

STRIDERS

Jan. 19, 2008

Note: Wind marks not shown.

** = Does not include meet results from 1975, 1976, 1977, and 1983.

| <u>Age</u> | <u>Event</u> | <u>Name</u> | <u>Mark</u> (Metric) | <u>Mark</u> (Feet) | <u>Year</u> |
|------------|--------------|-------------|-------------------------|-----------------------|-------------|
|------------|--------------|-------------|-------------------------|-----------------------|-------------|

Thank you to National Masters News and US MITT for providing past meet results.

Any updates of questions can be forwarded to: the Meet Director or
Jeff Davison, P.O. Box 8031, Laguna Hills, CA 92654 jad-calif@cox.net

Meet Locations:

| | |
|-------------------|--|
| May 19, 2007 | Meet of Champions, Cal State Univ. Long Beach, CA |
| May 20, 2006 | Meet of Champions, Cal State Univ. Long Beach, CA |
| May 08, 2005 | Meet of Champions, Cal State Univ. Long Beach, CA |
| May 08, 2004 | Meet of Champions, Cal State Univ. Long Beach, CA |
| May 10, 2003 | Meet of Champions, Cal State Univ. Long Beach, CA |
| May 11, 2002 | Meet of Champions, Cal State Univ. Long Beach, CA |
| May 12, 2001 | Meet of Champions, Cal State Univ. Long Beach, CA |
| May 07, 2000 | Meet of Champions, Cal State Univ. Long Beach, CA |
| May 08, 1999 | Meet of Champions, Cal State Univ. Long Beach, CA |
| May 09, 1998 | Meet of Champions, Cal State Univ. Long Beach, CA |
| May 10, 1997 | Meet of Champions, Cal State Univ. Long Beach, CA |
| May 11, 1996 | Meet of Champions, Cal State Univ. Long Beach, CA |
| May 14, 1995 | Meet of Champions, Cal State Univ. Long Beach, CA |
| May 14, 1994 | Meet of Champions, Cal State Univ. Long Beach, CA |
| May 15, 1993 | Meet of Champions, Cal State Univ. Long Beach, CA |
| May 30, 1992 | Meet of Champions, Los Angeles, CA |
| April 13, 1991 | Meet of Champions, Cal State Univ. Long Beach, CA |
| June 03, 1990 | Meet of Champions, Cal State Univ. Long Beach, CA |
| May 07, 1989 | Meet of Champions, Cal State Univ. Long Beach, CA |
| June 04, 1988 | Meet of Champions, U.C. Irvine, CA |
| May 30, 1987 | Meet of Champions, Golden West College, H.B., CA |
| May 31, 1986 | Meet of Champions, Golden West College, H.B., CA |
| July 27, 1985 | Meet of Champions/Strider Relays, Cal State Univ. Long Beach, CA |
| June 30, 1984 | Striders Relay, Santa Ana, CA |
| July 16, 1983 ** | {missing results} Note: it appears that the 1983 meet was cancelled. |
| May 15, 1982 | Striders Relay, Cal State Northridge, CA |
| May 16, 1981 | Striders Relay, Cal State Northridge, CA |
| May 17, 1980 | Striders Relay, Cal State Northridge, CA |
| May 19, 1979 | Striders Relay, Cal Poly Pomona, CA |
| May 20, 1978 | Striders Relay, Cal Poly Pomona, CA |
| May 21, 1977 ** | {missing results} Striders Relay, Cal Poly Pomona, CA |
| 1976 ** | {missing results} Striders Relay |
| April 19, 1975 ** | {missing results} Striders Relay, Santa Monica City College, CA |

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Past Striders Presidents: Bill Adler (1974 - 1976) and Hal Smith (1978)

Notable names: Willie Banks, Ben Brown, Willie Gault, Parry O'Brien,
Dwight Stones, and Milan Tiff. And M90 participants Bert Morrow and Pete Allen.

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|------------|---------------------|------------------|-------------------------|-----------------------|-------------|
| M30 | 100 Meter Dash | Warren Spikes | 10.62 | --- | 1981 |
| M30 | 100 Meter Dash | R. Williams | 10.4h | --- | 1990 |
| M30 | 200 Meter Dash | Antwon Dussett | 21.68 | --- | 2007 |
| M30 | 400 Meter Dash | Ben Brown | 48.0h | --- | 1987 |
| M30 | 400 Meter Dash | Antwon Dussett | 48.28 | --- | 2007 |
| M30 | 800 Meter | Myron Bernard | 1:56.12 | --- | 2007 |
| M30 | 1500 Meter | J. Garcia | 4:06.3h | --- | 1987 |
| M30 | 3000 Meter | Ruben Chappins | 8:38.8h | --- | 1982 |
| M30 | 5,000 Meter | S. Calderwood | 16:07.00 | --- | 1988 |
| M30 | 110 M Hurdles (39") | Nate Robinson | 14.1h | --- | 1984 |
| M30 | 400 M Hurdles (36") | Perry McBride | 51.08 | --- | 2006 |
| M30 | 3000 M Steeple | Kevin Denter | 10:59.5h | --- | 1993 |
| M30 | HJ | B. Stanton | 2.05 | 6'-9" | 1995 |
| M30 | LJ | Richard Lewis | 6.79 | 22'-3 1/2" | 1981 |
| M30 | TJ | Lavell Davenport | 14.48 | 47'-6" | 1995 |
| M30 | PV | Bill Halverson | 4.88 | 16'-0" | 1996 |
| M30 | SP | Doug Wells | 15.56 | 51'-1" | 1979 |
| M30 | DT | D. Umshler | 48.96 | 160'-8" | 1986 |
| M30 | JT | Warren Wilke | 62.58 | 205'-4" | 1981 |
| M30 | HT | Mike Deller | 45.05 | 147'-10" | 1982 |
| M30 | Race Walk 5000 M | L. Aviles | 31:30 | --- | 1986 |
| M35 | 100 Meter Dash | Frank Strong | 10.80 | --- | 1998 |
| M35 | 200 Meter Dash | Ben Brown | 22.10 | --- | 1989 |
| M35 | 400 Meter Dash | Kettrell Berry | 49.4h | --- | 2002 |
| M35 | 800 Meter | Rafer Weaver | 1:55.32 | --- | 2007 |
| M35 | 1500 Meter | Nolan Shaheed | 4:04.8h | --- | 1989 |
| M35 | 3000 Meter | Jim Murphy | 9:13.1h | --- | 1979 |
| M35 | 5,000 Meter | D. Hunter | 15:40.00 | --- | 1988 |
| M35 | 110 M Hurdles (39") | D. Robinson | 15.3h | --- | 1990 |
| M35 | 110 M Hurdles (39") | Robert Spence | 15.3h | --- | 2003 |
| M35 | 400 M Hurdles (36") | Aaron Lacy | 54.25 | --- | 2007 |
| M35 | 3000 M Steeple | Tom Stuthard | 11:00.1h | --- | 1993 |
| M35 | HJ | Jason Meisler | 2.05 | 6'-8 3/4" | 1990 |
| M35 | LJ | R. Trujillo | 6.60 | 21'-8" | 1987 |
| M35 | TJ | Lavell Davenport | 14.94 | 49'-0" | 1997 |
| M35 | PV | Doug Sparks | 4.11 | 13'-6" | 1993 |
| M35 | SP | Frank Reilly | 15.81 | 51'-10 1/2" | 1984 |
| M35 | DT | Frank Reilly | 54.65 | 179'-4" | 1984 |
| M35 | JT | Tony Ciapelli | 61.26 | 201'-0" | 1992 |
| M35 | HT | Kyong Song | 51.96 | 170'-6" | 2000 |
| M35 | WT (35-Lb) | Doug Parsons | 15.89 | 52'-1 1/2" | 2007 |
| M35 | Race Walk 5000 M | Enrique Flores | 23:15 | --- | 1986 |

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|------------|---------------------|----------------------|-------------------------|-----------------------|-------------|
| M40 | 100 Meter Dash | Walt Butler | 10.7h | --- | 1981 |
| M40 | 100 Meter Dash | Glenn Johnson | 11.06 | --- | 1991 |
| M40 | 200 Meter Dash | Ed Daniels | 21.9h | --- | 2001 |
| M40 | 400 Meter Dash | Ed Daniels | 50.6h | --- | 2001 |
| M40 | 800 Meter | Nolan Shaheed | 1:56.8h | --- | 1994 |
| M40 | 1500 Meter | Daniel Barry | 4:11.03 | --- | 1997 |
| M40 | 3000 Meter | David Amster | 9:04.97 | --- | 1991 |
| M40 | 5,000 Meter | William (Bill) Clark | 16:22.00 | --- | 1988 |
| M40 | 110 M Hurdles (39") | Walt Butler | 14.60 | --- | 1985 |
| M40 | 400 M Hurdles (36") | Getulio Echeandia | 55.5h | --- | 2006 |
| M40 | 3000 M Steeple | Steve Myhro | 10:19.2h | --- | 1989 |
| M40 | HJ | Dwight Stones | 2.03 | 6'-8" | 1994 |
| M40 | LJ | Rufus Morris | 6.42 | 21'-1" | 1985 |
| M40 | TJ | Milan Tiff | 14.73 | 48'-4" | 1990 |
| M40 | PV | Bill Halverson | 4.99 | 16'-4 3/4" | 1999 |
| M40 | SP | Mike Nash | 14.54 | 47'-8 1/2" | 1992 |
| M40 | DT | Bob Humphreys | 48.02 | 157'-7" | 1981 |
| M40 | JT | Steve Jarvis | 51.71 | 169'-8" | 1989 |
| M40 | HT | Stu Thomson | 48.81 | 160'-2" | 1982 |
| M40 | WT | J. Glinn | 11.40 | 37'-5" | 1986 |
| M40 | Race Walk 5000 M | Art Grant | 25:19.40 | --- | 1991 |
| M45 | 100 Meter Dash | Willie Gault | 10.80 | --- | 2006 |
| M45 | 200 Meter Dash | Willie Gault | 21.91 | --- | 2006 |
| M45 | 400 Meter Dash | Michael Sullivan | 52.43 | --- | 2007 |
| M45 | 800 Meter | Don Parker | 2:00.70 | --- | 1989 |
| M45 | 1500 Meter | George Cohen | 4:16.0h | --- | 1985 |
| M45 | 3000 Meter | Ang Decolibus | 10:03.50 | --- | 2004 |
| M45 | 5,000 Meter | Frank Duarte | 16:08.0h | --- | 1987 |
| M45 | 110 M Hurdles (39") | Theo Viltz | 14.87 | --- | 1988 |
| M45 | 400 M Hurdles (36") | Bill Knocke | 58.9h | --- | 1987 |
| M45 | 3000 M Steeple | Herman Castille | 12:03.80 | --- | 1995 |
| M45 | HJ | Charlie Rader | 1.87 | 6'-2" | 1993 |
| M45 | LJ | Rufus Morris | 6.40 | 21'-0" | 1990 |
| M45 | TJ | Rufus Morris | 11.68 | 38'-4" | 1990 |
| M45 | PV | Charles Brown | 4.65 | 15'-3" | 2002 |
| M45 | SP | Mike Nash | 14.31 | 46'-11 1/4" | 1997 |
| M45 | DT | Lloyd Higgins | 51.25 | 168'-2" | 1990 |
| M45 | JT | Larry Stuart | 67.48 | 221'-5" | 1987 |
| M45 | HT | Ken Jansson | 53.76 | 176'-4 1/2" | 2007 |
| M45 | WT (35-Lb) | George Frenn | 14.90 | 48'-11" | 1989 |
| M45 | Race Walk 5000 M | J. Coots | 25:58 | --- | 1986 |
| M50 | 100 Meter Dash | Steve Robbins | 11.6h | --- | 1994 |
| M50 | 200 Meter Dash | Steve Robbins | 23.2h | --- | 1993 |
| M50 | 400 Meter Dash | Don Parker | 52.5h | --- | 1994 |

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|------------|---------------------|-----------------|-------------------------|-----------------------|-------------|
| M50 | 800 Meter | Bob Morris | 2:13.80 | --- | 2004 |
| M50 | 1500 Meter | George Cohen | 4:29.3h | --- | 1994 |
| M50 | 3000 Meter | Nolan Shaheed | 9:26.5h | --- | 2001 |
| M50 | 5,000 Meter | Robert Culling | 18:56.3h | --- | 1986 |
| M50 | 100 M Hurdles (36") | Walt Butler | 13.5h | --- | 1992 |
| M50 | 100 M Hurdles (36") | Walt Butler | 13.5h | --- | 1993 |
| M50 | 400 M Hurdles (33") | Bill Knocke | 63.24 | --- | 1991 |
| M50 | 3000 M Steeple | Dave Leaton | 12:07.1h | --- | 1995 |
| M50 | HJ | Keith Nelson | 1.80 | 5'-10 3/4" | 2005 |
| M50 | LJ | Alvin Henry | 5.89 | 19'-4" | 1988 |
| M50 | TJ | Willie Banks | 12.74 | 41'-9 1/2" | 2007 |
| M50 | PV | Charlie Brown | 4.32 | 14'-2" | 2006 |
| M50 | SP | George Ker | 15.50 | 50'-10 1/2" | 1978 |
| M50 | DT | Parry O'Brien | 56.33 | 184'-10" | 1985 |
| M50 | JT | Joe Greenberg | 67.32 | 220'-10 1/2" | 2001 |
| M50 | HT | Mike Deller | 49.32 | 161'-10" | 2000 |
| M50 | WT | Stew Thomson | 14.70 | 48'-3" | 1986 |
| M50 | Race Walk 5000 M | R. Oliver | 26:35.00 | --- | 1988 |
| M55 | 100 Meter Dash | Nick Newton | 11.80 | --- | 1991 |
| M55 | 200 Meter Dash | Nick Newton | 25.01 | --- | 1991 |
| M55 | 400 Meter Dash | Bill Knocke | 56.73 | --- | 1996 |
| M55 | 800 Meter | Nolan Shaheed | 2:07.60 | --- | 2006 |
| M55 | 1500 Meter | Nolan Shaheed | 4:23.17 | --- | 2006 |
| M55 | 3000 Meter | Patrick Devine | 10:11.9h | --- | 1984 |
| M55 | 5,000 Meter | Pat Devine | 18:00.00 | --- | 1988 |
| M55 | 100 M Hurdles (36") | Walt Butler | 14.92 | --- | 1998 |
| M55 | 400 M Hurdles (33") | Thad Wilson | 69.17 | --- | 2007 |
| M55 | 3000 M Steeple | John Cosgrove | 12:59.10 | --- | 1995 |
| M55 | HJ | Nick Newton | 1.67 | 5'-6" | 1989 |
| M55 | LJ | Roger Tsuda | 5.32 | 17'-5 1/2" | 1991 |
| M55 | TJ | Dave Jackson | 11.68 | 38'-4" | 1990 |
| M55 | PV | Phil Mulkey | 3.55 | 11'-8" | 1988 |
| M55 | SP | Mike Nash | 13.69 | 44'-11" | 2005 |
| M55 | DT | Parry O'Brien | 47.59 | 156'-2" | 1988 |
| M55 | JT | Larry Stuart | 63.72 | 209'-1" | 1993 |
| M55 | HT | Stew Thomson | 50.23 | 164'-10" | 1992 |
| M55 | WT (25-Lb) | Thomas Meyer | 16.59 | 54'5" | 2007 |
| M55 | Race Walk 5000 M | Bob Meador | 27:33.90 | --- | 1991 |
| M60 | 100 Meter Dash | Harold Tolson | 12.14 | --- | 1998 |
| M60 | 200 Meter Dash | Harold Tolson | 25.69 | --- | 1999 |
| M60 | 400 Meter Dash | Charles Kirby | 60.61 | --- | 1997 |
| M60 | 800 Meter | Sid Wing | 2:23.8h | --- | 1994 |
| M60 | 1500 Meter | Ron Salupo | 4:53.30 | --- | 2004 |
| M60 | 3000 Meter | George Poloynis | 10:35.0h | --- | 1980 |

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|------------|---------------------|---------------------|-------------------------|-----------------------|-------------|
| M60 | 5,000 Meter | Ray Gill | 20:11.7h | --- | 1989 |
| M60 | 100 M Hurdles (33") | Dave Jackson | 15.4h | --- | 1993 |
| M60 | 300 M Hurdles (30") | Robert Watanabe | 49.00 | --- | 1989 |
| M60 | 2000 M Steeple | Ted Oviatt | 9:11.0h | --- | 1994 |
| M60 | HJ | Phil Fehlen | 1.68 | 5'-6" | 1998 |
| M60 | LJ | Tom Patsalis | 5.65 | 18'-6 1/2" | 1982 |
| M60 | TJ | Tom Patsalis | 11.13 | 36'-6 1/2" | 1982 |
| M60 | PV | Wayne Lambert | 3.65 | 11'-11 1/2" | 2007 |
| M60 | SP | Bill Bangert | 15.08 | 49'-6" | 1984 |
| M60 | DT | Ronald Mickle | 51.08 | 167'-7" | 2001 |
| M60 | JT | Larry Stuart | 65.18 | 213'-10" | 1998 |
| M60 | HT | F. Stewart Thompson | 50.54 | 165'-9 3/4" | 1997 |
| M60 | WT | Bill Bangert | 13.46 | 44'-2" | 1987 |
| M60 | Race Walk 5000 M | Bob Meador | 29:55.7h | --- | 1994 |
| M65 | 100 Meter Dash | Dick Richards | 13.0h | --- | 2001 |
| M65 | 100 Meter Dash | Doug Smith | 13.22 | --- | 2005 |
| M65 | 200 Meter Dash | Dick Richards | 26.5h | --- | 2001 |
| M65 | 400 Meter Dash | Louis Beadle | 65.90 | --- | 1995 |
| M65 | 800 Meter | George Cohen | 2:15.42 | --- | 2005 |
| M65 | 1500 Meter | Robert Culling | 5:12.86 | --- | 1997 |
| M65 | 3000 Meter | Pat Devine | 11:49.5h | --- | 1994 |
| M65 | 100 M Hurdles (33") | Tom Patsalis | 16.8h | --- | 1987 |
| M65 | 300 M Hurdles (30") | Robert Hunt | 53.80 | --- | 1989 |
| M65 | 2000 M Steeple | Robert Culling | 8:09.98 | --- | 1998 |
| M65 | HJ | Phil Fehlen | 1.57 | 5'-1 3/4" | 2001 |
| M65 | LJ | Tom Patsalis | 5.14 | 16'-10 1/2" | 1987 |
| M65 | TJ | Dave Jackson | 9.94 | 32'-7 1/4" | 1997 |
| M65 | PV | James Vernon | 3.07 | 10'-1" | 1985 |
| M65 | SP | Mike Castaneda | 13.96 | 45'-10" | 1984 |
| M65 | DT | Bob Humphreys | 46.90 | 153'-10 1/2" | 2001 |
| M65 | JT | Larry Stuart | 56.26 | 184'-7" | 2003 |
| M65 | HT | Stewart Thompson | 43.73 | 143'-6" | 2000 |
| M65 | WT (25-Lb) | Bob Stone | 10.59 | 34'-9" | 1988 |
| M65 | Race Walk 5000 M | John Kelly | 31:07.80 | --- | 1998 |
| M70 | 100 Meter Dash | Don Cheek | 13.8h | --- | 2000 |
| M70 | 200 Meter Dash | Don Cheek | 28.9h | --- | 2000 |
| M70 | 400 Meter Dash | Rodney Brown | 66.56 | --- | 1998 |
| M70 | 800 Meter | Rodney Brown | 2:48.53 | --- | 1998 |
| M70 | 1500 Meter | James Selby | 5:52.0h | --- | 2000 |
| M70 | 3000 Meter | Gunnar Linde | 12:06.87 | --- | 1999 |
| M70 | 80 M Hurdles (30") | Burl Gist | 14.10 | --- | 1991 |
| M70 | 80 M Hurdles (30") | Tom Patsalis | 13.9h | --- | 1992 |
| M70 | 300 M Hurdles (27") | Al Guidet | 54.60 | --- | 1989 |
| M70 | 2000 M Steeple | Avery Bryant | 9:13.60 | --- | 1997 |

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|------------|---------------------|------------------|-------------------------|-----------------------|-------------|
| M70 | HJ | Burl Gist | 1.37 | 4'-6" | 1990 |
| M70 | LJ | Tom Patsalis | 4.59 | 15'-1" | 1992 |
| M70 | TJ | Tom Patsalis | 9.63 | 31'-7 1/2" | 1992 |
| M70 | PV | Carol Johnston | 2.89 | 9'-6" | 1985 |
| M70 | SP | Arnold Gaynor | 13.58 | 44'-6 1/2" | 1998 |
| M70 | DT | Arnold Gaynor | 41.94 | 137'-7 1/4" | 1998 |
| M70 | JT | William Morales | 47.85 | 157'-0" | 1987 |
| M70 | HT | Bob Ward | 50.15 | 164'-6 1/2" | 2005 |
| M70 | WT | James York | 9.04 | 29'-8" | 1986 |
| M70 | Race Walk 5000 M | Don Cotner | 33:25.6 | --- | 1993 |
| M75 | 100 Meter Dash | Anthony Castro | 14.7h | --- | 1986 |
| M75 | 100 Meter Dash | Thomas Pico | 15.5h | --- | 2001 |
| M75 | 200 Meter Dash | Don Cheeks | 30.84 | --- | 2006 |
| M75 | 400 Meter Dash | Rodney Brown | 1:12.1h | --- | 2003 |
| M75 | 800 Meter | James Selby | 2:51.20 | --- | 2004 |
| M75 | 1500 Meter | James Selby | 6:13.20 | --- | 2004 |
| M75 | 3000 Meter | Gunnar Linde | 13:04.30 | --- | 2004 |
| M75 | 80 M Hurdles (30") | Bert Morrow | 17.6h | --- | 1991 |
| M75 | 300 M Hurdles (27") | Bert Morrow | 64.90 | --- | 1991 |
| M75 | HJ | Claude Taggart | 1.26 | 4'-2" | 1987 |
| M75 | LJ | Paul Bambrook | 3.94 | 12'-11" | 2005 |
| M75 | TJ | Charles Mercurio | 7.91 | 25'-11 1/4" | 1996 |
| M75 | PV | Bud Held | 2.97 | 9'-8 3/4" | 2006 |
| M75 | SP | Arnie Gaynor | 12.57 | 41'-2 3/4" | 2007 |
| M75 | DT | Doug Tomlinson | 38.00 | 124'-8" | 2007 |
| M75 | JT | Donald Roser | 29.10 | 95'-5 1/2" | 1999 |
| M75 | HT | Kio Song | 36.52 | 119'-10" | 2000 |
| M75 | WT (25-Lb) | Art Vesco | 5.99 | 19'-8" | 1988 |
| M75 | Race Walk 5000 M | Chesley Unruh | 33:48 | --- | 1986 |
| M80 | 100 Meter Dash | Bert Morrow | 16.6h | --- | 1993 |
| M80 | 200 Meter Dash | Clarence Killion | 39.38 | --- | 1998 |
| M80 | 400 Meter Dash | Vincent Malizia | 1:40.29 | --- | 1998 |
| M80 | 1500 Meter | Vincent Malizia | 7:40.40 | --- | 1998 |
| M80 | 3000 Meter | Bob Koch | 16:09 | --- | 2007 |
| M80 | 80 M Hurdles | Bert Morrow | 18.4h | --- | 1994 |
| M80 | 300 M Hurdles | Bert Morrow | 77.9h | --- | 1994 |
| M80 | HJ | Win McFadden | 1.06 | 3'-6" | 1988 |
| M80 | LJ | Tom Pico | 2.88 | 9'-5 1/4" | 2003 |
| M80 | TJ | Charles Mercurio | 6.53 | 21'-5 1/4" | 2000 |
| M80 | PV | Carol Johnston | 2.43 | 8'-0" | 1992 |
| M80 | SP | Ross Carter | 11.45 | 37'-7" | 1994 |
| M80 | DT | Ross Carter | 35.32 | 115'-11" | 1994 |
| M80 | JT | Ed Chynoweth | 30.03 | 98'-6 1/4" | 2004 |
| M80 | HT | Art Vesco | 20.64 | 67'-9" | 1992 |

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|------------|----------------------------------|------------------|-------------------------|-----------------------|-------------|
| M85 | 100 Meter Dash | Anthony Castro | 18.48 | --- | 1998 |
| M85 | 200 Meter Dash | Bert Morrow | 39.85 | --- | 1998 |
| M85 | 80 M Hurdles (27") | Bert Morrow | 19.46 | --- | 1998 |
| M85 | LJ | Clarence Trahan | 2.77 | 9'-1" | 2001 |
| M85 | TJ | Tom Patsalis | 6.56 | 21'-6 1/4" | 2007 |
| M85 | SP | Pete Allen | 5.58 | 18'-4" | 2000 |
| M85 | DT | Ken Carnine | 26.61 | 87'-4" | 1994 |
| M85 | JT | Ken Carnine | 23.54 | 77'-3" | 1993 |
| M85 | HT | Hugh Hackett | 22.73 | 74'-6 3/4" | 2006 |
| M90 | 100 Meter Dash | Bert Morrow | 21.9h | --- | 2003 |
| M90 | 200 Meter Dash | Pete Allen | 51.3h | --- | 2003 |
| M90 | 80 M Hurdles (sizzor hurdles) | Bert Morrow | 23.9h | --- | 2003 |
| M90 | SP | Pete Allen | 4.70 | 15'-5" | 2003 |
| M90 | DT | Pete Allen | 12.79 | 41'-11 1/2" | 2003 |
| W30 | 100 Meter Dash | J. Honore | 12.3h | --- | 1990 |
| W30 | 200 Meter Dash | Mmichele Cavetra | 25.67 | --- | 2007 |
| W30 | 400 Meter Dash | J. Honore | 62.8h | --- | 1990 |
| W30 | 800 Meter | Jennifer Heaton | 2:24.5h | --- | 1994 |
| W30 | 1500 Meter | K. Cunningham | 4:45.40 | --- | 1988 |
| W30 | 3000 Meter | Avelina Coleman | 17:302.h | --- | 1982 |
| W30 | 2000 M Steeple | Pam Widmann | 9:41.8h | --- | 1993 |
| W30 | HJ | Lisa Riech | 1.73 | 5'-8" | 2001 |
| W30 | LJ | Kimiko Nakatake | 4.80 | 15'-8 3/4" | 2005 |
| W30 | TJ | Kimiko Nakatake | 9.93 | 32'-6 3/4" | 2005 |
| W30 | PV | Sue DiMarco | 3.05 | 10'-0" | 1995 |
| W30 | SP | Pat Shaw | 12.38 | 40'-7 1/4" | 2001 |
| W30 | DT | Janet Wilson | 46.63 | 153'-0" | 1986 |
| W30 | JT | L. Dunton | 43.33 | 142'-2" | 1988 |
| W30 | HT | H. White | 17.85 | 58'-7" | 1986 |
| W35 | 100 Meter Dash | Dena Birade | 12.43 | --- | 2007 |
| W35 | 200 Meter Dash | Colleen Barney | 26.3h | --- | 2003 |
| W35 | 400 Meter Dash | Yupa Euthanasia | 63.34 | --- | 2007 |
| W35 | 800 Meter | M. Fullove | 2:33.2h | --- | 1993 |
| W35 | 1500 Meter | J. Hansen | 4:48.4h | --- | 1987 |
| W35 | 400 M Hurdles | Donna Nielson | 71.04 | --- | 1995 |
| W35 | HJ | A. Steekelenburg | 1.42 | 4'-8" | 1987 |
| W35 | LJ | Elaine Iba | 4.81 | 15'-9 1/4" | 1998 |
| W35 | TJ | Elaine Iba | 8.89 | 29'-2" | 1998 |
| W35 | PV | Sue DiMarco | 3.25 | 10'-8" | 1998 |

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| <u>Age</u> | <u>Event</u> | <u>Name</u> | <u>Mark</u> (Metric) | <u>Mark</u> (Feet) | <u>Year</u> |
|------------|---------------------|--------------------------|-------------------------|-----------------------|-------------|
| W35 | SP | Janet Wilson | 10.70 | 35'-1 1/2" | 1991 |
| W35 | DT | Janet Wilson | 44.80 | 147'-0" | 1992 |
| W35 | JT | Jennifer Stary | 40.60 | 133'-2 1/2" | 1994 |
| W35 | Race Walk 5000 M | C. Butler | 32:04 | --- | 1986 |
| W40 | 100 Meter Dash | Phil Raschker | 12.29 | --- | 1988 |
| W40 | 200 Meter Dash | Phil Raschker | 26.29 | --- | 1988 |
| W40 | 400 Meter Dash | Jai Black | 59.49 | --- | 2006 |
| W40 | 800 Meter | Diane Heil | 2:18.6h | --- | 2000 |
| W40 | 1500 Meter | Marie Murphy | 4:56.46 | --- | 1999 |
| W40 | 3000 Meter | Debbie Jamieson | 11:57.5h | --- | 1994 |
| W40 | 5,000 Meter | M. Thayer | 19:27.0h | --- | 1987 |
| W40 | 80 M Hurdles (30") | Phil Raschker | 12.04 | --- | 1988 |
| W40 | 80 M Hurdles (30") | Anna Wlodarczyk | 11.8h | --- | 1992 |
| W40 | 400 M Hurdles (30") | Tina Bowman (Stough) | 72.07 | --- | 1995 |
| W40 | HJ | A. Steekelenburg | 1.52 | 5'-0" | 1990 |
| W40 | HJ | A. Steekelenburg | 1.52 | 5'-0" | 1992 |
| W40 | LJ | Anna Wlodarczyk | 5.34 | 17'-6 1/2" | 1992 |
| W40 | TJ | Phil Raschker | 10.46 | 34'-4" | 1988 |
| W40 | SP | Pat Shaw | 13.19 | 43'-3 1/4" | 2005 |
| W40 | DT | Janet Wilson | 42.64 | 139'-11" | 1993 |
| W40 | JT | Claudette Fabian | 36.86 | 120'-11 1/4" | 2005 |
| W40 | Race Walk 5000 M | LeVise Folse | 31:24.2h | --- | 1994 |
| W45 | 100 Meter Dash | Jeanne Carter | 14.25 | --- | 1988 |
| W45 | 200 Meter Dash | Tina Bowman (Stough) | 29.63 | --- | 1998 |
| W45 | 400 Meter Dash | Jeanne Carter | 1:08.03 | --- | 1988 |
| W45 | 800 Meter | K. Looney | 2:31.4h | --- | 1990 |
| W45 | 1500 Meter | K. Looney | 4:59.8h | --- | 1990 |
| W45 | 3000 Meter | Debbie Lee (Barraza) | 11:32.8h | --- | 2002 |
| W45 | 80 M Hurdles (30") | A. Steekelenburg | 14.0h | --- | 1993 |
| W45 | 400 M Hurdles (30") | Elizabeth Mondoy | 1:28.7h | --- | 2003 |
| W45 | 2000 M Steeple | Nancy Cochrane | 11:35.7h | --- | 2001 |
| W45 | HJ | A. Steekelenburg | 1.52 | 5'-0" | 1995 |
| W45 | LJ | Christel Donley (Miller) | 4.34 | 14'-3" | 1982 |
| W45 | TJ | Barbara Stratton | 7.34 | 24'-1' | 1994 |
| W45 | SP | Barbara Stratton | 10.22 | 33'-6 1/4" | 2001 |
| W45 | DT | Joan Stratton | 31.40 | 103'-0 1/4" | 2001 |
| W45 | JT | Joan Stratton | 34.10 | 111'-10 1/2" | 2001 |
| W45 | Race Walk 5000 M | Donna Cunningham | 28:48.2 | --- | 1993 |
| W50 | 100 Meter Dash | Anna Wlodarczyk | 13.0h | --- | 2002 |
| W50 | 200 Meter Dash | Irene Obera | 28.2h | --- | 1987 |
| W50 | 400 Meter Dash | Irene Obera | 67.9h | --- | 1987 |
| W50 | 800 Meter | Yvette LaVigne | 2:37.2h | --- | 1992 |
| W50 | 1500 Meter | Yvette LaVigne | 5:22.2h | --- | 1992 |

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|------------|---------------------|--------------------------|-------------------------|-----------------------|-------------|
| W50 | 3000 Meter | Joni Shirley | 11:50.7h | --- | 2001 |
| W50 | 80 M Hurdles (30") | Anna Wlodarczyk | 12.9h | --- | 2002 |
| W50 | 300 M Hurdles (30") | Tina Bowman (Stough) | 51.9h | --- | 2003 |
| W50 | 2000 M Steeple | B. Egger | 10:17.0h | --- | 1993 |
| W50 | HJ | A. Steekelenburg | 1.37 | 4'-6" | 1998 |
| W50 | HJ | A. Steekelenburg | 1.37 | 4'-6" | 2002 |
| W50 | LJ | Anna Wlodarczyk | 5.24 | 17'-2 1/4" | 2002 |
| W50 | TJ | Anna Wlodarczyk | 11.12 | 36'-5 3/4" | 2002 |
| W50 | PV | Rita Hanscom | 2.06 | 6'-9" | 2006 |
| W50 | SP | Linda Cohn | 9.84 | 32'-3 1/4" | 2006 |
| W50 | DT | Linda Cohn | 27.20 | 89'-2 3/4" | 2007 |
| W50 | JT | Linda Cohn | 39.06 | 128'-1 3/4" | 2006 |
| W50 | HT | R. Van Dinther | 32.28 | 105'-11" | 1995 |
| W50 | Race Walk 5000 M | J. Latham | 29:24.00 | --- | 1988 |
| W55 | 100 Meter Dash | Kathy Bergen | 13.82 | --- | 1995 |
| W55 | 200 Meter Dash | Nadine O'Conner | 29.33 | --- | 2006 |
| W55 | 400 Meter Dash | Kemisole Solwazi | 1:10.35 | --- | 1999 |
| W55 | 800 Meter | Jeanne Hoagland | 2:49.6h | --- | 1992 |
| W55 | 1500 Meter | Yoko Eichel | 6:05.90 | --- | 2005 |
| W55 | 3000 Meter | Yoko Eichel | 13:21.8h | --- | 2002 |
| W55 | 80 M Hurdles (30") | Lynn Naftel | 15.5h | --- | 2002 |
| W55 | 300 M Hurdles (30") | Lynn Naftel | 55.9h | --- | 2002 |
| W55 | HJ | A. Steekelenburg | 1.4 | --- | 2004 |
| W55 | LJ | Brenda Matthews | 4.19 | 13'-8 3/4" | 2005 |
| W55 | TJ | A. Steekelenburg | 8.6 | --- | 2004 |
| W55 | SP | Lorraine Tucker | 9.62 | 31'-6 1/2" | 2004 |
| W55 | DT | Lorraine Tucker | 26.75 | 87'-9" | 2003 |
| W55 | JT | Christel Donley (Miller) | 26.97 | 88'-6" | 1993 |
| W55 | Race Walk 5000 M | Ena Dubboff | 35:19.7h | --- | 1994 |
| W60 | 100 Meter Dash | Kathy Bergen | 14.30 | --- | 2004 |
| W60 | 100 Meter Dash | Kathy Bergen | 14.1h | --- | 2002 |
| W60 | 200 Meter Dash | Kemisole Solwazi | 33.0h | --- | 2000 |
| W60 | 400 Meter Dash | Kemisole Solwazi | 1:10.9h | --- | 2000 |
| W60 | 800 Meter | Yvette LaVigne | 2:49.8h | --- | 2001 |
| W60 | 1500 Meter | Yvette LaVigne | 5:32.9h | --- | 2000 |
| W60 | HJ | Kathy Bergen | 1.31 | 4'-3 1/2" | 2002 |
| W60 | LJ | Kathy Jager | 3.96 | 12'-11 3/4" | 2006 |
| W60 | TJ | Magdalena Kuehne | 7.65 | 25'-0" | 1995 |
| W60 | PV | Nadine O'Conner | 2.90 | 9'-6" | 2006 |
| W60 | SP | LaTanya Glass | 9.09 | 29'-9 3/4" | 2007 |
| W60 | DT | Kathy Bergen | 18.60 | 61'-0 1/4" | 2002 |
| W60 | JT | Christel Donley (Miller) | 25.84 | 84'-9 1/4" | 1995 |
| W60 | WT (25-Lb) | T. Ricciardi | 3.98 | 13'-1" | 1988 |

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|------------|------------------|----------------------|-------------------------|-----------------------|-------------|
| W65 | 100 Meter Dash | Kathy Bergen | 14.71 | --- | 2005 |
| W65 | 200 Meter Dash | Nadine O'Conner | 29.87 | --- | 2007 |
| W65 | 400 Meter Dash | Jeanne Daprano | 1:22.18 | --- | 2006 |
| W65 | 800 Meter | Sumi Onodera-Leonard | 3:31.8h | --- | 1994 |
| W65 | 1500 Meter | Jeanne Daprano | 6:36.87 | --- | 2006 |
| W65 | 80 M Hurdles | Johnnye Valien | 20.0h | --- | 1994 |
| W65 | HJ | Kathy Bergen | 1.35 | 4'-5" | 2006 |
| W65 | LJ | Nadine O'Connor | 4.26 | 13'-11 1/2" | 2007 |
| W65 | TJ | Magdalena Kuehne | 7.40 | 24'-3 1/4" | 1996 |
| W65 | PV | Shirley Kinsey | 1.63 | 5'-4" | 1996 |
| W65 | SP | Cherrie Sherrard | 9.60 | 31'-5 3/4" | 2004 |
| W65 | DT | Kathy Bergen | 19.64 | 64'-5 1/4" | 2006 |
| W65 | DT | Cherrie Sherrard | 21.20 | 69'-6 1/2" | 2004 |
| W65 | JT | Edith Mendyka | 20.87 | 68'-6" | 1981 |
| W65 | Race Walk 5000 M | R. Kash | 36:53.00 | --- | 1988 |
| W70 | 100 Meter Dash | Magdalena Kuehne | 17.7h | --- | 2002 |
| W70 | 200 Meter Dash | Magdalena Kuehne | 37.7h | --- | 2002 |
| W70 | 400 Meter Dash | Sumi Onodera-Leonard | 1:30.35 | --- | 1999 |
| W70 | 800 Meter | Dorie Smith | 4:09.4h | --- | 2001 |
| W70 | 1500 Meter | Dorie Smith | 8:12.0h | --- | 2001 |
| W70 | HJ | Johnnye Valien | 1.02 | 3'-4" | 1996 |
| W70 | PV | Johnnye Valien | 1.43 | 4'-8 1/4" | 1996 |
| W70 | LJ | Johnnye Valien | 3.07 | 10'-0 3/4" | 1999 |
| W70 | TJ | Magdalena Kuehne | 6.50 | 21'-3 3/4" | 2004 |
| W70 | SP | Edith Mendyka | 8.48 | 27'-10" | 1982 |
| W70 | DT | Edith Mendyka | 18.36 | 60'-3" | 1982 |
| W70 | JT | Edith Mendyka | 19.88 | 65'-3" | 1982 |
| W75 | 1500 Meter | Dorothy Stotsenberg | 9:36.8h | --- | 1989 |
| W75 | LJ | Johnnye Valien | 2.57 | 8'-5" | 2005 |
| W75 | TJ | Johnnye Valien | 5.3 | --- | 2004 |
| W75 | SP | Edith Mendyka | 7.78 | 25'-6 1/2" | 1986 |
| W75 | DT | Edith Mendyka | 17.47 | 57'-4" | 1986 |
| W75 | JT | Edith Mendyka | 20.72 | 68'-0" | 1986 |
| W80 | 100 Meter Dash | Johnnye Valien | 22.71 | --- | 2006 |
| W80 | 200 Meter Dash | Gerry Davidson | 53.39 | --- | 2005 |
| W80 | 400 Meter Dash | Lois Edds | 2:17.0h | --- | 2001 |
| W80 | 800 Meter | Gerry Davidson | 4:15.9h | --- | 2001 |
| W80 | 1500 Meter | Gerry Davidson | 8:34.0h | --- | 2001 |
| W80 | 5,000 Meter | Mary Ames | 40:05.0h | --- | 1987 |
| W80 | HJ | Johnnye Valien | 0.90 | 2'-11 1/4" | 2006 |
| W80 | SP | Johnnye Valien | 5.90 | 19'-4 1/4" | 2006 |
| W80 | DT | Johnnye Valien | 12.77 | 41'-10 3/4" | 2006 |
| W80 | JT | Johnnye Valien | 14.20 | 46'-7" | 2006 |

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|------------|----------------|----------------|-------------------------|-----------------------|-------------|
| W85 | 100 Meter Dash | Mary Ames | 31.70 | --- | 1989 |
| W85 | 200 Meter Dash | Gerry Davidson | 62.32 | --- | 2007 |
| W85 | 400 Meter Dash | Gerry Davidson | 2:17.79 | --- | 2006 |
| W85 | 3000 Meter | Gerry Davidson | 24:00.33 | --- | 2006 |
| W85 | SP | Mary Ames | 2.51 | 8'-3" | 1989 |

Relay Teams:

| | | | | | |
|--------|---------------------|--|----------|-----|------|
| M30-39 | Relay 4 x 100 Meter | All American T.C. | 41.50 | --- | 1985 |
| M30-39 | Relay 4 x 200 Meter | All American T.C. | 1:27.55 | --- | 1985 |
| M30-39 | Relay 4 x 400 Meter | All American T.C. | 3:20.88 | --- | 1985 |
| M30-39 | Sprint Medley | Striders (Simmins, Bogan, Jackson, Stuart) | 3:43.3h | --- | 1982 |
| M30-39 | Relay 4 x 800 Meter | --- | --- | --- | --- |
| M30-39 | Distance Medley | Santa Monica (Perez, Haro, Prievr, Wall) | 11:00.1h | --- | 1982 |
| M40-49 | Relay 4 x 100 Meter | CDM (Corona Del Mar) | 44.1h | --- | 1978 |
| M40-49 | Relay 4 x 200 Meter | CDM | 1:33.1h | --- | 1978 |
| M40-49 | Sprint Medley | CDM (Dennis, Segal, Knox, Miller) | 3:42.0h | --- | 1978 |
| M40-49 | Relay 4 x 400 Meter | West Valley T.C. | 3:40.2h | --- | 1984 |
| M40-49 | Distance Medley | CDM (Lee, Cohen, Elliot, Knocke) | 11:03.7h | --- | 1982 |
| M50-59 | Relay 4 x 100 Meter | West Valley T.C. | 47.2h | --- | 1984 |
| M50-59 | Relay 4 x 200 Meter | West Valley T.C. | 1:43.9h | --- | 1984 |
| M50-59 | Sprint Medl. | Striders (Wagner, Watanabe, Fitzgerald, Buchanan) | 4:09.7h | --- | 1982 |
| M50-59 | Distance Medley | Seniors Track Club | 12:13.7h | --- | 1979 |
| M60-69 | Relay 4 x 100 Meter | Unattached (Tolson, Smith, Knocke, ---) | 48.8h | --- | 2000 |
| M60-69 | Relay 4 x 200 Meter | Striders | 2:05.10 | --- | 1989 |
| M60-69 | Sprint Medl. | Striders | 4:47.40 | --- | 1995 |
| M60-69 | Relay 4 x 400 Meter | CDM | 5:57.6h | --- | 1984 |
| M60-69 | Distance Medley | Striders | 14:06.8h | --- | 1992 |
| | | --- | --- | --- | --- |
| W40-49 | Relay 4 x 100 Meter | Unattached (Watson, Medeiros, Newman, ---) | 69.26 | --- | 1996 |