

U.S. Masters International Track Team

David H.R. Pain, Director
Helen L. Pain, Co-director



1160 Via España
La Jolla, California 92037
(714) 459-6362

September, 1971

Dear Friends:

The summer meets are over, we are looking expectantly to the fall and cross-country season. We recall our efforts of the previous year and hope that when we run the same events this autumn, that it won't be too hot; blisters won't develop on the right toe; and that we can break 58 minutes next Saturday in the Balboa Park 8-Mile. It is also time to reflect on this past track season and our accomplishments - or lack of them - and hope that next year will see a fantastic change in form and P.R.'s for us all. Perhaps the thought of the competition in Europe will spur us on to train harder and achieve these goals always approachable but seldom attained.

Perhaps we should feel sorry, at least momentarily, for those unconverted pour souls who never "bust a gut" working out 8 - 10 miles at 6:00 a.m. each morning and therefore never enjoy the true personal satisfaction in accomplishing those standards we have set for ourselves.

SCANDINAVIA IN '72

As our plans for London and Koln are firm, we have directed our efforts to the details of the Scandinavian tour and numerous letters have been written to national tourist bureaus, athletic unions, track clubs and travel organizations. As a result we can now publish a TENTATIVE itinerary for the Scandinavian segment of our tour.

On leaving London Saturday, August 26, we fly directly to Helsinki (average mean temperature, September, 53°) where on Sunday, August 27th, we hope to engage the Finnish veterans in a full track and field meet. The next day, Monday, we travel by bus to Vierumaki Sports Institute near Heinola, 75 miles northeast of Helsinki. We expect to spend 2 - 3 days here deep in the Finnish woods bordering one of this country's 60,000 lakes. The Finns, as you must be aware, are exceedingly sports and nature conscious, and much of their national income is devoted to establishing facilities such as Vierumaki where many of their national teams train. These centers are devoted exclusively to sports and physical fitness. While there, we hope to engage in competition of some type...perhaps cross-country or orienteering. On departure we move, again by bus, southwest approximately 125 miles to the seaport of Turku, where we board the ferry for Stockholm. For those who have never experienced a Scandinavian ferry ride, you are in for a surprise as the vessels are exceedingly commodious and serve fantastic smorgasbord over which you can dally...since the voyage to Stockholm takes approximately 10 1/2 hours.

We have allowed two days in Stockholm (average mean temperature, September 54°) a very interesting city with numerous places to visit and eat, with competition also scheduled. Upon leaving Stockholm, the capital of Sweden, we journey due west to Oslo, capital of Norway, where another sports encounter is planned. Then we move by bus along the coastline of the Skagerarrak, 150 miles, to Gothenburg, Sweden, where the vice mayor of San Diego is hand-delivering our personal request to the mayor of that city (which is this year celebrating its 350th anniversary) to stage an athletic competition for our group.

From Gothenburg we board the ferry for a 3 1/2 hour voyage across the Kattegat to the Danish port city of Friederikshavn for a glorious two day bus tour of the Danish countryside culminating, hopefully, with athletic competition in the beautiful city of Copenhagen (average mean temperature, Sept., 58°). After a brief stay we are off again on a fairly lengthy trip (950 km) to Koln, Germany.....including another 1 hour ferry ride from Rodby Faerge, Denmark, to Putgarden, Germany. We will probably make this last leg on one of Germany's crack electric trains which, like the ferries, serve excellent meals. On our way the train pauses at Hamburg, Bremen, Dortmund and Dusseldorf.

As for competition in Scandinavia...we expect to engage in track and field competition at least four times with cross-country runs and some orienteering thrown in.

For the wives, non-competitors, and those interested in the other aspects of the tour, arrangements are being made for sight-seeing and numerous social functions....such as drama, art, and music festivals. Although the tour's primary objective is to engage in competition, we are mindful of the many other aspects. It is our plan that this be a people-to-people program with the unusual opportunity of meeting, competing with, and "getting-to-know" friends of similar age and interests in six foreign countries. This may prove to be the greatest benefit flowing from the U. S. Masters tour.

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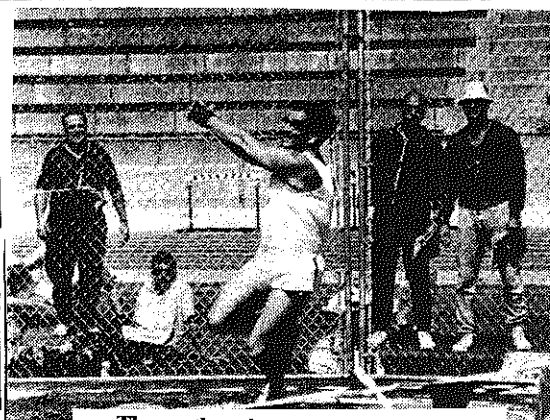
Athletics

Weekly

WOMEN'S AAA CHAMPIONSHIPS — ALL THE RESULTS

★ AAA Championships
Previewed

★ USA "Masters"
—by Howard Payne



The author in action at San Diego, where he smashed his own world veterans best with a throw of 67.70/222'1".

THE AAU MASTERS CHAMPIONSHIPS

Britain's greatest hammer thrower, HOWARD PAYNE reports on the friendliest and most enjoyable meeting in his experience

THE 4th United States AAU Masters Track and Field Championships were held in San Diego, Southern California, from July 2nd to 4th, and it was my great privilege to take part. I have competed in many competitions all over the world but never have I experienced the warm friendship and sheer enjoyment of athletics that prevailed in the Balboa Stadium that weekend.

In the relaxed atmosphere and pleasant sunshine mature men forgot about the cares of the outside world and indulged themselves in meeting old friends and making new ones while enjoying the physical pleasure of athletics. The competition was fierce but track men mixed with field events men and rivals coached and advised each other. The officials were friendly and efficient and the crowd was appreciative. We all know that we can't compete against men 20 years younger forever—so what, just performing can be as important as competing. The exercise must be good for these athletes because I could have sworn they were mostly 10 years younger than they admitted to!

The moving force behind this organisation, which to me is the most important step forward in athletics for many a year, is the San Diego Club led by David Pain and Ken Bernard and their willing helpers. Need I add that they all manage to compete as well as devoting many hours to organising. The British Veterans have been running many years (though field events are a recent addition) and the Germans are advanced in this side of athletics. Now David Pain is trying to co-ordinate the movement world-wide.

He is bringing over 200 master athletes to Europe in 1972 for two major meetings—the British Veterans Championships and an international in Cologne. Men of 38 and 39 now can't wait to become eligible!

I am most grateful to Mead Johnson (makers of Nutrament), the Champions Fund and the International Athletes Club for sponsoring my trip to California. I flew out to Los Angeles a week before the competition in order that I could adjust to the eight hour time change. It was a good excuse to spend a few days basking in the sun and falling into a swimming pool to cool off now and then! British javelin thrower John Fitz-Simons, studying in California, was most hospitable and also took me training at the well known Long Beach track. It was sheer pleasure to work out in the sunshine which made warming up so easy and seemed to massage away all the old aches and pains of the British wintry weather. John is fit and intends coming back permanently to Britain

next year when we ought to see him and Dave Travis pushing each other on to the 300' mark. By the way, John and wife Sharon should be hearing the patter of tiny javelin thrower's feet any time now!

In San Diego I stayed at the beautiful home of David and Helen Pain in La Jolla, which is on a hill overlooking the Pacific Ocean. David, an Attorney at Law, is a very healthy looking Division 1 athlete who sports a Yul Brynner haircut and drives an E-type when he isn't either riding a racing bicycle or running up hills. In addition to running the home and raising their four children, Helen spends more than 4 hours a day working on the secretarial side of the US Masters.

Among the athletes competing was Cliff Bould. Cliff, as many British athletes will know, was until a few years ago when he emigrated to Australia, the physiotherapist on the international team. Now, a Division 2 master athlete, Cliff competed in the 10,000, the 5000 and the marathon in three consecutive days! In previous Masters Championships, Cliff had won the two shorter distances, but this time he brought John Gilmour with him and John was ungrateful enough to beat his mentor! Cliff wishes to be remembered to all his friends in Europe.

Taking second place in the discus away from me was John Pavelich of Canada. He was continuing the Payne—Pavelich family feud because Rosemary had competed against his daughter, Joan, in the Edinburgh Commonwealth Games. First in the discus was the colourful Fortune Gordien, one-time holder of the world record at 59.28/194'6".

There were some other big men in the field events. Twenty-stone Mill Bangert, a world great in the 1950's and still a powerful figure in Scottish Highland Games, and a huge last throw in the shot which would have won him the competition if he hadn't walked out of the side of the circle in his exuberance. Even the winner, George Ker, was sorry for Bill. Former world record holder Bud Held was disappointed with a throw in the javelin which would have been the envy of many an athlete 20 years younger. Steve Seymour, silver medallist in the 1948 Olympic javelin, could still win his Division 2 with a throw over 160' and talk excitedly about ways of getting an athlete to a peak.

That likeable extrovert Peter Holmes, a 9.5 100y sprinter of yesteryear, had us all in tears of laughter talking about how he had run his heart out in the 400m of the Masters 'Six', only to be awarded a score of zero for the event! George Rhoden was there striding magnificently round a

leg of the 4x400y relay. Bob Backus, known to many British throwers of the late 1950's, showed that his mastery of hammer technique hadn't diminished.

There were others who had made their marks in other spheres besides athletics—perhaps the most famous of these was US senator Alan Cranston, competing in the Division 2 100y where he ran 12.8 in a heat. In the final, however, he stopped running with a pulled muscle.

British Veterans! We will have to show these Americans that they can't have all our titles when they come to the British Open Vets Championships at Crystal Palace on August 24th and 25th next year! I know that our runners are training hard, but what about you field events men? In addition to all those mentioned in Mel Watman's article of October 10th 1970, Dennis Cullum, Sydney Coleman, Arthur Gold, Don Vanhegan, etc. etc., had better get back into training!

Anyone interested in the Veterans field events—and track for that matter—should contact the British Veterans Hon. Sec., Jack Fitzgerald, at 6 Tyers House, Aldington Road, London S.W.16.

WORLD "VETS RECORDS"

Best marks by men aged 40 and over

100y: 10.3 George Rhoden (Jam) (43) 1970, Dick Stolpe (US) (45) 1970. 100m: 11.2 George Rhoden (Jam) (43) 1970. 200m: 22.8 George Rhoden (Jam) (43) 1970. 440y: 52.3 Bill Fitzgerald (US) (44) 1969. 800m: 1:58.6 Egisto Pederzoli (Ita) (42) 1956. Mile: 4:26.2 (indoors) Pete Mundle (US) (41) 1969. 3000m: 8:22.0 Alain Mimoun (Fra) (41) 1962. 5000m: 14:22.0 Alain Mimoun (Fra) (43) 1964. 10,000m: 29:57.4 Alain Mimoun (Fra) (43) 1964. Mar: 2:20:12 Erik Ostbye (Swe) (46) 1967. 120yH: 14.4 Don Finlay (UK) (40) 1949. HJ: 2.00/6'6 1/2" Egon Nilsson (Swe) (40) 1966. PV: 4.42/14'6" Bob Richards (US) (40) 1966. LJ: 6.30/20'8" Ken Wilmhurst (40) 1971. TJ: 14.41/47'31" Hermann Strauss (W. Ger) (40) 1971. SP: 19.77/64'10 1/2" Pierre Colnard (Fra) (41) 1970. DT: 55.90/183'5" Adolfo Consolini (Ita) (41) 1958. HT: 67.70/222'1" Howard Payne (UK) 1971. JT: 69.88/229'3" Bud Held (US) (42) 1970.

(List based mainly on data in age record booklet compiled by Hugh Gardner and Jack Shepard)

It Will Take Olympian Effort to Find a Bed in Munich

By STEVE CADY

With the 1972 Olympic Games only a year away, Sid Josephs suddenly realized the other day he'd better start thinking about how to get to Munich.

"I'm the usual avid sports fan," he said, "and now I've got the Olympic fever. The desire is there. I'm planning to take my wife and my brother and his wife. How do we get the rooms and tickets?"

Like a lot of other Americans, the president of Manhattan's Avante Associates Ltd. is getting a late start. Most of the 8,840 beds and 115,000 single-event Olympic tickets in the initial American allocation were snapped up during the first sales period that ended Aug. 14.

However, the situation is expected to improve within the next month or so when the German Organizing Committee completes its reassessment of housing/ticket supply and demand.

Josephs and the other late starters won't get a room in Munich. But neither will any of the early-birds among the regular American applicants. They'll all be staying in other Bavarian towns like Garmisch-Partenkirchen, Markt-Oberdorf and Oberammergau, 50 to 75 miles south of Munich in the foothills of the Alps.

The Sellout Is Artificial

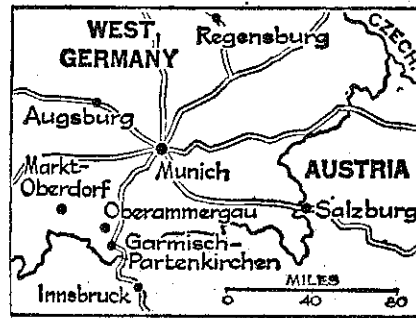
They'll pay \$5, \$10 or \$20 a night for a single bed, and private baths will be extremely limited. The scenery will be breathtaking, but the Americans will spend up to two hours getting to the Olympic site by car, bus or rail.

Choice rooms and tickets to the more popular events are at a premium now, so the applicants at this stage may have to settle for standing room. Nevertheless, for those who want to get to the Olympics badly enough, there's still time.

"What you've got now is an artificial sellout," said Arthur G. Lentz, executive director of the United States Olympic Committee. "It's a sellout by allocation rather than by reservation. The vocal demand is always bigger than the cash demand. Actually, there aren't as many people going to Munich as the sound and fury suggest."

Spokesmen for the American Automobile Association, sole agent in the United States for Olympic housing and ticket sales, are taking a more cautious approach.

"We don't want to sound like alarmists," said J. Kay Aldous, the associa-



The New York Times Sept. 5, 1971
Some visitors to Munich will be billeted from 50 to 75 miles away.

tion's public relations director. "At the same time, we don't want to give people false hopes of getting the kind of accommodations and tickets they want. Most of our rooms and tickets have been sold. We have asked for more."

For Americans in search of Olympic tickets and housing, Aldous suggested the following first step:

Send a postcard (easier to process than a letter) to the Olympic Sales Department, American Automobile Association, P.O. Box 471, Franklin Station, Washington, D.C. 20044. Include your full name and full address, and the message "Please send information concerning the second sales period for housing and tickets at the Summer Olympic Games in Munich."

Start With a Postcard

By mid-October at the latest, information should be provided on additional rooms and tickets made available through the anticipated re-allocation.

Under the original distribution, 4.4 million tickets pegged at \$3 to \$28 were allocated to the 127 nations scheduled to compete in the Games next year from Aug. 26 through Sept. 10.

Prices vary according to the stage of the particular event, the popularity of the sport involved and the location of the seats. For example, a choice ticket to the track and field competition on Sept. 9 is \$28. On the same day, soccer tickets range from \$3 for standing room to \$11 for the best seats in the house. Tickets for the opening and closing ceremonies, already sold out, are \$28.

Since prices for tickets and housing already had been set, American payments will not be affected by the recent dollar devaluation.

Germany received 3.2 million tickets in the initial distribution, with the next largest batch (the 115,000) going to the United States. Since housing accommodations are tied to the tickets, each foreign nation also received a proportionate number of rooms to match its ticket share.

The put-your-money-down deadline came Aug. 15, at which time the various countries had to pay for their tickets and rooms or return the unsold part of their allotment to the German Organizing Committee.

That information currently is being run through the computers. Among other findings, the computers already have reported that 50 per cent of the basketball tickets were returned unsold.

American officials have been assured there will be a general re-allocation, and that the United States will be granted additional rooms and tickets to various events. However, there is no guarantee the extra tickets will be for such sports as track and field or swimming.

A.A.A. Bought 8,840 Beds

By order of the German Organizing Committee, tickets and housing for each country must come in the same package.

"What this means," said Lentz, "is that nobody who happens to have relatives living in Munich will be entitled to buy tickets separately from the American Automobile Association. If an American plans to stay with Uncle Max in Munich, then Uncle Max will have to get the tickets there."

The A.A.A. signed a contract with the German Organizing Committee last April after the original choice for United States agent, Diners Fugazy Travel, failed to come to terms with the host country. Diners Fugazy, a former subsidiary of Diners Club, Inc., had been accepting housing and ticket applications since July, 1970. All those requests, in chronological order, were turned over to A.A.A.

All 8,840 beds in the American allotment were purchased by the A.A.A. for the entire 16-day Olympic period. In addition, the rooms were reserved for a few days on each side, making the extended period Aug. 19 through Sept. 13.

That period has been divided into 11 time segments, with five nights the minimum stay and three tickets the minimum purchase for that span.

Seventy-five per cent of the rooms are in hotels, pensions and guest houses,

the rest in private homes. Eighty per cent of the accommodations are \$10 a night per person, without meals.

On May 17, the A.A.A. sent out instruction forms and application blanks to all members who had asked for them, as well as to travel agencies. The top of the application blank is for housing, the bottom for tickets. All requests must be accompanied by checks for the required amount, and there are no refunds.

Because of the no-refund clause, a number of travel agencies and local A.A.A. clubs did not apply for tickets or rooms. Applicants will not receive the actual tickets until next April.

The Great Bed Mystery

One of the major mysteries surrounding the Olympic housing situation is the sudden shrinkage of hotel space in Munich itself. When the president of the Organizing Committee visited New York in 1970, he promised 45,000 beds in Munich and 75,000 within an hour's drive of the city. This would be an "Olympics of short distances," he said.

According to Lentz, the latest word from Munich is that only 20,000 hotel rooms of all descriptions exist in Munich, and that only 10,000 of them have been "released" to the German Organizing Committee.

The 10,000 available rooms will be used to house Olympic officials from the various countries, officials of German sports federations, politicians and other V.I.P.'s.

Supposedly, the 10,000 rooms that have been labeled "unavailable" are being held for regular guests of the hotels. However, this explanation has been disputed by some critics, who say the rooms will be sold to the highest bidders.

And in Sapporo . . .

Tickets and housing for the 1972 Winter Olympics next Feb. 3 through 13 in Sapporo, Japan, are being handled by the Japan Travel Bureau.

Americans planning to attend this competition must first apply for hotel accommodations. Once those are acquired, the applicant is entitled to request tickets.

Further information may be obtained from Japan Travel Bureau International, Inc., 45 Rockefeller Plaza, Manhattan.

The majority of the team has opted for Scandinavia - Just that you might like the current news -

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Sent to us by Kurt Steiner, N.Y. Thanks, Kurt!

UNIFORMS AND ATTIRE

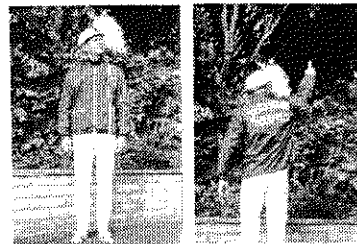
A great deal of time and thought has been devoted to the selection of the team uniform and other accessories. We are sure you will be pleased with our determinations as to colors, designs and emblem.

Each athlete will receive, as part of the tour package:

- (1) Running Uniform;
- (2) Nylon Windbreaker;
- (3) Team "T" Shirt.



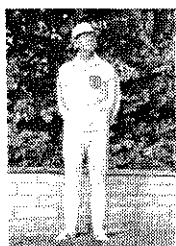
"T" Shirt



Nylon Windbreaker

The running uniform (not shown here) is custom designed and manufactured by SPANGAN and will consist of a light blue nylon jersey with white band across the chest on which the team emblem will be silk screened. The trunks will be all white with red piping.

As OPTIONAL clothing we have acquired a very handsome fine quality nylon all white Finnish warm-up suit. This garment has flattering stripes on the legs and arms. It is form fitting, comfortable and easy to rinse out. The team emblem will be affixed to the jacket.



Warm-up



Blazer

Also available for social occasions is our team blazer of light weight blue sack-cloth material. This well tailored garment has the team emblem placed on the left pocket and should be worn with grey slacks.

We have arranged with the Road King Shoe Company for a special work-out shoe complete with red, white, and blue stripes which compliments the uniform.

The "T" shirt - light blue with emblem - is currently available. We ordered four dozen for the U. S. Masters reception and they sold like hot cakes. This "T" shirt is available now. Price \$3.00 plus 50 cents postage. Order one or more and wear it for work-outs and races. The other runners will thus learn of the U. S. Masters Track Team and will hopefully join. These shirts tend to shrink, so order one size larger than your regular size. They make a great gift for the kids.

All of these items are being manufactured to order and the prices quoted are based on quantity purchases. Our order must be in to the various manufacturers not later than December 31, 1971, therefore, we must ask that you get your order in to us (form enclosed) by December 1, 1971.

The warm-up suits and Road King shoes are available on 90 day order. The running uniform, nylon windbreaker and blazer will be delivered just prior to our departure in 1972. Extra uniforms, jackets, shoes, etc., may be ordered for your use or the members of your family going on the trip.

4th U. S. Masters Results and Tabloid enclosed.

Please send \$2.00 VOLUNTARY contribution to:
 San Diego Track Club
 P.O. Box 1124
 San Diego, California 92112

EQUIPMENT ORDER FORM

Date: _____

(Fill out in duplicate, keep one for yourself)

RETURN PRIOR TO DECEMBER 1, 1971

NAME: _____, ADDRESS: _____

PHONE: Home _____ Business _____

WEIGHT: _____ HEIGHT: _____ BUILD slender medium stocky ex lge Suit or Jacket Size: _____

MEASUREMENTS (in inches) Waist: _____ Chest: _____ Arm (shoulder to wrist): _____ Leg: (crotch to ankle) _____ Shoe Size: _____

Dave, besides the nylon windbreaker, running uniform, and one "T" shirt, the charge for which items I understand will be incorporated in the basic cost of the tour I would like to order the following optional items: (check items desired)

BLAZER (Price \$40.00)* NYLON WARM-UP SUIT (Price \$35.00)* EXTRA "T" SHIRTS (Price \$3.00)* No. _____ Size: _____ (sm, med, lge, x-lge)

I would like to order extra nylon windbreakers for my wife / child / friend: *Price \$20.00 for non-competitors Number desired: _____ Small Medium Large X-Large (First initial and surname to be embroidered on jacket: Initial _____ Surname _____)

Road King Special U. S. Masters Model Work-out Shoe: Shoe Size: _____ (Color white leather, red, white, blue stripes) Price \$17.95* (include outline of your largest foot)

Enclosed is my check / money order (including \$1.00 for postage, plus 5% Sales Tax) \$ _____

* ALL PRICES SUBJECT TO CHANGE WITHOUT NOTICE (Your signature) _____

Return this portion to: DAVID H. R. PAIN 1951 Cable Street San Diego, Calif. 92107

KEEP BOTTOM PORTION FOR YOUR RECORDS

EQUIPMENT ORDER FORM

Date: _____

WEIGHT: _____ HEIGHT: _____ BUILD slender medium stocky ex lge Suit or Jacket Size: _____

MEASUREMENTS (in inches) Waist: _____ Chest: _____ Arm (shoulder to wrist): _____ Leg: (crotch to ankle) _____ Shoe Size: _____

OPTIONAL ITEMS ORDERED: BLAZER (Price \$40.00)* NYLON WARM-UP SUIT (Price \$35.00)* EXTRA "T" SHIRTS (Price \$3.00)* No. _____ Size: _____ (sm, med, lge, x-lge)

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