John Tuttle hits the finish line with a U.S. record 36:12, USATF National Masters 12K Championships.
Jerry Wojcik

Courtland Gray, 55, broke the M55 world M60H record with an 8.64, Silver State Masters Meet, Reno, Nev. Feb. 14.
Carole Langenbach

Magdalena Tomlinson (l) and Hella Kuppe at the first hurdle in the W55 80mH, 1998 South Africa Veterans Championships.
Jerry Wojcik

Debra Cooper, W30, won the 60m (9.43) and the shot put (35-7), Silver State Masters Meet.
Cindy Keeler, W40 fourth (59:12), 1998 Crim 10 Mile. This year's race, an Indy Life Circuit event, is scheduled for Aug. 28.
Bob Shapiro (460) of the WRC Rough Draft, M40+ winning team (2:54:40), hands off to Bob Trost, running the second leg of the three person relay, Washington's Birthday Marathon.
Jerry Wojcik

Jerry Wojcik

Rollie Cavaletto, M55 1500 winner (5:14.56), Silver State Masters Meet.
This is M-F's '99 Everything Track Catalog. It boasts everything required by the coach or athletic director to run a successful track & field or cross-country program. This includes the basics such as poles, javelins, discus, shots, hammers, starting blocks, hurdles, pits, plus a wide array of training aids, weight equipment, tents, uniforms, shoes and more.

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M45 SPERDUTO, N5 MASTERS

Jim Sperduto handing off to
Shawn Callagher in the M40

4 + 400m Relay

Photo by Juliette Levy
HACKENSACK FEB. 14 USI-FO W5
Juliette Levy
Vi Jones-Medusky, 47, near the finish line of the Great Aloha Run, Feb. 15, Honolulu.
GREAT ALOHA RUN  Feb. 15, '99

Vi Jones-Medusky, a youthful looking 47 year old, is approaching the Aloha Stadium finish line. The speedy Vi is the mother of 2 professional surfers and one of the most beautiful girls in the world (Malia Jones).
Jerry Wojcik

Dave Clingan, Portland, Ore., M40 winner in the 800 (2:07.87), 1998 Portland Masters Classic. This year's meet will be held on June 12-13.
Kathryn Martin, 47, seventh female and first W40+, hits the finish line, Ho Ho Ho Holiday 5K, Bethpage, N.Y., Dec. 19.
Geoff Howard, first M60 (2:24:01), 1998 MPRRC 30/30 (18.6 miles), Honolulu.
February 1999

Anywhere LDR

MARCH

Roger Burkhart, 60, Gaithersburg Md., M60 winner (52:51), Rockville 10K, Rockville, Md., Oct. 18, has completed all 23 U.S. Marine Corps Marathons.
Peter Kirk (r), Rockville, Md., second overall and first M40+ (16:17), Rockville 5K, Oct. 18, with overall winner, Joe Abernethy, 39, 16:05.