U.S. Masters International Track Team

David H.R. Pain, Director Helen L. Pain, Co-director

NEWSLETTER



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May 31, 1972

Dear Team Member,

We are now informed as to the meetings at the Crystal Palace in London; the ASV Track and Field Meet in Köln and the Association of World Veterans 5 & 10 KM and Marathon in Köln. We do not have, as yet, the make up for the Gotteborg and Helsinki meets.

To assist you in planning your European competition, we can give you the following rundown:

Depart U. S. Sunday, August 20th.

First competition Wednesday, August 23, 5-7 mile Cross-country Epping Forest (note change of date from Tuesday, August 22). You should consider this no more than a warm-up as the "INTERNATIONAL VETERANS ATHLETIC MEETING 1972" (that's the name the British have given their event) starts the next day, Thursday, commencing at 7:00 p.m. The events scheduled are:

Thursday, August 24th (7:00 p.m.)

400 M. Int. Hurdles (Heats & Final) High Jump 200 M. (Heats and Final) Hammer 15 KM Road walk (Final) Discus 1500 M. (Heats) Triple Jump 800 M. (Heats) 400 M (Heats) 3000 M. Steeple Chase (Final)

4 X 100 M. Relay

Friday, August 25th (7:00 p.m.)

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Pole Vault
Javelin
Long Jump
Shot

4 X 400 M Relay

Koln September 13th and 14th at Athletic Sport Verien (ASV) Cologne-Muingersdorf. "THE FIRST INTERNATIONAL VETERANS TRACK AND FIELD MEET.

Scheduled events are:

Wednesday, September 13th (5:00 p.m.)

5:00 p.m. Welcoming Ceremony 5:05 p.m. 400 M. Hurdles 5:05 p.m. Hammer Throw 5:15 p.m. 100 M. (heats) 5:40 p.m. Long Jump 5:45 p.m. 400 M. (heats) 6:10 p.m. 100 M. (semi-final) 6:30 p.m. 800 M. (heats) 6:50 p.m. 100 M. (finals) 7:05 p.m. 400 M. (finals)
7:20 p.m. 1500 M. (heats)
7:45 p.m. 4 X 100 Relay (heats) 7:50 p.m. 3 mile Run (Start and Finish on Track)

Thursday, September 14th (3:30 p.m.)

	10 KM Walk on Track 110 M Hurdles (Final)	~	Polevault Javelin
	200 M (Heats)	-	High Jump
6:20 p.m.	3000 M Steeple Chase (Final)		Discus
7:00 p.m.	800 M (Finals)	*	
7:20 p.m.	200 M (Finals)		
	1500 M (Finals)		
	4 X 100 Relay (Finals)*		

* Note: We have asked the ASV to drop the three mile and insert the 5 KM and to schedule the 4 X 400 Relay for the second day and have just National Relay Teams in one heat (9 lanes) with a second relay race for Division II.

The Association of World Vets Meet commences Friday, September 15th with the Preliminary rounds for the 5 KM and 10 KM. The finals for the 10 KM will be held Saturday, September 16th at 11:30 a.m. with the 5 KM final at 12:10 p.m. The Marathon starts at 1:00 p.m. on the 16th. The Minimum Qualifying Time for the Marathon is 4 3/4 hours which shouldn't be too difficult. We have previously published the minimum qualifying times for the 5 and 10 KM events for Divisions I, II, & III. Now get this; Willi Hamman, Chairman of the Köln Marathon, figures it will take a 2:21 to win it.

BE PREPARED:

As noted earlier, the British and Europeans are sticklers for rules and regulations; you must therefore be armed with:

- l. Current 1972 $\underline{\text{Medical Certificate}}$ (get two from your physician when you visit him for your AAU $\underline{\text{Masters Track}}$ and $\underline{\text{Field Meet Certificate}}$).
 - 2. 1972 A.A.U. membership card.
- 3. Certificate signed by Club Secretary verifying your qualifying time for 5 & 10 KM and/or Marathon.

Note: If you compete in the AAU Masters National Championships, San Diego, California, July $1\,$ - $3\,$ and make a qualifying time there, I shall be able to certify your time. We have scheduled the $5\,$, $10\,$ KM, as well as the Marathon.

TIMING & OFFICIALS:

We have noted very lax timing procedures at some veteran meets and your submitted qualifying times from other meets will be scrutinized very closely prior to acceptance. Try to get 3 watches on you personally if you are shooting for a qualifying time.

DOTTED-SHORTS:

John Trent, 1700 Tudor Road, Anchorage, Alaska 99507, reports his Second Resurrection Pass Marathon is scheduled for August 19th for those U. S. Masters who can't make it to Europe. He claims it's "the most scenic Marathon" and reports one member of his Pulsators ran 2,696 miles in 1971.

Virgil Stirgill (75) of N. C. gets more press (according to clippings submitted) than Jim Ryun, and reports a 8:39.4 mile and 29:02.9 3-mile claimed age group records. (no one else age 75 appears to be running). Noel Johnson (73) S.D. reports several sub 7:00 mile efforts. Both are attempting to make it to Europe with the team.

S.E. MASTERS TRACK AND FIELD MEET:

Although scheduled to compete at the S. E. Masters held at Raleigh, N.C., we were forced to cancel out at the last moment due to a bad cold as well as unscheduled surgery from which we can now report full recovery.

U. S. Masters members who competed, however, were the peripetetic Bud Deacon (60) Hawaii, who breaks age group records whenever he competes. Bud, who once held the Pole Vault W. R., did 15'2 1/2"-L.J., 4'7"-H.J., 10'4"-P.V., and 2:23.8 - 880. Also competing Division III U. S. Masters were Philip Partridge (NY) 27'3 1/2" - Shot, 99'1 1/2" - Jav., 107'8" - Discus, and 71'1" - Hammer. Bob Boal (N.C.) with a fine Division III 5:53.8 mile. In Division II, it was all Pennsylvanian Boo Morcom (50) L.J. - 12'9", H.J. - 5'5", Discus - 106'5", and P.V. - 13'4", who seems to get better with age as he broke his own world age group P.V. record for both 49 and 50. George Braceland (58) (Penn.) did a 27.8 - 220 with California U. S. Senator Alan Cranston second in 29.8. George also reports a 12.6 - 100. Ray Gordon (53) of Washington D.C. turned in a fine 5:04.7 mile (.7 off the U. S. Age Group Record) and a 2:18.0 - 880.

In Division I Eugene Kamrass (42) N.C., delivered the 220 in 25.4, with Dick Bergenback dominating the Weights 32'll - shot, and 167' 3 1/4 - Jav.

From the West Coast we learn bewhiskered Stanford linguistic professor Alphonse Juilland (49) ran 56.3 - 440, a 24.6 - 220, and 10.7 - 100; all age group records. Alphonse as well as your intrepid leader, will both be $\overline{50}$ for the European meets and hopefully will make a mark in Division II.

MT. SAC RELAYS:

Most significant was the report from Mt. Sac that Dean Smith (40) Hollywood stunt man, ran a 10.8 - 100M and was clocked at 9.9 for 100 yds. These are both age group world records and no one over 36 is reported to have broken 10 flat. Dean reports, finances permitting, he plans to make the European Tour this summer. In his winning effort he left two other fine U.S. Masters Dick Stolpe and George Rhoden in the ruck. In Division II, Stanford Track Coach
Payton Jordan 120 wipped the likes of U.S. Masters Al Guidet's 12.2, Ross
Winton's 12.8. Payton was clocked at 11.0 for 100 yds. Qualifying for Division
I at Köln at 5,000 M was Graham Parnell (43), (SD) with a second place 16.01, and <u>Tom Sturak</u> (41), (L.A.) 16:33.2 third.

At a triangular meet last month on the U. C. Irvine Tartan track the outstanding individual effort was contributed by Jim Van Tatenhove (42) (L.A.) with a 4:28.2 mile very close to Peter Mundle's National Vets record of 4:26.2, who was third in this one to U.S. Master Bill Fitzgerald (now pushing Division II at 47) who turned in his best effort of the year with 4:29.5. Bill is on the European Tour and should be our best 1500 M hope where he has a 4:13.6 on the old L. A. Coliseum track (now Tartan) and close to the World Vets record of

In the same meet European bound Ossie Dawkins, Jamaica, now L.A., had a non-winning effort of 10.7, in the 100, but took the 220 in 23.5. At this meet we saw Dave Jackson (41), (Cal), who holds all the records from 34 - 40 deliver a 22'4 1/2" - I.J. (age group W.R.) beating out the likes of Shirley Davisson, U.S. Masters champion, and ex-national Pentathlon champion Brayton Norton.

At the moment the Corona Del Mar Track Club must be considered the strongest Vet club in the $\overline{\text{U. S. in all the field events}}$ and sprints.

From the Middle West, <u>Jim Hershberger</u> (40), Kansas, reports, despite a broken foot last year, 2 gall bladder operations and assorted disabilities, a winning Texas Relays mile effort of 4:38.1 and a fine 2:03.5 - 880 winner at the K.U. Relays in which he had to lunge at the tape to beat his nemesis, bearded Loren Schnell of Col. Jim also reports a 4:14.5 - 1500 M which means that he and Fitzgerald will be battling it out at the AAU Masters in San Diego and also through Europe this summer. Both are looking for an official sub 2:00 - 880/800. Bill (at 44) has a 1:59.8 registered in '69, but it was in open competition. According to Track and Field News, Vet records can only be scored in Vet competition.

Another effort of note is by <u>John Gilmour</u> (53), Perth, Australia, competing with us through Europe, who reports a 32:26 6-mile cross-country which, if the distance is accurate, breaks all 50 year + age group records. John set a 52 age group W. R. 5000 M at the '71 AAU Masters with a 17:07.0. Heading up the 60-man Australian team is <u>Wally Shepard</u> (50) of Melbourne who, at 48, turned in a 2:03.6 at the '70 U. S. Masters.

Victor Stephens, B.C., Canada, reports 10 new members for the Canadian Masters team from the Vancouver area. Apparently Norman Bright (62), Seattle, Washington, 37:34.4 - 10,000 M intends to keep an eye on his nemesis in Division III, Dr. Wm. Andberg (61), Minnesota, 37:12.8 - 10,000 M and 17:42.6 - 5,000 as he has requested the good doctor as his roommate for the European Tour. If you have a buddy you wish to be paired with please let us know.

U. S. Masters attorney <u>Bob Fine</u> has formed the <u>Masters Sports</u> Association, 11 Park Place, Room 1400, New <u>York</u>, New York 10007, with a whole series of meets in the New York, New Jersey and Pennsylvania area with a July 29th Franklin Field, Philadelphia meet scheduled. For info write or phone Bob at (212) 227-8582.

FINALIZING TRIP ARRANGEMENTS

It is extremely difficult to finalize any of our transportation or housing arrangements due to vacillation on the part of some of you. Some have deposits up and fail to notify us if they are going or not. Others assure they are going but have sent no earnest money. Others have failed to send in their equipment order on the Tour check sheet. All this compounds our organizational problems.

If you are going to go please let us know immediately and if you are not we need to know that also.

NEWSLETTER

FUTURE U.S. MASTERS INTERNATIONAL TRACK TEAM JUNKETS:
On the boards are possible trips in '73 and '74 to the Soviet Union and the Peoples Republic of China. Requests are in to the A.A.U. and the State Department. We are working on the possibility of a World Vets Olympic Games for 1976 in Toronto, Canada, with Ken Twigg of the Canadian Exposition.

MEMBERSHIP FEE U.S. MASTERS:

A number of you have for various reasons been unable to go this year to Europe, but many nevertheless have asked we keep the newsletter coming, which we want to do.

You might be interested to know that the Newsletter goes out to approximately 450 and each mailing costs about \$60.00 for printing and postage.

To determine extent of interest and to defray mailing expenses, we must reluctantly announce an annual membership fee of \$5.00 due with this Newsletter. Make check payable to U. S. Masters International Track Team, 1160 Via Espana, La Jolla, California 92037.

MEET NOTICES:

June 17, 18, 1972	Senior Sports International (Meet at Los Angeles State College) 5225 Wilshire, Los Angeles, CA 90036
July 1, - 3, 1972	AAU Masters National Veterans Championships, San Diego, California (Grasstex Track). Ken Bernard, P. O. Box 10512, San Diego, CA 92110
July 22, 1972	Fourth Eastern U.S. Masters, Randalls Island (Rubber Asphalt), Dept. Rec., Sports Div., Room 104, Administration Building, Flushing Meadows, Corona Park, Flushing, New York 11368
July 29, 1972	Master Sports Meet. Franklin Field, Phila., Bob Fine, 11 Park Place, Rm 1400, New York, N.Y. 10007

Some of you have written questions whose answers should interest many of you making the trip. So...for the next couple of months we shall devote a paragraph or two to "What I've Always Wanted to Know About... For example: There are basic facts concerning the weather that will not change...and you might as well be prepared for...cuz it won't go away....the rain, that is. Yes, it will be a most unusual month if you are not caught in at least one major downpour somewhere, and, of course, you would expect drizzles one-third of the time. There will be lovely, sunny days but few if any extremely high temperatures. Rain gear, light coats and sweaters should be considered...but don't forget, you will have that durable windbreaker which will suffice in many situations.

Again I suggest to you that you limit your luggage to what you can carry. Fit it all in to one suitcase and one handbag. We have tried the two extremes of an enormous quantity of luggage and the bare minimum, and we will shout from the housetop that the latter way is the way to go!

Ladies, have no qualms about having a great time! You can't miss! Whether you are a loner or gregarious, athletic or arty, fun-loving or serious, large or small, young or older....come along and know that you are going to have the time of your life.