

Laurie O'Hara leads Hal Higdon in the 1973 USA National Masters 10,000 in San Diego.



~~Many-time~~ World pole vault champion Jerry Donely
 shows what ^{age-group} it's like training in Colorado in
 the springtime (April 27).

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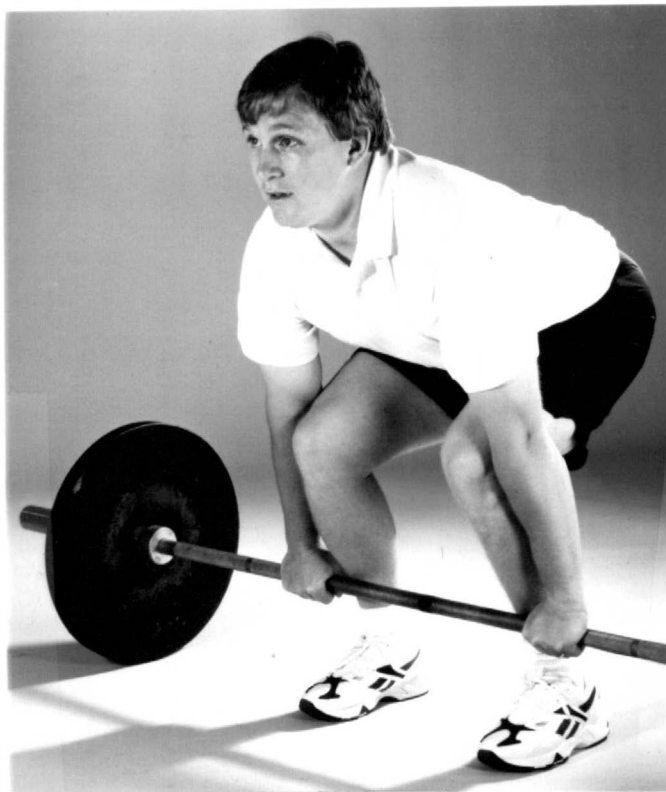
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The Durban Organizing Committee planning strategy for the Championships. From left: Harry Naidu (vice-Chairman); Monty Hacker (Chairman); Linda Barron (Chief Executive Officer).

85⁰⁰⁵
int



1 70° 1-col 1

Mary Rosado, 47, New York, ran a 41:33, USATF
National Masters 10K Championships, Plainview, N.Y.,
April 12. Ed Melnik, 41, wears the colors
of the host Plainview-Old Bethpage RRRC.

Photo by Mike Polansky

June 20/2010

spec

w #30



1 1004 MAY
Joan Rowland, New York, winner of the W70 3000 racewalk

(20:55.51), National Masters Indoor Championships, Boston.

#23 crop t+b

Photo by Suzy Hess

1-cue



Howard MacMillan, 70, New York, winning the M70 400 in 72.54,
 National Masters Indoor Championships, Boston, March 21-23.
 Harold Johnson #352, 71, Georgia, was ~~first~~ ^{second} (73.49). Sam
 Madia #429, 73, Pennsylvania, third (73.52).

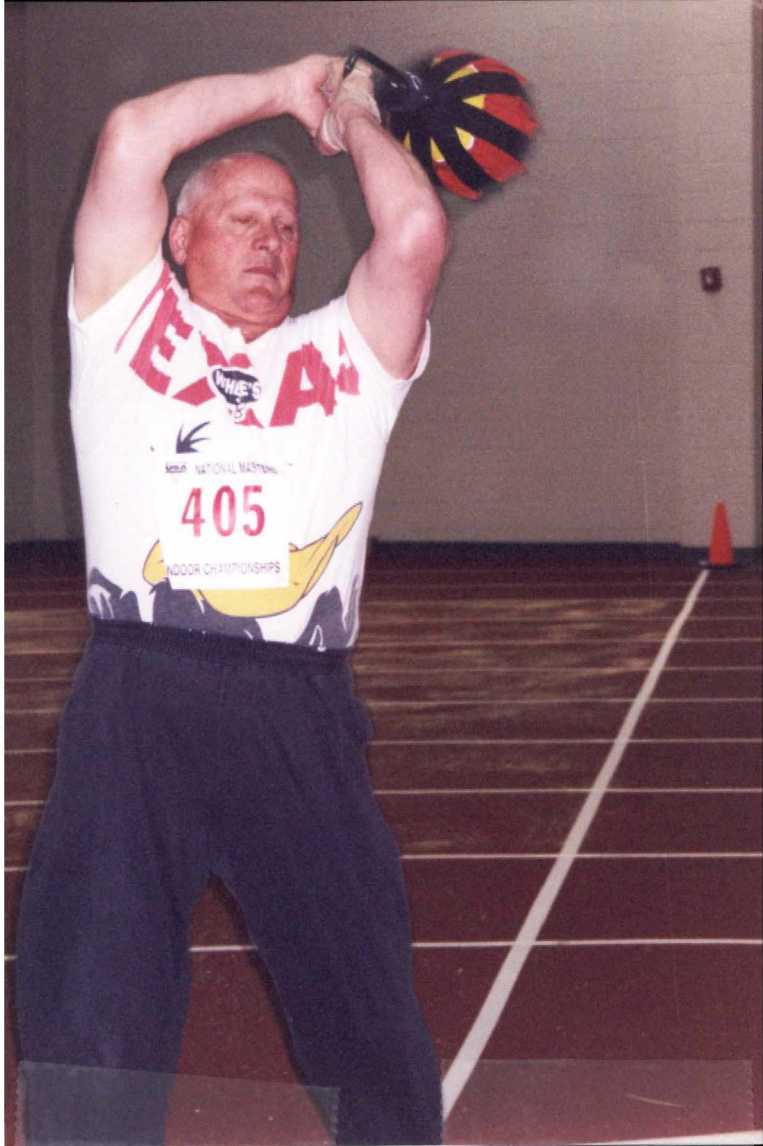
Photo by Jerry Wojcik

1152

MAY

2-col

and



16-9-91 first U.S. thrower ¹ w #9 spec
 Dick Lee, M60, Oregon, ~~won~~ ~~winning~~ in the weight throw ^{1-Cole}
 (11.80/38-8 3/4), National Masters Indoor Championships, Boston.

Photo by Suzy Hess

Chris Hess



150% 13pec 2-coe 1

Age-division winners at the Pear Blossom 10 Mile,
Medford, Ore., April 12, from left: Marcia McChesney,
W65, Bill McChesney, M65, Dawn Russell, W70, and
Jane Dods, W60.

#31

Photo by Lowell Russell

2-coe



John Waggoner (rear left) and Thomas Crumrine (rear right) of sponsor Nationwide Insurance congratulate M75 award winners (l to r): Bill Benson, Bob Davan, winner in 53:45, and Manfred Gundell, USATF National Masters 10K Championships, Plainview, N.Y., April 12.

Photo by Mike Polansky



w#2 ⁸⁵³ Melanie Reske, Wro shot putter,
 1996 Hayward Classic, Eugene, Ore. ^{1-cal}
 This years meet will be held on June 28-29.
 (JUNE) crop top Photo by Suzy Hess



Doug VerMeer, M40[↑], 5000 racewalk (27:09)[↑], Hayward Masters
 Meet, Eugene, Ore., ~~June 29, 1996~~ ¹⁹⁹⁶ This year's meet is on June 28,

Photo by ~~Jerry Wojcik~~

Suzy Hess

1556
#23

AW



M55 winner (84:28), Dick Hipp, 59, Bethesda 20K, Bethesda, Md., March 2.

Crop to head

1202
Photo by George Banker

any
1004



Maryland,
Bill Walsh, 51, second M50 in the triple jump (35-6), National
Masters Indoor Championships, Boston, March 21-23.

1403 Photo by Jerry Wojcik





1530
Tim Edwards, M45-49 1996 national weight and superweight
champion, Seattle, Aug 31

1532 W # 2
Photo by Suzy Hess



Runners in the age-handicapped masters 100m, Mt. San Antonio College, Walnut, Calif., April 20. From left: Johnnye Valien, 71; Sumi Onodera-Leonard, 68; Kemisole Solwazi, 57; Mary Libal, 47 (first in 11.52); Denise Foreman, 40 (3rd); Elaine Iba, 36; Joy Upshaw-Margerum, 35; Grace Dinkins, 30 (2nd).

Photo by Ken Stone

9520



Doug Kurtis #31, 45, and Bill Rodgers, 49, after finishing the Indianapolis Life 500 Festival Half-Marathon, May 2. Kurtis was fifth master (1:10:07) and Rodgers, sixth (1:10:17), in the race, the third consecutive 1997 Indy Life Circuit event.

v #47

7-col

Photo from Don Carr



INT

100%

Aerial view of Durban. The two stadiums are in the center. The Indian Ocean is on the left. Downtown Durban is at the top. Some of the cross-country course is at the bottom on the golf course.

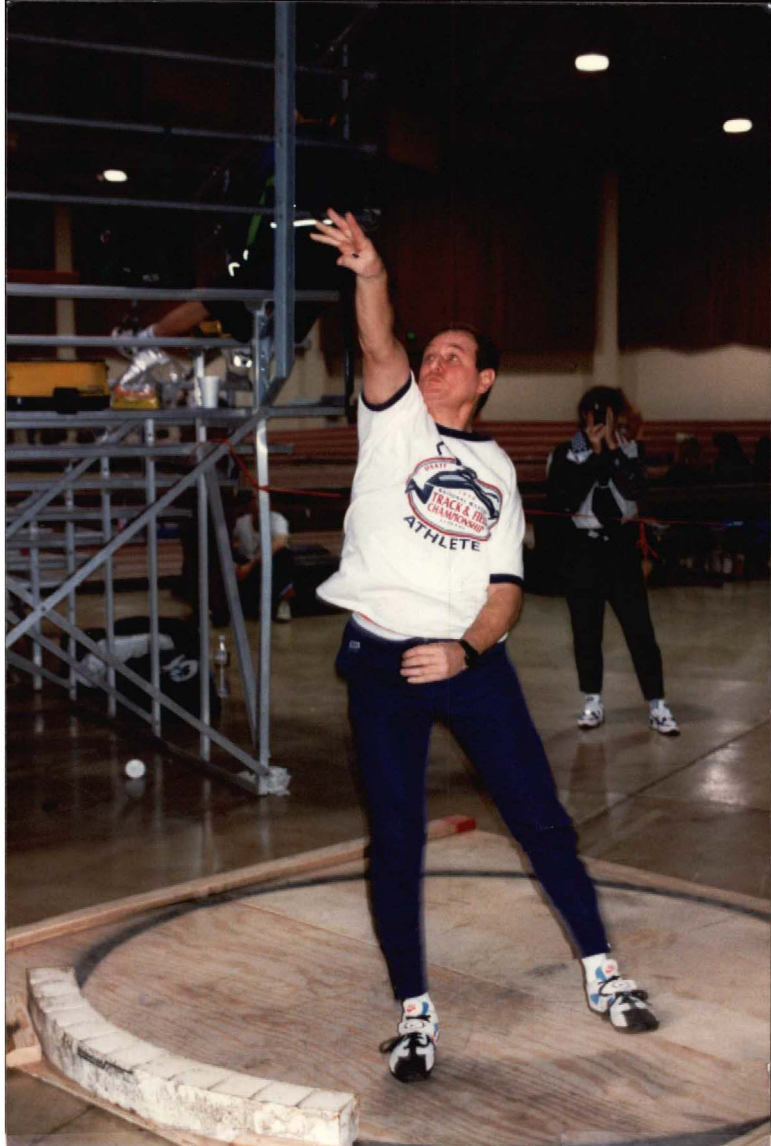
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1-col
w/ # 30
June
w/ story

Paul Mascali, 44, Manhasset, N.Y., was runner-up masters for the second year (32:39) in a row, USATF National Masters 10K Championships, Plainview, N.Y., April 12.

Photo by Mike Polansky



Geoff Hughes, ¹M50-54, finished with a ¹¹⁰²
30-10 in the shot put, Eugene Indoor Meet,
Eugene, Ore., Feb. 2.

Photo by Jerry Wojcik

MARCH
OR
APRIL

1-cal

1102



First W55, Judith Flannery, 57, with a 1:45:58, Bethesda
20K, Bethesda, Md., March 2.

even top to head

1252
Photo by George Banker

any
/ the



Adina Valdez, 35, New York, destroyed the ^{W35} world record of 58.60 for the 400 by four seconds with a 54.48, National Masters Indoor Championships, Boston, March 21-23. She also broke the U.S. record of 2:14.94 with a 2:12.07.

Photo by Jerry Wojcik

110%

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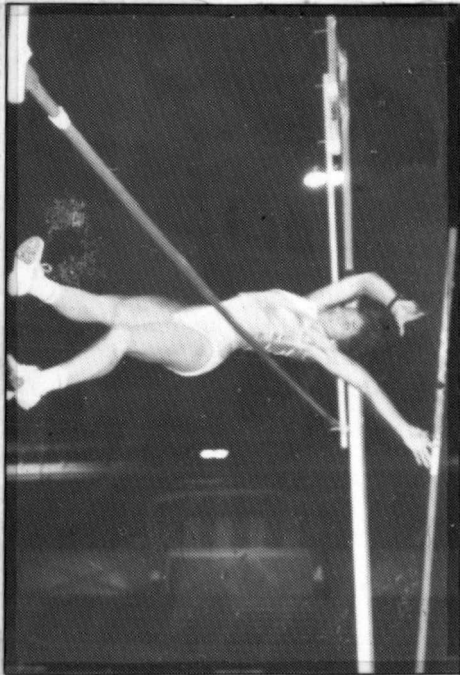
Pete Taylor, of Philadelphia, head announcer, awaits the next
event, National Masters Indoor Championships, Boston, March
21-23.

Photo by Jerry Wojcik

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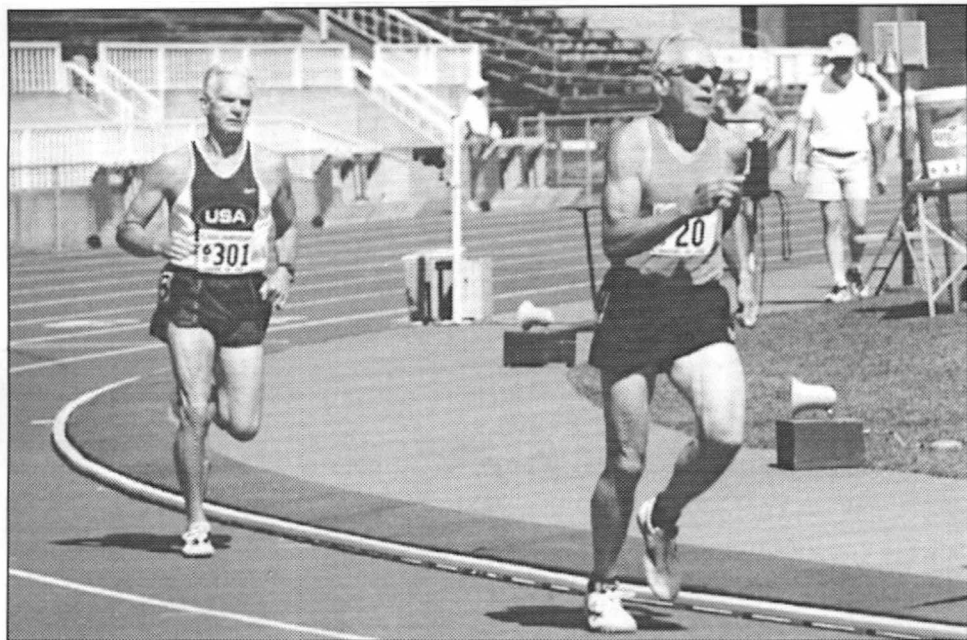
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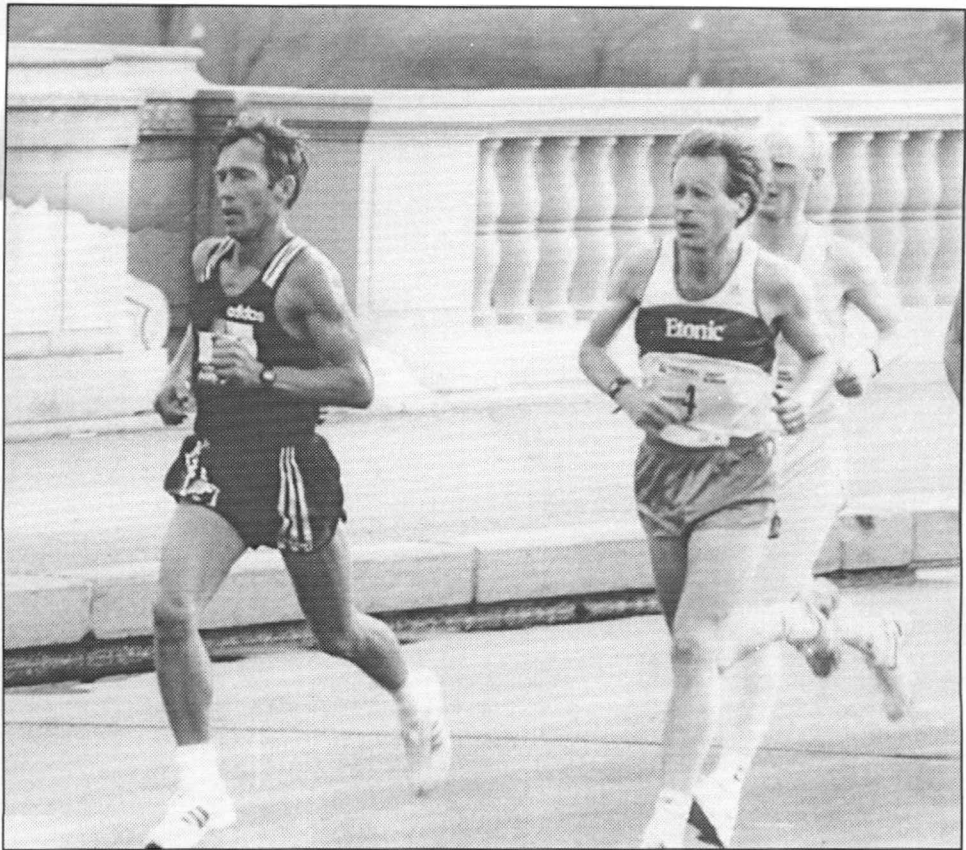


Phil Raschker

Photo by Jerry Wojcik

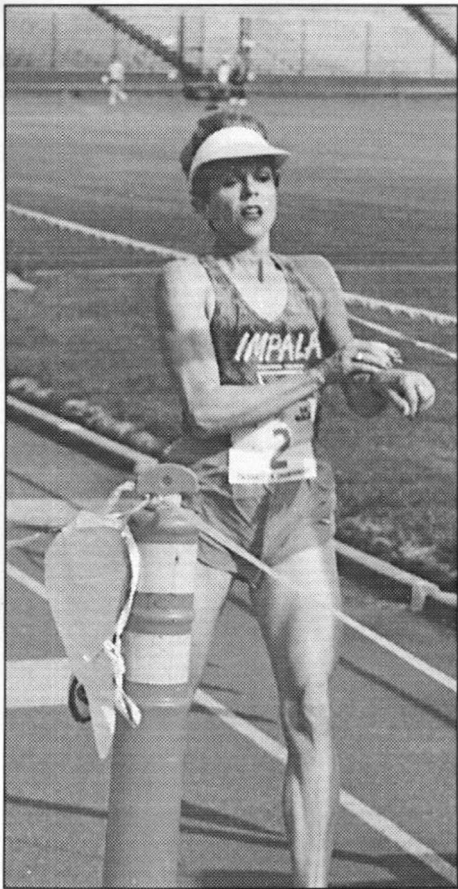


Jim Aneshansley #20, USA, on his way to a gold medal (2:24.04) in the M60 800, NCCWAVA Championships, Eugene, Ore., with Charles Kirkby, USA, following. Photo by James Fields



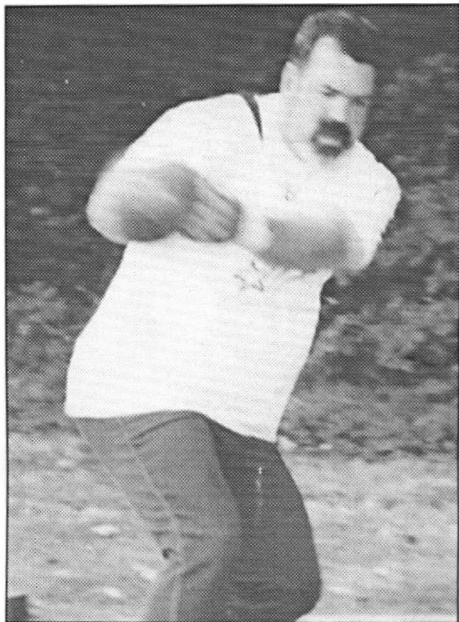
Bill Rodgers, 49, second master, Cherry Blossom 10 Mile, Washington, D.C., set a U.S. single-age mark of 52:22, in winning the M45 race. Chuck Moeser, 45, Herndon, Va., was second (53:51).

Photo by Bob Burgess



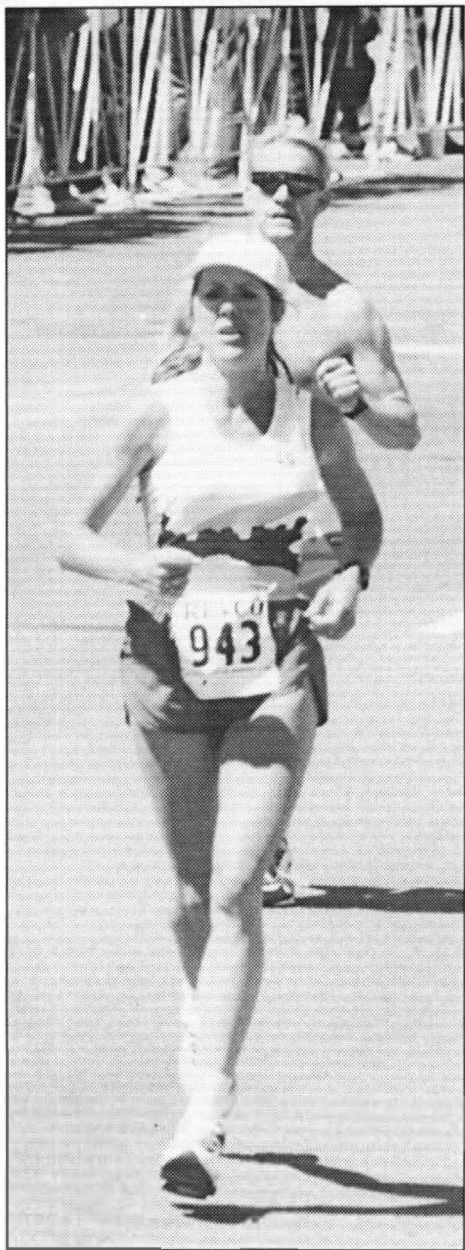
Shirley Matson, 56, Moraga, Calif., sets a new U.S. women's age 55-59 8K record of 30:10 in the annual Paul Spangler Memorial Run in Palo Alto, April 6.

Photo from Fifty Plus Fitness Association

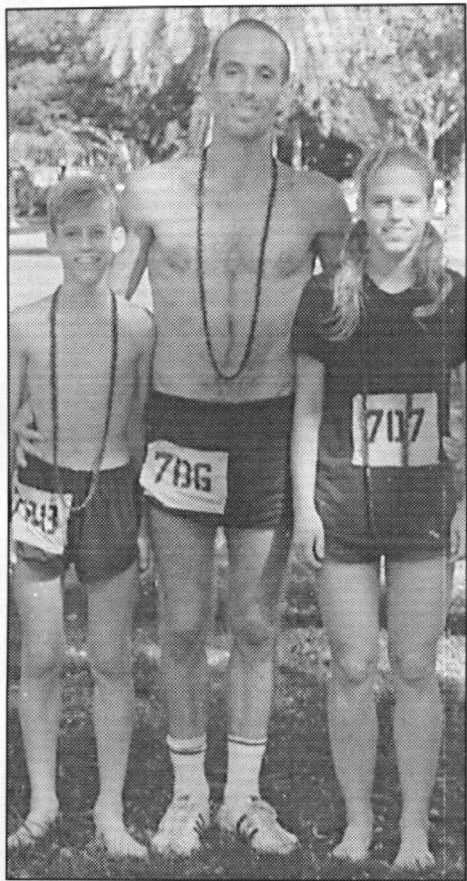


Tim Edwards, M45 1996 national weight and superweight champion, Seattle.

Photo by Suzy Hess



Angela Wall, 34, of Aurora, Colo., finishes the Revco-Cleveland Marathon in 3:32:34, May 4, in Cleveland, Ohio. Photo by Tom Sheahen

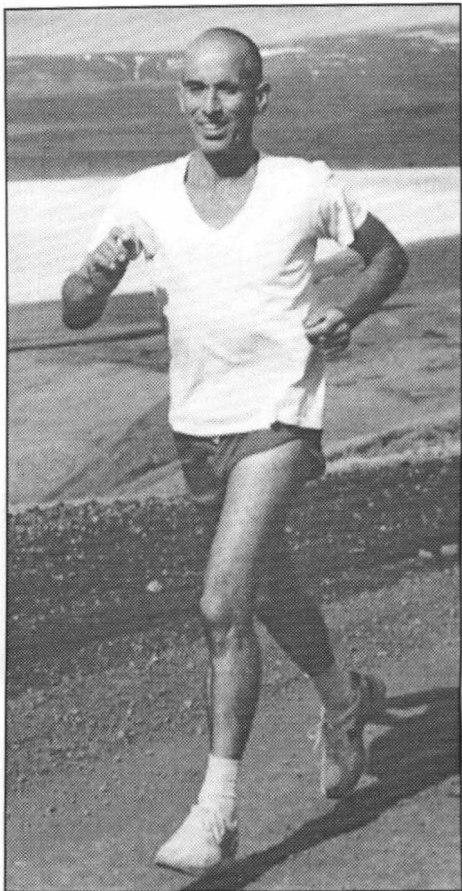


Kapiolani Park is the backdrop for Gordon Hartshorn; son, Mike, who ran 3:41; and daughter Michele (4:00).

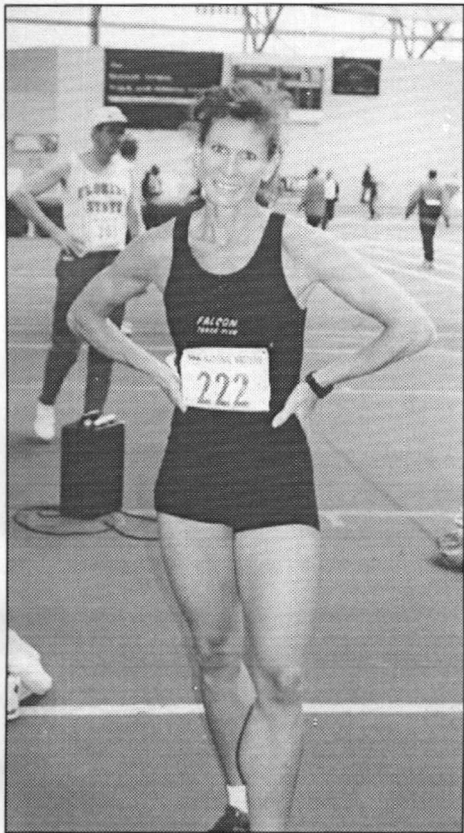


Doug VerMeer, M40, 5000 racewalk (27:09),
Hayward Masters Meet, Eugene, Ore.

Photo by Suzy Hess



That's the frozen Arctic Ocean in the background. Nanisivik, Canada (Baffin Island), July 1992.



Denise Foreman, 40, Washington, broke three world W40 records in the 60m, 200, and 400, National Masters Indoor Championships, Boston, March 21-23. Photo by Jerry Wojcik