



# National Masters Newsletter



23rd Issue

July 1980

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The only national publication devoted exclusively to track & field and long distance running for men and women over age 30

## HIGHLIGHTS

- World records set by:
  - Fitzgerald in 800
  - Farrell in long jump
  - Oerter in discus
  - Miller in 5000
  - Newton in 400
- American marks set by:
  - Cheadle in discus
  - Kolda in 400
  - Brown in high jump
  - Whitney in 100
  - Corona del Mar in 400 rly
- National Masters T&F Championships this month
- Update on 4th World Games
- Results of:
  - North American T&F
  - Grandfather Games
  - Pacific T&F
  - Southern Pacific T&F
- Higdon, Ratelle Set Marathon Marks



New world record holders **Nick Newton**, lower left, M45 400 in 51.11; **Shirley Davisson**, top left, M50 long jump in 21-1; **Bill Fitzgerald**, right, M50 800 in 2:09.7.

## Fitzgerald, Cheadle Set U.S. Marks

## Newton, Farrell Set World Records in Grandfather Games

by Al Sheahan

VAN NUYS, CALIF., May 24. Nick Newton, 46, and Gordon Farrell, 62, each set new world age-division records to highlight the 10th Annual Grandfather Games held in clear, cool weather at Los Angeles' Valley College.

Bill Fitzgerald, 55, set a new U.S. 800 meter mark and Vern Cheadle established a new American discus standard.

Newton, winner of two silver and two bronze medals at the 3rd World Veterans Games in Germany last year, clocked a 51.11 in the 400-meter run to break Dick Stolpe's 8-year old world record of 51.7 for men aged 45-49.

Farrell, already the world triple-jump record-holder in the 60-64 and 55-59 divisions, broke his own 60-64 world standard of 37-2½ by nearly two feet with a leap of 39-feet.

Fitzgerald, world 800-meter record-holder in the 50-54 group at 2:01.1, turned 55 four days before the meet and ran a 2:12.5, bettering the American mark of 2:13.5 set by Ray Gordon in 1973. Fitzgerald missed the world standard of 2:11.9 set by John Gilmour of Australia in 1975.

"I think I have a good shot at Gilmour's mark next month," Fitzgerald

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## Fitzgerald, Miller Break World Marks

by Al Sheahan

NORTHRIDGE, CALIF., June 7. Bill Fitzgerald reaffirmed his claim as one of the giants of the Masters movement today by breaking the world 800-meter record for men aged 55-59 in a time of 2:09.7.

The Palos Verdes, California resident bettered by over two seconds the old mark of 2:11.9, set by the great John Gilmour of Australia on January 11, 1975.

Margaret Miller smashed the world 5000-meter record for women aged 50-54 in a time of 19:27.0, breaking the mark of 19:35.2, set by Kirsten Garbo of Norway in 1978.

Vern Cheadle added 6 feet to his 2-week old American 70-74 discus mark of 126-6 with a throw of 132-6. The age 40-49 Corona Del Mar 4x100 relay team set a new U.S. record of 43.1, smashing the old mark of 43.9, set by the New York Pioneer Club at the 1978 national masters championships in Atlanta.

The meet was the annual Southern California District Masters Championships, now officially called the Southern Pacific Association of the Athletics

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## Robinson, Kiddy Lead Masters

## Higdon, Ratelle Set U.S. Marathon Marks

WINNIPEG, Manitoba, June 15. John Robinson of New Zealand led all masters to win the North American Masters Marathon championships today as Hal Higdon and Alex Ratelle set new U.S. age-division records.

Sandra Kiddy was the top woman master.

Robinson, the world veterans marathon champion (2:22:52 in Hannover last year) ran the certified course in 2:24:27.8 to finish a minute ahead of Derek Furnee of Toronto (2:25:46) and Fritz Mueller of New York (2:25:52).

Higdon, of Michigan City, Indiana

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## LETTERS TO THE EDITOR



Address letters to:

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### NEW ZEALAND

Good article on New Zealand and a good job overall on the newsletter.

*Bill Stock  
La Mesa, Calif.*

Your New Zealand supplement was fantastic. I really enjoy every newsletter.

*Marilla Salisbury  
San Diego, Calif.*

### HIP REPLACEMENT

As a result of your article in the December issue, I have received communication from Mr. Otto Essig who sent a cheque for \$250. (In December, NMN published the story of Errol Dennett, a New Zealander who ran the New York Marathon with a plastic hip.--Ed.) Mr. Essig already has had one operation on his hip in the States which has not been successful and sent photographs of his x-rays for me to hand on to my surgeon. As a result Mr. Essig will be having a total hip replacement operation in New Zealand. This is the same operation I had which proved successful. Mr. Essig is the World Masters record holder in a number of events for the 68-69 year old age group. He does hope that the operation is successful as he wants to start breaking records for the 73-year-old age group. I will be returning to New York for the Marathon this year and this time will be leading a tour.

*Errol Dennett  
Auckland, New Zealand*

### 80'S IN THE 80'S

I want to extend a loud "Yes" to John Whittemore in his letter in the May, 1980 newsletter, where he cites the lack of 80+ competition.

BRITAIN: Wilf Morgan, Alistair Aitken  
AUSTRALIA: Bernie Hogan, Jack Pennington

NEW ZEALAND: Clem Green

HONG KONG: J.D. O'Neil

WAVA: Roland Jerneryd

NRDC: Bob Martin

OHIO: Sandra Knott

HAWAII: Mike Tymn

SOUTHWEST: Bill Seldon

### PHOTOGRAPHERS

Bob Pates, David, Zinman,  
Carl Pytlinski, Calif. Track News

SUBSCRIPTION RATES: \$10 for 1 year (12 issues); Canada \$13; Foreign \$18.

The idea of grouping all over 60's or 65's in one bunch creates a wide age difference. Make that wide a spread in the 40 to 60 group and you'll hear much noise.

There's not too many of the older "dudes" but let's keep the 5-year splits. The "sugar pill" article in the same issue, written by Wilfred Morgan, is not a pill we will swallow without a sound. He's wrong.

Herb Anderson is a fine athlete, an inspiration to all and deserves every medal he can win. I don't know P. Goic (Yugoslavia) but if he can show up to compete in 5A, that's worth the awards he receives. Let's keep it like it is. There's a lot of things wrong with getting old in years, but the alternative is worse.

*Boyd Stout  
Alomogordo, New Mexico*

### RANKINGS

Do you have national rankings for the 300-yard dash?

*J. Walker Pierson  
Cherry Hill, N.J.*

[The 1979 rankings are delayed. See separate story in this issue. --E.]

### ERROR IN ONE-HOUR RUN RANKINGS

There was an error in the April 1980 issue in the list of the 1979 AAU one-hour-run champions.

On July 22, 1979, at the University of Hawaii, Mike Tymn, 42, covered a distance of 11 miles 524 yards in the one hour run. Jim Gallup, 43, ran 10 miles 1639 yards in the same event. These statistics have been recorded at the National Running Data Center.

Since Mike Tymn is the overall AAU National Champion in this event and Jim Gallup's time places him third, I hope you will note the correction in the next edition of the newsletter.

*Nancy Courter  
Mililani Town, Hawaii*

[The official 1979 results were compiled by the Snohomish Track Club of Seattle, Washington. Apparently, the distances run by Tymn and Gallup never reached them.--Ed.]



## EAST

**July 2** (Wednesday): Development T&F Meet, Randall's Island, NYC. 6 p.m.

**July 4** (Friday): National Masters 5KM Walk Championships, Philadelphia, PA.

**July 4-6** (Friday-Sunday): USA Masters and Submasters T&F and Pentathlon Championships, Philadelphia, PA.

**July 6** (Sunday): National Masters 20KM Walk Championships, Philadelphia, PA.

**July 16** (Wednesday): Development T&F Meet, Randall's Island, NYC. 6 p.m.

**July 30** (Wednesday): Development T&F Meet, Randall's Island, NYC. 6 p.m.

**August 13** (Wednesday): Development T&F Meet, Randall's Island, NYC. 6 p.m.

**August 16** (Saturday): Masters Relay Carnival. Randall's Island, New York City.

**August 27** (Wednesday): Development T&F Meet, Randall's Island, NYC. 6 p.m.

**September 14** (Sunday): Berkshire 10KM, Westfield, MA.

**September 21** (Sunday): National Masters 50KM Championships, Brattleboro, Vermont.

**October 12** (Sunday): Masters Sports Association 10KM X-C, Van Cortlandt Park, Bronx, 12 Noon.

**October 18** (Saturday): National 10KM Masters Road Championships NYC.

**October 18** (Saturday): Skylon Marathon, Buffalo, N.Y. Contact: (716) 881-2736.

**October 19** (Sunday): Brooks/TFA National Masters 15KM Championships, Arlington, Va.

**Mid-October**: National Masters 20KM Championships, Washington, D.C.

**October 26** (Sunday): National Masters 15KM Cross-Country Championships New York City.

**October 26** (Sunday): New York Marathon. Contact: (212) 580-6880.

**November 1** (Saturday): National 40KM Walk Championships, Long Branch, N.J.

**November 2** (Sunday): Marine Corps Marathon, Washington, D.C. Contact: (202) 433-3238.

**November**: Canada/USA Cross Country Dual Meet. Buffalo, N.Y.

## MIDWEST

**July 4** (Friday): Chicago 20KM Distance Classic. Contact: Wendell Miller.

**July 19, August 2, August 9**: Open Mini-Track Meets, Northwestern Univ., Evanston, Illinois, 8 am. All age-groups. 5-year divisions from 30+.

**July 26-27** (Saturday-Sunday): TFA/USA 1980 Masters Mens Decathlon and Masters Womens Pentathlon Championships, Eureka, Kansas. Entry form in this issue.

## schedule

Track and field events feature competition for men and women over age 30 unless otherwise noted. Long distance events generally are open to all age groups, with the exception of national masters championships, which may be limited to men and women over age 40. Entry blanks for national and regional championships will generally be printed in the newsletter 30-60 days prior to the event.

**August 2** (Saturday): Wisconsin United Athletic Club masters and submasters track & field meet, Univ. of Wisconsin Walnut St. track, Madison, Wisconsin. 1 p.m. Contact: Ron Dennis, 6408 West Gate Rd., Madison, WI 53716. (608) 221-8020.

**August 24** (Sunday): Midwest Masters & Submasters Weightman's Pentathlon Championship and Weight Throw, U. of Illinois at Chicago Circle, 9 a.m.

**August 31** (Sunday): Midwest Masters 25KM Championships. Lake Bluff, Ill.

**September 14** (Sunday): National Masters & Submasters Weightman's Pentathlon & Weight Throw, U. of Illinois at Chicago Circle, 9 a.m.

**October 4** (Saturday): Brooks/TFA National Masters 20KM Championships, Chesterton Indiana.

**October 19** (Sunday): America's Marathon, Chicago. Contact: (800) 621-6940.

**October 26** (Sunday): Great Lakes Weight Pentathlon, U. of Illinois Chicago Circle. Contact: Dave Jacobson, 2140 Lincoln Park West, Apt. 309, Chicago, IL 60614.

**Late November**: Canada vs. USA Cross-Country. Detroit.

**December 28** (Sunday): Midwest Masters 30KM Championships, Lake Bluff, Ill.

## SOUTH

**July 4** (Friday): Peachtree 10KM, Box 11762, Atlanta, Ga. 30335.

**November 30** (Sunday): National 25-KM Walk Championships, Miami Beach, Fla., (tentative).

## WEST

**June 23-July 24** (Monday-Thursday): All-comers T&F meets, Los Angeles area. Mon-Gardena HS; Tues-Venice HS; Wed-Birmingham HS; Thurs-Bell HS. 7 p.m.

**July 12 & 13** (Saturday & Sunday): 11th Annual Senior Olympics, University of Southern California, Los Angeles. Contact: Warren Blaney. (213) 938-5548.

**July 26** (Saturday): 1st Annual Redlands Kiwanis Masters Meet, University of Redlands, 12:00 Noon. Contact: Buzz Wagner, 1522 Margarita Dr., Redlands, CA 92373.

**August 2** (Saturday): Southern California Striders vs Corona del Mar dual T&F meet. Noon. Contact: Walt Butler (213) 681-8531.

**August 2 & 3** (Saturday & Sunday): Northwest Senior Classic, Mt. Hood Community College, Gresham Oregon, 6 p.m.

**August 9** (Saturday): 8th Annual CDM "Don Palmer Memorial" Relays, Santa Ana College, Santa Ana, Calif. 10 a.m. Contact: Dave Jackson. (213) 638-7125.

**August 16-17** (Saturday-Sunday): 4th Annual Home Savings & Loan Pan American Masters Games, USC, Los Angeles. Entry form in this issue.

**September 7** (Sunday): Nike OTC Marathon, 99 W. 10th St., Eugene, Oregon 97401.

**October 4** (Saturday): 7th Annual Santa Barbara Masters T&F Meet, Univ. of Calif. at Santa Barbara, Goleta, Calif. 1 p.m. Contact: George Adams (805) 687-6323.

**October 4** (Saturday): National 100 KM Walk Championships, Longmont, Calif.

**November 9** (Sunday): National 10KM Cross-Country Championships. Seattle. Washington.

**November 29** (Saturday): Brooks/TFA National Masters 10KM Championships, Monterey, Calif.

**November 29** (Saturday): National masters 5KM Cross-Country Championships, San Diego. Balboa Park.

**November 30** (Sunday): Brooks/TFA National Masters 25KM Championships, Monterey, Calif.

**December 6 & 7** (Saturday & Sunday): TFA and Senior Olympics Decathlon Championships, Glendale, Calif. College.

**December 13** (Saturday): Weightmans Pentathlon Championships, Glendale, Calif. College.

**December 14** (Sunday): Honolulu Marathon.

**December 14** (Sunday): National 50 Mile Track Championships, Santa Monica, Calif.

## FOREIGN

**July 12-13** (Saturday-Sunday): British Veterans T&F Championships, Copthall Stadium, Hendon, England.

**July 19-August 3** (Saturday-Sunday): 1980 Olympics. Moscow.

**August 3** (Sunday): Avon Women's International Marathon. London. All ages. No qualifying times. Contact: Avon, 9 W. 57 St., NYC 10022.

**August 6-10** (Wednesday-Sunday) 2nd European Veterans T&F Championships, Helsinki, Finland. Contact: Pekka Dautto, Mannerhemintie 18 A 00100 Helsinki 10, Finland.

**August 23 & 24** (Saturday & Sunday): 3th Annual World Veterans Road Championships (IGAL) Glasgow, Scotland. 10KM and Marathon. Men 40+. Women 35+. Contact: 1980 World Veteran Events, Scottish Amateur Athletic Association, 16 Royal Crescent, Glasgow G3756 Scotland.

**August 30-September 1** (Saturday-Monday): Pan American Masters Track & Field Championships, San Juan, Puerto Rico. Entry form in this issue.

**August 30-31** (Saturday-Sunday): Canadian Masters T&F Championships, Ottawa. Contact: Denny Daniels (613) 820-2131.

**September 21-22** (Sunday-Monday): British Veterans Decathlon Championships, Loughborough College.

**October 5** (Sunday): British Veterans Marathon Championships, Stoke-on-Trent.

**November 1** (Saturday): Canadian Masters Cross-Country Championships, Toronto. Contact: Don Farquharson (416) 282-2555.

**January 3 & 4, 1981** (Saturday & Sunday): 14th Annual World Veterans Road Running Championships, 10KM and 25KM, Palmerston North, New Zealand.

**January 8-14, 1981** (Thursday-Wednesday): 4th World Veterans Track and Field Championships, Christchurch, New Zealand. (Men 40+. Women 35+.)

## POSTAL

**January 1 - August 31**: One-Hour Run Postal. Al Huff, 18127 1st Ave. N.W., Seattle, WA 98177. (206) 542-2930.

**August 1-November 30**: Postal 1-hour walk. Jim Beam, director.

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Please send any additions or omissions to Al Sheahan, Editor, National Masters Newsletter, 6200. Hazeltine Ave., Van Nuys, CA 91401.

## DEADLINE

NMN is written BY masters athletes FOR masters athletes. We need and welcome your reports of meets, races, schedules, photos, comments, etc. Deadline for editorial material and advertising for the August issue of NMN is July 10. Send to *National Masters Newsletter*, 6200 Hazeltine Ave., Van Nuys, CA 91401.



## Grandfather Games continued from page 1

said. "I ran 63-69 splits today. My second lap time will improve."

Vern Cheadle broke the U.S. age 70-74 discus mark by 1-inch with a 126-6 heave, topping Ken Carnine's 126-5 set last October 6.

Newton continues to be one of the most remarkable Masters athletes in the world. A 56-second quarter-miler when he entered Masters competition in 1975 at age 41, he has continued to improve each year, defying the philosophy of those who say you lose your speed at 43.

If Newton was going to break Stolpe's world mark which had withstood assault after assault for eight years from the likes of Hans Bruhner, Jack Greenwood, Johann Hesselborg, Miloje Grujic, Danny Burger, Bill Fitzgerald and others, it was thought he'd do it in 1979 when he turned 45. Indeed, his dual with Grujic in the finals at the World Games was a classic, but Stolpe's record held, as Grujic edged him, 52.12 to 52.14.

How does he keep improving?

"I'm training with a 30-pound vest on the hills," Newton confided. "I feel like a feather on race day."

Nick is reportedly the champion junk-food eater of the Masters program. He works a regular job, is building his starting-blocks business, takes care of a family, and breaks world records on the side.

"I don't get much sleep," he admits, "but it doesn't seem to bother me."

Another highlight of this always-popular meet was the return to action, after a 5-year absence, of world 400 gold medalist Don Cheek.

The San Luis Obispo, California athlete won one of the most exciting duels in the history of the Masters program at the 1st world games in Toronto in 1975 to win the 45-49 division championship over Singapore's Hari Chandra.

Now 50, the personable Cheek seemed as good as ever as he won the 100, 200 and 400 in the very tough 50-54 class, defeating world-class athletes Bob Watanabe and Ozzie Dawkins in the two sprints.

1978 National Masters sprint champion Ken Dennis, 43, who had hamstring problems last year, took both sprints to win outstanding track honors in the 40-49 division. He topped newly-turned-40 Doug Smith and 1979 national 40-44 champion Lewis Smith in 11.15, compared to his 10.8 winning time in Atlanta in 1978. He won the 200 in 22.7, only 0.2 off his 1978 championship time, beating Dave Segal (23.04) and Newton (23.56).

Mel Elliot won the 800 in the 40-49 group in 2:03.2 while George Cohen took the 1500 in 4:30.1.

Hannover silver-medalist Al Henry took the 40-49 100-hurdles in 15.24 and long jump at 19-8. Gary Bane took the high jump (5-6), pole vault (11) and javelin (131-11) but narrowly lost the outstanding field performer in the 40-49 class to James Hart who took the shot (43-9), Hammer (115-10), and Discus (136-7).

## Whitney Sets Sprint Mark

HOUSTON, TEXAS, May 31. Ruben Whitney, running for the San Antonio Track Club, broke the American record for the 35-39 division in the 100-meter dash today in the Athletics Congress Southwest Regional Masters Track and Field Championships at St. Thomas High School.

Whitney was clocked at 10.36 in the race, breaking Mel Pender's 1973 mark of 10.4.

"I plan to go for the world mark at the Western Regionals in San Diego," Whitney said. The world standard is 10.3, set by Edward Jeffries of South Africa in 1971.

Whitney, the 1978 national masters 30-34 champion in the 100 (10.6) and 200 (21.7) also won the 200 in 22.03, close to Ken Dennis' American 35-39 record of 21.9.

"I'm in great shape," Whitney said, "and I hope to have an outstanding season this year."

--from Bill Seldon,  
San Antonio Track Club

## Footnotes

by Dean Reinke

[Dean Reinke is the Promotion Director of the Brooks Shoe Company. A 4:02 miler and 2:24 marathoner, he holds a Masters Degree in Exercise Physiology from Indiana University. A speaker at numerous clinics throughout the country, he writes a weekly syndicated newspaper column on "Running" in addition to his monthly "Footnotes" column appearing below.]

**Megaraces:** Megaraces are an interesting departure from the "smaller" runs of 500-1000 runners held throughout the country. Last month I joined 14,000 others at the "Lilac Bloomsday Run" in Spokane, Washington, a superbly organized event directed by '76 Olympic Marathoner Don Kardong. Fortunately, Mt. St. Helens was still only brewing and the course was not yet full of ashes (as it is now).

**Trials Marathon:** I returned East to view the U.S. Olympic Marathon Trials in Buffalo, featuring over 150 of America's top marathoners. Although Bill Rodgers, Don Kardong and Garry Bjorkland were missing, the field was still one of the finest ever assembled as 56 runners broke the 2:20 barrier.

**Pro Road Racing:** Significantly, the trials also served as the meeting site for the newly formed Long Distance Running Director's Association (LDRDA), headed by New York City Marathon Director Fred LeBow. The group of 25, representing the major road racing events in the U.S., voted to pursue with the Athletics Congress a system to allow athletes to compete for prize money in a circuit of road races.

Details of a "Grand Prix-Style Point System" were further elaborated upon describing top U.S. road races and a developmental fund to further promote the sport.

The group is currently seeking endorsement of its proposal from the Athletics Congress, the U.S. voice in track and field and road racing internationally. Endorsement would then have to follow from the IAAF (International Amateur Athletic Federation) at its June meetings. The highly conservative ruling body of Amateur racing internationally will be the greatest obstacle to success. Insiders report that plans call for initiation of the circuit with the 1980 New York City Marathon if approval is obtained.

**Grete Again:** It was my second trip to the "L'eggs Mini-Marathon" in New York and the second world record at 10 km I watched Norwegian ace Grete Waitz run. From the gun, it was all Grete as she took the lead and was never threatened running smoothly over the hilly Central Park layout.

The women's scene is rapidly improving as several women new to the national scene made great improvements in New York. Hats off to Bonne Bell, L'eggs and Avon for their women-only quality events throughout the country which provide inspiration and recognition for the constantly increasing numbers of female participants.



New world 50-54 long jump record holder (21-1) Shirley Davisson, (L) welcoming 1975 world 45-49 400 gold medalist Don Cheek back into masters action. photo by Wilbur Buchanan



John Perry, winning 35-39 800 in 1:59.9 in Grandfather Games. May 24.



Pete Mundle winning 50-54 5000 in 17:38.0 in Grandfather Games.

Farrell's performance, many observers felt, even surpassed Newton's effort. "A 39-foot triple jump at age 62," said National Masters Record Chairman Pete Mundle, "is an incredible achievement."

Farrell set the mark on his home track, where he can often be seen practicing his steps and spacing on what must be his favorite runway. Since 1975, no one has approached his age 55-59 world triple jump mark of 41-5.

In the 30-39 category, John Perry's 1:59.9 800 took top track honors. Theo Viltz won the hurdles in 15.0. Sam Pinterpe took the 400 in 51.81. Tim Knappen was best-field-performer with a 14-6 pole vault Lloyd Higgins doubled in the discus (159-6) and high jump(6-1).

Hal Wallace took field honors in a competitive 50-59 battle, winning the pole vault (10-6) and placing in the shot, discus and javelin.

Byron Walls won both sprints to win 60-69 track laurels. Farrell and Burl Gist were other double winners in their group.

Tony Castro ran a fast 29.72 to win the 70+ 200, and doubled with a 14.31 in the 100. Monty Montgomery, running on his home track, won the 800 in 3:05.1. Red Doms won the triple (21-10½) and Javelin (87-1).

Diane Uribe topped women track athletes with a meet-record 26:48 in the 5000-meter walk. Barbara Terhune won the 10,000 in 39:37.5. Karen Huff won field honors with triumphs in the shot (29-8) and javelin (92-7).

Results on page 14.....

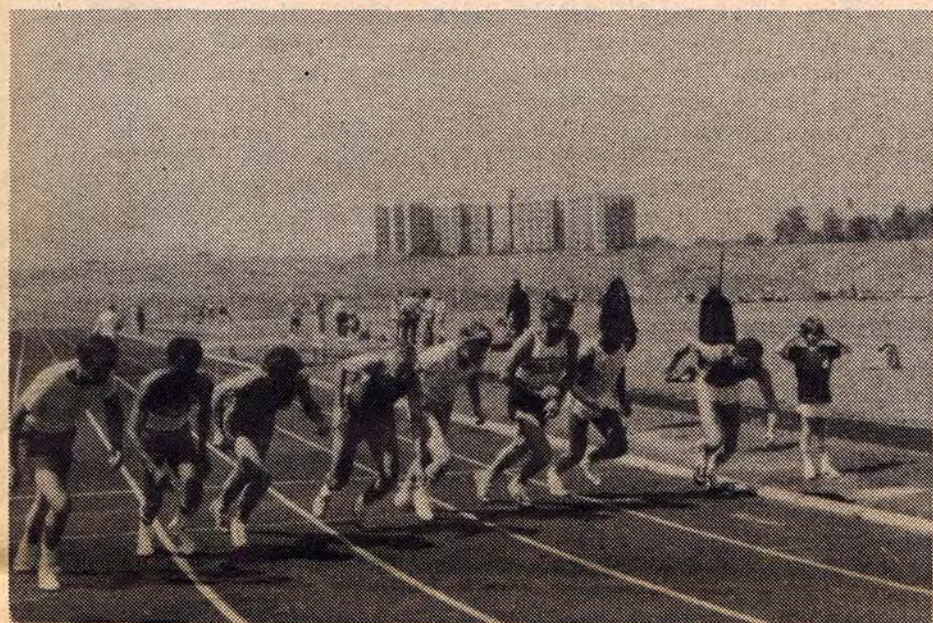


## Southern Pacific Association continued from page 1

Congress, USA Masters Track and Field Championships.

Fitzgerald, who turned 55 on May 20, had come close to Gilmour's mark on May 24 when he ran a 2:12.5 800 for a new American 55-59 standard. Again running with the 40-44 men for added competition, he came by the first lap in 63, the same split he clocked two weeks earlier. True to his prediction that "the second lap would come easier as the season progressed," he kept his motion and strong action all the way around to finish in 63:66--2:09.7.

"I had the flu all week," the new standard-bearer said. "I didn't even enter the race until the last minute."



Start of Masters 1500 at So. Pacific Meet

Fitzgerald was one of the earliest runners on the scene when the Masters program first began in 1967. He holds the world age 50-54 800 record of 2:01.1, set June 29, 1975. He owns the U.S. age 45-49 800 standard of 1:58.1, set at age 48 on July 6, 1973. He holds the world record for the mile in both the 50-54 division (4:32.2 in 1975) and the 45-49 division (4:29.5 in 1972). His 1500-meter times of 4:18.5 in 1975 and 4:10.4 in 1972 are American records in the 50-54 and 45-49 age groups, respectively.

Fitzgerald may next be gunning for Jack Ryan's 1500 and mile world records. The Australian set both 55-59 marks of 4:20.7 in the 1500 and 4:40.4 in a three-month span in 1977-78.

Miller's record-breaking performance not only broke the world record by 8 seconds, but also took 48 seconds off Carol Cartwright's U.S. women's 50-54 5000 mark of 20:15.9.

Miller has had an outstanding couple of years. More known for her running on the roads than on the track, last year she set four U.S. women's road marks for women 50-54 in the 10K, 15K, 20K and 25K.

In April of this year, she won the Nike Masters Championships over all women masters, regaining her 10K mark in 39:09.

"I've never really stopped running," said the diminutive 53-year-old. "Now

I'm doing two-a-day workouts and am up to 70 miles or more a week."

Miller has taken a leave of absence from her job and plans to compete in the 13th World Veterans Road Racing Championships in Glasgow, Scotland this August.

Meet Director Tom Sturak was ably assisted by Bill Adler, Jim Parks, Ray Manion and other volunteers as the program went off in good order in 90-degree weather.

150 men and 20 women signed up for the meet which seems to always bring out quality performances. Among them: Mike Jackson, Hilliard Sumner and Glenn Johnson waged torrid duels in

the 30-34 sprints, Jackson winning both in 10.9 and 22.0. Sumner captured the 400 in open-class time of 48.8.

Nick Newton's time of 51.5 in the 400 would have broken the world 45-49 division record had not Newton, himself shattered it two weeks earlier in 51.11. Three runners bettered 53-seconds in the 40-44 400, Bill Knocke, George Cohen and Gary Miller.

John Perry ran a 1:56.9 to win the 35-39 800, while Cohen upset Mel Elliot in one of the fastest masters 800's ever run on the west coast. Cohen's 1:59.9 would have won the 1st world masters Championships in Toronto and would have almost won a medal at last year's World Games. Elliot couldn't stay with Cohen in the stretch but finished in a game 2:02.4.

National champ Miki Hervey, a Dallas-based flight attendant, journeyed from the Lone Star state to cop the 100 and 800 in the women's 35-39 category.

The 40-44 field of women runners was larger than ever, as new faces Christa Romppanen, Jane Dods, Jeanne Carter and Sheila Smith showed up. Dods and Carter each entered five races, trading victories and running well in an impressive display of conditioning.

Doug Smith, 40, doubled in the 100 (11.6) and 200 (22.7). Improved Gene Harte took the 100 (12.5), 200 (26.3) and 400 (56.8) in the 50-54 competition.

## Certified Courses

by

Bob Martin

National Running Data Center

How can I be sure of running a race on a certified course? That's a question we're often asked. Many runners think they are running a race on a certified course, and later are dismayed to find out that the course wasn't certified at all. Thus their marks can't qualify for records, rankings, or qualifying times for other events.

If the entry blank says it's certified, if the race director says it's certified, if it's a national championship, doesn't it have to be certified? Unfortunately, the answer is no. The reason is another form of cheating, perhaps inadvertent, this time at the expense of the runner.

These situations arise in several ways. The national bodies award championships on the basis that the course will be certified. But this is just a promise that it will be certified, and in many cases the certification is never obtained and the national body doesn't follow up or do anything about it. Another situation is a race advertised on a course with "certification pending." This may mean a variety of things, from only a vague intention of measuring and submitting it for certification, to a course that is already measured with the paperwork submitted with only approval being awaited. A third type of problem is a misunderstanding on the part of the race director as to who must approve a certification. A course may be "certified" by some local body, and be advertised as certified, but may not have been approved by the National Standards Committee, which must approve certifications for courses to be officially recognized as certified. Finally, the race may not be run over the course exactly as certified, thus causing the marks to be disallowed for record purposes.

So what's the answer? We've found no foolproof way to be sure our own runs are on certified courses. But some precautions can be taken. First, if a course is listed in the latest edition of

Wilbur Buchanan won the 200 (28.1) and 400 (63.4) in the 55-59 category, despite nursing a sore hamstring. Tim Knappen vaulted 15-1 to gain the 30-34 crown. Al Henry won both jumps and the high hurdles in the 40-44 class. Gary Miller, 42, fielded an unusual triple, winning the 400 hurdles and javelin, and taking 3rd in the tough 400.

Shirley Kinsey garnered four firsts in the women's 50-54 division. John Whittemore and Paul Spangler proved their case for 80+ competition. Whittemore winning four field events and Spangler taking the 5000 before withdrawing due to injury.

U.S. Senator Alan Cranston won the 100 and 200 in the 65-69 group, and Edith Mendyka won four in the women's 65 division.

Results on page 17....

the NRDC book "Certified Road Running Courses," you can be sure it has already been certified. The 1980 edition of that book lists all of the courses in the US for which certification was approved through mid-April 1980. A course listed as "certification pending" or one billed as "will be certified" presents a more difficult problem. Only the reputation of the race director or the organization putting on the race can give an insight on whether the course will really be certified for the race. Runners can attempt to find out the specifics of how far course measurements and certification paper work has proceeded, but that is sometimes difficult.

Once it is determined that there is a certified course of the proper distance in the area, the question is then whether or not the race will really follow the exact course. This is more difficult to determine. Again, the reputation and experience of those putting on the race is a big factor. Traditional races that have been successfully run on certified courses in the past give the best odds of completing the run on a certified course. If the national bodies insist that a course be certified before a championship is awarded and also insist that the race be run on the course exactly as certified, runners can be more confident that they will be running a certified course when they enter a championship.

## Report From W.A.V.A.

by Don Farquharson  
President,

World Assoc. of Veteran Athletes

Biggest international veteran (masters) news this month is that the first of a newsletter series by W.A.V.A. has commenced.

These newsletters will list World Veteran news and views, rankings, records, and a great deal else of interest. We will produce 4 issues a year and all subscriptions will fall due on the same date. Four issues are \$7.00; three are \$5.25, etc. Send checks to: W.A.V.A., c/o Sport Ontario, 160 Vanderhoof Avenue, Toronto, Ontario, Canada M4G 4B8.

Where will the 5th World Veteran Championships (1983) be held? The meet has taken place in North America (Toronto 1975), Europe twice (Gothenburg 1977 and Hannover 1979), and will be held in Oceania (Christchurch 1981), so it should be the turn of Asia, Africa or South America in 1983. To date, we know that two United States venues have been considering a bid, however. Both are somewhat low-keyed now, but Nebraska and North Carolina are in the ring. The latter may prefer 1985, that is if the former does not bid or is unsuccessful for 1983. Venezuela has shown interest and so has Puerto Rico--but neither has come forward officially. Bids must be made prior to the New Zealand Meet. .



## Let Sports Travel International LTD. tell you about New Zealand

**General facts of interest** .....  
Yes, the New Zealanders do speak English. However, many visitors to "Enzed" could use some extra help with the vocabulary. In addition to a different accent, the "Kiwis" have a "down under" slant on meanings as well as pronunciation. Wrap your tongue around a few words from "Godzone" and get a taste...and "entree"...of your WAVA Meet tour.

|             |               |   |
|-------------|---------------|---|
| g'day       | (gidday)      | Hello   |
| She's right |               | That's all right  |
| Godzone     |               | New Zealand, short form for God's own country.  |
| Kiwi        | (keewee)      | 1) a flightless, New Zealand native bird,<br>national emblem of New Zealand<br>2) a person from New Zealand |
| Down-under  | (dare-nunder) | Australia and New Zealand   |
| Enzed       |               | New Zealand   |
| Enzedder    |               | New Zealander   |
| entree      |               | an appetiser. A main course is simply called<br>a main course   |

**DID YOU KNOW THAT:** New Zealand has 5,700 miles of coast line, many rivers and lakes, one of the world's largest waterfalls, i.e. 1,904 ft. Sutherland Falls, plus geysers, boiling mud, hot pools and springs.

Your ABC's of places you want to know about and to see: **Auckland** - the major city, located on the North Island, seat of commerce and night-life.

**Bay of Islands** - one of the most historically interesting areas of New Zealand, 160 miles north of Auckland. In 1840 at Waitangi, the Maori chiefs ceded sovereignty to Queen Victoria. The Treaty House is now a museum. The coastal waters are renowned for deep-sea fishing (swordfish, marlin, and mako shark.)

South Island's **Christchurch** - founded in 1850 as a model church settlement is more "English" than cities in England. Victorian and Gothic buildings, delightful gardens, neat residences, lovely well-kept parks, even the river Avon provide charming accents to this treasury of friendliness on the Canterbury Plains.

## Now let Sports Travel International LTD. take you to New Zealand Specific facts .....

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Phone: home (\_\_\_\_\_) business (\_\_\_\_\_) \_\_\_\_\_

Questions: \_\_\_\_\_

Please send entry form for: ☐ Christchurch ☐ Palmerston North ☐ other \_\_\_\_\_

## Bay to Breakers Road Race

by Dana Roper

(Reprinted from Lincoln Track Club  
Newsletter)

It really doesn't need to be encouraged. A large segment of the population already consists of sprout eaters and slight eccentrics listening to mantras played by a different drummer, but the sponsors of the Bay to Breakers continue to make annual awards for the best individual and team costumes. This year was no different. And as the grade school teachers always said, "I wish I had an award for everyone because you are all so deserving." To look at the attire of the runners, one might have guessed the race was sponsored by the Shriners and High Times magazine rather than the San Francisco Examiner.

For most of its 69 year existence, the event survived as a legitimate foot-race; reportedly the oldest continually run roadrace in the United States. Several years ago, however, two young men ran the 7.63 mile course in tuxedos. In doing so they touched off some of the most bizarre cases of one-upmanship in memory.

An estimated 24,000 people ran in this year's event. A little over half of them were officially entered. The starting line looked like Times Square at New Year's Eve. A band played. There were people wearing "Rosie Ruiz Track Club" T-shirts. Top hats and air horns were common. The "Fruit of the Loom" running team was there with bananas, grapes, etc. on their heads, and the appropriate colored underwear. The 150 seeded runners were protected from these loonies by a line of officials with locked arms. Every minute that passed on the countdown clock brought an even greater roar from the crowd and a slight inching forward. Eventual winner Craig Virgin said at this point he merely hoped to survive.

Despite the conditions, when the gun was fired the runners did not aggravate the situation by pushing and shoving. The unavoidable jostling was accompanied by an apology or a helping hand. It took 20 minutes for some runners to clear the starting line. A considerable numbers avoided this problem by hopping barricades and joining the race in progress. Even the seeded runners had to spend some time running to daylight.

Friends clocked Virgin at a 4:42 average for the first five miles and 4:26 and 4:30 for the sixth and seventh miles. He blew second and third place finishers, Bobby Hodge of Boston and John Andrews of Australia, away on the infamous Hayes St. Hill. What Heartbreak is to Boston, Hayes is the Breakers. Virgin's 35:11 winning time broke Hodges record by over a minute and a half.

Virgin was incredulous as he watched a TV at the finish line showing the hoards of people still running and

walking up the Hayes Street hill, which is slightly over two miles into the race. The race is broadcast live on local TV. This is somewhat gutsy since one woman ran the event topless and a man stark naked, carrying his running clothes in his hands.

A band played the theme from Rocky at the top of Hayes Hill and at the bottom three belly dancers, complete with sound system, performed.

Even though a Muni Bus was officially allowed to enter the race 4 years before women could enter, the performance of winner Laurie Binder was incredible. She is 32 years old and never ran on a high school or college track team. Four years ago she began jogging to feel better and kick a pack-a-day smoking habit. Her first attempt at running ended after 600 yards. Today she is one of the top ten women road racers in the U.S. She was fourth at this year's Boston Marathon. A full time nurse, she rises at 5:30, runs 8-10 miles, works and runs another 4-6 miles afterwards. At Bay to Breakers Binder was 94th overall in a time of 42:20, breaking her own record of 43:08.

One of the hazards of Bay to Breakers are the centipedes. The race decides the world championship. A centipede consists of 13 runners connected in one form or another by sheets, baggies, etc., generally wearing an antenna on their heads. One group wore deer antlers with the end runner dressed as Santa Claus. The centipedes run circles, change directions, and in general have a great time. However, the winning Aggie Centipede from the University of California at Davis covered the course in 48:36. One centipede consisting of forty runners had considerable trouble negotiating the turns.

At the finish line, Hare Krishnas chanted as the circus continued to roll in. Six men dressed as cardboard Heineken Six-pack finished. Two men attired as doctors carried a stretcher with a dummy head. Jungle warriors, clowns, Dracula, pumpkins, M & M candies, and the cookie monster all crossed the line. One man dressed as a speed boat and was followed by 'a skier', towrope in hand, cutting from side to side. A young man dressed in a white wedding dress, veil and carrying a bouquet finished in a creditable time amid shouts of "Klinger, Klinger."

The fourth annual San Francisco Marathon will be run July 13th through Golden Gate Park. The date will hopefully provide enough time to get the centipedes off the course.

### NEED BACK ISSUES?

Most back issues of the *National Masters Newsletter* are available for \$1.00 each, plus 50 cents postage & handling for each order.

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## On Tap for July

The highlight of any July in the Masters athletics program is the National Masters Track and Field Championships, scheduled this year for Philadelphia's Franklin Field July 4-6. Meet director Bert Lancaster expects upwards of 500 men and women athletes over age 30 to enter the competition.

Penn Mutual Life Insurance Co. will be helping out with arrangements, publicity and expenses.

Development meets continue every other Wednesday at 6 p.m. at Randall's Island, New York, as do the all-comers meets in Los Angeles with masters competition each Wednesday.

The Senior Olympics will be held at the University of Southern California's new track July 12-13. The competitive Striders-Corona Del Mar dual track meet (guests are invited) is set for the 26th.

Three National Masters Walk Championships will be held: the 5K and 20K in Philadelphia on the 4th and 6th, and the 15K in Niagara Falls on the 12th.

While the long-distance activity is at a minimum, the classic Peachtree 10km and Chicago 20km are annual 4th-of-July staples.

The National Masters Mens Decathlon and Masters Womens Pentathlon are set for Eureka, Kansas on the 26th and 27th. An entry form is enclosed.

Overseas, the British Veterans T&F

Championships will be in London on the 12th and 13th. And, of course, the Olympics get underway in Moscow July 19, with several U.S. meets scheduled during that time for non-Olympic-competing nations.

In this issue are entry blanks for the 4th Annual Home Savings & Loan Pan-American Masters Championships in Los Angeles August 16-17, and for the 1st Pan-American Masters Championships in Puerto Rico August 30-31.

6 Months To Go

## Countdown To New Zealand

Decision time is less than 90 days away for athletes who may wish to participate in the 4th World Veterans Games in Christchurch, New Zealand January 8-14, 1981.

Entries must be received by the World Games Committee not later than October 1st, 1980. Entries for the 14th I.G.A.L. World Road Racing Championships January 3-4, 1981 must be received by November 3, 1980 to avoid a double-entry fee.

Travel reservations should be made as soon as possible, so as not to be shut out of the flights you prefer.

The entry forms will be published in an upcoming newsletter. The schedule was printed last month. Meanwhile, entry forms are available from Sports Travel International, 4869 Santa Monica Ave., San Diego, CA 92107; Simone Travel, 200 W. 57 St., New York, N.Y. 10019; and Midwest Masters, 180 N. LaSalle, Chicago, IL 60601.

Or, you may write directly (allow plenty of time for reply) to: World Veterans Committee, P.O. Box 31-102 Ilam, Christchurch, New Zealand or the The Secretary, 14th I.G.A.L., P.O. Box 1216, Palmerston North, New Zealand.

The Canterbury Branch of the New Zealand Federation of Sports Medicine, Inc., will conduct a one day seminar on sports medicine on January 6 in Christchurch. Papers will be presented by an international panel of speakers. Anyone who is interested and requires more information, or who would like to forward titles of papers they would like to have considered to be included in the program, should write to Dr. D. Dalley, Sports Medicine Seminar, World Veteran Games, P.O. Box 31-102 Ilam, Christchurch, New Zealand.

## MOVING?

National Masters Newsletter is mailed third class bulk rate and is not forwardable. When you move please let us know at least 3 weeks in advance.

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# MASTERS SCENE

•**Sandra Knott**, 43, national masters champion and former national AAU record holder and 1964 Olympian, placed 4th overall in the women's division of the Revco-Cleveland 10,000 May 18 in 37:29.

•Despite unanimous opposition from the U.S. Olympic Committee's executive board, Los Angeles officials stand firmly against adding any new women's events to the 1984 games, the IRC reports. "There are a lot of pressures to put in more events," Hank Usher of the LA organizing group said, specifically pointing to the women's marathon. "That runs up dollars, which bring things out of control." The question remains, the IRC asks, whether or not athletes will "have any Olympics left to run by 1984. Amid this uncertainty, the push toward openly professional running accelerates."

•The 1980 Philadelphia Half-marathon, sponsored by the YMCA and the Philadelphia Inquirer, is set for Sept. 21. The certified flat course goes through historic Philadelphia, including restored Society Hill, old Independence Hall Square and Benjamin Franklin Parkway, with a scenic loop around the Schuylkill River. Split times, mile and metric markers, water and sponge stations, medical support and refreshments are promised. Results will be published the following week in the Inquirer. A separate corporate 6-person team competition will be held. A clinic and pre-race pasta dinner will be held on Sept. 20. Ten-year age competition for submasters, 40-49, 50-59 and 60+. Send \$6 to YMCA, Philadelphia Distance Run, 1421 Arch Street, Philadelphia, PA 19102.

•The 3rd annual Kendall Womens Classic will be held July 12-13 at Boston University's Nickerson Field. The meet is open "to girls and women of all ages and abilities." There is no entry fee. For an entry form, call (617) 267-0055.

•**Jim Weed** reports that the Colorado Athletics Congress State Championships are set for Aurora Central H.S. July 26.

•The Bordeaux Grand Prix/Sports Festival will be held in September, 1980. The 3-day marathon consists of a 7.1 mile road race, a 6-mile cross-country and a 13.1 mile half-marathon. In addition, seminars and a sports equipment show are on tap. For more information, contact: FARA, Box 70657, Fort Bragg, NC 28307.

•One of the favorites for the 1981 World Veterans Championships is **Roger Robinson**, a 40-year-old professor of English from the University of Wellington in New Zealand. He's spending six months studying in London this year. No sooner did he get off the plane from Auckland than he stepped into a 10k race in Los Angeles on June 1. In a field of 210 runners, **Robinson** crossed the finish line first in the eyebrow-raising time of 30:45. P.S. The American 10k road record for men over 40 is 31:34.

•National Masters Track and Field Vice-Chairman **Tom Sturak** and former women's world marathon record holder **Jacqueline Hansen** are the proud parents of a boy, **Michael Thomas**. Showing all the signs of a classic false-starter, Michael arrived two weeks early on May 23, surprising the Hansen-Sturaks while they were on a business-running trip to San Diego. "I felt fine while we were running Thursday evening," Hansen

said. "My doctor had told me he was a week or two away." Nevertheless, Michael checked in later that night at 8 pounds, 8 ounces.

•**Rodney Charnock** of Norfolk, England is working on a project to compile all-time ranking lists for each age group in the Pentathlon/Decathlon. He is looking for results and performances from the past decade. If you have any old results of noteworthy efforts, send them to Charnock at September Cottage, Stanhoe Road, Docking, Norfolk, England.

•The 1st World Indoor Veterans (Masters) Athletics Championships will be held in Milan, Italy in March, 1982. The date has been changed from December, 1981 so the meet can be held in the days immediately preceding the European Indoor Athletic Championships.

•At its National Championships in April, the United States Association for Blind Athletes introduced a Masters Division in track, field and swimming. With 1/20th vision, **Charles Buell** ran the 1500 in 9:30 at age 68. "Blind people can be as physically fit as their sighted peers," Buell says. More information on Masters competition for blind persons can be obtained from USABA, 55 W. California Ave., Beach Haven Park, N.J. 08008 or from Dr. Charles Buell, 33905 Calle Acordarse, San Juan Capistrano, CA 92675.

•The World Championship Pack-Burro Race (30 miles) will be held in Fairplay, Colorado July 27, followed by the International Pack-Burro race (25 miles) August 3 in Leadville, Colorado. Contestants are not allowed to ride their burro, but must run as a team with a lead rope and halter. Prize money ranges as high as \$1200 for first place. Phone Lee Courkamp at (303) 422-1649.

•**Dr. Joan Ulyot**, noted master's marathoner and author of the best selling "Women's Running," announced the release of her latest book last month.

•The Eastern Regional Masters Track and Field Championships were held June 28-29 in West Hartford, Connecticut under the sponsorship of Susse Chalet Motor Lodges and Inns. Susse also sponsored the Eastern Regional Masters Indoor Championships March 9 and is enthusiastic about supporting the Masters program.

•**Dave Jackson** says to mark your calendar for a tentative meet in Los Angeles on Saturday, August 2. There is also the possibility of a masters track meet on Saturday, July 19th at the University of Redlands.

•**Hal Higdon** on May 17, ran a faster time than the listed 20-mile American 45-49 record of 1:56:39 in the Syttended Mai Run in Madison, Wisconsin. His time was 1:54:27, but it will be listed as "aided," even though "the course was devilishly hilly and we were running into a headwind," he reports. Higdon ran a creditable 2:45 marathon at Boston. "That sounds good, except I was by the half in 1:12. I came unglued after a too-fast start on a hot day and wound up walking most of the last four miles."

•Voodoo in Haiti, anyone? **Diana Schneider** of Simone Travel is organizing a low-cost gambling-swimming-dancing-eating-relaxing-voodoo tour of the island for \$442.50 each from New York. For info: (212) 541-9690.

•**Rick Howar**, vacationing in Australia, reports professional track is flourishing there. "2000 runners and 25,000 spectators gather every Easter for three days of betting, drinking and running." This year's Stawell Easter Pro Track Carnival was held in Victoria.

•The National Standard 10K cross-country run, 80% grass on rolling hills, is set for October 26 in Gaithersburg, Maryland. Send SASE to Paul Lamperti, R.P. C210, National Bureau of Standards, Gaithersburg, MD 20760.

•**Buell Crane** hasn't been around to any big meets since 1977, fighting injuries. The holder of several single age records in the 70+ field events, Crane turned 80 in March. He pulled a hernia last summer and was operated on in August. He's been plagued with sciatica since '77, but says he "just about has it licked." He plans to enter the Denver decathlon and the nationals in Philadelphia, and, "If all goes well, I plan on New Zealand."

•**Crane** reports that **Lou Gregory**, 78, had a heart attack and came out of the hospital with a pacemaker. "He's walking two miles a day but gets very tired. He had a stroke two years ago but was back running in 6 weeks. He's been some competitor and plans on running again." Crane and Gregory have been close friends for many years, "but I haven't seen him since he and his wife Tina spent four days with us at Twin Falls in 1977." Gregory finished 2nd in the Boston Marathon at age 38 while breaking the old record. He won six national AAU 10,000 titles from 1929 to 1943, and has won countless number of Masters national championships.

•**Ruth Anderson**, 50, of Oakland, Calif. returned to the Lincoln, Nebraska marathon to run 7th in 3:17:50, 13 minutes off her PR and 3 minutes off the course mark she set last year. Ruth is a graduate of the University of Nebraska at Lincoln. **Jeff Chevront** of Lincoln was top master in 2:42:39. **Bob Bartling** of Brookings, South Dakota won the 50+ division in 2:54:10. 93% of the starters completed the race, high for most marathons, but typical of Lincoln's--735 men and 61 women.

•In the Lincoln, Neb. 6th Annual General Allgood Jolly Jogathon April 27th, **Bob Warren** won the 40-49 long jump (19-10 1/4), shot put (43-9), and 120-yard-hurdles (26" in 15.4).

•The 7th Annual Crystal Lake-Woodstock Area 15k run and 5k joggers run

will be held Sunday, July 13 at 8 a.m. at Veteran Acres Park, north end of Main St. in Crystal Lake, Illinois. All age divisions. 5-year divisions for 25+. \$5.00 day of race.

•**Jim Syracuse** was the first master in the 4th annual Crystal Lake, Ill. 20km run June 8 with a time of 1:17:08. **Les Bergquist** won the M45 in 1:24:40. **Jack Whalen** was top M50 in 1:27:52. **Floyd Smithberg** took M60 honors in 1:32:11. **Frank Rioux** was 5th overall and first 35-39 in 1:13:05. **Judith Krichoffer** copped female 40+ laurels in 1:50:45.

•The 9th annual Masters track & field meet will be held at Sterling High School Sterling, Illinois, Sunday, July 13 at 1 p.m. Contact: Dick Cox (815) 625-1265.

•Noting the lack of masters activity in the Wisconsin area, **Ron Dennis** is organizing a masters and submasters track & field meet on Saturday, August 2 in Madison with the help of the United Wisconsin Athletic Club. Contact Ron at 6408 Westgate Rd., Madison, WI 53716.

•National Masters 100 Champion in 1975 **Bob Whilden** of Houston just turned 45 and plans to try to recapture his title in Philadelphia July 4. Whilden was a member of the University of Texas record-breaking relay teams of the mid-50's, clocking a 9.4 and 9.2w in the 100-yard-dash.


•Another collegiate runner **Phil Cordero**, who ran 1:53 at Berkeley 20 years ago, has turned 40 after years of inactivity. Cordero was timed in 2:12 recently, and is excited about enjoying a 2nd career in track & field.

•Late news on **Roger Robinson**, who is cutting a wide swath across the country as he heads for London. The New Zealander won the masters class and placed 3rd overall in the Hospital Hill 1/2 Marathon in Kansas City June 8. Over 4000 competed. **Ron Tabb** won, with **Robinson** 3rd in 1:10:20. (U.S. record: 1:07:24 by **Herb Lorenz**) "It was colossally hot and humid," Robinson said, "and I was delighted with my time after trotting very cautiously through the first 3/4 of the race." Robinson will compete in the 13th I.G.A.L. World Road Racing Championships in Glasgow, Scotland August 23.

•The Heart of Texas Masters Track and Field Championships will be held Sat. July 26 at the Baylor University Track in Waco, Texas. Competition in 10 year age divisions for men and women of all ages. Contact: **Ray Bowden**, P.O. Box 8865, Waco, TX 76710.

## For the World Championships in New Zealand in January, 1981

We again offer:

- \* **UNBEATABLE** airfares with confirmed seats via  **AIR NEW ZEALAND**
- \* **GUARANTEED** accommodations in both Christchurch and Palmerston North
- \* **POST COMPETITION** fly/drive options ... and more
- \* **ENTRY FORMS**

at

**Call Diana Schneider**  
(212) 541-9690

**SIMONE TRAVEL BUREAU**  
200 West 57th Street  
New York, New York 10019



## North American Championships

### Striders Relays

NORTHRIDGE, CALIF., May 17. Highlights of the early-season Southern California Striders relays included: Vic Cook's 13-6 in the 40-49 pole vault; Pete Fetter's 146-7 in the 50-59 javelin; Tom Patsalis' 18-8 in the 50-59 long jump; Jack Thatcher's 47-1/2 in the 60-69 shot; Charlie Rader's 6-4 1/2 in the 30-39 high jump; Pete Mundle's 9:59.7 in the 50-59 3000; and Herm Franklin's 11.1 in the 30-39 100.

The Striders once-beaten-in-four-years 30-39 400 meter relay team topped Corona Del Mar, 42.6 to 43.8. CDM's 40-49 squad won in 44.3.

Results on page 13.....

"The young fear failure. The middle-aged have come to doubt success. The elderly know both failure and success are false; it is effort alone that counts."

--Dr. George Sheehan

The 1980 North American Masters Track and Field Championships were held in Mexico City May 31-June 1 with athletes from Mexico, Puerto Rico, Canada and the United States.

Accommodations at the 1968 Olympic Village were only \$7 per night, and there was no entry fee as the Mexican Athletic Federation hosted what participants called "a very enjoyable weekend."

About 30 Americans and a handful of Canadians journeyed south for the championships which included these top performances:

- Luis Contreras' 30:30.4 in the M35 10,000 meter run.
- Herman Franklin's 11.0 in the M30 100.
- Jose Ubarri's 12.2 in the M55 100.
- Mario Saldivar's 4:30.5 in the M40 1500, and 16:09 in the 5000.
- Eligio Galicia's 17:10.1 in the M55 5000 and 11:31.1 in the Steeplechase.
- Angle Gaguiano's 24-4 1/4 M30 long jump. Shirley Davisson's 20 foot leap in the M50 long jump.
- Ron Purdum's 6-6 1/2 M30 high jump.
- Bill Morales 154-7 javelin heave in the M60 class.
- Francisco Fragoso's 142-9 M60 hammer throw.
- Mexico's 44.4 M45 400 relay team.

Results on page 16.....

## Run The Original Marathon In Athens, Greece



### Athens Open International Marathon

October 11, 1980

Full Week Vacation/Run  
October 7 - 14

ADVANCE TOURS OF FOREST HILLS, INC.  
64-47 108th Street, Forest Hills, NY 11375  
(212) 275-0500  
and  
OLYMPIC AIRWAYS



## A Premier Half-Marathon Philadelphia Distance Run

September 21, 1980 9:00 AM

**Course:** Fast, flat course through historic streets of Philadelphia. Certified half-marathon (13.1 miles)

**1979 Results:** Men: Lasse Viren 1:04:48

Women: Lena Hollmann 1:20:06

Masters: Herb Lorenz (40) 1:07:54

Plus, 20 American age records were set as recorded by the National Running Data Center.

**Awards:** Philadelphia Bowl by Wedgwood awarded to first man and woman.

Liberty Bell replicas to age division winners.

T-shirts to all finishers.

**Entry Fee:** \$6.00, limited to 5,000 entrants. No Post Entries.

**For entry blank** send self-addressed stamped envelope to:

**Philadelphia Distance Run**

YMCA

1421 Arch Street

Philadelphia, Pa. 19102



Sponsored by YMCA and THE INQUIRER

## Kolda, Brown Set U.S. Marks

from Bruce Springbett

LOS GATOS, CALIF., May 31. Josephine Kolda, 62, and Jim Brown, 40, established new American records to highlight the Pacific Association of the Athletic Congress Masters Track and Field Championships at Los Gatos High School's fast track.

Kolda surpassed her own mark in the women's age 60-64 division 400 (89.0 set in 1979) with an 87.0. Brown leaped 6-3 1/4 to add nearly three inches to the previous age 40-44 high jump best of 6-5/8 set in 1974 by Bruce Hescok.

Herm Wyatt, 48, who high jumped 6-2 3/4 earlier this month for a new global 45-49 standard, almost did it

again, but settled for a winning 6-2 effort.

Jim McCarthy, 65, came close to Stan Thompson's 1977 U.S. 65-69 high jump mark of 4-8 with a leap of 4-7 1/4.

A cold and blustery day didn't seem to cool down the performances of the 200 participants. The Chevron 400 track produced some fast sprint times, most notably former Stanford track coach Payton Jordan's 12 flat 100 meters and 25.9 200 in the 60-64 competition.

C. Harris uncorked a 32:58.5 to take the 40-44 10,000. Franklin and Meinhardt both broke 16 minutes in the 35-39 5,000.

The meet was sponsored by the Los Gatos Athletic Association and the Los Gatos Chamber of Commerce. Athletes came from as far south as San Diego and from as far north as Portland, Oregon.

Results on page 15.....



Payton Jordan, 63, winning 200 in 25.9 in Pacific Masters Championships.



continued from page 1

added yet another U.S. road mark to his impressive list by clocking 2:32:42 to win the men's age 45-49 division. His time broke the mark of 2:35:42, set by Ulrich Kaempf in 1978. Higdon turns 49 on June 17.

Alex Ratelle, of Edina, Minnesota smashed his own age 55-59 U.S. marathon mark of 2:36:4 by over a minute in 2:34:59.

Of the 5200 starters, many of whom were fun-running and raising funds for the mentally retarded with each mile they completed, 2300 finished the marathon distance.

Rene Latour of Winnipeg won the 50-54 competition in 2:45:09; Sverre Hietenen of Vancouver, B.C. led the

60-64's in 2:49:29; Egons Rupners of Ottawa took the 65-69 class in 3:53:27.

Kiddy, 43, of Palm Springs, California won her 4th major woman's masters road racing championships in 1980 (U.S. marathon, 25k and 15k championships) in 2:58:10.7 and has a long early lead in the running for top U.S. woman master long distance runner in 1980.

Patricia Ratelle won the women's 45-49 crown in 3:58:17.

Frank Richardson of Ames, Iowa was the overall winner in 2:15:15.

The race was the 2nd annual Manitoba Marathon in aid of the mentally retarded, and the Canadian Championships. The above results were obtained at press time. More complete results will appear in August's NMN.

## Oerter Sets World Discus Mark

WICHITA, KANSAS, May 31. Four-time Olympic gold medalist Al Oerter unleashed his best discus throw ever and the second-best in the world this year--227 feet, 11 inches--to set a new world discus mark for men over 40 at the Track and Field Association national championships.

His prodigious heave broke his own world masters record of 221-4 set last December.

"I was really ready," Oerter told the Los Angeles Times. "I really wanted to throw today. Maybe there's life left in these old arms yet."

Oerter threw into a strong quartering wind which discus throwers prefer. It was the 5th best throw ever. East Germany's Wolfgang Schmidt holds the world open record of 233-5.

## Race Walking

by Alan Wood

Bill Ranney, 44, won the Julie Partridge Memorial 10K in 49:36. Sue Broddock took the National Women's 20KM in 1:48:22. Lori Maynard 43, was 3rd in 1:55:54.

Ron Kulik, 42, rested his walk muscles with a 10-mile run in 60:43. He was 3rd master. Maynard set a women's 5KM best with 26:08 in the Pacific Championships. She was fifth overall.

In the National 30KM walk, 63-year-old Canadian Max Gould popped a 2:50:47, which was only 6 minutes behind the second master.

The National Masters 15KM Walk Championships will be held in Niagara Falls, Sat. July 12.

In 1909, at age 71, Edward Weston walked 3805 miles in only 77 days. He died at age 90 (after being hit by a taxi at 88) and believed that it costs less in bodily fatigue and is less harmful to walk 100 miles in 24 hours than to run 100 yards in 10 seconds.

## San Francisco Grandma Wins In Boston

The winning grandmother in this years Boston Marathon had been officially determined, according to David Abramson, spokesman for the National Council for Grandparents Day.

Sue Stricklin, a 42-year-old grandma from San Francisco finished the race in a time of 3:06:04, ahead of 383 official women entrants in the race.

The winning grandfather in the race was Bill Foulk, of Bozeman Montana who finished in a time of 2:34:37, ahead of over 5,000 runners in the race. The winning grandparents in the race will be presented with the Grandparent Fitness Award in a ceremony on September 7th, National Grandparents Day.

"This recognition for grandparents is wonderful," said Stricklin, a popular runner from the San Francisco Bay area.

"One of our goals," Abramson said, "is to recognize those grandparents who successfully compete in marathons and other running events. We give the Grandparents Fitness Award to the winning grandparents in each race."

Abramson encourages race directors to present the award in their races. "A colorful bandana or armband makes it easy to identify the top finishers in the grandparent category."

For more information, contact Abramson at P.O. Box 490022, Atlanta, GA 30349. (404) 487-9662.

## Masters Age Records 1980

The 1980 Masters Age-Record Book contains men's and women's world and U.S. age bests for all track & field events, age 35 and up, as of Jan. 1, 1980. Plus walking and championship records. 48 pages. Lists name, age, state and date of record. Send \$3.00 plus 50 cents for postage and handling to National Masters Newsletter, 6200 Hazeltine Ave., Van Nuys, CA 91401.

## Shane, Grissom Named Best In Indoor Champs

by Ed Stabler

Glen Shane and Terry Ann Grissom were selected the outstanding performers at the National Championship Masters Meet held in Syracuse in March. Glen set a new national record of 1:15.7 in the 600 yard run. Glen runs for the New York Pioneer Club. Joann Terry Grissom won 5 events and turned in high quality performances in all:

50 Yards--6.8.  
50 yard hurdles--8.0.  
Shotput--37-0.  
High Jump--4-4.  
Long Jump--15-5.

Trophies for these outstanding performances have been provided by the Penn Mutual Masters Program.

The following corrections are provided for the results as published in the May 1980 Masters Newsletter.

### 2-MILE RUN 2A

|                              |         |
|------------------------------|---------|
| 1. Don Greenwood(Ann Arbor)  | 11:21.3 |
| 2. Don Carter(Triple Cities) | 11:23.2 |
| 3. Robert Mimm(Shore AC)     | no time |

### SHOTPUT 2B

|                         |          |
|-------------------------|----------|
| 1. William Walmroth     | 45-0     |
| 2. David Batchelor      | 36-1 1/2 |
| 3. John Ulam(West Penn) | 35-8 1/2 |

## Race Directors

Please submit all results promptly to the National Masters Newsletter at 6200 Hazeltine Ave., Van Nuys, CA 91401 and to the National Running Data Center, Box 42888, Tucson, AZ 85733. Please be sure to show the date, location and distance, and whether or not it was run on a certified course, as approved by the National Standards committee.

NMN desires the top ten men and women of each age group over age 30. The NRDC requires a listing of ALL finishers, with name, age, sex, hometown, and finish time of each. It's important that the NRDC get such complete results in order to give all your runners credit in national records and rankings.



## Entries now being accepted for the 4th annual PAN-AMERICAN MASTERS TRACK & FIELD CHAMPIONSHIPS

sponsored by HOME SAVINGS AND LOAN ASSOCIATION and the SOUTHERN CALIFORNIA STRIDERS

**August 16 and 17**

University of Southern California (U.S.C.)  
Los Angeles, California

Entry fees: \$6.00--1st event, \$3.50--each additional event  
Program and T-shirt to each competitor  
Dinner-Dance & Awards Banquet--  
Sunday evening, August 17: \$15 per ticket

Accommodations available nearby:

University of Southern California/Dormitory  
Summer Housing  
Birnkranth Hall  
University Park, California  
(213) 741-7371, 741-2022

University Hilton  
Los Angeles: (213) 748-4141

For additional information and entry application, send self-addressed, stamped envelope to:  
Hilliard Sumner, Jr., Meet Chairman  
22713 Ventura Boulevard  
Woodland Hills, California 91364  
(213) 342-3147 or (213) 884-1349

HX-6079





## 4th Annual Pan American Masters Track & Field Championships 1980

Sponsored by Home Savings and Loan Association

**Other Sponsors:** Southern California Striders  
Penn Mutual Life Co.  
Nike Shoe Co.

**Sanction:** Southern Pacific Athletic Congress—  
Competitors must have current T.A.C. card.

**Date:** August 16 & 17, 1980

**Site:** University of Southern California  
University Park  
Hoover Street and Childs Way

**Age Divisions:** Men: OA (30-34) OB (35-39) 1A (40-44)  
1B (45-49) 2A (50-54) 2B (55-59)  
3A (60-64) 3B (65-69) 4A (70-74)  
4B (75-79) 5A (80 and over)  
Women: XA (30-39) XB (40-49) XC (50-59)  
XD (60-69)

### Implements:

| Division | Javelin | Discus  | Shot   | Hurdles      |
|----------|---------|---------|--------|--------------|
| OA       | 800 GM. | 2.0 KG. | 16 lb. | 39 HH, 36 IH |
| OB       | 800 GM. | 2.0 KG. | 16 lb. | 39 HH, 36 IH |
| 1A       | 800 GM. | 2.0 KG. | 16 lb. | 36 HH, 33 IH |
| 1B       | 800 GM. | 2.0 KG. | 16 lb. | 36 HH, 33 IH |
| 2A       | 800 GM. | 1.6 KG. | 12 lb. | 33 HH, 30 IH |
| 2B       | 800 GM. | 1.6 KG. | 12 lb. | 33 HH, 30 IH |
| 3A       | 600 GM. | 1.0 KG. | 8 lb.  | 30 HH, 30 IH |
| 3B       | 600 GM. | 1.0 KG. | 8 lb.  | 30 HH, 30 IH |
| 4A       | 600 GM. | 1.0 KG. | 8 lb.  | 30 HH, 30 IH |
| 4B       | 600 GM. | 1.0 KG. | 8 lb.  | 30 HH, 30 IH |
| 5A       | 600 GM. | 1.0 KG. | 8 lb.  |              |

**Entry Fees:** \$ 6.00 First Event  
\$ 3.50 Each Additional Event  
\$12.00 Each Relay Team  
\$ 6.00 includes T-shirt and Souvenir  
Program to each competitor

**Entry Deadline:** July 28, 1980 (Midnight Postmark)

**Late Entries:** Late or incomplete entries will be assessed a  
\$3.00 fee. Clerk, of course, has right to reject  
late entries.  
*No event changes!*

**Registration:** Entrants are encouraged to register at the  
University Hilton, 3450 South Figueroa St.,  
Los Angeles, between 6:00 and 9:00 PM  
Friday evening. Late arrivals should report  
90 minutes before your event on Saturday.

**Awards:** Medals to first three places  
Trophies will be awarded to the outstanding  
performer in each age group after meet on  
Sunday at Awards Banquet.

**Banquet:** Sunday, 6:00 PM Ticket price \$15.00

**Housing:** Meet Headquarters  
University Hilton  
3450 S. Figueroa St.  
Los Angeles, Calif. 90007  
213-748-4141

Single: 30.00 Double: 40.00 Triple: 50.00 Quad: 60.00

**Dormitory Housing:** University of Southern California  
Summer Housing  
Bimkrant Hall  
University Park, Calif. 90007  
213-741-7371, 741-2022

**Daily Room Rates:** Single: 10.00 per day  
Double: 14.00 (2 in a room, \$7.00 per  
person, per day)  
1 Bedroom: 22.00 (includes separate private  
bath & kitchen, \$11.00 per  
person, per day)  
2 Bedroom: 38.00 (includes 2 private baths,  
\$9.00 per person, per day)

**Meals:** Total \$11.00 for 3 meals per day (optional)

**Further Information:** Hillard I. Sumner, Jr., Executive Director  
22713 Ventura Blvd., Suite "F"  
Woodland Hills, Calif. 91364  
213-884-1349, 342-3147  
Rodney Ferguson, Field Director  
929 West Balboa Blvd.  
Newport Beach, Calif.  
714-673-2141

**Entry Forms & Checks should be made payable to**  
"Pan American Masters"

**Mail to:** Hillard I. Sumner, Jr.  
Meet Chairman  
22713 Ventura Blvd.  
Suite "F"  
Woodland Hills, CA 91364

### 4th Pan American Masters Track & Field Championships Schedule of Events

| TIME                             | EVENTS                             | DIVISIONS        | TIME                           | EVENTS                  | DIVISIONS                        |
|----------------------------------|------------------------------------|------------------|--------------------------------|-------------------------|----------------------------------|
| <b>SATURDAY, AUGUST 16, 1980</b> |                                    |                  |                                |                         |                                  |
| 8:30                             | 5,000 Meter Walk                   | All Ages         | 5:00                           | 8 x 200 Meter Relay     | 50-59                            |
| 9:15                             | 10,000 Meter Run                   | 50+ Over & Women | 5:05                           | 8 x 200 Meter Relay     | 40-49                            |
| 10:15                            | 10,000 Meter Run                   | 30-49            | 5:10                           | 8 x 200 Meter Relay     | 30-39                            |
| 11:00                            | 400 Meter Prelims                  | 30-34            | <b>SUNDAY, AUGUST 17, 1980</b> |                         |                                  |
| 11:05                            | 400 Meter Prelims                  | 35-39            | 9:00                           | 20 Kilometer Walk       | (off track during race) All Div. |
| 11:10                            | 400 Meter Prelims                  | 40-44            | 9:30                           | 200 Meter Prelim        | 2B                               |
| 11:15                            | 400 Meter Prelims                  | 45-49            | 9:35                           | 200 Meter Prelim        | 2A                               |
| 11:20                            | 400 Meter Prelims                  | 50-54            | 9:40                           | 200 Meter Prelim        | 1B                               |
| 11:30                            | 400 Meter Prelims                  | 55-59            | 9:45                           | 200 Meter Prelim        | 1A                               |
| 11:35                            | 400 Meter Prelims                  | 60-69            | 9:50                           | 200 Meter Prelim        | 0B                               |
| 11:40                            | 400 Meter Prelims                  | 70-79            | 9:55                           | 200 Meter Prelim        | 0A                               |
| 11:45                            | 400 Meter Prelims                  | 80-89            | 10:00                          | 5000 Meter Run Div.     | 50-over Women                    |
| 12:00 pm                         | 800 Meter Final                    | Women & 4A-4B-5A | 10:30                          | 5000 Meter Run Div.     | 30-49                            |
| 12:05                            | 800 Meter Final                    | 3B               | 11:00                          | 400 Meter Int. Hurdles  | 3A-3B                            |
| 12:10                            | 800 Meter Final                    | 3A               | 11:05                          | 400 Meter Int. Hurdles  | 2B                               |
| 12:15                            | 800 Meter Final                    | 2B               | 11:10                          | 400 Meter Int. Hurdles  | 2A                               |
| 12:20                            | 800 Meter Final                    | 2A               | 11:15                          | 400 Meter Int. Hurdles  | 1B                               |
| 12:25                            | 800 Meter Final                    | 1B               | 11:20                          | 400 Meter Int. Hurdles  | 1A                               |
| 12:30                            | 800 Meter Final                    | 1A               | 11:25                          | 400 Meter Int. Hurdles  | 0B                               |
| 12:35                            | 800 Meter Final                    | 0B               | 11:30                          | 400 Meter Int. Hurdles  | 0A                               |
| 12:40                            | 800 Meter Final                    | 0A               | 11:45                          | 200 Meter Final         | Women                            |
| 12:40-1:10                       | Lunch Officials Opening Ceremonies |                  | 11:50                          | 200 Meter Final Men     | 4A-4B-5A                         |
| 1:10                             | 100 Meter Prelim Women             | (As needed)      | 11:55                          | 200 Meter Final Men     | 3B                               |
| 1:15                             | 100 Meter Prelim Men               | 3B & 3A          | 12:00                          | 200 Meter Final Men     | 3A                               |
| 1:20                             | 100 Meter Prelim Men               | 2B               | 12:05                          | 200 Meter Final Men     | 2B                               |
| 1:25                             | 100 Meter Prelim Men               | 2A               | 12:10                          | 200 Meter Final Men     | 2A                               |
| 1:30                             | 100 Meter Prelim Men               | 1B               | 12:15                          | 200 Meter Final Men     | 1B                               |
| 1:35                             | 100 Meter Prelim Men               | 1A               | 12:20                          | 200 Meter Final Men     | 1A                               |
| 1:40                             | 100 Meter Prelim Men               | 0B               | 12:25                          | 200 Meter Final Men     | 0B                               |
| 1:45                             | 100 Meter Prelim Men               | 0A               | 12:30                          | 200 Meter Final Men     | 0A                               |
| 2:00                             | 110 Meter Hurdles                  | 3B               | 12:35-1:00 pm                  | Lunch                   |                                  |
| 2:05                             | 110 Meter Hurdles                  | 3A               | 1:05                           | 1500 Meter Final        | Women & 4A-4B-5A                 |
| 2:10                             | 110 Meter Hurdles                  | 2B               | 1:15                           | 1500 Meter Final        | 3A & 3B                          |
| 2:15                             | 110 Meter Hurdles                  | 2A               | 1:25                           | 1500 Meter Final        | 2B                               |
| 2:20                             | 110 Meter Hurdles                  | 1B               | 1:30                           | 1500 Meter Final        | 2A                               |
| 2:25                             | 110 Meter Hurdles                  | 1A               | 1:35                           | 1500 Meter Final        | 1B                               |
| 2:30                             | 110 Meter Hurdles                  | 0B               | 1:40                           | 1500 Meter Final        | 1A                               |
| 2:35                             | 110 Meter Hurdles                  | 0A               | 1:45                           | 1500 Meter Final        | 0B                               |
| 2:45                             | Business Man and/or Celebrity      |                  | 1:50                           | 1500 Meter Final        | 0A                               |
| 3:00                             | 400 Meter Finals                   | Women            | 2:00                           | 3000 Meter Steeplechase | All Div.                         |
| 3:05                             | 400 Meter Finals Men               | 4A-4B-5A         | 2:30                           | 1600 Meter Relay        | 50-59                            |
| 3:10                             | 400 Meter Finals Men               | 3B               | 2:35                           | 1600 Meter Relay        | 40-49                            |
| 3:15                             | 400 Meter Finals Men               | 3A               | 2:45                           | 1600 Meter Relay        | 30-39                            |
| 3:20                             | 400 Meter Finals Men               | 2B               | 3:00                           | Closing Ceremonies      |                                  |
| 3:25                             | 400 Meter Finals Men               | 2A               |                                |                         |                                  |
| 3:30                             | 400 Meter Finals Men               | 1B               |                                |                         |                                  |
| 3:35                             | 400 Meter Finals Men               | 1A               |                                |                         |                                  |
| 3:40                             | 400 Meter Finals Men               | 0B               |                                |                         |                                  |
| 3:45                             | 400 Meter Finals Men               | 0A               |                                |                         |                                  |
| 4:00                             | 100 Meter Finals                   | Women            |                                |                         |                                  |
| 4:05                             | 100 Meter Finals Men               | 4A-4B-5A         |                                |                         |                                  |
| 4:10                             | 100 Meter Finals Men               | 3B               |                                |                         |                                  |
| 4:15                             | 100 Meter Finals Men               | 3A               |                                |                         |                                  |
| 4:20                             | 100 Meter Finals Men               | 2B               |                                |                         |                                  |
| 4:25                             | 100 Meter Finals Men               | 2A               |                                |                         |                                  |
| 4:30                             | 100 Meter Finals Men               | 1B               |                                |                         |                                  |
| 4:35                             | 100 Meter Finals Men               | 1A               |                                |                         |                                  |
| 4:40                             | 100 Meter Finals Men               | 0B               |                                |                         |                                  |
| 4:45                             | 100 Meter Finals Men               | 0A               |                                |                         |                                  |

### FIELD EVENTS

Oldest Age Group First

| SATURDAY 8-16-80  | SUNDAY 8-17-80      |
|-------------------|---------------------|
| 9-1 pm Discus     | 9-1 pm Hammer       |
| 3-1 pm Pole Vault | 9-1 pm High Jump    |
| 12-4 pm Shot Put  | 11-2 pm Javelin     |
| 12-4 pm Long Jump | 11-2 pm Triple Jump |

### 4th PAN AMERICAN MASTERS TRACK & FIELD CHAMPIONSHIP OFFICIAL ENTRY FORM

AAU Number \_\_\_\_\_ Team Affiliation \_\_\_\_\_

Name \_\_\_\_\_ First \_\_\_\_\_ Middle \_\_\_\_\_ Last \_\_\_\_\_ Age \_\_\_\_\_ Birthday \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Division \_\_\_\_\_

Events \_\_\_\_\_ Best Performance in 1980 \_\_\_\_\_ Fee \_\_\_\_\_

1 \_\_\_\_\_

2 \_\_\_\_\_

3 \_\_\_\_\_

4 \_\_\_\_\_

5 \_\_\_\_\_

6 \_\_\_\_\_

7 \_\_\_\_\_

University of Southern California Dormitory Housing: Single 10.00 X # of days - \$

(2 People: Double 14.00 X # of days - \$

(2 People: 1 Bedroom 22.00 X # of days - \$

(4 People: 2 Bedroom 36.00 X # of days - \$

Dinner Dance & Awards Banquet Tickets at 15.00 each \$

(Sunday August 17, 1980, 6:00 PM)

Total \$ \_\_\_\_\_

### OFFICIAL RELAY FORM

(\$12.00 Per Team)

Event \_\_\_\_\_ Division \_\_\_\_\_ Club \_\_\_\_\_

Names 1 \_\_\_\_\_ 3 \_\_\_\_\_

2 \_\_\_\_\_ 4 \_\_\_\_\_

Alternates: 1 \_\_\_\_\_ 2 \_\_\_\_\_

Total Estimated Time \_\_\_\_\_

Note: Separate entry forms and \$12.00 for each event. Payment to Pan American Masters must be submitted for each team entered. Club official certifies with his signature below that all men named are members of the club and each member has sent an official individual entry form.

Club Official \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

### WAIVER FOR ALL EVENTS:

In consideration of the right to participate in the 1980 Pan American Masters Track & Field championships, I do hereby, for myself, my heirs and executors, waive, release and forever discharge any and all claims for damages which I may have or which may hereafter accrue to me against the T.A.C. or their officers or agents, Home Savings and Loan, the Southern Calif. Striders, University of Southern California, and the City of Los Angeles, and any and all sponsors of the aforementioned championships. I further certify that I am in good physical condition and have trained for several months or have recently undergone a thorough physical exam by a certified medical doctor.

Date \_\_\_\_\_ Signed \_\_\_\_\_

Mail to: Pan American Masters Track & Field Championships  
Hillard I. Sumner, Jr.  
22713 Ventura Blvd.  
Suite "F"  
Woodland Hills, Calif. 91364

## Forty-Year-Olds Dominate Hawaii Ultra-Marathons

by Mike Tymn

Nearly 7,000 runners participated in the Primo & Coca-Cola Ultra-Marathons and Relays in Hawaii on the Memorial Day weekend. When it was all over, the Mid-forty-year-olds had taken home most of the awards.

The giant running carnival included races at 100 miles, 100 kilometers, 50 miles, and 50 kilometers. The course was a measured four mile loop around the Hawaii Kai residential area of Honolulu. While some 200 people took part in the ultras, most of the participants were on one of the 659 relay teams. Ten runners made up a relay team, each one covering the four mile circuit.

Max Telford, 45, captured the 100 miler in 15 hours, 15 minutes, 55 seconds, well off his 1979 winning time of 13:53:44.

"The weather conditions were just too bad for any kind of good performance," said the veteran New Zealander who moved to Hawaii last year to market his own brand of running attire. "We had a torrential downpour between 8 o'clock

and 11 Saturday night and it was awfully humid the rest of the time."

Telford, who ran across the North American continent from Alaska to Nova Scotia in 1978, is planning to run the 800 mile Alaska Pipeline in August.

Gordon Dugan, a 46-year-old University of Hawaii engineering professor, tied for first place in the 100 kilometer event with a time of 8:36:32.

The 50 mile race was won by young (38) Larry Axmaker, another college professor, while 44-year-old Jim Gallup, a pathologist, crossed the line first in the 50 kilometer "spring" with a time of 3:16:23.

The individual star of the day may have been Noel Murchie, 44, who finished fourth overall in the 100 kilometer with a state record time for women of 9:59:55. Enroute she broke the state 50 mile record for women with a 7:48:50.

Finishing first among the relay teams with a time of 3 hours, 40 minutes, 25.2 seconds for the 40 mile distance was the Nike sponsored Tantalus Red which was anchored by Mike Tymn, 43. Running the fifth leg for the winning team was 44-year-old Johnny Faerber.

Henry Richmond, 40, was third in the 50 kilometer with a 3:31:52 while 52-year-old Jan Newhart covered the distance in 5:33:05.



## National Rankings

National rankings chairman Geza Feld apologizes for the delay of the 1979 rankings.

"I'm doing it on a volunteer basis, and the last few months, I've gotten so busy at my job--much overtime--that I'm progressing very slowly."

Feld says he hopes to complete the rankings shortly and says: "The National Running Data Center may do it next year. They're better equipped for the size of the task."

Bob Martin, executive director of the NRDC reports that he will concentrate on road rankings but may leave the T&F rankings to Feld.

NRDC will compile Masters road rankings 50 deep in 5-year age groups. They'll also go 50 deep on their all-time rankings in the masters age groups.

"We would publish the master's rankings to our usual depth in the 'U.S. Distance Rankings' Book," Martin says. "The 50-deep lists would be published as an exclusive in the National Masters Newsletter."

## Newton, Gorman Named Top Athletes

Nick Newton, 46, and Miki Gorman, 44, were named outstanding male and female masters athletes for 1979 in the Southern Pacific Association of the Athletics Congress.

The trophies were presented to the winners by Tom Sturak, SPA Masters Athletics Chairman.

Newton won two silver (400,52.14; HJ,5-11 $\frac{3}{4}$ ) and two bronze (100,11.65; 200,23.68) medals in the 3rd World Veterans Championships in Hannover, Germany. He captured two firsts (400, 52.26; 200,23.69), a second (HJ,5-10) and a third (100,11.76) in the national masters championships in Gresham, Oregon.

Gorman won the 5000 (17:39.2), 10,000 (36:21.9) and marathon (2:54.10) in the World Games, and always won her division in local races.



National Masters Sports advisory committee meeting in Philadelphia, sponsored by The Penn Mutual Life Insurance Company, on May 2nd & 3rd. Chairing the meeting, **George Hatzfeld**, Asst VP Corporate Communications, Penn Mutual. Other members of the committee pictured include: **June Krauser** and **Ted Haartz**, National Masters AAU Swimming Chairman, and **Nelson Fellman**, Sr. VP, Public Relations, Spiro & Associates.

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NO POST ENTRIES  
DEADLINE: August 1, 1980



NO POST ENTRIES  
DEADLINE: August 1, 1980

FIRST PAN AMERICAN MASTERS TRACK & FIELD CHAMPIONSHIPS - 1980  
SIXTO ESCOBAR STADIUM, SAN JUAN, PUERTO RICO  
30-31 AUG. - 1 SEPT. 1980  
SPONSORED BY THE CITY OF SAN JUAN, PUERTO RICO

SANCTIONED BY THE SOUTH AMERICAN AND NORTH AMERICAN MASTERS COUNCILS  
UNDER THE JURISDICTION OF THE WORLD ASSOCIATION OF VETERANS ATHLETES

### SCHEDULE OF EVENTS:

| TIME       | SATURDAY, AUGUST 30     | SUNDAY, AUGUST 31  | MONDAY, SEPT. 1          |
|------------|-------------------------|--------------------|--------------------------|
| 9:00 A.M.  | 10000 Shot<br>High Jump | 5000 Hammer (M)    | 400H Discus(W)           |
| 10:00 A.M. |                         |                    | 3000SC Long Jump(W)      |
| 11:00 A.M. |                         | 400IH High Jump(M) | 400F                     |
| 12:00 Noon | L U N C H               | B R E A K          |                          |
| 1:00 P.M.  | 100H Pole Vault         | 110HH Javelin      | 400 Relay Triple Jump(M) |
| 2:00 P.M.  |                         |                    | 200F                     |
| 2:30 P.M.  |                         | 1500               |                          |
| 3:00 P.M.  | 800 Discus(M)           |                    | 1600 Relay               |
| 4:00 P.M.  |                         | 200H               | Half Marathon            |
| 4:30 P.M.  | 100F Long Jump(M)       |                    |                          |
| 5:30 P.M.  | 5000 Walk               | 10K Walk           |                          |

AGE DIVISIONS: 30-34 (OA); 35-39 (OB); 40-44 (IA); 45-49 (IB); 50-54 (IIA); 55-59 (IIB); 60-64 (IIIA); 65-69 (IIIB); 70-74 (IVA); 75 AND OVER (IVB)

ELIGIBILITY: Open to all men and women 30 years of age or older who reside in the countries of the Western Hemisphere.

PRIZES: Medals to top 3 in each division. Certificates of participation to all competitors.

FEES: \$10.00 First Event. \$5.00 Each additional event. \$20.00 per Relay Team. A special fee of \$5.00 will be charged to each participant for the North American and South American Veterans (masters) Councils.

DEADLINE FOR ENTRIES: August 1, 1980. All entries will be confirmed by mail.

FACILITIES: Sixto Escobar Stadium; Has 8 lanes, tartan track with all the modern facilities to held olympic meets. In addition, has a nearby 220 meters tartan warm-up track.

RELAYS: By countries with divisions in 10 years increments. Runners may move down from their age division.

BANQUET: Monday evening, September 1, 1980, at Condado Convention Center.  
Price: \$12.50 per person.

ENTRIES: Send the entry form below or a facsimile, to the Organizing Committee, FIRST PAN AMERICAN MASTERS CHAMPIONSHIPS, P. O. Box 11074, Caparra Heights Station, San Juan, P.R. 00922. No entries will be accepted without fees. Make checks payable to FIRST PAN AMERICAN MASTERS GAMES.

REGISTRATION: All participants will be registered at the Registration Office which will be located at the Sixto Escobar Stadium. Office will be working from 8:00 A.M. to 10:00 P.M. every day.

### HEIGHTS AND WEIGHTS BY DIVISION

| EVENT         | OA                 | OB                 | IA                 | IB                 | IIA                | IIB                | IIIA               | IIIB               | IVA                | IVB                |
|---------------|--------------------|--------------------|--------------------|--------------------|--------------------|--------------------|--------------------|--------------------|--------------------|--------------------|
| 110 M Hurdles | 99.6cm<br>39"      | 99.6cm<br>39"      | 99.6cm<br>39"      | 99.6cm<br>39"      | 91.4cm<br>36"      | 91.4cm<br>36"      | 84.0cm<br>33"      | 84.0cm<br>33"      | 76.2cm<br>30"      | 76.2cm<br>30"      |
| 400 M Hurdles | 91.4cm<br>36"      | 91.4cm<br>36"      | 91.4cm<br>36"      | 91.4cm<br>36"      | 84.0cm<br>33"      | 84.0cm<br>33"      | 76.2cm<br>30"      | 76.2cm<br>30"      | 76.2cm<br>30"      | 76.2cm<br>30"      |
| Shot Put      | 7.26kg<br>16 lbs.  | 7.26kg<br>16 lbs.  | 7.26kg<br>16 lbs.  | 7.26kg<br>16 lbs.  | 5.44kg<br>12 lbs.  | 5.44kg<br>12 lbs.  | 4.00kg<br>8.8 lbs. | 4.00kg<br>8.8 lbs. | 4.00kg<br>8.8 lbs. | 4.00kg<br>8.8 lbs. |
| Discus        | 2.0 kg<br>4.4 lbs. | 2.0 kg<br>4.4 lbs. | 2.0 kg<br>4.4 lbs. | 2.0 kg<br>4.4 lbs. | 1.6 kg<br>3.5 lbs. | 1.6 kg<br>3.5 lbs. | 1.0 kg<br>2.2 lbs. | 1.0 kg<br>2.2 lbs. | 1.0 kg<br>2.2 lbs. | 1.0 kg<br>2.2 lbs. |
| Javelin       | 800<br>grms        | 800<br>grms        | 800<br>grms        | 800<br>grms        | 800<br>grms        | 800<br>grms        | 600<br>grms        | 600<br>grms        | 600<br>grms        | 600<br>grms        |
| Hammer        | 7.26kg<br>16 lbs.  | 7.26kg<br>16 lbs.  | 7.26kg<br>16 lbs.  | 7.26kg<br>16 lbs.  | 7.26kg<br>16 lbs.  | 7.26kg<br>16 lbs.  | 5.44kg<br>12 lbs.  | 5.44kg<br>12 lbs.  | 5.44kg<br>12 lbs.  | 5.44kg<br>12 lbs.  |

OFFICIAL ENTRY: FIRST PAN AMERICAN MASTERS TRACK & FIELD CHAMPIONSHIPS  
Please enter me in the following events:

Event:  Best Mark:  Event:  Best Mark:

Event:  Best Mark:  Event:  Best Mark:

Event:  Best Mark:  Event:  Best Mark:

Event:  Best Mark:  Event:  Best Mark:

NAME:  CLUB:

ADDRESS:  \$

### ATHLETIC RELEASE

In consideration of the right to participate in the FIRST PAN AMERICAN MASTER TRACK & FIELD CHAMPIONSHIPS, I do hereby, for myself, my heirs and executors, waive, release and forever discharge any and all claims for damages which I may have, or which may hereafter accrue to me against the City of San Juan, the Organizing Committee or their officers or agents and the Sixto Escobar Stadium and any and all sponsors of the aforementioned championships. I further certify that I am in good physical condition and have recently undergone a thorough physical examination by a certified doctor.

SIGNATURE  DATE:

Information: Jaime M. Cabrera PH. D. President, Organizing Committee -  
Phone (809) 763-8989  
Gilberto González Juliá, Executive Director - Phone No. (809) 765-3702  
P.O. Box 11074, Caparra Heights Station, San Juan, P.R. 00922



**SOUTHERN CALIFORNIA STRIDERS RELAYS**  
**CAL STATE NORTHridge-MAY 17, 1980**  
**MEET RESULTS**

**HAMMER\*\*\***

|                          |                      |
|--------------------------|----------------------|
| <b>Men (30-39)</b>       |                      |
| DELLER, Mike (unat)      | 137.7 <sup>3/4</sup> |
| <b>Men (40-49)</b>       |                      |
| DOUGLASS, Dave (SCS)     | 104                  |
| <b>Men (50-59)</b>       |                      |
| WOJCICK, Jerry (unat)    | 104.4                |
| MORRILL, Jack (unat)     | 85.6                 |
| PERRY, Robt. (CDM)       | 79.8                 |
| GRIMM, Emson (Seniors)   | 57.2                 |
| <b>Men (60-69)</b>       |                      |
| MINAH, Jim (Club West)   | 117.10               |
| SANZ, Joe (CDM)          | 106                  |
| BURKE, Bill (CDM)        | 87                   |
| <b>Men (70+)</b>         |                      |
| HUBBELL, Randy (Nat'l)   | 92.8                 |
| HERRMANN, Stan (CDM)     | 78.10                |
| WHITTEMORE, J. (80) (CW) | 54.11                |

**LONG JUMP\*\*\***

|                          |                     |
|--------------------------|---------------------|
| <b>Women (30-39)</b>     |                     |
| ROWE, S. (unat)          | 10.3                |
| BEHME, K. (unat)         | 7.1                 |
| <b>Women (40-49)</b>     |                     |
| MILLER, Crystel (CDM)    | 13.0                |
| <b>Men (30-39)</b>       |                     |
| FLOWERS, Carl (All Amer) | 21.6                |
| SALLINGER, Larry (CDM)   | 19.5                |
| LEWIS, Richard (SCS)     | 18.9                |
| HARPER, John (SCS)       | 17.11               |
| FIGUEROA, Rudy (SCS)     | 16.9 <sup>1/2</sup> |
| WONG, George (CDM)       | 14.4 <sup>1/2</sup> |
| <b>Men (40-49)</b>       |                     |
| JACKSON, Dave (CDM)      | 18.6 <sup>1/2</sup> |
| BANE, Gary (SCS)         | 17.4                |
| FITZHUGH, Ray (CDM)      | 17.3 <sup>1/2</sup> |
| JONES, Robert (unat)     | 16.3 <sup>1/2</sup> |
| <b>Men (50-59)</b>       |                     |
| PATSALIS, Tom (CDM)      | 18.8                |
| BROWN, Dave (CDM)        | 14.11               |
| CREANGE, Milt (Cal Walk) | 12.6 <sup>1/2</sup> |
| <b>Men (60-69)</b>       |                     |
| RAWLS, Jack (unat)       | 14.2                |
| GIST, Burl (CDM)         | 14.4                |
| BURKE, Bill (CDM)        | 13.11               |
| POLOYNIS, George (una)   | 13.2                |

**POLE VAULT\*\*\***

|                        |      |
|------------------------|------|
| <b>Men (30-39)</b>     |      |
| KNAPPEN, Tim (unat)    | 14.6 |
| FIGUEROA, Rudy (SCS)   | 8.0  |
| <b>Men (40-49)</b>     |      |
| COOK, Vic (SCS)        | 13.6 |
| OLEATA, Ed (SDTC)      | 12.0 |
| WOODRING, Tom (unat)   | 11.6 |
| FLEMING, Ron (Navy)    | 11.6 |
| BANE, Gary (SCS)       | 11.0 |
| FITZHUGH, Ray (CDM)    | 10.0 |
| DOUGLASS, Dave (SCS)   | 10.0 |
| HARMS, Robert (unat)   | 9.0  |
| DE VOE, Ron (unat)     | 8.0  |
| <b>Men (50-59)</b>     |      |
| BROWN, Dave (CDM)      | 10.6 |
| WALLACE, Hal (Seniors) | 10.0 |
| WOLFE, Vern (unat)     | 10.0 |
| GROSH, Don (CDM)       | 9.6  |
| MacCONAGHY, Bob (CDM)  | 8.0  |
| <b>Men (60-69)</b>     |      |
| SIEGEL, Elmer (CDM)    | 7.6  |
| BURKE, Bill (CDM)      | 7.0  |

**SHOT PUT\*\*\***

|                              |                      |
|------------------------------|----------------------|
| <b>Women (40-49)</b>         |                      |
| KINSEY, Shirley (CDM)        | 26.9 <sup>3/4</sup>  |
| <b>Men (30-39)</b>           |                      |
| DELLER, Mike (unat)          | 46.6 <sup>1/2</sup>  |
| KNIGHT, Jim (LAPD)           | 39.4 <sup>1/2</sup>  |
| EIBERT, Jerry (Club West)    | 30.8 <sup>1/2</sup>  |
| <b>Men (40-49)</b>           |                      |
| HOLMES, Don (LAPD)           | 41.9                 |
| DOUGLASS, Dave (SCS)         | 30.9                 |
| FITZHUGH, Ray (CDM)          | 28.3 <sup>3/4</sup>  |
| <b>Men (50-59)</b>           |                      |
| WALLACE, Hal (Seniors)       | 39.7 <sup>3/4</sup>  |
| ALLISON, Tom (CDM)           | 32.10 <sup>1/2</sup> |
| MORRILL, Jack (unat)         | 28.1                 |
| KENNEDY, Jack (SCS)          | 27.11                |
| <b>Men (60-69)</b>           |                      |
| THATCHER, Jack (CDM)         | 47.4                 |
| MINAH, Jim (Club West)       | 42.10 <sup>1/2</sup> |
| BURKE, Bill (CDM)            | 40.9                 |
| BUELL, Neel (CDM)            | 38.5 <sup>1/2</sup>  |
| <b>Men (70+)</b>             |                      |
| HERRMANN, Stan (CDM)         | 33.10                |
| HUBBELL, Randy (NAT MASTERS) | 30.4                 |
| WHITTEMORE, John (Club West) | 24.8 <sup>1/2</sup>  |

**JAVELIN\*\*\***

|                           |        |
|---------------------------|--------|
| <b>Women (40-49)</b>      |        |
| MILLER, Chrystel (CDM)    | 104.7  |
| KINSEY, Shirley (CDM)     | 69.7   |
| <b>Men (30-39)</b>        |        |
| FIGUEROA, Rudy (SCS)      | 125.6  |
| BOULDEN, Ed (Bauchet SW)  | 105.8  |
| EIBERT, Jerry (Club West) | 102.4  |
| <b>Men (40-49)</b>        |        |
| BANE, Gary (SCS)          | 135.1  |
| SMITH, Hal (SCS)          | 130.11 |
| DOUGLASS, Dave (SCS)      | 118.8  |
| <b>Men (50-59)</b>        |        |
| FETTER, Pete (CDM)        | 146.7  |
| WALLACE, Hal (Seniors)    | 125.10 |
| WOJCICK, Jerry (unat)     | 117.10 |
| MORRILL, Jack (unat)      | 104.4  |
| PERRY, Bob (CDM)          | 65.6   |

**Men (60-69)**

|                               |                      |
|-------------------------------|----------------------|
| BURKE, Bill (CDM)             | 117.4                |
| SANZ, Joe (CDM)               | 79.6                 |
| <b>Men (70+)</b>              |                      |
| HUBBELL, Randy (Nat'l Mast)   | 79.30                |
| WHITTEMORE, John (80) Club W) | 60.5                 |
| <b>TRIPLE JUMP***</b>         |                      |
| <b>Men (50-59)</b>            |                      |
| PATSALIS, Tom (CDM)           | 39.4                 |
| BROWN, Dave (CDM)             | 31.1 <sup>1/2</sup>  |
| <b>Men (60-69)</b>            |                      |
| OGLE, Bob (CDM)               | 29.10 <sup>1/2</sup> |
| DAMSKI, John (SFVTC)          | 29.0                 |
| POLOYNIS, George (unat)       | 27.8 <sup>1/2</sup>  |

**HIGH JUMP\*\*\***

|                             |                     |
|-----------------------------|---------------------|
| <b>Men (30-39)</b>          |                     |
| RADER, Charlie (SCS)        | 6.4 <sup>1/2</sup>  |
| KNAPPEN, Tim (unat)         | 5.10                |
| FIGUEROA, Rudy (SCS)        | 4.8                 |
| <b>Men (40-49)</b>          |                     |
| NEWTON, Nick (SCS)          | 5.8                 |
| FITZHUGH, Ray (CDM)         | 5.2                 |
| OLEATA, Ed (SDTC)           | 5.2                 |
| BANE, Gary (SCS)            | 5.2                 |
| HARMS, Robt. (unat)         | 4.4                 |
| SMITH, Gary (SCS)           | 4.0                 |
| <b>HIGH JUMP*** ..cont.</b> |                     |
| <b>Men (50-59)</b>          |                     |
| BROWN, Dave (CDM)           | 4.10 <sup>3/4</sup> |
| WALLACE, Hal (Seniors)      | 4.8                 |
| CREANGE, Milton (Cal Wal)   | 4.4                 |
| PERRY, Robt. (CDM)          | 4.4                 |
| <b>Men (60-69)</b>          |                     |
| GIST, Burl (CDM)            | 4.10 <sup>3/4</sup> |
| OGLE, Bob (CDM)             | 4.6                 |
| DAMSKI, John (SFVTC)        | 4.4                 |
| BURKE, Bill (CDM)           | 4.4                 |

**DISCUS\*\*\***

|                          |                      |
|--------------------------|----------------------|
| <b>Women (40-49)</b>     |                      |
| KINSEY, Shirley (CDM)    | 77.2 <sup>3/4</sup>  |
| <b>Men (30-39)</b>       |                      |
| DELLER, Mike (unat)      | 149.2 <sup>1/2</sup> |
| FAHEY, Tom (WVTC)        | 137.1 <sup>1/2</sup> |
| EIBERT, Jerry (Club W)   | 122.11               |
| KNIGHT, Jim (LAPD)       | 119.2                |
| <b>Men (40-49)</b>       |                      |
| Van PELT, Ed (CDM)       | 132.4 <sup>3/4</sup> |
| SMITH, Hal (SCS)         | 114.2 <sup>1/2</sup> |
| STRAESSLE, Ray (unat)    | 94.9                 |
| DOUGLASS, Dave (SCS)     | 84.11                |
| <b>Men (50-59)</b>       |                      |
| ALLISON, Tom (CDM)       | 118.3 <sup>1/2</sup> |
| WALLACE, Hal (Seniors)   | 114.9 <sup>3/4</sup> |
| WOJCICK, Jerry (unat)    | 86.4 <sup>1/2</sup>  |
| MORRILL, Jack (unat)     | 76.9                 |
| PERRY, Robt. (CDM)       | 59.3 <sup>1/2</sup>  |
| GRIMM, Emson (Seniors)   | 54.4                 |
| <b>Men (60-69)</b>       |                      |
| BUELL, Neel (CDM)        | 125.2 <sup>3/4</sup> |
| THATCHER, Jack (CDM)     | 122.3 <sup>1/2</sup> |
| BURKE, Bill (CDM)        | 116.10               |
| SANZ, Joe (CDM)          | 113.2 <sup>1/2</sup> |
| <b>Men (70+)</b>         |                      |
| HERRMANN, Stan (CDM)     | 93.5 <sup>3/4</sup>  |
| HUBBELL, Randy (Nat'l M) | 75.3 <sup>3/4</sup>  |
| WHITTEMORE, J. (80) (CW) | 77.1 <sup>1/2</sup>  |

**10K WALK\*\*\***

|                            |           |
|----------------------------|-----------|
| <b>Women</b>               |           |
| JONES, Vicki (Cal Walk)    | 56:56.8   |
| SMITH, Shiela (Cal Walk)   | 1:06:31.6 |
| KASH, Rose (Cal Walk)      | 1:15:02.1 |
| <b>Men (30-39)</b>         |           |
| BOULDIN, Ed (Bauchet SW)   | 48:31.2   |
| <b>Men (50-59)</b>         |           |
| CREANGE, Milt (Cal Walk)   | 1:03:41.5 |
| <b>Men (60-69)</b>         |           |
| McWILLIAMS, Hal (Cal Walk) | 1:03:06.4 |
| GARCIA, J. (CCA)           | 1:03:17   |
| LONG, Robt. (SCS)          | 1:12:10   |
| <b>Men (70+)</b>           |           |
| UNRUH, Ches (SDTC)         | 1:13:01.1 |

**60M HURDLES\*\*\***

|                               |      |
|-------------------------------|------|
| <b>Men (30-39)</b>            |      |
| BUTLER, Walt (SCS)            | 8.2  |
| KURRIE, David (SCS)           | 8.4  |
| SALLINGER, Larry (CDM)        | 8.5  |
| <b>Men (40-49)</b>            |      |
| JACKSON, Dave (CDM)           | 9.0  |
| HENRY, Al (CDM)               | 9.0  |
| MCBRIDE, Ernest (CDM)         | 9.2  |
| OLEATA, Ed (SDTC)             | 9.3  |
| ADAMS, Hugh (CDM)             | 9.8  |
| ADLER, Bill (SCS)             | 10.0 |
| BANE, Gary (SCS)              | 10.2 |
| DOUGLASS, Dave (SCS)          | 10.9 |
| <b>Men (50-59)</b>            |      |
| PATSALIS, Tom (CDM)           | 9.9  |
| HUNT, Bob (SCS)               | 10.4 |
| CREANGE, Milton (Cal Walkers) | 13.6 |
| <b>Men (60-69)</b>            |      |
| GIST, Burl (CDM)              | 10.0 |
| RAWLS, Jack (unat)            | 10.1 |
| GUIDET, Al (CDM)              | 18.3 |

**100 METER DASH\*\*\***

|                        |      |
|------------------------|------|
| <b>Women</b>           |      |
| MILLER, Chrystel (CDM) | 14.2 |
| CARTER, Jeanne (SCS)   | 14.9 |
| KINSEY, Shirley (CDM)  | 15.4 |

**Men (30-39)**

|                            |      |
|----------------------------|------|
| FRANKLIN, Herman (SCS)     | 11.1 |
| JOHNSON, Glenn (CDM)       | 11.2 |
| DAVIS, Reggie (CDM)        | 11.2 |
| BUTLER, Walt (SCS)         | 11.3 |
| SPIKES, Warren (CDM)       | 11.4 |
| ROBERSON, Willie (CDM)     | 11.7 |
| CHRISTOPHER, Arnold (unat) | 11.8 |
| HARPER, John (SCS)         | 12.7 |
| EVANISH, Joe (CDM)         | 13.0 |
| SHAFFER, Jim (SFVTC)       | 13.4 |

**Men (40-49)**

|                       |      |
|-----------------------|------|
| SMITH, Doug (CDM)     | 11.6 |
| SMITH, Lewis (SCS)    | 11.8 |
| SALEM, Malik (SCS)    | 12.1 |
| SANFORD, Willie (SCS) | 12.4 |
| JONES, Robt. (unat)   | 12.9 |
| RADFORD, Bob (CDM)    | 12.9 |
| COBB, Hugh (SCS)      | 13.0 |
| HARMS, Robt. (Unat)   | 13.3 |
| ADLER, Bill (SCS)     | 13.7 |

**Men (50-59)**

|                            |      |
|----------------------------|------|
| WATANABE, Robert (Seniors) | 12.5 |
| PATSALIS, Tom (CDM)        | 12.6 |
| FETTER, Pete (CDM)         | 12.7 |
| WAGNER, Delaine (Seniors)  | 13.7 |
| YABLAN, Jack (SCS)         | 13.7 |
| HUNT, Bob (SCS)            | 14.0 |
| WATT, Don (CDM)            | 14.3 |
| GRIMM, Emson (Seniors)     | 16.6 |
| <b>Men (60-69)</b>         |      |
| GUIDET, Al (CDM)           | 13.6 |
| WALLS, Byron (CDM)         | 13.9 |
| RAWLS, Jack (unat)         | 14.0 |
| POLOYNIS, George (unat)    | 14.6 |
| BURKE, Bill (CDM)          | 15.2 |
| GARCIA, John (CCAC)        | 16.1 |

**Men (70+)**

|                       |      |
|-----------------------|------|
| CASTRO, Anthony (SCS) | 14.8 |
|-----------------------|------|

**3000M METER RUN\*\*\***

|                          |         |
|--------------------------|---------|
| <b>Men (30-39)</b>       |         |
| HANSON, Ron (unat)       | 9:24.2  |
| BOULDIN, Ed (Bauchet SW) | 10:18.2 |
| EVANISH, Joe (CDM)       | 12:01.0 |

**Men (40-49)**

|                     |         |
|---------------------|---------|
| MURPHY, James (SCS) | 9:57.3  |
| STURAK, Tom (SCS)   | 9:58.9  |
| SMITH, Gary (SCS)   | 10:31.0 |

**Men (50-59)**

|                        |         |
|------------------------|---------|
| MUNDLE, Pete (SMTC)    | 9:59.7  |
| ATCHESON, Walt (SCS)   | 10:59.0 |
| ROBINSON, Bruce (CCAC) | 11:37.0 |

**Men (60-69)**

|                         |         |
|-------------------------|---------|
| POLOYNIS, George (unat) | 10:35.0 |
| GARCIA, John (CCAC)     | 10:37.0 |

**400 METER RELAY\*\*\***

|   |      |
|---|------|
| <b>Men (30-39)</b>                          |      |
| SO. CALIF. STRIDERS                         |      |
| A Team: Jackson, Franklin, Ferguson, Sumner | 42.6 |

**CORONA DEL MAR**

|         |      |
|---------|------|
| A Team: | 42.8 |
|---------|------|

**SO. CALIF. STRIDERS**

|         |      |
|---------|------|
| B Team: | 43.9 |
|---------|------|

**Men (40-49)**

|   |      |
|---|------|
| CORONA DEL MAR: Henry, Smith, Segal, Miller | 44.3 |
|---|------|

**Men (50-59)**

|   |      |
|---|------|
| CORONA DEL MAR: Hart, Clayton, Fetter, Guidet | 50.9 |
|---|------|

**SENIORS: Watanabe, Wagner, Wallace, Walts**

|  |      |
|--|------|
|  | 51.3 |
|--|------|

**800 METER RELAY\*\*\*****Men (30-39)**

|  |        |
|--|--------|
| CORONA DEL MAR: Spikes, Davis, Roberson, Johnson | 1:29.2 |
|--|--------|

**SO. CALIF. STRIDERS**

|                                   |        |
|-----------------------------------|--------|
| Jackson, Kurrle, Franklin, Sumner | 1:28.9 |
|-----------------------------------|--------|

**Men (40-49)**

|  |        |
|--|--------|
| CORONA DEL MAR: Jackson, Segal, Adams, Smith | 1:36.2 |
|--|--------|

**SO. CALIF. STRIDERS**

|                               |        |
|-------------------------------|--------|
| Smith, Jones, Newton, Abidala | 1:38.1 |
|-------------------------------|--------|

**Men (50-59)**

|   |        |
|---|--------|
| SENIORS: Dawkins, Wagner, Walts, Watanabe | 1:47.8 |
|---|--------|

**CORONA DEL MAR: Clayton, Watt, Guidet, Hart**

|  |        |
|--|--------|
|  | 1:49.5 |
|--|--------|

**SPRINT MEDL RELAY\*\*\*****Men (30-39)**

|  |      |
|--|------|
| CORONA DEL MAR: Roberson, Spikes, Davis, Barry | 1:31 |
|--|------|

**SO. CALIF. STRIDERS**

|   |      |
|---|------|
| A Team: Franklin, Ferguson, Jackson, Linterpe | 1:35 |
|---|------|

**CORONA DEL MAR: Segal, Stuenkel, Johnson, Smith**

|  |        |
|--|--------|
|  | 1:36.0 |
|--|--------|

**SO. CALIF. STRIDERS**

|  |        |
|--|--------|
| B Team: Harper, Maxie, Underwood, Kurrle | 1:46.2 |
|--|--------|

**Men (40-49)**

|   |        |
|---|--------|
| SO. CALIF. STRIDERS (unknown), Sanford, Smith | 1:36.2 |
|---|--------|

**Men (50-59)**

|   |        |
|---|--------|
| SENIORS: Wallace, Wagner, Watanabe, Dawkins | 1:50.7 |
|---|--------|

**CORONA DEL MAR: Fetter, Clayton, Watt, Hart**

|  |        |
|--|--------|
|  | 1:51.3 |
|--|--------|

**SO. CALIF. STRIDERS:**

|                                |        |
|--------------------------------|--------|
| Hunt, Yablan, Castro, Poloynis | 2:08.3 |
|--------------------------------|--------|

**SHUTTLE HURDLE RELAY\*\*\***

|                                     |      |
|-------------------------------------|------|
| CORONA DEL MAR:                     | 39.0 |
| Jackson, Adams, Fitzhugh, Sallinger |      |

**DISTANCE MEDL RELAY\*\*\*****Men (40-49)**

|  |         |
|--|---------|
| SO. CALIF. STRIDERS: Smith, Kalschmidt, Miller, Carrington | 12:05.3 |
|--|---------|

**Men (50-59)**

|  |         |
|--|---------|
| CORONA DEL MAR: Beadle, Wagner, Buchanan, Garcia | 14:14.3 |
|--|---------|

**9-MAN MILE RELAY\*\*\***

|                |        |
|----------------|--------|
| CORONA DEL MAR | 3:47.5 |
|----------------|--------|

|                     |        |
|---------------------|--------|
| SO. CALIF. STRIDERS | 3:39.9 |
|---------------------|--------|

44TH ANNUAL YONKERS MARATHON  
 YONKERS, N.Y. MAY 11, 1980.  
 586 STARTERS. 464 FINISHERS.  
 (446 MEN; 18 WOMEN)

**MEN 40-49**

|               |    |         |
|---------------|----|---------|
| Cahit Yeter   | 45 | 2:43:15 |
| Pat Burke     | 40 | 2:48:05 |
| Robin Stamper | 42 | 2:56:53 |
| John Kelley   | 49 | 2:58:04 |
| Cecil Burgin  | 41 | 2:59:36 |

**MEN 50-59**

|           |    |   |
|-----------|----|---|
| Don Dixon | 52 | 2 |
|-----------|----|---|



Men 30-39

RESULTS OF 10TH ANNUAL GRANDFATHER GAMES - MAY 24, 1980 - VAN NUYS, CALIFORNIA

100

Mike Jackson 10.97  
Steve Caminetti 11.19  
Joe Evanish 12.84

200

Joe Evanish 26.39

400

Sam Pinterpe 51.81  
Fred Ledder 55.65  
Mike Smith 62.05

800

John Perry 1:59.9  
Sam Pinterpe 2:11.2  
Rudy Figueroa 2:16.2

1500

Robert Kihara 4:42.0  
Rudy Figueroa 5:12.5  
George Cummins 5:13.3

5000

Skip Witt 17:48.0  
Mike Smith 25:40.0

110HH

Theo Viltz 15.00  
Steve Caminetti 15.69  
Cecil Peoples 16.75

400IH

Rudy Figueroa 72.14  
Jack Schmitz 81.80

5000 WALK

Mike Smith 31:36.5

10000

Bob Miller 36:21.4  
Skip Witt 36:47.1

400 RELAY

So. Cal. Striders 47.89

1600 RELAY

Corona Del Mar 4:40.7

LONG JUMP

Fred Ledder 18-2½  
James Ball 17-1½  
R. Klehm 16-7

TRIPLE JUMP

Paul Klein 37-3  
Rudy Figueroa 27-10½  
Mike Smith 26-1½

HIGH JUMP

Lloyd Higgins 6-1  
Tim Knappen 6-0  
Fred Ledder 5-6

POLE VAULT

Tim Knappen 14-6  
Warren Cummings 13-6  
Rudy Figueroa 9-0

SHOT PUT

Mike Dellen 45-0  
Warren Cummings 37-3  
Ron Barboza 36-6½

DISCUS

Lloyd Higgins 159-6  
Mike Dellen 149-0  
Warren Cummings 120-8

JAVELIN

Dick Selby 178-11  
F. Rock 152-10  
Warren Cummings 146-10

Outstanding Track:  
JOHN PERRY

Outstanding Field:  
TIM KNAPPEN

MEN 40-49

100

Ken Dennis 11.15

Doug Smith 11.38  
H. Lewis Smith 11.73

200

Ken Dennis 22.70  
Dave Segal 23.04  
Nick Newton 23.56

400

Nick Newton 51.11WR  
George Cohen 53.34  
Michael Destafano 55.12

800

Met Elliot 2:03.3  
George Cohen 2:07.6  
Lou Mayers 2:11.4

1500

George Cohen 4:30.1  
Lou Mayers 4:37.9  
Skip Witt 4:39.7

5000

Gary Smith 18:07.0  
Al Barrett 18:15.0  
Peter Alexander 18:52.1

110H

Al Henry 15.24  
Gary Bane 16.81  
Bob Plassmeyer 16.98

400IH

Bob Plassmeyer 67.15  
Al Sheahen 67.20

5000 WALK

John Kelly 26:42.0  
Mike Hiller 36:35.2  
Ken Plumb 39:05.8

10000

Gary Smith 38:46.5  
Mike Hiller 45:28.8

400 RELAY

Corona Del Mar 44.31  
So. Cal Striders 45.99

1600 RELAY

So. Cal. Striders 3:45.6

LONG JUMP

Al Henry 19-8  
Dave Jackson 18-0  
Alvis Andrews 17-5½

TRIPLE JUMP

Dave Jackson 43-½  
Al Henry 37-5½

HIGH JUMP

Gary Bane 5-6  
Leon Frankamp 5-5  
Nick Newton 5-4

POLE VAULT

Gary Bane 11-0  
Bob Harmes 8-7

DISCUS

James Hart 136-7  
Ed Van Pelt 132-0  
Richard Kinnerly 100-1

SHOT PUT

James Hart 43-9  
John Callahan 35-1½  
Fred Fate 31-6

JAVELIN

Gary Bane 131-11  
Dave Douglass 99-8  
Fred Fate 89-8

HAMMER

James Hart 115-10  
Dave Douglass 104-2  
Fred Fate 99-9

Outstanding Track:  
KEN DENNIS

Outstanding Field:  
JAMES HART

MEN 50-59

100

Don Cheek 12.22  
Bob Watanabe 12.42  
Oswald Dawkins 12.84

200

Don Cheek 24.59  
Bob Watanabe 25.70  
Oswald Dawkins 25.86

400

Don Cheek 55.75  
Gene Harte 58.50

\*800

Walt Atchineson 2:22.2  
Louis Beadle 2:25.3  
Avery Bryant 2:25.5

1500

Leonard Walts 4:43.9  
Avery Bryant 4:52.0  
Walt Atchineson 4:55.1

5000

Pete Mundle 17:38.0  
Patrick Devine 19:08.2  
Bruce Robinson 19:13.4

10000

Bruce Robinson 39:54.0  
Howard King 41:25.0  
John McManus 42:40.0

5000 WALK

Milton Creange 29:44.0

65 HURDLES

Bob Higgenbotham 11.01  
Hal Wallace 11.08

400 HURDLES

Bob Hunt 75.00

400 RELAY

Corona Del Mar 48.70  
Seniors Track Club 50.31

1600 RELAY

Corona Del Mar 4:06.1  
Seniors TC 4:06.7

LONG JUMP

Phil Schlegel 16-9  
Bob Higginbotham 16-0  
Dave Brown 14-½

HIGH JUMP

Ed Austin 5-5  
Shirley Davisson 5-2  
Dave Brown 4-8

POLE VAULT

Hal Wallace 10-6  
Don Grosh 10-0  
Dave Brown 9-0

SHOT PUT

Tom Allison 39-½  
Hal Wallace 37-11  
Bob Stone 34-5

DISCUS

Sid Neblett 131-9  
Tom Allison 123-4  
Hal Wallace 115-4

JAVELIN

Pete Fetter 139-10  
Hal Wallace 126-5  
Jerry Wojcik 121-9

HAMMER

Bob Stone 107-3  
Jerry Wojcik 104-0  
Frank DeBernardi 77-1

Outstanding Track:  
DON CHEEK

Outstanding Field:  
HAL WALLACE

MEN 60-69

100

Byron Walls 13.67  
Bill Morales 13.91  
Bob Hunt 15.00

200

Byron Walls 28.70  
Bob Hunt 29.39  
George Polynis 30.14

400

Bob Hunt 65.05  
Alfonso Perez 66.89  
George Polynis 68.33

800

George Polynis 3:03.5

1500

Ed Stotsenberg 5:32.0  
John Garcia 6:06.3

5000 WALK

John Garcia 29:50.0  
Bob Long 35:07.0  
Joe Wehrly 52:13.5

65 HURDLES

Burl Gist 10.27  
Bob Hunt 11.00  
Bill Morales 11.65

LONG JUMP

Gordon Farrell 16-9  
Bill Morales 15-4  
Burl Gist 14-6

TRIPLE JUMP

Gordon Farrell 39-0 WR  
John Damski 30-3½  
George Polynis 28-7½

HIGH JUMP

Burl Gist 5-½  
Bob Ogle 4-8  
Orv Gillett 4-6

POLE VAULT

Orv Gillett 8-7  
Bill Burke 7-0

SHOT PUT

Jack Thatcher 47-0  
Jim Minah 43-6  
Bill Burke 40-0

DISCUS

Dan Aldrich 158-10  
Jack Thatcher 132-7  
Joe Sanz 122-6

JAVELIN

Bill Morales 133-9  
Bill Burke 110-0  
Doodles Weaver 65-0

HAMMER

Jim Minah 113-2  
Joe Sanz 112-6  
Dan Aldrich 107-0

Outstanding Track:  
BYRON WALLS

Outstanding Field:  
GORDON FARRELL

MEN 70+

100

Anthony Castro 14.31  
Sing Lum 16.12

200

Anthony Castro 29.72  
Sing Lum 37.00

800

Monty Montgomery 3:05.1

5000 WALK

Chesley Unruh 33:11.0

TRIPLE JUMP

Red Doms 21-10

POLE VAULT

Bob MacConaghy 8-7

SHOT PUT

Gene Hanson 38-11  
Vernon Cheadle 37-6  
Red Doms 35-11

DISCUS

Vernon Cheadle 126-6  
Red Doms 114-0  
Stan Herrmann 94-0

JAVELIN

Red Doms 87-1  
Randy Hubbell 82-1

HAMMER

Stan Herrmann 97-2  
Randy Hubbell 87-2  
Red Doms 57-5

WOMEN

100

Gloria Armelin 14.30  
Jeanne Carter 14.50  
Jane Dods 14.61

200

Jeanne Carter 30.62  
Jane Dods 31.11  
Shirley Kinsey 31.90

1500

Jane Dods 5:49.3

5000

Julia Scoville 27:48.0

5000 WALK

Diane Uribe 26:48.0  
Jeannine Burk 34:32.0  
Rose Kash 35:12.0

10000

Barbara Terhune 39:37.5

LONG JUMP

Gloria Armelin 13-4  
Christel Miller 12-9½  
Edith Mendyka 8-7

SHOT PUT

Karen Huff 29-8  
Shirley Kinsey 26-3½  
Edity Mendyka 25-10

DISCUS

Shirley Kinsey 84-7  
Catie Burke 61-8  
Edity Mendyka 56-4

JAVELIN

Karen Huff 92-7  
Christel Miller 91-5  
Shirley Kinsey 64-2

Outstanding Track:  
DIANE URIBE

Outstanding Field:  
KAREN HUFF

WR=World Record  
AR=American Record

\*Bill Fitzgerald, 55,  
ran with the 40-49 group  
in the 800. His time  
of 2:12.5 is a new U.S.  
age 55-59 mark.



PACIFIC ASSOCIATION  
OF THE ATHLETIC CONGRESS  
MASTERS TRACK AND FIELD CHAMPIONSHIPS  
LOS GATOS, CALIFORNIA  
MAY 31, 1980

|                              |  |  |                                  |  |  |                             |  |  |                             |  |  |                         |  |  |                           |  |  |                       |  |  |                               |  |  |                              |  |  |                             |  |  |                               |  |  |                           |  |  |           |  |  |
|------------------------------|--|--|----------------------------------|--|--|-----------------------------|--|--|-----------------------------|--|--|-------------------------|--|--|---------------------------|--|--|-----------------------|--|--|-------------------------------|--|--|------------------------------|--|--|-----------------------------|--|--|-------------------------------|--|--|---------------------------|--|--|-----------|--|--|
| 100 METERS                   |  |  | 50 - 54                          |  |  | 1. S. Dietderich, 53, NCSTC |  |  | 1.24.55                     |  |  | 1. J. Howell, 37, WVTC  |  |  | 4:17.8                    |  |  | 1. NCSTC              |  |  | 52.3                          |  |  | 60 - 64                      |  |  | 1. B. Burke, 61, UN         |  |  | 120'10"                       |  |  |                           |  |  |           |  |  |
| WOMEN                        |  |  | 35 - 39                          |  |  | 1. J. Kolda, 62, NCSTC      |  |  | 1.27.04                     |  |  | 40 - 44                 |  |  | 1. D. Donaldson, 40, UN   |  |  | 4:19.2                |  |  | ONE MILE RELAY                |  |  | 3:34.5                       |  |  | 65 - 69                     |  |  | 1. J. Dick, 68, NCSTC         |  |  | 83'3"                     |  |  |           |  |  |
| 1. Mimi Gerard, 39, W.S.     |  |  | 14.7                             |  |  |                             |  |  |                             |  |  | 2. W. Shafer, 40, CHRC  |  |  | 4:20.7                    |  |  | 1. WVTC (30-34)       |  |  | 3:48.3                        |  |  | 1. J. Ophir Prison (35 - 39) |  |  | 2. J. McDonnell, 66, DeAnza |  |  | 65'10"                        |  |  |                           |  |  |           |  |  |
| 40 - 44                      |  |  | 1. Cherrie Sherrard, 41, NCSTC   |  |  | 12.7                        |  |  |                             |  |  | 3. B. Welick, 42, WVTC  |  |  | 4:31.1                    |  |  | 3. NCSTC (40-44)      |  |  | 35.80                         |  |  | 70 - 74                      |  |  | 1. E. Curtice, 73, NCSTC    |  |  | 112'11"                       |  |  |                           |  |  |           |  |  |
| 45 - 49                      |  |  | 1. Irene Obera, 46, NCSTC        |  |  | 12.7                        |  |  |                             |  |  | 4. J. Jent, 41, NCSTC   |  |  | 4:49.5                    |  |  | FIELD EVENTS          |  |  |                               |  |  | DISCUS                       |  |  |                             |  |  |                               |  |  |                           |  |  |           |  |  |
| 1. Joan Tyksinski, 48, NCSTC |  |  | 17.7                             |  |  |                             |  |  |                             |  |  | 5. J. Thomas, 41, NCSTC |  |  | 4:50.5                    |  |  | TRIPLE JUMP           |  |  |                               |  |  | WOMEN                        |  |  |                             |  |  |                               |  |  |                           |  |  |           |  |  |
| 50 - 54                      |  |  | 1. Shirley Dietderich, 53, NCSTC |  |  | 16.5                        |  |  |                             |  |  | 6. J. Dix, 41, UN       |  |  | 5:01.6                    |  |  | 30 - 34               |  |  | 1. Larry Herald, 34, SCTC     |  |  | 36'3"                        |  |  | 40 - 44                     |  |  | 1. C. Sherrard, 41, NCSTC     |  |  | 84'7"                     |  |  |           |  |  |
| 60 - 64                      |  |  | 1. Josephine Kolda, 62, NCSTC    |  |  | 16.4                        |  |  |                             |  |  | 1. J. Lewis, 45, TRAC   |  |  | 4:44.4                    |  |  | 35 - 39               |  |  | 1. D. Isaksen, 36, UN         |  |  | 39'5"                        |  |  | 2. C. Burke, 41, CDM        |  |  | 55'9 1/2"                     |  |  |                           |  |  |           |  |  |
| MEN                          |  |  | 30 - 34                          |  |  | 1. Ron Whitney, 36, UN      |  |  | 50.8                        |  |  | 50 - 54                 |  |  | 1. D. Stevenson, 51, UN   |  |  | 4:45.8                |  |  | 40 - 44                       |  |  | 2. M. Uovich, 38, UN         |  |  | 36'7"                       |  |  | MEN                           |  |  | 30 - 34                   |  |  |           |  |  |
| 1. Greg Marshal, 32, WVTC    |  |  | 10.8                             |  |  | 2. B. Weler, 33, WVTC       |  |  | 51.5                        |  |  | 60 - 64                 |  |  | 1. R. Manannah, 64, NCSTC |  |  | 5:30.2                |  |  | 40 - 44                       |  |  | 2. D. Pearson, 42, UN        |  |  | 32'0"                       |  |  | 1. T. Fahey, 32, WVTC         |  |  | 155'7"                    |  |  |           |  |  |
| 2. Bill Johnson, 34, SCTC    |  |  | 11.1                             |  |  | 3. J. Johnson, 33, UN       |  |  | 57.0                        |  |  | 65 - 69                 |  |  | 2. E. Preston, 63, NCSTC  |  |  | 5:32.0                |  |  | 45 - 49                       |  |  | 2. J. Sanchez, 40, UN        |  |  | 30'11 1/2"                  |  |  | 2. J. Trujillo, 33, PTC       |  |  | 112'11"                   |  |  |           |  |  |
| 3. James Johnson, 33, UN     |  |  | 11.6                             |  |  | 4. J.H. Johnson, 37, CPF    |  |  | 52.9                        |  |  | 70 - 74                 |  |  | 1. W. Bigelow, 69, NCSTC  |  |  | 6:49.1                |  |  | 65 - 69                       |  |  | 1. Phil Conley, 45, UN       |  |  | 34'9 1/2"                   |  |  | 3. W. Henderson, 33, NCSTC    |  |  | 93'                       |  |  |           |  |  |
| 4. Craig Laughton, 30, WVTC  |  |  | 12.3                             |  |  | 45 - 49                     |  |  | 1. P. Knox, 46, CDM         |  |  | 56.7                    |  |  | 1. J. McGee, 71, NCSTC    |  |  | 6:41.5                |  |  | 75 - 79                       |  |  | 2. E. Mahany, 49, UN         |  |  | 32'9 1/2"                   |  |  | 40 - 44                       |  |  | 1. J. Hart, 43, USMC      |  |  | 134'8"    |  |  |
| 35 - 39                      |  |  | 1. Paul Dungan, 35, P.T.C.       |  |  | 10.85                       |  |  | 2. B. Lennier, 45, NCSTC    |  |  | 60.9                    |  |  | 5000 METERS               |  |  |                       |  |  | 1. Homer Vangelder, 75, NCSTC |  |  | 22'9"                        |  |  | 45 - 49                     |  |  | 1. S. Letcher, 48, NCSTC      |  |  | 111'8"                    |  |  |           |  |  |
| 40 - 44                      |  |  | 2. Dan Fitzsimmons, 36, WVTC     |  |  | 11.2                        |  |  | 3. J. Billmeyer, 48, NCSTC  |  |  | 61.9                    |  |  | WOMEN                     |  |  |                       |  |  |                               |  |  |                              |  |  | 50 - 54                     |  |  | 2. J. Durrenberger, 45, NCSTC |  |  | 82'6"                     |  |  |           |  |  |
| 45 - 49                      |  |  | 3. Sam Robinson, 36, WVTC        |  |  | 11.3                        |  |  | 1. J. Dowell, 50, NCSTC     |  |  | 57.6                    |  |  | 35 - 39                   |  |  | 1. Judy Fox, 39, WVTC |  |  | 17:34.0                       |  |  |                              |  |  | 50 - 54                     |  |  | 1. Stan Dowell, 50, NCSTC     |  |  | 115'3 1/2"                |  |  |           |  |  |
| 50 - 54                      |  |  | 4. Bob Simpson, 38, WVTC         |  |  | 11.4                        |  |  | 2. D. Jackson, 53, NCSTC    |  |  | 58.39                   |  |  | MEN                       |  |  |                       |  |  |                               |  |  |                              |  |  | 50 - 54                     |  |  | 2. R. Wiggington, 54, NCSTC   |  |  | 100'                      |  |  |           |  |  |
| 55 - 59                      |  |  | 5. D. Isaksen, 36, UN            |  |  | 11.7                        |  |  | 3. H. Washington, 51, BAS   |  |  | 60.2                    |  |  | 30 - 34                   |  |  |                       |  |  |                               |  |  |                              |  |  | 55 - 59                     |  |  | 3. E. Dowell, 52, NCSTC       |  |  | 78'1 1/2"                 |  |  |           |  |  |
| 60 - 64                      |  |  | 6. M. Uovich, 38, NCSTC          |  |  | 12.1                        |  |  | 1. R. Spencer, 56, SDTC     |  |  | 60.9                    |  |  | 40 - 44                   |  |  |                       |  |  |                               |  |  |                              |  |  | 55 - 59                     |  |  | 1. B. Stone, 59, NCSTC        |  |  | 115'2 1/2"                |  |  |           |  |  |
| 40 - 44                      |  |  | 1. Gil La Torre, 42, NCSTC       |  |  | 11.7                        |  |  | 60 - 64                     |  |  | 63.6                    |  |  | 45 - 49                   |  |  |                       |  |  |                               |  |  |                              |  |  | 55 - 59                     |  |  | 2. R. Hassman, 55, GRR        |  |  | 113'1"                    |  |  |           |  |  |
| 45 - 49                      |  |  | 2. Bill Mitchell, 40, UN         |  |  | 11.9                        |  |  | 65 - 69                     |  |  | 65.7                    |  |  | 50 - 54                   |  |  |                       |  |  |                               |  |  |                              |  |  | 55 - 59                     |  |  | 3. M. Henderson, 59, NCSTC    |  |  | 99'2"                     |  |  |           |  |  |
| 50 - 54                      |  |  | 3. R. Alvarez, 42, UN            |  |  | 12.8                        |  |  | 70 - 74                     |  |  | 74.8                    |  |  | 55 - 59                   |  |  |                       |  |  |                               |  |  |                              |  |  | 55 - 59                     |  |  | 4. B. Wolf, 56, UN            |  |  | 66'11"                    |  |  |           |  |  |
| 55 - 59                      |  |  | 1. Marion Sanchez, 47, UN        |  |  | 11.7                        |  |  | 1. J. Satti, 66, NCSTC      |  |  | 66.2                    |  |  | 60 - 64                   |  |  |                       |  |  |                               |  |  |                              |  |  | 55 - 59                     |  |  | 1. B. Burke, 61, UN           |  |  | 120'10"                   |  |  |           |  |  |
| 60 - 64                      |  |  | 2. Percy Knox, 46, CDM           |  |  | 11.8                        |  |  | 2. K. Burns, 67, NCSTC      |  |  | 74.8                    |  |  | 65 - 69                   |  |  |                       |  |  |                               |  |  |                              |  |  | 55 - 59                     |  |  | 1. J. Dick, 68, NCSTC         |  |  | 109'9 1/2"                |  |  |           |  |  |
| 45 - 49                      |  |  | 3. Richard Hansen, 47, NCSTC     |  |  | 12.2                        |  |  | 1. M. Shine, 71, NCSTC      |  |  | 73.4                    |  |  | 70 - 74                   |  |  |                       |  |  |                               |  |  |                              |  |  | 55 - 59                     |  |  | 2. J. McCarthy, 65, NCSTC     |  |  | 100'9"                    |  |  |           |  |  |
| 50 - 54                      |  |  | 4. Ben Rivera, 46, NCSTC         |  |  | 12.3                        |  |  | 110 METER HURDLES           |  |  |                         |  |  | 40 - 44                   |  |  |                       |  |  |                               |  |  |                              |  |  | 55 - 59                     |  |  | 3. W. Walker, 68, NCSTC       |  |  | 97'2"                     |  |  |           |  |  |
| 55 - 59                      |  |  | 5. Ed Mahany, 49, UN             |  |  | 12.4                        |  |  | WOMEN 100 Meter Low Hurdles |  |  |                         |  |  | 45 - 49                   |  |  |                       |  |  |                               |  |  |                              |  |  | 55 - 59                     |  |  | 4. J. McDonnell, 66, DeAnza   |  |  | 89'2"                     |  |  |           |  |  |
| 60 - 64                      |  |  | 6. Mal Andrews, 46, BAS          |  |  | 12.4                        |  |  | 1. C. Sherrard, 41, NCSTC   |  |  | 16.64                   |  |  | 50 - 54                   |  |  |                       |  |  |                               |  |  |                              |  |  | 55 - 59                     |  |  | 1. L. Peresenyi, 72, NCSTC    |  |  | 101'2 1/2"                |  |  |           |  |  |
| 45 - 49                      |  |  | 7. John Billmeyer, 47, NCSTC     |  |  | 12.5                        |  |  | MEN                         |  |  |                         |  |  | 55 - 59                   |  |  |                       |  |  |                               |  |  |                              |  |  | 55 - 59                     |  |  | 2. L. Williams, 70, UN        |  |  | 87'2"                     |  |  |           |  |  |
| 50 - 54                      |  |  | 1. N. Washington, 51, BAS        |  |  | 12.2                        |  |  | 30 - 34 - 39"               |  |  |                         |  |  | 60 - 64                   |  |  |                       |  |  |                               |  |  |                              |  |  | 55 - 59                     |  |  | 3. F. Bierlein, 70, NCSTC     |  |  | 67'9"                     |  |  |           |  |  |
| 55 - 59                      |  |  | 2. V. Regier, 52, NCSTC          |  |  | 12.4                        |  |  | 1. G. Carty, BAS            |  |  | 15.1                    |  |  | 65 - 69                   |  |  |                       |  |  |                               |  |  |                              |  |  | 55 - 59                     |  |  | SHOT PUT                      |  |  |                           |  |  |           |  |  |
| 60 - 64                      |  |  | 3. E. Dowell, 52, NCSTC          |  |  | 12.6                        |  |  | 2. D. Roberts, 30, UN       |  |  | 16.9                    |  |  | 70 - 74                   |  |  |                       |  |  |                               |  |  |                              |  |  | 55 - 59                     |  |  | WOMEN                         |  |  |                           |  |  |           |  |  |
| 45 - 49                      |  |  | 4. R. Wiggington, 54, NCSTC      |  |  | 13.0                        |  |  | 1. H. Adams, 40, UN         |  |  | 16.5                    |  |  | 50 - 54                   |  |  |                       |  |  |                               |  |  |                              |  |  | 55 - 59                     |  |  | 30 - 34                       |  |  | 1. J. Watkins, 33         |  |  | 28'10"    |  |  |
| 50 - 54                      |  |  | 5. R. Higginbotham, 53, UN       |  |  | 13.1                        |  |  | 45 - 49                     |  |  | 17.1                    |  |  | 60 - 64                   |  |  |                       |  |  |                               |  |  |                              |  |  | 55 - 59                     |  |  | 40 - 44                       |  |  | 1. C. Sherrard, 41, NCSTC |  |  | 37'4 1/2" |  |  |
| 55 - 59                      |  |  | 1. Alphonse Julliard, 58, UN     |  |  | 12.6                        |  |  | 50 - 54 - 36"               |  |  | 19.1                    |  |  | 65 - 69                   |  |  |                       |  |  |                               |  |  |                              |  |  | 55 - 59                     |  |  | 1. C. Burke, 41, CDM          |  |  | 19'2 1/2"                 |  |  |           |  |  |
| 60 - 64                      |  |  | 2. Payton Jordan, 63, UN         |  |  | 12.0                        |  |  | 1. B. Roemer, 54, NCSTC     |  |  | 19.6                    |  |  | 70 - 74                   |  |  |                       |  |  |                               |  |  |                              |  |  | 55 - 59                     |  |  |                               |  |  |                           |  |  |           |  |  |
| 45 - 49                      |  |  | 3. C. Killion, 72, CDM           |  |  | 12.9                        |  |  | 2. R. Higginbotham, 53, UN  |  |  | 19.6                    |  |  | 5000 METER WALK           |  |  |                       |  |  |                               |  |  |                              |  |  | 55 - 59                     |  |  |                               |  |  |                           |  |  |           |  |  |
| 50 - 54                      |  |  | 4. B. Hunt, 60, SCS              |  |  | 13.7                        |  |  | 3. R. Wiggington, 54, NCSTC |  |  | 20.4                    |  |  | WOMEN                     |  |  |                       |  |  |                               |  |  |                              |  |  | 55 - 59                     |  |  |                               |  |  |                           |  |  |           |  |  |
| 55 - 59                      |  |  | 5. S. Hoover, 61, NCSTC          |  |  | 14.1                        |  |  | 60 - 64                     |  |  | 19.5                    |  |  | 30 - 34                   |  |  |                       |  |  |                               |  |  |                              |  |  | 55 - 59                     |  |  |                               |  |  |                           |  |  |           |  |  |
| 60 - 64                      |  |  | 1. Harry Moppel, 67, NCSTC       |  |  | 13.2                        |  |  | 65 - 69                     |  |  | 22.0                    |  |  | 40 - 44                   |  |  |                       |  |  |                               |  |  |                              |  |  | 55 - 59                     |  |  |                               |  |  |                           |  |  |           |  |  |
| 45 - 49                      |  |  | 2. Frank Saylor, 66, NCSTC       |  |  | 16.6                        |  |  | 1. John Satti, 66, NCSTC    |  |  | 21.9                    |  |  | 50 - 54                   |  |  |                       |  |  |                               |  |  |                              |  |  | 55 - 59                     |  |  |                               |  |  |                           |  |  |           |  |  |
| 50 - 54                      |  |  | 1. A. Castro, 70, SCS            |  |  | 13.9                        |  |  | 400 METER I.N.              |  |  |                         |  |  | 60 - 64                   |  |  |                       |  |  |                               |  |  |                              |  |  | 55 - 59                     |  |  |                               |  |  |                           |  |  |           |  |  |
| 55 - 59                      |  |  | 2. L. Jackson, 74, NCSTC         |  |  | 15.0                        |  |  | 30 - 34                     |  |  | 21.9                    |  |  | 65 - 69                   |  |  |                       |  |  |                               |  |  |                              |  |  | 55 - 59                     |  |  |                               |  |  |                           |  |  |           |  |  |
| 60 - 64                      |  |  | 1. Sing Lum, 75, CDM             |  |  | 15.6                        |  |  | 1. Don Roberts, 30, UN      |  |  | 60.9                    |  |  | 70 - 74                   |  |  |                       |  |  |                               |  |  |                              |  |  | 55 - 59                     |  |  |                               |  |  |                           |  |  |           |  |  |
| 45 - 49                      |  |  | 200 METERS                       |  |  |                             |  |  | 35 - 39                     |  |  | 60.9                    |  |  | 50 - 54                   |  |  |                       |  |  |                               |  |  |                              |  |  | 55 - 59                     |  |  |                               |  |  |                           |  |  |           |  |  |
| 50 - 54                      |  |  | WOMEN                            |  |  |                             |  |  | 40 - 44                     |  |  | 60.9                    |  |  | 60 - 64                   |  |  |                       |  |  |                               |  |  |                              |  |  | 55 - 59                     |  |  |                               |  |  |                           |  |  |           |  |  |
| 55 - 59                      |  |  | 1. Cherrie Sherrard, 41, NCSTC   |  |  | 28.9                        |  |  | 1. Ron Whitney, 37, UN      |  |  | 55.7                    |  |  | 70 - 74                   |  |  |                       |  |  |                               |  |  |                              |  |  | 55 - 59                     |  |  |                               |  |  |                           |  |  |           |  |  |
| 60 - 64                      |  |  | 2. A. Parish, 43, NCSTC          |  |  | 30.2                        |  |  | 2. P. Henriksen, 36, UN     |  |  | 62.8                    |  |  | 50 - 54                   |  |  |                       |  |  |                               |  |  |                              |  |  | 55 - 59                     |  |  |                               |  |  |                           |  |  |           |  |  |
| 45 - 49                      |  |  | 1. Irene Obera, 46, NCSTC        |  |  | 27.9                        |  |  | 1. H. Adams, 40, UN         |  |  | 60.0                    |  |  | 60 - 64                   |  |  |                       |  |  |                               |  |  |                              |  |  | 55 - 59                     |  |  |                               |  |  |                           |  |  |           |  |  |
| 50 - 54                      |  |  | 2. S. Tyksinski, 48, NCSTC       |  |  | 38.7                        |  |  | 2. J. Thomas, 41, NCSTC     |  |  | 61.2                    |  |  | 70 - 74                   |  |  |                       |  |  |                               |  |  |                              |  |  | 55 - 59                     |  |  |                               |  |  |                           |  |  |           |  |  |
| 55 - 59                      |  |  | 1. S. Dietderich, 53, NCSTC      |  |  | 36.0                        |  |  | 3. J. Erbes, 42, UN         |  |  | 75.2                    |  |  | 50 - 54                   |  |  |                       |  |  |                               |  |  |                              |  |  | 55 - 59                     |  |  |                               |  |  |                           |  |  |           |  |  |
| 60 - 64                      |  |  | 1. J. Kolda, 62, NCSTC           |  |  | 35.6                        |  |  | 45 - 49                     |  |  | 63.5                    |  |  | 60 - 64                   |  |  |                       |  |  |                               |  |  |                              |  |  | 55 - 59                     |  |  |                               |  |  |                           |  |  |           |  |  |
| 45 - 49                      |  |  | MEN                              |  |  |                             |  |  | 50 - 54                     |  |  | 74.5                    |  |  | 70 - 74                   |  |  |                       |  |  |                               |  |  |                              |  |  | 55 - 59                     |  |  |                               |  |  |                           |  |  |           |  |  |
| 50 - 54                      |  |  | 30 - 34                          |  |  |                             |  |  | 60 - 64                     |  |  | 74.7                    |  |  | 50 - 54                   |  |  |                       |  |  |                               |  |  |                              |  |  | 55 - 59                     |  |  |                               |  |  |                           |  |  |           |  |  |
| 55 - 59                      |  |  | 1. G. Marshal, 32, WVTC          |  |  | 21.9                        |  |  | 1. B. Hunt, 60, SCS         |  |  | 72.8                    |  |  | 60 - 64                   |  |  |                       |  |  |                               |  |  |                              |  |  | 55 - 59                     |  |  |                               |  |  |                           |  |  |           |  |  |
| 60 - 64                      |  |  | 2. B. Johnson, 34, SCTC          |  |  | 22.5                        |  |  | 800 METERS                  |  |  |                         |  |  | 70 - 74                   |  |  |                       |  |  |                               |  |  |                              |  |  | 55 - 59                     |  |  |                               |  |  |                           |  |  |           |  |  |
| 45 - 49                      |  |  | 3. J. Johnson, 33, UN            |  |  | 24.2                        |  |  | WOMEN                       |  |  |                         |  |  | 70 - 74                   |  |  |                       |  |  |                               |  |  |                              |  |  | 55 - 59                     |  |  |                               |  |  |                           |  |  |           |  |  |
| 50 - 54                      |  |  | 1. P. Dungan, 35, PTC            |  |  | 22.0                        |  |  | 30 - 34                     |  |  | 2:32.0                  |  |  | 70 - 74                   |  |  |                       |  |  |                               |  |  |                              |  |  | 55 - 59                     |  |  |                               |  |  |                           |  |  |           |  |  |
| 55 - 59                      |  |  | 2. D. Fitzsimmons, 36, WVTC      |  |  | 22.7                        |  |  | 35 - 39                     |  |  | 2:48.5                  |  |  | 50 - 54                   |  |  |                       |  |  |                               |  |  |                              |  |  | 55 - 59                     |  |  |                               |  |  |                           |  |  |           |  |  |
| 60 - 64                      |  |  | 3. S. Robinson, 38, WVTC         |  |  | 23.1                        |  |  | 40 - 44                     |  |  | 2:48.5                  |  |  | 60 - 64                   |  |  |                       |  |  |                               |  |  |                              |  |  | 55 - 59                     |  |  |                               |  |  |                           |  |  |           |  |  |
| 45 - 49                      |  |  | 4. B. Simpson, 38, WVTC          |  |  | 23.3                        |  |  | 50 - 54                     |  |  | 2:48.5                  |  |  | 70 - 74                   |  |  |                       |  |  |                               |  |  |                              |  |  | 55 - 59                     |  |  |                               |  |  |                           |  |  |           |  |  |
| 50 - 54                      |  |  | 1. B. Anixter, 42, NCSTC         |  |  | 23.9                        |  |  | 60 - 64                     |  |  | 2:07.2                  |  |  | 80 - 84                   |  |  |                       |  |  |                               |  |  |                              |  |  | 55 - 59                     |  |  |                               |  |  |                           |  |  |           |  |  |
| 55 - 59                      |  |  | 2. P. Maresch, 41, NCSTC         |  |  | 24.5                        |  |  | 70 - 74                     |  |  | 2:02.4                  |  |  | 85 - 89                   |  |  |                       |  |  |                               |  |  |                              |  |  | 55 - 59                     |  |  |                               |  |  |                           |  |  |           |  |  |
| 60 - 64                      |  |  | 3. M. Destefano, 41, UN          |  |  | 24.7                        |  |  | 80 - 84                     |  |  | 2:03.7                  |  |  | 90 - 94                   |  |  |                       |  |  |                               |  |  |                              |  |  | 55 - 59                     |  |  |                               |  |  |                           |  |  |           |  |  |
| 45 - 49                      |  |  | 4. G. Latorre, 42, NCSTC         |  |  | 24.9                        |  |  | 85 - 89                     |  |  | 2:09.6                  |  |  | 95 - 99                   |  |  |                       |  |  |                               |  |  |                              |  |  | 55 - 59                     |  |  |                               |  |  |                           |  |  |           |  |  |
| 50 - 54                      |  |  | 5. B. Mitchell, 40, UN           |  |  | 25.9                        |  |  | 90 - 94                     |  |  | 2:24.5                  |  |  | 100 - 104                 |  |  |                       |  |  |                               |  |  |                              |  |  | 55 - 59                     |  |  |                               |  |  |                           |  |  |           |  |  |
| 55 - 59                      |  |  | 1. M. Sanchez, 47, UN            |  |  | 24.1                        |  |  | 95 - 99                     |  |  | 2:02.4                  |  |  | 105 - 109                 |  |  |                       |  |  |                               |  |  |                              |  |  | 55 - 59                     |  |  |                               |  |  |                           |  |  |           |  |  |
| 60 - 64                      |  |  | 2. E. Mahany, 49, UN             |  |  | 25.4                        |  |  | 100 - 104                   |  |  | 2:03.7                  |  |  | 110 - 114                 |  |  |                       |  |  |                               |  |  |                              |  |  | 55 - 59                     |  |  |                               |  |  |                           |  |  |           |  |  |
| 45 - 49                      |  |  | 3. J. Billmeyer, 48, NCSTC       |  |  | 27.1                        |  |  | 105 - 109                   |  |  | 2:09.6                  |  |  | 115 - 119                 |  |  |                       |  |  |                               |  |  |                              |  |  | 55 - 59                     |  |  |                               |  |  |                           |  |  |           |  |  |
| 50 - 54                      |  |  | 1. N. Washington, 51, UN         |  |  | 25.7                        |  |  | 110 - 114                   |  |  | 2:24.5                  |  |  | 120 - 124                 |  |  |                       |  |  |                               |  |  |                              |  |  | 55 - 59                     |  |  |                               |  |  |                           |  |  |           |  |  |
| 55 - 59                      |  |  | 2. S. Dowell, 50, NCSTC          |  |  | 25.7                        |  |  | 115 - 119                   |  |  | 2:05.9                  |  |  | 125 - 129                 |  |  |                       |  |  |                               |  |  |                              |  |  | 55 - 59                     |  |  |                               |  |  |                           |  |  |           |  |  |
| 60 - 64                      |  |  | 3. E. Dowell, 52, NCSTC          |  |  | 26.7                        |  |  | 120 - 124                   |  |  | 2:13.2                  |  |  | 130 - 134                 |  |  |                       |  |  |                               |  |  |                              |  |  | 55 - 59                     |  |  |                               |  |  |                           |  |  |           |  |  |
| 45 - 49                      |  |  | 4. R. Wiggington, 54, NCSTC      |  |  | 27.7                        |  |  | 125 - 129                   |  |  | 2:13.9                  |  |  | 135 - 139                 |  |  |                       |  |  |                               |  |  |                              |  |  | 55 - 59                     |  |  |                               |  |  |                           |  |  |           |  |  |
| 50 - 54                      |  |  | 1. P. Jordan, 63, UN             |  |  | 25.9                        |  |  | 130 - 134                   |  |  | 2:14.9                  |  |  | 140 - 144                 |  |  |                       |  |  |                               |  |  |                              |  |  | 55 - 59                     |  |  |                               |  |  |                           |  |  |           |  |  |
| 55 - 59                      |  |  | 2. C. Killion, 72, CDM           |  |  | 26.8                        |  |  | 135 - 139                   |  |  | 2:15.1                  |  |  | 145 - 149                 |  |  |                       |  |  |                               |  |  |                              |  |  | 55 - 59                     |  |  |                               |  |  |                           |  |  |           |  |  |
| 60 - 64                      |  |  | 3. B. Fairbank, 63, SRC          |  |  | 29.1                        |  |  | 140 - 144                   |  |  | 2:15.1                  |  |  | 150 - 154                 |  |  |                       |  |  |                               |  |  |                              |  |  | 55 - 59                     |  |  |                               |  |  |                           |  |  |           |  |  |
| 45 - 49                      |  |  | 4. S. Hoover, 61, NCSTC          |  |  | 29.7                        |  |  | 145 - 149                   |  |  | 2:20.3                  |  |  | 155 - 159                 |  |  |                       |  |  |                               |  |  |                              |  |  | 55 - 59                     |  |  |                               |  |  |                           |  |  |           |  |  |
| 50 - 54                      |  |  | 1. K. Burns, 67, NCSTC           |  |  | 32.6                        |  |  | 150 - 154                   |  |  | 2:22.6                  |  |  | 160 - 164                 |  |  |                       |  |  |                               |  |  |                              |  |  | 55 - 59                     |  |  |                               |  |  | </                        |  |  |           |  |  |



NORTH AMERICAN MASTERS TRACK  
AND FIELD CHAMPIONSHIPS, MAY  
31-JUNE 1, 1980. MEXICO  
CITY, MEXICO.

|            |                      |       |          |
|------------|----------------------|-------|----------|
| <b>100</b> |                      |       |          |
| M30        | Herman Franklin      | USA   | 11.0     |
|            | Angel Gaguiano       | Arg   | 11.1     |
|            | Danny Thiel          | USA   | 11.3     |
| M35        | Jack Domm            | USA   | 11.6     |
|            | Willi-Diaz Costa     | PR    | 11.7     |
|            | Manuel Olivera       | Mex   | 11.3     |
| M40        | Dave Segal           | USA   | 11.6     |
|            | Lewis Smith          | USA   | 11.6     |
|            | Bill Knocke          | USA   | 12.0     |
| M45        | Gilberto Melendez    | PR    | 12.3     |
|            | Cliff Pauling        | USA   | 12.5     |
|            | Francisco Chavez     | Mex   | 13.0     |
| M50        | Ed Schuler           | USA   | 12.0     |
|            | Jose Tenreiro Rivera | Mex   | 12.1     |
|            | Oswald Dawkins       | USA   | 12.5     |
| M55        | Jose Luis Ubarri     | PR    | 12.2     |
|            | Rafael Zapata        | Mex   | 14.2     |
| M60        | Charles Beaudry      | USA   | 13.1     |
|            | Roberto Gil          | Mex   | 13.2     |
|            | Guillermo Morales    | USA   | 15.2     |
| M65        | Gilberto Gonzalez    | Julia | Mex 13.6 |
| <b>200</b> |                      |       |          |
| M30        | Danny Thiel          | USA   | 22.7     |
|            | Jesus Arenas         | Mex   | 23.9     |
|            | Roberto Contreras    | USA   | 24.5     |
| M35        | Willie Diaz Costa    | PR    | 24.0     |
|            | Jack Dunn            | USA   | 24.1     |
|            | Manuel Olivera       | Mex   | 24.1     |
| M40        | Dave Segal           | USA   | 23.1     |
|            | Bill Knocke          | USA   | 23.9     |
|            | Guillermo Escobedo   | Mex   | 25.0     |
| M45        | Cliff Pauling        | USA   | 24.4     |
|            | Francisco Chavez     | Mex   | 26.0     |
|            | Sergio Cruz          | Mex   | 26.3     |
| M50        | Oswald Dawkins       | USA   | 26.2     |
|            | Luis Gandia          | PR    | 26.5     |
|            | Pablo Rios Aponte    | PR    | 27.0     |
| M55        | Jose Luis Ubarri     | PR    | 25.8     |
|            | Rafael Zapata        | Mex   | 30.6     |
| M60        | Roberto Higuera Gil  | Mex   | 27.4     |
| M65        | Gilberto Gonzalez    | PR    | 28.8     |
| <b>400</b> |                      |       |          |
| M30        | Felipe Cigala Perez  | Mex   | 52.1     |
|            | Rudy Figueroa        | USA   | 60.6     |
| M35        | Willie Diaz Costa    | PR    | 53.6     |
|            | Abelardo Suarez      | Mex   | 54.4     |
|            | Jaime Valle          | Mex   | 54.5     |
| M40        | Bill Knocke          | USA   | 53.1     |
|            | Willie Diaz Costa    | PR    | 53.6     |
|            | Daniel Marquez       | Mex   | 55.0     |
| M45        | Alberto Gonzalez     | Mex   | 60.2     |
|            | Jose Aponte          | PR    | 60.5     |
|            | Pablo Fuentes        | Mex   | 62.6     |
|            | Bob Fine             | USA   | 65.6     |
| M50        | Delaine Wagner       | USA   | 58.1     |
|            | Jesus Carrillo       | Mex   | 61.0     |
|            | Guillermo Manrique   | Mex   | 61.6     |
| M55        | Francisco Moya       | PR    | 78.0     |
| M65        | Gilberto Gonzalez    | Julia | PR 78.0  |
| <b>800</b> |                      |       |          |
| M30        | David Himmelberger   | USA   | 2:06.7   |
|            | Jesus Torres         | Mex   | 2:11.6   |
|            | Gaston Marrufo       | Mex   | 2:13.0   |
| M35        | Bernardino Contreras | M     | 2:07.7   |
|            | Marcelino Contreras  | Mx    | 2:07.9   |
| M40        | Skip Witt            | USA   | 2:21.0   |
|            | Carlos Jimenez       | Mex   | 2:23.0   |
|            | Fortino Delgado      | Mex   | 2:36.7   |

|                  |                    |         |         |
|------------------|--------------------|---------|---------|
| <b>M45</b>       |                    |         |         |
|                  | Henry Kupczyk      | USA     | 2:12.1  |
|                  | Roberto Vargas     | Mex     | 2:17.5  |
|                  | Alfonso Marquez    | Mex     | 2:22.5  |
| M50              | Luis H. Torres     | PR      | 2:21.9  |
|                  | Roberto Hernandez  | Mex     | 2:30.0  |
|                  | Ruben Lomelin      | Mex     | 2:37.6  |
| M55              | Elisco H. Sanchez  | Mex     | 2:51.9  |
| M65              | Bud Deacon         | USA     | 3:03.2  |
| <b>1500</b>      |                    |         |         |
| M30              | David Himmelberger | USA     | 4:23.0  |
|                  | Armando Gutierrez  | Mex     | 4:43.5  |
| M35              | Bernard Contreras  | Mex     | 4:29.1  |
|                  | Eduardo Narvaez    | Mex     | 4:32.0  |
| M40              | Mario Saldivar     | Mex     | 4:30.5  |
|                  | Skip Witt          | USA     | 4:48.2  |
| M45              | Roberto Diaz       | Mex     | 4:43.4  |
|                  | Aurelio Jimenez    | Mex     | 4:44.7  |
| M50              | Luis H. Torres     | PR      | 5:02.4  |
|                  | Roberto Herrera    | Mex     | 5:05.3  |
| M65              | Bud Deacon         | USA     | 6:53.6  |
| <b>5000 WALK</b> |                    |         |         |
| M30              | Roman Reyes        | Mex     | 24:42.0 |
|                  | Victor Garcia      | Mex     | 27:24.6 |
| M35              | Mariano Rojas      | Mex     | 27:05.0 |
| M40              | Ronald Laird       | USA     | 24:17.5 |
| M45              | Robert Fine        | USA     | 28:22.0 |
|                  | Ramon Gomez        | Mex     | 30:37.9 |
| M50              | Jesus Aranda       | Mex     | 29:16.9 |
| <b>5000</b>      |                    |         |         |
| M30              | Tito Marrufo       | Mex     | 16:11.5 |
|                  | Pedro Miranda      | Mex     | 16:30.2 |
| M35              | Orsue Chame        | Mex     | 16:45.5 |
|                  | Otilio Jimenez     | Mex     | 17:28.0 |
| M40              | Mario Saldivar     | Mex     | 16:09.2 |
|                  | Roberto Ruiz       | Mex     | 17:12.0 |
| M45              | Isidro Velazquez   | Mex     | 18:25.0 |
|                  | Alfonso Barquin    | Mex     | 25:10.0 |
| M50              | Javier Mendoza     | Mex     | 17:42.4 |
|                  | Antonio Hernandez  | Mex     | 19:11.1 |
| M55              | Eligio Galicia     | Mex     | 17:10.1 |
|                  | Eliseo Hernandez   | Mex     | 22:03.5 |
| M60              | Jose Cevarrubias   | Mex     | 23:54.1 |
| M65              | Francisco Solano   | Mex     | 23:06.4 |
| M70              | Luis Rivera        | Mex     | 26:01.0 |
|                  | Alfredo Garcia     | mex     | 26:14.0 |
| <b>10000</b>     |                    |         |         |
| M30              | Heriberto Huerta   | Mex     | 35:44.8 |
|                  | Armando Gutierrez  | Mex     | 36:06.7 |
| M35              | Luis Contreras     | Mex     | 30:30.4 |
|                  | Orsue Chame        | Mex     | 35:10.0 |
| M40              | Roberto Ruiz       | Mex     | 36:36.0 |
|                  | Gabriel Billar     | Mex     | 37:11.5 |
| M45              | Raul Garcia        | Mex     | 38:10.0 |
|                  | Eduardo Huerta     | Mex     | 41:17.0 |
| M50              | Antonio Hernandez  | 38:41.7 |         |
|                  | Luis H. Torres     | PR      | 39:55.5 |
| M55              | Eliseo Sanchez     | Mex     | 45:05.0 |
| M60              | Jose Covarrubias   | Mex     | 55:01.0 |
| M65              | Francisco Solano   | Mex     | 54:11.0 |
| M70              | Luis Flores        | Mex     | 47:58.0 |
|                  | Longino Perez      | Mex     | 49:14.0 |

## POLE VAULT

|            |                    |     |      |
|------------|--------------------|-----|------|
| <b>M30</b> |                    |     |      |
|            | Rudy Figueroa      | USA | 2.45 |
| M40        | Carlos Loubriel    | PR  | 3.00 |
| M45        | Maximiliano Wong   | Mex | 3.75 |
|            | Miguel Rivera Veve | PR  | 3.50 |
| M50        | Ray Fitzhugh       | USA | 3.15 |
| M55        | Robert Perry       | USA | 1.80 |
| M60        | Dave Brown         | USA | 3.00 |
| M65        | Orval Gillette     | USA | 2.65 |
|            | Charles Beaudry    | USA | 1.70 |
| M65        | Bud Deacon         | USA | 2.65 |

## LONG JUMP

|     |                    |     |      |
|-----|--------------------|-----|------|
| M30 | Angel Gaguiano     | Arg | 7.45 |
|     | Carl Flowers       | USA | 7.14 |
| M35 | John Russell       | USA | 4.56 |
| M40 | Guillermo Escobedo | Mex | 5.41 |
|     | Raul Velez         | PR  | 5.39 |
|     | Skip Witt          | USA | 4.59 |
| M45 | Gilberto Melendez  | PR  | 5.79 |
|     | Ray Fitzhugh       | USA | 5.51 |
| M50 | Shirley Davisson   | USA | 6.10 |
|     | Edmund Schuler     | USA | 5.38 |
| M55 | Dave Brown         | USA | 4.97 |
|     | Jose Luis Ubarri   | PR  | 4.85 |
|     | Freeman Marr       | USA | 4.71 |
| M60 | Guillermo Morales  | USA | 4.70 |
|     | Joseph Sanz        | USA | 2.87 |
| M65 | Gilberto Gonzalez  | PR  | 4.20 |
|     | Bud Deacon         | USA | 3.82 |

## TRIPLE JUMP

|     |                    |     |       |
|-----|--------------------|-----|-------|
| M30 | Angel Gaguiano     | Arg | 14.21 |
|     | Jesus Arenas       | Mex | 11.83 |
| M35 | John Russell       | USA | 9.59  |
|     | Felipe Lomeli      | Mex | 9.47  |
| M40 | Guillermo Escobedo | Mex | 9.50  |
|     | Marcelo Palacios   | Mex | 6.96  |
| M45 | Maximiliano Wong   | Mex | 10.89 |
|     | Ray Fitzhugh       | USA | 10.87 |
| M50 | Edmund Schuler     | USA | 8.37  |
|     | Bill Gentry        | USA | 9.49  |
| M55 | Dave Brown         | USA | 9.85  |
|     | Freeman Marr       | USA | 9.09  |
| M65 | Bud Deacon         | USA | --    |
|     | Gilberto Gonzalez  | PR  | 8.64  |

## HIGH JUMP

|     |                    |     |      |
|-----|--------------------|-----|------|
| M30 | Ronald Purdum      | USA | 2.00 |
|     | Herman Franklin    | USA | 1.75 |
| M35 | John Russell       | USA | 1.55 |
| M40 | Guillermo Escobedo | Mex | 1.45 |
|     | Feo. Benavente     | Mex | 1.35 |
| M45 | Ray Fitzhugh       | USA | 1.60 |
|     | Santiago Durham    | Mex | 1.30 |
| M50 | Shirley Davisson   | USA | 1.60 |
|     | Edmund Schuler     | USA | 1.30 |
|     | Guillermo Gentry   | USA | 1.30 |
| M55 | Dave Brown         | USA | 1.40 |
|     | Freeman Marr       | USA | 1.40 |
| M60 | Orval Gillett      | USA | 1.40 |
|     | Charles Beaudry    | USA | 1.35 |
| M65 | Antonio Gotay      | PR  | 1.35 |

## JAVELIN

|     |                     |     |       |
|-----|---------------------|-----|-------|
| M30 | Roberto Contreras   | USA | 37.62 |
|     | Rudy Figueroa       | USA | 35.04 |
| M35 | Hector Gonzalez     | Mex | 33.68 |
| M40 | Armando Morera      | PR  | 36.96 |
|     | Francisco Benavente | Mex | 33.66 |
|     | Ron Laird           | USA | 33.30 |

## M45

|     |                   |     |       |
|-----|-------------------|-----|-------|
|     | Santiago Durham   | Mex | 43.82 |
|     | Juan de la Cruz   | Mex | 41.76 |
| M50 | Jan Versteeg      | Can | 33.64 |
|     | Robert Perry      | USA | 18.76 |
| M55 | Rafael Zapata     | Mex | 20.76 |
| M60 | Guillermo Morales | USA | 47.14 |
|     | Charles Beaudry   | USA | 36.14 |
|     | Harold Parsons    | Can | 27.34 |
| M65 | Gilberto Gonzalez | PR  | 28.98 |
| M70 | Randy Hubbell     | USA | 27.30 |

## HAMMER

|     |                     |     |       |
|-----|---------------------|-----|-------|
| M30 | Rudy Figueroa       | USA | 11.98 |
| M35 | John Russell        | USA | 29.48 |
|     | Hector Gonzalez     | Mex | 23.26 |
| M40 | Julian Arana        | Mex | 42.50 |
|     | Francisco Benavente | Mex | 38.36 |
| M45 | Dagoberto Gonzalez  | PR  | 36.86 |
|     | Ray Fitzhugh        | USA | 20.56 |
| M50 | Jan Versteeg        | Can | 42.96 |
|     | Robert Perry        | USA | 23.64 |
| M60 | Francisco Fragosio  | Mex | 43.52 |
|     | Harold Parsons      | Can | 34.84 |
|     | Joe Sanz            | USA | 32.76 |
| M65 | Gilberto Gonzalez   | PR  | 22.00 |
| M70 | Randy Hubbell       | USA | 33.92 |
|     | Salvador Diaz       | Mex | 22.38 |

## DISCUS

|     |                     |     |       |
|-----|---------------------|-----|-------|
| M30 | Rudy Figueroa       | USA | 27.20 |
|     | Roberto Contreras   | USA | 26.78 |
| M35 | John Russell        | USA | 31.64 |
|     | Emigdio Ceron       | Mex | 28.64 |
| M40 | Carl Klehm          | USA | 32.84 |
|     | Francisco Benavente | Mex | 31.24 |
| M45 | Dagoberto Gonzalez  | PR  | 44.08 |
|     | Santiago Durham     | Mex | 36.10 |
| M50 | Jan Versteeg        | Can | 33.30 |
|     | Les Trubey          | USA | 27.66 |
| M60 | Harold Parsons      | Can | 38.32 |
|     | Charles Beaudry     | USA | 37.64 |
|     | Joe Sanz            | USA | 36.18 |
| M65 | Gilberto Gonzalez   | PR  | 31.80 |
| M70 | Salvador Diaz       | Mex | 27.64 |
|     | Randy Hubbell       | USA | 24.06 |

## SHOT PUT

|     |                     |     |       |
|-----|---------------------|-----|-------|
| M30 | Roberto Contreras   | USA | 9.90  |
|     | Rudy Figueroa       | USA | 8.90  |
| M35 | John Russell        | USA | 10.93 |
|     | Hector Gonzalez     | Mex | 10.06 |
| M40 | Carl Klehm          | USA | 10.92 |
|     | Francisco Benavente | Mex | 10.20 |
| M45 | Dagoberto Gonzalez  | PR  | 12.22 |
|     | Jose Olivo          | Mex | 7.52  |
| M50 | Jan Versteeg        | Can | 12.00 |
|     | Robert Perry        | USA | 8.61  |
| M60 | Charles Beaudry     | USA | 12.62 |
|     | Harold Parsons      | Can | 12.38 |
| M65 | Antonio Gotay       | PR  | 11.78 |
| M70 | Randy Hubbell       | USA | 8.56  |

## 3000SC

|     |                 |     |         |
|-----|-----------------|-----|---------|
| M30 | Manuel Trujillo | Mex | 12:36.5 |
| M45 | Ray Archibald   | USA | 14:20.5 |
| M55 | Eligio Galicia  | Mex | 11:31.1 |

## 400 HURDLES

|     |                |     |      |
|-----|----------------|-----|------|
| M30 | Rudy Figueroa  | USA | 65.1 |
| M40 | Gabriel Roldan | Mex | 63.9 |

## M45

|     |                  |     |      |
|-----|------------------|-----|------|
|     | Ray Fitzhugh     | USA | 71.1 |
| M50 | Luis Gandia      | PR  | 66.7 |
|     | Jesus Carillo    | Mex | 70.9 |
| M55 | Francisco Brenes | PR  | 70.0 |

## 400 RELAY

|       |  |      |
|-------|--|------|
| 30-39 | USA (Franklin, Thiel, Segal, Contreras)  | 43.4 |
| 40-44 | Mexico                                   | 45.0 |
| 45-49 | USA (Witt, Trubey, Figueroa, Smith)      | 50.7 |
| 50-54 | Mexico                                   | 44.4 |
|       | USA (Wagner, Dawkins, Davisson, Schuler) | 48.4 |

## 1600 RELAY

|        |   |        |
|--------|---|--------|
| 30-39  | USA (Witta, Knocke, Tully, Pauling)           | 3:43.3 |
|        | Mexico (Contreras, Contreras, Arenas, Torres) | 3:47.8 |
| M45-49 | Mexico  | 3:56.0 |
|        | Puerto Rico                                   | 4:29.2 |
| 55-59  | Puerto Rico (Ubarri, Moya, Cano, Torres)      | 4:15.7 |
|        | Mexico  | 4:54.5 |

## WOMEN

|               |                       |     |       |
|---------------|-----------------------|-----|-------|
| DISCUS W35    | Susan Skekke          | USA | 20.86 |
|               | Guillermina Contreras |     | 20.02 |
| 100 W 35      | Miki Hervey           | USA | 14.5  |
| 400 W35       | Miki Hervey           | USA | 64.2  |
| LONG JUMP W30 | Ma del Carmen Alvarez |     | 4.00  |
|               | Stephanie Gale Rowe   | USA | 3.48  |
|               | Karen Behnke          | USA | 2.65  |
| 200 W35       | Miki Hervey           | USA | 29.0  |

(To convert meters to feet,  
multiply by 3.28)

GULF ASSOCIATION OF THE  
ATHLETICS CONGRESS 5KM  
CHAMPIONSHIPS, MAY 3, 1980  
HOUSTON, TEXAS. Buffalo  
Bayou. Course: rolling, as-  
phalt and grass. Certifi-  
cation pending. Temperature  
80-degrees.

|           |                |    |         |
|-----------|----------------|----|---------|
| MEN 40-49 | Allen Lawrence | 49 | 16:23.5 |
|           | Allen McDaniel | 40 | 16:38.7 |
|           | Bob Mohler     | 40 | 16:45.3 |
|           | Dave Morris    | 40 | 16:57.3 |
|           | William Hoss   | 45 | 17:00.4 |

|           |                 |    |         |
|-----------|-----------------|----|---------|
| MEN 50-59 | Milt Johnson    | 50 | 18:22.2 |
|           | Tom Bass        | 53 | 20:00.0 |
|           | Fred Price      | 52 | 20:38.7 |
|           | John Lippincott | 56 | 20:47.6 |
|           | Gene Askew      | 59 | 21:14.9 |

|         |              |    |         |
|---------|--------------|----|---------|
| MEN 60+ | Ralph Mosley | 62 | 23:21.5 |
|---------|--------------|----|---------|

|             |                 |    |         |
|-------------|-----------------|----|---------|
| WOMEN 30-39 | Georgette Green | 31 | 18:53.0 |
|             | Becky Ryder     | 35 | 20:26.5 |
|             | Cherie Walda    | 30 | 21:04.4 |

|             |                  |    |         |
|-------------|------------------|----|---------|
| WOMEN 40-49 | Mary Middlebrook | 41 | 21:32.5 |
|             | Kay Duplichan    | 43 | 22:13.6 |
|             | Sandy Beaudoin   | 45 | 26:10.5 |

|           |                 |    |         |
|-----------|-----------------|----|---------|
| WOMEN 50+ | Lida Askew      | 53 | 23:41.4 |
|           | Barbara Neuhaus | 52 | 25:45.4 |



## 400M RELAY

|        |   |          |
|--------|---|----------|
| W40-49 | Corona Del Mar (Jeanne Carter, Christel Miller, Ellen Fuller, Shirley Kinsey) | 58.2     |
| M30-39 | So. Calif. Striders   | 42.9     |
| M40-49 | Corona Del Mar  | 43.1     |
| M50-59 | Corona Del Mar "B"  | 47.0     |
| M60-69 | Corona Del Mar  | 49.4     |
| 100    |   |          |
| W35    | Miki Hervey   | UN 14.5  |
| W40    | Jeanne Carter   | CDM 14.7 |
| W45    | Jane Dods   | UN 15.1  |
| W50    | Christel Miller   | CDM 14.1 |
| W55    | Shirley Kinsey  | CDM 15.3 |
| W60    | Diana Smith   | CDM 18.4 |
| W65    | Edith Mendyka   | UN 20.9  |
| W70    | Mike Jackson  | SCS 10.9 |
| W75    | Hilliard Sumner   | SCS 10.9 |
| W80    | Glenn Johnson   | CDM 11.0 |
| W85    | Walt Butler   | UN 11.3  |
| W90    | Dave Kurrle   | SCS 11.6 |
| W95    | Theo Viltz  | CDM 12.0 |
| W100   | Doug Smith  | CDM 11.6 |
| W105   | Ernest McBride  | CDM 12.3 |
| W110   | Richard Putman  | UN 17.2  |
| W115   | Percy Knox  | CDM 12.2 |
| W120   | Jim Parks   | SCS 12.7 |
| W125   | Hugh Cobb   | SCS 13.4 |
| W130   | Gene Harte  | CDM 12.5 |
| W135   | Ted Vick  | CDM 13.0 |
| W140   | Hal Wallace   | STC 13.7 |
| W145   | Tom Patsalis  | CDM 13.1 |
| W150   | Pete Fetter   | CDM 13.7 |
| W155   | Wilbur Buchanan   | SCS 14.1 |
| W160   | Bob Hunt  | SCS 13.7 |
| W165   | Byron Walls   | CDM 13.9 |
| W170   | Burl Gist   | CDM 14.1 |

## SOUTHERN PACIFIC ASSOCIATION OF THE ATHLETICS CONGRESS, U.S.A., MASTERS TRACK AND FIELD CHAMPIONSHIPS. CALIFORNIA STATE UNIVERSITY, NORTHRIDGE, CALIF. JUNE 7, 1980.

|                  |     |        |  |                   |       |        |  |
|------------------|-----|--------|--|-------------------|-------|--------|--|
| M65              |     |        |  | Gerry Mason       | UN    | 56.5   |  |
| Alan Cranston    | Un  | 15.3   |  | Rod Ferguson      | SCS   | 58.1   |  |
| M70              |     |        |  | M35               |       |        |  |
| Anthony Castro   | SCS | 14.6   |  | Woody Studenmund  | CDM   | 52.1   |  |
| 200              |     |        |  | Dave Kurrle       | SCS   | 52.3   |  |
| W30              |     |        |  | M40               |       |        |  |
| Ann Jankowski    | SCS | 32.1   |  | Bill Knocke       | UN    | 52.3   |  |
| Paula Crane      | SCS | 32.1   |  | George Cohen      | SCS   | 52.6   |  |
| W40              |     |        |  | Gary Miller       | CDM   | 52.7   |  |
| Jeanne Carter    | CDM | 31.0   |  | M45               |       |        |  |
| Jane Dods        | UN  | 31.2   |  | Nick Newton       | SCS   | 51.5   |  |
| W50              |     |        |  | Percy Knox        | CDM   | NT     |  |
| Shirley Kinsey   | CDM | 32.0   |  | M50               |       |        |  |
| W55              |     |        |  | Gene Harte        | CDM   | 56.8   |  |
| Diana Smith      | CDM | NT     |  | Lincoln Ling      | UN    | 62.1   |  |
| M30              |     |        |  | M55               |       |        |  |
| Mike Jackson     | SCS | 22.0   |  | Wilbur Buchanan   | SCS   | 63.4   |  |
| Hilliard Sumner  | SCS | 22.1   |  | Robert Poet       | STC   | 65.2   |  |
| Glenn Johnson    | CDM | 22.2   |  | J. Franel         | UN    | 67.3   |  |
| M35              |     |        |  | M60               |       |        |  |
| Woody Studenmund | CDM | 23.7   |  | Bob Hunt          | SCS   | 63.2   |  |
| M40              |     |        |  | George Poloyinis  | CDM   | 77.6   |  |
| Doug Smith       | CDM | 22.7   |  | Clarence Killion  | UN    | 65.8   |  |
| George Cohen     | SCS | 24.8   |  | 800               |       |        |  |
| Abidala Salim    | UN  | 24.8   |  | W35               |       |        |  |
| M45              |     |        |  | Miki Hervey       | UN    | 2:26.7 |  |
| Hugh Cobb        | SCS | 27.3   |  | W40               |       |        |  |
| Juan Pedevilla   | CDM | 28.0   |  | Christa Romppanen | STC   | 2:38.5 |  |
| Edward Martin    | UN  | 28.6   |  | Jane Dods         | UN    | 2:45.0 |  |
| M50              |     |        |  | Jeanne Carter     | CDM   | 2:57.1 |  |
| Gene Harte       | CDM | 26.3   |  | M30               |       |        |  |
| Lincoln Ling     | UN  | 27.4   |  | Ken Stuart        | SCS   | 2:00.2 |  |
| M55              |     |        |  | Ben Knight        | SCS   | 2:04.0 |  |
| Wilbur Buchanan  | SCS | 28.1   |  | Tom Housel        | SFVTC | 2:14.7 |  |
| Pete Fetter      | CDM | 28.7   |  | M35               |       |        |  |
| Felix Jumonville | UN  | 30.6   |  | John Perry        | SCS   | 1:56.9 |  |
| M60              |     |        |  | Ralph Lee         | SCS   | 1:57.2 |  |
| Byron Walls      | CDM | 28.9   |  | Stephen Regas     | UN    | 2:03.4 |  |
| Charles Mercurio | STC | 30.1   |  | M40               |       |        |  |
| George Poloyinis | CDM | 30.4   |  | George Cohen      | SCS   | 1:59.9 |  |
| M65              |     |        |  | Mel Elliot        | SMT   | 2:02.4 |  |
| Alan Cranston    | UN  | 32.3   |  | Lou Mayers        | CDM   | 2:09.3 |  |
| M70              |     |        |  | M45               |       |        |  |
| Anthony Castro   | SCS | 30.1   |  | Tom Sturak        | SCS   | 2:17.0 |  |
| 400              |     |        |  | Ed Martin         | UN    | 2:45.5 |  |
| W40              |     |        |  | M50               |       |        |  |
| Jane Dods        | UN  | 71.1   |  | Avery Bryant      | STC   | 2:24.9 |  |
| Jeanne Carter    | CDM | 71.6   |  | Robert Poet       | STC   | 2:30.9 |  |
| W55              |     |        |  | David Lewis       | CDM   | 2:33.0 |  |
| Diana Smith      | CDM | 1:41.6 |  | M60               |       |        |  |
| M30              |     |        |  | George Poloyinis  | CDM   | 3:09.1 |  |
| Hilliard Sumner  | SCS | 48.8   |  |                   |       |        |  |

|      |                 |      |         |
|------|-----------------|------|---------|
| M50  | Pete Mundle     | SMT  | 36:39.0 |
| M55  | Patrick Devine  | UN   | 40:01.0 |
| M60  | Gunnar Linde    | UN   | 40:06.0 |
| M65  | John Holoubek   | LVDC | 40:46.4 |
| M70  | 110HH           |      |         |
| M75  | Walt Butler     | UN   | 14.6    |
| M80  | Theo Viltz      | CDM  | 14.7    |
| M85  | Dave Kurrle     | SCS  | 14.9    |
| M90  | Alvin Henry     | CDM  | 15.7    |
| M95  | Ernest McBride  | CDM  | 18.5    |
| M100 | Gary Bane       | SCS  | NT      |
| M105 | Ray Fitzhugh    | CDM  | 19.0    |
| M110 | Leon Franklin   | CDM  | 20.0    |
| M115 | Dave Douglass   | SCS  | 20.0    |
| M120 | Bob Hunt        | SCS  | 18.7    |
| M125 | Jack Rawls      | UN   | 20.2    |
| M130 | Bill Burke      | CDM  | 22.0    |
| M135 | 400IH           |      |         |
| M140 | Gary Miller     | CDM  | 65.6    |
| M145 | AT Sheahan      | UN   | 67.2    |
| M150 | Bob Hunt        | SCS  | 72.8    |
| M155 | 3000SC          |      |         |
| M160 | Ira Yawnick     | STC  | 11:40.1 |
| M165 | Gary Smith      | SCS  | 11:44.7 |
| M170 | Peter Alexander | UN   | 12:39.0 |
| M175 | Jack Noble      | STC  | 12:24.4 |
| M180 | Jim Waste       | SCS  | 13:51.0 |
| M185 | Milton Creange  | CW   | 15:02.7 |
| M190 | Bob Long        | SCS  | 16:38.5 |
| M195 | 2-MILE WALK     |      |         |
| M200 | Diane Uribe     | CW   | 17:02.0 |
| M205 | Vicki Jones     | CW   | 16:18.4 |
| M210 | Sheila Smith    | CW   | 21:00.0 |
| M215 | Rose Kash       | CW   | NT      |
| M220 | Jeannine Burk   | CW   | 22:41.0 |
| M225 | Roger Brandwein | CW   | 14:59.0 |

## TFA/USA 1980 NATIONAL MASTERS MENS DECATHLON AND MASTERS WOMENS PENTATHLON CHAMPIONSHIPS

presented by  
THE TRACK AND FIELD ASSOCIATION OF THE UNITED STATES OF AMERICA  
THE SOUTHEAST KANSAS MASTERS TRACK CLUB

**WHEN:** DECATHLON JULY 26 & 27 START: 12:30  
PENTATHLON JULY 26 START 12:30  
**WHERE:** EUREKA, KANSAS ON HIGHWAY 54, EAST OF WICHITA  
AT MC GINNIS FIELD ON EAST 7th STREET  
**ENTRY FEE:** \$10.00 INCLUDES "T" SHIRT, PARTICIPATION CERTIFICATE TO ALL ENTRANTS  
**AWARDS:** OFFICIAL TRACK AND FIELD ASSOCIATION AWARDS TO THE FIRST FIVE FINISHERS IN EACH AGE DIVISION

| AGE DIVISIONS | (Hurdles, Shot, Discus, Javelin) | WOMEN (Hurdles, Shot) |
|---------------|----------------------------------|-----------------------|
| 30-34         | 39" 16# 2K 800gr                 | 30-39 30" 8#          |
| 35-39         | 39" 16# 2K 800gr                 | 40-49 30" 8#          |
| 40-44         | 36" 16# 2K 800gr                 | 50-59 30" 6#          |
| 45-49         | 36" 16# 2K 800gr                 | 60+ 30" 6#            |
| 50-54         | 36" 12# 1.6 800gr                | 30-39 and 40-49 women |
| 55-59         | 36" 12# 1.6 800gr                | run 100 meter & 50-59 |
| 60-64         | 30" 8# 1.0 600gr                 | and 60+ women run     |
| 65-69         | 30" 8# 1.0 600gr                 | 80 meter hurdles      |
| 70+           | 30" 8# 1.0 600gr                 |                       |

**ORDER OF EVENTS:** Decathlon- Day 1: 100 METERS, LONG JUMP, SHOT, HIGH JUMP, 400 METERS.  
Day 2: HURDLES, DISCUS, POLE VAULT, JAVELIN, 1500 METERS.  
Pentathlon: HURDLES, SHOT, HIGH JUMP, LONG JUMP, 800 METERS.

**ENTRY DEADLINE:** July 19, 1980, entry fee should accompany entry form. Make checks payable and send to: Tom Thorne, 314 North Mulberry, Eureka, Kansas 67045.

**IMPLEMENTS:** Each athlete should bring his/her own implements if possible, including shot, discus, javelin and vaulting pole.

**LODGING:** Blue Stem Lodge .....1314 E. River 583-5531  
Carriage House Motel .....201 S. Main 583-5501  
Tip Top Motel .....1107 E. River 583-5535  
Travelers Motel .....117 W. River 583-7101  
Up Town Motel .....411 N. Main 583-9926

**AIRPORT:** Eureka Airport is asphalt runway, Route 3, 583-9968

**FACILITIES:** Rubberized asphalt track, (short spikes or flats required). Concrete shot and discus rings. Long jump, high jump, pole vault and javelin approaches are rubberized asphalt. Showers and dressing available at the track

**RELEASE FORM:** The release form must be signed before entry will be accepted.

RELEASE FORM: THE RELEASE FORM MUST BE SIGNED BEFORE ENTRY WILL BE ACCEPTED

NAME \_\_\_\_\_ (M) \_\_\_\_\_ (F) \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_

ZIP \_\_\_\_\_ AGE \_\_\_\_\_ BIRTHDATE \_\_\_\_\_

PHONE \_\_\_\_\_ REPRESENTING \_\_\_\_\_

LIST BEST PERFORMANCES WITHIN THE PAST YEAR (FOR FLIGHTS AND HEATS)

| DECATHLON            | PENTATHLON      |
|----------------------|-----------------|
| 100 METER _____      | DISCUS _____    |
| 400 METER _____      | JAVELIN _____   |
| 110 M. HURDLES _____ | HIGH JUMP _____ |
| 1500 METER _____     | LONG JUMP _____ |
| POLE VAULT _____     | SHOT _____      |
|                      | 800 METER _____ |

THIS WAIVER MUST BE SIGNED BEFORE ENTRANT MAY COMPETE

IN CONSIDERATION OF THIS ENTRY BEING ACCEPTED, I HEREBY WAIVE AND RELEASE ANY AND ALL CLAIMS I MAY HAVE AGAINST THE TRACK AND FIELD ASSOCIATION OF THE UNITED STATES OF AMERICA, THE SOUTHEAST KANSAS MASTERS TRACK CLUB, THE CITY OF EUREKA, USD #389, ORGANIZERS OF THE MEET AND THEIR REPRESENTATIVES, FOR ANY OR ALL INJURIES SUFFERED BY ME AT THIS DECATHLON. I ALSO CERTIFY THAT I HAVE NO PHYSICAL DISORDERS OR DEFECTS THAT WOULD PREVENT ME FROM COMPETING IN THIS DECATHLON.

SIGNATURE IN FULL \_\_\_\_\_ DATE \_\_\_\_\_

ENTRY DEADLINE IS JULY 19, 1980 COMPLETE, SIGN, AND SEND ALONG WITH ENTRY FEE OF \$10.00 TO: TOM THORNE, 314 NORTH MULBERRY, EUREKA, KANSAS, 67045



1980 CO-SPONSOR IS NIKE



|                  |              |         |         |        |                  |     |         |
|------------------|--------------|---------|---------|--------|------------------|-----|---------|
| M35              | Mike Smith   | SCS     | NT      | M40    | Hal Smith        | UN  | 38'5½"  |
| M45              | John Kelly   | CW      | 16:43.0 |        | Roman Marenin    | UN  | 34'11"  |
|                  | Ray Fitzhugh | CDM     | 21:17.0 |        | Ray Straessle    | UN  | 26'2½"  |
| M50              |              |         |         | M45    | Leon Frankamp    | CDM | 32'6½"  |
| John Friesen     | CDM          | 21:12.0 |         |        | Richard Kennerly | CDM | 30'0"   |
| M60              |              |         |         |        | Dave Douglass    | SCS | 29'4½"  |
| Bob Long         | SCS          | 22:05.0 |         | M50    | Tom Allison      | CDM | 38'3½"  |
| 1600M RELAY      |              |         |         |        | Hal Wallace      | STC | 37'7"   |
| M40-49           |              |         |         |        | Paul Evans       | CDM | 35'5½"  |
| Corona Del Mar   |              | 3:51.36 |         | M55    | Jack Kennedy     | SCS | 25'10"  |
| HIGH JUMP        |              |         |         | M60    | Jack Thatcher    | CDM | 36'11"  |
| M30              |              |         |         |        | Neel Buell       | CDM | 37'8½"  |
| Tim Knappen      | ZTC          | 5'8"    |         | M70    | Vernon Cheadle   | CDM | 38'8"   |
| Andrew Smith     | SCS          | 5'6"    |         |        | Redmond Doms     | SCS | 36'3½"  |
| Warren Cummings  | SCS          | 5'2"    |         |        | Bob MacConaghy   | CDM | 33'9½"  |
| M45              |              |         |         | M75    | Stan Herrmann    | CDM | 34'11½" |
| Christel Miller  | CDM          | 4'4½"   |         | M80    | John Whittemore  | CW  | 24'3"   |
| M35              |              |         |         |        |                  |     |         |
| John Dobroth     | UN           | 6'5½"   |         | DISCUS |                  |     |         |
| Lloyd Higgins    | SCS          | 5'6"    |         | M50    | Shirley Kinsey   | CDM | 77'9"   |
| M40              |              |         |         |        | Edith Mendyka    | UN  | 56'6"   |
| Gary Bane        | SCS          | 5'0"    |         | M30    | Mike Deller      | UN  | 144'7"  |
| Roman Marenin    | UN           | 5'0"    |         |        | Ray Manzi        | SCS | 142'10" |
| M45              |              |         |         |        | Warren Cummings  | SCS | 112'0"  |
| Nick Newton      | SCS          | 5'8"    |         | M35    | Lloyd Higgins    | SCS | 162'4"  |
| Leon Frankamp    | CDM          | 5'2"    |         |        | Jerry Eibert     | CW  | 128'9"  |
| Ray Fitzhugh     | CDM          | 5'2"    |         | M40    | Bob Humphreys    | CDM | 160'6"  |
| M50              |              |         |         |        | Hal Smith        | SCS | 115'5"  |
| Ed Austin        | CDM          | 5'4"    |         |        | Ray Straessle    | UN  | 94'3"   |
| Shirley Davisson | CDM          | 5'2"    |         | M45    | Ed Van Pelt      | CDM | 135'11" |
| Burton Otzinger  | CDM          | 4'10"   |         |        | Richard Kennerly | CDM | 95'1"   |
| M60              |              |         |         |        | Leon Frankamp    | CDM | 92'4"   |
| Burl Gist        | CDM          | 5'0"    |         | M50    | Tom Allison      | CDM | 121'10" |
| Bill Burke       | CDM          | 4'6"    |         |        | Hal Wallace      | STC | 113'11" |
| POLE VAULT       |              |         |         |        | Paul Evans       | CDM | 102'11" |
| M30              |              |         |         | M60    | Jack Thatcher    | CDM | 122'7"  |
| Tim Knappen      | ZTC          | 15'1"   |         |        | Neel Buell       | CDM | 126'8"  |
| M40              |              |         |         | M70    | Vernon Cheadle   | CDM | 132'6"  |
| Gary Bane        | SCS          | 11'0"   |         |        | Redmond Doms     | SCS | 117'4"  |
| M45              |              |         |         | M75    | Stan Herrmann    | CDM | 91'7"   |
| Ray Fitzhugh     | CDM          | 10'0"   |         | M80    | John Whittemore  | CW  | 72'0"   |
| Dave Douglass    | SCS          | 9'8"    |         | HAMMER |                  |     |         |
| Robert Harms     | UN           | 9'2"    |         | M30    | Ray Manzi        | SCS | 138'11" |
| M50              |              |         |         |        | Mike Deller      | UN  | 138'8"  |
| Hal Wallace      | STC          | 10'0"   |         | M40    | Gordon Bobell    | SCS | 147'11" |
| M55              |              |         |         |        | Fred Fate        | UN  | 102'9"  |
| Don Grosh        | CDM          | 10'0"   |         | M45    | Dave Douglass    | SCS | 104'2"  |
| M60              |              |         |         |        | Clark DeVilbiss  | CDM | 71'0"   |
| Bill Burke       | CDM          | 8'2"    |         | M50    | Paul Evans       | CDM | 119'6"  |
| Elmer Siegel     | CDM          | 7'8"    |         |        | Jerry Wojcik     | UN  | 112'5"  |
| M70              |              |         |         |        | Jack Morrill     | UN  | 85'2"   |
| Bob MacConaghy   | CDM          | 8'2"    |         |        |                  |     |         |
| LONG JUMP        |              |         |         |        |                  |     |         |
| M45              |              |         |         |        |                  |     |         |
| Christel Miller  | CDM          | 14'0"   |         |        |                  |     |         |
| M30              |              |         |         |        |                  |     |         |
| Carl Flowers     | UN           | 22'6½"  |         |        |                  |     |         |
| Richard Lewis    | SCS          | 21'7"   |         |        |                  |     |         |
| M35              |              |         |         |        |                  |     |         |
| Warren Cummings  | SCS          | 17'7½"  |         |        |                  |     |         |
| M40              |              |         |         |        |                  |     |         |
| Alvin Henry      | CDM          | 20'9½"  |         |        |                  |     |         |
| Gary Miller      | CDM          | 18'6"   |         |        |                  |     |         |
| Roger Suda       | UN           | 17'10"  |         |        |                  |     |         |
| M45              |              |         |         |        |                  |     |         |
| Dave Jackson     | CDM          | 19'4"   |         |        |                  |     |         |
| Ed Martin        | UN           | 15'5½"  |         |        |                  |     |         |
| M55              |              |         |         |        |                  |     |         |
| Tom Patsalis     | CDM          | 19'1½"  |         |        |                  |     |         |
| M50              |              |         |         |        |                  |     |         |
| Burton Otzinger  | CDM          | 15'3½"  |         |        |                  |     |         |
| Milton Creange   | CW           | 14'2"   |         |        |                  |     |         |
| Tom Allison      | CDM          | 12'8½"  |         |        |                  |     |         |
| M60              |              |         |         |        |                  |     |         |
| Gordon Farrell   | CDM          | 15'2½"  |         |        |                  |     |         |
| Burl Gist        | CDM          | 14'1½"  |         |        |                  |     |         |
| Bill Burke       | CDM          | 13'6½"  |         |        |                  |     |         |
| M70              |              |         |         |        |                  |     |         |
| Bob MacConaghy   | CDM          | 10'2"   |         |        |                  |     |         |
| Redmond Doms     | SCS          | 9'8½"   |         |        |                  |     |         |
| TRIPLE JUMP      |              |         |         |        |                  |     |         |
| M40              |              |         |         |        |                  |     |         |
| Alvin Henry      | CDM          | 42'7½"  |         |        |                  |     |         |
| M45              |              |         |         |        |                  |     |         |
| Dave Jackson     | CDM          | 42'2"   |         |        |                  |     |         |
| Ray Fitzhugh     | CDM          | 30'4½"  |         |        |                  |     |         |
| M55              |              |         |         |        |                  |     |         |
| Tom Patsalis     | CDM          | 39'1½"  |         |        |                  |     |         |
| M60              |              |         |         |        |                  |     |         |
| Charles Mercurio | STC          | 28'10"  |         |        |                  |     |         |
| George Poloyinis | UN           | 25'11"  |         |        |                  |     |         |
| M70              |              |         |         |        |                  |     |         |
| Redmond Doms     | SCS          | 22'8"   |         |        |                  |     |         |
| SHOT PUT         |              |         |         |        |                  |     |         |
| M50              |              |         |         |        |                  |     |         |
| Shirley Kinsey   | CDM          | 24'3½"  |         |        |                  |     |         |
| M65              |              |         |         |        |                  |     |         |
| Edith Mendyka    | UN           | 26'7½"  |         |        |                  |     |         |
| M30              |              |         |         |        |                  |     |         |
| Mike Deller      | UN           | 45'8"   |         |        |                  |     |         |
| M35              |              |         |         |        |                  |     |         |
| Ron Barboza      | UN           | 35'8"   |         |        |                  |     |         |
| Jerry Eibert     | CW           | 31'10"  |         |        |                  |     |         |

\*Bill Fitzgerald, 55, ran with the 40-44 group in the 800. His time of 2:09.7 is a new world age 55-59 mark.

#### CLUB CODE

|       |                           |
|-------|---------------------------|
| CDM   | Corona Del Mar            |
| BB    | Basin Blues               |
| CW    | Club West                 |
| CCAC  | Culver City Athletic Club |
| SCS   | So. Calif. Striders       |
| SFVTC | San Fernando Valley TC    |
| UN    | Unattached                |
| MAC   | Maccabbi Track Club       |
| SMT   | Santa Monica Track Club   |
| LVDC  | Las Vegas Distance Club   |
| SLO   | San Luis Obispo Dist.Club |
| STC   | Seniors Track Club        |
| ZTC   | Zuma Track Club           |

WR = World Record  
AR = American Record



Skip Witt, en route to 17:48.0 35-39 5000 win in Grandfather Games.



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