

DIEGO

MARATHON & 20 KM WALK JULY 4 at MISSION BAY Sponsors: San Diego Track Club, San Diego Rec. Dept.

SOUVENIR PROGRAM \$1.00

WELCOME TO THE MASTERS . . .

Welcome to the Fourth Annual U.S. Masters Track and Field Championships. We of the San Diego Track Club are proud that our meet has steadily grown along with Masters Track and Field and hope that you recognize that it has been no mere coincidence.

David Pain, the founder of the meet, and most of the other members of the San Diego Track Club have put in many hours of work to make it a success. They, along with the members of the San Diego Track Officials Association, the San Diego Recreation Department and the athletes who have paid their own way—sometimes from as far as Western Australia or Europe—have collectively made this into the model which has engendered many other similar meets throughout the country.

This year you will note some changes.

As you can see from the cover, the 1971 Masters will be the first A.A.U. National Track and Field Championships for athletes 40 years of age and over. Final contract signings with the A.A.U. were not completed until well after the time that the order for official A.A.U. medals had to be placed. We therefore ordered, and will be awarding the traditional Masters medal for the last time.

For those of you who win an event this year, we can declare that you are as official a National Champion as our San Diego Track Club member Arnie Robinson, who won the A.A.U. long jump title last week at Eugene, Oregon.

The number of events has been increased, along with the divisions of participation, and we are offering more medals. This has prompted more entries than ever, and we hope that athletes recognize and sympathize with the need for their remaining off the field and track except during the periods of their own competition.

Thank you for coming, I hope that your stay in San Diego is as pleasant for you as it is for me to welcome you.

KEN BERNARD Meet Director, A.A.U. Masters National Track and Field Championships

THE SAN DIEGO TRACK CLUB

The last few years has seen an explosion of interest in participation in Track & Field and the allied sport of Long Distance Running among people outside conventional school programs. Many athletes are no longer satisfied to retire after graduation from school. Men nearing middle age and even housewives are finding that the individual, disciplined competition of this sport adds a new and exciting dimension to their lives.

The San Diego Track Club (SDTC) is a prototype for the kind of club that's needed to serve all these groups. Athletes of all ages and abilities will find a place within the club, from the world class athletes wearing SDTC colors at the AAU Championships at Eugene, Oregon last week, to the 70-year-plus runners in the Masters.

Besides the "A" team, there is also a "B" team for athletes of lesser ability and a veteran team for men over 40 years of age. Women are welcome to join and SDTC is in the forefront of women's Long Distance Running.

Not content to merely sponsor teams, SDTC conducts a complete program of Track & Field and Long Distance Running activities in the San Diego area. This program includes many road and cross country races, a series of all-comers track meets in the summer and early spring, the U.S. Master's Meet which you are watching, and the San Diego Relays. on this program requires thousands of hours of volunteer work by SDTC members who are dedicated

to the sport and its development in San Diego.

The SDTC membership list contains people of all ages from 10 to 72 whose common denominator is an interest in Track & Field. Many high school and college athletes join to receive reduced entry fees to club sponsored competitions or simply to be associated with this vibrant and active organization. Coaches and fans often join to receive our monthly newsletter with its schedule of coming events, results and other articles of interest. If you would like to find out more about San Diego Track Club, write: DAVE DAVIS, Membership Chairman, SDTC 5719 Red River Drive, San Diego, Ca 92120

OFFICIALS AND CREDITS

OFFICIALS AND CREDITS
Meet Director Ken Bernard Marathon Director Bill Gookin Clerks of the Course Tony Sucec, Paul Rother Referees Paul Rother, Tony Sucec Chief Timer Pete Calma Head Finish Judge Buck Schroth Announcers Augie Escamilla, Stan Stafford Program Sales Carolyn McDonald, Curt Hardick Masters 6 Scoring Sandy Drake, Bob Gilmore Photography Dave Pain, Dick Straub, Steve Madsen Results Helen Pain
Registration Louise Stock, Mary McDonald Tickets Merle Hamilton Awards David Pain and the Daughters of San Diego Track Club Members
Timers Henry Manley, Pete Calma, Glen Broderick, Frank €uenca, Harry Bryce, Elmer Brown, Chris Maheras, Bill Schalk, Jack Mashin, Bob Jones, Dewey Youngblood Inspectors
Trainer Norm Hommas Doctor Harold Elrick Judges Ernest Collier, Buck Schroth, Bob Dus, Chuck
Christian, Chuck Pernell, Cal Garrett, Skip Prante, Joel Baldwin, Russ Hinman, Jim Gattey, Curt Hardick, Warren Williams Starters
Joseph Gray, Charles Bell, Tom Hall, Bill Wood, Willie Jones Throwing Events
Neil Sullivan, Francis Graham, Sy Silver, Bill Reilley, Bob Barlow, George Loveland, Fred Minter, Bob Gustafson And
Thanks to all those who have so generously given of their time and talents, but whose

names are not included above due to the fact

that the Program Chairman ran out of time.

Ken Bernard

(Program Chairman)

FOURTH ANNUAL U.S. MASTERS TRACK & FIELD CHAMPIONSHIPS

First Annual AAU Masters (40 & Over Track & Field Championships

Balboa Stadium, San Diego, California — July 2 & 3, 1971 Marathon & 20 Kilometer Walk — Mission Bay Park, July 4, 1971

Sponsored by:

The San Diego Track Club & City of San Diego Recreation Department

the San Diego track Club & City of San Diego Recreation Department					
FRIDA	Y, JULY 2—BALBOA STADIUM	2:10	220—Prelims Division 1—Heat 3		
Time	Track Events	2:20 2:25	220—Prelims Division 2—Heat 1 220—Prelims Division 2—Heat 2		
12:00	Registration (to 2:00 P.M.)	2:30	220—Prelims Division 3—Heat 1		
2:00 2:05	100—Prelims Division 1—Heat 1 100—Prelims Division 1—Heat 2	2:35	220—Prelims Division 3—Heat 2		
2:10	100—Prelims Division 1—Heat 3	2:45 2: 5 5			
2:20 2:25	100—Prelims Division 2—Heat 1 100—Prelims Division 2—Heat 2	3:05 3:15			
2:30	100—Prelims Division 2—Heat 3	3:25	220—Finals—Division 1		
2:40 2:45	100—Prelims Division 3—Heat 1 100—Prelims Division 3—Heat 2	3:30 3:35			
2:55	Masters 6—100—Heat 1	3:45	2 Mile Relay—Division 1		
3:00 3:05	Masters 6—100—Heat 2 Masters 6—100—Heat 3		2 Mile Relay—Division 2		
3:10	Masters 6—Heat 4	4:15	Special Women's Mile		
3:15	120 High Hurdles (39") Finals (Division 1 only)	4:25 4:30	440—Finals—Division 1 440—Finals—Division 2		
3:30	3000 Meter Steeplechase Finals (Division 1 only)	4:35	440—Finals—Divisions 3 and 4		
3:50 3:55	100—Finals—Division 1 100—Finals—Division 2	4:45	Mile Walk—Final—Divisions 1, 2, 3, 4		
4:00	100—Finals—Divisions 3 and 4	5:00 5:10	Masters 6—Mile—Heat 1 Masters 6—Mile—Heat 2		
4:10	880—Finals—Division 1, Flight 1	5:20 5:30	Masters 6—Mile—Heat 3 Masters 6—Mile—Heat 4		
4:15 4:20		5:40	Mile Relay—Division 1		
4:25	880—Finals—Divisions 3 and 4	5:50 6:00	Mile Relay—Division 2 5000 Meters (3.1) mile)—Final—Division 1		
4:35 4:40	Masters 6—440—Heat 1 Masters 6—440—Heat 2	6:30	5000 Meters—Final—Divisions 2 and 3		
4:45 4:50	Masters 6—440—Heat 3 Masters 6—440—Heat 4	Time	Field Events		
4:55	440 Relay—Division 1	2:00	Javelin (1 lb., 12 oz.)—Division 1 Javelin (1 lb., 12 oz.)—Divisions 2 and 3		
5:00 5:05	440 Relay—Division 2 10,000 Meters (6.2 miles)—Division 1	3:00	High Jump—Division 1		
5:05 5:50	10,000 Meters—Divisions 2, 3, 4	3:30	High Jump—Divisions 2 and 3 Masters 6—Shot (12#)—Divisions 1, 2, 3		
6:40 6:45	440—Prelims Division 1—Heat 1 440—Prelims Division 1—Heat 2	4:00	Triple Jump—Divisions 1 and 2		
6:50	440—Prelims Division 1—Heat 3	5:00	16 lb. Shotput—Division 1		
6:55 7:00	440—Prelims Division 2—Heat 1 440—Prelims Division 2—Heat 2		12 lb. Shotput—Division 2 8 lb. Shotput—Division 3		
Time	Field Events	6:00	Masters 6—Long Jump—Divisions 1, 2, 3		
2:00	16# Hammer—Division 1 16# Hammer—Divisions 2 and 3	CHND	AY, JULY 4MISSION BAY PARK		
	Pole Vault—Divisions 1 and 2		Events		
4:00	Discus (2 kilo.)—Division 1	6:00	A.M. Registration (See Marathon Map) (Note: Pre-registration available July 2 and 3 at		
	Discus (1.6 kiló)—Division 2 and 3		Balboa Stadium)		
4:30 5:15	Long Jump—Division 1 Long Jump—Divisions 2 and 3	6:40 <i>.</i> 6:45 <i>.</i>			
6:00	Masters 6—Javelin—Divisions 1, 2, 3	6:45	A.M. 20 Kilometer (12.4 miles) Walk—Divisions 1, 2, 3		
SATU	RDAY, JULY 3—BALBOA STADIUM	1:00	P.M. Awards Banquet No Host Refreshments at the Bahia Hotel, West Mission Bay Drive		
Time	Track Events	2:00	P.M. Awards Banquet—Bahia Hotel		

12:00 Registration (to 2:00 P.M.) 2:00 220—Prelims Division 1—Heat 1

220—Prelims Division 1—Heat 2

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KEY TO ABBREVIATIONS OF AFFILIATIONS:

CCCD = Cross Country Club of Dallas
CDM = Corona Del Mar Track Club
CIND = Cinderettes
DYMCA = Denver YMCA
GAC = Gladstone A.C. (Canada)
HKTC = Hawaii Kai Track Club
HSTC = High Sierra Track Club

UN = Unattached AMH = Amherst Lancers ARR = Arizona Road Racers BAA = Boston Athletic Assn.
BAC = Bishop Athletic Club
BH = Birchfield Harriers (England)
CANN = Canning District (Australia) KETT — Kettering Striders

LAAC — Los Angeles Athletic Club

MELV — Melvile Districts (Australia)

MMTC — Mid Michigan Track Club

NYAC — New York Athletic Club

NCSTC — Northern California Seniors T.C.

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SI = Sports International
SFYMCA = San Francisco YMCA
SNOH = Snohomish Track Club
SPOK = Spokane Track Club
SFOC = San Francisco Olympic Club
TCTC = Twin Cities T.C. (Minn.)
TVTC = Turtle Valley Track Club OC = Olympic Club (San Francisco)
PTC = Portland Track Club
RHOD = Rhoden Enterprises T.C. RR = Random Runners
SCS = Southern California Striders
SMAA = Santa Monica Athletic Assn.
STC = Seniors Track Club (Los Angeles)

UN = Unattached
UWRC = Univ. Washington Running Club
UAF = Univ. Arizona Faculty T.C.
VOC = Vancouver Olympic Club (Canada)
WICH = Wichita Track Club
YMHA = Young Men's Hebrew Assn.
WVJS = West Valley Joggers & Striders

GENERAL INFORMATION

Registration:

Friday and Saturday, July 2 and 3—from noon to 2:00 p.m. at the southeast (open) end of Balboa Stadium,

Marathon registration and 20 Kilometer Walk registration is from 6:00 a.m. to 6:35 a.m. on July 4 on the west side of West Mission Bay Drive (across from the Bahia Hotel) but Marathon and 20 Kilometer Walk entrants may register at Balboa Stadium on July 2 and 3 at the hours listed above.

You must register at least one hour before the scheduled time of your event, and you should report to the Clerk of the Course on the field, at the north (closed) end of the Stadium at least one half hour before the event.

Workouts:

The Stadium track and infield will not be available for workouts after 1:00 p.m. on Friday and Saturday. Please cooperate and confine your workouts to the upper field, to the north and west of the north (closed) end of the stadium. The compressed schedule and greater number of entrants require a clear infield so that officials and athletes can perform efficiently.

Results:

Results will be posted soon after your event on a board in the north (closed) end of the stadium in the lower rows of seats. If you want a complete listing of the results (available 2-3 weeks after the meet) please sign up to receive them at the registration desk. We will make a modest charge to cover the expenses of producing this extensive compilation.

Awards:

A handsome commemorative patch will be given to each competitor. Special awards will be awarded to the Outstanding Athlete in each age-group Division, with a second award to the "other" category winner within the Division. That is, if a field event man wins the Outstanding Athlete Award in his Division, a track event

man will receive the "other" award within that Division. Presentation-class medals from the special Masters die will be awarded as follows:

*Running Events: Div. 1, 2, & 3: 1st through 6th Div. 4: 1st place

*Field Events: Div. 1, 2, & 3: 1st through 6th Div. 4: 1st place

Walks: Div. 1 & 2: 1st through 3rd (1 to 6 in 20 K.) Div. 3 & 4: 1st place

Masters Six (100, 440, Mile, L.J., 12 lb. Shot

& Jav.): Div. 1: 1st through 6th

Div. 2: 1st through 3rd Div. 3 & 4: 1st place

Relays: Div. 1: 1st through 3rd

Div. 2: 1st place

Marathon: Div. 1: 1st through 15th Div. 2 & 3: 1st through 5th Div. 4: 1st place

*NOTE!!! Not all events will have competition in all Divisions. Please refer to the Schedule of Events for competitive Divisions within each event,

Other awards will include Marathon completion certificates to all finishers, trophies for the oldest athlete and for the one who has traveled the greatest distance, and awards to the first three teams in point scoring. Except for special awards, Marathon & 20 Kilometer Walk awards, and Outstanding Athlete award, all medals will be presented soon after the finish of the event at Balboa Stadium. The Awards Banquet, which has been an outstanding feature of previous years, will again be held on Sunday, July 4, at 2:00 p.m.

Awards Banquet:

The Awards Banquet (with no-host refreshments available at 1:00 p.m.) will be held this year at the Bahia Hotel (where the Marathon finishes) at 2:00 p.m. on July 4, 1971, on the top floor of the newer building closest to West Mission Bay Drive. Dinner price is \$7 (\$6 for children under 10 years) and reservations may be made at the registration desk if you have not already done so.

PRELIMS—JULY 2 AT 2:00

FINALS-JULY 2 AT 3:50

Division 1 Masters Record: 10.3 (1970)---Stolpe, Rhoden Division 2 Masters Record: 11.1 (1970)—McDonald Division 3 Masters Record: 12.8 (1970)-Ulsh

יום	VISION 1			264 Edward Halpin	SCS		
HEAT 1				274 Will Parkes	UN		
NO. NAME	AFFIL.	PLACE	TIME	269 William Morales	CDM		
8 Richard Stolpe	CDM			247 Bob Scharf	STC		
67 Robert Watanabe	STC			265 Bob McDonald	SDTC		
139 Donald Love	SDTC			HEAT 3			
114 Huel Washington	RHOD			NO. NAME	AFFIL.	PLACE	TIME
98 Harry Talley	STC			230 Leo Walczuk	CDM		
71 John Poppell	UN			205 Boo Morcom	CDM NCSTC		
113 William Stone	CDM	-		273 Karl Thursby 206 Fritiof Sjostrand	SCS		
87 James Chado	UŅ			218 Edwin Reiner	SDTC		
HEAT 2				261 Burl Gist	SDTC		
NO. NAME	AFFIL.	PLACE	TIME	281 Joseph Sharp	UN		
161 George Rhoden	RHOD			FINAL	٠		
167 Jack Greenwood	MLTC UN			THAL		PLACE	TIME
70 Jack Coy	NCSTC			1			
145 Ed Mahany 112 Robert Stone	CDM			2			
78 James Kriegh	UAF			3			
82 Walter De Bruyn	UN			4:			
36 Carroll Word	STC			5			
95 Ted Rademaker	RHOD			6			
	mor		2	7			
HEAT 3				8			
NO. NAME	AFFIL.	PLACE	TIME	9			
170 Don Badinelli	CDM			DI\	ISION 3		
184 Oswald Dawkins	STC SDTC			HEAT 1			
111 Thomas Rice 60 W. L. Frederickson	NCSTC			NO. NAME	AFFIL.	PLACE	TIME
127 Robert Fess	STC			310 Virgil McIntyre	STC		
46 James Allen	UN			334 Ken Carnine	NCSTC		
66 Richard Baum	STC			303 Richard Bredenbeck			
92 Hector Andreos	UN			318 Robert Ulsh	NCSTC		
17 Robert Jordan	RHOD			316 Paul Walker	UN		
	KITOD			333 Norman Bright	UN		
FINAL		PLACE	TIME	313 Paul Carmichael	OC		
1,				319 Sing Lum	UN		
2.				HEAT 2			7074.3.407
3.				NO. NAME	AFFIL. NCSTC	PLACE	TIME
4				305 A. J. Puglizevich 327 Michael Andors	SDTC		
5.				331 Jacobo Lerner	UN		
6				328 Ernest Roberson	UN		
7				320 Larry O'Neil	MATC		·
8				325 Earl Shinkoskey	UN		
9				307 Walt Frederick	STC		
_	VISION 2			312 Bert Goodrich	ÜN		
HEAT 1	VISION Z				ION 3 &	A	
NO. NAME	AFFIL.	PLACE	TIME	FINAL	10N 3 &	4	
223 Robert Foutz	CDM			TINAL .		PLACE	TIME
263 John Boyle	SDTC			1			
210 M. H. McNeiece	STC			2.			
232 Clifford Burns	UN			3			
209 Alan Cranston	SCS			4.			
244 Nathaniel Heard	CDM			5			
246 P. E. Patterson	STC			6			
HEAT 2				7			
NO. NAME		PLACE	TIME	8			
208 Al Guidet	NCSTC			9. 401 David Fowler	SDTC		
231 Ross Winton	CDM			(Runs with Division 3	Finalists)		

MASTERS 6

JULY 2 AND 3 (See Time Schedule)

Record: (No Javelin) 3616 Points (1968)—Kleinsasser Record: (With Javelin) 3438 Points (1970)-Held

(100, 440, JAVELIN, 12# SHOT, MILE, LONG JUMP)

POINTS

	HEAT #1				JULY 2	1 011	410	JULY 3		YOTAL
NO.	NAME	AFFIL.	AGE	100	440	JAVELIN	SHOT	MILE	LONG JUMP	_ TOTAL POINTS
15	Brayton Norton	CDM	41							
120	Bud Held	SDTC	43			F	,			
142	Donald Palmer	SDTC	41							
162	Frank Evans	SDTC	44							
183	William Fix	SPOK	45				h			
157	Avery Bryant	STC	47							
111	Thomas Rice	SDTC	40							
178	Peter Holmes	RHOD	41				w · · · · ·			
29	John Allen	MMTC	40					w		
	HEAT #2									
265	Bob McDonald	SDTC	52							
97	Byron Cook	KETT	44							
158	Ray Gill	STC	46							w
26 8	Stephan Seymour	CDM	50							
264	Ed Halpin	SCS	53							-
260	Bill Knuppel	SDTC	52							P1
79	Allan Morris	UN	40					•		
216	Erich Jordan	STC	53		PRODUCT					
210	M. H. McNeiece	STC	51							
	HEAT #3									
163	Rudy Friberg	SDTC	42							
68	Jack Bettencourt	NCSTC	42							
37	Bud Trantham	CIND	44						,	
80	Marshall Haraden	SDTC	40							-
66	Richard Baum	STC	46							
115	Forrest Trammell	SDTC	41							
38	James Swanson	STC	41							
171	Ken Bernard	SDTC	45							
69	William Bennett	UN	48							
	HEAT #4									
87	James Chado	UN	41							
100	Robert Peters	UN	47			***				
218	Edwin Reiner	SDTC	51			•				····
225	John Garcia	UN	53							W
254	W. Dawsey	CON	52							
229	Fay Steele	HKTC	54						-	
305	A. J. Puglizevich	NCSTC	63					••		
338	Bud Deacon	HKTC	60							
123	William Herrick	SDTC	48							

3000 METER STEEPLECHASE

(NEW EVENT) JULY 2 AT 3:30

120 YARD HIGH HURDLES (39") JULY 2 AT 3:35

NO.	NAME	AFFIL.	PLACE	TIME		EW EVENT		
	Bill Stock	SDTC			120 Int. Hurdles Red	ord: 15.1 (19	70)—Art	Barnard
	Vince deCiutiis	STC			NO. NAME	AFFIL,	PLACE	TIME
	John Noble	SDTC		W4477	33 Roger French	STC	_	
63	Robert Herman	STC			38 James Swanson	STC		
88	Lew Roberts	STC			93 Ed Reiner	SDTC		
	Dave Davis	SDTC			95 Ted Rademaker	RHOD		
	A. Sweeney	VOC			99 Maurice Jackson	STC		
181	Rodney Busey	WICH			167 Jack Greenwood	MLTC		

880 YARD RUN

FINALS—JULY 2 AT 4:10 Division 1 Masters Record: 2:01.1 (1970)—Fitzgerald Division 2 Masters Record: 2:09.5 (1968)—Gordon Division 3 Masters Record: 2:40.7 (1970)—Clarke						
DIVISION 1		DIVISION 2				
FLIGHT 1			TIME			
NO. NAME AFFIL.	PLACE TIME	1. 220 Alan Waterman SRC	111412			
1. 130 Frank McBride UN		2. 238 Ray Mahannah STC				
2. 7 Vic Stephens VOC						
3. 2 Willis Kleinsasser STC		4. 253 Harold Elrick SDTC				
4. 48 J. Van Tatenhove STC		5. 218 Edwin Reiner SDTC				
5. 136 William Fitzgerald STC		6. 206 Fritiof Sjostrand STC				
6. 64 George Puterbaugh PTC		7. 275 Edward Lowell STC				
7. 101 Arthur De La Porte UN		8. 248 Ralph Schuhart STC				
8. 1 Don Coleman SDTC						
9. 49 David Fraitag SDTC		- DIVISION 3				
10. 137 John Hutchinson NCSTC		***	T48.41-			
FLIGHT 2		1. 338 Bud Deacon HKTC	TIME			
NO. NAME AFFIL.	PLACE TIME	2. 335 Keene Frick TVTC				
1. 29 John Allen MMTC		3. 324 Nelson Williams SBAA				
2. 160 Earl Foster AMH		- 4 207 Walt Fraderick CTO				
3. 52 Harry Hill WVJS		5. 323 Urban Miller SDTC				
4. 34 John MacLachlan SCS		6. 333 Norman Bright UN				
5. 131 Robert Holmes SDTC		7. 303 Rich. Bredenbeck SDTC				
6. 150 Bill Sellers UAF		8. 309 Fred Bierlein UN				
7. 23 Steve Stephenson ARR		-				
8. 90 William Cameron NCSTO		DIVISION 4 (Runs with Division 3)				
9. 129 Emmett Smith NCSTO	>	NO. NAME AFFIL. TIME				
10. 152 Fernand Cyr CDM		1. 401 Dave Fowler SDTC				
440 RELAY						
DIVISION I		· · · 				
July 2 at 4:55 p.	m		TIME			
Record: 45.3 (1970), No. Calif.	Sopiers Track Club	6. Rhoden's Enterprise A.C.				
(Tulland, Radamaker, Dowe	oll & Dhodon)	(Washington, Jordon, Rademaker, Rhoden.				
(Tanana, Radamaker, Dowe	a Kiloueli)	Alt.: Holmes)				
	TIME					
1. West Valley Joggers & Striders		DIVISION II				
(James Mackey, Robert Mackey	y, William Mackey,	July 2 at 5:00 n m				

(James Mackey, Robert Mackey, William M Bluefield. Alts.: Smith, Hill)

2. Seniors Track Club
(Holt, Dawkins, Watanabe, Van Tatenhove. Alts.: Fess, Turner)

3. Coronda Del Mar Track Club
(Davisson, Badinelli, Schlagel, Stolpe. Alts.: Cheek, Ambrose)

4. Northern California Seniors Track Club
(Mahany, Frederickson, Marlin, Grant.
(Alts.: Malgosa, Manougian, Radamaker)

5. San Diego Track Club
(Stock, Fraitag, Love, Rice.
(Alts.: Holmes, Bernard)

(Alts.: Holmes, Bernard)

July 2 at 5:00 p.m.

Record: 51.1 (1970), San Diego Track Club (Knuppel, Godfrey, James, McDonald)

Northern California Seniors Track Club	
(Niblock, Thursby, Guidet, Sargent.	
Alts.: Waterman, Satti)	
Seniors Track Club	
(Halnin Gross Farrell Mointure McNeigon	

3. San Diego Track Club (Knuppel, Boyle, Perry, McDonald. Alts: Reiner, Godfrey)

16 POUND HAMMER THROW

JULY 2 AT 2:00

Division 1 Masters Record: 118'-2" (1970)—Patterson Division 2 Masters Record: 109'-9" (1970)—Heard Division 3 Masters Record: 66'-11" (1970)—Hubbell

DISTANCE

DISTANCE

DISTANCE

	SION 1	
NO.	NAME	AFFIL.
9		UN
10	Bob Backus	NYAC
14	Howard Payne	BH
16	Irving Black	UN
30	Richard Bergenback	SI
51	Chester Steele	NCSTC
153	Ed Dowell	NCSTC
168	John Pavelich	VOC
178	Peter Holmes	RHOD
180	Bill Bangert	UN
	SION 2	• • • • • • • • • • • • • • • • • • • •
NO.	NAME	AFFIL.
221	Charles McMahon	SDTC
231	Ross Winton	SDM
234	Daniel Aldrich	CDM
244	Nathaniel Heard	CDM
249	Jack Thatcher	CDM
251	Jack Pierson	UN
259	Sandy Patterson	UN
	SION 3	-
NO.	NAME	AFFIL.
301	Stan Herrman	STC
311	Delmar Mitchelson	STC
318	Robert Ulsh	NCSTC
320	Larry O'Neil	MATC
329	Rolland Nichols	BAC
330	Randolph Hubbell	STC
332	Bob Hart	ÜN
339	Harry Bryce	SDTC
	, 2.,00	00.0

POLE VAULT

JULY 2 AT 3:00 Record: 13'-6" (1970)—Ruth

DIVI	SION 1		
NO.	NAME	AFFIL.	HEIGHT
4	Kenneth Hiob	UN	
33	Roger French	STC	
43	Dave Brown	CDM	
100	Robert Peters	UN	
131	Bob Holmes	SDTC	
	Ted Ensslin	CDM	
	John Blakesley	STC	
	Robert Smith	CDM	
DIVI	SION 2		
NO.	NAME	AFFIL.	HEIGHT
205	Boo Morcom	CDM	
226	Robert Ogle	STC	
	Ross Winton	CDM	
	Orval Gillett	CDM	
	Jack Cook	UNA	
	Don Winton	CDM	
	Bud Deason	UN	



Bob Backus

Howard Payne. /Ed Lacey/

10

JULY 2 AT 4:00

Division 1 (2.k) Masters Record: (None for 2 k.; 1.6 k. previously used—148'-3" (1969)—Gordien

Division 2 (1.6k.) Masters Record: 136'-4½" (1970)—Heard Division 3 (1.6k.) Masters Record: 103'-6" (1970)—Carnine

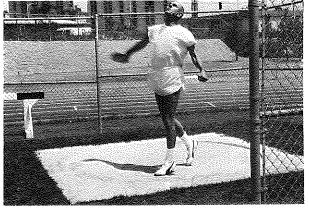
DIVISION 1 (2 Kilo) NO. NAME 9 Donald Kornreich 11 Luis Castaneda 13 George Ker 14 Howard Payne 26 Donn Maurer 30 Richard Bergenback 79 Allan Morris 111 Thomas Rice 119 Bob Kaiser 128 James Brownfield 166 Richard Straub 168 John Pavelich 173 Fortune Gordien 180 Bill Bangert	AFFIL. UN UN CDM BH SDTC SI UN SDTC UN SDTC UN SDTC VOC CDM UN	DISTANCE
DIVISION 2 (1.6 Kilo) NO. NAME 216 Erich Jordan 221 Charles McMahon 224 Jon Sharp 227 Mickey Blakesley 231 Ross Winton 234 Daniel Aldrich 241 Orval Gillett 244 Nathaniel Heard 249 Jack Thatcher 259 Sandy Patterson 262 Don Winton 280 David Shrader	AFFIL. STC SDTC DYMCA SDTC CDM CDM CDM CDM CDM CDM CDM CDM UN CDM UN	DISTANCE
DIVISION 3 (1.6 Kilo) NO. NAME 301 Stan Herman 305 A. J. Puglizevich 307 Walt Frederick 311 Delmar Mitchelson 318 Robert Ulsh 322 Winfield McFadden 329 Rolland Nichols 330 Randolph Hubbell 334 Ken Carnine 339 Harry Bryce	AFFIL. STC NCSTC STC STC NCSTC SDTC BAC STC NCSTC STC NCSTC	DISTANCE

LONG JUMP

JULY 2 AT 4:30

Division 1 Masters Record: 20'-21/2" (1970)—Davisson Division 2 Masters Record: 17'-0" (1969) Gillett Division 3 Masters Record 12'-81/2" (1970)—Higgins

DIVISION 1		DIOTANOS
No. NAME 15 Brayton Norton 35 Bruce Grant 38 James Swanson 70 Jack Coy 75 Hugh Simpson 122 Shirley Davisson 145 Ed Mahany 147 Emson Grumm 149 Ted Ensslin 155 Phillip Schlegel 182 Ted Johnson	AFFIL. CDM NCSTC STC UN UN CDM NCSTC UN CDM CDM CDM CDM CDM CDM	DISTANCE
DIVISION 2 NO. NAME 205 Boo Morcom 210 M. H. McNeiece 216 Erich Jordon 224 Jon Sharp 239 Gordon Farrell 241 Orval Gillett 259 Sandy Patterson 261 Burt Gist 262 Don Winton 269 Bill Morales 274 Will Parkes 275 Edward Lowell 174 Harry Huseny	AFFIL. CDM STC STC DYMCA STC CDM UN SDTC CDM CDM UN STC UN STC CDM UN	DISTANCE
DIVISION 3 NO. NAME 305 A. J. Puglizevich 307 Walt Frederick 310 Virgil McIntyre 311 Delmar Mitchelson 312 Bert Goodrich 318 Robert Ulsh 319 Sing Lum 322 Winfield McFadden 325 Earl Shinkoskey 327 Michael Andors 328 Ernest Roberson 339 Bud Deacon	AFFIL. NCSTC STC STC UN NCSTC UN SDTC UN SDTC UN SDTC UN SDTC UN SDTC	DISTANCE



Mickey Blakesley



Bob Holmes

10.000 METERS

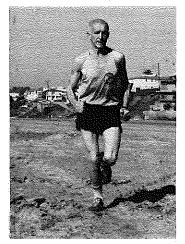
(NEW EVENT) JULY 2 AT 5:05

Division 1 Masters 6-Mile Record: 31:28.4 (1968)—Mundle Division 2 Masters 6-Mile Record: 34:20.8 (1969)—Bould Division 3 Masters 6-Mile Record: 40.07.2 (1969)—Frederick

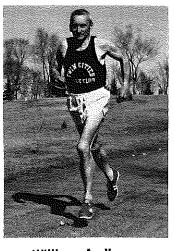
DIVISION 1

NO.	NAME	AFFIL.	PLACE	TIME
20	Peter Wood	NCSTC		
21	Michael Neal	UN		·
25	Alex Ratelle	UN	Br	
42	Ross Smith	WVJS	F1	
44	James O'Neil	OC		
50	Hal Higdon	DTC		
55	Sidney Toabe	HSTC		
57	Theodore Althausen	OC		
63	Robert Herman	STC		
74	Skip Dougherty	ARMY		
86	Norman Alsobrook	CCCD		
89	Eugene De Soto	UN		
91	Herb Weisheit	SDTC		
103	Michael Murray	SDTC		
133	David McNair	SDTC		
138	Owen Gorman	STC		
172	Glen Hellenga	SUM		
175	Thomas Lienhard	LAAC		
179	Peter Mundle	SMAA		
188	George Conlan	OC		
189	Don Pickett	OC.		
	DIV	SION 2		
NO.	NAME	AFFIL.	PLACE	TIME
214	John Gilmour	CANN	`	THE
215		MELV		
217	John Montoya	STC		
237	John Wall	USNR		
257	James Stephenson	OC		
277		HSTC		•
278	Harold Mulder	UN		
_, _				
NO				T1845
NO. 304	James Bole	AFFIL. STC		TIME
307		STC		
313				
314	Paul Carmichael	OC TCTC		
333	William Andberg	UN		
	Norman Bright Keene Frick	TVTC		
ააა				
		=		
	DIVISION 4 (Ru	=	Division	3)

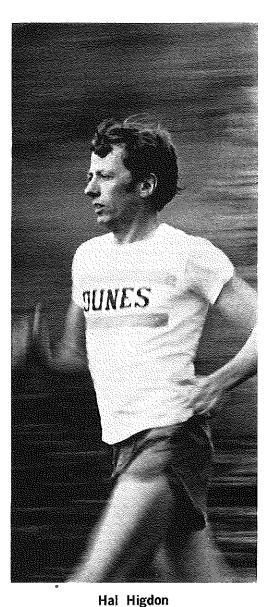
402 Noel Johnson

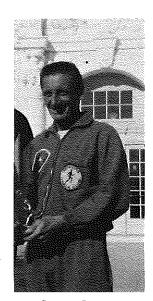


Walt Frederick



William Andberg





Owen Gorman

440 YARD DASH

PRELIMS—JULY 2 AT 6:40
FINALS—JULY 3 AT 4:25
Division 1 Masters Record: 52.3 (1969)—Fitzgerald
Division 2 Masters Record: 56.5 (1970)—Kruppel
Division 3 Masters Record: 1:15.2 (1970)—Frederick

DIV	ISION 1			DI\	ISION 2		
HEAT 1				HEAT 1			
NO. NAME	AFFIL.	PLACE	TIME	NO. NAME	AFFIL.	PLACE	TIME
136 William Fitzgerald	STC			205 Boo Morcom	CDM		
32 Eugene Kamrass	STC			265 Bob McDonald	SDTC		
49 David Fraitag	SDTC			270 Mode Perry	SDTC		
160 Earl Foster	AMH			264 Edward Halpin	STC	700 147	
113 William Stone	CDM			206 Fritiof Sjostrand	SCS		
90 William Cameron	NCSTC		,	218 Edwin Triner	SDTC		
4 Kenneth Hiob	UN			070 1/ 171 1	NCSTC		
HEAT 2	0.11			281 Joseph Sharp	UN		
NO. NAME	AFFIL.	PLACE	TIME	HEAT 2			•
161 George Rhoden	RHOD			NO. NAME	AFFIL.	PLACE	TIME
2 Willis Kleinsasser	STC			260 William Knuppel	SDTC		,,,,,_
	STC			263 John Boyle	SDTC		
98 Harry Talley				231 Ross Winton	CDM		
73 William Thomas	UN			251 RUSS WILLOIT	SDTC		
112 Robert Stone	CDM		<u>,</u>	266 Vincent Godfrey	STC		
137 John Hutchinson	NCSTC						10 to
HEAT 3				279 Leo Bulick	STC		
NO. NAME	AFFIL.	PLACE	TIME	250 Joseph Carey	NCSTC		
184 Oswald Dawkins	STC			FINAL		PLACE	TIME
64 George Puterbaugh	PTC			1		LACE	
33 Roger French	STC			2			
69 William Bennett	UN			3	-w.x	<u></u>	
146 R. Melgosa	NCSTC			4			
76 Jimmye Hillman	UAF			5.			
FINAL				6			
		PLACE	TIME	7	.,		
1.				8,			
2				_			
3							
4				FINAL			
5,					IVISION 3		T114F
6				NO. NAME	AFFIL. STC		TIME
7				307 Walt Frederick			
8				303 Richard Bredenbeck			
9.				310 Virgil McIntyre	STC		
V				309 Fred Bierlein	UN		
				317 James P. Speer	EH		
				325 Earl Shinkoskey	UN		
				326 Jim Duncan	UN	F1960	
				333 Norman Bright	UN		
				338 Bud Duncan	HTKC		
				401 Dave Fowler	SDTC		·
					- · · · -		



Virgil McIntyre



Ross Winton

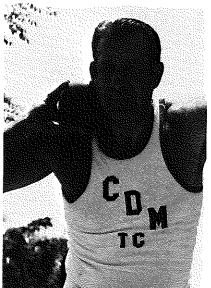
13



Ed Halpin

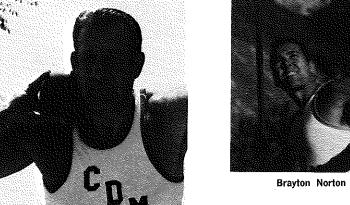


James Speer

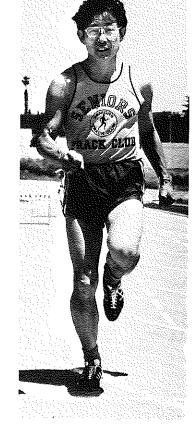


George Ker

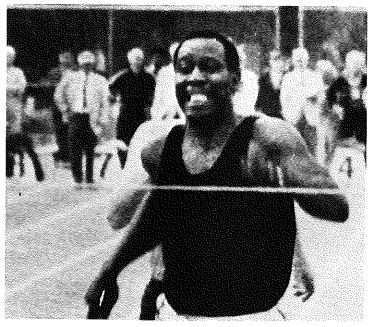
A. J. Puglizevich







Robert Watanabe



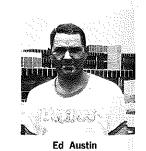
Huel Washington



Eugene Kamrass

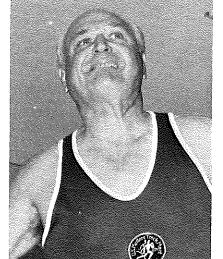


Jack Noble

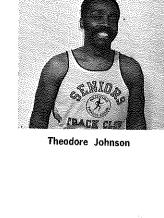




The Mackies



Stan Herrmann

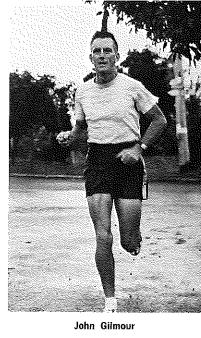


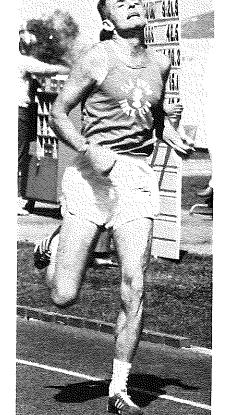
Bill Knuppel



Bill Vann







Ken Bernard

Boo Morcom

Al Cooper

PRELIMS—JULY 3 AT 2:00 FINALS—JULY 3 AT 3:25

Division 1 Masters Record: 23.0 (1970)—Stolpe Division 2 Masters Record: 24.9 (1970)—McDonald Division 3 Masters Record: 30.0 (1970)—Puglizevich

	SION 1		
HEAT 1 NO. NAME 161 George Rhoden 47 Emson Grimm 98 Harry Talley 142 Donald Palmer 46 James Allen 60 W. L. Frederickson 36 Carroll Word 17 Robert Jordan 71 John Poppell	AFFIL. RHOD UN STC CDM UN NCSTC UN UN		TIME
NO. NAME 8 Richard Stolpe 114 Huel Washington 111 Thomas Rice 49 David Fraitag 70 Jack Coy 113 William Stone 92 Hector Andreos 82 Walter De Bruyn 38 James Swanson HEAT 3 NO. NAME 170 Don Badinelli 67 Robert Watanabe 139 Donald Love 95 Ted Rademaker 87 James Chado 77 Robert Reeder 76 Jimmye Hillman 137 John Hutchinson 78 James Kriegh FINALS 1. 2. 3. 4.	AFFIL. CDM RHOD JOGG SDTC UN CDM UN STC AFFIL. CDM STC SDTC RHOD UN	PLACE	TIME
5. 6. 7. 8. 9.			



Al Guidet

DIVISION 2 HEAT 1 NO. NAME AFFIL. PLACE 208 Al Guidet NCSTC 230 Leo Walczuk CDM 231 Ross Winton CDM STC 247 Bob Scharf 279 Leo Bulick STC 281 Joseph Sharp UN SDTC 261 Burl Gist HEAT 2 NO. NAME TIME AFFIL. 223 Robert Foutz CDM 205 Boo Morcom CDM 263 John Boyle SDTC 206 Fritiof Sjostrand 216 Erich Jordan 246 P. E. Patterson SCS STC STC 232 Clifford Burns UN **FINALS** TIME **DIVISION 3** HEAT 1 NO. NAME AFFIL. 310 Virgil McIntyre STC 334 Ken Carnine **NCSTC** 303 Richard Bredenbeck SDTC 326 Jum Duncan UN 325 Earl Shinkoskey UN OC 313 Paul Carmichael UN 328 Ernest Roberson HEAT 2 NO. NAME 327 Michael Andors AFFIL. SDTC 305 A. J. Puglizevich NCSTC 333 Norman Bright UN 320 Larry O'Neil 307 Walt Frederick MATC STC 319 Sing Lum UN 317 James Speer ΕH FINALS DIVISION 3 & 4

SDTC

JULY 3 AT 2:00

Division 1 Masters Record: 217'-11" (229'-3" in Masters 6) (1970)—Held

Division 2 Masters Record 173'-9" (1969)—Morales

Divsion 3 Masters Record 115'-7" (1970)—Carnine

DIVISION 1 NO. NAME 11 Luis Castaneda 15 Brayton Norton 30 Richard Bergenback 38 James Swanson 51 Chester Steele 72 Edward Aveldson 111 Thomas Rice 116 William Miller 119 Bob Kaiser 120 Bud Held 128 James Brownfield 145 Ed Mahany 153 Ed Dowell 154 Robert Perry 166 Richard Straub 178 Peter Holmes	AFFIL. UN CDM SI STC NCSTC UN SDTC CDM UN SDTC STC NCSTC NCSTC NCSTC CDM SDTC RHOD	DISTANCE
DIVISION 2 NO. NAME 201 John Kilbuck 202 Clark Dimond 221 Charles McMahon 224 John Sharp 228 Jerry Sieffert 234 Daniel Aldrich 259 Sandy Patterson 268 Stephan Seymour 269 Bill Morales 273 Karl Thursby	AFFIL. NCSTC SDTC SDTC DYMCA UN CDM UN CDM CDM CDM CDM NCSTC	DISTANCE
DIVISION 3 NO. NAME 301 Stan Herrmann 307 Walt Frederick 311 Delmar Mitchelson 312 Bert Goodrich 318 Robert Ulsh 321 Eddy Lamb 328 Ernest Roberson 329 Rolland Nichols 330 Randolph Hubbell 334 Ken Carnine 339 Harry Bryce	AFFIL. STC STC UN NCSTC SDTC UN BAC STC NCSTC STC NCSTC	DISTANCE



Bob Kaiser



BUD HELD

JULY 3 AT 3:00

Division 1 Masters Record 6'-0" (1970)—Razzetto
Division 2 Masters Record 5'-6" (1969)—Gillett

	Division 3 Masters	Record: 4'-0"	(1970) Bierlein
105 131	Roger French Edward Austin John Noble Hugh Simpson Robert Reeder Robert Peters Joe Page Bob Holmes Ferman McPhatter Robert Perry	AFFIL. STC CDM SDTC UN UN UN IEAC SDTC UN CDM	HEIGHT
NO. 205 226 231 241 259 261 262 274	Robert Ogle Ross Winton Orval Gillett	AFFIL. CDM STC CDM CDM UN SDTC CDM CDM UN STC	HEIGHT
NO. 305 307 309 310 311 315 318 321 322	A. J. Puglizevich Walt Frederick Fred Bierlein Virgil McIntyre Delmar Mitchelson Bill Bigelow Robert Ulsh Eddy Lamb Winfield McFadden Earl Shinkoskey	NCSTC STC UN STC STC UN NCSTC SDTC SDTC UN UN	HEIGHT

9. 401 David Fowler

FINALS—JULY 3 AT 2:45

Division 1 Masters Record: 4:31.8 (1970)—Van Tatanhove Division 2 Masters Record: 4:57.5 (1968)—Gordon Division 3 Masters Record: 2:40.7 (1970)—Clarke

DIVISION 1

FLIGHT 1

FLIGHT 1	_					TIME
NO. NAME 1. 7 Vic Stephens	AFFIL. VOC	PLACE	TIME			
2. 48 Jas. Van Tatenhov				1.	Seniors Track Club "A"	
3. 179 Peter Mundle	SMAA				(Fitzgerald, Holt, Kleinsasser, Gibson, Van Tatenhove)	
4. 130 Frank McBride 5. 74 P. Dougherty III	UN ARMY				van ratemievey	
6. 50 Hal Higdon	DTC					TIME
7. 136 William Fitzgerald	STC	P		2	Seniors Track Club "B"	
8. 109 Ray Gibson 9. 101 Arthur DeLaPorte	STC UN			۲.	(Bryant, Roberts, Kamrass, Dawkins, Post)	
10. 1 Don Coleman	SDTC					
11. 29 John Allen	MMTC		4			TIME
12. 150 Bill Sellers 13. 187 Bill Phillips	UAF SDTC			3.	San Diego Track Club	
15. 167 biii Fililips	3010				(Stock, Fraitag, Phillips, Coleman.	
FLIGHT 2					Alts: Holmes, Thiel)	
NO. NAME	AFFIL.	PLACE	TIME			TIME
1. 160 Earl Foster	AMH				W	
 94 Kenneth Nelson 58 Bill Shank 	UN NCSTC			4.	West Valley Joggers & Striders (James Mackey, Robert Mackey, William Ma	ckov
4. 23 Steve Stephenson	- ARR				Smith. Alts.: Hill, Campbell)	cney,
5. 52 Harry Hill	WVJS	<u> </u>			, ,	
6. 55 Sidney Toabe 7. 124 Emmett Smith	HSTC NCSTC					TIME
8. 165 Hubert Duke	STC			5.	Southern California Striders	
9. 133 David McNair	SDTC				(Medina, Potts, Long, Stuvak.	
10. 152 Fernand Cyr11. 65 Merlyn Midstokke	CDM		Note a service of the		Alts.: Wehrly, Sjostrand)	
11. 00 Merlyli Middlokke	01111717					TIME
DIVIS	SION 2			_	N 11	
NO. NAME	SION 2	PLACE	TIME	6.	Northern California Seniors T.C. (Korener Wood Smith Retschart	
NO. NAME 1. 220 Alan Waterman, Ji	AFFIL. r. SRC		TfME	6.	(Korener, Wood, Smith, Betschart.	
NO. NAME 1. 220 Alan Waterman, Ju 2. 258 A. P. Salmon	affil. r. SRC UN	PLACE	TIME	6.		
NO. NAME 1. 220 Alan Waterman, Jo 2. 258 A. P. Salmon 3. 204 Al Clark 4. 238 Ray Mahannah	r. SRC UN STC STC			6.	(Korener, Wood, Smith, Betschart.	
NO. NAME 1. 220 Alan Waterman, Jol. 258 A. P. Salmon 3. 204 Al Clark 4. 238 Ray Mahannah 5. 267 James Oleson	r. SRC UN STC STC SMAA			6.	(Korener, Wood, Smith, Betschart. Alts.: Holmes, Cameron, Waterman)	
NO. NAME 1. 220 Alan Waterman, Je 2. 258 A. P. Salmon 3. 204 Al Clark 4. 238 Ray Mahannah 5. 267 James Oleson 6. 219 Toby Medina	r. SRC UN STC STC SMAA SCS			6.	(Korener, Wood, Smith, Betschart. Alts.: Holmes, Cameron, Waterman) * DIVISION II	
NO. NAME 1. 220 Alan Waterman, Je 2. 258 A. P. Salmon 3. 204 Al Clark 4. 238 Ray Mahannah 5. 267 James Oleson 6. 219 Toby Medina 7. 252 Clyde Alling 8. 250 Joseph Carey	r. SRC UN STC STC SMAA SCS STC NCSTC			6.	(Korener, Wood, Smith, Betschart. Alts.: Holmes, Cameron, Waterman)	
NO. NAME 1. 220 Alan Waterman, Je 2. 258 A. P. Salmon 3. 204 Al Clark 4. 238 Ray Mahannah 5. 267 James Oleson 6. 219 Toby Medina 7. 252 Clyde Alling 8. 250 Joseph Carey 9. 248 Ralph Schuhart	r. SRC UN STC STC SMAA SCS STC NCSTC STC			6.	(Korener, Wood, Smith, Betschart. Alts.: Holmes, Cameron, Waterman) DIVISION II July 3 at 4:00 p.m. Record: 10:17.5, San Diego Track Club '	'A''
NO. NAME 1. 220 Alan Waterman, Je 2. 258 A. P. Salmon 3. 204 Al Clark 4. 238 Ray Mahannah 5. 267 James Oleson 6. 219 Toby Medina 7. 252 Clyde Alling 8. 250 Joseph Carey	r. SRC UN STC STC SMAA SCS STC NCSTC STC			6.	(Korener, Wood, Smith, Betschart. Alts.: Holmes, Cameron, Waterman) DIVISION II July 3 at 4:00 p.m.	'A''
NO. NAME 1. 220 Alan Waterman, July 2. 258 A. P. Salmon 3. 204 Al Clark 4. 238 Ray Mahannah 5. 267 James Oleson 6. 219 Toby Medina 7. 252 Clyde Alling 8. 250 Joseph Carey 9. 248 Ralph Schuhart 10. 257 James Stephenson	AFFIL. r. SRC UN STC STC SMAA SCS STC NCSTC STC OC			6.	(Korener, Wood, Smith, Betschart. Alts.: Holmes, Cameron, Waterman) DIVISION II July 3 at 4:00 p.m. Record: 10:17.5, San Diego Track Club '	
NO. NAME 1. 220 Alan Waterman, Ji 2. 258 A. P. Salmon 3. 204 Al Clark 4. 238 Ray Mahannah 5. 267 James Oleson 6. 219 Toby Medina 7. 252 Clyde Alling 8. 250 Joseph Carey 9. 248 Ralph Schuhart 10. 257 James Stephenson Division	AFFIL r. SRC UN STC STC SMAA SCS STC NCSTC NCSTC STC n OC SION 3 AFFIL				(Korener, Wood, Smith, Betschart. Alts.: Holmes, Cameron, Waterman) DIVISION II July 3 at 4:00 p.m. Record: 10:17.5, San Diego Track Club (Elrick, Zook, Godfrey, Knuppel)	'A'' TIME
NO. NAME 1. 220 Alan Waterman, Ji 2. 258 A. P. Salmon 3. 204 Al Clark 4. 238 Ray Mahannah 5. 267 James Oleson 6. 219 Toby Medina 7. 252 Clyde Alling 8. 250 Joseph Carey 9. 248 Ralph Schuhart 10. 257 James Stephenson DIVIS NO. NAME 1. 314 William Andberg	r. SRC UN STC STC SMAA SCS STC NCSTC STC OC				(Korener, Wood, Smith, Betschart. Alts.: Holmes, Cameron, Waterman) DIVISION II July 3 at 4:00 p.m. Record: 10:17.5, San Diego Track Club (Elrick, Zook, Godfrey, Knuppel) San Diego Track Club "A"	TIME
NO. NAME 1. 220 Alan Waterman, Je 2. 258 A. P. Salmon 3. 204 Al Clark 4. 238 Ray Mahannah 5. 267 James Oleson 6. 219 Toby Medina 7. 252 Clyde Alling 8. 250 Joseph Carey 9. 248 Ralph Schuhart 10. 257 James Stephenson DIVIS NO. NAME 1. 314 William Andberg 2. 338 Bud Deacon	AFFIL T. SRC UN STC STC SMAA SCS STC NCSTC NCSTC OC SION 3 AFFIL TCTC HKTC		TIME		(Korener, Wood, Smith, Betschart. Alts.: Holmes, Cameron, Waterman) DIVISION II July 3 at 4:00 p.m. Record: 10:17.5, San Diego Track Club (Elrick, Zook, Godfrey, Knuppel)	TIME
NO. NAME 1. 220 Alan Waterman, Je 2. 258 A. P. Salmon 3. 204 Al Clark 4. 238 Ray Mahannah 5. 267 James Oleson 6. 219 Toby Medina 7. 252 Clyde Alling 8. 250 Joseph Carey 9. 248 Ralph Schuhart 10. 257 James Stephenson DIVIS NO. NAME 1. 314 William Andberg 2. 338 Bud Deacon 3. 335 Keene Frick 4. 324 Nelson Williams	r. SRC UN STC STC SMAA SCS STC NCSTC STC OC		TIME		(Korener, Wood, Smith, Betschart. Alts.: Holmes, Cameron, Waterman) DIVISION II July 3 at 4:00 p.m. Record: 10:17.5, San Diego Track Club (Elrick, Zook, Godfrey, Knuppel) San Diego Track Club "A"	TIME
NO. NAME 1. 220 Alan Waterman, Je 2. 258 A. P. Salmon 3. 204 Al Clark 4. 238 Ray Mahannah 5. 267 James Oleson 6. 219 Toby Medina 7. 252 Clyde Alling 8. 250 Joseph Carey 9. 248 Ralph Schuhart 10. 257 James Stephenson DIVIS NO. NAME 1. 314 William Andberg 2. 338 Bud Deacon 3. 335 Keene Frick 4. 324 Nelson Williams 5. 333 Norman Bright	AFFIL r. SRC UN STC STC SMAA SCS STC NCSTC STC n OC SION 3 AFFIL TCTC HKTC TVTC SBAA UN		TIME	1.	(Korener, Wood, Smith, Betschart. Alts.: Holmes, Cameron, Waterman) DIVISION II July 3 at 4:00 p.m. Record: 10:17.5, San Diego Track Club (Elrick, Zook, Godfrey, Knuppel) San Diego Track Club "A" (Perry, Elrick, McDonald, Zook, Knuppel, Go	TIME odfrey)
NO. NAME 1. 220 Alan Waterman, Je 2. 258 A. P. Salmon 3. 204 Al Clark 4. 238 Ray Mahannah 5. 267 James Oleson 6. 219 Toby Medina 7. 252 Clyde Alling 8. 250 Joseph Carey 9. 248 Ralph Schuhart 10. 257 James Stephenson DIVIS NO. NAME 1. 314 William Andberg 2. 338 Bud Deacon 3. 335 Keene Frick 4. 324 Nelson Williams 5. 333 Norman Bright 6. 307 Walt Frederick	AFFIL r. SRC UN STC STC SMAA SCS STC NCSTC STC OC AFFIL TCTC HKTC TVTC SBAA UN STC		TIME	1.	(Korener, Wood, Smith, Betschart. Alts.: Holmes, Cameron, Waterman) DIVISION II July 3 at 4:00 p.m. Record: 10:17.5, San Diego Track Club (Elrick, Zook, Godfrey, Knuppel) San Diego Track Club "A" (Perry, Elrick, McDonald, Zook, Knuppel, Go	TIME odfrey)
No. NAME 1. 220 Alan Waterman, Je 2. 258 A. P. Salmon 3. 204 Al Clark 4. 238 Ray Mahannah 5. 267 James Oleson 6. 219 Toby Medina 7. 252 Clyde Alling 8. 250 Joseph Carey 9. 248 Ralph Schuhart 10. 257 James Stephenson DIVIS No. NAME 1. 314 William Andberg 2. 338 Bud Deacon 3. 335 Keene Frick 4. 324 Nelson Williams 5. 333 Norman Bright 6. 307 Walt Frederick 7. 303 R. Bredenbeck 8. 304 James Bole	AFFIL r. SRC UN STC STC SMAA SCS STC NCSTC STC NCSTC TCTC HKTC TVTC SBAA UN STC SDTC STC		TIME	1.	(Korener, Wood, Smith, Betschart. Alts.: Holmes, Cameron, Waterman) DIVISION II July 3 at 4:00 p.m. Record: 10:17.5, San Diego Track Club (Elrick, Zook, Godfrey, Knuppel) San Diego Track Club "A" (Perry, Elrick, McDonald, Zook, Knuppel, Go	TIME odfrey)
NO. NAME 1. 220 Alan Waterman, Jec. 258 A. P. Salmon 3. 204 Al Clark 4. 238 Ray Mahannah 5. 267 James Oleson 6. 219 Toby Medina 7. 252 Clyde Alling 8. 250 Joseph Carey 9. 248 Ralph Schuhart 10. 257 James Stephenson DIVIS NO. NAME 1. 314 William Andberg 2. 338 Bud Deacon 3. 335 Keene Frick 4. 324 Nelson Williams 5. 333 Norman Bright 6. 307 Walt Frederick 7. 303 R. Bredenbeck	AFFIL r. SRC UN STC STC SMAA SCS STC NCSTC STC OC AFFIL TCTC HKTC TVTC SBAA UN STC SDTC		TIME	1.	(Korener, Wood, Smith, Betschart. Alts.: Holmes, Cameron, Waterman) DIVISION II July 3 at 4:00 p.m. Record: 10:17.5, San Diego Track Club (Elrick, Zook, Godfrey, Knuppel) San Diego Track Club "A" (Perry, Elrick, McDonald, Zook, Knuppel, Go San Diego Track Club "B" (Wendling, Abbe, Redpath, Moar.	TIME odfrey
No. NAME 1. 220 Alan Waterman, Jec. 258 A. P. Salmon 3. 204 Al Clark 4. 238 Ray Mahannah 5. 267 James Oleson 6. 219 Toby Medina 7. 252 Clyde Alling 8. 250 Joseph Carey 9. 248 Ralph Schuhart 10. 257 James Stephenson DIVIS No. NAME 1. 314 William Andberg 2. 338 Bud Deacon 3. 335 Keene Frick 4. 324 Nelson Williams 5. 333 Norman Bright 6. 307 Walt Frederick 7. 303 R. Bredenbeck 8. 304 James Bole 9. 308 Miguel Hidalgo	r. SRC UN STC STC SMAA SCS STC NCSTC STC OC SION 3 AFFIL TCTC HKTC TVTC SBAA UN STC SDTC STC SFYM		TIME	1.	(Korener, Wood, Smith, Betschart. Alts.: Holmes, Cameron, Waterman) DIVISION II July 3 at 4:00 p.m. Record: 10:17.5, San Diego Track Club (Elrick, Zook, Godfrey, Knuppel) San Diego Track Club "A" (Perry, Elrick, McDonald, Zook, Knuppel, Go San Diego Track Club "B" (Wendling, Abbe, Redpath, Moar.	TIME odfrey)
No. NAME 1. 220 Alan Waterman, Jec. 258 A. P. Salmon 3. 204 Al Clark 4. 238 Ray Mahannah 5. 267 James Oleson 6. 219 Toby Medina 7. 252 Clyde Alling 8. 250 Joseph Carey 9. 248 Ralph Schuhart 10. 257 James Stephenson DIVIS No. NAME 1. 314 William Andberg 2. 338 Bud Deacon 3. 335 Keene Frick 4. 324 Nelson Williams 5. 333 Norman Bright 6. 307 Walt Frederick 7. 303 R. Bredenbeck 8. 304 James Bole 9. 308 Miguel Hidalgo	r. SRC UN STC STC SMAA SCS STC NCSTC STC OC SION 3 AFFIL TCTC HKTC TVTC SBAA UN STC SDTC STC STC STC STC STC STC STC STC STC S	PLACE	TIME	1.	(Korener, Wood, Smith, Betschart. Alts.: Holmes, Cameron, Waterman) DIVISION II July 3 at 4:00 p.m. Record: 10:17.5, San Diego Track Club (Elrick, Zook, Godfrey, Knuppel) San Diego Track Club "A" (Perry, Elrick, McDonald, Zook, Knuppel, Go San Diego Track Club "B" (Wendling, Abbe, Redpath, Moar. Alts.: Knowles, Knisley) Seniors Track Club	TIME odfrey
No. NAME 1. 220 Alan Waterman, Jec. 258 A. P. Salmon 3. 204 Al Clark 4. 238 Ray Mahannah 5. 267 James Oleson 6. 219 Toby Medina 7. 252 Clyde Alling 8. 250 Joseph Carey 9. 248 Ralph Schuhart 10. 257 James Stephenson DIVIS No. NAME 1. 314 William Andberg 2. 338 Bud Deacon 3. 335 Keene Frick 4. 324 Nelson Williams 5. 333 Norman Bright 6. 307 Walt Frederick 7. 303 R. Bredenbeck 8. 304 James Bole 9. 308 Miguel Hidalgo	r. SRC UN STC STC SMAA SCS STC NCSTC STC OC SION 3 AFFIL TCTC HKTC TVTC SBAA UN STC SDTC STC STC STC STC STC STC STC STC STC S	PLACE	TIME	1.	(Korener, Wood, Smith, Betschart. Alts.: Holmes, Cameron, Waterman) DIVISION II July 3 at 4:00 p.m. Record: 10:17.5, San Diego Track Club (Elrick, Zook, Godfrey, Knuppel) San Diego Track Club "A" (Perry, Elrick, McDonald, Zook, Knuppel, Go San Diego Track Club "B" (Wendling, Abbe, Redpath, Moar. Alts.: Knowles, Knisley)	TIME odfrey TIME

2 MILE RELAY

DIVISION 1

July 3 at 3:45 p.m.

Record: 8:40.7 (1970), Seniors Track Club "A" (Holt, Gil, Kleinsasser, Van Tatenhove)

TRIPLE JUMP

JULY 3 AT 4:00

Record 34'-1" (1968)-McPhatter (Event not held '69 or '70)

DIVISION 1 NO. NAME	AFFIL.	DISTANCE
35 Bruce Grant	NCSTC .	
38 James Swanson	STC .	
47 Dave Hayworth	SDTC	
105 Joe Page	IEAC .	
111 Thomas Rice	SDTC .	
127 Robert Fess	STC .	
132 Ferman McPhatter	UN .	
155 Phillip Schlegel	CDM .	_
DIVISION 2		
NO. NAME	AFFIL.	DISTANCE
203 Bob Long	SCS .	
205 Boo Morcom	CDM .	
224 Jon Sharp	DYMCA	
226 Robert Ogle	STC .	
239 Gordon Farrell	OTC	
	STC .	
241 Orval Gillett	CDM _	
241 Orval Gillett 259 Sandy Patterson	CDM _ UN _	
241 Orval Gillett 259 Sandy Patterson 272 Joseph Gross	CDM _ UN _ STC _	
241 Orval Gillett 259 Sandy Patterson 272 Joseph Gross 274 Will Parkes	CDM L UN L STC L UN L	
241 Orval Gillett 259 Sandy Patterson 272 Joseph Gross 274 Will Parkes 275 Edward Lowell	CDM L UN STC L UN STC L	
241 Orval Gillett 259 Sandy Patterson 272 Joseph Gross 274 Will Parkes 275 Edward Lowell 311 Delmar Mitchelson	CDM - UN - STC - UN - STC - STC -	
241 Orval Gillett 259 Sandy Patterson 272 Joseph Gross 274 Will Parkes 275 Edward Lowell	CDM L UN STC L UN STC L	

1 MILE WALK

JULY 3 AT 4:45 P.M.

DIVISION 1

Masters Record: 7:12.5 (1970)---Kelly

DITIOIO11 2			
NO. NAME	AFFIL.	PLACE	TIME
5 Jack Westerdoll	SW/AM		
34 John McLachlan	SCS		
42 Ross Smith	WVJS		
54 Jim Gorrell	STC		
84 John Kelly	SCS		
107 Justin Gershuny	WJCC		
108 George Lundmark	CTC		
164 Howard Barnes	STC		
101 1107/414 2411100	0.0		<u></u>
DIVISION 2			
212 Max Gould	GAC		
213 Donald Johnson	SAC		
240 Donald Jacobs	PTC		
242 Jack Cook	UNA		
271 Phillip Mooers	WVTC		
271 11111111111111111111111111111111111			h.i./
DIVISION 3			
302 Karl Fishbach	YMHA		
317 James Speer	EH		
320 Larry O'Neil	MATC		
525 Edity 5 Hon	1117110		
DIVISION 4			
401 Dave Fowler	SDTC	_,	
	· -		
			19

SPECIAL WOMEN'S MILE

JULY 2 AT 4:15

Note: This is an impromptu addition to the program and will be held only if there are at least four entrants. Please indicate your interest to the Registration Clerk at the southeast corner of the Stadium before 2:00 p.m. on July 3.

MILE RELAY

DIVISION I

July 3 at 5:40 p.m.

Record: 3:41.8 (1970), Seniors T.C. "A" (Kleinsasser, Holt, Wallace, Von Tatenhove)

	TIME
West Valley Joggers & Striders _ (James Mackey, Robert Mackey, William Bluefield. Alts.: Smith, Hill)	
	TIME
Seniors Track Club "A"	nrass, Holt)

TIME

TIME

TIME

TIME

3.	Seniors Track Club "B"	No. 11 1000
	(Kleinsasser, French, Gibson,	Bryant and Post)

4.	Northern California Seniors T.C.
	(Mahany, Frederickson, Holler, Fields
	Alts.: Manougian, Rademaker, Wood)

5. San Diego Track Club (Fraitag, Stock, Rice, Love. Alts.: Hamilton, Holmes)

DIVISION II

July 3 at 5:50 p.m.

Record: 4:14.9, San Diego Track Club "B" (Zook, Reiner, Godfrey, Knuppel)

1. San Diego Track Club (Knuppel, Boyle, Perry, McDonald. Alts.: Salmon, Godfrey) TIME 2. Seniors Track Club

(Halpin, Bulick, McIntyre, Sjostrand. Alts.: Mahannah)

1.

2.

SHOT PUT

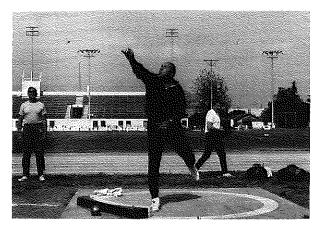
JULY 3 AT 5:00

Division 1 Masters Record: 45'-9" (1968)—Bangert (16#)

Division 2 Masters Record: 53'-10" (1970)—Heard (12#)

Division 3 Masters Record: 41'-113'4" (1970)—Bryce (8#)

DIVISION 1 NO. NAME 11 Luis Castaneda 13 George Ker 14 Howard Payne 51 Chester Steele 66 Richard Baum 79 Allan Morris 111 Thomas Rice 119 Bob Kaiser 154 Robert Perry 168 John Pavelich 180 Bill Bangert	AFFIL. UN CDM BH NCSTC STC UN SDTC UN CDM VIC UN	DISTANCE
No. NAME 201 John Kilbuck 216 Erich Jordan 221 Charles McMahon 223 James Thickstun 231 Ross Winton 234 Dan Aldrich 244 Nathaniel Heard 248 Ralph Schuhart 249 Jack Thatcher 256 Jim Delaney 259 Sandy Patterson 262 Don Winton 280 Dave Shrader	AFFIL. NCSTC STC SDTC UN CDM CDM CDM STC CDM CDM UN CDM UN	DISTANCE
DIVISION 3 NO. NAME 301 Stan Herman 305 A. J. Puglizevich 311 Delmar Mitchelson 312 Bert Goodrich 318 RobertUlsh 321 Eddy Lamb 327 Michael Andors 329 Rolland Nichols 330 Randolph Hubbell 334 Ken Carnine 336 W. T. Mackey 339 Harry Bryce	AFFIL. STC NCSTC STC UN NCSTC SDTC SDTC BAC STC NCSTC WVJS SDTC	DISTANCE



Charles McMahon

5000 METERS

(NEW EVENT) JULY 3 AT 6:00

Division 1 Masters 3-Mile Record: 14:51.8 (1969)—Mundle Division 2 Master 3-Mile Record: 16:39.6 (1969)—Bould Division 3 Masters 3-Mile Record: 19:27.0 (1969)—Frederick

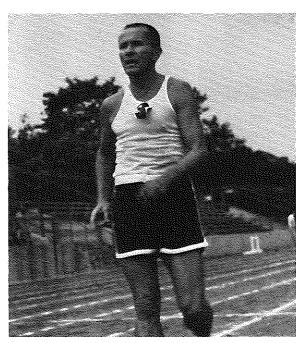
Division 3 Masters 3-Mile R	ecord: 19:	27.0 (19	69)—Frederick
DIVISION 1 NO. NAME	AFFIL.	PLACE	TIME
6 Bill Stock	SDTC		
7 Vic Stephens	VOC		
19 Vince DeCiutiis	STC		
20 Peter Wood	NCSTC		
21 Michael Neal	ŲN		
25 Alex Ratelle	ŬŃ		•
41 Newton Caldera	STC		
52 Harry Hill	WVJS		
54 Jim Gorrell	STC		
55 Sidney Toabe	HSTC		
57 Theodore Althausen	OC		
61 John Noble	SDTC		
64 George Puterbaugh	PTC		
65 Merlyn Midstokke	SMAA		
74 Skip Dougherty	ARMY		
88 Lew Roberts	STC		
101 Arthur De La Porte	UN		
106 Allen Fisher	VOC		
117 Dave Davis	SDTC		
125 Allan Bangs	SMAA		
133 David McÑair	SDTC		
137 John Hutchinson	NCSTC		
141 William Vann	USMC		
150 Bill Sellers	UAF		
169 Charles Hunt	SDTC		
172 Glen Hellenga	SUM		
175 Thomas Lienhard	LAAC		
177 Tom Sturak	SCS		
179 Peter Mundle	SMAA		
188 George Conlan	QC		
189 Don Pickett	OC		
Dilliana.			
DIVISION 2			
NO. NAME	AFFIL,	PLACE	TIME
203 Bob Long	STR		
214 John Gilmour 215 Cliff Bould	CANN		
217 John Montoya	MELV		
220 Alan Waterman	STC SRC		
237 John Wall	USNR		
050 4 5 6 1			
258 A. P. Salmon 267 James Oleson	UN SMAA		
277 Harry Harder	HSTC		
277 Harry Harder	11010		
DIVISION 3			
NO. NAME	AFFIL.	PLACE	TIME
303 Richard Bredenbeck	SDTC	1 2102	
304 James Bole	STC		
307 Walt Frederick	ŠTČ		
308 Manuel Hidalgo	ŠFY		
313 Paul Carmichael	OC.		
314 William Andberg	TCTC		
315 Bill Bigelow	ÜŇ		
317 James Speer	EH		
324 Nelson Williams	SBAA		
333 Norman Bright	UN		
335 Keene Frick	TVTC		
337 Curt Hardick	SDTC		

20 KILOMETER WALK

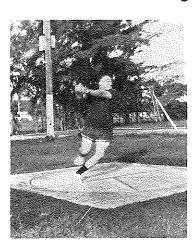
JULY 4 AT 6:45 A.M.

Masters Record: 1:42:55 (1970)—Kelly

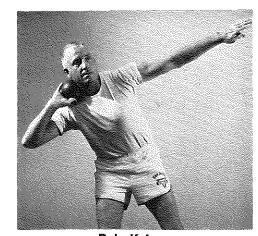
DIVISION 1					
NO.	NAME	AFFIL.	PLACE	TIME	
5	John Westerdoll	SW/AM			
34	John McLachlan	SCS			
47	Dave Hayworth	SDTC			
	John Kelly	SCS			
	Justin Gershuny	CTC			
	Howard Barnes	STC			
DIVIS	DIVISION 2				
212	Max Gould	GAC			
213	Donald Johnson	SAC			
	Chris Clegg	LAAC			
	Donald Jacobs	PTC			
	Phillip Mooers	WVTC			
DIVISION 3					
	Martti Laitinen	SNOH			
	Larry O'Neil	MATC			
JZQ	Larry O Nen	WAIC			



Bob Long

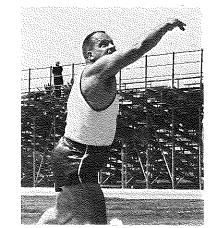


Sandy Patterson



Bob Kaiser





Jack Thatcher



Pat Patterson

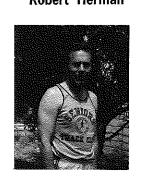




Bud Trantham



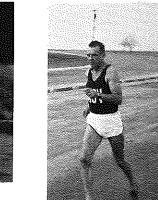
Robert Herman



Carroll Word



Erich Jordon

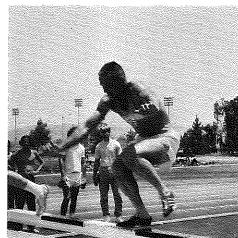


Vince De Ciutiis

James Oleson



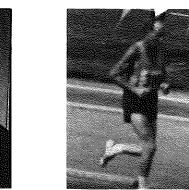
Urban Miller



Bill Stock



Peter Holmes Robert Perry



22

Noel Johnson

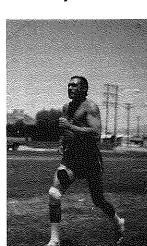


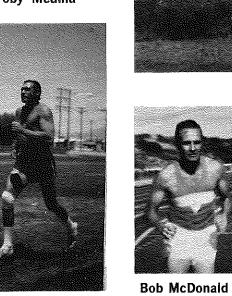
Everett Stahl

Ray Williams

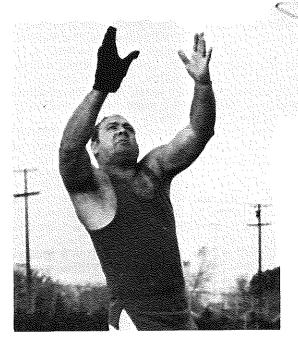


Toby Medina





Luis Castaneda



CHESTER STEELE

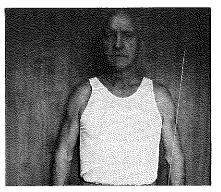


Joe Shea

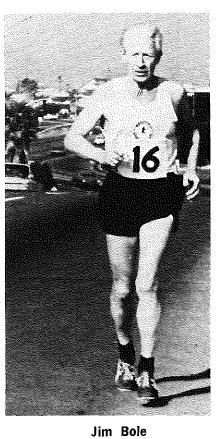




John Garcia 23

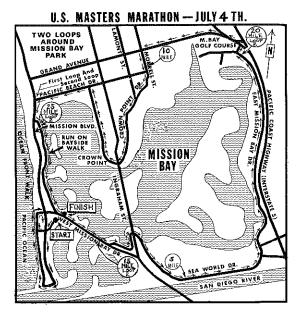


Richard Bredenbeck





Robert Foutz



1971 MASTERS MARATHON INSTRUCTIONS

Check in at 6:00 A.M. July 4, 1971 West of West Mission Bay Drive-across from the Bahia Hotel. (Dressing area and showers are at Mission Bay Plunge—to the west of Mission Boulevard in Belmont Park). Race starts promptly at 6:45 A.M. west of Mission Bay Drive (across from the Bahia Hotel) and then circles Belmont Park via San Fernando Place, Ocean Front Walk, Ventura Place and back down Mission Boulevard to the Jetty. Turn right toward the parking lot there and right again onto Ocean Front Walk to Ventura Place. This time cross Mission Boulevard and continue east on the left side of the road past Bahia Hotel and over Ventura Bridge on West Mission Bay Drive. Turn left just past Ventura Bridge and continué around Dana Marina parking lot and across Ingraham Street toward Atlantis Restaurant, then hard right and, keeping to the right here. pass the entrance to Sea World and go around East Mission Bay via Sea World Drive and East Mission Bay Drive.

At De Anza Cove continue straight ahead to Grand Avenue and around Mission Bay Golf Course to Morrell Street, left on Morrell and around Crown Point via Crown Point Drive and Riviera Drive, left on Pacific Beach Drive and left again at Mission Boulevard to San Rafael Place and then right onto Bayside Walk to Mission Bay Drive at the Bahia.

Repeat the loop around Mission Bay to the finish in front of the Bahia Hotel,

THE MARATHON

If you are over 40 and like to run long distances, chances are you are in trouble in your community.

You fit in like a crew cut in a rock band. You are a freak to your friends and a security risk to the authorities. Be careful on an early morning run. You might wind up with your feet planted wide, leaning against a patrol car, explaining to a sheriff's deputy you aren't a burglar. Watch it on the country roads. The motorist who used to aim at bike riders has a new mark. You.

Don't tell your neighbors you plan to run the marathon. Twenty-six miles, 385-yards? Why not walk on hot coals for your kicks? Go over Niagara Falls in a barrel.

You can't blame the neighbors for rating you on a social level with the hippie, the campus militant and the underground movie producer. They don't see you in your proper role—as an astute advocate of physical fitness and mental alertness. What they see is a dum dum on the street at dawn in his underwear.

Once you adjust to the unsympathetic response from the uninitiated, you get on with the fun part—training.

Early in the game you learn that blisters can be irritating and even bloody. But you forget them at a certain point—like when a sore muscle becomes unbearable. Later, a sore muscle is nothing compared to the agony of an injured Achilles tendon. And that is mild up against the pain that follows separation of the metatarsal bones in your foot.

But you carry on and there comes a time when injuries are no longer a factor. You learn to live with them.

Next is the problem of making your body function correctly on a long distance run.

The marathon, for instance, takes more than strong legs and a good heart. The method is to run within the limits of your circulatory system which must deliver nutrients to the muscles, remove waste, and keep the body temperature at a safe level. A breakdown in the process disrupts the cooling system in the body and the resulting high temperature causes the runner to quit or collapse. You avoid this by staying within your limits and taking as much liquid and salt along the way as you can handle.

With all this working against you — your role as neighborhood kook, the aches and pains, the techniques required to avoid collapse — the question that cries for an answer is, why? What's it all about?

A look back in Greek history might help explain in part.

The key year is 490 B.C. The action is "where the mountains look on Marathon and Marathon looks on the sea."

A small force of Greek soldiers hacks away at an army of Persian invaders.

The Greeks are outnumbered but they have the psychological advantage. It's their home grounds. In a furious attack, they drive the Persians to the sea.

Leader of the route is Miltiades. As the Persians flee to their ships, his thoughts turn to Athens. He envisions the town's elders, gathered in the market-place, worrying about the battle. Should they evacuate the city or prepare a victory feast? Miltiades summons Pheidippides, a soldier and a great runner, and orders him to carry news of the victory to Athens.

The soldier sheds his armor, tosses aside his shield and sets off over the hills. He completes the tortuous run, delivers the message, then falls dead of exhaustion.

Fadeout . . .

The years pass and it is 1896. Several nations have joined to revive the ancient Olympic Games that ran from 776 B.C. to 394 A.D. An event not included in the original competition is added in honor of the run made in 490 B.C. by Pheidippides. It is a run over the same course. They call it the marathon, and appropriately, it is won by a Greek.

Today, the marathon, the ultimate challenge in long distance running, is gaining rapidly in popularity.

And, as long as it is there—the marathon—why not run it?

MARATHON

(Sponsored by the United States National Bank)
JULY 4 AT 6:45 A.M.

Masters Record: 2:45:10.2 (1970)—Parnell

DIVIS	SION 1	9	
NO.	NAME	AFFIL.	TIME
3	Robert Bruce	UN	
12	Talmage Morrison	CCC	
18	John Romero	LVTC	
	Vince de Ciutiis	STC	
	Michael Neal	ÜÑ	
	David Parker	NVP	
23	Steve Stephenson	ARR	
23 24	Joseph Shea	BAA	
25		UN	
27	Alex Ratelle		
	Don Jones	STC	
28	Oyvind Frock	STC	
31	Charles Hanson	CSU	
	Howard Miller	UWRC	
40	Merle Hamilton	SDTC	
	Ross Smith	WVJS	
	James O'Neil	OC	
	Everett Stahl	LASD	
50	Hal Higdon	DTC	
56	Rex Dietderich	NCSTC	
59	Byron Potts	SCS	
62	Robert Johnson	STC	
65	Merlyn Midstokke	SMAA	
81	L. V. Padgett	SDTC	
83	Frank Katterman	UAF	
	Dennis Coveney	VOC	
86	Norman Alsobrook	CCCD	
	Lew Roberts	STC	
	Herb Weisheit	SDTC	
	Arthur De La Porte	UN	
102	Tony Gomez	UN	
103	Michael Murray	SDTC	
	Ernest Wake	SDTC	-
121	Malcolm Davis	RR	
	Emmett Smith	NCSTC	
126	Lloyd Miller	LACSD	
	Conrad Eroen	STC	
130	Frank McBride	UN	
	David McNair	SDTC	
	Owen Gorman	STC	
140	Hal Sheppard	SDTC	
143	Richard Eby	SDTC	
144	William Gordon	UN	
148	A. Sweeney	VOC	
156	Larry Fox	NCSTC	
159	William Freedman	LVTC	
181	Rodney Busey	WICH	
183	William Fix	SPOK	
	Brian Freeman	SDTC	
107	Bill Phillips	SDTC	
100	Coorgo Conlon		
100	George Conlan Don Pickett	00	
		00	
190	Joel Baldwin	SDTC	
	SION 3		
NO.		AFFIL.	TIME
301	James Bole	STC	
307	Walt Frederick William Andberg	STC	
314	William Andberg	TCTC	
323	Urban Miller	SDTC	

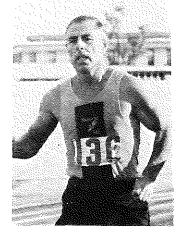
UN

333 Norman Bright

DIVISION 2					
NO.	NAME	AFFIL.	TIME		
203	Bob Long	SCS			
204	Al Clark	STC			
207	Wayne Zook	SDTC			
	Albert Cooper	STC			
	John Gilmour	CANN			
	Cliff Bould	MELV			
	John Montoya	STC			
	John Garcia	UN			
	Leroy Zimmerman	UAF			
	Leo Henrickson	SDTC			
	John Wall	USNR			
	Donald Logan	NYRR			
	Richard Steiner	STC			
	James Stephanson	ÖC			
	A. Brunner	ŬŇ			
	Don Swinney	SDTC			
202	Don Swilliey	ODIO			
DIVISION 4					
NO.	NAME	AFFIL.	TIME		
402	Noel Johnson	SDTC			



Al Clark



Cliff Bould

Special—and long overdue—thanks are extended to Dr. William Herrick, of the San Diego Track Club, for his support of the Masters Marathon. He, for the third year, has contributed the money for the purchase of the tee shirts for all Masters Marathon competitors.

THE FRANK TEPPER STORY

The "Frank Tepper Story" is one which can be best appreciated by people who have participated in Track and Field, and especially those in the over-40 age category. As is the case with track and field participation, Frank's story involves a struggle to achieve the best of one's potential — even in the face of extremes of pain and fatigue, and against all adversity.

Superficially, Frank's problems would seem obvious. Frank Tepper, age 23, is Coach of the University of Arizona Faculty Track Club, members of which are all age 40 or over.

How does a young coach, under these circumstances, maintain a proper attitude of discipline among his athletes? Frank has solved the problem: he doesn't try! Over-40 athletes are a strong-willed bunch in general, and the academic-types perhaps the worst of all. While Frank advocates interval training, his training advice is generalized and simple: "Do what ever you want, but do it to the maximum."

To understand why he believes so much in this, it is necessary to know the rest of the "Frank Tepper Story." Frank grew up in North Hollywood and attended U.S. Grant High School. After an undistinguished athletic career in high school, he enrolled in L.A. Valley College and was taken under the wing of Coach Laszlo Tabori. Tabori's rigorous interval training taught Frank standards of self-discipline which were to prove to be of immense value in his later life. In addition, Frank matured from a mediocre to a top-flight junior college runner. His best half-mile was about 1:52 but his all-time best performance was a 46.7 quarter in a mile relay which he ran in 1968. It was probably on the basis of this quarter mile that Coach Carl Cooper recruited Frank to run for the University of Arizona track team.

At Arizona, hindered by an injured ankle, his iunior year was relatively unimpressive. But big things were expected for his senior year. His halfmile times were slowly being lowered and Frank was optimistically hoping for a breakthrough soon into the 1:51's or maybe even the 1:50's. Then one afternoon in May 1969, Frank's dreams of track achievement were brought to a crashing halt. While doing 110 wind-sprints on the infield, he was suddenly cut down by a wildly thrown discus. He was hit solidly in the side of the head and massive damage was done to his skull and brain. Even with the best of medical care, Frank remained unconscious day after day, with bloot clots, hemorrhaging, and bone splinters constantly threatening his life. After more than two weeks most of his friends had begun to lose hope that he would ever again regain consciousness.

Then, after 28 days he finally showed some slight response, but it was apparent at this time that he was almost completely paralyzed. An ordinary person might have given up and remained a vegetable, but not Frank. With all these problems, he set out to achieve two major goals: to pass the few units still remaining for his graduation from the University, and to begin a program of physical fitness. Both proved to be major undertakings.



Coach Frank Tepper and His "Boys"

His overall situation began to show gradual improvement, but there were many setbacks. Finally, because of medication problems, he had to drop out of school before mid-year. However, before he left he helped to organize the University Faculty Track Club, and starting several people on interval training schedules. The achievements of these runners at the 1970 Masters were not outstanding, but Dr. Sellers' 5th place in the Division I 2-mile and sub-5-minute mile run were thrills Frank would not soon forget.

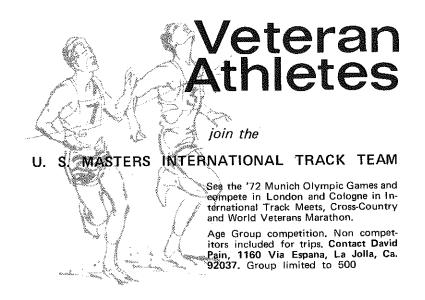
Then, in September 1970, Frank returned to the University. His academic progress was still painfully slow, but his physical improvement came in leaps and bounds.

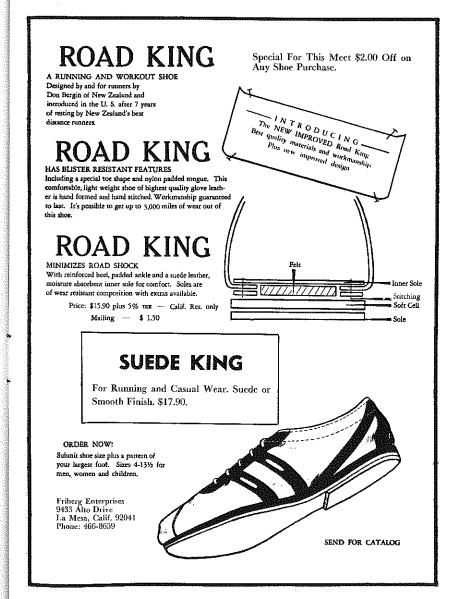
By the middle of the Spring Semester, however, he had run a 6:03 mile, a 29.6 220, a 2:44 half, and a 82:00 10-mile. All unimpressive times to Frank, but amazing when one considers that the route of his progress began with almost complete paralysis. And perhaps even more important, he got a "C" in his Spring Semester course.

Frank still learns slowly, his speech is sometimes sluggish, his walk is a slight shuffle, and he still occasionally has a seizure . . . but he has come a long way. His natural enthusiasm and joy of life have never been lost, and he knows now that he will eventually graduate from the University and will be able to live a contributing and successful life.

Coach Tepper's "Boys" will be on display again in the 1971 Masters. Few awards will be won — he doesn't have much material to work with (even though he put in considerable time recruiting). However, Frank will expect maximum effort from every one, and with Frank himself as an example, how could he get any less?

Russell Davis University of Arizona Faculty Track Club





EUROPEAN COMPETITION FOR MASTERS ATHLETES

David H. R. Pain

The U. S. MASTERS TRACK AND FIELD CHAM-PIONSHIPS have come a long way since their inauguration by the San Diego Track Club in 1968. The meet is now generally accepted by veteran athletes as their national championship event. Official recognition came this year when the AAU for the first time sanctioned the U. S. MASTERS as THE national championships for veteran athletes. With this sanction will come in future years district AAU masters meets in all parts of the country culminating with the now well-established U. S. Masters. In four short years a new nationwide fitness program has been born.

The degree of interest as well as quality of competition has been such that many U. S. Masters athletes have banded together to form an international track and field team to journey to Europe in

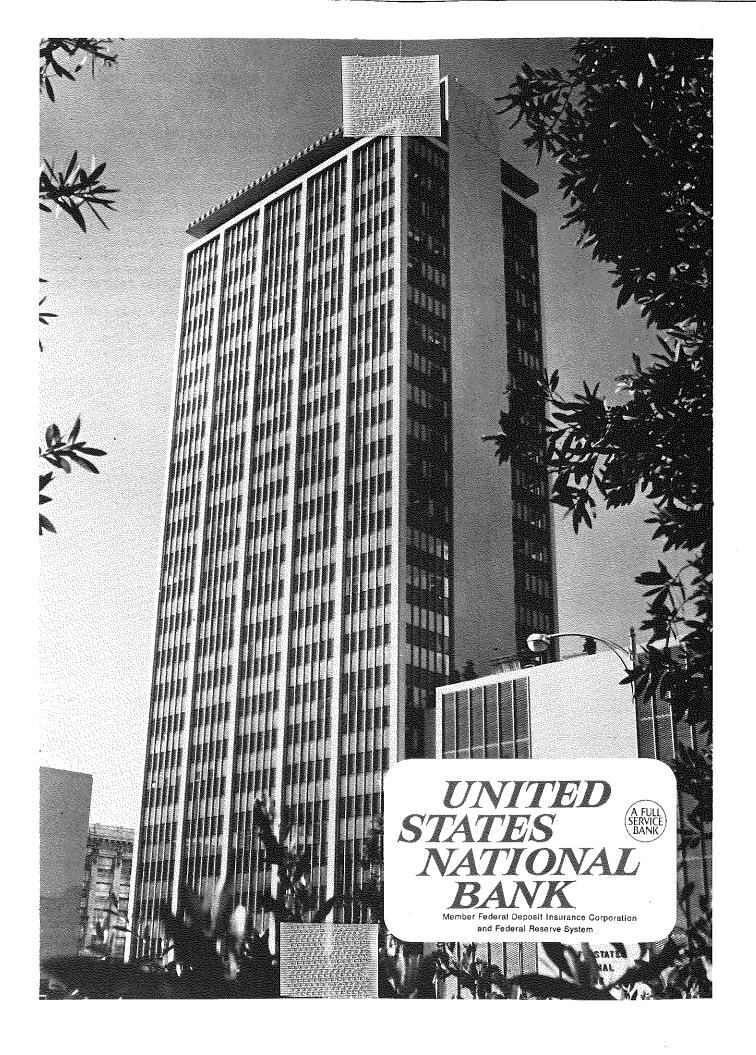
More than 200 athletes plus their families have signed up for a four-week tour to commence August 20th and to return September 21, 1972.

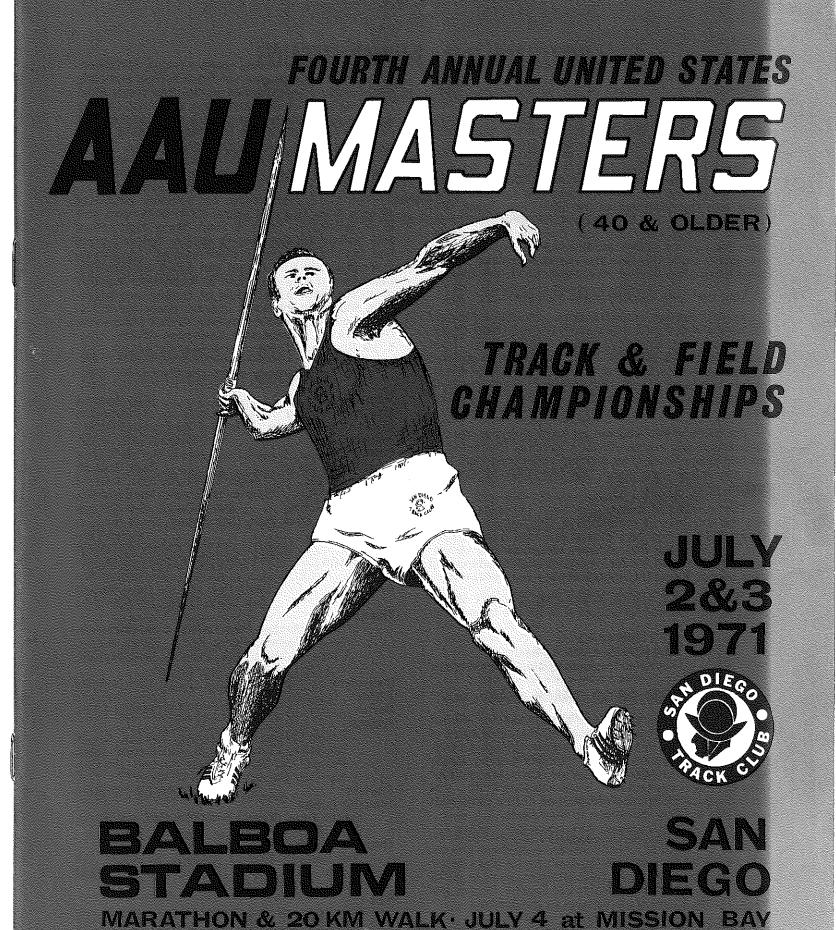
The athletes will gather in Los Angeles or San Francisco before departure for a kick-off meet and get-together and will then depart for London where they will compete in a cross-country event in Epping Forest and the All-British Isles Veteran Track & Field Championships at the British National Sports Center located on the site of the old Crystal Palace. This magnificent modern sports facility complete with tartan track will be the training site for the British Olympic team prior to their departure for Germany.

After six days in London, our team moves on to Munich for the Olympic Games. Since tickets are scarce and not all of our veteran team members are interested in viewing the Olympics, a two-week tour to Sweden will be available as an alternate. Athletes going to Scandinavia can expect lots of exhilarating competition hopefully highlighted by a Masters Meet in Stockholm against Sweden's best veteran athletes.

The Olympics conclude September 10th after which the Masters Team will meet in Cologne (Koln) Germany to engage in track and field competition with the German vets with the main feature being the World Veterans Marathon which will also include the 5,000 and 10,000 meters. The World Vets is generally accepted as the premier marathon with the best veteran athletes gathering world-wide for this event. Last year this event run in Sweden had ten men break 2:30 with a winning 2:24. These times are considered good by U. S. standards for open competition and must rate as exceptional where every entrant is 40 or older.

The European veterans excel at distances in excess of 1,500 meters. Our team will include sprinters, middle distance runners, as well as field event members. By arriving with a full complement of athletes we hope to stimulate veteran track and field abroad and inject this element into their present distance running program.





Sponsors: San Diego Track Club, San Diego Rec. Dept.

SOUVENIR PROGRAM \$1.00