USMT relay teams to compete at White Plains & Toronto

If you desire to compete in the relays at the 1978 National Track and Cross Country Championships in White Plains, N.Y., or World Masters in Toronto and are not already on a club team, fill out the form below with your interest and competition requirements and mail to the USMT. White Plains offers the 4 x 110 m, the 4 x 440 yd and the 4 x 880 yds. All on Saturday, Aug. 19th in Classes 1, 2 & 3. Toronto offers the National 4 x 100 m and 4 x 400 m relays. Each country may enter one team in each of the 2, 4, 5 and 6 event categories. All teams must be nominated by the head coach of the team. A national team must be entered for the Special National Relay. Entry fee is $3.00 per person, per event. (See Page 11 for Relay entry form.)

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United States Masters Track Association

The United States Masters Track Association is a non-profit organization that promotes track and field competitions for athletes 50 years of age and older. The organization has over 200 chapters throughout the United States and is governed by a board of directors. The organization's mission is to provide safe and fair competition for its members and to promote the sport of track and field at the masters level.

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A FREEMAN AT 35

IT'S A DIFFERENT KIND OF RACE FOR COLLEGE MAN PETER SNELL

By Jan Seifer
L.A. Times Nov. 7, 1975

DAVIS-Peter Snell is in a big race again. Part way through the first lap, he says it's fully as exciting as life was when he set the world record for the mile run and won three gold medals in the 1960 and 1964 Olympics.

The 28-year-old New Zealander has enrollled as a freshman at UC Davis and hopes to get bachelor's and master's degrees in sports science within three years. He's going at a frantic pace. Such goals normally take a minimum of five years.

The reason for his haste is economic. Snell, who went to work out of high school in 1957, quit his job as a sports foundation executive and sold everything he owned to finance his studies. He reckons he'll exhaust his resources in about 35 months.

"When I was a 20-year-old, my Olympic gold medal in 1960 meant everything in the world to me," he told an interviewer.

"What I'm doing now means the same except I'm evaporating $20,000 and dragging a family into it."

Snell, who is taking six units including courses in calculus, physics, psychology and computer programming--wants to return home and apply his knowledge in such fields of community health and adult fitness.

Chairman Jack Wilmore of the UC Davis physical education department says the school is heavily into research and teaching in exercise physiology, and: "We're ahead of anything and we will put professional athletes, testing them for things like oxygen consumption, body fat, muscle composition."

Wilmore said of Snell: "He's intensely devoted and has a rigorous goal that would be impossible for any other student. But he already has a graduate school level of understanding from his running and contacts around the world, so we're trying to get him through his undergraduate program as quickly as possible. Without that he's going to be an outstanding student. He just turns people on because of his enthusiasm."

"I'm more interested in sports science as it's called to athletics, but the broad and better side of it is in its application to the average individual."

"I'm concerned with the fitness of the New Zealand population. That is a justification for sports. People make money. It wouldn't be justified for sports to make only."

"I think of going back to produce a few more Olympians. Producing Olympians only helps a few people.

"I want to be in a position to influence the executive habits of the people and my name will only help when it is allied with the professional qualifications."

PETER SNELL

Snell moved here from Auckland in July and attended summer school. His wife of 17 years, Sally, and his two daughters, 6 and 8, joined him in mid-September.

Snell is still in good shape, carrying 170 pounds on his 5-11 frame. He raced at 167.

The skin is still tight against his high-cheeked beaded face. No evidence of aging. He kept up with a peak form Ben John of Kenya on a five mile training run at the British Commonwealth Games last February in Christchurch.

He spoke with a reporter at his two-bedroom apartment at the university's married-students housing complex. His quarters are drafty, simply furnished. A few plants grow from cottage cheese containers. Not a trophy or a medal is in sight.

The striking feature of his living room is a colored wall chart he uses to bide his time. It shows periods for classes, studying and for work-outs. His life is Spartan. The chart shows thin at 6, and he runs for 30 minutes and stays thin and on target. He studies thin once on weekends.

Snell said he finds his academic subjects tough, because he didn't pay attention to coursework at Te Arohe High where he starred in rugby, tennis, track and soccer.

But he enjoys his new life. "It's very stimulating. I enjoy the professors immensely. I don't mind that there isn't much to do in this town. I don't mind distractions. The coach of a country team asked me to work out with them but I don't want to do that," Snell said.

Snell's old life was a comfortable one--frittering a retired Olympic champion. He was the manager of a sports foundation sponsored by a tobacco company. He supervised the distribution of funds to more than 50 sporting activities in New Zealand and made frequent speeches, testing them for things like oxygen consumption, body fat, muscle composition.

"I was making in on my name but only in a short-term sense. There were no prospects in what I was doing. My goal is to go to an area which gives pleasure and happiness."

Snell won esteem in his native land as the dominant middle-distance runner of the early 1960's. Jim Ryun would come along to break some of his world marks but the Kansan would never match his nearly invincible competitive record.

Track and Field News named Snell whose trademark was a bouncing hop to the finish line and an explosive finishing kick, the athlete of the year in 1962. He produced 10 10-year span of unprecedented record breaking in running, jumping and throwing.

The New Zealander's share of world marks came over a distance of 440 yards and 880 yards. His first mile record was 3:54.4 in 1962 and 3:53.6 in 1964. He said his one regret is that he didn't make the mile mark lower.

"I am 20633 A

THE S.F. 500 ROSES ITS TROPHY COMPLETE WITH YOUNG NATION

SAN FRANCISCO - A LOVE AFFAIR

For one who lives in idyllic San Diego with its cool, sunny climate, clean city and lovely beaches and harbors, for one who can admire another city, and its people, just as much. The other city, of course, is San Francisco.

Recently we hopped a flight to the city by the Golden Gate to participate in Pan Beale's 2nd annual Golden Gate Charity 6 mile run. Pan not only raised over $9,000 for the Big Brothers and Sisters Charities but also gave to the 460 odd participants a delightful day.
Snell saved his best for the Olympics. In 1960 he won the 800 meters, 1,500 meters, and the 5,000 meters. In 1964 he became the first American to win two gold medals in the same Olympic Games, capturing gold in the 1,500 meters and silver in the 5,000 meters. His success set him apart from his contemporaries and solidified his status as one of the greatest distance runners in history.

Snell and his wife, Doris, moved to San Diego after their Olympic triumphs. They were both known for their dedication to the sport and their commitment to improving the lives of young athletes. Snell was also a prominent figure in the California track and field community, serving as a coach and mentor to many aspiring athletes.

Snell's legacy continues to be celebrated today, with his name immortalized in the world of track and field. He is remembered not only for his athletic accomplishments, but also for his humility, kindness, and his ability to inspire others to pursue their dreams.

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The 1960 Olympic Games were held in Rome, Italy, and marked a significant moment in the history of track and field. The games were a showcase of the world's top athletes, and Snell's victories added to the excitement. Snell's success was not just a personal achievement, but a symbol of the growing influence of American athletes on the global stage.

The 1960 Olympic Games were also significant for the advancement of women in athletics. For the first time, women were allowed to compete in track and field events. This marked a major step forward in the fight for gender equality in sports.

Snell's victories at the 1960 Olympics were just the beginning of his remarkable career. He continued to compete at a high level throughout the 1960s, and his legacy continues to inspire athletes around the world.
Iron which seedings were made so the runners of the 16-mile hillclimb. A watch was on each participant. Since the Deception and Portage tables place a premium on performance, each contestant must put out a maximum effort in each event - and the contestants will be running 4200 meters. The beans are run off as fast as possible with about 300 meters to go through 1870. Each contestant's maximum effort is required one begins to feel the effects with about the third event - the 800-meter run in particular - and the Hillclimb. The 800-meter run is the final test and by the end of the first event the 2-timers will be running hard. Since some athletes are better than others at a given distance, even as this event will tend to establish who the all-around runners are. The best part is when you have finished and can be sipping your cold beer or 3"8 Whittenmore 3"8. In the event 101:13-8"4, McFadden 60, Mccoy 43.

Hillclimb

500 Relay

Corona Del Mar T.C. 41-44 8 L.A. County Marshall's 72-73 108

(40-49) Corona Del Mar T.C. 41-42 0.50 4 L.A. County Marshall's

(50-59) Corona Del Mar T.C. 41-42 31.7

46.7

Beverly Hills Striders 61.3 Corona Del Mar T.C. 74-75

67.3

101:13-8"4, Whittenmore 3"3, McFadden 60, McCoy 43.

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Masters Records

The current Masters age group

tables (18-35) for the 1979 season:

Masters

Age Group 35-39
1. Bob Rutter (37) Salina, Kansas TC
Total Score 4324
2. Bill Olson (35) Rancho
Total Score 4301
3. Gary Forsythe (37) Salina TC
Total Score 4288
Age Group 40-49
1. Bob Lawrence (40) Parkside TC
Total Score 5664
2. Neil King (45) St Louis, Illinois
Total Score 5613
Age Group 50-59
1. George Harrington (55) Salina Kansas
Total Score 2655
2. Roger Bresnahan (54) Caledonia, W
Total Score 2613
Age Group 60+
1. Bud Deason (64) Hawaii Master TC
Total Score 3317
2. John Dick (64) University
Total Score 3265

Masters Scene

Masters Scene

by Peter Munday

The Masters: A unique event in the world of golf.

In 1934, the Augusta National Golf Club, founded by Harry Vardon and Gene Sarazen, held its first Masters Tournament. Since then, it has become one of the most prestigious events in golf.

The tournament is held annually in April, and attracts some of the best players from around the world. It is known for its challenging courses and its unique format.

The masters are divided into age groups, with separate competitions for each group. The 18-35 age group is the most competitive, with the best players vying for the championship.

However, the masters are not just about golf. They are also a celebration of the sport and its history. The Augusta National Golf Club has a rich history, and the masters is a way to honor that history.

The masters are also a way to connect with others who share a love of the game. Whether you are a professional player or a casual enthusiast, the masters is a place to come together and enjoy the sport.

In conclusion, the masters are a unique event in the world of golf. They are a celebration of the sport and its history, and a way to connect with others who share a love of the game. The masters is a must-see event for anyone who loves golf.
THE ONLY JUMPS OF ALCATRAZ WHO SUCCESSFULLY 
NEDUCATED THE WATERS OF SAN FRANCISCO BAY 
FROM THE "ROCK" was no better than Garbo, 
iable, Irresponsible SEE & USMTS super long 
Distance runner Walt Stork 181 of San Fran 
isco who in 1927 spent 10 months in the 
Famous prison as a despoiler from the U.S. 
Army. (He tells us he just walked off the job after 
finishing all the years in the service.) 
Walt tells us it was most of his time 
while there making one of these big 
and defending their masculinity from the annual 
deviates who considered this 17 year old a 
personal hero. 43 years later, in 1965 as a 
Dolphin Swim Club Member he made his set of 
several successful swims from the island to the 
shore. In addition Walt has swum the over 
dangerous Golden Gate several times, once 
being swept out to see and another time back 
onto Alcatraz (deep in the Bay). Apparently 
Walt has an abiding affection for his old home. 
We understand that when they open Alcatra 
s as a tourist attraction that call 4326 in D Block 
will have advertised above it, "This call occasi 
ated by the indomitable Walter Stork 1927-1928, the 
only man to swim the full length of this island and 
successfully swim to the shore." Incidentally the 
announcements about Walt-all true we are sure 
are legion. For example he was thrown out of the notorious 
Harry Bridges' Longshoreman's Union for being 
too radical and too tough. We consider our 
seelves privileged to have Walt as a friend in 
his home born "golden" years.

**B.C.**

**How can I help you today?**

**Johnny Hart**

**WILL THE OLDEST MAN EVER TO BE?**

**How old do you feel today?**

**Send your subscriptions to JERRY SMITH!**

**Published by: david h.r. paine helen i. paine 1160 via españa la jolla, california (714) 545-6362**
USM Relay Teams to Compete at White Plains & Toronto

If you desire to compete in the relays at the NATIONS at White Plains, or WORLD MASTERS in Toronto, and are not already on a club team, fill out the form below with your resistance and you may run for the USMRT.

White Plains offers the 4 X 110, the 4 X 440, & the 4 X 880 M. on Saturday, Aug 18th in Classes 1,2 & 3+. Toronto offers the National 4 X 100 M. and 4 X 400 M. relays (each country may enter but one team in Classes 1,2 & 3+ athletes must be nominated for these teams). Bob Fine, National AU Masters Chairman, David Pain, & a third person to be selected by Fine will make these selections. Also available at Toronto for all competitors will be the Special National 4 X 400 m. relay to be composed of two Class 1, one Class II and one Class III, runs on each team. We enter as many teams as we wish for the Special National Relay. Entry fee is $3.00 per person, per event.

(See Page II for relay entry form.)

Travel Permits at Toronto Area

To comply with IAPF rules, the Meet Sponsors in Toronto have announced that each athlete must have a travel permit. This absurd requirement is designed primarily to keep athletes in bondage to their own National Associations. Unfortunately, as the initial sponsor of the Toronto World Masters Championships - the USMRT conceived, promoted, & raised the initial $25,000 for the Meet - we have no contractual agreement with the Canadian Masters, or Don MacPherson specifically, that no USMRT athlete will be required to display a travel permit. We do suggest you have your current AA card in hand, however, should any question arise. You will note that the entry blank contains no reference to Travel Permits & this too, was by agreement with the Canadian Masters, as the USMRT objects to them on moral grounds. Therefore, do not bother to get one - the USMRT will not be applying for a team travel permit either.

Both the Canadians have competed in our Masters Championships, & of course over 100 U.S. Masters competed last year in the 1st Canadian Masters & no travel permits were required in either instance.

The USMRT will have nothing to do with any event that requires them.

Chapter Flight Closes

United Airlines has graciously extended our deadline for full payment of our charter fare a few days. If you or a friend have been foot dragging about signing up for the charter, get with it & send in your reservations, now, together with your full payment of $310 which includes airport pickup and return and your housing at White Plains and Toronto/meals not included.

We stand at 190 reservations, to date, and need 30 more to fill the aircraft and hold to our $310 per person price. So sign up a friend or awn your spouse. Housing lists must be submitted no later than June 25th....

USMRT Uniforms Available

We now have a full stock of all official USMRT uniforms and can fit all sizes. Look sharp at your local meet or at the Nationals by wearing the Blue, White & Blue of the USMRT.

The sponsors of the World Masters have asked that each National Team be attired uniformly. This will enhance the Parade in which we will be asked to appear in Toronto and would also assist in athlete identification on the track. As a member of the USMRT you will be expected to compete under its colors. Don't wait until the last minute otherwise we may be out of some sizes. Order now. Uniform order sheet enclosed.