# National Masters Newsletter

10th Issue

June 1979

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## **Spring Highlights**

- •37 meet records set in AAU indoor championships
- •Al Oerter smashes world age 40-44 discus record
- •Irene Obera sets 4 U.S. women's marks in 45-49 group
- •Dan Aldrich breaks world 60-64 discus record
- •Fritz Mueller wins national Masters 30-km.
- •Eligio Galicia sets world mark in 55-59 steeplechase
- •Ernie Billups wins 3 national indoor titles
- •Herb Lorenz leads masters in Boston Marathon
- •John Satti betters world 65-69 long jump standard
- •Fist fight dampens Mexican international meet
- •Pete Mundle sets indoor record in 50-54 mile and 2-mile
- •Paul Spangler turns 80 and sets world mark in 3 events
- •Bill Fitzgerald, 52, makes comeback with 1500 win
- Dorothy Stock sets women's 45-49 American 1500 mark

# 37 meet records set as 300 turn out for 1979 National AAU Indoor Championships at Ann Arbor

ANN ARBOR, MICH., March 17-18—A record 300 veteran athletes turned out for the 5th Annual National AAU Masters Indoor Track and Field Championships at the University of Michigan Fieldhouse.

Run on an excellent 220-yard, unbanked tartan track, the meet directed by Elmo Morales featured 37 broken records.

Ernie Billips of Chicago led the way. The 1978 U.S. Masters Outdoor 800 and 1500 champion shattered the 1000-yard record in the 40-44 division in 2:19.2. He broke the meet record in the 600 in 1:17.9 and easily won the mile in a fast 4:30.6. Henry Kupczyk won two tactical races in the 45-49 group. In the 1000, he let Tom Sturak of Los Angeles set the pace, then had a furious duel with Kansas' Jim Hershberger to win by .7 in 2:35.7. In the mile, he outkicked Sturak at the end to win in 4:54.4. Just-turned-45 Nick Newton of Los Angeles set an American indoor mark of 34.0 in the 300 and won the 50-yard dash in 5.9.

Pete Mundle, also of LA, set two meet records in the age 50-54 mile in 4:50.0 and 2-mile in 10:19.4. The mile was a battle, with the top 4 all under 5 minutes. U.S. 1978 AAU outdoor champions Dean Smith and Kelsey Brown finished 2nd and 4th in 4:56.9 and 4:59.3. Splitting them for 3rd in 4:58.9 was Don McEwen, a newcomer to Masters track. McEwen is the former top Wisconsin U. distance star of the 50's. Brown, of the Jersey Senior Track Club, destroyed the meet record by 6 seconds with a 2:32.1 in the 1000, just holding off Smith in 2:33.8. Smith, of Lombard, Ill., won the unofficial "iron-man-ofthe-meet" award by winning the

300 in 36.6 and the 600 in meet record time of 1:22.6.

(With world record holder Bill Fitzgerald healthy again and waiting in the wings, the 50-54 middle-distance competition in 1979 is going to be something to see.)

Kermit Hollingsworth and Dick Richards tied the high jump meet record of 5'10'' in the 45-49 group.

Paul Spangler, the running doctor from California, celebrated

A.C. in the 2-mile walk in 14:13.7. The age 60-64 running events were dominated by the trio of Austin Newman, Max Pickl and Art Obokata. Newman took the 1000 in 2:36.3, mile in 5:33.0, and 2-mile in 12:00.7. Pickl won the 50 in 6.8 and the 600 in 1:47.8. Obokata established a new meet standard in the 300 in 40.1.

Florida's Lou Gregory, who sustained a minor stroke six weeks before the meet, competed in ten events in the 75-79

his 80th birthday on the 2nd day of the meet. Running better than when he started 5 years ago, Spangler won the 1000 in 3:59.0 and 2-mile in 15:12.4 on the first day as a 79-year-old. Then he came back as an 80-year-old the next day to cop the 600 title in 2:15.3 and set a world age group record with a 7:04.2 mile.

A national walking record was set by Ron Kulick of the New York category, winning all of them as no one showed up to challenge this remarkable athlete.

Carole Brockman was a double winner in the women's 35-39 division in the mile (6:05.4) and long jump (13'3'').

Karen McHaig won an impressive double in the women's 30-34 group with a 4:59.3 mile and 10:52.3 two-mile.

continued

## 300 compete in national AAU Masters meet

#### continued

Grace Butcher won the 600, 1000 and mile in the 45-49 group, while Marcia Spaeth won the 1000, mile and 2-mile in the 50-54 division.

Special thanks must go to the Ann Arbor Track Club and the Gandy Dancer Restaurant for all of their efforts.

The National AAU Masters Track and Field sponsor, Occidental Life Insurance Co. of North Carolina, outdid themselves.. Not only was a direct subsidy given, which was clearly shown in the quality of the officials, but an attractive bag was presented as a gift to each competitor.

NATIONAL A.A.U. INDOOR MASTERS TRACK & FIELU CHAMPIONSHIPS - 1979 -ANN ARHOR, MICH, 3/17 & 18 SA=30-34: SB=35-39: 1A=40-44: 1B=45-49: 2A=50-54: 2B=55-59: 3A=60-64: 3B=65-69: 4A=70-74:4B=75-79 MR=Meet Record: AM=American Record 40+: AG=age group record

									P. Richard R. Stillwagon	19'6 18'0.5	W. Pike <u>+A</u> (2) 1bs.		highlight Masters action in the
					SHIPS - 1979 - ANN 35-59: 3A=60-64: 3				H. Bohigian R. Deere	17'8	R. Connolly	25'0	Mt. San Antonio Relays. Fitzgerald had his hands full
			an Record 40+:						Mar 15	12'0	Shot Put - Due mixup this eve	nt was	with National AAU Masters
	SA C. Ray	5.5	D. Walsh	40.34	34		G. Wood	10.02.7	R. Enders P. Lehmkuhl	18'11.5	held both in A & N'Bastern. (		Indoor Mile Champion Pete
	A. Wright G. Marshall	5.t	E. Draugelis C. Olson	40.43	A. Newman F. Finger	2.50.26 2.56.27	K. Bergen 1B	10.34.9	P. Mulkey	16'7	ire the combin	ed results.	Mundle, and with Illinois' tough
	W. Smith	5.6	2B D. Herris	40.50	3B H. Koppel	3.28.40	J. Forrest	10.42.3	K. Buchanen B. Bailey	13'2.5	R. Johnson A. Gontounik	48'8 A 45'11 A	Dean Smith, national AAU indoor
	A. Minkoff J. Bevilaqua		A. Woodhouse	41.09	S. Monastero	3.30.63	J. Stayton R. Fine	10.43.5	J. Graham 2A J. Ryan	12'4	J. Vogler	37'11 N 37'6 N	champ.
	V. Awker N. Bowles	6.2	J. Jenkin B. Coughlin	42.11 42.91	H. McArdle	3.54.98 .	A. Ravenscroft H. Schmitt	11.37.1	J. Ryan R. Jacobs	15'4	J. Ackroyd N. Bowles	30'11 A	The three ran together until
	SE R. Stanford	3.8	H. Greenberg H. Strassenbe		4B L. Gregory	5.43.2	R. Warner R. Luckhart	12.00.8	D. Botsford F. Marr	14'9	J. Green SB	33.0 Y	Fitzgerald pulled away in the final
	D. Fitzsimons L. Tutt	5.9	A. Obokata	MR 40.09	SA P. Spangler	3.58.95	2A P. Mundle	MR 10.19.4	C. Olsen 2B	12'2	R. Kurnick B. Dunn	-8'6 N 42'0 A	straight with his patented kick.
	R. Ficker	5.9	M. Pickl S. Sorlien	41.23 43.52	Women	3.66.89	D. McEwen	10.49.7	J. Johnson	17'8	B. Murphy H. Friedman	36'11 A 33'6 N	Mundle clocked 4:31.8; Smith
	E. King R. Taylor	6.1 6.2	38	40.76	2A M. Spaech	3.21.73	J. Morrow F. Hollapa	11.09.7	M. Bushman H. Carter	14'11.5	J. Lewis lA	30'0 A	4:33.8.
	B. Murphy J. Newman	6.3 6.5	H. Koppel R. Edwards	43.53	One Mile Run		J. Paniccia P. Ways	11.41.2 11.49.2	M. McGee T. Woodard	13'2 10'9	C. Klehm	38'9 A.	Fitzgerald had been out of
	L. Wilson	5.9	L. Gregory	77.85	P. Wilson	4.18.7	B. Mimm 2B	12.20.8	M. Pickl	1314	R. Deere B. Kruse	37'6 A 36'5 A	serious competition since 1976,
	R. Weaver R. Deere	5.9	600 yd. dash		S. Carrins G. Owings	4.22.3	D. Greenwood H. Greenberg	11.25.7	R. Ganslen A. Obokata	15'0.25	f. Jackson K. Krastin	34'4 N 32'1 N	with assorted back, stomach and
	T. Rivers H. Bohigian	6.2	SA G. Carr	1.14.25	C. Ratza G. Benedict	4.26.3	D. Geer 3A	12.29.4	S. Sorlien	14'0	H. Bohigian	31'0 A	other ailments.
	J. Waters P. Blackburn	6.5	M. Van Auker G. Jenkins	1.10.15	C. Koeppen E. Morales	4.32.0	A. Newman D. Johnson	12.00.7	C. Hills S. Berho	13'2 12'9.3	L. Olson H. Fairweather	41'3 " 40'2 N	His return to form confirms that
	L. Watson	6.7	SB R. Ficker	1.16.10	M. Collins J. Daffy	4.35.3 4.39.7	4A	15.40.6	W. Ward	11'7	P. Mulkey E. Paasomben	38'7 A 34'9 A	competition in the 50-54 middle
	N. Newcon	5.9	D. Williams J. Demma	1.17.70	J. Kiesling R. Jackson	4.58.0	H. McArdle		4B L. Gregory	6'9	R. Cartensen J. Scott	34'4 N 32'10 A	distances this year is going to be
	M. Brown R. Enders	6.0	W. Watterman	1.18.33	G. Jenkins	5.05.5	L. Gregory 5A	19.20.1	Women SB C. Brockman	13'3	P. Mayer	31'2 N 27'1 A	fierce.
	W, Clark D. Hessler	6.3	H. Weiver L. Tutt (tie)		B. Stewart	4.22.8	P. Spangler Women	15.12.4	SB C. Whitfield	d 12'0.5	B. Bailey		Newcomer Mel Elliot topped
	R. Richardson R. Hocker	6.6	M. Persak K. Rachburn	1.27.70	L. Faxon G. Timberlake	4.31.3 4.40.0	SA K. MacHaig SA J. MacDonald	10.52.3	High Jump R. Purdom	6'9	J. Ulam S. Mazzocca	35'3 A 32'8 N	the 40-49 1500 competitors with a
	B. Parks	7.1	LA E. Billips	AM 1.17.85	D. Winn R. Rogers	4.46.0	SB E. Butt SB C. Brockman	12.41.4 12.50.1	H. Anderson	6'2	and the second		good 4:27. New 40-year-old Joe
	J. Ryan O. Dawkins	6.2 6.2	G. Summerfiel J. Brocksmith	d1.19.63	J. Verdier D. Schooler	5.00.9 5.17.4	1B M. Miller 2A M. Spaeth	16.08.0	H. Hincheliff D. Quivey	5'6	Shot Put 2B	MR	Burgasser edged Truman Clark in
	R. Jacobs	6.5	H. Bohigian B. Lida	1.21.72	D. Niederstadt				A. Littlejohn		W. Walmrath D. Batchelor	46' 34'11	the 5000 by a tick in 16:06.0.
	J. Ulam	6.8	1B R. Enders	1.21.5	E. Billups C. Carey	4.30.6	50 yd. High Hur SA	6.7	B. Murphy C. Polhamus	5'2	G. Battick M. Buschman	33'5 32'9	Free from the menace of
	A. Treichel (2 scratches	6.8 in	B. Gordke	1.22.2	L. Wilcox	4.40.9	J. Cerulla J. Gerich	7.2	J. Lewis T. Johnson	5'0 4'10	G. Elste 3A (8 1bd.)	31'11 MR	Fitzgerald, Mundle easily won the
	final) 2B	MR	C. Edmunds D. Hessler	1.24.6	G. Wood K. Bergen	4.46.3	SB H. Hopkins	7.5	R. August	4'8	N. Heard I. McDermott	50'9 48'6	50-59 5000 in an exceptional
	2B C. Elste D. Harris	6.6 6.7	D. Katte R. Hocker	1.29.2	E. Vandenheavel		W. Cerulla B. Mills	7.8	T. Langenfeld	5'10 5'6	B. Gilligan	45'2	16:30.0.
1	H. Bushman H. McGee	6.7	H. Schmitt 2A	1.33.9 MR	H. Kopczyk T. Sturak	4.54.4	A. Stillwagon	6.9	E. Zurow J. Judd	5'4	M. Oguss H. Parsons	44'4	"I'm feeling good," Mundle
	J. Johnson	6.8	D. Smith A. Treichel	1.22.6	J. Forrest J. Stayton	4.59.3 5.06.2	N. Bird	7.1	1B D. Richards	NR 5'10	M. Pickl	34'3	said, "for the first time in several
1	J. Jenkin A. Woodhouse	7.0	E. Draugelis	1.31.5	T. Coone	5.11.4 5.14.3		8.2 10.1	K. Hollingswot N. Newton	5'8 -	3B J. York B. Ditweiler	40'1 34'5	years. I'm in good shape and hope
	H. Carter BA	7.2	D. Walsh	1.54.2	K. Buchanen H. Hensley	5.32.5	1B P. Mulkey	7.4	P. Mulkey W. Clark	3'0 4'10	W. Ward W. Pike	33'4 31'8	I can hold it all year long."
	1. Pickl A. Obokata	6.8 6.8	A. Woodhouse	1.32.4	V. Gerzlinger	5.38.7 MR	W. Clark R. Enders	7.5	B. Bailey 2A	4'0 MR	S. Berho K. Ambrose	30'10 28'5	
	R. Steeb	7.9	A. Messinger B. Coughlin	1.36.3	P. Mundle	4.50.0					tes calese o be		
							ZA	MR	S. Hall	5'2	A Compilin	1114	
-	B Konnel	MR	H.Strassenberg P. Bouchar	1.37.0	D. Smith K. Brown	4.36.9	ZA J. Wallace J. Ryan	7.4	J. Wallace D. Botsford	3'0 4'10	R. Connolly	33'4	Noto
1	B. Koppel	6.8 7.1	H.Strassenberg P. Bouchar H. Greenberg 3A	1.37.0 1.41.5 1.44.4	D. Smith K. Brown D. McEwen A. freichel	4.36.9 4.39.3 4.58.9 5.02.8		7.4	J. Wallace D. Botsford E. Drauglis C. Olsen	5'0 4'10 4'6 4'6	4B L. Gregory Women	17'9	Note
		6.8	H.Strassenberg P. Bouchar H. Greenberg <u>JA</u> M. Pickl	1.37.0	D. Smith K. Brown D. McEwen A. Treichel F. Holappa J. Morrow	4.36.9 4.59.3 4.58.9 5.02.8 5.13.6 5.17.9	J. Ryan F. Marr R. Jacobs 2B	7.4 8.4 8.5	J. Wullace D. Botsford E. Draughis C. Olsen F. Marr 2B	3'0 4'10 4'6 4'6 4'6	L. Gregory		
	R. Edwards C. Hills W. Ward	6.8 7.1 7.4	H.Strassenberg P. Bouchar H. Greenberg <u>3A</u> M. Pickl <u>3B</u> H. Koppel	1.37.0 1.41.5 1.44.4 1.47.8 1.40.1	D. Smith K. Brown D. McEwen A. Treichel F. Holappa	4.36.9 4.39.3 4.58.9 5.02.8 5.13.6	J. Ryan F. Marr	7.4 8.4 8.5 8.5	J. Wallace D. Botsford E. Draughis C. Olsen F. Marr	5'0 4'10 4'6 4'6	4B L. Gregory Women SA S.Skerke RELAYS	17'9	There are three addresses to
	R. Edwards L. Hills W. Ward B. Gregory Women SB C.Whitfiel	6.8 7.1 7.4 7.7 11.5 d 7.5	H.Strassenberg P. Bouchar H. Greenberg JA M. Pickl <u>3B</u> H. Koppel S. Monastero	1.37.0 1.41.5 1.44.4 1.47.8 1.40.1 1.44.9	D. Smith K. Brown D. McEwen A. Freichel F. Holappa J. Morrow L. Schneider D. Botsford 2B	4.36.9 4.59.3 4.58.9 5.02.8 5.13.6 5.17.9 5.19.0	J. Ryan F. Marr R. Jacobs <u>2B</u> M. Bushelmann M. McGee <u>3B</u> C. Hills	7.4 8.4 8.5 8.5 8.3	J. Wallace D. Botsford E. Draugelis C. Olsen F. Marr <u>2B</u> G. Elste B. Stewart M. Bushman	3.0 4.10 4.6 4.6 4.6 4.6	-B L. Gregory <u>Women</u> SA S.Skerke <u>RELAYS</u> 880 yd. Div.1 New York Masters	17'9 22'3 s 1:39.3	There are three addresses to keep in mind involving the
	R. Edwards L. Hills W. Ward B. Gregory Women	6.8 7.1 7.4 7.7 11.5 d 7.5 8.6	H.Strassenberg P. Bouchar H. Greenberg JA M. Pickl BE H. Koppel S. Monastero 4B L. Gregory SA	s 1.37.0 1.41.5 1.44.4 1.47.8 1.40.1 1.44.9 2.55.6	D. Smith K. Brown D. McEwen A. freichel F. Holappa J. Morrow L. Schneider D. Botsford 2B D. Greenwood W. Winslow	4.36.9 4.58.9 5.02.8 5.13.6 5.17.9 5.19.0 6.05.7 5.16.1 5.25.1	J. Ryan F. Marr R. Jacobs <u>2B</u> M. Bushelmann M. McGee JB	7.4 8.4 8.5 8.5 8.3 8.8	J. Wallace D. Botsford E. Draugelis C. Olsen F. Marr <u>2B</u> G. Elste B. Stewart M. Bushman <u>3A</u> R. Ganslen	5'0 4'10 4'6 4'6 4'6 4'10 4'8 4'6 4'6	4B       L. Gregory       Women       SA S.Skerke       RELAYS       880 yd. Div.1       New York Mascer       Bohigian-Fine-P       Deere	17'9 22'3 s 1:39.3	There are three addresses to keep in mind involving the Masters Newsletter.
	R. Edwards . Hills W. Ward 4 <u>B</u> L. Gregory <u>Homen</u> SB C.Whitfiel IB S.Taylor IA, C.Coughlin	6.8 7.1 7.4 7.7 11.5 d 7.5 8.6	H.Strassenberg P. Bouchar H. Greenberg JA M. Pickl <u>3B</u> H. Koppel S. Monastero <u>4B</u> L. Gregory <u>5A</u> P. Spangler	s 1.37.0 1.41.5 1.44.4 1.47.8 1.40.1 1.44.9 2.55.6 2.15.3	D. Smith K. Brown D. McEven A. freichel F. Holappa J. Morrow L. Schneider D. Botsford 2B D. Greenwood W. Winslow H. Greenberg D. Geer	4.36.9 4.59.3 4.58.9 5.02.8 5.13.6 5.17.9 5.19.0 6.05.7 5.16.1	J. Ryan F. Marr R. Jacobs <u>2B</u> M. Bushelmann M. McGee <u>3B</u> C. Hills	7.4 8.4 8.5 8.5 8.3 8.8 9.0	J. Wullace D. Botsford E. Draughis C. Olsen F. Marr <u>2B</u> G. Elste B. Stewart M. Bushman <u>3A</u> R. Ganslen M. Pickl	5.0 4.10 4.6 4.6 4.6 4.10 4.8 4.6 4.6 4.6 4.6 3.10	-B       L. Gregory       Women       SA S.Skerke       RELAYS       880 yd. Div.1       New York Master:       Bohigian-Fine-P:       Deere       880 yd. SOr       Ann Arbor Track	17'9 22'3 s 1:39.1 auling- Club	There are three addresses to keep in mind involving the Masters Newsletter. Editorial material should go to
	R. Edwards C. Hills W. Ward B. C. Gregory Women SB C. Whitfiel B S. Taylor IA, C. Coughlin 300 yd. dash	6.8 7.1 7.4 7.7 11.5 d 7.5 8.6 8.2	H.Strassenberg P. Bouchar H. Greenberg JA M. Pickl JB H. Koppel S. Monastero dB L. Gregory SA P. Spangler <u>Women</u> 1B G. Butcher	s 1.37.0 1.41.5 1.44.4 1.47.8 1.40.1 1.44.9 2.55.6	D. Smith K. Brown D. McEven A. freichel F. Holappa J. Morrow L. Schneider D. Botsford 2B D. Greenwood W. Winslow H. Greenberg D. Geer 3A A. Newman	4,36,9 -,39,3 4,58,9 3,02,8 5,13,6 5,17,9 5,19,0 0,05,7 5,16,1 5,25,1 5,29,2 3,46,3 5,33,0	J. Ryan F. Marr R. Jacobs <u>2B</u> M. Bushelmann M. McGee <u>3B</u> C. Hills <u>3A</u> M. Pickl <u>Two Mile Walk</u> <u>SA</u> M. Kraft	7.4 8.4 8.5 8.5 8.3 8.8 9.0 3.4	J. Wullace D. Botsford E. Draughis C. Olsen F. Marr <u>2B</u> G. Elste B. Stewart M. Bushman <u>3A</u> R. Ganslen M. Pickl <u>3B</u> W. Ward C. Hills	5'0 4'10 4'6 4'6 4'6 4'10 4'8 4'6 4'6	-B         L. Gregory <u>Women</u> SA S.Skerke <u>RELAYS</u> <u>880 yd. Div.1</u> New York Master         Bohigian-Fine-P:         Derre <u>880 yd. 50+</u> Ann Arbor Frack         2:05.8 Jenkins-1         Holaffa-Botsford	17'9 22'3 s 1:39.3 suling- Club Wood-	There are three addresses to keep in mind involving the Masters Newsletter. Editorial material should go to Al Sheahen, Editor; 6200 Hazel-
	R. Edwards J. Hills J. Ward HE L. Gregory women SB C. Whitfiel B S. Taylor IA. C.Coughlin 300 yd. dash SA J. Smith J. Marshall	6.8 7.1 7.4 7.7 11.5 d 7.5 8.6 8.2 32.00 32.90	H.Strassenberg P. Bouchar H. Greenberg JA M. Pickl JB H. Koppel S. Monastero <u>4B</u> L. Gregory <u>5A</u> P. Spangler <u>Women</u> 1B G. Butcher 1,000 rd. run SA	<pre>g 1.37.0 1.41.5 1.44.4 1.47.8 1.40.1 1.44.9 2.55.6 2.15.3 1.41.0</pre>	D. Smith K. Brown D. McEwen A. freichel F. Holappa J. Morrow L. Schneider D. Botsford 2B D. Greenwood W. Winslow H. Greenberg D. Geer 3A A. Newman F. Finger D. Johnson	4,36.9 4,58.9 5,02.8 5,13.6 5,17.9 5,19.0 0,05.7 5,16.1 5,25.1 5,29.2 3,40.3 5,33.0 5,48.5 5,56.1	J. Ryan F. Marr R. Jacobs <u>2B</u> M. Bushelmann M. McGee <u>3B</u> C. Hills <u>JA</u> M. Pickl <u>Two Mile Walk</u> <u>SA</u>	7.4 8.4 8.5 8.5 8.3 8.8 9.0 3.4	J. Wullace D. Botsford E. Draugelis C. Olsen F. Marr 2B G. Elste B. Stewart M. Bushman 3A R. Ganslen M. Pickl 3B W. Ward C. Hills 4B L. Geegory	5.0 4.10 4.6 4.6 4.6 4.10 4.8 4.6 4.6 3.10	4B.         L. Gregory         Women         SA S.Skerke         RELAYS         880 yd. Div.1         New York Mascer         Bohigian-Fine-P:         Deere         880 yd. SO+         Ann Arbor Frack         2:05.8 Jenkins-I         Holaffa-Botsford         1 mile relay Dir         New York Mascer         New York Mascer	17'9 22'3 s 1:39.3 auling- Club Wood- 4 v. 1 s 4:00.0	There are three addresses to keep in mind involving the Masters Newsletter. Editorial material should go to Al Sheahen, Editor; 6200 Hazel- tine Ave., Van Nuys, Calif. 91401.
	R. Edwards 2. Hills 4. Ward 48 48 49 50 C.Whitfiel 18 S.Taylor 18 C.Coughlin 300 yd. dash 54 54 55 54 54 54 54 55 54 55 55	6.8 7.1 7.4 7.7 11.5 d 7.5 8.6 8.2 32.00 32.90 33.04 33.11	H.Strassenberg P. Bouchar H. Greenberg JA M. Pickl B H. Koppel S. Monastero 48 L. Gregory SA P. Spangler Women 1B G. Butcher 1,000 yd. run	s 1.37.0 1.41.5 1.44.4 1.47.8 1.40.1 1.44.9 2.55.6 2.15.3	D. Smith K. Brown D. McEven A. freichel F. Holappa J. Morrow L. Schneider D. Botsford 2B D. Greenwood W. Winslow H. Greenberg D. Geer <u>3A</u> A. Newman F. Finger	4.36.9 4.58.9 5.02.8 5.13.6 5.17.9 6.05.7 5.16.1 5.25.1 5.29.2 5.40.3 5.33.0 5.48.5 5.50.1 MR 0.27.1	J. Ryan F. Marr R. Jacobs <u>2B</u> M. Bushelmann M. McGee <u>3B</u> C. Hills <u>3A</u> M. Pickl <u>Two Mile Walk</u> <u>SA</u> M. Kraft R. Loder T. Kraft <u>1A</u>	7.4 8.4 8.5 8.5 8.3 8.8 9.0 3.4 13.50.2 16.15.2	J. Wullace D. Botsford E. Draughis C. Olsen F. Marr <u>2B</u> G. Elste B. Stewart M. Bushman <u>3A</u> R. Ganslen M. Pickl <u>3B</u> W. Ward C. Hills	3.0 4.10 4.6 4.6 4.6 4.6 4.8 4.6 4.8 4.6 4.8 4.6 4.6 3.10 2.8	-B       L. Gregory       Women       SA S.Skerke       RELAYS       880 yd. Div.1       New York Master:       Bohigian-Fine-Pi       Bohigian-Fine-Pi       Bere       880 yd. SOr       Ann Arbor Track       2:05.8 Jenkins-I       Holaffa-Botsford       1 mile relay Dir	17'9 22'3 s 1:39.3 auling- Club Wood- 4 v. 1 s 4:00.0	There are three addresses to keep in mind involving the Masters Newsletter. Editorial material should go to Al Sheahen, Editor; 6200 Hazel- tine Ave., Van Nuys, Calif. 91401. Subscriptions and advertising
	<ul> <li>R. Edwards</li> <li>Hills</li> <li>Ward</li> <li>Ward</li> <li>B</li> <li>Gregory</li> <li>SB C.Whitfiel</li> <li>B S. Taylor</li> <li>Goo yd. dash</li> <li>Marshall</li> <li>Ray</li> <li>Warshall</li> <li>Ray</li> <li>Wright</li> <li>Ya Auker</li> <li>Sevilaqua</li> </ul>	6.8 7.1 7.4 7.7 11.5 d 7.5 8.6 8.2 32.00 32.90 33.04 33.11 34.19 35.50	H.Strassenberg P. Bouchar H. Greenberg JA M. Pickl JB H. Koppel S. Monastero 4B L. Gregory 5A P. Spangler <u>Homen</u> 1B G. Butcher 1,000 yd. run SA G. Carr G. Jenkins R. Van Auker	<pre>g 1.37.0 1.41.5 1.44.4 1.47.8 1.40.1 1.44.9 2.55.6 2.15.3 1.41.0 2.19.32 2.21.64 2.22.01</pre>	D. Smith K. Brown D. McEwen A. Freichel F. Holappa J. Morrow L. Schneider D. Botsford 2B D. Greenwood W. Winslow H. Greenberg D. Geer 3A A. Newman F. Finger D. Johnson 3B S. Monastero 4A	4.36.9 4.39.3 4.58.9 5.02.8 5.13.6 5.17.9 5.19.0 0.05.7 5.16.1 5.25.1 5.29.2 5.40.3 5.33.0 5.48.5 5.56.1 MR	J. Ryan F. Marr R. Jacobs <u>2B</u> M. Bushelmann M. McGee <u>3B</u> C. Hills <u>3A</u> M. Pickl <u>Two Mile Walk</u> <u>SA</u> M. Kraft R. Loder	7.4 8.4 8.5 8.5 8.3 8.8 9.0 3.4 13.50.2 16.15.2 18.17.6 MR	J. Willace D. Botsford E. Draughis C. Olsen F. Marr <u>2B</u> G. Elste B. Stewart M. Bushman <u>3A</u> R. Ganslen M. Pickl <u>3B</u> W. Ward C. Hills <u>4B</u> L. Geegory Women	3.0 4.10 4.6 4.6 4.6 4.6 4.6 4.6 4.6 3.10 4.8 4.6 3.10 4.8 4.6 3.10 2.8 143.2	-B       L. Gregory <u>Women</u> SA S.Skerke <u>RELAYS</u> 880 yd. Div.1       New York Master       Bohigian-Fine-P:       Deere       880 yd. SO+       Ann Arbor Track       2:05.8 Jenkins-1       Nolaffa-Botsford       New York Master       Deere-Fine-Bothgeber	17'9 22'3 s 1:39.3 auling- Club Wood- 4 v. 1 s 4:00.0	There are three addresses to keep in mind involving the Masters Newsletter. Editorial material should go to Al Sheahen, Editor; 6200 Hazel- tine Ave., Van Nuys, Calif. 91401. Subscriptions and advertising material should be sent to
	<ul> <li>R. Edwards</li> <li>Hills</li> <li>Ward</li> <li>B</li> <li>Gregory</li> <li>SB C. Whitfiel</li> <li>BS S. Taylor</li> <li>SA C. Coughlin</li> <li>OO yd. dash</li> <li>SA</li> <li>Smith</li> <li>Marshall</li> <li>Ray</li> <li>Wright</li> <li>Van Auker</li> <li>Sevilaqua</li> <li>Svetkovich SB</li> </ul>	6.8 7.1 7.4 7.7 11.5 d 7.5 8.6 8.2 32.00 32.90 33.04 33.11 34.19 35.50 37.82	H.Strassenberg P. Bouchar H. Greenberg JA M. Pickl JB H. Koppel S. Monastero 4B L. Gregory <u>5A</u> P. Spangler <u>Homen</u> 1B G. Butcher 1.000 yd. run <u>SA</u> G. Car: G. Jenkins R. Van Auker D. Ladd R. Guido	<pre>g 1.37.0 1.41.5 1.44.4 1.47.8 1.40.1 1.44.9 2.55.6 2.15.3 1.41.0 2.19.32 2.21.64 2.22.01 2.23.56 2.24.16</pre>	D. Smith K. Brown D. McEwen A. freichel F. Holappa J. Morrow L. Schneider D. Botsford 2 <u>B</u> D. Greenwood W. Winslow H. Greenberg D. Geer <u>3A</u> A. Newman F. Finger D. Johnson <u>3B</u> S. Monastero <u>4A</u> H. McArdle <u>4B</u>	4.36.9 4.58.9 5.02.8 5.13.6 5.17.9 5.19.0 0.05.7 5.16.1 5.25.1 5.29.2 5.40.3 5.33.0 5.48.5 5.56.1 MR 0.27.1 MR 7.11.1	J. Ryan F. Marr R. Jacobs <u>2B</u> M. Bushelmann M. McGee <u>3B</u> C. Hills <u>3A</u> M. Pickl <u>Two Mile Walk</u> <u>SA</u> M. Kraft R. Loder T. Kraft <u>1A</u> R. Kulik	7.4 8.4 8.5 8.5 8.3 8.8 9.0 3.4 13.50.2 16.15.2 18.17.6 MR 14.13.7	J. Wullace D. Botsford E. Draugelis C. Olsen F. Marr <u>2B</u> G. Elste B. Stewart M. Bushman <u>3A</u> R. Ganslen M. Pickl <u>3B</u> W. Ward C. Hills <u>4B</u> L. Gregory <u>Women</u> SB C. Whitfiel	3.0 4.10 4.6 4.6 4.6 4.6 4.8 4.6 4.8 4.6 4.6 4.8 4.6 4.6 3.10 2.8 143.2 (held	-B       L. Gregory <u>Women</u> SA S.Skerke <u>RELAYS</u> 880 yd. Div.1       New York Master       Bohigian-Fine-P:       Deere       880 yd. SO+       Ann Arbor Track       2:05.8 Jenkins-1       Nolaffa-Botsford       New York Master       Deere-Fine-Bothgeber	17'9 22'3 s 1:39.3 auling- Club Wood- 4 v. 1 s 4:00.0	There are three addresses to keep in mind involving the Masters Newsletter. Editorial material should go to Al Sheahen, Editor; 6200 Hazel- tine Ave., Van Nuys, Calif. 91401. Subscriptions and advertising material should be sent to Masters Newsletter, 102 W.
	A. Edwards I. Hills Ward Ward W. Ward W. Ward W. Ward W. K. Coogery Women SB C.Whitfiell B S.Taijor IA. C.Coughin 300 yd. dash 300 yd. dash 30	6.8 7.1 7.4 7.7 11.5 d 7.5 8.6 8.2 32.00 32.90 33.04 33.11 34.19 35.50	H.Strassenberg P. Bouchar H. Greenberg JA M. Pickl JB H. Koppel S. Monastero dB L. Gregory SA P. Spangler <u>Women</u> 1B G. Butcher 1 <u>000 yd. run</u> SA G. Car: G. Jenkins R. Van Auker D. Ladd R. Guido G. Owings B. Beck	<pre>g 1.37.0 1.41.5 1.44.4 1.47.8 1.40.1 1.44.9 2.55.6 2.15.3 1.41.0 2.19.32 2.21.64 2.22.01 2.23.56</pre>	D. Smith K. Brown D. McEwen A. freichel F. Holappa J. Morrow L. Schneider D. Botsford 2B D. Greenwood W. Winslow H. Greenberg D. Geer 3A A. Newman F. Finger D. Johnson 3B S. Monastero 4A H. McArdle 4B L. Gregory SA	4.36.9 4.58.9 5.02.8 5.13.6 5.17.9 6.05.7 5.16.1 5.25.1 5.29.2 5.40.3 5.33.0 5.48.5 5.56.1 MR 7.11.1 9.04.1	J. Ryan F. Marr R. Jacobs <u>2B</u> M. Bushelmann M. McGee <u>3B</u> C. Hills <u>JA</u> M. Pickl <u>Two Mile Walk</u> <u>SA</u> M. Kraft R. Loder T. Kraft <u>IA</u> R. Kulik G. Bocci <u>IB</u>	7.4 8.4 8.5 8.5 8.3 8.8 9.0 3.4 13.50.2 16.15.2 18.17.6 MR 14.13.7 15.36.3	J. Wullace D. Botsford E. Draughis C. Olsen F. Marr <u>2B</u> G. Elste B. Stewart M. Bushman <u>3A</u> R. Ganslen M. Pickl <u>3B</u> W. Ward C. Hills <u>4B</u> L. Geegory <u>Women</u> SB C. Whitfiel <u>Weight Phrow</u> ( at N'Eastern U J-11-79	5.0 4.10 4.6 4.6 4.6 4.6 4.8 4.6 4.8 4.6 4.8 4.6 4.6 3.10 2.8 1d3.2 (held Jniv.	-B       L. Gregory <u>Women</u> SA S.Skerke <u>RELAYS</u> 880 yd. Div.1       New York Master       Bohigian-Fine-P:       Deere       880 yd. SO+       Ann Arbor Track       2:05.8 Jenkins-1       Nolaffa-Botsford       New York Master       Deere-Fine-Bothgeber	17'9 22'3 s 1:39.3 auling- Club Wood- 4 v. 1 s 4:00.0	There are three addresses to keep in mind involving the Masters Newsletter. Editorial material should go to Al Sheahen, Editor; 6200 Hazel- tine Ave., Van Nuys, Calif. 91401. Subscriptions and advertising material should be sent to Masters Newsletter, 102 W. Water St., Lansford, Pa. 18232.
	<ul> <li>R. Edwards</li> <li>Hills</li> <li>Ward</li> <li>Ward</li> <li>B</li> <li>C. Gregory</li> <li>Johnen</li> <li>SB C.Whitfiel</li> <li>BS J. Taylor</li> <li>SA C. Coughlin</li> <li>DOO yd. dash</li> <li>SA</li> <li>Marshall</li> <li>Ray</li> <li>Wright</li> <li>Wan Auker</li> <li>J. Bevilaqua</li> <li>Svetkovich</li> <li>SB</li> <li>K. Bernard</li> <li>Stanford</li> <li>Ficker</li> </ul>	6.8 7.1 7.4 7.7 11.5 d 7.5 8.6 8.2 32.00 32.90 33.04 33.11 34.19 35.50 37.82 32.88 33.35 33.55	H.Strassenberg P. Bouchar H. Greenberg JA M. Pickl JB H. Koppel S. Monastero dB L. Gregory <u>5A</u> P. Spangler <u>Women</u> IB G. Butcher 1,000 yd. run <u>5A</u> G. Car: G. Jenkins R. Van Auker D. Ladd R. Guido G. Ovings B. Beck <u>SB</u> S. Stewart	<pre>g 1.37.0 1.41.5 1.44.4 1.47.8 1.40.1 1.44.9 2.55.6 2.15.3 1.41.0 2.19.32 2.21.64 2.22.01 2.23.56 2.24.16 2.34.39 2.35.10 2.19.11</pre>	D. Smith K. Brown D. McEwen A. freichel F. Holappa J. Morrow L. Schneider D. Botsford ZB D. Greenwood W. Winslow H. Greenberg D. Geer 3A A. Newman F. Finger D. Johnson 3B S. Monastero 4A H. McArdle 4B L. Gregory 5A F. Spangler Women	4.36.9 5.9.3 4.58.9 5.02.8 5.13.6 5.17.9 5.19.0 0.05.7 5.16.1 5.29.2 5.40.3 5.33.0 5.48.5 5.550.1 MR 0.27.1 MR 7.11.1 9.04.1	J. Ryan F. Marr R. Jacobs <u>2B</u> M. Bushelmann M. McGee <u>3B</u> C. Hills <u>3A</u> M. Pickl <u>Two Mile Walk</u> <u>SA</u> M. Kraft R. Loder T. Kraft <u>1A</u> R. Kulik G. Bocci <u>1B</u> R. Fine <u>2A</u>	7.4 8.4 8.5 8.5 8.3 8.8 9.0 3.4 13.50.2 16.15.2 18.17.6 MR 14.13.7 15.36.3 15.55.1	J. Wullace D. Botsford E. Draughis C. Olsen F. Marr <u>2B</u> G. Elste B. Stewart M. Bushman <u>3A</u> R. Ganslen M. Pickl <u>3B</u> W. Ward C. Hills <u>4B</u> L. Geegory <u>Women</u> SB C. Whitfiel <u>Weight Phrow</u> ( at N'Eastern U J-11-79 <u>SA</u> J. Ackroyd J. Vogler	3.0 4.10 4.6 4.6 4.6 4.6 4.8 4.6 4.8 4.6 4.6 4.8 4.6 4.6 3.10 2.8 143.2 (held	-B       L. Gregory <u>Women</u> SA S.Skerke <u>RELAYS</u> 880 yd. Div.1       New York Master       Bohigian-Fine-P:       Deere       880 yd. SO+       Ann Arbor Track       2:05.8 Jenkins-1       Nolaffa-Botsford       New York Master       Deere-Fine-Bothgeber	17'9 22'3 s 1:39.3 auling- Club Wood- 4 v. 1 s 4:00.0	There are three addresses to keep in mind involving the Masters Newsletter. Editorial material should go to Al Sheahen, Editor; 6200 Hazel- tine Ave., Van Nuys, Calif. 91401. Subscriptions and advertising material should be sent to Masters Newsletter, 102 W. Water St., Lansford, Pa. 18232. Membership dues or renewal of
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	A. Edwards L. Hills J. Ward J. Ward J. Ward J. Gregory Jomen SB C. Whitfiel IS S. Taylor IA C. Coughlin SD J. Association SA J. Smith J. Marshall J. Marshall J. Marshall J. Savilagua F. Svetkovich SB K. Stanford F. Ficker J. Ficker J. Ficker J. Ficker J. Ficker J. Staw G. Summerfiel A. Summerfiel S. Summerfiel	6.8 7.1 7.4 7.7 11.5 d 7.5 8.6 8.2 32.90 33.04 33.11 34.19 35.50 37.82 32.88 33.35 33.55 33.65 34.42 34.64 35.45 38.69 43.92 d 34.40	H.Strassenberg P. Bouchar H. Greenberg JA M. Pickl <u>B</u> H. Koppel S. Monastero <u>d</u> E. Gregory <u>SA</u> P. Spangler <u>Women</u> IB G. Butcher <u>I. Goody</u> G. Carr G. Jenkins R. Van Auker D. Ladd R. Guido G. Ovings B. Beck <u>SB</u> Stewart G. Timberlake J. Demma W. Watterman M. Persak J. Verdier A. Ouiso	<pre>g 1.37.0 1.41.5 1.44.4 1.47.8 1.40.1 1.44.9 2.55.6 2.15.3 1.41.0 2.15.3 1.41.0 2.23.56 2.24.16 2.22.01 2.23.56 2.24.16 2.35.10 2.35.10 2.19.11 2.27.38 2.31.55 2.33.91 2.45.73 AM</pre>	D. Smith K. Brown D. McEwen A. Freichel F. Holappa J. Morrow L. Schneider D. Botsford 2B D. Greenwood W. Winslow H. Greenberg D. Geer 3A A. Newman F. Finger D. Johnson 3B S. Monastero 4A H. McArdle 4B L. Gregury 5A F. Spangler Women SA K. McHarg SB C. Brockman IA K. Holappa IB G. Butcher IB G. Butcher IB G. Sutcher	4.36.9 5.9.3 4.58.9 5.02.8 5.17.9 5.19.0 0.05.7 5.16.1 5.29.2 5.40.3 5.33.0 5.48.5 5.5.50.1 MR 6.27.1 MR 7.11.1 9.04.1 7.04.2 4.59.3 6.05.4 6.15.0 6.03.0 6.27.0	J. Ryan F. Marr R. Jacobs <u>2B</u> M. Bushelmann M. McGee <u>3B</u> C. Hills <u>3A</u> M. Pickl <u>Two Mile Walk</u> <u>SA</u> M. Kraft R. Loder T. Kraft <u>1A</u> R. Kullk G. Bocci <u>1B</u> R. Fine <u>2A</u> R. Mimm <u>3A</u> D. Johnson <u>3B</u> G. Wallace C. Hills <u>4A</u>	7.4 8.4 8.5 8.5 8.3 9.0 3.4 13.50.2 16.15.2 18.17.6 MR 14.13.7 15.36.3 15.55.1 16.15.8 17.56.0 18.38.5 20.53.6	J. Wullace D. Botsford E. Draughis C. Olsen F. Marr 2B G. Elste B. Stewart M. Bushman 3A R. Ganslen M. Pickl 3B W. Ward C. Hills 4B L. Gregory Women SB C. Whitfiel Weight Throw ( at N'E stern U J-11-79 SA J. Ackroyd J. Vogler SB R. Kurnick R. Bury H. Friedman IA	3.0 4.10 4.6 4.6 4.6 4.6 4.6 4.6 4.6 3.10 4.8 4.6 3.10 2.8 1d3.2 (held Jniv. 35, 33, 33, 33, 33, 28, 24,10	-B.         L. Gregory <u>Women</u> SA S.Skerke <u>RELAYS</u> <u>880 yd. Div.1</u> New York Master <u>880 yd. SO+</u> Ann Arbor Track         2:05.8 Jenkins-1         Nolaffa-Botsford         New York Master         Deere-Fine-Bothg         Deere-Fine-Bothg	17'9 22'3 s 1:39.3 auling- Club Wood- 4 v. 1 s 4:00.0	There are three addresses to keep in mind involving the Masters Newsletter. Editorial material should go to Al Sheahen, Editor; 6200 Hazel- tine Ave., Van Nuys, Calif. 91401. Subscriptions and advertising material should be sent to Masters Newsletter, 102 W. Water St., Lansford, Pa. 18232. Membership dues or renewal of memberships in the Masters Sports Association should be sent
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	<ul> <li>R. Edwards</li> <li>Hills</li> <li>Ward</li> <li>Ward</li> <li>B. C. Gregory</li> <li>SB C. Whitfiel</li> <li>B. S. Taylor</li> <li>SB C. Whitfiel</li> <li>B. S. Taylor</li> <li>A. C. Coughlin</li> <li>DO yd. dash</li> <li>SA.</li> <li>Marshall</li> <li>C. Ray</li> <li>Wright</li> <li>M. Van Auker</li> <li>J. Bevilaqua</li> <li>Svetkovich</li> <li>SB</li> <li>K. Bernard</li> <li>Stanford</li> <li>Fitzsimons</li> <li>Ulliams</li> <li>J. Shaw</li> <li>J. Lewis AH</li> <li>G. Summerfiel</li> <li>Pratt</li> </ul>	6.8 7.1 7.4 7.7 11.5 d 7.5 8.6 8.2 32.00 32.90 33.04 33.11 34.19 35.50 37.82 32.88 33.35 33.55 33.65 34.42 35.65 34.64 35.45 38.69 43.92 d 34.40 - 36.60	H.Strassenberg P. Bouchar P. Bouchar H. Greenberg JA M. Pickl <u>3B</u> H. Koppel S. Monastero <u>4B</u> L. Gregory <u>5A</u> P. Spangler <u>Women</u> 1B G. Butcher <u>1,000 yd. run</u> <u>5A</u> G. Garr G. Jenkins R. Van Auker D. Ladd R. Guido G. Ovings B. Stewart G. Timberlake J. Deemma W. Watterman M. Persak J. Vartier A. Ovins J. Brocksmith B. Mayer B. Saddler	<pre>g 1.37.0 1.41.5 1.44.4 1.47.8 1.40.1 1.44.9 2.55.6 2.15.3 1.41.0 2.19.32 2.21.64 2.22.01 2.23.56 2.24.16 2.24.16 2.34.39 2.35.10 2.19.11 2.22.97 2.24.93 2.27.38 2.31.55 2.34.91 2.45.73 MH 2.45.73 MH 2.19.11 2.26.33 2.26.38</pre>	D. Smith K. Brown D. McEwen A. Freichel F. Holappa J. Morrow L. Schneider D. Botsford 2B D. Greenwood W. Winslow H. Greenberg D. Geer 3A A. Newman F. Finger D. Johnson 3B S. Monastero 4A H. McArdle 4B L. Gregory 5A F. Spangler Women SA K. McHarg SB C. Brockman IA K. Holappa IB G. Buccher IB G. Buccher IB G. Buccher IB G. Buccher IB G. Succher IB G. Succher IB G. Succher IB G. Succher IB S. Taylor 2A M. Spaeth Two Mile Run SA (Kupczyk P. Hallop	4.36.9 4.58.9 5.02.8 5.12.6 5.17.9 5.19.0 0.05.7 5.16.1 5.29.2 5.40.3 5.33.0 5.33.0 5.48.5 5.5.6.1 MR 0.27.1 MR 7.11.1 9.04.1 7.04.2 4.59.3 10.05.4 6.15.0 6.00.3 6.33.0 5.27.0 six only) 9.12.2 9.12.7	J. Ryan F. Marr R. Jacobs 2B M. Bushelmann M. McGee <u>JB</u> C. Hills <u>JA</u> M. Pickl <u>Two Mile Walk</u> <u>SA</u> M. Kraft R. Loder T. Kraft <u>IA</u> R. Kulik G. Bocci <u>IB</u> R. Fine <u>ZA</u> R. Mimm <u>JA</u> J. Johnson <u>JB</u> C. Hills <u>A</u> C. Hills <u>A</u> R. Kulik G. Bocci <u>IB</u> R. Fine <u>ZA</u> R. Mimm <u>JA</u> J. Johnson <u>JB</u> C. Hills <u>A</u> R. Cregory <u>Pole Vault</u> <u>SA</u> R. Cook	7.4 8.4 8.5 8.5 8.3 9.0 3.4 13.50.2 16.15.2 18.17.6 MR 14.13.7 15.55.1 16.15.8 17.56.0 18.38.5 20.53.6 20.15.6 21.50.9	J. Wullace D. Botsford E. Draugelis C. Olsen F. Marr 2B G. Elste B. Stewart M. Bushman 3A R. Ganslen M. Pickl 3B W. Ward C. Hills 4 B. Geegory Women SB C. Whitfiel Weight Throw ( at N <sup>+</sup> Eastern U J-11-79 SA J. Ackroyd J. Vogler SB R. Kurnick R. Burv H. Friedman 1A A. Hall K. Krastin	3.0 4.10 4.6 4.6 4.6 4.6 4.6 4.6 4.6 4.6 4.6 4.6	<u>-B</u> L. Gregory <u>Women</u> SA S. Skerke <u>RELAYS</u> <u>880 vd. Div.1</u> New York Mascerr Bohigian-Fine-P. Deere <u>880 vd. 30-</u> Ann Arbor Track 2:05.8 Jenkins-H Kolaffa-Botsforc <u>1 mile relay Dir</u> New York Mascerr Deere-Fine-Bohig Fauling	17'9 22'3 s 1:39.3 suling- Club Wood- 4 4 v. 1 gian-	There are three addresses to keep in mind involving the Masters Newsletter. Editorial material should go to Al Sheahen, Editor; 6200 Hazel- tine Ave., Van Nuys, Calif. 91401. Subscriptions and advertising material should be sent to Masters Newsletter, 102 W. Water St., Lansford, Pa. 18232. Membership dues or renewal of memberships in the Masters Sports Association should be sent to John Popowich, 24-11 23 Ave., Long Island City, N.Y. 11105.
	A. Edwards L. Hills J. Ward J. Ward J. Ward J. Ward J. Gregory J. Gregory J. S. C. Coughin SB C. Whitfiel B. S. Taylow J. Smith J. Smith J. Smith J. Smith J. Smith J. Smith J. Smith J. Smith J. Smith S. Wardhald K. Stanford P. Ficker J. Ficker J. Ficker J. Ficker J. Ficker J. Staw J. Lewis J. Cutt G. Summerfiel D. Pratt B. Lida L. Wilson H. Bohigian C. Pauling	6.8 7.1 7.4 7.7 4 7.7 11.5 d 7.5 8.6 8.6 8.2 32.00 33.04 33.11 34.19 35.30 33.11 34.19 35.30 33.11 34.19 35.30 33.35 33.55 33.65 34.42 35.45 38.69 43.92 d 34.40 34.60 34.60 34.60 35.29 35.29 35.29 35.27 35.67	H.Strassenberg P. Bouchar H. Greenberg JA M. Pickl <u>3B</u> H. Koppel S. Monastero <u>4B</u> L. Gregory <u>5A</u> P. Spangler <u>Homen</u> 1B G. Butcher <u>1,000 yd. run</u> <u>5A</u> G. Gar: G. Jenkins R. Van Auker D. Ladd R. Guido G. Owings B. Beck <u>5B</u> B. Stewart G. Timberlake J. Demma W. Watterman M. Persak J. Verdier A. Owins L. Sucher B. Saddler K. Berggren C. Pauling	<pre>g 1.37.0 1.41.5 1.44.4 1.47.8 1.40.1 1.44.9 2.55.6 2.15.3 1.41.0 2.19.32 2.21.64 2.22.01 2.23.56 2.24.16 2.24.16 2.24.16 2.24.19 2.35.10 2.19.11 2.22.97 2.24.93 2.27.38 2.31.55 2.34.91 2.45.73 MH 2.19.11 2.26.38 2.30.22 2.3.64 2.30.22 2.3.55 2.30.22 2.34.53 2.35.54 2.35.54 2.35.55.55 2.35.55 2.35.55.55 2.35.55.55 2.35.5</pre>	D. Smith K. Brown D. McEven A. freichel F. Holappa J. Morrow L. Schneider D. Botsford 2B D. Greenwood W. Winslow H. Greenberg D. Geer 3A A. Newman F. Finger D. Johnson 3B S. Monastero 4A H. McArdle 4B L. Gregury 5A P. Spangler Women SA K. McHarg SB C. Brockman IA K. Holappa IB G. Buccher IB S. Taylor 2A M. Spaeth Two Mile Run SA(times list s A. Kupczyk P. Hallop C. Ratza C. Koepper	4,36.9 -,39.3 4,58.9 5,02.8 5,13.6 5,17.9 5,19.0 0,05.7 5,16.1 5,25.1 5,29.2 5,40.3 5,33.0 5,33.0 5,48.5 5,56.1 MR 7,11.1 9,04.1 7,04.2 4,59.3 6,05.4 6,15.0 6,00.3 6,33.0 5,27.0 six only) 9,12.2 9,12.7 9,28.0	J. Ryan F. Marr R. Jacobs 2B M. Bushelmann M. McGee <u>3B</u> C. Hills <u>3A</u> M. Pickl <u>Two Mile Walk</u> <u>SA</u> M. Kraft R. Loder T. Kraft <u>1A</u> R. Kulik G. Bocci <u>1B</u> R. Fine <u>2A</u> R. Mimm <u>3A</u> D. Johnson <u>3B</u> C. Hills <u>4A</u> D. Johnson <u>3B</u> C. Hills <u>4B</u> L. Gregory <u>Pole Vault</u> SA	7.4 8.4 8.5 8.5 8.3 9.0 3.4 13.50.2 16.15.2 18.17.6 MR 14.13.7 15.36.3 15.55.1 16.15.8 17.56.0 18.38.5 20.53.6 20.15.6 21.50.9	J. Wullace D. Botsford E. Drauglis C. Olsen F. Marr 2B G. Elste B. Stewart M. Bushman 3A R. Ganslen M. Pickl 3B W. Ward C. Hills 4 B. Geegory Women SB C. Whitfiel Weight Throw ( at N <sup>+</sup> Eastern U J-11-79 SA J. Ackroyd J. Vogler SB R. Kurnick R. Burv H. Friedman 1A A. Hall K. Krastin T. Jackson	3.0 4.10 4.6 4.6 4.6 4.6 4.6 4.6 4.6 4.6 4.6 3.10 4.8 4.6 4.6 3.10 2.8 1d3.2 (held Jniv. 35, 33, 35, 28, 24, 1C 36,9 36,8 31,	-B         L. Gregory <u>Women</u> SA S.Skerke <u>RELAYS</u> <u>880 vd. Div.1</u> New York Mascerr         Bohigian-Fine-P:         Derre <u>880 vd. 30-</u> Ann Arbor Track         2:05.8 Jenkins-1         Holaffa-Botsford         1mie relay Dir         New York Mascerr         Deere-Fine-Bohig         Pauling	17'9 22'3 s 1:39.3 auling- Club Mood- d d v. 1 gian- club s 4:00.0 gian-	There are three addresses to keep in mind involving the Masters Newsletter. Editorial material should go to Al Sheahen, Editor; 6200 Hazel- tine Ave., Van Nuys, Calif. 91401. Subscriptions and advertising material should be sent to Masters Newsletter, 102 W. Water St., Lansford, Pa. 18232. Membership dues or renewal of memberships in the Masters Sports Association should be sent to John Popowich, 24-11 23 Ave., Long Island City, N.Y. 11105.
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	R. Edwards C. Hills Ward Ward Ward Ward Ward Ward Ward Ward SB C.Whitfiel B S.Taylor IA C.Coughin SB C.Whitfiel B S.Taylor Marshall C. Ray Marshall C. Bavilaqua C. Svetkovich S. Bernard R. Stanford R. Stanford R. Stanford C. Fitzsimons D. Hilliams L. King J. Lewis I. Lewis J. Lewis D. Pratt C. Summerfiel D. Pratt D. Pratt L. Wilson H. Bohigian C. Palling L. Warson P. Blackburn I. Gotton	6.8 7.1 7.4 7.7 11.5 d 7.5 8.6 8.2 32.00 32.90 33.04 33.11 34.19 35.50 37.82 32.88 33.35 33.11 35.55 37.82 32.88 33.35 33.65 34.42 34.64 35.45 34.64 35.45 36.69 4.3.92 d 34.40 36.69 35.47 35.67 35.47 35.67 38.11 39.05 40.43 42.30	H.Strassenberg P. Bouchar H. Greenberg JA H. Greenberg JA H. Koppel S. Monastero 48 L. Gregory 5A P. Spangler Women IB G. Butcher 1.000 yd. run SA G. Carr G. Jenkins R. Van Auker D. Ladd R. Guido G. Owings B. Beck SB B. Stewart G. Timberlake J. Deemaa W. Watterman M. Persak J. Verdier A. Owins IA E. Billups J. Brocksmith B. Mayer B. Saddler K. Berggren C. Pauling J. Avery L. Watson IB A. Koprzyk	<pre>g 1.37.0 1.41.5 1.44.4 1.47.8 1.40.1 1.44.9 2.55.6 2.15.3 1.41.0 2.19.32 2.21.64 2.22.01 2.23.56 2.24.16 2.35.10 2.19.11 2.22.97 2.24.93 2.35.10 2.19.11 2.22.97 2.24.93 2.35.50 2.19.11 2.22.97 2.24.93 2.27.38 2.31.55 2.34.91 2.45.73 AM 2.19.11 2.26.33 2.26.38 2.30.22 2.34.78 2.36.73</pre>	D. Smith K. Brown D. McEwen A. freichel F. Holappa J. Morrow L. Schneider D. Greenwood W. Winslow H. Greenberg D. Geer 3A. A. Newman F. Finger D. Johnson 3B. S. Monastero 4A. H. McArdle 4B. L. Gregury 5A. P. Spangler Women SA K. McHarg SB C. Brockman IA K. Holappa 1B S. Taylor 2A M. Spaeth Two Mile Run SA(times list s A. Kupczyk P. Anlop C. Ratza C. Koepper S. Currins G. Benedict M. Collins A. Kifner	4.36.9 5.39.3 4.58.9 5.02.8 5.17.9 5.19.0 0.05.7 5.16.1 5.25.1 5.29.2 3.40.3 5.33.0 5.48.5 5.50.1 MR 0.27.1 MR 7.11.1 9.04.1 7.04.2 4.59.3 1.06.4 6.15.0 6.03.3 6.33.0 5.27.0 six only) 9.12.2 9.28.0 9.34.8	J. Ryan F. Marr R. Jacobs 2B M. Bushelmann M. McGee JB C. Hills JA M. Pickl Two Mile Walk SA M. Kraft R. Loder T. Kraft IA R. Kulik G. Bocci IB R. Fine ZA R. Mimm JA D. Johnson JB G. Wallace C. Hills 4A C. Unreh 4B L. Gregory Pole Vault SA R. Cook J. Green H. Hincheliff SB	7.4 8.4 8.5 8.5 8.3 9.0 3.4 13.50.2 16.15.2 16.15.2 18.17.6 MR 14.13.7 15.55.1 16.15.8 17.56.0 18.38.5 20.53.6 20.15.6 21.50.9	J. Wullace D. Botsford E. Drauglis C. Olsen F. Marr 2B G. Elste B. Stewart M. Bushman 3A R. Ganslen M. Pickl 3B W. Ward C. Hills 4 B. Geegory Women SB C. Whitfiel Weight Throw ( at N <sup>+</sup> Eastern U J-11-79 SA J. Ackroyd J. Vogler SB R. Kurnick R. Burv H. Friedman 1A A. Hall K. Krastin T. Jackson	3.0 4.10 4.6 4.6 4.6 4.6 4.6 4.6 4.6 3.10 2.8 143.2 (held Juiv. 3.5, 3.5, 2.4,10 5,6,9 3,6,8 3,1, 979 ( Sue f	-B L. Gregory <u>Women</u> SA S. Skerke <u>RELAYS</u> <u>880 yd. Div.1</u> New York Master Deere <u>880 yd. 50r</u> Ann Arbor Frack 2:05.8 Jenkins- Holaffa-Botsforc <u>1 mile relay Div</u> New York Master Deere- <u>Fine-Bohi</u> Pauling The Natio USPS 4095 from 102 W	17'9 22'3 s 1:39.3 auling- Club Wood- s 4:00.1 gian- mal Mi 530) is 7. Water	There are three addresses to keep in mind involving the Masters Newsletter. Editorial material should go to Al Sheahen, Editor; 6200 Hazel- tine Ave., Van Nuys, Calif. 91401. Subscriptions and advertising material should be sent to Masters Newsletter, 102 W. Water St., Lansford, Pa. 18232. Membership dues or renewal of memberships in the Masters Sports Association should be sent to John Popowich, 24-11 23 Ave., Long Island City, N.Y. 11105.
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Edmonds	6.8 7.1 7.4 7.4 7.7 11.5 d 7.5 8.6 8.2 32.00 32.90 33.04 33.11 34.19 35.50 37.82 32.88 33.35 33.65 34.42 33.65 34.42 34.64 35.45 34.64 35.45 35.47 35.67 38.11 39.05 40.43 44.39 35.47 35.47 35.47 35.47 35.47 35.47 35.47 35.47 35.47 35.47 35.47 35.47 35.47 35.47 35.47 35.47 35.47 35.47 35.47 35.67 38.11 39.05 40.43 44.39 35.45 35.47 35.67 35.47 35.67 35.47 35.67 35.47 35.67 35.47 35.67 35.47 35.47 35.47 35.47 35.45 35.47 35.45 35.47 35.47 35.45 35.47 35.45 35.45 35.47 35.45 35.45 35.45 35.47 35.47 35.45 35.45 35.45 35.45 35.45 35.45 35.45 35.45 35.47 35.45 35.47 35.45 35.47 35.45 35.55 37.55 37.55 37.55 37.55 37.55 37.55 37.55 37.55 37.55 37.55	H.Straisenberg P. Bouchar P. Bouchar P. Bouchar H. Greenberg JA M. Pickl <u>3B</u> H. Koppel S. Monastero <u>4B</u> C. Gregory <u>5A</u> P. Spangler <u>Homen</u> 1B G. Butcher <u>1,000 yd. run</u> <u>5A</u> C. Gare G. Jonkins R. Van Auker D. Ladd R. Guido G. Owings B. Beck <u>5B</u> B. Stewart G. Timberlake J. Demma W. Watterman M. Persak J. Verdier A. Owins <u>1A</u> E. Billups J. Beroksmith B. Mayer B. Saddler K. Berggren C. Pauling J. Avery L. Watson <u>1B</u> H. Kopczyk J. Hershberge B. Goedke T. Sturak H. Schmitte <u>2A</u> K. Brown D. Smith	<pre>g 1.37.0 1.41.5 1.44.4 1.47.8 1.40.1 1.44.9 2.55.6 2.15.3 1.41.0 2.55.6 2.15.3 1.41.0 2.22.01 2.21.64 2.22.01 2.21.64 2.22.01 2.21.64 2.22.01 2.23.56 2.14.10 2.19.11 2.22.97 2.24.93 2.27.38 2.31.55 2.34.91 2.45.73 MM 2.19.11 2.26.38 2.30.22 2.35.63 8 2.30.22 2.35.63 8 2.35.73 MH 2.35.73 MH 2.35.73 MH 2.35.73 MH 2.35.73 2.40.81 2.35.73 2.40.81 2.35.75 2.50.0 2.51.4 MR 2.35.73 2.50.85 2.36.59 2.40.81 2.35.73 2.40.81 2.35.75 2.50.922 2.51.4 MR 2.32.10 2.33.76</pre>	D. Smith K. Brown D. McEven A. freichel F. Holappa J. Morrow L. Schneider D. Botsford 2B D. Greenwood W. Winslow H. Greenberg D. Geer 3A A. Newman F. Finger D. Johnson 3B S. Monastero 4A H. McArdle 4B L. Gregury 5A P. Spangler Women SA K. McHarg SB C. Brockman IA K. Holappa IB G. Buccher IB S. Taylor 2A M. 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Deere         880 yd. SO-         Ann Arbor Frack         2:05.8         Ann Arbor Frack         Deere-Fine-Bohig         Pauling         Fine Natio         USPS 40955         From 102 W         8232. Subs         est of 14         ncluding pon request.	17'9 22'3 s 1:39.3 auling- Club Mood- 4 y.1 s 4:00.1 stan- tan-	There are three addresses to keep in mind involving the Masters Newsletter. Editorial material should go to Al Sheahen, Editor; 6200 Hazel- tine Ave., Van Nuys, Calif. 91401. Subscriptions and advertising material should be sent to Masters Newsletter, 102 W. Water St., Lansford, Pa. 18232. Membership dues or renewal of memberships in the Masters Sports Association should be sent to John Popowich, 24-11 23 Ave., Long Island City, N.Y. 11105.
	A. Edwards L. Hills J. J. Ward J. Ward J. Gregory Jomen SB C. Whitfiel B. S. Taylor IA. C. Coughlin SB J. B. S. Taylor J. Smith J. Smith J. Smith J. Marshall C. Ray A. Wright A. Wright C. Bernard R. Stanford T. Ficker J. Staw J. Lewis J. Shaw G. Summerfiel D. Pratt B. Lida L. Wilson H. Bohigian C. Pauling L. Watson P. Blackburn T. Rivers T. Cotton B. Springbett B. Goedke G. Gluppe D. Hessler	6.8 7.1 7.4 7.7 4 7.7 11.5 d 7.5 8.6 8.6 8.2 32.90 33.04 33.11 34.19 35.30 33.11 34.19 35.30 33.11 34.19 35.30 33.55 33.65 34.42 34.42 35.45 38.69 43.92 43.92 43.40 34.40 35.45 35.47 35.45 35.	H.Strassenberg P. Bouchar P. Bouchar H. Greenberg JA M. Pickl <u>B</u> H. Koppel S. Monastero <u>AB</u> L. Gregory <u>SA</u> P. Spangler <u>Homen</u> IB G. Butcher <u>Homen</u> IB G. Butcher <u>Lo00 yd. run</u> <u>SA</u> G. Car: G. Jenkins R. Van Auker D. Ladd R. Guido C. Ovings B. Beck <u>SB</u> B. Stewart G. Tinberlake J. Derma W. Watterman W. Watterman M. Persak J. Verdier A. Ovins <u>L.</u> B. Silups J. Brocksmith B. Mayer B. Saddler K. Bergyk J. Hershberge B. Goedke T. Sturak H. Schmitt <u>ZA</u> K. Brown D. Smith A. Freichel L. Schmidder	<pre>g 1.37.0 1.41.5 1.44.4 1.47.8 1.40.1 1.44.9 2.55.6 2.15.3 1.41.0 2.55.6 2.15.3 1.41.0 2.23.56 2.24.16 2.22.0 4.22.0 2.21.64 2.22.0 2.21.64 2.22.0 2.21.64 2.22.0 2.21.64 2.22.0 2.23.56 2.24.16 2.34.39 2.35.10 2.15.3 2.45.73 AM 2.19.11 2.26.33 2.26.38 2.30.22 2.34.78 2.35.638 2.30.278 2.35.638 2.30.278 2.35.73 AM 2.19.11 2.26.33 2.26.38 2.30.278 2.35.73 AM 2.19.11 2.26.33 2.26.38 2.30.278 2.35.73 AM 2.19.11 2.26.35 2.30.278 2.35.73 AM 2.19.11 2.26.35 2.30.278 2.35.73 AM 2.90.278 2.35.73 AM 2.90.278 2.35.73 AM 2.90.278 2.35.73 2.35.73 AM 2.90.278 2.35.73 2.35.73 AM 2.90.278 2.35.73 AM 2.90.278 2.35.73 2.35.73 AM 2.35.73</pre>	D. Smith K. Brown D. McEven A. freichel F. Holappa J. Morrow L. Schneider D. Botsford 2B D. Greenwood W. Winslow H. Greenberg D. Geer 3A A. Newman F. Finger D. Johnson 3B S. Monastero 4A H. McArdle 4B L. Gregury SA C. Brockman IA K. McHarg SB C. Brockman IA K. McHarg SB C. Brockman IA K. McHarg SB C. Brockman IA K. Molappa 1B S. Taylor 2A M. Spath Two Mile Run SA. Kupczyk P. Hallop C. Ratza C. Koepper S. Currins G. Benedict M. Collins A. Rufner B. Leslie J. Kiesling J. Wildt S. Lewark F. Jex B. Stewart L. Faxon	4.36.9 4.38.9 5.02.8 5.12.9 5.12.9 5.14.1 5.25.1 5.29.2 5.40.3 5.33.0 5.48.5 5.56.1 MR 7.11.1 9.04.1 7.04.2 4.59.3 6.05.4 6.15.0 5.27.0 MR 7.11.1 9.04.1 7.04.2 4.59.3 6.33.0 5.27.0 MR 9.12.2 9.12.7 9.26.9 9.28.0 9.38.8	J. Ryan F. Marr R. Jacobs 2B M. Bushelmann M. McGee 3B C. Hills 3A M. Pickl Two Mile Walk SA M. Kraft R. Loder T. Kraft IA R. Kulik G. Bocci 1B R. Fine 2A R. Mimm 3A D. Johnson 3B G. Wallace C. Hills 4A C. Unreh 4B L. Gregory Pole Vault SA R. Cook J. Coren H. Hincheliff SB C. Palhamus B. Murphy Hopkins IA P. Richard H. Donelly P. Mulkey B. Parks ZA	7.4 8.4 8.5 8.5 8.3 8.8 9.0 3.4 13.50.2 16.15.2 16.15.2 18.17.6 MR 13.30.3 15.55.1 16.15.8 17.56.0 18.38.5 20.53.6 20.15.6 21.50.9 13.6 21.50.9 13.6 11.0 14.6 11.0 13.0 12.8 13.0 12.8 13.0 12.8	J. Wullace D. Botsford E. Drauglis C. Olsen F. Marr 2B G. Elste B. Stewart M. Bushman 3A R. Ganslen M. Pickl 3B W. Ward C. Hills 4 B. Geegory Women SB C. Whitfiel Weight Throw ( at N <sup>+</sup> Eastern U J-11-79 SA J. Ackroyd J. Vogler SB R. Kurnick R. Burv H. Friedman 1A A. Hall K. Krastin T. Jackson	3.0 4.10 4.6 4.6 4.6 4.6 4.6 3.10 4.8 4.6 4.6 3.10 2.8 1d3.2 (held Jniv. 33. 33. 33. 33. 33. 33. 33. 33. 33. 3	<ul> <li>-B L. Gregory <u>Women</u> SA S. Skerke</li> <li><u>RELAYS</u> <u>880 vd. Div.1</u> New York Mastern Bohigian-Fine-P. Derre <u>880 vd. 30-</u> Ann Arbor Frack 2:05.8 Jrnack 2:05.8 Jrnack 2:05.8 Jrnack 2:05.8 Jrnack 2:05.8 Jrnack 2:05.8 Jrnack 2:05.8 Jrnack 2:05.8 Jrnack 2:05.8 Jrnack 1:01.8 Jrnack 2:05.8 Jrnack 1:01.8 Jrnack 2:05.8 Jrnack 1:01.8 Jrnack 2:05.8 Jrnack 1:01.8 J</li></ul>	17'9 22'3 s 1:39.1 auling- Club Mood- 4 s 4:00.t gian- s 4:00.t gian- Signal Ma 530) is c. Water scription 979. Si ostage. Subscri address.	There are three addresses to keep in mind involving the Masters Newsletter. Editorial material should go to Al Sheahen, Editor; 6200 Hazel- tine Ave., Van Nuys, Calif. 91401. Subscriptions and advertising material should be sent to Masters Newsletter, 102 W. Water St., Lansford, Pa. 18232. Membership dues or renewal of memberships in the Masters Sports Association should be sent to John Popowich, 24-11 23 Ave., Long Island City, N.Y. 11105.
	<ul> <li>R. Edwards</li> <li>R. Edwards</li> <li>Hills J. Ward</li> <li>Ward J. Ward</li> <li>B. Cregory</li> <li>Jomen</li> <li>SB C. Whitfiel</li> <li>B. S. Taylor</li> <li>I. Smith</li> <li>B. S. Taylor</li> <li>J. Smith</li> <li>Marshall</li> <li>Ray</li> <li>Wright</li> <li>M. Van Auker</li> <li>J. Bevilaqua</li> <li>Stanford</li> <li>Fizzsimons</li> <li>G. Bernard</li> <li>R. Stanford</li> <li>Fizzsimons</li> <li>G. Williams</li> <li>C. King</li> <li>J. Lewis</li> <li>L. Utt</li> <li>King</li> <li>J. Lewis</li> <li>L. Vitson</li> <li>R. Bohfgian</li> <li>Pratt</li> <li>J. Valison</li> <li>R. Bohfgian</li> <li>Pauling</li> <li>L. Vatson</li> <li>Sitaekburn</li> <li>Rivers</li> <li>C. Catcon</li> <li>B. Goedke</li> <li>G. Gluppe</li> <li>Hattek</li> <li>Kattee</li> <li>R. Hocker</li> <li>W. Clark</li> </ul>	6.8 7.1 7.4 7.4 7.7 11.5 d 7.5 8.6 8.2 32.00 32.90 33.04 33.11 34.19 35.50 37.82 32.88 33.35 33.11 35.55 37.82 32.88 33.35 33.65 34.42 34.64 35.45 35.45 36.69 36.42 35.47 35.45 36.60 37.00 37.45 37.52 38.80 38.80 38.80 38.80 39.80 37.33 37.	H.Straisenberg P. Bouchar H. Greenberg JA H. Greenberg JA H. Koppel S. Monastero 48 L. Gregory SA P. Spangler Women IB G. Butcher I. God G. Garr G. Jenkins R. Van Auker D. Ladd R. Guido G. Ovings B. Beck SB B. Stewart G. Timberlake J. Deemaa W. Watterman M. Persak J. Verdier A. Owins IA E. Billups J. Brocksmith B. Mayer B. Saddler K. Berggren C. Pauling J. Avery L. Watson IB Kopczyk J. Hershberge B. Goedke I. Sturak H. Schmitt ZA K. Brown D. Smith A. 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McArdle 4B L. Gregury 5A K. McHarg SB C. Brockman IA K. Holappa IB S. Taylor ZA M. Spaeth Two Mile Run SA K. Kupczyk P. Hallop C. Ratza C. Koepper S. Kupcit M. Collins A. Kufner B. Leslie J. Kiesling J. Wildt S. Lewark F. Jaxon D. Wiln S. Stewart L. Faxon D. Winn	4.36.9 4.38.9 5.02.8 5.102.8 5.17.9 5.17.9 5.19.0 6.05.7 5.16.1 5.25.1 5.29.2 5.46.3 5.33.0 5.48.5 5.56.1 MR 7.11.1 9.04.1 7.04.2 4.59.3 6.05.4 6.15.0 6.03.0 6.27.0 site only 9.12.2 9.12.7 9.28.9 9.24.0 9.34.8 9.47.2 9.18.0 9.38.8 10.07.2 10.32.9	J. Ryan F. Marr R. Jacobs 2B M. Bushelmann M. McGee 3B C. Hills 3A M. Pickl Two Mile Walk SA M. Kraft R. Loder T. Kraft IA R. Kullk G. Bocci 1B R. Fine 2A R. Mimm 3A D. Johnson 3B G. Wallace C. Hills 4A C. Unreh 4B C. Gregory Pole Vault SA R. Cook J. Green H. Hincheliff SB C. Palhamus B. Murphy Hopkins 1A P. Richard H. Davenport E. Zarrow 1B J. Donelly P. Mulkey B. Pirks 2A M. Schoon JA	7.4 8.4 8.5 8.5 8.3 8.8 9.0 3.4 13.50.2 16.15.2 16.15.2 18.17.6 MR 14.13.7 15.36.3 15.55.1 16.15.8 17.56.0 18.38.5 20.53.6 20.15.6 21.50.9 13.6 12.8 11.0 14.6 11.6 13.0 12.8 13.0 12.8 13.0 12.8 13.0 12.8 13.0 12.8 13.0 12.8 13.0 12.8	J. Wullace D. Botsford E. Drauglis C. Olsen F. Marr 2B G. Elste B. Stewart M. Bushman 3A R. Ganslen M. Pickl 3B W. Ward C. Hills 4 B. Geegory Women SB C. Whitfiel Weight Throw ( at N <sup>+</sup> Eastern U J-11-79 SA J. Ackroyd J. Vogler SB R. Kurnick R. Burv H. Friedman 1A A. Hall K. Krastin T. Jackson	3.0 4.10 4.6 4.6 4.6 4.6 3.10 4.8 4.6 3.10 4.4 4.6 2.8 1d3.2 (held Juiv. 35, 35, 35, 35, 24,10 4.6 3.10 4.7 4.6 3.10 4.7 4.6 3.10 4.7 4.6 3.10 4.7 4.6 3.10 4.7 4.7 4.7 4.7 4.7 5 5 5 5 5 5 7 5 7 5 7 7 7 7 7 7 7 7 7	-B         L. Gregory         Women         SA S.Skerke         RELAYS         880 vd. Div.1         New York Mascerr         Bohigian-Fine-P:         Derre         880 vd. Job         Ann Arbor Track         2105.8 Jenkina-1         New York Mascerr         Detre         880 vd. Job         Ann Arbor Track         2105.8 Jenkina-1         New York Mascerr         Deere-Fine-Bohig         Pauling         From 102 W         8232. Subs         est of 10         ncluding pon request.         he above an aterial to	17'9 22'3 s 1:39.1 auling- Club brood- d y.1 gian- Club address address. Al Shea	There are three addresses to keep in mind involving the Masters Newsletter. Editorial material should go to Al Sheahen, Editor; 6200 Hazel- tine Ave., Van Nuys, Calif. 91401. Subscriptions and advertising material should be sent to Masters Newsletter, 102 W. Water St., Lansford, Pa. 18232. Membership dues or renewal of memberships in the Masters Sports Association should be sent to John Popowich, 24-11 23 Ave., Long Island City, N.Y. 11105.
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Jackson	3.0 4.10 4.6 4.6 4.6 4.6 4.6 4.6 4.6 4.6	-B         L. Gregory         Women         SA S.Skerke         RELAYS         880 vd. Div.1         New York Mascerr         Bohigian-Fine-P:         Derre         880 vd. Job         Ann Arbor Frack         2105.8 Jenkina-1         New York Mascerr         New York Mascerr         Derre         980 vd. Job         Ann Arbor Frack         2105.8 Jenkina-1         New York Mascerr         Deere-Fine-Bohig         Pauling         From 102 W         8232. Subs         est of 1 <sup>th</sup> ncluding p         on request.         he above a         material to         Hazeltine         91401.	17'9 22'3 s 1:39.1 auling- Club blood- d s 4:00:t glan- s 4:00:t glan- Solution glan- Solution Solutio	There are three addresses to keep in mind involving the Masters Newsletter. Editorial material should go to Al Sheahen, Editor; 6200 Hazel- tine Ave., Van Nuys, Calif. 91401. 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	R. Edwards C. Hills J. Ward J. Ward J. Ward J. Ward J. Ward J. Gregory Jomen SB C. Whitfiel B. S. Taylor J. Smith S. J. L. S. Taylor J. Smith J. Smith J. Smith J. Save J. Serkory J. Stave J. Stave	6.8 7.1 7.4 7.7 11.5 d 7.5 8.6 8.2 32.00 32.90 33.04 33.11 34.19 35.50 37.82 32.88 33.35 33.55 33.65 34.42 34.64 35.45 38.69 43.92 d 34.40 36.65 35.47 35.67 38.11 39.05 40.43 42.30 MR 33.99 35.47 35.67 38.11 39.05 40.43 42.30 MR 33.99 35.45 35.67 38.11 39.05 40.43 42.30 MR 33.99 35.45 35.66 37.00 37.45 37.52 38.80 38.82 39.13 40.44 40.71	H.Straisenberg P. Bouchar H. Greenberg JA H. Greenberg JA H. Koppel S. Monastero 48 L. Gregory SA P. Spangler Women IB G. Butcher I. God yd. run SA G. Carr G. Jenkins R. Van Auker D. Ladd R. Guido G. Ovings B. Beck SB B. Stewart G. Timberlake J. Demma W. Watterman M. Persak J. Verdier A. Ovins IA E. Billups J. Brocksmith B. Mayer B. Saddler K. Berggren C. Pauling J. Avery L. Watson IB H. Kopczyk J. Hershbergg B. Goedke I. Sturak H. Schmitt ZA K. Brown D. Smith A. Ireichel L. Schnéider M. Greenberg D. Greenwood	<pre>g 1.37.0 1.41.5 1.44.4 1.47.8 1.40.1 1.44.9 2.55.6 2.15.3 1.44.9 2.55.6 2.15.3 1.41.0 2.19.32 2.21.64 2.22.01 2.23.56 2.24.16 2.34.39 2.35.10 2.19.11 2.22.97 2.24.93 2.27.38 2.31.55 2.34.91 2.25.510 2.19.11 2.22.97 2.24.93 2.27.38 2.31.55 2.34.91 2.25.30 2.25.373 2.40.81 2.25.31.76 2.35.73 2.40.81 2.35.73 2.40.81 2.35.73 2.40.81 2.35.73 2.40.81 2.35.73 2.40.81 2.35.73 2.40.81 2.35.73 2.40.81 2.35.73 2.40.81 2.35.73 2.40.81 2.35.73 2.40.92 2.40.52 2.40.59 2.55.85 2.55.85 2.55.85 2.55.97 MR 2.40.50 2.55.82 2.5</pre>	D. Smith K. Brown D. McEven A. freichel F. Holappa J. Morrow L. Schneider D. Botsford 2B D. Greenwood W. Winslow H. Greenberg D. Geer 3A A. Newman F. Finger D. Johnson 3B S. Monastero 4A H. McArdle 4B L. Gregory 5A P. Spangler Women SA K. McHarg SB C. Brockman IA K. Holappa 1B G. Buccher 1B S. Currins G. Benedict M. Collins A. Ruffner B. Stewart L. Faxon D. Winn J. Jorosinski J. Schooler G. Larson IA. Wilcox	4.36.9 4.38.9 5.02.8 5.02.8 5.17.9 5.19.0 0.05.7 5.16.1 5.25.1 5.29.2 3.40.3 5.33.0 5.48.5 5.56.1 MR 7.11.1 9.04.1 7.04.2 4.59.3 6.03.6 6.00.3 6.33.0 0.27.0 six only] 9.12.7 9.26.9 9.34.8 9.47.2 9.18.0 9.38.8 10.07.2 10.32.9 10.39.0 11.21.0	J. Ryan F. Marr R. Jacobs 2B M. Bushelmann M. McGee 3B C. Hills 1A M. Pickl Two Mile Walk SA M. Kraft R. Loder T. Kraft IA R. Kulik G. Bocci 1B R. Fine 2A R. Mimm JA D. Johnson 3B C. Hills 4A C. Unreh 4B L. Gregory Pole Vault SA C. Jonreh 4B L. Gregory Pole Vault SA C. Jonehly P. Richard H. Davenport E. Zarrow 13 J. Donelly P. Mikey B. Parks 2A R. Ganzlen 3A R. Ganzlen	7.4 8.4 8.5 8.5 8.3 8.8 9.0 3.4 13.50.2 16.15.2 18.17.6 MR 13.50.3 15.55.1 16.15.8 17.56.0 18.38.5 20.53.6 20.15.6 21.50.9 13°6 12°8 11°0 14.6 11°0 13°0 12°8 13°0 12°8 13°0 12°8 13°0 12°8 13°0 12°8 13°0 12°8 13°0 12°8	J. Wullace D. Botsford E. Drauglis C. Olsen F. Marr 2B G. Elste B. Stewart M. Bushman 3A R. Ganslen M. Pickl 3B W. Ward C. Hills 4 B. Geegory Women SB C. Whitfiel Weight Throw ( at N <sup>+</sup> Eastern U J-11-79 SA J. Ackroyd J. Vogler SB R. Kurnick R. Burv H. Friedman 1A A. Hall K. Krastin T. Jackson	3.0 4.10 4.6 4.6 4.6 4.6 4.6 4.6 4.6 4.6	<ul> <li>-B L. Gregory <u>Women</u> SA S. Skerke</li> <li><u>PELAYS</u> <u>880 vd. Div.1</u> New York Mascer- Bohigian-Fine-P: Deere <u>880 vd. 30-</u> Ann Arbor Track 2:05.8 Jonkins Holaffa-Botsford <u>1 mile relay Div</u> New York Mascer Deere-Fine-Bohig Pauling</li> <li>The Natio USPS 40955 from 102 W 8232. Subse est of 19 ncluding pon request. the above a material to Hazeltine 01401.</li> </ul>	17'9 22'3 s 1: 39.1 auling- Club wood- d s 4:00:t gian- f s 4:00:t gian- Subscri address. Al Shea Ave., M	There are three addresses to keep in mind involving the Masters Newsletter. Editorial material should go to Al Sheahen, Editor; 6200 Hazel- tine Ave., Van Nuys, Calif. 91401. Subscriptions and advertising material should be sent to Masters Newsletter, 102 W. Water St., Lansford, Pa. 18232. Membership dues or renewal of memberships in the Masters Sports Association should be sent to John Popowich, 24-11 23 Ave., Long Island City, N.Y. 11105.
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Gregory <u>5A</u> P. Spangler <u>Women</u> IB G. Butcher <u>1,000 yd. run</u> <u>5A</u> C. Gregory <u>5A</u> C. Jenkins R. Van Auker D. Ladd R. Guido G. Owings B. Beck <u>5B</u> B. Stewart G. Timberlake J. Demma W. Watterman M. Persak J. Verdier A. Owins <u>1A</u> E. Billups J. Stewart G. Fauling J. Avery L. Watson <u>1B</u> H. Kopczyk J. Hershberge B. Goedke I. Sturak H. Schwitte <u>2A</u> K. Brown D. Smith A. Ireichel L. Schreider J. Morrow L. Barnes <u>B</u>	<pre>G 1.37.0 1.41.5 1.44.4 1.47.8 1.40.1 1.44.9 2.55.6 2.15.3 1.41.0 2.55.6 2.15.3 1.41.0 2.19.32 2.21.64 2.22.01 2.23.56 2.23.56 2.24.16 2.24.16 2.24.16 2.24.16 2.24.16 2.24.16 2.24.19 2.35.10 2.19.11 2.22.97 2.24.93 2.27.38 2.31.55 2.34.91 2.45.73 MM 2.19.11 2.26.38 2.30.22 2.35.65 8 2.30.22 2.35.65 8 2.35.73 MR 2.35.73 2.40.85 2.35.73 2.40.85 2.35.73 2.40.85 2.35.73 MR 2.35.73 2.40.85 2.35.72 2.40.85 2.35.72 2.40.85 2.35.72 2.40.85 2.35.72 2.40.85 2.35.72 2.40.85 2.35.72 2.40.85 2.35.72 2.40.85 2.35.72 2.40.85 2.35.72 2.40.85 2.35.72 2.40.85 2.35.72 2.40.85 2.55.22 2.35.72 2.40.85 2.55.22 2.30.05 2.55.22 2.55.25 2.55.5</pre>	D. Smith K. Brown D. McEven A. freichel F. Holappa J. Morrow L. Schneider D. Botsford 2B D. Greenwood W. Winslow H. Greenberg D. Geer 3A A. Newman F. Finger D. Johnson 3B S. Monastero 4A H. McArdle 4B L. Gregury 5A E. Spangler Lomen SA K. McHarg SB C. Brockman IA K. Holappa 1B S. Taylor 2A M. Spaeth Two Mile Run SA(times lst s A. Rufrer B. Staver E. Logrey P. Hallop C. Ratza C. Koepper S. Currins G. Benedict M. Collins A. Ruffner B. Leslie J. Kiesling J. Wildt S. Lewark F. Jex J. Hiler S. Staver L. Faxon D. Winn J. Jorosinski J. Skaiski D. Schooler G. Larson L. Wilcon	4.36.9 4.38.9 5.02.8 5.12.6 5.17.9 5.19.0 6.05.7 5.16.1 5.25.1 5.29.2 5.40.3 5.33.0 5.48.5 5.5.6.1 MR 7.11.1 9.04.1 7.04.2 4.59.3 6.05.4 6.15.0 6.00.3 6.33.0 5.27.0 41.5 9.12.2 9.12.7 9.22.9 9.28.0 9.34.8 9.47.2 9.18.0 9.34.8 10.07.2 10.32.9 10.39.0 11.21.0 12.04.1 9.38.0 9.58.0 9.58.0 9.58.0 9.58.0 9.58.0 9.58.0	J. Ryan F. Marr R. Jacobs 2B M. Bushelmann M. McGee 3B C. Hills 3A M. Pickl Two Mile Walk SA M. Kraft R. Loder T. Kraft 1A R. Kulik G. Bocci 1B R. Fine 2A R. Mimm 3A D. Johnson 3B C. Wallace C. Hills 4A D. Johnson 3B C. Wallace C. Hills 4A D. Johnson 3B C. Wallace C. Hills 4A D. Johnson 3B C. Wallace C. Hills 4A R. Cook J. Gregory Pole Vault SA R. Cook J. Gregory Pole Vault SA R. Cook J. Green H. Hincheliff SB C. Palhamus B. Murphy Hopkins 1A P. Richard H. Davenport E. Zarrow 1B J. Donelly P. Mikey B. Parks 2A R. Gazlen 3B S. Berho C. Hills	7.4 8.4 8.5 8.5 8.3 8.8 9.0 3.4 13.50.2 16.15.2 18.17.6 MR 14.13.7 15.36.3 15.55.1 16.15.8 17.56.0 18.38.5 20.53.6 20.15.6 21.50.9 13.6 21.50.9 14.6 11.50.9 14.6 11.50.9 14.6 11.50.9 15.5 20.53.6 21.50.9 15.5 20.53.6 21.50.9 15.5 20.53.6 21.50.9 15.5 20.53.6 21.50.9 15.5 20.53.6 21.50.9 14.6 21.50.9 15.6 21.50.9 14.6 15.6 21.50.9 14.6 15.6 21.50.9 14.6 15.6 21.50.9 14.6 15.6 21.50.9 14.6 15.6 21.50.9 14.6 15.6 21.50.9 14.6 15.6 21.50.9 14.6 15.6 21.50.9 14.6 15.6 21.50.9 14.6 15.6 21.50.9 14.6 11.0 15.6 21.50.9 14.6 11.0 15.6 21.50.9 14.6 11.0 15.6 21.50.9 14.6 11.0 15.6 21.50.9 14.6 11.0 15.6 21.50.9 14.6 11.0 15.6 21.50.9 14.6 11.0 15.7 15.7 15.7 15.7 15.7 15.7 15.7 15.7	J. Wullace D. Botsford E. Drauglis C. Olsen F. Marr 2B G. Elste B. Ecsewart M. Bushman 3A B. Canslen M. Pickl 3B W. Ward C. Hills 4 B. Geegory Women SB C. Whitfiel Weight Throw ( at N'Eastern U J-11-79 SA J. Ackroyd J. Vogler SB R. Kurnick R. Burv H. Friedman 1A A. Hall K. Krastin T. Jackson	3.0 4.10 4.6 4.6 4.6 4.6 4.6 4.6 4.6 4.6	<ul> <li>-B L. Gregory <u>Women</u> SA S. Skerke</li> <li><u>PELAYS</u> <u>880 vd. Div.1</u> New York Mascer- Bohigian-Fine-P: Deere <u>880 vd. 30-</u> Ann Arbor Track 2:05.8 Jonkins Holaffa-Botsford <u>1 mile relay Div</u> New York Mascer Deere-Fine-Bohig Pauling</li> <li>The Natio USPS 40955 from 102 W 8232. Subse est of 19 ncluding pon request. the above a material to Hazeltine 01401.</li> </ul>	17'9 22'3 s 1: 39.1 auling- Club wood- d s 4:00:t gian- f s 4:00:t gian- Subscri address. Al Shea Ave., M	There are three addresses to keep in mind involving the Masters Newsletter. Editorial material should go to Al Sheahen, Editor; 6200 Hazel- tine Ave., Van Nuys, Calif. 91401. Subscriptions and advertising material should be sent to Masters Newsletter, 102 W. Water St., Lansford, Pa. 18232. 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Long Jump		Weight Throw	
34	21	1B I. Black	43'8
H. Anderson G. Marshall	20'11	L. Olson P. Meyer	43*3 38*4
L. Long D. Quimey W. Cadogan	20'3	P. Cartensen	34.9
SB	18'1.5	ZA B. Backus	37"
B. Iaylor	21'0 20'2.5	S. Mazzocca 28	21-11
K Vener	19'8	D. Batchelor G. Battick	33' 29'3
J. Lewis	18'0	11 /1511. 1	
C. Polhamus R. August	17'3 16'9	JA (25105.) I. McDermott W. Gilligin	-8'1 -1'5
E. King	16'0	H. Parsons	35'10
14	13'1	3B (25 lbs. B. Detweiler	31'3
P. Richard R. Stillwagon	19'6 18'0.5	W. Pike HA (2) lbs.	22.10
H. Bohigian	17'8	R. Connolly	25'0
R. Deere Mar	17'6	Shot Put - Due	toa
15 R. Enders P. Lehmkuhl	18'11.5	mixup this even held both in A	nn Arbor
	18'4 16'7	a N'Wastern. () ire the combin	N). These
P. Mulkey K. Buchanen	13'11.75		
B. Bailey J. Graham	13'2.5	A. Gontounik	45'11
ZA J. Ryan	15'4	J. Vogler J. Ackroyd	37'11 37'6
R. Jacobs	15'3	N. Bowles	30'11 33'0
D. Botsford F. Marr	14'9 14'0	J. Green SB	
C. Olsen	12'2	R. Kurnick B. Dunn	42'0
J. Johnson	17'8	B. Murphy H. Friedman	36'11 33'6
J. Johnson M. Bushman H. Carter	14111.5	J. Lewis	30'0
M. McGee T. Woodard	13'2 10'9	LA C. Klehm	38'9
34		R. Deere B. Kruse	37'6
M. Pickl R. Ganslen A. Obokata	13'0.25	f. Jackson	36'3 34'4
A. Obokata S. Sorlien	14'11.5	K. Krastin H. Bohigian	32'1 31'6
38	13'2	L. Olson	41'3
C. Hills S. Berho	12'9.3	H. Fairweather	40'2
W. Ward 4B	11'7	P. Mulkey E. Paasomben	38'7 34'9
L. Gregory	6'9	R. Cartensen J. Scott	34'4
Women SB C. Brockman SB C. Whitfield	13'3	J. Scott P. Mayer	31 ° 2 27 ° 1
SB C. Whitfield	12'0.5	B. Bailey 2A	
High Jump		J. Ulam S. Mazzocca	35'3 32'8
High Jump R. Purdom H. Anderson	6'9 6'2	S. Mazzocca	
High Jump R. Purdom H. Anderson H. Hincheliff		S. Mazzocca Shot Put	32'8
High Jump R. Purdom H. Anderson H. Hincheliff D. Quivey	6'2 5'10 5'6	S. Mazzocca Shot Put 2B W. Walmrath	32'8 MR 46'
High Jump R. Purdom H. Anderson H. Hincheliff D. Quivey SB A. Littlejohn B. Murphy	6'2 5'10 5'6 6'0 5'2	S. Mazzocca <u>Shot Put</u> <u>ZB</u> W. Walmrath D. Batchelor G. Battick	32'8 MR 46' 34'11 33'5
High Jump R. Purdom H. Anderson H. Hincheliff D. Quivey <u>SB</u> A. Littlejohn B. Murphy C. Polhamus J. Lewis	6'2 5'10 5'6 6'0 5'2 5'0 5'0	S. Mazzocca <u>Shot Put</u> <u>ZB</u> W. Walmrath D. Batchelor G. Battick M. Buschman G. Elste	32'8 MR 46' 34'11 33'5 32'9 31'11
High Jump R. Pardom H. Anderson H. Hinchelfff D. Quivey <u>SB</u> A. Littlejohn B. Murphy C. Polhamus J. Lewis T. Johnson R. August	6'2 5'10 5'6 6'0 5'2	S. Mazzocca <u>Shoc Put</u> <u>ZB</u> W. Walmrath D. Batchelor G. Battick M. Buschman G. Elste JA (8 1bd.)	32'8 MR 46' 34'11 33'5 32'9 31'11 MR 50'9
High Jump R. Pardom H. Anderson H. Hinchelfff D. Quivey <u>SB</u> A. Littlejohn B. Murphy C. Polhamus J. Lewis T. Johnson R. August	6'2 5'10 5'6 6'0 5'2 5'0 5'0 4'10 4'8	S. Mazzocca Shot Put ZB W. Walmrath D. Batchelor G. Battick M. Buachman G. Elste <u>3A</u> (8 1bd.) N. Heard T. McDermott	32'8 MR 46' 34'11 33'5 32'9 31'11 MR 50'9 48'6
High Jump R. Pardom H. Anderson H. Hincheliff D. Quivey <u>SB</u> A. Littlejohn B. Murphy C. Polhamus J. Lewis T. Johnson R. August <u>IA</u> T. Langenfeld E. Zurow	6'2 5'10 5'6 6'0 5'2 5'0 5'0 4'10 4'8 5'10 5'6	S. Mazzocca <u>Shot Put</u> <u>ZB</u> W. Walmrath D. Batchelor G. Battick M. Buschman G. Elste <u>3A</u> (8 1bd.) N. Heard T. McDermott B. Gilligan M. Oguss	32'8 MR 46' 34'11 33'5 32'9 31'11 MR 50'9 48'6 45'2 44'4
High Jump R. Pardom H. Anderson H. Hincheliff D. Quivey <u>SB</u> A. Littlejohn B. Murphy C. Polhamus J. Lewis T. Johnson R. August <u>IA</u> T. Langenfeld E. Zurow J. Judd IB	6'2 5'10 5'6 6'0 5'2 5'0 5'0 5'0 4'10 4'8 5'10 5'6 5'4 NR	S. Mazzocca <u>Shot Put</u> <u>ZB</u> W. Walmrath D. Batchelor G. Battick M. Buschman G. Elste <u>3A</u> (8 lbd.) N. Heard T. McDermott B. Gilligan M. Oguss H. Parsons M. Pickl	32'8 MR 46' 34'11 33'5 32'9 31'11 MR 50'9 48'6 45'2
High Jump R. Purdom H. Anderson H. Hinchellff D. Quivey SB A. Littlejohn B. Murphy C. Polhamus J. Levis T. Johnson R. August IA T. Lungenfeld E. Zurow J. Judd IB D. Richards K. Hollingswort	6'2 5'10 5'6 6'0 5'2 5'0 5'0 4'10 4'8 5'10 5'6 5'4 NR 5'10 5'10 5'10	S. Mazzocca <u>Shot Put</u> <u>ZB</u> W. Walmrath D. Batchelor G. Battick M. Buschman G. Elste <u>3A</u> (8 lbd.) N. Heard T. McDermott B. Gilligan M. Oguss H. Parsons M. Pickl	32'8 MR 46' 34'11 33'5 32'9 31'11 MR 50'9 48'6 45'2 44'4 45'2 44'4 41'7 34'3
High Jump R. Pardom H. Anderson H. Hincheliff D. Quivey <u>BB</u> A. Littlejohn B. Murphy C. Polhamus J. Lewis T. Johnson R. August <u>IA</u> T. Langenfeld E. Zurow J. Judd <u>IB</u> D. Richards K. Hollingsword	6'2 5'6 6'0 5'2 5'0 5'0 5'0 5'0 5'0 5'0 5'0 5'0 5'0 5'6 5'4 NR 5'10 5'6 5'10 5'6	S. Mazzocca <u>Shot Put</u> <u>ZB</u> W. Walmrath D. Batchelor G. Battick M. Buschman G. Elste <u>3A</u> (8 1b4.) N. Heard I. McDermott B. Gilligan M. Pguss H. Parsons M. Pickl <u>3B</u> J. York B. Ditweiler	32'8 MR 46' 34'11 33'5 32'9 31'11 MR 50'9 48'6 45'2 44'4 41'7 34'3 34'1 34'5
High Jump R. Purdom H. Anderson H. Hincheliff D. Quivey <u>SB</u> A. Littlejohn B. Murphy C. Polhamus J. Lewis T. Johnson R. August <u>IA</u> T. Langenfeld E. Zurow J. Judd <u>IB</u> D. Richards K. Hollingswort N. Newton P. Mulkey W. Clark	6'2 3'10 5'6 6'0 5'2 5'0 4'10 4'8 5'10 5'6 5'4 NR 5'10 5'6 5'4 NR 5'10 5'8 5'10 5'6 5'4 NR 5'10 5'8	S. Mazzocca Shot Put 2B W. Walmrath D. Batchelor G. Battlek M. Buachman G. Elste <u>3A</u> (8 1bd.) N. Heard I. McDermott B. Gilligan M. Oguss M. Pickl <u>3B</u> J. York B. Ditweiler W. Wrdk W. Pike	32'8 MR 46' 34'11 33'5 32'9 31'11 MR 50'9 31'11 MR 50'9 43'2 48'6 43'2 48'6 43'2 44'4 41'7 34'3 40'1 34'3 33'4 33'8
High Jump R. Purdom H. Anderson H. Hincheliff D. Quivey <u>SB</u> A. Littlejohn B. Murphy C. Polhamus J. Lewis T. Johnson R. August <u>IA</u> T. Langenfeld E. Zurow J. Judd <u>IB</u> D. Richards K. Hollingswort N. Newton P. Mulkey W. Clark S. Bailey	6'2 3'10 5'6 6'0 5'2 5'0 4'10 4'8 5'10 3'6 3'4 HR 5'10 5'10 5'10 5'10 5'10 5'10 5'10 5'10	S. Mazzocca <u>Shot Put</u> <u>ZB</u> W. Walmrath D. Batchelor G. Battick M. Buschman G. Elste <u>3A</u> (8 1bd.) N. Heard T. NcDermott B. Gilligan M. Pickl <u>3B</u> J. York B. Ditweiler W. Ward W. Pike S. Berho	32'8 MR 46' 34'11 33'5 32'9 31'11 MR 50'9 48'6 44'4 41'7 34'5 34'5 33'4
High Jump R. Pardom H. Anderson H. Hinchelfff D. Quivey <u>SB</u> A. Littlejohn B. Murphy C. Polhamus J. Lewis T. Johnson R. August <u>IA</u> T. Langenfeld E. Zurow J. Judd <u>IB</u> D. Richards K. Hollingswort N. Newton P. Mulkey W. Clark S. Bailey <u>ZA</u> S. Hall J. Wallace	6'2 5'10 5'6 6'0 5'2 5'0 4'10 4'8 5'10 5'6 5'4 8'5'10 5'10 5'10 5'10 5'10 5'10 5'10 5'10	S. Mazzocca Shot Put 2B W. Walmrath D. Batchelor G. Battick M. Buachman G. Elste <u>3A</u> (8 lbd.) N. Heard T. McDermott B. Gilligan M. Oguss M. Pickl <u>3B</u> J. York B. Ditweiler W. Wrdt W. Pike S. Berho K. Ambrose <u>4A</u>	32'8 MR 46' 34'11 33'5 32'9 31'11 MR 50'9 31'11 MR 50'9 48'6 45'2 44'4 41'7 34'3 40'1 34'3 31'8 30'10 28'5
High Jump R. Pardom H. Anderson H. Hincheliff D. Quivey <u>BB</u> A. Littlejohn B. Murphy C. Polhamus J. Lewis T. Johnson R. August <u>IA</u> T. Langenfeld E. Zurow J. Judd <u>IB</u> D. Richards K. Hollingswort N. Newton P. Mulkey W. Clark B. Bailey <u>ZA</u> S. Hall J. Wallace D. Botsford	6'2 3'10 5'6 6'0 5'2 5'0 4'10 4'8 5'10 5'6 5'14 5'10 5'6 5'14 5'10 5'8 5'10 5'8 5'10 5'8 5'10 5'8 5'10 5'8 5'10 5'8 5'10 5'10 5'10 5'10 5'10 5'10 5'10 5'10	S. Mazzocca Shot Put 2B W. Walmrath D. Batchelor G. Battick M. Buschman G. Elste 3A (8 1b4.) N. Heard I. McDermott B. Giligan M. Oguss H. Parsons M. Pickl 3B J. York B. Ditwiler W. Ward W. Pike S. Berho K. Ambrose A. Connolly	32'8 MR 46' 34'11 33'5 32'9 31'3 31'3 40'1 34'3 40'1 34'3 40'1 34'3 40'1 33'4 31'8 30'10 2R'5 33'4
High Jump R. Pardom H. Anderson H. Hinchelfff D. Quivey <u>SB</u> A. Littlejohn B. Murphy C. Polhamus J. Lewis T. Johnson R. August <u>IA</u> T. Langenfeld E. Zurow J. Judd <u>IB</u> D. Richards K. Hollingswort N. Newton P. Mulkey W. Clark B. Bailey <u>ZA</u> S. Hall J. Wallace D. Botsford E. Drauglis C. Olsen	6'2 5'10 5'6 6'0 5'2 5'0 4'10 4'8 5'10 4'8 5'10 4'8 5'10 5'6 5'4 NR 5'10 5'16 5'16 5'4 10 4'10 4'10 4'10 4'10 4'10 4'10 5'2 5'0 5'0 5'0 5'0 5'0 5'0 5'0 5'0 5'0 5'0	S. Mazzocca Shot Put 2B W. Walmrath D. Batchelor G. Battick H. Buachman G. Elste 3A (8 1bd.) N. Heard I. McDermott B. Giligan M. Oguss H. Parsons M. Pickl 3B J. York B. Ditweiler W. Ward W. Ward W. Ward W. Szerho K. Ambrose A. Connolly 4B L. Gregory Women	32'8 MR 46' 34'11 33'5 32'9 31'11 MR 50'9 48'6 44'4 41'7 34'3 40'1 34'5 33'4 31'5 33'4 17'9
High Jump R. Purdom H. Anderson H. Anderson H. Hincheliff D. Quivey <u>SB</u> A. Littlejohn B. Murphy C. Polhamus J. Lewis T. Johnson R. August <u>IA</u> T. Langenfeld E. Zurow J. Judd <u>IB</u> D. Richards K. Hollingswort N. Newton P. Mulkey W. Clark S. Bailey <u>ZA</u> S. Hall J. Wullace D. Botsford E. Drauglis C. Olsen F. Marr	6'2 5'10 5'6 6'0 5'2 5'0 4'10 4'8 5'10 4'8 5'10 4'8 5'10 5'6 5'4 NR 5'10 5'6 5'4 10 5'10 5'6 5'10 4'10 4'8 5'10 5'10 5'2 5'0 4'10 5'2 5'0 5'0 5'0 5'0 5'0 5'0 5'0 5'0 5'0 5'0	S. Mazzocca Shot Put 2B W. Walmrath D. Batchelor G. Battick H. Buachman G. Elste 3A (8 1b4.) N. Heard I. McDermott B. Gilitgan M. Oguss H. Parsons M. Pickl 3B J. York B. Ditweiler W. Ward W. Ward W. Ward W. Ward W. S. Berho K. Ambrose A. Connolly 4B L. Gregory Women	32'8 MR 46' 34'11 33'5 32'9 31'3 31'3 40'1 34'3 40'1 34'3 40'1 34'3 40'1 33'4 31'8 30'10 2R'5 33'4
High Jump R. Pardom H. Anderson H. Hinchelff D. Quivey <u>SB</u> A. Littlejohn B. Murphy C. Polhamus J. Lewis T. Johnson R. August <u>IA</u> T. Langenfeld E. Zurow J. Judd <u>IB</u> D. Richards K. Hollingswort N. Newton P. Mulkey W. Clark B. Bailey <u>ZA</u> S. Hall J. Wallace D. Botsford E. Drauglis C. Olsen F. Marr <u>ZB</u> G. Elste	6'2 5'10 5'6 6'0 5'2 5'0 4'10 4'8 5'10 5'6 5'10 5'6 5'10 5'10 5'10 5'10 5'10 5'10 5'10 5'10	S. Mazzocca Shot Put 2B W. Walmrath D. Batchelor G. Battick M. Buachman G. Elste 3A (8 lbd.) N. Heard T. McDermott B. Gilligan M. Oguss M. Parsons M. Pickl 3B J. York B. Ditweiler W. Pike S. Berho K. Ambrose A. R. Connolly 4B L. Gregory <u>Women</u> SA S.Skerke	32'8 MR 46' 34'11 33'5 32'9 31'11 MR 50'9 48'6 44'4 41'7 34'3 40'1 34'5 33'4 31'5 33'4 17'9
High Jump R. Pardom H. Anderson H. Hincheliff D. Quivey <u>SB</u> A. Littlejohn B. Murphy C. Polhamus J. Lewis T. Johnson R. August <u>IA</u> Langenfeld E. Zurow J. Judd <u>IB</u> D. Richards K. Hollingswort N. Newton P. Mulkey W. Clark S. Hall J. Wallace D. Botsford E. Drawlis C. Olsen F. Marr <u>2B</u> G. Elste B. Stewart M. Bushman	6'2 5'10 5'5 6'0 5'2 5'0 4'10 4'10 4'10 4'8 5'10 5'4 NR 5'10 5'4 NR 5'10 5'4 10 4'10 4'10 4'10 4'10 4'10 4'10 4'10	S. Mazzocca Shot Put 2B W. Walmrath D. Batchelor G. Battick M. Buachman G. Elste 3A (8 lbd.) N. Heard T. McDermott B. Gilligan M. Oguss M. Parsons M. Pickl JB J. York B. Ditweiler W. Pike S. Berho K. Ambrose A. R. Connolly 4B L. Gregory Women SA S.Skerke <u>RtJAYS</u> <u>880 yd. Div.1</u> New York Mascert	32'8 MR 46' 34'11 33'5 32'9 31'11 MR 50'9 48'6 48'6 48'6 48'6 44'4 41'7 34'3 40'1 34'5 33'4 40'1 34'5 33'4 17'9 22'3 \$1:39.5
High Jump R. Pardom H. Anderson H. Hincheliff D. Quivey <u>SB</u> A. Littlejohn B. Murphy C. Polhamus J. Lewis T. Johnson R. August <u>IA</u> T. Langenfeld E. Zurow J. Judd <u>IB</u> D. Richards K. Hollingswort N. Newton P. Mulkey W. Clark S. Bailey <u>ZA</u> S. Hall J. Wullace D. Botsford E. Drauglis C. Olsen F. Marr <u>ZB</u> G. Elste B. Stewart M. Bushman <u>JA</u> R. Ganslen	6'2 3'10 5'6 6'0 5'2 5'0 4'10 4'8 5'10 5'6 5'10 4'8 5'10 5'10 5'10 5'10 5'10 5'10 5'10 5'10	S. Mazzocca Shot Put 2B W. Walmrath D. Batchelor G. Battick M. Buachman G. Elste 3A (8 1bd.) N. Heard I. McDermott B. Gilligan M. Oguss M. Pickl JB J. York B. Ditweiler W. Pike S. Berho K. Ambrose A. Gomolly <u>B</u> L. Gregory <u>Women</u> SA S.Skerke <u>RELAYS</u> <u>880 yd. Div.1</u> New York Master; Bohigian-Fine-Fine-Fine-Fine-Fine-Fine-Fine-Fin	32'8 MR 46' 34'11 33'5 32'9 31'11 MR 50'9 48'6 45'2 44'4 48'6 45'2 44'4 41'7 34'3 40'1 34'3 30'10 28'5 33'4 17'9 22'3 41'19 22'3 41'19 22'3
High Jump R. Pardom H. Anderson H. Hincheliff D. Quivey <u>SB</u> A. Littlejohn B. Murphy C. Polhamus J. Lewis T. Johnson R. August <u>IA</u> T. Langenfeld E. Zurow J. Judd <u>IB</u> D. Richards K. Hollingswort N. Newton P. Mulkey W. Clark S. Bailey <u>ZA</u> S. Hall J. Wallace D. Botsford E. Drauglis C. Olsen F. Marr <u>ZB</u> G. Elste B. Stewart M. Bushman <u>JA</u> R. Ganslen M. Pickl	6'2 3'10 5'6 6'0 5'2 5'0 4'10 4'8 5'10 5'6 5'10 5'6 5'10 5'6 5'10 5'6 5'10 5'6 5'10 5'6 5'10 5'6 5'10 5'6 5'10 4'10 4'8 4'10 4'10 4'10 4'10 4'10 4'10 4'10 4'10	S. Mazzocca Shot Put 2B W. Walmrath D. Batchelor G. Battick M. Buachman G. Elste 3A (8 1bd.) N. Heard I. McDermott B. Gilligan M. Oguss M. Pickl JB J. York B. Ditweiler W. Pike S. Berho K. Ambrose A. Gomolly <u>B</u> L. Gregory <u>Women</u> SA S.Skerke <u>RELAYS</u> <u>880 yd. Div.1</u> New York Master; Bohigian-Fine-Fine-Fine-Fine-Fine-Fine-Fine-Fin	32'8 MR 46' 34'11 33'5 32'9 31'11 MR 50'9 48'6 45'2 44'4 48'6 45'2 44'4 41'7 34'3 40'1 34'3 30'10 28'5 33'4 17'9 22'3 41'19 22'3 41'19 22'3
High Jump R. Purdom H. Anderson H. Hincheliff D. Quivey <u>SB</u> A. Littlejohn B. Murphy C. Polhamus J. Lewis T. Johnson R. August <u>IA</u> T. Lungenfeld E. Zurow J. Judd <u>IB</u> D. Richards K. Hollingsword N. Newton P. Mulkey W. Clark S. Bailey <u>ZA</u> S. Hall J. Wallace D. Botsford E. Draughis C. Olsen F. Marr <u>ZB</u> G. Elste B. Stewart M. Bushman <u>JA</u> R. Ganslen M. Pickl <u>3B</u> W. Ward	6'2 3'10 5'6 6'0 5'2 5'0 4'10 4'8 5'10 5'6 5'10 4'10 4'8 5'10 5'8 5'10 5'8 5'10 5'8 5'10 5'8 5'10 5'8 5'10 5'8 5'10 4'10 4'8 4'10 4'6 4'10 4'6 4'10 4'6 4'10 4'6 4'10 4'6 4'10 4'7 5'2 5'10 5'10 5'10 5'10 5'10 5'10 5'10 5'10	S. Mazzocca Shot Put 2B W. Walmrath D. Batchelor G. Battlek M. Buschman G. Elste 3A (8 1bd.) N. Heard I. McDermott B. Gilligan M. Oguss M. Pickl 3B J. York B. Ditweiler W. Pike S. Berho K. Ambrose A. Gregory <u>Homen</u> SA S. Skerke RELAYS <u>880 yd. Div.1</u> New York Masters Bohigian-Fine-P: Deere <u>880 yd. Div.1</u> New York Masters Bohigian-Fine-P: Deere <u>880 yd. Div.1</u>	32'8 MR 46' 34'11 33'5 32'9 31'11 MR 50'9 48'6 45'2 44'4 48'6 45'2 44'4 41'7 34'3 40'1 34'3 30'10 28'5 33'4 17'9 22'3 a 1:39.3 club bood-
High Jump R. Purdom H. Anderson H. Anderson H. Hincheliff D. Quivey <u>SB</u> A. Littlejohn B. Murphy J. Levis T. Johnson R. August <u>IA</u> D. Richards L. Langenfeld E. Zurow J. Judd <u>IB</u> D. Richards K. Hollingswort N. Newton P. Mulkey W. Clark S. Bailey <u>ZA</u> S. Hall J. Botsford E. Drauglis C. Olsen F. Marr <u>2B</u> G. Elste B. Stewart M. Bushman <u>AR</u> . Ganslen M. Pickl <u>3B</u> W. Ward C. Hills <u>4B</u>	6'2 3'10 5'6 6'0 5'2 5'0 4'10 4'8 5'10 5'6 5'4 4'8 5'10 5'6 5'4 NR 5'10 5'6 5'4 4'10 4'8 4'10 4'10 4'0 4'6 4'6 4'6 4'6 3'10 4'0 4'2	S. Mazzocca Shot Put 2B W. Walmrath D. Batchelor G. Battlek H. Buschman G. Elste 3A (8 1b4.) N. Heard I. McDermott B. Giligan M. Oguss H. Parsons M. Pickl 3B J. York B. Ditweiler W. Ward W. Pike S. Berho K. Ambrose A. Connolly 4B L. Gregory Homen SA S.Skerke <u>RELAYS</u> 860 yd. Div.1 New York Masters Bohigian-Fine-P: Deere 880 yd. 50- Ann Arbor Frack 2:05.8 Jenkins-H	32'8 MR 46' 34'11 33'5 32'9 31'3 11'11 MR 50'9 48'6 45'2 44'4 41'7 34'3 40'1 34'5 33'4 31'8 30'10 28'5 33'4 17'9 22'3 s 1:39.3 s 1:
High Jump R. Pardom H. Anderson H. Hincheliff D. Quivey <u>SB</u> A. Littlejohn B. Murphy C. Polhamus J. Lewis T. Johnson R. August <u>IA</u> T. Lungenfeld E. Zurow J. Judd <u>IB</u> D. Richards K. Hollingsword N. Newton P. Mulkey W. Clark S. Bailey <u>ZA</u> S. Hall J. Wallace D. Botsford E. Draughis C. Olsen F. Marr <u>ZB</u> G. Elste B. Stewart M. Bushman <u>3A</u> R. Ganslen M. Pickl <u>3B</u> W. Ward C. Hills <u>4B</u> <u>4B</u> <u>4B</u> <u>4B</u> <u>5</u> <u>5</u> <u>5</u> <u>5</u> <u>5</u> <u>5</u> <u>5</u> <u>5</u>	6'2 3'10 5'6 6'0 5'2 5'0 4'10 4'8 5'10 5'6 5'10 4'8 5'10 5'8 5'10 5'8 5'10 5'8 5'10 4'10 4'0 4'10 4'6 4'10 4'6 4'6 4'6 4'6 3'10 2'8	S. Mazzocca Shot Put 2B W. Walmrath D. Batchelor G. Battick M. Buschman G. Elste 3A (8 164.) 3A (8 164.) 3B (8 164.) 3B (164.) 3B (164.)	32'8 MR 46' 34'11 33'5 32'9 31'11 MR 50'9 48'6 45'2 44'4 48'6 45'2 44'4 41'7 34'3 40'1 34'3 30'10 28'5 33'4 17'9 22'3 41:39.1 wuing- Club Wood- 1 4-06.6
High Jump R. Purdom H. Anderson H. Anderson H. Hincheliff D. Quivey <u>SB</u> A. Littlejohn B. Murphy J. Levis T. Johnson R. August <u>IA</u> D. Richards L. Langenfeld E. Zurow J. Judd <u>IB</u> D. Richards K. Hollingswort N. Newton P. Mulkey W. Clark S. Bailey <u>ZA</u> S. Hall J. Botsford E. Drauglis C. Olsen F. Marr <u>2B</u> G. Elste B. Stewart M. Bushman <u>AR</u> . Ganslen M. Pickl <u>3B</u> W. Ward C. Hills <u>4B</u>	6'2 5'10 5'6 6'0 5'2 5'0 4'10 4'8 5'10 5'6 5'6 5'6 5'6 5'6 5'6 5'6 5'6 5'6 5'6	S. Mazzocca Shot Put 2B W. Walmrath D. Batchelor G. Battlek H. Buschman G. Elste 3A (8 1b4.) N. Heard I. McDermott B. Giligan M. Oguss H. Parsons M. Pickl 3B J. York B. Ditweiler W. Ward W. Pike S. Berho K. Ambrose A. Connolly 4B L. Gregory Homen SA S.Skerke <u>RELAYS</u> 860 yd. Div.1 New York Masters Bohigian-Fine-P: Deere 880 yd. 50- Ann Arbor Frack 2:05.8 Jenkins-H	32'8 MR 46' 34'11 33'5 32'9 31'11 MR 50'9 48'6 45'2 44'4 48'6 45'2 44'4 41'7 34'3 40'1 34'3 30'10 28'5 33'4 17'9 22'3 41:39.1 wuing- Club Wood- 1 4-06.6
High Jump R. Pardom H. Anderson H. Hinchelff D. Quivey <u>SB</u> A. Littlejohn B. Murphy C. Polhamus J. Lewis T. Johnson R. August <u>IA</u> T. Langenfeld E. Zurow J. Judd <u>IB</u> D. Richards K. Hollingswort N. Newton P. Mulkey W. Clark B. Bailey <u>ZA</u> S. Hall J. Wallace D. Botsford E. Drauglis C. Olsen F. Marr <u>ZB</u> G. Elste B. Stewart M. Bushman <u>JA</u> R. Ganslen M. Pickl <u>3B</u> W. Ward C. Hills <u>4B</u> L. Geegory <u>Women</u> SB C. Whitfield <u>Weight Throw</u> (h	6'2 3'10 5'6 6'0 5'2 5'0 4'10 4'8 5'10 5'6 5'10 4'10 4'8 5'10 5'6 5'10 5'6 5'10 5'6 5'10 4'10 4'8 4'10 4'10 4'10 4'10 4'10 4'10 4'10 4'10	S. Mazzocca Shot Put 2B W. Walmrath D. Batchelor G. Battick H. Buachman G. Elste 3A (8 1bd.) N. Heard I. McDermott B. Giligan M. Oguss H. Parsons M. Pickl 3B J. York B. Ditweiler W. Ward W. Ward W. Pickl S. Berho K. Ambrose A. A. Skerke R. Connolly 4B L. Gregory <u>Women</u> SA S.Skerke <u>RELAYS</u> <u>880 yd. Div.l</u> New York Master: Bohigian-Fine-P. Dere Botsoford 1016 relay Div.l New York Master: Detre Botsoford 1016 relay Div.l	32'8 MR 46' 34'11 33'5 32'9 31'11 MR 50'9 48'6 45'2 44'4 48'6 45'2 44'4 41'7 34'3 40'1 34'3 30'10 28'5 33'4 17'9 22'3 41:39.1 wuing- Club Wood- 1 4-06.6
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## Fitzgerald beats Mundle and Smith

POMONA, Calif., April 22-Bill Fitzgerald is back.

The legendary Palos Verdes, Calif., runner, holder of countless world and American middle-distance Masters records, won the age 50-59 1500 in 4:30.8 to highlight Masters action in the Mt. San Antonio Relays.

## Note

# Mueller wins 30-kilometer

ALBANY, N.Y., March 18— American Masters marathon record-holder Fritz Mueller of New York City won the age 40-44 national AAU 30-kilometer championship in 1:39:54.

Nina	a Kuscik topped t	he women
master	rs in 2:03:39.	
WINN	ERS	
Men		
40-44	Fritz Mueller	1:39:54
45-49	Ed Stabler	1:43:56
50-54	Howard Rubin	1:49:59
55-59	George Locolono	2:06:45
Wome	n .	
40-44	Nina Kuscik	2:03:39
45-49	Toshika D'Elia	2:04:22
55-59	Marion Epstein	4:09:52

Sat., May 26, 10 a.m. Mid-America Masters Regional Track & Field Championships. Aurora Central High School, Aurora, Colorado. Men and women. 5-year age groups from age 30. Contact: Jim Weed, 11672E 2nd Ave., Aurora, Colo. 80010.

Sun., May 27, 10 a.m. Masters Sports Association's 8th Annual Track & Field Championships. Randall's Island, New York City. Men and women over age 30. Director picks age groups. Contact: Gloria Fine, 77 Prospect Place, Brooklyn, N.Y. 11217.

Mon., May 28. National AAU 20-kilometer Championships, Washington, D.C. Contact: George Vernosky, 5004 Glen Cove Pkwy., Washington, D.C. 20016.

Schedule of Events—June 1979

Wed., June 6, 6 p.m. Masters All-Comers meet. Randall's Island, New York City.

Sat., June 9 and Sun., June 10, 8 a.m. 2nd North American Masters Track & Field Championships. Toronto, Canada. (Entry form in this issue).

Sat., June 9, and Sun., June 10. 1979 TFA/USA National Masters Track & Field Championships. State College, Slippery Rock, Pa. Men and women. 5-year age groups from age 30. Contact: John Harwick, 467 Beverly Rd., Pittsburgh, Pa. 15216. 412-561-0338. Sun., June 10, 4 p.m. Southern Pacific AAU District Masters Track & Field Championships, Univ. of California, Northridge, Cal. Men and women. 5-year age divisions from age 30. Contact: Tom Sturak, Box 1602, Santa Monica, Cal. 90406. 213-455-2397.

Sat., June 16, 8 a.m. Atlanta Masters Championships, Lovett Stadium, Atlanta, Ga. (Entry form in this issue).

Sun., June 17, 10 a.m. 1979 National Masters AAU Weight Pentathlon Championships. University of Vermont, Burlington, Vt. Contact: Ed Kusiak, Univ. of Vermont, Room 213, Patrick Gym, Burlington, Vt. 05405.

Wed., June 20, 6 p.m. Masters All-Comers meet. Randall's Island, New York City.

Sat., June 23, 10 a.m. 11th Annual Eastern Regional AAU Masters Track & Field Championships. Franklin Field, Univ. of Pennsylvania, Philadelphia, Pa. (Entry form in this issue).

Sat., June 23. Western Regional Track & Field Championships. Contact: Tom Sturak, Box 1602, Santa Monica, Cal. 90406. 213-455-2397.

Mon., June 25 thru Thu., July 26, 7 p.m. Los Angeles All-Comers meets. Masters 100, 200, 400, mile. Mon-Gardena H.S.; Tues-Venice H.S.; Wed-Birmingham H.S.; Thu-Bell H.S. Free.

Sat., June 30, 10 a.m. 8th Annual Metropolitan AAU Masters Track & Field Championships, Randall's Island, New York City. Men and women registered in Metropolitan AAU. (To register, write Metro. AAU, 15 Park Row, NYC 10038). 10-year age divisions from age 30. Contact: Bob Fine, 77 Prospect Place, Brooklyn, N.Y. 11217.

Sat., June 30, and Sun., July 1, 9 a.m. Senior Olympics, University of Southern California, Los Angeles. Men and women. 5-year age divisions from age 25. Contact: Warren Blaney, 5225 Wilshire Blvd., Los Angeles, Cal. 90036. 213-938-5548.

## A review of Masters track & field in 1979 thru April

#### **By PETE MUNDLE**

Jan. 6 Muhammad Ali Invitational Indoor Meet, Long Beach, Calif.

The second edition of this meet provided some good competition and marks. Ken Dennis came within .03 seconds of his Masters AAU record as he conquered a good field with his 60-meter electronic time of 6.18.

Miki Gorman ran away from the field (as she invariably does) in 4:49.5, bettering her meet mark of last year by 0.1. Dorothy Stock of San Diego, coming in 2nd to Miki, still got a 45-49 age division record with her 5:18.4 time. This bettered Nikki Hobson's former record by half a second.

In the 60-meter hurdles, Al Henry nosed out Dave Jackson by a tenth with his AAU record time of 8.5. John Brennand of Santa Barbara also came through with an AAU record in the 1500-meter race, bettering Bob Emmerling's mark by two seconds with his time of 4:13.8. Bob was forced to watch the race with an injury received a week before the race. John led from start of finish, managing to withstand a strong finish by Dave Reisbord (a former member of Occidental College's world record 2-mile relay team). Dave's second place time was 4:15.1. Stanford coach Payton Jordan powered away at the end from his younger rival Tom Patsalis in his 60-meter win of 7.75, a meet record.

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Jan. 14. College of the Desert Meet, Palm Desert, Calif.

The sprinters flexed their hamstrings to better their indoor times of the Ali meet. This they did on the fast grass track in the meet which features rarely run distances.

Submaster Hilliard Sumner and master Ken Dennis dueled in the 60-meter dash with Hilliard topping Ken by a tick with his good 6.8 time.

Pete Fetter (57) got the nod over Al Guidet (60) in their sprint to the wire as both got times of 8.0 for the 60-meter dash.

Nick Newton, now entering his 45th year, started his entry into the new division with a good performance in the 300 meters with a time of 38.4. Stan Hermann won the hammer and shot put, while Joe Caruso won the 65-69 long jump in a good 14'3<sup>3</sup>/<sub>4</sub>''.

Feb. 17. Orange Masters Meet, Orange, Calif. The big story of this meet was

the prodigious discus throw of Daniel Aldrich. His throw of 173'2'' for the 1.0kg discus bettered the world age 60-64 mark of Konstanty Maksimczyk, one of the best and longest standing records on the books. Last year at the Pan American Games, Daniel unloaded one for 168'6''. So he was due for an even better one sooner or later. He also bettered shot put champ Jack Thatcher with a good 45'3<sup>3</sup>/<sub>4</sub>" throw and he bested javelin great Bill Morales with a 157' effort for a stupendous day's work. Christel Miller and Shirley Kinsey picked up some good marks in the field events, with Christel going over 100 feet in her favorite event, the javelin. Feb. 24. Cal State Dominguez

Hills Masters Meet, Los Angeles.

No records were made in this meet. Jack Thatcher evened his shot put series with Dan Aldrich with a good 46'10" to nose out Dan by 10 inches. Dan came through with another good discus effort of 165'. Tom Patsalis came within a few feet of the age record with a good jump of 39'9" in his specialty, the triple jump.

Ken Dennis outdueled Dave Segal (former British internationalist) in the 100 meters, 11.2 to 11.26.

March 30-April 1. Second International Mexican Masters Meet, Mexico City.

A group of about 50 athletes from all parts of California and the Southwest enjoyed the hospitality of the Mexican organizers and the competition that ensued.

Being housed and fed at facilities at trackside made it a pleasure to compete.

This former training site of the Mexican Olympics is now used by top athletes the world over for

continued on page 15

Fri., July 6; Sat., July 7, and Sun., July 8. National AAU Masters Track and Field and Pentathlon Championships. Mt. Hood College, Gresham, Oregon. Men and women. 5-year age groups from age 30. Contact: Jim Puckett, 26000 S.E. Stark St., Gresham, Oregon 97030.

a close!

page 4 National Masters Newsletter

## From the editor

I have just accepted the job as editor of the National Masters Newsletter.

It's an honor, and a challenge to make this a top publication for all veteran track, field and long-distance running athletes.

The Masters movement is the fastest growing segment of the running community. There's a wealth of information out thereresults, upcoming events, regional news, world developments.

We want to share that information through the National Masters Newsletter.

#### The demise of Dave and Helen Pain's excellent USMITT publication has left a large gap to fill. It's crucial that our newsletter become a quick, accurate means of communication among all over-age-30 athletes.

National AAU Masters Track & Field Co-chairman Bob Fine has effectively developed a cohesive Masters program. He's been the driving force in getting a national sponsor, the Occidental Life Insurance Co. of North Carolina. With the help of Ed Gildea, he's put together nine newsletters

#### since 1977.

This is the newsletter has come out quarterly. From now on, you'll get it monthly.

It's a part-time venture for me. From my base in Los Angeles, I'll assemble the material, then send it to Ed Gildea, who will continue to print and mail the paper from his Lansford, Pennsylvania, headquarters.

It's urgent that we receive results, schedules and useful information as soon as possible. Please send all newsletter

material to:

Al Sheahen 6200 Hazeltine Ave. Van Nuys, Calif. 91401

Deadline: the 8th of each month. Feel free to call me at (213) 785-1895 or (213) 393-9684. We need and welcome your suggestions and criticisms. This is a newsletter for veteran athletes, by veteran athletes.

What kind of publication do we want? A track & field paper only? Include long-distance running? Focus on results? Feature health or training tips? Do profiles? Human interest stories? Etc. We can become a sort of Masters Track & Field News, or a Masters Runner's World. Or varying shades in between.

Enclosed is a brief survey. Please take a few moments to fill it out and send it to me. Your response will go a long way in determining the direction our newsletter will take.

-AL SHEAHEN

# **Survey for National Masters Newsletter**

- 1. The National Masters Newsletter should report on: a. Only Track & Field
- b. Only Long Distance
- c. Mostly Track & Field \_\_\_\_
- d. Mostly Long Distance e. Both T&F & LDR \_\_\_\_\_
- f. Don't care \_\_\_\_

2. The newsletter should feature: (check one or more)

a. National results b. Regional results \_\_\_\_\_ c. Local results d. International results, e. Entry blanks \_\_\_\_ f. Regional schedules \_\_\_\_ g. Local schedules h. Photos \_\_\_\_ i. Age-records \_\_\_\_ j. National rankings \_\_\_\_ k. World rankings \_\_\_\_ 1. Profiles \_\_\_\_ m. Human interest n. Health tips \_\_\_\_\_ o. Medical Q&A p. Letters to editor \_\_\_\_ q. Travel info r. AAU/IAAF info \_\_\_\_ s. Regional reports \_\_\_\_ t. International report u. President's report

b. Meters c. Both d. Don't care e. \_ 5. What style format do you prefer: a. Present newspaper tabloid \_\_\_\_\_

4. Field events should be listed in:

- b. 81/2 x 11" c. Slick cover magazine \_\_\_\_

a. Feet & inches

- d. Don't care
- e. \_

6. How much should the annual subscription price be?

- a. \$3 \_\_\_\_ b. \$6\_\_\_\_\_ c. \$10\_\_\_\_\_
- 3. Don't care \_\_\_\_
- f. \_\_\_\_\_

- d. \$15\_\_\_\_

7. When meet directors submit results, what information on each entrant (besides last name, place & time) should be included: (Check one or more).

a. First name b. First initial	
c. Home town	
e. Exact age f. Don't care	

8. What should the name of the newsletter be:

- a. National Masters Newsletter
- b. U.S. National Masters
- Newsletter \_\_\_\_ c. U.S. Masters Newsletter \_
- d. National Veterans Newsletter\_\_\_\_
- e. National Seniors Newsletter \_\_\_\_
- f. Don't care \_\_\_\_\_

g. .

a. Track & Field News \_\_\_\_ b. Runner's World c. On the Run d. Runner's Gazette e. Track Master f. National Jogger g. Club newsletter \_\_\_\_\_\_\_ h. Sports Illustrated \_\_\_\_\_\_ 1. 10. Internationally, we're known

9. What other sports publications

to you read?

as "veterans." In the U.S., it's "masters." Which do you prefer?

a. Masters \_\_\_\_\_\_ b. Veterans \_\_\_\_\_\_ c. Seniors \_\_\_\_\_\_ d. Don't care \_\_\_\_\_

e.\_

-	11. What results of competition should we publish?	All finishers	1st 3 places	Winners only	High- lights	None	U.S only	Dont care
_	a. World Games b. National Championships							
	c. Regional Championships							

3. How should age-groups be identified? For example, should the 40-44 men be listed as:

a. 40-44 \_ b. 1A c. M1A d. M40-44 e. M40 f. Don't care g.

e. Local meets Please send to: Comments: Al Sheahen 6200 Hazeltine Ave. Van Nuys, Calif. 91401 Thank you for your cooperation.

# Guidelines on establishing a Masters program

By BOB FINE

#### **DEVELOPMENT MEETS**

The purpose of these meets is to provide low-keyed competition to be utilized in one's overall training program as an aid in experiencing competitive situations, developing pace, enhancing anaerobic ability and having fun.

These meets should not be viewed as the end result of training, but just part of the training.

1. Number of events. To hold a full-scale track meet would not be in keeping with the "low-keyed" nature of these meets. First of all, a full-scale meet will take up to six hours to hold. Next, entry forms, seedings, extensive advance planning and dedicated officials will be required. This is in addition to

greater expense. To try to hold full-scale meets at frequent intervals is just not feasible. It makes more sense to hold just a few events. It is suggested that a sprint (50 yards to 440 yds.), a middle distance (600 yards to one mile) and a distance race (2 to 4 miles) be held. Two field events can also be held. By varying the exact distance and type of event (as indicated later) enough variety

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Of Aging

can be maintained to keep interest.

2. Simplicity of administration. a. Every event should be post-entry. This saves mailing costs and administrative time.

b. Do not use competitors' numbers. Aside from the expense they require paper work. Since the fields will not be large and since most of the competitors will be known to everyone it should be easy to keep track of everyone. If there is a potential problem of identifying the competitors, then a 3 x 5 index card with the competitor's name on it can be used. The competitors should be instructed to return to the finish line as soon as they catch their breaths.

c. All competitors should be prepared to assist in the administration of the meet. The sprints should be run first, as sprinters are more high strung than the distance runners. The distance runners are to time the sprinters (unless there are enough officials present) and then the sprinters are to time the distance runners. No prizes should be given out until after all there will be people available to help officiate.

d. Prizes. This can vary widely. No prizes at all have to be given. If that is the case then no entry fees or a very small fee (25c) should be charged. Without prizes these "meets" are nothing more than a time trial. Prizes are recommended as many nonchampionship runners will participate in these meets if they have a chance to receive a prize. Ribbons can be given costing under 25c per ribbon. Points can be given with a trophy awarded to all competitors at the end of the season, with those competitors having the greater number of points receiving a larger trophy. Depending on the number of meets and size of the trophy entry fees will have to be charged. A \$1 entry fee seems to work best. If the meets are sponsored by the same group then a die can be made of the group logo costing between \$150 to \$250. A sponsor might be obtained to provide the die, using the sponsor's logo. If there is no sponsor then either a special fund-raising function could raise the money or the entry fees can be raised to absorb the cost of the die. By having your own medal it would cost about \$1 for the medal. The price will vary depending on the manufacturer. size, extent of the design. In some of the special types of races, as discussed further on, trophies can be awarded to the first three and medals to 4th and 5th. In these continued

his early forties, a flawed relic.

RTER

The legs are ravaged stumps. The reflexes are dulled blades. The eyes are near-sighted slits surrounded by crow's feet.

The Athlete is retired by his early forties, and he usually is peddling insurance or liquor or cars, and he usually is invited to a lot of dinners to discuss his mightiest feats, and he usually spends most of his



private moments gazing through his scrapbook wistfully reliving cherished memories. This is the way it is with The Athlete, although

some defy the trend and continue to practice their trade well into their fourth decade.

George Blanda played football until he was nearly 50, but all he had to do in his final years was kick a football. Hoyt Wilhelm played baseball into his late forties, but he had a gimmick pitch (knuckler) that puzzled hitters. Gordie Howe still is playing hockey, but he is a sad caricature of his former self.

And then there's the discus thrower, Al Oerter, who's 42 years old, who won the first of four Olympic gold medals at Australia in 1956 when Ike was President, who retired 10 years ago, who came out of retirement last year, who stunned the trackand-field set this spring with his all-time best heave that to ed the world until a guy from Poland exceeded it by a foot the past weekend. It was just three weeks ago that Al Oerter flipped the discus 219 feet, 10 inches, which happens to be precisely seven feet, four inches further than his victorious 212-6 toss at the 1968 Olympics in Mexico City.

The Athlete is a fading replica when he reaches lost some strength. I've cut back on my workouts.

And my weight is way down." "How much do you weigh?" Oerter was asked. "I'm down to 274,' he replied. "I'm about 16 pounds under weight. But I'll put it back on. It doesn't take me long. Instead of having four meals a day, I'll increase it it five."

Lest you think anyone is about to kick sand on Al Oerter's cherubic face, forget it.

Although spreading just those paltry 274 pounds over his 6-4 frame, Oerter admits he can bench press 525 pounds any day of the week, do full squats with 550, dead lift 626 and curl 300.

Not bad for an executive (he works for Grumman Aircraft in New York) who's the only person in the grand and glorious history of the Olympic Games to win one event four times.

He's become an inspiration to aging jocks everywhere, a patriarch for guys high on hours and low on self-confidence. "I feel better now than I ever have," says Oerter.

"I know a lot of people think that when they reach 40 that they've had it. I even thought that way. But this just isn't the case.

"Theoretically, I probably shouldn't be still throwing the discus. I know most people think I should be acting my age, resting and having fun. But it's fascinating to see how far I can push myself.

"My goal of course is to win a fifth gold medal. Last year I thought I was about a 500 to 1 shot to do it. Now I think my chances are about 10 to 1. If I win it, terrific. If I don't, I won't be embarrassed. I've had my share of triumphs in my life."

Al Oerter doesn't follow a regular workout pattern, sometimes training only in the morning, sometimes training only at night, sometimes training only at noon, sometimes splitting up his

And what makes Oerter's latest achievement even more remarkable is that he did it without being in peak condition.

'I've been hampered now by a recurring bladder and kidney infection for six weeks," laments Oerter, who will compete Sunday in the UCLA-Pepsi meet at Drake Stadium. "It has really set me back. I've

"I've always been pretty unconventional in my training program," he says. "I like to break it up. I get bored if I do the same thing every day.

"My goals this year? All I want to do is improve on my consistency and technique. I really don't think in terms of distance, although I'd like to keep it in the teens (213 to 219). I'd like to reach my peak next year."

Al Oerter will be 43 next year, an Olympic Games year.

He will be too old to win another gold medal, of course, just like he was too young 23 years ago when he won his first one.

#### page 6 National Masters Newsletter

#### continued

The state of the second

races all ages and both sexes can compete together. If medals are given then you'll meet more than three competitors, at \$1 entry fee, in the scratch races to break even. Assuming the trophies cost \$2.50, you'll need over 10 competitors in the special races to break even. You should have small plates with the name of the sponsor and either 1st, 2nd or 3rd place indicated, with a taped back to be put on the trophies. Thus, the winners would get the same trophy and a plate based on their finish. By using the same size trophy it is easy to keep track of them. By not putting the date or specific event on the plate, the plates can be used indefinitely. It would be best to buy the trophies in bulk with payment to be made after the season.

e. Results. The results should be published in a club newsletter. The previous week's results should be posted at the next meet. Every competitor must receive his time.

f. Scheduling. It is best to have the meets at the same time and place. Every week or every other week seems to work best. These meets can be held during the week in the early evening. In that way the athletes can take off for the weekends or can compete in more important races on the weekends. The meets, using three running and two field events, should take no more than one hour to compete. Six p.m. is a good time to start. Some groups prefer to have these meets on a Saturday or Sunday morning.

g. Publicity. Publication in the newsletters of clubs in the area, using the local Road Running Clubs, the AAU, local "Y's," prior races, hand distribution to the running community via meets, jogging paths, schools, coaches and athletic stores. All the info about the meets should be on one page, including the events. Word of mouth is your most effective method. As soon as the word gets around the number of participants should increase.

3. Special events.

The basic event is the scratch race in which everyone starts at the same time. The problem with this is that people of different ages and sex can not be expected to be able to effectively compete against each other all the time. Thus, sub-division by age and sex is necessary. Ten-year groups, separated by men and women, from age 30 to 60+ seem to be the fairest method. If there are enough competitors to justify it, then five-year groups can be used. It is suggested that five-year groups be used if there are at least five competitors in each five-year division, within each decade. For example, if there are four competitors ages 40-44 and ten competitors 45-49

then the five-year groupings would be used. The exact numbers can vary according to what the group wants. The problem with scratch races is that usually the same individuals keep on winning. In addition, a person at the older end of the decade (47, 48, 49) can not reasonably compete against a person at the younger end of the decade (40,41, 42). The result is that the "older" athlete gets discouraged and may not come out if only scratch races are made available. For women, this is even a more acute problem as there are not presently many women competitors. Lastly, in the 50-59 and 60 + age groups you may not even get three competitors. It is for this reason that the following special types of events are used:

AGE-GRADING. In this event, points are awarded based on computer tables based on age and performance. Thus an older competitor would get more points for finishing in the same time as a younger one. At present there are no tables for women. By arbitrarily increasing a woman's age 22 years for use in the tables, it has been found that women can also compete in the age-grading races against men. It is hoped that tables for women will be compiled. Ken Young, P.O. Box 42804, Tucson, Ariz. 85716, is the creator of the tables and should be contacted to obtain them. The tables start at 100 meters. There are tables for some of the field events. The athletes are cautioned that finishing first on an absolute basis does not guarantee victory on the point basis. Conversely, older athletes are advised not to be discouraged if their younger competitors seem way ahead of them. Thus, all the competitors must run "all-out" to have the best chance of winning. Three trophies and two medals are usually given in these races. Larger than normal fields can be handled since on an absolute time basis there will be a wide variance in time. If necessary, sections can be run.

**PREDICT YOUR TIME.** This is strictly a race where the athlete who comes closest to predicting the final time wins. The estimated time is given only to the meet director. No splits during the race are given and no athlete can run with a watch. These races are good before a major competition as they permit each athlete to go as fast or as slow as they feel and still earn a prize. Age and sex make no difference in these races. Three trophies and two medals are given. HANDICAP. Age and sex make no difference in these races. For those events 440 yards or shorter, all the competitors start off at the same time with the slower athletes given an advantage by starting a distance ahead of the

# West Point is site for weight pentathlon

Entries are coming in for the first-ever North American Weight Pentathlon Championships to be held July 15 at the West Point Military Academy Athletic Field on the west bank of the Hudson River, according to Phil Partridge.

New divisions are being added to the original schedule, Partridge reported. College age divisions 20-24 and 25-29 and women's divisions in 5-year age groups have been added, he noted. Men's divisions aged 30 and over competing in 5-year age groups will start competition at 10 a.m. Gold, silver and bronze medallions will be awarded to all who compete in the five events discus, shot, javelin, hammer and weight throw, Partridge said.

"Directions for reaching the Academy and a list of hotel and motel accommodations in the area will be sent upon request," he added. "Please enclose self-addressed envelope with entry."

Entry Blank Please enter me American Weig Championship a Military Academy a.m. Sunday, July	ht Pentathlon t West Point starting at 10
Name	Birth Date AAU NO.
City	State Zip
Please send me information on accessibility by highway and airport	For medallions to be engraved entries must be received by July
Please send me information on hotel and motel accommodations	Mail entries promptly to: P.H. Partridge 77 Columbia St. 17B New York, N.Y. 10002

scratch man. It is suggested that all competitors give their estimated time and that the meet director then transcribe that time into distance to be awarded to the slower runners. This means that aside from the scratch man none of the athletes will run the full distance, so that their times will be somewhat meaningless. For distances over 440 yards, from the 880 yd. on up, the handicap is given in time. Everyone starts off (at different times) from scratch with the slowest competitor starting first and the fastest last. if the fastest For example, competitor indicates that he'll run 2:00 for the half, another indicates 2:05, and the slowest 2:12, then the slowest starts off; seven seconds later the 2:05 half-miler starts and 12 seconds later the fastest competitor starts. In this way all competitors run the full distance and can be given their exact times. Over a period of time, the meet director will begin to have a good idea as to the capabilities of the athletes and can determine the time handicap to be given. Generally, most of the competitors will give an honest evaluation, for there is

nothing more embarrassing than finishing way ahead in a handicap race based on your estimated time. Three trophies and two medals are given.

Every locale has its own problems and attitudes. The program should be geared to meet the needs of the local running community. Do not hesitate to modify or experiment to come up with the program that works best for you.

## Satti sets world long jump mark

HICKHAM AIR FORCE BASE, HAWAII, April 14-15—San Francisco's John Satti set an unofficial world record in the 65-69 long jump in the 5th annual International Masters Track & Field Meet in Hawaii.

Satti's leap of 4.83 meters (15'10<sup>1</sup>/<sub>2</sub>'') shattered the mark of 15'8<sup>3</sup>/<sub>4</sub>'' set by Robert Reckwardt of West Germany in 1978. (An unofficial mark of 4.90 by Abels of West Germany is also pending.)

### page 7 National Masters Newsletter

**Florida State** 

Championships

## Brennand, Hansen, Duarte win Southern Cal 25-Km

VENTURA, CALIF. March 4-Some top nationally-ranked Masters long-distance runners showed up for the Southern Pacific Association AAU 25-kilometer Championships.

Santa Barbara's John Brennand won the 40-44 division over rugged Joe Burgasser and Truman Clark in 1:25:15, a 5:30 -per-mile pace.

Anaheim's Frank Duarte copped the 35-39 class in 1:24:14. Los Angeles' Jacqueline Hansen annexed the women's 30-39 crown, as well as the open women's competition, in 1:40:13.

3	5-39:	
1.	Frank Duarte	1:24:14
2	Marshal Maxye (CCA	C) 1:25:13
3	John Botke(SBAA)	1:25:22
4	Steve Close(STC)	1:25:29
5	Bart Coventry(STC)	1:27:20
.10	-44:	
1	John Brennand(SBAA)	1:25:15
2	Joe Burgasser(STC)	1:28:42
3	Truman Clark(SCS)	1:30:26
4	John Rudberg(STC)	1:31:16
5	Al Dirkin(STC)	1:31:59
45.	49:	
1	Hal Winton(STC)	1:36:37
2	Howard Albano	1:38:44
3	Tom Sturak(SCS)	1:39:09
4	John Richards	1:40:08
5	Jim Van Manen(SBAA)	1:45:57

00		
1	John Perkins(LVOC)	1:38:37
2	Norm Lumian(STC)	1:40:20
3	Dan Sheeran(STC)	NTA
4	Marvin Powers	1:45:50
5	Sam Nicholson(STC)	1:46:10
	-59:	
1	Kenji Taki	1:47:58
2	Art Schneider(STC)	1:50:50
3	(010)	1:53:14
4	Floyd Doss	NTA
5	Jim Miller(STC)	1:57:02
	er 60:	
1	Chuck Seekins(STC)	1:48:02
2	Ed Lowell(STC)	1:57:03
3	Jim Bole(STC)	2:05:17
WC	DMEN:	
30-	39:	ALC: NO
1	Jacquelene Hansen(SFV)	1:40:13
2	Nancy Pearl(SMTC)	1:47:25
3	Theresa Accrro	1:50:29
40-	49:	1.00.25
1	Belva Norins(STC)	2:03:13
2	Alice Bensch(STC)	2:10:38
3	Barbara Valastro	NTA
Ove	er 50:	
1	Margaret Miller(STC)	1:51:36
2	Jean Spierling(SLDC)	2:07:30
2 m		

50-54.

The 1979 Florida State Masters Track & Field Championships were held at Sarasota, Fla., on March 17 and 18.

Winners in the Masters divisions:

#### 100 MEN

40-44 Sammy White 11.5 45-49 Frank Laudano 12.3 50-54 Les Trubey 11.7 55-59 Jack Rice 13.4 60-69 Orrin Graf 13.4 70+ Jerome Staggenborg 16.0

100 WOMEN 40-44 Sue Mallick 14.6 50-54 Elizabeth McBride 19.3 55-59 Melanie Paschal 17.0

220 MEN 40-44 Blair Bowling 24.9 45-49 Frank Laudano 28.6 50-54 Les Trubey 27.3 55-59 Jack Rice 31.9 60-69 Orrin Graf 32.4 70+ Jerome Staggenborg 38.4

220 WOMEN 40-44 Sue Mallick 35.0 55-59 Melanie Paschal 40.0 **440 MEN** 40-44 Sammy White 56.4 45-49 Kent Wiley 73.7 50-54 Les Trubey 62.6 55-59 Jack Rice 61.2 60-69 Orrin Graf 79.2 70+ Jerome Staggenborg 88.6

440 WOMEN 35-39 Jewel Shenk 1:50 40-44 Sue Mallick 1:20 45-49 Nancy Carson 1:44 50-54 Elizabeth McBride 1:32

#### **880 MEN**

40-44 Louis Johnson 2:19.5 45-49 Kent Wiley 2:46.4 50-54 Robin Heaps 2:27.2 55-59 Jack Rice 2:24 60-69 Orrin Graf 3:22.6 70+ Jerome Staggenborg 3:42

**880 WOMEN** 30-34 Rita Kramer 3:00.6 35-39 Monique Garreau 2:41 40-44 Sue Mallick 3:07.8 55-59 Melanie Paschal 3:30.2

MILE MEN 40-44 Charles Hill 5:17

SPONSORED BY THE PHILA. MASTERS TRACK ASSOC. - EASTERN MASTERS AAU TRACK & FIELD COUNCIL ENTRY FEE: \$3.00 per event AAU Regional medals for the first three in each event. Championship patch PRIZES: to first place (limit one patch per competitor). AGE GROUPS: 5 year groups for men and women from 30 to 89. RELAYS: \$10.00 per team for over 40 only. All relay members must be from the same club. Teams may be declared prior to start of the race at the day of the meet. ELIGIBILITY: Open to all men and women over 30 registered in the AAU. LIST OF EVENTS AND THE ORDER OF EVENIS All running events in meters - younger age groups go first. Seeding and combined age groups may be used at the discretion of the Meet Director. 5000 walk 1:30 400 IH 10:00 100 12:00 Long Jump 10:00 High Jump 12:00 200 2:15 Javelin 10:00 12:00 800 2:45 Hammer 5000 run 10:00 1500 12:30 3:15 Weight Throw 10,000 10:20 400 1:00 1600 relay 4:15 11:00 Pole Vault 1:00 3200 relay Discus 4:25 High Hurdles 11:40 Shot Put 1:00 NOTE: There will be a meeting of the Eastern Regional Council at approximately 11:00 A.M. TEAM PRIZES: There will be team prizes awarded for the 30 year, 40 year; 50 year;

11th ANNUAL EASTERN REGIONAL AAU OUTDOOR MASTERS TRACK & FIELD CHAMPIONSHIPS A.A.U. SANCTIONED JUNE 23, 1979 - FRANKLIN FIELD, UNIVERSITY OF PENNSYLVANIA, PHILA. PENN.

and 60 year + groups compiled by giving points on the basis of 5-4-3-2-1 for each seperate five year grouping, for both men and women, in each event and then adding up the points of each sub-division within the ten year classification. 

(print) NAME			ADD	RESS	and the second second
CITY	18 mg []	STATE	ZIP	PHONE	and the second second
AGEBIRTHDAY_ Event(s) with p				nts only for se	eeding purposes.
EVENT	TIME	EVENT	TIME	EVENT	TIME
EVENT	TIME	EVENT	TIME	EVENT	TIME

EVENT EVENT EVENT EVENT EVENT EVENT I hereby waive any claim I or my heirs may have against the Philadelphia Masters Track Association; the University of Pennsylvania; the City of Philadelphia and the A.A.U., for any injuries or claims sustained by me as a result of my participation in the above meet. I certify that I am in good health and physically capable of competing.

SIGNATURE

A.A.U.#

CHECKS PAYABLE TO: PHILA. MASTERS TRACK ASSOC.

MAIL TO: UNCLE MARTY'S SNEAKER BARN, 15 West Oakland Ave., Doylestown, PA 18901

45-49 Richard Dyer 5:41 50-54 Robin Heaps 5:20 55-59 Jack Rice 5:28 60-69 Dick Leis 7:11 70+ Jerome Staggenborg 8:00

MILE WOMEN 35-39 Mary Briant 5:57 40-44 Sue Mallick 7:02 45-49 Nancy Carson 7:57 50-54 Elizabeth McBride 8:36 continued on page 11

page 8 Nation	nal Masters Newsletter	and the second		and the second
ATL	ANTA MASTE	<b>RS CHAMPIC</b>	<b>WSHIPS</b>	OFFICIAL E
1010	Sponsored by FINANCIAL FITNES	Affiliate of		Team Affiliation (If none, write unattached)
Other Sponso	ors: Atlanta Track Club			Name
Sanction:	1979 Southern TFA/USA Masters Championships	SCHEDULE OF EVE	CHAMPIONSHIPS	First
Date:	June 16, 1979	TIME EVENT 8:00 10 km road race (men and	4.00 440 - 1 - 1	
Site:	Lovett Stadium (8 Iane Reslite track)	women	4:00 440-yard relay 4:20 440-yard (women)	\$5.00 First Event, \$4.00 each
	Atlanta, Georgia (Maximum ¼ inch spike) : Men: 0A (30-34); 0B (35-39); 1A (40-44);	*9:30 220-yard trials 5	4:25 440-yard :10 1-mile (women)	Event 1.
Age Divisions	1B (45-49); 2A (50-54); 2B (55-59); 3A (60-64); 3B (65-69); 4A (70-74);	10:20 220-yard finals 6	:20 1-mile (men) :20 100-yard final (women)	2
1	4B (75 & over). Women: 0 (30-39); 1 (40-49); 11 (50-59);	*11:35 100-yard trials (women)	:25 100-yard final 7:05 330-yard IH	4
Entry Fees:	III (60-69); IV (70 & over). ************************************	street of the second 8	:35 3-mile run :50 Mile relay	6.
Lifty rees.	\$4.00 Each Additional Event \$16.00 Each Relay Team	trials, finals will be run when	:10 Awards ceremony	
di di	\$5.00 includes T-shirt and Souvenir Program to each competitor.		Against time, if needed. ELD EVENTS	T-Shirt Size S M L XL Additional T-Shirts Available
Entry Deadli	ne: June 12, 1979 (Midnight)	Provide the second second		Additional 1-Shirts Available
Refunds:	Up to June 12, 1979.	the following order: IV, IIIB, IIIA, 9:3	0 Long Jump 0 Pole Vault	REL/
Late Entries:	Late or incomplete entries will be assessed a \$2.00 fee. Clerk, of course, has right to reject	3:0		Event
Desistantia	late entries.	small number of entries, age 5:0	0 High Jump 0 Triple Jump	Names: 1
Registration:	Entrants are encouraged to register at the Sheraton between 6:00 and 9:00 PM Friday evening. Late arrivals should report to tent	0.0	o shot Put	2
	at the stadium on Saturday.	NOTE: We will try to run 15 minutes Please be prepared.	And the state of the second second	Alternates: 1
Awards:	Medals to first three places. T-shirts to all competitors.	Barbecue: Saturday evening at 9:	30 at the Stadium.	NOTE: Separate entry forms and \$16.00
Team	1st - 5 3rd - 2	Tickets are \$4.00. Plea entry form so we may	se order from your	Club official certifies with his signature t individual entry form.
Points Awarded:	2nd – 3 4th – 1 To compete for a team, athlete must live	Impliments:	propure for you.	Club Official
1	within that geographic region. Team Awards to first three teams.		hot Hurdles	Address
			6 lb. 39HH, 36IH 6 lb. 39HH, 36IH	Falsification will result in disqualification
Housing:	Meet Headquarters: Sheraton Atlanta Hotel 590 West Peachtree St., Atlanta, GA 30308	1B 800 GM. 2.0 KG 1	6 lb. 36HH, 33IH 6 lb. 36HH, 33IH	In consideration of the right to participa
1	404/881-6000 Room Rates:	2B 800 GM 1.6 KG 1	2 lb. 33HH, 30IH	executors, waive, release and forever disc to me against the TFA/USA or their offi
10	\$32.00 Single \$40.00 Double	3B 600 GM. 1.0 KG	8 lb. 30HH, 30IH	and any and all sponsors of the aforement trained for several months or have recent
1 the state	You must mention that you are attending the AMC to get the special rate.	4B 600 GM. 1.0 KG	8 lb. 30HH, 30IH	Date
Transportatio	n: Limited shuttle service available to stadium	AAU Meeting: Southeastern AAU Re to be held at 8:30 PM Sheraton, Please make	in registration room at	Mail to: Atlanta Masters Championships 3800 Stonewall Terrace Atlanta, Georgia 20229

from Sheraton Hotel.

# **Recalling Ed Barron**, Father of Running in Area

Sheraton. Please make sure your state is

represented.

By the time of his death from cancer last Tuesday, Ed Barron had organized so many running events, participated in so many road races and shared his spaclous enthusiasm for track and field with so many friends and strangers that he had been justly known for some time as the father of Washington-area run-

suffered ulcerative colitis and cancer of the colon. A gall bladder had been removed. He had had a colostomy, which meant that his intestinal tract emptied into a plastic bag. If anyone could have been certified by the AAU for the popular sport of armchair sit-ting, it was Ed Barron.

**Colman McCarthy** 

ville marathon in 3:36. He had plan-ned to run Boston in 1977, but an assignment from the Central Intel-

think about sending a sportswriter to cover some of the races. Erich Se-gal isn't the only marathoner in America worthy of coverage, he would chide. When he wasn't phoning, he would be writing letters, either to individ-ual writers or letters to the editor. As

ron. He had been through enough tles in hospitals and on the oping table—where the stakes are r to know the uselessness of run squabbling among themselves.

His happiest moments came runners gathered with their far to celebrate their sport. With 4 ous grace, he included me in year's annual banquet of the Po Valley Seniors club. He called c

Atlanta, Georgia 30339



D14 THE WASHINGTON POST

Sunday, January 21, 1979

#### ning.

The sight of bodies in motion, the sound of feet pounding off for 26 miles of marathon roadwork and the vigor of postrace conversations en-thralled him. The domain of his interests was large, and one was always coming upon him at race gatherings. coming upon nim at race gatherings. Sometimes, he would be standing be-hind the table collecting the 50 cents or dollar entry fees. He considered such menial labor well within his range of responsibilities as a mem-ber of the board of governors of the Amateur Athletic Union. Other times Amateur Athletic Union, Other times, he would come up from behind in a race and call out a cheerful word.

Anything Ed Barron said to you during a run had to be a stirring word. Since 1970, he had subjected himself to five major operations. He

Typical of that small group of ath-letes who have lain in hospital beds for long stretches and know the tor-ments of pain at its most agonizing intensity, he had an ardent appreciation for the delicacy of the body. It will work if you give it a chance, he insisted.

Referring to his operations, he said two years ago that, "I don't think I should be an automatic cripple just because of what happened to me. People give up too soon and say, 'That's it, I'm through.' But they don't realize the human body's ability to adjust to such things. Personally, I'm running faster than before the operations.

That he was. He did the 1976 Marine Corps marathon in 3 hours 21 minutes. Earlier that year he ran the more demanding course of the Beltsligence Agency, for which he did con-sulting work, took him to Southeast Asia during April of that year.

As a founder in 1972 of the Potomac Valley Seniors Track Club, Ed Barron became a running evangelist well before jogging became the new relig-ion. The sport, he believed, belonged to everyone. He became one of the forces behind the biweekly track and field developmental meets at Yorktown High School in Arlington. For as many as 200 participants-child-ren, adults, working people and Uni-ted States Senators-the Sunday morning events turned running into an excuse for a neighborhood celebration.

I came to know Ed. at least initially, from his phone calls. True to his kindly manner, he prodded with the softest of suggestions: would The Post

more and more sportswriters bestir-red themselves to get out to the races, they discovered that the Barron mesa beat of its own. It might also do something personally for the sportsthe sportswriters, as more than a few at The Post, including me, have discovered. Thin, angular, with a soft voice, and an easygoing civility that was politely hesitant about turning conversations toward running if those in the group had other things on their minds, Ed had other things on their minds, Ed was an AAU loyalist, But not abras-ively so. In some of the disputes be-tween his group and ethers in the running community, he could be re-lied on as a peacemaker or recon-ciler. Hard words have occasionally peaced by the same of the campa in passed between some of the camps in lapsing moments, but when taiking among the factions I never heard a syliable of barshness from Ed. Bar-

to say a few words, but not un ter giving me the high honor most a 10-minute introduction. spoke-and spoke and spoke-I n't help but feel a special ki fondness for him. The introdu was a special kind of honorsplashy one to be placed on a among trophies but a warm feel acceptance, that whatever good any of us achieved as individua ners, the better times would when we embraced each other man beings.

Ed Barron-unstinting, robu charger of hills and a battler health-lived as a joyful man. F ground to be expansive, and gentle man and a strong runn covered the ground well.

RY FORM	1979 ATLA	NTA MASTERS	CHAMI	PIONSHIPS
		Phone No.		The space
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#### WAIVER FOR ALL EVENTS:

in the 1979 Atlanta Masters Championships, I do hereby, for myself, my heirs and arge any and all claims for damages which I may have, or which may hereafter accrue rs or agents, Occidental Life of N.C., the Atlanta Track Club, Inc. and Lovett School oned championships. I further certify that I am in good physical condition and have undergone a thorough physical exam by a certified medical doctor

\_ Signed

Questions? Ken Kirk 404/436-6918 (pm)



## Who's the most versatile? **Consider Jim Hershberger**

#### By BOB FINE

The claim that Dr. Bob Thomas is the most versatile over-40 runner of all time has been disputed, with Jim Hershberger's name being advanced.

Jim is a 46-year-old self-made millionaire in the oil business living in Wichita, Kansas. His medical history is as fascinating as his athletic performances. He's had 16 major operations, 191 stitches and 42 broken bones. He had cancer surgery at the age of 18 and has very rarely been able to go through a season without some substantial medical problem.

Competitive doesn't sufficiently describe his attitude. Jim suffered a broken rib while diving for the tape in a Master's mile. He won a National Indoor Masters Championship with a 102-degree temperature. Besides holding 20 records in the Mid-American Region, Jim has won 11 National Championships at distances from the 220 to the marathon.

In addition to his running exploits, he was an alternate on the 1948 Olympic Wrestling Team, played 180 holes of golf in one day, averaging 88 strokes per round, was ranked second in the country in racketball in 1969, yet he ranks water skiing as his best sport!

Jim's best times as a Master are as follows: 100-10.2; 220-22.3; 880-1:59.3; mile-4:29.3; 1500 meter-4:13.1; 3000 meter-9:37.7; three mile-14:58.0; four mile-20:42.0; five mile-26:06.6; 10K-32:27.0; 20K-1:10:58; 25K-1:29:58; 3000-meter steeplechase-10:22.0 and the marathon-2:41:31.

Jim has been most generous in his support of track. He donated the artificial track to his alma mater, Kansas University. He sponsors a "Walk-R-Run" annually for the American Cancer Society. He provides three track scholarships per year for Kansas U. He has underwritten the cost of many local meets. Jim is currently bidding to host the 1982 National AAU Masters Track and Field Championships in Wichita.

Who is the most versatile Master? It is really not important. What is important is that athletes like Bob and Jim continue to compete to the utmost of their abilities and serve as examples to everyone that age does not diminish athletic desire and that our only limitations are what we place upon ourselves.

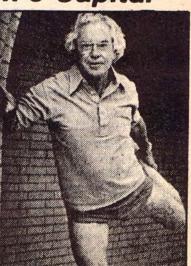
From the Los Angeles Herald, May 1, 1979

## 'The Happy Jogger,' 67,-Off for Nation's Capital

Don Almy, 67, says he began recovering from old age four years ago when he started jogging. Now, as a sort of jogging evangelist, he's literally running across the country to encourage older Americans to pay more attention to their physical health.

Called "The Happy Jogger' back in his home state of Hawaii, Almy took off running from his starting point in front of the USC Andrus Gerontology Center in downtown Los Angeles yesterday, headed for Washington, D.C.

Accompanied by his German shepherd puppy, Lalla, and followed by his wife Camille drivcoup motor nom Almy will run 10 miles a day and plans to reach the East Coast next April.



## SAVE\$ SAVE\$ by TRAVELING WITH A GROUP FROM FALCON TRAVEL (1835 South Broad St., Philadelphia, Pa. 19148) Assisted by The Philadelphia Masters T. & F. Association

(C. Joe Stefanowicz, PMT & FA Rep.) For Information Call (After 6:30 p.m.): (215) 485-3870 Or write Falcon Travel for Details and Pamphlet

Almy had to take a medical retirement from the Air Force five years ago due to a heart condition.

On Sept. 10, 1974, Almy took to walking. Eventually he started running.

Nearly four years later, the 5-foot, 7-inch Almy's weight is down from 195 to 140 pounds.



Herald Examiner photo by Ken Papa Don Almy limbers up before running.

8.372 F

62	Team Affiliation       Phone No.         (If none, write unattached)       Phone No.
	Name Age Birthday
ATLANTA MASTERS CHAMPIONSHIPS	First Middle Last (As of day of meet)
	Address City State Zip
0-yard relay	\$5.00 First Event, \$4.00 each additional Event
0-yard (women) -yard	Event Best Performance in 1979 Fee
e (women) e (men)	1
vard final (women)	3
vard final -yard IH	4
le run	5 6
relay rds ceremony	Barbecue Reservations (Saturday 9:30
	p.m.) — Adult Ticket \$4,00 (At the Track)
time, if needed.	Total Fee T-Shirt Size S M L XL Payable to Atlanta Masters
INTS .	Additional T-Shirts Available for Sale Championships —Competitor must sign waiver
ump	
ault in (grass runway)	RELAY ENTRY FORM (\$16.00 Per Team)
	Event Club Club (Determined by age of youngest relay team member)
ump Jump	
it	Names: 1 3 3
schedule.	2 4 Total Estimated Time
	Alternates: 1 2
Stadium.	NOTE: Separate entry forms and \$16.00 payment to Atlanta Masters Championships must be submitted for each team entered.
om your or you.	Club official certifies with his signature below that all men named are members of that club and each member has sent an official individual entry form.
- Sarra - Gri	Club Official Phone
rdles	Address City State Zip
HH, 361H	Falsification will result in disqualification.
HH, 361H HH, 331H	WAIVER FOR ALL EVENTS:
,	In consideration of the right to participate in the 1979 Atlanta Masters Championships, I do hereby, for myself, my heirs and
HH, 301H	executors, waive, release and forever discharge any and all claims for damages which I may have, or which may hereafter accrue to me against the TFA/USA or their officers or agents. Occidental Life of N.C., the Atlanta Track Club, Inc. and Lovett School
HH, 30IH HH, 30IH	and any and all sponsors of the aforementioned championships. I further certify that I am in good physical condition and have trained for several months or have recently undergone a thorough physical exam by a certified medical doctor.
нн, зоін	Date Signed
nning meeting	Mail to: Atlanta Masters Championships
tion room at state is	3800 Stonewall Terrace Atlanta, Georgia 30339 Questions? Ken Kirk 404/436-6918 (pm)

would childe. When he wasn't phoning, he would be writing letters, either to individ-ual writers or letters to the editor. As 6. He had plan-in 1977, but an e Central Intel-which he did con-im to Southeast

GERMANI GERMANI

FOR THE THIRD WORLD VETERANS GAMES (Men aged 40-plus & women aged 35-plus)

that year.

72 of the Potomiz of the Potom-ck Club, Ed Bar-g evangelist well he the new relig-elieved, belonged ame one of the weekly track and meets at York-Arlington. For rticipants\_childpeople and Uni-rs-the Sunday ed running into aborhood celebra-

l, at least initial-alls. True to his rodded with the would The Post

more and more sportswriters bestir-red themselves to get out to the races, they discovered that the Barron mes-They discovered that the Barron mes-sage was authentic: running deserved a beat of its own. It might also do something personally for the sports-writers, as more than a few at The Post, including me, have discovered. Thin, angular, with a soft voice, and an easygoing civility that was politely hedither things on their minds, Ed was an AAU loyalist. But not abras-ively so. In some of the disputes be-tween his group and ethers in the running community, he could be re-lied on as a peacemaker or recon-ciler. Hard words have occasionally passed between some of the camps in lapsing moments, but when talking among the factions I never heard a ayliable of harshness from Ed Bar

to know the uselessness of runners squabbling among themselves. His happiest moments came when runners gathered with their families to celebrate their sport. With gener-ous grace, he included me in last year's annual banquet of the Potomac Valley Seniors club. He called on me to say a few words, but not until af-ter giving me the high honor of al-most a 10-minute introduction. As he spoke—and spoke and spoke—I could-n't help but feel a special kind of fondness for him. The introduction was a special kind of honor—not a splashy one to be placed on a shelf among trophies but a warm feeling of acceptance, that whatever good times any of us achieved as individual run-ners, the better times would coppe when we embraced each other as ha-man beings. Ed Berron-unstinting robust a

How this

much on page 11

July 27-Aug. 2 In HANNOVER, WEST GERMANY SAVES SAVES by TRAVELING WITH A GROUP FROM FALCON TRAVEL (1835 South Broad St., Philadelphia, Pa. 19148) Assisted by The Philadelphia Masters T. & F. Association (C. Joe Stefanowicz, PMT & FA Rep.) For Information Call (After 6:30 p.m.): (215) 485-3870 Or write Falcon Travel for Details and Pamphlet

#### page 10 National Masters Newsletter

#### ENTRY FORM

for the 3rd WORLD VETERANS CHAMPIONSHIPS 1979 in HANNOVER from JULY 27th to AUGUST 2nd 1979

This entry must reach the Organizing Committee before 5-20-1979 and is subject to previous sanction by the National Track and Field Association or the accredited Veterans Organisation.

Surname	Name
Street	
Town	
Province or State	Nation
Date of Birth	Age Group
Certification by the National Association	on or Veterans Organisation:

Si	gnature		Stamp	·······
	M		o w	
м	EN	Best Performance	WOMEN	Best Performance
	100 m 200 m 400 m 800 m 1500 m 5000 m 10000 m Marathon 110 m Hurdles 400 m Hurdles 3000 m Steeple 10 km Road Walking 20 km Road Walking 20 km Road Walking Cross Country High Jump Pole Vault Long Jump Triple Jump Shot Put Discus Hammer Javelin Bentathon		<ul> <li>100 m</li> <li>200 m</li> <li>400 m</li> <li>800 m</li> <li>1500 m</li> <li>5000 m</li> <li>10 000 m</li> <li>Marathon</li> <li>80 m Hurdles</li> <li>100 m Hurdles</li> <li>5 km Road W</li> <li>10 km Road W</li> <li>Cross Country</li> <li>High Jump</li> <li>Long Jump</li> <li>Shot Put</li> <li>Discus</li> <li>Javelin</li> <li>Pentathlon</li> </ul>	alking alking
	Shot Put Discus Hammer		Pentathlon	

Certification by the National Association or Veterans Organisation:

#### CONTROL NUMBER

(per person) when collecting the documents for competition.

I confirm to have paid for participation in the events marked overleaf, with the declaration of the control number.

on ..... at ..... hours

I join the Farewell Party on August 2nd, 1979 in the City Hall with ...... persons.

	DM	20	for the 1st event
+	DM		for any further event (DM 10)
+	DM	10	special fee for WVAA)

DM

PAYMENT

FAREWELL PARTY

DM 30.-

ARRIVAL

I accept to pay cash the fee of DM

by plane / train / bus / car.

into account no. 748 820 (3. WVC 1979) at the STADTSPARKASSE HANNOVER (code 250 501 80)

on .....

#### Town: ..... Date: .....

Signature: .....

Monday Tuesday Wednesday Thursday AM PM AM PM AM PM AM PM

HF

#### SENDING

with the confirmation by the National Track and Field Association or the accredited Veterans Organisation

to the

**ORGANIZING COMMITTEE for the** 3rd WORLD VETERANS CHAMPIONSHIPS 1979

Postfach 404 HANNOVER D-3000

Please send this card unfolded in an envelop

## Hannover update

As you know, the third World Veterans Championships will be held in Hannover, Germany, from July 27 to Aug. 2, 1979.

The official entry deadline was May 20. However, we're reprinting the entry form in the hope that organizers will accept your entry if it's only a week or so late. No guarantees, however.

The form asks for "Certification by the National Association.' Please disregard this unless you

Running Committee, however, wants to prevent "non-eligible runners" from scoring in the two events which the LDR overseesthe Marathon and Cross-Country.

It's a little complex. To sum up, if you want to simply enter any event, just send in the entry form. No "approval" needed. If you think you'll finish in the top five in the Marathon or XC, and you want your finish to be counted in the U.S. point totals, Ken Bernard, the National AAU LDR Chairman, suggests you get a travel permit from the AAU. Travel plans are firming up. Helen Pain's charters leave from New York, Boston, Chicago, Oakland and Los Angeles. There may still be space available. Call 714-225-9555, or write Sports Travel International, 4869B Santa Monica Ave., San Diego, Calif. 92107.

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Marathon	W	35-			
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100 m Hurdles	W	35-44			
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Long Jump	w	40-	F		
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Shot Put	W	35			
Discus	w	35-			
Javelin	W	35-			
Pentathion	W	35-	ac as		
4 x 100 m	w	35.	and the constant		

plan to be part of the U.S. scoring team in the Cross-Country or Marathon.

The form was printed before the IAAF waived the "professionalism" rule for Masters. Now, anyone, amateur or "professional," may compete, so there is no need for the AAU or anyone else to "approve" your entry. Just send it in.

The U.S. Long Distance

#### PROGRESSION FROM PRELIMINARY ROUNDS AND SEMI-FINALS

The winners and other competitors quickest in time will, according to the number of participants, advance from the preliminary rounds. Competitors promoted will be announced on the same day as is staged their semi-final. In the and 1500 m, race a maximum of 8 of 12 participants respectively are allowed to enter the final.

#### PRELIMINARY ROUNDS AND FINALS (TECHNICAL EVENTS)

In the long and triple jump as well as in any throwing events, the 8 best athletes. each as well as those sharing equally the 8th position at same performance level passe the preliminary rounds (3 trials) to enter the final (3 trials). In the event of there being 8 or lesse than 8 participants no preliminary rounds are held. competitions are allowed 6 trials

#### TEAM SCORE

In any road, events and cross country races teams are scored separately

coll and w continued

#### page 11 National Masters Newsletter

PM AM PM

#### continued

according to age groups. Scoring is made as follows:

- a) In the age groups of M 40-44, M 45-49, M 50-54, M 55-59, 5 competitors will be sored from a team. In the following age groups of men and all age groups of women each 3 competitors will be scored for a team.
   b) The 1st team consists of the 5 or 3 first competitors of each nation, the 2nd.
- b) The 1st team consists of the 5 or 3 first competitors of each nation, the 2 team being formed by the next 3 competitors, etc.
- c) In the road events and the cross-country events are added according to the positions of competitors.
- d) The lowest aggregate of points of 5 or 3 competitors each determines/the final classification
- Should there be 2 or more teams taking the same position, the tie will be resolved on the basis placing of the 5th or 3rd competitor entering the score.

#### ENTRIES

Entries must be sent to the Organizing Committee

using the official entry form attached.

Entries must be available von May 20th, 1979 at the latest. ATTENTION! Late or misdirected entries\_as well as entries transmitted verbally or by phone will not be considered.

Late entries are only acceptable for road events and cross-country and must reach the Organization Office at 12 o'clock at latest the day before the event is held.

Entries for relay events must be handed in by the representatives of the National Organizations until Tuesday, July 31st, 1979, 17.00 hours. Entries must be duly confirmed at the Calling Room 60 minutes prior to the beginning of competition.

To identify competitors ages, entries must be accompanied by a certificate of birth. Persons failing to meet such demand are requested to present their passport to the Registration Office upon arrival, where they will also receive any documents necessary for their stay in Hannover. The Registration Office being set up in the Hannover Tourist Information Office (Verkehrsamt), ErnstAugust-Platz 8, opposite the railway station Confirmations of acceptance will be sent to participants concerned immediately.

EN'	TR	YF	EE	S
	1			

Individual entry (1st event)	DM 20	
Any further individual entry	DM 10	
Entry for relays	DM 40-	
		the second s

No separate entry fees are required for road and crosscountry events (team scoring). Payments must be made exclusively in German currency (DM) with your control

number to the below address: 3. WVC 1979

STADTSPARKASSE HANNOVER (BLZ 250 501 80 / Account No 748 820)

#### EXCURSIONS AND ENTERTAINMENT

Following the athletic competitions we are offering you on Friday. August 3rd.

19	79. daily excurs	sions to the following destination.
1	HARZ: DM 18	via Goslar Obertal Altenau Braunlage Bad Harzburg
2	HEIDE: DM 15 -	via Gifhorn Uelzen Luneburg Hermannsburg Winsen
3	WESER: DM 18 -	via Springe Hameln Bodenwerder - Holzminden Hoxter Sababurg Neuhaus/Solling Einbeck
4	BREMEN: DM 15 -	with sightseeing tour Free use of time
5	HAMBURG: DM 17 -	with sightseeing tour Free use of time. Opportunity of undertaking a circular tour of the harbour.

Excursion are subject to participation of 30 persons at least. Registrations must, therefore be made upon arrival at the Registration Office in the Hannover Verkehrsburo (Tourist Information Office) where documents of competition are distributed. You will be readily\*informed there about any further details on excursions.

#### continued from page 7

55-59 Melanie Paschal 7:25

#### THREE MILE MEN

40-44 Charles Hill 18:29 45-49 Richard Dyer 18:55 50-54 Robin Heaps 18:10 55-59 Jack Rice 20:04 60-69 Morton Landau 24:53 70+ Jerome Staggenborg 29:22

THREE MILE WOMEN

35-39 Monique Gareau 19:29 40-44 Sue Mallick 27:12 50-54 Elizabeth McBride 29:51 55-59 Melanie Paschal 27:09

#### SIX MILE MEN

40-44 Charles Hill 38:10 45-49 John Ross 40:20 50-54 Bill O'Brien 40:16 45-49 Lou Caro 21.3 50-54 Bill O'Brien 21.8 60-69 Harry Shadle 21.2

HIGH JUMP MEN 40-44 Sammy White 5'4'' 45-49 Norman Vincent 4'4'' 50-54 Bill O'Brien 4'8'' 60-69 Harry Shadle 4'0'' 70+ Frank Furniss 3'8''

SHOT PUT MEN 40-44 Steve Lasher 35'7'' 45-49 Norman Vincent 26'7'' 50-54 Les Trubey 36'5'' 60-69 Bob Marco 34'5'' 70+ Frank Furniss 29'3''

SHOT PUT WOMEN 55-59 Melanie Paschal 16'8'' The Tourist Information Office arranges for reservation of entrance tickets to concerts, theatre performances and entertainment of any kind in Hannover from Monday to Friday between 8.30 - 13.30 hours and 14.30 - 18.00 hours, phone 168 28.00.

The Tourist Information Office advises you on any traffic communications and informs on Hannover its sourroundings.

The Tourist Information Office arranges for you the accompaniment by instructed guides versed in languages phone 168 23 19. Sightseeing tours on Monday until Saturday, 13.30 hours.

KEY OF ABBREVIATIONS USED IN THE PRELIMINARY TIME-TABLE AM Morning, PM Afternoon, H Heat, SF Semi-final, F Final / Preliminary round and final of technical events

The definite time-table will be elaborated upon receipt of any entries and will be published subsequently in the official programme. The preliminary time-table submitted attached shall be subject to minor changes only.

#### VORLAUFIGER ZEITPLAN/PRELIMINARY TIME-TABLE/HORAIRE PRELIMINAIRE

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#### FLORIDA STATE CHAMPIONSHIPS

DISCUS MEN 40-44 Steve Lasher 99'6'' 45-49 Austin Baggett 119'4'' 50-54 Don Hall 73'6'' 60-69 Harry Shadle 97'3'' 70+ Frank Furniss 77'4''

#### DISCUS WOMEN 55-59 Melanie Paschal 43'7''

Teams, Masters: Manasota Track Club, 468; Tampa Bay Track Club, 117.5; Daytona Beach Track Club, 92.

## Paulette, Chernock best in Virginia indoor meet

By JOSEPH MARTIN

Brown's, Inc., of Lexington, went to Foster Paulette, unattached, of Richmond, outstanding Submaster, and to Roy Chernock, RTFC, of Williamsburg, outstanding Master. Paulette won the Sub-Master 1500-meter run in 4:11.9 and was second in the 800-meter run by two-tenths of a second with a time of 2:01.2. Chernock, competing in the Masters II division, set records in winning the long jump with 4.92 meters

55:59 B. John Ross 46:20 60-69 Dick Leis 48:25

SIX MILE WOMEN

30-34 Nancy Glaser 57:42 35-39 Mary Briant 41:21 40-44 Jean Bowling 54:28 45-49 Nancy Carson 55:46

120-YARD HIGH HURDLES MEN 40-44 Sammy White 17.5 LONG JUMP MEN 40-44 Sammy White 17'9'' 45-49 Frank Laudano 13'10'' 50-54 Les Trubey 14'9'' 60-69 Orrin Graf 13'4'' 70+ Frank Furniss 10'7''

LONG JUMP WOMEN 40-44 Sue Mallick 11'9'' 55-59 Melanie Paschal 8'0'' LEXINGTON, VA., March 10—The third annual Virginia Association AAU masters Indoor State Championships were held in Lexington at the VMI Field House on VMI's new 200-meter Rubbertan track. Eighty-four persons competed this year, compared with 64 last year and 43 the year before.

Trophies for outstanding performances, donated by Pres

continued

#### page 12 National Masters Newsletter continued

(16'4'/2''), the 55-meter dash in 7.3 and the 55-meter hurdles with an 8.5.

Other standout performances included a 14.03-meter (46'1/4") shot put by Submaster Charles Falk of Lexington and CTC, a 2:32.1 800-meter run by Frank Finger in the Masters III division, and a 4:18.0 1500 for second place in the Submasters division, along with a winning 5000-meter run time of 15:59.3 by Lew Faxon of Hampton and PTC. Also exceptional was David Watson's winning 2:01.0 in the Submasters 800 meters. David, from Williamsburg, also represents PTC.

Team scoring was as follows: RTFC 91, CTC 90, TS 9, PTC 3, Bath Co. RR1, Shenandoah Valley TC 0.

#### WINNERS (\* indicates meet record)

#### 55 Meter

30-39 Bill Mebane 6.7\* 40-49 Harold Green 7.1\* 50-59 Roy Chernock 7.3\*

#### 400

30-39 Bill Mebane 56.1 40-49 Harold Green 59.0 50-59 Joe Martin 64.6 60-69 C.E. Kline 75.0

#### 800-METER

30-39 David Watson 2:01.0 40-49 Charles Tewksbury 2:32.5 50-59 Charles Lauck \*2:37.1 60-69 Frank Finger \*2:32.1

#### **1500-METER**

30-39 Foster Paulette \*4:11.9 40-49 Clarence Brown \*4:29.5 50-59 Louis Hundley \*5:19.3 60-69 Frank Finger \*5:25.6

#### **5000-METER**

30-39 Lew Faxon \*15:59.3 40-49 Charles Goetz \*16:53.2 50-59 Louis Hundley \*20:37.7 60-69 Richard Shrum \*23:44.1

#### **55-METER HURDLES**

30-39 Jack Gallagher 11.0 40-49 Ed Zini 9.6 50-59 Roy Chernock \*8.5

#### **1600-METER RELAY**

30-39 RTFC (Dil Cook, Phelps, Green, Cole) 40-49 CTC (Finger, Hundley, Lauck, Martin)

#### **HIGH JUMP**

30-39 Joseph Adams 5'61/4"\* 40-49 Ed Zini 4'91/2' 50-59 Spottswood Hall \*4'11'' 60-69 Frank Finger \*4'1

ENTRY FORM							
THE SECOND NORTH AMERICAN MASTERS TRACK & FIELD CHAMPIONSHIPS 1979							
COMBINING ALSO,							
THE SIXTH CANADIAN AND EIGHTH ONTARIO MASTERS CHAMPION	SHIPS						
AT BIRCHMOUNT STADIUM, SCARBOROUGH (TORONTO AREA) ONTARIO	, CANADA						
and the second se							
<u>ON JUNE 9TH &amp; 10TH, 1979</u>							
NAME :							
(Please Print)							
ADDRESS:DATE OF BIRTH:							
	and the second						
BEST RECENT MARKS (FOR SEEDING):							
A CARL AND A							
EVENTS () 100M () 5000M Walk							
() 110M Hurdles () Shot							
() 200M () Hammer () 400M () Discus							
() 400M Hurdles () 35 Lb. Wt.							
() 800M () Javelin							
() 1500M () Long Jump							
() 3000M S.C. () High Jump () 5000M () Triple Jump							
() 10,000M () Pole Vault							
Entry Fees: \$6.00 lst event \$3.00 each additional event \$	To scientific - Sta						
	and the second						
Banquet: Send metickets at							
\$10.00 per person \$							
the second se							
TOTAL \$							
In consideration of your acceptance of this entry, I her	reby waive						
all rights and claim for any injury, loss or damages I m	may have						
against Birchmount Stadium, the Organizing Committee, th	ne Meet						
Director or other officials which are sustained at the a championships.	above						
Signature:							
The second se							

#### **ELIGIBILITY:**

All women age 35 and over and men, age 40 and over, on the 9th of June, 1979, who are residents of North America (as defined by the World Veterans Athletic Association, i.e., Canada, U.S.A., Central Americas and Caribbon, and other islands of North America) and who are fit to take part.

## SPECIAL EVENTS:

Blind runners requiring the

#### AWARDS:

The first three competitors in each approved age class, in each event, will receive an appropriate, specially struck, North American Masters Championship Medal. However, when there are fewer than four (4) contestants from the same age class, a medal will be presented to the last place finisher only when the required published standard is met by that person.

To reflect the combined nature of this championship event, framed CMITT certificates will be awarded to the 1st, 2nd and 3rd place Canadian finishers and suitable Ontario awards to the 1st, 2nd and 3rd Ontario finishers. These latter are also subject to the required standards rule whenever there are less than four (4) contestants.

#### SPECIAL AWARD:

A perpetual silver challenge cup to winning country in international 4 x 400M relay to be held for 1 year. One team only per country.

#### **BANQUET:**

Will be arranged for Saturday evening, June 9. Price \$10.00 per person, guests welcome.

#### FACILITIES:

#### LONG JUMP

30-39 Jack Gallagher 17'21/2" 40-49 Ed Zini 16'51/2" 50-59 Roy Chernock \*16'41/2" 60-69 Sherman Burho 12'11/4"

#### SHOT PUT

30-39 Charles Falk 46'1/4" 40-49 Lynn Newcomb 36'5" 50-59 Spottswood Hall \*31'81/4" 60-69 Sherman Burho 30'11/4"

assistance of a guide runner may only compete in the two special events later listed. viz. 100M Special and 3000M Special.

#### THE PROGRAM:

Consists of competition in the following age classes: (a) men in 5-year age classes from 40-44 up to 75+; (b) women in 5-year age classes from 35-39 up to 60+.

Birchmount Stadium has viewing grandstands, full changing and shower facilities, but not lockers. Competition is on new Uniroyal. Flats or spikes (maximum 7mm) are suitable. There is a snack bar in the stadium.

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## **Aldrich wins 3 events**

440 YD. DASH

WOMEN

(30-39)

(10-49)

(50-59)

440 YD. DASH

MEN

(25-29)

(30-39)

(40-49)

(50-59)

(60-69)

100 YD.DASH WOMEN (25-29)

(40-49)

(50-59)

100 YD. DASH MEN (25-29)

Christel Miller Shirley Kinsey Lois Deming

Marcel LaCruix

Ronald Beadle Frank Reilly

Harris Williams

Eugene Galindo

William H. Grant

Gary Miller

Tony Nasralla D.J. Mack

Louis R. Beadle

George Poloynis Don Mowrer

John Harper

Robert Hunt

Hal Wallace

Toni Bell Deta Bianco

Ellen Rose Diana Smith

Gary Srell

Chet McGaugh

Myron McGill

Marion McCoy Leonard VanHofwegen

Herman Franklin

Willie Roberson

Walter Butler

Lynn Meyer

John Harper

Alvin Henry

Kenneth Mason

Warren Cummings

(30-39)

(40-49) Kenneth Dennis

Bill Acherburton

Carol Roberts

Myrna Sorensen

Ellen Rose

ORANGE, CALIF., Feb. 17-University of California Chancellor Dan Aldrich won the shot, discus and javelin in the 60-69 division to highlight the 2nd Annual City of Orange, Calif., Masters Track Meet.

George Ker, 1978 Masters T&F Athlete of the Year, won the Shot and Discus in the 50-59 group as competitors showed surprisingly good early season form.

440 Relay	
(30-39)	
Striders	44.40
All American T.C.	45.60
A.D.A.	45.85
Jets	46.13
City of Or. P.D.&Fire	52.20
city of our city in the	
(40-49)	
Corna Del Mar T.C,	45.13
MILE	1
WOMEN	
(30-39)	
Carol Roberts	7:14.3
(4019)	
Myrna Sorensen	7:14.1
Dorothy Herbert	9:12.6
(5059)	
Ellen Rose	6:55.3
Diana Smith	9:28.0
Mon	
(25-29)	and the second second
John Kulisich	4:57.1
Gregory R. Arena	5:37.5
(30-37)	
Steve Waggener	4:37.5
Chip Minnick	N.T.
Bob Coodson	N.T.
(40-49)	
Lee Miller	5:04.3
John Harper	5:26.0
Jack Resh	5:27.0
Bill Holt	5:43.4
Denald Brodie	6:01.8
150 501	
(50-59)	5:52.9
Don Dunn Dave Lewis	5:52.9
Ellery Slick	6:27.4
LITTY STICK	0:27.4
Mile	
(60-69)	
John Garcia	6:29.1
Bert Williams	7:05.2
60 V3 U U	
<u>60 Yd. H.H.</u> (25-29)	
Gary Sarell	8 16
Warren Cummings	8.16 8.96
and the summings	0.90
(30-39)	
Walter Butler	7 65
Alan Rigby	7.65 8.1
Fredrick L. Johnston	8.2
Harvey Mason	8.4
	0.4

8.46 7.98 9.33 8.40 8.97	Bob Radford Eldon Neben D.J. Mack (50-59) Tom Patsalis Peter Fetter Pobert Hunt	11.55 11.9 11.93 11.6 11.8	MILE RELAY WOMEN (30-39) Trinity Queens MEN	6:47.6	George Ker Richard Straub Hal Wallace Gordon Gray Robert Perry Emson Grimm	133'10" 129' 117' 100'5" 64'3" 51'1"
9.33	(50-59) Tom Patsalis Peter Fetter	11.6 11.9	(30-39) Trinity Queens	6:47.6	Gordon Gray Robert Perry	100'5" 64'3"
9.33	Tom Patsalis Peter Fetter	11.9	Trinity Queens	6:47.6	Robert Perry	64'3"
8.40	Tom Patsalis Peter Fetter	11.9	Trinity Queens	6:47.6		
	Peter Fetter	11.9			Emson Grimm	51'1"
			MEN			
	Robert Hunt					
		12.24	(30-39)		(60-69)	
	Delaine Wagner	12.25	Corona Del Mar	3:48.1	Daniel G. Aldrich	173'2"
9.0	Bryon Walls	12.3	corona per nar		Daniel G, Aldrich	52m78ct
			(40-49)		Jack Thatchery	140'2"
	(60-69)			4:23.2		122'9"
10.07	Clarence Killion	12.3				120'5"
10.10	Bill Morales	12.7	in third, which a		Bill Morales	115'11"
10.4	Jim Vernon	12.71		STATISTICS -	Bill Burke	115'6"
11.42	Erich Jordan	13.7		10	and the second se	「日日の日日日に、
12.1	Arthur Vesco	13.95			(70-79)	A HALLER MET
12.89						121'8"
21.35						continued
111111	0.10 0.4 1.42 2.1 2.89	0.07 Clarence Killion 0.10 Bill Morales 0.4 Jim Vernon 1.42 Erich Jordan 2.1 Arthur Vesco 2.89	0.07         Clarence Killion         12.3           0.10         Bill Morales         12.7           0.4         Jim Vernon         12.74           1.42         Erich Jordan         13.7           2.1         Arthur Vesco         13.95           2.89         1.35	0.07Clarence Killion12.3Orange Flyers0.10Bill Morales12.7Trinity Kings0.4Jim Vernon12.741.42Erich Jordan13.72.1Arthur Vesco13.952.893	(60-69)         Orange Flyers         4:23.2           0.07         Clarence Killion         12.3         Trinity Kings         5:16.6           0.10         Bill Morales         12.7         Trinity Kings         5:16.6           0.4         Jim Vernon         12.74         1.42         Erich Jordan         13.7           2.1         Arthur Vesco         13.95         2.89           1.35	(60-69)Orange Flyers4:23.2Hugo DeGroot0.07Clarence Killion12.3Trinity Kings5:16.6Erich Jordan0.10Bill Morales12.7Bill MoralesBill Morales0.4Jim Vernon12.74Bill Burke1.42Erich Jordan13.7(70-79)2.1Arthur Vesco13.95(70-79)2.89Image State S

-	OOO VO RUN			s new siette
and a start of the second	BBO YD RUN WOMEN	ET CHART STAR	HIGH JUMP (25-29)	J. Belefis and an
			Gary Sarell	5'10"
	(40-49) Myrna Sorensen	3:32.8	Chet McGaugh	5'6"
	Hyrna Sorensen	5. 1	Warren Cummings	5'2"
	(50-59)		(30-39)	C. Cart
	Ellen Rose	3:12.4	Charles Rader Lloyd Higgins	6'2" 6'
		Taxal and	Carl Flowers	5'6"
	830 YD. RUN		Frank Reilly	5'6"
	MEN		John Fielder	5'4"
1:30.8	(25-29)		Mickie Reinertson	4'10"
	Marcel LaCruix	2:17.9	(40-49)	
1:22.9	John Kulisich	2:19.0	Shirley Davisson	4'10"
	(30-39)		Tony Nasralla	4'6"
1:18.0	Chip Minnick	2:07.0	(50-59)	
	Harris Williams	2:08.5	Hal Wallace	4'8"
	Eugene Galindo James Owens	2:12.9 2:16	Burl Gist Dave Brown	4'8" 4'8"
tradition to	Harvey Mason	2:26.0	Delaine Wagner	4'6"
	Sector and the sector of the sector		Robert Perry	4'2"
FO 07	(40-49) William Grant	2:11.5	Thomas DeVaughn	4'
58.87 67.24	Lee Miller	2:12.2	(60-69)	
The second second	Jim Cullen	2:19.2	Jim Vernon	4'6"
	James Sorensen	3:40.9	Hugo DeGroot	4'4"
52.55 53.0	(50-59)		Ted Hatlen Don Mowrer	4'2" 3'10"
54.17	Thomas Clayton	2:33.9	Arthur Vesco	3'10"
57.18	Louis Beadle	2:37.2	Doodles Weaver	3'1/2"
	R. Poet Dave Lewis	2:33.2 2:41.3	POLE VAULT	
53.55	Dave Dewra		(25-29)	
54.75	(60-69)	and the second	Warren Cummings	13'
58.57 60.13	George Poloynis John Garcia	2:44.9 3:01.8	(30-39)	
64.4	Bert Williams	3:22.2	John Fielder	12'
			Frank Reilly	10'
60.58	220 YD. DASH WOMEN		(40-49)	
62.3	WOFILM		Edward Oleata	10'6"
69.94	(40 49)		Vic Cook	10'
	Christine Miller Shirley Kinsey	30.27		
73.23	Myrna Sorensen	34.46	POLE VAULT	
89.45			(50-59)	
	(50-57) Ellen Rose	34.4	Don Grosh	10'6"
	- Diana Smith	44.2	Vernon Wolfe Dave Brown	10' 10'
	and the second sec	and the second second	Hal Wallace	9'6"
14.4	MEN		150 501	
14.7	(25-29)		(60-69) Jim Vernon	11'
	D. Segal	24.0	Hugo DeGroot	7'
13.1	Kenneth Mason	25.5	Bill Burke	6'
14.2			(70-79)	
15.4	220 YD. DASH		Bob MacConaghy	8'6"
	220 101 2000		A State of the second second second	11 50 110
14.58	(30-39)		DISCUS WOMEN	
17.98	L. VanHofwegen Ronald Beadle	22.9 23.0	(40-49)	
and the second	Willie Roberson	23.11	Shirley Kinsey	79'3"
	Doug Smith	23.7	Christel Miller	75 '8"
	Lynn Meyer John Harper	23.9 24.0	(60-69)	
	Rod Ferguson	24.03	Dorothy Herrmann	41'3"
10.6			MEN	
11.05	(40-49) D. Segal	23.65	(25-29)	
11.05	Gary Miller	24.0	Chet McGaugh	129'6"
11.7	Kenneth Dennis	24.03	Gary Sarcll Warren Cummings	123'5"
	Charles McKenney	24.50 25.8	Marcel LaCruix	113'4" 90'4"
9.99	Tony Nasralla	25.8		Sile and
10.10	(50-59)		(30-39) Lloyd Higgins	170'5"
10.10	Louis Beadle	26.78 27.4	Frank Reilly	169'6"
10.4	Robert Hunt Tom Clayton	27.57	Edward Kohler	167'2"
10.47	Peter Fetter	27.7	John Fielder Mickie Reinertson	91'4" 79'1"
10.52	Delaine Wagner	27.83	interes wernereson	19 1
- Weight	(60-69)		(40-49)	
10.5	Clarence Killion	27.8	Edward Oleata	106'1"
11.2	George Poloynis	30.89	(50-59)	
11.55	MILE RELAY		George Ker	133'10"

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MEN (25-27)

(30-39)

21'4" 18'9 3/4"

17'8"

22'1"

19'4"

19'2"

19'1"

20'3"

18'9 1/2"

17'4 1/2"

16'5 1/2"

16'4 3/4"

Gary Sarell

Chet McGaugh Warren Cummings

Carl Flowers

John Fielder

Michie Reinertson

(40-42)

Shirley Davisson

Harold Rush

Alan Rigby

James Baker

James Hammon

Meyer

continued		Christel Miller	100'6"	David Kuhn	158'	Robert Perry	69'5"
Edward DeGroot	103'2" 94'3"	Shirley Kinsey	67'	Don Elenburg John Fielder	142'11" 123'9"	Emson Grimm	47 '
LONG JUMP WOMEN (30-39) Carol Roberts	11'6"	MEN (25-29) Chet McCaugh Bruce Jensen Warren Cummings	197'10" 192'1" 134'10"	(40-49) Alan Faltys Ed Oleata (50-59)	125'9" 100'1"	(60-69) Daniel Aldrich Bill Morales Bill Burke Doodles Weaver	157' 151'1" 115'2" 83'5"
(40-49)		Gary Sarell Marcel LaCruix	133'3" 122'2"	Peter Fetter Richard Straub	145'3" 135'6"	(70-79) Bob McConghy	111'5"
Christel Miller L. Deming Nyrna Sorensen D. Herbert	13'8" 11'6" 11'2 1/2" 7'3"	(30-39) Frank Reilly	174'5"	Hal Wallace Gordon Gray	131'5" 122'2"	A. Redmond Doms Edward DeGroot	101'10" 72'4"

## **Surveying Masters athletes**

Jeanne Nelson, a second-year graduate student at the University of California at Santa Barbara, is seeking the cooperation of Master athletes in a survey to be used in a project for her Master of Arts degree.

"I am interested in comparing your performance throughout your years of training," Miss Nelson reported. "In order to evaluate the changes, an evaluation of the changes in your workout schedule is needed. This survey will help determine if certain activity functions are age-limited.'

Miss Nelson said the results of her survey will be made available for publication in a future issue of this newsletter. Your cooperation with her is requested.

"I would appreciate your returning the survey as quickly as possible," Miss Nelson added. "Your cooperation is greatly appreciated.'

Complete the following survey form and send it to Jeanne Nelson, Dept. of Ergonomics and Physical Education, University of California, Santa Barbara, Santa Barbara, Calif. 93106.

Dave Jackson	20'2"	Nelson reported. In order to	with her is requested.	Barbara, Calif. 93106.
Alvin Henry	20'			
Tom Nasralla	18'4 3/4"			
Eldon Neben	17'11 1/2"			
James Sorensen	11'11"			
- adult Annovation of 1 - a set	the state of the	CLA CD 11	N.I. E.I	- A
(50-59)	No. or other	State of Residence	Male Female	Age
Tom Patsalis	17'9 1/2"	A Stand Strend water Martin State		
Dave Brown	15'5 3/4"	Masters Track and Field		
A STATE OF THE REAL	and take . I			
(60-69)		and the second sec		
Bill Morales	16'1 1/4"	When did you begin to train?	Destaura	
Jim Vernon	14'	-	During your peak, how many	When you first began, how much
Erich Jordan	13'6"	10 and under	times a week did you work out?	
Bill Burke	13'3 1/4"	11-15		time did you practice per
George Poloynis	12'10"	16-18	2	workout?
Arthur Vesco	12'4 1/4"	10.22	L	Less than 1 hour
Don Mowrer	10'11"	19-22	3	
(70-79)	and the fit	23-25	2 3 5	1-2
	10'	What age?	5	2-3
A. Redmond Doms	10.		6	other
CUOT DUT		and guirres and had been	6	
SHOT PUT WOMEN		this which survey of I	7	
(30-39)		When you first began, how many	How many?	During your peak?
Carol Roberts	23'3"		non many.	Less than 1 hour
Calor Moberes		times a week did you work out?		1-2
(40-49)		1	Now, how many times a week do	
Shirley Kinsey	25'3 1/4"	2	you work out?	2-3
Lois Deming	21'11"	3	you work out:	other
Dorothy Herbert	20' 3/4"		I manufacture in the second second	and the second
borotiny increare	20 3/4	4	2	N
(60-69)		3 4 5	2 3 4 6	Now, how many?
Dorothy Herrmann	17'2"	6	1	Less than 1 hour
borothy nerrinann		7	4	
MEN			5	1-2
(25-29)		How many?	6	2-3
Chet McGaugh	40'5"	a to Participation of the second second second	7	other
Warren Cummings	33'1" '	A DALE IN THE STATE OF A DALE AND A		
		and the second	How many?	
(30-39)	440 - 10	A REAL PROPERTY AND A REAL PROPERTY A REAL PROPERTY A REAL PROPERTY AND A REAL PROPERT	and the second sec	
Frank Reilly	47'1 1/4"	and the state of the state of the state of		
Lloyd Higgens	43'5"	XX71	D 1	
Lynn Meyer	40'4"	What was the mileage/yardage:	During your peak?	Now?
Rich McClary	35'1 1/2"	When you first began?		
Don Elenburg	33'8"			
Mickie Reinertson	30'6 3/4"	and the second second second second second	and the second se	and the second s
John Fielder	30'3"	and he with the strength of the		
and the second second	add A Bridge and	the start with start and		
(40-49)	they delight	If there is a difference in the		
Ed Oleata	34'5 1/2"			
	The Trees of the	above three questions, what has		the second s
(50-59)		caused the changes?		
George Ker	44'4"	Strednest to The SPURS Own		
Hal Wallace	36'6 1/4"	and the second se		
Richard Straub	35'7 1/4"	一 我在人们的一种生活和自己的意义。		
Gordon Gray	32'3"	Have you suffered sports-related	a set and a set	A State of the second s
Robert Perry				
Emson Grimm	21'6"	injuries throughout your years of		

(60-69) Daniel Aldrich Jack Thachter Erich Jordan Bill Burke Hugo DeGroot Arthur Vesco (70-79) A. Redmond Doms

Stan Herrmann

nonesitino JAVELIN WOMEN (40-49) Dick Glasgow

Yes\_No\_If yes, please list years and injuries. How soon did you return to training?

training?

45'3 3/4", 43'7 3/4"

42'1 3/4"

41'1 1/4"

33' 5 1/2"

37'9 1/2"

33'8 3/4"

39'2"

How many years total did you compete in Age Group, High School and College? Please list year, events and personal best time for the years listed above.

How many years have you competed in the Masters Division? Please list year, event and time for all of the above years.

## Sen. Cranston ready for season

LOS ANGELES, April 14—U.S. Senator Alan Cranston showed up in pretty fair early season shape for this development meet at Los Angeles's Lincoln High.

Cranston won the 60+ 220 in 32.3 and placed in the 100 in 14.0. Herman Franklin was a double

## winner in the Submasters 100 in 9.8 and 220 in 22.0.

Jim Carter, who's training under Coach Laszlo Tabori of the San Fernando Valley Track Club, ran an excellent mile in 4:43.7 in the 40-49 division.

#### WINNERS

Age Name	Club	Mark	
30-39 Herman Franklin	SCS	9.8	
40-49 Percy Knox	CDM	10.1	
50-59 Louis Beadle	CDM	11.8	
		13.8	
60+ Bob Ogle	CDM	14.0	
Alan Cranston	SFVTC	14.0	
220		and the second second	
30-39 Herman Franklin	SCS	22.0	
40-49 Chuck McKinney	SCS	23.8	
50-59 Louis Beadle	CDM	26.6	
60+ Alan Cranston	SFVTC	32.3	
440			
40-49 Bill Grant	CDM	55.8	
50-59 Delanie Wagner	STC	60.3	
oo o, Delanie Wagner			
880	al and a state		
40-49 Bill Grant	CDM	2:13.6	
40-49 Bin Grant	CDM	2:13.0	1
MILE			
MILE	CEUTO	1 12 7	
40-49 Jim Carter	SFVTC	4:43.7	
50-59 Walts	CDM	5:22.7	
Contraction of the second	and the second second	With the second	-
70HH		0.2	
30-39 John Dobroth	SCS	9.3	
40-49 Al Henry	CDM	9.2	
440 RELAY			
30-39 So. Calif. Striders		44.3	
40-49 So. Calif. Striders		46.2	
50-59 Corona Del Mar		51.8	
50-59 Corona Der Mar		51.0	
WELL WIND			
HIGH JUMP	CDM	5'4"	
30-39 Skip Loera	CDM	5'4''	
40-49 Nick Newton	SCS	3 4 4'8''	
50-59 Dave Brown	CDM		
60+ Bob Ogle	CDM	4'6''	
A PROPERTY AND A STREAM OF ME			
POLE VAULT		BA THE TAX THEN	
30-39 Skip Loera	CDM	10'	
40-49 Casey Keffer	CDM	10'	
50-59 Dave Brown	CDM	8'	
60+ Bob MacConaghy	CDM	9'6''	
our boo macconagny	Present and a		
LONG JUMP		MEDER REFERENCE	
Lono John			
30.30 P Lewis	SCS	20.9.	
30-39 R. Lewis	SCS	20'9''	
40-49 Al Henry	CDM	19'51/2"	
40-49 Al Henry 50-59 B. Perry	CDM	19'51/2"	
40-49 Al Henry 50-59 B. Perry SHOT PUT	CDM CDM	19'5½'' 10'3¼''	
40-49 Al Henry 50-59 B. Perry	CDM CDM CDM	19'5½'' 10'3¼'' 32'6½''	
40-49 Al Henry 50-59 B. Perry SHOT PUT	CDM CDM	19'5½'' 10'3¼''	

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#### continued from page 3

high altitude training. The track is one of the best in the world.

A review

One of the notable world class athletes training there was Poland's great Irena Svenska. It was a thrill to train with the elite of the world. The high altitude, of course, affected the distance events as times slowed by 20 to 30 seconds per mile.

In the steeplechase, Eligio Galicia of Mexico astounded with a world record performance of 11:05.8, taking more than 20 seconds off the former record of Alan Merrett of Australia.

In the 800 meters, submasters division, Ralph Lee won with a good mark of 1:55.5. The Mexicans came out in force to bid us farewell as we departed for the airport in a very warm manner as one and all vowed to return next year to this land of beautiful people.

April 7. West Valley Masters Meet, Los Gatos, Calif.

The two stars of this meet are

## Correction

Arne Richards advises there was a serious error in the AAU national schedule published on page 4 of our Spring newsletter. The correct date for the 25-K championships is Nov. 17, Richards advises.

## Teri Anderson wins in Kansas

Teri Anderson, women's track coach at the University of Kansas and former K-State star, won the Missouri Valley AAU Women's 10,000-meter championship at St. George, Kan., March 10, finishing comfortably in front in 43:08, just missing the course record of 43:04 set by Carole Brockman of Kansas City, Mo., in 1978.

Runnerup and winner of the 30-39 division was Gabriel Bailey of Manhattan, Kan., in 45:52. Martha Blocker, also of Manhattan, running her first official AAU race, won the women's 40-andover title in 55:34.

Bob Hughes of the Lawrence Track Club took first in the men's 30-39 division in the simultaneous 10th annual Flint Hills 20-K Championship in 71:21. Clyde Davidson of Emporia took the over-40 title with a 71:45, breaking his record of 72:49 set last year. Irene Obera, who just entered the 45-and-over division, and the swinging 80-year-old doctor Paul Spangler.

Irene gobbled up four American age-group records by sizeable margins in the 100 (12.7), 200 (27.4), 400 (65.3) and long jump (15'9''). She broke Ellen Rose's old 45-49 records of 14.5 in the 100, 31.5 in the 200 and 70.1 in the 400. Irene's long jump mark bettered Shirley Kinsey's 1977 leap of 11'3''.

Paul garnered two world age-group records in the 400 (90.6) and 800 (3:27.2), and won the 100 in 19.7 and the 200 in 42.3.

Submaster Dave Romain had three excellent performances in the 200 (22.3), 400 (49.8) and 800 (1:58.4) as he easily dominated these events.

Harry Koppel, 65, coming off stellar performances in the National Indoor Championships last month, continued to sparkle with near-record performances in the 100 (13.2) and 200 (27.8).

In other action, Payton Jordan came through with two age records. The 62-year-old phenom sprinted to 100-yard (11.1) and 100-meter (12.3) records in April. Al Oerter, in a meet in New Jersey, surprised the whole world with his US open leading discus throw of 219'10". At 42 he is a threat to make the U.S. Olympic team and who knows what else. Ramsey Thomas, 35, from Maryland but presently residing in California, has lowered the U.S. submasters records in the 800 (1:54.7), 1500 (3:56.4) and the mile (4:14.9) with outstanding races this year in California.

## Letter

#### Dear Sirs,

With the demise of the USMITT Newsletter and the shaky position of Veteris, your publication is taking on a much needed communication link for Veterans. We do need a good source of information.

With the above in mind, I was astonished that your Spring '79 issue failed to even mention the World Veterans Track & Field Meet in Hannover, Germany, beginning in late July. The critical thing is that those who wish to enter only have until May 20 to pay those high fees. With USMITT dead and Veteris in bad position, who does one look to for the 1981 World Veterans Meet. I suggest you consider this point in your future endeavors. Your publication is getting better all the time. Keep it up. Sincerely. **Dick Glasgow** 

30-39 Skip Loera	CDM	98'5¼'
40-49 Joe White	CDM	65'3¼'
50-59 B. Bangert	CDM	119'6'
JAVELIN 30-39 Skip Loera 50-59 Pete Fetter	CDM CDM	111'2½' 138'11'

In the 50-and-over division Harry Crockett Jr. of Lincoln, Neb., was a record-setter in 94:30.

SCS - So. California Striders CDM - Corona Del Mar Track Club STC - Seniors Track Club SFVTC - Sen Fernando Valley T.C.

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## **Fist fight dampens Mexican meet**

MEXICO CITY, March 30-31-A fist fight between American Masters Bill Adler and Hal Smith put a damper, to say the least, on the International Masters Track and Field Meet in Mexico City.

As a result of the 3-day weekend:

-Smith resigned his post as Western Regional AAU Masters Track and Field Chairman.

-The Mexican Athletic Federation was talking about banning Smith from ever competing again in Mexico.

-Relations between the Mexican and American Masters have been strained.

-Adler and Smith haven't spoken to each other since, even though they're both hurdlers and often train on the same track at the same time.

-Some Masters were so turned off by the events that they were considering withdrawing from Masters competition.

What happened?

The Mexican Athletic Federation was hosting a group of 50 U.S. Masters and their families. They provided free food and lodging at the Olympic Village, compliments of the athletes and the government.

It was an ongoing reciprocal gesture which began in 1977 when Adler, then Strider President organized the Pan-American Games in Los Angeles.

This year, Smith, also a Strider past-President, was captaining the American team. His wife, Ann, was organizing the logistics of the trip.

"When we arrived," Smith said, "the officials told me that the meet would adhere strictly to IAAF rules. I said 'fine.' Then they bent the rules to suit themselves."

Smith said they first changed the schedule. Then "three flat javelin tosses by Vic Cook weren't allowed. They ran two heats in the 50-54 100, but no final. Two hammer throwers showed up in the 6th round and they let 'em compete. An American sub-master shotputter showed up after the competition was over. They let him throw. He won. So the Mexican who thought he had won protested. I negotiated a match competition to pick a winner. The Mexican won. But instead of giving our guy 2nd, they placed him last. "By 3 p.m. the first day," Smith continued, "I'd been in 12 arguments, all on behalf of others in my role as team captain." Then the dam burst. Smith had clearly won the javelin by several feet. But he was mysteriously placed 2nd by the officials. "That did it," said an observer.

"Hal was disgusted. He threw the medal on the table and stalked off the field.'

Adler and others agreed the Mexicans were wrong but told Smith: "You shouldn't offend your hosts.'

Smith disagreed: "You should have stood behind me."

"The next day," Adler said, "Hal accused the Mexicans of cheating. Jose Terino (meet organizer) wanted to file a protest to ban Hal from ever competing in Mexico again, but we tried to talk him out of it.'

At the final day banquet, when kudos were being passed out, Smith reportedly became upset when Ann didn't get the recognition he felt she deserved for organizing the trip. He asked to speak to the group.

"When he came back from the podium," Adler said, "he began yelling and swearing at Dave Jackson and Dave Brown in front of wives and 200 people. I went over to quiet him down and we got into a scuffle. I pushed and he pushed and then people broke it up."

Later, at the Olympic Village, Smith approached Adler, wanting to have it out, once and for all. Smith is 6'5" and 225 pounds.

Adler is 5'9" and 165 pounds. "He put one hand behind his

back," Adler said, "and we went at it pretty good for a couple minutes until some people pulled us apart."

Smith commented: "Let's just say Bill and I had a disagreement on what action should have been taken. I admit I insulted the Mexicans. They needed insulting.'

Smith will continue to compete, but his resignation as Regional Chairman leaves the status of the June 23 Western Regional Championships in doubt. Hugh Cobb and Rod Ferguson may step in to organize the meet.

One observer expressed the sentiment that "People who put on Masters meets should run them by the rules, not like a 6th grade playground.

"But American Masters must remember that officials are going to make mistakes and bad calls, just like any sport, It's something you have to live with.

"I'm not in a position to judge who was right or wrong. I wasn't there. But no one benefits from something like this. I hope it never happens again."

Though overshadowed in the post-meet conversations, many on-the-field performances were noteworthy:

-Mario Perez was an impressive double winner in the 40-44 division, taking the 5000 in 15:22.6 and 10,000 in 33:14.4.

-Veteran Ozzie Dawkins dominated the 50-54 sprints with a triple triumph in the 100 in 12.8, 200 in 24.8 and 400 in 57.4.

-Hans Bruhner, U.S. 400 champion in the 45-49 group, won the 100 in 12.2 and 200 in 24.1. -Eligio Galicia of Mexico set a

world record of 11:05.7 in the 55-59 3000-meter steeplechase.

-Al Guidet ate up his 60-64 division with wins in the 400 (65.4), 100 (13.5), long jump (14'11''), 110-hurdles (19.4), 400-hurdles (83.3) and 200 (27.4). -U.S. 100 and 200 champion Ken Dennis won his specialties in the 40-44 category in 11.8 and 23.6.

## **Richards** is top Master in 50-K

Veteran marathoner Arne Richards placed third overall and first in the over-40 division in the First Annual KSU Manhattan Track Club and Missouri Valley AAU 50-kilometer championship at Manhattan, Kan., on March 17.

Richards, who was co-director of the event with Eugene Russell, finished in 4:05:06.

The winner was Jim Stewart, 32-year-old civil engineer from Topeka, who was clocked at 3:38:15 in his first-ever ultramarathon.

Richards, 46, a librarian at KSU, was the only finisher over 40.

-In the 30-34 class, Hilliard Sumner outdueled Herman Franklin in a sensational 200, both being clocked in 21.2. Sumner won the 400 in 50.5. Franklin garnered the 100 in 10.9.

-Ray Spencer nabbed wins in the 55-59 200 (27.3), triple jump (35'2<sup>1</sup>/2''), long jump (16'9''), 100 (13.4), and 400 (61.6).

More detailed results will be published in our next issue.

# Herb Lorenz leads Masters at Boston

BOSTON, April 16-Herb Lorenz of Willingboro, N.J., led a strong Masters contingent in the 83rd annual Boston Marathon with a time of 2:24:41.

American Masters record-holder Fritz Mueller (2:20:47) of New York followed in 2:26:00.

World Masters record-holder Jack Foster (2:11:18) of New Zealand came in 40th in 2:39:10.

After Lorenz and Mueller came: Gabriel A. Petroni, 42, of Allston, Ma., 2:26:25; Cahit Yeter, 44, of Bronx, N.Y., 2:27:02; James S. Bowers, 40, Santa Rosa, Ca., 2:27:31; John R. Brennand, 43, Santa Barbara, Ca., 2:28:01; Ernest C. Billups, Chicago, 2:28:12; Raymond E. Swan, 40, Bermuda, 2:28:52; Peter Jeffers, 40, Homer, N.Y., 2:29:38; Roger Rouiller, 40, Lockport, Ill., 2:29:49; Art Kitze, 40, Garden City, Mi., 2:30:12; Myron V. Anderson, 42, Coon Rapids, Mn., 2:32:29; Noel Hendrick, 42, Wexford, Ireland, 2:32:55; Olen Thompson, 44, Amarillo, Texas, 2:33:40; Charles Ross, 41, Waldorf, Md., 2:33:49; Robert Reagan, 40, Medford, Ma., 2:34:00; William Dunne, 46, Islandbridge, Ireland, 2:34:08; Jeffrey Payne, 40, Bermuda, 2:34:48; Terrence Deighton, 48, Stoke on Trent, England, 2:35:22; Leonard Duey, 40, New York, N.Y., 2:35:28; Frederick Hagerman, 43, Athens, Ohio, 2:36:06.

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"As mature people, it's up to us to act like ladies and gentlemen at all times, especially when we're representing the United States as guests in another country.'

National AAU Masters Track and Field Co-Chairman Bob Fine said: "I'm very upset over this. The whole idea of Masters Track and Field is to generate fun and camaraderie, not bad feelings.

□ \$3 enclosed for the newsletter for the rest of 1979. Send to 102 W. Water St., Lansford, Pa. 18232

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