



NEWSLETTER

Editor: Tom Bache,

Guest Editor: Mike Murray, 1243 Saxony Rd.
Leucadia, Ca. 92024
753-5019

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A BRONZE MEDAL FOR ARNIE

Its a national honor to compete and qualify in our Olympic Trials. To survive the Olympic heats and compete in the finals, is acheiving world acclaim. But to earn an Olympic medal, gold, silver or bronze, is an honor that comes to few men.

Arnie Robinson did it all to win a bronze medal for the U.S., with a 26' 4 $\frac{1}{4}$ " leap. Robinson, the only member of SDTC to win a berth on the U.S. Olympic team, showed excellent form in one of his all time best performances.

Our most hearty congratulations to Arnie.

Presidents Message by Bill Stock

Would you care to enjoy the company of a 19 year old Swedish runner in your home for a month? Bertil James Anderson will be coming to San Diego in November for a six month stay to train and compete for SDTC. Bertil runs the 400 meters, and at :48 should be a welcome addition to our team. It is felt that a month with six different families would give Bertil a fair cross-section of American life and also these families could share the pleasure of this pleasant young man's presence. An invitation for a reciprocal visit to Sweden by a SDTC junior athlete has been extended. Anyone interested in providing housing, Please contact me @ 277-3544 as soon as possible, as it will have to be on a first come basis.

SEPTEMBER BOARD MEETING ACTION

The dues for family memberships have been increased from \$12 to \$15. per year. A new age group dues category has been established. The 30-39 age group dues will be \$10. INFLATION EVEN HITS TRACK CLUBS.

A committee will be appointed to evaluate the entire dues structure.

Mr. Tom Korner, a retired newspaper man, (Jack Korner's father) graciously volunteered to serve on our publicity/P.R. committee. It was felt by the board that his professional touch would be a tremendous asset.

At the annual AAU convention, the SDTC will submit a bid for several National events. These will be the Marathon and a second long distance event, plus the U.S. Masters Track & Field Championships. If the Seniors Track Club does not bid for the Masters cross country championships, we will do so.

Reception for Dr. Richard Hill, New head track coach for California State University at San Diego(San Diego State)

A welcoming reception for Dr. Richard Hill, who has assumed the duties as head track and field mentor for Cal State San Diego, will be held Sunday, October 22, from 4 to 6 p.m., at the social hall in the Cal State/S.D. Home Economics Building. The social hall is northeast of the gym, near the Social Science Bldg. The easiest way to find the hall is to enter the campus on 55th St., and follow the special direction signs.

We hope as many persons as possible will be on hand to greet Dr. Hill, who has already been most helpful to the Track Club.

PACIFIC SOUTHWEST ASSOCIATION AAU ANNUAL AWARD DINNER, October 5, 1972

The annual award dinner of this Association will be held at the Town & Country Hotel, October 5th, at 6:00 pm., for the social hour, and 7:00 pm. for dinner.

This is the one time in the year we all get together to give our athletes, in all sports, recognition for their exceptional performance record. Let's show them we're proud of their accomplishments. We're assured that the speeches will be short, and the food good. The price is \$5.00 per cover.

For reservations, contact the AAU Office, at 488-5453, as soon as possible.

NOMINATING COMMITTEE

Our new bylaws call for two members of the seven man nominating committee to be nominated by the general membership. This committee will then nominate candidates to be elected to the Board of Directors in December.

Nominate two club members, not now on the Board of Directors, who will be willing to serve on this nominating committee and return the ballot to Bill Gookin, 5946 Wenrich Dr., San Diego, Ca. 92120.

Name _____

Name _____

MASTERS EUROPEAN REFLECTIONS, by David Pain

After two years of effort to on a one-month tour of European Australian teams, plus making sceptics there that we really objectively a project which came should happen, assume it was the concur. Since everyone involved, individuals, did cooperate on a from that standpoint that the

The short term objectives tourist, scoring personal bests, most part were readily achieved, edly.

More subtle, and less expect- memories of the trip for all of English garden party complete meeting our British hosts, and planted in our honor by none ing of six bath tubs, which were communal basis with 250 dirty browner as each successive sweaty rush, to see our fastidious Augie full with fresh water.

Arriving in London Gatwick out what you are going to do with can get them into the hotel.

Observing the personal agony 400m hurdles, floundered badly sustaining a fractured foot...

The delightful comraderie at the Crystal Palace Stadium pub, where vet athletes of many nationalities were drinking and singing together led by the vociferous Canadian team...The antics of a crazy Welshman, Elwyn Davies (former London bobby) of Toronto, (down from 225 to 175 pounds) who was more of a court jester than an athlete, and who armed with a four-foot inflatable "Chiquita" banana had London office girls virtually falling out of the windows with his manipulations of the banana.

The amazement in seeing a just-turned forty-year-old Englishman split away from his opponents in the 1500; who was 60.0 and 2:03 at the 400 and 800m; with a final 3:59.3 for by far the best metric mile observed in Masters competition.

The reflection on the personal tragedy of a Graham Parnell, full of confidence, in fighting-cock condition, who while leading the cross-country took a wrong turn and failed to finish; fell on the second water jump of the 3000m steeplechase and dropped out, as he did in the World Veterans Marathon in Koln after leading...following a collision with a bike or other obstruction and knowing few mourned his demise.

Recalling that even those in the seats of power, such as a U.S. Senator, achieve perhaps more personal satisfaction from a distant fourth place and a slap on the back with a "well done, Alan", than they do from accomplishing some major political coupe.

Watching a consummately beautiful and naturally coordinated runner, 47 - year - old Bill Fitzgerald, meet challenges in each city where we competed, come off the last turn and stave off defeat on challenges by far younger runners, yet meeting defeat in our last competition at 1500 in Koln, and in so doing, running his finest race and setting a new U.S. Masters record at 4:10.4...Observing the sportsmanship of a Bill Gookin, who, just shy of 40 by 5 days, hung to Arthur Walsham of England in the marathon for 26 miles, and then stopped at the stadium so as not to tarnish the Englishman's victory, a race which Bill could have won and in which, if official, he would have bettered 2:25...Contending with the loss of 202 pieces of luggage. (how can you lose an entire baggage car full of luggage, complete with one-half dozen vaulting poles?); slightly hysterical athletes who will willingly subject themselves to the torture of slogging 26 miles 385 yards through the cold rain, but who cannot walk up four flights of stairs in a German family hotel sans elevator; making room assignments and then being advised that "He snores..smokes..etc."... Contending with obdurate German meet officials committed to pitting Division II and III athletes against Division I, in the finals of the 5000 and 10,000m (won in 14:43.8 and 30:52.8 respectively), and trying to explain that a basic concept of Masters competition is to segregate the Divisions due to fundamental differences in ability.

Suffering through a head cold the day the terrible news came from Munich about the senseless terrorist killings, and then being advised by our Swedish host that the Mayor was considering cancelling our games as a result.

The personal satisfaction of running bests in the 1500, 800, and 5000m, and the crowning moment of joy, when in finishing a distant third, one's daughters, who have cheered you on, support your spent, exhausted, sweaty frame, and loyally proclaim your victory. You cherish your hard-won bronze medal and see your name in the scoreboard lights...and above all, knowing your efforts, and those of a dedicated wife, have been well-spent, opening new avenues of the good life to others and demonstrating convincingly with your team, that growing older can be beautiful, fun, and meaningful.



John Lafferty and Bill Stock run through the beautiful deer park in Copenhagen in a 9 mile cross country race./ Louise Stock

convince not only the U.S. Masters to go competition, but also the Canadian and two trips to the continent to convince meant business, it is hard to evaluate about solely because one person felt it propitious time, and that others would who in toto numbered several thousand purely voluntary basis, one must conclude Masters tour was an unqualified success. were obvious-having a good time as a running in a new park or wood-for the for these opportunities occurred repeat-

ed things happened which will be lasting us...The delight of attending a genuine with gracious host, spacious grounds, sharing in the oddity of having a tree less than Sir Roger Bannister...The sharp only filled once and were shared on a cross-country runners, with water getting runner plunged in...and later, after the Escamilla luxuriating in a tub brimming

Airport at 5:00a.m. and trying to figure 150 tired people until noon, when you

of an Ed Reiner, who committed to the over the last three or four hurdles after but determined to finish.



Win McFadden soars for an excellent long jump mark. This gave Win a 2nd place in the Crystal Pallace Track & Field Meet/Bill Stock