

Jane Welzel (73), ~~ran~~ second master, near the 7-mile mark of the 1996 Women's Olympic Trial Marathon. *Photo from Tim Oakes*



w#2 1400w

Eugene, Ore.,
Ladislav Filip, M65, putting the shot in the weight
pentathlon, WAVA Championships Buffalo, 1995.

Photo by Jerry Wojcik



Mary Wood won the bronze medal for the tough W50 division with a 1:20:35 in the national masters half-marathon in Las Vegas.

W #36

1-20-35
SPEC 1152



1402 First masters finisher Alice Thureau (40, 2:40:36),
1996 Women's Olympic Trial Marathon, Columbia, S.C.,
Feb. 10.

Photo from Jim Oakes

crop to head & hands

w #36

1-cal



1532
First three W40 in the discus, WAVA

Championships, Buffalo, from left: Janet

Wilson (41.54), USA, Christine Schultz (42.26),

Australia, and Ursula Hohenberg (43.40), Germany.

Photo by Shirley Dietderich



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The M40 1500 during an early stage of the race, 1995 WAVA
the leader here,
Championships, Buffalo. The winner was Alexandre Gonzalez

#797, Portugal, in 3:57.68. ~~Ed Spruay #3315, USA, finished~~

Photo by Leo Benning



Masters qualifier Sharlet Gilbert near the 7-mile mark of the 1996 Women's Olympic Trial Marathon, Columbia, S.C., Feb. 10.

crop tab

Photo from Jim Oakes

W#36



1402
W#37

Dee Dee Grafius, of California, and Judy Warwick, of Canada, after the W45 800, won by Grafius (2:26.24), 1995 Indoor Championships, Reno. The 1996 championships will be held March 29-31, Greensboro, N.C.

Crop top

Photo by Suzy Hess

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Donna Rietz, ¹W50, in the 1995 USATF ¹National
Masters Weight Pentathlon Championships, to be held
this year in Bozeman, Mont., Sept. 4.

Photo by Suzy Hess

1402

crop Top

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Joe Keshmiri M55 shot putter, at the 1995 Masters Indoor Championships, Reno, Nev. Greensboro, N.C., will host the 1996 championships on March 29-31.

Photo by Jerry Wojcik

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The Acropolis in Athens.

Photo by Harry Siegmund

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The Olympic Stadium in Athens, site of the first Olympic marathon.

Photo by Harry Siegmund

W#1



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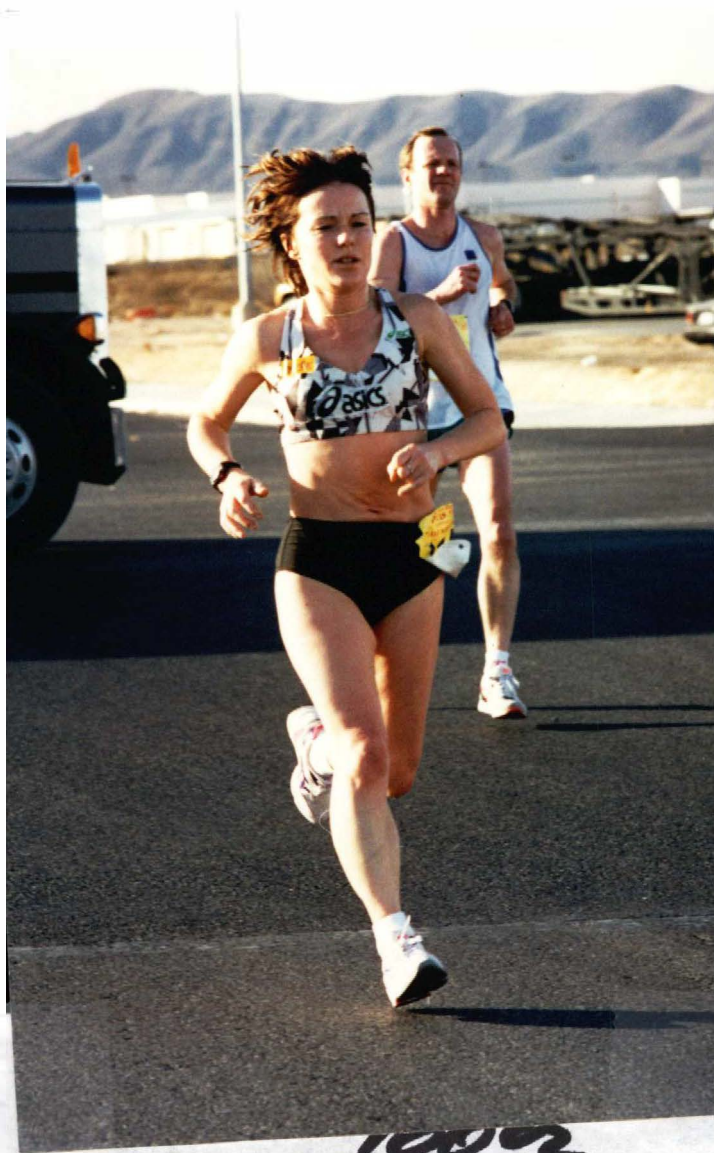
Gary Kelmenson, M45, in the USATF National Masters Weight & Superweight Championships. This year's championships will be held in Seattle, Aug. 31.

Photo by Suzy Hess

w #2

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Christine Kennedy winning the national W40
half-marathon title in 1:14:13 in Las Vegas,
Feb. 11.

w #36



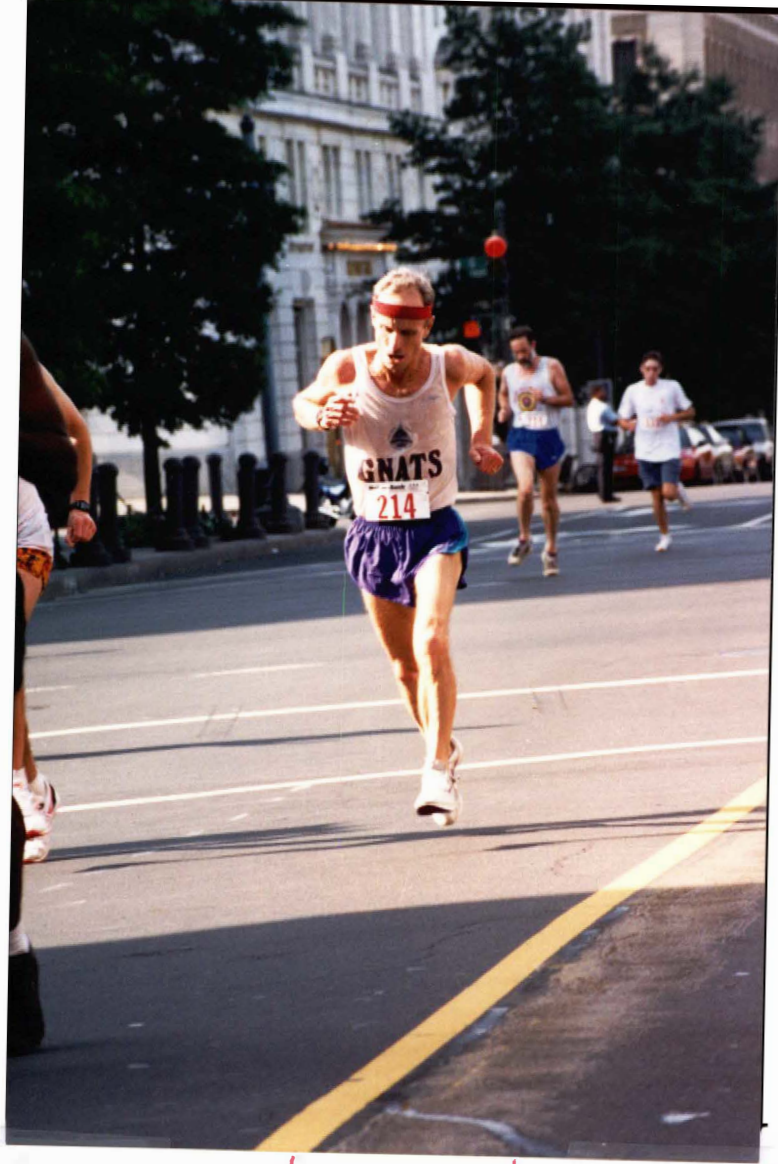
Dave Krell, M50, and Anthony Washington, both
of U.S. West, and Rudy Houg, M60, of G.E.,
at the National Corporate Championships, Des Moines,
Iowa, ~~July 10-11~~.

Photo by Andy Larabee

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any Chan Robbins, Arlington, Va., first M55
(19:23), Olympic Day 5K, Washington, D.C.

Photo by George Banker

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Melanie Benvenue, W50 winner (28:53), Syosset Sprint
4 Mile, Long Island, N.Y., ~~Nov 1989~~

Photo by Mike Polansky

with story

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top bottom*



1995
 Jim Selby, Fallbrook, Calif., ~~M65~~ national
 champion in the 800 (2:32.93) on the first turn
 of the second lap, ~~Michigan State University~~.
East Lansing, Mich.

Photograph by Herminia Coben

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Mike Hart, 40, Arlington, Va., fourth master
(2:04:26), National Capital 20 Miler, Alexandria,
Va., ~~Sept. 24~~

Photo by George Banker

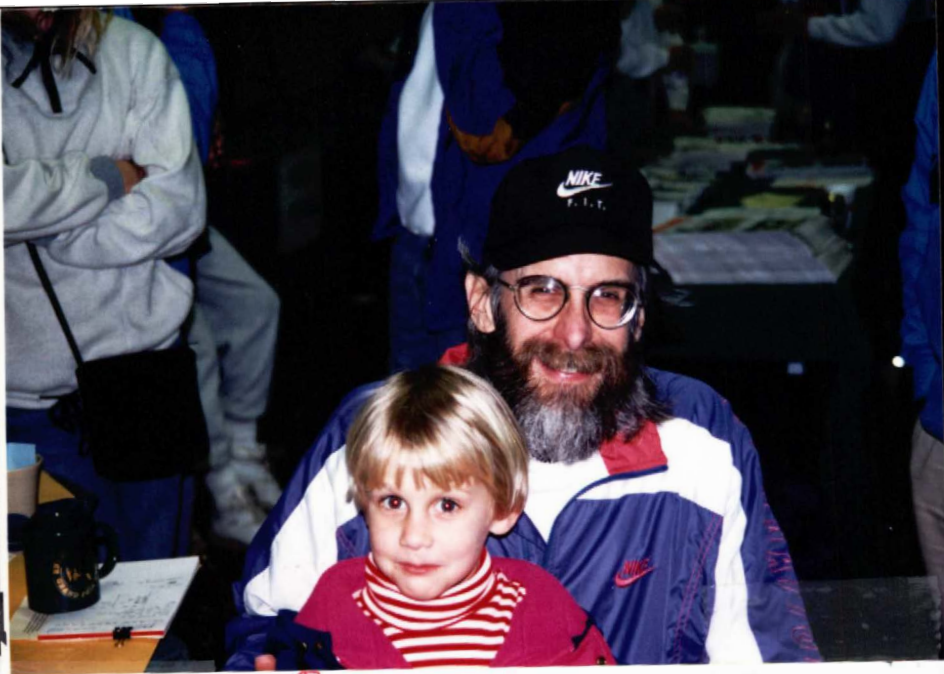
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Hedy Marque, first W75 (56:31), Vietnam
Veterans Memorial 10K, Washington, D.C.

Nov. 12

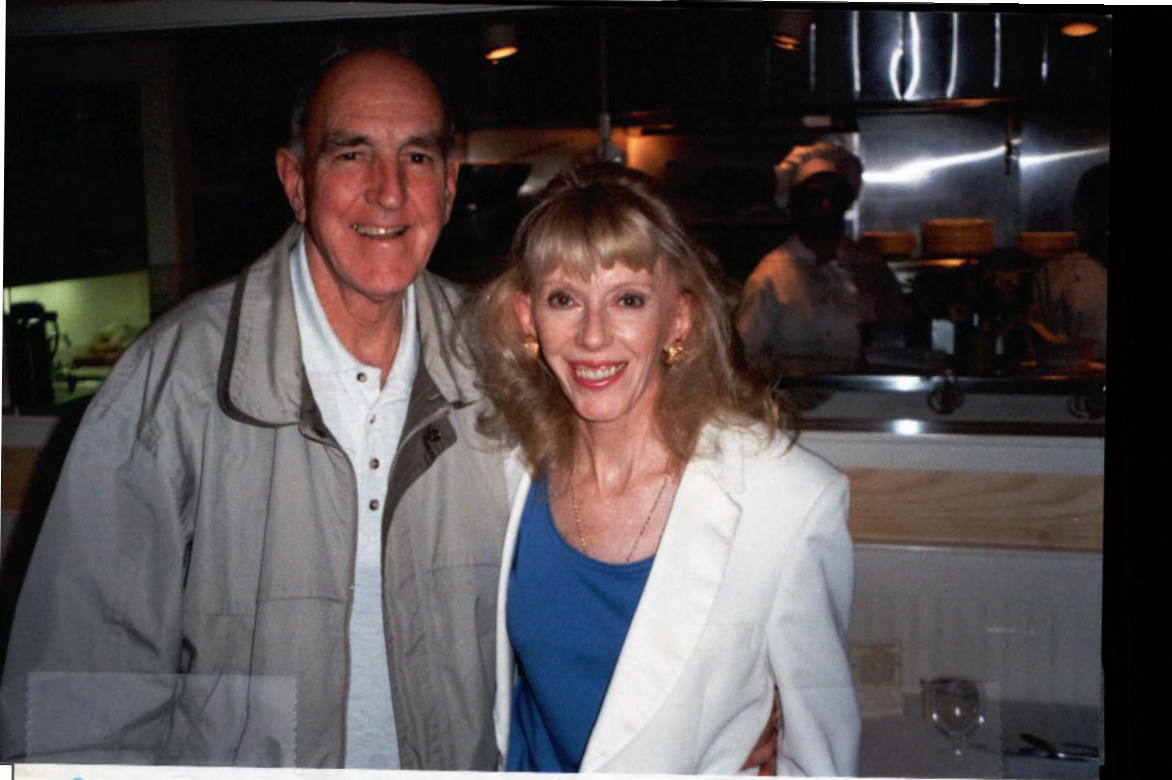
Photo by George Banker



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Lee Fidler and son at the Reedy River 10K, Greenville, S.C., March 4, where Fidler was first M45 (34:37).

Photo by Charlie Kluttz

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PROFESSOR THOMAS MULLINS of Sydney, Australia
pictured with CLUB WEST VP BEVERLEY LEWIS
in Santa Barbara last Oct 7. Mullins, on
a visit to SB to catch up with the annual
Club West meet, was the World ^{M45} Hammer Throw
Champion (~~45-50yrs~~) at the inaugural meet
held in Toronto in 1975.

Photo: Robert Lewis

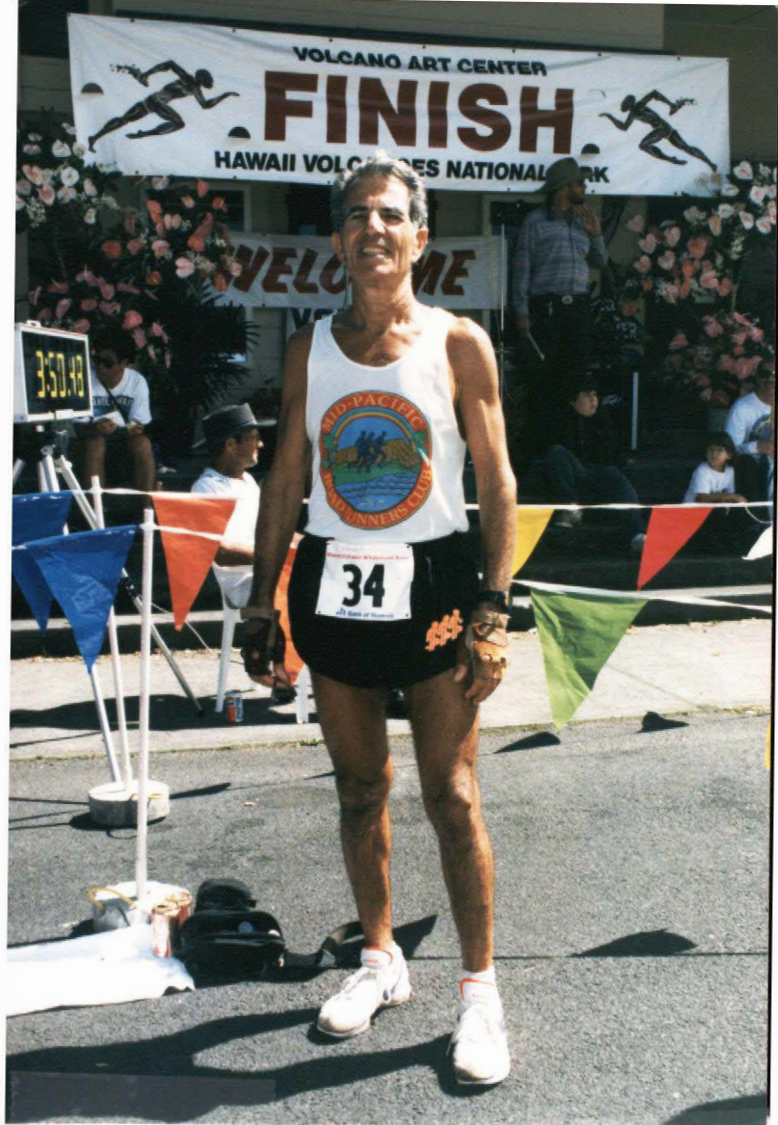


Age 50-54 age winners at 1995 WZYP Rocket City Marathon. 2-nd col
 (L to R) Ken Sparks, Daryl Keltz, Stuart Matthews. Photo by
 Jim Oaks
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1-Cal Faye Bradley, ^{*10K*} of the Washington, D.C., area,
on his way to another M55 win (39:29). *1258*

Crop top
Photo by George Banker



Andre Tocco, M50-59 winner (3:47:47),
Kilauea Volcano Marathon, Hilo, Hawaii,
July 29.

Photo by Tesh Teshima

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KILAUEA VOLCANO RUN

July 29, 1995

Hilo, HI.

Andre Tocco won the 50-59 age group in the marathon in a time of: 3:47:47. The fleet Andre also won the Kolehale Half-Marathon (Hawaii) a week earlier.

young man. When he retired, he continued to play handball, lift weights, and added running to his regimen. The fact that he had Alzheimer disease made Bill and Lorraine reexamine their lifestyle and make some decisions about how they would continue. Lorraine

i. e



William Shinnick and wife Lorraine proudly show off trophies.