**SPECIAL 4th WORLD VETERANS GAMES ISSUE**

**Highlights**

- 1981 Schedule
- 4th World Veterans Games
- 2400 compete from 44 nations
- Protests against South Africans
- 45 world age marks broken
- 13 US records set
- Americans win 81 gold medals
- List of all US medal winners
- New world veterans by-laws
- Results
- 14th World Veterans Distance Championships
- Results of 10K
- Results of 25K
- Regional Reports
- Midwest 30K
- Results of 33 events

Jim O'Neill, San Diego, won Age 55-59 World Veterans 10K Distance gold medal in New Zealand, and took 3 silver medals in 5000, 10,000 and Cross-Country, setting 2 age-division records. Photo by Bob Pates.

Demonstrations Against South African Athletes

Protests, Violence Mar 4th World Games

by Al Sheehen

Politics, protests and violence marred the otherwise successful 4th World Veterans Games in Christchurch, New Zealand January 8-14.

Daily demonstrations at the stadium by a local group, protesting the participation in the games of athletes from South Africa, cast a shadow over the otherwise friendly and enjoyable week of competition.

On at least two occasions, disruptions caused veteran athletes to attack and beat protestors who had interfered with the events.

The controversy kept the games on page one of the New Zealand papers for the entire 8-day length of the meet.

The New Zealand Press called for the Games to return its government grant.

The tremendous problems faced by the organizers of the Games became apparent even before the games got underway.

Last fall, when hopes for commercial financial support fell through, the organizers approached the New Zealand government. It agreed to give $40,000 to the Games with the condition that athletes from South Africa be barred from competing. A continued on page 21....
On long-distance records:

- Men: Ron Salvio
- Women: Joann Grissom
- Men: Bob Boal
- Women: Jo Lacetera

On world and U.S. single-age records:

- For the 5000: 16:47, 20:45, 25:45, etc.
- For the marathon: 2:35, 4:00, 5:00, 6:00, 7:00
- For the half-marathon: 1:25, 1:50, 2:15, 2:40, 3:05

On regionals:

- Northwest:
  - Don Farquharson
  - 5004 Glen Cove Parkway
  - Washington, DC 20016
  - (303) 341-2980

On subscriptions:

- First-class airmail: $17
- Canada: $17
- Foreign: $20

On sports associations:

- Masters Sports Association
- COS Cob, CT

On training tips:

- I agree with your policy of 5-year age division records, but also want Pete Mundle to continue the individual age records. So why not print the annual masters records book such that the greatest factor in motivating improvement and participation and attainment of our REAL goal - improved physical fitness. Thus, I think you should reconsider your policy of printing only “age-group” records. In the Senior Olympics article, only one man and five women were mentioned as setting “age-group” records out of the hundreds that participated and may that set world and U.S. single-age records. How do they feel? Cheated. It would not be “impossibly confusing” in the case of the geniuses in track, none of whom are “casual readers” and WANT you to talk in records in each paragraph. I have made quite a study and find that everyone loves age records even though they won’t always admit it. Most important is that an “age-group” record is not a real record of the LOWEST AGE of the group, 40, 45, 50, 55, etc. I checked it out.

On regional contacts:

- Northeast:
  - Don Farquharson
  - 266 Ridgewood Road
  - West Hill, Ontario M1C 2X3

On coaches:

- Bob Martin
  - National Running Data Center
  - P.O. Box 4288
  - Tucson, AZ 85733

On跑步的年龄记录:

- 男子: Ron Salvio
- 女子: Joann Grissom
- 男子: Bob Boal
- 女子: Jo Lacetera

以下是世界和美国单个年龄记录:

- 5000米: 16:47, 20:45, 25:45,等
- 马拉松: 2:35, 4:00, 5:00, 6:00, 7:00
- 半程马拉松: 1:25, 1:50, 2:15, 2:40, 3:05

关于地区性:

- 西北地区:
  - Don Farquharson
  - 5004 Glen Cove Parkway
  - 华盛顿, DC 20016
  - (303) 341-2980

关于订阅:

- 邮寄: $17
- 加拿大: $17
- 外国: $20

关于体育协会:

- 大师体育协会
- COS Cob, CT

关于训练技巧:

- 我同意您的政策,即5年年龄区间的记录,但也要让Pete Mundle继续追踪每个年龄的记录。所以为什么不每年出版大师记录书,这样每个年龄段的记录都能得到重视呢?每个年龄段的记录是重要的,因为它们展示了运动员的进步和成绩。在古巴奥运文章中,只提到了一名男子和五名女子,他们可能已经创造了世界和美国单个年龄的记录。他们感觉被欺骗了吗?不会的。它不会“令人困惑”地让人数不清的天才在各个年龄段的记录中选择一个。我检查过了。

关于地区联系:

- 东北地区:
  - Don Farquharson
  - 266 Ridgewood Road
  - 西山,安大略 M1C 2X3

关于教练:

- Bob Martin
  - 国家跑步数据中心
  - P.O. Box 4288
  - 图森, AZ 85733

关于跑步的年龄记录:

- 男子: Ron Salvio
- 女子: Joann Grissom
- 男子: Bob Boal
- 女子: Jo Lacetera

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The purpose of this schedule is to identify masters only competition. Most of the events listed here focus primarily on masters participation. Track and field events offer competition for men and women over age 35 unless otherwise noted. Masters long distance events generally feature competition for men and women over age 35. Entry blanks for national and regional championships will generally be printed in the newsletter 30-60 days prior to the event. Please send any additions or corrections to NMN, P.O. Box 2372, Van Nuys, CA 91404.

### EAST

**February 7 (Saturday):** MSA Indoor Development Meet, 399th Arm, New York City, 9 AM.


**February 15 (Sunday):** 3rd Annual Metropolitan Athletics Congress Masters Indoor Track & Field Championships, Staten Island, N.Y. Contact: Body Clarence, 484 Troy Ave., Brooklyn, NY 11203. Entry form in this issue.

**February 16 (Monday):** MSA Indoor Development Meet, 102nd Reg Arm, New York City, 6 PM.

**February 20 (Friday):** MSA Indoor Development Meet, 102nd Reg Arm, New York City, 6PM.


**February 23 (Saturday):** MSA Indoor Development Meet, Queens College, New York, 9 AM.

**March 1 (Sunday):** Nike/Penn Mutual Masters Grand Prix 10K, Needham, Mass. Men and women age 35 and over. Contact: John Pistone, 186 Commonwealth, Boston, MA 02115.

**March 22 (Sunday):** National Open and Masters TAC 3OK Road Championships, Schencady to Albany, NY. Contact: Bill Shroder, PO Box 1204, Albany, NY 12250. (518) 463-5120. All ages.

**March 28 (Saturday):** Nike/Penn Mutual Masters Grand Prix 10K, Brooklyn, N.Y. Men and women age 35 and over. Contact: Bob Fine, 77 Prospect Place, Brooklyn, NY 11217.

**May 31 (Sunday):** Eastern Regional Open and Masters Marathon Championships, Holyoke, Mass. $250 Savings Bond 1st price. Contact: Walter Childs, Bob Coughlin, 484 Troy Ave., Brooklyn, NY 11203, Entry form in this issue.

### SOUTHEAST

**March 14 (Saturday):** Nike/Penn Mutual Masters Grand Prix 10K, Atlanta. Men and women age 35 and over. Contact: Ken Kirk, 3800 Stonewall Terrace, Atlanta, GA 30329.

**May 10 (Saturday):** National Open and Masters TAC Marathon Championships, Raleigh, North Carolina. Contact: Jerry Ferry, (919) 737-2392. All ages.

### MIDWEST

**February 7 (Saturday):** Masters Indoor Track & Field Meet, University of Cincinnati Armory/Fieldhouse. Enter day of meet by 11 AM. Contact: Bill Schnier, University of Cincinnati, ML 21, Cincinnati, OH 45221.

**February 15 (Sunday):** Midwest Masters Regional TAC Indoor Track & Field Championships, Forest View High School, Arlington Heights, IL 8AM. Contact: Midwest Masters, 190 N. LaSalle, Chicago, IL 60601. (312) 236-1315. (312) 346-1797.

**February 28 & March 1 (Saturday & Sunday):** National Masters TAC Indoor Track & Field Championships, Ann Arbor, Michigan. Entry form in this issue.


**July 4-5 (Saturday & Sunday):** North American Masters Track & Field Championships, Philadelphia.

**August 9 (Saturday):** National Masters TAC 10K Road Championships, Lake George, N.Y. Contact: Bill Shroder, P.O. Box 588, Albany, NY 12201. (518) 463-5120.

**October 4 (Saturday):** National Masters TAC 15K Road Championships, Washinton, D.C. SASE to Larry Noel, 105 Northway Rd., Greenbelt, MD 20770. (301) 474-9962. Men & women over age 40.

**October 6 (Saturday):** National Masters TAC 15K Cross-Country Championships, New York City. (Pending)

### ON TAP FOR FEBRUARY

There are no less than ten major masters events on tap in the next five weekends, enough to keep the most dedicated masters athletes in hectic to the airlines.

There are seven masters indoor track and field meets this month, more than ever before in the history of the masters program.

The first weekend of the month sees the second in the eight-race Nike/Penn Mutual Grand Prix series. This one's on Sunday, the 1st in St. Louis at a distance of 15 kilometers. On the 7th is the annual City of Orange, California Masters outdoor track & field meet in Southern California. On the 8th is the TFA Eastern Masters Indoor T&F Championships near Pittsburgh.

The following Sunday, the 15th, finds the 1981 TFA U.S. Masters Indoor Championships in Kansas City. On the same day, the Midwest Masters Indoor Regional T&F Championships are set for Chicago, as well as the Metropolitan Indoor Championships on Staten Island, N.Y.

On Sunday, the 22nd, both the Eastern and Western Masters Indoor T&F Championships will be held in Philadelphia and San Francisco, respectively.

All of the above is a prelude to the seventh and most important masters indoor meet of the year, the National Masters Indoor Track & Field Championships, to be held in Ann Arbor, Michigan on Saturday the 28th and Sunday, March 1st. Meet director Elmo Morales expects over 400 for this meet - one of the biggest events of the year.

Also set for March 1st is the 3rd Nike/Penn Mutual Grand Prix race, this one in Boston at 15K.

Entry forms for the Chicago, New York, Philadelphia and Ann Arbor meets are in this issue. Make your airline reservations early.

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The National Masters Newsletter is the bible of the Masters (Veterans) movement, the fastest growing segment of the running community. It's a bargain at $12 a year for only $12. Get aboard the publication that's covering the Masters scene more thoroughly than ever. Subscribe now.

Enclosed is:
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- [ ] $23 for 2 years (beat inflation)
- [ ] $17 for 1 year-1st-class air-mail
- [ ] $9 for Age Record Book only
- [ ] $4 for Age Record Book only

Send to: National Masters Newsletter
P.O. Box 2972
Van Nuys, Calif. 91404

Name:
Address:
City:
State:
Zip:
**MID AMERICA**

**February 1 (Sunday)**: Nike/Penn Mutual Masters Grand Prix 15K, St. Louis, Mo. Men and women age 35 and over. Contact: Tom Eckelman, 7140 Waterman, University City, MO 63130.

**February 15 (Sunday)**: 1981 TFA Masters TAC 5K Cross-Country Championships, Cow Palace, San Francisco. SASE to: Jim Terrill, P.O. Box 764, Los Altos, CA 94022.

**March 22 (Sunday)**: Nike/Penn Mutual Masters Grand Prix 15K, San Diego. Men and women age 35 and over. Contact: Bill Stock, 7160 Baldrich, LaMesa, Ca 92041.

**April 4 (Saturday)**: 22nd Sacramento Relays, Cal State Univ., Sacramento. Full slate of individual and relay events for masters and submasters. Send SASE to: Roy Wigginton, 3012 Seenie Hts. Way, Carmichael, CA 95608.

**April 11 (Saturday)**: West Valley Masters Track & Field Meet, Los Gatos High School, Los Gatos, Calif. Contact: Bruce Springbett, P.O. Box 1289, Los Gatos, CA 95031.

**April 11 (Saturday)**: 3rd Annual Northeast Masters Track & Field Relays, Cal State Los Angeles, Calif. Contact: Skip Loera, 3111 W. Ramon Blvd., Alhambra, CA 91801.

**April 17-19 (Friday-Sunday)**: 9th Hawaii International Masters Track & Field Meet, Kaiser High School, Honolulu, Hawaii. Contact: Stan Thompson, 1549 Ipukula St., Honolulu, HI 96221. (808) 373-4181. Decathlon included.

**May 25-26 (Saturday-Sunday)**: Mt. San Antonio College Relays, Walnut, Calif. Some masters events (40 and over). Contact: Hal Smith, 18750 Oxnard St., Suite 704, Tazana, CA 91356. (213) 342-1174.

**May 9 (Saturday)**: 11th Annual Grandfather Games, Los Angeles Valley College, Van Nuys, Calif. Contact: George Kei, 8220 Langdon Ave. #36, Granada Hills, CA 91344. (213) 786-3770.

**May 16 (Saturday)**: 6th Annual Striders Relays, Cal State Northridge, Calif. Contact: Ann Smith, 18750 Oxnard St., Suite 704, Tazana, CA 91356. (213) 345-6332.

**May 17 (Sunday)**: Herbert Hoover Relays, Stanford University, Palo Alto, Calif. Contact: Van Parish, 148 Hedge Rd., Menlo Park, CA 94025. (415) 325-7275.

**May 23 (Saturday)**: Redlands Masters T&F Meet, Redlands U., Redlands, Calif. Contact: Buzz Wagner, 1522 Margarita Dr., Redlands, CA 92373. (714) 793-2638.

**Mid-August**

2. **July**: Ontario Pentathlon Championships.
3. **August 8 (Saturday)**: Prairie Masters T&F Meet, Winnipeg, Manitoba.
4. **August 22-23 (Saturday-Sunday)**: Canadian Masters Track & Field Championships, Richmond, British Columbia.

**September 20 (Sunday)**: Canadian Masters 10K Road Race, Winnipeg, Manitoba.

**September 26 (Saturday)**: Canadian Masters Women's 5K, Sunnybrook, Toronto.

**October 3 (Saturday)**: Ontario Masters Cross-Country Championships. Woodbridge, Ontario.

**October 10 (Saturday)**: Canada vs. USA Masters Cross-Country Match, Vancouver, British Columbia.

**October 12 (Monday)**: Canadian Masters Cross-Country Championships, Edmonton, Alberta.

**October 24 (Saturday)**: Inter-Club Cross-Country Relay, Sunnybrook, Toronto.

**CANADA**

**February 14 (Saturday)**: Ontario Masters Indoor T&F Championships. 

**March**: Canadian Masters Indoor T&F Championships, Quebec.

**FOREIGN**

**DEADLINE**

NMM is written by masters, athletes for masters athletes. We need and welcome your reports of meets, races, schedules, photos, comments, etc. Deadline for editorial material and advertising for the March issue of NMM is February 10. Send to National Masters Newsletter, P.O. Box 2372, Van Nuys, CA 91404.

**from John McConnell**
RACE WALKING

I have just read your survey results (December issue). I am a runner and walker but have had more success on a National and International level at walking. I was amazed when I read that 21 people wanted less walking news. If it were any less, it would be none. In fact, I showed the NMN to several walkers. Their comment was, "Why subscribe, it has nothing on walking." I think the 21 people were rather inconsiderate for this reason. I am not a discuss thrower or high jumper. But, I enjoy seeing results of these events as well as all other event results.

I also must disagree with your 4-1 vote statement. I have only 4 stars but definitely nothing less. How ridiculous. A shoe must be judged on how it feels and acts on your own foot. Nobody else has your feet.

Thank you for your call. I would like to see more people walking. It's a better all around exercise than running and the leg injuries are less common. We can't help it grow by ignoring it.

I appreciate that Nike ad - on your cover. Thanks for your ear. I would like to continue to promote any policy that tends to strengthen the NMN as it is, knowing that too many of the records that can't help it grow by ignoring it. Moreover, how about an occasional article strictly on technique? - let's say, of the discus throw (or the hurdles), even with diagrams. This would be informative and would also give some further depth to your (and I mean this) otherwise fine publication. Finally, I would like to see the paper devote more attention to real excellence and less to record-setting. This is one of the reasons that too many of the records that you report are rather flimsy. It is enough that Master's competition is now in the process of establishing itself in American athletics; we shouldn't continue to promote any policy that tends to weaken that image.

Frank Miller

POOR FIELD EVENT COVERAGE

The Newsletter's handling of the field events is especially poor - or perhaps negligent is a better term. Just glancing through the September issue I see a profusion of pictures and articles on running events, with only slight attention paid to some of the really exceptional performances by people in the shot, hammer, discus, etc. For example, take the recent distances for Phil Cenely (203.4, M40) and Larry Stuart (228.8, M40) in the javelin throw. These are incredible marks. ones that, I feel, deserve more detail in print. Which brings me to a related matter. I wonder how many readers of the paper -- or even writers -- can really appreciate the technical proficiency as well as conditioning required for the achievement of excellence with the implements. I suggest that in part, as track enthusiasts, we still labor under the old stereotype of the "weight man" as some sort of muscle specialist. If this is so, then the Newsletter could do something by way of re-educating its readership. I'm not recommending that you try to bring about some kind of mathematical balance of coverage -- that's absurd, because face it, running is still more popular than the field events and will probably always remain so. But that does not eliminate the responsibility of your sport's writers to start giving the field events a fairer exposure. The articles could be done selectively. A more frequent personal profile on someone in these events would help. Moreover, how about an occasional article strictly on technique? - let's say, of the discus throw (or the hurdles), even with diagrams. This would be informative and would also give some further depth to your (and I mean this) otherwise fine publication.

In the December edition of the newsletter, the 5 articles on page 1 are all about running. There are 10 photos of runners in action and only one of a field event competitor in action in the whole issue. The name of the game is track and FIELD.

John Whittamore
Santa Barbara, Calif.

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John Whittamore
Santa Barbara, Calif.

MORE SURVEY COMMENTS

I enjoy the newsletter very much and appreciate all the work you do to make it possible for all of us runners to keep informed on what others are doing.

Helen Dick
Los Angeles, Calif.

Your newsletter is really a good thing. Keep up the good work. I turned 40 in November and enjoy a chance to check out the competition in advance.

Pete Peterson
Laguna Beach, Calif.

The masters newsletter is timely, up to date, full of fresh results for the competitor and news items for everyone.

Gary Geiger
Albany, N.Y.

The present format is fine. I'd like it fancier if you can afford it. The newsletter is excellent and is very important to me.

John Woods
Costa Rica

It's a great publication as it is.

Harold Parsons
Toronto, Canada

We'll send you a batch. - Ed)

Dick Glasgow
London, England

We've had such a flyer for about a year and have just received it. We'll send you a handful. We encourage anyone else who wants to pass them out to write to us. We'll send you a batch. - Ed)

February 1981 - National Masters Newsletter page 5
LINDA THURSTON

At age 38, Linda Thurston of New Providence, New Jersey could become one of the best female masters runners in the nation. Yet she only began running two years ago. "My husband Dave developed tennis elbow and began to run to keep in shape," she said. "He begged me to go with him. I reluctantly agreed and started out at a mile three times a week. We enjoyed the time together and found running stimulated communication."

Thurston found she could run pretty well compared to other women. She was always active physically, majoring in Physical Education at Skidmore College in Saratoga Springs, N.Y. and excelling in field hockey and swimming. At age 30, she started playing tennis, working her way up to an "A" level club player.

Shortly after she and Dave began their mile runs, they heard Jim Fixx say at a banquet that you had to run 20 miles a week to really benefit from running. So she decided to build up her mileage to that level.

When she raced for the first time in May, 1979, "I was hooked." Both she and Dave started racing often. Now, at 5'5" tall and 15 pounds lighter than the 130 lbs. she weighed two years ago, Linda is a threat to win the women's division of almost any race she enters.

"There wasn't much to do over there in our free time," he explained, "so a few of us started running a couple of miles a day. I had kept my weight down and had played some tennis and handball over the years, so I never got too far out of condition. The running came back pretty easily."

Bowers began to compete again in 1978. His first marathon was a 2:41. "I blew it by going out too fast," he commented. He then took second in the national Diet Pepsi 10K championship in New York.

Living in Northern California, operating out of Los Angeles, and flying several days a week makes it difficult for the 5-foot-9, 144-pound pilot to establish a regular training regimen, but he says that he manages to get in 75-85 miles a week.

Bowers plans to compete in the World Veteran Games in New Zealand. "Then I'd like to take a look at some of the other national records," he concluded.

Some of the records that Bowers will be eyeing are now owned by Higdon, who began running in high school in 1947 and has never stopped.

After many masters runners had just about written Higdon off as a threat in the 40-49 age bracket, he started running as well in 1986 as he had a half dozen years ago when he set most of his national records. He credits this "come-back" to the more intense training in preparation for the Brooks masters series and the World Veteran Games. He says that he's training smarter now and more consistently.

"If I had known 30 years ago what I know now about training, I would have been a lot more successful," he offered. "Nothing fixed my body to train back in the 50's and a lot of what I did was trial and error with a lot of error built in."

"I have a hard time seeing how age has affected my running. I should be more injury prone except I haven't had a major injury in several years, possibly because of the better shoes we now have. Recovery is probably tougher, or maybe it is because when I do compete I know how to go all out. The steeplechase seems tougher as I age and although I have been planning to race that event again in New Zealand, I've been postponing going over a hurdle because of the risk of injury."

In addition to being one of the top competitors around, Higdon is one of running's leading entrepreneurs. He is on a retention basis with The Runner, a New York published monthly magazine, as senior writer, is executive director of Road Runner Tours, and is a consultant to the Brooks Shoe Company.

For the past 21 years, he has earned his living as a freelance writer, turning out more than two dozen books. Some of his better known works are The Business of Running, The Crime of the Century, and Fitness After Forty. One of his children's books, The Horse That Played Center Field, was made into a television movie and is still seen on ABC occasionally. A book which touches upon the lighter side of running, On the Run From Dogs and People, has just recently been reissued in paperback.

Beyond going after some of the 50-year-old records, Higdon isn't quite sure what's ahead for him.

"Some time after I get back from New Zealand, maybe even on the plane coming home, I'll probably at least and try to run 3:12. I want to do for the next 50 years," he muses.

She finished second in her age group with a 61:16 in the Midland 10K. She won her age class in the Albany 10K in 2:12.

She upped her mileage to 50 a week in mid-1980, building very gradually to that level. "Everytime I try to increase my distance by more than 5%," she said, "I break down with sore muscles, foot and knee pain, etc. I keep it at a 7:30 or slower pace, but also put in 5 or 6 long (220 yards) hard fartleks on my daily run."

Last fall, she and Dave traveled to Montreal for their first marathon. "It was an unforgettable experience," she said. "Dave jogged a 3:09 and I did a 3:10." Their next stop was New York, where Dave ran 3:07 and Linda 3:04.

"But after my first two marathons so close together (six weeks), I am now down with a back injury, and will have to rest before training for Boston or the Avon Invitational."

Thurston's major goals are for two years down the line when she turns 40 and hopes to be competitive in her age group nationally. She follows no special diet but says "I've always eaten light and healthy foods. I'm low on sodin and high on yogurt and granola."
**Fitness Games**

by Dave Thoreson

The Short Decathlon and Fitness for Life are two national mail participations offered each month through the National Masters Newsletter.

The two programs differ in the technical aspect of the events. The Short Decathlon's events are very difficult to learn and limit the number of participants. On the other hand, the Fitness for Life program will offer most people the opportunity to train and compete in a multi-event program that tests complete fitness.

Each month we will post top team results, training tips and answer questions you might have regarding the programs.

At present we have 10 teams throughout the United States that are interested in submitting monthly results.

The growth of the Fitness Games will depend on both your participation and introduction of the program to others. Also, we would like your input on training, competition, events and motivation.

Training Tips

Training will direct your final competitive results. Your body adapts to training, competition and motivation.

Higdon's 1980 Records

When Hal Higdon ran 1:48:38 in the Midwest Masters 30 Kilometer Run in Lake Bluff, Illinois with three days to go before the New Year, it was the seventh American road running record (in five-year age classes) he set in 1980—or fifth, depending on your point of view. Higdon established American records during the past year at 10, 20, 25, and 30 kilometers and the half-marathon for the 45-49 male class. He also has a marathon record pending and ran an American-best time at 20 miles on a course listed as “aided,” even though the wind was blowing against him on a hilly course when he set it. Higdon also holds four other American records set in previous years: 15 kilometers, 30 kilometers, and 10 miles for age 40-44 and 15 kilometers for age 45-49. His records:

<table>
<thead>
<tr>
<th>Distance</th>
<th>Time</th>
<th>Place</th>
<th>Old record</th>
<th>Old record holder</th>
<th>Point value *</th>
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<tbody>
<tr>
<td>10 K</td>
<td>33:10</td>
<td>Chicago, IL</td>
<td>33:57</td>
<td>Bob Collins</td>
<td>750</td>
</tr>
<tr>
<td>20 K</td>
<td>1:06:05</td>
<td>Chesterton, IN</td>
<td>1:07:48</td>
<td>Hal Higdon</td>
<td>830</td>
</tr>
<tr>
<td>30 K</td>
<td>1:48:38</td>
<td>Lake Bluff, IL</td>
<td>1:51:35</td>
<td>Joe Erskine</td>
<td>750</td>
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<tr>
<td>Half-mar.</td>
<td>1:14:40</td>
<td>Philadelphia, PA</td>
<td>1:15:42</td>
<td>Graham Parnell</td>
<td>790</td>
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<tr>
<td>20 miles</td>
<td>1:54:27A</td>
<td>Madison, WI</td>
<td>1:56:59</td>
<td>Ross Smith</td>
<td>760</td>
</tr>
<tr>
<td>Marathon</td>
<td>2:32:42P</td>
<td>Winnipeg, PA</td>
<td>2:35:42</td>
<td>Ulrich Kaempf</td>
<td>770</td>
</tr>
</tbody>
</table>

* This score relates to those in an accepted computerized scoring table for running races and is meant to establish a relative value of the different performances. These are not age-graded.

** Running Times reported recently that Paul Noreen had run faster than this time on a supposedly certified course, but Noreen's record has not yet been listed by National Running Data Center.

**FOR ENTRY BLANKS**

Send stamped/self-addressed envelope to:

Bill Shrader, P.O. Box 1204, Albany, NY 12201

**MOVING?**

National Masters Newsletter is mailed third class bulk rate and is not forwardable. When you move please let us know at least 3 weeks in advance.

**1981 NATIONAL MASTERS**

**30 Km CHAMPIONSHIPS**

Sunday, March 22, 1981

- Men and Women
- Championships in other age categories.
- Fast, point to point course.
- Free housing and refreshments.
- Trophies, medals, merchandise prizes.
- Tote bags to first 250 entries.
- Water stations (by Waters of Saratoga)
- Radio (WROW) and TV (Channel 6) coverage.
- Post-race clinic: Bill Squires, Bob Boal, Dr. Kosinski, Dr. Maron.


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Villanueva Wins World Vets 10K

PALMERSTON NORTH, NEW ZEALAND, January 3. Antonio Villanueva, Mexican Olympic Games representative and a 10K world record holder, won the 10K title in 30 minutes, 34.2 seconds.

In 1972, Villanueva cruised to an easy win in the 10K event at the 14th Annual World Veterans Distance Running Championships.

Villanueva won the 10K, world records holder, and a 10K world record holder, won the 10K title by over a minute, with a time of 30 minutes, 34.2 seconds.

He defeated his closest rival, the recently-turned-40 cab driver from New York, by 1 minute, 13 seconds.

Villanueva was a steetlechase entrant at Munich but didn't make the finals. He was fresh from his open title last month in the Las Vegas Marathon in a sparkling 2:19:25.

Speaking through an interpreter after the race, Villanueva said he was pleased with his effort. He had no set plan for the race, as he was very tired from three days of continuous travelling. He praised the 5-Kilometer Centennial Loppet course, and said he will aim for the 10,000 and the marathon in the World Veterans track and field championships next week in Christchurch.

Villanueva led the field of 469 men and women veteran athletes by the first lap in 16:09 and gradually increased his lead. Michael Connolly of Ireland finished first to nose out a wobbling Pierre Voets of Belgium at the wire, 31:47 to 31:48, to cop the silver medal.

Keith Pearce, 42, of New Zealand, who was impressive his USA tour in 1978, finished 4th in 32:02. He was followed by two Americans, Bob Fischer of New York, in 32:14, and Dave Hambley of Seattle, a step behind in 32:15.

Beverly Shingles, 40, winner of the Los Angeles open women's marathon last year, was the first woman across the finish line and 39th overall in 35:52. Running virtually on her home course (she lives 40 miles away) the New Zealander finished over a minute ahead of Vicki Foltz of the United States. Foltz clocked 37:14 to win her age 35-39 division title. (International veterans competition starts at age 40 for men and age 35 for women.)

Sandra Knott, of Cleveland, Ohio was the 2nd over-40 woman in 37:26.

Defending 10K World Vets Champion Roger Robinson of Wellington, New Zealand, was unable to defend his crown due to a virus he picked up last month returning from the United States. He hopes to run in the 10,000-meter world track championships in Christchurch next week.

Jim O'Neil, 55, of San Diego, California was as close as conventional as Villanueva, winning the age 55-59 title in 34:19, good for 21st overall. Although he transplanted-Sacramentan has been running world-class times in veterans, competition for years, it was his 1st world veteran gold medal, and he was thrilled.

San Diego Track club teammate Dorothy Stock, 48, of La Mesa, California joined O'Neil as an American gold medalist, winning the women's 45-49 bracket in 38:42, culminating a year of consistently fine and record-breaking performances.

Paul Spangler and Bess James made it four gold medals for Americans in this first event of a week-long veterans track and field championships next week in Christchurch.

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Villanueva wins world titles

Robert McMinnis, one of about 50 Englishmen making the trip, won M65 honors in 38:25. Maiga Sudimine of Finland was 1st in W50 in 40:15.

Al Lawrence, 50, of Houston, Texas was runner-up to Turnbull in the M50 group in 34:02 for 18th overall. Bill Stock, 50, San Diego fireman, placed 8th in the M50 class in 36:28.

Joan Uylen, 42, over-40 doctor-author from San Francisco, was 4th in the M40 group in 39:15. Ruth Anderson, 53, of Oakland, California, won the silver medal in the W50 division in 42:42 as 217th overall. Ed Lowel of Tarzana, California finished in the top 10 in his M65 competition, placing 9th in 45:59.

Norm Bright of Seattle, still running world class times even though blind, placed 7th in the M70 group in 51:38, finishing ahead of 91 mostly-younger runners.

Seventy-nine-year-old Ruth Rothfarb of Miami Beach, Florida, the oldest female competitor, finished only 10 seconds behind James to place 2nd in the women's 70-79 group.

The 10-kilometer race was the first of two races which comprise the annual World Veterans Distance Running Championships. Tomorrow a 25K will be run—a loop over the same 8K course. In 1982 in Tokyo, the two races will be a 10K and a marathon. In 1983, a 10K and a 25K and so on, alternating each year.

Results on page 36.
Ullyot Wins Women's World Vets 25K

PALMERSTON NORTH, NEW ZEALAND, January 4. Joan Ullyot, the 40-year-old running doctor-author, bore out her own advice today in winning the women's division of the 25-kilometer section of the World Veterans Distance Running Championships.

The author of two best-selling books on women's running, Ullyot won her first world veterans title in a time of 1:24:55, with 3rd in 1:24:01 to win by 26 seconds over Pierre Voets, a Belgian police sergeant. Voets thus picked up his second medal, as he finished 3rd in his M50 category in 1:24:55.

Other top U.S. finishers included Harold Daughters, 7th in M55 in 1:50:17; Valdemar Granby, 4th in M60 in 1:57:20; and Gall Hanna, 6th in W40 in 2:12:21.

Blind runner Norm Bright, running on courage and tethered to the wrist of his "eyes," Bob Bell, finished 2nd in his M70 category in 2:14:29.

Other division winners included Eric Rowland of New Zealand (45-1:26:06), Stan Gawler of New Zealand (M50-1:29:54), Erlaud Hansen of Norway (M55-1:40:00), Sverre Hetianzen of Canada (M60-1:44:04), Gordon Porteous of Scotland (M65-1:45:10), Sigrun Schumacher of West Germany (W35-1:50:42), and Maija Sudminen of Finland (W50-1:51:17).

The crowd at the finish line cheered each of the 286 finishers, particularly Bright, who said he was inspired to do his best because of "the terrific New Zealand hospitality." Bright said he's already made an application for next year's championships in Tokyo. The events will be held in France in 1983 and the U.S. (probably California) in 1984.

Results on page 27.

Weight Pentathlon Records

by Phil Partridge

Three new single-age weight-pentathlon records were set in December: 1) Dan Aldrich, 62, 3077, 12/14, Glendale, Calif.; 2) Stan Hermann, 76, 1978, 12/14, Glendale, Calif.; 3) Phil Partridge, 69, 2278, 12/27, Delray Beach, Fla.

Kleh Win's Weight Pentathlon

GLENDALE, CALIF., December 14. Carl Klehm made the trip from the ice and snow of Chicago to the sun and balm of Southern California pay off today in more than just warm hands and feet. He was the first master in the annual West Coast Pentathlon held at Glendale College.

His point total of 2615 was nearly 400 points ahead of his nearest rival, Pay Carstensen of the New York Masters, who finished with 2217. Dan Aldrich was 3rd master and 1st in the 60+ age division with 2158 points. Hill Banger placed 4th and won the 50-59 title with 2122 points, while Lou Peresenyi captured 70+ honors with 1100.

Forty-seven took part in the affair, including 18 masters.

Results on page 25.

Impalas Start Fast

from Sandy Vernon

Kay Atkinson, 63, was the first woman finisher in a time of 47:18 in the first National Fifty-Plus 10K at Stanford January 1st.

She also has been designated by Running Times magazine in their February issue as the top US 60-69 woman for 1980.

Sandy Vernon, 43, placed fifth master woman at the Stockton 10-mile Classic, January 4th, in 70:24.

Karen Scannell, 42, also placed in this US certified race with a time of 61:56, breaking her own masters woman course record to finish 3rd overall and 1st master woman. She, too, has been named by Running Times in their February issue as the Top US 40-49 woman for 1980.

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Newton On Comeback Trail  
by Percy Knox

Nick Newton, 47, leaped a sensational 5-foot, 8-inches in a high jump at an all-comers meet in Northridge, California, December 13th. It’s certainly an inspirational uplift for all of us. Newton has come a long way in a comparatively short time since his illness.

Doug Smith and Ken Dennis were recently timed 5.5 for 50 yards. Smith (36.3), Gary Miller (36.5) and Newton (38.3) tuned up for New Zealand in a 330-yard sprint.

Ken Dennis clocked 10.9 in the 100 meter run to better the age 43 mark of Percy Knox in 1977. Knox recorded an 11.0 in the 100 for a new age 47 standard.
These By-Laws were composed based on the experience of four world championships plus a great deal of study and input from the athletes and officials. The Executive Committee tried to accommodate as many competitors as possible in composing these rules. It is hoped that these rules will be followed in national and local competitions. These rules are required to be followed in all international meets.

The following is an explanation for the reason for some of the rules.

#3. At the present time, performance standards to compete or to receive an award have been rejected. However, there has been considerable sentiment for imposing standards to receive an award when there are three or less competitors in an event. The reason for this is that many competitors are competing in events where there is little or no competition just for an award. This is particularly true in the older divisions. For example, one 70+ competitor was upset because he would be unable, due to scheduling, to compete in both the marathon and the weight event! Performance standards in order to compete would only be imposed if the number of entrants becomes too large to handle. 2,400 competed in New Zealand. 5,000 are expected in Puerto Rico.

#4. The Executive Committee (EC) felt that all finals should be run on the main track. With the substantial number of entrants in divisions M40, M45 and M50, a large number of trial heats will be needed in the short distances. These may be held on secondary tracks. In the 5K & 10K runs a compromise was reached in which seeded runners in two sections (about 40 in all) would compete on the main track, while unseeded runners on secondary tracks. There has been difficulty in getting entrants to list their proper times and in many cases they don’t list their times at all. Because of this, certification by the national bodies for the 5K and 10K seeded runners will be required.

As an experiment, there will be no relays in Puerto Rico. The reason being that the host countries usually dominate by sheer numbers and the smaller countries just don’t have enough competitors to comprise a team.

#5. There has been some modification in the hurdles relative to the distances to be run between them. The distances selected were based on the opinions expressed by the majority of the athletes. There was concern regarding the 70+ athletes negotiating the hurdles. It was felt that for this reason the distance was reduced to 80 meters. One of the 70+ athletes felt and was injured during a hurdle race. In determining the distance to be run between the hurdles the EC tried to keep a distance that would permit three steps between each hurdle.

It is strongly recommended that these rules be studied by the competitors. They will be in effect in Puerto Rico and for the North American Championships and the Pan-American Championships. They can be modified at the next EC meeting in Puerto Rico.

WAVA BY-LAWS

1. AFFILIATION OF NATIONAL GROUPS
   The Executive Committee shall determine the affiliation of national groups.

2. DUES
   Dues shall be established by the General Assembly. Unless otherwise modified, the dues for each national body shall be $10 (equivalent of ten dollars US currency) plus $1.00 for each 100 members, with a maximum of $350.00.

3. EVENTS
   All men and women of prescribed age shall be eligible for all events without restrictions or performance standards required in order to receive an award. Three awards, at the minimum, shall be given in each event when there are three or more starting.

4. OPERATION OF THE MEET
   a. All final events except the 20K walk, marathon, cross-country are to be held in the main stadium. Trial heats may be held in locations other than the main stadium.
   b. In the 5K and 10K runs for M40, M45 and M50 two seeded sections based on a verified time performance, with the required time to be determined by the Executive Committee, will be run on the main track. Any sections of these events may be run on secondary tracks. The Executive Committee shall determine the procedure for verification of the times. The Executive Committee shall advise the Meet Director at least one year prior to the start of the meet.
   c. Seeded final sections based on best times recorded within two years prior to the meet shall be run in the steeplechase.
   d. Seeded trial heats, based on best times recorded at a date determined by the Executive Committee prior to the meet, in which the top seeds shall be distributed as evenly as possible and in which competitors from the same country shall be distributed as evenly as possible, shall be used in the 100, 200, 400, 800, 1500, high hurdles and 400 meter hurdles.
   e. Competitors of different age groups and both sexes may run in the same section, for scheduling purposes, at the discretion of the Meet Director, with separate scoring and prizes for each group.
   f. Relay teams may be declared any time twenty four hours prior to the start of the event.
   g. A competitor must compete throughout any particular meet for the country of residence or the country of which he holds a passport.
   h. Team scoring in distance races shall consist of the first three in each age group using absolute position in each age group without displacement. A country can only have one team in each division.

   i. In both the relays and distance team events, an athlete may compete as a team member in a lower age division but score as an individual in his or her actual age division, except where individual age sections are run separately. In that instance the individual would have to score both for the team and as an individual in the age group race competed in. If an athlete will be scoring for a team in a younger age division said intention must be declared prior to the race. An athlete can only score in one age division.
   j. The President shall appoint three representatives of WAVA, not from the host country or host committee, to sit on the Rules Committee of the sponsoring organization relative to any protests or interpretations of the rules. The Rules Committee shall consist of no more than six members, with the additional members, over three, appointed by the sponsoring organization. In the event of a tie vote the President of WAVA shall cast the tie.
   k. Any modifications in the Rules shall be submitted to WAVA prior to the meet for approval. In all instances WAVA shall be the party to determine what rules to apply.
   l. No changes in the schedule are permitted after the program is printed.
   m. Competitors must report no later than one hour before the scheduled time of the start. The Clerk of the Course may change the composition of the heats depending on the number of entrants.
   n. Lane assignments for subsequent rounds in bend races shall be as follows: Fastest lane 4; 2nd fastest 5; 3rd fastest 3; 4th fastest 6; 5th fastest 2; 6th fastest 7; 7th fastest 1; 8th fastest 8.

5. HEIGHTS & STANDARDS
   In Metric Units
   See chart on page 25.

6. SAFETY JUDGE
   The Meet Director must appoint a Safety Judge with the authority to withdraw an athlete from the course of competition, if in the Judge’s opinion the continuation of the competition would endanger the competitor’s health.

7. ENTRY FEE & RESULTS
   The entry fee shall be the same for each event. The athletes are to be given an option to purchase the results on the entry form.

8. DISCIPLINE
   a. Any competitor lying about his or her age is to be banned two years from the date of discovery of the fraud or two years from the date that any illegal prizes are returned, whichever is longer. A competitor lying about his or her age for a second time will be permanently banned from competition.
   b. The Executive Committee will appoint a discipline committee to recommend actions on specific cases for unportantsaalike conduct.

9. AWARDS
   a. At all championship events are to be conducted under the WAVA constitution and by-laws rules.
   b. WAVA shall be the sole determining authority relative to all matters regarding the operation of the meet. The Meet Directors shall have the right to solicit local sponsors with appropriate recognition given to them.
   c. The sponsors of the meet will provide for the expenses of at least one representative of WAVA, as designated by the President, to report on and to assist in the preparation of the meet approximately one year before the meet is scheduled to start.

10. FINANCES
   a. Budget
      A proposed budget must be submitted by the Treasurer to the Executive Committee within sixty days after taking office. Said budget must be approved by mail vote of the Executive Committee within thirty days after receipt of same. If any Executive Committee member does not respond in writing to the proposed budget, said member will be considered as approving same.
   b. Reports
      A yearly report must be submitted by the Treasurer.
   c. Checks
      All checks of WAVA must be signed by the Treasurer and counter-signed by the President or any Vice President so designated in writing by the President.
   d. Expenditures
      The President or the Treasurer, or clerical and telephone expenses up to $500 (United States currency) may be incurred by the Treasurer without prior approval of the Executive Committee.
      Expenditures of up to $200 may be incurred by the Treasurer without prior approval of the Executive Committee.
   e. All other expenditures must receive approval of the Executive Committee.

Contracts
All contracts must be approved by the Executive Committee and signed by the Treasurer and the President.
On Approaching Every Problem With An Open Mouth
by Wendell Miller

I guess I must admit, life has been very good to me. I'm relaxing in front of a warm fire, wall-to-wall mortgage as far as the eye can see and I'm doing the little things a person does to start each new year; the enjoyment and pride that accompanies counting up last year's profits - 98, 99, a dollar. Repeating the little sales tips that a person must always be reminded of as each new year begins - "the large print giveth and the small print taketh away." You re-kindle those sales approaches that have proven successful in the past. "You'll notice Mr. Mundle, that at no time during my entire presentation will my fingers ever leave my hands." And of course you re-read your fan mail.

The cards and letters pour in. They say I'm a pundit, a dilettante. I went immediately to the dictionary. I'm reminded of my first trip to the dictionary. I was a boy. I had a girl friend. My friends kidded me about her being ugly. My response was one person says ugly, another person says beautiful, what exactly do you mean? We went to the dictionary that day in my youth and Dean, was back word ugly. So help me god - there was her picture. Anyway, a pundit is a know-it-all. So you're telling me, Higdon hasn't done pretty well as one of those? A dilettante is a person who fools around. You think then, that O'Neill isn't having one hell of a time, as one of these? Come on folks, give me a break. I'm dealing with overall order in the universe.

Speaking of dealing with things, wasn't this year's Rose Bowl parade the most fantastic show you ever saw? "Seventy-Six trombones walked through horse manure, etc." It made me proud to have been born in California. If only Ty and Randy could have been there.

Take one, for a heart-warming running story. The date is December 7, 1980, the place is Honolulu and the event, the Honolulu Marathon. December 7th, the anniversary of the day the Japs won their way into the hearts of so many John Wayne fans. Remember Art Buchwald's story about how lucky we are to have beaten the Japs in the war? Had they won, those tricky little devils probably would have forced us to drive their cars, buy their TV sets, radios, and computers. Isn't that reason enough to be thankful?

Anyhow, back to the Honolulu Marathon and incidentally, if I was really the cynic my wife's mother thinks I am, I couldn't admit how I feel about their Marathon. Everything you ever heard is true. You can do away with all the race directors meetings, seminars, and clinics. Just do a carbon copy of the Honolulu affair and you'll have it. We all held the starting line: Father, Mother, two kids and a friend. Only Oregon with his new promotion at Nike. Congratulations, Tom! And he'll probably take the race with him. I, for one, will be sorry to see it go. But without Sturak, there would probably not be a Striders 50. Tom has done a great job with very little help for the past eight years that this race has been run, and we hope he continues it up in rainy Oregon.

Results on page 25.

Hoover Wins
50-Miler
by Richard Slotkin

SANTA MONICA, CA. December 21st. Despite the fact that this race is open, the Striders 50-mile track run usually turns out to be a masters event.

This year, just about all the entrants were over 30. With the smallest field I've seen in the four years I've observed the race-- only 18 starters and 10 finishers-- there were still some top quality.

Frank Bozanich and Jim Pearson, both former winners and both former national champions in ultra marathons, were the favorites. Bennett Lundkvist was another one to watch, having been under 6 hours on two occasions. And last year's over 50 winners' record holder, Melde Dean, was back to give it another try, still recovering from a fine effort in the Western States 100 mile race.

Bozanich said he wasn't going to follow his usual routine of blowing out fast and hard from the opening gun and trying to hang on from there.

Mike Sayward opened up a big lead, lapping the field twice in the first hour. His strategy was obvious: build up a lead and hope to hang on to Bozanich if he started to surge. Following these two were Charles Hoover, last year's runner-up, Lundkvist, Pearson, and two 45-year-olds, Vogle and Andre Tocco.

Only two women entered, Dean and Bea Findlay, with Dean steadily building a lead over Findlay, who dropped out at 19 miles.

Sayward's early pace forced him out at about 20 miles. Bozanich took over until the 33 mile point when he too, declined the issue. "I just got tired," was his explanation. Six hours sleep each night and full time at the police academy in Washington were too much for him, he said.

So now it was Hoover, Pearson, Lundkvist, Tocco and Vogle. Pearson dropped at 38 miles, saying "I can't take the pain." Why he was only national champion in 1975 and won this thing last year. It just wasn't his day, that's all. Good sport that he is, Pearson stayed till the end and held the tape for the finishers.

Hoover went on to win in 5:35:23, followed by Lundkvist, Tocco, Vogle and Con Eroen and Dan Sheeran. Dean's time of 8:11:38 is a new U.S. mark for women over 45.

This may be the last time we'll see this race in Santa Monica. Race director, Tom Sturak, is moving to Los Angeles 50+ runner Conrad Eroen, takes 5th place in 50-mile race in 6:20:49. Two 45-year-olds, Andre Tocco (L) and Vogle, battle in 50-mile run. Tocco placed 3rd overall in 5:35:09. Vogle was 4th in 6:16:04.
High Schooler First
In “Midwest Master”
30 Kilometer

LAKE BLUFF, Ill., December 28.
Scott Jenkins, a 17 year old high school student from Kenosha, Wisconsin ran 1:43:27 to win the Midwest Masters 30 Kilometer Run on December 28 on a course that was partially obscured by snow. (The Midwest Masters allow “open” runners in many of their events.) Two days before the race it was 5-degrees. The day after, it snowed 4 inches. But on race day it was 50-54 with 18 nules/742 yards in 2 hours.

Higdon, who was running the race as a final test prior to competing in the marathon at the World Veteran Games in New Zealand, fell on a snow-covered turn on the first lap of the three-loop, out-and-back course in Lake Bluff, Illinois, then got up to run progressively faster 10 kilo loops of 37:05, 36:20, and 35:13 for a total time of 1:48:38. That was only good enough to bring him within shouting distance at the finish of Bradley, who hit 1:48:30. “I didn’t even know Bradley was over until the awards ceremony,” said Higdon afterwards. “They keep setting these young-looking guys sneek into my races.”

Higdon’s time nevertheless bettered the listed American 45-49 record for 30 kilometers of 1:58:32 by Joe Erskine as well as a pending 1:49:23 mark by Al Lawrence. It was the seventh American record he set during the year.

Kathy Schubert won the 35-39 and overall female titles in 2:20:23. There were 156 starters and 127 finishers.

Regional Reports

Hawaii
by Jack Karbens

Our Masters Track Meet, on December 28th, included about 40 people from Hawaii plus about 10 from the mainland who were on their way to New Zealand.

The meet on December 31, contained about 100 Scardinavians, 10 Mainlanders and a few Hawaiians. Most of the Hawaiian masters officiated the New Year’s Eve meet. Stan Thompson did an excellent job of running it. It was one of the largest, most organized meets ever held in Hawaii.

After suffering 30-degrees-below-zero weather on their trip to Greenland, the Scardinavians were pleased with our 80-degree Hawaii weather.

We will look forward to hosting mainlanders and world visitors for our International meet on April 16, 17 & 18. Anyone visiting Hawaii this winter is welcome to join us on Sunday mornings for masters track meets, from 8am to noon at Kaiser High School. It is located about 1 mile from beautiful Hanauma Bay. The visiting master could therefore spend the morning competing and the afternoon running and snorkeling. Meets will be held each Sunday thru April 11. The Norman K. Tamanaha 15K Memorial Run will be held on Easter, April 19.

The club officers for 1980-81 are: Stan Thompson, President; Jack Karbens, VP; Edie Leiby, VP; Joan Flynn, Secretary; and Harold Clappson, Treasurer.

Results on page 26.

Nebraska
by Larry Bobolz

The 6th Statehood Day 10-mile is set for Saturday, February 28th, the premier competitive race of the Lincoln Track Club.

Ray Stevens, 40, won the 1980 2-hour run competition overall with a distance of 20 miles/782 yards. Bob Bartling of Brookings, South Dakota, broke the listed American Age Record for men 50-54 with 13 miles/472 yards in 2 hours.

Bob Elwood, 46, and Ray Stevens tied in the one-hour run this year covering 10 miles/1462 yards. Using the RRCA performance standards, which are graded according to age, Elwood earns 843 points, or “championship” status. It’s the best performance that we have ever recorded for a Lincoln Track Club member.

Stevens finished 1st master and 6th overall in the Iowa City Marathon, November 2nd in 2:35:14.

Oklahoma
from Joe McDaniel

Jim McFadden, 41, left little doubt that he’s the premier Oklahoma master runner in short and middle distance races as he registered a record breaking 16:35 in the 5K Mohawk Park Run in Tulsa December 6th. Hewlett Nash PR’d in 17:29 for 2nd. The 50+ title went to Ray Harmon in 21:41.

In the marathon the same day, Clyde Davidson of Emporia, Kansas took the 1st master and 3rd overall in an impressive 2:47:30. Stan Warren of Oklahoma City posted a 2:49:33.

Scannell sets 2 U.S. Marks

The Newsletter and the National Running Data Center do their best to learn of fast times in every age group by masters runners. Some excellent times, however, simply don’t reach us.

For example, we’ve just learned that Karen Scannell may have set two U.S. records in 1980. Both are subject to certification by the NRDC. On February 10, 1980, she ran a 1:02:22 in the Sri Chinmoy 10-mile in San Francisco, bettering the listed mark of 1:02:55 set by Trudy Rapp on March 30, 1980. (On January 4, 1981 in Stockton, California, Scannell further lowered the mark to 1:01:56.)


Canada
from Alistair Lynna & Don Forsytharson

The Canadian Masters 1981 Marathon Championship will be incorporated into the Vancouver International Marathon, Sunday, May 3rd.

The organizers will subsidize selected Masters runners: One 40-49 (woman or man) and one 50-59 (woman or man) from each Province. The subsidy will include 50% of the air fare and one night in a Vancouver hotel.

The first Canadian Masters man and woman will win airfare to the next appropriate World Masters Championship.

Derrek Fernsee won the Brooks Can-

New Hampshire and Vermont
from Tom Jennings

With the Dartmouth head track coach, Carl Wallin, a 39-year-old weight man of note, there is a lot of masters and sub-masters indoor and outdoor track and field competition in this area. With an excellent 220-yard rubber indoor track and a Rubaturf outdoor track, as well as meeting virtually every week and organizing meets, we could have a few good results.

On December 13th, at Dartmouth College in Hanover, NH, on the 229-yard indoor track, Wallin threw the 35.5 5.5 in. Don Meta, 49, ran a 4:30.7 mile and 2:06.0 880. Tom Jennings, 39, notched a 2:10.8 in the 880. Wallin recorded a 50-10 shot put. Don Graham, 33, clocked 4:59.8 in the mile.

On December 28th, at the same site, in the 800 meter all-comer meet, Wallin hoisted the 35# weight 51-9, and threw the shot an identical 51-9. In the mile, Metz ran 4:43.1, Graham 4:47.3 and Jennings 4:45.7.
We omitted the actual 3rd place finisher in the women's 35-39 division of the New York Marathon. Linda Thurston, 36, of Somerville, N.J., in only her 2nd marathon, clocked 3:14:47 for 41st woman overall.

Top masters field-event competitor Ray Fitzhugh of the Juan Capitolio, California leaves for Okinawa for a one year tour in April. (Ray’s a Marine.) “I look forward to staying in touch with the Masters through the newsletter,” he says.

Chris Miller, pointing for New Zealand, pulled her right hamstring December 12, so badly she could barely walk for days. “I was in really good shape, too,” she lamented. But she decided to go anyway, hoping for a “Christmas miracle.”

Haig Bohigian of Tarrytown, New York has agreed to take over the handling of U.S. masters indoor records. Pete Mundle will continue to handle the outdoor marks.

Geza Feld reports “I have finished the ratings, but I have to wait until Jim Weed arranges the financing of the computer work.” Feld says it should be done shortly.

Top U.S. master Sandra Knott will speak at the Ohio Podiatry Association in May on “The Bio-Mechanics of an Athlete.” A registered nurse, Knott is a frequent instructor and a physical-education instructor.

The itinerary is shaping up for the proposed U.S. Masters tour of South Africa in December. 1981. The tentative schedule is December 12th to January 6th, with stops in all major South African cities. Special masters competitions and fun runs will be held in Johannesburg, Cape Town, Port Elizabeth, and Durban.

Trips are scheduled to a diamond mine, gold mine, sheep farm & wine farm. South Africa In December, 1981. The tentative proposed U.S. Masters tour of South Africa. Travel is under the direction of the U.S. masters meet in Atlanta June 13-14.

National Masters Track & Field Chairman Jim Weed has appointed Ed Oleata of San Diego to head up a TFA Field Club.

In the 1980 Canadian Masters Championships in Ottawa a blind man who had stopped the show by Granstrom set records in the 1500m, 5000m and 10,000m runs. She was named the most inspirational athlete of the meet. Rick Broderick placed 2nd in a field of 7 finalists in the 200m dash. Both of these athletes have less than 1/2% vision.

The Track & Field Association of the USA may conduct a Western TFA Masters Track & Field Meet in Los Angeles May. 1982. Ed Oleata of the TFA U.S. masters meet in Atlanta June 13-14.

Masters Track & Field Chairman Jim Weed has appointed Ed Oleata of San Diego to head up a Decathlon Committee. The 1981 national masters decathlon will be held in June in San Antonio, Texas.


There was a special supper and social gathering of masters at the NY Masters Track & Field Club.

Field Club.

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OPENING DAY

WEDNESDAY, JANUARY 7

About 2400 veteran athletes provided impressive spectacle as they marched in the grand parade at the opening ceremony of the 4th World Veterans Games at Queen Elizabeth II Park in Christchurch, New Zealand.

Departing from the usual tradition, the athletes marched in age-groups instead of national groups, to the music of the New Zealand Army Band and the rhythmic clapping of a crowd of 3000.

The decision to have the athletes march in age-groups was made to reduce the nationalistic fervor which seems to surface at international sports events. Nevertheless, some national flags were still waved by competitors who felt differently.

Re-elected World Veterans president Donald D. Partridge greeted the athletes, as did World Games President John Macdonald and New Zealand President of WAVA, Gideon Tait.

Christchurch Mayor Hamish Hay presented the athletes with the traditional key to the city.

The runners-up of WAVA, Gideon Tait.

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FIRST DAY

THURSDAY, JANUARY 8

A former Mexican Olympic steeplechase representative, Antonio Villanueva, celebrated the opening day of competition in the Games with a stunning triumph in the feature 10,000 meter run for men 40-44 years of age. He passed up defending his M45 crown in 35:27.8.

The runner-up in the first section was 29:52.1 in 1980, defeating the top American masters in a brilliant series of races.

The great John Gilmour of Australia, who set 7 age 45-49 long distance records in 1980, finished third in 35:52. Five years ago, with the help of his family and friends, Gilmour had thought he had had a win.

The winner of the 10k distance running championship in Palmerston North.

Villanueva first made his mark as a steeplechase runner. He was the Mexican 3000 steeplechase champion for several years and his national record of 8:34 has stood unchallenged for the past eight years. In 1972, he ran for Mexico in the event but failed to reach the final.

He speaks only a little English, but, through an interpreter said: "I think the long distance is now the best for me."

World Games President John Macdonald successfully defended his M45 world 10,000 meter title in an outstanding 30:25.

Macdonald had injured his hamstring in an all-comers meet in Los Angeles. Smith improved on his winning 1980 national masters championship time of 11.40.

In spite of his natural speed, Smith was never among the top open U.S. sprinters. He competed in high school and college, but a hitch in the service followed by marriage kept him away from the track during his best potential years.

Two years ago, he was persuaded by a friend to start running again, and he has gradually bettered his performance. His best 100 times are 10.9 for the 100 and 22.4 for the 200.

There was no more popular win this day than that of the blind sprinter from West Germany, Fritz Assmy, in the M65 class. Guided by his son-in-law, Klaus Hinrichsen, he led virtually all the way, finishing in an excellent 12.89, only .09 off Yuege Brange's world mark. Brange, the defending champion, took 2nd in 13.76.

In his youth, Assmy planned to become a civil engineer and he joined the German Air Force to help him qualify for this career. However, while testing a Heinkel 123 fighter plane in 1938, he crashed and lost his sight in both eyes. He was then 23.

At 18, he had run the 100 in 11.1. Ten years ago, with the help of Hinrichsen, he started to realize that blindness need not necessarily keep him out of active sport. He started with gymnastics and then moved on to the track.

Lloyd Snelling of Australia won the M50 100 in 11.91. Ozdie Dawkins of Los Angeles was 3rd in 12.31.

David Sanwamade of South Africa won the M40 200 in 23.20 when Hai

Summary of 4th World Veterans Games

by Al Sheek

(special thanks to the New Zealand Press)

Dorothy Stock, 48, of San Diego ended an all-out female assault on world records in the W65 race in 36:49.15. The time bettered her own world mark of 39:06, set last June 22.

Ruth Anderson picked up her 3rd silver medal in the W65 10000, clocking 41:52.70 behind M. Suominen of Finland's 40:19.41.

Elis Trauninger of the U.S. nabbed a gold medal, clocking 46:52.69. E. Falke of Germany set a new world mark in the W60 class in 50:18.84, breaking the old mark by two minutes. W. Kretschmer, also of West Germany, set a global W65 standard of 52:30.81.

A. Forbes of New Zealand added the W70 world mark to the list with a 59:20.61, breaking Californian Bess James record to 60:01, which she set only last July. James took 2nd to Forbes today in 61:55.90.

The Southern Californian prevailed, recording 11.25 to Austin's runner-up 11.44. Smith began slowly before bursting clear of the strong field half-way to win the W65 6000.

In field event action, a new name in the masters program, Wladzimierz Sokolowski, an expatriate Polish Olympic representative now living in New York, thrilled the crowd with a winning vault of 4.60 meters (15 feet, 1 inch) in the M55 vault.

Once he was certain of the gold medal, he had the bar moved up to 4.83 meters (15-11), but failed to reach the final. Villanueva first made his mark as a steeplechase runner. He was the Mexican 3000 steeplechase champion for several years and his national record of 8:34 has stood unchallenged for the past eight years. In 1972, he ran for Mexico in the event but failed to reach the final.

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Oslo was the amazing Higashi of Japan. Coming in 3rd and jumping. He won the M45 class with a Nick Newton, who cleared 5-8'A.

800 in 3:00.95. S. Pearce of New feet) in the M75 long jump by Gulab Bigelow of the USA set a new world records broken during the day.

Morita and Canada's Ian Hume. An attractive Yugoslav-born Amer-ican, Vicky Foltz, completely demoralized the field in the W35 group. The

84.09, lowering Dick Stein. Nick had the body of a 25-year-old, are surprised by his incredible recovery.

A sour note occurred when Australia's Bernie Hogan missed the Finals of the M60 200. Undisputed in M65 veterans competition, the great Hogan was to make his debut in the 60-64 class. But the meet was running late, and an official reportedly gave Hogan the wrong starting time. When Hogan showed up the race had been run and won by England's Sylvester Stein.

Jerry Donley of the U.S. won the M50 pole vault at 9' 10". Burl Gist took the M60 high jump in 1.49 (4-10") with Orval Gillette 3rd in 1.46 (4-9'6").

Macdonald's brother, Jim, also competed from his all-out effort in yesterday's steeplechase, finished 4th in 3.35.

New Zealand's Roy Williams established a new world record in the M45 Pentathlon with a total of 6685.31. Williams began with a 21.2 long jump, ran a 24.3 200 and threw the discuss 141.8.

Colleen Mills of New Zealand and Irene Obera of Oakland, California renewed their intense rivalry in the 400. In the 1979 World Games, Obera had built up a seemingly insurmountable early lead, only to fall to Mills closing run. In the same meet, Mills set a new world standard of 58.91 while Obera established a new American standard.

Today it was more of the same. Mills lowered her mark further to 59.66 while Obera tried the silver medal for just a half-second off her U.S. mark of 61.1.

Kristen Eveme of Norway set a new mark of 36.19 in the W35 200, bettering the world record (36.11) of Aileen Hingston of Australia, who ran 32.4 today for second. Edith Leiby of the U.S. was 5th in 36.32.

Elizabeth Haule of West Germany set a world mark of 38.63 in the W60 200, bettering San Francisco's Jo Kolda's mark of 34.7. Kolda finished 2nd in 34.47. Winfred Reid of South Africa -- representing Holland -- won the W60 200 in 34.46, close to her own global best of 34.7.

Anne McKenzie of Cape Town, South Africa -- running in Belgian colors -- won the W55 200 in 2:43.41, lowering her world mark of 2:45.1.

Leiby took 4th in 2:37.03.

In the W70 200, Bess James broke Marilla Salisbury's five-month-old world mark of 52.7 by 17 seconds in 45.57, for one of her five world records in the meet.

Sarnaama of Finland and Annechen Rele of West Germany set new javelin marks in their respective W75 and W25 divisions.

In the 100-hurdles, Bob Hunt of Anaheim, California, won the gold in 16.27, edging arch-rival Burl Gist of San Marcos, California (16.34). In the M70 400 hurdles, Wilfred Bigelow of Berkeley, California, picked up his 2nd world mark of the Games with a win in 84.69, lowering Dick Lacey's six-month-old standard of 85.67. Stan Thompson of Honolulu took 3rd in 94.63. Walt Frederick was 5th.

In the 55-59 men's cross-country run, Jim O'Neill and Alex Ratelle again fell to the dominance of Germany's Gerd Fiedler. Wilfred Bigelow, who clocked 35:34 to O'Neill's 35:37, with Ratelle another 34 seconds back.

Frank Finger of Charlotteville, Virginia and Ed Stotesbery of Santa Monica, California ran 1-2 in the M65 800. Finger's 2:37.84 approached his own world standard of 2:55.3 set in the 1980 national masters championships in Philadelphia. Stotesbery, a world-class javelin medalist in Hannover, picked up his first of these games in a good 2:30.22. Ray Mahannah of Northern California was 3rd in 2:36.70. Herb Bigelow of Bellevue, Colorado won one of his two gold medals in the games with a 1:36.46 win in the 400 hurdles.

Continued on next page...
1960 as New Zealand's "iron man" of the track.

Now 46, Baillie ran hard all the way. He stayed with the leading group from the start and moved smoothly into the lead at the beginning of the second lap. Round the final bend, Baillie was ahead by 10 m (30 ft) over previous winner Gilmour. He placed 4th in 2:21.95, bettering her own record in the W40 800. Her time of 2:24.6 was 3rd in all-comers meets in his home town of Perth.

Combined with Marty Maricle, the South African pair won the silver medal in the M40 4000 m in 13:08.6, 8 seconds behind winner G. Bladh of Sweden.

A. Gleichfeld of Germany won the 1500 meter run in a time of 4:02.33. He made his bid for victory on the final bend and sprinted clear of the tightly-packed bunch down the stretch to finish ahead of the pre-race favorite, Michael Copeland of Ireland.

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 Continued from previous page

February 1981

World Games

SIXTH DAY

TUESDAY, JANUARY 13

Reg Austin of Australia, who had been banned from amateur athletics for 25 years, because he played professional rugby, won the M40 200 today in a time of 22.53 over Doug Smith, reversing their 100-meter result.

Thus Austin and Smith split in the battle for the title of top masters sprinter in the world.

Running in the unfavorite lane 2, Austin ran a hard turn, then hung on for the win. Smith didn't get a good start and would never catch up, finishing in 22.8.

Austin was troubled by a torn muscle in his thigh. He was accompanied to New Zealand by his doctor and a chiropractor to help take care of me," he said. I wouldn't be running if it weren't for them." This was Austin's 3rd successive win in an M40 200. At age 40, he won in Geteborg. At 42, he won in Hannover. And at 44, he won today. A difficult feat, to say the least.

The M50 400 final saw Fritz Assmy defeat Mike Anderson in a time of 50.00. Assmy's world M50 record of 49.3 has stood for several years. Assmy was close, but could not settle for 50.54, good enough to withstand the efforts of Bob Mimm and Eric Austin of the U.S.

Derek Turnbull won 3 races in Christchurch World Games. His performance was outstanding of these was the 28:39.8 world record for the 400 meters. He was awarded 3rd place in the M50 4000 walk, in 1:48:57.1. The race was run on the grass track outside the main stadium. He was about 7 seconds behind the European world mark set in the European Championships in Helsinki.

The race was won fairly easily by 11 seconds over D. Todd of Australia, taking the lead early and maintaining it. On opening day, he won the 10000 and claimed the silver in the cross-country.

Derek Turnbull continued his amazing string of quality races with a triumph in the M50 1500 in 18:09.47, one second faster than his winning performance in Hannover.

One of the most impressive 5k efforts of the day was a stunning victory by Italy's Maria Pia D'Orlando. She defeated world 10000 record holder and U.S. champ Dorothy Stock in a time of 30:59.0. The clocking was 7 seconds better than D'Orlando's world mark set in the European Championships in Helsinki. Stock finished well-beaten second in a good 18.38. It was D'Orlando's 3rd win of the games. She won the 1500 on Friday and the cross-country on Saturday.

In spite of being troubled by a 3-month-old hip injury, Beverly Shing won her 3rd gold medal in the games in the W40 5000, recording 17:37.9. Runner-up for the third time was Sandra Knott in a good 17:54.

Yvonne Mills of Britain took 3rd in 18:44. Joan Ulyot was 4th in 19:02.7. Vicki Foltz picked up her 3rd gold medal by winning the W50 5000 in 19:36.2.

Vicky Foltz picked up her 3rd gold medal by winning the W50 5000 in 18:07.9. Runner-up for the third time was Sandra Knott in a good 18:09.0. The clocking was 7 seconds better than D'Orlando's world mark set in the European Championships in Helsinki. Stock finished well-beaten second in a good 18.38. It was D'Orlando's 3rd win of the games. She won the 1500 on Friday and the cross-country on Saturday.

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Gulab Singh's new world record of one-in-the-400.

Ed Stotesberg of Santa Monica finally clinched his bridesmaid status to win a gold medal in the M65 1500.

World Games

M. Dunham of the U.S.A. picked up a bronze medal in the 835 high jump.

Irene Obera captured the W45 200 crown that eluded her in Hannover.

Due to illness, Mills declined the issue when she was upset by Colleen Mills.

Many (W60-16.01), Bess James of the USA (W70-19.58), and I. Sarnama of Finland (W75-19.25).

Elizabeth II Park, de Palmas judged his performance from the World Games for third.

The prestigious marathon champion.

Finals...

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World Games

Continued from previous page

Gulab Singh's new world record of 28-7/4, which broke McFadden's mark by 5 inches.

Paul Spangler won another gold, this one in the 400.

Due to illness, Mills declined the issue when she was upset by Colleen Mills.

Three women's 100 world marks were set, by Elizabeth Haule of West Germany.

Paul Spangler won another gold, this one in the M65 1500.

Gold Medalists

Harold Chapson won his 3rd gold medal of the games with a convincing, 32-second 5:44.84 win in the M75 1500.

Bronze Medalists

We have certificates of performance from the World Games for the following: M. Bass, F. Baxter, D. Calhoun, M. Conley, R. Dawson, Jr., Don, R. Duba, M. Dunham, H. Falkenstein, F. Finger, E. Fuller, V. Grandy, G. Greeter, E. Klenon, D. Grosh, M. Herve, C. Klein. To receive your certificate, please send a $5.00 (or larger) self-addressed, stamped envelope to NMV, P.O. Box 2372, Van Nuys, CA 91404.
World Games  Continued from previous page  

Robinson of New Zealand, Henri Salvarad of Belgium, and Derek Fernee of Canada, came through in 3:02.

Villanueva started to slow around the 10k mark, and by 20k, de Palmas had caught him. They went by together in 1:04:18. The other four were far back in 1:06:02.

Villanueva continued to slow and eventually dropped out around 30k complaining of stomach cramps. de Palmas, however, forged ahead strongly and was never again challenged. Fernee took the silver medal over Manners, 2:21:44 to 2:21:47. Friz Mueller of New York was 8th in M40 in 2:27:55, with Dave Hamby 9th in 2:28:06.

In the M45 division, none other than Hal Hodgson won it in a sizzling 2:29:27. The author-lecturer was elated with his triumph, throwing his arms in the air and waving to the crowd in his special moment of triumph. Only a minute-and-a-half behind came Eric Huer of New Zealand in 2:30:51.

"I was running with a pack of 6 others much of the way," Hodgson said. "I thought I might be leading the M45 group, but friends told me Hunter was about a minute ahead in the early stages. It was past midway in the race before I caught him, and then it was a battle. But he was continually looking back over his shoulder at me, so I kind of felt I had him."

The indomitable World Games President Macdonald contested the marathon, and picked up the M45 bronze medal in 2:32:18 to go with his two golds and silver. Van Alphen of Holland won the M50 marathon in a blazing 2:27:53, 16 minutes ahead of his nearest rival. The mark was short of Van Alphen's phenomenal world record of 2:22, set in the 1978 Marathon last September in Oregon.

Dr. Alex Ratele of Edina, Minnesota captured the M55 bracket in 2:39:30 for his first gold medal of the meeting. He had won bronze in the 5000, 10000 and cross-country, but didn't have to deal with Hesselman or O'Neil today.

Vicky Peltz picked up her 3rd gold medal, winning the W50 division in 2:59:30, defeating World Veterans 1980 Distance champ Lynn Billington of England by only 12 seconds in a tough battle.


Sandra Knott, who put together a week of some of the finest races of her masters career, almost grabbed her first gold medal in the W40 1500. Leading all the way, she succumbed in the final strides to Auckland's Val Robinson, 4:46:1 to 4:47:27.

Knott sprinted with 200 to go to try to shake Robinson off, but the wife of runner John Robinson stayed with her and then outprotected her to the finish line.

"I let Sandra take the lead," Robinson said. "I feel a bit mean about that, but she made a lovely pace for me."

Beams set her 5th W70 world record with a 7:59.42 in the 1500. Ruth Rothfarb also garnered a 5th W75 WR with an 8:47.76 in the same event. J. Murphy won the M50 110 hurdles in 17:24, and Stan Thompson captured his first gold with a 1:31.4 (4.3) in the M70 high jump. Gary Bane picked up his 2nd bronze medal with an 18.54 in the M40 hurdles.

D. Callan took 2nd in the W60 discus to go with her 3 golds in the long jump, high jump and pentathlon. Dave Stevenson didn't let the demonstrators mar his performance in the troubled M50 steeplechase, clocking a new American record 10:53.20 to take the silver medal behind world-record holder Art Taylor of Canada's 10:45.6.

In this issue are; 1) the results of the 2400 Compete; 2) a day-to-day account of the performances; 3) a list of all U.S. records; 4) a list of all U.S. records; 5) a report on the New Zealand Masters Games in 1980, and 6) a report on the 4th World Veterans Games in 1983. The government of Puerto Rico is reportedly prepared to spend up to $200,000 in seed money to attract visitors and make the games successful. Because Puerto Rico is close to the populous east coast of North America, and because it is not too distant from Europe, and because it will be nearly three years since the 1981 World Games so the attractions and competition will be whetted - the largest number of athletes to ever participate in a track & field meet anywhere is expected - about 5000.

In this issue are: 1) the results of the games; 2) a day-to-day account of the performances; 3) a list of new world and U.S. records; 4) a list of all U.S. medallists; 5) a report on the South African Masters Games; 6) the new by-laws of the WAVA; 7) a report on the World Veterans Distance Running Championships in Palmerston North; 8) the results of the 10K and 20K races.

We moved rather quickly to get all this information in the February issue. If there are a few errors or omissions, we'll try to correct them next month.

Since we did not personally make the trip to New Zealand, our thanks and appreciation must go to those who were kind enough to gather the information for us. So, on behalf of all newsletter readers, we thank Gene Harte, Bob Boal, Ruth Anderson, Errol Denny, the Christchurch Star, Bob Pins, Hal Hodgson and the New Zealand Press.
Protests
Continued from page 1

"Gleneagles Agreement" essentially says that the government may not contribute to any sporting event involving participants from a country which practices official apartheid. Namely, South Africa.

However, the Constitution of the World Association of Veteran Athletes (WAVA) specifically states, that "no competitor shall be barred due to...national origin."

Faced with this conflict, John Macdonald, President of the World Games committee, and the New Zealand Track & Field Association decided not to go for the money and tell the South Africans to stay home.

Dr. Danie Burger, the South African representative to the World Games, protested. But to no avail. One veteran athlete, when he learned of the ban, requested his money back. On principle, some refused to go unless everyone was allowed to compete.

The ban, however, stood.

Burger then arranged to have some athletes from South Africa -- both white and black -- register with the Die Burger's Club of Belgium, and with a Holland track club. They would thus make the trip and compete as representatives of those countries, not South Africa. Theoretically, everyone would be happy. The athletes would compete. The Games would get their money. The show would go on.

ENTER STEIN

But the newspapers in Christchurch got word of the plan. While most veteran athletes believe everyone should be permitted to compete, as the Constitution mandates, one athlete is adamantly against keeping the South Africans out.

Sylvester Stein, of England, who was later to win the age 60-64 800, charged publicly, 3 days before the Games, that up to 20 "genuine" South Africans were in Christchurch ready to compete, having travelled on passports from other countries, mainly the Netherlands.

On page one of the Christchurch Star and the New Zealand Press, he claimed that Burger (the 1979 world 45-49 gold-medalist in the hurdles) was really a "fight apartheid." He said WAVA should also be making efforts to encourage other nations to join the Games, rather than one rich man's games, rather than one rich man's idea to encourage other nations to join the Games.

"We have no evidence that 20 South African competitors are travelling on passports from South Africa," a government spokesman said.

"We are satisfied that the Games organizing committee has done everything possible to comply with the conditions of the grant and of the Gleneagles Agreement," a government spokesman said.

"We have no evidence that 20 South African competitors are travelling on Dutch passports, and we are very skeptical about that assertion. We do know that Mr. Macdonald has been watching all the entries very closely."

Chairman, Mr. Macdonald, will make any statements. We are very happy in your country and enjoying ourselves and don't want to be involved in any controversial issues."

When asked by reporters if he lived in South Africa, Hacker would only say "You can draw your own conclusions."

"As far as I know, there are no competitors here on South African passports," Macdonald told the media.

"There are some athletes competing who live in South Africa, but they are not travelling on South African passports and we have to treat them as citizens of the country on whose territory they are playing in New Zealand because they're good. But groups like HART, don't. It's very touchy. The government once fell because all the rugby players voted it out."

GIVE BACK THE MONEY

"A shadow is over the games," editorialized the New Zealand press the day before the games. "It should be a cheerful occasion of international companionship and competition...But the reports of South African participation cannot be ignored...Hints that South Africans may be competing under other colors are disturbing...If true, the organizers must surrender the $40,000 which implicates the government in a breach of the Gleneagles Agreement. Or they must ban the South Africans from the Games...The Department of Internal Affairs should investigate further."

On the morning of opening day, HART protesters invaded the WAVA general meeting, presenting a 10-point letter objecting to South African participation.

WAVA officer Jacques Serruy of Belgium tore it up, and the police escorted the group outside.

Stein proposed the South Africans be excluded from all further participation in veterans affairs. He suggested that South Africa might be re-included when the Constitution would have to first be amended.

Farquharson ruled it out of order. Rising to a point of order, he noted that the motion was in conflict with the Constitution: that the Constitution would have to first be amended. Since Stein had apparently not submitted the proposal 90 days in advance as a Constitutional amendment, as the rules mandate, WAVA President Don Farquharson ruled it out of order without a vote being taken. He invited Stein to submit it as a constitutional amendment at the next meeting in 1983.

"This smacks of railroadng," protested Stein. "What about the other countries in Africa? Don't they deserve to be encouraged to compete at these games, rather than one rich man's country in the south?"

He said WAVA should also be making efforts to encourage countries like China and those from the Soviet bloc, to take part.

Farquharson said he endorsed the idea to encourage other nations to join in the games.

"It has always been our intention to encourage athletes from any part of the world who wish to take part. In that respect, we are one. Almost anybody could be barred from these games if we went political. We are not political."

DEMONSTRATION AT STADIUM

That afternoon, as the athletes paraded into the stadium for opening ceremonies, HART went into action. The Protest Pledge.

The demonstration began when a group of about a dozen people, some dressed in prison-like garb, some with faces painted black and others with faces painted white, began moving down the track from the 100-meter starting area. They appeared to be re-enacting the beating up of black people by whites, although this was not particularly clear.

At first the crowd seemed to regard the interruption as a joke, but later the gathering turned to angry jarring.

The demonstrators were allowed to depart unchallenged, but rejoined fellow demonstrators behind the fence outside the track. They began banging the fence and chanting "South Africans out."

The demonstrators were allowed to depart unchallenged, but rejoined fellow demonstrators behind the fence outside the track. They began banging the fence and chanting "South Africans out."

They waved banners inviting spectators to "fight apartheid."

The speech by the Mayor of Christchurch, Hamish Hay, was almost drowned out by the noise, and it was then that a group of athletes decided to take direct action. The group stormed the open stand near the results board and pulled down grey and white and to the demonstration. They sprinted across the track, leapt over the fence, and ripped the banners from the hands of the chanting demonstrators.

Scuffles broke out between some athletes and demonstrators but the police, already on the scene, quickly subdued the most excited offenders. At least one demonstrator was upset by the turn of events, punched a policeman in the stomach and was led away struggling.

Angry verbal exchanges continued between demonstrators and athletes as the demonstrators were escorted from the stadium.

One demonstrator was arrested and charged with trespass.

Later, the former chief superintendent of the Auckland police, and president of the New Zealand branch of the World Veterans, Gideon Tait, suggested that the restrictions on the athletes might make the demonstrators think carefully before they tried to come back.

"They might get lynched if they come back," Tait said.

HART said it would comply to the police about the violence during continued on next page...
A BLACK SCOTSMAN?

By the second day of the Games, the sports-page reports of the competition clearly implied, but did not say, that South Africans were participating. For example, David Sanwamade of South Africa won the M45 200. The black athlete was listed as from Holland. But he told amused reporters after the race that he was from Scotland. When a South African competitor won a race, the press reported that "so-and-so, who is LISTED (emphasis mine) as being from Holland, won the etc., etc."

But on the front page, the coverage flat-out stated that "There are certainly some South African residents competing, including black athletes."

S.A. MONEY REFUSED

On Monday, January 12, the feature front page story said the Games organizers rejected an offer of South African finance which would have made the Games independent of the New Zealand government. (Feelers had been put out from South Africa to try to discover if such a proposal would be acceptable. No actual figure was mentioned, but Burger had implied that sufficient money would be raised by South Africans to make the games independent of the government.)

The committee's attitude was that it would be immoral to do this," Macdonald told the press. "The proposal got no consideration at all, and no official offer was ever made."

Macdonald reiterated that "if the Internal Affairs Department informs me that there is an athlete here who has entered on a South African passport, that person will be barred from competition. I have said this before and it still stands."

He said that about 60 South African athletes wanted to compete. Instead, "there are just a handful of South African residents who hold citizenship of other countries and who were travelling on other than South African passports."

Sources in South Africa confirmed that many athletes stayed home, rather than risk a long trip for nothing. The front-page story quoted letters published in the October issue of the National Masters Newsletter, saying: "the ban drew considerable criticism from the United States."

HART REPLIES

In an editorial reply, a HART spokesman, S. Bevis, said: "For 10 years, HART has painstakingly put the peaceful and above-board contact with South Africa before the New Zealand public. The ongoing activities of letter writing campaigns, delegations, school visits, information booths, film screenings and talks to churches, union and political meetings go unheralded."

"The firm evidence that South Africans are participating in the World Veterans Games necessitated the disruption that HART initiated at the opening ceremonies. We do not take such action lightly. We stress that any action taken must be non-violent. We carefully planned the demonstration only after much soul-searching. All other avenues of non-disruptive protest had been explored and the demonstration was appropriate and legitimate."

DUTCH SUPPORT

On Tuesday, the feature front page story cited the support of Holland's Harm Hendriks (WAVA Treasurer) and the Dutch athletes for South African participation.

"South Africa is a Dutch country," Hendriks said. "We feel very close to the South Africans but don't agree with their political attitudes or their governmental approach to leaving blacks and whites apart. There is never any trouble in the veteran movement because we accept everybody and we don't question where they are coming from."

Hendriks said he would support a ban on sports ties with South Africa in protest at apartheid if it were accompanied by a total commercial and trade boycott against South Africa.

"The Glenelgues Agreement is hypocritical because the government doesn't apply it uniformly," he said. "Politicians are using us."

Hendriks said he would visit South Africa in December (as part of a special Sports Committee) "to see what the state of affairs is like at present. "We have been talking so much about the problem, we want to see it for ourselves. I can assure you I am very critical," he said. Hendriks added he felt WAVA should aim at making the Games in the future independent of State financing by attracting commercial sponsorship. He said he had no criticism of the Games organizers, saying he understood their earlier decision not to accept entries from South African nationals. He blamed Stein for the controversy.

"He is responsible for all that has happened," he said. "Stein does a nasty thing in informing the news media about South African residents being here. He is very unpopular with other competitors."

Hendriks said Burger had been harassed at his accommodations at a local college. Burger was defeated in his 400 hurdle final and, when asked by reporters if he had been bothered by all the political flak, he said, "I can't talk to you."

"Rather than subject his fellow competitors to further disruption and harrassment, Burger later withdrawn from the 110 meter hurdle event."

continued on next page...
POLICE PROTECTION

Uniformed police were on hand in force at the track by now, seeking identification from anyone not wearing an official ribbon.

On Tuesday, the 13th, HART said it would attempt to disrupt all events involving Dutch competitors.

"They have to accept responsibility for the cover-up of South African participation," it said, demanding the names of the South Africans competing as Dutch citizens.

PUBLIC RESPONSE

The press was filled with letters to the editor, both pro-and-con, on the demonstrations:

"...The World Veteran Games is probably the least racist sports meeting one could find anywhere in the world.

"...I wish the Games organizers had refused to permit these South Africans to slip in by the back door.

"These weird demonstrations must do a lot of harm to a very worthy cause, namely trying to get a fair deal for the black people of South Africa...."

"HART's 10-year campaign of honest outrage is infinitely more appealing than the deviousness of the government, the games organizers and the World Veterans Association, which seems bent on ensuring the South Africans' participation. Far more reprehensible was the hooliganism of those veteran athletes, seen on TV, who violently attacked the peaceful HART demonstration...."

PRESS CENSURES ORGANIZERS

On closing day, the 14th, the Press editorialized, "Games Spoilt by Deception.

"We hope that those who came in good faith and hoped to enjoy a sports festival will leave Christchurch fully satisfied that their visit was worthwhile.

"Unfortunately; the games began and will end on a sour note. Christchurch is likely to remember the event less for what happened on the track and field, and more for the great deception that occurred over the presence of South African athletes...."

"When the head of the South African Veterans changes his colors overnight and appears, as a United States citizen -- no doubt legitimately -- the whole episode is more than suspect. Thousandsof people who elect to live in South Africa can probably produce the passports of other countries. To appeal to the origin of a second passport is to fudge the issue. The games organizers were deceived, or hoodwinked.

"The government should condemn what happened...."

"The lesson must be that, if the Games organizers were genuinely opposed to the South African participation and could not comply with world games rules, they should never have tried to hold the games in the first place. Dr. Danie Burger, the South African veteran leader, should not have been allowed to compete and the Government needs no more than that to censure the organizers."

Perhaps given courage by the editorial, demonstrators ran about the track during the marathon, taunting and shouting. A group of nine chanted anti-apartheid slogans at marathon runners as they arrived outside the stadium, shouting "Sports, yes, Racism, no," and "Blame, shame, it's not a game."

VIOLANCE ERUPTS

Almost simultaneously, a group of demonstrators came on to the track and began to knock over the steeplechase barriers during the 50-54 race. Arthur Taylor of Canada, the leader, was forced to stop momentarily. Then one demonstrator ran in the inside lane towards the oncoming runners with his arms held out wide. He collided with Stan Gawler, a top New Zealand runner, who had won the M50 World Veterans Distance Championship in Palmerston North a week earlier.

Gawler fell heavily to the ground, and athletes nearby exploded. The demonstrator was attacked by about 20 furious competitors, who kicked and punched him to the ground, tearing his clothes badly.

"Two shot-punters grabbed the guy and each started pulling him in a different direction," Higdon said. "Someone else bloodied his nose. Another kicked him in the groin."

The beating continued for perhaps 30 seconds before police broke it up.

Some athletes were still incensed. Several punched the man while he was being held by police. Urs von Wartburg, the powerful world record holder and gold medalist in the M40 javelin, had been restrained by police. He was taken aside and held before being allowed to continue his event.

Even Higdon, well known as a mild-mannered, rational, cool-headed, intellectual type could not be restrained.

"I kicked him in the seat of the pants as the police led him out," he said.

"The steeplechase is my event and I took it personally."

Throughout the incident, the crowd of some 3000 loudly booed and jeered the demonstrators and some shouted encouragement as the athletes punched and kicked the man on the ground.

John Minto, said, "Six of the South Africans involved, a world-class veteran steeplechaser. He has held the world M70 record for two years, which he lost only this week to Wilfred Bigelow of the USA. Jamieson won a silver medal behind Bigelow in the event, and also ran well in the 5000 and cross-country competition.

The attempt to disrupt the event, he said, "was a provocative act, likely to lead to violence."

"Protesters realized there were risks involved," HART's national organizer, John Minto, said. "But they did not expect the police to stand back and allow this situation to continue. Violent assault is a far more serious offense than a direct-action protest."

Veteran runner Tom Sturak said, "It was pretty rough. The police should have arrested the athletes who beat and kicked the guy as he was being held by police."

Minto said it was unfortunate that one of the athletes had fallen during the disruption of the race. But he added: "Disruption of the event is a very small price for the athletes to pay when you consider the real issue -- the human and civil rights of 29 million black South Africans."

"It's a typical tactic," Jamieson said; "to try to blame the police after provoking the whole thing themselves."

HART charged the police spent about $10,000 on policemen's salaries alone, and called for the games committee to pay the money instead of the taxpayers.

Jamieson could not confirm or deny the cost of police protection.

"HART took the disruptive action as a last resort," Minto said. "It resulted in a public debate on an important issue."

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"HART knew what they were getting into," Tait said. "I'm not surprised at the reaction of the athletes. They are emotionally driven. They have psyched themselves up and there is no guarantee what they will do under pressure. They have put in months of hard training and travelled around the world to get here, spending thousands of dollars."

CLOSING NIGHT DEMONSTRATION

On closing night at the banquet at Town Hall, anti-apartheid demonstrators with about 150 supporters again gathered to chant while the athletes and their families went inside.

But there was no confrontation. Crowd control barriers saw to that.

HART held a three minute silence in support of black South Africans at 8pm, and thanked the police for their support in standing quietly. It invited Burger to receive a special "Racist of the Year" award.

Meanwhile, an anti-HART group had set up banners welcoming the South Africans and accusing HART of being racist.

"We just stand for freedom and liberty and the right of free association," a spokesman said, adding that perhaps 80 per cent of New Zealanders felt strongly against HART.

"We want the reputation of Christchurch as a city that has always offered friendship and hospitality, has been spoiled by the antics of a minority group like HART," she said.

The press reported that most of the athletes who arrived at the banquet "were angered by the protests over the last week but they had not detracted from their enjoyment of the games."

Higdon told the press: "We were taken away by the police was the only thing that saved the demonstrator from being killed. "They are a mob of idiots," said an Australian athlete.

The following day the 57-year-old clerk, who had disrupted Burger's 400-meter hurdle race, pleaded guilty in Christchurch court to "behaving in a disorderly manner" and was fined $100.

Three others pleaded innocent to the same charge and were remanded at large to await trial.

GAMES A SUCCESS

Macdonald said the disruptions had no effect on events. "Their action took nothing away from the friendliness of the Games," which he described as a "tremendous success."

Macdonald admitted to the press that about nine athletes from South Africa had competed. "But it is not our job to act as a policeman," he told the Christchurch Star. "Six of the South Africans were checked, and all had papers which would exclude them from being South Africans."

The organizers of the Games were pleased about the friendship the athletes had shown each other.

"The crowd was the best of any veteran games. The public supported us throughout. They opened their homes to the athletes and took them for drives. It was the biggest success you could have hoped for."

continued on page 31
RESULTS
Please send entries results to National Masters Newsletter, P.O. Box 2372, Van Noy, CA 92154.
Include date, distance, and city.

BROOKS CANADIAN MASTERS CROSS-COUNTRY CHAMPIONSHIPS
TORONTO, CANADA, NOVEMBER 1st.

M40-44
Derek Ferree 33:45
Bob Daniel 34:24
Bob Christiansen 34:17

M50-59
Whitey Sheridan 35:36
Bob Bowdish 36:19
Dave Wallace 36:52

M60-64
Arthur Taylor 35:30
Cliff Hall 37:21
Danny Daniels 38:30

M70+
George Milne 39:05
Jim Grimes 43:29

M40-44
Jennifer Stocker 47:11
Danny Daniels 47:39

M50-59
Rhonda Gill 48:07
Larry Connelly 48:37

M60-64
Kathy Zeller 50:48
Rick Long 54:25

M70+
Bill temporada 55:55
George Milne 56:59

M40-44
Pat Flanigan 47:20

M50-59
Hank Hulsey 48:30

M60-64
Bill Morgan 49:30

M70+

Masters North American (Indoor Championship)

AUBURN MASTERS MARATHON
AUBURN, MICHIGAN
November 10th

Bob Hall 54:28
Dennis Lanterman 54:38

M40-44
Keith Anderson 40:12
Marion Irvine 40:23

M50-59
H. Connelly 40:35

M60-64
Salvador Vasquez 40:10
Bill Morgan 40:23

M70+

Masters North American (Indoor Championship)

Fiesta Bowl Marathon
SCOTTSDALE, ARIZONA
December 6, 1980

John Winters 2:21:56

Masters North American (Indoor Championship)

OAKLAND MARATHON
OAKLAND, CALIFORNIA
November 30th

Robert Geis 2:14:33
John House 2:16:38

M40-44
Harold Knutson 40:2:36:50
Paul Ferrier 40:2:39:28

M50-59
Truman Clark 50:2:41:47
Lou Daily 50:2:43:00

M60-64
Bob H. Veith 60:2:45:35

M70+

Masters North American (Indoor Championship)

OAKLAND HALL-MARATHON
OAKLAND, CALIFORNIA
November 30th

M40-44
Bart Holm 55:32:57

M50-59
Harold Anderson 55:32:57

M60-64
Joe Simbolio 55:42:53

M70+

Masters North American (Indoor Championship)

10,000 Meter Run
Masters North American (Indoor Championship)

10,000 Meter Run
1000 Meter Run
2:10,000 Meter Run

Masters North American (Indoor Championship)

Saturday - March 14
North American Championship

2:10,000 Meter Run
1000 Meter Run
1500 Meter Run
3000 Meter Run
6000 Meter Run
10,000 Meter Run

Masters North American (Indoor Championship)

Masters North American (Indoor Championship)

TWO GREAT 1981 INDOOR MEETS

1. MASTERS NORTH AMERICAN (INDOOR CHAMPIONSHIP)

- Location: Forest View High School (All New Facility)
- Date: March 14
- Age Group: Masters North American (Indoor Championship)

2. MASTERS NORTH AMERICAN (INDOOR CHAMPIONSHIP)

- Location: OAKLAND HALL-MARATHON
- Date: November 30th
- Age Group: Masters North American (Indoor Championship)

ENTRY BLANK

Regional: North American

Age:

Address: 3K, 5K, 10K

City: State

Circle Events: 60, 400, 800, 1500, 3K, 5K, 10K, Low, Highs, SP, PV, LJ, TJ, JT
## 14th ANNUAL WORLD VETERANS DISTANCE CHAMPIONSHIPS - 25K
Palmerston North, New Zealand • January 4, 1981

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SUNDAY, JANUARY 11

WOMEN

40 to 44 years


Long jump—J. Wines (Aust.), 20 poinUS.


1500 metres—R. Griffiths (Aust.), 4:02.93, 1; M. Connolly (Ir.), 4:03.95, 2; G. Cohen (U.S.A.), 4:04.94, 3; P. Markham (Aust.), 4:05.59, 4; J. Chandler (Aust.), 4:06.05, 5.


2000 metres steeplechase—M. Wall (N.Z.), 6:41.29, 1; A. Woodhouse (Can.), 6:42.19, 2; C. Brunker (N.Z.), 6:43.01, 3; P. Spencer (U.S.A.), 6:44.32, 4; T. Whitham (Aust.), 6:45.28, 5.


2000 metres relay—J. Young (Aust.), 18.28, 1; G. McPhail (Aust.), 18.28, 2; S. Griffiths (Aust.), 18.28, 3; J. Wines (Aust.), 18.28, 4; K. Hveem (Nor.), 18.28, 5.

1500 metres hurdles—H. Ansell (Can.), 4:38.33, 1; P. Raeburn (Can.), 4:38.46, 2; R. Boal (Can.), 4:38.63, 3; R. Whitham (Aust.), 4:38.83, 4; S. Griffiths (Aust.), 4:39.02, 5.

Men's pentathlon

40 to 44 years

56 to 54 years

1500 metres—G. Cohen (U.S.A.), 4:03.65, 1; R. Haldane (U.S.A.), 4:04.06, 2; J. Chandler (Aust.), 4:04.57, 3; A. Jones (N.Z.), 4:05.05, 4; R. Rothson (N.Z.), 4:05.59, 5.

110 metres hurdles—F. Tingano (It.), 13.02, 1; G. Cohen (U.S.A.), 13.05, 2; C. Brunker (N.Z.), 13.08, 3; A. Jones (N.Z.), 13.12, 4; R. Rothson (N.Z.), 13.16, 5.

2000 metres steeplechase—S. Griffiths (Aust.), 6:41.98, 1; J. Wines (Aust.), 6:42.81, 2; A. Woodhouse (Can.), 6:43.64, 3; M. Wilson (Ir.), 6:44.47, 4; M. Wall (N.Z.), 6:45.31, 5.

1500 metres—J. Wines (Aust.), 4:03.95, 1; M. Haddad (U.S.A.), 4:04.17, 2; J. Donaldson (U.S.A.), 4:04.33, 3; D. Barry (N.Z.), 4:04.96, 4; J. Wines (Aust.), 4:05.60, 5.


2000 metres steeplechase—M. Wall (N.Z.), 6:41.29, 1; A. Woodhouse (Can.), 6:42.19, 2; C. Brunker (N.Z.), 6:43.01, 3; P. Spencer (U.S.A.), 6:44.32, 4; T. Whitham (Aust.), 6:45.28, 5.
NEW WORLD AND AMERICAN AGE-DIVISION RECORDS REPORTED TO THE NATIONAL MASTERS NEWSLETTER DURING THE PAST MONTH

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<td>Marathon</td>
<td>MO</td>
<td>3:06:34</td>
<td>L. Swanson</td>
<td>9/18/80</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Triathlon</td>
<td>MO</td>
<td>4:56:44</td>
<td>D. Johnson</td>
<td>10/18/80</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Note: All marks subject to certification by the National Records Committees.
The above schedule will allow ample time for travel to and from the meet and plenty of rest for those who are dollar chasing. The schedule may be altered when entries are received and heats drawn. The order of running events will be as follows: I, IX, III, IV, V. In each case women follow men. In some cases divisions may be combined but scored separately.

Please send, newsworthy info on past/recent performances to Jim LeBow, Meet Announcer, 400 Keach, Ann Arbor 48103. Also include a SASE of your local newspaper ATT: Sports Editor. We’d like to spread the good news!

For other questions, contact the meet director, Elmo Morales, 2112 Arlene St., Ann Arbor, MI 48103; (313) 761-3334 after 6 p.m.

Shuttle service vans are being planned.
Call Elmo.

NO POST ENTRIES