Sadie Greenman, 65, finishes the last leg (8:12) of the Houston Area Road Running Association Guinness record breaking 100xone mile relay, Houston, Texas, Aug. 24.

Photo by Jerry Smith
OSSET SPRINT
SYOSSET, NEW YORK
Rose Malloy, 48, first W40+ and second overall, with a race record 31:08, National Capital 5 Miler, Alexandria, Va., Sept. 29.

Photo by George Banker

Photo by Hank Kiesel
Bob Dalton, 43, masters first (51:31) warms up before the start, Peachtree City 15K/RRCA National Championships, Peachtree City, Ga., Oct. 13.

Photo by Carolyn Gulick
Anne Bowman, 40, second W40+(33:48), Mother's Day 8K, Washington, D.C.

Photo by George Banker