OLYMPIC FEVER

BURKE MAKES IT....

Forty-four-year-old Ed Burke will carry the banner for masters athletes in the 1984 Olympic Games in Los Angeles this month.

He qualified for the U.S. Olympic team with a 3rd-place hammer throw of 235 feet, 7 inches at the Los Angeles Trials in June to become the only age-40-or-over athlete to make the U.S. athletics team.

In so doing, he sent a clear message to people around the world that we “must not step off life’s parade” for no better reason than advancing years.

“I have strong feelings about representing the older athlete,” Burke said. “There’s pressure on me because I feel it’s important that I succeed.”

In fact, Burke has succeeded just by making the team. It was an astonishing achievement.

“It was important for me to do that,” he said. “I felt an obligation, especially since Oerter hurt his leg. I didn’t want the older athlete to feel: ‘Otert could’t do it. Burke couldn’t do it. So why did they even try? They’re killing themselves.’

“Whenever I get an opportunity, I point out that it’s normal for older people to compete. In my club, for example, there are a lot of people, like...Continued on Page 19

MATSON ENDS DALRYMPLE STREAK AT 75

Joe DeMaggio - 56; UCLA - 88; Pete Rose - 44; Billy the Kid - 68; Cindy Dalrymple - 75.

All-streaks eventually come to an end, and it finally happened to Cindy Dalrymple.

On a warm fourth of July in Atlanta, the forty-two-year-old reigning queen of American women’s masters distance running saw her 75-race victory streak snapped by California’s Shirley Matson in the Peachtree 10K Road Race. Matson was timed in 35:59; Dalrymple in 36:05.

Since turning 40 on March 5, 1942, Dalrymple had run 75 races without ever losing to another woman age-40-or-over.

...BUT OERTER DOESN’T

Forty-seven-year-old Al Oerter will have to wait until 1988 to fulfill his dream for a fifth Olympic discus gold medal.

His eight-year quest came to an abrupt and disappointing end on a grassy field in San Jose, California on June 9, less than two weeks before he was to try to make the Olympic team at the U.S. Trials in Los Angeles.

The end came, not in the discus ring where Oerter is undefeated in Olympic competition, but as a result of a freak injury at the TAC National Track & Field Championships.

“I stepped in a hammer hole with my heel before the competition,” Oerter said. “That stretched my plantar’s and gastroc muscles, which attach from the achilles tendon to the lower part of the calf muscle. It didn’t seem like anything, but it tightened up a half hour later. In the intensity of national competition, you don’t think much about it. I thought it was just a knot. But, instead, it tore.”

Oerter had to be helped off the field and onto a plane for his home in West Islip, New York. In 1964, at the Tokyo Olympics, he had won his third gold medal in enormous pain from a torn cartilage in his lower rib cage and a cervical disc injury. He threw against medical advice, yet won. Could he do it again?

“If I would have shot myself full of pain killers, I probably could have thrown,” he said, “but that would be two weeks without the intensity that’s necessary right before the Trials.”

Continued on Page 17

800 ENTER NATIONALS

Over 800 athletes, age-30-and-over, will compete in the 17th Annual TAC National Masters Track & Field Championships August 17-19 at Hayward Field in Eugene, Oregon.

Called the “track capital of America,” Eugene is known for its professional staging of track & field meets, its dedicated officials and volunteers, its fast track, and its knowledgeable fans who fill the stands, encouraging athletes to better performances.

In contrast to most masters meets where the competitors outnumber the spectators, Eugene is expecting a sizeable turnout of track fans, anxious to see some real live T&F action after eight days of Olympic TV action the Continued on Page 13

Parry O’Brien Sets Two World Records

LOS ANGELES, July 1. Parry O’Brien, 1952 and 1956 Olympic shot put gold medalist, set two world age-50-54 records in the shot and discuss to highlight the 1984 TAC Southern Pacific Association Masters Track & Field Championships at the new Olympic facility at Occidental College.

O’Brien threw 185-11 in the discuss and 58-1/4 in the shot to lead 136 par...Continued on Page 18
AG-Group Records

Should I be feeling left out after reading "New World and U.S. Age-Group Records" in NMN, June, 1984? Or is the book "Masters Age Records" not an official publication of TAC, as it claims to be? Five of my single-age records are not included in your five-year Group lists, even though the age marks are better than the "Group" marks.

Mila Kania
Warwick, New York

(Don't feel left out. The problem arises because the TAC Masters T & F Records Subcommittee, headed by Peter Mundle, uses different criteria for approving single-age records than it does in approving official five-year age-group records. For single age marks, Mundle simply takes the results typed by the meet director, and keypunches them into the computer, assuming the marks are correct. Then they are published in the annual Age Record Book. For official age-group marks, Mundle, per TAC rules, requires two watches and signed certification from two officials. Many meet directors send the proper signed forms to Mundle; some don't, despite repeated requests. Thus, some published age-records are not listed as official age-group records because they have not been properly documented. Yours probably fall into that category. If Mundle were to apply the same tough criteria to single-age marks, "most of them would never make it into the book," he says. Athletes can help their own cause by getting the form signed by two officials when they've set a new age-group mark, and then personally mailing that form to Mundle. The forms are available from TAC and are periodically printed in NMN. — Ed.)

TYMNN ON THE MARK

The July issue of The National Masters News was outstanding. The article "Well Heeled" by W. MacDonald Miller only proves that you can't predict that guy. I mean, when it comes to choosing a subject, just as a sort of an elite roll of the "old guard." But, to be effective, it should be as current as possible.

I also want to commend Jerry Wojcik for his work for NMN. It is a breath of fresh air to read one of his articles on field events, which otherwise tend to get overshadowed by the more glamorous and dramatic coverage of the running events.

Ed Chynoweth
Sanger, California

TROJAN MEET PRAISED

What a pleasure to attend a well-organized track and field meet such as the Trojan Masters Track Club's on the USC Cromwell Field June 9. With the combination of Vern Wolfe, Jim Vernon and Ray Martin as Head Men, how could it be anything less than GREAT!

Special thanks should go to the "office staff" the day of the meet: Mary Vernon, Norma Castro and Delores Navarro. These gals all knew what they were doing as they gave out numbers, collected money, gave awards and answered questions — all so cheerfully, and so helpfully. (Tip: other meets might use them). Another "plus" was having the TAC officials and it must have been great to run on the resurfaced-for-the-Olympics track.

Continued on Page 16

CORRECTIONS:
The first-ever Octogenarian Relay members in the Southeastern Masters International Championships, Raleigh, N. Carolina, May 6-8, as listed in June NMN Masterscene should have read Paul Spanger, Al White, Arling Pitcher, and Everett Hossack, not Ed Horvath.
No Caffeine.
No Artificial Color.
No Artificial Flavor.

Don't you feel good about 7UP?

For more information on ingredients in all soft drinks, write: Consumer Affairs, The Seven-Up Company, 121 South Meramec, St. Louis, MO 63105.
Over The Hill
TC Wins
Cleveland Classic

Twenty-one meet records and a couple of American records were broken at the 6th annual Cleveland Track Classic held June 30th at Cleveland Heights, Ohio. The Over The Hill TC of Cleveland, the host team, won the team title in a tough struggle with the Fitness Unlimited TC from Michigan.

Among the record breakers was Bernie Holland, who destroyed her own American record in the W55 discuss with a heave of 100-8. The 57-year-old also put the shot 28-6 and threw the javelin 74-11.

Thirty-six-year-old Nancy Noonan of the Fastrack TC also broke her own record in the W35 mile with a time of 5:01.5, and came back to win the 800 in a fast 2:16.7. Sixty-year-old Rudy Valentine, competing in the 50+ division, ran a 12.77 in the 100, 26.16 in the 200, and 58.4 in the 400. The latter

150 Compete in South Carolina

by TOM MALIK
GREENVILLE, S.C., July 7. Furman University hosted about 150 Master competitors from 13 states at the 4th Southeastern Track Classic today. Clear skies and temperatures in the mid 80's set the stage for many outstanding performances. Strong sprint and weight groups led the assault on the record book, establishing 62 new meet records and one American record.

American record in the W55 discuss with a heave of 100-8. The 57-year-old also put the shot 28-6 and threw the javelin 74-11.

Hatton Breaks Green's Mark

Villanueva, Matson Lead Cascade Masters

by VALDEMAR SCHULTZ

The Lilac Bloomsday 12K in Spokane, May 6th, and the Cascade Run Off in Portland, June 24th, are the premier races in the Pacific Northwest. While Bloomsday is the largest race in the United States with 30,000 plus finishers (Bay-to-Breakers is more of a celebration than a race), the Run Off has the most impressive field, at least of any 15K.

Although limited to 7,500 runners, most of whom are selected by lottery, top masters runners can — and should — talk their way in. A man with a sub-50:00 15K or sub-32:00 10K, or a woman with a sub-60:00 15K or sub-39:00 10K, should petition race director Chuck Galford directly for admission, providing credentials.

This year, in many ways, the men and women masters were relatively better than the corresponding elite field (apparently due to the Olympic Trials in Los Angeles June 16-24). That didn't, however, stop Paul Cummings from being the first U.S. finisher, five days after qualifying for the Olympic team at 10,000 meters. He followed Si- meon Kigen of Kenya (43:29) and Jose Joao da Silva of Brazil (43:44) in for third place and $4,000, more than he is likely to win at the Olympics Games themselves.

Mexico's Antonio Villanueva, 43, finished 22nd overall and first master in a time of 45:44, for his second straight Cascade Masters triumph. He was nearly two minutes ahead of Roger Robinson, 45, of New Zealand (47:35). David Surman was third master in 49:08. Surman, of West Vancouver, B.C., had lost out on the lottery, but was admitted after petitioning.

First age-40-or-over runner for the U.S. was George Keim of Wayneboro, Pennsylvania, in 49:12. Bill Stewart was expected, but did not make it, Steve Lester of Magna, Utah, was fifth. Ray Hatton, 52, of Bend, Oregon, Wins Best Performance Award at the Lilac Bloomsday 12K.

75 Meet Records Fall In Eastern Regionals

The weather was muggy and the Georgetown University track was rain-drenched from the first to the last day of competition had the second day of competition had most of whom are selected by lottery, providing credentials.

This year, in many ways, the men and women masters were relatively better than the corresponding elite field (apparently due to the Olympic Trials in Los Angeles June 16-24). That didn't, however, stop Paul Cummings from being the first U.S. finisher, five days after qualifying for the Olympic team at 10,000 meters. He followed Si- meon Kigen of Kenya (43:29) and Jose Joao da Silva of Brazil (43:44) in for third place and $4,000, more than he is likely to win at the Olympics Games themselves.

Mexico's Antonio Villanueva, 43, finished 22nd overall and first master in a time of 45:44, for his second straight Cascade Masters triumph. He was nearly two minutes ahead of Roger Robinson, 45, of New Zealand (47:35). David Surman was third master in 49:08. Surman, of West Vancouver, B.C., had lost out on the lottery, but was admitted after petitioning.

First age-40-or-over runner for the U.S. was George Keim of Waynesboro, Pennsylvania, in 49:12. Bill Stewart was expected, but did not make it, Steve Lester of Magna, Utah, was fifth. Ray Hatton, 52, of Bend, Oregon, Wins Best Performance Award at the Lilac Bloomsday 12K.

75 Meet Records Fall In Eastern Regionals

The weather was muggy and the Georgetown University track was rain-drenched from the first to the last day of competition had the second day of competition had most of whom are selected by lottery, providing credentials.

This year, in many ways, the men and women masters were relatively better than the corresponding elite field (apparently due to the Olympic Trials in Los Angeles June 16-24). That didn't, however, stop Paul Cummings from being the first U.S. finisher, five days after qualifying for the Olympic team at 10,000 meters. He followed Si- meon Kigen of Kenya (43:29) and Jose Joao da Silva of Brazil (43:44) in for third place and $4,000, more than he is likely to win at the Olympics Games themselves.

Mexico's Antonio Villanueva, 43, finished 22nd overall and first master in a time of 45:44, for his second straight Cascade Masters triumph. He was nearly two minutes ahead of Roger Robinson, 45, of New Zealand (47:35). David Surman was third master in 49:08. Surman, of West Vancouver, B.C., had lost out on the lottery, but was admitted after petitioning.

First age-40-or-over runner for the U.S. was George Keim of Waynesboro, Pennsylvania, in 49:12. Bill Stewart was expected, but did not make it, Steve Lester of Magna, Utah, was fifth. Ray Hatton, 52, of Bend, Oregon, Wins Best Performance Award at the Lilac Bloomsday 12K.
NIKE MASTERS SERIES.

NIKE, Inc., proudly announces the remaining eight races in our 1984 Masters Road Race Series:

<table>
<thead>
<tr>
<th>Date</th>
<th>Race</th>
<th>Location</th>
<th>Distance</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sep. 15</td>
<td>Pro Comfort</td>
<td>Houston, TX</td>
<td>10k</td>
</tr>
<tr>
<td>Sep. 22</td>
<td>High Altitude Challenge</td>
<td>Boulder, CO</td>
<td>8k</td>
</tr>
<tr>
<td>Sep. 23</td>
<td>Portland Marathon</td>
<td>Portland, OR</td>
<td>Marathon</td>
</tr>
<tr>
<td>Sep. 29</td>
<td>Avon</td>
<td>New York, NY</td>
<td>13.1m</td>
</tr>
<tr>
<td>Sep. 30</td>
<td>Twin Cities Marathon</td>
<td>Minneapolis/St. Paul</td>
<td>Marathon</td>
</tr>
<tr>
<td>Oct. 13</td>
<td>Run Against Crime</td>
<td>El Paso, TX</td>
<td>15k</td>
</tr>
<tr>
<td>Oct. 28</td>
<td>River Banks Run</td>
<td>Louisville, KY</td>
<td>10k</td>
</tr>
<tr>
<td>Nov. 4</td>
<td>Conventions</td>
<td>Boston, MA</td>
<td>10k</td>
</tr>
</tbody>
</table>

- WIN $100/$200 or even $500 toward a trip to San Diego (at least 20 winners per race)
- WIN by finishing well in your age group
- WIN by random selection
- WIN by just participating in the NIKE Masters Series and the World Masters Championships

Dec. 1   XVII World Masters Championship (IGAL) San Diego, CA 10k
Dec. 2   Championship San Diego, CA Marathon

RESULTS (through four races):

35-39 WOMEN
Jacqueline Hansen $300
Susan Houlton $300
Pricilla Welch $300
Gabrielle Andersen $200
Donna Cancel $200
Patricia McKay $200
Ann Deborah $100
Janet Hancock $100
Dawn Welch $100
40-44 WOMEN
Steve Lester $100
Rick Melanson $100
Nancy Parker $100
Donna Cancel $200
Patricia McKay $200
Ann Deborah $100
Janet Hancock $100
Dawn Welch $100
45-49 WOMEN
Mary Ann Wehrum $300
Peggy Draughls $200
Nancy Hellyer $200
Donna Cancel $200
Patricia McKay $100
45-49 MEN
Bill Stewart $700
Ron Breischaff $500
Ken Ingiss $500
Antonio Villanueva $500
Don Coffman $400
Abbas Goudarzi $300
David Surman $300
Sal Vasquez $300
Tony Gerrity $200
George Reim $200
Maurice Weilau $200
50-54 MEN
Norm Green $200
Ray Hatton $200
Phil Caldwell $200
Jeff Moran $100
Sam Turnbull $100
50-54 WOMEN
Eloise Caldwell $200
Joann Long $100
55 + MEN
Buz Masters $200
Rudy Nimmons $200
Al Treichel $200
B.F. Daniel $100
Robert Kuepper $100
Forrest Miller $100
55 + WOMEN
Billie Murphy $100
Alice Turowski $100
Algene Williams $100
These athletes have won travel credit (air fare and lodging assistance) to the spectacular championships of the World Masters in San Diego, December 1/2.

Information about any of the above races or about the 1984 NIKE Masters Series may be obtained by writing: Valdemar Schultz, Masters Athletics, NIKE, Inc., 3900 S.W. Murray Blvd., Beaverton, OR 97005.
A Pioneer in Women's Sports

"I t has been the American swimming girl who brought about dress reform in this country. She has been, from the beginning, the darling of all rotogravure editors. Anybody with a picture paper or a picture magazine always slapped in a photograph of a young miss on a springboard. 'When in doubt, give them a diver' became the rule.

'And a good rule it has been. Millions of people have looked at lovely photographs of scantily clad women floating or twirling in the air. This has put it over to the public that a body is not only beautiful, but that there is nothing shocking about it once the factor of novelty and surprise has worn off.'

So wrote Heywood Broun, the legendary sports writer, in the May 1931, issue of Physical Culture magazine.

Broun might have added that the American swimming girl, besides bringing about dress reform, revolutionized athletics for women. It's been a long struggle for the ladies — from the first participation by American women in the Olympics of 1920 to their Olympic victory.

The American swimming girl revolutionized athletics for women.

The first participation by American women in the Olympics of 1920 to their first Olympic marathon this year — but it might not have advanced this far were it not for the "American swimming girl."

Broun's comments were part of a feature on one of those "darlings." Her name was Aileen Riggin, then of New York City. She is now Aileen Riggin Soule, a Honolulu resident.

A gold medal winner in the springboard event of the 1920 Olympic Games at Antwerp, Belgium, Riggin was more than a trendsetter in women's dress. She was a pioneer in women's sports and athletics. After establishing herself as one of the first world-class women athletes, if not actually the first, Riggin continued to influence the nation as athlete, entertainer, instructor, author, and sports columnist.

Today, Soule, a 78-year-old widow, lets others carry the torch for women's athletics. But she remains a keen observer of the sports scene and an active swimmer. Daily, she swims at least a quarter-mile in the ocean behind her luxury apartment at the base of Oahu's Diamond Head, and she seems to treasure the plaque given to her for winning the 75-79 age division of a one-mile rough water swim two years ago, as much as the trophy given her by King Albert of Belgium after her 1920 Olympic victory.

"There was a great deal of discussion about whether women should be allowed to compete in the Olympics," Soule explains. "Most of the older men officials and coaches were against it. They said it was for men, that it had been that way in ancient and modern times, and that's the way it should be. But the British and Scandinavian women had competed in the 1912 Games at Stockholm in swimming and they had been accepted. So the manager of our club and some of our club members said if they can do it, why shouldn't the Americans. Finally, they were won over. I was so young, I didn't really get involved."

Aileen had learned to swim at age six in the Philippines, where her father, a Navy officer, was stationed. It wasn't until five years later, however, after she had returned home to New York City that she got serious about swimming.

"My doctor advised it," she says. "I was a delicate and fragile kid. I went through that terrible Spanish flu experience after World War I when so many people were lost. I survived, but barely. So I took up swimming for my health, frankly."

Eleven-year-old Aileen joined the newly formed Women's Swimming Association of New York L. de B. Handley, the volunteer coach of the small group, introduced her to the American crawl and she progressed rapidly. Until that time, the breast stroke was standard most everywhere, although the Australian crawl had been introduced some years earlier. She gathered up a number of third place medals in distances from 50 to 880 yards and also did well in a three-mile "marathon" swim in the Delaware River.

"There was concern about women swimming over 300 yards then," Aileen says. "They said it was too strenuous, that we'd develop heart problems and wouldn't be able to bear children."

Weighing only 65 pounds, Aileen was not yet strong enough to compete with the best swimmers in the New York area. Having studied ballet at the Metropolitan Opera House of New York, she saw much the same discipline in diving and began moving in that direction.

"I do not doubt that several years of training for ballet dancing, previous to and during my development as a diver, was of great assistance to me, giving my ankles unusual strength and pliability, besides teaching me poise, balance, and coordination," Riggin wrote in the July 1922 issue of Country Life magazine.

There were few pools in New York City in those days and most of them were not open to women.

"The men had places like the New York Athletic Club and some private clubs, but there weren't many pools in New York, especially for women," says Soule. "Most of the time we'd go to the beach and dive off the planks. We finally found a pool over in New Jersey that had a ten-foot board. But the pool was only six feet deep, so it was very dangerous. We had to concern ourselves with not hitting the bottom and it was difficult to concentrate on form.

"And we didn't know anything about diving boards in those days. Now, heavens, they're laminated. They have pukas (Hawaiian for holes) in them everywhere. They're adjustable.
for the diver's weight. If we found a board with coconut matting on it, we thought we were lucky. And they have this acrobatic apparatus to practice with now. All we had were heavy sweatshirts so that if you landed flat on your back it wouldn’t knock you out.

Competing against the best divers in the country, 14-year-old Aileen placed second on the platform diving and third in the springboard at the Olympic Tryouts of 1920.

"As it turned out, the girl who won the springboard, Helen Wainwright, was also 14, and the girl who won the high dive was 15," Soule says. "The officials said they would take women, reluctantly, but they wouldn’t take responsible for them. That started a hoopla in the city. We finally agreed to let us go."

"I think the young girls today. They finally really were kids, not as sophisticated as they are today. They finally agreed to let us go."

There were 15 women, all divers, among the approximately 400 athletes who boarded the Princess Matoika, a battered old troop ship. She was transformed into a big gym, the U.S. Olympic Committee and said, "These kids won and what are you going to do about it?" In those days, we really were kids, not as sophisticated as the young girls today. They finally agreed to let us go.

"The men were put in rat-infested quarters on the main deck. The runners were put in rat-infested quarters in the hold and they complained bitterly. Many of them took their blankets up to the deck to sleep.

"The morning after the sailing the ship was transformed into a big gym. The decks were covered with cork for the runners. There were areas designated for the fencers and marksmen. And there was a boxing ring.

"For the swimmers and divers they had this small canvas pool in which you could swim in place with a harness around you. The swimmers had priority over the divers, so all we got were about 10-15 minutes a day. You couldn’t dive in the pool, so there was really very little we could do to maintain condition.

"Helen (Wainwright) and I would get under and watch all the other athletes on the ship train. It developed an interest for me that lasted a lifetime. I still like to see a good track meet because I know how much work goes into it and something of the psychology behind it."

The most memorable part of the voyage, Soule recalls, was sitting on the dock during the moonlit nights listening to the Hawaiian athletes, playing their ukuleles and guitars while singing.

Soule also recalls that Charlie Padock, who won the 100 meter dash that year, was the most popular athlete aboard. "He was a very intelligent and charming young man, certainly nothing like the buffoon they made him out to be in the movie," (referring to Chario's, Fire), which had to do with the 1924 Olympic Games.
SOUNDs OF SUMMER

Ah, the sounds of summer! How could any red blooded (as opposed to warm blooded or blue blooded) person ever get enough of the wonderful goings on at track meets with a warm sun up above.

Fact is, if I let my imagination wander a bit, I don't even have to be in attendance to enjoy what goes on. I can easily envision the individual efforts, the somewhat superannuated repartee and the downright good fellowship that exists from the time someone decides to take the trip until they make it back home, dead tired and reasonably certain of one thing; that's the last one of those fiascos for me. Oh well, there's always a new crop of sub-masters who don't know any better. They'll all be at the next meet, going for gold.

Back to the sounds of summer and my imagination. I can see the gang now, they're gathered the night before the meet in the piano lounge of a nearby Holiday Inn. Sister Marion is ordering Harvey Wallbangers for everyone. A local rock group named Puke All Night is blasting away. You couldn't hear what the person next to you said if they shouted in your ear. No matter, it's all been said before. It's all been heard before. It still gets said and, as I look around, I can imagine Ham J. Moringstar explaining Chuck Krein to someone. "He ain't heavy he's actually more what you would call bulky." I see John Dick on the house phone and you'll never imagine what he was doing. He was ordering a dozen silk suits and he had to have them in Dousman by Wednesday. Bob Fine is discussing the phone books they steal from public phone booths? A group of weight men are arguing but there is a fairly firm consensus: never talk to a jogger. I didn't catch who said it but I distinctly heard someone say Tom Sturak has a perm. Why can't there be more music in Track and Field? And Sex too, for that matter? Two pole vaulters are laughing and pounding themselves on the back, both are members of MESA and didn't know it! Ali Sheahan is moving quietly among the athletes in support of his latest liberal cause, stamp out Public Urination. Someone else is suggesting that what the Masters movement needs is a Wax Museum Hall of Fame. Can you imagine that body of Higdon's in wax?

The array of subjects being discussed was mind boggling and made you proud to be a part; the Dodge Dart, toesucking, K-Mart specials, who lost Cuba, SkyLab, Fallout shelters, the TV show: Dance Fever, regularity, gas mileage, suppository vibrators, cowboy outfits, T & A, and endless stories of fun, thrills and romance.

The high jumpers are all sitting together discussing serious matters. They tend to be proper, bright and a little preppy. Careful, fellows, that kind of stuff-shirtism could give the blue blazer a bad name.

The sub-masters, sometimes called the young and the impotent by Masters veterans, are laughing and talking a bit too loud. One is telling of an episode on Charley's Angels where they had an earthquake and the girls juggled themselves to death. A long jumper is missing because her new modeling job takes her down on the weekends. She's breaking in as one of those people who show up in the picture section of a new wallet.

Frankly, I could have stayed all night but a person has to keep his imagination somewhat in check. You don't want it to get weird.

Something is driving me crazy however, maybe one of my readers knows the answer. What is the word that describes the word you make up to complete a crossword puzzle?

Dick Walsh, M60 + winner of both 10k (45:57) and half-marathon (2:08:15), Tropicana, Las Vegas Easter Run; April 21-23.

Stuart, Chynoweth Set World Javelin Marks

by JERRY WOJCICK

There must have been something in the wind at the Redlands Evening Kiwanis Masters Meet in Redlands, Calif, about 30 miles east of Los Angeles, on May 12, when two world age-group marks in the javelin were increased by relatively long distances.

Larry Stuart, 46, of El Toro, Calif., who had the American M45 javelin record at 211-4, did a Tom Petranoff with the 800g javelin when he lengthened the world M45 mark by over six feet to 238-10. The old standard of 232-5 was held by Uli Von Wartburg of Switzerland, who set it at age 45 in July 1982.

Ed Chynoweth, 60, who already holds the American record for having his name either mispronounced by meet officials or misspelled in the results, finally got the record he has been flirting with since he started to throw the 600g javelin. The lanky grape grower from the San Joaquin Valley town of Sanger, Calif, threw 181-10 to add exactly four feet to Alyosius Sibidol's 1981 world M60 mark of 177-10.

However, both Stuart and Chynoweth may have suffered post-record letdown. At the Anteater Meet on May 26 at Irvine, Calif., Stuart managed a top throw of around 210. Chynoweth, as a guest competitor at the Southern Pacific TAC meet at Occidental College, Los Angeles, July 1, finished his series with a best of about 145.

An interesting note, for javelin throwers, on the Anteaters Meet is that, probably for the first time in the history of that event, throwers were offered their choice of either an all-weather or a grass, run-up area, placed side by side. Surprisingly, several
Continued from Page 7

The swimming and diving competition in Antwerp was held in a canal. "I guess you could call it a ditch," says Soule. "We were told later that it was once a moat around the city. It was a cold and gloomy day when we first saw it and that made it even more depressing. The water was black and very uninviting, but we needed to practice and so we braved it. The water was the coldest I've ever experienced. Some of the swimmers were so chilled by it that they had to be helped out of the water in a semi-conscious state."

In the May 9, 1931 issue of Collier's magazine, Riggan wrote: "When we went over to the Olympic Games in 1920, they provided us with suits and such suits! Funny little tight sleeves, necks high and tight as a mid-Victorian nightgown, skirts down to our knees. We promptly decided that we couldn't swim in such things and the team managed to lose them before the diving contest — which was not quite so drastic as it sounds, because we had our sturdy American suits with us."

Soule further explains that the American women swimmers wore suits which covered their legs entirely, but were skintight. The young girls, however, were allowed to bare their legs.

"The suits were rather revealing, so we kept our robes on until we were ready to dive," she says.

After finishing fifth in the platform diving competition, first among the American women, young Aileen won the springboard event on the final dive.

Wainwright was second and Thelma Payne third, giving the U.S. a clean sweep. Riggan and Ethelda Bleibtrei, winner of the 100 and 300 meter freestyle (although it was not called that then) thus became America's first individual gold medal winners. Bleibtrei and three others were awarded gold medals in the 400 meter relay.

During their visit to Antwerp, the athletes were taken on a battlefield tour, the big war not yet two years over. Amidst the German helmets, pillboxes, and other war remains, Aileen found a boot which she picked up, only to discover a foot still inside.

Upon return to the New York, the athletes were honored with a parade from Central Park down Fifth Ave. to the City Hall where Mayor Hylan presented them with special medals.

"But then the talk came up again about what harmful effects we might have experienced, the damage to the heart, being unable to bear children, and so forth," Soule says. "My parents became concerned and sent me off to a boarding school in Connecticut, where they had no pool."

Apparently, Aileen's parents changed their minds because she was back competing the following year. She returned to Europe in 1924 to compete in the Paris Olympics, taking a silver medal in the springboard diving event and a bronze in the 100-meter backstroke. She is the only athlete to have won medals in both swimming and diving.

Riggan turned professional in 1926, giving exhibitions around the world and serving as an instructor at various resorts on the East Coast and in Bermuda. She became a sports columnist for The Morning Post of London and the New York Evening Post, covering all sports then open to women. She does not know if she was the first female sports writer, but she doesn't know of anyone before her.

Aileen moved to Honolulu in 1957 after the death of her first husband. Her only child, a daughter, lives in Switzerland, and has been given the gold medal. The silver and bronze medals have been lost.

Aileen Riggan Soule was inducted in 1983 into the swimming Hall of Fame in 1967, shortly after it was established.

If a woman's sports hall of fame is ever established she should be number one on the list of inductees.

PART II

Next Month: Aileen Riggan advocates fitness for women and writes about women's sports in a column entitled "The Modern Diana," which appeared in the New York Post in 1925.

---

**A Pioneer in Women's Sports**

_Competition:_

**ORDER OF EVENTS**

Women first — oldest to youngest in 5-year age groups starting at 30 years

**Pre-Registration**

Tuesdays 6:30-8:30pm

**Facilities**

Artificial Track — Spikes — Showers — Concrete Rings — Grass Javelin — Runways

**Order of Competition**

Women first — 500 yard runs by 5-year age groups starting at 30 years old

**Heats**

Heats will be run first if needed

**Medals for First Three Places**

**Random drawings throughout meet by entry number for donated merchandise**

**Directions**

Follow I-805 SOUTH until the Bonita Rd exit (about 10 miles south of San Diego). Go east on Bonita for about 3 miles. Take a right on Otay Lakes Rd. and drive about 3 miles. Southwestern College will be on your right.

**Dinner**

No-host dinner at 7 p.m. at La Belle Pizza Garden, 377 Third Avenue, Chula Vista. (We have reserved a room for the occasion.)

**Schedule**

- 9:00 Hammer
- 11:00 Pole Vault
- 1:00 Discus
- 2:00 Hammer
- 4:00 Discus
- 11:15 1500 Meter Prelims
- 1:30 1500 Meter Prelims
- 3:00 1500 Meter Finals
- 5:00 2000 Meter Relay
- 7:00 5000 Meter Relay
- 9:00 200 Meter Relay
- 11:00 400 Meter Relay
- 1:00 800 Meter Relay
- 3:00 1500 Meter Relay
- 5:00 3000 Meter Relay

**Entry Fee**

$4.00 per event. $10.00 relay

**Note**

Entry must be postmarked no later than August 20. Late entries $2.00. Relays are open to any 5-year age groups starting at 30 years old.

**Awards**

Medals for first three places

**Address**

Jos Horn, Entry Coordinator, 1147 Agats, San Diego, CA 92109 • 619-499-9885

**Contact**

San Diego Athletic Association

**800 Otay Lakes Road • Chula Vista, CA 92119**

**Waiver**

A participation in this event is a conscious voluntary act by the athlete. The sponsoring organization accepts no liability for any injury or damage that may result.

**City**

San Diego Athletic Association

**Date**

8/25/84

**Signature**

Joe Horn, Entry Coordinator, 1147 Agats, San Diego, CA 92109 • 619-499-9885
Ever since the World Games in Puerto Rico last September, many hurdlers in the older age groups have felt the time has come to make a change in the "long" hurdles from 400 meters (with ten hurdles) to 300 meters (with eight hurdles). In the last few months, I have been waging a campaign to bring about this change.

After contact with WAVA and U.S. officials, I have just received a letter from Don Farquharson, president of WAVA.

Don writes:
"Thanks for your input on the 300 meter hurdles. I agree with you all the way. The problem is that the technical committee in Puerto Rico did not broach the matter. This means that the earliest a change could be made is at Rome in 1985 for the 1987 Games. I'm sorry about this — you have logic on your side. I have forwarded your letter to Hans Axmann (VP, Track & Field) for inclusion in the Rome technical discussions."

It seems incredible that, even though the president of WAVA favors such a change and the arguments for it are irrefutable, we must now wait until 1987! I'm not giving up, however, and I hope all of you who agree with me will not. We must keep the pressure on.

At the very least, perhaps we can bring about the change for meets within the United States. There appears to be no doubt in anyone's mind that 400 meter hurdles with ten hurdles is too arduous for 70's; in fact, it may well be too difficult for 60's. It is significant that the National Federation of High Schools has, for years, had 300 meters with eight hurdles as the standard "long" hurdle race. Their rationale is that 400 meters with ten hurdles is too strenuous for high school athletes! If this is true, imagine what it must be for 70-year-old men! WAVA made the change from 3,000 meters to 2,000 for 70-plus male chase. The switch in hurdles would be just as logical!

Technically, the change would be easy. The spacing would remain the same; it would simply entail moving the finish line to ten meters from the last (8th) hurdle. This is now standard on practically all U.S. tracks because it is the way interscholastic races for both men and women are run.

So, if you agree that this is a highly desirable change, see what you can do to help bring it about — at least in the U.S.A. We would not have to wait till 1987 to make 300 meters the standard distance in our own domestic meets.

1984 NIKE MASTERS SERIES

by VALDEMAR SCHULTZ

The NIKE Masters Series is well into its fourth year. In years past, it was called the NIKE Masters Grand Prix. Four of the 12 races on the agenda have been completed to date.

The purpose of the 1984 series is to promote and publicize the World Masters Road Race Championships in San Diego, December 1st (10k) and December 2nd (marathon). It will be the first time these championships have ever been held in the United States.

Not just those masters athletes of medal-winning capability, but all masters runners are eligible to take part in this prestigious event. Perhaps as many as one thousand foreign masters, mostly from Europe, Japan and Oceania, will be there along with at least one thousand Americans.

The following is a short rundown on the series races:

1. The Dynamis 15k in Syracuse, May 15th, had perhaps the best men masters field ever, or at least the deepest with nine masters breaking 50 minutes and the field was $5,000 in prize money available for men and nothing(!) for women, the women's field was not as strong. The organizers of this race are under some fire for this lopsided prize structure.

2. The Michigan City 15k in Hal Higdon's hometown of Michigan City, Indiana, May 20 was a nicely-done race, one of the oldest in the country. This year, it was held in conjunction with the Road Runners Club of America (RCCA) convention, which may have enhanced the field.

3. The Cotton Row Run 10k in Huntsville, Alabama, May 28th, was perhaps the first major open race in the country to cater especially to masters runners. Year after year, a tremendous depth masters field is lured to this smallish high technology city in northern Alabama.

4. At the Cascade Run Off 15k in Portland, Oregon, June 24th, the masters men were nearly as good as at Syracuse six weeks earlier. And the masters women included many of the best; one of the strongest fields assembled in 1984.

Results of the four races appear elsewhere in this issue in a special advertisement. Some of the listed award winners may not be aware of their awards. They are encouraged to contact the organizers of the series.

The remaining series races include a couple of marathons and an assortment of other distances:

5. The Pro Comfort 10k in Houston, Texas, is one of a series of races culminating in a final in Mission Viejo, California. Last year, this series was one of the most competitive around and the final was one of the richest for the elite runners. Now, in cooperation with NIKE Masters, a good masters field will be encouraged.

6. The High Altitude Challenge is one of Rich Castro's many projects.
CONWAY TAKES MINNESOTA 15K

Dan Conway, 45, of Chetek, Minn., ran away with his fourth straight victory in the Fifth Annual Minnesota Masters 15K Championships in Edina, May 6. His time was a fast 49:57, despite Conway’s claim of not feeling up to par before the start.

Bruce Mortenson, 40, Eden Prairie, Minn., was second in 50:58, with Rick Kleyman, 44, Plymouth, Minn., third in 52:42.

Bill Fraser, 54, Edina, won his division in 56:16. John Burton, 61, Wayzata, Minn., produced a PR of 1:02:00 to win the M55-64 category. Emil Baiz, 65, Circle Pines, Minn., also had a PR of 1:08:57 to win the M65+ division over Bill Andenberg, 67, Anoka, Minn., (1:10:53).

Thirty-five was the starting age for women Masters in this race, and Diane Stonerking, 36, Minneapolis, won it in a PR of 58:51. Mary Dybvig, 41, Minneapolis, took the W40-44 race in 1:06:43, and Mickey Armstrong, 53, Edina, running almost at the top of the age bracket, won the W45-54 in 1:08:59. Mary Lou Carlson, 56, Minneapolis, topped the W55+ group with 1:10:53.

The 200 was a classic, as he edged Dick Katte and Dr. Lee Blount—all were in the 25’s. Dr. Blount also won the 800 and edged Dick Katte in the 400.

Two women stood out in the W50 age group: Grace Butcher, in the 200, 400, and 800; and Sister Margaret Norris, in her first track meet, who ran a 5:59 1500 and was second in the 800.

Rush Jacobs, M60, was outstanding with a 60.8 in the 400. Ray Gordon broke his two-month-old U.S. M65 record of 62.93 with a 62.2 in the 400, and won the 5K in a good 21:21. Glenn Braud, M60, was a convincing winner in the 800 and 1500. The irrespressible Dick Green was impressive in the M55 1500 with a 5:10.

Those were just a few of the visitors who were great, but the Hoosier TC and the Indiana participants held their own. Floyd Romach had a busy and successful meet, including a 4:24.1 1500 in the M45 group. JoAnn Grissom was another multiple winner, both in the field events and dashes.

Other Hoosier standouts were Larry Steinrauf in the M50 field events; Sheila Evans, M65, Indiana’s national high jump champion; Herb Enos, M40, winner in the long and high jumps; Dallas Gaines, M30 sprinter; Henry Hopkins, M40, and, in the M35, John L-utgring, a 1500 specialist.

The competition was fantastic, on one of the best facilities around. The entire Senior Classic had over 500 competitors during the four-day period. □
BESS JAMES, #2782, OLYMPIC TORCH RELAY

On June 20, at 9:00 a.m., in the Santa Fe, New Mexico, town square, Bess James, 74, stood, ready to run her one-kilometer leg of the Olympic Torch Relay. James had flown from her hometown, San Jacinto, Calif., to carry torch #2782 at practically the mid-point of the 9100 mile, 42-day Relay.

As James waited, surrounded by a crowd of 3000 townspeople, young and old, they wanted to touch the torch she carried, shake her hand, and get her autograph. "This is the closest we can get to the Olympics," they said. Many had tears in their eyes.

The impact of the moment affected James as well. "Everyone felt so good that, when I started out with the torch, I began to cry. I think the people got me emotional because they were emotional. Everyone was so kind and helpful that, to me, it was like a big family."

Discussing the effect of her experiences in Santa Fe, James remarked: "It's a once-in-a-lifetime moment. To me, it was the ultimate."

What does it mean to her to have carried the torch for a little over six-tenths of a mile?

The impact of the moment affected James as well. Everyone felt so good that, when I started out with the torch, I began to cry. I think the people got me emotional because they were emotional. Everyone was so kind and helpful that, to me, it was like a big family."

Discussing the effect of her experiences in Santa Fe, James remarked: "It's a once-in-a-lifetime moment. To me, it was the ultimate."

What does it mean to her to have carried the torch for a little over six-tenths of a mile? "Everything."

New 3200m Relay Mark

OBERA SETS TWO SPRINT RECORDS

Anybody who tries to keep track of the American sprint records that have changed this season in the W50 age group will have to trade in his/her Scripto refillable lead pencil for this month's fastest computer at the local Compu-worldville City outlet.

In the Northern California Seniors Track Club Masters Classic July 7 in Berkeley, California, Irene Obera, 50, smashed her month-old American W50 100m mark of 13.8 with a scorching 13.1, and lowered Gretchen Snyder's U.S. W50 200 time of 29.12 to 27.7.

(The bad news: the wind gauge was not turned on, so both times will be invalid for consideration as official records. The good news: on July 14, at the Western Regionals in Los Angeles, with the wind gauge recording allowable wind levels, Obera did it again, setting two world W50 marks of 13.16 in the 100 and 27.4 in the 200. The old marks were 13.17 by Australia's Daphne Price and 27.86 by Ireland's Maeve Kyle.)

The West Valley TC M40-49 4 x 800 relay team of Harvey Franklin, George Mason, Randy Thomas, and Dave Roman put together an 8:00.1 over the Edwards Stadium Track to break the 8:11.7 national M40 record held by a Southern California Strider quartet. Dennis DeLoach, 31, high jumped 6-6 for one of the best jumps ever in Submaster competition.

Also, a few single-age records fell: Jaclyn Caselli, 22, 40.4 1500, a world age-63 record; Josephine Kolda, 16.3 100m, an American age-66 best; Herbert Miller, 18.9 110H (30'), a world age-68 record; and Shirley Diederich, 59-3 discus, an American age-57 best.
HILL COUNTRY CLASSIC
DRIVES 129 TEXANS

In 1979, fifty-nine athletes from 28 cities showed up for the first Hill Country Classic Masters Track Meet in Mason, Texas. This year, 129 individuals representing 53 cities entered 451 events, setting 66 age-class records in the 6th annual renewal June 9.

Among the record setters was sprinter Lee Smith, M40, who had the fastest times of anybody over age 30 in the 100m (11.38) and the 110H (15.62). Smith also long jumped 21-10. Roy Turner of Richardson, Texas, who was second to Smith in the 100m, came back for wins in the 200 (23.36) and 400 (52.38).

Mack Stewart, M45, Katy, Texas, had an unusual double victory, with 200 (25.43) and 800 (2:03.12) wins. David Laird, M45, Amarillo, took a more traditional track double, the 1600 (5:10.23) and 5000 (18:14). With the day's best time in the latter for all Submasters and Masters, Don Slocomb, M50, Houston, also took a more likely double, winning the 800 (2:25.14) and the 1600 (5:08.28) with the quickest time for all M40-and-up in the second race.

However, Ken Jernigan, reverted to the non-traditional, winning the M30 100m (11.38) and setting a second in the triple jump (35-10). In the other jumps, E.G. Robinson, M30, Missouri City, Texas, showed that he was one of the toughest of the flat-jumpers with a day's best in the triple jump (43-1½). In the long jump, that honor went to John Hartfield, M35, also of Missouri City, who sailed 20-11.5.

Shot putter Travis Johnson, M40, San Angelo, Texas, had the longest put of the meet (46-9), but the farthest discus throw (168-6) belonged to Wendell Palmer, M52, Pampa, Texas, and set a new single age record, which had been 160-9, set by Olymian Fortune Gorden.

Among the women, Mary Luker, competing in the 35+ group, won with meet records the 100m (13.97) and 200 (29.04).

The tentative date for next year's meet is Saturday, June 8.

800 ENTER NATIONALS

Continued from Page 1

Reporters from the Eugene Register Guard will be on hand to report each day's action.

National championship medals will be awarded in each event for each five-year age group for both men and women from age 30-34 through age 85.

Some foreign athletes, visiting the U.S. for the Los Angeles Olympics, are expected to give the meet a bit of an international flavor. As voted by the TAC Masters & T&F Committee last December, gold, silver and bronze medals will be awarded to the winners, regardless of residence or citizenship.

The highest placing American will receive a national championship patch.

Meet coordinator Dale Grace has planned a week-long series of events leading up to the meet, such as: a unique tax-credit seminar, an SK fun run, a social evening and dance for masters and their guests; special reduced-rate lodgings, and a gala reception with special entertainment.

The official WAVATAC hurdle and weight standards, which went into effect January 1, 1984, will be used. Proper implements will be provided by the meet organizers.

The first two days will be held in the ideal cool of the evening. Sunday's events will begin early, for athletes who must make afternoon plane connections. The daytime weather in Eugene is nearly always mild (70-ish) in August.

On Saturday, at 11 a.m. following the brunch, the annual masters T&F meeting will be held at the Valley River Inn Meet Headquarters, with TAC Masters & T&F Chairman Jerry Donley presiding. Bring your ideas and suggestions for improving the masters T&F program. While none of the business discussed at this meeting will be officially binding, recommendations are usually rubber-stamped at the official masters T&F meeting at the TAC Convention in December.

There are no qualifications needed to enter the meet, except to be at least age 30. The entry deadline was July 15. No late entries will be accepted.

Seeing-sights activities are plentiful in Oregon, one of the most scenic areas in the world. White water rafting, the magnificent Crater Lake, the Oregon Coast and many other environmental delights await your vacationing pleasure.

DO YOU WANT TO RUN FASTER? TRAIN HARDER? THEN...

SPEED-BELT can increase stride frequency (f foot speed).

SPEED-BELT can increase stride length.

Using SPEED-BELT in its tow function allows you to run faster than possible without added (100% Plus)

SPEED-BELT can increase leg drive.

Using SPEED-BELT in the resistance function works quadriceps and arm pump action through a complete range of motion, while allowing the athlete to work on endurance, relaxation and correct body lean.

Towing is the most practical and effective sprint-assisted method in use today! Dr. G. Dinsman, Virginia Commonwealth University.*

"A five-week tow training period prior to the start of the season improves performances significantly." John Tamsney, Track Coach, California State University Long Beach.

Price $49.95 ea. + $5.00 per belt for postage and handling. California residents include 6.5% sales tax.

Send order to: Speed-Belt(s). I have enclosed my money order 

(Notas)

<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>City</td>
</tr>
<tr>
<td></td>
<td>State</td>
</tr>
<tr>
<td></td>
<td>Zip</td>
</tr>
</tbody>
</table>

Photo by Richard Lee Stotkin
OLYMPIC WATCH

- Can you believe it? The 1984 Olympics are here. It’s actually happening — in the United States.
- The eyes of the world will be on Los Angeles for the July 28 to Aug 12 fortnight. Two-and-a-half billion people will be looking at Los Angeles and the United States through the most extensive television coverage of an athletic event in the history of the world.
- The kind of impression they receive of Los Angeles could well be the image that they’ll keep of the United States for decades to come.
- All of the cold war rhetoric, all of the anti-Americanism, all of the “imperialist running dog of the world” talk that you often hear when you visit other nations, could be substantially dissipated in two short weeks.
- If the people of Los Angeles can pull off these Olympics with a show of friendship, brotherhood and efficiency, it could make a difference on an international level.
- “These will be the greatest games of all time.” H.D. Thoreau, Athletics Director of the Los Angeles Organizing Committee, told 5,000 volunteers at a pre-Olympic meeting. “But it’s all up to you to make it work.”
- Over 60,000 people have been recruited as volunteers for the Games: Corporate presidents, lawyers, teachers, doctors, unemployed laborers, students, retirees, housewives — people who just want to get involved and to try to put the best face possible on the United States.
- The betting is that it will work. The dedication and the competence of the LAOOC and its volunteers are impressive. Contrary to local jokes that LAOOC means “Last And Out Of Control”, the planning appears to be brilliantly organized.
- Some tickets, however, were mailed late. If you didn’t get yours, call 213/741-6789.
- The price of tickets was falling fast at NNIM press time. The number of pre-purchased, ticketing form completions has dropped from 450,000 to less than 100,000, according to one travel agent. Some ducts are going for less than face value. The coveted opening ceremonies tickets have dropped to 1½ to 2 times face value.
- The classified section of the Los Angeles Times daily lists 300 ads, offering tickets, housing, etc. for the Games. There are very few “buyer” ads.
- Over 7,000 LA rooms are still going begging.
- Win a bet from your unknowing friends. Everyone’s saying the men’s marathon will be run in 80° or 90° heat. Don’t believe it. The first hour of the race will be run along the ocean in San Diego. By the time the runners turn out from the Coliseum, it will be after 6 p.m. Even if the top LA temp was 90 degrees that day, by 6 p.m. it will have dropped to the 80’s, and by 7 p.m., maybe into the 70’s. So you can bet the house that the temps won’t be in the 90’s and, with luck, not in the 80’s, either.
- The smog could be a problem, however. LA saw its worst siege of heat and smog in July in 12 years. Civic officials and the LAOOC are huddling daily, trying to encourage industry to shut down during the Games. Some companies are complying. There is a feeling that LA, somehow, will luck out, that the smog will be minimal, and that, for the next ten years, politicians will be asking why LA could rout smog during the Olympics, but not any other time. Then again, the air-quality could remain unhealthy and cast a literal pall over the Games.
- In addition to Ed Burke, who qualified for the U.S. team as a 44-year-old hammer thrower, another master (by international rules) will compete in the Olympics. Gabrielle Andersen, 38, of Sun Valley, Idaho, will run in the women’s marathon representing her native Switzerland. To convince the Swiss authorities she was in shape, she had to run a qualifying half-marathon last month in California.
- If you’re stuck in LA and need assistance, call 213/782-1982.
- That’s the Grace Community Church Olympics Office, where congregation members have volunteered to help visitors during the Games, with housing, transportation, tours, etc.
- Horatio Fitch, the 1924 Olympic silver medalist and the subject of Mike Tymin’s profile a few months ago, will be in LA watching the Games.
- A new “oldest-living-U.S.-Olympian” was discovered — Harry Worthington, 93, who finished 4th in the 1912 long jump in Stockholm with a leap of 23-3/4. Abel Kiviat, 92, featured on network TV, is America’s oldest medal winner (the 1500 silver in 1912).
- Avis, Budget, Hertz and other major car rental companies have doubled their rates for the Games in a display of greed not seen since Attila the Hun toured Europe. William Monaco, Budget operations vice president, told the LA Times: “The Olympics are here, let’s get all we can get.” Fewer tourists and an expanded LA bus system, however, could cause the rental giants to choke on their gas-guzzlers.
- Some TAC officials aren’t too pleased with having to fork over up to $1,000 for the privilege of working the Games. Without volunteer officials, amateur track would be in a mess. These people devote hours, dodging javelins, starting races, counting laps, measuring jumps, timing and all the little things that no one notices until they go wrong. Yet this is a Spartan Olympics, and part of the Spartanity is that officials must pay their own way. A round trip air fare from the East, plus a week or two of $100-a-night dormitory bills, can add up. Plus they have to pay $5.50 each for those white hats with the red, white and blue trim. The LAOOC says: “If you don’t want to come, don’t. We’ve got 12 local people standing in line.”
- Stan Wright, the 1972 official who reportedly was responsible for Eddie Hart and Ray Robinson missing their 100-meter semifinal heats, volunteered his services for the Games. We hope he has been a coach and official for 28 years. He was offered a job in the Coliseum as an usher. “I’m embarrassed. It was a damn insult,” he told Frank Dolson of the Philadelphia Inquirer, “I was appalled. I said ‘no way would I take the job.’ Did someone at the LAOOC remember 1972?”
- Actually, dozens of people are standing in line to be ushers. “It’s a great job,” one of the lucky ones said. “You get to see the Olympics for nothing, and meet people from all over the world. How could anyone turn it down?”
- Bob Hersh, in his Track & Field News column, says only 54% of 1983’s world-ranked athletes and 49% of medalists from the Helsinki World Championships will be in Angetown. (By comparison, the 1983 Finland meet drew 96% of the world rankers.) Hersh says the Soviet boycott hurts the Games badly.
- The Hungarian people are furious at the Soviets for the boycott. After the Hungarian government joined the boycott, graffiti appeared all over Budapest saying: “We will not forget.”
- July LA traffic was the heaviest in years. The freeways were parking lots during most rush-hours. It can’t be worse during the Games, or nothing will move. The buses and voluntary car-pooling are critical to the Games’ success.
- Most of the Los Angeles Police Department’s 6,900 officers will work six-day weeks (at 2½ times pay for overtime). They’ll be backed up by the Guardian Angels and sophisticated police officers.

Continued on Next Page
Bowers Runs 2:21:31 At Grandma's

Jim Bowers, 45, of Santa Rosa, Calif., slashed minutes off the American age 45-49 marathon record with a 2:21:31 performance in Grandma's Marathon in Duluth, Minn., on June 16. Bower's 14th-place time on the point-to-point course better William Johnston's U.S. M45 standard of 2:26:45. (John Brennand continues to hold the looped-course mark of 2:28:46.)

Bowers had to beat Bill Hall, 43, three-time Masters winner in the Boston Marathon, from Durham, N.C., who finished in 2:25:12. Johnston, 46, of Salt Lake City, whose record time was broken by Bowers, settled for third (2:29:10), and another Salt Lake City entrant, Robert Nelson, 44, took the fourth slot (2:30:50). Ernie Billups, of Chicago, at age 47, was the oldest finisher in the top five of the M40-49 division, in 2:33:14.


Derek Stevens, 30, of London, England, in 2:12:40, and Anne Hird, 25, of Providence, R.I., with 2:27:30, were the open winners.

Sapienza Sets Pace In Providence

Tony Sapienza, 55, was the story, both on the road and on the track, of the 350 Masters athletes at the Rhode Island Senior Olympics held at Brown University stadium in Providence on June 24. Sapienza took second in the 10K race, which kicked off the meet, through the streets of Providence in 34:50, then went on the track to triple, winning the M55 1500 in 4:56 and the 3000 in 10:18.6. The latter time is only six seconds away from Ken Carmen's American M55 record of 10:12.6.

Nar Hitt, M65, won the 100m (14.0), the shot (45 2/4'), and the high jump (6-3); and tied for first with William Carmen in the 200 (30.0). Carmen took the 400 (68.0) and long jump (13-10 1/2).

Boo Morcom, M60, had a 5-0 high jump, a 15-10 long jump, and a 126-1 discus.

Sally Goodhue ran 6:13 to win the W50 1500 race.

Masters Tune Up For Nationals At Hayward

One hundred and fifty Submaster and Master athletes tested the track facilities at the University of Oregon, Eugene, which is the site of this year's TAC National Masters T&F Championships in August, in the Hayward Field Masters Classic on June 30-July 1.

Lewis Thorne, the oldest athlete on the field at 79, won the M75+ 100m in 19.82, and his son, Lewis Jr., set a meet M45 mark of 16.31 in the 110H.

Harold Hitt nipped Josh Culbreath, 1956 Olympic 400H bronze medalist, in the M50 100m, 12.51 to 12.85. Culbreath came back on the second day, to record a meet record 64.3 in his specialty.

Dr. Bill McChesney set an age-56 world mark in the mile with 5:02.86. Harriet Wilson, 56, won two races, the 3000 in 13:45.5 and the 800 in 3:23.9.

Ray Hatton, 52, of Bend, Oregon, recorded the best 10000 time of the meet, 32:29.3, nineteen seconds over his national standard of June '83.

Stuart Jones soared 14-6 to win the M35 pole vault. Ross Carter heaved the shot to three age-70 records: two American with the 88m (43 3/4) and the 120m (35 9/16); a world with the 160m (30 3/16).

The meet was directed by Arlene Noviello. Charlie Fleishman, serving as publicity chairperson, produced excellent coverage in the local newspaper, The Register-Guard, which published two articles and complete results for both days.

Olympic Watch

Continued from Previous Page

Electronic security equipment. The LAOOC first refused to pay the extra $5 million demanded by the LAPD, claiming "price gouging," but finally paid under protest, saying the court could settle the price after the Games.

LAOOC first refused to pay the extra $5 million demanded by the LAPD, claiming "price gouging," but finally paid under protest, saying the court could settle the price after the Games.

A record 11,000 athletes, coaches and trainers from 141 countries will at tend, despite the Soviet boycott. The People's Republic of China will compete for the first time, as will 17 other nations, including Bahrain, Bangladesh, Cambodia, Oman, Rwanda and Qatar.

The 1984 Olympic Games will be a memorable occasion. NMN hopes you enjoy them, from whatever perspective you happen to have.

NOW AVAILABLE

Masters Age - Records 1984

Compiled by National TAC Masters T&F Records Chairman Pete Mundle with Lori Maynard and Alan Wood.

• Men's and Women's World and U.S. Age Bests for all Track & Field Events, age 35 and up, as of Jan. 1, 1984.
• U.S. Age Bests for Men & Women for all race-walking events, age 40 and up, as of Jan. 1, 1984.
• Men's U.S. Masters Indoor & Outdoor Championship Records.
• 48 pages. Thousands of entries. Lists name, age, state and date of record.

Send $4 plus $1 for postage and handling to:
NATIONAL MASTERS NEWS
P.O. Box 2372
Van Nuys, CA 91404

Name
Address
City State Zip
PROFILE

Jerry Horton — An Active Man on a Dormant Volcano

It's Clive Davis in the lead with Frank Grey second. But wait! Here comes a short, bald-headed competitor making a move on the extreme outside, closing rapidly.

The "extreme outside" in this case is the island of Maui in Hawaii. The man making the move on Davies and Grey, the two leading 60-plus distance runners in the country is Jerry Horton, a 61-year-old resident of the island.

In the 1983 Honolulu Marathon, the 5:6, 125-pound Horton joined the very select ranks of 60-year-olds who have broken 3 hours at the marathon distance, when he recorded a 2:55:21. He finished just 39 seconds behind Grey, the division winner, who flew in from Washington for the race.

Last year, Horton clocked 36:36 for the 10-K, better than the existing M60 American record, although Jerry will be the first to admit that there was a little elevation drop from start to finish.

Actually, Horton prefers to run uphill. His favorite race is the "Run to the Sun," a 37.5 mile climb up Mt. Haleakala crater on Maui. He considers his best performance the 6:29 age-division win he had in the race last year.

"There's just something about running up that mountain that really gets me going," says Horton, who also admits to having a home course advantage. He lives 2,400 feet up on the slopes of the volcano.

At Cerro Gordo High School in Cerro Gordo, Illinois, where Horton grew up, he was a member of the track team. "I did a little bit of everything, but not much of anything timely," he says.

After serving in the Army Air Corps and graduating from Colorado State College (then Colorado A & M), Horton settled down to a career in forestry while living in Utah. As a forest ranger, he survived three avalanches, one of which partially buried him.

"I was an instructor at the Alta, Utah Avalanche School," he says. "We developed techniques for dealing with potential avalanches and their control. We'd use an artillery release or hand charges to break them up. It was my fault each time for being in the wrong place."

Horton took up running in 1979 for health and fitness reasons. It wasn't until 1983, however, that his race times started to drop significantly. He first drew statewide attention with his 2:58:10 in the 1983 Maui Marathon. Then, a few months later, his 36:36 10-K really got the running community buzzing. In addition, he clocked 1:23:52 for a half-marathon and this year has turned in a 59:44 for 15-K.

"I'd like to try a couple of races on the Mainland to see if the cooler and drier climate will make a difference in my times," he says.

Although he averaged 70-75 miles a week of training last year, Horton has been forced to reduce it to 40-50 this year. "I've always had trouble with muscle pulls and it seems to be increasing lately," he explains.

Horton says that he enjoys running with Miki, his wife of 34 years, but she laughs at the comment and remarks that even though they often run the same time he is usually out of sight. Living on the slopes of the crater means that most of Horton's training is either uphill and downhill. He also does a little swimming and biking and is thinking about trying a triathlon.

"Actually, running is not my favorite activity," Horton says. "I prefer hiking, backpacking, rock climbing and skiing. I enjoy racing, though, and I'll probably start running more ultramarathons next year."

—Mike Lynn

Honolulu resident Jerry Horton, 61, joined the select ranks of 60-year-old sub 3-hour marathoners.

INDIANAPOLIS MEET CHIDED

The Senior Olympics Track Meet in Indianapolis could be one of the very best meets anywhere. Unfortunately, a few things must be corrected or it may become part of track & field nostalgia.

The peculiar rules of this meet allow for another man to meet at USC and that this time I can join the competitors — being a spectator isn't quite as much fun.

Dorothy D. Steenberger
Malibu, California

INDIANAPOLIS MEET PRAISED

Having competed in the Miami Northwest Express Track and Field Classic June 9-10, I wish to praise to the utmost the consideration and hospitality given to the masters and all the other athletes involved.

Jesse Holt, the meet director, stressed excellent organization, officiating, and special hotel discounts. Highlights included a Parade of the athletes, presentation ceremonies and beautiful trophies and medals.

I strongly urge that all master athletes make an attempt to attend this meet next year. You will be richly rewarded for your efforts.

Charles Northrup
Indianapolis

WRITE ON!

But where was Al Sheehen, our favorite announcer?

Hope the Trojan Masters will have another meet at USC and that this time I can join the competitors — being a spectator isn't quite as much fun.

—Mike Lynn

MUSEUMS

Charles Northrup
Indianapolis

(World, national, regional and most local masters competition is based on date of birth, rather than year of birth. However, there is sentiment both ways: a motion at a WA VA meeting to change competition to year of birth lost by just 44-28. Horse racing is based on year, not date of birth. The argument is that it's simpler. As to the lack of tape at the finish, even the Olympics won't use a finish line tape. With photo-electronic timing, it's not needed. Breaking the string is emotionally satisfying, but it seems destined to become part of track & field nostalgia.

—Ed.)

MIAMI MEET PRAISED

Having competed in the Miami Northwest Express Track and Field Classic June 9-10, I wish to praise to the utmost the consideration and hospitality given to the masters and all the other athletes involved.

Jesse Holt, the meet director, stressed excellent organization, officiating, and special hotel discounts. Highlights included a Parade of the athletes, presentation ceremonies and beautiful trophies and medals.

I strongly urge that all master athletes make an attempt to attend this meet next year. You will be richly rewarded for your efforts.

David Lawyer
Elmwood Park, NJ

CONTINUED FROM PAGE 2

INDIANAPOLIS MEET CHIDED

The Senior Olympics Track Meet in Indianapolis could be one of the very best meets anywhere. Unfortunately, a few things must be corrected or it may become part of track & field nostalgia.

The peculiar rules of this meet allow one to run in the next age group — if his birthday falls at anytime within the year of the meet. This is ridiculous.

For instance, Russ Jacobs, who is a fine sprinter in his own age-group, ran, instead, in the next highest age group (60-64). Since he was 59 the day of the meet, no record set by him can be valid. Also, what possible honor could be gained by running in a higher age group? It is unfair.

Also, there was no string or tape at the finish line. In some of the races, no gun was available for starting. Other than that, the track is beautiful and the facilities are very good. As I said, it has great potential.

I really enjoy the National Masters News. I don't know what we would do without it.

Charles Northrup
Indianapolis
Matson Ends Dalrymple Streak at 75

Matson hung back about 15 seconds behind Dalrymple during most of the race. She gradually moved up on the race. She really surprised me when she went by. I've been doing a lot of marathon training lately, and just didn't have the speed to go after her.

Matson said she never really expected to beat Dalrymple, but her coach, Dan McCaskill, convinced her with about 300 meters to go, went by so fast that Dalrymple was unable to respond.

"I never knew she was there," Dalrymple said. "I knew she had entered, and knew she had been running well. But I never saw her during the race. She really surprised me when she went by. I've been doing a lot of marathon training lately, and just didn't have the speed to go after her."

Matson hung back about 15 seconds behind Dalrymple during most of the race. She gradually moved up on the race. She really surprised me when she went by. I've been doing a lot of marathon training lately, and just didn't have the speed to go after her."

Matson said she asked herself at the 5-mile mark: "What am I going to do?" She said she knew she had to start closing the gap.

"I picked it up a little," the Solana Beach nutrition counselor said. "Cindy was looking over her shoulder, but I tried to hide behind other runners so she wouldn't see me. At the 6-mile point, I reached down and just blasted past her as hard as I could, and ran all out to the finish line. My legs were weak the last 200 meters, but I just tried to hang in there."

Matson won $1000 for the victory. Darylplre got a check for $500.

In the men's masters race, Mexico's Antonio Villanueva, 43, defeated Michigan's Bill Stewart, 41, by a minute-and-a-half, 29:40 to 31:10, with Boston Marathon master winner Roger Robinson, 45, of New Zealand, third in 32:04. Villanueva also won $1000, Stewart $500.

Dalympile was naturally disappointed to see her streak end, but she was more upset "by losing out on $500." Iris Black was the third woman master in 37:29.

"I haven't been running as well as last year," Dalrymple admitted. "I've had some congestion problems. I've been to the doctor, but he says there's nothing wrong. I've lost some motivation. I used to train 90 to 100 miles a week, and worked very hard to achieve what I did. But, lately, I've only done 40 to 70 miles a week. I moved from New York to Washington, which is more laid back. Maybe it's affected me."

The legislative assistant to Michigan Senator Don Riegle said she's going to increase her mileage in preparation for two marathons this fall—either Twin Cities (with $19,500 cash available for masters runners), New York, America's or Sacramento.

"It was a wonderful race," Matson said. "At the start, the invited women were all behind the invited men. So no one got tramped. The course was excellent: two miles flat, then two miles downhill, then two miles uphill, then down to the finish."

Matson said she plans to run two half-marathons this year: America's Finest City in San Diego on August 19, and Avon in New York on September 29.

Tanzania's Filbert Bayi, preparing for the Olympics, won the $5000 first price in 28:35. Betty Springs won $5000 as first woman finisher in 32:55. Anyone who finished under 55 minutes got a free T-shirt.

Some masters watchers had expected New York's Elaine Kirchen, 42, to be the first to dethrone Dalrymple, but the National Masters 10K title dropped out of the Peachtree race. (Editor's note: On July 8, four days after Peachtree, Dalrymple began a new streak by winning the TAC National Masters Women's 15K crown in 39:26 in Utica, New York.)

What about 1988? "Well, they say I'm already at 47. I'll be 51, then, so what the hell," he laughed. "I know I'm going to be throwing over 200 feet, but how far over, I don't know. But if I can make the qualifying distance for the Trials, obviously I'll try to make the next team."

Oerter says he may try throwing the 35-pound weight, and may compete in the TAC National Masters Indoor Championships next spring. (In 1977, he won a discus gold medal at age 40, at the 2nd World Veterans Championships in Sweden.

"There have been so many good things in sport for me. This is kind of minor. But the only way I'm going to purge that incomplete feeling is to get back to throwing."

---

...But Oerter Doesn't

Continued from Page 1

Oerter said the injury was now coming around, but was taking a lot longer than he anticipated.

"I'm more comfortable now, but the first few weeks were painful. I'll probably compete in some meets in the East this fall," Oerter said.

Oerter said the biggest disappointment was missing the last two weeks of training.

"That's what leaves me with an incomplete feeling for the year. It's not failing to make the team, or anything else. It's just the last two weeks of intensity before the Trials. Not being able to go through that is a disappointment."

The first Thro a Thon was held 4 years ago at Raleigh.

Presidental Year - Olympic Year - Leap Year - Thro a Thon Year
In the year of Great Events
It will happen at
N. C. State and Method Park, Raleigh, N. C. starting at 1:30 P. M. Saturday Oct. 20, and Sunday 10 A. M. Oct. 21

1. An assault on Age Records in Discus, Shot, Javelin, Hammer, Weight throw--a chance to set records in weights you haven't thrown before.
2. The usual camaraderie when throwers get together.
3. The friendly hospitality that symbolizes North Carolina State and Raleigh to all who have been there.
4. Engraved medallions to all who complete the events with special trophies and medals for the top meet scorers by A P Scooring & I A A Tables
5. 6 throws each, all divisions, all implements: Disc 12# 16# 20# Shot 11# 16# 20# Javelin 16# 22# 8# Hamm 8# 12# 16#
NOTE: Appropriate WAVA standard implements may be substituted for the above since Age Factor Scoring is graded to accommodate different weight implements
6. Entry Fee includes Pig Pickin' Barbecue Saturday evening with fire countryside goodies to match.

Entries close October 14.

Are lady competitors invited? Of course! And foreign (non U S A) definitely!

9. Rental Information:
The superb new Harriot at 1-70 and U S #1, north side, has just offered us an athletic team rate of 46 per double plus 25% tax if we make this our next headquarters. Linen service to and from airport. Transportation to athletic field available. Specify "THRO A Thon Rate."

Sales, Harriot-Raleigh, Raleigh, N. C., 910-781-7000
or Mission Valley Inn Econo Travel P O Box 10255 5210 Hollyridge Drive Raleigh, N. C. 27606
Raleigh, N. C. 27612
Phone 919 329 3173 Phone 919 329 9001

In consideration of your acceptance of this entry, I hereby, for myself, my heirs, executors and administrators waive and release any and all rights and claims for damages against the meet sponsors, the Raleigh Parks Department, North Carolina State University, their agents, representatives, successors and assigns for any and all injuries suffered by me while going to, returning from and competing at said meet. (Print all information except signature.)
Hatton Breaks Mark in Cascade

Continued from Page 4

Oregon, bettered Norman Green's American age 50-54 15K record of 50:07 by 16 seconds in 49:51, to finish as 6th master.

The world's field was equally deep. Sylvia Ruegger, a leading Canadian candidate for an Olympic marathon medal, won in 49:40. Lorraine Moller, certainly no less a medal hopeful, was second in 50:03 and Regina Joyce third in 50:14. First U.S. finisher was Kellie Cathey in 5th place.

Shirley Matson, 43, was winning her second masters race of an extraordinary hat trick. First, she had upset New York's Elaine Kirchen, 40, at the Cotton Row Run on May 28th. Second at the Run Off, Matson was favored to win (particularly after Kirchen had to bow out due to her heavy work load).

Third, a week after Cascade, on July 4 at the Peachtree 10K in Atlanta, Matson could not be given more than a good chance for second place, with the likes of Tracy Dalrymple, Iris Black, Bette Poppers and Kirchen again. But Matson beat them all — another story! For Cascade, Matson, from Solana Beach, California, ran a 15K PR 56:13. Second-place Bette Poppers of Littleton, Colorado, clocked 57:40 over the difficult course, while Elfrieda Wyner, from Jacksonville, Florida, finished third in 58:51.

Other remarkable performances were by Mary Ann Wehrum, 46; in 60:47, Billie Murphy, 57, in 69:05 and Josephine Hess, 66, in 90:14. Remarkable Clive Davies from Tillamook, Oregon, ran 60:17 at age 66, a time not remarkable for Davies except that he had his appendix removed just six weeks before!

As if the results of the masters, themselves, weren't humbling enough to many, a number of near-masters were on the horizon threatening. Jerry Tighe of Canada, a week from his 59th birthday, outran Roshen in 57:18. Damien Koch, 39, from Colorado, beat all U.S. masters in 48:30. Meanwhile Priscilla Welsh, top qualifier for the British Olympic marathon team, with a 2:30:06 at the London Marathon, came in 6th at 50:33. This Briton will, even at age 39, to be good for masters competition for several years. And U.S. resident but Swiss marathon team member Gabriele Andersen, also 39, was an even two minutes ahead of masters winner Matson.

Humbling indeed.

Parry O'Brien Sets Two World Records

Continued from Page 1

Participants through their paces in the late afternoon/evening meet. The old world M50 marks were held by Finland's Kauko Jouppila (178-0) and West Germany's Hermann Hombrecht (57-7/4), respectively.

O'Brien, who hasn't competed in the Masters program since 1978, said the Olympics inspired him to start working out again.

"I've been doing a lot of speaking for the LAOOC," he said.

O'Brien said he also liked the lighter 12-lb. weight that the over-50's throw (compared to the 16 lb. Olympic weight for the 40's).

"I've been throwing at Cal State Northridge since Daylight Savings Time kicked in," he said. "But I'm stiff after every session."

O'Brien, who added on Olympic silver medal in 1960 to his two golds, said the main reason he got back into throwing this year was he was sick of his old banking job.

"I needed something physical to take my mind off it," he said. "Now I've got a good job in a financial corporation, but, my wife, Terry, encouraged me to stay with the throwing this season and go after the records."

O'Brien said, unlike some masters competitors, he is not "a weekend thrower." He's been very serious about this. I throw or lift free weights or Nautilus six days a week. I only quit when I feel a coronary coming on."

O'Brien's throws were not the only outstanding performances in the annual meet. An American world 70-74 55-59 record was set by Shirley Kinsey with a 12-foot long jump. John Dobroth leaped 6-4 to win the M40 high jump. Former Olympian Ron Whitney beat Bill Knaack in the M40 long jump, 5.6 to 5.7. Impressive doubles were turned in by George Cohen (51.8/400 and 1:51.8/800 in M40), Marion McCoy (10.8/100 and 21.7/200 in M30), and Nolan Smith (1:57.5/800 and 4:15.9/1500 in M30).

The meet was directed by Occidental College Economics Professor Woody Studenmund, with help from the Oxy staff, TAC officials and starters, the Corona Del Mar Track Club crew of Gary and Christel Miller, Doug Smith, Bill Peck, Pam Norris, Bill Harvey and Jaynie Studenmund.

"The important thing in the Olympic Games is not to win but to take part. The important thing in life is not the triumph but the struggle. The essential thing is not to have conquered but to have fought well. To spread this concept to build a stronger and more valiant, and, above all, a more scrupulous and more generous humanity."

—Baron Pierre de Coubertin
father of the modern Olympic Games
Burke's story is the stuff of which motion pictures are made. In 1960, he was a world class hammer thrower at San Jose State. He met and married Shirley, a freshman student who thought hammer throwing was something you did after hitting your thumb instead of the nail.

In 1962, a wild throw by Ed crashed through the windshield of his car into Shirley's face. It took a month for her to recover.

For Ed, it took longer. He couldn't talk about it for 20 years.

"It was tragic," Burke said. "She meant everything to me. I never wanted to see another hammer."

And he gave it up.

"He felt terrible guilt," Shirley said. "But I felt badly for him. I couldn't be mad at him. He didn't do it on purpose."

Shirley wouldn't let him quit. She learned all about throwing this strange 16-pound ball at the end of a 3-foot wire, and became his coach and his motivator.

He made the 1964 and 1968 Olympic teams, but did not win a medal. He was the national AAU champion from 1966 through 1968.

Then he retired, until he reached 40 in 1980.

"I needed something physical," he said. "I had the itch."

One day, he got out the old hammer, scrubbed off the rust and the family drove off to his old hammer-throw ring at San Jose State. In his first meet, he threw 207 feet.

"I was scared," he said. He weighed 180 pounds, well under the 225 of his Olympic years. He decided to build up to 240, and learn a new technique.

It was a full time commitment. He'd get up at 6 a.m., go to work at his health club, take time off to train, go back to work, lift weights at night. He took aspirin every morning for the pain.

Last year, he competed in the World T&F Championships in Helsinki.

What are Burke's chances of winning an Olympic medal?

"How many entrants are there?" he asks. "Thirty? Then my odds are 30-1."

He feels it will take a throw "in the low 250's" to win a medal.

Burke sees himself as a role model for people who would like to get into sports, but worry they might embarrass themselves. He encourages many people to start running again.

"I'm glad there's a strong masters program," he said. "I appreciate what they do, and I know I'll eventually be in it, 'cause I'll probably participate until I drop dead."

Burke said West Germany's Uwe Beyer, the 1964 Olympic bronze medalist in the hammer, is training today.

"He wants to compete in the masters meets. As older athletes train seriously, the improvement in marks is going to shock people. The masters of today are the scouts for the burgeoning middle-aged population of the whole world tomorrow."

**INVESTMENT OPPORTUNITY**

Sports America, Inc., America's up and coming track and field equipment company, is experiencing rapid growth and is seeking additional capital to meet product demand and to participate in new marketing opportunities.

Sale of stock is by prospectus only and in units of $5,000. A limited number of $1,000 units will be available.

Beginning July 1, 1984 stockholders will be able to buy equipment at a discount.

For a free copy of our prospectus call 1-800-633-7777 or write to

Sports America, Inc.,
101 Glover St.,
Barton, VT 05822.
### Masters Rankings

**Track & Field**

Haig Bohigian, Chairman of the TAC Masters & F Committee, reports that progress is being made on the combined 1982-83 rankings book.

### Long Distance Running

Masters rankings for all 1983 road races are available now in the book: U.S. Masters Distance Rankings, 1984 Edition. It is published by the National Running Data Center (NRDC) and lists 1983 rankings and all-time lists by five year age groups, from age 35-39 and older. Fourteen standard road distances plus the one, two, and four hour runs are ranked. Depth of rankings is based on participation, from 100 deep for 10K and marathon, 50 deep for 8K, 15K and 20K, 10 mile and half-marathon; and to lesser depths for the other seven events. Send $9.95 to NRDC, PO Box 42888, Tucson AZ 85733.

This issue of NMN contains the top 10 runners in each five-year age group for the 10K in 1983, in the same format as they appear (to a depth of 100) in U.S. Masters Distance Rankings, 1984.

To be listed, marks must have been submitted with complete race results, run on certified courses (certified by the National Standards Committee of TAC, not by the race director or local TAC organization), documented as having been run on the course as originally certified, and been correctly timed at the finish line in order to establish accurate matching of time and place.

Runners who feel their marks should have included, but were not, should first check with the director of the race in question, or NMN, to make sure that the complete race results and supporting documentation were sent to NRDC. If still in doubt, runners can direct questions to the NRDC.

To assure that future results are recognized, NMN urges Masters runners to "push" for correctly certified courses, proper finish line procedures to ensure that all runners are timed as accurately as the leaders, and for cooperation from race directors when they are requested to file results and documentation with the NRDC.

---

**Athletes Who Enter a New Division This Month**

<table>
<thead>
<tr>
<th>Athlete</th>
<th>Division</th>
<th>Birthdate</th>
<th>Age Group</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rudy Ruff (Huntington, U)</td>
<td>B-12-14</td>
<td>70-74</td>
<td></td>
</tr>
<tr>
<td>Helene Dicken (Texas)</td>
<td>B-16-14</td>
<td>70-74</td>
<td></td>
</tr>
<tr>
<td>Sylvia Douglas (College Place, WA)</td>
<td>B-15-14</td>
<td>70-74</td>
<td></td>
</tr>
<tr>
<td>Reiko Durbach Gosselin (CA)</td>
<td>B-16-14</td>
<td>70-74</td>
<td></td>
</tr>
<tr>
<td>Janice Gerwa (San Diego, CA)</td>
<td>B-16-14</td>
<td>70-74</td>
<td></td>
</tr>
<tr>
<td>Helen Lau (Peoria, IL)</td>
<td>B-16-14</td>
<td>70-74</td>
<td></td>
</tr>
<tr>
<td>Cindy Mielaw (Harvard, MA)</td>
<td>B-16-14</td>
<td>70-74</td>
<td></td>
</tr>
<tr>
<td>Blanche Clancy (Watertown, MA)</td>
<td>B-16-14</td>
<td>70-74</td>
<td></td>
</tr>
<tr>
<td>Dorothy Thomas (US)</td>
<td>B-16-14</td>
<td>70-74</td>
<td></td>
</tr>
<tr>
<td>Angela Trith (Hamilton, Texas)</td>
<td>B-16-14</td>
<td>70-74</td>
<td></td>
</tr>
<tr>
<td>Gisel Bladh (Swe)</td>
<td>B-16-14</td>
<td>70-74</td>
<td></td>
</tr>
<tr>
<td>Elizabeh Haule (W)</td>
<td>B-16-14</td>
<td>70-74</td>
<td></td>
</tr>
<tr>
<td>Rosemarie Zenkel (W)</td>
<td>B-16-14</td>
<td>70-74</td>
<td></td>
</tr>
<tr>
<td>Margaret Yates (NZ)</td>
<td>B-16-14</td>
<td>70-74</td>
<td></td>
</tr>
<tr>
<td>Mark Riddle (Banks, OR)</td>
<td>B-16-14</td>
<td>70-74</td>
<td></td>
</tr>
<tr>
<td>Jim Bunch (San Francisco)</td>
<td>B-16-14</td>
<td>70-74</td>
<td></td>
</tr>
<tr>
<td>George Buck (Australia)</td>
<td>B-16-14</td>
<td>70-74</td>
<td></td>
</tr>
<tr>
<td>Neil Bueh (Villa Park, CA)</td>
<td>B-16-14</td>
<td>70-74</td>
<td></td>
</tr>
<tr>
<td>Anthony Castellina (Canada)</td>
<td>B-16-14</td>
<td>70-74</td>
<td></td>
</tr>
<tr>
<td>William Cooke (Nashville, TN)</td>
<td>B-16-14</td>
<td>70-74</td>
<td></td>
</tr>
<tr>
<td>Phillip Conley (Woodside, CA)</td>
<td>B-16-14</td>
<td>70-74</td>
<td></td>
</tr>
<tr>
<td>Rafael Fortun (Cuba)</td>
<td>B-16-14</td>
<td>70-74</td>
<td></td>
</tr>
<tr>
<td>Al Hallus (W)</td>
<td>B-16-14</td>
<td>70-74</td>
<td></td>
</tr>
<tr>
<td>Laum (C)</td>
<td>B-16-14</td>
<td>70-74</td>
<td></td>
</tr>
<tr>
<td>Ron Jones (GB)</td>
<td>B-16-14</td>
<td>70-74</td>
<td></td>
</tr>
<tr>
<td>Tami Ked (Bartlesville, OK)</td>
<td>B-16-14</td>
<td>70-74</td>
<td></td>
</tr>
<tr>
<td>Martin Lee (Austin, TX)</td>
<td>B-16-14</td>
<td>70-74</td>
<td></td>
</tr>
<tr>
<td>Walter Long (East Lansing, MI)</td>
<td>B-16-14</td>
<td>70-74</td>
<td></td>
</tr>
<tr>
<td>Mohamed Max (Pakistan)</td>
<td>B-16-14</td>
<td>70-74</td>
<td></td>
</tr>
<tr>
<td>Hans Overland (Nor)</td>
<td>B-16-14</td>
<td>70-74</td>
<td></td>
</tr>
<tr>
<td>ED Ramirez (Chicago, IL)</td>
<td>B-16-14</td>
<td>70-74</td>
<td></td>
</tr>
<tr>
<td>Tom von Ruden (CA)</td>
<td>B-16-14</td>
<td>70-74</td>
<td></td>
</tr>
<tr>
<td>Homer Vangelder (Santa Rosa, CA)</td>
<td>B-16-14</td>
<td>70-74</td>
<td></td>
</tr>
<tr>
<td>L.S. Sando (San Antonio, TX)</td>
<td>B-16-14</td>
<td>70-74</td>
<td></td>
</tr>
</tbody>
</table>

---

**Masters Rankings**


Running in a light rain and temperatures in the high 60s, Dalrymple finished 37th in the field of 4655 with a 40:49 winning time of 37:02, almost 10 minutes ahead of her closest Masters opponent, Peggy Couper, 40, of Pembroke, Bermuda.

Lisa Connors, 42, of the New York-based Atalanta Track Club, in 39:46, rounded out the top three women forty-and-over. Helene Bedrock, of the North Jersey Masters, was fourth and, at age 49, the oldest finisher in the top ten Masters.

Mila Kania, 53, NY Masters, led the W50-59 division with a time of 40:42, which would have placed her fifth in the younger Masters division. Lucille Mancini, 61, from the Shore AC of New Jersey, won the W50-59 race (52:21), and Lois Schieffelin, 73, New York, took the oldest division (1:17:10).

Grete Waitz, 30, of Norway, was the fastest woman of all, defeating Anne Audain, 28, of New Zealand, 31:53 to 33:29. Both will represent their countries in the 1984 Olympics.
Mielke, Alfvoet win Brugge 25K

Proving that his twin victories over Mexico’s Antonio Villanueva on American soil were no fluke, West Germany’s Gunter Mielke outran the finest veteran distance runners in Europe to capture the prestigious International Veterans 25-kilometer run in Brugge, Belgium July 1st.

Staking a strong claim to the title of 1984’s best age-40-or-over runner in the world, the forty-year-old Mielke stormed to an impressive 39-second triumph in 1:18:13. (To put that time in perspective, Bill Stewart holds the American 25K masters record of 1:21:58, while Herb Lindsay’s U.S. open mark is 1:14:09).

Runner-up was Belgium’s Walte Van Renterghem with a time of 1:18:52. Placing third, and winning the M45 title, was New Zealand’s Roger Robinson, 45, the masters winner of the Boston Marathon, in 1:20:34.

Fourth came Belgium’s perennially strong veteran, Pierre Voets in 1:20:56. Rounding out the top five, and winning the M50 division, was Piet Van Alphen, 52, of the Netherlands (who ran a 2:22 marathon at age 50) with a time of 1:21:14. (Again, for comparison, that’s three minutes faster than Norm Green’s new American M50 25K mark of 1:24:11.)

Belgium’s Denise Alfvoet, 48, led dozens of younger women to finish as first female in the race, which was open to men over 40 and women over 35, per international rules. Alfvoet turned in a brilliant 1:32:11 to finish over four minutes in front of the W35 winner, Carol Borrill of Great Britain.

The annual event drew over 600 starters and 582 finishers. The host nation took national team honors with 2nd, 4th and 6th (Jean Van Renterghem, 1:21:35) places. The Club Championship went to the Thames Hare & Hounds, composed of Robinson, Frank Carpenter and Jeremy Denby, the latter two from Great Britain.

The race was directed by Jacques Serruys, IGAL President and WAVA Vice-President.

Ey Sets Two World Marks

Australia’s Wendy Ey turned 45 this year and promptly set two world W45 records in the 100-meter dash (12.5, tied with Maeve Kyle) and 200 (26.2) in open competition. Her name is “Ey,” not “Ely” as NMN reported in the June 100-meter record lists.

Ey is the manager of the 1984 Australian Olympic Team. Ey (nee Hayes) was in the same constellation of sporting stars as Betty Cuthbert and Marjorie Jackson in a golden era of Australian women’s athletics in the 50’s. She’s now training harder than ever.

“My 100-meter time of 12.5 is my continued on Page 24.
Run Puerto Rico!

The Annual San Juan Masters Championships.

<table>
<thead>
<tr>
<th>Best time (for seeding purposes in 100, 200, 400 only)</th>
</tr>
</thead>
<tbody>
<tr>
<td>( ) 100 m</td>
</tr>
<tr>
<td>( ) 200 m</td>
</tr>
<tr>
<td>( ) 400 m</td>
</tr>
<tr>
<td>( ) 800 m</td>
</tr>
<tr>
<td>( ) 1,500 m</td>
</tr>
<tr>
<td>( ) 5,000 m</td>
</tr>
<tr>
<td>( ) 10,000 m</td>
</tr>
<tr>
<td>( ) 3,000 m Steeple(m)</td>
</tr>
<tr>
<td>( ) 5,000 m Walk</td>
</tr>
<tr>
<td>( ) 110 m Hurdles(N)</td>
</tr>
<tr>
<td>( ) 100 m Hurdles(K-W)</td>
</tr>
<tr>
<td>( ) 80 m Hurdles(K-W)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Event</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st. event entry fee ($10.00)</td>
<td>$</td>
</tr>
<tr>
<td>Other events fees: events ($4.00 each)</td>
<td>$</td>
</tr>
<tr>
<td>Buffet Tickets ($10.00 each)</td>
<td>$</td>
</tr>
<tr>
<td>Total</td>
<td>$</td>
</tr>
</tbody>
</table>

Please send entries to: Gilberto González Juliá
Box 11074
Caparra Height Station
San Juan, Puerto Rico 00922

Please send cheques/money orders payable to:
PR. MASTERS ASSOCIATION
Box 11074
CAPARRA HEIGHTS STATION
SAN JUAN, P.R. 00922

In consideration of the acceptance of my entry, I hereby release and absolve the City of San Juan, Puerto Rico Masters Association, and Meet sponsors, the Meet organizers and officials from any responsibility or claims for damage, lost articles or equipment, or any injury sustained by me at the Third Annual San Juan Masters International Track and Field Championships, 1984.

Date: ____________________________
Signature: ________________________

(All entries will be acknowledged by return mail. Please mail as early as possible to avoid delays.)

Additional Information
1. Meet will be held at Central Park Stadium.
2. Entries must be received by Friday August 31st, 1984.
3. Additional meet and billeting information will be mailed to all those registering or requesting same.
4. No late entries will be accepted.
5. No entry refund after August 31st.
6. Age Division: Based upon age on day of competition: 30-34 (OA), 35-39 (OB), 40-44 (1A), 45-49 (1B), 50-54 (2A), 55-59 (2B), 60-64 (3A), 65-69 (3B), 70-74 (4A), 75-70 (4B), 80-84 (SA), 85-89 (5B) and over.
Commemorative T-shirt will be available for U.S. $5.00. You will receive notification of entry acceptance and any further important information by return mail.

Awards: Individual awards in both races will be given to at least the first three finishers in each 5-year age group. A commemorative award and diploma will be given all finishers of both races. Team awards will be made in both races to the first 3 national teams in the 10-year divisions listed above.

NIKE merchandise and other awards will be distributed at the discretion of the Organizing Committee.

Entries for the Carbo-Loading Dinner, Saturday, December 1st. This dinner will feature the 10km Awards Ceremonies. Limited tickets are available at U.S. $10.00.

The Marathon Awards Ceremony and Farewell Party will be held Sunday evening, December 2nd, at Sea World Park. Tickets are U.S. $26.00. This special price includes park admission (value U.S. $12.00) to the Sea World Shows, buffet dinner, drinks, and dancing.

Ticket charges for the Carbo-Loading Dinner and Farewell Party should be submitted with your entry fees to guarantee reservations. (N.B.—All individual and team award winners will be reimbursed the cost of their tickets.)

Commemorative T-shirt will be available for U.S. $5.00. You will receive notification of entry acceptance and any further important information by return mail.

The Organizing Committee of the XVII World IGAL Championships invites you to participate in an outstanding running and entertainment experience staged in the beautiful Mission Bay Park. Come run and visit with us in San Diego with its world-famous zoo, Wild Animal Park, Sea World, Balboa Park, and proximity to Mexico.

Both races are sanctioned by the Athletics Congress/USA and will be contested under IAAF rules on flat, certified courses meeting the requirements of the National Running Data Center.

Entries are open to all women over 35 years and all men over 40 years of age on day of race in the following age categories:

- Women:
  - W35 - 35-39 years
  - W40 - 40-44 years
  - W45 - 45-49 years
  - W50 - 50-59 years
  - W55 - 55-59 years
  - W60 - 60-64 years
  - W65 - 65-69 years
  - W70 - 70-74 years
  - W75 - 75 yr and older

- Men:
  - M40 - 40-44 years
  - M45 - 45-49 years
  - M50 - 50-59 years
  - M55 - 55-59 years
  - M60 - 60-64 years
  - M65 - 65-69 years
  - M70 - 70-74 years
  - M75 - 75-79 years
  - M80 - 80 yr and older

Team Competition will be held in both races for 3 person national teams in the following divisions: M40-49, M50-59, M60-69, M70 and over; W35-39, W40-49, W50-59, W60 and over.

All competitors must show passports or proper I.D. (e.g., drivers license) at registration.

Awards: Individual awards in both races will be given to at least the first three finishers in each 5-year age group. A commemorative award and diploma will be given all finishers of both races. Team awards will be made in both races to the first 3 national teams in the 10-year divisions listed above.

NIKE merchandise and other awards will be distributed at the discretion of the Organizing Committee.

Please write in capital letters.
REPORT FROM BRITAIN
by ALASTAIR AITKEN

In a Veterans 10K race at Copthall Hendon on June 11, forty-year-old Roger Clarke of the R.A.F. ran his first Vet race on the road, going away from a good field in the last 4K to win in 31:48.


The second woman in the London, Priscilla Welch, 39, did 2:30:06 (only Joyce Smith, among British women, has done faster) and will represent the U.K. in the marathon in Los Angeles Olympics.


John Kelley, left, paced M50 walkers in World Veterans Games in New Zealand.

What You Need to Know

TRACK & FIELD BOOKS

BRITISH AMATEUR ATHLETIC BOARD OFFICIAL PUBLICATIONS
LOTS OF INFO, PHOTOS & ILLUSTRATIONS ON TRAINING & TECHNIQUE

- DECATHLON & PENTATHLON (Women's) by Nichol $6.50
- HIGH JUMP by Dick $7.00
- HURDLES by La Manier $4.00
- JAVELIN by Polash $4.50
- LONG JUMP by Ray $5.00
- MEDIC DISTANCE, LONG DISTANCE, MARCH & STRENGTH by Watts and Wilson $5.50
- POLE VAULT by Dr. Neuff $4.00
- RACE WALKING by Hopkins $5.00
- SHOT PUTTING by Johnson $4.00
- SHORTCUTS & RELAY RACING by Marlow $6.00
- STRENGTH TRAINING FOR ATHLETICS by Dick, Johnson and Polash $6.00
- JAVELIN & JUMPING" by Nichol $6.00
- Plus $.75 per item for mailing. Make checks payable to WINDSLEY HOUSE.

NAME

CITY, STATE, ZIP

ADDRESS

*** WINDSLEY HOUSE, 30 100, BROOK HILLS, CA 91244 ***

INTERNATIONAL VETERANS

25k, BRIDGE, BELGIUM

JULY 1, 1984

W55
- Trienter Meille BRD 1:38:13
- Malte Van Remmerden B 1:38:02
- Pierre Kots B 1:39:36
- Roger Robinson NZ 1:39:24
- James O'Brien GB 1:42:03
- Edmond Van Ranst B 1:42:26
- Pieter Van Alphen NL 1:43:14
- Jan Vanhelleke F 1:43:00
- John-Derek Wood GB 1:43:34
- Andy Ferguson GB 1:43:34
- Ron Franklin GB 1:43:49
- Willy Vandamme B 1:43:46

M55
- Kees Huyvenbosch NED 1:37:06
- John Jenkins GB 1:40:42
- Reh Peters B 1:41:38
- Bert Leuke BRD 1:41:30
- Otto Ludwigsen BRD 2:00:59
- O Doppsmol B 2:02:36
- Chris Franckens F 1:39:51
- Andy Tye F 1:40:43
- Alfred Catter B 1:44:39
- Carol Bornigels GB 1:46:22
- Linda Delvaux F 1:46:39
- Marg Auerbach GB 1:46:31
- ELS Steenjen NL 1:46:06
- Joiee Aylott GB 1:46:02
- Joliette Ruzic F 1:46:20
- Carol Bornigels GB 1:46:22
- Linda Delvaux F 1:46:39
- Marg Auerbach GB 1:46:31
- ELS Steenjen NL 1:46:06
- Joiee Aylott GB 1:46:02
- Joliette Ruzic F 1:46:20
- Carol Bornigels GB 1:46:22
- Linda Delvaux F 1:46:39
- Marg Auerbach GB 1:46:31

W60
- Karen Verdonck B 1:45:38
- Maryke Abramsen NL 1:44:02
- Joliette Ruzic F 1:44:05
- Betty Norrish GB 2:03:05
- Lola Smal GB 1:52:38
- Betty Normil GB 2:13:03
- Wilma Smal GB 2:19:21
- Alice Bland GB 1:42:02
- Joyce Wild GB 2:03:35
- Betty Norrish GB 2:03:05
- Lola Smal GB 1:52:38
- Betty Normil GB 2:13:03
- Wilma Smal GB 2:19:21
- Alice Bland GB 1:42:02
- Joyce Wild GB 2:03:35

M60
- Alfred Chafert F 2:44:39
- Remi Boterberg B 1:41:38
- Bertilia Villalobos MEX 2:02:36
- Richard Frank RUS 2:02:36
- Betty Norrish GB 2:03:05
- Lola Smal GB 1:52:38
- Betty Normil GB 2:13:03
- Wilma Smal GB 2:19:21
- Alice Bland GB 1:42:02
- Joyce Wild GB 2:03:35
- Betty Norrish GB 2:03:05
- Lola Smal GB 1:52:38
- Betty Normil GB 2:13:03
- Wilma Smal GB 2:19:21
- Alice Bland GB 1:42:02
- Joyce Wild GB 2:03:35

INTERNATIONAL NEWS

WAWA Women's delegate Bridget Cushen reports that 3400 are expected for the IV European Veterans T&F Championships this month in Brighton, England. Twenty-two nations have entered; the only absentees are Malta and Iceland. However, the Organizers have been unable to find a sponsor and are currently trying to get small handouts, program donations, etc.

Reprinted from the Victorian Veterans Athletic Club Newsletter, where it appeared under the title "In Shouldn't Happen To a Vet", by Mike Howie. "Recently I have been asked why I haven't been seen running around the streets with the gorgeous blonde W45 divorcée who was my regular training partner. Well, let me ask you a question: How would you like training everyday with someone who jogs along at a painful snail's pace, cuts in front of you at every corner tripping you up, spits and sneers without first checking the direction of the wind, whines and whines about all sorts of imagined injuries and illnesses, never stops talking for a second, mainly about an incredibly vigorous sex life, if not about an unbelievable untapped potential for running excellence? You wouldn't like it very much, would you? Neither did she."

PEG Smith of the Victorian Veterans Athletic Club invites Masters planning to visit Australia to get in touch for accommodations and some runs. The WVAC has over 1000 members in the Melbourne area, who conduct weekly low-key competitions as well as championships throughout the year. WVAC address: 13 Yando Street, Greensborough, 3088, Australia. Phone: 435-6743.

100 Degrees

For MAC Meet

by BOB FINE

The 13th Annual Metropolitan Athletic Congress' Masters Track and Field Meet was held on June 10th at the Merchant Marine Academy at Kings Point, New York.

It was the hottest day of the year with the temperature on the artificial track over 100 degrees. Despite the heat, there were many outstanding performances.

In the running events, Dennis Dyce, who just turned forty, ran 51.6 for the 400 meters. His New York Pioneer teammate, Ed Small, won the M45 200 in 23.4 and the 400 in 53.5. Glen Shann, M40, NY Pioneers, and Cliff Pauling, M45, Central Park, had a close duel in the 800 with Glen winning by 4:10 of a second in 2:06.6.

In the field events, Larry Judd, M45, of the NY Masters, won six of the field events. His teammates, Pay Carstens, M50, and Martin Kimich, M50, each won two field events.

Carole Leaf, W40, won three field events, including a 94.9 javelin throw.

The New York Masters Sports Club dominated the team scoring, winning all of the Division awards and the overall point award.
## FINAL 1983 MASTERS 10 MILE RANKINGS

Compiled by the National Running Data Center

### 10 kilometers

<table>
<thead>
<tr>
<th>Time</th>
<th>Name</th>
<th>Age</th>
<th>City, State</th>
<th>Date, Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>37:17</td>
<td>Geoff Bardsley</td>
<td>55</td>
<td>Weston, MA</td>
<td>18 Sep, NY-A</td>
</tr>
<tr>
<td>37:04</td>
<td>Bob Bartling</td>
<td>56</td>
<td>Brookings, SD</td>
<td>23 Oct, SD-A</td>
</tr>
<tr>
<td>36:46</td>
<td>James Glidewell</td>
<td>55</td>
<td>Fairborn, OH</td>
<td>19 Feb, DC-A</td>
</tr>
<tr>
<td>36:39</td>
<td>Mike Kast</td>
<td>55</td>
<td>Fort Wayne, IN</td>
<td>23 Oct, IN-A</td>
</tr>
<tr>
<td>36:19</td>
<td>Gordon McKenzie</td>
<td>55</td>
<td>Great Neck, NY</td>
<td>7 May, VA-A</td>
</tr>
<tr>
<td>35:51</td>
<td>Orlo Kenniston</td>
<td>56</td>
<td>Seattle, WA</td>
<td>14 May, WA-A</td>
</tr>
<tr>
<td>35:37</td>
<td>Ross Smith</td>
<td>55</td>
<td>Reno, NV</td>
<td>11 Sep, CA-B</td>
</tr>
<tr>
<td>33:42</td>
<td>Lloyd Slocum</td>
<td>50</td>
<td>Greenland, NH</td>
<td>10 Apr, MA-A</td>
</tr>
<tr>
<td>33:48</td>
<td>Ulrich Kaempf</td>
<td>52</td>
<td>Los Altos, CA</td>
<td>1 May, CA-A</td>
</tr>
<tr>
<td>34:44</td>
<td>Arnie Green</td>
<td>51</td>
<td>Westport, CT</td>
<td>2 Apr, NY-A</td>
</tr>
</tbody>
</table>

### 10 kilometers Men- 50 thru 54

<table>
<thead>
<tr>
<th>Time</th>
<th>Name</th>
<th>Age</th>
<th>City, State</th>
<th>Date, Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>31:51</td>
<td>Ray Hatton</td>
<td>51</td>
<td>Bend, OR</td>
<td>7 May, CA-A</td>
</tr>
<tr>
<td>30:09</td>
<td>Norman Green</td>
<td>50</td>
<td>Wayne, PA</td>
<td>6 Mar, PA-A</td>
</tr>
<tr>
<td>30:03</td>
<td>Bill Paulk</td>
<td>50</td>
<td>W Lebanon, NH</td>
<td>7 May, NH-N</td>
</tr>
<tr>
<td>31:19</td>
<td>Peter McKelroy</td>
<td>54</td>
<td>Anchorage, WA</td>
<td>27 Mar, LA-A</td>
</tr>
<tr>
<td>31:42</td>
<td>Lloyd Siuocum</td>
<td>50</td>
<td>Greenwood, NJ</td>
<td>10 Apr, MA-A</td>
</tr>
<tr>
<td>31:48</td>
<td>Urii Kempf</td>
<td>62</td>
<td>Los Alcos, CA</td>
<td>1 May, MA-A</td>
</tr>
<tr>
<td>31:30</td>
<td>Tom Dandridge</td>
<td>51</td>
<td>Centerville, DC</td>
<td>12 Jun, MD-A</td>
</tr>
<tr>
<td>34:53</td>
<td>Henry Kopyczy</td>
<td>50</td>
<td>Miami, FL</td>
<td>15 Jan, FL-A</td>
</tr>
<tr>
<td>34:51</td>
<td>Amid Green</td>
<td>51</td>
<td>Scottsdale, AZ</td>
<td>3 Jan, AZ-A</td>
</tr>
<tr>
<td>34:53</td>
<td>Sam Turnball</td>
<td>50</td>
<td>Jackson, MS</td>
<td>19 Nov, MI-A</td>
</tr>
</tbody>
</table>

### 10 kilometers Men- 55 thru 59

<table>
<thead>
<tr>
<th>Time</th>
<th>Name</th>
<th>Age</th>
<th>City, State</th>
<th>Date, Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>34:38</td>
<td>Alex Retello</td>
<td>58</td>
<td>Edina, MN</td>
<td>5 Sep, MN-N</td>
</tr>
<tr>
<td>35:48</td>
<td>Jim O'Neill</td>
<td>53</td>
<td>San Diego, CA</td>
<td>6 Oct, CA-B</td>
</tr>
<tr>
<td>35:37</td>
<td>Ross Smith</td>
<td>55</td>
<td>Reno, NV</td>
<td>11 Sep, CA-B</td>
</tr>
<tr>
<td>35:39</td>
<td>Glenn Coleman</td>
<td>50</td>
<td>Alexandria, VA</td>
<td>24 Feb, NY-A</td>
</tr>
<tr>
<td>36:08</td>
<td>Howard Rubin</td>
<td>55</td>
<td>New Hartford, NY</td>
<td>12 Jun, NY-A</td>
</tr>
<tr>
<td>36:19</td>
<td>Gordon McKenzie</td>
<td>55</td>
<td>Great Neck, VA</td>
<td>7 May, VA-A</td>
</tr>
<tr>
<td>34:53</td>
<td>Mike Kast</td>
<td>55</td>
<td>Eastmore, TN</td>
<td>21 Oct, OH-A</td>
</tr>
<tr>
<td>36:46</td>
<td>James Glidewell</td>
<td>55</td>
<td>Brookings, ND</td>
<td>23 Oct, SD-A</td>
</tr>
<tr>
<td>37:17</td>
<td>Geoff Barcelin</td>
<td>55</td>
<td>Weston, UT</td>
<td>18 Sep, NY-A</td>
</tr>
</tbody>
</table>

### 10 kilometers Men- 60 thru 64

<table>
<thead>
<tr>
<th>Time</th>
<th>Name</th>
<th>Age</th>
<th>City, State</th>
<th>Date, Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>36:47</td>
<td>Hubert Morgan</td>
<td>60</td>
<td>Sayre, PA</td>
<td>4 Dec, PA-A</td>
</tr>
<tr>
<td>36:53</td>
<td>Harry Morrison</td>
<td>60</td>
<td>Parkville, NO</td>
<td>30 Oct, MO-A</td>
</tr>
<tr>
<td>36:25</td>
<td>Don Mackenzie</td>
<td>55</td>
<td>Bellport, NY</td>
<td>25 Jun, NY-N</td>
</tr>
<tr>
<td>35:43</td>
<td>Glenn Coleman</td>
<td>50</td>
<td>Alexandria, VA</td>
<td>13 Mar, NY-A</td>
</tr>
<tr>
<td>36:43</td>
<td>Thomas Gibson</td>
<td>55</td>
<td>Belmore, IL</td>
<td>20 Feb, NY-B</td>
</tr>
<tr>
<td>36:57</td>
<td>Warren Ulas</td>
<td>62</td>
<td>Park Forest, IL</td>
<td>30 Apr, IL-A</td>
</tr>
<tr>
<td>37:10</td>
<td>Jim McCown</td>
<td>51</td>
<td>San Diego, CA</td>
<td>12 Jun, CA-B</td>
</tr>
<tr>
<td>39:13</td>
<td>Francis Kelley</td>
<td>60</td>
<td>Oakton, VA</td>
<td>1 Jan, DC-A</td>
</tr>
<tr>
<td>39:29</td>
<td>Art Holtzman</td>
<td>50</td>
<td>San Diego, CA</td>
<td>7 May, CA-A</td>
</tr>
<tr>
<td>39:26</td>
<td>George Sheahan</td>
<td>44</td>
<td>Red Bank, NJ</td>
<td>13 Aug, NJ-A</td>
</tr>
</tbody>
</table>

### 10 kilometers Women- 40 thru 44

<table>
<thead>
<tr>
<th>Time</th>
<th>Name</th>
<th>Age</th>
<th>City, State</th>
<th>Date, Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>39:04</td>
<td>Sandra Kiddy</td>
<td>40</td>
<td>New York, NY</td>
<td>25 Sep, NY-N</td>
</tr>
<tr>
<td>38:34</td>
<td>Cindy Dalgity</td>
<td>41</td>
<td>New York, NY</td>
<td>10 May, NY-N</td>
</tr>
<tr>
<td>37:56</td>
<td>Flippy Watson</td>
<td>43</td>
<td>Riverside, CA</td>
<td>17 Oct, CA-A</td>
</tr>
<tr>
<td>36:57</td>
<td>Elaine Kirchen</td>
<td>40</td>
<td>New York, NY</td>
<td>18 Sep, NY-N</td>
</tr>
<tr>
<td>37:15</td>
<td>Rudy Stockburn</td>
<td>40</td>
<td>Santa Barbara, CA</td>
<td>19 Oct, CA-A</td>
</tr>
<tr>
<td>37:46a</td>
<td>Bette Potters</td>
<td>40</td>
<td>Littleton, CO</td>
<td>30 Apr, CO-A</td>
</tr>
<tr>
<td>37:24</td>
<td>Joyce Cote</td>
<td>50</td>
<td>San Bernardino, CA</td>
<td>15 Dec, CA-A</td>
</tr>
<tr>
<td>37:12</td>
<td>Linda Tarlton</td>
<td>41</td>
<td>Somerville, NJ</td>
<td>5 Mar, SI-A</td>
</tr>
<tr>
<td>37:19</td>
<td>Nina Hayward</td>
<td>42</td>
<td>Vicksburg, VA</td>
<td>7 May, CA-A</td>
</tr>
<tr>
<td>38:09</td>
<td>Patty Lee Parables</td>
<td>43</td>
<td>New York, NY</td>
<td>20 Feb, NY-N</td>
</tr>
<tr>
<td>38:06a</td>
<td>Iris Black</td>
<td>40</td>
<td>Spring Valley, OH</td>
<td>4 Jul, CA-A</td>
</tr>
</tbody>
</table>

### 10 kilometers Women- 45 thru 49

<table>
<thead>
<tr>
<th>Time</th>
<th>Name</th>
<th>Age</th>
<th>City, State</th>
<th>Date, Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>37:49</td>
<td>Vicki Bigelow</td>
<td>48</td>
<td>San Lorenzo, CA</td>
<td>9 Oct, CA-A</td>
</tr>
<tr>
<td>37:36</td>
<td>Mini Lerner</td>
<td>40</td>
<td>St James, NY</td>
<td>10 Oct, MA-A</td>
</tr>
<tr>
<td>37:54</td>
<td>Marilyn Martin</td>
<td>55</td>
<td>Springfields, MA</td>
<td>27 Feb, CA-A</td>
</tr>
<tr>
<td>39:04</td>
<td>Sandra Kiddy</td>
<td>46</td>
<td>Palm Springs, CA</td>
<td>16 Jan, CA-A</td>
</tr>
<tr>
<td>39:07</td>
<td>John Reaves</td>
<td>45</td>
<td>Sacramento, CA</td>
<td>27 Feb, CA-A</td>
</tr>
<tr>
<td>39:19</td>
<td>Holly Pechkin</td>
<td>47</td>
<td>Salem, VA</td>
<td>7 Jan, VA-A</td>
</tr>
<tr>
<td>39:20</td>
<td>Mary Ann Wohrton</td>
<td>45</td>
<td>Memphis, TN</td>
<td>19 Mar, AL-A</td>
</tr>
<tr>
<td>39:21</td>
<td>Christine Carter</td>
<td>46</td>
<td>Santa Monica, CA</td>
<td>13 Dec, CA-A</td>
</tr>
<tr>
<td>39:44</td>
<td>Gloria Jenkins</td>
<td>47</td>
<td>Mt Holly, NJ</td>
<td>13 Aug, NJ-A</td>
</tr>
<tr>
<td>39:47</td>
<td>Dorello Albertine</td>
<td>46</td>
<td>Maryville, MO</td>
<td>30 Oct, MO-A</td>
</tr>
</tbody>
</table>

### 10 kilometers Women- 50 thru 54

<table>
<thead>
<tr>
<th>Time</th>
<th>Name</th>
<th>Age</th>
<th>City, State</th>
<th>Date, Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>38:03</td>
<td>Arline Evans</td>
<td>55</td>
<td>Nashua, VT</td>
<td>23 Oct, CA-A</td>
</tr>
<tr>
<td>38:01</td>
<td>Marlin Irvine</td>
<td>54</td>
<td>San Rafael, CA</td>
<td>23 Oct, CA-A</td>
</tr>
<tr>
<td>39:11</td>
<td>Mila Kanes</td>
<td>52</td>
<td>Marengo, WA</td>
<td>26 May, NY-N</td>
</tr>
<tr>
<td>39:12</td>
<td>Dorothy Stock</td>
<td>70</td>
<td>La Mesa, CA</td>
<td>7 May, CA-A</td>
</tr>
<tr>
<td>38:08</td>
<td>Margaret Dvorak</td>
<td>50</td>
<td>Anchorage, WV</td>
<td>10 Dec, CA-A</td>
</tr>
<tr>
<td>40:44</td>
<td>Toshiko O'dell</td>
<td>53</td>
<td>Ridgewood, NJ</td>
<td>28 May, NY-N</td>
</tr>
<tr>
<td>41:14</td>
<td>Barbara Rossin</td>
<td>50</td>
<td>Sante Fe, NM</td>
<td>10 Oct, MA-A</td>
</tr>
<tr>
<td>41:09</td>
<td>Mary Stockman</td>
<td>50</td>
<td>Los Angeles, CA</td>
<td>12 Mar, CA-A</td>
</tr>
<tr>
<td>41:43</td>
<td>Anne Johnson</td>
<td>54</td>
<td>Olivenhain, CA</td>
<td>13 Nov, NJ-N</td>
</tr>
<tr>
<td>41:26</td>
<td>Bette Parsons</td>
<td>50</td>
<td>Dorset, VT</td>
<td>28 May, NY-N</td>
</tr>
</tbody>
</table>

### 10 kilometers Women- 55 thru 59

<table>
<thead>
<tr>
<th>Time</th>
<th>Name</th>
<th>Age</th>
<th>City, State</th>
<th>Date, Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>41:17</td>
<td>Pauline McRae</td>
<td>55</td>
<td>San Diego, CA</td>
<td>15 Dec, CA-A</td>
</tr>
<tr>
<td>41:28</td>
<td>Phyllis Heathen</td>
<td>50</td>
<td>Dorset, VT</td>
<td>28 May, NY-N</td>
</tr>
</tbody>
</table>
### WEIGHT PENTATHLON AGE RECORDS 1983

By PHIL PARTRIDGE

Below are listed 1983 Weight Pentathlon Age Records. Some near misses are recorded, and also all Weight Pentathlon scores of 3000 points or more made during 1983.

This is to give recognition to some of the newcomers and especially the 31 throwers from overseas who competed in the World Meet at Delray Beach, Florida.

Three new Weight Pentathlons were added during 1983. One of the greatest is being discontinued.

Those who participated will always remember the wonderful hospitality of the Latvian Track Club on the grounds of Arvids Zakis, at Stouffville, Ontario, the superb officiating and assorted goodies that marked these events.

These Age Records are compiled by Age Factor Scoring with assists from Fay Carstensen, Bob Stone and others.

Women's Age Records will be published at a future date.

#### WEIGHT PENTATHLON AGE RECORDS -- 1983

<table>
<thead>
<tr>
<th>Distance</th>
<th>Women</th>
<th>Age Range</th>
<th>Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>10 kilometers</td>
<td>55 thru 59</td>
<td>41:34</td>
<td>Helen Dick 59 Los Angeles CA 4 Dec, CA-B</td>
</tr>
<tr>
<td></td>
<td></td>
<td>41:32</td>
<td>Margaret Miller 55 Thousand Oaks CA 16 Jul, CA-A</td>
</tr>
<tr>
<td></td>
<td></td>
<td>41:39</td>
<td>Anne Johnson 58 Riverside CA 16 Jan, CA-A</td>
</tr>
<tr>
<td></td>
<td></td>
<td>41:43</td>
<td>Mary Storey 59 Pittsburgh MA 10 Oct, MA-B</td>
</tr>
<tr>
<td></td>
<td></td>
<td>41:32</td>
<td>Betty Halen 55 Salem MA 10 Oct, MA-A</td>
</tr>
<tr>
<td></td>
<td></td>
<td>41:33</td>
<td>Billie Murphy 56 Tacoma WA 14 May, WA-A</td>
</tr>
<tr>
<td></td>
<td></td>
<td>45:32</td>
<td>Alice Turowski 55 Portland OR 6 Nov, OR-A</td>
</tr>
<tr>
<td></td>
<td></td>
<td>46:32</td>
<td>Ann Trig 59 St Petersburg FL 24 Nov, FL-A</td>
</tr>
<tr>
<td></td>
<td></td>
<td>46:32</td>
<td>Carol CARTwright 55 Redondo CA 4 Dec, CA-B</td>
</tr>
<tr>
<td></td>
<td></td>
<td>46:51</td>
<td>Adela Milicic 56 Scottsdale AZ 30 Jan, AZ-A</td>
</tr>
</tbody>
</table>

| 10 kilometers | Women | 50 thru 64 | 45:01a | Jaclyn Caselli 61 San Jose CA 27 Feb, CA-A |
|              |       | 48:27 | Gerry Davidson 62 Fallbrook CA 27 Mar, CA-A |
|              |       | 49:18 | Lois Edds 63 Tustin CA 26 Nov, CA-A |
|              |       | 49:43 | Rose Kurpiel 63 Adams MA 10 Apr, MA-A |
|              |       | 50:22 | Jean Price 60 Rockford IL 10 May, IL-A |
|              |       | 50:33 | Billi Running 61 Hill Valley CA 30 May, CA-A |
|              |       | 50:34 | Edina Laffin 64 Sun City West AZ 30 Jan, AZ-A |
|              |       | 50:38 | Althea Mosher 64 Huntington NY 28 May, NY-A |
|              |       | 50:43 | Rita Tomassini 62 Avondale Ests GA 3 Apr, GA-A |

#### 10 kilometers Women -- 65 thru 69

<table>
<thead>
<tr>
<th>Score</th>
<th>Woman</th>
<th>Age</th>
<th>City</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>50:10</td>
<td>Eunice Feather 65 turbulent FL 26 Apr, FL-A</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>50:04</td>
<td>Mary Laflin 65 Pensacola FL 19 Mar, FL-A</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>50:04</td>
<td>Evelyn Klonig 65 Kentfield CA 30 Mar, NY-A</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>50:31</td>
<td>Judy Simon 65 Hinsdale IL 10 Apr, IL-B</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>54:25</td>
<td>Algie Williams 65 Woodside CA 6 Jun, CA-B</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>54:49</td>
<td>Wifred Gore 66 San Diego CA 6 Jun, CA-A</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>55:36a</td>
<td>Pearl Heh 65 Boulder CO 6 Oct, CO-A</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>57:31</td>
<td>Adeline Baptista 66 Malver MA 10 Oct, MA-A</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>59:02</td>
<td>Ada Thompson 66 San Francisco CA 21 Aug, CA-A</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>59:22</td>
<td>Ann Snyder 66 Sun City AZ 30 Jan, AZ-A</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

#### 10 kilometers Women -- 70 thru 74

<table>
<thead>
<tr>
<th>Score</th>
<th>Woman</th>
<th>Age</th>
<th>City</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>1:01:11</td>
<td>Bess James 73 San Jacinto CA 27 Mar, CA-A</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1:01:31</td>
<td>Feliciae Salser 73 San Diego CA 27 Mar, CA-A</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1:06:21</td>
<td>Fenya Crown 70 Beverly Hills CA 24 Dec, CA-B</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1:06:35</td>
<td>Kathiell Parcell 73 Kansas City MO 1 May, MO-A</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1:06:50</td>
<td>LuAnne Parsons 70 Long Beach CA 4 Dec, CA-A</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1:09:58</td>
<td>Clementine Thomson 71 San Diego CA 10 Dec, CA-A</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1:10:44i</td>
<td>Esther Smith 70 North Reading MA 10 Oct, MA-A</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1:11:38</td>
<td>Lois Schieffelin 72 Sun City AZ 10 Dec, CA-A</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1:15:12</td>
<td>Dorothy Pourette 73 Sun City AZ 10 Dec, CA-A</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1:19:01</td>
<td>Trudi Spencer 73 Sun City AZ 10 Dec, CA-A</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

These marks represent the FINAL rankings for 1983 performances for 10 kilometers on the road. Results from 215 races reporting more than 200,000 finishers were examined in compiling these rankings.

#### Over The Hill TC Wins Cleveland Classic

Continued from Page 4

ties the American M60 record held by John Alexander.

George Horton, the 30-year-old from Hamilton, Ontario, was named the MVP in the 50-division for setting three Canadian National records; George won the 100 in 11.60, the 200 in 23.92, and the 400 55.11, besting a tough field that included Matt Brown, Rudy Enders, and Ed Sutton. Horton’s teammate, Scott Tyler, was named MVP in the 40-49 division, winning the 100 (11.1), the 110 hurdles (15.45) and the long jump (20.4), the latter two meet records.

The 30-39 MVP award was shared by Dolan Street and Joe Knap. Street won the 100 and 110 hurdles and ran on 2 winning relay teams, while Knap won the 1, 2, & 3 mile runs. The Fitness TC set records in the 400R (42.68) and 800R (1:31.95), while Fitness runners Clarence Ray and Steve Foster won the 100 and 400 dashes respectively. Carl Burgess, 41, of the Clifton TC, set 2 meet records, winning the high jump (5-10 1/2) and triple jump (40’4”), and just missed winning the long jump (20-3/4).
**NEW ENGLAND**

- While Barbara Pike, 42, Concord, MA, provided the competition in the women's race (60 finishers) with her 2nd place (1:19:18), the M40-49 women were setting each other for the 10-year division crowns in the Keeler Family Memorial Day 5K. Concord, NH, May 27. Dick Armstrong, 40, Keene, NH, was 28th (1:17:56) and one second ahead of Tom Barber, 46, also from Keene, for the M40-49 win. Robert Paul, 56, Manchester, NH, defeated John Parker, 52, Hampton Falls, NH, 19:56 to 20:57, for the M50-59 victory. Edmund Stewart, 62, Exeter, NH, was the fastest M60-69 (23:12) by 8 seconds over Alton Bradley, 69, Dover, NH.

- Lynnette Walker, running in her home town, was 1st Masters and 4th overall (56 finishers) in the 5th Annual ORT Women's 5 Mile, Simsbury, CT, June 3, in 33:26.

- Ted Haiman, 41, competing for Winid's Runners, finished 3rd (700-1- man finishers) in the Fathers Day Four Miler, Central Park, NYC, June 17, with 20:27, only 29 seconds behind the open winner, Ken Herli, 41, another Winid Runner, was 2nd M40-49 (22:12) and 21st. The third M40-49, Harry Cunningham, 41, Manhattan, was 22nd (22:21), and the 40, Brian Morrissey, 43, Brooklyn, was 25th (22:36). Top W40-49 finisher in the Olympic Trials (2:46:16), Elaine Kirchen, 41, of the Warren Street club, finished 10th of 30 females in a tough field with a W40-49 best of 24:45. Maddy Hammering, 39, of the NY-based Atlanta club, sped to 3rd place time of 23:35.


- Cindy Dalmyn, 42, Arlington, VA, made it 75 straight 40+ wins with a 37:26, over a hill, Georgetown course, in the NY-based Atlanta club, topped to 5th place in time of 33:23.

- While Barbara Pike, 42, Concord, MA, provided the competition in the women's race (60 finishers) with her 2nd place (1:19:18), the M40-49 women were setting each other for the 10-year division crowns in the Keeler Family Memorial Day 5K. Concord, NH, May 27. Dick Armstrong, 40, Keene, NH, was 28th (1:17:56) and one second ahead of Tom Barber, 46, also from Keene, for the M40-49 win. Robert Paul, 56, Manchester, NH, defeated John Parker, 52, Hampton Falls, NH, 19:56 to 20:57, for the M50-59 victory. Edmund Stewart, 62, Exeter, NH, was the fastest M60-69 (23:12) by 8 seconds over Alton Bradley, 69, Dover, NH.

- Lynnette Walker, running in her home town, was 1st Masters and 4th overall (56 finishers) in the 5th Annual ORT Women's 5 Mile, Simsbury, CT, June 3, in 33:26.
Runner's George Hirsch has invented a new training method called "pick points" for long-distance runners. He believes it helps runners maintain a consistent pace without overexerting themselves.

John Puerto, M40, was 7th overall and the 1st (1:16:59) of three Masters who placed in the top 10 (172 finishers) in the 2nd Westlake Village 40K, Westlake Village, CA, June 10. Roger Patrick, M40, finished 9th (1:17:24), and John Starn, M40, 10th (1:17:41). Gaia Faust was the 1st woman overall with her W40 1:27:24 win.

John Kennedy, 40, and Steve Close, 41, both of Santa Barbara, finished 1st and 2nd overall (33:49/34:03) among the 78 runners in the Firefighters 10K, Carpenteria, CA, June 17. John Patterson, 42, Santa Barbara, sparked to 3rd while 4th-place finisher (56 finishers) was Stene.

Hugh Adams, M40, Readers, CA, ran an automatic timed 57:13 400H in an open meet at UCLA, May 20. Walt Butter, M40, had a 1:32 over 42" 110H in Bakersfield, CA, on February 11, also in an open meet.

Ed Stromberg, 41, claimed a victory over everybody in the Mt. Misery 5K, Piscataway, CA, June 2, with 15:54. Paul Rossie, 67, found the gold before the younger seekers in the M50+ category, with a winning time of 14:34. Carol Koenig won the walk in 2018, and Ingard Johnson the W50+ with 28:00. Ernie Marmont directed the Kwonis sponsored affair, held in the heart of California's historic gold country.

Haroldine McLean, 41, was the leading W40+ in the open division claiming the $5000 in prize money in the Trudgers Ladies 8K, San Pedro, CA, June 24. Waino Maddock, 50, was second Masters runner in that group (34:03).

Jan Merrill, 28, New London, CT, ended what she called a "bum" week because of her 2:39:21 on a course that is not known for fast times. Sandra Kidd, 47, was the 1st woman to 2:39:21 in the 60+ division. Helen Dick took the W50+ prize with 2:58:15. (1:28:15). Helen Dick took the W50+ prize with 2:39:21 in the 60+ division. Helen Dick took the W50+ prize with 2:58:15.


Art Meaney, 40, St. John's Newfoundland, won the 1st masters' world championship at Winnipeg, Manitoba, June 17, in a time of 2:37:50. Before the week, he ran a 3:27:52 in the World Masters 10K race in New York City. Harry Ashcraft, Vancouver, B.C., took the 50+ category (2:50:45), and Joan Sibbit, Toronto, Ont., was top female master in 3:16:08.


Art Meaney, 40, St. John's Newfoundland, won the 1st masters' world championship at Winnipeg, Manitoba, June 17, in a time of 2:37:50. Before the week, he ran a 3:27:52 in the World Masters 10K race in New York City. Harry Ashcraft, Vancouver, B.C., took the 50+ category (2:50:45), and Joan Sibbit, Toronto, Ont., was top female master in 3:16:08.

Way to train: "I pick points by length of the courses. The best hotel in the country is the O'Hare in Chicago. It has 250-meter corridors without a curve. I do a lot of speed work in hours. If I wasn't a senator or a presidential candidate, I would have had a really great season."

The Masters running community was saddened at the death of cancer from Kay Atkinson on April 24 at the age of 66. Atkinson, set a U.S. women's age 65-69 10K mark of 47:55 in 1983, and was named TAC W60 runner of the year in 1979. She was an inspiration and teacher to dozens of women beginning runners in the San Francisco area. Kay continued to race even after exploratory surgery discovered the terminal cancer in late 1982. Her final race was just 17 days before she died.

The Los Angeles International Marathon Committee spent over $750,000 to stage one of the most professional, well-run marathons ever held. Not satisfied, it sent a questionnaire to all participants, asking for suggestions on improvement. It found: 1) 58 percent of runners rated it "outstanding," 35 percent "very good" and 7 percent "good." 2) 79 percent would run again in 1985. 3) 56 percent felt L.A. should keep qualifying standards with 66 percent of those favoring a standard for men and 35 percent for women (same as Boston). 4) The five most liked features were: traffic control, 40; aid stations, 38; race organization, 34; finishing in the Coliseum (34) and the Olympic course, itself (34). 5) Liked least were parts of the course, particularly running on the Marina Freeway (27); not enough aid stations in the last half of the race (13). 6) Suggested were more aid stations (17), opening race to more people (10), not conflicting with local marathons (10), more promotion (9).
ON TAP
FOR AUGUST

The Olympic Games of the XXII Olympiad are here. For the first two weeks of the month, the eyes of 2¼ billion people will be on Los Angeles to watch over 11,000 athletes from 141 nations compete in the largest Olympic Games ever held.

TRACK AND FIELD

Five days after the closing Olympic ceremonies, the 17th Annual National Masters Championships will be held in Eugene, Oregon. Over 600 participants will compete in the biggest masters track & field event of the year in “the track capital of the world.”

Leading up to the nationals are important masters meets in Philadelphia and Cleveland on the 4th, and in Montana and Missouri on the 11th. The North American Championships take place in Chicago on the 11th.

The Pan-American Games in Ottawa and the Empire State Games in Albany are also slated for the 17th to 19th. A San Diego meet closes out the month on the 25th.

LONG DISTANCE RUNNING

Big name races this month are the Pikes Peak Marathon in Colorado, the San Francisco Marathon, America’s Finest City Half-Marathon in San Diego, and the Falmouth Road Race, all on the 19th.

The Bobby Crim 10-mile in Flint, Michigan is set for the 25th.


Greg Machen, Huntsville News

LONG DISTANCE RACING


September 23. TAC National Open and Masters 50K Championships, Washington, D.C. Dick Good, PO Box 1065, College Park, MD 20740. 301/345-2286.


October 23. River Ramble 5K/10K/50K, Columbus, Ohio. 5K & 50K entries must include TAC Open & Masters Championships entry fee. John White, 4865 Arthur Place, Columbus, OH 43220. 614/459-2847.


October 7. RRC/A National 50 Mile Championships, Chicago, IL. Noel D. Nequin, M.D., Swedish Covenant Hospital, 5145 N. California Ave., Chicago, IL 60625.

October 7. Columbus Bank One Marathon, Columbus, Ohio. Corporate Processing Dept., Columbus, OH 43271.
Continued from Previous Page


MID-AMERICA


September 6. RCCA National 25K Championships, Minneapolis, MN, Jeff Winter, 3515 Holmes, Minneapolis MN 55468.

September 29. Maupinour Fall Classic, 10K, Lawrence, KA. Tom Leigh, Maupinour, 913/843-1211.

September 30. Twin Cities Marathon, Minneapolis to St. Paul, Minn. $150,000 purse. Jack Moran, PO Box 24193, Minneapolis MN 55424.

November 18. 13th Annual St. Louis Marathon, St. Louis, MO. SASE to St. Louis TC, 6611 Clayton Rd., St. Louis, MO 63117. 314/662-511C.

SOUTHWEST


WEST

August 4. L.A. '84 Olympic 10K, Griffith Park, Los Angeles, 8 a.m. CRRC, Box 891, Tarzana, CA 91356.

August 5. SPA/TAC 10K District Championships, Griffith Park, Los Angeles. CRRC, Box 891, Tarzana CA 91356. 818/888-3526.


September 22. 32nd Annual Balboa Park 8K, 14342 Jolley Lane, Poway, CA 92064. 619/451-8108.


October 28. Modesto 10K, also RCCA California and Western Region Championships, Modesto, Calif. Total $1000 cash awards to top finishers in 7 age groups, men and women. Jeff Hightek, 229 Charterpage Way, Modesto, CA 95350. 209/257-5797.


December 9. Honolulu Marathon, Honolulu, Hawaii. David Benson, PO Box 27244, Chinatown St., Honolulu, HI 96827. 808/734-7200.

NORTHWEST

July 29-August 5. Stevens Mountain High Altitude Running Camp, Frenchglen, Oregon Box 1543, Eugene OR 97405. 503/726-2215.


September 15. Annual Prefontaine Memorial 10K, Coos Bay, Ore., 11 a.m. Pre-race Nike running clinic. Prefontaine Memorial Run, PO Box 216, Coos Bay OR 97420. 503/269-0125.


INTERNATIONAL


October 13-14. IGAL European Veterans Distance Running Championships, Berlin, Switzerland. Werner Ham, Theuerbrunnenlingweg No. 55, 8720 Schweinfurt, West Germany.


December 11-17. Running tour of the Holyland, Barry Shaw, PO Box 2143, Netanya, Israel.

SOUTHEAST

Huntsville TC 811 Edgewood Dr. Huntsville, AL 35802

Alabama TC 309 E. Shadowlawn Ave. NE, Atlanta, GA 30005

Chattanooga TC PO Box 1134 Chattanooga, TN 37401

Memphis Runners TC P.O. Box 7777 Memphis, TN 38177-0941

Chattanooga TC 331 Woeremeier Rd. Charlestonville, TN 37410

Pep City Pacers P.O. Box 14077 Mobile, AL 36616

SEATTLE

P.O. Box 19607

Tulsa TC 13905 W. 16th Ave. Tulsa, OK 74106

Space City Masters

Jeb Hartfield, 1516 Chestnut Dr. Missouri City, TX 77459

Houston Masters Sports Assn.

Joe McMurry, 4308 N.C. Expressway, S-206 Dallas, TX 75236 214/624-3090

Dallas Masters Track & Field Club

Joe McMurry, 4308 N.C. Expressway, S-206 Dallas, TX 75236 214/624-3090

Houston Masters Sports Assn. 14 Sandhills

Houston, Texas 77092

Palm City Masters

P.O. Box 342

McAllen, Texas 78501

Santa Fe Striders

P.O. Box 1011

Santa Fe, NM 87501

Oklahoma City Running Club

P.O. Box 18113

Oklahoma City, OK 73145

405/741-6071

EDITORIAL JOB OPEN AT THE NATIONAL MASTERS NEWS

The National Masters News is seeking a part time editorial assistant/editor to write and edit news stories, type and layout results, proofread, work with stringers, and handle correspondence, files and details. Journalistic experience is preferred. Knowledge of masters track & field and long distance running is a must. Pay is low, but the work is rewarding and interesting, and will provide an important service to the growth of masters athletics. Send resume to Al Sheehan, Editor, NMN, PO Box 2372, Van Nuys CA 91404.


Below is a partial list of masters track and field and running clubs arranged by regions. To have your club listed please send the necessary information to National Masters News, PO Box 2372, Van Nuys, CA 91404.
The page contains a list of results from a track and field event, including times and names of the participants. It also mentions the names of athletes in various events, with some winning and placing details. There is a mention of the National Masters News and a note to send results to the address provided.
National Masters News

August 1984

The Masters' 1978 16:07.26

The Masters' 1965.7

The Masters' Central Park TC 12:12.0

The Relay for Malheur Island (400)

The Masters' Provincial TC 12:32.2

The Masters' 1979.

The Masters' 20.

The Masters' Olympian TC 12:20.7

The Masters' 20.

The Masters' 20.

The Masters' 1979.

The Masters' 20.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.

The Masters' 1982.
193rd ANNUAL MAC MASTERS T&F CHAMPIONSHIPS KINGS POINT, N.Y. JUNE 10, 1984

100 METERS
SA EVANS, R PC 22.6
SB ROBERTSON, P PC 23.1
1A BROWN, ROBERT PC 23.4
2A BROWN, ROBERT GC 23.6
1A BERNARD, JIM GC 23.7
2B BERNARD, JIM GC 23.7
2A BERNARD, JIM GC 23.7
SA DOBKINS, ERIC NC 23.8
SB O'BRIEN, PETER NC 23.9
1A BROWN, ROBERT GC 24.1
2B MILLER, DAVID GC 24.1
1A MILLER, DAVID GC 24.1
2B MILLER, DAVID GC 24.1
1A MILLER, DAVID GC 24.1
2B MILLER, DAVID GC 24.1
1A MILLER, DAVID GC 24.1
2B MILLER, DAVID GC 24.1
<table>
<thead>
<tr>
<th>Age Group</th>
<th>Name</th>
<th>Event</th>
<th>Distance</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>30-34</td>
<td>J. B. Haggerty</td>
<td>1 Mile</td>
<td>2:22.84</td>
<td>1:11:82</td>
</tr>
<tr>
<td>40-44</td>
<td>Daniel Dellale</td>
<td>1 Mile</td>
<td>2:07:30</td>
<td>1:02:36</td>
</tr>
<tr>
<td>45-49</td>
<td>Joe Mirphy</td>
<td>Javelin</td>
<td>3:36:33</td>
<td>2:08:50</td>
</tr>
<tr>
<td>50-54</td>
<td>Wilson Munday</td>
<td>1 Mile</td>
<td>2:39:11</td>
<td>1:39:56</td>
</tr>
<tr>
<td>55-59</td>
<td>Joe Janicki</td>
<td>1 Mile</td>
<td>2:24:11</td>
<td>1:26:54</td>
</tr>
<tr>
<td>60-64</td>
<td>Ken Black</td>
<td>1 Mile</td>
<td>2:41:11</td>
<td>1:33:38</td>
</tr>
<tr>
<td>70-74</td>
<td>Russell Hamilton</td>
<td>1 Mile</td>
<td>2:54:11</td>
<td>1:46:54</td>
</tr>
<tr>
<td>75-79</td>
<td>Bob Horan</td>
<td>1 Mile</td>
<td>3:07:11</td>
<td>1:59:32</td>
</tr>
<tr>
<td>80+</td>
<td>Joe Rogers</td>
<td>1 Mile</td>
<td>3:20:11</td>
<td>2:12:10</td>
</tr>
<tr>
<td>85-89</td>
<td>Larry Scott</td>
<td>1 Mile</td>
<td>3:33:11</td>
<td>2:24:48</td>
</tr>
</tbody>
</table>

**100 METER HURDLES**

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Name</th>
<th>Event</th>
<th>Distance</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>30-34</td>
<td>John E. Collins</td>
<td>100 Meters</td>
<td>20.11</td>
<td>14.32</td>
</tr>
<tr>
<td>35-39</td>
<td>Joe Rogers</td>
<td>100 Meters</td>
<td>20.61</td>
<td>14.84</td>
</tr>
<tr>
<td>40-44</td>
<td>Larry Scott</td>
<td>100 Meters</td>
<td>21.11</td>
<td>15.36</td>
</tr>
<tr>
<td>45-49</td>
<td>Charles Whitney</td>
<td>100 Meters</td>
<td>21.61</td>
<td>15.88</td>
</tr>
<tr>
<td>50-54</td>
<td>Daniel Dellale</td>
<td>100 Meters</td>
<td>22.11</td>
<td>16.40</td>
</tr>
<tr>
<td>55-59</td>
<td>Joe Janicki</td>
<td>100 Meters</td>
<td>22.61</td>
<td>16.92</td>
</tr>
<tr>
<td>60-64</td>
<td>Russell Hamilton</td>
<td>100 Meters</td>
<td>23.11</td>
<td>17.44</td>
</tr>
<tr>
<td>65-69</td>
<td>Don Blochman</td>
<td>100 Meters</td>
<td>23.61</td>
<td>17.96</td>
</tr>
<tr>
<td>70-74</td>
<td>Joe Rogers</td>
<td>100 Meters</td>
<td>24.11</td>
<td>18.48</td>
</tr>
<tr>
<td>75-79</td>
<td>Bob Horan</td>
<td>100 Meters</td>
<td>24.61</td>
<td>19.00</td>
</tr>
<tr>
<td>80+</td>
<td>Larry Scott</td>
<td>100 Meters</td>
<td>25.11</td>
<td>19.52</td>
</tr>
</tbody>
</table>

**5000 METERS**

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Name</th>
<th>Event</th>
<th>Distance</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>30-34</td>
<td>Dan O. Alexander</td>
<td>5000 Meters</td>
<td>14:58.66</td>
<td>13:30.26</td>
</tr>
<tr>
<td>35-39</td>
<td>Larry Scott</td>
<td>5000 Meters</td>
<td>15:11.66</td>
<td>13:43.26</td>
</tr>
<tr>
<td>40-44</td>
<td>Charles Whitney</td>
<td>5000 Meters</td>
<td>15:24.66</td>
<td>13:56.26</td>
</tr>
<tr>
<td>45-49</td>
<td>Charles Whitney</td>
<td>5000 Meters</td>
<td>15:37.66</td>
<td>14:09.26</td>
</tr>
<tr>
<td>50-54</td>
<td>Daniel Dellale</td>
<td>5000 Meters</td>
<td>15:50.66</td>
<td>14:22.26</td>
</tr>
<tr>
<td>55-59</td>
<td>Joe Janicki</td>
<td>5000 Meters</td>
<td>16:03.66</td>
<td>14:35.26</td>
</tr>
<tr>
<td>60-64</td>
<td>Russell Hamilton</td>
<td>5000 Meters</td>
<td>16:16.66</td>
<td>14:48.26</td>
</tr>
<tr>
<td>65-69</td>
<td>Don Blochman</td>
<td>5000 Meters</td>
<td>16:29.66</td>
<td>15:01.26</td>
</tr>
<tr>
<td>70-74</td>
<td>Joe Rogers</td>
<td>5000 Meters</td>
<td>16:42.66</td>
<td>15:14.26</td>
</tr>
<tr>
<td>75-79</td>
<td>Bob Horan</td>
<td>5000 Meters</td>
<td>16:55.66</td>
<td>15:27.26</td>
</tr>
<tr>
<td>80+</td>
<td>Larry Scott</td>
<td>5000 Meters</td>
<td>17:08.66</td>
<td>15:40.26</td>
</tr>
</tbody>
</table>
**MILE RACE**  

<table>
<thead>
<tr>
<th>4th Place</th>
<th>2:44.64</th>
</tr>
</thead>
<tbody>
<tr>
<td>5th Place</td>
<td>2:49.82</td>
</tr>
<tr>
<td>6th Place</td>
<td>2:55.10</td>
</tr>
<tr>
<td>7th Place</td>
<td>2:59.38</td>
</tr>
<tr>
<td>8th Place</td>
<td>3:03.66</td>
</tr>
</tbody>
</table>

**HIGH JUMP**  

<table>
<thead>
<tr>
<th>1st Place</th>
<th>2.45 (7'11&quot;)</th>
</tr>
</thead>
<tbody>
<tr>
<td>2nd Place</td>
<td>2.40 (7'10&quot;)</td>
</tr>
<tr>
<td>3rd Place</td>
<td>2.35 (7'8&quot;)</td>
</tr>
<tr>
<td>4th Place</td>
<td>2.30 (7'6&quot;)</td>
</tr>
<tr>
<td>5th Place</td>
<td>2.25 (7'4&quot;)</td>
</tr>
<tr>
<td>6th Place</td>
<td>2.20 (7'2&quot;)</td>
</tr>
</tbody>
</table>

**DISCUS**  

<table>
<thead>
<tr>
<th>1st Place</th>
<th>185' (56.4m)</th>
</tr>
</thead>
<tbody>
<tr>
<td>2nd Place</td>
<td>180' (55.4m)</td>
</tr>
<tr>
<td>3rd Place</td>
<td>175' (53.3m)</td>
</tr>
<tr>
<td>4th Place</td>
<td>170' (51.8m)</td>
</tr>
<tr>
<td>5th Place</td>
<td>165' (50.3m)</td>
</tr>
<tr>
<td>6th Place</td>
<td>160' (48.8m)</td>
</tr>
</tbody>
</table>

**HURDLES**  

<table>
<thead>
<tr>
<th>1st Place</th>
<th>13.72 (4.18m)</th>
</tr>
</thead>
<tbody>
<tr>
<td>2nd Place</td>
<td>13.83 (4.23m)</td>
</tr>
<tr>
<td>3rd Place</td>
<td>13.94 (4.29m)</td>
</tr>
<tr>
<td>4th Place</td>
<td>14.05 (4.39m)</td>
</tr>
<tr>
<td>5th Place</td>
<td>14.16 (4.44m)</td>
</tr>
<tr>
<td>6th Place</td>
<td>14.27 (4.54m)</td>
</tr>
</tbody>
</table>
Winners

TAC EASTERN REGIONAL MASTERS MEET
All Generalomen University
300-meter Intermediate Hurdles
1. Eugene Williams, Masters, 70.2, NJ Masters, PVST; 2. Will Lose, Masters, 74.6, NJ Masters, PVST; 3. Bill Lose, Masters, 75.2, NJ Masters, PVST.

800-meter Intermediate Hurdles

1000 Meters

400-meter Stake


50-54

60-64

30-34
1. Jeff Pearson, Masters, 1:00, FL Masters; 2. Jim McEachern, Masters, 1:02, FL Hurdles; 3. Bill Lose, Masters, 1:04, NJ Masters, PVST.

50-54

60-64


50-54

60-64

30-34
1. Jeff Pearson, Masters, 1:00, FL Masters; 2. Jim McEachern, Masters, 1:02, FL Hurdles; 3. Bill Lose, Masters, 1:04, NJ Masters, PVST.

50-54

60-64


50-54

60-64

30-34
1. Jeff Pearson, Masters, 1:00, FL Masters; 2. Jim McEachern, Masters, 1:02, FL Hurdles; 3. Bill Lose, Masters, 1:04, NJ Masters, PVST.

50-54

60-64

100 METERS


200 Meters


400 Meters


800 Meters


1500 Meters

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Event</th>
<th>Competitor</th>
<th>Distance</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>30-34</td>
<td>800 M</td>
<td>Mike Bayer</td>
<td>2:08:12</td>
<td>1:58.2</td>
</tr>
<tr>
<td>35-39</td>
<td>800 M</td>
<td>Mark Nolan</td>
<td>2:09:13</td>
<td>1:58.5</td>
</tr>
<tr>
<td>40-44</td>
<td>800 M</td>
<td>Tom Smith</td>
<td>2:10:24</td>
<td>1:58.8</td>
</tr>
<tr>
<td>45-49</td>
<td>800 M</td>
<td>Bill Johnson</td>
<td>2:11:35</td>
<td>1:59.1</td>
</tr>
<tr>
<td>50-54</td>
<td>800 M</td>
<td>Mike Corbyn</td>
<td>2:12:46</td>
<td>1:59.4</td>
</tr>
</tbody>
</table>

**Additional Events**

- **800 M**
- **1500 M**
- **5000 M**
- **10,000 M**
- **Marathon**

**Competitor Information**

- **Mike Bayer**: Age 30-34, Distance: 800 M, Time: 1:58.2
- **Mark Nolan**: Age 35-39, Distance: 800 M, Time: 1:58.5
- **Tom Smith**: Age 40-44, Distance: 800 M, Time: 1:58.8
- **Bill Johnson**: Age 45-49, Distance: 800 M, Time: 1:59.1
- **Mike Corbyn**: Age 50-54, Distance: 800 M, Time: 1:59.4

**Additional Competitors**

- **Mike Smith**: Age 30-34, Distance: 1500 M, Time: 4:02.3
- **Mark Johnson**: Age 35-39, Distance: 1500 M, Time: 4:03.6
- **Tom Bryson**: Age 40-44, Distance: 1500 M, Time: 4:04.9
- **Bill Smith**: Age 45-49, Distance: 1500 M, Time: 4:06.2
- **Mike Bryant**: Age 50-54, Distance: 1500 M, Time: 4:08.5

**General Information**

- **Event Location**: Hayward Field, Eugene, Oregon
- **Date**: June 30 and July 1, 1984
- **Organizer**: Masters Sports Committee

---

**Note:** The table above provides a summary of the top performers in the 800 M event at the Hayward Field Masters Classic. For comprehensive results including all events and age groups, please refer to the official event documentation.
<table>
<thead>
<tr>
<th>Event</th>
<th>60-64</th>
<th>65-69</th>
<th>70-74</th>
<th>75-79</th>
<th>80-84</th>
<th>85-89</th>
<th>90-94</th>
<th>95-99</th>
<th>100-104</th>
<th>105-109</th>
</tr>
</thead>
</table>

Note: The table above represents the 110 meter high hurdles event results. The performance times are listed in seconds. The event is categorized by age groups from 50-54 to 90-94. Each group consists of 10 athletes. The event was held in August, 1984.
# August, 1984

## National Masters News

### 30-34

1. Cheryl Wallin

1. Marilyn Osgood-Knight 43


2. Joan Arsenault

2. Miller CDM 14.0

2. Benton LAPD 12.4

3. Tsiria SCS 12.3

3. Sunner SCS 11.7

3. Spites AA 11.1

### 40-44

1. Evelyn Hess

1. Lyn LaOrander

1. Lori Schutt

1. Marilyn Gagnon-Knight 43 6:00

2. Marilyn Gagnon-Knight 6:00

2. Dawkington SCS 12.9

2. Benton LAPD 12.4

3. Tsiria SCS 12.3

3. Sunner SCS 11.7

3. Spites AA 11.1

### 50-54

1. Cheryl Wallin

1. Marilyn Osgood-Knight 43 6:00


2. Marilyn Gagnon-Knight 43 6:00

2. Marilyn Gagnon-Knight 6:00

2. Benton LAPD 12.4

3. Tsiria SCS 12.3

3. Sunner SCS 11.7

3. Spites AA 11.1

### 60-64

1. Cheryl Wallin

1. Marilyn Osgood-Knight 43 6:00


2. Marilyn Gagnon-Knight 43 6:00

2. Marilyn Gagnon-Knight 6:00

2. Benton LAPD 12.4

3. Tsiria SCS 12.3

3. Sunner SCS 11.7

3. Spites AA 11.1

### 70-74

1. Cheryl Wallin

1. Marilyn Osgood-Knight 43 6:00


2. Marilyn Gagnon-Knight 43 6:00

2. Marilyn Gagnon-Knight 6:00

2. Benton LAPD 12.4

3. Tsiria SCS 12.3

3. Sunner SCS 11.7

3. Spites AA 11.1
SOUTHEASTERN MASTERS TRACK CLASSIC: GREENVILLE, S.C.; JULY 7, 1984

5,000 meters


National Masters News

CORNING DIET PEPSI 10K
竞争力中心，FLORIDA, JULY 7, 1986

1st Overall

Tom Tracy

2nd Overall

Karen Aydelott

3rd Overall

Sue Seifert

Dick Oouthitt

Robert Paul

Barbara Pike

John Parker

Time

62 36:44
24:32
33:05
00:51
20:07
27:07
140-49: 62 36:44

2ND PLACER: 1ST PLACE: 2ND PLACE: 3RD PLACE: 4TH PLACE: 5TH PLACE: 6TH PLACE:

2ND PLACER: 1ST PLACE: 2ND PLACE: 3RD PLACE: 4TH PLACE: 5TH PLACE: 6TH PLACE:

2ND PLACER: 1ST PLACE: 2ND PLACE: 3RD PLACE: 4TH PLACE: 5TH PLACE: 6TH PLACE:

2ND PLACER: 1ST PLACE: 2ND PLACE: 3RD PLACE: 4TH PLACE: 5TH PLACE: 6TH PLACE:

2ND PLACER: 1ST PLACE: 2ND PLACE: 3RD PLACE: 4TH PLACE: 5TH PLACE: 6TH PLACE:

2ND PLACER: 1ST PLACE: 2ND PLACE: 3RD PLACE: 4TH PLACE: 5TH PLACE: 6TH PLACE:

2ND PLACER: 1ST PLACE: 2ND PLACE: 3RD PLACE: 4TH PLACE: 5TH PLACE: 6TH PLACE:

2ND PLACER: 1ST PLACE: 2ND PLACE: 3RD PLACE: 4TH PLACE: 5TH PLACE: 6TH PLACE:

2ND PLACER: 1ST PLACE: 2ND PLACE: 3RD PLACE: 4TH PLACE: 5TH PLACE: 6TH PLACE:

2ND PLACER: 1ST PLACE: 2ND PLACE: 3RD PLACE: 4TH PLACE: 5TH PLACE: 6TH PLACE:

2ND PLACER: 1ST PLACE: 2ND PLACE: 3RD PLACE: 4TH PLACE: 5TH PLACE: 6TH PLACE:

2ND PLACER: 1ST PLACE: 2ND PLACE: 3RD PLACE: 4TH PLACE: 5TH PLACE: 6TH PLACE:

2ND PLACER: 1ST PLACE: 2ND PLACE: 3RD PLACE: 4TH PLACE: 5TH PLACE: 6TH PLACE:

2ND PLACER: 1ST PLACE: 2ND PLACE: 3RD PLACE: 4TH PLACE: 5TH PLACE: 6TH PLACE:

2ND PLACER: 1ST PLACE: 2ND PLACE: 3RD PLACE: 4TH PLACE: 5TH PLACE: 6TH PLACE:

2ND PLACER: 1ST PLACE: 2ND PLACE: 3RD PLACE: 4TH PLACE: 5TH PLACE: 6TH PLACE:

2ND PLACER: 1ST PLACE: 2ND PLACE: 3RD PLACE: 4TH PLACE: 5TH PLACE: 6TH PLACE:

2ND PLACER: 1ST PLACE: 2ND PLACE: 3RD PLACE: 4TH PLACE: 5TH PLACE: 6TH PLACE:

2ND PLACER: 1ST PLACE: 2ND PLACE: 3RD PLACE: 4TH PLACE: 5TH PLACE: 6TH PLACE:

2ND PLACER: 1ST PLACE: 2ND PLACE: 3RD PLACE: 4TH PLACE: 5TH PLACE: 6TH PLACE:

2ND PLACER: 1ST PLACE: 2ND PLACE: 3RD PLACE: 4TH PLACE: 5TH PLACE: 6TH PLACE:

2ND PLACER: 1ST PLACE: 2ND PLACE: 3RD PLACE: 4TH PLACE: 5TH PLACE: 6TH PLACE:

2ND PLACER: 1ST PLACE: 2ND PLACE: 3RD PLACE: 4TH PLACE: 5TH PLACE: 6TH PLACE:

2ND PLACER: 1ST PLACE: 2ND PLACE: 3RD PLACE: 4TH PLACE: 5TH PLACE: 6TH PLACE:

2ND PLACER: 1ST PLACE: 2ND PLACE: 3RD PLACE: 4TH PLACE: 5TH PLACE: 6TH PLACE:

2ND PLACER: 1ST PLACE: 2ND PLACE: 3RD PLACE: 4TH PLACE: 5TH PLACE: 6TH PLACE:

2ND PLACER: 1ST PLACE: 2ND PLACE: 3RD PLACE: 4TH PLACE: 5TH PLACE: 6TH PLACE:

2ND PLACER: 1ST PLACE: 2ND PLACE: 3RD PLACE: 4TH PLACE: 5TH PLACE: 6TH PLACE:

2ND PLACER: 1ST PLACE: 2ND PLACE: 3RD PLACE: 4TH PLACE: 5TH PLACE: 6TH PLACE: