

Masters Newsletter



EDITOR'S DESK

September, 1977

It has been a long time since the last Newsletter. It was our intention to get one out at the beginning of the summer, however we waited for the results of first one meet, then another. After that, we went on vacation and had good intentions upon our return. Then we were asked to wait until the entry forms for the cross country meets were ready. Now there is the situation of the results from Sweden, but we are going to proceed without them. They will be sent out when available.

Running under top flight conditions, fifty meet records and two world age-group records were set by the 109 athletes competing in the Sixth Annual Masters Sports Association Championships held at Randall's Island, New York.

"Boo" Morcum set a World Age-Group Record for 56 year olds by leaping 18 feet 3 1/4 inches in the long jump. He also won the hurdles and all the other field events. Conrad Boas of the New York Pioneer Club, the oldest competitor in the meet, set a World's Age-Group Record in the 100 yard dash for age 73. He ran 13.7.

Werner Tersago was the iron man among the runners. He won the six mile, then the mile in 4:40.8; he was second in the half in 2:14.0, and finished the day by winning the three mile in 16:23.0. Werner is 41.

Dennis Dyce of the Pioneers won the 100 in the 30-34 year old division in the meet record 10.8, the 220 in another meet record 22.4, and the 440 in 50.5. Rudy Valentine, 53, of the Pioneers also won the three sprints in 11.2 (meet record); 26.6, and 57.7.

Herb Cantor of the Pioneers, in the 50-54 year old division, won the javelin with 123 feet, the shot in 39'7" and the discus in 117'2". Ian Hume of Canada, in the 60-64 group won the high jump with 4'9", the javelin in a meet record 128'11", the long jump in 14'8 3/4" (another meet record). He was third in the shot put and second in the discus.

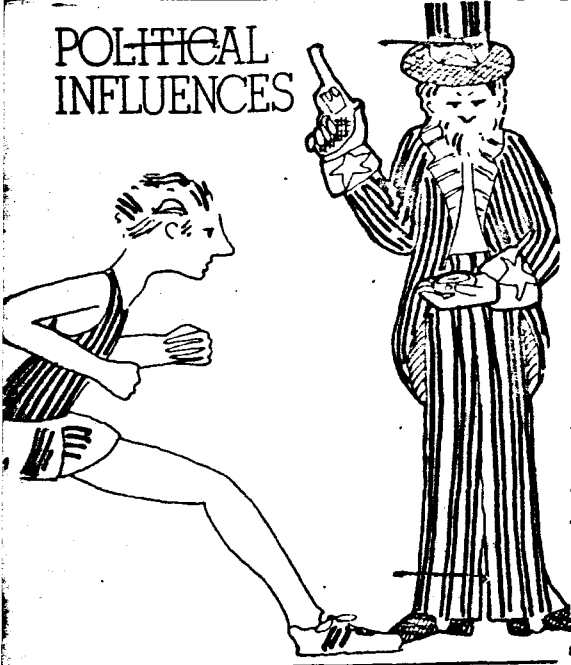
Ruben Diaz travelled from Puerto Rico to win the 100 yard dash by one-hundredth of a second in 10.63 for the 40-44 year olds, plus a second in the 220 in 24.2. See complete results further on.

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Received a few comments on our editorial on South Africa. Herewith are some of the quotes:
to the Editor,

I joined the Masters Sports Association because I'm interested in running, jogging and racing. I was led to believe that the organization was interested in the same. No one said anything about politics. I opened my newsletter to find a political editorial this month. By what right do you use my money to distribute your opinion? I read the newspaper to get news and opinions. I join political organizations in which I believe. I run to escape the news, politics, worries

POLITICAL INFLUENCES



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and problems, etc. of the day. The little time I spend on running activities is precious to me and I do not care to have it polluted by extraneous matters. I hope that this is the last of opinion or information irrelevant to running to be contained in MSA newsletters. If not, don't send me any more. I am not interested in assisting the editor to tell his political opinions to other runners.

Lee Neuwirth
Princeton, N J.

To the Editor,

As a member of MSA, I commend your analysis of the South African situation and do keep it up. I think your newsletter was right on!

Phil Shinnick
Highland Pk., N. J.

To the Editor,

I totally disagree with your analysis of the South Africa situation. Of course conditions there are intolerable and inhumane. But it is naive to believe that barring a few athletes from a track meet is going to have any effect on their internal racial policies. Masters athletes have traditionally welcomed ANYONE who wished to compete in their own age group, amateur, "professional," black, white, peace-lover, war-monger, liberal, conservative, racist, sexist, Christian, Jew, atheist....ANYONE. Politics do not belong in athletic competition....

Gary Player played golf in this country for two decades without, so far as I could see, advancing the cause of apartheid one iota. Neither did the people who pelted him with golf balls as he lined up his putts advance the cause of anti-apartheid....

Sport as an instrument of international policy is a spitball against a battleship. Show me a country which will change its internal policies for a first in the high jump and I will show you a country with very strange priorities, indeed.

This year it's the South Africans. Should we ban the Canadians for killing seals in Hudson Bay? Should we ban me because the state of California is reinstituting the death penalty? Should we ban all U.S. athletes because it is the U.S. (and British and Dutch) investments which keep South Africa operative? Take our money out of South Africa, (DuPont, Rockefeller, Coca-Cola, etc.) and the racism would end tomorrow morning.

We should welcome all veteran athletes to all our meets to compete in a friendly, tolerant, understanding, enlightened environment.

Al Sheahen
Van Nuys, Cal.

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From the last newsletter: In the 3rd Annual Masters T & F Championships, the New York Pioneer Club's world record holding two mile relay team was pushed to its limit by the Boston Athletic Club as both teams broke the world two mile relay record. Herb Zipper, who had won the 1000 in Div. 1A earlier, made up a ten yard deficit on the anchor leg to catch Art Conro, who had previously won the 600 in the same division. In fairness to Art he had less than twenty minutes to recover from his...600. Herb informs us, "The 600 was run quite a while before the 1000. I had about 3/4 hour rest before the two mile relay, whereas Art had at least two hours rest." That was probably Herb's finest day as a Master, hence the clarification.

PROFILE: We call him "Doc".....

He has also been called "The Magician." And many of us who have called on him for relief of our aches and strains can attest to that name. Charles "Doc" Turner was born in Brooklyn 82 years ago, though most people who encounter this feisty, agile gent with the cigar stub clamped firmly in his teeth might find that hard to believe.

Doc has been treating athletes in pain for 56 years. Twelve years before that he was a pretty fair runner himself, starting with the 220 and moving on up to the marathon. His last race before leaving for World War I was the Evening Mail Modified Marathon from Yonkers City Hall to New York City Hall. He won a time as well as a team prize.

Later he became a masseur, then a physical therapist in rehabilitation at New York Hospital. He became the trainer for the New York Pioneer Club at its inception in 1935. He was also trainer for the Renaissance Five Basketball Team which was all black but proved to be the feasibility test for the New York Knicks in the 1940's.

In 1944, Doc Turner went to China as an athletic consultant. There he learned the ancient practise of acupressure wherein nerves are pinched instead of poked. It is a cousin, possibly a forerunner of acupuncture. Doc says, "There are 26 main nerve points in the body. If you can get 16 you can go all over the body... I met Tuo Long in a hotel lobby in China. He had a bad back so I put my knee against his spine and pulled his arms back. He straightened up. Then he said, 'You've got something I want.' I found out he was into acupuncture and said, 'You've got something I want.'" So Doc took a course in acupuncture right at the source.

Back in the U.S. Doc used his techniques wherever he went. They were often impossible to describe but they worked. He functioned as trainer for Olympic teams and as adviser and consultant to such countries as France, Israel, Sweden, Egypt, Spain and Germany. He is naturally chagrined by the fact that the U.S. has not called on him for an Olympic team in 35 years.

Doc is now the official trainer for Long Island University and in his room underneath what was once the Brooklyn Paramount Theater he is likely to be called on by a pro basketball player or a sprinter from the Masters Sports Association who is hurting. And he is just as likely to receive a phone call for advice from a California baseball player, a Miami horseman, or the concerned parent of a track star from Chicago.

For the last three years, Doc Turner has been an advocate of the use of bee pollen both as a food supplement and as a poultice to reduce pain and swelling. He feels that he has achieved positive results despite the usual skepticism from the medical establishment. All he has are the endorsements and gratitude of athletes that he has helped to pursue their trades. Not to mention a short blurb in a recent issue of Playboy.

In addition to the L.I.U. teams, Doc is consultant to the Nets Basketball Team and the San Antonio Spurs Basketball Team. He has also worked with the Giants Football Team.

Since receiving his degrees of Naturopath



Physician and Chiropractic at Pennsylvania Naturopath College in 1935, Doc has been an international lecturer, a Life Member of the Basketball Hall of Fame, the L.I.U. Hall of Fame, and he is in the Helms Foundation Hall of Fame. He was a recipient of the 25 Year Award of the National Trainers Association.

Best of all, Charles "Doc" Turner and his Ada have been married for over fifty years.

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We could not finalize the use of St. Johns University facilities for the Atlantic Decathlon. There is still a possibility that it will be held with a time and place to be announced later.

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Bob Fine advises that future Newsletter material may be published in one of the runner's magazines with perhaps more information and better service. Still, send along any comments or articles to:

James H. Ryan
115-40 203 Street
Jamaica N Y 11412



John Popowich
24-11 23 Avenue
Astoria, N. Y., 11105

Dinner Dance:

The Masters Sports Association plans to hold a fund raising Dinner Dance at the Terrace on the Park in Flushing Meadows. Right now the date seems set for Friday evening, November 18th. There will be a cocktail hour at 8 p.m. with dinner at 9. Attire is semi-formal and there will be a rolling bar throughout the evening. Tickets are \$25.00 per head. It is requested that no meets be scheduled for Saturday, November 19.

Contact Cicely Budd (212) 622 8151 or Phoebe Bertrand (516) 868 8349

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Results of Weight Pentathlon; Randall's Island, NYC; May 8, 1977

AGE	COMPETITOR	DISCUS	SHOT	JAVELINE	HAMMER	WEIGHT	TOTAL PTS
33	Minni Pts.	33.90 560	10.50 497	51.12 648	21.75 328.5	8.08 312	2345.5
34	Bury Pts.	34.20 567	11.68 578	50.18 636	25.92 412.5	10.05 464	2657.5
34	Wolf Pts.				147.3	13.44 693	-----
35	Friedman Pts.	25.57 369	8.95 381.5	36.67 440	21.10 314.5	8.44 341	1846.0
37	Decker Pts.	31.40 506	11.57 570.5	36.75 441	39.15 643	12.16 610	2770.5
42	Trout Pts.	32.71 534.5	9.47 420.5	45.31 568.5	22.30 340	9.61 431	2294.5
42	Krastin Pts.	24.87 352	9.67 435.5	31.88 362	24.26 380	8.54 349	1876.5
42	Jackson Pts.	29.53 462	10.80 518	41.91 520	20.20 295	9.14 396	2191.0
45	Carstensen Pts.	25.86 376.5	10.65 508	0 -----	24.18 378	8.00 306	1568.5
45	Olson Pts.	38.90 664	12.51 633	44.82 562	38.0 624.5	13.04 667.5	3151.0
48	Wedderburn Pts.	24.64 $\frac{1}{2}$ 346	7.45 260	23.26 206	18.09 247.5	6.44 $\frac{1}{2}$ 171.5	1231.0
51	Cantor Pts.	36.42 613.5	12.31 620	38.55 469	33.87 ¹ 428	8.62 355	2485.5
61	Sereghy Pts.	34.23 568	12.29 618.5	23.16 204	23.77 370	10.58 503	2263.5
64	Eipel Pts.	32.45 529	12.87 656.5	35.25 417.5	19.36 276	8.42 339	2218.0
66	Patrdidge Pts.	33.09 ² 688	7.69 ³ 507	30.78 ⁴ 396.5	24.63 ⁵ 510	7.30 ⁶ 396	2497.5
1, 12 lb; 2, 1.6K; 3, 16 lb.; 4 800G; 5, 16 lb. ; 6, 35lb..							
	Burns		37'9"		159'3"	39'0"	
	Fava				113'3"		
	Vasquez	110'4"	36'4"		140'9"		
24	Oldrey Pts.	38.61 658	14.0 72.8	30.0 33.0		11.33 554.5	

NATIONAL MASTERS A & U WEIGHT PENTATHLON CHAMPIONSHIPS

RANDALLS ISLAND NEW YORK CITY JUNE 19, 1977

		Discus	Shot	Javelin	Hammer	Wt. Thro	Score
29	Bret Burch	40.80	12.98	42.90	50.65	15.31	
		701.5	663.5	534	612	807	3318
35	Ray Bury	33.40	11.38	51.20	25.46	9.34	
		549.5	558	649	404	411	2571.5 ¹
35	Howard Friedman	29.50	9.89	35.30	21.06	9.35	
		461	442	418	313.5	412	2046.5 ²
	Peter Weiss	91'6" 1					
		27.87					
40	Steve Holmes	42.50	10.39	47.27	23.29	9.98	
		734	489	596	360	449	2628 ³
40	Tom Butterfield		36'4" 1				
			11.01				
40	Al Oerter	202'8" 1					
		61.77					
42	Walter Lowe			125'3" 1			
				38.28			
42	Kurt Krastin	30.75	10.19	30.78	24.85	7.37	
		491.5	474	343.5	392	253	1954 ⁵
43	Tom Jackson	31.78	10.65	37.28	21.25	8.93	
		514	508	449.5	318	380	2169.5 ⁴
43	Ed Holmes	59.54	10.44	39.32	44.08	13.74	
		677	492.5	463.5	718	712	3063 ²
44	Bert Gonzales	49.53	13.62	36.58	32.26	12.13	
		864	704	439.5	529	608	5143.5 ¹
45	Pay Carstenson	26.24	10.85	35.66	24.66	7.12	
		596	522	424	364	395	2091 ⁴
45	Len Olson	41.86	12.73	41.15	36.50	12.86	
		722	647.5	508	600	656	5133.5 ¹
47	Tom Hill	33.20	10.47	37.02	28.98	9.35	
		545	494.5	445.5	470	412	2367 ³
47	Gus Phillip	31.21	9.30	27.76	39.67	10.92	
		501.5	400	200.5	651	526.5	2377.5 ⁴
47	Tom Brooks		30'7" 1	102'4" 1			
			9.32	31.17			
48	Cal Wedderburn	30.78	7.95	27.37	19.20	8.53	
		492	302	283	273	340	1898 ⁵
49	Hal Colon			87'10" 1			
				26.13			
51	Herb Cantor	39.36	12.71	39.11	29.69	8.67	
		673	646	478	483	359	2639 ¹
51	Maurice Lentzer	15.26	9.05	27.76	12.87	5.29	
		82	389	290.5	116.5	61	939 ²
55	Al Selig	29.67	10.49	39.55	23.20	8.66	
		467	496	481	358.5	358	2160.5 ²
56	Rich Morcom	32.71	10.37 1	32.46	24.17	9.17	
		534.5	468.5 1	372	378	398.5	2171 ¹
57	P Eberhardinger	24.24	9.27	25.13	19.64	7.03	
		336	406	242	282.5	224.5	2193.5 ¹
							1491 ³

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61	Paul Sereghy	35.07	12.53	25.54	28.58	12.65	
		542	621	211	463	642	2479 ²
63	Bob Detweiler	35.04	11.22	30.11	55.82	10.205	
		585	547	332	589	475	2528 ¹
64	Bill Eipel	32.70	13.10	37.49	28.75	8.685	
		534	671	443	466	360.5	2474.5 ³
66	Phil Partridge	33.43(1.6K	8.15(16#	34.19(800	22.58(16	8.01(35#	
		550	318	400.5	346	306.5	1921* ¹
73	Konrad Boas	23.77	8.50	18.46	16.25	5.94	
		324	346	105.5	203.5	125	1104
	Beth Messenger			41'9" 1			
				12.73			

Stand. Impl. over age 60 Hammer 8 lbs Wt. Throw 25 lbs.
 *Conversion Tables not used in this meet

SIXTH ANNUAL MASTERS SPORTS ASSOC. CHAMPIONSHIPS, MAY 15, 1977

M=MEET RECORD A=AGE GROUP WORLD RECORD

100 yd. dash	220 yd. dash	440 yd. dash	three mile run	30-34
<u>30-34</u>	<u>40-44</u>	<u>women 30-39</u>	<u>Indek</u>	16:55
Dyce, D 10.08 M	Budd 23.4	Levine 68.7 M	Knapp	19:11.5
Johnson 10.2	Diaz 24.2		<u>35-39</u>	
Minkoff 10.9	Thomas 24.2	<u>880 yd. run</u>	Quinn	18:12.8
Griffith 11.0	Rizzo 24.4	<u>35-39</u>	<u>40-44</u>	
Ficker 11.8	Smith 24.8	Daniels 2:10.2	Tersago	16:23
<u>35-39</u>	Butterfield 25.8	O'Neal 2:12.5	Greenshields	17:30
Patton 10.4	Plant 26.3	Verdier 2:13.0	Creighton	18:05
Small 10.8	<u>45-49</u>	<u>40-44</u>	Wiedeman	18:28
Perry 11.1	Giaquinto 24.9	Krebs 2:07.1	Skutka	18:41
<u>40-44</u>	Holman 25/1	Tersago 2:14.0	<u>45-49</u>	
Diaz 10.63	Blood 26.1	Bradley 2:18.0	McConnell	16:53 M
Budd 10.64	<u>50-54</u>	Paige 2:23.8	Fine	17:22
Riddick 10.68	Valentine 26.6	Owens 2:24.7	<u>55-59</u>	
Smith 11.0	Lentzer 28.0	<u>45-49</u>	Geer	19:47
Rizzo 11.1	Harris 32.0	Connelly 2:07.7	<u>60-64</u>	
Butterfield 11.2	<u>55-59</u>	Brown 2:14.9	Quackenbos	19:45 M
Talbott 12.9	Jack 26.4 M	Nicholson 2:15.9	<u>Women</u>	
<u>45-49</u>	Godwin 27.0	Kernan 2:18.5	<u>30-39</u>	
Giaquinto 11.0 M	Manno 27.2	Glatz 2:20.8	Thomas	22:47.4
Holman 11.1	Lawyer 28.7	Spitzer 2:32.0	<u>40-49</u>	
Brooks 11.4	<u>60-64</u>	<u>50-54</u>	Wiedeman	22:16.0
Ryan 11.5	Neuhart 29.2	Cherniak 2:20.3 M	O'Connell	23:26.5
Rivera 11.7	Hills 30.8	Henriques 2:26.5		
<u>50-54</u>	Hanna 30.8	Bradley 2:34.0	<u>six mile run</u>	
Valentine 11.2 M	Witkowski 31.2	<u>55-59</u>	<u>30-34</u>	
Lentzer 12.0	<u>65-69</u>	Popowich 2:48.0	Pfeiffer	35:46.13
Harris 12.3	Lacey 29.1 M	<u>60-64</u>	<u>45-49</u>	
Miller 12.8	<u>70+</u>	Lowell 2:41.0 M	O'Connell	35:23.22 M
<u>55-59</u>	Boas ?	Witkowski 2:52.0	<u>55-59</u>	
Jack 11.56 M	<u>Women</u>		Greenberg	39:56.56
Manno 11.85	<u>30-39</u>	<u>one mile run</u>	Lawrence	48:06.11
Godwin 12.2	Gennell 32.3 M	<u>30-34</u>	<u>60-64</u>	
McNevin 12.6		Indek 4:57.2	Johnson	43:42.70 M
Oates 12.8	<u>440 yd. dash</u>	Gripenburg 5:08.9	<u>70+</u>	
Dyas 13.9	<u>30-34</u>	Knapp 5:20.2	Jacobs	45:59.06 M
<u>60-64</u>	Dyce, D 50.5	<u>35-39</u>		
Neuhof 12.6	Johnson 51.39	Fisher 4:48.2	<u>110 yd. hurdles (36")</u>	
Hills 12.9	Ficker 53.6	Gibson 4:49.3	<u>30-34</u>	
Adams 13.1	<u>35-39</u>	Verdier 4:52.5	Bury	18.6 M
Hanna 13.3	Small 52.5 M	Sadowski 5:13.8	DeJesus	18.9
<u>65-69</u>	<u>40-44</u>	<u>40-44</u>	<u>35-39</u>	
Lacey 13.1 M	Rizzo 55.0	Tersago 4:40.8	Paton	15.88 M
<u>70+</u>	Bradley 56.0	Jones 5:20.7	Scully	16.6
Boas 13.7 MA	Butterfield 57.8	Paige 5:28.8	Petrie	22.4
<u>Women</u>	Owens 58.4	Skuika 5:30.0	<u>40-44</u>	
<u>30-39</u>	Smith 61.0	<u>45-49</u>	Butterfield	16.73 M
Fennell 13.2 M	<u>45-49</u>	Brown, 4:57.7 M	Trout	16.9
<u>40-49</u>	Holman 56.5 M	Glatz 4:59.5	<u>45-49</u>	
McConnell 14.5 M	Spitzer 57.3	Kernan 5:12.2	Ryan	20.3 M
	Nicholson 58.6	Denig 5:53.7	Colen	20.6
<u>220 yd dash</u>	Blood 66.0	<u>50-54</u>	<u>50-54</u>	
<u>35-39</u>	<u>50-54</u>	Henriques 5:24.8	Morcum	18.48 M
Patton 22.9 M	Valentine 57.7	<u>55-59</u>	<u>60-64 (33")</u>	
Small 23.3	Cherniak 61.2	Geer 5:42.4	Hume	19.5 M
Perry 25.5	<u>55-59</u>	Popowich 5:45.4	Hills	19.9
<u>30-34</u>	Jack 59.0 M	<u>Women 40-49</u>	Neulot	20.0
Dyce 22.4 M	Manno 63.5	Wiedeman 6:48	<u>65-69 (33")</u>	
Johnson 22.5	Godwin 66.1	<u>60-64</u>	Lacey	19.3 M
Minkoff 23.4	<u>60-64</u>	Lowell 6:06.2		
Ficker 23.4	Witkowski 68.7	<u>65-69</u>		
		Cash 6:47		

two mile walk
40-44
 Wiederman 18:58.4
50-54
 Lentzer 20:56
55-59
 Dyas 19:10.8
60-64
 Johnson 18:35.9

Long jump

30-34
 Griffith 20-11 1/4 M
 Bury 20-00 1/4
 DeJesus 19- 5 1/4
35-39
 Scully 19-00 1/2 M
 Paton 18-11 3/4
 Petry 16- 3 1/2
40-44
 Trout 18- 6
 Butterfield 17-11 1/2
 Diaz 17- 9 1/2
 Plant 16-10 1/4
 Smith 15-10 1/2
 Blake 14- 6 1/2
45-49
 Cartensen 15-11 1/2 M
 Ryan 15-11 1/2
 Colen 15- 5 3/4
 Hill 15-00
50-54
 Valentine 16- 2 1/2
 Harris 13- 9
 Miller 13-00
55-59
 Morcum 18- 3 1/2 { A
 Ille 12- 5 3/4 { M
60-64
 Hume 14- 8 3/4 M
 Hills 14- 2 3/4
 Hanna 11- 2
70+
 Boas 10- 8 1/2 M

High Jump

30-34
 Bury 5-2 1/2
 Griffith 5-1 1/2
35-39
 Petrie 4'9
40-44
 Trout 5'1 1/2
 Illuzzi 4'11
55-59
 Morcum 5'1 1/2
 Ille 4'3
60-64
 Hume 4'9
 Neuhot 4'7
 Eipel 4'5
 Hills 4'2

Javelin
30-34
 Minni 175- 6
 Bury 167- 5
 Seaver 152-10
 Yacca 103-11
35-39
 Scully 170-00
 Paton 142- 5
 Friedman 118-8
 Petrie 99-10

40-44
 Youngs 184- 4 M
 Trout 136- 1
 Gonzalez 132-00
 Jackson 129- 8
 Kintisch 119- 1
 Wiedeman 99- 2
45-49
 Colon 104- 3
 Brooks 101- 7
 Wedderborn 86- 5
50-54
 Cantor 123-00
 Miller 100- 1
 Harris 96- 6
55-59
 Morcum 103- 9
60-64
 Hume 128-11 M
 Eipel 125- 7
 Hills 90-11
65-69
 Partridge 106- 8 M
70-74
 Boas 56- 8 M

Shot Put

40-44
 Gonzalez 44-00 M
 Butterfield 36- 4
 Jacobson 34- 3 1/2
 Kintisch 32- 9 1/2
 Wiedeman 26- 2 1/2
 Blake 22- 6
45-49
 Carstensen 36- 7 1/2 M
 Hill 34- 1/2
 Brooks 29- 1/4
 Stern 28- 3
 Colon 26- 4
 Wedderburn 25- 9
50-54
 Cantor 39- 7 M
 Lentzer 30- 3
 Miller 28- 9 1/2
 Harris 28- 5 1/2
55-59
 Morcum 33- 7
60-64
 Eipel 42-00 M
 Sereghy 41- 5
 Hume 39- 5

shot put 65-69
 Partridge 25- 3 1/2
70-74
 Schmidt 35- 6 M
 Boas 26-10
Discus
40-44
 Gonzalez 147- 3 M
 Kintisch 127- 4 1/2
 Jackson 103- 3
 Wiederman 73- 4
45-49
 Hill 112- 2 M
 Wedderburn 77- 5 1/2
 Colon 70- 1
50-54
 Cantor 117- 2
 Harris 63-00
55-59
 Morcum 103- 7
 Dyas 61- 1 1/2
60-64
 Sereghy 111- 4 1/2 M
 Hume 108- 6 1/2
 Eipel 106- 8
 Hills 91- 3
65-69
 Partridge 101- 5 1/2
70-74
 Schmidt 88- 3 1/2 M
 Boas 73- 8

1977 AAU MASTERS
NATIONAL TRACK
AND FIELD
CHAMPIONSHIPS
NORTH CENTRAL
COLLEGE
NAPERVILLE, ILLINOIS
100 M

(women sub's)	
Mimi Gerrard	13.3
Lynda Rhea	14.4
Betty Richmond	14.8
(women 1A)	
Almeta Parish	13.4
Sally Frederickson	15.4
Marlene Miller	17.0
(women 1B)	
Isabel McConnell	15.9
(women 3A)	
Juliet Koppel	22.4
100 M (men sub's)	
Gerald Fitzgerald	10.5
Hilliard Sumner	10.7
Lou Tutt	11.0
(men 1A)	
Ted Cain	11.2
Jimmy Weaver	11.3
Ruben Velez	11.4
(men 1B)	
Dick Marlin	11.8
Ozzie Dawkins	11.9
Tom Grimes	12.1
(men 2A)	
Bob Watanabe	11.7
Jack Greenwood	11.8
Edmund Schuler	11.9
(men 2B)	
B. Hogan	11.7
Jim Upham	12.2
Bob Hunt	12.6
(men 3A)	
Harry Koppel	13.5
Gerry Ward	13.7
W.U. Seldon	13.9
(men 3B)	
Virgil McIntyre	13.5
Anthony Castro	13.7
Claude Hills	13.8
(men 4A)	
Herbert Anderson	14.3
Sing Lum	14.6
Winfield McFadden	15.0
(men 4B)	
Buell Crane	16.5
200 M (women sub's)	
Mimi Gerrard	28.3
Elena Cascales	31.0
Betty Richmond	31.1
(women 1A)	
Almeta Parish	28.3
(women 2A)	
Peggy Curran	45.2
200 M (men sub's)	
Hilliard Sumner	21.9
Gerald Fitzgerald	22.3
Lou Tutt	22.8
(men 1A)	
Ted Cain	22.6
Raynah Adams	23.1
Ruben Velez	23.4
(men 1B)	
Ozzie Dawkins	24.4
Bill Frederickson	24.5
Dick Marlin	24.5

(men 2A)	
Jack Greenwood	23.8
Bob Watanabe	25.0
Bob Sieben	25.0
(men 2B)	
Bernard Hogan	24.2
Jim Upham	25.4
Cal Boyd	26.1
(men 3A)	
Harry Koppel	28.8
W.J. Seldon	29.1
Gerry Ward	29.6
(men 3B)	
Virgil McIntyre	28.3
Richard Lacey	28.6
Claude Hills	28.6
(men 4A)	
Herb Anderson	30.7
Sing Lum	30.8
Winfield McFadden	31.4
(men 4B)	
Harold Chapson	32.1
Buell Crane	35.6
400 M (women sub's)	
Mimi Gerrard	63.6
Betty Richmond	70.6
Elena Cascales	72.3
(women 1A)	
Irene Obera	62.6
Almeta Parish	64.7
Marlene Miller	92.9
400 M (men sub's)	
Hilliard Sumner	48.7
Gary Carr	50.7
Lou Tutt	50.7
(men 1A)	
Ted Cain	51.1
Raynah Adams	52.1
Bob Lida	52.8
(men 1B)	
Billy Gaedke	54.8
Bill Frederickson	55.2
Donald Walsh	61.6
400 M (men 2A)	
Jack Greenwood	53.5
Dean Smith	55.8
Bob Sieben	56.5
(men 2B)	
Jim Upham	57.2
Richmond Morcom	57.7
Cal Boyd	58.6
(men 3A)	
Bill Dyer	67.0
Gerry Ward	68.1
W.J. Seldon	69.3
(men 3B)	
C.E. Kline	66.9
Bud Deacon	68.3
Boyd Stout	88.9
(men 4A)	
Herb Anderson	72.1
Richard Bredenbeck	76.2
A. Brosz	1:40.2
(men 4B)	
Harold Chapson	68.9
800 M (women sub's)	
Mim Gerrard	2:40.0
Roberta Widman	2:45.0

(women 1A)	
Mary Czarapata	2:30.0
Almeta Parish	2:41.0
Marlene Miller	3:43.0
800 M (Men sub's)	
Raynah Adams	2:02.2
Bob Saddler	2:02.6
Tom Dudas	2:03.3
(men 1B)	
Ocie Trimble	2:01.4
Tom Connelly	2:02.4
Billy Gaedke	2:03.2
(men 2A)	
Dean Smith	2:09.1
Bob Sieben	2:11.1
Louis Schneider	2:12.3
(men 2B)	
Richmond Morcom	2:17.2
Malcolm Shortleff	2:19.9
H. Strassenberg	2:29.5
(men 3A)	
Bill Andberg	2:31.9
Bill Dyer	2:35.1
C.E. Kline	2:38.1
(men 3B)	
Sidney Madden	3:08.3
(men 4A)	
Ray Sears	2:53.5
Lou Gregory	3:00.4
Paul Hobe	3:36.2
(men 4B)	
Harold Chapson	2:37.2
Paul Spangler	3:17.9
1500 M (women)	
Mary Czarapata	5:02.6
Roberta Widman	5:46.9
Lynda Rhea	6:10.1
1500 M (men sub's)	
Wayne Vaugh	4:07.2
Elmo Morales	4:07.7
Eric Thornton	4:11.6
(men 1A)	
Glynn Wood	4:07.4
Dick Kloepper	4:21.8
John Weldy	4:24.8
(men 1B)	
George Vernosky	4:23.0
Tom Sturak	4:25.3
Duane Peterson	4:25.9
(men 2A)	
Dean Smith	4:33.2
Roland Anspach	4:35.9
Louis Schneider	4:38.6
(men 2B)	
Jim Oleson	5:04.5
Bill Winslow	5:04.6
H. Strassenberg	5:25.5
(men 3A)	
Bill Dyer	5:28.9
(men 3B)	
Bill Andberg	5:07.3
Sydney Madden	6:05.3
(men 4A)	
Lou Gregory	6:13.9
Paul Hobe	7:18.2
(men 4B)	
Harold Chapson	5:30.7
Paul Spangler	6:38.9
5000 M (men 1A)	
Bill Olrich	15:49
Otto Volkmann	16:40
Robert Coldren	17:18

(men 1B)	
George Vernosky	16:20
Walt McConnell	16:30
Duane Peterson	17:22
10,000 M (women)	
Roberta Widman	44:50
Marian Schreyer	48:48
Isabel McConnell	50:20
10,000 M (men 1A)	
Bill Olrich	32:57
Joe Johnson	34:17
Bill Coldren	34:20
(men 1B)	
Hal Higdon	32:57
George Vernosky	33:19
Pete Mundle	33:51
(men 2A)	
Jim O'Neil	33:46
Gerald Morrison	35:27
Ronald Anspach	36:32
(men 2B)	
Jim Oleson	38:42
Bob Bruce	38:56
Bob Long	42:02
(men 3A)	
Don Johnson	46:08
Harold Comm	50:20
(men 3B)	
Bill Andberg	39:43
(men 4A)	
Ray Sears	47:54
George Jacobs	47:54
Lou Gregory	55:05
(men 4B)	
Paul Spangler	47:23
HIGH HURDLES (men 1A)	
Ted Cain	15.1
Les Weed	15.9
Van Parish	16.1
(men 1B)	
Phil Mulkey	16.2
Jay Wallace	17.9
Don Donnelly	19.8
(men 2A)	
Jack Greenwood	15.1
Freemna Marr	18.8
Al Prisliger	22.1
(men 2B)	
Richmond Morcom	17.4
Bob Hunt	18.0
Ed Reiner	22.6
(men 3B)	
Claude Hills	18.7
Virgil McIntyre	20.6
Richard Lacey	20.9
(men 4A)	
Winfield McFadden	23.1
Herb Anderson	25.9
400 M HURDLES (men 1A)	
Ted Cain	57.46
Austin Allen	59.97
Leon Trout	60.6
(men 1B)	
Jay Wallace	61.3
Al Sheahan	64.0
Phil Mulkey	66.7
(men 2A)	
Jack Greenwood	59.5
R.A. Roemer	65.7
Avery Bryant	73.2

Continued on page 13

NAPERVILLE (Continued from page 4 (men 2B)

Bob Hunt	66.5
Mel Buschman	73.5
(men 3B)	
Bud Deacon	73.7
Richard Lacey	75.2
Robert Boal	81.7

3000 M STEEPLECHASE

(men 1A)	
Douglas Deutsch	11:20.6
Charles Hill	12:01.5
Hal Rhea	12:21.2
(men 1B)	
Walt McConnell	10:47.0
(men 2A)	
Roland Anspach	11:26.1
Elver Gaston	12:05.4
Chet Peters	12:38.09

(men 3B)	
Robert Boal	12:55.7
R. MacTarnahan	15:45.5

(men 3B)	
Robert Boal	12:55.7
R. MacTarnahan	15:45.5

400 M RELAY

(women sub's)	
N. Calif. Seniors Track Club	56.9

400 M RELAY

(men 1A)	
Seniors Track Club, CA	45.6
N. Calif. Seniors	
Track Club	45.9

(men 3B)	
Seniors Track Club, CA	57.7

5 KM

(women sub's)	
Robert Widman	29:25.54
(women 1A)	
Lori Maynard	29:26.70

5 KM

(men 1A)	
Larry Larson	26:16.66
Robert Youngs	33:40.06
(men 1B)	
Sal Corrallo	25:40.38
Bob Fine	27:35.08
John MacLachlan	28:14.98

(men 2B)	
Bob Long	31:02.00
George Lundmark	31:55.16
(men 3A)	
Don Johnson	28:17.22
Harold Comm	33:09.08

(men 3B)	
Mike Riban	36:10.91
(men 4A)	
Shelley Unruh	31:04.00
Chair Duckham	31:06.48

LONG JUMP

(women sub's)	
Lynda Rhea	14'3 1/4"
Cherrie Sherrard	13'11"
Elana Cascades	12'9 1/2"

LONG JUMP

(men 1A)	
Tom Chilton	22'7 1/2"
Larry Furest	19'4"
Phil Presber	19'1 1/2"

(men 1B)	
Phil Mulkey	18'11 1/2"
H. Wegemaker	18'4 1/2"
Phil Schlegel	18'3 1/2"

(men 3B)	
Claude Hills	14'5 1/2"
Joe Caruso	14'3 1/2"

John Dick	13'2"
(men 4A)	
Winfield McFadden	12'8 1/2"
Herb Anderson	11'4"
Konrad Boas	10'7 1/2"

(men 4B)	
Buell Crane	11'1 1/2"

TRIPLE JUMP

(men 1A)	
Phil Conley	38'5 1/2"
Anthony Nasralla	36'8 1/2"
Larry Fuerst	35'10"

(men 3A)	
Harry Koppel	21'9 1/2"
(men 3B)	
Bud Deacon	30' 1/2"

Claude Hills	27'11 1/2"
Joe Caruso	27'2 1/2"
(men 4A)	
Winfield McFadden	25'11"
Herb Anderson	23'8"
A. Redmond Doms	22'10 1/2"

(men 4B)	
Buell Crane	21'4"

HIGH JUMP

(men 2A)	
Donald Kardok	5'2"
Floyd Simmons	5'0"
Willard Samples	4'10"

(men 2B)	
Orval Gillett	5'5"
Mel Buschman	4'6 1/4"
(men 3B)	
Richard Lacey	4'4"
Virgil McIntyre	4'4"
Claude Hills	4'4"

(men 4A)	
Herb Anderson	4'2"
Winfield McFadden	3'11"
Konrad Boas	3'8"

(men 4B)	
Buell Crane	3'11"

HAMMER

(men sub's)	
Lee Slick	104'1"
Carl Klehm	102'8"
(men 1A)	
Gordon Bobell	165'3"
Bob Humphreys	137'9"

(men 1B)	
Irving Black	151'7"
Len Olson	122'2"
Dave Douglas	100'9"

(men 2A)	
Herbert Cantor	89'8"
(men 2B)	
Daniel Aldrich	93'3"
(men 3A)	
Nolan Fowler	117'11"
Jack Thatcher	86'5"
Dave Schrader	84'1"

(men 3B)	
Randolf Hubbell	108'4"
Art Vesco	94'5"
Hans Anderson	60'7"

(men 4A)	
Stan Herrman	95'8"
A. Brosz	63'6"
A. Redmond Doms	56'8"

SHOT PUT

(men 1A)	
Bob Humphreys	44'9 1/2"
Gordon Bobell	38'5 1/4"

POLE VAULT

(men 1A)	
Les Weed	11'0"
Ray Fitzhugh	10'6"
Don Shillinglaw	10'6"

(men 1B)	
Jerry Donley	13'0"
Phil Mulkey	12'0"
Neil King	10'0"

(men 2A)	
Richmond Morcom	11'0"
Dave Brown	11'0"
Don Grosh	10'6"

(men 2B)	
Orval Gillett	10'0"
Jim Minah	8'0"
(men 3A)	
Harry Koppel	6'0"

(men 3B)	
Bud Deacon	9'0"
Claude Hills	6'6"
Wes Ward	6'0"

(men 4A)	
A. Brosz	5'6"

JAVELIN

(men 1A)	
Ed Zalig	179'10"
Phil Conley	179'6"
Bob Youngs	173'5"

(men 1B)	
Phil Mulkey	155'3"
Ed Phillips	149'11"
Len Olson	147'3"

(men 2A)	
Floyd Simmons	144'2"
R.A. Roemer	125'3"
Herbert Cantor	120'0"

(men 2B)	
Donald Aldrich	144'1"
Mel Buschman	110'7"
(men 3A)	
Hollis Dietz	88'11"
Dave Schrader	58'9"

(men 3B)	
John Dick	117'10"
Claude Hills	94'8"
Art Vesco	80'4"

(men 4A)	
A. Redmond Doms	101'8"
Herb Anderson	89'11"
Ray Connolly	77'11"

(men 4B)	
Buell Crane	72'10"

* Hopefully the missing results will surface in time for the next newsletter. You unmentioned winners of the 5000 M Long Jump and Shot Put have not been forgotten.



CANBERRA WILL HOST PACIFIC GAMES

The third two-day mini-Olympics with a full track and field program (except for 20 and 50 km walks, the pentathlon, decathlon, and marathon) is scheduled for December 3-4 of this year. (We have had no report as to inclusion of Masters events; so we shall assume that they are not part of the program.)

18,000 or more spectators are expected to enjoy the new multi-million dollar Bruce Stadium, with games to begin each day at 2 p.m. Ticket prices for reserved seats in the covered grandstand will run \$11 to \$9, with unreserved standing room going for \$3.30.

The 1969 opener of this series was held in Tokyo, while Toronto was the site in 1973.

Canberra, the capital city of Australia, is located about midway between Sydney and Melbourne in the gentle foothills of the Australian Alps. The totally-planned city, designed by American architect Walter Burley Griffin, was seventeen years in the building, and now has a population of about 200,000 plus 8,000,000 trees.

If you should decide to visit Canberra for the Games in December, you will find lots of sunshine with weather in the low 80's in addition to many sights of interest.

With as few as ten persons travelling together we could come up with a neat package to the South Pacific which would be considerably less than individual fares ... so let us know if you might be interested.

You could return in time for the Hawaiian Marathon in Honolulu on December 11.

INTERESTED IN A MARDI GRAS MEET IN FEBRUARY?

The newly-formed Masters Division of the Baton Rouge Track Club is contemplating hosting an outdoor meet in Mardi Gras country next February and is soliciting response. The following is a letter from Dr. M.H. Williams outlining the idea. Please fill in the questionnaire and return to USMTT. We will compile results and forward same.

Word has come from Trinidad-Tobago from Dr. Al Bobb that their Masters Program is also interested in promoting a Mardi Gras Meet. So you might like to include comments on one or the other meet plus information as to the length of time you would be able to allow for the excursion plus how many people would be involved.

Baton Rouge Track Club Masters Division

"We notice that most of the outdoor meets are held between the May to August season and during the Winter, track meets are driven indoors. We are in a near-tropical climate where we train outdoors the year round.

"We would like to make our contribution to the track schedule with an outdoor track meet during the Mardi Gras Festivities in February. This would give you an opportunity to compete on one of the nation's fastest tartan tracks—the Bernie Moore Track Stadium at Louisiana State University plus dormitory housing a few steps from the stadium at a nominal fee.

"You will be able to see the world-famous Mardi Gras and dance in the streets of New Orleans ... The cajun and creole dishes may help you run a little faster.

"Let us know how you feel about an outdoor winter track meet in the balmy breezes of Louisiana. Please return the questionnaire below."

PLEASE RETURN TO: HELEN L. PAIN, BOX 7823, SAN DIEGO, CA 92107

NAME _____

CLUB NAME _____

STREET ADDRESS _____

CITY _____ STATE _____ ZIP _____

PHONE _____ AREA CODE _____

CHECK ONE: WE ARE _____ ARE NOT _____ INTERESTED IN A WINTER TRACK MEET NEXT FEBRUARY

IF NOT, GIVE REASON: _____

CHECK ONE: WE WOULD BE TRAVELING BY AIR _____ AUTO _____ BUS _____ OTHER _____

SPECIFY

CHECK ONE: WE PREFER STAYING AT A DORM _____ MOTEL _____ OTHER _____

SPECIFY

CHECK ONE: WE ARE _____ ARE NOT _____ INTERESTED IN SEEING THE MARDI GRAS FESTIVAL IN NEW ORLEANS.

THERE ARE APPROXIMATELY _____ MEMBERS OF OUR TRACK TEAM WHO WOULD BE COMING TO THE WINTER TRACK MEET.



Masters Sports Association

11 PARK PLACE
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(212) 227-8582

NOW!!! AN OFFER YOU CAN'T REFUSE !!!

For the regular \$6.00 membership dues in the Masters Sports Association, you will receive, without extra charge the National Masters Newsletter, with a minimum of four issues of eight page tabloid, retailing for \$3.00 and the Track & Field News Age Group Records, edited by Pete Mundle, to be sent out in the late spring, retailing for \$1.50, plus entry blanks, meet information, eligibility to compete in events closed to members of the Masters Sports Association and the American Masters Athletic Association (over twenty events per year), and helping the Masters Sports Association underwrite the cost of meets throughout the country.

Dues will be credited for calendar year 1978.

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