



Showing the old miler form, Rep. Jim Ryun (#400), 53, R-Kansas, negotiates his way through the SGMA Capital Challenge 5K in Washington, DC, Sept. 13, en route to 2 19:56.







Contestants in the Weight and Ultra-Weight Meet, Philadelphia, Pa. June 10 (I to r): Olga Carstensen, Debbie Eklund, Roz Katz, Pay Carstensen, Ray Feick, and Paul Totate Eberhardinger.





It was the summer of 1960. An 18-year-old athlete needed a javelin throw of 160 feet 9 inches to join Team USA in Rome. She threw 160 feet. • It was the last time Karen Huff would fall short. • Over the next 25 years, Karen married. Taught school. Coached. And in 1985, returned to the sport she loved. • But after six national championships in Masters Track, Karen suffered a serious injury to her shoulder. Facing the prospect of never throwing again, she turned to the doctors of Evanston Northwestern Healthcare; doctors on faculty at Northwestern University. Today, with successful surgery behind her, Karen is planning her return to competitive track



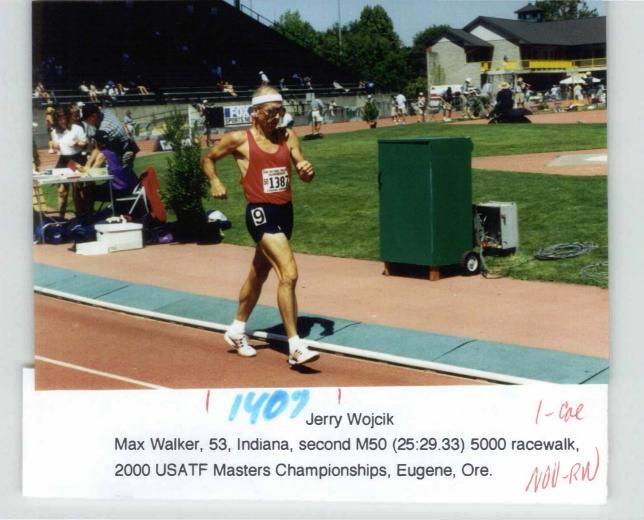
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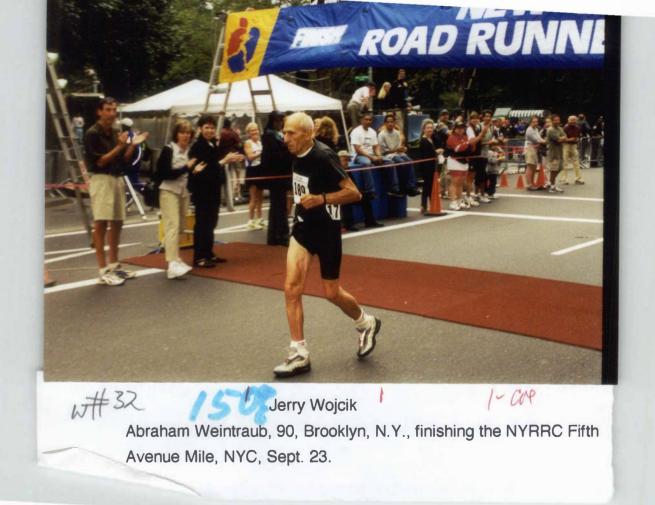
from Chuck Yost Throwers at the Granite State Senior Games, Laconia, N.H., Aug. 18-20 (from left): Armand Courchesne, N.Y., William Barker, Jr., Conn., Chuck Yost, N.Y., Russ Van Put, N. J., Louis Capano, N.Y., and Len Rosen, N.H.





Great Britain's gold medal W35-39 4x400 relay team (3:50.80), WAVA-Gateshead (from left): Virginian Mitchell, Jennie Matthews, Angela Beadnall, and Linda Gabriel.







Contestants at the starting line in the George Sheehan Memorial Mile for men and women 60-69, NYRRC Fifth Avenue Mile, Manhattan, Sept. 23.



Mike Polansky

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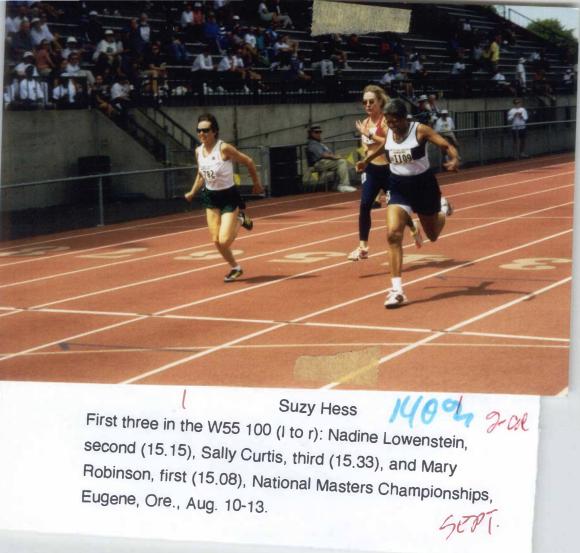
The River Road Rats Senior Masters Team members show their patriotism as they cross the finish line, Nationwide Insurance Ocean to Sound Relay, Bethpage, N.Y., Sept. 24. NOV.



Jorry Wojcik

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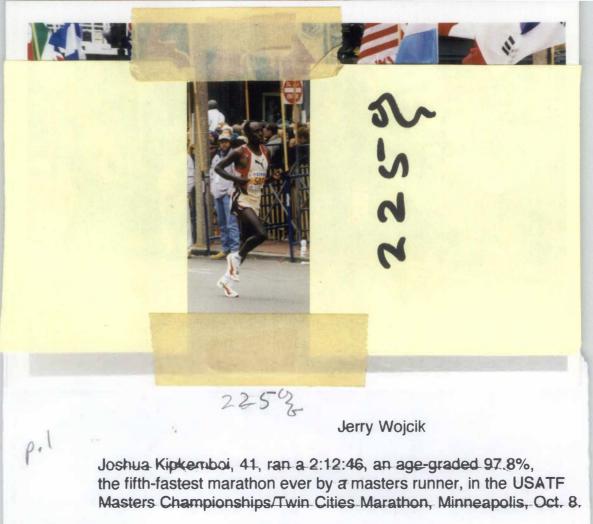
Members of the Fort Sam Houston track meet in 1968-69 met at the 2000 National Championships, Eugene, Ore., where John Drolla (I), 55, Austin, Texas, a sprinter back then, and Eric Zemper (c), 56, Eugene, Ore., a middle-distance runner, worked the Championships as officials. Scott Taylor, 55, Beaverton, Ore., a distance runner in 1968-69, competed in the 1500 and the 5000 at Eugene.

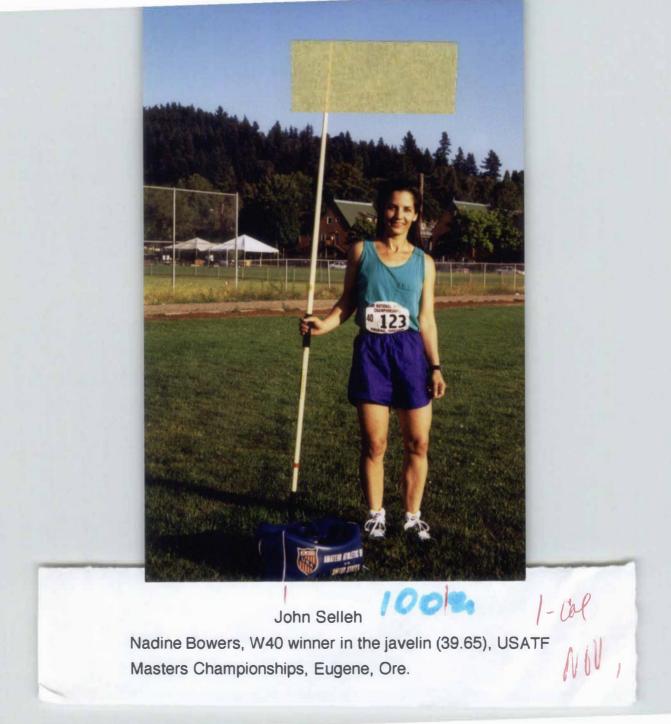




Len Olson

Lad Pataki, 50, gives the victory sign after scoring a world record 4818 points, USATF Masters Weight Pentathlon Championships, Pampa, Texas, Sept. 16, with Meet Director Wendell Palmer.







James Wojcik Bob Schwelm, 41, Philadelphia, Pa., fifth master (2:26:59), 2000 Boston Marathon.