

U.S. Masters International Track Team

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Thanksgiving - November 25, 1972

San Diego, California

As we sit and compose this issue of the U.S. Masters Newsletter, we cannot help but reflect on our good fortune for the gift of good health, the comradery of our Masters friends and the exhilaration experienced from our athletic efforts.

We all, as veteran athletes have much to be grateful for as this Holiday Season approaches.

Helen and I have been working hard making arrangements for our tour

"Down Under." At this point, we are very pleased with Air New Zealand who is providing considerable assistance in printing the tour brochure which should be ready for mailing in late January. By then all travel and housing should be fairly well committed. However, as is our policy, we shall travel the South Pacific this Easter to visit each hotel where the U.S. Masters will stay as well as finalize all competitions with our local sponsors. The trip looks extremely exciting for competitors and non-athletes alike.

The tour dates have been adjusted to Thursday, December 13, 1973 to Tuesday, January 1, 1974. We are working on an alternate tour of the South Island of New Zealand for the first two weeks of January for those who can stay over.

We are now accepting deposits of \$100.00 per person. The tour will be limited to 250. Based on the experience with our European Tour as well as the expressions of interest received to date, we are confident that the demand will far exceed the supply, so get your deposit in early to assure your position of priority for the tour.

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TO RACE IN SOUTH PACIFIC



U.S. Masters invites you to join its 1973 Christmas Jet Tour and Competitions in Fiji, Australia, New Zealand, and Hawaii. Tour the sunny Southern Hemisphere during the holidays, December 13, 1973 to January 1, 1974. Compete in all Australian Vets Track and Field Championships; age group and long distance racing in each country. A perfect family vacation with full complement of travel and

sightseeing. Enjoy people-to-people communication through athletics at group discount rates. Contact David or Helen Pain, 1160 Via Espana, La Jolla, California 92037 (714) 459-6362.

***FLY AIR NEW ZEALAND
LUXURY DC-10 Jets***

Reading References - Australia and New Zealand:

For those of you who would like to acquire some background knowledge about the next countries to be visited by our U.S. Masters, here are some references:

Magazines:

National Geographic: 1/72 "New Zealand's Bountiful Island."
11/67 "N.S. Wales, the State that cradled Australia."

Books: "Inside Australia" John Gunther, Harper & Row, 1972.
"The New Australia," Colin Simpson Dutton, 1972.
"Wildlife of Australia" Vincent Serventy, Taplinger, 1972.
"Australia" Hammond Innes, McGraw-Hill, 1971.

Pamphlets: "Sunset's Travel Guide to Australia"
"Sunset's Travel Guide to New Zealand", published by
Sunset Magazine

U.S. Masters Performance Comparison:

For the statistically inclined we have prepared a summary showing what we believe are the current Masters records and have compared them with our European Tour results, and the Olympic efforts at Munich.

The percentage difference between the veteran record and the world record in each event varies from a minimum of 8% in the 100m. to a maximum of 18% in the 400m. with an average difference of 12% for all events.

	FORMER AAU MASTERS BEST	EUROPEAN TOUR	1972 OLYMPICS	EXISTING/FORMER WORLD RECORD
100m.	11.2 RHODEN Jam 43 LA 6/19/70 11.2 SMITH US 40 SD 7/1/72	10.7 BAKER US 40 Koln 9/15/72	10.14 BORZOV USSR Mun 9/1/72 * * In 12 heats in 1st round at Munich, 31 runners failed to run 10.7 of 89 entered.	9.9 HINES US 21 Sac 6/20/68
200m.	22.3 SMITH US 40 SD 7/2/72 22.3 RHODEN US 44 SD 7/2/72	22.5 BAKER US 40 Lon 8/25/72	20.00 BORZOV USSR Mun 9/4/72	19.7 CARLOS US 23 Tahoe 9/12/68
400m.	52.0 STOLPE US 47 SD 7/1/72	51.7 STOLPE US 47 Lon 8/25/72	44.66 MATTHEWS US Mun 9/7/72	43.8 EVANS US 21 Mcty 10/18/68
800m.	1:58.4 FITZGERALD US 47 SD 7/2/72	1:59.7 MAYOOR HOL Koln 9/15/72	1:45.9 WATTLE US 21 Mun 9/2/72	1:44.3 DOUBELL AUS 23 Mcty 10/15/68
1500m.	4:11.5 HATTON US 40 SD 7/2/72	3:59.3 KILMARTIN GB 41 Ln8/24/72 4:10.4 FITZGERALD US 47 9/15/72 4:10.4 MUNDLE US 42 9/15/72 4:10.4 WARREN AUS 9/15/72 4:10.5 ALLEN CAN 40 9/15/72	3:36.3 VASALA FIN 24 Mun 9/10/72	3:33.11 RYUN US 20 LA 7/8/67
5,000m.	15:36.3 HATTON US 40 SD 7/2/72	14:38.4 O'HARA GB 40 Lon 8/24/72 14:59.6 HIGDON US 41 Lon 8/24/72 16:05.8 GILMOUR AUS 53 Kln 9/13/ 17:43.6 KRUIZICHY G 61 Kln 9/13/72 17:58.8 ANBERG US 61 Koln 9/13/72	13:26.4 VIREN FIN 22 Mun 9/10/72 (Olympic Record)	13:16.6 CLARKE AUS 29 Stkh 7/5/67
10,000m.	31:42.8 HATTON US 40 SD 7/1/72	30:52.4 STODDARD GB 41 Kln 9/16/ 31:18 HIGDON US 41 Hels 8/27/72 31:40 DOWER AUS 44 Kln 9/16/72 33:20.6 GILMOUR AUS 53 K 9/16/72 35:57.4 KRUIZICHY G 61 K 9/16/72 38:44.2 ANDBERG US 61 K 9/16/72	27:38.4 VIREN FIN 22 Mun 9/3/72	27:39.4 CLARKE AUS 28 Oslo 7/14/65

SDTC Masters Win Title In AAU Cross Country Meet:

Bloomfield Hill, Mich. -- The San Diego Track Club Masters team won the team championships at the national AAU Masters Cross Country meet here yesterday.

Over a sloppy track of mud and snow and plagued by 35 degree temperatures, 112 individuals, 40 and older, representing nine teams, negotiated the 10,000 meter course with varying degrees of success.

Frank Pflaging of New York was the individual winner in 33:04. Bill Gookin, who recently turned 40, paced the SDTC team with a fourth-place finish, just seven seconds behind the winner.

Other San Diegans and their places and times were: 11. Bill Phillips, 35:45; 19. Bob DeHorrity, 36:49; 20. Bill Stock, 36:56; 21. Mike Murray, 36:59; 25. Herb Weisheit, 37:35; 32. Don Coleman, 38:23; and Wayne Zook, who took fourth in the 50 - 59 age group and 41st overall, at 39:25. [From the San Diego Union.]

Last year's winner, Hal Higdon, Indiana, (41) was second overall, 10 seconds behind the winner in 33:14 with Dave Waco (40) Calif. 3rd, 33:54. Canadian Master Bill Allen (40), and Art Taylor (42) also of Canada were 5th and 6th respectively.

We spoke to Higdon after the race who pointed out "my winning time last year would have made me only 6th place this year on a far worse course than we encountered in '71."

Many U.S. and Canadian Masters competed also, and it was like a class reunion when old friends meet.

So. Cal. Vets 5,000m. - San Diego, Calif. November 25th:

U.S. Master Augie Escamilla sponsored his 6th Annual 5,000m. Cross-Country event on the Balboa Park Course. The track was dry and the weather clear. Temperature 65°. Seventy-two entries competed in 4 classes. Winners in each division were:

Division I [35-39].....Ed Gookin (38)	16:56.4	Course Record	16:05.1 Bill Gookin
Division II [40-49]....Pete Mundle (44)	16:59.0		16:30.0 Pete Mundle
Division III [50-59]...Ole Oleson (54)	18:37		18:33 J. Lafferty
Division IV [60 -]....Jim Bole (65)	21:56		New Record

Other U.S. Masters who competed were Division II....Bill Stock (43) 5th 17:53 and in Division III...Wayne Zook (55) 2nd 19:23; Ed Halpin (54) 3rd 19:31; Bob Long (54) 4th 19:34; and D. Pain (50) 5th 20:00

It is of interest to note that all 4 division records are held by currently active U.S. Masters and divisions II and IV this year were won by U.S. Masters team members.

SDTC to Sponsor Indoor Games:

The SDTC will present its second Indoor Games in San Diego on Saturday, February 17, 1973. In addition to the usual invitational events, tentatively scheduled are a Masters 1,000 yd run, Division I and II 60 yd, Division II 880, Division I & II 2 Mile. These events are also invitational. If interested submit request and verified time c/o Don Coleman, SDTC, P. O. Box 1124, San Diego, CA 92112.

Masters Sports Association Indoor Schedule:

Bob Fine, 11 Park Place, N.Y. 10007, announces a series of meets in the New York area December 1, 15, 29, January 3, and 10, at the 168th Street Armory. On January 13, Queens College Gym; January 20 and February 3, 369th Reg. Armory. He is also working on a Masters Indoor Championships for February '73.

Jim Hartshorne, 103 Kay Street, Ithaca, N.Y. will handle the Masters Mile entries for the Cornell Indoor Meet.

U.S. Masters Shine at Canton Marathon:

Bob Peters (who suffered a leg injury in London and had to pass up the balance of our European tour) reports that U.S. Masters Roland Anspach came up with a 3rd place at the Canton Marathon in his division; Virgil Yehnert and omnipresent Norman Bright (62) won their divisions with Norman coming in 6th in the over 40 division. Bob claims the Canton event is now only 2nd to Boston in number of entries. Bob got a 5th place and has apparently recovered from his London disability.

Adirondacks AAU to develop Masters Program:

U.S. Master Al McKinley, McDougall Rd, Pattersonville, N.Y. 12137, reports the Adirondack area will develop an expanded Masters program which commenced with a 10,000m. Cross-Country event in Albany, N.Y. on November 26th (no results by press time). Planned are indoor events during the winter and track and field events next summer. For more info, drop Al a line.

Late News Note:

The Capitol Track Club will have a Master's Mile during the Club Championships at the Washington Avenue Armory, Albany, on January 27. Contact T. M. McAllister, 34 Wilshire Drive, Albany, N.Y. 12205.

Track Stars Hurdle International Gaps

San Diego Union Staff Dispatch

ESCONDIDO — An innovative foreign exchange program using competitive running to improve international relations is getting off the starting line.

It is called Operation Athlete Exchange, and one young Swedish runner already is off the mark and a San Marcos High School track star is about to start his race for improving foreign relations.

The first two runners in the pioneer program are James Anderson, 19, from Kungälv, Sweden, who, as the first participant, began his stay in the United States earlier this month, and Shannon Laird, 16, a San Marcos sophomore, who leaves tomorrow for a competitive track visit to Australia.

THIRD IN PARTY

A third party is Mike Murray, an electrical engineer with a San Diego firm and a member of the San Diego Track Club, which is helping put together this unique exchange program.

The three met earlier this week at the San Marcos High track to discuss the program and what they hope will come of it.

Murray said the project began Aug. 7 at the San Diego Track Club's track and field championships.

Entered in that competition were young Laird, holder of the U.S. 1,500 meter (metric mile) and San Diego County 3,000 meter steeplechase records for 15-year-olds, and two Australian master (over 40 years of age) runners.

"Shannon and his two brothers, Steve and Ross, who also run track and cross country, struck up an acquaintance with the Australians and a line of communication was established," Murray recalled.

PROGRAM BEGUN

"The two Australians, Mike O'Neill and Ron Young, invited Shannon over to Australia," Murray continued. "Our track club learned of it and decided to start, for lack of a better name, Operation Athlete Exchange."

"The basic idea of the exchange program is to establish better relations between athletes of the world. The best way to do this is to have our athletes visit other countries and have foreign athletes come over here.

"That way the athletes get to know about other countries, their way of life, their hopes and their problems," Murray explained.

With the assistance of the San Diego Track Club and the Laird family, with whom Anderson is now staying, the Swedish athlete was brought to the United States

Arriving here earlier this month, Anderson has formed some immediate favorable impressions about both this country and the unique exchange

project.

"I like the weather, of course, because it is snowing now in Sweden and it is difficult to run," he said. "But, also, I like the people. They are so friendly and warm."

Of the exchange program, Anderson said, "I think it is a very good idea. It is an excellent way to learn about other

countries. I have learned more about the United States in the past three weeks than I ever knew before."

This program is a direct off-shoot of our USMITT contacts.



Swedish runner James Anderson, left, and American counterpart Shannon Laird run quarter mile at San

Marcos High timed by stop watches of Mike Murray, third from left, and William Laird, Shannon's dad.

THE SAN DIEGO UNION

Thursday, November 30, 1972

—Ed Chappell Photo

How about you doing a similar plan in your area?

Enclosed is our new brochure for membership in our U. S. MASTERS INTERNATIONAL TRACK TEAM. Please give it to a friend and encourage him to join. There is still time to double our membership this year. The larger our rolls become, the more opportunities for varieties of tour competition will be available.

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