3126 from 42 nations compete in 3rd World Veterans Championships

HANNOVER, WEST GERMANY, August 3. Three thousand, one hundred twenty-six athletes from 42 nations competed in the 3rd World Veterans Championships July 27-August 2. It was the largest track and field meet in history, surpassing the 2799 competitors from 27 nations in the 2nd World Veterans Championships in Gothenberg, Sweden, in 1977.

Entrants competed in 5-year age divisions starting with 40-44 for men and 35-39 for women. Oldest competitors in the meet was Peter Goic, 83, of Yugoslavia. The caliber of competition was outstanding. A decade ago, few would have thought the human body was capable of such achievements.

Twenty-eight new world 5-year age division marks were set. John Gilmour, 60, of Australia put on a performance never to be forgotten. A prisoner of war in Japan in World War II, Gilmour won 5 gold medals and set four world records in the 800 (2:19.3), 1500 (4:32.5), 5000 (16:54.9) and 10,000 (35:07.7). His 1500 time was virtually the first "5-minute mile" in history for a man over 60. Two world marks were broken by Americans: George Braceland ran the 400-hurdles in 73.22 to break Bud Deacon's old mark of 73.7 in the 65-69 division. Herb Anderson won the same event in 90.65 to break his own standard of 92.5.

With 90% of the results tabulated, Americans won 59 gold medals, 60 silver medals and 38 bronze medals. Of the 3126 entrants (about 200 didn't show), 1349 were from Germany and 1777 from other nations. A total of 2688 of the competitors were men (86%) and 438 (14%) were women.

The USA was the 2nd largest delegation with 220 entrants. Great Britain had 201 and Sweden 199. New Zealand, Australia, Yugoslavia and Japan bid for the 4th World Championships in 1981. New Zealand won and will host the Games in Christchurch in January, 1981.

Six new American records were established: Irene Obera's 12:62 in the women's 45-49 1000 and 61.49 in the 400; Shirley Kinsey's 77.7" in the women's 50-54 javelin; Ruth Anderson's 20:15.9 in the women's 50-54 5000; Cathy Hargus' 58.86 in the women's 60-64 400; Ed Olema's 58.46 in the men's 40-44 400-hurdles and Ruth Anderson's 2:45.4 in the women's 50-54 800.

The American men swept the 100 and 200 in the 45-49 group. Lloyd Riddick, Marion Sanchez and Nick Newton ran 1-2-3 in both events. In the 100, Matt Brown was 4th. Ernie Billups won the 40-44 800 in 1:56.6, and led all the way in the 1500 before tiring to 4th.

The great Jack Greenwood was "held" to only 3 gold medals in the two hurdles and 4x400 relay as competition was tougher than ever before. Mike Gorman won 3 golds in the women's 40-44 5000, 10,000 and marathon. Dorothy Stock won both the 5000 and cross-country in the women's 45-49 group.

The ubiquitous Herb Anderson repeated his 1977 Sweden performances with 10 golds, 4 silvers and a bronze in the men's 75-79 class.

Kathy Anderson won first places in the women's 55-59 category in the cross-country, marathon and XC team.

The Germans generally put on a tight, well-run, precise meet. Equipment was first class. The electronic scoreboard, flashing the running time, names, lanes, numbers and countries of the finalists was a marvel. Every event ran right on.
World Veterans Championships

continued from page 1

time.
Yet hard feelings came about due to alleged cheating by German officials in favor of German competitors. There was lack of sufficient officials in the walk which led to "blatant running" and subsequent protests by competitors.
A sour note to the whole proceedings was what one described as "the biggest rip-off I've ever experienced."
"They charge you for everything," bemoaned Chris Miller on opening day. It got worse as the week progressed. From a $2.25 extra entrance fee to a $5.50 charge for results, to an $18 admission charge to the farewell party (food and drinks extra) to a $5.50 masseur charge, to very high meal and hotel prices, to a lack of free trolley fare (as we had in Sweden), to miscellaneous nickle-and-dime charges, competitors felt fortunate to survive the week with purses and wallets intact. Many didn't. As Leon Trout summed up, "Every time you go to the bathroom, they charge you."
The Germans were strict and precise, but not always. The
language was an enormous problem. Often, when a dispute came up, a German official would say "Nein," rather than try to resolve the problem.
(Ed. note—This story is being written in Hannover to meet the NMN September deadline. The October issue of NMN will cover the 3rd World Games in more specific and complete detail.)
The South Africans were allowed to run, but not as South Africans, but Rhodesians. If the logic of that escapes you, you're not alone. It was an 11th-hour compromise. No one was happy about it, but the South Africans at least got to compete. Nearly-blind Norm Bright of Seattle raised enough money to make the trip and compete well.
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Dean Smith won the M50 800 in near world-record time of 2:03.5. Bob Hunt won the M55 400-hurdles in 64.92. Bob Backus took the M50 hammer at 157'94". Tom Parsons successfully defended his long jump world's championship at 19'44".
Bill Andberg copped the 800 in the 65-69 class. Emery Curtis won the marathon.
Unnoticed by everyone but Al Guidet, the hurdle distances for men 50 and over were published as 8.6 meters (29 feet) instead of the usual 8.9 meters (30 feet).
Defending champion and world record-holder Jack Greenwood was livid, since the World Veteran's Athletic Association had never authorized such a change.
In spite of protests by virtually all competitors, who legitimately feared injury as well as a sub-par performance, the Germans were adamant.
To Greenwood's credit, and as a testament to his ability, he won the event, chopping his stride noticeably.
Al Guidet, who cleverly had been practicing the shorter distance, also

At the water jump in the 3000-K steeplechase age 50-54 division at the World Games at Hannover. Photo by Bob Pates.

NATIONAL MASTERS NEWSLETTER

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Schedule of Events

The following new world men's 5-year division age records were set at the 3rd World Veterans Track & Field Championships in Hannover, Germany.

- Listed are the division, event, name of the new record holder, country, mark, followed by the name of the previous record holder, his mark and the date set.

- 40-44
  - Javelin, Urs Von Wurzburg, Switzerland, 259' 1/2", Urs Von Wurzburg, 258'1". 8/10/77.
  - 400H, Leon Hakker, South Africa, 54.08, Noel Clough, 54.3, 8/11/77.
  - 14x400 relay, Burger, Grujic.
  - Hame, Hucker, South Africa, 3:23.8, previous record not listed.
  - 45-49
    - 110H Valbjorn Thorlaksson, Iceland, 14.86, Jack Greenwood, 15.0, 9/14/79.
    - 50-54
      - 400, Peter Higgins, Great Britain, 52.26, Jack Greenwood, 52.9, 8/10/77.

- 5000, Gilmour, 4:32.5, Don Longnecker, 4:29.6, 6/24/78.
- 10,000, Gilmour, 16:54.9, Erich Kruszycki, 17:23.9, 9/9/77.
- 20,000, Gilmour, Australia, 35:07.7, Clive Davies, 35:19.8, 8/19/78.
- 30,000SC, Ole Elvind, Sweden, 11:41.6, Elvind, 11:52.0, 6/29/79.
- 65-69.
  - 400, Brange, 63.19, Koppel, 63.88, 7/8/79.

- 400H, George Braceland, USA, 53.22, Bud Deacon, 53.7, 7/2/77.
- 5000, Konstanty Maksimczyk, Great Britain, 34:34", James York, 44:5", 10/7/79.
- 10,000, Maksimczyk, 165"5", Olav Reppen, 157", 8/10/77.

U.S. MEDAL WINNERS

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American winners at Hannover

Here are the American medal winners in the 3rd World Veterans T&F Championships. The list is 95% complete. A few results are missing. WR—denotes world division record. AR—denotes American division record. The listing is in this order: division, event, name and mark.

GOLD MEDALISTS

M40
800, Ernie Billups, 1:56.6
M45
100 Lloyd Riddick, 11.25
200, Riddick, 23.55
HJ Rich Richardson, 5'11 1/4"

M45
800, Dean Smith, 2:03.5
M45
100, Lloyd Riddick, 11.25
200, Riddick, 23.55
HJ, Rich Richardson, 5'11 1/4"

M50
110H, Jack Greenwood, 5'11 1/4"
800, Dean Smith, 2:03.5
M50
110H, Bob Hunt, 64.92
LJ, Tom Patsalis, 19'4 1/4"

M60
100, Bill Anderson, 2:30.9
200, Bill Anderson, 2:30.9
M60
110H, A. Guidet, 19.81
400H, Guidet, 50.78
Pole vault, Jim Vernon, 10'6"

M70
400, Herb Anderson, 15.60
400H, Tom Patsalis, 18.46
M70
Hammer, Tom McDermott, 137'2 3/4"
W30
PV, Bill Morales, 19'3 1/4"

Ernie Billups leads in the 800 at the World Games enroute to his gold medal in 1:56.6. Photo by Bob Pates.
12th World Veterans Road Running Championships from Bolton, England

By Tom Sturak

The 12th World Veterans Road Running Championships attracted some 1500 competitors from 30 countries, but only 10 were American Masters (see “Open Letter,” following this article). Runners ranging in age from 35 (the international lower limit for women) to over 80 came to England from South Korea and South Africa, New Zealand and Venezuela, and nations in between, including Guyana and Romania, to race against their age-group peers over 10Km and 25Km.

Among the 791 finishers in the first day’s largest 10Km race, English and German runners dominated individual standings, the latter taking three women’s titles and scoring heavily in the 40-49 categories. The local hero Michael Freary (40) was the big winner in 30 minutes “dead” (an Anglistic for “flat”) over the single-loop course that featured three fair hills (the two steepest grades coming in the final 4Km.) and a quarter-mile finish over a turf athletics grounds.

A former cross-country internationalist and holder of the British Veterans 10,000m track record (29:33 on cinders), Freary won handily over compatriots David Turner (30:55) and Fred Pendlebury (31:03), the three giving Great Britain the “Country” team championship by a big margin over Ireland and Australia. The English over-50 team similarly trounced Canada and Belgium, with the top three individual finishers placing 34th through 36th overall inside of ten seconds (33:39-33:48).

The outstanding individual American performer was Ruth Anderson, just days shy of turning 50, who won the 45-49 category—as she did the next day in the 25Km. Only three other competitors (all males) took back-to-back championships, highest placing among U.S. men was Jim Oleson’s second in the 10Km 60-65 division. Suzanne Trees-Strickland placed third in the 40-44 category. Partially sighted Norman Bright, who was guided through both races, did best in the 10Km with a respectable 43:38—good for seventh among 40-49 finishers.

Both races were well-organized, except for a chaotic start of the 10Km reminiscent of the voluntary “sneak system” employed by some U.S. race directors. (At one point, a harried official bullhorned, “Please, move back of the start line. This is the world championships, not some bloody interscholastics match!” At the gun, as the shuffling, massing lunged forward, one competitor’s false teeth clattered to the pavement.) Also, though each kilometer marker was clearly marked, no split times were given. The weather both days—overcast, blustery, threatening rain and unseasonably cold—proved almost ideal conditions. Elizabeth Haas of France proudly showed the words of a fellow Englishman that “he is still a class runner,” winning comfortably by over two minutes from a fresh John Robinson (40) of New Zealand and, in storybook style, leading the Bolton United Harriers to the club championships contested by 38 teams (31 English). A clubmate and competitive peer of Ron Hill’s, Freary, though never in the international limelight, is a living legend among English roadracers (who, in toto, may be the world’s best). Here, the day after racing 10Km at 4:49:41, he cruised 5:09 pace for 15.5mi.... his right thigh—limp-itthis and having split-up railings—tightly bandaged, his cap closely pulled askant, relentlessly pulling away from Robinson (who two weeks earlier in Brugge, Belgium, had narrowly beaten Ron Hill—in his first Masters-only race—at 25Km, in 1:20-and-change).

Again led by Freary, Great Britain won the 40-49—as well as the 50-over—national team championships. In the younger category, however, the United States claimed the Blue Riband (40), Alan Dirkin (40), and John Rudnick (45), came through with a strong second-place finish ahead of Germany, Ireland, Australia and four other national teams. All members of the Seniors Track Club of Los Angeles, they also placed third in the tougher club championship—the highest finish of only seven nonEnglish teams. Individually, Rudnick finished best among his peers, placing eighth among 175 45-49 finishers.

RESULTS

10Km, July 21, 791 finishers

Women

35-39
Valerie Howe (GB), 36:20
Bridge Cashen (GB), 38:16
Marianne Buttre (Ger.), 38:21
40-44
Sigrid Sucker (Ger.) 39:25
Denise Alvoot (Bel.), 39:46
Suzanne Trees-Strickland (US), 41:10
45-49
Ruth Anderson (US), 41:36
Edith Holdener (Switz.), 43:27
Hazel Rider (GB), 43:48
50-54
Teruko Nakagawa (Jap.), 48:57
Gitta Grunsberg (Ger.), 49:02
Margret Reidt (Ger.), 50:54
55-59
Georgina Descamps (Bel.), 48:33
Liselotte Schule (Ger.), 54:24
Johanna Greile (Ger.), 55:46
60-64
E. Tromp (NL), 53:14
Kathleen Faule (Aus.), 54:21
Anneliese Krempl (Ger.), 56:56
65-69
Hildegarl Kuchel (Ger.), 56:37
Leni Schuberack (Ger.), 63:33
70-74
Justine Bucher (Ger.), 65:06
75-79
Men

40-44
Michael Freary (GB), 30:00
David Turner (GB), 30:35
Fred Pendlebury (GB), 31:03
45-49
Michael Barratt (GB), 32:24
Ronald Allen (GB), 32:29
Richard Balding (GB), 32:55
50-54
Hugo Foard (GB), 33:39
Ronald Franklin (GB), 33:46
William Marshall (GB), 33:48
55-59
Edward Joynton (GB), 35:08
Germam Jean-Baptiste (Fr.), 35:11
Florian Leitner (Austria), 35:42
60-64
John Gilmour (Australia), 35:05
James Olesen (U.S.), 38:38
Gottfried Beck (Switz.), 39:24
65-69
Hans Michael (Fr.), 41:24
Erich Pawlikl (Ger.), 41:51
David Morrison (GB), 42:34
70-74
Norman Bright (U.S.), 43:48
Kizoshi Kini (Jap.), 43:29
Jupp Berg (Ger.), 43:36
Arno Rudnich (Ger.), 44:06
75-79
Louis Charbonneau (Fr.), 48:45
Alfred Althaus (Ger.), 51:59
Robert Wiseman (GB), 55:12
80-over
Josef Galla (Ger.), 55:00
Monji Takazoe (Jap.), 70:34
Hermann Petzold (Ger.), 71:06

Teams

Country

40-49
Great Britain 1:31:38
Ireland 1:40:11
Australia 1:41:18
50-over
Great Britain 1:41:13
Canada 1:49:01
Belgium 1:49:56
Club

40-49
Harragote A.C. 1:37:55
Manchester Harriers A.C. 1:38:08
Bolton United Harriers 1:38:55
50-over
Cambridge Harriers 1:53:31
Canadien Masters 1:57:08
Wairral A.C. 1:57:53

25Km July 22 (632 finishers)

Men

40-44
Michael Freary (GB), 1:20:07
John Robinson (NZ), 1:22:26

continued

[Printed with permission of Running Times]
An open letter to the Masters Long-Distance Running Committee

By TOM STURAK

[Reprinted by permission of Running Times]

At the recent World Veterans Road Running Championships held in Bolton, England, I became the first U.S. finisher—97th among 791—in the 10Km. race with a 35:55:16 time. A fact that I personally found absurd and embarrassing. Enroute to race 800m and 1500m in the 3rd World Veterans Track & Field Championships in Hannover, W. Germany (July 27-Aug. 2), I was using this road race strictly as training—but had hoped perhaps to contribute to the U.S. 40-49 team effort. As it was, neither male competitors Jim Osleno—who, racing seriously and well, placed second in the 60-64 age category (36:38)—and the courageous partially sighted Norman Bright, who, guided by his young companion, finished seventh among 65-69-year-olds (43:48)—Osleno’s success—and the victories in both races by Ruth Anderson and myself—well other top U.S. long-distance runners might have fared at Bolton had they been informed of this opportunity—or even had the chance to compete against their foreign peers. Of the near 1500 entrants from 30 countries competing in 17 5-year age categories from 35 (for women) through 80 and over, only 8 men and 2 women came from the United States. By comparison, Australia and Japan were both represented by at least 20 runners, and New Zealand, South Africa and South Korea by 10 or even more. Even an ‘Iron Curtain’ contingent from Czechoslovakia, Romania and Yugoslavia outnumbered the U.S. entry.

Americans like Oscar Moore and Herb Lorenz, Miki Gorman and Linda Sippelre, Ray Hatton and Toshiko D’Elia, Margaret Miller and Alex Ray Joiner, Clive Davies and Grace Switzer, Monty Montgomery and Paul Spangler, et al. can run with the best in the world in their respective age divisions. The Bolton road races would seem to have been a natural stop-over for the scores of U.S. distance runners headed for Hannover (as were several of the above-named), especially since those championships included, in addition to the usual longer track events, a 10Km. cross-country race (July 29) and a marathon (August 2). Why, then, were not scores of Americans at Bolton? My own personal “poll” taken in the last weeks before coming abroad and since being here indicates that 1) the 12th annual World Veterans Road Running Championships—the longest standing Masters athletics competition in the world—was one of the best-kept secrets in the United States, and 2) many who did know—found out late—of the road championships simply could not afford the trip (even if coming to Hannover).

In part, the organizers of the Bolton championships are perhaps at fault for not advertising in American running periodicals. Instead, they seemed to have relied primarily on a selective mailing of entry forms to American Masters better-known on the international scene—and entries closed on May 31.

But to a great extent, the blame must lie with those in control of the National AAU Masters Long-Distance Running Committee and their counterparts within the RRC of America. Surely some of them knew about Bolton, but the former body apparently exists solely in the words of its immediate past chairmanship, “to set policy,” (e.g., to harass the U.S. cross-country and marathon entrants at Hannover into getting travel Permits, despite the fact that the track and field competitors needn’t have them) and not to provide essential services—including notices of championships—to its estimated 12,000 registered runners. For its part, the American RRC (despite its English heritage) seems philosophically provincial and not particularly responsive to the phenomenon of increasing participation by Masters in LD running. (When’s the last time anyone heard of an RRC Masters championship race?)

If the breakdown of entries in the past two Boston Marathons by any indication, Masters athletes probably constitute nearly a third of the total LDR competitors in the United States. But all other runners—male and female—pay entry fees to sanctioned races and due to AAU and RRC-registered clubs and to AAU-district associations.

Reportedly, the National AAU LDR Committee’s treasury now exceeds $6000.00—but that committee neither publishes a newsletter nor provides financial assistance to send top athletes to national or international championships. (Its conduct as host of the 2nd U.S.-Canada Cross-Country Match in Seattle last November was embarrassingly tardy.) Both committees would seem to prove useful to those moldering funds. As for the RRC, to my knowledge, only the New York chapter has helped its members (two) with travel expenses to international races.

Masters athletes from other countries—e.g., Canada, Switzerland, South Africa, Japan, Belgium, Mexico—regularly receive financial support from their respective athletics federations. Ironically, Canada, South Africa and Belgium have even paid travel expenses for U.S. Masters to compete in those countries.

At Bolton, the only full U.S. club team was the Seniors Track Club of Los Angeles. That team received no official (i.e., AAU) support, but instead were sent all-expenses-paid as its prize for winning the Masters division of the 20Km. “NIKE/U.S. Club Roadracing Championships” this past April in Atlanta. (The Southern Pacific Association AAU did provide STC partial expenses to that event.) Three of these runners—members of one of the largest clubs in the United States—learned of the Bolton championships and received their entry forms from a NIKE representative. Running the race of their lives, they placed second to Great Britain’s “Interclub” competition—as the United States team, and finished third in the “Club” competition again for 37 other teams from a dozen nations. So that it wasn’t for the singular generosity of an American sportswear company, and the outstanding performances of a California-based team comprised of three American citizens (one a naturalized Britisher at that), the United States would not have been represented in the team standings at the WVRF Championships at all.

For the record, you may want to know that the 13th WVRF Championships at 10Km. and Marathon will be held 23-24 August, 1980, in Glasgow, Scotland. Address all correspondence: The Organising Committee, 1980 World Veterans Events, Scottish Amateur Athletes Association, 16 Royal Crescent, Glasgow G3 7SL, Scotland.

In addition to the usual individual five-year categories (40 through 80-plus for men; 35 through 70-plus for women), “Nation team events” will be held in each (race) and for all categories subject to entry. A “subsidiary friendship jog for veterans and their friends and supporters” will also be staged “over a pleasant 8-kilometers trail.”

Come on AAU and RRC, why not reward some of the top individuals or teams in your respective Masters national championships (or designated trials) at the 10Km. and the Marathon with travel expenses to Glasgow? These talented and dedicated athletes set an example and help to inspire literally tens of thousands of Americans of all ages to personal health and fulfilling competitive goals. They are the peak of the pyramid, the service and care for which your Club membership is supposed to be.

Also, if nothing else, please get the word out.

Sincerely,
Tom Sturak
12th annual National AAU Masters
Track and Field Championships

GRESHAM, OREGON, July 6-8. In the August issue of NMN, we highlighted the National Masters Track & Field Championships. In this issue, we are the complete results.

A summary of events and outstanding performances by divisions:

MEN

30-34. Billiard Summer of Woodland Hills, California, won the 100 and 400 (48.07), and took 2nd in the 200 and 800. Both Summer and Mike Marbut of Seattle leaned into the tape in the 100 in 10.94, with Hilliard getting the judge’s nod. Ruben Whitney of San Antonio, Texas, successfully defended his championship, edging Sunner, 21.80 to 21.85.

Steve Waggner of Santa Barbara, California, won the 1500 and 5000. Matt Pruitt won the 400-hurdles in 55.85 after a strong 48.41 2nd in the 400.

Carl Flowers of Northridge, Cal., won both the jumps, while Fred Johnston of Foster City, Cal., nabbed the shot and discus.

35-39. Walt Butter of Altadena, Cal., kept his 3-year undefeated streak intact by successfully defending his national championship in the 100, 200 and 110-hurdles. Dave Romain won the 400 in 49.66, close to Ron Whitney’s division record of 49.9. Ralph Lee of Los Angeles edged Romain in a fast 800, 1:53.8 to 1:54.8.

Jack Petty of Odessa, Texas, took the 800 in 2:02.2. Harvey Franklin of Canada outdistanced George Coney of Eugene, Oregon, in the 5000 in 15:20.5 with Conefrey winning the 10K in 32:04.5.

Doug Wells of Taft, Calif., tripled with wins in the Javelin, Shot and Discus.

40-44. American record holder Gary Miller of Glendale, Calif., won 3 events—the 400, 400-hurdles and 200.

Chicago’s Ernie Billups set 2 American records in the 40-44 category with a 1:55.96 in the 800 and 4:03.33 in the 1500.

Earl Ellis of Seattle won the 5000 in 15:34.9 and 10000 in 33:08. Ron Laird won both walks, while 11 other men each won single victories in a very competitive division.

45-49. Lancaster, California’s Percy Knox won the 100. Ingleswood, California’s Nick Newton took the 400. Knox and Newton met in the Postal Relay Championships


The following relays will be held in two age divisions: Division 1 (40-49) & Division 2 (50-1). 440, 880, 1 mile, 2 mile, 4 mile, sprint medley (440-220, 220-880); distance medley (4 mile, 400, 880, 1 mile). All distances will be in yards. There will also be an age group medley at 4 x 450. Distances will be in yards. There will also be an age group medley at 4 x 450. Distances will be in yards.

These relays can be run as part of any track meet or on a time trial basis. We will operate on the honor system. The following rules will prevail:

1. All times must be run from April 15 to Sept. 15.
2. An individual can run in more than one relay but not more than once in any one relay event. (Example: a competitor can run the 440 in the mile relay, spring medley, distance medley and the age-mixed relay, but can not run in more than one mile relay, sprint medley, etc.).
3. An athlete can go down in age but not up in age. Division 2 athlete can compete in a Division 1 relay but a Division 1 athlete cannot compete in a division 2 event.
4. For the 440 and 880-yard relays, if 400 meters & 800 meters are run, an adjustment in the time will be made.
5. A separate entry form must be used for each relay.

NO ENTRY FEES: (Thanks to the sponsorship of Occidental Life Financial Fitness).

PRIZES: Official A.A.U. National Championship medals will be given to the first 3 teams in each relay plus A.A.U. National Championship Masters Team patches to the winning teams.

PROCEDURE TO ENTER: John MacLachlan will coordinate these postal championships. All entries must be received by October 1. The prizes will be mailed to the team director. All team members must be registered in the A.A.U.

RELM EVENT TEAM NAME

NAME ADDRESS
1st leg AGE AAU #
NAME ADDRESS
2nd leg AGE AAU #
NAME ADDRESS
3rd leg AGE AAU #
NAME ADDRESS
4th leg AGE AAU #
TIME:
TIME OF EACH LEG (OPTIONAL)
MAILING ADDRESS FOR PRIZE NAME ADDRESS
We certify that the above is true.
TEAM CHIEF TIME ADDRESS
Mail entry form to JOHN MACLACHLAN, BOXER'S SET, BOX 7770, MARBLE FALLS, TEXAS 78654

page 7 National Masters Newsletter

100. with Newton winning it in 23.69. Newton was only a half-second away from Dick Stolper's world record 21.7 with a 52.26.

John Weldy of Scottsdale, Arizona, garnered the 800 and 1500.

Ray Hatton of Bend, Oregon, set a new American record in the 800 in 1:53.55. Outgunning Hal Higdon of Michigan City, Indiana, in a classic duel.

Higdon won the Steeplechase in 10:20.

The great Jack Foster of New Zealand flew over for the meet to lap everyone with a 3:07.48 breathtaking performance in the 10,000. After a 4:54.1 first mile by both Foster and Hatton, Jack settled into a series of consistent 75-second quarters, with Hatton running equally consistent 78’s.

Van Parish of Menlo Park, California, won both hurdles and Bob Fine of New York City took both walks.

Victorville, California’s Shirley Davidson notch both jumps. Vic Cook of Woodland Hills, Cal., pole vaulted to his first national title.

Richard Richardson of Decatur, Ill., tied his American mark with a 6’ 0” high jump, and won the Pentathlon.

Phil Brady of Littleton, Colorado, coped the shot and discus titles.

50-54. The all-time Masters great Jack Greenwood of Medicine Lodge, Kansas, was ready, as usual, for the nationals. The savings and loan executive won the 100, 200, 400 and both hurdles (using the international heights to tune up for Hammons) World mile and 800 record holder Bill Fitzgerald of Palos Verdes, California, after being out with injuries for two years, returned to the national scene in style with two triumphs in the 800 in 2:04.76 and 1500 in 4:21.94. His 800 win came over the toughest 800 field ever assembled, anywhere, in this division. The first 7 finishers broke 2:14, Dean Smith of Lombard, Illinois, defending champion in the 1500 and Gothenburg medalist, took the field through a 28-sec. 200 and 59-sec. 400 with Fitz and Kelsey Brown of Anns, Andover, New Jersey, the Eastern champion, right behind.

Smith edged Brown for the place, 2:06.06 to 2:06.80. San Diego’s Bob Sieben, bronze medalist in Sweden, was 4th in 2:09.11, followed by Don Jackson, Ian Jamison and Lake Oswego’s George Parbergh, the silver medalist in Sweden.

In the 1500, Fitzgerald topped defending champion Brown 4:21.94 to 4:25.54, Brown improving on his 1978 winning time in Atlanta. Fitz mark was only 3 seconds off his American 1500 mark of 4:18.5.

Jim O’Neill of Sacramento repeated his twin victories in the 5000 and 10,000, edging Santa Monica’s Pete Mandle in the 10K when Pete, with an apparent safe lead, caught a hamstring cramp 10 meters from the tape as O’Neill moved through on the inside to win.

Bob Minn of Willingboro, New Jersey, won both the walks. Harry Hawke of San Diego took the continued
Reflections on the Nationals

The National Masters Track and Field Championships never disappoint. It's always a pleasant time for renewing friendships, making new ones and with the highest quality of competition.

Images:
- Jack Foster's smooth striding around 25 laps of Mt. Hood Community College's good track, lapping two and three times some of the finest Masters 10,000 runners in the world. Even Ray Hatton finally succumbed with a few laps to go.
- Foster will soon move to Beaverton, Oregon, to work for Nike. In his New Zealand government job, Jack has not had the freedom to travel and compete as much as he'd like. Now he will, and we look forward to seeing him run in the U.S.
- We are also eager to learn his secrets of running and conditioning.

35.49. Miki Hervey of Dallas took the 200, 400 and 800, topping Mountain View, California's Miriam Germain. In the 400, 64-77, Luisa the 200, Gerald was leading but pulled a hamstring. Gerard earlier won the 100 in 12.7.

Judy Coromboof of Seattle nabbed the 1500 and 5000 crowns.

Almeta Parish of San Francisco took the 200 and 400.

35.49. Irene Obera of Moraga, Calif., won her demolition of women's age 45-49 division records. Once again, she lowered her record 400 of 64.61 to 64.73.

Ruth Anderson won the 800 (Ruth turned 50 on July 27) and Marjorie Fox of Smartville, Cal., took the javelin, shot and discus. 50-54. La Crescenta, California's Shirley Kinsey won the 200, 100, javelin, shot and discus, breaking her own division mark in the javelin with a 67'7" throw.

Ellen Rose of Irvine, Cal., broke her own 400 mark with a 74.81 and won the 1500.

55-59. Edith Leiby of Honolulu won the 100, 200, 400, 800 and 1500 in a busy weekend.

66-69. Josephine Kolda of San Francisco copped the 100, 200 and 400.

66-69. Multi-record holder Polly Clarke of Loveland, Colorado, won the 100, 200, 400 and 800.


1) Clearly, although Californians will travel anywhere for a meet, Easterners don’t go to West Coast meets, even when it’s the national championships. Of the 413 entrants, only a handful were from east of the Mississippi.
2) Hannover loomed. One trip was all budgets of many could afford.
3) Many are injured. It’s hard for them to attain peak form, many Masters are breaking down. The ranks thin noticeably as you move from the 45-44 group to the oldest.
4) Money is a little tight for most.

Many refuse to compete unless they’re in top form. They pass up the track meets and run in the local 10K where they can relax in the middle of the pack. (Yet some show up even if not in peak form out of a love for the sport and the belief that friendship and competition are more important than winning.)


-Sue Thompson got the right idea. He makes the nationals a camping outing for the family. The meet is a good excuse, but not the main reason, for a family fun trip.

-Didn’t see a single AAU official the entire weekend, but what a dedicated, competent crew assembled by Jim Peterson, who offered many valuable insights and conditioning tips. Heath, who talked about applied physiology and nutrition, and Gary Moran, Ph.D. (Anatomy and Kinesiology), who works in Research and Development forNike SportsShoes.

Total: 351 44

3344

413
Press clippings from the Nationals

Nothing said about it
69-year-old runs blind, but not scared

By KENT SANDS

"Next year will be my last and I'll run the 880 and the 1,600 meters," said Bert Holt, a competitor in the American Masters Track Championship, held every year by Mount Hood Community College.

But Holt and his fellow competitors are both from San Diego, and at age 69 they have been competing against each other for several years. Next year's competition will be held the same as this year, with the best runners from 880 and 1,600 meter categories.

"I've always loved running and I've been running since I was 15," said Holt. "I've been running my whole life and now I'm looking forward to retiring." Holt said he will continue to run in the 880 and 1,600 meter categories.

But for the majority of the competitors, the championship means more than running. It is a chance to renew friendships and meet new people.

"These people are like family to me," said Holt. "We've run together for years and we've become like brothers and sisters." Holt said he enjoys the company of his fellow competitors and the camaraderie they share.

For Holt, running is more than just a sport. It is a way of life.

"I run every day," said Holt. "I run to stay healthy and to keep my mind active." Holt said he believes that running is important for people of all ages.

Old friends reunite as Masters meet begins

By RAY SHAFFER

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"I'm looking forward to retiring," said Holt. "But I'll miss the companionship of my fellow competitors and the camaraderie they share." Holt said he will continue to run in the 880 and 1,600 meter categories.

Masters must win — against friends

By DAVID NAMBOO

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Records fall for Master’s spikers

by JIM HAYS

The track

It was raining lightly on the 400 meter track at Community College of Los Angeles as Harry Koppel started his heat.

“Just call Harry Koppel the track’s unofficial coach,”

Koppel gave up track and field three years ago and has overcome a score of injuries to win in all three events.

The clocking also beat the mark she set May 11 by 0.2.

The next day she came back and captured the 800 and 400, again in record time. She climbed on her mark in the 800 by covering the distance in 2:09.7, then shaved three seconds off her 400 record by winning that race in 1:03.7.

There was Harry Koppel. Competing in division 180-440, Koppel picked up three gold medals and set two world records in the process. His 1:43.61 clocking in the 864 meters was 11.17.0 better than a 19-year-old high school principal from Atlanta.


turned in a 1:50 time of 4:53.3 to easily maintain the field and cover 2.0 meters.

Sprinter outraces cancer, snakebite

by JIM HAYS

of the track. Bright was also able to raise a substantial amount of money to help with his medical expenses.

This year’s mark eclipsed the 1:57.5, world record set by Ernie Billups, competing for the University of Chicago Track Club.

The 48-year-old Billups, who set the mark exactly a year earlier at 1:57.5, this year clocked 1:57.6, matching a strong showing against the competition at the same site two years in a row.

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An excellent swimmer, Koppel also owns the American age-group record in the 200.

Bright
during this weekend’s meet.

Masters National Track

Chairman of the Board

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There's one lady who walks
in the streets.

He was a hell of a runner
last year. He won the 100 meters
and the 200 meters.

Just call Harry Koppe the
Gateway to Masters track.

He was born in 1929 when he was
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**PHILADELPHIA, Pa., June 26.** The Philadelphia Masters Club won 3 of the 4 team titles to highlight action in the Eastern Regional Masters Track and Field Championship held at Franklin Field.

The host squad took the age 30-39, 50-59 and 60-69 team championships. The New England Masters won the 40-44 crown.

Among the highlights:

- Lloyd Riddick’s 22.9 in the 40-44 200.
- B. Lancaster’s 24.1 in the 50-54 200.
- John Sanders’ 52.6 in the 50-54 400.
- E. Hothar’s 4.23 and 400-4400.
- Kelsey Brown’s 4:33.2 in the 50-54 1500 and 2:14.0 in the 800.
- Bob Fine’s 25:49 in the 40-44 5000 walk.
- R. Jackson’s 194’ long jump, 16.10T and 107.2” in the 40-44 group.
- S. Hayage’s 80’ javelin in the 30-34 category.
- Diegelman’s 127’ in the 65-69 hammer.

**EASTERN REGIONAL AAU OUTDOOR CHAMPIONSHIPS—Track and Field—June 26, 1979, Franklin Field, Philadelphia, Pa., Phila., Pa. 19104.**

**EASTERN MAJORS**: *Meeting record plus world age-group record*: 1 Tie

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**WOMEN’S PENTATHLON**: 30-34

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<td>B. Wilson</td>
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**WOMEN’S FIELD EVENTS**

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**MEN’S FIELD EVENTS**

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<th>Age</th>
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<tbody>
<tr>
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<td>Javelin</td>
<td>J. Keeler</td>
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<tr>
<td>Discus</td>
<td>J. Keeler</td>
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<tr>
<td>A. Beard</td>
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<tr>
<td>B. C. Smith</td>
<td>69</td>
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**Note:** This table represents the list of names, ages, and events along with their corresponding distances and ranks. The table format is consistent with the provided data.
Buschman wins 9 in Midwest Regionals

EVANSTON, ILL., June 23.

Among top performances at the MidWest Masters Regional Track and Field Championships at Dyche Stadium at Northwestern University were:

- Hal Higdon's 10:36 in the age 45-49 3000 Steeplechase.

- Ennie Billups' 4:12 in the 40-44 1500.

- Jack Greenwood's four wins in the 50-50 100 (11:18), 200 (23:97), 110-hurdles (15:47) and 400-hurdles (62:24).

- Dean Smith's four triumphs in the 50-54 400 (5:28), 800 (2:09.7), 1500 (4:34) and 5000 (18:46).

- Mary Crasapat's triple in the women's 40-44 800 (2:38.4), 1500 (5:15) and 5000 (21:00).

- Mel Buschman's wins in the 55-59 200 (27.48), 400H (50.2), 110H (19.3) Long Jump (15'9 3/4"), Triple Jump (29'11"), High Jump (4'10"), Shot Put (30'9 3/4"), Discus (90'1"), and Javelin (100'1")

- Paul Wolf's win in the 2-mile predict-your-time run, missing by only 2 seconds in 15:42.

400 METER DASH

<table>
<thead>
<tr>
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<th>Event</th>
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<th>Time</th>
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<td>Chi</td>
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<td>400 METER DASH</td>
<td>Gary Carr</td>
<td>Mascoutah</td>
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<td>Chuck Holt</td>
<td>Chi</td>
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<td>400 METER DASH</td>
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<td>Westville</td>
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400 METER WRELLS

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1500 METER RUN

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<td>Robert Sadler</td>
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3000 METER STEEPLECHASE

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<td>John Hess</td>
<td>Ch.</td>
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</tr>
<tr>
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<td>Robert Miller</td>
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<td>11:35</td>
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<td>200 METER DASH</td>
<td>Dave Shevitz</td>
<td>Highland Park</td>
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<td>Bill Smith</td>
<td>Wilmette</td>
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<td>Charles Ozawa</td>
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400 METER DASH

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<td>Dick Katte</td>
<td>Wars., IN</td>
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<td>Jack Rice</td>
<td>Tamps., FL</td>
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<td>William Andberg</td>
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5000 METER RUN

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<th>City</th>
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continued
Higdon improves 1-B one-hour run mark

Hal Higdon, running in a twilight All-Comers meet in his home town of Muncie, Indiana, added nearly a quarter mile to the American 1-B (age 45-49) One-Hour Run record. His distance of 11 miles, 223 yards bettered the 10-mile, 1554-yard national standard established by Dick Bartek of Santa Barbara in 1978.

The mark also improved on the listed world age 48 record of 10 miles, 5188 yards by Bob Bartling of Brookings, South Dakota, in 1983.

Co-author of the recently published "Runner's Cookbook," his training meant for lunch had been a peanut butter and jelly sandwich. He warmed up for the hour run by completing earlier in the 1388-yard low hurdles (3rd in heat in 55.3).

But the temperature was around 60, the humidity low, the wind still, and Higdon may have been irritated by a sub-3000-meter steeplechase performance two days earlier in the Midwest Masters Regional Championships in Evansville. He had tripped and fallen on his nose before one barrier, and had to dangle over another after misjudging his steps.

"Sometimes you have those days," he said.

"The record was there for the taking," Higdon remarked afterward. "Any time Ray Hatton wants to step on a track, he can add another lap to my mark. Get us both together and we might add two or three."
Dear Friends: Thanks. It was such a pleasure to organize.

A small committee of willing folk, who know what they are doing: a Meet Director (George Mitchell) and officials who were the best you'll find anywhere. 263 entrants and 263 tickets. The number was so much more than names on paper.

A special thanks to our sole sponsor, Pilkington Glass. Due to their generous and immediate response to our approach, we were able to plan with confidence and live with our entry fees despite the shortfall in entries.

"Travelling is an adventure and, I understand, a conflicting event, kept many away who we would otherwise have been delighted to see. They missed a good meet.

Sponsorship money also allowed us to absorb the cost of the banquet hall, the stadium, publishing and incidental expenses, and still come out sufficiently ahead to make a modest contribution to the future operating expenses of the North American Masters Council and the CMITT. Thanks indeed.

"Fitness Over Forty" is now more than a gleam in Hal Higion's eye, and the high level of activity now needs the kind of enlightened support we had from Pilkington.

NOTES BY NORM BAUM


Canadian records went to the following:

George Braceland (65-69) of Philadelphia, Pa., ran the 110m hurdles in 16.9. He broke another Canadian record in the Pole Vault with 3 meters.

Diane Palmason (40-44) recorded a 19:24.9 in the 5000, an Open Record (i.e. made by anyone in any category) and Native (i.e. made by a Canadian anywhere in the world.) Diane's 1500m in 5:12.5 was another C.N.R.

Marcia Speath (50-54) of Fingerlaker T.C., U.S.A., won the 800m in 2:23:00, an open record. She also won the 5K & 10K.

Cliff Hall (50-54) of Metro Toronto Fitness Club, a great runner from 400m to marathons, established a new C.N.R. of 2:09.3 in 800m. Cliff was second in the 10,000m to Arthur Taylor.

Art, transplant from Waterloo, now at Fort McCurry but soon to return to city life in Calgary, is obviously back in form and ready to defend his World titles in Hannover. His 10,000m. C.N.R. of 34:41.1 knocked 2.5% off the previous, long unchallenged record. Art also won the 5000m.

Archie Messenger (55-59), New York Masters, set a C.N.R. of 800m in 2:20.3. He also won the 1500m.

There were several field events results.

William Eipel (65-69), U.S.A., struck three times. He set a C.O.R. with a 12.00m Shot Put, another with a 35.04m Javelin and equaled the High Jump C.O.R. with 1.30m. He did no better than first in the Discuss. Nolan Fowler (65-69) of Mason-Dixon A.C., Tennessee, broke the Hammer C.O.R. by over 5 metres with a stupendous throw of 38.10m. Kermit Hollingsworth (45-49), Scarborough, Ontario, for the third time equaled his own HJ record of 1.75m. He had the satisfaction of reaching 1.78 after the event and, no doubt, will eventually raise his record.

Leonard Olsen (45-49) of Green Mountain A.A., Vermont, set a C.O.R. of 12.78 in the Shot Put. He also won the Discus and was second in the Javelin.

James Johnson (55-59), N. Cal Seniors, leapt 5.12 for a new Long Jump C.O.R. This was only 6" farther than Max Pickl's mark. He won the Triple Jump, too.

John Satt (65-69), a native of Johnson's, broke two C.O.R.'s: Long Jump of 4.39m and 200m of 22.92. He also won the 100m.

Jan Versiege (50-54) of Vancouver Olympic Club shattered John Pavlicek's Shot Put record by half a metre with a new C.O.R. of 12.46m. In fact Jan cornered the throwing gold market in his class with wins in Discuss, Javelin and Hammer. He showed his versatility with a third in the Triple Jump.

Albert White shares with Mark Brennan the distinction of oldest participant in the championships. Both are 75. Albert broke virgin territory as all his results established both Open and Native marks in the Shot, Javelin, Discus and Hammer. Mark had already established 200m time. Now he owns, too, all Canadian records in 100m (18.17), 400m (49.04), 800m (4:00.9).

From the editor

My thanks to everyone who took time to respond to the June survey.

From about 1000 subscribers we received 43 replies; results are printed below.

Twenty-five (58%) of the replies feel the newsletter should cover both track and field and long distance running. Seventeen (40%) feel we should cover mostly T&F.

Almost everyone wants national and regional results. Next, in order, came regional schedules, age-records, international results, entry blanks, national rankings and world rankings.

Survey for National Masters Newsletter

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<th>Final Results</th>
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<td></td>
<td>d. Mostly Long Distance</td>
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<td>f. Don't care</td>
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<td>b. Letters to editor</td>
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<td>7. When meet directors submit results, what information on each entrant (besides last name, place &amp; time) should be included:</td>
<td>a. First name</td>
</tr>
<tr>
<td></td>
<td>b. Home town</td>
</tr>
<tr>
<td></td>
<td>c. Club</td>
</tr>
<tr>
<td></td>
<td>d. Exact age</td>
</tr>
<tr>
<td></td>
<td>e. None</td>
</tr>
<tr>
<td>8. What should be the name of the newsletter:</td>
<td>a. National Masters Newsletter</td>
</tr>
<tr>
<td></td>
<td>b. U.S. Masters Newsletter</td>
</tr>
<tr>
<td></td>
<td>c. U.S. Masters Newsletter</td>
</tr>
<tr>
<td></td>
<td>d. National Veterans Newsletter</td>
</tr>
<tr>
<td></td>
<td>e. National Seniors Newsletter</td>
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<tr>
<td></td>
<td>f. Don't care</td>
</tr>
<tr>
<td>9. Other sports publications you read:</td>
<td>a. Track &amp; Field News</td>
</tr>
<tr>
<td></td>
<td>b. Runner's World</td>
</tr>
<tr>
<td></td>
<td>c. On the Run</td>
</tr>
<tr>
<td></td>
<td>d. Runner's Gazette</td>
</tr>
<tr>
<td></td>
<td>e. Track Master</td>
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<td></td>
<td>f. Club newsletter</td>
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<td></td>
<td>g. Sports Illustrated</td>
</tr>
<tr>
<td></td>
<td>h. The Runner</td>
</tr>
<tr>
<td>10. Internationally, we're known as &quot;mavericks&quot; in the U.S., is it &quot;masters&quot;? Which do you prefer?</td>
<td>a. Masters</td>
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<tr>
<td></td>
<td>b. Veterans</td>
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<tr>
<td></td>
<td>c. None</td>
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<td></td>
<td>d. Don't care</td>
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</table>

One is late results. Putting on a Masters event is an enormous project. Too often, when it's over, the director heaves a sigh of relief and feels the job is finished. It isn't. Results are as important to competitors as good officials. Too often, we receive results a month or more after the event. Sometimes not at all. By the time you read them in the newsletter, they're old news. We urge directors (or even caring competitors) to send results, or even a few highlights, of your event to NMA right away.

Another problem which we're trying to cure is logistics. I'm editing the material in Los Angeles, then sending it to Ed Gilden in Pennsylvania. He prints and mails it from there. Expenses are paid by Financial Fitness in Raleigh, NC. There have been snags and delays. We think we'll need to control them, but that's why some items have been left out. Please send your contributions as early as possible.

We're going through a few growing pains with this newsletter, but hope that you enjoy it. Pass the word to your friends to subscribe. Thanks, also, for your supportive comments. We didn't print them all, because it would get a bit boring, but Ed and I appreciate your kind words.

We welcome and need your criticisms and suggestions.
### 1978 National Masters 10,000-meter rankings

**Compiled by Geza Feild**

<table>
<thead>
<tr>
<th>PLACE</th>
<th>NAME</th>
<th>AGE</th>
<th>TIME</th>
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</thead>
<tbody>
<tr>
<td>1</td>
<td>Jack Fish</td>
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<td>31:01</td>
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<td>2</td>
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<td>Richard Brown</td>
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<td>12</td>
<td>William Dickey</td>
<td>51</td>
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<td>13</td>
<td>Michael Fees</td>
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<td>14</td>
<td>Michael Muller</td>
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<td>15</td>
<td>John Early</td>
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<td>16</td>
<td>Edward Garssen</td>
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<td>John Halls</td>
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</tbody>
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**Note:** The rankings are based on performances in 1978.}

### Californians Earl Rippee, Jim Oleson and Wilbur Buchanan

**170 vie in New Jersey meet**

By KELSEY BROWN

PARAMUS, N.J., June 16. The 4th annual NJIAAU outdoor championships were held at Bergen Community College. A record 170 entrants, including 25 A-masters, turned out to compete in the啦weather.

Running without spikes didn't seem to hamper the athletes as 26 meet records were set. One world age group mark was set by Tim Dysy, 59, North Jersey Masters. In the 2-mile walk, 19:11+. This was 5 seconds faster than his 19:16 in the MSA Championships May 27, 1979.
Masters 'win' mythical national championship over open women

If the winning marks in the AAU National Masters Track and Field Championships are compared to the winning marks in the AAU Women's National Championships, the men-over-40 win, 5-3, in the eight events where conditions are virtually the same.

However, if the 8 events were scored like a dual meet (1st-5 pts., 2nd-3 pts., 3rd-1 pt.), the greater depth of the women win, 37-35.

In the 100 and 200, Evelyn Ashford would have 'beaten' Masters Lewis Smith and Gary Miller.

In the 400, Nick Newton edges Patricia Jackson. In the 800, Ernie Billups tops Essie Kelly in the 500 and Frankie Larrieu in the 1500. (Now there's a race we'd really like to see.)

Jack Foster would have lapped Mary Sha in the 10,000. Ron Laird wins over Sue Broddick in the 5000 walk. Debbie Brill easily takes Rich Richardson in the high jump. The 400-hurdles and triple jump are hard to compare; Gary Miller sailed over 33” barriers in 57.74, while Edna Brown one-lapped 30” obstacles in 57.60. Kathy McMillan out-leaped Kermit Walker in the triple, but it was wind-aided.

It makes for an interesting match-up.

The 'results':

<table>
<thead>
<tr>
<th>Age</th>
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<tr>
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<td>22.75</td>
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<td>23.56</td>
<td>23.56</td>
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<td>52.28</td>
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<td>52.37</td>
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<td>1:56.0</td>
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<td>2:00.2</td>
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<td>22:26.9</td>
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<td>24:07.6</td>
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<td>6'20&quot;</td>
<td>6'20&quot;</td>
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<td>6'26&quot;</td>
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| 6'6" | 6'6"

Race Walking

Last Maynard set a PR at an age 43 women's American mark in the 5000 walk May 28 with a 26:39.2 in the Pacific Association AAU meet. Elene Carola set an age 71 standard at 41:41.2.

Bill Ranney was the 1st Master, 6th overall, with a 48:18 at the National AAU 10K Walk in Chicago May 2. Ranney is 44.

Bonnie Dillon, 32, in her 1st mile race did 15:31, lowered it in 4 months to —43, winning two open competitions against women and men in Northern California.

Katherine York of Modesto set age-66 women's marks this year in the 5K at 1:51:58 and 2-mile in 2:23-05.

Ranney won the Pacific AAU 10K Open Championship July 1 in 33:45. Ron Laird was 2nd in 34:24.

Maynard won the open 10K PAAAU the same day in 56:49. Dillon was 3rd in 58:59.

Letters to the Editor

For your information, I resigned the position of Far Western Regional Masters Track & Field Meet Chairman on April 6, 1979.

The powers-that-be had over 2½ months to find someone to run the Far Western Regionals Meet. I do not feel that I, in any way, contributed to the problem of lack of time in obtaining a Meet Director.

Hal Smith
Tarzana, Calif.

Past results are interesting, of course; however, what I personally need most are dates of future meets and entries.

Richard Lacey
Pelham, N.Y.

The local Queensland Veterans still will not answer my phone calls or correspondence. You wouldn't believe how petty they can be.

They cannot stop me running in Germany. I was going to run as an independent. However, the Australians wrote to Germany and told them I could run for Australia, only after I threatened to run in a black uniform, with 'God save Australian Veterans' written on the singlet.

As yet, the Australians have not decided whether we ex-pros can run or not. We Don't know until we have a meeting in Germany.

I've had a public apology from Wal Sheppard. Secretary of the Australi-an Veterans Association, for his claim that I used a false Australian card when I ran in Sweden, when in fact I was running with the Americans. I took legal action against both Sheppard and Jack Pennington for defamation, as a result, of their article in the Australian Veterans Magazine.

Once again, I thank Helen Pain, Dave Pain, who I never met, Pete Mundle, Hal Smith, Ozzie Dawkins, Nick Newton, Dave Jackson and all you people who have helped me in my fight to run against people of my own age group.

I still have my problems here. However, they cannot stop me running internationally. I feel Germany will be my last effort, at 58. I feel I can't continue to fight stupidity any longer. I may take up parachute jumping, at least I may get a fair go at that sport.

On the brighter side of things, I have trained harder for Germany than I have ever trained, mainly because I'm at the end of my age group.

Aileen is the European and Australian 100 and 200 Champion with two world records. I'm still world champion—until Germany, anyway—so it's a very unique situation.

Cheerio for now.

Aileen and Bernie Hogan
Brisbane, Australia

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The National Masters News-letter is bigger and better than ever and it's still a bargain at $3 for the rest of 1979. Take advantage of the continued low subscription price and get aboard the publication that's going to be covering the Masters scene more thoroughly than ever. Subscribe now.

$3 enclosed for the newsletter for the rest of 1979.

Send to 102 W. Water St., Lancaster, Pa. 18032

Name

Address

Bill Fitzgerald

Jerry Wojcik, Granada Hills, Calif., throws hammer as admirer looks on.