

National Masters Newsletter

11th Issue

July 1979

Published Monthly

Nick Newton a surprise winner over Gary Miller in 400 in 95-degree heat at Grandfather Games

VAN NUYS, CALIF., May 12—Gary Miller was confident as he went to the blocks for the start of the age 40-49 400-meter run in the 9th annual Grandfather Games.

In 1978, Miller ran the 400 in 50.8, faster than any other American ever has.

He knew he wouldn't break his American mark today on this slow dirt track, but he was in pretty good shape for May.

52.5 respectable seconds later, he crossed the finish line.

To Miller's and everyone else's surprise, however, Nick Newton had arrived at the tape a half-second earlier.

Just who is this Nick Newton? A fresh-faced, spry, just-turned-40-year-old?

Not quite. Newton is a 45-year-old living testament to the TV commercial: "I'm not getting older, I'm getting better."

At age 40, Newton had barely heard of the 400, let alone run it. At 41, he ran 56.3. At 42, he peaked at 51.5 for a 3rd in the Western Regional. (His 52.8 didn't make the finals in Atlanta.)

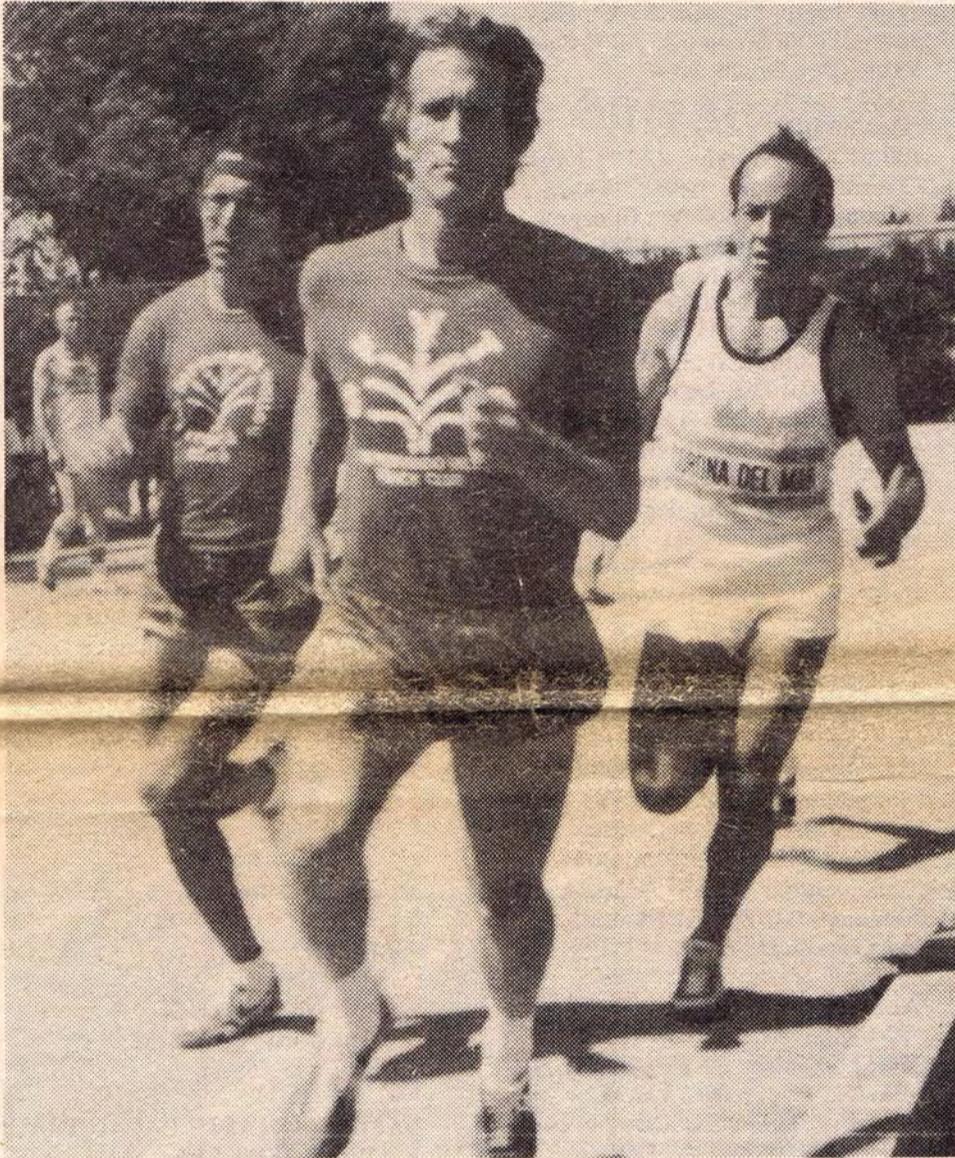
Now, at age 45, his official time of 51.99 translates, according to track-variant experts, into a 51.4 on a tartan track.

The world age 45-49 record just happens to be 51.7, set by Dick Stolpe in 1972.

While the rest of us get a bit slower each year, Newton is going the other way.

How does he do it?

"A lot of speed work," says



Jim Carter leads Ernie Portillo, left, and Merle Lauderdale in 40-49 800 in Grandfather Games. Winner Mel Elliot (2:02.8) is far in front. Carter took second and Lauderdale third.

Newton. "Hills, intervals. I work out with some world-class women. They inspire me. I've learned my lesson, though. I used to try to do everything—the 100, 200, 400, high jump. Now I'll compete in fewer events, maybe just the 400 and high jump."

He has to be considered a favorite to win the 400 in the 3rd World Championships in Germany this year.

Participation in the 1979 edition of George Ker's Grandfather Games was down, possibly due to the gas crunch in California, but some outstanding marks were recorded in the 95-degree heat.

30-39. Remember the name Jean-Louis Ravelomantsoa? The international star of a decade ago won the 100 meters in 10.8.

Hilliard Sumner won the 200 in 22.4 and 400 in 50.2 to cop the outstanding track athlete award in the division.

Jonas Nartey long jumped 22'9 1/4" to win the outstanding field performer award.

40-49. Newton also won the high jump in 5'8", but Bob Packard of Phoenix was awarded the top track award with wins in the 1500 (4:19) and 10,000 (33:40).

Mel Elliot destroyed the meet record with a sensational 800 in 2:02.8.

Hal Smith was voted best field athlete with a win in the Javelin (150'10") and places in the Hammer, Shot and Discus.

50-59. A world-class race in the

continued

- 1979 National Masters T & F Championships this month in Oregon
- Men's World and American 5-year age-group records in this issue
- Charles Beaudry sets American 60-64 long jump record
- Pete Mundle breaks American 50-54 5000 mark
- New Zealand to bid for 1981 World Championships
- Konstanty Maksymczyk cracks world 60-64 discus standard
- Bruce Springbett and Van Parish set new American 45-49 100 marks
- No. Carolina bids for 1980 Outdoor Championships
- Irene Obera improves own American women's 45-49 400 record
- Syracuse, N.Y., bids for 1980 Indoor Championships
- Payton Jordan ties own world 60-64 100-yard time
- Ramsey Thomas betters American mark in 35-39 800

45 meet records set in Masters Sports Association Championships in New York
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continued

1500 stopped the meet as Bill Fitzgerald, Pete Mundie and Dean Smith hooked up again.

American record holder (4:18.5) Fitzgerald took an early lead. Mundie, U.S. Indoor Mile Champ, took over on the 3rd lap and tried to pull away, fearing the late kick of Fitzgerald and Smith.

With 100 to go, Fitz tried to pass but couldn't. With 50 to go, he tried again and went by, winning by 3 strides, 4:25 to 4:26.

Smith eased to 3rd in 4:40, but gained revenge with a solid win over Fitzgerald in the 800, 2:11.2 to 2:16.1. Smith also won the 400 in 56.13, the 400IH in 66.54, ran a 56.5 winning relay leg and got 3rd with a 26.18 200.

He naturally won outstanding track honors, and, since the temperature was over 100 degrees in the sun, Smith also won the meet's "Mad Dogs and Englishmen" award.

Tom Patsalis was best in the field events with a double win in the long jump (16'8") and triple jump (36'4").

60-69. U.S. Champion Jim (Ole) Olesson, aiming for Hanover, was the top track performer with twin triumphs in the 5000 (20:27) and 10,000 (40:20).

Dan Aldrich nabbed field honors with Discus (169'3½") and Hammer (112') wins, and a 2nd in the Javelin.

70-79. Monty Montgomery took track honors with wins in the 800 (2:43.1) and 1500 (5:31).

Stan Herrmann was best field athlete with Shot, Discus and Hammer victories.

Women. U.S. Champ Miki Hervey of Dallas gained track laurels with 400 and 800 wins.

Edith Mendyka garnered the top field award by winning the shot and javelin.

Winners:

* New mark.

** Ties record.

30-39

100-Meter, Jean-Louis Ravelomantsoa, 10.85*; 200-Meter, Hilliard Sumner, 22.40*; 400-Meter, Sumner, 50.21*; 800-Meter, Steve Waggener, 2:06.38*; 1500-Meter, Waggener, 4:16*; 5000-Meter, Ron Hanson, 16:54*; 10,000-Meter, Bob Drescher, 36:07*; 110-Meter Hurdles, Walt Butler, 14.4*; 400-M. Hurdles, Hugh Adams, 58.85*; 400-M. Relay, Striders, 42.5*; 1600-M. Relay, SFVTC, 3:51.45*; Shot Put, John Vince, 35'5½"; Discus, Lloyd Higgins, 154'11"; Javelin, Higgins, 151'; Long Jump, Jonas Nartey, 22'9¼**; High Jump, Larry Salinger, 5'8"; Pole Vault, Paul Klein, 12'**.

Division I

100-M., Percy Knox, 11.51*; 200-M., Al Henry, 23.51*; 400-M., Nick Newton, 51.99*; 800-M., Mel Elliott, 2:02.78*; 1500-M., Bob Packard, 4:19*; 5000-M., Jan Fekkes, 18:19*; 10,000-M., Bob Packard, 33:40*; 5000-M. Walk, Mike Hiller, 31:20*; 110-M. Hurdles, Alvin Henry, 15.23*; 400-M. Hurdles, Gary Miller, 64.9*; 400-M. Relay, Striders A, 44.7*; Shot Put, Gordon Bobell, 42'1"; Discus, Bob Humphreys, 152'7½"; Javelin, Hal Smith, 150'10"; Hammer, Gordon Bobell, 158'0"; Long Jump, Al Henry,

19'10¾"; Triple Jump, Alvis Andrews, 39'7½"; High Jump, Nick Newton, 5'8"; Pole Vault, Carlos Cota, 12'6"**.

Division II

100-M., Oswald Dawkins, 12.2*; 200-M., Dawkins, 24.82*; 400-M., Dean Smith, 56.18*; 800-M., Smith, 2:11.22*; 1500-M., Bill Fitzgerald, 4:25*; 70-M. Hurdles, Tom Patsalis, 9.76*; 400-M. Hurdles, Smith, 66.54*; 5000-M., Peter Mundie, 17:09*; 10,000-M., Harold Daughters, 40:35*; 5000-M. Walk, John Friesen, 31:47; 400-M. Relay, CDM, 51.2*; Shot Put, Bill Bangert, 45'9"; Discus, George Ker, 138'2"; Javelin, Pete Fetter, 153'7"; Hammer, Paul Evans, 116'11"**; Long Jump, Tom Patsalis, 16'8"; Triple Jump, Patsalis, 36'4"; High Jump, Floyd Simmons, 5'2"; Pole Vault, Don Grosh, 10'6".

Division III

100-M., Bill Morales, 13.8*; 200-M., Clarence Killion, 25.95*; 400-M., Killion, 64:51*; 800-M., George Polynnis, 2:39.64*; 1500-M., John Garcia, 5:52*; 70-M. Hurdles, Bill Morales, 11.32*; 5000-M., James Oleson, 20:23*; 10,000-M., Oleson, 40:20*; 5000-M. Walk, John Garcia, 29:54*; Shot Put, Jack Thatcher, 47'7"; Discus, Dan Aldrich, 169'3½"; Javelin, Bill Morales, 159'8"; Hammer, Dan Aldrich, 112'0"; Long Jump, Gordon Farrell, 16'1"**; Triple Jump, Gordon Farrell, 34'9¼"; High Jump, Bob Ogle, 4'10"; Pole Vault, Jim Vernon, 11'6"**.

Division IV

100-M., Sing Lum, 15.42*; 200-M., Lum, 32.00*; 800-M., Monty Montgomery, 2:43.10*; 1500-M., Montgomery, 5:31*; Shot Put, Stan Herrmann, 35'2½"**; Discus, Hermann, 39'8"; Javelin, Bob MacConaghy, 111'5"**; Hammer, Herrmann, 97'8"; Pole Vault, MacConaghy, 8'6"**.

Women

100-M., Shirley Kinsey, 15.49*; 200-M., Kinsey, 32.15*; 400-M., Miki Hervey, 66.00*; 800-M., Hervey, 2:33.5*; 1500-M., Linda Huey, 5:29*; 5000-M., Edith Carlisle, 22:24*; 5000-M. Walk, Vicki Jones, 27:30*; Shot Put, Edith Mendyka, 27'1¾"; Discus, Kinsey, 84'10"**; Javelin, Mendyka, 69'5".

Over-50 women forming relay team for World Games

By SHIRLEY KINSEY

The over-age-50 women are organizing a 400-meter relay team for competition in Germany.

Hopefully, the team will consist of five members by the time we sign up in Hannover.

The four probable members are Ellen Rose, Shirley Dietderich, Adel Milicevic and Shirley Kinsey.

We really hope to pick up someone from the Midwest or East for a USA team.

(Note: Anyone interested may write Shirley at 5143 Boston Ave., La Crescenta, Calif. 91214.)

Southern Calif. club wins 20-K team championship

ATLANTA, GA., April 1—The Seniors Track Club of Southern California won the 20-kilometer team championship by 4.1 seconds over the National Capitol Track Club of Washington, D.C.

The Southern California Striders finished six minutes back in 3rd place in the field of 12 top Masters teams from throughout the nation.

Alan Dirkin, Joe Burgasser and John Rudberg won an expenses-paid trip to the World Veterans Road Racing Championships in England, as the Nike-sponsored U.S. Masters team.

About 200 runners representing 40-odd clubs competed in three divisions: men's open, men's masters and women's open. There

was to have been a women's masters division, but there were no entrants.

Striders Truman Clark, Ray Hughes and Tom Sturak said "It was the toughest 20-Km. road course we've ever raced. There wasn't a flat stretch the entire distance."

Masters results:

Seniors T.C. (Joe Burgasser, 1:14:45.8; Alan Dirkin, 1:15:03.3; John Rudberg, 1:15:27.4) Total—3:45:16.5.

National Capitol T.C. (Charles Ross, 1:13:10.0; Chandler Robbins, 1:15:19.2; Richard Jamborsky, 1:16:51.4) Total—3:45:20.6.

Southern California Striders (Tom Sturak, 1:17:04.2; Ray Hughes, 1:17:04.9; Truman Clark, 1:17:12.7) Total—3:51:21.8.

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Report to the National AAU Masters Track & Field Committee—June, 1979

By BOB FINE

The sponsorship of Occidental Life-Financial Fitness has given a big boost to our program. It has enabled us to keep our entry fees to no more than \$3.00 per event, while improving on the quality of the meets.

It does not look like we will be using the full \$35,000 in sponsorship money. The Committee has always taken the position that we will not spend money just for the sake of spending it. However, we urge you to submit written requests for funds that you feel will benefit the program, such as equipment, clerical expenses, advertising and news events.

The largest expenditure will be made towards the National Masters Newsletter. This publication will now go out monthly. Al Sheahen, 6200 Hazeltine Ave., Van Nuys, Calif. 91401, will serve as editor. Ed Gildea, 102 West Water St., Lansford, Pa. 18232, will continue to do the mechanical work. Both Al and Ed will be paid for their efforts. The Committee recommends that starting next year the newsletter will sell for

\$10 annually, with a discount to A.A.U. members of \$2.00. The newsletter can be self-supporting if we can obtain 2,500 subscribers. The Masters Sports Assoc., which uses the newsletter as their club publication, guarantees 750 subscriptions. Thus, we'll need another 1750 subscribers to sustain the publication. This is exclusive of advertising. In order to make the newsletter an ongoing project, not only will all of us have to advise the Masters about it but we'll have to contribute results and articles to Al. The NMN is also a perfect vehicle to publish entry forms as more athletes can be reached for less money. We'd also like to have more info about distance running events. Even though distance running is not under our jurisdiction many athletes compete in both track and LDR. The NMN is not the official publication of the AAU Masters, so we can have published in the newsletter what we feel should be in it. The most important project we have before us is to make the newsletter a success.

Sponsorship money will also go to the National Running Data Center in Arizona (Ken Young's group) to

assist them in preparing age-grading tables for women, walkers and all of the field events, plus the publishing costs. You can cooperate by sending results to Pete Mundle, 4017 Via Marina, Venice, Cal. 90291; Kathy Brieger, 1211 Grizzly Peak Blvd., Berkeley, Ca. 94708 (for women); Alan Wood, Regency House, Rm. 225, Pompton Plains, N.J. 07444 (for walkers). Ken Young's address is NRDC, P.O. Box 42804, Tucson, Az. 85716. Ken needs as many results as possible (they don't have to be winning performances) to construct the tables.

Geza Feld, 33 Center Drive, Syosset, N.Y. 11791, will be composing National Rankings. Please

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include Geza when sending meet results. Geza's rankings will be published in the newsletter. Sponsorship money will underwrite the cost of these rankings.

Sponsorship funds will also be used to eliminate entry fees for the National Masters Postal Relay Championships. Enclosed is the entry form. We hope to build up this program as we feel it stimulates club activities.

We would like a report regarding the activities in each Association. All Association Chairmen are urged to cooperate. In this way we'll have a better idea as to the "state of the art" on a national basis. Please send your reports to Wendy Miller.

Wendy Miller
351 Birkdale
Lake Bluff, Ill. 60044

Bob Fine
77 Prospect Place
Brooklyn, N.Y. 11217

Midwest report

By WENDELL MILLER

A week doesn't pass without some group calling me for information and advice concerning "putting on a race." Companies, charitable organizations, banks—you name it—the conversations all run pretty much the same. "Your name was given to me as a person who could help us put on a 10,000-meter run. I used to ask how they all decided on the same distance, but I don't anymore—who cares. Running is in right? Seems like a good idea, right? Our Board all thought it was a great idea, right? They selected me to look into it because I said I met Hal Higdon once. You know, way back then, in spite of my first marathon, Boston, going abroad, the people, the friends, kicking somebody's rear—I always had a gut feeling it was basically a horseshit sport. Could it be?

Anyway, back to the 10-K. I have refined my advice-giving lecture to about 10 minutes. Here is the basic message:

Sell whatever you're selling; raise whatever you're raising; do whatever you're doing, well in advance of race day. Do it on radio, TV, in magazines and in the newspaper. Get your message across, your story told and then—cancel the race. Make up a good story, risk of epidemic, bubonic plague, beri-beri, tilt of the earth's axis, whatever—and then cut. If you're depending upon doing what you want done with the people who show up on race day—forget it. Runners! You're kidding. Their contribution to your 10-K will consist of one thing: complaints. Too hot, too cold, no water, too much water, too many places to pee. (The indecision cost me a second). The runners will bring a few family members, and friends, but don't build your hopes; they're as ungracious and whacko as the runners. Take my word for it—forget 'em all. What this country needs is one less 10,000-meter run.

Shouldn't the NCAA investigate Hal Higdon? They're always investi-

gating something. Seems only right. Can't get over an old gent I met standing in front of our office building today at 6:40 a.m.—84 years old and putting in a few volunteer hours with a Salvation Army coin can. Bet he has enough stories for a few miles.

July 8 and 9—Masters T/R Meet, Sterling, Ill. Write Dick Cox, P.O. 692, Sterling, Ill. 60181. 815-625-1265

Arne Richards died on a run with his dog a few weeks ago in Kansas. Arne was a beautiful eccentric, way ahead of his time in this business one foot in front of the other. Happy trails Buddy!

Good birthday greetings the other day. "Happy Birthday—Do your thing" and then on the inside, "Cause your thing ain't getting any younger either."

In the spirit of ultra-marathoning, ultra pain and ultra nonsense, how about a fun run circling the Zion Nuclear Plant until everyone is medium well done? Just think of the after-race conversation. "Boy did I run into some heavy gammas at the 100-mile mark." "Man, I was hoping that sucker core wouldn't burn until I hit the 80-mile aid station." One thing you wouldn't have to worry about is all the ding-dongs hanging around after the race complaining about the potholes or someone having peed on their shoe. "Clear the area, folks, there's another frigging leak." They should have been home in the shower anyway.

Hal Higdon has turned professional. He will take you to Australia, Hawaii or Israel with Runtours. He will sell you a subscription to *The Runner* magazine where he is now contributing editor. He will put you in a pair of Brooks shoes. Most important, he will send you two personally autographed copies of his previously out-of-print book "On the Run from Dogs And People." (Send \$7.50 to Box 372, Michigan City, Ind. 46360). Support Hal's efforts to earn more money in 1979 than Lee Flaherty.

Schedule of Events

July 1979

Mon., June 25, thur Thurs., July 26, 7 p.m. Los Angeles All-Comers meets. Masters 100, 220, 440, mile. Mon-Gardena H.S.; Tues-Venice H.S.; Wed-Birmingham H.S.; Thu-Bell H.S. Free.

Sat., June 30, 10 a.m. 8th Annual Metropolitan AAU Masters Track & Field Championships, Randall's Island, New York City. Men and women registered in Metropolitan AAU. (To register, write Metro. AAU, 15 Park Row, NYC 10038). 10-year age divisions from age 30. Contact: Bob Fine, 77 Prospect Place, Brooklyn, N.Y. 11217.

Fri., July 6, Sat., July 7, and Sun., July 8. National AAU Masters and Submasters Track and Field Championships. Mt. Hood College, Gresham, Oregon. (Entry form in this issue).

Sat., July 7 and 21, 10 a.m. Masters T & F meets. Aurora Central H.S., Aurora, Colo. Contact: Jim Weed 303-341-2980.

Sat., July 14, and Sun., July 15. National AAU Masters Decathlon Championships, San Diego, Calif. Contact: Ed Oleata, 2870 Glenbrook Way, LaJolla, Cal. 92032. 714-459-2311.

Sun., July 15. Canadian Masters Pentathlon Championships, Ontario. Contact: Brian Oxley, 66 Felicity Dr., Scarborough, Ontario M1H 1E3, Canada; 416-431-0123 or 694-3401.

Sun., July 15. First North American Weight Pentathlon Championships, West Point, N.Y. 5-year age divisions from age 20. Men and women. Entry form in June issue. Contact: Phil Partridge, 77 Columbia St. 17B, New York 10002.

Sun., July 15. National AAU Masters 15-kilometer Championships, Utica, N.Y. Contact: Bill Shrader, 280 State St., Albany, N.Y. 12210.

Wed., July 18, 6 p.m. Masters All-Comers meet, Randall's Island, New York City.

Sat., July 21, and Sun., July 22. 3rd Annual Pan-American Masters Track & Field Championships, Cal Poly Pomona, Pomona, Calif. (Entry form in this issue.)

Fri., July 27, thru Thurs. Aug. 2. 3rd World Veterans Championships, Hannover, Germany. Men over 40. Women over 35. Entries closed May 20.

Sat., Aug. 18, and Sun., Aug. 19. Senior Olympics, University of Southern California, Los Angeles. Men and women. 5-year age divisions from age 25. Contact: Warren Blaney, 5225 Wilshire Blvd., Los Angeles, Cal. 90036. 213-938-5548. (Note: Originally scheduled for June 30).

Why Occidental Life and the AAU Masters Track & Field Committee?

By JOHN BEVILAQUA

Many have asked the above question. How and why did a life insurance company get involved with athletes over 30? In 1975, an enterprising group of faculty members from North Carolina State University in Raleigh, North Carolina, approached the Occidental Life Insurance Company and asked for money to aid in sponsoring a local Masters Meet. This involvement proved to be beneficial to both parties, and the relationship grew to Occidental's sponsorship of the North Carolina Championship Meet in Raleigh, featuring over 700 competitors in 1978.

From this sponsorship (as well as the sponsorship of Mother's Day Bicycle Races) came the idea that people who continue to exercise and refuse to succumb to the "inevitable" aging process should be rewarded in some financial way for their better than "average" health. In 1978, Occidental Life (through its affiliate, Financial Fitness, Inc.) announced that the Company would extend a discount of up to 20 percent to active aerobic participants on all of

their Whole Life Insurance Plans. On January 2, 1979, this discount was expanded to include up to a 25 percent discount on all Term Life Insurance.

Concomitantly, Occidental Life was expanding its sponsorship of Masters Meets in other parts of the country, notably, the National Championships in Atlanta in 1978. At the AAU Convention in San Antonio in late 1978, Occidental Life and the Masters Track and Field Committee reached an agreement in which Occidental Life would underwrite all Regional Outdoor Championship Meets as well as the 1979 Indoor Championship Meet in Ann Arbor, Michigan, and the Outdoor Championships in Gresham, Oregon.

What does all this mean to the Masters competitors? The implication is a two-fold reward to the healthy adult population:

1. Occidental Life is offering a real financial incentive to continue to exercise and maintain good health. The discounted rates do not compromise the cash values, only reduce the premiums. In this time of continuing inflation, Occidental has lowered premiums to the fit.

2. Occidental Life has committed a substantial sum of money to underwrite track meets, help enhance the quality of this new National Masters Newsletter, and in effect give the National Masters movement a real boost. The competitor, therefore, wins both ways. And it's about time! Masters competitors pay their own transportation, sometimes pay high entry fees, pay lodging and meal costs and spend hours preparing themselves for competition. The Occidental Life sponsorship will help ease the burden of entry fees and we hope will encourage more meets in more parts of the country where there is not currently a great deal of activity.

Comments, suggestions and ideas directed to the AAU and/or Occidental Life will be gladly accepted. It is our joint goal to make the Masters track and field movement more viable, more exciting and more fun than ever before. Why don't you drop us a line and let us all know how we're doing?

Editor's note: Write to Financial Fitness, Inc., 1001 Wade Ave., Raleigh, N.C. 27605.

Mueller not a U.S. citizen

National Masters Records Chairman Pete Mundle confirms that American Masters marathon record holder Fritz Mueller (2:20:47) is really not an American citizen.

The new American mark therefore belongs to Herb Lorenz of Willingboro, N.J., at 2:24:41, set in this year's Boston Marathon.

STRIDERS RELAYS

POMONA, CALIF., May 19. Pete Mundle came within 2 seconds of his American age 50-54 3000 mark by winning this seldom-run-in-America race in 9:32.8 at the Striders Relays at Cal Poly Pomona.

Jim Murphy won the sub-masters division in 9:13.1 while Truman Clark led the 40-49 group in 9:28.2.

The 40-49 Corona Del Mar Sprint Medley Relay team narrowly missed their American record of 3:42.0 with a good 3:42.9.

The Santa Monica Track Club's 40-49 distance medley squad ran 11:24.2, only 4.8 seconds off the American mark of 11:19.4, set by the Striders in 1973.

OTHER WINNERS:

100 METERS

30-39 Doug Wells	10.8
40-49 Mai Anderson	11.5
50-59 Ozzie Dawkins	12.4
60-69 Joe Caruso	14.5
Women Chris Miller	13.5

60-METER HURDLES

30-39 Walt Butler	7.4
40-49 Al Henry	7.6
50-59 Tom Patsalis	8.8
60-69 Bob Burke	10.4

SHUTTLE HURDLE RELAY

Corona Del Mar	36.0
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400-METER RELAY

30-39 So. Cal. Striders	42.9
40-49 Corona Del Mar	44.9
50-59 Corona Del Mar	50.2

SPRINT MEDLEY RELAY

30-39 So. Cal. Striders	3:48.7
40-49 Corona Del Mar	3:42.9
50-59 Seniors TC	4:23.4

DISTANCE MEDLEY RELAY

40-49 Santa Monica TC	11:24.2
50-59 Seniors TC	12:13.7

800-METER RELAY

30-39 Corona Del Mar	1:31.6
40-49 Corona Del Mar	1:34.3
50-59 Seniors TC	1:46.1

SHOT PUT

30-39 Doug Wells	51'1"
40-49 Hal Smith	41'4"
50-59 Bill Bangert	45'5¼
Women Chris Miller	25'8¼

DISCUS

30-39 Doug Wells	151'3"
40-49 Bob Humphreys	145'4"
50-59 Bill Bangert	125'9"
Women Shirley Kinsey	81'4"

POLE VAULT

40-49 G. Fleming	11'6"
50-59 Hal Wallace	10'6"
60-69 Jim Vernon	11'6"

LONG JUMP

30-39 R. Lewis	21'8¼"
40-49 Shirley Davisson	19'2¼"
50-59 Tom Patsalis	19'
60-69 B. Burke	14'10¼"

HIGH JUMP

30-39 C. Rader	6'7"
40-49 Nick Newton	5'6"
50-59 Dave Brown	4'8"
60-69 Jim Vernon	4'6"
Women Chris Miller	4'2"

Summer meeting of the Masters Committee

By BOB FINE

Final approval of all rule changes and site selection must be made by the AAU Convention this December in Las Vegas. However, our committee has always opened up our summer meeting to all of the competitors for their opinions. We are the only AAU Committee to do so. The position advocated that the summer meeting has always been adopted at the convention. The following are the main items for the agenda of the summer meeting to be held at Gresham, Oregon, on July 7 and 8:

1. Site Selection.

We can select sites up to three years in advance. The following bids have been made: Outdoor Track & Field Championships—1980, Duke North Carolina; 1981—No formal bid as yet but Los Angeles is expected to bid; 1982—Wichita, Kansas.

Indoor Track & Field—1980—Syracuse, N.Y.

2. Rule Changes.

We do not have national team championships in Masters T & F. They were voted out at our summer meeting in 1975. The reason was that some clubs were recruiting nationwide! I believe that with the growth of the program this is no longer the case. Team championships have been

New Zealand bids to host World Games

New Zealand is offering to stage the 4th World Veterans Championships in Christchurch, January 11-17, 1981.

They will also bid for the World Veterans Road Running Championships in Palmerston.

Clem Green, national coordinator of the New Zealand Association of Veteran Athletes, says:

"We will make a vigorous bid for the Games in Hannover. The facilities at Christchurch are world class...I'm sure you would enjoy our accommodation, our food, our low cost of goods, our landscape and climate, and, above all, our happy athletes and people who will welcome you."

Rumor has it that Japan, Australia and Britain may also join the bidding.

The A.A.U. rules are straightforward regarding this matter. They state that an athlete has to be registered in the AAU District in which his team is registered. If an athlete was properly registered in a given district and then moves he is permitted to continue to register in the same district. Once he registered in another district or competes for another club he can not continue to compete for a club in the district he moved out of.

The Open Long Distance Running Committee has already passed a rule permitting non-AAU registered athletes to compete in AAU Championships by paying surcharge. I think that this rule should also be passed for Masters in T & F. I feel that athletes should join the AAU because of the programs offered by the AAU. Attempts to force athletes to join the AAU by threatening loss of amateur status have no meaning for Masters. Ours has always been a low-keyed fun program. Since non-AAU athletes would reap the benefits of the work done by our committee and the assistance rendered by our sponsor, I feel that it is only proper to impose a small surcharge of \$3.00 per meet upon them.

Please advise me as to any items that you wish on the agenda. I'd also like your comments about the proposed rule changes.

45 meet records set at Masters Sports Assn. Championships in NY

By BOB FINE

NEW YORK, N.Y.—The 8th annual Masters Sports Association Championships saw 45 meet records set and 16 age-group records under overcast skies and 65-degree weather at Downing Stadium in Randall's Island. The track was just resurfaced this year and the results proved that it was worth the effort.

The woman's program has been steadily expanding with the women accounting for six world age-group records. All of the athletes were led by Chris McKenzie, 47, the 880-yard world record holder for Great Britain as a youngster, who has gotten back into serious training this year. Chris set records in the 100-yard dash (13.31), 220-yard dash (30.54) and the half-mile (2:42.85). Louise Black, a prior national class athlete, competing unattached, who has only been training for two weeks, long

jumped 14 feet even for a woman's 40-year-old mark. Mary Farnsworth, 46, set the mark in the 100 in 15.79 and Ann Cirulnick, 44, tossed the shot 26 feet 1 1/4 inches. Chris, Mary and Ann all compete for the New York Masters Sports Club.

Austin Newman, 63, competing for the North Jersey Masters, ran the mile in 5:26. Austin also broke the meet record for the 3-mile in 18:33.8. Cliff Bertrand, 43, competing for the N.Y. Masters, set meet records in the 100 (10.32) and 220 (23.20) as well as the age record in the high hurdles in 15.89. In the weight throw the New York Athletic Club had two record holders in Bob Backus, 52, 55 feet 3 1/2 inches, and Joe McClusky, 67, at 28 feet, 11 1/2 inches. Joe was an Olympic steeplechaser who recently turned to the weight events. One must wonder what would happen if Joe ran the steeple now—whether he would jump over the hurdles or

simply push them aside. Phil Partridge, 68, of the New York Masters, tossed the discus 122'7".

Five marks were set in the 2-mile walk, led by Howie Jacobson, 48, of the East Side Track Club, in 15:50. Tim Dyas, 59, North Jersey Masters, 19:06; Ted Cash, 72, Shore A.C., 22:02; Mike Grant, 73, Garden State, 28:47, and Dave Lakritz, New York Masters, 18:59 were the other record setters.

Meet records were set in at least one division in all of the events. Outstanding performances were turned in by Rudy Valentine, 55, N.Y. Pioneers, with records in the 100 (11.22) 220 (25.26) and 440 (57.3); Kelsey Brown, New Jersey Senior Track Club, age 51, in the 880 (2:14.7) and one mile (4:53), and Bill Eipel, 66, New York Athletic Club, in the javelin (108'9"), hammer (71'2") shot (39'6 1/4") and high jump (4'6").

MASTERS SPORTS ASSOCIATION'S 1979 OUTDOOR CHAMPIONSHIPS - May 27, 1979 - Randall's Island
* = meet record + = world age-group record

100 yd. dash

30-34

N. Griffith 32 NYM 10.6
A. Minkoff 32 JAG 10.8
R. Pendleton 34 PIO 11.0

35-39

R. Stanford 38 UN 10.5

R. Alexander 35 NYM 10.8

E. King 36 GS 10.8

E. Rogers 36 GS 11.1

W. Wheelock 37 GS 11.2

40-44 trial heats

C. Bertrand 41 NYM 10.2

L. Riddick 44 NYM 10.3

R. Barnes 42 PIO 10.3

R. Rizzo 42 NYM 10.6

G. Farnsworth 44 NYM 11.8

H. Hawkins 41 PIO 11.9

J. Moon 41 NYM 10.1

C. Elion 40 NYM 10.2

A. Budd 43 NYM 10.2

R. Deere 41 NYM 10.9

A. Rosteing 43 UN 11.3

FINALS

C. Bertrand * 41 NYM 10.37

J. Moon 41 NYM 10.32

L. Riddick 44 NYM 10.47

A. Budd 43 NYM 10.55

R. Barnes 42 PIO 10.56

R. Rizzo 42 NYM 10.60

R. Deere 41 NYM 10.89

C. Elion scratched

45-49

M. Brown * 45 SHR 10.5

J. Johnson 46 UN 11.3

J. Murphy tie 46 NYM 11.6

T. Brooks tie 49 PIO 11.6

V. Dempsey 49 PIO 12.2

H. West 46 NYM 12.6

T. Talbott 46 NYM 13.3

50-54

J. Ryan 51 NYM 12.15

H. Colen 51 NYM 12.56

M. Lentzer 53 NYM 12.62

55-59

R. Valentine * 55 PIO 11.22

60-64

70+

WOMEN

50-54

55-59

60-64

WOMEN

50-54

55-59

*continued*35-3940-44J. Aneshansley 43 PP 35.03.5 Shot PutC. Kennedy 40 NYM 36.15.2 30-3445-49G. FeldE. Hill50-54J. Burns55-59E. Finkelstein70-74G. Jacobs2 mile walkG. LattaruloJ. BarberB. KaufmanH. JacobsonR. FineM. LentzerT. DyasD. LakritzT. CashM. GrantHigh Hurdles30-34J. VoglerN. Griffith40-44 trial heatsC. BertrandT. BlodgettN. ByrdL. TroutL. HazelwoodL. JuddG. FarnsworthR. SmithFINALSC. BertrandT. BlodgettL. JuddL. Hazelwood - did not finishDiscus Throw30-34J. VoglerR. DunphyJ. BarberD. PiersonN. Griffith35-39R. ScullyK. MacKenzieA. MinniR. BuryH. FriedmanR. Koplin40-44N. CyprusK. KrastinT. JacksonJ. Goldstein50-54H. CantorC. Wedderburn55-59D. Harris60-64H. ParsonsM. OgussP. Sereghy65-69P. PartridgeW. Eipel70-74M. GrantWOMENA. Cirulnick44 NYM 72'1163 GS 55'6H. CantorH. ColenC. Wedderburn55-59D. Harris60-64H. ParsonsP. Sereghy65-69W. EipelP. Partridge32 NYM 27'750-54Long Jump30-34N. GriffithJ. Vogler35-39R. Bury36 GS 19'5.536 GS 19'3.538 PIO 17'1037 NYM 16'9.539 NJ 14'041 UN 19'440 NYM 19'240 NYM 19'1.7543 UN 17'11.2541 NYM 17'843 NYM 17'6.7544 GS 17'5.541 JSR 15'6.551 NYM 15'10.551 NYM 14'755 PIO 16'5.556 PHL 15'858 GS 13'5.5WOMENA. Mapps31 PHL 24'1D. HarrisJ. Vislocky31 MFK 15'1.7531 UN 16'4+ 40 UN 14'0Pole VaultA. BerardiN. CyprusF. IlluzziM. MalkinSprint Medley Relay-440-220-220N.Y.PioneerO'Neal-Barnes-Valentine-SmallN.Y.Masters ARizzo-Budd-Bertrand-BohigianN.Y.Masters BRoche-Judd-Talbott-HoffmanTeam CodesAC =N.Y. Athletic ClubGS =Garden StateFAL =Falmouth Track ClubJSR =Jersey Senior Track ClubJAG =Jaguar Track ClubMFK =Manhattan Flight KingsNJ =North Jersey MastersNYM =N.Y. Masters Sports ClubPHL =Philadelphia Masters T.C.PIO =N.Y. Pioneer ClubPP =Prospect Park T.C.CP =Central Park T.C.MIL =MillroseBRV =Brevoort T.C.SHR =Shore Athletic ClubES =East Side A.C.NM =North Medford

1979 Masters Sports Association

outdoor development meets

MASTERS SPORTS ASSOCIATION'S 1979 OUTDOOR DEVELOPMENT MEETS - RANDALL'S ISLAND

April 25, 1979		May 9, 1979-96° windy			May 9, 1979			
100 yard dash		220 predict your time			3/4 predict your time			
		Pred.	Act.	Diff.	Pred.	Act.	Diff.	
30-39								
T. Bryant	30 10.2	L. Riddick	24.0	24.0	0	S. Howard	3.35	3.36.5
D. Brown	30 ?	B. Carreno	29	28.8	.2	R. Fine	3.53	3.54.6
L. Riddick	42 10.9	H. Bohigian	25.2	25.0	.2	J. Harris	3.40	3.38.1
C. Bertrand	42 10.9	S. Clark	27	26.8	.2	F. Burke	5.08	5.10.1
E. Gil	38 ?	H. Hawkins	29	28.7	.3	J. Garlepp	3.55	3.38.6
A. Taule	37 11.1	M. O'Neal	23.8	24.2	.4	T. Talbott	4.09	4.05.3
R. Alexander	35 ?	T. McCormack	27.4	26.9	.5	J. O'Sullivan	3.42	3.46.9
E. McCoy	34 ?	R. Pandelton	24.0	24.6	.6	C. Pauling	3.58	4.04.3
40-49		A. Rosteing	25.5	26.1	.6	J. Simonte	4.35	4.28.2
R. Deere	41 10.6 tie	R. Smith	26.0	26.7	.7	T. Bryant	4.00	3.48.2
A. Budd	43 10.6 tie	T. Bryant	23.5	24.3	.8	B. O'Reilly	3.25	3.34.3
R. Barnes	41 10.7	E. Taule	25.2	26.2	1.0	D. Spitzer	4.10	4.22.4
A. Rosteing	44 11.3	M. Neuhof	29.0	30.0	1.0	C. Poussaru	4.30	4.16.8
E. Small	40 11.3	E. Small	23.8	24.9	1.1	A. Bradley	4.24	4.39.5
H. Bohigian	42 11.4	R. Pray	28	29.1	1.1	J. Perdew	3.58	3.40.8
A. Gaton	42 11.4	C. Pauling	24.5	25.6	1.1	P. Cousseau	5.03	4.22.1
R. Smith	43 11.4	E. McFarlane	24	25.2	1.2	C. McKenzie	4.00	4.38.8
880 yard run		J. Brower	24.5	25.7	1.2			
30-39		T. Talbott	31	29.5	1.5			
J. Folber	31 2.07.5	J. Aneshanslev	30	28.5	1.5			
B. O'Reilly	35 2.11.5	E. Gil	24.0	26.1	2.1			
T. Bryant	30 2.16.3	D. Spitzer	31.6	29.2	2.4			
E. Gil	38 2.35.8	R. Koloski	26.5	29.0	2.5			
D. Brown	30 3.02.0	C. McKenzie	33.5	30.7	2.8			
40-49		O. Marshall	30	27.2	2.8			
B. Krebs	44 2.09.5	P. Cousseau	25.8	29.7	2.9			
M. O'Neal	41 2.14.7	M. Lentzer	32	29.0	3.0			
C. Pauling	44 2.19.5	J. Perdew	31	26.8	4.2			
R. Fine	47 2.24.2							
T. Talbott	46 2.32.0							
D. Denig	47 2.40.1							
P. Cousseau	44 2.41.6							
50-59								
R. Valentine	55 2.41.6							
A. Bradley	53 2.43.2							
J. Simonte	50 2.46.1							
60-69								
M. Nuehof	63 3.12.2							
F. Burke	60 3.23.1							
C. Feldman	63 3.45.9							
Women								
C. McKenzie	46 2.50.8							
Shot Put	30-39							
A. Taule	37 31'3							
J. Barber	31 30'5							
D. Pierson	32 28'1							
40-49								
R. Deere	41 35'11							
L. Judd	40 31'8							
H. Bohigian	42 31'5							
C. Dummett	41 31'1							
S. Barnett	40 29'5							
50-59								
H. Cantor	53 34'5							
Discus								
30-39								
D. Pierson	32 92'10							
R. Koplin	37 83'9							
J. Baer	31 79'4							
40-49								
H. Bohigian	42 97'5							
L. Judd	40 92'3							
S. Barnett	40 87'9							
50-59								
H. Cantor	53 117'1							
220 yard dash								
Sections on time								
C. Bertrand	M 23.5							
E. Small	M 24.3							
Taylor	M 24.4							
A. Budd	M 24.8							
A. Williams	F 24.9							
H. Bohigian	M 25.2							
T. Gibbs	F 26.3							
I. Crockett	F 26.5							
One Mile run								
S. Howard	M 5.02.8							
J. Aneshansly	M 5.07.1							
Y. Wilson	F 5.24.6							
C. Pauling	M 5.34.0							
A. Chiapetta	F 5.40.1							
E. Peck	M 5.47.2							
D. Denig	M 5.51.0							
J. Simonti	M 5.57.9							
S. Henderson	F 6.10.9							
R. Valentine	M 6.10.9							
E. Riggs	F 6.26.8							
F. Burke	M 7.08.5							

Our club took first and fourth in the Masters 400-meter relay at Penn. Eight clubs competed. Our "A" team of Riddick, Budd, Weaver and Moon ran 45.11. The Pioneers were 2nd in 45.29 and Philadelphia was third in 45.73. Our "B" team of Bertrand, Deere, Rizzo and Pauling did 45.91, only eight-tenths of a second behind the "A" team. We can rightly claim the best Masters sprint team in the country and possibly the world!

[Ed. note: Perhaps, but the Corona Del Mar Track Club ran a 44.9 on May 19].

FUTURE FUNCTIONS

A "Terrible Track Meet" is being planned at the end of August to take place near Huntington, Long Island. In this meet everyone must compete in an event they normally never do. We'll have one sprint (100 yards) one distance (1 mile), one jump (probably the long jump) and one throwing event (the shot put). Three prizes will be awarded for the three worst performances. Anyone taking this meet seriously will be expelled from the club.

Our club now numbers 130. We should have 200 members by Jan. 1.

Dual meet results

Results—Dual meet between the Masters and Open Women—May 23, 1979, Randall's Island Rain and windy	T. McCormack	M 27.1	The 880 yard run was "called on account of rain".
	M. Adams	F 28.8	
	T. Talbott	M 28.8	Points: 5-4-3-2-1
	H. West	M 29.0	Masters 50
	C. McKensie	47 F 31.4	Women 10
	L. Black	40 F 32.2	
100 yard dash final			Sub-Masters 440
L. Riddick	M 10.6		T. Bryant 55.1
R. Deere	M 10.7		N. Griffith 58.2
A. Williams	F 11.1		E. Gil 60.8
H. Bohigian	M 11.2		O. Marshall 62.6
T. Gibbs	F 11.3		H. Benetiz 64.9
trials 3 to finals			
L. Riddick	M 10.9		
R. Deere	M 10.9		
S. Williams	F 11.9		
B. Wittaker	F 11.9		
H. West	M 12.9		
C. McKensie	F 13.4		
A. Williams	F 11.1		
H. Bohigian	M 11.4		
T. Gibbs	F 11.8		
H. Hawkins	M 12.4		
T. Talbott	M 12.7		
L. Rothbart	M 13.5		
One Mile run			
S. Howard	M 5.02.8		
J. Aneshansly	M 5.07.1		
Y. Wilson	F 5.24.6		
C. Pauling	M 5.34.0		
A. Chiap			

Mid-America Regional Championships

AURORA, COLO., May 26-27—World Veteran Gold medalists Jack Greenwood, Herb Anderson and Larry Means were among those who took part in the Mid-America Regional Championships on this holiday weekend.

Results:

100 meter dash

	30-34
1. B. Knipmeyer	11.2
2. T.J. Henderson	11.7
35-39	
1. G.Oliphant	11.4
2. D.Mongeau	11.5
3. J.Cors	11.6
40-44	
1. J.Weed	12.3
45-49	
1. J.Poppell	12.2
2. D.Douglas	14.0
50-54	
1. J.Greenwood	12.0
60-64	
1. S.Anderson	15.0
65-69	
1. P.Henn	25.2
75-79	
1. H.Anderson	15.0
65-69	
1. Polly Clarke	16.4
6 mile	
30-34	
1. B.Fitzgerald	38:19.3
2. L.Langer	39:43.6
35-39	
1. L.Courkamp	33:43.8
35-39 women	
1. C.Merklingar	52:51.4

110m HH

	30-34
1. T.J.Henderson	17.1
2. B.Knipmeyer	17.2
35-39	
1. D.Jouett	19.8
2. J.Joule	21.8
40-44	
1. J.Weed	16.5
45-49	
1. D.Douglas	21.6
50-54	
1. J.Greenwood	15.8
75-79	
1. H.Anderson	26.3

Pole Vault

	30-34
1. T.J.Henderson	12'0
2. A.Houser	10'8
3. B.Knipmeyer	9'8
35-39	
1. D.Jouett	9'8
2. J.Joule	7'8
3. A.Merklingar	6'4"
40-44	
1. J.Weed	10'8
2. V.Spence	8'8
45-49	
1. D.Douglas	8'8
50-54	
1. J.Greenwood	8'4
75-79	
1. J.Clarke	33.3

25-79

1. H.Anderson	32.7
35-39 women	
1. C.Merklingar	41.0

65-69

1. P.Clarke	36.2
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Mile run

	30-34
1. R.Smith	4:46.4
2. B.Fitzgerald	4:48.2

35-39

1. L.Courkamp	4:39.0
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40-44

1. J.Howell	4:59.0
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2. D.Hall

30-34 women	
1. P.Reger	6:09.0

40-44 women

1. C.Merklingar	7:17.3
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High Jump

	30-34
1. B.Knipmeyer	5'10"
2. T.J.Henderson	5'8"

35-39

1. J.Joule	4'10"
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40-44

1. J.Weed	4'6"
-----------	------

45-49

1. J.Orlandi	4'8"
--------------	------

50-54

1. D.Kardok	5'4"
-------------	------

60-64

1. P.Henn	3'7"
-----------	------

75-79

1. H.Anderson	4'3"
---------------	------

Triple Jump

	30-34
1. B.Knipmeyer	39'8"
2. T.Wesselowski	39'8"

40-44

1. J.Orlandi	34'3½"
--------------	--------

75-79

1. H.Anderson	24'11½"
---------------	---------

400 meter dash

	30-34
1. B.Knipmeyer	54.6
2. T.J.Henderson	54.8

35-39

1. L.Courkamp	56.9
---------------	------

40-44

1. D.Douglas	57.0
--------------	------

50-54

1. D.Kardok	57.7
-------------	------

60-64

1. P.Henn	60.4
-----------	------

75-79

1. H.Anderson	65.9
---------------	------

800 meters

	30-34
1. R.Smith	2:07.1
2. L.Courkamp	2:06.0

35-39

1. J.Gonzales	2:39.7
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have, at this meeting, a large band of Australians, including Wal Sheppard, World Veteran Athletic Association member for Oceania.

The weather at Mt. Smart's all-weather track was coolish with a westerly wind, not the best of conditions for creating records.

Congratulations must go to Arthur Grayburn for his record javelin throw against the wind. Colleen Mills also showed she will be hard to beat at Hannover in the 45-49 sprints.

Our New Zealand Association of Veteran Athletes has grown from a small group of 50 in 1970 to 1000, which does not include joggers, but only veterans who are members of clubs affiliated with the New Zealand Amateur Athletic Association.

Our veteran movement arose from long distance runners rather than track and field, but now T & F is gaining attention.

New Zealanders are reasonably running conscientious. The recent fun run (6½ miles) in Auckland attracted 32,000 runners, with only one being medically attended to.

Our most popular marathon at the moment at Rotorua attracted over 2000 starters, of which a quarter were veterans.

National events upcoming are C.C. championships at Dunedin, August 11; National road relay championships at Nelson, Sept. 1; New Zealand Road Championships, Northland, Oct. 13.

WINNERS:

100

M.40	B. McPhail	11.82
M.45	D. Barry	12.33
M.50	A. Hill	12.45
M.55	J. McLean	14.00
M.60	C. Mastein	13.32
M.65	F. Stanton	14.66
M.70	J. Jamieson	18.09
W.35	J. Hoskins	14.67
W.40	A. McIntosh	13.28
W.45	C. Mills	13.03
W.50	M. Anderson	15.49
W.60	J. Sole	17.18
W.65	Z. Pierce	17.70

200

M.40	B. McPhail	23.85
M.45	D. Barry	24.96
M.50	A. Hill	25.22
M.55	J. Callinan	31.26
M.60	C. Masters	28.72
M.65	F. Stanton	30.78
M.70	J. Locke	43.16

300

M.40	P. Phillipotts	55.17
M.50	F. Evans	56.17
M.55	W. Sheppard	62.90
M.45	B. Kerr	56.48
M.60	F. Plantt	71.56
M.65	F. Stanton	77.75

400

W.35	V. Green	73.32
W.40	J. Chandler	62.33
W.45	C. Bruker	64.86
W.50	M. Anderson	73.30
W.55	P. Soiers	108.15
W.60	J. Sole	87.60
W.65	Z. Pierce	100.70

800

M.40	W. Baillie	2:06.09
M.45	W. Rodger	2:13.47
M.50	D. Turnbull	2:10.36
M.55	W. Sheppard	2:22.12
M.60	W. Nelmes	2:45.58

W.35	B. Mundt	2:45.26
W.45	J. Crisp	3:04.48
W.50	B. Vine	2:53.13
W.60	J. Sole	3:46.29
M.65	T. Thomson	2:41.18
M.70	J. Locke	3:57.28
<u>1500</u>		
M.40	W. Baillie	4:10.74
M.45	B. Rodger	4:27.01
M.50	D. Turnbull	4:25.19
M.55	W. Sheppard	4:58.25
M.60	W. Nelmes	5:25.23
M.65	C. Weller	5:29.75
M.70	J. Jamieson	6:26.39
W.35	B. Mundt	5:18.76
W.40	J. Chandler	5:10.39
W.45	J. Gye	6:16.09
W.50	B. Vine	5:57.56
<u>3000</u>		
W.35	B. Shingles	10:15.9
W.40	R. Eames	10:35.8
W.45	J. Jacobs	15:10.6
W.50	I. Gobson	13:19.4
M.40	K. Pearce	15:18.4
M.45	B. Magee	15:40.1
M.50	D. Turnbull	16:29.9
M.55	H. Clark	18:37.6
M.60	W. Nelmes	19:32.0
M.65	T. Thomson	22:15.7
M.70	A. Jamieson	22:32.8
<u>5000</u>		
M.40	J. McDonald	31:23.7
M.45	B. Magee	32:49.1
M.50	G. Gibson	35:46.8
M.55	R. Brown	38:53.9
M.60	W. Nelmes	41:03.1
M.65	T. Thomson	45:42.2
M.70	J. Jamieson	49:21.0
<u>10000</u>		
M.40	L. Deller	20.15
M.45	J. Speerstra	21.86
<u>400 HURDLES</u>		
M.40	L. Deller	75.07
M.45	J. Speerstra	65.73
<u>3000 STEEPLECHASE</u>		
M.40	R. Jones	10:16.2
M.45	R. Chase	11:16.1
M.50	B. Thomas	12:05.0
M.55	H. Clark	14:37.6
M.70	J. Jamieson	15:18.3
<u>110 HURDLES</u>		
M.40	L. Deller	20.15
M.45	J. Speerstra	21.86
<u>400 HURDLES</u>		
M.40	L. Deller	75.07
M.45	J. Speerstra	65.73
<u>HIGH JUMP</u>		
M.40	R. Williams	1.70
M.45	B. Bayliss	1.41
M.50	L. Carter	1.32
M.55	V. Barker	1.40
M.60	H. Logan	1.40
M.65	D. Ross	1.10
<u>POLE VAULT</u>		
M.40	N. Jones	2.34
<u>LONG JUMP</u>		
M.40	R. Williams	6.53
M.45	J. Ross	5.11
M.50	D. Frawley	4.86
M.60	H. Logan	4.52
<u>TRIPLE JUMP</u>		
M.40	J. Soar	11.10
M.50	F. Copeman	10.03
M.60	H. Logan	9.70
<u>SHOT PUT</u>		
M.40	R. Williams	11.94
M.45	P. Evans	8.22
<u>DISCUS</u>		
M.60	J. Fraser	11.36
M.65	D. Ross	9.52
<u>JAVELIN</u>		
M.40	R. Williams	42.74
M.45	C. Bishop	21.70
M.50	J. Peridis	35.44
M.60	J. Fraser	36.32
M.65	D. Ross	22.88
M.60	A. Husband	36.40
M.65	J. Hosking	20.22
M.40	A. McIntosh	24.06
M.45	M. Stanley	31.30
M.50	A. Wood	24.00
M.65	Z. Pierce	13.48
<u>HAMMER</u>		
M.40	L. Mills	34.75
M.45	C. Bishop	21.13
M.50	D. Frawley	29.87
M.55	S. Johnson	35.56
<u>10KM WALK</u>		
M.40	M. Hinton	53:11.0
M.45	N. Read	51:09.3
M.50	N. Anderson	55:11.0

30-K Championship results

ALBANY, N.Y., March 18—Additional results of National AAU Masters 30-kilometer championships:

WOMEN

OVERALL

MEN

OVERALL

Fritz Mueller

40-44

Fritz Mueller

45 - 49

Fritz Mueller

50 - 54

Fritz Mueller

55 - 59

Fritz Mueller

60 and OVER

Fritz Mueller

TEAMS

North Medford

Gilbert Emery

Stan Moulton

Arthur Doyle

Central Park T.C.

Millrose A.C.

J. McGuiness

V. Chiappetta

D. Caffrey

4:09:52

5:27:17

2:04:22</div

A A U MASTERS NATIONAL TRACK & FIELD CHAMPIONSHIPS



MT. HOOD COMMUNITY COLLEGE STADIUM,
GRESHAM, OREGON

1979 U.S. NATIONAL AAU MEN & WOMEN MASTER'S AND
SUB-MASTER'S TRACK & FIELD CHAMPIONSHIPS

INFORMATION SHEET

DATE: July 6, 7, and 8, 1979

SITE: Mt. Hood Community College Stadium - Gresham, Oregon

SPONSORED AND CO-SPONSORED BY MT. HOOD COMMUNITY COLLEGE AND OCCIDENTAL
LIFE INSURANCE COMPANY OF NORTH CAROLINA

WELCOME!

It is indeed an extreme pleasure to be able to host this grand event on our campus for the third occasion. It has been a truly enriching and inspiring experience to meet the many fine people who have been in the previous meets. I believe that the master's athletes exemplify the true amateur example of competition. You are competing because you love the activity and the fellowship that goes with it.

We will do our very best to make this meet the best ever.

Jim Puckett, Meet Director

AGE REQUIREMENTS: Sub-Master's Men and Women (includes men and women age 30 to 39)

Master's Men and Women (includes men and women age 40 and over)

TRACK SURFACE: The track is a 400 meter rubberized all-weather track requiring $\frac{1}{4}$ " or less spikes.

The runways for the javelin, long jump, and triple jump are also rubberized all-weather surfaces requiring $\frac{1}{4}$ " or less spikes.

Shot put and discuss rings - brushed cement.

Hammer ring - steel ring with grip deck surface.

HOUSING: A list of motels and rates are included in this packet. We have 24 beds in the campus hostel room on a first request basis. If you would like to stay in a home atmosphere, we will also have host families.

TRANSPORTATION: Transportation will be provided from the airport to listed motels and from motels to meet site on a scheduled basis.

ENTERTAINMENT: A steak barbecue will be held Saturday evening July 7th at the lake side on campus. We hope all will plan to attend as this is a most enjoyable evening.

Tours will also be conducted to Mt. Hood and up the scenic Columbia Gorge.

Activities for spouses and families are also being planned.

AWARDS: Championship medals will be awarded to the first three (3) finishers in each event for each age and gender division.

DRESSING FACILITIES: Dressing facilities and towels will be available at the meet in the gymnasium near the track.

TRAINING ROOM: A staffed training room will be available through the entire meet.

MEDICAL CENTER: A medical information center will be set up for any athletes needing any special medical attention. PLEASE LET US KNOW AHEAD OF TIME SO THAT WE WILL BE AWARE OF YOUR SPECIAL PROBLEM.

AGE DIVISIONS: Sub-Master's (S1 = 30-34; S2 = 35-39)

Master's (1A = 40-44; 1B = 45-49
2A = 50-54; 2B = 55-59
3A = 60-64; 3B = 65-69
4A = 70-74; 4B = 75-79
5A = 80 and over)

**** NOTE: This is the first year for an OFFICIAL Sub-Master's Track and Field National AAU Championship.**

IMPLEMENTES: Implements will be provided. However, athletes may bring their own and use same if they pass inspection.

Implements to be used for each age division are:

Shot Put: 16 lb. - S1, S2, 1A, 1B
12 lb. - 2A, 2B
8 lb. - 3A, 3B, 4A, 4B, 5A

Discus: 2 kg. - S1, S2, 1A, 1B
1.6 kg. - 2A, 2B
1 kg. - 3A, 3B, 4A, 4B, 5A

OFFICIAL ENTRY FORM FOR THE 1979 AMATEUR ATHLETIC UNION

OF THE UNITED STATES MASTERS (over 40 years) AND SUB MASTERS (30-39)

NATIONAL TRACK AND FIELD CHAMPIONSHIPS

(MEN AND WOMEN)

Please enter me in the following events, for which I have enclosed payment at the of \$3 for the first event and \$3 for each additional event. Pentathlon entry is Relay team entry fee is \$10, but a separate Relay Entry Form (below) must be completed by an authorized club representative. Entries must be received by the Meet Director by 6 PM, Monday, June 25, 1979, at Mt. Hood Community College, 26000 SE Stark Street, Gresham, Oregon 97030. Phone 667-7354 (AM only).

IMPORTANT NOTICE: Incomplete entries, including those without payment, medical certificates, AAU registration, athlete's release, signatures, etc., will be assessed an incomplete entry fee of \$2.

Event	Best 1978 mark (or estimate if you did not compete)	Division S1, S2, 1a, 1b, 2a, 2b, 3a, 3b, 4a, 4b
Pentathlon: (@ \$3)		
1.		
2.		
3.		
4.		

Total Entry Fee Payment Enclosed
(Payable to Masters Track, Mt. Hood Community College)

BARBECUE RESERVATIONS (July 7, 8:30 PM) Adults @ \$7 each \$ _____
Child (12 & under) @ \$5 each \$ _____

Total Barbecue Payment (please make separate check or M.O.) \$ _____

ATHLETE'S RELEASE (must be signed):

In consideration of your acceptance of my entry, I do hereby, for myself, my heirs, executors, waive, release and forever discharge any and all claims for damages which I may have, or which may hereafter accrue to me against Mt. Hood Community College Amateur Athletic Union of the United States, and the Oregon A.A.U., or their officers, agents, for any and all damages which may be suffered by me in connection with my participation or association with the A.A.U. MASTERS AND SUB MASTERS TRACK AND FIELD CHAMPIONSHIPS. I further certify that my level of training is such that I am prepared to compete and recognize the right of the Meet Director to require supplementary training and/or medical evidence before allowing me to compete, and further recognize the right of any duly authorized member of the medical staff to require my withdrawal from competition, and will do so if directed.

DATE: _____ ATHLETE'S SIGNATURE: _____

Hammer: 16 lb. - S1, S2, 1A, 1B, 2A, 2B
8 lb. - 3A, 3B, 4A, 4B, 5A

Javelin: 800 gm. - S1, S2, 1A, 1B, 2A, 2B
600 gm. - 3A, 3B, 4A, 4B, 5A

HURDLES: Hurdle heights and distances for each division include:

110 Meter High Hurdles - S1, S2 = 36"

1A = 36" 3A = 30"
1B = 36" 3B = 30"
2A = 36" 4A = 30"
2B = 36" 4B = 30"

Women - 30" all divisions

400 Meter Hurdles - S1 - S2 = 33"

1A - 1B = 33"
2A - 2B = 30"
3A - 3B = 30"
4A - 4B = 30"
5A = 30"

Women - 30" all divisions

PENTATHLON TIME SCHEDULE (MEN)

SATURDAY, JULY 7, 1979

9:30 AM Long Jump (All divisions)
10:30 AM Javelin (All divisions)
11:30 AM 200 Meters (All divisions)
12:30 PM Discus (All divisions)
2:30 PM 1,500 Meters (All divisions)

SUNDAY, JULY 8, 1979

10:00 AM 100 Meter Hurdles (All divisions)
11:00 AM High Jump (All divisions)
12:00 PM Shot Put (All divisions)
1:00 PM Long Jump (All divisions)
2:30 PM 800 Meters (All divisions)

PENTATHLON TIME SCHEDULE (WOMEN)

1979 A.A.U. REGISTRATION INFORMATION: _____ District, 1979 Registration No. _____

ATHLETIC INFORMATION:

NAME: _____ SIGNATURE: _____

DATE OF BIRTH: _____ month day year AFFILIATION (club, unatt., etc.) _____

ADDRESS: street _____ CITY: _____ STATE: _____ ZIP: _____

TELEPHONE NO. _____ SCHOOL OR COLLEGE ATTENDED: _____

NOTABLE PAST (or recent) PERFORMANCE, CHAMPIONSHIPS, ETC.: _____

Please enclose a recent black and white photo (non-returnable) of you in action and in uniform for possible inclusion in program.

YOUR OCCUPATION: _____ YOUR LOCAL PAPER: _____ Name and Address

RELAY ENTRY FORM

RELAY: _____ DIVISION: _____ CLUB NAME AND ADDRESS: _____

NAMES: 1. _____ Est. Time: 2. _____ Est. Time: _____
3. _____ Est. Time: 4. _____ Est. Time: _____

Total Estimated Time: _____ Alternates: 1. _____ 2. _____

NOTE: Separate entry forms and a \$10 payment to MASTERS TRACK, MT. HOOD COMMUNITY COLLEGE must be submitted for each team entered. Club official certifies with his signature below that all men named are members of his club, and that each member has sent (or will send) an official individual entry form.

CLUB OFFICIAL: _____ ADDRESS: _____ TELEPHONE: _____

MAIL COMPLETED ENTRY FORMS TO:

JIM PUCKETT, MEET DIRECTOR, AAU MASTERS AND SUB MASTERS
CHAMPIONSHIPS
MT. HOOD COMMUNITY COLLEGE
26000 SE STARK STREET
GRESHAM, OREGON 97030

(Duplication of Entry Form Permitted)

TENTATIVE TIME SCHEDULE

FRIDAY, JULY 6, 1979

3:00 PM	OPENING CEREMONIES
3:15 PM	Long Jump Finals (Women - All divisions beginning with S1, S2)
4:00 PM	Javelin Finals (S1, S2, 1a, 1b, 4a, 4b)
4:30 PM	100 Meter Prelims (S1, S2)
4:45 PM	100 Meter Prelims (1a, 1b)
5:00 PM	100 Meter Prelims (2a, 2b)
5:15 PM	100 Meter Prelims (3a, 3b)
5:30 PM	100 Meter Prelims (4a, 4b)
5:40 PM	100 Meter Prelims (Women - All divisions)
5:45 PM	High Jump Finals (S1, S2, 1a, 1b)
6:00 PM	Long Jump Finals (1a, 1b, 2a, 2b)
6:00 PM	Shot Put Finals (S1, S2, 1a, 1b)
6:00 PM	400 Meter Relay Prelims (S1, S2)
6:10 PM	400 Meter Relay Prelims (1a, 1b)
6:20 PM	400 Meter Relay Prelims (2a, 2b)
6:45 PM	400 Meter Dash Prelims (S1, S2)
7:00 PM	400 Meter Dash Prelims (1a, 1b)
7:00 PM	Javelin (Women - All divisions)
7:15 PM	400 Meter Dash Prelims (2a, 2b)
7:30 PM	400 Meter Dash Prelims (3a, 3b)
7:45 PM	10,000 Meter Finals (S1, S2)
8:00 PM	Triple Jump Finals (S1, S2)
8:35 PM	10,000 Meter Finals (1a, 1b, 2a, 2b)
9:30 PM	10,000 Meter Finals (3a, 3b, 4a, 4b, Women - All divisions)

SATURDAY, JULY 7, 1979

10:00 AM	200 Meter Prelims (S1, S2)
10:15 AM	200 Meter Prelims (1a, 1b)
10:30 AM	200 Meter Prelims (2a, 2b)
10:45 AM	200 Meter Prelims (3a, 3b)
3:00 PM	Discus Finals (Women - All divisions)
3:00 PM	Pole Vault Finals (S1, S2, 3a, 3b, 4a, 4b)
3:30 PM	Long Jump Finals (S1, S2)
3:30 PM	3,000 Meter Steeplechase Finals (S1, S2)
3:30 PM	High Jump Finals (3a, 3b, 4a, 4b)
3:45 PM	3,000 Meter Steeplechase Finals (1a, 1b, 2a, 2b)
4:00 PM	Shot Put Finals (2a, 2b, 3a, 3b, 4a, 4b)
4:05 PM	100 Meter Finals (Women - All divisions)
4:20 PM	100 Meter Finals (S1, S2)
4:30 PM	100 Meter Finals (1a, 1b)
4:40 PM	100 Meter Finals (2a, 2b)
4:50 PM	100 Meter Finals (3a, 3b)
5:00 PM	100 Meter Finals (4a, 4b)
5:00 PM	Discus Finals (S1, S2, 1a, 1b)
5:15 PM	800 Meter Finals (Women - All divisions)
5:30 PM	Triple Jump Finals (1a, 1b, 2a, 2b)
5:35 PM	800 Meter Finals (S1, S2)
5:50 PM	800 Meter Finals (1a, 1b)
6:00 PM	800 Meter Finals (2a, 2b)
6:00 PM	High Jump Finals (Women - All divisions)
6:10 PM	800 Meter Finals (3a, 3b)
6:20 PM	800 Meter Finals (4a, 4b)
6:40 PM	400 Meter Hurdle Finals (S1, S2)

6:50 PM	400 Meter Hurdle Finals (1a, 1b)
7:00 PM	400 Meter Hurdle Finals (2a, 2b)
7:00 PM	Discus Finals (2a, 2b, 3a, 3b, 4a, 4b)
7:10 PM	400 Meter Hurdle Finals (3a, 3b)
7:20 PM	300 Meter Hurdle Finals (4a, 4b)
7:30 PM	5,000 Meter Walk Finals (All divisions)
8:30 PM	BARBECUE - LAKE SIDE
3:00 PM	Hammer Throw (All divisions)
3:00 PM	Pole Vault Finals (1a, 1b, 2a, 2b)
3:30 PM	400 Meter Relay Finals (S1, S2)
3:40 PM	400 Meter Relay Finals (1a, 1b)
3:50 PM	400 Meter Relay Finals (2a, 2b)
4:00 PM	Long Jump Finals (2a, 2b)
4:00 PM	Shot Put (Women - All divisions)
4:05 PM	110 Meter Hurdle Finals (S1, S2)
4:15 PM	110 Meter Hurdle Finals (1a, 1b)
4:25 PM	110 Meter Hurdle Finals (2a, 2b)
4:35 PM	110 Meter Hurdle Finals (3a, 3b)
4:45 PM	110 Meter Hurdle Finals (4a, 4b)
4:55 PM	400 Meter Finals (Women - All divisions)
5:00 PM	Javelin Finals (3a, 3b, 4a, 4b)
5:10 PM	400 Meter Finals (S1, S2)
5:20 PM	400 Meter Finals (1a, 1b)
5:30 PM	400 Meter Finals (2a, 2b)
5:40 PM	400 Meter Finals (3a, 3b)
5:50 PM	400 Meter Finals (4a, 4b)
6:00 PM	High Jump (2a, 2b)
6:00 PM	1,500 Meter Finals (Women - All divisions)
6:00 PM	Long Jump (1a, 1b)
6:15 PM	1,500 Meter Finals (S1, S2)
6:25 PM	1,500 Meter Finals (1a, 1b)
6:35 PM	1,500 Meter Finals (2a, 2b)
6:45 PM	1,500 Meter Finals (3a, 3b)
6:55 PM	1,500 Meter Finals (4a, 4b)
7:00 PM	Triple Jump (3a, 3b, 4a, 4b)
7:05 PM	200 Meter Dash (Women - All divisions)
7:20 PM	200 Meter Dash (S1, S2)
7:30 PM	200 Meter Dash (1a, 1b)
7:40 PM	200 Meter Dash (2a, 2b)
7:50 PM	200 Meter Dash (3a, 3b)
8:00 PM	200 Meter Dash (4a, 4b)
8:10 PM	5,000 Meter Run (Women - All divisions)
8:40 PM	5,000 Meter Run (S1, S2, 1a, 1b)
9:00 PM	5,000 Meter Run (2a, 2b, 3a, 3b, 4a, 4b)
9:30 PM	1,600 Meter Relay (S1, S2)
9:40 PM	1,600 Meter Relay (1a, 1b)
9:50 PM	1,600 Meter Relay (2a, 2b)
10:00 PM	CLOSING CEREMONIES

Gas crunch fails to stop Calif. masters

POTTERVILLE, CALIF., May 5—Long lines at California gas pumps didn't stop over 70 veterans from getting to Porterville, midway between Los Angeles and San Francisco, for the 4th annual Golden State Invitational Masters Track and Field Championships.

Highlights:

100	
30-39	
Hilliard Sumner	10.8
Doug Wells	10.9
Ron Beadle	10.9
45-49	
Percy Knox	11.5
Bruce Springbett	11.9
50-54 Richard Zumwalt	12.7
55-59 Robert Cooper	12.6
60-64 Clarence Killion	12.9
70 + Sing Lum	15.5
Women	
40-49 Shirley Kinsey	15.3
200	
30-39	
Ron Beadle	22.7
Rod Ferguson	23.0
45-49	
Percy Knox	23.9
Hans Bruhner	24.2
Bruce Springbett	24.3
50-54	
Louis Beadle	26.0
Richard Zumwalt	26.9
Roy Wigginton	27.0
60-64 Clarence Killion	27.2
400	
30-39 Hilliard Sumner	50.5
45-49 Hans Bruhner	55.4
50-54 Donald Jackson	57.9
Louis Beadle	58.9
Wilbur Buchanan	61.6
800	
30-39	
Ralph Lee	1:57.9
Dave Donaldson	2:02.6
40-44	
Mel Elliot	2:04.5
Gary Miller	2:07.6
James Erbes	2:13.2
1500	
30-39	
Ralph Lee	4:12.2
Dave Donaldson	4:15.2
Norman Towers	4:20.4
40-44 James Erbes	4:31.0
3000 STEEPELCHASE	
60-64 Joseph Carey	13:30.8
5000	
30-39 Robert Stephensen	16:24.3
Ronald Hanson	16:30.4
Norman Towers	16:42.8
110 HURDLES	
40-44 Hal Smith	18.4
50-54 Robert Higginbotham	19.8
60-64 Clarence Killion	20.2
65-69 Art Vesco	22.8
HIGH JUMP	
30-39 Jim Brown	

40-49 Hal Smith	4'10"	60-64 Bill Burke	39'5½"	50 - 54	1. Don Carpenter, W.V.T.C.	37:51	WOMEN
Earl Pearson	4'8"	65-69 James York	43'1¾"	55 - 59	2. Carl Martin, WVJS	38:53	30 - 34
45-49 Shirley Davison	4'8"	Women		65 - 69	1. John Popper	44:09	40 - 44
50-54 Hal Wallace	4'8"	40-49 Shirley Kinsey	25'6"	1. Robert Daugherty, TRAC	49:47.0	1. Lucile Ligon, NCS	
55-59 Orval Gillett	4'6"	DISCUS		WOMEN		45 - 49	
60-64 Jim Vernon	4'4"	30-39 Doug Wells	151'10"	30 - 34	1. Karlette Warner	1:01.20	1. Irene Obera, NCS
65-69 Art Vesco	3'8"	40-44 Hal Smith	115'8"	35 - 39	2. Jennie Fox	36:03.53	2. Katharine Briege, NCS
POLE VAULT		45-49 Jerry Wojcik	84'7"	3. Marjorie Cagnon	38:54.0	3. Mary Vinella, Woodside	
40-44 Hal Smith	10'6"	50-54 Roy Wigginton	102'0"		1:01.21	*American Masters Men (45 - 49) Record	
45-49 K.C. Keffer	11'6"	55-59 Bill Bangert	133'6½"	440 RELAY		50 - 54	
50-54 Hal Wallace	10'9"	60-64 Joe Sanz	119'10"	MEN		1. Shirley Dietderich, NCS	
Don Grosh	10'6"	65-69 James York	118'11"	30 - 34	60 - 64	1. Josidra Packard, NCS	
60-64 Jim Vernon	11'0"	70+ Randy Hubbell	88'11¼"	40 - 44	100 METERS MEN	16.7	
LONG JUMP		Women		1. West Valley T.C.	44.9	75 - 79	
40-44 Earl Pearson	17'1½"	40-49 Shirley Kinsey	80'11½"	(Dungan, Fitzsimmons, Simpson, Marshall)		1. Josida Packard, NCS	
45-49 Shirley Davison	21'½"	HAMMER		1. UNATT	50.8	100 METERS MEN	
60-64 George Polynis	14'6"	40-44 Hal Smith	107'1"	(Eller, Bodley, Brown, Guillardo)		800 METERS	
Jim Vernon	14'1½"	50-54 Paul Evans	105'8"	1. Norcal Seniors	45.6	MEN	
TRIPLE JUMP		60-64 Joe Sanz	97'6"	(Springbett, Parish, Bruhner, Sanchez)		30 - 34	
45-49 Shirley Davison	37'7"	65-69 James York	93'11"	1. Norcal Seniors	56.9	1. Bob Browne, WVTC	
SHOT PUT		70+ Randy Hubbell	90'8"	(Wiggington, Roemer, Henderson, Campbell)		35 - 39	
30-39 Doug Wells	49'10½"	JAVELIN		110 METER HIGH HURDLES		1. Ramsey Thomas, WVTC	
40-44 Hal Smith	41'7½"	40-44 Hal Smith	145'4"	MEN		2. Dave Romain, WVTC	
50-54 Hal Wallace	38'11¾"	50-54 Hal Wallace	117'4"	30 - 34	3. George Mason, WVTC	1:53.8	
Paul Evans	37'5"	60-64 Bill Burke	122'4"	40 - 44	4. Dave Donaldson, Merced TC	1:54.2	
55-59 Bill Bangert	42'2½"	Women		1. Norcal Seniors	40.44	40 - 44	
		30-39 Janice Henderson	65'10"	1. Al Brenda	1. Pete Richardson, WVTC	2:05.2	
		40-49 Shirley Kinsey	65'3"	2. Lou Peresenyi, NCS	2. Phil Maresca, NCS	2:07.4	
				3. James Erbes	3. James Erbes	2:11.6	
				45 - 49	45.49	45 - 49	
				1. Fred Johnson, S.C. Striders	15.1	1. Preston Hill, NCS	2:21.0
				2. Dick Hickman, NCS	15.1	2. Tokihiko Suyehiro, NCS	2:25.2
				3. Mai Andrews, BAS	15.8	50 - 54	
				4. Marion Sanchez	16.5	1. Dave Stevenson	2:16.9
				5. Fred Gallardo, NCS	18.2	2. Don Jackson, NCS	2:23.2
				50 - 54	55 - 59	3. Harry Hill, WVJS	2:29
				1. Al Brenda	19.6	1. Alan Dale, NCS	2:30.5
				2. Lou Peresenyi, NCS	70 - 74	2. David Burg	2:45.4
				3. James Erbes	45.0	1. Mel Shine, NCS	2:44.3
				400 METER DASH		WOMEN	
				MEN		1. Miriam Gerard, Woodside	2:43.5
				30 - 34	48.9	2. Carol Mawson, Woodside	2:50.7
				1. Matt Pruitt, WVTC	51.6	500 METER RUN	
				2. Bill Weller, WVTC	53.1	MEN	
				3. James Barnes	30 - 34	30 - 34	
				35 - 39	49.4	1. Ron Whitney	49.4
				1. Ron Whitney	50.0	2. Dave Romain, WVTC	15:59.8
				2. Marion Sanchez	52.4	3. John H. Johnson, NorCal	15:49.5
				40 - 44	52.4	4. Ed Jerome	18:37.6
				1. Phil Maresca, NCS	54.9	50 - 54	
				2. James Thomas	58.4	1. Robert Wellick	16:41.5
				3. Burl Lennier, NCS	1:06.0	2. Ken Guthrie, WVJS	16:54.0
				45 - 49	1:06.0	3. Richard Keene, NCS	18:53.8
				1. Ilans Bruhner, NCS	54.0	50 - 54	
				2. Preston Hill, NCS	59.0	1. Rich Mueller	18:46.5
				3. Mai Andrews, BAS	1:57.0	2. Fred Dunn, PamaKids	19:02.8
				50 - 54	60 - 64	3. Lee Sorenson	
				1. Ilan Washington	56.7	1. Otto Summervauer, PamaKids	22:24.4
				2. Don Jackson, NCS	57.0	WOMEN	
				3. Lee Sorenson	1:03.0	30 - 34	
				55 - 59	1:07.7	1. Daphne Dunn PAMAKIDS	23:34.8
				1. Mark Henderson, NCS	1:11.5	100 METER INTERMEDIATE HURDLES	
				2. David Burg		MEN	
				65 - 69	30 - 34	30 - 34	
				1. Harry Koppel, NCS	1:06.5	1. Roger Carlton	1:00.1
				2. John Satti, NCS	1:06.9	35 - 39	
				3. Ken Burns, NCS	1:18.3	1. Ron Whitney	54.5
				70 - 74	1:09.3	2. Goerge Mason, WVTC	1:04.5
				1. Mel Shine, NCS	1:14.1	330 YARD INTERMEDIATES	
				75 - 79	40 - 44	40 - 44	
				1. Josiah Packard	1:06.3	1. James Thomas	43.0
				WOMEN	1:04.9*	2. Dick Hickman, NCS	44.3
				35 - 39	1:16.5	3. Tom Willett	48.3
				45 - 49	1:16.5	4. Fred Gallardo, NCS	51.0
				50 - 54	1:24.6	ONE MILE RELAY	
				1. Shirley Dietrich, NCS	1:30.6	MEN	
				60 - 64	30 - 34	30 - 34	
				1. Josephine Kolda, NCS	1:30.6	1. West Valley TC	4:10.72
				40 - 44	35 - 39	(Marshall, Corbin, Pruitt, Weller)	
				1. Greg Marshall, WVTC	1:30.6	1. West Valley TC	3:30.7
				2. Matt Pruitt, WVTC	1:30.6	(Fitzsimmons, Mason, Thomas, Romaine)	
				3. Paul Dungan	1:30.6	50 - 54	
				4. Tom Willett	1:30.6	1. Casteel, Shaw, Mueller, Malisson	5:18.1
				45 - 49	30 - 34	WOMEN	
				1. Fred Gallardo, NCS	1:30.6	1. Woodside Striders	5:21.2
				50 - 54	35 - 39	200 METER DASH	
				1. Shirley Dietrich, NCS	1:30.6	MEN	
				60 - 64	30 - 34	30 - 34	
				1. Josephine Kolda, NCS	1:30.6	1. Greg Marshall, WVTC	21.7
				40 - 44	35 - 39	2. Matt Pruitt, WVTC	21.9
				1. Dick Hickman, NCS	1:30.6	3. Paul Dungan	22.2
				2. Tom Willett	1:30.6	4. Tom Willett	22.1
				3. Bill Eller, NCS	1:30.6	5. Bobby Simpson, WVTC	22.5
				45 - 49	1:30.6	6. Bruce Springbett, NCS	23.0
				1. Bruce Springbett, NCS	1:30.6	7. Phil Maresca, NCS	24.6
				2. Marion Sanchez, NCS	1:30.6	8. Jerry Bolden,	25.0
				3. Phil Presber	1:30.6	9. Vernon Regier, NCS	45 - 49
				50 - 54	1:30.6	10. Hans Bruhner, NCS	23.5
				1. Vernon Regier, NCS	1:30.6	11. Harry Wade, UN	23.7
				2. Bob Roemer, NCS	1:30.6	12. Bruce Springbett, NCS	23.9
				3. Huell Washington	1:30.6	13. Bob Roemer, NCS	25.1
				55 - 59	1:30.6	14. Vernon Regier, NCS	28.5
				1. James Johnson, NCS	1:30.6	15. Sam Hoover, NCS	34.7
				60 - 64	1:30.6	16. Harry Koppel, NCS	27.6
				1. Sam Hoover, NCS	1:30.6	17. John Satti, NCS	28.0
				65 - 69	1:30.6	18. Harry Koppel, NCS	34.7
				1. Harry Koppel, NCS	1:30.6	19. Ken Burns, NCS	34.7
				2. John Satti, NCS	1:30.6	continued	
				3. Ken Burns, NCS	1:30.6		

2 world, 2 American marks set on West Coast

LOS GATOS, CA., May 12—Temperatures in the 90's failed to deter some 200 Masters runners and jumpers from setting five American and two World Age Group records at the Pacific Association AAU Masters Track and Field Championships. John Satti set a new world mark of 16'1" in the 65-69 long jump to break his 3-week-old record of 15'10½". Emery Curtice lofted the javelin 128'1" for a new world standard in the 70-74 division.

Dick Stolpe's 1973 American 45-49 record of 11.3 in the 100 meters was broken by both Van Parish and Bruce Springbett in 11.2. Parish broke the record in a heat, then had to scratch from the final as Springbett broke it again.

Irene Obera also set an American record in the Women's 45-49 400 in 64

continued

40 - 44		
1. Earl Pearson	18'9 1/8"	
2. Mark Bodley, NCS	16'9 1/4"	
3. Lee Schroeder, NCS	16'6 1/2"	
45 - 49		
1. Mal Andrews, BAS	19'6 1/2"	
2. Fred Gallardo, NCS	17'6"	
50 - 54		
1. Bob Roemer, NCS	16'4 1/4"	
2. Al Brenda	14'10"	
55 - 59		
1. James Johnson, NCS	17'4 1/4"	
2. Harry Huseny, AHC	15'4"	
60 - 64		
1. John Satti, NCS	16'1**	
*Masters Men 65 - 69 World Age Group Record		
35.7	2. John T. McDonnell TSC SC	12'4 1/4"
36.1	70 - 74	
	1. Homer Van Gelder, NCS	12'1 1/4"
WOMEN		
40 - 44		
1. Lucile Lignon, NCS	14'8"	
45 - 49		
1. Irene Obera, NCS	15'2"	
POLE VAULT		
MEN		
30 - 34		
1. Richard Steep, 6 Rivers RC	15'0"	
40 - 44		
1. Mark Budley, NCS	10'0"	
2. Bill Eller, NCS	9'0"	
45 - 49		
1. Jim Reagan	10'6"	
2. Fred Gallardo, NCS	10'0"	
3. Jack Widman, LLL	9'6"	
50 - 54		
1. Al Brenda	10'6".	
2. James Johnson, NCS	9'6"	
TRIPLE JUMP		
MEN		
35 - 39		
1. Miguel Ucovich, NCS	36'11 3/8"	
2. Jack Sanchez, OPI	32'5"	
40 - 44		
1. Dean Pearson	33'11 1/4"	
45 - 49		
1. Fred Gallardo, NCS	33'8 1/4"	
50 - 54		
1. Harry Siitonen, NCS	19'7"	
55 - 59		
1. James Johnson	32'7 1/2"	
2. Harry Huseny, ANC	31'5 1/4"	
70 - 74		
1. Homer Van Gelder, NCS	25'2 1/4"	
DISCUS		
MEN		
30 - 34		
1. Brian Oldfield	190'4"	
2. Robert Fernandez	95'6"	
3. Wm. Henderson, NCS	92'7"	
35 - 39		
1. Jim Kinnison, NCS	102'	
2. Miguel Ucovich, NCS	96'5"	
40 - 44		
1. Bob Harrison, ESL	105'10"	
2. Earl Pearson	93'2"	
3. Lee Schroeder, NCS	81'8"	
45 - 49		
1. Spencer Letcher, NCS	106'11"	
50 - 54		
1. Al Brenda	104'10"	
2. Roy Wiggington, NCS	100'8"	
3. Bill Magnusson	78'7"	
55 - 59		
1. Harry Huseny, AHC	97'0"	
2. Mark Henderson, NCS	90'3"	
3. James Johnson, NCS	77'4"	
60 - 64		
1. James McCarthy, NCS	106'10"	
65 - 69		
1. Jim York, NCS	110'7"	
70 - 74		
1. William Walker, NCS	95'10"	
2. Ken Carnine, NCS	70 - 74	
1. Shirley Dietderich, NCS	124'0"	
2. Lou Peresenyi, NCS	94'0"	
WOMEN		
30 - 34		
1. Jan Henderson, NCS	68'11"	
2. Remzi Huseny	49'2"	
40 - 44		
1. Sharon Hansen	105'3"	
2. Rosalind Murphy	65'7"	
45 - 49		
1. Irene Obera, NCS	62'0"	
2. Miridmokubo	48'5"	
3. Marjorie Fox, NCS	44'1"	
50 - 54		
1. Shirley Dietderich, NCS	47'2 1/2"	
HIGH JUMP		
MEN		
30 - 34		
1. Wm. Henderson, NCS	4'8"	
40 - 44		
1. Gaudy Phraniser, NCS	5'6"	
2. Dean Pearson	4'10"	
45 - 49		
1. Herm Wyatt	5'11"	
2. Marion Sanchez	5'8"	
3. Leon Brown	4'10"	
50 - 54		
1. Al Brenda	4'8"	
55 - 59		
1. Bob Oyen	4'6"	
2. Mark Henderson, NCS	4'4"	
3. James Johnson	4'2"	
60 - 64		
1. James McCarthy, NCS	4'6"	
65 - 69		
1. Jim York, NCS	2'10"	
70 - 74		
1. Homer Van Gelder, NCS	4'0"	
2. Lou Peresenyi, NCS	3'0"	
LONGJUMP		
MEN 30 - 34		
1. Greg Marshall, WVTC	19'6 3/8"	
2. Fred Johnson, SC Striders	19'3 1/2"	
3. Wm. Henderson, NCS	15'7 1/2"	
35 - 39		
1. Miguel Ucovich, NCS	19'7 1/4"	
2. Jack Sanchez, OPI	17'5"	
WOMEN		
30 - 34		
1. Earl Pearson	18'9 1/8"	
2. Mark Bodley, NCS	16'9 1/4"	
3. Lee Schroeder, NCS	16'6 1/2"	
45 - 49		
1. Mal Andrews, BAS	19'6 1/2"	
2. Fred Gallardo, NCS	17'6"	
50 - 54		
1. Bob Roemer, NCS	16'4 1/4"	
2. Al Brenda	14'10"	
55 - 59		
1. James Johnson, NCS	17'4 1/4"	
2. Harry Huseny, AHC	15'4"	
60 - 64		
1. John Satti, NCS	16'1**	
65 - 69		
1. Lou Peresenyi, NCS	13'7 1/4"	
2. Homer Van Gelder, NCS	32'1 1/4"	

WOMEN		
30 - 34	30 - 34	
1. Janice Henderson, NCS	25'10 1/2"	
2. Remzi Huseny	19'5 1/2"	
35 - 39	35 - 39	
1. Judy Ford, NCS	26'1 1/2"	

40 - 44		
1. Lucile Ligon, NCS	30'4 1/2"	
2. Rosalind Murphy	25'5 1/2"	
45 - 49		
1. Miriam Okubo	19'8 1/2"	

Some top talent in northern Cal.

—Dave Romain, 37, won the 400 in 49.8.

—Lori Maynard, 43, took the 5000 walk in 27:11.5, beating all competitors, women and men.

—Jack Knebel, 40, ran the fastest Masters 800 in the U.S. this year in 2:02.1.

—Tom Cathcart, 40, easily won the 1500 in 4:11.9.

—Kermit Walker, 43, long-jumped 21'1/2".

WEST VALLEY MASTERS TRACK & FIELD MEET Los Gatos, California APRIL 7, 1979

40 - 44 MEN

James Thomas - 40 - UN 56.1

Phil Maresca - 41 - NCS 56.2

Burl Lennier - 44 - NCS 1.01.2

45 - 49 MEN

Tony Nasralia - 46 - Seniors 57.64

Lon Spurrier - 45 - NCS 58.6

50 - 54 MEN

Don Jackson - 52 - NCS 58.9

Huel Washington - 50 - UN 1.00.5

Hal Wallace - 51 - Seniors 1.07.7

55 - 59 MEN

Mark Henderson - 58 - NCS 1.09.0

60 - 64 MEN

Bill Fairbank - 62 - Stanford 1.07.4

70 - 74 MEN

Mel Shine - 70 - MCS 1.10.8

Sid Madden - 71 - SFVTC 1.15.8

80 - 84 MEN

Paul Spangler - 80 - SLDC 1.30.6

400 METER - WOMEN

35 - 39 MENS

Mimi Gerard - 37 - Woodside 1.07.4

40 - 44

Almeta Parish - 42 - NCS 1.08.5

45 - 49

Irene Obera - 45 - NCS 1.05.3

50 - 54

Shirley Dietderich - 52 - NCS 1.25.9

60 - 64

Josephine Kolda - 61 - NCS 1.42.2

400 INT. HURDLES

30 - 34 MEN

Roger Carlon, CA 32 60.7

35 - 39 MENS

George Mason, UN, 35 1.03.5

Ralph Henrikson, UN, 35 1.04.6

40 - 44 MENS

continued

100 METERS	35 - 39	Sid Madden, 71, SFVTC	28:51.0	35 - 39	Catie Burke, 39, CDM	47'8"
30 - 34 MENS	40 - 44	Mimi Gerard, 37, Woodside	29.1	45 - 49	Almeta Parish, 42, NCS	45 - 49
Greg Marshall, WVTC, 31	40 - 44	Lynda Huey, 31, UN	29.5	45 - 49	Irene Obera, 45, NCS	Miyoko Okubo, 49, UN
Clarence Cokbin, H. Top, 34	40 - 44	5000 METER - WOMEN	21:56.8	45 - 49	RECORD	44'7"
35 - 39 MENS	45 - 49	30 - 34	Elizabeth Nolan, 51	40 - 44	POLE VAULT - MENS	
Dan Fitzsimmons, WVTC, 35	45 - 49	Lynda Huey, 31, UN	37:35	45 - 49	Mark Bodley, 44, NCS	9'6"
Bobby Simpson, UN, 37	50 - 54	5000 METER - WOMEN		45 - 49	Bill Eller, 44, UN	9'
Doug Felder, UN, 37	50 - 54	30 - 34	SHOT PUT - MENS	50 - 54	Hal Wallace, 51, Srs.	9'6"
40 - 44 MENS	55 - 59	Shirley Dietderich, 52, NCS	35.9	55 - 59	Jim Johnson, 56, NCS	9'0"
Ben Anixter, NCS, 41	55 - 59	William Henderson, 32, NCS	33'6"	60 - 64	Bill Hurke, 60, CDM	7'6"
Bill Eller, NCS, 44	60 - 64	Bob Harrison, 41, UN	36'8"	65 - 69	Arthur Vesco, 67, S.C. Striders	5'6"
Tom Willett, UN, 40	60 - 64	Joe Durrenberger, 44, NCS	30'1½"			
Leon Brown, UN, 42	60 - 64	Bill Eller, 44, NCS	29'10"			
45 - 49 MENS	800 METERS - MEN	50 - 54				
Tony Nasralla, Sr. T.C., 46	800 METERS - MEN	Hal Wallace, 51, Srs.	38'5¼"			
Hans Bruhner, NCS, 45	30 - 34	Bill Magnusson, 53, UN	24'6½"			
Ben Rivera, NCS, 45	35 - 39	Harry Siitonens, 53, NCS	20'4"			
50 - 54 MENS	Dave Romain, WVTC, 37	55 - 59				
Huel Washington, 50	Dave Donaldson, Merced, 39	Mark Henderson, 58, NCS	34'2½"			
55 - 59 MENS	Philip Agustine, NCS, 37	Bob Stone, 58, NCS	33'8"			
Jim Johnson, NCS, 56	40 - 44	60 - 64				
Burl Gist, CDM, 59	Jack Knebel, WVTC, 40	Bill Burke, 60, CDM	39'10"			
Adam Bucher, UN, 57	James Erbes, UN, 41	65 - 69				
60 - 64 MENS	Herb Blanchard, UN, 40	Jim York, 65, NCS	41'9"			
Bill Burke, CDM, 60	45 - 49	Art Vesco, 67, Striders	33'5"			
65 - 69 MENS	Preston Hill, NCS, 45	John Dick, 67, NCS	31'7"			
Harry Koppel, NCS, 65	50 - 54	70 - 74				
John Satti, NCS, 65	Dave Stevenson, UN, 50	Homer Van Gelder, 74, NCS	33'4"			
75 - 79 MENS	Don Jackson, NCS, 52	SHOT PUT - WOMENS				
Josiah Packard, NCS, 75	60 - 64	30 - 34				
80 - 84 MENS	Alan Waterman, STAN, 60	Janice Henderson, 32, NCS	22'9"			
Paul Spangler, SLDC, 80	70 - 74	Remizy Huseny, 32, UN	21'5"			
WORLD RECORD -	80 - 84	Catie Burke, 39, CDM	21'9"			
100 METERS - WOMEN	Paul Spangler, SLDL, 80	45 - 49				
30 - 34	WORLD RECORD	Miyoko Okubo, 49, NCS	18'2"			
Lynda Huey, UN, 31		DISCUS - MEN				
Janice Henderson, NCS, 32		30 - 34				
35 - 39	800 METERS - WOMEN	Fred Johnson, 33, Striders	116'2¼"			
Mimi Gerard, Woodside, 37	35 - 39	William Henderson, 32, NCS	89'			
Catie Burke, CDM, 39	Mimi Gerard, Woodside, 37	40 - 44				
40 - 44	40 - 44	Bob Harrison, 41, UN	108'9¼"			
Almeta Parish, NCS, 42	Almeta Parish, NCS, 42	Earl Pearson, 40, UN	90'11¼"			
45 - 49	45 - 49	50 - 54				
Irene Obera, NCS, 45	Katherine Brieger, 46	Hal Wallace, 51, Srs.	119'4"			
RECORD	1500 METER MENS	Harry Siitonens, 53, NCS	48'8½"			
Katherine Brieger, UN, 46	30 - 34	Mark Henderson, 58, NCS	95'7½"			
50 - 54	Joseph Davis, UN, 32	60 - 64				
Shirley Dietderich, NCS, 52	?, 32	Bill Burke, 60, CDM	121'6¼"			
55 - 59	5:25.7	James Mc Carthy, 64, NCS	107'9¼"			
Diana Smith, CDM, 56	35 - 39	65 - 69				
60 - 64	Dave Donaldson, Merced, 39	John Dick, 67, NCS	117'8¾"			
Josephine Kolda, NCS, 61	Jake White, WVJS, 37	Jim York, 65, NCS	113'2"			
RECORD	Jerome McFadden, WVTC, 38	William Walker, 67, NCS	99'8½"			
200 METERS - MEN	Bill Wade, PAMA, 37	70 - 74				
30 - 34	40 - 44	Homer Van Gelder, 74, NCS	71'5"			
Clarence Corbin, 34, Hilltop	Tom Cathcart, WVTC, 40	DISCUS - 1 KILOGRAM -				
Greg Marshall, 31, WVTC	James Erbes, UN, 41	Bob Stone, 58, NCS	143'9¼"			
Matt Pruitt, 33, UN	Burl Lennier, NCS, 44	RECORD				
Joseph Smith, 31, UN	45 - 49	DISCUS - WOMEN				
Bill Weller, 31, WVTC	Jim Worley, NCS, 47	30 - 34				
35 - 39	50 - 54	Remzy Huseny, 32, UN	65½"			
Dave Romain, 37, WVTC	Dave Stevenson, UN, 50	35 - 39				
Dan Fitzsimmons, 35, WVTC	60 - 64	Catie Burke, 39, CDM	65'3"			
Bobby Simpson, 37, UN	Alan Waterman, STAN, 60	45 - 49				
40 - 44	Ed Preston, SFPAC, 62	Miyoko Okubo, 49, UN	46'10¾"			
Bill Eller, 44	1500 METER - WOMEN	JAVELIN - MENS				
45 - 49	35 - 39	30 - 34				
Hans Bruhner, 45, NCS	Mimi Gerard, 37, Woodside	Fred Johnson, 33, Striders	163'3"			
Tony Nasralla, 46, Srs.	55 - 59	William Henderson, 32, NCS	123'0"			
Ben Rivera, 45, NCS	Diana Smith, 56, CDM	40 - 44				
Lon Spurrier, 45, NCS	9:22.0	Lee Schroeder, 40, NCS	124'10"			
50 - 54	5000 METER - MEN	Earl Pearson, 40, UN	103'1"			
Huel Washington, 50, UN	30 - 34	Gary Dawson, 44, NCS	101'10"			
55 - 59	John Clary, 33, WVJS	45 - 49				
Dale Yee, 58, WVTC	15:21.8	Ralph Sutton, 47, NCS	129'9"			
65 - 69	35 - 39	50 - 55				
Harry Koppel, 65, NCS	Jerome McFadden, 38, WVTC	Hal Wallace, 51, Srs.	129'9"			
John Satti, 65, NCS	Bill Mitchell, 38, UN	Harry Siitonens, 53, NCS	35'2"			
70 - 74	16:46.6	60 - 64				
Mel Shine, 70, NCS	19:24.0	Bill Burke, 60, CDM	113'4"			
75 - 79	17:57.8	65 - 69				
Josiah Packard, 75, NCS	19:08.6	John Dick, 67, NCS	102'			
80 - 84	Rich Mueller, Un, 53	Earl Archer, 66, NCS	76'0"			
Paul Spanger, 80, SLDC	Harry Hill, 51, H2	JAVELIN - WOMENS				
200 METERS - WOMEN	20:20	30 - 34				
30 - 34	Dale Yee, 58, WVTC	Janice Henderson, 32, UN	58'10"			
Janice Henderson, 32, NCS	22:07	65 - 69				
	Ed Preston, 62, SFPAC	Remzy Huseny, 32, UN	57'4"			
	21:05.8					
	Joseph Goodman, 67, UN					
	22:35.0					

World and American age-group records

by 5-year categories

WORLD AND AMERICAN

AGE GROUP BESTS BY FIVE YEAR CATEGORIES
(40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+)
(I-A, I-B, II-A, II-B, III-A, III-B, IV)

through May 31, 1979

100 YARDS

DIV.	MARK	NAME [RESIDENCE]	AGE	MEET DATE
I-A	9.9	THANE BAKER (DALLAS, TEXAS)	42	7/13/74
I-A	9.8	PERCY KNOX (EDWARDS, CALIF.)	41	7/11/75
I-B	10.0	THANE BAKER (DALLAS, TEXAS)	46	5/27/78
II-A	10.5	ALPHONSE JUILLAND (STANFORD, CALIF.)	50	8/18/73
II-A	10.5	EDMUND SCHULER (ST. PETERSBURG, FLA.)	51	7/26/78
II-B	10.7	ALFRED GUIDET (Petaluma, CALIF.)	55	7/14/73
II-B	10.7	CHARLES BEAUDRY (EDINBURG, TEX.)	55	8/10/74
II-B	10.7	PAYTON JORDAN (LOS ALTOS, CALIF.)	55	3/25/72
II-B	10.7	PAYTON JORDAN (LOS ALTOS, CALIF.)	56	5/26/73
II-B	10.7	PAYTON JORDAN (LOS ALTOS, CALIF.)	57	4/27/74
III-A	10.9	PAYTON JORDAN (LOS ALTOS, CALIF.)	61	5/ 6/78
III-B	12.3	KEN CARNINE (SACRAMENTO, CALIF.)	65	5/ 6/73
III-B	12.3	KEN CARNINE (SACRAMENTO, CALIF.)	66	5/ 4/74
III-B	12.3	FRED WHITE (DUNCANVILLE, TEX.)	65	5/27/78
IV	13.4	HERBERT ANDERSON (BELLVUE, COLORADO)	75	10/ 1/77

100 METERS

DIV.	MARK	NAME [RESIDENCE]	AGE	MEET DATE
I-A	10.7	THANE BAKER (DALLAS, TEXAS)	41	9/13/72
I-B	11.1N	GEORGE RHODEN (JAMAICA, SAN DIEGO)	45	6/17/72
I-B	11.24	VANDOLPH PARISH (MENLO PARK, CA)	45	5/12/79
I-B	11.2	BRUCE SPRINGBETT (LOS GATOS, CA)	46	5/12/79
II-A	11.4N	ALPHONSE JUILLAND (STANFORD, CALIF.)	50	8/18/73
II-B	11.6	PAYTON JORDAN (LOS ALTOS, CALIF.)	56	6/23/73
II-B	11.6N	ALFRED GUIDET (CALIFORNIA CITY, CA)	56	6/22/74
II-B	11.6	PAYTON JORDAN (LOS ALTOS, CALIF.)	57	6/22/74
III-A	11.8	PAYTON JORDAN (LOS ALTOS, CALIF.)	61	5/27/78
III-B	12.8	YNGVE BRANGE (SWE)	65	5/10/78
III-B	13.0	HARRY KOPPEL (BELMINT, CA)	65	6/17/78
IV	13.9	JOSIAH PACKARD (SAN FRANCISCO)	73	8/ 9/77

200 METER/220 YARDS

DIV.	MARK	NAME [RESIDENCE]	AGE	MEET DATE
I-A	21.9M	REGINALD AUSTIN (AUST)	40	8/10/77
I-A	22.3	THANE BAKER (DALLAS, TEXAS)	42	7/13/74
I-B	22.3MN	GEORGE RHODEN (JAMAICA, SAN DIEGO)	45	7/ 2/72
I-B	22.9M	RICHARD STOLPE (OMAHA, NEBR.)	45	6/20/73
I-B	23.0	RICHARD STOLPE (OMAHA, NEBR.)	45	7/ 4/70
II-A	23.6N	JACK GREENWOOD (MENDOCINO LODGE, KANS.)	50	8/ 7/76
II-B	23.6M	ALFRED GUIDET (PETALUMA, CALIF.)	55	6/24/73
III-A	24.9M	PAYTON JORDAN (LOS ALTOS, CALIF.)	60	6/19/77
III-B	27.6M	YNGVE BRANGE (SWE)	65	8/31/78
III-B	27.6M	JOHN SATTI (SAN FRANCISCO)	65	5/12/79
IV	29.2M	JOSIAH PACKARD (SAN FRANCISCO)	73	8/10/77

400 METER/440 YARDS

DIV.	MARK	NAME [RESIDENCE]	AGE	MEET DATE
I-A	49.5M	NOEL CLOUTH (AUSTRALIA)	40	8/10/77
I-A	50.3M	GARY MILLER (N. HOLLYWOOD, CA)	40	6/17/78
I-B	51.7M	RICHARD STOLPE (OMAHA, NEBR.)	47	8/24/72
II-A	52.9M	JACK GREENWOOD (MENDOCINO LODGE, KANS.)	51	8/10/77
II-B	54.8	RUDOLPH VALENTINE (NYC, NY)	55	7/29/78
III-A	59.1M	RUSSEL NIBLOCK (VANCOUVER, WASH.)	60	7/ 6/74
III-B	64.0M	HARRY KOPPEL (BELMINT, CA)	65	6/25/78
IV	64.6M	JOSIAH PACKARD (SAN FRANCISCO)	73	8/10/77

800 METER/880 YARDS

DIV.	MARK	NAME [RESIDENCE]	AGE	MEET DATE
I-A	1:54.5M	KLAUS MAINKA (WG)	41	7/16/77
I-A	1:57.5M	ERNEST BILLUPS (CHICAGO)	40	7/ 8/78
I-B	1:57.9M	JUHAN HASSELBERG (IRVING)	45	8/ 9/77
I-B	1:58.1MN	BILL FITZGERALD (PALOS VERDES, CALIF.)	48	7/ 6/73
II-A	2:01.1M	BILL FITZGERALD (PALOS VERDES, CALIF.)	50	6/29/75
II-B	2:11.9M	JOHN GILMOUR (PERTH, AUSTRALIA)	55	1/11/75
II-B	2:13.5N	RAY GORDON (WASHINGTON, DC)	55	8/15/73
III-A	2:19.9	RAY GORDON (WASHINGTON, DC)	60	8/ 5/78
III-B	2:27.2M	NORMAN BRIGHT (SEATTLE, WASH.)	65	8/15/75
IV	2:34.5M	MONTY MONTGOMERY (SHERMAN OAKS, CALIF.)	71	9/ 4/77

continued

Results of the first Puerto Rico Masters meet

Here are the winners of the first Puerto Rico Masters Track and Field Meet held April 28, 1979, at Sexto Escobar Stadium, San Juan, Puerto Rico.

100 mts.

<u>30-34</u>	Juan Pachot	11:06
<u>35-39</u>	Elifat Isaac	11:84
<u>40-44</u>	Rubén Díaz	11:31
<u>45-49</u>	Gilberto Rondón	12:59
<u>50-54</u>	L. Cano Gandía	12:89
<u>55-59</u>	José L. Ubarri	12:44
<u>60-64</u>	No entries	
<u>65-69</u>	Antonio Gotay	15:33
<u>70-74</u>	Eugenio Guerra	20:51

<u>200 mts.</u>		
<u>30-34</u>	Danny Soto	22:90
<u>35-39</u>	I. Elifaizan	24:80
<u>40-44</u>	R. Diaz	23:90
<u>45-49</u>	F. Archeval	28:8

<u>200 mts.</u>		
<u>30-34</u>	F. Román	52:16
<u>35-39</u>	H. Bonilla	55:24
<u>40-44</u>	G. Springer	58:1
<u>45-49</u>	G. Angulo	1:10.42
<u>50-54</u>	H. Torres	1:02.21
<u>55-59</u>	J. Rosario	1:11.61
<u>60-64</u>	A. Gotay	1:27.8
<u>800 mts.</u>		
<u>30-34</u>	F. Roman	2:02.32
<u>35-39</u>	A. Bonilla	2:09.61

continued

continued

1500 METERS

DIV.	MARK	NAME[RESIDENCE]	AGE	MEET DATE
I-A	3:52.0	MICHEL BERNARD(FRANCE)	40	6/20/72
I-A	4:05.9	WILBUR WILLIAMS(LOS ANGELES,CALIF)	40	6/23/73
I-A	4:05.9N	WILBUR WILLIAMS(LOS ANGELES,CALIF)	40	7/7/73
I-B	4:03.2	PIET MAYDOOR(HOLLAND)	45	6/8/77
I-B	4:10.4N	BILL FITZGERALD(PALOS VERDES,CALIF)	47	9/14/72
II-A	4:14.0	JACK RYAN(AUSTRALIA)	53	3/26/76
II-A	4:18.5	BILL FITZGERALD(PALOS VERDES,CALIF)	50	6/28/75
II-B	4:20.7	JACK RYAN(AUSTRALIA)	55	3/25/78
II-B	4:29.7	MAURO HERNANDEZ(SANTA MONICA,CA)	55	3/11/77
III-A	4:49.8	DON LONGNECKER(SILVER CITY,NM)	62	6/24/78
III-B	4:59.1	WILLIAM ANDBERG(ANOKA,MINN)	65	7/4/76
IV	5:21.1	HAROLD CHAPSON(HONOLULU)	73	8/16/75

1 MILE

DIV.	MARK	NAME[RESIDENCE]	AGE	MEET DATE
I-A	4:18.5	JIM MCDONALD(NZ)	43	12/3/77
I-A	4:21.5	LAURIE DHARA(GR)	41	7/3/73
I-A	4:24.0	RAY HATTON(BEND,ORE)	43	7/18/75
I-B	4:29.5N	BILL FITZGERALD(PALOS VERDES,CALIF)	46	4/23/72
II-A	4:32.2	BILL FITZGERALD(PALOS VERDES,CALIF)	50	7/13/75
II-B	4:40.4	JACK RYAN(AUSTRALIA)	55	12/15/77
II-B	5:02.2	GEORGE SHEEHAN(RUMSON,NJ)	55	7/20/74
III-A	5:16.8	CLIVE DAVIES(PORTLAND,ORE)	61	6/11/77
III-B	5:22N	MONTY MONTGOMERY(SHERMAN OAKS,CALIF)	65	4/8/72
IV	5:42.2	MONTY MONTGOMERY(SHERMAN OAKS,CALIF)	70	7/9/77

3000 METERS

DIV.	MARK	NAME[RESIDENCE]	AGE	MEET DATE
I-A	8:17.4N	JACK FOSTER(NEW ZEALAND)	43	1/31/76
I-A	8:50.0	HAL HIGDON(MICHIGAN,IND)	44	7/13/75
I-B	8:36.0	LAURIE DHARA(GR)	45	8/3/77
I-B	9:14.2	PETER MUNDEL(VENICE,CALIF)	46	1/18/75
II-A	9:10.0	ARTHUR TAYLOR(CANADA)	50	1/15/77
II-A	9:30.8	PETER MUNDEL(VENICE,CALIF)	50	5/20/78
II-B	9:12.8	JACK RYAN(AUSTRALIA)	55	1/24/78
II-B	10:39.0	NORMAN HANSEN(SEATTLE,WASH)	55	12/27/76
III-A	10:12.4	GUNTER THIELE(WG)	61	9/16/76
III-A	10:47.0	BILL ANDBERG(ANOKA,MINN)	64	8/13/75
III-B	10:47.8	STAN NICHOLLS(AUSTRALIA)	66	11/8/77
III-B	10:51.0	NORMAN BRIGHT(SEATTLE,WASH)	65	6/17/75
IV	11:46.2	HAROLD CHAPSON(HONOLULU)	73	3/28/76

2 MILES

DIV.	MARK	NAME[RESIDENCE]	AGE	MEET DATE
I-A	9:07.4	FRED MORRIS(GB)	40	4/17/62
I-A	9:17.6N	RAY HATTON(BEND,ORE)	40	4/1/72
I-B	9:37.8	DENNY MEYER(SEATTLE,WASH)	45	5/5/78
II-A	10:12	GEORGE MCGRATH(AUST)	53	10/18/73
II-A	10:19.4I	PETER MUNDEL(VENICE,CALIF)	50	3/17/79
II-B	10:37.6	GERALD MORRISON(KANSAS CITY,MO)	55	7/22/78
III-A	11:09	DON LONGNECKER(SILVER CITY,NM)	62	6/25/78
III-B	11:30.0N	MONTY MONTGOMERY(SHERMAN OAKS,CALIF)	66	3/25/73
IV	12:40.0	HAROLD CHAPSON(HONOLULU)	73	3/14/76

3 MILES

DIV.	MARK	NAME[RESIDENCE]	AGE	MEET DATE
I-A	14:10.2	DAVID FRANCIS(GB)	40	9/2/68
I-A	14:29.2	RAY HATTON(BEND,ORE)	42	6/15/74
I-B	15:07	PETER MUNDEL(VENICE,CALIF)	46	7/7/74
II-A	15:37.8	JAMES O'NEIL(SACRAMENTO,CALIF)	50	1/10/76
II-B	15:57	JOHN GILMOUR(AUST)	55	8/8/75
II-B	16:51.2	CLIVE DAVIES(PORTLAND,ORE)	59	7/13/75
III-A	16:59.2	DON LONGNECKER(SILVER CITY,NM)	62	6/25/78
III-B	17:59.2	NORMAN BRIGHT(SEATTLE,WASH)	65	7/22/75
IV	20:14.4	HAROLD CHAPSON(HONOLULU)	72	4/27/75

5000 METERS

DIV.	MARK	NAME[RESIDENCE]	AGE	MEET DATE
I-A	13:45.6	LUCIEN PAULT(FRANCE)	40	5/23/76
I-A	14:59.6N	HAL HIGDON(MICHIGAN CITY,IND)	41	8/25/72
I-B	14:56.4	ALAIN MIMOUN(FRANCE)	45	5/29/66
I-B	15:36.8N	PETER MUNDEL(VENICE,CALIF)	46	7/7/74
II-A	15:31.0	ALAIN MIMOUN(FRANCE)	50	6/6/71
II-A	16:11.0	PETER MUNDEL(VENICE,CALIF)	51	5/31/79
II-B	15:52.8	JACK RYAN(AUSTRALIA)	55	4/20/78
II-B	16:58.6	GERALD MORRISON(KANSAS CITY,MO)	55	7/2/78
III-A	17:23.0	ERICH KRUZYCKI(WG)	62	9/9/73
III-A	17:35.0	DON LONGNECKER(SILVER CITY,NM)	62	6/25/78

continued

continued

<u>40-44</u>	J. M. Pérez	2:16.54
<u>45-49</u>	R. Fine	2:18.93
<u>50-54</u>	L. H. Torres	2:17.15
<u>55-59</u>	F. Moya	2:26.05
<u>60-64</u>	H. Caballero	4:25.00
<u>65-69</u>	No entries	
<u>70-74</u>	R. C. Vidal	4:42.0

1500 mts.

<u>30-34</u>	F. Román	4:22.42
<u>35-39</u>	H. Dominicci	4:43.88
<u>40-44</u>	J. M. Pérez	4:48.48
<u>45-49</u>	R. Fine	4:51.71
<u>50-54</u>	H. Torres	5:04.73
<u>55-59</u>	F. Moya	6:31.25
<u>60-64</u>	D. Corbin	7:11.56
<u>65-69</u>	No entries	
<u>70-74</u>	No entries	

400 mts. hurdles

<u>30-34</u>	C. Cruz	1:05.01
<u>35-39</u>	T. Gionanetti	1:03.48
<u>40-44</u>	B. Medly	1:20.45
<u>45-49</u>	No entries	
<u>50-54</u>	No entries	
<u>55-59</u>	F. Moya	1:24.27
<u>60-64</u>	H. Caballero	1:45.3
<u>65-69</u>	G. Gonzalez Julia	1:42.03

110 hurdles

<u>30-34</u>	E. Pérez	21.1 (42" hurdle)
<u>35-39</u>	P. Espada	22.

continued

III-3 18:10.0	STAN NICHOLLS(AUSTRALIA)	66	11/12/77
III-3 18:30	WILLIAM ANDERSON(ANDRA, MINN)	65	7/ 4/76
IV 19:59.4	FINAR NORDIN(SWE)	71	8/ 8/77
IV 20:05.4	KAY SEARS(CHICAGO)	70	8/ 8/77

6 MILES

DIV. MARK	NAME(RESIDENCE)	AGE	MEET DATE
I-A 29:25	FRED NORRIS(GBR)	41	9/25/62
I-A 29:59.0	RAY HATTON(BEND, ORE)	43	4/26/75
I-B 30:47.0	RAY HATTON(BEND, ORE)	45	6/11/77
II-A 32:40	PETER MUNDLE(VENICE, CALIF)	50	10/ 1/78
II-3 35:05	CLIVE DAVIES(PORTLAND, ORE)	59	7/12/75
III-A 36:41.6	JAMES OLAFSON(SANTA MONICA, CALIF)	60	6/11/78
III-B 36:55.8	STAN NICHOLLS(AUSTRALIA)	66	12/12/77
III-3 38:17.4	NORMAN BRIGHT(SEATTLE, WASH)	65	7/12/75
IV 42:38.0	FRED GRACE(LOS ANGELES)	73	5/29/71

10,000 METERS

DIV. MARK	NAME(RESIDENCE)	AGE	MEET DATE
I-A 28:33.4	LUCIEN RAULT(FRANCE)	40	6/ 9/76
I-A 30:56.0	RAY HATTON(BEND, ORE)	43	4/26/75
I-B 30:16.3	ALAIN MIMOUN(FRANCE)	45	6/17/66
I-3 31:48	RAY HATTON(BEND, ORE)	45	6/11/77
II-A 32:14.0	ALAIN MIMOUN(FRANCE)	51	6/ 2/72
II-A 33:30	JAMES O'NEIL(SACRAMENTO, CA)	51	7/ 2/76
II-B 33:40	JOHN GILMOUR(PERTH, AUSTRALIA)	55	8/ 5/74
II-3 35:37.2	LEON DREHER(PHILADELPHIA)	56	8/10/77
III-A 35:19.8	CLIVE DAVIES(PORTLAND, ORE)	63	8/19/78
III-B 36:04.6N	THEODORE JENSEN(SWEDEN)	65	9/15/72
III-B 38:38.0	NORMAN BRIGHT(SEATTLE, WASH)	66	8/ 3/76
IV 40:48.6	EINAR NORDIN(SWE)	71	8/10/77
IV 41:21.0	KAY SEARS(CHICAGO)	70	8/10/77

1 HOUR RUN

DIV. MARK	NAME(RESIDENCE)	AGE	MEET DATE
I-A 11M1309Y	WILLIAM STODDART(GB)	40	8/21/71
I-A 11M740Y	KAY HATTON(BEND, ORE)	44	8/ 7/76
I-B 11M1268Y	ALAIN MIMOUN(FRANCE)	45	3/20/66
I-B 10M1554Y	DICK BARTEK(SANTA BARBARA, CALIF)	45	7/29/78
II-A 11M953Y	ALAIN MIMOUN(FRANCE)	50	5/16/71
II-A 10M1335Y	PETER MUNDLE(VENICE, CALIF)	50	10/ 1/78
II-B 10M1194Y	JOHN GILMOUR(PERTH, AUSTRALIA)	55	10/14/74
II-B 10M279Y	HUBERT MORGAN(PENNSYLVANIA)	55	5/ 7/77
III-A 10M201Y	CLIVE DAVIES(PORTLAND, OREGON)	61	8/ 7/76
III-B 9M604Y	NORMAN BRIGHT(SEATTLE, WASH)	65	6/13/75
IV 8M692Y	REGINALD PARLOW(AUSTRALIA)	70	10/29/74
IV 8M564Y	RICHARD BREDEBECK(INDEPENDENCE, OH)	70	10/19/75

MARATHON

DIV. MARK	NAME(RESIDENCE)	AGE	MEET DATE
I-A 2:11:18.0	JACK FOSTER(NEW ZEALAND)	41	1/31/74
I-A 2:24:41	HERB LORENZ(U.S.)	40	4/16/79
I-B 3:17:29	JACK FOSTER(NEW ZEALAND)	46	10/22/78
I-B 2:28:49N	JAMES McDONAGH(BROOKLYN, NY)	46	4/20/70
II-A 2:25:19	ERIK OSTRY(KRISTIANIA, SWEDEN)	51	9/16/72
II-A 2:31:56	ALEX RATELLE(MINNEAPOLIS, MINN)	53	6/24/78
II-B 2:26:35	ERIK OSTRY(KRISTIANIA, SWEDEN)	55	9/19/76
II-B 2:39:42	ED ALMEIDA(SAN DIEGO)	56	1/14/79
III-A 2:47:46	CLIVE DAVIES(PORTLAND, OREGON)	60	10/12/75
III-B 2:53:03N	MONTY MONTGOMERY(SHERMAN OAKS, CALIF)	65	12/ 5/71
IV 3:07:03	MONTY MONTGOMERY(SHERMAN OAKS, CALIF)	71	10/16/77

3000 METER STEEPLECHASE

DIV. MARK	NAME(RESIDENCE)	AGE	MEET DATE
I-A 8:41.5	GASTON ROFLANTS(BEL)	40	7/ 6/77
I-A 9:13.6	HAL HIGDON(MICHIGAN CITY, IND)	44	8/15/75
I-B 9:39.0	HAL HIGDON(MICHIGAN CITY, IND)	46	8/11/77
II-A 10:13.6	ARTHUR TAYLOR(CANADA)	50	8/11/77
II-A 11:13	JEHN NOBLE(SOUTH PASADENA, CA)	50	6/27/76
II-B 11:05.8	ELIGIO GALICIA(MEX)	56	4/ 1/79
II-B 11:39.2	ALAN WATERMAN(SAN FRANCISCO, CA)	59	8/11/77
III-A 11:52.0	ELLE ELVLAND(SWE)	60	9/13/78
III-A 12:25.8	ROBERT MACTARNAHAN(PORTLAND, ORE)	62	7/ 6/74
III-B 12:24.8	NORMAN BRIGHT(SEATTLE, WASH)	65	8/15/75
IV 15:45.0	WALTER FREDERICK(PICO RIVERA, CALIF)	70	5/ 6/78

110/120 HURDLES (40-49) 39" (50-59) 36" (60+) 30"

DIV. MARK	NAME(RESIDENCE)	AGE	MEET DATE
I-A 14.4	DON FINLAY(GBR)	40	8/ 1/49
I-A 14.74	L. MARIE(BEL)	41	8/13/75
I-A 15.0M	DAVE JACKSON(CARSON, CALIF)	40	7/ 2/72

continued

35-39

W. Penchi 5.11

40-44

P. Garcia 5.03

45-49

G. Rondón 5.93

50-54

L. Cano Gandía 3.77

55-59

J. L. Ubarri 3.98

60-64

No entries

65-69

Gonzalez Julia 3.46

High Jump

30-34

R. Pérez 419"

35-39

P. Rojas 411"

40-44

G. Springer 419"

45-49

No entries

50-54

W. Ross 417"

55-59

J. L. Ubarri 411"

60-64

D. Corbin 317"

65-69

A. Gotay 410"

Triple Jump

30-34

D. Soto 3611"

35-39

H. Loubriel 3314"

40-44

P. O. García 3517 1/2"

J. M. Pérez 311"

45-49

D. Gonzalez 3414"

50-54

No entries

55-59

A. F. Rivera 2611"

Pole Vault

30-34

J. Marrero 1213 1/2"

35-39

P. Escobar N. H.

40-44

C. Loubriel 810"

55-59

W. Arana N. H.

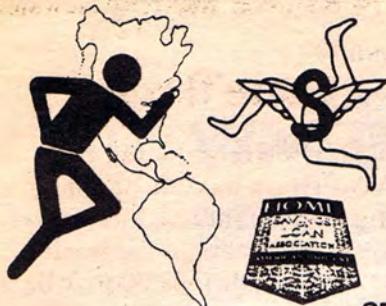
Shot Put

(16#)

R. Pérez 4413"

35-39

E. Navarro 3716 1/2"



3rd Annual Pan American Masters Track & Field Championships 1979

SPONSORED BY HOME SAVINGS & LOAN

Other Sponsors: Southern Calif. Striders
Occidental Life/Financial Fitness, Inc.
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Nike Shoe Company

Sanction: AAU—Competitors must have a current
AAU card

Date: July 21, 22, 1979

Site: Cal Poly Pomona—3801 W. Temple—
Pomona, Calif. (Maximum 1/4 inch spike)

Age Divisions: Men: 0A (30-34) 0B (35-39) 1A (40-44)
1B (45-49) 2A (50-54) 2B (55-59)
3A (60-64) 3B (65-69) 4A (70-over)

Women: XA (30-39) XB (40-49) XC (50-59)

Entry Fees: \$ 5.00 First Event
\$ 3.50 Each Additional Event
\$12.00 Each Relay Team
\$ 5.00 includes T-shirt and Souvenir
Program to each competitor

Entry Deadline: July 8, 1979 (Midnight Postmark)

Late Entries: Late or incomplete entries will be assessed
a \$2.00 fee. Clerk, of course, has right to
reject late entries.

Registration: Entrants are encouraged to register at the
Holiday Inn—West Covina between 6:00
and 9:00 PM Friday evening. Late arrivals
should report 90 minutes before your event
on Saturday

Awards: Medals to first three places
Trophies will be awarded to the outstanding
performer in each age group after meet
on Sunday

Banquet: Saturday 6:30 PM Ticket price \$10.00

Housing: Meet Headquarters
Holiday Inn—West Covina
3223 E. Garvey, West Covina, Calif.
213-966-8311

Single: 20.00 **Double:** 26.00 **Triple:** 28.00 **Quad:** 30.00
Cal-Poly Pomona—Dormitory Space
3801 W. Temple Ave.
Pomona, Calif. 213-598-4278

Rooms & Meals: Cal-Poly Pomona—\$14.00 per day
Air Conditioned Rooms 2 to a room
includes 3 meals a day
Towels and wash cloths not included

Implements

Division	Javelin	Discus	Shot	Hurdles
0A	800 GM.	2.0 KG.	16 lb.	39 HH, 36 IH
0B	800 GM.	2.0 KG.	16 lb.	39 HH, 36 IH
1A	800 GM.	2.0 KG.	16 lb.	36 HH, 33 IH
1B	800 GM.	2.0 KG.	16 lb.	36 HH, 33 IH
2A	800 GM.	1.6 KG.	12 lb.	33 HH, 30 IH
2B	800 GM.	1.6 KG.	12 lb.	33 HH, 30 IH
3A	600 GM.	1.0 KG.	8 lb.	30 HH, 30 IH
3B	600 GM.	1.0 KG.	8 lb.	30 HH, 30 IH
4A	600 GM.	1.0 KG.	8 lb.	30 HH, 30 IH

Questions: 7 Hilliard I. Sumner Jr.
22713 Ventura Blvd.
Woodland Hills, CA 91364
213-884-1349, 883-7206

Walt Butler
2932 Santa Anita
Altadena, CA 91001
213-681-8531, 578-7384

Entry Forms & Checks should be made payable to
"Pan American Masters"

Mail to: Hilliard I. Sumner Jr.
Meet Chairman
22713 Ventura Blvd.
Suite "F"
Woodland Hills, Calif. 91364

Schedule Of Events

TIME	EVENTS	DIVISIONS	TIME	EVENTS	DIVISIONS
SATURDAY, JULY 21, 1979					
8:30	5,000 Meter Walk	All Ages	5:00	4 x 200 Meter Relay	50-59
9:15	10,000 Meter Run	50+ Over & Women	5:05	4 x 200 Meter Relay	40-49
10:15	10,000 Meter Run	30-49	5:10	4 x 200 Meter Relay	30-39
SUNDAY JULY 22, 1979					
9:00	20 Kilometer Walk	(off track during race) All Div.	9:30	200 Meter Prelim	2B
9:35	200 Meter Prelim	2A	9:40	200 Meter Prelim	1B
9:45	200 Meter Prelim	1A	9:50	200 Meter Prelim	0B
9:55	200 Meter Prelim	0A	10:00	5000 Meter Run Div.	50-over Women
10:00	5000 Meter Run Div.	50-over Women	10:30	5000 Meter Run Div.	30-49
11:00	400 Meter Int. Hurdles	3A-3B	11:05	400 Meter Int. Hurdles	2B
11:10	400 Meter Int. Hurdles	2A	11:10	400 Meter Int. Hurdles	2A
11:15	400 Meter Int. Hurdles	1B	11:15	400 Meter Int. Hurdles	1B
11:20	400 Meter Int. Hurdles	1A	11:20	400 Meter Int. Hurdles	1A
11:25	400 Meter Int. Hurdles	0B	11:25	400 Meter Int. Hurdles	0B
11:30	400 Meter Int. Hurdles	0A	11:30	400 Meter Int. Hurdles	0A
11:45	200 Meter Final	Women	11:50	200 Meter Final Men	4A
11:55	200 Meter Final Men	3B	12:00	200 Meter Final Men	3A
12:05	200 Meter Final Men	2B	12:10	200 Meter Final Men	2A
12:15	200 Meter Final Men	1B	12:15	200 Meter Final Men	1B
12:20	200 Meter Final Men	1A	12:20	200 Meter Final Men	1A
12:25	200 Meter Final Men	0B	12:25	200 Meter Final Men	0B
12:30	200 Meter Final Men	0A	12:30	200 Meter Final Men	0A
12:35-1:00 pm	Lunch	Officials	1:05	1500 Meter Final	Women & 4A
1:10	100 Meter Prelim Women	(As needed)	1:15	1500 Meter Final	3A & 3B
1:15	100 Meter Prelim Men	3B & 3A	1:25	1500 Meter Final	2B
1:20	100 Meter Prelim Men	2B	1:30	1500 Meter Final	2A
1:25	100 Meter Prelim Men	2A	1:35	1500 Meter Final	1B
1:30	100 Meter Prelim Men	1B	1:40	1500 Meter Final	1A
1:35	100 Meter Prelim Men	1A	1:45	1500 Meter Final	0B
1:40	100 Meter Prelim Men	0B	1:50	1500 Meter Final	0A
1:45	100 Meter Prelim Men	0A	2:00	3000 Meter Steeplechase	All Div.
2:00	110 Meter Hurdles	3B	2:30	1600 Meter Relay	50-59
2:05	110 Meter Hurdles	3A	2:35	1600 Meter Relay	40-49
2:10	110 Meter Hurdles	2B	2:45	1600 Meter Relay	30-39
2:15	110 Meter Hurdles	2A	3:00	Closing Ceremonies	
2:20	110 Meter Hurdles	1B			
2:25	110 Meter Hurdles	1A			
2:30	110 Meter Hurdles	0B			
2:35	110 Meter Hurdles	0A			
2:45	Business Man and/or Celebrity 60 yard Dash				
3:00	400 Meter Finals	Women			
3:05	400 Meter Finals Men	4A			
3:10	400 Meter Finals Men	3B			
3:15	400 Meter Finals Men	3A			
3:20	400 Meter Finals Men	2B			
3:25	400 Meter Finals Men	2A			
3:30	400 Meter Finals Men	1B			
3:35	400 Meter Finals Men	1A			
3:40	400 Meter Finals Men	0B			
3:45	400 Meter Finals Men	0A			
4:00	100 Meter Finals	Women			
4:05	100 Meter Finals Men	4A			
4:10	100 Meter Finals Men	3B			
4:15	100 Meter Finals Men	3A			
4:20	100 Meter Finals Men	2B			
4:25	100 Meter Finals Men	2A			
4:30	100 Meter Finals Men	1B			
4:35	100 Meter Finals Men	1A			
4:40	100 Meter Finals Men	0B			
4:45	100 Meter Finals Men	0A			

FIELD EVENTS

Oldest Age Group First

SATURDAY 7-21-79	SUNDAY 7-22-79
9:1 pm Discus	9:1 pm Hammer
9:1 pm Pole Vault	9:1 pm High Jump
12:4 pm Shot Put	11:2 pm Javelin
12:4 pm Long Jump	11:2 pm Triple Jump

OFFICIAL RELAY FORM (\$12.00 Per Team)

Club _____

Phone _____

Address _____

PAN AMERICAN MASTERS TRACK AND FIELD CHAMPIONSHIP

To be held at
Cal Poly - Pomona
July 21-22, 1979

SPECIAL TRACK TEAM RATES:

- \$20.00 - Single
 - \$26.00 - Twin/Double
 - \$28.00 - Triple
 - \$30.00 - Quads
- plus Room Tax

FOR ROOM RESERVATIONS CALL:
(213) - 966-8311

Flights available from most cities to
Ontario International Airport, which
is 15 minutes from track.

AAU Number _____	Team Affiliation _____				
Name _____	First _____	Mobile _____	Last _____	City _____	Age _____
Address _____	Street _____	State _____	Zip _____	Birthday _____	
Phone _____	Event _____				
Events _____	Division _____				
1. _____	Alternates: 1. _____				
2. _____	2. _____				
3. _____	3. _____				
4. _____	4. _____				
5. _____	5. _____				
6. _____	6. _____				
7. _____	7. _____				
Note: Separate entry forms and \$12.00 for each event. Payment to Pan American Masters must be submitted for each team entered. Club official certifies with his signature below that all men named are members of the club and each member has sent an official individual entry form.					
In consideration of the right to participate in the 1979 Pan American Masters Track & Field championships, I do hereby, for myself, my heirs and executors, waive, release and forever discharge any and all claims for damages which I may have or which may hereafter accrue to me against the A.A.U. or their officers or agents, Home Savings and Loan, the Southern Calif. Striders, Cal-Poly Pomona, and the City of Pomona, and any and all sponsors of the aforementioned championships. I further certify that I am in good physical condition and have trained for several months or have recently undergone a thorough physical exam by a certified medical doctor.					
Total Estimated Time _____					
Phone _____					
Address _____</					

continued from page 17

I-B 15.04	JACK GREENWOOD(MENODECING LODGE, KANS)	46	9/14/72
II-A 14.64	JACK GREENWOOD(MENODECING LODGE, KANS)	52	7/30/78
II-B 16.54	ALBERT SINDELI(CRA)	55	9/14/78
II-B 16.84	CHARLES REEDORY(DEL RIO, TEX)	55	8/24/74
III-A 17.24	LESTER GILBERT(CALIFORNIA CITY, CA)	60	5/6/78
III-B 18.94	CHESTER BEACH(VISTA, CA)	66	3/19/78
IV 22.74	VALIE HEISINS(FORT MACARTHUR, CALIF)	71	6/23/73
400/440 HURDLES (40-49) 36" (50-59) 33" (60+) 30"			
21Y-A 44.8	DATE REGISTRATION	AGE MEET DATE	
I-A 54.24	NATE SLOUTH(AUSTRALIA)	40 6/11/77	
I-A 59.1M	GARY MILLER(BN. HOLLYWOOD, CA)	40 6/25/78	
I-B 55.74	JACK GREENWOOD(MENODECING LODGE, KANS)	46 8/24/72	
II-A 58.14	JACK GREENWOOD(MENODECING LODGE, KANS)	50 7/3/76	
II-B 62.34	ALBERT SINDELI(CRA)	55 9/10/78	
II-B 63.24	CHARLES REEDORY(PHILADELPHIA)	55 6/27/76	
III-A 69.1M	BOB DEACON(HONOLULU, HAW)	63 6/23/74	
III-B 73.7	BOB DEACON(HONOLULU, HAW)	65 7/2/77	
IV 38.6	EDWARD ANDERSON(CCCL)	73 4/16/76	

[Continued in next issue]

MASTERS NATIONAL A.A.U. DECATHLON
SOUTHWESTERN COLLEGE900 Otay Lakes Road
Chula Vista, California

July 14th & 15th, 1979

Sanctioned by P.S.A. of A.A.U.

ENTRY BLANK AND RELEASE FORM

ENTRIES MUST BE IN OUR HANDS NOT LATER THAN JULY 6, 1979

PLEASE PRINT

Name _____ Age _____ Date of Birth _____

Address _____ Phone _____

City _____ State _____ ZIP _____

In consideration of my entry I hereby release for myself and my heirs any claims for injuries sustained in connection with my participation in the National A.A.U. Masters Decathlon against the A.A.U. and its representatives, The Meet Sponsors, Southwestern College, the City and County of San Diego, California, and the State of California.

I certify that I am in good health and physically capable of participating in these athletic events (The Decathlon).

I will take full responsibility for all equipment owned and used by me in this meet.

Signature _____ 1979 A.A.U. No. _____
A.A.U. District _____

Entry Fee \$10.00. Make checks payable to: Masters Decathlon
Mail checks to: Ed Oleata
2870 Glenbrook Way
La Jolla, CA 92037

ENTRIES MUST BE IN OUR HANDS NOT LATER THAN JULY 6, 1979

GENERAL INFORMATION
(Detach and keep for future reference)

1. Implement Weights and Hurdle Heights:

	Javelin	Discus	Shot	Hurdles
Sub-Masters	800 gm	2.0 kg	16 lb	39 in.
Division 1A	800 gm	2.0 kg	16 lb	36 in.
" 1B	800 gm	2.0 kg	16 lb	36 in.
" 2A	800 gm	1.6 kg	12 lb	33 in.
" 2B	800 gm	1.6 kg	12 lb	33 in.
" 3A	600 gm	1.0 kg	8 lb	30 in.
" 3B	600 gm	1.0 kg	8 lb	30 in.
" 4A	600 gm	1.0 kg	8 lb	30 in.
" 4B	600 gm	1.0 kg	8 lb	30 in.
" 5A	600 gm	1.0 kg	8 lb	30 in.
" 5B	600 gm	1.0 kg	8 lb	30 in.

- The track and runways are artificial and require 1/4 inch spikes. The javelin runway is grass.
- The first event will begin at 9 A.M. each day. All events will begin with the oldest division and progress to the youngest division.
- A.A.U. championship medals will be presented to the first 5 finishers in each division immediately after the last event.
- Each master age group winner will receive an A.A.U. championship patch.
- The sub-masters will be in two divisions, 30-34 & 35-39. The first five finishers in each division will receive medals but not A.A.U. championship patches.
- Each entrant will receive a complementary T-shirt commemorating the meet.

Miranda 'can't believe all this'

Boston Marathon officials say they'll award the disqualified Oscar Miranda a trophy if he finishes his next marathon in two hours and 20 minutes.

That would be about three and a half minutes slower than he said he ran the Boston Marathon.

Officials of the New York City Marathon have invited the 53-year-old Tampa television engineer to compete in their race, all expenses paid.

He was disqualified at Boston because officials at the 11 checkpoints on the course had no record of his passing. Miranda isn't sure about trying to duplicate what he said he did at Boston.

In reference to the New York City Marathon, he said, "My family and I have not decided about that race yet. It is kind of them to make the offer. But I don't want to start in New York what I started in Boston—too much!"

Miranda claimed he wasn't used to the cold in Boston and wore a sweatshirt that covered his official entry number. That was a violation of the rules.

"Can't believe all this has happened to Oscar Miranda," he said.

Richard Houston had this to say about the Miranda case in the

Northern California Seniors Track Club Newsletter:

"Oscar Miranda of Tampa, Fla., ran the recent Boston Marathon in 22nd place with a time of 2:16:31. Now these facts are not too unusual except that Miranda is 53 years old. Either this was the marathon run of the century for master athletes or something peculiar occurred. Boston officials apparently believe that something strange happened and Miranda was disqualified. Interestingly enough, on page 106 of the Spring, 1979, issue of *Marathoner* magazine, an Oscar Miranda, age not given, is credited with a 2:40:40 marathon. Not bad time in itself."

If the 2:16:31 is valid, the time is astonishing. If the time was achieved by other than legitimate means, Master racing has received a black eye. About all we know is that the number assigned to Miranda crossed the finish line in 22nd place. Whether it was on Oscar, and he travelled the entire distance on foot, and he crossed the starting line after the start is unknown at the moment.

[Editor's note: An analysis of the problem of cheating in our sport will be presented in a future issue of NMN.]

continued from page 17

Note

COMING UP IN THE AUGUST ISSUE OF THE NATIONAL MASTERS NEWSLETTER

- Outlook for Hannover
- Results of:
 - National AAU Championships
 - Eastern Regionals
 - Western Regionals
 - Midwest Regionals
 - Atlanta Classic
 - North American Championships
 - Metropolitan Championships
 - Southern California Championships
 - TFA/USA Nationals
 - 20 Km. AAU Nationals

55-59 (12#)
E. Hemphill 30'5 1/2"

60-64

No entries

65-69

A. Gotay 35'7 1/2"

Discuss Throw

30-34 R. Perez 148'7" (2Kg)

35-39 C. Rivera 118'8"

40-44

A. Rosario 109'8"

45-49

D. Gonzalez 162'1"

50-54 (1.6Kg)

R. Rosario 94'6"

continued

continued

<u>55-59</u>	
E. Hemphill	77'1"
<u>60-64</u>	
No entries	
<u>65-69</u>	(1.0Kg)
Gonzalez Julia	96'2"
<u>Javelin</u>	

<u>30-34</u>	
F. Matos	163'4" (800 gm)
<u>35-39</u>	
W. Cabán	180'4"
<u>40-44</u>	
A. Pietri	150'2"
<u>45-49</u>	
D. Gonzalez	112'9"
<u>50-54</u>	
L. Cano Gandia	66'11"
<u>55-59</u>	
E. Hemphill	85'4"
W. Arana	82'2"
<u>60-64</u>	
No entries	
<u>65-69</u>	(600 gm)
Gonzalez Julia	76'7"

Hammer throw

<u>30-34</u>	
R. Pérez	90'10" (16#)
<u>35-39</u>	
C. Rivera	134'10"
<u>40-44</u>	
A. Narvaez	56'7" (12#)
<u>45-49</u>	
D. Gonzalez	114'8" (16#)
<u>50-54</u>	
L. Velez	139'5" (12#)
<u>55-59</u>	
W. Arana	Fouled out

5,000 meters

<u>30-34</u>	
R. Colón	16:57.12
<u>35-39</u>	
A. Reyes	
<u>40-44</u>	
V. Melendez	
<u>45-49</u>	
B. Fine	18:28.59
<u>50-54</u>	
H. Torres	
<u>55-59</u>	
J. Mercado	
<u>60-64</u>	
D. Corbin	
<u>65-69</u>	
D. Padilla	

10,000 mts.

<u>30-34</u>	
M. Perez	35:33.16
<u>35-39</u>	
S. Villegas	36:21.00
<u>45-49</u>	
G. Angulo	
<u>50-54</u>	
L. H. Torres	37:53.00
<u>55-59</u>	
J. Mercado	
<u>60-64</u>	
D. Padilla	

A review of Masters track & field

By PETE MUNDLE

running.

The Mt. San Antonio Relays meet which last year was cancelled due to the construction of a new A.C.I. urethane track this year featured the new super-fast track. Payton Jordan took advantage of it to record his age-62 record of 12.3 for 100 meters. Bill Fitzgerald made this meet his debut after more than a year of absence from the masters scene with injuries. And what a debut it was as he resorted to his old tricks, outkicking Dean Smith and me to the tape in the fine meet record time of 4:30.8. I was a second back and Dean three seconds back. Bill Morales got his best javelin throw of the year, garnering a world age 62 record with his toss of 167'3", only six feet off his division world mark. Bob MacConaghay picked up two age 71 records with his javelin toss of 112'3" and his pole vault mark of 8'6". The versatile Morales also got a meet record in the long jump with his unorthodox leg flying leap of 15'7 $\frac{1}{4}$ ".

Few records were made on the very hard Reslite Track at the Golden State Masters meet in Porterville, Calif. Shirley Davisson uncorked one of his best long jumps in quite a while as he bounded 21 $\frac{1}{2}$ " for a world age 49 record. Shirley still holds the world mark for his division of 21'11". Percy Knox picked up some good wins in the sprints. Shirley Kinsey came through with her best discus throw of the year, eclipsing her old record. She also sped the 100 meters in 15.3, equaling her age 49 mark got off a good javelin toss. She also came close to records in the 200 meters and shot put.

On a day when all of Los Angeles was sweltering in the 90-degree heat, stubborn track and field athletes were giving their best on a slow dirt track at L.A. Valley College. Sprinters and field eventers love it; distance runners hate it, but the weather did not interfere with the lively competition.

Septugenarian distance great Monty Montgomery, who selects his meets carefully, chose this one to give his eager muscles a chance to perform. In the 800 meters he chased a "young" 37-year-old girl to the wire with a time of 2:43.1 and then chased another in the 1500 to record another good time of 5:31. The star of the meet was another "young" man who turned 75 the day before the meet. Once the top weight man in the world, Santa Barbara's enigmatic Stan Herrmann produced a fine hammer throw of 97'8" to erase a record that had stood since 1975 by over 20 feet. In the process he clipped his younger rival, Randy Hubbell, by 2 inches. In the shot he produced another division record. Stan will be a real threat at Hannover this year.

Two sprinters in the 60 and over category have been making the news lately. From Edinburg, Texas, foreign language department head Dr. Charles Baudry has come out of hiding after a few years absence from

Payton, now really getting into gear, ran these two exceptional times on the dirt tracks at the Fresno and Modesto relays.

In Honolulu Harold Chapson came up with some world age-76 records in the 200 (32.4), 800 (2:46.1) and the 1500 (5:35.4). In the Hawaii International Masters meet in April, John Satti, who recently moved into the 65-and-over division, leaped past the marks held by co-record holders Ivor Sand of Norway and Robert Reckwardt of West Germany as he long jumped 15'10 $\frac{1}{4}$ " to surpass the mark by two inches. On May 31 at UCLA's intramural championships, Pete Mundle chose this coolish day on a fast track to go after the American 5000-meter record held by Jim O'Neil of 16:14. Finishing fast and aware that he was on a record pace, Pete brought the record down to 16:11.0. Enroute his mile splits were 5:07, 10:25 and 15:39. The two and three-mile marks are American age 51 records.

In Seattle, the courageous, nearly blind, great runner Norm Bright, now nearing 70, is by no means calling it quits. He recently with the aid of two guides raced five miles in 42 minutes and 12 kilometers in 50 minutes. When asked how is the training going, Norm said, "I have a course nearby where I can feel my way along, but I still bump into the occasional tree." He broke his hip bone in one such incident but is fine now. He intends to go to Hannover and go after some age records in the coming year. He will take along a young guide who will act as his eyes in races and, of course, in his

everyday visual needs. One just has to admire the will of this man to conquer his adversities.

HIGHLIGHTS OF FOREIGN NEWS IN THE PAST YEAR

A mark that was just recently uncovered was that of Konstanty Maksymczyk, the discus great from Great Britain. Now 64, he hurled the discus 173'6," which, if confirmed, was better than Dan Aldrich's super toss of 173'2". He had another mark earlier of 172'1". These two titans will not be able to compete against each other at Hannover since they will be in different divisions by then. I'm sure, though, they will be trying to outdo each other. Two-time 10,000-meter World Games Champion Roy Fowler last year proved he is still a force to be reckoned with as he cruised the 5000 meters in 14:48.8 last year. Roy will be 45 at Hannover.

France's great distance runner Lucien Rault, although slowing down to a humane pace, last year bettered two of Jack Foster's age-42 marks as he recorded times of 14:04.2 in the 5000-meter and 29:02.6 in the 10,000. Late last year Sweden's phenomenal marathoner, Eric Ostby, ran a slow (for him) 2:42:00 to bring down John Kelly's mark for age 57 by six minutes. From Australia John Gilmour continues to run well. By Hannover he will be 60 and a potent force in all the distance events. John served notice with his age-record marks of 2:18 in the 800-meter, 4:27 (1500-M) and 34:52.8 (10,000).

From New Zealand, Jim McDonald is making noise. Early this year Jim negotiated the 3000 meters in 8:41.2, the two mile in 9:28.6 and the three-mile in 14:33.6 to better age-44 records. Jim will enter the tough 45 to 49 division at Hannover.

New Zealand is seriously bidding for the 1981 World Masters Games at the venue of the 1974 Commonwealth Games in Christchurch. Tentatively it will be Jan. 10-17. There will be ample housing and good facilities for the event if their bid is accepted.

Subscribe now!

The National Masters Newsletter is bigger and better than ever and it's still a bargain at \$3 for the rest of 1979. Take advantage of the continued low

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Send to 102 W. Water St., Lansford, Pa. 18232

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