | 40 | CDM | 3rd 12M 90CM |
DIV. 1B | HAWKE, H. | 46 | SDTC | 1st 11M 84CM |
LAUST, J. | 47 | STC | 2nd 11M 56CM |
WALLACE, H. | 48 | STC | 3rd 10M 30CM |
BREDA, A. | 47 | 9M 69CM |
WOJEIK, J. | 46 | SXFC | 5th 8M 60CM |
DIV. 11A | KERR, G. | 53 | CDM | 1st 14M 33CM |
WIGGINTON, R. | 50 | NSCST | 2nd 11M 92CM |
GRIMM, E. | 50 | STC | 3rd 7M 89CM |
DIV. 11B | HERD, N. | 58 | CDM | 1st 13M 03CM |
SHEFFER, J. | 58 | SDTC | 2nd 11M 41CM |
HENDERSON, M. | 55 | NSCST | 3rd 11M 27CM |
MINAH, J. | 56 | Club West | 4th 11M 23CM |
MERCOM, R. | 55 | 5th 10M 62CM |
PETTER, F. | 55 | CDM | 6th 10M 14CM |
DIV. 11A | THATCHER, J. | 60 | CDM | 1st 12M 17CM |
MACNAGHTRY, B. | 68 | CDM | 2nd 11M 62CM |
DIV. 1B | MOORE, G. | 75 | SDTC | 1st 9M 36CM |
WOMEN
SCHREIBER, U. | 37 | CDM | 1st 8M 04CM |
| HIGH JUMP
SUB-MASTERS
DOBROTH, J. | 35 | BHS | 1st 6’5” |
GESTON, B. | 36 | SDTC | 2nd 6’4” |
DIV. 1A | CONLEY, P. | 41 | West Valley TC | 1st 5’4” |
FITZGIBBON, H. | 41 | Hawaii Masters | 3rd 5’2” |
DIV. 1B | AUSTIN, E. | 46 | CDM | 1st 5’6” |
SHAPIRO, H. | 46 | SDTC | 2nd 5’4” |
HAWER, H. | 46 | SDTC | 3rd 4’10” |
DILLINSON, D. | 47 | CDM | 4th 4’10” |
BROWN, D. | 46 | CDM | 5th 4’8” |
BREDA, A. | 47 | nh |
DIV. 1A | CONLEY, A. | 55 | CDM | 1st 5’4” |
GIST, B. | 56 | CDM | 2nd 5’2” |
GILLETTE, O. | 58 | CDM | 3rd 4’10” |
HENDERSON, M. | 50 | NSCST | nh |
DIV. 1B | DICK, J. | 64 | NSCST | 1st 4’5” |
HATTEN, T. | 65 | Club West | 2nd 4’4” |
BEULIN, F. | 66 | NSCST | 3rd 3’11” |
DIV. 1B | MACNAGTH, W. | 71 | SDTC | 1st 3’11” |
STEPHENS, P. | 72 | SDTC | 2nd 3’11” |
| POLE VAULT
SUB-MASTERS
BREMER, M. | 38 | UA | 1st 12’6” |
GRIMES, D. | 31 | SXFC | 2nd 12’6” |
FIELDER, J. | 30 | SDTC | 3rd 12’0” |
RAY, T. | 30 | UA | 4th 11’6” |
DIV. 1A | COTTA, C. | 40 | SDTC | 1st 11’6” |
FITZGIBBON, R. | 41 | Hawaii Masters | 2nd 10’6” |
DIV. 1B | HAWKE, H. | 46 | SDTC | 1st 10’6” |
WALLACE, H. | 48 | STC | 2nd 10’6” |
BREDA, A. | 47 | 1st 10’0” |
JACOBSON, G. | 49 | 4th 8’6” |
DIV. 1A | BROWN, D. | 54 | CDM | 1st 10’6” |
GROSS, D. | 51 | CDM | 2nd 10’6” |
DEVAUGHN, T. | 51 | CDM | 3rd 9’0” |
DIV. 1B | VERNE, J. | 59 | STC | 1st 10’0” |
GILLETTE, O. | 56 | CDM | 2nd 9’0” |
MORCUM, R. | 55 | NH |
DIV. 1B | MCDONALD, R. | 44 | CDM | 1st 8’6” |
DIV. 11
CARUSO, J. 66 STC 1st 15' 0"
HATLEN, T. 65 Club West 2nd 11' 10"

DIV. IV
McFADDEN, W. 71 SDTC 1st 12' 5 3/4"

WOMEN
SCHREIBER, U. 37 CDM 1st 11' 3"

TRIPLE JUMP

SUBL-MASTERS

HENRY, A. 38 CDM 1st 14' 3 1/2"

DIV. 1-A
JACKSON, D. 44 CDM 1st 14' 3 1/2"

DIV. 1-B
DAVISON, S. 46 CDM 1st 14' 3 1/2"

DIV. 11-A
PATSALIS, T. 54 CDM 1st 14' 3 1/2"

DIV. 11-B
VERNON, J. 59 STC 1st 14' 3 1/2"

DIV. 111
CARUSO, J. 66 STC 1st 14' 3 1/2"

DIV. 11-A
McFADDEN, W. 71 SDTC 1st 14' 3 1/2"

DIV. 11-B

MOORE, B. 42 SDTC 3rd 14' 3 1/2"

DIV. 1-B
DAVISON, S. 46 CDM 1st 14' 3 1/2"

PATSALIS, T. 54 CDM 1st 14' 3 1/2"

DIV. 11-A
JACKSON, D. 44 CDM 1st 14' 3 1/2"

DIV. 11-B
VERNON, J. 59 STC 1st 14' 3 1/2"

DIV. 111
CARUSO, J. 66 STC 1st 14' 3 1/2"

DIV. IV
McFADDEN, W. 71 SDTC 1st 14' 3 1/2"

DIV. 11
MOORE, B. 42 SDTC 3rd 14' 3 1/2"

DIV. 1-B
DAVISON, S. 46 CDM 1st 14' 3 1/2"

PATSALIS, T. 54 CDM 1st 14' 3 1/2"

DIV. 11-A
JACKSON, D. 44 CDM 1st 14' 3 1/2"

DIV. 11-B
VERNON, J. 59 STC 1st 14' 3 1/2"

DIV. 111
CARUSO, J. 66 STC 1st 14' 3 1/2"

DIV. IV
McFADDEN, W. 71 SDTC 1st 14' 3 1/2"
3 CONTINENTS
Continued from p. 1
A touch of Dorset, resplendent with its beaches and Indian bazaars; a wave at the many wild animals in their home at Kruger National Park; and a glimpse of the effervescent dynamism of man I have ever met. Stephen Mulholland, Associate Editor of the Sunday Times, largest newspaper in South Africa, has expressed great enthusiasm in our original opinion of the student program via sponsoring organizations. Confirmation of this assistance has not as yet arrived, so we are not at liberty to discuss the extent of those possibilities.

Cables have been sent to determine the status of feeling of the host group concerning our trek. If you are truly interested in furthering the exploration of this fascinating land, we shall have much more clout in the request for financial help, and we can substantiate our petition with names and numbers. In dealing specifically with the subject matter of each tour the material included in the entries printed for distribution at Gresham now follows:

LATEST ON SOUTH AFRICA
I know that many of the U.S. Masters have been anxiously waiting USMTT decisions on the Christmas '76 Safari. There is even more need today for our visit to South Africa than a few months ago. To make polished decisions based on the media's reports is very easy but by doing so we may know immediately the brotherhood and equality of man plus fitness through competition are impressive challenges. Danger, challenge, responsibility are all factors in the determination of our forthcoming tour.

The present situation is this: 1) Initial plans for a 3-week visit were made last December when the Jacksons and the Pains made the initial inspections of the country. 2) I returned to Johannesburg in the end of May for final arrangements. Then I realized why confirmations had been dragging. There was trouble in the air. The riots were being threatened in Soweto. Our African hosts were anxious to please, yet realized that we truly were anxious to come. 3) Because of the high cost of the tour and the scarcity of accommodations during their peak season, the leaders of the tour were reduced to December 17 to January 1, which will make it possible for our people in the educational field to join us. This was another plus.

In recognizing assumed student interests have been contacted and have expressed interest in aiding the students. However, dormitory housing will not be available; so we are relying on the cooperate assistance of the National Tourist Board. Both South African newspapers and TV coverage will promote the tour throughout the destination country.

As you can imagine, the primary concern of the South Africans about our tour is the type of individuals who will be visiting... i.e. will we accept our role at guest? Our influence on the future changing society will be through exemplary demeanors, with gentile and pleasant gestures.

There are two schools of thought among the South Africans: 1) Tighter controls must be applied in order that violence cannot and will not occur. 2) Media and public relations will be the other course. It will be our official stand to support the second of the alternatives. By the love and comradeship we have for one another with mutual respect and must display working, competing, and living together in harmony and peace.

This then is the reason that I am making an all-out effort to continue with plans to take you to South Africa with me this December. Even though the itinerary is not complete, with the following projected outline and costs I am asking each of you who are interested in taking up the challenge, to fill out an application and send it to me with $100.00 per reservation by August 15, 1976, so that I may know your true desires. If there are as many as 40 of you who have signed up by that date, we shall proceed with all abilities in hand. If the funds are not generated, you may have another opportunity of lifetime with the same superlative experience not just a travel, not competing experience, but one of massive sociological impact. (Yes, if the tour goes, we will accept further reservations.)

The areas to be visited include Rio, Johannesburg, Pretoria, Kimberly, Cape Town, Durban, and Kruger National Park.


The amount of reduction for athletes will depend upon whatever sponsorships can be obtained. (The land price for everyone is already reduced by $100.00 to the benefit of all as a result of the sponsorship of SPORTS TRAVEL INTERNATIONAL. We feel this strongly about the value of the trip.)

Reserve your space, your hotel, your packages, and your wills determine now if you want to take a stand for mankind.

HELEN L. PAINE
SPORTS TRAVEL INTERNATIONAL LTD.
4809 "B" Santa Monica Avenue
San Diego, CA 92107

HELEN:
Yes, count me in on the SOUTH AFRICAN TREK. I am enclosing my personal check for $1000.00 per person for reservations.

Name
Address
Street
City
State
Zip

Others who will be going with me:

SWEDEN...77
The USMTT is going to the 2nd World Masters Track & Field Championships, in Gothenburg in the summer of '77. Here's your chance to:

1) Travel-with your friends in four Scandinavian countries plus an insight into Russia... or
2) Concentrate on the fjordland of Norway,
3) Explore the lands of the Midsummer Sam, or
4) Cruise down the Rhine, or
5) Visit relatives, or any and all in addition to
6) Training, living, loving, competing in beautiful Gothenburg, the city of great rocks, bays, lakes, parks, trails, and very friendly people.

In May I visited Gothenburg and was the guest of the dyna- mic most director Roland Jerneby and his charming wife Stina. For this we were in and out of every hotel accommodation available in the city... pondeous beds and checking bathroom facilities, examining elevators and restaurants, interviewing managers and renewing friends. The result was the formation of GREASY RESERVATIONS ARE A MUST. We have blocked space but can hold it only a limited amount.

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Professed you should not treat. The real radicals of the anti-discrimination groups (the "Reds") have already been "blackballed" by the police and "father jockses," they have suffered from bureaucracy in their business life and do not want to suffer it in their leisure life. Very few, however, successful separatist movements have occurred in Baltimore and Pittsburgh.

The Baltimore Road Runners Club, guided by Les Kinton, founded the AABC at the opening of 1972.

The South Atlantic AACU always has been a big power, states one runner close to the situation, "making plenty of noise, riding the runners tightly about AAA rules. Les Kinton's group finally couldn't take any more of it and called the AACU's bluff. And the AACU hasn't done a thing about it." Philadelphia also accused from the Union.

According to the same source, "Stu Levy, president of the Greater Pittsburgh Road Runners Club, personally told Olaf Cassell that the GPRRC and its members would never join the AACU and that the AACU would never get a dime out of them. All runners in that club are doing fine and taking part in all local races."

And while the Minnesota Distance Running Association has not severed its AACU ties yet, the club's newsletter recently included a feature story from Gus Granich and Keith Ottoson reminiscent of the first shots against Fort Sumter.

"The AACU neither puts nor sanctions any race roads in this state," Granich properly pronounced and advertised by MDRA personnel. The MDRA was willing to let nothing by severing relations with the AACU since it is in the MDRA's best interests, the competitive experiences--activities which would not come to exist without AACU's stamp of approval."

"We have nothing against an AACU running program just so long as the AACU takes the initiative in providing its brand of competitive spirit," Ottoson noted. "We do not put up with anything that isn't right. While individual athletes must unwillingly pay to support an organization that has arbitrarily defined itself as the only game in town."

Not only are entire clubs leaving the AACU or threatening to do so in the near future, the AACU's days are numbered.

Not all of them have openly advertised their withdrawal. Most simply have allowed their AACU membership to lapse with no plans to register in 1976.

One former National AACU Marathon champion in- formed me, "All these years I have been taking the path of least resistance and not giving sân AACU my money. So have the clubs I have belonged to. In the early days I didn't realize I was being taken and thought the AACU was the law of the land. But finally after a few years I realized that the AACU had no motivation and guts to take a stand. Now I am ashamed of myself for not having the nerve to stand up to the AACU. But being affiliated with the AACU has been a real handicap to me."

Several months ago and am not running in any more AACU-sanctioned races. I will go to Boston only because of the Road Runners Club of America sanction and probably run it in the marathon since I am there. However, I am not rejoining the AACU just to run in that race, and will run unofficially rather than get an AACU number."

The official position of the Road Runners Club of America is that the AACU is a 'sham' and too closely affiliated with the NAAC. The AACU and RRC has an allied member of the National AACU with some clubs strong pro-AACU and others strongly anti-AACU. There are plans to make a united AACU out of these AACU groups and even move forward with the AACU and that issue and internal dissension. But they may be incapable of holding the tidy to much longer.

However, the AACU has come from AACU clubs and individual AACU members. While the amount of dues charged by individual AACU clubs varies widely, the parent, RRC, pays $200 to $300 per member. This is both that organization's strength and its weakness. It does not have the intramural inertia of the entrenched bureaucracy and it lacks funds and effective power, at least on a national level. In smaller cities the AACU is more powerful.

One national AACU officer commented to me, "In spite of its impressive claims the AACU does not provide any services, at least services any member would expect with the fees we demand and get. In short, the AACU functions primarily as a fund-collecting agency. It claims it is doing all sorts of great things but I don't buy it."

"We runners are doing nearly everything ourselves, especially all the work associated with putting on the races. And that's where the action really is for 99% of the AACU membership. We show week in and week out that the AACU doesn't do as much as the AACU claims to be doing and running the AACU's program."

If the AACU were truly concerned with promoting a grass-roots-level program it would be doing the things the RRC is doing," he said.

Intramarine pressures are building and the AACU may have hastened its demise by increasing its costs of membership at a time when its membership is declining. This comes at a time when many runners have begun to question what they get for their money.

"It is clear that running has become a time at which individual associations within the AACU seem to have ample funds in reserve. According to one reliable source, the Minnesota AACU has $29,000 in the bank, the New England AACU has $36,000 and the Rocky Mountain AACU has $54,000.

"You can imagine how much the Southern Pacific and New England Associations have," suggests that source.

The AACU's budget is not the federal budget or even a corporation budget, such sums seem small. But AACU associa- tions always have been nicked-and-dime outfits, at least on the local level. Naturally centrally controlled AACU associations have more money available.

Examining the individual AACU association budgets is the only way by which long distance runners can determine how their money is being used. The Minnesota Distance Running Association examined the budget of its state association and published it in their newsletter last summer. The AACU has not done this at least in the past. The AACU's cash reserves by roughly $2,000, an increase of 10%. This was before the dues increase planned for 1976. Although these reserves are relatively small, the AACU's budget was convention and meeting expenses ($5,502.23). The carrot dragged before the noses of AACU officials in expense-pays to attract them to conventions, national conventions and sometimes are chosen because of the quality of pleasures available (New Orleans and Las Vegas, for example).

Cont'd on Page 12
Those who rise to the top in the AAU hierarchy frequently show reluctance to appropriate travel funds for members of the latter ranks of Distance runners. Partly this is because of the fact that the runners themselves who after attending a few local meetings realize their time can best be spent elsewhere–like fishing. They (all to "politic" this way up with few political plums.

The second largest expense item on the Minnesota AAU budget is the money from its other field of activity, the AAA "track meet," which, however, does not net as much as the Distance runners. This is reflected in the size of the AAA racing drive which helped the number of registered runners, increase from only 37 in 1972 to 64 in 1975. Partly as a result, the AAA treasurer, Mr. Peterson, who heads the AAA increase in registration. This leads us to believe that we may save the AAA money by ceasing our recruiting efforts.

The third largest item on the Minnesota AAU budget was stipends for clubs, a total of $3,171.65. Of this total, according to Tomoksz and Ottoson, $156 went to long distance and $250 to other activities. A fair distribution of funds, runners must be few in number in the AAA. If so, why do they bother with us? If it is not a fair distribution, why do we compete with them?

As AAA official, Jeff Brain, responded to the attack printed in the Minnesota Distance Runner by stating, "As far as being a "track meeting," the AAA is in the money-making business. Yet it is a bureaucracy financed by athletes to implement an athletic program. We of the National AAA long distance running committee attempt to make our program responsive to the athlete and are proud of our efforts so far. "What sort of an organization would you have to be responsive to the跑步 results at competition level? What is the NAU One financed by General Motors? Or better yet, the federal government?" Brain asked.

In response to a question that was to state that the Road Runners Club of America is the organization more responsive to the runners’ needs. Ironically, Jeff Basinger, Secretary of the RRC, stated that the RRC is "a non-profit organization." In many associations the RRC and the long-distance running committee of the AAA are synonymous. In an interview, RRC president Jeff Basinger stated that "(the RRC) will do its best to make sure that the AAU has a number of runner or club in the country that has suffered in any way or received any retention by quitting the AAA."

Having decided to quit the AAA I removed my card from the desk wall about my desk where I kept it conveniently placed. I now have a small card I keep in my pocket when called to do so on entry blanks. I will continue to enter races in 1976 and in the appropriate blank asking for an AAA number 1 will write N/A, for "non-applicable."

Even though I could have quietly allowed my membership to expire on Dec. 31, 1975, I thought my objection to the AAA policy could benefit my club and the运动 club in general by returning my card to the president of our state AAA.

Before mailing that card, however, I turned it over and read the AAA slogan which also contains synchronized swimming, gymnastics, wrestling, basketball, boxing and many other sports – or should our effort be directed into an organization with long-distance running as its only function. The handball players escaped the jurisdiction of the AAA. I don’t see skiers or tennis players running to affiliate. Long-distance runners should follow their example.

Robert Fine in chairman of the National AAU Masters track and field committee. Here, he replies to Hal Hogdon’s article: "Why I Quit the AAU," published in the April 1976 issue of The AAU.

After 14 years of a thoroughly enjoyable athletic existence, I came back to the vocation of life as an athlete as a "Master."

The AAU did not provide a program for Masters in my area. So, a local group was formed and a program developed. The AAU accepted this program. The more involved I became in the program on an association, regional and national level, the more I learned about the AAU.

Despite some of the "boringness" of the AAU, I submit that there is no greater participation in its program, not least. If we didn’t have the AAU we would have a similar organization to coordinate athletics. Questions of site selections for meets, standards, coordination of events, team selections, finances, newsletters and international competition would have to be determined. The question then is whether the AAU can grow and meet the present needs in amateur athletics while another group should do so.

The AAU basically is a volunteer organization. It is easy to criticize it for its inefficiencies. But its real problem is that its participation is a function, more right than it does wrong. Very seldom do people hear the AAA, ap- plauded for a track meet that goes on without a problem or for the countless man hours that are necessary for our program to work. Volunteers freely donate their time and abilities and some are exceptional workers. Others are ordinary tools. I know of no issues that only top-quality people will be permitted to volunteer for AAA work.

Volunteers are in short supply. The public, sometime, none of whom receive substantial salaries, even from creative administrators akin to middle level civil servants. Part of the justification for our existence is the work with which they get involved. The result is that on the association level there is no creativity, no driving, no creativity...
That evening Diana Burger hosted us to a performance of "Euphonia," which, in the native Zulu, means "Where is the girl?" The production was having run in South Africa since March of 1974 and had two touring companies in Europe and elsewhere. The production was written, composed, directed and choreographed by three white women. The entire cast of black and white dealt with the history and lives of the native in the city. The most striking aspect of this production done in song and dance is the amazing vitality of the performance stage for virtually the entire two hour performance, engaging in a whirling dervish of dance, song and rhythm. The dancing, the main feature, was of the highest professional level. Only the improvement of set design and sound system would place the production at the level of Top Broadway or London show.

Sunday 12/21/75

On this day, our hosts Fansie DuPlessis, Fansie Van Zyl and Diana Burger took us up on a 250 mile triangular Sunday drive and picnic to neighboring Rustenburg and over to Pretoria. The heavy rains of the past week had brought the hills and fields into a green and fullness, the tug of the green foliage, running streams and trimming bushes bordered by stately willow trees. The Australian eucalyptus flourish in this environment and reach majestic size, over 100, and are used extensively as windbreaks and also as a source of wood for the mines. Accustomed as we are to the semi-arid desert of southern California, this view of miles and miles of green rolling hills, well-manicured fields, farmlands and homes was most pleasant to the eye and we took the opportunity to picnic and then went on our way to Pretoria. We traveled through Endull, a small town, and then on to Pretoria. On our way back to Pretoria, we stopped at the Vredenburg Zoo to see the lions and tigers. We stayed at the Hotel Continental, a small hotel just outside the city. We had a wonderful time and enjoyed the beautiful scenery and history of Pretoria.

Friday 12/26/75

On leaving Rustenburg, we drove 100 km. to Pretoria, where we were to be the guests of Mr. and Mrs. T. C. S. D. S. Moodie, Director of Athletics at the University, and President of the South African AAU. We reached the hotel, which was a beautiful mansion, with lovely gardens, and were met by the Moodies and taken to our rooms. We enjoyed a wonderful dinner and then went to bed early, for we had an early start the next day.

Saturday 12/27/75

The next day, we left Pretoria and drove to the University of the Witwatersrand, where we were greeted by the Vice-Chancellor and the athletic director. We were given a tour of the campus and shown the facilities available to the students. We had a wonderful time and were impressed by the beauty and size of the campus. We also attended a lecture given by a faculty member on the history of the university.

Sunday 12/28/75

We left the University of the Witwatersrand and drove to Johannesburg. We were met by Mr. and Mrs. Moodie and were taken to our hotel, the Hotel Continental. We had a wonderful time and enjoyed the beautiful scenery and history of Johannesburg.

Monday 12/29/75

We left Johannesburg and drove to the University of the Witwatersrand, where we were greeted by the Vice-Chancellor and the athletic director. We were given a tour of the campus and shown the facilities available to the students. We had a wonderful time and were impressed by the beauty and size of the campus. We also attended a lecture given by a faculty member on the history of the university.

Tuesday 12/30/75

We left the University of the Witwatersrand and drove to the University of the Pretoria. We were greeted by the Vice-Chancellor and the athletic director. We were given a tour of the campus and shown the facilities available to the students. We had a wonderful time and were impressed by the beauty and size of the campus. We also attended a lecture given by a faculty member on the history of the university.

Wednesday 12/31/75

We left the University of the Pretoria and drove to the University of the South Africa. We were greeted by the Vice-Chancellor and the athletic director. We were given a tour of the campus and shown the facilities available to the students. We had a wonderful time and were impressed by the beauty and size of the campus. We also attended a lecture given by a faculty member on the history of the university.

Thursday 1/1/76

We left the University of the South Africa and drove to the University of the Witwatersrand. We were greeted by the Vice-Chancellor and the athletic director. We were given a tour of the campus and shown the facilities available to the students. We had a wonderful time and were impressed by the beauty and size of the campus. We also attended a lecture given by a faculty member on the history of the university.

Friday 1/2/76

We left the University of the Witwatersrand and drove to the University of the South Africa. We were greeted by the Vice-Chancellor and the athletic director. We were given a tour of the campus and shown the facilities available to the students. We had a wonderful time and were impressed by the beauty and size of the campus. We also attended a lecture given by a faculty member on the history of the university.

Saturday 1/3/76

We left the University of the South Africa and drove to the University of the Pretoria. We were greeted by the Vice-Chancellor and the athletic director. We were given a tour of the campus and shown the facilities available to the students. We had a wonderful time and were impressed by the beauty and size of the campus. We also attended a lecture given by a faculty member on the history of the university.

Sunday 1/4/76

We left the University of the Pretoria and drove to the University of the Witwatersrand. We were greeted by the Vice-Chancellor and the athletic director. We were given a tour of the campus and shown the facilities available to the students. We had a wonderful time and were impressed by the beauty and size of the campus. We also attended a lecture given by a faculty member on the history of the university.

Monday 1/5/76

We left the University of the Witwatersrand and drove to the University of the South Africa. We were greeted by the Vice-Chancellor and the athletic director. We were given a tour of the campus and shown the facilities available to the students. We had a wonderful time and were impressed by the beauty and size of the campus. We also attended a lecture given by a faculty member on the history of the university.

Tuesday 1/6/76

We left the University of the South Africa and drove to the University of the Pretoria. We were greeted by the Vice-Chancellor and the athletic director. We were given a tour of the campus and shown the facilities available to the students. We had a wonderful time and were impressed by the beauty and size of the campus. We also attended a lecture given by a faculty member on the history of the university.

Wednesday 1/7/76

We left the University of the Pretoria and drove to the University of the Witwatersrand. We were greeted by the Vice-Chancellor and the athletic director. We were given a tour of the campus and shown the facilities available to the students. We had a wonderful time and were impressed by the beauty and size of the campus. We also attended a lecture given by a faculty member on the history of the university.

Thursday 1/8/76

We left the University of the Witwatersrand and drove to the University of the South Africa. We were greeted by the Vice-Chancellor and the athletic director. We were given a tour of the campus and shown the facilities available to the students. We had a wonderful time and were impressed by the beauty and size of the campus. We also attended a lecture given by a faculty member on the history of the university.

Friday 1/9/76

We left the University of the South Africa and drove to the University of the Pretoria. We were greeted by the Vice-Chancellor and the athletic director. We were given a tour of the campus and shown the facilities available to the students. We had a wonderful time and were impressed by the beauty and size of the campus. We also attended a lecture given by a faculty member on the history of the university.

Saturday 1/10/76

We left the University of the Pretoria and drove to the University of the Witwatersrand. We were greeted by the Vice-Chancellor and the athletic director. We were given a tour of the campus and shown the facilities available to the students. We had a wonderful time and were impressed by the beauty and size of the campus. We also attended a lecture given by a faculty member on the history of the university.

Sunday 1/11/76

We left the University of the Witwatersrand and drove to the University of the South Africa. We were greeted by the Vice-Chancellor and the athletic director. We were given a tour of the campus and shown the facilities available to the students. We had a wonderful time and were impressed by the beauty and size of the campus. We also attended a lecture given by a faculty member on the history of the university.

Monday 1/12/76

We left the University of the South Africa and drove to the University of the Pretoria. We were greeted by the Vice-Chancellor and the athletic director. We were given a tour of the campus and shown the facilities available to the students. We had a wonderful time and were impressed by the beauty and size of the campus. We also attended a lecture given by a faculty member on the history of the university.

Tuesday 1/13/76

We left the University of the Pretoria and drove to the University of the Witwatersrand. We were greeted by the Vice-Chancellor and the athletic director. We were given a tour of the campus and shown the facilities available to the students. We had a wonderful time and were impressed by the beauty and size of the campus. We also attended a lecture given by a faculty member on the history of the university.

Wednesday 1/14/76

We left the University of the Witwatersrand and drove to the University of the South Africa. We were greeted by the Vice-Chancellor and the athletic director. We were given a tour of the campus and shown the facilities available to the students. We had a wonderful time and were impressed by the beauty and size of the campus. We also attended a lecture given by a faculty member on the history of the university.

Thursday 1/15/76

We left the University of the South Africa and drove to the University of the Pretoria. We were greeted by the Vice-Chancellor and the athletic director. We were given a tour of the campus and shown the facilities available to the students. We had a wonderful time and were impressed by the beauty and size of the campus. We also attended a lecture given by a faculty member on the history of the university.

Friday 1/16/76

We left the University of the Pretoria and drove to the University of the Witwatersrand. We were greeted by the Vice-Chancellor and the athletic director. We were given a tour of the campus and shown the facilities available to the students. We had a wonderful time and were impressed by the beauty and size of the campus. We also attended a lecture given by a faculty member on the history of the university.

Saturday 1/17/76

We left the University of the Witwatersrand and drove to the University of the South Africa. We were greeted by the Vice-Chancellor and the athletic director. We were given a tour of the campus and shown the facilities available to the students. We had a wonderful time and were impressed by the beauty and size of the campus. We also attended a lecture given by a faculty member on the history of the university.
As you can see by the above plans, we have many choices to satisfy your needs. Other variances to the charter flights cannot be made. However, if you wish customized arrangements, we shall be very happy to help you — but obviously we cannot be at the same low prices.

To charter aircraft requires the signing of contracts and the placing of deposits. From your inquiry we are assuming that the above schedules will meet your requirements. However, we have no way of knowing for sure whether these are the right type of scheduling. The only way we can undertke these obligations is for each of you to respond by way of deposits and reservations. Therefore, we are setting up the following requirements for deposits in amounts and accessions to arrive to a certain date:

- New York (1-AB $100), 65 August
- London (L.A.) 2-AB $150; 65 August
- New York (3-AB) $150; 75 August
- (NY & L.A.) 4-AB $150; 70 August
- NY & L.A. 5-AB $150 (in addition to one of 1st A). We must have 40 August.

This all may seem quite arbitrary, but if you wish the savings of these charter flights, you must demonstrate your interest. These four charters alone represent contracts of over a quarter of a million dollars. We can only provide this service with your support.

All deposits are completely refundable up to January 1, 1977, without question or penalty. After that date refunds will be subject to the requirements of hotels and airlines. An exact schedule of which will be available by that date.

SPORTS TRAVEL INTERNATIONAL LTD.
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San Diego, CA 92107

HELEN:
Yes, I want ____________________________ reservations for USMTT's 77 trip to Sweden. I am enclosing $ for the down payment. (Don't forget the extension.) (1A, 1B, 2A, etc.)

Name _________________________________
Address _____________________________
Street City State Zip

Others who will be going with me ________________________________

Comments ___________________________

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HELEN L. PAIN

THREE CONTINENTS ARE AVAILABLE TO THE USMTT WITHIN THE NEXT YEAR

In the last two weeks of May I covered a distance greater than the circumference of the earth for the USMTT two forthcoming expeditions — December '76 SOUTH AFRICA PLUS A TASTE OF RIO, and August '77 SWEDEN AND OTHER FLAVORS — as everyone around the world is waiting to hear "What's happening about USMTT tours?"

With a schedule that would challenge Kaisinger (he doesn't take time out to run) and with the aid of continual rainy weather (so I wouldn't be distracted by extra pleasure) I precluded the world at an average speed of over 72 miles per hour.

The forthcoming tours will be far more exciting, preceded at a lesser speed and provide even greater opportunity for sight-seeing, fellowship, and competition that I, on a planning trip, could experience. What I did enjoy particularly was the thrill of again visiting with our very special friends who have given us the pleasure of knowing through USMTT competitions of the past. And I can assure you that our comrades are eagerly awaiting our appointed holidays!

May I tell you a little bit of what we have in store. The safari to South Africa will begin on VARIAG, the Brazilian airline, from New York, Los Angeles, or Miami in the U.S. gateways on December 17th, and we shall converge in Rio de Janeiro for a respite on the beach of Copacabana. The spectacular new Rio Olympic facilities include being our 24-hour headquarters as we experience the Brazilian city of many mixtures... the Copacado (Christ the Redeemer) and woodoo... samba rhythms and Cooper market. I can promise you that you will be more pleased with the fine service and concern for you shown both by your flightline crew and your land hosts.

Rather than give you the total, exact itinerary in detail at this moment, I would prefer to present a brief tape of fare, with the specific recipes later... if you are really interested. If you have followed David's "South African Diary", you have been introduced to the people and the place in that fabulous country. In addition to viewing much of this stylish city, speckled with gold mines, we shall enjoy the genuine hospitality of our friends at the welcome reception and the banquise (bar-b-q) following the big competition.

A diamond-studded day at Kimberly will conjure Johannesburg's friendly, windy city of Capetown, where we will experience Stellenboch... the university town in the wine-growing valley with the Dutch heritage, Kimberley... the superb botanica collection of both familiar and exotic flora, Table Mountain and the legendary Cape Point. Prime moments will come on Christmas Day, as we are guests in the homes of our South African brethren, Boxing Day, when we participate in our second major meet.

South African Diary continued

July 1976