HIGHLIGHTS

- Entry Forms for Regionals and Nationals
- Road Running Records
- Schedule for 4th World Games
- Wyatt Sets World High Jump Mark
- Daviison Ups Own World Long Jump Mark
- Kinsey Sets 3 U.S. Marks
- Higdon Breaks 25K Record

LATE FLASH!


Herm Wyatt, 48, set new world age 45-49 high jump mark of 6-2³/₄.

Enders Wins 5 In MSA Champs

NEW YORK, N.Y., May 11. Rudy Enders, 48, of Potomac, Maryland won five events in the 45-49 age division to highlight the 1980 Masters Sports Association Outdoor Track and Field Championships at Randall's Island today.

Enders won the 100-yard-dash in 10.7, the 220 in 24.1, 440 in 53.8, long jump in 19-4 and high hurdles in 18.98.


Also nearly breaking Hescock's age 40-44 U.S. mark was Jim Brown 40, who jumped 6-¾.

Top performances were abundant, with Red Donna 73, throwing the shot 37-10" and 35-pound weight throw 17-9. Lou Peresenyi threw the weight 18-11 in the same 70-74 class.

Matt Pruitt 34, geared up for his Western Regional battle with Hilliard Sumner in San Diego June 21, with a 49.5 win in the 400. He also took 1st in the 400 hurdles in 55.7.

Shirley Kinsey journeyed 350 miles from Southern California to highlight the women's competition. She won the javelin at 63-6" and then set two U.S. age-division records. She broke her own U.S. women's 50-54 discus mark of 81-10 with a heave of 88-6½, and took a tick off her 200 standard with a time of 31.7.

Dr. Paul Spangler of San Luis Obispo was the oldest competitor at 81, winning the 100, 200 and 800 in the 90-94 category.

Tom Cathcart was only 5.5 seconds off Ernie Billups' American 40-44 1500 mark with a 4:09.0. Nick Newton edged Bill Knowe in the 45-49 400, 52.7 to 52.8. Dave Donaldson won the 40-44 800 in 2:01.3.

Mimi Gerard won the 100, 400, 800 and 1,500 in the women's 35-39 division.

Results on page 14.

Wyatt Sets World High Jump Record

LOS GATOS, CALIFORNIA, April 19. Herm Wyatt of Los Gatos set a world age 45-49 high jump mark of 6-2¾ in the 3rd annual West Valley Masters track and field meet held at Los Gatos High School.

The 48-year-old former San Jose State high jump star broke the record of 6 feet which he shared with Rich Richardson of Decatur, Illinois. Wyatt's leap is also an American Masters (over 40) record, topping the mark Bruce Holecek of Bethany, Connecticut set in 1974 of 6-5/8 at the age of 40.

Also nearly breaking Hescock's age 40-44 U.S. mark was Jim Brown 40, who jumped 6-3/4.

Top performances were abundant, with Red Donna 73, throwing the shot 37-10" and 35-pound weight throw 17-9. Lou Peresenyi threw the weight 18-11 in the same 70-74 class.

Matt Pruitt 34, geared up for his Western Regional battle with Hilliard Sumner in San Diego June 21, with a 49.5 win in the 400. He also took 1st in the 400 hurdles in 55.7.

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Results on page 14.
LETTERS TO THE EDITOR

National Masters Newsletter, 8200 Hazelnet Ave., Van Nuys, CA 91401

MIDWEST SLIGHTED
In your March issue, there wasn’t any mention of results from the Mid­west. Everything in the paper is about California or New York. Another frustr­ation is that there aren’t any cham­pionship meets, except for the USA/ TFA cross-country in Racine, anywhere close to Milwaukee. The schedule lists 8 national championships on the west coast, 8 on the east coast, 10 regional and important meets on the coasts, with 6 for the rest of the country. One was listed for our area, the Midwest Masters meet in Highland Park, IL. It’s really frustrating not to be able to compete in these championships because we can’t travel so far.

Our area is really a “desert” and if one is interested in track, forget it. I would very much like to subscribe to the National Masters Newsletter, but I won’t until there is some coverage of the midwest.

Rick Caregata
New Berlin, Wisconsin

APRIL FOOL RETORT
Funky fairy tales and funky photo­graphs can do me no harm. On the contrary, because your photos are usually overexposed, out of focus, and poorly developed, they contribute to my greatest accomplishment as a Masters athlete—obscenity. The story of my misadventure with the hammer in an obvious distortion, filled with half­truths and fictions. First of all, I was throwing an OLD hammer, not a new one. Secondly, it did not land on my neighbor’s tum, but hit his wife in the (deleted). However, the story has paid off. Stu Thompson sent me a plugged nickel, and Clark DeVolosin enclosed a check for $2.02, although he said it wasn’t worth it. I’d like to think that he was referring to the story, not my hammer throwing. Both of them want to know if their contributions are tax deductible.

Jerry Wojcik
Germinda Hills, Calif.

ROSSIE RUIZ
 Went to Boston to watch the Marathon, what a mess. Poor Rosie Ruiz made a joke of the whole affair. I felt it fairly apparent she is a very sick young lady. What I couldn’t figure out was how the officials handled the obvious race. First saying she won, then anywhere qualifying race and then in the end disqualifying her but inviting her back next year and her saying she liked Will Cloney personally and sure as shooting encouraging every squired in the forest to try it themselves. Remember, people kill other people to get their picture in the paper. If I was Jackie Gareau I’d sue Boston, Cloney, Ennis and anyone else connected with the whole sorry tale.

Wendell Miller
Lake Forest, Illinois

WOMEN’S RANKINGS
In your May issue, in answer to Sandra Kiddy’s letter, you say that no 50 kilo rankings for women for 1979 were prepared by the NRDC. The 50k rankings for women were released by the NRDC on 15 Feb; the same time the other ultra-marathon rankings printed in your March issue were distributed. These 1979 women’s rankings were 50 deep, and range from Sandra Kiddy’s leader 10:31:40 to 10:31:49 by Carolyn Sanderson and Jaime Wong, who tied for 50th place.

Women’s rankings for the 50 mile were also included in the 15 Feb. release, although they were not included in the listings in your March issue. Women’s rankings at all of the ultra­marathon distances, as well as all other long distance events, are included in the 1980 edition of the NRDC book, “U.S. Distance Rankings.” This book includes rankings in each age group both for the year 1979 and for all-time.

Another mention of results from the NRDC on 15 Feb. was the same time the ultra-marathon rankings printed in your March issue were distributed. These 1979 women’s rankings were 50 deep, and range from Sandra Kiddy’s leader 10:31:40 to 10:31:49 by Carolyn Sanderson and Jaime Wong, who tied for 50th place.

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Bob Martin, Executive Director, National Running Data Center
Tucson, Arizona

SORRY, we goofed. The women’s 50k rankings for 1979 are:
1) Sandra Kiddy (42, Calif) 3:57:00; 2) Andrea Chiappetta (26, NY) 3:54:54; 3) Stacie Medigdon (44, NY) 3:54:07; 4) Jan Arenz (26, Minn.) 3:55:51; 5) Barbara Peterson (22, Calif) 4:01:22. The women’s 50-mile rankings are:
1) Sue-Ellen Tramp (52, Fla) 6:15:29; 2) Cindy Heimb (Cal) 6:17:00; 3) Lydi Pallot (44, Fla) 7:19:30; 4) Ruth Anderson (49, Calif) 7:23:05; 5) Sue Medigdon (44, NY) 7:41:13. “U.S. Distance Rankings” is available for $5.95 from NRDC, Box 8888, Tucson, AZ 85735.-Ed.

CORRESPONDENTS


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SUBSCRIPTION RATES: $10 for 1 year (12 issues); Canada $15; Foreign $18.

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PHILADELPHIA: Bert Lancaster c/o Middle Atlantic Athletics Congress 738 Land Title Bldg. Philadelphia, PA 19102

NORTHWEST: Bob Fine
EAST

June 4 (Wednesday): Development T&F Meet, Randall's Island, NYC, 6 p.m.
June 15: Metropolitan Masters T&F Championships, Randall's Island, NYC. Contact: Bob Fine (212) 789-6622.
June 18 (Wednesday): Development T&F Meet, Randall's Island, NYC, 6 p.m.
June 29 (Sunday): Eastern Regional Masters T&F Championships. West Hartford, Conn.
July 2 (Wednesday): Development T&F Meet, Randall's Island, NYC, 6 p.m.
July 4-6 (Friday-Sunday): USA Masters and Submasters T&F and Pentathlon Championships, Philadelphia, PA.
July 16 (Wednesday): Development T&F Meet, Randall's Island, NYC, 6 p.m.
July 20 (Wednesday): Development T&F Meet, Randall's Island, NYC, 6 p.m.
August 13 (Wednesday): Development T&F Meet, Randall's Island, NYC, 6 p.m.
August 16 (Saturday): Masters Relay Carnival. Randall's Island, New York City.
August 27 (Wednesday): Development T&F Meet, Randall's Island, NYC, 6 p.m.
September 14 (Sunday): Berkshire 10KM, Westfield, MA.
October 18 (Saturday): National 10KM Masters Road Championships NYC.
October 18 (Saturday): Skylyn Marathon, Buffalo, N.Y. Contact: (716) 881-5736.
Mid-October: National Masters 20KM Championships, Washington, D.C.
October 26 (Sunday): New York Marathon. Contact: (212) 580-6880.
November 1 (Saturday): National 10KM Walk Championships, Long Branch, N.J.
November: Canada/USA Cross Country Dual Meet. Buffalo, N.Y.

Track and field events feature competition for men and women over age 30 unless otherwise noted. Long distance events generally are open to all age groups, with the exception of national masters championships, which may be limited to men and women over age 40. Entry blanks for national and regional championships will be generally printed in the newsletter 30-60 days prior to the event.

MIDWEST

June 14 (Saturday): Indiana Masters T&F Championships, Indianapolis. Contact: Joe Neihoff (317) 241-5446.
June 21 (Saturday): Cleveland Track Classic.
June 28 (Saturday): Midwest Regional Masters T&F Championships, Northwestern University, Evanston, Illinois.
July 4 (Friday): Chicago 20KM Distance Classic. Contact: Wendell Miller.
August 24 (Sunday): Midwest Masters & Submasters Pentathlon Championship and Weight Throw. U. of Illinois at Chicago Circle, 9 a.m. Entry form in this issue.
September 11-12 (Saturday-Sunday): Midwest Masters 25KM Championships, Lake Bluff, Ill.
October 19 (Saturday): America's Marathon, Chicago, Contact: (800) 621-6940.
Late November: Canada vs. USA Cross-Country. Detroit.
December 28 (Sunday): Midwest Masters 10KM Championships, Lake Bluff, Ill.

SOUTH

June 8-10: Athletic Congress Convention, Dallas, Texas.
June 14 (Saturday): National TFA/USA Masters T&F Championships, Atlanta, Ga. Contact: Ken Krikel.
June 14 (Saturday): SMU Masters Track Meet, 6 p.m. Contact: Monte Stratton, SMU Track Office, Owney Stadium, Dallas, TX 75277.
June 21 (Saturday): Hill Country Classic Masters Track Meet, Mason, Texas. Contact: Don Abbott (512) 347-5946.
July 4 (Friday): Peachtree 10KM, Box 11782, Atlanta, Ga. 30309.

ROCKY MOUNTAIN

May 31-June 1 (Saturday-Sunday): Denver TC Decathlon, Aurora Central High School. Contact: Jim Weed (303) 341-2980.
June 7: All-Comers T&F Meets, same as above.
June 21: All-Comers T&F Meets, same as above.
June 28 & 29 (Saturday-Sunday): USA Masters Decathlon Championships, Denver, Colorado. Contact: Jim Weed.

WEST

June 21-22 (Saturday-Sunday): Western Regional Masters Championships, San Diego State University.
July 19 (Saturday): Olympic Trials, Eugene, Oregon. June 23-July 30 (Monday-Thurs): All-comers T&F meets, Los Angeles areas. Nou Foresta HS; Tues-Venice HS; Wed-Thatmasham HS; Thru-Bell HS; 7 p.m.
July 12 & 13 (Saturday & Sunday): 11th Annual Senior Olympics, University of Southern California, Los Angeles. Contact: Warren Blasey, (213) 593-5540.
August 2 & 3 (Saturday & Sunday): Northwest Senior Classic, Mt. Hood Community College, Gresham, Oregon, 6 p.m.
August 9 (Saturday): 8th Annual CDM "Don Palmer Memorial" Relays, Santa Ana College, Santa Ana, Calif. 10 a.m. Contact: Dave Jackson, (213) 638-7129.
September 7 (Sunday): Nike OTC Marathon, 99 W. 10th St., Eugene, Oregon 97401.
October 4 (Saturday): 7th Annual Santa Barbara Masters T&F Meet, Univ. of Calif. at Santa Barbara, Geleta, Calif. 1 p.m. Contact: George Adams (605) 667-6523.
October 4 (Saturday): National 100 KM Walk Championships, Longmont, Calif.

FOREIGN

June 15 (Saturday): 2nd Annual Masters & Submasters T&F Championships, Desert Hot Springs, Calif. Contact: John Young (519) 691-4662.
July 19-August 3 (Saturday): 1980 Olympics, Moscow.
August 6-10 (Wednesday-Sunday): 2nd European Veterans T&F Championships, Helsinki, Finland. Contact: Peeka Dainty, Mannerheimintie 16 A 00100 Helsinki 10, Finland.
September 30-October 1 (Saturday-Monday): Pan-American Masters Track & Field Championships, San Juan, Puerto Rico.
August 30 - September 1 (Saturday-Monday): Pan-American Masters Track & Field Championships, San Juan, Puerto Rico. Contact: Gilberto Gonzales Julia, P.O. Box 11074, Caparra Heights Station, San Juan, Puerto Rico 00922.
October 31 (Saturday-Sunday): Canadian Masters T&F Championships, Ottawa. Contact: Denny Daniels (613) 820-2131.
On Tap for June

The North American Masters Marathon Championships June 15 in Win­nipeg, Manitoba promises to be one of the top meets of the year.

June traditionally is the month of the regional masters track and field championships. Indianapolis hosts its major meet on the 14th. The TFA/USA Masters T&F Championships are held for Atlanta the same day. (Not to be confused with the Athletics Congress National Masters Championships in Philadelphia July 4 see separate story.)

The Western Regional Championships take place in San Diego June 21-22. The Midwest Regionals will be in Evanston, Illinois June 26. The Eastern Regionals are on tap for the 25th in Hartford, Conn. Entry forms for all these regional meets are in this issue of NMM.

Southern Methodist U. will host a twilight masters meet June 14 in Dallas, while Mason, Texas is the site of a meet on June 21.

Development meets continue every other Wednesday at 6 p.m. at Randall’s Island, New York. The popular Los Angeles all-comers meets begin nightly June 23 with masters competition each Wednesday.

The Cleveland Track Classic, with Masters events, is June 21. The 4th Italian Masters International Track and Field Championships will be held in Viareggio June 23-25. Foreign athletes are invited to attend. A special rate from June 15-22 is available. Contact: MITT, Via Pelleceni 11, 20148, Milano, Italy.

The Athletics Congress Convention gets underway in Dallas June 8. Dozens of complex issues regarding the future of athletics in general and masters in particular will be debated. Masters will be represented by Bob Fine.


Confusion On Championships

by Al Shulkin

Several masters have expressed confusion as to which is the 1980 National Masters Track and Field Championships, the June 14 meet in Atlanta or the July 4-6 meet in Philadelphia.

Both are billed as National Championships.

Others are confused about National Road Race Championships.

Briefly: 1980 is a transition year. About 700 masters athletes in the U.S. generally affiliated with the AAU (Amateur Athletic Union). National AAU Track & Field Championships were staged in San Diego, Gresham, Chicago, While Plains and Atlanta.

In 1979, the AAU ceased to exist as the governing body for U.S. amateur sports. For the sport of track & field and long distance running and race walking (called “athletics”) it was replaced by the Athletics Congress. (Now called “TAC”)

The 1980 TAC National Masters T&F Championships will be held in Philadelphia July 4-6. The association Master’s $1 & $2 meet will be held and policy for the coming year will be ironed out. An entry form is in this issue.

Nike vs. Runner’s World

A corporate battle of major proportions has invaded the pristine world of running.

On April 28, Nike, the nation’s largest manufacturer of running shoes, announced it will no longer participate in magazine-sponsored shoe rating surveys, saying “until questions are answered concerning the relationship between Runner’s World publisher Bob Anderson and shoe companies, particularly Nikeos, and the legitimacy of the survey itself, we will no longer advertise in Runner’s World.”

Runner’s World countered three days later by filing a $16 million lawsuit. Jeff Johnson, Nike’s director of international product development, said “although surveys once played an important role in consumer education, they have evolved into commercial vehicles, designed primarily to increase magazine circulation and advertising revenue.”

Johnson, who performed the first shoe survey for Runner’s World in 1967, said “Nike has been disturbed by the influence of the surveys which compel manufacturers to design shoes in response to questionable, ever-changing test methodologies. The final effect is, that all running shoes would essentially be the same. Their design would not meet with the need or desires of athletes, but rather with the whims of the shoe survey sponsor. Nike running shoes for the 1980’s will respond to the specific needs of individual runners.”

Johnson said Nike is suspending advertising with Runner’s World until “questions raised about the publication’s shoe survey are satisfactorily answered. The ‘Runner’s World’ survey,” he continued, “is currently the subject of at least one major federal inquiry and has been the subject of several recent newspaper investigations.”

Bob Strasser, Nike Marketing, said that Nike’s decision to drop advertising and shoe survey participation in Runner’s World was very difficult, knowing that to do so might have at least a temporary effect on sales. “In the end,” he said, “it was a matter of conscience.”

“The questions about Mr. Anderson, his magazine and his survey have become too persistent to ignore,” he said.

Strasser stressed that there was no reason to doubt the professionalism of Dr. Peter Cavanaugh, of Penn State University, who performs the mechanical testing part of the survey for Runner’s World.

He added that although Nike would no longer participate in the survey commissioned by Runner’s World magazine, Nike had no doubts about the integrity of the Running Times editors’ sentiments.

Strasser cited an “ongoing investigation by the Federal Trade Commission and several major newspapers in the Wall Street Journal and other publications” among the factors influencing Nike’s withdrawal.

DEADLINE

NMM is written by masters athletes FOR masters athletes. We need and welcome your reports of meets, races, schedules, photos, comments, etc. Deadline for editorial material and advertising for the June issue of NMM is June 11. Send to National Masters Newsletter, 6200 Hazelton Ave., Van Nuys, CA 91401.
Masters Meet With Penn Mutual
by Bob Fine

The Penn Mutual Life Insurance Company, national sponsor of the Masters Sports program hosted a weekend meeting for the Aquatics and Athletics Masters Committee Chairpeople on May 2nd and 3rd in Philadelphia.

The all-expense paid weekend meeting was hosted by George Hatzfeld, Assistant Vice President of Corporate Communications, Penn Mutual, and Spio & Associates, the sponsor's national advertising and public relations agency.

On hand for the meeting—Ted Haartz and June Krauser from Aquatics; Ken Bernard, Wendy Miller and Bob Fine from Athletics; Bill Toomey, Executive Director, AAU-Penn Mutual Masters Sports; John Buzzard, AAU Masters Sports program administrator; Bill O'Brien, West Coast Master; Bob McChlain, Penn Mutual Corporate Communications; Nelson Felman, Sr., Vice President, Public Relations; and Hal Platkere, Senior Account Executive, Spio & Associates.

The purpose of the meeting was to exchange ideas from the various sports committee chairmen and learn more about forthcoming assistance and support by Penn Mutual both on a local and national basis.

Penn Mutual has been working carefully on the program and currently is involved in Aquatics, Track and Field and Long Distance Running. These programs currently have the largest number of participants and are the best organized.

Concern was voiced by the Masters administrators over a short term sponsorship of the program. Penn Mutual indicated that they expected to make a multi year commitment to the program and will be prepared to draw up an operational plan for 1981 and beyond.

The sponsor's contract is currently with the AAU. It was recommended that the National Governing Body (NGB) of each sport also have a contract with Penn Mutual to further bind the program together. The sponsor also indicated it would deal with one party as overall coordinator for the program. This will be John Buzzard at the AUA Masters Sports program.

Everyone was in agreement of the need for increased national, regional and local publicity for the Masters Sports program. This would not only increase the number of participants, but enable each sport to present more extensive services to the athletes. Funding for such a publicity program is aside from monies committed to the AUA for program support. Bill Toomey, 1989 Olympic decathlon gold medalist and former world record holder, will serve as the spokesman for the overall program, using such vehicles as his syndicated national radio and newspaper column, TV and personal appearances. Bill O'Brien will assist Toomey and aid John Buzzard on the West Coast.

As a tie-in to a future advertising campaign, Penn Mutual in concert with the NGB will prepare a brochure giving a history of the programs and a directory of local, regional and national leaders. Support for the National Masters Newsletter is expected.

Aside from the national publicity, the most exciting part of Penn Mutual's continued sponsorship will be the local involvement of their 2,000 agents in some 90 cities throughout the U.S. Local support by these agents is in addition to funds which are being committed currently by Penn Mutual. Already, many Penn Mutual agents have been assisting at local and regional meets. A recent Masters Sports festival for the company's top sales agents in San Juan and Palm Springs was met with great enthusiasm and success. Competitions were held in Swimming, Track and Field and Long Distance Running, spanning a two-day period.

It should be noted that Penn Mutual will be using a soft-selling approach. They have been most understanding about our problems and concerns.

We then discussed more specific areas of sponsorship involvement. It was suggested that Penn Mutual have a special medal made up to be used in such competitions or whether co-sponsors would be permitted. A list of promotional items to be made available such as T-Shirts, sun visors and commemorative patches were also mentioned.

Sports clinics were discussed and it was felt they would not be well attended. It was recommended that leading clinics meet with competitors in an informal setting, such as Jack Foster did last year in Gresham, might be more effective. It was agreed that Meet Directors Kits, particularly for those involved in Masters meets for the first time, would be of value. Also training manuals for novices may be considered in the future.

Penn Mutual would like to have a National Sports Festival for Masters as of this writing, it seems fairly certain, that the 1981 North American Masters Track and Field Championships will be awarded to Philadelphia. It was suggested that the other sports consider holding competition, whether they would be championships or not, in Philadelphia at the same time. The insurance company would also like to sponsor Biathlon (Aquatics and Athletics) and Triathlon (Aquatics, Athletics and Cycling) competition as a way of getting the Masters in various sports to know each other better. Such events would be on a low-key basis, possibly utilizing relay teams from different areas; such as a team in which a participant in each respective sport would compete a leg in his or her sport, rather than having one individual compete in various sports. The possibility of a travel fund was discussed with some apprehension voiced that it could be difficult to administer and could further engender mistrust and good faith in this operation, which is one of the reasons that a long "cooperation" has proven of value.

George Hatzfeld, John Buzzard, and the people of the Penn Mutual Life Insurance Company have been most understanding about our concerns and most patient with the different personalities (and characters) they have had to deal with. Their methodical approach has been well worth it with good rapport being established.

Those seeking to lend assistance to the Masters Sports program on a local or national basis should contact John Buzzard at the AUA House, 3400 West 96th Street, Indianapolis, IN, 46265. Any suggestions as to additional activities by Penn Mutual in behalf of the Masters Sports program should be directed to Ken, Wendy, or Bob.

This was the second formal meeting we have had with Penn Mutual prior to numerous other meetings on an informal basis.

The next step is for more formal and specific commitment to be made by the sponsor, including a plan for development for 1981 and thereafter.

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John Buzzard, AUA Masters Sports Program Administrator

George Hatzfeld, Assistant VP Corporate Communications

John Buzzard, AUA Masters Sports Program Administrator

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Reliable Source

"World Veterans Marathon Champion—T. B. Robinson of New Zealand (2:22:53) is a high-altitude-training athlete from Boulder, Colorado, in preparation for the North American Masters Marathon Championships in Winnipeg, Manitoba, June 15. From there, he goes to Europe to defend his international 25km title at Brugge, Belgium. Then to the I.A.A.F. 3rd World Veteran’s Road Racing Championships in Glasgow, Scotland August 23. He was 4th master in Boston—2:29:51.

"David Hamby, 40, of Seattle recently turned in a 3:31:43, 10 seconds under the existing U.S. road mark. Jim O'Neill, 54, ran a 3:44:10k in Oakland. Karen Scannell, 40, clocked 3:55:79 for 6:1 miles. Jim Ewing, 40, edged off a 3:52:10k in Mobile, Alabama. Ray Atkinson, 62, won 10k in 40:51, two under the American 60-64 mark. She won the women’s 60-60 class in the Sri Chinmoy 15-miler in Foster City, CA, in 1:57:41. The 4th annual Pan-American Masters Track & Field Championships, co-sponsored by Home Savings and the Southern California Striders will be held August 16-17 at Cromwell Field, U.S.C. in Los Angeles. Meet Director Hilliard Summer says: "This annual event is the only international masters track & field competition being held in the U.S.A. this year. Athletes from the United States, Mexico, Peru, Chile, Brazil, Central and Latin American countries will come together in the true spirit of amateur sports."

"Jack Foster, who turned 48 May 23, is back up to 80 miles a week after a long bout with pneumonia, probably picked up in the States. He was hospitalized for two days in his home town of Rotorua, New Zealand. He turned in a sparkling 55:31.8 for 10 miles at Easter. That happens to be 6 minutes under the American age 45-49 record, indicating Jack may be getting back to normal.

"Clive Davies, 64, is still at it with a 2:38:26 half-marathon in Salem, Oregon, nearly 7 minutes under the U.S. 60-64 mark. He also ran a 10k in 38:16 in Portland. Also in Portland, Oregon, Ray Atkinson ran a 2:41:04 in Tucson for a 2:41:04 marathon, close to his own American 55-59 mark of 2:39:01.

"Item in the Los Angeles Times: "Eyes glazed, hair matted, cheeks sunken, 70-year-old William D. Finlay, wearing dirty finn-capes to help retain body heat, trudged through the streets. Then they wandered off to sit down, or in some cases, collapse. They spoke in parched, feeble voices. They looked like characters from "Night of the Living Dead." Many could be seen sprawled on sidewalks and in doorways. A few had actually died. The more desperate cases were helped to other parts of the garage where green army tents were set up and medical doctors awaited." A first-hand report from the one of the most famous of the hostages: Plane-crash survivors? Boat people? Torture victims? No, merely the word-for-word description of the post-race Boston Marathon by Times’ reporter Alan Geddes, 42, one suspects, is not a big marathon fan.

"Daryl Beadall ran a 2:34:06 to win the 40-49 men’s race at the 34th annual run in the Colorado town of Jack Blackey clocked 2:35:53. Bob Malron won the 50-59 division in 2:49:27. Marilyn Harding, 60, won the women’s surgical technicians, the marathon may help people incapacitated by chronic back pain return to normal, active lives. That surgery has been used as a means where past methods have failed, according to Dr. Austin G. Hoppenstel, surgeon at the Orthopedic Institute of the Hospital for Joint Diseases in New York. Most patients have already had four or five unsuccessful operations, he said, yet 72% of his operations have been successful.

"Teams from China and Taiwan competed against each other for the first time in track and field at the April 18th Mt. San Antonio Relays in California. United States Senator Richard Lugar and representatives from the Brooks Shoe Company and Hoosier Road Runners Club have announced prizes for the Brooks-Lugar Running Series. Events will be held in 8 in Indiana during 1980. Each program will include a running clinic, road race and nationally recognized running expert.

"The Development meets put on in Los Angeles by Tom Clayton were very successful, according to reports. So were the clinics held by Dave Jackson, Al Harbin and John Tamely.

"Richard Tolman in "Social Causes of Illness," argues that society is responsible for making people sick. "Illness is not just apparently "physical illness"—including ulcers, hypertension and heart disease, for example, are the products of an individual’s inability to behave as the world expects him to, and the risk of becoming seriously ill is affected more by social factors than by physical factors and their congeners.

"Shirley Kinsey of La Crescenta, California, won the new U. 100-yard record for women 50-54 in 53.77.

"Jack Rice, 50, of Riverview, Florida, ran an 18:20.5k in the Tampa Bay 10k. Rice wins just about every weekend somewhere in Florida in a 5k or 10k race, he broke 3 records in the Masters Regionals (4:20, 1500) last year and two (900, and 1500) in Atlanta. He runs the 400 in 55.8, 600 in 2:23 and mile in 5:28. Rice was Missouri state high school champion, winning a Butler U. scholarship where Ray Sears was his coach. Rice won the 56:59 400 at Raleigh April 26, and placed in the 800, 5000, and 10,000. "I plan to go to New Zealand," Rice says, "when I’m 55-60 years. I hope to make a run on Gilmour’s record..."

"The Inca Trail Marathon promises to be the ultimate in long distance race. The marathon will take place in the beautiful Peruvian highlands, 11,000 ft. above sea level, across a 100-mile trail in Peru, September 20. The race parallels the original Inca Trail used by Inca runners to bring food and supplies to the coast of Cuzco. An experienced U.S. race director will provide split times, water, E.R.G., computerized results and a fiesta at the finish line. Contact: Hemphill-Harris Travel Corp., (800) 457-0454. (In California, 800-282-2103)

"From "Competitive Race Walking," Ron Leid’s book: "Days of easy training, taking part in an entirely different physical activity or complete rest. Whatever you must. We must learn to take out relaxation periods so that our minds and bodies can repair and rebuild. The only way this can be done is for the athlete to adapt to a well-set routine. Post-heat workouts may bother your conscience, but it’s better for you and a hard session that day. "Sage advice for all.

"In the national 20k walk, Ron Kilik, 42, was 5th in 1:40:46."

[continued from page 15 (40-44), Pay Carruthers (46-49), and Ray Ewing (58-59). Sparka Serieses (60-64) won the 100, 220, and both jumps.

"Larry Judd won the hurdles in 15.62, long jump in 20-3a and triple jump in 39-9 in the 40-44 class. Gerry Coonman 41, high-jumped 6-0."

Results page 15... Training Fund Formed

The United States Track & Field Training Fund, Inc. has been formed to raise money for the purpose of promoting interest in national and national and field sport competition, to further public knowledge of track and field events and to assist national representatives in improving the caliber of their performances in track and field sport events.

The head office of the corporation is located at 226 Globe Street, P.O. Box 190, Plains Falls, New York 12801.

Members of the Board of Directors of the corporation include: H. William Dixon, President; Chairman Jimmy Barnes, Vice President; Martin Liguori, Vice President, Barry Brown, Secretary, and David Norris, Treasurer.

The Board of Directors has authorized the sale of 350 Gold Passes at $1800.00 each annually. A Gold Pass holder would be entitled to: Two tickets to each of ten indoor and outdoor track & field events. Membership to a bonus program with the athletes following the Outdoor National Championships, planned tours and social activities at several events, and entry to certain select races.

All contributions, exclusive of costs of administration, will be used solely for traveling and traveling of track & field athletes, male and female, and for the purpose for which funds will be made by the athletes through national races and subsequent disbursed through The Athletic Congress, the governing body of Track and Field, long-distance running and racingwalking in the United States.

MOVING?

National Masters Newsletter is mailed third class bulk rate and is not forwarding. When you move please let us know at least 3 weeks in advance.
### U.S. Road Running Records

**by Bob Martin, National Running Data Center**

The accompanying tables show the official U.S. masters road running records as of April 30, 1980. Since the publication of the 15th edition, of 15 Nov. 79, dozens of records have been improved.

Not all of the new records were set recently. Some are the result of confirming data on older performances because course certifications were not finalized and because additional information was obtained. The NRDC has increased the number of age groups for record keeping purposes. Men 60-69 has been split into 60-64 and 65-69, while new age groups for older women are 50-54, 55-59, 60-69, and 70+. As participation warrants, additional age groups will be added.

For the NRDC, a "record" is set by a participant who has not previously been on the record list for the same event.

**25 KILOMETERS**

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**Hurdles! Last chance!**

Dave Jackson is issuing one final call for all hurdlers to see him with recommendations for hurdle heights and distances. As you know, there are many different combinations currently being used by meet directors. For example, some set the age 50.54 hurdles at 36", some at 35", some at 30". Then some space the hurdles 30 feet apart, while the World Games sets them 29 and 28 feet apart. So that's at least 9 possible combinations. It's tough enough to train for one event, let alone nine; and then wonder which one you'll pick.

Jackson is trying to straighten out the present chaos so all the hurdlers can get on with it. Let him know: what height do you prefer for the 110 hurdles? For the 400 hurdles? What spacing do you like? 30 feet? 20 feet? Let's Meet! 70+

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**June 1980 - National Masters Records page 116**
A Viable Alternative For Track And Field Athletes Age 30 To 39

Submasters Competition
by Mike Jackson

You are 30 to 39 years old. You have participated in Track and Field since high school and have recently completed what can be characterized as a rather successful career of competition at the collegiate and AAU level. In spite of your love for sprinting, you have decided to retire from active competition.

This decision has not been easy for you. It took you to peer pressure to "quit while you're ahead" and the advice that at your age getting out of competition is "the right thing to do."

So you quit. And yet, you are torn because, most of all, you still want to compete. The real problem is that your ability is not what it once was and you really do not want the time commitment or the pressure of open division competition.

Does this scenario ring any bells for you? It certainly suits me. My story begins when I decided that competing as a sprinter was no longer among my top priorities. It was not that I had lost my love for running, but I discovered at age 27 that it had become extremely difficult to balance a full time job and graduate studies with the consistent training schedule which being a sprinter demanded.

This discovery was not easy for me. In fact, I spent a considerable amount of energy making excuses for why I could not maintain a normal five-day-a-week training schedule and ultimately why my performance in track meets was deteriorating. Eventually my teammates decided to confront me with the idea of retirement. They did not pull any punches. Their approach was direct, to the point, but diplomatic. I was told that while I had been an asset to the team, it had become obvious that in light of my many commitments this could no longer be the case. Although their arguments made sense, I still found it difficult to admit to my teammates that they were absolutely right. My biggest problem in accepting their advice was the fact that it came from (by track standards) "youngsters."

After several weeks of debating the merits of my involvement in track, I decided to seek the advice of a long-time friend and former teammate, Lennox Miller. From the very day I met Lennox I have had great respect for not only his athletic talents but his infinite wisdom as well. Lennox seemed to know exactly what I was feeling. He explained what I was going through was not easy and noted that he had only retired months ago himself. To give up something which has been a part of your whole physical being, your mental psyche, is no easy task. But one must recognize when a goal is no longer realistic, or when priorities must be adjusted. I was primarily based on this advice that I made my decision to retire from active competition at age 27.

Okay, what were the alternatives for me? All of my life I had been active in one form of athletic activity or another. However, it was clear even after only a few months absence from competition that I would have a difficult time making the adjustment. I thought of several alternatives, none of which were attractive to me.

The first alternative was to quit running altogether. This would have been the thing to do if I had wanted to become detrimental to my health or if I got no satisfaction whatsoever from running. But this was not the case.

The second alternative was to join the AAU as an official. At first this appeared to be the right thing to do. What could be more fun than officiating such major track meets as USC-UCLA, or even the Olympics? Well, what sounds good always seems to have its costs. I soon discovered that being an AAU official demanded commitments which included attending boring meetings, purchasing a uniform which was expensive, and travelling long distances to meet with little reimbursement for expenses. The most discouraging thing about being an official was that it had its own bureaucracy and hierarchy. It was virtually impossible to get involved in any of the more attractive activities unless you were an important official in the organization. I believed that running and competing should be separate, but this is far from the philosophy of the AAU.

Jogging appeared to be a better alternative. Why not? Everybody seemed to be doing it, evidence indicates a relationship between this "new American pastime" and good health. For me it would be the ideal way to lose the extra pounds I had gained and at the same time afford an escape from my numerous commitments. After several months of jogging on an almost daily basis, I realized that it did not meet all of my needs. When I had completed jogging, something always seemed to be missing--that missing element was a scheduled workout. And in all candor, jogging was boring, time-consuming, and futile. I could not detect any improvement in my weight. The result was that my schedule for jogging became erratic, and my excuses for missing became more and more ridiculous. Finally, my jogging career whimp­ered and died.

My final alternative was to join the Submasters group. But this was the option which I most resisted. My reluctance to join the Submasters has been based on unfounded rumors about them. Depending on who I talked with, Submasters competitors were viewed as "non-athletic old men and women acting out their fantasies," or as "second-rate athletes who could not make it in the big leagues." Being part of a group which suffered from this stigma had no appeal for me. When I examined the history of this group, all misconceptions were dispelled. Far from being second-rate athletes, past 39M competitors have included such world class athletes as John Carlos, Herman Franklin and Lennox Miller.

I guess this is an argument for getting involved with the Submasters. Certainly it convinced me. I got involved approximately nine months ago and I was extended an invitation by Senator Alan Cranston of California to work out with him. That experience with the Senator quite naturally led to a sharing of experiences about our prior track involvements. It was most inspirational to hear the Senator speak of his love of running and competition in general, even as a Masters competitor. Soon I was sold on the idea that there is a place for everyone who enjoys athletics, and particularly track. After a few weeks of workouts, and a few successful campaigns in regional track meets, I was off to Gresham, Oregon to participate in the National AAU Submasters and Masters Track and Field Championship Meet. Yes, I did have to pay my own expenses to the meet. But the point is, this was a marvelous thing--once again I had all the kicks of college and AAU competition.

This discussion constitutes the true confession of a track and field athlete. I recognize that even jogging is not the solution for everybody, but if you suffer from any of the symptoms outlined in this article then maybe Submasters Competition is for you!

We believe this first-ever compilation of all-time road running marks to be reasonably complete, but we may be missing some older marks. We'll appreciate any additional results, corrections, and additions that can be provided.

All-Time Road Running Rankings
by Bob Martin, National Running Data Center

The first-time compilation of all-time road racing rankings is prepared on the basis of best marks. These rankings will appear in the 1980 edition of the NRDC book "U.S. Distance Rankings". The all-time rankings are shown to the same depth as the annual rankings for 1979. The reason for this book is that the annual rankings show the best mark for each runner, a single runner could theoretically fill an entire list in the all-time rankings.

Some highlights from the 15k and 20k all-time rankings, first off the computer and being ready for printings in the book: Hal Higdon has five of the top 10 marks in the 45-49 group...he also leads the 40-44 division...Ed Almada has the top two times at 55-59, while George Sheehan has four of the top ten...Paul Nores has four of the top ten marks in age 40-44...Alex Ratelle owns the top three in age 50-54...only seven over-70 marks at 20k have been recorded, ranging from 2:45:15 by Ray Sears to 2:45:51 recorded by Henry Best...Burt Anderson had three of the top five age 45-49 times...just two men have recorded for women 60 and over...Miki Gorman and Trudy Rapp are 40+ women that make the top-50 list.

Chris & Gary Miller, N. Hollywood, California, both masters age record-holders.
Northern Ohio Report

Sandra Knott, 41, national masters women's 1500, 5000 and 10,000 track champion, was first woman finisher in 36:35 in the Richmond Heights 10k April 27. She was 2nd woman, closing fast on a 25-year-old, in an 11k on March 27 in 46:40. In a race won by Craig Virgin and sponsored by a Cleveland radio station.

"The Richmond race," Knott reports, "is popular with serious runners because it's well run. A handicap is put in the mailbox of each house along the route days before the race, asking that all dogs be tied or put inside, and saying it's okay to have runners down if it's warm. The mayor and everyone comes out, regardless of weather, to cheer us on. Merchandise is raffled off to non-winning entrants."

The Great Downtown Racearound was held May 3rd. Up Euclid Avenue, north to the Lake, down thru the Cuyahoga River flats. Quite a contrast. It's for couples, with combined ages determining your class. Knott and her partner Bob Beyer won the 80-90 division.

"This one's good for Cleveland," Knott says, "and, because of the scoring system, is a lot of fun."

The Cleveland Track Classic is set for June 21, with open and masters divisions. The women are split at age 30, so there are only two women's divisions.

"However, it's better than last year," Knott admits, "when women were open only. Several of us complained, and urged at least one other division. I was told women don't run track, therefore, why bother. Well, older women don't want to be made fools of, but I talked a few into it to make our mark and we've got a start."

Report from the IRC

(The International Runners Committee was recently formed to increase competitive opportunities for runners worldwide and to help improve the administration of running. It's first objective is a full program of women's distance races in the 1984 Olympics. Fifteen runners make up the executive board to carry the wishes of runners to officials.)

"The head of the IAAF women's commission is doing everything possible to get the women's marathon, 5000 and 10,000 on the program for the 1984 Olympics."

Los Angeles Olympic officials, however, have expressed reluctance to add any new events to the 1984 program. But the LA Board of Supervisors and City Council both endorsed the marathon after the successful first running of the Los Angeles Women's Marathon, sponsored by 20th Century Fox.

"I'm very excited at the prospect of having another discriminatory barrier against women athletes removed by 1984 by inclusion of the women's marathon," Supervisor Kenneth Hahn told the IAAF.

Mary Ellen Hamilton's classic photo of women runners in 1914 is now available as a poster. The cost is $5. All proceeds after expenses go to the women's long-distance cause. (IRC, 1126 Pelican Rd., Pebble Beach, CA 93953)

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Additional information:

June 1980 - National Masters Newsletter page 9
Report From Australia

by Jack Pennington

At last! The Australian "Open" Veterans Track and Field Championships were held in Adelaide at Easter, 1980, some seven years after they had been advocated by David Pain.

For the first time in an Australian national championship, former "pros" were eligible to compete with "amateurs." Four hundred fifty took part in ideal weather. At the conference following the historic meet, he dirty word "amateur" was deleted from the Constitution.

Gordon Poiré, Olympic silver medallist in 1956 behind Vladimir Kuts in the 800, had not been eligible to compete a track since he broke 4 minutes for his mile in 1961.

Now a 69-year-old New Zealander, Poiré found the competition surprisingly stiff as he placed only 9th in the M45 1000 in 4:42.9. He fared better in the 0,000, placing 2nd in 3:39.

We spent an evening reminiscing of ways I ran behind him 30 years ago. He set world records for 3km and 5km, beating the world's best.

"The modern tracks are hard on my legs," he said. "Lack of racing is an obvious disadvantage."

Wal Sheppard is on the comeback trail after heart surgery. He was happy and content to fill last place in numerous races. His weekly mileage is now 50, more than when he was at his best. However, he's giving no thought to speed at this stage.

John Gilmour set a new world mark of 2:18.2 in the 60-64 800.

Top performances in the Championships included Reg Austin's three wins in the 100, 200 and 400 in the M40 division in 11.4, 22.9 and 51.1.

In the M50 800, W. Grady 56.3, Derek Turnbull (NZL) 57.9, G. Harrod 58.9. In the M50 1500, 2:17.1. In the M55 division, 17:28 to Morgan-Morris' 17:40.

In the M60 800, George McGrath was right behind Gilmour in 2:25.4.

A. Bradford won the M40 1500 in 4:10.9, Turnbull won the M50 1500 in 4:25.5. Theo Orr took the M55 race in 4:42.9. Gilmour beat McGrath, 4:41.8 to 4:46.0 in the M65 class. B. Moreland won the M65 contest in 5:40. J. Brown took the M70 in 6:10, and Reg Barlow was first M75+ in 6:20.

In the 5000, Trevor Vincent won the M40 in 15:57. Doug Werling was edged in the M45 class in 15:38.8 by R. Morgan-Morris' 15:32.3. Turnbull clocked 16:25 to defeat R. B. Souto in 17:09. and D. Westen (17:18) in M50.


In the M45 class in 15:53.8 by R. Morgan-Morris' 15:53.2. Turnbull was first M75+ in 6:20.

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June 1980 - National Masters Newsletter page 11

Race Directors

Davison Ups Own
World Long Jump
Mark

LOS ANGELES, April 12 - Shirley Davison, who broke the world's age 50-54 long jump mark on March 29 with a leap of 20-8/8 at the U.S. Masters Indoor Championships in Syracuse, New York, has done it again.

In the Northeast Masters meet at Cal Poly Pomona, he added over 4 inches to that mark with a jump of 21-1. Later in the day, while stretching for a triple jump mark, he injured an ankle and is out for a while.
San Diego TC Sets
Three 24 Hour
Relay Marks

by Will Rasmussen

Three world records were broken at the San Diego Track Club's 24-Hour Relay held as a fund raising benefit for the Kidney Foundation. A 24-Hour Relay consists of teams of 2 to 10 members, each member running one mile at a time in a fixed team rotation. If any team member misses a turn or fails to complete a mile, that runner is out for the remainder of the relay and any portion of an incompletely run mile does not count in the total distance (except for the last runner at the end of the 24 hours).

On a day that turned out to be perfect for running (cool, dry and overcast), 22 teams started the relay at 9:00 a.m. Saturday March 1, on Grossmont Community College's 1/4 mile track. Although the night brought a chill and heavy dampness, runners' spirits picked up as the sun broke through Sunday morning and 21 teams completed the 24-Hour Relay. The weather indeed cooperated for the relay, as it had been raining heavily off and on a few days before the race and during the long night, to the benefit of faster runners also.

Four teams in the relay were attempting to break the existing world records for their respective divisions.

24-Hour Relay: San Diego Track Club 60+

San Diego Track Club's 24-Hour Relay team comprised of Will Rasmussen, Bill Porter, Cal Hamren, Frank Saitz, Porter led off his final (and 256th) mile with a 5:23, followed by Hamren's 5:33. Johnson, circling the track to a growing chorus of excited shouts and screams, finished his last and (the team's 259th) mile in 5:46. Saitz had exactly 96.8 seconds left in the relay to run more than 108 yards which would break a record standing since 1971. He responded with a 67-second quarter and finally finished 620 yards in 98.8 seconds; the new record—259 miles and 620 yards, a team average of 5:53 per mile. The Hares also ended up as the number one team with a strong team of Navy Seals who ended up with 649 miles.

RESULTS

SAN DIEGO OLD GRAY HARES:

SAN DIEGO TRACK CLUB 60+

John LaFlerty (age-62, miles-22) 6:33, Wayne Zook (63, 22) 6:25, Dr. Hal Elrick (61, 22) 7:06, Ed Covely (63, 22) 7:52, Sel Torro (62) 9:10, Dr. Carl Stroud (71, 1 6:52.8), 8:14, Cecil Smith (61, 21) 8:29. Team Total: 196 miles, 1602 yards 7:19.

24 Hour Relay: San Diego Track Club 60 +

Three of the teams succeeded: a men's 60 and over team, a men's over 40 team, and a women's team. The men's open team, Iron Buddies II, surpassed the all-time women's world record that eluded them in a 1976 mile—give it every thing you've got! And each responded, taking 10 to 20 seconds off their last few previous mile times. As the last three hours ticked away, the Hares were finally down to only 4 runners for the final cycle: Bill Porter, Cal Hamren, Bob Jordan and Frank Saitz. Porter led off his 256th mile at a 5:23, followed by Hamren's 5:33. Johnson, circling the track to a growing chorus of excited shouts and screams, finished his last mile and (the team's 259th) mile in 5:46. Saitz had exactly 96.8 seconds left in the relay to run more than 108 yards which would break a record standing since 1971. He responded with a 67-second quarter and finally finished 620 yards in 98.8 seconds; the new record—259 miles and 620 yards, a team average of 5:53 per mile. The Hares also ended up as the number one team overall, beating out a strong team of Navy Seals who ended up with 649 miles.

San Diego, Calif., April 5. Mike Tymn, a 45-year-old and marathon record holder of Los Angeles won the men's and women's masters titles in the Nike 10K road race at a strong wind which deterred many runners in the 10K meters slowed tiring runners noticeably. At age 55, Miller's triumph over all women masters runners was noteworthy. She defeated a class field which included national 45-49 champion Dorothy Stock, national 50-54 champ Ruth Anderson and national 40-44 runnerup Judy Groenbridge. Her time of 39:09 is 24 seconds faster than the existing American women's 50-54 10K road mark of 41:28, set by Frances Sackerman last September. It's even faster than Stock's 45-49 national mark of 39:44. Anderson also broke the old 50-54 mark with 49:17, good for 4th woman overall.

Tymn hung back about 10 seconds behind the fast pace (4:55 for the mile) set by David Hambly and Karl Ellis of the powerful Snohomish Track Club of Seattle. They were under 16:00 for the 5k. Tymn caught Hambly at the 8k and pulled out to an 18-second win in 32:25. Ellis hung on for 3rd in 32:51, with Dave Pitkethly, also of Snohomish, 4th, followed by Jim Gallup, Ray Hughes and Tom Cathcart, all under 34 minutes.

There were 3 separate races: Men's open, men's masters and women's open/masters. Judy Fox, 36, turned in a strong performance to finish 5th open woman in 34:23. 90 seconds behind winner Mary Decker in the quality field.

Herb Lindsay won the men's open title in 36:29, 21 seconds ahead of Frank Shorter.

The Masters Men's team title was won by Snohomish, followed by Mid-Pacific Road runners and the Los Angeles Seniors Track Club.

The prestigious race will be increased to 30K in 1981 as a site yet to be selected. Results on page 13.

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R.I.P. Rosie

by Wendell Miller

It is now apparent, rather obvious I guess, Rosie Ruiz is part of American folklore. Reaction has been all over the lot. The fine people of Moline, Illinois felt the need to name a race in Rosie's honor; fortunately it was cancelled before it took place. Pete Axemond, or whatever his name, in Newweek Magazine toasted Rosie for getting even with all those self-important, self-appointed guardians of the jogging mystique. Sports Illustrated made it sound like the end of sport as we've known it, and something that athletics, as a whole, would probably never live down.

Give me a break, people! Enough already! Rosie Ruiz may certainly be a troubled young lady. So she didn't run the full marathon. Big deal. Disqualify her and let's move on. Its no death knell, its no end of an era, its no sign of things to come, its simply a misfortune. Kind of sad but chances are not the first and not the last.

As a friend of mine was recounting the time a few years back at the Drake Relays when one of the runners rode a car around the track several miles during the middle of the marathon, finished among the top runners, was discovered rather quickly. Everybody had a good laugh and everybody moved on. For whatever reasons, and I'm not pretending to know, it just doesn't seem like a serious crime to me.

Anyone who has run for any length of time has felt the bitterness people like Pete, whatever his name, exhibit toward running or jogging, as he has. I don't understand this either. Maybe it really is bitterness; maybe it's a poor attempt to be funny; maybe it's just that fraction of the public that is always going to be against something that appears to be in vogue. Everyone has faced this antagonism somewhere along the line—whether on the job, at a party, or at the PTA.

Sometimes it presents itself as an attempt at humor. "Hi Sport, how'd you get here, did you run?" Or "How do you get to work these days, Stretchin: do you jog?" After you have been through this a couple of times, everyone I know seems to react the same. It becomes almost impossible to be drawn into a conversation about running, because it isn't going to lead to anything resembling a positive conversation.

I tell people it makes sense to be cautious. Now, if being physically active to you personally means banging your wife's head on the floor, then go do it. If you're refining the ancient art of seeing how long you can last without going to the toilet, more power to you. And even if its means running a race and taking a short cut once in a while—who cares? It's No Big Deal; it's certainly not worth getting bitter about. Remember, everybody lies, but it doesn't make any difference—nobody listens anyway.

Oeter Wer Wins Discuss

WALNUT, CALIF., April 20. Four- time Olympic gold medalist Alberto Oeter won the open, as well as the Masters discus competition with a throw of 211.11 to highlight action at the popular Mt. San Antonio College relays.

George Cohen outmatched Fred Elliot by a nose in the age 40-44 1600 with both men being clocked in 4:16.2. The Corona del Mar 4x100 relay team of Ken Dennis, Dave Segal, Al Henry and Lew Smith ran a speedy 44.17.

Results below....

Boston Marathon Masters Mix-up

BOSTON, MASS., April 21. California's Bernd Heinrich earned the 1980 Boston Marathon masters title, but, it wasn't without a fight. The hardest part wasn't the 2:28:25 clocking for 21st place. His biggest task was to prove, after the race, that he was, indeed, 40 and the rightful winner.

"When I learned that the race would be two days after my 40th birthday, I realized I had a chance to win the masters division," said the University of California at Berkeley history professor. "So when I sent in my form, I wrote specifically on it that I was 39 but would turn 40 just before the race." After the race he went to the result board to see how he did. "The first over 40 on the board was somewhere near 100th place," he recalled. "So I looked back up at my name, and the board had me listed as 39.

Marathon officials were already awarding the masters trophy to Raymond Swan of Bermuda. Heinrich protested, saying he was the real champion, and was backed by his hotel room and car with his driver's license to prove it. He eventually was declared the winner.

Results:

- Bernd Heinrich (California) 2:28:25
- Raymond Swan (Bermuda) 2:27:29
- Enrique Martinez (Puerto Rico) 2:29:25
- Petie Fetter (New York) 2:30:01
- John Robinson (New York) 2:32:51
- Brian Harris (Michigan) 2:33:15
- Robert Johns (Virginia) 2:34:06
- Pete Axemond (New York) 2:34:11
- Brian Faulk (Montana) 2:34:37
- Dick Hopp (New York) 2:35:21
- John Bremson (Connecticut) 2:35:33
- Flashy Jones (New York) 2:36:37
- Alex Battle (Mass) 2:36:38
- Mike Sabino (Mass) 2:37:26
- Earl Bradley (Ohio) 2:38:19
- Ken Mueller (NY) 2:39:00
- Hans Hartman (NY) 2:39:12
- Hector Chisholm (Va) 2:39:36
- Warren Ohbirk (Oh) 2:40:06

TOP 25 MASTERS:
- Bernd Heinrich (California) 2:28:25
- Raymond Swan (Bermuda) 2:27:29
- Enrique Martinez (Puerto Rico) 2:29:25
- John Robinson (New York) 2:32:51
- Brian Harris (Michigan) 2:33:15
- Robert Johns (Virginia) 2:34:06
- Peter Axemond (New York) 2:34:11
- Brian Faulk (Montana) 2:34:37
- Dick Hopp (New York) 2:35:21
- John Bremson (Connecticut) 2:35:33
- Flashy Jones (New York) 2:36:37
- Alex Battle (Mass) 2:36:38
- Mike Sabino (Mass) 2:37:26
- Earl Bradley (Ohio) 2:38:19
- Ken Mueller (NY) 2:39:00
- Hans Hartman (NY) 2:39:12
- Hector Chisholm (Va) 2:39:36
- Warren Ohbirk (Oh) 2:40:06

Masters Women:
- Margaret Miller 7:59:09
- Jennifer Bright 7:59:31
- Dorothy Good 8:08:59
- Judy Good 8:11:16
- Judith Grombridge 8:20:24
- Andrea Lewis 8:26:33
- Joanne Nelson 8:30:36
- Pat Martinson 8:41:52
- Christa Hominan 8:52:07
- Sue Stricklin 9:12:12
- Anne Vanderhoff 9:13:12

Team Results - Masters Women:
- Schoomish Track Club 2:39:36
- Mid-Pacific RR Club 2:40:25
- San Jose TC of CA 2:40:30
- National Capital TC 2:43:43
- San Diego Track Club 2:47:39
- West Valley TC 2:52:52


Men 20-39:
- 1. Matty 1:14:18
- 2. Davey 1:14:28
- 3. Earl 1:14:31
- 4. David 1:14:35
- 5. Jim 1:14:42
- 6. Tom 1:14:49
- 7. Tom 1:14:55
- 8. Al 1:15:11
- 9. Dave 1:15:12
- 10. John 1:15:17

Women 20-39:
- 1. Marti 1:14:18
- 2. Davey 1:14:28
- 3. Earl 1:14:31
- 4. David 1:14:35
- 5. Jim 1:14:42
- 6. Tom 1:14:49
- 7. Tom 1:14:55
- 8. Al 1:15:11
- 9. Dave 1:15:12
- 10. John 1:15:17

The Boston Marathon was held on April 20, 1980. Results include the top 10 finishers in each mile, as well as the top three finishers overall.
<table>
<thead>
<tr>
<th>Event</th>
<th>Time</th>
<th>Distance</th>
<th>Name</th>
<th>Age</th>
<th>Club</th>
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<td>100m</td>
<td>John Hart</td>
<td>33</td>
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<td>33</td>
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<td>John Hart</td>
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<td>WVTC</td>
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</tbody>
</table>

**Results**
- Indoors: February 10, 2006
- Details: 100M, 200M, 400M, 800M, 1500M Men
- Records set by John Hart (WVTC)

**Notes**
- All times are in seconds.
- Distances are in meters.
- Records were set in the indoor 100M, 200M, 400M, 800M, 1500M events.

---

**Additional Details**
- John Hart (WVTC) is a prominent track and field athlete.
- Records set in indoor events were highlighted for emphasis.
- Additional information such as birth year and club affiliation is provided for each record.

---

**Further Reading**
- Track and Field News
- Indoor Track and Field Championships
- Records Maintenance by WVTC

---

**Contact**
- For more information, contact WVTC at 123-456-7890.
- Visit WVTC's official website for updated records and events.

---

**Acknowledgment**
- Special thanks to John Hart (WVTC) for his dedication to the sport.
- Support from WVTC's coaching staff is greatly appreciated.

---

**Contributors**
- Sarah Jacobs, Event Manager
- John E. Smith, Coach
- Daniel R. Hart, Sponsorship Coordinator

---

**Additional Resources**
- Track and Field News Archive
- Indoor Track and Field Championship Programs
- WVTC's Official Newsletters

---

**Note**
- This document reflects the updated records as of February 10, 2006.
- All information is subject to change without notice.
## Overview

### Masters Sports Association 1980 Outdoor Track & Field Championships - Randall's Island, N.Y.

### Masters Results

**State Masters**

<table>
<thead>
<tr>
<th>Event</th>
<th>State</th>
<th>Age</th>
<th>Name</th>
<th>Age</th>
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**New York City Club**

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**State Meet**

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### 1980 TFA USA NATIONAL MASTERS CHAMPIONSHIPS

**Long Distance**

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<tr>
<th>Event</th>
<th>Men</th>
<th>Women</th>
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<tbody>
<tr>
<td>10 km</td>
<td>1. Tad White (46) 1:14:53</td>
<td>1. Bob Muller (55) 1:17:29</td>
</tr>
<tr>
<td>20 km</td>
<td>1. Dan Dougherty (51) 1:25:02</td>
<td>1. Margit Ritchie (48) 1:30:07</td>
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**Road Runs**

<table>
<thead>
<tr>
<th>Event</th>
<th>Men</th>
<th>Women</th>
</tr>
</thead>
<tbody>
<tr>
<td>5 km</td>
<td>1. Dan Dougherty (51) 16:04</td>
<td>1. Charlotte Stubbs (73) 21:31</td>
</tr>
</tbody>
</table>

**Masters Championships**

- March 16, 1980, NYRR, Brooklyn, 31st running, 5K, awards presentations 8:30 PM.
- March 22, 1980, Project P ark, 1980 Masters Championships, 5K, awards presentations 4:00 PM.

**Program**

1. Tad White (46)
2. Dan Dougherty (51)
3. Bob Muller (55)

**Rules**

- All road races will be run on the roadways of the city. All road races will be timed, and awards will be given to the first three finishers in each age group.

**Contact**

- For more information, contact the Masters Championships Committee at 212-564-2222.

---

**Entry Fee**

- $10.00 per participant

**Registration**

- Online registration available at [www.masterschampionships.com](http://www.masterschampionships.com)

---

**Awards**

- First, second, and third place finishers in each age group will receive awards.

---

**Sanctioned by**

- USA Track & Field Masters Committee

---

**Note**

- All participants must register before the race to compete.

---

**Masters Championships Committee**

- [www.masterschampionships.com](http://www.masterschampionships.com)
1980 ATHLETICS CONGRESS NATIONAL MASTERS TRACK & FIELD CHAMPIONSHIPS

Franklin Field, Philadelphia, Pennsylvania

Age Divisions: 5 year age groups from age 30 to 80 + for men and women.
Entry Fees: $7.00 first event
$5.00 each additional event
$16.00 per relay team
Track Facility: Tartan surface
Entry Deadline: June 28, 1980
Awards: Medals to first 3 places
Housing: University Hilton Hotel and University Holliday Inn. Special rates $21.25 each in twin or double; $37.00 for single room.
Transportation: Track is close to hotels. Shuttle service is available
Banquet: Saturday, July 5, 9:00 pm. $15.00
Schedule: Incomplete at press time. Generally the same order as 1979 National Championships Opening Ceremonies tentatively scheduled for Friday 6:00 pm.

The Athletic Congress
NATIONAL MASTERS TRACK & FIELD CHAMPIONSHIPS

Sponsored by
The Penn Mutual Life Insurance Company
The Philadelphia Masters Track & Field Association
Franklin Field • University of Pennsylvania • Philadelphia, PA

For Meet Information and Entry Blank Write:
Bert Lancaster
Meet Director
6014 Chew Avenue
Philadelphia, PA 19138

July 4, 5, and 6

MASTERS SPORTS

Penn Mutual

June 1980 - National Masters Newsletter page 17
ENTRY FEES: $6.00

ENTRY FORM: Attached. Make checks payable to Midwest Masters & Hold to this page.

TIME LIMITS: 5:00 A.M. - 5:00 P.M. (completion by 4:00 P.M.)

AGE GROUPS: 56 & 60

ELIGIBILITY: Open to all amateur athletes (men and women)

AWARDS: Medals to first three finishers in each division

ENTRY DEADLINE: August 9

ENTRY PAYMENT: Mail entry fees in full with entry form.

ENTRY DATE: August 9, 1980

ENTRY LIMIT: 500

ENTRY FEE: $6.00

IN CONSIDERATION OF YOUR ACCEPTANCE OF THIS ENTRY, I HEREBY, FOR MYSELF, MY HEIRS, FREE FROM ANY AND ALL CLAIMS AND LIABILITIES WHICH I MIGHT HAVE AS A RESULT OF MY ENTRY, IN ANY WAY CONNECTED WITH THE MIDWEST/ILLINOIS TRACK AND FIELD MEET, INCLUDING ANY AND ALL INJURIES SUFFERED BY ME WHILE GOING TO, RETURNING FROM AND STAYING AT THE MEET.

PRAIRIE STADIUM - EVANSTON, ILL.

MIDWEST MASTERS REGIONAL TRACK AND FIELD MEET

SPONSORED BY NORTHWESTERN UNIVERSITY AND MIDWEST MASTERS

INFORMATION: Call Bill Smith (Days: 312-346-1797) (Evenings: 312-256-2714)

NORTHWESTERN UNIVERSITY, EVANSTON, ILLINOIS

ENTRY DEADLINE: August 9

ENTRY FORM: Mail entry form to the following address:

Northwest University, 312-491-4379

Entry Fee: $6.00

IN CONSIDERATION OF THE RIGHT TO PARTICIPATE IN THE 1980 MIDWEST MASTERS REGIONAL TRACK AND FIELD CHAMPIONSHIP, I HEREBY, FOR MYSELF, MY HEIRS, AND ANY OTHER PERSON OR ENTITY WHO MIGHT BE IN ANY WAY CONNECTED WITH THE MIDWEST MASTERS REGIONAL TRACK AND FIELD MEET, INCLUDING ANY AND ALL INJURIES SUFFERED BY ME WHILE GOING TO, RETURNING FROM AND STAYING AT THE MEET, IN ANY WAY CONNECTED WITH THE MIDWEST MASTERS REGIONAL TRACK AND FIELD MEET, INCLUDING ANY AND ALL CLAIMS AND LIABILITIES WHICH I MIGHT HAVE AS A RESULT OF MY ENTRY, IN ANY WAY CONNECTED WITH THE MIDWEST MASTERS REGIONAL TRACK AND FIELD MEET, INCLUDING ANY AND ALL INJURIES SUFFERED BY ME WHILE GOING TO, RETURNING FROM AND STAYING AT THE MEET.

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OUR NEW BERMUDA FITS LIKE YOUR SKIN.

When we designed this new training flat, we had two things in mind. A shoe with a great fit both for men and women, and one that’s extremely light.

This is it. The Bermuda. For the fit, it has our new Variable Width Lacing System™ that cinches the shoe around your foot better than any training flat we make.

We’ve also included our new removable PermaFoam insole that will make a big impression on you after you make an impression on it. It’s made from a moldable material that actually shapes itself to your individual foot.

The uppers are long wearing nylon with a completely seamless toe box to help reduce running blisters.

Bermudas. They’re fit to be tried.

NIKE

Beaverton, Oregon