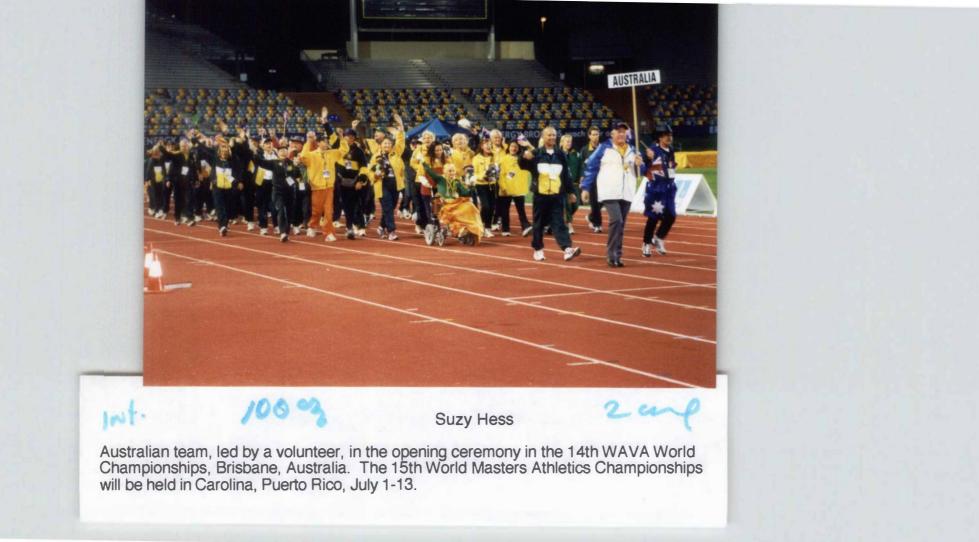


Gold medalists at the Palm Desert Senior Games, Palm Desert, Calif., Feb. 22 (from I): Jerry Silsdorf, 79, high jump; Arnie Gaynor, 75, shot and discus; and Angelo Rinaldi, 53, shot and discus.





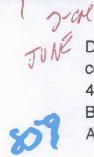
## Mike Polansky



Winners overall Kathy Martin (second I), 51, 37:38, and Don Di Donato (second r), 45, 34:59, with sponsors Anthony Narciso (I), of Mizuno, Tony Wishowaty, Nationwide Insurance (c), and Joe Saladino (r), of host city Oyster Bay, Nationwide Insurance 10K Run for ASPIRE, Plainview, N.Y., April 5.







Mike Polansky Danielle Davis (second left) of Vytra Health Plans congratulates top three masters (from I): Don MacKay 41, first (18:57), Steve Melore, 40, second, and Paul Bonanni, 42, third, Vytra Human Race 5K, Islip, N.Y., April 12.

