



73rd Issue

September, 1984

\$1.50

853 COMPETE IN NATIONALS

Green Recaptures M50 Record

Inglis, Dalrymple Win National 15K

Forty-one-year-old Ken Inglis ran in to the national Masters spotlight July 8 in Utica, New York by outdistancing the best Masters runners in the nation to win the TAC National Masters 15K Championships in 48:12.

Kirk Randall, 42, finished 35 seconds behind in 48:47, edging John Dugdale, 49, by three seconds. Dugdale took the M45 crown, with George Keim, 41, picking up the M40 show in 49:02.

Fifth Master and winning the M50 title was Norman Green, who reclaimed the M50 record he had lost to Oregon's Ray Hatton two weeks earlier. Green posted 49:44, to lower Hatton's pending time of 49:51 by seven seconds. Hatton had broken Green's 16-month-old mark of 50:07 in Portland on June 24.

Cindy Dalrymple, 42, whose 75-race masters winning streak was broken by Shirley Matson four days earlier, began a new string with a solid 55:28 W40 win over Canada's Diane Palmason, 46 (57:35), who notched the W45 laurels. Gloria Brown took the W50 title in 60:47.

Other division winners included:

Howard Rubin, M55 (54:04); Hubert Morgan, M60 (57:49); John Rastani, M65 (62:44); Bill Brobston, M70 (66:29); Charles Hackenheimer, M75 (73:40); Beryl Skelton, W55 (67:20); and Mary Kramer, W60 (96:30).

The race was part of the popular Boilmaker 15K, an annual Empire State Event. □



Oregon's Barry Jahn clears the water barrier enroute to a victory in 9:34.4 in the age 35-39 division of the TAC National Masters T&F Championships in Eugene, Oregon August 18.

photo by Mike Novello

Biggest Turnout Ever For U.S. Masters Meet

EUGENE, Oregon, August 19. A record total of 853 athletes, age-30-and-over, took part in the 17th annual TAC National Masters Track and Field Championships this weekend at Eugene's Hayward Field.

It was the largest turnout ever for a Masters T&F meet in the United States, surpassing the previous high of 782 competitors in last year's National Masters Championships in Houston.

Seven-hundred-seventeen men and 136 women competed in 5-year-age divisions on the fast Stevenson Track, site of the 1980 Olympic Trials and many national T&F meets.

The 136 women represented 16 percent of the total participants — the highest ever for a national masters meet. The oldest competitor in the meet was Paul Spangler, 85, of San Luis Obispo, California.

Meet director Dale Grace and Field Manager Al Tarpenning put on a professional, well-organized event with hardly a glitch. The events went off on schedule, the results were posted promptly, the weather was magnificent and the competition was outstanding.

The meet was a social affair, as well. Athletes and their families gathered for a medical clinic on Friday morning, a brunch and general meeting on Saturday morning, and a post-meet party on Sunday evening.

A late influx of entries meant the running of several extra sections of races, which meant the competition was still going on after midnight on Friday and until 11 p.m. on Saturday.

Of the 853 entrants, 36 came from other nations, including 14 from Canada. Only about 100 were from east of the Mississippi River.

News coverage of the meet was exceptional, with a story, photos and results reported daily in the trackwise Eugene Register-Guard.

Several athletes successfully defended their national championships, but Jack Greenwood (M55 100, 200, 400, 110H, 400H), after winning the 110 high hurdles, severely pulled a hamstring in the 100 heats and flew home.

Continued on Page 12

BAKER SMASHES 100 MARK IN DALLAS

Thane Baker, who won gold, silver and bronze medals in the 1952 and 1956 Olympic Games, lowered his own world age 50-54 100-meter record to highlight the TAC Southwest Regional Masters Track and Field Championships June 23 in Dallas.

Baker, 52, blazed to a clocking of 11.25, breaking his M50 mark of 11.3, set in September, 1982. (The mark is

Continued on Page 12

51 Compete in National Decathlon

by SUZANNE HOPKINS

INDIANAPOLIS, July 7-8. The 1984 TAC National Masters Decathlon and Heptathlon Championships resulted in many outstanding performances and exciting age group competitions.

Held at the world class Indiana U. Track & Field Stadium, the 1984 championships were sponsored by NIKE, the Athletic Annex Running Centre and the Hoosier Track Club. There were a record 60 registered entrants with 51 competitors.

Rex Harvey, 38, Des Moines, Iowa,

led all competitors with an IAAF score of 6537. This was Harvey's 100th Decathlon and is considered to be a world record number of competitions. His 6537 score was a world record for age 38 with 42" hurdles. Harvey set M35 meet records in the shotput, discus, and pole vault. Gordon Reiter, 38, Ballwin, Mo., finished second to Harvey with 5016 and broke the 1500m meet record with 4:34. Jim Ball finished third with 4351.

In contrast to Harvey, competing in his first decathlon at the young age of

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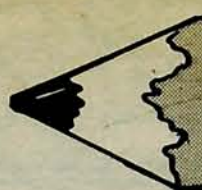
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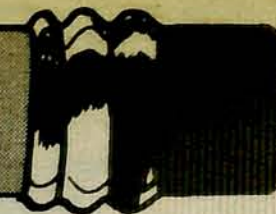
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NATIONAL DECATHLON

On July 7th and 8th, two marvelous days weatherwise, some 50-odd Masters enjoyed the 1984 National Decathlon Championships at the new IUPUI Stadium in Indianapolis. Veteran campaigner Jim Weed, who has appeared in most of these championships, stated that this meet, along with the 1981 affair in San Antonio, possessed perhaps the best overall quality he had ever seen in a Masters Decathlon.

The meet saw the debut of a number of newcomers, ranging from men who had never previously seen some of the events, to Josh Culbreath, an Olympic medalist in the hurdles who showed considerable potential. On the other side of things, Rex Harvey successfully took part in his 100th decathlon. As usual there was a small army of walking wounded before the end, among them Gary Miller and Al Brenda, who were in strong contention before coming a cropper. Nevertheless, most of us managed to stagger through despite the usual pulls and bruises.

Several divisions showed close competition. For example, in the 45-49 group, newcomer Dale Lance edged out manytimes champion Ed Oleata in an exciting finish. Henry Hopkins, who found time somehow to win the 40-44 year-old division, did a fine job managing the affair, ably assisted by the Hoosier Track Club and his wife Suzanne, who took care of the food, the scoring, and a hundred other details. The Hopkinses also hosted a delightful cookout at their home on Saturday night, a get-together that

served both as a social and a business meeting.

The officiating crew was both capable and patient; the track facilities were super. The only down note was that just one lady came for the heptathlon. But all in all, it was the kind of meet decathlons dream about. Come on, you specialists — if you had been there, you might have gotten hooked on ten-eventers too! That goes for the ladies as well.

Frank Bowles
Greeley, Colorado

I have just returned from the '84 Masters National Decathlon Championships held in Indianapolis. I have competed in every Masters national decathlon since 1977 except two (ironically my two children were each born the week of those decathlons), and in my opinion, this was one of the best run decathlons of them all. Thanks to Henry Hopkins, Brian Kimball and all those Hoosiers who put on this excellent meet. If the 1985 TAC National Masters T&F Championships, which will be held at this incredible facility, are run as well as this year's decathlon, I would highly recommend it to all fellow Masters competitors.

Jim Ball
Huntington Beach, California

1985 T&F SCHEDULE

Now is the time for meet promoters who are planning their 1985 Masters T&F meets to remember that the VI World Veterans Games in Rome will commence on Saturday 22 June 85. I hope they will try to schedule as many

meets as possible prior to 15 June 85 so that we may get as many meets as possible under our belts prior to leaving for Rome.

I also hope that these meet directors will use TAC heights and distances for their hurdle events, which did not happen very often this past year.

Al Guidet
California City, California

Corrections:

John P. Woods, 65, of Washington, D.C., was listed in the results section of the NMN July issue as the winner (2:03.18) of the M65 division in the '84 TAC National Masters 25K RR, Washington, D.C., May 27. However, in the accompanying article, he was identified incorrectly as Joe Belcher.

August's NMN said John Robinson was the 3rd masters finisher in the Peachtree 10K in 32:04. Don Coffman was the actual 3rd master in 31:32.

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Five Albuquerque runners, representing Master Runners Unlimited, competed in the New Mexico Senior Olympics in Roswell. From left: Bill Asher, Polly Baker, Petra Montano, Jack Pardee and Tony DeNardis.

photo by Alexandra Kiska

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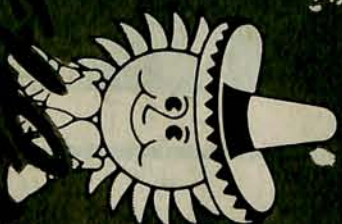
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Masters To Go For Real Gold in Minnesota

It's not an Olympic gold medal, but something worth more than the pure monetary value (\$68) of an Olympic gold. Namely, cash.

Any runner over age 35 will have a chance to pick up \$3000 at the Twin Cities Marathon September 30 in Minneapolis - St. Paul.

Of the \$150,000 in purse money to be distributed to all runners, masters will win \$19,500, with 12 age-graded awards starting at \$3000 and going down in uniform steps of \$250.

The masters purse money will be distributed to men and women over age 35 on the basis of times, handicapped according to their sex and 5-year age group. The handicaps are based on the American age records for each group. The fastest and slowest of the five age records are thrown out, and the other three are averaged.

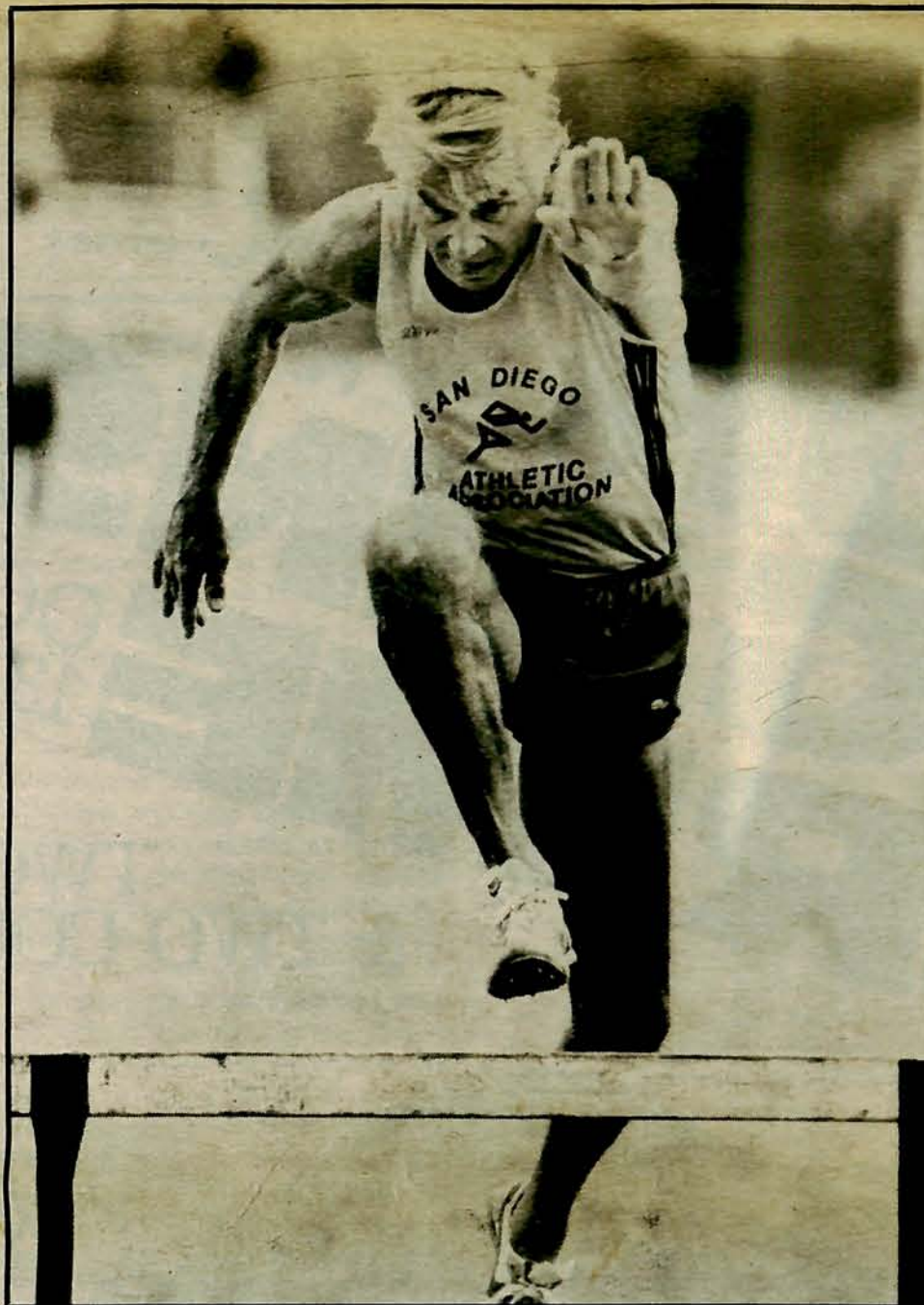
Thus, here are the official handicaps for each group:

Age Group	Men	Women
35-39	2:18:07	2:35:48
40-44	2:22:46	2:45:36
45-49	2:29:25	2:56:35
50-54	2:32:31	3:00:48
55-59	2:35:15	3:15:16
60-64	2:48:22	3:34:19
65-69	2:50:39	4:21:13
70-74	3:18:53	4:40:54
75-79	4:02:47	4:56:46

These times will be subtracted from the finishing times of all men and women over the age of 35. Thus, a 73-year-old woman who runs 4:45:57, will have 4:40:54 subtracted for a net time of 5:03. A 40-year-old man who runs 2:29:54 will subtract 2:22:46 for a net time of 7:08. The 73-year-old woman would thus have the better time of the two and would receive more prize money.

So, in essence, a good runner of any age can win serious money — the first time this has ever occurred in masters competition. It is a legitimate

Continued on Page 14



Jock Jocoy, 58, Del Mar, Calif., winner of both the pentathlon and decathlon TAC national titles in the M55 division in 1984.

Brown U. Meet Draws 140

The first Brown University Masters Track and Field Meet at Providence, Rhode Island on July 29 drew 140 competitors, largely from the New England area, who provided stiff competition resulting in some outstanding performances.

In the M45 200, Mel Barnwell edged Ed Small, 23.8 to 23.9. Earlier, Barn-

well won the 100m in 11.9, and Small the 400 in 54.7. Sprinter Sally Goodhue, W50, scored three wins, in the 100m (15.8), 200 (32.8), and 400 (70.9).

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220 COMPETE IN WESTERN REGIONALS

A somewhat disappointing turnout of 220 athletes showed up for this year's successful TAC Western Regional Masters Track & Field Championships in Los Angeles July 13-15.

After several months of waiting to find out whether the Los Angeles Olympic Organizing Committee would allow the use of one of their specially built Olympic facilities, the superb Occidental College track was finally made available at the last moment. The late announcement cut into the usual 300+ participants.

The pentathlon showcased the first night. An exciting duel developed between Carl Flowers, 37, of Santa Monica and Jim Hollister, 39, of Turlock. Carl opened with a 21-11 3/4 long jump. Hollister then etched away at Carl's lead both in the javelin and

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Rain Dampens Philadelphia Meet

by PETE TAYLOR

PHILADELPHIA, July 21. Temple University was the site today of the 11th Annual Philadelphia Masters Outdoor T&F Championships. The event was dampened by a light, steady rain, but enthusiastic and capable performers, including some "heavy travelers," made for a fine meet.

Underrated Al Cohen, (55), from Blauvelt, NY, did his own version of a "runner's sextathlon" by bulldogging his way through the 100m (2nd in 13.4), the 200 (2nd in 27.4), the 400 (1st in 61.7), 800 (2nd in 2:44.9), 1500 (1st in 5:30.9), and 3000 (1st in 14:31.6). For good measure, Al triple-jumped 26-7 for a first.

Indiana's A.E. Pitcher, the ver-

Continued on Page 11

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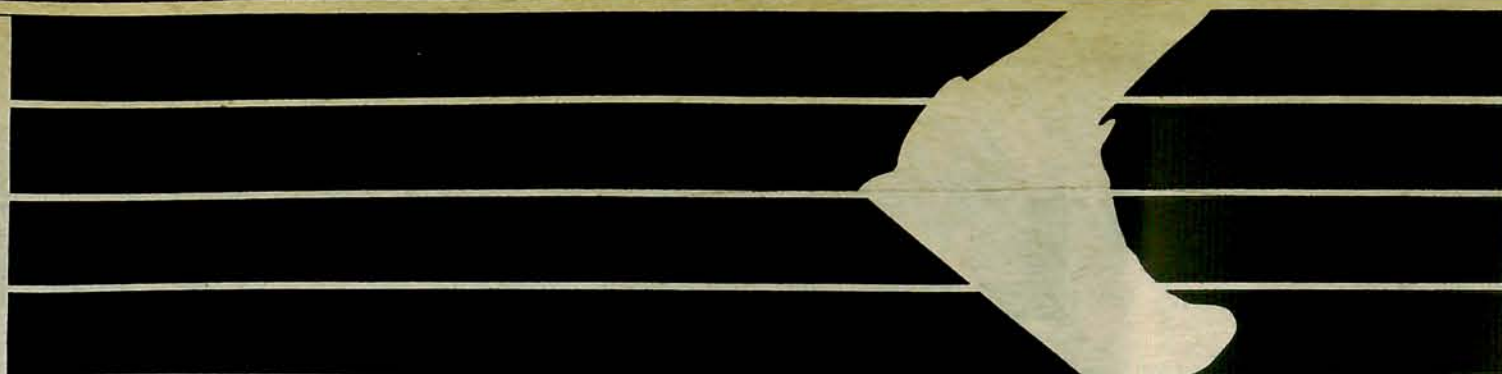
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The Northern California Seniors Track Club quartet of Gretchen Snyder, Elvyn Blair, Almeta Parish and Irene Obera after establishing a new women's masters record in the medley relay in Los Angeles.



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HOUSTON, TEXAS
SOUTH BUFFALO BAYOU COURSE

SPONSORED BY FIRST CITY BANKS

- Eligibility:** Male and female athletes 40 years of age and older. Entrants must be registered with The T A C for the current year, 1984.
- Course:** Three 5,000 meter loops on the grassy southern slopes of Buffalo Bayou, a demanding course with frequent sharp descents and steep inclines.
- Entry fee:** \$4.00
- Sanctions:** The Athletics Congress of the U.S.A. and the Gulf Athletics Congress
- Awards:** Awards Brunch at the Houstonian. T.A.C. Medals awarded to the 1st, 2nd, and 3rd place winners, in each age group and to team winners.
G.A.C. awards to athletes holding 1984 G.A.C. registration cards.
Runner's World Medals to winners.
Trophies to first place winners, male and female.
Special prize of trip to XVII World Veterans Championship in San Diego, Calif. Dec. 1 & 2 to male and female winners on age handicap basis.
Equal awards to male and female.
- Age Divisions:** 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89.
T-Shirts to first 400 registrants. Running bags and visors to all entrants.

For additional information or application contact Ed Lang, Race Director/14 Sandalwood/Houston, Texas 77024 713-781-2810

Runner's World

ENTRY FORM

Name _____ Age _____
Address _____ Phone _____ AC# _____
City _____ State _____ Zip _____

Enclose \$4.00. Make checks payable to Houston Masters Sports Association.
Mail to Marjorie B. Rheman, 4066 Merrick, Houston, Texas 77025.

Athlete's Release

In consideration of the acceptance of my entry, I do hereby for myself, heirs and administrators, waive and release any and all claims I may have against the A.C. and any other officials conducting the meet for any and all injuries suffered by me while traveling to and from and while participating.

Signature _____



THE GUN LAP

by MIKE TYMN

"The Modern Diana"

"As a nation we have at last become exercise conscious. And what a blessing it is, too! Personally, I believe the girls of our age have probably been the most benefitted by all of this. We can thank our lucky stars that we are no longer expected to sit by the fireside and knit, while watching our brothers get most of the fun out of life."

Sounds like something written about a dozen years ago, doesn't it? Not so. That paragraph was written by Aileen Riggan and appeared in the November 1931 issue of Love Mirror magazine as part of an article entitled, "Fun for the Figure."

Riggan, the subject of last month's column, won the gold medal in springboard diving at the 1920 Olympic Games in Antwerp, Belgium, the First Olympics in which American women participated. She was just 14 then.

Four years later, in the Paris Olympics, she won the silver medal in the same event and also captured the bronze medal in the 100-meter backstroke. She won a number of national championships before turning professional in 1926.

As a professional, Riggan gave swimming and diving exhibitions around the world and served as an instructor at various resorts on the East Coast, in Bermuda, and in England. In 1931, her book, "Modern Swimming & Diving"

was published. She wrote articles on exercise and fitness for a number of popular magazines of the day and may have been the first female sports writer as she turned out columns for the London Morning Post and the New York Evening Post (the latter column was called "The Modern Diana").

Originally from New York City, Aileen Riggan Soule now lives in Honolulu, a 78-year-old widow. She still swims a quarter-mile a day in the ocean behind her luxury apartment as part of her fitness program. She has preached and practiced lifetime fitness.

Readers may find some of Riggan's views interesting, especially since most of them still apply today, to track and field and road racing as well as swimming, and often we get the impression that they are recent discoveries. Here are several of the subjects which she commented upon:

Quality vs Quantity: "I want to impress on all girls, while on the subject, that my early development in swimming was possible only because of the system of training followed. I was made to cover middle distance stretches at slow pace throughout the novitiate and never had any speed work at practice. This method builds the swimming muscles effectively and affords the best opportunity to correct faults, at the same time avoiding all chance of strain from over-exertion. It is constant speed work which taxes the heart and lungs and prevents the acquiring of form. If one uses a modern stroke effectively and goes at a moderate pace, no strain attaches to covering several miles." Country Life magazine, July 1922.

Trying too hard: "When you swim in an awkward way you are trying too hard. You are laboriously lifting one arm after the other out of the water and your tightened leg muscles are stubbornly being made to move in unfamiliar cycles." The Morning Post, 1927.

Overtraining: "Believe it or not, it's quite possible to do too much violent exercise. Everything has a limit." Love Mirror, November, 1931.

"Of course, one can overdo in any sport, especially if one is a champion. The best remedy for the overdevelopment that comes when we train for competitive sports is a form of exercise which will counteract this effect." McCall's Magazine, April 1927.

Coaching: "It is surprising to most people that a swimming champion, of no matter how many years standing, must have her weekly coaching, not, of course, to learn anything new each time, but so the coach can detect any slight errors that may have developed, and correct them before they become serious." The New York Evening Post, 1926.

Walking: "None of us can swim at the beach every day, none of us can play golf or tennis every day, but there isn't one of us who couldn't walk a lit-

The Modern Diana

by AILEEN RIGGIN

Track and field athletics for girls are at last established upon a firm basis in the South. Last week the Public Schools Athletic League of New Orleans held its third annual track and field championships for the girls of that city. For the last eighteen years the boys have been holding their championships annually, while for the girls



they are comparatively new, as they have just been established in the last three years. New Orleans was second only to New York in holding P.S.A. L. championships and is the second city in the Union to foster this branch of athletics for both boys and girls.

The meets are held on the famous
Continued on Page 13

tle every day. Don't think for a moment that walking isn't a grand sport. None of us would think of eating only once a week, yet we are quite contented to exercise less often than that. A little bit of concentrated exercise every day is one sure way to keep fit. Do a little walking every day and watch your face and figure flatter you." Love Mirror, November 1931.

Aging: "Sport has broken down the barriers between youth and middle age. They meet on a common basis. The age of neither acts as a handicap; the youth of the one is offset by the experience of the other." The New York Evening Post, 1926.

Stress: "I wish every little girl could learn to swim before she is ten and keep it up through her teens. It would do away with many of our so-called nervous breakdowns, the hysteria, the craving for excitement for which we blame our girls nowadays." McCall's, May 1927.

Losing Form: "It doesn't do any good to practice a dive once you've lost it. At least, that has been my experience. You just have to wait till it comes back. And it does that as suddenly as it goes." Publication not identified.

Women: "Only in the last few years have girls gone in so seriously for athletics, and each year their repertory becomes more comprehensive until, if they keep up at this rates, it won't be long before they include almost every known sport." The New York Evening Post, 1926.

Aileen Riggan was a true pioneer in the areas of fitness and women's sports. She was a woman ahead of her time. □

(Editor's note: Riggan participated in the Opening Ceremonies of the 1984 Los Angeles Olympics.)



Aileen Riggan (U.S.A.), youngest Olympic champion, receiving trophy for fancy diving from King Albert.

British Combine

WALTHAM MEET DRAWS 130

WALTHAM, Mass., June 16. With a dazzling sun shining, the mood was set for the 3rd Annual Waltham Masters and Submasters Track and Field Invitational. It was a festival atmosphere as 130 competitors renewed old friendships and rivalries and discovered new ones.

Kate Favreau, of the Waltham Track Club, was one of the more successful competitors. She captured first place in both the mile (5:40.1) and the 880 (2:42.9) in the 30-39 division. Suzette Hall, 32, who has been competing for only a year, was hot on the trail of Favreau. Her mile time of 5:45.6 and 440 time of 1:12.7 shows the potential for a competitive season for these close friends and teammates.

The men of the W.T.C. were also more than adequately represented as Bill Currier set a meet record in the 30-39 javelin with a throw of 203-8. Frank Champi placed second in the event with 199-6. Currier also won the discus competition (109-11).

There were many other excellent showings: Sally Goodhue, 50, had excellent times in winning the 100y (15.8) and 880 (2:53.7). Barbara Pike, won the 440 (69.6) and 880 (2:36.0) in the 40-49 division. Barry Ivers, 73, the oldest competitor in the meet, was inspirational in the 100y and 220.

The meet also had other athletes who won more than one event. Boo Morcom, 63, set three M60 meet records in the high jump (5-0), discus (123-5) and javelin (100-10). The New Hampshire native was an Olympic competitor in the 1948 games. Nat Heard, 66, of

Continued on Page 21

NIKE CORPORATE SHAKEUP

Valdemar Schultz, Masters promotion director for NIKE for the past few years, has joined the list of those pink-slipped by the Beaverton, Oregon company in its continuing corporate shake-up.

Schultz' duties will be handled, for now, by Chris Monty, who says "NIKE intends to fulfill all its commitments to the Masters athletics program."

She said the NIKE Masters Race Series would continue as planned, and that the company would follow through on its support for the World Veterans Distance Running Championships in San Diego in December.

NIKE has long been the prime corporate supporter for Masters athletics in the United States. Schultz was dedicated to the growth of the national Masters program, and his unselfish efforts have been deeply appreciated by masters athletes throughout the nation.



Women's 30-39 mile field in Waltham Masters Meet, Waltham, Mass., June 16. (L to r) Sandy Miller, Suzette Hall, Kate Favreau (winner in 5:40.1), Andrea Hatch, and Brigitte Huber.

Photo by Keith E. Jacobson

VASQUEZ, PICKERT TOP PEPSI MASTERS

Many entrants for the Diet Pepsi 10000 Meter Championships held at Fort Lee, New Jersey, on July 1, qualified by winning local and regional 10K races held from Coast to Coast. Appropriately, the Masters winners came from both Coasts, when Sal Vasquez, 44, from California, and Judy Pickert, 40, from New York, were the first forty-and-over finishers in 31:33 and 38:24.

Vasquez, 43rd of 1890 men finishers, had to contend with two tough Eastern runners: nationally ranked Ted Haiman, 41, who was second Master in 32:06, and Gary Muhrcke, 43, third in 32:41.

Bill Foulk, 51, from Montana, took the M50-59 race from veteran racer Pete McCardle, 55, New Jersey, 33:39 to 34:08. Dr. George Sheehan, 65, New Jersey, won the M60-69 division in 39:19, and consistent winner in the Golden Age category (70+) Max Popper, 81, New York, won that bracket in 53:45.

The Masters female winner, Judy Pickert, 31st of 528 women finishers, and second place Joyce Black, 44, were both timed in 38:24 at the finish, but Pickert, New York Girls Cross-country State Coordinator from Mahopac, was given the W40-49 win.

Margrete Deckert, 51, ranked fourth in the 10K in 1983 in the W50-54 division, won the W50-59 race in 40:45, and Naomi Bartnoff, 60, took the 60+.

Continued on Page 11

1st Central Penn Meet Held

Central Pennsylvania's first attempt in hosting a scaled down Masters outdoor track and field meet drew encouraging signs on June 30th, as Messiah College, host for the NCAA Division III Middle Atlantic Conference's track and field championships, provided an excellent facility.

The meet was organized in just four weeks by Scott Thornsley at the many requests of area runners who had their first taste of Masters competition earlier this year at the Pennsylvania Indoor Track Meet in Carlisle.

The 7-Up Company came to the rescue at the last minute by providing awards for age group winners, while Brooks Shoes provided merchandise

awards for outstanding competitors. Their support played an important role in laying the foundations for Masters track in an area where it is virtually unknown. Their assistance will enable future Masters meets to grow larger each year, and this should enable more Masters athletes to compete in the established regions, where one normally sees the same faces year after year.

The overwhelming majority of the competitors had never competed in a Masters meet before, and their performances gave evidence that there is a large pool of Masters competitors interested in competing if only given the opportunity. The best example of this

Continued on Page 10

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On Approaching Every Problem With an OPEN MOUTH

by W. MacDonald MILLER

Crested

It hasn't been easy these past few weeks to think of much else but the LA Olympics. I personally hit some highs and lows. I can't deny a twinge of pride as the Women's Marathon struck up in dear old Santa Monica, the city of my lost youth.

Because I'm so basically part gentle and part pussy, I was appalled by the pressure. The whole Greg Foster affair said a human being can't withstand it -Edwin Moses said they can. Define beauty anyway you want, I'll exercise my prerogative by telling you Joan Benoit is beautiful. Articulate and thoughtful, truly a beautiful little squirt with a world of class.

The medal count, flag waving and television slurping was unfortunate. It seems so contrary to what competition should mean to all of us.

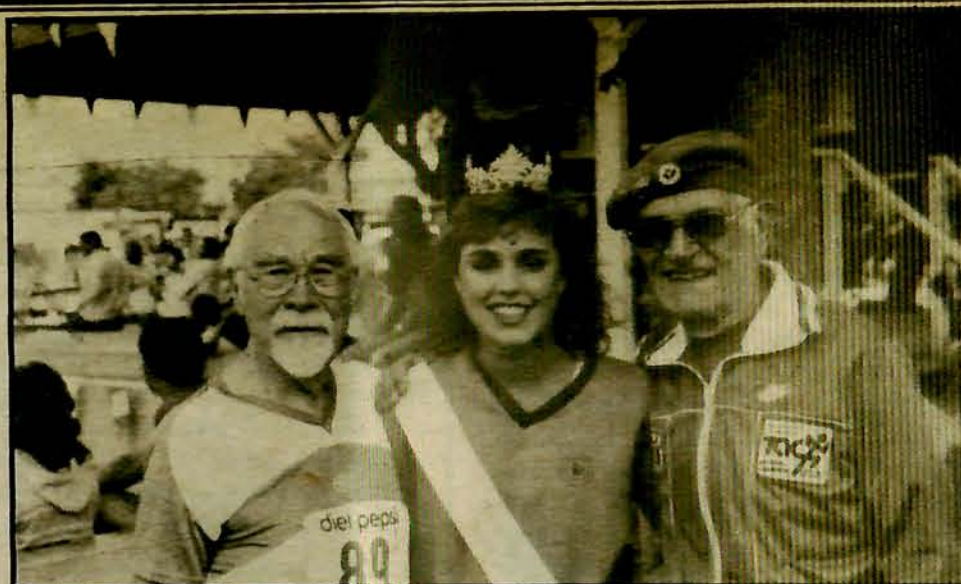
Sebastian Coe trained secretly in Chicago for two weeks prior to the Olympics. He lived with Joan and Joe Newton, America's top High School Cross Country coach, and worked out in the morning on Butler National Golf Course and in the afternoon at York High School, Newton's pride and joy and, not to be forgotten, the scene of many a Midwest Masters run, jump and throw. It didn't matter in the least that Coe is from Britain. He could have been from outer space for all anyone who came in contact with him cares. Coe is a good guy. The kind of person you'd love to have as a neighbor or as a friend. Anyone who came in contact with him while he was in Chicago was pulling for him in LA.

I wasn't able to attend the Olympics in person because of a higher calling.

Like how does 10,000 feet above sea level grab you as a higher calling? One problem with running buddies is they're like wives, they sometimes move away. Granted, in the case of some wives, not far enough but in the case of my old running buddy, Pudge Futch, he truly went high and wide. He literally fell off the edge of the earth in reverse and settled in Crested Butte, Colorado.

This place makes Katmandu, Nepal and all that "the land above the clouds" business look like Rolling Meadows, Illinois. What the hell, I needed some altitude training for the fall marathon schedule, so we took your basic upper middle class trip; five people and two dogs in a wide body compact. Note: Col. Saunders chicken bones really make dogs fart.

How do you reach Crested Butte? Easy, pal, head north 30 miles out of Gunnison and you're there, no prob. Remember what you were told in LA the first time you asked how far someplace was? "We don't measure distance here by miles but rather by how long it takes." Mountain people have their own way of measuring and you really can't blame them. You have to understand that if you drive from Crested Butte to Aspen it takes a day and a half. If you use a mountain road it takes eight hours, and if you walk it



Ivor Welch, whose number, 89, represents his age, and Paul Spangler, 85, await their awards with Miss San Mateo County after Pepsi 10K, San Mateo, Calif., July 22.

Photo by Mike Tymn

takes about four hours. Now, if you're subject to nose bleeds, forget it.

The town of Crested Butte takes a little getting used to. My first impression is the accent, it's pure OK-Tex-San Antonio chili talk. I quickly learned why, the only people in town who aren't from Oklahoma and Texas are the real locals who are easy to spot. They have full red beards, and drive jeep pickups with a dog in the back of the truck. If they have a chick she's braless and if you think for one minute I consider this backward conduct -you're dead wrong. The only Vanessa these people know is a waitress at the Plugged Nickel Saloon. That certainly says something for what they consider news.

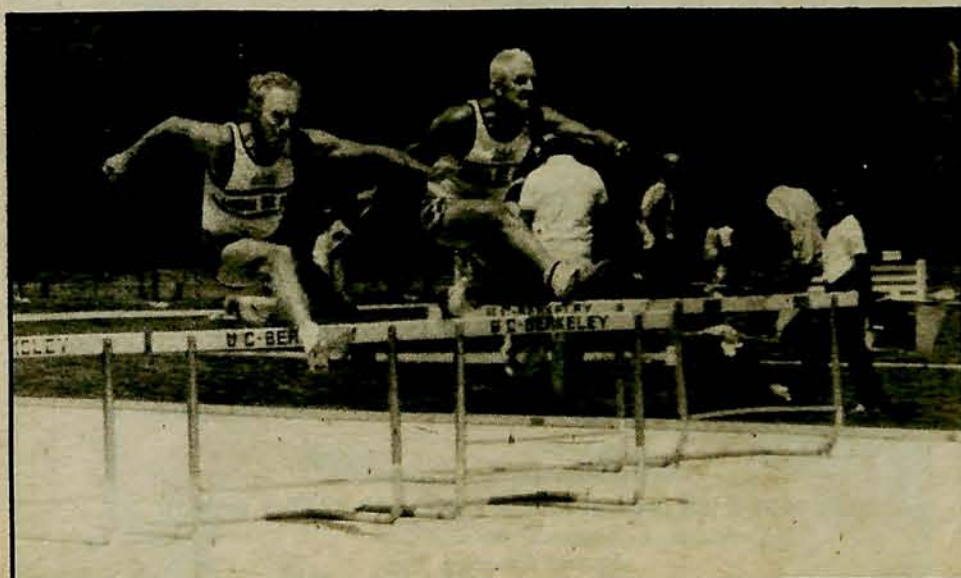
All this still leaves unanswered a question that has bothered me for years. What in the world would the world do without Oklahoma and Texas? I never spent much time in either place but I've come to a couple hard conclusions; either they have the world's worst weather, or they are the vacationing champions of this here universe. Try San Diego some summer, you'll swear you dropped in on a Shriner's Convention in Dallas. If it wasn't for Oklahoma and Texas half the summer camps in Minnesota and Wisconsin would close their doors. There can't be many people still at home because I'm telling the truth, Crested damn Butte, Colorado is plum full of people from Texas and Oklahoma. Good guys with good looking women, who unfortunately wear bras. The locals are just kinda mountain guys. No turquoise jewelry or hand tooled cowboy boots to speak of, just beards and baseball caps with some chain-saw company's logo. The local women are usually holding a kid who also has a beard, a baseball cap and generally radiates a "I have not eaten anything but nuts and bark for seven years" appearance.

Of course they have a big race in Crested Butte. There isn't any organized running club in town and I couldn't help wonder if these people realize the great advantage of this fact? The local runners thought poor Jim Fixx was a

doobie dealer from Vail who stopped by on occasion. Did I say they had a race? You wouldn't believe the race they have unless you saw it. Good old Vic Sheppard, a few years out of good old North High School in good old Columbus, Ohio got the bright idea to stage a race in downtown Crested Butte that reflected the local flavor. Speaking of local flavor, Crested Butte does make a kind of "only in America" statement. Crested Butte is 30 miles north of Gunnison at what mountain people call a "destination point." That means something like, you can get there but you might not get out. (Well over 300 inches of snow per winter, etc.) I mean a respectable occupation during that period when the white fungus falls is clearing snow off the rooftops. During the summer, guys are actually wandering in the nearby mountains digging for gold and silver. What I'm trying to say without being cruel is Crested Butte, Colorado is not exactly 42nd at Times Square when it comes to activity. Maybe not so hot when it comes to activity but when it comes to food and drink, this destination point doesn't have to take a back seat to anywhere. Within a \$700 mountain bike ride of the local nerve center (when was the last time you saw a hardware store with gas pumps?) one can somewhat paradoxically dine on good old mountain favorites such as: Canard Sauvage A' La Bigarade, Chateaubriand, Rotatouille, with the obligatory Vichyssoise, Artichokes and Truffles. Just for laughs most of these down home cafes could offer a '53 Petrus for the high-spirited, a '64 Chambertin for the casual, even a '68 Robert Mondavi Cab for the reckless visiting Texan. Dessert selections featured simplicity, Peach Melba and say a '59 d'Yquem for fun.

Yes, they sure as heck have a 10 mile race. A testy 10 miler, dear Ocean Pacific beach runner, Midwestern humidity-heat seeker, Central Park on-the-run from dog dump and mugger friend, is the under-statement of the year. Remember I said the race started on the main drag of Crested Butte?

Continued on Page 14



Al Guidet, 66, and Herb Miller, 68, en route to an 18.9 tie in the 110-meter hurdles in the NCSTC meet July 7 in Berkeley.

photo by Mike Tymn

MASTERS PROVIDE VICTORY MARGIN IN CORPORATE CUP RELAYS

by TOM SHEAHEN

SAN JOSE, California, July 22. General Electric won the 6th Annual Runner's World Corporate Cup Relays today with the help of strong performances by their masters contingent. GE amassed 124 points, narrowly edging IBM, which scored 122. AT&T, last year's winner, was third.

Fifteen of GE's 124 points came from the masters division of the 10K on performances by Bill Clark, 40, (32:30) and Bill Meinhardt, 43, (33:54) for a total of 66:24. It was a repeat of Clark-Meinhardt's 1983 masters triumph. IBM was only nine seconds behind as Alan Pilling, 42, (32:51) and Chuck Frawley, 41, (32:41) picked up 12 points. In the 50+ bracket, Jack Gough (36:05) and Gordon Kafer (36:46) took first for Honeywell.

On the track at San Jose City College, open, masters and women's competition was held in sunny, 80° F weather. In the masters 1500, where a single runner represented his company, Klaus Kuester, 40, of Leo Burnett Advertising Co., took the lead on the final backstretch to win in 4:12.3. Tony Marshall of Hewlett-Packard was 2nd in 4:12.8, with Ray Stevens, 43, of IBM nipping Rich Wolters of GE for third, 4:13.5 to 4:13.6.

In the masters relay (1/2 mile, 1/4, 1/2), Pacific Gas & Electric broke AT&T's record of 5:08.1 by seven seconds in 5:01.2. IBM's Dan Fitzsimmons pulled his team from 9th to 3rd with a 52.1 440 leg. PG&E was led by half-milers Fernie Montanez (2:05) and David Romain, 42, who eased to a 30-yard victory in 1:59. GE also broke its record with a 5:06.5 for the place with a team of John Krepick, (2:07) Martyn Adamson, 45, (55) and Rich Wolters (2:04). Delta Airlines' team of Eric Elbel, 41; Al Venanzi, 44; and Jack Kelly, 43; took third in 5:11.2.

The day's final event was a sprint relay (220, 220, 440, 440, 220, 220) with two women and one Master required. Fitzsimmons burned a 22.6 for IBM.

A group called the United States Corporate Track Association (USCTA) announced it would offer an alternative series of corporate track meets next year, culminating with a national championship in Los Angeles next summer. The present meet has become increasingly popular, with more and faster teams in each succeeding year.

USCTA says it is "fed up with the Corporate Cup Relays and tired of ridiculous cost increases," and says it can run a better Corporate program. □

The Steamboat Classic Footrace is one of a multitude of events scheduled during Steamboat Days, an annual three-day festival held in June in Peoria, Illinois. This year, the 11th edi-



First place finishers in four age groups at the National Masters Decathlon in Indianapolis July 8. From left: Frank Bowles, 63, Greeley, CO; Ham Morningstar, 67, Saline, MI; Gilberto Gonzalez-Julia, 71, Hato Rey, PR; A.E. Pitcher, 82, Indianapolis.

photo by Don Frye

tion featured more than 2,000 participants in either the 4-mile or the 15K runs, which start together and run the same course for the first two miles.

For the second year, the 15K featured masters team-challenge competition between the Illinois Valley Striders Track Club and the Huntsville, Alabama Track Club. Each year, Masters teams from the two clubs compete in this event and in the HTC's Humana Rocket City Marathon in Huntsville for a challenge cup. HTC won the initial competition at Steamboat last summer and retained the cup at Humanathon last December, but this year the IVS team took a 10-11 victory over HTC on the hilly 9.3 mile



Arling Pitcher, 82, gets ready to pole vault in National Masters Decathlon in Indianapolis July 7.

photo by Don Frye

Illinois Masters Steam To Victory

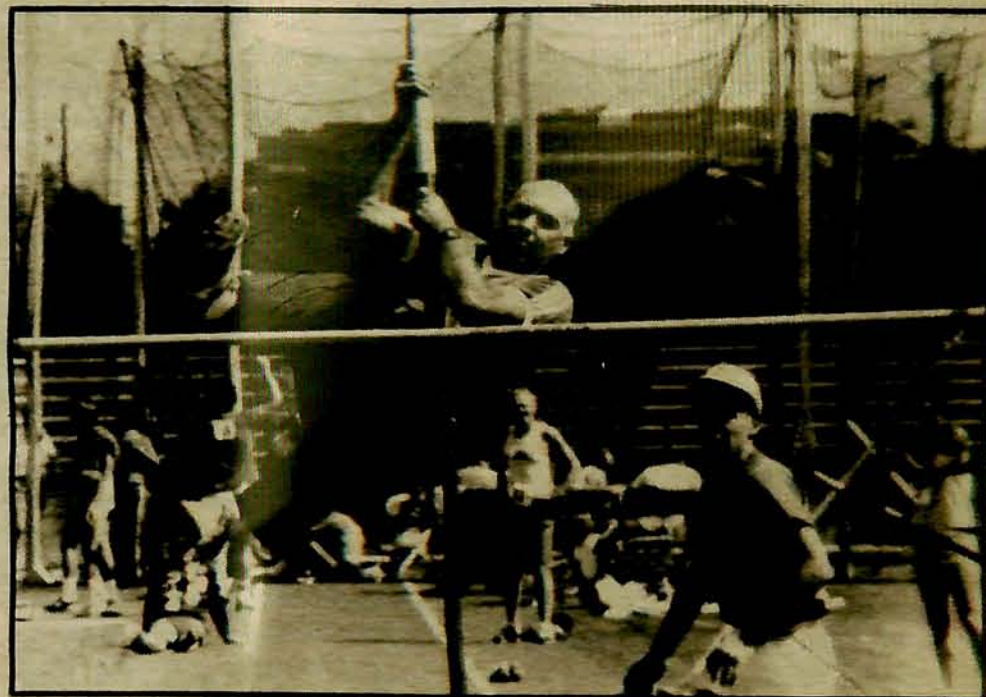
course.

Doug Braasch (55:10) led the IVS contingent, which also included Joe O'Shea (55:10), Randy Ziffren (58:00), and Judy Tolliver (60:49), over the HTC team which consisted of Jim Oaks (54:38), Gerald Koch (55:24), Charlie Brown (60:29), and Earl Jacoby (63:00). The top three finishers from each club counted for team scor-

ing to give the IVS team the 10-11 win.

Oaks was the top finishing master in the race which included 356 males. He was followed by Charles Vanarsdale (54:57) of Decatur, Ill. Koch won the 50-59 division by over four minutes.

Judy Tolliver of East Peoria led all female masters by eight minutes as she finished 5th among the 59 female entrants. □



Leon Trout, 50, of Union, New Jersey competing in TAC National Masters Decathlon Championship in Indianapolis July 8.

photo by Don Frye

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MASTERS TRACK & FIELD REPORT

by JERRY ALAN DONLEY

Chairman, TAC Masters Track & Field Committee

At a recent membership meeting of my local club, The Pikes Peak Road Runners, Ellen Hart gave a short speech. Ms. Hart has been an outstanding runner and competitor from Colorado, finishing high in the trials for the U.S. Olympic marathon team. However, over the years, at critical times, she incurred injuries or physical problems that kept her from reaching her potential. In spite of this, she is not bitter and has no regrets, though, from time to time, she admitted to having asked such questions as "Why me?"

While that question can never be answered directly, Ms. Hart indicated one positive element had come out of all the adverse problems she has had — she really did enjoy running, and to be able to run was one of the major blessings of her life. The extent of that blessing was dramatically demonstrated to her while recovering from her physical injuries when she could not run. In addition to continuing to compete on a national level, she takes advantage of every opportunity she has to share that blessing with others whenever possible, including meetings such as ours.

The members of The Pikes Peak Road Runners went away from that meeting with a much more positive attitude about what they were doing, even though they too, from time to time, suffered injuries, soreness, and illnesses, all of which would keep them from participating at various times at the level they are truly capable of accomplishing.

There is a verse from the Old Testament that is quite appropriate for Ms. Hart's attitude. In that Verse, God spoke to Abraham and told Abraham that if Abraham would do what God told him to do, he would bless Abraham, making his name famous, so that he could be a blessing to many others, in short "Blessed to be a bless-

ing." Your abilities, your talents, your capabilities, while cultivated and improved by your own individual efforts and energies, really are a gift. You should consider yourself blessed because of your ability to run, jump, and throw. Enjoy it! Share it!

When each of you reflect back, you will find someone you know, who, because of physical or mental disabilities, will not be able to run or jump or throw. You may have watched this individual try to learn even the most elementary of physical movements, such as opening and closing a hand, or to walk without the aid of some type of supporting device, or to get enough oxygen only through a support system.

Those individuals' physical efforts in accomplishing life's most basic elements use up more energy than you do in your regular workouts. Those individuals, their friends and families, give great thanks for even the slightest improvement. We tend to take our talents and capabilities and our blessings for granted and complain extensively because of minor limitations.

Let me encourage you to do as Ellen Hart has done, appreciate your blessings, talents and capabilities, and be willing to go out into the community and somehow, some place, some way, share them with others. □



Start of the women's 100 in the Northern California Seniors Track Classic in Berkeley July 7.

photo by Gretchen Snyder

National Decathlon

Continued From Page 1

82, was A.E. Pitcher of Indianapolis. On his home track, "Pitch" set the world age-82 decathlon mark with 607 IAAF points and won the M80 age group. He also broke meet records in the 100m, 400m, 110mHH, discus, pole vault, 2nd day points and total points.

"Pitch" was an inspiration for all athletes and spectators as he competed earnestly in all 10 events. Puerto Rico's Gilberto Gonzalez-Julia, 71, defended his M70 title setting meet records in the shotput, high jump, 400m, discus, javelin and total points.

Exciting competition took place in the M45 and M30 age groups. Gary Miller, 46, Glendale, CA, led M45 at the end of the first day with 2822 points and meet records in the long jump and 400m. Miller suffered a pull the second day, opening the way for a fight between Dale Lance, 46, Oilton, OK, and Ed Oleata, 47, La Jolla, CA.

Oleata bettered Lance in the discus and 1500m, but Lance took the 2nd day's remaining events. Lance set M45 meet records in the 100m (11.8), high jump and hurdles (15.9) winning the M45 with 5519. Oleata's 1500m time of 4:42 was also a meet record as he finished second with 5369. Miller hung on to third with 4924 points.

In the M30 age group a similar battle was taking place between Mike Davis, 34, New Lenox, IL; Bruce Michel, 32, Collinsville, IL; and Tim Walters, 32, Washington Court House, OH. Walters led first day scores with 2964, Davis 2888, and Michel 2827.

Still leading going into the pole vault, Walters suffered a no-height and dropped to third. Davis cleared 12-1 3/4, but trailed Michel who had scored 757 and 720 in the hurdles and discus. Going into the final event, the 1500m run, Davis led Michel by one point 5400 to 5399. A fine 1500m time of 4:42 clinched the championship for Davis. Walters held on to finish third.

In the M50 age group, Leon Trout, 50, Union, NJ, was the champion, tying a meet record in the hurdles. Bruce Hescok, 50, Bethany, CT, finished second. Former 400m Olympic hurdler, Josh Culbreath, 51, Gwynedd, PA, finished third, setting a 400m meet record with 57.6.

In the M65 age group Ham Morningstar, 67, Saline, MI, took first and set shotput and high jump meet records. The M55 age group was won by Jock Jocoy, 58, Del Mar, CA with 3298 IAAF points. R.G. Wolf finished second with 2892 and Martin Legett, 59, Austin, TX, third with 2365.

Meet co-ordinator Henry Hopkins, 41, Plainfield, IN, won the M40 age division. At the first day's end, Hopkins led with 2432. Tom Thorne, 41, Neosho, MO, was second with 2230 and William Busby, 40, Thomasville, NC, was third with 2096. Busby pulled



Beverly LaVeck of Seattle enroute to a W45 Canadian Open Record and U.S. citizens age-48 record of 27:10.4 in the 5000-meter race walk at the Canadian Masters T&F Championships in Richmond, B.C. July 8.

photo by Sharon Davies, Marathon Photos

up in the nurdles and was forced to drop out. Jim Shoemaker, 40, Overland Park, KS, then finished the second grueling day for third spot.

The meet's only disappointment was the lack of Heptathletes. Only one participated. Joyce Bowerman, 43, Wabash, IN, won the 40-44 age group.

The top three finishers in each age division received a wood grained plaque with the TAC Medal and engraved plate. First place winners also received a NIKE certificate for shoes.

With the broad range of ages and experience, the meet was an interesting and exciting one. Athletes coaching each other, friendships renewed, lasting friendships developing and great performances marked the two days of competition. All athletes agreed that the I.U. Track & Stadium was an outstanding facility and are looking forward to the 1985 TAC National Masters Outdoor Track & Field Championships being held in Indianapolis. □

Central Penn Meet

Continued From Page 7

was provided by Alan Sommerville, 39, as he ran a 4:15 1500m, the first time he had competed on a track since winning the Pennsylvania high school 100y 21 years before.

Other fine performances, despite generally miserable weather conditions, were turned in by Ali Salaam, 31, in the 100m (11.77) and 200m (14.27); George Crummel, 31, in the 400m (52.4); Vivian Nelson, 71, in the long jump (8-11); Donald Ernest, 72, in his age group's 100m in 18.5; Kathy Clark, 31, in winning the women's 1500m in 5:35; and Sam Monastero, as he raced to impressive wins in the 200m, 400m, and 800m. □

MASTERS RANKINGS

Bill Stewart and Cindy Dalrymple topped the men's and women's Masters lists in the official 1983 U.S. Masters 15K Road Rankings recently released by the National Running Data Center.

Stewart ran an American M40 record 45:58 in the Gasparilla 15K in Tampa February 5, 1983. Dalrymple turned in her year-leading time of 55:16 in the Run Against Crime 15K in El Paso October 1.

Other men's division winners included Ken Winn, Norm Green, Alex

Ratelle, Hubert Morgan, Clive Davies, Bill Brobston, Ed Benham and Cyril Woods.

Top ranked women were Marilyn Harbin, Marion Irvine, Margaret Miller, Jaclyn Caselli, Jo Hess, Felicitas Salazar and Ruth Rothfarb.

In the 35-39 rankings, Bill Rodgers and Laurie Binder led the way.

The top ten in each age group are published in this issue in the same format as they appear (to a depth of 50) in U.S. Masters Distance Rankings, 1984, available for \$9.95 from NRDC, PO Box 42888, Tucson, AZ 85733. □

200 COMPETE IN MICHIGAN

The Michigan Athletics Congress Masters Track and Field Championships at Hillsdale College on June 9-10 drew over 200 entrants from Michigan and the surrounding area, particularly from Cleveland, whose Over-The Hill TC scored well in many events in winning the overall team title.

Outstanding individual performances included a 27.32 M65 win by

Donald Hull, 65, an ex-Michigander who now resides in Florida, in the 200, and a 2:16.2 victory in the W30-39 800 by Nancy Noonan of Cleveland.

Ken Carman, 56, Garden City, Mich., ran an 11:36.7 3000m steeplechase. Melba Hatch, 54, Ann Arbor, Mich., did the 3000m in 13:15.1. □



Team Kangaroo - St. Louis, Mo. Sets American Record in the 4X800 (8:17.2) (M30-39) at the 1984 National Indoor Championship in Princeton, New Jersey (Left to right: Gary Carr, Gordon Reiter, Jim Irwin, Lennie Harrison.)

LATIMER 4TH IN WESTERN STATES

Doug Latimer, 46, was the first masters finisher in the Western States 100-mile Endurance Run July 7-8 through the High Sierra with a time of 17:28.

The Redwood City, California ultramarathoner placed fourth overall in a starting field of 370. Latimer is the perennial masters winner of the race which begins in Squaw Valley, Calif. and winds up and down the Sierras to finish in Auburn, Calif. It is considered the most difficult race in America. Latimer won the race overall just a few years ago.

In the 50-59 division, Gardner Leighton of Napa, Calif., turned in an astounding 18:49 for 10th place overall. Ralph Paffenbarger, 61, of Berkeley, Calif., raced an equally excellent 22:03. Only by knowing the adversities of the race can one truly appreciate those performances.

It was the largest starting field ever for the increasingly popular event, and 159 finished under 24 hours to win the coveted Western States buckle. Ninety-one more came in under the 30-hour cutoff.

Bjorg Austrheim-Smith, 41, was

Rain Dampens Meet

Continued From Page 4

satellite octogenarian, impressed the local performers with a 17.2 100m and 37.2 for 200. Arling also triple-jumped 18-6 3/4, high jumped 3-8, long jumped 7-5, threw the javelin 58-0, and hurled the discus 50-3. Strongman Ross Carter traveled even farther than Pitcher, flying in from Eugene, Oregon, to capture the M70-74 discus (119-6) and shot (42-7). Ross's throw bettered Vernon Cheadle's record of 42-3 1/2 for M70 shotputters.

The 800 offered several fine performances. Central Park Track Club's Rob Jackson muscled his way to a 1:58.7 win in M30-34; Don Boyer (a 1:53.8 miler as an undergraduate at the University of Maryland) fought back repeated challenges from old Atlantic Coast Conference rival (Univ. of North Carolina) Bob Bennett to prevail in M40-44, 2:05.6 to 2:06.9; Jim Demma won M45-49 in 2:07.6; and easy-riding Kelsey Brown glided to a 2:20.9 win in M55-59.

Alfonso Walton (M30-34) was the fastest sprinter of the day as he posted times that Olympic sprinters from some of the smaller principalities might have trouble matching — 10.9 and 22.6. Jennifer Pinto, a Trinidad native now living in New York, captured the W35-39 crowns in 14.5 and 29.9. □

Top Pepsi Masters

Continued From Page 7

The race, from Fort Lee to Inwood Park, New York City, was run under hot (80s), humid, scattered thunder-shower conditions. □

first master and 2nd female overall with a time of 20:23, just 19 minutes behind Judy Milkie, 34. Jim King, 27, was the overall winner in 14:54. Martha Maricle, 51, led the 50+ women in 22:42, becoming the first woman-over-50 to break the 24-hour barrier. □

ATLANTA HOSTS SOUTHEAST REGIONALS

The TAC Southeast Regional Masters Championships were held at Lovett School in Atlanta, Georgia, on June 16.

Danny Theil of New Orleans, running for the Louisiana Lightning club, provided plenty of sparks with M35 wins in the 100y (10.33), the 220y (23.3), and 440y (50.9).

Bill Knocke of Lomita, Calif., won the M40 330yH easily in 43.3. World M40 pole vault champion in 1983, Charlie Polhamus of Fitzgerald, Georgia, won his specialty at 14-3.

Floridian Carlos Fraundorfer was not challenged in his M50 hammer (158-6), 35# weight (38-11), and shot (44-10) wins, but Phil Mulkey of Atlanta gave Fraundorfer competition in the discus before losing, 131-6 to 129-3. However, the versatile Mulkey took the high jump (5-3), triple jump (35-4 1/4), and pole vault (12-0).

Phil Raschker of Atlanta ran the W35 100y in 11.41, high jumped 4-10, and triple jumped 34-6, which would have won the M35 bronze by six inches.

The meet was conducted by the Atlanta Track Club. □

Brown U. Meet

Continued From Page 4

Nat Heard, M65, came up from Florida to win the 100m (13.9), 200 (29.1), and shot (45.3).

Rob Jackson, M30, took both the 800 (2:01.5) and 1500 (4:16.6). Kirk Randall, M40, raced to twin victories in the 1500 (4:15.6) and 5000 (15:57.7). John Dugdale, M45, was the leader in the 800 (2:09.7) and 1500 (4:17.4).

Brian Savilones, M30, had an unusual double: the 5000 (17:30.5) and 5000 racewalk (25:10.2).

Javelinists Bill Currier and Frank Champi duelled for the M35 win, with Currier winning, 197-5 to 190-9. Robert Youngs and Jim Rothrock had M50 first and second place javelin tosses of 171-0 and 163-0, both national championship quality.

Because of the success of this meet, an indoor meet will be scheduled, according to Meet Director Neil Steinberg. Brown University coaches Bob and Anne Rothenberg were instrumental for the success of this year's outdoor meet. □



RUNNING WITH MARCO POLO, M.D.

By ALEX RATELLE, M.D.

TO TRACK OR NOT TO TRACK

My earliest running experience was on a remote gravel road in northern Minnesota. By the time I was 10, I was running on a brand new cinder track in Minneapolis.

Though I have not seen a cinder track in years, I still regard it as a great opportunity to learn. Still in my memory is the vivid recollection of rounding a corner at full tilt, losing traction and flying full length onto the abrasive surface.

Many masters runners learned their craft over dirt, gravel and sand tracks. The most common injury in those days was shin splints. We knew little of ice packs and rest. The sole treatment was . . . taping. For those of us entering manhood, the removal of arch to kneecap tape was painful beyond belief.

In this age of plastics, we have plastic tracks. Their design and engineering is ingenious. I rarely hear of shin splints, but that malady has been replaced with others — knee, ankle or hip injuries.

The capacity of the new tracks to absorb concussion is likely a substantial reason for new world track records. But this same virtue may be a vice. Since there is little slippage at the interface of the track and the runner's shoe, the differences in forward and lateral movement are now absorbed by the runner, not the old cinder track.

Thus, the fastest and "best" tracks need to be approached with caution.

The same adhesion that makes fast running possible is the same "stickum" that locks the feet to the ankles to the knees to the hips to the lumbar spine . . . and an injury is born.

Lateral movement is abnormal. The lower extremity in the biped was designed to move in a straight line. This mechanism aided our ancestors in tracking and capturing game, and probably allowed for irregularities in terrain.

Any attempt to explain the high incidence of injuries to track runners would be simplistic and probably miss the truth. The virtue of "training on the track" is the small number of variables compared to road training. The runner and coach can easily compare workout times. And therein lies the protective mechanism for reducing injury risk.

To be continued . . . □

Nationals

Continued From Page 1

Bruce Springbett, last year's M50 100 and 200 champion, suffered a cramp at the finish of his 100 heat and also withdrew.

Five world and 14 American age-division records were established. Four were set by men and 15 by women.

Irene Obera, the fastest-ever woman age 50-or-over, lowered her own world W50 100-meter mark of 13.16 with a sizzling 13.13. The high school principal from Moraga, California also bettered her W50 200-meter world mark of 27.4 with a 27.25, but it was wind-aided and won't go into the record books. Obera also smashed Gretchen Snyder's W50 American 400 mark of 64.93 with a 64.58, coming from behind in the stretch to overtake Snyder (65.20) in one of the top races of the meet.

Mary Bowermaster of Fairborn, Ohio won six events in the women's age 65-69 division, including a world

W65 record of 3 feet, 8 inches in the high jump and a U.S. mark of 10-6¼ in the long jump. Bowermaster also won the shot and discus, and defeated U.S. W65 record-holder Jo Kolda in near-record time in the 100 and 200. Bowermaster's high jump upped the mark of 3-7½ set by West Germany's Annchen Reile in 1980.

Vivian Nelson of Harrisburg, PA set a world W70 mark of 3-4 in the high jump, breaking the old standard of 3-3½, held by Finland's Irja Sarnama.

Two world men's marks were set by Ross Carter and John Scatti. Carter uncorked a 43-0¾ shot put to raise his own M70 mark of 42-7. Satti long jumped 15-2½ to increase the M70 standard of 15-0, set by West Germany's Josef Sahlmann in 1979.

Phil Conley of Woodside, California celebrated his 50th birthday on the 17th with a new U.S. M50 javelin heave of 184-6, bettering Bill Morales' 16-year-old mark of 173-9. Conley's



Walter Bauer, M.D., 58, edging Jack Gentry, in the 10000m 38:18 to 38:39, at the Senior Olympics, St. Louis, Mo., May 29-31.

toss was only 6 feet short of the world M50 best, set by Finland's Viekko Javanainen in 1980.

La Crescenta, California's Shirley Kinsey set four U.S. women's 55-59 marks in the discus (87-4), javelin (82-1), long jump (11-11) and shot put (30-0¼). She also won the 200 and 80-meter hurdles.

California's Marilyn Harbin picked off two records in the W45 bracket, running the 800 in 2:27.35 to better Mary Czarapata's 4-year-old mark of 2:27.8; and the 1500 in 4:57.15, lowering her own 5:02.3 record.

Washington State's Nola Bruhn set two widely different U.S. W55 marks in the 10,000 (43:07.7) and 400 (80.20), breaking the old records of 43:09.8 and 85.69, respectively.

Mike Kelly of Tyree Island, Georgia blazed to a 14.88 clocking in the M35 110-highs, dropping his own pending AR of 14.92.

Continued on Page 21

Baker's 100 Mark

Continued From Page 1

subject to ratification by the TAC and WAVA Records Committees.)

Baker also sped to a 23.51 in winning the 200 by nearly two seconds. The time is only a tick off Baker's world M50 mark of 23.4.

J. B. Haggerty posted fast wins in the M35 100 (10.8), 200 (22.49) and 400 (49.8). Roy Turner burned a 51.76 in the M40 400.

Gene Timberlake edged Dale Hager in a fast M40 - 800, 2:01.5 to 2:02.5. Timberlake added the 1500 gold in 4:08.8.

Dave Dennison won the M40 highs and intermediates in 16.11 and 58.20.

Former Olympian and current U.S. Populist Party Presidential candidate Bob Richards won the M55 high jump (4-8), pole vault (10-11), shot (39-7), discus (116-10) and javelin (128-9).

Wendell Palmer hurled the discus 160-1 and shot 41-9 in M50 action. □

Western Regionals

Continued From Page 4

discus, so that the lead was a mere 55 points going into the 1500. But, Jim ran a blazing 4:39.8 1500 and carried home the crown, a newly designed TAC medal by meet director Gary Miller, and a new American record for age 39 of 2772 points.

Nate Robinson, 32, scored 2993 points in his first pentathlon to win the other submaster division. Ed Martin won the M50 bracket with a solid 1840 IAAF points. Pete Fetter, 63, surpassed the American age record by over 200 points, but his javelin did not pass inspection.

At the conclusion of the pentathlon, the athletes had nothing but praise for the competition, sportsmanship and officials and a big thanks to: Doug Smith for scoring, Coach Bill Harvey and his helpers from the College, and the skunk family that threatened the evening air but decided to retire under the pole vault pit.

Saturday's track events started with a new American W35 record in the 4X100m relay with the CDM quartet of Sondra Schumacher, Jean Carter, Shirley Kinsey and Christel Miller timed in 58.7. This bettered the So. Calif. Striders mark of 58.9.

The women athletes played havoc with the track events setting two world records, four American records and several individual age records.

Shirley Kinsey, 55, set two American W55 records in the 80m hurdles (16.6) and 200 (33.1).

Cherrie Sherrard once again tied her own W40 12.5 80m hurdles time. She was also a winner in the 100, 200, shot put and discus.

Irene Obera set World W50 records in the 100, (13.17) and 200 (27.4). In one of the finest competitive races of the meeting, Chestine Barnes, 37, held off Judy Vivian, 32, in the 800 in a new American W35 record of 2:13.2. Chestine also set an age 37 record in the 400 of 61.4, while Judy ran an excellent 1500 in 4:46.4.

Christel Miller, Edith Mendyka,



Men's 40-49 880y at Waltham Masters Meet, Waltham, Mass., June 16, (L to r) Larry Decker, Ron Dean (55), Harold Hatch, James Verdien, and winner (2:12.0) Bill Masucki.

Photo by Keith E. Jacobson

Marilyn White, Kathy Kusner, Magdalena Kuehne, Maxine Waters, Elvyn Blair, Diana Smith, LaTanya Glass and Sondra Schumacher won one or more championships.

Bob MacConaghy, 76, threw the javelin over 100 feet for a new American age-group record and vaulted 7'3". Winfield McFadden displayed his athletic prowess by winning five M75 championships: 100m, HJ, DT, LJ and TJ.

Bill Fitzgerald ran two new age-59 records for the 800 and 1500 in 2:16.4 and 4:34.3, respectively.

Eric Owers was able to catch George Cohen in the M40 1500. In the 800, Cohen came from behind to best both Owers and Romain. Mel Elliot won the M45 400, 800, and 1500.

There were some thirty men who were double winners or more in the three day meet. In the hammer and shot, new meet standards were established in the M50-69 age groups, due to the fact that the athletes were required to use the newly adopted implements (6k, 5k and 4k).

The finale was auspicious with four of the meet's TAC officials entering a 4X400 meter relay. It was either the hot

sun or their extra duty at the recent Olympic trials that drove these men to this fantasy. They all survived and walked off proudly, back in hat and tie.

At the end of the three-day competition, the meet directors drew some conclusions. It was a very successful meet at a beautiful facility. The shade and smog were scarce and the results excellent. □

The Modern Diana

Continued From Page 6

racetrack, which is out of use at this time of year, and it is surprising how well the contests are conducted and how many people go to see them.

In the last meet there were over 500 entries, and every year there has been a marked increase in the number of contestants among the young schoolgirls of New Orleans. Every size and age is represented and, as in the New York schools, each girl competes in her own class. It is an interesting fact that instead of classing the girls by weight, as is the method in most schools, the schoolgirls of New Orleans are classed according to height. Consequently, there are groups of fifty-five, fifty-nine

and sixty-three inches. There is also an unlimited class for the few that are taller than their schoolmates.

★ ★ ★

There is always plenty of competition in the twenty-four events scheduled, and the youngsters that win are just as proud of their trophies as if they had won a world's championship. Of course, the authorities in charge are very careful that the children do not overexert themselves, and they are only allowed to run short distances and compete in two events in one meet.

From the New York Evening Post, 1926.

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OLYMPIC WATCH

by AL SHEAHEN

• "The Games are over, let the traffic begin," Los Angeles Mayor Tom Bradley said after what many called the most successful Olympics ever.

• It was one of the most intense, exciting, thrilling and inspirational 16 days ever experienced.

• Post-Olympic depression has already hit L.A. Every shrink in town is reportedly booked solid.

• In the afterglow, the city is still stunned. One reporter summed up the town's feelings with a simple: "What the hell was that?"

• L.A. hasn't shed so many tears of joy since Debbie Reynolds married Eddie Fisher. Half the town was in tears at the opening ceremonies; again when Joan Benoit won the first-ever women's marathon; again when Nawal El Moutawakil won Morocco's first-ever Olympic medal; again when little Nigeria challenged the great nations of the world and won a bronze medal in the 1600 relay; again when Zola and Mary took each other out of the race of their lives; again when Edwin Moses, after another nerve-racking false start, won his 105th consecutive race; again when forty-four-year-old Ed Burke, representing masters athletes everywhere, carried the U.S. flag at the opening ceremonies; and again when Gabrielle Andersen, 38, ran her way in-

to the hearts of the world.

• The great, unreported story of the Games was the emergence of dozens of Third World nations. Seventeen countries were competing for the first time. Athletes from Asia, Africa and South America dominated the preliminary heats of the sprints. Many made the semis and finals, especially, runners from Senegal, Kenya, Brazil, Nigeria and Sudan.

• Burke didn't match his 235-7 Olympic Trials hammer throw, but he made us all proud. With 90,000 fans urging him on, he must have wondered what was going on. Usually, all the hammer throwers attract are two guys and a dog. He threw 221-6, not quite far enough to make the finals, but far enough for me.

• "It was a thrill just to walk into the stadium and see so many people and to hear so many people cheering," Burke said. "I was certain there must be another event going on because there were so many people there. I was really in it until the end. I think maybe I said more for middle-aged people by not advancing to the finals. I showed them it's possible to feel satisfaction in just competing, not in the winning."

• Burke said he "trained hard and tried hard and I went for it." He plans to compete in Europe with the U.S. team.



Larry Stuart, El Toro, Calif., who set a new M45 world record for the javelin of 238-10 on May 12 at Redlands U., Calif.

• I was embarrassed by ABC's jingoistic TV coverage, and virtually stopped watching after the third day. Even though two-thirds of the medals were won by foreigners, it seemed ABC focused 90% of its coverage on Americans. ABC swept first place each night in the ratings, so Roone Arledge is smug. It seems nationalism plays in Peoria.

• Arledge and Baron de Coubertin wouldn't have hit it off. I can just see Roone trying to keep a straight face as de Coubertin tells him the "important thing in the Olympic Games is not to win but to take part; the essential thing is not to have conquered but to have fought well." Frank Gifford would snicker. Roone's idea of a drinking buddy would be George Patton, who said: "Americans love a winner, and will not tolerate a loser."

• Never mind that, the crowd at the Coliseum was fairminded, applauding every medalist, regardless of nationality. In fact, we were secretly rooting for Pierre Quinon to win the pole vault so we could hear the Marseillaise at the victory ceremony. We pulled for Mogenberg to win the high jump over Zhu so we could hear Deutschland Uber Alles, one of the world's great melodies, even if ill-used in the past.

• Andersen (now known as Andersen-Scheiss to the world) lives in Idaho and has been running in the U.S. for years, winning the W35, and often the women's open, division of dozens of races. The Greek government invited her to make a 10-day visit to Greece in recognition of "her courage and athletic effort in the Olympic spirit."

• The oldest athlete in the marathons was Britain's Joyce Smith who set a women's world best for age 46 with a stunning 2:32. Britain's Priscilla Welch, 39, ran 2:28:54.

• We-Told-You-So Department: the

weather for the men's marathon never got into the 80's, the Games were brilliantly organized, the smog was minimal, the number of visitors was far below expectations, the rental-car companies took a bath as customers thumbed their noses at their price-gouging, and the volunteers did a super job.

• We-Told-You-Wrong Department: Gidamis Shahanga, our tout for the marathon gold, succumbed to Freeway Fever and left his kick at the Slauson cut-off to finish 27th.

• The next-best thing to the Olympics is the World Veterans Games, which is why I can hardly wait to go to Rome next June. If you somehow missed L.A. try not to miss Rome. □

Open Mouth

Continued From Page 8

That's at nearly 10,000 feet above sea level for openers, pal. It quickly left town by way of a 2,000 foot ascent to the foot, get this, the foot of Mt. Ax-tel, all in 5 miles. The ascent, as mountain men, Okies and Texans all agree, is a bitch. The trail is full of rocks and three times crosses a raging mountain stream. Frankly, I don't have much mountain running experience, just what I've picked up from Ken Young bragging about what he did to this mountain and that mountain so my effort was a disaster. Couldn't make one mile on the run. The winner, Dave McGuire, ran 7:20 pace to the top and sub five's down for a time of 66:10 minutes. He's a ski instructor who runs in the mountains during the summer. People are referred to as mountain runners and others. Forty-seven people showed up for the race (40 last year) but just about everyone in town had free beer at Vic's after the race. No flag waving, little bitching and a whole lot of good feeling, about people and a very special part of our country.

Given the choice between wondering if Jim McKay is using enough polli-grip or Crested Butte, Colorado - all I can say is, bring back the Russians. □

Minnesota Masters

Continued From Page 4

breakthrough, thanks to director Jack Moran's strong belief in the concept of masters competition.

Entries are now up to 5000, with an anticipated 8000 when entries close.

Competition will be strong. Among the entrants are Don Kardong, 35; Duncan MacDonald, 35; Athol Barton, 36; Mike Manley, 42; Barry Brown, 40; Mike Heffernan, 44; George Keim, 41; Fritz Mueller, 48; Ernie Billups, 47; Norm Green, 52; Hal Higdon, 53; Alex Ratelle, 60; Karen Scannell, 46; Sandra Kiddy, 47; Jane Buch, 36; Christa Romppanen, 45; Ruth Anderson, 55; Margaret Miller, 58; and Toshiko d'Elia, 54. □



A full house stands at the Los Angeles Coliseum for the first-ever playing of the national anthem of Morocco. Nawal El Moutawakil (on screen at right) won the 400-meter hurdles to give Morocco its first Olympic medal.



INTERNATIONAL SECTION

The only national publication devoted exclusively to track & field and long distance running for men and women over age 30



Liz McBlain won 11 gold medals in the W35 division at the Canadian Masters T&F Championships in Richmond, B.C. July 7-8, including this one in the triple jump at 31-1, a new Canadian W35 record.
photo by Sharon Davies, Marathon Photos

147 COMPETE IN CANADA

by DON TRETHERWEY

Eight Canadian records were broken and eleven new marks were established by the 130 men and 17 women masters and sub-masters entrants at the combined Canadian & British Columbia Masters Track and Field Championships in Richmond, B.C., July 7-8.

Near perfect weather conditions both days greatly aided the assault on the record book. The mornings were cloudy and cool with temperatures about 15c (60 F) for the 5000 & 10000. About noon each day, the clouds burned off and temperatures rose to the mid-20's (75 F) for the shorter distances.

Barbara McLeod, W45, of Ottawa, led the assault on existing Canadian marks with Canadian Native and Canadian Open records in the 10000 (41:58.4) and 800 (2:51.0). (Canadian Native Records may be set by a Cana-

dian citizen anywhere in the world, whereas a Canadian Open Record may be set by a citizen of any country in a competition held in Canada or by a Canadian citizen anywhere). McLeod also won gold medals in the 400 (77.5), 1500 (5:29.1) and 5000 (20:51.0).

Other existing marks shattered were W45, 5000 Race walk, Beverly LaVeck, 27:10.4; M75, 400 Hugh Clifford, 86.2; W70, 800 Ivy Granstrom, 4:02.5; M55, Pole Vault, Stan Egerton, 3.20; M70, Shot Put, Ross Carter, 12.88; W45, Shot Put, Violet Pollock Tittler, 8.25.

Eight of the new marks resulted from the recent WAVA standardizations in the throwing events and hurdles. The other three resulted from the filling of a blank space in the existing records (W60 discus); and two new events for women included for the

Continued on Page 21



9 months to go

COUNTDOWN TO ROME

The schedule for the VI World Veterans Games is printed in this issue. Cesare Beccalli, European Representative to WAVA and Director of the 1985 Games, held a press conference in Los Angeles during the Olympics to publicize the event to IAAF members. He was joined by the President of the Italian Sports Federation and by Rossi Doria, the Tourist Minister of Italy, who both said they were dedicated to making the Games a rousing success.

"We expect to spend about \$600,000 on the Games, and to draw over 6,000 athletes," Beccalli said. "These will be the best Veterans Games ever held."

Beccalli said the Italian Masters organization has the complete support of the government and the sports

federation, which plans to use these Games as a trial run for the World Athletics Championships in Rome in 1987.

The Games will be held in Rome from Saturday, June 22 through Sunday, June 30, 1985, with a day off from competition on Monday, June 24th. The entry form will be published in NMN in future issues. Entries must be received in Italy before March 31, 1985.

The Games are open to all men age 40 or over (born before June 23, 1945) and to all women age 35 or over (born before June 23, 1950) who are physically fit. There are suggested, but not mandatory, performance guidelines.

Participation, as always, will be on an individual basis. There will be no teams officially representing any country. Relay competition will be held among the six regions (North America, South America, Asia, Europe, Africa and Oceania) with athletes from any country in a region eligible for the team. □



Charlie Wimberley (6507) of New Orleans leads Ralph Miller (6641) of Seattle in the M50 800-meter run in the Canadian Masters T&F Championships July 8 in Richmond, B.C. Miller had the strongest kick to win, 2:09.9 to 2:10.3.
photo by Sharon Davies, Marathon Photos

NINE BRITISH RECORDS SET IN EDINBURGH

The 14th British Veterans Track and Field Championships at Meadowbrook Stadium, Edinburgh, Scotland, on July 28-29, produced nine United Kingdom records and fine performances in practically every event. Five of the new marks were set by female contestants.

The record setters were Sally Armour, W50, 800 (2:48.59); Yvonne Miles, W40, 5000 (18:58.50); Susan Thomson, W50 5000 (20:26.04); W. Sayer, W45, 3000 racewalk (17:40.02); Danny Coyle, M40, high jump (5-11 1/4); George Leete, M55, triple

Continued on Page 21

SCHEDULE FOR VI WORLD VETERANS GAMES - JUNE 22-30, 1985

PROVISIONAL PROGRAMME - VORLÄUFIGER ZEITPLAN

LEGENDA:	b = batterie/heats/Vorlauf	sf = semifinal/semifinals/Zwischenlauf
	f = final/finals/Endlauf	LJ = Long jump/Weitsprung
HJ = High Jump/Hochsprung	PV = Pole vault/Stabhochsprung	
TJ = Triple jump/Dreisprung	D = Discus	
SH = Shot put/Kugelstossen	H = Hammer	
JA = Javelin/Speerwerfen	ST = Steeplechase/Hindernis	
TW = Track walk/Bahngehen	RW = Road walk/Strassengehen	
AM = Morning/Vormittag	PM = Afternoon or night/Nachmittag oder nacht	

MEN MÄNNER	40	45	50	55	60	65	70	75	80+
Sat/Sa 22 AM	100 b HJ	100 b HJ	100 b SH	100 b JA	100 b HJ	10000 100 b SH	10000 100 b HJA	10000 100 b HPEN	10000 100 b H
22 PM	100 sf JA 10000	100 sf 10000	100 sf HJ	100 sf HJ	SH 10000	H	PEN	JA	JA
Sun/So 23 AM	200 b H	200 b JA	10000 200 b JA	10000 200 b H	200 b JA	200 b HJ PEN	200 b HJ	200 b HJ	HJ
23 PM	110 hs b 100 f SH	110 hs b 100 f SH	110 hs b 100 f H	110 hs b 100 f SH	110 hs b 100 f H PEN	110 hs b 100 f JA	80 hs b 100 f SH	80 hs b 100 f SH	80 hs b 100 f SH
Tue/Di 25 AM	110 hs sf 800 b LJ	110 hs sf 800 b PV	110 hs sf 800 b PV	110 hs sf 800 b 5000 TW PEN	800 b 5000 TW D	800 b 5000 TW TJ	800 b		
25 PM	110 hs f 200 sf 5000 5000 TW	110 hs f 200 sf 5000 H	110 hs f 200 sf	110 hs f 200 sf 5000 TJ	100 hs f 5000 TJ	100 hs f 5000 D	80 hs f 5000	80 hs f	80 hs f

PROVISIONAL PROGRAMME - VORLÄUFIGER ZEITPLAN

MEN MÄNNER	40	45	50	55	60	65	70	75	80+
Wed/Mi 26 PM	200 f 400 hs b 800 f D	200 f 400 hs b 800 f 5000 TW	200 f 400 hs b 800 f 5000	200 f 800 f	200 f 800 f	200 f 800 f LJ	200 f 800 f 5000 TW TJ	200 f 800 f 5000 5000 TW	200 f 800 f 5000 5000 TW
Thu/Do 27 AM	400 b	400 b TJ	400 b PEN 5000 TW	400 b D	400 b	400 b PV	400 b 2000 ST LJ	400 b 2000 ST TJ	2000 ST
27 PM	3000 ST TJ	3000 ST	3000 ST TJ D	3000 ST PV	2000 ST	2000 ST	PV	LJ	LJ
Fri/Fr 28 AM	CROSS 400 sf PEN	CROSS 400 sf LJ	CROSS 400 sf LJ	CROSS 400 sf	CROSS LJ	CROSS	CROSS D	CROSS D	CROSS D
28 PM	400 hs f 1500 b	400 hs f 1500 b D	400 hs f 1500 b	400 hs f 1500 b LJ	400 hs f 1500 b PV	400 hs f 1500 b	400 hs f 1500 b	400 hs f	
Sat/Sa 29 AM	RW 20 Km PV	RW 20 Km PEN	RW 20 Km	RW 20 Km	RW 20 Km	1500 f RW 20 Km	1500 f RW 20 Km	1500 f RW 20 Km	1500 f RW 20 Km
29 PM	400 f 1500 f	400 f 1500 f	400 f 1500 f	400 f 1500 f	400 f 1500 f	400 f	400 f	400 f	400 f
Sun/So 30 AM	MARATHON Relays	MARATHON Relays	MARATHON Relays	MARATHON Relays	MARATHON Relays	MARATHON Relays	MARATHON Relays	MARATHON Relays	MARATHON Relays

PROVISIONAL PROGRAMME - VORLÄUFIGER ZEITPLAN

WOMEN FRAUEN	35	40	45	50	55	60	65+
Sat/Sa 22 AM	100 b SH 10000	100 b SH 10000	100 b PEN SH 10000	100 b PEN 10000	100 b PEN 10000	100 b JA 10000	JA 10000
22 PM	100 sf 800 b HJ	100 sf 800 b	100 sf 800 b	800 b JA	800 b JA		
Sun/So 23 AM	200 b	200 b JA	200 b HJ	200 b SH	200 b HJ	HJ	HJ
23 PM	100 f 800 f 100 hs b JA	100 f 800 f 80 hs b HJ	100 f 800 f 80 hs b JA	100 f 800 f 80 hs b HJ	100 f 800 f 80 hs b SH	100 f 800 f SH	100 f 800 f SH
Tue/Di 25 AM	TW Km 5	TW Km 5 D			5000	5000	5000
25 PM	200 sf 100 hs f	200 sf 80 hs f 5000	200 sf 80 hs f 5000 TW Km 5	80 hs f 5000 TW Km 5	80 hs f TW Km 5	TW Km 5	
Wed/Mi 26 PM	200 f 400 b 5000 PEN	200 f 400 b PEN	200 f 400 b LJ	200 f 400 b	200 f LJ	200 f	200 f

PROVISIONAL PROGRAMME - VORLÄUFIGER ZEITPLAN

WOMEN FRAUEN	35	40	45	50	55	60	65+
Thu/Do 27 AM	400 sf LJ	400 sf LJ	400 sf	D	D		
27 PM	400 f	400 f	400 f D	400 f LJ	400 f	400 f LJ	400 f LJ
Fri/Fr 28 AM	CROSS 1500 b	CROSS 1500 b	CROSS 1500 b	CROSS 1500 b	CROSS	CROSS D	CROSS D
28 PM	D						
Sat/Sa 29 AM	Hammer (exhibition)	Hammer (exhibition)	Hammer (exhibition)	Hammer (exhibition)			1500 f
29 PM	1500 f RW Km 10	1500 f RW Km 10	1500 f RW Km 10	1500 f RW Km 10	1500 f RW Km 10	1500 f RW Km 10	RW Km 10
Sun/So 30 AM	MARATHON Relays	MARATHON Relays	MARATHON Relays	MARATHON Relays	MARATHON Relays	MARATHON Relays	MARATHON Relays



Derek Mahaffey (6512) of Seattle's Snohomish Track Club leads the early going in the combined M50/55 10,000-meter run in the Canadian Masters T&F Championships July 7 in Richmond, B.C. Mahaffey went on to win the M50 title in 35:05. Close behind is Harry Adshead who took 2nd in 35:56. Running 3rd is Arthur Taylor (6539), the M55 winner in 37:43. Taylor is a World Veterans Steeplechase champion.

photo by Sharon Davies, Marathon Photos

BRITISH NATIONAL VETERANS CHAMPIONSHIPS
JULY 7-8. EDINBURGH, SCOTLAND

PENTATHLON

	200m	DT	LJ	Jav	1500m	TOTAL POINTS
M40:						
P Owen	24.71	23.76	5.52	28.56	4:45.67	2873.07
B Fenton	24.49	20.94	4.73	30.62	4:46.88	2619.22
W Gregory	26.35	19.60	4.73	34.82	4:32.24	2568.46
R Charnock	26.86	24.74	4.88	38.52	5:16.91	2534.17
H Pierce	26.61	21.94	5.21	36.92	5:29.03	2499.07
H Kennedy-Skipton	27.52	21.42	4.01	43.46	5:21.27	2201.21
A Duckett	25.57	20.04	4.61	22.84	5:12.25	2197.53
J Clark	26.11	16.86	4.83	23.00	5:12.31	2141.19
A Chromniak	31.66	38.62	4.76	44.96	-	-
W Honeyman	28.24	23.00	4.37	-	5:25.73	-
T Ryan	24.12	19.10	4.29	25.60	-	-
M45:						
J Ross	25.37	26.02	5.16	48.50	4:38.74	3608.34
J Driver	27.52	22.82	4.63	32.44	5:24.62	2570.82
C McAndie	27.94	19.04	3.66	29.20	4:51.67	2204.33
J Drummond	27.25	17.12	4.75	20.90	5:44.92	2125.44
M50:						
D Marshall	25.82	25.88	5.18	33.04	5:57.06	3141.70
J Phillips	27.54	29.74	4.41	39.50	6:01.37	2946.15
K Glenesk	27.21	24.52	4.09	25.44	5:12.91	2620.95
A Galbraith	27.95	20.18	4.69	22.14	5:18.23	2552.75
J Christie	29.17	24.50	4.19	24.16	5:35.76	2333.80
A McManus	27.92	14.84	4.17	11.68	5:01.99	2054.45
A Graham	28.39	13.64	3.63	15.04	6:04.02	1561.60
M Morrell	27.92	-	4.34	-	-	-
M55:						
R Laidler	30.52	22.86	3.94	20.32	6:18.14	2117.54
M60:						
S Trafford	29.78	32.92	3.77	26.92	6:36.97	2781.97
J Swinton	31.00	21.94	3.64	25.42	6:58.21	2158.03
M65:						
C Fahey	29.08	18.22	3.58	19.26	-	-
M70:						
S McSweeney	32.35	24.92	3.81	23.84	6:45.11	3413.89

RESULTS

1984 CANADIAN AND BRITISH COLUMBIA MASTERS OUTDOOR TRACK & FIELD CHAMPIONSHIPS JULY 7-8, 1984 AT MINORU PARK, RICHMOND, B.C.

e = Electronic timing by Accutrack

CNR = Canadian Native Record } pending ratification by C.M.A.A.

COR = Canadian Open Record }

* - New Event

100 METRES

M30 (30-34) Sub Masters

1. Tom Dickson, VOC 11.25 e
2. Kary Taylor, SB 12.56 e

M35 (35-39) Sub Masters

1. Greg Marshall, WUTC 11.87 e
2. Jan Fransen, Kelowna, BC 12.20 e
3. Udo Fischer, VOC 13.35 e

M40 (40-44)

1. Harold Morioka, Langley, BC 11.85 e
2. Basil Tomlinson, OAC 12.37 e
3. Ron Mattila, Puyallup, WA 12.47 e
4. Werner Boettcher, Puyallup, WA 13.09 e
5. Ray Williams, Tacoma, WA 13.10 e

M45 (45-49)

1. Bob Miller, Sno. TC 12.07 e
2. Ralph Stanfield, Van., BC 12.67 e

M50 (50-54)

1. R. Melendez-Duke, Vic. Fly. Y 12.78 e
2. Harold Hitt, PMTC 12.81 e
3. Kenneth Morris, MSC 13.53 e

M55 (55-59)

1. Stan Egerton, TF 13.03 e
2. Jim Flowers, MSC 13.59 e
3. Ian Tipton, Coquitlam, BC 14.49 e
4. Tom Norwood, Seattle, WA 14.51 e

M60 (60-64)

1. Andrew Thomson, MSC 14.42 e
2. Blake Ogilvie, London, Ont. 14.75 e

M65 (65-69)

1. Jack White, Pkville, BC 18.45 e

M70 (70-74)

1. Gerry Ward, Lethbr., Alta. 15.17 e
2. Bert Morrow, CDM 15.91 e

M75 (75+)

1. Blain Tilt, MTFC 17.23 e
2. Albert Brosz, SC '64 19.9 hand

W35 (35-39)

1. Liz McBlain, EC 13.7 hand

W65 (65-69)

1. Marjorie Hunt, Anaheim, CA 21.60 e

200 METRES

M30 (30-34) Sub Masters

1. Tom Dickson, VOC 23.52 e
2. Otis Alvarez, Bothell, WA 25.20 e
3. Kary Taylor, S.B. 25.55 e

M35 (35-39) Sub Masters

1. Greg Marshall, W.V.T.C. 24.26 e
2. Jan Fransen, Kelowna, BC 24.55 e

M40 (40-44)

1. Harold Morioka, Langley, BC 23.49 e
2. Basil Tomlinson, OAC 24.27 e
3. Ron Mattila, Puyallup, WA 24.86 e
4. Werner Boettcher, Puyallup, WA 26.01 e
5. Ray Williams, Tacoma, WA 26.10 e
6. Joe Corcoran, Kajaks 26.33 e

M45 (45-49)

1. Bob Miller, Sno. TC 24.62 e
2. Ralph Stanfield, Van., BC 25.92 e
3. John Vlau, ATFC 28.52 e

M50 (50-54)

1. Harold Hitt, PMTC 26.03 e
2. R. Melendez-Duke, Vic. Fly. Y 26.33 e
3. Kenneth Morris, MSC 27.49 e

M55 (55-59)

1. Stan Egerton, T.F. 26.44 e
2. Jim Flowers, M.S.C. 28.20 e
3. Ian Tipton, Coquitlam, BC 29.10 e
4. Tom Norwood, Seattle, WA 30.24 e
5. Jack Rowe, Vic. Fly. Y 32.49 e

M60 (60-64)

1. Andrew Thomson, MSC 29.27 e

M65 (65-69)

1. Jim Breslin, LTFC 31.07 e

M70 (70-74)

1. Gerry Ward, Lethbr., Alta. 32.12 e

M75 (75+)

1. Blain Tilt, MTFC 36.80 e

W35 (35-39)

1. Liz McBlain, E.C. 27.82 e

W50 (50-54)

1. Ruth Carrier, NYTFC 35.59 e

W70 (70+)

1. Ivy Granstrom, Van., BC 45.4 hand

400 METRES

M30 (30-34) Sub Masters

1. Richard Hillson, VOC 52.55 e
2. Otis Alvarez, Bothell, WA 55.93 e

M35 (35-39) Sub Masters

1. Greg Marshall, W.V.T.C. 53.35 e
2. Jan Fransen, Kelowna, BC 53.48 e

M40 (40-44)

1. Harold Morioka, Langley, BC 52.36 e
2. Basil Tomlinson, OAC 53.65 e
3. Lynn Eves, PMTC 55.27 e
4. Darrell Hull, W'ville, WA 55.32 e
5. Werner Boettcher, Puyallup, WA 58.03 e
6. Joe Corcoran, Kajaks 59.61 e
7. Ron Mattila, Puyallup, WA 60.29 e
8. Ray Williams, Tacoma, WA 60.92 e

Canadian Native Record - may be set by a Canadian Citizen anywhere in the world.

Canadian Open Record - may be set by a citizen of any country in a competition held in Canada or by a Canadian Citizen anywhere.

M45 (45-49)

1. Bob Miller, Sno. TC 56.49 e
2. Hike van der Wal, MHTC 58.98 e
3. Dale Sawyer, Fed. Way, WA 63.18 e
4. John Vlau, ATFC 63.9 hand

M50 (50-54)

1. Harold Hitt, PMTC 58.0
2. Kenneth Morris, MSC 63.3
3. Jim Conway, LGRR 63.9

M55 (55-59)

1. Stan Egerton, TC 60.6
2. Jim Flowers, MSC 67.2
3. Tom Norwood, Seattle, WA 68.4

M60 (60-64)

1. Robert Hunt, Anaheim, CA 1:06.2
2. Blake Ogilvie, London, Ont. 1:08.9

M65 (65-69)

1. Jim Breslin, LTFC 1:15.0

M70 (70-74)

1. Gerry Ward, Lethbr., Alta. 1:15.7

M75 (75+)

1. Hugh Clifford, West Van., BC 1:26.2 CNR
2. Blain Tilt, MTFC 1:29.8

W35 (35-39)

1. Liz McBlain, EC 1:04.0
2. Wendy Alden, Bby. Str. 1:16.0

W45 (45-49)

1. Barbara McLeod, NCRA 1:17.5

W50 (50-54)

1. Ruth Carrier, NYTFC 1:17.8

W70 (70+)

1. Ivy Granstrom, Van., BC 1:47.8

800 METRES

M30 (30-34) Sub Masters

1. Richard Hillson, VOC 2:00.1

M35 (35-39) Sub Masters

1. Jake Madderom, Bby., BC 2:06.3

M40 (40-44)

1. Thomas Tushingham, TOC 1:59.6
2. Barry Adams, VOC 1:59.9
3. Basil Tomlinson, OAC 2:00.4
4. Frank Reynolds, VOC 2:05.7
5. Joe Corcoran, Kajaks 2:17.2
6. John Taylor, Kajaks 2:18.8
7. Don Wright, North Van., BC 2:36.4

M45 (45-49)

1. Hike van der Wal, MHTC 2:17.1
2. Dale Sawyer, Fed. Way, WA 2:31.6

M50 (50-54)

1. Ralph Miller, Sno. TC 2:09.9
2. Charles Kimberley, NOLA 2:10.3
3. Jim Conway, LGRR 2:22.1
4. Alastair Lynn, WCAA 2:26.5
5. Bob Paul, LGRR 2:45.5

M55 (55-59)

1. Scotty Davidson, VOC 2:44.9

M60 (60-64)

1. Sverre Hietanen, VOC 2:48.2

M75 (75+)

1. Hugh Clifford, West Van., BC 3:18.7

W35 (35-39)

1. Liz McBlain, E.C. 2:37.1
2. Wendy Alden, Bby. Str. 3:00.2

W45 (45-49)

1. Barbara McLeod, NCRA 2:51.0 CNR COR

W50 (50-54)

1. Ruth Carrier, NYTFC 2:58.4

W70 (70+)

1. Ivy Granstrom, Van., BC 4:02.5 CNR COR

1500 METRES

M35 (35-39) Sub Masters

1. Neil Wakelin, LGRR 4:22.2
2. Jake Madderom, Bby., BC 4:26.0
3. Marty Stitsel, Sno. TC 4:36.4

M40 (40-44)

1. Thomas Tushingham, TOC 4:09.8
2. Barry Adams, VOC 4:09.9
3. Frank Reynolds, VOC 4:20.1
4. John Woodcock, Kajaks 4:21.8
5. Phil Crawford, Van., BC 4:35.4
6. Hugo Fliessbach, LGRR 4:40.5
7. John Taylor, Kajaks 4:46.3
8. Peter Doyle, Highl. Cr., O 5:05.5
9. Gary Hoyenga, LGRR 5:12.9

M45 (45-49)

1. Mike Christianson, Sno. TC 4:28.8
2. Wolf Mashohn, VRTC 4:31.1
3. Hike van der Wal, MHTC 4:48.3
4. Dale Sawyer, Fed. Way, WA 5:05.0

M50 (50-54)

1. Charles Kimberley, NOLA 4:26.8
2. Ralph Miller, Sno. TC 4:28.6
3. Jim Conway, LGRR 4:37.8
4. Alastair Lynn, WCAA 4:57.4

M55 (55-59)

1. Scotty Davidson, VOC 5:24.6

M60 (60-64)

1. Sam Groves, HAC 5:19.0
2. Arthur Porter, LGRR 5:30.0
3. Sverre Hietanen, VOC 5:35.4
4. Stanley Baldry, LGRR 5:43.3

M75 (75+)

1. Hugh Clifford, West Van., BC 6:28.9

W45 (45-49)

1. Barbara McLeod, NCRA 5:29.1
2. Polly Hlookoff, VOC 5:44.5

W50 (50-54)

1. Ruth Carrier, NYTFC 5:47.4
2. Lenore Montgomery, Kajaks 6:12.4

W70 (70+)

1. Ivy Granstrom, Van., BC 8:33.2

3,000 METRES STEEPLECHASE

M40 (40-44)

1. Duff Waddell, LGRR 11:22.3

M45 (45-49)

1. Don Trethewey, Kajaks 10:59.2
2. Hike van der Wal, MHTC 12:04.9

5,000 METRES

M30 (30-34) Sub Masters

1. Kneale Quayle, LGRR 16:14.3

M35 (35-39) Sub Masters

1. Al Pettigrew, Bby., BC 16:45.1
2. Chuck Attwater, Kajaks 18:59.9

M40 (40-44)

1. John Woodcock, Kajaks 16:09.4
2. Jean-Jacques Schmidt, Kajaks 16:12.0
3. Duff Waddell, LGRR 16:54.4
4. Phil Crawford, Van., BC 17:21.7
5. Bruce Johnson, Kajaks 17:24.7
6. Thomas Boychuk, Van., BC 18:14.0
7. Brian Hunter, Kajaks 19:05.4
8. Gary Hoyenga, LGRR 19:33.1
9. Don Wright, North Van., BC 19:40.4
10. Ian Hunter, Kajaks 20:55.9

M45 (45-49)

1. Wolf Mashohn, VRTC 16:57.4
2. Michael Christiansen, Sno. 17:08.1
3. Kenneth McKenzie, LGRR 18:31.1
4. George Agnew, Kajaks 19:03.6

M50 (50-54)

1. Jim Conway, LGRR 17:22.6
2. John Brown, VRTC 18:53.9
3. Bob Paul, LGRR 19:52.0
4. Francis Sweeney, Van., BC 21:54.0

M55 (55-59)

1. Arthur Taylor, WCAA 17:36.0
2. Scotty Davidson, VOC 19:24.3

M60 (60-64)

1. Sam Groves, HAC 19:12.5
2. Stanley Baldry, LGRR 19:27.3
3. Sverre Hietanen, VOC 19:57.2
4. Arthur Porter, LGRR 21:03.2

M65 (65-69)

1. Cyril Tobias, Van., BC 25:16.0

M75 (75+)

1. Hugh Clifford, West Van., BC 23:12.2

W45 (45-49)

1. Barbara McLeod, NCRA 20:51.0

W50 (50-54)

1. Lenore Montgomery, Kajaks 21:55.0

W60 (60-64)

1. Hazel Cameron, CPAR 24:53.0

10,000 METRES

M30 (30-34) Sub Masters

1. Kneale Quayle, LGRR 33:44.2
2. Roger Brownsey, LGRR 33:54.0

M40 (40-44)

1. Jean-Jacques Schmidt, Kajaks 33:41.2
2. Duff Waddell, LGRR 34:46.2
3. Conrad Prescott, OGP 35:14.0
4. Frank Fleetham, Sno. TC 36:48.0
5. Thomas Boychuk, Van., BC 36:48.4
6. Brian Hunter, Kajaks 40:41.6
7. Ian Hunter, Kajaks 43:23.2

M45 (45-49)

1. Kenneth McKenzie, LGRR 38:24.0
2. George Agnew, Kajaks 39:33.6
3. Harry McPhie, Bby., BC 44:37.8

M50 (50-54)

1. Derek Mahaffey, Sno. TC 35:05.4
2. Harry Adsheed, LGRR 35:56.0
3. Bernard Barton, LGRR 36:35.8
4. David Rudd, LGRR 36:36.0
5. Tony Dunn, LGRR 36:52.6
6. Bob Paul, LGRR 39:30.6
7. John Brown, VRTC 39:36.6
8. Hans Sigmund, LGRR 40:40.4
9. Francis Sweeney, Van., BC 42:17.2

M55 (55-59)

1. Arthur Taylor, WCAA 37:43.2
2. Scotty Davidson, VOC 40:08.2
3. Josh Fitch, LGRR 45:32.8

M60 (60-64)

1. Stanley Baldry, LGRR 40:12.6
2. Sverre Hietanen, VOC 41:31.3

M65 (65-69)

1. Cyril Tobias, Van., BC 52:22.3

W40 (40-44)

1. Tanya Prescott, OGP 42:20.4

W45 (45-49)

1. Barbara McLeod, NCRA 41:58.4 CNR COR

W60 (60-64)

1. Hazel Cameron, CPAR 51:36.7

100 METRE HURDLES

M70 (70-79) 4.00 kg	
1. Ross Carter, OTCM	12.98 COR
2. Leon Joslin, SMTFC	9.36m
M75 (75+) 4.00 kg	
1. Albert Brosz, SC '64	6.88m
W30 (30-34) Sub Masters 4.00 kg	
1. Joli Sandoz, Selah, WA	8.21m
2. Barbara Winans, Selah, WA	6.79m
W35 (35-39) 4.00 kg	
1. Liz McBlain, E.C.	10.04m
W45 (45-49) 4.00 kg	
1. Vi Pollock Tittler, VOC	8.25m CNR COR
W50 (50-54) 2.80 kg	
1. Ruth Carrier, NYTFC	6.93m
W60 (60-64) 2.80 kg	
1. Frieda Brosz, SC '64	5.63m

DISCUS

M40 (40-45) 2 kg	
1. Ray Williams, Tacoma, WA	25.96m
2. Ron Mattila, Puyallup, WA	25.28m
M45 (45-49) 2 kg	
1. Carl Klehm, UCTC	34.34m
M55 (55-59) 1.5 kg	
1. Harvey Williams, Mt. Terr.	27.94m COR
M60 (60-64) 1 kg	
1. Walter Jenkins, Vic. Fly. Y	31.12m
2. Andrew Thomson, MSC	28.08m
M65 (65-69) 1 kg	
1. Jack White, P'ksville, BC	18.82m
M70 (70-74) 1 kg	
1. Ross Carter, OTCM	37.62m
2. Leon Joslin, SMTFC	31.48m
M75 (75+) 1 kg	
1. Albert Brosz, SC '64	16.60m
W30 (30-34) Sub Masters 1 kg	
1. Joli Sandoz, Selah, WA	20.74m
2. Barbara Winans, Selah, WA	19.06m
W60 (64-64) 1 kg	
1. Frieda Brosz, SC '64	12.66m CNR COR

JAVELIN

M35 (35-39) Sub Masters 800 gms	
1. Jan Fransen, Kelowna, BC	45.22m
M45 (45-49) 800 gms	
1. David Buff, Auburn, WA	32.86m
M50 (50-54) 800 gms	
1. Bob Flaherty, SMTFC	44.18m
M55 (55-59) 800 gms	
1. Harvey Williams, Mt. Terr.	32.70m
2. Jim Flowers, MSC	26.06m
M60 (60-64) 600 gms	
1. Andrew Thomson, MSC	23.56m
2. Walter Jenkins, Vic. Fly. Y	20.92m
M70 (70-74) 600 gms	
1. Leon Joslin, SMTFC	22.66m
M75 (75+) 600 gms	
1. Albert Brosz, SC '64	17.06m
W30 (30-34) Sub Master 600 gms	
1. Joli Sandoz, Selah, WA	20.28m
2. Barbara Winans, Selah, WA	17.48m
W35 (35-39) 600 gms	
1. Liz McBlain, E.C.	25.40m
2. Kehaulani Buff, Auburn, WA	13.68m
W50 (50-54) 600 gms	
1. Ruth Carrier, NYTFC	15.12m

HIGH JUMP

M35 (35-39) Sub Masters	
1. John Hawkins, Van., BC	1.90m
M55 (55-59)	
1. Jack Rowe, Vic. Fly. Y	1.40m
2. Don Wilson, Vic. Fly. Y	1.30m
3. Jim Flowers, MSC	1.20m
M60 (60-64)	
1. Andrew Thomson, MSC	1.30m
M65 (65-69)	
1. Jack White, P'ksville, BC	1.05m
M70 (70-74)	
1. Leon Joslin, SMTFC	1.05m
W35 (35-39)	
1. Liz McBlain, E.C.	1.55m

LONG JUMP

M35 (35-39) Sub Masters	
1. Udo Fischer, VOC	4.31m
M40 (40-44)	
1. Darrell Hull, W'ville, WA	5.26m
2. Gary Isham, Edmonds, WA	4.23m
M45 (45-49)	
1. Mike van der Wal, MHTC	4.67m
2. John Vlau, ATFC	3.99m
M50 (50-54)	
1. Darrold Skartvedt, Seattle	5.07m
2. Bob Flaherty, SMTFC	3.79m

Continued on Next Column

14th NATIONAL VETERANS' TRACK AND FIELD CHAMPIONSHIPS

(Organised by Scottish Veteran Hamers Club on behalf of British Veterans Athletic Federation)

Meadowbank Stadium, Edinburgh

Saturday 28th and Sunday 29th July 1984



RESULTS

100 METRES		Continued From Previous Column			
M40 (Heat 1)		M45:		C Lawrence	24.52
J Topliss	11.63	C Derrett	11.79	A Duckett	25.44
I Foster	11.64	B Gray	11.83	M Watson	26.45
A Parker Bowles	12.29	R Riley	12.17	T Tait	26.80
I Aird	12.49	J Hurley	12.42		
M Edwards	12.56	J Scott	12.48	(FINAL)	
M Watson	12.75	J Ross	12.64	J Henson	22.88
W Short	12.80	R Young	13.68	J Topliss	23.39
		R Bruck	14.43	I Foster	23.62
		M50:		B Scott	24.00
(Heat 2)		(Heat 1)		T Ryan	24.15
R Austin	11.89	W Guy	12.36	R Austin	24.23
C Lawrence	12.08	M Cusack	12.94	K Shannon	24.53
A Duckett	12.09	K Whitaker	13.30	A Parker Bowles	25.58
B Fenton	12.11	A Graham	13.78	M45:	
A Cheers	12.34	E McCrostie	13.92	(Heat 1)	
P Owen	12.37			B Gray	25.36
R Peacock	14.45	(Heat 2)		R Riley	25.60
		P Watson	12.21	A Jones	25.65
(Heat 3)		K Scott	12.43	A Brindle	27.71
J Williams	11.67	D Howarth	13.00	P Munden	28.38
T Ryan	12.02	K Glenesk	13.02		
K Shannon	12.02	(FINAL)		(Heat 2)	
G Matthews	12.32	P Watson	12.07	D Burton	25.27
W Melvin	12.62	W Guy	12.17	C Derrett	25.73
J Howie	12.83	K Scott	12.28	J Hurley	25.76
		M Cusack	12.43	A Johnston	26.03
		D Howarth	13.10	(FINAL)	
(FINAL)		K Whitaker	13.28	C Derrett	23.98
J Topliss	11.60	A Graham	13.48	D Burton	24.01
I Foster	11.72	M55:		B Gray	24.31
J Williams	11.75	J Cross	12.80	A Jones	25.55
R Austin	11.88	F Moran	13.11	J Hurley	25.70
T Ryan	12.10	A Woods	13.22	R Riley	26.03
K Shannon	12.11	J Quantrell	13.72	A Johnston	26.17
C Lawrence	12.19	D Jones	14.59	A Brindle	29.2
A Duckett	12.33	M60:		M50:	
Continued on Next Column		L Williams	13.28	K Scott	25.08
		S Stein	13.64	W Guy	25.10
		L Brown	13.99	P Watson	25.85
		G Smith	14.60	G Feast	26.18
		J Swinton	15.11	K Whitaker	26.19
		N Noble	16.02	A Graham	28.59
		M65:		M55:	
		E Plimer	13.55	J Cross	26.33
		C Fahey	13.68	F Moran	26.57
		F Sherwood	14.58	J Quantrell	27.56
		B Metcalfe	14.72	D Jones	29.96
		M70:		M60:	
		S McSweeney	15.06	L Williams	27.68
		R Evans	16.75	A Bowdler	28.01
		J Murphy	17.36	S Stein	28.18
		M75:		L Brown	28.5
		J Searle	17.40	M65:	
		W35:		E Plimer	28.12
		J Browne	13.43	C Fahey	28.89
		K Bailey	13.80	B Metcalfe	30.44
		E Harkness	14.52	F Sherwood	30.45
		W40:		S McSweeney (M70)	32.57
		R Allcock	13.78	W35:	
		M Hocknell	14.01	J Browne	26.96
		K Laing	14.94	M Williams	29.43
		W45:		E Harkness	30.46
		U Gore	13.09	W40:	
		B Colwell	13.84	R Allcock	28.22
		W50:		M Hocknell	28.60
		G Jackson	14.21	K Laing	30.26
		B Atkinson	15.59	M Donachie	30.95
		H Brindley	16.35	W45:	
		W60:		U Gore	27.62
		M Wixey	15.96	B Colwell	29.06
		200 METRES		W50:	
		M40:		G Jackson	29.82
		(Heat 1)		B Atkinson	33.00
		T Ryan	24.3	H Brindley	34.65
		A Parker Bowles	25.0	W60:	
		I Aird	25.4	M Wixey	34.01
		G Matthews	25.4		
		W Short	26.0	400 METRES	
		A Cuddihy	26.1	M40:	
		R Peacock	29.0	(Heat 1)	
		(Heat 2)		A Thirlwall	56.41
		I Foster	23.67	M Gilbert	57.19
		B Scott	23.86	K Shannon	58.60
		R Austin	23.91	A Cuddihy	59.09
		K Shannon	24.42	R Peacock	64.32
		R Caplis	25.46		
		W Melvin	26.49	(Heat 2)	
		(Heat 3)		J Henson	54.62
		J Henson	23.36	J Kavanagh	54.83
		J Topliss	24.10	P Johnston	55.24
				P Owen	55.27
				R Caplis	56.63

800 METRES

M40: (Heat 1)	
J Whiteford	1:59.83
J Wood	2:00.33
V Smith	2:00.64
J Sage	2:00.84
H Gott	2:01.44
P Johnston	2:13.92
T Wickham	2:17.21
R Peacock	2:28.65
(Heat 2)	
A Smith	2:05.51
T Alderdice	2:05.62
J Kavanagh	2:05.91
R Adam	2:06.13
M Dixon	2:07.46
B MacKay	2:08.64
A Thirlwall	2:09.46
(FINAL)	
J Whiteford	1:59.35
J Wood	2:00.76
A Smith	2:01.25
T Alderdice	2:02.44
H Goff	2:02.65
J Sage	2:02.68
V Smith	2:05.95
J Kavanagh	2:06.36
M45:	
R Anderson	2:03.41
R Checkley	2:06.8
L Cooke	2:08.2
R Grubb	2:10.06
E Hamer	2:13.65
W Morgan	2:16.19

W50: W Lane A Churchill B Hughes B Parnaby B Parkes P Thompson F Cowan W Russell D Howarth J Hemming M55: F Wrigley W Marshall G Brindley A McInnes M60: B Nielsen E Joynson L Burnett M65: F Finger W Taylor M70: D Morrison W35: P Gallagher M Williams E Harkness	2:09.46 2:10.61 2:11.93 2:12.46 2:12.47 2:16.53 2:18.27 2:21.20 2:24.93 2:30.33 2:21.58 2:22.54 2:27.67 2:35.97 2:23.50 2:47.96 2:54.85 2:39.68 2:45.37 2:50.19 2:19.98 2:28.88 2:43.94	W50: S Armour S Thompson W55: V Mijovic 5000 METRES M40: M Duff T Johnston P Dwyer P Flatman R MacFarquhar R Highnam R Cooper T Farrow G Lawson A Ratcliffe H Darbon D Andrews D MacNeill J Moses R Peacock D McKirdy M45: M Turner D Macgregor E Isaacs R Carruthers I Wainwright H Rankin M Howe D Pickering H Barnfather B Gore A Standring A Prouse J Green J Pearson I Riddell R Young (* in M40 event) M50: M Morrell W McBrinn R Balding W Ramage W Stoddart A Jackson J Bethney L Jones G Freeman S Robson R Foreman A Bray M55: R Peart R Franklin E Cooper G Meach J Haslam A McInnes A Dunbar M Robertson M60: N Booth J Brent-Jones J Senior E Joynson H Goffberg D Causon R Armstrong R Gowler D Blyth J Geddes M65: J Snelson J Selby M70: G Porteous 3000 METRES S'CHASE M40: M Dixon P Meredith R Panter H Darbon M45: D Pickering J White H Barnfather M55: D Farquharson 110 METRES HURDLES M40: D Coyle B Scott M Clarke M Edwards M Watson M50: D Marshall J Day M55: J Brent-Jones H Goffberg J Kelly D Causon R Gowler J Smart R Armstrong D Blyth J Geddes M65: J Snelson J Selby M70: G Porteous 80 METRES HURDLES M40: B Scott M Clarke J Clark M50: W Lane M Morrell K Whitaker P Thompson T O'Reilly M55: I Steadman G Brindley B Thomas M60: P Munn M65: F Finger W35: P Oakes 70.21	5:38.35 5:39.42 6:32.19 15:14.58 15:17.33 15:26.36 15:27.70 15:50.37 16:00.42 16:34.23 16:41.98 16:48.58 16:50.02 16:57.33 17:03.90 17:32.13 17:37.85 18:10.06 18:16.68 15:31.43 15:32.04 15:46.05 16:03.72 16:07.87 16:32.39 16:46.62 17:19.6 17:19.8 17:35.5 17:36.42 17:37.20 17:56.49 18:19.67 19:27.07 20:41.33 16:21.68 16:50.97 16:59.45 17:05.85 17:10.66 17:29.77 17:39.02 17:41.60 18:06.95 18:07.48 18:07.74 19:35.69 17:12.3 17:52.4 18:18.6 18:44.5 19:06.8 20:10.0 20:59.8 22:53.3 18:22.0 18:24.6 18:39.0 19:01.8 19:32.0 19:44.6 20:12.4 20:48.8 21:09.4 21:17.8 21:19.3 21:29.0 22:21.9 21:05.0 23:05.2 21:13.9 27:32.9 18:58.50 19:00.83 20:26.04 20:56.53 31:39.15 32:09.78 32:30.25 33:19.60 33:55.64 34:32.3 34:50.98 35:21.66 35:25.50 36:35.41 38:57.76 31:56.03 32:29.99 33:26.32 35:21.77	H Morrison B Gore M Howe D Campbell E Butcher M50: A Wood A Hughes W Ramage W Stoddart R Pitc'n Knowles R Foreman G Freeman J Bethney S Robson E Dunster M55: R Peart R Franklin E Cooper G Lawson G Meach J Haslam A McInnes A Dunbar M Robertson M60: N Booth J Brent-Jones J Senior E Joynson H Goffberg D Causon R Armstrong R Gowler D Blyth J Geddes M65: J Snelson J Selby M70: G Porteous 3000 METRES S'CHASE M40: M Dixon P Meredith R Panter H Darbon M45: D Pickering J White H Barnfather M55: D Farquharson 110 METRES HURDLES M40: D Coyle B Scott M Clarke M Edwards M Watson M50: D Marshall J Day M55: J Brent-Jones H Goffberg J Kelly D Causon R Gowler J Smart R Armstrong D Blyth J Geddes M65: J Snelson J Selby M70: G Porteous 80 METRES HURDLES M40: B Scott M Clarke J Clark M50: W Lane M Morrell K Whitaker P Thompson T O'Reilly M55: I Steadman G Brindley B Thomas M60: P Munn M65: F Finger W35: P Oakes 70.21	35:56.03 36:54.45 37:39.54 37:45.97 39:37.71 40:10.55 34:01.20 34:55.31 35:27.01 36:28.82 36:31.26 37:05.00 37:30.66 38:05.68 38:10.03 38:46.24 34:07.5 35:13.4 35:45.7 36:24.7 37:25.2 38:52.9 39:36.0 39:45.9 43:04.9 36:04.6 38:31.6 40:01.8 40:06.3 40:32.1 42:09.3 44:17.1 44:23.1 44:47.3 46:00.9 45:55.0 47:43.0 42:55.0 9:51.72 10:12.00 10:14.46 10:17.11 10:59.34 11:17.63 11:26.54 14:12.54 15:29 16.65 18.46 19.91 20.05 18.77 21.34 19.54 20.40 20.63 17.23 20.96 21.03 16.80 21.16 17.58 18.19 14.69 17.58 60.93 66.03 74.33 61.48 67.32 70.00 73.58 81.64 71.73 72.90 79.15 75.43 75.96 70.21	W40: M Hocknell 3000 METRES WALK M40: P Hannell A Buchanan P Cassidy M45: P Markham J Turner P Stapleford J Marshall M50: J Dunsford J Dunn M55: R Tennent M60: J Todd G Eastwood M65: C Megnin J Magog M70: A Poole B Osborn W35: S Haynes W45: A Sayer (UK R) W55: R Scott 5000 METRES WALK M40: P Hannell P Cassidy D Haynes M45: P Markham C Stapleford J Marshall M50: F Dawson J Dunsford M Green (guest) M60: J Todd G Eastwood M65: C Megnin J Magog M70: A Poole B Osborn HIGH JUMP M40: D Coyle S Power M Watson M Clarke M50: J Day & J Phillips (-) 1.30 M55: A Woods A McInnes R Laidler M60: L Williams G Smith M65: B Metcalfe F Finger M70: S McSweeney M75: J Searle W35: C Drewry P Oakes W50: W Feldmanis POLE VAULT M40: N Edwards M45: G Trmal K Rance M50: N Brown J Day B Ford A McManus M55: B Thomas G Brindley LONG JUMP M40: S Power A Cheers J Topliss W Melvin R Austin M Edwards M45: D Burton J Hurley	74.07 13:20.80 14:01.30 14:44.54 14:27.83 15:02.15 15:41.25 16:35.47 16:16.69 17:38.18 16:53.16 17:26.13 17:06.72 18:23.27 17:37.91 20:06.00 18:19.12 17:40.02 19:06.28 23:30.78 24:45.8 28:42.18 24:54.93 26:14.71 27:58.71 27:03.27 27:52.65 25:42.9 28:38.59 29:55.19 29:20.29 30:49.18 30:41.80 34:18.20 (UK Rec) 1.81 1.78 1.50 1.45 1.40 1.35 1.20 1.07 1.35 1.25 1.20 1.20 1.10 1.07 1.50 1.50 1.14 3.00 3.20 2.30 3.00 2.80 2.55 2.20 2.70 2.45 6.14 5.77 5.71 5.24 5.23 4.41 5.57 4.99	M50: P Watson D Marshall D Field J Day M55: J Cross A Woods G Smith F Moran R Laidler M60: P Munn S McSweeney J Evans J Murphy W35: P Oakes A Dickenson W40: M Hocknell M50: W Feldmanis M65: B Metcalfe M70: S McSweeney D Morrison W35: C Drewry W40: H Stewart W45: M Tipping (UK R) W50: W Feldmanis HAMMER M40: A Elvin J Scott W Gentleman A Chromniak M45: A McKenzie J Head H Richardson K Rance M50: D Bayes B Lewis B Tyndall M70: D Morrison JAVELIN M40: H Kennedy-Skipton G Smith M45: J Ross M50: J Phillips (UK Rec) M Morrell B Lewis D Field M55: A Woods M60: S Trafford J Swinton M70: S McSweeney W35: S Forrest W45: H Stewart W50: W Feldmanis TROPHIES Clifford Rea (best o/40) Danny Coyle.....Sparta AC Alf Sutherland (best o/60) Les Williams.....Vets AC Otto Feldmanis (best f/event) Joe Phillips.....Trowbridge Clark Pentathlon (best pent) John Ross.....Edinburgh AC Dr Mak Trophy (best f/e o/60) Spent Trafford.....NSAC Douglas Sport (best t/e o/50) Alistair Wood.....Aberdeen Women 35 Trophy Pat Gallagher.....Westbury	5.48 5.03 4.77 4.48 4.84 4.68 4.66 4.56 3.92 4.32 3.70 3.65 3.31 4.93 4.81 4.13 3.52 13.50 11.91 10.27 9.90 11.10 10.75 10.37 9.90 10.85 9.61 8.98 10.28 7.81 7.90 13.30 13.11 12.13 9.39 12.53 11.90 11.53 12.38 10.76 9.29 8.70 12.35 11.18 8.38 7.44 11.68 9.32 8.72 9.65 7.62 9.41 9.69 8.26 18.76	DISCUS M40: C Ellis M Cushion A Elvin A Chromniak J Howie G Smith J Wright M45: J Walters H Richardson M50: J Watson B Lewis K Glanesh M55: I Briggs A Woods A McInnes M60: S Trafford J Miller W Laing J Geddes M65: B Metcalfe M70: S McSweeney D Morrison W35: C Drewry W40: H Stewart W45: M Tipping (UK R) W50: W Feldmanis	48.68 40.66 39.14 38.42 32.40 32.08 31.88 38.74 35.74 40.46 37.66 25.76 40.30 34.56 22.02 30.88 27.36 26.68 21.34 30.36 25.86 23.54 23.06 25.02 35.62 27.06
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147 Compete in Canada

Continued From Page 15

first time in the Canadian Championships (Triple Jump and 400 Hurdles).

If an outstanding performer in the meet were to be named, a prime contender would be Liz McBlain of the Edmonton Columbians. McBlain burst onto the W35 scene at the 1983 WAVA Track & Field Championships in Puerto Rico with gold medals in the pentathlon (3858 pts.) and high jump (1.56m), bronze medals in the (30") 100m H (15.77) long jump (4.85m.) and 4th place in the shot put, all but the shot put being good for CNR's & COR's. She also set W35 Canadian Native & Open records at Puerto Rico with her non-medal 200 (27.16) and javelin (27.12m) performances.

McBlain, who had competed in the heptathlon the week previously at the Canadian Olympic Trials, completed 11 events at the Richmond Championships. Despite the fact that she was virtually unopposed in all events, she did not slack off as she might easily have been tempted to do. Instead, she earned her gold medals giving each event her best, establishing CNR's & COR's in the (30") 100m H (16.71), 400 H (71.8) and triple jump (9.47). She barely fell short of her Puerto Rico perfor-

mances by 1 cm in the high jump, by 2 cm in the long jump, and by .66 in the 200. She finished out the weekend with 13.7 in the 100m, 65.0 in the 400, 2:37.1 in the 800, 10.04 in the shot put and 25.40 in the javelin, a truly outstanding performance!

Some of the most closely contested events of the meet were the M40 and M50 middle distances. In the M40 1500 on Saturday, Tom Tushingham of Toronto ran down Barry Adams of Vancouver in the final few metres to win by 4:09.8 to 4:09.9. The next day, Tushingham came through again in the stretch with a 1:59.6 to nip Adams (1:59.9) and Basil Tomlinson of Ottawa (2:00.4). In the M40 5000, John Woodcock and Jean-Jacques Schmidt of the host Kajaks waged a see-saw battle with Woodcock prevailing in the final 200, 16:09.4 to 16:12.0 for Schmidt.

In the M50 1500 Charlie Wimberley of New Orleans waited until the final 200 to uncork his kick and defeated Ralph Miller of Seattle 4:46.8 to 4:28.6. In the 800 however, Wimberley led most of the way and Miller outkicked him over the final 50m winning in 2:09.9 to 2:10.3. □

Nine British Records Set in Edinburgh

Continued From Page 15

jump (35-7¼); Sid McSweeney, M70, shot (25-0); M. Tipping, W45, discus (116-10); and Joe Phillips, M50, javelin (143-1).

Among the non-record but notable marks were J. Topliss' 11.60 in the M40 100m, and J. Henson's 22.88 in the M40 200.

Eight runners went under 15:32 in the 5000, led by M. Duff, M40, (15:14.58), and two runners below 32:00 in the 10000, with T. Johnston, M40, the best (31:39.15). Both events had strong fields through M60.

Waltham Meet

Continued From Page 7

Sarasota, Florida, also won three events, setting meet records in the 220 (30.4) and shot put (45-2½) while also winning the 100y (13.0).

The meet was sponsored by Capital Bank & Trust Co. and Nike. Bill Simmons, of Berkeley, California, competing in the 40-49 division, thrilled the spectators with his 440 (56.6) and 220 (25.7) victories.

Meet Director Joe Tranchita thinks the meet has grown in size and the competition has improved with each year. Waltham Track Club, under the leadership of Coach Tranchita, has made a commitment to masters track and field that few clubs in New England can boast. W.T.C. hopes in the near future this meet will become the New England Masters Championships. □

PARTICIPANTS BY AGE DIVISION AT NATIONAL MASTERS T&F MEET EUGENE, OREGON - AUGUST 17-19

M30	96	W30	15
M35	106	W35	20
M40	140	W40	30
M45	88	W45	18
M50	104	W50	14
M55	59	W55	18
M60	50	W60	8
M65	27	W65	5
M70	23	W70	5
M75	14	W75	1
M80	8	UNK	2
M85	1		
UNK	1		
	717		136

TOTAL ENTRIES: 853

Men: 84% Women: 16%

Nationals

Continued From Page 12

Alice Leicht of San Diego and Washington's Evelyn Lercher set U.S. long jump marks in the W50 (12-1½) and W60 (9-2½) classes.

By division, other top performances included:

M30

• Marion McCoy of Los Angeles successfully defended his 100-meter title (10.60) and, in Billy Hicks' absence, added the 200 (21.52).

• Oregon's Dean Clark doubled with wins in the 5000 (15:29) and steeplechase (9:29.9).

• New Jersey's Ray Funkhouser won both the 5K and 20K walks (22:50 and 1:28:41).

• L.A.'s Eddie Loughridge copped both hurdles (15.1/52.6).

• Oregon's Ed Lipscomb vaulted 16 feet.

M35

• California's Nolan Smith garnered the 800 (1:57.7) and 1500 (3:59.1).

• Kelly added the long hurdles in 54.44 to his 110H AR.

• Frank Reilly tripled with wins in the shot (52-0), discus (172-2) and hammer (155-7).

• New Jersey's Ron Salvio captured both 5K/20K walks (30:33/2:15:28).

M40

• Australia's Brendon Wilson repeated as national 100 champ (11.24), while Chicago's U.S. 400 record-holder Jim Burnett remained undefeated as a master (51:37). But in their long-awaited 200 rematch (won last year by Wilson), they were both upset by California's Dan Fitzsimmons in 22.82.

• Spokane's Herald Hadley came out of nowhere to defeat the finest masters 1500-meter runners in the nation (Barry Adams, Kirk Randall, etc.) in 4:00.8. He won his 800 section by daylight, but lost the gold and silver to David Romain (1:57.7), and Gary Carr (1:58.3) who ran in another section, in one of the meet's few foulups. "I ran the pace I wanted," Romain said. "I wanted to go faster, but there was a strong wind on the backstretch."

• Another Californian, Jerry Jobski, checked in with two distance wins in the 5000 (15:24) and 10000 (31:43).

• Washington's Guy Ott took both walks, while Montana's Tom Gage won the shot and hammer.

• The West Valley Track Club of Northern California won all three relays in the 40-49 division, approaching U.S. records in the 400 (44.60), Mile (3:29.8) and Two-Mile (8:10.4).

• North Hollywood's Mardon Connelly upset World Veterans Games Champ Charlie Polhamus of Atlanta in the pole vault, 14-6 to 14-0.

M45

• Doug Smith of Huntington Beach, CA copped the 100 (11.48) and 200 (23.50).

• Chicago's Ernie Billups continued to amaze everyone with his year-after-year consistent excellence with twin wins in the 800 (2:03.2) and 1500 (4:10.6).

• California's Darrell Horn captured the long (20-11¾) and triple (45-1¾) jumps.

• 1972 Olympic silver-medalist and six-time AAU discus champion Jay Silvester, now 47 and concentrating on sports sociology at Brigham Young University, took his specialty in 168-11. "It's okay considering the amount of preparation I've put in," he told Jack Hall of the Register-Guard.

• Chuck Marut took both walks.

M50

• 1952 and 1956 Olympic gold medalist Parry O'Brien, who set two world M50 records in July in the shot (58-1½) and discus (185-11), highlighted the meet with good throws (53-3¾ and 185-9). "I'm very serious about this," O'Brien said. "My goal this year was to take the world 50+ records in both the shot and discus, and I've managed to do that." O'Brien had set the shot mark with the U.S. 50+ weight of 12 lbs. But at the nationals, all competitors were throwing WAVA weights, which meant that O'Brien was throwing 6K (13 pounds, 2 ounces).

• Richard Hickman garnered both hurdles (16.68 and 62.20).

• Ray Hatton of Bend, Oregon turned in one of the meet's truly stunning performances, lapping the entire field to easily win the M50 10,000 in 33:03.8. His own U.S. M50 mark is 32:10.

• Nick Newton of Woodland Hills, California, who underwent seven-hour cancer surgery in 1980, won the 100 (12.5) and 200 (23.69).

• Former Olympian Bill Baille of New Zealand, who had come to the U.S. for the Olympics, threatened world records in both the 800 and 1500, easily defeating quality fields in 2:04.92 and 4:12.5.

• Colorado's Jerry Donley, TAC National Masters T&F Chairman, bettered his World Veterans Games gold medal pole vault effort by a half-inch in clearing 13 feet.

M55

• When Tony Sapienza of Bradford, Massachusetts is in top form, he's hard to beat, as the likes of Jim O'Neil, Pat Devine and Bill McChesney discovered. The Easterner won both the 5000 (17:09.8) and 10000 (35:35.2).

• Greenwood, now living in Aurora, Colorado, won the 110-highs before his injury forced him to default from his other four events. Seizing the op-

Continued on Page 24

MASTERS SCENE

NATIONAL

• The TAC National Masters 15K Cross-Country Championships in Houston November 3, is shaping up as a top-quality event. Race director Ed Lang has already received confirmation from masters Kirk Randall, Bill Reilly, Dan McCaskill and Shirley Matson.

NEW ENGLAND

• **Besty Harshbarger**, 41, Irish American TC, was the 4th woman overall in the TAC/USA Women's 25K RR Championships, Sudbury, MA, June 3, with a 1:42:41, which, added to the times of her two younger teammates gave her club both the Open National and New England District team championships. **Barbara Pike**, 42, Liberty AC, finished 13th (1:49:39), leading teammates **Sally Davis** (1:53:27) and **Joyce Hals**, 51, (2:03:49) to the district Masters team title.

• On the track, Pike took both Masters events in the Kendall Women's Classic, which is, with 1500 entries age 7+, New England's largest T&F meet for women, held on July 7-8 at Boston U. Pike won the mile in 5:30.6 and the 400 in a meet record 67.3. **Sally Goodhue**, 50 Waltham, MA, clocked 70.6 in the 400 race.

• **Stan Dutton**, 40, Antrim, NH, took Masters honors in both the 5K (16:29) and 5-Mile (27:11) in the BankEast Classic Road Races, Concord, NH, June 30. **Marty Bart**, 42, Concord, was the 1st W40+ in the 5K (19:20) and **Bernadette Nay**, 44, Canterbury, NH, took the W40+ group in the 5 Mile (35:03). **Tony Sapienza**, 55, Bradford, MA, was top M50-59 in the 5 Mile. **Helen Hamilton**, 53, Concord, topped the W50+ entrants in both the 5K (21:11) and 5 Mile (36:59).

EAST

• Central Park TC took both the Masters men's and women's titles in the NYRR Club Team Championships, July 7, Central Park, NYC. **Fritz Mueller**, 48, led all M40+ (27:06). **Robin Villa**, 41, beat all W40+ and was 1st for the CPTC female Masters trio.

• The NY Masters club took the overall team title with a score of 44 to Central Park TC's 34 with victories in the 40-49 and 50+ divisions in the NY Masters Relays, NYC, July 15. NY Pioneers won the 30-39 division. The NY Masters 40-49 1600m relay quartet put together a 3:55.



Bernadette Nay, 44, Canterbury, N.H., first woman Master in 5-mile, 35:03, BankEast Road Race, Concord, N.H., June 30.

Photo by Tom Szelog

SOUTHEAST

• **Leonard Jones**, 43, was timed in 5:01.6 in winning the Masters men's race in the Tryon Street Mile, Charlotte, NC, July 14. **Bill Voight**, 50, took the M50+ race by a large margin in 5:09.9. **Peggy Schug**, 35, won the Masters women's (35+) race with 5:30.7; **Nancy Lowen**, 42, was 2nd in 6:09.1. Best time of the day was 4:24.3 by **Rex Wiggins**, 27, on this year's course, which was a loop necessitated by construction on the Tryon Street straight-run course of last year.

MID AMERICA

• **Bob Warren** was the Masters star of the Lincoln TC's Outdoor Championships, at Lincoln, NE, July 15, with four M40-49 wins: LJ 18-1 1/4; DT 130-9; SP 40-1 1/2; JT 130-0. **Thorn-ton Shelton**, M40-49, garnered three golds: 100m 12.0; 200 24.8; 400 56.8.

• **Polly Bailey**, 61, took 6 golds, topped by the day's best (9:34) mile walk, at the Senior Olympics (55+), St. Louis, May 29-31. **Dottie Gray**, 58, who also strode to a fast mile walk (9:49), won 5 events. **Helen Stephens**, 66, AR holder in the W65 shot, had a 34-6 1/2 toss with the 6#. **Paul Saunders**, 61, zipped to the meet's fastest 100m in 13.6, and **Donald Hall**, 65, clocked the top 200 in 28.7. **Phil Brusca**, 57, heaved the 12# shot 45-8 1/4.

WEST

• **Larry Banuelos** deposited a time of high interest with a 38:59 to win the M60+ section of the Monarch Bank 10K, Laguna Beach, CA, July 4. In the 5K race, **Tom Burns** smoked to a 16:01 M40+ first, and **Amy Goldstein** won the W50+ division with a 23:19.

• The Bud Light Independence 4 Mile Run, Visalia, CA, brought Central Calif.'s best Masters runners to Visalia, CA. Hot weather didn't slow down **Frank Ortega**, who was the first Master across the line in 21:26. **Frank Padilla** and **Frank Delgado** continued their M45 rivalry with Padilla 1st (22:38) and Delgado second (22:55). **Jess Rivera** took the M50-59 division (23:51), while **Bob Musso** captured the M60+ (27:14). **Cherie Stephenson** took the W30-39 (27:49), and **Joanne Branco** the W40+ group (28:44).

• **Shirley Matson**, 43, who ended **Cindy Dalrymple's** 75-race masters winning streak in the Peachtree 10K July 4 (35:59), set a 21-second PR August 11 with a 35:35 in the MADD (Mothers Against Drunk Driving) 10K in San Diego.

• MNM "Gun Lap" columnist **Mike Tymn**, 46 and "12 pounds overweight," still managed to 3rd place masters finish in the Pepsi 10K during his stateside visit in San Mateo, Calif. in 33:45. **Sal Vasquez** was 1st master in 31:05.

NORTHWEST

• **Stephen Lester**, 41, of Magna, UT, raced to a new Utah state M40 record with 6th place 31:28 in the Deseret News 10K, July 24, Salt Lake City, at 4300' altitude. Salt Lake's **Bill Johnston**, M45, was 2nd M40+ (32:35).



Lloyd Slocum, 51, Greenland, N.H., winner of 50-59 5K (18:06), BankEast Road Race, Concord, N.H.

Photo by Tom Szelog

• **Robert Nelson**, 44, Salt Lake City, ran a 6:06 pace 2:40:12 to earn the Masters crown in the Deseret News Marathon, SLC, July 24. **Darryl Beardall**, 47, Santa Rosa, CA, was tops in his division with 2:43:23. **Carol Simmonds**, 50, SLC, was the first Masters woman in 3:42:50.

INTERNATIONAL

• Canadian Masters marathon champ **Art Meany**, M40, of St. John's, Newfoundland, ran 51:51 in the Evening Telegram 10 Mile RR, in his hometown, July 15, to win the Masters title and place 4th overall. **John McKillip**, also of St. John's, took the M50+ title with 65:02, and **Diane Draper**, W35, ran 67:16 for a female Masters victory.

• **L. Praamsma**, M45, won the Western Province Masters Marathon Championships, Capetown, So. Africa, July 21, with 2:40:50 in a field of 76, including 41 men in their 30s. **W. de Beer** took the M55 with 2:50:06. The Celtic Harriers' "A" team was team champion.

ATHLETES WHO ENTER A NEW DIVISION THIS MONTH SEP 1984

ATHLETE (RESIDENCE)	BIRTHDATE	AGE GROUP
RACHEL BOURN (FAIRFAX, VA)	9-10-29	55-59
ANNE CIRULNICK (ROSEDALE, NY)	9-29-34	50-54
BARBARA ELLNER (DOWNEY, CA)	9-30-44	40-44
ELSA EVANS (SAN DIEGO, CA)	9-21-34	50-54
MARJORIE HEINLEIN (SAN RAFAEL, CA)	9-1-34	50-54
BESS JAMES (SAN JACINTO, CA)	9-5-09	75-79
JUDY KEWLEY (CA)	9-3-44	40-44
SUE PETERSEN (LAGUNA BEACH, CA)	9-6-44	40-44
JEAN ALBURY (AUS)	9-28-29	55-59
ODETE DOMINGOS (BRA)	9-5-34	50-54
FRANCISKA JANSSEN (HOL)	9-23-44	40-44
JOHN ALEXANDER (MCCAMEY, TX)	9-6-19	65-69
TOM BAILEY (DENVER, CO)	9-15-29	55-59
SAMUEL CLARKE (SEATTLE, WASH)	9-28-29	55-59
DESMOND FRAWLEY (AUSTRALIA)	9-23-24	60-64
WILLIAM GAY (MONTGOMERY, ALA)	9-29-99	80+
DANFORTH GEER (BENNINGTON, VT)	9-17-19	65-69
RAYMOND GIL (LOMPOC, CALIF)	9-2-24	60-64
ORRIN GRAF (DAYTONA, FL)	9-5-09	75-79
ROBERT KAISER (LA MESA, CALIF)	9-25-24	60-64
DIMITER KHEBAROV (BUL)	9-3-34	50-54
NEIL KING (WINNETKA, ILL)	9-23-29	55-59
JOUKO KUHA (FIN)	9-30-39	45-49
DONN MAURER (DEL MAR, CALIF)	9-5-29	55-59
JIM MINAH (SANTA BARBARA, CA)	9-5-19	65-69
JIM MURPHY (SANTA MONICA, CA)	9-26-39	45-49
HANS OSSENKOPP (WG)	9-20-34	50-54
GRAHAM PARNELL (SAN DIEGO, CA)	9-16-29	55-59
ALEX RATELLE (MINNEAPOLIS, MINN)	9-12-24	60-64
BILL STOCK (LA MESA, CA)	9-20-29	55-59
HUBERT STREIT (WG)	9-26-24	60-64
WALTER WEBER (WG)	9-25-24	60-64
WALT WESTERHOLM (US)	9-15-14	70-74
KEVIN WHITE (AUSTRALIA)	9-26-34	50-54
RUBEN WHITNEY (SAN ANTONIO, TX)	9-22-44	40-44
ROY WILLIAMS (NZ)	9-9-34	50-54
Lynndon Ruber	9-18-34	50-54

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8. CLOSING DATES

The 10th of month before date of issue.

9. CIRCULATION December 1983

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schedule

Track and field events feature competition for men and women over age 30 unless otherwise noted. Long distance events generally are open to all age groups with the exception of national masters championships, which may be limited to men and women over age 40. Entry blanks for national and regional championships will generally be printed in the newsletter 30-60 days prior to the event. Please send any additions or corrections to NMN, P.O. Box 2372, Van Nuys CA 91404.

TRACK & FIELD NATIONAL

August 23-25, 1985. 18th Annual TAC National Masters Championships, Indianapolis.

NEW ENGLAND

September 9-15. Masters Running Camp, Lake Hosmer, Vermont. Box 31-M, Craftsbury Common VT 05827. 802/586-2514.

EAST

January 13. TAC National Masters Indoor Pentathlon Championships (LJ, 55HH, HJ, SP, 1000M), Carlisle, Pa. Scott Thornesley, 519 Coolidge St., New Cumberland PA 17070. 717/774-3569.

January 13. 2nd Annual Pennsylvania Masters Indoor State Championships, Dickinson College, Carlisle, Pa. Scott Thornesley, above.

SOUTHEAST

September 1. Virginia TAC Open & Masters Championships, Charlottesville, VA. Virginia Masters, PO Box 5696, Charlottesville, VA.

September 22-23. Virginia State Open & Masters Decathlon Championships, Charlottesville, VA. See September 1 above.

October 20-21. Thro-a-thon. (Discus, shot, hammer, javelin, weight) North Carolina State U. Bob Boal, 121 W. Sycamore, Wake Forest, NC 27587.

November 5-10. Golden Age Games, Sanford, Florida, 55 +, P.O. Drawer CC, Sanford, FL 32772-0868.

December 30. Holiday Weight Pentathlon (9 am) and regular Pentathlon (2 pm), Delray Beach, FL. Randall Cooper, Atlantic Community School, 2501 Seacrest Blvd., Delray Beach, FL 33435.

MIDWEST

September 9. Wolfpack Throwing meet, Columbus, Ohio. SP, DT, JT, HT, WT and Weight Pentathlon. John White, 4865 Arthur Place, Columbus OH 43220. 614/424-7011.

MID-AMERICA

September 1-2. Rocky Mountain Masters Games, Denver, CO. Jim Weed, 11672 E. 2nd Ave., Aurora, CO. 80010. 303/341-2980.

WEST

September 8-9. 15th Annual Senior Olympics, Orange Coast College, Costa Mesa, Calif. Decomposed granite track. Deadline August 23. Senior Olympics, 5726 Wilshire Blvd., Los Angeles CA 90036.

October 6. Club West Masters, Goleta, CA. George Adams, PO Box K, Goleta, CA 93116.



Dr. Lee Blount, Jr., 1983 National M50 Champion (800 and 400) wins 300 IH (45.2) at St. Louis Metro Championship July 21.

December 16. Run Pentathlon (100, 200, 400, 800, 1500), Honolulu, Hawaii. Jack Karbens, 3138 Waialae Ave., No. 1003, Honolulu, HI 96816.

December 22. Weight pentathlon, Honolulu, Hawaii. See December 16 above.

December 29. Regular pentathlon, Honolulu, Hawaii. See December 16 above.

INTERNATIONAL

September 7-9. 3rd Annual San Juan Masters Championships, San Juan, Puerto Rico. P.R. Masters, Box 11074, Caparra Heights Station, San Juan PR 00922.

September 13-15. 2nd South American Championships, Ibirapuera Stadium, Sao Paulo, Brazil. Hernan Figueros, Lira 2488, Casilla 10092, Santiago, Chile.

October 6-7. 5th All-Japan Masters Championships, Okinawa, Japan. Masaharu Sugano, 453-9 Inbe, Wakayama, Japan.

October 20-21. International Masters T&F Meet, Hong Kong. Margaret Brooke, GPO Box 10368, Central Hong Kong.

November 30-December 1-2. International Masters T&F Meet, Buenos Aires, Argentina. Hernan Figueros, Lira 2488, Casilla 10092, Santiago, Chile.

December 7-8. International Masters T&F Meet, Montevideo, Uruguay. Hernan Figueros, Lira 2488, Casilla 10092, Santiago, Chile.

LONG DISTANCE RUNNING NATIONAL

September 23. TAC National Masters Half-marathon Championships and Dayton River Corridor Classic, Dayton. Steve Barr, Kettering Pro Health Center, 3700 Far Hills Ave., Kettering OH 45429. 513/298-2391.

September 23. TAC National Open and Masters 50K Championships, Washington, D.C. Dick Good, PO Box 1065, College Park MD 20740. 301/345-2286.

October 7. TAC/National Masters Men's 40K Race Walk Championships, Ft. Monmouth, New Jersey. Elliot Denman, 28 N. Locust Dr., W. Long Branch, NJ 07765.

November 3. TAC/National Masters 100K Race Walk Championships, Arlington, Virg. Sal Corrallo, 5351 N. 37th St., Arlington, VA 22207. 703/241-1854.

November 3. TAC National Masters 15K Cross-Country Championships, Houston, E.G. Lang, 14 Sandalwood, Houston, TX 77024. 713/781-2810.

November 17. TAC National Masters 10K Cross-Country Championships, Holmdel, N.J. Ron Salvio, Squan Road, Clarksburg, NJ 08510. 609/259-9268.

November 18. TAC National Masters 50-Mile Championships, Buffalo, N.Y. David Broad, Dept. of Athletics, SUNY-Buffalo, 1300 Elmwood Ave., Buffalo, NY 14222.

November 24. TAC National Masters 5K Cross-country Championships, Seattle. Carol Langenbach, 4261 S. 184th, Seattle, WA 98188. 206/433-8868.

NEW ENGLAND

November 4. Conventures 10K and 12th NIKE Masters Series Race, Boston. Chris Monty, NIKE, 3900 S.W. Murray Blvd., Beaverton OR 97005.

EAST

September 13. 4th Annual NIKE Capital Challenge 3 mile, Washington D.C. Jeff Darman, 507 Second St., N.W., Washington, DC 20002. 202/544-0970.

September 22. 9th Annual Moving Comfort Women's 10K, Washington, D.C. Long SASE to Moving Comfort 10K, 5412 Eisenhower Ave., Alexandria, VA 22304. 202/544-0970.

September 23. Freihofer's Syracuse 10K for Women, Syracuse, NY. TAC/Region I 10K RR Championships, Open & Masters. \$5000 distributed to top 20 finishers and top Open & Masters teams. Freihofer's Run for Women, 382 Broadway, Albany, NY 12207. 518/465-4573.

September 29. Avon Women's Half-marathon, NYC. Allan Steinfeld, NYRR, 9 East 89th St., NY, NY 10128. 212/860-4455.

October 7. TAC Eastern Masters 10K Cross-Country, Van Cortlandt Park, Bronx, N.Y. NY Masters, 77 Prospect Place, Brooklyn NY 11217.

October 8. Bonne Bell 10K National Finals, Boston. Bonne Bell, 18519 Detroit Ave., Lakewood OH 44107.

October 27. NY Masters 5K and 10K Cross-Country, Van Cortlandt Park, Bronx, N.Y. NY Masters, 77 Prospect Place, Brooklyn NY 11217.

October 28. New York City Marathon. NYRR, PO Box 1388 GPO, New York NY 10016. 212/860-4455.

November 4. Marine Corps Marathon, Washington, D.C. Capt. Chris Moody, PO Box 188, Quantico VA 22134. 703/650-2225.

November 11. TAC Metropolitan Masters Cross-Country. NY Masters, 77 Prospect Place, Brooklyn NY 11217.

SOUTHEAST

September 29. Virginia Ten Miler, Lynchburg, VA. Marilyn Straub, 3020 Cranehill Drive, Lynchburg VA 24503.

November 22. Atlanta Marathon, Atlanta, Georgia. Roy Benson, 3097, Avenue N.E., Atlanta, GA 30305. 404/231-9064.

December 15. RRCA National 100K Championships, Tallahassee, Fla. Felton Wright, 929 Blackwood Ave., Tallahassee, FL 32303.

December 15. Humana Rocket City Marathon, Huntsville, Ala. Huntsville TC., 8811 Edgehill Dr., Huntsville, AL 35802. 205/881-9077.

Continued on Next Page

ON TAP FOR SEPTEMBER

TRACK AND FIELD

This month's action begins on Labor Day weekend with the Rocky Mountain Games in Denver and the Virginia Masters Championships in Charlottesville.

On the next weekend are the Los Angeles Senior Olympics, the San Juan Championships and a Masters Running Camp in Vermont.

For world travelers, the South American Championships will be held on the 14th in Sao Paulo, Brazil.

LONG DISTANCE RUNNING

After the normal summer lull, some major races are on tap, starting with the TAC Northwest Regional Masters Half-marathon Championships in Washington State on Labor Day. You can run with Senators and Congress people in the NIKE Capital Challenge on the 13th in Washington, D.C.

The 5th of the 12-race NIKE Masters Series takes place in Houston on the 15th as part of the Pro Comfort 10K. Twenty runners (by time, age-group winner or random drawing) in each of the 12 races will receive cash toward a trip to the World Veterans Distance Running Championships in San Diego in December.

The 6th and 7th NIKE Masters runs are set for the 22nd in the High Altitude 8K in Boulder, and the 23rd in the Portland Marathon.

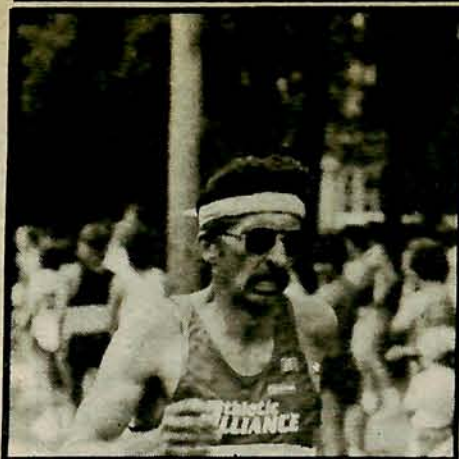
Also on the 23rd is the TAC National Masters Half-marathon Championships in Dayton, and the TAC Open and Masters 50K Championships in Washington.

The Virginia 10-miler in Lynchburg and the Maupintour Fall Classic 10K in Lawrence, Kansas are on the 29th.

The 8th and 9th NIKE Masters races will be run as part of the Avon Half-Marathon in New York City on the 29th and the cash-laden Twin Cities Marathon in Minneapolis on the 30th. □

DEADLINE

NMN is written by masters athletes for masters athletes. We need and welcome your reports of meets, races, schedules, photos, comments, etc. Deadline for editorial material and advertising is the 10th of the month before date of issue. Send to *National Masters News*, P.O. Box 2372, Van Nuys, CA 91404.



Stan Dutton, Antrim, N.H., Masters winner of 5-mile, (27:11), BankEast Road Race, Concord, N.H., June 30.

Photo by Tom Szelog

Continued from Previous Page

MIDWEST

September 23. River Ramble 5K/10K/30K/50K, Columbus, Ohio, 5K & 50K are Ohio TAC Open & Masters Championships. John White, 4865 Arthur Place, Columbus, OH 43220. 641/459-2547.

October 6. 1984 Ultimate Runner, Jackson, Mich. Each runner does 10K, 400m, 100m, mile, and marathon, in that order. \$2500 in TAC/Trust for men & women 40 plus. Jackson Community College, Health & Physical Fitness Dept., 2111 Emmops Rd., Jackson, MI 49201. 517/787-0800 X282.

October 7. RRCA National 50 Mile Championships, Chicago, IL. Noel D. Nequin, M.D., Swedish Covenant Hospital, 5145 N. California Ave., Chicago, IL 60625.

October 7. Columbus Bank One Marathon, Columbus, Ohio. Corporate Processing Dept., Columbus, OH 43271.

October 14. 6th Annual Medical Joggers Association 50 Miles/100K, Chicago, IL. Also RRCA's 50 Mile national championships. Legal SASE to Noel Nequin, M. D., Swedish Covenant Hospital, 5145 N. California Ave., Chicago, IL 60625.

October 21. America's Marathon, Chicago. Bob Bright, 214 West Erie St., Chicago IL 60610. 312/951-0660.

October 28. River Banks 10K Run and 11th NIKE Masters Series Race, Louisville, Kentucky. Chris Monty, NIKE, 3900 S.W. Murray Blvd., Beaverton OR 97005.

November 3. Indianapolis Marathon, Indianapolis, Ind. Duane Heidecker, 314 E. Cragmont Dr., Indianapolis, IN 46227. 317/787-6114.

November 10. Wendy's 10K Classic, Bowling Green, Kentucky. Dave Mason, 1502 Weston St., Bowling Green KY 42101. 502/781-2834.

November 11. Wolfpack Fall Classic 5/15/50K, Columbus, Ohio. John White, 4865 Arthur Place, Columbus, OH 43220. 614/451-2547.

December 30. RRCA National 50K Championships, Peoria, IL. Paul Appell, R.R., Altona, IL 61414.

MID-AMERICA

September 22. High Altitude Challenge 8K and 6th NIKE Masters Series Race, Boulder, Colorado. Chris Monty, NIKE, 3900 S.W. Murray Blvd., Beaverton OR 97005.

September 29. Maupintour Fall Classic, 10K, Lawrence, KA. Tom Leigh, Maupintour, 913/843-1211.

September 30. Twin Cities Marathon, Minneapolis to St. Paul, Minn. \$150,000 purse. Jack Moran, PO Box 24193, Minneapolis MN 55424.

November 18. 13th Annual St. Louis Marathon, St. Louis, Mo. SASE to St. Louis TC, 6611 Clayton Rd., St. Louis, MO 63117. 314/862-SLTC.

SOUTHWEST

September 15. 5th NIKE Masters Series Race and Pro Comfort 10K, Houston. Chris Monty, NIKE, 3900 S.W. Murray Blvd., Beaverton OR 97005.

October 13. International Run Against Crime 10K, El Paso, Texas. John Hinshaw, PO Box 15000, El Paso TX 79998. 915/772-RACE.

December 2. White Rock Marathon, Dallas. Phidippides, North Park East, 8822 N. Central Expressway, Dallas TX 75231. 214/361-6493.

WEST

September 18. Manufacturers Hanover Corporate Challenge 3.5 Mile Road Race, Griffith Park, Los Angeles, Calif. Dierdre Francis-Dickerson 818/887-2284.

September 22. 32nd Annual Balboa Park 8 mile Cross-country, San Diego, Calif. T.R. Eddy, 14342 Jolley Lane, Poway, CA 92064. 613/748-2459.

October 7. Hollywood 10K/Half-marathon, also SPA/TAC Half-marathon championships, Los Angeles, Calif. 8 a.m. Hollywood Presbyterian Medical Center, 1300 N. Vermont Ave., Los Angeles, CA 90027. 213/660-3530 X6108.

October 28. Modesto 10K, also RRCA

California and Western Region Championships, Modesto, Calif. Total \$1000 cash awards to top finishers in 7 age groups, men and women. Jeff Highiet, 229 Charlemagne Way, Modesto, CA 95350. 209/527-7597.

November 6. Phoenix 10K, Phoenix, Ariz. Harvey Beller, 4602 N. 16th St., Phoenix, AZ 85287. 602/241-0995.

December 2. Beverly Hills - Perrier 10K, Beverly Hills, Calif. Richard Putnam, Beverly Hills Rec. & Parks, 450 N. Crescent Dr., Beverly Hills, CA 90210. 213/550-4816.

December 9. Honolulu Marathon, Honolulu, Hawaii. David Benson, PO Box 27244, Chinatown Stn., Honolulu, HI 96827. 808/734-7200.

NORTHWEST

September 3 (Monday). TAC Northwest Regional Masters Half-marathon Championships and Red Brick Road Half-a-thon. Redmond, Washington, 9 a.m. Carole Langenbach, 4261 S. 184th St., Seattle WA 98188. 206/433-8868.

September 15. 5th Annual Prefontaine Memorial 10K, Coos Bay, Ore., 11 a.m. Pre-race Nike running clinic. Prefontaine Memorial Run, PO Box 210, Coos Bay, OR 97420. 503/269-0215.

Nationals

Continued From Page 21

portunity for an unexpected gold medal were Cliff Murray (100), Gordon Albury (200), Huel Washington (400) and Ted Rademaker (400) hurdles).

M60

• Stanford's Alphonse Juilland (pronounced Jhwee-yan) took both sprints, New York's Archie Messenger handled the middle-distances, and LA's Larry Banuelos notched the 5K and 10K.

• World M60 400 record-holder John Alexander (58.4) of Texas captured his specialty in 61.65.

• Burl Gist attempted a new world high jump record of 5-3 (his own M60 mark is 5-2½), but had to settle for a 5-0 clearance. He added the short hurdles to his gold medal inventory.

• San Diego's Ray Spencer took the 400 hurdles and the long and triple jumps, while Bill Bangert annexed the shot and discus.

M65

• New Jersey's Dave Lawyer won

September 21-23. Oregon Track Club Masters Running Clinic, Sky Camp Lodge, McKenzie River. \$25 includes food and lodging. Bill/Marcia McChesney, 4965 W. Hillside Dr., Eugene, OR 97405. 344-8106.

September 23. Portland Marathon and 7th NIKE Masters Series Race, Portland, Oregon. Chris Monty, NIKE, 3900 S.W. Murray Blvd., Beaverton OR 97005.

November 25. Seattle Marathon, Seattle, Wash. Mary Reardon, 1711 Thorndyke Ave W, Seattle, WA 98199. 206/282-8596.

INTERNATIONAL

September 30. Berlin Marathon. 7-day tour. G.K. Erich, 39 West Parkway, Pequannock NJ 07440. 201/694-2097.

October 13-14. IGAL European Veterans Distance Running Championships, Bern, Switzerland. Werner Hamm, Theuerbrunnleinsweg No. 55, 8720 Schweinfurt, West Germany.

December 1-2. XVII IGAL World Veterans 10K and Marathon Championships, San Diego, Calif. Bill Stock, 7160 Baldrige Rd., La Mesa, CA. 619/286-7867.

December 11-17. Running tour of the Holyland, Barry Shaw, PO Box 2143, Netanya, Israel. □

the 100/200 double, John Boots took care of the 800 and 1500, and Bill Van Fleet presided over the 5K and 10K.

• Al Guidet won both hurdles, Jim Vernon copped the high jump and vault, Herb Miller owned the long and triple jumps, and Gordon Nordgren picked off the hammer and javelin.

M70

• In addition to his world long jump record, Satti won the 200 and triple jump.

• Carter added the discus to his

Continued on Page 38

1984 NATIONAL MASTERS TRACK & FIELD CHAMPIONS -- EUGENE, OREGON -- AUGUST 17-19. 17TH ANNUAL TAC CHAMPIONSHIPS.

	M30	M35	M40	M45	M50	M55	M60	M65	M70	M75	M80	M85
100	McCoy	Whitley	Wilson	Smith D	Newton	Murray	Juilland	Lawyer	Koppel	Carnine	Pitcher	---
200	McCoy	Brooks	Fitz'sons	Smith D	Newton	Albury	Juilland	Lawyer	Satti	Castro	Lum	---
400	Burnett R	Haggerty	Burnett J	White	Hoffman	Washin'on	Alexander	Bowers	Koppel	---	---	Spangler
800	Embler	Smith N	Romain	Billups	Baillie	Brown K	Messenger	Boots	Byers	Shine	Chapson	---
1500	Rice	Smith N	Hadley	Billups	Baillie	Fitzge'ld	Messenger	Boots	Funk	Shine	---	Spangler
5000	Clark D	Loudat	Jobski	Ellis	Wood G	Sapienza	Banuelos	VanFleet	---	Ling	---	Spangler
10000	Price	Lamm	Jobski	deLaCruz	Hatton	Sapienza	Banuelos	VanFleet	---	Ling	---	---
SC	Clark D	Jahn	Bowerman	Hall	Slocumb	Carman	Bryant	Waterman	Espy	---	---	---
110H	Loughr'ge	KELLY	Butler	DeWitt	Hickman	Greenwood	Gist	Guidet	Hix	---	Pitcher	---
400H	Lou'ridge	Kelly	Cain	Morgan R	Hickman	Rademaker	Spencer	Guidet	Hix	---	---	---
HJ	Curry	Clotson	Costello	Peyton	Wyatt	Varney	Gist	Vernon	Erskine	McFadden	Anderson	---
PV	Lipscomb	Jones	Connelly	Lance	Donley	Hinkes	Biesmoyer	Vernon	Johnston	---	Pitcher	---
LJ	Urmann	Benjamin	McIntyre	Horn	Skortvedt	Albury	Spencer	Miller H	SATTI	McFadden	Pitcher	---
TJ	Trujillo	Rodenbeck	Hull	Horn	Clark W	Broadberry	Spencer	Miller H	Satti	McFadden	Anderson	---
SP	Schmidt	Reilly	Gage	Hart	O'Brien	Brusco	Bangert	Castaneda	CARTER	Puglitz'ch	Crane	---
DT	Umshler	Reilly	Higgins	Silvester	O'Brien	Hawke	Bangert	Guilgin	Carter	Carnine	Crane	---
HT	Kelmenson	Reilly	Gage	Nunez	Thomson	Williams	Jenkins	Nordgren	Pierotti	Ulsh	Crane	---
JAV	Pellitier	Petitito	Higgins	Stuart	CONLEY	Brusco	Hunter H	Nordgren	Pierotti	Carnine	Anderson	---
5K-W	Funkhou'r	Salvio	Ott	Marut	Kaald	---	---	Favorite	DePetro	Unruh	---	Spangler
20KW	Fun'ouser	Salvio	Ott	Marut	Kaald	Adams J	Wilson B	Strauss	---	---	---	---
400R	Rose City Striders	---	West Valley TC	---	Portland TC	---	LA Valley AC	---	Dallas TC	---	50+ Runners	---
MILE	Dallas TC	---	West Valley TC	---	---	---	---	---	---	---	---	---
2-MI	Kangaroos	---	West Valley TC	---	So. Calif. Striders	---	---	---	---	---	---	---

	W30	W35	W40	W45	W50	W55	W60	W65	W70	W75
100	Miller S	Barnes	Luker	Sherrard	OBERA	Reardon	Smith B	Bowermaster	Clarke	Salisbury
200	Magana	Barnes	Luker	Sherrard	OBERA	Kinsey	Smith B	Bowermaster	Clarke	Salisbury
400	---	Barnes	Carter	Sherrard	OBERA	Kinsey	Davidson	Kolda	Clarke	Salisbury
800	---	Houlton	Upton	HARBIN	Snyder	Anderson	Davidson	Lafflin	Clarke	Salisbury
1500	Knight	Houlton	Upton	HARBIN	McChesney	Anderson	Davidson	Lafflin	O'Hare	---
5000	Knight	Carter M	Flexer	Bigelow	Buder	Anderson	Caselli	Stevens	---	---
10000	---	Waters	Flexer	Curtis	Goodhue	BRUHN	Caselli	---	---	---
Hur.	---	Klein	---	Sherrard	Leicht	Kinsey	---	---	---	---
HJ	Herweck	---	---	Miller C	Leicht	Varney	Lercher	BOWERMASTER	NELSON	---
LJ	Herweck	Schumac'r	Osgood-Kn	---	LEICHT	KINSEY	LERCHER	BOWERMASTER	Nelson	---
TJ	---	---	---	---	Kuehne	---	---	---	---	---
SP	Stratton	White	Osg-Kni't	Sherrard	---	KINSEY	Nordgren	Bowermaster	---	Salisbury
DT	Stratton	Kolasz	Os-Kn'ht	Sherrard	Gray	KINSEY	Nordgren	Bowermaster	---	Salisbury
JAV	Stratton	Reddaway	Conley F	Miller C	Kuehne	KINSEY	Nordgren	---	---	Salisbury
5KW	---	---	Mullen	Maynard	Eberle	---	---	---	Crocker	Salisbury
20KW	---	---	---	LaVeck	Eberle	---	---	---	Crocker	---
400R	CDM	---	No. Calif. Seniors	---	Oregon TC	---	---	---	---	---
MILE	---	---	---	---	---	---	---	---	---	---

CAPITAL LETTERS indicates world or American record set

FINAL 1983 MASTERS 15 KILOMETER RANKINGS

Compiled by the National Running Data Center

15 kilometers

Men- 35 thru 39			
44:39a	Bill Rodgers	35	Sherborn MA 10 Jul,NY-A
46:00	Barry Brown	38	Glens Falls NY 19 Jun,IN-A
46:30	Frank Shorter	35	Boulder CO 29 Oct,OK-A
46:58	Steve Planagan	35	Boulder CO 26 Jun,OR-A
48:18	Wes Wessely	35	Stone Mtn GA 26 Jun,OR-A
48:23	Patrick Glover	37	Clifton Park NY 13 Nov,NY-A
48:38	Randy Taylor	35	Little Rock AR 5 Feb,FL-A
48:41	Richard Myers	37	Voorhees NJ 5 Feb,FL-A
48:43	Sam Bair	36	Pittsburgh PA 20 Mar,OH-A
49:12	Robert Pratte	38	Albuquerque NM 5 Feb,FL-A
foreign			
46:21	Tony Brien	35	Albuquerque NM 13 Mar,AZ-A/IRE
46:35	James Kamau	35	Memphis TN 26 Jun,OR-A/KEN

15 kilometers

Men- 40 thru 44			
45:58	Bill Stewart	40	Ann Arbor MI 5 Feb,FL-A
48:19	Kirk Randall	41	Wellesley MA 5 Feb,FL-A
48:24	Peter Van Garderen	42	Glens Falls NY 13 Nov,NY-A
48:44	George Keim	40	Waynesboro PA 5 Feb,FL-A
48:50	Don Coffman	40	Frankfurt KY 20 Mar,OH-A
48:55i	Jim Bowers	44	Santa Rosa CA 26 Jun,OR-A
48:58	Dan Conway	44	Chetek WI 8 May,MN-A
49:10	Sal Vasquez	43	Alameda CA 1 Oct,TX-A
49:38i	Michael Heffernan	42	Portland OR 26 Jun,OR-A
49:41	Stephen Lester	40	Magna UT 1 Oct,TX-A

15 kilometers

Men- 45 thru 49			
50:04	Ken Winn	45	Stone Mtn GA 5 Feb,FL-A
50:34a	John Dugdale	48	Ridgefield CT 10 Jul,NY-A
51:06	Al Huff	45	Seattle WA 19 Mar,WA-A
51:16	Bob Paklaian	46	Detroit MI 5 Feb,FL-A
51:21i	William Johnston	45	Salt Lake City UT 26 Jun,OR-A
51:23	Robert Packard	46	Flagstaff AZ 13 Mar,AZ-A
52:23	John Weldy	48	Scottsdale AZ 13 Mar,AZ-A
52:42	Mel Williams	45	Virginia Beach VA 13 Nov,VA-A
52:44	Ernest Billups	46	Chicago IL 1 Oct,TX-A
53:08	Kent Metcalf	45	Stillwater OK 29 Oct,OK-A

15 kilometers

Men- 50 thru 54			
50:07	Norman Green	50	Wayne PA 5 Feb,FL-A
52:12	Ray Hutton	51	Bend OR 1 Oct,TX-A
53:00	Hal Higdon	52	Michigan City IN 19 Jun,IN-A
54:44	Al Treichel	54	Milwaukee WI 8 May,MN-A
54:54	Ed Stabler	53	Syracuse NY 22 May,NY-A
55:05	Steve Blanchard	51	Tulsa OK 29 Oct,OK-A
55:19	Dale Goering	53	Santa Fe NM 1 Oct,TX-A
55:23	Ted Bick	53	Schenectady NY 13 Nov,NY-A
55:26	Jim Volk	50	Seattle WA 19 Mar,WA-A
55:36	Howard Rubin	54	New Hartford NY 22 May,NY-A
foreign resident			
55:33i	Gordon Pirie	52	Sumner WA 26 Jun,OR-A/GBR

15 kilometers

Men- 55 thru 59			
53:28	Alex Ratelle	58	Edina MN 8 May,MN-A
53:48a	Howard Rubin	55	New Hartford NY 10 Jul,NY-A
55:08	Jim O'Neill	58	La Jolla CA 1 Oct,TX-A
56:24	Ross Smith	55	Reno NV 1 Oct,TX-A
57:01	Ruben Vigil	55	Albuquerque NM 5 Feb,FL-A
57:57	Nocus McIntosh	58	Tulsa OK 29 Oct,OK-A
59:37i	Len Ramp	56	Grants Pass OR 26 Jun,OR-A
00:05	Herman Grotheer	57	Savannah GA 5 Feb,FL-A
00:36	Herb Williams	57	Tempe AZ 20 Feb,AZ-A
01:31	Frank Burt	55	Lawton OK 29 Oct,OK-A

15 kilometers

Men- 60 thru 64			
57:19	Hubert Morgan	61	Sayre PA 13 Nov,NY-A
59:21	Jim McCown	61	San Diego CA 28 May,CA-A
1:01:20	Art Holiman	60+	28 May,CA-A
1:02:11a	John Rastani	64	Utica NY 10 Jul,NY-A
1:02:15	John Burton	60	Wayzata MN 8 May,MN-A
1:02:18	Millard Shumate	61	Tampa FL 5 Feb,FL-A
1:02:38	Bart Ross	60	Casselberry FL 5 Feb,FL-A
1:04:05	Leif Odmark	61	Ketchum ID 16 Jul,ID-A
1:04:19	Jim Smith	61	Oklahoma City OK 29 Oct,OK-A
1:04:39i	Irving Weiss	64	Boulder CO 26 Jun,OR-A

15 kilometers

Men- 65 thru 69			
57:29	Clive Davies	67	Tillamook OR 26 Jun,OR-A
58:24	Don Longenecker	67	Silver City NM 1 Oct,TX-A
1:02:44	Fleetwood Fesmire	66	Middleburg FL 12 Mar,FL-A
1:03:54	Charles Ogilvie	65	Ben Wheeler TX 1 Oct,TX-A
1:05:00	Tony Lipscomb	65	Demopolis AL 4 Apr,AL-A
1:05:41	Reg Rollason	66	Satsuma FL 12 Mar,FL-A
1:06:55i	Charles Pereira	65	Oregon City OR 26 Jun,OR-A
1:08:06i	Grant Valentine	65	Olympia WA 26 Jun,OR-A
1:08:18	Don Bradley	67	Encinitas CA 28 May,CA-A
1:08:33i	Bill Lauderback	66	Portland OR 26 Jun,OR-A

15 kilometers

Men- 70 thru 74			
1:08:09a	William Brobston	70	Saugerties NY 10 Jul,NY-A
1:08:15	William Andberg	71	Anoka MN 8 May,MN-A
1:11:03	Vernon Geary	71	Williamsburg VA 13 Nov,VA-A
1:14:16	Urban Miller	71	Bellingham WA 19 Mar,WA-A
1:14:19	Arne Johnson	70	Mesa AZ 20 Feb,AZ-A
1:16:40	Robert Boal	71	Wake Forest NC 1 Oct,TX-A
1:21:54	Charles Espy	72	Dunedin FL 5 Feb,FL-A
1:22:24i	Murray Birenbaum	71	Portland OR 26 Jun,OR-A
1:25:37	Howard Calkin	72	Oregon MO 29 Oct,OK-A
1:27:54	Dick Whittemore	72	28 May,CA-A

15 kilometers

Men- 75 thru 79			
1:08:54	Ed Benham	76	Ocean City MD 1 Oct,TX-A
1:11:29	Johnny Kelley	76	East Dennis MA 1 Oct,TX-A
1:13:55a	Charles Hackenheimer	77	Central Square NY 10 Jul,NY-A
1:21:15	Louis Cox	75	Dayton OH 20 Mar,OH-A
1:26:52i	Gordon Sherbeck	76	Vancouver WA 26 Jun,OR-A
1:27:13	John Pianfetti	75	Charleston WV 12 Mar,FL-A
1:33:37a	James Ramsey	75	Detroit MI 9 Jul,MI-A
1:37:01	Edward Root	75	12 Mar,FL-A
2:22:08	Theodore Hyde	79	The Dalles OR 26 Jun,OR-A

15 kilometers

Men- 80 thru 84			
1:29:04	Cyril Woods	81	Lake Oswego OR 26 Jun,OR-A
1:38:59	Paul Spangler	84	San Luis Obispo CA 1 Oct,TX-A
1:52:31	Everett Amos	81	Knox IN 19 Jun,IN-A

15 kilometers

Women- 35 thru 39			
51:59	Laurie Binder	35	Oakland CA 5 Feb,FL-A
54:53	Madeline Harmeling	37	Merrick NY 5 Mar,DC-A
55:05	Jane Millsbaugh	35	Pt Lauderdale FL 12 Mar,FL-A
56:13	Patricia Hurl	35	San Diego CA 28 May,CA-A
57:31	Susan Josselson	37	Minnetonka MN 8 May,MN-A
57:58	Beverly Lambert	39	Ocala FL 5 Feb,FL-A
58:01i	Dawn Welch	35	Grants Pass OR 26 Jun,OR-A
58:22	Judy Greer	36	Orlando FL 5 Feb,FL-A
58:33	Patricia Sher	35	Jacksonville FL 12 Mar,FL-A
58:33	Pat McKay	36	Portage IN 19 Jun,IN-A
resident foreigners			
52:47	Heather Thomson	36	Boulder CO 26 Jun,OR-A/NZI
57:19	Juana Stavolone	37	San Jose CA 10 Apr,CA-A/EST
57:25	Wendy O'Donnell	39	Portland OR 26 Jun,OR-A/CAN

15 kilometers

Women- 40 thru 44			
55:16	Cindy Dalrymple	41	New York NY 1 Oct,TX-A
56:51i	Bette Poppers	40	Littleton CO 26 Jun,OR-A
58:37	Christa Romppanen	44	Malibu CA 28 May,CA-A
58:50	Elfrieda Wyner	40	Jacksonville FL 12 Mar,FL-A
59:30	Shirley Matson	42	Solana Beach CA 1 Oct,TX-A
59:44	Ann Diaz	42	Glencoe IL 8 May,MN-A
1:00:05	Sue Johnston	41	Oakland CA 10 Apr,CA-A
1:00:49i	Charlotte Swanson	41	Spokane WA 26 Jun,OR-A
1:00:55i	Denise Bruce	40	Portland OR 26 Jun,OR-A
1:01:00	Lolitia Bache	40	Annandale VA 5 Mar,DC-A
resident foreigner			
59:39	Wendy O'Donnell	40	Portland OR 1 Oct,TX-A/CAN

15 kilometers

Women- 45 thru 49			
1:00:35	Marilyn Harbin	45	Martinez CA 10 Apr,CA-A
1:00:56	Vicki Bigelow	48	San Lorenzo CA 1 Oct,TX-A
1:01:07	Laura Tingle	46	Bradenton FL 5 Feb,FL-A
1:01:37	Trudy Rapp	46	Eden Prairie MN 8 May,MN-A
1:02:42	Karen Scannell	45	San Francisco CA 1 Oct,TX-A
1:03:00	Linda Sippelle	48	APC Miami FL 8 May,MN-A
1:03:09a	Margret Betz	46	Conklin NY 10 Jul,NY-A
1:03:30i	Nancy Hellyer	47	Steilacoom WA 26 Jun,OR-A
1:04:01	Donna Wright	48	Bartlesville OK 29 Oct,OK-A
1:04:28	Carolyn Cappelletta	47	Concord MA 5 Mar,DC-A

15 kilometers

Women- 50 thru 54			
1:01:22	Marion Irvine	53	San Rafael CA 10 Apr,CA-A
1:03:21a	Gloria Brown	51	Grand Island NY 10 Jul,NY-A
1:04:18	Mila Kania	52	Warwick NY 1 Oct,TX-A
1:05:22a	Anny Stockman	51	Rensselaer NY 10 Jul,NY-A
1:05:44	Ann Kahl	53	Apopka FL 5 Feb,FL-A
1:05:55a	Beverly Goodwin	51	Canton NY 10 Jul,NY-A
1:06:20	Patricia Hurst	51	Fresno CA 13 Mar,AZ-A
1:06:46	Ruth Anderson	53	Oakland CA 10 Apr,CA-A
1:07:16a	Natalie Tickner	50	Old Forge NY 10 Jul,NY-A
1:08:07	Mickey Armstrong	52	Edina MN 8 May,MN-A

15 kilometers

Women- 55 thru 59			
1:04:48	Margaret Miller	57	Thousand Oaks CA 28 May,CA-A
1:11:19	Anne Trigg	58	St Petersburg FL 5 Feb,FL-A
1:12:58	Mary Storey	58	Riverside CA 20 Feb,AZ-A
1:13:53	Adele Milicevic	57	Scottsdale AZ 20 Nov,AZ-A
1:14:48	Irene Herbertson	57	Jacksonville FL 12 Mar,FL-A
1:15:00	Babs Dalsheimer	55	Gainesville FL 5 Feb,FL-A
1:16:38	Pepper Davis	56	Orlando FL 5 Feb,FL-A
1:17:29	Dorothy Laker	55	Tampa FL 12 Mar,FL-A
1:18:08a	Dolores Quinn	55	Whitesboro NY 10 Jul,NY-A
1:18:20	Jessie Lasinsky	56	Thatcher AZ 20 Feb,AZ-A

15 kilometers

Women- 60 thru 64			
1:15:06	Jaclyn Caselli	62	San Jose CA 10 Apr,CA-A
1:19:00	Betty Haleen	60	Minnetonka MN 8 May,MN-A
1:20:37a	Loretta Shehan	60	West Seneca NY 10 Jul,NY-A
1:22:28	Lillian Rollason	61	Satsuma FL 12 Mar,FL-A
1:22:41	Marion Gibbons	61	Phoenix AZ 20 Nov,AZ-A
1:23:01	Althea Wetherbee	64	Huntington Stn NY 12 Mar,FL-A
1:24:07	Virginia Reinhardt	60	12 Mar,FL-A
1:28:02	Frances Bradford	60	Mill Valley CA 10 Apr,CA-A
1:28:46	Bernice Williamson	62	Oklahoma City OK 29 Oct,OK-A
1:30:42	Jane Brown	60	Corvallis OR 26 Jun,OR-A

Continued on Page 35

TRACK & FIELD RESULTS

Please send masters meet results to NATIONAL MASTERS NEWS, PO BOX 2372 VAN NUYS CA 91404. If possible, please type single space with minimum of white space.

SENIOR OLYMPICS (55+); ST. LOUIS, MO; MAY 29-31, 1984

WOMEN

Mile Walk	
55 Dottie Gray	58 9:49
Gerry Smith	58 10:26
Betty Benkert	55 10:29
60 Polly Bailey	61 9:34
A. Renick	61 10:54
Deborah Haimo	62 11:17
65 Lucille Monroe	69 10:58
Clara Schwartz	69 11:46
Margaret Bills	67 11:57
70 Mary Parsons	71 10:43
Wilma Hise	70 11:00
Katherine York	71 11:39
75+Jean Becker	75 13:04
S.M. Meyers	77 13:30
Alma Wilcox	75 13:37

1500m	
55 Betty Benkert	55 6:32.0
D. Gray	58 6:38.7
60 Polly Bailey	61 7:35.4
70 Wilma Hise	70 9:44.9
F. Patterson	71 9:49.5
Mitzi Probst	73 13:28.7

100m	
55 D. Gray	58 17.6
P. Taylor	55 18.4
B. Benkert	55 23.1
60 P. Bailey	61 19.3
L. Hartmann	61 23.3
Winifred Conley	63 23.7
65 Helen Stephens	66 16.8
Lucille Monroe	69 17.3
Margaret Bills	67 18.7
70 Marie Uebel	72 17.5
Mary Parsons	71 20.8
W. Hise	70 21.3
75+J. Becker	75 33.7

800m	
55 D. Gray	58 3:28.2
B. Benkert	55 3:41.2
I. Schankman	55 3:50.3
60 P. Bailey	61 4:00.3
W. Hise	70 4:53.6
F. Patterson	71 5:08.6
M. Probst	73 6:29.7
75+J. Becker	75 6:42.9

200m	
55 Gloria Neighbors	55 37.7
D. Gray	58 39.1
Laverne Meier	56 40.5
60 D. Haimo	62 42.2
P. Bailey	61 43.4
L. Hartmann	61 61.8
65 Helen Stephens	66 47.2
M. Klerlein	65 60.2
70 M. Uebel	72 43.2
W. Hise	70 48.4
M. Parsons	71 49.3
75+J. Becker	75 80.0

50m	
55 D. Gray	58 9.4
M.J. Miller	56 9.5
L. Meier	56 9.8
60 D. Haimo	62 9.7
P. Bailey	61 10.1
L. Hartmann	61 11.6
65 H. Stephens	66 8.7
L. Monroe	69 9.2
M. Bills	67 9.8
70 M. Uebel	72 9.6
M. Parsons	71 10.3
E. Kawelaske	74 13.3
75+J. Becker	75 16.7

Shot Put 6#	
55 Jeanne Glaub	57 22-4 1/2
S. Sterling	55 15-4 1/2
60 M. Holbert	62 25-6 1/2
E. Karl	61 21-1 1/2
P. Bailey	61 20-1 1/2
65 Helen Stephens	66 34-6 1/2
M. Klerlein	65 20-9 1/2
E. Beaudry	66 20-0
70 M. Uebel	74 21-4 1/2
W. Hise	70 16-9
M. Parsons	71 16-6 1/2

Discus 1k	
55 M. Miller	56 54-0
J. Glaub	57 51-3
Lillian Rankin	58 26-11
60 D. Davenport	63 45-3
P. Bailey	61 41-10
Denise Rogers	61 41-10
65 H. Stephens	66 73-6
E. Beaudry	66 55-0
M. Klerlein	65 45-3
70 M. Uebel	72 44-10
E. Kawelaske	74 40-6

Javelin 400gr	
55 M. Miller	56 52-0
L. Rankin	58 35-0
60 Helen Clifton	60 38-4
D. Haimo	62 31-2
J. Bryant	62 30-7
65 H. Stephens	66 71-4
M. Klerlein	65 43-0
E. Beaudry	66 41-0
70 Claire Vieth	72 45-4
M. Uebel	72 32-0
W. Hise	70 30-0

Long Jump	
55 L. Meier	56 9-5
P. Taylor	55 8-9 1/2
60 E. Karl	61 7-11
E. Schoenberger	63 7-1 1/2
D. Haimo	62 7-0
65 M. Klerlein	65 7-4 1/2
70 M. Uebel	72 8-6
E. Kawelaske	74 6-6 1/2
M. Probst	73 3-2

10000m	
55 D. Gray	58 50:11
B. Benkert	55 52:56
60 P. Bailey	61 59:25
F. Patterson	71 75:33

MEN

50m	
55 Dee Roy	55 7.1
C. Clippard	58 7.2
Curt Davidson	59 7.4
Ted Randolph	56 7.4
60 Paul Saunders	61 7.3
Cecil Clark	61 7.5
Wayne DeBeer	61 7.9
Henry Kendall	61 7.9
65 Donald Hall	65 7.3
Chris Christy	67 7.9
Tom Walsh	67 8.0
70 Benjamin Thomas	73 8.3
Julian Byers	70 8.3
C. Kogel	73 9.1
75+Paul McDowell	75 8.8

100m	
55 Charles Clippard	58 14.8
D. Roy	55 15.1
Harry Guth	59 15.6
60 P. Saunders	61 13.6
Cecil Clark	61 14.4
Keith Sigans	60 14.5
65 D. Hall	65 13.9
C. Christy	67 14.9
O. Hartman	66 14.9
70 B. Thomas	73 15.8
J. Byers	70 16.5
C. Kogel	73 17.5
75+P. McDowell	75 17.5
Edward Martin	79 18.7
Albert Epp	79 19.4

200m	
55 D. Roy	55 29.0
Jack Gentry	56 29.6
C. Clippard	58 29.8
60 P. Saunders	61 30.1
K. Sigars	60 30.5
C. Clark	61 31.2
65 D. Hall	65 28.7
O. Hartman	66 32.2
Wilbur Ragland	67 32.5
70 Harry Koppel	70 31.2
B. Thomas	73 34.1
C. Kogel	73 38.1
75+P. McDowell	75 39.2
A. Epp	79 43.2
E. Martin	79 63.7

800m	
55 Jack Gentry	56 2:28.3
Joseph Bell	55 2:36.5
Curt Davidson	59 2:41.9
60 Bob McCracken	60 3:04.2
Ken Shoulberg	63 3:07.4
Christian Zest	63 3:20.3
65 D. Hartman	66 2:47.6
D. Hall	65 2:57.2
L. Patterson	68 2:57.2

70 J. Byers	70 3:17.3
Stoke Westcott	71 4:31.5
John Kirn	74 4:52.6
75+P. McDowell	75 4:09.4
A. Epp	79 4:14.5
Ben Becker	75 7:13.9

1500m	
55 J. Gentry	56 4:53.7
E. Hirschfeld	57 5:25.6
H. Asner	57 5:27.3
60 Leonard Sova	60 5:49.6
C. Zust	63 6:39.3
K. Shoulberg	63 6:45.7

65 D. Hartman	66 5:51.0
L. Patterson	68 5:51.9
Herbert Cavin	66 6:41.5
70 J. Byers	70 5:33.7
Hugh Steavenson	73 6:36.7
S. Westcott	71 8:40.2
75+P. McDowell	75 8:14.2
A. Epp	79 8:48.5

5000m	
55 J. Gentry	56 18:24
W. Bauer	58 18:49
H. Asner	57 19:42
60 Paul Schmitt	61 21:56
L. Sova	60 22:34
Francis Dorsey	60 22:41
65 L. Patterson	68 21:51
D. Hartman	66 22:03
H. Cavin	66 25:12
70 J. Byers	70 23:57
Oliver Bohlman	71 29:41
S. Westcott	71 31:49
75+P. Epp	79 33:43
P. McDowell	75 33:44

10000m	
55 W. Bauer	58 38:18
J. Gentry	56 38:39
Herb Tyson	58 41:09
60 P. Schmitt	61 45:01
F. Dorsey	60 46:24
L. Sova	60 46:32
65 L. Patterson	68 45:01
H. Cavin	66 52:21
Harry Kublin	65 55:50
70 S. Westcott	71 66:36
John Kirn	74 76:18

Mile Walk	
55 Carl Mays	58 8:29
Doug Tysdale	56 8:49
Bob Schnurbusch	59 8:50
60 Vinson Freeman	60 8:41
Robert Stone	64 9:03
C. Zust	63 10:09
65 D. Hartman	66 8:30
E. Scholl	65 9:08
Henry Ema	66 9:19
70 J. Byers	70 9:23
Bill Gray	71 10:13
William Meyer	72 10:22
75+P. McDowell	75 9:53
Mike Calvin	75 11:23
Carey Browne	80 11:33

Long Jump	
55 D. Roy	55 15-0
Bill Plate	57 14-1 1/2
Francis Schaeffer	57 13-6
60 C. Clark	61 13-6 1/2
Henry Kendall	61 12-11
Stan Johnson	60 11-7 1/2
65 C. Lewis	65 14-1
C. Christy	67 13-11
Don Hull	65 13-1 1/2
70 Oliver Duggins	71 10-3
Lou Nawrocki	74 9-9 1/2
John Dick	72 7-11 1/2
75+M. Calvin	75 8-1 1/2
Vernon Kennedy	77 8-0

Shot Put (55+ 12#/60-74 8#/ 75+ 6#)	
55 Phil Brusca	57 45-8 1/2
Ray Schumann	57 37-1 1/2
Joe Paulsen	56 35-10 1/2
60 Bill Bandle	61 42-11 1/2
Lyle Luddwig	61 42-2
A. Tellatin	62 41-2
65 Bruce McDonald	66 40-7
C. Beaudry	65 40-0
Bud Levy	65 39-3 1/2
70 Lefty York	70 40-4
Ward Parker	71 36-11 1/2
Glynn Clark	72 33-10 1/2
75+Verh Kennedy	77 35-6 1/2
Orie Dueringer	79 31-9 1/2
William Lorenz	78 27-4 1/2

Discus (55+ 1.6k/60+ 1k)	
55 P. Brusca	57 120-1
J. Paulsen	56 95-0
Hank Galeotti	56 81-8
60 Bill Bandle	61 120-0
John Allen	63 109-11
Henry Kendall	61 107-8
65 C. Beaudry	65 115-3
Bud Levy	65 113-2
P. Edwards	65 104-6
70 J. Dick	72 103-3
Lefty York	70 102-0
W. Parker	71 100-1
75+V. Kennedy	77 85-7
Orie Dueringer	79 69-10
M. Calvin	75 49-9

Javelin (55+ 800g/60+ 600g)	
55 H. Galeotti	56 110-8
P. Brusca	57 93-4
C. Clippard	58 93-0
60 Mel Buschman	63 97-9
Lyle Ludwigg	61 97-2
Jim Jordan	61 94-9
65 C. Beaudry	65 116-0
Marvin Bank	66 104-7
Ham Morningstar	67 93-0
70 W. Parker	71 87-11
L. York	70 73-6
J. Dick	72 72-2
75+V. Kennedy	77 87-1
Fred Miller	76 71-5
M. Calvin	75 65-7

"Rias Brothers Restaurants"

Michigan TAC State T&F

Championships

Hillsdale College.

June 9&10, 1984.

100 M	
Clarence Ray	11.33
Robert Burnett	11.74
Bill Wehrwein	11.74
Gerald Woolfolk	12.23

400 M	
Paul Williams	12.40
Grover Coats	12.50
LeRoy McClain	12.60
Larry Richards	13.10
Norman Brown	13.40
Jerry Richards	13.50

800 M	
James Barrett	13.10
Rush Jacobs	13.10
Carl Dahlstrom	13.90

1600 M	
Donald Hull	14.10
Joe Jenkins	14.80

200 M	
Clarence Ray	22.90
Gerald Woolfolk	24.90
Charles Bernard	26.60
Rodger Detmer	26.80

400 M	
Carl Liedholm	25.60
LeRoy McClain	25.70
Paul Williams	26.50
Grover Coats	26.90
Larry Richards	27.60

800 M	
James Barrett	26.20
Rush Jacobs	27.00
Carl Dahlstrom	29.30

1600 M	
Donald Hull	27.32
Joe Jenkins	30.60

100 M	
Dolan Street	52.60
Eugene Thomas	52.70
Charles Bernard	60.00
Joe Mason	62.20
Rick Hnes	64.30

400 M	
Carl Liedholm	55.5
Grover Coats	"
Norman Brown	"

800 M	
Rush Jacobs	61.0

800 M	
Jim Ferency	2:07.1
Charles Johnson	2:13.5
Jeff Gerson	2:23.6

400 M	
Jim Clark	2:10.8
Norman Brown	2:13.5

800 M	
Nancy Noonan	2:16.2

1500 M	
Jim Ferency	4:21.9
Jeff Gerson	4:40.1
Charles Johnson	4:49.9

400 M	
Jim Clark	4:32.6
Norman Brown	4:36.3
Jim Skalski	4:53.0

3000 M	
Gigi Wehrwein	18:39.3

800 M	
Meiba Hatch	13:15.1

3000 M Stumble	
Ken Carmen	11:36.7

110 M HH	
Dolan Street	15.40
Carl Anderson	16.20

800 M	
Carl Dahlstrom	24.30

1600 M	
Donald Hull	22.40

400 M IH	
Dolan Street	57.5
Gary Kidd	97.4

800 M	
Carl Dahlstrom	79.3

TAC SOUTHEAST REGIONAL MASTERS CHAMPIONSHIP; ATLANTA; JUNE 16, 1984

M30-34

3 Mile
Smith 16:16
Osthoff 16:18
Barnett 18:05

1 Mile
Lyndgard 4:31.3
Rehfuß 4:31.5
Smith 5:05

880y
Embler 1:59.7
Lyndgard 2:00.9

220y
Foster 22.7
Long 23.2
Trefler 23.6

440y
Foster 51.7
Bourgeois 51.7

100y
James 10.4
Schuler 10.5
Gibson 10.52

120yH
Long 14.2
Davis 15.4
Brasell 15.4

330yH
Long 39.0
Brasell 42.9
Lipscomb 44.7

35# Weight
Foster 31-10½
Rosser 30-10½
Accardi 25-1

High Jump
Hart 5-2
Dye 5-0
Barnett 4-6

Long Jump
Vollmer 20-3½
Thompson 19-9½
Battle 18-4

Triple Jump
Johnson 49-8
Volmer 38-9

Javelin
Foster 131-6

Pole Vault
Taylor 14-0
Dye 13-0
Phillips 13-0

Discus
Foster 127-4
Accardi 102-8
Rosser 89-10

Shot
Accardi 42-0
Foster 37-113/4
Rosser 34-1½

Pentathlon
Foster 1155

M35-39
3 Mile
Jenkins 15:07
Berry 16:14
McNeil 16:20

1 Mile
Mayse 4:32.4
Birmingham 5:11.0
Petzold 5:29.0

880y
Mayse 2:02.9
Petzold 2:21.5
Hazouri 2:39.0

220y
Thiel 23.3
Green 23.7
Jones 24.4

440y
Thiel 50.9
Kelly 51.0
Hager 52.5

100y
Thiel 10.33
Jones 10.46
Malik 10.50

120yH
Kelly 14.17
Malik 14.20
Montgomery nt

330yH
Kelly 38.9
Hager 40.5
Montgomery 50.0

4x100y Relay
Louisiana L'tning 44.2
Jacksonville TC 44.6
Greenville TC 45.2

4x440y Relay
Louisiana L'tning 3:58
Jacksonville TC 4:02
Birmingham TC 4:17

Medley Relay
Greenville TC 3:44.3
Louisiana L'tning 3:55.1
Birmingham TC 4:52.0

Hammer
Martinez 129-10
Bianchi 124-6
Peebles 92-8

35# Weight
Bianchi 40-6½
Martinez 37-7
Peebles 28-5

High Jump
Pardon 6-4 3/4
Motton 5-10
Brewer 5-4

Long Jump
Jones 18-9
Montgomery 17-3½
Wood 17-2½

Triple Jump
Jones 40-3½
Brauman 38-8½
Montgomery 34-0

Javelin
Schell 172-10
Martinez 162-1
Peebles 154-1

Discus
Roehr 135-5
Martinez 121-3
Bianchi 118-2

Shot
Roehr 50-11
Kissack 36-3
Bianchi 34-4½

Pentathlon
Martinez 2269

M40-44
3 Mile
Looney 15:10
Tucker 15:39
Williams 15:40

1 Mile
Looney 4:37.4
Carter 4:44.8
Tucker 4:44.8

880y
McDaniel 2:07
Nason 2:11
Donaldson 2:14

220y
Bell 23.9
Knocke 24.0
Grider 24.9

440y
Grider 54.6
Bell 54.6
Donaldson 57.2

100y
Bell 10.7
Utiley 10.9
Clark 11.3

120yH
Utiley 16.7
Kilroy 18.1
Busby 18.1

330yH
Knocke 43.3
Utiley 46.7
Kilroy 46.9

Hammer
Hill 151-10
Valle 114-7
Boots 75-6

35# Weight
Hill 50-2½
Valle 36-7½
Boots 22-4½

High Jump
Graham 4-10
Alexander 4-10
Busby 4-10

Long Jump
Donaldson 16-11½
Graham 16-1½
Alexander 15-11

Triple Jump
Alexander 33-1½
Graham 33-5 3/4

Javelin
Busby 161-2
Hill 160-9
Valle 126-1

Pole Vault
Polhamus 14-3
Busby 11-6
Howell 8-0

Discus
Hill 145-5
Valle 113-11
Boots 97-2

Shot
Hill 44-11
Valle 37-1½
Boots 30-2

Pentathlon
Futch 1276
Boots 1166
Steele 1071

M45-49
3 Mile
Winn 16:39
Pates 17:20
Cole 17:48

1 Mile
Thompson 5:04
Jones 5:17
Pates 5:21

880y
Brooksmith 2:16
Hollis 2:19
Jones 2:20

220y
White 24.5
Hamilton 28.7
Hollis 28.7

440y
White 55.5
Brooksmith 58.7
Hollis 63.8

100y
Rivas 11.1
White 11.1

120yH
Gilmore 18.4

330yH
Hamilton nt

4x100y Relay
Atlanta TC 47.9
Birmingham TC 50.9

Medley Relay
Atlanta TC 4:08.3
Birmingham TC 4:14.0

Hammer
Twomey 128-0
Mersmann 53-1
Hamilton 49-11

35# Weight
Twomey 40-8
Mersmann 18-7½

High Jump
Gilmore 5-4
Thompson 5-0
Martin 3-6

Long Jump
Gilmore 16-7
James 16-2
Martin 14-10

Javelin
Thompson 138-4
Rivas 136-4
Gilmore 129-9

Pole Vault
Davenport 10-6
Hamilton 10-0
Thompson 8-6

Discus
Davenport 110-9
Twomey 106-5
James 105-8

Shot
Twomey 34-5
Mersmann 24-1
Hamilton 22-9

Pentathlon
James 1935
Gilmore 1730
Mersmann 746

M50-54
3 Mile
Williams 18:02
Seiler 18:04
Nichols 19:06

1 Mile
Silver 5:13
Seiler 5:36
Barrar 5:48

880y
Wimberly 2:14
Laws 2:21
Jones 2:22

440y
Wimberly 60.4
Laws 60.8
Jones 62.6

120yH
Taylor 22.6
Spink 25.6

330yH
Taylor 57.0

Hammer
Fraundorfer 158-6
Gaskin 108-4
Bartenfeld 84-3

35# Weight
Fraundorfer 38-11
Gaskin 32-1½
Bartenfeld 22-4½

High Jump
Mulkey 5-3
Taylor 4-3
Barber 4-0

Long Jump
Taylor 14-7½
Bartenfeld 14-3/4
Spink 10-9½

Triple Jump
Mulkey 35-4½
Bartenfeld 30-5
Taylor 24-½

Javelin
Gaskin 108-0
Taylor 87-5
Bartenfeld 75-3

Pole Vault
Mulkey 12-0

Discus
Fraundorfer 131-6
Mulkey 129-3
Gaskin 97-9

Shot
Fraundorfer 46-6

Pentathlon
Taylor 964
Spink 419

M55-59
3 Mile
English 19:07

1 Mile
Walters 5:57
English 5:59

880y
Johnson ATC 2:37
Johnson BTC 2:45
Spalding 2:46

220y
Bradbury 28.5
Trubey 29.4
Hall 29.8

440y
Seiffert 61.3
Johnson ATC 64.5
Johnson BTC 70.2

100y
Schuler 11.2
Seiffert 11.9
Bradbury 12.4

120yH
Schuler 18.5

4x100y Relay
Atlanta TC 54.1
Birmingham TC 54.5

4x440y Relay
ATC 4:18
BTC 5:03

Medley Relay
ATC 4:36.1
BTC 5:10
West Florida Y 5:16

Hammer
Seiffert 60-7
Johnson BTC 46-9

35# Weight
Seiffert 22-6
Johnson BTC 17-11

High Jump
Seiffert 5-6
Revon 4-3
Spalding 2-6

Long Jump
Revon 14-10½
Seiffert 14-6
Bradbury 14-5 3/4

Triple Jump
Bradbury 30-2
Seiffert 29-10

Javelin
Revon 136-1
Deprano 97-11
Johnson BTC 87-0

Discus
Truby 82-7
Seiffert 80-10
Deprano 78-5

Shot
Seiffert 29-9½

Pentathlon
Seiffert 1443
Grey 472

M60-64
3 Mile
Eppright 19:35
Curry 21:42
Black 21:52

1 Mile
Eppright 5:57.6
Ray 6:46
Curry 7:04

880y
Rice 2:27
Ray 2:59
Curry 3:06

220y
Rice 28.7
Ray 31.2
Curry 34.8

440y
Rice 63.1
Ray 1:18.9
Black 1:22.2

100y
Kennell 14.2
Curry 14.7
Ray 15.9

120yH
Martin 18.9
Kennell 21.5

330yH
Martin 52.4

Hammer
Golowash 91-8
Black 51-11

35# Weight
Golowash 19-2½

High Jump
Kennell 4-0
Golowash 3-8
Black 3-6

Long Jump
Kennell 13-1½
Black 10-8½

Triple Jump
Kennell 25-2

Javelin
Golowash 74-5
Ray 58-11

Discus
Kennell 86-9
Golowash 84-7

Shot
Golowash 33-2
Curry 29-6½
Mancusi 23-7

M65-69
3 Mile
Lipscomb 20:19
Marshall 20:44
Vancell 21:14

1 Mile
Lipscomb 6:30.1
McRoy 7:20.0
Miller 8:34.0

880y
McRoy 4:00.6
Lipscomb 4:00.8

220y
Hull 28.2
Lipscomb 35.4
McRoy 36.6

440y
Hull 74.4
McRoy 1:19.0
Lipscomb 1:34.0

100y
Hull 12.7
Miller 14.9
Vancell 15.7

120yH
Hull 24.4

330yH
Hull 65.2

4x100y Relay
Birmingham TC 1:08.8
Birmingham TC 1:19.4

35# Weight
Nordgren 25-10½
Hull 15-10

High Jump
Hull 3-8
McRoy 2-6

Long Jump
Hull 12-10½

Triple Jump
Hull 21-8½

Javelin
Nordgren 139-3
Hull 76-9
McRoy 37-2

Discus
Nordgren 118-10
Hull 93-2
McRoy 50-0

Shot
Nordgren 36-10½
Hull 30-3½
Lipscomb 23-9½

Pentathlon
Hull 865

M30-34
3 Mile
LeCompte 20:37
Fernakes 21:38

1 Mile
Lempesis 5:44.8
Miller 6:25.3

880y
Seward 2:25.2
Lempesis 2:31.0
Strange 2:40.0

220y
Raymond 29.9
Seward 30.1
LeCompte 33.3

440y
Seward 65.9
Lempesis 67.0
Strange 68.6

100y
Raymond 13.0
Strange 13.5

120yH
Raymond 22.8

330yH
Raymond 63.6

High Jump
Raymond 4-0

Long Jump
Raymond 12-7
Strange 10-11½
LeCompte 10-9½

Javelin
Strange 58-3
Brasseale 41-3

Discus
Strange 54-3
Brasseale 53-5

Shot
Strange 21-6
Brasseale 17-5

M35-39
3 Mile
Barton 19:53
Anderson 21:34

1 Mile
Melton 5:47.7
Barton 6:21.2
Monroe 6:43.0

880y
Melton 2:34.8
Joffrion 2:54.0
Barton 2:55.0

220y
Melton 31.0
Joffrion 31.9
Ostoff 32.8

440y
Melton 1:07.3
Bidwell 1:11.5
Ostoff 1:13.4

100y
Raschker 11.41
Joffrion 12.60
Melton 14.30

120yH
Joffrion 22.6

4x100y Relay
Jacksonville TC 62.5
Birmingham TC 62.6
" 66.3

4x440y Relay
BTC 5:51.7

Medley Relay
BTC 5:44

High Jump Raschker Joffrion Anderson	4-10 4-0 3-3	880y South Harris	3:36 2:10	Shot Put William Burkle	29-1	W30-39 Long Jump Lucy Gecewitz	13-0	880y K. Fareau	2:42.0	220y E. Hobbs	32.1
Long Jump Joffrion Ostoff Melton	11-8 1/2 11-8 11-0	220y South Harris	45.6 46.4	Discus Steve Holmes W. Burkle	117-3 98-1	Shot Put Cynthia LeBlanc	21-3 1/2	W40-49 Long Jump E. Hobbs C. Parsi	13-1 8-3	880y B. Pike C. Parsi A. Hatch	2:36.0 2:43.0 2:50.8
Triple Jump Raschker Reinhart Anderson	34-6 19-4 18-9	440y South Harris	1:43.3 nt	Javelin Steve Holmes R. Pomeroy Pat Conley	164-9 132-6 111-3	Discus L. Gecewitz	66-2	Shot Put Bobby Ward Laurie Rothrock Audrey Boyle	27-4 1/2 25-8 24-2	W50-59 Shot Put C. Fulenwider Sally Goodhue	27-4 23-7 1/2
Javelin Henson Joffrion Grider	80-3 67-9 57-11	100y Harris South	19.1 19.4	Mile Al Devereaux Harold Hatch James Verdien	4:47.4 4:53.1 5:00.6	Javelin Carol Matteo Miller Sandy	70-9 49-0	Discus L. Rothrock A. Boyle B. Ward	77-1 71-5 71-4	Discus C. Fulenwider Pat McGee	58-2 46-11
Discus Henson Harris Cole	74-9 65-0 52-0	High Jump Harris	2-6	100y John Whelan Gary Giragosian R. Pomeroy	11.5 11.7 11.9	100y Jennifer Pinto Lee Trench Lu. Gecewitz	13.0 13.5 13.8	Javelin B. Ward L. Rothrock B. Pike	76-8 59-9 58-8	100y S. Goodhue Elizabeth Shawloski P. McGee	15.8 16.4 17.1
Shot Henson Raschker Harris	26-6 22-7 21-3	Discus Harris South	49-7 31-0	440y Bill Simons Bob Chinchillo Andy Bows	56.6 60.6 61.7	440y B. Huber S. Hall Marian Spencer	1:12.0 1:12.7 1:18.3	Mile Andrea Hatch	6:04.6	440y Evelyn Hobbs Cora Parry A. Boyle	13.8 15.7 16.2
W40-44 3 Mile Rodgers Emmons DeBolt	18:11 20:05 22:34	Shot Harris	15-5	220y B. Simons Dave Elliot John Parent	25.7 26.5 27.4	220y J. Pinto Lee Trench B. Huber	29.8 31.6 34.3	100y Evelyn Hobbs Cora Parry A. Boyle	13.8 15.7 16.2	220y E. Shawloski P. McGee	84.7 38.6 42.0
880y Rodgers Clarke Mancusi	2:37.1 3:13.7 3:30.0	W55-59 3 Mile Tanner	23:19	880y Bill Masuck H. Hatch Ron Dean	2:14.0 2:15.6 2:17.1	W30-39 Long Jump Charles Kraemer	5-0	440y B. Pike Carrie Parisi	69.6 72.4	880y S. Goodhue	2:58.0
220y Birmingham Martin DeBolt	32.1 35.8 37.0	W60-64 220y McRoy	57.9	Long Jump F. Barous D. Sullivan R. Packard	16-11 3/4 14-0 12-1/2	Long Jump F. Barous D. Sullivan R. Packard	16-11 3/4 14-0 12-1/2				
440y Rodgers Birmingham DeBolt	1:08.5 1:15.0 1:26.0	440y McRoy	2:52	Shot Put Jim Rothrock C. Kraemer Matt Boyle	40-10 31-10 31-2	Shot Put Jim Rothrock C. Kraemer Matt Boyle	40-10 31-10 31-2				
100y Birmingham Martin DeBolt	14.6 15.6 16.3	Long Jump McRoy	6-1/2	Discus J. Rothrock M. Boyle C. Kraemer	109-7 86-7 83-5	Discus J. Rothrock M. Boyle C. Kraemer	109-7 86-7 83-5				
High Jump Martin	2-6	Javelin Nordgren McRoy	32-9 30-10	Javelin J. Rothrock Dick Sullivan R. Packard	157-6 86-9 65-1	Javelin J. Rothrock Dick Sullivan R. Packard	157-6 86-9 65-1				
Long Jump Birmingham Martin Clarke	11-2 8-7 1/2 2-9	Shot McRoy Nordgren	16-4 16-1	Mile Joe O'Connor Len Rickenburg Jack Nyham	5:08.5 5:37.6 6:15.2	Mile Joe O'Connor Len Rickenburg Jack Nyham	5:08.5 5:37.6 6:15.2				
Javelin Martin Cris	46-3 40-4	WALTHAM MASTERS MEET WALTHAM, MASS.; 6/16/84		100y Louis Smith Frank Barous M. Boyle	12.3 12.5 13.0	100y Louis Smith Frank Barous M. Boyle	12.3 12.5 13.0				
Discus Martin Clark	53-10 43-6	M30-39 High Jump Dana Boardman Walter Clark John Tracey	5-6 5-3 5-0	440y L. Smith Larry Patz D. Sullivan	60.0 65.4 68.4	440y L. Smith Larry Patz D. Sullivan	60.0 65.4 68.4				
Shot Mancusi Martin Clark	20-8 1/2 20-3 16-9	Long Jump T. Murphy J. Kenny W. Clark	20-0 19-5 1/2 19-4 1/2	220y L. Smith L. Patz	26.9 30.2	220y L. Smith L. Patz	26.9 30.2				
W45-49 3 Mile Parker Howell Howard	18:27 23:30 23:38	Shot Put Ken Woodard D. Boardman Joel Herskowitz	34-8 1/2 34-6 1/2 31-4 1/2	880y Joe O'Connor Len Rickenburg D. Sullivan	2:26.7 2:35.0 2:43.0	880y Joe O'Connor Len Rickenburg D. Sullivan	2:26.7 2:35.0 2:43.0				
880y Wandsnider Howell	3:08 3:26	Discus Bill Currier Jim Kemmey J. Herskowitz	109-11 87-5 85-0	M60+ High Jump Boo Morcom Vernon Mattson	5-0 3-11	M60+ High Jump Boo Morcom Vernon Mattson	5-0 3-11				
220y Howard	40.5	Javelin B. Currier Frank Champi Rober Hazel	203-8 199-6 86-7	Long Jump V. Mattson R. Sorlien W. Carmen	14-1 3/4 13-11 13-4 1/2	Long Jump V. Mattson R. Sorlien W. Carmen	14-1 3/4 13-11 13-4 1/2				
440y Howell Howard	1:33.5 1:49.5	Mile Mike Morrissey Bob Mahoney David Wood	4:43 4:48 4:49	Shot Put Nat Heard Jerry Battick	45-2 1/2 43-5 1/2	Shot Put Nat Heard Jerry Battick	45-2 1/2 43-5 1/2				
100y Kent Wandsnider Howell	15.5 17.3 18.3	100y Neil Steinberg Steve Weisman Roger Pierce	10.3 11.1 11.3	Discus Boo Morcom Jerry Battick	123-5 117-3	Discus Boo Morcom Jerry Battick	123-5 117-3				
4x100y Relay Birmingham TC	1:17	440y Joe Kopka Dave Larson Bob Littlefield	53.0 54.4 56.5	Javelin Boo Morcom Don Knapp Robert Mulliken	100-10 86-0 75-10	Javelin Boo Morcom Don Knapp Robert Mulliken	100-10 86-0 75-10				
4x440y Relay BTC	6:58	220y N. Steinberg J. Kopka B. Littlefield	24.0 24.4 24.6	Mile Carl Hammen Joseph Gigante Arthur Ballou	6:16.6 6:37.8 6:49.1	Mile Carl Hammen Joseph Gigante Arthur Ballou	6:16.6 6:37.8 6:49.1				
Medley Relay BTC	6:43	880y Walter Clark Ralph Moschella M. Morrissey	2:06.4 2:09.0 2:11.1	100y Nat Heard Vernon Mattson Robert Sorbien	13.0 13.1 13.4	100y Nat Heard Vernon Mattson Robert Sorbien	13.0 13.1 13.4				
Long Jump Kent Howell Wandsnider	11-1/2 8-0 6-3	M40-49 High Jump Charles Varnet Ron Smith Rick Murdock	5-0 4-5 3-11 1/2	440y Bill Carmen Jim Boudreau	69.8 93.0	440y Bill Carmen Jim Boudreau	69.8 93.0				
Javelin Howell Howard	41-9 35-11	220y Charles Varnet Ron Smith Rick Murdock	5-0 4-5 3-11 1/2	Shot Howell Howard Wandsnider	18-1 1/2 17-8 1/2 16-9	Shot Howell Howard Wandsnider	18-1 1/2 17-8 1/2 16-9				
Discus Kent Howard Howell	63-0 46-0 45-6	Long Jump Roy Pomeroy J. Parent J. Whelan	17-1 1/2 15-5 15-4	W50-54 3 Mile South	26:02	W50-54 3 Mile South	26:02				

SOUTHWEST REGIONAL MASTERS CHAMPIONSHIPS
University of Texas-Arlington
June 23, 1984

100 METERS

W35 DEBBIE SPENCER	15.09	W50 JO ANN MCMAHAN	18.86	M-OPEN MIKE BURTON	11.6
SHELBY FLYE	NT				
M30 T.J. LESTER	10.74	M35 J.B. HAGGERTY	10.8	M40 LEE SMITH	11.34
WILLARD THOMPSON	10.77	JAMES VICKS	11.57	JAMES HURD	11.59
RUSSELL AUSTIN	11.08	RICHARD MURCHISON	11.73	HANS GORDON	11.63
M45 DALE LANCE	11.66	THANE BAKER	11.25	VAN TURNER	13.09
JOHN WEST	11.9	NORMAN WELLS	13.1	DEE ROY	13.11
BOB MCGLASHAN	12.19	DON MCKINNEY	13.1	JAMES HOLLOWAY	13.51
M60 MAX GOLDSMITH	13.37	JEFF BLOOMFIELD	14.51	M70 OMER HIX	15.06
TIM MURPHY	14.01	W.J. SELDON	14.99		
AMP MILLER	17.07	JIM SONDGEROTH	15.08		

200 METERS

W35 DEBBIE SPENCER	32.6	W50 JO ANN MCMAHAN	41.7	M-OPEN DOUG HENLEY	22.75
				ERNIE STULL	23.53
M30 WILLARD THOMPSON	22.31	M35 J.B. HAGGERTY	22.49	MIKE BURTON	23.55
T.J. LESTER	22.56	CLIFTON JACKSON	22.93	M40 ROY TURNER	23.2
		JAMES VICKS	23.4	LEE SMITH	23.48
M45 JOHN WEST	24.52	THANE BAKER	23.51	PAT MITCHELL	25.5
MACK STEWART	24.75	OCIE BOYERS	25.34	M55 VAN TURNER	27.93
DALE LANCE	24.84	JOE MURPHY	27.2	WINN TALLEY	28.34
M60 MAX GOLDSMITH	28.28	W.J. SELDON	32.1	CHESTER STUDDARD	28.88
LEONARD WRAY	32.47	JEFF BLOOMFIELD	37.48	M70 OMER HIX	31.9
RICHARD WHITTINGTON	33.27	CHANO RIVERA	40.4		

400 METER HURDLES

M-OPEN ERNIE STULL	56.14	M30 EDDIE EBERHART	53.61	M40 DAVE DENNISON	58.20
DALE SMITH	60.52				
M50 JOE MURPHY	67.60	M70 OMER HIX	NT		
NORMAN WELLS	68.63				

1600 METER RELAY

M30 SPACE CITY - HOUSTON: AUSTIN, MITCHELL, BENNETT, GRANT	3:25.8
DALLAS MASTERS: HALL, SPENCER, ORTIZ, EBERHART	3:33.1
M40 DALLAS MASTERS: HEITZENRATER, HAGER, TIMBERLAKE, TURNER	3:41.9

LONG JUMP

M-OPEN MIKE BURTON	16-6 1/2	M30 RICK THOMAS	22-4	M35 CLIFTON JACKSON	18-10
		CLIFF MCBRIDE	19-6 1/2		
M40 LEE SMITH	18-8 1/2	RUSSELL AUSTIN	17-7 1/2	M50 DON MCKINNEY	14-7 1/2
		M45 DALE LANCE	16-5 1/2	M70 OMER HIX	10-10
		BOB MCGLASHAN	15-10 1/2		
M55 DEE ROY	14-4 1/2	JERRY WRIGHT	14-9		
		M65 CHARLES HAYDEN	12-4		
M-OPEN PETER HLAVIN	6-7	M40 JIM CUTHBERTSON	4-6	M45 BOB MCGLASHAN	5-4
MARK CARPENTER	4-0	TONY PEDRAZA	3-8	M60 LEONARD WRAY	3-11
M50 NORMAN WELLS	4-8	M55 BOB RICHARDS	4-8		
DON MCKINNEY	3-0	JOE THOMAS	3-0		
M65 CHARLES HAYDEN	4-0	M70 OMER HIX	4-0		

continued on next page

TRIPLE JUMP

M-OPEN		M40		M45	
MARK CARPENTER	30-8	HANS GORDON	36-7	BOB MCGLASHAN	32-3
		JIM CUTHBERTSON	23-4	JERRY WRIGHT	28-6
M50		M55		M60	
NORMAN WELLS	29-5	DEE ROY	30-3	CHARLES HAYDEN	26-0
		JOE THOMAS	21-4		
M70					
OMER HIX	23-8				

400 METERS

W-OPEN		M30		M35	
BECKY MCLENNY	57.3	PETER BRAZIER	50.38	J.B. HAGGERTY	49.8
		RUSSELL AUSTIN	50.66	JAMES VICKS	51.52
		HERSTON HALL	53.7	WILLIE SMITH	52.74
M40		M45		M50	
ROY TURNER	51.76	PAUL JOHNSON	56.17	OCIE BOYERS	58.47
JAMES HURD	54.64	RAY BOWDEN	64.2		
JERRY DUNN	55.59				
M55		M60		M65	
CHESTER STUDDARD	67.35	MIKE KAGAN	74.4	JEFF BLOOMFIELD	78.0
JAMES HOLLOWAY	69.7	RICHARD WHITTINGTON	75.56	CHANO RIVERA	94.4

800 METERS

W-OPEN		W40		M-OPEN	
RENEE ROWELL	2:30.3	MARY JO GILLASPY	2:50.1	AMERON BYRD	1:54.0
				MARVIN RANEY	2:00.7
				DALE LONDOS	2:06.3
M30		M35		M40	
HORACE GRANT	1:54.7	HECTOR ORTIZ	2:06.1	GENE TIMBERLAKE	2:01.5
ALBERT MITCHELL	2:00.7	JOHN HEATHERINGTON	2:10.0	DALE HAGER	2:02.5
MIKE MCCracken	2:01.6	JACK LOFFE	2:13.5	RICHARD HEITZENRATER	2:09.8
M45		M50		M55	
HACK STEWART	2:03.3	JIMMIE TENNISON	2:19.2	RICHARD WIDENER	2:27.4
RAY BOWDEN	2:41.9	RONALD MASON	2:33.9		
M60		M65			
JOHN ALEXANDER	2:41.4	CHANO RIVERA	3:54.5		
MIKE KAGAN	2:58.5				

1500 METER

W-OPEN		W40		M-OPEN	
YVONNE RIEMAN	5:00.2	MARY JO GILLASPY	5:28.0	DALE LONDOS	4:06.5
SHARON NELSON	5:14.1			MARK KRUG	4:13.9
				FRANCISCO CERVANTES	4:19.7
M30		M35		M40	
RICK MCMAHON	4:17.2	HECTOR ORTIZ	4:07.4	GENE TIMBERLAKE	4:08.8
RUSSELL FLOYD	4:24.0	JACK LOFFE	4:35.1	DALE HAGER	4:35.7
		WALTER HARRIS	4:39.1		
M50		M55		M60	
JIMMIE TENNISON	4:39.4	RICHARD WIDENER	5:06.0	MIKE KAGAN	6:19.2
JOHN STAYTON	4:48.0				
JUNIOR MORGAN	5:17.7				
M65					
CHANO RIVERA	7:33.4				

110 METER HURDLES

M-OPEN		M40		M45	
JON RAGLAND	14.8	DAVE DENNISON	16.11	DALE LANCE	16.05
DALE SMITH	15.8				
M50		M70			
JOE MURPHY	16.99	OMER HIX	21.14		
NORMAN WELLS	18.28				

POLE VAULT

M35		M40		M55	
JOHN YOUNG	7-6	JIM CUTHBERTSON	6-3	BOB RICHARDS	10-11
				JAMES HOLLOWAY	6-6
				JOE THOMAS	5-6

SHOT PUT

M-OPEN		M35		M40	
MARK CARPENTER	32-7	BRILL STEWART	42-2	DONALD DANSEREAU	42-3
MIKE BURTON	31-4	JERRY POULSON	36-5	DAN HOUTMAN	42-2
				RIEDE HANS-PETER	31-5
M50		M55		M60	
WENDELL PALMER	41-9	BOB RICHARDS	39-7	LEONARD WRAY	36-1
JACK ERICKSON	37-1	JOE THOMAS	28-10		
LARRY KNIGHT	35-8				
M65		M70		M75	
GORDON NORDGREN	37-0	ED BOST	30-8	ALFORD SEALEY	22-10
CHARLES HAYDEN	36-1				

DISCUS

M-OPEN		M35		M40	
MARK CARPENTER	69-9	BRILL STEWART	122-1	DAN HOUTMAN	120-10
		JERRY POULSON	112-6	DONALD DANSEREAU	110-8
		BOB EVEROSKI	89-5	DARL LOCKE	108-6
M50		M55		M60	
WENDELL PALMER	160-1	BOB RICHARDS	116-10	LEONARD WRAY	106-6
JACK ERICKSON	114-3	JOE THOMAS	73-6		
LARRY KNIGHT	94-4				
M65		M75			
GORDON NORDGREN	133-0	ALFORD SEALEY	52-7		
CHARLES HAYDEN	98-3				

JAVELIN

M-OPEN		M30		M35	
BOBBY RAWLS	176-2	GLEN PERE	190-3	JERRY POULSON	157-1
MARK CARPENTER	93-8				
		M50		M55	
DONALD DANSEREAU	172-1	WENDELL PALMER	146-6	BOB RICHARDS	128-9
RONNIE RAWLS	154-9	LARRY KNIGHT	92-6	JOE THOMAS	73-2
RIEDE HANS-PETER	152-10				
M65		M75			
GORDON NORDGREN	144-0	ALFORD SEALEY	53-7		

17TH ANNUAL TAC EASTERN MASTERS TRACK & FIELD CHAMPIONSHIPS -
GEORGETOWN UNIVERSITY - JUNE 23, 23 1984CONDUCTED BY POTOMAC VALLEY SENIORS TRACK CLUB
*-TAC EASTERN MASTERS MEET RECORD

100M DASH

DA: MEN					
1. WALTON, ALFONZO M.	(33)	PVSTC	11.0		
2. HUGHES, JEFFREY L.	(34)	VA. TC	11.5		
3. TALLEY, LEMUEL T.	(33)	PVSTC	11.4		
4. GALLOWAY, LEROY M.	(31)	HARRISBURG PA	11.8		
5. SALAH, HOWARD ALI	(33)	SHADAZZ TC	12.4		

800 METER

DA: MEN					
1. RAY, CLARENCE	(39)		11.00		
2. WILSON, JAMES L.	(35)	PHILA. MASTERS	11.2		
3. OVERBY, WILLIAM	(36)	N.Y. PIONEERS	11.2		
4. HAWKINS, STANLEY W.	(35)	PVSTC	11.3		
5. MALIK, THOMAS E.	(35)	GREER SC	11.4		
6. OVERTON, ROBERT E.	(37)	SHORE AC	11.8		
7. WALLTOVER, ULYSSES	(37)	PVSTC	12.1		
8. JOHNSON JR., LOUIS W.	(34)	VA. TC	12.2		

1A: MEN

1. WILLIAMS, ROBERT A.	(43)	PLAINFIELD NJ	11.5		
2. BARTON, JAMES J.	(43)	PHILA. MASTERS	11.6		
3. ADATONI, BHAKIRI B.	(44)	CAMDEN NJ	12.0		
4. ROBINSON, RUSSELL L.	(42)	N.Y. MASTERS	12.1		
5. GRANT, CARL	(43)	PVSTC	12.3		
6. KOONTZ, ROBERT	(40)		13.4		
7. CLIFFORD, JOHN	(41)	SPARTINA TC	13.4		
8. HODGE, JIM A.	(44)	PHILA. MASTERS	13.6		

1B: MEN

1. BARNWELL, MELVIN	(45)	N.Y. PIONEERS	12.1		
2. COLBERT, LARRY I.	(47)	PVSTC	12.2		
3. MCCOMBS, ERNIE M.	(46)	PHILA. MASTERS	12.4		
4. RIZZO, RICHARD	(47)	N.Y. PIONEERS	12.5		
5. LINGENFELTER, THOMAS A.	(45)	PHILA. MASTERS	13.5		

1A: MEN

1. BROWN, NATT	(50)	SHORE AC	12.6		
2. PRATT SR., LAURENCE R.	(52)	CINNAMINSON NJ	13.0		
3. BROOKS, THOMAS	(50)	N.Y. PIONEERS	13.5		
4. PARKER, ROGER L.	(50)	PVSTC	13.5		
5. WALL, JOHN D.	(52)	VIENNA VA	13.9		

1B: MEN

1. CONEN, ALAN D.	(55)	N.Y. MASTERS	13.8		
2. SCHLEOFF, NILTON	(57)	BALTIMORE MD	15.5		

1A: MEN

1. HARRIS, OSCAR M.	(40)	PHILA. MASTERS	13.7		
2. HANNO, JIM	(43)	NO. JER. MASTERS	14.4		
3. TOBER, BERNARD	(40)	PVSTC	14.9		

1B: MEN

1. LAUER, DAVID W.	(45)	N.Y. MASTERS	13.8		
2. NIEBEL, HAROLD M.	(49)	PVSTC	15.7		
3. KOFFITT SR., ROBERT D.	(48)	PVSTC			

1A: MEN

1. CRANSTON, ALAN	(70)	PVSTC	14.7		
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1B: MEN

1. D'ELIA, MANFRED	(74)	NO. JER. MASTERS	15.8		
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1A: MEN

1. MEYERS, RUSSELL	(80)	PENSACOLA FL	14.5		
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1B: MEN

1. PINTO, JENNIFER V.	(36)	N.Y. MASTERS	13.9		
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1A: MEN

1. BROWN, CARMEN	(41)	ATOMS	13.6		
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1B: MEN

1. FITZGERALD, MARILYN E.	(49)	OLD BRIDGE NJ	14.6		
2. CIRULNICK, ANNE	(49)	N.Y. MASTERS	17.0		

1A: MEN

1. TOBER, JO R.	(54)	PVSTC	20.3		
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1B: MEN

1. NELSON, VIVIAN	(71)	SHORE AC	20.7		
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200M DASH

DA: MEN					
1. WALTON, ALFONZO M.	(33)	PVSTC	22.8		
2. HUGHES, JEFFREY L.	(34)	VA. TC	23.6		
3. THOMAS, SCOTT	(32)	SHORE AC	23.9		
4. RECKEFUS, STEVE A.	(30)	PVSTC	24.3		
5. TURNSTALL, TAYLOR B. JR.	(34)	PHILA. MASTERS	24.6		
6. CLASH, CORNELL E.		COLUMBIA MD	28.2		

800 METER

DA: MEN					
1. RAY, CLARENCE	(39)		23.1		
2. OVERBY, WILLIAM	(36)	N.Y. PIONEERS	23.8		
3. MALIK, THOMAS E.	(35)	GREER SC	24.1		
4. HAWKINS, STANLEY W.	(35)	PVSTC	24.2		
5. HENDERSON, THOMAS	(36)	ED WATERS TC	25.2		
6. JOHNSON JR., LOUIS W.	(34)	VA. TC	25.3		
7. ATWILL, WILLIAM D.	(36)	SPARTINA TC	25.7		

1A: MEN

1. BYCE, DENNIS A.	(40)	N.Y. PIONEERS	23.0		
2. ADATONI, BHAKIRI B.	(44)	CAMDEN NJ	23.4		
3. WILLIAMS, ROBERT A.	(43)	PLAINFIELD NJ	23.4		
4. STANFORD, ROBERT A.	(43)	N.Y. PIONEERS	24.4		
5. BARTON, JAMES J.	(43)	PHILA. MASTERS	24.6		
6. GRANT, CARL	(43)	PVSTC	24.8		
7. BROWN, ROBERT	(40)	N.Y. PIONEERS	25.4		

1B: MEN

1. SMALL, EDWARD	(44)	N.Y. PIONEERS	24.3		
2. BARNWELL, MELVIN	(45)	N.Y. PIONEERS	24.5		
3. COLBERT, LARRY I.	(47)	PVSTC	24.6		
4. RIZZO, RICHARD	(47)	N.Y. PIONEERS	25.3		
5. MCCOMBS, ERNIE M.	(46)	PHILA. MASTERS	25.8		
6. SUID, LAURENCE M.	(45)	PVSTC	31.7		

1A: MEN

1. BROWN, NATT	(50)	SHORE AC	25.5		
2. PARKER, ROGER L.	(50)	PVSTC	27.8		

1B: MEN

1. SMITH, LOUIS J.	(55)	BOSTON MA	27.1		
2. CONEN, ALAN D.	(55)	N.Y. MASTERS	28.5		

1A: MEN

1. HANNO, JIM	(43)	NO. JER. MASTERS	30.3		
2. HARRIS, OSCAR M.	(40)	PHILA. MASTERS	30.5		

1B: MEN

1. LAUER, DAVID W.	(45)	N.Y. MASTERS	29.1		
2. ZATAS, CARL	(68)	N.Y. MASTERS	34.7		

1A: MEN

1. D'ELIA, MANFRED	(74)	NO. JER. MASTERS	35.4		
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1B: MEN

1. MEYERS, RUSSELL	(80)	PENSACOLA FL	37.2		
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800 METER

DA: WOMEN					
1. CLAIR, BETTY	(33)	N.Y. MASTERS	29.9		
DB: WOMEN					
1. PINTO, JENNIFER V.	(36)	N.Y. MASTERS	29.3		
IA: WOMEN					
1. BROWN, CARMEN	(41)	ATOMS	27.3		
2. PASHKIN, SANDY	(41)	N.Y. MASTERS	30.9		

1B: WOMEN

1. FITZGERALD, MARILYN E.	(49)	OLD BRIDGE NJ	29.9		
2. WILLIS, PATRICIA S.	(48)	PVSTC	40.3		

1A

11A: MEN		
1. SUTTON, JIM	(52)	PHILA. MASTERS 4:29.00
2. HARRIS, E.F.	(50)	MO. CAR. TC 4:31.0
3. GLATZ, RUSS W.	(52)	CHAPL HILL NC 5:11.0
11B: MEN		
1. KANIA, HERBERT	(55)	N.Y. MASTERS 4:44.00
2. BROWN, KELSEY T.	(56)	MO. JER. MASTERS 4:49.0
3. PHILLIPS, CHARLES A.	(55)	PVSTC 5:07.0
4. COHEN, ALAN B.	(55)	N.Y. MASTERS 5:39.0
11A: MEN		
1. MESSENGER, ARCHIE A.	(61)	N.Y. MASTERS 4:56.0
2. ENGLERT, ROY T.	(61)	SPRINGFIELD VA 4:51.0
11B: MEN		
1. BENHAN, ED. W.	(76)	PVSTC 4:03.00
1A: WOMEN		
1. BEYER, JIMMY E.	(42)	PVSTC 5:27.0
1A: WOMEN		
1. KANIA, NILA	(53)	N.Y. MASTERS 5:33.0
5000M RUN		
DA: MEN		
1. LUTREY, SCOTT A.	(30)	MASTER KEYS 14:50
2. MARTIN, ELLIS G.	(73)	PIONEER AC 19:12
DB: MEN		
1. BARE, JIM	(37)	U.S. NAVY TEAM 15:42
2. LOUE, RANDY	(35)	CENT. PARK TC 14:29
IA: MEN		
1. DYLER, NORMAN L.	(41)	SO. CAL. STRDS. 14:19
2. SICKELS, GLEN	(40)	PVSTC 18:09
3. SZAULOWSKI, PETER	(41)	BOSTON AA 18:30
IB: MEN		
1. FLEMING, MICHAEL M.	(40)	PVSTC 19:34
IIA: MEN		
1. PFLAGING, FRANK	(51)	REISTERTOWN MD 16:38
11B: MEN		
1. COHEN, ALAN B.	(55)	N.Y. MASTERS 21:49
10000M RUN		
DA: MEN		
1. WIND, J.J.	(34)	WASH. RUN. CLUB 34:05.2
2. MARTIN, ELLIS G.	(34)	PIONEER AC 39:18.2
IA: MEN		
1. WINN, DAVID	(41)	GRTR ROCHESTER 34:26.1
2. SICKELS, GLEN	(40)	PVSTC 38:09.0
IB: MEN		
1. JANDORSKY, RICHARD J.	(47)	GNATS 35:15.8
2. KURIHARA, THOMAS M.	(48)	PVSTC 37:31.4
HIGH HURDLES		
DA: MEN (39")		
1. GALLOVAY, LEROY M.	(31)	HARRISBURG PA 14.0
2. TAYLOR, NATHAN	(31)	VA. TC 14.4
3. WILLIAMS, EUGENE	(33)	MASTER KEYS 19.5
DB: MEN (39")		
1. HALIK, THOMAS E.	(35)	GREER SC 14.10
2. HEADOUS, WILLIAM T.	(38)	PHILA. MASTERS 16.3
3. BLACK, IVAN G.	(35)	NEW YORK AC 19.7
IA: MEN (39")		
1. GOMILLION, T.M.	(41)	PVSTC 14.4
2. FASSETTE, J.V.	(42)	SHORE AC 18.5
3. BUSBY, WILLIAM J.	(40)	THOMASVILLE NC 18.6
IB: MEN (39")		
1. BLODGETT, THOMAS M.	(45)	N.Y. MASTERS 17.6
2. BRADLEY, JAMES	(48)	PVSTC 21.2
3. BONIGIAN, HAIG	(48)	N.Y. MASTERS 23.4
IIA: MEN (36")		
1. CLARK, WILLIAM A.	(51)	PHILA. MASTERS 17.4
2. PRATT SR., LAWRENCE R.	(52)	CINNAMINSON NJ 18.3
3. CARLE, U.M.	(52)	PVSTC 19.0
11B: MEN (36")		
1. KELLY, JOSEPH M.	(55)	N.Y. MASTERS 20.5
2. KELLY, GENE	(56)	SHORE AC 21.7
3. MARTIN, JOHN D.	(57)	PVSTC 22.4
IIIA: MEN-30" 110M		
1. HARRIS, DON S.	(61)	PHILA. MASTERS 21.7
11B: MEN-33" 110M		
1. MIEBEL, HAROLD M.	(69)	PVSTC 21.7
VA: MEN (30" 100M)		
1. MEYERS, RUSSELL	(80)	PENSACOLA FL 20.2
400M INT. HUR.		
DA: MEN (36")		
1. WILLIAMS, EUGENE	(33)	MASTER KEYS 70.3
DB: MEN (36")		
1. HEADOUS, WILLIAM T.	(38)	PHILA. MASTERS 45.10
IA: MEN (33")		
1. GOMILLION, T.M.	(41)	PVSTC 41.4
2. BUSBY, WILLIAM J.	(40)	THOMASVILLE NC 48.2
IB: MEN (33")		
1. BRADLEY, JAMES	(48)	PVSTC 43.7
2. RIZZO, RICHARD	(47)	N.Y. PIONEERS 45.2
3. BONIGIAN, HAIG	(48)	N.Y. MASTERS 73.9
IIA: MEN (33")		
1. ENDERS, RUDY A.	(52)	PVSTC 41.90
2. CLARK, WILLIAM A.	(51)	PHILA. MASTERS 44.1
3. CARLE, U.M.	(52)	PVSTC 70.1
11B: MEN (33")		
1. KELLY, JOSEPH M.	(55)	N.Y. MASTERS 73.7
2. KELLY, GENE	(56)	SHORE AC 74.4
3. MARTIN, JOHN D.	(57)	PVSTC 78.1
IIIA: MEN (30")		
1. HARRIS, DON S.	(61)	PHILA. MASTERS 1:30.3
IVA: MEN (30")		
1. BOAL, ROBERT S.	(72)	PVSTC 1:30.9
STEEPLECHASE		
DA: MEN (3000M)		
1. LUTREY, SCOTT A.	(30)	MASTER KEYS 11:21.7
IA: MEN (3000M)		
1. KATE, RICHARD	(43)	N.Y. MASTERS 14:29.6
IB: MEN (3000M)		
1. KURIHARA, THOMAS M.	(48)	PVSTC 11:47.40
2. GUNTHER, DAUTM	(48)	N.Y. MASTERS 12:41.4
IIIA: MEN (3000M)		
1. KELLEY, FRANCIS J.	(62)	PVSTC 13:03.4
IVA: MEN (2000M)		
1. BOAL, ROBERT S.	(72)	PVSTC 9:34.20
5K RACEWALK		
DA: MEN		
1. PRICE, ALAN	(37)	PVSTC 23:34
2. LATTARULO, GEORGE B.	(34)	MO. HEDFORD 29:51
IA: MEN		
1. BRADLEY, GEORGE A.	(42)	N.Y. MASTERS 33:11

11B: MEN		
1. ULRICH, PETER B.	(46)	PVSTC 27:49
2. TINKHNS, ROBERT	(52)	28:29
3. VALIENTE, RONALD A.	(53)	N.Y. MASTERS 30:34
IIA: MEN		
1. BOITANO, JACK J.	(51)	N.Y. MASTERS 26:140
2. FINE, ROBERT B.	(53)	N.Y. MASTERS 28:54
3. HOLMAN, JOEL P.	(53)	PVSTC 30:14
4. MILLMAN JR., WILLIAM A.	(54)	PVSTC 32:50
11B: MEN		
1. HIRM, ROBERT F.	(59)	SHORE AC 26:370
2. FORTNA, JOHN B.E.	(55)	PVSTC 34:25
IIIA: MEN		
1. MELLER, GEORGE	(62)	MO. JER. MASTERS 30:52
11B: MEN		
1. JOHNSON, DONALD E.	(67)	SHORE AC 30:520
2. SEEGER, EDWARD G.	(68)	FALLS CHURCH VA 33:52
3. LUKES, RICHARD E.	(65)	PVSTC 34:08
4. WOOD, HILFORD W.	(69)	PVSTC 40:22
IVA: MEN		
1. BRAZIN, HARRY	(70)	SHORE AC 33:440
2. LAKRITZ, DAVID	(74)	N.Y. MASTERS 34:52
11B: MEN		
1. FAIRBANKS, PAUL	(77)	PVSTC 34:180
DA: WOMEN		
1. THOMPSON, LINDA	(32)	WASHINGTON DC 34:14
IA: WOMEN		
1. HARTZ, MARSHA M.	(44)	PVSTC 33:290
IB: WOMEN		
1. KELLEY, DOROTHY J.	(48)	N.Y. MASTERS 29:370
2. WILLIS, PATRICIA S.	(48)	PVSTC 34:22
3. LAUTER, RONDA F.	(49)	N.Y. MASTERS 43:10
11B: WOMEN		
1. WITT, HENRIETTA	(57)	43:37
20K RACEWALK		
DA: MEN		
1. SAVILONIS, BRIAN J.	(34)	CENT. MASS. STRID 1:45:310
DB: MEN		
1. PRICE, ALAN	(37)	PVSTC 1:50:440
2. LATTARULO, GEORGE B.	(34)	MO. HEDFORD 2:12:59
IA: MEN		
1. DEALL, HERBERT	(44)	CENT. MASS. STRDS 2:07:130
2. BRADLEY, GEORGE A.	(42)	N.Y. MASTERS 2:27:38
IB: MEN		
1. TINKHNS, ROBERT	(52)	2:02:370
2. ULRICH, PETER B.	(46)	PVSTC 2:03:24
3. VALIENTE, RONALD A.	(53)	N.Y. MASTERS 2:14:08
IIA: MEN		
1. FINE, ROBERT B.	(53)	N.Y. MASTERS 2:04:270
2. HOLMAN, JOEL P.	(53)	PVSTC 2:09:08
3. MILLMAN JR., WILLIAM A.	(54)	PVSTC 2:20:29
4. CRONEBERG, CARL G.	(54)	PVSTC 2:27:24
11B: MEN		
1. HIRM, ROBERT F.	(59)	SHORE AC 2:01:480
IIIA: MEN		
1. MELLER, GEORGE	(62)	MO. JER. MASTERS 2:11:050
11B: MEN		
1. JOHNSON, DONALD E.	(67)	SHORE AC 2:27:200
2. LUKES, RICHARD E.	(65)	PVSTC 2:55:11
IVA: MEN		
1. BRAZIN, HARRY	(70)	SHORE AC 2:30:360
2. LAKRITZ, DAVID	(74)	N.Y. MASTERS 2:31:41
DA: WOMEN		
1. CICCONE, DIANE	(31)	N.Y. MASTERS 2:23:360
2. HANTIER, JUDY W.	(30)	MANASSAS VA 2:32:17
IA: WOMEN		
1. HARTZ, MARSHA M.	(44)	PVSTC 2:38:140
IB: WOMEN		
1. KELLEY, DOROTHY J.	(48)	N.Y. MASTERS 2:08:550
2. WILLIS, PATRICIA S.	(48)	PVSTC 2:39:41
HIGH JUMP		
DA: MEN		
1. WECKSTEIN, DANIEL R.	(30)	VA. TC 5'10"
DB: MEN		
1. ZACHARKA, ALVIN P.	(37)	SHORE AC 5'8"
2. HEADOUS, WILLIAM T.	(38)	PHILA. MASTERS 5'8"
IA: MEN		
1. VALLE, MIKE M.	(43)	GREENSBORO PCST 4'10"
IB: MEN		
1. JUDD, LARRY F.	(45)	N.Y. MASTERS 5'2"
IIA: MEN		
1. CLARK, WILLIAM A.	(51)	PHILA. MASTERS 5'2"
2. PRATT SR., LAWRENCE R.	(52)	CINNAMINSON NJ 5'0"
3. CARLE, U.M.	(52)	PVSTC 4'10"
11B: MEN		
1. JACKSON, WARREN G.	(55)	HARTSDALE NY 4'7"
IIIB: MEN		
2. SHAW, ELNER	(67)	SYRACUSE CHRGERS 3'6"
IVA: MEN		
1. BOAL, ROBERT S.	(72)	PVSTC 4'0"
POLE VAULT		
DA: MEN		
1. MEYERS, ROBERT KEVIN	(30)	PINNACLE AC 15'0"
2. TAYLOR, NATHAN	(31)	VA. TC 11'0"
DB: MEN		
1. STROBE, CHARLES J.	(34)	WINSTON-SALEM NC 15'0"
2. LILLY, HAROLD GINO	(38)	MO. CAR. TC 11'4"
3. JOHNSON, PHILIP J.	(35)	RESTON TC 11'4"
IA: MEN		
1. SOKOLOWSKI, WLODZIMIERZ	(43)	NEW YORK AC 14'0"
2. BUSBY, WILLIAM J.	(40)	THOMASVILLE NC 11'4"
IB: MEN		
1. ZURAV, ED	(45)	12'0"
2. BLODGETT, THOMAS M.	(45)	N.Y. MASTERS 12'0"
3. TRADER, MICHAEL P.	(48)	GREAT FALLS VA 9'0"
IIA: MEN		
1. HELBOURNE, JERRY	(52)	TOUSON MD 11'4"
2. TAYLOR, GEORGE R.	(53)	PHILA. MASTERS 7'2"
LUNG JUMP		
DA: MEN		
1. HUGHES, JEFFREY L.	(34)	VA. TC 20'8"
2. TAYLOR, NATHAN	(31)	VA. TC 20'4"
3. KELLEY, VERNON F.	(30)	WILSON CTY, CNT 20'1"
4. TUNSTALL, TAYLOR G. JR.	(34)	PHILA. MASTERS 15'10"

DB: MEN		
1. WILSON, JAMES L.	(35)	PHILA. MASTERS 22'5 1/2"
2. HEADOUS, WILLIAM T.	(38)	PHILA. MASTERS 19'11"
3. DEJESUS, RICHARD	(33)	N.Y. MASTERS 18'11 1/2"
4. BLACK, IVAN G.	(35)	NEW YORK AC 17'8"
5. HENDERSON, THOMAS	(36)	ED HATERS TC 17'4 1/2"
6. TRAVERS, STEPHEN D.	(37)	PVSTC 17'3"
IA: MEN		
1. TAYLOR, ROBERT D.	(42)	PVSTC 21'1 1/2"
2. VENER, KIRT J.	(41)	PVSTC 20'3"
3. ROBINSON, RUSSELL L.	(42)	N.Y. MASTERS 18'8 1/2"
4. JEFFREY, WILLIAM L.	(44)	N.Y. PIONEERS 17'3"
5. FASSETTE, J.V.	(42)	SHORE AC 16'4"
6. KATE, RICHARD	(43)	N.Y. MASTERS 16'3"
IB: MEN		
1. BLODGETT, THOMAS M.	(45)	N.Y. MASTERS 19'6 1/2"
2. BONIGIAN, HAIG	(48)	N.Y. MASTERS 17'4 1/2"
IIA: MEN		
1. ENDERS, RUDY A.	(52)	PVSTC 18'10 1/2"
2. CLARK, WILLIAM A.	(51)	PHILA. MASTERS 18'5 1/2"
IIIA: MEN		
1. HARRIS, OSCAR H.	(60)	PHILA. MASTERS 14'9 1/2"
2. BROWN, BERNARD T.	(67)	SYRACUSE CHRGERS 7'3"
11B: MEN		
1. NIEBEL, HAROLD H.	(69)	PVSTC 14'1 1/2"
2. SHAW, ELNER	(67)	SYRACUSE CHRGERS 13'8"
VA: MEN		
1. MEYERS, RUSSELL	(80)	PENSACOLA FL 11'8 1/2"
IVA: WOMEN		
1. NELSON, VIVIAN C.	(71)	SHORE AC 8'11"
TRIPLE JUMP		
DA: MEN		
1. THORNSLEY, SCOTT	(32)	SHORE AC 43'7"
2. TAYLOR, NATHAN	(31)	VA. TC 42'9 1/2"
3. KELLEY, VERNON F.	(30)	WILSON CTY, CNT 41'4"
4. TUNSTALL, TAYLOR G. JR.	(34)	PHILA. MASTERS 36'7"
DB: MEN		
1. HEADOUS, WILLIAM T.	(38)	PHILA. MASTERS 43'4 1/2"
2. BLACK, IVAN G.	(35)	NEW YORK AC 37'8"
IA: MEN		
1. VENER, KIRT J.	(41)	PVSTC 39'10 1/2"
2. TAYLOR, ROBERT D.	(42)	PVSTC 38'1 1/2"
3. BUSBY, WILLIAM J.	(40)	THOMASVILLE NC 34'2"
4. KATE, RICHARD	(43)	N.Y. MASTERS 32'11"
IB: MEN		
1. BONIGIAN, HAIG	(48)	N.Y. MASTERS 33'4"
IIA: MEN		
1. ENDERS, RUDY A.	(52)	PVSTC 36'1"
2. CARLE, W.H.	(52)	PVSTC 33'1 1/2"
3. BROOKS, THOMAS	(50)	N.Y. PIONEERS 30'1"
11B: MEN		
1. COHEN, ALAN D.	(55)	N.Y. MASTERS 26'6 1/2"
VA: MEN		
1. MEYERS, RUSSELL	(80)	PENSACOLA FL 20'1"
SHOT PUT		
DA: MEN		
1. DEGHAN, BILL	(31)	BRIDGEVILLE DE 37'11"
DB: MEN		
1. BYRNE, NICK E.	(39)	PVSTC 37'1 1/2"
IA: MEN		
1. NEVILLE, ALLAN J.	(40)	CALVARTON VA 39'1 1/2"
2. VALLE, MIKE H.	(43)	GREENSBORO PCST 37'6 1/2"
3. MCKENNA, BRIAN E.	(43)	N.Y. MASTERS 36'11 1/2"
IB: MEN		
1. KLENN, CARL H.	(46)	UNIV OF CHI TC 38'8"
2. EDWARDS, JAY	(48)	PVSTC 35'3"
3. JUDD, LARRY F.	(45)	N.Y. MASTERS 30'7 1/2"
IIA: MEN		
1. THOMSON, STEWART F.	(51)	LDS OLIVOS CA 48'10 1/2"
2. OLSON, LEN	(52)	N.Y. MASTERS 46'7 1/2"
3. HOLN, HARRY	(50)	PHILA. MASTERS 37'5"
11B: MEN		
1. CANTON, HERBERT T.	(58)	N.Y. MASTERS 34'2"
2. JACKSON, WARREN G.	(55)	HARTSDALE NY 29'3"
IIIA: MEN		
1. BROWN, BERNARD T.	(61)	SYRACUSE CHRGERS 28'3"
11B: MEN		
1. COLEMAN, WILLIAM	(65)	PVSTC 42'8"
2. SHAW, ELNER	(67)	SYRACUSE CHRGERS 37'8 1/2"
IVA: MEN		
1. DETWEILER, BOB	(70)	PHILA. MASTERS 29'3 1/2"
IVB: MEN		
1. GARTHUNE, WILLIAM H.	(75)	PVSTC 33'1"
2. GARTHUNE, ROBERT S.	(77)	GRTR ROCHESTER 25'7"
DA: WOMEN		
1. CLAIR, BETTY	(33)	N.Y. MASTERS 29'4"
IA: WOMEN		
1. LEAF, CAROLE D.	(42)	N.Y. MASTERS 27'0"
IB: WOMEN		
1. CIRULNICK, ANNE	(49)	N.Y. MASTERS 26'10"
IIA: WOMEN		
1. DASH, JOAN D.	(51)	PAL 28'8 1/2"
DISCUS		
DB: MEN		
1. BYRNE, NICK E.	(39)	PVSTC 97'10"
IA: MEN		
1. LEVERDIS, GEORGE P.	(41)	PVSTC 133'6"
2. ABBOTT, JOHN G.	(40)	PHILA. MASTERS 133'2"
3. HARRINGTON, RICHARD D.	(43)	PVSTC 118'4"
4. PRATT, LARRY R.	(42)	NEWARK DE 113'10"
5. VALLE, MIKE H.	(43)	GREENSBORO PCST 111'9"
6. NEVILLE, ALLAN J.	(40)	CALVARTON VA 111'0"
7. MCKENNA, BRIAN E.	(43)	N.Y. MASTERS 110'3"
8. MCCRUDER, MALACHI	(42)	FITNESS/ANN ARBOR 100'1"
IB: MEN		
1. BLODGETT, THOMAS M.	(45)	N.Y. MASTERS 108'3"
2. KLENN, CARL H.	(46)	UNIV OF CHI TC 105'9"
3. EDWARDS, JAY	(48)	PVSTC 99'4"
4. JUDD, LARRY F.	(45)	N.Y. MASTERS 99'4"
IIA: MEN		
1. THOMSON, STEWART F.	(51)	LDS OLIVOS CA 151'9"
2. OLSON, LEN	(52)	N.Y. MASTERS 134'8"
3. HOLN, HARRY	(50)	PHILA. MASTERS 125'3"
11B: MEN		
1. CANTON, HERBERT T.	(58)	N.Y. MASTERS 117'8"
2. JACKSON, WARREN G.	(55)	HARTSDALE NY 91'11"
IIIA: MEN		
1. BLACK, JOE	(60)	PHOENIX AZ 108'8"
2. HARRIS, DON B.	(61)	PHILA. MASTERS 89'8"
3. BROWN, BERNARD T.	(61)	SYRACUSE CHRGERS 84'2"
11B: MEN		
1. SHAW, ELNER	(67)	SYRACUSE CHRGERS 125'5"
2. COLEMAN, WILLIAM J.	(65)	PVSTC 114'7"

IJA: MEN			
1. DETWEILER, BOB	(70)	PHILA. MASTERS	101'4"
IJD: MEN			
1. GARTHUNE, WILLIAM H.	(75)	PVSTC	72'3"
2. GARTHUNE, ROBERT B.	(77)	GRTR ROCHESTER	67'7"
DA: WOMEN			
1. ACKERMAN, DOLETTE A.	(30)	WILLOW GROVE PA	53'10"
IA: WOMEN			
1. LEAF, CAROLE	(42)	N.Y. MASTERS	78'2"
ID: WOMEN			
1. CIRULNICK, ANNE	(49)	N.Y. MASTERS	69'3"
2. LAUTER, RONDA F.	(49)	N.Y. MASTERS	44'4"
IIA: WOMEN			
1. BASH, JOAN D.	(51)	PAL	70'11"

HANDER THROW			
DA: MEN			
1. PELLETIER STEVEN U.	(32)	SCRBRGH REC AC	115'8"
IA: MEN			
1. MILLER, THOMAS C.	(41)	NEW YORK AC	124'0"
2. NEVILLE, ALLAN J.	(40)	CALVARTON VA	125'7"
3. VALLE, MIKE H.	(43)	GREENSBORO PCST	119'8"
4. HCKENNA, BRIAN E.	(43)	N.Y. MASTERS	107'3"
ID: MEN			
1. KLENN, CARL H.	(46)	UNIV OF CHI TC	120'5"
2. JUDD, LARRY F.	(45)	N.Y. MASTERS	88'7"
IIA: MEN			
1. THOMSON, STEVART F.	(51)	LOS BLIVOS CA	144'1"
IID: MEN			
1. KOSHAIEV, LEV	(58)	PHILA. MASTERS	141'0"
2. CANTOR, HERBERT T.	(58)	N.Y. MASTERS	129'1"
IIIA: MEN			
1. BLACK, JOE	(40)	PHOENIX AZ	108'5"
2. BROWN, BERNARD T.	(41)	SYRACUSE CHRGERS	77'4"
IIIB: MEN			
1. LASKI, STAN P.	(47)	PVSTC	129'1"
2. SHAW, ELNER	(47)	SYRACUSE CHRGERS	115'11"
IJA: MEN			
1. DETWEILER, BOB	(70)	PHILA. MASTERS	112'7"

JAVELIN			
DA: MEN			
1. PELLETIER STEVEN U.	(32)	SCRBRGH REC AC	201'1"
2. CONROY, ROBERT D.	(34)	VA. TC	199'3"
3. DANIEL, ROBERT C.	(34)	COLLEGE PARK MD	195'0"
ID: MEN			
1. RIDDLE, MIKE D.	(35)	PVSTC	170'3"
IA: MEN			
1. WHITE, RUSS D.	(40)	PVSTC	190'0"
2. BUSBY, WILLIAM J.	(40)	THOMASVILLE NC	152'9"
3. MCGRUBER, MALACHI	(42)	FITNESS/ANN ARD	150'10"
4. HARRINGTON, MICHAEL D.	(43)	PVSTC	137'2"
5. VALLE, MIKE H.	(43)	GREENSBORO PCST	123'0"
ID: MEN			
1. BLODGETT, THOMAS H.	(45)	N.Y. MASTERS	171'5"
2. MILLER, GEORGE E.	(47)	PVSTC	155'2"
3. JUDD, LARRY F.	(45)	N.Y. MASTERS	113'7"
4. BOHIGIAN, MAIS	(48)	N.Y. MASTERS	103'1"
IIA: MEN			
1. YOUNGS, ROBERT A.	(50)	TOLLAND CT	142'
2. OLSON, LEN	(52)	N.Y. MASTERS	130'10"
3. TAYLOR, GEORGE R.	(53)	PHILA. MASTERS	89'9"
4. BROOKS, THOMAS	(50)	N.Y. PIONEERS	88'0"
IID: MEN			
1. CANTOR, HERBERT T.	(58)	N.Y. MASTERS	101'1"
IIIA: MEN			
1. HARRIS, DON B.	(41)	PHILA. MASTERS	182'11"
2. BROWN, BERNARD T.	(41)	SYRACUSE CHRGERS	79'10"
IIIB: MEN			
1. LASKI, STAN P.	(47)	PVSTC	88'7"
2. SHAW, ELNER	(47)	SYRACUSE CHRGERS	82'10"
IJA: MEN			
1. DETWEILER, BOB	(70)	PHILA. MASTERS	72'11"
IJD: MEN			
1. D'ELIA, MANFRED	(74)	MD. JER. MASTERS	60'7"
IA: WOMEN			
1. LEAF, CAROLE D.	(42)	N.Y. MASTERS	95'1"
2. TRADER, JEAN A.	(44)	GREAT FALLS VA	78'4"
ID: WOMEN			
1. YOUNGS, JOAN	(47)	TOLLAND CT	44'4"
2. CIRULNICK, ANNE	(49)	N.Y. MASTERS	50'11"
3. LAUTER, RONDA F.	(49)	N.Y. MASTERS	50'5"
IIA: WOMEN			
1. BASH, JOAN D.	(51)	PAL	98'10"

1000M RELAY			
DA: MEN			
1. PVSTC-A TEAM	45.0		
2. PVSTC-B TEAM	48.8		
IA: MEN			
1. PHILA. MASTERS	47.2		
2. N.Y. PIONEERS	48.2		
3. PVSTC	49.4		
4X100M RELAY			
DA: MEN			
1. MASTER KEYS	3:42.0		
II: MEN			
1. N.Y. MASTERS	4:30.1		

TEAM SCORES			
DA: MEN & WOMEN			
1. PVSTC	80		
2. PHILA. MASTERS	53		
IA: MEN & WOMEN			
1. N.Y. MASTERS	190		
2. PVSTC	180		
II: MEN & WOMEN			
1. N.Y. MASTERS	145		
2. PVSTC	85		
IV & V: MEN & WOMEN			
1. PVSTC	128		
2. PHILA. MASTERS	71		
OVERALL MEN & WOMEN			
1. PVSTC	473		
2. N.Y. MASTERS	414		

Shot Put			
A. Vesco	30-3/4		
Rous Brennek	29-5		
Javelin			
A. Vesco	75-1		
Pole Vault			
C. Johnston	8-6		
A. Vesco	5-7		
M60-69			
100m			
Pete Fetter	13.7		
Byron Walls	14.3		
James Warren	14.6		

400m Relay			
Corona Del Mar TC	56.9		
800m Relay			
CDMTC	2:11.6		
1600m Relay			
CDMTC	5:57.6		
1500m			
Donald Cotner	6:02.3		
High Jump			
Burl Gist	5-0		
Shot Put			
Bill Bangert	49-6		
Mike Castaneda	45-10		
Seymour Lampert	38-10 1/2		
Tony Lombardi	35-4		
Joe Black	33-3 1/2		

Javelin			
Bill Morales	156-3		
Ed Chenoweth	144-3		
P. Fetter	134-11		
T. Lombardi	121-6		

Triple Jump			
C. Mercurio	30-3		
Herb Miller	28-3 1/2		

Discus			
M. Castaneda	137-0		
B. Bangert	133-7		
J. Black	110-4		
T. Lombardi	95-5		

Long Jump			
B. Morales	14-3 1/2		
H. Miller	13-7		
C. Mercurio	13-5		

Pole Vault			
Jim Vernon	10-0		

110mH			
B. Gist	17.9		
H. Miller	19.0		

M50-59			
100m			
R. McPherson	12.1		
Nick Newton	12.3		
Bob Radford	12.7		
Juan Pedevilla	14.4		

1500m			
Fred Lehr	4:44.2		

3000m			
Patrick Divine	10:11.9		

110mH			
Bill Adler	18.1		

400m Relay			
West Valley TC	47.2		

Distance Med. Relay			
So. Calif. Striders	12:59.5		

800m Relay			
WVTC	1:43.9		

Pole Vault			
Vick Cook	13-0		
Dave Douglass	9-0		

Shot Put			
D. Douglass	34-3		
Richard Kennerly	33-8 1/2		

Javelin			
R. Hudson	158-8		
John Pakiz	131-1		
D. Douglass	104-6		

Discus			
Ed Van Pelt	139-5		
R. Kennerly	108-9		
D. Douglass	97-4		

High Jump			
D. Douglass	4-10		
B. Adler	4-6		

Long Jump			
Dave Jackson	18-11		

M40-49			
100m			
Walt Butler	11.4		
Lewis Smith	11.5		
Bill Knoke	11.7		
Fred Niedermeyer	11.7		
Dennis Duffy	nt		
Bill Riley	nt		
Raoul Bogville	nt		

110mH			
Theo Viltz	15.5		
Larry Salinger	15.7		
Dee Dewitt	15.8		

1500m			
Neil Doherty	4:18.9		
Mike Figueros	4:25.7		
3000m			
M. Figueros	9:45.2		
Bill Perry	9:49.5		
400m Relay			
West Valley TC	44.4		
SCS Team A	45.7		
LA-VAC	46.3		
SCS Team B	46.9		

800m Relay			
WVTC	1:34.2		
SCS	1:35.7		
LA-VAC	1:38.3		

Distance Med Relay			
WVTC	11:12.49		

1600m Relay			
WVTC	3:40.2		
SCS	3:58.5		

High Jump			
D. Dewitt	5-8		
Gary Miller	5-0		
John White	4-10		

Javelin			
G. Miller	163-9		
Mike Woodard	148-5		
Cornelius McCormick	143-1		
Hal Smith	137-8		

Discus			
James Hart	140-8		
M. Woodard	136-4		
C. McCormick	123-5		
Hal Smith	111-7		
Bob Frahm	93-2		

Pole Vault			
Mardon Connelly	13-6		
Ron Fleming	12-0		
D. Dewitt	11-0		
H. Smith	9-0		

Long Jump			
Roger Tsuda	18-4		
D. Dewitt	18-4		
B. Riley	17-11		

Shot Put			
J. Hart	44-6 1/2		
C. McCormick	40-1 1/2		
H. Smith	39-4 1/2		
B. Frahm	35-3		
John White	33-2		
J.J. Turner	28-4 3/4		

M30-39			
100m			
Dwayne Taggart	10.8		
Glenn Johnson	10.9		
Nolan Smith	11.7		
Carl Flowers	11.8		
John Pulley	11.9		

1500m			
Cliff Kruthers	4:18.3		
David Leaton	4:34.1		
Marcel Lacroix	4:44.4		
G. Armour	5:08.2		

3000m			
Wayne Douglas	9:59.5		
D. Leaton	10:06.4		
M. Lacroix	10:51.5		

110mH			
Nate Robinson	14.1		
Ralph Tilley	15.1		
Stan Johnson	15.4		

300mH			
Foots Williams	43.9		
Frank Reilly	47.5		
Bill Sevilla	55.4		

800m Relay			
Maccabi TC	1:33.1		
LA-VAC	1:33.4		
SCS	1:33.5		
Alumni TC	1:47.0		

400m Relay			
Maccabi TC	42.7		
LA-VAC	44.4		
SCS Team A	44.8		
Corona Del Mar TC	46.2		
(SCS Team B dq 44.2)			

1600m Relay			
SCS	3:33.3		

Discus			
Frank Reilly	179-4		
Joe Klein	131-7		
Buck Banks	125-4		
Bill Sevilla	87-4		

1600m Relay	
SCS	3:33.3

TAC NATIONAL MASTERS DECATHLON AND HEPTATHLON CHAMPIONSHIPS
INDIANA UNIVERSITY TRACK STADIUM, INDIANAPOLIS, INDIANA JULY 7-8, 1984

DECATHLON

NAME	AGE	100m	L.J.	S.P.	H.J.	400m	1st Day	110mH	Disc	P.V.	Jav	1500m	SCORE	PLACE
Performance														
IAAF/WAVA Score														
U.S. Masters Score														
5A														
A.E.	82	17.0	2.97	6.21	1.12	91.0		26.1	17.30	1.70	16.49	DNF		
Pitcher WAVA		900	320	386	780	320	2706	1074	206	300	301	0	4587	1
U.S. Masters		761	635	581	1050	655	3682	1120	608	977	627	0	7014	
4A														
GTIberto	71	14.2	4.49	11.43	1.32	68.6		19.7	31.32	2.30	32.20	7:41.		
Gonzalez WAVA		1060	1152	928	1036	976	5152	1218	652	585	774	334	8715	1
U.S. Masters		946	935	857	959	905	4602	1058	756	788	804	400	8408	
3B														
Ham	67	15.7	3.56	11.75	1.34	121.8		26.0	32.23	2.50	28.44	7:36.		
Morningstar WAVA		580	308	775	864	0	2527	690	620	605	457	180	5079	1
U.S. Masters		568	521	803	865	0	2757	549	687	754	632	334	5713	
3A														
Frank	63	14.6	4.51	11.80	1.40	69.0		20.0	33.04	1.70	33.70	6:19.		
Bowles WAVA		680	755	714	840	720	3709	960	613	150	584	466	6482	1
U.S. Masters		657	759	736	831	672	3655	845	626	314	675	587	6702	
Leonard	63	14.8	4.01	10.26	1.19	78.0		23.8	30.59	1.90	23.03	7:11.		
Wray WAVA		640	505	560	420	360	2485	732	530	250	211	154	4362	2
U.S. Masters		622	595	618	569	429	2833	591	569	403	435	335	5166	
2B														
Jock	58	13.1	4.99	9.04	1.32	64.2		20.2	23.74	2.50	30.16	5:48.		
Jocoy IAAF		373	368	388	210	311	1650	438	323	371	333	183	3298	1
U.S. Masters		844	802	642	616	716	3620	796	507	561	638	596	6718	
R.G.	56	14.0	4.67	9.69	1.37	67.1		19.0	24.07	2.30	27.95	7:08.		
Wolf IAAF		228	289	437	263	235	1452	512	331	303	294	0	2892	2
U.S. Masters		631	668	657	625	598	3179	848	483	461	558	232	5761	
Martin	59	14.6	3.92	9.75	1.37	83.0		24.3	25.86	2.50	37.03	7:27.		
Legett IAAF		142	90	441	263	0	936	237	376	371	445	0	2365	3
U.S. Masters		582	491	729	698	238	2738	553	586	572	802	203	5454	
Donald	56	17.4	3.21	7.47	1.12	86.5		DNF	19.74	1.50	19.61	6:17.		
Gray IAAF		0	0	262	0	0	262	0	216	1	128	74	681	
U.S. Masters		128	199	455	314	143	1239	0	353	126	349	743	2810	
A1														
Brenda IAAF	56	13.8	5.05	9.67	1.27	DNF		Abandoned Competition						
2A		258	383	435	156	0	1232							
Leon	50	12.6	4.96	11.49	1.60	57.9		16.9	33.08	2.70	39.52	5:40.		
Trout IAAF		463	361	565	493	500	2382	668	542	436	484	216	4728	1
U.S. Masters		782	646	683	751	837	3699	893	618	531	704	521	6966	
Bruce	50	13.9	5.37	12.33	1.55	60.7		21.4	36.51	3.20	39.46	6:21.		
Hescock IAAF		243	460	621	444	411	2179	371	615	587	483	61	4296	2
U.S. Masters		532	757	743	698	732	3462	548	695	692	703	333	6433	
Josh	51	12.7	5.52	9.57	1.50	57.6		17.3	23.16	2.30	26.20	5:51.		
Culbreath IAAF		444	496	428	394	511	2273	637	308	303	261	171	3953	3
U.S. Masters		782	814	553	662	863	3674	880	384	403	452	480	6273	
Earl	54	12.5	5.04	11.43	1.35	63.3		19.3	28.43	2.10	37.13	6:33.		
Ventura IAAF		482	381	561	242	334	2000	493	438	233	447	22	3633	
U.S. Masters		889	738	757	560	695	3639	778	569	364	719	336	6405	
Dave	52	14.3	4.70	10.30	1.40	65.3		19.3	31.89	2.90	33.33	6:11		
Douglass IAAF		184	296	483	293	281	1537	493	516	498	386	95	3525	
U.S. Masters		502	606	629	578	605	2920	734	622	621	615	402	5914	
Hector	50	13.3	4.68	10.01	1.45	61.7		24.6	27.07	3.10	28.55	5:43.		
Cisneros IAAF		339	291	461	344	381	1816	225	405	558	304	203	3511	
U.S. Masters		640	568	570	588	697	3063	432	474	661	494	506	5630	
John	50	13.9	4.84	9.88	1.45	64.9		22.5	17.97	2.90	F	6:30.		
Sharp IAAF		243	331	451	344	292	1661	316	165	498	0	31	2671	
U.S. Masters		532	613	560	588	593	2886	480	220	598	0	297	4481	
James	50	13.3	F	8.39	1.50	63.2		20.9	19.16	2.10	19.67	5:53.		
Ware IAAF		339	0	337	394	337	1407	398	199	233	132	163	2532	
U.S. Masters		640	0	438	643	646	2367	579	257	317	287	457	4264	
Walter	52	15.4	3.99	8.80	1.30	75.3		26.3	17.48	2.10	22.58	8:12.		
Diggs IAAF		36	110	370	189	54	759	162	150	233	192	0	1496	
U.S. Masters		332	395	506	463	333	2029	335	228	338	380	2	3312	
Carl	53	14.5	3.64	8.60	1.30	69.5		24.0	16.19	NH	14.88	6:09.		
Dahlstrom IAAF		156	11	353	189	177	886	249	111	0	22	103	1371	
U.S. Masters		310	299	506	483	494	2092	467	198	0	184	424	3365	
Joe	50	15.5	3.50	7.04	NH	75.0		Abandoned Competition						
Wright IAAF		24	0	225	0	60	309							
1B														
Dale	46	11.8	6.00	9.05	1.65	56.3		15.9	30.14	3.80	40.00	5:15.		
Lance IAAF		622	604	389	540	555	2710	757	477	754	491	330	5519	1
U.S. Masters		871	846	581	716	843	3857	1051	612	840	658	595	7613	
Ed	47	12.3	5.31	10.84	1.55	54.4		16.6	34.53	3.60	30.20	4:42.		
Oleata IAAF		520	446	521	444	625	2556	694	574	700	333	512	5369	2
U.S. Masters		782	690	756	634	937	3799	993	737	791	684	827	7831	
Gary	46	12.1	6.27	10.68	1.55	53.9		18.5	32.48	2.70	46.86	DNF		
Miller IAAF		560	664	510	444	644	2822	547	529	436	590	0	4924	3
U.S. Masters		804	911	719	616	944	3994	798	670	507	771	0	6740	
Jim	47	13.8	4.64	9.81	1.45	65.2		21.0	34.39	2.90	38.17	6:03.		
Weed IAAF		258	281	446	344	284	1613	392	571	498	463	125	3662	
U.S. Masters		491	510	670	531	544	2746	628	734	578	639	369	5694	
Thomas E.	47	13.1	4.93	9.11	1.40	63.8		19.0	25.33	2.50	34.27	7:33.		
Ragland IAAF		373	354	394	293	321	1735	512	363	371	401	0	3382	
U.S. Masters		617	588	609	473	589	2876	772	503	445	568	53	5217	
Don	48	13.8	4.60	7.93	1.20	68.4		22.7	20.77	2.90	23.70	5:50.		
Zimmerman IAAF		258	271	300	79	203	1111	307	244	498	214	175	2549	
U.S. Masters		510	514	524	263	464	2275	537	387	584	363	443	4589	

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Western Regionals July 13-15, 1984
OCCIDENTAL COLLEGE, LOS ANGELES

100m dash

Women

1. Mendyka, Edith	73	22.5
1. Smith, Diana	61	19.2
1. Obera, Irene	50	13.2
1. Sherrard, Cherrie	45	13.2
2. Rust, Mary Anne	47	19.0
1. Carter, Jean	44	14.2
1. White, Marilyn	39	14.2

Men

1. McFadden, Win	79	17.1
2. Rust, John	76	17.5
1. Castro, Tony	74	14.6
1. Guidet, Al	66	14.0
1. Miller, Tom	60	14.4
2. Wallis, Byron	64	14.6
3. Simon, Geo.	61	14.9
4. Warren, James	60	15.0
1. Dawkins, Ozzie	53	12.8
2. Stevens, Bernard	55	12.8
3. Jocoy, Jock	58	13.2
4. Grimm, Emson	58	17.8
1. Springbett, Bruce	51	11.5
2. Presber, Phil	50	11.9
3. Newton, Nick	50	12.0
4. Radford, Rbt.	52	12.7
5. Robinson, Will	53	13.0
1. LaTorre, Gil	47	11.4
2. Smith, Lewis	45	11.8
3. Washington, Booker	46	12.0
4. DeWitt, Dee	45	12.0
5. Tsuda, Roger	48	12.6
1. Smith, Doug	44	11.5
2. Butler, Walt	43	11.5
3. Niedermeyer	44	11.8
4. Riley, Bill	42	12.1
1. Whitely, Stan	38	10.6
2. Marshall, Greg	36	11.2
3. Caminiti, Steve	35	11.4
4. Beadle, Ron	35	11.4
1. McCoy, Marion	34	10.5
2. Driver, Eugene	34	10.8
3. Spikes, Warren	33	11.0
4. Johnson, Glen	34	11.2
5. Black, Mike	31	11.6

200m dash

Men

1. Pisciotto, Nat	80	47.0
1. Castro, Tony	74	30.1
2. Dorff, Henry	70	39.6

Ken Brooks	IAAF	46	14.9	3.66	5.50	1.30	70.9		24.6	14.35	NH	19.58	5:56.	
U.S. Masters			101	17	82	189	145	534	225	52	0	130	151	1092
			298	206	233	344	374	1455	415	146	0	365	386	2767
E. Robert Premo	IAAF	48	14.7	4.01	7.75	1.15	75.3		1:40.0	18.63	NH	F	6:07.	
U.S. Masters			128	116	285	24	54	607	0	184	0	0	110	901
			364	341	507	199	290	1701	0	212	0	0	365	2278
IA Henry Hopkins	IAAF	41	12.7	5.69	10.49	1.60	59.0		17.4	29.20	3.80	41.39	4:58.	
U.S. Masters			444	535	496	493	464	2432	629	456	754	512	419	5202
			599	688	596	569	669	3121	814	508	804	621	615	6483
Tom Thorne	IAAF	41	12.8	5.28	9.72	1.60	60.0		18.2	25.45	2.90	44.49	6:19.	
U.S. Masters			426	439	439	493	433	2230	568	366	498	557	68	4287
			580	586	537	569	634	2906	746	415	540	670	534	5811
Jim Shoemaker	IAAF	40	12.9	4.69	9.60	1.34	58.6		19.7	22.91	2.10	33.11	5:17.	
U.S. Masters			408	294	430	231	477	1840	468	301	233	382	320	3544
			546	420	510	283	670	2429	617	335	265	470	490	4606
Johnston Ewing	IAAF	40	13.4	4.78	6.89	1.50	59.3		19.3	24.23	2.70	24.52	5:22.	
U.S. Masters			322	316	212	394	455	1699	493	336	436	230	297	3491
			444	444	277	453	645	2263	646	370	473	305	463	4520
William J. Busby	IAAF	40	13.1	5.55	9.52	1.50	61.0		DNF	Abandoned Competition				
			373	503	424	394	402	2096	0					
John R. Haggerty	IAAF	40	12.9	4.90	7.92	1.60	Abandoned Competition							
Sub B Rex Harvey	IAAF	38	11.6	6.17	12.58	1.80	54.2		16.7	40.76	4.40	49.31	5:09.	
U.S. Masters			665	642	638	680	633	3258	685	700	909	624	361	6537
			787	757	708	734	810	3796	854	736	945	707	520	7558
Gordon Reiter	IAAF	38	12.3	6.05	9.30	1.60	53.4		21.7	24.26	3.00	42.90	4:34.	
U.S. Masters			520	615	408	493	663	2699	356	336	528	534	563	5016
			635	730	469	540	844	3218	480	364	558	612	744	5976
Jim Ball	IAAF	38	12.8	5.02	9.95	1.55	60.2		19.3	27.36	3.40	32.18	5:20.	
U.S. Masters			426	376	457	444	426	2129	493	412	644	367	306	4351
			538	479	519	493	586	2615	638	442	678	435	460	5268
John Yantiss	IAAF	35	13.0	4.77	9.51	1.55	58.9		21.4	31.64	1.70	45.91	4:52.	
U.S. Masters			390	314	423	444	467	2038	371	511	83	577	453	4033
			444	373	461	473	589	2340	438	530	95	625	601	4629
Jim W. Rose	IAAF	37	13.2	4.98	10.57	1.34	59.8		20.4	28.15	3.10	36.16	5:51.	
U.S. Masters			356	366	502	231	439	1894	426	431	558	432	171	3912
			444	456	557	273	586	2316	542	457	584	494	306	4699
Harry McDonald	IAAF	36	13.6	4.67	10.18	1.45	65.4		21.2	30.66	2.70	39.35	6:15.	
U.S. Masters			290	289	473	344	278	1674	381	489	436	481	81	3542
			373	361	520	374	401	2029	468	512	458	536	202	4205
Don Finch	IAAF	39	13.9	F	7.87	1.34	65.0		22.2	22.51	2.50	24.30	5:53.	
U.S. Masters			243	0	295	231	289	1058	331	291	371	226	163	2440
			356	0	358	283	450	1447	474	320	403	293	309	3246
Larry Rodenbeck	IAAF	35	12.3	6.23	8.25	1.55	57.2		Abandoned Competition					
Sub A Mike Davis	IAAF	34	12.3	6.31	10.33	1.75	55.7		17.2	33.28	3.70	46.98	4:42.	
U.S. Masters			520	673	485	634	576	2888	645	547	728	592	512	5912
			580	730	515	652	691	3168	708	562	744	631	659	6492
Bruce Michel	IAAF	32	12.4	6.10	12.74	1.70	59.0		15.9	41.78	3.00	45.23	5:36.	
U.S. Masters			501	626	648	588	464	2827	757	720	528	567	233	5632
			528	653	665	597	544	2987	772	729	534	586	343	5951
Tim Walters	IAAF	32	11.6	6.11	11.19	1.60	54.2		15.1	32.44	NH	44.55	5:01.	
U.S. Masters			665	628	545	493	633	2964	837	528	0	557	403	5289
			696	655	560	502	720	3133	853	536	0	576	526	5624
Richard Watson	IAAF	31	13.5	5.59	10.65	1.70	60.0		19.5	35.78	3.10	51.90	4:49.	
U.S. Masters			306	512	508	588	433	2347	480	600	558	658	470	5113
			318	528	514	588	498	2446	468	604	561	668	591	5338
Steve Geiger	IAAF	32	12.7	5.23	9.28	1.60	61.1		17.1	25.90	3.70	38.84	5:53.	
U.S. Masters			444	427	406	493	399	2169	652	377	728	473	163	4562
			472	451	420	502	476	2321	665	384	736	490	267	4863
Stan Bengt	IAAF	30	13.5	4.68	7.76	1.50	62.6		21.8	21.11	1.90	17.18	5:33.	
U.S. Masters			306	291	286	394	354	1631	350	254	160	76	246	2717
			306	291	286	394	405	1682	321	254	160	76	345	2838
Phil Howell	IAAF	32	15.8	3.68	8.17	NH	79.2		29.4	19.57	1.70	29.17	7:44	
U.S. Masters			0	23	319	0	0	342	65	211	83	315	0	1016
			11	43	332	0	40	426	71	217	87	330	0	1131

HEPTATHLON

NAME	AGE	100H	S.P.	H.J.	200m	1st Day	L.J.	Jav	800m	TOTAL SCORE
Joyce Bowerman	43	30.5	8.66	1.15	38.4		3.06	23.70	4:02.1	
	48	448	238	169	903		132	423	159	1617

Western Regionals - continued from previous page

1. Robinson, Will	53	56.8	<u>800m run</u>			1. Weldy, John	50	2:23.5		
2. Rice, Charles	54	1:02.1				2. Oviatt, Ted	50	2:34.5		
3. Kishi, Frank	53	1:02.6				1. Elliot, Mel	46	NT		
1. Elliot, Mel	46	54.5	Women			2. Bedell, Cliff	46	NT		
2. King, Stan	47	55.5	1. Blair, Elvyn			46	2:50.0	1. Cohen, Geo.	44	1:56.3
			1. Sargent, Ginny			44	2:32.3	2. Romain, Dave	42	1:58.8
			1. Barnes, Chestine			37	2:13.2AR	3. Owers, Eric	43	2:01.7
			1. Vivian, Judy			32	2:13.2	4. Clarke, Willie	41	2:10.8
			Men					5. Perry, Bill	40	2:12.4
			1. Neveau, Ray			75	3:46.5	6. Cheever, John	43	2:22.5
			1. Stotsenberg, Ed			70	2:52.5	1. Kruthers, Cliff	35	2:04.0
			1. Poloynis, Geo.			68	3:00.5	2. Rook, Ron	35	2:21.7
			1. Fitzgerald, Bill			59	2:16.4	1. Smith, Nolan	33	1:59.6
			2. Linde, Gunnar			57	2:19.5	2. Tanzer, Herb	32	2:08.9
			3. Walts, Len			56	2:20.6	3. Williams, Jerry	32	2:10.4
			4. Jackson, Don			57	2:30.1	4. Kelman, Steve	31	2:22.4
1. Marshall, Greg	36	52.3								
2. Sevilla, Bill	37	NT								
1. Driver Eugene	34	50.5								
2. Kelman, Steve	31	1:00.1								

110m Hurdles 42"

1. Robinson, Nate 32 14.9

400m Hurdles 30"

1. Guidet, Al 66 1:18.1
2. Ganahl, Pete 68 1:20.5

400m Hurdles 33"

1. Atcheson, Walt 57 1:31.2
1. Robinson, Will 53 1:07.5
2. Sheahen, Al 52 1:08.6
3. Oviatt, Ted 50 1:17.6

400m Hurdles 36"

1. Morgan, Bob 45 66.4
1. Whitney, Ron 41 57.7
2. Knocke, Bill 44 59.6
1. Smith, Dennis 30 54.9
2. Hoover, Dave 30 55.5
3. Williams, Foots 30 61.9

5000m Racewalk

1. Unruh, Ches. 77 33:24.6
1. Mickelson, Maynard 58 31:30.1
1. Greiner, Ted 52 28:11.8
2. Havens, J.A. 52 28:45.0
1. Dempsey, Mike 48 30:17.7
2. Oliver, Ricard 45 31:04.6
3. Fitzhugh, Ray 49 36:04.6
1. Brewer, Rbt. 43 27:46.2
1. Mohr, Bill 37 38:47.8
1. Moreland, Larry 33 34:22.2

4X100m RelayWomen

1. CDM 35+ 58.7 AR
2. S.C.S.35+ 1:03.7

Men

1. CDM 60+ 57.6
1. L.A.V. 30+ 44.3
2. L.A. All Stars 30+ 45.6

4X400m Relay

1. CDM 60+ 5:52.0
1. SDAA 30+ 3:31.5
2. TAC Officials 30+ 6:10.3

High JumpWomen

1. Miller, Christel 49 1.23m
1. Kusner, Kathy 44 0.99m
1. Glass, Latanya 37 1.20m

Men

1. McFadden, Win 79 1.10,
1. Vesco, Art 72 1.05m
1. Ogle, Bob 65 1.35m
2. Ganahl, Pete 68 1.35m
3. Vernon, Jim 67 1.30m
3. Burke, Bill 65 1.30m
1. Gist, Burl 64 1.48m
2. Brown, Dave 61 1.25m
1. Wallace, Hal 56 1.30m
2. Jocoy, Jock 58 1.30m
1. Newton, Nick 50 1.60m
2. Austin, Ed 54 1.55m
3. Douglass, Dave 52 1.35m
3. Oviatt, Ted 50 1.35m
5. Adler, Bill 51 1.35m
1. DeWitt, Dee 45 1.60m
1. Dvorak, Don 42 1.60m
2. Sallinger, Larry 41 1.60m
1. Rader, Charley 36 1.98m
1. Embree, Mel 30 1.98m

Pole VaultMen

1. MacConaghy 76 2.21m
1. Johnston, Carol 72 2.82m
2. Vesco, Art 72 1.67m
1. Vernon, Jim 67 2.98m
1. Siegel, Elmer 68 2.66m
3. Burke, Bill 65 1.98m
1. Brown, Dave 61 2.36m
2. Wallace, Hal 56 2.98m
1. Jocoy, Jock 58 2.66m
1. Fleming, Ron 46 3.66m
2. DeWitt, Dee 45 3.50m
3. Woodring, Tom 47 3.35m
1. Connelly 42 4.42m
1. Johnston, David 38 4.11m
2. Wilke, Warren 36 4.11m

Long JumpWomen

1. Mendyka, Edith 73 2.33m
1. Kfehne, Magda 52 3.06m
1. Miller, Christel 49 3.89m
1. Kusner, Kathy 44 2.92m
1. Schumacher, S. 37 3.52m

Men

1. McFadden, Win 79 3.44m
1. Vesco, Art 72 3.03m
1. Burke, Bill 65 3.90m
1. Gist, Burl 64 4.20m
2. Mercurio, Chas 64 4.09m
1. Jocoy, Jock 58 4.76m
1. Martin, Ed 50 4.85m
1. Tsuda, Roger 48 5.73m
2. DeWitt, Dee 45 5.70m
1. Riley, Bill 42 5.69m
2. Dvorak, Don 42 5.46m
1. Black, Mike 31 6.01m

Triple JumpWomen

1. Mendyka, Edith 73 5.05m
1. Kusner, Kathy 44 6.25m

Men

1. McFadden, Win 79 7.79m
1. Vesco, Art 72 6.14m
1. Mercurio, Chas 64 9.19m
1. Jackson, Dave 52 12.16m
1. Fitzhugh, Ray 49 9.82m
1. Dvorak, Don 42 10.50,
1. Whitfield, Joel 35 12.56m
2. Plotkin, L. 37 10.73m
3. Rook, Rich 37 9.92m
4. Rook, Ron 35 9.40m

Shot PutWomen 4K and 3K

1. Mendyka, Edith 73 7.90m
1. Kinsey, Shirley 55 8.60m
1. Kuehne, Magda 53 6.77m
1. Sherrard, Cherrie 45 9.92m
2. Miller, Christel 49 7.72m
3. Parish, Almata 48 7.52m
1. Glass, Latanya 37 8.76m
2. White, Marilyn 39 7.49m
3. Schumacher, Sondra 37 7.22m

Men 4K; 5K; 6K; 16#

1. Rous, Brenek 76 8.67m
1. York, James 71 10.50m
2. Pierotti, Don 73 9.82m
1. Castaneda, E.J. 65 11.65m
2. Burke, Bill 65 9.08m
1. Bangert, Bill 60 12.37m
1. Wallace, Hal 56 10.65m
2. Grimm, Emson 58 6.11m
1. Thompson, F.S. 53 13.53m
2. Douglass, Dave 52 9.70m
1. Hart, Jim 47 13.82m
2. Frahm, Bob 46 10.34m
3. White, John 46 9.66m

1. Wells, Doug 40 15.48m
2. Turner, J.J. 41 8.65m
1. Reilly, Frank 36 15.69m
2. Deller, Mike 35 13.61m
1. Klein, Joe 32 13.0 m
2. Kelmenson, Gary 34 10.92m

Discus ThrowWomen 1K

1. Mendyka, Edith 73 17.80m
1. Kinsey, Shirley 55 24.96m
2. Dietedrich, Shirley 57 16.66m
1. Kuehne, Magda 52 14.38m
1. Sherrard, Cherrie 45 25.34m
2. Miller, Christel 49 21.86m
3. Parish, Almata 48 12.18m
1. White, Marilyn 39 19.58m

Men 1K; 1.5K; and 2K

1. McFadden, Win 79 24.22m
1. York, James 71 30.98m
2. Pierotti, Don 73 30.84m
1. Castaneda, E.J. 65 41.74m
2. Burke, Bill 65 31.76m
1. Wallace, Hal 56 33.82m
2. Grimm, Emson 58 13.26m
1. Thompson, F.S. 53 46.34m
2. VanPelt, Ed 52 43.32m
3. Douglass, Dave 52 33.66m
4. Oviatt, Ted 50 30.90m
1. Hart, Jim 47 41.14m
2. Frahm, Bob 46 29.34m
3. White, John 46 22.26m

1. Higgins, Lloyd 42 48.88
2. Wells, Doug 40 48.86m
3. Sheinker, Abe 43 27.92m
1. Reilly, Frank 36 53.62m
2. Deller, Mike 35 44.74m
3. Eibert, Jerry 39 37.18m
1. Klein, Joe 32 38.02m
2. Kelmenson, Gary 34 35.08m

PENTATHLON - July 13, 198460-64

	L.J.	JAV.	200	DIS.	1500	IAAF
Pete Fetter (63)	4.58m	38.52m	29.6	28.25m	DNF	
Score:	266	468	229	433	0	1396
Cum Score	734	963	1,396	1396		
WAVA Score:	790	753	640	450.5	0	
Cum Score	1,543	2,183	2,633.5	2633.5		

65-69

	L.J.	JAV.	200	DIS.	1500	IAAF
Bill Burke (65)	4.92m	33.94m	33.2	33.21m	DNF	
Score:	351	396	37	545	0	1329
Cum Score	747	784	1,329	1329		
WAVA Score:	1152	757.6	480	655.6	0	
Cum Score	1,909	2,389	3,044.6	3,044.6		

50-54

	L.J.	JAV.	200	DIS.	1500	IAAF
1. Ed Martin (50)	4.86m	40.48m	27.6	32.64m	6:05.6	
Score:	336	498	358	533	115	1840
Cum Score	834	1,192	1,725	1,840		

	L.J.	JAV.	200	DIS.	1500	IAAF
2. Woody Grover (50)	4.86m	20.88m	25.0	24.45m	5:15.0	
Score:	336	157	556	341	330	1720
Cum Score	493	1,049	1,390	1,720		

	L.J.	JAV.	200	DIS.	1500	IAAF
3. Ted Oviatt (50)	4.33m	27.90m	28.2	27.91m	4:59.6	
Score:	201	293	318	425	410	1647
Cum Score	494	812	1,237	1,647		

55-59

	L.J.	JAV.	200	DIS.	1500	IAAF
Jock Jocoy (58)	4.43m	27.60m	27.0	18.82m	5:49.5	
Score:	228	287	401	190	177	1283
Cum Score	515	916	1,106	1,283		

40-44

	L.J.	JAV.	200	DIS.	1500	IAAF
1. Mike Woodward (41)	4.55m	39.22m	25.3	40.83m	5:39.0	
Score:	259	479	531	702	220	2191
Cum Score	738	1,269	1,971	2,191		

45-49

	L.J.	JAV.	200	DIS.	1500	IAAF
1. Ray Fitzhugh (49)	4.96m	34.86m	29.0	26.80m	6:38.7	
Score:	361	411	266	399	4	1441
Cum Score	772	1,038	1,437	1,441		

30-34

	L.J.	JAV.	200	DIS.	1500	IAAF
1. Nate Robinson (32)	6.61m	48.22m	22.5	30.45m	5:06.7	
Score:	738	609	790	484	372	2993
Cum Score	1,347	2,137	2,621	2,993		

	L.J.	JAV.	200	DIS.	1500	IAAF
3. Marcel LaCrone (33)	4.30m	32.54m	28.5	21.04m	5:06.1	
Score:	194	373	298	252	375	1492
Cum Score	567	865	1,117	1,492		

	L.J.	JAV.	200	DIS.	1500	IAAF
2. William Foots (30)	5.19m	34.80m	24.9	23.03m	5:12.7	
Score:	418	410	565	305	342	2040
Cum Score	828	1,393	1,698	2,040		

35-39

	L.J.	JAV.	200	DIS.	1500	IAAF
2. Carl Flowers (37)	6.70m	39.02m	23.8	27.08m	5:13.5	
Score:	757	476	662	406	338	2639
Cum Score	1,233	1,895	2,301	2,639		

	L.J.	JAV.	200	DIS.	1500	IAAF
1. Jim Hollister (39)	5.92m	45.18m	23.9	28.55m	4:39.8 *	
Score:	586	566	653	441	526	2772
Cum Score	1,152	1,805	2,246	2,772		

WR World record
AR American record
* age record

Javelin

Women

1. Mendyka, Edith	73	20.18m *
1. Kinsey, Shirley	55	22.92m
2. Dietderich, Shirl	58	21.06m
1. Miller, Christel	49	28.06m
1. Schumacher, S.	37	19.62m

Men

1. MacConaghy, Rbt.	76	30.68m AR
2. McFadden, Win	79	19.66m
1. York, James	71	25.08m
2. Pierotti, Don	73	24.78m
3. Vesco, Art	72	20.08m
1. Lomardi, Tony	62	40.08m
1. Grimm, Emson	58	14.46m
1. Martin, Ed	50	37.66m
2. Wojcik, Jerry	54	31.12m
1. Fitzhugh, Ray	49	34.08m
1. Wilke, Warren	35	56.32m
2. Jarvis, Steve	36	54.44m
3. Reilly, Frank	36	53.00m
4. Rook, Richard	37	44.00m
5. Rook, Ron	35	41.22m
1. Robinson, Nate	32	51.76m
2. Kelmenson, Gary	34	40.64m

Hammer

Women 4K

1. Schumacher, Sondra	37	20.08m
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Men 5K: 6K: and 16#

1. Pierotti, Don	70	30.70m
2. York, James	71	29.27m
3. Vesco, Art	72	26.26m
1. Bangert, Bill	60	38.78m
2. DeVaugh, Tom	61	32.72m
3. Lampert, Seymour	64	28.05m
1. Grimm, Emson	58	14.01m
1. Thompson, F.S.	51	49.80m
2. Douglass, Dave	52	35.48m
3. Wojcik, Jerry	54	31.80m
1. Humphreys, Rbt.	48	39.22m
2. Hart, Jim	47	38.74m
1. Higgins, Lloyd	42	48.42m
2. Sheinker, Abe	44	28.91m
1. Reilly, Frank	36	52.86m
2. Deller, Mike	35	47.96m
1. Kelmenson, Gary	34	43.28m

LINCOLN TC CHAMPIONSHIPS
U. OF NEBRASKA-LINCOLN
JULY 15, 1984

110 METER HURDLES

Open-M	1. Brian Warren, 16.6
40-49-M	1. Al Maxey, 21.3

100 METER DASH

Open-W	1. Deb Stubblefield, 16.4
	2. Ann Petroff, 17.7
Open-M	1. # Mike Badami, 11.2
	2. Dave McClure, 11.5
	3. Greg MacLean, 11.6
	4. Chris Badami, 11.6
	5. Steve Miller, 12.5

30-39-M	1. # Steve Hyde, 11.0
	2. Tom Fick, 12.5
	3. Frank Fowler, 12.8
40-49-M	1. # Thornton Shelton, 12.0
	2. Paul Orvis, 13.1
	3. Al Maxey, 13.8

50-59-M	1. # Chuck Sales, 13.2
	2. Stan Giles, 13.2
60-69-M	1. # James Upham, 13.4
	2. Clarence Osborn, 19.2

200 METER DASH

Open-W	1. Ann Petroff, 38.2
Open-M	1. Mike Badami, 22.9
	2. Chris Badami, 23.5
	3. Steve Miller, 25.4

30-39-M	1. # Fred Booker, 21.9
	2. Steve Hyde, 22.5
40-49-M	1. Thornton Shelton, 24.6
	2. Paul Orvis, 26.7
	3. Bob Hoover, 28.7

50-59-M	1. Chuck Sales, 27.9
	2. Stan Giles, 28.1
60-69-M	1. # James Upham, 27.6
	2. Clarence Osborn, 38.2

400 METER DASH

Open-M	1. Dennis Pickard, 54.1
	2. Steve Miller, 57.0
30-39-M	1. # Fred Booker, 50.9
	2. Steve Hyde, 51.1
	3. Bill Blankenship, 52.6
	4. Kurt Clyne, 63.0
	5. Ken Winston, 65.4

40-49-M	1. Thornton Shelton, 56.8
	2. Al Petroff, 57.1
	3. Jerry Holmberg, 60.1
	4. Paul Orvis, 61.5
	5. Ross Greathouse, 62.2
	6. Bob Hoover, 68.5

50-59-M	1. #Stan Giles, 67.9
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60-69-M	1. #James Upham, 64.6
	2. Chester Peters, 75.4

800 METER RUN

Open-M	1. #Dan Overton, 1:52.6
	2. Mike Jones, 1:52.8
	3. Tim Brown, 2:00.8
	4. Rhett Meints, 2:18.4

30-39-M	1. Kirk Bradford, 2:34.0
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40-49-M	1. Al Petroff, 2:13.4
	2. Jerry Holmberg, 2:21.1
	3. Ross Greathouse, 2:25.2

60-69-M	1. #Chester Peters, 2:51.3
	2. Clarence Osborn, 3:21.5

MILE RUN

Open-W	1. Mari Kloess, 5:35.1
	5:40.2)

30-39-W	1. # Elaine Holmberg, 6:58.3
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Open-M	1. # Mike Jones, 4:11.7
	2. Tom Kilcoyne, 4:17.0
	3. Jon Fisher, 4:31.9
	4. Paul Vicary, 4:48.4

30-39-M	1. # Craig See, 4:40.4
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	2. Don Shoven, 4:55.8
	3. Kirk Bradford, 5:03.2
	4. Kurt Clyne, 5:17.0
	5. Ken Winston, 5:17.1

40-49-M	1. Ron Grauer, 5:05.2
	2. Don Dickmeyer, 5:06.0

60-69-M	1. # Chester Peters, 6:24.8
	2. Clarence Osborn, 6:42.9

5000 METER RUN

Open-W	1. Susan Howard, 20:04.9
	2. Mari Kloess, 21:41.7
Open-M	1. Glen Cunningham, 16:31.6
	2. Matt Joeckel, 16:48.4
	3. Mike Henton, 17:16.6
	4. Andy Rathjen, 17:48.7

30-39-M	1. Craig See, 16:57.2
	2. Don Shoven, 17:27.8
	3. Lynn Rathjen, 17:38.6
	4. Kirk Bradford, 20:30.5

40-49-M	1. #Don Dickmeyer, 17:22.3
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	2. Ron Grauer, 17:26.2
60-69-M	1. #Clarence Osborn, 26:31.5

HIGH JUMP

Open-M	1. John Otte, 6'-7"
	2. Dennis Pickard, 6'-2"
	3. Greg MacLean, 5'-8"
30-39-M	1. David Venema, 5'-6"
40-49-M	1. #Al Maxey, 5'-4"

	2. Bob Hoover, 4'-6"
50-59-M	1. Bill Butterworth, 4'-10"
	2. Stan Giles, 4'-4"

LONG JUMP

Open-M	1. Dennis Pickard, 20'-6"
	2. Greg MacLean, 20'-4"
	3. Brian Warren, 19'-8 1/2"
	4. Rhett Meints, 17'-5"

30-39-M	1. Steve Stubblefield, 14'-8 1/2"
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40-49-M	1. Bob Warren, 18'-1 1/2"
	2. Bob Hoover, 14'-1 1/2"

50-59-M	1. Bill Butterworth, 15'-4 1/2"
	2. Stan Giles, 13'-8"

TRIPLE JUMP

Open-W	1. Shari Pickard, 31'-2 1/2"
Open-M	1. Dennis Pickard, 44'-1"
	2. Brian Warren, 38'-0"

30-39-M	1. Steve Stubblefield, 30'-4"
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40-49-M	1. Bob Hoover, 29'-11"
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Continued on Next Column

NEW YORK MASTERS RELAYS, JULY 15, 1984, KINGS POINT, NEW YORK

4 x 100 meters

30-39 MEN	
N.Y.PIONEERS	45.1
OVERBY-FERGURSON-JOHN-GOODSON	
30-39 WOMEN	
N.Y.MASTERS	55.6
PINTO-HOBBS MCCORD CLAIR	
40-49 MEN	
PHILADELPHIA MASTERS	45.5
GRAY ABAYOMI BANTURN BARNETT	
N.Y.PIONEER "A"	46.2
SHANE DYCE BARNWELL SMALL	
N.Y.PIONEER "B"	49.0
BALLARD PLANT VALENTINE PLENCENSE	
50-59 MEN	
N.Y.MASTERS	54.4
COHEN KLEIN TALBOTT MURPHY	
CENTRAL PARK T.C.	62.6
GUNTHER DOE HARVEY MAX	
70+	
PHILA. MASTERS	61.3
BOAL BRACELAND GONZALEZ NILSON	

4 x 200 meters

30-39 MEN	
N.Y.PIONEERS	1:39.3
OVERBY HOWARD McDONALD JOHNSON	
30-39 WOMEN	
N.Y.MASTERS	2:00.6
PINTO HOBBS MCCORD CLAIR	
40-49 MEN	
N.Y.PIONEERS "A"	1:36.7
BARNWELL DYCE SMALL SHANE	
PHILA. MASTERS	1:37.4
GRAY ABAYOMI BANTURN BARNETT	
N.Y.PIONEERS "B"	1:43.6
BALLARD PLANT VALENTINE PLENCENSE	
50-59 MEN	
N.Y.MASTERS	1:56.6
KLEIN MURPHY TALBOTT COHEN	
CENTRAL PARK	2:12.5
NASSE SHINDLER HUGH SCHON	
70+ MEN	
BOAL BRACELAND GONZALES NILSEN	

4 x 400 meters

30-39 MEN	
N.Y.PIONEERS	4:01.7
BALLARD McDONALD PLANT HOWARD	
40-49 MEN	
N.Y.PIONEERS	3:55.0
SMALL SHANE VALENTINE DYCE	
50-59 MEN	
N.Y.MASTERS	4:32.7
CAMEIRA KLEIN TALBOTT COHEN	
CENTRAL PARK	5:01.9
HURGH SCHON GUNTHER JOE	

4 x 800 meters

40-49 MEN	
CENTRAL PARK	9:11.7
HOWARD APONTE PAULING ERICH	
50-59 MEN	
N.Y.MASTERS	10:19.9
O'CONNEL SIDEROWITZ COHEN CAMEIRA	
CENTRAL PARK	11:00.2
NASSE SCHINDLER BOWEN SCHON	

4 x 1600 meters

50-59 MEN	
CENTRAL PARK	22:56.2
ERICH SIMONTE NASSE SCHINDLER	
N.Y.MASTERS	24:24.1
SIDEROWITZ CAMEIRA COHEN TALBOTT	

Continued From Previous Column

50-59-M	1. Bill Butterworth, 31'-5"
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SHOT PUT

Open-M	1. Ted Bulling, 47'-7"
	2. Scott Riley, 43'-1"
40-49-M	1. Bob Warren, 42'-6 1/2"
	2. Al Maxey, 36'-7 1/2"

DISCUS

Open-M	1. #Gene Abernathy, 158'-0"
	2. Ted Bulling, 145'-0"
	3. Scott Riley, 143'-0"

Continued on Next Column

SPRINT MEDLEY (400-200-200-800)

40-49 MEN	
N.Y.PIONEERS	4:19.3
SHANE SMALL BARNWELL CURRY	
50-59	
N.Y.MASTERS	4:36.0
TALBOTT MURPHY COHEN O'CONNELL	
CENTRAL PARK	4:53.9
NASSE BOWEN SCHOEN ERICH	
70+	
CENTRAL PARK	5:25.0
GONZALEZ HILLS BRACELAND BOAL	

DISTANCE MEDLEY (1200-400-800-1600)

50-59 MEN	
N.Y.MASTERS	13:21.9
FINE KLEIN COHEN CAMEIRA	
CENTRAL PARK	13:47.7
ERICH NASSE SHINDLER SCHON	

AGE MEDLEY (4 x 400 - 40-50-60-40)

CENTRAL PARK	4:43.6
APONTE ERICH DENNEY PAULING	

TEAM SCORES

30-30	50+
PIONEERS 15	N.Y.MASTERS 34
N.Y.MASTERS 10	CENTRAL PARK 29
40-49	PHILA. MASTERS 15
PIONEER 16	
N.Y.MASTERS 15	OVERALL
PHILA. 9	N.Y.MASTERS 44
CENTRAL PARK 5	CENTRAL PARK 34
	PIONEERS 31
	PHILA. MASTERS 24

DISCUS - SHOT PUT

30-39	
DUNPHY D-105'3 S 78'8 1/2	
CORRIGAN D-53'1 S 104'10	

BARNETT	D-62'4 22'1
BLACK	D-71'7 1/2 S- 24'1

50-59	
CARSTENSEN	D-97'6 S 42'7 1/2
KINTISH	D-131'8 S 39'7

70+	
GONZALEZ	D-109'1 1/2 S-
BRACELAND	D- 85'4 S

HILLS	D-82'1
BOAL	D-70'9

WARD	S-29'0
HENRY	S-33'2 1/2

LONG JUMP

50-59	
ALAN COHEN	14'7
BEVERLY COHEN	10'10

TRIPLE JUMP

50-59	
BEVERLY COHEN	13'11

Continued From Previous Column

40-49-M	1. Bob Warren, 130'-9"
	2. P. Riley, 101'-3"
	3. Al Maxey, 91'-9"
	4. Jerry Holmberg, 76'-4"

50-59-M	1. Bill Butterworth, 90'-1"
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JAVELIN

Open-M	1. Brian Warren, 146'-7"
	2. Greg MacLean, 139'-6"

40-49-M	1. #Bob Warren, 136'-0"
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	2. Al Maxey, 114'-0"
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Ties meet record; * meet record

15K Rankings

(Continued from Page 25)

15 kilometers

1:22:06i	Josephine Hess
1:32:19	Ann Snyder
1:35:53	Ada Thomas
1:36:41	Helen Reiter

Women- 65 thru 69

65	Selah	WA	26 Jun,OR-A
66	Sun City	AZ	20 Feb,AZ-A
69	San Francisco	CA	10 Apr,CA-A
65	Edina	MN	8 May,MN-A

15 kilometers

1:41:59	Felicitas Salazar
1:59:20	Alta Truex
2:17:16	Helen Stout

Women- 70 thru 74

74	San Diego	CA	28 May,CA-A
74	Beallsville	OH	10 Sep,OH-A

11TH ANNUAL PHILA MASTERS OUTDOOR CHAMPIONSHIPS July 21, 1984 - Temple Univ Philadelphia, PA

100 meters

M30	Alfonzo Walton	0:10.9
	Leroy Gallaway	0:11.4
	Dawud Saleem	0:11.5
	Cliff Smith	0:11.9
	Taylor Tunstall	0:12.8
	Rob Rudrow	0:12.8
M40	Rob Williams	0:11.2
	Dham'i Abayomi	0:11.7
	Jim Bantum	0:11.8
	Jim Hodge	0:12.7
M45	Mel Barnwell	0:11.8
	Larry Wilson	0:11.9
	Rick Deere	0:11.9
	Ernie McCombs	0:12.2
	Stan Derry	0:12.6
	John Snell	0:13.0
M50	Matt Brown	0:11.9
	Charlie Pratt	0:11.9
	Larry Pratt	0:12.4
	Patterson	0:13.6
	Bill Dupree	0:13.9
	Lance	0:14.1
	Nick Breslin	0:18.8
M55	Tom Brooks	0:12.9
	Al Cohen	0:13.4
M60	Oscar Harris	0:13.6
	J. Walker Pierson	0:14.9
M65	Dave Lawyer	0:13.7
	Dave Hall	0:14.6
M70	Claude Hills	0:15.8
	Bob Detweiler	0:19.7
M75	Don Ernst	0:17.5
M80	Arlene Pitcher	0:17.2
W35	Jennifer Pinto	0:14.5

200 meters

M30	Alfonzo Walton	0:22.6
	Cliff Smith	0:24.7
	Taylor Tunstall	0:26.4
M35	Carl Grossman	0:27.5
	Peter Taylor	0:28.3
M40	Rob Williams	0:23.1
	Dham'i Abayomi	0:23.5
	Robert Stanford	0:24.2
	Jim Bantum	0:24.9
	Jim Hodge	0:26.2
M45	Mel Barnwell	0:24.3
	Ernie McCombs	0:25.2
	Jim Demma	0:25.7
	Phil Plant	0:27.6
M50	Matt Brown	0:24.7
	Patterson	0:30.1
M55	Tom Brooks	0:26.3
	Al Cohen	0:27.0
	Joe Kelly	0:27.3
M60	Oscar Harris	0:27.9
M65	Dave Lawyer	0:28.8
M80	Arlene Pitcher	0:37.2
W35	Jennifer Pinto	0:29.9

400 meters

M35	Carl Grossman	0:59.3
M40	Dham'i Abayomi	0:53.6
	Bob Stanford	0:56.0
	Jim Hodge	0:58.6
	J. Merrill	1:07.5
M45	Jim Bradley	0:57.1
	Haig Bohigian	1:01.0
	Phil Plant	1:02.8
M55	Al Cohen	1:01.7
	Gene Kelly	1:02.0
	Alfie Hunter	1:04.0
	Bill Dwyer	1:25.7
M60	Oscar Harris	1:06.5
	Jack McCarthy	1:09.7
	Don Harris	1:09.9

800 meters

M30	Rob Jackson	1:58.7
	Mansfield	2:01.6
	L. Williams	2:03.0
	Herron	2:19.2
M35	Jim Sylvester	2:12.6
M40	Don Boyer	2:05.6
	Bob Bennett	2:06.9
	Tom O'Hara	2:13.7
	Don Principe	2:26.1
M45	Jim Demma	2:07.6
	Haig Bohigian	2:35.4
M50	John Blood	2:33.9
M55	Kelsey Brown	2:20.9
	Al Cohen	2:44.9
M60	Ev Newell	2:45.3
	Jack McCarthy	2:55.0

1500 meters

M30	Rob Jackson	4:09.0
M35	Walt Hawkins	4:03.3
	Jim Sylvester	4:30.5
M40	Bob Bennett	4:30.1

M50	John Blood	5:16.8
	Nick Breslin	5:47.3
	Bill Belleville	5:54.0
M55	Al Cohen	5:30.9
	Bob Parsons	5:33.2
M60	Ev Newell	5:40.9

3000 meters

M55	Al Cohen	14:31.6
	Bob Parsons	14:33.9

10,000 meters

M40	Jerry McConnell	47:24.0
M50	John Blood	42:24.7
M55	Gene Martenson	43:41.8
M60	Marv Levy	54:08.5

110 m. hurdles

M30	Leroy Gallaway	0:14.7
	Dawud Saleem	0:15.2
	Rob Rudrow	0:15.4
	Cliff Smith	0:15.7
	G. Williams	0:17.7
M35	Bill Meadows	0:16.4
	Pat Walker	0:16.6
M40	Ted Gray	0:16.4
M45	Jim Bradley	0:20.8
M50	Larry Pratt	0:16.8
	Leon Trout	0:17.2
M55	Gene Kelly	0:22.8

400 m. hurdles

M30	Rob Favorite	0:58.2
	G. Williams	1:08.3
M45	Jim Bradley	1:11.6
M55	Gene Kelly	1:17.3

1 mile walk

M35	Ron Salvio	8:14.3
	Tom Radlovacki	8:31.5
	Peter Taylor	9:21.3
M70	Col. A. Sabaroff	12:57.2
M75	Don Ernst	12:40.0
W50	Rhoda Lawyer	12:53.3

Long Jump

M30	Antonio Herron	17'8 1/2"
	Taylor Tunstall	16'1 1/2"
M35	James Wilson	22'1"
	Bill Meadows	18'4 3/4"
	John Anderson	14'3 1/2"
M40	Ted Gray	16'5 1/2"
M45	John Snell	14'5 1/2"
	Phil Plant	14'4 1/2"
M50	Bill Dupree	14'4 1/2"
	Lance	14'3 3/4"
	Patterson	14'3 3/4"
	Ron Noreen	12'6 3/4"
M60	Oscar Harris	14'3 1/2"
M65	Dave Hall	12'4 1/2"
M70	Claude Hills	10'6 1/2"
M80	A.E. Pitcher	7'5"
W50	Bev Cohen	5'9 1/2"

High Jump

M35	Bill Meadows	5'
	Ron Salvio	5'
	Lyman Johnson	4'6"
M50	Walt Hutchins	5'
	Larry Pratt	4'8"
	Leon Trout	4'6"
M65	Dave Hall	3'8"
M70	Bob Detweiler	3'7"
M80	A.E. Pitcher	3'8"

Triple Jump

M30	Taylor Tunstall	36'6 1/2"
M35	Ron Salvio	31'8"
M45	Haig Bohigian	27'3 1/2"
M50	Pay Carstensen	28'8 1/2"
	George Taylor	23'7 1/2"
M55	Al Cohen	26'7"
M70	Claude Hills	23'5 1/2"
M80	A.E. Pitcher	18'6 3/4"
W50	Bev Cohen	13'8 1/2"

Pole Vault

M35	Mearl Balmer	11'3"
	Ron Salvio	8'0"
M50	George Taylor	6'6"

Shot Put

M30	Paul Corrigan	12.10 m.
M35	John Anderson	10.72 m.
M50	Pay Carstensen	12.35 m.
	James Rothrock	12.16 m.
	Harry Holm	10.03 m.
M55	Tom Brooks	9.66 m.
M60	J.W. Pierson	10.40 m.
M65	Gene Wood	9.76 m.
M70	Ross Carter	12.98 m.
	Bob Detweiler	9.04 m.
	Claude Hills	8.16 m.
W40	Laurie Rothrock	7.40 m.
M45	Rich Deere	11.21 m.
	Stan Derry	9.40 m.

Discus

M30	Paul Corrigan	45.22 m.
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M35	John Anderson	32.32 m.
	Glenn Weaver	30.28 m.
M40	John Abbott	41.56 m.
	L.R. Pratt	36.90 m.
M45	Haig Bohigian	26.60 m.
M50	Harry Holm	39.08 m.
	J. Rothrock	37.82 m.
	Ron Noreen	29.20 m.
M60	Don Harris	24.94 m.
	J.W. Pierson	20.64 m.
M65	Gene Wood	27.18 m.
M70	Ross Carter	36.44 m.
	Bob Detweiler	26.98 m.
	Claude Hills	25.08 m.
M80	A.E. Pitcher	15.32 m.
W40	Laurie Rothrock	21.98 m.
W50	Rhoda Lawyer	12.66 m.

Javelin

M35	Glenn Weaver	168' 4"
M45	Haig Bohigian	130' 3"
M50	J. Rothrock	144' 0"
	Pay Carstensen	128' 3"
	Ron Noreen	104' 0"
	George Taylor	95' 11"
	Marstensen	69' 2"
M55	Tom Brooks	91' 0"
M60	Don Harris	94' 7"
	J.W. Pierson	45' 11"
M65	Gene Wood	67' 11"
M70	Claude Hills	100' 0"
	Bob Detweiler	80' 9"
M80	A.E. Pitcher	58' 0"
W40	Laurie Rothrock	59' 3"
W50	Rhoda Lawyer	41' 2"

35-Pound Weight Throw

M30	Paul Corrigan	33' 9"
M35	Ron Salvio	27' 9 1/2"
M50	Pay Carstensen	33' 6"
M65	Gene Wood	25' 1"
M70	Bob Detweiler	33' 5 1/2"
	Claude Hills	22' 4 3/4"

110 METER HURDLES

35-39 Men(42")	1. Jim Ackroyd	19.9
	2. Dana Boardman	21.6

40-44 Men(39")	1. John Hullum	21.1
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100 METER HURDLES

65-69 Men(33")	1. William Carmen	20.6
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100 METER DASH

30-34 Women	1. Leah Dauphinee	13.4
	2. Kathy Laquale	13.9

35-39 Women	1. Sharon Chancellor	15.3
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40-44 Women	1. Patricia Rowe	15.5
	2. Cora Parry	16.6

45-49 Women	1. Audrey Boyle	17.3
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50-54 Women	1. Sally Goodhue	15.8
	2. Elizabeth Szawlowski	17.6

70-74 Women	1. Mary Gorham	26.4
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35-39 Men	1. Steve Mackowitz	12.0
	2. Michael Augeri	12.1
	3. Stephen Hackett	14.7

40-44 Men	1. John Whelan	11.8
	2. Garry Giragosian	12.4
	3. Frank Walker	12.9
	4. Joseph Viveiros	13.6
	5. Dick Dimino	15.2

45-49 Men	1. Melvin Barnwell	11.9
	2. Dick Hurley	12.8

50-54 Men	1. Frank Barous	12.5
	2. Pat Ferraro	13.2
	3. Jim Rothrock	13.5
	4. Matt Boyle	13.5

55-59 Men	1. Thomas Brooks	12.8
	2. Alan Cohen	13.5
	3. Richard Klein	13.9
	4. Anthony Viveiros	14.5
	5. Al Flint	14.7
	6. Jack Doorlay	15.3

60-64 Men	1. Vern Mattson	13.6
	2. Angelo Oliver	15.6

65-69 Men	1. Nathaniel Heard	13.9
	2. William Carmen	14.2
	3. Sparks Sorlien	14.5

WOLVERINE WEIGHT PENTATHLON

Hope College Athletic Field Holland, Mich. July 21, 1984

Name	Age	Discus	Shot	Javelin	Hammer	Weight	Score
Brian Shipailla	17	31.32 527.5	13.34 686.5	34.50 551.5	24.59 485.5	10.90 464	2715
Craig Shipailla	16	26.41 413.5	10.85 522	33.30 529.5	20.23 385.5	9.71 381.5	2232
Jeff Allen	21	41.92 723	14.35 749	45.20 567	22.59 346	10.16 472	2857
Tom Kurginski	38	26.23 385.5	11.82 587	25.60 250.5	29.36 477	10.80 518	2218
Fred Busch	44	21.05 252.5	9.36 434	32.43 405	17.11 231.5	6.67 192	1515
Bob Harvey	41	36.16 608	12.13 633	35.66 459	25.19 407	8.44 341	2448
Cari Klehm	45	33.58 611.5	11.90 675	24.50 302.5	35.01 636.5	12.19 678	2904
Gene Paasinen	51	35.44 593	11.20 545.5	23.26 325.5	31.23* 543	9.63 556	2563
Jackson Tovell	53	33.83 559	10.53 499	33.38 531	34.20 559	9.42 541	2689
Richard Bergenback	57	29.13 454	11.04 596.5	38.52 696	40.52 725.5	11.54 789	3260
Ham Morningstar	67	31.68 582.5	12.26 695	30.16 636.5	30.04 585.5	8.78 528	3027
Pete Gulgin	68	39.12 747	11.13 614.5	22.52 453	30.51 594.5	8.12 469	2877
Harold Parsons	65	38.12 725.5	11.09 612	28.16 591	32.75+ 711	10.64 682	3351
Phil Partridge	73	22.62 ^{wr} 713.5	6.07 503.5	25.32 ^{wr} 691.5	19.22 ^{ar} 620	6.90 652.5	3181
Al White	80	10.26 117.5	4.87 274	8.86 245	15.10 496	4.10 296	1428

800 METER RUN

40-44 Women	1. Linda Upton	2:28.4
50-54 Women	1. Sally Goodhue	2:59.8
30-34 Men	1. Rob Jackson	2:01.5
	2. Stanley Fri	2:16.9
40-44 Men	1. Dave Farley	2:09.2
	2. James Verdier	2:16.9
	3. Peter Szawowski	2:19.0
	4. Jerry Cromwell	2:19.2
45-49 Men	1. John Dugdale	2:09.7
	2. Larry Decker	2:23.7
50-54 Men	1. Andrew Higgins	2:26.2
	2. Len Rittenberg	2:33.9
55-59 Men	1. Louis Smith	2:27.0
	2. Alan Cohen	2:39.7
	3. Edward O'Connell	2:47.3
	4. Herb Silander	2:57.4
60-64 Men	1. Carl Hammen	2:43.2

1500 METER RUN

30-34 Women	1. Suzette Hall	5:33.8
35-39 Women	1. Kate Favreau	5:11.6
40-44 Women	1. Linda Upton	5:04.1
30-34 Men	1. Rob Jackson	4:16.6
	2. Patrick Condon	4:28.7
	3. Charlie Mandevill	4:33.1
	4. Richard Chebookji	4:39.3
	5. Matthew Hird	4:40.1
35-39 Men	1. Stoddard Melhado	4:46.3
	2. Brad Johnson	5:05.0
40-44 Men	1. Kirk Randall	4:15.6
	2. John Davis	4:29.7
	3. Lee Sargent	4:30.5
	4. James Verdier	4:32.7
	5. Jerry Cromwell	4:35.9
	6. Peter Szawowski	4:51.4
	7. Paul Foster	4:59.0
45-49 Men	1. John Dugdale	4:17.4
	2. Larry Decker	4:56.0
50-54 Men	1. Len Rittenberg	5:10.7
55-59 Men	1. Alan Cohen	5:28.5
	2. Herb Silander	5:38.5
	3. Vincent DeMeo	6:10.5
60-64 Men	1. Carl Hammen	5:39.4

5000 METER RUN

35-39 Women	1. Susan Foster	22:24.5
45-49 Women	1. Margaret Abbott	25:09.1
30-34 Men	1. Brian Savilonis	17:30.5
	2. Thomas Kenwood	19:34.6
35-39 Men	1. Stoddard Melhado	17:01.9
	2. Brad Johnson	18:18.9
	3. James Reinbold	18:35.8
40-44 Men	1. Kirk Randall	15:57.7
	2. Al Devereaux	16:05.0
	3. Lee Sargent	16:15.1
	4. Jack Thornhill	17:19.0
	5. Paul Foster	17:51.6
45-49 Men	1. John Fournier	20:21.4
	2. Michael Derechin	20:28.5
50-54 Men	1. John McGowan	18:02.1
55-59 Men	1. Ed O'Connell	20:36.6
	2. Vincent DeMeo	21:08.1
	3. George Grzebien	25:24.9
60-64 Men	1. George Hugo	23:06.6
70-74	1. Arthur Ballou	22:32.4

5000 METER WALK

30-34 Women	1. Kathy Laquale	35:06.6
35-39 Women	1. Susan Foster	35:16.6
40-44 Women	1. Patricia Rowe	48:31.6
55-59 Women	1. Nancy Delaney	43:17.9
60-64 Women	1. Marie Henry	34:15.0
65-69 Women	1. Lois Mulliken	43:28.5
70-74 Women	1. Mary Gorham	44:46.4
30-34 Men	1. Brian Savilonis	25:10.2
	2. Bruce Douglass	29:01.2
35-39 Men	1. George Lattarulo	27:51.0
45-49 Men	1. Jake Brederson	32:54.2
65-69 Men	1. Robert Mulliken	36:24.6

4 X 400 METER RELAY

40-49 Men	1. New York Pioneers	4:01.0
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HIGH JUMP

35-39 Men	1. Dana Boardman	5'4"
	2. Steve Mackowitz	5'2"
	3. James Ackroyd	4'10"
40-44 Men	1. John Hullum	4'10"
	2. Frank Walker	4'8"
	3. Joseph Viveiros	3'8"
50-54 Men	1. Charles Kraemer	4'8"

55-59 Men	1. William Garrahan	4'8"
	2. Ray Cormier	3'10"
	2. Anthony Viveiros	3'10"
60-64 Men	1. Vern Mattson	3'6"
POLE VAULT		
50-54 Men	1. Charles Kraemer	9'0"
55-59 Men	1. Jack Doorlay	6'6"
60-64 Men	1. Vern Mattson	6'0"

LONG JUMP

40-44 Women	1. Cora Parry	7'4 3/4"
50-54 Women	1. Beverly Cohen	4'6"
35-39 Men	1. Steve Mackowitz	17'4"
	2. Jim Ackroyd	16'8 1/2"
40-44 Men	1. Rufus Pleasant	16'1 1/2"
	2. Shawn Cooper	15'8 1/2"
45-49 Men	1. Joel Cohen	16'0 1/4"
	2. Philip Plant	15'1 1/2"
50-54 Men	1. Frank Barous	17'4"
	2. Jim Rothrock	15'5 1/2"
	3. Charles Kraemer	14'9"
	4. Dick Sullivan	12'11 1/2"
55-59 Men	1. Alan Cohen	13'11"
	2. Jack Doorlay	13'2"
	3. Ray Cormier	12'9 1/2"
	4. Anthony Viveiros	12'4 3/4"
60-64 Men	1. Vern Mattson	14'1 1/2"
65-69 Men	1. William Carmen	14'1 1/2"
	2. Sparks Sorlien	13'3 1/2"
	3. Nathaniel Heard	12'4"

SHOT PUT

40-44 Women	1. Laurie Rothrock	25'7 1/2"
45-49 Women	1. Audrey Boyle	25'4 1/2"
50-54 Women	1. Joan Dash	30'1 1/2"
70-74 Women	1. Mary Gorham	19'2 3/4"
30-34 Men	1. Ken Woodard	35'3"
35-39 Men	1. Jim Ackroyd	35'11 3/4"
	2. Dana Boardman	33'5 1/2"
	3. Stephen Hackett	29'1"
40-44 Men	1. Shawn Cooper	30'1"
	2. Joseph Viveiros	29'3"
50-54 Men	1. Jim Rothrock	43'11"
	2. Pay Carstensen	42'3 3/4"
	3. Matt Boyle	34'0"
	4. Robert Lord	33'7"
	5. Charles Kraemer	33'4"
	6. Harley Atwood	28'8 1/2"
55-59 Men	1. Don Henry	34'1 1/2"
	2. Thomas Brooks	33'7"
	3. Anthony Viveiros	31'5"
	4. Jack Doorlay	28'5 1/2"
60-64 Men	1. Greg Battick	44'2"
65-69 Men	1. Nathaniel Heard	45'3"
	2. Tom McDermott	44'5 1/2"
70-74 Men	1. Joseph McCluskey	28'4 3/4"

DISCUS

40-44 Women	1. Laurie Rothrock	80'5"
45-49 Women	1. Audrey Boyle	73'0"
50-54 Women	1. Joan Dash	70'8"
30-34 Men	1. Michael Sherrill	103'1"
35-39 Men	1. Bill Currier	116'10"
	2. Jim Ackroyd	102'5"
	3. Dana Boardman	95'10"
40-44 Men	1. Robert Gourley	90'1"
	2. Joseph Viveiros	67'2"
50-54 Men	1. Jim Rothrock	129'3"
	2. Pay Carstensen	102'10"
	3. Robert Lord	102'3"
	4. Matt Boyle	89'0"
55-59 Men	1. William Garrahan	109'11"
	2. Richard Klein	80'11"
	3. Don Henry	79'4"
	4. Anthony Viveiros	68'2"
	5. Jack Doorlay	62'8"
60-64 Men	1. Greg Battick	107'9"
	2. John Vitale	76'5"
65-69 Men	1. Tom McDermott	135'2"
	2. Nathaniel Heard	110'8"
70-74 Men	1. Joseph McCluskey	79'9"

HAMMER THROW

30-34 Men	1. Michael Sherrill	118'2"
40-44 Men	1. Robert Gourley	117'0"
50-54 Men	1. Pay Carstensen	114'5"
	2. Matt Boyle	98'8"
	3. Jim Rothrock	98'7"
60-64 Men	1. Greg Battick	113'0"
65-69 Men	1. Tom McDermott	126'5"
	2. Nathaniel Heard	104'10"
70-74 Men	1. Joseph McCluskey	60'10"

Continued on Next Column

LONG DISTANCE RESULTS

Please send masters race results to: National Masters News, P.O. Box 2372, Van Nuys, CA 91404. Please include date, distance and city.

TAC/USA WOMENS 25K RR CHAMPIONSHIPS; SUDBURY, MASS.; JUNE 3, 1984

1 Marcia Dowling	31 1:38:25
4 B. Harshbarger	41 1:42:41
13 Barbara Pike	42 1:49:39
16 Sally Davis	45 1:53:27
23 Sally Goodhue	50 1:56:30
25 B. Robinson	50 1:57:03
30 Jane Levesque	42 1:59:33
36 Joyce Hals	51 2:03:49
38 Anne Gwynne	43 2:05:51
42 J. Mendelson	42 2:07:10
48 Jean Price	63 2:10:33
52 P. Murphy	43 2:13:52
57 Lynne Bray	40 2:22:35
63 Martha Logan	54 2:37:07
64 Judy Levitt	40 2:37:18
65 P. McQueeney	46 3:17:53

TAC/New England Masters Title: Liberty AC-5:46:55

STEAMBOAT CLASSIC 15K PEORIA, IL; JUNE 16, 1984

1st Overall	
Rich Smith	22 47:11
Karen Bukowski	28 55:28
Top 10 Males	
Jim Oaks	45 54:38
Chas Vanarsdale	40 54:57
Doug Braasch	44 55:10
Joe O'Shea	40 55:10
Gerald Koch	50 55:24
Randy Ziffren	40 58:00
Wayne Cobb	44 58:09
Larry Avery	43 59:41
John Bertsche	55 60:04
Charlie Brown	42 60:29

M40-44	1. Audain, Anne, 28, NZ	32:11
Vanarsdale	2. Urish-McLachie, C. 32, Brks	32:48
Braasch	3. Calhey, Kellie, 22, NB	33:06
O'Shea	4. Hughes, Chris, 25, NB	33:43
	5. Volk-Kingma, Gail, 23, WA	33:51

M45-49	1. Sal Vasquez, 44	31:33
Oaks	2. Ted Hamann, 41	32:06
Earl Jacoby	3. Gary Muhricke, 43	32:41
Gary Little		63:00
		63:34

M50-59	1. Bill Foulk, 51	33:35
Koch	2. Peter McArdle, 55	34:06
Bertsche	3. Rudy Becker, 51	37:40
Don Overend		65:40

M60 & Over	1. George Sheehan, 65	39:15
Francis Kelley	2. Tom Gibbons, 63	41:00
Russell Buster	3. Peter Mahta, 62	42:21
Paul Crutchfield		82:19

Top 5 Females	
Judy Tolliver	40 60:49
Bonnie Kamin	44 68:21
Diane Humphrey	41 70:28
Anna Bahr	40 71:08
Janet Lamb	48 76:23

F40-44	1. Naomi Bartnoff, 60	52:55
F45-49	2. Betty Miller, 66	56:53
Lamb	3. Evelyn Havens, 68	1:00:37
Humphrey		79:05

JAVELIN Continued From Previous Column

40-44 Women	1. Laurie Rothrock	64'11"
	2. Cora Parry	41'2"
45-49 Women	1. Joan Youngs	64'7"
50-54 Women	1. Joan Dash	47'5"
	2. Beverly Cohen	27'10"
70-74 Women	1. Mary Gorham	31'10"
30-34 Men	1. Thomas Kenwood	139'9"
	2. Jonathan Hird	105'4"
35-39 Men	1. Bill Currier	197'5"
	2. Frank Champi	190'9"
40-44 Men	1. Jeff Carlsten	146'7"
	2. Edmund Miley	111'11"
	3. Joseph Viveiros	79'4"
45-49 Men	1. Patrick Conley	128'3"
50-54 Men	1. Robert Youngs	171'0"
	2. Jim Rothrock	163'0"
	3. Pay Carstensen	100'10"
	4. Robert Lord	93'0"
55-59 Men	1. Thomas Brooks	87'0"
	2. Anthony Viveiros	83'9"
	3. Alan Cohen	93'2"
65-69 Men	1. Robert Mulliken	78'0"

V.P. FAIR RUN; ST. LOUIS, MO; JULY 1, 1984

1st Overall	
Mike Vanetta	22 30:08
Andrea Fischer	20 34:49
M40-49	
Kirk Simpson	40 34:23
Ed Schneider	41 35:36
Dathan Hughes	44 36:06
Ron Gibson	41 36:20
Bud Mattes	40 37:49
M50-59	
John Hosner	59 36:47
Leon Fennell	51 36:49
Russ Johnson	51 39:00
M60+	
Hiram Luden	60 45:38
Larry Patterson	69 45:48
M40-49	
Susan Peters	41 40:39
Jackie Corn	40 42:27
Joyce Fletcher	49 45:05
M50-59	
Janice Burnett	50 49:29
Betty Benkert	55 51:15
Lois Spear	56 54:56

MONARCH BANK 5/10K; LAGUNA BEACH, CALIF.; JULY 4, 1984

1st Overall	
Peter Quint	15:40
Nancy Hunsaker	18:10
M40 Tom Burns	16:01
Pete Petersen	16:58
John Rawlings	17:07
M45 Jack Jarrett	18:15
Jerry Brandewick	18:18
Ron Walters	18:59
M50 Bob Donaldson	19:48
Fred Cox	20:04
Jim Clappett	21:08
M55 Hugh Goldstein	21:00
M60+Delmar Gourley	20:18
G.R. Bartolome	25:35
Jay Dagne	25:43
M40 Teresa Ross	22:09
Nancy McIntyre	22:36
Georgina Mittall	24:03
M45 Pat Johnson	25:30
Linda Wahl	28:45
M50 Amy Goldstein	23:19
Fran Metcalf	25:15
Dorothy Griggs	25:29
M55 Chris Hodowski	28:22
1st Overall	
Greg Gonzalez	31:35
Julie Millard	39:55
M40 Harry Hunt	35:42
Skip Spindler	36:40
Vince Sweetser	36:43
M45 Larry Esau	37:58
Steve Dibble	38:56
Hal Cogswell	39:32
M50 Fred Cox	39:34
Jim Clappett	39:46
Bill Holmes	41:34
M55 Angelo Ruggier	42:03
Oliver Falls	43:09
Gerry Derus	46:01
M60+Larry Banuelos	38:59
Bernie Hodowski	49:59
Bob Rohrer	53:46
M40 Gaye Sprout	45:18
Marilyn Whisenand	49:59
Charlene Madig	52:13
M45 Darlene Johnston	57:38
K.A. Turner	58:27
Francine Burlini	60:34
M50 Patricia Pruitt	50:38
Mary Norris	51:46
Alma Shelton	61:19

FATHER MOONEY 8 MILE MAHOPAC, NY; 7/4/84

1st Overall	
Dan Fisher	21 41:25
Lori Jorgensen	25 50:20
M40-49	
Joe Salerno	41 46:31
Robert Clerk	47 47:04
Kim Byung	41 48:36
M50-59	
Tom Barclay	52 48:24
Bill McCaffrey	57 48:49
Don Dixon	57 49:08
M60+	
Bob Rogan	62 54:1

**WESTERN STATES 100 MILE
SQUAW VALLEY TO AUBURN,
CALIF.; JULY 7-8, 1984**

1 James King	27 14:54
4 Douglas Latimer	46 17:28
7 J. Martin Jones	41 18:28
10 Gardner Leighton	50 18:49
14 Bernd Leupold	42 19:00
24 Ian Maddieson	41 19:56
26 Judy Milkie 1-f	34 20:04
29 Bjorg Austrheim-Smith 2-f	41 20:23
32 Hal Winton	52 20:35
34 Tom Ulik	43 20:41
43 Richard Fonseca	49 21:18
62 Ralph Paffenbarger	61 22:03
65 E. Ronesberg	53 22:11
71 John Richards	52 22:16
80 Elin Fossen 7-f	44 22:28
85 Martha Maricle	51 22:42
89 Valerie Doyle	42 22:48

**TAC NATIONAL MASTERS 15K
ROAD CHAMPIONSHIPS; UTICA,
NY; JULY 8, 1984 (UTICA
BOILERMAKER 15K)**

1st Overall	
Geoff Smith	30 44:21
Ena Guevara-Smith	29 52:37

M40	
Kenny Inglis	41 48:12
Kirk Randall	42 48:47
George Keim	41 49:02

M45	
John Dugdale	49 48:50
Ben Johns	48 50:23
Bill Fuller	45 50:35

M50	
Norm Green	52 49:44
Bill Foulk	51 51:48
Frank Pflaging	51 53:04

M55	
Howard Rubin	56 54:04
Tony Sapienza	55 55:56
Bill Irland	55 56:38

M60	
Hubert Morgan	61 57:49
Ed Buckley	62 1:02:24
John Bates	60 1:02:49

M65	
John Rastani	65 1:02:44
Nathaniel White	65 1:05:15
Whitey Sheridan	68 1:13:37

M70	
William Brobston	71 1:06:29

M75	
C. Hackenheimer	78 1:13:40
William McNeil	76 1:37:11

W40	
Cindy Dalrymple	42 55:28
Lina Connors	42 1:00:32
Linda Thurston	42 1:01:13

W45	
Diane Palmason	46 57:35
Margret Betz	47 1:02:13
Betsey O'Neil	45 1:02:32

W50	
Gloria Brown	52 1:00:47
Anny Stockman	52 1:03:15
Dolores Dedek	51 1:11:30

W55	
Beryl Skelton	55 1:07:20
Dolores Quinn	56 1:16:33
Joan Hogenkamp	55 1:24:04

W60	
Mary Kramer	62 1:36:30

**MONTGOMERY COUNTY HOSPITAL
5/10K; BLACKSBURG, VIRGINIA
JULY 14, 1984**

--5K--

1st Overall	
Pat Henner	15:41
Janice Osswald	18:08

M40+	
Joel Turner	18:25
Herb Simpkins	18:28
Jim Hoover	18:59

M50+	
Mason Cole	23:08
Norman Eiss	23:43
Carl Hyers	24:50

M60+	
J.B. Jones	26:15
Faye McCoy	25:19
Sara Mook	25:55

M50+	
Louise Akers	27:02
Patricia Newman	31:48

M60+	
Mary Ellen Moore	28:42
Jane Jones	38:02

--10K--

1st Overall	
Glenn Roach	33:30
Beth Dillinger	39:07

M40+	
Paul Farrier	36:59
Stan Clower	37:55
Ken Shaw	38:13

M50+	
John Hosner	36:46
Paul Smeal	43:23
Eddie Boyd	44:41

M60+	
Martin Hajash	49:10
R. Middleton	55:24
Mary Campbell	57:38
Edna Blume	57:22

**NEW YORK MASTERS FOURTH ANNUAL 10K HANDICAP WALK,
JULY 22, 1984**

NAME	AGE	CLUB	HANDICAP TIME	ACTUAL TIME
McARDLE, HARRY	78	NYM	78:08.5	78:08.5
REZNICK, CYNTHIA	50	--	79:54.5	70:54.5
RUBIN, MEL	54	--	80:18.7	71:48.7
BENJAMIN, AUDREY	48	--	80:47.8	71:47.8
JACOBSON, JEROME	22	--	82:25.5	64:55.2
GARFUNKEL, ROBERT	54	--	83:04.7	74:34.7
JACOBSON, INGRID	36	--	83:16.8	73:36.8
GUZEWICZ, TONY	30	ITC	83:41.7	56:11.7
TIMMONS, BOB	52	NYM	83:52.2	57:22.2
TIMBESS, STEPHEN	37	--	84:04.3	66:34.3
JUREIDINI, ALTHEA	65	NYM	84:26.6	75:56.6
VALIENTE, RON	51	NYM	84:37.4	63:07.4
FLANNERY, PAT	19	ITC	84:57.1	49:57.1
GRAHAM, MARGORIE	43	--	84:58.3	67:28.3
JACQUETTE, JANET	51	--	85:12.2	73:42.2
BOITANO, JACK	51	NYM	85:22.7	54:52.2
CRANE, ANDREW	44	ES	85:29.5	75:59.5
BRADLEY, GEORGE	42	NYM	85:31.2	72:01.2
SLATER, JACK	44	NYM	86:31.7	83:07.7
BAUCHMAN, LILLIAN	44	--	87:06.0	83:36.0
BAUCHMAN, JIM	54	--	88:01.7	66:31.7
SINGH, BHUDARI	19	ITC	88:54.1	57:54.1
HARDING, MEL	17	ITC	89:01.5	57:31.5
FINE, ROBERT	53	NYM	89:51.2	62:51.2
WEISSGLAS, REGINALD	18	ES	90:29.3	68:59.3
SANTANA, JOSE	20	ES	94:19.5	58:49.5

FAST TIMES:

MEN	
PAT FLANNERY	49:57.1
JACK BOITANO	54:52.2
TONY GUZEWICZ	56:11.7

WOMEN	
MARGARIE GRAHAM	67:28.3
CYNTHIA REZNICK	70:54.5
AUDREY BENJAMIN	71:47.8

FASTEST TEAM: ISLAND TRACK CLUB; FLANNERY-GUZEWICZ-TEAM POINT SCROES;	
NEW YORK MASTERS (NYM)	107 (8 scorers)
ISLAND TRACK CLUB (ITC)	42 (4 scorers)
EAST SIDE TRACK CLUB (ES)	13 (4 scorers)

**10th WESTERN PROVINCE MAS-
TERS MARATHON CHAMPIONSHIP;
CAPETOWN, S.A.; 7/21/84**

M35-39	
I. Bocock	2:43:56
L. Otto	2:46:33
I. McMurray	2:48:14

M40-44	
C. Felbert	2:44:39
J. Botes	2:48:16
D. Luthi	2:54:53

M45-49	
L. Praamsma	2:40:50
D. Pettifar	2:46:59
J. Beechey	2:51:10

M50-54	
P. O'Brien	2:53:48
T. Sukel	3:03:01
E. Logan	3:16:54

M55-59	
W. deBeer	2:50:06
M. Orford	3:31:43
K. Shorkend	3:57:22

M60-64	
H. Barnard	4:06:10
I. Robertson	4:28:55

W35-39 (only entrants)	
A. Jackson	3:36:31
L. Frames	3:56:25

**DESERET NEWS 10K; SALT LAKE
CITY, UTAH; JULY 24, 1984**

1st Overall	
Paul Pilkington	29:29
Robin Lockwood	34:59

M40 Steve Lester	31:28
Lanny Raymond	36:25
Phil Harris	36:45

M45 Bill Johnston	32:35
Blaine Adamson	nt
Patrick Watkins	36:24

M50 Ronald Ririe	43:02
Dewain Jenkins	43:07
Glenn Campbell	nt

M55 Leroy Peterson	36:27
Emmett Parker	41:20
Boone Newson	42:11

M60 Mel Salisbury	45:53
S. Norfors	53:27
Bill Smart	56:09

M60+ John Price	46:34
Julie McKay	40:50
Soran Lucas	43:22

W45 Sherry Bennion	42:55
J. Wooley	49:12
Elaine Stuart	51:09

W50 Betty Wright	53:21
Bev Crum	53:32
Daryl Healy	55:53

**BOBCAT 8K; BROOKINGS, SD.
DAK.; JULY 23, 1984**

1st Overall	
R. DeHaven	17 25:49
Kerri Urquhart	18 33:42

M40-49	
Larry Jacobson	42 28:26
Bob Ritter	42 32:29
Clayton Southwick	42 33:25

Keith Morrill	47 33:51
Clyde Huyck	45 43:37

M50-59	
Bob Bartling	57 29:47
Jim Wiles	50 31:32
Art Hinman	55 32:51

M60+	
Ken Linstrom	56 34:14
Dwayne Rollag	54 38:07

Women	
Gene Frey	62 42:47
Sylvia Blice	40 41:57

**DESERET NEWS MARATHON; SALT
LAKE CITY; JULY 24, 1984**

1st Overall	
D. Cabanillas	29 2:19:24
Carolyn Ostler	34 2:53:13

M40-44	
Robert Nelson	44 2:40:12
Donald Schultz	40 2:43:12
Brent Palmer	44 2:49:06

M45-49	
Darryl Beardall	47 2:43:23
Mike Jarman	45 2:51:46
Merl Glauser	48 2:54:10

M50-54	
Paul Lindsay	53 3:01:49
Keith Droste	51 3:09:33
Jim DeMet	50 3:13:22

M55-59	
Ruben Vigil	56 3:02:43
Bruce Ensign	55 3:15:13
Melvin Smith	56 3:15:57

M60-64	
Dennis Egle	60 3:21:12
James Talley	63 3:22:51
Max Burdick	61 3:59:29

M65+	
Stuart Jardine	67 3:40:29
Tom Champneys	69 4:05:37
Sam Allan	66 4:14:24

W40-44	
Norene Barton	42 3:55:29
D. Doebebling	41 4:49:33

W45-49	
Elfriede Schmitt	49 3:48:30
Sylvia Gray	45 3:57:27
Diane Nolen	46 4:51:31

W50-59	
Carol Simmonds	50 3:42:50
Marolyn Frogley	51 4:24:28
Winnie Neilson	51 4:25:37

Nationals

Continued From Page 24

world shot put mark, and Harry Koppel doubled in the 100 (13.70) and 400 (72.25).

• Omar Hix of Texas took both hurdles, and Don Pierotti won the hammer and javelin double.

M75

• San Diego's Win McFadden turned the hat trick in the high, long and triple jumps.

• Ken Carnine took three golds in the 100, discus and javelin, while twin golds went to Mel Shine (800/1500) and Warren Ling, representing the Republic of China (Taiwan), in the 5K/10K.

M80

• In one of the most fascinating competitions of the meet, six octagenarians battled head-to-head. Indiana's Arling Pitcher entered 9 events and won 4 of them to claim the unofficial title of "best-80-year-old." Colorado's Herb Anderson signed up for 13 events and won 3; Idaho's Buell Crane entered five and won 3; Hawaii's Harold Chapson, heading for arthroscopic knee surgery next week, limited his activity to one event, the 800, which he won handily (2:57.5); California's Sing Lum won the 200 and lost to Pitcher in the century; California's Homer Van Gelder entered five events. Most competition was very close among these men who proved to fellow competitors and spectators alike that age is no barrier to solid athletic achievement.

M85

• Paul Spangler turned 85 this year and ran unopposed in four events (400, 1500, 5000 and 5K walk), turning in respectable efforts (1:48:09, 7:57.4, 28:49 and 37:49, respectively), in each.

• The first-ever Octagenarian 4x100 relay team was formed with Spangler, Anderson, Pitcher and Van Gelder running 1:23.67.

W30

• California's Joan Stratton won three events (Shot, Discus, Javelin). Oregon's Jenna Knight (1500, 5000) and Texan Debbie Herweck (HJ, LJ) each took two.

W35

• Atlanta's perennial champion Phil Raschker couldn't make it this year, so California's Chestine Barnes won the 100 (13.06), 200 (26.68), and 400 (61.76).

• Atlanta's Susan Houlton overtook Barnes to win the 800 (2:23.9) and took the 1500 (4:53.8).

• Marilyn White, 39, who was a 400-relay silver medalist in the 1964 Olympics and placed 4th in the 100 in Tokyo, won the shot and placed in several other events. White has taken off 150 pounds in the past year or two and plans to keep improving for 1985 when she turns 40.

W40

• Seattle's Carol Flexer impressed with twin triumphs in the 5000 (18:33)

and 10000 (38:02).

• Linda Upton took the 800 (2:27) and 1500 (4:56).

• Eugene's Marilyn Osgood-Knight won the long jump, shot and discus.

• The Northern California Seniors Track Club took both W40 relays.

W45

• Besides Harbin's AR's, former Olympian Cherrie Sherrard of Chico, California was the star of this division with five gold medals in the 100, 200, hurdles, shot and discus.

• Christel Miller took both the javelin and high jump.

W50

• Gretchen Snyder of Berkeley, California pushed Obara in the 400 and 200, and won the 800 in 2:39.

• Leicht won the hurdles and high jump, in addition to her long jump AR.

W55

• Kinsey's six wins and Bruhn's two AR's didn't leave much, but Oakland's Ruth Anderson managed to win three races (800, 1500 and 5000) in near-record times.

W60

• California's Gerry Davidson took the 400, 800 and 1500, while New Zealand's Betty Smith won both sprints.

• Jaclyn Caselli picked off the 5K and 10K, while Nell Nordgren won the shot, discus and javelin.

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TOP FINISHERS IN 17TH ANNUAL TAC NATIONAL MASTERS TRACK AND FIELD CHAMPIONSHIPS

EUGENE, OREGON — AUGUST 17-19, 1984 (complete results in next month's issue)

Men

100

30-34 — 1, Marion McCoy, 10.60. 2, Dwayne Taggart, 18.81. 3, Eugene Driver, 10.97. 35-39 — 1, Stan Whitely, 10.83. 2, Leon Lincoln, 11.01. 3, Clayton Jackson, 11.02. 40-44 — 1, Brendan Wilson, 11.24. 2, Dan Fitzsimmons, 11.36. 3, Walt Butler, 11.45. 45-49 — 1, Doug Smith, 11.48. 2, Bob Miller, 11.73. 3, Gilbert LaTorre, 11.79. 50-54 — 1, Milton Newton, 12.05. 2, Harold Hitt, 12.50. 3, Leon Trout, 12.61. 55-59 — 1, Clifford Murray, 12.39. 2, Heul Washington, 12.40. 3, Gordon Albury, 12.53. 60-64 — 1, Alphonse Julian, 12.70. 2, Bob Cooper, 13.12. 3, Albert Johnson, 13.39. 65-69 — 1, David Lawyer, 12.83. 2, Clarence Killian, 13.39. 3, Alfred Guidet, 13.44. 70-74 — 1, Harry Koppel, 13.70. 2, John Satti, 14.37. 3, Fred White, nt. 75-79 — 1, Ken Carline, 15.57. 2, A. J. Pugilzevich, nt. 80-84 — 1, Arling Pitcher, 16.69. 2, Sing Lum, 16.74. 3, Herbert Anderson, 17.26.

200

30-34 — 1, Marion McCoy, 21.52. 2, Eugene Driver, 21.92. 3, Glen Johnson, 21.94. 35-39 — 1, Fred Brooks, 22.23. 2, J. B. Haggarty, 22.58. 3, Dan Thell, 22.67. 40-44 — 1, Dan Fitzsimmons, 22.82. 2, Jim Burnett, 23.11. 3, Brandon Wilson, 23.35. 45-49 — 1, Doug Smith, 23.50. 2, Robert Miller, 23.97. 3, Sammy White, 24.47. 50-54 — 1, Milton Newton, 23.69. 2, J. C. Hoffman, 24.34. 3, Phil Plesher, 25.10. 55-59 — 1, Gordon Albury, 25.78. 2, Heul Washington, 25.82. 3, Gene Harte, 26.30. 60-64 — 1, Alphonse Julian, 26.46. 2, John Alexander, 26.92. 3, Albert Johnson, 27.01. 65-69 — 1, David Lawyer, 27.38. 2, Alfred Guidet, 28.38. 3, Clarence Killian, 28.66. 70-74 — 1, John Satti, 30.83. 2, Fred White, 31.81. 3, Henry Dorff, 34.58. 75-79 — 1, Anthony Castro, 31.04. 2, A. J. Pugilzevich, 38.09. 80-84 — 1, Sing Lum, 35.79. 2, Herb Anderson, 36.53. 3, Arling Pitcher, 38.61.

400

30-34 — 1, Robert Burnett, 50.22. 2, Eugene Driver, 50.24. 3, Jay Lauer, 51.58. 35-39 — 1, J. B. Haggarty, 49.88. 2, Dan Thell, 50.29. 3, Fred Brooks, 50.44. 40-44 — 1, Jim Burnett, 51.37. 2, David Romain, 51.86. 3, Ted Cain, 52.44. 45-49 — 1, Samoy White, 54.14. 2, Robert Miller, 54.39. 3, Doug Smith, 55.00. 50-54 — 1, J. C. Hoffman, 55.24. 2, Lee Bount, 56.62. 3, Woody Grover, 56.78. 55-59 — 1, Heul Washington, 1:00.42. 2, Gene Harte, 1:01.18. 3, Tom Brinton, 1:02.02. 60-64 — 1, John Alexander, 1:01.83. 2, Phil Arndt, 1:02.45. 3, Robert Hunt, 1:06.22. 65-69 — 1, Bill Bowers, 1:07.72. 2, Clarence Killian, 1:09.15. 3, Michael Reid, 1:16.09. 70-74 — 1, Harry Koppel, 1:12.25. 2, Henry Dorff, 1:12.85. 3, John Satti, 1:13.26. 85-89 — 1, Paul Spangler, 1:48.09.

800

30-34 — 1, Mical Embler, 1:53.05. 2, Lennie Harrison, 1:58.42. 3, Mike McCracken, 1:58.90. 35-39 — 1, Nolan Smith, 1:57.7. 2, John Danforth, 1:58.97. 3, John Jordeth, 2:01.0. 40-44 — 1, David Romain, 1:57.7. 2, Gary Carr, 1:58.3. 3, Barry Adams, 1:58.9. 45-49 — 1, Ernie Billups, 2:03.2. 2, Mel Elliott, 2:03.65. 3, Mack Stewart, 2:04.07. 50-54 — 1, William Baillie, 2:04.92. 2, Lee Blount, 2:07.95. 3, Ralph Miller, 2:08.5. 55-59 — 1, Kelsey Brown, 2:16.86. 2, Bill Fitzgerald, 2:20.27. 3, Gunnar Linoe, 2:20.50. 60-64 — 1, Archie Messenger, 2:31.6. 2, Glenn Broad, 2:33.72. 3, Don Wilgus, 2:34.0. 65-69 — 1, John Boots, 2:40.60. 70-74 — 1, J. C. Byers, 2:57.98. 2, Omer Hix, 3:34.70. 3, Charles Espy, 4:02.90. 75-79 — 1, Mel Shane, 3:04.7. 2, Warren Ling, 4:18.8. 80-84 — 1, Harold Capson, 2:57.48. 2, Herb Anderson, 4:41.50.

1,500

30-34 — 1, Chuck Rice, 4:06.9. 2, Jim Hiebert, 4:07.9. 3, Randall Kuykendall, 4:30.9. 35-39 — 1, Nolan Smith, 3:59.1. 2, Web Loudat, 3:59.4. 3, John Jordeth, 4:01.3. 40-44 — 1, Harold Hadley, 4:00.8. 2, Berry Adams, 4:01.4. 3, Kirk Randall, 4:02.6. 45-49 — 1, Ernest Billups, 4:10.6. 2, Paul Hall, 4:15.7. 3, Mel Elliott, 4:16.0. 50-54 — 1, William Baillie, 4:12.3. 2, Charles Wimberley, 4:22.5. 3, Glynn Wood, 4:24.3. 55-59 — 1, Bill Fitzgerald, 4:35.7. 2, Bill McChesney, 4:36.9. 3, Gunnar Linoe, 4:41.0. 60-64 — 1, Archie Messenger, 5:11.7. 2, Avery Bryant, 5:21.4. 3, James Harrang, 5:23.3. 65-69 — 1, John Boots, 5:20.4. 2, Alan Waterman, 5:54.1. 3, Bill van Fleet, 6:01.2. 70-74 — 1, Al Funk, 5:26.0. 2, J. C. Byers, 6:16.7. 3, Ariel Edmiston, 6:49.9. 75-79 — 1, Mel Shine, 6:23.9. 2, Warren Ling, 8:34.0. 85-89 — 1, Paul Spangler, 7:57.4.

5,000

30-34 — 1, Dean Clark, 15:29.0. 2, Ira Price, 15:29.9. 3, Chuck Rice, 15:33.73. 35-39 — 1, Web Loudat, 15:28.0. 2, Carl Nicholson, 15:30.5. 3, Henry Lange, 16:07.77. 40-44 — 1, Jerry Jobski, 15:24.0. 2, Kirk Randall, 15:33.1. 3, Bill Clark, 15:50.4. 45-49 — 1, Earl Ellis, 16:12.5. 2, Paul Hall, 16:19.1. 3, Floyd Romack, 16:49.6. 50-54 — 1, Glynn Wood, 16:44.7. 3, John Weldy, 16:51.46. 3, Derek Mahaffey, 17:00.0. 55-59 — 1, Tony Sapienta, 17:09.8. 2, Bill McChesney, 17:17.4. 3, Jim O'Neill, 17:37.1. 60-64 — 1, Larry Bandelus, 18:45.4. 2, Roy Smith, 20:15.5. 3, Joe Mallon, 20:26.1. 65-69 — 1, Bill Van Fleet, 22:47.8. 70-74 — 1, Charles Espy, 29:03.9. 75-79 — 1, Warren Ling, 31:03.4. 2, Chet Crabb, 31:53.6. 85-89 — 1, 28:49.8.

10,000

30-34 — 1, Ira Price, 31:45.2. 2, Robert Brustad, 33:38.5. 3, Andrew Howe, 34:25.7. 35-39 — 1, Michael Lamm, 33:43.1. 2, Tom Hayes, 33:54.3. 3, David Meyers, 32:04.4. 40-44 — 1, Jerry Jobski, 31:43.13. 2, Bill Clark, 32:14.4. 3, J. Pearson, 34:14.2. 45-49 — 1, Michael de la Cruz, 36:53.7. 2, Larry Decker, 40:23.4. 3, Ray Hatton, 39:03.8. 2, Derek Mahaffey, 35:10.5. 3, Jim Conway, 36:17.7. 55-59 — 1, Tony Sapienta, 35:25.5. 2, Jim O'Neill, 35:50.8. 3, Patrick Devin, 36:23.5. 60-64 — 1, Larry Bandelus, 39:08.5. 2, James Harrang, 40:38.8. 3, Joe Mallon, 43:06.0. 65-69 — 1, Bill Van Fleet, 47:21.2. 75-79 — 1, Warren Ling, 1:03:15.9. 85-89 — 1, 1:03:15.9.

Steeplechase

30-34 — 1, Dean Clark, 9:28.9. 2, Robert Brustad, 10:55.6. 35-39 — 1, John Barry, 9:34.4. 2, Henry Lange, 10:19.3. 3, Victor Benjamin, nt. 40-44 — 1, Jay Bowerman, 10:17.4. 2, Jan Prossena, 10:47.4. 3, Larry Quisenberry, 11:13.4. 45-49 — 1, Paul Hall, 10:11.7. 2, Don Trethewey, 11:03.6. 3, Robert Langenbach, 11:05.7. 50-54 — 1, Don Sloumb, 10:56.3. 2, Don Halvorson, 11:25.6. 3, Ted O'Hart, 12:46.6. 55-59 — 1, Ken Carman, 11:09.3. 2, Dave Stevens, 11:29.1. 60-64 — 1, Avery Bryant, 12:28.5. 2, Roy Spencer, 13:00.1. 3, Roy Smith, 13:44.9. 65-69 — 1, Alan Waterman, 14:16.4. 70-74 — 1, Charles Espy, 11:24.73.

High Hurdles

30-34 — 1, Eddie Loughridge, 15.1. 2, Gary Schmidt, 16.9. 3, Michael Williams, 19.2. 35-39 — 1, Michael Kelly, 14.88. 2, Thomas Malik, 14.92. 3, Clayton Couch, 15.21. 40-44 — 1, Walt Butler, 15.06. 2, Ted Cain, 16.25. 3, Jack Korbens, 23.36. 45-49 — 1, Dee De Witt, 16.22. 2, Lew Thorne, 16.73. 3, Chuck Miller, 17.55. 50-54 — 1, Richard Hickman, 16.68. 2, Leon Trout, 16.88. 3, Joe Murphy, 16.94. 55-59 — 1, Jack Greenwood, 16.2. 2, Clifford Murray, 16.9. 3, Frank Anderson, 18.4. 60-64 — 1, Burl Gist, 17.27. 2, Robert Hunter, 18.24. 3, Harold Hitt, 19.49. 65-69 — 1, Alfred Guidet, 17.23. 2, Herbert Miller, 17.95. 70-74 — 1, Omer Hix, 16.83. 80-84 — 1, Arling Pitcher, 20.81. 2, Herbert Anderson, 21.18.

400 Intermediate Hurdles

30-34 — 1, Eddie Loughridge, 55.1. 2, Eddie Eberhart, 53.6. 3, Dennis Smith, 55.1. 35-39 — 1, Michael Kelly, 54.44. 2, Victor Benjamin, 55.90. 3, Gary Laine, 57.36. 40-44 — 1, Ted Cain, 57.72. 2, Ron Whitely, 58.20. 3, David Denison, 60.0. 45-49 — 1, Robert Morgan, 1:04.30. 2, Lew Thorne, 1:05.12. 3, John Forsyth, 1:13.80. 50-54 — 1, Richard Hickman, 1:02.20. 2, Leon Trout, 1:03.00. 3, William Clark, 1:03.60. 55-59 — 1, Ted Rademaker, 1:11.41. 2, Rich Nordquist, 1:12.60. 3, Dave Stevenson, 1:18.10. 60-64 — 1, Raymond Spencer, 1:11.69. 2, Robert Hunt, 1:12.68. 65-69 — 1, A. B. Guidet, 1:13.30. 2, R. E. Littlejohn, 1:24.47. 3, A. T. Waterman, 1:24.90. 70-74 — 1, Omer Hix, 1:34.65.

High Jump

30-34 — 1, Walden Curry, 6-2. 2, Glen Stone, 6-2. 3, Jerry Coleman, 6-2. 35-39 — 1, Dennis Clafson, 5-10. 2, Josef Pfister, 5-6. 3, John Davies, 5-0. 40-44 — 1, Frank Costello, 6-4. 2, Al Phillips, 5-8. 3, Michael Akerman, 5-4. 45-49 — 1, Joe Peyton, 6-0. 2, Tom Langenfeld, 5-10. 3, Jim Brown, 5-8. 50-54 — 1, Herm Wyatt, 5-10. 2, Mill Newton, 5-8. 3, Jack Fischer, 5-4. 55-59 — 1, Varney Sherman, 4-10. 2, Harry Guth, 4-10. 3, Hal Buck, 4-6. 60-64 — 1, Burl Gist, 5-0. 2, Walter Dahlin, 4-6. 3, Frank Bowles, 4-6. 65-69 — 1, Jim Vernon, 4-2. 2, (tie), Doug Phillips and Joe Broadbent, 3-10. 70-74 — 1, Don Erskine, 3-10. 2, Omer Hix, 3-9. 3, Leon Joslin, 3-6. 75-79 — 1, Win McFadden, 3-8. 2, A. J. Pugilzevich, 3-6. 80-84 — 1, Herb Anderson, 3-9. 2, Arling Pitcher, 3-9. 3, Buell Crane, 3-6.

Pole Vault

30-34 — 1, Ed Lipscomb, 16-0. 2, Robert Myers, 16-0. 3, Steve Harrison, 15-6. 35-39 — 1, Stuart Jones, 14-6. 2, Warren Wilke, 14-6. 3, Rick Nelson, 14-0. 40-44 — 1, Mardon Connelly, 14-6. 2, Charles Polhamus, 14-0. 3, Dennis Stempel, 12-6. 45-49 — 1, Dale lance, 13-0. 2, Ed Hoyle, 12-6. 3, Dee DeVitt, 12-0.

50-54 — 1, Jerry Donley, 13-0. 2, Al Morris, Harrisburg, Ore., 9-6. 55-59 — 1, Tom Hinkley, 10-0. 2, Hal Wallace, 9-6. 3, Don Gresh, 9-6. 60-64 — 1, Ralph Biesmeyer, 9-0. 2, James Johnson, 8-6. 65-69 — 1, Jim Vernon, 9-0. 2, Stan Pellard, 8-0. 70-74 — 1, Carol Johnston, 9-0. 80-84 — 1, Arling Pitcher, 6-0.

Long Jump

30-34 — 1, Stan Urmann, 21-7 1/2. 2, Roger Trullillo, 21-3. 3, Steve Heilmann, 22-8. 35-39 — 1, Victor Benjamin, 23-0. 2, Stan Whitely, 22-11 1/2. 3, Carl Flowers, 21-6 1/2. 40-44 — 1, Rob McIntyre, 20-8 1/2. 2, Darrell Hull, 19-1 1/2. 3, Hans Gordon, 18-10. 45-49 — 1, Darrell Horn, 20-11 1/2. 2, Lance Dale, 19-6 1/2. 3, De DeWitt, 18-2 1/2. 50-54 — 1, Darrell Skartvedt, 18-4. 2, William Clark, 18-1 1/2. 3, Jack Fischer, 17-1 1/2. 55-59 — 1, Gordon Albury, 16-8 1/2. 2, George Bradberry, 16-4 1/2. 3, Clifford Murray, 15-3 1/2. 60-64 — 1, Ray Spencer, 16-0 1/2. 2, James Johnson, 15-11 1/2. 3, Frank Bowles, 14-11. 65-69 — 1, Herbert Miller, 13-7 1/2. 70-74 — 1, John Satti, 15-2 1/2. (World and American records). 2, Fred White, 13-0 1/2. 3, Omer Hix, 12-3 1/2. 75-79 — 1, Win McFadden, 11-10. 80-84 — 1, Arling Pitcher, 9-6. 2, Herb Anderson, 9-5 1/2. 3, Buell Crane, 8-9 1/4.

Triple Jump

30-34 — 1, Roger Trullillo, 44-8 1/2. 2, Steve Heilmann, 42-2 1/2. 3, Dan Radiff, 38-11 1/2. 35-39 — 1, Larry Rodenbeck, 47-1. 2, Stan Whitely, 45-3 1/2. 3, Gerald Woolfolk, 44-5. 40-44 — 1, Darrell Hull, 38-9 1/2. 2, Joe Corcoran, 38-3. 3, Ron August, 36-6 1/2. 45-49 — 1, Darrell Horn, 45-1 1/2. 2, Dale Lance, 37-11 1/2. 3, Wayne Sonavold, 36-2. 50-54 — 1, William Clark, 32-8 1/2. 2, Roy Bennett, 31-7 1/2. 3, Ray Carstensen, 30-6 1/2. 55-59 — 1, George Bradberry, 33-4 1/2. 2, Hal Buck, 29-3 1/2. 60-64 — 1, Ray Spencer, 34-10. 2, James Johnson, 30-8 1/2. 3, Charles Mercutio, 29-4. 65-69 — 1, Herb Miller, 27-7 1/2. 2, Robert Littlejohn, 27-3 1/2. 70-74 — 1, John Satti, 28-3 1/2. 2, Fred White, 27-2. 3, Omer Hix, 25-1 1/2. 75-79 — 1, Win McFadden, 25-1. 80-84 — 1, Herb Anderson, 20-11 1/2. 2, Buell Crane, 19-1 1/2. 3, Arling Pitcher, 18-10 1/2.

Shot Put

30-34 — 1, Gary Schmidt, 41-1. 2, Gary Kelmenson, 36-10 1/2. 35-39 — 1, Frank Reilly, 52-0. 2, Chuck Chapin, 46-7 1/2. 3, Roger Trullillo, 37-0. 40-44 — 1, Thomas Gage, 46-10 1/2. 2, Edward Hill, 46-7. 3, (tie), Virgil Johnson and Jimmy Willis, 40-9 1/2. 45-49 — 1, James Hart, 48-2 1/2. 2, Doug Smart, 45-7. 3, Lee Clark, 35-10. 50-54 — 1, Parry O'Brien, Los Angeles, 53-3 1/2. 2, F. S. Thompson, 46-0 1/2. 3, Ted Wassam, 42-8 1/2. 55-59 — 1, Phil Brusca, 41-10 1/2. 2, Harry Hawke, 41-8 1/2. 3, Hal Wallace, 36-5. 60-64 — 1, Bill Bangert, 44-11 1/2. 2, Jim Holland, 38-3. 3, Harold Hunter, 37-0 1/2. 65-69 — 1, Mike Castaneda, Anaheim Hills, Calif., 40-4. 2, Quinto Merlo, 35-7 1/2. 3, Gordon Nordgren, 34-2. 70-74 — 1, Russ Carter, Eugene, 43-0 1/2. (World and American records). 2, Donald Pierotti, 33-5. 3, Leon Joslin, 30-7. 75-79 — 1, A. J. Pugilzevich, 30-11 1/2. 2, Ken Carline, 27-8 1/2. 80-84 — 1, Buell Crane, 27-2 1/2. 2, Herbert Anderson, 25-7 1/2. 3, Homer Van Gelder, 25-4 1/2.

Discus

30-34 — 1, Dennis Umsler, 164-7. 2, Gary Schmidt, 113-3. 3, Gary Kelmenson, 110-9. 35-39 — 1, Frank Reilly, 172-2. 2, Chuck Chapin, 143-5. 3, James Trullillo, 117-9. 40-44 — 1, Lloyd Higgins, 176-0. 2, Glenn Paddev, 173-9. 3, Richard Brown, 152-11. 45-49 — 1, Jay Silvester, 168-11. 2, James Hart, 144-4. 3, Robert Roy, 131-10. 50-54 — 1, Parry O'Brien, 185-9. (World and American records). 2, F. S. Thompson, 161-7. 3, Sherrell Sears, 125-0. 55-59 — 1, Harry Hawke, 146-11. 2, Phil Brusca, 130-7. 3, Richard Strub, 127-11. 60-64 — 1, Bill Bangert, 143-0. 2, R. K. Stone, 136-3. 3, Ralph Hossman, 118-5. 65-69 — 1, Pete Gulgin, 130-7. 2, Mike Castaneda, 120-4. 3, Quinto Merlo, 120-1. 70-74 — 1, Ross Carter, 125-4. 2, Leon Joslin, 112-4. 3, Don Pierotti, 112-9. 3, Win McFadden, 64-4. 80-84 — 1, Buell Crane, 65-3. 3, Arling Pitcher, 58-0.

11, 95-5. 75-79 — 1, Ken Carline, 95-1. 2, Win McFadden, 80-3. 3, A. J. Pugilzevich, 65-10. 80-84 — 1, Buell Crane, 70-5. 2, Herb Anderson, 70-1. 3, Arling Pitcher, 55-4.

Hammer

30-34 — 1, Gary Kelmenson, 136-2. 2, Ray Beamer, 106-9. 35-39 — 1, Frank Reilly, 155-7. 2, Ron Salvid, 85-10. 3, Leon Dahl, 71-8. 40-44 — 1, Thomas Gage, 194-8. 2, Lloyd Higgins, 158-10. 3, Edward Hill, 146-6. 45-49 — 1, Julian Nunes, 133-1. 2, James Hart, 122-10. 50-54 — 1, F. S. Thompson, 158-10. 2, Dave Douglas, 115-8. 3, Ray Carstensen, 113-3. 55-59 — 1, Harry Williams, 75-5. 60-64 — 1, Walter Jenkins, 132-9. 2, Bill Bangert, 128-9. 3, R. K. Stone, 112-1. 65-69 — 1, Gordon Nordgren, 107-3. 2, Charles Collins, 79-8. 3, Pete Gulgin, 78-7. 70-74 — 1, Donald Pierotti, 90-8. 75-79 — 1, Bob Uish, 75-6. 80-84 — 1, Buell Crane, 50-7. 2, Herb Anderson, 40-5.

Javelin

30-34 — 1, Steve Pelletier, 184-5. 2, Gary Schmidt, 163-5. 3, Gary Kelmenson, 125-11. 35-39 — 1, Rocco Pettit, 209-3. 2, Warren Wilke, 191-3. 3, Frank Reilly, 177-4. 40-44 — 1, Lloyd Higgins, 181-6. 2, Al Phillips, 169-3. 3, Ladd Zastoupil, 168-7. 45-49 — 1, Larry Stuart, 206-5. 2, Bob Darling, 168-5. 3, George Miller, 159-3. 50-54 — 1, Phil Conley, 184-6. 2, Robert Youngs, 172-9. 3, Ralph Sutton, 145-3. 55-59 — 1, Phil Brusca, 131-10. 2, Hal Wallace, 127-10. 3, Richard Straub, 126-9. 60-64 — 1, Harold Hanter, 149-10. 2, Frank Bowles, 117-2. 3, R. K. Stone, 112-8. 65-69 — 1, Gordon Nordgren, 141-6. 70-74 — 1, Donald Pierotti, 91-2. 2, Leon Joslin, 88-2. 3, Don Erskine, 68-1. 75-79 — 1, Ken Carline, 98-4. 2, A. J. Pugilzevich, 84-0. 3, Win McFadden, 64-4. 80-84 — 1, Herb Anderson, 80-11. 2, Buell Crane, 65-3. 3, Arling Pitcher, 58-0.

5,000 Racewalk

30-34 — 1, Ray Furtkhouer, 22:20.0. 2, Ken Endris, 39:53.6. 35-39 — 1, Ron Salvid, 30:33.7. 40-44 — 1, Guy Ott, 25:23.8. 2, Fritz Ingram, 32:37.7. 3, John Shaw, 35:14.4. 45-49 — 1, Charles Merit, 24:51.4. 2, Jim Cullen, 40:33.0. 50-54 — 1, Paul Koad, 28:43.8. 2, Karl Krueger, 32:40.8. 60-64 — 1, Bob Wilson, 35:20.7. 2, Chuck Yagi, 40:26.7. 65-69 — 1, George Favate, 36:34.1. 2, Doug Phillips, 36:47.4. 3, Don Jacobs, 37:34.8. 70-74 — 1, Guy DePena, 31:04.1. 2, Gordon Wallace, 33:11.5. 75-79 — 1, Ches Unruh, 37:00.3. 85-89 — 1, Paul Spangler, 37:49.3.

20K Racewalk

30-34 — 1, Ray Furtkhouer, 1:28:40.66. 35-39 — 1, Ron Salvid, 2:15:28.39. 40-44 — 1, Guy Ott, 1:48:09.78. 2, Fritz Ingram, 2:12:23.33. 45-49 — 1, Chuck Marut, 1:43:17.25. 50-54 — 1, Paul Koad, 2:04:06.94. 2, Karl Krueger, 2:11:17.91. 55-59 — 1, Joseph Adams, 3:17:23.38. 60-64 — 1, Bob Wilson, 2:26:49.19. 65-69 — 1, Dave Strauss, 3:34:00.88.

4 x 100 Relay

30-39 — 1, Rose City Striders (Leon Lincoln, Harrington Jackson, John Moys, Van Ray Johnson), 41.92. 2, Maccabi union, 42.04. 3, Fitness Track Club, 42.68. 40-49 — 1, West Valley Track Club (Mel Brooks, Gilbert LaTorre, Bill Alston, Dan Fitzsimmons), 44.60. 2, Dallas Masters, 45.55. 3, Southern California Striders, 45.70. 50-59 — 1, Portland Track Club (Art Freeman, J. C. Hoffman, Harold Hill, Jack Coy), 55.20. 60-69 — 1, Los Angeles Valley Athletics (George Simon, Albert Johnson, Steve Peck, Bob Hunt), 54.82. 2, Corona Del Mar, 54.96. 70-74 — 1, Dallas Track Club (Omer Hix, Fred White, E. L. Bast, J. C. Byers), 1:01.96. 80-over — 1, 50-plus Running Association (Paul Spangler, Herb Anderson, Arlene Pitcher, Homer Van Gelder), 1:23.67.

Mile Relay

30-39 — 1, Dallas Masters (Clayton Couch, J. B. Haggarty, Willie Smith, Edie Eberhart), 3:27.40. 2, Fitness Track Club, 3:29.52. 3, Team kangaroos, 3:35.85. 40-49 — 1, West Valley Track Club (Mel Brooks, Dave Romain, Ted Cain, George Mason), 3:29.08. 2, Dallas Masters, 3:44.41. 3, Atlanta Track Club, 3:48.85.

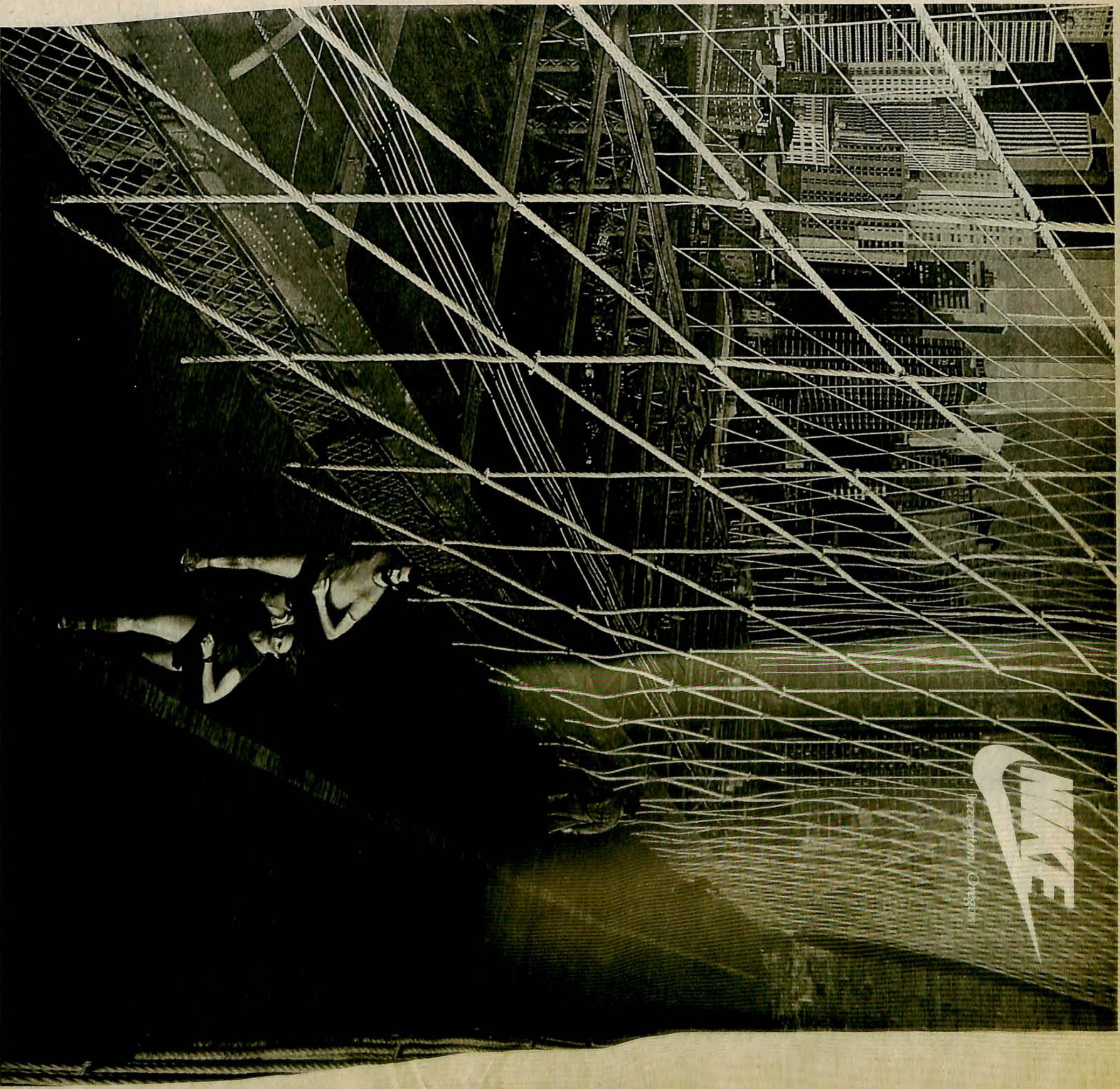
Two-Mile Relay

30-39 — 1, Kangaroos (Lennie Harrison, Gordon Reiter, Jim Irwin, Gary Carr), 8:10.4. 2, Houston, 9:02.5. 40-49 — 1, West Valley Track Club (Dave Romain, Ramsey Thomas, George Mason, Harvey Franklin), 8:10.4. 2, Atlantic Track Club, 8:51.8. 50-59 — 1, Southern California Striders (Walt Atcherson, Tom Sturak, Bill Fitzgerald, Jerry Withers), 9:25.7. 2, San Diego Track Club, 10:38.6.

Women

100

30-34 — 1, Susan Miller, 13.22. 2, Maria Magana, 15.76. 35-39 — 1, Christine Barnes, 13.06. 2, Marilyn White, 14.16. 3, Karla Kalasz, 14.76. 40-44 — 1, Mary Luker, 13.71. 2, Jeanne Carter, 14.11. 3, Janet Sherman, 15.32. 45-49 — 1, Cherrie Sherrard, 13.35. 50-54 — 1, Irene



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