

WOR

100%

James Wojcik

1-04

Chris Verbeek, 40, Belgium, third M40+ (2:22:52) 2000 Boston Marathon.

JULY



WT

Jerry Wojcik

1058

Alan Meddigs, Great Britain, winning the M70 200 final (27.23), WAVA-Gateshead.

1-02



#46

1 2004

1-Cal

Jeanne Daprano

Bill Daprano set an age-73 world record for the pentathlon with a score of 3253, Southeastern Masters Meet, Raleigh, N.C., May 12. Daprano set a U.S. age-72 record in the 1999 meet.

JULY-MVST



8502

George Banker

809 1-cal

Bill Sollers, 60, finished with a 23:28 in the 1999 Tommy's American 5K, Washington, D.C.

APRIL



W#44

A

Jerry Wojcik

2204

1-cal

Steve Wulf, M45 winner in the 800 (2:04.13) and 1500 (4:24.66),
1999 USATF National Masters Championships, Orlando, Fla. This
year's championships are scheduled for Aug. 10-13 in Eugene,
Ore.

JULY



w#36

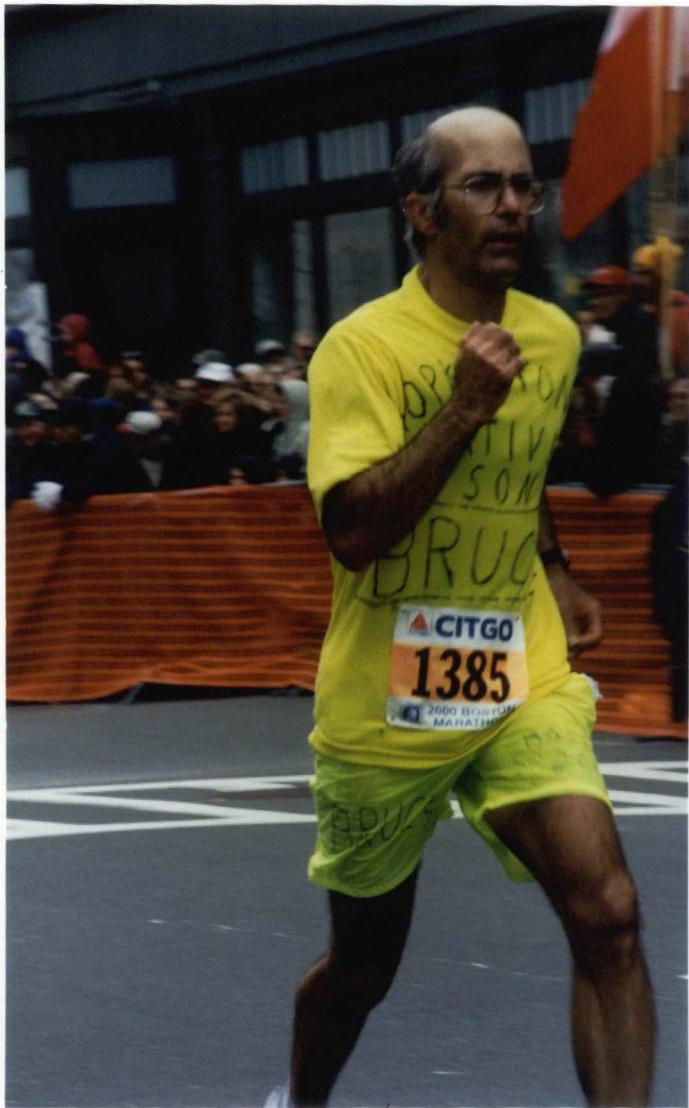
Art Shahzade

1409

1-Cal

Vickie Bigelow set a W60 800 meet record of 2:57.6, Visalia Masters Classic, Visalia, Calif., May 20.

JULY - MUST



Sluzi Hess

804

1

1-col

Bruce Baylis, 42, Melbourne, Fla., finished the 2000 Boston Marathon in 2:46:23.

LOR



WOR

1

90% 2-col

Mike Polansky

First three W40-44 (l to r): Linda Ottaviano (20:52), Jeanette Hoff (22:24), and Dolores Doman (20:38), Long Island Police Appreciation 5K, East Meadow, N.Y., June 1.

JULY



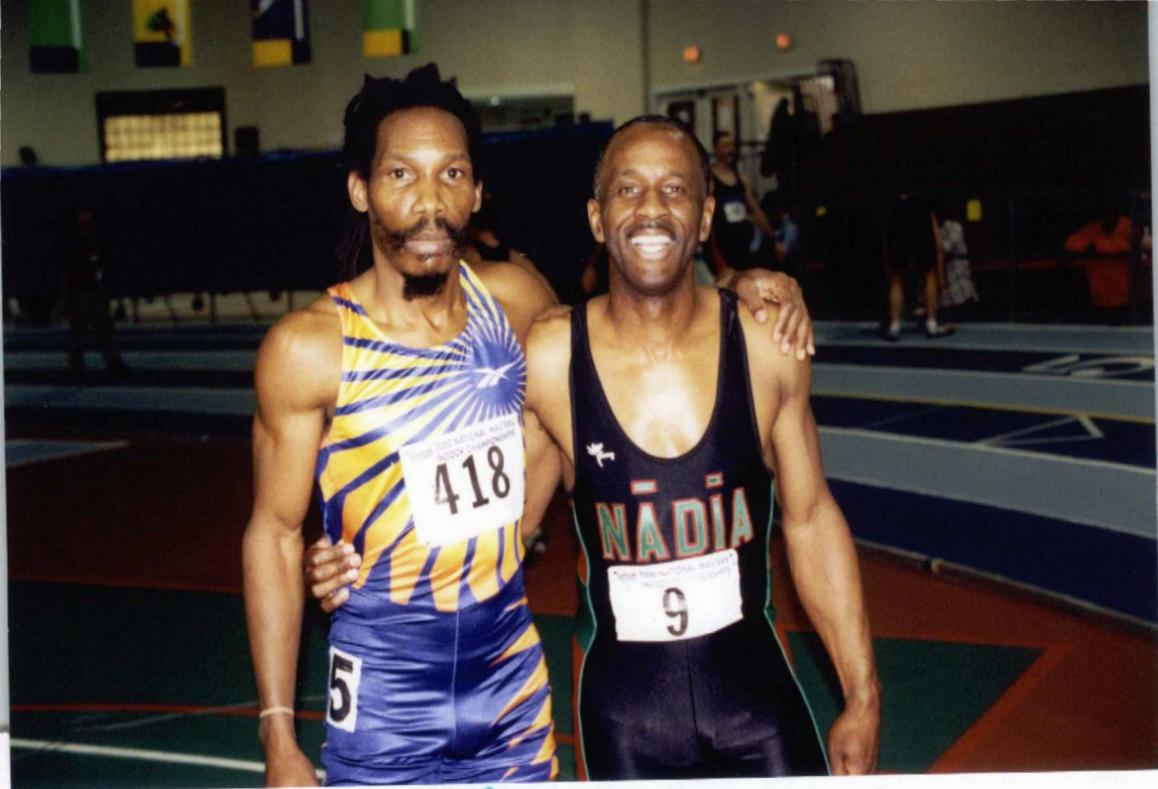
w#41

904'

George Banker

Masters winners John Tuttle, 41, Douglasville, Ga., 14:49, and Betty Blank, 47, Falls Church, Va., 20:21, George Washington Parkway, Alexandria, Va., April 16.

1-Call
JULY



802

Jerry Wojcik

Alston Brown (418) Charles Allie, M50 400, 2000 Indoor
Championships, Boston.

3

INDR
RANKINGS
90623



#28

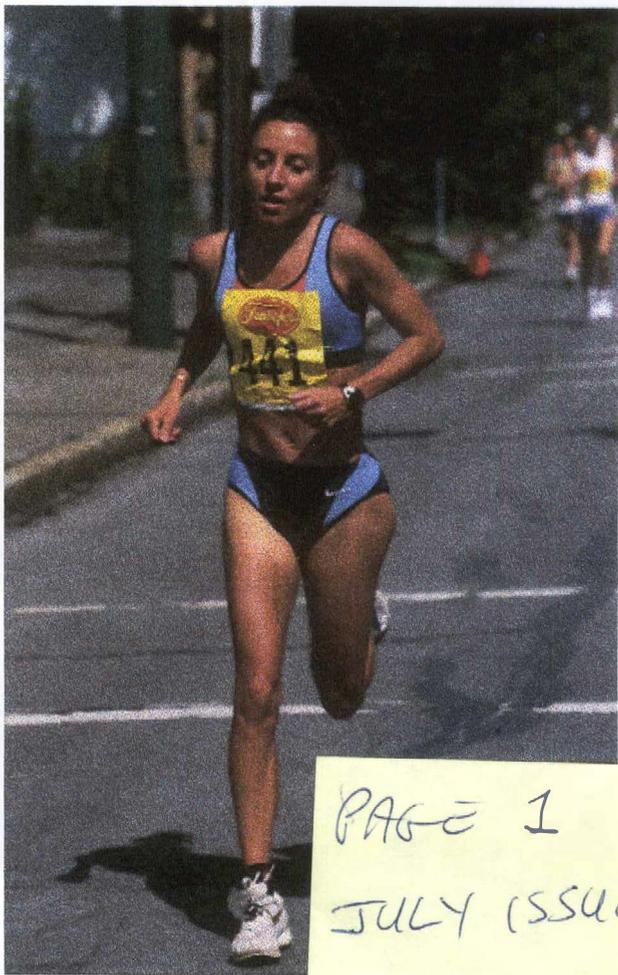
100%

Paul Hronjak

1-col

Ken Long, Raleigh, N.C., first M50 (33:42.50), 5000 racewalk, Southeastern Masters Meet, Raleigh, May 12-14.

JULY 1980



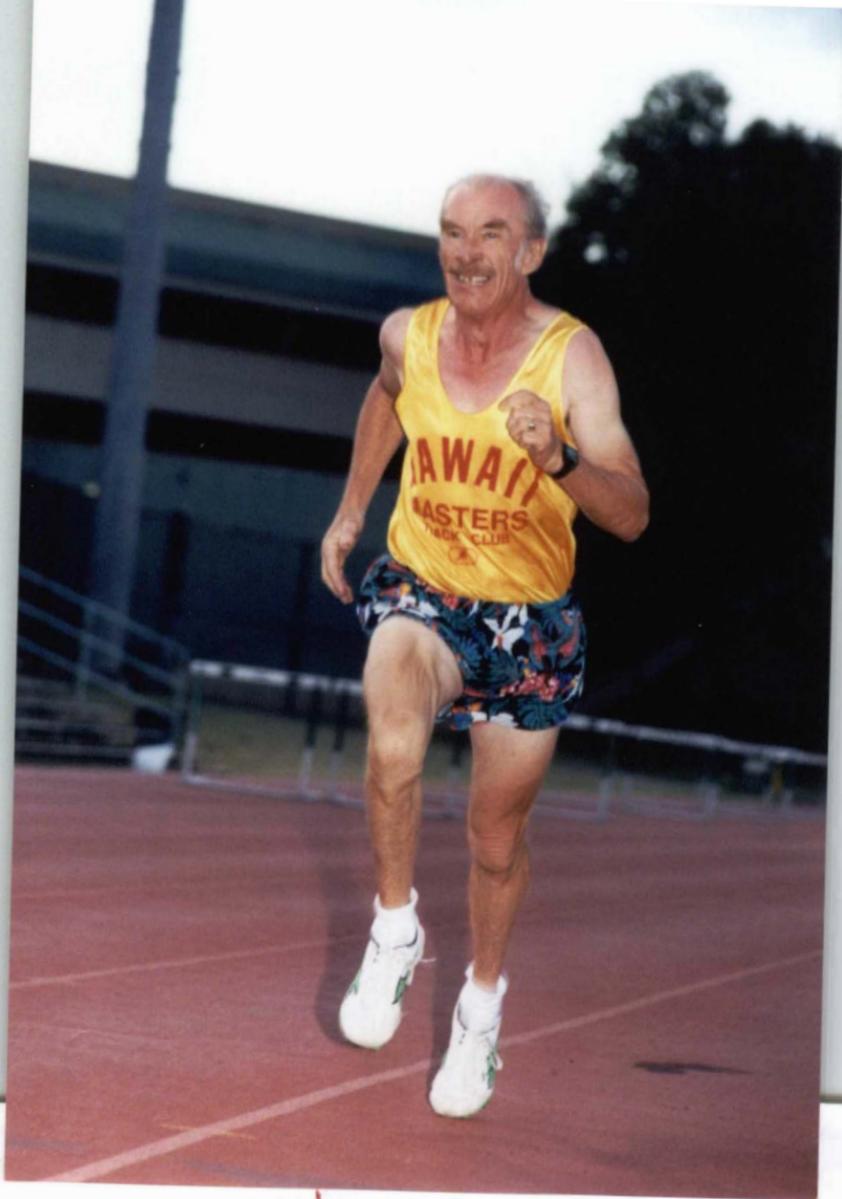
PAGE 1
JULY ISSUE

100%

Victor Sailer/Photo Run

Carmen Ayala-Troncoso, winner (16:28)), Freihofer's 5K Run for Women/USATF National Masters Championships, Albany, N.Y., June 3.

JULY-MUST



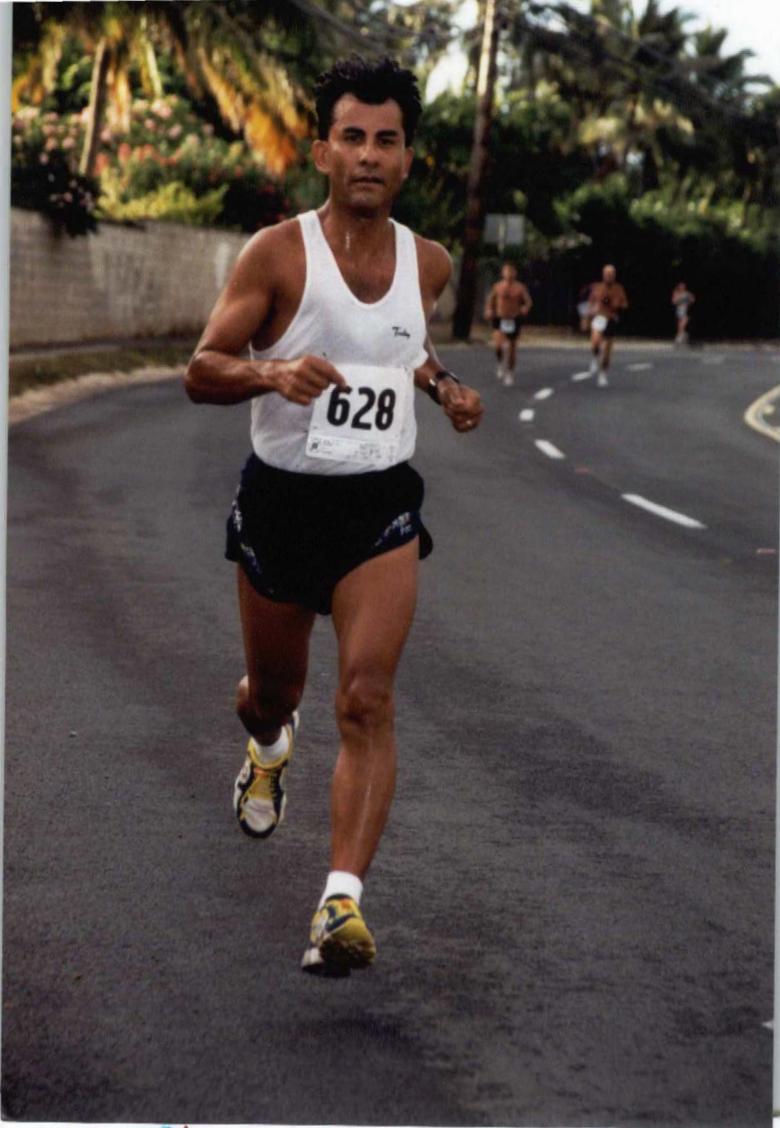
2050

1-COP

Tesh Teshima

Geoff Howard, M60 winner in the 1500 (5:28.6) and 3000 (11:39.5), spring USATF Hawaii Meet, U. of Hawaii.

JULY



LOR

904!

Tesh Teshima |

1-cal

Art Robledo, first M40 (83:46), Holokiki O' Alele Half-Marathon, Enchanted Lakes, Hawaii, May 21.

JULY



LOR

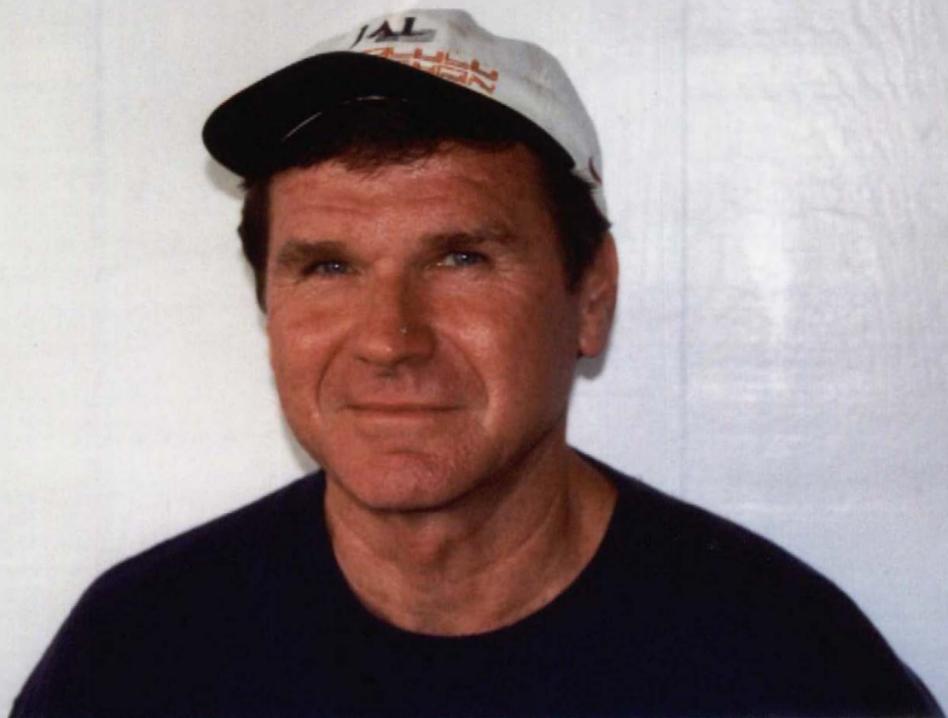
100%

Tesh Teshima

1-COP

Michael Georgi, M45 winner (36:16), Johnny Faerber All Men's 10K, Honolulu, Hawaii, May 14.

JULY



MIKE TYMIN
45%



w#38

90c Jim Oaks

J-ink

Three of the top five masters women (l to r): Janice Addison, W40, 2nd, 37:29, Shannon Reade, W40, 3rd, 39:52, and Lisa Kelley, W40, 4th, 42:15, 2000 WZYP Cotton Row 10K, Huntsville, Ala., May 29,

JULY WITH STORY



w#28
Racewalk

(140%)

1-COP
JULY RW

Paul Hronjak

Gayle Sink, High Point, N.C., second W60 (37:05.00), 5000
racewalk, Southeastern Masters Meet, Raleigh, N.C., May 12-14.



W#36

1209

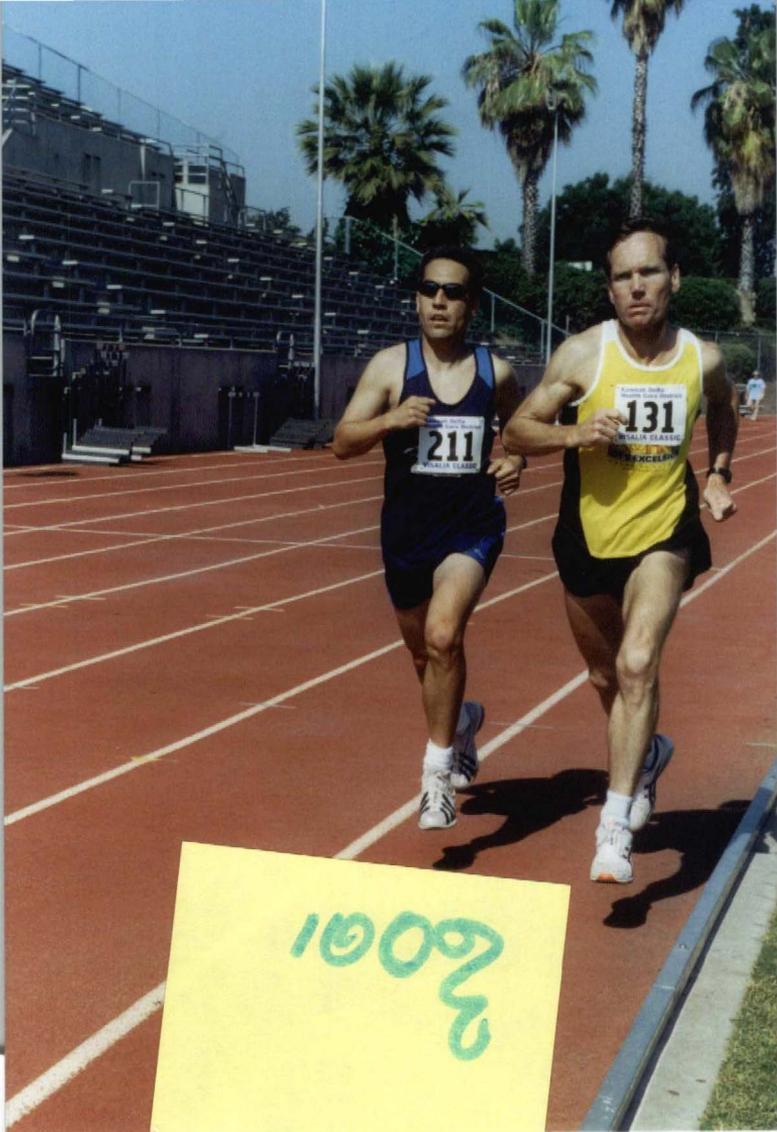
1
Art Shahzade

g-car

Don Cheek (196), M70, edges Paul Bambrook, M70, in the 50m, both timed in 7.5. Frank Benedict (173), won the M75 race.

Visalia Masters Classic, Visalia, Calif., May 20.

JULY - MMSI



w#36

Art Shahzade

1-GR

Leaders in the 3000, Ruben Esparza (211), M35, and Jim Gorman, M50, Visalia Masters Classic, Calif., May 20. Esparza finished first in 9:39.6. Gorman won the M50 race in 9:45.8.

JULY



W#35

12000

1

2-COE

Participants in the Invitational Masters 1500 at the Princeton Invitational Championships, Princeton, N.J., May 6, (kneeling, l to r): Joe Guty, Fred Kitzrow, Tom Hartshorne; (standing, l to r): Dave Van Houten, Steve Rook, Chris Harkins, Harry Nolan, Dick Green, and winner Don DiDonato (4:13.8).

JULY - WITH ARNOLD



F 140 201

Local JULY
WEIGHT
ROOM

Beverley Lewis

100-year-old John Whittemore of Club West, Santa Barbara, Calif., takes a break in between a photo shoot for a national publication at a local high school. Whittemore, who turns 101 in November, recently set M100-104 records in the javelin, shot, and discus. He is planning on breaking the record for the 400g javelin at the Club West Meet, Oct. 7, to add to his 600g record.



#2
with floor

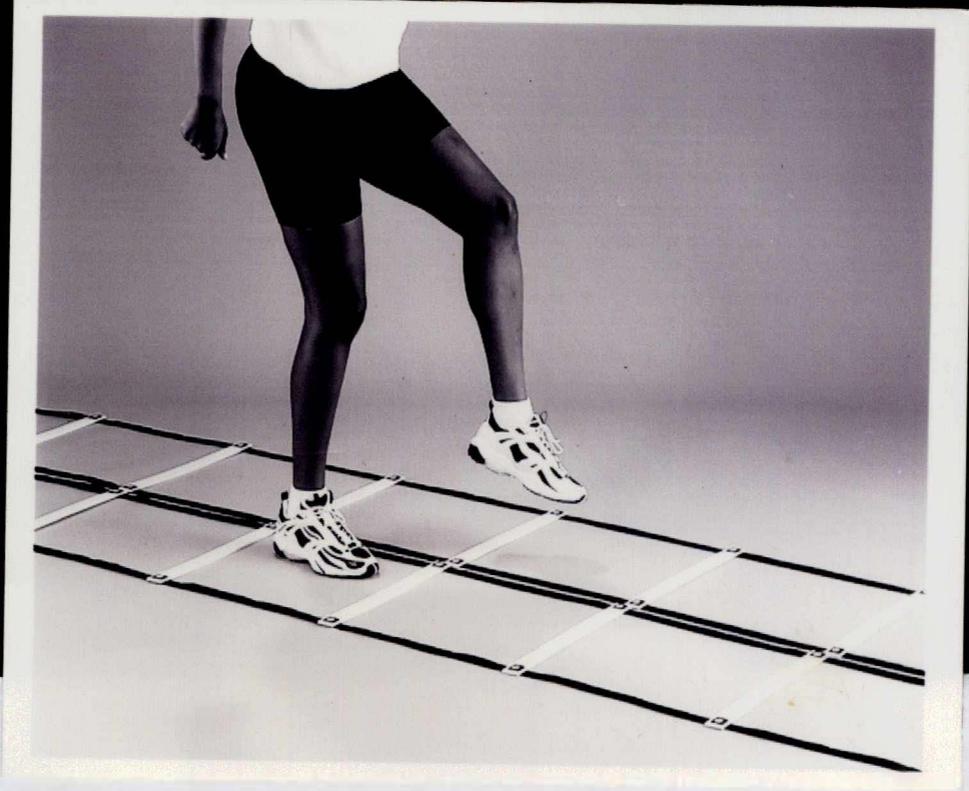
Art Shahzade

802

1-ol

Bob Humphries tied the M60 meet discus record (148-7), Visalia
Masters Classic, Calif., May 20.

JULY-WEIGHT
ROOM



70%



PRESS RELEASE

NEWS ABOUT: M-F ATHLETIC COMPANY

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PHOTOS: Black & White

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