

National Masters Newsletter

Al Sheahen
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Seventh Issue

Winter, 1978-79

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Published Quarterly

FINAL RESULTS

1978 NATIONAL MASTERS CHAMPIONSHIPS

Atlanta, Ga.
July 7, 8, 9

* = American Record
** = World Record
= Ties Record

100 METER DASH

30-34 Men		
1. R. Whitney	San Antonio TC	10.6
2. G. Marshall	W. Valley TC	11.0
3. H. Sumner	S. Cal. Str.	11.2
4. R. Ferguson	S. Cal. Str.	11.2
5. E. Rhodes	ATC	11.4
6. C. Helm	UNA	11.7

35-39 Men

1. W. Butler	S. Cal. Str.	10.9
2. B. Mebane	Penin. TC	11.2
3. R. Stanford	UNA	11.3
4. R. Simmons	S. Cal. Str.	11.6
5. A. Littlejohn	Ann Arbor TC	12.6
6. A. Porter	ATC	12.9

40-44 Men

1. K. Dennis	CDM	10.8
2. L. Riddick	NY Pioneers	11.2
3. J. Rabie	UNA	11.4
4. A. Budd	NY Pioneers	11.5
5. R. Diaz	Seniors TC	11.9
6. N. Newton	S. Cal. Str.	11.9

45-49 Men

1. T. Baker	Seniors TC	11.3*
2. B. Springbett	N. Cal. Srs.	11.6
3. R. Messersmith	CDM	11.8
4. H. Hitt	Portland TC	12.0
5. T. Nasralla	Seniors TC	12.1
6. J. Poppell	UNA	12.3

50-54 Men

1. E. Schuler	Tampa Bay TC	11.7
2. J. Greenwood	UNA	11.8
3. O. Dawkins	Seniors TC	12.2
4. R. Watanabe	Seniors TC	12.2
5. R. Jacobs	UNA	12.6
6. B. Tuber	PVSTC	13.1

55-59 Men

1. J. Upham	KSUManhattan	12.7
2. R. Hunt	S. Cal. Str.	13.0
3. M. Goldsmith	UNA	13.2
4. J. Tuttle	UNA	13.6
5. R. Spencer	San Diego TC	13.9
6. J. Pierson	Phila. Mas.	14.0

60-64 Men

1. N. Heard	CDM	13.2
2. A. Guidet	CDM	13.2
3. W. Morales	CDM	13.6
4. R. Jones	UNA	14.1
5. W. Seldon	San Antonio TC	14.1
6. R. Sorlien	URITC	14.3

65-69 Men

1. H. Koppel	N. Cal. Srs.	13.2
2. F. Reid	UNA	13.4
3. F. White	UNA	13.5
4. W. Griffith	UNA	15.2

70-74 Men

1. M. D'Elia	N. Jersey Mas.	14.6
2. S. Lum	CDM	15.5

75-79 Men

1. H. Anderson	UNA	17.8
2. S. Lum	CDM	15.5

80-84 Men

1. D. Shippen	Manhattan FK	13.7
2. A. Mapps	Manhattan FK	13.9
3. E. Mulkey	ATC	14.7

85-89 Women

1. M. Gerard	Woodside Str.	13.0
2. S. Pashkin	Manhattan FK	13.8
3. B. Simpson	Tampa Bay TC	14.2

90-94 Women

1. A. Kleynhans	UNA	15.4
2. A. Johnson	Manhattan FK	15.8
3. C. Coughlin	Hoosier TC	16.1

40-44 Women
1. R. Andrews ATC 17.8

50-54 Women
1. S. Dietderich N.Cal.Srs. 16.2

65-69 Women
1. P. Clarke Ft.Collins TC 16.4

30-34 Men
1. R. Whitney SanAntonioTC 10.6

2. G. Marshall W.Valley TC 11.0

3. H. Sumner S.Cal. Str. 11.2

4. R. Ferguson S.Cal. Str. 11.2

5. E. Rhodes ATC 11.4

6. C. Helm UNA 11.7

35-39 Men
1. W. Butler S.Cal.Str. 10.9

2. B. Mebane Penin. TC 11.2

3. R. Stanford UNA 11.3

4. R. Simmons S.Cal.Str. 11.6

5. A. Littlejohn Ann Arbor TC 12.6

6. A. Porter ATC 12.9

40-44 Men
1. K. Dennis CDM 10.8

2. L. Riddick NY Pioneers 11.2

3. J. Rabie UNA 11.4

4. A. Budd NY Pioneers 11.5

5. R. Diaz Seniors TC 11.9

6. N. Newton S.Cal.Str. 11.9

45-49 Men
1. T. Baker Seniors TC 11.3*

2. B. Springbett N.Cal.Srs. 11.6

3. R. Messersmith CDM 11.8

4. H. Hitt Portland TC 12.0

5. T. Nasralla Seniors TC 12.1

6. J. Poppell UNA 12.3

50-54 Men
1. E. Schuler Tampa Bay TC 11.7

2. J. Greenwood UNA 11.8

3. O. Dawkins Seniors TC 12.2

4. R. Watanabe Seniors TC 12.2

5. R. Jacobs UNA 12.6

6. B. Tuber PVSTC 13.1

55-59 Men
1. J. Upham KSUManhattan 12.7

2. R. Hunt S.Cal.Str. 13.0

3. M. Goldsmith UNA 13.2

4. J. Tuttle UNA 13.6

5. J. Manno NJ Masters 14.1

6. J. Pierson Phila. Mas. 14.0

continued

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continued								
40-44 Women								
1. M. Czarapata	Midwest Mas.	2:26.1*	1. G. Vernosky	PVSTC	16:43	1. N. Murchie	Hawaii Mas.	
2. N. Murchie	Hawaii Mas.	2:45.9	2. R. Burd	Shohomish TC	19:09	2. A. Kleynhans	UNA	
3. A. Johnson	Manhattan FK	3:14.0	3. R. Douglas	RASAC	19:42	3. J. Joesting	ERA Racers	
65-69 Women			4. G. Seifert	Birm. TC	19:49	40-44 Women	43:28	
1. P. Clarke	Ft.CollinsTC	3:38.0	50-54 Men			2. A. Kleynhans	51:43	
1500 METER RUN								
30-34 Men								
1. B. Wilson	CharivilleTC	4:05.7	1. J. O'Neil	UNA	17:04	1. T. D'Elia	NYAA	
2. R. Velez	UNA	4:02.4	2. L. Torres	Puerto Rico	17:35	45-49 Women	41:12	
3. G. Carr	St. Louis TC	4:14.5	3. W. Hanson	UNA	18:02			
4. D. Snilling	PVSTC	4:18.9	4. R. Anspach	UNA	18:04	5000 METER WALK		
5. G. Jenkins	UNA	4:19.5	5. R. Green	UNA	18:11	30-34 Men		
6. W. Wessely	UNA	4:31.7	6. R. Packard	Boston AA	18:16	1. J. Walker	UNA	
35-39 Men			55-59 Men			30-34 Men	30:04	
1. L. Faxon	Penins. TC	4:14.4	1. J. Morrison	Mid-Am.Mas.	17:13	40-44 Men		
2. P. Foret	Tampa Bay TC	4:17.1	2. R. Nimmons	UNA	18:44	1. J. Bomer	Terlingua	
3. J. Denma	PVSTC	4:26.2	3. P. Stone	ATC	19:18	2. J. Stefanowicz	Penn AC	
4. J. Verdiere	PVSTC	4:33.3	4. J. Rice	Tampa Bay TC	20:29	3. D. Beauchamp	UNA	
5. D. Gibson	NJ Masters	4:41.3	5. R. Long	S.Cal.Str.	22:07	4. R. Myers	Ohio TC	
6. J. Skalski	Motor City	4:43.3	60-64 Men			5. R. Fitzhugh	CDM	
40-44 Men			1. J. Oleson	SFVTC	18:59	6. E. Anglin	Penins. TC	
1. E. Billups	UCTC	4:09.8	2. J. Outlaw	CCofDallas	19:17	45-49 Men		
2. G. Wood	PVSTC	4:17.3	3. J. Woods	PVSTC	20:21	1. W. Nicoll	ATC	
3. J. Metzing	UNA	4:18.9	4. D. Johnson	Shore AC	22:05	2. A. Griggs	PVSTC	
4. A. Conro	Boston AA	4:27.4	5. R. Jones	UNA	24:03	50-54 Men		
5. L. Fuselier	NOTC	4:33.7	6. M. Miller	UNA	31:15	1. R. Mimm	Shore AC	
6. R. Paklaian	Motor City	4:35.2	65-69 Men			2. J. Allen	UNA	
45-49 Men			1. W. Andberg	UNA	21:12	3. H. Barnes	S.Cal.Str.	
1. G. Vernosky	PVSTC	4:23.2	70-74 Men			40-44 Men		
2. H. Kupczyk	AtlanticInt.	4:23.5	1. P. Fairbank	PVSTC	22:56	1. D. Johnson	Shore AC	
3. R. Raburn	MontgomeryTC	4:24.5	2. K. St.Clair	Ozark Assn.	26:55	60-64 Men		
4. G. Kalchschmid	SFVTC	4:25.4	3. P. Hobe	Al.Oh.Runners	28:30	65-69 Men		
5. D. Powell	Tampa Bay TC	4:30.3	75-79 Men			1. T. Dyas	NJ Masters	
6. D. Douglas	RASAC	4:33.1	1. L. Gregory	Pens.Runners	26:43	2. R. Long	S.Cal.Str.	
50-54 Men			30-34 Women			3. E. Kafka	PVSTC	
1. K. Brown	Jersey Srs.	4:26.7	1. M. Caldwell	UNA	21:44	40-44 Men		
2. D. Smith	US Masters	4:25.3	2. J. Knox	ATC	25:10	1. D. Johnson	Shore AC	
3. W. Hanson	UNA	4:31.4	35-39 Women			60-64 Men		
4. L. Torres	Puerto Rico	4:39.8	1. R. Widmann	UNA	24:50	65-69 Men		
5. R. Green	UNA	4:43.7	40-44 Women			1. C. Hills	Phila. Mas.	
6. L. Schneider	Mas.Dix.AC	4:47.8	1. M. Czarapata	Midwest Mas.	19:36	2. B. Boai	PVSTC	
55-59 Men			2. N. Parker	ATC	19:37	70-74 Men		
1. J. Morrison	Mid-Am.Mas.	4:40.4	3. N. Murchie	Hawaii Mas.	20:18	1. W. McFadden	SanDiego TC	
2. A. Messenger	NY Pioneers	4:50.0	4. A. Kleynhans	UNA	25:14	75-79 Men		
3. W. Winslow	UNA	4:58.1	5. J. Joesting	ERA Racers	27:08	30-34 Women		
4. R. Nimmons	UNA	5:12.4	40-44 Women			1. E. Mukey	ATC	
5. J. Rice	Tampa Bay TC	5:19.7	1. L. Maynard	Woodside Str.	28:17	400 METER INTERMEDIATE HURDLES		
6. R. Spencer	San Diego TC	5:25.5	2. A. Vanderhoff	Cheetah TC	28:58	30-34 Men		
60-64 Men			65-69 Women			1. S. Hager	ATC	
1. R. Gordon	PVSTC	5:04.1	1. K. York	UNA	38:41	2. G. Kochman	UNA	
2. J. Outlaw	CC of Dallas	5:09.2	30-34 Men			3. C. Holt	St.Louis TC	
3. J. Oleson	SFVTC	5:13.4	1. B. Wilson	CharivilleTC	31:30	4. D. Burkett	ATC	
4. B. Dyer	Mid-Am.Mas.	5:36.5	2. W. Vaughn	Cl.Spr.TC	32:29	5. W. Quarrier	UNA	
5. M. Miller	UNA	7:19.8	3. B. Jones	Columbia TC	34:07	30-34 Men		
65-69 Men			4. R. Tindall	ATC	34:51	1. B. Westfield	Ann Arbor TC	
1. F. Gerlien	N.Cal.Srs.	6:21.9	5. G. Sickels	PVSTC	36:32	2. Q. Till	UNA	
2. B. Deacon	Hawaii Mas.	6:22.0	35-39 Men			3. D. Ellis	ATC	
70-74 Men			1. F. Duarte	Or.Co.B1.Ang.	32:47	4. J. Knox	ATC	
1. S. Madden	SFVTC	5:44.4	2. P. Foret	Tampa Bay TC	33:27	5. J. Kelly	ATC	
2. P. Fairbank	PVSTC	5:55.6	3. D. Hawley	Chatt. TC	33:58	6. J. Brocksmith	ATC	
3. K. St. Clair	Ozark Assn.	7:03.5	4. J. Skalski	Motor City	36:54	40-44 Men		
4. P. Hobe	Al.Oh.Runners	7:57.2	5. C. Collins	ATC	37:50	1. C. Bertrand	NY Pioneers	
75-79 Men			6. D. Webb	UNA	38:46	2. H. VanderWal	N. of 59° TC	
1. H. Chapson	Hawaii Mas.	5:43.5	40-44 Men			3. B. Hewitt	PVSTC	
2. L. Gregory	Pens.Runners	6:52.0	1. J. Metsing	UNA	32:28	4. R. Fitznugh	CDM	
35-39 Women			2. B. Olrich	Mas.Dix.AC	33:12	45-49 Men		
1. C. Brockman	UNA	5:44.2	3. K. Winn	ATC	33:57	1. J. Allen	UNA	
2. K. Ferrel	UNA	6:08.1	4. R. Paklaian	Motor City	34:17	2. R. Mimm	Shore AC	
3. R. Widmann	UNA	6:16.6	5. L. Fuselier	NOTC	35:08	3. H. Barnes	S.Cal.Str.	
40-44 Women			6. G. McFarland	UNA	36:30	55-59 Men		
1. M. Czarapata	Midwest Mas.	5:13.0	45-49 Men			1. T. Dyas	NJ Masters	
2. N. Murchie	Hawaii Mas.	5:37.8	1. G. Vernoski	PVSTC	33:43	2. R. Long	S.Cal.Str.	
3. A. Kleynhans	UNA	6:44.4	2. R. Burd	Shohomish TC	38:17	3. E. Kafka	PVSTC	
45-49 Women			3. G. Seifert	Birm. TC	40:28	40-44 Men		
1. B. Talley	CC of Dallas	7:55.6	4. J. Wallace	ATC	42:02	1. D. Johnson	Shore AC	
5,000 METER RUN			5. W. Miller	Midwest Mas.	42:05	60-64 Men		
30-34 Men			50-54 Men			1. G. Wallace	UNA	
1. B. Wilson	Chariville TC	15:27	1. J. O'Neil	UNA	34:46	2. B. Wall	Howard Co.S.	
2. W. Vaughn	Cl.Spr. TC	15:51	2. P. Mundle	Santa Monica	34:48	55-59 Men		
3. B. Jones	Columbia TC	16:35	3. L. Torres	Puerto Rico	36:51	1. B. Hunt	S.Cal. Str.	
4. I. Wykel	United Heads	16:36	4. R. Packard	Boston AA	37:04	2. M. Buschman	UNA	
5. W. Wessely	UNA	16:54	5. W. Hanson	UNA	37:26	3. H. Lampert	UNA	
6. M. Joiner	ATC	21:18	6. T. Persons	NOTC	37:46	40-44 Men		
35-39 Men			55-59 Men			1. A. Griggs	PVSTC	
1. L. Faxon	Penins.TC	15:53	1. J. Morrison	Mid-Am.Mas.	35:38	2:05:20.7		
2. F. Duarte	Dr.Co.B1.Ang.	16:04	2. L. Dreher	Penn. AC	37:11	50-54 Men		
3. P. Foret	Tampa Bay TC	16:16	3. R. Nimmons	UNA	38:23	1. J. Greenwood	UNA	
4. D. Hawley	Chatt. TC	16:45	4. T. Dobbs	Fla. TC	41:40	60-64 Men		
5. P. Grawe	NOTC	17:15	5. J. Pooler	UNA	43:--	1. A. Guidet	CDM	
6. J. Skalski	Motor City	17:20	60-64 Men			65-69 Men		
40-44 Men			1. J. Oleson	SFVTC	39:47	1. B. Deacon	Hawaii Mas.	
1. J. Metzing	UNA	15:58	2. H. Marshall	ATC	41:25	2. B. Boal	PVSTC	
2. B. Olrich	Mas.Dix.AC	16:05	3. J. Woods	PVSTC	42:01	3. F. Berlein	N.Cal.Srs.	
3. L. Fuselier	NOTC	16:56	4. J. Warren	NCTC	50:44	40-44 Men		
4. R. Jones	UNA	17:32	5. M. Miller	UNA	63:11	1. B. Wilson	Chariville TC	
5. G. McFarland	UNA	17:38	65-69 Men			2. W. Vaughn	Cl.Spr. TC	
6. K. Winn	ATC	17:43	1. B. Boal	PVSTC	50:35	3. B. Jones	PVSTC	
75-79 Men			2. W. Stanford	NC Assn.	53:49	40-44 Men		
1. L. Gregory	Pens.Runners	48:43	70-74 Men			1. J. Walker	UNA	
2. R. Burd	PVSTC	48:44	1. P. Fairbank	PVSTC	48:44	30-34 Men		
3. G. Seifert	Al.Oh.Runners	62:23	2. P. Hobe	Al.Oh.Runners	52:23	1. S. Hager	ATC	
4. J. Wallace	ATC		75-79 Men			14:9	40-44 Men	
5. W. Miller	NOTC		1. L. Gregory	Pens.Runners	48:43	1. S. Hager	ATC	
6. T. Persons	NOTC		35-39 Women			14:9	40-44 Men	
7. R. Hanson	NOTC		1. C. Brockman	UNA	44:48	1. S. Hager	ATC	
8. F. Grawe	NOTC		2. R. Widmann	UNA	53:01	1. S. Hager	ATC	
9. D. Hawley	NOTC		40-44 Women			14:9	40-44 Men	
10. J. Skalski	NOTC		1. T. D'Elia	NYAA	41:12	1. S. Hager	ATC	
11. P. Grawe	NOTC		45-49 Women			14:9	40-44 Men	
12. J. Skalski	NOTC		1. J. Walker	UNA	30:04	1. S. Hager	ATC	
13. P. Grawe	NOTC		30-34 Men			14:9	40-44 Men	
14. J. Skalski	NOTC		1. J. Walker	UNA	25:52	1. S. Hager	ATC	
15. J. Skalski	NOTC		2. J. Allen	UNA	26:12	1. S. Hager	ATC	
16. J. Skalski	NOTC		3. H. Barnes	S.Cal.Str.	30:05	1. S. Hager	ATC	
17. J. Skalski	NOTC		40-44 Men			14:9	40-44 Men	
18. J. Skalski	NOTC		1. J. Walker	UNA	25:52	1. S. Hager	ATC	
19. J. Skalski	NOTC		2. J. Allen	UNA	26:12	1. S. Hager	ATC	
20. J. Skalski	NOTC		3. H. Barnes	S.Cal.Str.	30:05	1. S. Hager	ATC	
21. J. Skalski	NOTC		40-44 Men			14		

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Winter, 1978-79—Seventh Issue

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continued

75-79 Men 1. H. Anderson	UNA	1:04.3
30-34 Women 1. E. Mulkey	ATC	93.8
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3,000 METER SC		

30-34 Men 1. D. Leedy	NOTC	10:29
35-39 Men 1. O. Sandoval	Mexico Mas.	10:16
2. J. Shaw	UNA	11:47
3. L. Birdseye	ATC	12:46
4. J. Knox	ATC	12:52
40-44 Men 1. M. VanDerWal	N.of 59°TC	10:03
2. D. Deutsch	Shore AC	11:48
3. C. Hill	Manasota	12:22
50-54 Men 1. R. Anspach	UNA	11:30
2. R. Czarapata	Midwest Mas.	12:43
55-59 Men 1. H. Lampert	UNA	12:17
2. C. Peters	KSUMahattan	13:18
3. R. Long	S.Cal.Str.	15:44
60-64 Men 1. E. Lowell	Seniors TC	13:32
65-69 Men 1. B. Boal	PVSTC	13:05**

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4X200 METER RELAY		
30-34 Men 1. Southern California Striders	1:30.1	
2. Mason-Dixon AC	1:31.9	
3. UNA	1:35.8	
4. Glen Burnie TC	1:41.9	
Whitworth, Springer, Casteel, Creel		
35-39 Men 1. Atlanta Track Club	1:41.5	
Kelly, Brocksmith, Nowicki, Ellis		
40-44 Men 1. New York Pioneers	1:33.5	
Bertrand, O'Neal, Budd, Riddick		
2. Corona Del Mar	1:38.2	
Dennis, Jackson, Henry, Messersmith		
3. Atlanta Track Club	1:47.6	
Stewart, Laws, Sharp, Edge		
45-49 Men 1. Northern California Seniors	1:42.8	
Marlin, Frederickson, Springbett, Bruhner		
50-54 Men 1. Northern California Seniors	2:00.1	

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4X400 METER RELAY		
30-34 Men 1. Mason-Dixon AC	3:24.3	
Heitzman, Roberts, Norris, Smith		
2. Southern California Striders	3:28.1	
Simmons, Butler, Ferguson, Sumner		
35-39 Men 1. Atlanta Track Club	3:39.1	
Kelly, Brocksmith, Nowicki, Ellis		
40-44 Men 1. New York Pioneers	3:40.8	
Valentine, Connelly, Bertrand, O'Neal		
45-49 Men 1. Montgomery Track Club	3:54.6	
Bethwa, Wood, Rayburn, Wilson		
50-54 Men 1. Atlanta Track Club	5:01.0	
Galloway, Stone, Marshal, MacKenna		

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4X100 METER RELAY		
30-34 Men 1. Southern California Striders	43.1	
2. Mason-Dixon AC	44.0	
Heitzman, Roberts, Norris, Smith		
3. UNA	45.6	
Heim, Vlaardingerbroek, Morton, Brauman		
4. UNA	48.4	
Casteel, Whitworth, Hood, Springer		
40-44 Men 1. New York Pioneers	43.9	
Bertrand, Weaver, Budd, Riddick		
2. Corona Del Mar	45.2	
Dennis, Jackson, Schlegel, Henry		
3. Philadelphia Masters	47.3	
Hacker, Scott, Moore, McPherson		
4. Atlanta Track Club	51.4	
Laws, Sharp, Steward, Edge		

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45-49 Men		
1. Northern California Seniors	46.6	
Marlin, Frederickson, Springbett, Bruhner		
50-54 Men 1. UNA	49.5	
Dawkins, Greenwood, Watanabe, Wallace		
35-39 Women 1. Manhattan Flight Kings	57.4	
Pashkin, Shippen, Mapps, Johnson		

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HIGH JUMP		
30-34 Men 1. R. Purdom	Tampa Bay TC	6'10½"
2. G. Kochman	UNA	6'
3. W. Creel	UNA	5'10"
35-39 Men 1. J. Rutland	ATC	6'2"
2. A. Littlejohn	Ann Arbor	6'-
3. B. Springer	Glen Burnie	5'8"
4. J. Russell	Tampa Bay TC	5'4"
5. R. D'Amato	UNA	5'2"

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40-44 Men		
1. T. Langenfeld	UNA	6'-
2. N. Newton	S.Cal.Str.	5'10"
3. J. Gilmore	Greenville TC	5'6"
4. D. Shillinglaw	UNA	5'-
5. B. Hewitt	PVSTC	5'-
35-39 Men 1. R. Richardson	UNA	6'-**
2. J. Brown	Mid-Am.Mas.	5'8"
3. K. Hollingsworth	UNA	5'6"tie
4. P. Mulkey	ATC	5'6"tie
5. W. Hutchins	Phila.Mas.	5'6"
6. H. White	Denver TC	5'6"

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50-54 Men		
1. J. Wallace	Richmond TC	5'-
2. H. Wallace	HuntingtonBch	4'10"
3. R. Peters	UNA	4'8"
4. B. Tober	PVSTC	4'6"
5. F. Marr	Memphis TC	4'4"
55-59 Men 1. B. Gist	CDM	5'2"
2. F. Simmons	UNA	5'-
3. O. Gillett	CDM	4'10"
4. D. Brown	CDM	4'8"
5. M. Buschman	UNA	4'6"
6. T. Ille	N.Jersey Mas.	4'2"

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60-64 Men		
1. T. Chilton	UNA	12.71
2. A. Henry	CDM	12.61
3. P. Conley	UNA	9.64
35-39 Men 1. D. Jackson	CDM	12.31
2. P. Mulkey	ATC	11.23
3. T. Nasralla	Seniors TC	10.37
4. P. Carstensen	UNA	9.91
5. C. Cox	Soy City Str.	9.61

<hr/>		
50-54 Men		
1. E. Shuler	Tampa Bay TC	9.87
2. F. Marr	Memphis TC	9.58
55-59 Men 1. D. Brown	CDM	10.42
2. R. Spencer	San Diego TC	10.41
3. M. Buschman	UNA	9.69
4. D. Harris	Phila.Mas.	8.95
5. P. Constant	Mid-Am.Mas.	8.11
6. R. Long	S.Cal.Str.	7.82

60-64 Men		

<tbl_r cells="3" ix="3" maxcspan="1" maxr

continued

40-44 Men

1. E. Hoyle	UNA	13'6"
2. P. Richard	Shore AC	13'-
3. H. Smith	S.Cal.Str.	10'6"
4. D. Shillinglaw	UNA	10'6"
5. B. Hewitt	PVSTC	9'6"
6. R. Fitzhugh	CDM	9'-

45-49 Men

1. J. Donley	UNA	12'6"
2. M. Rivera	UNA	12'0"
3. M. Burger	UNA	12'0"
4. P. Mulkey	ATC	12'0"

50-54 Men

1. H. Wallace	HuntingtonBch	10'6"
2. R. Peters	UNA	8'-

55-59 Men

1. V. Wolfe	UNA	10'6"
2. D. Brown	CDM	10'6"
3. O. Gillett	CDM	9'-

65-69 Men

1. B. Deacon	Hawaii Mas.	8'6"
2. S. Burho	Richmond TC	8'6"
3. C. Hills	Phila.Mas.	6'-

75-79 Men

1. H. Anderson	UNA	5'6"
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JAVELIN30-34 Men

1. R. Vlaardingerbroek	UNA	66.04
2. R. Kurnik	N. Britain	53.35
3. W. Creel	UNA	46.89
4. T. Russell	UNA	37.81

35-39 Men

1. K. Kirk	ATC	53.41
2. J. Rutland	ATC	53.37
3. B. Springer	UNA	43.33
4. Q. Till	UNA	36.21

40-44 Men

1. P. Conley	UNA	61.07
2. R. Youngs	Hartford TC	55.21
3. J. Gilmore	GreenvilleTC	49.32
4. H. Smith	S.Cal.Str.	47.76
5. R. Fitzhugh	CDM	36.30
6. B. Tentusscher	UNA	27.13

45-49 Men

1. R. Sutton	N.Cal.Srs.	52.14
2. P. Mulkey	ATC	49.73
3. L. Olson	Green Mtn.	47.47
4. D. Gonzales	GardenState	46.50
5. H. White	Denver TC	44.46
6. J. Brown	Mid-Am.Mas.	37.73

50-54 Men

1. R. Bergenback	UNA	45.71
2. J. Ulam	W. Penn.	38.79
3. H. Cantor	NY Pioneers	37.39
4. B. Richards	UNA	35.30

55-59 Men

1. F. Geiter	Cst.Carolina	46.19
2. F. Simmons	UNA	44.62
3. D. Aldrich	CDM	42.44
4. R. Stone	N.Cal.Srs.	37.30

60-64 Men

1. W. Morales	CDM	48.77
2. H. Dietz	UNA	29.18
3. P. Henn	Lincoln TC	26.73
4. W. Seldon	SanAntonioTC	25.67

65-69 Men

1. W. Eipel	NYAC	37.47
2. E. Malan	UNA	36.47
3. C. Hills	Phila.Mas.	31.40
4. W. Dunham	UNA	31.34

70-74 Men

1. A. Ticmanis	CanadianMas.	19.23
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75-79 Men

1. H. Anderson	UNA	29.10
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35-39 Women

1. U. Schreiber	CDM	19.90
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40-44 Women

1. E. Alanne	Midwest Mas.	16.51
2. J. Joesting	ERA Racers	8.44

HAMMER

1. B. Muhammad	Crescendo TC	23.61
2. L. Bartek	Penins. TC	34.96
3. W. Joiner	UNA	28.45

3. J. Russell	Tampa Bay TC	23.31
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40-44 Men

1. G. Bobell	CDM	47.53
2. J. Edwards	PVSTC	27.70
3. H. Smith	S.Cal.Str.	24.53

45-49 Men

1. E. Black	CCAA	49.60
2. L. Olson	Green Mtn.	39.10

**MIDWEST MASTERS REGIONAL T & F MEET
NORTH CENTRAL COLLEGE; NAPERVILLE, ILLINOIS****100 METER DASH****S1**

- Jeff Zimber, Northbrook, IL 12.3
- Tom Bever, Chicago, IL 12.3
- John Hess, Byron, IL 12.48
- Jim Hess, Byron, IL 12.5
- Mark Wohlberg, Justice, IL 12.7

S2

- Lou Tutt, East Lansing, MI 11.5
- Dave Shevitz, Highland Park, IL 11.8
- Brian Murphy, Livonia, MI 12.0
- Bruce Mills, Libertyville, IL 12.8
- Bob Lida, Wichita, KS * 11.7
- Terry Pliner, Green Bay, WI 11.8
- Jay Avery, Wheaton, IL 11.8
- Rich Stillwagon, Crown Point, IN 12.2
- Tom Dudas, Michigan City, IN 12.4

1A

- Alex Pappas, St. Mary, KS 12.5
- Dick Richardson, Decatur, IL 13.3
- Charles Cox, Decatur, IL 13.5
- Bill Kearns

200 METER DASH1A

1. Bob Lida, Wichita KS * 25.9
2. Terry Pliner, Green Bay WI 24.5
3. Bob Humke, Urbana, IL 24.6
4. Jay Avery, Wheaton, IL 24.7
5. Rich Stillwagon, Crown Pt. IN 25.2

1B

1. Alex Pappas, St. Mary, KS 26.2
2. Charles Edmonds, Chicago, IL 26.8
3. Bill Kearns, Chicago, IL 28.3
4. Charles Cox, Decatur, IL 29.4
5. Vernon Magnesen, Elmhurst, IL 30.2

2A

1. Dean Smith, Lombard, IL 26.2
2. Mel Albright, Davenport IA 26.9
3. Bob Christensen, Wauwatosa, WI 28.3
4. Don Walsh, Western Springs IL 29.6
5. Al Prislinger, Des Plaines IL 30.6

2B

1. Frank Bucaro, Bartlett, IL 28.1
2. Paul Constant, Lenexa, KS 28.5
3. Bob Coughlin, Indpls, IN 29.6

WS2

1. Sylvia Boecker, Chicago IL 34.7

WIA

1. Carolyn Coughlin, Indpls, IN 35.4
2. Pat O'Neill, Evergreen Pk IL 36.5

400 METER DASHS1

1. Gary Carr, Mascoutah, IL 50.7
2. Chuck Holt, Centralia, IL 52.6
3. George Jenkins, Detroit, MI 53.5
4. Stan Mathes, Fond du Lac, WI 53.5
5. Gerald Hedcock 59.3

S2

1. Lou Tutt, East Lansing, MI * 53.2
2. Jim O'Neill Hoffman Est. IL 54.6
3. Larry Vihtelic Glen Ellyn IL 60.4

1A

1. Ernest Billups, Chicago, IL * 51.7
2. Bob Lida, Wichita, KS 52.8
3. Terry Pliner, Green Bay, WI 53.8
4. Tom Dudas, Michigan City, IN 54.3
5. Dick Katta, Warsaw, IN 54.4

1B

1. Paul Edmonson 57.8
2. Alex Pappas, St. Mary, KS 57.9
3. John Monger 50.0
4. Bill Kearns, Chicago, IL 53.6
5. Vernon Magnesen 63.6

2A

1. Dean Smith, Lombard, IL * 55.0
2. Mel Albright, Davenport, IA 59.4
3. Louis Schneider Louisville KY 59.8
4. Val Price, Western Spgs, IL 64.7
5. Don Walsh, Western Spgs, IL 65.8

2B

1. Frank Bucaro, Bartlett, IL * 63.6
2. Paul Constant, Lenexa, KS 63.6
3. Bob Coughlin, Indpls, IN 65.0
4. Joe Kenny, Western Spgs, IL 70.6

3B

1. Bill Andberg, Anoka, Minn. 74.0

WS1

1. Laurie Rossi, Park Ridge, IL 83.1

2. Gail Maston-Tutt, E. Lansing MI 91.0

WS2

1. Sylvia Boecker, Chicago, IL 77.4

800 METER RUNS1

1. Gary Carr, Mascoutah, IL * 1:57.2
2. Jim Sims Hanover Pk, IL 2:01
3. George Jenkins Detroit, MI 2:02.2
4. Stan Mathes Fond du Lac WI 2:03.8
5. George Cyr, Naperville, IL 2:07

S2

1. Rod Rodgers, Magnolia, IL * 2:03
2. Jim O'Neill Hoffman Est. IL 2:07

3. Don Williams, Ann Arbor, MI 2:09

4. Mike Brazier, Glen Ellyn IL 2:14

1A

1. Ernest Billups, Chicago IL * 2:02
2. Bob Saddler, Chicago, IL 2:06
3. Tom Dudas, Michigan City, IN 2:10
4. Bob Lida, Wichita, KS 2:15
5. Joe Stepanek, Chicago, IL 2:54

1B

1. Roger Swank, Joliet, IL 2:22
2. Bill Kearns, Chicago, IL 2:30
3. Vernon Magnesen, Elmhurst, IL 2:34
4. Charles Cox, Decatur, IL 2:37

2A

1. Dean Smith, Lombard, IL * 2:08
2. Louis Schneider, Louisville 2:17
3. Rich Czarapata, New Berlin 2:31
4. Al Prislinger Des Plaines IL 2:32
5. Bob Christensen Wauwatosa WI 2:49

2B

1. Frank Bucaro, Bartlett, IL * 2:29

3B

1. Bill Andberg * 2:43

WS2

1. Sylvia Boecker, Chicago, IL 3:18

WIA

1. Mary Czapata New Berlin, WI 2:39

1500 METER RUNS1

1. Eric Zemper, Okemos, MI 4:07.8
2. George Jenkins, Detroit, MI 4:14
3. Jim Sims, Hanover Pk, IL 4:16
4. Eric Thornton, Naperville IL 4:21
5. Ron Szczesniak, Evergreen Pk 4:42

S2

1. Larry Vihtelic Glen Ellyn IL 4:32.0

1A

1. Ernest Billups * 4:08.4
2. Bob Saddler 4:31.4
3. Eschen Felder 4:41.0
4. Conray May, Highland Park IL 4:42.5 and Guy McFarland, Oxford IO 4:42.5
5. Grant Nelson Milwaukee WI 4:56.6

1B

1. Al Brodzick, Chicago IL 4:53.9
2. Vernon Magnesen 5:08.4
3. Jim Isbell, South Bend, IN 5:14.6

2A

1. Dean Smith * 4:34.5
2. Augustus Prince, Upton N.Y. 4:49.9
3. Rich Czarapata 4:50
4. Val Price 5:11.9
5. Bob Christensen 5:19.3

2B

1. Jim Stronks, Chicago IL 5:50
2. Richard King Chicago IL 6:36.2

3A

1. Jack Bolton Oak Lawn, IL 6:00.8

3B

1. Bill Andberg * 5:27.4

WS1

1. Laurie Rossi Park Ridge, IL 6:01.8

1A

1. Mary Czarapata 5:29.5
2. Grace Butcher, Chardon, OH 5:36.8
3. Pat O'Neill, Evergreen Pk IL 6:01.0

2B

1. Emily Weber, Broadview IL 6:46.2

5,000 METER RUNS1

1. Eric Zemper 16:33.25
2. Skip Lees, Willow Spgs. IL 17:57.93
3. Alberta Meza 18:21.2
4. Leo Carpenter, Godfrey, IL 20:40
5. Jerry Zohfeld, Lansing IL 23:32

S2

1. Larry Vihtelic 17:58

continued

continued

2. Moose Hayer, Naperville IL	20:09.16
<u>1A</u>	
1. Conrad May	17:33
2. Guy McFarland, Oxford, Iowa	17:40
3. Lou Schairer Crystal Lk, IL	19.16
4. Joe Stepanek	20:25
<u>1B</u>	
1. Joe Connolly, Northfield, IL	18:15
2. Ron Fox Highland Pk, IL	18:42
3. Arne Richards, Manhattan KS	18:48
4. Jim Isbell	19:19
5. Jim Hunt, Golf, IL	19:56
<u>2A</u>	
1. Augustus Prince	18:27
2. Bob Christensen	19:10
3. Bill Long Louisville KY	20:24
4. John Githens, Naperville IL	20:29
5. Dennis Lane, Flossmoor, IL	20:55
<u>2B</u>	
1. Gene Farrell	* 20:28
<u>3A</u>	
1. Jack Bolton	* 22:18.66
<u>WS2</u>	
1. Carol Shrader, Chicago IL	21:18
<u>W1A</u>	
1. Mary Czarapata	19:44.66
2. Pat O'Neill	23:14.38
3. Marge Prather, Glen Ellyn IL	28:07
<u>W2A</u>	
1. Emily Weber, Broadview IL	24:11
<u>10,000 METER RUN</u>	
<u>S1</u>	
1. George Cyr, Naperville, IL	33:04
2. Bill Bradna, Hinsdale IL	35:50
3. Bob Cook, Chicago IL	36:28
4. Ron Szczesniak, Evergreen Pk	37:24
5. Skip Lees	37:42
<u>S2</u>	
1. Bob Schrader, Naperville, IL	35:04
2. Lou Morgan, Highland Pk, IL	38:52
3. Phil Lorenc, Waukegan, IL	38:52
4. Bruce Flashner	40:57
<u>1A</u>	
1. Fred Yeager, Chicago IL	35:32
2.	
3. Ron Rosenberg, Northbrook IL	38:21
4. Lou Schairer	40:24
5. Dennis Twohig, Darien IL	40:56
<u>1B</u>	
1. Clyde Baker	35:34
2. Mike Goodrich, Charleston IL	36:37
3. Al Brodzik, Chicago IL	37:12
4. Joe Connolly	37:51
5. Jim Isbell	40:35
<u>2A</u>	
1. Gus Prince	38:34
2. Bob Christiansen	40:01
3. Alwin Rottmann, Lombard IL	42:49
4. Bill Long, Louisville, KY	45:00
5. Dennis Lane	45:23.98
<u>2B</u>	
1. Bob Bruce, Lake Bluff IL	* 39:48
2. Gene Farrell	43:05
3. Dick King	48:08
4. Tom Downs, Naperville, IL	58:12
<u>3A</u>	
1. Harold Comm, Chicago IL	55:41
<u>3B</u>	
1. Bill Andberg	41:45
<u>WS1</u>	
1. Laurie Rossi	46:21
<u>WS2</u>	
1. Sylvia Boecker	46:30
<u>W2B</u>	
1. Emily Weber	49:24

110 HIGH HURDLES

<u>S1</u>	
1. Chuck Holt, Centralia, IL	* 15.7
2. Oscar Marquis, Chicago IL	17.2
3. Tom Bever, Chicago IL	19.8
<u>S2</u>	
1. Charles Leming, Wabash, IN	* 15.5
2. Brian Murphy	17.4
3. Bruce Mills, Libertyville IL	17.9
<u>1A</u>	
1. Richard Stillwagon	15.8
2. Bob Lawson, Kenosha WI	16.8
3. Bill Smith, Wilmette, IL	19.5
4. Ron Campbell, Skokie IL	21.6
5. Tom Tucker, Blue Mound IL	21.7
<u>2A</u>	
1. Don Walsh	19.0
2. Al Prislinger	23.0
<u>2B</u>	
1. Mel Buschman	* 19.2
<u>400 INTERMEDIATE HURDLES</u>	
<u>S1</u>	
1. Chuck Holt	* 57.9
<u>S2</u>	
1. Bryan Westfield, Ann Arbor	* 61.1
2. Bruce Mills	68.4
3. Joe Jeffress, Elgin IL	75.9
<u>1A</u>	
1. Terry Pliner	* 62.2
2. Rich Stillwagon	66.3
3. Ron Campbell	72.1
<u>1B</u>	
1. Dick Richardson, Decatur, IL	* 85.2
<u>2A</u>	
1. Don Walsh	* 78.2
2. Al Prislinger	81.1
3. Bob Christensen	88.9
<u>3,000 WALK</u>	
<u>OPEN</u>	
1. Hirt	14:19.6
2. Dudek	14:42.6
3. Treger	16:44.8
4. Poda	19:38.9
<u>S1</u>	
1. Frank Levy, Chicago IL	18:25.2
<u>1A</u>	
1. Larry Larson, Racine WI	15:28.5
2. Ron Campbell	19:55.4
<u>1B</u>	
1. Si Jayne, Berkeley, IL	19:37.7
<u>2A</u>	
1. Braid	20:10.9
<u>3A</u>	
1. Harold Comm	20:10.4
<u>3B</u>	
1. Mike Riban Chicago IL	20:52.1
<u>W1B</u>	
1. Mary Byers, Glendale WI	24:43.3
<u>3,000 METER STEEPLE CHASE</u>	
<u>1A</u>	
1. Harold Rhea, Gary IN	* 12:05.3
2. Bill Smith	12:26.2
3. Paul Eschenfelder, Indpls.	12:32.2
<u>1B</u>	
1. Arne Richards	* 11:46.5
2. Randolph Seed, Chicago IL	12:49.7
3. Bill Kearns	13:46.9
<u>2A</u>	
1. Rich Czarapata	* 13:00.1
<u>LONG JUMP</u>	
<u>S1</u>	
1. Rich Gaylord, Downers Gr. IL	18'10 1/4
2. Dennis Carr, St. Charles IL	18'3"
3. Tom Bever	16'3 3/4"
<u>S2</u>	
1. Brian Murphy	* 20'4 3/4"
2. Tom Allen Western Spgs, IL	16' 3/4"
<u>DISCUS</u>	
<u>S1</u>	
1. John Hess	
2. Jim Hess	
<u>S2</u>	
1. Brian Murphy	
2. George Doss	
3. Carl Klehn	

110 HIGH HURDLES

S1

1. Chuck Holt, Centralia, IL * 15.7
 2. Oscar Marquis, Chicago IL 17.2
 3. Tom Bever, Chicago IL 19.8

S2

1. Charles Leming, Wabash, IN * 15.5
 2. Brian Murphy 17.4
 3. Bruce Mills, Libertyville IL 17.9

1A

1. Richard Stillwagon 15.8
 2. Bob Lawson, Kenosha WI 16.8
 3. Bill Smith, Wilmette, IL 19.5
 4. Ron Campbell, Skokie IL 21.6
 5. Tom Tucker, Blue Mound IL 21.7

2A

1. Don Walsh 19.0
 2. Al Prislinger 23.0

2B

1. Mel Buschman * 19.2

3. Bill Wagner

1A

1. Bob Lawson 20' 3 1/2
 2. Rich Stillwagon 18' 7 3/4
 3. Terry Pliner 17' 2"

1B

1. Paul Lehmkuhl, Wauwatosa WI * 18' 4 3/4
 2. H. Wagemaker, Louisville KY 17' 8 1/2
 3. Charles Cox 15' 9"
 4. Bob Sonneman, Mundelein IL 15' 1"
 5. Jim Isbell 15'

2A

1. Mel Albright * 16' 5 1/2
 2. Bob Christensen 14' 11 1/
 3. Tom Dwiggins, Batavia IL 11' 1/2"

2B

1. Leon Potter * 17' 6"
 2. Mel Buschman 16' 2 3/4
 3. Frank Bucaro 14' 7"
 4. Paul Constant 14' 3 3/4

3B

1. Wesley Ward 12' 1 1/4

TRIPLE JUMP

S1

1. Tom Bever * 32' 2"
 2. Dennis Carr 20' 4"

S2

1. Brian Murphy * 38' 4 1/2
 2. Tom Allen 28' 3/4"

1B

1. Paul Lehmkuhl * 32' 9 1/2
 2. Charles Cox 31' 1/4"
 3. John Graham 24' 10 1/

2A

1. Mel Albright * 30' 1"
 2. Bob Christensen 25' 4"

2B

1. Mel Buschman * 29' 10 1/

2. Paul Constant 27'

4. Lee Slick

1A

1. Bob Lawson 1. Bob Lawson
 2. Tom Tucker 2. Rich Walton
 3. Bill Smith 3. Don Hopkins, St. C
 4. Don Hopkins, St. C

1B

1. Bob Sonneman 1. Bob Christensen
 2. Rich Walton 2. Paul Constant

2A

1. Bob Christensen 1. Sue Skerke

2B

1. Mel Buschman

2. Paul Constant

WS1

1. Sue Skerke

JAVELIN

S1

1. Rich Gaylord

S2

1. Brian Murphy

2. George Doss

3. Lee Slick

4. Milt Colly

5. Carl Klehm

1A

1. Bob Lawson 1. Bob Lawson

2. Ed Zalig Countrysi 2. Ed Zalig Countrysi

3. Bill Smith

4. Lou Schairer

1B

1. Bob Sonneman

2. Rich Walton

2A

1. Bob Christensen

2B

1. Mel Buschman

WS1

1. Sue Skerke

W1A

1. Elizabeth Alanne

400 INTERMEDIATE HURDLES

S1

1. Chuck Holt * 57.9

S2

1. Bryan Westfield, Ann Arbor * 61.1
 2. Bruce Mills 68.4
 3. Joe Jeffress, Elgin IL 75.9

1A

1. Terry Pliner * 62.2
 2. Rich Stillwagon 66.3
 3. Ron Campbell 72.1

1B

1. Dick Richardson, Decatur, IL * 85.2

2A

1. Don Walsh * 78.2
 2. Al Prislinger 81.1
 3. Bob Christensen 88.9

3,000 WALK

OPEN

1. Hirt 14:19.6
 2. Dudek 14:42.6
 3. Treger 16:44.8
 4. Poda 19:38.9

S1

1. Frank Levy, Chicago IL 18:25.2

1A

1. Larry Larson, Racine WI 15:28.5
 2. Ron Campbell 19:55.4

1B

1. Si Jayne, Berkeley, IL 19:37.7

2A

1. Braid 20:10.9
 2. Harold Comm 20:10.4
 3. Mike Riban Chicago IL 20:52.1

W1B

1. Mary Byers, Glendale WI 24:43.3

3,000 METER STEEPLE CHASE

1A

1. Harold Rhea, Gary IN * 12:05.3
 2. Bill Smith 12:26.2
 3. Paul Eschenfelder, Indpls. 12:32.2

1B

1. Arne Richards * 11:46.5
 2. Randolph Seed, Chicago IL 12:49.7
 3. Bill Kearns 13:46.9

2A

1. Rich Czarapata * 13:00.1

LONG JUMP

S1

1. Rich Gaylord, Downers Gr. IL 18' 10 1/4
 2. Dennis Carr, St. Charles IL 18' 3"
 3. Tom Bever 16' 3 3/4"

S2

1. Brian Murphy * 20' 4 3/4
 2. Tom Allen Western Spgs, IL 16' 3 3/4"

DISCUS

S1

1. John Hess 96' 8"
 2. Jim Hess 76' 2"

S2

1. Brian Murphy 120' 9"
 2. George Doss 102' 3"
 3. Carl Klehn 98' 11"

Remaining eve

Please make n

10K-XC event

to Michigan C

10:00 Saturda

see flyer att

Handicap Ten.

Contact Hal H

46360 (219)

1978 - REMAIN

Please make n

10K-XC event

to Michigan C

10:00 Saturda

see flyer att

Handicap Ten.

Contact Hal H

46360 (219)

7th annual AAU Eastern Masters Indoor Track & Field Championships

NO POST ENTRIES

Saturday, Feb. 10, 1979 - 9 a.m.
Sponsored by Syracuse Chargers
and Syracuse University

NO POST ENTRIES

For Men & Women—AAU Sanctioned

LOCATION: Manley Field House,
Syracuse University.

ENTRIES CLOSE FEB. 3, 1979

DIRECTIONS: From the east or west- Exit Thruway at Exit 36 and go south on Route 81 to Brighton Avenue exit; then see map. From the north or south- Exit Route 81 at Brighton Avenue and see map below.

DIVISIONS: Five year divisions for men and women, 40-89 years of age.

SPECIAL EVENTS: Submasters, men and women, two divisions 30-34 and 35-39, all events except relays. The submasters events are not championship.

PRIZES: AAU Regional medals for the first three in each event plus a championship patch to the winners. Medals for the first three places to the sub-masters.

TEAM PRIZES: Trophies for the winning teams, men and women combined, in Div. 1 (40-49) and Div. 2 (50-59) and Div. 3,4,5 combined (60+). Relays score in Div. 1 only.

SCORING: Scoring for first 5 in each event (5,4,3,2,1). Each 5 year group within each division will be scored separately and scores added together for the division prize.

RELAYS: Only members of the same club, 40 and over, may compete in the relays. Teams may be declared any time before the start of the race. Entry fee \$10.00 per relay team.

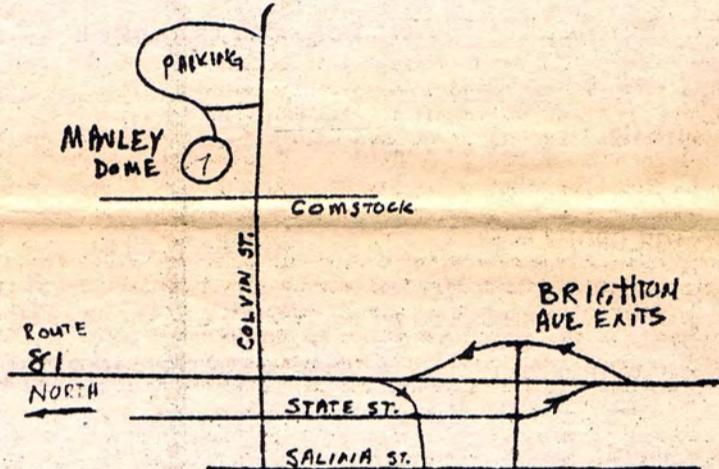
FACILITIES: Limited locker facilities for both men and women. You will be able to change and shower but you will not have an individual locker.

TRACK: A 200m. flat Tartan track. No spikes are needed but pin spikes are permitted.

AAU REGIST: All competitors must be AAU registered.

SCHEDULE OF EVENTS: Meet Director will combine sections to obtain adequate fields, with separate prizes.

9:00	50 yard dash, shot, long jump.	12:00	1000 yd run
9:15	120 yard hurdles	12:30	300 yd dash
10:00	Mile run	1:00	2 mile run
10:45	600 yd run	2:00	1 mile relay
11:30	2 mile walk, high jump, pole vault	2:30	2 mile relay



THE SHOT PUT AND WEIGHT THROW will be held at Southern Conn. State College. Send a self-addressed stamped envelope to Irv Black, 51 Roslyn Drive, New Britain, Conn. 06053 for all information.

A Dutch Treat Buffet will be available after the Meet.

ABSOLUTELY NO POST ENTRIES, EXCEPT RELAY TEAMS MAY BE FORMED AT THE MEET. Entries close Feb. 3, 1979. \$3.00 per event, \$10.00 per relay team. Send check payable to Syracuse Chargers, c/o E. Stabler, 111 Link Hall, Syracuse University, Syracuse, N.Y.

ENTRANCE FORM:

NAME _____ AGE _____ SEX _____ AAU NO. _____

CLUB _____ EVENTS _____

ADDRESS _____ PHONE NO. _____

RELEASE:

I hereby waive any claim I, or my heirs, may have against the AAU, Syracuse University or the Syracuse Chargers for any claims or injuries sustained by me in participating in the Seventh Annual Masters Track and Field Championships.

SIGNATURE _____ DATE _____

2nd annual Home Savings Pan-American Masters

Track & Field Championships Aug. 19-20

**5,000 METER WALK
MEN**
AGE GROUP 30-34

1. Ed Gouldin (30) 23:00
-
2. Ray Parker (32) 25:07
-
3. Roger Brandwyn 28:57

AGE GROUP 35-39

1. Dale Sutton (38) 24:00
-
2. Paul Hendricks (35) 25:05
-
3. Mike Roark

AGE GROUP 40-44

1. Bill Ranney (43) 23:07
-
2. Ray Fitzhugh (43)
-
3. Earl Pearson (40)

AGE GROUP 45-49

1. Dick Schacknies 30:48

AGE GROUP 50-54

1. John Allen (52) 24:41
-
2. Justin Gershuny (51) 28:43
-
3. Harry Sitonen (52) 29:58

AGE GROUP 55-59

1. Art Smith (57) 29:04
-
2. Bernard Winn (57) 29:19
-
3. John Kelley (56)

AGE GROUP 60-64

1. John Garcia (60) 30:05
-
2. Bob Long (60)

AGE GROUP 65-69

1. Gordon Wallace (68) 29:46
-
2. Mickey Blakesley (66)
-
3. John Hanna (69) 30:27

AGE GROUP 70-74

1. Chesley Unruh (71)

WOMEN

1. Lori Maynard (42) 27:02
-
2. Vicki Jones (33) 28:10
-
3. Dilia Espinoza (30)

**10,000 METER RUN
MEN**

- AGE GROUP 30-34**
-
1. Gene Veenhuis (34) 36:27.0
-
2. Richard Van Berckelaer (30) 38:06.0
-
3. Steve Shull (33) 44:50.0

AGE GROUP 35-39

1. Antonio Villaneuva (38) 30:53.3
-
2. Frank Duarte (36) 32:43.2

AGE GROUP 40-44

1. Miguel Ruiz (40) 35:13.2
-
2. Robert Welick (40) 36:06.6
-
3. Salvador Pelaez (44) 37:35.0

AGE GROUP 45-49

1. Eugene Lynch (45) 36:50.0
-
2. Luis Guzman (47) 43:57.0

AGE GROUP 50-54

1. Pete Mundie (50) 34:09.8
-
2. Luis Torres (50) 36:24.8
-
3. Norm Luman (50) 39:08.2
-
4. Tommy Hodges (51) 40:15.3

AGE GROUP 55-59

1. Harold Daughters (57) 38:52.2

AGE GROUP 60-64

1. Francisco Morales (63) 40:31.5
-
2. Joe Carey (60) 42:06.0

AGE GROUP 65-69

1. John Montoya (66) 44:14.0
-
2. Joseph Goodman (66) 49:34.0

AGE GROUP 70+

1. Luis Rivera (76) 45:10.0WR
-
2. Paul Spangler (79) 48:19.0
-
3. Lou Gregory (76) 60:46.6

WOMEN**AGE GROUP 30-39**

1. Joanne Gunther (35) 47:55.0

AGE GROUP 40-49

1. Yvonne Livett (41) 45:20.0

2. Jessie Smith (47) 46:28.0

400 METER RELAY**AGE GROUP 30-39**

1. SCS (Summer) 42.7

2. Spikes 43.6

3. Parker Striders 44.6

4. Pueblo Whitney Striders 45.2

AGE GROUP 40-49

1. Corona Del Mar Club 44.1

2. SCS 45.4

3. Sanchez Striders 49.6

4. Venezuela 54.5

AGE GROUP 50-59

1. Seniors Track Club 55.1

**800 METER RUN
MEN****AGE GROUP 30-39**

1. Steve Waggener (33) 1:57.9

2. Ricardo Ortega (30) 2:01.3

3. Allan Lichtman (37) 2:03.0

AGE GROUP 35-39

1. Mario Perez (39) 2:01.4

2. Peter Sinclair (38) 2:12.5

3. Bernard Spector (36) 2:15.6

AGE GROUP 40-44

1. William Mayer (41) 2:05.0

2. Mel Elliott (40) 2:07.1

3. Steve Webb (40) 2:10.8

AGE GROUP 45-49

1. Ken Napier (46) 2:07.3

2. Billy Gacke (46) 2:08.5

3. Sergio Cruz (46) 2:09.0

AGE GROUP 50-54

1. D. Smith (52) 2:05.6 WR

2. Bob Sieben (52) 2:08.7

3. Don Jackson (51) 2:13.6

AGE GROUP 55-59

1. Mauro Hernandez (56) 2:19.7

2. David Lewis (56) 2:45.0

3. Harold Daughters (57) NT

AGE GROUP 60-64

1. George Poloinis (61) 2:33.0

2. Ed Stotsenberg (64) 2:38.6

3. Robert Long (60) 2:55.6

AGE GROUP 65-69

1. Joseph Goodman (66) 3:19.6

AGE GROUP 70+

1. Sidney Madden (70) 2:50.8

2. Lou Gregory (76) 3:17.9

3. Paul Spangler (79) 3:18.0

WOMEN**AGE GROUP 30-39**

1. Miki Hervey (36) 2:37.8

2. Deborah Jameson (30) 2:45.9

AGE GROUP 40-44

1. Almeta Parish (41) 2:53.8WR

2. Jessie Smith (47) 3:17.2

AGE GROUP 50-59

1. Marjorie Parish (50) NT

**110 METER HURDLES
MEN****AGE GROUP 30-34**

1. Frank Reilly (30) 15.4

2. Alan Rigby (30) 15.5

3. Harold Rush (33) 15.9

AGE GROUP 35-39

1. Walt Butler (37) 13.9WR

2. Larry Sallinger (35) 14.5

3. John Dobroth (37) 15.0

AGE GROUP 40-44

1. Al Henry (40) 15.0

2. Hal Smith (42) 16.1

3. Jerry Bolden (44) 18.6

AGE GROUP 45-49

1. Marion Sanchez (46) 17.1

2. Fred Gallardo (47) 17.8

3. Bill Adler (45) 18.1

AGE GROUP 50-54

1. Jack Greenwood (52) 14.7WR

2. Albert Brenda (50) 18.8

AGE GROUP 55-59

1. Pete Fetter (57) 19.8

2. Chuck Mc Fate (56) 20.8

3. Bill Burke (59) 23.9

AGE GROUP 60-64

1. Clarence Killion (60) 21.0

2. William Morales (61) 21.0

3. Bob Long (60) 25.4

AGE GROUP 65-69

1. Chester Beach (66) 18.9 WR

2. Arthur Vesco (66) 22.8

3. Claude Hills (66) 22.8

WOMEN**AGE GROUP 30-39**

1. Dilia Espinoza (30) 21.1

2. Doris Espinoza (30) NT

BUSINESSMAN'S 60YD DASH**MEN****Harris Zeff**

- 8.3

Dan Hanes

- 8.4

Simon Marty

- 9.2

Walt Von Gremp

- 9.4

**400 METER DASH
MEN****AGE GROUP 30-34**

1. Matthew Pruitt (33) 49.5

2. Richard Harris (31) 49.5

3. Frank Reilly (30) 51.2

AGE GROUP 35-39

1. Abelardo Lopez (37) 54.7

2. Doug Smith (39) 55.0

3. H. Lewis Smith (39) 58.2

continued

3. Bill Burke (59) 101'9"

AGE GROUP 60-64
 1. Daniel Aldrich (60) 168'6"
 2. Jack Thatcher (62) 131'4"
 3. Jerry Siefert (60) 120'9"

AGE GROUP 65-69
 1. Earl Archer (66) 108'3"
 2. Claude Hills (66) 106'7"
 3. Arthur Vesco (66) 93'5"

AGE GROUP 70+
 1. Red Doms (71) 119'11"
 2. Bob Mac Conaghy (70) 103'10"
 3. Eaw De Groot (71) 102' 9"

WOMEN

AGE GROUP 30-39
 1. Sherrie Sherrard (39)
 92'3"
 2. Doris Espinoza (30) 76'7"
 3. Dilia Espinoza (30) 60'6"

AGE GROUP 40-49
 1. Chris Miller (43) 74'5" WR
 2. Shirley Kinsey (49) 72'11"
 3. Ursula Schreiber (40)
 68'9"

POLE VAULT
MEN

AGE GROUP 30-34
 1. Warren Wilke (30) 14'6"
 2. Frank Reilly (30) 11'0"

AGE GROUP 35-39
 1. Josh Johnson (38) 8'0"

AGE GROUP 40-44
 1. Gary Bone (40) 10'6"
 2. Hal Smith (42) 10'6"
 3. Ray Fitzhugh (43) 10'0"

AGE GROUP 45-49
 1. Mix Wong (45) 11'0"
 2. Fred Gallardo (47) 10'0"
 3. Ron De Voe (47) 8'6"

AGE GROUP 50-54
 1. Donald Grosh (53) 10'0"
 2. Albert Brenda (50) 10'6"

AGE GROUP 55-59
 1. David Brown (55) 10'6"
 2. Vernon Wolfe (56) 10'6"
 3. Orval Gellett (59) 9'0"

AGE GROUP 60-64
 1. Jim Vernon (61) 11'0"

AGE GROUP 65-69
 1. Claude Hills (66) 7'0"

AGE GROUP 70+
 1. Bob Mac Conaghy (70) 8'0" WR

SHOT PUT
MEN

AGE GROUP 30-34
 1. Frank Reilly (30) 49'9"

AGE GROUP 35-39
 1. Eaw Kohler (38) 48'10 1/2"
 2. Peter Sinclair (38) 33'6"
 3. Josh Johnson (38) 22'6"

AGE GROUP 40-44
 1. Phil Brady (44) 41'7 1/2"
 2. Jim Hart (41) 43'2"
 3. Hal Smith (42) 41'6 3/4"

AGE GROUP 45-49
 1. Ted Wassam (46) 40'5 1/2"
 2. Harry Hawke (49) 39'8 1/2"
 3. Leon Frankamp (45) 33'1 1/2"

AGE GROUP 50-54
 1. Paul Evans (52) 35'11"
 2. Emson Grimm (52) 21'9"
 3. Harry Siftonen (52) 19'5"

AGE GROUP 55-59
 1. George Ker (55) 48'8 1/2"
 2. Robert Stone (58) 35'4 1/2"
 3. Pete Fetter (57) 33'11 1/2"

AGE GROUP 60-64
 1. Charles Slagle (61) 47'4 1/2"
 2. Jack Thatcher (62) 40'7"
 3. Daniel Aldrich (60) 46'5"

AGE GROUP 65-69
 1. Earl Archer (66) 34'10 1/2"
 2. Art Vesco (67) 34'5"
 3. Mickey Blakesley (66) 29'9 1/2"

AGE GROUP 70 and over
 1. Red Doms (71) 37'9"
 2. Bob Mac Conaghy (70) 36'7 1/2"
 3. Stan Herrmann (74) 35'6 1/2"

WOMEN

AGE GROUP 30-39
 1. Dilia Espinoza (30) 29'6"

2. Doris Espinoza (30) 23'11"
 3. Sherrie Sherrard (39)
 34'11"

AGE GROUP 40-49
 1. Chris Miller (43) 26'9" WR
 2. Ursula Schreiber (40) 24'6"
 3. Shirley Kinsey (49) 22'1"

LONG JUMP
MEN

AGE GROUP 30-34
 1. Lester Bond (34) 23'1"
 2. Alan Rigby (30) 21'0"
 3. Frank Reilly (30) 20'4 1/2"

AGE GROUP 35-39
 1. Juan Fernandez (39) 17'5 1/2"
 2. Josh Johnson (38) 15'4 1/2"

AGE GROUP 40-44
 1. Tom Chilton (41) 21'8 3/4"
 2. Kermit Walker (42) 21'1 1/2"
 3. Al Henry (40) 19'11 3/4"

AGE GROUP 45-49
 1. Dave Jackson (46) 20'2"
 2. Shirley Davison (48) 20'0"
 3. Phil Schlegel (48) 18'6 1/2"

AGE GROUP 50-54
 1. Albert Brenda (50) 17'5 1/4"

AGE GROUP 55-59
 1. Raymond Spencer (55)
 17'6 1/2"
 2. James Johnson (56) 17'7 1/2"
 3. Peter Fetter (57) 16'2 1/2"

AGE GROUP 60-64
 1. Bil Morales (61) 15'10 3/4"
 2. George Poloynis (61) 12'9 1/2"
 3. Bob Long (60) 10'3 3/4"

AGE GROUP 65-69
 1. Claude Hills (66) 14'0 1/2"
 2. Joe Caruso (68) 13'4 1/2"
 3. Art Vesco (67) 11'9 3/4"

AGE GROUP 70 plus
 1. Winfield McFadden (73)
 12'9 3/4" WR

2. Homer Van Gelder (74)
 11'6 3/4"
 3. Red Doms (71) 9'5"

WOMEN

AGE GROUP 30-39
 1. Cherrie Sherrard (39) 15'0 1/4"
 2. Dilia Espinoza (30) 12'8"
 3. Doris Espinoza (30) 7'6 1/2"

AGE GROUP 40-49
 1. Chris Miller (43) 13'5"

20Km WALK
MEN

AGE GROUP 30-34
 1. Ed Bouldin (30) 1:41:07
 2. Roger Brandy 1:58:42
 3. Terry Mathews 2:05:19
 4. Jerry Herman (33) 2:15:47

AGE GROUP 35-39
 1. Paul Hendricks (35) 1:46:18
 2. Dale Sutton (38) 1:49:24
 3. #146 2:14:37

AGE GROUP 40-44
 1. Bill Ranney (43) 1:38:1
 2. #454 2:18:29

AGE GROUP 50-54
 1. John Allen (51) 1:43:28
 2. Harry Siftonen (52) 2:12:38
 3. #530 2:38:36

AGE GROUP 55-59
 1. Arthur Smith (57) 2:09:05
 2. Roger Anawalt (58) 2Z:47:05

AGE GROUP 60-64
 1. #661 2:30:54

AGE GROUP 65-69
 1. Gordon Wallace (68) 2:15:50
 2. John Hanna (69) 2:17:47
 3. Mickey Blakesley (66) 2:19:28

AGE GROUP 70 plus
 1. Chesley Unruh (71) 2:34:40

WOMEN

AGE GROUP 30-39
 1. Vicki Jones (33) 2:09:12
 2. Cathy Keller (30) 2:16:23

AGE GROUP 40-49
 1. Lori Maynard (42) 2:01:47

5,000 METER RUN
MEN

AGE GROUP 35-39
 1. Antonio Villanueva (38)
 14:30:1
 2. Mario Perez (39) 14:40:1
 3. Frank Duarte (36) 15:32:1

AGE GROUP 40-44
 1. John Brennan (42) 15:46:3
 2. Robert Wellck (40) 16:06:8
 3. Miguel Ruiz (40) 17:01:0

AGE GROUP 45-49
 1. Jerry Smartt (46) 17:16:4
 2. Gene Lynch (45) 17:31:0
 3. John Harper (45) 19:21:1

AGE GROUP 50-54
 1. Pete Mundie (50) 16:27:0
 2. Luis Torres (50) 10:00:5
 3. Tommy Hodges (51) 19:16:4
 4. Howard King (53) 19:31:5

AGE GROUP 55-59
 1. Harold Daughters (57) 19:05:3

AGE GROUP 60-64
 1. Francisco Solano (63) 19:30:0
 2. Bob Izquierdo NT

AGE GROUP 65-69
 1. John Montoya (66) NT
 2. Joseph Goodman (66) NT

AGE GROUP 70
 1. Luis Rivera (76) NT
 2. Paul Spangler (79) NT

WOMEN

AGE GROUP 30-39
 1. Joanne Gunther (35) NT
 2. Miki Hervey (36) NT

AGE GROUP 40-49
 1. An Maria Morales (44) NT
 2. Jeanne Smith (47) NT

400 METERS INTERMEDIATE HURDLES
MEN

AGE GROUP 30-34
 1. Frank Reilly (30) 57.4
 2. Harold Rush (33) 60.4

AGE GROUP 35-39
 1. Larry Sallinger (35) 58.6

AGE GROUP 40-44
 1. Gary Miller (40) 59.6 AR
 2. Hal Smith (42) 72.9

AGE GROUP 45-49
 1. Marion Sanchez (46) 62.5
 2. Al Sheahan (46) 63.3
 3. Tony Nasralia (46) 64.2

AGE GROUP 50-54
 1. Jack Greenwood (52) 58.9 AR
 2. Dean Smith (52) 65.2
 3. Antonio Espinoza (53) 87.5

AGE GROUP 55-59
 1. Paul Ganahl (62) 75.1

AGE GROUP 65-69
 1. Claude Hills (66) 85.3

MEN

200 METER DASH
MEN

AGE GROUP 30-34
 1. Ruben Whitney (33) 21.6
 2. Hilliard Sumner (32) 22.1
 3. Paul Duncan (34) 22.5

AGE GROUP 35-39
 1. Walt Butler (37) 22.5
 2. Bob Stanford (37) 22.9
 3. Doug Smith (39) 24.0

AGE GROUP 40-44
 1. Ken Dennis (41) 22.6
 2. Gary Miller (40) 23.0
 3. Nick Newton (44) 23.4

AGE GROUP 45-49
 1. Marion Sanchez (46) 24.4
 2. Jose Tenreiro (48) 24.4
 3. Tony Nasralia (46) 24.6

AGE GROUP 50-54
 1. Jack Greenwood (52) 23.9 WR(T)
 2. Bob Sieben (52) 24.9
 3. Bob Watanabe (52) 25.3

AGE GROUP 55-59
 1. Max Goldsmith (55) 26.5
 2. Peter Fetter (52) 27.2
 3. Bryon Walls (59) 30.7

AGE GROUP 60-64

1. Bill Morales (61) 28.7
 2. Leon Marin (62) 28.8
 3. George Poloynis (61) 29.8

AGE GROUP 65-69

1. Pritof Sjostrand (65) 28.9
 2. Joseph Goodman (66) 36.2

AGE GROUP 70+

1. Paul Spangler (79) 44.1

WOMEN

AGE GROUP 30-39

1. Cherrie Sherrard (39) 27.8
 2. Dilia Espinoza (30) 31.6
 3. Doris Espinoza (30) 37.4

AGE GROUP 40-49

1. Almeta Parish (41) 28.6
 2. Chris Miller (43) 29.0
 3. Shirley Kinsey (40) 33.2

AGE GROUP 60+

1. Josephine Kolda

continued

**1600 METER RELAY
MEN**

AGE GROUP 30-39
1. SCS (Little, Sinclair, Lee, Sumner) 3:32.5

AGE GROUP 40-49
1. Corona Del Mar (Dennis, Knox, Henry, Miller) 3:38.6

**HAMMER THROW
MEN**

AGE GROUP 35-39
1. Ed Kohler (38) 98'8"

AGE GROUP 40-44
1. Gordon Bobell (42) 143'3"
2. Jas. Hanley (43) 128'4"
3. Jas. Hart (41) 116'4"

AGE GROUP 45-49
1. Dave Douglas (46) 104'5"
2. Jerry Wojcik (48) 79'1"

AGE GROUP 50-54
1. Paul Evans (52) 98'5"
2. Emson Grimm (52) 56'1"

AGE GROUP 55-59
1. Thomas DeVaughn (55) 114'11"
2. Bob Stone (58) 102'8"
3. Bill Burke (59) 81'3"

AGE GROUP 60-64
1. Daniel Aldrich (60) 110'7"
2. Charles McMahon (63) 104'11"
3. Tom Montgomery 102'4"

AGE GROUP 65-69
1. Arthur Vesco (66) 89'0"
2. Earl Archer (66) 84'7"

AGE GROUP 70+
1. Stan Herrmann (74) 88'11"WR

**HIGH JUMP
MEN**

AGE GROUP 30-34
1. Charlie Rader (30) 5'10"

AGE GROUP 35-39
1. Jim Brown (39) 6'2"AR
2. John Dobroth (37) 6'0"

AGE GROUP 40-44
1. Nick Newton (44) 5'10"WR(T)
2. Kermit Wharler 5'8"
3. Phil Conley 5'2"

AGE GROUP 45-49
1. Hern Wyatt 5'8"
2. Ed Austin 5'8"
3. Marion Sanchez 5'6"

AGE GROUP 50-54
1. Don Kardof 5'4"
2. Delaine Wagner 4'6"

AGE GROUP 55-59
1. Foval Gillett (59) 4'10"WR(T)
2. Dave Brown (55) 4'6"
3. Chuck Mc Fate (56) 4'6"

AGE GROUP 60-64
1. Jim Vernon 4'6"
2. Bill Morales 4'6"
3. Paul Ganahl 4'2"

AGE GROUP 65-69
1. Chester Beach 4'4"
2. Claude Hills 4'2"
3. Arthur Vesco 3'8"

AGE GROUP 70+
1. Winfield Mc Fadden (73) 3'10"
2. Homer Van Gelder (74) 3'6"

WOMEN

AGE GROUP 30-39
1. Cherry Sherrard (39) 4'4"

AGE GROUP 40-49
1. Chris Miller (43) 4'0"WR

**JAVELIN
MEN**

AGE GROUP 30-34
1. Warren Wilke (30) 198'7"
2. Frank Reilly (30) 180'6"

AGE GROUP 40-44
1. Larry Stuart (40) 238'0"AR
2. Phil Conley (44) 192'3"
3. Rich Millis (41) 182'5"

AGE GROUP 45-49
1. Ralph Sutton (47) 161'6"AR
2. Jas Devilbiss (47) 127'10"
3. Jerry Wojcik (48) 124'3"

AGE GROUP 50-54

1. Paul Evans (52) 75'9"
2. Emson Grimm (52) 49'5"
3. Harry Saitonen (52) 32'4"

AGE GROUP 55-59

1. Peter Fetter (57) 147'2"
2. Les Silver (57) 136'0"
3. Robert Stone (58) 119'2"

AGE GROUP 60-64

1. Bill Morales (61) 162'10"WR
2. Daniel Aldrich (60) 144'1"
3. Jerry Siebert (60) 135'11"

AGE GROUP 65-69

1. Claude Hills (66) 105'3"
2. Earl Archer (66) 100'8"
3. Arthur Vesco (66) 82'6"

AGE GROUP 70+

1. Bob Mac Conagh (70) 117'7"
2. Eaw De Groot (71) 97'2"
3. Winfield Mc Fadden (73) 76'5"

WOMEN

AGE GROUP 30-39

1. Doris Espinoza (30) 60'7"

2. Dilia Espinoza (30) 55'9"
3. Catie Burke (39) 37'9"

AGE GROUP 40-49

1. Chris Miller (44) 100'2"WR
2. Shirley Kinsey (49) 65'1"
3. Ursula Schreiber (46) 57'1"

**TRIPLE JUMP
MEN**

1. Frank Reilly (30) 41'7"
2. Harold Rush (33) 38'5"

AGE GROUP 40-44

1. Kermit Warler 40'5"
2. Phil Conley (44) 35'0"

AGE GROUP 45-49

1. Dave Jackson (46) 38'9"
2. Max Wong (46) 36'7 3/4"
3. Tony Nasralla (46) 35'9"

AGE GROUP 50-54

1. Harry Saitonen (52) 14'8"

AGE GROUP 55-59

1. Raymond Spencer (55) 35'1"
2. David Brown (55) 35'0"
3. Jim Johnson (56) 32'7"

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AGE GROUP 60-64

1. George Polynis (61) 28'11"
2. Bill Moralis (61) 28'9"
3. Bob Long (60) 24'10"

AGE GROUP 65-69

1. Claude Hills (66) 27'11"
2. Joe Caruso (68) 26'6"
3. Arturo Vesco (66) 22'8"

AGE GROUP 70+

1. Bill Mc Fadden (73) 27'8 3/4"WR
2. Homer Van Gelder (74) 25'8 3/4"

WOMEN

AGE GROUP 40-49

1. Shirley Davisson (48) 35'4"
2. Chris Miller (43) 27'11"

*Participated in younger age division. Does not score for purposes of medals.

WR—World Record
AR—American Record
T—Tied

**MASTERS SPORTS ASSOC. 1978
CROSS COUNTRY CHAMPIONSHIP
OCT. 29, 1978 50° clear & windy**

() = overall place

Sub-Masters 30-34 age time

Paganelli, A (2) 31 38:16.7

Blanco, B (4) 30 38:32.7

Hart, W (9) 30 40:03.0

Indek, W (10) 31 40:26.5

Bower, W (11) 34 40:35.0

Moore, R (28) 31 46:28.3

Stolbern, M (29) 33 46:58.7

Totten, G (32) 31 49:01.8

Malone, J (36) 30 53:32.3

Sub-Masters 35-39

Miller, G (3) 37 38:27.6

Sadowsky, S (6) 38 39:33.8

Shane, G (12) 39 41:04.7

Miller, K (23) 37 44:19.5

Sexton, J (25) 39 45.11.9

Wynne, M (30) 36 47.13.7

Division 1A 40-44

Moore, O (1) 40 33.48.5 (record)

Fitzpatrick, K (5) 43 39:20.0

Kennedy, C (7) 40 39:41.9

Stern, L (8) 44 39:59.8

Niemand, A (14) 44 41:15.3

Rizzo, R (17) 41 41:50.0

Geary, W (20) 40 42:21.1

Jones, T (21) 42 43:20.4

Small, E (24) 40 45:06.1

Pauling, C (31) 44 47:15.7

Tucker, R (37) 41 53:54.6

Division 1B 45-49

McCarthy, W (12) 46 40:37.5

Kijak, A (16) 48 41:45.2

Talbott, T (22) 46 43:50.8

Griffendorf, H (40) 48 54:05.7

Isaacs, S (46) 46 60:19.1

Division 2A 50-54

Alley, R (15) 51 41:36.9 (record)

Burrow, T (18) 51 42:09.4

Brown, K (19) 51 42:17.9

Simonti, J (27) 50 45:57.8

Simon, A (33) 54 49:11.0

Cleary, E (35) 51 51:56.7

Sopher, M (43) 50 55:12.6

Bradley, A (44) 52 55:27.4

Gilliam, C (49) 51 61:53.1

Lentzer, M (50) 51 64:14.1

Division 2B 55-59

Lunsford, C (26) 55 45:25.7

SEVENTH ANNUAL

10 Kilometers

Valentine, R (39) 55 54:02.4

Bode, A (43) 58 60:25.0

Division 3 60-69

Westerholm, W (34) 64 49:40.5 (record)

Burke, F (42) 60 54:01.9

Mullikan, R (48) 62 60:54.9

Division 4 70-79

McArdle, H (45) 72 59:37.1 (record)

Women

Sub-Masters 30-39

DiRienzo, T (41) 31 54:07.2

Division 1 40-49

McArdle, T

8 indoor meets scheduled by Masters Sports Association

The Masters Sports Association has scheduled eight indoor development meets in the next three months—on Dec. 1, 15, 19, Jan. 3, 20 and 27 and Feb. 3 and 17.

It is stressed that these are low-key development meets. All competitors are required to bring stop watches and assist in officiating events in which they are not competing. The events will be run on flat wooden floors with no spikes permitted. The meets will start on time. The first five will be held in conjunction with AAU meets.

In the schedule listings below (s) indicates scratch, (h) handicap, (a) age grading and (p) prediction.

There will be 10-year age groups for men and women, with medals to the first three in each group.

Five predicted time awards will be made.

Women will have 22 years added to their ages for purposes of computation since there are no tables for women.

The first four meets will be held at the 168th Street Armory starting at 6 p.m. as follows:

Friday, Dec. 1, 50, 600, 1 mile, all (s).

Friday, Dec. 15, 60, 440, 2 miles, all (a).

Friday, Dec. 29, 50, 300, 3/4 mile, all (s).

Wed., Jan. 3, 60-yd., 880, 2 miles, all (a).

Wed., Jan. 20, 9 a.m., Queens College, 50 (s), 880 (h), 1½ miles (p).

Sat., Jan. 27, 9 a.m., 369th St. Armory, 100 (s), 440 (a) and 2 mi. (a).

Sat., Feb. 3, 9 a.m., 369th St. Armory, 60, 300 and 3/4 mi., all (s).

Sat., Feb. 17, 9 a.m., Queens College, 50 (s), 880 (h) and 1 mile (h).

Note: the AAU meet director advised that the following schedule will be followed for the starting times of the individual events in the first three meets, as follows:

Dec. 1, 50-yd., 6:50 p.m., 600, 7:10, and 1 mile, 7:40.

Dec. 15: 60-yd., 7:05; 440, 7:25, and 2 miles, 8.

Dec. 29: 50-yd., 7:25; 3/4 mi., 7:50 and 300, 8:25.

A note on the National AAU Masters Track and Field Rankings for 1978:

Not enough results were submitted for National Rankings to be compiled for 1977. All those who paid for 1977 will be credited for 1978. To cover administrative costs the charge is 50 cents per ranking. Rankings will be made in

the following events: 100yd-100 meter; 220 yd.-200 meter; 440 yd.-400 meter hurdles; long jump, triple jump, shot put, discus, hammer, javelin, high jump, pole vault. Please indicate height of hurdles and weight of implement.

Make check payable to Geza Feld, 33 Center Drive, Syosset, N.Y. 11791.

NAME _____	ADDRESS _____	ZIP _____
AAU# _____	CLUB _____	BIRTHDAY _____
EVENT _____	PERFORMANCE _____	AGE _____
MEET PERFORMED IN		HURDLE HEIGHT IMPLEMENT WEIGHT

All women runners and race-walkers in the 40-plus and 30-39 age groups are urged to check to see whether their performances merit mention in the Masters Age Record Book.

"Don't hesitate to send in marks if you have any doubts or questions, since we are just beginning and we appreciate all information," says Katharine Brieger, who is collecting data on the masters women's marks. Her address is 1211 Grizzly Peak Blvd., Berkeley, Calif. 94708.

For the 30-39 submasters group, send data to Miriam Gerard, 1350 Phyllis Ave., Mountain View, Calif. 94040.

For race walk marks send to Lorna Maynard, 2821 Kensington Rd., Redwood City, Calif. 94061.

News Note

The National AAU Masters 1979 Indoor Championships will be held either March 17 or 18, 1979, at the University of Michigan, Ann Arbor.

Send a self-addressed stamped envelope to Christy Summerfield, Ann Arbor Track Club, 2606 Traver Blvd., Ann Arbor, Mi. 48105 for all information and entry forms.

Holiday Weight Pentathlon

Entry Blank

Entry Fee \$6

DISCUS—SHOT—JAVELIN— HAMMER—WEIGHT THROW

Saturday, Dec. 30
Starting 10 a.m.
University of Florida

5-year Age Groups

Medallions to all who compete in
all 5 events Gold Silver Bronze

Mail entries promptly to:
Roy T. Benson
University of Florida
P.O. Box 14485
Gainesville, Fla. 32604

AAU Number _____

Name _____
Street _____ City _____ Zip _____

Birth Date _____
Zip _____

1979 renewal notice to all Masters Sports Assoc. members

Our Association continues to be the largest Masters group in the world. We have continued to sponsor local, regional and national meets. This year, we're

it not for the MSA there would have been no Eastern Regional Indoor or Outdoor Meets. Track and Field News was considering dropping the Age-

SUBSCRIPTION: RUNNER'S WORLD (\$12.00)	_____
TRACK & FIELD NEWS (\$11.00)	_____
RUNNING TIMES (\$12.00)	_____
MSA EMBLEM (\$3.50)	_____
MSA T-SHIRT (\$3.50)	Size: small _____ medium _____
MEMBERSHIP: DUES (\$6.00)	large _____
SPONSOR (\$25)	DONATION: \$ _____

Make checks payable to:
MASTERS SPORTS ASSOCIATION
Mail to JOHN POPOWICH, 24-11 23rd
Ave., Astoria, N.Y. 11105

Name _____	
Address _____	
City _____	State _____
Zip _____	
PHONE _____	BIRTHDAY _____
SIGNATURE _____	