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Participants in the Fifth Avenue Mile, George Sheehan Seniors Division, NYC, Sept. 28, from left: Joe Semonte, 68, Jim Aneshansley, 61, John Conner, 61, Jack Haar, 69, Ken Jones, 66 (235), Eugene Carbine, 60 (242), Max Popper, 93 (273), and Earl Fee, 67; kneeling: Wilfredo Rios, 79 (1014), and Cliff Pauling, 62. Behind Conner is Althea Weatherbee, 77, and Bill Benson, 77. Gerri Owens, 61, winner of the W60-69 race (6:44.29), is behind Popper.

Keston Breaks Marathon Record

Grottenberg, Niemczak First in Twin Cities

by JERRY WOKCIK

If this was indeed the "Year of the Woman" in the 1996 Atlanta Olympics, the Twin Cities Marathon in Minneapolis on Oct. 6 was the 1996 "Marathon of the Masters Woman." In the race, which served as the USATF National Masters Championships, three of the top ten female finishers were aged 40-and-over.

Sissel Grottenberg, 40, of Norway and a resident of Boulder, Colo., was second woman overall, with a 2:35:45, to Olga Appell, 33, who ran a course record 2:27:59. After the race, Grottenberg said, "Today was a chance to possibly break the record (Laurie Binder's W40+ course record of 2:35:08), but Olga got out too far for her pace to be a factor."

Tatiana Pozdnyakova, 40, of the Ukraine, who has been relatively unchallenged in masters races until

Continued on page 16

Scott Wins Two on Fifth Avenue

by JERRY WOJCIK

Steve Scott, 40, of Leucadia, Calif., won two separate mile races in the Discover Card Mile on Fifth Avenue, New York City, on Sept. 28.

First, Scott, who joined the masters ranks in May, won the M40-49 race by nearly 20 seconds in 4:06.57. Then, 40 minutes later, he ran the same distance 31 seconds slower in 4:37.02, but still managed to best Ireland's Eammonn Coghlan, 43, in a two-man "Champ-

"I was surprised by the 4:06," said the exhausted Scott, who had set a U.S. masters track mile record of 4:10.43 on May 26. "I thought I'd do about a 4:15." Scott's time took two seconds off Larry Almberg's M40-49 Fifth Avenue Mile record of 4:08.66,

Ed Sparkowski, 41, Hartford TC, finished second in the masters mile Continued on page 5

Boston to Host Indoor Nationals

TRACS, Inc. has been awarded the bid for the 1997 National Masters

INSIDE:

- New USA LDR Records
 - pages 17-19
- Masters Club Listings
 - page 24
- Philadelphia Half-Marathon
 - page 5
- Achilles Tendinitis
- page 7
- Lying About Your Age

page 20

Indoor Track & Field Championships. The meet is set for March 21-23, with the Boston Running Club serving as the host club.

TRACS, Inc. President Fred Treseler provides the coaching and management services to the BRC. The Club has been involved with hosting the New England Masters Track & Field Championships the last six years and the National Masters 8K Cross-Country Championships the past four years. Treseler served as the director for both events, as well as a number of other USATF-related track and field cross-country championships.





Poland's Antoni Niemczak, 40 (left), and Norway's Sissel Grottenberg, 40, won the men's and women's masters titles in the National Masters Marathon Championships in Minneapolis.

Etonic

After 47 years

Bill Rodgers is still running.
Bill Rodgers wears Etonic.

Just coincidence?

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The National Masters News is devoted exclusively to track & field, long distance running, and race-walking for men and women over age 30. Each month it delivers 32 to 48 pages of results, schedules, entry forms, age records, rankings, photos, arti-cles, training tips, and all the inside scoops and information that affect the world of masters athletics

Some masters events are sponsored by USATF, the national governing body for athletics in the USA. Some are sponsored by individuals, clubs or other senior organizations.

Generally, anyone age 30 or over may come to a masters event and participate. Some events are limited to age 40 +, 50 + or 55 + (please check the schedule for details). Some events require advance registration. Some require a current USATF card (\$12 to \$15 per year, depending on the region). To inquire about a USATF card, call USATF in your area, or 317/261-0500. There are no qualifying standards for most masters athletics events.

NMN welcomes contribution info., photos, letters, articles, and opinions. Manuscripts should be typed, doubled-spaced, but legibly handwritten material is also acceptable. Results should be typed, single-spaced. Please include a stamped, self-addressed envelope if return is desired.

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SUB-2-MINUTE 800

Ron Mercelina's 1:59.45 world M50 800-meter record (Aug. NMN) is a most impressive accomplishment. I know how difficult training for this effort must have been.

I would like to extend my most sincere congratulations to him.

Bill Stewart Bradford, Pennsylvania

IMPROVING THE NATIONALS

Many thanks to the meet directors, officials and volunteers who put on the National meet in Spokane and the North American meet in Eugene.

Both meets were well run, although races were run in Spokane without the benefit of a timing clock for spectators.

A few thoughts about improving future meets:

1) You would not hold the NBA finals at 1 p.m. on a weekday and expect to maximize public interest. Running an evening program of finals might increase chances the public would attend. Scheduling finals at mid-day in stadiums with no shade is a guarantee to keep the stands empty.

2) Pole vaulters and long jumpers generally jump with the wind at their back. Isn't it time to take the safety of masters athletes into consideration and run the high hurdles with the wind when it kicks above 2mph? Granted, times would be wind-aided and records disallowed, but no records are likely to be set running into a head wind.

3) It's great to have foreign compe-

tition at the Nationals. But what happens when foreign athletes keep U.S. athletes out of the finals? E.g., two foreigners made the M50 100 finals in Spokane, which meant that two U.S. competitors did not. In field events and track events where preliminaries are not run, foreign competitors should be welcome. However, USATF should figure out whether it's fair for U.S. athletes to be denied an opportunity to compete in event finals.

David Ortman Seattle, Washington

WEIGHT PENTATHLON

Marvelous. That's the one word that summarizes my experience at the Weight Pentathlon Championships in Bozeman, Mont., Sept. 14. Meet Director Bob Sager and his wife, Sharon, hosted this event as if we were guests at their home.

On the evening before the event, Debbie Ecklund and I went to see the facility and found Bob still working on some details. Some other throwers arrived a short time later, and everyone pitched in.

The facility was wonderful, and the throwers moved from one event to another with no interruptions, as all five events could be contested simultaneously. The officials were knowledgeable, courteous, and cheerful. The competitors were friendly and most encouraging to one another. The built-in breaks found Sharon overseeing huge bowls of fresh fruit and a platter of cheeses. The steak fry was extraordinary, especially the side dishes and

desserts, home-made by Sharon.

The care and thought given to every aspect of this event carried over to the medals, golf-style T-shirts, and awards ceremony. To top it off, the scenery was spectacular, especially for this city person.

Did I travel far? Yes. Was it expensive? Yes. Would I do it again? Most certainly.

Roz Katz Queens, New York

OLYMPIC TV COVERAGE

Your commentary on NBC's Olympic coverage (Sept. NMN) was excellent. Each of us should send a copy endorsing your views with individual signatures.

I have friends in Canada and talked to people living in areas where NBC and CBC could both be seen. CBC quickly got all their viewing time.

Barry Kline Washington, Pennsylvania

BILL WON

Bill Won died April 6 at age 63 from a virulent form of lung cancer associated with non-smokers. He ran competitively through last November. He got the flu and had a physical in December. The test results came back fine, but his cough lingered on. Antibiotics didn't help.

In January, an x-ray showed he had



Gregory Price (I), 42, second master (18:18) and Larry Harris, 42, third master (18:18), Freddie Mac 5K, Washington, D.C., Sept. 8.

Photo by George Banker

metastasized cancer in both lungs.

Bill discovered running at age 50 and took to it with great enthusiasm. He loved the competition and the camaraderie. I'm glad he had six years of retirement to get the fullest measure of life.

Marilyn Won Davis, California

KUDOS

The National Masters News is a great newspaper. Keep up the good work

Beverley Lewis Montecito, California

Club West Meet Features World Records

by BEVERLEY LEWIS

It was "a long day's journey into dusk" on Oct. 5 at Club West's 23rd annual masters meet at Santa Barbara City College when the day-long pole vault marathon culminated in a world record for Oregon's Ed Lipscomb. Lipscomb, who displayed every sign of confidence during the day, was not fazed as the day wore on, the sun disappeared, the lights came on, and the fog rolled in from the Pacific.

Lipscomb, with great speed down the runway, took off into the foggy twilight and sailed over the bar on his third attempt for an M45-49 world record of 4.78/15-8'/4, breaking the old

LATE FLASH!

The 5th annual Bowl to

Bowl Run/Walk, scheduled

for Oct. 27 in Pasadena,

Calif., has been changed to

Sun. Nov. 17, due to a con-

flicting event at the Rose

Bowl on the 27th.

record of 4.76/15-71/2 by Jerry Cash in

Another Oregonian, Ross Carter, 82, broke two single-age records in the shot put with an 11.47/37-7³/₄ and discus with a 33.58/110-2.

Every year at this meet special memorial awards are given for outstanding performances based on points scored in track, field, and a total for both areas. This year's George Adams High Point Track Award went to Timothy Jones. The Vernon Cheadle High Point Field Award was won by Dave Douglass, who also won the Jimmie Whitney High Point T&F Award.

John Brennand won the Ray Williams Award for the best performance in the 5000 by a 60-and-over runner. Carter won the Paul Spangler Award for the top performance by an 80-year-old. Bill Bangert was awarded the Hubbel-Herrman Award for best hammer throw by an 80-year-old.

Club West would like to thank all officials, both USATF and local volunteers who helped make this meet "the best ever with over 200 athletes competing," as expressed by Meet Director Gordon McClenathen.

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Senator Bob Kerrey (D-Nebr.) ran a 24:17 in the Nike Capital Challenge 3 Mile, Wash., D.C., Sept. 18. Photo by Bill Fitzpatrick

Scott Wins Two

Continued from page 1

with a 4:26.07. Tim McMullen, 43, Greater Rochester TC, was third in 4:26.75. The first age 45+ runner was Al Swenson, 49, Westchester TC, fourth in 4:30.76.

Vic Heckler, 54, Chicago, Ill., holder of the M50-59 race record at 4:30.37, was first in that age group in 4:38.16. Richard Myers, 51, Voorhees, N.J., took second in 4:57.63. Sid Howard, 57, Central Park TC, ran a 5:02.52 for third.

Eileen Troy, 42, Westchester TC, won the W40-49 race in 5:21.17. Teammate Sharon Vos, 41, was a few yards back in 5:22.19 for second. Christine Stockdale, 52, was first of just two W50-59 in 5:40.74.

In the George Sheehan Seniors Mile for men and women age 60-and-over, Ino Cantu, 62, of Texas, was first among the M60-69 runners, with a Seniors Mile record 5:09.56. Witold Bialokur held the previous record of 5:12.3 set in 1995.

James Aneshansley, 61, Central Park TC, 1996 national champion in the 800 at Spokane, was second in 5:11.27. Canada's Earl Fee, 67, unbeatable, indoors and outdoors, in the 400 and 800 for the last seven years, was third in 5:17.37.

John McManus, 73, Millrose AA, 1996 masters outdoor champion in the 1500, led the M70-79 runners to the finish with a 6:13.24. Archie Messenger, 73, New York Masters, was second in 6:34.52. Messenger defeated McManus for the gold medal

16th Annual Nike Capital Challenge Held

by JEFF DARMAN

Eleven U.S. Senators, 19 House members, scores of political bigwigs, and dozens of members of the media ran in the 16th annual Nike Capital Challenge 3-mile race on Wed. Sept. 18, in Washington, D.C.'s East Potomac Park.

140 teams were entered and captained by a U.S. senator, representative, cabinet member, or sub-cabinet presidential appointee, federal judge, on-air media personality or professional print journalist. Each captain had to finish the course for their team to count.

Official "whistle blower" and starter was 1984 Olympic Marathon gold medalist Joan Benoit Samuelson, who jumped in at the back of the pack after sending the field on its way.

The U.S. Navy defended its title as the fittest team, led by overall winner Ronnie Harris (14:34). Sen. Don Nickels (R-OK) led the upper house members in 22:17, while Rep. Bart Gordon (R-TN) took the "fastest man in Congress" title in 17:44. Secretary of Commerce Mickey



Ino Cantu (I), 62, Richmond, Texas, winner of the George Sheehan Seniors Mile on Fifth Avenue, New York City, Sept. 28, with a race record 5:09.56, with Al Puma, race director.

in the 800 at Spokane by three seconds with a 2:45.

Photo from Al Puma

Dudley Healy, 82, of the Amazing Feet RC, first (62:32) in the 10,000 at Spokane, was first among the M80+with a 9:47.82.

Gerri Owens, 61, New Paltz, N.Y., won the W60-69 race with a 6:44.29. Rosa Nales, 62, Prospect TC, was second in 6:55.87. Muriel Merl, 70, Pomona, N.Y., was first W70+ with a 7:54.40.

The event, which began with races at 10:30 a.m. and concluded with the Elite Men's race at 2:43 p.m., started on Fifth Avenue at 82nd Street, across from the Metropolitan Museum of Art, and finished at 62nd Street.

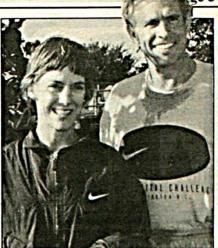
The top three men and women in the age 40-59 races shared \$1200 prize money equally. □

Kantor clocked 19:59 to top the cabinet heads.

Ellen Hart Pena, a top U.S. runner in the 80s and now wife of Federico Pena, Secretary of Transportation, was third woman in 18:30. This autumn, ABC will broadcast *Dying to Be Perfect*, a movie about her life and battle to overcome bulimia.

The race had a festive air with race officials dressed as a donkey and elephant. The event raised over \$11,000 for the D.C. Special Olympics.

The best team name went to USA Today's "Shoe Contract With America." The worst team name went to ZDF German TV's "Kraut TV."



Representative Bart Gordon (D-Tenn.), fastest man in Congress in the Nike Capital Challenge 3 Mile, Washington, D.C., Sept. 18, with 1984 Olympic Marathon Champion, Joan Benoit Samuelson.

Photo by Bill Fitzpatrick

Mondragon, Grottenberg Win in Philadelphia

A driving rain throughout the race didn't bother Mexico's Martin Mondragon (1:04:45) or Sweden's Sissel Grottenberg (1:16:11), who took masters honors in the annual Philadelphia Half-Marathon, Sept. 22.

Mondragon, 42, won \$1000 with his 95.8% age-graded performance, besting Steve Jones (1:06:01) and Doug Kurtis (1:08:55). Grottenberg took home \$1050 for her masters win and 10th place female overall finish.

Runner-comic Gary Fanelli was all business, capturing the M45 division

in 1:11:31, while New Zealand's Judith Hine notched W45 laurels in 1:22:03.

Richard Webb (1:16:57) and Jo Marchetti (1:27:12) splashed to M50 and W50 wins, respectively.

Amby Burfoot, 1968 Boston Marathon winner and editor of Runner's World, placed eighth (1:26:34) in the M50 bracket.

The ubiquitous Wen-Shi Yu (1:43:40) and Toshiko d'Elia (1:47:36) won their respective W60 and W65 divisions.

"80% of All the Money You Spend on Health Care Will be Spent in the Last Two Months of Your Life!"

Are you as surprised as I was to learn the above fact?

After three decades of athletic competition (that's me below in the late '70s) and 16 years as a health care professional, this information astounded me.

Equally surprising to me is how disproportionate the top 10 causes of death in America are:

1.	Heart Disease	37.8%
2.	Cancer	19.3%
3.	Stroke	10.3%
4.	Accidents (Non-Auto)	3.0%
5.	Influenza (Pneumonia)	2.9%
6.	Motor Vehicle Accidents	2.4%
7.	Diabetes	1.9%
8.	Liver Disease	1.7%
9.	Arterial Sclerosis	1.5%
10.	Suicide	1.4%

Causes 1 and 3 will take the lives of 48% of the Americans that die this year.

Just imagine, nearly half of the people that die in America this year will be claimed by just these two causes.

Recently I discovered something new in the fight to save lives. This information will bring you up-to-date on the most comprehensive scientific research ever completed on the prevention of heart disease, stroke and many other health problems.

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The Oxymoronic Lesson of Running

ooking back on 40 years of year-round running, I asked myself what the single most important thing I've learned from the experience has been. In attempting to identify the lessons of those 40 years, I found myself hung up on separating the lessons that apply to running itself as opposed to the lessons of running that have helped me in other areas of life. I decided to identify both.

Considering first the more microcosmic lessons, I asked myself what I would do differently if I could go back to 1956 and start over again with the knowledge I have today. I concluded that the biggest change would have to do with building an endurance base.

From 1956 through 1973, all of my training was intense. It was either hard intervals or a hard four-miler. Everything was all-out and timed. I assumed that running at anything slower than full effort was a waste of time. Nearly every race was finished with the dry heaves.

I never kept track of training miles in those early years, but I don't recall more than a couple of runs longer than four miles. A typical interval session called for eight quarters or 16 220s. Therefore, I probably averaged 15-20 miles a week. The result of that was that I'd go out fast in races and then hang on through a much slower second half, usually finishing totally wiped out.

Foreign Methods

Upon arriving in Hawaii in late 1971, after spending nearly four years in various parts of Asia, I befriended Johnny Faerber, one of Hawaii's better runners at the time. I soon found that Faerber's training methods were completely foreign to me. Most of his training was what then was being referred to as long-slow distance or LSD. He'd run 10 to 12 miles at sevento eight-minute mile pace. When Faerber would ask me to join him on a training run, I'd tell him I didn't see anything to be gained from such a ridiculously slow pace.

TWENTY YEARS AGO November, 1976

- Athletes from South Africa Banned from 1977 World Veterans Championships in Sweden
- Mexico City Hosts International Masters Track and Field Meet

When we raced. which was often, I'd usually beat Faerber in the shorter ones – those under five miles – but he'd always pass me midway into the race in anything longer than five miles. I couldn't understand it. How could he race at between 5- and 5:30-mile pace for six or more miles when he rarely did anything faster than 7-minute miles in training? It didn't make sense.

In my first marathon attempt, during 1973, I shared the lead for much of the first 10 miles before fading and walking about half of the final six miles. Faerber went by at 15 miles and then eased away. I think that was the turning point. It wasn't that I began to believe in Faerber's training methods, but that I had become so discouraged with my own that I decided to hang up my competitive shoes. Since I had no intention of giving up running for fitness purposes, I began to join Faerber on some of his slow training runs. I looked upon those early runs as more of a social get-together than a workout.

Best Effort

But a few months later I was talked into entering another race, and although I didn't feel at all prepared for the event, I decided to do it. I ended up with my best effort ever for a sixmile run, more standard then than 10,000 meters.

Over the next few years, I turned more and more to the LSD approach to training, although still getting in one or two intense workouts a week. My race times came down significantly and I would finish races hardly breathing. I became a believer in LSD. Through the late 1970s and early '80s, I would train regularly on 80-100 miles a week in preparation for marathons and came to recognize that I could run even faster at 5K on that type of training than with the old pure quality training.

In retrospect, I now wonder how much of the improvement I experienced during the 1970s was a result of long-slow distance as opposed to weight loss. Prior to getting LSD training, I always scaled between 160 and 165 pounds. However, after a number of 100-mile weeks, the weight hovered around 150.

If I could go back to age 19 and start over, I'd definitely strive to get the

weight down to around 150, although I'd focus more on the percentage of body fat than the weight itself. I'd probably experiment a little with the mileage, but I suspect it would take at least 90 miles a week, including two intense sessions and a moderately intense one, to maximize my potential. Clearly, LSD and weight loss go hand in hand for many of us.

Building a Base

Building an endurance base through body fat reduction and long-slow distance training has to rank as my number one lesson relative to the racing effort.

As for the bigger picture, I think the most important lesson has to do with pacing. I believe I do a pretty good job in pacing myself through the workday, the week, the year, and so far through life. It's not until I observe others not pacing themselves that I realize how well I do in this respect.

I often look around in my corporate environment and see fellow workers totally stressed out because they don't know how to pace themselves, don't know how to balance work and play, and don't stop to consider what their priorities are. Most of my business associates are mystified at how at exactly 11:30 a.m. I can head out of the office for the downtown fitness center, even when facing a tight deadline. They don't understand why I pass up my business lunches in favor of a noon workout or how I can leave the office at the end of the normal workday when they still have their noses to the grindstone. I sometimes explain to them that running has made me a more efficient person than most people, but they usually don't buy that.

Paid the Price

Over a 40-year business career, I've watched many of my business associates struggle with health problems, including ulcers, obesity, alcoholism, nicotine addition, and heart ailments. Many of them climbed the corporate

639 582

Hawaii's Johnny Faerber, right, is shown here in a 1987 race giving an oxymoronic lesson to NMN columnist Mike Tymn.

ladder much higher than I, but they paid the price. I wouldn't trade places with any of them. It would have been nice had I been able to properly pace myself to greater financial rewards, but I feel that I have so far paced myself pretty close to my full potential, and I'm satisfied. Anything faster or more intense than I have taken life's journey and I'd probably have crashed well before now.

In a way, it's the same lesson that I learned in training when I made the change from all-out efforts every day to the LSD approach. The key lesson in both cases is to make haste slowly.

It's an oxymoronic lesson.

Rodgers, Moller Victors in U.S. 10K

by JERRY WOJCIK

Bill Rodgers, 48, Sherbourne, Mass., and Lorraine Moller, 41, of New Zealand, were masters winners in the U.S. 10K Classic, Atlanta, Ga., on Sept. 2.

Rodgers, multiple-winner in both the Boston and New York City Marathons, outdistanced his closest masters competition by over a minute with a 33:56. Moller, who won a bronze medal in the 1992 Olympic Marathon in Barcelona and represented New Zealand in the 1996 Olympic Marathon, defended her masters title with a 36:31, having won here in 1995 with a 35:35.

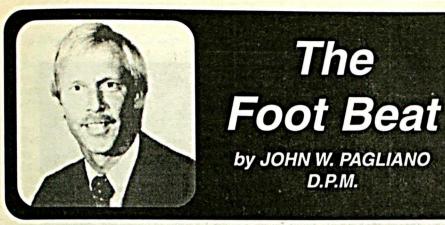
Francie Larrieu-Smith, 43, Georgetown, Texas, a member of five U.S. Olympic teams since 1972, was second W40-and-over with a 39:45.

George Fincher, 67, Marietta, Ga., winner of the M65 division race, recorded the best age-graded performance with a 91.1% 38:38.

The event's pre-race activities started on Saturday of the Labor Day weekend and included appearances and autograph signings by Olympic gold medalists Kip Keino and Frank Shorter.



Bill Rodgers, 48, Sherbourne, Mass., first master (33:56) in the U.S. 10K Classic, Atlanta, at the award ceremony. Photo from Don Whitney



Achilles' Tendinitis

I am a 50-year-old male runner and injured my Achilles' tendon while running a half-marathon. I've tried ice, aspirin - and even stopped run-● ning for two weeks - but the pain doesn't seem to go away. What can I do to get back on the roads again?

Achilles' tendinitis is easily the most common injury in runners over the age of 40. Some attribute it to over-training; others think it is caused by • a reduction of the blood supply to the area. Either way, it will usually take several weeks for an acute tendinitis to subside.

Even though it is the most unpopular treatment among long distance runners, rest is the key to recovery. In order to allow for a reduction in swelling and for the tendon to repair itself, I usually recommend staying off the roads for a minimum of three weeks. In severe cases, up to three months of rest may be required.

In addition to rest, hydrotherapy can be used to help restore the blood supply to the injured area, along with some ultrasound treatments to break down the scar tissue. A heel lift can sometimes provide relief from the soreness, or - if the pain is acute - oral anti-inflammatories may be prescribed.

If all else fails, you may wish to consider a steroid injection in the area of the tendon. However, your doctor must be careful not to inject the steroids into the tendon itself as this may cause further weakening.

As the tendinitis improves, you can return to running on a gradual basis. Start with every-other-day workouts on a firm surface. Be sure to wear a heavy-duty training shoe with a good heel counter. Ice the tendon for five or six minutes after each session, followed by hot water soaks for 30 minutes each evening.

Prior to running, do not stretch the tendon. Warm up by walking a halfmile or so and increase it weekly by 10%. Remember: don't over do it on your first workout - or you may reinjure the tendon and have to start the healing all over again.

(Dr. Pagliano is a runner and a podiatrist in Long Beach, California. He is a member of the American College of Sports Medicine. If you have a foot, ankle or Achilles question, write to Dr. John Pagliano, The Foot Beat, NMN, Box 50098, Eugene, OR 97405.)

Need Back Issues? Most back issues of the National Masters News are available for \$2.50 each, plus \$1.25 postage and handling for each order Send to: National Masters News

P.O. Box 50098 Eugene, OR 97405

Boston to Host Indoor Nationals

Continued from page 1

TRACS, Inc. is collaborating with organizers of the 1998 Indoor Championships, USATF-New England Association Director Steve Vaitones, and Masters Athlete Representative Ed Daniels. Both organizations are excited about the potential benefits of the Championships being conducted consecutive years in Boston.

Other bidders Championships included USATF -Illinois Association, and Idaho State in Pocatello. Pocatello is well-known for hosting the Simplot Games, and Illinois has hosted numerous USATF regional and national championships.

Championships Coordinator Scott Thornsley encouraged both Illinois and Pocatello to bid for future championships. The 1999 Indoor and Outdoor Masters Championships will be awarded at the Convention in December.

"I feel very fortunate that we were able to elicit such quick response from three experienced meet organizations with great sites who were willing to conduct the Championships on such short notice," said Masters T&F Chair Barbara Kousky. Originally scheduled for the U. of Missouri at Columbia, the University withdrew its bid due to changes in event personnel.

The entry form will be published in the December and January issues of NMN.



Medical miracles start with research



The Second Annual Indoor Masters Track and Field Meet is sponsored by the University of Nevada and the Silver State Striders. The Track is the University of Nevada's Bill Cosby Wooden Track (the same facilities used in the 1995 National Masters Indoor Championships).

WHERE: Reno Livestock Events Center (Exit Wells Avenue off Interstate 80, proceed north on Wells for two blocks)

February 16, 1997 (SUNDAY) TIME: 8:00 A.M. WHEN:

WHO: All men and women 30 years and up (sub-masters 30-39, masters 40-95)

FEES: \$15.00 for first event, \$10.00 each thereafter - Relays \$20.00 per team.

DEADLINES: Registration must be received by Saturday Feb. 8, 1997 for final schedule. (walk in registration is limited to lane & time availability)

AWARDS: Medals, top 3 places, all age groups, all events.

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3000m 3000m Race Walk 60m 60m Hurdles Relays as requested (4 X 200	200m 400m 800m 150m 0, 4 X 400, 4 X 800)	I I	Pole Vault High Jump Long Jump Triple Jump	Shot Put Weight Throw Super Weight Throw			
Application and entry checks	(Silver State Striders) and mail to	Silver State Striders	• P.O. Box 21171	• Reno, NV 89515	• (702/329-2814)		
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BEST RECENT PERFORMANCE:	Callenger (Section 1987)	Charles a		COMPETIT Official			

WAIVER AND MEDICAL TREATMENT AUTHORIZATION

In consideration of my entry in the Reno Nevada - Silver State Indoor Masters Classic at the University of Nevada Bill Cosby Track, Reno, Nevada, on February 16, 1997, I intend to be legally bound, and I do hereby for myself and anyone entitled to act in my behalf, waive and release the University of Nevada, the Silver State Striders, the City of Reno, all Sponsors and their Representatives and Successors from all claims

and/or liabilities of any kind arising from my travel to and participation in the meet. I grant permission to all of foregoing parties to use any photographs, video or motion pictures, record of any other record of the meet for any legitimate reason. I understand that all entry fees are final with no refunds. It is understood that this meet will entail physical activity and that various injuries may result. I certify that I am properly conditioned and have No physical injuries or defects that will preclude me competing. I authorize the Track Committee and its agents permission to request emergency medical treatment or care as necessary to insure my well-being.

Applicant Signature

Date

Sneaky fashion trend



Tace Chalfa holds a 1985 first-edition Nike Air Jordan basketball shoe, size 71/2, for sale in her store at \$420 for the pair.

Doug Clark

Smelly old shoes run into big money

Want some quick cash?

Doug Clark sniffs out latest fad in Japan

omewhere in Tokyo there's probably an oversized Japanese guy strutting around proudly in a pair of my 10-year-old Air Max Nikes he bought for \$400 (43,652 yen).

Or perhaps he's showcased my size 12 dogs in his home as if they were exquisite antiques.

Talk about mass lunacy. Japan's terminally cool are shelling out otherworldly wads of cash - sometimes thousands for used, smelly American sneakers.

I know. I pocketed \$150 for two pairs of wellworn running shoes that were Goodwill bound until I stumbled across Tace Chalfa's advertisement:

"Up to \$500 for your 70's and 80's tennis shoes!"

Chalfa, 24, is the nation's premiere dealer in valuable sports footwear. She is featured in the September issue of Details Magazine (page 84), a sort of GQ for Generation X hipsters.

Although based in Seattle, where she and husband, Ed, run two second-hand clothing stores, the Chalfas also own a home on Spokane's South

They suspect the city that gave birth to Bloomsday is a treasure trove of outdated swooshstriped gear.

Have some old Nikes? Want to make some quick cash? Call 1-888-499-NIKE

This 24-year-old woman is in a buying mood. Chalfa recently paid one longtime Spokane marathoner \$1,500 for 30 pairs of well-abused Nikes. The man told Chalfa he might wave the check under the nose of his girlfriend, who nagged him to junk the battered shoes.

"It's pretty crazy," Chalfa concedes of the Japanese addiction to American kitsch.

And how. In recent years, fad-stricken Japanese have paid inflated prices for everything from our old cars to our old Levis.

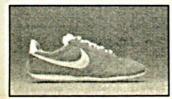
But old running shoes? What's next, vintage jock straps?

Tokyo visitors today can find entire streets lined with shops that hawk nothing but classic Nikes and, to a lesser extent, Addidas and Pumas. Wearing costly vintage sneakers is the desire of every pampered teen.

Old Nike T-shirts, running suits and other paraphernalia also go for big bucks. Glossy, full-color Japanese fashion magazines are devoted to this bizarre shoe fetish.

Continued on page 9

Nike Sting



Nike Waffle Racer







Nike Roadrunner 1



Old Shoes continued from page 8

Buyers visiting Chalfa in Seattle usually drop \$50,000 at a time for boxes crammed with hundreds of

pairs.
"If I take them in the back room they just flip," adds Chalfa, who estimates her current inventory at over 1,000 pairs. "We have more shoes than anybody else in the world at this point.

First edition Air Jordans (1985) are among the most coveted. A red-andblack pair Chalfa pays \$400 for will sell in a Tokyo boutique for \$1,200.

The price soars higher for blue-and-black Jordans, which are rare because they never sold as well.

Those old blue and gold waffle trainers are valuable as are any bright Nikes. The gaudier the color, says Chalfa, the better.

"It would be hard to believe if you didn't have the cold cash in your hand," says Don Kardong, Bloomsday founder and a former Olympic marathoner.

Kardong once owned a shoe store that catered to runners. He probably would be a zillionaire had he just closed the doors and stockpiled his old inventory.

"This keeps alive my streak for missing business trends," laments the veteran runner.

Chalfa jumped into this weird shoe biz several months ago.

Husband Ed, 42, has been buying and selling vintage clothing in Seattle for years. After Japanese customers stated wandering into their store started wandering into their store asking for Nikes, Chalfa placed an ad in the Seattle Weekly offering to buy old shoes for big bucks

A TV station gave them some free

publicity. The next day hundreds of sellers lined up with Nikes in tow.

"We spent \$23,000 in one week," says Ed. "I thought we were going to go broke.'

Now the couple is running all the way to the nearest vault.

WANTED!

They certainly have the shoes for it.

All Nike, Adidas, Puma, etc. t-shirts, warm-ups, nylon jackets, tote bags, and related items!



NIKE-The most valuable logo is the pinwheel. Also very valuable is the NIKE block letter logo. Also look for the orange swoosh on white tags or for a navy blue tag with grey lettering.

WANTED



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*Note- We are currently buying mens sizes 7 - 12 only. Original boxes may add 10-20% to shoe value.

PUMA- The most desirable logo features the cat with an open mouth. Newer Puma wear, while still desirable mouth siblouette













If you have any of these shoes or athletic clothing you can...

1) CALL THE NEW STORE (d.b.a. The Red Light) at 1-888-499-NIKE, toll free for more information, or to request a shoe buying guide. Please be patient when requesting price quotes or other specific information over the phone.

2) Simply box and ship your shoes/clothing at our expense by sending them cash C.O.D. for shipping charges from any U.S. address. Please enclose your name, address and phone number so that we may contact you immediately with an offer. If you accept our offer, a check will we mailed to you within two business days. Money can be wired on the same business day for a \$25 service charge. If you are not satisfied with our offer, your items will be shipped back to you within two business days.

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4560 University Way NE, Seattle, WA 98105



Competitors Over Age 70

The following interviews took place at the National Masters Outdoor Championships in Spokane, Wash. In the 5K, Dorothy Robarts, W85, won gold; Herman Arrow, M75, won silver, and Mel Lees, M70, won bronze. Jane Dana, W75, won gold in the 5K and 10K; Masashi Noritake, M70, won gold in the 5K and silver in the 20K.

EW: Why do you racewalk?

Herman Arrow, 76: I had a quadruple bypass 10 years ago when I was 66. I started walking for therapy as an aerobic exercise. This led to power walking and then I learned about racewalking and realized what a marvelous aerobic exercise it is. I work with the Heart Association's support group. My track workouts have been an example to many of those having bypass operations. They see that it is possible to come through the procedure, make the necessary changes in diet and exercise, and live an energetic, productive, happy life.

Racewalking has provided a whole new dimension to my life. I was athletic when I was 18 and not again until I was 66. There have been children, grandchildren and great grandchildren

in between.

I think the biggest thrill I have is hearing one of my grandchildren call from the stands, "Come on old man. Shake it! Shake it!" When I hear that, everything falls into place.

Mel Lees, 74: I had a bypass at Christmas in 1989, but I had been an athlete before that. I was a mountaineer and had started to racewalk a few months before my bypass. Because I was in such good condition, my doctors told my son-in-law before the operation, "He is going to make me look good." Now I work out pretty hard five days a week, anywhere from 35K to 50K.

I take Mondays and Fridays off. Sometimes, I take more days off if my body demands it. I listen to my body. However, what gets me up in the morning is the thought, "Masashi is out there!"

Masashi Noritake, 72: I don't come from an athletic background. As far as I know I am the only one who competes. Before I retired, I was a mail carrier and did a lot of walking. In 1990, I lost my wife. The first couple of years, I was at a loss. I felt I had to get out and get active. I saw a flyer for a racewalk competition and signed up for it. I didn't know how to racewalk, but I thought I would try walking as fast as I could.

There is not much information at the public libraries on the rules of the sport. I tried to teach myself. Then, in

1992, I signed up for a racewalking class at East Los Angeles Community College given by Elaine Ward.

Dorothy Robarts, 86: I was sitting in a chair. I had arthritis in my shoulders and neck so bad that I couldn't move my neck around on one side. Besides that, a detached retina had left me blind in one eye.

As I sat in the chair with my feet on an ottoman, I thought, "Oh, my God. I feel old." I sat there and started talking to myself. "Dorothy, you can't blame your mother. You can't blame your father. You can't blame life. You are 83 and you can choose. You can either sit in this chair and rust out and have all your friends feel sorry for you, or you can get up from this chair and wear out.

I chose to get up, sat down on the floor and started doing yoga. In about a week, I went to the hairdresser and saw a little box in the sports section announcing that Jack Bray was starting a new class at the College of Marin in racewalking with T'ai Chi and Chi Kung. I decided the class was exactly what I needed - mind over body. I knew I had to clear my mind of nega-

In November I will be 87. I have 17 medals and hold a world's record in my age group.

Jane Dana, 75: I got dragged screaming into racewalking because I had a daughter who had joined a racewalking club and was doing quite well. Unbeknownst to me, she signed me up for the club and told me to come.

Soon I became interested because I have always been a person who likes challenges. I guess I am a natural competitor. Mel Granttham, who was in charge of the club at that time, said, "You're doing fine. You better go home and build a cabinet for the awards you're going to win." They teased me along so I kept at it. There has been some DQing that I didn't like, but through thick and thin, I've survived.

EW: Have you always been com-

Arrow: I am a competitive person. It is part of my nature to try to get better at what I do. I like to try to improve on myself. Competing with someone else isn't the major factor though it provides incentive. My main motiva-



Phyllis Abate, W55, in the 5000 racewalk, USATF Masters Championships, Spokane, Aug. 15-18. Photo by Jerry Woicik

tion is to improve myself as much as I can in my daily life, in my work and in my art.

Robarts: I don't think I was born competitive. I was the type of little girl who always was making everybody happy. Now, all of a sudden, in my 80s I have found another part of my personality.

I still want to help and encourage others, but there is a change that even my friends notice. They keep commenting, "You're so competitive."
They aren't used to seeing me this way. At first I didn't have any encouragement from them. No one was accepting of me.

With the support of Jack and the Marin Racewalkers I feel like I have started a whole new adventure. Racewalking has done this for me as well as the association I have with other racewalkers. I feel I landed a pot of gold and I won't allow anything to come between me and that pot of gold.

Noritake: I have not been physically competitive before now. Maybe competitive in card games, but racewalking is the only sport I have competed in. I would like to try other sports and see what they are like, too. I

never had a chance to do sports in high school. Now I find it is in me to be physically fit.

Lees: I have always been competitive; however, I avoided competition in mountaineering. I had enough competition in my business. I refused to get competitive in sports until I got into racewalking. It is just natural to compete in racewalking and I love it.

Arrow: When I was five and six, I was organizing competitive street games and trying to beat the other team. I think it is a matter of personality. I look at my grandchildren and I see different traits in each one. You can pick out the ones who are aggressive at age four, five and six.

Noritake: There is always somebody there to teach, lead and learn from. So long as I can improve myself, that is satisfaction in itself. A gold medal isn't everything. If I can better my time, that is more of a satisfaction.

Arrow: I think if you look at yourself critically, are honest with yourself and want to grow, you are always opening up new vistas. Age isn't a factor if you are looking at things anew or trying to understand new ideas and do new things.

Like Dorothy, racewalking has opened up a new dimension and confirmed the fact that life is full of new experiences whether it is in sport, a relationship with the family, science or politics. Staying young means never closing down the mind or imagining at 76 or at any age, "I know everything there is to know.

EW: If you are trying to recruit someone into racewalking, what do

Lees: I don't talk about competition per se. I talk about the camaraderie to be found in the racewalking community. You come to races as much and maybe more to meet persons who have become friends. You are happy to see them and they are happy to see you. There is no competition until you get on the track, and that is as it should be. Off the track, everyone helps each other. They give you advice and just are genuinely glad to be with you. I think this camaraderie is one of the outstanding attractions of racewalking.

Robarts: I would like to see women who think they are old at 80 think positive thoughts. You will always find people who dwell on the negatives. You have first to think health and stop

Continued on page 11

Matthews Shatters U.S. 5K RW

by BOBBY BAKER

This year's USATF National Masters 5K Road Racewalk Championships were held in Kingsport, Tenn., Sept. 14. Competitors were treated to a beautiful crisp morning with temperatures in the low 60s.

Proving that age is just a number, Jonathan Matthews of Bloomington, Ind., broke the existing M40 American record by one-and-a-half minutes to capture the men's championship. Matthews, who turned 40 in July, cruised to the win in a stellar time of 20:45. He broke the previous record

(22:21) set by Ray Funkhouser in 1993. The victory was particularly sweet as Matthews, who has the American record in the 3K open and is a former 50K champion, is coming off a year that was filled with injuries.

Sally Richards, 44, claimed the women's title in 25:53.

The open non-championship winners were Dave McGovern (20:27) and Michelle Rohl (22:40).

The race attracted walkers from California to New Jersey, all of whom seemed well-pleased with the new course.

Racewalking

Continued from page 10

saying to yourself when you get up in the morning, "I feel an ache here or a pain there."

Moaning about pain is no way to get attention. If you want to get attention, get out of that pain thing and say to yourself that you are going to take a helping step today that you didn't take yesterday. You have to take one step at a time on any road to recovery. But the bottom line is: For God's sake, get out of the chair and stop complaining about all your aches and pains.

Sometimes, you have to convince people that they can help themselves. I tell them it's a choice they can make. If a person can catch himself or herself saying, "Oh, my arm aches..." and then quickly say, "Arm heal yourself," that is one step. Moving the arm with gentle exercise is another step. Exercise in the chair at first if necessary. But the aim is to move and get out of the chair and become active.

Sometimes I'll tell women about a party I attended. Someone asked me, "What have you done with your life?" I said, "Well, I have raised two sons."

The person looked at me and said, "Well, what else have you done?" That question was in the back of my mind when I was sitting, aching and feeling so old. I thought, "In no way am I going to rust out in this chair. I am free. I can choose life or I can choose illness and death. So I am going to choose life."

I tell people that racewalking makes my body feel strong. It gets my blood circulating and has relieved my arthritis and pain. The arthritis may be hiding and waiting to come back, but I am going to keep working out and not let it catch me again.

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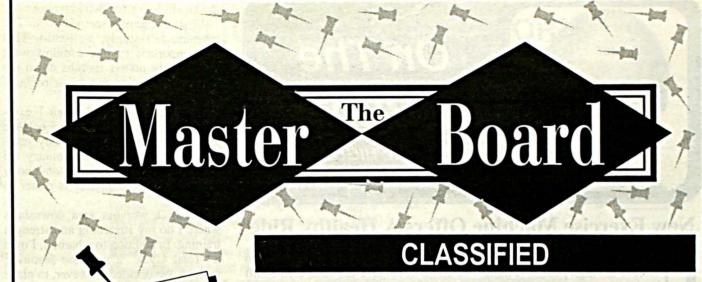
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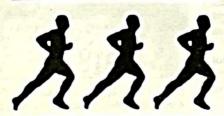
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On The Run

by HAL HIGDON

New Exercise Machine Offers A Healthy Ride

sually, I spend four or five minutes with my feet on the low pedals – then shift to the high pedals. A minute of that is about all I can take, then I shift back to low. Sometimes I finish with another minute on the highs. Ten or twelve minutes total: that's a tough workout for both the upper and lower body.

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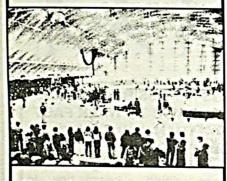
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I'm talking about the HealthRider, the latest hot exercise machine, threatening even the NordicTrack in popularity among those seeking a total body

If you watch much TV, you've probably seen one of the commercials for the HealthRider, spotlighting author Covert Bailey. One commercial featuring healthy, older athletes includes Jim O'Neil of San Diego, a regular at masters track meets.

Neither Jim nor Covert convinced me to buy my HealthRider; it was Bonnie and Colin who served as salesmen. Colin is a surgeon in Oklahoma City; his wife Bonnie works in his office. My wife Rose and I stayed with them while in Oklahoma on book tour last December.

Home Gym

Of the two, Bonnie is the more serious runner – a frequent marathoner. But when the winds blow cold across the plains, she stays inside and runs on a treadmill in her home gym.

Among the exercise devices in Bonnie's gym is a HealthRider. For those who haven't seen the TV commercials, the HealthRider resembles a low-built exercise bike. There's a wide seat and two sets of pedals, high and low. While riding the machine, you grip a rotating handlebar.

You exercise by pulling the handlebar and pushing the pedals. With your feet on the low pedals, you get a balanced workout: upper and lower body. Shift to high and the emphasis shifts to the upper body. That can be tough!

You can also shift the handlebar position, offering an even tougher upper-body workout. Resistance is provided by your own body weight, although you can add weights up to 100 pounds. A computer keeps time, counts repetitions, and estimates calories burned.

I Liked It

I tried the HealthRider and liked it. So did Rose. Enough so that I offered to buy her one as a Christmas present (knowing I would use it as much as she).

At \$500, the HealthRider is not inexpensive. Before buying one, I considered several similar exercise machines, some of which cost \$100-\$200 less. Eventually, I paid extra for

the HealthRider for two key reasons.

First, the quality seemed good. The machine felt sturdy, well-built. That was important to me. I didn't want parts falling off six months down the road, necessitating repairs or replacement.

Second, it felt good when I exercised. The machine offered a balance between upper and lower body muscles. NordicTrack's cross-country ski simulator offers a similar total body workout, but HealthRider is easier to use.

I have a workout area downstairs where I do my stretching and strength training. In addition to a barbell, I own a "Total Gym," a machine featuring pulleys. We decided, however, to place our new HealthRider upstairs in the TV room next to an exercise bike. That way I could exercise watching "Seinfeld" reruns on TV.

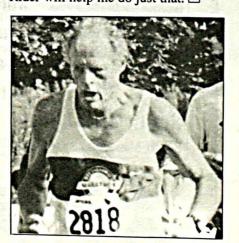
Training Routine

My current routine (during a period when I have taken a sabbatical from running after my 100th Boston Marathon) has been to combine work on the bike and HealthRider. Generally, I warm-up with 10-20 minutes pedaling, shift to the Rider for 10 more minutes, then cool-down with 5-10 minutes pedaling. Combining the two machines, I can get a good work-out in 30-40 minutes using most of the body's major muscles. And get some reading done too – at least on the bike.

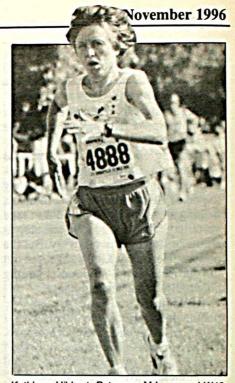
While I was shopping for machines last Christmas, a salesman pitching a different machine tried to tell me that, despite what Covert Bailey claimed on TV, the HealthRider wouldn't exercise you aerobically.

I'm not sure I agree. Depending on how hard and fast I ride, I find I can exercise either aerobically or anaerobically. Besides, I didn't buy the machine for an aerobic workout, which I can get running. I was more interested in exercising those upperbody muscles that runners often ignore, at their own peril.

Scientists tell us that overall strength – requiring some form of weight training – may not make you a faster runner, but it can make you a healthier person, particularly as you age. Approaching my 65th birthday, I understand the need for preserving lean body mass. Hopefully, the Health-Rider will help me do just that.



Dixon Hemphill, 71, first M70-74 (78:05), Annapolis 10 Mile, Annapolis, Md., Aug. 25. Photo by George Banker



Kathleen Hibbert, Potomac, Md., second W40-44 (72:09), Annapolis 10 Mile, Annapolis, Md., Aug. 25. Photo by George Banker

Starnes, Jones Winners in Annapolis 10-Mile

Again, the Annapolis Ten Miler upheld its reputation for heat and humidity and hills but still posted good numbers, with 3214 finishers of 4000 registrants, in its 21st edition on Aug. 25 in Annapolis, Md. The Annapolis Striders, organizers of the race, had also feared a drop-off in participation because of the elimination of team competition in the 1996 race. Last year, 3260 runners crossed the finish line, so the decrease was insignificant.

Margaret Stearns, 41, Street, Md., repeated her 1995 masters victory (67:44) with a comfortable 69:06, 21st female. Runner-up Randon Fritsch, 51, Baltimore, Md., had the best performance among the W40-and-over, with a 70:02. Hideko Pirie, 51, Fairfax, Va., was third in 71:19, a large improvement on her 1995 time of 75:24.

Hedy Marque, 79, Alexandria, Va., ran a 1:40:16. Marque is the W75-79 national record holder for this distance at 1:24:54 set in 1993.

Thad Jones, 40, Richmond, Va., took the masters men's race with a 12th-place 55:52, with Bill Knapp, 40, Hanover, Pa., coming in some three minutes later in 58:33.

Fourth master, Robert Torchia, 45, who was 12th in the M40-44 race last year in 61:43, won the M45 contest in a much faster 59:16.

Dixon Hemphill, 71, Fairfax Station, Va., defended his M70-74 title with an improved 78:05 over last year's 81:54.

The race starts at the flat Navy-Marine Corps Memorial Stadium before it hits the "real course" leading to an 80-foot high, curved span bridge over the Severn River, followed by the dreaded hills, before heading downhill to the grounds of the U.S. Naval Academy.

- from George Banker



Bailey Gore, 68, at the 1996 Midwest Masters Meet, Huntington, W. Va.

Bailey Gore

Bailey Gore, 68, Murray, Ky., died Aug. 17 of a heart attack. He participated in the track and field events in the 1989 USNSO Games in St. Louis; 1993 Games, Baton Rouge, La.; and 1995 Games, San Antonio, Texas.

1995 Games, San Antonio, Texas.
In 1995, he placed fourth in the M65-69 decathlon at the WAVA Meet in Buffalo. His last meet was in July at Marshall U., Huntington, W. Va., where he received seven awards for his performances and set a meet record in the javelin.

He served as coordinator of the Kentucky Senior Games and attended the May 1996 USNSO Workshop in Tucson. He was retired from Murray State University, where he taught in the H.P.E.R. Department and was on the football coaching staff for six years. He is survived by his wife, Betty, three children, and four grand-children.

John Mendyka

Less than three months after Edith, his wife of 57 years, died, John Mendyka, 88, passed away in Tujunga, Calif., Sept. 15.

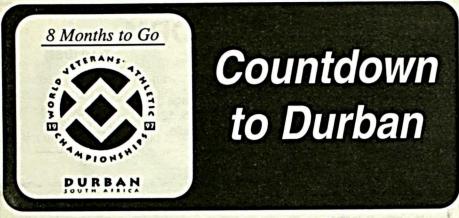
The father of masters athletes Karen Huff and Gary Mendyka, John held the German 100-meter high hurdle junior national record for 30 years. He came to the U.S. in 1929 with \$2 in his pocket and limited English, settling in California.

Despite a massive stroke at age 36 which prevented him from speaking for the remaining 52 years of his life, he did not withdraw from his world or from those he loved. He found unique and subtle ways of communicating with his family.

Any gifts may be made to the ARCO Olympic Training Center, 1750 Wyeste Road, Chula Vista CA 91915; attn: Anne Bolzoni.

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Competition Schedule Set

nterest is building for the XII WAVA World Veterans Athletics Championships in Durban, South Africa, July 17-27, 1997. Executive Director Monty Hacker and newly-appointed Chief Executive Officer Linda Barron flew from South Africa to North America to shake hands with athletes at championship meets in Vancouver, Spokane, and Eugene in August.

Barron, the long-time organizer of the prestigious South African Comrades Run, said she expected 8500 participants in the marathon, alone, and a sizeable entry in the cross-country

"We plan to make this a first-class event," she said.

Unfortunately, the entry forms have been delayed.

Translation into four different languages has taken more time than we thought," Barron said. "The entry forms are now in production, and we plan to dispatch them to the various countries by November 1st."

The competition schedule has been set, and is published on this page. Any man age 40 or over, or any woman age 35 or over, as of July 17 is eligible to participate. There are no qualifying standards, other than to be at least the minimum age.

The Championships have a website on the Internet. The address is http://www.wava.org.za/. The site will be continuously updated through the Championships.

Barron promised plenty of interpreters and said the average daytime Durban temperature in July is between 22-26°C (72-79°F), while the night-



Skyline of Durban, South Africa

time average is 18°C (65°F). She said there is little rain in July.

"Cape Town intends to bid in 1998 for the 2004 Olympics," she said, "so South Africa wants the WAVA Championships to be a success."

Barron said the re-surfacing of the secondary track has been completed and the electronic scoreboard in Stadium One has been constructed.

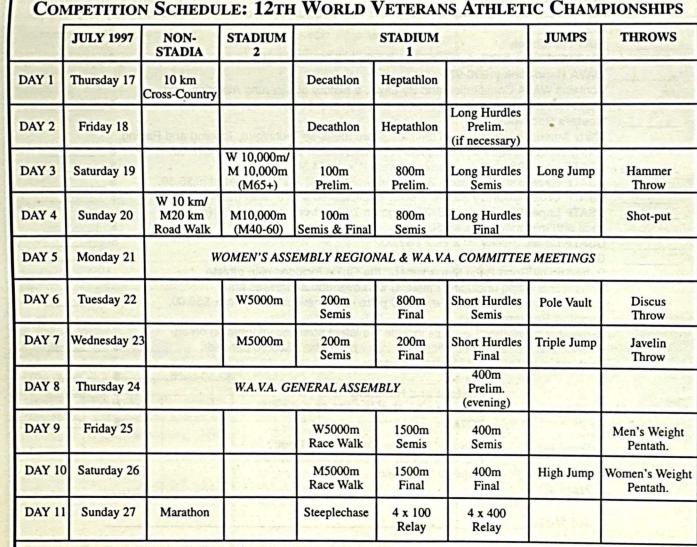
"Members of the Durban organizing committee - Jack Daya, Vijay Nathaniel and Harry Naidu - completed a successful marketing trip to the Asian Championships in Seoul, Korea in early October," Barron reported. "The interest from the Asian countries is excellent."

Barron said she is meeting with air-Continued on page 15



Finalists in the W60-64 400, NCCWAVA Regional Championships, Eugene, Ore., Aug. 21-24, on the awards stand, from left: Jean Horne, Canada, first (64.15), Rita Kerr, US, second, and Louise Reed, Canada, third.

Photo by Shirley Dietderich



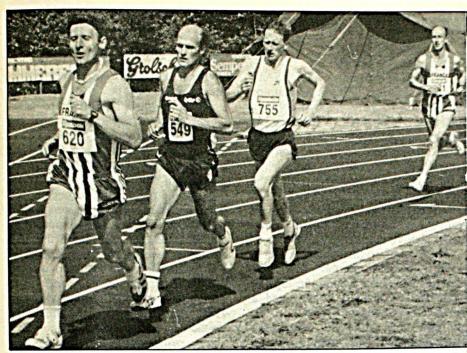
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Koba Bellingan, W40, cruising to victory in the 400 (58.55), South African Veterans Championships, Pretoria. Photo by Leo Benning



Jozef Eyckmans, 56, Belgium, eventual winner (14:46.63), is running in second place. Christian Geffray #620, 54, France, was third (14:52.25). Francis Bentz, 56, France, far right, closed quickly to take second (14:47.49). Gordon Seward #755, 52, England, faded to 11th, in Roosendaal, Netherlands, July 6.

Entry Deadline for European Meet is Dec. 21

The entry deadline for the 1st European Veterans Indoor Athletics Championships is Dec. 21.

The event, open to participants from all countries throughout the world, will be held in Birmingham, England, on Feb. 28-March 2.

Overseas athletes are also invited to compete as guests in the British Indoor Masters Championships in Glasgow, Scotland, on Feb. 22.

Both meets are open to men age 40 and over and women age 35 and over,

per international rules. The entry form was published in last month's NMN. Or you may write/fax to EVIC Secretary, 48 Ford Close, Harrow, Middlesex, England, HA1 4AZ. Fax: 181-248-2271 (from USA, add 011-441 before the number).

This is the "off-season" in England, so air fares from major U.S. cities to London are relatively low. From London, both cities are easily reached by plane or train.

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AFRICA

Countdown to Durban

Continued from page 14

line officials to try to arrange for discounted fares. Because of the decline of the South African rand vs. the U.S. dollar, three-star hotels are available for about US\$54 per night (double occupancy), including breakfast, while

budget hotels are about \$27 a night, also with breakfast. Self-catering apartments are available for as little as \$16 per person per night (four to an apartment). Group tours are being arranged (see ads in this issue) at low group rates.

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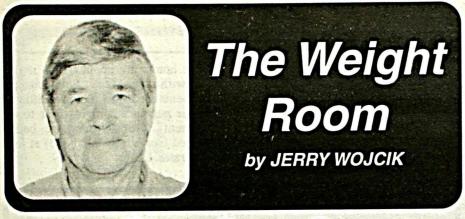
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Things to Come (or Go)

fter the 30 men and 6 women weight pentathletes at the Championships in Bozeman on Sept. 14 had received their medals, watched the presentation of the Phil Partridge Awards to the highest scorers, and consumed 36 pounds of sirloin steak (somebody must have been a vegetarian because I ate two pounds myself), 18 pounds of green beans, 28 pounds of twice-baked potatoes, 44 pounds of fruit, and jeroboams of liquids, we got down to discussing business.

The discussion centered on two possible innovations in masters throwing: 1) changing the 800g javelin for M50-59 to the 700g, and 2) holding the National Weight Pentathlon Championships along with the National T&F Championships.

The proposal to amend Rule 262.2a to include the 700g javelin as the designated implement and delete the 800g for M50-59 has been submitted by Ken Weinbel, USATF Masters Weight Event Coordinator, and will be voted on at the 1996 USATF Convention in San Francisco, Dec. 3-7.

Weinbel's reasoning is that in the employment of lighter weight implements as throwers age, the jump from 800g to 600g is inconsistent with the sequence of other implements for that age group. In the proposal, Weinbel states, "The 700g javelin is a better weighted javelin for the 50-59 men. It's more easily thrown, lessening flat throws and producing better results."

The 700g javelin is in use in other parts of the world and is readily available from implement manufacturers. Prices are similar to those for the 600g and 800g, ranging from about \$60 for the practice, lead pipe implements to \$200 or more for the high-tech, designer jobs.

What about present 800g records for the two age-groups involved? The two world and two U.S. records would remain, as would the single-age marks with the 800g, and a new category would be added for age-group records

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- Antonio Villanueva, 41, Breezes to a Masters Victory in the Nike Marathon With a 2:17:16
- The First Annual San Juan Masters T&F Meet Draws Nearly 300 Entrants



Marlene Sachs, 52, scored 3267 points to win the W50 pentathlon, NCCWAVA Regional Championships, Eugene, Ore., Aug. 21-24. Photo by Jerry Wojcik

and single-age records with the 700g.

The discussion on adding the weight pentathlon to the T&F Nationals arose from a questionnaire circulated at Bozeman, asking for a "Yes" vote to combine the WP with the Nationals, or a "No" vote to leave things as they are. I voted to combine, but I have mixed feelings about the whole question and voted "Yes" because I think that this event, conducted well for the last two years, can be even better and this is a way to put it on the table for further discussion, not just by throwers but also by members of the USATF Masters T&F Committee.

Another topic of lesser magnitude bandied about in Bozeman was the absence of world and U.S. age-group records, single-age records, and All-American standards for the WP, all of which should come in time when more data are compiled.

If you want to get involved in these weighty matters and more, show up at the USATF Convention in Dec-

Nationals Draw Weight Pentathletes from U.S.

by JERRY WOJCIK

BOZEMAN, Mont. - The USATF National Masters Weight Pentathlon Championships here, Sept. 14, offered the last opportunity for Pacific Northwest throwers to compete in one of five major meets in the region this season. For some, this was the finish of a skein of meets that started with the Northwest Regionals in early August in Tacoma and went through Vancouver, Spokane, Eugene, and Seattle before coming to Bozeman.

The field of 30 men and six women – about the same numbers that competed in the 1995 Championships in Grass Valley, Calif. – represented a broad cross-section of the U.S. In addition to athletes from the Northwest and West, entrants came from Kansas, North Carolina, Colorado, Florida, Michigan, Ohio, Pennsylvania, New York, Louisiana, Alaska, and Oklahoma.

The top scorer among the men was new age-grouper, Len Olson, 65, Pennsylvania, who, with 1000+ point performances in the shot (41-91/4) and 20-lb. weight (52-0), scored 4781 to win the M65 division from a field of four. Tom Gage, 53, from nearby Billings, Mont., had the second-best total of 4741, bolstered by 1000+ points in the hammer (200-9), shot (50-103/4), and 25-lb. weight (69-11).

Betty Jarvis, 81, Oklahoma, totaled 3426 points (974 for a 19-9 shot put) to lead the women. Four-time gold

medalist in the 1996 Nationals, Pauline Thomas, 47, Washington, recorded the next-best score of 3199.

Meteorologists had predicted occasional showers for Saturday, but the weather cooperated and produced a sunny Big Sky with fleecy clouds and perfect autumn temperatures in the 70s for most of the meet.

After the meet and a barbecue, Bob Sager and Rex Harvey, Masters Multi-Event Coordinator, who competed in the M50 division, presented the Phil Partridge Awards of \$100, \$75, and \$50 to the top three men and women scorers: Olson, Gage, and Bob Humphreys, 60, California, who had 4134, and Jarvis, Thomas, and Mary Norckauer, who totaled 2921.

The cash awards and trophies for the highest scorers were donated by Bob Stone, an M75 thrower from California, in honor of veteran weightman, Phil Partridge, 85, who was instrumental in the development of weight age-grading and the adoption of the weight pentathlon as an official WAVA event.

All profits from the meet, in excess of \$300, will be turned over to Ken Weinbel, Masters Weight Coordinator, for the purchase of new equipment for future meets.

Next year's site for these championships will be bid on and selected by vote at the 1996 USATF Convention in San Francisco, Dec. 3-7.

Twin Cities Marathon

Continued from page

Grottenberg came on the scene, finished fourth in 2:36:37. Alice Thureau, 41, Fisher, Pa., ran a 2:38:13 to place eighth.

Three of the 11th through 15th women placers were also masters: Jane Welzel, 41, Colorado, 11th; Gillian Horovitz, 41, New York City, 13th; and Elena Sipatova, 41, Russia, 14th.

Grottenberg (91.5%), Pozdnyakova (91.0%), and Thureau (90.8%) had the top three W40+ age-graded performances

Either by coincidence or by training regimen, the first three finishers in the W45 division are all residents of Edina, a Minneapolis suburb, with Gloria Jansen, 49, leading the trio in 3:06:55, followed by Diane Stoneking, 48, 3:11:51, and Barbara Spannaus, 49, 3:20:26.

Masters men did almost as well as the masters women in garnering top places, landing two in the top ten and four in the first 15. Antoni Niemczak, 40, of Poland and Rochester, N.Y., was eighth male in 2:20:25. Juriy Mikhailov, 42. of Russia, finished tenth with a 2:20:37.

Artemio Navarro, 46, of Mexico, was third with an M40+ age-graded best performance of 95.4% for his 13th-place 2:21:17. Brad Hawthorne,

40, Oakland, Calif., took fourth in 2:23:17.

Kjell-Erik Stahl, 50, of Sweden, was the second-best age-graded masters runner with a 94.4% 2:27:06.

John Keston, 71, McMinnville, Ore., broke the U.S. M70-74 record with a 3:00:58, the third-best M40+ performance of 94.1%. The old record of 3:01:14 in 1990 was held by Warren Utes, Park Forest, Ill.

Masters cash awards totaled \$23,000, starting with \$5000 for first, down to \$500 for fifth, with men and women receiving equal amounts. Masters who finished in the open top ten had the option of taking the open award if larger than the masters award. Cash awards also went to the first three USATF masters, division winners, and the six best age-graded performers.

Overall winners, Joel Onwon'ga, 23, with a 2:13:13, and Appell won \$20,000 each. The primary sponsors were Cub Foods, Fairview Hospital, and WCCO-Radio.

The race was run under a sunny, clear sky with temperatures in the low 50s at the start and near 70 degrees later in the day, conditions that led 5498 runners to finish. The Twin Cities Marathon has hosted the Masters Championships for six years and is scheduled to conduct the next four.

Continued on next page

USA Track & Field Masters Road Records and Bests (as of 9/30/96)

Compiled by USA Track & Field Road Running Information Center, 5522 Camino Cerralvo, Santa Barbara, CA 93111 tel: (805) 683-5868 fax: (805) 967-5958

Key to Codes:

2:25:46a

R JIM O'NEILL

R = Ratified record or "best"

U = Unvalidatable mark, cannot be ratified

D = Date of birth and/or citizenship confirmation needed

P = Pending - completed application needed from the event

No code means mark will be recommended for ratification pending course validation

a = Performance possibly aided by wind and/or slope, can be a "best" but not a record

M	asters	Mer	All-Comer's Red	cord	ds (non U.S. c	itizer	ns)	DIST	TIME		NAME	AG	E ST	RACE LOCATION	RST	RDATE	
DIST	TIME		NAME			RACE LOCATION	RST	RDATE	marathon	2:29:11	R	NORM GREEN	51	PA	LINCOLN	NE	050681	
5 km	13:55	R	JOHN CAMPBELL (NZL)	AG	E 91	FT. MYERS	FL	021691	marathon	2:25:51	Ü	NORM GREEN	52	PA	SAN DIEGO	CA	120284	
8 km	23:13	R	NICK ROSE (GBR)			VIRGINIA BEACH	VA	032192	12 hr	111,526 m	P	STEPHEN DERENZO	52	CA	OAKLAND	CA	102994	
10 km	28:56	P	MARTIN MONDRAGON (MEX)			MOBILE	AL	032694	24 hr	231,745 m	R	JOHN METZ	50	CA	SACRAMENTO	CA	111493	
10 km	29:00	R	PIERRE LEVISSE (FRA)			MOBILE	AL	032892	48 hr	342,790 m	R	JIM DRAKE	52	CA	SACRAMENTO	CA	010293	
10 km	29:00	R	JOHN CAMPBELL (NZL)			BOSTON	MA	040890	1	211		Men 55-	50					
12 km	36:18	R	PIERRE LEVISSE (FRA)			SAN FRANCISCO	CA	051693		OFF THE STATE OF T	145					1		
15 km	44:14	R	PIERRE LEVISSE (FRA)			PORTLAND	OR	062892	5 km	15:55	P	JIM O'NEILL	55 57	OH		MI	080793	
25 km 10 mi	1:16:49 47:55	R	MARTIN MONDRAGON (MEX) JOHN CAMPBELL (NZL)			GRAND RAPIDS	MI	051494	5 km	16:38 26:42	R	NORM GREEN JIM O'NEILL	55	PA	DELAND WORTHINGTON	FL	020490 050293	
half mar	1:02:28	R	JOHN CAMPBELL (NZL)			FLINT PHILADELPHIA	PA	082590 091690	8 km 8 km	26:33a	Ū	RAY HATTON	55	OR	EUGENE	OR	060687	
marathon	2:14:33	R	JOHN CAMPBELL (NZL)			LOS ANGELES	CA	030391	8 km	27:00	R	NORM GREEN	57	PA	NAPLES	FL	011390	
			Managara Water to			Takhasana -	NAME OF	THE	10 km	32:27	R	JIM O'NEILL	55	OH	TOLEDO	ОН	092693	
			Men 40-	-44					12 km	43:33	R	FAY BRADLEY	56	DC	SAN FRANCISCO	CA	051594	
5 km	14:36	R	DOUG BELL	41	CO	MINNEAPOLIS	MN	100392	12 km	43:14a	PAR.	SAL VASQUEZ	56	CA	SAN FRANCISCO	CA	032496	
8 km	23:51	R	BILL RODGERS	40	MA	INDIANAPOLIS	IN	092488	15 km	50:45	R	NORM GREEN	55	PA	WASHINGTON	DC	032788	
8 km	23:38a		PAUL CUMMINGS	41	UT	ALTA	UT	091794	20 km	1:08:07	R	NORM GREEN RAY HATTON	56 55	PA	MEDFORD EUGENE	OR OR	040889	
10 km	29:57	R	BARRY BROWN	40	NY	ASBURY PARK	NJ	081884	25 km 30 km	1:29:56 1:46:33	U	NORM GREEN	56	PA	CLARKSBURG	CA	111388	
10 km	29:48 29:50a	U	BILL RODGERS	40	MA	DAVENPORT	IA	100188 040487	50 km	3:28:47a	R	ROBERT BECKER	55	MD	DULUTH	MN	102889	
10 km 12 km	36:29a	R	TRACY SMITH GARY ROMESSER	41	IN	NEW ORLEANS EVANSVILLE	LA IN	050992	50 km	3:56:15	U	CONRAD CARR	56	MN	BROOKLYN PARK	MN	110781	X
12 km	37:19	R	LARRY ALMBERG	43	WA	SPOKANE	WA	050690	100 km	9:21:53	R	RON KOVACS	55	CA	SACRAMENTO	CA	021294	
15 km	45:58	R	BILL STEWART	40	MI	TAMPA	FL	020583	100 km	8:53:27		GARD LEIGHTON	57	CA	OAKLAND	CA	042592	
20 km	1:03:07	R	BILL RODGERS	44	MA	NEW HAVEN	CT	090792	10 mi	54:25	R	JIM O'NEILL	56	ОН		DC	041094	
25 km	1:21:24	R	DOUG BELL	41	CO	MINNEAPOLIS	MN	091392	20 mi	1:57:26	R	NORM GREEN	58	PA	MINNEAPOLIS	MN IL	101490	
30 km	1:38:16	R	DOUG KURTIS	42	MI	HAMILTON, CAN	500	032794	50 mi	5:53:08 20:41:55	R	ALEX RATELLE NORM ROOF	57 56	MN	CHICAGO SYLVANIA	ОН	091993	
50 km	3:00:00	R	JEFF WALL	40	CA	SAN FRANCISCO	CA	110682	100 mi half mar	1:10:23	R	NORM GREEN	55	PA	PHILADELPHIA	PA	092087	
50 km 100 km	2:59:36a 6:38:21	R	BRUCE MORTENSON BERND HEINRICH	44	MN	DULUTH	MN	102288	marathon	2:33:49	R	NORM GREEN	55	PA	LINCOLN	NE	050188	
10 mi	49:46	R	BARRY BROWN	40	NY	WASHINGTON	DC	033185	marathon	227:42a	R	NORM GREEN	55	PA	MINNEAPOLIS	MN	101187	
20 mi	1:42:08	R	BARRY BROWN	40	NY	MINNEAPOLIS	MN	093084	24 hr	185,656 m	R	NORM ROOF	56	OH	SYLVANIA	OH	091993	
50 mi	5:10:13	R	BERND HEINRICH	41	VT	CHICAGO	IL	100481	24 hr	190,675 m	PD		57	MN		ОН	091596	
100 mi	13:15:50	R	ROY PIRRUNG	40	WI	QUEENS	NY	040189	6 day	724,204 m	R	DONALD WINKLEY	56	TX	NEW YORK	NY	051494	1
marathon	2:17:02	R	KENNETH JUDSON	40	PA	HUNTSVILLE	AL	120890				Men 60-	-64					
marathon 12 hr	2:15:15a 144,840 m	R	BARRY BROWN ROY PIRRUNG	40	NY WI	MINNEAPOLIS QUEENS	MN	093084 040189	5 km	17:00	R	JIM O'NEIL	61	-	CARLERAD	-	060186	
24 hr	247,876 m	R		41	WI	MILTON KEYNES	GB	020390	8 km	17:00 28:07	R	NORM GREEN	60	PA	VIRGINIA BEACH	CA VA	032093	
ni nolves	VER Chav	AZIT	Margin Larray		17/3	AND THE COURT OF A	Frield State	and the second	10 km	34:27	R	JIM O'NEIL	60	CA		CA	080485	
	70.00		Men 45-	49	AVE	HARTE TO! -	C/ 41	L'AL TON	12 km	47:27	R	JOE POWERS	60	IL	ITASCA	IL	100685	
5 km	15:00	PD		45	CA	GARDENA	CA	060495	12 km	44:40a	U	PATRICK DEVINE	60	CA		CA	042389	
5 km	14:34a	R	STEPHEN LESTER	45	UT	MAGNA	UT	092488	12 km	46:38	U	GEOFFREY ETHERINGTON	61	CT	SOUTHINGTON	CT	071590	
5 km 5 km	15:08 15:11	P	BILL RODGERS	45	MA	ATLANTIC CITY	NJ	101793	12 km	45:53	PR	NORMAN EASTMAN	62	MI	LANSING	MI	060593	
8 km	24:41	R	BILL RODGERS BILL RODGERS	46 45	MA	FREEPORT, BAH VIRGINIA BEACH		021994	15 km 20 km	54:20 1:15:15	R	NORM GREEN NORM GREEN	60	PA	TAMPA NEW HAVEN	FL	022793	
8 km	24:40a		VAN EDGETTE	45	UT	ALTA	VA	032093 091496	20 km	1:14:46	P	NORM GREEN	61	PA	PHILADELPHIA	PA	022494	
10 km	30:50	R	BILL RODGERS	45	MA	CLEVELAND	ОН	051693	25 km	1:35:27	U	JIM O'NEIL	61	CA		OR	090786	
10 km	30:10a	R	STEVE LESTER	45	UT	MAGNA	UT	070488	25 km	1:36:20	R	ALEX PATELLE	62	MN	MINNEAPOLIS	MN	091486	
12 km	38:47	R	STEVE LESTER	45	UT	SPOKANE	WA	050188	30 km	1:59:22	R	PATRICK DEVINE	60	CA	VENTURA	CA	021289	
12 km	37:28a	R	BILL RODGERS	45	MA	EVANSVILLE	IN	050893	50 km	3:35:51	R	MALCOLM GILLIS	61	AL	DALLAS	TX	012195	
15 km	47:28	U	SAL VASQUEZ	45	CA	ROSS	CA	031685	100 km	8:58:04	R	RAY PIVA	64	CA	SAN FRANCISCO	CA	042091	
20 km 25 km	1:05:46	R	LARRY OLSEN DAN CONWAY	46	MA	NEW HAVEN	CT	090693	10 mi 20 mi	57:48 2:03:16	R	NORM GREEN	60	PA NV	WASHINGTON	DC	040493	
30 km	1:39:18	R	BILL RODGERS	47 45	WI	MINNEAPOLIS HAMILTON, CAN	MN	091486 032893	50 mi	6:43:48	R	GAYLON JORGENSON MALCOLM GILLIS	60	AL	MINNEAPOLIS BIRMINGHAM	MN	101490 021494	
50 km	3:34:31	R	ROY PIRRUNG	45	WI	PITTSBURGH	PA	040994	50 mi	6:24:18	ü	FRANS PAUWELS	60		PORTLAND	OR	102978	
100 km	7:18:27	R	ROBERT PEREZ	46		SAN FRANCISCO	CA	041595	100 mi	18:02:35		DWAINE BATT	60		SACRAMENTO	CA	111195	
10 mi	51:41	U	SAL VASQUEZ	47	CA	STOCKTON	CA	011887	100 mi	20:46:05	R	BOB MESSERSMITH	60	CA	SYLVANIA	ОН	091993	
20 mi	1:49:10	R	JIM BOWERS	45	CA	MINNEAPOLIS	MN	093084	100 mi	19:59:10	UD		62	FL	ATLANTA	GA	091888	
20 mi	1:49:10	R	DAN CONWAY	45	WI	MINNEAPOLIS	MN	093084	half mar	1:16:55	R	NORM GREEN	61		PHILADELPHIA	PA	091993	
50 mi	5:40:05	R	ROBERT PEREZ	46	TX	DALLAS	İx	012195	marathon 12 hr	2:42:44 113,136 m	R	CLIVE DAVIES	64		PORTLAND SACRAMENTO	OR	102879	17
50 mi 100 mi	5:29:44 15:01:33	U D	ROGER ROUILLER ROY PIRRUNG	47 45	GA WI	CHICAGO SYVLANIA	OH	101385 091993	12 hr	101,154 m	R	DWAINE BATT BOB MESSERSMITH	60		SYLVANIA	CA OH	111195 091993	
100 mi	14:31:11	P	ROY PIRRUNG	46	WI	QUEENS	NY	102294	24 hr	207,927 m		DWAINE BATT	60		SACRAMENTO	CA	111195	
half mar	1:08:05	R	BILL RODGERS	45	MA	KANSAS CITY	МО	060693	24 hr	182,473 m	R		60		SYLVANIA	ОН	091993	
half mar	1:07:14a	P	GARY ROMESSER	45	IN	LAS VEGAS	NV	021196	48 hr	252,667 m	PD	ROB VOLKENAND	63		SACRAMENTO	CA	111294	
marathon	2:25:50	U	JIM BOWERS	45	CA	DYERVILLE	CA	101484	6 day	608,332 m	PD	ROB VOLKENAND	ಣ	OR	SACRAMENTO	CA	111294	
marathon	221:32a	R	JIM BOWERS	45	CA	DULUTH	MN	061684	133 150			Men 65-6	ia.				-	
marathon	2:26:43	R	BOB SCHLAU	47	SC	HOUSTON	TX	011595	5 km	18:00	P				200		-	
12 hr 24 hr	135,474 m 231,474 m	R	ROY PIRRUNG ROY PIRRUNG	45 45	WI	SYLVANIA SYLVANIA	ОН	091993 091993	5 km	18:21	R	JOE FERNANDEZ WARREN UTES	65 69		PROVIDENCE PARK RIDGE	RI	101793	
2418	231,4/4111	n			***	SILVANIA	On	031333	8 km	29:41	R	JOE FERNANDEZ	65		BOSTON	IL MA	093089 040994	
			Men 50-	54					10 km	35:52	U	CLIVE DAVIES	66		PORTLAND	OR	052382	
5 km	15:38	R	SAL VASQUEZ	51	CA	DAVIS	CA	112391	12 km	44:11	U	CLIVE DAVIES	67		PORTLAND	OR	050583	
5 km	15:32a	R	VIC HECKLER	51	IL	FONTANA	CA	060494	15 km	55:16	R	CLIVE DAVIES	65	OR	PORTLAND	OR	062881	
5 km	15:11a		STEPHEN LESTER	52	UT	MAGNA	UT	093095	20 km	1:20:53	U	NORMAN BRIGHT	66		WASHINGTON	DC	052276	
8 km	25:31	R	SAL VASQUEZ	50	CA	LOS ALTOS	CA	012090	20 km 25 km	1:25:02	R	PAUL REESE	69		MEDFORD	OR	041287	
8 km	25:23	U	JIM O'NEILL	52		ALLEN PARK	MI	080390	30 km	1:41:39	R	ALEX RATELLE	66		MINNEAPOLIS	MN	091690	
8 km	23:27a		STEVE LESTER	53		ALTA PORTLAND	UT	091496 052382	50 km	4:10:34	R	CLIVE DAVIES VICTOR HARKOFF	66 65		PORTLAND SEATTLE	OR	020682	
10 km	31:48	R	RAY HATTON	50 52	OR	MAGNA	OR UT	070195	100 km	9:24:41	R	RAY PIVA	68	7.00	SACRAMENTO	WA CA	010585	
10 km 12 km	31:12a 39:06a	U	STEPHEN LESTER SAL VASQUEZ	50	CA	SACRAMENTO	CA ·	042290	10 mi	1:02:07	R	WARREN UTES	69		PARK FOREST	IL	090489	
12 km	40:07	U	HAL HIGDON	51	IN	CHICAGO	IL	103182	20 mi	2:14:29	R	ALEX RATELLE	66		MINNEAPOLIS	MN	101490	
15 km	49:24	R	NORM GREEN	53	PA	PORTLAND	OR	063085	50 mi	7:27:10	R	FRED NAGELSCHMIDT	65		FOUNTAIN VALLEY	CA	051990	
20 km	1:05:50	R	NORM GREEN	50	PA	WASHINGTON	DC	052983	100 mi	23:03:25	U	WILFREDO RIOS	68		QUEENS	NY	092785	
25 km	1:24:12	R	NORM GREEN	51	PA	WASHINGTON	DC	052784	half mar	1:21:53	U	CLIVE DAVIES	65		LAKE OSWEGO	OR	092880	
30 km	1:46:42	U	NORM GREEN	51	PA	NEW YORK	NY	121783	half mar	1:20:29a 1:23:50	R	JAMES TALLEY MICHAEL BERTOLINI	65		FONTANA	CA	041986	
50 km	3:19:33	R	JOHN L. SULLIVAN	53	MA	WASHINGTON	DC	031382	marathon	2:42:49	R	CLIVE DAVIES	65 66		PHILADELPHIA EUGENE	PA	091585	
100 km	7:38:43	R	JOHN L. SULLIVAN	54 50	MA	CHICAGO WASHINGTON	IL DC	100382 032783	12 hr	111,044 m	R	RAY PIVA	68		SACRAMENTO	OR CA	091381	
10 mi 20 mi	52:53 1:51:44	R	NORM GREEN NORM GREEN	52	PA	MINNEAPOLIS	MN	093084	24 hr	193,121 m	R	RAY PIVA	68		SACRAMENTO	CA	111493	
50 mi	5:35:03	R	TED CORBITT	50	NY	NEW YORK	NY	101870	48 hr	220,480 m		RICHARD COZART	65		SACRAMENTO	CA	111294	
100 mi	17:12:42	R	ANDY DETERS	51		MINNEAPOLIS	MN	062693	48 hr	209,214 m	R	DICTINO MENDEZ	66		NEW YORK	NY	051194	
100 mi	17:02:54	UD	HERB FRED	53	TX	HOUSTON	TX	021983	6 day	619,597 m	R	DICTINO MENDEZ	66	NY	NEW YORK	NY	051494	
half mar	1:09:30	R	NORM GREEN	52		PHILADELPHIA	PA	091684										
marathon	2:25:460	R	JIM O'NEILL	50	OH	LAS VEGAS	NV	020489							0 1			

page 10			A SHELL SHEET SHEET SHEET		-		INA	tional N	lasters Inc	ews					110		
Continued	from pres	vious	nage						DIST	TIME		NAME	AGE	ST	RACE LOCATION	RST	RDATE
		11043	Sub-sub-sub-sub-sub-sub-sub-sub-sub-sub-s		E et	RACE LOCATION	RST	RDATE	half mar	1:13:07	R	PRISCILLA WELCH (GBR)		-	PHILADELPHIA CHICAGO	PA	091586 102686
DIST	TIME		NAME NAME		E 31	RACE LUCATION	nai	HUATE	marathon 6 day	2:31:14 685,580 m	R	PRISCILLA WELCH (GBR) SANDRA BROWN (GBR)			SACRAMENTO	CA	111294
	10.01	R	Men 70	70	IL	PARK RIDGE	IL	093090	1 1 1 1 1 1 1 1 1	Grand Co.	-100	Women	40-4	1			
5 km 8 km	18:01 30:25	R	WARREN UTES	70	iL	CHICAGO	iL	031091	5 km	16:37	R	LAURIE BINDER	4		DAVIS	CA	112391
10 km	37:49	U	WARREN UTES	70	IL	LIBERTYVILLE	IL	092390	8 km	26:56a		DEBBIE HANSON	40	υT	ALTA	UT	091794
10 km 12 km	41:09 58:51	R	ALFRED FUNK DON BRADLEY	70 70	MT	BOZEMAN	MT	092184 100586	8 km 10 km	27:35 34:08	R	FRANCIE LARRIEU SMITH	43		SAN JOSE NEW YORK	CA	061591 061293
12 km	48:55	P	WARREN UTES	73	IL	FRANKFORT	IL	082893	10 km	33:41a	R	BARBARA FILUTZE	41	PA	PITTSBURGH	PA	092787
15 km 15 km	58:13 1:01:50	U	WARREN UTES CLIVE DAVIES	70 71	IL OR	MICHIGAN CITY PORTLAND	IN OR	062391 062887	12 km	42:13	U	NANCY GRAYSON	42	MI	LANSING SPOKANE	MI WA	060692 050188
15 km	1:01:23a	P	JOHN CAHILL	72	UT	ST. GEORGE	UT	090796	12 km 15 km	42:38 52:22	R	GABRIELE ANDERSEN LAURIE BINDER	41	CA	TAMPA	FL	021189
20 km	1:20:11	U	WARREN UTES CLIVE DAVIES	70 70	IL	CHICAGO	IL OR	071590 090885	20 km	1:13:46	R	CAROL MCLATCHIE	40	TX	NEW HAVEN	CT	090792 051196
25 km 30 km	2:13:01	R	CLIVE DAVIES	71	OR		MN	101286	25 km 25 km	1:29:47	R	JANE WELZEL NANCY OSHIER	41	CO	GRAND RAPIDS GRAND RAPIDS	MI	051290
50 km	6:58:48	R	GEORGE BASHEN	70	TX	SYLVANIA	ОН	091894	30 km	1:54:00	R	CAROL MCLATCHIE	41	TX		TX	121292
50 km 100 km	4:34:51 11:27:10	U	ED BENHAM CARLTON MENDELL	74 71	MD ME	WASHINGTON NEW YORK	DC	031382 022793	50 km 100 km	3:44:32 8:33:07	R	JAN KREUZ LORRAINE GERSITZ	41	OH	COLUMBUS WINSCHOTEN, NED	ОН	103088 091695
10 mi	1:02:41	R	WARREN UTES	70	IL	PARK FOREST	IL	090290	10 mi	56:05	R	LAURIE BINDER	44		FLINT	MI	082491
20 mi 50 mi	2:23:54 8:43:27	R	CLIVE DAVIES CARLTON MENDELL	71 72	OR ME	MINNEAPOLIS BRUNSWICK	MN ME	101296 101594	20 mi	1:59:17	R	GABRIELE ANDERSEN	40	ID	MINNEAPOLIS	MN	100685 040989
half mar	1:27:23	P	JOHN KESTON	70	OR	WOODINVILLE	WA	090495	50 mi 100 mi	6:19:05 15:05:52	R	JAN KREUZ SUE ELLEN TRAPP	41	OH	COLUMBUS	NY	050590
half mar	1:25:55a	R	WARREN UTES	71 74	IL IL	ZION-LAKE BLUFF	L	042692	half mar	1:13:54a	R	HONOR FETHERSTON	40	CA	LAS VEGAS	NV	020495
half mar marathon	1:31:06 3:01:14	R	WARREN UTES WARREN UTES	70	IL	SCHAUMBURG CHICAGO	IL	100294 102890	half mar marathon	1:13:57 2:35:08	R	LAURIE BINDER	44	CA	PHILADELPHIA MINNEAPOLIS	PA MN	091591 100691
12 hr	100,000 m	P	CARLTON MENDELL	71	ME	NEW YORK	NY	022793	12 hr	128,747 m	R	RANDI BROMKA	40	CO	SACRAMENTO	CA .	123092
24 hr 6 day	151,728 m 539,130 m	R	HOWARD HENRY ED FISHMAN	73 72	IN	SYLVANIA NEW YORK	OH	091894 092195	24 hr	222,556 m	R	RANDI BROMKA	40	CO	SACRAMENTO	CA	123192
			Men 75				1115	10	1			Women	45-4	9			
5 km	19:24		WARREN UTES	75	IL	PARK RIDGE	IL	093095	5 km	17:14	R	BARBARA FILUTZE	46		ALBANY	NY	060593
5 km	19:57	R	WARREN UTES	75	IL	ORLAND PARK	iL	062595	8 km 10 km	28:03 35:51	R	BARBARA FILUTZE BARBARA FILUTZE	47 45	PA	ALEXANDRIA MEMPHIS	VA TN	091293 042592
8 km 8 km	31:52 34:21	P	WARREN UTES ED BENHAM	75 78	IL MD	CEDAR RAPIDS	IA NY	070495	10 km	34:40a	R	BARBARA FILUTZE	45	10.00	PITTSBURGH	PA	092991
10 km	40:12	-	WARREN UTES	75	IL	LIVERPOOL	IL	092985 091795	10 km	35:57 43:38	R	BARBARA FILUTZE NANCY GRAYSON	45 45	PA MI	WASHINGTON EVANSVILLE	DC	041292 051395
10 km	40:27	R	WARREN UTES	75	IL	PARK FOREST	IL	090495	12 km 15 km	54:58	R	GABRIELE ANDERSEN	45	ID	PORTLAND	IN OR	061790
12 km 15 km	48:57 1:01:58	R	WARREN UTES WARREN UTES	75 75	IL IL	PARK FOREST PARK FOREST	IL IL	090495 090495	20 km	1:14:13	R	BARBARA FILUTZE	46	PA	NEW HAVEN	CT	090792
20 km	1:23:51	P	WARREN UTES	75	iL	CHICAGO	iL	070995	25 km 25 km	1:38:01 1:38:50	R	MARCY GILLES KAREN SCANNELL	45 45	MN	MINNEAPOLIS SAN FRANCISCO	MN	091095 072284
20 km 25 km	1:30:10 1:56:18	R	ED BENHAM ED BENHAM	75 75	MD MD	WASHINGTON RALEIGH	DC	052983	30 km	1:59:25	R	SHIRLEY MATSON	48		CLARKSBURG	CA	111388
30 km	2:28:00	R	ED BENHAM	78	MD	SUGAR LAND	NC TX	110682 120785	50 km	3:32:34	R	SANDRA KIDDY	47	CA		FL	121783
50 km	5:03:38	R	ED BENHAM	77	MD	WASHINGTON	DC	102384	100 km 10 mi	7:59:59 59:15	R	SANDRA KIDDY BARBARA FILUTZE	45 46	PA	CHICAGO	IL MI	100382 082292
100 km 10 mi	19:37:09	R	EDSON SOWER WARREN UTES	77 75	AZ	SYLVANIA PARK FOREST	OH	091993 090495	20 mi	2:10:13	R	MARY WOOD	45	co	MINNEAPOLIS	MN	101490
20 mi	2:42:38	Ü	ED BENHAM	77	MD	GREENBELT	MD	122284	50 mi 100 mi	6:09:09 15:12:54	R	SANDRA KIDDY	47 49	CA		OH	040184 121485
50 mi	10:18:03	P	MATT MILLER	75	LA	PITTSBURGH	PA	040895	half mar	1:19:23	Ü	SANDRA KIDDY SHIRLEY MATSON	49	CA		CA	101688
50 mi half mar	10:34:06 1:37:51	R	MATT MILLER ED BENHAM	75 75	LA MD	BRUNSWICK WILLIAMSBURG	ME VA	101594 031383	half mar	1:19:46	P	BARBARA FILUTZE	47	PA	ORLANDO	FL	121193
marathon	3:18:10	P	WARREN UTES	75	IL	CHICAGO	IL	101595	marathon marathon	2:45:11 2:44:30a	R	BARBARA FILUTZE MARY WOOD	45 45	PA	MINNEAPOLIS LAS VEGAS	MN	100691 020291
marathon 12 hr	3:34:42 84,112 m	R	ED BENHAM MATT MILLER	76 75	MD LA	WASHINGTON QUEENS	DC NY	110683 061795	12 hr	127,777 m	R	SANDRA KIDDY	49	CA	TALLAHASSEE	FL	121485
12 hr	80,467 m	R	BEN MOSTOW	78	IL	CHICAGO	· IL	100481	24 hr 48 hr	233,816 m 360,090 m	R	SUE ELLEN TRAPP SUE ELLEN TRAPP	47		SYLVANIA SACRAMENTO	OH	091993 111593
24 hr 24 hr	130,051 m 128,249 m	R	HOWARD HENRY EDSON SOWER	75 77	IN AZ	SYLVANIA SYLVANIA	ОН	091596 091993	P. Wester			Women			ONOT WHILE IT O		111333
			Men 80-	94					5 km	17:28	R	SHIRLEY MATSON	50-54		CARLSBAD	CA	041491
5 km	22:26	U	ED BENHAM	80	MD	CHICAGO	IL	041788	8 km	28:55	R	SHIRLEY MATSON	50			CA	032491
5 km	24:52	P	DUDLEY HEALY	80		SYRACUSE	NY	100294	10 km 12 km	35:57 44:56	R	SHIRLEY MATSON SHIRLEY MATSON	50		ORLANDO	FL	030291
5 km	24:41	P	FRED ELY JOHN OVERTON	80		PHILADELPHIA	PA	041595	15 km	54:34	R	SHIRLEY MATSON	52 50		SPOKANE JACKSONVILLE	WA FL	050293
5 km 8 km	25:02 36:35	R	ED BENHAM	81 81		PHOENIX VIRGINIA BEACH	AZ VA	072687 031889	20 km	1:22:36	R	GINA FAUST	50		VALENCIA	CA	021488
10 km	45:28	R	ED BENHAM	80		ASBURY PARK	NJ	080887	25 km 30 km	1:38:36 2:00:41	R	S. RAE BAYMILLER SHIRLEY MATSON	51 50	NY	MINNEAPOLIS CLARKSBURG	MN	091194 111190
12 km 12 km	1:03:55a 1:09:05	U	MEL SHINE CYRIL WOODS	80 81	200	SACRAMENTO PORTLAND	CA OR	042989 050583	50 km	4:15:12	U	MATILEE CHRISTMAN	53	IL	EAST PEORIA	IL	123084
15 km	1:07:00a	U	ED BENHAM	81		CUMBERLAND	MD	100888	100 km 100 km	10:58:31 9:50:35	R	JOAN BAKER EILEEN ELIOT	50 51	TN		FL	121485
15 km 20 km	1:07:22	R	ED BENHAM ED BENHAM	83 81		WASHINGTON MEDFORD	DC OR	040791	100 km	9:43:27a	R	MAE HORNS	54	MN	NEW PRESTON DULUTH	CT	042395 102288
25 km	2:23:43	R	MAX POPPER	80	1000000	NEW YORK	NY	040889 100283	10 mi	1:02:01	R	S. RAE BAYMILLER	51	NY	FLINT	MI	082794
10 mi	1:13:23	R	ED BENHAM	81		WASHINGTON	DC	040289	20 mi 50 mi	2:19:59 7:10:58	R	JOAN ULLYOT RUTH ANDERSON	50 50	CA		MN	101490
20 mi 50 mi	4:18:00 12:13:35	U	IVOR WELCH BEN MOSTOW	84 80	CA	CLARKSBURG CHICAGO	CA	111879 100283	50 mi	7:47:27	2113	EILEEN ELIOT	51	CA		CT	021780 042395
half mar	1:40:30	R	ED BENHAM	81	MD	ORLANDO	FL	121088	50 mi half mar	8:24:00a	R	MAE HORNS	52	MN		MN	102586
marathon marathon	3:43:27a 4:17:51	R	ED BENHAM ED BENHAM	80 84	MD	MINNEAPOLIS MINNEAPOLIS	MN	101187 100691	half mar	1:19:40 1:18:42a	R	S. RAE BAYMILLER JOAN OTTAWAY	50 51	NY	PHILADELPHIA LAS VEGAS	PA NV	091993 021196
illa autoli	4.17.01	- 0.0	State			MINITEDAY OLIS	MIT	100091	marathon	2:50:26	R	SHIRLEY MATSON	50	CA		MN	100691
	00.00		Men 85-			POME	100	100000	12 hr 24 hr	101,066 m 221,043 m	R	EILEEN ELIOT SUE ELLEN TRAPP	50 50	FL	SYLVANIA	ОН	091894
5 km 8 km	28:26 47:03	RU	PAUL SPANGLER	85 85	GA	PALO ALTO	GA	120592 031785	24 hr	180,986 m	R	EILEEN ELIOT	50	FL	SYLVANIA SYLVANIA	ОН	091596 091894
10 km	58:50	R	PAUL SPANGLER	85	CA	RALEIGH	NC	050384	1000			Women	55.5		WHEN THE		The state of
15 km 20 km	1:32:00	R	PAUL SPANGLER PAUL SPANGLER	85 85	CA	EL PASO SACRAMENTO	TX CA	101384 032584	5 km	18:40	P	SHIRLEY MATSON	55	CA	CARMEL	2138	100000
30 km	4:39:30	R	PAUL SPANGLER	89	CA	CLARKSBURG	CA	111388	5 km	19:35	-	BARBARA MILLER	56	CA	CARLSBAD	CA	100696 033196
10 mi	1:55:36 3:44:31	R	MEL SHINE PAUL SPANGLER	85		MEDFORD	OR	040994	5 km 8 km	19:42 32:01	R	MARGRET BETZ JOYCE GASKIN	56	NY	SYRACUSE	NY	100492
20 mi half mar	2:26:46	U	MAX POPPER	86 85	CA NY	CLARKSBURG BROOKLYN	CA NY	111785 031289	10 km	37:29	Р	SHIRLEY MATSON	55 55		HOUSTON MONTEREY	TX	032192
marathon	5:21:51	U	PAUL SPANGLER	85		SAN DIEGO	CA	120284	10 km	39:59	U	MARGARET MILLER	55		BEVERLY HILLS	CA	092996 120681
			Men 90-	-94					12 km 12 km	49:43 49:26a	R	BARBARA MILLER BARBARA MILLER	55 56	CA	SAN FRANCISCO	CA	052195
5 km	40:32	R	LLOYD WALTERS	91	мт	TUCSON	AZ	012692	15 km	1:02:05	R	MARGRET BETZ	58	NY	SAN FRANCISCO SCHENECTADY	CA NY	032496
8 km	56:10	R	PAUL SPANGLER	91	CA	PALO ALTO	CA	032590	20 km 25 km	1:28:03 1:52:46	R	WEN-SHI YU MARY STOREY	56	NY	NEW HAVEN	CT	090291
10 km 15 km	1:14:49 2:35:00	R	PAUL SPANGLER PAUL SPANGLER	90	CA	PARAMOUNT PORTLAND	CA OR	012090 061790	25 km	1:46:37	Ü	MARGARET MILLER	55 58		VENTURA	CA	030280
marathon	923:25a	R	PAUL SPANGLER	92		NEW YORK	NY	110391	30 km 30 km	2:14:49	P	BARBARA MILLER	55		VENTURA CLARKSBURG	CA	092384 111394
	The state of the s		Men 95 &	OVE	r				50 km	2:17:31 3:56:55	R	JOYCE GASKIN SANDRA KIDDY	55	TX	SUGAR LAND	TX	121292
5 km	48:55		MARION MCANELLY			STILWELL	ОК	051395	100 km	8:42:36	R	SANDRA KIDDY	55 55		WASHINGTON PALAMOS SPAIN	DC	101792
		-							10 mi 10 mi	1:04:46 1:08:50	PR	SHIRLEY MATSON	55	CA	PALAMOS, SPAIN SAN FRANCISCO	CA	021692 091596
		ome	en All-Comer's R		ras				10 mi	1:04:42	U	TOSHIKO D'ELIA MARION IRVINE	56 57	NJ	WASHINGTON	DC	040686
5 km 5 km	16:01 16:20	P	TATIANA POZDNIAKOVA (UKR HEATHER MATTHEWS (NZL))		HARTFORD ALBANY	CT	080995	20 mi	2:26:36	R	WEN-SHI YU	57 55		STOCKTON MINNEAPOLIS	CA	011887
8 km	26:26	R	PRISCILLA WELCH (GBR)		-	WASHINGTON	NY	060389 051489	50 mi half mar	7:44:48 1:28:27	R	MARY ANN MILLER	56		DALLAS	MN	101490 011693
10 km	32:25	R	PRISCILLA WELCH (GBR)	2)		PHOENIX	AZ	030285	marathon	3:07:21	R	BARBARA MILLER MARGARET MILLER	56	CA	WEOTT	CA	101595
12 km 15 km	41:14 49:36	R	TATIANA POZDNIAKOVA (UKR PRISCILLA WELCH (GBR)	,		EVANSVILLE JACKSONVILLE	IN FL	051395 030985	24 hr 24 hr	173,809 m	P	MARGE DUNLAP	56 55	CA	SAN FRANCISCO SACRAMENTO	CA	071182
20 km	1:10:35		TATIANA POZDNIAKOVA (UKR	1)		NEW HAVEN	CT	090495	48 hr	131,853 m 234,755 m	R	LOUISE MIKLOVIC MARY ANN MILLER	56	OH	SYLVANIA	CA	111294 091894
10 mi half mar	53:51 1:12:56	R	PRISCILLA WELCH (GBR) TATIANA POZDNIAKOVA (UKR	()		WASHINGTON PHILADELPHIA	DC PA	040587	- development		1	MILLEH	55	TX	DALLAS	TX	112891
110		TAN	The state of the s	,			r A	091795									

ontinue	from pre	vious	page				- 11	ation
	and or		La distanti di					
DIST	TIME		NAME	AGI	ST	RACE LOCATION	RST	RDAT
			Wome	n 60-6	4			
5 km	19:53	R	MARION IRVINE	61		CLARKSBURG	CA	11119
8 km	34:58	R	HELEN DICK	60	CA	THOUSAND OAKS	CA	07218
km	34:13	U	HELEN DICK	61	CA	LOS ANGELES	CA	11178
10 km	40:37	R	MARION IRVINE	61	CA	LIVERMORE	CA	10219
12 km	55:09	R	GLORIA BROWN	62	NY	CONWAY	AR	09109
15 km	1:07:08	R	WHAYONG SEMER	60	ОН	TAMPA	FL	02118
20 km	1:29:08	U	MARGARET MILLER	60	CA	VALENCIA	CA	0323
25 km	1:58:24	R	GLORIA BROWN	62	NY	GRAND RAPIDS	MI	05149
30 km	2:21:32	R	MARGARET MILLER	60	CA	MINNEAPOLIS	MN	10128
50 km	4:39:46	P	MYRA RHODES	60	CA	SACRAMENTO	CA	02139
50 km	6:39:01	R	SARANN MOCK	83	ОН	SYLVANIA	ОН	09189
100 km	11:30:58	R	RUTH ANDERSON	60	CA	SAN FRANCISCO	CA	04219
10 mi	1:10:17	R	HELEN DICK	60	CA	ENCINO	CA	0616
20 mi	2:32:16	R	MARGARET MILLER	60	CA	MINNEAPOLIS	MN	10128
50 mi	9:01:38	U	HELEN KLEIN	60	CA	SACRAMENTO	CA	0219
50 mi	12:06:59	R	SARANN MOCK	63	ОН	SYLVANIA	ОН	0918
half mar	1:35:02	U	HELEN DICK	60	CA	LAS VEGAS	NV	0404
half mar	1:39:01	R	HELEN DICK	60	CA	SANTA MONICA	CA	0826
marathon	3:15:30	R	HELEN DICK	60		CHICAGO	IL	1021
24 hr	133,668 m	R	SARANN MOCK	62	ОН	SYLVANIA	ОН	0919
			Wome	n 65-6	69			
5 km	22:44	R	HELEN DICK	65	CA	GARDENA	CA	0708
8 km	37:09	U	HELEN DICK	65	CA	BURBANK	CA	0519
8 km	39:33	R	EDNA LAFLIN	65	AZ	AHWATUKEE	AZ	0827
10 km	46:18	Ü	HELEN DICK	65	CA	LOS ANGELES	CA	0527
10 km	47:55	R	KAY ATKINSON	65	CA	KENTFIELD	CA	0531
12 km	1:00:32a	Ü	MARY STOREY	65	CA	SAN FRANCISCO	CA	0401
12 km	1:01:08	R	ALGENE WILLIAMS	69	IL	ITASCA	- IL	1006
15 km	1:13:14	R	WHAYONG SEMER	65	ОН	TAMPA	FL	0226
20 km	1:37:04	Ü	HELEN DICK	65	CA	VALENCIA	CA	1008
25 km	2:10:56	U	GERRY DAVIDSON	65	CA	SAN DIEGO	CA	1228
30 km	2:47:51	U	EDNA LAFLIN	65	AZ	PHOENIX	AZ	1029
50 km	5:09:36	R	JAN RICHARDS	67	TX	DALLAS	TX	0121
100 km	12:09:17	R	HELEN KLEIN	67	CA	SAN FRANCISCO	CA	0421
10 mi	1:17:51	P	WHAYONG SEMER	65	OH	PERRYSBURG	OH	1121
10 mi	1:20:22	R	HARRIET WEVER	65	MI	WASHINGTON	DC	0405
10 mi	1:19:07		WHAYONG SEMER	67	OH	PERRYSBURG	ОН	1119
20 mi	3:02:01	U	JACLYN CASELLI	65	CA	CLARKSBURG	CA	1116
50 mi	9:04:31	R	HELEN KLEIN	67	CA	SAN FRANCISCO	CA	0421
half mar	1:42:16	U	JAN RICHARDS	65	TX	DALLAS	TX	1107
half mar	1:47:56a	R	JOSEPHINE HESS	67	WA		OR	0929
marathon	3:36:57	R	WHAYONG SEMER	65	OH		ОН	1024
24 hr	125,190 m	P	SARANN MOCK	65	ОН		ОН	0915
24 hr	121,339 m	P	RUTH ANDERSON	66	CA	SACRAMENTO	CA	1111
Balan.		ddex a	Womer	1 70-74	1	County on the same	DEW 1	in a little
5 km	24:38	R	GERRY DAVIDSON	70	CA	CARLSBAD	CA	0414
5 km	24:24a	R	MARY STOREY	71		FONTANA	CA	0603
8 km	38:46	R	HEDY MARQUE	74		ALEXANDRIA EUGENE	VA OR	0510 0513
10 km	50:01	U	PAT DIXON	70 70		ITASCA	IL	1005
12 km	1:01:57	R	ALGENE WILLIAMS	70	MN		MN	0923
15 km	1:22:55 1:16:35a	R	ELLEN MCCOY HEDY MARQUE	74	VA	ALEXANDRIA	VA	0426
15 km		R	PAT DIXON	70	OR		OR	0408
20 km 25 km	1:46:21 2:18:20	R	GERRY DAVIDSON	70	CA	SAN DIEGO	CA	1123
30 km	2:59:22	R	ELLEN MCCOY	70	MN		MN	0525
50 km	5:44:04	R	HELEN KLEIN	70	CA	SYLVANIA	ОН	0919
100 km	12:50:49	R	HELEN KLEIN	70	CA	SYLVANIA	ОН	0919
100 km	1:20:33	R	HEDY MARQUE	74	VA	WASHINGTON	DC	1013
20 mi	3:29:57	R	HELEN KLEIN	70	CA	SYLVANIA	ОН	0919
20 mi	3:25:59	Ü	MAVIS LINDGREN	71	CA	CLARKSBURG	CA	1119
50 mi	9:55:09	R	HELEN KLEIN	70	CA	SYLVANIA	ОН	0919
100 mi	23:29:34	R	HELEN KLEIN	70	CA	SYLVANIA	ОН	0919
half mar	1:58:27	R	MARCIE TRENT	70	AK	ANCHORAGE	AK	0528
half mar	1:50:03a	R	MARY STOREY	70	CA	FONTANA	CA	0604
marathon	4:09:04	U	GERRY DAVIDSON	70	CA	SAN DIEGO	CA	1208
marathon	4:11:54a	R	MARCIE TRENT	70	AK	NAPA	CA	0313

Decathlon Held in Thomasville, N.C.

by BILL BUSBY

A record number of 33 multi-eventers, ranging in age from 18 to 75, took part in the 11th annual Thomasville, N.C., Masters Decathlon, Sept. 28-29.

Competitors came from 14 states. The weather was near ideal, with temperatures between 60-70°F both days and no rain. A supper party, featuring North Carolina barbecue, was enjoyed by athletes and officials following the first day's events.

Thirty-one of the 33 starters completed the event, with 12 exceeding the 5250 age-factored points required to achieve All-American status. The meet serves as an East Coast alternative to the Nationals when the Nationals are held in the West, as they were this year in San Diego.

Top age-factored scorer was Denver

Smith, M70, of Louisville, OH, with 7100 points, highlighted by a 14-7 (4.45m) long jump worth 935 points. His score would have won last year's World Championships, where the winning M70 score was 6844.

Second was Gary Kinder, 33, winner of the 1988 U.S. Olympic Trials, with 7020, despite a DNF in the 1500. Rex Harvey, M50, competing in perhaps his 150th decathlon (Rex has competed in more decathlons than anyone in the history of the event), just missed 7000 with a score of 6990.

The highest score for an individual event was the 957 points earned by Joe Johnston, M50 for his 12-91/2 (3.90m) pole vault.

This meet will be the site of the 1997 National Masters Decathlon/ Heptathlon in late September.

DIST	TIME		NAME	AGE	ST	RACE LOCATION	RST	RDAT
marathon	4:30:24	R	ELLEN MCCOY	70	MN	MINNEAPOLIS	MN	101490
24 hr	165,343 m	R	HELEN KLEIN	70	CA	SYLVANIA	ОН	091993
day	600,285 m	P	HELEN KLEIN	70	CA	SACRAMENTO	CA	010693
Mary T			Women	75-79			35	
km	27:17	R	ANNE CLARKE	77	IL	PARK RIDGE	IL	082287
3 km	40:44	R	HEDY MARQUE	76	VA	ALEXANDRIA	VA	091293
0 km	53:40	Ü	LEONA LUGERS	75	MI	HOLLAND	MI	091182
2 km	1:08:21	B	ANNE CLARKE	76	IL	ITASCA	IL	100685
5 km	1:19:27a	R	HEDY MARQUE	75	VA	ALEXANDRIA	VA	042593
5 km	1:25:20	R	HEDY MARQUE	77	VA	TAMPA	FL	021895
0 km	1:52:57	Ü	LEONA LUGERS	77	MI	HOLLAND	MI	052684
25 km	2:49:48	R	LEONA LUGERS	79	MI	GRAND RAPIDS	MI	051086
30 km	4:04:24	R	BESS JAMES	79	CA	VENTURA	CA	021289
0 mi	1:22:34	Ü	HEDY MARQUE	75	VA	WASHINGTON	DC	101192
0 mi	1:24:54	R	HEDY MARQUE	76	VA	WASHINGTON	DC	101793
alf mar	2:06:34a	R	ALGENE WILLIAMS	75	IL	ZION-LAKE BLUFF	IL	042891
nalf mar	2:14:15	Ü	ANNE CLARKE	76	IL.	CHICAGO	IL	060886
nalf mar	2:26:24	R	ANNE CLARKE	77	ĬL.	CHICAGO	IL	061487
narathon	4:41:45a	U	IDA MINTZ	75	IL	LAKE BLUFF	IL	042681
narathon	4:49:08	R	ANNE CLARKE	76	IL	CHICAGO	IL	102085
			Womer	80-84		eu neu neu		
W 255	29:23	R	ANNE CLARKE	80	IL	PARK RIDGE	11.	093089
km km	52:00	R	ANNE CLARKE	81	IL	PARK RIDGE	ii.	090891
	56:14	Ü	LEONA LUGERS	80	MI	HOLLAND	MI	050287
10 km	1:39:44	R	RUTH ROTHFARB	80	FL	AHWATUKEE	AZ	112281
15 km	2:26:34	Ü	RUTH ROTHFARB	80	FL	WASHINGTON	DC	030682
20 km 30 km	4:13:32	R	MAVIS LINDGREN	81	CA	CLARKSBURG	CA	111388
10 mi	1:43:17	Ü	ANNE CLARKE	80	IL	ELGIN	IL	052890
nalf mar	2:23:54	Ü	ANNE CLARKE	80	iL	HIGHLAND PARK	iL	061090
nalf mar	2:19:23a	Ü	ANNE CLARKE	80	iL	LAKE COUNTY	ii.	042990
marathon	5:10:04	B	IDA MINTZ	80	iL	CHICAGO	IL.	10208
na au on	3.10.04			THE REAL PROPERTY.		Traceria con account		
			Womer	and the latest state of th	and Send			00010
5 km	34:51	P	ANNE CLARKE	85	IL	PARK RIDGE	IL	09249
5 km	37:32a	U	MARY AMES	85	CA	FONTANA	CA	04168
5 km	35:43	P	ANNE CLARKE	85	IL	CHICAGO	IL	10309
5 km	43:00	R	RUTH ROTHFARB	87	FL	ALBANY	NY	11139
8 km	1:03:16	P	ANNE CLARKE	85	IL	DEERFIELD	IL	03128
8 km	1:03:01	UD	SUSAN CONROY	89	IL	CHICAGO	IL	
10 km	1:14:37	P	ANNE CLARKE	85	IL	HIGHLAND PARK	IL	10099
10 km	1:16:55	U	RUTH ROTHFARB	87	MA	BOSTON	MA	06198
half mar	3:23:06	U	MARY AMES	85	CA	LOMPOC	IL	10289
marathon	6:53:50	R	IDA MINTZ	85	IL	CHICAGO		10203
			Women 9	THE RESERVE AND		May 180		12.55
5 km	48:35	P	TINY RILEY	90	MT	HELENA	MT	06039
10 mi	3:29:08	R	RUTH ROTHFARB	90	FL	WASHINGTON	DC	04059



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Is Lying About Your Age Cheating?

his past Memorial Day, a New York runner entered the Ridgewood Masters Mile although he was four years shy of his fortieth birthday. When he was unable to produce proof of age, he was disqualified and all the others advanced.

At the Run For The Roses 10K in Denville on June 15, another New Yorker appears to have engaged in less-than-sportsman-like conduct in order to take home purse money.

Morristown's Jane Parks decided to run in 'Roses in part because of the purse money the race awards to masters runners. As one of the state's finest masters in the 40 to 44 age division, Parks, who runs for TriAthletics, had good reason to expect a share of the prize money.

'Roses was in kind of a bad spot on the calendar for Parks. She had the President's Cup Night Race 5K on Monday night – a 700 point MRGP Championship – a race she needed to run. She was hoping that there would be no need to run all out in the 10K on Saturday in order to conserve some energy for Monday night.

At about four miles into 'Roses, Parks found herself running next to a woman who was unfamiliar to her. Uncharacteristically, she asked her fellow runner her age.

"I'm 38," came the quick reply.
"Good," responded Parks, "then we're not competing."

Parks felt she could relax after that,

since she didn't see any masters runners near her. She maintained a steady pace, trading leads with the other woman who eventually dropped in behind her. With a quarter of a mile to go, the stranger came around, and Parks, fearing no threat to her masters position, let her go. The stranger finished in 41:51. Parks finished in 41:56.

After they had caught their breath, Parks went to the woman to congratulate her and see what her finishing time was, a common practice among runners who run most of a race close together. She did not get the response she expected.

"I am a masters runner," the woman said, flatly. Catching the stunned look on Parks' face she added, "It's a race."

Later, a friend of Parks told her that a male companion of the woman was overheard prior to the start pointing out Parks as the woman she had to beat. Although Parks was ignorant of her competition, the stranger was fully informed and clearly intended to keep the advantage with her lie of being 38.

So, in the Run for the Roses, the masters women's purse went to Kathy Gribbon, 42, of New York who finished in 39:29, second went to Evelyn Franky, of the Bronx who is 41 or, when she chooses, 38. Jane Parks earned third place money.

Is there a lesson to be learned here? A weak joke could be made that you should never talk to strangers. For Parks it was a rude lesson in the deviousness of another runner.

"I'll never ask the question again,"

she said. "And I'll always assume I have to run to beat everyone.'

Are runners supposed to be honest about the age division they race in? "It's a race," said Franky, as if that explains and justifies any deception.

It is easy to come into strange territory to race and do some sleuthing to find your competition. For the local runners, there is no way of learning the age divisions of visitors. Masters runners don't wear their age on their faces (how often are we surprised to learn the age of another runner?) nor often on their backs.

Does Parks have reason to feel violated? I think she does. She thought she was among friends. The Run For The Roses is enthusiastically supported by local runners, yet the purse money, open to anyone from near and far, also drew in the unscrupulous. That's what happened in Ridgewood on Memorial Day and that is what happened in Denville on June 15th.

To those who say that Parks should have been running to beat all of the competitors, my response is that Parks was running in the masters division of the race. She should not have had to run against anyone in the Open race.

Smart runners do not run any harder than they must to win unless they are going for a personal or other record. Michael Johnson certainly doesn't blast every 200 or 400 meter race he'd soon be on the sidelines. Why should we expect our masters athletes to do more?

Trapp Captures Women's 24-Hour Title

by JERRY WOJCIK

Fifty-year-old Sue Ellen Trapp, Fort Myers, Fla., finished with 137.350 miles to place first master overall, man or woman, and third of 155 starters in the USATF National Masters 24-Hour Championships in Sylvania, Ohio, on Sept. 15. A steady drizzle and unseasonably chilly temperatures meant fewer miles and concern about hypothermia and dehydration for the contestants.

But Trapp, a three-time winner of the race held at Sylvania's Olander Park, apparently was not affected by the elements. "Being from Florida, I'm obviously not used to the cold rain." she said after the race. "But it was just something I had to deal with. It was kind of slow going, but I was happy with my finish. I had done a 136 and a 145 here before, so this was the second-best total I've had here.'

Sylvie Andonie, 40, who finished tenth overall with 119.997 miles, was Trapp's closest masters competition.

The first masters man was Tom Andrews, 42, fourth overall with 135.266 miles. Bill Seldomridge, 45, was fifth with 131.496. Richard Fedion, 62, won the M60-64 race with one of the better performances of the day, covering 108.066 miles and placing 19th in the field, which included runners from age 10 to 75.

John Geesler, 37, was first overall with 147.135 miles.



Ed Rousseau, 56, first M55 (118.48 miles) on left, with Joe Beams, 57, third M55, USATF Masters 24-Hour Championships, Sylvania, Ohio, Sept. 14-15.

Photo by Ruth Anderson



Al Boka, Race Director P. O. BOX 81262 LAS VEGAS, NV 89180 USA

E-Mail: lymarathon@aol.com

Masters Scene

NATIONAL

• The Taconic RR Club Masters Team repeated its 1995 M40+ win in the Nationwide Insurance Ocean To Sound 50-Mile Relay from Long Island's Ocean Beach to Jericho, Sept. 8, with a 5:00:17. The members of the eight-man squad, sixth of 109 teams, were Scott Mosenthal, Steve Calidonna, Tony Galfano, Nick Caswell, Scott Abercromble, Ken Filmanski, Joe Porcaro, and anchor leg Rob Briglio. First with a 6:12:57 in the W40+ division was the Bohemia Ladies Masters team of Estella Clasen, Betty Horstman, Kathy Esposito, Kathy Byrne, Laurie Samuels, Judy Carroll, Helen Visgauss, and anchor Diane Gordon.

• Rain didn't slow down entrants, especially masters, in the Maccabiah 5K, hosted by the Plainview-Old Bethpage RRC, L.I., NY, Sept. 22. Four of the top ten men were masters, led by third-place Rich Ashby, 40, Flushing, NY, in 16:53, and three of the top four women were W40+, with Diane Gordon, 43, Central Islip, L.I., second overall in 18:50. Top performers were Gordon; Maury Dean, 53, Patchogue, L.I., 18:09; and Joe Cordero, 58, Islip Terrace, L.I., 18:53; all with age-graded performances in the 82+% range.

 Jim Hage, 44, Gaithersburg, MD, with a fourth-place 56:18, and Margaret May, 49, Silver Spring, MD, in 89:49, captured masters honors in the DCRRC 40th Greenbelt 15K, Sept. 1.

• Timothy Hewitt, 41, was first overall in the Eriesistible Marathon, Erie, PA, Sept. 15, with a national class 82.1% 2:38:12. Fran Emmerling, 47, second M40+ at 2:46:14, was also in that range with an 81.7% 2:46:14. Robin Smith, 40, paced the W40+ runners with a 3:18:38.

• Warren Utes, 76, Park Forest, IL, traveled to Long Island for the Great Cow Harbor 10K, Northport, on Sept. 21, and left with a win in the M65+ race on an age-graded, top-masters performance 94.2% 41:54. Masters firsts were David Luljak, 40, Huntington, NY, in 36:37, and Joan Baldassari, 42, of the Bronx, in 41:35.

•The top 60-year-olds demolished their competition at the NYRRC Roosevelt Island 10K, NYC, Aug. 18. Winners were: Alfred Finger (62, 42:22), Joseph Burns (67, 47:17), Rosa Nales (62, 51:21), and Toshiko D'Elia (66, 48:58).

Ray Blues, 72, clocked a 23:20 (77.1% AG) at the Freddie Mac 5K, Washington, DC, Sept. 8, placing 147th out of 478. Leland Brendsel, 54, Chairman of Freddie Mac, placed third in his division in 20:40. Through the corporate sponsorship, \$155,000 was raised for five local agencies.

Over 2000 runners finished the NYRRC Staten Island Half-Marathon, Sept. 15. Masters victors were Luis Tappan (41, 1:14:51) and Teiko Schultz (45, 1:31:28); each was nearly four minutes ahead of the second-place finishers. Age-group standouts included Richard Murphy (62, 1:28:53) and Carol Johnson (53, 1:44:00).

• The NYRRC NYC Marathon Tune-up drew 3000 runners to Central Park on a rainy Sept. 22. Top masters in this 30K were Robert Briglio (47, 1:58:04) and Suzanne Rohr (46, 2:17:20). Also deserving kudos is Edith Farlas (72, 3:10:09).

• The 20th annual Richard S. Caliguiri/City of Pittsburgh Great Race 10K drew nearly 8000 competitors on Sept. 29. The men's masters race was a hard-fought battle with Dave Kannewurf (40, 31:23) edging out Malcolm East (40, 31:31) for first place. Janet Takahashi (40, 34:50) overwhelmed the women's masters, placing fifth overall in the women's division. Agegroup phenoms included BIII Olrich (61, 35:22) 93% AG and Lou Lodovico (72, 41:22) 90.3%

SOUTHEAST

Daniel Kolb, M40, 59:26, and Sue Given,
 W40, 67:45, darted to 40+ firsts in the Virginia
 10-Miler, Lynchburg, Sept. 28. Eighty-year-old
 Louise Martin finished in 1:57:41. The top two
 m&w 40+ took home J. Crew gift certificates of
 \$250 and \$150.

Jim Pearson, 47, not only topped the masters field in the Runner's Classic 5K at Sea World, Orlando, FL, Sept. 28, but won the men's division overall in 15:50. His closest competitor was nearly two minutes behind.

MIDWEST

 The 17th annual Columbus Marathon on November 10 will offer \$2500 in prize money presented by Marathon Oil to the first five male and female masters finishers. The event features an expo, runner's clinics, pasta party, 5K race and "kids 1K fun run."

• Tony Rodlez, 40, New Berlin, WI, in 25:56, and Cheryl Neumann, 40, Milwaukee, with an eighth-place 30:10 in the women's results, uncorked masters wins in Al's Run 8K, Milwaukee, WI, Sept. 28. M50-54 winner, Mike Kirkwood, 54, Milwaukee, was the top 40+ performer, with an 86.6% 28:22. Mark Dicks, 88, Waukesha, WI, ran under the USATF Age-Group Guideline, with a 54:20.

• Len Olson, 65, Poyntelle, PA, and Everett Hosack, Cleveland, altered five single-age records in the Wolfpack TC Throwing Classic, Columbus, OH, Sept. 8. Olson broke WRs for the 16-lb. shot (10.59) and 56-lb. weight (6.40) and the US record for the 2k discus (32.12). Hosack established WRs with the 25-lb. (4.78) and 35-lb. (3.11) weights. Olson, USATF 1996 M65 weight pentathlon champion (4781 points) at Bozeman, scored 3502, using the open implements in the Columbus meet.

MID-AMERICA

 Three-time Olympian and masters runner Jim Ryun, 49, has a 22-point lead in the polls in his race for Kansas' 2nd District Congressional seat against lawyer John Frieden. Ryun still holds the high school record for the mile (3:55.3 in 1965). A Republican, Ryun is calling for a balanced budget amendment, tax relief for families and small businesses, reduction of capital gains taxes, and a strong military.

 Athletes in the M80+ divisions hit high-ranked marks in the New Mexico Senior Games, Las Cruces, July 23-28. Casimir Bechner, 86, posted top-ranked times in the 800 (4:04.17) and 1500 (8:37.56), and added a 3-5 HJ to his firsts. John Pino, 96, stabbed a gold medal in the javelin with a 21-4.

• Masters men runners hot-footed to overall firsts in the St. Louis Fire Fighters 10K & 3K, Aug. 25. Frank Curotto, 42, won the 10K in 35:04, and Larry Doerr, 41, took the 3K in 10:05. Runners-up in both races were also masters: Dave Daum 43, 35:16, and Peter Mannisi, 49, 10:08. First W40s were Bernadette Huston, 40, third overall in the 10K at 40:28, and Carol Keller, 40, with a 11:56 in the 3K.

The PV mark of 9-3 attributed to M70
 William Chivvis in the Mid-America Regional results in the October issue was incorrect. He did not vault because of injury.

SOUTHWEST

 A team of 100 women masters from the Houston Area RR Association (HARRA) established a pending Guinness Book of World Records record for W40+ by running a 100xone mile relay in 12:10:23. Rules for the record required that 100 women run one mile apiece, relay-style, on a certified track. Team captains, Chiquita Taylor, 46, and Debbie Kempler-Smith, 45, started the relay off at 6:30 a.m. at the Cullen Track in Memorial Park, Houston. Some twelve hours later, 65-year-old Sadie Greenman, the 100th runner, finished in 8:12, while spectators, runners, and volunteers cheered. Carole Smith, 41, posted the fastest time (5:31). Joyce Gaskin, 59, had the best age-graded performance (83.6%) with a 6:19. At the same time that the W40+ were setting a record, another 100 HARRA women were breaking the Guinness former record (10:14:16) for open women with a 9:49:08, and a third group, ages 10 to 62, completed the 100 miles in 13:04:42!

WEST

• Marcella Teran, 41, San Diego, CA, bested the W40+ field with an 18:00 in the Orange County Race For The Cure Women's 5K, Newport Beach, CA, Sept. 22. Thirty-nine-yearold Olympian Ruth Wysockl, Canyon Lake, CA, was sixth overall with an age-graded 92.1% 16:17. In the Coed 5K, John Koningh, 40, Newport Beach, was fourth in an A-G 90.3% 14:56.

• Shirley Matson, 55, Moraga, CA, ran below the US W55 record of 49:43 with a second woman overall 45:41, Chevy's To Chevy's 12K, Sacramento, CA, Sept. 21, on the uncertified course. On Sept. 29, Matson continued her record spree begun last August, with a 37:29, Run For The Beacon 10K, Monterey, CA, erasing Margaret Miller's record of 39:59. At the Fine Arts 5K, Carmel, CA, Oct. 6, Matson lowered the US W55 record of 19:42 in 1992, held by Margaret Betz, with a third-female 18:39, worth \$200.

 Javelin thrower Ken Hall, M30-34, logged 10,000 miles this season competing in 28 meets starting at San Francisco State on Feb. 24 and ending at UC-Berkeley on Sept. 8. He was first in his division at the Nationals in spokane with a 220-1. His season's best mark of 222-10 came in a meet at Stanford U. on June 5.

• Jacqueline Hansen, 47, Topanga, CA, former world women's marathon record holder (2:38:19 in 1975) and World Veterans medalist, is assistant athletic director at St. Monica High in Santa Monica, Calif. Despite chronic arthritis in her knees, Hansen nevertheless ran 18 miles of the 100th Boston Marathon on mainly water training, a specialty which she also teaches. She was honored in Boston as a former winner; all Boston winners have their names engraved in marble.

NORTHWEST

 Placing third overall, Leonard Hill (44, 2:27:46) captured the men's masters title as well in the Portland Marathon, Portland, OR, Sept. 29.
 Debbie Mumma (40, 3:04:09) led the masters women to the finish line. Hugo Badgett, 62,

TEN YEARS AGO November, 1986

 Gabriele Andersen, 41, Clocks a 2:40:08 and Kjell-Erik Stahl, 40, a 2:18:28 to Win \$7500 and the Masters Titles in the Twin Cities Marathon

 Patrick Davis (M40, 1:28:42) and Katie Vandergraaf (W40, 1:49:47) Sweep to Victory in the National 25K in Joliet, III.

 19th World Vets 10K Titles in Vancouver, B.C., Go to Britain's Allan Rushmer (M40, 30:47.9) and New Zealander Ngaire Drake (W40, 34:50.7)



Leland Brendsel, Chairman of Freddie Mac, finished third M50-54 with a 20:20, Freddie Mac 5K, Washington, D.C., Sept. 8.

Photo by George Banker

blazed the course in 3:07:13 to win his division by over 20 minutes, with the oldest finisher, Robert Mc Clure, 80, covering the 26.2 miles in 5:20:24.

INTERNATIONAL

 Frank Evans of Australia, who won the world M70 800 and 1500 last year at the WAVA Games in Buffalo, recently died.

 612 athletes from 10 nations participated in the 10th Malaysian Veterans Championships, Aug. 18-19 in Seremban, Malaysia.



US Olympian Kevin McMahon
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Schedule

USA track and field events feature competition for men and women over age 30 unless otherwise noted. Long distance events generally are open to all age groups with the exception of national masters championships, which may be limited to men and women over age 40. International T&F meets are generally limited to men over 40 and women over 35. Entry blanks for national and regional championships will generally be printed in the newspaper 30-60 days prior to the event. Please send any additions or corrections to NMN, P.O. Box 50098, Eugene OR 97405.

TRACK & FIELD

NATIONAL

December 3-7. USATF National Convention, Westin St. Francis, San Francisco, Calif. USATF, PO Box 120, Indianapolis, IN 46206-0120. 317-261-0500.

March 21-23. USATF National Masters Indoor Championships, Boston. Tracs, Inc., 79 Manet Rd., Chestnut Hill, MA 02167. Fax: 617-964-8356. Entry form in December and January issues.

May 21-28. U.S. National Senior Sports Classic VI, Tucson, Ariz. TLOC 4 East Congress, 2nd floor, Bank One Annex Bldg., Tucson, AZ 85701. 520-791-5555.

August 7-10. 30th annual USATF National Masters Championships, San Jose, Calif. San Jose Sports Authority, 99 Almaden Blvd., Suite 975, San Jose, CA 95113. Steve Hess, meet director. 408-288-2935.

August 6-9, 1998. 31st annual National Masters Championships, Orono, Maine.

EAST

Connecticut, Delaware, Massachusetts, Maryland, Maine, New Hampshire, New Jersey, New York, No. Virginia, Pennsylvania, Rhode Island, Vermont

January 10-12. Dartmouth Relays, Leverone Field House, Hanover, New Hampshire. Carl Wallin, Meet Director, Dartmouth College, Alumni Gym, Hanover, NH 03755. 603-646-2848, 646-2540, 646-3570.

January 19. Greater Boston TC Invitational, Harvard U., Allston, Mass. Masters/open events. Jim O'Brien, meet director, GBTC, PO Box 183, Boston, MA 02117-0183. 617-282-5537.

SOUTHEAST

Alabama, Florida, Georgia, N. Carolina, S. Carolina, Tennessee, Virginia

December 2-8. Florida Senior Games Championships, Kissimmee. 50+. Laura Hallam, Governor's Council on PFS, One Citrus Bowl Place, Suite 202, Orlando, FL 32805-2451. 407-245-0300.

MIDWEST

Illinois, Indiana, Kentucky, Michigan, Ohio, Wisconsin, West Virginia

February 15. NIFS-Indiana USATF Indoor Masters Invitational. The National Institute for Fitness and Sport, 250 University Blvd., Indianapolis, IN 46202. Vern LaMere, 317-274-3432.

WEST

Arizona, California, Hawaii, Nevada

November 10, 24. Timber Wolf T&F Club Meets, Sacramento. John Gallen, 916-489-2708.

November 16. Long Beach Senior Games, Long Beach, Calif. 50+. Karla Yuki, 310-570-1776.

November 16. KELfield Throws Meet #54, Santa Cruz. Gary Kelmenson, 5601 Empire Grade, Santa Cruz, CA 95060. 408-458-0202. Contact Kelmenson before attending meet.

December 14. KELfield Throws Meet #55, Santa Cruz. Gary Kelmenson, 5601 Empire Grade, Santa Cruz, CA 95060. 408-458-0202. Contact Kelmenson before attending meet.

December 15. Timber Wolf T&F Club Meet, Sacramento. John Gallen, 916-489-2708.

February 7-16. California Senior Olympics, Palm Springs, Calif. 50+. Ben Green, 619-323-5689.

February 15-17. Paradise Pentathlon, Honolulu. Weight Pentathlon. Hawaii Masters Track Club, PO Box 15763, Honolulu, HI 96830-5763.

February 16. Silver State Indoor Masters Classic, Reno. Events added this year: pole vault, super weight, hurdles, racewalk. Silver State Striders, PO Box 21171, Reno, NV 89515. 702-329-2814.



National champions in the 5000, Kim Jones, W35, and Carol McLatchie, W40, USATF Masters Championships, Spokane, Wash., Aug. 15. Photo by Steve Jones

INTERNATIONAL

November 19-23. WAVA South American Regional Championships, Concepcion, Chile. Pentathlon m&w/10K X-C. Fax 56-41-229-333.

December 14-15. Indoor Russian Veterans Sport Association Cup "Match-5", Moscow. Vadim Marshev, 14-6 Pervomayskaya St., Himki, Moscow Region, 141400, Russia. 7-095-5734150; fax 5726436.

February 22. British Masters Indoor Championships, Glasgow, Scotland.

February 28-March 2. 1st WAVA European Indoor Championships, Birmingham, England. Foreigners welcome. EVIC Entry Secretary, 48 Ford Close, Harrow, Middlesex, HAI 4AZ, England. Fax: 181-248-2271.

June 28-29. British Masters Championships, Blackpool, England.

July 10-25. 15th Maccabiah Games, Tel Aviv, Israel. US Maccabiah Committee, 1926 Arch Street, Philadelphia, PA 19103. 215-561-6900.

July 17-27. XII WAVA World Veterans Athletics Championships, Durban, South Africa

August 9-22, 1998. 4th International Masters Games (multi-sports), Portland, Ore.

LONG DISTANCE RUNNING

NATIONAL

November 3. USATF National Masters 5K Cross-Country Championships, Columbus, Ohio. John White, 4865 Arthur Pl., Columbus, OH 43220. 614-459-2547. December 3-7. USATF National Convention, San Francisco, CA. See T&F National.

December 7. USATF National Masters 10K Cross-Country Championships, San Francisco, Calif. John Mansoor, 120 Ponderosa Ct., Folsom, CA 95630. 916-983-4622.

December 14. USATF National Masters 50K/50 Mile Championships, Huntsville, Texas. Sunmart-Texas Trail Endurance Run. Norman Klein, 11139 Mace River Ct., Sacramento, CA 95670. 916-638-1161; fax 916-638-0857.

January 12. USATF National Masters One Mile Road Championships, Santee, Calif. Masters money for overall winners, plus sex- and age-graded money for masters. Elite Racing, 10509 Vista Sorrento Pkwy, #102, San Diego, CA 92121. 619-450-6510. February 9. USATF National Masters Half-Marathon Championships, Las Vegas, Nev. Al Boka, race director, PO Box 81262, Las Vegas, NV 89180. Phone/fax: 702-876-3870.

March 30. USATF National Masters 5K Championships, Carlsbad, Calif. Tim Murphy, 10509 Vista Sorrento Pkwy, #102, San Diego, CA 92121. 619-450-6510.

April 12. USATF National Masters 10K Championships, Plainview, N.Y. Michael Polansky, 62 Sylvia Lane, Plainview, NY 11803. 516-433-0919.

June 5-8. RRCA 40th Convention, Colorado Springs. RRCA, 1150 S. Washington St., Suite 250, Alexandria, VA 22314.

September 6. USATF National Masters 8K Cross-Country Championships, Pasco, Wash. Jim Peterson, 520 Franklin, Richland, WA 99352. 509-376-6731.

ON TAP FOR NOVEMBER TRACK AND FIELD

Except for the Long Beach Senior Games (50+) on the 16th and limited-event meets in California, not much is on the menu. It's a good time to make plans to attend the USATF National Convention in San Francisco, December 3rd-7th. Anybody interested can attend. See the T&F National schedule for details.

LONG DISTANCE RUNNING

The USATF National Masters 5K Cross-Country Championships is scheduled for the 3rd in Columbus, Ohio under the direction of John White, an experienced race and meet director. Masters on the 3rd with bigger ideas will be on the starting line at 10:50 a.m. for the NYC Marathon's tour of the five boroughs. Marathoners who oversleep for the NYC can opt for the Ocean States, R.I., or Columbus, Ohio, or San Antonio, Texas, Marathons on the 10th. More 26-milers are available in Tulsa on the 23rd. and Seattle on the 30th. The Manchester, Conn., 4.75 Miler, in its 60th year on the 28th, is one of the largest races in the

RACEWALKING

Racewalkers longing for competition can find it in the D.C. area on the 3rd, in Florida on the 10th, and in Central Park, NYC, on the 24th, as well as in some of the LDR races, which may offer a RW section, listed in the Schedule.

EAST

Connecticut, Delaware, Massachusetts, Maryland, Maine, New Hampshire, New Jersey, New York, No. Virginia, Pennsylvania, Rhode Island, Vermont

November 2. Syosset Sprint 4 Mile, Syosset, N.Y. Plainview-Old Bethpage RRC, 62 Sylvia Ln., Plainview, NY 11803. Lynn Kotler, 516-368-4618.

November 3. New York City Marathon. NYRRC, 9 E. 89th St., New York, NY 10128. 212-860-4455.

November 3. Warwick Marathon/RRCA NY State Championship. SASE to Jerry Terry, race director, PO Box 561, Warwick, NY 10990.

November 10. Ocean State Marathon/ RRCA National Championships, Narragansett, R.I. OSM, 5 Division St., East Greenwich, RI 02818. 401-885-4499; fax 401-885-3188.

November 17. RRCA Age Group X-C Championships, Bronx, N.Y. NYRRC, 9 E. 89th St., New York, NY 10128. 212-860-4455.

November 24. Philadelphia Marathon & 8K. 215-685-0054.

November 28. Manchester Road Race Continued on next page Continued from previous page

4.75 Mile. MRR, PO Box 211, Manchester, CT 06040. 860-649-6456. December 1. NYRRC Pete McArdle X-C Classic, Bronx, N.Y. NYRRC, 9 E. 89th St., New York, NY 10128. 212-860-4455. December 1. Rob's Run 5K X-C, Syosset, L.I., N.Y. Plainview-Old Bethpage RRC, 62 Sylvia Ln., Plainview, NY 11803. Ed Melnik, 516-433-4633.

December 8. Delaware Marathon, Middletown. Wayne Kursh, c/o DM, PO Box 398, Wilmington, DE 19899. 302-654-6400.

December 21. Ho Ho Ho Holiday 5K, Bethpage, N.Y. See Dec. 1. Ed Kovesdy, 516-499-1439.

December 31. Runner's World Midnight Run 5K, Central Park. NYRRC, 9 E. 89th St., New York, NY 10128. 212-860-4455. Start/Finish: Tavern on the Green.

April 21. Boston Marathon. Boston Athletic Association, Marathon Applications, PO Box 1997-A, Hopkinton, MA 01748. 15,000 limit; entries accepted until Feb. 1.

SOUTHEAST

Alabama, Florida, Georgia, N. Carolina, S. Carolina, Tennessee, Virginia

November 9. Vulcan 10K, Birmingham, Ala. Carl Howard, 2606 Moody Pkwy., Moody, AL 35004. 205-640-6509.

November 16. York County Lion's Battlefield 15K, Yorktown, Va. Marty Fisher, 757-898-9448; Rick Platt, 757-229-7375.

November 23. Governor's Land 5K, Williamsburg. Rick Platt, Colonial RR, PO Box 657, Williamsburg, VA 23187. 804-229-7375; 220-2601.

November 28. Thanksgiving 10K & 5K, DeLand, Fla. John Boyle, Thanksgiving Day, PO Box 1700, DeLand, FL 32721. 904-736-0002.

November 28. Atlanta Marathon. Atlanta TC, 3097 E. Shadowlawn Ave., Atlanta, GA 30305. 404-231-9065.

December 1. First Tennessee Memphis Marathon. FTMM, Box 84, MO-8, Memphis, TN 38101. 800-893-RACE; fax: 901-523-4354.

December 8. Semper Paratus 10K, Coast Guard RTC, Yorktown, Va. Sandy Harrison, 804-898-2226.

December 8. Brandon Marathon. Marathon, PO Box 1564, Brandon, FL 33509, 813-681-4279.

December 14. Rocket City Marathon, Huntsville. SASE to Huntsville TC, 8811 Edgehill Dr., Huntsville, AL 35802. Harold or Louise Tinsley, 205-881-9077.

December 14. Jacksonville Marathon, Fla. Race hotline, 904-739-1917.

January 25. Gasparilla 15K & 5K, Tampa. SASE to Gasparilla, PO Box 1881-RT, Tampa, FL 33601-1881.

MIDWEST

Illinois, Indiana, Kentucky, Michigan, Ohio, Wisconsin, West Virginia

November 10. Columbus Marathon & 5K. SASE to CM, PO Box 26806, Columbus, OH 43226.

November 30. Great River Road 10 Mile, Alton, Ill. Greater Alton/Twin Rivers C&V Bureau, 200 Piasa St., Alton, IL 62002. 1-800-258-6645.

MID-AMERICA

Colorado, Iowa, Kansas, Minnesota, Missouri, New Mexico, N. Dakota, Nebraska, S. Dakota

November 3. Omaha Riverfront Marathon. Gary Meyer, 402-553-8349.

November 10. Harvest Hustle 10K, Overland Park, Kans. Staggered start/ groups start every 15 seconds based on age/sex time-adjustments. KC Runners Council, 7201 W. 129th, Suite 300, Overland Park, KS 66213.

SOUTHWEST

Arkansas, Louisiana, Mississippi, Oklahoma, Texas

November 2. Picayune Fall Classic 10K & 5K. Masters & Grandmasters money. Picayune Rotary, PO Box 1152, Picayune, MS 39466. David Guizerix, 601-798-4881(d); 504-847-1701(eve).

November 2. Ten Miles for Texas. RRCA National Championship Race. Ellen Earle, 713-265-3696. Texas Running Club, PO Box 8376, The Woodlands, TX 77387-8376.

November 10. San Antonio Marathon, 5-Mile Run, 3-Mile Walk. SAM, 1123 Navarro. San Antonio, TX 78205. 210-246-9652.

November 17. Houston Masters Sports Association 25K. Tom McBrayer, 4021 Montrose, Houston, TX 77006-4956.

November 23. Larry Fuselier State Championships, 25K and 10K. NOTC, PO Box 52003, New Orleans, LA 70152-2003. 504-482-6682 or 468-1488.

November 23. Tulsa Marathon, 263 E. 45th Pl., Tulsa, OK 74105. 918-744-0339. December 8. Dallas White Rock Marathon, DWRM, 3607 Oak Lawn Ave., Dallas, TX 75219. Doris Lafayette, 214-528-2962.

December 8. Altel SLT 30K, Houston. Tom McBrayer, 4021 Montrose, Houston, TX 77006-4956.

December 14. Sunmart Texas Trail Endurance Runs, Huntsville State Park, Houston, Texas. Norm Klein, 11139 Mace River Ct., Rancho Cordova, CA 95670. 916-638-1161.

December 21. The Wall-Louisiana State Championships, 30K and 15K. Abita Springs, La. NOTC, P.O. Box 52003, New Orleans, LA 70152-2003. 504-482-6682 or 468-1488.

January 5. 90th Jackson Day Race, 9K. New Orleans. NOTC, P.O. Box 52003, New Orleans, LA 70152-2003. 504-482-6682 or 468-1488.

January 12. Houston Marathon. HM, PO Box 56464, Houston, TX 77024. 713-864-9305, 864-7525.

January 18. New Orleans Mardi Gras Marathon, 1/2 Marathon, 6K. NOTC, P.O. Box 52003, New Orleans, LA 70152-2003. 504-482-6682 or 468-1488.

February 16. Austin Marathon. SASE to Marathon, PO Box 684587, Austin, TX 78768. Lyle Clugg, race director, 212-505-8304.

WEST

Arizona, California, Hawaii, Nevada

November 2. Big Sur Trail Marathon, Big Sur State Park, Calif. Enviro-Sports, PO Box 1040, Stimson Beach, CA 94970. 415-868-1829.

November 2, 9, 23. 6th Annual USATF Pacific Association Cross-Country Series.



Andrea Otto, Carle Place, N.Y., W45 winner in 21:35, Maccabiah 5K, Plainview, L.I., N.Y., Sept. 22. Photo by Mike Polansky

Different venue & distance each race. Race on 2nd will be run on same course as Masters Nationals, 12/7/96. 23rd is USATF West Regional Championships. Charles Alexander, 415-964-0643.

November 10. New Times Phoenix 10K, Phoenix, AZ. 602-229-1060.

November 16. Mission Bay 25K, San Diego. 800-450-SDTC.

November 17. Bowl to Bowl 5K Run/ Walk, Rose Bowl, Pasadena. Jim Hanley, director, 85 E. Holly St., Pasadena, CA 91103. 818-397-4064; 397-4062.

December 1. Western Hemisphere Marathon, Culver City, Calif. CC Recr. Dept., 4117 Overland Ave., Culver City, CA 90230. 310-253-6650.

December 8. Palm Desert 5K/USATF Open Men's Championship, Palm Desert, Calif. Tim Murphy, Elite Racing, 10509 Vista Sorrento Pkwy, Suite 102, San Diego, CA 92121. 619-450-6510.

December 8. Tucson Marathon & Half-Marathon. Southern Arizona RR, 4625 E. Broadway, Suite 112, Tucson, AZ 85711. 520-325-2736; fax 770-9899.

December 8. California International Marathon, Sacramento. CIM, PO Box 161149, Sacramento, CA 95816. 916-983-4622.

December 8. Honolulu Marathon. HM Assoc., 3435 Wailae Ave. #208, Honolulu, HI 96816. 808-734-7200.

December 15. 19th Annual Lasse Viren 20K, Pt. Mugu St. Park (15 miles north of Malibu), Calif. Steve Blum, 505 Briarwood Terrace, Ventura, CA 93001. 805-652-1744 or Ray Seay 805-647-4124. December 21. 12th Mainly Masters 10K, San Diego. 800-450-SDTC.

January 11. Paramount 10K & Special World Masters 10K Race, Paramount, Calif. Standards for World Masters 10K. SASE to The Finish Line International, 7846 Connie Dr., Huntington Beach, CA 92648. 714-841-5417.

January 12. Steve Scott Festival of Races/USATF Master's Mile National Championship, Santee, Calif. Elite Racing 619-450-6510.

January 19. San Diego Marathon & Half-Marathon, Carlsbad, Calif. SASE to In Motion, Dept. RT, 511 S. Cedros Ave., Ste. B, Solana Beach, CA 92075. 619-792-2900; fax 792-2901.

February 9. Las Vegas International Marathon & Half-Marathon & 5K. PO Box 81262, Las Vegas, NV 89180. 702-876-3870.

February 17. Great Aloha 8.25 Miles, Honolulu. Aloha Run, 1130 N. Nimitz Hwy., Bldg. A, Ste. 121A, Honolulu, HI 96817. 808-528-7388.

May 11. Great Trans Koolau Trek 10 Mile, Hawaii. Meet officials expect 100,000. \$3 non-refundable fee for commemorative race entry booklet to Race Headquarters, 50 S. Beretania St., Suite C-211A, Honolulu, HI 96813. 808-521-4351.

NORTHWEST

Alaska, Idaho, Montana, Oregon, Utah, Washington, Wyoming

November 3. Dream Of Roses Women's 10K, Salem, Ore. 503-581-5313.

November 30. Seattle Marathon & Half-Marathon. SM Assoc., PO Box 31849, Seattle, WA 98103. 206-524-RUNS; 800-343-4411; fax 206-821-6387.

INTERNATIONAL

November 5-12. Mt. Everest Marathon Trip, from Darjeeling, India. \$1200. Force 10 Expeditions, 1-800-922-1491.

July 17-27. XII WAVA World Veterans Athletics Championships, Durban, South Africa.

RACEWALKING

November 3. East Regional 50K Track Championships, Washington, D.C. area. Al Corallo, 1600 N. Oak St., #916, Arlington, VA 22207.

November 10. Florida AC Walkers/20K State Racewalk Championships. Mary King, 954-581-8755; Denise Shepard, 954-587-1510.

November 24. Gran Prix #1, 5K, Central Park, NYC. Stella Cashman, Park Racewalkers USA, 320 East 83rd St., NY, NY 10028. 212-628-1317.

December 1. Gran Prix #2, 5K, Central Park, NYC, Stella Cashman, Park Racewalkers USA, 320 E. 83rd St., NY, NY 10028. 212-628-1317.

December 15. Gran Prix #3, 5K, Central Park, NYC. See Dec. 1.

December 29. South Regional 50K Championships, Houston, Texas. Dave Gwyn, 6502 Briar Bayou, Houston, TX 77072. 713-498-0027.

February 16. Silver State Indoor Masters Classic, Reno, Nev. Events added this year include a 3000M racewalk. Silver State Striders, P.O. Box 21171, Reno, NV 89515. 702-329-2814.

FIVE YEARS AGO November, 1991

- Laurie Binder, 44, Runs Record 2:35:08 in National Masters Marathon; Manuel Vera, 40, Logs 2:17:40
- Nancy Grayson, 41, Clocks 34:08 in Pittsburgh Great Race 10K

MASTERS CLUBS

Below is a list of masters track & field, long distance running, and race walking clubs arranged alphabetically by region. Some offer workout facilities. Most have social programs and annual awards. If you'd like to find out more about what's going on in your area, contact one. To have your club listed, please send the necessary information to National Masters News, P.O. Box 50098, Eugene OR 97405.

EAST

Achievements Unlimited Intl! Women's MastersTrack Team P.O. Box 2831 Elizabeth, NJ 07207 201/373-2353

The Achilles Heel (for disabled) 9 East 89th St. New York, NY 10128 (212)398-0348

Boston AA 131 Clarendon St. Boston, MA 02116 617/236-1652

Boston RC 79 Manet Rd. Chestnut Hill, MA 02167 617/964-7802

Buffalo Belles and Brawn Charles La Chiusa 59 Mona Dr. Buffalo, NY 14226

Central Park TC 7 W. 96th St., #8A New York, NY 10025 212/864-4217

Finger Lakes RC P.O. Box 321 Newfield, NY 14867 607/564-9516

Garden State AC 19 Bedminster Rd. Randolph, NJ 07869 201/625-1764

Greater Rochester TC P.O. Box 92608 Rochester, NY 14692 716/872-6652 Race Info.

Harrisburg Masters TC 60 Lindsay Lane Carlisle, PA 17013

Hudson Mohawk Road Runners P.O. Box 12304 Albany, NY 12212 518/273-3108 (race hotline)

Liberty AC 20 Riverview Dr. Newbury, MA 01951-1807 508/462-9552

Maryland Masters TC 107 Rosewod Ave. Baltimore, MD 21228-4939 410/744-2652

Nadia TC 1500 Sylvan Terrace Pittsburgh, PA 15221 412/244-9812

National Capital TC (GNATS) 38 Tindal Springs Ct. Gaitersburg, MD 20879 301/948-6905

New England Walkers 83 Riverside Ave... Concord, MA 01742 508/369-7912

New Jersey Striders TC P.O. Box 885 Maywood, NJ 07607 201/791-7986

New York AC 180 Central Park South New York, NY 10019 212/247-5100

New York Masters Sports Club 5831 Bell Blvd. Bayside, NY 11364 718/224-3927

NYRRC 9 E. 89th St. New York, NY 10128 212/860-4455

New York TC Joyce Halls 80 Van Cortlandt Pk. So., #C32 Bronx, NY 10463 718/796-5128

North Jersey Masters P.O. Box 56 Ridgewood, NJ 07450 Park Racewalkers, USA 320 E. 83rd St., Box 18 NewYork, NY 10028 212/628-1317

Philadelphia Masters Karl Castor 44 N. Penn St. Hatboro, PA 19040 215/441-8545

Plainview Old Bethpage RRC 62 Sylvia Lane Plainview, NY 11803 516/433-0919

Potomac Valley TC c/o John Norton 3706 Howsen Ave. Fairfax, VA 22030 703/352-3057

Run to Win Ladies - Maine Coach Brian Gillespie 36 Colonial Rd. Portland, ME 04102 207/772-2753

Shore AC 22 Addison Road Howell, NJ 07731-1302 908/363-5426

Sugarloaf Mt. AC Box 659 Amherst, MA 01004 413/586-7411

Syracuse Chargers TC 118 Foxcroft Lane Fayetteville, NY 13066 315/637-6211

Tri-State TC Wayne Vaughn 18619 Preston Rd. Hagerstown, MD 21742

West Pennsylvania TC RD2, 14400 Winchester Rd. Trafford, PA 15085 412/372-1986

SOUTHEAST

All American TC 20184 Hwy 17 Hampstead, NC 28443

Atlanta TC 3097 E. Shadowlawn Ave. NE Atlanta, GA 30305

Birmingham TC P.O. Box 530363 Birmingham, AL 35253 205/995-5344

Florida AC 3250 Lakeview Blvd. Delray Beach, FL 33445 407/499-3370

Florida TC P.O. Box 12463 University Station Gainesville, FL 32604 904/378-8725

Greenville TC P.O. Box 16262 Greenville, SC 29607 808/268-6321

Gulf Winds TC P.O. Box 3447 Tallahassee, FL 32315 904/386-GWTC (4982)

Huntsville TC c/o Harold Tinsley 8811 Edgehill Dr. Huntsville, AL 35802 205/881-9077

Miami RC Tropical Park 7920 S.W. 40th St. Miami, FL 33155 1-800/940-4RUN

Nashville RACERS 421 Valley Trace Dr. Nashville, TN 37221 615/356-4607 rustri@ctrvax.vanderbilt.edu Nashville TC 2709 Linmar Ave., #5 Nashville, TN 37215-1170 615/383-6733

North Carolina RRC P.O. Box 26761 Raleigh, NC 27611 919/231-0714

Pony Express Masters TC P.O. Box 503 Norfolk, VA 23501 Attn: Leonore McDaniels 804/481-1714

Port City Pacers P.O. Box 16907 Mobile, AL 36616 Potomac Valley TC c/o Scott Bentley 6060 Ridge Ford Dr. Burke, VA 22015 703/451-5869

Richmond T&F Club P.O. Box 6701 Richmond, VA 23230 804/272-3544

Spartanburg RC 820 Patch Dr. Spartanburg, SC 29302 803/582-7128

World Elite Track Team P.O. Box 71022 Marietta, GA 30007-1022

MIDWEST

Ann Arbor TC P.O. Box 7551 Ann Arbor, MI 48107 313/663-9740 (Hot Line)

Columbus Roadrunners P.O. Box 15584 Columbus, OH 43215-0584 614/890-1309

Dayton Masters TC P.O. Box 17706 Dayton, OH 45417-0706 Bob Jones, Pres. 513/837-2754

Midwest Masters T&F Club 633 Sunset Dr. Janesville, WI 53545 608/756-5260

Motor City Striders 10144 Lincoln Huntington Woods, MI 48070 313/544-9099

Over the Hill TC 4173 Wilmington Rd. South Euclid, OH 44121

River to River RC P.O. Box 1224 Marion, IL 62959

Bob Schul Racing Team 27 E. Dixon Ave. Dayton, OH 45419 513/293-0123

Victory AC P.O. Box 6667 Louisville, KY 40206 502/893-6057

Wolfpack TC 4865 Arthur Pl. Columbus, OH 43220 614/459-2547

MID AMERICA

American Racewalk Ass'n P.O. Box 18323 Boulder, CO 80308-1323 303/447-0156

Denver TC P.O. Box 9723 Denver, CO 80209 303/722-2425

Heartland Racewalkers c/o Health Plus 4500 W. 107th Overland Park, KS 66207 Alan Poisner, President 913/588-7510 (day) 913/649-3138 (eve) Lawrence TC P.O. Box 3743, Jayhawk Sta. Lawrence, KS 66046

Lincoln TC 2900 John Ave. Lincoln NE 68502

Prairie Striders Box 267 Brookings, SD 57006

St. Louis TC 2385 Hampton Ave., #101 St. Louis, MO 63139 314/781-3926 314/782-3726 (raceline)

Santa Fe Striders P.O. Box 1818 Santa Fe, NM 87504 505/983-2144

SOUTH WEST

Dallas Masters T&F Club P.O. Box 941781 Plano, TX 75094 800/30 GO RUN Phone 214/979-0247 Fax DallasMTAF@aol.com

East Texas T&F Club 3334 S. SW Loop 323, #128 Tyler, TX 75701 903/561-9511

Houston Harriers P.O. Box 740728 Houston, TX 77274 713/777-6840

Houston Masters Sports Assoc. 4021 Montrose Blvd. Houston, TX 77006-4956 713/523-5679

King of the Hill TC 48 Chateau Haut Brion Kenner, LA 70065 504/467-1197

Louisiana Lightning TC Jeff Batz 321 E. Josephine St. Gonzales, LA 70737

Lufkin T&F Club P.O. Box 1001 Lufkin, TX 75902-1001 409/632-2431

New Orleans TC P.O. Box 52003 New Orleans, LA 70152-2003 504/482-6682

Oklahoma City RC 2408 N.W. 112th Terrace Oklahoma City, OK 73120 405/752-9097

San Antonio TC 21024 Cedar Br. Garden Ridge, TX 78266 210/651-5414

South Louisiana Masters TC P.O. Box 3125 Lafayette, LA 70502-3125 318/984-4934

Tulsa RC P.O. Box 3304 Tulsa, OK 74101-3304 918/581-8306

Waterloo T&F Club 4112 Burnet Rd. Austin, TX 78756 512/458-6010

WEST

All-American TC 8307 Joan Lane West Hills, CA 91304 818/716-7280

California Coast TC 18 Charca Rancho Santa Margarita, CA 92668 714/589-0242 Mark Cleary

Club West Gordon McClenathen P.O. Box 1079 Goleta, CA 93116-1079 805/964-3005 Corona del Mar TC 19103 S. Andmark Ave. Carson, CA 90746 310/638-7125

Easy Striders Walking Club 2611 Voorhees, Apt. E. Redondo Beach, CA 90278 310/542-5048

Elite Health TC 10738 Jefferson Blvd. Culver City, CA 90230 310/559-9739

Excelsior TC 970 Cordilleras Ave. San Carlos, CA 94070 415/592-8353

Golden Bay Runners P.O. Box 2144 Castro Valley, CA94546 510/881-0330

Golden Gate Racewalkers 3956 Nelson Ct. Palo Alto, CA 94306 415/493-2652

Great Strides Honolulu 1521 Punahou St., #1002 Honolulu, HI 96822 808/942-9567

Hawaii Masters TC P.O. Box 15763 Honolulu, HI 96830-5763

Island Empire Racewalkers 9847 Cedar Ave., #18 Bloomington, CA 92316 714/877-3548; 824-2336

KEL Club Gary Kelmenson 5601 Empire Grade Santa Cruz, CA 95060

L.A. Valley AC 15355 Mulholland Dr. Los Angeles, CA 90077 818/784-0496

Los Gatos AA P.O. Box 1334 Los Gatos, CA 95031 408/354-7333

Marin Race Walkers Jack Bray P.O. Box 21 Kentfield, CA 94904-0021 415/461-6843

Monsoon TC #3 Hickok Lane Carson, CA 90745 310/522-0219

No. Calif. Senior TC 3887 18th St. San Francisco, CA 94114 415/626-8601

Pacific Racewalkers Box 513 Carmichael, CA 95609 916/483-2917

River City TC P.O. Box 255131 Sacramento, CA 95865 916/489-7881

San Diego TC P.O. Box 7853 San Diego, CA 92167 619/270-SDTC

Santa Cruz TC P.O. Box 1803 Capitola, CA 408/425-8286

Seniors TC P.O. Box 3398 Crestline, CA 92325 909/338-5532

Show Time TC 8306 Wilshire Blvd., Suite 2 Beverly Hills, CA 90211 213/392-3338 (phone/fax)

Sierra Racewalkers P.O. Box 13203 Sacramento, CA 95813-3203 916/722-5039

So. Calif. Corporate AA 346 Palos Verdes Blvd., #8 Redondo Beach, CA 90277 310/616-1313 Southern Calif. Striders 3180 Camino Arroyo Carlsbad, CA 92009 619/436-7698

Tamalpa Runners Box 201 Central Park TC Corte Madera, CA 94976 415/924-8223

Team Patriots 2301 Hyperion Ave., Suite P Los Angeles, CA 90027-4711 213/662-1062

Timber Wolf T&F Club P.O. Box 660201 Sacramento, CA 95866-0201 916/489-2708

Trojan Masters TC 1125 Stimson La Puente, CA 91744 818/917-6289 102110.540@compuserve.com

Walkers Club of L.A. 610 Woodward Blvd. Pasadena, CA 91107 818/985-9854

West Valley Joggers & Striders 1124 Kennington Ave. Sunnyvale, CA 94087 408/246-2651

West Valley TC P.O. Box 459 San Carlos, CA 94070 510/635-9508

NORTHWEST

Anchorage RC P.O. Box 211923 Anchorage, AK 99521-1923 907/337-8606

Barron Park Striders 3225 Scotch Meadows Ct., S.E. Olympia, WA 98501 206/438-0051

Bigfoot Masters Spokane Community College N. 1810 Greene St., MS-2050 Spokane, WA 99207-5399

Eugene Running Club 351 Ransom Ct. Eugene, OR 97401 Cathie Twomey Bellamy 541/343-4841

Oregon Road Runners Club 4840 S.W. Western Ave., #200 Beaverton, OR 97005 503/646-RUNR Gail Starelli

Oregon TC Masters P.O. Box 11364 Eugene, OR 97440

Pacific Pacers (Racewalk) 6633 N.E. Windemere Rd. Seattle, WA98115 206/524-4721

Phidippides RC P.O. Box 2315 Salem, OR 97308 503/399-7057

Portland Masters TC 12108 S.W. 13th Ct. Portland, OR 97219 Kathy Holmstrom 503/245-6784

Racewalkers Northwest P.O. Box 1723 Lake Oswego, OR 97035 503/697-2787

RE-TREADS 16016 9th Ave., S.W. Burien, WA 98166 206/246-0516

Seattle Masters AC 4103 Hillcrest Ave., S.W. Seattle, WA98116 206/938-3895

Snohomish TC 4261 S. 184th SeaTac, WA 98188 206/433-8868

Southern Oregon Sizzlers P.O. Box 665 Medford, OR 97501

RECIPIENTS OF CERTIFICATES/PATCHES AS ALL-AMERICANS FOR ACHIEVING U.S. STANDARDS OF EXCELLENCE

Ē	M30-35			The street of the street	M50-54	St. Call	Aug 18th	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	M65-69	AND THE		
	Kenneth Hall	Javelin	67.08	08-18-96	Ron Bruce	Hammer	43.72	09-14-96	Alan Maxwell	100HH	20.25	07-25-96
	Jim Watts	400M	50.58	06-29-96		Shot Put	12.93	09-14-96	Don Sibigtroth	Triple Jump	27-6%	07-13-96
				Completed that		Discus	40-64	09-14-96	Jerry Wojcik	25# Weight	10.43	07-20-96
	M35-39				Ernst Wendland	5K	16:27.4	06-21-96		Hammer	35.32	02-20-96
	Benedict Olusola	Triple Jump	44-8	08-10-96		10K	35:21	07-01-96		56# Weight	4.14	08-31-96
	The State of the State of			Market State Control of the Control	Mike Tolen	10K	35:50	08-31-96	M80-84	10 10		the same of the same
	M40-44			Will design the	NEE EV	Control of		772 000 2 100 2	Paul Narcessian	Hanner	23-10	07-20-96
	Marty Higginbotham	5K	15:58.55	08-18-96	M55-59	la dia	107.0	00 00 00	W40-44			
	Manager of the last	10K	32:58.11	08-18-96	John Sloan	Javelin	127-0	06-08-96	Lynn Gray	5K	21:18	07-06-96
	Michael Johnson	800M	2:07.08	08-18-96	M60-64				W45-49	- To 1		A Par Helper Sin
				of the title of the	John Luccio	Triple Jump	9.14	06-30-96	Tish Roberts	5K RW	28:25	09-28-96
	M45-49			A LANGUAGE	Comit Educate	300H	54.9	06-30-96	W50-54			The same of the
	Ron Bruce	35# Weight	12.61	09-01-96	Len Rosen	Discus	146-8	08-02-96	Nancy Cornwall	Shot Put	29.6	09-07-96
	Jerry Senters	Discus	137-5	08-04-96	1	Shot Put	42-43	06-23-96	W70-74			
		Shot Put	42-1	01-14-96		Shot Put	42-41	07-07-96	Lucille Mahoney	Long Jump	7-09	05-31-96

U.S. MASTERS STANDARDS OF EXCELLENCE FOR MEN

	Event	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-34	85-89
	100 200 400 800	11.0 22.4 51.0 2:01	11.33 23.3 52.5 2:04	11.67 24.2 54.0 2:08	12.0 25.1 56.0 2:13	12.5 26.0 58.5 2:19	13.0 27.2 61.5 2:27	13.5 28.5 65.0 2:37	14.0 29.8 70.0 2:49	15.0 32.4 76.5 3:06	16.5 35.8 84.5 3:27	18.0 39.8 94.0 3:54	20.0 44.0 105.0 4:24
State of the lates of	1500 Mile 5000 10000	4:11 4:31 15:30 32:11	4:15 4:35 15:42 32:35	4:22 4:42 16:06 33:30	4:32 4:53 16:44 34:45	4:45 5:07 17:30 36:15	5:02 5:25 18:24 38:10	5:24 5:49 19:36 40:30	5:47 6:14 21:08 44:15	6:22 6:51 23:30 48:30	7:03 7:38 26:00 54:30	7:59 8:42 29:00 61-15	9:15 10:10 32:30 68:30
man bearing and the	110H 100H 80H 400H	15.3	16.4	17.75	18.75	18.0	19.0	20.0	21.3	18.0	21.0	25.0	30.0
	300H	Cose A				48.0	51.0	55.0	60.0	66.5	74.5	84.0	95.0
ı	3K-SC 2K-SC	10:00	10:20	10:55	11:40	12:30	13:20	9:30	10:30	12:00	14:00	16:30	19:30
	HJ	1.94	1.85	1.76 5-94	1.68 5-6	1.59 5-25	1.50	1.41	1.32	1.23	1.13	1.02 3-4	.92 3-1
-	PV	4.40 14-5\	4.15 13-7%	3.90 12-95	3.60 11-95	3.30 10-10	3.05 10-0	2.80 9-24	2:55 8-44	2.30 7-6½	2.05 6-84	1.80 5-11	1.50
	n	6.55	6.20	5.85 19-24	5.45 17-104	5.10 16-9	4.75	4.40 14-5½	4.00 13-15	3.65 11-115	3.35 11-0	3.00 9-10	2.65 8-84
	TJ	13.35	12.65 41-6	11.90 39-5	11.15 36-7	10.40 34-15	9.65 31-8	8.90 29-21	8.20 26-11	7.50 24-7%	6.80	6.10 20-1	5.50 18-1
	Shot	15.20 49-10 ¹ / ₂	14.10 46-34	13.00 42-8	12.00 39-45	12.40 40-84	11.20 36-9	12.00 39-45	10.80 35-5%	10.00	8.80 28-10 ¹ 2	7.65 25-14	6.50 21-4
1	discus	44.80 147-0	42.60 139-9	40.60 133-2	38.00 124-8	40.00 131-3	36.40 119-5	40.00 131-3	36.80 120-9	31.60 103-,8	26.40 86-7	21.40 70-25	16.20 53-2
1	lammer	47.24 155-0	44.20 145-0	41.14 135-0	38.10 125-0	38.40 126-0	36.00 118-1	36.00 118-1	33.00 108-3	29.00 95-2	25.00 82-0	22.50 73-10	18.00 60-0
	Jav	62.00 203-5	57.00 187-0	52.60 170-7	48.00 157-6	43.00 141-1	38.50 126-4	40.00 131-3	35.00 114-10	29.00 95-2	24.00 78-9	19.00 62-4	15.00 49-2
	35#Wt. 25#Wt. 56#Wt.	15.00 9.50	9.00	13.00	12.00	10.00	9.00	8.00 11.00 4.50	7.00 10.00 4.00	6.00 9.00 3.50	5.00 8.00 3.00	4.00 7.00 2.50	3.09 6.00 2.00
	Pen	200	260	2600 5250	2500	2600	2600	2600	2500	2600	2600	2600	2600 5250
								CONTRACTOR OF	THE RESERVE		-		1 10 10 10

notes: 1) 100 standards are for automatic time; use standard conversion for hand time.

2) Short hurdles: 30-49: 39"; 50-59: 36"; 60-69: 33"; 70+: 30".

3) Long hurdles: 30-49: 36"; 50-59: 33"; 60+: 30".

4) Shot pdt: 30-49: 7.26k (164): 50-59: 6k; 60-69: 5k; 70+: 4k.

5) Discus throw: 30-49: 7.26k (164); 50-59: 6k; 60-69: 5k; 70+: 4k.

7) Javelin: 30-49: 7.26k (164); 50-59: 6k; 60-69: 5k; 70+: 4k.

7) Javelin: 30-59: 800g; 60+: 600g.

8) Hetric heights and distances are the standard; feet and inches listed for convenience 9) Pen/Dec: 30-39 IAAF pts.; 40+ WAVA factoring (new WAVA).

	1.5K	mile	3k	5k	8k	10k	15k	20k	25K	30k	40k	50
30	7:13	7:47	14:50	25:38	42:04	52:43	1:21:56	1:52:06	2:24:43	259:15	4:08:45	5:37:3
35	7:22	8:03	15:18	26:27	43:11	53:56	1:23:29	1:63:32	2:26:51	3:01:63	4:12:21	5:42:2
40	7:37	8:21	16:53	27:26	44:47	55:56	1:26:37	1:58:06	2:32:33	3:08:56	4:22:13	6:55:4
45	8:03	8:41	16:32	28:33	46:35	58:10	1:30:08	2:03:00	2:38:56	3:17:00	4:33:31	6:11:2
50	8:25	9:05	17:15	29:49	48:36	1:00:41	1:34:08	2:08:30	2:46:11	3:26:08	4:46:23	6:29:0
55	8:55	9:08	18:05	31:14	50:54	1:03:33	1:38:40	2:14:48	2:54:26	3:36:33	5:01:03	6:49:2
60	9:17	10:01	19:01	32:51	53:32	1:06:50	1:43:51	2:21:54	3:03:54	3:48:29	5:17:54	7:12:4
65	9:48	10:35	20:06	34:43	56:33	1:10:37	1:49:50	2:30:12	3:14:51	4:02:20	5:37:25	7:39:4
70	10:26	11:15	21:22		1:00:02	1:15:01	1:56:49	2:39:54	3:27:38	4:18:30	6:00:18	8:11:3
75	11:10	12:01	22:51		1:04:10	1:20:14	2:05:05	2:51:18	3:42:50	4:37:46	6:27:35	8:49:2
80	12:03	12:58	24:41		1:09:13	1:26:38	2:15:15	3:05:24	4:01:36	5:01:39	7:01:26 .	
85	13:13	14:15	27:05		1:15:50	1:35:01	2:28:37	3:24:00	4:26:20	5:33:10	7:46:16	10:39:1
90	14:56	16:06	30:36		1:25:30	1:47:18	2:48:13	3:51:12				
-	14.00	10:00	30.30	CARS.			EN			9-1-1-	0.07.00	4.21.4
30	6:31	7:01	13:21	23:05	37:57	47:49	1:13:10	1:38:18	2:05:12	232:17		4:31;0
35	6:43	7:14	13:47	23:46	38:55	48:53	1:14:28	1:39:43	2:06:56	234:14	3:30:17	4:34:6
40	6:58	7:29	14:16	24:24	40:15	60:32	1:17:03	1:43:13	2:11:29	239:47	3:37:53	4:56:2
45	7:13	7:46	14:47	26:31	41:44	52:25	1:19:58	1:47:10	2:16:35	246:05	3:46:36	5:09:2
50	7:13	8:05	15:23	26:33	43:25	54:32	1:23:14	1:61:37	2:22:20	253:13	3:56:29 4:07:41	5:24:2
55	7:50	8:26	16:04	27:43	45:19	56:55	1:26:56	1:66:38	2:28:52	3:01:19	4:07:41	5:41:2
60	8:13	8:51	16:50	29:02	47:28	59:38	1:31:10	2:02:23	2:36:20	3:10:33	4:20:30	6:01:0
65	8:38	9:19	17:43	30:33	49:56	1:02:45	1:36:01	208:58	2:44:53	321:11	4:52:23	6:23:5
70	9:08	9:50	18:44	32:18	52:46	1:06:21	1:41:37	2:16:35	2:53:56	3:33:31	5:12:40	6:50:5
75	9:08	10:28	19:55	34:20	56:04	1:10:35	1:48:13	2:25:34	3:05:02	3:48:05	5:37:34	7:24:1
80	10:26	11:14	21:22	36:50	60:06	1:15:44	1:56:15	2:36:31	3:20:50	4:05:57	6:10:11	8:07:5
85	11:21	12:14	23:14	40:04	65:20	1:22:26	2:06:43	2:50:48	3:39:31	4:29:18	6:57:43	9:11:3
					72.53	1-12-08	2:21:52	3:11:28	4:06:38	5:03:17	0.57:43	P. 11.3
-	12:41	13:39	20.00	:-0	. 202		age 32, 37,	42, 47 etc.)			

U.S. MASTERS STANDARDS OF EXCELLENCE FOR WOMEN

Event	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84	
100 200 400 800	13.8 28.0 63.5 2:32	14.2 29.2 65.5 2:35	14.6 30.3 67.5 2:40	15.0 31.4 69.5 2:46	15.6 32.5 71.5 2:54	16.2 34.0 73.5 3:05	16.9 35.7 78.5 3:19	17.8 37.5 83.7 3:36	18.8 40.0 90.0 3:56	20.0 43.5 96.5 4:09	21.2 47.0 103.3 4:35	THE PERSON NAMED IN
1500 Mile 5000 10000	5:10 5:34 19:45 41:00	5:19 5:44 20:30 42:40	5:29 5:55 21:20 44:40	5:40 6:07 22:16 47:00	5:58 6:26 23:12 49:30	6:20 6:49 24:16 52:00	6:48 7:19 26:08 56:00	7:23 7:46 28:08 60:00	8:04 8:47 30:08 66:00	8:52 9:39 32:21 76:00	9:48 10:45 34:26 86:00	中にというないの
100H 80H 400H 300H	17.2 75.5	18.2 79.9	15.0 84.4	15.8 88.8	16.5	17.6 72.0	18.7	20.2	22.2 96.0	25.0	28.0	THE REAL PROPERTY.
HJ PV	1.42 4-8 2.70 8-104	1.35 4-5\ 2.40 7-10\	1.27 4-2 2.10 6-11	1.19 3-11 1.80 5-11	1.12 3-8 1.50 4-11	1.07 3-6k 1.20 3-11	1.02 3-4k 1.10 3-7k	.97' 3-2k 1.00 3-3k	.92 3-04 9.90 2-11	.89 2-11 0.80 2-75	.84 2-9 0.70 2-34	A SAME OF
u	5.00 16-5	4.60	4.25	3.90	3.55	3.20 10-6	2.85	2.60 8-6%	2.35	2.10	2.00	
TOTAL TJ	32-10	9.20	8.60 28-24	7.80		6.40	5.70 18-84	5.20 17-1	4.70	4.20	3.80	
Shot	10.30 33-95	9.30 30-6%	8.40 27-7	7.70 25-3%	7.95 26-1	7.20	6.50 21-4	5.80 19-04	5.25 17-3	4.70	4.25 13-11k	
Jav	39.50 129-7	33.50 109-11	27.50 93-6		25.00 82-0	19.00 62-4	18.00 59-1	16.00 52-6	15.00 49-2	14.00 45-11	13.50	
Discus	30.0 98-5	27.8 91-2	26.0 85-4	24.0 78-9	22.0 72-2	20.0 65-8	18.0 59-1	16.0 52-6	15.0 49-2	14.0 45-11	13.5	
Hammer	35.0 131-3	32.5 114-10	30.0 98-5	25.0 82-0	23.0 75-6	22.0 72-2	20.0 65-8	18.0 59-1	14.0 45-11	12.0 39-5	9.0 29-7	
20 Mt.	10.00	9.00	8.00	7.00	6.00	5.00	4.00	3.50	3.25	3.00	2.75	
16 Mt.	torrt ut	Add PT			8.00	7.00	6.00	5.50	5.25	5.00	4.75	

notes: 1) 100 standards are for automatic time; use standard conversion for h.5:d time.
2) Short hurdles: 30-39: 33"; 40+: 30"
3) Short put: 30-49: 4k; 50+: 3k.
4) Jávelin: 30-49: 600gm; 50+: 400gm.
5) Hammer: 30-49: 4k; 50+: 3k.
6) Metric heights and distances are the standard; feet and inches listed for convenience.

APPLICATION FOR AN ALL-AMERICAN CERTIFICATE/PATCH

NAME		_AGE-GROUP
ADDRESS		SEX: M F
CITY	STATE	ZIP
MEET	DATE OF I	MEET
MEET SITE	And the second dispersion of	
EVENT:	MARK:	
HURDLE HEIGHT	WEIGHT	OF IMPLEMENT
CERTIFICATE 1. If you have equaled or better	□ PATCH	☐ PATCH TAG

completely.

2. A copy of your results or a note stating in which issue your results appeared MUST ac-

company this application.

3. Please send \$10 for a certificate, \$10 for a patch, and \$10 for a patch tag showing event

and year. The cost for both a certificate and patch ordered at the same time is \$15.

4. Send to: All-American, National Masters News, P.O. Box 50098, Eugene OR 97405.

5. A 3-color, 8" by 10" certificate, suitable for framing, and/or a 3-color, 3" by 4" patch will be mailed to you within six weeks. Allow eight weeks for a patch tag.

16 20

16.30

22.14

24.12

24.26 24.96

25:21

23.83

24.87 27.53 28.13 25.10

29.23 29.24 26.20 27.24 28.39 29.6h

32.1h 39.4h NTA 31.7h 32.6h NTA 32.0h 31.71 31.21 32.26 38.86 26.13 25.75 52.52 53.70 54.23 55.68 54.50 55.10 55.37 53.43 54.14

1:02.11

1:03.24

56.17 1:02.78

1:03.49

57.75 59.64

1:08.27

1:16.66 1:08.31

1:09,41

1:09.64 1:28.73

1:39.36

2:06.72

2:07.15

2:13.08 2:04.58

2:07.87

2:08.01

2:18.71

2:38.10

2:31.31

2:31.12

2:31.26 2:46.10 2:55.18

3:21.00

5:07.40

2:31.12

2:22.61

3:12 44

3:54.90

5:00.35

5:10.94

4:34.19 5:09.45

5:18.49

4:54.58

5:01.68

4:48.84

4:50.10 4:56.84

5:49.20

6:51.86

James Connor

Ralph O'Neal

Alvin Burton Jr

Megan Donahue

Andrellos Mitchell

William Greene A Zerougui

Maurice Pointer

Ken Umbarger

M45 J J Wind

M50 D J Bertagnoli

M60 Rolland Elliott

M75 Bud Averitt

W60 Tami Graf

M30 Ted Poulos

M35 Mark Jones

M40 Marcus Mason

Paul Zink

W50 Chris Stockdale

W60 Tami Graf

M45 Paul Ryan

Mile

W65 Helen Schley

W30 Susan Kolp

TRACK & FIELD RESULTS

Please send results to: National Masters News, P.O. Box 50098, Eugene OR 97405. To keep information current, we generally do not publish results more than 4 months old. Results that are typed (maximum 28 spaces/2'/s" wide) in put format receive preference. Deadline is the 10th of the month prior to issue date.

NATIONAL

USATF Nati	ional Masters W	eight F	entath	Ion Cha	mpion	ships
	Bozema	n, MT;	Sept. 1	4		The st
Name	Pointe	нт	6P	DT	JT	WT

H35			
1 Jansson, Ken	59.86	13.55m 42.84m 42.2	16m 18.77m
Wichita, KS	196'05.00	44'05.50140'07.00138'08.	00 61'07.00
Age graded mark:	59.86m		
Age graded percent:	71.898	61.041 60.241 47.3	
Age: 38 Team pts: 10	3779 (840)		
2 John, Daniel	55.52m	13.13m 47.34m 31.5	16.70m
Murray, UT		43'01.00155'04.00104'09	
Age graded mark:	55.52m		
Age graded percent:	66.671		
Age: 39 Team pts: 8	3489 (768)		
3 Jansen, Dele	45.58m	10.98m 34.86m 41.1	
Fairfield, HT	149'06.00		
Age graded mark:			
Age graded percent:	45.58m		
	54.741		
Age: 36 Team pte: 6	2815 (604)	(545) (561) (50	(601)
	District the second	CHA LOUIS PARAMETERS.	
H40			

1	Gunn, Bob		34.58m	12.72m	33.82m	39.86m	11.97m
	Burlington, NC	1	13'05.00	41'08.7511	0'11.001	30'09.00	39'03.25
	Age graded mark:		38.34m	13.48m	33.82m	47.14m	13.43m
	Age graded percent:		46.061	60.741	47.551	49.118	53.751
	Age: 43 Team pts: 8	2913	(485)	(697)	(540)	(546)	(645)
	Watson, Richard		35.120	10.85m	*****		
		7.0			34.02	47.72	
	Yuma, AZ	1	15'03.00	35'07 2511	1'07 001	6'07 00	20'10 00

2 Watson, Richard	35.12m	10.85m	34.02	47.72=	9.09m
Yuma, AZ	115'03.00	35'07.251	11'07.001	6'07.00	29'10.00
Age graded mark:	38.94m	11.50m	34.02m	56.44m	10.20m
Age graded percent:	46.78%	51.818	47.831	58.801	40.821
Age: 44 Team pts: 10	2762 (495)	(576)	(544)	(684)	(463)
3 Rebenold, Kurt	25.84m		24.70m	44.32m	
Billings, MT	84'09.00	33'07.50	81'00.001	15'05.00	31'00.00
Ann avaded marks	20 44-	10 04-	74 70-		10 41-

Billings, MT Age graded mark: Age graded percent: Age: 41 Team pts: 6	2337	84'09.00 28.66m 34.42% (329)	33'07.50 10.86m 48.95%	81'00.0014 24.70m		31'00.00 10.61m	
1 Edwards, Tim Commerce City, CO		44.06m		37.48m	31.52m		

Demerce City, Co	144 07.00	34 00.001	22 11.0010	73.05.00	44 04 21
ge graded mark:	54.22m	12.23m	41.02m	40.96m	16.56
ge graded percent:	65.141	55.111	57.701	42.681	66.26
ge: 48 Team pte: 6	3331 (746)	(620)	(685)	(456)	(824
The state of the s					
	135'04.00	40'11.501	10.01.0010	7'06.00	41'04.2
ge graded mark:	50.78m	14.74m	36.74m	42.60m	15.20
ge graded percent:	61.001	66.381	51.661	44.391	61.17
	ge graded mark: ge graded percent: ge graded percent: ge: 48 Team pts: 6 on Rohr, John lantation, FL ge graded mark: ge graded percent:	ga graded mark: 54.22m ge graded percent: 65.14% ge: 48 Team pte: 6 3331 (746) on Rohr, John 41.26m lantation, FL 135'04.00 ge graded mark: 50.78m	ge graded mark: 54.22m 22.23m ge graded percent: 65.146 55.114 55.114 ge: 48 Team pte: 6 3331 (746) (620) cm Rohr, John 41.26m 12.48m lantation, FL 135'04.00 40'11.501 ge graded mark: 50.78m 14.74m	ge graded mark: 54.22m 12.23m 41.02m ge graded percent: 65.14% 55.11% 57.02m ge: 48 Team pts: 6 3331 (746) (620) (685) cm Rohr, John 41.26m 12.48m 33.56m lantation, FL 135.04.00 40.11.50110.01.001 ge graded mark: 50.78m 41.74m 36.74m	ge graded mark: 54.22m 12.23m 41.02m 40.96m ge graded percent: 55.14 55.115 57.70 42.68b ge: 48 Team pto: 6 3331 (746) (620) (685) (456) on Rohr, John 41.26m 12.48m 33.56m 32.78m lantation, FL 135'04.00 40'11.50110'01.0010'06.00 ge graded mark: 50.78m 41.74m 36.74m 42.60m

Age: 48 Team pts: 10	3293	(689)	(774)	(599)	(480)	(751)
3 Hedendal, Bruce Delray Beach, FL	100	35.12m		37.44m	38.50m	11.90m
Age graded mark:		43.22m	36'08.501 13.21m	40.98m	50.14m	14.53m
Age graded percent: Age: 48 Team pts: 8	3228	(565)	(680)	(684)	(591)	58.16%
4 Sager, Bob	Service .	39.54	11.14=	33.26m	35.56m	12.80m

Boseman, HT	129'09.00	36'06.75109	9'01.00116	00.80	42'00.00
Age graded mark:	48.66m	13.15m	36.40m	46.22m	15.53m
Age graded percent:	58.461	59.261	51.201	48.15%	62.141
Age: 49 Team pts: 4	3220 (654)	(676)	(592)	(533)	(765)
THE PERSON NAMED IN COLUMN TWO IS NOT THE OWNER.					
5 Bowerson, Jerry	36.78m		36.66m	34.80m	
Hudsonville, MI	120'08.00	34'11.0012	0'03.00114	1'02.00	
Age graded mark:	45.26m	12.56m	40.12m	45.22m	12.24m
Age graded percent:	54.30%	56.601	56.431	47.121	48.901
Age: 49 Team pte: 2	3001 (598)	(640)	(667)	(518)	(578)

	M50		J. F.				1
1	Gage, Tom		61.18m	15.51m	44.54m	33.50m	21.31m
	Billinge, MT		200'09.00	50'10.7514	5'01.00109	11.00	69'11.00
	Age graded mark:		75.98m	18.55m	48.04m	47.84m	23.61m
	Age graded percent:		91.26%	83.571	67.561	49.851	94.461
	Age: 53 Team pts: 10	4741	(1111)	(1009)	(830)	(557)	(1234)
2	Broce, Ron	2	43.72	12.93m	40.64m	40.24	16.45m
	Loveland, CO		143'05.00	42'05.2513	1'04.00132	1'00.00	53'11.75

Loveland, CO	143'05.00	42'05.25133'04.00132	1'00.00 53'11.75
Age graded mark:	54.30m	15.46m 43.82m	57.48m 18.22m
Age graded percent:	65.219	69.678 61.648	59.881 72.921
Age: 50 Team pts: 8	3929 (748)	(818) (743)	(700) (920)
3 Mathews, George	48.78m	12.28m 33.72m	34.72m 16.71m
Seattle, WA	160'00.00	40'03.50110'07.0011	111.00 54'10.00
Age graded mark:	60.58m	14.69m 36.36m	49.58m 18.51m
Age graded percent:	72.761	66.168 51.158	51.678 74.078
Age: 53 Teem pts: 6	3733 (852)	(771) (591)	(582) (937)
4 Harvey, Rex	34.88m	12.24m 41.04m	43.26m 14.30m
Mayfield Heights, OH	114'05.00	40'02.00134'08.0014	1'11.00 46'11.00
Age graded mark:	43 320	14 64- 44 76-	61 70- 15 04-

Age graded mark: Age graded percent: Age: 50 Team pts: 4	3635	43.32m 52.03% (567)	14.64m 65.95% (768)	44.26m 62.25% (752)	61.78m 64.38% (765)	15.04m 63.39% (783)
Percey, Ian Greeley, CO Age graded mark: Age graded percent: Age: 51 Team pte: 2	3416	32.60m 06'11.00 40.46m 48.63% (520)	38'05.001 14.00m 63.091	40.22m 31'11.001 43.38m 61.001 (734)	44.64m 46'05.00 63.76m 66.43% (795)	

6 Behrens, Rick Rancho Palo Verdes, CA Age graded mark: Age graded percent: Age: 54 Team pts: 1	2776	30.74m 36.93%	35'05.2510 12.92m	30.88m 1'04.001 33.30m 46.84% (530)	
1 Hotobbles Disk	V NO	TAKE TO	MIT !		1713

1 Hotchkies, Dick	47.48m	11.40m	43.10m	19.14m	17.53m
Grees Valley, CA	155'09.00	37'05.001			
Age graded mark:	65.44m	15.19	51.02	30.04m	20.99m
Age graded percent:	78.619	68.478	72.881	31.301	83.961
Age: 57 Team pts: 10	4024 (934)	(801)	(908)	(300)	(1081)
2 Biddinger, Steve	24.44m	6.82m	21.22m		
Fellon, NV		22'04.50			29'06.50
Age graded mark:	33.68m		25.50m		
Age graded percent:	40.468	40.961	35.881	28.091	43.101
Age: 58 Team pts: 8	1970 (410)	(431)	(377)	(257)	(495)

M60		SECTION AND A		
1 Humphreys, Bob	47.76m	12.34m 46.62m	24.62m	16.04m
Camerillo, CA	156'08.00	40'06.00152'11.00		
Age graded mark:	66.70m	16.73m 52.08m	39.12m	18.56
Age graded percent:	80.118	75.388 73.248	40.761	74.261
Age: 60 Team pts: 10	4134 (955)	(896) (914)	(429)	(940)
2 Caretensen, Pay	37.26m	10.67= 32.68=	29.06m	14.29
Spring Hill, FL	122'03.00	35'00.25107'10.00		
Age graded mark:	52.04m			

2 Caretensen, Pay	37.26m	10.67m 32.88m	29.06m	14.29
Spring Hill, FL	122'03.00	35'00.25107'10.00	95'04.00	46'10.7
Age graded mark:	52.04m	14.46m 36.74m	46.18	16.53
Age graded percent:	62.501	65.189 51.669	48.111	66.16
Age: 64 Team pts: 8	3421 (710)	(757) (599)	(532)	(823
Gredy, Udo	38.06a	9.94m 34.40m	26.120	14.19
Cranbrook, BC	124'10.00	32'07.50112'10.00	85'08.00	46'06.7
Age graded mark:	53.14	13.47m 38.42m	41.50m	16.42
Age graded percent:	63.841	60.728 54.058	43.25%	65.65
Age: 62 Team pts: 6	3337 (728)	(496) (677)	(464)	(816

Age graded mark: Age graded percent: Age: 62 Team pts: 6	3337	63.84% (728)	13.47m 60.72% (696)	36.42m 54.05% (633)	41.50m 43.25% (464)
) Shanaman, Fred					
		33.06≈			
Tacona, WA		108'05.00	33'08.00	99'10.00	75'11.00
Age graded mark:		46.16m	13.91=	34.00m	36.76
Age graded percent:		55.451	62.681	47.821	30.319
Age: 63 Team pts: 4	3071	(613)	(721)	(544)	(395)

4 Compbell, Murdo		22.20m	10.51=	32.48m	36.30m	11.27m
Helena, MT		72'10.00	34'05.7510	6 .07 .001	19'04.00	36'11.75
Age graded mark:		31.00	14.24m	36.28m	57.80m	13.04m
Age graded percent:		37.241	64.201	51.038	60.231	52.10%
Age: 63 Team pts: 2	3026	(366)	(743)	(589)	(705)	(623)
M65						
1 Olson, Len		40.56m	12.73m	43.96m	38.82	15.850
Pountalla DA						

	MO3						
1	Olson, Len		40.56m	12.73m	43.96m	38.82=	15.85
	Poyntelle, PA		133'01.00	41'09.251	44'03.001	27'04.00	52'00.00
	Age graded mark:		62.86m	19.22m	54.76m	67.78=	19.82
	Age graded percent:		75.50%	86.601	77.001	70.621	79.291
	Age: 65 Team pts: 10	4781	(891)	(1051)	(970)	(856)	(1013

2 Wojcik, Jerry	33,72m	8.60m	30.62m		
Eugene, OR	110'07.00				
Age graded mark:	52.26m	12.99			
Age graded percent:	62.771				
Age: 66 Team pts: 8	3330 (714)			(597)	(725)
3 Weinbel, Ken	35.84m				14.29m
Seattle, VA	117'07.00	29'02.75	85'07.00	69'10.00	46'10.75
Age graded mark:	55.54m	13.45m	32.50m	37.20m	17.87
Age graded percent:	66.721	60.618	45.721	38.751	71.498
Age: 69 Team pts: 6	3279 (768)	(695)	(514)	(402)	(900)
4 Allison, Tom	24.18m	10.42	32.18m	33.68m	9.90m
Eugene, OR	79'04.00	34'02.25	105'07.00	110'06.00	32'05.75
Age graded mark:	37.48m	15.74m	40.08m	58.82m	12.38
Age graded percent:	45.018	70.881	56.371	61.271	49.521
Age: 66 Team pto: 4	3278 (471)	(835)	(666)	(720)	(586)
M75					A STATE OF
1 Riccardi, Armondo	32.64m	8.80m	26.44m	23.10m	11.56
Reno, NV	107'01.00				
Age graded mark:		14 76-			

1	Riccardi, Armondo		32.64m	8.80m	26.44m	23.10m	11.56
	Reno, NV		107'01.00	28'10.50	86'09.00	75'09.00	37'11.75
	Age graded mark:		55.74m	14.76m		48.70	15.10m
	Age graded percent:		66.951	66.521	57.558	50.75	60.401
	Age: 76 Team pts: 10	3540	(772)	(775)	(683)	(569)	(741)
	нво						
1	White, Manuel		26.94	9.46	29.04m	25.80	13.06
	Helena, HT		88'05.00	31'00.50	95'01.00	84'08.00	42'10.25
	Ann mental marks						15 04-

Age graded percent:		61.321	79.63	70.471	62.291	63.861
Age: 80 Team pts: 10	4047	(694)	(955	(873	(735)	(790)
W35						
1 Ecklund, Deb		17.64m	7.25m	22.28m	19.12	6.4Hm
Rochester, NY		57'10.00	23'09.50	73'01.00	62'09.00	
Age graded mark:		17.78m	7.25	22.20m		
Age graded percent:		29.651	33.80%	30.161	27.861	44.111
Age: 36 Team pts: 10	1632	(233)	(351)	(319)	(331)	(398)

W45						
1 Thomas, Pauline		29.56m				10.42
Kent, WA		97'00.00	31'04.00	92'01.00	73'08.00	34'02.25
Age graded mark:		36.36m				
Age graded percent:		60.641	54.578	45.491	42.251	82.241
Age: 47 Team pts: 10	3199	(631)	(641)	(530)	(549)	(848)

W50						
1 Katz, Roelyn		31.96m	7.54m	71.14m	10.56m	9.99
Flushing, NY	1	04'10.00	24'09.00	69'04.00	60'11.00	32'09.5
Age graded mark:		37.62m				
Age graded percent:		62.721	42.791	38.721	33.751	67.82
Age: 54 Team pts: 10	2667	(659)	(476)	(436)	(420)	(676

W65					BEAPT.	
1 Haloy, Paula		20.48m	5.30m	13.30m	10.26m	7.85
Bethel, AK		67'02.00	17'04.75	43'08.00	33'08.00	
Age graded mark:		32.50m	9.73m	25.96m	21.88m	10.30
Age graded percent:		54.181	45.381	35.151	27.371	53.801
Age: 67 Team pts: 10	2281	(547)	(512)	(387)	(324)	(511)
W70						

	Norckauer, Mary		18.40m	6.47m	13.96m	16.24m	6.90
	Baton Rouge, LA		60'04.00	21'02.75	45'09.00	53'03.00	22'07.75
	Age graded mark:		32.26m	13.63m	30.78m	39.38m	9.75
	Age graded percent:		53.791	63.561	41.681	49.241	50.921
	Age: 71 Team pts: 10	2921	(542)	(769)	(477)	(655)	(470)
0	W80	0.08	1/1/				
1	Jarvis, Betty		15.18m	6.02m	16.06m	12.22=	6.11

1	Jarvie, Betty		15.18m	6.02m	16.06=	12.22=	6.3
	Tahlequah, OK				52'08.00		
	Age graded mark:		32.48m				
	Age graded percent:		54.168	77.781	61.238	47.851	54.2
	Age: 81 Team pts: 10	3426	(547)	(974)	(756)	(634)	(51

EAST

M45 Ton Cook

Tom Sneeden M50 Ed Cartlidge Karl Robinson MW40 Patti Adami

M35 Mark Haywood M40 Tim Cook William Kuashay M45 Charles Leader

M50 Ron Shields

10,000m M30 Eric Boltz M40 Don Slusser Jack Harbaugh

Jack Harbaugh M45 Barry Aiello M50 Karl Robinson Short Hurdles M50 Ron Newmaster

Keystone State Games Harrisburg, PA; Aug. 2-4

100m	
M30 Chris Snyder	11.56
Doug Cooper	P11.59
M35 Steve Galetta	12.07
Tony DiSalvo	12.33
M40 Leroy Galloway	12.30
Phil Constantino	12.33
M45 Karl Castor	12.86
Byron Hecker	13.69
M50 Gordon Khan	13.63
Dennis Galloway	14.01
M55 Dick Ocker	13.76
Roger Sprockett	13.86
M60 Karl Horst	13.91
M65 Paul Barndt	14.99
M80 Jerry Wible	19.64
W35 Laurie Frederick	16.33
Cindy Snarsh	
	17.02
	14.71
W50 Linday Eyanson	15.57
200m	
M30 Doug Cooper	24.16
Ernest Bonnevier	26.15
M35 Steve Galetta	24.44
Gregory Rittle	24.71
M40 Ron Manion	24.09
John Roebuck	25.14
M45 Karl Castor	25.73
H A Johnson	27.56
M50 Gordon Khan	28.84
M55 Roger Sprocket	28.49
Donald Olivett	30.31
M60 Karl Horst	26.60
M65 Tom Rice	32.91
M80 Jerry Wible	42.43
W35 Laurie Frederick	34.75
Cindy Smarsh	36.41
W40 Renee DiGiacomo	34.53
400m	
M30 Ernest Bonnevier	57.74
M35 Tom Abeling	53.78
Gregory Rittle	54.75
M40 Ron Manion	52.21
John Roebuck	52.99
M45 Karl Castor	56.92
M50 Gordon Khan	60.75
W30 Norma Williams	73.35
W40 Patti Adami	80.76
800m	00.76
M30 Brian McPeake	2.01 01
M35 Phil Matraxia	2:01.01
M40 Bruce Frey	2:10.48
	2:05.44
Gary Ruozzi M45 Karl Castor	2:09.15
Tom Cook	2:20.29

HOU DELLY WIDLE	15.04	M50 Ron Newmaster	20.79
W35 Laurie Frederick		M55 Barry Kline	18.89
Cindy Smarsh	17.02	W35 Cindy Smarsh	25.71
W40 Rebecca St Jean	14.71	Long Hurdles	
W50 Linday Eyanson	15.57	M30 Rick Leuschner	67.64
200m		M40 Mark Johnson	69.15
M30 Doug Cooper	24.16	4x100m Relay (5-yr a	
Ernest Bonnevier	26.15	M30 Koot/Brown/Brans	ge groups)
M35 Steve Galetta	24.44		
Gregory Rittle	24.71	* Cooper	44.89
M40 Ron Manion	24.09	M40 Castor/Constanti	
John Roebuck	25.14	er/Kring	47.59
M45 Karl Castor	25.73	M45 Hecker/Cardin/Sn	eeden/
H A Johnson	27.56	Galloway	55.50
M50 Gordon Khan		M50 Olivett/Cartlidge	e/Evan/
M55 Roger Sprocket	28.84	llorst	56.71
	28.49	4x400m Relay (5-yr.	age-groups
Donald Olivett	30.31	M30 Brown/Cooper/Koo	t/
M60 Karl Horst	26.60	Abeling	3:49.08
M65 Tom Rice	32.91	M40 Johnson/Bixler/Re	nebuck/
M80 Jerry Wible	42.43	Lang	4:06.95
W35 Laurie Frederick	34.75	M50 Olivett/Cartlidge	/P.00.93
Cindy Smarsh	36.41	Rinker	
W40 Renee DiGiacomo	34.53	*add to 4x100m Relay	4:59.77
400m			
M30 Ernest Bonnevier	57.74	M35 Desalvo/Leigh/O'	
M35 Tom Abeling	53.78	Galetta	46.27
Gregory Rittle	54.75	High Jump	
M40 Ron Manion	52.21	M30 Joe Obeldobel	5-10
John Roebuck	52.99	Keith Celsky	5-8
M45 Karl Castor		M35 Rick Hedrick	5-4
M50 Gordon Khan	56.92	Jim Taylor	5-4
W30 Norma Williams	60.75	M40 Jack Weaver	5-8
	73.35	Frank Britt	5-4
W40 Patti Adami	80.76	M45 Bob Osborne	4-10
800m		Scott Hagy	4-6
M30 Brian McPeake	2:01.01	M55 Barry Kline	5-0
M35 Phil Matraxia	2:10.48	Dennis Galloway	4-8
M40 Bruce Frey	2:05.44	M65 Paul Barndt	4-4
Gary Ruozzi	2:09.15	the same of the sa	4-4
M45 Karl Castor	2:20.29	Pole Vault	
Tom Cook	2:24.72	M30 Keith Stackhouse	13-1
M50 John Clause	2:33.03	Scott Still	12-0
M55 Robert Evan	2:40.18	M35 Keith Einig	10-0
W30 Norma Williams	3:08.66	M40 Ken Kring	13-1
	3.00.00	Steve Gorman	13-1
1500m		M45 Rick Moses	9-6
M30 Brian McPeake	4:04.94	M50 Ron Newmaster	6-0
M35 Phil Matraxia	4:27.66	M55 Paul Eyanson	8-6
Jim Cuono	4:33.99	Long Jump	3-0
M40 Bruce Frey	4:19.81	M30 Brandon Newell	20-11
Tim Cook	4:23.99	Bob McVicker	
		BOO PRIVICKET	19-61

		pre oump	
	M30		45-5
	170	Bob McVicker	43-24
	M35	Lonnie Bastress	37-5
	M40	Roger Barnes	38-11
	100	Dennie Graham	35-10.75
	MAC	Roger Barnes Dennis Graham Scott Hagy	27 111
		Bob Oborne	27-11
Н	M50	Ron Newmaster	30-0
'	M65	Tom Rice	25-7
		ot Put	130
		Mike Hambrick	44.0
	MOS	MIKE HAMDFICK	44-0
	M40	Richard Goodyear	33-10.75
	M45	Selden Cooper Gary Williams	43-7
	TENED!	Gary Williams	37-21
	M50	Terry Shuman Bill Eisenhart Ted Mordecai	42-101
	M55	Bill Fisenhart	35-11
3	123	Ted Mordecai	33-12
			33-11
	MOU	Burt Hughes Paul Barndt	26-1
	M65	Paul Barndt	29-0
7		Fred Huston	27-41
	W30	Connie SweetTice	20 01
Z,	W40	Rebecca St Jean	26-3
	WAS	Doh Puncarahara	22 41
	D:	Deb Ruppersberg	23-42
	Dis	cus	
		Mike Hambrick	168-0
7	M40	Frank Britt	127-8
		Tim Williams	139-6
	23.00	Selden Cooper	123-2
	MEG	Torry Change	160 4
	MSU	Terry Shuman	169-4
	M55	Terry Shuman Barry Kline	104-8
-	200	Bill Eisenhart	102-9
	M60		125-4
	MCE	Karl Horst Fred Huston	
	MOS	Fred Huston	99-2
ř	Target a	Paul Barndt	99-1
ı	W30	Connie SweetTice	118-2
1		mer	
1		Mike Hambrick	156-0
1	MAO	Brian McAuliffe	128-11
١	MAE	Brian McAuliffe Roger Long	120-11
-1	M43	Roger Long	88-6
Н	M50	Terry Shuman	153-1
H	Jav	elin	
1	M35	Bill Wolf	185-6
П	M40	Frank Britt	160 0
1	1.62	Brian McAuliffe	148-2
1		Brian McAuliffe Jeffrey Bartal	148-0
ı	M45	Dick Richardson	164.4
1	1143		
ч	Luca	Scott Hagy	160-4
1	MSU		
1	MSS	deorge meyhords	1154-1 W
- 1	1122	John Lang	139-1
ı	-	John Lang Wm Eisenhart	139-1
١	-	John Lang Wm Eisenhart Tom Rice	139-1 128-5 83-0
	M65	John Lang Wm Eisenhart Tom Rice Fred Huston	139-1 128-5 83-0 82-8
	M65	John Lang Wm Eisenhart Tom Rice Fred Huston	139-1 128-5 83-0 82-8
	M65	John Lang Wm Eisenhart Tom Rice Fred Huston	139-1 128-5 83-0 82-8
	M65	John Lang Wm Eisenhart Tom Rice Fred Huston	139-1 128-5 83-0 82-8
	M65	John Lang Wm Eisenhart Tom Rice Fred Huston	139-1 128-5 83-0 82-8
	M65 W30 W40	John Lang Wm Eisenhart Tom Rice Fred Huston Lori Locust Renee DiGiacomo Deb Ruppersburg Jytte Eisenhart	139-1 128-5 83-0 82-8
7	M65 W30 W40	John Lang Wm Eisenhart Tom Rice Fred Huston Lori Locust Renee DiGiacomo Deb Ruppersburg Jytte Eisenhart	139-1 128-5 83-0 82-8 88-10 65-3 53-2 58-7
	M65 W30 W40	John Lang Wm Eisenhart Tom Rice Fred Huston Lori Locust Renee DiGiacomo Deb Ruppersburg Jytte Eisenhart	139-1 128-5 83-0 82-8 88-10 65-3 53-2 58-7
	M65 W30 W40	John Lang Wm Eisenhart Tom Rice Fred Huston Lori Locust Renee DiGiacomo Deb Ruppersburg Jytte Eisenhart	139-1 128-5 83-0 82-8 88-10 65-3 53-2 58-7
The same of the sa	M65 W30 W40	John Lang Wm Eisenhart Tom Rice Fred Huston Lori Locust Renee DiGiacomo Deb Ruppersburg Jytte Eisenhart	139-1 128-5 83-0 82-8 88-10 65-3 53-2 58-7
The same of the sa	M65 W30 W40	John Lang Wm Eisenhart Tom Rice Fred Huston Lori Locust Renee DiGiacomo Deb Ruppersburg Jytte Eisenhart Om Racewalk Steve Bence John Semanick Ed Zindell	139-1 128-5 83-0 82-8 88-10 65-3 53-2 58-7 34:04.68 36:56.98 25:54.21
	W30 W40 W55 5000 M40	John Lang Wm Eisenhart Tom Rice Fred Huston Lori Locust Renee DiGiacomo Deb Ruppersburg Jytte Eisenhart Om Racewalk Steve Bence John Semanick Ed Zindell Rod Kelley	139-1 128-5 83-0 82-8 88-10 65-3 53-2 58-7 34:04.68 36:56.98 25:54.21 33:40.20
The same of the sa	M65 W30 W40	John Lang Whm Eisenhart Tom Rice Fred Huston Lori Locust Renee DiGiacomo Deb Ruppersburg Jytte Eisenhart Om Racewalk Steve Bence John Semanick Ed Zindell Rod Kelley Ron Shields	139-1 128-5 83-0 82-8 88-10 65-3 53-2 58-7 34:04.68 36:56.98 25:54.21 33:40.20 21:42.43
The state of the s	M65 W30 W40 W55 5000 M40 M45	John Lang Whm Eisenhart Tom Rice Fred Huston Lori Locust Renee DiGiacomo Deb Ruppersburg Jytte Eisenhart Om Racewalk Steve Bence John Semanick Ed Zindell Rod Kelley Ron Shields Karl Robinson	139-1 128-5 83-0 82-8 88-10 65-3 53-2 58-7 34:04.68 36:56.98 25:54.21 33:40.20 21:42.43 23:25.13
	M65 W30 W40 W55 5000 M40 M45 M50	John Lang Whm Eisenhart Tom Rice Fred Huston Lori Locust Renee DiGiacomo Deb Ruppersburg Jytte Eisenhart Om Racewalk Steve Bence John Semanick Ed Zindell Rod Kelley Ron Shields Karl Robinson Arthur Noll	139-1 128-5 83-0 82-8 88-10 65-3 53-2 58-7 34:04.68 36:56.98 25:54.21 33:40.20 21:42.43
	M65 W30 W40 W55 5000 M40 M45 M50	John Lang Whm Eisenhart Tom Rice Fred Huston Lori Locust Renee DiGiacomo Deb Ruppersburg Jytte Eisenhart Om Racewalk Steve Bence John Semanick Ed Zindell Rod Kelley Ron Shields Karl Robinson Arthur Noll	139-1 128-5 83-0 82-8 88-10 65-3 53-2 58-7 34:04.68 36:56.98 25:54.21 33:40.20 21:42.43 23:25.13 30:11.96
The same of the sa	M65 W30 W40 W55 5000 M40 M45 M50 M60 W40	John Lang Whm Eisenhart Tom Rice Fred Huston Lori Locust Renee DiGiacomo Deb Ruppersburg Jytte Eisenhart Om Racewalk Steve Bence John Semanick Ed Zindell Rod Kelley Ron Shields Karl Robinson Arthur Noll Donna Kilgore	139-1 128-5 83-0 82-8 88-10 65-3 53-2 58-7 34:04.68 36:56.98 25:54.21 33:40.20 21:42.43 23:25.13 30:11.96
	M65 W30 W40 W55 5000 M40 M45 M50 M60 W40	John Lang Wm Eisenhart Tom Rice Fred Huston Lori Locust Renee DiGiacomo Deb Ruppersburg Jytte Eisenhart Om Racewalk Steve Bence John Semanick Ed Zindell Rod Kelley Ron Shields Karl Robinson Arthur Noll Donna Kilgore Nancy McLaughlin	139-1 128-5 83-0 82-8 88-10 65-3 53-2 58-7 34:04.68 36:56.98 25:54.21 33:40.20 21:42.43 23:25.13 30:11.96
	M65 W30 W40 W55 5000 M40 M45 M50 W40 W45	John Lang Whm Eisenhart Tom Rice Fred Huston Lori Locust Renee DiGiacomo Deb Ruppersburg Jytte Eisenhart Om Racewalk Steve Bence John Semanick Ed Zindell Rod Kelley Ron Shields Karl Robinson Arthur Noll Donna Kilgore Nancy McLaughlin Claudia Dewane	139-1 128-5 83-0 82-8 88-10 65-3 53-2 58-7 34:04.68 36:56.98 25:54.21 33:40.20 21:42.43 23:25.13 30:11.96 35:52.37 33:56.54
	M65 W30 W40 W55 5000 M40 M45 M50 M60 W45 W50	John Lang Whm Eisenhart Tom Rice Fred Huston Lori Locust Renee DiGiacomo Deb Ruppersburg Jytte Eisenhart Om Racewalk Steve Bence John Semanick Ed Zindell Rod Kelley Ron Shields Karl Robinson Arthur Noll Donna Kilgore Nancy McLaughlin Claudia Dewane Cynthia Rath	139-1 128-5 83-0 82-8 88-10 65-3 53-2 58-7 34:04.68 36:56.98 25:54.21 33:40.20 21:42.43 23:25.13 30:11.96
١	M65 W30 W40 W55 5000 M40 M45 M50 M60 W45 W50	John Lang Whm Eisenhart Tom Rice Fred Huston Lori Locust Renee DiGiacomo Deb Ruppersburg Jytte Eisenhart Om Racewalk Steve Bence John Semanick Ed Zindell Rod Kelley Ron Shields Karl Robinson Arthur Noll Donna Kilgore Nancy McLaughlin Claudia Dewane	139-1 128-5 83-0 82-8 88-10 65-3 53-2 58-7 34:04.68 36:56.98 25:54.21 33:40.20 21:42.43 23:25.13 30:11.96 35:52.37 33:56.54
١	M65 W30 W40 W55 5000 M40 M45 M60 W40 W45 W50 Decc	John Lang Whm Eisenhart Tom Rice Fred Huston Lori Locust Renee DiGiacomo Deb Ruppersburg Jytte Eisenhart Om Racewalk Steve Bence John Semanick Ed Zindell Rod Kelley Ron Shields Karl Robinson Arthur Noll Donna Kilgore Nancy McLaughlin Claudia Dewane Cynthia Rath athlon	139-1 128-5 83-0 82-8 88-10 65-3 53-2 58-7 34:04.68 36:56.98 25:54.21 33:40.20 21:42.43 23:25.13 30:11.96 35:52.37 33:56.54 35:54.12
	M65 W30 W40 W55 5000 M40 M45 M50 M60 W40 W45 W50 Decc	John Lang Whm Eisenhart Tom Rice Fred Huston Lori Locust Renee DiGiacomo Deb Ruppersburg Jytte Eisenhart Om Racewalk Steve Bence John Semanick Ed Zindell Rod Kelley Ron Shields Karl Robinson Arthur Noll Donna Kilgore Nancy McLaughlin Claudia Dewane Cynthia Rath athlon Dave Richard	139-1 128-5 83-0 82-8 88-10 65-3 53-2 58-7 34:04.68 36:56.98 25:54.21 33:40.20 21:42.43 23:25.13 30:11.96 35:52.37 33:56.54 35:54.12 34:35.11
	M65 W30 W40 W55 5000 M40 M50 M60 W40 W45 W50 Deca	John Lang Whm Eisenhart Tom Rice Fred Huston Lori Locust Renee DiGiacomo Deb Ruppersburg Jytte Eisenhart Om Racewalk Steve Bence John Semanick Ed Zindell Rod Kelley Ron Shields Karl Robinson Arthur Noll Donna Kilgore Nancy McLaughlin Claudia Dewane Cynthia Rath athlon Dave Richard Frank Makozy	139-1 128-5 83-0 82-8 88-10 65-3 53-2 58-7 34:04.68 36:56.98 25:54.21 33:40.20 21:42.43 23:25.13 30:11.96 35:52.37 33:56.54 35:54.12 34:35.11
	M655 W300 W400 W555000 M400 M455 M500 M600 W445 M500 M355 M500 M355 M500 M355 M500 M550 M55	John Lang Whm Eisenhart Tom Rice Fred Huston Lori Locust Renee DiGiacomo Deb Ruppersburg Jytte Eisenhart Om Racewalk Steve Bence John Semanick Ed Zindell Rod Kelley Ron Shields Karl Robinson Arthur Noll Donna Kilgore Nancy McLaughlin Claudia Dewane Cynthia Rath athlon Dave Richard Frank Makozy Ron Nownaster	139-1 128-5 83-0 82-8 88-10 65-3 53-2 58-7 34:04.68 36:56.98 25:54.21 33:40.20 21:42.43 23:25.13 30:11.96 35:52.37 33:56.54 35:54.12 34:35.11 4933 4516 2314
	M655 W300 W400 W555000 M400 M455 M500 M600 W445 M500 M355 M500 M355 M500 M355 M500 M550 M55	John Lang Whm Eisenhart Tom Rice Fred Huston Lori Locust Renee DiGiacomo Deb Ruppersburg Jytte Eisenhart Om Racewalk Steve Bence John Semanick Ed Zindell Rod Kelley Ron Shields Karl Robinson Arthur Noll Donna Kilgore Nancy McLaughlin Claudia Dewane Cynthia Rath athlon Dave Richard Frank Makozy	139-1 128-5 83-0 82-8 88-10 65-3 53-2 58-7 34:04.68 36:56.98 25:54.21 33:40.20 21:42.43 23:25.13 30:11.96 35:52.37 33:56.54 35:54.12 34:35.11 4933 4516 2314
	M65 W30 W40 W55 5000 M40 M45 W50 Deca M30 M35 M50 (PV	John Lang Whm Eisenhart Tom Rice Fred Huston Lori Locust Renee DiGiacomo Deb Ruppersburg Jytte Eisenhart Om Racewalk Steve Bence John Semanick Ed Zindell Rod Kelley Ron Shields Karl Robinson Arthur Noll Donna Kilgore Nancy McLaughlin Claudia Dewane Cynthia Rath athlon Dave Richard Frank Makozy Ron Newmaster cancelled-weather	139-1 128-5 83-0 82-8 88-10 65-3 53-2 58-7 34:04.68 36:56.98 32:25.13 33:40.20 21:42.43 23:25.13 30:11.96 35:52.37 33:56.54 23:25.13 49:33 45:16 23:14
	M65 W30 W40 W55 5000 M40 M45 W50 Deca M30 M35 M50 (PV	John Lang Whm Eisenhart Tom Rice Fred Huston Lori Locust Renee DiGiacomo Deb Ruppersburg Jytte Eisenhart Om Racewalk Steve Bence John Semanick Ed Zindell Rod Kelley Ron Shields Karl Robinson Arthur Noll Donna Kilgore Nancy McLaughlin Claudia Dewane Cynthia Rath athlon Dave Richard Frank Makozy Ron Nownaster	139-1 128-5 83-0 82-8 88-10 65-3 53-2 58-7 34:04.68 36:56.98 32:25.13 33:40.20 21:42.43 23:25.13 30:11.96 35:52.37 33:56.54 23:25.13 49:33 45:16 23:14

4:50.33 4:56.71 6:18.46

6:16.06

18:36.27 15:55.59 16:50.19 17:40.46

21:42.43

35:08.99 34:23.35

35:39.62

41:40-22

46:31.05

20.79

M35 Rick Hedrick

Whn Chandler M40 Dennis Graham

Roger Barnes M45 Tom Fischer

M65 Tom Rice Paul Barndt

Triple Jump

Gerald Guman M50 Dennis Galloway M60 Karl Horst

W35 Laurie Frederick

11 Cancerred-weather	THE PERSON
Masters Champion	ships
100m	
M30 Robert Harding	12.03
M35 Byron Holmes	12.21
Joseph Aukward	12.83
Bill Emanuel	14.79
M40 James Rudasill	11.86
Archie Glaspy	12.24
Steve Coenen	12.45
M45 Jeff Glazer	14.15
M50 Melvin Fields	12.63
Michael McDaniel	12.79
	15.30
M55 Larry Colbert	12.93
Richard Rizzo	13.43
Albert Gardner	14.12
M60 Alvin Burton Jr	14.53
	15.16
M65 James Stookey	13.66
Tom Rice	14.90
Joel Holman	15.52
M70 John Emanuel	17.28
	15.20
	28.61
	16.13
	16.61
	14.70
	17.39
	11.37
	USATF Potomac Valley Masters Champion Alexandria, VA; Aug. 3 100m M30 Robert Harding M35 Byron Holmes Joseph Aukward Bill Emanuel M40 James Rudasill Archie Glaspy Steve Coenen M45 Jeff Glazer M50 Melvin Fields Michael McDaniel Frederick Cook M55 Larry Colbert Richard Rizzo Albert Gardner M60 Alvin Burton Jr Horace Stephens M65 James Stookey Tom Rice

17-8	W55 Evelyn Wright
16-9.75	W60 Audrey Lary
17-11	W75 Carla Convery
17-91	The state of the s
14-10.75	200m
14-9	M30 Robert Harding
15-21	Darrell Martin
13-101	M35 Paul Allen
12-10	David Mullen
12-4	Byron Holmes
11-9	M40 Robert Bowen
The state of	
45-5	Archie Glaspy
45-5 43-2 1	Steve Coenen
37-5	M45 Wayne Harris
38-11/2	Jeff Glazer
35-10.75	M50 Melvin Fields
27-111	Ralph O'Neal
27-11	D J Bertagnoli
30-0	
25-7	M55 Larry Colbert
est at	Richard Rizzo
44-0	Lyle Sachs
33-10.75	M60 Alvin Burton Jr
43-7	Horace Stephens
37-21	Robert Premo
42-101	M65 James Stookey
35-11/2	
33-11	William Bergen Jr
26-1	Joel Holman
29-0	M70 John Emanuel
27-41	M75 Ed Matthews
39-81	W30 Sonya Jordan
26-3 23-41	W40 Ann Marie Mushatt
23-42	Lynn Davis
168-0	
127-8	W45 Dru Klinger
139-6	W55 Evelyn Wright
123-2	W60 Audrey Lary
169-4	W75 Carla Convery
104-8	400m
102-9	M30 Robert Harding
125-4	Alvin Jackson
99-2	
99-1	Darrell Martin
118-2	M35 Paul Allen
Africa Line	David Mullen
156-0	Dennis Coleman
128-11	M40 Steve Coenen
88-6	Joseph Varrone
153-1	
War and the same of	Kerry Lanham
185-6	M45 Wayne Harris
160-9	J J Wind
148-2	M50 Melvin Fields
148-0	D J Bertagnoli
164-4	John Haubert
160-4	M55 Larry Colbert
139 1 W	Richard Rizzo
139-1	Alvin Burton Jr
83-0	M65 William Bergen Jr
82-8	W30 Sonya Jordan
88-10	W40 Ann Marie Mushatt
65-3	Lynn Davis
53-2	
58-7	W50 Chris Stockdale
Harrist .	W60 Tami Graf
34:04.68	W65 Helen Schley
36:56.98	800m
25:54.21	M30 Stanley Mitchell
33:40.20	Isaac Parker
21:42.43	Alvin Jackson
23:25.13	
30:11.96	M35 Dennis Coleman
35:52.37	Jay Fournier
33:56.54	William Greene
35:54.12	M40 Harold Jenkins
34:35.11	James Connor

M50 John Haubert 5:53.18 M55 Roland Hill 6:09.92 M60 Rolland Elliott 6:26.23 Jim Keat 7:08.01 Robert Premo 8:20.00 W30 Joan Hunter 5:26.68 Megan Donahue 5:43.16 Susan Kolp. 5:45.37

Continued on next page

Continued from previous p	page	M50 Barry Mehlman	11.32	W40 Rita Cronley 18:44.14	Haig Bohigian 31.26	Hot Feet Series Meet	Hammer
<u>5000m</u>		Palme Sweet	11.26	W55 Terry Hamilton 23:54.56		Florence, SC; Sept. 21	M50 James Pearce 37.76 Rex Harvey 34.10
	23.19	Victor Litwinski M55 Jack Hoppenstein	10.02	5000m RW	M80 Ian Hume CAN 24.10	M45 Clayton Hudson 14.8	Doug Weikert 31.98
	49.00	Jack Kuhns	9.48	M45 John Gersh 30:14.9h M60 Cedric Hustace 31:21.8h		M55 Mike Valle 14.4	M55 John Bronstein 30.82 John Sloan 22.92
	50.17	Richard Fox	7.88	M70 Bill O'Reilly 36:30.4h		M50 Wayne Jackson 74.0	M60 E Robert Premo 15.82
	10.70	M60 William Smith	10.82	M80 Edward Seeger 38:11.6h		5000m	M65 Len Olson 16# 31.16
	33.50	Robert Premo Howard Cohen	8.98 8.16	W30 Patricia Zerfas 30:39.5h		M40 Bob Barrett 20:13 W35 Betsy Johnson 26:49	M70 Jacob Stein 28.32 Charles Schorr 21.38
	45.06 23.45	M65 Larry Horine	12.86	W40 Fran Carnevale 31:16.6h W80 Mary Lathram 44:29.0h	Curlie Faber 17.00 W65 Chris McKenzie 15.86	Long Jump	M90 Everett Hosack 13.42
	56.87	Robert Leishear	8.04	74.29.011	Hammer	M45 Clayton Hudson 3.58m Shot Put	W55 Joann Grissom 32.12 Carol Young 27.50
10,000m	A Print	William Berger Jr	7.82	Hanover Weight Meets	M50 Terry Shuman 46.12	M55 Mike Valle 11.12	W60 Dortha Swanson 22.50
The state of the s	31.0h	M70 John Haywood	9.98	Hanover, NH; Sept. 7 & 21	Eric Weissbrot 26.80	M65 Mac Branham 10.74 Bill Patrick 10.54	W65 Bernice Holland 22.52 Javelin 22.52
	22.1h 39.9h	Don Reid Jack Doorlay	9.94 8.48	Sept. 7 16# Shot Put	M55 Brian McKenna 32.88 M60 Bill Barker 31.20	M70 John Snaden 7.90	M50 Rex Harvey 41.20
	34.9h	M85 Clarence Larson	6.04	Carl Wallin 54 46-8.75	Martin Kintish 31.02	W65 Lillian Snaden 5.36	Doug Weikert 34.94 James Pearce 26.58
	37.4h	W30 Diedre Chambland	7.54	Don Filkins 42 41-7½ Bob Harvey 53 37-9 3/4	M70 Jim Crawford 36 66	Discus M55 Mike Valle 38.88	MS5 John Sloan 36.92
· ·	51.6h	W40 Ann MarieMushatt	9.04	Carmen Letizia M42 37-8 3/	Mou ian nume CAN 23.62	M65 Mac Branham 37.80	John Bronstein 24.90
	24.7h	W45 Dru Klinger	5.90	Russ Foregger 58 33-9	W40 Barbara McEwan 18.42 W50 Roslyn Katz 30.06	Bill Patrick 36.82 M70 John Snaden 23.60	M60 E R Premo 21.12 M65 Len Olson 800g 33.88
	16.6h 46.4h	W55 Evelyn Wright W60 Audrey Lary	7.28	6kq Shot Put Carl Wallin 50-53	Betty Baumach 19.92	Hammer	M70 Jacob Stein 20.80
	37.0h	Sharon Good	5.42	Don Filkins 44-41	Joyce Bahr 18.24	M40 David Vandergriff 49.88 M55 Mike Valle 39.58	Charles Schorr 19.22 M90 Everett Hosack 8.60
Short Hurdles		W65 Frances Haywood	5.90	Bob Harvey 41-8 Packy Fusco 52 39-41	W60 Curlie Faber 25.00	M60 Tim Twomey 40.50	W55 Joann Grissom 23.14
The state of the s	15:31	W70 Bernie Kleinschmidt	6.24	Russ Foregger 38-4	Anne Cirulnick 23.62 Javelin	M65 Dick Bergenback 35.44 Mac Branham 26.86	Carol Young 21.50 W60 Dortha Swanson 16.68
	17.63 22.02	W75 Carla Convery Discus	4.78	Ed Rowan 55 Discus	M45 Dennis Chandler 48.94	M70 John Snaden 20.22	W65 Bernice Holland 19.82
	19.68	M35 Warren Taylor	48.76	Bob Harvey 1.5k 136-4	Ivan Black 32.03	Javelin M55 Mike Valle 30.30	Weight M50 Rex Harvey 25# 13.59
	17.92	Ronald Shekels	43.58	Packy Fusco 1.5k 126-5 Don Filkins 2k 111-7	M50 Carl Levine 26.30	M55 Mike Valle 30.30 M65 Mac Branham 22.94	James Pearce 25# 9.16
M70 John Emanuel	16.28	Phil Vincenzes	41.48	Russ Foregger 1.5k 101-0	M55 Frank Iluzzi 37.32 Brian McKenna 25.00	Bill Patrick 22.94	M55 John Bronstein 25# 11.89
Long Hurdles	AES DIE	M45 Timothy Williams	41.22	Carmen Letizia 95-11	M60 Martin Kintish 29.96	M70 John Snaden 18.02 W65 Lillian Snaden 9.28	John Sloan 25# 9.94 M60 E R Premo 20# 5.65
	23.4h	Selden Cooper John Priestley	35.70 29.10	Ed Rowan 93-11 Hammer	Bill Barker 29.00	Weight Throw	M65 Len Olson 35# 10.28
The second secon	49.9h 59.9h	M50 Terry Shuman	48.96	Don Filkins 42 141-8	Morton Hahn 28.52	M40 Dave Vandergriff 15.32 M55 Mike Valle 10.74	M70 Jacob Stein 16# 9.85 Charles Schorr 16# 8.98
4x100m Relay	21	Jimmy Jones	43.96	Carmen Letizia 107-7 Ed Rowan 93-11	Haig Bohigian 26.78	M60 Tim Twomey 13.66	M90 Everett Hosack94*25#4.78
W40 PVTC (Klinger/ 1:1	15.6h	Anatoli Welihozkiy	34.14	Sept. 21	M65 Art Kearney 30.06 M80 Ian Hume CAN 24.06	M65 Mac Branham 10.02 Dick Bergenback 9.80	W55 Joann Grissom 16#11.30
Lary/Wright/Convery)	THE REAL PROPERTY.	M55 Larry Pratt	47.30	16# Shot Put	W40 Barbara McEwen 12.27	Dick Bergenback 9.80 M70 John Snaden 5.70	Carol Young 16# 9.39 W60 Dortha Swanson 12# 10.29
High Jump M30 William Skinner 6-	-8	Jack Hoppenstein Jack Kuhns	32.32	Carl Wallin 54 47-4 (single-age AR)	W50 Betty Baumach 20.10	W65 Lillian Snaden 5.37	W65 Bernice Holland 12# 7.21
M35 Bruce McBarnette 6-	ALCOHOLD MARRIED	M60 William Smith	42.72	Bob Mead 52 45-2	Roslyn Katz 18.60	56-lb. Weight M40 Dave Vandergriff 10.06	35# Weight W55 Joann Grissom 6.03
Bob Shelton 5-	-8	Howard Cohen	25.72	Carmen Letizia M42 38-0 6ky Shot Put	Joyce Bahr10.60 W60 Curlie Bahr 15.33	M55 Mike Valle 6.38	Carol Young 4.29
Bill Emanuel 4-	The second second	Robert Premo	19.84	Bob Mead 52 51-5	W60 Curlie Bahr 15.33 Anne Cirulnick 13.84	M60 Tim Twomey 6.98 M65 Mac Branham 4.86	M90 Everett Hosack 94 *3.11 56# Weight
M40 John Emanuel 5	A	M65 Larry Horine John Copp	44.36 33.36	Carl Wallin 50-8½ Ed Rowan 55 32-2½	Weight Throw	Bill Patrick 4.14	M50 James Pearce 4.80
Johnnie Dye 4- M45 Randy Yohe 4-	-6 -6	Robert Leishear	31.84	Ed Rowan 55 32-2½ Discus	M30 Glenn Thompson 10.18	Themseville Fell Decembles	M55 John Bronstein 6.23 M60 E R Premo 3.37
M50 Frederick Cook 4-		M70 Don Reid	30.08	Bob Mead 151-9	M35 Warren Taylor 9.15 M45 Dennis Chandler 11.05	Thomasville Fall Decathlon Thomasville, NC; Sept. 28-29	M65 Len Olson 65 *6.40
	-6	John Haywood	27.74	Carmen Letizia 103-4 Ed Rowan 89-4	M45 Dennis Chandler 11.05 Frank Monroe 10.27	M30 Gary Kinder 33 7020	M70 Charles Schorr 4.25 Jacob Stein 3.98
John Sloan 4	The same of	W45 Dru Klinger	15.84	Hammer	M50 Terry Shuman 12.08	David Hood 31 5459	Weight Pentathlon
	1-6	W55 Evelyn Wright W60 Audrey Lary	23.80	Bob Mead 6k 157-3 Carmen Letizia 16# 102-9	Carl Levine 7.01	Jim Wardle 33 5061 Joe Crichton 32 4684	(initial marks listed above)
M60 Howard Cohen 3- M65 James Stookey 4-	-6	Sharon Good	11.43	Ed Rowan 6k 89-4	M55 Brian McKenna 7.83 M60 Martin Kintish 11.23	Paul Boccard 33 4155	M50 Rex Harvey ND WT 2766 James Pearce 2595
M75 Ed Matthews 3-			11.11	New York Fall Mini-Meet	Bill Barker 9.45	Tom Bynum 32 4095 M35 Steve Winkel 38 6005	Doug Weikert ND WT 2333
Pole Vault	SH	W70 Bernie Kleinschmidt W75 Carla Convery	9.61	Kings Point, L.I., NY; Sept. 8	M70 Jim Crawford 9.73	M40 Jeff Watry 41 5949	M55 John Bronstein 3008 John Sloan 2786
M35 Lewis Affronti 12 Richard Dye 11-	44-1	W80 Mary Latham	8.51	High Jump	M80 Ian Hume CAN 12# 7.09	Kelly Meares 43 4600 Ken Caviness 40 4411	M60 E Robert Premo 1489
M45 Johnnie Dye	A STATE OF	Javelin		M55 Ed Kent 3-10 M60 Morton Hahn 3-6	W50 Roslyn Katz 10.37 W60 Anne Cirulnick 7.09	M45 Bob Green 48 5896	M65 Len Olson open impl3502 M70 Jacob Stein 2716
Randy Yohe 8-	1000	M35 Bob Shelton	42.90	M65 Art Kearney 4-0		Ken Pisell 49 3716 Kent Hann 49 3326	Charles Schorr 2497
	-9	Edward Troy	20.14	M80 Ian Hume CAN 1.80m	SOUTHEAST	M50 Rex Harvey 50 6990	M90 Everett Hosack 1612 W55 Joann Grissom 3640
Jack Kuhns 7- Richard Fox 6-	1000	M40 Chris Brevigt Gary Sutton	40.32 38.14	Long Jump	Jacksonville TC Classic	Joe Johnston 52 6576 Tom Thorne 53 5707	Carol Young 2972
	-9	M45 Randy Yohe	51.86	M45 Ivan Black 4.90 M60 Haig Bohigian 3.67	Jacksonville, FL; July 27	David Ayers 54 5348	W60 Dortha Swanson 2875 W65 Bernice Holland 3163
	-9	M50 Russ White	57.62	M65 Art Kearney 3.12	100m	Henry Clapper 52 4333 George Cliette 52 3145	*single-agre WR
The second secon	-9	George Reynolds	48.88	M75 Hillar Saareste 3.33	M30 Donald Rhett 10.59 M35 Bernard Scott 11.5	M55 Mike Valle 55 5097	**single-age AR
Long Jump	5.38	Jimmy Jones M55 John Sloan	39.68 35.32	Triple Jump	M40 Craig O'Neal 14.0	Nat Carter 55 4316 M60 Jack Gilmore 62 4459	MID-AMERICA
M30 Robert Harding M35 Benedict Olusola	6.21	Jack Kuhns	31.42	M45 Ivan Black 11.08 M55 Ed Kent 9.52	M45 Cleve Smith 11.69 M55 Ray Shores 12.84	Bob Premo 60 1955	
Bob Shelton	5.96	Richard Fox	28.34	M60 Morton Hahn 5.76	200m	M65 Bill Brobst 66 4347 George Taylor 65 3463	New Mexico Senior Games New Mexico State U.
Richard Dye	5.26	M60 Robert Premo	22.92	M75 H Saareste 7.49	M30 Bruce Hardy 23.0 M40 Walter Voner 29.0	M70 Denver Smith 71 7100	Las Cruces; July 23-28
M40 Dennis Tucker	4.76	M65 Larry Horine	38.06	M80 lan Hume CAN 7.18	M45 Ezra Abdullah 24.5	Fred Hirsimaki 72 6029	100m
M50 Michael McDaniel Palmer Sweet	5.48 4.24	Robdert Leishear Mark Richards	28.80	Shot Put M30 Glenn Thompson 16.72	400m M30 Kerry Jackson 55.1	M75 Tom Kennell 75 5418	M50 Roger Assink 12.24
Frederick Cook	4.06	M70 John Haywood	26.20	M30 Glenn Thompson 16.72 M35 Warren Taylor 15.31	M35 Robert Randall 57.3	MIDWEST	M55 Mike Levine 14.54 M60 Wm Hearne 14.00
M55 Albert Gardner	4.20	Don Haywood	24.42	M40 Karl Johnson 14.62	M40 Walt Voner 63.8 M45 Ezra Abdullah 57.5	Wolfpack Fall Throwing Classic	M65 Jim Powell 13.80
M60 Horace Stephens	4.07	Jack Doorlay	23.56	Tony Licone 12.39	800m	Columbus, OH; Sept. 8	M70 George Form 14.45 M75 James Jones 15.65
Howard Cohen Robert Premo	3.50	M85 Clarence Larson WeightThrow	10.74	M45 Rich Dunphy. 12.01 M50 Selden Cooper 16# 13.72	M30 Jim Purvis 3:04	Shot Put	M80 Carl Sollami 18.64
M65 James Stookey	4.47	M40 Chris Brevig	11.22	Terry Shuman 13.57	M35 Hal Garyn 2:28.9 M40 Steve O'Brien 2:45	M30 Phil Jones 10.87	M85 Elmer Glenn 30.73 W50 Eliz Rauschenbeger 16.24
Tom Rice	3.88	M45 John Priestley	10.66	Ed Nook 12.38	Mile	M45 Steve Kaye 11.83 M50 Rex Harvey 12.26	W55 Beverly Wood 17.71
M70 Jack Doorlay	3.17	Randy Yohe	8.21 12.53	Eric Weissbrot 10.36	M30 Derick Cooper 5:25 M35 Curtis Wilson 5:18	Doug Weikert 10.86	W60 Joan Doucet 17.35 W65 Ida Ruttler 19.43
Ed Matthews	3.61	M50 Terry Shuman Anatoli Welihozkiy	10.37	M55 Brian McKenna 10.68 M60 William Barker 11.30	M40 Steve O'Brien 5:51	James Pearce 10.16	W70 Edna RobertsClark 24.19
W40 Ann Marie Mushatt W60 Audrey Lary	3.31	M55 Jack Hoppenstein	8.36	Martin Kintish 10.65	M55 'Yom Sullivan 7:03 'Two Mile	M50 John Bronstein 9.81 John Sloan 9.35	W75 Sis Warnke 24.28 W80 Carrie Louis 76.61
W65 Frances Haywood	2.34	Mike McR	6.90	Morton Hahn 7.51	M35 Hal Garyn 11:22.4	M60 E Robert Premo 7.48	200m
W75 Carla Convery	1.74	Richard Fox	6.87	M80 Ian Hume CAN 8.68 W40 Barbara McEwen 6.78	M40 Steve O'Brien 12:57 M45 Bob Fernee 11:54	M65 Len Olson 65 16# *10.59 M70 Charles Schorr 9.70	M50 Roger Assink 25.41 M55 Rex Smith 30.10
Triple Jump	- Hours	M60 Gordon Bobell Robert Premo	11.46	W40 Barbara McEwen 6.78 W50 Roslyn Katz 8.20	Iligh Jump	Jacob Stein 7.99	M55 Rex Smith 30.10 M60 Mike Sisneros 29.48
	11.25	M65 Robert Leishear	10.53	Joyce Bahr 7.00	M30 Darin Merritt 6-0	M90 Everett Hosack 4.72 W30 Leslie Butler 7.74	M65 Jim Powell 28.74
M35 Benedict Olusola	13.11	William Bergen Jr	7.65	Betty Baumach 6.95	M40 Tony Bouyis 5-0 M45 Ezra Abdullah 5-1	W55 Joann Grissom 10.88	M70 George Form 30.56 M75 James Jones 36.93
	11.06	M70 Don Reid	9.13	W60 Anne Cirulnick 8.21 W65 Chris McKenzie 6.85	Long Jump	Carol Young 7.28	M80 Lloyd Houston 44.12
M50 Palmer Sweet M65 James Stookey	8.65 10.08	W60 Sharon Good W70 Bernie Kleinschmidt	6.03	A real factor of the contract	M30 Darin Merritt 21-4½ M35 Paul Roberts 14-7	W60 Dortha Swanson 7.42 W65 Bernice Holland 7.23	M85 Anthony Denardis 48.55 W50 Jude Pardee 36.64
Tom Rice	7.65	Mile RW		Discus M30 Glenn Thompson 43.54	M45 Cleve Smith 19-101	Discus	W55 Beverly Wood 38.33
M70 Jack Doorlay	6.86	M45 John Gersh	8.44.6h	M30 Glenn Thompson 43.54 M35 Warren Taylor 46.02	M55 Ray Shores 12-9.75 Shot Put 12#	M45 Steve Kaye 36.80 M50 Rex Harvey 40.98	W60 Joan Doucet 36.48 W65 Ida Ruttler 42.88
M75 Ed Matthews	7.75	MISO MICHOL ESTABLISH	8.48.5h	M40 Tony Ciccone 43.36	M55 Charles Fennelle 44-0	Doug Weikert 36.96	W75 Samia Doro 51.88
Shot Put	ital	With Course Hasting	9.26.0h	Karl Johnson 41.46	Shot Put 16#	James Pearce 28.60 M55 John Bronstein 37.44	400m M50 Robert Guajardo 62.22
M30 Andrellos Mitchell	7.36	MINO DIN O REENT	10,44.5h 11,07.4h	M45 Rich Dunphy 31.80	M40 Jack Owens 24-0	John Sloan 29.50	M50 Robert Guajardo 62.22 M55 Rex Smith 67.99
M35 Bob Shelton	10.00	Citation is a	13.36.9h	Dennis Chandler 31.74 M50 Terry Schuman 47.90	M30 Mike Riesmeyer 128-0	M60 E Robert Premo 20.62 M65 Len Olson 2kg **32.12	M60 Mike Sisneros 71.58
Edward Troy M40 Scott Black	8.45 11.54	3000m RW	md Joseph	Selden Cooper 40.78	M40 Larry Jeffords 73-2	M70 Jacob Stein 29.00	M65 Wm Greaves 76.83 M70 Tom Pigott 90.25
Gary Sutton	10.00	M35 A Zerougui 2	22:56.89	Ed Nook 31.92	M45 Bob Hume 121-4 M70 Don Hall 69-0	Charles Schorr 20.94 M90 Everett Hosack 12.12	M75 Prudencio Briseno 2:36
Chris Brevig	9.08	M45 B E Booth	14:49.61	Eric Weissbrot 30.42	Javelin	W55 Joann Grissom 23.10	M80 Lloyd Houston 1:47 M85 Anthony Denardis 1:49
M45 Selden Cooper	13.68	14130 VICTOR ENTITION	17:38.82 20:21.89	M55 Brian McKenna 31.92 M60 Martin Kintish 39.54	M35 Paul Roberts 93-7 M40 Jack Owens 74-2	Carol Young 22.50 W60 Dortha Swanson 19.36	W50 Kathy Casaus 2:22
John Priestley	11.16	Dill Marie and	18:18.60		M40 Jack Owens 74-2 M70 Francis MacNutt 62-0	W65 Bernice Holland 19.36	Continued on next page
Randy Yohe	7.32	Those Courte Husines					

Continued from previous page	W65 Jeanne Reimer 42-7	M65 Charles Hedges 3:05.78	400m	M55 Shepperd Miers 43.44	M50 W D Petty	5-2
and the second of the second o	Char Strain 42-7	M80+ Clifford Gouge 7:27.47	M35 Jeff Lindsey 52.29	M60 Brad Brauser 39.50	Mark Chapman	4-8
W60 Joan Doucet 87.02 W65 Ida Ruttler 1:43	W70 Ann Toya 46-2	1500m	M40 Robert Wright 57.58	M65 Engel Grow 29.74	M55 David Melber Lewis Sims	4-8 4-6
W70 Lilli Marjon 1:50	W75 Harriet Ogle 39-7 W80 Lou Sandoval 27-11	M50 Joe Struemph 5:19.47	M45 Jim Dolezel 57.78	M70 Ed Hooker 40.06	Pete Hopcus	4-4
W75 Samia Doro 2:02	1500m Racewalk	M55 Michael Hooper 6:16.50	M50 George Marchetti 62.40	M75 Doc Bennett 19.07	M60 Glenn Hoffman	4-2
M50 Robert Guajardo 2:37.40	M50 Gerald Bunton 8:10	M60 Art Jimenez 5:52.07	M55 Jim Kennedy 67.82 M60 Glendale Markwell 72.39	W35 Lynne Cameron 28.66	M70 Adolph Hoffman Pole Vault	3-10
M50 Robert Guajardo 2:37.40 M55 Frank Noland 2:49.18	M55 Winston Crandall 7:45 M60 Arnold Levick 8:16	3000m M50 Joe Struemph 11:51.69	M75 Fisher Lewis 97.26	W40 Gisela Otis 28.58 W50 Annis Brauser 17.19	M35 James Fountain	12-6
M60 Herman Agoyo 2:37.64	M65 Ryszard Nawrocki 9:34	M55 Michael Hooper 15:07.78	W45 Suzanne Williams 67.97	W55 Sue Tunnicliff 20.52	Coy Akers	12-0
M65 Wm Greaves 3:05.34 M70 Harry White 3:13.99	M70 George Caron 9:49	M60 Art Jimenez 11:51.69	W55 Janet Myers 85.32	5000m Racewalk	M40 Jeffrey Baty M45 Larry McIntyre	8-0 13-6
M80 Lloyd Houston 4:32.96	M75 Harry Pratt 12:03 W50 Susan Griffen 11:13	W50 Patricia Nott 19:21.16	800m	M45 Brandon Bowers 30:16.40	Warren Wilke	13-0
M85 Casimir Bechner 4:04.17	W55 Hatsuko Goodson 9:51	High Jump	M30 Rob Noland 2:29.36	M55 Roy Kelly 39:34.20	Mike Vick	11-6
Anthony Denardis 4:12.16 W50 Nancy Mina 4:41.63	W60 Placy Padilla 13:10 W65 Paulette Caron 9:52	M50 George Ruh 3	M35 Jeff Lindsey 1:58.92	Waterloo Relays	M50 Bill Roach W D Petty	9-6 8-6
W55 Sally McLean 4:17.81	W70 Norma Houston 11:18	M55 Dale Shelby 4-10 M60 Alan Lange 4-6	M40 Brooks Wright 2:14.56 M45 Greg Owings 2:17.13	Austin, TX; Sept. 14	M55 Lewis Sims	8-0
W60 Rose Chavez 4:01.43	W75 Josephine Burum 11:47	M60 Alan Lange 4-6 M65 J C Brown 5	M50 Sam Pfenning 4:05.15	100m	Don North M60 Hector Cisneros	7-0
W65 Ida Ruttler 4:19.16	5000m Racewalk M50 Gerald Bunton 30:24	M70 Ernie Hammond 3-8	M55 Jim Kennedy 2:38.51	M30 Brent Carbajal 11.8	Glenn Hoffman	9-0 8-6
W70 Lilli Marjon 4:11.00 W75 Samia Doro 4:33.53	M55 Winston Crandall 27:30	M75 Bob Warwick 3-8	W40 Marce OlsnLestr 2:41.70	M35 Larry Howells 11.0	Paul Adams	7-0
1500m	M60 Arnold Levick 29:28	W60 Joeann Collins 3-3	W45 Suzanne Williams2:40.90	Wylie Turner 11.9 Terry O'Connell 11.9	M70 Adolph Hoffman	8-6
M50 Robert Guajardo 5:15.08	M65 Ricardo Tenorio 35:37	Long Jump	W55 Janet Myers 3:13.30	M40 Willard Thompson 11.5	M30 Kevin Lendo	20-2
M55 Charles Harris 5:00.96 M60 Bill Dodson 5;23.82	M70 Hubert Rhymes 35:08 M75 Richard Stark 38:56	M50 Bill Selby 14-10	1500m M30 Paul Sadorph 5:04.52	Bill Burton 11.6	M40 Sergio Angulo	15-10.25
M65 Everett Edington 8:23.49	M85 Cleve Pomranky 46:56	M55 Ronald Litzler 12-10.50 M60 Walter Diggs 14-0.50	M30 Paul Sadorph 5:04.52 M35 Jim Coleman 4:36.05	Ronald Boleware 11.7 M45 Jimmie Jones 11.9	M45 Randall Hollis M50 Ed Jones	1125
M70 Harry White 6:26.14	W50 June Decker 39:41	M60 Walter Diggs 14-0.50 M65 William Cannon 7-6.50	M40 Steve Calonkey 5:23.45	T H Wilson 12.7	M55 Don Denson	20-3 16-4
M85 Casimir Bechner 8:37.56 Anthony Denardis 8:41.15	W55 Hatsuko Goodson 34:39 W60 Marj Larragoite 35:50	M70 Ernie Hammond 8-10	M45 John Hoke 4:56:34	Randall Hollis 16.7	David Melber	15-25
W50 Jackie Marr 6:09.19	W65 Paulette Caron 34:31	M76 Bob Warwick 9-5.50	M55 David Badgley 5:48.73	M50 Ron Helton 12.2	M60 Glenn Hoffman M70 Adolph Hoffman	11-8.25
W55 Angelina Valdez 10:23.41	W70 Norma Houston 38:12	W55 S Schumacher 8-4.50	M60 Glendale Markwell8:43.12	M55 Don Denson 12.7 Lee Bergeron 13.3	W35 Nancy Tabb	12-25
W60 Rose Chavez 7:52.15 W65 Marcelia Samuelsn10:54.86	W75 Ruth Foreman 41:05	W60 Joeann Collins 9-2	W55 Janet Myers 6:42.33	Pete Hopcus 15.3	Triple Jump	Season August
W70 Lilli Marjon 8:32.64	Blair Open Meet	W70 Yula Stone 4-6	3000m	M60 George Gillar 14.8	M30 Kevin Lendo M40 Sergio Angulo	42-1 32-10
W75 Samia Doro 9:14.55	Blair, NE; July 28	Shot Put	W55 Janet Myers 14:11.10 5000m	M65 Wilford Scott 13.3 M70 Henry Garcia 14.4	M55 David Melber	29-8.25
5000m M50 Robert Guajardo 19:32.18	100m	M50 George Ruh 32-10	M30 Robert Noland 18:43.90	Adolph Hoffman 16.1	Shot Put	Tradat (E.S.)
M55 Charles Harris 19:05.14	M30 Jeff Hageman 11.46 M40 David Lee 13.36	M55 Al Salmon 36 M60 Walter Diggs 37-2	M40 Jim Fiedler 20:10.20	M75 Paul Galloway 18.1	M30 Paul Conniff M35 Pavid Bolles	25-9
M60 Bill Dodson 20:55.41	M50 Tom Bassett 12.13	M65 Earl Ventura 37-3	M45 Leonard Hansen20:27.00	W30 Regina Brockinton 15.6 W35 Nancy Tabb 14.8	M35 David Bolles M40 Jeff Baty	33-3 38-10
M65 Dale Goering 21:23.04 M70 Cecil Brown 24:22.44	M60 Byron Winter 18.44	M70 Kelly Green 28-10	M50 Ron Kuykendall 18:54.00	W40 Shirley Levingston 14.7	Marvin Hollan	37-9.75
M75 Larry Johnson 26:37.70	W30 Carol Moravec 11.88 W40 Geri Wemhoff 14.92	M75 Leo Chapman 30	M55 Roy Kelly 33:01.30	W50 Linda Pippin 16.3 W60 Phyllis Provost 19.2	Steve Cox M45 Jerry Brewer	34-6.75
M85 Anthony Denardis 33:45.44	200m	M80+ Lloyd Allen 18	Short Hurdles	W60 Phyllis Provost 19.2 W70 Lillie Doss 26.4	Dave Barber	34-11.25 3325
W50 Vivian Einikainen22:35.70 W60 Rose Chavez 28:15.23	M30 Jeff Hageman 23.28	W55 Nancy Whisler 26-4	M40 Colin Williams 14.12 M50 Tollie Bibb 20.45	200m	Randall Hollis	19-10.75
W60 Rose Chavez 28:15.23 W65 Inez Ross 33:21.24	M40 Jeff Evangest 24.88 M50 Tom Bassett 24.53	W60 Jocann Collins 24	M55 Dale Lance 20.29	M30 Brent Carbajal 24.9 M35 Terry O'Connell 25.2	M50 Mark Chapman	36-11.75
W70 Lilli Marjon 30:50.65	M50 Tom Bassett 24.53 M60 Byron Winter 38.98	W70 Yula Stone 14-3	Long Hurdles	Wylie Turner 26.3	W D Petty Monroe Ashworth	32-7.75 31-1.75
W75 Samia Doro 33:26.85	W30 Carol Moravec 24.32	Discus M50 Virgil Johnson 28.99	M40 George Hall 70.97	Tim Doss 35.9	M55 John Conniff	41-7.75
M55 Rex Smith 4-9	W40 Geri Wemhoff 31.60	M55 Al Salmon 33.15	M50 Tollie Bibb 63.00	M40 Bill Burton 23.5	Harold Crater	35-9
M60 Herman Agoyo 4-3	400m M30 John Allen 53.8	M60 Walter Diggs 42.72	W35 Fran Olsen Sharp 86.56	Willard Thompson 24.6 Richard Mayfield 25.4	Don North M60 John Cantrell	32-9.50 40-6
M65 Jim Powell 4-2 M70 Bill Samples 3-8	M40 Jeff Evangest 59.0	M65 Earl Ventura 36.27	4x100m Relay	M45 Jimmie Jones 26.4	M65 Jim Gerhardt	39-4.75
M80 Henry Olguin 2-3	M50 Howard Weisser 64.2 M60 Byron Winter 86.9	M70 Kelly Green 23.18	M30 NW OKC Express 42.05 M50 Oldmans Team 68.01	T H Wilson 27.9 Randall Hollis 36.5	M70 Adolph Hoffman	30-7.50
M85 Casimir Bechner 3-5	W40 Geri Wemhoff 71.5	M75 Leo Chapman 23.52	W30 Eastside Steppers 64.61	Randall Hollis 36.5 M50 Ron Helton 25.4	Fred Adams W35 Carol Finsrud	27-0
W60 Joan Doucet 3-5 Pole Vault	1600m	M80+ Lloyd Allen 11.85	4x400m Relay	M55 Mack Stewart 26.7	W40 Cheryl Mellenthin	40-25
M50 Russell Carr 7-6	M30 Ted Blatter 5:55 M50 Jack Mattiens 6:00.5	W55 Nancy Whisler 16.82 W70 Yula Stone 8.89	M30 Express TC 3:28.52	Don Denson 27.4	W70 Ruth Seeger	21-9.75
M55 Rex Smith 8-6	80mH	W70 Yula Stone 8.89 1500m RW	High Jump	Elias Mendiola 31.0 M60 Robert Cozens 27.5	Lillie Doss Discus	11-10
M60 Frank Love 5-0 M65 James Turner 9-0	M60 Byron Winter 25.98	M50 Phillip Jacob 9:30.44	M30 Trace Oswald 1.73	Hector Cisneros 31.0	M35 Coy Akers	111-1
M70 Ed Duncan 6-11	Long Jump M30 Bruce Fattig 17-2	M60 Alan Poisner 8.29.28	M35 John Sharp 1.42 M45 Jim Dolezel 1.53	M65 Wilford Scott 27.9 M75 Paul Galloway 39.3	David Bolles M40 Marvin Hollan	104-10
M50 Russell Carr 14-8.75	M50 Jack Martinez 12-41	M65 Larry Pifer 11:42.56	M50 Jim Johnson 1.68	W40 Shirley Levingston 32.5	Jeff Baty	127-5
MOS RUSSETT CALL	W40 Geri Wemhoff 12-2	M70 Ernie Hammond 12:09.34		MICA Linda Dinain		0
M55 Ken Medley 17-5½			M55 Wayne Skartwed 1.00	W50 Linda Pippin 35.6	Steve Cox	100-4
M60 William Hearne 13-74	Triple Jump	M80+ Clifford Gouge 13:33.84	M60 Glendale Markwell 1.22	W55 Marion Collee 36.7	M45 Dave Barber	116-10
M60 William Hearne $13-7\frac{1}{4}$ M65 Jim Powell $15-\frac{1}{4}$			M60 Glendale Markwell 1.22 M75 Doc Bennett 1.17	At the second se		
M60 William Hearne 13-74 M65 Jim Powell 15-4 M70 Sherman Duncan 9-11.75	Triple Jump M30 John Allen M50 Bob Everoski Shot Put	M80+ Clifford Gouge 13:33.84	M60 Glendale Markwell 1.22 M75 Doc Bennett 1.17 W35 Fran Olsen Sharp 1.25	W55 Marion Collee 36.7 W60 Phyllis Provost 43.7 W70 Lillie Doss 59.6 400m	M45 Dave Barber Jerry Brewer Randall Hollis M50 Jerry Poulson	116-10 101-0 51-6 111-4
M60 William Hearne 13-7¼ M65 Jim Powell 15-¼ M70 Shernan Duncan 9-11.75 M75 Vincent Newman 9-8 M80 Henry Olguin 6-1	Triple Jump M30 John Allen M50 Bob Everoski Shot Put M30 Tom Carlstrom 37-10	M80+ Clifford Gouge 13:33.84 Paavo Nurmi Challenge Denver, CO; Sept. 15 -Age-adjusted time 4 continue starturd-	M60 Glendale Markwell 1.22 M75 Doc Bennett 1.17 W35 Fran Olsen Sharp 1.25 Pole Vault	W55 Marion Collee 36.7 W60 Phyllis Provost 43.7 W70 Lillie Doss 59.6 400m M35 Van Eisenbach 57.5	M45 Dave Barber Jerry Brewer Randall Hollis M50 Jerry Poulson W D Petty	116-10 101-0 51-6 111-4 106-5
M60 William Hearne 13-7¼ M65 Jim Powell 15-⅓ M70 Shernan Duncan 9-11.75 M75 Vincent Newman 9-8 M80 Henry Olguin 6-1 M85 Casimir Bechner 9-5	Triple Jump M30 John Allen M50 Bob Everoski Shot Put	M80+ Clifford Gouge 13:33.84 Paa vo Nurmi Challenge Denver, CO; Sept. 15 -Age adjusted time & contained starchard- Mun Age 1500 5000 a S Schafer 40 4:17.4 15:55.6 162.1	M60 Glendale Markwell 1.22 M75 Doc Bennett 1.17 W35 Fran Olsen Sharp 1.25 Pole Vault 17-0	W55 Marion Collee 36.7 W60 Phyllis Provost 43.7 W70 Lillie Doss 59.6 400m 57.5 M35 Van Eisenbach 57.5 Tim Doss 85.6	M45 Dave Barber Jerry Brewer Randall Hollis M50 Jerry Poulson W D Petty Mark Chapman	116-10 101-0 51-6 111-4
M60 William Hearne 13-7\(\frac{1}{4}\) M65 Jim Powell 15-\(\frac{1}{4}\) M70 Shernan Duncan 9-11.75 M75 Vincent Newman 9-8 M80 Henry Olguin 6-1 M85 Casimir Bechner 9-5 W50 Eliz Rauschenbeger10-2.75	Triple Jump M30 John Allen 38-11½ M50 Bob Everoski 28-0 Shot Put 37-10 M30 Tom Carlstrom 37-10 M50 Virgil Paulsen 39-1½ W30 Baiba Cunard 31-3 Discus	M80+ Clifford Gouge 13:33.84	M60 Glendale Markwell 1.22 M75 Doc Bennett 1.17 W35 Fran Olsen Sharp 1.25 Pole Vault 17-0 M45 Mike Steinmetz 9-6	W55 Marion Collee 36.7 W60 Phyllis Provost 43.7 W70 Lillie Doss 59.6 400m M35 Van Eisenbach 57.5 Tim Doss 85.6 M40 Bill Burton 56.2 Steve Cox 62.5	M45 Dave Barber Jerry Brewer Randall Hollis M50 Jerry Poulson W D Petty Mark Chapman M55 John Connilf Howard Zingg	116-10 101-0 51-6 111-4 106-5 100-6 145-4 119-0
M60 William Hearne 13-7¼ M65 Jim Powell 15-¼ M70 Shennan Duncan 9-11.75 M75 Vincent Newman 9-8 M80 Henry Olguin 6-1 M85 Casimir Bechner 9-5 W50 Eliz Rauschenbeger10-2.75 W60 Joan Doucet 10-6½ W65 Ruby Marchant 6-9½	Triple Jump M30 John Allen M50 Bob Everoski Shot Put M30 Tom Carlstrom M50 Virgil Paulsen W30 Baiba Cunard Discus M30 John Allen 38-11½ 37-10 37-10 39-1½ 31-3 1-3 101-4	Paavo Nurmi Challenge Denver, CO; Sept. 15 -Age-adjusted time & continud starturd- Men Age 1500 5000 S Schafer C Widness 26 4:19.5 15:58.7 161.2 R Ames 35 4:23.5 16:21.4 158.2 F Kunkel 47 4:18.7 16:58.7 156.7	M60 Glendale Markwell 1.22 M75 Doc Bennett 1.17 W35 Fran Olsen Sharp 1.25 Pole Vault M30 Daniel Dial 17-0 M45 Mike Steinmetz 9-6 M55 Dale Lance 12-0	W55 Marion Collee 36.7 W60 Phyllis Provost 43.7 W70 Lillie Doss 59.6 400m M35 Van Elsenbach 57.5 Tim Doss 85.6 M40 Bill Burton 56.2 Steve Cox 62.5 M45 T H Wilson 65.5	M45 Dave Barber Jerry Brewer Randall Hollis M50 Jerry Poulson W D Petty Mark Chapman M55 John Conniff Howard Zingg Harold Crater	116-10 101-0 51-6 111-4 106-5 100-6 145-4 119-0 104-11
M60 William Hearne 13-7¼ M65 Jim Powell 15-¼ M70 Shennan Duncan 9-11.75 M75 Vincent Newman 9-8 M80 Henry Olguin 6-1 M85 Casimir Bechner 9-5 W50 Eliz Rauschenbeger10-2.75 W60 Joan Doucet 10-6½ W65 Ruby Marchant 6-9½ W70 Josephine Edwards 4-7	Triple Jump M30 John Allen 38-11½ M50 Bob Everoski 28-0 Shot Put 37-10 M30 Tom Carlstrom 37-10 M50 Virgil Paulsen 39-1½ W30 Baiba Cunard 31-3 Discus	Paa vo Nurmi Challenge Denver, CO; Sept. 15 -Age-adjusted time & continud starturd-Mon Age 1500 5000 & 417.4 15:55.6 162.1 C Widness R Ames 35 4:223.5 16:22.4 158.2 F Kunkel 47 4:18.7 16:58.7 156.7 A Raveling 26 4:26.7 17:55.8 150.2 B Roybal 53 4:44.8 18:18.8 143.7	M60 Glendale Markwell 1.22 M75 Doc Bennett 1.17 W35 Fran Olsen Sharp 1.25 Pole Vault 17-0 M45 Mike Steinmetz 9-6	W55 Marion Collee 36.7 W60 Phyllis Provost 43.7 W70 Lillie Doss 59.6 400m M35 Van Eisenbach 57.5 Tim Doss 85.6 M40 Bill Burton 56.2 Steve Cox 62.5	M45 Dave Barber Jerry Brewer Randall Hollis M50 Jerry Poulson W D Petty Mark Chapman M55 John Connilf Howard Zingg	116-10 101-0 51-6 111-4 106-5 100-6 145-4 119-0
M60 William Hearne 13-7¼ M65 Jim Powell 15-¼ M70 Shennan Duncan 9-11.75 M75 Vincent Newman 9-8 M80 Henry Olguin 6-1 M85 Casimir Bechner 9-5 W50 Eliz Rauschenbeger10-2.75 W60 Joan Doucet 10-6½ W65 Ruby Marchant 6-9½ W70 Josephine Edwards 4-7 W75 Harriet Ogle 7-2.75	Triple Jump M30 John Allen M50 Bob Everoski Shot Put M30 Tom Carlstrom M50 Virgil Paulsen W30 Baiba Cunard Discus M30 John Allen 38-11½ 37-10 37-10 39-1½ 31-3 1-3 101-4	Paavo Nurmi Challenge Denver, CO; Sept. 15 -Age adjusted time & continue starturd- Man Age 1500 5000 & 1 S Schafer C 400 4117.4 15:55.6 162.1 C Midness C 419.5 15:58.7 161.2 R Amea 35 4:23.5 16:21.4 158.2 F Kunkel C 47 4:18.7 16:58.7 156.7 A Raveling 26 4:26.7 17:55.8 150.2 B Roybal 53 4:44.8 18:18.8 143.7 J Boyus 31 4:34.6 18:33.0 145.5 S Ibuda 42 4:57.2 19:02.2 138.0	M60 Glendale Markwell 1.22 M75 Doc Bennett 1.17 W35 Fran Olsen Sharp 1.25 Pole Vault 1.25 M30 Daniel Dial 17-0 M45 Mike Steinmetz 9-6 M55 Dale Lance 12-0 M60 Charles Crawford 7-6	W55 Marion Collee 36.7 W60 Phyllis Provost 43.7 W70 Lillie Doss 59.6 400m M35 Van Elsenbach 57.5 Tim Doss 85.6 M40 Bill Burton 56.2 Steve Cox 62.5 M45 T H Wilson 65.5 Randall Hollis 90.9 M50 Ed Jones 56.9 Paul Young 65.0	M45 Dave Barber Jerry Brewer Randall Hollis M50 Jerry Poulson W D Petty Mark Chapman M55 John Conniff Howard Zingg Harold Crater M60 John Cantrell M65 Jim Gerhardt M70 Adolph Holfman	116-10 101-0 51-6 111-4 106-5 100-6 145-4 119-0 104-11 130-9 132-7 89-10
M60 William Hearne 13-7¼ M65 Jim Powell 15-¼ M70 Shennan Duncan 9-11.75 M75 Vincent Newman 9-8 M80 Henry Olguin 6-1 M85 Casimir Bechner 9-5 W50 Eliz Rauschenbeger10-2.75 W60 Joan Doucet 10-6½ W65 Ruby Marchant 6-9½ W70 Josephine Edwards 4-7 W75 Harriet Ogle 7-2.75 Shot Put M50 Paul Economides 46-6	Triple Jump 38-11½ M30 John Allen 38-11½ M50 Bob Everoski 28-0 Shot Put 37-10 M50 Virgil Paulsen 39-1½ W30 Baiba Cunard 31-3 Discus 101-4 M50 Virgil Paulsen 125-0	Paavo Nurmi Challenge Denver, CO; Sept. 15 -Age-adjusted time & continua stardurd-Mon S Schafer C Widness R Ames 15 4217.4 15:55.6 162.1 C Widness R Ames 15 4219.5 16:58.7 161.2 R Kunkel 47 4:18.7 16:58.7 156.7 A Raveling B Roybal 13 4:44.8 18:18.8 143.7 J Boyus 13 4:34.6 18:33.0 145.5 S Ituda 14 2 4:59.7 19:22.2 138.0 J Papyas 14 42 4:59.7 19:38.0 135.6 A Davis 13 4:59.5 19:54.1 134.5	M60 Glendale Markwell M75 Doc Bennett M35 Fran Olsen Sharp Pole Vault M30 Daniel Dial M45 Mike Steinmetz M55 Dale Lance M60 Charles Crawford M65 John Rutheford W55 Sue Tunnicliff Long Jump 1.22 1.17 1.70 1.25 1.25 1.26 1.27 1.27 1.28 1.29 1.29 1.20 1.20 1.20 1.20 1.20 1.20 1.20 1.20	W55 Marion Collee 36.7 W60 Phyllis Provost 43.7 W70 Lillie Doss 59.6 400m 59.6 M35 Van Eisenbach 57.5 Tim Doss 85.6 M40 Bill Burton 56.2 Steve Cox 62.5 M45 T H Wilson 65.5 Randall Hollis 90.9 M50 Ed Jones 56.9 Paul Young 65.0 M55 Mack Stewart 59.0	M45 Dave Barber Jerry Brewer Randall Hollis M50 Jerry Poulson W D Petty Mark Chapman M55 John Conniff Howard Zingg Harold Crater M60 John Cantrell M65 Jim Gerhardt M70 Adolph Holfman Fred Adams	116-10 101-0 51-6 111-4 108-5 100-6 145-4 119-0 104-11 130-9 132-7 89-10 74-10
M60 William Hearne 13-7¼ M65 Jim Powell 15-¼ M70 Shernan Duncan 9-11.75 M75 Vincent Newman 9-8 M80 Henry Olguin 6-1 M85 Casimir Bechner 9-5 W50 Eliz Rauschenbeger10-2.75 W60 Joan Doucet 10-6½ W65 Ruby Marchant 6-9½ W70 Josephine Edwards 4-7 W75 Harriet Oyle 7-2.75 Shot Put M50 Paul Economides 46-6 M55 Clyde Gossert 38-3	Triple Jump M30 John Allen M50 Bob Everoski Shot Put M30 Tom Carlstrom M50 Virgil Paulsen M30 John Allen M30 John Allen M50 Virgil Paulsen Senior Olympics Blue Springs, MO; Sept. 14-16 50m	Paavo Nurmi Challenge Denver, CO; Sept. 15 -Age adjusted time & continua stardurd-Man Age 1500 5000 & 1 S Schafer 400 41:17. 4 15:55. 6 162.1 C Widness 26 4:19.5 15:58.7 161.2 R Ames 35 4:23.5 16:22.4 158.2 F Kunkel 47 4:18.7 16:58.7 156.7 A Raveling 26 4:26.7 17:55.8 150.2 B Roybal 53 4:44.8 18:18.8 143.7 J Bogus 31 4:34.6 18:33.0 145.5 S Iluda 42 4:59.7 19:38.0 135.6 A Davis 31 4:59.7 19:38.0 135.6 Maneen D Falmason 58 4:35.6 18:21.8 162.0	M60 Glendale Markwell M75 Doc Bennett M35 Fran Olsen Sharp Pole Vault M30 Daniel Dial M45 Mike Steinmetz M55 Dale Lance M60 Charles Crawford M65 John Rutheford W55 Sue Tunnicliff Long Jump M30 R Adventure Jones M55 Date S.45	W55 Marion Collee 36.7 W60 Phyllis Provost 43.7 W70 Lillie Doss 59.6 400m 59.6 M35 Van Eisenbach 57.5 Tim Doss 85.6 M40 Bill Burton 56.2 Steve Cox 62.5 M45 T H Wilson 65.5 Randall Hollis 90.9 M50 Ed Jones 56.9 Paul Young 65.0 M55 Mack Stewart 59.0 David Larson 84.2 W50 Linda Pippin 86.5	M45 Dave Barber Jerry Brewer Randall Hollis M50 Jerry Poulson W D Petty Mark Chapman M55 John Conniff Howard Zingg Harold Crater M60 John Cantrell M65 Jim Gerhardt M70 Adolph Holfman Fred Adams Robert Dew W35 Carol Finsrud	116-10 101-0 51-6 111-4 106-5 100-6 145-4 119-0 104-11 130-9 132-7 89-10 74-10 39-10 165-7
M60 William Hearne 13-7¼ M65 Jim Powell 15-¼ M70 Shennan Duncan 9-11.75 M75 Vincent Newman 9-8 M80 Henry Olguin 6-1 M85 Casimir Bechner 9-5 W50 Eliz Rauschenbeger10-2.75 W60 Joan Doucet 10-6½ W65 Ruby Marchant 6-9½ W70 Josephine Edwards 4-7 W75 Harriet Oyle 7-2.75 Shot Put M50 Paul Economides 46-6 M55 Clyde Gossert 38-3 M60 Floyd Riddle 32-10	Triple Jump M30 John Allen 38-11½ M50 Bob Everoski 28-0 Shot Put 37-10 M30 Tom Carlstrom 37-10 M50 Virgil Paulsen 39-1½ W30 Baiba Cunard 31-3 Discus M30 John Allen 101-4 M50 Virgil Paulsen 125-0 Senior Olympics Blue Springs, MO; Sept. 14-16 50m M50 M50 William Selbe 6.32	Paavo Nurmi Challenge Denver, CO; Sept. 15 -Age-adjusted time & continud starchurd- Men S Schafer C Widness R Ames S Schafer R Ames S Schafer A R Aveling S 6 4:22.5, 16:21.4 158.2 F Kunkel F	M60 Glendale Markwell 1.22 M75 Doc Bennett 1.17 W35 Fran Olsen Sharp 1.25 Pole Vault 1.25 M30 Daniel Dial 17-0 M45 Mike Steinmetz 9-6 M55 Dale Lance 12-0 M60 Charles Crawford 7-6 M65 John Rutheford 7-6 W55 Sue Tunnicliff 6-6 Long Jump M30 R Adventure Jones 5.45 M35 Don Broceus 5.03	W55 Marion Collee 36.7 W60 Phyllis Provost 43.7 W70 Lillie Doss 59.6 400m 59.6 M35 Van Elsenbach 57.5 Tim Doss 85.6 M40 Bill Burton 56.2 Steve Cox 62.5 M45 T H Wilson 65.5 Randall Hollis 90.9 M50 Ed Jones 56.9 Paul Young 65.0 M55 Mack Stewart 59.0 David Larson 84.2 W50 Linda Pippin 86.5 W65 Phyllis Provost 1:44.6	M45 Dave Barber Jerry Brewer Randall Hollis M50 Jerry Poulson W D Petty Mark Chapman M55 John Conniff Howard Zingg Harold Crater M60 John Cantrell M65 Jim Gerhardt M70 Adolph Hollman Fred Adams Robert Dew W35 Carol Finsrud W40 Cheryl Mellenthin	116-10 101-0 51-6 111-4 106-5 100-6 145-4 119-0 104-11 130-9 132-7 89-10 74-10 39-10 165-7 72-2
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M60 William Hearne 13-7¼ M65 Jim Powell 15-¼ M70 Shennan Duncan 9-11.75 M75 Vincent Newman 9-8 M80 Henry Olguin 6-1 M85 Casimir Bechner 9-5 W50 Eliz Rauschenbeger10-2.75 W60 Joan Doucet 10-6½ W65 Ruby Marchant 6-9½ W70 Josephine Edwards 4-7 W75 Harriet Ogle 7-2.75 Shot Put M50 Paul Economides 46-6 M55 Clyde Gossert 38-3 M60 Floyd Riddle 32-10 M65 Carl Longerot 30-9½ M70 Edwin Johnson 30-7½	Triple Jump 38-11½ M50 John Allen 38-11½ M50 Bob Everoski 28-0 Shot Put M30 Tom Carlstrom 37-10 M50 Virgil Paulsen 39-1½ W30 Baiba Cunard 31-3 Discus M30 John Allen 101-4 M50 Virgil Paulsen 125-0 Senior Olympics Blue Springs, MO; Sept. 14-16 50m M50 William Selbe 6.32 M55 Jack Harris 7.91 M60 Vern Schewe 7.34 M65 Earl Ventura 7.13	Paa vo Nurmi Challenge Denver, CO; Sept. 15 -Age-adjusted time & continud starturd-Mon Age 1500 5000 & 1 S Schafer 26 419.5 15:55.6 162.1. C Widness 26 4:19.5 15:55.6 162.1. R Ames 35 4:23.5 16:21.4 158.2 F Kunkel 47 4:18.7 16:58.7 156.7 A Raveling 26 4:26.7 17:55.8 150.2 B Roybal 53 4:44.8 18:18.8 143.7 J Bogus 33 4:34.6 18:33.0 145.5 S Ituda 42 4:57.2 19:02.2 138.0 J Papwas 49 4:58.7 19:38.0 135.6 A Davis 31 4:59.5 19:54.1 134.5 Momen 58 4:35.6 18:21.8 162.0 K Recker 26 5:09.8 19:21.6 148.8 - Illitribrinoy36 5:38.2 21:02.8 1:36.5 -\$100 each to winning man & weman-	M60 Glendale Markwell M75 Doc Bennett M35 Fran Olsen Sharp Pole Vault M30 Daniel Dial M45 Mike Steinmetz M55 Dale Lance M60 Charles Crawford M65 John Rutheford W55 Sue Tunnicliff Long Jump M30 R Adventure Jones M35 Don Broceus M35 Don Broceus M40 Buddy Myers M45 Jim Dolezel M50 George Marchetti M55 Wayne Skartwed M75 Doc Bennetti M50 George Marchetti M55 Wayne Skartwed M75 Doc Bennetti M50 George Marchetti M50 George Marchetti M75 Don Broceus M50 George Marchetti M50 George Marchetti M50 George Marchetti M50 George Marchetti M75 Doc Bennetti M76 George Marchetti M77 M78 M78 M78 M78 M78 M78 M78 M78 M78	W55 Marion Collee 36.7 W60 Phyllis Provost 43.7 W70 Lillie Doss 59.6 400m 59.6 M35 Van Elsenbach 57.5 Tim Doss 85.6 M40 Bill Burton 56.2 Steve Cox 62.5 M45 T H Wilson 65.5 Randall Hollis 90.9 M50 Ed Jones 56.9 Paul Young 65.0 M55 Mack Stewart 59.0 David Larson 84.2 W50 Linda Pippin 86.5 W65 Phyllis Provost 1:44.6 W70 Lillie Dost 2:15.0 800m 33 Tim Doss 3:16.5 M45 Mike McCracken 2:18.2	M45 Dave Barber Jerry Brewer Randall Hollis M50 Jerry Poulson W D Petty Mark Chapman M55 John Conniff Howard Zingg Harold Crater M60 John Cantrell M65 Jim Gerhardt M70 Adolph Holfman Fred Adams Robert Dew W35 Carol Finsrud W40 Cheryl Mellenthin W70 Ruth Seeger Hammer M35 David Bolles Steve Bolles	116-10 101-0 51-6 111-4 106-5 100-6 145-4 119-0 104-11 130-9 132-7 89-10 74-10 39-10 165-7 72-2 58-10
M60 William Hearne 13-7¼ M65 Jim Powell 15-¼ M70 Shennan Duncan 9-11.75 M75 Vincent Newman 9-8 M80 Henry Olguin 6-1 M85 Casimir Bechner 9-5 W50 Eliz Rauschenbeger10-2.75 W60 Joan Doucet 10-6½ W65 Ruby Marchant 6-9½ W70 Josephine Edwards 4-7 W75 Harriet Ogle 7-2.75 Shot Put 7-2.75 Shot Put 850 Paul Economides 46-6 M55 Clyde Gossert 38-3 M60 Floyd Riddle 32-10 M65 Carl Longerot 30-9½ M70 Edwin Johnson 30-7½ M75 Robert Broadbent 25-4½ M80 Jack Pardee 24-4½ M85 Larry Sandoval 20-11 W50 June Decker 20-11	Triple Jump 38-11½ M50 John Allen 38-11½ M50 Bob Everoski 28-0 Shot Put M30 Tom Carlstrom 37-10 M50 Virgil Paulsen 39-1½ W30 Baiba Cunard 31-3 Discus M30 John Allen 101-4 M50 Virgil Paulsen 125-0 Senior Olympics Blue Springs, MO; Sept. 14-16 50m M50 William Selbe 6.32 M55 Jack Harris 7.91 M60 Vern Schewe 7.34 M65 Earl Ventura 7.13	Paa vo Nurmi Challenge Denver, CO; Sept. 15 -Age-adjusted time & continud starturd-Mon Age 1500 5000 & Age 155.5 & 162.1 C Widness 26 4:19.5 15:55.6 162.1 (158.2 F Kunkel 47 4:18.7 16:58.7 16:1.2 B Roybal 53 4:44.8 18:18.8 143.7 J Bogus 33 4:34.6 18:33.0 145.5 S Ituda 42 4:57.2 19:02.2 138.0 J Papwas 49 4:58.7 19:38.0 135.6 A Davis 31 4:59.5 19:54.1 134.5 Momen 58 4:35.6 18:21.8 162.0 F Recker 26 5:09.8 19:21.6 148.8 - Illitribrinoy36 5:38.2 21:02.8 1:36.5 -\$100 each to winning man & weman-Order is based on combined adjusted time	M60 Glendale Markwell M75 Doc Bennett M35 Fran Olsen Sharp Pole Yault M30 Daniel Dial M55 Dale Lance M60 Charles Crawford M65 John Rutheford W55 Sue Tunnicliff Long Jump M30 R Adventure Jones M35 Don Broceus M40 Buddy Myers M50 George Marchetti M50 Glendale Markwell M30 R Adventured M50 George Marchetti M50 Glendale Markwell M51 M75 Wayne Skartwed M60 Glendale Markwell M55 M75 Doc Bennett M60 Glendale Markwell	W55 Marion Collee 36.7 W60 Phyllis Provost 43.7 W70 Lillie Doss 59.6 400m 59.6 M35 Van Eisenbach 57.5 Tim Doss 85.6 M40 Bill Burton 56.2 Steve Cox 62.5 M45 T H Wilson 65.5 Randall Hollis 90.9 M50 Ed Jones 56.9 Paul Young 65.0 M55 Mack Stewart 59.0 David Larson 84.2 W50 Linda Pippin 86.5 W65 Phyllis Provost 1.44.6 W70 Lillie Dost 2:15.0 800m 3:16.5	M45 Dave Barber Jerry Brewer Randall Hollis M50 Jerry Poulson W D Petty Mark Chapman M55 John Conniff Howard Zingg Harold Crater M60 John Cantrell M65 Jim Gerhardt M70 Adolph Holfman Fred Adams Robert Dew W35 Carol Finsrud W40 Cheryl Mellenthin W70 Ruth Seeger Hammer M435 David Bolles	116-10 101-0 51-6 111-4 106-5 100-6 145-4 119-0 104-11 130-9 132-7 89-10 74-10 39-10 165-7 72-2 58-10
M60 William Hearne 13-7¼ M65 Jim Powell 15-¼ M70 Shennan Duncan 9-11.75 M75 Vincent Newman 9-8 M80 Henry Olguin 6-1 M85 Casimir Bechner 9-5 W50 Eliz Rauschenbeger10-2.75 W60 Joan Doucet 10-6½ W65 Ruby Marchant 6-9½ W70 Josephine Edwards 4-7 W75 Harriet Oyle 7-2.75 Shot Put M50 Paul Economides 46-6 M55 Clyde Gossert 38-3 M60 Flovd Riddle 32-10 M65 Carl Longerot 30-9½ M75 Robert Broadbent 25-4½ M80 Jack Pardee 24-4½ M80 Jack Pardee 24-4½ M85 Larry Sandoval 20-11 W55 Barbara Hutchinson26-1 W55 Barbara Hutchinson26-14	Triple Jump M30 John Allen 38-11½ M50 Bob Everoski 28-0 Shot Put 37-10 M30 Tom Carlstrom 37-10 M50 Virgil Paulsen 39-1½ W30 Baiba Cunard 31-3 Discus M30 John Allen 101-4 M50 Virgil Paulsen 125-0 Senior Olympics Blue Springs, MO; Sept. 14-16 50m M50 M50 William Selbe 6.32 M55 Jack Harris 7.91 M60 Vern Schewe 7.34 M65 Earl Ventura 7.13 M70 Ernie Ilammond 8.94 M75 Bob Warwick 8.95 M80+ Lloyd Allen 11.37	Paavo Nurmi Challenge Denver, CO; Sept. 15 -Age-adjusted time & continud starturd-Men S Schafer 26 4:19.5 15:55.6 162.1 C Widness 26 4:19.5 15:58.7 161.2 R Ames 35 4:23.5 16:21.4 158.2 F Kunkel 47 4:18.7 16:58.7 156.7 A Raveling 26 4:26.7 17:55.8 150.2 B Roybal 53 4:44.8 18:18.8 143.7 J Bogus 33 4:34.6 18:33.0 145.5 S Ituda 42 4:57.2 19:02.2 138.0 J Papws 49 4:58.7 19:38.0 135.6 A Davis 31 4:59.5 19:54.1 134.5 Memon D Falmason 58 4:35.6 18:21.8 162.0 K Recker 26 5:09.8 19:21.6 148.8 - IIIItuliprincy36 5:38.2 21:02.8 1:36.5 - \$100 each to winning man & weman-Order is based on combined adjusted time	M60 Glendale Markwell 1.22 M75 Doc Bennett 1.17 W35 Fran Olsen Sharp 1.25 Pole Yault 1.25 M30 Daniel Dial 17-0 M45 Mike Steinmetz 9-6 M55 Dale Lance 12-0 M60 Charles Crawford 7-6 M65 John Rutheford 7-6 W55 Sue Tunnicliff 6-6 Long Jump 5.45 M30 R Adventure Jones 5.03 M40 Buddy Myers 4.66 M45 Jim Dolezel 5.58 M50 George Marchetti 5.23 M55 Wayne Skartwed 3.78 M60 Glendale Markwell 4.33 M70 Bill Carter 3.85	W55 Marion Collee 36.7 W60 Phyllis Provost 43.7 W70 Lillie Doss 59.6 400m 59.6 M35 Van Eisenbach 57.5 Tim Doss 85.6 M40 Bill Burton 56.2 Steve Cox 62.5 M45 T H Wilson 65.5 Randall Hollis 90.9 M50 Ed Jones 56.9 Paul Young 65.0 M55 Mack Stewart 59.0 David Larson 84.2 W50 Linda Pippin 86.5 W65 Phyllis Provost 1.44.6 W70 Lillie Dost 2:15.0 800m 3:16.5 M45 Mike McCracken 2:18.2 Randall Hollis 2:53.5 T H Wilson 3:02.4 M50 Lloyd Rust 2:36.0	M45 Dave Barber Jerry Brewer Randall Hollis M50 Jerry Poulson W D Petty Mark Chapman M55 John Conniff Howard Zingg Harold Crater M60 John Cantrell M65 Jim Gerhardt M70 Adolph Holfman Fred Adams Robert Dew W35 Carol Finsrud W40 Cheryl Mellenthin W70 Ruth Seeger Hammer N35 David Bolles Steve Bolles M40 Jeff Baty M50 Mark Chapman Monroe Astworth	116-10 101-0 51-6 111-4 106-5 100-6 145-4 119-0 104-11 130-9 132-7 89-10 74-10 39-10 165-7 72-2 58-10 107-4 102-0 117-6 72-6 72-1
M60 William Hearne 13-7¼ M65 Jim Powell 15-¼ M70 Shennan Duncan 9-11.75 M75 Vincent Newman 9-8 M80 Henry Olguin 6-1 M85 Casimir Bechner 9-5 W50 Eliz Rauschenbeger10-2.75 W60 Joan Doucet 10-6½ W65 Ruby Marchant 6-9½ W70 Josephine Edwards 4-7 W75 Harriet Ogle 7-2.75 Shot Put M50 Paul Economides 46-6 M55 Clyde Gossert 38-3 M60 Flovd Riddle 32-10 M65 Carl Longerot 30-9½ M70 Edwin Johnson 30-7½ M75 Robert Broadbent 25-4½ M80 Jack Pardee 24-4½ M85 Larry Sandoval 20-11 W50 June Decker 20-11 W50 Sarbara Hutchinson26-¼ W60 Dorothy O'Neal 21-11 W65 Char Strain 22-3	Triple Jump M30 John Allen 38-11½ M50 Bob Everoski 28-0 Shot Put 37-10 M50 Virgil Paulsen 39-1½ W30 Baiba Cunard 31-3 Discus M30 John Allen 101-4 M50 Virgil Paulsen 125-0 Senior Olympics Blue Springs, MO; Sept. 14-16 50m M50 M50 William Selbe 6.32 M55 Jack Harris 7.91 M60 Vern Schewe 7.34 M65 Earl Ventura 7.13 M70 Ernie Ilammond 8.94 M80+ Lloyd Allen 11.37 W50 Terry Powell 8.75	Paavo Nurmi Challenge Denver, CO; Sept. 15 -Age-adjusted time & continud starched- Men	M60 Glendale Markwell 1.22 M75 Doc Bennett 1.17 W35 Fran Olsen Sharp 1.25 Pole Vault 1.25 M30 Daniel Dial 17-0 M45 Mike Steinmetz 9-6 M55 Dale Lance 12-0 M60 Charles Crawford 7-6 M65 John Rutheford 7-6 W55 Sue Tunnicliff 6-6 Long Jump 5.45 M35 Don Broceus 5.03 M40 Buddy Myers 4.66 M45 Jim Dolezel 5.58 M50 George Marchetti 5.23 M55 Wayne Skartwed 3.78 M60 Glendale Markwell 4.33 M70 Bill Carter 3.85 M75 Doc Bennett 3.26	W55 Marion Collee 36.7 W60 Phyllis Provost 43.7 W70 Lillie Doss 59.6 400m 59.6 M35 Van Elsenbach 57.5 Tim Doss 85.6 M40 Bill Burton 56.2 Steve Cox 62.5 M45 T H Wilson 65.5 Randall Hollis 90.9 M50 Ed Jones 56.9 Paul Young 65.0 M55 Mack Slewart 59.0 David Larson 84.2 W50 Linda Pippin 86.5 W50 Linda Pippin 86.5 W50 Linda Pippin 86.5 W50 Linda Pippin 1:44.6 W70 Lillie Dost 2:15.0 800m 33.16.5 M45 Mike McCracken 2:18.2 Randall Hollis 2:53.5 T H Wilson 3:02.4 M50 Lloyd Rust 2:36.0 M55 Mack Stewart 2:23.7	M45 Dave Barber Jerry Brewer Randall Hollis M50 Jerry Poulson W D Petty Mark Chapman M55 John Connilf Howard Zingg Harold Crater M60 John Cantrell M65 Jim Gerhardt M70 Adolph Holfman Fred Adams Robert Dew W35 Carol Finsrud W40 Cheryl Mellenthin W70 Ruth Seeger Hammer M35 David Bolles Steve Bolles M40 Jeff Baly M50 Mark Chapman Monroe Ashworth M55 Howard Zingg	116-10 101-0 51-6 111-4 106-5 100-6 145-4 119-0 104-11 130-9 132-7 89-10 74-10 39-10 165-7 72-2 58-10 107-4 102-0 117-8 72-6 72-1 93-8
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M60 William Hearne 13-7\frac{1}{4}	Triple Jump 38-11½ M30 John Allen 38-11½ M50 Bob Everoski 28-0 Shot Put M30 Tom Carlstrom 37-10 M50 Virgil Paulsen 39-1½ W30 Baiba Cunard 31-3 Discus M30 John Allen 101-4 M50 Virgil Paulsen 125-0 Senior Olympics Blue Springs, MO; Sept. 14-16 Som M50 William Selbe 6.32 M55 Jack Harris 7.91 M60 Vern Schewe 7.34 M65 Earl Ventura 7.13 M70 Ernie Hammond 8.94 M75 Bob Warwick 8.95 M80+ Lloyd Allen 11.37 W50 Terry Powell 11.37 W55 Shirley Schumacher 10.85 W65 Joeann Collins 10.10 10.10 N50	Paa vo Nurmi Challenge Denver, CO; Sept. 15 -Age adjusted time & continued starturd-Man Age 1500 5000 & 1 S Schafer 40 4117.4 15:55.6 762.1 C Widness 26 4:19.5 15:58.7 161.2 R Ames 35 4:23.5 16:21.4 158.2 F Kunkel 47 4:18.7 16:58.7 156.7 A Raveling 26 4:26.7 17:55.8 150.2 B Roybal 53 4:44.8 18:18.8 143.7 J Boyus 33 4:34.6 18:33.0 145.5 S Ituda 42 4:57.2 19:02.2 138.0 J Pappas 49 4:58.7 19:38.0 135.6 A Davis 31 4:59.5 19:54.1 134.5 Momen D Fallmason 58 4:35.6 18:21.8 162.0 K Recker 26 5:09.8 19:21.6 148.8 - Illitribrinoy36 5:38.2 21:02.8 1:36.5 -3100 each to winning man & weman-Order is based on combined adjusted time SOUTHWEST Sooner State Games Norman, OK; June 29 100m M30 R Adventure Jones 11.80 M35 Mike Houston 11.70	M60 Glendale Markwell 1.22 M75 Doc Bennett 1.17 W35 Fran Olsen Sharp 1.25 Pole Vault 1.25 M30 Daniel Dial 17-0 M45 Mike Steinmetz 9-6 M55 Dale Lance 12-0 M60 Charles Crawford 7-6 M65 John Rutheford 7-6 W55 Sue Tunnicliff 6-6 Long Jump 5.45 M35 Don Broceus 5.03 M40 Buddy Myers 4.66 M45 Jim Dolezel 5.58 M50 George Marchetti 5.23 M55 Wayne Skartwed 3.78 M60 Glendale Markwell 4.33 M70 Bill Carter 3.85 M75 Doc Bennett 3.26	W55 Marion Collee 36.7 W60 Phyllis Provost 43.7 W70 Lillie Doss 59.6 400m 59.6 M35 Van Elsenbach 57.5 Tim Doss 85.6 M40 Bill Burton 56.2 Steve Cox 62.5 M45 T H Wilson 65.5 Randall Hollis 90.9 M50 Ed Jones 56.9 Paul Young 65.0 M55 Mack Stewart 59.0 David Larson 84.2 W50 Linda Pippin 86.5 W65 Phyllis Provost 1:44.6 W70 Lillie Dost 2:15.0 800m 300m M35 Tim Doss 3:16.5 M45 Mike McCracken 2:18.2 Randall Hollis 2:53.5 T H Wilson 3:02.4 M50 Lloyd Rust 2:36.0 M55 Mack Stewart 2:23.7 W50 Llnda Pippin 3:21.5 W50 Llnda Pippin 3:21.5 W60 Phyllis Provost 3:48.0 W70 Lilie Doss 4:58.	M45 Dave Barber Jerry Brewer Randall Hollis M50 Jerry Poulson W D Petty Mark Chapman M55 John Conniff Howard Zingg Harold Crater M60 John Cantrell M65 Jim Gerhardt M70 Adolph Holfman Fred Adams Robert Dew W35 Carol Finsrud W40 Cheryl Mellenthin W70 Ruth Seeger Hammer N35 David Boiles Steve Boiles M40 Jeff Baty M50 Mark Chapman Monroe Ashworth M55 Howard Zingg John Conniff Don North M60 John Cantrell	116-10 101-0 51-6 111-4 106-5 100-6 145-4 119-0 104-11 130-9 132-7 89-10 74-10 39-10 165-7 72-2 58-10 107-4 102-0 117-6 72-1 93-8 92-7 76-7 108-6
M60 William Hearne 13-7¼ M65 Jim Powell 15-¼ M70 Shennan Duncan 9-11.75 M75 Vincent Newman 9-8 M80 Henry Olguin 6-1 M85 Casimir Bechner 9-5 W50 Eliz Rauschenbeger10-2.75 W60 Joan Doucet 10-6½ W65 Ruby Marchant 6-9½ W70 Josephine Edwards 4-7 W75 Harriet Oyle 7-2.75 Shot Put M50 Paul Economides 46-6 M55 Clyde Gossert 38-3 M60 Flovd Riddle 32-10 M65 Carl Longerot 30-9½ M70 Edwin Johnson 30-7½ M75 Robert Broadbent 25-4½ M80 Jack Pardee 24-4½ M85 Larry Sandoval 20-11 W55 Barbara Hutchinson26-¼ W60 Dorothy O'Neal 21-11 W65 Char Strain 22-3 W70 Ann Toya W75 Ida Maye Sanders 14-11½ W80 Lou Sandoval 12-10 Discus	Triple Jump M30 John Allen 38-11½	Paa vo Nurmi Challenge Denver, CO; Sept. 15 -Age adjusted time & continud starturd-Man Age 1500 5000 & 1 S Schafer 40 4117.4 15:55.6 162.1. C Widness 26 4:19.5 15:58.7 161.2 R Ames 35 4:23.5 16:21.4 158.2 F Kunkel 47 4:18.7 16:58.7 156.7 A Raveling 26 4:26.7 17:55.8 150.2 B Roybal 53 4:44.8 18:18.8 143.7 J Boyus 33 4:34.6 18:33.0 145.5 S Ituda 42 4:57.2 19:02.2 138.0 J Pappas 49 4:58.7 19:38.0 135.6 A Davis 31 4:59.5 19:54.1 134.5 Momon D Falmason 58 4:35.6 18:21.8 162.0 K Recker 26 5:09.8 19:21.6 148.8 - Illitribrinoy36 5:38.2 21:02.8 1:36.5 -\$100 each to winning man & weman-Order is based on combined adjusted time SOUTHWEST Sooner State Games Norman, OK; June 29 100m M30 R Adventure Jones 11.80 M35 Mike Houston 11.70 M40 Colin Williams 11.54	M60 Glendale Markwell 1.22 M75 Doc Bennett 1.17 W35 Fran Olsen Sharp 1.25 Pole Vault 1.25 M30 Daniel Dial 17-0 M45 Mike Steinmetz 9-6 M55 Dale Lance 12-0 M60 Charles Crawford 7-6 M65 John Rutheford 7-6 W55 Sue Tunnicliff 6-6 Long Jump 5.45 M30 R Adventure Jones 5.03 M40 Buddy Myers 4.66 M45 Jim Dolezel 5.58 M50 George Marchetti 5.23 M55 Wayne Skartwed 3.78 M60 Glendale Markwell 4.33 M70 Bill Carter 3.85 M75 Doc Bennett 3.26 W40 Suzy Calonkey 2.71 W50 Judith Murphy nma W55 Sue Tunnicliff 2.69 Triple Jump	W55 Marion Collee 36.7 W60 Phyllis Provost 43.7 W70 Lillie Doss 59.6 400m 59.6 M35 Van Eisenbach 57.5 Tim Doss 85.6 M40 Bill Burton 56.2 Steve Cox 62.5 M45 T H Wilson 65.5 Randall Hollis 190.9 M50 Ed Jones 56.9 Paul Young 65.0 M55 Mack Stewart 59.0 David Larson 84.2 W50 Linda Pippin 86.5 W70 Lillie Dost 2:15.0 800m M35 Tim Doss 3:16.5 M45 Mike McCracken 2:18.2 Randall Hollis 2:53.5 T H Wilson 3:02.4 M50 Lloyd Rust 2:36.0 M55 Mack Stewart 2:23.7 W50 Linda Pippin 3:21.5 W60 Phyllis Provost 3:48.0 W70 Lillie Doss 4:58.0 1500m	M45 Dave Barber Jerry Brewer Randall Hollis M50 Jerry Poulson W D Petty Mark Chapman M55 John Conniff Howard Zingg Harold Crater M60 John Cantrell M65 Jim Gerhardt M70 Adolph Holfman Fred Adams Robert Dew W35 Carol Finsrud W40 Cheryl Mellenthin W70 Ruth Seeger Hammer N435 David Bolles Steve Bolles M40 Jeff Baty M50 Mark Chapman Monroe Ashworth M55 Howard Zingg John Conniff Don North M60 John Cantrell Milton Brady	116-10 101-0 51-6 111-4 106-5 100-6 145-4 119-0 104-11 130-9 132-7 89-10 74-10 39-10 165-7 72-2 58-10 107-4 102-0 117-6 72-6 72-1 93-8 92-7 76-7 108-6 91-11
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M60 William Hearne 13-7¼ M65 Jim Powell 15-¼ M70 Shennan Duncan 9-11.75 M75 Vincent Newman 9-8 M80 Henry Olguin 6-1 M85 Casimir Bechner 9-5 W50 Eliz Rauschenbeger10-2.75 W60 Joan Doucet 10-6½ W65 Ruby Marchant 6-9½ W70 Josephine Edwards 4-7 W75 Harriet Oyle 7-2.75 Shot Put M50 Paul Economides 46-6 M55 Clyde Gossert 38-3 M60 Flovd Riddle 32-10 M65 Carl Longerot 30-9½ M70 Edwin Johnson 30-7½ M75 Robert Broadbent 25-4½ M80 Jack Pardee 24-4½ M85 Larry Sandoval 20-11 W55 Barbara Hutchinson26-¼ W60 Dorothy O'Neal 21-11 W65 Char Strain 22-3 W70 Ann Toya W75 Ida Maye Sanders 14-11½ W80 Lou Sandoval 12-10 Discus	Triple Jump M30 John Allen 38-11½	Paa vo Nurmi Challenge Denver, CO; Sept. 15 -Age adjusted time & contained stardard-Man South 17. 4 15:55.6 162.1 C Widness 26 4:19.5 15:58.7 161.2 R Ames 35 4:21.3 16:23.7 16:58.7 156.7 A Raveling 26 4:29.5 16:21.4 158.2 F Kunkel 47 4:18.7 16:58.7 156.7 A Raveling 26 4:26.7 71:55.8 150.2 B Roybal 53 4:44.8 18:18.8 143.7 J Bogus 33 4:34.6 18:33.0 135.6 A Bavis 31 4:59.7 19:38.0 135.6 A Bavis 31 4:59.7 19:38.0 135.6 K Recker 26 5:09.8 19:21.6 148.8 -Ililtribringy36 5:38.2 21:02.8 1:36.5 -\$100 each to winning man & woman-Order is based on combined adjusted time SOUTHWEST Sooner State Games Norman, OK; June 29 100m M30 R Adventure Jones 11.80 M35 Mike Houston 11.70 M40 Colin Williams 11.54 M45 Jim Dolezel 11.95 M50 Tom Fisher 12.90	M60 Glendale Markwell 1.22 M75 Doc Bennett 1.17 W35 Fran Olsen Sharp 1.25 Pole Vault 1.25 M30 Daniel Dial 17-0 M45 Mike Steinmetz 9-6 M55 Dale Lance 12-0 M60 Charles Crawford 7-6 M65 John Rutheford 7-6 W55 Sue Tunnicliff 6-6 Long Jump 5.45 M30 R Adventure Jones 5.03 M40 Buddy Myers 4.66 M45 Jim Dolezel 5.58 M50 George Marchetti 5.23 M55 Wayne Skartwed 3.78 M60 Glendale Markwell 4.33 M70 Bill Carter 3.26 W40 Suzy Calonkey 2.71 W50 Judith Murphy nma W55 Sue Tunnicliff 2.69 Triple Jump M45 M45 Sam Pfenning 7.76	W55 Marion Collee 36.7 W60 Phyllis Provost 43.7 W70 Lillie Doss 59.6 400m 59.6 M35 Van Elsenbach 57.5 Tim Doss 85.6 M40 Bill Burton 56.2 Steve Cox 62.5 M45 T H Wilson 65.5 Randall Hollis 90.9 M50 Ed Jones 56.9 Paul Young 65.0 M55 Mack Stewart 59.0 David Larson 84.2 W50 Linda Pippin 86.5 W65 Phyllis Provost 1:44.6 W70 Lillie Dost 2:15.0 800m 33.16.5 M45 Mike McCracken 2:18.2 Randall Hollis 2:53.5 T H Wilson 3:02.4 M50 Lloyd Rust 2:36.0 M55 Mack Stewart 2:23.7 W50 LInda Pippin 3:21.5 W60 Phyllis Provost 3:48.0 W70 Lillie Doss 4:58.0 M55 Tim Doss 4:58.0 M50 Mike McCracken <td< td=""><td>M45 Dave Barber Jerry Brewer Randall Hollis M50 Jerry Poulson W D Petty Mark Chapman M55 John Conniff Howard Zingg Harold Crater M60 John Cantrell M65 Jim Gerhardt M70 Adolph Holfman Fred Adams Robert Dew W35 Carol Finsrud W40 Cheryl Mellenthin W70 Ruth Seeger Hammer N435 David Bolles Steve Bolles M40 Jeff Baty M50 Mark Chapman Monroe Ashworth M55 Howard Zingg John Conniff Don North M60 John Cantrell Milton Brady Ward Landry M65 Skip Meneely M70 Fred Adams</td><td>116-10 101-0 51-6 111-4 106-5 100-6 145-4 119-0 104-11 130-9 132-7 89-10 74-10 39-10 165-7 72-2 58-10 107-4 102-0 117-6 72-6 72-1 93-8 92-7 76-7 108-6 91-11 81-6 69-11 78-11</td></td<>	M45 Dave Barber Jerry Brewer Randall Hollis M50 Jerry Poulson W D Petty Mark Chapman M55 John Conniff Howard Zingg Harold Crater M60 John Cantrell M65 Jim Gerhardt M70 Adolph Holfman Fred Adams Robert Dew W35 Carol Finsrud W40 Cheryl Mellenthin W70 Ruth Seeger Hammer N435 David Bolles Steve Bolles M40 Jeff Baty M50 Mark Chapman Monroe Ashworth M55 Howard Zingg John Conniff Don North M60 John Cantrell Milton Brady Ward Landry M65 Skip Meneely M70 Fred Adams	116-10 101-0 51-6 111-4 106-5 100-6 145-4 119-0 104-11 130-9 132-7 89-10 74-10 39-10 165-7 72-2 58-10 107-4 102-0 117-6 72-6 72-1 93-8 92-7 76-7 108-6 91-11 81-6 69-11 78-11
M60 William Hearne 13-7\frac{1}{4} M65 Jim Powell 15-4 M70 Shennan Duncan 9-11.75 M75 Vincent Newman 9-8 M80 Henry Olguin 6-1 M85 Casimir Bechner 9-5 M50 Eliz Rauschenbeger10-2.75 W60 Joan Doucet 10-6\frac{1}{2} W65 Ruby Marchant 6-9\frac{1}{2} W70 Josephine Edwards 4-7 W75 Harriet Oyle 7-2.75 Shot Put M50 Paul Economides 46-6 M55 Clyde Gossert 38-3 M60 Floyd Riddle 32-10 M65 Carl Longerot 30-9\frac{1}{2} M75 Robert Broadbent 25-4\frac{1}{2} M80 Jack Pardee 24-4\frac{1}{2} M80 Jack Pardee 24-4\frac{1}{2} M85 Larry Sandoval 20-11 W55 Barbara Hutchinson26-\frac{1}{2} W60 Dorothy O'Neal 21-11 W65 Char Strain 22-3 W70 Ann Toya 22-7\frac{1}{2} W75 Ida Maye Sanders 14-11\frac{1}{2} W80 Lou Sandoval 12-10 Discus M50 Faul Economides 142-5 M50 Faul Economides 142-5 M50 Faul Longerot 95-5	Triple Jump M30 John Allen 38-11½ M50 Bob Everoski 28-0 Shot Put M30 Tom Carlstrom 37-10 M50 Virgil Paulsen 39-1½ M30 John Allen 101-4 M50 Virgil Paulsen 125-0	Paa vo Nurmi Challenge Denver, CO; Sept. 15 -Age adjusted time & continua starturd-Men	M60 Glendale Markwell 1.22 M75 Doc Bennett 1.17 W35 Fran Olsen Sharp 1.25 Pole Vault 1.25 M30 Daniel Dial 17-0 M45 Mike Steinmetz 9-6 M55 Dale Lance 12-0 M60 Charles Crawford 7-6 M65 John Rutheford 7-6 W55 Sue Tunnicliff 6-6 Long Jump 5.45 M30 R Adventure Jones 5.03 M40 Buddy Myers 4.66 M45 Jim Dolezel 5.58 M50 George Marchetti 5.23 M50 George Markwell 4.33 M70 Bill Carter 3.85 M75 Doc Bennett 3.26 W40 Suzy Calonkey 2.71 W50 Judith Murphy ma W55 Sue Tunnicliff 2.69 Triple Jump M45 Jim Dolezel 10.48 M50 Sam Pfenning 7.76 M55 Wayne Skartwed 9.30	W55 Marion Collee 36.7 W60 Phyllis Provost 43.7 W70 Lillie Doss 59.6 400m 59.6 M35 Van Eisenbach 57.5 Tim Doss 85.6 M40 Bill Burton 56.2 Steve Cox 62.5 M45 TH Wilson 65.5 Randall Hollis 90.9 M50 Ed Jones 56.0 Paul Young 65.0 M55 Mack Stewart 59.0 David Larson 84.2 W50 Linda Pippin 86.5 W70 Lillie Dost 2:15.0 800m 3:16.5 M35 Tim Doss 3:16.5 M55 Mack McCracken 2:18.2 Randall Hollis 2:53.5 T H Wilson 3:02.4 M50 Lloyd Rust 2:36.0 M55 Mack Stewart 2:23.7 W50 Llnda Pippin 3:21.5 W60 Phyllis Provost 3:48.0 W70 Lillie Doss 4:58.0 1500m 4:58.0 M35 Tim Doss 7:23.1	M45 Dave Barber Jerry Brewer Randall Hollis M50 Jerry Poulson W D Petty Mark Chapman M55 John Conniff Howard Zingg Harold Crater M60 John Cantrell M65 Jim Gerhardt M70 Adolph Holfman Fred Adams Robert Dew W35 Carol Finsrud W40 Cheryl Mellenthin W70 Ruth Seeger Hammer M35 David Bolles Steve Bolles M40 Jeff Baty M50 Mark Chapman Monroe Ashworth M55 Howard Zingg John Conniff Don North M60 John Cantrell Milton Brady Ward Landry M65 Skip Meneely M70 Fred Adams Adolph Holfman	116-10 101-0 51-6 111-4 106-5 100-6 145-4 119-0 104-11 130-9 132-7 89-10 74-10 39-10 165-7 72-2 58-10 107-4 102-0 117-6 72-1 93-8 92-7 76-7 108-6 91-11 81-6 69-11 74-11
M60 William Hearne 13-7\frac{1}{4} M65 Jim Powell 15-4 M70 Shennan Duncan 9-11.75 M75 Vincent Newman 9-8 M80 Henry Olguin 6-1 M85 Casimir Bechner 9-5 W50 Eliz Rauschenbeger10-2.75 W60 Joan Doucet 10-6\frac{1}{2} W65 Ruby Marchant 6-9\frac{1}{2} W70 Josephine Edwards 4-7 W75 Harriet Oyle 7-2.75 Shot Put M50 Paul Economides 46-6 M55 Clyde Gossert 38-3 M60 Floyd Riddle 32-10 M65 Carl Longerot 30-9\frac{1}{2} M70 Edwin Johnson 30-7\frac{1}{2} M75 Robert Broadbent 25-4\frac{1}{2} M85 Larry Sandoval 20-11 W55 Barbara Hutchinson26-\frac{1}{4} W60 Dorothy O'Neal 21-11 W55 Barbara Hutchinson26-\frac{1}{4} W60 Dorothy O'Neal 21-11 W65 Char Strain 22-3 W75 Ida Maye Sanders 14-11\frac{1}{2} W80 Lou Sandoval 12-10 Discus M50 Paul Economides 142-5 M55 Tim Fleming 105-11 M60 Floyd Riddle 131-7 M60 Floyd Riddle 131-7 M60 Floyd Riddle 95-5 Roy Johnson 94-1	Triple Jump M30 John Allen 38-11½	Paa vo Nurmi Challenge Denver, CO; Sept. 15 -Age adjusted time & contained stardard-Man South 17. 4 15:55.6 162.1 C Widness 26 4:19.5 15:58.7 161.2 R Ames 35 4:21.3 16:23.7 16:58.7 156.7 A Raveling 26 4:29.5 16:21.4 158.2 F Kunkel 47 4:18.7 16:58.7 156.7 A Raveling 26 4:26.7 71:55.8 150.2 B Roybal 53 4:44.8 18:18.8 143.7 J Bogus 33 4:34.6 18:33.0 135.6 A Bavis 31 4:59.7 19:38.0 135.6 A Bavis 31 4:59.7 19:38.0 135.6 K Recker 26 5:09.8 19:21.6 148.8 -Ililtribringy36 5:38.2 21:02.8 1:36.5 -\$100 each to winning man & woman-Order is based on combined adjusted time SOUTHWEST Sooner State Games Norman, OK; June 29 100m M30 R Adventure Jones 11.80 M35 Mike Houston 11.70 M40 Colin Williams 11.54 M45 Jim Dolezel 11.95 M50 Tom Fisher 12.90	M60 Glendale Markwell 1.22 M75 Doc Bennett 1.17 W35 Fran Olsen Sharp 1.25 Pole Vault 1.25 M30 Daniel Dial 17-0 M45 Mike Steinmetz 9-6 M55 Dale Lance 12-0 M60 Charles Crawford 7-6 M65 John Rutheford 7-6 W55 Sue Tunnicliff 6-6 Long Jump 5.45 M30 R Adventure Jones 5.03 M40 Buddy Myers 4.66 M45 Jim Dolezel 5.58 M50 George Marchetti 5.23 M55 Wayne Skartwed 3.78 M60 Glendale Markwell 4.33 M70 Bill Carter 3.26 W40 Suzy Calonkey 2.71 W50 Judith Murphy nma W55 Sue Tunnicliff 2.69 Triple Jump M45 M45 Sam Pfenning 7.76	W55 Marion Collee 36.7 W60 Phyllis Provost 43.7 W70 Lillie Doss 59.6 400m 59.6 M35 Van Elsenbach 57.5 Tim Doss 85.6 M40 Bill Burton 56.2 Steve Cox 62.5 M45 T H Wilson 65.5 Randall Hollis 90.9 M50 Ed Jones 56.9 Paul Young 65.0 M55 Mack Stewart 59.0 David Larson 84.2 W50 Linda Pippin 86.5 W65 Phyllis Provost 1:44.6 W70 Lillie Dost 2:15.0 800m 33.16.5 M45 Mike McCracken 2:18.2 Randall Hollis 2:53.5 T H Wilson 3:02.4 M50 Lloyd Rust 2:36.0 M55 Mack Stewart 2:23.7 W50 LInda Pippin 3:21.5 W60 Phyllis Provost 3:48.0 W70 Lillie Doss 4:58.0 M55 Tim Doss 4:58.0 M50 Mike McCracken <td< td=""><td>M45 Dave Barber Jerry Brewer Randall Hollis M50 Jerry Poulson W D Petty Mark Chapman M55 John Conniff Howard Zingg Harold Crater M60 John Cantrell M65 Jim Gerhardt M70 Adolph Holfman Fred Adams Robert Dew W35 Carol Finsrud W40 Cheryl Mellenthin W70 Ruth Seeger Hammer N435 David Bolles Steve Bolles M40 Jeff Baty M50 Mark Chapman Monroe Ashworth M55 Howard Zingg John Conniff Don North M60 John Cantrell Milton Brady Ward Landry M65 Skip Meneely M70 Fred Adams</td><td>116-10 101-0 51-6 111-4 106-5 100-6 145-4 119-0 104-11 130-9 132-7 89-10 74-10 39-10 165-7 72-2 58-10 107-4 102-0 117-6 72-6 72-1 93-8 92-7 76-7 108-6 91-11 81-6 69-11 78-11</td></td<>	M45 Dave Barber Jerry Brewer Randall Hollis M50 Jerry Poulson W D Petty Mark Chapman M55 John Conniff Howard Zingg Harold Crater M60 John Cantrell M65 Jim Gerhardt M70 Adolph Holfman Fred Adams Robert Dew W35 Carol Finsrud W40 Cheryl Mellenthin W70 Ruth Seeger Hammer N435 David Bolles Steve Bolles M40 Jeff Baty M50 Mark Chapman Monroe Ashworth M55 Howard Zingg John Conniff Don North M60 John Cantrell Milton Brady Ward Landry M65 Skip Meneely M70 Fred Adams	116-10 101-0 51-6 111-4 106-5 100-6 145-4 119-0 104-11 130-9 132-7 89-10 74-10 39-10 165-7 72-2 58-10 107-4 102-0 117-6 72-6 72-1 93-8 92-7 76-7 108-6 91-11 81-6 69-11 78-11
M60 William Hearne 13-7\frac{1}{4} M65 Jim Powell 15-4 M70 Shennan Duncan 9-11.75 M75 Vincent Newman 9-8 M80 Henry Olguin 6-1 M85 Casimir Bechner 9-5 M50 Eliz Rauschenbeger10-2.75 M60 Joan Doucet 10-6\frac{1}{2} M65 Ruby Marchant 6-9\frac{1}{2} W70 Josephine Edwards 4-7 W75 Harriet Oyle 7-2.75 Shot Put M50 Paul Economides 46-6 M55 Clyde Gossert 38-3 M60 Floyd Riddle 32-10 M65 Carl Longerot 30-9\frac{1}{2} M70 Edwin Johnson 30-7\frac{1}{2} M80 Jack Pardee 24-4\frac{1}{2} M80 Jack Pardee 24-4\frac{1}{2} M85 Larry Sandoval 20-11 W50 June Decker 20-11 W50 Barbara Hutchinson26-\frac{1}{4} W60 Dorothy O'Neal 21-11 W65 Char Strain 22-3 W70 Ann Toya 22-7\frac{1}{2} W75 Ida Maye Sanders 14-11\frac{1}{2} W80 Lou Sandoval 12-10 Discus M50 Paul Economides 142-5 M50 Paul Economides 142-5 M50 Paul Economides 131-7 M60 Floyd Riddle 131-7 M60 Floyd Riddle 131-7 M60 Edwin Johnson 94-1 M70 Edwin Johnson 101-2 M75 Robert Broadbent 65-1	Triple Jump M30 John Allen 38-11½	Paa vo Nurmi Challenge Denver, CO; Sept. 15 -Age-adjusted time & contained standard-Man Age 1500 5000 4 4117.4 15:55.6 162.1 C Midness 26 4:19.5 15:58.7 161.2 R Ames 35 4:23.5 16:21.4 158.2 F Kunkel 47 4:18.7 16:58.7 156.7 A Raveling 26 4:26.7 17:55.8 150.2 B Roybal 33 4:34.6 18:31.3 145.5 S Ituda 42 4:57.2 19:02.2 138.0 J Paguss 49 4:58.7 19:38.0 135.6 A Davis 31 4:59.5 19:54.1 134.5 Memon D Falmason 58 4:35.6 18:21.8 162.0 K Recker 26 5:09.8 19:21.6 148.8 -1111tnBrinoy36 5:38.2 21:02.8 1:36.5 -3100 each to winning man & weman-Order is based on combined adjusted time **SOUTHWEST** Sooner State Games Norman, OK; June 29 100m M30 R Adventure Jones 11.80 M35 Mike Houston 11.70 M40 Colin Williams 11.54 M45 Jim Dolezel 11.95 M50 Tom Fisher 12.90 M55 Dale Lance 12.70 M60 Bob Santine 13.48 M65 Jack Pritchard 14.30 M70 Bill Carter 150.00	M60 Glendale Markwell 1.22 M75 Doc Bennett 1.17 W35 Fran Olsen Sharp 1.25 Pole Vault 1.25 M30 Daniel Dial 17-0 M45 Mike Steinmetz 9-6 M55 Dale Lance 12-0 M60 Charles Crawford 7-6 M65 John Rutheford 7-6 W55 Sue Tunnicliff 6-6 Long Jump 5.45 M35 Don Broceus 5.03 M40 Buddy Myers 4.66 M45 Jim Dolezel 5.58 M50 George Marchetti 5.23 M55 Wayne Skartwed 3.78 M60 Glendale Markwell 4.33 M70 Bill Carter 3.85 M75 Doc Bennett 2.69 Triple Jump 10.48 M50 Sam Pfenning 7.76 M55 Wayne Skartwed 9.30 M60 Glendale Markwell 9.30 M60 Glendale Markwell 9.42 M75 Doc Bennett 6.78 Shot Put	W55 Marion Collee 36.7 W60 Phyllis Provost 43.7 W70 Lillie Doss 59.6 400m 59.6 M35 Van Eisenbach 57.5 Tim Doss 85.6 M40 Bill Burton 56.2 Steve Cox 62.5 M45 TH Wilson 65.5 Randall Hollis 90.9 M50 Ed Jones 56.9 Paul Young 65.0 M55 Mack Stewart 59.0 David Larson 84.2 W50 Linda Pippin 86.5 W50 Linda Pippin 86.5 W70 Lillie Dost 2:15.0 800m 3:16.5 M35 Tim Doss 3:16.5 M55 Mack McCracken 2:18.2 Randall Hollis 2:53.5 T H Wilson 3:02.4 M50 Lloyd Rust 2:36.0 M55 Mack Stewart 2:23.7 W50 Llnda Pippin 3:21.5 W60 Phyllis Provost 3:48.0 W70 Lilie Doss 4:58.0 1500m 4:58.0 <td>M45 Dave Barber Jerry Brewer Randall Hollis M50 Jerry Poulson W D Petty Mark Chapman M55 John Conniff Howard Zingg Harold Crater M60 John Cantrell M65 Jim Gerhardt M70 Adolph Holfman Fred Adams Robert Dew W35 Carol Finsrud W40 Cheryl Mellenthin W70 Ruth Seeger Hammer M35 David Bolles Steve Bolles M40 Jeff Baty M50 Mark Chapman Monroe Ashworth M55 Howard Zingg John Conniff Don North M60 John Cantrell Milton Brady Ward Landry M65 Skip Meneely M70 Fred Adams Adolph Hoffman W35 Carol Finsrud W40 Cheryl Mellenthin Javelin</td> <td>116-10 101-0 51-6 111-4 106-5 100-6 145-4 119-0 104-11 130-9 132-7 89-10 74-10 39-10 165-7 72-2 58-10 107-4 102-0 117-6 72-1 93-8 92-7 76-7 108-6 91-11 81-6 69-11 78-11 78-11 74-11 105-9 48-10</td>	M45 Dave Barber Jerry Brewer Randall Hollis M50 Jerry Poulson W D Petty Mark Chapman M55 John Conniff Howard Zingg Harold Crater M60 John Cantrell M65 Jim Gerhardt M70 Adolph Holfman Fred Adams Robert Dew W35 Carol Finsrud W40 Cheryl Mellenthin W70 Ruth Seeger Hammer M35 David Bolles Steve Bolles M40 Jeff Baty M50 Mark Chapman Monroe Ashworth M55 Howard Zingg John Conniff Don North M60 John Cantrell Milton Brady Ward Landry M65 Skip Meneely M70 Fred Adams Adolph Hoffman W35 Carol Finsrud W40 Cheryl Mellenthin Javelin	116-10 101-0 51-6 111-4 106-5 100-6 145-4 119-0 104-11 130-9 132-7 89-10 74-10 39-10 165-7 72-2 58-10 107-4 102-0 117-6 72-1 93-8 92-7 76-7 108-6 91-11 81-6 69-11 78-11 78-11 74-11 105-9 48-10
M60 William Hearne 13-7\frac{1}{4} M65 Jim Powell 15-4 M70 Shennan Duncan 9-11.75 M75 Vincent Newman 9-8 M80 Henry Olguin 6-1 M85 Casimir Bechner 9-5 W50 Eliz Rauschenbeger10-2.75 W60 Joan Doucet 10-6\frac{1}{2} W65 Ruby Marchant 6-9\frac{1}{2} W70 Josephine Edwards 4-7 W75 Harriet Oyle 7-2.75 Shot Put M50 Paul Economides 46-6 M55 Clyde Gossert 38-3 M60 Floyd Riddle 32-10 M65 Carl Longerot 30-9\frac{1}{2} M75 Robert Broadbent 25-4\frac{1}{2} M80 Jack Pardee 24-4\frac{1}{2} M85 Larry Sandoval 20-11 W55 Barbara Hutchinson26-\frac{1}{4} W60 Dorothy O'Neal 21-11 W65 Char Strain 22-3 W70 Ann Toya 22-7\frac{1}{2} W75 Ida Maye Sanders 14-11\frac{1}{2} W80 Lou Sandoval 12-10 Discus M50 Paul Economides 142-5 M55 Tim Fleming 105-11 M60 Floyd Riddle 131-7 M60 Floyd Riddle 131-7 M70 Edwin Johnson 94-1 M70 Edwin Johnson 101-2 M75 Robert Broadbent 65-1 M80 Ralph Bowyer 70-7	Triple Jump M30 John Allen 38-11½	Paa vo Nurmi Challenge Denver, CO; Sept. 15 -Age adjusted time & contained starturd- Man Age 1500 5000 & 1 S Schafer 40 417.4 15:55.6 162.1 C Widness 26 4:19.5 15:58.7 161.2 R Ames 35 4:23.5 16:21.4 158.2 F Kunkel 47 4:18.7 16:58.7 156.7 A Raveling 26 4:29.5 16:22.1 158.2 B Roybal 53 4:44.8 18:18.8 143.7 J Bogus 31 4:33.6 18:33.0 145.5 S Iluda 42 4:57.2 19:02.2 138.0 J Paryws 49 4:58.7 19:38.0 135.6 A Davis 31 4:59.5 19:54.1 134.5 Momen D Falmason 58 4:35.6 18:21.8 162.0 K Recker 26 5:09.8 19:21.6 148.8 -Ililtribrinoy36 5:38.2 21:02.8 1:36.5 -\$100 each to winning man & woman- Order is based on combined adjusted time SOUTHWEST Sooner State Games Norman, OK; June 29 100m M30 R Adventure Jones 11.80 M35 Mike Houston 11.70 M40 Colin Williams 11.54 M45 Jim Dolezel 11.95 M50 Tom Fisher 12.90 M55 Dale Lance 12.70 M60 Bob Santine 13.48 M65 Jack Pritchard 14.30 M75 Doc Bennett 19.20	M60 Glendale Markwell 1.22 M75 Doc Bennett 1.17 W35 Fran Olsen Sharp 1.25 Pole Vault 1.25 M30 Daniel Dial 17-0 M45 Mike Steinmetz 9-6 M55 Dale Lance 12-0 M60 Charles Crawford 7-6 M65 John Rutheford 7-6 W55 Sue Tunnicliff 6-6 Long Jump 5.45 M30 R Adventure Jones 5.03 M40 Buddy Myers 4.66 M45 Jim Dolezel 5.58 M50 George Marchetti 5.23 M55 Wayne Skartwed 3.78 M60 Glendale Markwell 4.33 M70 Bill Carter 3.26 W40 Suzy Calonkey 2.71 W50 Judith Murphy nma W55 Sue Tunnicliff 2.69 Triple Jump 10.48 M50 Sam Pfenning 7.76 M55 Wayne Skartwed 9.30 M60 Glendale Markwell 9.42 M75 Doc Bennett 6.78 Shot Put 4.28 M30 Tom Arrington 12.87	W55 Marion Collee 36.7 W60 Phyllis Provost 43.7 W70 Lillie Doss 59.6 400m 59.6 M35 Van Eisenbach 57.5 Tim Doss 85.6 M40 Bill Burton 56.2 Steve Cox 62.5 M45 T H Wilson 65.5 Randall Hollis 90.9 M50 Ed Jones 56.9 Paul Young 65.0 M55 Mack Stewart 59.0 David Larson 84.2 W50 Linda Pippin 86.5 W65 Phyllis Provost 1.44.6 W70 Lillie Dost 2:15.0 800m 300m M35 Tim Doss 3:16.5 M45 Mike McCracken 2:18.2 Randall Hollis 2:53.5 T H Wilson 3:02.4 M50 Lloyd Rust 2:36.0 M55 Mack Stewart 2:23.7 W50 Llnda Pippin 3:21.5 W60 Phyllis Provost 3:48.0 W70 Lillie Doss 4:58.0 1500m 4:58.0	M45 Dave Barber Jerry Brewer Randall Hollis M50 Jerry Poulson W D Petty Mark Chapman M55 John Conniff Howard Zingg Harold Crater M60 John Cantrell M65 Jim Gerhardt M70 Adolph Holfman Fred Adams Robert Dew W35 Carol Finsrud W40 Cheryl Mellenthin W70 Ruth Seeger Hammer 1.435 David Bolles Steve Bolles M40 Jeff Baly M50 Mark Chapman Monroe Ashworth M55 Howard Zingg John Conniff Don North M60 John Cantrell Milton Brady Ward Landry M65 Skip Meneely M70 Fred Adams Adolph Holfman W35 Carol Finsrud W40 Cheryl Mellenthin Javelin M35 David Bolles	116-10 101-0 51-6 111-4 108-5 100-6 145-4 119-0 104-11 130-9 132-7 89-10 74-10 39-10 165-7 72-2 58-10 107-4 102-0 117-6 72-1 93-8 92-7 76-7 108-6 91-11 81-6 69-11 74-11 105-9 48-10 136-4
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M60 William Hearne 13-7\frac{1}{4} M65 Jim Powell 15-4 M70 Shennan Duncan 9-11.75 M75 Vincent Newman 9-8 M80 Henry Olguin 6-1 M85 Casimir Bechner 9-5 W50 Eliz Rauschenbeger10-2.75 W60 Joan Doucet 10-6\frac{1}{2} W65 Ruby Marchant 6-9\frac{1}{2} W70 Josephine Edwards 4-7 W75 Harriet Oyle 7-2.75 Shot Put M50 Paul Economides 46-6 M55 Clyde Gossert 38-3 M60 Floyd Riddle 32-10 M65 Carl Longerot 30-9\frac{1}{2} M75 Robert Broadbent 25-4\frac{1}{2} M80 Jack Pardee 24-4\frac{1}{2} M85 Larry Sandoval 20-11 W55 Barbara Hutchinson26-\frac{1}{4} W60 Dorothy O'Neal 21-11 W65 Char Strain 22-3 W70 Ann Toya 22-7\frac{1}{2} W75 Ida Maye Sanders 14-11\frac{1}{2} W80 Lou Sandoval 12-10 Discus M50 Paul Economides 142-5 M55 Tim Fleming 105-11 M60 Floyd Riddle 131-7 M60 Floyd Riddle 131-7 M70 Edwin Johnson 94-1 M70 Edwin Johnson 101-2 M75 Robert Broadbent 65-1 M80 Ralph Bowyer 70-7	Triple Jump M30 John Allen 38-11½	Paa vo Nurmi Challenge Denver, CO; Sept. 15 -Age adjusted time & continua stardurd-Man S Schafer 40 4117. 4 15:55.6 162.1 1 C Widness 26 4:19.5 15:58.7 161.2 R R Ames 35 4:23.5 16:21.4 158.2 R R Ames 35 4:23.5 16:21.4 158.2 R R Mace 35 4:23.5 16:21.8 150.2 R R Mace 36 4:26.7 17:55.8 150.2 R R Mace 37 4:18.7 16:58.7 155.7 R R Island 37 4:18.7 16:58.7 155.7 R R Island 38 4:2 4:57.2 19:02.2 138.0 R R Davis 31 4:59.5 19:54.1 134.5 R R Davis 31 4:35.6 18:21.8 162.0 R R R Davis 31 4:35.6 18:21.8 162.0 R R R Davis 31 4:35.6 18:21.8 162.0 R R Davis 31 4:36.1 R R Davis 31 4:36.7 R R Davis	M60 Glendale Markwell 1.22 M75 Doc Bennett 1.17 W35 Fran Olsen Sharp 1.25 Pole Vault 1.25 M30 Daniel Dial 17-0 M45 Mike Steinmetz 9-6 M55 Dale Lance 12-0 M60 Charles Crawford 7-6 M65 John Rutheford 7-6 W55 Sue Tunnicliff 6-6 Long Jump 5.45 M30 R Adventure Jones 5.03 M40 Buddy Myers 4.66 M45 Jim Dolezel 5.58 M50 George Marchetti 3.78 M55 Wayne Skartwed 3.78 M60 Glendale Markwell 4.33 M70 Bill Carter 3.85 M75 Doc Bennett 3.26 W40 Suzy Calonkey 2.71 W50 Judith Murphy nma W55 Sue Tunnicliff 2.69 Triple Jump M45 Jim Dolezel 10.48 M55 Wayne Skartwed 9.30 M50 Glendale Markwell 9.42 M55 Wayne Skartwed 9.30 M60 Glendale Markwell 9.42 M75 Doc Bennett 6.78	W55 Marion Collee 36.7 W60 Phyllis Provost 43.7 W70 Lillie Doss 59.6 400m 59.6 M35 Van Eisenbach 57.5 Tim Doss 85.6 M40 Bill Burton 56.2 Steve Cox 62.5 M45 T H Wilson 65.5 Randall Hollis 90.9 M50 Ed Jones 56.9 Paul Young 65.0 M55 Mack Stewart 59.0 David Larson 84.2 W50 Linda Pippin 86.5 W70 Lilile Dost 2:15.0 800m 300m M35 Tim Doss 3:16.5 M45 Mike McCracken 2:18.2 Randall Hollis 2:53.5 T H Wilson 3:02.4 M50 Lloyd Rust 2:36.0 M55 Mack Stewart 2:23.7 W50 Llnda Pippin 3:21.5 W60 Phyllis Provost 3:48.0 W70 Lilile Doss 4:58.0 1500m 3:21.5 M55 Mike McCracken 4:55.5	M45 Dave Barber Jerry Brewer Randall Hollis M50 Jerry Poulson W D Petty Mark Chapman M55 John Conniff Howard Zingg Harold Crater M60 John Cantrell M65 Jim Gerhardt M70 Adolph Holfman Fred Adams Robert Dew W35 Carol Finsrud W40 Cheryl Mellenthin W70 Ruth Seeger Hammer Steve Bolles Steve Bolles M40 Jeff Baly M50 Mark Chapman Monroe Ashworth M55 Howard Zingg John Conniff Don North M60 John Cantrell Milton Brady Ward Landry M65 Skip Meneely M70 Fred Adams Adolph Holfman W35 Carol Finsrud W40 Cheryl Mellenthin Javelin M35 David Bolles Coy Akers Donald Arnold M40 Jeff Baly	116-10 101-0 51-6 111-4 108-5 100-6 145-4 119-0 104-11 130-9 132-7 89-10 74-10 39-10 165-7 72-2 58-10 107-4 102-0 117-6 72-1 93-8 92-7 76-7 108-6 91-11 81-6 69-11 74-11 105-9 48-10 136-4 134-4 134-4 133-0 151-6
M60 William Hearne 13-7\frac{1}{4} M65 Jim Powell 15-4 M70 Shennan Duncan 9-11.75 M75 Vincent Newman 9-8 M80 Henry Olguin 6-1 M85 Casimir Bechner 9-5 W50 Eliz Rauschenbeger10-2.75 W60 Joan Doucet 10-6\frac{1}{2} W65 Ruby Marchant 6-9\frac{1}{2} W70 Josephine Edwards 4-7 W75 Harriet Oyle 7-2.75 Shot Fut M50 Paul Economides 46-6 M55 Clyde Gossert 38-3 M60 Floyd Riddle 32-10 M65 Carl Longerot 30-9\frac{1}{2} M70 Edwin Johnson 30-7\frac{1}{2} M75 Robert Broadbent 25-4\frac{1}{2} M80 Jack Pardee 24-4\frac{1}{2} M80 Jack Pardee 24-4\frac{1}{2} M80 June Decker 20-11 W55 Barbara Hutchinson26-\frac{1}{2} W60 Dorothy O'Neal 21-11 W65 Char Strain 22-3 W75 Ida Maye Sanders 14-11\frac{1}{2} W80 Lou Sandoval 12-10 Discus M50 Paul Economides 142-5 M55 Tim Fleming 105-11 M60 Floyd Riddle 131-7 M65 Carl Longerot 95-5 Roy Johnson 94-1 M70 Edwin Johnson 101-2 M75 Robert Broadbent 65-1 M80 Ralph Bowyer 70-7 M85 Larry Sandoval 53-10 W50 Fern Sanchez 41-9 W55 Gloria Mitchell 61-0 W60 Dorothy O'Neal 53-4	Triple Jump M30 John Allen 38-11½	Paavo Nurmi Challenge	M60 Glendale Markwell 1.22 M75 Doc Bennett 1.17 W35 Fran Olsen Sharp 1.25 Pole Yault 1.25 M30 Daniel Dial 17-0 M45 Mike Steinmetz 9-6 M55 Dale Lance 12-0 M60 Charles Crawford 7-6 M65 John Rutheford 7-6 W55 Sue Tunnicliff 6-6 Long Jump 5.45 M35 Don Broceus 5.03 M40 Buddy Myers 4.66 M45 Jim Dolezel 5.23 M50 George Marchetti 3.78 M50 George Marchetti 3.85 M75 Doc Bennett 3.26 W40 Suzy Calonkey 2.71 W50 Judith Murphy 2.69 Triple Jump 7.76 M55 Wayne Skartwed 9.30 M50 Sam Pfenning 7.76 M55 Wayne Skartwell 9.42 M50 Sam Pfenning 7.76 M55 Wayne Skartwell 9.42 M50 Sam Pfenning 7.76 M55 Wayne Skartwell 9.42 M50 Sam Pfenning 7.76 M55 Wayne Skartwe	W55 Marion Collee 36.7 W60 Phyllis Provost 43.7 W70 Lillie Doss 59.6 400m 59.6 M35 Van Eisenbach 57.5 Tim Doss 85.6 M40 Bill Burton 56.2 Steve Cox 62.5 M45 T H Wilson 65.5 Randall Hollis 90.9 M50 Ed Jones 56.9 Paul Young 65.0 M55 Mack Stewart 59.0 David Larson 84.2 W50 Linda Pippin 86.5 W65 Phyllis Provost 1.44.6 W70 Lillie Dost 3:16.5 M45 Mike McCracken 2:18.2 Randall Hollis 2:53.5 T H Wilson 3:02.4 M50 Lloyd Rust 2:36.0 M55 Mack Stewart 2:23.7 W50 Lloda Pippin 3:21.5 W60 Phyllis Provost 4:58.0 W70 Lillie Doss 4:58.0 1500m 4:58.0 M35 Tim Doss 7:23.1 M45 Mike McCracken <td< td=""><td>M45 Dave Barber Jerry Brewer Randall Hollis M50 Jerry Poulson W D Petty Mark Chapman M55 John Conniff Howard Zingg Harold Crater M60 John Cantrell M65 Jim Gerhardt M70 Adolph Holfman Fred Adams Robert Dew W35 Carol Finsrud W40 Cheryl Mellenthin W70 Ruth Seeger Hammer M35 David Bolles Steve Bolles M40 Jeff Baty M50 Mark Chapman Monroe Ashworth M55 Howard Zingg John Conniff Don North M60 John Cantrell Milton Brady Ward Landry M65 Skip Meneely M70 Fred Adams Adolph Hoffman W35 Carol Finsrud W40 Cheryl Mellenthin Javelin M35 David Bolles Coy Akers Donald Arnold</td><td>116-10 101-0 51-6 111-4 108-5 100-6 145-4 119-0 104-11 130-9 132-7 89-10 74-10 39-10 165-7 72-2 58-10 107-4 102-0 117-8 72-1 93-8 92-7 76-7 108-6 91-11 81-6 69-11 74-11 105-9 48-10 136-4 133-0 151-6 133-6</td></td<>	M45 Dave Barber Jerry Brewer Randall Hollis M50 Jerry Poulson W D Petty Mark Chapman M55 John Conniff Howard Zingg Harold Crater M60 John Cantrell M65 Jim Gerhardt M70 Adolph Holfman Fred Adams Robert Dew W35 Carol Finsrud W40 Cheryl Mellenthin W70 Ruth Seeger Hammer M35 David Bolles Steve Bolles M40 Jeff Baty M50 Mark Chapman Monroe Ashworth M55 Howard Zingg John Conniff Don North M60 John Cantrell Milton Brady Ward Landry M65 Skip Meneely M70 Fred Adams Adolph Hoffman W35 Carol Finsrud W40 Cheryl Mellenthin Javelin M35 David Bolles Coy Akers Donald Arnold	116-10 101-0 51-6 111-4 108-5 100-6 145-4 119-0 104-11 130-9 132-7 89-10 74-10 39-10 165-7 72-2 58-10 107-4 102-0 117-8 72-1 93-8 92-7 76-7 108-6 91-11 81-6 69-11 74-11 105-9 48-10 136-4 133-0 151-6 133-6
M60 William Hearne	Triple Jump M30 John Allen 38-11½	Paa vo Nurmi Challenge Denver, CO; Sept. 15 -Age adjusted time & continua stardurd-Man S Schafer 40 4117. 4 15:55.6 162.1 1 C Widness 26 4:19.5 15:58.7 161.2 R R Ames 35 4:23.5 16:21.4 158.2 R R Ames 35 4:23.5 16:21.4 158.2 R R Mes 36 4:26.7 17:55.8 150.2 R R Moreling 26 4:26.7 17:55.8 150.2 R R Moreling 27 18:20.2 R R Moreling 27 18:20.2 R R Moreling 28 4:35.6 18:21.8 162.0 R R Moreling 29 19:21.6 148.8 R R Moreling 29 19:21.6 148.8 R R Moreling 29 100m M30 R Adventure Jones 11.80 M35 Mike Houston 11.70 M40 Colin Williams 11.54 M45 Jim Dolezel 11.95 M50 Tom Fisher 12.90 M50 Tom Fisher 12.90 M50 Bob Santine 13.48 M65 Jack Pritchard 14.30 M70 Bill Carter 15.00 M75 Doc Bennett 19.20 W40 Lisa Lassiter 17.70	M60 Glendale Markwell 1.22 M75 Doc Bennett 1.17 W35 Fran Olsen Sharp 1.25 Pole Vault 1.25 M30 Daniel Dial 17-0 M45 Mike Steinmetz 9-6 M55 Dale Lance 12-0 M60 Charles Crawford 7-6 M65 John Rutheford 7-6 W55 Sue Tunnicliff 6-6 Long Jump 5.45 M30 R Adventure Jones 5.03 M40 Buddy Myers 4.66 M45 Jim Dolezel 5.58 M50 George Marchetti 3.78 M55 Wayne Skartwed 3.78 M60 Glendale Markwell 4.33 M70 Bill Carter 3.85 M75 Doc Bennett 3.26 W40 Suzy Calonkey 2.71 W50 Judith Murphy nma W55 Sue Tunnicliff 2.69 Triple Jump M45 Jim Dolezel 10.48 M55 Wayne Skartwed 9.30 M50 Glendale Markwell 9.42 M55 Wayne Skartwed 9.30 M60 Glendale Markwell 9.42 M75 Doc Bennett 6.78	W55 Marion Collee 36.7 W60 Phyllis Provost 43.7 W70 Lillie Doss 59.6 400m 59.6 M35 Van Eisenbach 57.5 Tim Doss 85.6 M40 Bill Burton 56.2 Steve Cox 62.5 M45 T H Wilson 65.5 Randall Hollis 90.9 M50 Ed Jones 56.9 Paul Young 65.0 M55 Mack Stewart 59.0 David Larson 84.2 W50 Linda Pippin 86.5 W50 Linda Pippin 86.5 W70 Lillie Dost 2:15.0 800m 300m M35 Tim Doss 3:16.5 M50 Mick McCracken 2:18.2 Randall Hollis 2:36.0 M55 Mack Stewart 2:23.7 W50 Linda Pippin 3:21.5 W60 Phyllis Provost 3:48.0 W70 Lillie Doss 4:58.0 1500m 3:21.5 M50 Phyllis Provost 3:48.0 W70 Lillie Doss 4:58.0 <td>M45 Dave Barber Jerry Brewer Randall Hollis M50 Jerry Poulson W D Petty Mark Chapman M55 John Conniff Howard Zingg Harold Crater M60 John Cantrell M65 Jim Gerhardt M70 Adolph Holfman Fred Adams Robert Dew W35 Carol Finsrud W40 Cheryl Mellenthin W70 Ruth Seeger Hammer M35 David Bolles Steve Bolles M40 Jeff Baty M50 Mark Chapman Monroe Ashworth M55 Howard Zingg John Conniff Don North M60 John Cantrell Milton Brady Ward Landry M65 Skip Meneely M70 Fred Adams Adolph Hoffman W35 Carol Finsrud W40 Cheryl Mellenthin Javelin M35 David Bolles Coy Akers Donald Arnold M40 Jeff Baty Steve Cox Marvin Holtan M45 Warren Wilke</td> <td>116-10 101-0 51-6 111-4 108-5 100-6 145-4 119-0 104-11 130-9 132-7 89-10 74-10 39-10 165-7 72-2 58-10 107-4 102-0 117-6 72-1 93-8 92-7 76-7 108-6 91-11 81-6 69-11 74-11 105-9 48-10 136-4 134-4 134-4 133-0 151-6</td>	M45 Dave Barber Jerry Brewer Randall Hollis M50 Jerry Poulson W D Petty Mark Chapman M55 John Conniff Howard Zingg Harold Crater M60 John Cantrell M65 Jim Gerhardt M70 Adolph Holfman Fred Adams Robert Dew W35 Carol Finsrud W40 Cheryl Mellenthin W70 Ruth Seeger Hammer M35 David Bolles Steve Bolles M40 Jeff Baty M50 Mark Chapman Monroe Ashworth M55 Howard Zingg John Conniff Don North M60 John Cantrell Milton Brady Ward Landry M65 Skip Meneely M70 Fred Adams Adolph Hoffman W35 Carol Finsrud W40 Cheryl Mellenthin Javelin M35 David Bolles Coy Akers Donald Arnold M40 Jeff Baty Steve Cox Marvin Holtan M45 Warren Wilke	116-10 101-0 51-6 111-4 108-5 100-6 145-4 119-0 104-11 130-9 132-7 89-10 74-10 39-10 165-7 72-2 58-10 107-4 102-0 117-6 72-1 93-8 92-7 76-7 108-6 91-11 81-6 69-11 74-11 105-9 48-10 136-4 134-4 134-4 133-0 151-6
M60 William Hearne	Triple Jump M30 John Allen 38-11½	Paa vo Nurmi Challenge Denver, CO; Sept. 15 -Age adjusted time & continued starturd-Man	M60 Glendale Markwell 1.22 M75 Doc Bennett 1.17 W35 Fran Olsen Sharp 1.25 Pole Vault 1.25 M30 Daniel Dial 17-0 M45 Mike Steinmetz 9-6 M55 Dale Lance 12-0 M60 Charles Crawford 7-6 M65 John Rutheford 7-6 W55 Sue Tunnicliff 6-6 Long Jump 5.45 M35 Don Broceus 5.03 M40 Buddy Myers 4.66 M45 Jim Dolezel 5.58 M50 George Marchetti 5.23 M55 Wayne Skartwed 3.78 M60 Glendale Markwell 4.33 M70 Bill Carter 3.85 M75 Doc Bennett 3.26 W40 Suzy Calonkey 2.71 W50 Judith Murphy nma W55 Sue Tunnicliff 2.69 Triple Jump 7.76 M55 Wayne Skartwed 9.30 M60 Glendale Markwell 4.33 M50 Sam Pfenning 7.76 M55 Wayne Skartwed 9.30 M60 Glendale Markwell 4.70 M50 Sem Pen	W55 Marion Collee 36.7 W60 Phyllis Provost 43.7 W70 Lillie Doss 59.6 400m 59.6 M35 Van Eisenbach 57.5 Tim Doss 85.6 M40 Bill Burton 56.2 Steve Cox 62.5 M45 T H Wilson 65.5 Randall Hollis 90.9 M50 Ed Jones 56.9 Paul Young 65.0 M55 Mack Stewart 59.0 David Larson 84.2 W50 Linda Pippin 86.5 W65 Phyllis Provost 1.44.6 W70 Lillie Dost 2:15.0 800m 300m M35 Tim Doss 3:16.5 M45 Mike McCracken 2:18.2 Randall Hollis 2:53.5 T H Wilson 3:02.4 M50 Lloyd Rust 2:36.0 M55 Mack Stewart 2:23.7 W50 Llnda Pippin 3:21.5 W60 Phyllis Provost 4:58.0 U70 Lillie Doss 4:58.0 1500m 3:48.0	M45 Dave Barber Jerry Brewer Randall Hollis M50 Jerry Poulson W D Petty Mark Chapman M55 John Conniff Howard Zingg Harold Crater M60 John Cantrell M65 Jim Gerhardt M70 Adolph Holfman Fred Adarms Robert Dew W35 Carol Finsrud W40 Cheryl Mellenthin W70 Ruth Seeger Harmer Stave Bolles Steve Bolles M40 Jeff Baty M50 Mark Chapman Monroe Ashworth M55 Howard Zingg John Conniff Don North M60 John Cantrell Milton Brady Ward Landry M65 Skip Meneely M70 Fred Adarms Adolph Holfman W35 Carol Finsrud W40 Cheryl Mellenthin Javelin M35 David Bolles Coy Akers Donald Arnold M40 Jeff Baty Steve Cox Marvin Hollan M45 Warren Wilke Jerry Brewer	116-10 101-0 51-6 111-4 108-5 100-6 145-4 119-0 104-11 130-9 132-7 89-10 74-10 39-10 165-7 72-2 58-10 107-4 102-0 117-6 72-1 93-8 92-7 76-7 108-6 91-11 81-6 69-11 74-11 105-9 48-10 136-4 134-4 133-6 132-1 159-9 108-5
M60 William Hearne 13-7¼ M65 Jim Powell 15-¼ M70 Shennan Duncan 9-11.75 M75 Vincent Newman 9-8 M80 Henry Olguin 6-1 M85 Casimir Bechner 9-5 M50 Eliz Rauschenbeger10-2.75 W60 Joan Doucet 10-6½ W65 Ruby Marchant 6-9½ W70 Josephine Edwards 4-7 W75 Harriet Oyle 7-2.75 Shot Put M50 Paul Economides 46-6 M55 Clyde Gossert 38-3 M60 Flovd Riddle 32-10 M65 Carl Longerot 30-9½ M70 Edwin Johnson 30-7½ M75 Robert Broadbent 25-4½ M80 Jack Pardee 24-4½ M80 Jack Pardee 24-4½ M80 Jack Pardee 24-1½ W65 Char Strain 22-3 W70 Ann Toya 22-7½ W75 Ida Maye Sanders 14-11½ W80 Lou Sandoval 12-10 Discus M50 Paul Economides 142-5 M50 Paul Economides 131-7 M60 Floyd Riddle 131-7 M60 Floyd Rid	Triple Jump M30 John Allen 38-11½ M50 Bob Everoski 28-0 Shot Put M30 Tom Carlstrom 37-10 M50 Virgil Paulsen 39-1½ W30 Baiba Cunard 31-3 Discus M30 John Allen 101-4 M50 Virgil Paulsen 125-0	Paa vo Nurmi Challenge Denver, CO; Sept. 15 -Age adjusted time & continua stardurd-Mun	M60 Glendale Markwell 1.22 M75 Doc Bennett 1.17 W35 Fran Olsen Sharp 1.25 Pole Vault 1.25 M30 Daniel Dial 17-0 M45 Mike Steinmetz 9-6 M55 Dale Lance 12-0 M60 Charles Crawford 7-6 M65 John Rutheford 7-6 W55 Sue Tunnicliff 6-6 Long Jump 5.45 M30 R Adventure Jones 5.03 M40 Buddy Myers 4.66 M45 Jim Dolezel 5.58 M50 George Marchetti 5.23 M55 Wayne Skartwed 3.78 M60 Glendale Markwell 4.33 M75 Doc Bennett 3.26 W40 Suzy Calonkey 2.71 W50 Judith Murphy ma W55 Sue Tunnicliff 2.69 Triple Jump 7.76 M55 Wayne Skartwed 9.30 M60 Glendale Markwell 9.42 M55 Wayne Skartwed 9.30 M60 Glendale Markwell 9.42 M75 Doc Bennett 6.78 Shot Put 11.58 M40 David Rha	W55 Marion Collee 36.7 W60 Phyllis Provost 43.7 W70 Lillie Doss 59.6 400m 59.6 M35 Van Eisenbach 57.5 Tim Doss 85.6 M40 Bill Burton 56.2 Steve Cox 62.5 M45 T H Wilson 65.5 Randall Hollis 190.9 M50 Ed Jones 56.9 Paul Young 65.0 M55 Mack Stewart 59.0 David Larson 84.2 W50 Linda Pippin 86.5 W50 Linda Pippin 86.5 W70 Lillie Dost 2:15.0 800m 3:16.5 M45 Mike McCracken 2:18.2 Randall Hollis 2:35.5 T H Wilson 3:02.4 M50 Lloyd Rust 2:36.0 M55 Mack Stewart 2:23.7 W50 Llnda Pippin 3:21.5 W60 Phyllis Provost 3:48.0 W70 Lillie Doss 4:58.0 1500m 4:58.0 M35 Tim Doss 7:23.1 <	M45 Dave Barber Jerry Brewer Randall Hollis M50 Jerry Poulson W D Petty Mark Chapman M55 John Conniff Howard Zingg Harold Crater M60 John Cantrell M65 Jim Gerhardt M70 Adolph Holfman Fred Adams Robert Dew W35 Carol Finsrud W40 Cheryl Mellenthin W70 Ruth Seeger Hammer N35 David Bolles Steve Bolles M40 Jeff Baty M50 Mark Chapman Monroe Ashworth M55 Howard Zingg John Conniff Don North M60 John Cantrell Milton Brady Ward Landry M65 Skip Meneely M70 Fred Adams Adolph Holfman W35 Carol Finsrud W40 Cheryl Mellenthin Javelin M35 David Bolles Coy Akers Donald Arnold M40 Jeff Baty Steve Cox Marvin Hollan M45 Warren Wilke Jerry Brewer Randall Hollis	116-10 101-0 51-6 111-4 108-5 100-6 145-4 119-0 104-11 130-9 132-7 89-10 74-10 39-10 165-7 72-2 58-10 107-4 102-0 117-6 72-1 93-8 92-7 76-7 108-6 91-11 81-6 69-11 74-11 105-9 48-10 136-4 134-4 133-6 132-1 159-9 108-5 73-0
M60 William Hearne	Triple Jump M30 John Allen 38-11½ M50 Bob Everoski 28-0 Shot Put M30 Tom Carlstrom 37-10 M50 Virgil Paulsen 39-1½ M30 Baiba Cunard 31-3 Discus M30 John Allen 101-4 M50 Virgil Paulsen 125-0	Paa vo Nurmi Challenge Denver, CO; Sept. 15 -Age adjusted time & continua stardurd-Man Age 1500 S Schafer C Widness R Ames S Schafer R Ames S Schafer C Widness R Ames S Schafer R Ames R R Ames R R R R R R R R R R R R R R R R R R R	M60 Glendale Markwell 1.22 M75 Doc Bennett 1.17 W35 Fran Olsen Sharp 1.25 Pole Vault 1.25 M30 Daniel Dial 17-0 M45 Mike Steinmetz 9-6 M55 Dale Lance 12-0 M60 Charles Crawford 7-6 M65 John Rutheford 7-6 W55 Sue Tunnicliff 6-6 Long Jump 5.45 M30 R Adventure Jones 5.45 M35 Don Broceus 5.03 M40 Buddy Myers 4.66 M45 Jim Dolezel 5.58 M50 George Marchetti 3.78 M60 Glendale Markwell 4.33 M70 Bill Carter 3.85 M75 Doc Bennett 3.26 W40 Suzy Calonkey 2.71 W50 Judith Murphy nma W50 Sum Ptenning 7.76 M55 Wayne Skartwed 9.30 M55 Wayne Skartwed 9.42 M55 Wayne Skartwed 9.42 M55 Wayne Skartwed 9.42 M55 Wayne Skartwed 9.42	W55 Marion Collee 36.7 W60 Phyllis Provost 43.7 W70 Lillie Doss 59.6 400m 59.6 M35 Van Eisenbach 57.5 Tim Doss 85.6 M40 Bill Burton 56.2 Steve Cox 62.5 M45 T H Wilson 65.5 Randall Hollis 90.9 M50 Ed Jones 56.9 Paul Young 65.0 M55 Mack Stewart 59.0 David Larson 84.2 W50 Linda Pippin 86.5 W50 Phyllis Provost 1.44.6 W70 Lillie Dost 2:15.0 800m 3.16.5 M45 Mike McCracken 2:18.2 Randall Hollis 2:53.5 T H Wilson 3:02.4 M50 Lloyd Rust 2:36.0 M55 Mack Stewart 2:23.7 W50 Llnda Pippin 3:21.5 W60 Phyllis Provost 3:48.0 W70 Lillie Doss 4:58.0 1500m 1500m M35 Tim Doss 7:23.1	M45 Dave Barber Jerry Brewer Randall Hollis M50 Jerry Poulson W D Petty Mark Chapman M55 John Conniff Howard Zingg Harold Crater M60 John Cantrell M65 Jim Gerhardt M70 Adolph Holfman Fred Adams Robert Dew W35 Carol Finsrud W40 Cheryl Mellenthin W70 Ruth Seeger Hammer N435 David Bolles Steve Bolles M40 Jeff Baty M50 Mark Chapman Monroe Ashworth M55 Howard Zingg John Conniff Don North M60 John Cantrell Milton Brady Ward Landry M65 Skip Meneely M70 Fred Adams Adolph Holfman W35 Carol Finsrud W40 Cheryl Mellenthin Javelin M35 David Bolles Coy Akers Donald Arnold M40 Jeff Baty Steve Cox Marvin Hollan M45 Warren Wilke Jerry Brewer Randall Hollis M50 W D Petty	116-10 101-0 51-6 111-4 106-5 100-6 145-4 119-0 104-11 130-9 132-7 89-10 74-10 39-10 165-7 72-2 58-10 107-4 102-0 117-8 72-6 72-1 93-8 92-7 76-7 108-6 91-11 81-6 69-11 74-11 105-9 48-10 136-4 133-6 133-6 132-1 159-9 108-5 73-0 135-1
M60 William Hearne	Triple Jump M30 John Allen 38-11½ M50 Bob Everoski 28-0 Shot Put M30 Tom Carlstrom 37-10 M50 Virgil Paulsen 39-1½ W30 Baiba Cunard 31-3 Discus M30 John Allen 101-4 M50 Virgil Paulsen 125-0	Paa vo Nurmi Challenge Denver, CO; Sept. 15 -Age-adjusted time & contained standard-Man Age 1500 5000 & S Schafer 40 4:17.4 15:55.6 162.1 C Midness 26 4:19.5 15:58.7 161.2 R Ames 35 4:23.5 16:21.4 158.2 F Kunkel 47 4:18.7 16:58.7 156.7 A Raveling 26 4:29.5 16:22.4 158.2 F Kunkel 47 4:18.7 16:58.7 156.7 A Raveling 26 4:26.7 17:55.8 150.2 B Roybal 33 4:34.6 18:31.3 145.5 S Ibuda 42 4:57.2 19:02.2 138.0 J Paryas 49 4:59.2 19:02.2 138.0 J Paryas 31 4:34.6 18:31.3 145.5 S Ibuda 42 4:57.2 19:02.2 138.0 J Paryas 31 4:59.5 19:54.1 134.5 Neuron D Falmason 58 4:35.6 18:21.8 162.0 K Recker 26 5:09.8 19:21.6 148.8 - Illitribrinoy36 5:38.2 21:02.8 1:36.5 -\$100 each to winning man & weman-Order is based on combined adjusted time SOUTHWEST Sooner State Games Norman, OK; June 29 100m M30 R Adventure Jones 11.80 M35 Mike Houston 11.70 M40 Colin Williams 11.54 M45 Jim Dolezel 11.95 M50 Tom Fisher 12.90 M55 Dale Lance 12.70 M60 Bob Santine 13.48 M65 Jack Pritchard 14.30 M70 Bill Carter 15.00 M75 Doc Bennett 19.20 W35 Regina Ndubuisi 12.90 W40 Lisa Lassiter 17.70 W45 Suzanne Williams 14.20 W50 Nina Bryant 15.47 W55 Sue Tunnicliff 18.60 200m M30 Frieddie Wilson 22.79 M40 Robert Wright 25.83	M60 Glendale Markwell 1.22 M75 Doc Bennett 1.17 W35 Fran Olsen Sharp 1.25 Pole Vault 1.25 M30 Daniel Dial 17-0 M45 Mike Steinmetz 9-6 M55 Dale Lance 12-0 M60 Charles Crawford 7-6 M65 John Rutheford 7-6 W55 Sue Tunnicliff 6-6 Long Jump 5.45 M35 Don Broceus 5.03 M40 Buddy Myers 4.66 M45 Jim Dolezel 5.58 M50 George Marchetti 5.23 M55 Wayne Skartwed 3.78 M75 Doc Bennett 3.26 W40 Suzy Calonkey 2.71 W50 Judith Murphy 2.69 Triple Jump 7.76 M55 Wayne Skartwed 9.30 M60 Glendale Markwell 7.76 M55 Suzy Tunnicliff 7.76 M55 Wayne Skartwed 9.30 M60 Glendale Markwell 7.76 M55 Wayne Skartwed 9.30 M60 Glendale Markwell 11.58 M50 Sam Pfenning 7.76 M50 W	W55 Marion Collee 36.7 W60 Phyllis Provost 43.7 W70 Lillie Doss 59.6 400m 59.6 M35 Van Eisenbach 57.5 Tim Doss 85.6 M40 Bill Burton 56.2 Steve Cox 62.5 M45 T H Wilson 65.5 Randall Hollis 90.9 M50 Ed Jones 56.9 Paul Young 65.0 M55 Mack Stewart 59.0 David Larson 84.2 W50 Linda Pippin 86.5 W70 Lillie Dost 2:15.0 800m 3:16.5 M45 Mike McCracken 2:18.2 Randall Hollis 2:53.5 T H Wilson 3:02.4 M50 Lloyd Rust 2:36.0 M55 Mack Stewart 2:23.7 W50 Linda Pippin 3:21.5 W60 Phyllis Provost 3:48.0 W70 Lillie Doss 4:58.0 1500m 4:58.0 M35 Tim Doss 7:23.1 M55 Mike McCracken 4:55.5	M45 Dave Barber Jerry Brewer Randall Hollis M50 Jerry Poulson W D Petty Mark Chapman M55 John Conniff Howard Zingg Harold Crater M60 John Cantrell M65 Jim Gerhardt M70 Adolph Holfman Fred Adams Robert Dew W35 Carol Finsrud W40 Cheryl Mellenthin W70 Ruth Seeger Hammer M35 David Bolles Steve Bolles M40 Jeff Baly M50 Mark Chapman Monroe Ashworth M55 Howard Zingg John Conniff Don North M60 John Cantrell Millon Brady Ward Landry M65 Skip Meneely M70 Fred Adams Adolph Holfman W35 Carol Finsrud W40 Cheryl Mellenthin Javelin M35 David Bolles Coy Akers Donald Arnold M40 Jeff Baly Sleve Cox Marvin Hollan M45 Warren Wilke Jerry Brewer Randall Hollis M50 W D Petty Jerry Poulson Mark Chapman	116-10 101-0 51-6 111-4 108-5 100-6 145-4 119-0 104-11 130-9 132-7 89-10 74-10 39-10 165-7 72-2 58-10 107-4 102-0 117-6 72-1 93-8 92-7 76-7 108-6 91-11 81-6 69-11 74-11 105-9 48-10 136-4 134-4 133-6 132-1 159-9 108-5 73-0
M60 William Hearne	Triple Jump M30 John Allen 38-11½ M50 Bob Everoski 28-0 Shot Put M30 Tom Carlstrom 37-10 M50 Virgil Paulsen 39-1½ M30 John Allen 101-4 M50 Virgil Paulsen 125-0	Paa vo Nurmi Challenge Denver, CO; Sept. 15 -Age adjusted time & contained stardard-Man South 14 (17.4 15:55.6 162.1 C Widness 26 4:19.5 15:58.7 161.2 R Ames 35 4:23.5 16:21.4 158.2 F Kunkel 47 4:18.7 16:58.7 156.7 A Raveling 26 4:29.5 16:22.4 158.2 F Kunkel 47 4:18.7 16:58.7 156.7 A Raveling 26 4:26.7 17:55.8 150.2 B Roybal 53 4:34.6 18:30.0 18:5.6 7 156.7 A Raveling 26 4:57.2 19:02.2 138.0 135.6 A Ravis 31 4:59.7 19:38.0 135.6 A Ravis 31 4:59.5 19:54.1 134.5 Recker 26 5:09.8 19:21.6 148.8 - IIII Infibring/36 5:38.2 21:02.8 1:36.5 -\$100 each to winning man & woman-Order is based on combined adjusted time **SOUTHWEST** Sooner State Games Norman, OK; June 29 100m M30 R Adventure Jones 11.80 M35 Mike Houston 11.70 M40 Colin Williams 11.54 M45 Jim Dolezel 11.95 M50 Tom Fisher 12.90 M55 Dale Lance 12.70 M60 Bob Santine 13.48 M65 Jack Pritchard 14.30 M70 Bill Carter 15.00 M75 Doc Bennett 19.20 W35 Regina Ndubuisi 12.90 W40 Lisa Lassiter 17.70 W45 Suzanne Williams 14.20 W50 Nina Bryant 15.47 W55 Sue Tunnicliff 18.60 200m M30 Phil Koons 25.05 M35 Freddie Wilson 22.79 M40 Robert Wright 25.83 M45 Jim Dolezel 24.30	M60 Glendale Markwell 1.22 M75 Doc Bennett 1.17 W35 Fran Olsen Sharp 1.25 Pole Vault 1.25 M30 Daniel Dial 17-0 M45 Mike Steinmetz 9-6 M55 Dale Lance 12-0 M60 Charles Crawford 7-6 M65 John Rutheford 7-6 W55 Sue Tunnicliff 6-6 Long Jump 5.45 M35 Don Broceus 5.03 M40 Buddy Myers 4.66 M45 Jim Dolezel 5.58 M50 George Marchetti 5.23 M55 Wayne Skartwed 3.78 M60 Glendale Markwell 4.33 M70 Bill Carter 3.85 M75 Doc Bennett 2.69 Triple Jump 7.76 M55 Wayne Skartwed 9.30 M50 Sam Pfenning 7.76 M55 Wayne Skartwed 9.30 M60 Glendale Markwell 9.42 M75 Doc Bennett 6.78 Shot Put 11.58 M40 David Rhatigan 13.00	W55 Marion Collee 36.7 W60 Phyllis Provost 43.7 W70 Lillie Doss 59.6 400m 59.6 M35 Van Eisenbach 57.5 Tim Doss 85.6 M40 Bill Burton 56.2 Steve Cox 62.5 M45 TH Wilson 65.5 Randall Hollis 90.9 M50 Ed Jones 56.9 Paul Young 65.0 M55 Mack Stewart 59.0 David Larson 84.2 W50 Linda Pippin 86.5 W50 Linda Pippin 86.5 W70 Lillie Dost 2:15.0 800m M35 Tim Doss 3:16.5 M45 Mike McCracken 2:18.2 Randall Hollis 2:36.0 M55 Mack Stewart 2:23.7 W50 Linda Pippin 3:21.5 W60 Phyllis Provost 3:48.0 W70 Lillie Doss 4:58.0 1500m 3:21.5 M60 Phyllis Provost 3:48.0 W70 Lillie Doss 4:58.0 1500m <td>M45 Dave Barber Jerry Brewer Randall Hollis M50 Jerry Poulson W D Petty Mark Chapman M55 John Conniff Howard Zingg Harold Crater M60 John Cantrell M65 Jim Gerhardt M70 Adolph Holfman Fred Adams Robert Dew W35 Carol Finsrud W40 Cheryl Mellenthin W70 Ruth Seeger Hammer N435 David Bolles Steve Bolles M40 Jeff Baty M50 Mark Chapman Monroe Ashworth M55 Howard Zingg John Conniff Don North M60 John Cantrell Milton Brady Ward Landry M65 Skip Meneely M70 Fred Adams Adolph Holfman W35 Carol Finsrud W40 Cheryl Mellenthin Javelin M35 David Bolles Coy Akers Donald Arnold M40 Jeff Baty Steve Cox Marvin Hollan M45 Warren Wilke Jerry Brewer Randall Hollis M50 W D Petty Jerry Poulson Mark Chapman M55 Don North</td> <td>116-10 101-0 51-6 111-4 106-5 100-6 145-4 119-0 104-11 130-9 132-7 89-10 74-10 39-10 165-7 72-2 58-10 107-4 102-0 117-8 72-6 72-1 93-8 92-7 76-7 108-6 91-11 81-6 69-11 74-11 105-9 48-10 136-4 133-0 151-6 133-6 132-1 159-9 108-5 73-0 135-1 128-1 92-6 130-11</td>	M45 Dave Barber Jerry Brewer Randall Hollis M50 Jerry Poulson W D Petty Mark Chapman M55 John Conniff Howard Zingg Harold Crater M60 John Cantrell M65 Jim Gerhardt M70 Adolph Holfman Fred Adams Robert Dew W35 Carol Finsrud W40 Cheryl Mellenthin W70 Ruth Seeger Hammer N435 David Bolles Steve Bolles M40 Jeff Baty M50 Mark Chapman Monroe Ashworth M55 Howard Zingg John Conniff Don North M60 John Cantrell Milton Brady Ward Landry M65 Skip Meneely M70 Fred Adams Adolph Holfman W35 Carol Finsrud W40 Cheryl Mellenthin Javelin M35 David Bolles Coy Akers Donald Arnold M40 Jeff Baty Steve Cox Marvin Hollan M45 Warren Wilke Jerry Brewer Randall Hollis M50 W D Petty Jerry Poulson Mark Chapman M55 Don North	116-10 101-0 51-6 111-4 106-5 100-6 145-4 119-0 104-11 130-9 132-7 89-10 74-10 39-10 165-7 72-2 58-10 107-4 102-0 117-8 72-6 72-1 93-8 92-7 76-7 108-6 91-11 81-6 69-11 74-11 105-9 48-10 136-4 133-0 151-6 133-6 132-1 159-9 108-5 73-0 135-1 128-1 92-6 130-11
M60 William Hearne 13-7¼ M65 Jim Powell 15-¼ M70 Shennan Duncan 9-11.75 M75 Vincent Newman 9-8 M80 Henry Olguin 6-1 M85 Casimir Bechner 9-5 W50 Eliz Rauschenbeger10-2.75 W60 Joan Doucet 10-6½ W65 Ruby Marchant 6-9½ W70 Josephine Edwards 4-7 W75 Ilarriet Oyle 7-2.75 Shot Put M50 Paul Economides 46-6 M55 Clyde Gossert 38-3 M60 Floyd Riddle 32-10 M50 Fact Broadbent 25-4½ M70 Edwin Johnson 30-7½ M75 Robert Broadbent 25-4½ M80 Jack Pardee 24-4½ M85 Larry Sandoval 20-11 W55 Barbara Hutchinson26-½ W60 Dorothy O'Neal 21-11 W65 Char Strain 22-3½ W70 Ann Toya 22-7½ W75 Ida Maye Sanders 14-11½ W80 Lou Sandoval 12-10 Discus M55 Tim Fleming 105-11 M50 Paul Economides 142	Triple Jump 38-11½ M50 Bob Everoski 28-0 Shot Put M30 Tom Carlstrom 37-10 M50 Virgil Paulsen 39-1½ W30 Baiba Cunard 31-3 Discus M30 John Allen 101-4 M50 Virgil Paulsen 125-0 Senior Olympics Blue Springs, MO; Sept. 14-16 Som M50 William Selbe 6.32 M55 Jack Harris 7.91 M60 Vern Schewe 7.34 M65 Earl Ventura 7.13 M70 Ernie Hammond 8.94 M75 Bob Warwick 8.95 M80+ Lloyd Allen 11.37 W50 Terry Powell 8.75 W55 Shirley Schumacher 10.85 M60 Wendell Roehrs 13.37 M65 Earl Ventura 13.78 Earl Ventura 13.78 M60 Wendell Roehrs 13.37 M65 Earl Ventura 13.78 Ernie Hammond 21.18 M75 Bob Warwick 13.03 M50 Terry Powell 16.81 W55 Shirley Schumacher 23.40 Joeann Collin 20.34 200m W50 William Selbe 25.65 M55 Jack Harris 32.53 M60 Wendell Roehrs 27.69 M70 Ernie Hammond 39.12 W80+ Clifford Gouge 1:30.91 400m M50 William Selbe 1:06.06 M55 Mike Hosper 1:33.34 M65 Mike Hosper 1:33.34 M66 M66 William Selbe 1:06.06 M55 Mike Hosper 1:33.34 M66 M6	Paa vo Nurmi Challenge Denver, CO; Sept. 15 -Age adjusted time & contained stardurd-Man Age 1500 5000 & Schafer 400 4:17.4 15:55.6 162.1 C Widness 26 4:19.5 15:58.7 161.2 R Ames 35 4:23.5 16:21.4 158.2 F Kunkel 47 4:18.7 16:58.7 156.7 A Raveling 26 4:29.5 16:22.4 158.2 F Kunkel 47 4:18.7 16:58.7 156.7 A Raveling 26 4:26.7 17:55.8 150.2 B Roybal 53 4:44.8 18:18.8 143.7 J Bogus 31 4:34.6 18:13.0 145.5 S Iluda 42 4:57.2 19:02.2 130.0 J Panyas 49 4:59.7 19:38.0 135.6 A Davis 31 4:59.5 19:54.1 134.5 Momen D Falmason 58 4:35.6 18:21.8 162.0 K Recker 26 5:09.8 19:21.6 148.8 - Illi Itahirinoy36 5:38.2 21:02.8 1:36.5 -\$100 each to winning man & woman-Order is based on combined adjusted time SOUTHWEST Sooner State Games Norman, OK; June 29 100m M30 R Adventure Jones 11.80 M35 Mike Houston 11.70 M40 Colin Williams 11.54 M45 Jim Dolezel 11.95 M55 Dale Lance 12.70 M60 Bob Santine 13.48 M65 Jack Pritchard 14.30 M70 Bill Carter 15.00 M75 Doc Bennett 19.20 W35 Regina Ndubuisi 12.90 W40 Lisa Lassiter 17.70 W45 Suzanne Williams 15.47 W55 Sue Tunnicliff 18.60 200m M30 Phil Koons 25.05 M35 Freddie Wilson 22.79 M40 Robert Wright 25.83 M45 Jim Dolezel 24.30	M60 Glendale Markwell 1.22 M75 Doc Bennett 1.17 W35 Fran Olsen Sharp 1.25 Pole Vault 1.25 M30 Daniel Dial 17-0 M45 Mike Steinmetz 9-6 M55 Dale Lance 12-0 M60 Charles Crawford 7-6 M65 John Rutheford 7-6 W55 Sue Tunnicliff 6-6 Long Jump 5.45 M35 Don Broceus 5.03 M40 Buddy Myers 4.66 M45 Jim Dolezel 5.58 M50 George Marchetti 5.23 M55 Wayne Skartwed 3.78 M75 Doc Bennett 3.26 W40 Suzy Calonkey 2.71 W50 Judith Murphy 2.69 Triple Jump 7.76 M55 Wayne Skartwed 9.30 M60 Glendale Markwell 7.76 M55 Suzy Tunnicliff 7.76 M55 Wayne Skartwed 9.30 M60 Glendale Markwell 7.76 M55 Wayne Skartwed 9.30 M60 Glendale Markwell 11.58 M50 Sam Pfenning 7.76 M50 W	W55 Marion Collee 36.7 W60 Phyllis Provost 43.7 W70 Lillie Doss 59.6 400m 59.6 M35 Van Eisenbach 57.5 Tim Doss 85.6 M40 Bill Burton 56.2 Steve Cox 62.5 M45 T H Wilson 65.5 Randall Hollis 90.9 M50 Ed Jones 56.9 Paul Young 65.0 M55 Mack Stewart 59.0 David Larson 84.2 W50 Linda Pippin 86.5 W50 Linda Pippin 86.5 W50 Linda Pippin 3.16.5 M45 Mike McCracken 2:18.2 Randall Hollis 2:53.5 T H Wilson 3:02.4 M50 Lloyd Rust 2:36.0 M55 Mack Stewart 2:23.7 W50 Llnda Pippin 3:21.5 W60 Phyllis Provost 3:48.0 W70 Lillie Doss 4:58.0 1500m 3:21.5 M35 Tim Doss 7:23.1 M45 Mike McCracken 4:5	M45 Dave Barber Jerry Brewer Randall Hollis M50 Jerry Poulson W D Petty Mark Chapman M55 John Conniff Howard Zingg Harold Crater M60 John Cantrell M65 Jim Gerhardt M70 Adolph Holfman Fred Adams Robert Dew W35 Carol Finsrud W40 Cheryl Mellenthin W70 Ruth Seeger Hammer M35 David Bolles Steve Bolles M40 Jeff Baty M50 Mark Chapman Monroe Ashworth M55 Howard Zingg John Conniff Don North M60 John Cantrell Milton Brady Ward Landry M65 Skip Meneely M70 Fred Adams Adolph Hoffman W35 Carol Finsrud W40 Cheryl Mellenthin Javelin M35 David Bolles Coy Akers Donald Arnold M40 Jeff Baty Steve Cox Marvin Holtan M45 Warren Wilke Jerry Brewer Randall Hollis M50 W D Petty Jerry Poulson Mark Chapman M55 Don North	116-10 101-0 51-6 111-4 106-5 100-6 145-4 119-0 104-11 130-9 132-7 89-10 74-10 39-10 165-7 72-2 58-10 107-4 102-0 117-6 72-1 93-8 92-7 76-7 108-6 91-11 81-6 69-11 74-11 105-9 48-10 136-4 133-6 133-6 133-6 133-1 159-9 108-5 73-0 135-1 128-1 92-6 130-11 121-8
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Calonkey 2.71 W50 Judith Murphy nma W55 Sue Tunnicliff 2.69 Triple Jump 7.76 M55 Wayne Skartwed 9.30 M60 Glendale Markwell 9.42 M75 Doc Bennett 6.78 Shot Put 11.58 M40 David Rhatigan 13.00 M45 Ed Forester 11.12 M50 Ken Curtis </td <td>W55 Marion Collee 36.7 W60 Phyllis Provost 43.7 W70 Lillie Doss 59.6 400m 59.6 M35 Van Eisenbach 57.5 Tim Doss 85.6 M40 Bill Burton 56.2 Steve Cox 62.5 M45 T H Wilson 65.5 Randall Hollis 90.9 M50 Ed Jones 56.9 Paul Young 65.0 M55 Mack Stewart 59.0 David Larson 84.2 W50 Linda Pippin 86.5 W65 Phyllis Provost 1:44.6 W70 Lillie Dost 2:15.0 M55 Mike McCracken 2:18.2 Randall Hollis 2:53.5 T H Wilson 3:02.4 M50 Lloyd Rust 2:36.0 M55 Mack Stewart 2:23.7 W50 Linda Pippin 3:21.5 W60 Phyllis Provost 3:48.0 W70 Lillie Doss 4:58.0 1500m 4:58.0 M35 Tim Doss 7:23.1 M45 Mike McCracken <td< td=""><td>M45 Dave Barber Jerry Brewer Randall Hollis M50 Jerry Poulson W D Petty Mark Chapman M55 John Conniff Howard Zingg Harold Crater M60 John Cantrell M65 Jim Gerhardt M70 Adolph 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M60 William Hearne 13-7¼ M65 Jim Powell 15-¼ M70 Shennan Duncan 9-11.75 M75 Vincent Newman 9-8 M80 Henry Olguin 6-1 M85 Casimir Bechner 9-5 W50 Eliz Rauschenbeger10-2.75 W60 Joan Doucet 10-6½ W65 Ruby Marchant 6-9½ W70 Josephine Edwards 4-7 W75 Ilarriet Oyle 7-2.75 Shot Put M50 Paul Economides 46-6 M55 Clyde Gossert 38-3 M60 Floyd Riddle 32-10 M50 Fact Broadbent 25-4½ M70 Edwin Johnson 30-7½ M75 Robert Broadbent 25-4½ M80 Jack Pardee 24-4½ M85 Larry Sandoval 20-11 W55 Barbara Hutchinson26-½ W60 Dorothy O'Neal 21-11 W65 Char Strain 22-3½ W70 Ann Toya 22-7½ W75 Ida Maye Sanders 14-11½ W80 Lou Sandoval 12-10 Discus M55 Tim Fleming 105-11 M50 Paul Economides 142	Triple Jump M30 John Allen 38-11½ M50 Bob Everoski 28-0 Shot Put M30 Tom Carlstrom 37-10 M50 Virgil Paulsen 39-1½ W30 Baiba Cunard 31-3 Discus M30 John Allen 101-4 M50 Virgil Paulsen 125-0	Paa vo Nurmi Challenge	M60 Glendale Markwell 1.22 M75 Doc Bennett 1.17 W35 Fran Olsen Sharp 1.25 Pole Vault 1.25 M30 Daniel Dial 17-0 M45 Mike Steinmetz 9-6 M55 Dale Lance 12-0 M60 Charles Crawford 7-6 M65 John Rutheford 7-6 W55 Sue Tunnicliff 6-6 Long Jump 5.45 M35 Don Broceus 5.03 M40 Buddy Myers 4.66 M45 Jim Dolezel 5.58 M50 George Marchetti 5.23 M55 Wayne Skartwed 3.78 M75 Doc Bennett 3.26 W40 Suzy Calonkey 2.71 W55 Sue Tunnicliff 7.76 M55 Wayne Skartwed 9.30 M50 Sam Pfenning 7.76 M55 Wayne Skartwed 9.30 M60 Glendale Markwell 4.88 M50 Sam Pfenning 7.76 M55 Wayne Skartwed 9.30 M60 Glendale Markwell 4.87 M50 Sam Pfenning 7.76	W55 Marion Collee 36.7 W60 Phyllis Provost 43.7 W70 Lillie Doss 59.6 400m 59.6 M35 Van Eisenbach 57.5 Tim Doss 85.6 M40 Bill Burton 56.2 Steve Cox 62.5 M45 T H Wilson 65.5 Randall Hollis 90.9 M50 Ed Jones 56.9 Paul Young 65.0 M55 Mack Stewart 59.0 David Larson 84.2 W50 Linda Pippin 86.5 W50 Linda Pippin 86.5 W70 Lillie Dost 2:15.0 800m 3:16.5 M35 Tim Doss 3:16.5 M55 Mack McCracken 2:18.2 Randall Hollis 2:53.5 T H Wilson 3:02.4 M50 Lloyd Rust 2:36.0 M55 Mack Stewart 2:23.7 W50 Llnda Pippin 3:21.5 W60 Phyllis Provost 3:48.0 W70 Lilie Doss 1:58.0 M55 Mack Stewart 2:23.7 </td <td>M45 Dave Barber Jerry Brewer Randall Hollis M50 Jerry Poulson W D Petty Mark Chapman M55 John Conniff Howard Zingg Harold Crater M60 John Cantrell M65 Jim Gerhardt M70 Adolph Holfman Fred Adams Robert Dew W35 Carol Finsrud W40 Cheryl Mellenthin W70 Ruth Seeger Hammer M35 David Bolles Steve Bolles M40 Jeff Baty M50 Mark Chapman Monroe Ashworth M55 Howard Zingg John Conniff Don North M60 John Cantrell Milton Brady Ward Landry Ward Landry M75 Fred Adams Adolph Holfman W35 Carol Finsrud W40 Cheryl Mellenthin Javelin M35 David Bolles Coy Akers Donald Arnold M40 Jeff Baty Steve Cox Marvin Hollan M45 Warren Wilke Jerry Brewer Randall Hollis M50 W D Petty Jerry Poulson Mark Chapman M55 Don North John Conniff M60 Zbyszek Przewodek John Cantrell Milton Brady Milton Brady Milton Brady Milton Brady</td> <td>116-10 101-0 51-6 111-4 106-5 100-6 145-4 119-0 104-11 130-9 132-7 89-10 39-10 165-7 72-2 58-10 107-4 102-0 117-8 72-6 72-1 93-8 92-7 76-7 108-6 91-11 81-6 69-11 78-11 74-11 105-9 48-10 136-4 133-6 133-6 132-1 159-9 108-5 73-0 135-1 128-1 92-6 130-1 128-1 92-6 130-1 128-1 128-1 92-6 130-1 128-1 92-6 130-1 128-1 92-6 130-1 121-8 120-3 107-3 97-10</td>	M45 Dave Barber Jerry Brewer Randall Hollis M50 Jerry Poulson W D Petty Mark Chapman M55 John Conniff Howard Zingg Harold Crater M60 John Cantrell M65 Jim Gerhardt M70 Adolph Holfman Fred Adams Robert Dew W35 Carol Finsrud W40 Cheryl Mellenthin W70 Ruth Seeger Hammer M35 David Bolles Steve Bolles M40 Jeff Baty M50 Mark Chapman Monroe Ashworth M55 Howard Zingg John Conniff Don North M60 John Cantrell Milton Brady Ward Landry Ward Landry M75 Fred Adams Adolph Holfman W35 Carol Finsrud W40 Cheryl Mellenthin Javelin M35 David Bolles Coy Akers Donald Arnold M40 Jeff Baty Steve Cox Marvin Hollan M45 Warren Wilke Jerry Brewer Randall Hollis M50 W D Petty Jerry Poulson Mark Chapman M55 Don North John Conniff M60 Zbyszek Przewodek John Cantrell Milton Brady Milton Brady Milton Brady Milton Brady	116-10 101-0 51-6 111-4 106-5 100-6 145-4 119-0 104-11 130-9 132-7 89-10 39-10 165-7 72-2 58-10 107-4 102-0 117-8 72-6 72-1 93-8 92-7 76-7 108-6 91-11 81-6 69-11 78-11 74-11 105-9 48-10 136-4 133-6 133-6 132-1 159-9 108-5 73-0 135-1 128-1 92-6 130-1 128-1 92-6 130-1 128-1 128-1 92-6 130-1 128-1 92-6 130-1 128-1 92-6 130-1 121-8 120-3 107-3 97-10
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M60 William Hearne	Triple Jump M30 John Allen M50 Bob Everoski 28-0 Shot Put M30 Tom Carlstrom 37-10 M50 Virgil Paulsen 39-1½ W30 Baiba Cunard 31-3 Discus M30 John Allen M50 Virgil Paulsen 125-0 M50 Virgil Paulsen 125-0 Virgil P	Paavo Nurmi Challenge	M60 Glendale Markwell 1.22 M75 Doc Bennett 1.17 W35 Fran Olsen Sharp 1.25 Pole Vault 1.25 M30 Daniel Dial 17-0 M45 Mike Steinmetz 9-6 M55 Dale Lance 12-0 M60 Charles Crawford 7-6 M65 John Rutheford 7-6 W55 Sue Tunnicliff 6-6 Long Jump 5.45 M35 Don Broceus 5.03 M40 Buddy Myers 4.66 M45 Jim Dolezel 5.58 M50 George Marchetti 5.23 M55 Wayne Skartwed 3.78 M60 Glendale Markwell 4.33 M70 Bill Carter 3.85 M75 Doc Bennett 2.69 W40 Suzy Calonkey 2.71 W50 Judith Murphy nma W55 Sue Tunnicliff 2.69 Triple Jump 7.76 M55 Wayne Skartwed 9.30 M60 Glendale Markwell 9.30 M50 Sam Pfenning 7.76 M55 Wayne Skartwed 9.30	W55 Marion Collee 36.7 W60 Phyllis Provost 43.7 W70 Lillie Doss 59.6 400m 59.6 M35 Van Eisenbach 57.5 Tim Doss 85.6 M40 Bill Burton 56.2 Steve Cox 62.5 M45 T H Wilson 65.5 Randall Hollis 190.9 M50 Ed Jones 56.9 Paul Young 65.0 M55 Mack Stewart 59.0 David Larson 84.2 W50 Linda Pippin 86.5 W50 Linda Pippin 86.5 W70 Lillie Dost 2:15.0 800m 3:16.5 M45 Mike McCracken 2:18.2 Randall Hollis 2:36.0 M55 Mack Stewart 2:23.7 W50 Lloda Pippin 3:21.5 W60 Phyllis Provost 3:48.0 W70 Lillie Doss 4:58.0 1500m 3:21.5 M55 Mack Stewart 4:58.0 1500m 4:58.0 M35 Tim Doss 7:23.1 <td>M45 Dave Barber Jerry Brewer Randall Hollis M50 Jerry Poulson W D Petty Mark Chapman M55 John Conniff Howard Zingg Harold Crater M60 John Cantrell M65 Jim Gerhardt M70 Adolph Holfman Fred Adams Robert Dew W35 Carol Finsrud W40 Cheryl Mellenthin W70 Ruth Seeger Hammer M35 David Bolles Steve Bolles M40 Jeff Baty M50 Mark Chapman Monroe Ashworth M55 Howard Zingg John Conniff Don North M60 John Cantrell Milton Brady Ward Landry Ward Landry M75 Fred Adams Adolph Holfman W35 Carol Finsrud W40 Cheryl Mellenthin Javelin M35 David Bolles Coy Akers Donald Arnold M40 Jeff Baty Steve Cox Marvin Hollan M45 Warren Wilke Jerry Brewer Randall Hollis M50 W D Petty Jerry Poulson Mark Chapman M55 Don North John Conniff M60 Zbyszek Przewodek John Cantrell Milton Brady Milton Brady Milton Brady Milton Brady</td> <td>116-10 101-0 51-6 111-4 106-5 100-6 145-4 119-0 104-11 130-9 132-7 89-10 74-10 39-10 165-7 72-2 58-10 107-4 102-0 117-6 72-1 93-8 92-7 76-7 108-6 91-11 81-6 69-11 74-11 105-9 48-10 136-4 134-4 134-4 133-6 133-6 133-6 133-1 159-9 108-5 73-0 135-1 128-1 92-6 130-11 121-8 120-3 107-3 97-10 130-9 77-4</td>	M45 Dave Barber Jerry Brewer Randall Hollis M50 Jerry Poulson W D Petty Mark Chapman M55 John Conniff Howard Zingg Harold Crater M60 John Cantrell M65 Jim Gerhardt M70 Adolph Holfman Fred Adams Robert Dew W35 Carol Finsrud W40 Cheryl Mellenthin W70 Ruth Seeger Hammer M35 David Bolles Steve Bolles M40 Jeff Baty M50 Mark Chapman Monroe Ashworth M55 Howard Zingg John Conniff Don North M60 John Cantrell Milton Brady Ward Landry Ward Landry M75 Fred Adams Adolph Holfman W35 Carol Finsrud W40 Cheryl Mellenthin Javelin M35 David Bolles Coy Akers Donald Arnold M40 Jeff Baty Steve Cox Marvin Hollan M45 Warren Wilke Jerry Brewer Randall Hollis M50 W D Petty Jerry Poulson Mark Chapman M55 Don North John Conniff M60 Zbyszek Przewodek John Cantrell Milton Brady Milton Brady Milton Brady Milton Brady	116-10 101-0 51-6 111-4 106-5 100-6 145-4 119-0 104-11 130-9 132-7 89-10 74-10 39-10 165-7 72-2 58-10 107-4 102-0 117-6 72-1 93-8 92-7 76-7 108-6 91-11 81-6 69-11 74-11 105-9 48-10 136-4 134-4 134-4 133-6 133-6 133-6 133-1 159-9 108-5 73-0 135-1 128-1 92-6 130-11 121-8 120-3 107-3 97-10 130-9 77-4
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Robert Dew 2025	Steve Gilman 27.37 David Romain 27.92	W45 Barbara Stratton 6.93 W60 Fei-Mei Chou 6.71	M55 Phil Maresca 7.49	M50 Herb Adams 2:40.60 M65 Jim Selby 2:39.65	M70 Jim Johnson 7 W65 Shirley Kinsey 5-8
W35 Carol Finsrud 39-11.50 Superweight	M55 Mel Brooks 26.08	Shot Put	Ron McNight 7.62	W35 Debbie Selby 3:44.42	Long Jump
M35 Steve Bolles 18-5	Phil Maresca 28.60	M50 Lad Pataki 46-3½ M55 Dick Hotchkiss 36-11½	Terry Roway 7.65	W40 Kathi Froemming 2:52.01	M30 Lavelle Davenport 19-4.50
David Bolles 18-3 M40 Jeff Baty 25-10.50	M60 Bobby Thomas 25.68	Rasal Texture-Yorn 32-10	M60 Rober Tsuda 7.35 M65 Will Robinson 7.66	W45 Sharlet Gilbert 2:39.06	M35 Warren Washington 21-2
M45 Jerry Brewer 19-2.25	Murvin Smoller - 28.41 Allen Schmidt 33.53	M60 Jim Hart 43-91 Stew Thomson 41-31	Mel Melgosa 7.67	W75 Gerry Davidson 3:47.19 1500m	J P Masbanji 18-3.50
M50 Monroe Ashworth 13-10.25 M55 John Conniff 20-8.25	Allen Schmidt 33.53 M65 John Poppell 28.50	Stew Thomson 41-3½ John Steinman 33-11½	Paul Bambrook 7.71	M30 Jeff Mann 4:25.77	M40 Don Perkins 14-5 M45 Mike Cates 15-1.50
M55 John Conniff 20-8.25 Howard Zingg 17-3.75	Mel Melgosa 30.15	M65 Charles Bispala 32-7	M70 Frank Benedict 8.5h	M35 Tim Jones 4:50.50	Leroy Clipps 14-11
Don North 15-1.75	Milton Meux 33.75 M75 Frank Toner 34.3	Tom Harney 27-2 M70 Jerry Silsdorf 29-10.75	George Simon 9.1h M75 Clarence Killion 9.1h	Maurice Heffernan 5:08.76	M50 Dale Nelson 12-5
M60 John Cantrell 18-0 Milton Brady 14-9.50	Konrad Slaughter 40.2	M80 Ross Carter 37-4½	M80 Bert Morrow 9.1h	Michael Wilson 5:14.97 M45 David Salazar 4:33.60	M55 Terry Rowan 15-9
Ward Landry 13-5.50	M85 Wilfred Bigelow 61.0 W35 Darlene Green 30.46	W55 Cherrie Sherrard 32-9 Almeta Parish 22-4.75	W35 Elaine Iba 7.58	M50 Herb Adams 5:42.76	M60 Roger Tsuda 15-11.50 M65 Paul Bambrook 13-10
M70 Adolph Hoffman 21-7 Fred Adams 18-3	W45 Martie Behrens 32.18	Discus	April Thomas 8.59	M55 John Cosgrove 5:39.16	Jim Selby 12-1
W35 Carol Finsrud 16-1	W60 Fei-Mei Chou 36.53 W65 Shirley Dietderich 43.58	M45 John Gallen 20.36 M50 Lad Pataki 48.94	Linda Cummings 9.63 W40 Kathryn Herring 9.38	J C Criton 6:55.9h M60 Gordon McClenathen 5:52.82	M70 Richard Warren 12-7
WEST	400m	David Nuttall 33.46	W45 Avril Naylor 7.89	M65 Jim Selby 5:48.82	Jim Johnson 11-2.50
	M35 Nikos Mourtos 57.17 M40 Charles Missouri 62.50	M55 John Burns 34.62 R Terhune-Young 33.94	W55 Kathy Bergen 7.71	Don Murray 7:33.23	Frank Benedict 10-2.50 W35 Elaine Iba 15-1.25
Timber Wolf TC Meets	M45 Gregg Bunker 58.59	M60 Stew Thomson 50.40	W65 Magadalena Kuehne 9.26	W35 Debbie Selby 7:49.42	W45 Avril Naylor 13-0.50
Sacramento, CA	Paul Raymond 64.54	Jim Hart 43.98 John Steinman 37.74	100m M35 Wayne Iba 11.48	W45 Sharlet Gilbert 5:23.14 Mimi Baranowski 5:57.80	W65 Magdalene Kuchne 10-9
Aug.11 100m	M50 Stan Whitley 52.43	M65 Milton Meux 32.08	Robert Sands 11.76	W75 Gerry Davidson 8:00.4h	Triple Jump
M45 Roger Trujillo 12.2	Greg Burke 60.56	Charles Bispala 29.28 Tom Harney 20.06	Warren Washington 11.93	5000m	M30 Lavelle Davenport 47-1 M35 Warren Washington 39-8
M50 Gary Wuest 13.2	M55 Mel Brooks 56.26 Bob Fuller 69.93	M70 Jerry Silsdorf 20.10	M40 Steve Cummings 11.14 Scott Shaughnessy 12.22	M35 David Holt 17:58.64	Scott Wolfe 30-4
M45 Paul Mullinger 30.7	M60 Marvin Smoller 67.67	Alden Bryant 19.14 M75 John Kilbuck 26.60	Kai Bergheer 12.37	M45 Paul Marcel 17:18.7h M50 Dale Nelson 23:34.59	M50 Terry Rowan 30-9.50 Dale Nelson 24-7.50
800m M45 Rich Hayes 2:35	Allen Schmidt nta W35 Darlene Green 66.8	Bob Stone 15.22	M45 Glen Johnson 12.16	M60 John Brennand 18:54.28	Dale Nelson 24-7.50 M60 John Cauldwell 30-3
1600m	W45 Martie Behrens 69.9	M80 Ross Carter 32.68 W55 Cherrie Sherrard 21.20	Sonny Hatton 12.52	W70 Phillis Benedict 31:15.72	M75 Charles Mercurio 25
M45 Rich Hayes 5:58 3200m	Sharlet Gilbert 70.4 W50 Nancy Nevin 90.8	Almeta Parish 13.96	Thierry Boucquey 12.59 M50 Stan Shitley 11.84	Short Hurdles	W35 Ilaine Iba 39-8
M45 Rich Hayes 13:30	800m	W60 Fei-Mei Chou 16.76 W65 Shirley Dietderich 18.42	David Naylor 12.71	M45 Ed Baskauskas 18.17 Sheridan Groves 18.83	W45 Avril Naylor 26-11 W65 Magdalena Kuchne 24-6
110mH	M30 Lloyd Anderson 1:58.68 Noah Hinkston 1:59.64	Hammer	Dale Herring 12.81	M50 Dale Nelson 30.3h	Shot Put
M45 Ed Baskauskas 17.6	Jeff Mann 2:05.45	M45 John Gallen 17.00 M50 David Nuttall 28.32	M55 Phil Maresca 13.69 Ron McNight 13.94	M55 Terry Rowan 19.38	M35 James Barry 34-5
M45 Roger Trujillo 18-10 M50 Gary Wuest 14-9½	M35 David Lucas 2:04.21 Nikos Mourtos 2:08.23	M55 Dick Hotchkiss 45.62	M60 Bobby Thomas 12.33	M65 Dave Douglas 20.80 Larry Fullington 21.73	M40 William Gardner 46-5.50 Scott West 41-7.25
M55 John Lawson 16-12	M45 Conn Chateaubriant2:38.73 M50 Greg Burke 2:18.89	R Terhune-Young 41.48 M60 Stew Thomson 48.40	Roger Tsuda 13.50	Mark Richards 23.13	Art Raya 36-6.50
Triple Jump M45 Roger Trujillo 39-1	M55 Jim Williams 2:22.28	Jim Hart 38.52 M70 Jerry Silsdorf 18.30	M65 John Poppell 13.53 Paul Bambrook 13.53	M70 Richard Warren 16.6h M80 Bert Morrow 18.7h	M45 Mike Oeller 39-6.75
M55 John Lawson 32-6	M60 Pete Richardson 2:30.37 M65 John Gregson 3:08.20	M75 Bob Stone 13.22	Mel Melgosa 14.28	Long Hurdles	M50 L Pataki 49-1.25 David Archambault 31-8.50
M60 John Reed 24-7 Shot Put	W40 Melinda Morse 2:35.98 W45 Sharlet Gilbert 2:38.77	M30 Ken Hall 63.74	M70 Frank Benedict 16.02 Tom Miller 16.15	M35 Tim Jones 1:05:63	Gerr Koenig 27-10.50
M55 Warren Ilsohm 30-8½	W45 Sharlet Gilbert 2:38.77 W50 Nancy Nevin 3:43.08	M35 John Hansen 53.52	Tom Miller 16.15 Joe Welch 17.75	M40 Bill Cheadle 59,93 Andrew Becker 1:10.25	M60 Hal Smith 46-5
M65 Rick DeGregorio 32-4 Discus	1500m M30 Noah Hinkston 4:12.16	M45 Bob Powers 49.92 John Gallen 24.66	M80 Bert Morrow 17.95	M45 Sheridan Groves 1:06.57	Jim Hart 41-6.75 Geroge McGinnis 35-1.25
M40 John Price 119-4	M35 David Lucas 4:23.08	M50 David Nuttall 35.80	W35 Elaine Iba 14.14	M50 Dale Nelson 1:32.29	M65 Sam Adams 42
M45 John Gallen 72-10 M55 Warren Ilsohm 110-3	M45 Conn Chateaubriant5:06.23 Lamar Turner 5:48.3	M55 John Burns 45.04 R Terhune-Young 37.44	Linda Cummings 16.31 April Thomas 17.34	M55 Terry Rowan 1:17.03 M60 Al Sheahen 55.24	Allen Norris 29-0.25
M60 John Reed 96-5	Lamar Turner 5:48.3 M50 Fred Martin 5:14.89	M65 Milton Meux 30.16	W40 Kathryn Herring 17.41	M60 Al Sheahen 55.24 M65 Will Robinson 54.11	M70 Bill Bangert 37-8 Jerry Silsdorf 27-1.25
M65 Rick DeGregorio 111-6 Javelin	Tom Mann 6:11.9 M55 Jim Williams 4:39.81	Charles Bispala 22.06 Tom Harney 21.94	W45 Mary Libal 12.73	Jim S elby 1:00.11	M75 Don Cumley 37
M45 John Gallen 92-5	M55 Jim Williams 4:39.81 Gene Gilligan 5:06.75	M75 John Kilbuck 25.72	W55 Kathy Bergen 14.37	Larry Fullington 1.00.21	Jim Minah 31-5.50
M50 Gary Wuest 88-9 M60 John Reed 89-1	M60 Pete Richardson 5:17.23	W65 Shirley Dietderich18.54	W65 Shirley Diederich 19.89 200m	4x100m Relay M30 Team C (Hatton/ 47.07	Jim Sullenger 27-2.25
Aug. 28	M65 John Gregson 6:11.0	KELfield 4th Annual Meet	M35 Robert Sands 23.91	Cummings/Demas/Iba)	M80 Ross Carter 37-7.75 M85 Burt De Groot 18
100m M50 David Naylor 12.3	M40 Brian Boyle 11:40.7	Santa Cruz, CA; Sept. 21	Wayne Iba 23.97	Team B-Cal Coast TC 48.98	M95 John Whittemore 12-10.50
400m	M45 Tom Bennett 11:26.6 M50 Greg Burke 10:35.2	Shot Put M30 John Garvey 36-10	Jean Pierre Masbanji 26.51	(Jones/Bojko/Sands/Hecker)	W35 Karen Vaughn 28-6
M45 Paul Mullinger 66.0	Gary MacPherson 10:50.3	M35 Andy Miller 35-11	M40 Steve Cummings 24.76 Scott Shaughnessy 25.15	M40 Team A-Monsoon TC 50.24 (Perkins/Weston/Clipps/	W40 Svetlana Esayan 35-10
110mH M45 Ed Baskauskas 17.6	Craig Edwards 10:54.9 M55 Gene Gilligan 10:42.6	M40 Rich Watson 36-1½ M45 Gary Kelmenson 36-3½	Jim Bonilla 25.16	Johnson)	W45 Karen Huff 28-0.25 W60 Christel Miller 27-8
Iligh Jump	M60 Bernie Hollander 11:08.1	M50 Rick Bahrons 35-4	M45 Glen Johnson 25.64	Team B-Monsoon TC 50.98	Discus
M60 John Reed 4-3	Carl Jackson 12:16.6 George Moss 12:19.5	M60 Gary Dawson 23-81	George Weston 27.44 Phil Guesin 29.02	(Naylor/Herring/Freitas/ Thomas)	M35 James Barry 113-11
Long Junp	W30 StephanieVannicola11:00.4	M30 John Garvey 142-6	M50 Stan Whitley 23.58	W35 Monsoon TC+others 57.4h	Charles Stanley 108-5
M50 Gary Wuest 15-11	W50 Nancy Nevin 13:24.9	M35 Andy Miller 138-11 M40 Rich Watson 113-9	David Naylor 26.23	(Thomas/Libal/Naylor/lba)	M40 William Gardner 125-9 Art Raya 114-2
M50 Tobe Wolf 29-9	W55 Shirley Matson 11:05.1 (pending age-group AR)	M40 Rich Watson 113-9 M45 Gary Kelmenson 118-10	Nathan Asberty 26.61	High Jump	M45 Mike Deller 120-9
Shot Put M60 Dennis Rietz 35-9	W60 Vicki Bigelow 12:26.8	M50 Rick Bahrons 111-7	M55 Phil Maresca 28.55 M60 Bobby Thomas 25.43	M35 Jean Pierre Masbanji 5-5.75 Tim Jones 5-5.75	John Gallen 70-2
M65 Ira Barkman 32-3	Short Hurdles	M60 Gary Dawson 71-7 Hammer	M65 John Poppell 28.17	M40 Jason Meisler 6-1.50	M50 L Pataki 173
W45 Avril Naylor 23-62 Discus	M35 Roshay Ransom 39" 14.46 Tony Anerker 39" 14.53	M35 Mike Venning 133-0	Mel Melgosa 30.42	M45 Charlie Rader 5-11.50	Lloyd Higgins 163-5 Dave Archchambault 90-8
M60 Dennis Rietz 115-4	M65 Paul Bambrook 21.75	M40 Rich Watson 118-3 M45 Gary Kelmenson 135-7	Jim Sclby 30.61	Ed Baskauskas 5-3.75	M55 Joe Marino 126-3
M65 Rick DeGregorio 107-2 Javelin	Tom Harney 23.67	M50 Rick Bahrons 92-0	M70 Tom Miller 34.86 Frank Benedict 35.82	Mike Cates 5-1.75 M50 Roberto Pozzi 5-1.75	M60 Stewart Thompson 153-9
M45 Ed Baskauskas 122-0	M65 Larry Fullington 62.3	M60 Stew Thomson 164-3 Javelin	Joe Walch 37.08	Dale Nelson 4-2	Jim Hart 145-2 Hal Smith 136-6
M60 John Reed 83-6	High Jump	M40 Rich Watson 154-6	M75 Clarence Killion 37.73	M55 Bert Bergin 4-7.75	M65 Sam Adams 142-8
9319-321 2-13E	M45 Mike Holzgang 1.50	M45 Gary Kelmenson 104-8 M60 Gary Dawson 42-9	M80 Bert Morrow 38.64 W35 Elaine Iba 30.72	Terry Rowan 4-4 Mó0 Phil Fehlen 5-3.75	Dave Douglas 95-6
Northern California Seniors TC Meet	M55 Dick Hotchkiss 1.45	25# Weight	Linda Cummings 34.96	John Steinman 4-4	Allen Norris 78-2 M70 Bill Bangert 114-4
UC-Berkeley; Sept. 8	M60 John Steinman 1.35 M65 Paul Bambrook 1.25	M60 Stew Thomson 56-11	W45 Mary Libal 26.33	M65 Paul Bambrook 4-4	Jerry Gilsdorf 66-3
100m	Tom Harney 1.25	56# Weight M35 Mike Venning 27-10½	400m M30 John Sprague 53.52	Dave Douglas 4-2	Bob Davidson 62-3
M35 Mark Kibart 11.58 M40 Greg Belancio 12.28	Charles Bispala 1.15 M70 Jerry Silsdorf 1.22	M40 Rich Watson 17-11	M35 Tim Jones 56.87	Mark Richards 4 M70 Jerry Silsdorf 3-8.50	M75 Don Cumley 103
M45 Paul Raymond 12.27	W45 Barbara Stratton 1.05	M45 Gary Kelmenson 29-4 M60 Don Hughes 19-1	Joe Paz 58.01	Jim Johnson 3-6.50	Jim Sullenger 99-5 Bob Hunt 80-2
Gregg Bunker 12.87 Ray Yeck 13.11	Pole Vault	35# Weight	Richard La Claire 59.21 M40 Steve Cummings 55.40	W35 Karen Vaughn 4-2	M80 Ross Carter 110-2
M50 Stan Whitley 11.70	M35 Jerry Strong 15-8	M35 Andy Miller 43-1 M40 Rich Watson 36-10	Kai Bergheer 58.22	W55 Kathy Bergen 4-2 W60 Christel Miller 3-10.50	M85 Burt De Groot 58-9
Curtis Thomas 13.22 Gary Patterson 13.23	M40 David Earsley 11-6 M45 Paul Heglar 12-0	M45 Gary Kelmenson 43-1	Neal Bojko 59.42	W65 Shirley Kinsey 3-4.50	M95 John Whittemore 29-1
M55 Phil Maresca 13.80	Jeff Bingham 11-6	M60 Don Hughes 28-4	M45 David Salazar 56.32	Pole Vault	W30 Kathy Burgess 82-6 W40 Svetlana Esayan 114-11
Bob Fuller 14.15 Benson Ford 14.40	M50 Roger Werne 12-0		Phil Guesin 1:02.01 M50 Stan Whitley 52.82	M30 Matt Kendall 15	W50 Karen Huff 65-1
M60 Bobby Thomas 12.76	M60 John Steinman 8-6		Steve Shephard 1:01.53	Greg Romlov 14-6 M35 Lewis Hill 14-6	W65 Shirley Dietderich 57-10
Maryin Smiller 14 02	M65 Tom Harney 7-6 M70 Jim Johnson 7-0		Herb Adams 1:10.22		Continued on next page

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	Om RW	20.00.41
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*Pen	ding World Record	
	NORTHWE	COT
Inter	national Law Enf	orcement
	Games	TORSES.
	It Lake City, UT;	Aug. 11
100n		14 42
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nternational Law E		t
Games		
Salt Lake City, U	i, Aug. II	
100m M30 R Harris	TN 11.42	
M35 D Cherry	NY 11.60	
M40 K Mahlan	FL 12.01	
M40 K Mahlan M45 D Pelkey M50 F Cheung M60+L Henry	NY 12.57	
M60+L Henry	HKG 12.90 NY 14.43	
W35+W Liggins	TN 12.63	
200m		
M30 K Hughes M35 D Cherry	MD 22.32 NY 23.01	
	FL 24.36	
M45 E Dobbins M50 F Cheung	TN 26.33	
M50 F Cheung	HKG 28.25	
M60+L Henry W30 M Clelland	NY 31.01 FL 30.77	
400m		
M30 K Hughes M35 D Cherry M40 D Frederick M50 F Cheung	MD 52.63	
M35 D Cherry	NI 31.32	
M40 D Frederick		
M60+D Cowan	HKG 66.42 CAN 75.65	
W35+K Chan	HKG 77.87	
800m		
	L 2:01.50	
MAO N Haude	ZA 2:11.52 Z 2:12.88	
M45 T Avendorph M	D 2:59.42	
M50 S Evans F	L 2:31.48	
Mb()+() (Owan	CAN 3:06.65	
W30 K Clawson	AZ 2:43.14	
110mH	IKG 2:58.35	
M30 N Albalooshi	DUB 16.17	
M35 I Kuen	HKG 20.91	
M40 T Ciccone	NJ 16.42	
M45 W Sikorsky	Cr 18.72	
M50 L Tucker 4x400m Relay	AZ 20.83	
M35 Arizona	4:02.76	
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M50-59 Ohio	5:10.08	
M50-59 Ohio Sprint Medley Rel M30-34 USA M35 Arizona	1:39.75	
M35 Arizona	1:50.97	
M40-44 hong kong	1:59.27	
M50-59 New York	2:20.17	
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M30 C Callioras M35 D Washington	CA 5-6	
W Derrick	t NV 5-6	
M45 B Paris	FL 5-2	
M50 E Creiviz	DUB 5-4	
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M30 C Callioras M35 T Banyat	NY 21-21 CA 16-61	
M40 J Bowers	CA 16-61 AZ 16-10	ļ
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M30 B Koch M35 B Wolverton	TX 44-0 NJ 44-81	

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M35 M Stewart	UT	64-9
M40 J Kilmer	CA	140-1
M45 L Sequin	TX	69-5
M50 J Arline	FL	127-2
M60+J McFarland	OK	86-2
W30 M Eyman	OH	66-0
W35+D Quigley	AUS	89-4
Javelin		
M30 W Derrick	NV	143-1
M35 M Stewart	UT	99-8
M40 M Hollan	TX	143-2
M45 J Cothrun	AZ	136-1
M50 E Fox	NY	148-
M60+F Conger	OH	78-
W30 M Eyman	OH	97-2
Half-Marathon		
M30 M Sajostedt	SWE 1	:26:09
M35 D Francisco	AZ 1	:20:40
M40 V Krist	RUS 1	:36:10
M45 Y Wo	HKG 1	:37:3
M50 V Thayer	TN 1	:44:0
M60+L DeLeonardi	USA 1	:48:2
TATEDNA		AZA
INTERNAT	IU	Vá V
Italian Votoron	a Nati	anal

Italian Veterans National Championships

Mark Richards	93-0	Coconstice: June 27-30	M70 A Vicinelli 10:
Dave Douglas	88	Cesenatico; June 27-30	High Jump M40 Giuseppe Danieli
M95 John Whittemore	23-6	100m	M45 Angelo Vecchio
W30 A Bublak	138-2	M40 Gaetano Falcone 11.87 M45 Antonio Rossi 11.91	M50 Anton Holzgethan
W50 Karen Huff	75-2	M50 Giancarlo Mariani 12.47	M55 Giorgio Bortolozzi
W60 Christel Miller	85	M55 Armando Sardi 12.47	M60 Mario Ancillotti
W65 Shirley Dietderich	56-7	M60 A Chimichelli 13.40	M65 Giuseppe Mainenti
1500m RW	16.5	M65 Vittorio Biagiotti 13.91	M70 Philip Lalic
M50 Gerry Koenig	10:26.37	M70 Eddo Foroni 15.34	M75 Antonio Zanzi
W50 Anne Poxin	10:51.84	M75 Dino Dario 16.97	M80 Carol Millesimi
3000m RW	A Fast Activities	W35 Nadia Bandini 13.36	W35 Giuseppina Grassi
M50 Gerry Koenig	20:58.43	W40 Laura Brugnara 14.63	W45 Paola Sagot
M70 Bob Davidson	25:18.37	W50 Giusy Rustici . 14.84	W55 Elvina Collavizza
	10 CT	W55 Marilena Landi 17.00	W60 Giulia Perugini Pole Vault
W50 Anne Poxin	22:26.58	W60 Emma Mazzenga 15.66	M40 Sergio De Pretis
*Pending World Record		200m	M40 Bruno Chiavegato
NORTHW	ECT	M40 Antonio Scarano 23.52	M55 Galdino Rossi
NONTHY	L'O I	M45 A Rossi 23.53 M50 Paolo Gava 25.65	Long Jump
International Law Er	forcement	M55 A Sardi 25.49	M40 Claudio Noce
A COLUMN TO SERVICE AND A COLU	norcement	M60 S Martinez 27.33	M45 P Molinaris
Games	STREET,	M65 V Biaggiotti 29.89	M50 Sabatino Vespier
Salt Lake City, UT	Aug. 11	M70 E Foroni 31.16	M55 Delfino Davoglio
100m	OF THE PARTY OF TH	M75 Ugo Sansonetti 30.99	M60 Al Chiminelli M65 Enzo Azzoni
	TN 11.42	W35 D Bandini 28.02	M70 Vanni Pedrina
	NY 11.60	W40 Patrizia Gini 28.59	M75 Antonio Zanzi
	FL 12.01	W45 Domenica Preite 32.23	W35 Cristina Miniati
	NY 12.57	W50 G Rustici 31.45	W40 Laur Brugnara
	HKG 12.90 NY 14.43	W60 E Mazzenga 34.01 400m	W45 Domenica Preite
W35+W Liggins		M40 A Scarano 53.95	W50 Rossana Battistini
200m	SAME YOUR AND A SECOND	M45 A Dragoni 55.43	W55 Marilena Landi W60 Caterina Pernigotto
	MD 22.32	M50 V La Camera 58.42	Triple Jump
	NY 23.01	M55 A Sardi 62.67	M40 Adriano Ugazio
	FL 24.36	M60 S Martinez 60.70	M45 Piercarlo Molinaris
	TN 26.33	M65 Antonio Salvadori 80.56	M50 Luigi Bardone
	HKG 28.25	M70 E Foroni 74.51	M55 G Bortolozzi
	NY 31.01	W35 Rosanna Rosati 62.16	M60 Raffaello Permattei
W30 M Clelland 400m	FL 30.77	W40 Anna Micheletti 68.70	M65 Giuseppe Mainenti
	MD 52.63	W45 Rita Del Pinto 70.59	M75 Antonio Zanzi
	NY 51.52	W50 G Sangermano 72.69	Shot Put
The second secon	NY 54.97	W60 Teresina Tonazzo 97.28	M40 Carlo Sbernini M45 Francesco Carcioffo
	HKG 66.42	800m	M50 Dario Duca
	CAN 75.65	M40 R Brancatelli 2:06.53	M55 Mario Piccolo
	HKG 77.87	M45 Rino Fusina 2:08.82	M60 Romano Soddu
800m	2-01 50	M50 Carlo Michelon 2:20.98	M65 Renato Marcandelli
M30 R Phillipson FL M35 T Jones CA		M55 Giovanni Sega 2:31.24	M70 Sergio Longhi
M40 N Hawk AZ		M60 Giuseppe Capuzzo 2:28.03	M75 Cesare Dematteis
M45 T Avendorph MD		M65 Lodovico Bonvecch2:32.75	M80 Giovanni Pertile
M50 S Evans FI		M70 Nicolino Lugano 3:07.36	W35 Nadia Checchini
M60+D Cowan CA	N 3:06.65	M80 Carlo Fuselli 3:47.13	W40 M R Ingrosso W45 Rossella Bardi
	2:43.14	W35 Rosanna Rosati 2:23.59	W50 Maria Fornari
	G 2:58.35	W40 Rosita Pirhofer 2:23.93 W45 Annamaria Vaghi 2:42.69	W60 Dina Cambruzzi
M30 N Albalooshi	Nm 16 12	W50 Mailis Blom 2:35.57	W65 Maria Surza
M35 I Kuen	DUB 16.17 HKG 20.91	1500m	W70 Livia Dematteis
M40 T Ciccone	NJ 16.42	M40 R Brancatelli 4:20.97	Discus
M45 W Sikorsky	CT 18.72	M45 Rino Fusina 4:28.44	M40 Massimo Casanova
M50 L Tucker	AZ 20.83	M50 Italo Tognoloni 4:38.29	M45 Antonio Maino
4x400m Relay	20.03	M55 D Gabriele 5:05.00	M50 Dario Duca
M35 Arizona	4:02.76	M60 Enzo Boiardi 5:28.05	M55 Giuseppe Petracci
M40-44 Hong Kong	4:22.51	M65 L Bonvecchio 5:18.94	M60 Alberto Celant M65 R Marcandelli
M50-59 Ohio	5:10.08	M70 A Vicinelli 6:23.46	M70 Giovanni Aghem
Sprint Medley Rela		M75 Pietro Nasi 6:47.26	M75 C Dematteis
M30-34 USA M35 Arizona	1:39.75	W35 S De Pasquale 4:56.38 W40 Silvana Cattaneo 5:05.06	M80 G Pertile
M40-44 Hong Kong	1:50.97	W45 Lucia Soranzo 5:09.70	W35 Emanuela Mingoni
M50-59 New York	2:20.17	W50 M Blom 5:27.24	- W40 Simonetta Testi
High Jump		5000m	W45 R Bardi
M30 C Callioras	NY 5-8	M40 G Bisognani 15:56.48	W50 Rosanna Franchi W60 Dina Cambruzzi
M35 D Washington	CA 5-6	M45 G Masarazzi 17:42.70	W65 M Surza
W Derrick	NV 5-6	M50 Ezio Rober 16:33.12	W70 L Denatteis
M45 B Paris	FL 5-2	M55 V Spuzzilo 17:05.08	Hammer
	DUB 5-4	M60 E Boiardi 20:23.23	M40 Massimo Dreassi
Long Jump	BE DEV.	M65 V Montinaro 19:25.26	M45 Cesare Melani
M30 C Callioras	NY 21-23	M70 Sergio Agnoli 19:37.67	M50 Guido Toniolo
M35 T Banyat M40 J Bowers	CA 16-6	M75 P Nasi 24:28.72 W35 S De Pasquale 18:32.49	M55 Franco Bechi
M40 J Bowers M45 D Derry	AZ 16-101 USA 17-1	W40 Milena Cazzador 20:04.52	M60 Francesco Sterchele
M50 L Tucker	NM 14-7	W45 L Soranzo 19:05.93	M65 Armando Landuzzi M70 Giuseppe Scanabissi
Shot Put	Warran San	Company of the state of the sta	M75 Alfio Surza
M30 B Koch	TX 44-0	10,000m M40 Ermes Bertuzzi 34:56	W40 Rosanna Possagno
M35 B Wolverton	NJ 44-81	M45 Franco Zuffa 33:44	W60 Germana Poggiolini
M40 Tony Ciccone	NJ 52-51	M50 Bruno Bettinelli 35:25	W65 M Surza
M45 J Cothrun	AZ 46-21	M55 Bruno Manzetti 37:40	Javelin
M50 E Fox	NY .40-111	M60 Fernando Ghignola 42:27	M40 Paolo Perbellini
M60+J McFarland	OK 36-41	M65 Angelo Squadrone 44:58	M40 Roberto Dugatto
W30 M Eyman	OH 30-7	M70 S Agnoli 39:59	M50 Vanni Rodeghiero
W35+D Quigley	AUS 30-101	M75 Dante Intelligente 54:33	M55 Mario Piccolo

National N	/las
19.18	
M40 Claudio Rapaccioni 62.17 M45 Roberto Mancini 64.29 M50 Andriano Menegazzi 69.08 M55 Guido Mazzoli 79.67 M60 Salvatore Martinez 49.76 M65 Diego Febbe 53.10 W35 Rosanna Rosati 72.40 W40 Rosanno Possagno 1:48.05 Steeplechase	. 1
M40 R Brancatelli 10:22.54 M45 Fausto Pugga 11:29.24 M50 Giorgio Bianchi 11:04.75 M55 Mauro Lucchini 13:34.30 M60 Silvano Gottardo 8:27.90 M65 Martino Cuder 9:05.40 M70 A Vicinelli 10:00.55	1
M40 Giuseppe Danieli 1.63 M45 Angelo Vecchio 1.69 M50 Anton Holzqethan 1.60 M55 Giorgio Bortolozzi 1.54 M60 Mario Ancillotti 1.27 M65 Giuseppe Mainenti 1.36 M70 Philip Lalic 1.33 M75 Antonio Zanzi 1.18 M80 Carol Millesimi 1.05 W35 Giuseppina Grassi 1.50 W45 Paola Sayot 1.29 W55 Elvina Collavizza 1.20 W60 Giulia Perugini 1.05	1
Pole Vault M40 Sergio De Pretis 3.80 M40 Bruno Chiavegato 3.10 M55 Galdino Rossi 3.20 Long Jump	1
M40 Claudio Noce 5.96 M45 P Molinaris 5.69 M50 Sabatino Vespier 4.89 M55 Delfino Davoglio 5.57 M60 Al Chiminelli 4.70 M70 Vanni Pedrina 3.95 M75 Antonio Zanzi 3.57 W35 Cristina Miniati 4.81 W40 Laur Brugnara 3.57 W45 Domenica Preite 3.70 W50 Rossana Battistini 3.38 W55 Marilena Landi 3.52 W60 Caterina Pernigotto3.55	V V V V V V V V V V V V V V V V V V V
Triple Jump M40 Adriano Ugazio 12.43 M45 Piercarlo Molinaris12.32 M50 Luigi Bardone 9.43 M55 G Bortolozzi 10.92 M60 Raffaello Permattei 9.70 M65 Giuseppe Mainenti 9.67 M75 Antonio Zanzi 7.85	N N N N N N N N N N N N N N N N N N N
M40 Carlo Sbernini 12.49 M45 Francesco Carcioffol2.96 M50 Dario Duca 11.54 M55 Mario Piccolo 12.13 M60 Romano Soddu 12.45 M65 Renato Marcandelli 11.42 M70 Sergio Longhi 11.43 M75 Cesare Dematteis 8.67 M80 Giovanni Pertile 10.32 W35 Nadia Checchini 7.80 W40 M R Ingrosso 9.98 W45 Rossella Bardi 9.26 W50 Maria Fornari 7.09 W60 Dina Cambruzzi 7.50 W65 Maria Surza 8.38 W70 Livia Dematteis 6.08	
Discus 33.74 M40 Massimo Casanova 34.00 M45 Antonio Maino 34.00 M50 Dario Duca 42.48 M55 Giuseppe Petracci 36.18 M60 Alberto Celant 38.00 M65 R Marcandelli 39.84 M70 Giovanni Aghem 34.38 M75 C Dematteis 29.22 M80 G Pertile 26.86 W35 Enanuela Mingoni 24.40 W40 Simonetta Testi 24.40 W50 Rosanna Franchi 30.36 W50 Rosanna Franchi 8.18 W65 M Surza 23.26 W70 L Denatteis 13.20	
Hammer	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
Javelin M40 Paolo Perbellini M40 Roberto Dugatto M50 Vanni Rodeghiero M50 Vanni Rodeghiero M50 Vanni Rodeghiero	1

	asters News M60 Raffaele Adornato 36.52	M75 E
19.18 18.04	M65 Hermann Visenteiner44.08 M70 Alfredo Mazzoli 33.42	M80 T W35 N
17.79 16.90	M75 A Surza 26.64 M80 Giovanni Pertile 27.40	W40 N
20.20	W35 Angela Fratini 37.54	W45 J W50 I
18.34 17.26	W40 Angela Vannella 20.60 W45 Paola Sagot 17.70	W55 F
16.05	W50 Teresa De Pace 14.32 W55 Elvina Collavizza 23.70	W60 E
15.96 16.67	W60 Dina Cambruzzi 14.44 W65 Anna Flaibani 20.16	W70 N
62.17	European Veterans	10,000
64.29	Championships Malmo, Sweden; July 20-28	M40 J M45 (
79.67	100m	M50 k
53.10 72.40	M40 S Peters GBR 11.26 M45 W Seidel POL 11.72	M65 E
:48.05	M50 P Adomake FIN 11.89 M55 I Babos HUN 12.18	W35 N W40 I
:22.54	M60 R Bocki GER 12.47	W50 I
:04.75	M65 B Neumann GER 12.87 M70 A Multaert SWE 13.90 M75 B Sobrero ITA 14.18	W55 A W60 E
:27.90	14.16	W65 N
:00.55	W35 M Slushkina RUS 12.20	W75 I
1.63	W40 T Verhoef-Jacobs HOL 12.58 W45 G Otto GER 12.92	Short M40 I
1.69	W50 V Parsons GBR 13.30	M45 / M50 N
1.54	W55 B Hoffman GER 13.83 W60 C Roovera HOL 14.12	M55 (
1.36	W65 C Franzen GER 16.34 W75 M Wixey GBR 19.05	M60 C
1.18	200m	M70 F
1.50	M40 S Peters GBR 22.23 M45 D Langagneux FRA 23.67	M75 E W35 N
1.20	M50 W Toacher GER 24.47	W40 I W45 V
3.80	M55 G Mueller GER 24.39 M60 H Gasper GER 26.19	W50 C
3.10	M65 B Neumann GER 26.16 M70 A Multaert SWE 29.01	W55 F Long I
3.20	M75 B Sobrero ITA 29.89	M40 I
5.96	M80 H Liedtke SWE 32.79 W35 C Muller SUI 26.27	M45 7
4.89 5.57	W40 T Verhoef-Jacobs HOL 25.88 W45 A Knipping BEL 26.51	M55 C M60 F
4.70	W50 I Bluhm DEN 27.26	M65 F
3.95	W55 B Hoffmann GER 28.13 W60 Roovera HOL 29.43	M70 F W35 J
4.81 3.57	W65 C Franzen GER 33.66 W70 P Schneiderman GER 32.59	W40 N W45 F
3.70 3.38	W75 G Svensson SWE 37.62	W50 N 2000m
3.52 03.55	400m M40 S Peters GBR 50.20	M60 A
12.43	M45 V Felicetti ITA 52.71 M50 W Peitzmeier GER 54.65	M65 F M70 I
s12.32 9.43	M55 G Mueller GER 54.65	W35 S
10.92 i 9.70	M60 H Gasper GBR 57.96 M65 B Neumann GER 57.52	W45 N
9.67 7.85	W35 Z peto AUT 58.60 W40 T Verhoef-Jacobs HOL 58.89	3000m M40 F
12.49	WAS A Valanta DEL CO CO	M45 I M50 I
012.96	W50 Y Priestman GBR 1:04.42 W55 B Hoffmann GER 1:06.09 W60 J Jansen NOR 1:13.90	M55 (
12.13	W60 J Jansen NOR 1:13.90 W65 C Franzen GFR 1:18.53	4x100 M40 (
11.42	W65 C Franzen GER 1:18.53 W70 M Shone GBR 1:19.45	M60 C
8.67 10.32	W75 G Svensson SWE 1:38.94 800m	W35 (
7.80 9.98	M40 C Cabral POR 1:57.31	W40 F
9.26 7.09	M45 P Molloy GBR 2:02.45 M50 L Duffey GBR 2:08.09	4x400
7.50	M55 W Scheidt GER 2:11.88 M60 M Fox GBR 2:21.63	M40 (M50 (
8.38 6.08	M65 B Neumann GER 2:23.17 M70 R Bergman SWE 2:23.77 M75 H Josephson SWE 2:53.96 M80 A Oaaelaer BEL 3:38.79	M60 C
33.74	M75 H Josephson SWE 2:53.96	W35 (
34.00 42.48	M80 A Oaaelaer BEL 3:38.79 W35 A Koop GER 2:08.70	W40 (
36.18 38.00	W40 D Ven Den Ven HOL 2:23.89	W60 C
39.84 34.38	W50 I Janhunen FIN 2:34.78	M45 N
29.22 26.86	WOO J Jansen NOR 2:45.03	M55 (
26.08 24.40	W60 B De Preter BEL 3:10.91 W70 N Naqumenko RUS 3:10.72	M65 N
30.36 18.18	1500m M40 M Krempl SLO 4:05.28	M70 (
20.16	M45 Y Kami ISR 4:12.71 M50 R Mercelina HOL 4:18.10	M80 F W35 I
13.20	M55 A Heijdaris HOL 4:25.49	W40 (
43.42	M60 H Jentach GER 4:51.66 M65 L Mattsson FIN 5:08.91	W50 E
38.58 45.62	M70 R Bergman SWE 5:13.55 M75 D Talmaciu ROM 5:57.63	W55 F W60 I
46.04 le44.28	M80 T Perttu FIN 6:56.31	W65 E
34.96 si23.40	W50 Osborn GBR 6:03.18	W75 S
38.72 16.36	W65 Ward GBR 8:28:00 5000m	M40
18.56 25.52	M40 M Krempl SLO 15:18.21 M45 F Diaz-Perez ESP 15:30.77	M45 I
		M50 I
53.42		M55 I
39.46	M55 G Gaulen NOR 16:38.16 M60 F Vicente POR 17:23.34 M65 L Stranch SWE 18:07.36	M60 I M65 I

M80 T Pertius FIN 2534 65 W35 P Ike W35 M Soderstrom SWE 17.32 96 W40 U Ri W45 J Peterson SWE 17.19 13 W60 I Pohl GER 19.05 60 W55 S R Frederika GER 19.55.24 M40 G S M M50 P AR W60 E Pohl GER 20.01.50 M50 P AR W75 E Walstrom SWE 30.25 26 M50 P AR M70 N Naqumenko RUS 24.09 10 M75 G SI M70 N Naqumenko RUS 24.09 10 M75 G SI M70 N Naqumenko RUS 24.09 10 M75 G SI M70 N Naqumenko RUS 24.09 10 M75 G SI M75 G Naklafer SWE 30.25 26 M60 H M M50 N K Stahl SWE 32.27 46 M65 W R M M55 A Schaler GER 41.53.63 W55 G N Sentzien GER 41.53.63 W50 I Janhunen FIN 38.54 80 W55 G N Sentzien GER 41.25.58 W60 E Pohl GER 41.25.58 W60 I E Pohl GER 41.25.58 W60 I Fohlinder SUP 41.22.35 M60 I Pohl GER W60 E Pohl GER 41.25.36 M55 S S B M60 I Pohl GER W			N
M80 T Pertitu FIN 253.465 W35 M Soderstrom SWE 173.296 W40 U REIdridge GBR 1808.42 W50 D N W45 J Peterson SWE 19.55.24 W50 D N M40 G Pohl GER 20.01.50 M55 M Nagel GER 19.55.24 M40 G F Pohl GER 20.01.50 M55 D N M50 P A M55 P Pin M60 H M M50 M A M50 P A M55 P Pin M60 H M M50 M M50 M S M50 P A M55 P A M60 P A M53 M S A M60 M S A M50 M S A M50 P A M55 P A W60 I De M60 P A W55 C S A W60 I De W60 D P A W55 C S S A W60 I De M60 P P A W55 C S S A W60 I De M60 P P A M55 S B A W60 I De M60 P P A M55 S B A W60 I De M60 P P A M55 S B A W60 I De M60 P B A M55	M75 E Pauwcla BEL	22:30.04	M75 E Zenad
W40 M Eldridge GBR 18.08.42 W50 D N W50 I Janhunen FIN 19.06.60 M40 G S W50 E Pohl GER 20.01.50 M55 P M W60 E Pohl GER 21.45.52 M55 P Pin W70 N Naquencho RUS 24.09.10 M60 H M W75 E Walstrom SWE 30.25.26 M65 W R M40 J Eyckmans BEL 31.01.20 M65 W R M50 N Stahl SWE 32.27.46 M65 W R M55 A Aldegalega POR 41.53.63 W35 M S W35 M Soderstrom SWE 35.45.87 W40 L Zenther GER W55 L Stahl SWE W55 L Stahl SWE <td>M80 T Perttu FIN</td> <td>25:34.65</td> <td>W35 P Herm</td>	M80 T Perttu FIN	25:34.65	W35 P Herm
W45 J Peterson SWE 1719 13 Long Jum W50 F Control GIR 19.06 60 M40 G Sy W50 F Pold GIR 20.01.50 M50 P Al W65 M Nagel GER 20.01.50 M50 P Al W75 E Walstrom SWE 31.01.20 M60 H M M40 J Eyckmans BEL 31.01.20 M70 M J M55 A Aldegalega POR 34.25.15 W35 M S M55 A Stahl SWE 32.24.76 W40 I De M55 M Soderstrom SWE 35.45.87 W35 M S W55 A Sentzien GER 41.42.35 W60 E Pohl GER W60 E Pohl GER W55 A Sentzien GER 41.42.35 W60 E Pohl GER W60 E Pohl GER W60 E Pohl GER W70 M Dahinden SUI 543.08.5 W75 M W M60 E Pohl GER 41.57.32 W70 M Dahinden SUI 543.08.5 M45 P Kc M55 G Mueller GER 15.08 M55 G M W M55 G Mueller GER 15.36 M60 J H M M55 G Mueller GER 15.36 M75 G SI M60 P Field GBR 18.22 W45 M H M M70 F Duys HOL 14.33 W55 E E <td>W40 M Eldridge GBR</td> <td>18:08.42</td> <td></td>	W40 M Eldridge GBR	18:08.42	
W50 I Janhunen FIN 19.06 60 W55 R Frederika GER 19.55.24 W60 E Pohl GER 20.01.50 W65 M Nagel GER 21.45.52 W70 N Naquemenko RUS 24.09.10 M40 J Eyckmans BEL 31.01.20 M45 O Van Noten BEL 32.04.57 M55 A Aldegalega POR 34.25.15 M55 A Aldegalega POR 41.53.63 W50 I L Zentner GER 37.42.48 W50 I Janhunen FIN 38.54.80 W55 A Sentzien GER 41.53.63 W50 I Janhunen FIN 38.54.80 W55 A Sentzien GER 41.57.32 W60 E Pohl GER 42.55.81 W55 A Sentzien GER 41.57.32 W70 M Dahinden SUI 54.30.85 W75 E Falke GER 12.73.317 M55 T Field GBR 14.69 M55 S A Sentarien GER 41.57.32 M50 H Malatidis GRF 46.9 M50 F Field GBR 16.29 M55 S S B M60 F Field GBR 18.32 M50 F S Bostero ITA 18.50 W50 F S R Dijkman HOL 10.00	W45 J Peterson SWF	17:19 13	Long Jump
W65 M Nagel GER 214.5.52 M65 W R W70 N Naquemenko RUS 30.25.26 M65 W R 10,000m M65 W R M70 M Js M40 J Eyckmans BEL 31.01.20 M75 G S M M50 K Stahl SWE 32.27.46 W60 M M M55 A Aldegalega POR 41.53.63 W40 I De W50 I Janhunen FIN 38.54.80 W60 E Pohl GER 41.53.63 W50 I Janhunen FIN 38.54.80 W60 E Pohl GER 41.53.63 W50 M Sapel GER 41.53.63 W50 I Bl W50 M Saphinden SUI 54.30.85 W55 C Sc W75 M S M Sapel GER 41.42.35 M60 J Fe W50 M Salniden SUI 41.53.81 M75 D S M M50 M Malatidis GRF 14.69 M55 S Ba M55 G Mueller GER 15.36 M60 J Fe M60 P Field GBR 18.32 W45 K L M50 F Pield GBR 18.32 W45 K L M60 F Pield GBR 18.30 W35 P H M65 P Field GBR 18.30 W35 P H W50 C Stedtier GER 14.09 W40 M H	W50 I Janhunen FIN	19:06.60	M40 G Sybu
W65 M Nagel GER 214.5.52 M65 W R W70 N Naquemenko RUS 30.25.26 M65 W R 10,000m M65 W R M70 M Js M40 J Eyckmans BEL 31.01.20 M75 G S M M50 K Stahl SWE 32.27.46 W60 M M M55 A Aldegalega POR 41.53.63 W40 I De W50 I Janhunen FIN 38.54.80 W60 E Pohl GER 41.53.63 W50 I Janhunen FIN 38.54.80 W60 E Pohl GER 41.53.63 W50 M Sapel GER 41.53.63 W50 I Bl W50 M Saphinden SUI 54.30.85 W55 C Sc W75 M S M Sapel GER 41.42.35 M60 J Fe W50 M Salniden SUI 41.53.81 M75 D S M M50 M Malatidis GRF 14.69 M55 S Ba M55 G Mueller GER 15.36 M60 J Fe M60 P Field GBR 18.32 W45 K L M50 F Pield GBR 18.32 W45 K L M60 F Pield GBR 18.30 W35 P H M65 P Field GBR 18.30 W35 P H W50 C Stedtier GER 14.09 W40 M H	W55 R Frederika GER	19:55.24	M45 S Saulie
W70 N Naqumenko RUS 24-09-10 M60 H M W75 E Walstrom SWE 30-25-26 M65 W R M0000m M45 O Van Noten BEL 31-01-20 M45 O Van Noten BEL 32-04-57 W35 M S M55 A Aldegalega POR 34-25-15 W45 G O M65 B Howarth GBR 41-33-63 W50 1 Ibl W55 A Sentzien GER 41-42-35 W60 E Doll GER W55 A Sentzien GER 41-42-35 W75 M W W60 E Pohl GER 42-55-81 W60 E Pohl GER W55 C Sc W55 M Salte GER 44-57-32 M40 M M W M M M M W M W M M M M M M M M M	W65 M Nagel GFR	21:45.52	
10,000m M40 J Eyckmans BEL 31,01,25 M45 O Van Noten BEL 32,04,57 M50 K Stahl SWE 32,27,46 M55 A Aldegalega POR 34,25,15 W35 M Soderstrom SWE 34,54,87 W40 L Zentner GER 37,42,48 W50 I Janhunen FIN 38,54,80 W55 A Sentzien GER 41,42,35 W60 E Pohl GER 42,55,81 W65 M Nagel GER 44,57,32 W70 M Dahinden SUI 54,30,85 W75 E Falke GER 12,73,31,75 M65 M Nagel GER 44,57,32 W70 M Dahinden SUI 54,30,85 W75 E Falke GER 12,73,31,75 M60 H Kreiner AUT 15,08 M60 H Kreiner AUT 15,08 M60 H Kreiner AUT 15,08 M60 D Field GBR 16,29 M65 P Field GBR 16,29 M65 P Field GBR 16,29 M65 P Field GBR 16,29 W50 C Steditier GER 12,36 W50 W Otto GER 12,30 W50 C Steditier GER 12,36 W50 W Wucherer GER 12,36 W50 W Wucherer GER 12,36 W60 F Siphman HOL 14,08 M60 F	W70 N Naqumenko RUS	24:09.10	M60 H Mano
M45 O Van Noten BEL 31.01.20 M75 G SI M45 O Van Noten BEL 32.04.57 W35 M S M50 K Stahl SWE 32.27.46 W40 I De M55 A Aldegalega POR 34.25.15 W45 G O M65 B Howarth GBR 37.42.48 W50 I Bh W35 M Soderstrom SWE 35.43.87 W55 C S W50 I Janhunen FIN 38.54.80 W65 E Falk W55 A Sentzien GER 41.42.35 W75 M W W65 M Nagel GER 44.57.32 W70 M Dahinden SUI 54.30.85 W65 M Nagel GER 44.57.32 M70 M P M60 J Pe M45 A Pina-Florit ESP M60 J Fe M60 J Pe M50 M Malatidis GRF 14.69 M75 G SI M60 C Shafto GBR 16.29 M40 A H M5 Field GBR 18.32 W45 K L M60 F Field GBR 18.32 W45 K L W50 C Stedtier GER 10.02 W55 C Sc W40 D Anderson GBR 55.57 W75 M W W50 C Stedtier GER 14.06 Shot Put M45 T Wells GBR 10.02 W75 M W <		30:25.26	M65 W Ruct
M50 K Stahl SWE M50 K Stahl SWE M50 K Stahl SWE M50 K Stahl SWE M50 L Zentner GER W50 L Janhuner FIN W50 M Janhuner FIN W50 M Sentzien GER W50 L Janhuner FIN W50 M Sentzien GER W50 L Janhuner FIN W50 M Nagel GER W50 M Mahatidis GRF M50 M Mahatidis GRF M50 M Mahatidis GRF M50 M Malatidis GRF M60 J Fe Buys HOL W50 M San Subshkina RUS W50 E Field GBR M50 M Subshkina RUS W50 C Stediter GER W50 W Otto GER W50 C Stediter GER W50 C Stediter GER W50 C Stediter GER M50 M Wucherer GER M50 M Sansunst FIN M50 M Malatidis GNF M60 J Ford M60 J Ford W50 C Stediter GIR W50 M Holatidis GNF M50 M Wucherer GER M50 M Wucherer GER M50 M Wucherer GER M50 M Wucherer GER M60 J Rosate NOR M50 M Holatidis FIN M50 M Wucherer GER M60 J Rosate NOR M50 M Holatidis M50 W Wucherer GER M50 M Sansunst FIN M50 W Wucherer GER M60 J Rosate NOR M50 M Holatidis M50 W Wucherer GER M60 J Rosate NOR M50 M Holatidis M50 W Wucherer GER M50 M Holatidis M50 M Holatidis M50 W Wucherer GER M60 J Rosate NOR M50 M Holatidis M50 W Wucherer GER M50 M Holatidis M50 W Wucherer GER M60 J Rosate NOR M50 M Holatidis M50 W Wucherer GER M50 M Holatidis M50 W Wilte GER M60 A Rosate NOR M50 M Holatidis M50 W Holatidis M50 W Wilte GER M60 A Rosate NOR M50 M Holatidis M50 Germany M50 Germany M50 Germany M60 Germany M60 Germany M60 Germany M60 Germany M60 Germany M60 Germany M70 Germany M70 Germany M50 Germany M60		21.01.20	M70 M Jarvi
M50 K Stahl SWE M55 A Aldegalega POR M55 A Aldegalega POR M55 A Aldegalega POR M55 A M5degalega POR M55 A M5degalega POR W50 E M54 S G O M55 B Howarth GBR W50 I Janhunen FIN W50 I Janhunen FIN W50 I Janhunen FIN W50 E Pohl GER W50 I Janhunen FIN W60 E Pohl GER W55 M Nagel GER W75 M M56 M Nagel GER W75 E Falke GER W75 E Falke GER W75 E Falke GER W75 E Falke GER W75 M M55 S M60 J Pe M65 M Nagel GER W45 M M55 M M65 H St M60 C Shafto GBR M60 D M Malatidis GRF M60 C Shafto GBR M65 P Field GBR M75 G Mueller GER M60 C Shafto GBR M75 B Sobrero ITA M58 M Slushkina RUS W30 I Dech GER W55 R Dijkman HOL Long Hurdles M40 D Anderson GBR M55 G Mueller GER W55 G Mueller GER M55 G Mueller GER M55 G Mueller GER M56 P Field GBR M57 D Field GBR M58 D Wucherer GER M59 C Stedtier GER M50 W Wucherer GER M50 W Wucherer GER M50 D Anderson GBR M50 W Wucherer GER M50 M Shushkina RUS M50 F Field GBR M50 W Wucherer GER M50 D Anderson GBR M50 W Wucherer GER M50 D Anderson GBR M50 W Wucherer GER M50 M M50 G S M50 S C S M5	M40 J Eyckmans BEL M45 O Van Noten BEI	31:01.20	
M65 B Howards GBR 4153.63 W50 C Sector W35 M Soderstrom SWE 37.42.48 W50 I Janhunen FIN 37.42.48 W60 B Bu W50 J Janhunen FIN 37.42.48 W60 B Bu W60 E Pohl GER 41.23.5 W75 M SWE W75 M SWE W60 E Pohl GER 42.55.81 W75 M W M45 P R Ke M46 D P R M S P R M M S P R Ke M45 P R Ke M46 D P R M S P R M M S P R Ke M45 P R Ke M45 W W M S P R Ke M45 W M M S P R Ke M35 P R M S P R W M S P R Ke M35 P R M S P R W M S P R Ke M35 P R M S P R W M S P R Ke M35 P R M S P R W M S P R Ke M35 P R M S P R W M S P R Ke M35 P R M S P R W M S P R Ke M35 P R M S P R W M S P R Ke M35 P R M S P R W M S P R Ke M35 P R M S R K M M S P R Ke M35 P R M S R L R M M S P R Ke M35 P R M S R L R M M S P R Ke M35 P R M S	M50 K Stahl SWE	32:27.46	W40 I Dech
W35 M Soderstom SWE 35:45.87 W40 L Zentner GER W37.42.48 W50 I Jahnuen FIIN 38:54.80 W55 A Sentzien GER 41:42.35 W65 M Nagel GER 42:53.81 W65 M Nagel GER 42:53.81 W70 M Dahinden SUI 54:30.85 W75 E Falke GER 1.27.33.17 M60 H Kreiner AUT 15.08 M45 A Pina-Florit ESP M60 M M65 H Si M60 J Pe M50 M Malatidis GRF 14.69 M55 G Mueller GER 15.36 M60 C Shafto GBR 16.29 M55 G Mueller GER 14.06 W35 M Sobrero ITA W35 M W55 C Sc W40 I Dech GER 12.36 W40 I Dech GER 12.36 W40 U Toech GER 14.06 W55 R Dijkman HOL 14.08 Long Hurdles M60 F Cornelis BEL M70 H Suoknuuti FIN S222 W35 M Sudenter GER 10.0.70 W40 M Sanguos ESP W45 F Carvalho POR 10.916 W50 D Steeplechase M60 A Rosate NOR M65 F Blanchou FRA M60 F Goncal Steeplechase M40 Germany M45 M Rocnakova TCH 921.23 W40 H Fanturova TCH W21.23 W35 K L W45 N C S S W W55 C W W55 E W W55 C S W W55	M55 A Aldegalega POR	34:25.15	W45 G Otto
W40 L Zentiner GER 3742.48 W60 J Bu W50 I Janhunen FIN 38.54.80 W65 E Er W55 A Sentzien GER 41:42.35 W75 M W W55 M Nagel GER 42:55.81 M40 W W W70 M Dahinden SUI 54:30.85 M40 W W W75 E Falke GER 127:33.17 M50 P M M55 T E Falke GER 127:33.17 M50 P M M55 A Pina-Florit ESP 16:40 M55 S Ba M50 M Malatidis GRF 14:69 M75 G SI M60 C Shaflo GBR 16:29 W40 A H M60 P Field GBR 18:32 W45 K L M70 F Buys HOL 14:33 W50 E S W35 M Slushkina RUS 13:95 W60 A F W45 W Otto GER 12:90 W75 M V W50 C Stedlier GER 12:00 W75 M V M40 D Anderson GBR 55:57 M60 P Sr M50 W Wucherer GER 10:2:33 M60 P Sr M50 W Wucherer GER 10:2:33 M60 P Sr M50 W Field GBR 59:83 M55 K L M50 W Field GBR 51:22			W50 I Bluhn
W50 I Janhunen FIN 38.54.80 W65 E Ret W55 A Sentzien GER 41:42.35 W75 M Sentzien GER 42:55.81 W75 M Sentzien GER 42:55.81 W75 M Sentzien GER 42:55.81 W75 D Sentzien GER M45 D Sentzien GER M45 D Sentzien GER M45 D Sentzien GER M50 P Al M M50 P	W40 L Zentner GFR	37:47:48	
W55 A Sentzien GER 4142.35 W75 M W W75 M W WW	W50 I Janhunen FIN	38:54.80	W65 E Enars
W65 M Nagel GER 44:57.32 M40 W W M5 P AI W75 E Falke GER 1:27.33.17 M50 P AI Short Hurdles M40 H Kreiner AUT M50 M M61 H Keriner AUT M65 H St M55 G Mueller GER 15.36 M65 H St M55 G Mueller GER 15.36 W35 P H M60 C Shafto GBR 16.29 W40 A H M65 P Field GBR 18.32 W45 K L M70 F Buys HOL 14.33 W50 E Sr M75 B Sobrero ITA 8.30 W55 C Sc W35 M Slushkina RUS 13.95 W65 D E St W45 W Otto GER 12.90 W50 C Stedtier GER 14.06 W55 R Dijkman HOL 14.08 M40 V M Long Hurdles M40 D Anderson GBR 55.57 M40 T Wucherer GER 1.02.33 M60 P Sr M50 W Wucherer GER 1.02.33 M60 P Sr M50 T Weld GBR 59.83 M55 K L M50 W Wucherer GER 1.02.33 M60 P Sr M50 F Field GBR 59.83 M55 K L M50 F Field GBR 51.22 M75 H B	W55 A Sentzion GER	41:42.35	W75 M Wixe
W70 M Dahinden SUI 54:30.85 W75 E Falke GER 1.27.33.17 M50 P Af M55 S Ba M40 H Kreiner AUT 15.08 M60 J Pe M65 M Fish S G Mueller GER 15.36 M60 C Shafto GBR M65 E G W45 W S L E G W45 W S L E G W45 W S M S M Slushkina RUS W75 E S W45 K L W W S K L W W S W Otto GER 12.36 W65 E S W W S C S G W W S W Otto GER 12.36 W65 E S W W S C S tedliter GER 14.06 W75 M S W S W S C S G W W S W Otto GER 12.90 W75 M W M S M S W S W S W S C S G W W S W Otto GER 12.90 W75 M W M S R K M S M S W W W C S E S W W S S C S G W S W Otto GER 12.90 W75 M W M M S R K M S M S W W W C S E S W M S S R S W S S C S G W W S D C S tedliter GER 10.03 M60 F Cornelis BEL M65 P Ficial GBR 55.57 M50 A H M M S A M M S R K M M S R	W60 E Pohl GER	42:55.81	Triple Jump
MAD H Kreiner AUT 15.08 M60 J Pe M45 A Pina-Florit ESP 16.40 M65 H St M50 M Malatidis GRF 14.69 M75 G SI M50 M Malatidis GRF 14.69 M75 G SI M55 G Mueller GER 15.36 W35 P He M60 C Shafto GBR 16.29 W40 A H M65 P Field GBR 18.32 W55 C Sc M70 F Buys HOL 14.33 W50 E S CS W35 M Slushkina RUS 13.95 W60 A Fc W40 I Dech GER 12.90 W75 M V W45 W Otto GER 12.90 W75 M V W55 R Dijkman HOL 14.08 M40 V M Long Hurdles M45 R K M45 R M K K M45 R K M50 W Wucherer GER 102.33 M60 P S M45 R M M M M S R K K M M M S R K K M M M S R K K M M M S R K K M M M S R K K M M M M S R K K M M M S R K K M M M S R K K M M S R K K M M S R K K M M S R K K M M S R K K M M S R K K M M S R K K M M S R K K M M S R K K M M S R K K M S R K M M S R K	W70 M Dahinden SUI	54:30.85	M45 P Kostr
MAD H Kreiner AUT 15.08 M60 J Pe M45 A Pina-Florit ESP 16.40 M65 H St M50 M Malatidis GRF 14.69 M75 G SI M50 M Malatidis GRF 14.69 M75 G SI M55 G Mueller GER 15.36 W35 P He M60 C Shafto GBR 16.29 W40 A H M65 P Field GBR 18.32 W55 C Sc M70 F Buys HOL 14.33 W50 E S CS W35 M Slushkina RUS 13.95 W60 A Fc W40 I Dech GER 12.90 W75 M V W45 W Otto GER 12.90 W75 M V W55 R Dijkman HOL 14.08 M40 V M Long Hurdles M45 R K M45 R M K K M45 R K M50 W Wucherer GER 102.33 M60 P S M45 R M M M M S R K K M M M S R K K M M M S R K K M M M S R K K M M M S R K K M M M M S R K K M M M S R K K M M M S R K K M M S R K K M M S R K K M M S R K K M M S R K K M M S R K K M M S R K K M M S R K K M M S R K K M M S R K K M S R K M M S R K	W75 E Falke GER 1:	27.33.17	M50 P Ahom
M45 A Pina-Florti ESP 16.40 M65 H SI M50 M Malatidis GRF 14.69 M75 G SI M55 G Mueller GER 15.36 W35 P H M60 C Shaflo GBR 16.29 W40 A H M65 F Field GBR 18.32 W45 K L M70 F Buys HOL 14.33 W50 E S M75 B Sobrero ITA 18.50 W55 C S W35 M Slushkina RUS 13.95 W60 A F W45 W Otto GER 12.90 W75 M V W50 C Stedtier GER 14.06 Shot Put W50 C Stedtier GER 14.08 M45 R K W50 C Stedtier GER 14.08 M45 R K M50 W Wacherer GER 10.233 M60 P K M40 D Anderson GBR 55.57 M50 A H M50 W Wucherer GER 102.33 M60 P K M51 C Wucherer GER 19.38 M65 M S M50 W Bueller GER 59.83 M65 M S M60 F Cornelis BEL 45.41 M70 A R M65 P Field GBR 100.70 W35 W L W50 M Hocknell GBR 52.21 M80 K M	Short Huldies	Comment Calling	M55 S Back
M50 M Malatidis GRF 14.69 M75 G St W35 P H M60 C Shafto GBR 16.29 W40 A H W45 K L M60 C Shafto GBR 18.32 W45 K L W50 E St M70 F Buys HOL 14.33 W50 E St CS W35 M Slushkina RUS 13.95 W60 A F W35 W Otto GER 12.90 W75 M S W50 C Stedtier GER 14.06 M65 P B M50 C Stedtier GER 14.08 M40 V M M55 R Dijkman HOL 14.08 M40 V M Long Hurdles M40 D Anderson GBR 55.57 M40 D Anderson GBR 59,38 M55 K L M50 W Wucherer GER 190,33 M65 M S K M M50 F Cornelis BEL 45.41 M70 A R M65 P Field GBR 51.22 M75 H B M70 H Suoknuuti FIN 52.22 M80 K G W40 M Sanguos ESP 1:04.15 W45 N Z W45 H Carvalho POR 1:04.15 W45 N Z W55 P Blanchou FRA 818.58 W75 K S M60 A Rosate NOR 7:59.40 M40 S Ar <td>M40 H Kreiner AUT</td> <td>15.08</td> <td>M60 J Perez</td>	M40 H Kreiner AUT	15.08	M60 J Perez
M75 B Sobrero ITA 18.50 W55 C S W35 M Slushkina RUS 13.95 W60 A FG W40 I Dech GER 12.36 W65 E EG W45 W Otto GER 12.90 W75 M W W50 C Stediter GER 14.06 Shot Put M55 R Dijkman HOL 14.08 M40 V M Long Hurdles M40 D Anderson GBR M55.57 M45 T Wells GBR 59.38 M60 F C M50 W Wucherer GER 59.83 M65 P S M50 W Wucherer GER 59.83 M65 P S M50 W Soll Ber GER 59.83 M65 P S M50 F Cornelis BEL 45.41 M70 A R M60 F Cornelis BEL 45.41 M70 A R W50 M Holoknell GBR 1519.16 W45 N Z W50 M M Germany 81.81.83 W35 W K G W75 M S W75 K Sr Discus	M50 M Malatidis GRF	14.60	
M75 B Sobrero ITA 18.50 W55 C S W35 M Slushkina RUS 13.95 W60 A FG W40 I Dech GER 12.36 W65 E EG W45 W Otto GER 12.90 W75 M W W50 C Stediter GER 14.06 Shot Put M55 R Dijkman HOL 14.08 M40 V M Long Hurdles M40 D Anderson GBR M55.57 M45 T Wells GBR 59.38 M60 F C M50 W Wucherer GER 59.83 M65 P S M50 W Wucherer GER 59.83 M65 P S M50 W Soll Ber GER 59.83 M65 P S M50 F Cornelis BEL 45.41 M70 A R M60 F Cornelis BEL 45.41 M70 A R W50 M Holoknell GBR 1519.16 W45 N Z W50 M M Germany 81.81.83 W35 W K G W75 M S W75 K Sr Discus	M55 G Mueller GER	15.36	W35 P Herm
M75 B Sobrero ITA 18.50 W55 C S W35 M Slushkina RUS 13.95 W60 A FG W40 I Dech GER 12.36 W65 E EG W45 W Otto GER 12.90 W75 M W W50 C Stediter GER 14.06 Shot Put M50 D Anderson GBR 45.57 M45 R K M40 D Anderson GBR 55.57 M50 A H M45 T Wells GBR 59.83 M60 P S M50 W Wucherer GER 99.83 M65 M S M50 F Cornelis BEL 45.41 M70 A R M60 M Sanguos ESP 100.70 W35 W K G W50 M I Holokhell GBR 28.81 200.70 W50 M S G S B 22.21 W35 W M W W T S	M60 C Shafto GBR	16.29	W40 A Held
M75 B Sobrero ITA 18.50 W55 C S W35 M Slushkina RUS 13.95 W60 A FG W40 I Dech GER 12.36 W65 E EG W45 W Otto GER 12.90 W75 M W W50 C Stediter GER 14.06 Shot Put M55 R Dijkman HOL 14.08 M40 V M Long Hurdles M40 D Anderson GBR M55.57 M45 T Wells GBR 59.38 M60 F C M50 W Wucherer GER 59.83 M65 P S M50 W Wucherer GER 59.83 M65 P S M50 W Soll Ber GER 59.83 M65 P S M50 F Cornelis BEL 45.41 M70 A R M60 F Cornelis BEL 45.41 M70 A R W50 M Holoknell GBR 1519.16 W45 N Z W50 M M Germany 81.81.83 W35 W K G W75 M S W75 K Sr Discus	M65 P Field GBR	18.32	W45 K Loto
W35 M Slushkina RUS 13.95 W60 A Fe W40 I Dech GER 12.36 W65 E E W45 W Otto GER 12.90 W75 M V W50 C Steditier GER 14.06 M40 V M W55 R Dijkman HOL 14.08 M40 V M M40 D Anderson GBR 55.57 M50 A H M40 D Anderson GBR 55.57 M60 N A H M50 W Wucherer GER 19.33 M65 P S M50 W Wucherer GER 59.83 M65 N K M60 F Cornelis BEL 45.41 M70 A R M65 P Field GBR 51.22 M75 H B M65 P Field GBR 51.22 M75 H B W40 M Sanguos ESP 10-0.70 W35 W W W40 M Sanguos ESP 10-0.15 W45 N Z W55 H Carvalho POR 119.16 W55 E W W55 M Hocknell GBR 52.81 W75 K S 2000m Steeplechase M60 A Rosate NOR 7:59.40 M40 S Ar M65 P Blanchou FRA 818.58 W35 S Poznic SLO 802.91 W45 M Rocnakova TCH 9:38.83 3000m W45 S Pa </td <td>MA75 D Cobroro ITA</td> <td>10 50</td> <td></td>	MA75 D Cobroro ITA	10 50	
W55 R Dijkman HOL 14.08 M40 V M Long Hurdles M40 V M M40 V M M40 D Anderson GBR 55.57 M55 K M M50 W Wucherer GER 59.38 M50 K M M55 G Mueller GER 59.83 M65 K S M M50 F Cornelis BEL 45.41 M70 A R M65 P Field GBR 51.22 M75 H B M60 F Cornelis BEL 45.41 M70 A R M65 P Field GBR 51.22 M75 H B M70 H Suoknuuti FIN 52.22 M75 H B W40 M Sanguos ESP 1:04.15 W45 N Z W55 M Hocknell GBR 52.81 W75 K S W50 M Hocknell GBR 52.81 W75 K S W70 M Sanguos ESP 1:94.16 W55 E W W50 M Hocknell GBR 52.81 W75 K S W75 K S W45 N Z W55 E W W75 K S W35 S Poznic SLO 802.91 W45 S Pa W45 M Rocnakova TCH 9:38.83 W55 K II W40 F Goncalves POR 9:34.14 W65 N P M40 Germany 44.74 <t< td=""><td>W35 M Slushking R11S</td><td>13.95</td><td>W60 A Forde</td></t<>	W35 M Slushking R11S	13.95	W60 A Forde
W55 R Dijkman HOL 14.08 M40 V M Long Hurdles M40 V M M40 V M M40 D Anderson GBR 55.57 M55 K M M50 W Wucherer GER 59.38 M50 K M M55 G Mueller GER 59.83 M65 K S M M50 F Cornelis BEL 45.41 M70 A R M65 P Field GBR 51.22 M75 H B M60 F Cornelis BEL 45.41 M70 A R M65 P Field GBR 51.22 M75 H B M70 H Suoknuuti FIN 52.22 M75 H B W40 M Sanguos ESP 1:04.15 W45 N Z W55 M Hocknell GBR 52.81 W75 K S W50 M Hocknell GBR 52.81 W75 K S W70 M Sanguos ESP 1:94.16 W55 E W W50 M Hocknell GBR 52.81 W75 K S W75 K S W45 N Z W55 E W W75 K S W35 S Poznic SLO 802.91 W45 S Pa W45 M Rocnakova TCH 9:38.83 W55 K II W40 F Goncalves POR 9:34.14 W65 N P M40 Germany 44.74 <t< td=""><td>W40 I Dech GER</td><td>12.36</td><td>W65 E Enars</td></t<>	W40 I Dech GER	12.36	W65 E Enars
W35 R Dijkman HOL 14.08 M40 V M Long Hurdles M40 D Anderson GBR M45 R K M40 D Anderson GBR 55.57 M50 A H M45 T Wells GBR 59.38 M55 K L M50 W Wucherer GER 1.02.33 M60 P Sr M55 G Mueller GER 59.83 M60 P Sr M55 F Field GBR 51.22 M70 H Suoknuuti FIN 52.22 M70 H Suoknuuti FIN 52.22 M80 K G W40 M Sanguos ESP 1:00.70 W35 W L W40 M Sanguos ESP 1:04.15 W45 N Z W45 H Carvalho POR 1:19.16 W55 E W W55 E W W75 K Sr 22.81 W50 M Hocknell GBR 52.81 W55 K W 2000m Steeplechase M60 A Rosate NOR 7:59.40 M65 P Blanchou FRA 8:18.58 W35 M L M70 I Abdon ESP 9:49.58 W40 T Sc W35 S Poznic SLO 8:02.91 W40 S P W45 M Rocnakova TCH 9:38.83 W55 K II M45 H Karkkainen FIN 9:56.19 W70 K M M45 H Karkka	W45 W Otto GER	12.90	W75 M Wixe
Long Hurdles M40 D Anderson GBR 55.57 M45 T Wells GBR M50 W Wucherer GER 1.02.33 M60 F S M55 K L M50 A H M65 F Cornelis BEL M54 H M65 P Field GBR 1.00.70 W35 W L M65 H S W W40 M Sanguos ESP 1.04.15 W45 H Carvalho POR 1.19.16 W55 E W W55 M Hocknell GBR 2.000m Steeplechase M60 A Rosate NOR M65 P Blanchou FRA M818.58 W35 M L W35 S Poznic SLO W40 H Fanturova TCH 9.21.23 W50 I M6 W65 M F Goncalves POR 9.34.14 W65 N P W65 M H Karkkainen FIN M55 G Gaulen NOR 10.58.54 4x100 Relay M40 Germany M40 Germany M60 Germany M55 A L M60 Germany M60 Ger	W50 C Stedtier GER	14.06	
M40 D Anderson GBR 55.57 M50 A H M45 T Wells GBR 59,38 M55 K L M50 W Wucherer GER 1:02.33 M60 P Sg M55 G Mueller GER 59,83 M65 M S M65 P Field GBR 51,22 M75 H B M70 H Suoknuuti FIN 52,22 M80 K G W35 J Low GBR 1:00.70 W35 W L W40 M Sanguos ESP 1:04 15 W45 N Z W45 H Carvalho POR 1:19.16 W55 E W W55 M Hocknell GBR 52.81 W55 K S 2000m Steeplechase M60 A Rosale NOR 7:59.40 M40 S A M65 P Blanchou FRA 8:18.58 W35 M L W45 N Z W35 S Poznic SLO 8:02.91 W45 S Pa W45 M Rocnakova TCH 9:38.83 W35 K LI W45 M Rocnakova TCH 9:38.83 W55 K II M40 F Goncalves POR 9:34.14 W65 N P M40 Germany 44.74 M55 A L M45 H Karkkainen FIN 9:55.82 W60 ZW M40 Germany 44.74 M55 A L M50 A		14.08	M45 R Kron
M50 W Wucherer GER 1:02.33 M60 P S M55 G Mueller GER 59,83 M65 M S M60 F Cornelis BEL 45.41 M70 A R M65 P Field GBR 51.22 M80 K G M75 H B M75 H B M75 H B M70 H Suoknuuti FIN 52.22 M80 K G W40 M Sanguos ESP 1:04.15 W45 N Z W40 M Carvalho POR 1:19.16 W55 E W W55 M Hocknell GBR 52.81 W75 K Sr 2000m Steeplechase M60 A Rosate NOR 7:59.40 M40 S Ar M65 P Blanchou FRA 818.58 W35 M L W35 M L W40 H Fanturova TCH 9:34.83 W35 M L W40 T Sc W35 S Poznic SLO 8:02.91 W40 S Ar W45 S Pa W40 F Goncalves POR 9:34.14 W65 N P W60 I W M40 F Goncalves POR 9:34.14 W65 N P W70 K J M40 Germany 44.74 M55 A L M50 A O M55 G Gaulen NOR 10:58.54 M60 I Tu 4x100 Relay M40 Germany 50.16 M7	M40 D Anderson GBR	55.57	M50 A Hern
M55 G Mueller GER 59,83 M60 F Cornelis BEL 45,41 M70 A R M65 P Field GBR 51,22 M75 H B M70 A R M70 H Suoknuuti FIN 52,22 M80 K G W35 J Low GBR 1:00,70 W35 W L W40 M Sanguos ESP 1:04,15 W45 N Z W45 H Carvalho POR 1:19,16 W55 E W W50 M Hocknell GBR 52,81 2000m Steeplechase M60 A Rosate NOR 7:59,40 M40 S Ar M65 P Blanchou FRA 818,58 W35 M W W W S P M35 S Poznic SLO 8:02,91 W40 S P W40 H Fanturova TCH 9:21,23 W50 I Mi W45 M Rocnakova TCH 9:38,83 W55 K II M40 F Goncalves POR 9:34,14 W65 N P M40 F Goncalves POR 9:34,14 W65 N P M40 Germany 44,74 M55 A L M60 Germany 44,74 M55 A L M60 Germany 44,74 M55 A L M40 Great Britain 3:30,03 M65 G II M40 Great Britain 3:30,03 W45 I Fa <td></td> <td></td> <td>M55 K Leid</td>			M55 K Leid
M70 H Suoknuuti FIN 52.22 W35 J Low GBR 1:00.70 W35 W E W35 W C W35 M C	M50 W Wucherer GER	1:02.33	
M70 H Suoknuuti FIN 52.22 W35 J Low GBR 1:00.70 W35 W E W35 W C W35 M C	M60 F Cornelis BEL	45.41	M70 A Rand
W45 H Carvalho POR 1:19.16 W55 E W W50 M Hocknell GBR 52.81 Discus M60 A Rosate NOR 7:59.40 M65 P Blanchou FRA 8:18.58 M70 I Abdon ESP 9:49.58 W40 T Sc W35 S Poznic SLO 8:02.91 W45 S Pa W40 H Fanturova TCH 9:38.83 W55 K II W40 H Fanturova TCH 9:38.83 W55 K II W40 F Goncalves POR 9:34.14 W65 N P M45 H Karkkainen FIN 9:56.19 W70 K Jc M45 H Karkkainen FIN 9:56.19 W70 K Jc M55 G Gaulen NOR 10:58.54 Harmer 4x100 Relay M60 Germany 48.79 M60 Germany 48.79 M65 G II M70 Germany 55.82 M65 G II W40 Oreat Britain 3:30.03 W55 E W W40 Great Britain 3:30.03 W45 I Fa W40 Great Britain 4:57.82 W60 C Ba W35 Great Britain 4:32.97 W75 A Ro W40 Great Britain 4:39.64 W70 M B W55 C W	M65 P Field GBR	51.22	M75 H Bitte
W45 H Carvalho POR 1:19.16 W55 E W W50 M Hocknell GBR 52.81 Discus M60 A Rosate NOR 7:59.40 M65 P Blanchou FRA 8:18.58 M70 I Abdon ESP 9:49.58 W40 T Sc W35 S Poznic SLO 8:02.91 W45 S Pa W40 H Fanturova TCH 9:38.83 W55 K II W40 H Fanturova TCH 9:38.83 W55 K II W40 F Goncalves POR 9:34.14 W65 N P M45 H Karkkainen FIN 9:56.19 W70 K Jc M45 H Karkkainen FIN 9:56.19 W70 K Jc M55 G Gaulen NOR 10:58.54 Harmer 4x100 Relay M60 Germany 48.79 M60 Germany 48.79 M65 G II M70 Germany 55.82 M65 G II W40 Oreat Britain 3:30.03 W55 E W W40 Great Britain 3:30.03 W45 I Fa W40 Great Britain 4:57.82 W60 C Ba W35 Great Britain 4:32.97 W75 A Ro W40 Great Britain 4:39.64 W70 M B W55 C W	M70 H Suoknuuti FIN	52.22	M80 K Gass
W45 H Carvalho POR 1:19.16 W55 E W W50 M Hocknell GBR 52.81 Discus M60 A Rosate NOR 7:59.40 M65 P Blanchou FRA 8:18.58 M70 I Abdon ESP 9:49.58 W40 T Sc W35 S Poznic SLO 8:02.91 W45 S Pa W40 H Fanturova TCH 9:38.83 W55 K II W40 H Fanturova TCH 9:38.83 W55 K II W40 F Goncalves POR 9:34.14 W65 N P M45 H Karkkainen FIN 9:56.19 W70 K Jc M45 H Karkkainen FIN 9:56.19 W70 K Jc M55 G Gaulen NOR 10:58.54 Harmer 4x100 Relay M60 Germany 48.79 M60 Germany 48.79 M65 G II M70 Germany 55.82 M65 G II W40 Oreat Britain 3:30.03 W55 E W W40 Great Britain 3:30.03 W45 I Fa W40 Great Britain 4:57.82 W60 C Ba W35 Great Britain 4:32.97 W75 A Ro W40 Great Britain 4:39.64 W70 M B W55 C W	W40 M Sanguos FSP	1:00.70	W45 N Zoub
Moo Steeplechase Moo A Rosate NOR Moo S Ar Moo A Ar Moo A Ar Moo G Ar Ar Moo A Ar Moo G Ar Ar Ar Moo G Ar Ar Ar Ar Ar Ar Ar	W45 H Carvalho POR	1:19 16	W55 E Willi
M65 P Blanchou FRA 8.18.58 W35 M L M70 I Abdon ESP 9.49.58 W40 T Sc W35 S Poznic SLO 8.02.91 W45 S Pa W40 H Fanturova TCH 9:21.23 W50 I Mi W45 M Rocnakova TCH 9:38.83 W55 K II 3000m Steeplechase W60 ZW M40 F Goncalves POR 9:34.14 W65 N P M45 H Karkkainen FIN 9:56.19 W70 K Jc M55 G Gaulen NOR 10:58.54 Lammer 4x100 Relay M60 Germany 48.79 M60 Germany 48.79 M60 I Tu M70 Germany 55.82 M65 G II W40 Holland 50.72 M80 R S W60 Germany 1:03.48 W45 S L W440 Great Britain 3:30.03 W45 I Fa W40 Great Britain 3:30.03 W45 I Fa W40 Great Britain 4:57.82 W60 C Ba W35 Great Britain 4:32.97 W75 A Ro W50 Great Britain 4:39.64 W70 M B W50 Great Britain 4:32.97 W75 A Ro	W50 M Hocknell GBR	52.81	W75 K Smile
M65 P Blanchou FRA 8.18.58 W35 M L M70 I Abdon ESP 9.49.58 W40 T Sc W35 S Poznic SLO 8.02.91 W45 S Pa W40 H Fanturova TCH 9:21.23 W50 I Mi W45 M Rocnakova TCH 9:38.83 W55 K II 3000m Steeplechase W60 ZW M40 F Goncalves POR 9:34.14 W65 N P M45 H Karkkainen FIN 9:56.19 W70 K Jc M55 G Gaulen NOR 10:58.54 Lammer 4x100 Relay M60 Germany 48.79 M60 Germany 48.79 M60 I Tu M70 Germany 55.82 M65 G II W40 Holland 50.72 M80 R S W60 Germany 1:03.48 W45 S L W440 Great Britain 3:30.03 W45 I Fa W40 Great Britain 3:30.03 W45 I Fa W40 Great Britain 4:57.82 W60 C Ba W35 Great Britain 4:32.97 W75 A Ro W50 Great Britain 4:39.64 W70 M B W50 Great Britain 4:32.97 W75 A Ro	M60 A Rosate NOR	7:59 40	The second second second second
W45 M Rocnakova TCH 9:21,23 W50 I Mi 3000m Steeplechase W60 ZW M40 F Goncalves POR 9:34,14 W65 N P M50 D Furie GER 10:21,10 W75 H G M55 G Gaulen NOR 10:58,54 W55 A IL 4x100 Relay M50 A Or M55 A I. M40 Germany 44,74 M55 A I. M60 Germany 48,79 M60 I Tu M70 Germany 55,82 M65 G II W35 Germany 50,16 M75 J Kr W40 Holland 50,72 W68 R Si W40 Germany 4,01,35 W55 E W W40 Great Britain 3:30,03 W45 I Fal W40 Great Britain 4:57,82 W60 C Ba W35 Great Britain 4:37,82 W60 C Ba W35 Great Britain 4:37,73 W65 M N W40 Great Britain 4:32,97 W75 A R W60 Germany 5:33,80 Javelin M65 N Nevrup SWE 1.50 M60 A It M55 D Johansson SWE 1,70 M60 A It M70 G Windolf	M65 P Blanchou FRA	8:18.58	W35 M Lang
W45 M Rocnakova TCH 9:21,23 W50 I Mi 3000m Steeplechase W60 ZW M40 F Goncalves POR 9:34,14 W65 N P M50 D Furie GER 10:21,10 W75 H G M55 G Gaulen NOR 10:58,54 W55 A IL 4x100 Relay M50 A Or M55 A I. M40 Germany 44,74 M55 A I. M60 Germany 48,79 M60 I Tu M70 Germany 55,82 M65 G II W35 Germany 50,16 M75 J Kr W40 Holland 50,72 W68 R Si W40 Germany 4,01,35 W55 E W W40 Great Britain 3:30,03 W45 I Fal W40 Great Britain 4:57,82 W60 C Ba W35 Great Britain 4:37,82 W60 C Ba W35 Great Britain 4:37,73 W65 M N W40 Great Britain 4:32,97 W75 A R W60 Germany 5:33,80 Javelin M65 N Nevrup SWE 1.50 M60 A It M55 D Johansson SWE 1,70 M60 A It M70 G Windolf	M70 I Abdon ESP	9:49.58	W40 T Scher
W45 M Rocnakova TCH 9:38.83 W55 K II 3000m Steeplechase W60 ZW M40 F Goncalves POR 9:34.14 W65 N P. M45 H Karkkainen FIN 9:56.19 W70 K JG M50 D Furie GER 10:21.10 W75 H G M55 G Gaulen NOR 10:58.54 Ilammer 4x100 Relay 44.74 M55 A LG M40 Germany 44.74 M55 A LG M55 A LG M55 A LG M55 A LG M55 G Gaulen NOR 44.74 M55 A LG M60 Germany 50.16 M55 A LG W40 Germany 50.16 M75 J Kr W40 Holland 50.72 W60 Grad W40 Great Britain 3:30.03 W45 I Fa M40 Great Britain 4:57.82 W60 C Ba W35 Great Britain 4:39.64 W70 M B W50 Great Britain 4:32.97 W75 A RG W60 Germany 5:33.80 High Jump M45 M Patlik TCH 1.85 M50 J Ko M55 O Johansson SWE 1.78 M50 J Ko M55 O J	W40 H Fanturova TCH	8:02.91	
Moderate	W45 M Rocnakova TCH	9:38.83	W55 K Iliger
M40 Germany	2000m Ctanalaskan	PRINCIPLE AND PRINCIPLE	W60 ZWissi
M40 Germany	M40 F Goncalves POR	9:34.14	W65 N Pond
M40 Germany	M45 H Karkkainen FIN	9:56.19	
M40 Germany	M55 G Gaulen NOR	10:58:54	Hammer
W40 Great Britain 4:39.64 W70 M B W50 Great Britain 4:32.97 W60 Germany 5:33.80 Javelin M40 P Bl M45 M Patlik TC11 1.85 M55 O Johansson SWE 1.78 M55 O Johansson SWE 1.78 M55 O Johansson SWE 1.70 M55 R Ba M50 J Ko M70 G Windolf GER 1.42 M65 Z R: M70 G Windolf GER 1.42 M65 Z R: M70 V Ja M70 F E Zenach AUT 1.35 M70 V Ja M70 F E Zenach AUT 1.35 M70 V Ja M80 R Taskinen FIN 1.15 M75 N B: W35 L Lapajne SLO 1.70 M80 G S R: W45 G Reismann GER 1.30 W40 H Bi W50 E Staehle GER 1.40 W55 E Ci W55 E Ci W65 E Enarsson SWE 1.22 W60 B K: W60 J K: W	4x100 Relay	4	M50 A Orn F
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W40 Great Britain 4:39.64 W70 M B W50 Great Britain 4:32.97 W75 A Rd Javelin M40 P Bl M45 M Patlik TC11 1.85 M55 O Johansson SWE 1.78 M55 D Johansson SWE 1.78 M55 D Johansson SWE 1.70 M55 R Bd M55 N Nevrup SWE 1.50 M60 A Itl M70 G Windolf GER 1.42 M65 Z Rd M70 G Windolf GER 1.42 M65 Z Rd M70 G Windolf GER 1.41 M75 N Bd M70 V Ja M80 R Taskinen FIN 1.15 M75 N Bd M70 V Ja M80 G Karg GER 1.65 W35 E Rd M40 G Karg GER 1.40 W40 I Bd W55 Keemerle-Valk GER 1.40 W50 J Pu W50 E Staehle GER 1.40 W50 J Pu W50 E Enarsson SWE 1.22 W60 B Kd W60 I Kaas EST 1.26 W55 E Od W70 H Kl Pole Vault M40 W Ritte GER 1.40 W70 H Kl Pentathlor M40 G W M45 I Kl saksson SWE M45 I We M50 W K M50	M60 Germany	4:01.35	W55 E Willi
W40 Great Britain 4:39.64 W70 M B W50 Great Britain 4:32.97 W75 A Rd Javelin M40 P Bl M45 M Patlik TC11 1.85 M55 O Johansson SWE 1.78 M55 D Johansson SWE 1.78 M55 D Johansson SWE 1.70 M55 R Bd M55 N Nevrup SWE 1.50 M60 A Itl M70 G Windolf GER 1.42 M65 Z Rd M70 G Windolf GER 1.42 M65 Z Rd M70 G Windolf GER 1.41 M75 N Bd M70 V Ja M80 R Taskinen FIN 1.15 M75 N Bd M70 V Ja M80 G Karg GER 1.65 W35 E Rd M40 G Karg GER 1.40 W40 I Bd W55 Keemerle-Valk GER 1.40 W50 J Pu W50 E Staehle GER 1.40 W50 J Pu W50 E Enarsson SWE 1.22 W60 B Kd W60 I Kaas EST 1.26 W55 E Od W70 H Kl Pole Vault M40 W Ritte GER 1.40 W70 H Kl Pentathlor M40 G W M45 I Kl saksson SWE M45 I We M50 W K M50	M70 Finland	4:57.82	W60 C Baum
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M45 M Patlik TCII 1.85 M45 J Da M55 O Johansson SWE 1.78 M50 J Ko M60 H Mandl AUT 1.70 M55 R Ba M60 N Nevrup SWE 1.50 M60 A Itl M70 G Windolf GER 1.42 M65 Z Ra M75 E Zenach AUT 1.35 M70 V Ja M80 R Taskinen FIN 1.15 M75 N B W35 L Lapajne SLO 1.70 M80 G Sc W40 G Karg GER 1.65 W35 E Rc W45 G Reismann GER 1.30 W40 H B W55 Keemerle-Valk GER 1.40 W45 J Ki W50 L Kaas EST 1.26 W55 E O W60 L Kaas EST 1.26 W55 E O W70 U Forstyer GER 1.06 W65 R Ha W70 L Forstyer GER 1.00 W70 H KI Pentathlor M40 W Ritte GER 4.70 M40 G W M45 I Wess SIII 4.10 M50 W M50 W	W50 Great Britain	4:39.04	W75 A Rolle
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M75 E Zenach AUT 1.35 M70 V Ja M80 R Taskinen FIN 1.15 M75 N Bi W35 L Lapajne SLO 1.70 M80 G SG W40 G Karg GER 1.65 W35 E Ri W45 G Reismann GER 1.30 W40 H Bi W55 Keemerle-Valk GER 1.40 W50 J Pu W60 L Kaas EST 1.26 W55 E O W55 E Enarsson SWE 1.22 W60 B Ki W70 U Forstyer GER 1.06 W65 R Ha W75 S Svensson GBR 1.00 W70 H KI M40 W Ritte GER 4.70 M40 G W M45 I We M50 H Wyss SHI 4.10 M50 W M50 W M50 W M50 W M50 H Wyss SHI 4.10 M50 W M50	High Jump		M40 P Blelc
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M75 E Zenach AUT 1.35 M70 V Ja M80 R Taskinen FIN 1.15 M75 N Bi W35 L Lapajne SLO 1.70 M80 G Sc W40 G Karg GER 1.65 W35 E Ri W45 G Reismann GER 1.30 W40 H Bi W55 Keemerle-Valk GER 1.40 W50 J Pu W60 J. Kaas EST 1.26 W55 E O W55 E Co W65 E Enarsson SWE 1.22 W60 B Ki W70 U Forstyer GER 1.06 W65 R Ha W75 S Svensson GBR 1.00 W70 H KI Pole Vault M40 W Ritte GER 4.70 M40 G W M45 I We M50 H Wyss SHI 4.10 M50 W M50 W M50 W M50 W M50 H Wyss SHI 4.10 M50 W	M65 N Nevrup SWI:	1.50	M60 A Itkon
W65 B Has W65	M70 G Windolf GER	1.42	M65 Z Ranz
W65 B Has W65	M75 E Zenach AUT	1.35	M70 V Javar
W65 B Enarsson SWE 1.22 W60 B Kg W70 U Forstyer GER 1.06 W65 R Hg W75 S Svensson GBR 1.00 W70 H Kl Pole Vault Pentathlor M40 W Ritte GER 4.70 M40 G W M45 K Isaksson SWE 4.45 M50 H Wyss SIII 4.10 M50 WK	W35 L Lapaine SLO	1.70	M80 G Sche
W65 B Enarsson SWE 1.22 W60 B Kg W70 U Forstyer GER 1.06 W65 R Hg W75 S Svensson GBR 1.00 W70 H Kl Pole Vault Pentathlor M40 W Ritte GER 4.70 M40 G W M45 K Isaksson SWE 4.45 M50 H Wyss SIII 4.10 M50 WK	W40 G Karg GER	1.65	W35 E Reva
W65 B Enarsson SWE 1.22 W60 B Kg W70 U Forstyer GER 1.06 W65 R Hg W75 S Svensson GBR 1.00 W70 H Kl Pole Vault Pentathlor M40 W Ritte GER 4.70 M40 G W M45 K Isaksson SWE 4.45 M50 H Wyss SIII 4.10 M50 WK	W45 G Reismann GER	1.30	W40 H Burg
W65 B Has W65	W55 Keemerle-Vall GER	1.40	W45 J Kilme W50 J Putini
W65 E Enarsson SWE 1.22 W60 B Kz W70 U Forstyer GER 1.06 W65 R Ha W75 S Svensson GBR 1.00 W70 H Kl Pole Vault Pentathlor M40 W Ritte GER 4.70 M40 G W M45 K Isaksson SWE 4.45 M45 I We M50 H Wyss SIII 4.10 M50 W K	W60 L Kaas EST	1.26	W55 E Ozoli
Pentathlor Pen	W65 E Enarsson SWE	1.22	W60 B Kaled
Pentathlor Pen	W70 U Forstyer GER	1.06	W65 R Hana
M40 W Ritte GER 4.70 M40 G W M45 K Isaksson SWE 4.45 M45 I We M50 H Wyss SHI 4.10 M50 W K	Pole Vault	1.00	
MSO H Wyse SIII A 10 MSO W K	M40 W Ritte GER	4.70	M40 G Wertl
MSO H Wyse SIII A 10 MSO W K	M45 K Isaksson SWE	4.45	M45 I Weige
IVID H I angerquiet CIVE 4 20 I MASS II Al	M50 H Wyss SIII	4 10	M50 W Kraa
M60 R Brown GRP 240 M60 V Do	M60 R Brown CRP	4.25	M55 H Albre M60 V Porok
M55 H Langerquist SWE 4.25 M55 H Al M60 R Brown GBR 3.40 M60 V Po M65 R Efatathiadia GRE 3.10 M65 H Fa	M65 R Efatathiadia GRE	3.40	M65 H Fackl
M70 G Windoff GER 2.50	M70 G Windoff GER	2.50	

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e i	M75 E Zenach AUT	2.30
	W35 P Herrmann GER	3.11
	W40 U Ritte GER W50 D Nix GER	2.40
	Long Jump	2
	M40 G Sybulski POL	6.53
	M45 S Sauliek RUS M50 P Ahomaki FIN	6.57
	MEE D D'-I- CDD	5.70
)	M60 H Mandl AUT	5.46
	M65 W Ructer GER M70 M Jarvinen FIN	4.85
)	M75 G Skrivervik NOR	4.27
	1133 III Oldslikilla 1005	6.18 5.42
;	W45 G Otto GER	5.07
3	W50 I Bluhm DEN	
3	W55 C Schmalblruch GER W60 J Burkle GER	4.34
)	W65 E Enarsson SWE	3.71
	W/3 W WILCY ODK	2.74
	Triple Jump M40 W Waither GER	14.26
2	M45 P Kostroma BLR	13.90
1	M50 P Ahomaki FIN M55 S Backlund FIN	13.30
	M60 J Perez ESP	11.77
	M65 H Strauss GER	11.78
		8.99 12.53
3		10.55
3	W45 K Lotova RUS	10.74
3	W50 E Springman GER	9.79
4	W55 C Schmalbruch GER W60 A Forde NOR	9.60 8.42
200	W65 E Enarsson SWE	7.93
114	W75 M Wixey GBR	5.93
ACT OF	Shot Put M40 V Maganas GRE	15.66
6	M45 R Krone GER	15.01
		14.81
1	M55 K Leidke GER M60 P Speckens GBR	17.00
T	M65 M Sievanen FIN	13.43
	M70 A Randma EST	13.28
3	M75 H Bitter GER M80 K Gassmann SUI	12.65
	W35 W Dunsford GBR	11.26
	W45 N Zoubekhina RUS	12.19
	W55 E Williams GBR W75 K Smildzina LAT	7.65
9	Discus	
-	M40 S Archer GBR W35 M Lange LAT	31.48
8	W40 T Schenkels HOL	42.46
Ž.	W45 S Pallay HUN	46.58
6	W50 I Miller SWE W55 K Iligen GER	40.82
	W60 ZWissinger GER	35.20
	W65 N Ponomareva UKR W70 K Jonikka FIN	28.38 22.64
	W75 H Groth GER	17.88
	<u>Hammer</u>	60.22
	M50 A Orn FIN M55 A Lothe NOR M60 I Tuomela FIN M65 G Husson FRA	59.32 56.00
-0- A	M60 I Tuomela FIN	49.88
2	14105 (11103301111171	51.15 39.52
3	M75 J Krawczyk POL M80 R Silckoski FIN	28.68
9	W35 W Dunsford GBR	36.82
	11 10 D Do Bron From 1 111	40.26
100	W50 G McIlmann GER	42.94
4	W55 E Williams GBR	42.48
3	W60 C Baum GER W65 M NeubertGER	35.18
d.	W70 M Barth GER	26.28 26.84
1	W75 A Rolle GER	17.74
)	Javelin MAO P Plelenik POI	61.56
	M40 P Blelczyk POL M45 J Damgren SWE	61.56
9000	M50 J Kolar TCH	58.98
4	M55 R Bartlett GBR	51.58
1	M60 A Itkonen FIN M65 Z Ranzwonowicz SLC	53.44
8	M70 V Javanainen FIN	45.72
	M75 N Barth GER M80 G Schepe GER	35.12
	W35 F Reverbour SLO	30.18 53.06
	W40 H Burgarova SLO W45 J Kilmesova TCH	48.88
	W45 J Kilmesova TCH	37.38
	W50 J Putiniene LIT W55 E Ozolina LAT W60 B Kalediene LIT	43.20 42.12
	W60 B Kalediene LIT	
1	W60 B Kalediene LIT W65 R Hanasons BEL W70 H Klehr GER	29.34
١	Postathles	22.75
	M40 G Werthner	3824
	M45 I Weigel GER	3606
	M55 H Albrecht GER	3749 3897
	M60 V Porokhin RUS	3993
	MIDS H Fackler GER	3825
1	Continued on ne	xt page

Continued from previou	s page	W70 U Theune GER	37:23.1
M75 P Darrot FRA	3918	W75 A Rolle GER	42:07.6
W35 J Brown GBR	3950	10,000m RW	
W40 A Aldkerman HOL	3705	W35 E Siegle AUT	59:43
W45 M Dahia SUI	3813	W40 K Malm SWE	55:36
W50 E Steehle GER	3758	W45 R Meinschmidt GER	55:56
Weight Pentathlon		W50 M Steiner SUI	57:25
W40 V Maganas GRE	3718	W55 W Seller GER	58:05
W45 A Busterud NOR	4028	W60 J Sommier FRA	1:00:06
W50 R Kresinski POL	4239	W65 M Anderson SWE	1:12:01
W55 H Rocken GER	4500	W70 U Theune GER	1:12:43
W60 R Leino FIN	NA	20 000 - P.W	
M65 R Rzchak GER	4915	20,000m RW	
M70 B Berglund SWE	4442	M40 F Parya TCII	1:38:23
M75 G Hakensson SWE	4067	M45 J Siegle AUT	1:44:45
M80 G Schepe GER	3828	M50 P Eisfelter GER	1:49:20
W35 C Cameron GBR	2806	M55 A Palmar EST	1:48:29
W40 A Jensen DEN	3527	M60 G Weidner GER	NA
W45 I Faldager DEN	3837	M65 M Rutyna POL	1:58:08
W50 H Boker GER	3917	M70 T Simmons GBR	2:11.20
W60 J Schaefer GER	4614	M75 U Lilja FIN	2:21:20
W70 M Barth GER	4135	M80 V Hallikainen FIN	2:43:22
5000m RW		Marathon	
M40 J Pinto POR	21:47.9	M40 G Hendricks HOL	2:28:21
M45 A Olenik RUS	23:37.8	M45 I Gomez POR	2:31:33
M50 J Flaia TCH	24:58.9	M50 P Wechler GER	2:38:06
M55 A Palmar EST	24:42.0	M55 P Lessing GER	2:39:17
M60 G Weidner GER	24:36.9	M60 P Raty FIN	3:02:29
M65 T Tuomela FIN	27:40.9	M65 K Linder SWE	2:59:05
M70 T Simons GBR	30:20.4	M70 S Agnoli ITA	3:02:47
M75 U Lilja FIN	33:29.1	M75 G Anderson SWE	4:05:08
M80 V Hallikainen FIN	38.39.0	M80 A Osselaer BEL	4:08:10
W35 E Siegle AUT	29:08.0	W35 N Hansteen NOR	2:54:47
W40 K Malrn SWE	26:56.4	W40 M Van Mol BEL	2:56:27
W45 R Meinischmidt GEI	26:28.3	W45 R Sainte FRA	3:07:03
W50 M Steiner SUI	27:32.8	W50 G Wettstein SUI	3:07:41
W55 W Seller GER	26:59.2	W55 A Wentzien GER	3:09:21
W60 J Mossier FRA	30:10.8	W60 J Rosinska POL	3:36:51
'W65 M Anderson SWE	36:37.1	W65 H Kundig SUI	4:29:39
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LONG DIG	AATS	ICE RESUL	TC
LONG DI	JIAI	NOE DESUL	

Please send results to: National Masters News, P.O. Box 50098, Eugene, OR 97405. To keep information current, we generally do not publish results more than 3 months old. Results that are typed (maximum 28 spaces / 2'/4" wide) in our format receive preference. Deadline is the 10th of the month prior to issue date.

NATIONAL

USATF National Masters 24-Hour Championships Sylvania, OH; Sept. 15

0	Sylvania, OH; Sep	t 15	Harry Berk
Over	all	Miles	Rick Wilco
	Keesler 37	147.135	Harold Foo
	Ellen Trapp 50	137.350	John Karka
	Tom Andrews	135.266	Sherm Tim
	Rick Lindquist	121.666	Bruno Fior
	Roy Heger	106.988	M60 Richard Fe
	Kurt Madden	101.016	David Paye
	Kevin Setnes	97.648	Bob Ranta
	Frank MacMillan	85.302	Robert Hor
		77.445	George Iso
	Paul Pelke	75.939	Mike Morri
	Randy Gehring	75.200	Gene Turns
	Ray Krolewicz	73.179	. Andrew Lov
	Max Waldrop Jr	63.976	Carl Pege
			Don Willia
	Jim Garcia	50.508	Don Reinho
	Doug Krieger	41.528	Robert Ro
	Richard Bonitati	40.175	M65 Walter Ko
	Chris Gibson	39.284	Hunter Go
M45	Bill Seldomridge		Dictino M
	Tom Green	121.563	Terry Moh
	Neil Weygandt	114.875	Hubert Da
	David Frank	109.995	Bill Aust
	Al Kralovansky	108.088	M70 Burt Carl
	Ed Stuart	103.628	M75 Howard He
	Gordon Chace	100.004	W40 Sylvie An
	Robert Wasson	98.319	Irene Wes
	Bob Gracie	94.472	Becky Har
	Ron Grimes	92.750	Wendy Fra
	Verton Troyer	85.640	W45 Jacquelin
	Irwin Greenbaum	85.145	Jane Mars
	Terry Wasalaski	77.632	Nancy Por
	Rob Cook	73.119	Pat Payet
	John Durham	67.344	W50 SueEllen
	Steven Clark	62.854	Linda Ela
	Ed Harwood	61.732	Charlotte
	Fred Davis III	56.120	Janet Del
	Tom Dembinski	31.427	Pat Lehma
M50	Newton Baker	115.776	Janice No
	Ed Dodd	107.918	Karen Hun
	John Giovengo	101.016	Carol Swe
	Paul Daniel	83.111	W55-W60 none
	Don Creager	80.812	W65 Sarann Mo
	Jim Emig	80.812	Mary Rant
	Marc Reddy	80.812	Pary rand
	Ddon Gjurasin	78.415	USATF Natio
	Tony Kammerer	77.445	Marathon Ch
No.	David Hughes	72.725	
	Bill Piper	70.711 .	Twin Citie
- A.	Robert Barnard	56.120	Minneapolis
	Burnsie Holder	56.120	Overall
	David Frank	50.508	Joel Onwon'ga 23
4090	Ed Stark	39.284	Olga Appell 33
	Rich Radez	37.648	M40
MEE		118.487	Antoni Niemczak
MOS	Ed Rousseau	114.484	Jurty Mikhallov
	Norm Roof	114.404	

		100
100	Joe Beams	105.543
		101.907
		101.016
	Bill Mack	85.618
1	Albert Mesarosh	76.323
	Harry Berkowitz	62.854
	Rick Wilcox	56.242
	Harold Foote	56.120
	John Karkalis	43.773
- 1 - 3	Shern Timmins	41.486
ATT.	Bruno Fioretti	39.284
M60	Richard Fedion	108.066
100	David Payette	97.364
	Bob Ranta	88.731
4.50	Robert Homer	82.273
	George Isom	82.108
	Mike Morrin	74.246
	Gene Turnipseed	68.466
	Andrew Lovy	62.854
	Carl Pegels	62.854
	Don Williams	59.487
	Don Reinholt	53.875
70	Robert Robins	33.672
M65	Walter Kosydar	67.344
	Hunter Goin	55.500
	Dictino Mendez	47.475
	Terry Mohler	43.773
	Hubert Danaceau	41.528
No.	Bill Austin	26.937
M70		76.323
	Howard Henry	80.812
W40		119.997 92.868
	Irene Weston	50.508
	Becky Harwood	17.958
	Wendy Fraker Jacqueline Donahi	
W45	Jane Marsh	55.586
	Nancy Porter	55.184
	Pat Payette	39.284
WEA	SueEllen Trapp	137.350
WOO	Linda Elam	104.383
	Charlotte Gerkin	102.877
	Janet Delucia	88.731
	Pat LehmanJedrek	74.372
	Janice Novachcof	£ 63.65
	Karen Hundley	56.120
	Carol Sweeney	41.209
WSS	-W60 none	10000
W65		77.79
	Mary Ranta	20.20
U	SATF National Ma	sters
- Ma	rathon Champion	ships/
100	Twin Cities Marat	hon
175	Vananalia MN: C	

Minneapolis, MN; Oct. 6 Overall Joel Onwon'ga 23 Olga Appell 33 M40 2:13:13 2:27:59

NY 2:20:25 RUS 2:20:37

	Mauonai M	asicis in
Brad Hawthorne	CA 2:23:17	Ray Eiland
Doug Kurtis Graham Macky	MI 2:24:39 NZL 2:25:06	Bob Rodarte Ralph Mondo
Romas Sausaitis Miguel Tibaduiza	LIT 2:25:43 NV 2:29:02	M65 Grey Prom
Steve Winchel Tony Rodiez	WI 2:29:24 WI 2:31:20	Bill Galbrecht Bill Engle
Lloyd Stephenson	CA 2:35:10	Amie Gilberts
Ron Whetham Jeff Delic	MN 2:35:22 FL 2:35:48	Charles McJil John Wyckof
Terry Stewart Tom Stevens	MN 2:38:28 MD 2:39:02	Roger Hauge Dick Guthrie
Al Zetterlund	MN 2:43:42	Robert Thort
David Johnson Pete Lentino	NE 2:44:36 MN 2:44:49	M70
Terry Bannen Tim McLaughlin	MN 2:48:10 MN 2:48:37	John Keston (M70-74 rec
Timothy O'Brien	MN 2:50:41	Harold Hubba Lloyd Young
Keith Kowalsky Wayne Drealan	MN 2:51:25 MN 2:52:17	Fred Dodd Jim Waterman
Jerry Heaps Tim Larson	MN 2:52:41 MN 2:53:13	Richard Stron John Burton
Hannu Kinnunen Lenny Doshayes	CAN 2:53:23 MN 2:53:30	Ron King M75 none list
Jim Barrett	IA 2:53:44	M80
Steve Moe Eric Bergh	MN 2:54:37 MN 2:54:39	Dudley Healy Clayton Mora
Steve Moosbrugge James Amundson	ALL THE STREET	W40 Sissel Grotte
Bert Moniot	MN 2:55:33 CAN 2:55:46	(2nd female of Tatiana Pozd
Larry Reis Joe Herdina	IA 2:57:29 SD 2:58:14	Alice Thurea
Bob Gazda Tom Dougherty	MI 2:58:45 MO 2:58:52	Gillian Horovi
Steve Perlmutter Tom Schumacher	CAN 2:58:58 WI 2:59:22	Terry Adams
Jim Barnen Scott Weir	AL 2:59:31 CA 3:00:11	Mary Hanlon Andriette Wid
M45	DELLER STREET	Karen Ladig
Artemio Navarro Curt Hoegh	MEX 2:21:17 IA 2:38:00	Bernadette F Paulette Dow
Tim Freeman	CO 2:42:22	Maria Yeung Ellen Maas
Doug Suker Charles Possin	MN 2:48:42 WI 2:49:48	Joan Davis Brook Lemm
Bill Engert Ron Buck	NE 2.51:16 MN 2:52:08	Mary Beacco
John Cretzmeyer Pablo Vera	MN 2:54:50 VA 2:57:00	Robin Seymon Nancy Elwas
Mike McAvoy	WI 2:57:12	Karen Rothb W45
Wayne Walvatine Gene Marsolek	MN 2:58:35 MN 2:59:26	Gloria Janser Diane Stonel
Steve Holler Kevin Paten	WI 2:59:39 MN 2:59:47	Barbara Spar Jan Baker
J C Hoffman Jerry Rice	MN 3:00:00 NH 3:00:38	Linda Schisse Barbara Eber
Mike Muyres Luke Brock	MN 3:01:08 MN 3:02:46	Susan Hedge Donna Olson
Daryl Blakeborough Stephen Maupin	MN 3:02:52 MN 3:03:33	Bonnie Lear Sandy Padg
Steve Liebmann Jim Jacobsen	MT 3:03:34 IA 3:04:08	Francine LeP Mary Collins
Wallace Williams Jake Czapiewski	VIR 3:04:08 MN 3:05:07	Nancy Kaphe
Al Andersen M50	MN 3:05:37	Sandy Muyre Jean Weiler
Kjell-Erik Stahl	SWE 2:27:06	W50 Patricia Wilso
Jared Mondry Leon Clegg	MN 3:48:53 MN 2:51:31	Mary Hiatt Kathy O'Dea
Bob Dehrens W B Scullion	MN 2:51:41 SCO 2:52:36	Sandra Kurte Mary Croft
Norm Purrington John Emmons	MN 2:53:37 MN 2:54:30	Marydell Carls Barbara Ross
Denny Wintheiser Joe Carlson	MN 2:55:16 MN 2:56:18	Diana Bruckn Karin Grossm
Larry Ochsendorf	MN 2:56:28	Peggy Trager
Don Mathieu Kris Marinoff	MN 2:58:57 MN 3:01:55	Margaret Hou Levi Query
Roger Fisher John Boyle	MN 3:02:13 FL 3:03:53	Julie Penley Kathy Buehle
Bob Besinger	MN 3:04:17 MN 3:05:30	Judy Fletcher Phyllis Elliott
Bud Mixon David Bange	WI 3:10:02	W55
Bob Dahl Mic Sellner	MN 3:10:08 MN 3:12:44	Loretta Bauer Judy Toeple
Brad Yoder M55	TN 3:13:07	Jan Rohde Janet Boughi
Joe Burgasser Walter Peet	FL 2:45:38 MT 3:04:29	Sara Herz Joan Fiandao
Jim Fahrbach Richard Hessler	WI 3:06:55 MO 3:09:04	Mary DeMattia
Steve Wedman Hank Larson	MN 3:16:53 MN 3:17:16	Elizabeth Fre Karen Hundle
George Lisovskis	MN 3:20:02	Janet Wallen W60
John Soucheray Jim Mayerle	MN 3:20:32 MN 3:21:10	Wen-Shi Yu Mae Horns
Paul Hernes Jerry Bruce	AR 3:23:36 MI 3:24:05	Lois De Gond Pat Wahlgren
David Demarest Jerry Carter	NE 3:28:10 MI 3:30:29	Betty Byron Jeanne Murp
Jim Lally Dave Johnson	MN 3:31:16 MN 3:31:32	W65
Woody Ferry	MN 3:33:30 IL 3:42:11	Joy Johnson Ruth Anders
Don Baumann Ad Zerbin	CAN 3:42:19	MaryLou Car Lorraine Arno
Shirali Moradi Ed Rousseau	IA 3:43:53 MN 3:44:40	W70+none
Rick Kieyman M60	MN 3:44:42	Age-Graded Artemio Nava
Bill Dodson Jim Schleisman	NM 3:03:44 IA 3:24:38	Kjell-Erik Stal
Art Harris Stan Bell	IL 3:43:23 WI 3:45:37	Juriy Mikhaik
Gerald Onstad	MN 3:47:57 MN 3:51:28	Antoni Niemo Doug Kurtis
Pat Brown Robert Viaud	MN 3:52:07	Sissel Grotte Tatiana Pozd
Antonio Polo Dennis Hier	MEX 3:53:38 MN 3:54:15	Alice Thurea Graham Mad
Les Goenner Dayle Declerq	MN 3:59:11 MN 3:59:29	Brad Hawtho

Ray Elland	MN 4:04:18	Romas Sausaitis	40 88.5
Bob Rodarte Ralph Mondor	MO 4:05:06 WI 4:09:14	Jane Welzel	41 87.1 40 86.5
M65 Grey Prom	MN 3:20:39	Steve Winchel	40 86.3
Bill Galbrecht	MN 3:34:33	Rob Whetham	41 85.7 44 85.4
Bill Engle Arnie Gilbertson	NJ 3:47:04 MN 3:59:07		40 85.2 54 85.0
Charles McJilton John Wyckoff	MN 4:03:36 MO 4:07:47	THE RESERVE OF THE PARTY OF	45 84.6
Roger Hauge	MN 4:10:29	Elena Sipatova	41 84.4
Dick Guthrie Robert Thorbus	IL 4:13:41 MN 4:24:47	Bill Dodson	42 84.3 61 83.18
Vance Johnson M70	MN 4:39:14		43 83.15 46 83.0
John Keston (M70-74 record/3:01:1	OR 3:00:58	Terry Adams Schmidt	40 82.8
Harold Hubbard	MN 3:35:11	Gloria Jansen	40 82.7 49 82.3
Lloyd Young Fred Dodd	MN 3:55:21 MN 4:03:45		52 R2 2
Jim Waterman Richard Stromme	MN 4:14:11 MN 4:28:01	EAST	
John Burton	MN 4:31:48	NYRRC Roosevelt Isla	nd 10K
Ron King M75 none listed in resu	MN 5:19:37	Central Park, NYC; Au	ıg. 18
M80 Dudley Healy	NJ 4:38:00	Overall Justin Reid 27	32:49
Clayton Moran	MN 5:16:18	Kay Panfile 30	38:25
W40 Sissel Grottenberg	SWE 2:35:45	M30 S Marsalese 30 Carmine Petracca 32	34:12
(2nd female overall) Tatiana Pozdnyakova	UKR 2:36:37	Chris Gould 30	34:53
Alice Thureau	PA 2:38:13 CO 2:44:54	M40 Adam Lazaro	36:57
Jane Welzel Gillian Horovitz	NY 2:47:37	Russell Haystrand James McFarlane	39:51 39:56
Elena Sipatova Terry AdamsSchmidt	RUS 2:50:09 NV 2:52:02	M45 Jay Hildebrand	38:14
Mary Hanion	FL 2:57:31	Wendell Dasilva Tim Hassall	40:29 41:06
Andriette Wickstrom Karen Ladig	IA 3:06:40 MN 3:07:12	M50 Julio Aguirre	47:54
Bernadette Huston	MO 3:08:40	Charles Walt	42:59
Paulette Dow Maria Yeung	MN 3:10:17 TX 3:13:56	Rolando Vizhnay M55 Pat Cosgrove	46:36
Ellen Maas Joan Davis	MN 3:16:12	Joe Roche	43:02
Brook Lemm-Tabor	MN 3:16:52 MN 3:19:23	Jozef Soffa	45:34
Mary Beacco Robin Seymour	UT 3:20:30 CO 3:22:56	M60 Alfred Finger Fred Schoenfeld	42:22 55:14
Nancy Elwass	IL 3:24:48	Carlos Morales	55:55
Karen Rothbauer W45	MN 3:30:17	M65 Joseph Burns John Dwyer Jr	47:17 55:46
Gloria Jansen Diane Stoneking	MN 3:06:55 MN 3:11:51	Don Watson	1:01:35
Barbara Spannaus	MN 3:20:26	M70 Edwad Finkelstein	1:11:27
Jan Baker Linda Schissel	IA 3:23:29 MN 3:30:52	W75+Wilfredo Rios 79 Vincent Carneval 80	1:03:02
Barbara Ebers Susan Hedgepeth	FL 3:36:28 TN 3:36:41	Frank Brownstein 78	1:33:10
Donna Olson Bonnie Lear	MI 3:40:40 MN 3:41:36	W30 Debbie Gould 30 Susan Yang 31	39:48 40:33
Sandy Padgett	KY 3:42:14	Rachel Latessa 33	41:43
Francine LePage Mary Collins	MN 3:42:48 IA 3:44:45	W40 Luann Mestre Cynthia Tompkins	45:47
Nancy Kapheim Sandy Muyres	IA 3:47:37 MN 3:50:12	J Zwierzchowska	48:33
Jean Weiler	WI 3:50:12	W45 Irene Jackson Bonny Omara	44:55
W50 Patricia Wilson	CAN 3:41:13	Eunkyung Na	48:23
Mary Hiatt Kathy O'Dea	MN 3:45:30 MN 3:50:52	W50 Cynthia Mock Chuang Chang	42:51 48:28
Sandra Kurtenbach	IL 3:51:02	Krystyna Turowska	49:42
Mary Croft Marydell Carlson	MN 3:57:16 MN 4:00:19	W55 Yoshitaka Nagayama	52:26
Barbara Rossi Diana Bruckner	CO 4:00:33 WI 4:01:59	Edith Jones Cindy Sutliff	53:02
Karin Grossman	MN 4:03:34	W60 Rosa Nales	51:21
Peggy Trager Margaret Hourigan	MN 4:06:13 CA 4:07:48	Naomi Vogel	57:09
evi Query	OR 4:10:14 WA 4:14:54	Melissa Sutphen W65 Toshiko D'Elia	1:02:29
lulie Penley (athy Buehler	MN 4:15:06	Dolly Finkelstein	1:08:15
ludy Fletcher Phyllis Elliott	MN 4:16:52 MN 4:16:52	Betsy Frew W70 Jozi Neulinger	1:33:53
N55	Park Suite To	t garage	Paganii I
Loretta Bauer Judy Toeple	MN 3:55:18 IA 3:58:51	21st Annapolis 10-Mile	
lan Rohde	MN 3:59:28	Annapolis, MD; Aug	. 25
Janet Boughner Sara Herz	MN 4:05:11 CT 4:07:24	Overall Keith Matiskella 24	51:32
Joan Fiandaos Mary DeMattia	MO 4:11:25 MI 4:15:14		1:01:05
Elizabeth French	MN 4:17:13	M35 Anthony Vodacek George Alticri	55:31 55:49
Karen Hundley Janet Wallen	WI 4:17:21 MI 4:20:51	Michael Sterling	55:55
W60 Wen-Shi Yu	NY 3:40:33	Robert Marino Anthony Gardia	56:16 56:17
Mae Horns	MN 4:00:57	M40 Thad Jones	55:52
Lois De Gonda Pat Wahlgren	IA 4:53:50 MN 5:10:15	Bill Knapp	58:33
Betty Byron	WI 5:28:54 MN 5:37:23	Jeffrey Grier Bill Moore	58:58 59:20
Jeanne Murphy W65	100 TO 100 TO 100	Robert Rodriguez	59:59
Joy Johnson Ruth Anderson	CA 4:15:46 CA 4:38:02	M45 Robert Torchia Bennett Beach	59:15 1:00:22
MaryLou Carlson	MN 5:07:35 CA 6:00:04	Dennis Holman	1:00:22
Lorraine Arnold W70+none	CA 6:00:04	Bill Lawder	1:01:11
Age-Graded Results	Age %	M50 Patrick Griffith	1:01:26 1:03:37
Artemio Navarro	46 95.4	Roy Carl	1:04:13
Kjell-Erik Stahl John Keston	50 94.4 71 94.1	Jerry Solomon	1:04:15
Juriy Mikhailov	42 93.0	Dwight Edris Piriya Pinit	1:04:38 1:05:01
Antoni Niemczak Doug Kurtis	40 91.9 44 91.8	M55 John Pitarra Sr	1:05:04
Sissel Grottenberg Tatiana Pozdnyakova	40 91.5 40 91.0	Herbert Navarro	1:05:50
Alice Thureau	41 90.8	Dick Hipp Stephen Forman	1:06:42 1:10:48
	42 90.2	Mike Baziz	1:11:03
Graham Macky Brad Hawthorne	40 90.0	M60 George Yannakakis	1:11:29

40 88.5
41 87.1
40 86.5
40 86.3
41 85.7
44 85.4
40 85.2
54 85.0
45 84.6
41 84.4
42 84.3
61 83.18
43 83.15
46 83.0
40 82.8
40 82.7
49 82.3
52 R2 2
sland 10K : Aug. 18

EASI		
NYRRC Roosevelt Island 10K		
Central Park, NYC; Aug. 18		
Overal	<u>u</u>	distant.
Justin	Reid 27	32:49
Kay P	anfile 30	38:25
M30	S Marsalese 30	34:12
	Carmine Petracca 32	34:41
	Chris Gould 30	34:53
M40	Adam Lazaro	36:57
	Russell Haystrand	39:51
	James McFarlane	39:56
M45	Jay Hildebrand	38:14
	Wendell Dasilva	40:29
	Tim Hassall	41:06
M50	Julio Aguirre	47:54
17:21	Charles Walt	42:59
1 12 7	Rolando Vizhnay	46:36
M55	Pat Cosgrove	37:59
410	Joe Roche	43:02
	Jozef Soffa	45:34
M60	Alfred Finger	42:22
1100	Fred Schoenfeld Carlos Morales	55:14 55:55
M65	Joseph Burns	47:17
MOS	John Dwyer Jr	55:46
1 53.8		1:01:35
		1:11:27
		1:03:02
	The second secon	1:07:42
	Frank Brownstein 78	1:33:10
W30	Debbie Gould 30	39:48
	Susan Yang 31	40:33
	Rachel Latessa 33	41:43
	Luann Mestre	45:47
	Cynthia Tompkins	47:49
	J Zwierzchowska	48:33
	Irene Jackson	44:55
	Bonny Omara	46:58 48:23
	Eunkyung Na Cynthia Mock	48:23
	Chuang Chang	48:28
	Krystyna Turowska	49:42
WSS	Yoshitaka Nagayama	52:26
1133	Edith Jones	53:02
	Cindy Sutliff	
WAD	Rosa Nales	53:19 51:21
₩60	Naomi Vogel	57:09
31.6	Melissa Sutphen	1:02:29
W65	Toshiko D'Elia	48:58
	Dolly Finkelstein	1:08:15
	Betsy Frew	1:33:53
W70	Jozi Neulinger	1:18:25
Firm		

W70 Jozi Neulinger	1:18:25
21st Annapolis 10-N Annapolis, MD; A	
Overall	
Keith Matiskella 24	51:32
Stacey Nicholson	1:01:05
M35 Anthony Vodacck	55:31
George Alticri	55:49
Michael Sterling	55:55
Robert Marino	56:16
Anthony Gardia	56:17
M40 Thad Jones	55:52
Bill Knapp	58:33
Jeffrey Grier	58:58
Bill Moore	59:20
Robert Rodriguez	59:59
M45 Robert Torchia	59:15
Bennett Beach	1:00:22
Dennis Holman	1:00:26
Bill Lawder	1:01:11
Kenneth Dent	1:01:26
M50 Patrick Griffith	1:03:37
Roy Carl	1:04:13
Jerry Solomon	1:04:15
Dwight Edris	1:04:38
Piriya Pinit	1:05:01
M55 John Pitarra Sr	1:05:04
Herbert Navarro	1:05:50

Alan Rider	1:13:59
Alvin March	1:15:16
Jerry Lewis	1:17:18
M65 Lawrence Dickerson	1:12:16
Jay Sturdevant	1:13:43
George Waxter	1:21:02
Bill Morrison	1:21:50
Wheel Stanfield	
	NTA
M70 Dixon Hamphill	1:18:05
Ray Blue	1:20:52
Frank Pierce	1:26:51
Bill Osburn	1:28:48
Hubert Morgan	1:41:54
M75 Denzil Pritchard	1:33:17
W35 Carole Rosasco	1:02:41
Deborah Barnett	1:05:31
Kathi Canese	NTA
Jeanne Grillo	1:07:20
Terry Sweitzer	1:07:31
W40 Margaret Starnes	1:09:06
Kathleen Hibbert	1:12:09
Ann Meckley	1:12:34
Georgeann Welde	1:13:05
Judy Bender	1:14:46
W45 Mariln Bevans	1:11:49
Gwen Gorchia	1:12:35
Beverly Pritts	1:12:52
Susan Humphries	1:14:26
Marjorie Marque	1:14:57
W50 Randon Fritsch	
	1:10:02
Hideko Pirie	1:11:19
Gale Cordell	1:18:15
Mary Hays	1:18:47
C Digiambatista	1:19:18
W55 Kathy Price	1:27:33
Nancy Palmer	1:27:57
Barbara Riggin	1:30:55
Betty Smith	1:33:57
Kathi Guerrieri	1:39:12
W60 Lois Johnson	1:42:43
Yvonne Aasen	1:45:06
Marjorie Lane	1:45:34
Joanne Sheeter	1:47:14
Nancy Berlett	1:49:15
W70 Kay Morrison	1:40:58
W75 Hedy Marque	1:40:16
ACCES - 1 - 1 - 1 - 1 - 1 - 1	
Brentwood Rotary	5K

ntwood Rotary 5K Cookle Run wood, LI, NY: Aug. 26

Brentwood, LI, NY;	lug. 26
Overall	
Don Didonato	15:26
Regina Ronan	17:43
M40 Rick Ashby	16:33
Paul Mascali	16:37
John Lupski	17:10
Mike Baard	17:39
Tom Finnerty	17:42
M45 Dan Brach	17:05
Bob Moritz	17:19
Jim Walsh	17:24
Jack Porzio	17:34
Bob Briglio	17:38
M50 Sam Skinner	17:21
H Sweeney	18:24
Bob Pike	18:30
	19:11
Bryan Pearsall	18:52
M55 Joe Cordero	
Gary Muhrcke	18:59
Jose Mendez	19:51
Fle Thornton	21:02
M60 Richard Murphy	19:47
Robert Mitchell	20:08
Geza Feld	20:18
M65 Bill Fortune	20:30
Bert Jablon	23:52
Don Preven	24:47
M70+Bill Benson	28:53
David Onuschak	31:01
W40 Diane Gordon	19:18
Patty Zebersky	19:20
Helen Visgauss	19:29
Lori HarfenesMelni W45 Mary Rosado	k19:33
W45 Mary Rosado	20:20
Estella Clasen	20:59
Mary Wagner	21:03
W50 Betty Horstman	21:06
Judy Carroll	22:42
Laura Schay	22:52
W55 Mary Nathan	20:44
Annette Frish	22:35
	33:04
Cara Gragemurphy	
W60 Alexandra Finger	27:40
W65 DollyAnn Finklstei	
W70+Dorothy Rabas	30:29

Nationwide Insurance Ocean To Sound 50 Mile Relay Jones Beach-Jericho, LI, NY Sept. 8

Overall	
Warren St S&A Club	4:38:19
Runners Edge	5:29:27
M40+	
Taconic RR	5:00:17
Runners Edge Masters	5:07:19
Hartford TC	5:16:22
POBRRC Masters	5:26:57
River Road Rats	5:28:11
LI RR	5:30:47

Continued on next page

Continued from previous page

Continued from previous	us page 5:38:16
	5:38:16 5:45:51
Weekend Warriors III	5:51:56
Half Hollow Hills RR	6:00:28
W40+ Bohemia Ladies Mastrs	6:12:57
Mixed Masters	
Massapequa Mastrs Mix	5:56:05
Weasel AC Bohemia Cuisinarts	6:04:52 6:47:52
New Hyde Park-A	7:04:49
Forest Gump	7:07:57
Freddie Mac 5	K
Washington, DC; S	
Overall	(PSF > 2.1)
Jim Hage 38	15:26
Christi Ferran 23	17:48
M40 Matthew Rea	17.53
Gregory Price	18:18
Larry Harris Harding Zebedee	18:18 19:21
Frank Pilk	10:22
William Harter	20:10
John Alvanis	21:15
James Nimmons	22:12
Mark Shepherd	22:12
Gary Eakes	22:26
M45 Wayne Carroll	19:12
Kirt West	20:12
Jimmie Treadwell Andre Remy	20:37
John Eisold	20:37 22:20
Dennis Jenkins	23:04
Nathaniel Harrison	23:08
Xavier Ferran	23:37
Lawrence Clink	24:09
Larry Laroche	24:33
M50 John Haubert	18:49
Michael Golash Leland Brendsel	19:03 20:40
Rick Krall	20:40
John Dawson	22:09
Henry Cassidy	24:16
Jose Yanez	24:52
Lavern Arrington	25:49
Gaylord Allsen	26:15
John Tydings M55 Ronbert Neuland	26:44 27:37
Herb Dubin	29:33
Dizzie Turner	31:04
George Gordon	31:27
John Heath Daniel McGechan	33:27 44:43
Paul Levin	44:43
M60 Matthew Wolf	20:12
Norman Miller	20:18
Philip Rubin	26:09
M70 Ray Blue	23:20
W40 Cathy Ventura-Merk Kathy Hibbert	el 19:05 20:13
Heather Sanders	21:53
Susan Haun	25:00
MarshaBerry	26:41
Jennifer Wander	27:45
Nell Edwards	28:11
Roberta Youmans Shirley Cooper	28:26
Flora Del Villar	29:38 29:40
W45 Judy Douglas	26:01
Elsie Schimecca	27:15
Pat Sweeney	27:30
Yvonne Anderson	31:02
Maryann Williams Lynn Mayo	31:16 35:07
Joan Tucke	35:36
Diane White	37:06
Reba Withrow	37:27
Linda Blair	37:45
W50 Diane Brendsel	31:22
Ruth Siminski JudithPeterson	33:13 34:53
Jean Moody	38:04
Mary Mason	38:18
W55 Eleanor Canty	38:10
Sall Sibley	44:58
W60 Tami Graf	23:43
Eriesistible Mara	
Eriesistible Mara Erie, PA; Sept.	

Ellesistible Mara	
Erle, PA; Sept.	15
AT AMERICAN SERVICES	Printed
Overall	
Timothy Hewitt 41	2:38:12
Fiona Branton 37	nta
M40 Timothy Hewitt	2:38:12
S Mark Courtney	2:46:45
Tim Rent	2:53:21
Rick Hardesty	2:56:54
William Michael	2:58:21
David Milburn	3:00:58
Stephen Palmateer	3:03:51
* Robert Jacques	3:07:30
M45 Fran Emmerling	2:46:14
Bill Lawder	2:54:53
Brian Smith	3:02:32
Bob Crawford	3:07:04
	140

Bob Crawlord Jerry Petro

Martin Smrek	3:11:02
Russ Gill	3:12:27
Mike Spina	3:12:34
M50 Budd Bettler	3:02:07
Joseph Donahue .	3:07:05
Ferdinando Saglio	3:16:19
John Davis	3:27:12
Tom Schmitz	3:31:57
M55 Helmut Welker	3:23:13
Fred Bostrom	3:33:08
Don Baxter	3:40:24
M60+Dick Green 61	3:28:0
Ron Harrison 63	3:48:09
Harry Kirsch 72	3:50:5
Bruce Hurlburt 60	4:22:2
Paul Simpson 67	4:25:5
W40 Robin Smith	3:18:3
Peggy Wise	3:35:5
Pat Hoffman	3:38:0
Maggie Wallace	3:45:0
W45 Lynne Werling	4:14:2
Georgia Pambianco	4:20:5
Maxine Tonks	4:33:1
W50 Kay Cimino	4:06:5
Pat Da vis	4:23:5
Joanna DiGiorgio	4:48:5

	Joanna Didioigio	4.40.00		
NYRRC Staten Island Half-Marathon				
State	en Island, NYC; Se	ept. 15		
Overa	and the same of th			
	Kahsay 24	1:07:07		
	Hansen 32	1:19:27		
M30	Rene Sepulveda 30	1:08:39		
10.50	Rachid Thahi 31	1:09:12		
	Trevor Murray 31	1:10:00		
M40	Luis Tipan	1:14:51		
	Louis Calvano	1:18:47		
	Jose Santiago	1:19:26		
M45	Robert Briglio	1:19:37		
10113	Hari Rohl	1:20:38		
	Joseph Porcaro	1:20:54		
M50	Samuel Skinner	1:19:19		
14130	Julio Aguirre	1:22:47		
STATE OF	Richard Andrade	1:28:21		
M55	Pat Cosgrove	1:23:20		
MISS	Herbert Navarro	1:25:18		
	Manfred Konrad	1:28:43		
		1:28:53		
M60	Richard Murphy			
	Alan Fairbrother	1:31:31		
21988	Alfred Finger	1:33:42		
M65	Joseph Burns	1:43:02		
	Leo Schonhaut	1:49:27		
-	Joseph Simonte	1:50:00		
M70	Frank Dolen	1:55:34		
1	Frank Mortillo	1:57:48		
1.70	Sab Koide	2:10:06		
M75+	Wilfredo Rios 79 Mel Freidel 76	2:36:38		
11/20				
W30	Jean Chodnicki 37	1:22:23		
	Marie Loyrod 36	1:22:56		
*****	N Carrasquillo 35	1:23:44		
W40	Wendy Silverstein	1:40:21		
	K Mannkopf	1:40:24		
	Theresa Brady	1:41:36		
W45	Teiko Schultz	1:31:28		
LEFT.	Suzanne Rohr	1:35:00		
	Bonny Omara	1:39:15		
W50	Carol Johnston	1:44:00		
	Flora Flores	1:49:50		
	Ruth Fairbrother	1:52:26		
W55	Grace Famiglietti	2:09:03		
	Jane Benbow	2:10:16		
	Patricia Sturman	2-11-00		

Great Cow Harbor 10K/RRCA Eastern Regional Championships Northport, L.I., NY; Sept. 21 Overall Jeff Jacobs 32

Patricia Sturman

Wen-Shi Yu Sue Medaglia Ellen Low 2:01:06 W70+ Althea Wetherbee 3:08:59

2:11:00 1:46:05 1:53:50

29:02

W60

Senoria Clarke 32	33:54
M35 Pat Peterson	33:03
Ron Stegner	35:04
Alex Cuozzo	35:21
Bob Piechnik	35:22
Gene Hull	35:23
M40 David Luljak	36:37
Mike Baard	37:29
James Henry	37:46
Joe Howe	38:24
Dennis Ahern	38:39
M45 John Eiseman	36:52
Jack Porzio	37:14
Paul Geiger	37:49
Charlie Bailey	37:54
Peter Martin	38:45
M50 Julio Aguirre	37:51
John Hackney	37:52
Tom McGee	39:17
Bryan Pearsall	39:58
M55 Joe Cordero	39:19
Philmore Brewer	40:49
Joe Di Iorio	41:41

11460	
John Long	42:40
M60 Mike Goldman	41:38
Don Schildhaus	42:42
William Evans	43.54
M65+Warren Utes 76	41:54
Roger Williams 67	44:59
Mike Reidy 68	47:37
Hary Irwin 66	47:59
Mike Daly 65	47:49
W35 Ellen Giambalvo	39:02
Lorraine Ellis	39:17
Pat Chadeayne	42:04
Linda Ochs	44:13
W40 Joan Baldassari	41:35
Linda Ottaviano	43:36
Pat Doroski	43:51
Sharon Zuhoski	44:46
W45 Mary Wagner	44:19
Estella Clasen	44:51
Jacquie Gow	45:42
Kathy De Fina	46:19
W50 Nancy Tischler	43:19
Betty Horstmann	44:14
Roberta Brill	45:19
W55 Mary Nathan	43:40
Marion Stanjones	46:17
Annette Fritsch	47:13
W60 Wen-Shi Yu	48:27
Jeannie Pizzonia	57:43
Alexandra Finger	57:51
W65+Chickie O'Toole	57:13
Vera Allen	62:18
Philadelphia Half-Mar	athon

VVO	Vera Allen	62:18
	ladelphia Half-M iladelphia, PA; S	
100 100 100 100 100 100 100 100 100 100	Martin Mondragon	1:04:45
Juddie	Steve Jones	1:06:01
	Doug Kurtis	1:08:55
	Ken Wilson Len Lally	1:10:38
100	Mark Will-Weber	1:13:19
	Ed Bermudez	1:14:11
	Gary Cohen Jack Harbaugh	1:15:24
	Pat Seaney	1:16:00
	Richard Jacobs Peter Churchman	1:16:35
M45	Gary Fanelli	1:11:31
	John Thorpe	1:14:30
	Robert Torchia Tom Stone	1:17:42
1316	Chris Mason	1:19:28
	Mick Slonaker Hank Damian	1:19:54
	Stuart Madres	1:20:47
	Barry Roberson	1:22:49
M50	Bob Fortunato Richard Webb	1:16:57
100	John Weiss	1:22:13
	Mike Gibby Dwight Edris	1:22:55
	Frank Hopper	1:25:11
165	Gary Gordon	1:25:44
	Tom Lanza Amby Burloot	1:26:23
	Gene Downing	1:26:57
	Jack Wicks	1:27:12
M55	Harold Haldans David Cartwright	1:22:11
	James Flanagan	1:28:16
	Charles Ross	1:31:49
	Richard Jackson Stanton Newmann	1:33:08
	Bernard Davis	1:33:39
1218	Art Morey Sam McLendon	1:33:56
M60	Tony Cermanico	1:19:35
	Charles Rose Willis Kriebel	1:26:15
	Perry Silverman	1:29:36
	Geo Yannakakis	1:33:42
	David Levin Bill McClellan	1:34:22
	Frank Dudley	1:35:47
M65	Richard Hoban	1:38:35
191	Wally Wright Paul Ahrens	1:41:50
	Augustus Rossi	1:47:37
	Bob Wilson Aubrey Lomax	1:51:23
	Pat Nutt	1:53:40
1470	Dom Lucca	1:53:59
M/0-	John Cahill 72 Dixon Hemphill 71	1:30:52 1:42:22
	Phil Mongillo 71	1:46:52
	Jerry Zaslow 71 John Jackson 70	2:02:37
	Abe Bell Jr 75	2:03:59
14140	Sam Maxwell 71	2:10:42
W40	Sissel Grottenberg Deb Grossman	1:16:11
	Judy Pickett	1:25:59
	Susan Denton Marie Wickham	1:26:32
	C ComisoFanelli	1:29:00
	Susan Foster	1:29:18
W45	Mary Diver Judith Hine	1:30:51
1	Rosamond Gray	1:30:49
	G EsdaleTorchia Laurene Jones	1:34:25
	Karen Mitchell	1:34:28
	Joy Hampton	1:36:15
	Joan Osborne Maureen Meyer	1:36:29
	migureen Mever	1.30.4
W50	Jo Marchetti	1:27:12

	Marjorie Kos	1:37:21
	Diane Hardies	1:41:49
	Judith Harmony	1:42:42
	Gale Cordell	1:42:44
W55	Imme Dyson	1:45:41
	Edith Jones	1:52:22
	N C DesGarennes	1:53:50
	Gloria Jenkins	1:55:57
W60	Wen-Shi Yu	1:43:40
	Andrea Gerbstadt	1:59:12
	Nancy Berlett	2:15:15
W65	Toshiko d'Elia	1:47:36
	Janet Glassman	1:53:33
	Bertha McGruder	2:40:37
*sing	le-age US record	

single-age OS record	
Maccabiah 5K	WY.
Plainview, NY; Sept	. 22
Overall	
Alan Porter 39	16:46
Liz Flahavan 32	18:32
M40 Rich Ashby	16:53
John Lupski	17:20
Steve Josepher	18:04
M45 Jay Hildebrand	18:07
Ed Melnik	18:19
Nick Mondello	18:37
M50 Maury Dean	18:09
Mike Service	19:49
Alan End	20:17
M55 Joe Cordero	18:53
Richard Chester	21:57
Chris Sweeney	22:09
M60 Kevin Conners	22:47
Stewart Forman	23:56
Gus Likos	24:01
M65 Colin Harris	21:45
Bert Jablon	24:12
Sam Soccoli	24:33
M70 Herb Silber	29:02
Bill Merz	30:18
M75+Bill Benson 77	28:12
Manfred Gundell78	
W35 Lauren Lintz	25:09
Zena Rosenblum	25:16
W40 Diane Gordon	18:50
Doning Harris	10.24

| Variable NYRRC NYC Marathon

1:22:55	130 All	Tune-Up 30K	1000
1:25:08	Cent	ral Park, NYC; Se	nt 22
1:25:11		THE RESERVE THE PARTY OF THE PA	pt. 22
1:25:44	Overal		
1:26:23	Micha	el Parr 30	1:46:03
1:26:34	Christi	ina Scobey 30	2:01:21
1:26:57	M30	J Cunningham 31	1:48:50
1:27:12		A Martinez 32	1:50:54
1:22:11			
1:27:01		11 Castorena 36	1:51:17
1:28:16	M40	Carlo Russo	2:01:00
1:31:49		Peter Diaz	2:01:39
1:33:08		Theodore Peterson	2:03:04
1:33:14	M45	Rogert Briglio	1:58:04
1:33:39		John Pontes	2:00:00
1:33:56		Edgar Sandoval	2:00:57
1:34:41	M50	Alan Turner	
1:19:35 1:26:15	MISU		2:00:46
1:29:36		Julio Aguirre	2:02:50
1:33:41		Hector Rivera	2:08:10
1:33:42	M55	James Fillis	2:08:12
1:34:22		Jack Brennan	2:15:00
1:35:32		Jose Mendez	2:17:11
1:35:47	M60	Alan Fairbrother	2:14:47
1:38:35	11100	Robert Mitchell	2:20:28
1:41:50	100		
1:47:35	AME	Fernando Giglio	2:21:04
1:47:37	M65	Charles Safran	2:43:13
1:51:23		Leo Schonhaut	2:57:59
1:52:25		Francisco Vidal	3:10:59
1:53:40	M70	Leslie Clark	3:03:31
1:53:59		Samuel Oast	3:04:54
1:30:52		Sab Koide	3:25:45
1:42:22	W75+	Wilfredo Rios 79	3:32:11
1:46:52	W30	Elzi De Oliveira 31	2:02:13
2:02:37 2:03:59	***50	Cindy Reeder 34	
2:08:56			2:10:53
2:10:42	*****	Kiki Bennett 37	2:12:03
1:16:11	W40	Margarita Marascia	
1:18:32		Theresa Brady	2:28:51
1:25:59		Janet Kelly	2:37:19
1:26:32	W45	Suzanne Rohr	2:17:20
1:28:54		Teiko Schultz	2:19:53
1:29:00		Bonny Omara	2:32:27
1:29:18	W50	Susan Haberman	2:38:36
1:30:51		Melanie Benvenue	2:40:39
1:22:03		Ruth Fairbrother	
1:34:25	Wee		2:46:08
1:34:28	W55	Patty Parmalee	2:43:57
1:36:14		E Bonfils-Roberts	2:59:13
1:36:15		Jane Benbow	3:19:51
1:36:29	W60	Melissa Sutphen	3:25:29
1:36:47		Naomi Vogel	3:28:47
1:27:12	W65	Mariana Merceron	4:17:02
1:29:32	W70+	Edith Farias 72	3:10:09

Discover Card M	
NYC; Sept. 28	THE STATE OF
Elite Division	
Isaac Viciosa Paula Padolitto	3:53.67 4:26.69
Paula Radcliffe M40-49	4:26.69
Steve Scott 40	4:06.57
Ed Sparkowski 41	4:26.07
Tim McMullen 43	4:26.75
Fred Robbins 41	4:29.31
Al Swenson 49	4:30.76
Harold Nolan 49	4:31.78
Steve Schellenkamp 41	4:34.34
Paul Mascali 44	4:35.02
Tom Hartshorne 42 Charlie McMullen 45	4:37.72
Miles Vaughn 40	4:42.59 4:42.90
Jim O'Brien 41	4:43.68
Bob Pertak 45	4:53.15
Nick Caswell 46	4:54.57
M50-59	
Vic Heckler 54	4:38.16
Richard Myers 51	4:57.63
Sid Howard 57	5:02.52
Richard Hamner 51	5:05.56
Dan Hamner 56	5:05.85
Ben Grundstein 52	5:10.99
John Mauritz 51	5:13.13
Gary Muhrcke 56 Norb Sanders 52	5:23.56
M60-69	5:23.58
Ino Cantu 62	5:08.56
Jim Aneshansley 61	5:11.27
Earl Fee 67	5:17.37
Ken Baker 60	5:19.87
John Conner 61	5:29.56
Cliff Pauling 62	5:46.50
Al Finger 62	5:48.35
Ken Jones 68	5:53.91
Robert Kahn 64	5:56.27
Eugene Carbine 60	6:13.35
Michael Daly 65	6:18.03
Joe Semonte 68 Al Puma 66	6:44.13
Joe Kerman 66	6:44.25 8:15.35
M70-79	0.15.33
John McManus 73	6:13.24
Archie Messenger 73	6:34.52
Des Margetson 70	7:19.90
Wallace Cutler 73	7:48.49
Bill Benson 77	7:58.44
Al Goldstein 76	8:08.12
Tom Gibbons 75	8:29.49
Wilfredo Rios 79	8:35.50
Ed Finkelstein 74	8:45.70
M80+ Dudley Healy 82	9:47.82
Vince Carnevale 80	10:26.32
Max Popper 93	18:04.94
W40-49	Now Library
Eileen Troy 42	5:21.17
Sharon Vos 41	5:22.19
Diane Ditchfield 43	5:31.01
Kathy McIntyre 47	5:35.50
Marie Roach 48	5:42.66
Becky Chan 40	5:48.81
Mary Rosado 46 W50-59	5.51.05
Christine Stockdale 52	J:40.74
Ann Makoske 51	6:03.71
W60-69	0.00.71

W50-59 Christine Stockdale 52 Ann Makoske 51 W60-69 Gerri Owens 61 Rosa Nales 62 Margaret Carinci 60 Naomi Vogel 61 DollyAnn Finkelstein66 W70+ Muriet Merl 70 Althea Welherbee 77 7:54.40 11:16.38 Richard S. Caliquiri/City of

6:44.29 6:55.87 6:57.51 7:41.02 8:06.47

Pitts	ard S. Caliguiri/C burgh Great Race	10K
Pit	tsburgh, PA; Sept	. 29
Overa		
	h Kamau	27:45
Delilla	ah Asiago	31:37
M40	Dave Kannewurf	31:23
	Malcolm East	31:31
	Lanny Doan	32:05
	David McDonald	32:15
	Steve Littleton	32:56
	John Ausherman	33:10
	S Mark Courtney	33:12
	Barry Mittermeier	33:44
	Joe Sullivan	33:48
	Timothy Hewitt	33:58
	Don Slusser	34:10
	Gray Thompson	34:15
	Richard Crowley	34:31
	Patrick Bouchard	34:39
	Tom Abbott	34:58
M45	Ronnie Knepper	33:32
	David Blakenship	34:12
	Dennis Kollai	34:35
	Tom Sponseller	34:56
	Tom Rose	35:02
	Daniel Driskell	35:37
	James Lennox	35:40
	Curtis Grimm	35:47
	Jim Freid	36:34
	Russell Arndt	36:35
	Paul Vonstein	36:47
	Carl Hatfield	36:52
	Paul Thompson	37:09
	Bob Bensterer	37:45

South	Roger McGuire	38:14
M50	Terry Van Natta	34:17
	Paul Marraccini James Rohm	35:27 36:03
	Anthony Mauro	37:24
	Daniel Spencer	37:50
	Fouadi Jaroudi Richard Baldock	38:06 38:22
	Chuck Oesterling	38.23
	Jim Banks	38:30
	Joseph Donahue	38:31
TO BE	Tom Lender David Hayden	38.42
M55	Fay Bradley	34:17
Park No.	William McNellie	37:34
	Dick Amato	37:49
	Lawrence Ratkus Benjamin Zappa	39:42 39:48
	Dick Monheim	40:51
	John Tucker	41:12
	David Mitchell	41:17
	Chet Coates Tom Dunbar	41:32
	Robert Whitesides	41:59
CHEFF	Jack Zihmer	43:03
M60	Bill Olrich* R Brockenbrough	35:32
	James Lacey Sr	40:07
	Carl Trimber	41:40
	Ralph Swain	41:47
	John Rayburn Herman Layman	42:31
	Leon Bierbower	45:01
F. 1625 W	Robert Park	45:30
M65	Bill Fortune Jim Roser	42:22 44:14
TAY	Regis Costello	44:14
	Robert Friel	45:00
	John Mitchell	48:01
Party I	Paul Pomaibo Don Sherwood	49:34 50:45
	Richard Brooks	51:04
1	Peter Bolanis	51:13
M70		41:22
THE ST	Bill Klapproth 76	50:27 52:25
	August Ossana 70 James Hurst 72	54:52
TEACH	Americo Mascio 76	55:08
100	Walter Ellman 70	58.48 59.58
	Ezio Rongaus 70	
- QU. 6.50	Melvin Veselv /U	1:00:22
2N-80	Melvin Vesely 70 T Cummings 73	1:02:00
23/42 52/45	T Cummings 73 John Hutchison 72	1:02:00 1:02:41
W40	T Cummings 73 John Hutchison 72 Janet Takahashi	1:02:00 1:02:41 34:50
W40	T Cummings 73 John Hutchison 72	1:02:00 1:02:41 34:50 39:16
W40	T Cummings 73 John Hutchison 72 Janet Takahashi Julie Rathbone Joan Pellegrin Robin Smith	1:02:00 1:02:41 34:50 39:16 39:24 39:30
W40	T Cummings 73 John Hutchison 72 Janet Takahashi Julie Rathbone Joan Pellegrin Robin Smith Shelley Ralston	1:02:00 1:02:41 34:50 39:16 39:24 39:30 39:35
W40	T Cummings 73 John Hutchison 72 Janet Takahashi Julie Rathbone Joan Pellegrin Robin Smith Shelley Ralston Cindy Grimm	1:02:00 1:02:41 34:50 39:16 39:24 39:30 39:35 40:23
W40	T Cummings 73 John Hutchison 72 Janet Takahashi Julie Rathbone Joan Pellegrin Robin Smith Shelley Ralston	1:02:00 1:02:41 34:50 39:16 39:24 39:30 39:35 40:23 40:40
W40	T Cummings 73 John Hutchison 72 Janet Takahashi Julie Rathbone Joan Pellegrin Robin Smith Shelley Ralston Cindy Grimm Eileen Petrone Cindy Levine Eileen Hungerman	1:02:00 1:02:41 34:50 39:16 39:24 39:30 40:23 40:40 41:14 42:13
	T Cummings 73 John Hutchison 72 Janet Takahashi Julie Rathbone Joan Pellegrin Robin Smith Shelley Ralston Cindy Grimm Eileen Petrone Cindy Levine Eileen Hungerman Deborah Seippel	1:02:00 1:02:41 34:50 39:16 39:24 39:30 40:40 41:14 42:13 43:35
W40	T Cummings 73 John Hutchison 72 Janet Takahashi Julie Rathbone Joan Pellegrin Robin Smith Shelley Ralston Cindy Grimm Eileen Petrone Cindy Levine Eileen Hungerman Deborah Seippel Karen Mitchell	1:02:00 1:02:41 34:50 39:16 39:24 39:30 39:35 40:23 40:40 41:14 42:13 43:35 42:28
	T Cummings 73 John Hutchison 72 Janet Takahashi Julie Rathbone Joan Pellegrin Robin Smith Shelley Ralston Cindy Grimm Eileen Petrone Cindy Levine Eileen Hungerman Deborah Seippel Karen Mitchell Shirley Macefe Callie Edmundson	1:02:00 1:02:41 34:50 39:16 39:24 39:30 40:23 40:40 41:14 42:13 43:33 42:28 42:28 42:57
	T Cummings 73 John Hutchison 72 Janet Takahashi Julie Rathbone Joan Pellegrin Robin Smith Shelley Ralston Cindy Grimm Eileen Petrone Cindy Levine Eileen Hungerman Deborah Seippel Karen Mitchell Shirley Macefe Callie Edmundson Sandra Grimaldi	1:02:00 1:02:41 34:50 39:16 39:24 39:30 39:33 40:23 40:40 41:14 42:13 43:33 42:28 42:25 44:11
	T Cummings 73 John Hutchison 72 Janet Takahashi Julie Rathbone Joan Pellegrin Robin Smith Shelley Ralston Cindy Grimm Eileen Petrone Cindy Levine Eileen Hungerman Deborah Seippel Karen Mitchell Shirley Macefe Callie Edmundson Sandra Grimaldi Lynn Clayton	1:02:00 1:02:41 34:50 39:16 39:24 39:30 39:35 40:23 40:40 41:14 42:13 43:33 42:28 42:25 44:11 45:24
	T Cummings 73 John Hutchison 72 Janet Takahashi Julie Rathbone Joan Pellegrin Robin Smith Shelley Ralston Cindy Grimm Eileen Petrone Cindy Levine Eileen Hungerman Deborah Seippel Karen Mitchell Shirley Macefe Callie Edmundson Sandra Grimaldi Lynn Clayton Jayne Adair-Cox Denise Schiller	1:02:00 1:02:41 34:50 39:16 39:24 39:30 40:23 40:40 41:14 42:13 43:35 42:28 42:25 44:11 45:24 46:50
	T Cummings 73 John Hutchison 72 Janet Takahashi Julie Rathbone Joan Pellegrin Robin Smith Shelley Ralston Cindy Grimm Eileen Petrone Cindy Levine Eileen Hungerman Deborah Seippel Karen Mitchell Shirley Macefe Callie Edmundson Sandra Grimaldi Lynn Clayton Jayne Adair-Cox Denise Schiller Nancy Schuchert	1:02:00 1:02:41 34:50 39:16 39:24 39:30 39:35 40:23 40:40 41:14 42:13 42:28 42:28 42:57 44:11 45:24 46:55 47:20 48:51
	T Cummings 73 John Hutchison 72 Janet Takahashi Julie Rathbone Joan Pellegrin Robin Smith Shelley Ralston Cindy Grimm Eileen Petrone Cindy Levine Eileen Hungerman Deborah Seippel Karen Mitchell Shirley Macefe Callie Edmundson Sandra Grimaldi Lynn Clayton Jayne Adair-Cox Denise Schiller Nancy Schuchert Angie Riccelli	1:02:00 1:02:41 34:50 39:16 39:24 39:30 40:23 40:40 41:14 42:13 43:33 42:28 42:21 42:57 44:11 45:24 46:50 47:22 48:51 49:41
W45	T Cummings 73 John Hutchison 72 Janet Takahashi Julie Rathbone Joan Pellegrin Robin Smith Shelley Ralston Cindy Grimm Eileen Petrone Cindy Levine Eileen Hungerman Deborah Seippel Karen Mitchell Shirley Macefe Callie Edmundson Sandra Grimaldi Lynn Clayton Jayne Adair-Cox Denise Schiller Nancy Schuchert Angie Riccelli Ann Cheman	1:02:00 1:02:41 34:50 39:16 39:24 39:30 40:23 40:40 41:14 42:13 42:25 42:25 44:11 45:22 46:50 47:25 49:44
	T Cummings 73 John Hutchison 72 Janet Takahashi Julie Rathbone Joan Pellegrin Robin Smith Shelley Ralston Cindy Grimm Eileen Petrone Cindy Levine Eileen Hungerman Deborah Seippel Karen Mitchell Shirley Macefe Callie Edmundson Sandra Grimaldi Lynn Clayton Jayne Adair-Cox Denise Schiller Nancy Schuchert Angie Riccelli Ann Cheman	1:02:00 1:02:41 34:50 39:16 39:24 39:30 40:40 41:14 42:13 42:28 42:28 42:57 44:18 45:24 46:50 47:26 49:41 49:50 37:25
W45	T Cummings 73 John Hutchison 72 Janet Takahashi Julie Rathbone Joan Pellegrin Robin Smith Shelley Ralston Cindy Grimm Eileen Petrone Cindy Levine Eileen Hungerman Deborah Seippel Karen Mitchell Shirley Macefe Callie Edmundson Sandra Grimaldi Lynn Clayton Jayne Adair-Cox Denise Schiller Nancy Schuchert Angie Riccelli Ann Cheman Barbara Filutze Randon Fritsvh Kathy Shoaf	1:02:00 1:02:41 34:50 39:16 39:24 39:30 40:23 40:40 41:14 42:13 43:33 42:28 42:21 44:11 45:22 46:50 47:20 48:5: 49:44 49:43 49:43 49:44 49:45 49:44 49:45 49:44 49:45 49
W45	T Cummings 73 John Hutchison 72 Janet Takahashi Julie Rathbone Joan Pellegrin Robin Smith Shelley Ralston Cindy Grimm Eileen Petrone Cindy Levine Eileen Hungerman Deborah Seippel Karen Mitchell Shirley Macefe Callie Edmundson Sandra Grimaldi Lynn Clayton Jayne Adair-Cox Denise Schiller Nancy Schuchert Angie Riccelli Ann Cheman Barbara Filutze Randon Fritsvh Kathy Shoaf Maryjo Neff	1:02:00 1:02:41 34:50 39:16 39:24 39:30 39:35 40:22 40:40 41:14 42:13 42:25 44:11 45:24 46:55 49:41 49:51 37:22 39:00 44:51
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W45	T Cummings 73 John Hutchison 72 Janet Takahashi Julie Rathbone Joan Pellegrin Robin Smith Shelley Ralston Cindy Grimm Eileen Petrone Cindy Levine Eileen Hungerman Deborah Seippel Karen Mitchell Shirley Macefe Callie Edmundson Sandra Grimaldi Lynn Clayton Jayne Adair-Cox Denise Schiller Nancy Schuchert Angie Riccelli Ann Cheman Barbara Filutze Randon Fritsvh Kathy Shoaf Maryjo Neff Beverly Bernard Paula Johnson Linda Krysnki Eva Das Janice Stoodley	1:02:00 1:02:41 34:50 39:16 39:24 39:30 39:35 40:23 40:40 41:14 42:13 42:28 42:28 42:28 42:28 42:55 44:11 45:28 49:44 49:43 49:45
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W45	T Cummings 73 John Hutchison 72 Janet Takahashi Julie Rathbone Joan Pellegrin Robin Smith Shelley Ralston Cindy Grimm Eileen Petrone Cindy Levine Eileen Hungerman Deborah Seippel Karen Mitchell Shirley Macefe Callie Edmundson Sandra Grimaldi Lynn Clayton Jayne Adair-Cox Denise Schiller Nancy Schuchert Angie Riccelli Ann Cheman Barbara Filutze Randon Fritsyh Kathy Shoaf Maryjo Neff Beverly Bernard Paula Johnson Linda Krysnki Eva Das Janice Stoodley Rose Scheid Georgette Lacey Jean Webb	1:02:00 1:02:41 34:50 39:16 39:24 39:30 39:35 40:23 40:40 41:14 42:13 43:33 42:28 42:21 42:57 44:11 45:24 46:56 47:20 48:51 49:41 49:51 37:22 39:00 44:51 45:11 46:11 46
W45	T Cummings 73 John Hutchison 72 Janet Takahashi Julie Rathbone Joan Pellegrin Robin Smith Shelley Ralston Cindy Grimm Eileen Petrone Cindy Levine Eileen Hungerman Deborah Seippel Karen Mitchell Shirley Macefe Callie Edmundson Sandra Grimaldi Lynn Clayton Jayne Adair-Cox Denise Schiller Nancy Schuchert Angie Riccelli Ann Cheman Barbara Filutze Randon Fritsvh Kathy Shoaf Maryjo Neff Beverly Bernard Paula Johnson Linda Krysnki Eva Das Janice Stoodley Rose Scheid Georgette Lacey Jean Webb Dagnija Schmidt	1:02:00 1:02:41 34:50 39:16 39:24 39:30 40:40 41:14 42:13 42:23 42:23 42:25 44:11 45:22 46:50 47:20 47:20 48:55 47:11 47:11 50:11 43:13 53:40 57:22
W45	T Cummings 73 John Hutchison 72 Janet Takahashi Julie Rathbone Joan Pellegrin Robin Smith Shelley Ralston Cindy Grimm Eileen Petrone Cindy Levine Eileen Hungerman Deborah Seippel Karen Mitchell Shirley Macefe Callie Edmundson Sandra Grimaldi Lynn Clayton Jayne Adair-Cox Denise Schiller Nancy Schuchert Angie Riccelli Ann Cheman Barbara Filutze Randon Fritsvh Kathy Shoaf Maryjo Neff Beverly Bernard Paula Johnson Linda Krysnki Eva Das Janice Stoodley Rose Scheid Georgette Lacey Jean Webb Dagnija Schmidt Ada Rubin	1:02:00 1:02:41 34:50 39:16 39:24 40:40 41:14 42:13 43:33 42:28 42:21 42:51 44:14 45:12 46:50 47:20 48:55 47:12 48:55 47:12 48:55 47:12 48:55 47:12 48:55 47:12 48:55 47:12 48:55 47:12 48:55 47:12 48:55 49:44 49:55 49:47 49:57 59:57 49:57 59:57 49:57 59
W45	T Cummings 73 John Hutchison 72 Janet Takahashi Julie Rathbone Joan Pellegrin Robin Smith Shelley Ralston Cindy Grimm Eileen Petrone Cindy Levine Eileen Hungerman Deborah Seippel Karen Mitchell Shirley Macefe Callie Edmundson Sandra Grimaldi Lynn Clayton Jayne Adair-Cox Denise Schiller Nancy Schuchert Angie Riccelli Ann Cheman Barbara Filutze Randon Fritsvh Kathy Shoaf Maryjo Neff Beverly Bernard Paula Johnson Linda Krysnki Eva Das Janice Stoodley Rose Scheid Georgette Lacey Jean Webb Dagnija Schmidt Ada Rubin Mary Ann Artman	1:02:00 1:02:41 34:50 39:16 39:24 39:30 39:35 40:23 40:40 41:14 42:13 42:28 42:28 42:28 42:55 44:11 45:23 46:50 47:20 48:55 49:44 49:45
W45	T Cummings 73 John Hutchison 72 Janet Takahashi Julie Rathbone Joan Pellegrin Robin Smith Shelley Ralston Cindy Grimm Eileen Petrone Cindy Levine Eileen Hungerman Deborah Seippel Karen Mitchell Shirley Macefe Callie Edmundson Sandra Grimaldi Lynn Clayton Jayne Adair-Cox Denise Schiller Nancy Schuchert Angie Riccelli Ann Cheman Barbara Filutze Randon Fritsvh Kathy Shoaf Maryjo Neff Beverly Bernard Paula Johnson Linda Krysnki Eva Das Janice Stoodley Rose Scheid Georgette Lacey Jean Webb Dagnija Schmidt Ada Rubin	1:02:00 1:02:41 34:50 39:16 39:24 39:30 39:35 40:23 40:44 41:14 42:13 42:25 42:55 44:11 45:24 46:55 47:20 48:53 49:44 49:51 37:22 39:00 44:54 45:11 45:55 47:11 47:11 47:12 47:26 47
W45	T Cummings 73 John Hutchison 72 Janet Takahashi Julie Rathbone Joan Pellegrin Robin Smith Shelley Ralston Cindy Grimm Eileen Petrone Cindy Levine Eileen Hungerman Deborah Seippel Karen Mitchell Shirley Macefe Callie Edmundson Sandra Grimaldi Lynn Clayton Jayne Adair-Cox Denise Schiller Nancy Schuchert Angie Riccelli Ann Cheman Barbara Filttze Randon Fritsyh Kathy Shoaf Maryjo Neff Beverly Bernard Paula Johnson Linda Krysnki Eva Das Janice Stoodley Rose Scheid Georgette Lacey Jean Webb Dagnija Schmidt Ada Rubin Mary Ann Artman Andrea Gerbstadt Gloria Brown Donna Smith	1:02:00 1:02:41 34:50 39:16 39:24 39:30 39:35 40:23 40:40 41:14 42:13 43:33 42:28 42:21 42:57 44:11 45:24 46:56 47:22 48:51 47:11 45:11 47:11 50:11 43:13 53:44 57:22 59:00 59:50 59:50 50:30 51:39
W45	T Cummings 73 John Hutchison 72 Janet Takahashi Julie Rathbone Joan Pellegrin Robin Smith Shelley Ralston Cindy Grimm Eileen Petrone Cindy Levine Eileen Hungerman Deborah Seippel Karen Mitchell Shirley Macefe Callie Edmundson Sandra Grimaldi Lynn Clayton Jayne Adair-Cox Denise Schiller Nancy Schuchert Angie Riccelli Ann Cheman Barbara Filutze Randon Fritsvh Kathy Shoaf Maryjo Neff Beverly Bernard Paula Johnson Linda Krysnki Eva Das Janice Stoodley Rose Scheid Georgette Lacey Jean Webb Dagnija Schmidt Ada Rubin Mary Ann Artman Andrea Gerbstadt Gloria Brown Donna Smith Christia Siewers	1:02:00 1:02:41 34:50 39:16 39:24 39:30 40:40 41:14 42:13 43:33 42:28 42:21 42:57 44:11 45:24 46:56 47:22 48:53 49:41 49:51 37:22 39:00 44:51 45:13 50:11 43:11 44:25 50:11 43:11 44:25 50:11 50:11 50:11 50:11 50:13 50:30
W45	T Cummings 73 John Hutchison 72 Janet Takahashi Julie Rathbone Joan Pellegrin Robin Smith Shelley Ralston Cindy Grimm Eileen Petrone Cindy Levine Eileen Hungerman Deborah Seippel Karen Mitchell Shirley Macefe Callie Edmundson Sandra Grimaldi Lynn Clayton Jayne Adair-Cox Denise Schiller Nancy Schuchert Angie Riccelli Ann Cheman Barbara Filttze Randon Fritsyh Kathy Shoaf Maryjo Neff Beverly Bernard Paula Johnson Linda Krysnki Eva Das Janice Stoodley Rose Scheid Georgette Lacey Jean Webb Dagnija Schmidt Ada Rubin Mary Ann Artman Andrea Gerbstadt Gloria Brown Donna Smith	1:02:00 1:02:41 34:50 39:16 39:24 39:30 39:35 40:23 40:40 41:14 42:13 43:35 42:28 42:28 42:57 44:18 45:24 46:50 47:26 48:55 47:44 49:44 49:44 49:41 49
W45	T Cummings 73 John Hutchison 72 Janet Takahashi Julie Rathbone Joan Pellegrin Robin Smith Shelley Ralston Cindy Grimm Eileen Petrone Cindy Levine Eileen Hungerman Deborah Seippel Karen Mitchell Shirley Macefe Callie Edmundson Sandra Grimaldi Lynn Clayton Jayne Adair-Cox Denise Schiller Nancy Schuchert Angie Riccelli Ann Cheman Barbara Filutze Randon Fritsvh Kathy Shoaf Maryjo Neff Beverly Bernard Paula Johnson Linda Krysnki Eva Das Janice Stoodley Rose Scheid Georgette Laccy Jean Webb Dagnija Schimidt Ada Rubin Mary Ann Artman Andrea Gerbstadt Gloria Brown Donna Smith Christia Siewers Hattie Wynn Ruth Black Margaret Lutz	1:02:00 1:02:41 34:50 39:16 39:24 39:30 39:35 40:23 40:40 41:14 42:13 43:35 42:28 42:28 42:57 44:18 45:24 46:50 47:26 48:51 49:44 49:43 45:51 47:11 47:11 50:11 43:19 44:22 57:20 59:50 59:50 59:50 58:22 58
W50	T Cummings 73 John Hutchison 72 Janet Takahashi Julie Rathbone Joan Pellegrin Robin Smith Shelley Ralston Cindy Grimm Eileen Petrone Cindy Levine Eileen Hungerman Deborah Seippel Karen Mitchell Shirley Macefe Callie Edmundson Sandra Grimaldi Lynn Clayton Jayne Adair-Cox Denise Schiller Nancy Schuchert Angie Riccelli Ann Cheman Barbara Filutze Randon Fritsvh Kathy Shoaf Maryjo Neff Beverly Bernard Paula Johnson Linda Krysnki Eva Das Janice Stoodley Rose Scheid Georgette Laccy Jean Webb Dagnija Schmidt Ada Rubin Mary Ann Artman Andrea Gerbstadt Gloria Brown Donna Smith Christia Siewers Hattie Wynn Ruth Black Margaret Lutz Jean Krause	1:02:00 1:02:41 34:50 39:16 39:24 39:30 39:35 40:23 40:40 41:14 42:28 42:28 42:28 42:57 44:18 45:24 46:55 47:26 48:53 49:41 49:51 37:29 39:00 44:51 45:11 47:11 50:11 50:13 53:44 57:22 59:55 59:56 59:56 59:56 59:46 54:46
W50	T Cummings 73 John Hutchison 72 Janet Takahashi Julie Rathbone Joan Pellegrin Robin Smith Shelley Ralston Cindy Grimm Eileen Petrone Cindy Levine Eileen Hungerman Deborah Seippel Karen Mitchell Shirley Macefe Callie Edmundson Sandra Grimaldi Lynn Clayton Jayne Adair-Cox Denise Schiller Nancy Schuchert Angie Riccelli Ann Cheman Barbara Filutze Randon Fritsvh Kathy Shoaf Maryjo Neff Beverly Bernard Paula Johnson Linda Krysnki Eva Das Janice Stoodley Rose Scheid Georgette Laccy Jean Webb Dagnija Schimidt Ada Rubin Mary Ann Artman Andrea Gerbstadt Gloria Brown Donna Smith Christia Siewers Hattie Wynn Ruth Black Margaret Lutz	1:02:00

Continued on next page

1:05:08

58:07

W70+ Loretta Shcham

Dorothy Siemon

Continued from previous page

SOUTHEAST

Yorktown Freedom 10K Yorktown, VA; July 4

Total only	A 450
Overall	
Gavin Gaynor 30	14:34
Nicola Ratcliffe 29	17:17
M40 Dave Kannewurf	16:15
Ed Weston	17:45
M45 Rick Platt	16:22
Mike Huppert	19:04
M50 Larry Turner	19:31
Lewis Jones	19:31
M55 Robert Wright	20:00
M60+Charles Flynn 60	21:21
Bill Charles 60	21:57
Andrew Polansky 68	22:11
W40 Kathleen Powell	20:37
Donna Harper	20:48
W45 Ginny Maxwell	23:20
Barbara Biasi	23:29
W50+Joan Coven 55	24:48
Sonya Whitley 53	25:33

Maggie Valley Moonlight 8K Maggie Valley, NC; Aug. 24

Maggie Valley, NC; Aug. 24		
Overall		
David Matherne 32	25:42	
Ena Weinstein 37	30:41	
M35 Steve Venable	25:54	
Mike Zengle	27:02	
Norman Blair	27:27	
Randall Roland	28:21	
M40 Malcolm Adams	28:38	
Larry McKinney	29:23	
Steve Staley	29:41	
Jim Mitchell	29:55	
Chuck Francis	29:56	
Tommy Seymore	30:12	
M45 Sam Davis	30:45	
Bob Milan	30:57	
William Menius	31:02	
L C Moore Jr	31:12	
John Smith	32:20	
Killy Kunimoto	32:53	
M50 Anson Clapcott	29:12	
Dennis Maltais	32:46	
Bob Edminston	32:56	
John Keefe	33:08	
	33:15	
Mickey Lackey M55 James Adams	31:21	
Gailes Stuckey	31:59	
Thomas Eison	33:42	
Bill Zehner	33:45	
M60 Bill Wagner	34:30	
William Rose	36:52	
Everett Wirgau	37:14	
M65 Lee Cooper	36:08	
Bob Bradley	37:06	
Charles Kem	37:25	
M70+Charles Dotson 73		
W35 Ena Weinstein	30:41	
Susan Adams	31:39	
Sue Molloy	33:06	
W40 Debra Wagner	32:14	
	36:38\	
Sandi Weston	38:25	
Jan Veal	38:27	
W45 Nonie Hudnall	33:56	
Tenna Hosner	35:36	
Carolyn Mather	35:57	
Cary Albright	39:59	
W50 Lynda de Paulis	40:55	
Janice Hicks	41:43	
Jackie Phillips	43:48	
W55 Joann Mock	46:08	
Elinor Gustin	53:14	
W60 Mary Purvis	44:15	
Ann Trammell	45:31	
W65 Garthedon Embler	44:27	
W70+Marg Hagerty 73	59:45	
Lillian Thurman 77	77:25	

U.S. 10K Classi	
Atlanta, GA; Sep	t. 2
Overall	
Peter Githuka 27	29:00
Catherine Ndereba 24	33:02
Top Masters	
Bill Rodgers 48	33:56
Lorraine Moller 41	36:31
M40 Bob Dalton	35:13
Andy Palmer	35:51
Lloyd Boone	36:02
Lloyd McDonald	36:39
M45 Otto Sanabria	39:42
Frank Zimmerman	41:42
Jim Reichenbach	41:46
M50 Melvin Russ	39:23
Gary Darnell	39:47
Dennis Maltais	42:52
M55 Ben Jordan	42:38
Steve O'Brien	45:41
Chet Coates	46:14
M60 Charlie Teague	46:50
Al Klimatis	47:00
Phil Olive	48:34
M65 George Fincher	38:38
Larry Engel	45:40

Mark Walker	51:12
M70+Gene Winfrey 73	79:40
Clifford Weiss 70	90:58
Wernr Schmidt 81	1:43:01
W40 Fran Larrieu Smith	36:31
Rachael Barbee	44:19
Cheryl Cagle	47:35
W45 Mildred Kilgore	49:46
Anita Olshanski	50:01
Marlene Atwood	50:42
W50 Kim Ashworth	46:52
Soon Williams	52:43
Janet Ralston	54:54
W55 Jacque Anderson	61:14
Anne Sereni	61:38
Wendy Simonetti	64:04
W60 Whitney Norris	63:44
Joan Engel	63:48
Jane Berkeley	67:14
W65 Cornelia Tiller	70:28
W70+D Van Drunen 79	1:41.28
Trak Shak 5	

Birmingham, AL; Sept. 4

	Over	all	
	Eddi	e Terrell	15:14
	Jear	Ellis	17:39
	M40	Robert Dancy	16:20
		Tom Warren	18:55
		Ken Harman	20:11
		Bob Cornelius	20:23
		Bill Eddings	20:30
	M45	Terry Rayburn	18:32
		Jeff Hawkins	18:41
		Bill Tucker	19:22
		Don Player	19:24
		Gordon Ladner	19:57
	M50	Ben Fox	20:14
		Roger Quick	20:37
		Wade Cooper	21:22
		C G Wesley	22:00
	M55	Sammy Morris	19:41
		Hess Fridley	20:32
		Wayne Hasenbein	21:52
		Butch Goldblatt	22:12
	M60	Richard Tankersley	22:51
		Joe Ross	25:23
	No de	Peter Kenney	26:58
	M65	Roger Richards	23:10
	A VA	Peter Lynch	34:26
		Claude Burrow	34:49
	W40	Ann Eller	21:20
		Daryl Beckmann	24:36
ı	Large	Agnes Cartner	26:00
١	W45	Mona Fine	19:4
ı	105	Melinda Underwood	
	W50	Teresa Moran Cathy McCain	24:11
	50	Marty Underwood	29:36
	- F	Helen Tankersley	29:57
		Priscilla Davis	24:28
	1		

Aberdeen Golf & Country Club Cross Country 5K Boynton Beach, FL; Sept. 22

	Brantly 34	15:55
	Keeler 38	18:45
M40	Tony Haugan	21:02
- MALES	Tim Murr	21:17
	Gary Mervak	21:29
M45	Michael Reed	18:48
	Richard Bohrer	19:13
	Spencer Crawfig	20:18
M50	David Compton	19:32
	Anthony Roque	19:52
	Anthony Gerardi	21:15
M55	Roger Rouiller	19:34
	Kyosti Annala	22:24
	Jack O'Keeffe	25:52
M60	Hubie Girard	23:48
	John Connolly	25:01
H. File	David Branch	25:57
M65	Bob Levine	25:50
	Howard Elakman	27:51
	John Fonesca	28:05
M70+	Rene Beteille 71	25:02
	Bill Tribou 75	25:16
	Dan Biele 77	33:42
W40	Nancy Murr	25:26
	Jan Johnson	29:56
	Joan Bohrer	30:31
W45	Joan Hyde	29:44
	Lita Small	31:32
	Susan Jackson	32:15
W50	Joan Solomon	32:36
	Alice Hudson	32:45
	Bonnie Gafin	35:37
W55	Donna Weary	37:36
	Rosanne Elakman	44:32
	Marylou Cantilli	45:44
W60	Barbara Boutin	34:20
	Jean Gaull	44:03
	Sharon Skaggs	50:07
W65	Soni Braun	45:56
	Elaine Steinberg	50:59
	Shirley Hamm	51:34
W70-		53:33
	Vi Campbell 76	1:01:24
	Company of the St. of	

Runner's Classic 5K Sea World, Orlando, FL; Sept. 28

Overal	I	Sept.
	arson 47	15:50
	Mazzula 35	18:46
M40	John Guthrie	17:20
14140	Byron Carter	19.30
	Greg McFerren	20:15
M45	Jim Pearson	15:50
	Thomas Salvers	18:4
	William Smith	19:24
	M50 Ron Allison	21:24
	Rick De Treville	23:20
M55	Derek Surrey	18.4
1000	Bob Buzzetti	21:2
	Vince Depasqua	31:30
M60	Merle Crouse	21:3:
11100	Jack Parnelle	24:3
	Ted Strong	28:4
M65	Bill Allen	27:2
	Eugene Nowell	29:4
M70+	Gus Prince 72	25:0
Cale St	Carmelo Crupi 75	25:2
W40	Jeanne Krent	22:2
	Carol Hansen	22:2
	ChristinaBiel	23:5
W45	Jody Mahonik	25:1
	Kristy Justis	26:0
	Sandi Tomlinson	26:2
W50	P Beidelschies	24:0
6/14	Carol Lager	28:3
	Kim Stutsman	33:2
W55	Judith Wilkie	42:5
	R Decampus	48:4
	Wendy Malcolm	49:0
W60	Helen Allen	36:4
Lain	Ruse Crupi	42:4
W65	Sarah Murray	50:3

Virginia 10 Miler Lynchburg; Sept. 28 M40 Daniel Kolb Jeffrey Sestone Chip Brand David Millon 59:26 60:38 61:52

MYM	David Millon	62:36
-	Ed Weston	63:53
M45	Dennis Holman	61:41
ARRES	Kent Oglesby	62:51
JE N	Gary Adkins	63:28
1 1 To 2	Gary Stroud	63:31
1000	Don Lucy	64:05
M50	Pat Smith	65:43
	Emmons Welch	66:48
	Ray Kitchen	67:05
	Robert Bruce	67:29
M55	Gailes Stuckey	65:52
	Charles Gray	66:23
123	Andrew Sherwood	67:31
Same an	Tony Gee	67:56
M60		70:33
E AND TO	Phil Carroll	72:58
ALC:	George Beasley Jr	73:56
M65	+Larry Dickerson	74:39
100	Gresh Downs	78:10
S 17	Neil Wilson	80:40
Tree!	Alfred Cumby	87:01
W40	Sue Given	67:45
3000	Beth Howell	69:14
	Nancy Ferris	71:34
1352	Mary Winston	72:31
W45		76:47
	Linda Neighbors	86:34
	Susan Hill	90:07
W50	Cris Sterling	72:56
1000	Connie Friend	77:42
	Ginny Straub	81:49
1	Andrea Hess	85:30
W55		75:25
E .	Nancy Terry	1:53:21
150	Gerry Murray	1:55:16
W60	Alice Wilson	98:42
THE WO	Beverley McCoid	1:43:45
-	Dodie Fauber	1:55:42
W6	5+Louise Martin 80	1:57:41

MIDWEST

Al's 8K Run

Milwaukee, WI; Sept. 28	
Overall	
Dan Held 30	24:0
Lynn Fitzsimmons 30	27:0
M40 Tony Rodiez	25:5
Dan Rindfleisch	27:2
John Chandler	27:5
Mark Patten	28:3
Chuck Germain	28:5
M45 Joe Remitz	27:0
Dale Roe	28:5
Jay Woodard	30:0
Gary Black	30:2
Jack Lolve	30:3
M50 Mike Kirkwood	28:2
Carl Schulhof	29:4
James Bahr	31:3
Herman Gates	31:4
M55 Harold Haldane	29:3
Bert Butler	30:0
John Jones	30:2
John Becker	30:4
Charles Bradley	31:3
M60 Paul Kutschera	32:3
MOU Faul NUISCHOLA	02.0

M65 Larry Engel	34:31
Dale Kuntz	36:16
Wm Hoolihan	36:41
Glenn Weeks	37:21
M70+James Kaegi 72	43:09
Frank Ruebl 77	48:53
John Lelellier 71	51:46
Mark Dicks 88	54:20
W40 Cheryl Neumann	30:10
Kay Fronk	31:18
Mary Stoer-Wenger	34:22
Lynn Latoria	34:48
W45 Kathy Andreadis	39:18
Rhonda Kirkwood	39:55
Cheryl Raymus	40:18
Pauline Ellington	41:27
W50 Paula Larsen	34:04
Juliet Gorsuch	37:37
Joy Imms	38:30
Geri Andrews	39:57
Cathy Peepo	40:11
W55 Nancy Spencer	39:49
Marlene Haller	42:27
Inge Harris	42:54
Sophia Woitowicz	44:17
W60 Joan Engel	45:08
Milly Hoffman	46:49
Bernadin Smurawa	49:43
W65 Lois Gilmore	39:34
Marilyn Hackbarth	42:00
Eliz Langheim	55:53
W70+Agnes Reinhard 70	41:28
Marge Stilp 70	58:44
Mary McCarthy 70	68:42

MID-AMERICA

Wichita 5K	(D. S)()
Wichita, KS; Au	g. 18
Top M40+	
Dick Wilson 64	14:58
Dan Lawson 40	15:02
Charles Doze 61	15:34
Top W40+	
Trudy Calloway 48	18:15
Vera Burton 50	18:40
Barb Holzman 44	19:02

Leawood Labor Day 5K & 10K Leawood, KS; Sept. 6

-5K	1
OVERALL	
Russ Hampleman	15:48
Kim Pritzie	18:14
M40 Raul Plores	17:36
M45 Larry Everly	18:45
MSO Fritz Barlag	19:26
M55 Richard Wootton	18:29
M60 Ed Alexander	21:04
M65 Paul Heitzman	19:00
M70 Frank Creason	25:34
W40 Marcia Dowling	19:28
W45 Anne McCarty	26:45
W50 Peggy Zilm	23:51
W55 Carolyn DePonso	26:41
W60 Annn Williams	26:31
W70 Olive Drew	44:50
14 10 10 10 10 10 10 10 10 10 10 10 10 10	3545
₹-10K	
Todd Beran	31:10
Darla Moberly	36:10
M40 Charles Brandon	33:32
M45 James Hootman	36:48
M50 Rick Hogan	37:39
M55 Bobby Kincaid	37:37
M60 Dick Wilson	39:05
M65 Bill Kephart	53:09
M70 Jack Boyer	57:20
W40 Marla Rhoden	39:15
W45 Dee Boeck	44:29
W50 Mary Haley	49:12
W55 Hubertine Grosdidi	59:35

Brush Creek Mile Kansas City, MO; Sept. 8

Overall	
David Johnston	4:17.77
Melissa Swartz	4:56.36
M40 Charlie Gray	4:30.03
M45 Tom Terril	5:03.36
M50 Joe Streumh	5:19.07
M55 Bobby Kincaid	5:13.55
M60 Ed Alexander	5:45.12
M65 Paul Heitzman	5:16.86
M70 Ralph Mall	7:02.08
W40 Marla Rhoden	5:38.33
M45 Dee Boeck	5:55.15
M50 Mary Haley	6:50.92
M55 Peggy Zilm	6:56.55
M60 Ann Nelson	8:22.45

Cliffhanger Run 5K & 8K Kansas City, MO; Sept. 29

The second secon	
8K	
OVERALL	34-3
Phil Hudnall	24:20
Darla Hoberly	27:59
M40 Charlie Brandon	25:46
M45 James Hootman	28:43
M50 Rick Hogan	28:24
M55 Bobby Kincaid	29:29
M60 John O'Donnell	32:55
M65 Paul Heitzman	30:33
H75 Ed Burnham	50:19
W40 Marla Rhoden	29:43
W45 Dee Boeck	33:45
W50 Peggy Zilm	37:59

W55 Donna Hurphy	43:27
W60 Fritzi Hazelrigg	
5K	
OVERALL	
Chris Early	15:41
Jane Lundgren	18:57
M40 Hike Martin	16:5
H45 Tom Terrill	17:36
M50 Larry Davison	17:42
M55 Wes Nicholson	21:38
M60 Jim Buckley	19:42
H65 Bernie Feinerman	42:14
H70 Frank Creason	26:30
W40 Nancy Cooper	22:18
W45 Sam Hartman	23:16
W50 Hary McClure	28:25
W55 Mary Fields	24:47
W60 Patricia Clark	27:33
W65 Trudy Petty	33:08
W75 Katheran Kopek	50:25
The Common state of the parties of	

.....

Kansas Senior Olympics 5K &10K Topeka, KS; Oct. 3-4 M50 Don Ratzlaff 17:39

	Don Baker	18:33
	Larry Stalbaumer	21:15
H55	Wally Brawner	18:45
	Wes Nicholson	21:49
	Keith Barton	22:11
M60	Howard Erickson	21:29
A. 2. S. S. S.	James Raque	21:50
	Ed Alexander	21:54
M65	Paul Heitzman	18:47
	Virgil Love	21:34
	Phillip Johnson	23:24
H70	Willard Froseth	24:48
	Frank Creason	29:45
	Rueben Taylor	30:32
H75	Al Aker	29:46
W50	Margie Rogers	24:05
W55	Carolyn Buckner	23:51
	Eileen Schmidt	27:12
	Judy Cratchett	28:45
W60	Linda Dodge	32:14
W65	Ann Williams	25:01
Han	Hary Eva Taylor	39:34
116	10K	
M50	Don Baker	39:35

	10K	
H50	Don Baker	39:35
1223	Tom Shehi	45:49
- 24	Richard Golden	46:05
H55	Wes Nicholson	48:30
	Kirby Clark	49:55
M60	James Hague	48:54
Spire!	Fred Benson	49:12
M65	Paul Heitzman	39:47
	Virgil Love	45:29
	Wm. Ephart	55:43
H70	Willard Froseth	54:21
W50	Margie Rogers	53:15
	Diane Pointer	54:43
W55	Eileen Schmidt	58:20
M60	Ann Nelson	58:06
W65	Ann Williams	53:04

WEST

Orange County Race For The Cure Women's 5K Newport Beach, CA; Sept. 22

Newport Beach, CA; S	ept. 22
Overall	
Valerie Vaughan 29	15:51
W35 Ruth Wysocki	16:17
Cheryl Brady	17:40
Anet CooperMeyer	17:50
Yayoi Liu	18:23
Tina Escobar	18:28
W40 Marcella Teran	18:00
Holly Alvarez	19:44
Susan Enlow	20:20
Janet Rosenberg	21:40
W45 Debby Jamieson	19:52
Carol Richardson	19:54
Charlene Wilson	21:20
Judith Fischer	21:40
W50 Sally Adam	20:24
Sandi Carter	21:25
Barbara Wright	22:07
Margaret Melville	22:17
W55 Rita Gilmore	24:17
Susan Alexander	24:32
Marilyn Hansard	24:59
Carolyn Ehret	25:40
W60 Amy Goldstein Nina Hixson	28:36 29:22
Ann Green	33:19
5 A TOTAL TOTAL	34:47
Elsie Billy W65 Yuki Mochida	28:09
Dorie Smith	29:46
	29:46
Jane Virgilio	26:39
W70 Mary Storey 72 Antoinette Hill 70	27.15
Lois Edds 76	33:18
W80+Edith Allen 85	42:22
Mildred Morgan 83	52:05
mildred Morgan 63	32:03

Hilarda Horgan os	32.03
Oped 5K	
Overall	
Danny Reed 35	14:25
M40 John Koningh	14:56
David Parsel	15:14
Jeff Snyder	16:22
M45 David Learn	17:03
Fred Shufflebarger	17:06
Don Irvine	17:07
MSO Wayne Mitchell	17:34
Neville Pearson	18:31
Ed Santiago	18:34
M55 Vlad Bondybey	19:27
Bob Norton	19:43
Tom Garcia	19:48
M60 Sonny Monioz	18:17
Norm Landsman	21:05
Ernst Beller	23:52

M65	Pat Devine	20:56
	Ed Foat	25:36
	Don Kirkman	27:00
M70	Robert Kay 70	22:48
	Sal Avila 73	27:35
	Robert Katz 71	27:52
M80	+Bill Nice 81	26:01

NORTHWEST

Eugene Celebration 8K

Eugene, OR; Sept. 22			
Overall	-		
Peter Oviatt 26	24:51		
Mary Slaney 38	26:01		
M40 Scott Buttinghausen	26:15		
Rick Barbero	27:11		
Larry Trachtenberg	27:23		
Frank Stebner	30:29		
Dennis Whitfeld	30:37		
M45 Dan Stevens	28:40		
Gregg Lobisser	29:50		
Larry Thompson	29:57		
Tom Jefferson	30:17		
Craig Weinerman	30:22		
M50 Larry Wilson	30:07		
Ron Hebert	30:47		
Jack Olson	31:07		
Tom Balcom	31:56		
Bill Stewart	33:21		
M55 Jim Howard	35:35		
Jim Gillette	40:41		
John Stromberg	47:29		
Robert Layne	48:16		
M60 Bob Kiever	33:12		
George Kokis	38:27		
Bill Baxter	43:06		
Richard Reed	45:16		
Pat O'Keefe	45:27		
M65 Tom Brinton	34:04		
Joe Brown	40:13		
Sta Rodkey	44:35		
M70 Linn Spaulding	47:05		
Lowell Russell	NTV		
W40 Deborah Knapp	33:15		
Cathy Ward	34:11		
Shelley Briggs	35:58		
Christine Ryan	36:28		
Geri Richmond	37:32		
W45 Marilyn Nippold	33:56		
Nina Sullivan	36:41		
Carol Jackson	36:56		
Jules Trigueiro	38:30		
Ruth Obadal	38:58		
W50 Judy Wilson	42:17		
Connie Erickson	46:58		
W55 Charlotte Cowan	48:31		
Annie Monroe W60 Jane Dods	49:01		
W65 Joan Arsenault	51:42		
W70 Dawn Russell	47:08		
TI TO DAWII NUSSCII	47,00		
Portland Maretho			

Portland Marathon Portland, OR: Sept. 29

ortiand, OH; Sept	. 29
all with the same	
u Monoe 34	2:26:30
Asai 36	2:40:02
Leonard Hill	2:27:46
Blair Marriott	2:41:59
Sean Crom	2:45:17
Bruce Paullin	2:45:32
Turk Burliend	2:48:59
Bill Scott	2:49:39
Jeffrey Post	2:51:17
Michael O'l lalloran	2:52:33
Jay Melgerson	2:53:55
Barry Riedger	2:54:02
Dan Menard	2:55:14
Rocky Pederson	2:55:29
Gerald Tindal	2:56:18
Ron Legere	2:56:54
Val Buckmaster	2:57:16
Paul Carr	2:46:28
Wayne Browne	2:48:46
John Merk	2:49:12
Paul Watkin	2:53:02
Michael Frey	2:55:07
Ken Grunenberg	2:55:47
Keith Levien	2:56:19
Mike Church	2:56:28
John Kern	2:56:42
Andrew Grossman	2:57:29
Tony Lopetrone	2:58:50
Dennis Deogh	2:59:36
M Wakabayashi	3:01:27
Robert Scheffel	3:03:57
Herman Escajadillo	3:06:05
Steve Campagna	2:51:09
Sonny Conder .	2:53:32
Ray Parker	2:54:27
Richard Connolly	2:55:28
Frank Ruona	2:58:13
	all Itu Monoe 34 Asai 36 Leonard Hill Blair Marriott Sean Crom Bruce Paullin Turk Burfiend Bill Scott Jeffrey Post Michael O'Halloran Jay Melgerson Barry Riedger Dan Menard Rocky Pedersen Gerald Tindal Ron Legere Val Buckmaster Paul Carr Wayne Browne John Merk Paul Watkin Michael Frey Ken Grunenberg Keith Levien Mike Church John Kern Andrew Grossman Tony Lopetrone Dennis Deogh M Wakabayashi Robert Scheffel Herman Escajadillo Steve Campagna Sonny Conder Ray Parker Richard Connolly

Chuck Cammack

Continued on next page

3:01:06

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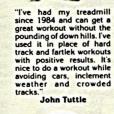
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ATHLETES WHO ENTER A NEW DIVISION THIS MONTH NOV 1996

ATHLETES WHO ENTER A NEW DIVISION

ATHLETE (RESIDENCE)
WALT ATCHESON (LA VERNE, CA)
IAN BABE (NZ)
SCOTTY CARTER (E. SANDWICH, MA)
RICHARD CHRISTOPH (CINCINATTI, OH)
VITTORIO COLO(ITA)
RAY CONNOLLY (SCITUATE, MASS)
JOE DOUGLAS (INGLEWOOD, CA)
ALAN FLANIGAN (PAC. PALISADES, CA)
JEREMIAH GAINES (CHESAPEAKE, VA)
WILLIAM GREEN (PALO ALTO, CA)
NORMAN HIGGINS (NEW LONDON, CT)
MERLE KNOX (MILWAUKEE, WISC)
JAMES LINGEL (LAFAYETTE, CA)
FIORENZO MARCHESI (SUI)
HOWARD MILLER (SEATTLE, WASH)
OLAVI NIEMI (FIN)
HARJE NOREBORN (SWEDEN)
AURU PEKHORANTA (FIN)
WARREN RAYBURN (HOUSTON, TX)
WILLARD SHANK (CA)
STEPHEN SMITH (SPRINGFIELD, OR)
ROBERT SORLIEN (RI)
JACK STEVENS (AUS)
CLAUDE TAGGARD (COSTA MESA, CA)
NOTOICHI TASAKI (JPN)
FRIEDHELM TEPEL (WG)
WIM WOUTERS (BEL)
PAT BOWMAN (TUSCON, AZ)
MONETTE BRONSON (SALEM, UT)
LUANNE DEWITT (ANAHEIM, CA)
JUDY GREER (ORLANDO, FL)
SUE GRIGSBY (EVERETT, WA)
SUZY HESS (EUGENE, OR)
MARGARET JACKSON (CINCINATTI, OH)
KATHY KAPALIN (GREEN BAY, WI)
SANDRA KIDDY (PALM SPRINGS, CA)
LYN LAGRANDER (BUGENE, OR)
MARGARET JACKSON (CINCINATTI, OH)
KATHY KAPALIN (GREEN BAY, WI)
SANDRA KIDDY (PALM SPRINGS, CA)
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KATHY KAPALIN (GREEN BAY, WI)
SANDRA KIDDY (PALM SPRINGS, CA)
LYN LAGRANDER (BUGENE, OR)
MARIE UEBEL (BRENTWOOD, MO)
THELMA WILSON (NEW YORK, NY)
JENNY WOOD ALLEN (GB)
SHIRLEY BRASHER (AUS)
RIA BROUWERS (WG)
BRENDA CARR (AUSTRALIA)
GENDOLINE CHARMAN (GB)
MERY GARCIA (COL)
EDITH GRAFF (BEL)
JACOUELINE GUYON (FRA)
URSULA HERINGHAUS (WG)
SVETLANA KASCHEVSKAYA (URS)
AILI KAUKINEN (FIN)
ANNE PAULE KNIPPING (BEL)
S. KRACHEVSKAYA (URS)
INEZ LISTER (NZL)
JUTTA LUEDICKE (GER)
INGRID MILLER (SWE)
MARGARET ORMAN (GER)
INGRID MILLER (SWE)
MARGARET ORMAN (MZ)
PAULA SCHNEIDERHAN (WG)
ERIKA STEINLE (WG) BIRTHDATE AGE GROUP 11- 3-26 70-74 11-10-36 60-64 11-14-16 80-84 11-17-51 45-49 11-9-11 85-89 11-21-6 90-94 11-10-36 60-64 11-16-11 85-89 11-27-11 85-89 11-27-11 85-89 11-19-36 60-64 11-18-36 60-64

Sieve Carison	3.03.33
Arthur Gravatt	3:07:23
Neville Pearson	3:07:53
Paul Jensen	3:07:59
John Bradley	3:08:58
Craig Bush	3:10:03
M55 Robert Derbidge	
	3:00:08
Brent Pinder	3:00:50
Kelley Slayton	3:06:46
Ronald Reibel	3:13:46
Richard Leutzinger	3:17:00
Paul Winen	3:17:45
Elwood Starr	3:22:18
Earl Bennett	3:22:31
Bill Scarborough	3:23:41
Yoshikatsu Inoue	3:27:13
Lutz Ostermann	3:38:23
Dick Stones	3:29:39
The second secon	
BrucePiner	3:29:52
M60 Hugo Badgett	3:07:13
Kenneth Smythe	3:27:57
Bob Postlethwaite	3:28:10
John-Erik Nilsson	3:28:36
Phillip Krumm	3:29:32
Colin Cunnold	3:33.03
Jack Swanson	3:40:08
Mel Preedy	3:42:04
George Flier	3:42:16
Jerome Murphy	3:45:42
Atle Tonning	3:45:45
M65 Pierce Cornelius	3:41:08
Robert Christensen	3:45:12
Keith Fitch	3:47:07
Bob Dolphin	4:05:05
Lewis Hollander	4:10:56
Omer Allard	4:25:12
Jimmie Drinkwine	4:26:31
Richard Mitchell	4:28:24
The state of the s	
Rao Paladugu	4:30:58
Glen Edgerton	4:47:22
Vic Twomey	4:49:28
M70 Otto Rosenhall	4:40:01
Roelif Laughlin	4:41:00
Walter Tulaross	4:53:04
David Blunt	5:56:20
M75 Susumu Kubo	5:23:33
Chuck McFerron	6:20:34
M80 Donald McClure	5:50:24
W40 Debbie Mumma	3:04:09
· Katey Angel	3:11:58
Jean Grammer	3:15:17
Margie Retterath	3:18:22
Vicki McCracken	3:18:31
Carol Kollstedt	3:19:46
Debra Robert	3:28:37
Sue Cox	3:29:50
Sandra Bradley	3:31:40
Terry Church	3:32:24
	3:32:24
The state of the s	
Liz Chamberlain	3:25:27
Kathy Bowen	3:25:34
Betty Wagner	
Carol Barany	3:28:31
Sally Skinner	3:28:31 3:29:13
Sally Skinner Shirley Kaiser	3:28:31 3:29:13 3:29:40
Sally Skinner Shirley Kaiser Christel Stippich	3:28:31 3:29:13 3:29:40
Sally Skinner Shirley Kaiser	3:28:31 3:29:13 3:29:40
Sally Skinner Shirley Kaiser Christel Stippich	3:28:31 3:29:13 3:29:40 3:31:36 3:35:14
Sally Skinner Shirley Kaiser Christel Stippich Linda Strobl	3:28:31 3:29:13 3:29:40 3:31:36 3:35:14 3:27:24
Sally Skinner Shirley Kaiser Christel Stippich Linda Strobl Karin Lepiane W50 Gunhild Swanson	3:28:31 3:29:13 3:29:40 3:31:36 3:35:14 3:27:24 3:24:56
Sally Skinner Shirley Kaiser Christel Stippich Linda Strobl Karin Lepiane W50 Gunhild Swanson Jayne Fleming	3:28:31 3:29:13 3:29:40 3:31:36 3:35:14 3:27:24 3:24:56 3:45:48
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and the state of the	Page	Janet Bevier	3:48:16
Bernie Blazek	3:03:11	Irene Neave	3:59:52
Steve Carlson	3:03:55	Kiyoko Tanaka	4:02:37
Arthur Gravatt	3:07:23	Kathy Ryan	4:09:29
Neville Pearson	3:07:53	Janet Habezetle	4:31:52
Paul Jensen	3:07:59	Jeannie Curryer	4:36:53
John Bradley	3:08:58	Jean Ott	4:46:03
Craig Bush	3:10:03	W60 Dorothy Story	4:19:20
Robert Derbidge	3:00:08	Patricia Johnson	4:22:56
Brent Pinder	3:00:50	Rochelle Danielson	4:39:34
Kelley Slayton	3:06:46	Patsy Abe	4:49:47
Ronald Reibel	3:13:46	Florence Ouick	5:34:28
Richard Leutzinger	3:17:00	Dorrie Edgerton	5:35:34
Paul Winen	3:17:45	W65 Colleen Mershon	4:06:13
Elwood Starr	3:22:18	Margarethe Styskel	4:10:22
Earl Bennett	3:22:31	Therese Fanelli	5:16:40
Bill Scarborough	3:23:41	Mabel Velge	5:43:14
Yoshikatsu Inoue	3:27:13	Mary Ehrlich	5:46:42
Lutz Ostermann	3:38:23	Kathleen Callaway	5:46:42
Dick Stones	3:29:39	W70 Althea Jureidini	6:41:21
BrucePiner	3:29:52		/5 (10.000)
Hugo Badgett	3:07:13	INTERNATIO	JNAL
Kenneth Smythe	3:27:57		1 45
Bob Postlethwaite	3:28:10	El Paso-Juarez Interna	
John-Erik Nilsson	3:28:36	El Paso, TX-Juarez	, MEX
Phillip Krumm	3:29:32	Overall Oct. 6	
Colin Cunnold	3:33.03	Lazanis Nyakeraka	44:05
Jack Swanson	3:40:08	Delillah Asiago	51:42

M40 Porfirio Maldonado 53:54 57:13 57:27 58:01 59:27 Adan Holguin Octavio Chavira Rick Gallardo Harold Cowans Robert Rolon 61:23 Jesus Espinoza Javier Monroy Manouchehr Amiri M45 Jesus Torres 60:12 Enrique Altaura Tony Situentes Henry Fluck Saul Reyes 60:57 61:21 62:31 62:51 Luis Diaz 66:16 M50 Raul Garcia Ken Valentine Caravio Amoldo Jesus Ramos Hugo Venzor M55 Jesus Morales Pablo Gonzalez 70:00 70:02 Francisco Andrade Francisco Navarele Ignacio Olivas M60 Martin Lopez 71:01 70:03 71:29 J Adams Raul Betancourt 71:57 Joe Perez M70+Cecil Brown 81:00 Bill Barton W40 Rosa Inungaray D Fitzgerald 67:03 70:16 77:40 80:09 87:48

RACEWALKING

Minerva Carreon W45 Julie Orr Remee Ponce Y I Santoscov Y I Santoscoy W50 Antonia Becerra Ruth Garza Vlasta Karpensky

USATF State 3K Racewalk Championships Miami, FL: Sept. 8

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W40 Donna Pape	The second secon
W45 Linda Stein	16:35.5
W50 Fran Kreiger	25:35.5
W55 Kay Cella	21:09.5
W65 Marcia Shafmaster	21:22.1
W70 Blanche Waldman	27:34.4
USATF National Mas 5K RW/Eastman 5K	Road RW
Kingsport, TN; Se	spr. 14
Overall	20.27
D McGovern	20:27
Michelle Rohl	22:40

Kingsport, TN; Sept.	14
Overall	20:27
D McGovern	A STATE OF THE PARTY OF
Michelle Rohl	22:40
M30 D McGovern	20:27
Mike Rohl	22:46
Keith Luoma	23:46
Tom Flora	25:04
M35 Gary Morgan	21:14
lan Whatley	21:29
Doug Johnson	26:14
Ed Fitch	26:16
Paul Cajka	29:15
M40 Johnathan MatthewsAf	
Alvia Gaskill	34:17
M45 R Funkhouser	24:39
Bruce Booth	25:07
Andrew Smith	27:12
David Wade	28:37
Michael Bird	28:55
David Mills	31:19
Ross Barranco	32:02
M50 Don DeNoon	23:18
Gene Opheim	25:04
· Victor Sipes	26:18
Ron Poteete	30:11
Eric Hedges	31:48
Jim Lawrie	33:55
M55 Gene Miller	27:35
Paul Curtis	31:58
M60 Dick Petruzzi	27:52
Ray Everson	29:43
Cedric Hustace	30:15
Bob Stewart	30:37
M65 Mike Michel	29:57
W30 Michelle Rohl	22:40
W35 Tori Herazo	22:49
M Roberts	26:08
Gloria Rawls	26:37
Teresa Aragton	27:19
Catherine Batts	34:18
W40 Sally Richards	25:53
K L Kitzinger	31:11
W45 Jnette Smith	27:11
Jackie Jessup	27:46
Tish Roberts	28:27
R Wiles	30:00
Judy Witt	30:39
Martitia Beach	30:39
Ginny Jones	32:11
W50 Janet Higbie	30:58
Marg Alexander	31:54
W55 Elton Richardson	29:16
Ruth Everson	31:47
Joyce Curtis	33:36
W60 Sami Bailey	31:21
Carol Mitten	40:10
W65 Ruth Ketron	38:30
W75 Jane Dana tie AR	36:26
de //k	50.20

Diamonds in the Park 5K Racewalk Lauderdale-by-the-Sea, FL Sept. 28

M40 Jay Cope	39:11
M50 Brian Bair	30:42
M60 Gerry Gomes	31:32
M70 Lester Sher	38:06
W40 Nina Acosta	36:48
W50 Judy Altman	30:16
W60 Carole Robleto	40:17



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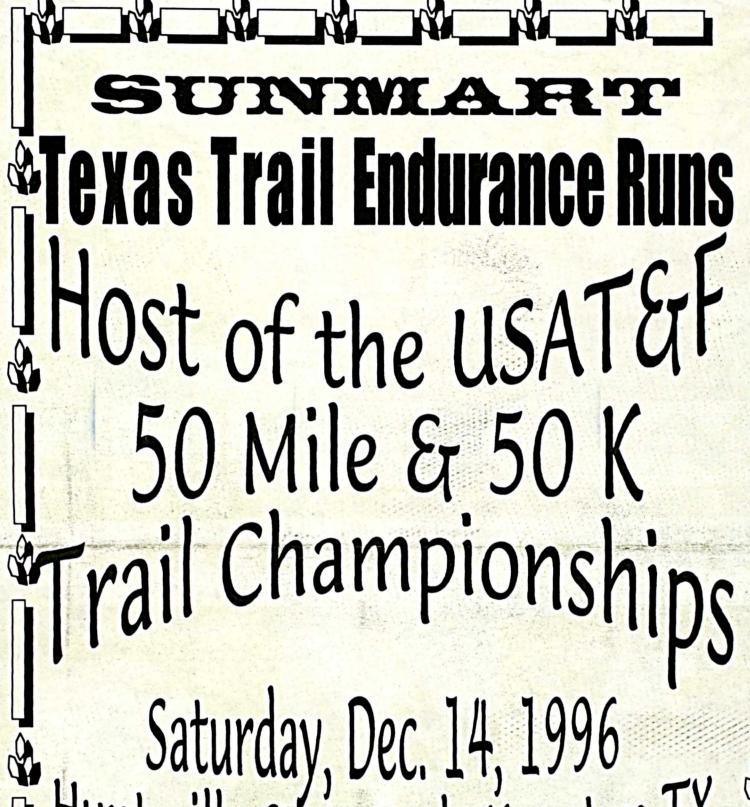
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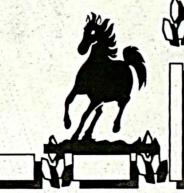
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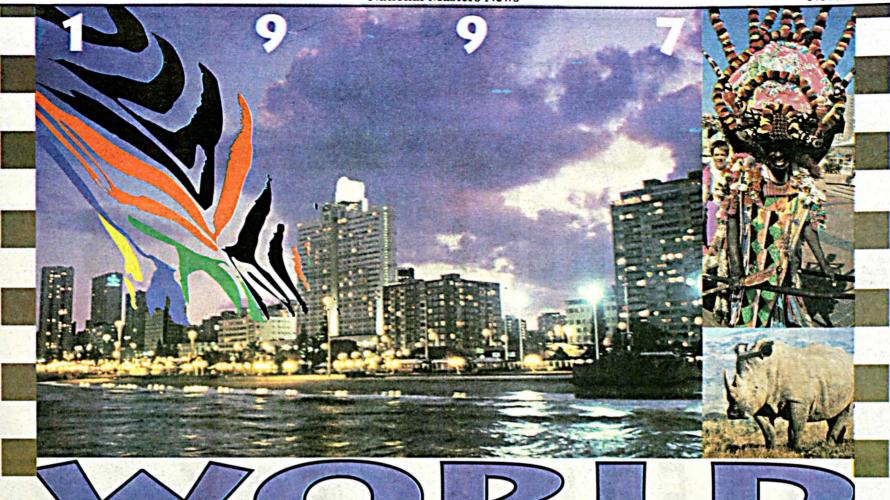


Saturday, Dec. 14, 1996 Huntsville State Park, Houston TX

Norm Klein, 11139 Mace River Ct. Rancho Cordova CA 95670 (916) 638-1161

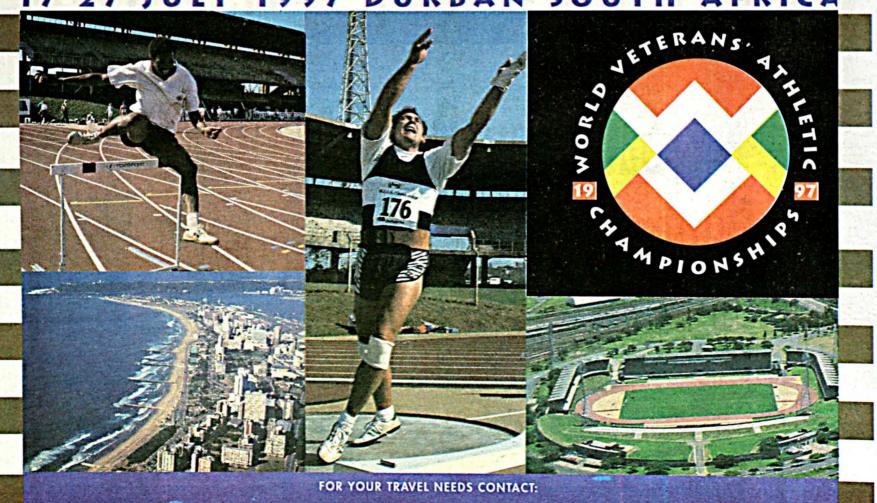






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17-27 JULY 1997 DURBAN SOUTH AFRICA



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