



NEWSLETTER

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Editorial Statement

The publication of this issue marks the beginning of the second year of our tenure as editors of the San Diego Track Club Newsletter. We believe we have achieved many of the goals we set for ourselves in the beginning, most importantly to provide the club with a regular, concise publication containing all the news of general interest as well as other articles dealing with topics of special interest to our membership. We have tried to emphasize quality rather than quantity and have attempted to keep the Newsletter one that can be read with equal enjoyment by all members of the Club. One disappointment has been our failure to stimulate greater member participation in this, our most important means of communication. Further progress in improving the Newsletter can only come through your comments, criticism and opinions as well as your prompt submission of any results that may be of interest.

Coming Events

San Diego State College has been selected by the U.S. Olympic Committee as the site for one of this summer's Olympic training camps. Forty of the nation's best sprinters (100,220,440,120HH) will train at SDSC from July 15 to August 7 and most will probably compete in our All-Comers meets conducted during that period.

- June 6.....Compton Invitational, Los Angeles Coliseum
- June 7.....Chula Vista 20-km, Jr. 5-km, Chula Vista Recreation Center, 5 p.m.
- June 13.....All-Comers Meet, SDSC, 11 a.m.
- June 14.....Garden Grove 10-mile Handicap, Garden Grove Park, 9 a.m.
- June 18-21..Senior Olympics, Los Angeles Memorial Coliseum
- June 20.....Imperial Beach 10-mile, Imperial Beach Pier, 10 a.m.
- June 20.....Orange County Invitational, Orange, Calif.
- June 27.....All-Comers Meet, SDSC, 11 a.m.
- July 2-5.....U.S. Masters Meet, Balboa Stadium
- July 11.....All-Comers Meet, SDSC, 11 a.m.
- July 18.....Point Loma 10-km, Jr. 4-km, Women's 5-mile, Cal Western, 8:30 a.m.
- July 25.....All-Comers Meet, SDSC, 11 a.m.
- July 25.....AAU One Hour Run, Santa Barbara

Palos Verdes Marathon, May 24

(650 starters, approximately 350 finishers under 5 hours)

1. Bob Deines (OWAC) 2:29:01; 2. Gary Dobrenz (unatt) 2:32:56; 3. Phil Carlon (STC) 2:33:56; 4. John Pagliano (STC) 2:33:59; 51. Don Jones (STC) 2:57:14 (1st, Senior Div); 57. Mike Wade 2:52:20; 65. Mike Murray 3:02:12 (2nd, Senior Div); 80. Richard Gaupsas 3:08:21; 87. Dick Cordone 3:09:59; 111. Dick Eby 3:16:42; 119. David Hargus 3:18:15; 142. Wayne Groesbeck 3:26:03; 147. Bill Hargus 3:27:22; 151. Betty Wake 3:28:45; also Ralph Mansfield 3:54

Track Results

In the California Relays at Modesto May 23, Ray Hiscock put the shot a life-time best 59'6". Competing against most of the nation's best, Ray missed the finals by inches and finished 8th. Ed Hanks was able to clear only 6'6" in the high jump and finished far down. At the SPAAU at Occidental College May 29 Ed jumped 6'9", placing second on misses to Steve Lang of UCLA.

In a special mile race at the Women's PSAAU Meet May 14, Betty Wake won with 5:51 as Donna Gookin placed third at 6:10. Susan Schalkwijk won the 3000 meters with 12:15.

PSAAU Track Championships, Balboa Stadium, May 30

Off to a bad start when the La Jolla Youth Meet didn't relinquish the track for several hours past the scheduled time, the PSAAU meet got back on schedule by cancelling the 6-mile run and finished with as good a 2-mile race as you'll ever see. Ed Hanks and Ray Hiscock continued to lead SDTC by winning their specialties, Hanks with a meet record. Bud Held was the day's oldest winner with a good 211'8" in the javelin. New club member Ron French stepped a quick 14.0 hurdle race and sprinter Daryl Lassen made a good 1:56.3 880 debut. In that 2-mile, SDTC member Charlie Winsor of SDSC ran 8:51.0 for 4th place.

The meet also saw three new SDTC Senior Division records: 880--Don Coleman 2:13.7 (old record 2:15.4, Coleman, 7/5/69); 100--Don Love 10.8 (old record 11.1, Merle Hamilton 7/19/68, Bob McDonald 7/4/69, Love 8/30/69); 220--Don Love 24.6 (old record 24.9, Love 8/30/69).

OPEN DIVISION
Long Jump — Robinson (SDSC) 22-3/4;
Bonin (SDTC) 21-10; Keifer (Unat) 21-7/8;
Mile run — Martinez (Mesa) 4:35.9; Gookin (SDTC) 4:35.5; Schofield (SDTC) 4:38.8;
Shot put — Hiscock (SDTC) 57-1/8; Price (SDTC) 56-0; Lenvoun (SDCC) 50-3;
Javelin throw — Held (SDTC) 211-8; Dice (SDTC) 205-3/8; Stagner (Unat) 198-7/8;
High Hurdles — French (SDTC) :14.0;
Jones (SDCC) :14.6; Dunn (Grossmont) :17.4;
440 Relay — SD State (King, Lavigne, Meyer, Steward) :41.3; Mesa :42.3; Patrick Henry :43.1;
100 — Steward (SDSC) :09.8; Meyer (SDSC) :10.0; Knight (Unat) :10.4;
880 — Perry (Pac Coast Club) :50.0 (Better meet record, Old mark 1:52.2 by Don Gordon (Unat) 1964; Lassen (SDTC)

1:56.3; Gookin (SDTC) 2:04.6;
440 — Claypool (Unat) :48.9; Roma (Unat) :50.3; Kinney (Mesa) :50.6;
100 — Robinson (SDSC) 22-3/4; Bonin (BYU) 21-10; Keifer (Unat) 21-7/8;
3000 Meter Steeplechase — Coar (SDSC) 9:40.4; (New meet record, Old mark 9:48.4 by Jim Shepherd, 1959); Anderson (SDTC) 9:51.5; Claypool (SDSC) 10:17.2;
Triple Jump — Keifer (Unat) 45-11/4; Hawkins (USIU) 44-7/4; Wood (SDTC) 42-11/4;
High Jump — Hanks (SDTC) 6-10 (New meet record, Old mark 6-8 by Harold Greenwood, (Unat.) 1968; Foote (Grossmont) 6-2; Grupe (USIU) 6-2;
440 Int. Hurdles — King (SDSC) :53.2; Claypool (Unat) :55.0; Gayhart (Grossmont) :55.8;
Pole Vault — Cummins (USIU) 14-7; Miyoshi (Unat) 14-0; Vellutini (SDTC) 14-0.

Discus — McClanochan (Unat) 157-8; Hiscock (SDTC) 142-6; Westling (SDTC) 132-5/8;
220 — Richburg (Mesa) :21.9; Meyer (Unat) :21.9; Knight (Unat) :22.2;
Two Mile — Messina (SDSC) 8:44.6 (New meet record, Old mark 9:08.0 by Dave Hamblen (SDSC) 1968); Fredricksson (USIU) 8:45.3; Valencia (Grossmont) 8:46.9;
Mile Relay — Mesa College (Kinney, Vitich, Richburg, Martinez), 3:20.4; SD City College, 3:22.8.
HIGH SCHOOL
Pole Vault — Roberson (Unat) 13-6; Balderidge (Unat) 13-0; Field (Unat) 11-0;
Discus — Vivian (Henry) 121-2; Morales (Unat) 102-1/2; Perez (Unat) 83-10/4;
High Jump — Gröusuch (Castle Park) 6-2; Blevins (Unat) 6-0; Niles (Pt. Loma) 5-10;
Long Jump — Hatfield (Unat) 20-10 1/2; Stokley (Unat) 19-9/4; Drawhorn (Unat) 18-3/4.

Mile run — Schultz (Unat) 4:24.6; Lord (Clair.) 4:25.7; Fleet (Unat) 4:26.1;
High Hurdles — Gorsuch (Castle Park) :15.3; Zupkas (MB) :16.1; Factor (MB) :16.5;
440 — Burriesci (LJ) :52.3; Mowry (Unat) :52.5; Kinney (MB) :52.7;
100 — Howe (Unat) :10.2; Gilliam (Unat) :10.3; Ratts (Unat) :11.1;
880 — Wilson (Unat) 1:59.4; Novak (Unat) 2:00.5; Mowry (Unat) 2:01.8;
100 — Vivian (Patrick Henry) 49-5/4; Ruffcorn (Unat) 49-19/4; Morales (Unat) 41-7/4;
220 — Howe (Unat) :23.4; Ratts (Unat) :23.1; Burriesci (Unat) :23.1;
100 Low Hurdles — Blackwood (Unat) :20.6; Factor (MB) :22.3; Zupkas (MB) :22.4;
Two Mile — Mowry (Unat) 9:36.0; Barnard (Unat) 9:40.4; Wester (Unat) 9:42.5;
Mile Relay — Grossmont (Gayle, Roessler, Dudley, Tracy) 3:26.0; Pt. Loma 3:33.2; Madison.

Senior Announcements

Qualifying races for the Masters relay races will be run at the June 13 and 27 all-comers meets at SDSC. Teams will be formed strictly on the basis of the best times posted in these races. If you intend to try for the relay teams, contact Sandy Drake at 459-3611 or 453-3624 (evenings).

Potpourri

In the SPAAU 25-kilo Championships at Cal State Fullerton on May 9, Mike Murray placed 3rd in the 40-49 division and Wayne Zook won the 50-59 division. . . In a seniors dual meet between Corona del Mar and the Seniors Track Club, Otis Chandler, publisher of the L.A. Times set two national senior records in winning the shot (46'7 3/4") and discus (150'10 1/2"). The pole vault winner at 11'6" was Bob Richards. . . The editors would like to thank club members for the beautiful flowers sent to them upon the birth of their daughter.