

Pam Zimmerman, first W55 (15.1), and Magdalena Kuehne, first W70 (17.7), Central Calif. Championships/Visalia Classic, May 18.



Fitz Gant 1302

John Glidewell, second M40+ (33:47) leads Van Townsend,

fifth M40+ (35:48) at the two-mile mark, 2002

WZYP Cotton Row Run.



Art Shahzade

Harold Tolson #443, winning (12.5) in a mixed age group

100. Robert Zimmerman #389, was first M55 (12.7), with

Gary Patterson #446, M55 second, and Jim Crandall #427,

M55 third, Gatral Glif, Champing Filips Higher

Classic, May 18.



W#37

Suzy Hess

FRONT NAGE 1

TULY

PK Ropald Rule

Finalists in the M65 200 (from I): Don Cheek, Ronald Rule, 3rd (29.74), James Stookey, 1st (27.50), George Gluppe, William Hufnagel, Earl Fee, 2nd (28.71), and Joh Poppell, 1998 USATF National Masters Championships, Orono, Me.



wit34

Fritz Gant 2009 14 July

Two local runners at the two-mile mark, Tim Hopper, first M65 (47:45) and Jenise Fontenot, W45, fourth W40+ (45:46), 2002 WZYP Cotton Row 10K, Huntsville, Ala.





1003

Leo Benning

At Schoeman, M45, clearing the water jump barrier barefooted, South Africa Master Athletics Championships, Bellville, May 3-4.



GEORGE BANKER
Doug Kuderna, 40, first M40+ (28:25),
Springburst 8K, Greenbelt National Park, Md.

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#### LDR ANYWHERE

GEORGE BANKER

Piriya Pinit, M56, 67:16, and Linda Wack, 46, 67:21, 2002 RRCA Club Challenge, Columbia, Md.



T&F Anywhere

SUZY HESS

Mel Larsen, 2001 top ranked M75 (14.14) in the short hurdles.

JULY



#### LDR ANYWHERE

**TESH TESHIMA** 

Uaaree Matsuda, first W60 (28:22), 2002 Race Against Violence 5K, Honolulu.

JULY



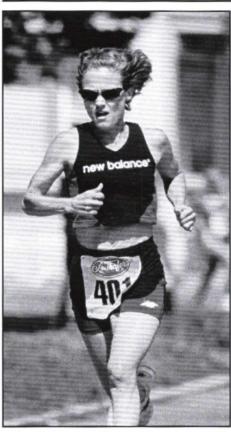
#### LDR ANYWHERE

MIKE POLANSKY

Jeanette Mitchell, 42, first W40+ (23:33), Vytra Human Race 5K, Islip, N.Y., April 27.

### E-mail Photos

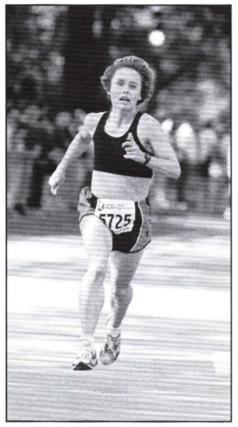
#### page 2



This one goes on the front page with the Freihofer story.

VICTOR SAILERIPHOTO RUN

Joan Nesbit Mabe, 40, first masters (16:54) Freihofer's 5K for Women/USATF Masters Championships.



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This photo goes on the front page with the NYC mini marathon 10K.

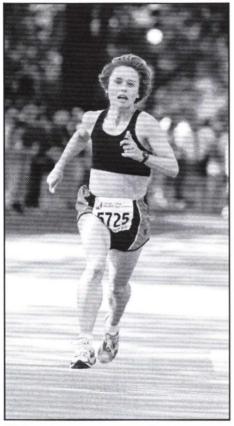
ALISON WADENYRR

Alayne Adams, W40, third masters woman (37:08), NYC Mini Marathon 10K.

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July 2002



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ALISON WADENYRR

Alayne Adams, W40, third masters woman (37:08), NYC Mini Marathon 10K.

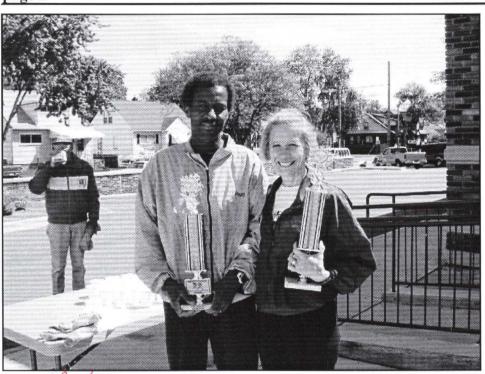
## E-mail Photos (Cover or Inside???)

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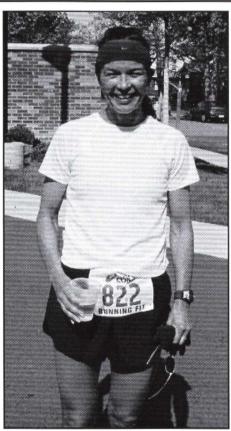
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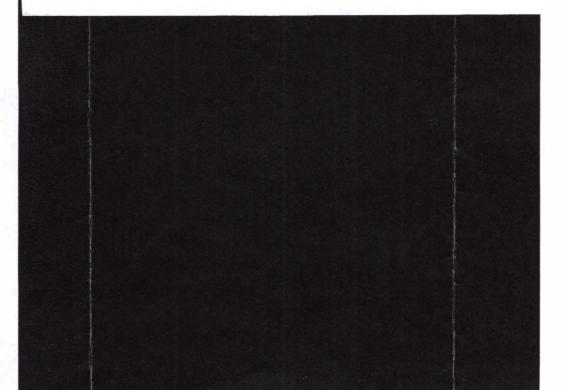
Larry, 53, Eastpoint, Mich., first M50 (37:38) and Nancy Cassell, 52, Northville, Mich., second woman overall (40:36), Ferndale Foot Frolic 10K, Ferndale, Mich., May 19.

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Theresa Kopach, 40, AnnArbor, Mich., first woman overall (40:19), Ferndale Foot Frolic 10K, Ferndale, Mich., May 19.





Dr. Graene Hammond

> For Mike TYMN Column

> > #3

