Masters Marathon Champion
Runs Classic for Last Time

By JANE WILLIAMS

The 3rd Annual U.S. Masters Track and Field Championships were held at Stanford, California, in May 1984. One of the highlights was the Masters Marathon, which was won by the 80-year-old Harry Koerner from New York City. Koerner, who has run the New York Marathon every year since it began, also won the 10,000-meter run in 1981 and the 5,000-meter run in 1982.

Sport Helps Heal the Mind

By JANE WILLIAMS

Hartshorne: the Loneliness Of a Long Distance Runner

Rolf Edsall is a name that will be remembered for a long time. He was a successful coach and a mentor to many of the finest runners in the world. Edsall was known for his dedication to the sport and his ability to inspire his athletes. He passed away in 1984, but his legacy lives on through the many runners who were fortunate enough to have been his students.

Prophecy Fulfilled

By JANE WILLIAMS

Last year's prophecy by Paul T. Smith, president of the U.S. Masters Track and Field Association, came true. Smith predicted that there would be a major breakthrough in the sport of masters track and field, and he was right. The association has seen a significant increase in membership and participation in recent years.

2nd In Masters Track Runners Too Tough, Morcom Tries Vault

By JANE WILLIAMS

The 2nd Annual U.S. Masters Track Championships were held at Stanford, California, in May 1984. The event featured a variety of track and field events, including the masters marathon, which was won by the 80-year-old Harry Koerner from New York City. Koerner, who has run the New York Marathon every year since it began, also won the 10,000-meter run in 1981 and the 5,000-meter run in 1982.
Three National Masters Track Marks Tumble

By BILL WILLIAMSON

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