

Yoko Eichel, W50, California, middle distances.



4

1708

Jerry Wojcik

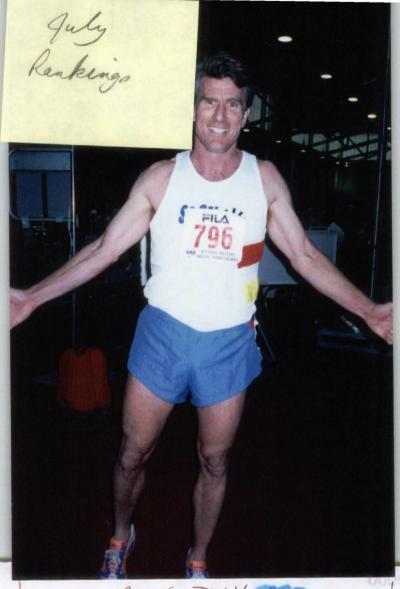
Roslyn Katz, W55, New York, weight thrower.

INPOOR RANKS TVLY



Charlene Landrum, W35, New York, sprinter and hurdler.

Groups.com>



IN A OUR RUMS - JULY Jerry Wojcik

Steve Wulf, M45, California, middle distances.

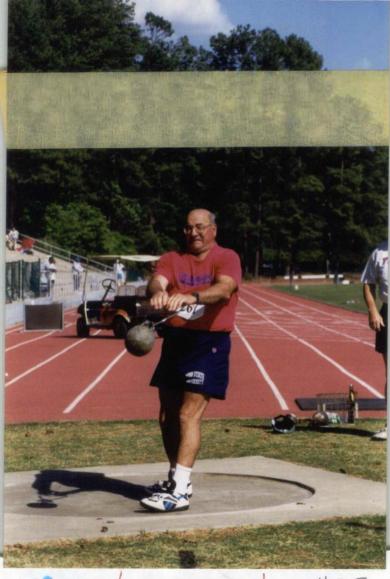




Jerry Wojcik

Steve Wulf, M45, California, middle distances.





1000

Lorraine Quinn

w#35 1-Cal

Ray Feick, M65, gives the 56# superweight a whirl, Southeastern Masters Meet/USATF Southeast Regional Masters
Championships, Raleigh, N.C., May 8.



Not all c



Jim Oaks

Not all of the 15 who had run all 19 of the previous Cotton Row 10K runs came out for this pre-start picture on Memorial Day, but they all completed their 20th.



w#30

115%

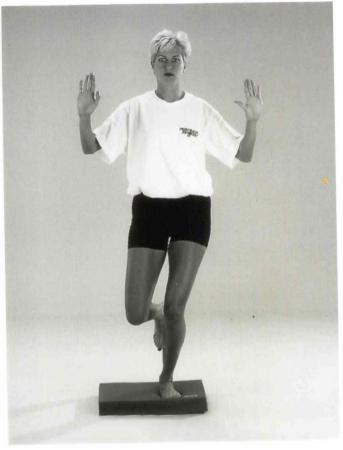
Jim Oaks

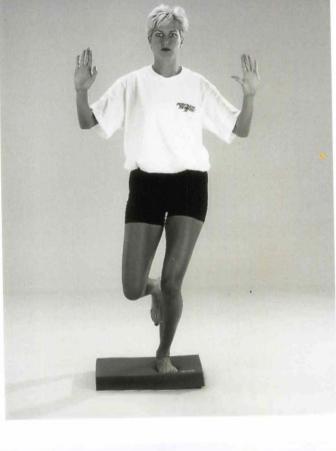
Not all of the 15 who had run all 19 of the previous Cotton Row 10K runs came out for this pre-start picture on Memorial Day, but they all completed their 20th.



150 Suzy Hess

Jacqueline Board, of Missouri, winner of the W45 100 (13.19), 1998 USATF National Masters Championships, Orono, Me. The 1999 Championships are scheduled for Aug. 26-29 in Orlando, Fla.



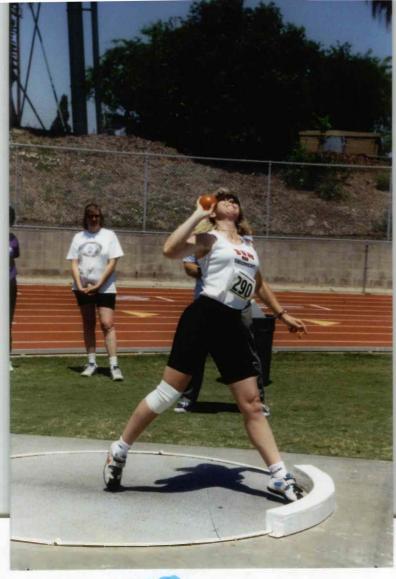


CONTACT

This is the new Airex Balance Pad from the '99 Perform Better catalog. It's simple and effective for both training and rehab. Your standing body weight sinks into the soft mat to create an uneven surface. Use Airex to restore balance, improve stability and alignment, and retrain lower extremities function. Made of a quality closed-cell foam which is Sanitized® and will not absorb water so you can wash it in seconds. Size 20" x 16.4" x 2.5" thick. Priced at \$49.95. To order or for a FREE copy of the 1999 Perform Better Catalog or to place an order, call Toll-Free 1-800-556-7464, Fax 1-800-682-6950 or write Perform Better, P.O. Box 8090, Cranston, RI 02920-0090.



NORM CYPRIS, MGO WINNER (3789), FINISHES THE HAMMER THROW WITH A FLOURISH, WEIGHT WITH PENTATHION CHAMPIUNSHIPS. GREEKY, COG., TONE 12



w#2 1159 Art Shahzade

Brenda Trobaugh, winner of the W35 shot put (28-7 1/2), Visalia Masters Meet, Visalia, Calif., May 15.



1000

Suzy Hess

The Polish contingent at the opening ceremonies, XII WAVA Championships, Durban, South Africa, 1997. Gateshead, England, will host the XIII Championships, July 29-Aug. 8.

w#37

g-coll July



w#34 ant 198 Jerry Wojcik 1352 2. Cal

The M60 100 finals, XI WAVA Championships-1995, Buffalo, N.Y., won by Bobby Thomas #3359, USA, with an age-graded 96.6% 12.22. Nick Newton#3085, USA, was second (96.4% 12.24). Rudolph Boeckl (far left), Germany, was third (95.1% 12.41). The XIII Championships will be held at Gateshead, England, July 29-Aug. 8.



w#37 cont.

Jerry Wojcik

Vojcik

Scoreboard showing the results of the 100H preliminaries, XI WAVA Championships, Buffalo, N. Y., 1995. The XIII Championships will be held Gateshead, England, July 29-Aug. 8.



Mike Polansky
M60 qward winners (ttor) Jose Mendez
(2nd, 30:49); Jue Cordero (12t, 19:55); and
Bub Mitchell (3nd, 35:57), long Island Police
Appreciation 5k, Eisenhower Park, L.I. N.Y.
Jun 3.

g-al

Park



George Banker

John Haubert, 55, first M55 (39:49), Leesburg 10K, Leesburg, Va.,

CVOSTYB



Art Shahzade

Runners in a mixed age-group 400 in the Visalia Masters Meet, Visalia, Calif., May 15. Alan Levine (I) was first M55 (59.7) and Mel Brooks, 191, second (60.7). Mike Norton, 236, won the M50 division (60.7).



Joyce Adams, 45, finished in 67:16, George Washington Parkway 15K, Mt. Vernon, Va., April 18.



JERRY WOJCIK
Katie Angel (432), 44, kept her lead over Robin
Vesey, 44, to win the W40 3000 race, 11:07.80
to 11:21.14, Portland Masters Classic.



W/2 Sent

Phil Mulkey

1-cal

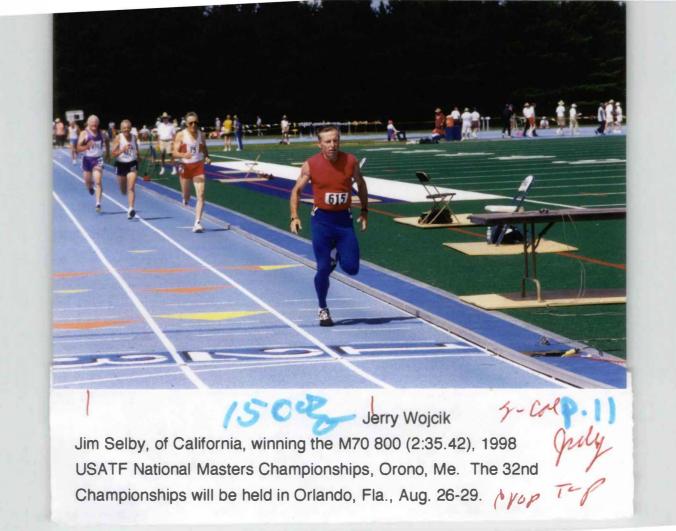
Bill Daprano broke the age-72 U.S. pentathlon record with a 2913, Southeastern U.S. Masters Meet, Raleigh, N.C., May 7-9.



Betty Blank, 46, first W40+ (19:19), and Christine Newsham, 41, second (19:31), RRCA Mother's Day 5K, Washington, D.C., May 9.



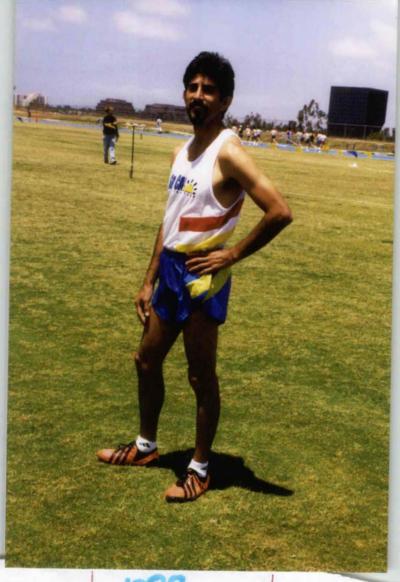
Craig Fram, 40, first overall (15:36) in the USATF National Masters 5K Cross-Country Championships, Rochester, N.Y., Oct. 11.





July RW MAGE George Banker

Victor Litwinski, 55, winner (17:14.9), 3000 racewalk, Potomac Valley TC Meet, Alexandria, Va., May 16.



Jerry Wojik

Ben Rosales, winner of the M40 200 (23.12and 400 (51.78), Dan

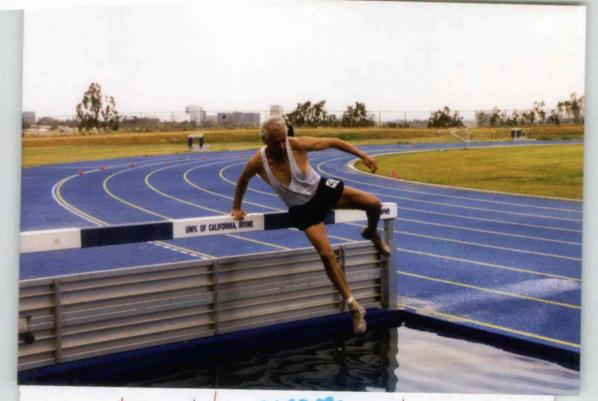
Aldrich Memorial Meet, Irvine, Calif., May 30

July



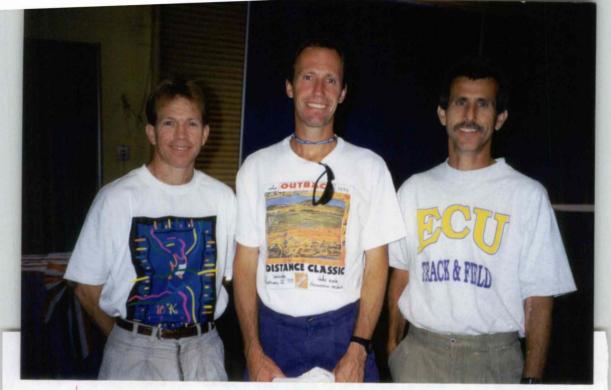
w#33 + 120 Nerry Wojcik

Maria Murphy (r) won the W40 mile (5:06.73) and Kellie Archuletta took the W35 race (5:08.27), Dan Aldrich Memorial Meet, Irvine, Calif., May 30.



crop top w#33 140 Jerry Wojcik

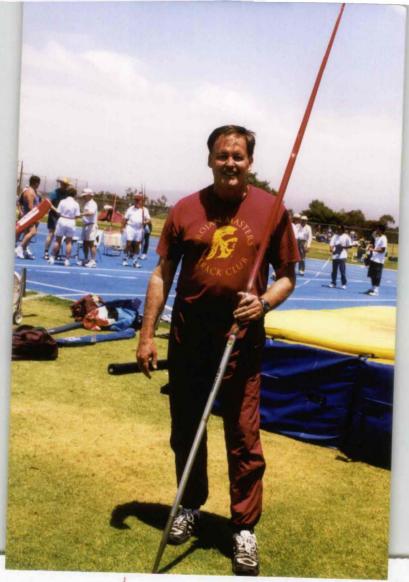
Efrian Sanchez, M70, ran a 9:25.2 for the 2000m steeplechase, Dan Aldrich Memorial Meet, Irvine, Calif., May 30.



w#30 cont.

Jim Oaks 95% July g- cal

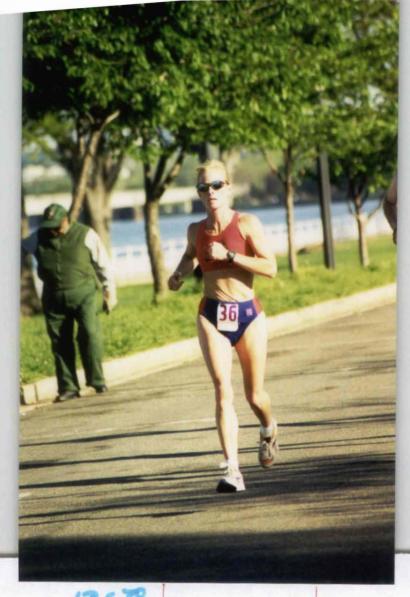
At the packet pickup on Sunday night, May 30, M40-44 entrants, Pete Gibson (I), John Tuttle (c), and Phillip Rowan look happy to be in Huntsville, Ala., for the Memorial Day Cotton Row 10K. Tuttle was first M40+ (31:54), Rowan, second (33:26), and Gibson, third (34:46).



w#2

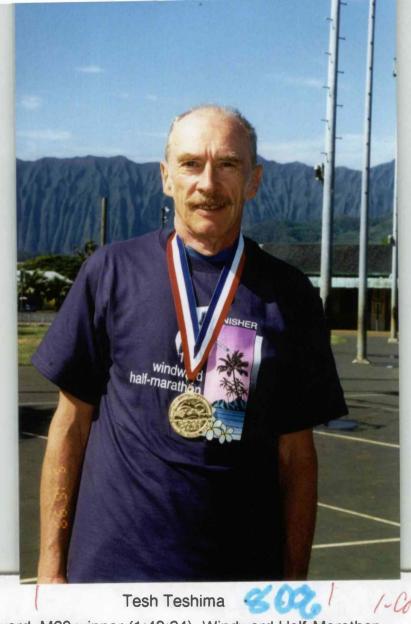
Jerry Wojcik

Larry Stuart won the M60 javelin with a 193-0, Dan Aldrich Memorial Meet, Irvine, Calif., May 30.

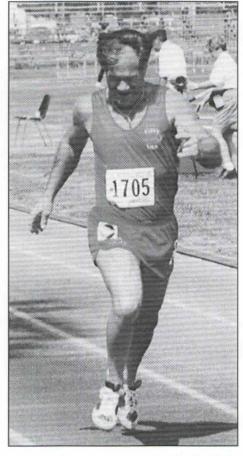


George Banker

Claudia Kasen, 42, second W40 (37:21), Sallie Mae 10K, Washington, D.C., April 25.



Geoff Howard, M60 winner (1:48:24), Windward Half-Marathon, Kailua, Hawaii, May 16.



JERRY WOJCIK
Tony Besase, 63, of Virginia, 1997 USATF M60
pentathlon champion, finishing the final event,
the 1500, in San Jose. The 1998 pentathlon will
be held on the first day of competition in the
National Masters Championships, Orono, Me.,
July 30-Aug. 2.



Erwin Jaskulski, 96, breaking the M95 world record for the 100m with a 24.01, Punahou Relays, Honolulu, May 1.

170%

87



1009 Art Shahzade w#3 July

Avril Naylor won the W50 80H in 15.5, Visalia Masters Meet, Visalia, Calif., May 15. Story on p.



-803

George Banker

1- Col

Ofelia Perotti, second W40+ (66:04), George Washington Parkway 15K, Mt. Vernon, Va., April 18.

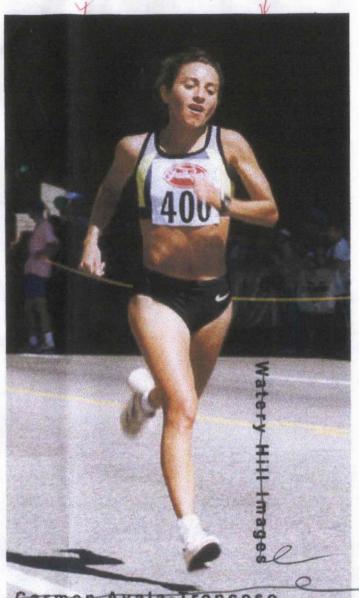


Croptop

George Banker

Mike Spinnler, 40, Hagerstewn Md., finished the Bethesda Chase

10K in 39:37, Bethesda, Md., March 78.



Garmen Ayala-Troncoso

Watery Hill Images Freihogers 5K/ Masters Women's Championships/ Indy Life circuit Event, Albany, N.Y., June 5. Carmen Troncoso, 40, winner (16:37)

ANGERA, IF THIS CAN REPRICED TO

REPRICED TO

1 COL. + STILL

100KS OKAY, USE

100KS OKAY, STORY

17 WITH THE STORY

17 WITH THE 29 (0.1) MSIPE, #39 (p.17)