



Jerry Wojcik
Marek Glowacki, fourth M60 in the shot put (13.42), 16th WMA World
Championships, Spain.

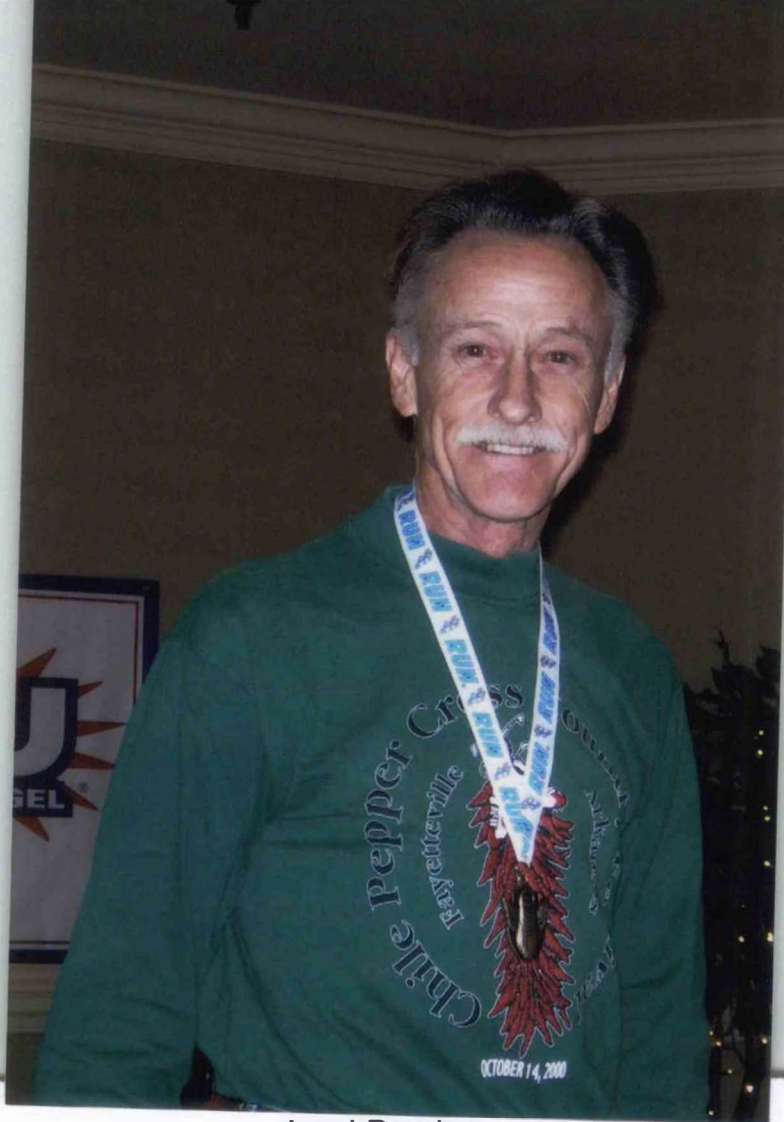
JP 14

WEIGHT ROOM



Jerry Wojcik
Alberto Medina, USA, sixth M45 in the 20K racewalk (1:51:46), 16th
WMA World Championships, Spain.

P10 RW



Lloyd Doering

Tom Mayfield, 67, Marshall, Ark., M65 winner (3:23:4), Rocket City
Marathon, Huntsville, Ala.

~~P. 8~~
p. 20



USED IN
APR. '06

P.1

P1
~~Inside~~

Victor Sailer

Joy Upshaw
Margherum

Boston Invite Indoor

Captain to follow

On Angelas
Computer in B & W & Color



FRONT PAGE



Victor Sailer/Photo Run
Sarah Krakoff, 41, first woman in the USA Masters 8K XC
Championships, New York City.

w/ XC STORY

FRONT PAGE

Victor
Patrick
Fuller



W/
XC
STORY

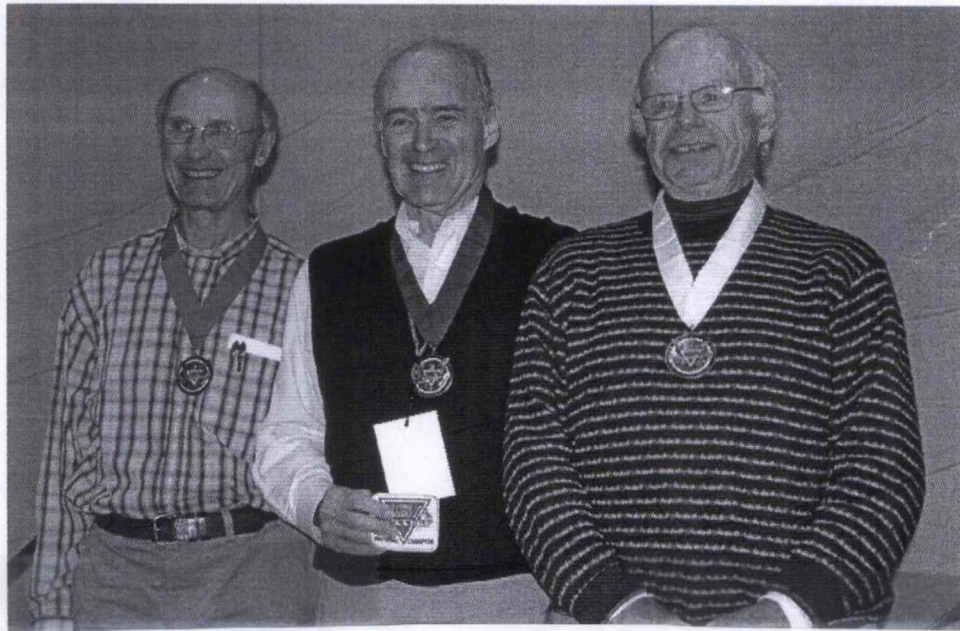
p. 1

Victor Sailer/Photo Run
Pat Fuller, 40, winner of the USA Masters 8K XC
Championships, New York City.

P3

Thom Weddle
Sarah Krakoff, 41, first woman overall (31:27), leads
Barbara Gubbins, 46, third (31:40), and Kathy Martin, 54,
second (31:35), USA Masters 8K XC Championships, New
York City, Feb. 18.





P.4

M75 - 79 age group

Thom Weddle ^{SK}

Top three M75 in the USA Masters XC Championships,
New York City, Feb. 18 (l to r): William Smyth, second,
Kenneth Jones, first (43:47), and Richard Sullivan, third.

MAR-13-2006 00:26 FROM: JERRY WOJCIK

5416838566

TO: 3452436

P.1

Karen Huff-Pawlik

**Jeff Watry (l), first M50 (4942 points), USA Masters Indoor
Heptathlon Championships, Kenosha, Wisc., with guest
competitors , Ty Lewis (c), 57, England, and John Hawkins,
56, Canada.**



pdg. 5
20

Dear Suzy Hess,

Mike Tymn wanted me to send you some pictures for the April issue. You'll find several taken by my daughter **Erin Ferris**. I wish the quality was better but we had to get these out. I'm exited about the column coming out but more excited with my daughter getting credit for the picture. Thanks for all the hard work on National Masters News.

Sincerely

James Ferris



Erin Ferris
James Ferris p. 6

Patricia Berg
Steeplechasers in the 2005 USA Masters Championships,
Honolulu, take to dip in the water jump, hoping to start a new
tradition at future championships. The 2006 Championships
are scheduled for Aug. 3-6 in Charlotte, N.C.

P.7



P.7
Jerry -
Caption

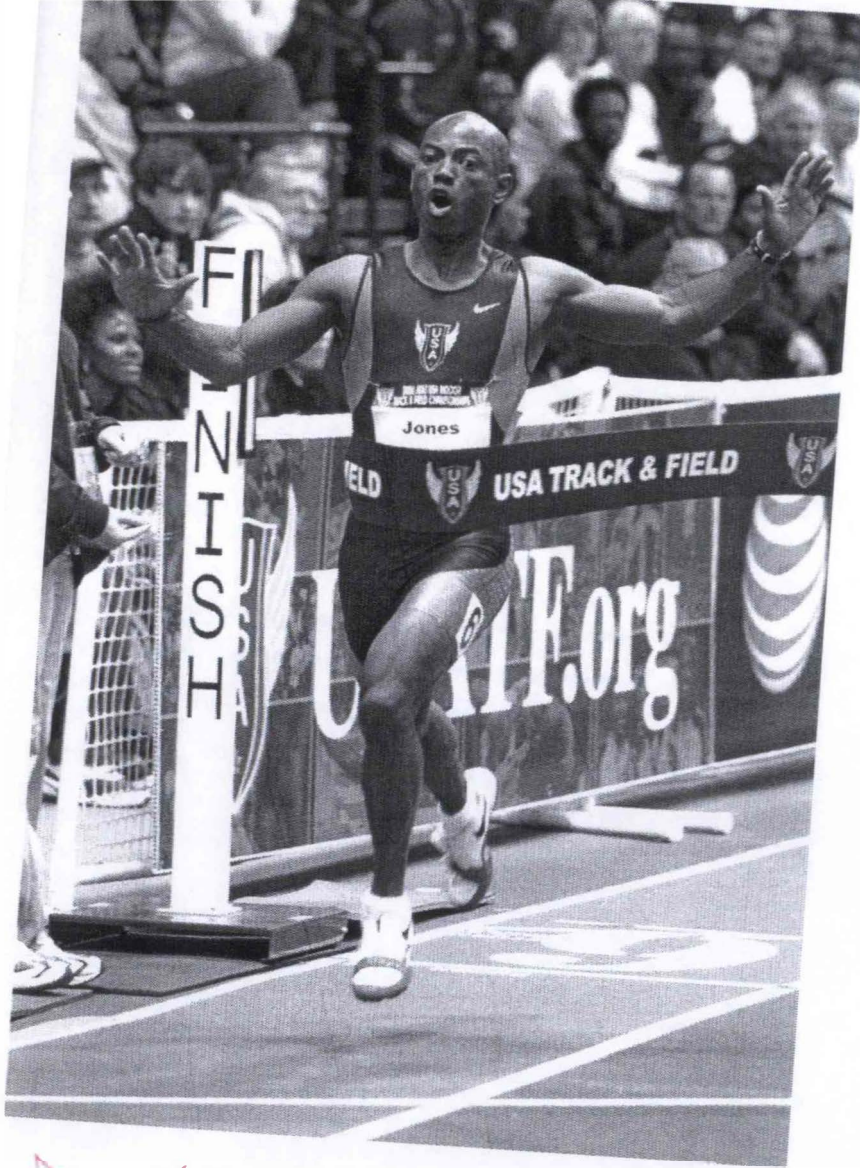
CARTER SHERLINE

DENNIS LEWIS BROKE THE ^{M45}HIGH
jump world record with a 204/6-8 1/4,

~~Ypsilanti, Mich., Feb. 10.~~

Eastern Michigan U. CLASSIC, FEB. 10-11

p. 7



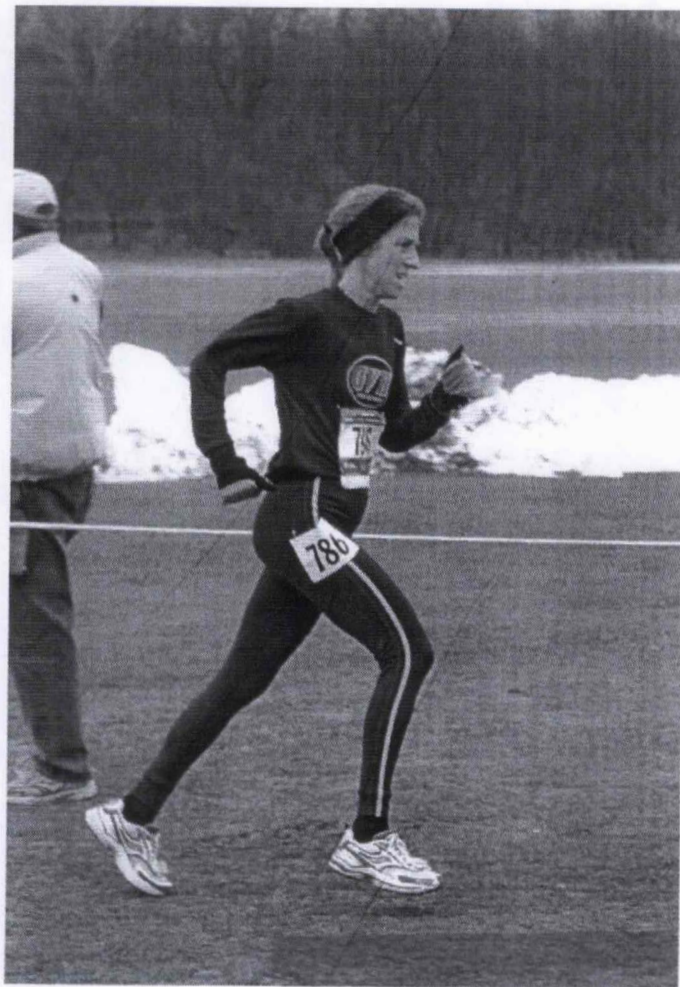
David Jones, 41, winner of the
Masters 200m in 23.30, USA
Indoor T&F Champs., Boston,
Feb. 26.

~~P.5~~

Victor
Sailer

David Jones
Boston
Indoor
Invite

P.8



Thom Weddle
Carolyn Smith-Hanna, W55 winner (34:58), USA Masters
8K XC Championships, New York City, Feb. 18.



Marcy Ratkovich

79

Bruce Frey (I) was honored as the 2005 Western Pennsylvania TC Athlete of the Year for his M50 win in the 800 with an age-graded 88.5% 2:12.91, 2005 National Senior Games. Pittsburgh, Pa. Club president Jim McCarthy made the presentation.



pg 11

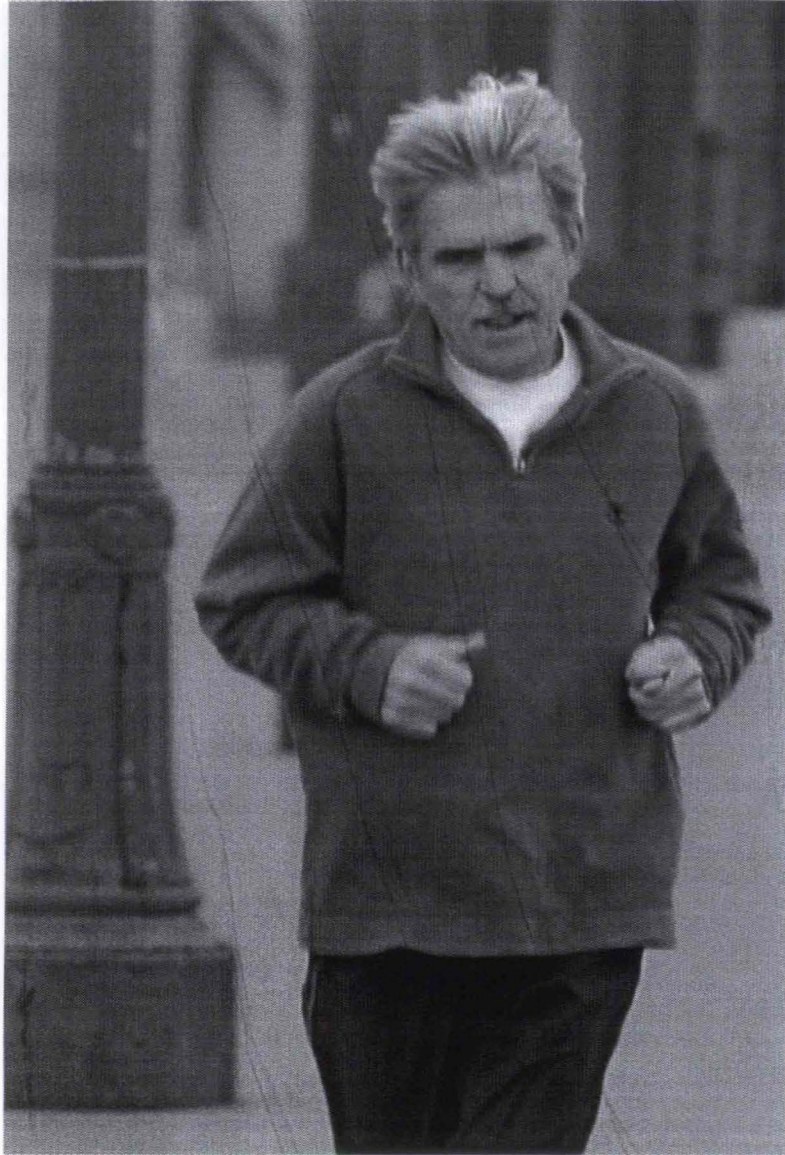
Karen Huff-Pawlik

All four women competitors, USA Masters Indoor Heptathlon Championships, Kenosha, Wisc., (l to r): Liz Johnson, first W45; Christel Donley, first W70; Phil Raschker, first W55; and Kay Glynn, first W50.



Pg 11

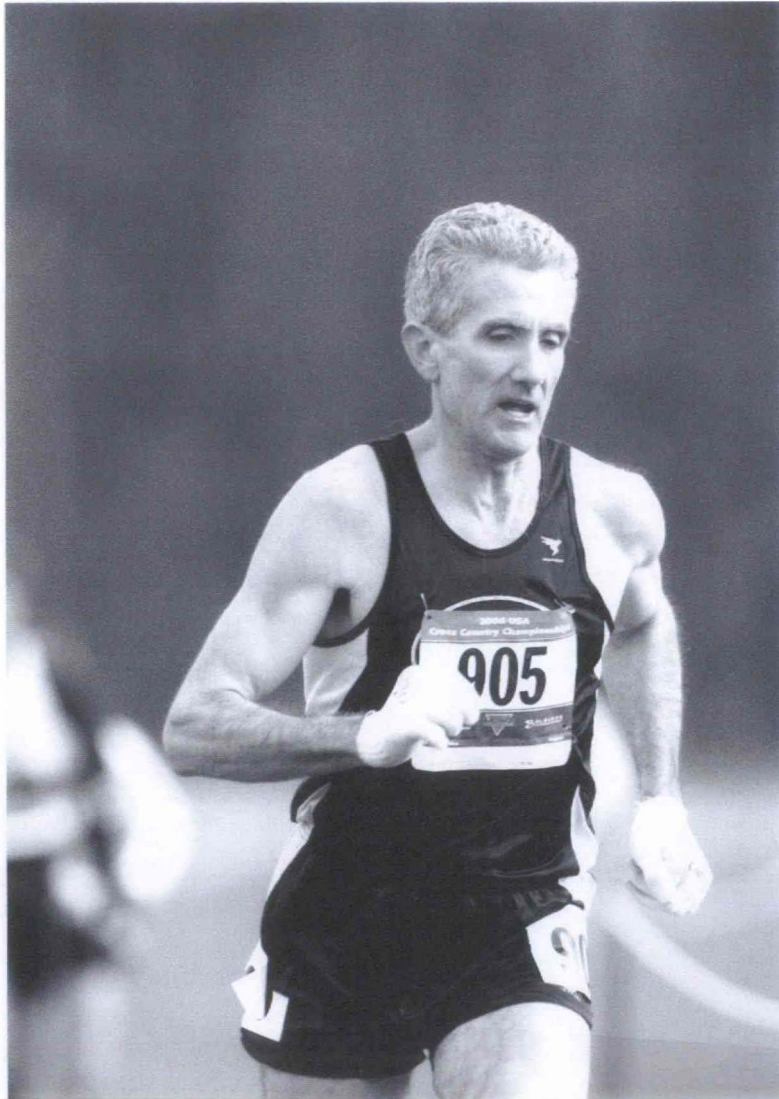
Karen Huff-Pawlik
Fred Hirsimaki, second M80 (4719 points), and Bill DaPrano,
first M75 (2814), USA Masters Indoor Heptathlon
Championships, Kenosha, Wisc.



p. 12

Bob Anderson
(to go with
Hal Higdon's
article)

O'KEEFE



7 12

Victor Sailer/Photo Run
David O'Keeffe, M45 winner (26:35), USA Masters 8K XC
Championships, New York City, Feb. 18.

1st
M70-74

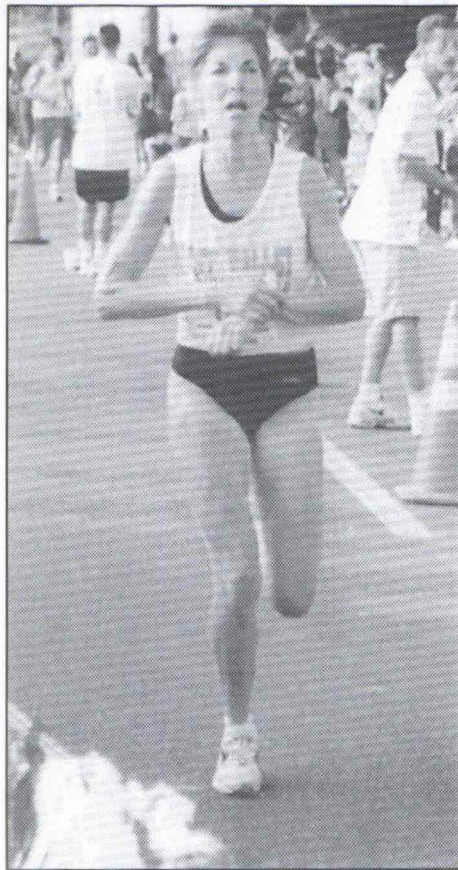
Victor
Sailer

XC champs

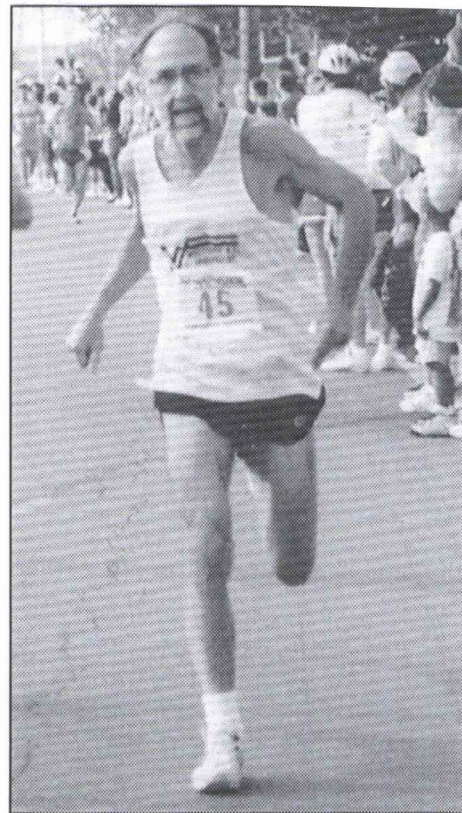


Victor Sailer/Photo Run
Verne Carlson, first M70 (39:25), USA Masters 8K XC
Championships, New York City, Feb. 18.

P13



Joan Ottaway, 53, Sonora, Calif., Grandmasters (W50+) Division winner (18:31), Run By The River 5K, Clarksville, Tenn., Sept. 6.



Bill Olrich, 61, Lexington, Ky., first M60-69 (17:29), Run By The River 5K, Clarksville, Tenn., Sept. 6.



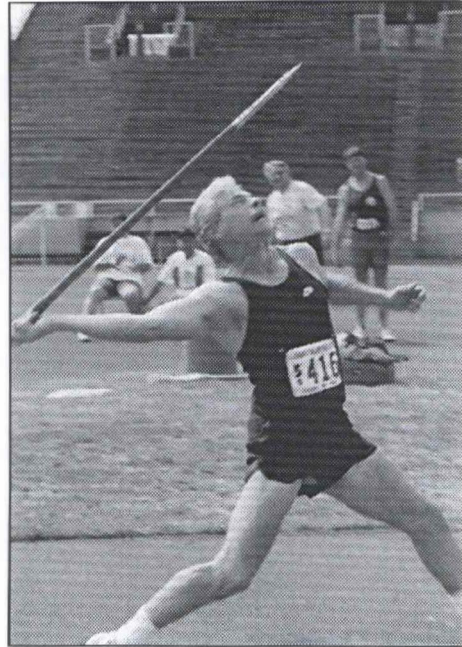
JERRY WOJCIK

Mary Snyder, of Idaho, finished the 5000 racewalk in 29:05.40, USATF National Masters Championships, San Jose, Calif., Aug. 7-10.



JERRY WOJCIK

Rob Frank, 44, Banks, Ore., M40 winner (25:56.8), 5000 racewalk, USATF Northwest Regional Masters Championships, Seattle.



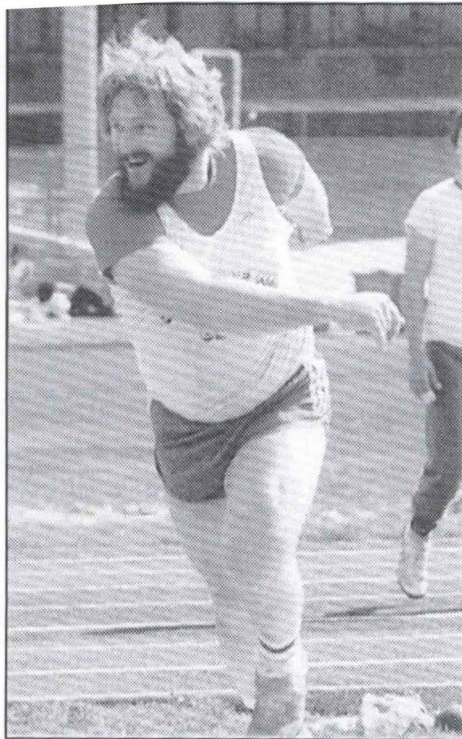
SUZY HESS

Bob Osterhoudt, U.S., M50 weight pentathlete.



JERRY WOJCIK

Ruth Callard #407, 43, Seattle, Grant Lamothe, 53, British Columbia, and Rich Walton #469, 45, Portland, Ore., in the 400H, USATF Northwest Regional Masters Championships, Seattle. Walton ran a 69.6, Lamothe, 71.5, and Callard, 71.6.

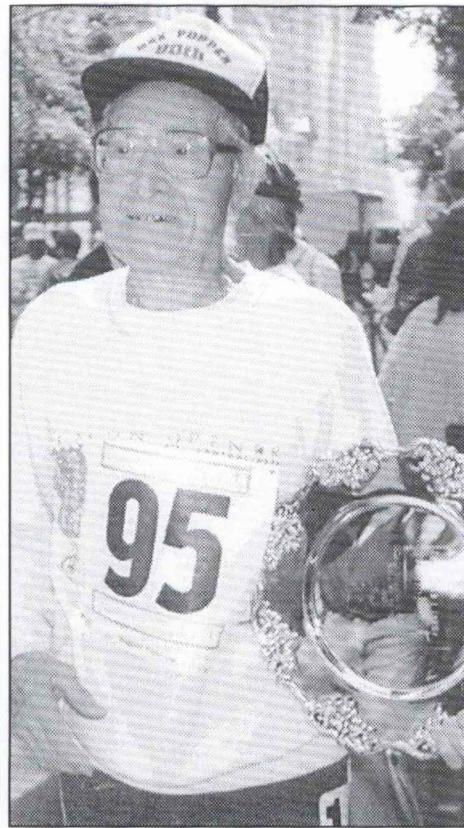


Norm Bower, who succumbed to cancer at age 49 in September.



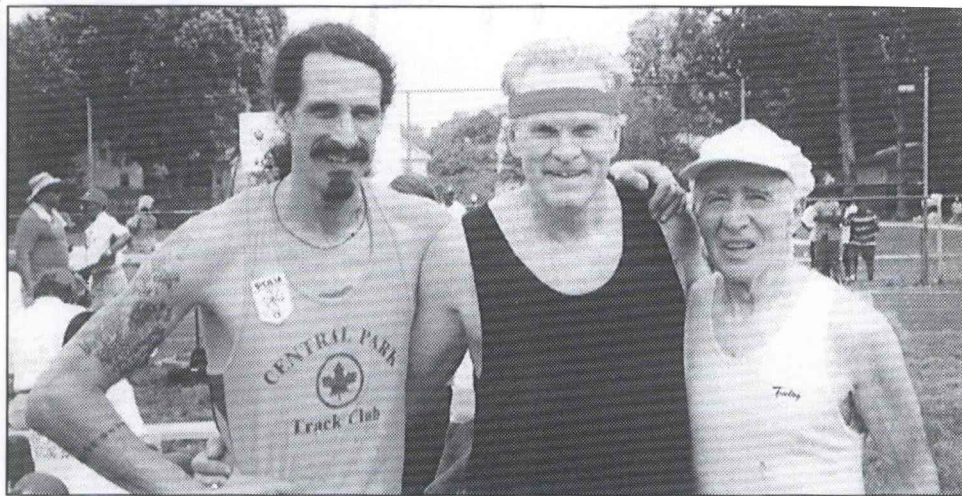
BEVERLEY LEWIS

John Brennand, M60, holds the Ray Williams Memorial Trophy for the best 5000 time (19:21.8) by an M60+ runner, awarded at the Club West Meet, Santa Barbara, Oct. 5, and presented by Mrs. Mary Cheadle, widow of Vernon Cheadle, long-time UC-Santa Barbara Chancellor and masters athlete. Holding the perpetual trophy, which Brennand also received, is former Club West president and now USATF Santa Barbara area Commissioner Lloyd Albright.



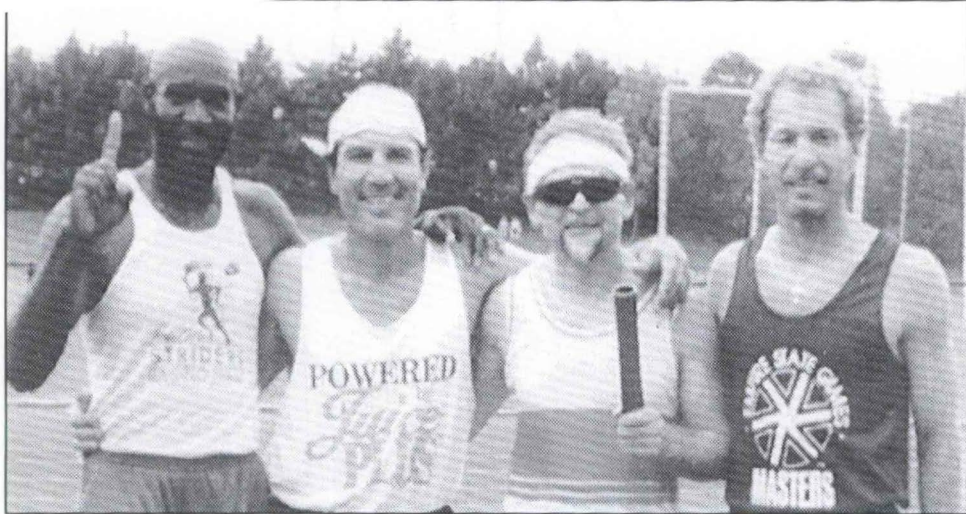
AL PUMA

Max Popper, his race number equaling his age, after running a 14:26 in the Fifth Avenue Mile, Manhattan, Sept. 27.



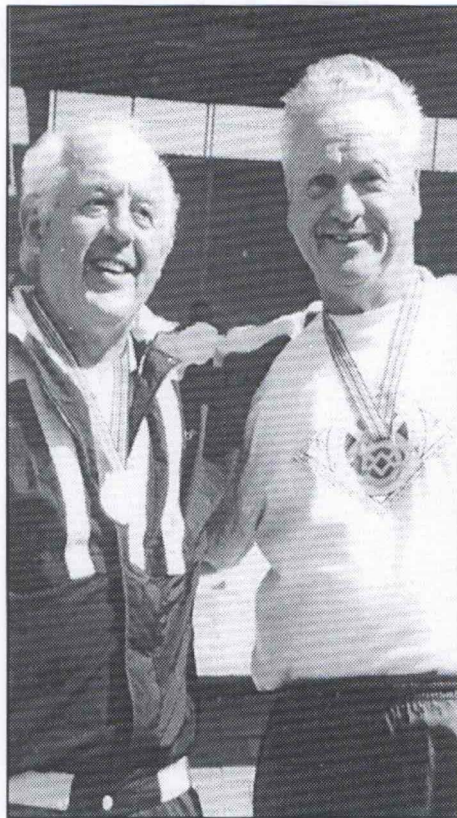
OTIS SLAGFIELD

Age-group winners in the 400, 1997 Essex County Track Festival, New Jersey, (l to r): Francis Schiro, M40, Charles Christman, M55, and Joseph LaBruno, M65.



MARY HALE

Members of the USA 4x100 relay team, first at the Canadian Masters Championships, Toronto, Ontario, August 16-17, (l to r): Les Hale, Smokey Santillo, Zbigniew (Zeek) Zlobicki, and Chris Best.



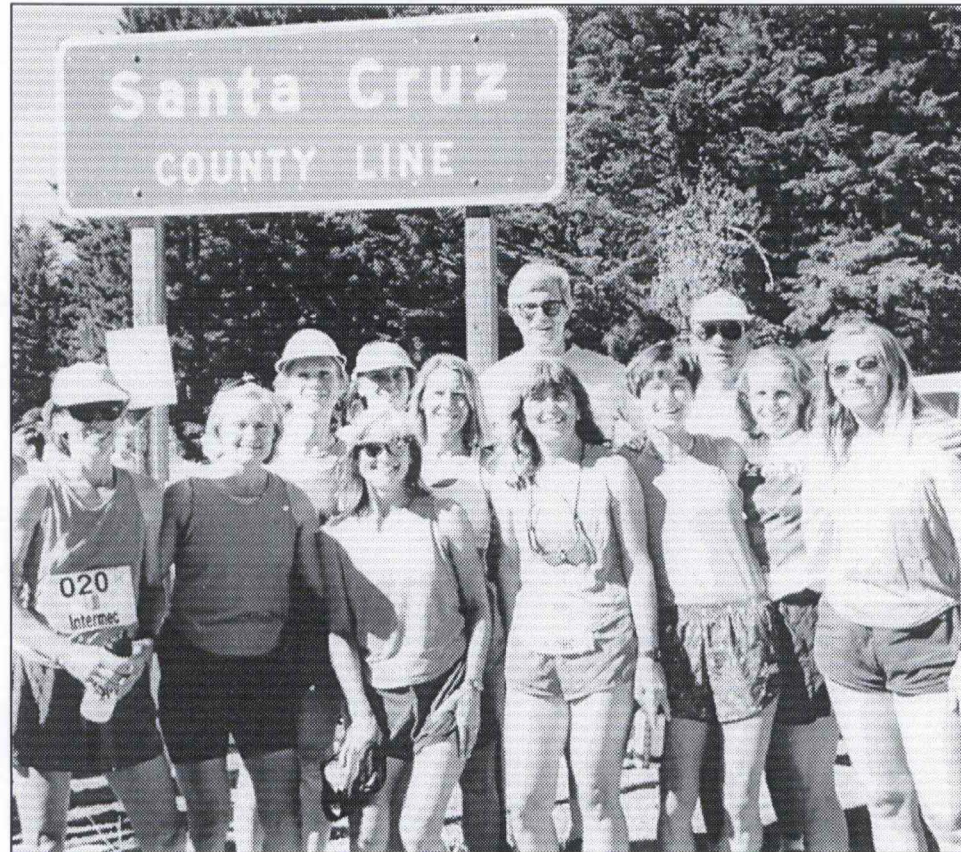
SUZY HESS

Richard Rzehak (l), Germany, M65 weight pentathlon winner (4910), and Len Olson, USA, second (4550), 12th WAVA Championships, Durban, South Africa.

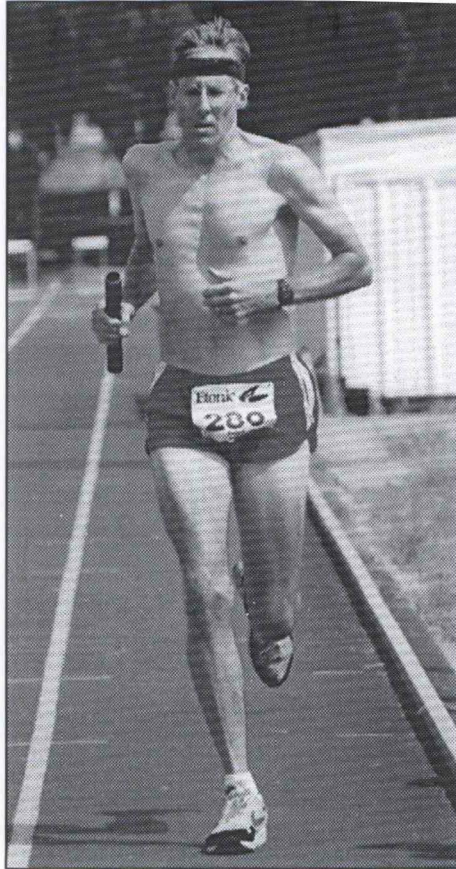


CAROLE LANGENBACH

Entrants from the USA in the second heat of the M60 5000, 12th WAVA Championships, Durban, South Africa (l to r): Derek Mahaffey, Bob Langenbach, and Malcolm Gillis.

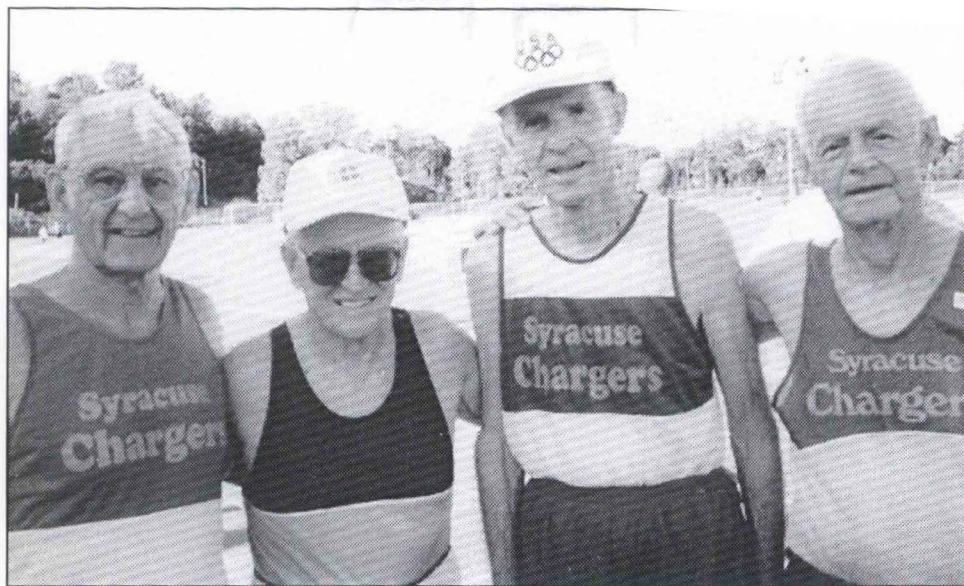


Members of the Fast in The Past Masters Team, which won the Open Women's Division of the 1997 Napa To Santa Cruz Relay (197+ miles) in 26:39:40, Sept. 19-20, front row, l to r: Julie Howe, Janet Ogle, Nancy Ogle, Carol Cuminale, Deb Melnikoff, Lynne Denley, and Patty Murray; back row, l to r: Debbie Dill, Amy Haberman, Ki Bowman, and van drivers Tom Shanle and Chris Foster.



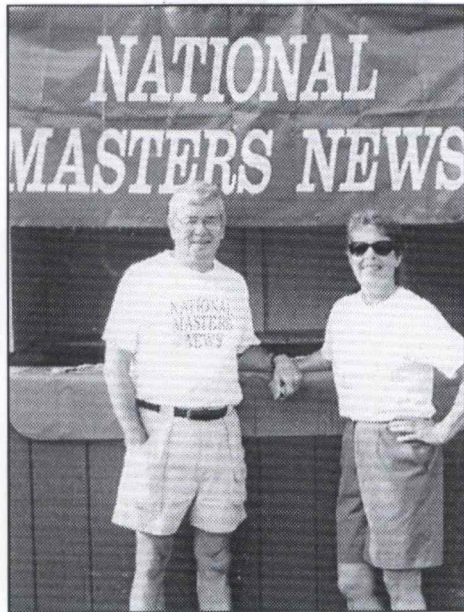
JERRY SMITH

Jimmy Sumner, 51, finished his leg in 5:49 for the M50+ team (11:08:12), St. Joseph Hospital 100x1 Mile Relay, Houston, Aug. 24.



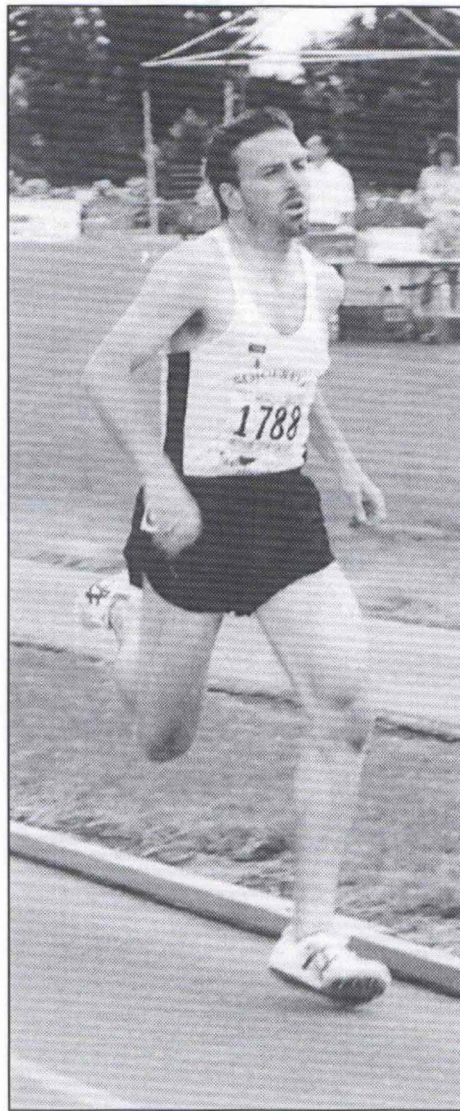
EVELYN WHITE

The Syracuse Chargers M70-79 team of (from left) Howard MacMillan, 71; Russ More, 75; Nate White, 78; and Ed Buckley, 75; established a pending world and U.S. record of 18:33.3 for the distance medley relay (800-400-1200-1600), Syracuse University, N.Y. On the same day, More had his first hole-in-one on the golf course.



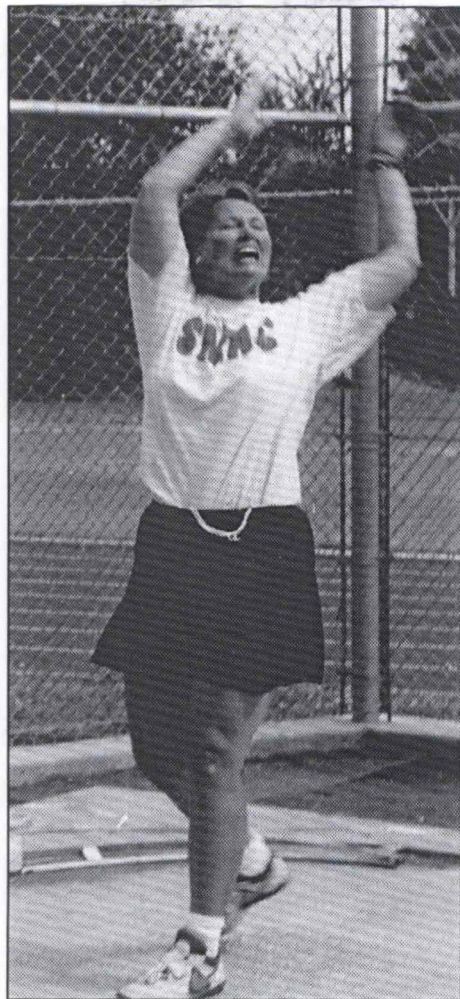
BEVERLEY LEWIS

Jerry Wojcik, Senior Editor, and Suzy Hess, Office Manager, at the *National Masters News* booth, USATF National Masters Championships, San Jose, Calif., Aug. 7-10.



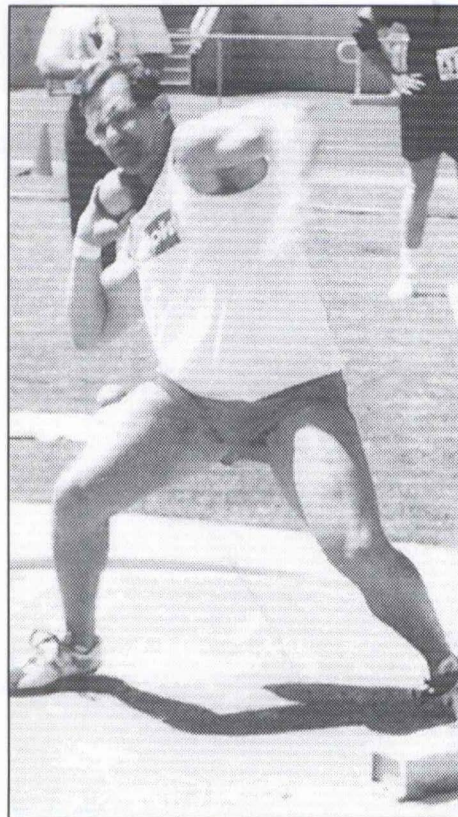
SUZY HESS

Chris Yorges, of Oregon, first in the M30 steeplechase (9:37.48), USATF National Masters Championships, San Jose, Calif., Aug. 7-10.



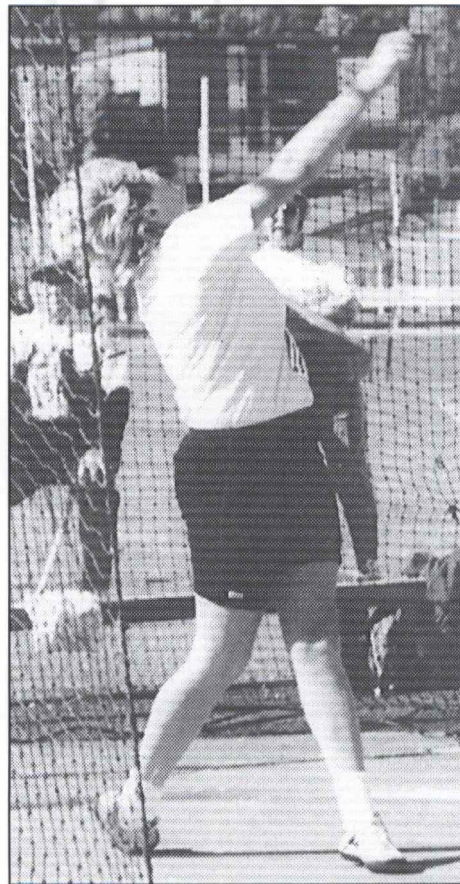
SUZY HESS

Pauline Thomas, 47, with a U.S. single age record, 31-0, 20-lb. weight.



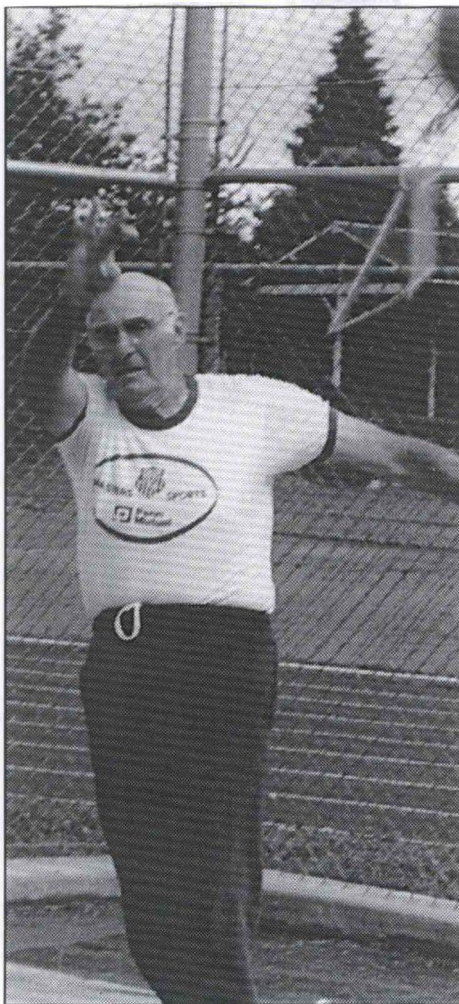
JERRY WOJCIK

Craig Shumaker, M45 Shot putter.



JERRY WOJCIK

Kathy Gelhausen, W35, Hayward Masters Classic, Eugene, Ore.



SUZY HESS

Leon Joslin, 84, broke two U.S. age records, USATF National Masters Weight Throws Championships, Seattle, Wash., Aug. 16.



100%

NOV.

g-cal amy

Members of the Fast In The Past Masters Team, which won the Open Women's Division of the 1997 Napa To Santa Cruz Relay (197+ miles) in 26:39:40, Sept. 19-20, front row, l to r: Julie Howe, Janet Ogle, Nancy Ogle, Carol Cuminale, Deb Melnikoff, Lynne Denley, and Patty Murray; back row, l to r: Debbie Dill, Amy Haberman, Ki Bowman, and van drivers Tom Shanle and Chris Foster.

Photo from Nancy Ogle



w#2
spec

↑ 1400z ↑
Kathy Gelhausen, W35, 1996 Hayward Masters Classic,
Eugene, Ore.

Photo by Jerry Wojcik

1-00



↑ 2 U.S. ↑
Pauline Thomas, 47, with throw of 31-0, single age record, 31-0,

20-lb. weight, USATF National Weight and Superweight Champ-

ionships, Seattle, Aug 31.

W#2
SPEC

100%

Photo by Suzy Hess

1-01



USE FOR
RW
PAGE,
WHEN
NEEDED

1608

Rob Frank, 44, Banks, Ore., ^{M40} winner (25:56.8), 5000
racewalk, USATF Northwest Regional Masters
Championships, Seattle, July 19-29.

Photo by Jerry Wojcik

1-cl

Comp T+b
RW



USE
WHEN
NEEDED
NO SEPT

Mary Snyder, of Idaho, finished the 5000 racewalk in 29:05.40, USATF National Masters Championships, San Jose, Calif., Aug. 7-10.

Photo by Jerry Wojcik

1500g AW 1- cap

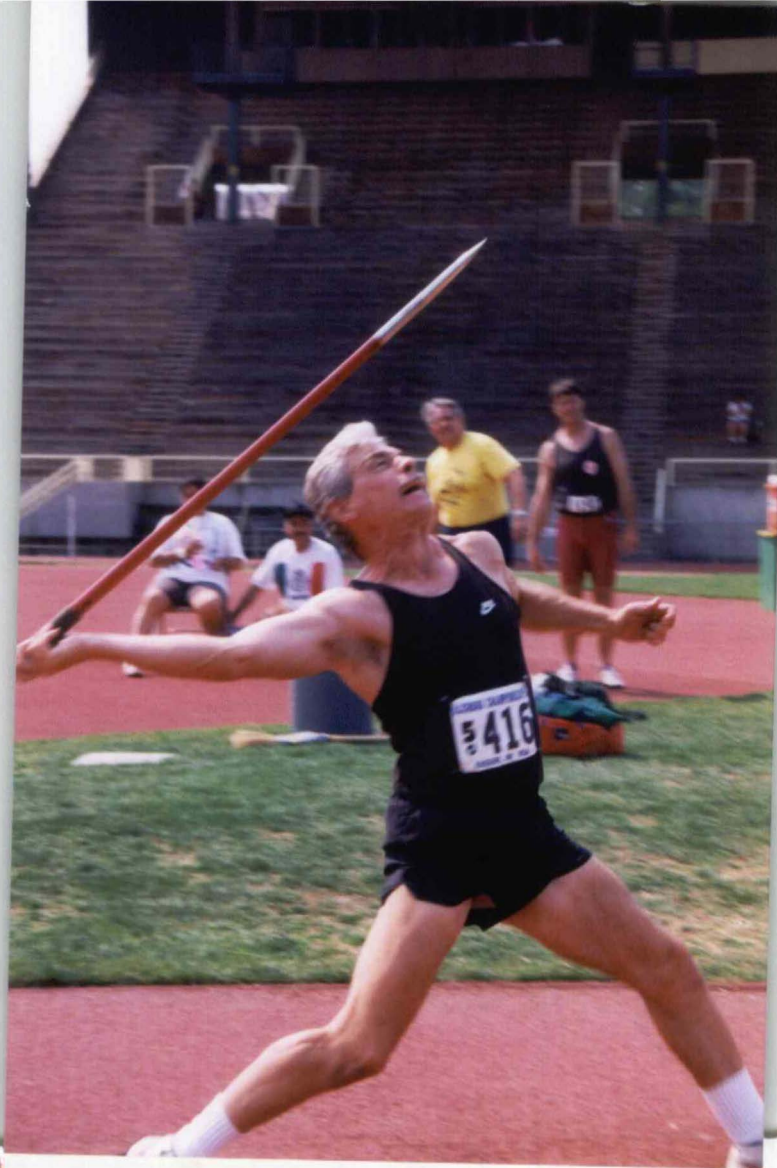


John Brennand, M60, holds the Ray Williams Memorial Trophy for the best 5000 time (19:21.8) by a an M60+ runner, awarded at the Club West Meet, Santa Barbara, Oct. 5, and presented by Mrs. Mary Cheadle, widow of Vernon Cheadle, long-time UC-Santa Barbara Chancellor and masters athlete. Holding the perpetual trophy, which Brennand also received, is former Club West president and now USATF Santa Barbara area Commissioner Lloyd Albright.

Photo by Beverley Lewis

with
NOV.
ARTICLE
with 38
spec

2-00



Bob Osterhoudt, U.S., M50 weight pentathlete, /
NCCWAVA Regional Championships, Eugene, Ore.,
Aug. 21-24.

Photo by Suzy Hess

1-col

602

1-col



W#34
spec

Max Popper, his race number equaling his age, after running a 14:26 in the Fifth Avenue Mile, Manhattan, Sept. 27.

Photo by Al Puma

90% 1 - Corl

NOV.



SEPT.
WITH
STORY

W#29

Ruth Callard #407, 43, Seattle, Grant Lamothe, 53,
British Columbia, and Rich Walton #469, 45,
Portland, Ore., in the 400H, USATF Northwest Regional
Masters Championships, Seattle, July 19-20. Walton
ran a 69.6, Lamothe, 71.5, and Callard, 71.6.

Photo by Jerry Wojcik

1208
2-4
spe



NOU
INSIDE
W/STORY
W#29
SPEC

Joan Ottaway, 53, Sonora, Calif., Grandmasters (W50+)
Division winner (18:31), Run By The River, Clarksville,
Tenn., Sept. 6.
Photo from Jo Huber

crop t & b



NOV.
INSIDE
w/ story
gk

Bill Olrich, 61, Lexington, Ky., first M60-69 (17:29),

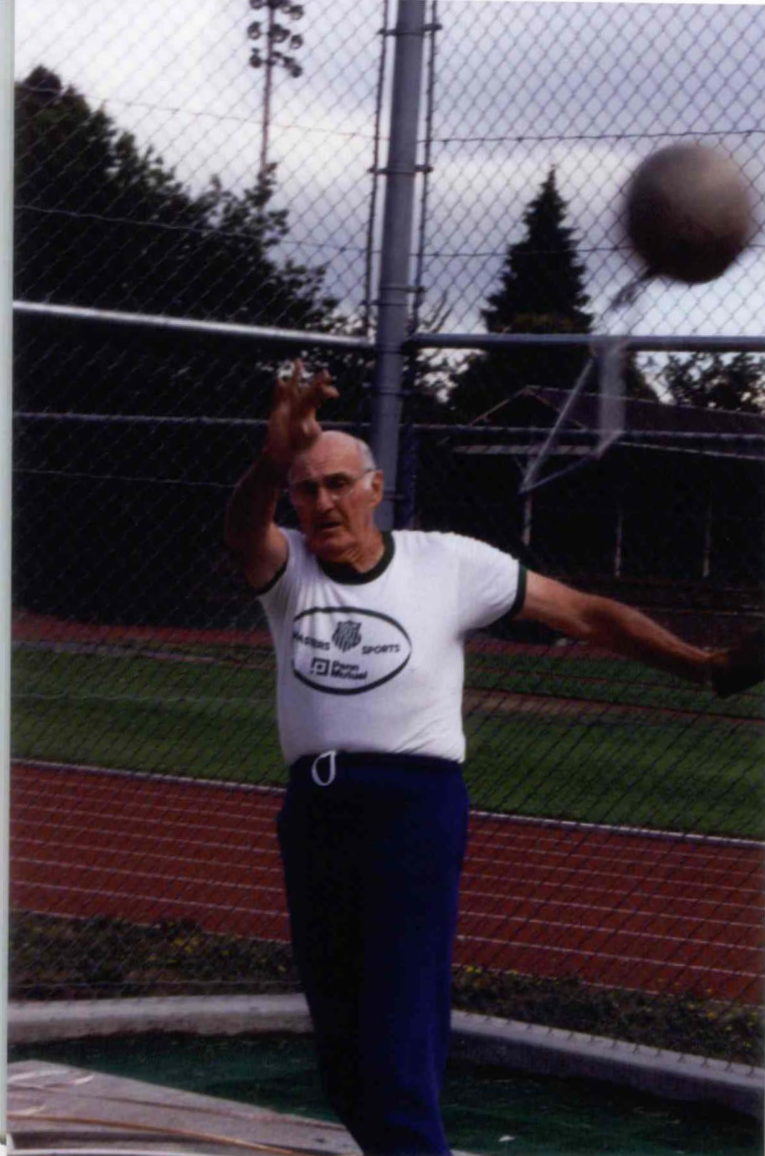
190%

Run By The River 5K, Clarksville, Tenn., Sept. 6.

Photo from Jo Huber

w#29

1-col



Leon Joslin, 84, broke two U.S. age records, USATF National
Masters Weight Throws Championships, Seattle, Wash., Aug.31.

w#2

spec

Photo by Suzy Hess

1-col



OCT. 1990
Entrants from the USA in the second heat of the M60 ¹⁰⁰⁰⁰ 5000, 12th WAVA Championships, Durban, South Africa (l to r): Derek Mahaffey, Bob Langenbach, and Malcolm Gillis.

Photo by Carole Langenbach

INT 2-CAC



OCT.
~~ALL~~

CROP
 bottom

~~October captions~~

David Washburn, 41, finishes the last leg (4:33) for the M40-49 team, St. Joseph Hospital 100x1 Mile Relay, Houston, Aug. 24.
 Photo by Jerry Smith

1600

CROP
~~ALL~~

1-CAL



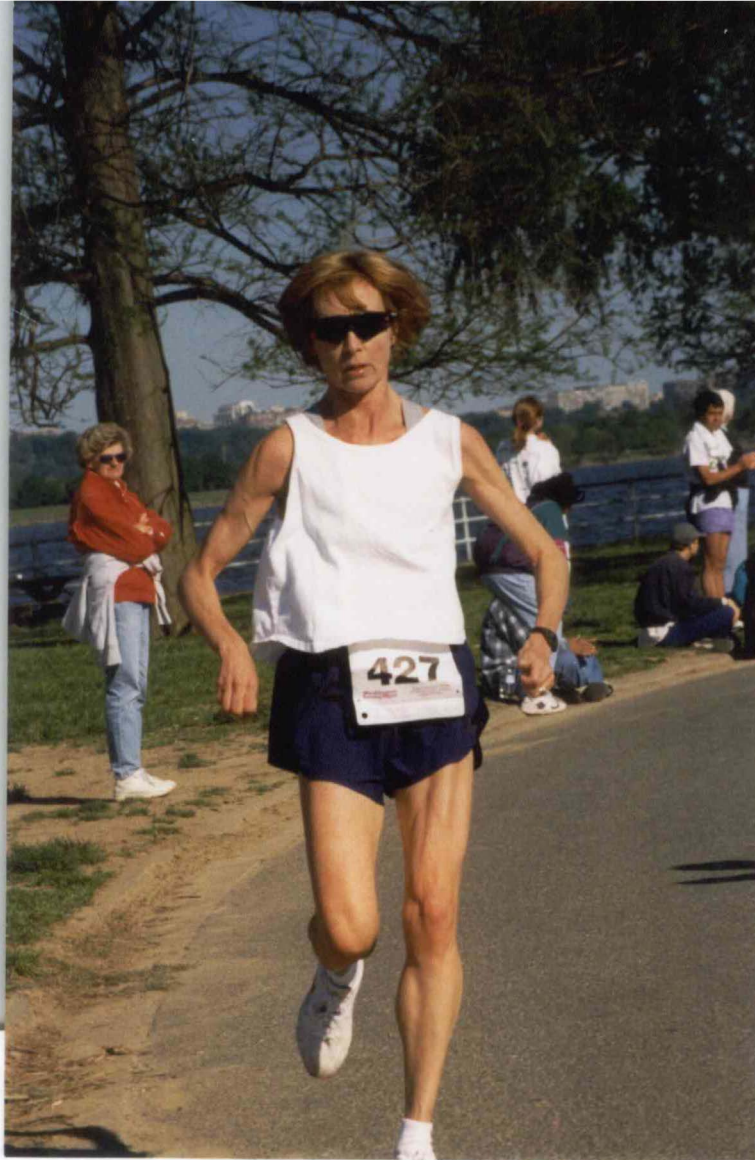
Members of the USA ⁴ x 100 relay team, first at the Canadian Masters

Championships, Toronto, Ontario, August 16-17, (l to r): Les Hale, Smokey Santillo, Zbigniew (Zeek) Zlobicki, and Chris Best.

Photo by Mary Hale

INT 160025 2-cals

Crop top
& bottom



OCT.

~~Banker captions~~

9091

1-coe

Claudia Piepenburg, 48, Arlington, Va., first W40+ (42:04),
1997 Mother's Day 10K, Washington, D.C.

Photo by George Banker

C10P 10K



900w

The Syracuse Chargers M70-79 team of (from left) Howard MacMillan, 71; Russ More, 75; Nate White, 78; and Ed Buckley, 75; established a pending world and U.S. record of 18:33.3 for the distance medley relay (800-400-1200-1600), Syracuse University, N.Y., July 25. On the same day, More had his first hole-in-one on the golf course.

Photo by Evelyn White

5-01
any

OCT.



300
125
: 72, first M70-74 (48:49), Vietnam

: Memorial 10K, Washington, D.C.,

125

1-000

Photo by George Banker



Stege Scott leads Miguel Tibaduiza in the
National Masters ^{10K} ~~8K~~ Cross-country run.

Photo by Ed Lock

10024



852

Start of the WAVA World Veterans 10K Road
Championships, Brugge, Belgium, June 29.
Winner Jeff Eycmans of Belgium (1010) takes
the early lead.

Photo by Steve Smythe

~~100%~~ Int
2-nd



1 1254 1

1-col

First W60-64, Charlotte Edwards, 61, McLean, Va.,
in 47:33, Georgetown 10K, Washington, D.C., Oct. 6.

spec
W#31

Photo by George Banker



50,
Ohio's Rex Harvey, was voted the top masters
multi-event athlete of the year at the USATF
convention in San Francisco.

Photo by Suzy Hess

12620 ~~10000~~
w/ # 2 or #291

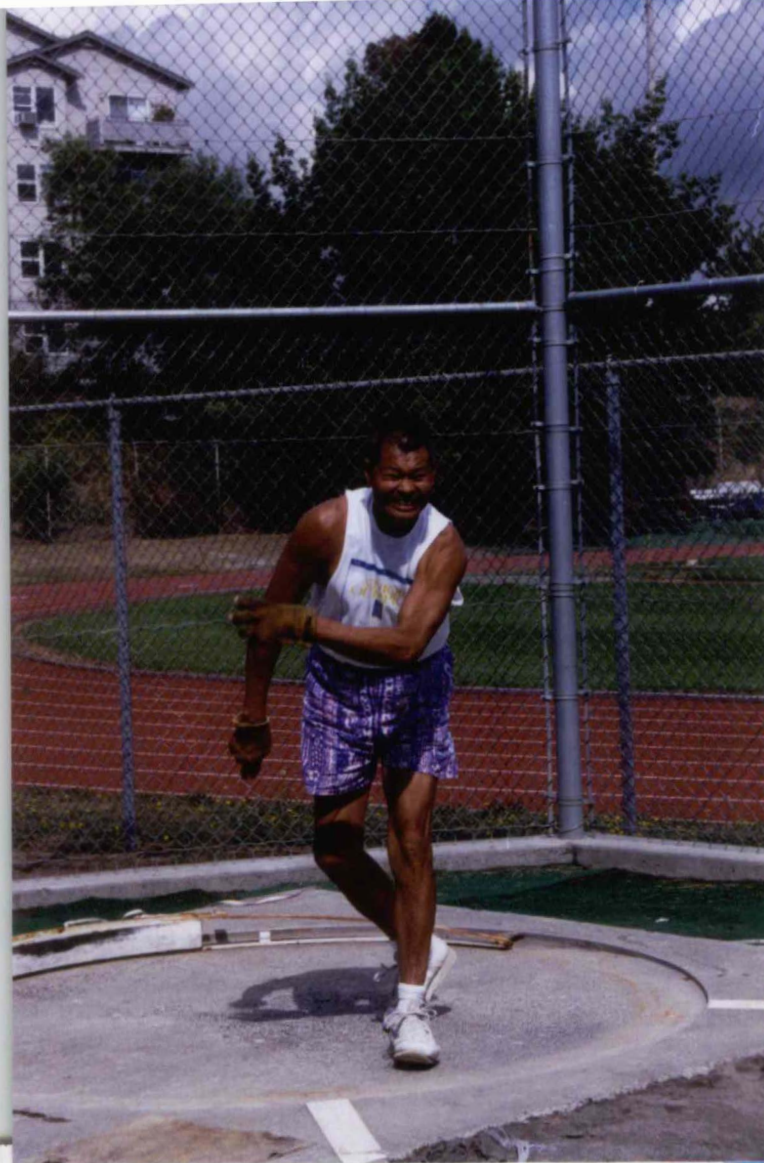
2-cre?



MEXICO'S
MARTIN MONDRAGON, 42, WON HIS THIRD STRAIGHT
MASTERS TITLE WITH A 16TH OVERALL 49:51 IN THE
20TH ANNUAL CRIM 10-MILE IN FLINT, MICH., AUG. 24.

my 85%

PHOTO: VICTAH © PHOTO RUN-1996 ©



1403

Manuel White, 80,¹ sets one of his two U.S. age records, USATF

w #41

National Masters Weight Throws Championships, Seattle, Wash.,

Aug. 31. 1-cal crop top Photo by Jerry Wojcik



Bob Sager, 48, deposits the 200-lb. weight, as Tim Edwards, 48, studies his technique, Ultra Weight Classic, Seattle, Wash.,

Aug. 31.

Photo by Jerry Wojcik

~~W~~

~~F2~~ ~~100%~~ ~~over set~~

~~115%~~ ~~100%~~ ~~2-cue~~

100%



8521

Rich Murray, Ipswich, Mass., was second M50 in the USATF

New England Gran Prix with top three finishes in events

ranging from 5K to 30K, and won the bronze (17:040 in the
1996

WR

C100



L 200 2-1

Pregpm-

Oregon's Myra Fromme, 92, was named best women's track athlete of the year in the women's 90-94 division.

Photo by Suzy Hess

#29 as anywhere
1-crl



Typical view of downtown Durban, South Africa.

IWT
2nd

100%



Sprinters in the M50-54 100 get good starts in the South Western District Championships, Oudtshoorn, South Africa, Oct. 26. Kobus Louw (1) was fourth (13.8), and Edgar Figland, second (13.2).

Photo by Leo Benning

mt
g-cal

10000



1852

California's Bobby Thomas was named the outstanding M60 track athlete of the year by USA Track & Field.

Photo by Jerry Wojcik

He won gold medals in the three sprints at the 1996 Nationals in Spokane with age-graded performances in the 93+% range.

w #29

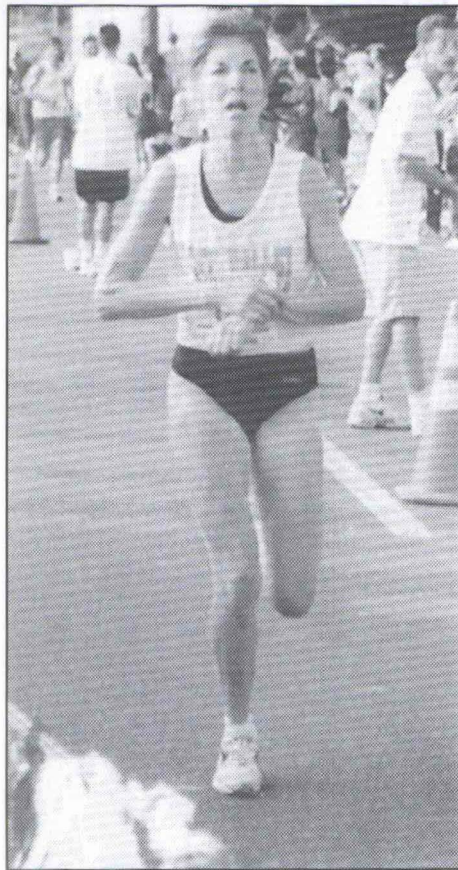


Medalists in the Huntington Beach Distance 5 Mile,
Huntington Beach, Calif., Aug. 31, from left:
Orianna Cavallaro (33:38), Debby Jamieson (47,
33:24), and Ya Yoi Liu (39, 31:28).

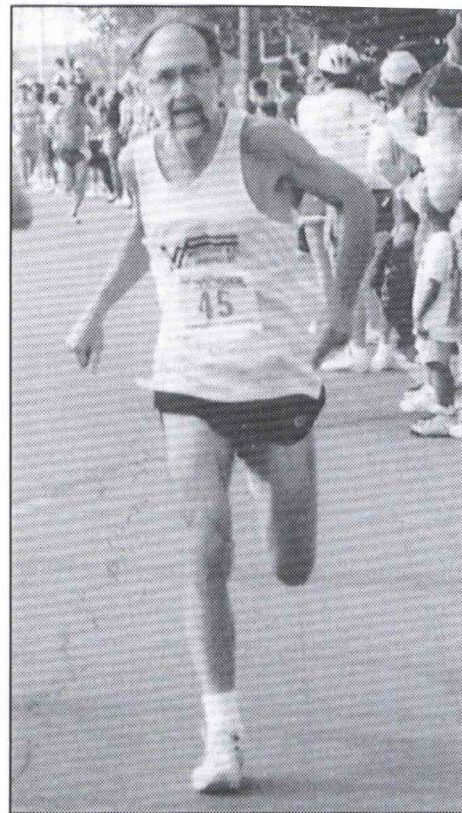
125%

Photo from Debby Jamieson

2-cul
crop
top
Any LDR



Joan Ottaway, 53, Sonora, Calif., Grandmasters (W50+) Division winner (18:31), Run By The River 5K, Clarksville, Tenn., Sept. 6.



Bill Olrich, 61, Lexington, Ky., first M60-69 (17:29), Run By The River 5K, Clarksville, Tenn., Sept. 6.



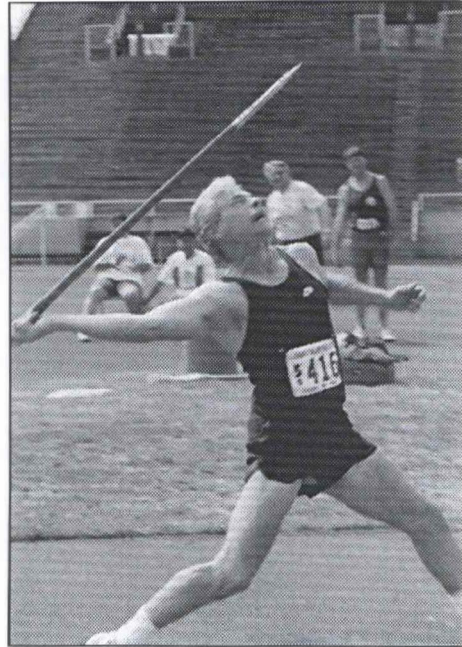
JERRY WOJCIK

Mary Snyder, of Idaho, finished the 5000 racewalk in 29:05.40, USATF National Masters Championships, San Jose, Calif., Aug. 7-10.



JERRY WOJCIK

Rob Frank, 44, Banks, Ore., M40 winner (25:56.8), 5000 racewalk, USATF Northwest Regional Masters Championships, Seattle.



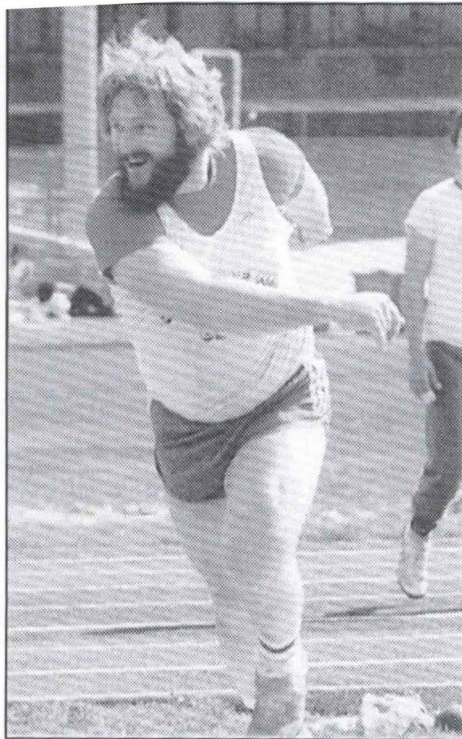
SUZY HESS

Bob Osterhoudt, U.S., M50 weight pentathlete.



JERRY WOJCIK

Ruth Callard #407, 43, Seattle, Grant Lamothe, 53, British Columbia, and Rich Walton #469, 45, Portland, Ore., in the 400H, USATF Northwest Regional Masters Championships, Seattle. Walton ran a 69.6, Lamothe, 71.5, and Callard, 71.6.

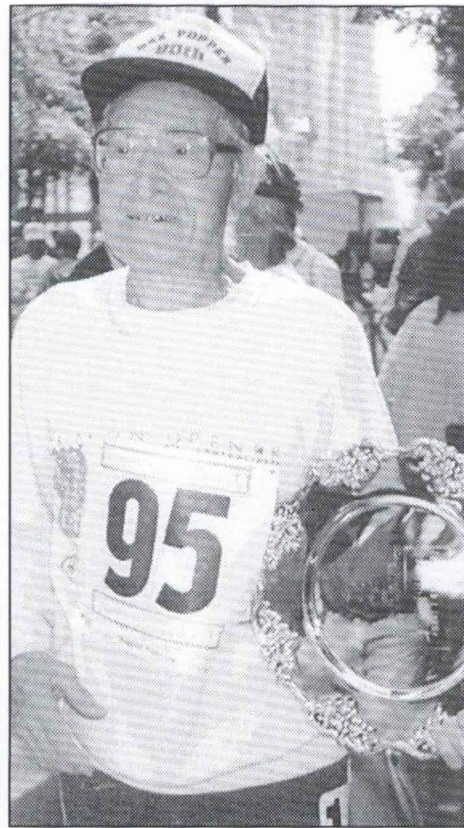


Norm Bower, who succumbed to cancer at age 49 in September.



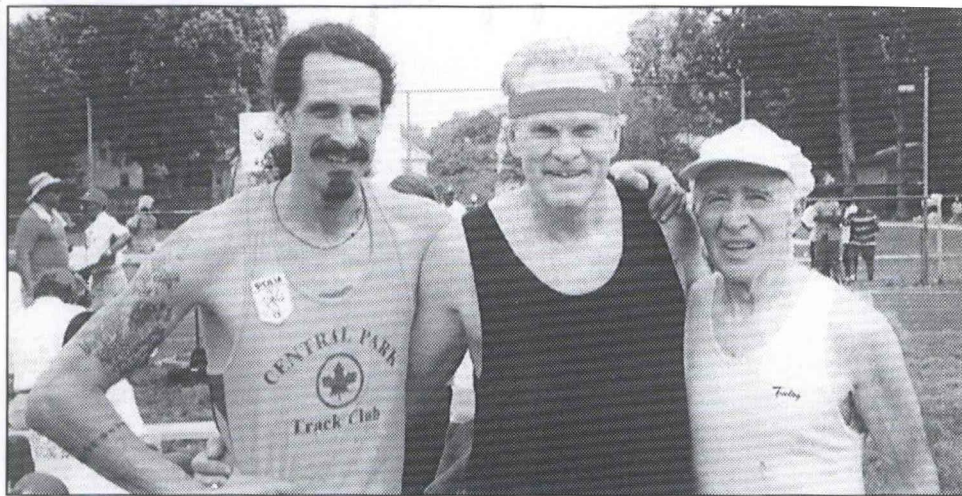
BEVERLEY LEWIS

John Brennand, M60, holds the Ray Williams Memorial Trophy for the best 5000 time (19:21.8) by an M60+ runner, awarded at the Club West Meet, Santa Barbara, Oct. 5, and presented by Mrs. Mary Cheadle, widow of Vernon Cheadle, long-time UC-Santa Barbara Chancellor and masters athlete. Holding the perpetual trophy, which Brennand also received, is former Club West president and now USATF Santa Barbara area Commissioner Lloyd Albright.



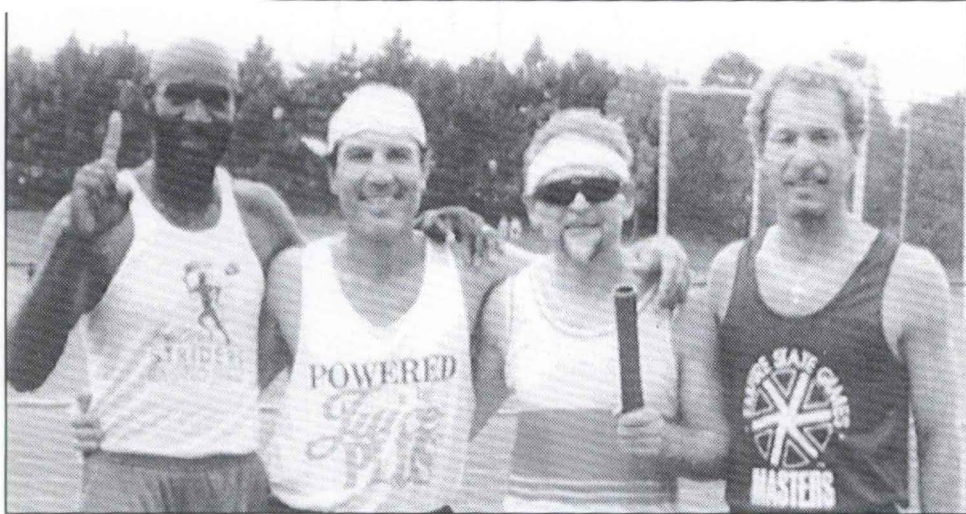
AL PUMA

Max Popper, his race number equaling his age, after running a 14:26 in the Fifth Avenue Mile, Manhattan, Sept. 27.



OTIS SLAGFIELD

Age-group winners in the 400, 1997 Essex County Track Festival, New Jersey, (l to r): Francis Schiro, M40, Charles Christman, M55, and Joseph LaBruno, M65.



MARY HALE

Members of the USA 4x100 relay team, first at the Canadian Masters Championships, Toronto, Ontario, August 16-17, (l to r): Les Hale, Smokey Santillo, Zbigniew (Zeek) Zlobicki, and Chris Best.



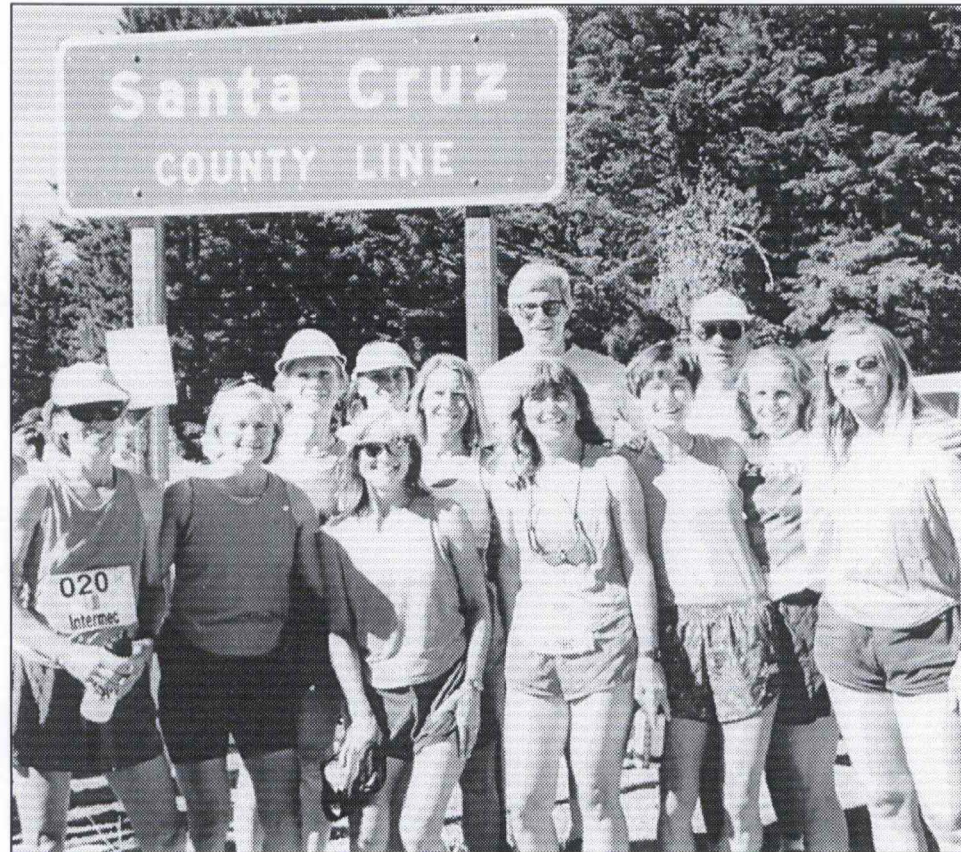
SUZY HESS

Richard Rzehak (l), Germany, M65 weight pentathlon winner (4910), and Len Olson, USA, second (4550), 12th WAVA Championships, Durban, South Africa.

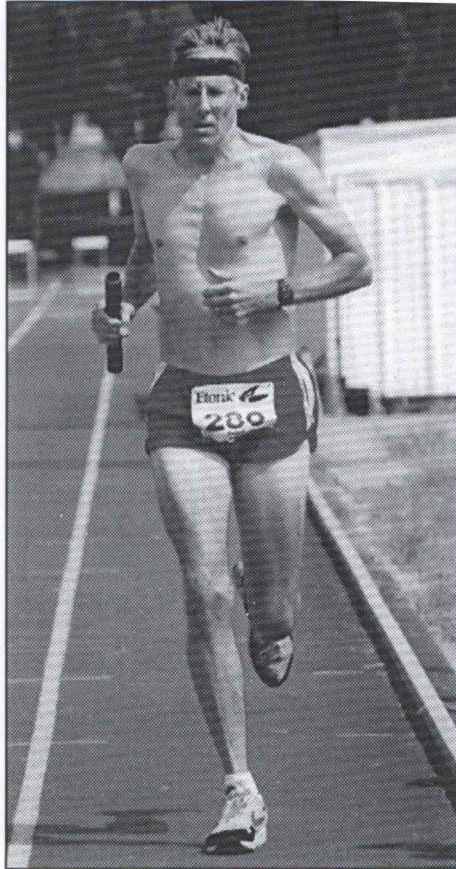


CAROLE LANGENBACH

Entrants from the USA in the second heat of the M60 5000, 12th WAVA Championships, Durban, South Africa (l to r): Derek Mahaffey, Bob Langenbach, and Malcolm Gillis.

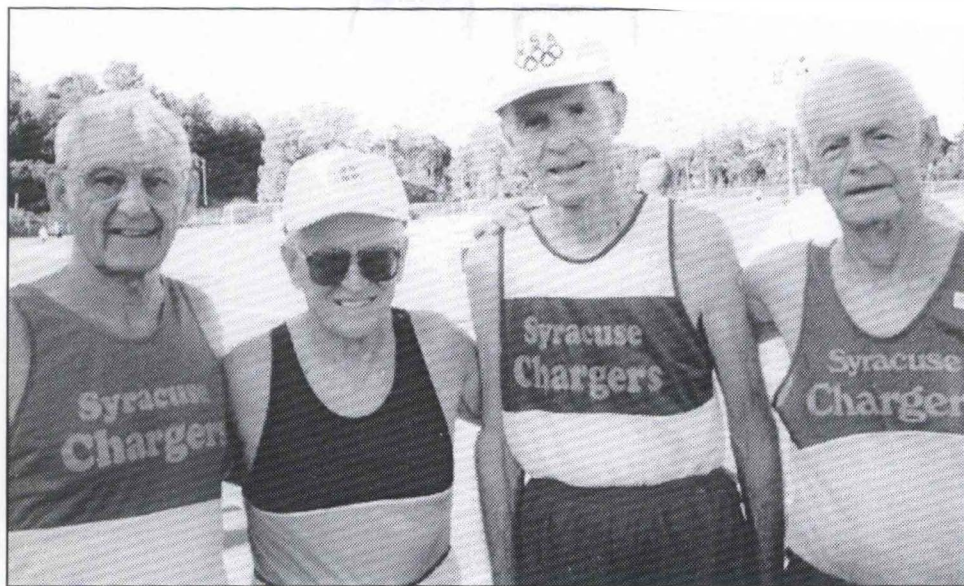


Members of the Fast in The Past Masters Team, which won the Open Women's Division of the 1997 Napa To Santa Cruz Relay (197+ miles) in 26:39:40, Sept. 19-20, front row, l to r: Julie Howe, Janet Ogle, Nancy Ogle, Carol Cuminale, Deb Melnikoff, Lynne Denley, and Patty Murray; back row, l to r: Debbie Dill, Amy Haberman, Ki Bowman, and van drivers Tom Shanle and Chris Foster.



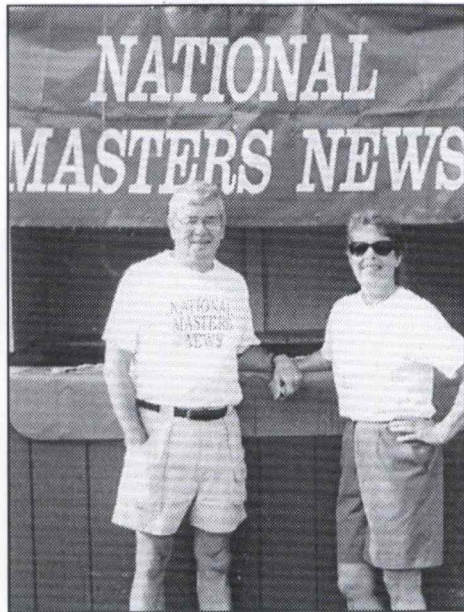
JERRY SMITH

Jimmy Sumner, 51, finished his leg in 5:49 for the M50+ team (11:08:12), St. Joseph Hospital 100x1 Mile Relay, Houston, Aug. 24.



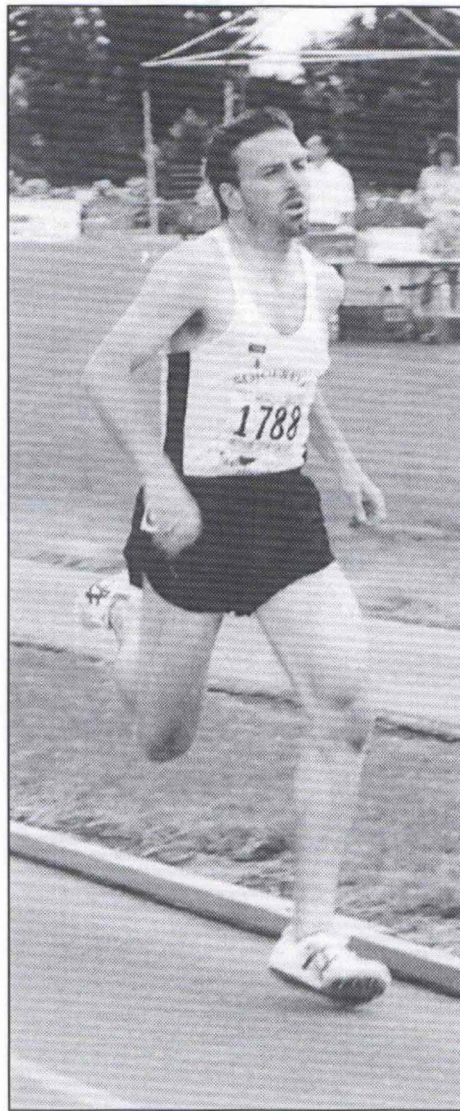
EVELYN WHITE

The Syracuse Chargers M70-79 team of (from left) Howard MacMillan, 71; Russ More, 75; Nate White, 78; and Ed Buckley, 75; established a pending world and U.S. record of 18:33.3 for the distance medley relay (800-400-1200-1600), Syracuse University, N.Y. On the same day, More had his first hole-in-one on the golf course.



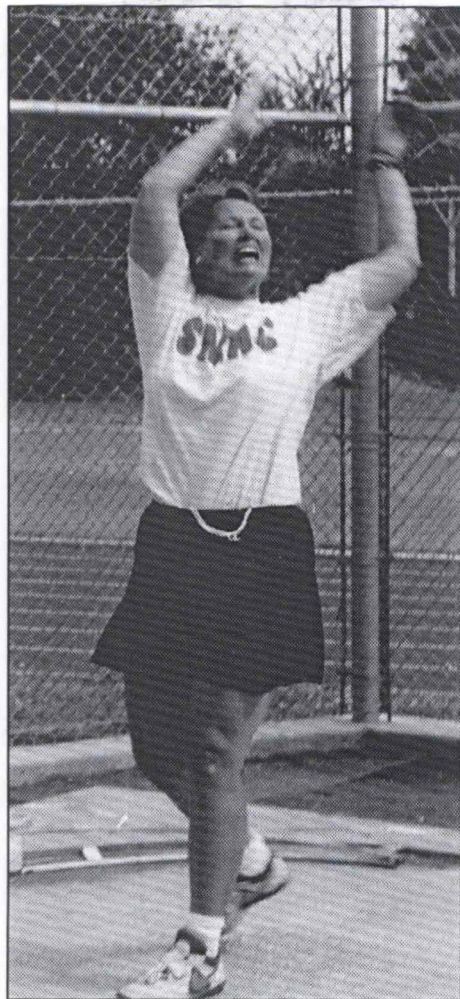
BEVERLEY LEWIS

Jerry Wojcik, Senior Editor, and Suzy Hess, Office Manager, at the *National Masters News* booth, USATF National Masters Championships, San Jose, Calif., Aug. 7-10.



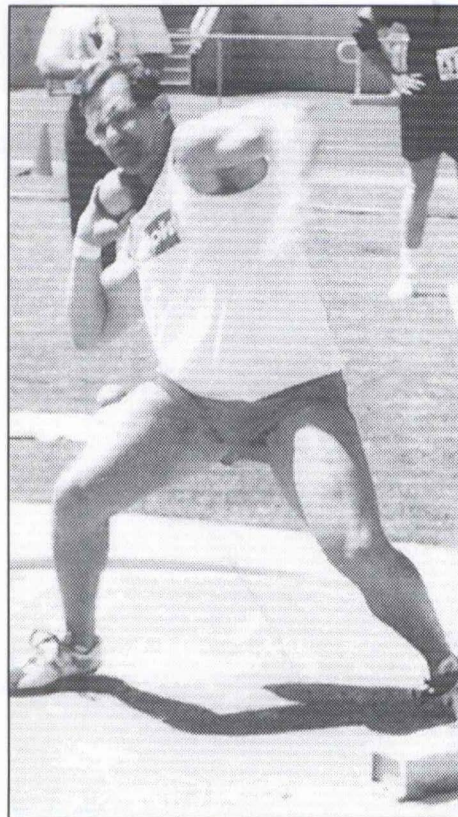
SUZY HESS

Chris Yorges, of Oregon, first in the M30 steeplechase (9:37.48), USATF National Masters Championships, San Jose, Calif., Aug. 7-10.



SUZY HESS

Pauline Thomas, 47, with a U.S. single age record, 31-0, 20-lb. weight.



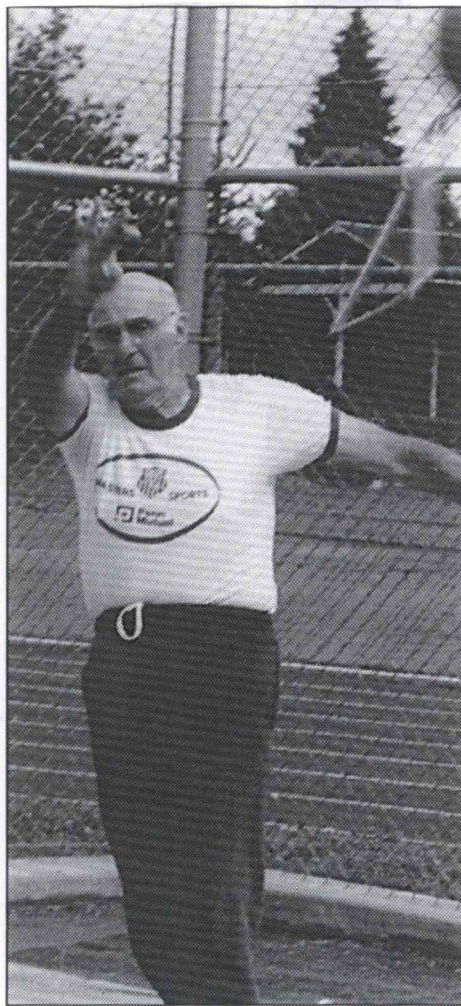
JERRY WOJCIK

Craig Shumaker, M45 Shot putter.



JERRY WOJCIK

Kathy Gelhausen, W35, Hayward Masters Classic, Eugene, Ore.



SUZY HESS

Leon Joslin, 84, broke two U.S. age records, USATF National Masters Weight Throws Championships, Seattle, Wash., Aug. 16.



100%

NOV.

g-cal amy

Members of the Fast In The Past Masters Team, which won the Open Women's Division of the 1997 Napa To Santa Cruz Relay (197+ miles) in 26:39:40, Sept. 19-20, front row, l to r: Julie Howe, Janet Ogle, Nancy Ogle, Carol Cuminale, Deb Melnikoff, Lynne Denley, and Patty Murray; back row, l to r: Debbie Dill, Amy Haberman, Ki Bowman, and van drivers Tom Shanle and Chris Foster.

Photo from Nancy Ogle



w#2
spec

↑ 1400z ↑
Kathy Gelhausen, W35, 1996 Hayward Masters Classic,
Eugene, Ore.

Photo by Jerry Wojcik

1-00



↑ 2 U.S. ↑
Pauline Thomas, 47, with throw of 31-0, single age record, 31-0,

20-lb. weight, USATF National Weight and Superweight Champ-

ionships, Seattle, Aug 31.

W#2
SPEC

100%

Photo by Suzy Hess

1-01



USE FOR
RW
PAGE,
WHEN
NEEDED

1608

Rob Frank, 44, Banks, Ore., ^{M40} winner (25:56.8), 5000
racewalk, USATF Northwest Regional Masters
Championships, Seattle, July 19-29.

Photo by Jerry Wojcik

1-cl

Comp T+b
RW



USE
WHEN
NEEDED
NO SEPT

Mary Snyder, of Idaho, finished the 5000 racewalk in 29:05.40, USATF National Masters Championships, San Jose, Calif., Aug. 7-10.

Photo by Jerry Wojcik

150¢ AW 1- cap

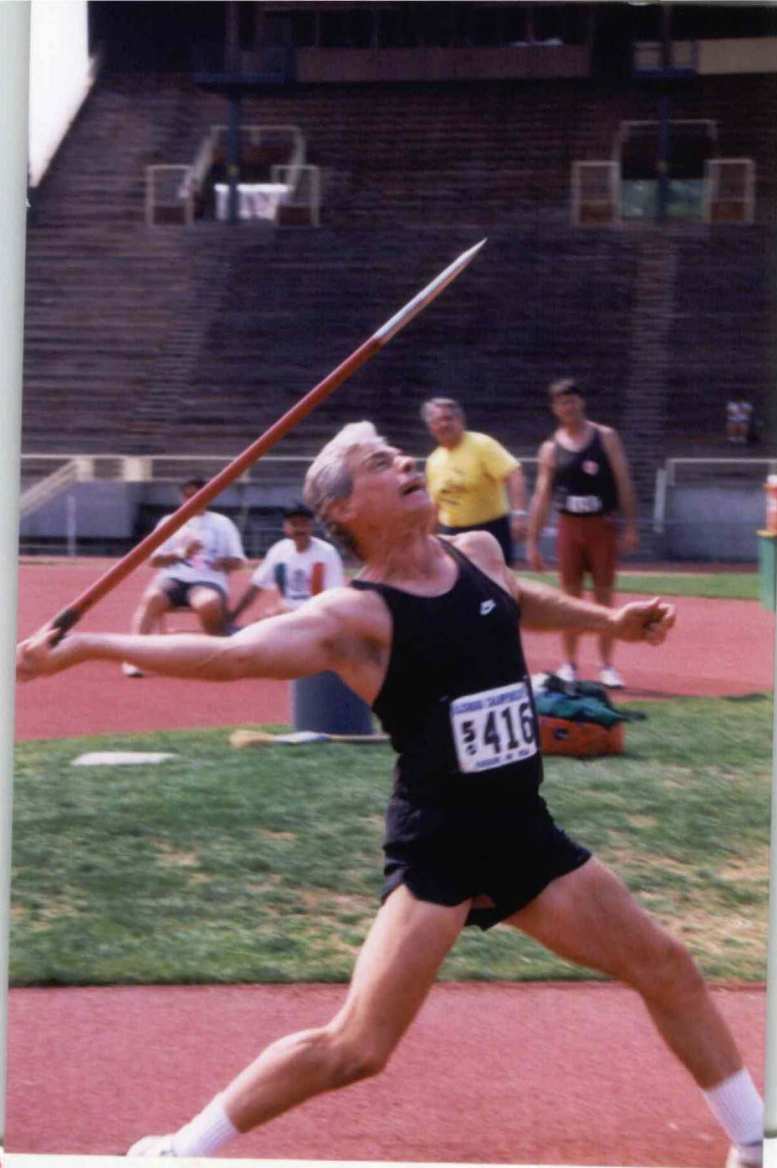


John Brennand, M60, holds the Ray Williams Memorial Trophy for the best 5000 time (19:21.8) by a an M60+ runner, awarded at the Club West Meet, Santa Barbara, Oct. 5, and presented by Mrs. Mary Cheadle, widow of Vernon Cheadle, long-time UC-Santa Barbara Chancellor and masters athlete. Holding the perpetual trophy, which Brennand also received, is former Club West president and now USATF Santa Barbara area Commissioner Lloyd Albright.

Photo by Beverley Lewis

with
NOV.
ARTICLE
with 38
spec

2-00



Bob Osterhoudt, U.S., M50 weight pentathlete, /
NCCWAVA Regional Championships, Eugene, Ore.,
Aug. 21-24.

Photo by Suzy Hess

1-col

602e

1-col



W#34
spec

Max Popper, his race number equaling his age, after running a 14:26 in the Fifth Avenue Mile, Manhattan, Sept. 27.

Photo by Al Puma

90% 1 - Corl

NOV.



SEPT.
WITH
STORY

W#29

Ruth Callard #407, 43, Seattle, Grant Lamothe, 53,
British Columbia, and Rich Walton #469, 45,
Portland, Ore., in the 400H, USATF Northwest Regional
Masters Championships, Seattle, July 19-20. Walton
ran a 69.6, Lamothe, 71.5, and Callard, 71.6.

Photo by Jerry Wojcik

1208
2-4
spe



NOV
INSIDE
W/STORY
W#29
SPEC

1 2002 1
Joan Ottaway, 53, Sonora, Calif., Grandmasters (W50+)

2002
Division winner (18:31), Run By The River, Clarksville,
Tenn., Sept. 6.

Photo from Jo Huber

crop t & b



NOV.
INSIDE
w/ story
gk

Bill Olrich, 61, Lexington, Ky., first M60-69 (17:29),

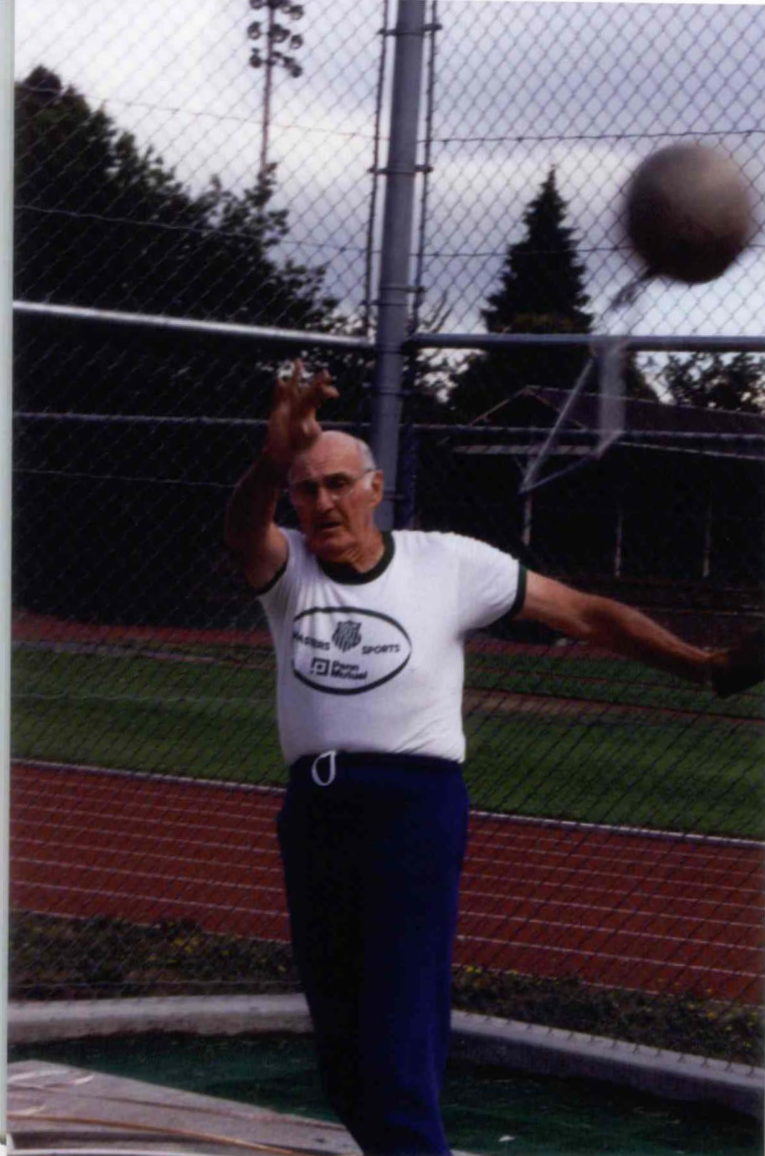
190%

Run By The River 5K, Clarksville, Tenn., Sept. 6.

Photo from Jo Huber

w#29

1-col



1
902-
Leon Joslin, 84, broke two U.S. age records, USATF National
Masters Weight Throws Championships, Seattle, Wash., Aug.31.

w#2

spec

Photo by Suzy Hess

1-col



OCT. 1990
Entrants from the USA in the second heat of the M60 ¹⁰⁰⁰⁰ 5000, 12th WAVA Championships, Durban, South Africa (l to r): Derek Mahaffey, Bob Langenbach, and Malcolm Gillis.

Photo by Carole Langenbach

INT 2-CAC



OCT.
~~ALL~~

CROP
 bottom

~~October captions~~

David Washburn, 41, finishes the last leg (4:33) for the M40-49 team, St. Joseph Hospital 100x1 Mile Relay, Houston, Aug. 24.
 Photo by Jerry Smith

1600

CROP
~~ALL~~

1-cop



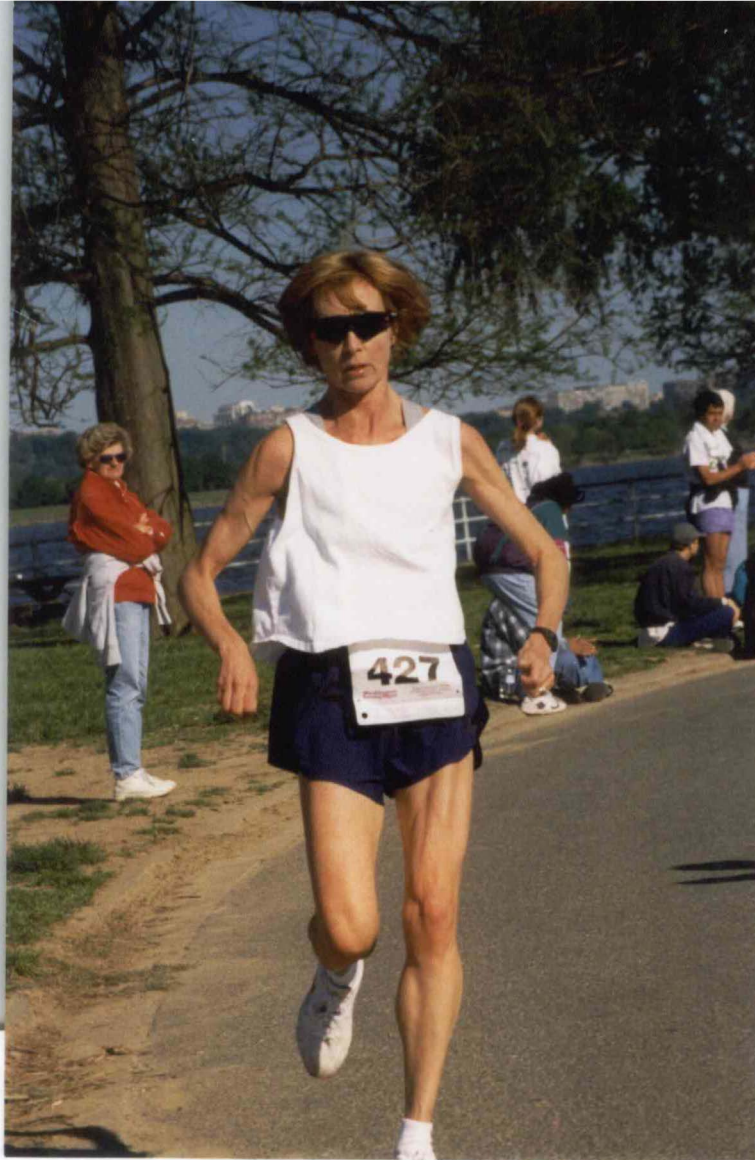
Members of the USA ⁴ x 100 relay team, first at the Canadian Masters

Championships, Toronto, Ontario, August 16-17, (l to r): Les Hale, Smokey Santillo, Zbigniew (Zeek) Zlobicki, and Chris Best.

Photo by Mary Hale

INT 1600 25 2-cals

Crop top
& bottom



OCT.

~~Banker captions~~

9091

1-coe

Claudia Piepenburg, 48, Arlington, Va., first W40+ (42:04),
1997 Mother's Day 10K, Washington, D.C.

Photo by George Banker

C10P 10K



900w

The Syracuse Chargers M70-79 team of (from left) Howard MacMillan, 71; Russ More, 75; Nate White, 78; and Ed Buckley, 75; established a pending world and U.S. record of 18:33.3 for the distance medley relay (800-400-1200-1600), Syracuse University, N.Y., July 25. On the same day, More had his first hole-in-one on the golf course.

5-01e
any

OCT.

Photo by Evelyn White



300
125
: 72, first M70-74 (48:49), Vietnam

: Memorial 10K, Washington, D.C.,

125

1-000

Photo by George Banker



Stege Scott leads Miguel Tibaduiza in the
National Masters ^{10K} ~~8K~~ Cross-country run.

Photo by Ed Lock

10024



852

Start of the WAVA World Veterans 10K Road
Championships, Brugge, Belgium, June 29.
Winner Jeff Eycmans of Belgium (1010) takes
the early lead.

Photo by Steve Smythe

~~100%~~ Int
2-nd



1 1254 1

1-col

First W60-64, Charlotte Edwards, 61, McLean, Va.,
in 47:33, Georgetown 10K, Washington, D.C., Oct. 6.

spec
W#31

Photo by George Banker



50,
Ohio's Rex Harvey, was voted the top masters
multi-event athlete of the year at the USATF
convention in San Francisco.

Photo by Suzy Hess

12620 ~~10000~~
w/ # 2 or #291

2-crl?

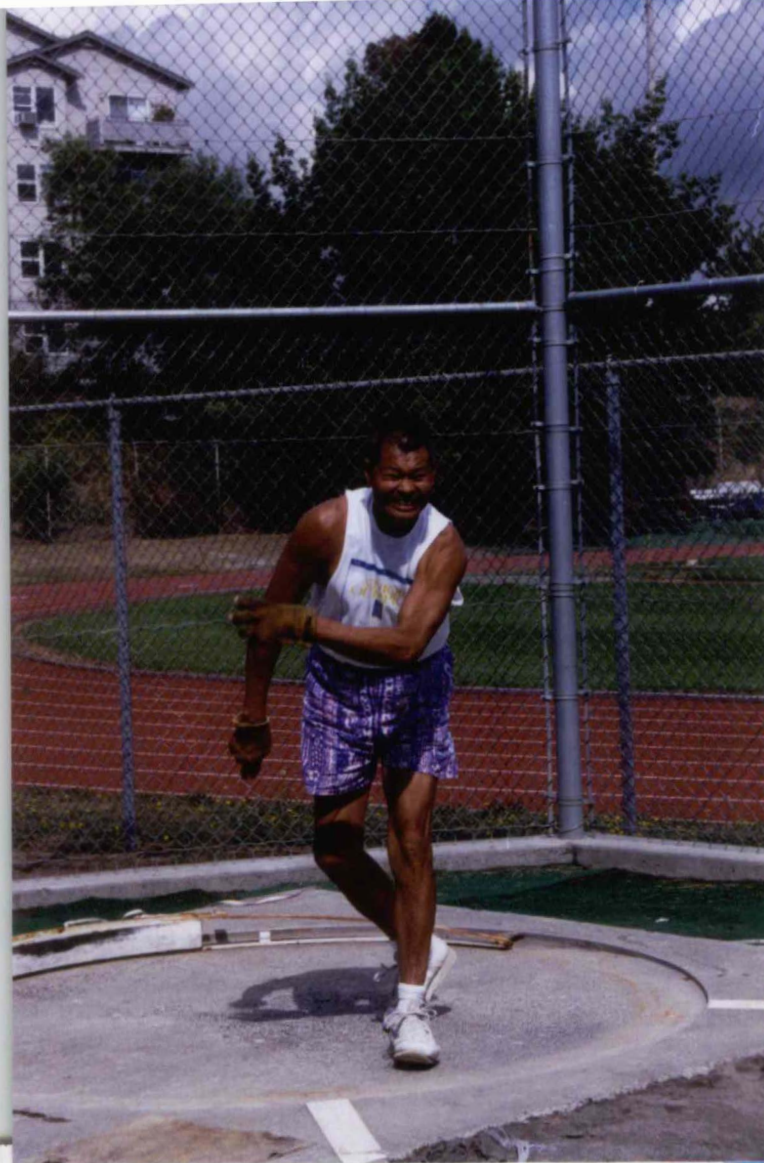


MEXICO'S

MARTIN MONDRAGON, 42, WON HIS THIRD STRAIGHT
MASTERS TITLE WITH A 16TH OVERALL 49:51 IN THE
20TH ANNUAL CRIM 10-MILE IN FLINT, MICH., AUG. 24.

my 85%

PHOTO: VICTAH © PHOTO RUN-1996 ©



1403

Manuel White, 80,¹ sets one of his two U.S. age records, USATF

w #41

National Masters Weight Throws Championships, Seattle, Wash.,

Aug. 31. 1-cal crop top Photo by Jerry Wojcik



Bob Sager, 48, deposits the 200-lb. weight, as Tim Edwards, 48, studies his technique, Ultra Weight Classic, Seattle, Wash.,

Aug. 31.

Photo by Jerry Wojcik

~~W~~

~~F2~~ ~~over set~~

~~1152~~ ~~100%~~ ~~2-cue~~

100%



8522

Rich Murray, Ipswich, Mass., was second M50 in the USATF

New England Gran Prix with top three finishes in events

ranging from 5K to 30K, and won the bronze (17:040 in the
1996

WR

C100



L 200 2-1

Pregpm-

Oregon's Myra Fromme, 92, was named best women's track athlete of the year in the women's 90-94 division.

Photo by Suzy Hess

#29 as anywhere
1-crl



Typical view of downtown Durban, South Africa.

IWT
2nd

100%



Sprinters in the M50-54 100 get good starts in the South Western District Championships, Oudtshoorn, South Africa, Oct. 26. Kobus Louw (1) was fourth (13.8), and Edgar Figland, second (13.2).

Photo by Leo Benning

mt
g-cal

10000



1852

California's Bobby Thomas was named the outstanding M60 track athlete of the year by USA Track & Field.

Photo by Jerry Wojcik

He won gold medals in the three sprints at the 1996 Nationals in Spokane with age-graded performances in the 93+% range.

w #29



Medalists in the Huntington Beach Distance 5 Mile,
Huntington Beach, Calif., Aug. 31, from left:
Orianna Cavallaro (33:38), Debby Jamieson (47,
33:24), and Ya Yoi Liu (39, 31:28).

125%

Photo from Debby Jamieson

2-cul
crop
top
Any LDR