The official world and U.S. publication for masters track & field, long distance running and racewalking

266th Issue October 2000

## North American Championships Draw 522 to Canada



The diving finals at the Sydney Olympics? No, the 2000m steeplechase in Kamloops. From left: Judy Warick (51, CAN), Jim Hite (66, USA), Carlos Hernandez (69, MEX).

The M50 800 in Kamloops. From left: John Garland (CAN), Fred Judson (CAN, 1st, 2:15.41), Ron Pate (USA).

by JERRY WOJCIK

After a six-year interlude, the North and Central America and Caribbean WAVA Regional Championships returned to Canada on Aug. 17-20. In 1994, Edmonton, Alberta, hosted the NCCWAVA Championships, followed by Eugene, Ore., in 1996, and Barbados in 1998. This year's meet was held in Kamloops, British Columbia, and also served as the Canadian National Masters Championships.

In addition to the expected large contingent from

Canada (284), the U.S. and Mexico were well represented with 154 and 44 entrants, respectively. The field also included entrants from Trinidad, Curacao, Guatemala, Jamaica, and Puerto Rico. Out-of-region

### 14,000 Run In **Crim Festival**

by SUSANNAH BECK

Flint, Michigan's Crim Festival of Races went off for the 24th year under warm, humid, sunny skies, on Aug. 26.

The headlining 10 mile race gained popularity with masters as a whistlestop on the 1997-99 Indy Life Circuit, and is still a magnet for speed-seekers and Midwestern loyalists.

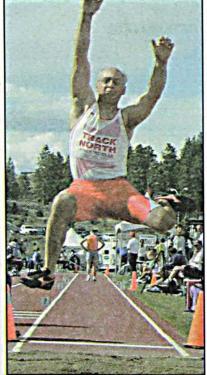
The masters prize money (\$1500-1000-500) doesn't hurt either. Despite a 74-degree temperature and 78% humidity (combining for a heat index of 85 degrees), times were generally faster this year than last.

Andrew Masai, 40, of Kenya and Albuquerque, N.M., dominated this year's Crim with a 48:56, comfortably leading defending champion Simon Karori, 41, also of Kenya, 49:12.

Graeme Fell, 41, Vancouver, B.C., rounded out the top three, perhaps out of mere habit. It has been Masai-Karori-Fell four times this summer at Utica Boilermaker, Beach to Beacon, Falmouth, and now Crim.

Continued on page 7

Kamloops



M50 Long Jump winner Jean-Pierie Meyer (CAN) at the North American Championships in

### **Seattle Hosts National Weight Meet**

by JERRY WOJCIK

SEATTLE, Wash. - A nationally representative field of 17 men and six women competed for double honors in the USATF National Masters Weight & Superweight Championships held at West Seattle Stadium, Sept. 9.

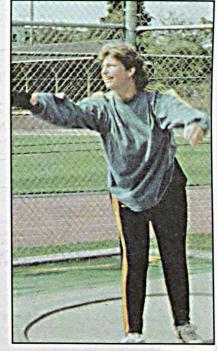
The field included athletes from Colorado, Florida, North Carolina, Kansas, California, South Carolina, and New York, besides the usual contingent from the Northwest.

While most of the competitors were returning champions and medalists who were successful again, firsttimers also won gold medals.

Dick Bloomfield, M60, South Carolina, Bob Lawson, M65, Oregon, and Carla Surina, W40, Washington, took home first-place medals and national champion patches.

Tim Edwards, 52, Colorado, after defending his titles in the weight and superweight, repeated his 1999 win with a score of 3202 in the Ultra Weight Classic M30-59 division, held after the championships and lunch.

Continued on page 5



Carla Surina, W40, won two championships in the USATF Masters Weight & Superweight Championships, Seattle, Sept. 9.

The New Jersey Association of USA Track & Field presents:

## 2000 USATF NATIONAL MASTE 5km CROSS COU

Sunday, November 19, 2000 Plus Holmdel Park - Holmdel New Jersey

The Holmdel Park Alumni Open 5km **Cross Country Shootout** 

#### Meet Schedule:

10:00am...Women 40 & Over

10:45am...Men 50-59

11:20am...Men 40-49

11:55pm...Men 60 & Over

12:30pm...Holmdel Park Alumni Open 5km Shootout

#### Eligibility:

All men and women 40 years or older on race day are eligible to compete in the Championship races. Race director may require proof of age.

USATF membership is required. Membership is also required for the non-championship open race.

Foreign athletes may participate as individuals (not on a team) and are eligible for (non-USATF) commemorative awards.

Resident aliens (green card holders) are eligible for individual and team competition and may win USATF awards.

#### Age Divisions/Awards:

The top 5 athletes in each 5 year age group will receive National Championships medals.

#### Team Entries:

Only USATF Association clubs are eligible to compete for Holiday Inn (Tinton Falls) team titles. Association or National Teams are not allowed under USATF Masters rules.

Team entries must be submitted (mailed) together.

Add-ins and scratches are allowed up until race day. Proof of team (club) membership is required in the form of Masters National Championships: (no day of race entry

a USATF club certificate or a letter from the local USATF association. Please mail this documentation with team

The following will consitute teams:

Men 40-49 & 50-59 — 5 score, declare upto 8 Men 60-69, Men 70+ — 3 score, declare upto 5
All women's teams — 3 score, declare upto 5 All women's teams

#### Team Prize Money & Awards:

Gold, Sliver and Bronze medals will be awarded to all declared athletes on 1st, 2nd and 3rd place teams.

\$2700 in team prize money will be available as follows:

Men	lst	2nd	3rd	Women	lst	2nd	NO.
M40-49	\$400	\$200	\$100	W40-49	\$200	\$100	
M50-59	\$400	\$200	\$100	W50-59	\$200	\$100	
M60-69	\$200	\$100		W60-69	\$200		FW
Men M40-49 M50-59 M60-69 M70-79	\$200						

#### Lodging:

Mention "USATF Masters XC" when calling any of the below: Holiday Inn (Tinton Falls) 732-544-9300 (Meet Headquaters) Red Roof Inn (Tinton Falls)

Pre-entry: (postmarked by November 9th): \$20.00 (include a SASE and Bib # and information will be mailed back) Late Registration: (on 11/18) at Holiday Inn/Tinton Falls: \$35.00

Long Sleeve Championship T-Shirt available at an additional charge

Open 5km Cross Country Shootout: (no day of race entry) Pre-entry: (postmarked by November 9tht): \$10.00 (include a SASE and Bib # and information will be mailed back) Late Registration: (on 11/18) at Holiday Inn/Tinton Falls: \$15.00 T-shirts not available for this event

Information:
(Phone): 732-296-0006 (E-mail): USATFNJ@aol.com (Website): http://www.usatf.org/assoc/nj



Holmdel Park Alumni Open Cross Country Shootout Info: provides post-collegiate and collegiate athletes the opportunity to compete on the infamous Holmdel Cross Country course for the first time since their High School days. Just how good is Jason DiJoeseph's (15:16) and Janet Smith's (17:35) course records. For the first time nonhigh school runners will be given the opportunity to see for themselves. Alumni Team Competition: top 3 (from the same High School) to score...male and female divisions.

May be photocopied

(Signature)

#### INDIVIDUAL REGISTRATION FORM

One form/person

Checks Payable and Mail to: USATF Masters XC, PO Box 10120, New Brunswick, NJ 08906

	Name:		Check Appropriate Fees and Quantities
	Street Address:		
	City: Sta	te: Zip Code:	Masters XC Championships Open 5km Cross Country Shootout  Pre-Entry (\$20) (includes event program) Pre-Entry (\$10)
	Country of Citizenship:	Resident Alien: Yes / No	\$Late Registration (\$35)
	USATF #:F TEAM INFORMATION:	Phone: ( )	T-shirts sold at the event will be \$15.  Size (Circle) S M L XL
	Team Affiliation:  1) Only fill this in if you are representing a team at this 2) reminder all team applications should be received a 3) Athletes in the Open 5km Cross Country Shooton	s event as a package.	S Total Enclosed S Total Enclosed
-	Captain Name: (	Captain Phone: ( )	SECTION OF

(Date)

USATF-NJ, volunteers, sponsors and any representatives for any and all injuries by me in this event.

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## TIONAL MASTERS NEV The official world and U.S. publication for masters track & field, long distance running and racewalking.

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#### **NSGA POSITION ON DRUGS**

The National Senior Games Association (NSGA) has received several inquiries about its position on senior athletes using medically prescribed drugs that may enhance their performance. Many questions were posed because of National Masters News coverage of Kathy Jager's recent and unfortunate circumstances surrounding her competition in the World Veterans Athletic Championships and her testing positive for drug use.

The NSGA would like to share with your readers its position on these issues

. If and when the NSGA needs to address Ms. Jager's eligibility to compete in a Summer National Senior Games - The Senior Olympics, it presently will adhere to USATF member requirements and rulings. Therefore,

#### TWENTY YEARS AGO October 1980

- · Toshiko d'Elia is First Woman 50+ to Break 3:00 (2:57:25) in Marathon
- 1200 Compete in XIII World Veterans LDR Championships, Glasgow, Scotland
- 3000 Spectators View Pan American T&F Meet in San Juan

the NSGA would not allow Ms. Jager to compete in one of its national events.

- . The NSGA is not committed to the philosophy that all drug use should impede an athlete from competing in one of its events. Clearly, as a not-forprofit organization whose mission is to promote healthy lifestyles for seniors, the NSGA will not support a concept that is contradictory to this goal. The NSGA believes that senior athletes using medically prescribed drugs critical to maintaining their health, should not be set outside of the senior games
- . The NSGA, through its national games and education departments, has made some preliminary inquiries as to whether other organizations have conducted any studies relating to senior athletes' use of medically prescribed drugs that may be performance enhancing. To date, we have not found that any such studies have been made. I invite your readers to contact me directly should they be aware of any.
- The NSGA hopes to spearhead a research initiative that will shed new and relevant light on these issues. Through one of its current or future partners, the NSGA hopes to examine if and what medically prescribed drugs for seniors are performance enhancing as well as if a healthy lifestyle of fitness and sports reduces the need for those types of drugs.
- · The NSGA believes that there needs to be some fair way to accommodate senior athletes who are taking medically prescribed drugs that may

be linked to enhancing performance, unless these drugs are being used inappropriately for a competitive advantage. Certainly, if senior athletes need to take certain drugs to maintain their health, the NSGA would not want to penalize those athletes by disallowing competition. The NSGA's national games department will try to establish parameters that will respect the guidelines set forth by the federations and national governing bodies of its sports and that will support the health and medical needs of its senior athletes.

David F. Hull, Jr. President & CEO, NSGA

#### RACEWALKING

After a break of several years from coaching and competing, a return to walking is as enjoyable an experience as ever. I've also noticed that a common problem in the sport is still occurring at the local level.

Many walkers are using illegal form (bending their knees upon contact or, less common, lifting off the ground in a flight phase) and are not being called by the judges. This results in walkers who are not following the rules, yet completing an event uncorrected and often unaware that they were illegal.

This is a disservice to the walker, who has no incentive to improve his or her form. This walker often goes on to a national or international event only to be disqualified by competent judging. The naturally unhappy walker then comes home to complain about the "bad judging" at the better-judged

Not calling a walker on incorrect form is also a disservice to the legal competitors who have trained hard and correctly for their race; medals earned by an illegal walker are medals stolen from a legitimate competitor.

Most of all, poor judging hurts the development of the sport. Many athletes have dropped out of walking because of their frustration with



Stella Orecchia, W40 winner in the 80H and 400H, National Masters Championships, Eugene, Ore., Aug. 10-13.

"kind" judges who can't bear to disqualify the local favorites, or unsure judges who are overly hesitant to DQ the illegal walkers because other judges aren't DQing.

This is unfortunate, because walking is one of the most healthful and protective of the track and field sports, and especially beneficial to the masters athlete. We hate to lose these mature competitors who have so much to give and get from the sport.

Event organizers, local clubs, judges and competitors need to support firm and correct judging. USATF (317-261-0481) has materials available on the rules of racewalking, as does AWA (303-938-9531).

Walking is a very technical sport, but judging a bent-knee is fairly simple after a little practice with an experienced judge's or competitor's help. Support your judges' efforts and donation of their time, while asking that they practice correct judging.

Viisha Sedlak Boulder, Colorado

#### **MEDALS**

In answer to Jack Doorlay's letter (Sept. NMN) regarding winning Continued on page 13

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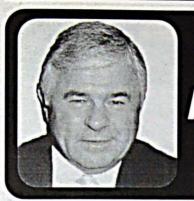
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Each month, NMN publishes a list of "sustainers," those who help the National Masters News and masters athletics by making contributions. These extra funds allow us to publish more photos, deeper results, an indepth schedule section, and more.

Special thanks this month go to:

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Tulsa, Oklahoma Elma, New York Atlanta, Georgia Los Angeles, California Surrey, England Charlotte, North Carolina



# Track and Field Report

by KEN WEINBEL, Chairman, Masters T&F

#### Preparations Under Way for Upcoming Convention

It is time once again to prepare an agenda for the annual meeting, prepare and present next year's budget, and try to conclude some of the unfinished business that always seems to surface.

**Annual Meeting** 

2000 is an election year. Committee officers will be elected for new four-year terms. If you would like to be involved in the administration of the Masters Committee, you need to file your nomination with Roz Katz, Nominating Committee Chair.

If you are attending the annual meeting and want to be a voting delegate, be sure your association has appointed you accordingly.

**WAVA Drug Policy** 

I am satisfied that the USATF Executive Committee and CEO Craig Masback extended themselves to the limits of their authority to be of assistance to me as I pursued drug policies for masters athletes.

We have sent our concerns and recommendations to WAVA President Torsten Carlius to establish a study to evaluate the use of performance enhancing drugs, considering the age and gender of masters athletes.

NSGA

As reported previously, our relationship with the National Senior Games Association has progressed to a point where we are ready for concrete proposals and decisions for future action. It is a very important step for both organizations and needs to be properly attend-

ed to. I have appointed a committee to maintain a continual working liaison with NSGA. The committee consists of Rex Harvey, Suzy Hess, Courtland Gray, and myself. For the present, I will chair the committee.

Track & Field Meet Manual

The masters track & field championship manual project has been passed from hand to hand, each time with enthusiasm that the latest will complete the project. Unfortunate circumstances have persisted, and the completion of the manual is on hold once more.

I have selected a group of members who have previously expressed an interest in bringing the project to completion. With their permission, I am appointing Don Austin, Dave Clingan, Rex Harvey, Dick Hotchkiss, and Becky Sisley to the committee. Each has special skills to bring to the committee and I am now confident the project will be completed in a timely manner.

There certainly are many more items that need attention, I am sure. Perhaps you have some matter you would like to bring to the attention of the Masters Executive Committee meeting. If so, contact Suzy Hess, secretary (address on p. 3), so we can address your concerns in Albuquerque.

## Elections Slated for Convention in Albuquerque

by SUZY HESS, USATF Masters T&F Committee Secretary

At the annual USATF convention to take place in Albuquerque, N.M., Nov. 29 – Dec. 3, elections will be held for officers on the executive committee and for the three masters representatives as WAVA delegates.

Executive Committee positions up for election this year include: Masters Chair, Vice Chair, Secretary, and Treasurer. Nominations are welcome and encouraged for these positions. None of the current officers will be running for the positions they now hold.

In accordance with the by-laws, the Masters Track and Field Executive Committee has appointed a nominating subcommittee of three persons to coordinate officer nominations. The nominating subcommittee will present its report of the nominations to the full masters track and field committee 48 hours before the election in December.

Members of the nominating subcommittee are: 1) Roz Katz, Chair, 170-11 65th Ave., Flushing, NY 11365, throwercfa@aol.com; 2) Phil Byrne, 55 Constellation Wharf, Charlestown, MA 02129, pmb02129@aol.com; 3) John Cosgrove, 7411 Earldom, Playa del Rey, CA 90293, jcosgrove@computer.org.

#### Weight Championships

Continued from page 1

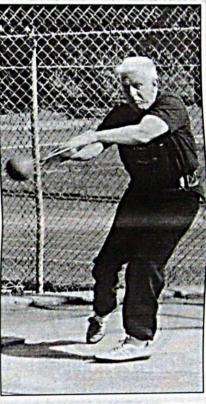
In the Ultra event, the male contestants added their scores – determined by the modified Partridge Tables – for the next heaviest weights (98#, 200#, 300#) to their superweight scores. Pay Carstensen, 68, Florida, with a score of 3484 (last year 3229) defended his M60+ title, as did Georgia Cutler, 57, Oregon, with a score of 3809 (25#, 35#, 56#, 98#).

The weather cooperated, as it has in the past, with the forecasted rain holding off until after the meet.

Individuals wishing to nominate a person for an elected office may do so by contacting any member of the nominating subcommittee. Nominations may also be made from the floor at the annual meeting in Albuquerque.

No nomination may be made for an absent person unless that person has notified the nominating subcommittee in writing of his or her willingness to serve in that specific position.

All individuals are urged to develop and encourage participation in the masters organization at all levels. Having more participation strengthens the organization and ensures a steady stream of new ideas.



SUZY HESS

Dick Bloomfield, M60, became a double champion in the USATF Masters Weight & Superweight Championships, Seattle, Sept. 9.

#### Weinbel Undergoes Surgery

Ken Weinbel, USATF National Masters Track & Field Chair, underwent successful quadruple by-pass surgery on Sept. 16 at Swedish Hospital in Seattle.

Weinbel remained hospitalized for five days. His recovery time is estimated to be at least six weeks. Weinbel is in his last year of office, which ends after the election of new officers in Albuquerque at the USATF Convention.

Until recovery is complete, Masters Track & Field business will be conducted by Suzy Hess, Secretary, Masters T&F Committee, and George Mathews, a member of the Masters T&F Executive Committee.

Well-wishers can send cards for

quick recovery to Ken Weinbel, 4103 Hillcrest Ave., S.W., Seattle, WA 98116.

#### TEN YEARS AGO October 1990

- Coup Attempt in Trinidad Fails to Stop North American Meet
- John Campbell, 41, Runs World Masters 10-Mile Best of 47:55 in Crim
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#### The Agony & Ecstasy of Bill Fortune

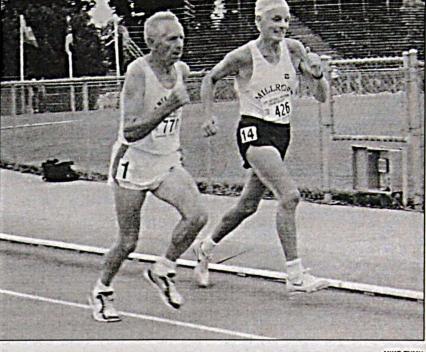
ill Fortune stood out from all the other competitors in the 70-74 age division of the 5000-meter run at the Nationals in Eugene during August. While everyone else had an expression of grim determination, even anguish, Fortune appeared to be smiling from start to finish.

It's sometimes difficult to tell the difference between a grin and a grimace, but Fortune really looked like he was having a ball in spite of the obvious intensity. As he battled for the lead with Gunnar Linde and Joe King, I wondered if he was extremely confident of winning, or was simply having such a good time that he really didn't care whether he won or lost.

With a lap to go, King was clearly struggling and fading, while the strain on Linde's face increased. But Fortune's expression turned to one of downright ecstasy, even before he sprinted ahead of Linde for the victory.



Bill Fortune is all smiles after his victory.



Bill Fortune (#14) says that's not an expression of glee on his face but a grimace as he begins his sprint to victory over Gunnar Linde in the 5000 at the Nationals in Eugene

Fortune, a 72-year-old resident of Pearl River, New York, laughs when asked about his running face. "People are always asking me that," he said.
"It's a grimace, believe me. It really

Career Highlight

Still, Fortune admits to thoroughly enjoying that 5000 in Eugene. Even though he has lost count of the number of national championships he has won, he calls that victory the highlight of his running career.

"At the start of the race I knew that any one of six guys could win it," he explained. "Most of them had beaten me at one time or another. My time (21:46.26) wasn't very fast, but it was an exciting race. Linde beat me by 45 seconds in a 5K at Carlsbad and Joe King is also a better runner. He was coming off an injury and is at the top of his age group.'

Linde would turn the tables on Fortune in the 10,000 two days later, winning by a full minute in 45:35, but finishing second didn't bother Fortune. His 5000 victory was enough to have made the trip across country worthwhile.

Fortune, who retired from the New York City Police Department in 1987 as a deputy inspector, got into running right around his 50th birthday. "Before then, I spent a lot of my free time in search of the perfect Manhattan," he quipped. "I even found it a few times."

It was the annual five-mile race in Central Park between the police department and the fire department that got him started. "Whichever one had most of the top 100 runners was the winner," Fortune recalled. "The fire department used to beat us most of the time. But I did OK in my age division. I guess getting that little trophy for my age division made me begin to think I was a

**Best Efforts** 

Most of his personal bests, including

a 36:06 10K (Meadowlands) and a 3:03:34 marathon (Jersey Shore), were set in 1980 when he was 52. Some of his best efforts, however, were reserved for the 60-64 division, including a 10:33.59 national indoor age record for 3000 meters in 1990 and a 5:23.4 indoor mile victory at Fordham University in 1991.

More recently, Fortune has won the 70-74 division of the Fifth Avenue Mile in Manhattan the past two years. He recorded a 6:07 in his 1998 victory and a 6:16 last year.

"I really started slowing down around 1991," he lamented. "Until then I was pretty consistently under 40 minutes for 10K. The slow-down seems to accelerate as you get older. If you begin to lose a half-minute at some distance when you're 60, you're losing a minute by the time you are 70. At least that's the way it seems to me.

"A typical week of training now calls for 25 to 30 miles, including a weekly tempo run that involves an easy mile, followed by two hard miles, another easy mile, and another hard mile. Five or six weeks before a peak race I'll start doing track intervals every four days, or I'll do intervals once a week and then race more regularly on weekends," he explained his regimen.

"I'm trying to get my mileage up to 40 or so now, as it seems that everyone I was competing against in Eugene was doing at least that much.'

Still Motivated

Fortune added that motivation is not a problem for him. "It's still just as strong," he ended. "It's still a big health issue and I enjoy the friendships made at the races. My problem is that as I get older I feel like spending more time in the bagel shop and less time running.

"But I'm a 'never say die' guy and I'll keep doing it as long as I can." (Mike Tymn can be contacted by e-

mail at METGAT@aol.com.)

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#### Crim Festival of Races

Continued from page 1

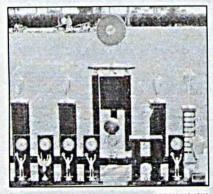
Masai, who has a 2:10 marathon PR, seems to be the master with the mostest this summer, with a string of victories that includes Peachtree, Beach to Beacon, Greater Clarksburg, the Utica Boilermaker 15K, and Falmouth.

Karori, who was the overall champion at Crim in 1992, and one of the fastest guys anywhere during the early nineties (finishing third at the 1991 World Cross-Country Championships), has also run up a storm this summer, with wins at Arts Fest 12K in May (where he beat Masai), Big Boy 20K, Mount Washington Hill Climb, Bix, and Steamboat 4 Miler. Crim marks Karori's fourth loss to Masai since July.

The women's race has become the personal domain of flinty Ukrainian, Tatayana Pozdnyakova, 45. Her 55:56 celebrates her fifth Crim masters title in a row, and placed her 13th woman overall. Single-age records for foreign athletes are not available, but her A-G



SUZY HESS Mel Larsen, 76, winner of the M75 100 with an age-graded 97.2% 14.07, National Masters Championships, Eugene, Ore., Aug. 10-13.



Special award trophies at the 1999 Club West Meet, Santa Barbara, Calif., include the Pane E Vino Trophy for the Best Woman Athlete, won by Elaine Iba, W35, and the Nick Carter Trophy for the Best Age-Graded 1500, won by Michael Hoover, M40. This year's meet is scheduled for Saturday, Oct. 7.

95.6% should give some idea as to the quality of this performance. Fellow Ukrainian and 1988 10,000m Olympic bronze medalist, Elena Viazova, 40, placed second in a distant 56:50, an A-G 90.2%.

Pozdnyakova and Viazova's onetwo finish at Falmouth the week before



Pablo Ceron (#63) leads Gerald Donakowski (#554) to 4th and 5th place M40+ at the Crim 10 Mile in Flint, Mich., Aug. 26.

Crim doesn't seem to have tired them. Speaking of should-be-tired-by-now, Maria Trujillo de Rios, 40, Los Gatos, Calif., finished third in 57:39 (A-G 89.0%), just a week after her second place W40 finish over the demanding Parkersburg Half-Marathon course.

The most exciting race of the day was the duel between grand masters and 1999 Running Times' Age Group Runners of the Year Jack Nelson, 60, Winnetka, Ill., and Ed Whitlock, 69, Milton, Ontario, 60:07 to 60:08. It was a good win for Nelson, who was trounced by Whitlock by nearly a minute at their last meeting at Boilermaker, July 9; Nelson scored an A-G 92.3%; Whitlock a phenomenal 98.7%.

Jim O'Neill, 62, Holland, Ohio, contributed to the quality of the M60 field with his stellar 61:42, an A-G 92.8%.

Another great showdown was provided by longtime Crimmers, Jim Forshee, 74, Ann Arbor, Mich., and Jerry Johncock, 72, Grand Rapids, Mich. Forshee regained the M70 title after a loss to Johncock last year that interrupted his winning streak (1996, 1998) by outrunning Johncock 74:02 to 74:13.

In other divisions, Frank Lewis, 52, Hamilton, Ont., was the bright spot in the M50 with his 57:09 win. Terry Mahr, 51, Oregon, Ohio, returned to Crim to run considerably better than



SUZY HESS

Finalists in the W55 javelin (I to r): Erika Szanto, Margery Swinton, Georgia Cutler, first U.S. (22.44), Marg Radcliffe, Canada, first overall (27.56), Linda Douglass, and Roslyn Katz, National Masters Championships, Eugene, Ore., Aug. 10-13.

her 1999 performance (65:06), by cruising to 63:27, an A-G 92.4%. Ellen Nitz, 60, Milford, Mich., 83:33, shone in the W60 division.

The Crim Festival includes the 10 mile, 8K, 5K, a one-mile race, a Special Olympics and Teddy Bear Trot, and is organized by race director

Sherlynn Everly. Over 14,000 participants run through the bricked streets of downtown Flint, enabled by 3000 volunteers. The race is named for the former State Speaker of the House of Representatives, Bobby Crim, a jogger looking for a fundraiser. For more information, go to www.crim.org.

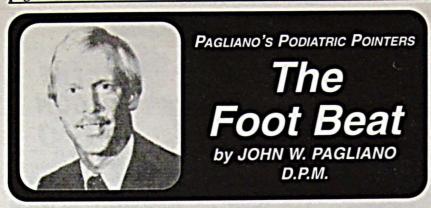
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#### **Treatment for Muscle Cramps**

Ithough no one is quite sure why muscle cramps occur, an important contributor to this painful condition appears to be dehydration. Therefore, it is recommended to drink plenty of water, especially you long distance runners. Don't wait until late in a race, when your body will not absorb the water as efficiently.

Reduce the chance of dehydration during exercise by replacing fluids as much as possible, and make it a habit to drink several glasses of water during the day. It is estimated that one can lose as much as two quarts of water through sweat while exercising.

Mineral Replacement

Make sure you get enough potassium and sodium. Bananas and oranges provide a good source of potassium. Sports drinks with potassium can also be beneficial. In the United States it is probably not necessary to replace sodium in our diet, since we most likely have enough. But for those of you who sweat excessively, sodium may need to be replaced. Avoid salt tablets, however, since they draw water from the bloodstream and may irritate the stomach.

Be sure your diet contains sufficient calcium and magnesium. Good sources include milk, yogurt, vegetables, peas, beans, etc. Vitamin C helps calcium absorption.

**Loose Clothing** 

Other aids in cramp prevention or treatment include wearing clothing that will not restrict blood flow. The tight clothing that appears fashionable today should be avoided, especially around the knees and ankles, since this restricts blood flow to the lower extremities.

Avoid sudden extremes in temperature, and avoid wind chill.

Warm-up Activity

Stretch lightly before exercise, move slowly or walk prior to your exercise, allowing the muscles to adapt; don't shock them. An increase in heel height can relieve stress to the calf muscle and reduce the chance of cramping. Break new shoes in slowly. Wear them around for a week before exercising in them.

Although cramps can be very painful and annoying, they do not have to prevent you from activity. Follow the examples above and go easy on your muscles which, in turn, will go easy on you.

(Dr. Pagliano is a runner and a podiatrist in Long Beach, California. He is a member of the American College of Sports Medicine. If you have a foot, ankle or Achilles question, write to Dr. John Pagliano, The Foot Beat, NMN, Box 50098, Eugene, OR 97405. E-mail: JMWPag@aol.com)



RT SHAHZADE

Dale Herring (184), winning the M50 50m (6.75), with Gary Wuest, second (6.90), 2000 Visalia Classic, Visalia, Calif.

#### **Chip Happens: Age-Group Snafus At Falmouth**

by SUSANNAH BECK

The Breakaway Solutions Falmouth Road Race, Falmouth, Mass., faced some problems with its age-group calculations, Aug. 20, thanks to chipswapping by numerous competitors. "Chips" are the computerized identification charms that runners receive in their race packets and attach to their shoe during a road race.

The chip records a runner's start, finish and split times as their feet pass over sensitized rubber mats. Each chip is individual, in the same way that your race number identifies you individually, so if you loan your chip to someone else, they become "you" in the eyes of the computerized finish line.

It may seem perfectly harmless to loan your chip and race number to a friend, especially if you paid \$25 a year in advance to save your spot in a race, and now you're injured or whatever. Why not just give your number and chip to a friend?

Here's why: it took race director Rich Sherman two weeks just to verify the winners in each age group, much less second, third, fourth place, etc. "The majority of those who showed up as top finishers gave their chip to someone else," he lamented.

The M65 division, for example, had five of the top six runners in the preliminary results give their chip to another (faster) runner. So from one race director to the madding crowd: PLEASE DO NOT GIVE AWAY YOUR CHIP!

#### **Manny Herscher**

Emanuel Herscher, known as Manny to all, died suddenly on Aug. 24. He was playing golf at Blackledge Country Club in East Hartford, Conn., when he was struck by an apparent heart attack. Resuscitation efforts were immediate and thorough, but to no avail.

Manny was an electronic engineer by profession, having received both bachelor's and master's degrees from Drexel University. He also attended Massachusetts Institute of Technology and SUNY.

Need Back Issues?

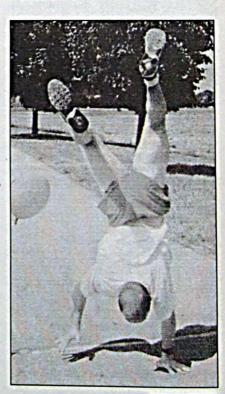
Most back issues of the National Masters News are available for \$2.50 each, plus \$1.50 postage and handling for each order.

Send to: National Masters News P.O. Box 50098, Eugene, OR 97405 All who knew Manny were aware of his love and dedication to his family. He was a gentle man, known for his soft spoken manner and his lively but classical sense of humor. Manny would never say a negative thing about anybody. He was always the first to welcome and embrace people into his circle of friends and family, regardless of the diversity of their backgrounds. He touched people's lives wherever he traveled.

A few weeks before his passing, he participated in the National Masters Track and Field Championships in Eugene, Ore.

Manny leaves a son, Phillip Herscher; four daughters, Sheryl Ault of St. Peters, Mo., Gail Byer of Deerfield Beach, Fla., Sandra Falcone of Broomall, Pa., and Ruth Cutler of Morrisville, Pa.; two grandchildren, many nephews and nieces, and many friends.

-from Jeff Byer



Mike Hunger, 38, of lowa, after running on his feet for over five hours, finished the last ten yards on his hands in the TimTam 50K, May 21, Ames, Iowa.

#### **Rankings Report**

HJ/PV Compiler Sought

A compiler is needed for the high jump and pole vault for the 2000 outdoor season. If you want to become a compiler of those events, contact Jerry Wojcik, at P.O. Box 50098, Eugene, OR 97405. E-mail: jerrywoj@aol.com; applicants must have a computer and e-mail access.

Milti-Events Compiler Found

The new compiler of the outdoor combined-events (also referred to as the multi-events) for 2000 is Alan Russell, who will be doing the rankings for the decathlon, heptathlon, pentathlon, and weight pentathlon. He can be reached at 1713 Amherst Dr., Ames, IA 50014; e-mail: russell@iastate.edu.

# PROFILE

#### Herb Kirk, Runner for The Ages

by DAVE WALTER

erb Kirk holds numerous world and U.S. records for ages 87-to-96 from the 100 to the 5K and the one-hour run. High school quarterback, intercollegiate wrestling champion at Lehigh U., wrestling coach, Montana senior tennis singles and doubles champion at age 70, he began his running career at age 82 and competed until he was 102.

Always active, and in good health at 104, he lives in Bozeman, Mont., on his ranch with his family and a stable of horses.

Kirk set five national records in 24 hours in the 400, 800, 1500, mile and 5K in 1983. In 1997, he ran a 5K with 10 relatives over four generations. His

## **Boyd Enjoys Foggy Splendor** at Parkersburg Half-Marathon

by SUSANNAH BECK

August 19 on the Ohio-West Virginia border dawned foggy and cool, lovely, unbelievable. In coming to Parkersburg, one steels oneself to the probability of heat exhaustion, no matter who you are, of ceasing to run strategically, and just trying to get from one water station to the next. There's a reason Parkersburg has 20 water stops in 13 miles.

This year the morning was a freak, and it was cool at the Camden-Clark Memorial Hospital Parkersburg Half-Marathon. But the hills were still there, and boy, is it hilly. Making quick work of this unique meteorological window of opportunity, Marie Boyd, 40, Albuquerque, N.M., ran to the front of the masters ranks to collect the \$1000 prize, and bounce back from a slumpy summer.

Boyd, a pathologist and mother of two young boys, is finally coming out of the *ennui de vigor* that has visited her since the Olympic Marathon Trials in February. Her 1:17:39 was welcome confirmation of her return to dashing form, something she guessed at after placing third overall in the Avon-Albuquerque 10K (at 5000 ft. altitude) in 37:04 the previous week.

Boyd is known for her sensible come-from-behind racing tactics, and she won at Parkersburg after chasing down early leader Maria Trujillo de Rios, 40, Los Gatos, Calif., who finished second in 1:19:03.

Sam Ngatia, 40, Fort Carson, Colo., easily handled the mostly-U.S. masters field in 1:06:33, placing him just

Some readers provide additional support to the National Masters News by sending contributions of \$25, \$50 or \$100 a year. If you are able, we urge you to join them. All contributors will receive a free copy of the new Masters Age Records book and will be listed in the paper as a National Masters News sustainer.

out of the top-ten overall. Not a bad showing, considering it was the USATF National Open Half-Marathon Championships. Rodale Press's running sage, Budd Coates, 43, Emmaus, Penn., was the best of the rest in 1:09:17.

Other standouts of the day include Peter Wayte, 56, Maineville, Ohio, with an M55 win in 1:20:25, and Joan Ellis, 51, Parma, Ohio, placing third masters woman overall in 1:26:15.

In its 14th year, the race helps to celebrate Parkersburg's Homecoming weekend, and is followed by a parade and carnival.



GEORGE BANKER Lee DiPietro, 42, Ruxon, Md., second W40+ (36:12), 2000 Sallie Mae 10K, Washington, D.C.



Herb Kirk

first track accomplishment was the U.S. 1500 record in 1980.

The late Paul Spangler, who still holds track and road race records from M80 to M90, encouraged Kirk to compete at the Eugene World Veterans Championships in 1989, where he got a silver in the 200. His fondest memory came at the Turku World Championships in 1991, where he won gold medals in the 800 and 5000, and a silver in the 200.

Kirk received degrees in chemical engineering and business administration from Lehigh, industrial engineering from Penn State, and ceramic engineering from the U. of Illinois. He was research associate and lecturer for the Montana State U. Chemical Engineering Department, 1961-1995, and director of its McGill Museum, 1959-1961.

He worked for Universal Sanitary Pottery, New Castle, Pa., the town of his birth, and was president of Kirk China Co., 1943-1954. Kirk was an aviator in WWI, for which he won the French Legion of Honor.



#### RACES

NOVEMBER 5 - Zoo Run for Wildlife, 10-K, Philadelphia, PA. Contact: Allison Walker, Philadelphia Zoo, 3400 W. Girard Avenue, Philadelphia, PA 19104. (215) 243-4375. NOVEMBER 11 - Rim Rock Run VIII, 37-K, Grand Junction, CO. Send SASE to: Elaine Peterson, Rim Rock Run VIII, PO Box 3685, Grand Junction, CO 81502. (970) 243-4055. Website: www.rimrockrun.org

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#### Walkers Enjoy Fair Weather at Nationals

ature smiled upon the racewalks at the National Masters Outdoor Championships in Eugene, Oregon, on Fri., Aug. 11 and Sun., Sep. 3, with the weather varying from ideal in the early morning to agreeable by midmorning. In the 5K held between 7 a.m. and 2 p.m. on Aug. 11, the oldest age divisions started first when it was the coolest and the youngest last. Sixty men and 70 women competed in eight races with the men receiving 13 DQs and the women five. The groups receiving the most DQs were M65 with four, and M80&85 also with four. (It has been noted that men are less likely than women to slow down when they receive cautions.)

Both the men's 20K and women's 10K started at 7 a.m on Sep. 3. Forty-two men and 70 women enjoyed not only cool temperatures at the start, but also a shaded road course. In the words of Arvid Rolle of So. Calif., "I think the organization of the walks was beyond fault." Referring to the whole track & field meet, he added, "I have not seen any event requiring organization of such magnitude running so smoothly. It was really marvelous."

Special recognition should go to Jim Bean, Director of the Walks, whose meticulous attention to detail not only ensured excellent competition, but also made work conditions for the volunteers optimum. Further recognition should also go to Barbara Kousky and Tom Jordan, the directors of the entire track and field championships. On a scale of 1-10, they merited an 11.

Judges for the walks were: Ross Barranco, Shirley Clemons, Thelma Fallows, Jerry Ford, Lynn Ford, Bev LaVeck, David Snyder, Elaine Ward and Jim Bean.

Following are highlights as reflected in comments by participants in the

#### M35

Mike Blanchard, of Colo., 2nd, 27:52.8: "My goal is to qualify for the North American Racewalking Foundation's 5K Ladder. I had a groin injury earlier this year, so my training hasn't been consistent." (Mike met the M35 5K qualifying time of 28:00 for the ladder.)

#### M40

Rod Craig, of Mich., was DQ'ed, but his experience perhaps illustrates how being DQ'ed in one race may simply be a heads-up for the next. Two days later, he placed first in the 20K with a time of 1:47:39.

#### M50

Max Walker, of Indiana, 2nd, 25:29.33: "I've been training real hard for the 40K championship in New Jersey next month. I was under three

hours in the 30K this year (2:56:00), so I hope to be under four hours in the 40K. I train four days a week doing about 35 miles a week. I do a couple of speed days and a couple of long days. It's been working out well. So far I've been staying away from injuries and not getting sick – the two most important things to avoid."

#### M60

Paul Johnson, of Ark., 1st (27:09.62): "John (Elwarner, 2nd in 27:17.58) was going a lot slower than I thought he would be going. He was right on my heels, but never would pass me. The first time, I said, 'John come on around and break some of this wind,' and he said, 'I'm not big enough.' The second time, I said, 'John, get on up here. I can't do this.' He didn't say anything. The third time, I said, 'John, please get up here.' He said, 'I'm too tired.'"

#### M65

Jack Bray, of Calif., 1st (27:08.00): "Training has been very good. It always could be better. I would like to do a 24:00 or 25:00 5K, but at my age you need a lot of speed work to do this. It is very difficult to find workout partners to help get the necessary speed work in. So the races here are reality checks for Australia."

#### M70

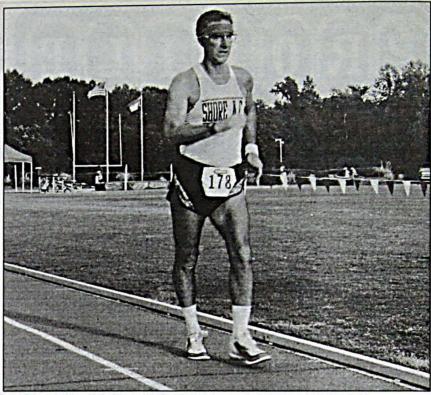
Jack Star, of Dela., 1st (30:12.05): "I wanted to do under 30:00, but couldn't do it. Nobody pushed me real hard. I do have a 20K coming up, so maybe it's good that I wasn't pushed. I didn't get any calls, so I have to be pleased."

#### M75

John Nervetti, of N.J., 1st (33:09.06): "The race went great. You see I don't push too much. I always say, 'Tomorrow there is another race.' At my age, I don't push because I want to continue until I'm 95. I tell the Lord, 'I did what I did and I feel very blessed.'"

#### W35

Kelly Murphy-Glenn, of Idaho, 2nd, 26:33.02: "Before the race, I hit



PAUL HRONJAK

John Fredericks, first M50 (28:11.10), 2000 Southeastern U.S. Masters Meet, Raleigh, N.C.

burnout after trying to meet the 20K standard for the Olympic Trials earlier in the year. So this meet in Eugene is for fun. There are four of us here from the Treasurer Valley Fitness Walkers (Boise, ID). For Toni Hodge (W40, 28:20.56), this is her first year of competing. My mom, Karen Murphy (W55), is competing in the 10K and Mary Snyder (W45, 5K 1st, 26:20.5) is competing in both the 5K and 10K. The gals have been getting up at 4:30 in the morning and going to the track because the temperature in Boise has been about 100 degrees. You have to either get up very early or train indoors like I do."

#### W45

Sally Richards, of Colo., 2nd (26:21.20): "I'm excited to be here in Eugene, but there was a major mix-up with my race. The lap counter was off from the very beginning. At the point where I should have been on my last lap, I was told I had two more to go. Most times I count my own laps, but I thought, 'Oh, we're in Eugene. I don't have to.' I filed a protest, hoping that they might consider a tie, but they gave me the time on my lap sheet. It is frustrating, because if I had known I was on my last lap, I would have poured it on.

"My goal now has a bit of revenge in it. I won the 10K in Gateshead, and then won the 5K, but was DQ'ed 30 minutes after the race. Lots of the Americans got DQ'ed. It was very bizarre. So I have a grudge match in store for the Veterans Games in Australia next year."

#### W50

Judy Heller, of Ore., 7th: "I am delighted to be out here pain free without surgery. My 31:51 is my best time this year. (A walk director for the Portland to Coast Relays, Judy has been struggling for years with "compartment" syndrome.) "We have 400

teams in the walk relays and have our first international team from Canada. It's a great event for walkers of all ability levels. As the event grows and we attract enough racewalking teams, we will be able to have an elite separation."

#### W55

Jolene Steigerwalt, of Calif., 1st (31:08.12): "When I was in Gateshead, my ego said, 'I've paid for this trip. I'm going to do something.' They put me in the slow group because I had failed to put my times on the race entry form. This was great because I started off slow in the 5K and kept my speed to the pain level I could handle.

"By the sixth lap, my muscles were warmed up and I was starting to catch the 'rabbit' in front of me. She was only 10 yards away at the finish line. I was happy, as the experience showed I could start out slower and do okay. I always knew it, but I was afraid to test it. I kept thinking, 'I can't come from behind. I won't have enough poop left.' In the 5K today, if I had been speed training, I would have caught the 60-year-olds, Bev LaVeck and Elton Richardson. It's funny that 60-year-olds beat us 55-year-olds. It's great. It gives me hope for the future."

#### W65

Shirley Dockstader, of Calif., 1st (31:41.21): "The 5K felt good. I got a little tired at the end, so I need to work on my endurance. Since laying off for a year, I find that my knees are no longer a problem. I have confidence and can just build from here. Marjorie Larragoite was right behind me when we started, so I thought she was going to be with me the whole way. She told me she got a knee warning and backed off a little bit. I kept trying to think about technique and having a great time."

(Elaine Ward can be contacted by email at narwf@aol.com.)



## The Weight Room

by JERRY WOJCIK

#### Not Just a Stroll in the Park

ately, whenever I plan to amble along with readers on a shady lane to some lofty masters track & field meadow, I find myself stumbling along a recently much traveled road littered with "old" and "new" javelins and weights. Along the way, spooky questions spring out from the bushes, the progeny of the adoption of the new WAVA specification javelins that have transmuted from the Tactiles (Where can I get one? How do I throw it?) to the Statisticals (What about records? Rankings? Age-Grading? Where are the All-American standards for the new implements?).

First off, it is my understanding that, as with other new events and implements, for records the better marks with the new javelins for M50-59, M70-79, M80+, and W50-59, will be compiled as "bests" for three years. Then, the top marks for each age group will be submitted for approval to the USATF Records Committee at its annual meeting.

However, documentation is essential in record setting, so paperwork has to be filed before a record is made official. I'm assuming that the proper forms will be filled out at national championships and other major meets, but what about the forms for potential records/bests at lesser events? Are they being submitted? Does everybody know what to do? Does anybody care?

If you had a glorious toss with the 700g at the Show Low Senior Games in Arizona last summer, will you be among the candidates up for record consideration three years hence?

A Knotty Problem

I've contacted Pete Mundle, USATF Masters T&F Records guru, about the javelin records, and he said that he can't



JERRY WOJCIK
Edwin Cockrell, fourth M40 (12.25) shot put,
National Masters Championships, Eugene,
Ore., Aug. 10-13.



SUZY HESS

Richard Sorin, fifth in the M50 discus (46.78), National Masters Championships, Eugene, Ore., Aug. 10-13.

tell from the meet results who threw what in respect to the involved age groups. I think it would be a good idea for directors and athletes with potential record marks last season with the new javelins to let him know what implements were used. I was hoping to have Mundle untangle the records knot for the large crowd at the Athletes' Meeting at the Championships in Eugene, but time ran out.

Clay Hull, the javelin ranker for 2000, and I have chatted briefly about the rankings for the concerned age groups. It will make much more work for him to keep two lists, for example, of M70-74 throwers who threw both the 600g and the 500g. Like Mundle, how can Hull, without quitting his real job, possibly get involved with discerning what was thrown at every meet listed in the results? I competed in a meet where some M70-74 throwers hurled the 500g and others threw the 600g.

The development of A-A Standards will take about the same course of action as the records. It'll take time and study by the Masters Standards Committee to develop Standards of Excellence that are challenging but fair. Once they are



SUZY HESS

Top three, M70 javelin (I to r): Bill Garrahan (34.53), Tom Allison (36.41), and Phil Brusca (33.61), National Masters Championships, Eugene, Ore., Aug. 10-13.

established, they'll be retroactive, as they are now.

**Revisions in the Works** 

Age-grading for the new javelins must also be resolved, especially for the combined events. The A-G tables are based on reams of international data for each event, and the tables are presently in the process of revision. I doubt if one year's collection of data is sufficient a basis for A-G tables for the age-groups affected.

On the matter of the proposed adoption of the WAVA weights, which haven't even been adopted yet, the NMN already has people inquiring about applying for A-A status for marks

made with the WAVA weights used by M50+ and W60+. Those weights are not used in a USATF approved single event but only as one part of the weight pentathlon.

If the WAVA weights are okayed in December in Albuquerque, just about everything dealing with the new javelins will apply for the weights, except that age-grading does exist for the WAVA weights; it is under consideration for revision also.

It seems that what I thought would be a leisurely stroll down a dusty road became, instead, a 10-mile forced march with a 60-pound backpack at Fort Leonard Wood, Missouri, in August.





Hal Higdon's Column will resume next month.

### **Running Boom Continues**

In 1999, an estimated 7.1 million Americans finished a total of more than 12,000 running events in the USA, according the the Road Running Information Center, the statistical arm of USA Track and Field.

That number was more than double the 3 million participants 15 years ago.

On this page are listed the top 100 "Timed Road Races" in 1999. In addition, there were dozens of what the

RRIC calls "events and festivals," such as the Peachtree 10K, most Race for the Cures, the Crescent City 10K, etc.

Twenty years ago there were only four road races with more than 10,000 finishers; the 100th race had 1800 finishers. In 1999, there were 48 races with more than 10,000 finishers; the 100th race had 5393 finishers. The most popular race was the 5K.



Alice Thureau, 44, fifth master (2:46:41), 2000
U.S. Olympic Trials Women's Marathon,
Columbia, S.C.



MIKE POLANSKY

Don Di Donato, 42, running for Federal Express, was first overall (17:57) for his seventh victory in the last eight years in the Chase Corporate Challenge 3.5 Mile, Jones Beach's Bay Parkway, Long Island, N.Y. Over 8000 runners and walkers from 261 companies took part.



Roger Price, M50 winner in the 5000 and

10,000 National Masters Championships, Eugene, Ore., Aug. 10-13.

## Subscription Problems? Moving?

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### Largest Timed Races in the U.S. - 1999

	FIN99	RACENAME	LOCATION	DATE99	50	5703	Ornaha Corporate Cup 10K		09/19/99
			San Francisco, CA	05/16/99	51	5669	Atlanta Half-Marathon		11/25/99
1	53023	Examiner Bay to Breakers 12K	Spokane, WA	05/02/99	52	5606	Gasparilla Distance Classic 15K		02/13/9
2	47215	Lilac Bloomsday Run 12K	Washington, DC	06/05/99	53	5586	Richard S Caliguiri Great Race 10K	Pittsburgh PA	09/26/9
3	46060	Race for the Cure: DC 5K	Boulder, CO	05/31/99	54	5546	Nortel Cherry Blossom 10MI	Washington, DC	04/11/9
•	39285	Bolder Boulder 10K	Los Angeles, CA	05/08/99	55	5516	Crim Festival of Races 10MI	Flint, MI	08/28/9
5	35491	Revion Run for Women 5K	New York, NY	11/07/99	56	5516	Cherry Creek Sneak 5MI	Denver, CO	05/02/
5	31785	New York City Marathon		09/19/99	57	5433	Healthsource 5K	Manchester, NH	08/12/
7	29877	Race for the Cure: Portland 5K	Portland, OR	10/24/99	58	5196	Union-Trib Dr. Seuss Race for Literacy 8K	San Diego, CA	05/02/
8	24604	LaSalle Banks Chicago Marathon	Chicago, IL	12/12/99	59	5161	Tufts Health Plan for Women 10K	Boston, MA	10/11/
9	21211	Honclulu Marathon	Honolulu, HI	05/01/99	60	4800	America's Finest City Hall-Marathon	San Diego. CA	08/15
0	18594	Indianapolis Life 500 Festival Half-Marathon	Indianapolis, IN	פפווטעט	61	4796	Omaha Corporate Cup 2MI	Omaha, NE	09/19
1	17866	Race for the Cure: Peoria 5K	Peoria, IL	05/08/99	62	4758	Arthur Andersen Bastille Day SK	Chicago. IL	07/16
2	17316	Race for the Cure: Orange County 5K	Newport Beach, CA	09/26/99	63	4709	Run to Feed the Hungry 5K	Sacramento, CA	11/25
3	16827	City of Los Angeles Marathon	Los Angeles, CA	03/14/99	64	4692	Get in Gear 10K	Minneapolis, MN	04/24
4	14399	Quad-City Times Bix 7 Mile	Davenport, IA	07/31/99	65	4676	Delaware YMCA 104th Turkey Trot 8K	Buffalo, NY	11/25
5	14278	Marine Corps Marathon	Washington, DC	10/24/99	66	4659	Race for the Cure L.A. County 5K	Pasadena CA	11/07
6	12538	Cooper River Bridge Run 10K	Charleston, SC	03/27/99	67	4608	Nation's Bank River Run 2MI	Wichita, KS	05/08
7	12407	Suzuki Rock 'n' Roll Marathon	San Diego, CA	05/23/99	68	4600	Nationwide Direct Portland to Coast Relay	Portland-Seaside. OR	08/27
8	11688	Nationwide Direct Hood to Coast Relay	Mt. Hood-Seaside, OR	08/27/99	69	4570	Chicago Half-Marathon	Chicago, IL	09/12
19	11460	Army Ten-Miler	Washington, DC	10/10/99	70	4376	Suzuki Seattle Half-Marathon	Seattle, WA	11/28
20	11274	Boston Marathon	Boston, MA	04/19/99	71	4369	Methodist Health Care Houston Marathon	Houston, TX	01/17
21	10004	Manchester Road Race 4.75MI	Manchester, CT	11/25/99		4323	CVS-Cleveland 10K	Cleveland, OH	05/02
22	9166	LaSalle Banks Shamrock Shuffle BK	Chicago, IL	03/28/99	73	4282	Mercury News 10K	San Jose, CA	03/14
23	9123	U.S. 10K Classic	Cobb. GA	09/06/99	STORY TO SERVICE	4256	Canon Long Island Half-Marathon	East Meadow, NY	05/02
24	7821	Race for the Cure: San Francisco 5K	San Francisco, CA	10/17/99		4241	Cincinnati Flying Pig Marathon	Cincinnati OH	05/09
25	7475	Race for the Cure Quad Cities 5K	Rock Island, IL	06/12/99	76	4240	Rodes City Run 10K	Louisville, KY	03/20
26	7393	Spring Lake 5MI	Spring Lake, NJ	05/29/99	William To the	4186	KNBR Bridge to Bridge 12K	San Francisco, CA	10/03
27	7359	Ulica Boilermaker 15K	Utica, NY	07/11/99	78	4163	Sound to Narrows 12K	Tacoma, WA	06/12
28	ALC: U	Race for the Cure. San Diego 5K	San Diego, CA	11/07/99	79	4163	Race for the Cure: Boston 5K	Boston, MA	09-12
20 29	7082	Walt Disney World Marathon	Orlando. FL	01/10/99	80	4144	Light the Night Against Crime 5K	San Diego, CA	10/23
29 30		Falmouth Road Race 7.1MI	Falmouth, MA	08/15/99	81	4006	Bally Total Fitness B-Fit 5K	Chicago, IL	10/24
30 31		Race for the Cure. Baltimore 5K	Baltimore, MD	10/03/99		3924	Nordstrom Beat the Bridge 8K	Seattle, WA	05/16
31		Gate River Run 15K	Jacksonville, FL	03/06/99	83		Manhattan Hall-Marathon	New York City, NY	08/07
				10/03/99				San Francisco CA	03/28
33 34		Portland Marathon	Portland, OR	12/05/99	84		Houlihan's to Houlihan's 12K	Louisville, KY	04/10
-		Jingle Bell Run 5K	Seattle, WA	09/12/99	85	1600	Vencor Stakes 15K		09/18
35		Race for the Cure. Cincinnati 5K	Cincinnati, OH	05/02/99	86		Great Cow Harbor 10K	Northpsit, I.Y	
36		Broad Street Run 10MI	Philadelphia, PA	The second second		3788	Philadelphia Marathon	Philadelphia FA	11/21
37		Race for the Cure Ft Worth 5K	Ft. Worth, TX	04/17/99	88	ALC: NO	Manhattan Beach Old Hometown 10K	Manhattan Beach CA	10/03
38		Jefferson Hospital Philadelphia Distance HN	Addition to the second second second second	09/19/99	1000	3743	Old Kent River Bank Run 25K	Grand Rapids, MI	05/08
39			Kansas City, MO	04/25/99		3742	New Times Phoenix 10K	Phoenix, AZ	11/14
40		Grandma's Marathon	Duluth, MN	06/19.99	ALCOHOL: N	3733	Run to the Farside 10K	San Francisco, CA	11/28
41	Colors Colors	United Way Turkey Trot 4MI	Denver, CO	11/25/99		3701	Zoo Run for Life 10K	Philadelphia. PA	11/0
42			Minneapolis, MN	10/03/99	93		La Jolla Half-Marathon	La Jolla. CA	04/2
43			Spokane, WA	04/17/99	94			Tulsa, OK	10/3
44			Fort Worth, TX	02/27/99	9			St. George, UT	10/0
45		Kentucky Derby Festival Half-Marathon	Louisville, KY	04/24/99	91	3586	Race to Deliver 4MI	New York, NY	09.2
46		The second secon	Tampa, FL	02/13/99	9	3576	Walt Disney World Hall-Marathon	Orlando, FL	01/1
47			Fort Worth, TX	02/27/99	9	8 3553	Columbus Marathon	Columbus, OH	11/1
48			Chicago, IL	05/09/99	9	9 3544	ORRRC Turkey Trot 8K	Miamisburg, OH	11/2
49	5716	Carlsbad 5000	Carlsbad, CA	03/28/99		0 3525		Huntington Beach, CA	

#### Write On

Continued from page 4

medals without any competition, I, too, am often the only competitor in my age group (now W85) and felt the same way. While participating at a Southeast Masters Meet in Raleigh, N.C., the man giving out medals said, "You had no competition. You could have dropped the shot and won."

I felt crushed until the man behind me spoke up. He said, "You're wrong. She had plenty of competition. They were all home on the couch."

If you want to do something to increase the numbers of competitors, get more people to compete. I'm doing a discus clinic for women in my village. These gals never had a discus in their hands. We are aiming for the Oklahoma Senior Olympics, Tulsa, September 2001. So Just Do It!

Betty Jarvis Tahlequah, Oklahoma

#### **NCCWAVA CHAMPIONSHIPS**

My wife, Jeanne, and I have just returned from Kamloops, Canada, and thought it the best NCCWAVA Championships ever. The Canadians did one superlative job officiating and conducting the meet, the key ingredient for a championship meet of this kind.

Athlete and spectator interest was high, but Peter Taylor took it to another level with the terrific job he did on the public address system. He definitely kept the meet moving with his creative commentary. He did this with somewhat of a handicap. On the flight to Kamloops, his bags with all his notes were lost for the first two days.

Would suggest to the people in Baton Rouge that they could only enhance the Nationals next year by having Peter Taylor and Al Sheahen do the announcing. What an all-star duo that would be!

> Bill Daprano Riverdale, Georgia

#### LONG RUN POOL METHOD

In my article, Long Run Pool Method (Sept. NMN), I wish to point out a small, but important, typesetting error; otherwise all was perfect. A dash meant to be a minus sign was omitted from the following sentences.

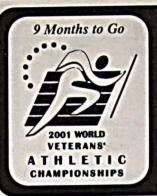
It should have read:

"Assume you want to achieve the equivalent of a 26 mile long run by a combination of a land run and a pool run. Pool running time = (26 miles minus land miles run) x land minutes/mile = minutes. Total run distance in pool = (26 miles minus land miles run) x 100 metres/mile = metres."

Therefore, it is only necessary to substitute into the above equations the number of miles run on land and the pace (minutes/mile) during your long land run to determine your pool workout running time and total distance of pool run.

Earl Fee Mississauga, Ontario

#### PUBLICATIONS ORDER FORM Quantity Total (US\$) Masters Age Records (2000 Edition) Men's and women's world and U.S. age bests for all track & field events, age 35 and up, and for all racewalking events, age 40 and up, as of Oct. 31, 1999. 60 pages. Lists name, age, state and date of record. Compiled by Peter Mundle, WAVA and USATF Masters T&F Records Chairman. \$5.00. Masters Track & Field Rankings (1999) Men's and women's 1999 U.S. outdoor track & field 5-year age group rankings. Coordinated by Jerry Wojcik, USATF Masters T&F Rankings Chairman. All T&F events, including mile, relays, weights, racewalks, and combined events. \$8. McMahon Family Trust Masters Track & Field Indoor Rankings (2000) Indoor rankings for 2000. 4 pages. \$1.50. Masters Age-Graded Tables Single-age factors and standards from age 8 to 100 for men and women for every common track & field, long distance running, and racewalking event. Shows how to conduct an age-graded event. Tells how to keep track of your progress over the years. Compares performances of different ages/sexes in different events. 60 pages, including samples and charts. Compiled by the World Association of Veteran Athletes. \$6.00. Masters 5-Year Age-Group Records Men's and women's official world and U.S. outdoor 5-year age group records for all track & field and racewalking events, age 35 and up, as of January 1, 2000; 8 pages. Lists name, age, state and date of record. Compiled by Peter Mundle, WAVA and USATF Masters T&F Records Chairman. \$2.00. Masters 5-Year Indoor Age-Group Records Same as above, except indoor records (M40+, W35+) as of November 2, 1999 (world) and December 3, 1999 (USA). 4 pages, \$1.50. Competition Rules tor Athletics (2000 Edition) U.S. rules of competition for men and women for track & field, long distance running and racewalking-youth, open and masters. \$12.00. USATF Directory (1999/2000) Names and addresses of national officers and staff, board of directors, sport and administrative committees, association officers and addresses, etc. \$12.00. **USATF Governance Handbook (2000)** U.S. Bylaws and operating regulations, forms for membership, race sanction, records, course measurement, etc. 152 pages. \$12.00. **International Scoring Tables** Complete scoring tables for 21 men's and 17 women's individual events. All events, and the event orders, in normal multi-events are included: decathlon, heptathlon, indoor & outdoor pentathlon, indoor heptathlon, and weight pentathlon. Brief scoring instructions, age factors for the common WAVA multi-events, and instructions for hand times and automatic times are included. In English and German. Pocket size (41/2 x 6).\$12.00. **Masters Racewalking** Thirty American coaches and athletes share ideas on Technique, Training and Racing. This book is a unique and complete resource. Edited by Elaine Ward. \$15.00. USATF Logo Patch 3 color embroidered 4" x 3". \$4.50. USATF Race Walking Patch. 3-color embroidered 4" x 3" with gold trim. \$5.50. USATF Cross Country Patch. 3-color embroidered 4" x 3" with gold trim. \$5.50. USATF Lapel Pin. 3-color USATF Logo on 7/8" soft enamel lapel pin (nail pin back with military clutch). \$5.50. USATF Decal. 3-color. 3" x 2-1/2". \$2.00. Guide to Prize Money Races and Elite Athletes 2000 Published by Road Race Management, the Guide includes elite athlete alphabetical listing (including masters) with over 800 addresses and phone numbers, calendar for over 400 prize money events, and more. \$64.00. Running Research News Bi-monthly newsletter. Contents include the latest scientific information on endurance training, sports nutrition, and injury prevention. \$35.00 per year. Back Issues of National Masters News Issues: \$2.50 each. Postage and Handling 1.50 Overseas Air Mail (add \$5.00 per book) National Masters News Order Dept. Send to: P.O. Box 50098, Eugene OR 97405 Name Address City \_\_\_\_\_Zip \_\_\_\_



## Countdown Brisbane

#### "Brisbane is Ready"

rganization for the 14th WAVA World Veterans Athletics Championships is well under way with sponsorships in place, the local and national media interested, Australian merchandise designed, venues confirmed, social activities taking shape and the athletics program planned.

"Brisbane is ready," says Jacey Octigan, Event Manager for the games.

The biennial event is expected to draw more than 6000 athletes (plus another 6000 friends and family

WAVA/USATE Hurdles and Implements Specifications

			WOME		THE PERSON NAMED IN	a dibaikiba	
Age Group	Race Distance	Hurdle Height	To 1st Hurdle	Between Hurdles	To Finish	No. of Hurdles	
30-39	100m	.840m 33"	13.00m 42'8'/2"	8.5m 27'10'/2"	10.5m 34'5"	10	
40-49	80m	.762m 30"	12.00m 39'4"	8.0m 26'3"	12.00m 39'4"	8	
50-59	80m	.762m 30"	12.00m 7.0m 19.00m		8		
60+	80m	.686m 27"	39'4"	22'11'/2"	62'4"		
30-39 40-49	400m	.762m 30"	45.00m 147'73/4"	35.00m 114'9'/2"	40.00m 131'2'/2"	10	
50-59	300m	.762m 30"	50.00m	35.00m	40.00m	7	
60+	300m	.686m 27"	164'0'/2"	164'0'/2" 114'9'/2" 131'2'/2"		in the second	
	to he park that	Service Block for	MEN	WARRING.	Part Salvering	E PROPERTY OF	
30-39 40-49	110m	.991m 39"	13.72m 45'	9.14m 30'	14.02m 46'	10	
50-59	100m	.914m 36"	13.00m 42'8"	8.50m 27'10'/2"	10.50m 34'5"	10	
60-69	100m	.840m 33"	16.00m 52'6"	8.00m 26'3"	12.00m 39'4"	10	
70-79	80m	.762m 30"	12.00m	7.0m	19.0m	8	
80+	80m	.686m 27"	39'4"	22'11'/2"	62'4"	Ser Serge	
30-49	400m	.914m 36"	45.00m	35.00m	40.00m		
50-59	400m	.840m 33"	147'7'/2"	114'9'/2"	131'2'/2	10	
60-69	300m	.762m 30"	50.00m	35.00m	40.00m		
70+	300m	.686m 27"	164'0'/2"	114'9'/2"	131'23/4	7	
No. Company		Territories	IMPLEME	NTS	NAME OF STREET	MACHINE AND ARTH	
AGE GROU	SHOT PUT	DISCUS	HAMMER	JAVELIN	WEIGHT SUPER WEIG		

post, the di	BANGE OF STREET	<b>ENDERNISE</b>	IMPLEMEN	ITS	STATE OF THE PARTY.	HINE	Andreash and the		
AGE GROUP	AGE SHOT PUT				SHOT PUT DISCUS HAMMER JAVELIN		WEIGHT WAVA USATE		SUPER WEIGHT USATE
Women 30-49 50-59 60+	4.00k 3.00k 3.00k	1.00k 1.00k 1.00k	4.00k 3.00k 3.00k	600 gms. 500 gms.* 400 gms.	20# 16# 12#	20# 16# 16#	35# 25# 25#		
Men 30-49 50-59 60-69 70-79 80+	7.26k(16 lbs.) 6.00k 5.00k 4.00k 4.00k	2.00k 1.50k 1.00k 1.00k 1.00k	7.26k (16 lbs.) 6.00k 5.00k 4.00k 4.00k	800 gms. 700 gms. 600 gms. 500 gms. 400 gms.*	35# 25# 20# 16# 12#	35# 35# 25# 25# 25#	56# 56# 56# 35# 35#		

Steeplechase: men 30-59: 3000m/36" (.914m); men 60+ and women: 2000m/30" (.762m)
WAVA weights are used for USATF weight pentathlons.
Note: USATF voted not to adopt WAVA's 27" hurdle heights, so those events will be run at 30" heights in USA national and regional meets.

• New 1999 IAAF specifications.

www.natmanews.com

members) to Brisbane, Australia, on July 4-14, 2001. Competition will be held in five-year age groups in all track and field events, plus the marathon, road walks and cross-country races. The meet is open to all men age 40-and-up and to all women age 35-and-up.

The entry fees have been released and can be found on the event's web site at www.worldvac2001.com.au. The fees have been restructured for the 2001 Championships. The first event fee is now divided into two separate fees - an entry fee which is compulsory for all athletes and then the event fee itself. Organizers have split the fee to show the entry fee for "administration purposes." The entry fee covers all administration costs, including the transport service, competition program and sports bag. In the past, the program was often an additional cost.

Accompanying persons will receive the same benefits as athletes for a fee of AUS \$40 (about US \$25).

The welcoming ceremony will be conducted at the conclusion of competition on Sat., July 7, 2001, at ANZ Stadium. All athletes will be invited to march with their teams into the stadium that night. The event management team is putting together "a fun evening for all with rock-n-roll music, entertainment, and lots of color and fanfare."

The entry book is currently on the press and will be ready for distribution shortly. The deadline for entries is March 30, 2001.

The following individuals have accepted positions:

· Reg Brandis, Officials Manager, has a long history of experience with organizing officials for a variety of national and international events.

Greg Gilbert, Competition and Infrastructure Manager, works with the Australian Sports Commission and has had a long involvement with athletics

in Australia.

· Alan Bell, Competition Director, was the Meeting Manager and Coordinator of Officials for the 13th WAVA Championships last year in Gateshead, England. He'll arrive a few weeks before the competition begins and is in regular contact with the organizers.

#### **Curacao Set to Host Meet**

by JERRY JENSON

The island of Curacao, tucked in a corner of the Caribbean almost half a world away from the United States, is the setting for the Regional Masters & Open Caribbean, Central American, and South American T&F Meet to be held Oct. 27-28.

Curacao exudes Old World charm and ambience coupled with balmy weather almost all year long. Picturesque streets and buildings are the most striking features one sees on debarking from an airplane or

The first day of competition is set aside for the racewalk and long distance races both inside and outside the

stadium. The second day will consist of track & field competition. A full slate of events will be offered and entry fees are very low.

Many of the visiting athletes and officials will be housed in local resorts at almost half the normal rates. The Organizing Committee has set up special activities for those wishing to tour the island, visit popular sites, or shop duty-free.

For more information on Curacao, a registration packet, and information on lodging and airlines, contact: Dr. Jerry & C. Ann Jenson, 400 Mona Way, Cave Junction, OR 97523. Phone: 541-592-3787; fax: 592-3787; email: Luvu2@Cavenet.com.

#### Moretto, Kasutani Win Over 27,000 in 27th Berlin Marathon

Giovanni Moretto, M40, and Sayuri Kasutani, W40, found their way through a field of over 27,000 runners to win in the 27th Berlin Marathon,

> **FIVE YEARS AGO** October 1995

- Martin Mondragon (41, 49:30) and Nancy Grayson (45, 60:05) Win in Crim 10-Miler; Ottaway (63:46) Breaks U.S. Record
- At Age 48, Raschker Competes in Pole Vault on USA Team in England
- U.S. Marks Broken in Midwest Regionals

Sept. 10, in 2:27:38 and 2:40:05, respectively.

Race-time temperatures in the low sixties and the famously fast Berlin course combined to make fast times for many, and a good show for the crowd of one million. The course tours Berlin's elegant boulevards, visits monuments, and runs through the Brandenburg Gate.

Berlin has become one of the five largest marathons in the world, and drew a cosmopolitan field representing 85 countries this year, including a strong Japanese presence.

While the upcoming Olympic marathon siphoned away some of the top open talent, masters made the best of things, particularly Manuel Rosales Touza, M65, 2:57:53, and Chie Matsuda, W50, 2:59:52. The marathon also includes an in-line skating division that draws 6000 skaters.



# International Scene

by TORSTEN CARLIUS WAVA President

### Africa Championships Site Being Sought

s the first year of the new millennium nears an end, a number of veterans meets still remain. In particular, I refer to the following Regional Championships: Asia: Bangalore, India, Nov. 6-10; South America: Mar del Plata, Argentina, Nov. 5-12; Africa: December (no location or date yet).

This year's Regional Championships so far have been very well organized with high-level athletic performances. I anticipate the Asia and South America events to maintain the same standards. However, I must admit some concern for Africa.

We started the year with what appeared to be very good conditions for staging the Africa Championships in Cairo at the IAAF Development Center. However, for a number of reasons, this became unfeasible and, to date, attempts to find another site in Northern Africa have not been successful. Currently, discussions are being held with Kenya in hopes that the Africa Championships can be staged in Nairobi in December.

In 2001 we will stage the 14th WAVA World Veterans Athletics Championships-Stadia in Brisbane, Australia, as well as a number of Regional Championships:

Europe: Indoor Championships in Bordeaux, France, Mar. 8-11; and Non-Stadia Championships in Quormi, MLT, Apr. 27-29.

Asia: Non-Stadia, May 20 (site to be decided).

For Asia, these Non-Stadia Championships will be the first. I hope our other regions will also feel it worthwhile to put Non-Stadia Championships on their future programs.

#### **Regional Masters Games**

In Europe, after several years of discussion, the European Masters Games Association was founded in Munich on August 6. The working-group is now preparing a draft constitution to be considered in Copenhagen on October 22, as well as a proposed timetable for the first European Masters Games. Our European Veterans Athletic Association has a strong role in this work and we will follow its development with interest. The first possibility to represent Europe will be at the International Masters Games Association's annual meeting in Monaco on October 27.

**Drug Testing** Since WAVA's Gateshead meet and Kathy Jager's positive drug test, there has been much discussion on testing of veterans. First, I would like to say it is my sincere opinion that WAVA should continue to conduct drug testing at its Championships. However, our procedures and rules may not need to replicate exactly those of the IAAF. Therefore, we hope to meet with IAAF medical representatives in November to discuss the matter, following which our Medical Committee will consider whether or not they wish to recommend any new rules for WAVA.

So far, Kathy Jager's case has been handled by the IAAF, but the appeal for early reinstatement has now been



LEO BENNING

Jenny Allebone (I), W55 5000 winner with South African record 19:51.1, and Peter Brennan, M60 winner (19:49.6), 2000 South African Veteran Championships, Oudtshoorn.

referred to WAVA, whose Council will study the circumstances and make a decision. As we have not been involved prior to now, the Council must first become familiar with the details before making such decision.

#### Brisbane

Only nine months remain until we meet in Brisbane. This time will pass quickly and I look forward to a wonderful championships event. Indications to date are that the number of participating athletes will exceed our last championships in Durban and Gateshead.

In Brisbane, as usual, we will convene the WAVA General Assembly for elections, decisions on amendments to our Constitution/By-Laws/Rules of Competition, and awarding of stadia championships for 2005 and non-stadia championships for 2004. WAVA's secretary will shortly be sending out the traditional circular to all WAVA affiliates indicating time limits that must be observed with respect to agenda items.

#### **WAVA Handbook**

The new WAVA Handbook 2000-2001 has been distributed to all affiliates and council/committee members. Some of the contents will also be published on our WAVA home page www.wava.org. The book itself may be purchased from WAVA Secretary, Monty Hacker, who can be reached at fax 27-11-483-3392 or by e-mail at wavasec@icon.co.za. Publication of the handbook was slightly delayed to allow inclusion of the most recent javelin specifications.

## XIV WAVA CHAMPIONSHIPS - BRISBANE, AUSTRALIA JULY 4-14-2001

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#### Kamloops Meet

Continued from page I

athletes came from Great Britain, Australia, Ireland, Switzerland, and the Netherlands. Many of the athletes had competed the week before in the U.S. National Championships in Eugene.

The meet saw many impressive performances, in which 124 meet records fell, 44 of them on the track.

Competing on their own turf, Canadians posted top age-graded performances in the sprints, led by 57year-old Harold Morioka. In the M55 200, Morioka won over visiting Australian athlete Peter Crombie, with an age-graded 93.5% 25.06. Crombie, 55, ran a 92.2% 25.07. In the 400, Morioka won again with a 96.2% 54.30, Crombie finishing in a 91.1%

Avril Douglas, 54, Canada, had the women's best performances in the 200 (28.53/90.5%) and 400 (62.95/ 92.1%).

In the M65 400, Paul Johnson, 65, USA, won with a 95.0% 59.14 over Ralph Romain, 68, Trinidad, who ran a 59.85 for a 96.8%, one of the top five performances in the entire

Morioka carried his skills over to the 800, winning with a 92.4% 2:13.97 in a field of 12, with Richard Tucker, USA, second in a 90.5% 2:14.26. Other Canadians also registered international class times of 90% or better in the 800. Earl Fee, 71, won in a tough field with a 94.4% 2:31.68. Francisco Ramirez, 71, MEX, was second (2:37.17/91.1%), and James Beall, 71, USA, third (2:38.56/ 90.4%). Diane Palmason, 62, Canada, won the W60 race with a 93.4% 2:40.58.

Ramirez also won the M70 1500 with a 5:23.47. Roger Price, 51, USA, winner of the 5000 and 10,000 in Eugene a week earlier, won the 5000 here.

Hurdler James Stookey, 70, USA, dominated with a 95.7% 13.41 in the 80H and a 94.3% 50.53 in the 300H. Former Canadian Olympian Leslie Estwick ran a 92.2% 14.55 in the 100H. The versatile Morioka sped over the hurdles in the 400H in 63.03, an A-G 94.8%.

Phil Fehlen, 65, USA, who broke the high jump world record (1.64) in Eugene a week before with a 1.66, leaped a 1.65 here. Debbie Brill, 47, Canada, cleared the bar at 1.65. Coincidentally, both marks age-grade to a 98.8%.

Dennis Phillips, 54, USA, ended with a 97.7% 4.30 to win in the M50 pole vault.

Tim Edwards, 52, USA, with a 43.92, and Neil Saling, 64, with a 43.34, triumphed over large fields in the discus. Hammer thrower Emil Muller, 65, Canada, almost had an event best 88.6% 47.64, but British guest athlete Evaun Williams, 62, won the W60 hammer with a 40.47, an agegraded overall meet's best of 100+%. Williams is the world-record-holder in the W55 and W60 weight pentathlon.

Bev LaVeck, 64, USA, took the



In an M55 800 semi-final at WAVA-Gateshead, James O'Neil (2811), Ireland, ran a 2:14.09, Reginald Phipps (2240), Great Britain, a 2:14.19, and Gerhard Flachowsky, Germany, a 2:14.99. In the finals, Phipps defeated O'Neil, 2:06.33 to 2:07.23, with Flachowsky, fourth in 2:11.49.

best-performance honors in the 5000 racewalk with a 91.0% 29:30.41. Jack Bray, 67, was the best male racewalker, with an 89.6% 27:16.34.

The Championships' expanded schedule included a pentathlon, weight pentathlon, 10K road race and racewalk, and 8K cross-country race. Phil Byrne, 60, USA, 3521, and Liz McBlain, 52, CAN, 2910, were the highest scorers in the pentathlon. Marek Glowacki, 59, CAN, 3957, and world-record-holder Williams, with 4638, were the high scorers in the weight pentathlon

Herb Phillips, M60, CAN, with a third-overall 36:30, and Jean Whittingham, W45, CAN, the only W40+ to break 40:00, with a 38:40, were the standouts in the 10K road race. Randy Nelson, M40, CAN, 31:30, and Gwyn Woodson, W45, CAN, were first overall in the 8K cross-country race, which included pre-masters runners, ages 30-39. Roger Price, M50, USA, who won the track 5000, finished in fourth-place with a superb 33:35.

Alan Mendez, M40, MEX, 49:16, and Holly Gerke, W35, CAN, 53:14, were first overall in the 10K racewalk, held along the scenic North Thompson River. Rita Sinkovec, USA, did a 61:56 to win in the W60 division.

The Kamloops Ridge Runners and Kamloops T&F Club joined forces with the City of Kamloops to host the Championships. The Toronto Dominion Bank Financial Group was the major corporate sponsor. Clarence Wiseman and Neville Flanagan of the local organizing committee were instrumental in producing a successful event.

#### O'Doherty, Hyde-Peters First in British Vets 5K

by MARTIN DUFF

The south coastal naval town of Portsmouth played host to three days of masters athletics over the August Bank Holiday three-day weekend, Aug. 26-28. On Saturday, there was a combined southern area Masters Track and Field Championships. On Sunday, there was an open five-mile race, and on Monday, the British Veterans 5K road race championships.

Races were run by age group: the M40s and M45s ran together in one race, followed by the M50s and M55s, etc. There was a stiff wind along the inner harbor wall throughout the day. In the M40, Mick O'Doherty repeated his BVAF 10K victory over Westbury club mate Chris Buckley, in 15:15, but the early pace was slow, which did not help the times.

M45 winner Martyn Flower had not revealed to his teammates that it was his birthday - his 45th to be precise and was home sixth to take his first title at this level in 15:55. "You only get one chance," said the birthday boy, who was forced to leap one of the bollards on the course.

Peter Hyde, 53, of Altrichan, made it three Vets Champs M50 victories in a row, as he dominated from the outset, took most of the wind, and strode away to win in 16:28. Dave Gibson, M55, was up with the leaders in the early stages, but admitted afterwards that he "went off too fast." This let in John Treadwell to win in 17:13.

Harry Clayton had a close battle with Swansea's Brian Griffiths before just edging the Welshman to win the M60 title in 18:36. Mick Ward confirmed his position at the top of the M65 rankings by taking his age group in 19:26. Derek Howarth annexed the M70s in 20:13, while Ron Hale completed a successful weekend by taking the M75s in 23:59 after a busy weekend of track victories two days earlier.

Zara Hyde-Peters turned out to help her local club, Havant, to annex the team awards. She dominated the women's race from the start and was eventually a clear winner in 17:09. She was chased home by Gateshead's three-time world W45 champion, Bronwen Cardy.

Cardy ran 17:23 despite having been confined to bed all week with a virus, and planning for her move to Australia in two weeks. Carol Fereday, W50, 19:44; Elaine Statham W55, 20:35; and Pam Jones W60, 22:56, all went well to win their groups. Topranked Judy Rowntree looked impressive in the W65s, winning in 24:21.

#### **Records Fall at Bedford Meet**

by BRIDGET CUSHEN

One world, five British and 45 championship records were set at the 30th BVAF Track & Field Championships in Bedford, England, July 29-30, attracting a record home entry, plus athletes from Australia, Holland, Ireland, Israel, and the USA, but 14 athletes from the Ukraine failed to turn

There were some major surprises during the two warm but blustery days. Peter Browne tasted a rare defeat on home soil when he was out-sprinted by Bob Minting in thrilling M50 400 and 800 races.

Royal Air Force man, Philip Delbaugh, fresh from his 100 and 200 European victories, won here again over a very classy field.

Look out for a new M40 name -Kermitt Bentham - who blazed round the arena for a new championships 400 record in 49.88.

Stephen Peters and his arch rival, Viv Oliver, had a great tussle in the M45 400, which Peters just snatched

on the line in a new championships record of 51.16. Peters, 47, also won the 100 and 200 (22.53), just as he did in the European Championships two weeks earlier.

The world record came in the M85 3000 track walk (21:20.33) by George Mitchell.

The Annual General Meeting on Saturday evening was well attended as the outgoing chairman, Keith Whitaker, was nominated by the BVAF Executive Council to stand as president. The current incumbent also sought re-election; Whitaker won.

After 25 years on the Council, seven as chairman and 18 as treasurer, Whitaker was a founding member of the BVAF. He will still have a major role to play as the BVAF works toward complete integration with U.K. Athletics.

Mick Statham defeated Martin Duff for the chairmanship, with Maurice Doogan taking over from Winston Thomas as secretary for track and field.

## Masters Scene

#### **NATIONALS**

· According to statistics from American Sports Data, Inc., published in the RRIC's On the Roads, Vol. 14, Summer 2000 edition, the total number of "runners and joggers" of the U.S. population age 6+ who run one or more days a year is 34,047,000, with 55.1% male/44.9% female, and an average age of 27.1. Some 9,821,000 have an income of \$75,000+. Those who run 100+ days per year -"frequent runners" - number 10,000,000, with 62.5% male/37.5% female, with an average income of \$62,100; 3,136,000 have an income of \$75,000+

· The three-year-old National Distance Running Hall of Fame, Utica, NY, is under new management: a co-directorship has been named in the dynamic duo of Earle C. Reed and John Petrone, who will succeed Joe Kelley in the management and development of the museum. Reed is best known as the race director of the Utica Boilermaker 15K for 23 years. Petrone is the chair of the Founders Club, the fiscal and fund raising arm of the museum, which has raised over \$750,000 under his watch.

#### EAST

 Michael Augeri, Master Sports International coach, indicates that some past or present Olympic medalists will help to coach in the MSI Winter Training Session scheduled for Barbados, Feb. 19-March 5, prior to the Indoor Nationals in Boston. Athletes who have expressed an interest in participating include 1996 Olympic medalist Derek Adkins, current Olympians Jerome Young and Antonio Pettigrew, and past Olympic sprinter Rochelle Stevens. See T&F Schedule, International, for contact information

· Wojciech Joskowski, 42, 27:49 and Pam Rasulo, 41, 35:39, dashed home first in the



TESH TESHIMA Barbi Dial-Crandlemire, third W55 (25:45), 2000 Race Against Violence 5K, Honolulu

masters division of the NYRRC Dash Splash 8K, Central Park, NYC, July 29. Jerry Stalls, 67, 46:00, and Dolly Finkelstein, 70, 55:05, convincingly dashed their competitors.

. The NYRRC Manhattan Half-Marathon, Central Park, NYC, Aug. 5, was mastered by Walter Dupont, 44, 1:11:51 and Jean Chodnicki, 41, 1:24:58. Standouts in the 65-69 division were Alfred Finger, 66, 1:33:06 and Lisa Praskins, 1:49:14.

• At the Henry Isola XC Classic 4-Miler, Van Courtlandt Park, Bronx, NY, Sept. 3, Stephen Redmon, 42, 22:48, barely outstrode Jerry Macari, 22:51, to take the men's masters title. Leading the women's masters was Ann Makoske, 55, in a remarkable 32:14.

#### **MIDWEST**

. Jim O'Nelli, 62, Holland, OH, finished seventh overall at the flat n' speedy Toledo Classic 10K in Toledo, OH, Sept. 2, in 35:32, good for an A-G 94.0%. Debra Wagner, 48, Perrysburg, OH, was second woman overall, just 12 seconds out of the win, in 37:58, an A-G 88.0%. Noteworthy runs were also turned in by Jim Forshee, 74, Ann Arbor, MI, 45:45, 83.9%, and Eric Bronson, 76, Bowling Green, OH, 48:43,

· Mary Knisely, 41, Naperville, IL, continued to improve her comeback form with a 16:47 overall win at the Brian Diemer 5K in Wyoming. MI, Aug. 12. The race's eponymous founder, a 38-year-old former steeplechaser and Olympian, promises a doughnut or bagel to anyone who can beat him. This year, Diemer bought doughnuts for 5 masters runners who beat his 16:20 clocking (A-G 81.3%). Missing the pastry, but deserving sweets if age-graded doughnuts had been awarded, were Ann Arbor elementary school principal Dr. Wally Herrala, 56, Ann Arbor, MI, who ran a speedy 18:27 (though he is known among his students to prefer green eggs and ham) for an A-G 82.8%, and jumpin' Jerry Johncock, 74, Grand Rapids, MI, Michigan Runner's Senior Runner of the Year, who strutted to 21:43, A-G 85.4%. Hometowner Diane Arbanas, 57, turned in a solid 23:57 to put paid to the over-50 women's field.

· Perfect fall weather made Labor Day less laborious at the Park Forest 10 Miler, Park Forest, IL, Sept. 4. Mary Knisely, 41, Naperville, IL, 57:12, was the jackpot winner of the day by quadruple dipping, that is, winning prize money in four categories: 6th place woman overall, 1st Illinois woman, 1st W40+, and 1st Illinois W40+, for a total of \$2100, more than the overall winner earned. Mike Yuhasz, 40, Oak Lawn, IL, 55:19, double-dipped for \$1000. Warren Utes, 80, Park Forest, IL, set a U.S. single-age record of 1:14:56 (old record: Benham/1:15:25/1988).

#### WEST

· Arnie Robinson, 52, 1976 Olympic gold medalist in the long jump, and Mesa College

#### FIFTEEN YEARS AGO October 1985

- 700 Compete in Nationals in Indianapolis
- · Belilgne, Madeira Top Masters in Asbury Park 10K
- · Boo Morcom Tops U.S. Decathletes in San Diego



M50-54 steeplechasers on the awards stand (I to r): Robert Weiner, fourth (14:19.36); Ron Pate, second (12:34.92); David Taylor, first (11:31.86); and Carter Holmes, third (12:41.42), USATF National Masters Championships, Eugene, Ore., Aug. 10-13.

masters division.

(San Diego) track coach, suffered a hip fracture, closed head injury, and internal bleeding when his car was broadsided by another on the night of Aug. 19. The driver of the car that struck Robinson's is under investigation for driving under the influence of alcohol. Robinson, the organizer of the California State Senior Games. Sept. 16-17, underwent surgery at San Diego's Mercy Hospital and is expected to make a full recovery after a three-week stay at the hospital and at least three months of rehabilitation.

· Jim Hage, 42, Latham, MD, 1:12:02, and Marina Belyaeva, 41, Russia, 1:17:28, captured the 40+ laurels at America's Finest City Half-Marathon, San Diego, Aug. 13. Top division winners included Marina Jones, 48, Palm Desert, 1:26:16; Farley Simon, 45, Camp HM Smith, 1:13:54; Juan Cabeza, 56, Torrance, CA, 1:22:33; Wilma Maddock, 66, Laguna Beach, 2:02:04; and Dick Robinson; 70, Bonita, CA, 1:45:02.

· Gregg Horner, 46, won the overall title at the 22nd McConnell's Ice Cream 5K, Santa Barbara, CA, Aug. 20. Steve Blum, 45, 17:20, M40+ runner-up, edged Tim Mock, 43, by one second. Elaine Tripplett, 49, 19:36, held off Teri Van Cott, 51, 19:39, to win the W40+. Standouts included Carl Schulhof, 54, 18:14; Don Truex, 63, 19:44; Dianna Hall, 42, 20:05; Gordon McClenathen, 66, 22:00; Gene Welch, 73; 29:09; and Ann Chadwick, 68, 33:40. In the 10K, Shigy Suzuki won the masters race in 37:19, and Leslie Oliver and Helen Cox paced the women masters, both in 43:00.

• Team Hazben, Dallas, TX, 19:33:38,held off the SLO and Old, San Luis Obispo, CA, 19:46:05 to win the M40+ at the Hood to Coast 194.6 Mile Relay, Seaside, OR, Aug. 26. One thousand teams competed, each with 12 runners racing three legs. Tahoe Trail Babes by Igloo, Tahoma, CA, took the women's masters in 23:02:58, and Do Not Go Gentle, Minnetonka, MN, 27:28:56, won the women's supermasters (50+). Aging Heroes, Eugene, OR, set a new men's 50+ record, 21:16:11, outdueling an amazing 50+ mixed team stacked with world class ringers John Campbell, Priscilla Welch, and Judith Hine called PaceSetter Gray Hounds, Portland, OR, 21:33:43. Pace Setter WeB40, Clackamas, OR, 19:55:17, edged No Walkin Till the Van

#### INTERNATIONAL

Passes, Champaign, IL, 19:59:29, in the mixed

· Three hundred athletes competed in the 11th Dutch Championships in Tilburg, June 10-11. Two European and nine national records were broken. Erik Oostweegel, who turned 40 on April 29, ran a 10.84 100. Weia Reinboud, who tied the W50 HJ record of 1.55 on May 14, set a European TJ record of 10.16. Kees van Pelt, M40 400 world champion, won the 400 in 50.15 and the 800 in 1:58.87.

. On Sept. 19, the Malta Amateur Athletic Association was awarded the right to hold the European Veterans Non-Stadia Championships on April 28-29, 2001. The 10K road race, men's 30K RW, and women's 20K RW will be held on the 28th; the half-marathon on the 29th. The 10K and half-marathon will be held at St. Paul's Bay, a popular tourist resort; the RWs along Ta' Xbiex Sea Front, two miles from Valletta, the capital of Malta. According to Tony Chircop, MAAA president, a 4x3000 road relay, although not a part of the EVAA Championships, will be held on May 1, following a bank holiday on April

#### CORRECTIONS

. Dick Richards' M65 times of 12.4 in the 100 and 26.09 in the 200 were omitted from the results of the California State Games, July 14, in the September issue. His marks were obscured. as he ran in combined age-group races with younger runners.

. In the National Championships results given to NMN after the meet, the first-place finisher in the M50 pentathlon was not identified as a foreign guest athlete and given a place number; consequently, his name appeared in the Champions Chart on p. 17 of the September issue. The national champion is John Tucker, 50, of Virginia, who scored 3560 points. Everybody below Tucker moves up one slot as shown in the results of the pentathlon in this

 Also in the National Championships results, the listed winner in the M65 800 is Canadian; the first place actually goes to U.S. contestant Frank Haviland, of New Jersey.

## Schedule

USA track and field events feature competition for men and women over age 30 unless otherwise noted. Senior Games are usually limited to age 50 and over. Long distance events generally are open to all age groups with the exception of national masters championships, which may be limited to men and women over age 40. International T&F meets are usually limited to men over 40 and women over 35. Entry blanks for national and regional championships will generally be printed in the newspaper 30-60 days prior to the event. Please send any additions or corrections to NMN, P.O. Box 50098, Eugene OR 97405.

#### TRACK & FIELD

#### NATIONAL

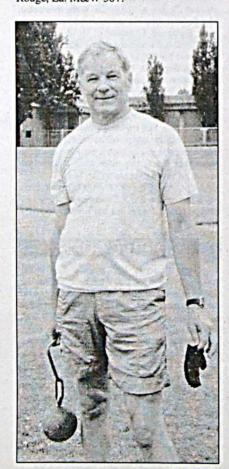
November 29-December 3. USATF 22nd Annual Meeting, Albuquerque Convention Center, New Mexico. USATF, PO Box 120, Indianapolis, IN 46206-0120. Tel: 317-261-0500; fax: 261-0481; www.usatf.org. Housing: Albuquerque Housing Bureau, 505-346-0522; fax: 346-0176; usatf@nm travel.com.

March 23. USATF National Masters Indoor Pentathlon Championships, Boston. Men: 60mH/LJ/SP/HJ/1000m; women: 60H/HJ/SP/ LJ/800m. See below.

March 23-25. USATF National Masters Indoor Championships, Reggie Lewis Center, Boston, Mass. Steve Vaitones. USATF NE Association, 617-566-7600.

July 14-28, 2001. National Senior Games -The Senior Olympics, Baton Rouge, La. M&W 50+.

July 25-28, 2001. 34th annual USATF National Masters Championships, Baton Rouge, La. M&W 30+.



JERRY WOJCIK
Bob Lawson, M65 winner, 25# weight (40-61/s),
2000 Portland Masters Classic, Portland, Ore.

#### EAST

Connecticut, Delaware, Massachusetts, Maryland, Maine, New Hampshire, New Jersey, New York, No. Virginia, Pennsylvania, Rhode Island, Vermont

October 1-8. Delaware Senior Olympics, Dover. Mary Costello, 302-736-5698. October 5-7. Maryland Senior Olympics, Towson. Phil Adams, 410-830-4456. No

January TBA, 2001. Adidas Invitational Indoor Meet, M40 & M50+ Mile, George Mason U., Fairfax, Va. Potomac Valley TC, 302-945-2457; corrallo@erols.com

#### SOUTHEAST

Alabama, Florida, Georgia, N. Carolina, S. Carolina, Tennessee, Virginia

October 8. All-American TC Throws Meet, Hampstead, N.C. Frank Reilly, AATC, 20184 Hwy 17, Hampstead, NC 28443. 910-270-3635.

November 18. USATF South Carolina Weight Pentathlon Championships, Myrtle Beach. Open to all. Dick Austin, 102 Pepperhill Circle, Myrtle Beach, SC 29579. 843-236-1852; austin@juno.com

November 28-December 3. Florida Senior Games State Championships, Tallahassee. Mike Sophia, 850-488-8347.

#### **MID-AMERICA**

Colorado, Iowa, Kansas, Minnesota, Missouri, New Mexico, N. Dakota, Nebraska, S. Dakota

October 1. 21st Century AGELESS GAMES, U. of Minn., Minneapolis, SASE to Rachel Lyga, 122 NE 631/2 Way, Minneapolis, MN 55432. 612-574-9661.

#### SOUTHWEST

Arkansas, Louisiana, Mississippi, Oklahoma, Texas

October 2-8. Scott & White Texas Senior Games, Temple, Tex. Peter Laverty, 806-743-1861.

October 21. 11th annual Lions/Waterloo Relays, McNeil HS, Austin, Texas. Field events: 10 am; track: 1 pm. Seth Brower, 512-345-9573; email: sethbrower@earth link.net

#### WEST

Arizona, California, Hawaii, Nevada

October 1. Sri Chinmoy Masters Games, CSU-Long Beach. Bigalita Egger, 310-645-0271. October 7. Club West Meet, Santa Barbara CC, Calif. Gordon McClenathen, PO Box 99, Goleta, CA 93116-1099. 805-964-3005. Beverley Lewis, 805-969-5851; 969-5852; 452-5020 (cell); fax: 969-6613.

October 25-November 15. Southland Senior Olympics, Long Beach/Anaheim/Cerritos, Calif. Tel: 562-570-3537; www.ci.long-beach.ca.us/park/

October 28. 4th Annual Great Punkin Throwin' Meet & Weight Pentathlon, Grass Valley, Calif. Dick Hotchkiss, 530-273-3660; email: ashglaze 42@hotmail.com.

October 29. Champions Run For Children Mile, Kezar Stadium, San Francisco. Invitational Masters & Masters Mile. \$3600 masters money. Expenses available for elite runners; apply by Aug. 15. RhodyCo Productions, 415-759-2690; fax: 759-2699; runrhody@aol.com.

November 10-12, 18-27. Hawaii Senior Olympics, Honolulu. Mark Zeug, 808-732-8805; zeug@lava.net

December 16. KelField Throws Series #89, Santa Cruz. WP scoring. G. Kelmenson, 5601 Empire Grade, Santa Cruz, CA 95060. 831-458-0300; kel field@aol.com

January TBA, 2001. San Diego Indoor Games Masters 3000, San Diego Sports Arena. Brian Culley, kip@riftvalley.org

#### **NORTHWEST**

Alaska, Idaho, Montana, Oregon, Utah, Washington, Wyoming

October 12-13. Huntsman World Senior Games, St. George, Utah. Huntsman World Senior Games, 82 W. 700 South, St. George, UT 84770. Phone: 800-562-1268. Web: www.seniorgames.net

#### INTERNATIONAL

October 21-28. Honda Masters Games, Alice Springs, N.T., Australia. www.hondamasters games.nt.gov.au

October 26-29. Mercosul Masters Athletics Championships, Sao Leopoldo, Brazil. www.acavem.org; click Welcome. Paulo daRosa, Fax: 55 48 234 2023. email: acavem@ fastianc.com.br.

October 27-28. Regional Masters & Open Caribbean, Central American, and South American T&F Meet, Curacao. Jerry Jensen, 400 Mona Way, Cave Junction, OR 97523. 541-592-3787; Luvu2@Cavenet.com.

October 28-November 5. Asia Pacific Masters Games, Queensland, Australia. Phone: 07-5564-0480; fax: 07-5564-0498; email: aspac@mastersgames; www.mastersgames.com.au

November 5-12. South American Veterans Championships, Mar Del Plata, Argentina. Luis Gramaccioni, president of Argentinian Confederation of Veteran Athletes, Diaz Velez St. 192, Rosario 2000, Sante Fe, Argentina. Phone/fax: 54-341-438-8062.

November 6-10. WAVA Asia Regional Championships, Bangalore, India. February 2-11. International Mas-

February 2-11. International MasterAthleteWinter Games, Barrie & Orilla, Toronto, Canada. Limited t&f indoor events, 2nd-4th. 2001 International Master Athlete Winter Games, Barrie City Hall, PO Box 400, Barrie, Ontario L4M 4T5, Canada. 877-371-2001; www.master athlete wintergames2001.com

February 19-March 5. Barbados Winter Training, National Stadium, Bridgetown. Masters training: sprints, middle-distance, hurdles & horizontal jumps. Masters Sports International, 60 Glenham St., Springfield, MA 01104; 413-746-1739. July 4-14. 14th WAVA World Veterans

## ON TAP FOR OCTOBER

#### TRACK AND FIELD

Autumn action is available in the Ageless Games, Minneapolis, and Sri Chinmoy Games, Long Beach, Calif., on the 1st; the Club West Meet, Santa Barbara, Calif., on the 7th; the Huntsman Senior Games, St. George, Utah, on the 12th-13th; the Waterloo Relays in Texas on the 21st; and a weight pentathlon in Grass Valley, Calif., on the 28th.

#### LONG DISTANCE RUNNING

Two masters championships will be hosted by foremost events: the marathon at the Twin Cities, Minneapolis/St. Paul, on the 8th. and the 15K at Oklahoma's Tulsa Run on the 28th. A huge slate, replete with big-name marathons, fills the month, ranging from the Portland, Ore., Fox Cities, Appleton, Wisc., and Sacramento marathons on the 1st, to the St. George Marathon, Utah, on the 7th, the St. Louis Marathon on the 14th, and Detroit Marathon on the 15th. The 22nd is bursting with more, including the Marine Corps, Louisville, Chicago, and Columbus marathons. San Francisco's breezy Kezar Stadium is the setting for the Champions Mile Run for Children on the 28th.

#### RACEWALKING

The Masters One-Hour Championships step off on the 1st in Worcester, Mass., followed by the 5K Championships, Kingsport, Tenn., on the 14th. More fun can be had on the 7th and 21st in Florida, on the 15th in Providence, R.I., and on the 14th-15th in Colorado.

Championships, Brisbane, Australia. M40+, W35+. David Lloyd, WVAC, PO Box 7889, Waterfront Place, Brisbane, Queensland 4001, Australia. Phone: 61 7 3222 1000. Fax: 61 7 3221 1684. Email: wavainfo@qldevents.com.au. Website: www.worldvac2001. com.au.

#### **OPEN**

Aug. 3-12. IAAF World Championships VIII. Edmonton, Canada.

#### LONG DISTANCE RUNNING

#### NATIONAL

October 8. USATF National Masters Marathon Championships/Twin Cities Marathon. Minneapolis/St. Paul, Minn. Race Director, 708 N. First St. #CR-33, Minneapolis, MN 55401. 612-673-0778.

Continued on page 19

Continued from page 18

October 28. USATF National Masters 15K Championships/Tulsa Run, Tulsa, Okla. Jack Wing, 4038 E. 48th St., Tulsa, OK 74118. 918-742-5418.

October 28. Shelter Island 5K Run/Walk, Shelter Island, Long Island, N.Y. 10 a.m. Mary Ellen Adipietro, 631-749-0479.

November 4. USATF National Masters 8K Cross-Country Championships/Pasco International, Richland, Wash. Jim Peterson, 520 Franklin, Richland, WA 99352. 509-376-6731.

November 19. USATF National Masters 5K Cross-Country Championships, Holmdel, N.J. Andy Martin, P.O. Box 10120, New Brunswick, NJ 08906. 732-296-0006.

November 25. USATF National Masters 10K Cross-Country Championships, Boston, Mass. Steve Vaitones, 2001 Beacon St. #207, Brighton, MA 02135. 617-566-7600.

November 29-December 3. USATF 22nd Annual Meeting, Albuquerque, New Mexico. See T&F-National.

**December 10.** Avon Running Circuit National 10K Championship, Phoenix, Ariz. 212-282-5350; www.avonrunning.co

#### EAST

Connecticut, Delaware, Massachusetts, Maryland, Maine, New Hampshire, New Jersey, New York, No. Virginia, Pennsylvania, Rhode Island, Vermont

October 1. Maine Marathon, Relay & Half-Marathon, Portland. 207-741-2084; email: marathon@maine.rr.com

October 1. USATF NE Championships/Ro-Jacks Run 5 Mile, Attleboro, Mass. USATF NE, PO Box 1905, Brookline, MA 02446. 617-566-7600; www.usatfne.org

October 1. Jersey Shore Half-Marathon, Gateway National Recr. Area Park, Sandy Hook, N.J. 732-222-1348.

October 1. Syracuse Festival Of Races Men's 5K and Women's 5K, Syracuse, N.Y. Dave Oja, 315-446-6285; fax: 449-2222; www.festivalofraces.com

October 1. Wineglass Marathon, Bath-Coming, N.Y. 800-284-3352, x66; www. WineglassMarathon.com

October 8. Tufts Health Plan Women's 10K, Boston, Mass. 888-767-RACE.

October 8. Chancellor Challenge 100K, Boston, Mass. Dave McGillivray, 978-774-3842; fax: 774-8893; ww.chancellorchallenge. org

October 8. Steamtown Marathon, Scranton, Pa. Bill King, 570-963-7864; fax: 348-3564; email: kingwf@ns.neiu.k12.pa.us

October 8. USATF NJ Masters Men's 8K & Women's 5K Cross-Country Championships, Deer Path Park, Readington. 732-296-0006; www.usatf.org/assoc/nj

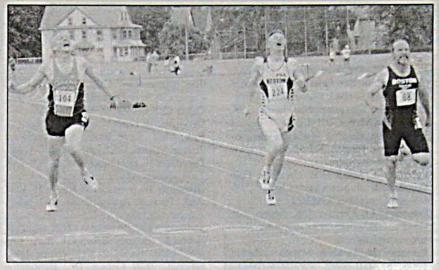
October 14. Greater Hartford Marathon, Half-Marathon Relay, & 5K, Hartford, Conn. 860-652-8866; www.hartford marathon.com

October 14. Avon RRCA Women's 5K Series, Pittsburgh, Pa. John Harwick, 348 Morris St., Clymer, PA 15728. 724-254-2369.

October 14. Oysterfest Supervisors 5K, Oyster Bay, N.Y. 9 am. Mike Polansky, 516-349-7646.

October 15. NYRRC Staten Island Half-Marathon, NYC. 212-423-2292; www.nyrrc. org

October 15. Atlantic City Marathon. #10 SASE to AC Marathon, PO Box 2181, Ventnor, NJ 08406-0181. Barbara Altman, director. 609-601-1RUN; fax: 823-7694; www.virtualac.com



ROGER PIERCE

Mixed age-group 400 race (I to r): Richard Hamner, 55, 58.08; Ralph Souppa, 53, 57.96; and Tom Cunningham, 50, 57.84, 2000 USATF East Regional Masters Championships, Springfield, Mass.

October 15. Mohawk Hudson River Marathon, Schenectady to Albany. MHRM, PO Box 29, Guilderland, NY 12084. 518-435-4500; http://crisny.org/users/hmrrc/ index.html

October 15. Army 10 Miler, Washington, D.C. 202-685-3361; www.armytenmiler.com

October 22. BayState Marathon & Half-Marathon, Tyngsboro, Mass. BayState Marathon, 26 Groton St., Pepperell, MA 01463. www.baystatemarathon.com

October 22. Marine Corps Marathon, Washington, D.C. Rick Nealis, director, POB 188, Quantico, VA 22134. 800-RUN-USMC; www.marinemarathon.com

October 22. Mayor's Cup 8K, Boston, Mass. Steve Vaitones, 617-566-7600.

October 28, USATF NJ Masters Women's 5K & Men's 8K Cross-Country Championships, Deer Path Park, Readington. See Oct. 8.

October 28. Seaside 10 Mile & 5K, Ocean City, Md. Special Events, 200-125th St., Ocean City, MD 21842. 410-250-0125.

October 29 USATF NE Championships/Cape Cod Marathon, Falmouth, Mass. 508-540-6959; www.capecodmarathon.com; USATF NE, 617-566-7600.

November 4. JFK 50 Mile, Boonsboro, Md. Michael Spinnler, 301-739-7004; fax: 733-0097.

November 5. New York City Marathon, NYRRC, 9 E. 89th St., NY, NY 10128. 212-860-4455; www.nyrrc.org

November 5. Alan Ranofsky 10K, Coconut Creek, Fla. 954-970-9634(h); fax: 970-0382. November 5. Zoo Run for Wildlife 10K, Philadelphia, Penn. Allison Walker, Philadelphia Zoo, 3400 W. Girard Ave., Philadelphia, PA 19104. 215-243-4375.

November 11. Pittsylvania Cross-Country Challenge, Frick Park, Pittsburgh, Pa. 2K/4K/8K. John Harwick, 348 Morris St., Clymer, PA 15728. 724-254-2369.

November 12. Brooks Pharmacy Ocean State Marathon, Warwick-Providence, R.I. OSM, 5 Division St., East Greenwich, RI 02818. 401-885-4499; email: OSM26@ IDS.net; www.OSM26.com

November 12. Nasdaq Veterans Day 10K, Washington, D.C. www.runwashington.com November 12. MADD Dash 8K, New Haven, Conn. M.S. Running Productions, 46-2A Cherry Hill Dr., Bridgeport, CT 06606. 203-374-6433.

November 19. Philadelphia Marathon. PM, Memorial Hall, PO Box 21601, Philadelphia, PA 19131. 215-685-0054; www.philadelphia marathon.com

November 23. NYRRC Turkey Trot 5 Mile, Prospect Park, NYC. See Nov. 5.

November 23. 64th Manchester 5 Mile, Manchester, Conn. SASE to MRR Committee, PO Box 211, Manchester, CT 06040-0211. 860-649-6456; www.manchesterroad race.com

November 25. NYRRC Knickerbocker 60K, Central Park, NYC. See Nov. 5.

November 26. Robs Run 5K, Syosset, L.I., N.Y. 516-349-9157.

December 10. USATF NJ Masters 10 Mile Championships, Picatinny Arsenal, Rockaway Twp., 11:00 am. 732-296-0006; www.usatf.org/assoc/nj

December 17. Ho Ho Ho Holiday 5K Run, Bethpage, L.I., N.Y. 561-349-9157.

December 30. Greenbelt 20 Miler & 10 Miler, Greenbelt, Md. DCRRC, POB 1352, Arlington, VA 22210-0652. 703-241-0395.

December 31. NYRRC Runner's World/Asics Midnight Run 5K, Central Park. 212-860-4455; www.nyrrc.org

December 31. Asbury Park Polar Bear 5 Mile & 10 Mile RW, Sunset Park Convention Hall, Asbury Park, N.J. Elliott Denman, 732-222-9080; Elliottden@aol.

April 16. 105th Boston Marathon. Entries accepted to March 1, 2001, or until maximum field of 15,000 is reached. 508-435-6905; www.bostonmarathon.org

#### SOUTHEAST

Alabama, Florida, Georgia, N. Carolina, S. Carolina, Tennessee, Virginia

October 1. Naples On The Run 20K, Naples, Fla. NOTR 20K, 2128 9th St. N. Naples, FL 34102. 941-434-9786.

October 8. Disney's 10K Classic, Orlando, Fla. 407-898-1313; www.track shack.com

October 14. Peachtree City Classic 15K/ RRCA National Championships, Peachtree City, Ga. Richard Horning, 770-487-5280; www.peachcity.com/runclub/ race.htm

October 21. Governor's Cup Half-Marathon, Columbia, S.C. 803-929-1996; www.carolinamarathon.org

October 21. Bob Fine 15K, Tradewinds Park, Coconut Creek, Fla. 954-970-9634 (h); fax: 970-0382.

November 4. Delchamps Senior Bowl Charity/USATF Men's 10K Championships, Mobile, Ala. 334-438-2276; www. seniorbowl.com

November 18. Richmond Marathon & 8K, Richmond, Va. 804-673-RACE; www.rich mondmarathon.com

November 18. Avon Running Circuit 10K & 5K, Tampa, Fla. 212-282-5350; www. avonrunning.com

November 23. Outback Distance Classic Half-Marathon, Jacksonville, Fla. 904-739-1917; www.1stplacesports.com

November 23. Atlanta Marathon & Half-Marathon. 404-231-9064; www.atlanta trackclub.org

November 23. St. Petersburg Times Turkey Trot 10K & 5K, Clearwater, Fla. Skip Rogers, 727-442-5838; www.runwestflorida .com

November 26. Space Coast Marathon & Half-Marathon, Melbourne, Fla. Linda Thompson, 321-454-4352(h); 459-2444(w); linathom@aol.com

December 3. First Tennessee Memphis Marathon. 1000 limit. 800-893-RACE; www.runmemphis.com

December 3. Fulcrum Raleigh Marathon, Relay, & 5K, Raleigh, N.C. www.raleighm arathon.com

December 9. Huntsville Times Rocket City Marathon, Huntsville, Ala. RRCA Southern Region Championships. Malcolm Gillis, 1001 Opp Reynolds Rd., Toney, AL 35773. 256-828-6207; www.HuntsvilleTrackClub. org

December 10. Hops Marathon By The Bay, Tampa Bay, Fla. HM, PO Box 1881, Tampa, FL 33601-1881. 813-229-7866; www.doit sports.com/Hopsmarathon

December 16. Jacksonville Marathon, Half-Marathon, & 5K. 904-739-1917; www.1st placesports.com

January 7. Walt Disney World Marathon & Half-Marathon, Orlando. Register online at runningnetwork.com or disneyworldsports.com

**January 20.** Charlotte Marathon & Relays, Charlotte, N.C. 704-358-0713; www.runforpeace.org

January 21. Florida Gulf Beaches Marathon & Relay. 727-347-4440; 888-LIV-2RUN; www.floridamarathon.com

February 3. Pomoco Group Hampton Coliseum Half-Marathon & 5K, Hampton, Va. 757-728-3235; www.hampton.va.us/ coliseum

February 17. Myrtle Beach Marathon, Myrtle Beach, S.C. 843-293-7223; www. coastal.edu/mbmarathon

February 24. Blue Angel Marathon, Half-Marathon, & 5K, Pensacola, Fla. 850-452-4391; www.sigmeupsports.com

#### MIDWEST

Illinois, Indiana, Kentucky, Michigan, Ohio, Wisconsin, West Virginia

October 1. Fox Cities Marathon & Relay, Half-Marathon, & 5K (Sept. 30), Appleton, Wisc. Fox Cities Marathon, PO Box 1315, Appleton, WI 54912-1315. Toll Free Hotline: 877-230-7223; www.foxcitiesmara thon.org

October 7. Cinergy Indianapolis Marathon & Half-Marathon, Indianapolis. 317-578-2388; www.indianapolismarathon.com

October 15. Avon Running Circuit 10K & 5K, Cincinnati, Ohio. 212-282-5350; www. avonrunning.com

October 15. Detroit Free Press/Flagstar Bank International Marathon. FPM, 600 W. Fort St., Detroit, MI 48226. 313-222-6676; www.freep.com/marathon

October 22. Chicago Marathon. CM, PO Box 5709, Chicago, IL 60680-5709. 312-

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904-9800; 888-243-3344; www.chicagomarathon.com

October 22. Louisville Marathon, Half-Marathon & 10K. Phil Jones, 7910 Albrecht Circle, Louisville, KY 40241. Email: pjones3@bellsouth.net; cherokeeroadrun ners.org

October 29. Columbus Marathon, Columbus, Ohio. Mike Collins, 614-794-1566; www.columbusmarathon.com

**December 2.** Kentucky 50 Miler, Louisville. Pet Schuler, 502-893-9521; www.cherokeeroadrunners.org

#### **MID-AMERICA**

Colorado, Iowa, Kansas, Minnesota, Missouri, New Mexico, N. Dakota, Nebraska, S. Dakota

October 1. Avon Running Circuit 10K & 5K Walk, Kansas City, Mo. 212-282-5350; www.avonrunning.com

October 1. Sun Healthcare Duke City Marathon, Half-Marathon, & 5K, Albuquerque. Matt Segura, 1815 Solano N.E., Albuquerque, NM 87110. 505-265-4580; www.dukecitymarathon.com

October 7. Hobo Day 5K, Brookings. Steve Britzman, 319 5th Ave., Brookings, SD 57006. 605-697-9058; www.brookings.com/ striders

October 14. 38th Annual Jackrabbit 15 (15.202 miles) & Jackrabbit Relays, Brookings. Shari Landmark, Wellness Director, SDSU, PO Box 2820, Brookings, SD 57007. 605-688-5386...

October 14-15. Spirit Of St. Louis Marathon, Relay & 5K (14th), St. Louis, Mo. 314-725-9880; www/stlouismarathon.com

October 21. USATF Minnesota Open & Masters 10K & 5K Championships, U. of Minn. Golf Course, St. Paul. USATF MN, 5429 Wooddale Ave., Edina, MN 55424. 952-920-0558.

October 29. The Rib Run Marathon, Half-Marathon, & 5K, Kansas City, Mo. 816-331-4286; www.kcpl.com

November 11. Rim Rock Run VIII, 37K, Grand Junction, Colorado. SASE: Elaine Peterson, Rim Rock Run VIII, PO Box 3685, Grand Junction, CO 81502. 970-243-4055; www.rimrockrun.org

#### SOUTHWEST

Arkansas, Louisiana, Mississippi, Oklahoma, Texas

October 1. Arkansas Marathon, Malvern. 501-337-0007; www.arkansasrunner.com October 7. Tulsa Zoo 10K & 5K, Tulsa, Okla. 918-669-6635; www.tulsazoo.org

October 7. Arkansas Traveller 100 Mile, Perryville. Charles Peyton, 501-225-6609; cpeyton@aristotle.net

October 14. USATF Arkansas Open & Masters Cross-Country Championships, Fayetteville. Shellie Morrison, 501-444-8626; smorris@tcac.net

October 14. Longest Causeway 5K & 10K, Port Isabel, Texas. 800-527-6102.

November 4. White Rock Half-Marathon & 5K, Dallas. Larry Martin, PO Box 12764, Dallas, TX 75225. www.cccd.org

November 5. San Antonio Marathon. SASE to SAM, 1123 Navarro, San Antonio, TX 78205. 210-246-9652. http://samarathon.org. November 11. Dusty Fun Run 5K & 10K, Texas A&M International U., Laredo. Michelle Alexander, 956-326-2175; fax: 326-2174

December 10. Dallas White Rock Marathon. Bob Luchsinger, 214-467-3369; www.white rock-marathon.com **December 16.** Larry Fuselier State Championships 25K, New Orleans. Chuck George, NOTC, 504-482-6682; www.run NOTC.org

January 13. The Wall 30K & 15K State Championships, New Orleans. Chuck George. NOTC, 504-482-6682; www.runNOTC.org January 13. Mississippi Marathon & 10K, Clinton. Jim Myrick, 601-856-9884.

January 14. Houston Marathon, Houston, Texas. David Hannah, 713-957-3453; www. houstonmarathon.com

February 4. Mardi Gras Marathon, Half-Marathon, & 5K, New Orleans. NOTC, 504-482-6682; www.runNOTC.org

February 10. Conoco 10K Rodeo Run, Houston, Texas. 713-293-4395; www.rodeo run.conoco.com

February 18. Motorola Marathon, Austin, Texas. 877-601-6686; www.MotorlaMara thon.com

#### WEST

Arizona, California, Hawaii, Nevada

October 1. Sacramento Marathon. SM, PO Box 995, Dixon, CA 95620. starlite99@aol. com

October 8. Lake Tahoe Marathon, Lake Tahoe, Calif. Les Wright, 530-544-7095; www.laketahoemarathon.com

October 15. Humboldt Redwoods Marathon & Half-Marathon, Weott, Calif. Sharon Powers, 707-443-1220; www.northcoast.com/-hrm

October 15. Arturo Barrios Invitational 10K & 5K Run/Walk, Chula Vista, Calif. Brent McDuffie, Elite Racing, 5452 Oberlin Dr., Ste. B, San Diego, CA 92121. 858-450-6510. October 22. San Joaquin Valley Marathon & Team Relay, Fresno, Calif. Paula Castadio, San Joaquin Valley Marathon, 1544 Van Ness, Fresno, CA 93721. 559-266-1800; fax: 650-1880.

October 22. Inland Empire Race For The Cure 5K, Temecula, Calif. Race info & entry form: 909-600-7156. Kinane Events, 760-434-7706; lisa@kinaneevents.com

October 29. Silicon Valley Marathon, San Jose, Calif. 831-477-0965; www.svmara thon.com

October 29. Champions Run For Children, Kezar Stadium, Golden Gate Park, San Francisco, Calif. Register at www.rhodyco. com or call 415-759-2690.

November 4. SBAA/S.B. News Press Half-Marathon, Santa Barbara, Calif. John Brennand, 805-964-2591; www.newspress.com November 5. Santa Clarita Marathon & Half-Marathon, Santa Clarita, Calif. 888-823-3455; www.scmarathon.org

November 11. CPVA Seal Beach 5K Run/Walk & 10K, Seal Beach, Calif. Finish Line International, 7846 Connie Dr., Huntington Beach, Calif. CA 92648, 714-841-5417; www.nealand.com/finishline

November 12. Isuzu Long Beach Marathon, Long Beach, Calif. 562-590-8686; www. longbeachmarathon.com

November 12. New Times 10K & 5K, Phoenix, AZ. Stacy Underwood, 602-229-8504; www.phoenixnewtimes.com/10K

November 18. AMCS 16th annual Jet To Jetty 5K & 10K, Dockweiler Beach, Playa del Rey, Los Angeles, Calif. 310-670-1410.

November 23. Ocean Spray Dana Point Turkey Trot 10K, 5K, & Masters (40+) 5K, Dana Point Harbor, Calif. Beaching & Control of the Point Plays of the Plays o

Turkey Trot 10K, 5K, & Masters (40+) 5K, Dana Point Harbor, Calif. Race info & entry forms: 949-496-1555. Kinane Events, 760-434-7706; lisa@kinaneevents.com

November 26. Run To The Far Side XV 10K & 5K, San Francisco. 415-759-2690.

December 3. Jim Click Tucson Marathon, Half-Marathon, & Relay. 520-320-0667; www.tucson.marathon.com

December 3. California International Marathon, Sacramento. John Mansoor, 916-983-4622; www.runcim.org

December 3. Western Hemisphere Marathon, Culver City, Calif. Jack Nakanishi, Culver City Recr. Dept., 4117 Overland Ave., Culver City, CA 90230. 310-253-6668.

December 10. Lasse Viren 20K, Pt. Mugu St. Park, Calif. Steve Blum, 505 Briarwood Terrace, Ventura, CA 93001. 805-652-1744. December 10. Honolulu Marathon. 808-734-7200; www.honolulumarathon.org

December 10. Avon Circuit 10K & 5K Run/ Walk, Phoenix, Ariz. 212-282-5350; www. avonrunning.com

January 13. Paramount 10K Run & Racewalk (judged), Paramount (L.A. suburb), Calif. SASE to Finish Line International, 7846 Connie Dr., Huntington Beach, CA 92648. 714-841-5417; www.nea land.com/finishline

January 21. San Diego Marathon & Half-Marathon, Carlsbad, Calif. Motion, Inc., Dept. RT, 511 S. Cedros Ave., Solana Beach, CA 92075. 858-792-2900; imisdm@aol.com February 4. 35th Las Vegas Marathon & Half-Marathon. 5K Friendship Run on Feb. 3. Las Vegas Marathon, PO Box 81262, Las Vegas, NV 89180. Phone/ fax: 702-876-3870; www.lvmarathon.com

March 4. City of Los Angeles Marathon. William Burke, 310-444-5544; www.lamara thon.com

#### **NORTHWEST**

Alaska, Idaho, Montana, Oregon, Utah, Washington, Wyoming

October 7. St. George Marathon, St. George, Utah. Carlene Barone, 435-634-5850, x22; fax: 634-0709; www.stgeorge marathon.com

October 1. Portland Marathon. PM, PO Box 4040, Beaverton, OR 97076. Hotline: 503-226-1111; email:info@portlandmarathon.org; www.portlandmarathon.org November 11. USATF Inland Northwest Cross-Country Championships, Ephrata, Wash. Joe McManus, 509-754-4251.

November 26. Seattle Marathon & Half-Marathon. Louise Long, 206-729-3660; www.seattlemarathon.org

#### CANADA

October 15. Canadian International Marathon & Half-Marathon, Toronto. Jay Glassman, 416-972-1062; www.RunToronto.com October 22. Casino International Marathon & 4-Person Relay, Niagara Falls, Canada. Niagara Falls V&C Bureau, 5515 Stanley Ave., Niagara Falls, Ont., Canada L2G 3X4. 800-56-Falls; www.niagarafallstourism.com

#### INTERNATIONAL

October 15. Bejing International Marathon, Half-Marathon, 5K & 10K (15th). China-U.S. Sports Symposium (16th-19th). Vera Horner, 8828 N. Central Ave., Suite 206, Phoenix, AZ 85020-2851. 602-906-8886; www.globalinteractions.org October 22. Venice Marathon, Italy. Marathon Tours, 800-444-4097; www.marathontour.com

October 30. Dublin City Marathon, Ireland. Marathon Tours, 800-444-4097; www.mara thontour.com

November 5. Athens Marathon, Greece. Marathon Tours, 800-444-4097; www.marathontour.com

December 3. Grand Pacifico Marathon &



JERRY WOJCIK

Barbara Acosta, W40 winner in the 5000 and 10,000 National Masters Championships, Eugene, Ore., Aug. 10-13.

Half-Marathon, Mazatlan, Mexico. Bill Ligas, Barton Beers, Ltd., 312-346-9200; www.marathon.org

January 28, 2001. Millennium Marathon, Hampton City, New Zealand. +2-person marathon relay, 10K funrun/funwalk. www.active.com.

#### RACEWALKING

October 1. USATF National Masters One Hour RW Championships, Worcester, Mass. Justin Kuo, 39 Oakland Rd., Brookline, MA 02445. 617-731-9889. kvo@world.std.com. October 7. One-Hour National Postal Walk, Central Park, Plantation, Fla. Daniel Koch, FAC-Walkers, 3331 NW 22nd St., Coconut Creek, FL 33066. 954-970-9634(h); fax: 970-0382.

October 14. USATF National Masters 5K RW Championships, Kingsport, Tenn. Bobby Baker, 318 Twinhill Dr., Kingsport, TN 37660. 423-349-6406. bbaker@preferred.com.

October 14-15. American Walking Association Walkers Racing Camp, Boulder, Colo. AWA, PO Box 20491, Boulder, CO 80308. 330-3938-9531; email: americanwalk.org

October 15. Sherwood Foundation East Side 5K Home Run/NCCWAVA 5K Racewalk Championships, Providence, R.I. M45 & W35. Russ Wolfgang-Smith, 401-943-1123; email: sherwood@ids.net; www.sherwoodfoundation.org.

October 21. Bob Fine International 15K Florida State RW Championships/North American WAVA Championships & 5K Open RW. Tradewinds Park, Coconut Creek, Fla. See Oct. 7.

November 5. Alan Ranofsky 10K Invitational/Florida State Championships/Southeast Region Championships & 5K Open RW, Coconut Creek, Fla. 954-970-9634(h); fax: 970-0382.

November 18. USATF South Region One-Hour RW Championships, Myrtle Beach, S.C. J/O/M. All regions accepted. John W. Snaden, 926 Sherwood Dr., Florence, SC 29501. 843-665-4396.

## **RECIPIENTS OF ALL-AMERICAN AWARDS**

Marek Wensel	60m	7.16	3-26-00
M35-39			
Phil Bedford	6000	14:54.11	8-10, 13-00
Mike Menning	800	2:03.95	8-10-00
Tim O'Nell	P. Paris	2782	8-10,13-00
Deen Jenz	3000	0:31.64	7-1-00
H40-45			
Dave Albo	1500	4:20.8	8-13-00
David Bradley	800	2:04.04	6-10-00
Mark Carver	800	2:04.36	8-10, 13,00
Marty Horan	Mile	4:47.41	8-11-00
Steve Hulet	800	2:05.66	8-10, 13-00
Section Africa March 1	1500	4:12.82	8-10, 13-00
Doug Johnson	1500 RW	6:06.1	7-22-00
James Singleton	TJ	12.10	0-24-00
M45-49			
Gregg Horner	8K	16:35	8-20-00

M50-64			
Stephen Betes	200	26:22	6-4-00
Elahi B-Muhammad	SP	44-4	8-10-00
Richard Sorin	D	46-78	8-12-00
Douglas Watson		3311	8-10-00
Charles and Consulation		148	8-10-00
M85-69	STATE OF THE PARTY.		
Richie Gelsei	6000	17:42.31	8-10, 13-00
	1500	4:48.82	8-10, 13-00
John Leng	J	138	8-1-00
Alex Meyer	1	136-6	8-17-00
Leon Savense	400	80.68	7-30-00
M80-84	STATE OF		
Bobby Flecher	800	2:33.34	8-12-00
John Lang	THE PERSON	44.60	8-13-00
Raymond Labowitz	100	13.2	7-20-00
Abe Underwood	2K ac	0:23	8-1, 13-00
Rich White	2K ec	10:21.03	8-11-00
M79-74			- Training 8 114
Don Bramante	400	1:14.85	8-10, 13-00

				Name and Address of the Owner, where the Owner, which the Owner, where the Owner, which the			
Bob Koch Robert Leisheer	10K H WP	46:27 30.84 2052	8-13-00 9-4, 5-90 9-4, 5-99	W45-49 Debra Flores Eleine Triplett	SK SK	20:50	8-20-00 8-20-00
Jerry Wojcik	WT SW	8.76 8.76	0-11-00 0-11-00	WSQ-E4 Brenda Matthews	100	14.70	8-11-00 8-12-00
M75-79 Ernie MecDonald Gilbert Young	HJ 800	3:34.69 1.20	7-0-00 8-12-00	Mercelle Peuil Teri Van Cott	LJ 400 6K	3.50 1:16.84 19:30	8-11-00 6-30-00 8-20-00
W30-34 Silver Lumedaine Meliase Marated Jill Zechary	SK SK SK	10:50 10:01 10:12	8-20-00 8-20-00 8-20-00	WSS-E9 Suzenne Franco Suzy Hess	10K WT SW	60:46 6.17 6.17	8-6-00 9-11-00 9-11-00
W35-39 Susan Petronio Mariann Thomas	SK SK	10:46	8-20-00 8-20-00	Walda Tichy Wall-84 Joanne Elliott	20K RW	2:14:01	
W40-44 Dienne Hell Kimberley Harrell	SK SOm hh	20:06 14.46	0-20-00 8-11-00	W70-74 Joyce Bahler Melicent Whinston	SOOO LJ	1:06:40 20:00.40 7-8	8-13-00 8-10, 13-00 7-8-00

U	S. I	MAS	TE	RS A		AMI		CAN	STA	AND	ARI	DS	13
Event	30-34	35-39	40-44	45-49	50-54	OR ME 55-59	60-64	65-69	70-74	75-79	80-84	85-89	906
55	6.8	6.9	7.1	7.2	7.4	7.9	8.1	8.4	8.9	9.4	10.4	11.8	
60	7.4	7.55	7.7	7.85	8.05	8.5	9.0	9.25	9.5	10.0	11.2	12.8	
100	11.0	11.3	11.5	11.9	12.2	12.6	13.2	13.8	14.6	16.0	18.0	23.0	
200	22.4	23.2	23.8	24.6	25.5	27.0	27.9	29.5	32.0	35.0	40.2	52.0	
Mary Comment	51.5	52.5	53.8	56.0	57.5	62.0	65.0	69.0	75.0	88.0	98.0	120.0	
400	2:02	2:04	100			2:25	2:35		3:06	3:35	3:55	4:30	
800		130	2:06	2:11	2:16			2:45		100/			
1500	4:20	4:22	4:24	4:35	4:45	5:10	5:20	5:45	6:30	7:20	8:10	9:20	
Mile	4:40	4:40	4:50	5:00	5:10	5:30	6:00	6:15	6:55	8:20	8:45	10:15	14
3000	9:25	9:40	10:00	10:25	10:45	11:15	11:50	12:45	13:40	15:50	19:10	23:002	25:1
5000	15:45	16:00	16:15	16:45	17:30	18:25	19:30	21:00	23:30	26:00	29:00	32:30	
10000	32:30	32:50	33:30	36:00	38:00	39:00	40:30	44:00	48:30	54:30	61:15	68:30	
- 55H	8.6	8.7	9.0	9.5	10.0	10.3	10.6	10.9	11.2	11.6	12.5		
60H	9.0	9.3	9.4	9.8	10.3	10.6	10.9	11.1	11.4	12.0	13.6		
110H	15.4	16.5	17.8	18.8									
100H	VI ON				18.0	19.0	20.0	21.0					
80H									18.0	21.0	25.0	30.0	
400H	58.0	60.0	62.0	64.0	68.0	71.0				S DIVINI			
300H	-	No. of Street	A Long	CHANG.	48.0	51.0	55.0	60.0	67.0	75.0	85.0	95.0	
3K-SC	10:10	10:30	11:45	12:40	13:30	14:00	Name of	September 1	Name of	Silvery of	Mond	The second	
2K-SC	10.10	10.00		15	State of		9:30	10:30	12:00	14:00	16:30	19:30	
and the second	1.90	1.85	1.76	1.68	1.60	1.50	1.45	1.38	1.25	1.15	1.00	0.80	
Н	6-21/4	6-3/4	5-91/4	5-6	5-3	4-11	4-9	4-61/4	4-11/4	3-91/4	3-31/4	2-71/2	
-				Control of the last of the las						100			
PV	4.40	4.10	3.95	3.70	3.55	3.05	2.70	2.40	2.30	2.00	1.80	1.30	
30.30	14-51/4	13-51/41		12-11/2	11-71/4	10-0	8-101/4	7-101/2	7-61/2		5-101/4	4-31/4	
LJ	6.50	6.10	5.85	5.60	5.40	4.90	4.50	4.20	3.80	3.35	2.85	2.20	
	21-4		19-21/4	18-41/2	17-81/2	16-1/4	14-9			10-11%	9-41/4	7-21/2	
TJ	13.20	12.60	11.50	10.80	10.40	9.50	8.90	8.20	6.96	6.50	5.94	5.51	
THE REAL PROPERTY.	43-31/4	41-41/4	37-81/4	35-51/4	34-11/2	31-2	29-21/1	26-11	22-10	21-4	19-6	19-51/4	92
Shot	14.50	14.02	13.41	12.62	13.10	12.00	12.80		11.00	9.00	8.00	6.00	
	47-7	46-0	44-0		42-11%	39-41/1	42-0			29-61/1	100	19-81/4	
Discus	44.80	42.80	39.50	37.50	42.00	41.00	42.00	39.00	34.00		22.00	15.24	
	147-0	140-5	129-7	123-0	137-9	134-6	137-9	127-11	111-6	85-4	72-21/4	50-0	
dammer	47.24	44.20	40.00	39.00	39.00	36.00	36.00	32.00	30.00	24.00	20.00	17.07	
Selfin St	155-0	145-0	131-3	127-11	127-11	118-1	118-1	105-0	98-5	78-9	65-71/2	56-0	
Javelin	62.00	56.00	48.76	47.00	43.00	41.00	39.00	35.00	31.00	24.00	19.00	14.02	
And the last	203-5	183-9	160-0	154-2	141-1	134-6	127-11	114-10	101-8	78-9	62-4	46-0	
35#Wt.	15.00	14.00	13.00	12.00	10.00	9.00			6.00	5.00	4.00	3.00	
A THE COL		45-11%	42-8	39-41/2	32-91/4	29-61/2			19-81/4	16-41/4	13-11/2	9-10	
25#Wt.	Distributed in	elettik z	albulet	in strain	Manager 1	10000000	11.50	10.00	9.00	7.30	5.30	4.50	
204111							37-81/4			23-111/		14-9	
56#Wt.	9.50	9.00	8.50	8.00	6.00	5.50	5.00	4.50	3.50	3.00	2.50	2.00	
JOH WIL	31-2		27-103/4	26-3	19-81/4	18-1/2	16-41/4	14-9	11-5%	9-10	8-21/2	6-61/4	
Dont				400				No. of Parties				2000	
Pent.	2800	2600	2600	2600	2600	2600	2600	2600	2600	2400	2200		
Decath.	5500	5250	5250	5000	5200	5000	4500	5000	4800	4200	3000	2500	
t. Pent.	2800	2700	2800	3000	3000	3000	3000	3000	2600	2700	3000	3000	
Notes: 1)						e standare	conver		and time		PERMI		
2)		hurdles:		49: 39" 49: 36"		50-59:		60-69:	33";	70+:	30"		
3)	Shot	hurdles:	30-		k (16#);	50-59: 50-59:		60+: 60-69:	5k;	70+:	4k		
5)		s throw:	30-			50-59:			1.0kg				
6)	Hamn	ner:	30-	49: 7.26	k (16#);	50-59:	6k;	60-69:	5k;	70+:	4k		
7)	Javeli			59: 800		60+: dard; feet	600g	nee Heter	day ac-	uanian		ne mai	
9)		ec/Wt.Pe			F pts.; 40						•		

ι	J.S. MA	STER	S ALL-	AMER	ICAN S		RDS OF I	EXCELL	ENCE F	OR RAC	EWALK	ERS
	1.5K	Mile	3K	5K	8K	10K	15K	20K	25K	30K	40K	501
W30	7:13	7:47	14:50	25:38	42:04	52:43	1:21:56	1:52:06	2:24:43	2:59:15	4:08:45	5:37:30
N35	7:22	8:03	15:18	26:27	43:11	53:56	1:23:29	1:53:32	2:26:51	3:01:53	4:12:21	5:42:2
N40	7:37	8:21	15:53	27:26	44:47	55:56	1:26:37	1:58:06	2:32:33	3:08:56	4:22:13	5:55:4
N45	8:03	8:41	16:32	28:33	46:35	58:10	1:30:08	2:03:00	2:38:56	3:17:00	4:33:31	6:11:2
N50	8:25	9:05	17:15	29:49	48:36	1:00:41	1:34:08	2:08:30	2:46:11	3:26:08	4:46:23	6:29:0
N55	8:55	9:31	18:05	31:14	50:54	1:03:33	1:38:40	2:14:48	2:54:26	3:36:33	5:01:03	6:49:2
V60	9:17	10:01	19:01	32:51	53:32	1:06:50	1:43:51	2:21:54	3:03:54	3:48:29	5:17:54	7:12:4
N65	9:48	10:35	20:06	34:43	56:33	1:10:37	1:49:50	2:30:12	3:14:51	4:02:20	5:37:25	-7:39:4
N70	10:26	11:15	21:22	36:54	1:00:02	1:15:01	1:56:49	2:39:54	3:27:38	4:18:30	6:00:18	8:11:3
N75	11:10	12:01	22:51	39:28	1:04:10	1:20:14	2:05:05	2:51:18	3:42:50	4:37:46	6:27:35	8:49:2
V80	12:03	12:58	24:41	42:37	1:09:13	1:26:38	2:15:15	3:05:24	4:01:36	5:01:39	7:01:26	9:47:3
N85	13:13	14:15	27:05	46:45	1:15:50	1:35:01	2:28:37	3:24:00	4:26:20	5:33:10	7:46:16	10:39:1
W90	14:56	16:06	30:36	42:14	1:25:30	1:47:18	2:48:13	3:51:12	<b>DOMESTIC</b>			
					Charles and	100 Per	MEN					
M30	6:31	7:01	13:21	23:05	37:57	47:49	1:13:10	1:38:18	2:05:12	2:32:17	3:27:30	4:31:0
M35	6:43	7:14	13:47	23:46	38:55	48:53	1:14:28	1:39:43	2:06:56	2:34:14	3:30:17	4:34:5
M40	6:58	7:29	14:16	24:24	40:15	50:32	1:17:03	1:43:13	2:11:29	2:39:47	3:37:53	4:44:4
M45	7:13	7:46	14:47	25:31	41:44	52:25	1:19:58	1:47:10	2:16:35	2:46:05	3:46:36	4:56:2
M50	7:33	8:05	15:23	26:33	43:25	54:32	1:23:14	1:51:37	2:22:20	2:53:13	3:56:29	5:09:2
M55	7:50	8:26	16:04	27:43	45:19	56:55	1:26:56	1:56:38	2:28:52	3:01:19	4:07:41	5:24:2
<b>M60</b>	8:13	8:51	16:50	29:02	47:28	59:38	1:31:10	2:02:23	2:36:20	3:10:33	4:20:30	5:41:2
M65	8:38	9:19	17:43	30:33	49:56	1:02:45	1:36:01	2:08:58	2:44:53	3:21:11	4:35:15	6:01:0
M70	9:08	9:50	18:44	32:18	52:46	1:06:21	1:41:37	2:16:35	2:53:56	3:33:31	4:52:23	6:23:5
M75	9:43	10:28	19:55	34:20	56:04	1:10:35	1:48:13	2:25:34	3:05:02	3:48:05	5:12:40	6:50:5
M80	10:26	11:14	21:22	36:50	60:06	1:15:44	1:56:15	2:36:31	3:20:50	4:05:57	5:37:34	7:24:1
M85	11:21	12:13	23:14	40:04	65:20	1:22:26	2:06:43	2:50:48	3:39:31	4:29:18	6:10:11	8:07:5
M90	12:41	13:39	25:58	44:45	72:52	1:32:08	2:21:52					9:11:3

BIC.	J.	S. M	ASTI	EKS	ALL	-AIVI or wo	EKI	CAN	SIA	NUA	KD2	
Event		30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84
100		13.8	14.1	14.4	15.0	15.5	16.4	16.8	18.6	19.8	22.0	25.0
200		28.0	28.8	30.0	31.6	33.0	35.0	37.0	39.0	42.0	48.0	52.0
400		63.5	65.5	68.0	70.0	78.6	80.0	83.0	84.0	86.0	98.0	104.0
800		2:33	2:35	2:40	2:46	2:54	3:10	3:20	3:36	3:56	4:30	5:40
1500		5:10	5:20	5:30	5:40	6:00	6:20	6:45	7:30	8:00	8:50	10:10
Mile		5:40	5:50	6:10	6:30	6:50	7:00	7:40	8:10	8:50	9:40	10:45
3000		11:30	11:50	12:00	12:30	14:00	14:30	15:00	16:00	18:30	20:00	23:00
5000		19:45	20:15	21:00	22:00	23:30	24:50	26:00	28:00	30:00	34:00	36:00
10000		41:30	42:40	44:00	48:00	50:00	52:00	56:00	60:00	66:00	76:00	85:00
100H		17.2	18.2	State State		1200	FILMS.	ALC: YES	CHECK NO.		A COST	
80H			NAME OF THE OWNER, OWNE	15.0	15.8	16.5	17.6	18.7	20.2	22.2	25.0	28.0
400H		75.0	79.0	84.0	88.0							<b>Mark</b>
300H						66.0	72.0	79.0	87.0	96.0	110.0	120.0
HJ		1.40	1.35	1.27	1.22	1.12	1.07	1.02	0.97	0.92	0.89	0.84
		4-7	4-5	4-2	4-0	3-8	3-6	3-4	3-21/4	3-01/4	2-11	2-9
PV		2.70	2.40	2.10	1.80	1.50	1.20	1.10	1.00	0.90	0.80	0.70
		8-101/4	7-101/2	6-10%	5-10%	4-11	3-111/4	3-71/4	3-31/4	2-111/2	2-7/2	2-31/2
W		4.60	4.42	4.04	3.81	3.40	3.20	3.10	2.60	2.30	2.10	1.50
	179	15-1	14-6	13-3	12-6	11-11/4	10-6	10-2	8-61/4	7-61/2	6-10%	4-11
TJ		9.50	9.09	8.43	7.49	7.01	6.40	6.20	6.00	5.50	4.50	3.89
		31-2	29-10	27-8	24-7	23-0	21-0	20-41/4	19-81/4	18-1/2	14-9	12-9
Shot		10.30	9.32	8.51	8.40	8.00	7.77	7.50	6.60	6.00	5.20	4.30
and the same		33-91/2	30-7	27-11	27-61/4	26-3	25-6	24-71/4	21-8	19-81/4	17-1/4	14-17
Javelin		35.00	33.50	28.00	25.00	23.00	22.15	20.00	17.00	16.00	15.00	12.00
discussion.		114-10	109-11	91-10	82-0	75-51/2	72-8	65-71/2	55-91/4	52-6	49-21/2	39-41
Discus	20	32.00	30.00	25.00	24.00	22.00	21.00	18.00	16.00	14.00	13.00	11.0
		105-0	98-5	82-0	78-9	72-21/4	68-10%	59-1/4	52-6	45-111/4	42-8	36-1
Hammer	2	35.00	32.50	30.00	25.00	23.00	22.00	21.00	18.00	14.00	12.00	9.0
	10	114-10	106-7	98-5	82-0	75-51/1	72-21/4	68-10%	59-1/4	45-111/4	39-41/2	29-6
20#Wt.		10.00	9.00	8.00				2 /2 /2 /				
(plante)	100	32-91/4	29-61/1	26-3	23-0					ALI SERVICE	Total Co.	
16#Wt.		14094				8.00	7.00	6.00	5.54	5.18	5.00	4.75
					The state of	A STATE OF THE STA	22-11%	19-81/4	18-2	17-0	16-41/4	15-7
Sup.Wt.		6.50	6.00	5.50		5.25	5.00	4.75	4.50	4.00	3.50	3.00
		21-4	19-81/4	18-1/2		17-21/4	16-41/4	15-7	14-9	13-11/2	11-5%	9-10
Wt.Pent.		2600	2500	2500	2500	2800	2600	2600	2500	2500	2400	2300
Notes:	1)	100 sta	ndards are	for auton	natic time;	use stand	ard conv	ersion for	hand time	- in which	-	Walter Williams
	2)	Short h	urdles:	30-49:	33";	404						
FINANCE.	3)	Shot pu	t:	30-49:	4k;	504			AL PIE			Cay-
1	4)	Javelin:	THE RESERVE AND ADDRESS OF THE PARTY OF THE	30-49:	600gm;	504	The second second second	m			APPROVED	N. H.
	5)	Hamme		30-49:	4k;	504					100	
	6)		eights and						d for con	venience.		
	7)	Superw	eight:	30-49:	35-lb;	504	F: 25-II	18 Table 12				

#### APPLICATION FOR AN **ALL-AMERICAN CERTIFICATE/PATCH**

NAME	AGE-GROU	P		190 A 32
ADDRESS	SE	X: M_		_F
CITY	STAT	E	_ZIP	N. Nico
MEET	DATE	OF ME	ET_	
MEET SITE		The contract of	10.10	
EVENT	MARK_			B. etc.
HURDLE HEIGHT	WEIGHT OF IMP	LEME	NT_	Mary Common Comm
□ CERTIFICATE	□ PATCH		□ P/	ATCH TAG

- 1. If you have equaled or bettered the standard of excellence, please fill out this application, completely.
- 2. A copy of your results or a note stating in which issue your results appeared MUST accompany this application.
- 3. Please send \$10 for a certificate, \$10 for a patch, and \$10 for a patch tag showing event and year. The cost for both a certificate and patch ordered at the same time is \$15.

  4. Send to: All-American, National Masters News, P.O. Box 50098, Eugene OR 97405.

  5. A 3-color, 8" by 10" certificate, suitable for framing, and/or a 3-color, 3" by 4" patch will be mailed to you within six weeks. Allow eight weeks for a patch tag.

0

Co

W

M4 M5

ME

ME

#### **TRACK & FIELD RESULTS**

Please send results to: National Masters News, P.O. Box 50098, Eugene OR 97405. To keep information current, we generally do not publish results more than 3 months old. Results that are typed (maximum 28 spaces / 21/4" wide) in our format receive preference. Deadline is the 10th of the month prior to issue date.

#### NATIONAL

2000 USATF National Masters Outdoor Pentathlon Championships

2000 USATE National Ma	Field	d, Eug	gene	OR;	Aug. 1	Champ 10	pionsnips
H30 Athlete Name		Points	LJ	JT	200	DT	1500
1 MITTERN TAND	M30	3016	5.86	50.27	24.36	43.62	5:16.53
2 JOACHIM, GBORGE	M30	2682	6.01	35.57	23.84	27.08	4:52.99
3 BARDY, TERRY 4 BAKER, LERRY	M32	2628	5.85	41.33	25.19	26.66	4153.26
6 WALTER, ROBERT	M32	2363	5.82	33.16	25.35	23.02	4:40.31
6 WALTER, ROBERT 7 WILCOX, ROD 8 CHILES, MICHAEL 9 GOOGE, DAUNTE	M34	2362	5.58	39.81	25.11	29.40	5:35.05
S CHILES, NICHAEL	M32	2295	1.84	37.51	25.33	25.20	5,30.85
и35							
1 CAMPATTE CHICK	H39	2982	5.54	54.16	26.09	36.25	5:02.13
2 O'NEIL, TIM	H39	2782	5.86	50.17	25.93	37.38	5:50.42
3 LIGHT, ROB 4 HENDRICKS, CHRISTIA	H37	2374	5.66	38.71	25.58	28.63	5:26.74
S TOOT CREECEN TOWNS	M35	2279	4 71	41.40	27.91	31.50	5:25.29
6 MCKENZIE, JOHN	H35	1988	5.18	POUL	25.90	23.29	4155.95
6 McKenzie, John 7 Lunders, Scott 8 Stone, Jeffrey	H37	1982	4.71	35.50 FOIT.	25.48	11.69	5:12.35
N40							
1 JANUSEY, MICHAEL	H42	3432	5.55	53.30	24.47	35.67	4157.99
2 DYER JOHN	MA 7	3287	5.79	37-76	24.81	35.34	4140.72
4 BLACEBURN, BOB	H44	2692	5.89	30.38	25.07	24.93	5126.85
3 WINKEL, STEPHEN 4 BLACKBURN, BOB 5 WELLS, JAMESON 6 WOODS, BRETT	H43	2022	4.28	34.18	30.19	27.27	5:31.38
6 WOODS, BRETT	H41	2005	5.36	37.10	27.12	25.03	DNP
7 BODSON, GREG	H43	1604	3.99	28.12	30.12	18.45	5150.18
1 KEMP, STEVE	H47	3429	5.43	47.37	25.66	34.75	5:21.19
2 VALLEY BRIAN	MA 5	3214	4-97	49.42	25.99	36.29	3147.83
3 JACQUET-ACEA RUSSELL	M47	2658	4.83	33.31	26.79	24.60	5125.74
4 WATSON, RICHARD	H47	2407	4.42	46.66	31.51	32.46	5:04.05
4 WATSON, RICEARD 5 TIPPING, HIKE 6 MCGILLEN, MATT	H46	2170	4.32	35.18	28.64	24.04	6:18.55
7 KERNAN, JOHN	149	1800	3.92	26-95	30.78	18.89	5:50.09
MSO	1981.8		-672 A				
*CEARLTON, JOEN(GBR 1 TUCKER, JOEN 2 RUSSELL, ALAN	)M53	3588	5.71	38.42	25.58	29.76	4146.76
1 TUCKER, JOHN 2 RUSSELL, ALAN	H50	3555	4.99	34.90	25.61	41.30	5:13.56
3 WATSON, DOUG	M50	3311	4.65	45.28	27.99	35.20	5120.61
BEADLE, RONALD	M51	2900	5.65	27.72	25.24	26.00	6:38.38
5 GRAY, JAMES 6 MIYOSEI, JOSEPH Y 7 REITER, GORDON	M53	2632	4.59	33.16	28.23	26.92	6:01.77
8 WEINSTOCK, BILL 9 TAPT, THOMAS	M53	2532	4.33	31.86	26.60	30.06	6:50.06
10 EISKO, PETER	MSO.	1870	1.60	29.82	31.84	28.32	6:53.81
1 KROODSHA, ROGER	M56	3985	5.26	40.08	26.22	36.48	5,21.11
2 DAVED DODEDO	-	3865	5.04	41.00	25.92	30.66	5:12.29
4 MARTINEC, MILAN	M59	2497	3.73	28.10	30.19	23.27	5144.26
5 KARBENS, JACK	H58	2454	3.49	28.49	30.69	31.23	6:14.48
6 LAMONTHE, GRAFT							
1 PANLIK, ENIL	W61	1000		40 71	27 50	44 97	6.19.17
2 BYRNE, PHIL							6:14.98
3 ROWAH, TERRY	M60	3211	4.24	33.23	29.25	35.03	6:02.82
4 OLEATA, EDWARD	M63	3205	3.92	31.84	28.57	36.65	5154.54
5 LA BARGE, PETER 6 DEAM, ROGER				43.69			7:01.68
H65							
JOHNSON, ROW (NEL)	H68	3186	3.89	29.46	31.55	31.43	6:01.83
1 JANKOVICE, BILL 2 HAIER, DILLOW	M66	3078	4.12	30.20	31.88	33.10	6:52.70
3 FITTEUGE, RATHOND	M65	2559	3.98	30.50	34.26	31.03	8:14-10
2 MAIER, DILLON 3 FITTEUGE, RATHOND 4 CLEVELAND, JIM 5 VANGRAM, CULLY	H66	2317	3.38	26.92	35.25	30.26	7:33.12
5 VAUGRAM, CULLY	H69	2020	3.49	27.81	35.80	24.60	8:36.92
6 NELSON, JOHN	Mes	1567	2.67	21.02	39.14	25.81	8:03.85
1 DAPRANO, WILLIAM	H73	2821	3.21	32.12	33.29	28.62	7155.53
2 PROPST, RAY							8:15.32
1 CARTER, BILL	w77	2576					A STATE OF
I CARIER, BILL		23/6	3.20	24.91	44.01	28.85	7155.49
W35	1	Points	EUR	BJ	SP	W	800
1 COLE-DOW, CATERYN	L W3	9 2552	18.	15 1.45	9.25		
W40							
1 BOPPIE, CARLA	W4	3 2324	18.	5 1.30	9.01	3.46	140.44
2 JOHNSON, LIE	-	4 1347	16.	. 1.1	3.97	POUL :	107.16
1 RASCEKER, PEIL							
2 TROTTO, HARY	WS	3 1583	26.	98 1.00	6.69	2.60	3:15.31
WSS 1 CARTER, AND	-	8 1896	19	30 1.00	6 20	2.97	1.27.67
2 PRIMORE, CATET	WS	7 1804	DNF	1.0	5.92	2.71	126.88
100			- Convers	The second	-	2011	

**USATF National Masters Weight & Superweight Championships** 

Stadium,	Seattle, WA; Sept. 9	
18.10 10.80 14.34 12.52 11.56 11.54	Pay Carstensen Don Hughes M70 Jerry Wojcik M75 Jim Minah M85 Leon Joslin 20# Weight	11.76 9.46 9.65 4.86 5.71
13.06	Debbie Ecklund	8.48
12.70 13.00 11.96	W50 Joyce Taylor W55 Georgia Cutler M	11.64 R10.50 10.05
	18.10 10.80 14.34 12.52 11.56 11.54 13.06 10.76 10.34 12.70 13.00	10.80 14.34 12.52 11.56 11.56 11.56 12.70 13.06 10.76 10.34 16# Weight W50 Joyce Taylor W55 Georgia Cutler M Brenda Bloomfield

56# Su	perweight	
M40 Ke	n Jansson	11.58
Je	ff Crothers	7.70
M50 Tir	m Edwards	9.46
To	dd Taylor	8.28
Во	b Sager	7.54
	ry Kelmenson	7.36
M55 Ge	orge Mathews	7.94
Jol	nn White	6.94
Во	b Cahners	6.74
M60 Did	k Bloomfield	4.76
M65 Pa	y Carstensen	5.88
Ve	rn Spencer	5.52
	b Lawson	5.38
Do	n Hughes	5.14
35# Su	perweight	
	Ty Wojcik	6.76
	on Joslin	4.30
W40 Ca	rla Surina	5.24
De	bbie Ecklund	4.01
25# Su	perweight	
		AR8.39
	orgia Cutter	7.00
	enda Bloomfield	6.82
Su	zy Hess	5.18
	EAST	

Philadelphia AC Masters Weight Meet Germantown Academy; June 11 (corrected results)

(corrected results)
(254/564/984/2004/3004)
Pay Carstensen 68 3197
(12.72/8.32/3.12/1.75/0.96)
Pay Feick 68 1807
(11.94/5.97/2.91/1.18/0.28)
Lev Mozhaev 74
(254/8.75/354/5.08/564/2.51/984/0.96/2004/0.35)
Debble Ektund 40 1772
(2048.63/35/4.04/564/2.41/984/1.62/2004/0.56)
Poz Katz 54 3469
(1649.27/25/6.65/35/3.84/568/2.29/984/1.22)

Carnegie Mellon Univ	
Pittsburgh, PA; Ju	ly 8
M30 Hans Rottmann	4:42
Dan Holland	4:46
George Wehrle	5:03
M35 Dan Sheehan	5:40
Leonard Brown	6:28
M40 Carl Hubel	4:48
Dennis Bierbower	5:12
Greg Zamule	5:56
Bob Freund	6:59
M45 Lee Zelkowitz	5:01
Alan Hill	5:49
Gary Caskey	5:50
M50 Ken Kizynski	5:43
Joe Silverio	6:29
M55 George Carroll	5:35
Bill Plues	6:29
Tom MacMullan	8:24
M65 Elmer Gasper	
	8:08
M75 Sam Madia	8:05

Alexandria, VA;	July 9
100m	CHARLES.
M30 Tony McCray	11.70
M40 Charles Chisley	11.91
M45 Thomas Jones	11.41
M50 Melvin Fields	12.52
M60 Larry Colbert	13.12
W40 Margaret Zalenska	14.40
W80 Carla Convery	24.31
200m	A STATE OF THE PARTY OF THE PAR
M40 Herbert Roper	25.00
M45 Thomas Jones	23.20
M50 Melvin Fields	25.43
M60 Larry Colbert	25.95
M65 Ed Abramic	31.33
M70 James Stookey	28.85
W80 Carla Convery	58.40
400m	Manual I
M30 Marc Goldman	1:08.26
M40 Roy Blackwell	51.13
M45 Robert Bowen	54.84
M50 John Thornton	69.74
M55 Del Meriwether	55.74
M60 Larry Colbert	59.01
M65 Ed Abramic	1:11.82
M70 Don Bramante	1:18.19
800m	
M30 Jimmy Blackman	2:08.31
M35 Lorenzo Nelson	2:11.87
M40 Joe Varone	2:20.36
M45 Roger McCleskey	2:42.88
M50 Jay Wind	2:36.44
M55 Jim Verdier	2:47.11
M65 Ed Abramic	3:01.03

Mile		
M30	Charles Brady	4:54.91
	Lorenzo Nelson	5:24.98
MOS	Lote Adah	5:03.09
M40	John Arbab	
M45	Bruce Hamilton	4:51.18
M50	Jay Wind	5:23.33
MEE	lim Vardier	6:07.34
MOO	Jim verulei	
W30	Jay Wind Jim Verdier Joan Greaves	5:57.04
W55	Julie Trapp	7:34.63
3000		ALCOHOL:
		9:22.10
	Jimmy Blackman	
M40	John Ruskino	10:04.45
M50	Jay Wind	10:35.62
1675	Jay Wind Bill Osburn Julie Trapp	16:00.00
M/S	Dill Osburii	
W55	Julie Trapp	14:43.50
Shor	t Hurdles	A THE PARTY
	Lloyd Jeremiah	15.70
MHU	Doyd Jaramar	13.30
	James Stookey	13.30
Long	Hurdles	No vertical designation
M70	James Stookey	51.84
	Jump	The state of
riigii	Jump	
	James Stookey	44
W60	Evelyn Wright	4-2.25
Long	Jump	TO DESCRIP
		20.50
	Tony McCray	Control of the Contro
	Keith Mathis	16-7.50
M70	Carlos Vera	13-11
	Margaret Zalenska	14-1
W60	Evelyn Wright	11-5
W80	Carla Convery	5-3
	e Jump	A DESCRIPTION
	Keith Mathis	22.0
		32-8
W60	Evelyn Wright	25-5.25
Shot	Put	
M30	James Barr	40-8.75
****	Warner Tarder	The second second
M40	Warren Taylor John Priestley Terry Schuman Victor Litwinski	46-10
M45	John Priestley	34-4
M50	Terry Schuman	41-10
MEE	Vietes Librinalii	
MOO	VICTOR LITWINSKI	32-5.75
W60	Evelyn Wright	26-4
	Sharon Good	15-3.25
	Bernie Kleinschmidt	16-1
Disc	US TO THE REAL PROPERTY.	
MRO		119.5
	James Barr	119-5
M40	James Barr Warren Taylor	147-6
M40 M45	James Barr Warren Taylor John Priestley	147-6 112-11
M40 M45	James Barr Warren Taylor John Priestley	147-6
M40 M45	James Barr Warren Taylor John Priestley	147-6 112-11 154-2
M45 M50 M65	James Barr Warren Taylor John Priestley Terry Shuman Bill Smith	147-6 112-11 154-2 155
M40 M45 M50 M65 M75	James Barr Warren Taylor John Priestley Terry Shuman Bill Smith Charles Pistorino	147-6 112-11 154-2 155 93
M45 M50 M65 M75 W60	James Barr Warren Taylor John Priestley Terry Shuman Bill Smith Charles Pistorino Evelyn Wright	147-6 112-11 154-2 155 93 83-8
M45 M50 M65 M75 W60	James Barr Warren Taylor John Priestley Terry Shuman Bill Smith Charles Pistorino	147-6 112-11 154-2 155 93
M40 M45 M50 M65 M75 W60 W65	James Barr Warren Taylor John Priestley Terry Shuman Bill Smith Charles Pistorino Evelyn Wright Sharon Good	147-6 112-11 154-2 155 93 83-8 36-6
M40 M45 M50 M65 M75 W60 W65 W70	James Barr Warren Taylor John Priestley Terry Shuman Bill Smith Charles Pistorino Evelyn Wright Sharon Good Terry Hamilton	147-6 112-11 154-2 155 93 83-8 36-6 36-6
M40 M45 M50 M65 M75 W60 W65 W70	James Barr Warren Taylor John Priestley Terry Shuman Bill Smith Charles Pistorino Evelyn Wright Shorn Good Terry Hamilton Bernie Kleinschmidt	147-6 112-11 154-2 155 93 83-8 36-6 36-6 40-7
M40 M45 M50 M65 M75 W60 W65 W70 W75 W80	James Barr Warren Taylor John Priestley John Priestley Terry Shuman Bill Smith Charles Pistorino Evelyn Wright Sharon Good Terry Hamilton Bernie Kleinschmidt Carla Convery	147-6 112-11 154-2 155 93 83-8 36-6 36-6
M40 M45 M50 M65 M75 W60 W65 W70	James Barr Warren Taylor John Priestley John Priestley Terry Shuman Bill Smith Charles Pistorino Evelyn Wright Sharon Good Terry Hamilton Bernie Kleinschmidt Carla Convery	147-6 112-11 154-2 155 93 83-8 36-6 36-6 40-7
M40 M45 M50 M65 M75 W60 W65 W70 W75 W80 Jave	James Barr Warren Taylor John Priestley Terry Shuman Bill Smith Charles Pistorino Evelyn Wright Sharon Good Terry Hamilton Bernie Kleinschmidt Carla Convery lin	147-6 112-11 154-2 155 93 83-8 36-6 36-6 40-7 29-11
M40 M45 M50 M65 M75 W60 W65 W70 W75 W80 Jave	James Barr Warren Taylor John Priestley Terry Shuman Bill Smith Charles Pistorino Evelyn Wright Sharon Good Terry Hamilton Bernie Kleinschmidt Carla Convery Iin James Barr	147-6 112-11 154-2 155 93 83-8 36-6 36-6 40-7 29-11
M40 M45 M50 M65 M75 W60 W65 W70 W75 W80 Jave M30 M45	James Barr Warren Taylor John Priestley Terry Shuman Bill Smith Charles Pistorino Evelyn Wright Sharon Good Terry Hamilton Bernie Kleinschmidt Carla Convery James Barr John Priestley	147-6 112-11 154-2 155 93 83-8 36-6 36-6 40-7 29-11 166-10 101-9
M40 M45 M50 M65 M75 W60 W65 W70 W75 W80 Jave M30 M45	James Barr Warren Taylor John Priestley Terry Shuman Bill Smith Charles Pistorino Evelyn Wright Sharon Good Terry Hamilton Bernie Kleinschmidt Carla Convery Iin James Barr	147-6 112-11 154-2 155 93 83-8 36-6 36-6 40-7 29-11
M40 M45 M50 M65 M75 W60 W65 W70 W75 W80 Jave M30 M45 M55	James Barr Warren Taylor John Priestley Terry Shuman Bill Smith Charles Pistorino Evelyn Wright Sharon Good Terry Hamilton Bernie Kleinschmidt Carla Convery Iin James Barr John Priestley Victor Litwinski	147-6 112-11 154-2 155 93 83-8 36-6 36-6 40-7 29-11 166-10 101-9 83-6
M40 M45 M50 M65 M75 W60 W75 W70 W75 W80 Jave M30 M45 M65	James Barr Warren Taylor John Priestley Terry Shuman Bill Smith Charles Pistorino Evelyn Wright Sharon Good Terry Hamilton Bernie Kleinschmidt Carla Convery lin James Barr John Priestley Victor Litwinski Ezzat Pashai	147-6 112-11 154-2 155 93 83-8 36-6 40-7 29-11 166-10 101-9 83-6 127-6
M40 M50 M65 M75 W60 W65 W70 W75 W80 Jave M30 M45 M65 W60	James Barr Warren Taylor John Priestley Terry Shuman Bill Smith Charles Pistorino Evelyn Wright Sharon Good Terry Hamilton Bernie Kleinschmidt Carla Convery lin James Barr John Priestley Victor Litwinski Ezzat Pashai Evelyn Wright	147-6 112-11 154-2 155 93 83-8 36-6 36-6 40-7 29-11 166-10 101-9 83-6 127-6 78-9
M40 M45 M50 M65 M75 W60 W65 W70 W75 W80 Jave M30 M45 M55 M65 W60 W65	James Barr Warren Taylor John Priestley Terry Shuman Bill Smith Charles Pistorino Evelyn Wright Sharon Good Terry Hamilton Bernie Kleinschmidt Carla Convery lin James Barr John Priestley Victor Litwinski Ezzat Pashai Evelyn Wright Sharon Good	147-6 112-11 154-2 155 93 83-8 36-6 36-6 40-7 29-11 166-10 101-9 83-6 127-6 78-9 30-9
M40 M45 M50 M65 M75 W60 W65 W70 W75 W80 Jave M30 M45 M55 M65 W60 W65	James Barr Warren Taylor John Priestley Terry Shuman Bill Smith Charles Pistorino Evelyn Wright Sharon Good Terry Hamilton Bernie Kleinschmidt Carla Convery lin James Barr John Priestley Victor Litwinski Ezzat Pashai Evelyn Wright	147-6 112-11 154-2 155 93 83-8 36-6 36-6 40-7 29-11 166-10 101-9 83-6 127-6 78-9
M40 M45 M50 M65 M75 W60 W65 W70 W75 W80 Jave M30 M45 M65 W60 W65 W65 W65	James Barr Warren Taylor John Priestley Terry Shuman Bill Smitth Charles Pistorino Evelyn Wright Sharon Good Terry Hamilton Bernie Kleinschmidt Carla Convery Ilin James Barr John Priestley Victor Litwinski Ezzat Pashal Evelyn Wright Sharon Good Bernie Kleinschmidt	147-6 112-11 154-2 155 93 83-8 36-6 36-6 40-7 29-11 166-10 101-9 83-6 127-6 78-9 30-9 39-10
M40 M45 M65 M65 M75 W60 W75 W80 M30 M45 M65 W60 W65 W75 W80	James Barr Warren Taylor John Priestley Terry Shuman Bill Smith Charles Pistorino Evelyn Wright Sharon Good Terry Hamilton Bernie Kleinschmidt Carla Convery Ilin James Barr John Priestley Victor Litwinski Ezzat Pashal Evelyn Wright Sharon Good Bernie Kleinschmidt Carla Convery	147-6 112-11 154-2 155 93 83-8 36-6 36-6 40-7 29-11 166-10 101-9 83-6 127-6 78-9 30-9
M40 M45 M65 M65 M75 W60 W75 W80 M30 M45 M65 M65 W60 W65 W75 W80 W65 W75	James Barr Warren Taylor John Priestley Terry Shuman Bill Smith Charles Pistorino Evelyn Wright Sharon Good Terry Hamilton Bernie Kleinschmidt Carla Convery lin James Barr John Priestley Victor Litwinski Ezzat Pashal Evelyn Wright Sharon Good Bernie Kleinschmidt Carla Convery Int Throw	147-6 112-11 154-2 155 93 83-8 36-6 36-6 40-7 29-11 166-10 101-9 83-6 127-6 78-9 30-9 39-10 36-5
M40 M45 M50 M65 M75 W60 W75 W80 Jave M30 M45 M65 W60 W60 W60 W60 W75 W80 W60 W60 W60 W60 W60 W60 W60 W60 W60 W6	James Barr Warren Taylor John Priestley Terry Shuman Bill Smith Charles Pistorino Evelyn Wright Sharon Good Terry Hamilton Bernie Kleinschmidt Carla Convery lin James Barr John Priestley Victor Litwinski Ezzat Pashai Evelyn Wright Sharon Good Bernie Kleinschmidt Carla Convery John Priestley	147-6 112-11 154-2 155 93 83-8 36-6 40-7 29-11 166-10 101-9 83-6 127-6 78-9 30-9 39-10 36-5 37-1
M40 M45 M50 M65 M75 W60 W75 W80 Jave M30 M45 M65 W60 W60 W60 W60 W75 W80 W60 W60 W60 W60 W60 W60 W60 W60 W60 W6	James Barr Warren Taylor John Priestley Terry Shuman Bill Smith Charles Pistorino Evelyn Wright Sharon Good Terry Hamilton Bernie Kleinschmidt Carla Convery lin James Barr John Priestley Victor Litwinski Ezzat Pashai Evelyn Wright Sharon Good Bernie Kleinschmidt Carla Convery John Priestley	147-6 112-11 154-2 155 93 83-8 36-6 36-6 40-7 29-11 166-10 101-9 83-6 127-6 78-9 30-9 39-10 36-5
M40 M450 M65 M75 W60 W65 W70 W75 W80 Jave M30 M45 M65 W60 W65 W75 W80 W65 W75 W80 W65 W65 W60 W65 W75	James Barr Warren Taylor John Priestley Terry Shuman Bill Smith Charles Pistorino Evelyn Wright Sharon Good Terry Hamilton Bernie Kleinschmidt Carla Convery lin James Barr John Priestley Victor Litwinski Ezzat Pashai Evelyn Wright Sharon Good Bernie Kleinschmidt Carla Convery Inthory John Priestley Terry Shuman	147-6 112-11 154-2 155 93 83-8 36-6 40-7 29-11 166-10 101-9 83-6 127-6 78-9 30-9 39-10 36-5 37-1
M40 M45 M50 M65 M75 W60 W75 W80 Jave M30 M45 M65 W65 W65 W65 W80 W65 W80 W65 W80 W65 W80 W65 W80 W65 W65 W65 W65 W65 W65 W65 W65 W65 W65	James Barr Warren Taylor John Priestley Terry Shuman Bill Smith Charles Pistorino Evelyn Wright Sharon Good Terry Hamilton Bernie Kleinschmidt Carla Convery Ilin James Barr John Priestley Victor Litwinski Ezzat Pashai Evelyn Wright Sharon Good Bernie Kleinschmidt Carla Convery Int Throw John Priestley Terry Shuman m RW	147-6 112-11 154-2 155 93 83-8 36-6 36-6 40-7 29-11 166-10 101-9 83-6 127-6 78-9 30-9 39-10 36-5 37-1 38-9-50
M40 M45 M50 M65 M75 W60 W75 W80 Jave M30 M45 M65 W60 W60 W65 W80 W65 W60 W65 W60 W65 W60 W65 W60 W60 W65 W60 W60 W65 W60 W60 W60 W60 W60 W60 W60 W60 W60 W60	James Barr Warren Taylor John Priestley Terry Shuman Bill Smith Charles Pistorino Evelyn Wright Sharon Good Terry Hamilton Bernie Kleinschmidt Carla Convery Ilin James Barr John Priestley Victor Litwinski Ezzat Pashai Evelyn Wright Sharon Good Bernie Kleinschmidt Carla Convery Int Throw John Priestley Terry Shuman m RW Timothy Good	147-6 112-11 154-2 155 93 83-8 36-6 36-6 40-7 29-11 166-10 101-9 83-6 127-6 78-9 30-9 39-10 36-5 37-1 38-9-50 16:26.50
M40 M45 M50 M65 M75 W60 W75 W80 Jave M30 M45 M65 W60 W60 W65 W80 W65 W60 W65 W60 W65 W60 W65 W60 W60 W65 W60 W60 W65 W60 W60 W60 W60 W60 W60 W60 W60 W60 W60	James Barr Warren Taylor John Priestley Terry Shuman Bill Smith Charles Pistorino Evelyn Wright Sharon Good Terry Hamilton Bernie Kleinschmidt Carla Convery Ilin James Barr John Priestley Victor Litwinski Ezzat Pashai Evelyn Wright Sharon Good Bernie Kleinschmidt Carla Convery Int Throw John Priestley Terry Shuman m RW	147-6 112-11 154-2 155 93 83-8 36-6 36-6 40-7 29-11 166-10 101-9 83-6 127-6 78-9 30-9 39-10 36-5 37-1 38-9-50
M40 M45 M50 M65 W60 W65 W70 W75 W80 Jave M30 M45 M65 W60 W65 W80 W85 W80 W85 W80 W85 W80 W80 W80 M45 M50 M65 W80 W80 W80 W80 W80 W80 W80 W80 W80 W80	James Barr Warren Taylor John Priestley Terry Shuman Bill Smith Charles Pistorino Evelyn Wright Sharon Good Terry Hamilton Bernie Kleinschmidt Carla Convery Ilin James Barr John Priestley Victor Litwinski Ezzat Pashai Evelyn Wright Sharon Good Bernie Kleinschmidt Carla Convery Int Throw John Priestley Terry Shuman m RW Timothy Good John Gersh	147-6 112-11 154-2 155 93 83-8 36-6 36-6 40-7 29-11 166-10 101-9 83-6 127-6 78-9 39-10 36-5 37-1 38-9.50 16:26.50 19:10.00
M40 M45 M50 M65 M75 W60 W75 W80 Jave M30 M45 M65 W65 W75 W80 W65 W75 W80 W65 W75 W80 W65 W65 W65 W65 W65 W65 W65 W65 W65 W65	James Barr Warren Taylor John Priestley Terry Shuman Bill Smith Charles Pistorino Evelyn Wright Sharon Good Terry Hamilton Bernie Kleinschmidt Carla Convery Ilin James Barr John Priestley Victor Litwinski Ezzat Pashai Evelyn Wright Sharon Good Bernie Kleinschmidt Carla Convery Int Throw John Priestley Terry Shuman m RW Timothy Good John Gersh Lois Dicker	147-6 112-11 154-2 155 93 83-8 36-6 36-6 40-7 29-11 166-10 101-9 83-6 127-6 78-9 30-9 39-10 36-5 37-1 38-9-50 16:26.50 19:10.00 18:16.40
M40 M45 M50 M65 M75 W60 W75 W80 Jave M30 M45 M65 W65 W75 W80 W65 W75 W80 W65 W75 W80 W65 W65 W65 W65 W65 W65 W65 W65 W65 W65	James Barr Warren Taylor John Priestley Terry Shuman Bill Smith Charles Pistorino Evelyn Wright Sharon Good Terry Hamilton Bernie Kleinschmidt Carla Convery Ilin James Barr John Priestley Victor Litwinski Ezzat Pashai Evelyn Wright Sharon Good Bernie Kleinschmidt Carla Convery Int Throw John Priestley Terry Shuman m RW Timothy Good John Gersh Lois Dicker	147-6 112-11 154-2 155 93 83-8 36-6 36-6 40-7 29-11 166-10 101-9 83-6 127-6 78-9 30-9 39-10 36-5 37-1 38-9-50 16:26.50 19:10.00 18:16.40
M40 M45 M50 M65 M75 W60 W65 W70 W80 Jave M30 M45 W65 W65 W80 W45 M30 M45 M50 W65 W80 W46 M50 M40 M40 M50 M60 M60 M60 M60 M60 M60 M60 M60 M60 M6	James Barr Warren Taylor John Priestley Terry Shuman Bill Smith Charles Pistorino Evelyn Wright Sharon Good Terry Hamilton Bernie Kleinschmidt Carla Convery Ilin James Barr John Priestley Victor Litwinski Ezzat Pashai Evelyn Wright Sharon Good Bernie Kleinschmidt Carla Convery Int Throw John Priestley Terry Shuman m RW Timothy Good John Gersh Lois Dicker	147-6 112-11 154-2 155 93 83-8 36-6 40-7 29-11 166-10 101-9 83-6 127-6 78-9 30-9 39-10 36-5 37-1 38-9.50 16:26.50 19:10.00 18:16.40
M40 M45 M50 M65 M75 W60 W65 W75 W80 Jave M30 M45 W65 W65 W75 W80 W65 W80 M40 M50 M60 M60 M60 M60 M60 M60 M60 M60 M60 M6	James Barr Warren Taylor John Priestley Terry Shuman Bill Smith Charles Pistorino Evelyn Wright Sharon Good Terry Hamilton Bernie Kleinschmidt Carla Convery Iin James Barr John Priestley Victor Litwinski Ezzat Pashal Evelyn Wright Sharon Good Bernie Kleinschmidt Carla Convery Int Throw John Priestley Terry Shuman In RW Timothy Good John Gersh Lois Dicker Iladelphia Masters antown Academy;	147-6 112-11 154-2 155 93 83-8 36-6 40-7 29-11 166-10 101-9 83-6 127-6 78-9 30-9 39-10 36-5 37-1 38-9.50 16:26.50 19:10.00 18:16.40
M40 M45 M50 M65 W60 W65 W70 W75 W80 M30 M45 M65 W65 W60 W65 W75 W80 W65 W75 W80 W65 W75 W80 W65 W75 W75 W80 W65 W75 W75 W75 W80 W75 W75 W75 W75 W75 W75 W75 W75 W75 W75	James Barr Warren Taylor John Priestley Terry Shuman Bill Smith Charles Pistorino Evelyn Wright Sharon Good Bernie Kleinschmidt Carla Convery Ilin James Barr John Priestley Victor Litwinski Ezzat Pashai Evelyn Wright Sharon Good Bernie Kleinschmidt Carla Convery Int Throw John Priestley Terry Shuman m RW Timothy Good John Gersh Lois Dicker Iladelphia Masters antown Academy; In	147-6 112-11 154-2 155 93 83-8 36-6 36-6 40-7 29-11 166-10 101-9 83-6 127-6 78-9 30-9 39-10 36-5 37-1 38-9.50 16:26.50 18:16.40 Meet July 19
M40 M45 M50 M65 W65 W75 W80 Jave M30 M45 M55 M65 W60 W65 W80 W65 W75 W80 W60 W65 W75 W75 W75 W80 W60 W65 W75 W75 W75 W75 W75 W75 W75 W75 W75 W7	James Barr Warren Taylor John Priestley Terry Shuman Bill Smith Charles Pistorino Evelyn Wright Sharon Good Terry Hamilton Bernie Kleinschmidt Carla Convery lin James Barr John Priestley Victor Litwinski Ezzat Pashai Evelyn Wright Sharon Good Bernie Kleinschmidt Carla Convery Int Throw John Priestley Terry Shuman In RW Timothy Good John Gersh Lois Dicker Iadelphia Masters antown Academy; In Gary Leigh	147-6 112-11 154-2 155 93 83-8 36-6 40-7 29-11 166-10 101-9 83-6 127-6 78-9 30-9 39-10 36-5 37-1 38-9.50 16:26.50 19:10.00 18:16.40
M40 M45 M50 W65 W75 W80 W75 W80 M45 M65 W60 W60 W60 W60 W60 W60 W60 W60 W60 W60	James Barr Warren Taylor John Priestley Terry Shuman Bill Smith Charles Pistorino Evelyn Wright Sharon Good Terry Hamilton Bernie Kleinschmidt Carla Convery Ilin James Barr John Priestley Victor Litwinski Ezzat Pashai Evelyn Wright Sharon Good Bernie Kleinschmidt Carla Convery Int Throw John Priestley Terry Shuman m RW Timothy Good John Gersh Lois Dicker Iladelphia Masters antown Academy; In Gary Leigh In	147-6 112-11 154-2 155 93 83-8 36-6 36-6 40-7 29-11 166-10 101-9 83-6 127-6 78-9 30-9 39-10 36-5 37-1 38-9-50 16:26.50 19:10.00 18:16.40 Meet July 19
M40 M45 M50 W65 W75 W80 W75 W80 M45 M65 W60 W60 W60 W60 W60 W60 W60 W60 W60 W60	James Barr Warren Taylor John Priestley Terry Shuman Bill Smith Charles Pistorino Evelyn Wright Sharon Good Terry Hamilton Bernie Kleinschmidt Carla Convery lin James Barr John Priestley Victor Litwinski Ezzat Pashai Evelyn Wright Sharon Good Bernie Kleinschmidt Carla Convery Int Throw John Priestley Terry Shuman In RW Timothy Good John Gersh Lois Dicker Iadelphia Masters antown Academy; In Gary Leigh	147-6 112-11 154-2 155 93 83-8 36-6 36-6 40-7 29-11 166-10 101-9 83-6 127-6 78-9 30-9 39-10 36-5 37-1 38-9-50 16:26.50 19:10.00 18:16.40 Meet July 19
M40 M450 M650 M75 W60 W75 W70 W75 W70 W75 W70 M30 M45 W60 W65 W70 M45 W60 W60 W60 W60 W60 W60 W60 W60 W60 W60	James Barr Warren Taylor John Priestley Terry Shuman Bill Smith Charles Pistorino Evelyn Wright Sharon Good Terry Hamilton Bernie Kleinschmidt Carla Convery Ilin James Barr John Priestley Victor Litwinski Ezzat Pashal Evelyn Wright Sharon Good Bernie Kleinschmidt Carla Convery Int Throw John Priestley Terry Shuman In RW Timothy Good John Gersh Lois Dicker  Iladelphia Masters antown Academy; In Gary Leigh In Bill Krieger	147-6 112-11 154-2 155 93 83-8 36-6 36-6 40-7 29-11 166-10 101-9 83-6 127-6 78-9 30-9 39-10 36-5 37-1 38-9.50 16:26.50 18:16.40 Meet July 19
M40 M45 M50 M65 M75 W60 W75 W80 Jave M30 M45 M50 W65 W60 W65 W60 W65 W60 W60 W60 W60 W60 W60 W60 W60 W60 W60	James Barr Warren Taylor John Priestley Terry Shuman Bill Smith Charles Pistorino Evelyn Wright Sharon Good Terry Hamilton Bernie Kleinschmidt Carla Convery lin James Barr John Priestley Victor Litwinski Ezzat Pashai Evelyn Wright Sharon Good Bernie Kleinschmidt Carla Convery Int Throw John Priestley Terry Shuman m RW Timothy Good John Gersh Lois Dicker Iladelphia Masters antown Academy; In Gary Leigh In Bill Krieger In	147-6 112-11 154-2 155 93 83-8 36-6 36-6 40-7 29-11 166-10 101-9 83-6 127-6 78-9 30-9 39-10 36-5 37-1 38-9.50 16:26.50 19:10.00 18:16.40 Meet July 19 13.1 25.0
M40 M45 M50 M65 W70 W65 W70 M75 W80 M50 M65 W60 M60 M60 M60 M60 M60 M60 M60 M60 M60 M	James Barr Warren Taylor John Priestley Terry Shuman Bill Smith Charles Pistorino Evelyn Wright Sharon Good Terry Hamilton Bernie Kleinschmidt Carla Convery lin James Barr John Priestley Victor Litwinski Ezzat Pashai Evelyn Wright Sharon Good Bernie Kleinschmidt Carla Convery ht Throw John Priestley Terry Shuman m RW Timothy Good John Gersh Lois Dicker Iladelphia Masters antown Academy; n Gary Leigh n Bill Krieger n Um Cuomo	147-6 112-11 154-2 155 93 83-8 36-6 36-6 40-7 29-11 166-10 101-9 83-6 127-6 78-9 30-9 39-10 36-5 37-1 38-9-50 16:26.50 19:10.00 18:16.40 Meet July 19 13.1 25.0 58.2
M40 M45 M50 M65 W70 W65 W70 M75 W80 M50 M65 W60 M60 M60 M60 M60 M60 M60 M60 M60 M60 M	James Barr Warren Taylor John Priestley Terry Shuman Bill Smith Charles Pistorino Evelyn Wright Sharon Good Terry Hamilton Bernie Kleinschmidt Carla Convery Ilin James Barr John Priestley Victor Litwinski Ezzat Pashai Evelyn Wright Sharon Good Bernie Kleinschmidt Carla Convery Int Throw John Priestley Terry Shuman m RW Timothy Good John Gersh Lois Dicker Iladelphia Masters antown Academy; In Gary Leigh In Bill Krieger In Jim Cuomo Bill Krieger	147-6 112-11 154-2 155 93 83-8 36-6 36-6 40-7 29-11 166-10 101-9 83-6 127-6 78-9 30-9 39-10 36-5 37-1 38-9.50 16:26.50 19:10.00 18:16.40 Meet July 19 13.1 25.0

	The same of the sa	M55 Victor Litwinski
Weight Throw		W40 Margaret Zalen
W45 John Priestley	37-1	W60 Evelyn Wright
W50 Terry Shuman	38-9.50	W80 Carla Convery
3000m RW		
W40 Timothy Good	16:26.50	Triple Jump
M50 John Gersh	19:10.00	M45 Anthony Markle
M60 Lois Dicker	18:16.40	W60 Evelyn Wright Shot Put
Philadelphia Maste	na Mant i	M45 Keith Mathis
ermantown Academ		
00m	y, July 19	
145 Gary Leigh	13.1	M75 Charles Pistorin
00m	13.1	W60 Evelyn Wright
145 Bill Krieger	25.0	W65 Sharon Good
00m	A Secretary	W80 Carla Convery
140 Jim Cuomo	58.2	Discus
145 Bill Krieger	58.4	M35 Horace Penders
00m	STORES OF	M45 Barry Merritt
140 Dave Van Houton	2:09.9	M55 Norman Johnso
Chuck Shields	2:13.4	M65 Bill Smith
Keith Davies	2:14.3	W60 Evelyn Wright
150 Peter Feeny	2:41.8	W65 Sharon Good
lile management		W80 Carla Convery
130 Bill Gould	4:47.4	Javelin
140 Dave Van Houton	4:39.3	
Jim Cuomo	4:42.3	M45 Keith Mathis
Keith Davies	4:50.3	M55 Victor Litwinski
145 Dave Patterson	4:57.4	M65 Jim Eyer
150 Dick Green	4:51.7	M75 Charles Pistorin
Steve Rook	4:52.0	W60 Evelyn Wright
000m		W65 Sharon Good
130 Bill Gould	9:30.1	W80 Carla Convery
140 Tom Yunker	11:04.1	Weight Throw
150 Steve Rook	10:43.7	M45 Keith Mathis
Fred Dedrick	11:05.2	M55 Victor Litwinski
		- Commission

Wigh Jump   Mas George Braceland   2-11   Mas George Braceland   18-9   Mas George Braceland   48-5   Mis Medal Schwed   13-0.8   Mis Donk Decker   17-577   Mis George Braceland   48-5   Mis Mis Medal Williams   13-10   Mis Mis McChael   12-20   Mis Mondel Williams   12-20   Mis My Williams   12-20   Mis Mondel Wilsiams   12-20   Mis My Williams   12-20   Mis My Williams   12-20   Mis Mondel Wilsiams   12-20   Mis	Carl Grossman	12:14.4	W40 Keg Good 3000m RW	15-3
MAS George Braceland   2-19   MAS George Braceland   48-5   MSS Michael Schwed   18-30.8   W860 Lois Dicker   17:57.7   MSS George Braceland   48-5   MSS Michael Schwed   18-30.8   W860 Lois Dicker   17:57.7   MSS Candroffia, VA; July 23   100m   MSD Andrew Higgins   11.00   MSD Carbon Milliams   12.00   MSS Branch Newell   11.4   Bob Murphy   12.3   MSS Mango Balley   14.10   MSS Carla Convery   24.60   WSS Milliams   24.50   WSS Pamela Wusthof   30.0   WSS Carla Convery   57.50   WSS Carla Convery   57.50   WSS Pamela Wusthof   30.0   WSS Carla Convery   57.50   WSS Pamela Wusthof   30.0   WSS Carla Convery   57.50   WSS Pamela Wusthof   30.0   WSS Milliams   12.20   MSS Rono Memorsts   55.20   MSS Poro Necessaria   23.10   MSS Carla Convery   57.50   WSS Pamela Wusthof   30.0   WSS Julia Trapp   23.10   MSS Carla Convery   23.10	W30 Joan Greaves	11:33.2		22:03.8
MAS George Braceland   16-9   Javevill m   MAS George Braceland   46-5	M85 George Bracela	nd 2-11	M50 John Gersh	
		nd 18-9		
Potomac Valley TC Meet Alexandria, VA; July 23	Javelin	COLUMN TO SERVICE		
Potomac Valley 10 Meet   Alexandria, VA; July 30   100m   M30 Andrew Higgins   11.30   M35 Lorenzo Thomas   12.40   M35 Lorenzo Thomas   12.40   M35 Lorenzo Thomas   12.40   M35 Earnal Nille Williams   13.10   M35 Lorenzo Thomas   12.40   M35 Margo Balley   14.10   M35 Margo Balley   14.10   M45 Pamela Wusthof   17.90   M40 Card Convey   24.60   200m   23.70   M30 Andrew Higgins   23.80   M35 Cithon Vassell   23.70   M30 Andrew Higgins   23.80   M35 Cithon Vassell   23.70   M30 Andrew Higgins   23.80   M35 Cithon Vassell   23.70   M40 Forens Bowen   23.70   M40 Forens Bowen   23.70   M40 Carda Convey   57.50   M40 Earnal Stokey   55.20   M40 Ricky Flowers   53.40   M35 Foron Memersky   55.20   M40 Ricky Flowers   53.40   M35 Conco Memersky   54.20   M40 Ricky Flowers   54.20   M40 Ricky Flower			Championship M	Meet
400m.         M30 Andrew Higgins         11.30           M35 Lorenzo Thomas         12.40           M45 Wendel Williams         12.00           M50 Mile McDaniel         12.20           M60 Alby Williams         12.20           M60 Alby Williams         12.20           M55 Barg Balley         14.10           W45 Pamela Wusthof         17.90           W50 Carla Convery         23.50           M35 Citthor Vassell         23.70           M50 Andrew Higgins         23.80           M35 Citthor Vassell         23.70           M60 Roland Hill         29.30           M60 Roland Hill         29.30           M60 Andrew Higgins         33.90           M30 Andrew Higgins         33.90           M35 Citthor Vassell         23.70           M66 Roland Hill         29.30           M60 Roland Hill         29.30           M60 Roland Hill         29.30           M80 Jark Glesson         10.120           M35 Work Glesson         10.120           M36 Rick Glesson         10.120           M36 Don Hardy         20.00           M40 Deward Grant         20.00           M40 Deward Grant         24.50           M5	Potomac Valley T	C Meet	Germantown Academ	y; July 30
M35   Deract Property   M35		uly 23		110
MS Wendel Williams MS Warge Dailey M60 Alby Williams MS Marge Bailey M40 Tony Fulton M11 2 Mol Andrew Higgins M30 Marge Higgins M30 Andrew Higgins M30 Carla Convery M45 Pamela Wusthof M67 Roland Hill M68 Roland Hill M69 Roland Hill M69 Roland Hill M60 Roland				
M50 Mile McDaniel   12.20   M60 Aby Williams   12.50   M60 Aby Williams   12.50   M60 Aby Williams   12.50   M60 Aby Williams   12.50   M60 Roland Wusthof   17.50   M60 Carlo Convery   23.00   M60 Roland Wusthof   23.00   M60 Roland Wusthof   23.00   M60 Roland Wusthof   28.50   M70 James Stookey   28.50   W65 Carlo Convery   35.50   M60 Roland Wusthof   35.50   M60 Carlo Convery   35.50   M60 Roland Wusthof   35.50   M60 Carlo Convery   35.50   M60 Roland Wusthof   35.50   M60 Carlo Convery   35.50   M60 Roland Wusthof   35.50   M60 Roland Wusthof   35.50   M60 Carlo Convery   35.50   M60 Roland Wusthof   35.50   M				
M60 Alby Williams		The same of the sa		
W45 Pamela Wushof   14-10   W45 Pamela Wushof   17-90   W50 Carta Convery   24-50   200m   W50 Carta Convery   24-50   M50 Cithon Vassell   23-70   M60 Roland Hill   29-30   M70 James Stookey   28-50   M70 James Stookey   57-50   M60 John Boykin   13-5   M60 John Boyki				11.3
Web Carla Convery   24.60   Month   22.20	W35 Margo Bailey			
MSD Andrew Higgins				
M35 Cithon Vassel   23.70   M55 Cithon Vassel   23.70   M66 Roland Hill   29.30   M670 James Stookey   25.50   W45 Pamela Wusthof   35.90   W60 Carla Convery   57.50   W60 Carla Convery   57.50   M60 Ricky Flowers   53.40   M60 Risto Martinen   102.00   M60 Risto Martinen   122.30   M60 Risto Martinen   122.30   M60 Risto Martinen   122.31.50   M60 Davoracarella   231.50   M60 Davoracarella   231.50   M60 Davoracarella   231.50   M60 Risto Martinen   237.50   M60 Davoracarella   231.50   M60 Edward Grant   518.70   M60 Davor Rosenthal   31.5   M60 Davor Rosenthal   31.5   M60 Larla Convery   53   M60 Sim Verdier   54.64   M60 Loyd Jeremiah   15.70   M60 Risto Martinen   75.70   M60 Evelyn Wright   4-2   M60 Levelyn Wright   4-2   M60 Levelyn Wright   27.2   M60 Evelyn Wright   27.2   M60 Evelyn Wright   27.2   M60 Evelyn Wright   27.2   M60 Carla Convery   53   M75 Charles Pistorino   33.5   M60 Carla Convery   13   M60 Larla Romer   14.1   M60 Larl		24.00	M50 Phil Felton	The second second
M35 Ciffon Vassell         23.70           M46 Robart Bowen         29.10           M60 Roland Hil         29.30           M70 James Stookey         28.50           W45 Pamela Wusthof         39.90           W35 Carla Convery         57.50           M30 Mark Gleason         1.01.20           M35 Yonco Memersky         52.20           M40 Ricky Flowers         33.40           M45 Archie Glaspy         53.10           M50 Wayne Haris         102.00           M60 Ricky Flowers         53.40           M40 Joe Varrone         219.90           M45 Don Vaccarella         231.50           M50 Don Vaccarella         231.50           M50 Bob Weiner         237.60           M55 James Verdier         245.40           M60 Evely Wind         451.40           M50 Devid StrSauss         603.50           M50 Devid StrSauss         603.50           M55 Julie Trapp         733.50           M55 Julie Trapp         733.50           M55 Victor Liberinski         15.70           Long Jump         M45 Keith Mathis         5-2           M55 Victor Liberinski         11.50           M50 Carla Convery         53.5	A RESIDENCE OF THE PARTY OF THE			
M60 Roland Hill         29.30           M70 James Stookey         28.50           W45 Pamela Wusthof         39.90           W50 Carla Convery         57.50           M00 Mick Gleason         1.01.20           M35 Yonco Mermersky         55.20           M50 Wayne Harris         1.02.00           M50 Wayne Harris         1.02.00           M50 Wayne Harris         1.02.00           M50 Do Vaccarella         2.31.50           M50 Do Vaccarella         2.31.50           M50 Bob Weiner         2.37.50           M55 James Verdier         2.45.40           W40 Keg Good         4.49.00           M80 Bruce Hamilton         4.46.50           M60 Bruch Hamilton         51.8.70           M60 Bruch Hamilton         51.8.70           M60 Bruch Hamilton         51.8.70           M60 Bruch Hamilton         51.8.70           M60 Bruch Hamilton         51.40           M50 David Strásuss         603.50           M60 Lidyd Jeremiah         15.70           Long Jump         15.70           M60 Lidyd Jeremiah         15.70           Long Jump         M55 Victor Librinski         29.10.25           M55 Victor Librinski         29.10.25			M55 Ron Shamwell	13.4
Marc				
W80 Carla Convery         57.50           400m         Mark Gleason         1.01.20           M30 Mark Gleason         1.01.20           M35 Yonco Mermersky         55.20           M40 Ricky Flowers         3.40           M45 Archie Glaspy         3.10           M50 MWayne Harris         1.02.00           M60 Risto Marttinen         1.22.30           800m         M40 Joe Varrone         2.19.90           M45 Don Vaccarella         2.31.50           M50 Don Vaccarella         2.31.50           M50 Bob Weiner         2.37.50           M55 James Verdier         2.45.40           W40 Keg Good         4.49.00           Mille         4.45.00           M55 James Verdier         2.45.40           M60 Bruca Charat         4.10.00           M60 Edward Grant         5.18.70           M55 Devid Strösuss         6.01.80           M55 Julie Trapp         7.33.50           3000m         7.33.50           M55 Julie Trapp         7.33.50           M55 Julie Trapp         7.33.50           M55 Julie Trapp         7.33.50           M55 Julie Trapp         7.35.50           M50 Loyd Jeremiah         10.57				
Alex Johnson				
M30 Mark Gleason   1.01.20		57.50	And the second of the second o	
MAD   Ricky Flowers   53.40	THE PERSON NAMED IN COLUMN 2 I	1:01.20	Earl Mege	15.1
MM5 Archie Glaspy         33.10           MM5 Archie Glaspy         35.10           MM5 Or Risto Marttinen         1:22.30           MM0 Dis Varone         2:19.90           MM5 Dor Vaccarella         2:31.50           MM5 Dor Vaccarella         2:31.50           MM5 Dor Vaccarella         2:31.50           MM5 Dor Vaccarella         2:31.50           MM5 Chasse         4:48.50           MM5 Craig Chasse         4:48.50           MM0 Edward Grant         5:18.70           MM5 David StrSauss         6:03.50           MM5 David StrSauss         6:03.50           MM5 Julie Trapp         7:33.50           3000m         3000m           MM5 Ted Poulos         9-41           MM5 Lidyal Jermaish         15.70           Long Hurdlee         15.70           MM0 Lordy Jermaish         15.70           Long Jump         15.70           MM5 Keith Mathis         5-2           MM5 Anthony Markley         15-11           MM5 Anthony Markley         15-11           MM5 Lordy Liwinski         11.50           MM5 Wargaret Zalenska         14           MM5 Eckeith Mathis         27-7.25           MM5 Keith Daviese <td>M35 Yonco Mermersky</td> <td>55.20</td> <td></td> <td>26.0</td>	M35 Yonco Mermersky	55.20		26.0
MSD Wayne Harris   1:02.00   MOR Risto Marttinen   1:22.30   MOR Risto Marttinen   1:23.30   MOR			M35 Don Hardy	
Mob   Martinen   1:22:30   M40   Permo Bilagioni   23:5   M40   Dev Varrone   2:19:90   M45   Don Vaccarella   2:31:50   M50   Bob Weiner   2:37:60   M50   M55   James Verdier   2:45:40   M40   Keg Good   4:49:00   Mile   M50   Carig Chasse   4:46:50   M50   Carig Chasse   4:46:50   M50   Carig Chasse   4:46:50   M50   Dave Hamilton   4:51:40   M50   Dave Strough   3:5   M55   M50   Phil Felton   27:3   M55   Rom Sharmwell   27:2   M60   Bill Bitther   28:9   K M Thomas   30:8   Dave Rosenthal   31:5   M55   Julia Trapp   7:33:50   M55   Julia Trapp   7:33:50   M65   Sari Mego   26:3   Alexy Johnson   28:8   Walt Pailmer   56:3   Alexy Johnson   28:8   M35   Dave Richard   54:6   M45   Keith Mathis   5:2   M55   Victor Liberinski   4:2   M55   Victor Liberinski   4:2   M50   Dick Green   59:7   Steve Rock   61:0   M55   Rom Sharmwell   69:1   M70   James Stookey   4:2   M60   Dave Rosenthal   M50   Dave Rosent				
Mod   Dev Varrone   2:19.90		and the second second second second		THE RESERVE TO SHARE THE PARTY OF THE PARTY
M55 Don Vaccarella         2:31.50         M50 Bob Weiner         2:7.60           M55 James Verdier         2:45.40         Milke Colacci         31.3           W55 James Verdier         2:45.40         Milke Colacci         31.3           M30 Craig Chasse         4:46.50         M50 Buce Hamilton         4:51.40           M50 David StrSauss         6:03.50         M50 Buce Hamilton         4:51.40           M55 Jim Verdier         6:01.80         M55 Jim Verdier         6:01.80           W55 Julie Trapp         7:33.50         M65 Earl Mege         26:3           M55 Jim Verdier         6:01.80         M85 Frank Levine         26:3           W55 Julie Trapp         7:33.50         M85 Frank Levine         26:3           M55 Jim Verdier         6:01.80         M85 Frank Levine         56:3           M55 Julie Trapp         7:33.50         M85 Frank Levine         56:3           M55 Julie Trapp         7:33.50         M85 Frank Levine         56:3           M55 Julie Trapp         7:33.50         M85 Earl Mege         26:3           M65 Earl Mathis         11:12         Short Hurdlee         M85 Earl Levine         51:40           M65 Earl Mathis         5-2         M65 Earl Mathis         4:2         M55 Neick Levin			M45 Chas Lampert	25.2
MSD Bob Weiner   2:37.60     MSD James Verdier   2:45.40     M40 Keg Good   4:49.00     Mile   Mile Craig Chasse   4:46.50     MSD Edward Grant   4:51.40     MSD Bruce Hamilton   4:51.40     MSD David StrSauss   6:03.50     MSD June Verdier   6:01.80     WSD Julie Trapp   7:33.50     WSD James Stookey   9:41     M40 Lloyd Jeremiah   15:70     Long Hurdles   M70 James Stookey   4:2     WSD Evelyh Wright   4:2     WSD Evelyh Wright   4:2     WSD Evelyh Wright   16-5.0     MSD Six Citor Lithwinski   4:2     WSD Evelyh Wright   11-7.50     WSD Carla Convery   7:3     MSD Six Citor Lithwinski   23-5.25     MSD Six Citor Lithwinski   23-5.25     MSD Six Citor Lithwinski   27-2     MSD				
Mile Calacci   31.3				
Mile	M55 James Verdier	2:45.40	Mike Colacci	31.3
M30 Craig Chasse   4.46.50		4:49.00		
M40   Edward Grant   M45   Stuce Hamilton   4:51.40   M65   Bruce Hamilton   5:0.3   M65   Bruce Hickard   5:0.3   M65   Bruce Hic	The state of a facility of the state of the	4:46.50	K M Thomas	30.8
M5 Bruce Hamitton   4:31.40     M50 David Str5auss   6:03.50     M55 Jim Verdier   6:01.80     W55 Julie Trapp   7:33.50     3000m   M35 Ted Poulos   9:41     M40 Edward Grant   10:37     M50 Jay Wind   11:12     Short Hurdles   M40 Lloyd Jeremiah   15:70     Long Hurdles   M40 Lloyd Jeremiah   15:70     Long Hurdles   M45 Keith Mathis   5-2     M55 Victor Litwinski   4-2     M60 Evelyn Wright   4-2     W60 Evelyn Wright   4-2     W60 Evelyn Wright   11-50     W60 Evelyn Wright   11-50     W60 Evelyn Wright   23-525     Shot Put   M45 Anthony Markley   29-3.50     W60 Evelyn Wright   27-2     W65 Sharon Good   15-5     W80 Carla Convery   13     Discus   M55 Norman Johnson   103-1     M55 Sharon Good   34-9     W60 Evelyn Wright   147-6     W60 Evelyn Wright   147-6     W60 Evelyn Wright   147-6     W60 Evelyn Wright   78-8     W60 Evelyn Wright   147-6     W60 Evelyn Wright   147-6     W60 Evelyn Wright   78-8     W60 Evelyn Wr				
M55 Jim Verdier         6:01.80           W55 Julie Trapp         7:33.50           3000m         M35 Ted Poulos         9:41           M40 Edward Grant         10:37           M50 Jay Wind         11:12           Short Hurdles         M40 Lloyd Jeremiah         15:70           M40 Lloyd Jeremiah         15:70           Long Hurdles         M55 Victor Litwinski         42           M55 Victor Litwinski         42           M55 Victor Litwinski         42           M50 Larry Nothy         16-5.0           M55 Victor Litwinski         11:50           M50 Larry Nothy         16-6.50           M55 Victor Litwinski         11:50           M50 Larry Nothy         16-6.50           M55 Victor Litwinski         11:50           W50 Evelyn Wright         11:7.50           W50 Carla Convery         5-3           Triple Jump         M55 Prank Levine         2:07.0           M45 Anthony Markley         29-3.50           W50 Evelyn Wright         22-5.5           M55 Victor Litwinski         29-10.25           M55 Victor Litwinski         29-10.25           M55 Keith Mathis         27-7.25           M55 Koth Mathis         27-7.25 <td></td> <td></td> <td></td> <td></td>				
W55 Julie Trapp   7:33.50   3000m   M30 Mornez Rasadell   53.8   M35 Dave Richard   54.6   Hassan Hameed   59.3   M35 Dave Richard   54.6   Hassan Hameed   59.3   M40 Keith Royster   53.1   Bob Hill   60.4   M45 Ken Kring   57.4   John Maloney   57.4   John Malo				
M35 Ted Poulos	71		I was a second of the second o	50.3
M40 Edward Grant   10:37   M50 Jay Wind   11:12   Short Hurdles   M40 Libyd Jeremiah   15:70   Long Hurdles   M70 James Stookey   51:40   High Jump   M55 Keith Mathis   5-2   M55 Victor Litwinski   4-2   W60 Evelyn Wright   4-2   Long Jump   M55 Anthony Markley   15-11   M50 Larry Nolly   16-6:50   M55 Victor Litwinski   11:50   W40 Margaret Zalenska   14   W60 Evelyn Wright   17-50   W80 Carla Convery   5-3   Triple Jump   M45 Anthony Markley   29-3:50   W60 Evelyn Wright   27-2   M55 Victor Litwinski   29-10:5   M55 Sharon Good   15-5   W80 Carla Convery   13 Discus   M55 Ball Smith   147-6   M55 Bill Smith   147-6   M55 Sharon Good   38-5   W80 Carla Convery   27-6   M55 Victor Litwinski   96-2   M55 Sharon Good   34-9   W60 Evelyn Wright   74-10   W65 Sharon Good   34-9   W60 Evelyn W	3000m	Art suite de		
M50 Jay Wind   Short Hurdles				
M40 Lloyd Jeremiah         15.70           Long Hurdles         M70 James Stookey         51.40           M70 James Stookey         51.40           High Jump         M55 Keith Mathis         5-2           M45 Keith Mathis         5-2           M55 Victor Litwinski         4-2           W60 Evelyn Wright         4-2           Long Jump         M55 Anthony Markley         15-11           M50 Larry Nolly         16-6.50           M55 Victor Litwinski         11.50           W40 Margaret Zalenska         14           W60 Evelyn Wright         11-7.50           W80 Carla Convery         5-3           Triple Jump         M35 Prank Levine         2:11.0           M45 Anthony Markley         29-3.50           W60 Evelyn Wright         23-5.25           M55 Victor Litwinski         29-10.25           M55 Norm		10 miles 1 5 miles 1		CONTROL OF THE PARTY OF THE PAR
John Maloney   John		Traction of		
M70 James Stookey		15./0	John Maloney	60.4
High Jump   M45 Keith Mathis   5-2   M55 Victor Litwinski   4-2   W60 Evelyn Wright   4-2   Long Jump   M45 Anthony Markley   15-11   M50 Larry Nolly   16-6.50   M55 Victor Litwinski   11-50   W60 Evelyn Wright   11-7.50   W60 Evelyn Wright   11-7.50   W60 Evelyn Wright   23-5.25   M60 Evelyn Wright   23-5.25   M75 Charles Pistorino   33-5   W60 Evelyn Wright   M55 Norman Johnson   103-1   M65 Barry Merritt   78-8   M65 Anthony Markley   29-10.25   M55 Victor Litwinski   29-10.25   M55 Sharon Good   15-5   W60 Evelyn Wright   78-8   M65 Bill Smith   147-6   M65 Sharon Good   38-5   W60 Evelyn Wright   78-8   W65 Sharon Good   34-9   W60 Evelyn Wright   74-10   W65 Sharon Good   34-9   W60 Evelyn Wright   74-10   W65 Sharon Good   34-9   W80 Carla Convery   38-3   W45 Sheith Mathis   24-5 25	The state of the s	51.40		
M45 Keith Mathis         5-2           M55 Victor Litwinski         4-2           M70 James Stookey         4-2           W60 Evelyn Wright         4-2           Long Jump         M45 Anthony Markley         15-11           M50 Larry Nofly         16-50           M55 Victor Litwinski         11-50           W40 Margaret Zalenska         14           W60 Evelyn Wright         11-7.50           W80 Carla Convery         5-3           Triple Jump         M45 Anthony Markley         29-3.50           W60 Evelyn Wright         29-3.50           M65 Keith Mathis         27-7.25           M55 Victor Litwinski         29-10.25           M55 Sharon Good         15-5           W60 Evelyn Wright         76-2           M65 Bill Smith         103-1           M55 Sharon Good         38-5           W55 Sharon Good         38-5           W60 Evelyn Wright         78-8           W65 Sharon Good         38-5           W65 Sharon Good		Minus!		
M70 James Stookey         4-2           W60 Evelyn Wright         4-2           Long Jump         M55 Anthony Markley         15-11           M50 Larry Nolly         16-6.50           M55 Victor Litwinski         11.50           W40 Margaret Zalenska         14           W60 Evelyn Wright         11-7.50           W80 Carla Convery         5-3           Triple Jump         M35 Bryan Carr         2:07.0           M45 Anthony Markley         29-3.50           W60 Evelyn Wright         23-5.25           Shot Put         M55 Victor Litwinski         29-10.25           M55 Naron Good         15-5           W80 Carla Convery         13           Discus         M60 Bruce Gilbert         2:39.7           M65 Norman Johnson         103-1           M65 Sill Micha				
W60 Evelyn Wright   Long Jump   M45 Anthony Markley   15-11   M50 Larry Nolly   16-6.50   M55 Victor Litwinski   11.50   W35 Dawn Best   69.0   W35 Dawn Best				
M45 Anthony Markley         15-11           M50 Larry Nolly         16-6.50           M55 Victor Litwinski         11.50           W40 Margaret Zalenska         14           W60 Evelyn Wright         117-50           W80 Carla Convery         5-3           Triple Jump         M45 Anthony Markley         29-3.50           W60 Evelyn Wright         29-3.50           W60 Evelyn Wright         23-5.25           M45 Keith Mathis         27-7.25           M55 Victor Litwinski         29-10.25           M55 Victor Litwinski         29-10.25           M55 Victor Litwinski         29-10.25           M55 Sharon Good         15-5           W80 Carta Convery         13           Discus         M65 Bill Smith         16-2           M55 Norman Johnson         103-1           M65 Bill Smith         147-6           W60 Evelyn Wright         76-2           M55 Naron Good         38-5           W60 Evelyn Wright         76-2           M55 Naron Good         38-5           W60 Evelyn Wright         76-2           M55 Naron Good         38-5           W60 Evelyn Wright         76-2           M55 Wictor Litwinski         96-				
M50 Larry Nolly         16-50           M55 Victor Litwinski         11.50           W40 Margaret Zalenska         14           W60 Evelyn Wright         11-7.50           W80 Carla Convery         5-3           Triple Jump         M45 Anthony Markley         29-3.50           M65 Evelyn Wright         23-5.25           Shot Put         M5 Keith Mathis         27-7.25           M55 Victor Litwinski         29-10.25           M55 Sharon Good         15-5           W60 Evelyn Wright         27-2           W55 Sharon Good         15-5           W35 Horace Pendergrass         157-8           M45 Barry Merritt         76-2           M55 Norman Johnson         103-1           M55 Sharon Good         38-5           W30 Carla Convery         27-6           Javelin         113-7           M55 Victor Litwinski         96-2           W60 Evelyn Wright         78           W55 Sharon Good<	TO THE OWNER OF THE PARTY OF TH	100		
M55 Victor Litwinski   11.50   W34 Shelley Reeling   71.0   W35 Sheron Good   75.5   W36 Carla Convery   13 Discus   W35 Sharon Good   38.5   W36 Sharon Good   38.5   W36 Sharon Good   38.5   W36 Carla Convery   27.6   Javelin   W35 Shelley Reeling   24.2 7   W36 Sharon Good   38.5   W36 Carla Convery   27.6   Javelin   W35 Sharon Good   34.9   W36 Carla Convery   38.3   W36 Sharon Good   34.9   W36 Sharon Good   34.9   W36 Sharon Good   34.9   W36 Sharon Good   34.9   W36 Sharo			W35 Dawn Best	
W40 Margaret Zalenska         14           W60 Evelyn Wright         117-50           W80 Carla Convery         5-3           Triple Jump         117-50           M45 Anthony Markley         29-3.50           W60 Evelyn Wright         23-5.25           Shot Put         23-5.25           M45 Keith Mathis         27-7.25           M55 Victor Litwinski         29-10.25           M55 Victor Litwinski         29-10.25           M55 Victor Litwinski         29-10.25           M55 Sharon Good         15-5           W80 Carla Convery         13           Discus         M65 Bil Smith         157-8           M45 Barry Merritt         76-2           M55 Norman Johnson         103-1           M65 Bil Smith         147-6           W60 Evelyn Wright         78           W65 Sharon Good         38-5           W80 Carla Convery         27-6           Javelin         113-7           M55 Victor Litwinski         96-2           M65 Bill Smith         14-6           W60 Evelyn Wright         78           W55 Sharon Good         38-5           W80 Carla Convery         27-6           M55 Victor Litwinski <td></td> <td></td> <td></td> <td>71.0</td>				71.0
W80 Carla Convery         11-7.50           W80 Carla Convery         5-3           Triple Jump         Chuck Shields         2:11.½           M45 Anthony Markley         29-3.50         Chuck Shields         2:11.½           M45 Keith Mathis         27-7.25         M45 Keith Mathis         27-7.25           M55 Victor Litwinski         29-10.25         M50 Steve Rook         2:11.4           M55 Victor Litwinski         29-10.25         M50 Steve Rook         2:11.4           M55 Victor Litwinski         29-10.25         M50 Steve Rook         2:11.4           M55 Victor Litwinski         29-10.25         M60 Bruce Gilbert         2:39.7           M60 Evelyn Wright         72-2         M65 Ill metral Bernstein         2:48.8           M80 Carla Convery         13         M65 Ill metral Bernstein         2:48.8           M55 Norman Johnson         103-1         M65 Sharon Good         38-5           W60 Evelyn Wright         76-2         M65 Jim Eyer         M65 Jim Eyer         M65 Jim Eyer         103           M55 Victor Litwinski         96-2         M65 Jim Eyer         103           M55 Victor Litwinski         96-2         M66 Bill Smith         147-6           M65 Sharon Good         38-5         M60 Bruce Gi				2:07.0
Triple Jump  M45 Anthony Markley 29-3.50  W60 Evelyn Wright 23-5.25  M45 Russ Patton 2:20.5  Chris Monroe 2:20.0  Bill Krieger 2:21.6  M45 Keith Mathis 27-7.25  M55 Victor Litwinski 29-10.25  M55 Victor Litwinski 29-10.25  M55 Sharon Good 15-5  W80 Carla Convery 13  Discus  M35 Horace Pendergrass 157-8  M45 Barry Merritt 76-2  M55 Norman Johnson 103-1  M65 Bill Smith 147-6  M56 Sell Smith 147-6  M56 Sevelyn Wright 78  W65 Sharon Good 38-5  W80 Carla Convery 27-6  Javelin  M45 Keith Mathis 113-7  M45 Keith Mathis 113-7  M55 Victor Litwinski 96-2  M55 Jim Eyer 103  M75 Charles Pistorino 99  W60 Evelyn Wright 74-10  W65 Sharon Good 34-9  W80 Carla Convery 38-3  W80 Carla Convery 38-3  W65 Betsy Youtz 9:35.2  M45 Diane McManus 25:45.0  W45 Diane McManus 25:45.0				2:10.C
M45 Anthony Markley         29-3.50           W60 Evelyn Wright         23-5.25           Shot Put         23-5.25           M45 Keith Mathis         27-7.25           M55 Victor Litwinski         29-10.25           M55 Victor Litwinski         29-10.25           M55 Charles Pistorino         33-5           W60 Evelyn Wright         27-2           W65 Sharon Good         15-5           W80 Carta Convery         13           Discus         M65 Birwin Bernstein         2:48.8           M45 Barry Merritt         76-2           M55 Norman Johnson         103-1           M65 Bill Smith         147-6           W60 Evelyn Wright         78           W65 Sharon Good         38-5           W80 Carta Convery         27-6           Javelin         113-7           M45 Keith Mathis         113-7           M55 Victor Litwinski         96-2           M65 Jim Eyer         103           M75 Charles Pistorino         99           W60 Evelyn Wright         74-10           W50 Sharon Good         34-9           W60 Evelyn Wright         74-10           W60 Evelyn Wright         74-10           W60 Evelyn Wr		~		
Shot Put   M45   Keith Mathis   27-7.25   M55   Victor Lithwinski   29-10.25   M55   Victor Lithwinski   29-10.25   M55   Charles Pistorino   33-5   M65   Evelyn Wright   27-2   W65   Sharon Good   15-5   W80   Carla Convery   13   Discus   M55   Horace Pendergrass   157-8   M55   Horace Pende	M45 Anthony Markley		M45 Russ Patton	
M45         Keith Mathis         27-7.25         M50         Steve Rook         2:11.0           M55         Victor Litwinski         29-10.25         M55         Charles Pistorino         33-5           W60         Evelyn Wright         27-2         M65         Sharon Good         15-5           W80         Carla Convery         13         M60         Bruce Gilbert         2:39.7           M65         Sharon Good         15-5         M65         Irwin Bernstein         2:48.8           M35         Horace Pendergrass         157-8         M65         Irwin Bernstein         2:48.8           M35         Horace Pendergrass         157-8         M85         Frank Levine         4:58.8           W30         Joan Greaves         2:41.5         W45         Shelley Keeling         2:42.7           M55         Norman Johnson         103-1         M40         Chuck Shields         5:00.1           M65         Bill Smith         147-6         M40         Chuck Shields         5:00.1           M45         Sharon Good         38-5         Kyle Mechlenborg         7:46.1           M45         Keith Mathis         113-7         M65         Herace Memanus         5:32.1		23-5.25		
M55 Victor Litwinski   29-10.25   M75 Charles Pistorino   33-5   W60 Evelyn Wright   27-2   W65 Sharon Good   15-5   W80 Carla Convery   13   Discus   M85 Horace Pendergrass   157-8   M85 Barry Merritt   76-2   M85 Bill Smith   147-6   M85 Sharon Good   38-5   W80 Carla Convery   27-6   Javelin   M85 Sharon Good   38-5   W80 Carla Convery   27-6   Javelin   M85 Frank Levine   4:58.8   W30 Joan Greaves   2:41.5   W45 Shelley Keeling   2:42.7   Diane McManus   3:33.1   M11e   M40 Chuck Shields   5:00.1   John Connolly   5:31.9   M45 Dave Patterson   4:59.6   Torn Allen   6:09.2   Kyle Mechlenborg   7:46.1   M85 Frank Levine   11:19.3   M85 Frank Levine   11:19.3   W80 Carla Convery   27-6   Javelin   M85 Frank Levine   11:19.3   W85 Sharon Good   34-9   W80 Carla Convery   38-3   W80 Carla Con		27-7.25		
M75 Charles Pistorino         33-5           W60 Evelyn Wright         27-2           W65 Sharon Good         15-5           W80 Carla Convery         13           Discus         157-8           M45 Barry Merritt         76-2           M55 Norman Johnson         103-1           M65 Bill Smith         147-6           M55 Sharon Good         38-5           W60 Evelyn Wright         78           W65 Sharon Good         38-5           W80 Carla Convery         27-6           Javelin         113-7           M45 Keith Mathis         113-7           M55 Victor Litwinski         96-2           M65 Jim Eyer         103           M75 Charles Pistorino         99           W60 Evelyn Wright         74-10	M55 Victor Litwinski		Dick Green	2:11.4
W65 Sharon Good         15-5           W80 Carla Convery         13           Discus         3           M35 Horace Pendergrass         157-8           M45 Barry Merritt         76-2           M55 Norman Johnson         103-1           M56 Bil Smith         147-6           W60 Evelyn Wright         78           W65 Sharon Good         38-5           W80 Carla Convery         27-6           Javelin         113-7           M55 Victor Litwinski         96-2           M65 Jim Eyer         103           M75 Charles Pistorino         99           W60 Evelyn Wright         74-10           M55 Victor Litwinski         96-2           M65 Jim Eyer         103           M75 Charles Pistorino         99           W60 Evelyn Wright         74-10           W65 Sharon Good         34-9           W65 Jim Eyer         103           M75 Charles Pistorino         99           W60 Evelyn Wright         74-10           W65 Sharon Good         34-9           W80 Carla Convery         38-3           W80 Carla Convery         38-3           W80 Carla Convery         38-3           W80		33-5		
W80 Carla Convery         13           Discus         M35 Horace Pendergrass         157-8           M45 Barry Merritt         76-2           M55 Norman Johnson         103-1           M55 Bill Smith         147-6           W60 Evelyn Wright         78           W65 Sharon Good         38-5           W80 Carla Convery         27-6           Javelin         113-7           M45 Keith Mathis         113-7           M55 Victor Litwinski         96-2           M65 Jim Eyer         103           M75 Charles Pistorino         99           W60 Evelyn Wright         74-10           W65 Sharon Good         34-9           W60 Evelyn Wright         74-10           W65 Sharon Good         34-9           W60 Evelyn Wright         74-10           W60 Evelyn Wright         74-10           W60 Carla Convery         38-3           W60 Evelyn Wright         74-10           W60 Evelyn Wright         74-10           W60 Evelyn Wright         74-10           W60 Carla Convery         38-3           W80 Carla Convery         38-3           W65 Betsy Youtz         32:22.3           Hurdlee <t< td=""><td></td><td></td><td>M65 Irwin Bernstein</td><td></td></t<>			M65 Irwin Bernstein	
Discus  M35 Horace Pendergrass 157-8  M45 Barry Merritt 76-2  M55 Norman Johnson 103-1  M55 Norman Johnson 103-1  M56 Bill Smith 147-6  W60 Evelyn Wright 78  W65 Sharon Good 38-5  W80 Carla Convery 27-6  Javelin 113-7  M55 Victor Litwinski 96-2  M65 Jim Eyer 103  M75 Charles Pistorino 99  W60 Evelyn Wright 74-10  W65 Sharon Good 34-9  W80 Carla Convery 38-3  W80 C			M85 Frank Levine	4:58.8
M45 Barry Merritt M55 Norman Johnson M56 Bill Smith M65 Dave Patterson M65 Dave M64 Dave Patterson M65 Dave Patterson M60 Dave Patterson M65 Dave	Discus			
M55 Norman Johnson         103-1           M65 Bill Smith         147-6           W60 Evelyn Wright         78           W65 Sharon Good         38-5           W80 Carla Convery         27-6           Javelin         113-7           M45 Keith Mathis         113-7           M55 Victor Litwinski         96-2           M65 Jim Eyer         103           M75 Charles Pistorino         99           W60 Evelyn Wright         74-10           W65 Sharon Good         34-9           W80 Carla Convery         38-3           W80 Carla Convery         38-3 <tr< td=""><td>M35 Horace Pendergras</td><td></td><td>Diane McManus</td><td></td></tr<>	M35 Horace Pendergras		Diane McManus	
M65         Bill Smith         147-6           W60         Evelyn Wright         78           W65         Sharon Good         38-5           W80         Carla Convery         27-6           Javelin         M5           M45         Keith Mathis         113-7           M55         Victor Litwinski         96-2           M65         Jim Eyer         103           M65         Jim Eyer         103           M75         Charles Pistorino         99           W65         Sharon Good         34-9           W65         Sharon Good         34-9           W65         Sharon Good         36-2           M45         Keith Mathis         113-7           M50         Levine         11:19.3           W65         Betsy Youtz         9:35.2           5000m         M40         Chuck Crabb         16:01.0           Torn Yunker         19:37.8           W45         Diame McManus         25:45.0           W65         Betsy Youtz         32:22.3           Hurdlee         M50         Ivan Black         18.8	M55 Norman Johnson	The second second		5:00 4
W60 Evelyn Wright         78         M45 Dave Patterson         4:59.6           W85 Sharon Good         38-5         Torn Allen         6:09.2           W80 Carla Convery         27-6         M5 Mechlenborg 7:48.1           Javelin         M50 Harry Notan         4:47.2           M45 Keith Mathis         113-7           M55 Victor Litwinski         96-2           M65 Jim Eyer         103           M65 Jim Eyer         103           M65 Dave Patterson         4:59.6           Torn Allen         6:09.2           K95 Harry Notan         4:47.2           Fred Dedrick         5:32.1           M85 Frank Levine         11:19.3           W65 Betsy Youtz         9:35.2           5000m         M40 Chuck Crabb         16:01.0           Torn Yunker         19:37.8           W45 Diane McManus         25:45.0           W65 Betsy Youtz         32:22.3           Hurdlee         M50 Ivan Black         18.8	M65 Bill Smith		John Connolly	
W80 Carla Convery   27-6   Javelin   M50 Harry Notan   4:47.2   Fred Dedrick   5:32.1   M55 Victor Litwinski   96-2   M65 Jim Eyer   103   M75 Charles Pistorino   99   W60 Evelyn Wright   74-10   W65 Sharon Good   34-9   W80 Carla Convery   38-3   Weight Throw   M45 Keith Mathis   24-5.25   M50 Ivan Black   18.8	W60 Evelyn Wright	78		4:59.6
MSO Harry Nolan   4:47.2   Fred Dedrick   5:32.1   MS5 Victor Litwinski   96-2   MS5 Jim Eyer   103   M75 Charles Pistorino   99   M40 Chuck Crabb   16:01.0   Tom Yunker   19:37.8   W45 Diane McManus   25:45.0   W45 Meth Mathis   24-5.25   MS5 Ivan Black   18.8   MS5	W80 Carla Conven		Kyle Mechlenbor	6:09.2
M85 Frank Levine   11:19.3	Javelin	21-0	M50 Harry Nolan	4:47.2
W65 Jim Eyer   103   W65 Jetsy Youtz   9:35.2   S		113-7	M85 Frank Levine	
103   104   105   107   108   109	M55 Victor Litwinski	96-2	W65 Betsy Youtz	
W60 Evelyn Wright 74-10 W65 Sharon Good 34-9 W80 Carla Convery 38-3 W65 Betsy Youtz 32:22.3 Hurdlee M45 Keith Mathis 24-5.25 M50 Ivan Black 18.8	M75 Charles Pistorino		5000m	
W65 Sharon Good 34-9 W80 Carla Convery 38-3 Weight Throw M45 Keith Mathis 24-5.25 W45 Diane McManus 25:45.0 W65 Betsy Youtz 32:22.3 Hurdles M50 Ivan Black 18.8	W60 Evelyn Wright	DESCRIPTION AND PROPERTY.		
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M45 Keith Mathis 24-5.25 M50 Ivan Black 18.8	Weight Three	38-3	W65 Betsy Youtz	
M55 Victor Litwinski 21-2.75 Continued on next page	M45 Keith Mathis	24-5.25	M50 Ivan Black	18.8
	M55 Victor Litwinski	The second second	Continued or	next page

1	W40 Keg Good	15-3
ı	3000m RW	
ı	M45 Peter Blank	22:03.8
ı	M50 John Gersh	19:25.1
1	M55 Michael Schwed	18:30.8
ı	W60 Lois Dicker	17:57.7
ŀ	Philadelphia Mas	ters

	15-3
W40 Keg Good 3000m RW	
M45 Peter Blank	22:03.8
M50 John Gersh	19:25.1
M55 Michael Schwed	18:30.8
W60 Lois Dicker	17:57.7
Philadelphia Mas	ters
Championship N	Meet
Germantown Academ	y; July 30
100m	
M30 Clifton Vassell	11.9
M35 Brandon Newell Dave Richard	11.4
Bob Murphy	12.3
M40 Tony Fulton	11.2
Lovell Butler	11.3
Remo Biagioni	11.7
M45 Chas Lampert Gary Leigh	12.2
M50 Phil Felton	13.3
John Borden	13.9
Mike Colacci	14.3
M55 Ron Shamwell	13.4
Tom Miller M60 John Boykin	14.5
Nate Byrd	13.5
K M Thomas	13.8
M65 Walt Palmer	14.1
Alex Johnson	14.1
Earl Mege	15.1
M85 Frank Levine	26.0
M35 Don Hardy	23.3
Hassan Hameed	25.4
Bob Murphy	26.0
M40 Remo Biagioni	23.5
M45 Chas Lampert Bill Krieger	25.2 26.5
M50 Phil Felton	27.3
Leo Rose	30.2
Mike Colacci	31.3
M55 Ron Shamwell	27.2
M60 Bill Bittner	28.9
K M Thomas  Dave Rosenthal	30.8
M65 Earl Mege	26.3
Alex Johnson	28.8
Walt Palmer	30.0
M85 Frank Levine	56.3
M30 Mornez Rasdell	53.8
M35 Dave Richard	54.6
Hassan Harneed M40 Keith Royster	59.3
Bob Hill	53.1 60.4
M45 Ken Kring	57.4
John Maloney	60.4
M50 Dick Green	59.7
Steve Rook	61.0
M55 Ron Shamwell M60 Dave Rosenthal	67.2
M65 Alex Johnson	78.8 67.7
Walt Palmer	
	68.9
Irwin Bernstein	68.9 69.1
M70 Tom Rice	69.1 85.7
M70 Tom Rice M85 Frank Levine	69.1 85.7 2:11.0
M70 Tom Rice M85 Frank Levine W35 Dawn Best	69.1 85.7 2:11.0 69.0
M70 Tom Rice M85 Frank Levine	69.1 85.7 2:11.0
M70 Torn Rice M85 Frank Levine W35 Dawn Best W54 Shelley Keeling 800 m M35 Bryan Carr	69.1 85.7 2:11.0 69.0 71.0
M70 Torn Rice M85 Frank Levine W35 Dawn Best W54 Shelley Keeling 800 m M35 Bryan Carr M40 Warren Brown	69.1 85.7 2:11.0 69.0 71.0 2:07.0 2:10.0
M70 Torn Rice M85 Frank Levine W35 Dawn Best W54 Shelley Keeling 800 m M35 Bryan Carr M40 Warren Brown Keith Davies	69.1 85.7 2:11.0 69.0 71.0 2:07.0 2:10.0 2:11.2
M70 Torn Rice M85 Frank Levine W35 Dawn Best W54 Shelley Keeling 800 m M35 Bryan Carr M40 Warren Brown Keith Davies Chuck Shields	69.1 85.7 2:11.0 69.0 71.0 2:07.0 2:10.0 2:11.2 2;13.7
M70 Torn Rice M85 Frank Levine W35 Dawn Best W54 Shelley Keeling 800 m M35 Bryan Carr M40 Warren Brown Keith Davies Chuck Shields M45 Russ Patton	69.1 85.7 2:11.0 69.0 71.0 2:07.0 2:10.0 2:11.2 2;13.7 2:20.5
M70 Torn Rice M85 Frank Levine W35 Dawn Best W54 Shelley Keeling 800 m M35 Bryan Carr M40 Warren Brown Keith Davies Chuck Shields M45 Russ Patton Chris Monroe	69.1 85.7 2:11.0 69.0 71.0 2:07.0 2:10.0 2:11.2 2:13.7 2:20.5 2:20.0
M70 Tom Rice M85 Frank Levine W35 Dawn Best W54 Shelley Keeling 800 m M35 Bryan Carr M40 Warren Brown Keith Davies Chuck Shields M45 Russ Patton Chris Monroe Bill Krieger M50 Steve Rook	69.1 85.7 2:11.0 69.0 71.0 2:07.0 2:10.0 2:11.2 2:13.7 2:20.5 2:20.0 2:21.6 2:11.0
M70 Tom Rice M85 Frank Levine W35 Dawn Best W54 Shelley Keeling 800 m M35 Bryan Carr M40 Warren Brown Keith Davies Chuck Shields M45 Russ Patton Chris Monroe Bill Krieger M50 Steve Rook Dick Green	69.1 85.7 2:11.0 69.0 71.0 2:07.0 2:10.0 2:11.4 2:13.7 2:20.5 2:20.0 2:21.6 2:11.4
M70 Torn Rice M85 Frank Levine W35 Dawn Best W54 Shelley Keeling 800 m M35 Bryan Carr M40 Warren Brown Keith Davies Chuck Shields M45 Russ Patton Chris Monroe Bill Krieger M50 Steve Rook Dick Green Bill Indek	69.1 85.7 2:11.0 69.0 71.0 2:07.0 2:11.2 2:13.7 2:20.5 2:20.6 2:11.4 2:51.3
M70 Tom Rice M85 Frank Levine W35 Dawn Best W54 Shelley Keeling 800 m M35 Bryan Carr M40 Warren Brown Keith Davies Chuck Shields M45 Russ Patton Chris Monroe Bill Krieger M50 Steve Rook Dick Green Bill Indek M60 Bruce Gilbert	69.1 85.7 2:11.0 69.0 71.0 2:07.0 2:10.0 2:11.2 2:13.7 2:20.5 2:20.0 2:21.6 2:11.0 2:11.4 2:51.3 2:39.7
M70 Torn Rice M85 Frank Levine W35 Dawn Best W54 Shelley Keeling 800 m M35 Bryan Carr M40 Warren Brown Keith Davies Chuck Shields M45 Russ Patton Chris Monroe Bill Krieger M50 Steve Rook Dick Green Bill Indek	69.1 85.7 2:11.0 69.0 71.0 2:07.0 2:10.0 2:11.2 2:13.7 2:20.5 2:20.0 2:21.6 2:11.0 2:11.4 2:51.3 2:39.7 2:46.8
M70 Torn Rice M85 Frank Levine W35 Dawn Best W54 Shelley Keeling 800 m M35 Bryan Carr M40 Warren Brown Keith Davies Chuck Shields M45 Russ Patton Chris Monroe Bill Krieger M50 Steve Rook Dick Green Bill Indek M60 Bruce Gilbert M65 Invin Bernstein M85 Frank Levine W30 Joan Greaves	69.1 85.7 2:11.0 69.0 71.0 2:07.0 2:10.0 2:11.2 2:13.7 2:20.5 2:20.0 2:21.6 2:11.0 2:11.4 2:51.3 2:39.7
M70 Torn Rice M85 Frank Levine W35 Dawn Best W54 Shelley Keeling 800 m M35 Bryan Carr M40 Warren Brown Keith Davies Chuck Shields M45 Russ Patton Chris Monroe Bill Krieger M50 Steve Rook Dick Green Bill Indek M60 Bruce Gilbert M65 Irwin Bernstein M85 Frank Levine W30 Joan Greaves W45 Shelley Keeling	69.1 85.7 2:11.0 69.0 71.0 2:07.0 2:10.0 2:11.2 2;13.7 2:20.5 2:21.6 2:11.0 2:11.4 2:51.3 2;39.7 2:46.8 4:58.8
M70 Tom Rice M85 Frank Levine W35 Dawn Best W54 Shelley Keeling 800 m M35 Bryan Carr M40 Warren Brown Keith Davies Chuck Shields M45 Russ Patton Chris Monroe Bill Krieger M50 Steve Rook Dick Green Bill Indek M60 Bruce Gilbert M65 Irwin Bernstein M85 Frank Levine W30 Joan Greaves W45 Shelley Keeling Diane McManus	69.1 85.7 2:11.0 69.0 71.0 2:07.0 2:10.0 2:11.2 2;13.7 2:20.5 2:20.0 2:21.6 2:11.4 2:51.3 2:39.7 2:48.8 4:58.8 2:41.5
M70 Tom Rice M85 Frank Levine W35 Dawn Best W54 Shelley Keeling 800 m M35 Bryan Carr M40 Warren Brown Keith Davies Chuck Shields M45 Russ Patton Chris Monroe Bill Krieger M50 Steve Rook Dick Green Bill Indek M60 Bruce Gilbert M65 Inwin Bernstein M85 Frank Levine W30 Joan Greaves W45 Shelley Keeling Diane McManus Mile	69.1 85.7 2:11.0 69.0 71.0 2:07.0 2:10.C 2:11.2 2:13.7 2:20.5 2:21.6 2:11.0 2:11.4 2:51.3 2:39.7 2:46.8 4:58.8 2:41.5 2:42.7 3:33.1
M70 Tom Rice M85 Frank Levine W35 Dawn Best W54 Shelley Keeling 800 m M35 Bryan Carr M40 Warren Brown Keith Davies Chuck Shields M45 Russ Patton Chris Monroe Bill Krieger M50 Steve Rook Dick Green Bill Indek M60 Bruce Gilbert M65 Inwin Bernstein M85 Frank Levine W30 Joan Greaves W45 Shelley Keeling Diane McManus Mile M40 Chuck Shields	69.1 85.7 2:11.0 69.0 71.0 2:07.0 2:10.0 2:11.2 2:13.7 2:20.5 2:20.0 2:21.6 2:11.4 2:51.3 2:39.7 2:46.8 4:58.8 2:41.5 2:42.7 3:33.1
M70 Tom Rice M85 Frank Levine W35 Dawn Best W54 Shelley Keeling 800 m M35 Bryan Carr M40 Warren Brown Keith Davies Chuck Shields M45 Russ Patton Chris Monroe Bill Krieger M50 Steve Rook Dick Green Bill Indek M60 Bruce Gilbert M65 Inwin Bernstein M85 Frank Levine W30 Joan Greaves W45 Shelley Keeling Diane McManus Mile	69.1 85.7 2:11.0 69.0 71.0 2:07.0 2:10.0 2:11.2 2:13.7 2:20.5 2:20.0 2:21.6 2:11.0 2:11.4 2:51.3 2:39.7 2:46.8 4:58.8 2:41.5 2:42.7 3:33.1
M70 Tom Rice M85 Frank Levine W35 Dawn Best W54 Shelley Keeling 800 m M35 Bryan Carr M40 Warren Brown Keith Davies Chuck Shields M45 Russ Patton Chris Monroe Bill Krieger M50 Steve Rook Dick Green Bill Indek M60 Bruce Gilbert M65 Inwin Bernstein M65 Frank Levine W30 Joan Greaves W45 Shelley Keeling Diane McManus Mille M40 Chuck Shields John Connolly M45 Dave Patterson Tom Allen	69.1 85.7 2:11.0 69.0 71.0 2:07.0 2:10.C 2:11.2 2:13.7 2:20.5 2:20.0 2:21.6 2:11.4 2:51.3 2:39.7 2:42.7 3:33.1 5:00.1 5:31.9 4:59.6 6:09.2
M70 Torn Rice M85 Frank Levine W35 Dawn Best W54 Shelley Keeling 800 m M35 Bryan Carr M40 Warren Brown Keith Davies Chuck Shields M45 Russ Patton Chris Monroe Bill Krieger M50 Steve Rook Dick Green Bill Indek M60 Bruce Gilbert M65 Inwin Bernstein M65 Frank Levine W30 Joan Greaves W45 Shelley Keeling Diane McManus MIIIe M40 Chuck Shields John Connolly M45 Dave Patterson Torn Allen Kyle Mechlenbor	69.1 85.7 2:11.0 69.0 71.0 2:07.0 2:10.0 2:11.4 2:13.7 2:20.5 2:21.6 2:11.0 2:11.4 2:51.3 2:39.7 2:42.7 3:33.1 5:00.1 5:31.9 4:59.6 6:09.2 9 7:46.1
M70 Tom Rice M85 Frank Levine W35 Dawn Best W54 Shelley Keeling 800 m M35 Bryan Carr M40 Warren Brown Keith Davies Chuck Shields M45 Russ Patton Chris Monroe Bill Krieger M50 Steve Rook Dick Green Bill Indek M60 Bruce Gilbert M65 Irwin Bernstein M85 Frank Levine W30 Joan Greaves W45 Shelley Keeling Diane McManus Mile M40 Chuck Shields John Connolly M45 Dave Patterson Tom Allen Kyle Mechlenbon M50 Harry Notan	69.1 85.7 2:11.0 69.0 71.0 2:07.0 2:10.0 2:11.2 2:13.7 2:20.5 2:20.0 2:21.6 2:11.0 2:11.4 2:51.3 2:39.7 2:46.8 4:58.8 2:41.5 2:42.7 3:33.1 5:00.1 5:31.9 4:59.6 6:09.2 7:46.1 4:47.2
M70 Torn Rice M85 Frank Levine W35 Dawn Best W54 Shelley Keeling 800 m M35 Bryan Carr M40 Warren Brown Keith Davies Chuck Shields M45 Russ Patton Chris Monroe Bill Krieger M50 Steve Rook Dick Green Bill Indek M60 Bruce Gilbert M65 Inwin Bernstein M65 Frank Levine W30 Joan Greaves W45 Shelley Keeling Diane McManus MIIIe M40 Chuck Shields John Connolly M45 Dave Patterson Torn Allen Kyle Mechlenbor	69.1 85.7 2:11.0 69.0 71.0 2:07.0 2:10.0 2:11.4 2:13.7 2:20.5 2:21.6 2:11.0 2:11.4 2:51.3 2:39.7 2:42.7 3:33.1 5:00.1 5:31.9 4:59.6 6:09.2 9 7:46.1

Continued from pravi	oue page	) Javelin	16004	I M45 Peter Blank	11:32.70	The same of the same	THE PARTY	W65 Charlotte Ambrose	28.30	Discus	
Continued from previ	ious page	M40 B Doherty	99-6	M50 Bob Ryan	8:55.30	M30 Kevin Kanyan	198-10	W70 Georgia Johnson	18.20	M50 Hilary Goerge	125-7
M40 Bill Brown	5-0	M45 Jim Queeny	114-8	M60 Bli Bannan	11:54.10	M35 John McKenzie	100-10	W75 Mary Holland	18.80	M55 Malachi McGruder	105-6
Brad Kell	4-6	C Letizia	103-4	W60 Joanne Bannan	13:26.10	M50 Eric Gyaki	85	W80 Dorothy Ray	29.40	M60 William Rykhus	121
M50 Ivan Black	4-10	M50 J Bookin Weiner	109-7	W70 Terry Hamilton	11:49.40	M55 Victor Litwinski	72-5	200m	ME RIE	M65 William Rothley	116-10
M60 Jerry Sullivan	4-0	Weight Throw M40 B Doherty	42-4	3000m RW		M65 Jim Eyer	108	M50 Zbigy Zlobicki	25.90	M70 Karlis Ezerins	106-8
Polé Vault		M45 Bob Cedrone	47-3.75	M45 Peter Blank	23:25.70	M70 Ed Cooper	91	M55 Frank Bonham	27.20	M75 Robert Ettig	77-2
M35 Duncan Littlefiel		The state of the s	34-5	W35 Virginia inglese	19:19.10	M75 Charles Pistorino	93	M60 Jerry White	29.80	M85 Kenneth Elliot	69-7
Dave Richard	11-0		37-1	W60 Lois Dicker	17:48.80	Weight Throw		M65 Ernest Alcocer	30.50	M90 Kenneth Simmons	69-5
M45 Steve Raab	11-0		25-8.5	W70 Terry Hamilton	22:46.20	W55 Victor Litwinski	25-8	M70 James Beall	31.30	W55 Carol Griffith	87-7
Jim O'Neil M50 Tom Randolph	11-6		34-10.5	Potomac Valley TO	C Most	1600m RW		M75 Roland Rosslip	35.40	W65 Patricia Lemanski	54-2
Tom Taft	11-0		34-0	Alexandria, VA; A		M45 Peter Blank	10:50.10	M85 John Boesenhofer	43.80	W70 Clara Gamble	52-7
M55 Jeff Tindall	11-0	56# Weight M40 B Doherty	00.0	100m	J. 20	M60 Roger Webb	12:28.70	W50 Linda Knapp	45.60	W75 Mary Holland	39
M75 Jack Doorlay	6-0		29-6 29-11	M30 Andrew Higgins	11.30	W45 C Caravoulias	11:51.30	W55 Cora Hill	39.10	W80 Jerry Gawura	51-4
Long Jump		Aug. 13	29-11	M35 Lorenzo Thomas	12.98	3000m RW		W60 Nancy Hinshon	37.40	Javelin	
M35 Brandon Newell		Weight Pentathion		M40 Stephen Jackson	12.60	M45 Peter Blank	21:57.60	W70 Georgia Johnson	42.10	M50 Hilary Goerge	142-11
M40 Lovell Butter	5.85		3073	M50 Mike McDaniel	12.92	W55 Victor Litwinski	18:34.90	W75 Mary Holland	43.80	M55 Malachi McGruder	129-6
Brad Kell	5.17		3004	M55 Robert Koontz	12.80	M60 Roger Webb	22:43.90	W80 Dorothy Ray	1:07.30	M60 Neil Sisco	101-8
M45 Mark Gershon M50 Ivan Black	5.46 4.68		2677	M60 Austin Cotton	15.71	W45 C Caravoulias	23:02.50	400m		M65 William Rothley	131-5
M60 K M Thomas	4.15		2127	M70 Don Bramante	16.01	W60 Lois Dicker	17:52.10	M50 Ralph Wallace	1:00.50	M70 Robert Mrozinski	94-4
Dave Rosenthal			2617	W30 Lillian Awidi	13.20	Dartmouth Weig	ht Meet	M55 Leon Savenas	1:01.80	M75 Jack Hipple	78-4
M65 Earl Mege	3.75		4360	W45 Pamela Wusthof	18.30	Hanover, NH;		M60 Jerry White	1:07.60	M80 Frank Foxdee	34-10
M75 Jack Doorlay	3.05		3219	W80 Carla Convery	25.30	16# Shot Put		M65 Paul Mason	1:25.10	M85 Kenneth Elliott	57-7
M85 Claude Hills	1.70	Jim Chamberas 57	3018	200m	The state	Carl Wallin 58	43-6.5	M70 James Beall	1:11.40	W55 Carol Griffith	89-2
W35 Dawn Best	4.28	Potomac Valley TC	Meet	M30 Andrew Higgins	23.69	Bob Mead 56	42-9.75	M75 Roland Rosslip	1:23.20	W65 Patricia Lemanski	54-7
Triple Jump		Alexandria, VA; Au	ıg. 6	M35 Joseph Aukward	29.73	Don Filkins 46	40-6.75	W50 Linda Knapp	1:40.20	W70 Clara Gamble	55
M35 Don Hardy	13.20	100m	A SHOW	M40 Lawrence Finley	26.16	Bob Cedrone 45	38-0.5	W55 Ruth Thelan	1:19.40	W75 Mary Holland	44-1
M40 Brad Kell	10.73	M30 Andrew Higgins	11.30	M50 D J Bertagnoli	30.55	Carmen Letizia 47	36-11.5	W65 Annette Hardy	2:05.30	W80 Jerry Gawura	37
M45 Mark Gershon	10.96	M45 Anthony Markley	12.98	M55 Del Meriwether	25.56	Bob Harvey 57	35-11.75	W70 Georgia Johnson	2:07.30	1500m RW	
M50 tvan Black	10.54	M50 Larry Nolly	13.50	M60 Austin Cotton	33.00	Brian Doherty 40	35-6.5	W75 Mary Holland	2:07.00	M50 Rick Sack	8:00
M60 Dave Rosenthal K M Thomas	8.32 7.79	M55 Robert Koontz	13.00	M70 Don Bramante	33.90	6k Shot Put		W80 Dorothy Ray	2:34.90	M55 Thomas Cook	12:32
Shot Put	The state of	M60 Larry Colbert	12.91	W30 Lillian Awidi	28.79	C Wallin	48-6 47-11	800m	111111111111111111111111111111111111111	M60 Harlan Vanblaricum	8:01
M45 Mike Kalnas	9.77	W80 Carla Convery	23.00	W80 Carla Convery	59.32	B Mead JerryBookin-Weiner	40-9	M50 Ronald Ruffin	2:25.80	M65 David Schmitt	9:32
M50 Terry Shuman	12.58	200m		400m	Silvani	B Harvey	39-5.5	M55 Paul Hakes	2:54.80	M75 Hugh Acton	9:21
Rich Dunphy	10.32	M30 Andrew Higgins	23.10	M30 Mark Gleason	58.08	Packy Fusco 57	36-4.5	M60 Jack Miller	2:23.70	M80 Jerry Jerome	1212
Dan Folk	8.98	M40 Herbert Roper	24.90	M40 Lawence Finley	56.71	Len Rosen 66 5k	40-6.5	M65 Paul Mason	3:11.90	M95 Julius Spielberg	20:16
M55 Joe Kalnas	10.81	M45 Wendell Williams	26.10	M50 Norman Thomas	1:05.85	KatrinaGeurkink 39 4k		M70 James Beall	2:43.30	W60 Frances Baunoch	10:11
M60 John Boykin	10.18	M60 Larry Colbert	25.60	M55 Del Meriwether	56.48	Diecus	Daniel Activity	M75 Harold Gates	3:23.90	W65 Charlotte Ambrose	13:16
John Lang	8.72	M65 Ed Abramic	31.50	M60 Austin Cotton	1:16.58	J Bookin-Weiner 1.5	k 143-1	W50 Linda Knapp	4:11.80	W70 Carolyn Selby	11:41
M85 Ezzat Pashai	11.07	W80 Carla Convery	1:00.20	M65 Ed Abramic	1:11.38	L Rosen 1k	138-3	W55 Ruth Thelen	2:59.90	W75 Mary Holland	11:40
. Ray Feick	10.73	400m	Parallel .	M70 Don Bramante	1:15.68	B Mead 1.5k	125-2	W60 Yvonne Constas	5:22.20	W80 Dorothy Ray	13:19
Burt Hughes M70 Tom Rice	8.66	M30 Mark Gleason	1:00.56	W35 Adina Valdez	57.03	B Harvey 1.5k	122-7	W65 Annette Hardy	4:30.30	5000m RW	
Art Harris	8.56 7.03	M35 Al Blocker	1:03.56	800m		K Geurkink 1k	118-4	W75 Mary Holland	4:48.90	M50 Rick Sack	30:31
W45 Shelley Keeling		M40 Herbert Rober	55.59	M35 Randy Ward	2:07.63	P Fusco 1.5k D Filkins 2k	116-9	1500m	11 92 6	M60 Hartan Vanblaricum	29:42
Discus	the Country of	M55 Del Meriwether	58.39	M40 Willes Lee	2:20.69	B Doherty 2k	99-5	M50 Ronald Ruffin	5:01.10	M65 David Schmitt	35:20
M40 Herman Pinque	40.60	M60 Alby Williams	58.93	M50 Eric Gyaki	2:32.17	C Letizia 2k	THE RESERVE OF THE PARTY OF THE	M55 Paul Hakes	6:22.50	M70 William Hall	30:29 33:23
John Kalnas	34.96	M65 Ed Abramic	1:14.60	M55 James Verdier	2:39.87	Hammer 1	Mark to the	M60 Jerry White	5:50.60	M75 Hugh Actor M80 Jerry Jerome	42:42
Remo Biagioni	32.48	800m	THE PARTY	M65 Bill Price	3:20.14	B Cedrone 16#	151-4	M65 Edward Hardy	6:52.10	W60 Frances Baunoch	37:51
M45 Dick McMillin	36.78		2:12.10	W30 Shari Liebschner	2:42.81	C Wallin 6k	150-4	M70 James Beall	5:51.40	Maria and the second se	40:44
M50 Terry Shuman Dan Folk	48.96 30.86		2:15.40	Mile		B Mead 6k	148-2	W50 Faith Unser	9:35.20	W65 Mary Hobeck	
M60 John Lang	38.82		2:37.45	M30 Craig Chasse	4:49.23	B Doherty 16#	138-6 130-0	W55 Ruth Thelen	6:20.30	W70 Carolyn Selby	41:28
John Boykin	37.68	Mile		M35 Ted Poulos	4:53.60	D Filkins 16# J Bookin-Weiner 6k		W60 Yvonne Constas	11:19.40	Ohio Senior Olymp	pics
Russ Van Put	37.56		4:53.00	M40 John Arbab	4,59.61	C Letizia 16#	100-8	W65 Annette Hardy	9:13.90	Dayton; July 14-2	
M65 Ezzat Pashai	38.26		5:05.00	M45 Dan Eddy	5:05.14	35# Weight	ADMINITED BY	High Jump	and the	100m	
Ray Feick	35.20	and the same of th	5:11.00	M50 Eric Gyaki	5:34.46	B Cedrone	46-6	M50 Walt Kooyer	4-8	M50 Lloyd Hathcock	12.30
Burt Hughes	21.40		6:51.00	W45 C Caravoulias	8:26.50	B Doherty	44-5	M55 Ziggy Pakiet	44	Lee Taste, Jr	13.40
M70 Tom Rice	25.38	3000m		W55 Julie Trapp	7:28.67	D Filkins	43-5.75	M60 Peter Lundell	44	Douglas Holland	13.60
Art Harris Manny Herscher	20.94		0:06.30	3000m		COUTUE	A COT	M65 Loren Monroe	4-8	M55 Allen Huff	12.90
M85 Claude Hills		THE RESERVE OF THE PARTY OF THE	0:09.10	M30 Craig Chasse	9:48.20	SOUTHE	ASI	W55 Cherie Ann Martin	4-2	Fred Svoboda	13.20
Javelin	15.78		2:43.70	M35 Ted Poulos	9:35.30	All American TC Th	rows Meet	W60 Nancy Hinshon	3-6	M60 Davis Clayton	14.00
M30 Dan Adams	57.98		10:37.10	M40 John Rusinko	10:06.00	Hampstead, NC;		W70 Peg Quigley	3-3	Jim Balinger	14.20
M35 Eric Schaad	50.90	Short Hurdles		M45 James Moreland	12:24.80	Shot Put	Constitution of	Pole Vault		Harry O'Neal	14.30
M40 Remo Biagioni	46.80	M40 Karl Smith	14.40	M50 Jay Wind	10:51.80	M35 Andre Minor	40-4.5	M50 Walt Kooyer	11	M65 Emest Walls	14.30
M45 Greg Geraci	53.58	M45 Keith Mathis	22.84	M55 Jim Lombardi	10:50.60	M50 Frank Reilly	42-6.5	M55 Larry Robinson	7-6	Tom Labbe	14.40
Dick McMullin	48.22	Long Hurdles		M65 Bill Price	17:06.00	M55 Mike Valle	35-9.5	M65 John Lamb	8	Terence McHugh	14.40
Ken Kring	41.30		1:03.41	Short Hurdles		W40 Ronda Minor	19-0	M70 Dee Sanford	7-6	M70 Everett Poe	14.80
M60 John Lang	44.18		1:14.19	M40 Jeremiah Lloyd	15.95	Discus		W60 Nancy Hinshon	5	Jerry Webb	15.30
Jerry Sullivan M65 Ezzat Pashai	27.60	High Jump	THE REAL PROPERTY.	High Jump		M35 A Minor	107-1	Long Jump	100	Richard soller	15.50
Ray Feick	40.46 31.50	M30 James Barr	5-8	M30 James Barr	5-8	M50 F Reilly	152-11	M50 Charles Crouch	14-1	M75 Jack Elvers	15.70
John Reider	22.08	M45 Anthony Markley	4-2	M50 Larry Nolly	3-10	M55 M Valle Hammer	119-2	M55 Ziggy Pakiet	15-9	Frederic Hirsimaki	15.60
M70 Tom Rice	27.82	M50 Larry Nolly	4-2	M55 Victor Litwinski	4-0	M35 A Minor	64-11	M60 Albert Matheis	14-5.50	Harold Wagner	16.70
Art Harris	16.16	Long Jump		Long Jump		M50 F Reilly	139-1	M65 William Rothley	14-2.50	M80 Gene Abdenour	17.90
M75 Jack Doorlay	20.70		6-2	M30 James Barr	19-8	M55 M Valle	124-0	M70 Michael Fiorillo	11.25	John Means	18.10
Mile Racewalk	THEORY CO.		15-11.50	M35 John McKenzie	18-1	Javelin (700g)	AND DESCRIPTION OF THE PARTY OF	M75 Nile Russell	10-11.50	M85 John Boesenhofer	18.30
M30 Eric Litt	8.16.3	Shot Put	THE	M45 Tom Cooper	14-8	M35 A Minor	107-7	M85 Kenneth Elliott	9.3-50	Woodie Davis	20.00
Chelmsford Twiligh	nt Throws		144	M50 Larry Nolly	15-8	M50 F Reilly	137-3	M90 Kenneth Simmons	7-3.75	Hugh Yeomans	43.40
Series		Discus	440	W80 Carla Convery	5-2	M55 M Valle	103-11	W60 Nancy Hinshon	10-7.50	W50 Charlotte Jarvis	16.70
Chelmsford, MA; A	ug. 2 & 13	M30 James Barr	116	Triple Jump	10000	35# Weight		W65 Patricia Lemanski	9.5-50	W55 Mary Robinson	15.10
August 2	100 To 100	M45 Keith Mathis	77-5	M40 Stephen Jackson	31-4.50	M35 A Minor	25-7.5	W70 Peg Quigley	7-2.75	Mary Eimermacher	16.70
Shot Put		M50 Toli Wellihozksy	103	Shot Put	40.0.75	M50 F Reilly	35-8.5	.W75 Mary Holland	8-11.75	Florence Gilmore	17.10
M45 Carmen Letizia		M55 Norman Johnson	97-10	M30 James Barr	48-8.75	M55 M Valle	32-0	Shot Put	10.0	W60 Essie Kea	17.00
M50JerryBookinWeir		M65 Bill Smith	149-4	M35 John McKenzie	25-10.25	MIDWE	ST	M50 Hilary Goerge	45-5	Mary Kelly	24.80
Discus	NAME OF TAXABLE	M75 Charles Pistorino	86-6	M55 Victor Litwinski	31-6.75			M55 Gerry Boiten	33-6.25	W65 Evelyn Nealeigh	18.40
M40 Brian Doherty	106-1	W65 Sharon Good	34-8	M60 Roger Peterson	30-6.50	Michigan Senior		M60 Dan Larose	40-7.50	Mary Myers	27.90
M45 C Letizia	102-3	W75 Bernie Kleinschmidt	37-9	M75 Charles Pistorino	30-11.25	Battle Creek; Jui	ne 13-17	M65 Arthur Hesskam	37-5.50	Hattie Barnes	52.00
Jim Queeny	69-6	Javelin	450.0	Discus		100m		M70 Karlis Ezerins	34-11.75	W70 Mary Seebeck	23.60
M50 Lance Turley M55 Al Neville	89-7	M30 James Barr	155-9	M30 James Barr	126-11	M50 Zbigy Zlobicki	12.30	M75 Art Holland	28-10.50	Mabel Lewis	24.20
Hammer	100-10	M45 Keith Mathis	122-6	M35 Chris Pendergrass		M55 Tim Butts	12.70	M85 Kenneth Elliott	25-4.75	Viola von de Porche	
	139-3	M65 Jim Eyer	101-2	M50 Eric Gyaki	74-6	M60 Albert Matheis	14.10	M90 Kenneth Simmons	the same of the sa	W75 Diane Friedman	21.00
	150-0	M75 Charles Pistorino	91-3	M55 Norman Johnson	102-9	M65 Ernest Alcocer	14.20	W50 Diane Schroder	16-6	W80 Mary Bowermaster	19.40
M40 B Doherty		W65 Sharon Good	27-8	M60 Roger Peterson	106-10	M70 John Wieck	16.10	W55 Cherie Ann Martin	30-11.50	W85 Josephine Gregg	32.80
	105-8		707		67-10	M75 Nile Russell	16.40	W65 Patricia Lemans	21-1	TIOU DOSCUTINIO CITCAL	32.00
M40 B Doherty M45 Bob Cedrone		W75 Bernie Kleinschmidt	38-2	M70Geoffrey Ross		The second secon		1100 I MUNICIPAL CONTINUES	21-1	The second secon	
M40 B Doherty M45 Bob Cedrone C Letizia M50 J Bookin Weiner L Turley	76-2	W80 Carla Convery	37	M75 Charles Pistorino	90-10	M85 John Boesenhofe	er 18.40	W70 Clara Gamble	24-10	200m	25.70
M40 B Doherty M45 Bob Cedrone C Letizia M50 J Bookin Weiner	134-0	W80 Carla Convery 1600m RW		the same of the sa		The second secon		W70 Clara Gamble W75 Mary Holland		200m M50 Lloyd Hathcock	25.70

Dwight Cartier 27.80 Lee Taste, Jr 29.10 M55 Fred Svoboda 28.00 M60 Clayton Davis 29.30 Bruce Cosmik 35.00 John McGinty 45.20 M65 Tom Labbe 31.20 Terence McHugh 32.30 Homer Halsey 47.60 M70 Jerry Webb 34.20 R75 Richard Cavicch 17.80 R75 Richard Cavicch 17.80 R75 Richard Cavicch 18.00 R75 Richard Cavicch 19.10 Laura McManamon 7.47.50 R85 Richard Cavicch 19.10 Laura McManamon 7.47.50 R85 Richard Cavicch 19.10 Laura McManamon 7.47.50 R85 Richard Soller 36.20 R75 Richard Cavicch 19.10 R85 Susie Todd 7:00.00 R860 Mary Bowermaster 42-10 R860 Mills Matz 27-6.50 R860 Rita Matz 27-6.50 R870 Richard Soller 36.20 R870 Mary Hartzler 34-6 Charlotte Jarvis 26-10 R80 Mary Bowermaster 42-10 R800 Mary Bowermas	57.80 11.32 21.03 48.36 47.50 18.83 07.08 31.32 56.24 12.41 16.99 19.98 47.07	W50 J Harrington Sharon Raham D Scoville W65 Joyce Franks 200m M35 M Hileman M40 Mike Mosier J Schwieterman Arthur Scott M45 T Reynolds Dan Radiff Jim Fallen M50 Scott Smith	17.07 17.47 18.32 21.41 24.91 25.13 25.67 27.71 25.03 25.41
Moderate   Continued from previous page   Dwight Cartier   27.80   Lee Taste, Jr   29.10   MS5 Fred Svoboda   28.00   M60 Clayton Davis   29.30   M60 Clayton Davis   29.30   John McGinty   45.20   M65 Tom Labbe   31.20   Terence McHugh   32.30   Homer Halsey   47.60   M70 Jerry Webb   34.20   Richard Soller   Sichard Soller	11.32 21.03 48.36 47.50 18.83 07.08 31.32 56.24 12.41 16.99 19.98 47.07	D Scoville W65 Joyce Franks 200 m M35 M Hileman M40 Mike Mosier J Schwieterman Arthur Scott M45 T Reynolds Dan Radiff Jim Fallen	18.32 21.41 24.91 25.13 25.67 27.71 25.03 25.41
Description	21.03 48.36 47.50 18.83 07.08 31.32 56.24 42.41 46.99 49.98 47.07	W65 Joyce Franks 200m M35 M Hileman M40 Mike Mosier J Schwieterman Arthur Scott M45 T Reynolds Dan Radiff Jim Fallen	21.41 24.91 25.13 25.67 27.71 25.03 25.41
M55   Fred Svoboda   28.00   M75   Richard Cavicchi   13:39.80   M80   Clayton Davis   29.30   M80   Clayton Davis   29.30   M80   Clayton Davis   29.30   M80   Mary Hartzler   6:19.10   Laura McManamon   7:47.50   M80   Mary Hartzler   6:19.10   Laura McManamon   7:47.50   W85   Susie Todd   7:00.00   Betty Warwick   7:18.00   M80   Mary Hartzler   6:19.10   Rebecca Baker   16-7   W80   Mary Bowermaster   42-10   Eleanor Ridinger   29-6   W80   Mary Bowermaster   42-10   M80   Mary Bower	48.36 47.50 18.83 07.08 31.32 56.24 42.41 46.99 49.98 47.07	200 m M35 M Hileman M40 Mike Mosier J Schwieterman Arthur Scott M45 T Reynolds Dan Radiff Jim Fallen	24.91 25.13 25.67 27.71 25.03 25.41
M55 Fred Svoodda 22.00 M75 Richard Cavicchi 13:39-80 M60 Clayton Davis 29:30 Bruce Cosmik 35.00 John McGinty 45:20 M65 Tom Labbe 31:20 Terence McHugh 32:30 Homer Halsey 47:60 M70 Jerry Webb 34:20 Richard Soller Sicher Scheller 36:20 Edward McKibbin 52:50 M85 Josephine Gregg 13:31.80 M75 Richard Cavicchi 13:39-80 M75 Rebecca Baker 16-7 M60 Mary Bowermaster 42-10 Eleanor Richinger 29-6 M70 David Cramer 9:41.70 M75 David Cramer 9:41.70 M75 David Cramer 9:41.70 M75 David Cramer 9:41.70 M75 Picture M75 Rebecca Baker 16-7 M75 Rebecca Baker 16-7 M75 David Richard Cramer 9:41.70 M75 David Cramer 9:41.70 M75 David Cramer 9:41.70 M75 David Cramer 9:41.70 M75 Picture M75 Millie Botton 9:11.20 M75	47.50 18.83 07.08 31.32 56.24 12.41 16.99 19.98 47.07	M35 M Hileman M40 Mike Mosier J Schwieterman Arthur Scott M45 T Reynolds Dan Radiff Jim Fallen	25.13 25.67 27.71 25.03 25.41
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M65 Tom Labbe   31.20   Betty Warwick   7:18.00   Terence McHugh   32.30   Homer Halsey   47.60   M70 Jerry Webb   34.20   Richard Soller   36.20   Edward McKibbin   52.50   Edward McKibbin   52.50   M85 Josephine Gregg   13:31.80   M85 Jane Mills   20-6.25   Jane Mills   20-6.25   M80 David Cramer   9:41.70   Eugene Kester   11:17.80   M40 Burton Adrian   4 M50 Ron McKay   4 M50 Ron	31.32 56.24 42.41 46.99 49.98 47.07	M45 T Reynolds  Dan Radiff  Jim Fallen	25.03 25.41
Terence McHugh 32.30 Homer Halsey 47.60 M70 Jerry Webb 34.20 Richard Soller 36.20 Edward McKibbin 52.50 W85 Josephine Gregg 13:31.80 W66 Mary Pace 7:51.80 W70 Viola von de Porche 10:02.00 W70 Viola	56.24 42.41 46.99 49.98 47.07	Dan Radiff Jim Fallen	25.41
Homer Halsey   47.60   W70 Viola von de Porche 10:02:00   Ruth Slicker   25-7   M55 Paul Hammer   7:38.40   M60 Al Ravenscroft   M60	42.41 46.99 49.98 47.07	Jim Fallen	
M70 Jerry Webb 34.20 W75 Millie Bolton 9:11.20 Fran Yost 21-11 M60 William Learnbuild 9:57.50 W80 Vadine Koenig 10:40.70 W80 Vadine Koenig 10:40.70 W85 Josephine Gregg 13:31.80 Makel Lewis 17-7 Robert Denney 10:00.70 W50 Madonna Hosch 6	46.99 49.98 47.07		27.13
Richard Soller 36.20 W80 Vadine Koenig 10:40.70 W70 Lucille Sampson 22-9 John McCentry 9:39.70 W40 Kari Gilarski 5 Edward McKibbin 52.50 W85 Josephine Gregg 13:31.80 Mabel Lewis 17-7 Robert General Processing 10:40.70 W50 Madonna Hosch 6	49.98 47.07		27.11
Edward McCribbill 32.50 W55 Josephille Glogy 15.51.60 W56 Madonna Hosch 6	No.	John Stiehl	28.28
	00.40	Dave Simons	28.91
M/5 George Rises 35.50 Fight Jump 10.10.70 Short Hurdles		M55 Lee Mayfield T Scoggins	27.12 27.54
Prevent Parished United House 0-11 30 M40 Handy Schorl	22.46 16.28	Paul Gilbert	31.41
Harold Wagner 42.00 Ralph Baker 5-0 Ruby Wise 10-1 M/0 Richard Hopper 9:11.50 M50 Randy Olson M80 Gene Abdenour 41.80 Robert Fuett 4-8 Diane Friedman 14-3 Jack Shuter 9:30.50 M60 Dick Doyle	21.82	M60 R Kirkpatrick	27.95
Norman Woolley 51.90 M55 Philip Barcus 4-8 W80 Mary Bowermaster 19-6 M75 Gunter Sprockhoff 10:45.00 W30 Karma Nielsen	19.11	R McKisson	29.31
M85 John Bossenhofer 42.10 Richard Baker 3-10 Eleanor Ridinger 14-4.50 Jack Elfers 10:45.30 W40 Martha Bauder	22.22	L Thompson	30.61
W50 Charlotte Jarvis 37.80 M60 James Mills 4-2 Discus M80 Anthony Silvidi 10:13.70 Long Hurdles	7.40	M65 Ray Franks	31.43 32.30
W55 Mary Robinson 32.20 George Telle 4-2 M50 Douglas Weikert 112-4 Hugh Yeomans 14:01.60 M30 Marek Wensel	57.19 51.74	M70 A Anderson M80 Ed Carter	35.83
Trudy Roth 57.10 Boyd Martin 4 Logist Residue 100 5 1750 Soyce Truthalas 40.05 40 Miles Kitchell	89.52	W35 R Galloway	32.56
Mary Elimermacher 37.30 M65 Wayne Mishler 4-6 M55 Pietr Bachorik 103-5 W55 Doteeli Jeske 10.20-40 M60 Torn Williams	75.31	Lynn Chance	33.37
W30 Lori McQuiston	40.26	W40 Sue Norton	31.16
ACTOR LONG THE STATE OF LONG JUMP	Ref.	W45 R Martin	37.79 38.87
400.00	7-4	Mileah Loeb W50 J Harrington	38.28
The state of the s	-1	D Scoville	39.35
	-6	W65 Joyce Franks	48.90
W80 Ernestine Yeomans 1:03.30 Jack Effers 3-6 Chuck Wiedman 90-3 W85 Josephine Gregg 14:43.20 W30 Angelica Terry	-7	400m	SPECIAL S
W85 Josephine Gregg 1:18.20 Richard Cavicchi 3-0 Tarp Taormina 83-3 5K W40 Kay Glynn	1-0	M35 M Hileman	55.18
400m M80 Anthony Silvidi 3-4.50 M70 Cliff Sampson 108-1 M50 John Hickey 18:27 W50 S Christensen	-7	M40 Mike Mosier M45 Jim Fallen	56.35 61.12
M50 Dwight Cartier 1:04.80 M85 John Boesenhofer 3-9 Rafael Carmoega 72-5 Tim Payne 18:39 Triple Jump  Loud Hethoryk 1:07 30 W55 Pahama Paker 3-2 M75 Carme Riser 121 lark Hall 21:26 M30 Mike Cunningham	7-5	Dan Radiff	57.95
Libyu naurcox 1.01.00 Was repeated baker 32 MAO I Was mantel	2-5	M50 Noel Hughes	66.64
MSS Allow Hirff 59 90 MSS Chadone Oliver 3.4 William McOwen 64.1 MSS John Tasseff 24.43 MSO Randy Olson	)-4	M55 Lee Mayfield	65.87
Fred Surboda 1:03:10 NZO Mary Carbods 2:10 NRO Corre Curry 70.5 James Flowers 26:48 M60+Ren Clark	-1	S Thomas	88.16
Design March 4:40 50 was to 20 Case Abdress 79 11 Debut Chita 27:42 W30 Joanne Cison	7-9	M60 R McKisson W35 R Galloway	68.81 81.62
M60 Clayton Davis 1:06:30 Pole Vault Theodore Cook 52-10 M70 Peter Grasselli .22:35 M30 Mark Twedt	5-8	W45 R Martin	91.74
Jim Ballinger 1:09.90 M50 Eugene Kester 4-0 M85 Woodie Davis 58-5 David Staley 23:55 M40 Jim Stamp	5-6	W50 D Scoville	92.1h
John Eimermacher 1:21.70 Donald Thalheimer 4-0 John Boesenhofer 54-9 Donald Myers 26:02 M50 Alan Russell	5-4	800m	MEN'S
M65 Tom Labbe 1:16.40 M55 Richard Baker 4-0 Hans Rosenberg 53-7 W55 Trudy Roth 24:33 M60+Chuck Wolle	1-2	M35 M Hileman	2:06.39
John Corbet 1:18.60 M70 Jerry Webb 6-6 W50 Mary Hartzler 101-5 Betty Wawick 24:44 Shot Put	110	M40 A Crook	2:03.05
Manual Ma	5-8 1-7	M45 S Gallegos T Reynolds	2:06.25
M/O Joint Monide 1.13.40 Mos Joint Desembler 4-11 Was reduced baker 30-2 WOU ruse bay 33.33 MSO lim Kelly	7-8	M50 D Whiting	2:36.62
Donaid Myers 1.29.30 Long Jump Card Stiller 1990 Wos Biller Staty 29.30 McC-Bichard Ave	2-5	J Underwood	2:39.87
M75 Geome Riser 1:23.80 James Troubline 13.8.50 W60 Rita Matz 56-10 W70 Viola you de Poyche 35:21 W30 Karma Nielsen 2	-4	G Eldinger	2:56.52
Dishard Corincia 2/25 00 France Knots 11 5 50 Jan Mayor 51 1475 A 515 Dallas 200 F W40 HOSE Vroegn	3-8	M55 S Thomas M75 E MacDonald	3:27.85 3:37.29
MOD Norman Woodley 205 90 Mrs Philip Power 12 50 WG Path, Charles 61 1 MRO Vertice Version 27/22	3-8 9-1	W45 Teresa Drotar	2:41.37
M85 Woodie Davis 2:30.50 Richard Baker 10-2.50 Evelyn Nealeigh 50-8 10K Discus		1500m	
	60-10	M35 Jim Bogus	4:40.1
	15-0	M45 S Gallegos	4:35.4
1400 Cm - 141 - 14	32-7	M50 D Whiting M55 J Wachwitz	5:41.2 6:04.9
Was Kerne Misland	17-10 83-6	W30 Lesia Hlady	5:25.0
Trotalice Similare 1.32.00 Sack Wallington 92.23 W/5 Maily Cook 94-5 Mos James Flowers 1.12.00 W/6 Linds Rouse	08-8	W40 P Gilmour	5:54.7
VIOS Citatione City 1.40.70 Tarp Lackritina 0 Dane Friedman 35-2 M/O David Statey 49.20	amae	3000m	SHEET !
Hattle Barnes 5:02.60 M70 Richard Soller 11-11.50 W80 Eleanor Ridinger 34-5 Jerry Martin 58:27 Hocky Mountain Masters W70 Mary Cavicchi 3:50.90 M75 Frederic Hirsimaki 11-1.50 Javelin W55 Betty Warwick 56:02 Boulder, CO; Sept. 2		M45 Tom Rojas	11:52.8
W75 Millie Bolton 2:07.70 Villen Rahe 8-9 M50 Dounlas Weikert 108 Sucia Todd 56:02 50 m		M55 J Wachwitz M60 H Sinkovec	13:31.4 12:02.0
W80 Emestine Yeomans 2:48:50 Richard Cavicchi 7:75 Thomas Wordey 103.6 Taudy Poth 56:02 M40 Mike Mosier	6.81	W30 Lesia Hlady	11:35.0
W85 Josephine Gregg 3:07.80 M85 John Boesenhofer 8-9.75 Douglas Holland 99-6 W65 Billie Stacy 59:16 M50 W Gillette	7.22	W40 P Gilmour	12:49.3
800m W55 Florence Gilmore 7-7 M55 Herb Bachorik 110 M55 T Scoogains	7.18	110H	Sea State of
M50 Tim Payne 2:29.00 Rebecca Baker 6-3.50 Ronald Dombrauckas 108-6 MID-AMERICA M60 George Cairns	7.62	M45 Dan Radiff	19.27
Primp barcus 1024	7.87	Gene Iwen M65 Ritch White	20.62 31.62
Donald Thalheimer 2:53.50 W65 Charlene Oliver 9-8.50 M60 Robert Pangburn 109-3 Iowa Games M70 A Anderson M55 Ralph O'Neal 2:38.30 Ruth Slicker 8-7.25 Richard Otzman 109 Gilbert; July 15-16 M75 G Butchko	8.21	Long Hurdles	31.02
Larry Hadley 3:32.30 Evelon Nealeigh 7-9.50 M80 Ed Carter	9.54 8.84	M35 Doug Schneebe	eck 57.36
M60 Jack Miller 2:32 50 W70 Mahal Lawis A.4.25 Jack Miller 100m W35 R Galloway	8.06	Wayne Wood	67.77
Clayton Davis 2:41.80 W75 Diane Friedman 4-10.25 Gerald Keenan 98.7 M45 Bit University 12.68 W45 R Martin	9.10	M45 Gene Iwen	68.52
John Eimermacher 3:13.70 W80 Mary Bowermaster 8-3.75 John Murray 96-5 M50 Clarence Hudson 12:02 W50 E Daiton	8.50	T Reynolds M60 R Kirkpatrick	71.38
M65 John Corbet 3:03.00   Shot Put   M70 Everett Poe 79-6   M55 Lestie Lane 13.12   10.0m	1.00	M70 Chuck Sochor	65.87
John Tasseff 3:04.90 M50 Douglas Holland 35.25 Ronald Myers 58 M75 Mel Larsen 13.81 M40 Steve Galetta	2.31	High Jump	
Personal Ownbey 3:05.10 James Potter 33-9 Clark Beck, Sr 45-9 W30 Angelica Terry 14.32 Mike Mosier	2.41	M45 V Snezhko	1.53
M70 Donald wyers 3:39.00 Douglas Welkert 32-6 M75 Frederic Hirsimaki 103-3 W35 Karen Sandvig 15.00 Kevin Jordan	3.58	M50 T Schaffer	1.53
M75 Compa Disease 4:05:20 Della Dessay 24.7.75	2.41	G Eidinger M55 D Leczinski	1.47
MOD Names Walley 504.00 B 1 C 1 C 1 C 1 C 1 C 1 C 1 C 1 C 1 C 1	3.69	M60 Larry Carter	1.27
M85 John Murray 4:23.60 M60 Stenhen Cohen 42.10 M60 Scott Smith	4.32 2.85	A Zahn	1.37
W50 Mary Hartzler 3:05.80 paul Deem, Sr 39-8 Karl Dinorg 30.7 M30 Marek Wensel 23.44 W Gillette	3.13	Ed Arnold	1.07
W55 Betty Warwick 3:45.70 Jack McDonald 35-10.50 M85 Woodie Davis 56-1 M35 Jeff Alaimo 24.79 John Stiehl	3.61	M65 Ritch White	1.27
W60 Mary Pace 3:56.40 M65 Chuck Wiedman 31-2.50 Hans Rosenberg 51-3 M45 Stan Zawistoski 27.75 M55 Lee Mayfield	2.74	M75 Bill Chivvis M80 R Maxwell	1.12
W70 Mary Cavicchi 7:18.10 Tarp Taomina 30-1 John Boesenholer 50-2 M50 Clarence Hudson 26.24 lim Ergerie	3.33	Ed Carter	1.12
Wos Josephine Gregg 7:03.80 Gerald Keenan 29-8 W50 Charlotte Jarvis 73 M55 Leslie Lane 27.83 M60 R McKisson	3.77	W Trimmell	0.76
M50 Geome Panak A46 50 M70 Peter Augsburger 39-3.25 W55 Carol Smith 44-2 M75 Mel Larsen 27.83 R Kirkpatrick	4.00	W50 Sharon Raham	0.98
Tim Payne 448.40 Cliff Sampson 33-8 Rebecca Baker 43-10 W30 Angelica Terry 30.64 L Thompson	4.03	W75 Willie Gatza	0.76
John Hickey 4:57.20 H37-County 25-11.50 Carole Ragan 36-1 W33 Mana Marrier 40.85 M65 Ray Franks	4.92	Pole Vault	To Take the
M55 Larry Hardley 7:11.40 W70 Joyce Mason 61-5 W45 Andrew Late Williams 97.00	5.51	M30 J Culligan M45 Brad Winter	3.97
M60 John Medici 6:13.20 William McOwen 26-8 Jeen Meyer 53 400 m M75 A Butchko	5.06 8.19	M50 Ed Halik	3.81
John Eimermacher 6:35.20 M80 George Cuny 29-2 W65 Ruth Sticker 84.4 M30 Marek Wensel 49.53 M80 Ed Carter	6.33	M60 A Zahn	1.98
Tjice Kwan 7:00.20 Theodore Cook 18-775 Alice Strandick 45 6 M40 Steve Winkel 55.52 W35 R Galloway	4.93	M75 Bill Chivvis	1.98
M65 John Corbet 6:16.00 Karl Dippong 14-10-3 Fushin Magazinh 43 M50 Alan Hussell 56.85 Lynn Chance	5.76	Long Jump	
John Tasseff 6:21.60 M85 John Boesenhofer 26-2 W70 Mary Seebeck 36-4 W30 Lori McQuiston 85.74 Regarding	4.84	M40 A Scott	5.72
resolid Owalley 0.54.00   Woodle Davis 22-9   Dec 7	7.19 7.46	J Schwieterman	5.61
	. 10	Continued or	next page

Continued from previous pa	age I		00.07	Robert Mitchell	12.31	W65 Phyllis Provost	01:46.7	POLE VAULT	CAME D	George Jageman	26.45
	4.90	B Hedendal M55 Ian Percy	39.07 42.38	David Cotner	12.51	800 METERS	Substitute of	MO Kyle Ellis	4.10	M65 Wendell Palmer	48.01
	4.07	Jim Francis	31.49	Mike Loyd	13.3	M O Brian Stephenson	02:01.6	Dan Strong	3.95	Bob Ward Ross Vrooman	41.60 29.80
	3.86	R Hambrick	34.62	T H Wilson	13.31	Jacob Shaffer	02:05.2	Matt Burnside	3.80	Rudy Almaguer	26.65
	3.50 4.32	M60 G Cairns	36.35 25.73	Tom Swan James May	14.41	Blain Montgomery	02:09.7	Tim Dooley	3.65	M70 Ed Hooker	38.72
	3.90	Robin Herron A Zahn	24.43	M55 Tom Fisher	12.96	M30 James Whitlatch	02:05.5	John Cherry	3.35	Val Smith	28.61
	3.62	M65 Vern Spencer	22.22	Troy L Scoggins	13.43	Carlo Deason Wade Butler	02:07.3 02:18.6	Glen Goodrich Travis Timm	3.35 1.60	M75 Bill Carter	32.36 17.73
	3.46	Allen Norris	14.56	M60 Don Denson	12.75	M35 Scott Steffan	02:02.5	M30 Anthony Beimer	3.20	Doc Bennett Adrien Pronovost	17.73
	3.91 2.88	M70 H Kroeker M75 Fred Hirsimaki	17.11 30.86	James Paddie	12.76	Luke Luo	02:04.8	Richard Hare	3.05	M80 John Alexander	25.88
	2.81	Frank Bowles	29.22	M65 Paul Johnson	13.00	Kerry Sloan	02:06.9	M35 Tom Garzillo	3.35	W6( S. Brooks-Smith	15.07
	3.53	Dale Buysee	22.61	Joe Summerlin Pat Meagher	13.51	M40 Jeff Lindsay	02:02.5	M40 Jerry Strong	4.55	Mary L Bradford	14.42
	3.10	W75 Willie Gatza	12.92	David Cady	14.56	David DeSosa	02:05.2	Ken Ellis	4.25	W7( Georgia Goggin	12.76
	1.83	C Acton	9.78	Bill Wareham	15.01	M45 J J Jenkins Horace Grant	02:12.7	Coy Akers Mike Timm	3.65 2.90	W8( Alatha Cole	10.35
	2.48 3.05	Weight Throw (WAV M35 Rande Treece	10.56	Bill Biddy	16.53	Bill Schumann	02:19.7	M45 Mike Vick	2.90	HAMMER THROW M35 Jim Ward	27.37
	1.46	M Girouard	10.54	M70 Bill Pardue	15.04	Doug Story	02:31.7	M50 Dennis Schmitt	3.20	M40 Ken Jansson	58.43
Triple Jump		M50 Tim Edwards	17.42	Jack Gilbert	15.76	M50 Dave Joyce	02:14.6	M55 Jerry Wright	2.30	Gary Stanley	24.58
	1.66	B Hedendal	14.71	M75 Bob Wingo Doc Bennett	18.04	M55 Milan Martinic	02:45.1	M60 George Jageman	2.15	M50 Terrell Schaffer	27.93
	8.47 8.15	Ron Broce M55 Ian Percy	15.23 15.70	M80 John Alexander	16.07	M60 Bob Cozens	02:34.6	LONG JUMP	100000	Marold Bourgeois M55 Jerry Wright	26.70 19.83
	7.28	D Caligaris	11.60	W C LaParsha Jordan	14.75	M65 Dick Doores	03:11.7	'MO Bruce Jones	6.01	M60 John Cantrell	30.07
M80 Ed Carter 7	7.33	R Hambrick	8.51	W3( Elaine Boda	12.62	M75 Bob Wingo M80 Orville Rogers	03:46.3 04:03.8	Richard Counts Raymond Brunner	5.20 4.79	Harold Crater	22.46
The state of the s	6.25	M60 Robin Herron Al Norris	12.27 6.86	Veronica Smith	13.53	W 3 Magi Curtis	03:24.2	Eliot Whitfield	4.73	M65 Bob Ward	40.97
	5.57 6.51	M65 Vern Spencer	13.93	W4( Felicia Anderson	13.21	W35 Misti Taylor	03:00.4	Dylan Akes	2.62	Wendell Palmer	36.84
	3.50	M70 H Kroeker	13.11	Willie Lester Mary Nell Cash	14.66 15.18	W65 Phyllis Provost	03:45.8	M30 Anthony Beimer	4.40	M70 Val Smith	22.03
Shot Put	DOT:	. M75 Roger Lee	9.72	Debra Stuart	15.78	1500 METERS		M35 Kerry Sloan	5.28	M75 Adrien Pronovost Doc Bennett	19.41 17.00
	3.89	Frank Bowles	8.67 6.61	W6( Sylvia Brooks-Smith	18.06	MO Jacob shaffer	4:34	Alan Sims	5.20	W3( Penni Pardue	8.61
	3.55 3.12	G Butchko W60 Joy Kaylor	9.96	Mary Lou Bradford	19.03	Martin Wagema	4:35	Bert Williams	5.08 6.35	W6( Mary L. Bradford	9.33
	2.19	W75 Willie Gatza	4.98	W6 Phyllis Provost	19.17	Blain Montgomery	5:54	M40 Monzell Baker Jerry Moore	5.93	W7( Georgia Goggins	4.52
Tim Fuehrer	9.45	C Acton	4.87	200 METERS		Henry Gongoria	6:37	Peter Biadasz	3.35	JAVELIN THROW	
	4.34	Superweight M50 Tim Edwards	9.28	M O Oliver Sirop	22.17	M30 Carlo Deason	4:27 7:07	M50 Dennis Schmitt	4.48	M30 Anthony Beimer	35.98
THE RESERVE AND ADDRESS OF THE PERSON NAMED IN COLUMN 1 AND ADDRES	3.00 2.35	M50 Tim Edwards T Schaffer	4.95	Brandon Bisco	23.37	Mac Curtis M35 Kirk Siklar	4:21	Tom Swan	3.79	M35 Jim Ward	28.98
	3.12	M60 Robin Herron	5.05	Perry Scott	24.12	Chris Hughes	4:30	M55 Jerry Wright	3.84	M40 Gary Stanley	37.77
	0.61	M65 Vern Spencer	5.59	Jeff McKinley Eliot Whitfield	24.64	M40 Mac Allen	4:22	Milan Martinic	3.80	Coy Akers	35.33
	0.24	W60 Joy Kaylor	5.91	Michael Scott	32.66	Steve Elwonger	4:25	M60 James Paddie George Jageman	4.80 3.12	Peter Biadasz	32.80 50.37
	2.21 0.97	Pentathion M40 Jim Knoll	1008	M30 Kirk Beeby	22.94	Frank Houston	4:29	M70 Jack Gilbert	3.76	M45 Glen Pere' Dave Rhatigan	33.39
	0.64	M45 Mike Hill	3074	. Shawn Anger	23.92	M45 Terry Zeigler	4:48 6:06	Val Smith	2.70	M50 Warren Wilkie	46.04
	0.51	Paul Fields	2023	M35 Francois Boda	22.70	Greg Harrison M50 Don McKenzie	5:26	M75 DocBennett	2.49	Harold Bourgeois	37.36
	0.15	M60 G Cairns	3209	Clain Udy Bert Williams	24.70	John Smeby	6:12	WO Keionora Preston	4.34	Rick Dambrogi	30.85
	7.67 0.33	M65 Al Klowser M75 Fred Hirsimaki	1942 3000	M40 Wiley Turner	23.90	M60 Mack Stewart	5:25	W7( Georgia Goggin	1.90	Terrell Schaffer	32.09
	8.39	Weight Pentathion	Charle C	Lindy Raney	24.10	David Lard	5:32	TRIPLE JUMP	40.00	M55 Jerry Wright M60 John Cantrell	23.4 31.71
	9.70	M35 M Girouard	2797	Ron Valmore	24.21	M80 Orville Rogers W3( Magi Curtis	8:30 7:07	MO Bruce Jones M35 Kerry Sloan	13.66	George Jageman	24.65
Color State of the Color of the	9.52	Rande Treece	2329	Ray Pennie	24.63	W6. Phyllis Provost	9:26	M40 Monzell Baker	13.16	Harold Crater	23.78
	8.84 8.73	M50 B Hedendal Ron Broce	3772 3523	William Brown Jeff Matthews	30.15	3000 METER RW	400	Jerry Moore	12.06	M65 Bob Ward	36.20
	8.00	T Schaffer	2747	M45 Will McHone	25.12	M50 Norman Frable	15:40	Peter Biadiasz	6.06	Wendell Palmer Jack Parker	34.44
	5.26	M55 Ian Percy	3618	Horace Grant	25.67	M55 Mike Broyles	19:45	M50 Dennis Schmitt M55 Milan Martinic	6.26	Ross Vrooman	35.08
C Acton	4.79	D Caligaris M60 Robin Herron	2938 2974	Jimmy Jones III	25.90	David Gordon	19:46	Troy L. Scoggins	7.98 7.30	M70 Val Smith	28.58
	1.60	Al Norris	1773	M50 Robert Mitchell	25.29 25.54	M60 Carl Mills M65 Presley Donaldson		M70 Val Smith	6.26	M75 Bill Carter	23.74
M40 R Anderson 43	3.90	M65 Vern Spencer	3449	David Cotner Mike Loyd	27.55	W5( Kathy Frable	19:41	M75 Doc Bennett	5.21	Doc Bennett	16.02
	1.84	M70 H Kroeker	2995	M55 Tom Fisher	26.24	Patti Mills	21:57	SHOT PUT		Adrien Pronovost	13.25
	1.12	M75 G Butchko Frank Bowles	3465 3084	M60 Bob Lida	26.06	W7( Jane Nightingale	21:23	M35 Stefan Bloomquist	18.38	M80 John Alexander	18.02
	5.98	Roger Lee	2998	Don Denson	26.51	W8( Fan Benno-Caris	26:29	Dave Rothenbury	12.38	W6( Mary L Bradford S. Brooks-Smith	19.21 18.58
	3.85	W60 Joy Kaylor	3110	James Paddie	26.53	5000 METERS	M. Wilder	Jim Ward	10.64	W7( Georgia Goggin	12.20
	6.55	W75 C Acton	2316	Bob Cozens	28.26	MO John Warnes	21:37	M40 Richard Stewart	9.64	WEIGHT THROW	
	2.35	Willie Gatza 3000m Racewalk	2279	M65 Paul Johnson Joe Summerlin	26.42 28.51	M35 Doug McDougal M40 Marc Dick	19:24 17:48	Gary Stanley Peter Biadiasz	8.68	M35 Jim Ward	11.94
	7.99	M65 V Stautims	20:00.0	Pat Meagher	29.21	W30 Magi Curtis	######	M45 David Rhatigan	13.18	M40 Gary Stanley	11.89
	0.28	John Lyle	20:23.5	David Cady	30.93	80/100/110 HURDI		Lonnie Lewis	12.95	M50 Harold Bourgeois	11.77
	5.67	M70 R Kaylor	23:39.1	Bill Wareham	31.38	M30 James Smith	15:48	M50 Harold Bourgeois	12.56	Terrell Schaffer	8.18
	0.56	M75 K Timmerhaus W40 S Brintnall	21:31.8 21:58.2	M70 Jack Gilbert Bill Pardue	32.56	M35 Dan Cook	16.03	Terrell Schaffer	10.30	M55 Jerry Wright M60 John Cantrell	9.36· 12.86
	3.62	W45 S Gossert	18:24.0	M75 Doc Bennett	46.15	Kerry Sloan	16.44	Rick Dambrogi	10.01	Harold Crater	9.93
M70 Stan Hayes 3	1.73	Marge Smith	23:00.8	M80 John Alexander	34.19	M60 Charley Miller	15.65	M55 Sheppard Miers  Jerry Wright	12.58 8.91	M65 Bob Ward	16.54
	0.89	W50 M Martino	17:14.3	W3( Diane Broff	26.48	M70 Val Smith 300/400 IH	20.05	M60 John Cantrell	13.06	Wendell Palmer	14.75
	8.38	Barb Amador W60 R Sinkovec	17:48.9 18:22.4	Veronica Smith	29.87	MO Brandon Bisco	57.40	Harold Crater	11.80	M75 Doc Bennett	9.47
	3.53			W4( Felicia Anderson Cynthia Samilton	27.38 30.61	M30 James Smith	59.13	George Jageman	9.32	Adrien Pronovost W6( Mary L. Bradford	8.28 6.36
	7.05	SOUTHWE	EST	Mary Nell Cash	32.46	M35 Kerry Sloan	59.28	M65 Bob Ward	13.12'	W7( Georgia Goggin	6.32
	21.67	Texas Masters Cham		Debra stuart	33.24	M40 Peter Biadasz	01:30.6	Wendell Palmer M70 Val Smith	12.41	SUPER WEIGHT TH	PER SECURITION OF SECURITION O
	3.12	Dallas, TX; July		W6( Sylvia Brooks-Smith	40.53	W0 Jackie Shilcutt	01:21.0	M75 Doc Bennett	9.30 7.38	M35 Jim Ward	6.65
Willie Gatza 1:	2.20	100 METERS	No. of the last	W65 Phyllis Provost	40.83	HIGH JUMP		Adrien Pronovost	6.10	M50 Terrell Schaffer	5.53
	1 80	M O Oliver Sirop	10.86	400 METERS	1000	MO Glad Morrison	1.98	M80 John Alexander	8.31	Harold Bourgeois	5.52
T Matsumato 3	37.22	Atwell West	11.52	M O Richie Harrington	55.01	Jeff McKinley	1.83	W3( Penni Pardue	8.62	M75 Doc Bennett	6.25
	9.75	Perry Scott Eliot Whitfield	11.62 12.37	David McWhirter M 3( Kirk Beeby	64.72 50.11	Dan Strong M30 Matt Sunderman	1.83	W6( S. Brooks-Smith	6.31	Adrien Pronovost	5.72
	12.76	M30 Kirk Beeby	11.39	James Whitlatch	54.45	M35 Guvener Isik	1.83	Mary L. Bradford	5.50	MEGA-WEIGHT TH	ROW
	2.75	James Smith	11.69	Carlo Deason	57.02	M40 Jeff Matthews	1.62	W7( Georgia Goggin	5.30	M35 Jim Ward	4.59
D Caligaris 2	28.23	Shawn Anger	11.73	M40 Jeff Lindsay	53.57	Peter Biadiasz	1.22	W8( Alatha Cole	3.67	M50 Harold Bourgeois	3.48
M60 Robin Herron 2	27.43	M35 Francois Boda	11.15	Lindy Raney	54.85	M50 MilanJamrich	1.78	DISCUS THROW	O TOTAL	M75 Doc Bennett Adrien Pronovost	4.73
	33.38	Clain Udy Alan Sims	11.33	Bryan Shilcutt	58.06	- Terrell Schaffer	1.52	M35 Dave Rothenbury	43.59	Weight Pentathion	1.00
The second secon	23.56	Bert Williams	12.12	M45 Rick Easley	54.94 59.24	Norman Frable	1.52	Jim Ward M40 Richard Stewart	27.80 43.33	Jim Ward 3	5 2156
M70 H Kroeker 2	25.68	M40 Wiley Turner	11.46	Will McHone M50 Mike Loyd	59.24	Harold Bourgeois	1.37	Coy Akers	32.88	Gary Stanley 4	3 2397
M75 Roger Lee 2	26.41	Ray Pennie	11.81	T H Wilson	61.02	M55 Jerry Wright	1.27	Gary Stanley	28.79		0 3226
	22.85	Ron Valmore Jeff Matthews	11.89 12.94	James May	67.95	George Jageman	1.14	M45 David Rhatigan	40.48		1 2574 7 2128
	19.40	M45 Willard Thompson	12.17	M55 Tom Fisher	57.86	M65 Ross Vrooman	1.22	M50 Harold Bourgeois	42.02		1 2869
Contraction and the contraction of the contraction	0.83	Will McHane	12.27	M60 Bob Lida	59.74	M60 James Paddie	1.42	Warren Wilkie	39.94	John Cantrell 6	3 3435
Javelin	HOLE.	Larry Burney	12.73	M65 Bill Wareham	01:16.0	M70 Val Smith	1.22	Terrell Schaffer	36.86		7 3845
	13.37	Robert Hahn	13.32	W3C Diane Broff	60.44	M75 BobWingo	1.07	M55 Sheppard Miers  Jerry Wright	40.59		88 4565 9 2186
	9.97 8.89	Richard Brownjohn Roy Morales	13.65	W3: Beth Michalak	64.11	W6( Mary L.Bradford	0.87	M60 Harold Crater	37.83		9 2166
CONTRACTOR OF THE PERSON OF TH	8.15	M50 Randy Smith	12.06	W45 Laura Keams		W7( Georgia Goggin	0.87	John Cantrell	33.47	Continued on	
NAME OF TAXABLE PARTY.		A Control of the Cont	and the second	THE PERSON NAMED IN COLUMN TWO IS NOT THE OWNER.	Total Science Science	with a self-real real real real real real real real				The second secon	THE REAL PROPERTY.

Continued from previous		High Jump M40 Kevin Kruszona
Lions/Waterloo		M45 Vince Costello
Austin, TX; Aug	j. 19	M50 R Pate
100m		M55 Jack Karbens
M40 John O'Neal	11.90	
M45 Jimmie Jones	11.90	M60 L Low
M50 Randy Smith	11.46	Shot Put
M60 Roy Eisenbach	13.55	M40 Kevin Kruszon
M75 Bob Wingo	13.67	M45 Vince Costello
W40 Mary Nell Cash	14.89	M50 Tom Reppuhn
W45 Willie Lester	14.16	M55 J Karbens
W55 Betty Davis	18.96	M60 Bob Molynuex
200m		NODELLI
M35 Van Eisenbach	28.00	NORTHW
M40 Alfred Pennie	23.73	Castile Internation
M50 T H Wilson	27.50	Seattle Internation Age-Graded
	32.60	
M60 Roy Eisenbach		Edmonds, WA;
W30 Norma O'Conne		Dave Walter 55
W40 Debra Stuart	33.24	Steve Robbins 57
W45 Willie Lester	31.21	Paul Edens 59
W55 Betty Davis	44.29	John Wells 46
400m		Clyde Hundley 53
M30 Oscar Smith	54.41	Will Leslie 54
M45 Bill Burton	62.53	(w-1.2)
800m		Inland Northwest
M45 Robert Iles	2:12.55	
M50 T H Wilson	3:12.28	Classic
W35 Miste Taylor	2:45.19	Pullman, WA; J
1500m		100m
M45 Robert Iles	4:59.2h	M40 Bill McKinney
W30 Norma O'Connel		M50 Mark Lesniak
W35 Miste Taylor	6:11.64	M55 Joe Johnson
Short Hurdles	0.11.04	M60 Paul Stepan
M55 Jim Cawley	17.05	M65 Keith Lloyd
	17.03	M75 John Cleveland
4x100m Relay M30 Waterloo	40.00	W30 Laura Blume
	49.63	W50 Janet Weibold
(Herring/Brower/O'Nea		200m
M40 Dart	47.46	M40 Bruce Mathison
(Boleman/Turner/Penr	ne/Burton)	M50 Mark Lesniak
4x200m Relay		M60 Paul Stepan
M40 Dart	1:41.51	M65 Jack Coy
(Penne/Turner/Bolewa	r/Jones)	
High Jump	1-4600-9619	W30 Laura Blume
M40 Jeff Brower	5-6	400m
M50 Terrel Schaffer	5-2	M40 Na'im Hasan
M55 Bob Lewis	3-8	M50 Jim Hoppe
M75 Bob Wingo	3-6	M55 Rich Tucker
Pole Vault	3-0	M60 Paul Stepan
M30 Richard Hare	10-0	M65 Jack Coy
M40 Coy Akers	12-0	W30 Laura Blume
M45 Mike Vick	11-6	W40 Laura Schwartz
M50 Dennis Schmitt	10-6	W50 Janet Weinbold
M55 Bob Lewis	8-6	800m
MCO Don Mountain	Section 1997	M35 Larry Robinette
M60 Ben Nowotny	8-0	M35 Larry Robinette M40 Jack Porter
M65 R P Adams	Section 1997	M40 Jack Porter
M65 R P Adams Long Jump	8-0 7-0	M40 Jack Porter M55 Rich Tucker
M65 R P Adams Long Jump M30 Keith Herring	8-0 7-0 16-6	M40 Jack Porter M55 Rich Tucker M60 Larry Wright
M65 R P Adams Long Jump M30 Keith Herring M40 Jerry Moore	8-0 7-0	M40 Jack Porter M55 Rich Tucker M60 Larry Wright 1500m
M65 R P Adams Long Jump M30 Keith Herring M40 Jerry Moore M50 P Blankenship	8-0 7-0 16-6	M40 Jack Porter M55 Rich Tucker M60 Larry Wright 1500m M35 Larry Robinette
M65 R P Adams Long Jump M30 Keith Herring M40 Jerry Moore M50 P Blankenship M55 Bob Lewis	8-0 7-0 16-6 18-9	M40 Jack Porter M55 Rich Tucker M60 Larry Wright 1500m M35 Larry Robinette M50 Marc Wiitala
M65 R P Adams Long Jump M30 Keith Herring M40 Jerry Moore M50 P Blankenship	8-0 7-0 16-6 18-9 16-0	M40 Jack Porter M55 Rich Tucker M60 Larry Wright 1500 m M35 Larry Robinette M50 Marc Wittala M55 Joseph Nelson
M65 R P Adams Long Jump M30 Keith Herring M40 Jerry Moore M50 P Blankenship M55 Bob Lewis	8-0 7-0 16-6 18-9 16-0 11-0	M40 Jack Porter M55 Rich Tucker M60 Larry Wright 1500 m M35 Larry Robinette M50 Marc Wiitala M55 Joseph Nelson M60 Des O'Rourke
M65 R P Adams Long Jump M30 Keith Herring M40 Jerry Moore M50 P Blankenship M55 Bob Lewis M60 Ben Nowotny	8-0 7-0 16-6 18-9 16-0 11-0 12-1	M40 Jack Porter M55 Rich Tucker M60 Larry Wright 1500 m M35 Larry Robinette M50 Marc Wittala M55 Joseph Nelson M60 Des O'Rourke M65 Ralph Riddick
M65 R P Adams Long Jump M30 Keith Herring M40 Jerry Moore M50 P Blankenship M55 Bob Lewis M60 Ben Nowotny M65 R P Adams M75 Bob Wingo	8-0 7-0 16-6 18-9 16-0 11-0 12-1 10-10	M40 Jack Porter M55 Rich Tucker M60 Larry Wright 1500m M35 Larry Robinette M50 Marc Wiitala M55 Joseph Nelson M60 Des O'Rourke M65 Ralph Riddick M80 Wilber Inks
M65 R P Adams Long Jump M30 Keith Herring M40 Jerry Moore M50 P Blankenship M55 Bob Lewis M60 Ben Nowotny M65 R P Adams M75 Bob Wingo Triple Jump	8-0 7-0 16-6 18-9 16-0 11-0 12-1 10-10 9-8	M40 Jack Porter M55 Rich Tucker M60 Larry Wright 1500 m M35 Larry Robinette M50 Marc Wiitala M55 Joseph Nelson M60 Des O'Rourke M65 Ralph Riddick M80 Wilber Inks W45 Gail Jones
M65 R P Adams Long Jump M30 Keith Herring M40 Jerry Moore M50 P Blankenship M55 Bob Lewis M60 Ben Nowotny M65 R P Adams M75 Bob Wingo Triple Jump M50 Dennis Schmitt	8-0 7-0 16-6 18-9 16-0 11-0 12-1 10-10 9-8	M40 Jack Porter M55 Rich Tucker M60 Larry Wright 1500 m M35 Larry Robinette M50 Marc Wittala M55 Joseph Nelson M60 Des O'Rourke M65 Ralph Riddick M80 Wilber Inks W45 Gail Jones W65 Vicki Bigelow A
M65 R P Adams Long Jump M30 Keith Herring M40 Jerry Moore M50 P Blankenship M55 Bob Lewis M60 Ben Nowotny M65 R P Adams M75 Bob Wingo Triple Jump M50 Dennis Schmitt M55 Bob Lewis	8-0 7-0 16-6 18-9 16-0 11-0 12-1 10-10 9-8 24-4 25-9	M40 Jack Porter M55 Rich Tucker M60 Larry Wright 1500 m M35 Larry Robinette M50 Marc Wittala M55 Joseph Nelson M60 Des O'Rourke M65 Ralph Riddick M80 Wilber Inks W45 Gail Jones W65 Vicki Bigelow A (Caselli/6:26.49/1986
M65 R P Adams Long Jump M30 Keith Herring M40 Jerry Moore M50 P Blankenship M55 Bob Lewis M60 Ben Nowotny M65 R P Adams M75 Bob Wingo Triple Jump M50 Dennis Schmitt M55 Bob Lewis M65 R P Adams	8-0 7-0 16-6 18-9 16-0 11-0 12-1 10-10 9-8	M40 Jack Porter M55 Rich Tucker M60 Larry Wright 1500m M35 Larry Robinette M50 Marc Wiitala M55 Joseph Nelson M60 Des O'Rourke M65 Ralph Riddick M80 Wilber Inks W45 Gall Jones W65 Vicki Bigelow A (Caselli/6:26.49/1986 5000m
M65 R P Adams Long Jump M30 Keith Herring M40 Jerry Moore M50 P Blankenship M55 Bob Lewis M60 Ben Nowotny M65 R P Adams M75 Bob Wingo Triple Jump M50 Dennis Schmitt M55 Bob Lewis M65 R P Adams Shot Put	8-0 7-0 16-6 18-9 16-0 11-0 12-1 10-10 9-8 24-4 25-9 22-0	M40 Jack Porter M55 Rich Tucker M60 Larry Wright 1500 m M35 Larry Robinette M50 Marc Wiitala M55 Joseph Nelson M60 Des O'Rourke M65 Ralph Riddick M80 Wilber Inks W45 Gall Jones W65 Vicki Bigelow A (Caselli/6.26.49/1986 5000 m M40 Jerry Greenman
M65 R P Adams Long Jump M30 Keith Herring M40 Jerry Moore M50 P Blankenship M55 Bob Lewis M60 Ben Nowotny M65 R P Adams M75 Bob Wingo Triple Jump M50 Dennis Schmitt M55 Bob Lewis M65 R P Adams Shot Put M50 Jimmy Salazar	8-0 7-0 16-6 18-9 16-0 11-0 12-1 10-10 9-8 24-4 25-9 22-0	M40 Jack Porter M55 Rich Tucker M60 Larry Wright 1500 m M35 Larry Robinette M50 Marc Wiitala M55 Joseph Nelson M60 Des O'Rourke M65 Ralph Riddick M80 Wilber Inks W45 Gall Jones W65 Vicki Bigelow A (Caselli/6.26.49/1986 5000 m M40 Jerry Greenman
M65 R P Adams Long Jump M30 Keith Herring M40 Jerry Moore M50 P Blankenship M55 Bob Lewis M60 Ben Nowotny M65 R P Adams M75 Bob Wingo Triple Jump M50 Dennis Schmitt M55 Bob Lewis M65 R P Adams Shot Put M50 Jimmy Salazar M55 John Conniff	8-0 7-0 16-6 18-9 16-0 11-0 12-1 10-10 9-8 24-4 25-9 22-0 40-6 38-10	M40 Jack Porter M55 Rich Tucker M60 Larry Wright 1500m M35 Larry Robinette M50 Marc Wiitala M55 Joseph Nelson M60 Des O'Rourke M65 Ralph Riddick M80 Wilber Inks W45 Gall Jones W65 Vicki Bigelow A (Caselli/6:26.49/1986 5000m
M65 R P Adams Long Jump M30 Keith Herring M40 Jerry Moore M50 P Blankenship M55 Bob Lewis M60 Ben Nowotny M65 R P Adams M75 Bob Wingo Triple Jump M50 Dennis Schmitt M55 Bob Lewis M65 R P Adams Shot Put M50 Jimmy Salazar M55 John Conniff M60 Harold Crater	8-0 7-0 16-6 18-9 16-0 11-0 12-1 10-10 9-8 24-4 25-9 22-0 40-6 38-10 38-4	M40 Jack Porter M55 Rich Tucker M60 Larry Wright 1500 m M35 Larry Robinette M50 Marc Wittala M55 Joseph Nelson M60 Des O'Rourke M65 Ralph Riddick M80 Wilber Inks W45 Gail Jones W65 Vicki Bigelow A (Caselli/6:26.49/1986 5000 m M40 Jerry Greenman M60 Larry Wright M65 Ralph Riddick
M65 R P Adams Long Jump M30 Keith Herring M40 Jerry Moore M50 P Blankenship M55 Bob Lewis M60 Ben Nowotny M65 R P Adams M75 Bob Wingo Triple Jump M50 Dennis Schmitt M55 Bob Lewis M65 R P Adams Shot Put M50 Jimmy Salazar M55 John Conniff M60 Harold Crater M65 D E Hendrix	8-0 7-0 16-6 18-9 16-0 11-0 12-1 10-10 9-8 24-4 25-9 22-0 40-6 38-10	M40 Jack Porter M55 Rich Tucker M60 Larry Wright 1500 m M35 Larry Robinette M50 Marc Wiitala M55 Joseph Nelson M60 Des O'Rourke M65 Ralph Riddick M80 Wilber Inks W45 Gall Jones W65 Vicki Bigelow A (Caselli/6:26.49/1986 5000 m M40 Jerry Greenman M60 Larry Wright M65 Ralph Riddick M80 Wilber Inks
M65 R P Adams Long Jump M30 Keith Herring M40 Jerry Moore M50 P Blankenship M55 Bob Lewis M60 Ben Nowotny M65 R P Adams M75 Bob Wingo Triple Jump M50 Dennis Schmitt M55 Bob Lewis M65 R P Adams Shot Put M50 Jimmy Salazar M55 John Conniff M60 Harold Crater M65 D E Hendrix Discus	8-0 7-0 16-6 18-9 16-0 11-0 12-1 10-10 9-8 24-4 25-9 22-0 40-6 38-10 38-4 30-2	M40 Jack Porter M55 Rich Tucker M60 Larry Wright 1500 m M35 Larry Robinette M50 Marc Wiitala M55 Joseph Nelson M60 Des O'Rourke M65 Ralph Riddick M80 Wilber Inks W45 Gall Jones W65 Vicki Bigelow A (Caselli/6.26.49/1986 5000 m M40 Jerry Greenman M60 Larry Wright M65 Ralph Riddick M80 Wilber Inks W30 Laura Blume
M65 R P Adams Long Jump M30 Keith Herring M40 Jerry Moore M50 P Blankenship M55 Bob Lewis M60 Ben Nowotny M65 R P Adams M75 Bob Wingo Triple Jump M50 Dennis Schmitt M55 Bob Lewis M65 R P Adams Shot Put M50 Jimmy Salazar M50 Jimmy Salazar M50 Jammy Conniff M60 Harold Crater M65 D E Hendrix Discus M40 Dan Arnold	8-0 7-0 16-6 18-9 16-0 11-0 12-1 10-10 9-8 24-4 25-9 22-0 40-6 38-10 38-4 30-2	M40 Jack Porter M55 Rich Tucker M60 Larry Wright 1500 m M35 Larry Robinette M50 Marc Wittala M55 Joseph Nelson M60 Des O'Rourke M65 Ralph Riddick M80 Wilber Inks W45 Gail Jones W65 Vicki Bigelow A (Caselli/6:26.49/1986 5000 m M40 Jerry Greenman M60 Larry Wright M65 Ralph Riddick M80 Wilber Inks W30 Laura Blume Short Hurdles
M65 R P Adams Long Jump M30 Keith Herring M40 Jerry Moore M50 P Blankenship M55 Bob Lewis M60 Ben Nowotny M65 R P Adams M75 Bob Wingo Triple Jump M50 Dennis Schmitt M55 Bob Lewis M65 R P Adams Shot Put M50 Jimmy Salazar M55 John Conniff M60 Harold Crater M65 D E Hendrix Discus M40 Dan Arnold M50 Jimmy Salazar	8-0 7-0 16-6 18-9 16-0 11-0 12-1 10-10 9-8 24-4 25-9 22-0 40-6 38-10 38-4 30-2 108-0 117-9	M40 Jack Porter M55 Rich Tucker M60 Larry Wright 1500 m M35 Larry Robinette M50 Marc Wittala M55 Joseph Nelson M60 Des O'Rourke M65 Ralph Riddick M80 Wilber Inks W45 Gail Jones W65 Vicki Bigelow A (Caselli/6:26.49/1986 5000 m M40 Jerry Greenman M60 Larry Wright M65 Ralph Riddick M80 Wilber Inks W30 Laura Blume Short Hurdles M30 Robert Walter
M65 R P Adams Long Jump M30 Keith Herring M40 Jerry Moore M50 P Blankenship M55 Bob Lewis M60 Ben Nowotny M65 R P Adams M75 Bob Wingo Triple Jump M50 Dennis Schmitt M55 Bob Lewis M65 R P Adams Shot Put M50 Jimmy Salazar M55 John Conniff M60 Harold Crater M65 D E Hendrix Discus M40 Dan Arnold M50 Jimmy Salazar M55 John Conniff	8-0 7-0 16-6 18-9 16-0 11-0 12-1 10-10 9-8 24-4 25-9 22-0 40-6 38-10 38-4 30-2	M40 Jack Porter M55 Rich Tucker M60 Larry Wright 1500 m M35 Larry Robinette M50 Marc Wittala M55 Joseph Nelson M60 Des O'Rourke M65 Ralph Riddick M80 Wilber Inks W45 Gail Jones W65 Vicki Bigelow A (Caselli/6:26.49/1986 5000 m M40 Jerry Greenman M60 Larry Wright M65 Ralph Riddick M80 Wilber Inks W30 Laura Blume Short Hurdles M30 Robert Walter M40 Bob Blackburn
M65 R P Adams Long Jump M30 Keith Herring M40 Jerry Moore M50 P Blankenship M55 Bob Lewis M60 Ben Nowotny M65 R P Adams M75 Bob Wingo Triple Jump M50 Dennis Schmitt M55 Bob Lewis M65 R P Adams Shot Put M50 Jimmy Salazar M55 John Conniff M60 Harold Crater M65 D E Hendrix Discus M40 Dan Arnold M50 Jimmy Salazar M55 John Conniff M60 Harold Crater	8-0 7-0 16-6 18-9 16-0 11-0 12-1 10-10 9-8 24-4 25-9 22-0 40-6 38-10 38-4 30-2 108-0 117-9 115-9 129-0	M40 Jack Porter M55 Rich Tucker M60 Larry Wright 1500m M35 Larry Robinette M50 Marc Wiitala M55 Joseph Nelson M60 Des O'Rourke M65 Ralph Riddick M80 Wilber Inks W45 Gail Jones W65 Vicki Bigelow A (Caselli/6:26.49/1986 5000m M40 Jerry Greenman M60 Larry Wright M65 Ralph Riddick M80 Wilber Inks W30 Laura Blume Short Hurdles M30 Robert Walter M40 Bob Blackburn Steeplechase
M65 R P Adams Long Jump M30 Keith Herring M40 Jerry Moore M50 P Blankenship M55 Bob Lewis M60 Ben Nowotny M65 R P Adams M75 Bob Wingo Triple Jump M50 Dennis Schmitt M55 Bob Lewis M65 R P Adams Shot Put M50 Jimmy Salazar M55 John Conniff M60 Harold Crater M65 D E Hendrx Diecus M40 Dan Arnold M50 Jimmy Salazar M55 John Conniff M60 Harold Crater M65 D E Hendrix	8-0 7-0 16-6 18-9 16-0 11-0 12-1 10-10 9-8 24-4 25-9 22-0 40-6 38-10 38-4 30-2	M40 Jack Porter M55 Rich Tucker M60 Larry Wright 1500 m M35 Larry Robinette M50 Marc Wittala M55 Joseph Nelson M60 Des O'Rourke M65 Ralph Riddick M80 Wilber Inks W45 Gail Jones W65 Vicki Bigelow A (Caselli/6:26.49/1986 5000 m M40 Jerry Greenman M60 Larry Wright M65 Ralph Riddick M80 Wilber Inks W30 Laura Blume Short Hurdles M30 Robert Walter M40 Bob Blackburn Steeplechase M35 Chip Roe
M65 R P Adams Long Jump M30 Keith Herring M40 Jerry Moore M50 P Blankenship M55 Bob Lewis M60 Ben Nowotny M65 R P Adams M75 Bob Wingo Triple Jump M50 Dennis Schmitt M55 Bob Lewis M65 R P Adams Shot Put M50 Jimmy Salazar M55 John Conniff M60 Harold Crater M65 D E Hendrix DIBCUB M40 Dan Arnold M50 Jimmy Salazar M55 John Conniff M60 Harold Crater M65 D E Dendrix DIBCUB M40 Dan Arnold M50 Jimmy Salazar M55 John Conniff M60 Harold Crater M65 D E Dendrix M75 Bob Wingo	8-0 7-0 16-6 18-9 16-0 11-0 12-1 10-10 9-8 24-4 25-9 22-0 40-6 38-10 38-4 30-2 108-0 117-9 115-9 129-0	M40 Jack Porter M55 Rich Tucker M60 Larry Wright 1500 m M35 Larry Robinette M50 Marc Wittala M55 Joseph Nelson M60 Des O'Rourke M65 Ralph Riddick M80 Wilber Inks W45 Gail Jones W65 Vicki Bigelow A (Caselli/6:26.49/1986 5000 m M40 Jerry Greenman M60 Larry Wright M65 Ralph Riddick M80 Wilber Inks W30 Laura Blume Short Hurdles M30 Robert Walter M40 Bob Blackburn Steeplechase M35 Chip Roe M45 Glen Cantor
M65 R P Adams Long Jump M30 Keith Herring M40 Jerry Moore M50 P Blankenship M55 Bob Lewis M60 Ben Nowotny M65 R P Adams M75 Bob Wingo Triple Jump M50 Dennis Schmitt M55 Bob Lewis M65 R P Adams Shot Put M50 Jimmy Salazar M55 John Conniff M60 Harold Crater M65 D E Hendrx Diecus M40 Dan Arnold M50 Jimmy Salazar M55 John Conniff M60 Harold Crater M65 D E Hendrix	8-0 7-0 16-6 18-9 16-0 11-0 12-1 10-10 9-8 24-4 25-9 22-0 40-6 38-10 38-4 30-2 108-0 117-9 115-9 129-0 104-3	M40 Jack Porter M55 Rich Tucker M60 Larry Wright 1500 m M35 Larry Robinette M50 Marc Wittala M55 Joseph Nelson M60 Des O'Rourke M65 Ralph Riddick M80 Wilber Inks W45 Gail Jones W65 Vicki Bigelow A (Caselli/6:26.49/1986 5000 m M40 Jerry Greenman M60 Larry Wright M65 Ralph Riddick M80 Wilber Inks W30 Laura Blume Short Hurdles M30 Robert Walter M40 Bob Blackburn Steeplechase M35 Chip Roe M45 Glen Cantor W30 Laura Blume
M65 R P Adams Long Jump M30 Keith Herring M40 Jerry Moore M50 P Blankenship M55 Bob Lewis M60 Ben Nowotny M65 R P Adams M75 Bob Wingo Triple Jump M50 Dennis Schmitt M55 Bob Lewis M65 R P Adams Shot Put M50 Jimmy Salazar M55 John Conniff M60 Harold Crater M65 D E Hendrix DIBCUB M40 Dan Arnold M50 Jimmy Salazar M55 John Conniff M60 Harold Crater M65 D E Dendrix DIBCUB M40 Dan Arnold M50 Jimmy Salazar M55 John Conniff M60 Harold Crater M65 D E Dendrix M75 Bob Wingo	8-0 7-0 16-6 18-9 16-0 11-0 12-1 10-10 9-8 24-4 25-9 22-0 40-6 38-10 38-4 30-2 108-0 117-9 115-9 129-0 104-3	M40 Jack Porter M55 Rich Tucker M60 Larry Wright 1500 m M35 Larry Robinette M50 Marc Wiitala M55 Joseph Nelson M60 Des O'Rourke M65 Ralph Riddick M80 Wilber Inks W45 Gail Jones W65 Vicki Bigelow A (Caselli/6:26.49/1986 5000 m M40 Jerry Greenman M60 Larry Wright M65 Ralph Riddick M80 Wilber Inks W30 Laura Blume Short Hurdles M30 Robert Walter M40 Bob Blackburn Steeplechase M35 Chip Roe M45 Glen Cantor W30 Laura Blume W40 Laura Schwartz
M65 R P Adams Long Jump M30 Keith Herring M40 Jerry Moore M50 P Blankenship M55 Bob Lewis M60 Ben Nowotny M65 R P Adams M75 Bob Wingo Triple Jump M50 Dennis Schmitt M55 Bob Lewis M65 R P Adams Shot Put M50 Jimmy Salazar M55 John Conniff M60 Harold Crater M65 D E Hendrix Discus M40 Dan Arnold M50 Jimmy Salazar M55 John Conniff M60 Harold Crater M65 D E Hendrix Discus M40 Dan Arnold M50 Jimmy Salazar M55 John Conniff M60 Harold Crater M65 D E Hendrix M75 Bob Wingo Hammer	8-0 7-0 16-6 18-9 16-0 11-0 12-1 10-10 9-8 24-4 25-9 22-0 40-6 38-10 38-4 30-2 108-0 117-9 115-9 129-0 104-3 46-1	M40 Jack Porter M55 Rich Tucker M60 Larry Wright 1500 m M35 Larry Robinette M50 Marc Wittala M55 Joseph Nelson M60 Des O'Rourke M65 Ralph Riddick M80 Wilber Inks W45 Gail Jones W65 Vicki Bigelow A (Caselli/6:26.49/1986 5000 m M40 Jerry Greenman M60 Larry Wright M65 Ralph Riddick M80 Wilber Inks W30 Laura Blume Short Hurdles M30 Robert Walter M40 Bob Blackburn Steeplechase M35 Chip Roe M45 Gien Cantor W30 Laura Blume W40 Laura Blume W40 Laura Blume W40 Laura Schwartz High Jump
M65 R P Adams Long Jump M30 Keith Herring M40 Jerry Moore M50 P Blankenship M55 Bob Lewis M60 Ben Nowotny M65 R P Adams M75 Bob Wingo Triple Jump M50 Dennis Schmitt M55 Bob Lewis M65 R P Adams Shot Put M50 Jimmy Salazar M55 John Conniff M60 Harold Crater M65 D E Hendrix Discus M40 Dan Arnold M50 Jimmy Salazar M55 John Conniff M60 Harold Crater M65 D E Hendrix Discus M40 Dan Arnold M50 Jimmy Salazar M55 John Conniff M60 Harold Crater M65 D E Hendrix M75 Bob Wingo Hammer M40 David Bolles	8-0 7-0 16-6 18-9 16-0 11-0 12-1 10-10 9-8 24-4 25-9 22-0 40-6 38-10 38-4 30-2 108-0 117-9 115-9 129-0 104-3 46-1 124-0	M40 Jack Porter M55 Rich Tucker M60 Larry Wright 1500 m M35 Larry Robinette M50 Marc Wittala M55 Joseph Nelson M60 Des O'Rourke M65 Ralph Riddick M80 Wilber Inks W45 Gail Jones W65 Vicki Bigelow A (Caselli/6:26.49/1986 5000 m M40 Jerry Greenman M60 Larry Wright M65 Ralph Riddick M80 Wilber Inks W30 Laura Blume Short Hurdles M30 Robert Walter M40 Bob Blackburn Steeplechase M35 Chip Roe M45 Glen Cantor W30 Laura Blume W40 Laura Schwartz High Jump M30 Robert Walter
M65 R P Adams Long Jump M30 Keith Herring M40 Jerry Moore M50 P Blankenship M55 Bob Lewis M60 Ben Nowotny M65 R P Adams M75 Bob Wingo Triple Jump M50 Dennis Schmitt M55 Bob Lewis M65 R P Adams Shot Put M50 Jimmy Salazar M55 John Conniff M60 Harold Crater M65 D E Hendrix Diacus M40 Dan Arnold M50 Jimmy Salazar M55 John Conniff M60 Harold Crater M65 D E Hendrix Diacus M40 Dan Arnold M50 Jimmy Salazar M55 John Conniff M60 Harold Crater M65 D E Hendrix M75 Bob Wingo Hammer M40 David Bolles M50 Terrel Schaffer	8-0 7-0 16-6 18-9 16-0 11-0 12-1 10-10 9-8 24-4 25-9 22-0 40-6 38-10 38-4 30-2 108-0 117-9 115-9 129-0 104-3 46-1 124-0 87-0	M40 Jack Porter M55 Rich Tucker M60 Larry Wright 1500 m M35 Larry Robinette M50 Marc Wittala M55 Joseph Nelson M60 Des O'Rourke M65 Ralph Riddick M80 Wilber Inks W45 Gail Jones W65 Vicki Bigelow A (Casellii/6:26.49/1986 5000 m M40 Jerry Greenman M60 Larry Wright M65 Ralph Riddick M80 Wilber Inks W30 Laura Blume Short Hurdles M30 Robert Walter M40 Bob Blackburn Steeplechase M35 Chip Roe M45 Glen Cantor W30 Laura Blume W40 Laura Schwartz High Jump M30 Robert Walter M35 Wadsworth
M65 R P Adams Long Jump M30 Keith Herring M40 Jerry Moore M50 P Blankenship M55 Bob Lewis M60 Ben Nowotny M65 R P Adams M75 Bob Wingo Triple Jump M50 Dennis Schmitt M55 Bob Lewis M65 R P Adams Shot Put M50 Jimmy Salazar M55 John Conniff M60 Harold Crater M65 D E Hendrix DIBCUB M40 Dan Arnold M50 Jimmy Salazar M55 John Conniff M60 Harold Crater M65 D E Hendrix DIBCUB M40 Dan Arnold M50 Jimmy Salazar M55 John Conniff M60 Harold Crater M65 D E Hendrix M75 Bob Wingo Hammer M40 David Bolles M50 Terrel Schaffer M60 Howard Zingg	8-0 7-0 16-6 18-9 16-0 11-0 12-1 10-10 9-8 24-4 25-9 22-0 40-6 38-10 38-4 30-2 108-0 117-9 115-9 129-0 104-3 46-1 124-0 87-0 111-11	M40 Jack Porter M55 Rich Tucker M60 Larry Wright 1500 m M35 Larry Robinette M50 Marc Wiitala M55 Joseph Nelson M60 Des O'Rourke M65 Ralph Riddick M80 Wilber Inks W45 Gail Jones W65 Vicki Bigelow A (Caselli/6:26.49/1986 5000 m M40 Jerry Greenman M60 Larry Wright M65 Ralph Riddick M80 Wilber Inks W30 Laura Blume Short Hurdles M30 Robert Walter M40 Bob Blackburn Steeplechase M35 Chip Roe M45 Glen Cantor W30 Laura Blume W40 Laura Schwartz High Jump M30 Robert Walter M40 Rob Short Walter M40 Rob Short Walter M40 Rob Robert Walter M40 Rob Robert Walter M40 Laura Schwartz High Jump M30 Robert Walter M35 Wadsworth M55 Joe Johnson
M65 R P Adams Long Jump M30 Keith Herring M40 Jerry Moore M50 P Blankenship M55 Bob Lewis M60 Ben Nowotny M65 R P Adams M75 Bob Wingo Triple Jump M50 Dennis Schmitt M55 Bob Lewis M65 R P Adams Shot Put M50 Jimmy Salazar M55 John Conniff M60 Harold Crater M65 D E Hendrix Discus M40 Dan Arnold M50 Jimmy Salazar M55 John Conniff M60 Harold Crater M65 D E Hendrix Discus M40 Dan Arnold M50 Jimmy Salazar M55 John Conniff M60 Harold Crater M65 D E Hendrix M75 Bob Wingo Hammer M40 David Bolles M50 Terrel Schaffer M60 Howard Zingg M65 R P Adams Javelin	8-0 7-0 16-6 18-9 16-0 11-0 12-1 10-10 9-8 24-4 25-9 22-0 40-6 38-10 38-4 30-2 108-0 117-9 115-9 129-0 104-3 46-1 124-0 87-0 111-11 75-5	M40 Jack Porter M55 Rich Tucker M60 Larry Wright 1500 m M35 Larry Robinette M50 Marc Wittala M55 Joseph Nelson M60 Des O'Rourke M65 Ralph Riddick M80 Wilber Inks W45 Gail Jones W65 Vicki Bigelow A (Casellii/6:26.49/1986 5000 m M40 Jerry Greenman M60 Larry Wright M65 Ralph Riddick M80 Wilber Inks W30 Laura Blume Short Hurdles M30 Robert Walter M40 Bob Blackburn Steeplechase M35 Chip Roe M45 Glen Cantor W30 Laura Blume W40 Laura Schwartz High Jump M30 Robert Walter M35 Wadsworth
M65 R P Adams Long Jump M30 Keith Herring M40 Jerry Moore M50 P Blankenship M55 Bob Lewis M60 Ben Nowotny M65 R P Adams M75 Bob Wingo Triple Jump M50 Dennis Schmitt M55 Bob Lewis M65 R P Adams Shot Put M50 Jimmy Salazar M55 John Conniff M60 Harold Crater M65 D E Hendrx Diacus M40 Dan Arnold M50 Jimmy Salazar M55 John Conniff M60 Harold Crater M65 D E Hendrx Diacus M40 Dan Arnold M50 Jimmy Salazar M55 John Conniff M60 Harold Crater M65 D E Hendrix M75 Bob Wingo Hammer M40 David Bolles M50 Terrel Schaffer M60 Howard Zingg M65 R P Adams Javelin M40 David Bolles	8-0 7-0 16-6 18-9 16-0 11-0 12-1 10-10 9-8 24-4 25-9 22-0 40-6 38-10 38-4 30-2 108-0 117-9 115-9 129-0 104-3 46-1 124-0 87-0 111-11 75-5 129-9	M40 Jack Porter M55 Rich Tucker M60 Larry Wright 1500 m M35 Larry Robinette M50 Marc Wiitala M55 Joseph Nelson M60 Des O'Rourke M65 Ralph Riddick M80 Wilber Inks W45 Gail Jones W65 Vicki Bigelow A (Caselli/6:26.49/1986 5000 m M40 Jerry Greenman M60 Larry Wright M65 Ralph Riddick M80 Wilber Inks W30 Laura Blume Short Hurdles M30 Robert Walter M40 Bob Blackburn Steeplechase M35 Chip Roe M45 Glen Cantor W30 Laura Blume W40 Laura Schwartz High Jump M30 Robert Walter M40 Rob Short Walter M40 Rob Short Walter M40 Rob Robert Walter M40 Rob Robert Walter M40 Laura Schwartz High Jump M30 Robert Walter M35 Wadsworth M55 Joe Johnson
M65 R P Adams Long Jump M30 Keith Herring M40 Jerry Moore M50 P Blankenship M55 Bob Lewis M60 Ben Nowotny M65 R P Adams M75 Bob Wingo Triple Jump M50 Dennis Schmitt M55 Bob Lewis M65 R P Adams Shot Put M50 Jimmy Salazar M55 John Conniff M60 Harold Crater M65 D E Hendrix Diacus M40 Dan Arnold M50 Jimmy Salazar M55 John Conniff M60 Harold Crater M65 D E Hendrix Diacus M40 Dan Arnold M50 Jimmy Salazar M55 John Conniff M60 Harold Crater M65 D E Hendrix M75 Bob Wingo Hammer M40 David Bolles M50 Terrel Schaffer M60 Howard Zingg M65 R P Adams Javelin M40 David Bolles M45 Glen Pere	8-0 7-0 16-6 18-9 16-0 11-0 12-1 10-10 9-8 24-4 25-9 22-0 40-6 38-10 38-4 30-2 108-0 117-9 115-9 129-0 104-3 46-1 124-0 87-0 111-11 75-5	M40 Jack Porter M55 Rich Tucker M60 Larry Wright 1500 m M35 Larry Robinette M50 Marc Wittala M55 Joseph Nelson M60 Des O'Rourke M65 Ralph Riddick M80 Wilber Inks W45 Gail Jones W65 Vicki Bigelow A (Caselli/6:26.49/1986 5000 m M40 Jerry Greenman M60 Larry Wright M65 Ralph Riddick M80 Wilber Inks W30 Laura Blume Short Hurdles M30 Robert Walter M40 Bob Blackburn Steeplechase M35 Chip Roe M45 Glen Cantor W30 Laura Blume W40 Laura Schwartz High Jump M30 Robert Walter M35 Wadsworth M55 Joe Johnson M60 Don Hertz
M65 R P Adams Long Jump M30 Keith Herring M40 Jerry Moore M50 P Blankenship M55 Bob Lewis M60 Ben Nowotny M65 R P Adams M75 Bob Wingo Triple Jump M50 Dennis Schmitt M55 Bob Lewis M65 R P Adams Shot Put M50 Jimmy Salazar M55 John Conniff M60 Harold Crater M65 D E Hendrix Discus M40 Dan Arnold M50 Jimmy Salazar M55 John Conniff M60 Harold Crater M65 D E Hendrix Discus M40 Dan Arnold M50 Jimmy Salazar M55 John Conniff M60 Harold Crater M65 D E Hendrix M75 Bob Wingo Hammer M40 David Bolles M50 Terrel Schaffer M60 Howard Zingg M65 R P Adams Javelin M40 David Bolles M45 Glen Pere M50 Terrel Schaffer	8-0 7-0 16-6 18-9 16-0 11-0 12-1 10-10 9-8 24-4 25-9 22-0 40-6 38-10 38-4 30-2 108-0 117-9 115-9 129-0 104-3 46-1 124-0 87-0 111-11 75-5 129-9 158-10 97-5	M40 Jack Porter M55 Rich Tucker M60 Larry Wright 1500 m M35 Larry Robinette M50 Marc Wittala M55 Joseph Nelson M60 Des O'Rourke M65 Ralph Riddick M80 Wilber Inks W45 Gail Jones W65 Vicki Bigelow A (Caselli/6:26.49/1986 5000 m M40 Jerry Greenman M60 Larry Wright M65 Ralph Riddick M80 Wilber Inks W30 Laura Blume Short Hurdles M30 Robert Walter M40 Bob Blackburn Steeplechase M35 Chip Roe M45 Glen Cantor W30 Laura Blume W40 Laura Schwartz High Jump M30 Robert Walter M35 Wadsworth M55 Joe Johnson M60 Don Hertz W60 Becky Sisley Pole Vault
M65 R P Adams Long Jump M30 Keith Herring M40 Jerry Moore M50 P Blankenship M55 Bob Lewis M60 Ben Nowotny M65 R P Adams M75 Bob Wingo Triple Jump M50 Dennis Schmitt M55 Bob Lewis M65 R P Adams Shot Put M50 Jimmy Salazar M55 John Conniff M60 Harold Crater M65 D E Hendrix Discus M40 Dan Arnold M50 Jimmy Salazar M55 John Conniff M60 Harold Crater M65 D E Hendrix Discus M40 David Bolles M40 David Bolles M50 Terrel Schaffer M60 Howard Zingg M65 R P Adams Javelin M40 David Bolles M45 Glen Pere M50 Terrel Schaffer M50 Terrel Schaffer M50 Terrel Schaffer	8-0 7-0 16-6 18-9 16-0 11-0 12-1 10-10 9-8 24-4 25-9 22-0 40-6 38-10 38-4 30-2 108-0 117-9 115-9 129-0 104-3 46-1 124-0 87-0 111-11 75-5 129-9 158-10 97-5 168-10	M40 Jack Porter M55 Rich Tucker M60 Larry Wright 1500 m M35 Larry Robinette M50 Marc Wiitala M55 Joseph Nelson M60 Des O'Rourke M65 Ralph Riddick M80 Wilber Inks W45 Gail Jones W65 Vicki Bigelow A (Caselli/6:26.49/1986 5000 m M40 Jerry Greenman M60 Larry Wright M65 Ralph Riddick M80 Wilber Inks W30 Laura Blume Short Hurdles M30 Robert Walter M40 Bob Blackburn Steeplechase M35 Chip Roe M45 Glen Cantor W30 Laura Blume W40 Laura Schwartz High Jump M30 Robert Walter M30 Robert Walter M35 Wadsworth M55 Joe Johnson M60 Don Hertz W60 Becky Sisley Pole Vault M50 Richard Ying
M65 R P Adams Long Jump M30 Keith Herring M40 Jerry Moore M50 P Blankenship M55 Bob Lewis M60 Ben Nowotny M65 R P Adams M75 Bob Wingo Triple Jump M50 Dennis Schmitt M55 Bob Lewis M65 R P Adams Shot Put M50 Jimmy Salazar M55 John Conniff M60 Harold Crater M65 D E Hendrix Diecus M40 Dan Arnold M50 Jimmy Salazar M55 John Conniff M60 Harold Crater M65 D E Hendrix Diecus M40 David Bolles M40 David Bolles M50 Terrel Schaffer M60 Howard Zingg M65 R P Adams Javelin M40 David Bolles M45 Glen Pere M50 Terrel Schaffer M60 Howard Zingg M65 R P Adams Javelin M40 David Bolles M45 Glen Pere M50 Terrel Schaffer M50 Terrel Schaffer M50 Ferry Dyes M60 Harold Crater	8-0 7-0 16-6 18-9 16-0 11-0 12-1 10-10 9-8 24-4 25-9 22-0 40-6 38-10 38-4 30-2 108-0 117-9 115-9 129-0 104-3 46-1 124-0 87-0 111-11 75-5 129-9 158-10 97-5 168-10 95-7	M40 Jack Porter M55 Rich Tucker M60 Larry Wright 1500 m M35 Larry Robinette M50 Marc Wittala M55 Joseph Nelson M60 Des O'Rourke M65 Ralph Riddick M80 Wilber Inks W45 Gail Jones W65 Vicki Bigelow A (Caselli/6:26.49/1986 5000 m M40 Jerry Greenman M60 Larry Wright M65 Ralph Riddick M80 Wilber Inks W30 Laura Blume Short Hurdles M30 Robert Walter M40 Bob Blackburn Steeplechase M35 Chip Roe M45 Gien Cantor W30 Laura Blume W40 Laura Schwartz High Jump M30 Robert Walter M35 Wadsworth M55 Joe Johnson M60 Don Hertz W60 Becky Sisley Pole Vault M50 Richard Ying M55 Larry Holmes
M65 R P Adams Long Jump M30 Keith Herring M40 Jerry Moore M50 P Blankenship M55 Bob Lewis M60 Ben Nowotny M65 R P Adams M75 Bob Wingo Triple Jump M50 Dennis Schmitt M55 Bob Lewis M65 R P Adams Shot Put M50 Jimmy Salazar M55 John Conniff M60 Harold Crater M65 D E Hendrix Discus M40 Dan Arnold M50 Jimmy Salazar M55 John Conniff M60 Harold Crater M65 D E Hendrix Discus M40 David Bolles M40 David Bolles M50 Terrel Schaffer M60 Howard Zingg M65 R P Adams Javelin M40 David Bolles M45 Glen Pere M50 Terrel Schaffer M50 Terrel Schaffer M50 Terrel Schaffer	8-0 7-0 16-6 18-9 16-0 11-0 12-1 10-10 9-8 24-4 25-9 22-0 40-6 38-10 38-4 30-2 108-0 117-9 115-9 129-0 104-3 46-1 124-0 87-0 111-11 75-5 129-9 158-10 97-5 168-10	M40 Jack Porter M55 Rich Tucker M60 Larry Wright 1500 m M35 Larry Robinette M50 Marc Wittala M55 Joseph Nelson M60 Des O'Rourke M65 Ralph Riddick M80 Wilber Inks W45 Gail Jones W65 Vicki Bigelow A (Caselli/6:26.49/1986 5000 m M40 Jerry Greenman M60 Larry Wright M65 Ralph Riddick M80 Wilber Inks W30 Laura Blume Short Hurdles M30 Robert Walter M40 Bob Blackburn Steeplechase M35 Chip Roe M45 Glen Cantor W30 Laura Blume W40 Laura Schwartz High Jump M30 Robert Walter M35 Wadsworth M55 Joe Johnson M60 Don Hertz W60 Becky Sisley Pole Vault M50 Richard Ying M55 Larry Holmes M75 John Cleveland
M65 R P Adams Long Jump M30 Keith Herring M40 Jerry Moore M50 P Blankenship M55 Bob Lewis M60 Ben Nowotny M65 R P Adams M75 Bob Wingo Triple Jump M50 Dennis Schmitt M55 Bob Lewis M65 R P Adams Shot Put M50 Jimmy Salazar M55 John Conniff M60 Harold Crater M65 D E Hendrix Discus M40 Dan Arnold M50 Jimmy Salazar M55 John Conniff M60 Harold Crater M65 D E Hendrix Discus M40 David Bolles M50 Terrel Schaffer M60 Howard Zingg M65 R P Adams Javelin M40 David Bolles M45 Glen Pere M50 Terrel Schaffer M55 Jerry Dyes M60 Harold Crater M55 Jerry Dyes M60 Harold Crater M65 R P Adams	8-0 7-0 16-6 18-9 16-0 11-0 12-1 10-10 9-8 24-4 25-9 22-0 40-6 38-10 38-4 30-2 108-0 117-9 115-9 129-0 104-3 46-1 124-0 87-0 111-11 75-5 129-9 158-10 97-5 168-10 95-7	M40 Jack Porter M55 Rich Tucker M60 Larry Wright 1500m M35 Larry Robinette M50 Marc Wiitala M55 Joseph Nelson M60 Des O'Rourke M65 Ralph Riddick M80 Wilber Inks W45 Gail Jones W65 Vicki Bigelow A (Caselli/6:26.49/1986 5000m M40 Jerry Greenman M60 Larry Wright M65 Ralph Riddick M80 Wilber Inks W30 Laura Blume Short Hurdles M30 Robert Walter M40 Bob Blackburn Steeplechase M35 Chip Roe M45 Glen Cantor W30 Laura Blume W40 Laura Schwartz High Jump M30 Robert Walter M35 Wadsworth M55 Joe Johnson M60 Don Hertz W60 Becky Sisley Pole Vault M50 Richard Ying M55 Larry Holmes M75 John Cleveland Long Jump
M65 R P Adams Long Jump M30 Keith Herring M40 Jerry Moore M50 P Blankenship M55 Bob Lewis M60 Ben Nowotny M65 R P Adams M75 Bob Wingo Triple Jump M50 Dennis Schmitt M55 Bob Lewis M65 R P Adams Shot Put M50 Jimmy Salazar M55 John Conniff M60 Harold Crater M65 D E Hendrix Diecus M40 Dan Arnold M50 Jimmy Salazar M55 John Conniff M60 Harold Crater M65 D E Hendrix Diecus M40 David Bolles M40 David Bolles M50 Terrel Schaffer M60 Howard Zingg M65 R P Adams Javelin M40 David Bolles M45 Glen Pere M50 Terrel Schaffer M60 Howard Zingg M65 R P Adams Javelin M40 David Bolles M45 Glen Pere M50 Terrel Schaffer M50 Terrel Schaffer M50 Ferry Dyes M60 Harold Crater	8-0 7-0 16-6 18-9 16-0 11-0 12-1 10-10 9-8 24-4 25-9 22-0 40-6 38-10 38-4 30-2 108-0 117-9 115-9 129-0 104-3 46-1 124-0 87-0 111-11 75-5 129-9 158-10 97-5 168-10 95-7	M40 Jack Porter M55 Rich Tucker M60 Larry Wright 1500 m M35 Larry Robinette M50 Marc Wiltala M55 Joseph Nelson M60 Des O'Rourke M65 Ralph Riddick M80 Wilber Inks W45 Gail Jones W65 Vicki Bigelow A (Caselli/6:26.49/1986 5000 m M40 Jerry Greenman M60 Larry Wright M65 Ralph Riddick M80 Wilber Inks W30 Laura Blume Short Hurdles M30 Robert Walter M40 Bob Blackburn Steeplechase M35 Chip Roe M45 Glen Cantor W30 Laura Blume W40 Laura Schwartz High Jump M30 Robert Walter M35 Wadsworth M55 Joe Johnson M60 Don Hertz W60 Becky Sisley Pole Vault M50 Richard Ying M55 Larry Holmes M75 John Cleveland Long Jump M30 Robert Walter
M65 R P Adams Long Jump M30 Keith Herring M40 Jerry Moore M50 P Blankenship M55 Bob Lewis M60 Ben Nowotny M65 R P Adams M75 Bob Wingo Triple Jump M50 Dennis Schmitt M55 Bob Lewis M65 R P Adams Shot Put M50 Jimmy Salazar M55 John Conniff M60 Harold Crater M65 D E Hendrix Discus M40 Dan Arnold M50 Jimmy Salazar M55 John Conniff M60 Harold Crater M65 D E Hendrix Discus M40 Dan Arnold M50 Jimmy Salazar M55 John Conniff M60 Harold Crater M65 D E Hendrix M75 Bob Wingo Hammer M40 David Bolles M50 Terrel Schaffer M60 Howard Zingg M65 R P Adams Javelin M40 David Bolles M45 Gien Pere M50 Terrel Schaffer M55 Jerry Dyes M60 Harold Crater M55 Jerry Dyes M60 Harold Crater M65 R P Adams	8-0 7-0 16-6 18-9 16-0 11-0 12-1 10-10 9-8 24-4 25-9 22-0 40-6 38-10 38-4 30-2 108-0 117-9 115-9 129-0 104-3 46-1 124-0 87-0 111-11 75-5 129-9 158-10 97-5 168-10 95-7 77-10	M40 Jack Porter M55 Rich Tucker M60 Larry Wright 1500 m M35 Larry Robinette M50 Marc Wittala M55 Joseph Nelson M60 Des O'Rourke M65 Ralph Riddick M80 Wilber Inks W45 Gail Jones W65 Vicki Bigelow A (Caselli/6:26.49/1986 5000 m M40 Jerry Greenman M60 Larry Wright M65 Ralph Riddick M80 Wilber Inks W30 Laura Blume Short Hurdles M30 Robert Walter M40 Bob Blackburn Steeplechase M35 Chip Roe M45 Gien Cantor W30 Laura Blume W40 Laura Schwartz High Jump M30 Robert Walter M35 Wadsworth M55 Joe Johnson M60 Don Hertz W60 Becky Sisley Pole Vault M50 Richard Ying M55 Larry Holmes M75 John Cleveland Long Jump M30 Robert Walter M50 Robert Walter M30 Robert Walter M40 Vincent Martin
M65 R P Adams Long Jump M30 Keith Herring M40 Jerry Moore M50 P Blankenship M55 Bob Lewis M60 Ben Nowotny M65 R P Adams M75 Bob Wingo Triple Jump M50 Dennis Schmitt M55 Bob Lewis M65 R P Adams Shot Put M50 Jimmy Salazar M55 John Conniff M60 Harold Crater M65 D E Hendrix Discus M40 Dan Arnold M50 Jimmy Salazar M55 John Conniff M60 Harold Crater M65 D E Hendrix M75 Bob Wingo Hammer M40 David Bolles M50 Terrel Schaffer M60 Howard Zingg M65 R P Adams Javelin M40 David Bolles M45 Glen Pere M50 Terrel Schaffer M50 Terrel Schaffer M50 Jerry Dyes M60 Harold Crater M55 Jerry Dyes M60 Harold Crater M55 Jerry Dyes M60 Harold Crater M65 R P Adams	8-0 7-0 16-6 18-9 16-0 11-0 12-1 10-10 9-8 24-4 25-9 22-0 40-6 38-10 38-4 30-2 108-0 117-9 115-9 129-0 104-3 46-1 124-0 87-0 111-11 75-5 129-9 158-10 95-7 77-10	M40 Jack Porter M55 Rich Tucker M60 Larry Wright 1500 m M35 Larry Robinette M50 Marc Wittala M55 Joseph Nelson M60 Des O'Rourke M65 Ralph Riddick M80 Wilber Inks W45 Gail Jones W65 Vicki Bigelow A (Caselli/6:26.49/1986 5000 m M40 Jerry Greenman M60 Larry Wright M65 Ralph Riddick M80 Wilber Inks W30 Laura Blume Short Hurdles M30 Robert Walter M40 Bob Blackburn Steeplechase M35 Chip Roe M45 Glen Cantor W30 Laura Blume W40 Laura Schwartz High Jump M30 Robert Walter M35 Wadsworth M55 Joe Johnson M60 Don Hertz W60 Becky Sisley Pole Vault M50 Richard Ying M55 Larry Holmes M75 John Cleveland Long Jump M30 Robert Walter M40 Vincent Martin M55 Pat Shober
M65 R P Adams Long Jump M30 Keith Herring M40 Jerry Moore M50 P Blankenship M55 Bob Lewis M60 Ben Nowotny M65 R P Adams M75 Bob Wingo Triple Jump M50 Dennis Schmitt M55 Bob Lewis M65 R P Adams Shot Put M50 Jimmy Salazar M55 John Conniff M60 Harold Crater M65 D E Hendrix Discus M40 Dan Arnold M50 Jimmy Salazar M55 John Conniff M60 Harold Crater M65 D E Hendrix Discus M40 Dan Arnold M50 Jimmy Salazar M55 John Conniff M60 Harold Crater M65 D E Hendrix M75 Bob Wingo Hammer M40 David Bolles M50 Terrel Schaffer M60 Howard Zingg M65 R P Adams Javelin M40 David Bolles M45 Gien Pere M50 Terrel Schaffer M55 Jerry Dyes M60 Harold Crater M55 Jerry Dyes M60 Harold Crater M65 R P Adams	8-0 7-0 16-6 18-9 16-0 11-0 12-1 10-10 9-8 24-4 25-9 22-0 40-6 38-10 38-4 30-2 108-0 117-9 115-9 129-0 104-3 46-1 124-0 87-0 111-11 75-5 129-9 158-10 95-7 77-10	M40 Jack Porter M55 Rich Tucker M60 Larry Wright 1500 m M35 Larry Robinette M50 Marc Wittala M55 Joseph Nelson M60 Des O'Rourke M65 Ralph Riddick M80 Wilber Inks W45 Gail Jones W65 Vicki Bigelow A (Caselli/6:26.49/1986 5000 m M40 Jerry Greenman M60 Larry Wright M65 Ralph Riddick M80 Wilber Inks W30 Laura Blume Short Hurdles M30 Robert Walter M40 Bob Blackburn Steeplechase M35 Chip Roe M45 Gien Cantor W30 Laura Blume W40 Laura Schwartz High Jump M30 Robert Walter M35 Wadsworth M55 Joe Johnson M60 Don Hertz W60 Becky Sisley Pole Vault M50 Richard Ying M55 Larry Holmes M75 John Cleveland Long Jump M30 Robert Walter M50 Robert Walter M30 Robert Walter M40 Vincent Martin

ADDINATE ALL PRO	
Hawaii Masters Honolulu; Se	
100m	
M50 Ron Pate	13.6
M55 Sai Ching	13.4
M60 Lionel Low	15.4

M75 Bob Wingo	3-6	M55 High Tucker	71.65
Pole Vault		M60 Paul Stepan	71.5h
M30 Richard Hare	10-0	M65 Jack Coy	71.93
M40 Coy Akers	12-0	W30 Laura Blume	67.26
M45 Mike Vick	11-6	W40 Laura Schwartz	69.89
M50 Dennis Schmitt	10-6	W50 Janet Weinbold	93.12
M55 Bob Lewis	8-6	800m	0.00 70
M60 Ben Nowotny	8-0	M35 Larry Robinette	2:33.79
M65 R P Adams	7-0	M40 Jack Porter	2:35.02
Long Jump	The Marie	M55 Rich Tucker	2:18.57
M30 Keith Herring	16-6	M60 Larry Wright	2:40.13
M40 Jerry Moore	18-9	1500m	
M50 P Blankenship	16-0	M35 Larry Robinette	5:26.11
M55 Bob Lewis	11-0	M50 Marc Wiitala	4:48.54
M60 Ben Nowotny	12-1	M55 Joseph Nelson	
M65 R P Adams	10-10	M60 Des O'Rourke	5:37.02
M75 Bob Wingo	9-8	M65 Ralph Riddick	7:28.06
	9-0		9:18.84
Triple Jump		W45 Gail Jones	6:12.65
M50 Dennis Schmitt	24-4	W65 Vicki Bigelow A	R6:16.06
M55 Bob Lewis	25-9	(Caselli/6:26.49/1986)	
	22-0	5000m	A STATE OF THE STA
Shot Put	ASSESSED TO	M40 Jerry Greenman	17:46.4
M50 Jimmy Salazar		M60 Larry Wright	22:31.0
M55 John Conniff		M65 Ralph Riddick	
M60 Harold Crater	38-4		
M65 D E Hendrix	30-2		36:47.7
Discus	2005-000		23:31.6
M40 Dan Arnold	108-0	Short Hurdles	
M50 Jimmy Salazar	117-9		17.16
M55 John Conniff	115-9	M40 Bob Blackburn	19.17
M60 Harold Crater	129-0	Steeplechase	
M65 D E Hendrix	104-3	M35 Chip Roe	12:15.7
M75 Bob Wingo	46-1	M45 Glen Cantor	18:19.1
Hammer	REMIES!	W30 Laura Blume	9:01.3
M40 David Bolles	124-0	W40 Laura Schwartz	10:11.3
M50 Terrel Schaffer		High Jump	
M60 Howard Zingg	111-11	M30 Robert Walter	1.64
M65 R P Adams		M35 Wadsworth	1.60
Javelin	75-5	M55 Joe Johnson	1.36
M40 David Bolles	100.0	M60 Don Hertz	1.24
	129-9	W60 Becky Sisley	1.18
M45 Glen Pere	158-10	Pole Vault	AND THE
M50 Terrel Schaffer	97-5	M50 Richard Ying	2.90
M55 Jerry Dyes	168-10	M55 Larry Holmes	
M60 Harold Crater	95-7	M75 John Cleveland	2.34
M65 R P Adams	77-10		2.34
WECT	15	Long Jump	5.89
WEST		M30 Robert Walter	
Hawaii Masters T	C Most	M40 Vincent Martin	5.68
Honolulu; Ser		M55 Pat Shober	4.73
	JL. 3	M60 Don Hertz	nma
100m	STILL STATE	M65 Keith Lloyd	3.67
M50 Ron Pate	13.6	W50 Janet Weibold	2.57
M55 Sai Ching		Triple Jump	A SHAPE TO SHAPE THE PARTY OF T
M60 Lionel Low	15.4	M30 Robert Walter	
600m	Company	M40 Bob Blackburn	10.76
M50 R Pate	1:39.20	Shot Put	
M55 S Ching	1:43.5h	M55 Dan Nipp	13.00
M60 L Low	2:17.1h	M60 Neil Saling	11.44
		Name and Association or the Paris	
M. A. SHANNING THE	Married Prints	CONTRACTOR OF THE SAME	
No. of Concession, Name of Street, or other Designation, Name of Street, or other Designation, Name of Street,			

		Nati	onal M
The same	-	I M65 Bob Lawson	11.74
High Jump M40 Kevin Kruszona	4-10	W30 Adele Thompson	7.96
M45 Vince Costello	4-6	W50 Sue Hinz	7.90
M50 R Pate	4-6 3-6	M32 Robert Walter	33.38
M55 Jack Karbens M60 L Low	4-0	M40 Bob Blackburn	20.95
Shot Put		M55 Dan Nipp	43.72 43.52
M40 Kevin Kruszona		M60 Neil Saling M65 Bob Lawson	42.90
M45 Vince Costello M50 Tom Reppuhn	32-1 24-8	M85 Andy Anderson	16.92
M55 J Karbens	29-10	W50 Sue Hinz	23.36
M60 Bob Molynuex	27-7	M50 David Kolva	17.12
NORTHW	FST	M65 Bob Lawson	36.86
Seattle International		M85 Andy Anderson	15.77
Age-Graded		W50 Sue Hinz Javelin	30.61
Edmonds, WA; J		M30 Robert Walter	33.29
Dave Walter 55	21.12	M40 Bob Blackburn	32.40
Steve Robbins 57 Paul Edens 59	21.35 21.56	M65 Bob Lawson	39.49 17.00
John Wells 46	23.03	M85 Andy Anderson W60 Becky Sisley	29.95
Clyde Hundley 53	23.15	5000m Racewalk	Sees !
Will Leslie 54	23.65	M50 David Kolva	30:27.2
(w-1.2)		M60 Harry Borland W45 Cindy Algeo	34:28.9 35:19.2
Inland Northwest Classic	Masters	W50 Bessie Kolva	39:44.3
Pullman, WA; J	uly 22	Ultra Weight Champi	onshins
100m	CONTRACTOR OF THE PARTY OF THE	West Seattle Stad	
M40 Bill McKinney	12.06 13.35	Seattle, WA; Sep	t. 9
M50 Mark Lesniak M55 Joe Johnson	13.75	56# Weight	0.00
M60 Paul Stepan	14.8h	M85 Leo Joslin W40 Carla Surina	2.36 3.13
M65 Keith Lloyd	14.56	Debbie Ecklund	2.45
M75 John Cleveland W30 Laura Blume	18.04 14.2h	W55 Georgia Cutler	2.15
W50 Janet Weibold	18.57	98# Weight M40 Ken Jansson	5.62
200m	00.00	Jeff Crothers	3.20
M40 Bruce Mathison M50 Mark Lesniak	26.83 26.46	M50 Tim Edwards	3.58
M60 Paul Stepan	30.44	Bob Sager	3.18
M65 Jack Coy	32.51	Gary Kelmenson M55 John White	3.09
W30 Laura Blume	29.41	Bob Cahners	3.17
400 m M40 Na'im Hasan	53.88	M65 Pay Carstensen	3.07
M50 Jim Hoppe	64.82	Vern Spencer	2.81
M55 Rich Tucker	57.85	Don Hughes M85 Leon Joslin	2.07 1.43
M60 Paul Stepan M65 Jack Coy	71.5h 71.93	W40 Carla Surina	1.73
W30 Laura Blume	67.26	Debbie Ecklund	1.40
W40 Laura Schwartz	69.89	W55 Georgia Cutler 200# Weight	1.10
W50 Janet Weinbold 800 m	93.12	M40 Jeff Crothers	1.41
M35 Larry Robinette	2:33.79	M50 Tim Edwards	1.86
M40 Jack Porter	2:35.02	Bob Sager Gary Kelmenson	1.43 0.97
M55 Rich Tucker M60 Larry Wright	2:18.57 2:40.13	M55 John White	1.62
1500m	2.40.13	Bob Cahners	1.54
M35 Larry Robinette	5:26.11	M65 Pay Carstensen	1.54
M50 Marc Wiitala	4:48.54	Vern Spencer Don Hughes	0.96
M55 Joseph Nelson M60 Des O'Rourke	4:53.51 5:37.02	W40 Carla Surina	0.67
M65 Ralph Riddick	7:28.06	Debbie Ecklund	0.48
M80 Wilber Inks	9:18.84	300# Weight M40 Jeff Crothers	0.62
W45 Gail Jones W65 Vicki Bigelow A	6:12.65 De:16.06	M50 Tim Edwards	1.23
(Caselli/6:26.49/1986)		Bob Sager	0.76
5000m		Gary Kelmenson	0.36
M40 Jerry Greenman	17:46.4	M55 John White Bob Cahners	0.95
M60 Larry Wright M65 Ralph Riddick	22:31.0 28:24.9	M65 Pay Carstensen	0.87
M80 Wilber Inks	36:47.7	Don Hughes	0.33
W30 Laura Blume	23:31.6	Vern Spencer	0.31
M30 Robert Walter	17.16	Age-Graded Result M30-59	ALC: N
M40 Bob Blackburn	17.16 19.17		52 3202
Steeplechase	abiei.		59 3070
M35 Chip Roe	12:15.7		58 2709 52 2357
M45 Glen Cantor W30 Laura Blume	18:19.1 9:01.3		41 1798
W40 Laura Schwartz	10:11.3	6 Gary Kelmenson CA	
High Jump		M60+	00 0 10 1
M30 Robert Walter	1.64	1 Pay Carstensen FL 2 Leon Joslin WA	68 3484 88 2511
M35 Wadsworth M55 Joe Johnson	1.60 1.36	3 Vern Spencer CO	65 2095
M60 Don Hertz	1.24	4 Don Hughes CA	66 1816
W60 Becky Sisley	1.18	Women	FO 2000
Pole Vault	2.00	1 Georgia Cutter OR 2 Carla Surina WA	59 3809 41 2502
M50 Richard Ying M55 Larry Holmes	2.90 3.51	3 Debbie Ecklund NY	
M75 John Cleveland	2.34	THE RESERVE OF THE PERSON NAMED IN	I'm A THOUGH

#### INTERNATIONAL

BVAF Champion Bedford, England; J	ships uly 29-30
100m. M40	
1 Phillip Delbaugh	10.93
2 Kevin Burgess	11.10
3 Ricky Huskisson	11.38
M45	
1 Steven Peters	11.18
2 Robert Cawson	11.90
3 Douglas Lucas	12.04

asters News		-		000
M50	12.37	2 Phil Knowles	51.12	2
1 Robert Salter 2 Bob Minting	12.41	3 Alan Harrison M45		M
3 Mike Clerihew M55	12.55	1 Steven Peters	51.16 51.56	2
1 Ian Foster	12.46	2 Viv Oliver 3 David Anderson	53.82	3 M
2 John Steede 3 Victor Novell	12.65 12.76	M50 1 Bob Minting	54.34	1.
M60	13.03	2 Peter Browne	54.50	2
1 Arthur Penwarden 2 Byron Gray	13.30	3 Derek Wardle M55	56.83	4
3 Brian Ariss M65 FINAL	13.37	1 Reg Phipps	57.08	1
1 Alan Mellett	13.35	2 Vic Blanchard 3 Derek Graves	57.15 59.05	21
2 Gordon Daborn 3 Bill Stent	13.89	M60 1 John Ross	59.06	3 . M
M70	13.71	2 Robert Sheridan	63.88	1 2
1 Allan Meddings 2 George Cheetham	14.66	3 Brian Ariss M65	65.33	3
3 John Quantrell M75	16.04	1 Charles Williams	66.56	M
1 Norman Baum	15.63	2 Gordon Daborn 3 John Seymour	68.62 69.37	2
2 Sylvester Stein 3 Alf Sutton	15.76 19.44	M70 1 John Quantrell	77.22	3 M
W35	12.40	2 Kenneth Crooke	78.96	1.
1 Julie Money 2 Lesley Hopkins	13.18	3 Hugh McGinlay M75	84.62	3
3 Denise Timmis W40	13.32	1 Norman Copping W35	97.16	W
1 Angela Beadnall	12.98 13.26	1 Tracy Brighten	58.26	2
2 Alison Brown 3 Janice Pryce	13.69	2 Linda Gabriel 3 Fiona Kirton	58.46 59.83	W
W45 1 Helen Godsell	12.86	W40	Links !	1 2
2 Edna Roe 45	13.68	1 Alison Brown 2 Angela Beadnall	60.18 61.28	3
3 Yvonne Newton W50	14.00	3 Jenny Brown W45	61.82	1
1 Valerie Parsons 2 Brenda Elliott	13.61	1 Olia Inak-Price	62.49	3
3 Mary Waters	14.82	2 Edna Roe 3 Caroline Marler	63.24 64.68	W
W55 1 Iris Holder	15.16	W50	Selection is	1 V
W60	15.41	1 Brenda Elliott W55	66.08	1
1 Barbara Colwell 2 Dorothy Fraser	15.44	1 Iris Hornsey 2 Dee Tsakarisianos	76.83 81.74	1
3 Mary Webb W65	16.22	W60	NEW WOOT	5
1 Rosemary Chrimes	16.59	1 Dorothy Fraser 2 Kathleen Stewart	73.66 * 75.44	N 1
W70 1 Brenda Green	20.03	800m 1 Tim Ellis	2-01.63	2
200m M40		2 Keith McGhie	2-01.70	3 N
1 Phillip Delbaugh 2 Gordon Sinclair	22.46	3 Keith Hatton M45	2-01.87	1
3 Kevin Burgess	23.12	1 David Wilcock 2 Martin Kelly Ireland	1-59.48 2-02.70	3
M45 1 Steven Peters	22.53	3 Malcolm McCausland	2-04.90	1
2 Viv Oliver	22.82	4 David Anderson M50	2-05.64	2
3 Robert Cawson M50	23.86	1 Bob Minting 2 Peter Browne	2-06.84	3
1 Bob Minting 2 Michael O'Donovan	25.27 25.71	3 Edward Connolly	2-12.88	2
3 Tony Wells	25.78	M55 1 Walter Wilkinson	2-09.49	3
M55 1 Ian Foster	26.25	2 John Treadwell	2-10.28	1
2 Victor Novell 3 John Steede	26.25 26.28	3 Reg Phipps M60	2-16.86	2
M60		1 John Ross	2-19.50	i
1 Tony Crocker 2 Tony Bowman	27.17 27.65	2 Barry Swindells 3 Joe Clare	2-21.68 2-38.41	3
3 Arthur Penwarden	27.73	M65 1 Mike Fox	2-28.74	0
M65 1 Alan Mellett	27.93	2 Ian Barnes	2-31.22	8
2 Gordon Daborn 3 Bernard Griffiths	29.29 30.24	3 Peter Dibb M70	2-35.14	3
M70		1 Alfred Romain	2-59.67	96
1 Allan Meddings 2 Edwin Cheetham 30.23	28.65	2 Kenneth Crooke 3 Ernest Bowring	3-14.69 3-31.51	5
3 John Quantrell M75	33.16	M75 1 James Todd	3-00.56	5
1 Alf Sutton	42.03	2 Norman Copping	3-27.40	8
W35 1 Julie Money	25.64	3 Norman Neilson W35	4-01.55	0 10 0
2 Jacquelyn Brett 3 Tracy Brighten	25.95	1 Sarah Heath 2 Ruth Vlassak	2-14.88	9
W40	26.65	3 Linda Gabriel	2-17.18 2-19.96	9
1 Angela Beadnall 2 Alison Brown	26.72 27.01	1 Kim Blagden	2-23.15	1
3 Jennifer Tinkler W45	29.07	2 Barbara Murray 3 Tessa Pike	2-23.25	
1 Helen Godsell	26.71	W45	2-23.33	1000
2 Edna Roe 3 Anne Wainwright	27.39 29.10	1 Nancy Hitchmough 2 Olia Inak-Price	2-24.66 2-32.07	1
W50		3 Sue James	2-32.07	14 53
1 Maureen Lewington 2 Brenda Elliott	27.43 28.40	W50 1 Nancy Hitchmough	2-24.66	i
3 Valerie Parsons W55	28.97	W55 1 Iris Hornsey	AND DESIGNATION OF THE PERSON	100
1 Iris Holder	32.01	W60	2-57.04	
W60 1 Dorothy Fraser	32.29	1 Kathleen Stewart 1500m	2-55.52	1
2 Barbara Colwell	33.19	M40		1
3 Mary Webb W70	35.32	1 Tony McDonald 2 Barry Lee	4-06.99	
1 Brenda Green 400m	45.32	3 Keith Hatton M45	4-09.12	
1 Kermit Bentham	49.88	1 David Wilcock	4-08.93	Carro

-	Octobe	
51.12 51.32	2 Martin Kelly Ireland 3 Raphael Murray	4-14.99 4-26.38
	M50 1 George Sim	4-27.26
51.16 51.56	2 Steven Knight	4-36.12
53.82	3 Peter Duhig	4-41.04
SHOW	M55	4-27.08
54.34	1 John Treadwell 2 Reg Phipps	4-28.31
54.50 56.83	3 Michael Dixon	4-35.66
30.03	4 Anthony Marshall USA	5-05.40
57.08	M60 1 Barry Swindells	4-52.82
57.15 59.05	2 Fred Gibbs	4-58.34
55.00	3 Joe Clare M65	5-19.53
59.06	1 Ian Barnes	5-05.25
63.88	2 Peter Dibb	5-13.21
	3 Charles Portsmore M70	5-23.12
66.56	1 William Davies	5-48.76
68.62 69.37	2 Hugh McGinlay	6-07.76 6-13.87
Descript.	3 Peter Couttie Australia M75	0-13.07
77.22 78.96	1 James Todd	6-15.79
84.62	2 James Caddy	6-42.78 6-59.95
Reserve .	3 Norman Copping W35	0-59.95
97.16	1 Clare Pauzers	4-36.29
58.26	2 Sarah Heath	4-38.79 4-45.18
58.46	3 Alison Hurford W40	4-45.10
59.83	1 Tessa Pike	4-52.48
60.18	2 Lynne Flatman	5-19.67 5-29.75
61.28	3 Lorraine Hogan W45	5-29.75
61.82	1 Joyce Barrus	5-16.11
62.49	2 Anne Darby	5-26.97 5-27.83
63.24	3 Jane Morley W50	5-27.03
64.68	1 Nancy Hitchmough	4-59.98
66.08	W55	5-53.03
70.00	1 Dee Tsakarisianos W60	5-53.03
76.83 81.74	1 Kathleen Stewart	5-57.66
E VIII I	2 Pamela Jones 5000m	6-26.90
73.66	M40	
75.44	1 David MacLachlan	15-13.65
2-01.63	2 Jim McMahon 3 David Walsh	15-34.18 15-46.73
2-01.70	M45	
2-01.87	1 David Griffin	15-54.66
1-59.48	2 Stanley Owen 3 Philip Jones	16-15.23 16-59.95
2-02.70 2-04.90	M50	
2-05.64	1 George Sim 2 Paul Williams	16-20.9
2-06.84	3 Philip Lee	16-46.8
2-08.09	M55	
2-12.88	1 Charles Verrall 2 Bryan Mackay	18-41.8 19-37.8
	3 Martin Duff	19-42.0
2-09.49 2-10.28	M60	Berch
2-16.86	1 Steve James 2 Allan Lang	18-12.5 19-43.7
	M65	15-40.1
2-19.50 2-21.68	1 Mick Ward	19-46.9
2-38.41	2 Geoff Oliver 3 Charles Portsmore	19-55.9 20-02.2
<b>Market</b>	M70	20-02.2
2-28.74 2-31.22	1 William Davies	20-57.3
2-35.14	2 Donald Adie 3 Ted Cooper	21-36.8 21-55.9
	M75	- 00.0
2-59.67 3-14.69	1 Ronald Hale	23-41.0
3-31.51	2 James Caddy 3 Norman Copping	24-59.1 26-02.4
200=	W35	
3-00.56	1 Jane Pidgeon	18-26.04
4-01.55	2 Carol Evans 3 Lynne Marr	18-39.69 18-50.36
2.14 90	W40 ·	
2-14.88 2-17.18	1 Jenny Gray 2 Janet Ross	17-51.67 18-36.82
2-19.96	3 Lucy Hickey	21-55.48
2-23.15	W45	
2-23.25	1 Denise Farnham 2 Celia Duncan	18-13.52
2-23.33	3 Judith Meeten	19-31.36 19-49.06
2-24.66	W50	
2-32.07	1 Felicity Garland	20-04.75
2-44.94	2 Maureen Coffey 3 Margaret Moody	20-40.89 21-06.20
2-24.66	W55	
STORES N	1 Pauline Rich	20-38.10
2-57.04	2 Dee Tsakarisianos 3 June Johnson	21-46.87 22-59.78
2-55.52	W60	55.75
No.	1 Pamela Jones	23-35.36
	10000m M40	
4-06.99	1 Tim Jones	32-44.68
4-09.12	2 Brian Gardner	34-26.76
	3 Terence Knightley	35-13.29
4-08.93	Continued on	next page

The second second second	NAME AND ADDRESS OF TAXABLE PARTY.	and the same of th	Name and Address of the Owner, where	description of the second seco	1			NAME AND ADDRESS OF THE OWNER, WHEN PERSON NAMED IN		1400	
Continued from prev	ACCOUNT OF THE	W55 1 Jill York	35-49.66	3 Steven Smith M45	5.89	W35 1 Wendy Laing	1.55	W45 1 Gwen McFarlane	8.47	M60 1 George Eccles	43.6
1 Stanley Owen	34-07.44 39-54.91	1 Maureen Spelman	21 04 01	1 Paul Pinnington	6.02	2 Christine Pates	1.40	2 Fiona Crompton	7.09 6.86	2 John Ross 3 Vic Adcock	39.6
2 Rob Sargent M50	35-34.51	W70	31-04.81	2 Gary Gallagher 3 Christopher Briggs	5.93 5.78	3 Claire Bowman W40	1.30	3 Margaret Curtis W50	0.80	M65	
George Sim	33-18.38	1 Anne von Bismarck	36-42.12	M50	3.70	1 Jenny Brown	1.65	1 Romana Martin	10.02	1 Joe Phillips	44.1
Neil Robson	36-06.44	2000m Steeplechae		1 Mike Clerihew	5.63	2 Manndy Laing	1.50	2 Margaret Woodger	8.13	2 Gordon Hickey	31.8
Paul Allen	38-26.58	M60		2 Michael James	5.53	3 Hazel Barker	1.45	3 Elaine Mee	7.91	3 Gordon Daborn M70	31.5
Charles Verrall	38-52.63	1 Trefor Pugh M70	8-29.37	3 Dennis Wallington	5.47	W45	125	W55	9.30	1 Robert Laidler	27.5
Charles Verrall 60	30-32.03	1 Peter Couttie Australia	0.5830	M55 1 Peter Duckers	5.50	1 Pam Garvey W50	1.35	1 Elizabeth Sissons 2 Margery Swinton	8.81	M75	100
Fred Gibbs	38-02.7	W35	a 5-50.55	2 George Jephcott	5.24	1 Pat Oakes	1.18	3 Carol Rafferty	6.85	1 Janis Gercs	22.9
Steve James	38-14.9	1 Emma Hudson	8-18.63	3 Mike Garvey	5.07	W55		W60	Dept.	2 Richard Glover	20.8
Geoff Harrold	39-55.7	W40		M60		1 Iris Holder	1.15	1 Evaun Williams	11.10	W35	
65		1 Aileen Wood	10-38.28	1 Pinchas Shechter Israe		2 Carol Rafferty	1.10	2 Kay Koppel	7.29	1 Caroline Garatt 2 Wendy Laing	36.11
Geoff Oliver Mick Ward	40-13.0 40-32.7	W45 1 Jacky Ricketts	10-20.81	2 Colin Field 3 Arthur Penwarden	4.60	W60	1.10	3 Barbara Dunsford W65	5.76	3 Christine Pates	26.1
lan Barnes	41-11.3	3000m Steeplechas		M65	4.30	1 Kay Koppel W65	1.10	1 Rosemary Chrimes	10.39	W40	No. of Street
70		M40	THE PARTY	1 Gerald Wilkinson	4.45	1 Rosemary Chrimes	1.24	2 Marie Grant-Stevens	6.59	1 Manndy Laing	32.8
Ted Cooper	45-17.1	1 Andrew Fox	9-49.20	2 Geoffrey Feast	4.36	Pole Vault		W75	STORY.	2 Carole Morris	29.3
Arthur Walsham	50-44.2	2 Graeme Riley	9-50.43	3 John Evans	4.08	M40		1 Mary Wixey	4.20	3 Deborah Murch W45	24.8
75 Deceld Hele	50.01.7	3 Paul Merrison M45	9-55.44	M70 1 Ajit Kaliral	3.95	1 Keith Hatton	4.00 3.20	Discus M40	178	1 Gillian Dobson	30.9
Ronald Hale 35	50-21.7	1 Raphael Murray	11-03.15	2 Bill Morrow	3.93	2 Kevin McClymont 3 = Robert McKenna	3.00	1 John Moreland	44.89	2 Kirsten Workman	28.1
Pauline Atkinson	39-43.64	M50	NO PERM	W35	3.00	3= David Franklin	3.00	2 Jan Drzewiecki	38.14	3 Gwen McFarlane	24.1
ynne Marr	40-29.22	1 Peter Duhig	11-13.49	1 Wendy Laing	5.25	M45	DESCRIPTION OF THE PERSON OF T	M45		W50	
45		2 Alun Stedman	11-22.09	2 Denise Timmis	5.03	1 David Blunt	3.40	1 Neville Thompson	51.01	1 Margaret Woodger	22.5
Sabrina Diggins	43-59.47	3 Anthony Culshaw	11-22.50	3 Alison Hesketh	4.62	2 Thomas Thompson	3.00	2 Michael Small	41.56	2 Pat Oakes	21.8
50	44 40 00	M55	11 00 40	W40	Beerle.	3 Tony Fortes	2.80	3 Tim Needham	29.63	3 Rosemary Champion W55	21.1
Maureen Coffey	44-19.89	1 Michael Dixon 2 Frederick Bush	11-20.43 11-51.50	1 Janice Pryce 2 Carole Filer	5.21	M50 1 Michael Goodell	3.60	M50 1 Neil Griffin	51.24	1 Elizabeth Sissons	26.5
Pauline Rich	43-24 03	80m Hurdles	11-51.50	3 Manndy Laing	5.07	1 Michael Goodall 2 Richard Morris	3.20	2 Bill Renshaw	43.20	2 Carol Rafferty	25.7
une Johnson	47-45.32			W45	J. Carlo	3 Bruce Hendrie	3.10	3 Anthony Richards	42.60	3 Margery Swinton	23.6
00m Walk	D. HERMAN	1 Ajit Kalirai	20.30	1 Yvonne Newton	4.16	M55		M55	SHIPSER.	W60	
0		W40	TY SEE SE	2 Cathy Lyon-Green	3.90	1 John Bradley	3.15	1 John Conboy	38.36	1 Evaun Williams	36.1
colin Bradley		1 Manndy Laing	12.14	3 Anne-Grete Howarth	3.90	2 John Howe	3.10	2 Godfrey Leak	36.02	W75	
lichael Kelly	17-47.49	2 Hazel Barker	13.75	W50	THE SE	3 Brian Harlick	2.80	3 Patsy Conboy Ireland	35.17	1 Mary Wixey	9.24
5	11.00.45	W45	10.00	1 Jean Fail	4.66	M65	2 minus	M60	20.04	Hammer	
harles Ryan		1 Anne-Grete Howarth	16.89 17.04	Triple Jump		1 Jim Day	2.70	1 Jack Kee	39.94 37.38	M40 1 Malcolm Fenton	56.6
eil Munroe ean Pender		2 Jenny Denyer 3 Judi Stafford	17.04	M40 1 Rez Cameron	14.53	2 Bill Stent	2.60	2 Peter Hallett 3 Colin Brand	35.55	2 Nigel Winchcombe	50.7
0	17-10.44	W50	DE MANAGE	2 David Dixon	13.25	M70 1 Alf Woods	2.40	M65	53.00	3 Martin Roberts	46.7
Sarry Hardwick	14-40.07	1 Jean Fail	13.13	3 Albert Earle	12.73	2 Bernard Thomas	2.40	1 Michael McGarry Ire.	40.28	M45	
on Cox		2 Emily McMahon	13.69	M45		W35	District.	2 Robin Sykes	36.28	1 Alan Woods	48.5
revor Taylor	17-55.87	100m Hurdles	100 30 30	1 Gary Gallagher	12.39	1 Larissa Lowe	3.41	3 Patrick Tomney	35.31	2 Michael Small	45.1
5	GIA THE	M50		2 David Folgate	12.12	W45		M70	SERVICE STATE	3 Nigel Hooker	37.5
eter Hannell	15-01.19	1 Tony Wells	14.70	3 Christopher Briggs	11.45	1 Anne Wainwright	2.50	1 Jaroslev Hanus	35.64	M50	75
O Coro	15 20 00	M55	15.01	M50	1202	2 Judi Stafford	2.40	2 Robert Laidler	32.24	1 Paul Dickenson	54.4
rian Gore ave Stevens		1 Barry Ferguson 2 John Howe	15.91 16.20	1 Lee Still 2 Mike Clerihew	12.02	3 Marilyn Anness	2.10	3 Ian Briggs M75	30.77	2 Merrik Bousfield 3 Bill Renshaw	38.7
Dennis Myers	17-08.84		10.20	3 Bob Cutler	10.41	1 Dorothy McLennan	1.80	1 Janis Gercs	28.11	M55	
65	11 00:04	1 Brian Ariss	19.95	M55	antige .	Shot Putt	Pine in	W35	10th - 1112 - 271	1 Christopher Melluish	50.7
Colin Stapleford	17-19.14	M65	200 1000年1	1 Sean Power	12.28	M40	175-1	1 Janet Smith	31.85	2 Patsy Conboy	43.4
John Short	18-09.09	1 Colin Shafto	20.12	2 Allan Cheers	10.65	1 Guy Perryman	14.16	2 Cathy Breslin	28.65	3 John Conboy	41.4
0	BOAT TO SEE	2 Jim Day	21.57	3 George Jephcott	10.60	2 Colin Smith	13.79	3 Danuta Krzyanowska W40	25.98	M60	45.8
Dennis Withers Karl Abolins	18-59.51	W35	14.1	M60 1 Pinchas Shechter Israe	1 10 50	3 John Painter	13.59	1 Claire Cameron	40.06	1 Jack Kee 2 Dennis Rafferty	28.0
Paul Sargent	19-02.22	1 Jacquelyn Brett 2 Wendy Laing	15.1	2 Tony Crocker	9.71	M45	12.01	2 Karen Heweth	34.29	3 David Williams	22.4
35	25-02.12	3 Gaye Clarke	15.6	M65		1 Michael Small	13.61	3 Christine Strode	28.05	M65	10000
George Mitchell	21-20.33wr		SERVICE OF	1 John Evans	8.77	2 Steve Archer 3 Nigel Hooker	11.00	W45	Day.	1 Peter Barber	42.6
35		M40	The State	2 Jim Day	8.18	M50	The same	1 Gwen McFarlane	28.47	2 David Bayes	39.4
Christine Pates	20-18.08	1 Howard Moscrop	15.12	M70	SALES OF	1 Neil Griffin	14.78	2 Beatrice Simpson	24.11	3 Philip McEvoy	38.5
10	No. of Street, Square,	2 Michael Coker	15.50	1 Ajit Kalirai	8.41	2 Anthony Richards	13.91	3 Jacky Ricketts	19.44	M70	27700
Sigrun Sangvik	15-50.06		15.62	2 John Robinson	8.16	3 Merrik Bousfield	13.85	W50	24.10	1 Jaroslev Hanus	34.5
nn Wheeler	16-58.78	M45	15.00	W35 1 Wendy Laing	10.12	M55		1 Margaret Woodger 2 Romana Martin	24.10 23.70	2 John Watson	32.9
iona Bishop	17-41.26	1 Roger Honey 2 Philip Mclifatrick	15.26 16.27	2 Gaye Clarke	9.65	1 Garry Negus	12.24	3 Rosemary Champion	21.53	3 Robert Laidler M75	21.0
nn Lewis	16-51.72	3 Jon Ireland	17.39	3 Claire Bowman	9.59	2 John Conboy	11.41	W55	3 10 5	1 Janis Gercs	18.9
lacqueline King	17-12.49	300m Hurdles		W40	N. CHILDREN	3 Godfrey Leak M60	10.22	1 Margery Swinton	22.14	W35	STATE OF THE PARTY.
55		M60	and the state of	1 Jenny Brown	11.40	1 Michael Jones	11.80	2 Elizabeth Sissons	22.09	1 Irene Duffin	45.1
ill York	19-41.63	1 John Ross	48.07	2 Janice Pryce	11.18	2 William Whyte	11.65	W60	all which	2 Janet Smith	41.4
60	但什么对方	2 Brian Ariss	50.95	3 Manndy Laing	10.63	3 Peter Hallett	11.46	1 Evaun Williams	27.63	W40	
lill Langford	18-17.80	3 John Baron	51.54	W45	NAME OF	M65		2 Kay Koppel	18.75	1 Jenny Earle	39.5
65 Assess Carles	Was as as	M65	THE STATE	1 Judi Stafford	8.15	1 Gordon Hickey	12.15	W65	22.00	2 Claire Cameron	33.1
Maureen Spelman 70	18-19.95	1 Colin Shafto	49.79	2 Jenny Denyer	7.81 7.45	2 Barrie Strange	10.93	1 Rosemary Chrimes Javelin	32.62	3 Brenda Russell	29.4
Beryl Randle	18-38.41	M70 1 Ajit Kalirai	70.38	3 Cathy Lyon-Green W50	7.43	3 Michael McGarry Ire.	10.66	M40	PERM	W45 1 Beatrice Simpson	36.8
Anne von Bismarck	21-37.27	W50	70.30	1 Jean Fail	9.50	M70	10.26	1 Kevin Murch	62.30	2 Marilyn Anness	27.0
00m Walk		1 Jean Fail	50.10	2 Pat Oakes	8.34	1 Jaroslev Hanus 2 John Watson	9.80	2 Timothy Creese	47.39	3 Jenny Piercey	26.8
10	e ir sate	2 Emily McMahon	51.44	3 Rosemary Champion	7.73	3 Robert Laidler	8.85	3 Martin Safford	36.10	W50	
Colin Bradley	24-06.5	400m Hurdles		W55	NAME OF TAXABLE PARTY.	M75	2 100	M45	野山中芸	1 Lesley Shrosbree	38.9
lan Ellam	24-54.9	1 Howard Moscrop	53.79	1 Gibby Meneer	6.47	1 Janis Gercs	9.16	1 Steve Ladds	49.63	2 Romana Martin	27.1
Michael Kelly	30-28.4	2 Michael Coker	56.35	W75	4.68	W35		2 Michael Small	44.58	3 Margaret Woodger	25.9
5 leil Munroe	29-14.9	3 Peter West	57.97	1 Mary Wixey High Jump	7.00	1 Wendy Laing	10.41	3 Peter Everard M50	39.82	W55	200
ean Pender	30-09.1	M45 1 Roger Honey	58.97	M40	A ROOM	2 Cathy Breslin	9.05	1 Christopher Arnold	49.39	1 Margery Swinton 2 Elizabeth Sissons	32.3 27.2
0	00-03.1	2 David Anderson	59.61	1 Christopher Hesketh	1.87	3 Helen Daniel W40	8.30	2 Robert Richards	47.75	3 Carol Rafferty	20.8
arry Hardwick	26-30.4	3 Andrew Laird	60.28	2 George Vorgic	1.60	1 Claire Cameron	10.63	3 Mike Hazlewood	47.31	W60	20.0
revor Taylor	31-07.1	M50	THE STATE OF	M45	THE PARTY	2 Manndy Laing	10.53	M55	G OFF	1 Evaun Williams	40.3
STATE OF THE PARTY	V.P.	1 Tony Wells	60.61	1 Duncan Talbot	1.60	3 Jenny Brown	10.29	1 Phil Owen	38.26	2 Barbara Dunsford	20.5
olin Turner	27-05.7	2 Bob Minting	67.32	2 Philip McIlfatrick	1.55			The state of the s	92 17 6	Section of the second	and my
ian Gora	07.00.74	3 Peter Duhig	70.08	3 David Blunt	1.55	Canadian M		hampionships, and WAV			
ian Gore ave Stevens	27-02.76	M55	0777	M50 1 Stephen Faulkner	1.65	日 北祖 松 弘 明 日		amloops, BC, Canada; A			OFFICE
ennis Myers	28-38.95 28-50.99	1 Frederick Bush	67.77	2 Geraint Griffiths	1.60	M30 -10		3 Tom D	n Frankl	yn 48 GBR 12.55	87.98
Simis Myers	20-30.99	2 Derek Graves	70.13	3 Bob Minting	1.55	1 Raul Garces	34 MEX	12.87 77.1% 5 Dave	Burton	45 CAN 12.66	84.3
olin Stapleford	29-32.30	3 David Barrington W40	72.37	M55	7.00	M35 1 John Olivierre		6 Kosti	e Killas	46 CAN 12.76	84.28
ames Munn	30-42.07	1 Carole Filer	70.70	1 Sean Power	1.60	1 John Olivierre 2 Winchester Johnson			Parhars	45 CAN 12.85	83.1
ohn Short	31-02.28	2 Susan Brown	74.51	2 Allan Cheers	1.35	3 Gordon Bolstad	39 CAN	12.35 83.0% M45	-100m-	Marin Callery of the	
0	R SHITTLE AND	W45		3 Colin Green	1.30	4 Todd Wiseman 5 Wayne Lewin	35 CAN	12.56 79.6%   1 Walwy	m Frankl		90.5
Company of the last	29-25.85	1 Judi Stafford	89.95	M60	A DET	M40 -100m-		3 Staff	er Linder		
nn Wheeler	30-43.66	2 Jacky Ricketts	95.11	1 Tony Crocker	1.55	1 Allan Tissenbaun		11.22 92.00 4 Tom I	Dickson	47 CAN 12.34	87.6
nn Wheeler iona Bishop	00 40.00			O Anthony Detemon	1.55	2 Jim Bissenden			ie Killas	46 CAN 12.72	84 58
nn Wheeler iona Bishop 5		3 Maggie Ellerington	102.41	2 Anthony Bateman	1.55	3 Aurelio Alvarez	42 MR				
nn Wheeler iona Bishop 5 ath Reader	29-19.91	Long Jump	102.41	M65		3 Aurelio Alvarez 4 Blair Roblin	42 CA	12.52 83.6% - Dave	Burton -100m PRI	45 CAN DNF	2000
nn Wheeler iona Bishop 5			6.24		1.29		42 CA	X 12.52 83.6% - Dave X 12.88 81.2% M50 X 13.01 81.0% 1 Mike	Burton	45 CAN DNF RLIMS- :z 53 USA 12.81	87.9%

Continued from previous page	- 200 -	W70	M55 1 Harold Morioka 57 CAN 2:13.97 92.48
Continued from previous page  3 Jean-Pierre Mayer 52 CAN 12.99 86.18	M30 1 Raul Garces 34 MEX 26.93 73.9%	1 Patricia Peterson 74 USA 35.71 89.0%	2 Rich Tucker 55 USA 2:14.26 90.58
4 Jeff Schaller 52 USA 13.20 84.7% 5 Dennis Lang 52 CAN 13.64 82.0%	M35 1 Jimson Lee 37 USA 24.48 83.1	1 Johnnye Valien 75 USA 39.58 81.48 2 Diane Friedman 79 USA 49.42 69.28	4 Paulino Lopez 55 MEX 2:18.95 87.5%
6 James Posey 53 USA 13.76 81.84 7 David Dolson 51 CAN 13.99 79.44	2 Gordon Bolstad 39 CAN 25.39 81.2% 3 John Olivierre 36 CAN 25.45 79.3%	3 Margaret Hinton 79 USA 55.75 61.4%	6 Alfr Tadeo Palomares 59 MEX 2:21.57 89.0%
8 Jim Sullivan 52 CAN 14.02 79.8% 9 Pedro Trejo Almaguer 50 MEX 14.54 75.4%	4 Todd Wiseman 35 CAN 25.69 78.1%	1 Olga Kotelko 81 CAN 46.95 75.3% 2 Annie Fleming 81 CAN 47.53 74.4%	8 Barry Adams 58 CAN 2:25.55 85.8
M50 -100m- 1 Kenrick Prime 50 TRI 12.70 86.9%	5 Wayne Lewin 38 CAN 26.22 78.1% 6 Garnett Gerke 35 CAN 26.86 74.7%	W85 1 Ivy Granstrom 88 CAN 71.05 57.0%	0 John Powell 56 CAN 2:49.59 72.3%
2 Mike Steinmetz 53 USA 12.94 87.0% 3 Jean-Pierre Mayer 52 CAN 12.98 86.2%	M40 -200m PRELIMS- 1 Allan Tissenbaun 40 CAN 23.27 89.3%	2 Rosario Iglesias 89 MEX 76.22 54.4%	1 Nicolas Ordaz 58 MEX 2:54.85 71.44 2 George Smith 56 CAN 3:00.85 67.84
4 Jeff Schaller 52 USA 13.24 84.5% 5 Dennis Lang 52 CAN 13.82 80.9%	2 Brian Monteith 42 CAN 25.44 82.8% 3 Aurelio Alvarez 42 MEX 25.53 82.5%	- 400 -	M60 1 Bill McJlwaine 61 CAN 2:27.51 87.0%
6 Jim Sullivan 52 CAN 14.01 79.8%	4 Blair Roblin 42 CAN 26.37 79.9% 5 Rogelio Meneses 43 MEX 26.86 79.0%	1 Miguel Magana 33 MEX 53.39 82.6% M35	2 Federico Liaz 60 MEX 2:27.73 86.1% 3 Jack Miller 63 USA 2:32.99 85.6%
7 James Posey 53 USA 14.02 80.38 8 David Dolson 51 CAN 14.59 76.18 M55 -100m PRELIMS-	- Jim Bissenden 42 CAN DQ M45 -200m PRELIMS-	1 Jimson Lee 37 USA 52.99 85.3% 2 Barton Frauenfeld 36 CAN 55.37 81.1%	4 Mario Salazar 64 GUA 2:39.71 82.8% 5 James Pascoe 62 CAN 2:42.73 79.7%
1 Peter Crombie 55 AUS 12.60 90.5%	1 Siefried Regales 47 CUR 24.71 88.30 2 Walter Linder 49 CAN 25.88 85.50	3 Wayne Lewin 38 CAN 59.09 77.0%	6 Salam Hashem 60 CAN 2:44.99 77.0% 7 Hylke Van der Wal 62 CAN 2:48.85 76.8%
2 Harold Morioka 57 CAN 12.68 91.28 3 Tony Badowski 57 CAN 13.07 88.58	3 Tom Dickson 47 CAN 24.84 87.94 4 Walwyn Franklyn 48 GBR 25.93 84.84	1 Walwyn Franklyn 48 GBR 54.93 88.7% 2 Brent Davy 45 CAN 56.18 84.9%	- Clifford Bedell 62 USA DNF M65
4 Erv Hickie 57 CAN 14.21 81.49 5 Herb Gee 59 CAN 13.27 88.39	5 Kostie Killas 46 CAN 25.04 86.5% 6 Peter Freeman 48 CAN 26.38 83.3%	3 Douglas Cameron 48 CAN 57.69 84.5% 4 Byro Paredes Sanchez 47 GUA 58.11 83.3%	1 James Aneshansley 65 USA 2:35.81 85.88 2 Gerhard Krolow 65 CAN 2:59.37 74.58
6 Jack Karbens 58 USA 14.92 78.0% 7 Gary Malo 57 CAN 14.64 79.0%	7 Brent Davy 45 CAN 25.24 85.34 8 Bill Sutherland 49 CAN 26.60 83.24	5 Sandy ParharSantokh 48 CAN 59.96 81.31	- Joe Giegerich 68 CAN DNF
8 Lopez Argueta 55 GUA 15.02 75.9% - Bernard Igwe 57 CAN DNF	9 Sandy ParharSantokh 48 CAN 27.51 79.9% 0 Andrew Delecki 49 CAN 27.65 80.1%	1 John Garland 51 CAN 58.46 85.2% 2 Rick Smith 53 CAN 59.09 85.6%	M70 1 Earl Fee 71 CAN 2:31.68 94.4% 2 Francisco Ramirez 71 MEX 2:37.17 91.1%
M55 -100m- 1 Peter Crombie 55 AUS 12.37 92.2%	- Byro Paredes Sanchez 47 GUA DQ M45 -200m-	3 Michael Carter 51 CAN 59.97 83.1% 4 Dennis Lang 52 CAN 63.19 79.4%	2 Francisco Ramirez 71 MEX 2:37.17 91.1% 3 James Beall 71 USA 2:38.50 90.4% 4 Stan Oracheski 72 CAN 3:11.51 75.7%
2 Harold Morioka 57 CAN 12.56 92.18 3 Herb Gee 59 CAN 13.33 88.08	1 Walwyn Franklyn 48 GBR 24.25 90.6% 2 Walter Linder 49 CAN 24.59 90.0%	5 Jim Sullivan 52 CAN 64.76 77.5% M55	5 Milo Sather 73 USA 3:16.08 74.94
4 Tony Badowski 57 CAN 13.36 86.68 5 Erv Hickie 57 CAN 14.60 79.28	3 Siefried Regales 47 CUR 24.68 88.44 4 Tom Dickson 47 CAN 25.25 86.54	1 Harold Morioka 57 CAN 54.30 96.2% 2 Peter Crombie 55 AUS 56.40 91.1%	1 Harry Thompson 77 CAN 3:17.66 78.7%
6 Gary Malo 57 CAN 15.02 77.0% 7 Jack Karbens 58 USA 15.14 76.9%	5 Brent Davy 45 CAN 25.57 84.24 6 Kostie Killas 46 CAN 25.60 84.64	3 Rich Tucker 55 USA 57.49 89.4% 4 Richard Hamner 55 USA 59.40 86.5%	1 Maxwell Springer 86 USA 4:12.54 72.9%
8 Lopez Argueta 55 GUA 15.40 74.0% M60 -100m PRELIMS-	7 Peter Freeman 48 CAN 26.81 82.01 8 Bill Sutherland 49 CAN 26.87 82.41	5 Tony Badowski 57 CAN 60.57 86.3% 6 Jack Karbens 58 USA 67.30 78.3%	W35 1 Anna Cranton 37 CAN 2:25.07 81.7%
1 Gary Sims 62 USA 13.13 91.2% 2 Douglas Fraser 62 CAN 13.42 89.2%	M50 -200m PRELIMS- 1 John Garland 51 CAN 27.20 82.6	7 George Smith 56 CAN 69.66 74.4% 8 John Powell 56 CAN 69.81 74.2%	2 Donna Dixon 37 CAN 2:25.48 81.5% 3 Jane Pidgeon 36 GBR 2:26.36 80.4%
3 Larry Forseille 63 CAN 13.94 86.64 4 Merv Armstrong 61 CAN 14.01 84.94	2 Kenrick Prime 50 TRI 27.63 80.7% 3 Jess Brewer 54 CAN 27.58 83.2%	M60 1 Bill McIlwaine 61 CAN 61.23 88.3%	4 Brenda Zavala 39 GUA 2:30.53 80.0% 5 Ann Hislop 35 CAN 2:30.58 77.5%
5 Les Friesen 63 CAN 13.97 86.48 6 Phil Byrne 60 USA 14.13 83.58	4 Michael Carter 51 CAN 28.28 79.4% 5 Dennis Lang 52 CAN 27.85 81.2%	2 Larry Forseille 63 CAN 65.20 84.5% 3 Les Friesen 63 CAN 65.64 83.9%	6 Dauna Jones 35 CAN 2:31.34 77.1% 7 Kelly Robinson 36 CAN 2:40.47 73.3%
7 Clarence Wiseman 60 CAN 14.01 84.3% 8 Salam Hashem 60 CAN 15.55 75.9%	6 James Posey 53 USA 28.34 80.34 7 Jim Sullivan 52 CAN 28.38 79.74	4 James Pascoe 62 CAN 68.39 79.8% 5 Salam Hashem 60 CAN 72.09 74.3%	1 Kathleen Northey 41 CAN 2:31.86 80.6%
9 Eric Wisneth 61 CAN 15.79 75.3% M60 -100m-	8 Al McLeod 52 CAN 29.15 77.6% 9 Pedro Trejo Almaguer 50 MEX 29.30 76.1%	M65 1 Paul Johnson 65 USA 59.14 95.0%	2 Hillerie Smith 42 CAN 2:39.74 77.3% 3 Anne Skinner 42 CAN 2:40.22 77.1%
1 Gary Sims 62 USA 13.48 88.81 2 Phil Byrne 60 USA 13.84 85.31	0 David Dolson 51 CAN 29.46 76.2%	2 Ralph Romain 68 TRI 59.85 96.8% 3 Oscar Ponce 66 GUA 69.29 81.9%	4 Sue Grigsby 43 USA 2:43.30 76.31 W45
3 Douglas Fraser 62 CAN 13.88 86.3% 4 Larry Forseille 63 CAN 14.42 83.7%	1 John Garland 51 CAN 27.17 82.7% 2 Michael Carter 51 CAN 27.60 81.4%	4 Gerhard Krolow 65 CAN 76.45 73.5% 5 Brian Oxley 67 CAN 77.81 73.7%	1 Laura Aguilar 46 MEX 2:48.24 76.08 W50
5 Les Friesen 63 CAN 14.48 83.4% 6 Merv Armstrong 61 CAN 14.77 80.5%	3 Jess Brewer 54 CAN 28.25 81.24 4 Dennis Lang 52 CAN 28.40 79.64	6 George Gluppe 67 CAN 79.18 72.4% 7 George Ladoucer 65 CAN 1:28.40 63.5%	1 Avril Douglas 54 CAN 2:35.29 88.78 2 Jeanette Groesz 50 USA 2:45.10 80.28
M65 -100m PRELIMS- 1 Paul Johnson 65 USA 13.43 91.3%	5 James Posey 53 USA 28.67 79.4% 6 Jim Sullivan 52 CAN 28.82 78.5%	M70 1 Earl Fee 71 CAN 63.71 94.1%	3 Mary Hartzler 51 USA 2:54.74 76.5% W60
2 Charles Agnoo 65 CAN 13.83 88.7% 3 Oscar Ponce 66 GUA 13.98 88.4%	7 Pedro Trejo Almaguer 50 MEX 30.12 74.0%	2 James Beall 71 USA 69.24 86.6% 3 Bob Alexander 70 USA 70.76 83.7%	1 Diane Palmason 62 CAN 2:40.58 93.48 2 Jeanne Daprano 63 USA 2:56.58 85.98
4 Bernie Smith 68 CAN 14.27 88.3% 5 Paul Williams 65 USA 14.29 85.8%	M55 -200m PRELIMS-	4 Isaac Thiessen 71 CAN 76.92 77.94 5 Bill Thompson 70 CAN 78.94 75.04	3 Madeline Bost 61 USA 3:13.11 76.84 4 Barbara Saunder 60 CAN 3:19.13 73.64
6 Benson Ford 69 JAM 14.53 87.48 7 Kesar Singh Poonia 66 CAN 14.78 83.68	1 Peter Crombie 55 AUS 25.43 90.9% 2 Harold Morioka 57 CAN 26.42 88.7%	6 Stan Oracheski 72 CAN 1:24.07 72.24	5 Mari Vasquez Bajardo 63 GUA 4:03.66 62.3% 6 Eileen Watson 63 CAN 4:24.57 57.3%
8 Willis Bass 66 CAN 16.97 72.8% - George Gluppe 67 CAN DNF	3 Tony Badowski 57 CAN 27.00 86.8% 4 Richard Hamner 55 USA 27.24 84.8%	1 Harry Palidwor 75 CAN 75.91 82.9%	W65 1 Jean Horne 67 CAN 3:00.60 88.3%
M65 -100m- 1 Paul Johnson 65 USA 13.50 90.8%	5 Herb Gee 59 CAN 27.64 86.1% 6 Jack Karbens 58 USA 29.78 79.3% 7 Gary Malo 57 CAN 30.31 77.3%	1 Maxwell Springer 86 USA 1:43.02 73.6%	2 Suzi MacLeod 66 USA 3:14.13 81.14 3 Grace Butcher 66 USA 3:17.99 79.54
2 Paul Williams 65 USA 14.40 85.21 3 Bernie Smith 68 CAN 14.48 87.01	7 Gary Malo 57 CAN 30.31 77.3% 8 Lopez Argueta 55 GUA 31.10 74.3% MS5 -200m-	1 Anna Cranton 37 CAN 60.96 82.68 2 Lucia Villalon 36 MEX 65.49 76.38	4 Mary Harada 65 USA 3:28.64 74.5% 5 Nessie Hollicky 69 CAN 3:33.94 76.6% W75
4 Oscar Ponce 66 GUA 14.63 84.51 5 Benson Ford 69 JAM 15.13 84.01	1 Harold Morioka 57 CAN 25.06 93.5% 2 Peter Crombie 55 AUS 25.07 92.2%	1 Betsy Lord 44 CAN 61.79 86.15	1 Hazel Cameron 76 CAN 4:00.43 76.0%
6 Kesar Singh Poonia 66 CAN 15.38 80.4% 7 Willis Bass 66 CAN 18.10 68.3%	3 Richard Hammer 55 USA 27.23 84.9t 4 Tony Badowski 57 CAN 27.28 85.9t	2 Anne Skinner 42 CAN 64.26 81.5% W45	2 Louise Adams 78 USA 4:14.58 74.44 W80
- Charles Agnoo 65 CAN DNF M70 -100m-	5 Herb Gee 59 CAN 27.61 86.2% 6 Jack Karbens 58 USA 30.65 77.0%	1 Laura Aguilar 46 MEX 68.32 79.2% 2 Nancy Cochrane 48 CAN 1:31.10 60.4%	1 Lenore Marvin 80 CAN 4:10.29 78.6% W85 1 Ivy Granstrom 88 CAN 6:30.00 61.9%
1 James Stookey 70 USA 14.50 88.4% 2 Bob Alexander 70 USA 15.38 83.4%	7 Lopez Argueta 55 GUA 31.87 72.5% M60 -200m	W50 1 Avril Douglas 54 CAN 62.95 92.1%	2 Rosario Iglesias 89 MEX 8:00.31 51.9%
3 Bill Thompson 70 CAN 15.70 81.7% 4 Isaac Thiessen 71 CAN 16.17 80.1%	1 Gary Sims 62 USA 28.06 86.8% 2 Phil Byrne 60 USA 29.40 81.5%	2 Mary Hartzler 51 USA 73.77 76.5% W55	M30 - 1500 - 1 Miguel Magana 33 MEX 4:18.65 80.7%
5 Norm Lesage 70 CAN 16.41 78.1% 6 Danny Daniels 71 CAN 16.77 77.2%	3 Les Friesen 63 CAN 30.07 81.7% 4 Larry Forseille 63 CAN 30.80 79.7%	1 Mary Robinson 58 USA 72.09 83.6% 2 Marg Radcliffe 58 CAN 79.10 76.2%	M35 11 10 11 11 11 11 11 11 11 11 11 11 11
7 Jim Flowers 72 CAN 16.91 77.4% M75 -100m-	5 James Pascoe 62 CAN 33.14 73.5% 6 Bric Wisneth 61 CAN 33.33 72.5%	W60 1 Monica Tang Wing 64 TRI 78.66 81.7%	2 Jim Barwise 36 CAN 4:42.09 75.5%
1 Harry Palidwor 75 CAN 16.17 83.5% 2 Harry Thompson 77 CAN 17.24 80.2%	M65 -200m 1 Paul Johnson 65 USA 27.53 90.7%	2 Mary McCarron-Egner 63 CAN 1:22.89 76.6% 3 Mari Vasquez Bajardo 63 GUA 1:44.82 60.6%	3 Wayne Lewin 38 CAN 5:06.40 70.5% 4 Ray Vandale 39 CAN 5:07.04 70.8% M40
M80 1 Milton Silverstein 80 CAN 15.83 90.7%	2 Ralph Romain 68 TRI 28.07 91.5% 3 Bernie Smith 68 CAN 30.44 84.4%	4 Eileen Watson 63 CAN 2:53.83 36.5% W65	1 Iuliu Paget 40 CAN 4:28.00 81.7%
2 Roberto Higuera Gil 80 MEX 16.90 84.9% 3 Armando Ricciardi 80 USA 20.70 69.3%	4 Oscar Ponce 66 GUA 30.86 81.6%	1 Grace Butcher 66 USA 1:25.04 77.3% 2 Nessie Hollicky 69 CAN 1:30.22 75.7%	3 Miguel Santillan 42 MEX 4:29.93 82.3%
M85 1 Howard West 87 CAN 25.00 63.8%	5 Kesar Singh Poonia 66 CAN 32.29 78.0% 6 Enriq Heredia Lozano 65 MEX 32.94 75.8% 7 Jack Coy 69 USA 33.05 78.5%	W70 1 Patricia Peterson 74 USA 1:34.06 77.9%	5 John Mayr 41 CAN 4:30.74 81.5%
W30 1 Agnes Kuczalska 32 CAN 14.09 76.3%	8 Carlos Hernandez 69 MEX 35.09 73.9%	1 Hazel Cameron 76 CAN 1:40.64 75.1%	6 Keith Robinson 43 CAN 4:32.58 82.1% 7 Neil Munro 43 CAN 5:09.67 72.3% M45
N35 1 Veronica Amarasekara 39 USA 13.76 82.0	1 Bob Alexander 70 USA 31.32 83.6% 2 Isaac Thiessen 71 CAN 33.34 79.4%	W80 1 Annie Fleming 81 CAN 1:59.83 69.0%	1 Martin Kelly 45 IRL 4:18.22 88.0%
2 Lucia Villalon 36 MEX 14.63 75.4% W40 -100m-	3 Bill Thompson 70 CAN 33.66 77.8%	1 Rosario Iglesias 89 MEX 2:46.16 60.8%	3 Michael Secker 49 CAN 4:33.41 85.7%
1 Betsy Lord 44 CAN 13.87 84.58 2 Hillerie Smith 42 CAN 15.31 75.48	4 Milo Sather 73 USA 34.71 78.0% 5 Jim Flowers 72 CAN 35.82 74.7%	- Ivy Granstrom 88 CAN DQ	5 Ernie Carson 45 CAN 4:52.93 77.61
3 Jovette Jolicoeur 40 CAN 16.01 71.0% W45 -100m-	1 Harry Palidwor 75 CAN 33.16 83.5%	- 800 -	6 Dallas Harrington 45 CAN 4:54.80 77.1% 7 Derek Crowder 47 CAN 4:58.33 77.3%
1 Selina Coward 45 CAN 14.47 81.61 2 Mette Fossberg 48 CAN 15.19 79.51	1 Milton Silverstein 80 CAN 32.71 90.4% 2 Roberto Higuera Gil 80 MEX 36.99 79.9%	1 Miguel Magana 33 MEX 2:01.64 84.9%	1 Peter Duhig 50 GBR 4:39.33 84.6%
3 Laura Aguilar 46 MEX 15.51 76.7% 4 Daphne O'Sullivan 48 CAN 15.51 77.9%	M85 1 Howard West 87 CAN 59.27 55.8%	1 Barton Frauenfeld 36 CAN 2:16.21 77.3% 2 Wayne Lewin 38 CAN 2:21.74 75.3%	3 Tim Payne 50 CAN 4:45.10 82.9%
W50 1 Avril Douglas 54 CAN 15.15 83.5%	W30	M40 39 CAN 2:22.26 75.68	5 Craig Runyan 52 CAN 4:49.31 83.0%
W55 1 Carol LaFayette-Boyd 58 CAN 14.88 87.8%	W35	1 Iuliu Faget 40 CAN 2:05.96 86.0% 2 Malcolm Smillie 40 CAN 2:06.55 85.6%	7 Robert Haines 50 CAN 5:03.09 77.9%
2 Joan Vogel 59 CAN 15.34 85.88 3 Mary Robinson 58 USA 15.74 83.08	2 Lucia Villalon 36 MEX 29.51 75.5%	3 Doug Kennedy 41 CAN 2:07.20 85.7% 4 Miguel Santillan 42 MEX 2:08.59 85.4%	M55
4 Marg Radcliffe 58 CAN 16.70 78.2% W60	W40 -200m-	5 Gordon Carscadden 44 CAN 2:09.35 86.28 6 John Mayr 41 CAN 2:10.53 83.68	2 Alfr Tadeo Palomares 59 MEX 4:52.42 87.44
1 Evaun Williams 62 GBR 16.10 83.9% 2 Monica Tang Wing 64 TRI 16.62 82.7%	2 Anne Skinner 42 CAN 29.18 80.1%	7 Keith Robinson 43 CAN 2:13.64 82.8% 8 Steve Wilson 40 CAN 2:18.10 78.4%	4 Jack Miller 55 CAN 4:54.29 83.78
3 Mary McCarron-Egner 63 CAN 16.73 81.54 4 Mary Roman 64 USA 17.78 77.34	3 Hillerie Smith 42 CAN 30.89 75.7% 4 Jovette Jolicoeur 40 CAN 32.93 69.9% W45	9 Len Brownlie 42 CAN 2:22.72 77.0% 0 Neil Munro 43 CAN 2:27.23 75.2% M45	6 Bruce Suffield 55 CAN 5:25.76 75.64
5 Sylvia Brooks-Smith 62 USA 19.13 70.64 6 Eileen Watson 63 CAN 20.70 65.84	1 Selina Coward 45 CAN 28.65 83.7%	1 Martin Kelly 45 IRL 2:08.14 87 64	M60
1 Coral Webb 69 CAN 18.67 77.5%	3 Daphne O'Sullivan 48 CAN 30.42 80.7%	3 Jim Van Meer 46 CAN 2:13.26 84.94	2 Jack Miller 63 USA 5:08.74 86.11
W70 66 CAN 19.49 71.91	46 MEX 30.52 79.1% W50 1 Avril Douglas 54 CAN 28.53 90.5%	4 Michael Secker 49 CAN 2:15.11 85.7% 5 Byro Paredes Sanchez 47 GUA 2:16.36 83.6% 6 Dallas Harrington 45 CAN 2:19.59 80.4%	4 Hans Sinkovec 63 USA 5:42.11 77 78
1 Patricia Peterson 74 USA 18.21 84.28 2 Leonore McDaniels 72 USA 20.16 74.38	W55 -200m- 1 Carol LaPayette-Boyd 58 CAN 30.72 86.9%	7 Ken Krohman 45 CAN 2:21.53 79.31	M65
3 Betty McQuarrie 72 CAN 21.96 68.2%	2 Joan Vogel 59 CAN 31.41 85.8%	9 Ernie Carson 45 CAN 2:22.27 78.98	2 James Aneshansley 65 USA 5:35.05 80 94
1 Johnnye Valien 75 USA 19.81 78.48 2 Diane Friedman 79 USA 23.02 71.48	3 Mary Robinson 58 USA 31.65 84.48 4 Marg Radcliffe 58 CAN 34.32 77.88 W60 -200m-	M50	M70 65 CAN 6:08.50 73.68
3 Margaret Hinton 79 USA 23.05 71.3% W80	1 Diane Palmason 62 CAN 31.62 87.6%	2 John Garland 51 CAN 2:16.46 86.24	2 James Beall 71 USA 5:33 65 87 28
1 Olga Kotelko 81 CAN 22.00 77.0% 2 Annie Fleming 81 CAN 27.34 62.0%	3 Mary McCarron-Egner 63 CAN 34.81 80.3%	4 Rick Smith 53 CAN 2:19.23 85 94	4 Milo Sather 73 USA 6:50.40 72.80
1 Ivy Granstrom 88 CAN 35 06 54 81	5 Sylvia Brooks-Smith 62 USA 41 44 66 85	6 Tim Payne 50 CAN 2:22.55 81 84	M85
M30-39 -200m-	6 Bileen Watson 63 CAN 64.58 43.34 M65 1 Coral Webb 69 CAN 38.44 77.64	8 Don McKenzie 51 CAN 2:26.11 80 54	W35
	2 Nessie Hollicky 69 CAN 38.48 77.5%	0 Steve Meyers 52 USA 2:38.63 74.7% 52 USA 2:40.59 73.8%	Continued on next page
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Continued from previous page	- 300M HURDLES -	5 Douglas Monds 71 CAN 1.10m 70.5%	- TRIPLE JUMP -
2 Donna Dixon 37 CAN 4:58.37 80.3% 3 Brenda Zavala 39 GUA 5:02.14 80.6%	M60 1 Phil Byrne 60 USA 51.24 81.8*	5 Richard Soller 73 USA 1.10m 71.9% M75 1 Harry Palidwor 75 CAN 1.15m 76.6%	M35 1 Winchester Johnson 39 CAN 12.98m 76.8% 2 John Olivierre 36 CAN 10.52m 59.6%
4 Ann Hislop 35 CAN 5:09.99 76.1% 5 Kelly Robinson 36 CAN 5:39.89 69.9%	2 Hylke Van der Wal 62 CAN 52.20 82.20 3 Merv Armstrong 61 CAN 58.20 72.80 1 Lornel Anderson 60 CAN 70.91 59.10	M80 1 Ralph Maxwell 80 USA 1.20m 84.5%	2 John Olivierre 36 CAN 10.52m 59.6% 3 Ramiro Garza Garcia 38 MEX 10.49m 61.1% M40
W40 1 Kathleen Northey 41 CAN 5:18.04 77.81 2 Sue-Grigsby 43 USA 5:30.73 76.11	M70 1 James Stookey 70 USA 50.53 94.3%	2 Lembit Saar 81 CAN 1.05m 75.0% - Armando Ricciardi 80 USA NH	1 Gilberto Montes 44 MEX 9.05m 57.5%
3 Jovette Jolicoeur 40 CAN 6:11.17 66.18	2 Earl Pee 71 CAN 52.06 92.98 3 Jim Plowers 72 CAN 75.29 65.38	W35 1 Leslie Estwick 39 CAN 1.55m 84.2%	1 Kenneth Troy 54 USA 10.54m 77.4% 2 Jeff Schaller 52 USA 9.39m 67.0% M55
1 Christine Guy 47 CAN 6:02.21 72.0% W50 1 Avril Douglas 54 CAN 5:25.95 85.5%	1 Liz McBlain 52 CAN 70.41 63.6%	M40 1 Kimberley Harrell 41 USA 1.60m 88.8% W45	1 George Pachovsky 55 CAN 10.00m 74.5% 2 Ken Underdahl 55 CAN 9.20m 68.5%
2 Jeanette Groesz 50 USA 5:31.96 80.8% 3 Mary Hartzler 51 USA 5:58.78 75.4%	- 400M HURDLES - M40 1 Douglas Schneebeck 40 USA 60.39 83.9%	1 Debbie Brill 47 CAN 1.65m 98.8% W50	3 Jack Karbens 58 USA 6.89m 53.6% M60
1 Min Rayson 58 CAN 6:47.34 71.38	M45 1 Russell Jacquet-Acea 47 USA 64.52 84.19	1 Liz McBlain 52 CAN 1.25m 79.6% W55 1 Marg Radcliffe 58 CAN 1.20m 82.1%	1 Lionel Low 60 USA 9.95m 79.6% 2 Merv Armstrong 61 CAN 8.35m 67.8% 3 Robin Herron 63 USA 7.80m 65.2%
W60 1 Jeanne Daprano 63 USA 6:04.08 84.5% 2 Madeline Bost 61 USA 6:18.33 79.4%	2 Dennis Nelson 45 USA 65.52 81.2% 3 Gene Iwen 49 USA 66.01 83.9% 4 Brian Berquist 47 CAN 66.98 81.0%	W60 1 Evelyn Wright 63 USA 1.25m 91.2%	M65 1 Kesar Singh Poonia 66 CAN 7.89m 68.9%
3 Barbara Saunder 60 CAN 6:43.74 73.51 4 Joyce Hodges-Hite 63 USA 7:22.15 69.51	5 Andrew Delecki 49 CAN 78.01 71.0% M50	2 Sandra Anderson 60 CAN 1.20m 84.5% 3 Bileen Watson 63 CAN 0.95m 69.3%	M70 1 James Stookey 70 USA 9.67m 89.4%
5 Mari Vasquez Bajardo 63 GUA 7:55.20 64.7% 6 Eileen Watson 63 CAN 9:20.27 54.9% W65	1 Fred Judson 54 CAN 65.19 88.5% 2 Peter Duhig 50 GBR 70.75 78.1%	1 Christel Miller 65 USA 1.10m 82.0%	2 Val Smith 71 USA 6.67m 62.6% M80 1 Ralph Maxwell 80 USA 6.20m 66.3%
1 Jean Horne 67 CAN 6:14.11 86.5% 2 Helly Visser 66 CAN 6:19.25 84.2%	- Roy Chubb 50 CAN DQ M55 1 Harold Morioka 57 CAN 63.03 94.8%	1 Leonore McDaniels 72 USA 1.15m 93.5% W75	M85 1 Maxwell Springer 86 USA 5.03m 59.1%
3 Suzi MacLeod 66 USA 6:19.45 84.18 4 Mary Harada 65 USA 6:55.31 75.98 W75	W45 1 Nancy Cochrane 48 CAN 1:49.5h 57.5%	1 Margaret Hinton 79 USA 0.85m 75.2% W80 1 Olga Kotelko 81 CAN 0.90m 82.5%	W35 1 Veronica Amarasekara 39 USA 10.88m 78.9%
1 Louise Adams 78 USA 8:32.73 75.1% W80	- 2K SC -	- POLE VAULT -	W50 1 Judy Warick 51 CAN 7.68m 67.5% 2 Liz McBlain 52 CAN 7.54m 67.4%
1 Lenore Marvin 80 CAN 8:14.48 80.9% -5K-	1 Hylke Van der Wal 62 CAN 9:17.76 76.2% 2 Lornel Anderson 60 CAN 10:18.04 66.9% M65	1 Winchester Johnson 39 CAN 3.90m 71.9% 2 Wayne Psotka 36 CAN 3.70m 65.4%	1 Evelyn Wright 63 USA 7.70m 82.2%
M40 1 Manue Alfaro Guevara 41 MEX 16:24.68 82.7% M45	1 Jim Hite 66 USA 10:00.48 74.8% 2 Carlos Hernandez 69 MEX 10:27.57 74.9%	M40 1 Doug Ross 2 Wilson SooHoo 44 USA 3.60m 77.9t	W65 1 Gwen Boivin 66 CAN 6.17x 65.0% W70
1 John Moe 46 CAN 18:00.30 78.2% 2 Gust Villagran Cifue 46 GUA 18:13.66 77.2%	W30+ -2km SC 30* BAR- W50 1 Judy Warick 51 CAN 9:08.41 80.3%	M45 1 Jeff Kingstad 47 USA 4.00m 82.4%	1 Leonore McDaniels 72 USA 6.58m 81.2% W75
3 Jose Martinez 45 MEX 18:34.58 75.2% 4 Derek Crowder 47 CAN 19:25.61 73.0% 5 Hal Puttick 45 CAN 19:56.71 70.0%	- 3K SC -	- Michael Jackson 49 USA NH M50 1 Dennis Phillips 54 USA 4.30m 97.7%	1 Margaret Hinton 79 USA 4.03m 55.6% - SHOT PUT -
6 Doug Smith 48 CAN 20:58.62 68.1% M50-59 -5km-	1 Roberto Almazan 37 MEX 11:18.28 74.4% M40	1 Dennis Phillips 54 USA 4.30m 97.7% 2 Jerry Cash 51 USA 4.20m 91.7% 3 John Hawkins 51 CAN 3.30m 72.0%	M30-39 -SP 7.26KGR2- 1 Winchester Johnson 39 CAN 12.28m 57.4%
M50 1 Roger Price 51 USA 17:30.45 83.6% 2 Hector Chavez 53 MEX 17:34.96 84.6%	1 Paul Roberts 41 CAN 10:28.17 83.3% - Steven Keating 40 CAN DNF	4 Pred Judson 54 CAN 2.70m 61.3% 5 Roy Chubb 50 CAN 2.10m 45.1%	2 Andrew Smith 39 CAN 12.12m 56.6t 3 Pavitar Dosanhj 39 CAN 11.50m 53.7t 4 John Olivierre 36 CAN 9.01m 40.5t
3 Rick Larush 53 CAN 18:29.74 80.4% 4 Robert Haines 50 CAN 19:06.49 76.0%	1 Doug Smith 48 CAN 12:40.54 73.7% 2 Grant Spelsberg 46 CAN 13:56.66 65.6%	M55 1 Marjon Connelly 58 USA 3.50m 84.1%	M40-49 -SP 7.26KGR1- M40
5 Etelberto Galleqos 53 MEX 19:33.35 76.1% 6 Gaetan Breton 52 CAN 20:32.38 71.6% 7 Steve Meyers 52 USA 20:36.68 71.6%	M50 1 Peter Duhig 50 GBR 11:27.94 83.1% 2 Ron Pate 54 USA 12:34.17 79.2%	2 Ken Underdahl 55 CAN 2.85m 65.6% 3 Brv Hickie 57 CAN 2.55m 60.4% M60	1 Dale Janzen 40 CAN 11.87m 56.6% 2 Terry Harbicht 40 CAN 10.25m 48.9% 3 Harold Willers 41 CAN 10.23m 49.9%
8 Samuel Neal 50 USA 21:08.41 68.7% - Randy Warick 50 CAN DNF	MS5 1 Gale Pfueller 57 USA 12:46.86 80.7%	1 John Steinman 64 USA 2.85m 74.6% 2 Stan Hurton 64 CAN 1.85m 48.4%	M45 1 Donald Alemeersch 46 CAN 12.90m 70.1%
M55 1 Jack Miller 55 CAN 17:58.83 84.18 2 Vern Christensen 59 CAN 20:22.46 77.08		M65 1 Maximilia Wong Moran 67 MEX 2.65m 72.2% 2 Gerard Dumas 65 CAN 2.45m 64.9%	2 Zenon Smiechowski 45 CAN 12.58m 66.9% 3 Jim Lothrop 45 USA 11.52m 61.2% 4 Carl Reichard 48 USA 10.93m 62.1%
M60 1 Fidel Diaz Mendez 62 MEX 17:48.88 90.6%	- 4X100 RELAY -	M70 1 Jerry Donley 70 USA 2.75m 78.1%	5 Richard Watson 47 USA 10.48m 58.3% M50 -SP 6KGRING1-
2 Herb Phillips 60 CAN 17:53.77 88.4% 3 Hans Sinkovec 63 USA 19:45.43 82.5% 4 Mario Salazar 64 GUA 20:29.17 80.4%	1 (Olivierre, Johnson, Prime, Re) 46.50 2 (Meneses, Garces, Magana, Alva) 48.30	2 Danny Daniels 71 CAN 1.65m 47.5% M75 1 Don Grosh 75 USA 2.35m 71.6%	1 Jean-Pierre Mayer 52 CAN 13.79m 77.6% 2 Bob Sager 52 USA 12.31m 69.3% 3 Dennis Chandler 52 USA 12.15m 68.4%
5 Jose Castaneda Corte 62 MEX 20:33.77 78.5% 6 Salam Hashem 60 CAN 21:12.56 74.6%	M40-49  (Mayr, Brownlie, Smillie, Cars) 54.90 (Roblin, Paredes Sanchez, Vil) 55.50	1 Don Grosh 75 USA 2.35m 71.6% M80 1 Armando Ricciardi 80 USA 1.75m 57.1%	4 Jerry Bookin-Weiner 54 USA 12.02m 70.7% 5 Clayton Hull 50 USA 11.50m 61.9%
7 Lornel Anderson 60 CAN 23:40.77 66.8% 8 Charles Des Jardins 63 USA 29:38.64 55.0% M65	- (Dickson, Davy, Killas, Bissen) DNF M50-59	W30-39 1 Leslie Estwick 39 CAN 2.65m 69.0%	6 Bruce Hedendal 52 USA 11.47m 64.6% 7 Mauricio Jubis 54 ESA 11.30m 66.4% 8 Bruce Lange 50 CAN 10.91m 58.7%
1 Alber Chares Ramirez 66 MEX 21:27.09 78.4% 2 Gerhard Krolow 65 CAN 22:27.41 74.1% 3 Jim Hite 66 USA 25:07.62 66.9%	1 (Morioka, Gee, Malo, Badowski) 51,22 M60-69 1 (Johnson, Ford, Byrne, Sims) 54.16	1 Margaret Hinton 79 USA 1.04m 49.2%	9 Ron Chmielewski 51 CAN 10.46m 57.6t 0 John Hawkins 51 CAN 9.92m 54.6t
M70 1 Francisco Ramirez 71 MEX 20:36.59 86.5%	2 (Armstrong, Hashem, Forseille) 56.36 3 (Wong Moran, Ramirez, Hernand) 59.80 4 (Calderon, Salazar, Lorenzana) 60.81	LONG JUMP - M35 1 Winchester Johnson 39 CAN 6.11m 75.9%	1 Roy Chubb 50 CAN 8.73m 47.0% 2 Pedro Trejo Almaguer 50 MEX 8.01m 43.1% M55 -SP 6KGRING2-
2 Stan Oracheski 72 CAN 24:22.51 74.18 M75 1 James Johnston 77 GBR 30:54.72 62.68	- (Smith, Poonia, Flowers, Thomp) DQ M70-79	2 Wayne Lewin 38 CAN 4.94m 60.5% 3 Gordon Bolstad 39 CAN 4.90m 60.8%	1 John Kasperski 56 CAN 13.41m 82.3t 2 Marek Glowacki 59 CAN 12.32m 80.7t
1 Les Leyland 83 CAN 31:22.85 68.4%	1 (Lesage, Palidwor, Thiessen, T) 65.23 W40-49 1 (Smith, Cochrane, Harrell, Mil) 63.66	M40 1 Jim Bissenden 42 CAN 6.48m 83.8% 2 Gilberto Montes 44 MEX 4.11m 54.5%	3 Robert Cahners 58 USA 9.90m 63.5% 4 Jack Karbens 58 USA 8.94m 57.3% 5 Herb Gee 59 CAN 7.72m 50.5%
1 Dudley Healy 86 USA 36:15.69 63.1%	- (Watts, Coward, McCarron-Egne) DQ W60-69	3 Blair Roblin 42 CAN 3.63m 46.9% M45	M60-69 -SP 5KGRING2- M60
1 Sandra Yaworski 38 CAN 18:18.68 81.2% 2 Brenda Zavala 39 GUA 18:32.71 80.8%	1 (Palmason, Webb, Visser, Horne) 69.02 W70-79 1 (Valien, McDaniels, Adams, Pet) 77.01	1 Dave Burton 45 CAN 5.19m 69.8% 2 Andrew Delecki 49 CAN 4.46m 63.3% M50	1 Robin Herron 63 USA 11.53m 75.2% 2 George Maier 63 CAN 11.43m 74.6% 3 Neil Saling 64 USA 11.33m 75.5%
3 Ann Hislop 35 CAN 20:01.79 72.5% W40 1 Bernadette Duffy 41 CAN 19:20.06 78.8%	M30-39 - 4X400 RELAY -	1 Jean-Pierre Mayer 52 CAN 5.32m 78.7% 2 John Hawkins 51 CAN 5.15m 75.1%	4 Stan Hurton 64 CAN 9.88m 65.8% 5 Don Armstrong 62 CAN 8.60m 54.9%
2 Jocelyne Dumais 41 CAN 24:03.07 63.3% W45 1 Glyn Woodson 49 CAN 19:25.45 84.0%	1 (Almazan, Vidales, Magana, San) 4:09.03 2 (Garces, Meneses, Alvarez, Cha) 4:18.42 M40-49	3 Jeff Schaller 52 USA 4.85m 71.7% M55 1 George Pachovsky 55 CAN 4.77m 73.5%	6 John Ekstedt 62 CAN 7.74m 49.4% M65 1 Ray Feick 68 USA 10.53m 76.5%
2 Catherine Tedford 47 CAN 31:01.06 51.78 W50	<pre>1 (Davy, Carscadden, Faget, Mayr) 3:50.34 2 (Burton, Willisko, Munro, Cars) 4:13.61</pre>	2 Herb Gee 59 CAN 4.49m 73.0% 3 Erv Hickie 57 CAN 4.15m 65.6%	2 Kesar Singh Poonia 66 CAN 9.91m 68.91 3 Peter Kabel 66 CAN 9.61m 66.81
1 Jeanette Groesz 50 USA 20:31.14 80.3% W55 1 Min Rayson 58 CAN 23:00.94 77.5%	<ol> <li>(Sutherland, Cameron, Smith, P) 4:27.39</li> <li>(Mendez, Martinez, Salas Mart) 4:28.59</li> <li>(Paredes Sanchez, Villagran) 5:01.81</li> </ol>	4 Ken Underdahl 55 CAN 4.01m 61.7% 5 Jack Karbens 58 USA 3.48m 55.8%	4 Udo Grady 66 CAN 8.63m 60.0% 5 Willis Bass 66 CAN 6.48m 45.0% M70 -SP 4KGRING2-
W60 1 Mart Mendiburo Areva 62 MEX 22:33.66 82.6%	6 (Render, Duhig, Pidgen, Reader) 5:14.02 M50-59	M60 1 Phil Byrne 60 USA 4.85m 79.9t 2 Lionel Low 60 USA 4.42m 72.8t	1 Harry Hawke 71 USA 12.55m 87.0% 2 William Patrick 70 USA 10.84m 73.4%
2 Ellen Nitz 60 USA 23:00.94 79.1t 3 Joyce Hodges-Hite 63 USA 26:03.07 72.4t 4 Eileen Watson 63 CAN 33:28.89 56.3t	1 (Lopez, Tadeo Palomares, Trej) 3:55.35 2 (Badowski, Morioka, Madderom,) 3:57.61 3 (McMillan, Troy, Hamner, Tucke) 4:40.01	3 Merv Armstrong 61 CAN 4.32m 72.1% 4 Hylke Van der Wal 62 CAN 4.12m 69.8%	3 Douglas Monds 71 CAN 9.33m 64.7t 4 Val Smith 71 USA 9.27m 64.2t
W65 1 Helly Visser 66 CAN 23:28.28 83.3%	M60-69 1 (Forseille, Friesen, Pascoe, A) 4:47.86	5 Les Priesen 63 CAN 3.86m 66.2% 6 John Ekstedt 62 CAN 3.12m 52.8% M65	5 Danny Daniels 71 CAN 8.31m 57.6% 6 Isaac Thiessen 71 CAN 8.23m 57.0% 7 Agapito Rocha Ibarra 73 MEX 6.94m 50.2%
2 Mary Harada 65 USA 24:46.74 77.94 W75 1 Louise Adams 78 USA 28:14.29 83.24	2 (Calderon, Salazar, Smith, Pon) 5:21.92 W30-39	1 Kesar Singh Poonia 66 CAN 4.09m 73.0% 2 Paul Williams 65 USA 3.98m 70.1%	M75+ -SP 4KGRING2- M75
W80 1 Lenore Marvin 80 CAN 31:28.11 77.5%	(Villalon, Aguilar, Robinson,) 4:38.25 (Arch, Reader, Alexander, Pidg) 5:23.99 W40-49	3 Bernie Smith 68 CAN 3.94m 72.21 M70	1 Bill Bangert 76 USA 10.09m 77.9% 2 Ted Pierson 76 CAN 7.62m 58.8% 3 Harry Palidwor 75 CAN 6.97m 52.6%
- 80M HURDLES -	1 (Lord, Warick, McBlain, Dougla) 4:50.19 2 (Vogel, McCarron-Bgner, LaFay) 5:14.92 W60-69	1 James Stookey 70 USA 4.66m 87.9% 2 William Daprano 73 USA 3.91m 76.8% 3 Richard Soller 73 USA 3.87m 76.0%	4 Conrado Rodriguez 77 MEX 6.33m 50.0% M80
1 James Stookey 70 USA 13.41 95.7% 2 Ray Propst 71 USA 19.64 66.4% 3 Danny Daniels 71 CAN 21.06 61.9%	1 (Butcher, Daprano, Bost, Hodge) 5:49.44	4 Isaac Thiessen 71 CAN 3.61m 69.0% M75	1 Lembit Saar 81 CAN 8.77m 76.5% 2 Aleks Upmalis 82 CAN 8.72m 78.7% 3 Armando Ricciardi 80 USA 7.49m 63.0%
- Jim Flowers 72 CAN DNF W40+ -80m LH-	- HIGH JUMP -	1 Harry Palidwor 75 CAN 3.28m 66.1% M80 1 Ralph Maxwell 80 USA 3.01m 64.8%	4 Malcom Bissenden 81 CAN 5.35m 46.6% M85
1 Kimberley Harrell 41 USA 14.54 74.9%	1 Winchester Johnson 39 CAN 1.75m 79.9% 2 John Neufeld 37 CAN 1.70m 75.8% M40	W35 1 Leslie Estwick 39 CAN 5.56m 84.2%	1 Ross Carter , 85 USA 9.59m 95.4t 2 Jim Murray 85 CAN 6.98m 69.4t 3 Howard West 87 CAN 5.79m 64.4t
1 Nancy Cochrane 48 CAN 19.26 61.4% W75	1 Bruce McBarnette 42 USA 1.85m 87.2% 2 Jim Bissenden 42 CAN 1.73m 81.6%	2 Veronica Amarasekara 39 USA 5.07m 76.8% W40	W30-49 -SP 4KGRING1- W30
1 Johnnye Valien 75 USA 21.11 82.1% - 100M HURDLES -	M50 1 John Hawkins 51 CAN 1.70m 88.0% 2 Jean-Pierre Mayer 52 CAN 1.55m 81.1%	1 Anne Skinner 42 CAN 4.09m 64.7% W45 1 Mette Fossberg 48 CAN 4.04m 69.6%	1 Adele Thompson 30 CAN 7.95m 37.0%
M60 1 Phil Byrne 60 USA 18.14 79.7%	3 Fred Judson 54 CAN 1.45m 77.5% M55	2 Yvette Rojer 47 AHO 2.57m 43.7% W50	1 Linda Millman 42 USA 9.03m 47.6% 2 Jovette Jolicoeur 40 CAN 7.58m 37.7% 3 Janet Maskell 44 CAN 6.64m 36.9%
2 Merv Armstrong 61 CAN 20.73 70.6% M65 1 Udo Grady 66 CAN 24.63 63.5%	1 Ken Underdahl 55 CAN 1.45m 78.3% M60 1 Phil Byrne 60 USA 1.40m 79.5%	1 Liz McBlain 52 CAN 3.55m 64.9% W55 1 Marg Radcliffe 58 CAN 3.22m 64.1%	W45 1 Joan Stratton 48 USA 10.20m 63.4%
M35 1 Leslie Estwick 39 CAN 14.55 92.2%	2 John Steinman 64 USA 1.40m 83.3% 3 Lornel Anderson 60 CAN 1.20m 68.1%	1 Marg Radcliffe 58 CAN 3.22m 64.1% W60 1 Evaun Williams 62 GBR 3.52m 74.2%	2 Yvette Rojer 47 AHO 7.36m 44.5t 3 Esther Rosales 45 MEX 7.06m 40.3t
- 110M HURDLES -	4 John Ekstedt 62 CAN 1.15m 66.8% M65 1 Phil Fehlen 65 USA 1.65m 98.8%	2 Evelyn Wright 63 USA 3.43m 73.4% 3 Sandra Anderson 60 CAN 2.99m 61.2%	W50-64 -SP 3KGRING1- W50 1 Mary Hartzler 51 USA 10.35m 60.4%
1 Winchester Johnson 39 CAN 15.8h 85.5%	2 Richard Westberg 65 USA 1.40m 83.8t 3 Gerhard Krolow 65 CAN 1.05m 62.8t	4 Bileen Watson 63 CAN 2.56m 54.8% W65 1 Gwen Boivin 66 CAN 2.86m 63.9%	2 Liz McBlain 52 CAN 10.02m 60.2t 3 Joyce Taylor 50 USA 8.78m 49.8t
1 Douglas Schneebeck 40 USA 16.2h 84.1% M45 1 Robert Zahn 46 USA 16.2h 88.9%	4 George Ladoucer 65 CAN 1.00m 59.8% M70 71 USA 1.35m 86.5%	2 Coral Webb 69 CAN 2.70m 63.0% W70	4 Sharon Chmielewski 50 CAN 7.82m 44.3% 5 Rebeca Rios 54 MEX 6.75m 42.8% W55
2 Dennis Nelson 45 USA 17.9h 79.8% 3 Russell Jacquet-Acea 47 USA 18.1h 80.5%	2 James Stookey 70 USA 1.35m 85.4t 3 Val Smith 71 USA 1.20m 76.9t;	1 Leonore McDaniels 72 USA 2.98m 72.6% 2 Betty McQuarrie 72 CAN 2.13m 51.9% W75	1 Joan Vogel 59 CAN 9.67m 70.3%
4 Gene Iwen 49 USA 19.7h 75.5%	4 Danny Daniels 71 CAN 1.15m 73.74	1 Margaret Hinton 79 USA 2.36m 63.6%	Continued on next page

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Continued from previous page	W70	6 Stan Hurton 64 CAN 26.45m 47.2% 7 John Ekstedt 62 CAN 25.73m 44.2%	3 Mary Roman 64 USA 10.34m 69.8%
2 Erika Szanto 56 USA 8.87m 59.4%	1 Velta Tomsons 72 CAN 17.25m 54.1% 2 Mavis Lorenz 73 USA 16.78m 54.0%	M65	1 Marcia Crooks 66 USA 8.10m 56.3% 2 Mae Turek 68 CAN 7.90m 56.6%
3 Margery Swinton 57 GBR 8.64m 59.5% 4 Georgia Cutler 57 USA 7.35m 50.6%	3 Maxine Smallwood 71 CAN 13.75m 42.1%	1 Phil Pehlen 65 USA 44.09m 80.2% 2 Ray Feick 68 USA 34.77m 67.0%	W75 1 Margaret Hinton 79 USA 7.44m 62.7%
5 Roslyn Katz 58 USA 7.17m 50.7% 6 Dawn Copping 58 CAN 6.90m 43.8%	1 Margaret Hinton 79 USA 14.28m 53.1% 2 Melanie Reske 79 USA 11.13m 41.4%	3 Bob Staveley 66 CAN 33.11m 61.4% 4 Peter KaDel 66 CAN 28.41m 52.7%	2 Melanie Reske 79 USA 6.26m 52.8%
W60 1 Sandra Anderson 60 CAN 8.34m 62.2%	3 Diane-Friedman 79 USA 9.96m 37.0%	5 Willis Bass 66 CAN 14.26m 26.4% M70+ -JT 400/500G-	1 Olga Kotelko 81 CAN 7.39m 64.7%
2 Evelyn Wright 63 USA 8,30m 67.4%	1 Olga Kotelko 81 CAN 14.28m 56.2%	M70 1 Tom Allison 70 USA 33.75m 67.4%	W85 1 Betty Jarvis 85 USA 5.95m 57.0%
4 Carol Young 60 USA 7.80m 58.2%	1 Betty Jarvis 85 USA 12.58m 56.0%	2 William Daprano 73 USA 31.88m 67.5%	- OUTDOOR PENTATHLON -
5 Bileen Watson 63 CAN 6.15m 49.9% W65+ SP 3KGRING1-	- HAMMER -	4 Val Smith 71 USA 29.26m 59.6%	M35 1 Winchester Johnson 39 CAN 2977
W65 1 Christel Miller 65 USA 7.80m 66.7%	M30-49 -HT 7.26KG- M30	5 Agapito Rocha Ibarra 73 MEX 19.09m 40.4%	2 Jason Kajiura 38 CAN 1860 M40
2 Marcia Crooks 66 USA 7.04m 62.0% 3 Mae Turek 68 CAN 7.01m 65.3%	1 Ian Maplethorpe 34 CAN 64.62m 77.6% 2 Hardeep Gill 32 CAN 32.88m 39.4%	1 Ted Pierson 76 CAN 22.53m 50.4% 2 Conrado Rodriguez 77 MEX 17.87m 40.8%	1 Gilberto Montes 44 MEX 1602
W70 1 Velta Tomsons 72 CAN 7.06m 73.3%	M40 1 Harold Willers 41 CAN 49.52m 67.4%	3 Harry Palidwor 75 CAN 17.79m 39.0%	1 Brian Berquist 47 CAN 2799
2 Mavis Lorenz 73 USA 6.43m 68.7% 3 Maxine Smallwood 71 CAN 5.36m 54.2%	2 Cory Holly 42 CAN 40.49m 56.3% 3 Dale Janzen 40 CAN 38.57m 51.3%	1 Armando Ricciardi 80 USA 19.06m 46.0% 2 Lembit Saar 81 CAN 16.52m 41.1%	2 Russell Jacquet-Acea 47 USA 2731 3 Richard Watson 47 USA 2369
4 Betty McQuarrie 72 CAN 4.84m 50.3%	M45 1 Carl Reichard 48 USA 41.25m 65.0%	3 Aleks Upmalis 82 CAN 15.41m 39.5% M85	4 Robb Berezan 46 CAN 2153
W75 1 Johnnye Valien 75 USA 6.57m 73.9%	2 Zenon Smiechowski 45 CAN 34.40m 50.8t 3 Richard Watson 47 USA 33.04m 50.9t	1 Ross Carter 85 USA 18.83m 52.5%	1 Fred Judson 54 CAN 3078
2 Margaret Hinton 79 USA 5.81m 73.1% 3 Melanie Reske 79 USA 5.30m 66.7%	M50-59 -HT 6.00KG-	3 Jim Murray 85 CAN 11.61m 32.4%	3 Fernando Roman 52 PUR 2722
4 Diane Friedman 79 USA 4.33m 54.5% W80	M50 1 Todd Taylor 53 USA 49.97m 79.44	W30-59 -JT 500/600G- W35	4 Bruce Hedendal 52 USA 2653 5 Roy Chubb 50 CAN 1840
1 Olga Kotelko 81 CAN 5.30m 71.0%	2 Tim Edwards 52 USA 46.07m 71.7% 3 Clayton Hull 50 USA 41.23m 61.5%	1 Eugenia Urra 38 CAN 36.50m 57.5% W40	M55 1 Milan Martinec 59 USA 2424
1 Betty Jarvis 85 USA 4.19m 64.4%	4 Bob Sager 52 USA 40.47m 63.0% 5 Bruce Hedendal 52 USA 38.75m 60.3%	1 Linda Millman 42 USA 30.45m 53.1% W45	2 Jack Karbens 58 USA 2400
- DISCUS -	6 Ron Chmielewski 51 CAN 27.64m 42.1%	1 Joan Stratton 48 USA 24.33m 49.5% 2 Yvette Rojer 47 AHO 21.27m 42.1%	M60 1 Phil Byrne 60 USA 3521
M35 1 Andrew Smith 39 CAN 39.50m 55.5%	1 George Mathews 57 USA 48.91m 84.51 2 John Kasperski 56 CAN 39.91m 67.51	3 Esther Rosales 45 MEX 19.93m 37.4%	2 Mery Armstrong 61 CAN 2924
2 Winchester Johnson 39 CAN 33.11m 46.5%	3 Marek Glowacki 59 CAN 38.41m 69.1% 4 Robert Cahners 58 USA 37.55m 66.2%	1 Marg Radcliffe 58 CAN 24.21m 54.1%	1 Maximilia Wong Moran 67 MBX 3164
1 Dale Janzen 40 CAN 33.34m 46.8%	5 Jack Karbens 58 USA 26.88m 47.4%	2 Margery Swinton 57 GBR 23.25m 50.6% 3 Georgia Cutler 57 USA 20.40m 44.4%	2 Mario Calderon 69 GUA 2608 3 George Ladoucer 65 CAN 1691
2 Harold Willers 41 CAN 31.66m 44.7% M45	M60-69 -HT 5.00KG- M60	4 Erika Szanto 56 USA 19.89m 42.2% 5 Sandy Pashkin 58 USA 16.93m 37.8%	M70 1 William Daprano 73 USA 3022
1 Donald Alemeersch 46 CAN 41.79m 65.8% 2 Jim Lothrop 45 USA 39.85m 61.3%	1 Stan Hurton 64 CAN 35.07m 64.0% 2 Robin Herron 63 USA 28.57m 51.0%	6 Roslyn Katz 58 USA 16.54m 36.94 W60-69 -JT 400GM-	2 Ray Propst 71 USA 2668 3 Danny Daniels 71 CAN 2181
3 Zenon Smiechowski 45 CAN 39.03m 60.0t 4 Richard Watson 47 USA 31.86m 51.3t	3 George Maier 63 CAN 26.66m 47.6%	W60	4 Jim Plowers 72 CAN 1797
5 Carl Reichard 48 USA 29.31m 48.21 M50 -DT 1.50KG-	1 Emil Muller 65 CAN 47.64m 88.6% 2 Bob Staveley 66 CAN 37.02m 70.4%	1 Sandra Anderson 60 CAN 23.85m 56.0% 2 Carol Young 60 USA 23.61m 55.4%	W50 1 Liz McBlain 52 CAN 2910
1 Tim Edwards 52 USA 43.92m 69.6% 2 Jean-Pierre Mayer 52 CAN 42.40m 67.2%	3 Ray Feick 68 USA 34.11m 67.6% 4 Udo Grady 66 CAN 33.06m 62.9%	3 Evelyn Wright 63 USA 20.21m 51.3% 4 Sylvia Brooks-Smith 62 USA 18.27m 45.2%	W60 1 Eileen Watson 63 CAN 2090
3 Jerry Bookin-Weiner 54 USA 41.24m 68.2%	M70+ -HT 4.00KG-	5 Joan Berman 63 USA 17.00m 43.1%	- TRIATHLON WAVA -
4 Bruce Hedendal 52 USA 40.13m 63.6% 5 John Hawkins 51 CAN 35.66m 55.3%	M70 1 Luis Velaz 70 PUR 37.91m 70.0%	1 Christel Miller 65 USA 24.83m 66.2% 2 Mae Turek 68 CAN 16.93m 48.8%	W60
6 Bruce Lange 50 CAN 34.92m 52.9% 7 Bob Sager 52 USA 34.75m 55.1%	2 Max Woerle 70 CAN 37.31m 68.9% 3 Ken Weinbel 72 USA 35.17m 67.8%	3 Marcia Crooks 66 USA 14.74m 40.4%	1 Monica Tang Wing 64 TRI 2745
8 Clayton Hull 50 USA 34.66m 52.5% 9 Dennis Chandler 52 USA 33.85m 53.7%	4 Douglas Monds 71 CAN 30.03m 56.7% 5 William Patrick 70 USA 29.99m 55.4%	1 Mavis Lorenz 73 USA 19.91m 65.3%	- WEIGHT PENTATHLON -
0 Brock Pullen 51 CAN 33.77m 52.4% 1 Mauricio Jubis 54 ESA 33.57m 55.5%	6 Isaac Thiessen 71 CAN 20.27m 38.2%	2 Maxine Smallwood 71 CAN 13.92m 43.3% W75	1 Andrew Smith 39 CAN 2579 2 John Olivierre 36 CAN 670
2 Ron Chmielewski 51 CAN 31.71m 49.2% M55 -DT 1.50KG-	7 Agapito Rocha Ibarra 73 MEX 20.09m 39.5% M75	1 Johnnye Valien 75 USA 17.78m 61.2% 2 Margaret Hinton 79 USA 14.19m 54.2%	M40 1 Blake Surina 41 USA 3268
1 John Kasperski 56 CAN 41,31m 71.4%	1 Bill Bangert 76 USA 23.54m 49.3%	3 Melanie Reske 79 USA 10.07m 38.4% 4 Diane Friedman 79 USA 9.81m 37.4%	2 Harold Willers 41 CAN 2870 3 Dale Janzen 40 CAN 2828
3 Robert Cahners 58 USA 29.76m 53.71	1 Armando Ricciardi 80 USA 23.40m 53.2% 2 Lembit Saar 81 CAN 23.01m 54.2%	W80	M45 MAS AND
4 Jack Karbens 58 USA 28.74m 51.9% 5 Herb Gee 59 CAN 25.09m 46.3%	3 Aleks Upmalis 82 CAN 22,98m 55.9%	1 Olga Kotelko 81 CAN 16.93m 68.6% W85	1 Richard Watson 47 USA 3226 2 Zenon Smiechowski 45 CAN 3179
6 Bruce Suffield 55 CAN 24.05m 40.6% M60 -DT 1.00KG-	1 Howard West 87 CAN 19.26m 57.3% 2 Jim Murray 85 CAN 17.72m 47.3%	1 Betty Jarvis 85 USA 8.39m 38.6% - WEIGHT -	3 Carl Reichard 48 USA 3169
1 Neil Saling 64 USA 43.34m 04.31 2 Chuck Po 63 USA 42.53m 71.41	3 Ross Carter 85 USA 16.90m 45.1% W30-49 -HT 4.00KG-	M30-49 -WT 35 LB- M35	1 Tim Edwards 52 USA 3879 2 Bruce Hedendal 52 USA 3724
3 Phil Byrne 60 USA 40.03m 62.8t 4 Dick Dow 61 USA 37.46m 60.2t	W45 1 Joan Stratton 48 USA 34.23m 74.64	1 John Olivierre 36 CAN 10.12m 42.7%	3 Jerry Bookin-Weiner 54 USA 3527 4 Clayton Hull 50 USA 3361
5 Stan Hurton 64 CAN 36.82m 63.1t 6 George Maier 63 CAN 35.83m 60.1t	2 Esther Rosales 45 MEX 21.28m 43.6%	1 Harold Willers 41 CAN 14.10m 64.3%	5 Bob Sager 52 USA 3302
7 Robin Herron 63 USA 35.08m 58.9% 8 Mery Armstrong 61 CAN 33.84m 54 3%	3 Kimberly Kasperski 47 CAN 18.75m 40.0% W50-59 -HT 3.00KG-	2 Dale Janzen 40 CAN 11.26m 50.5% M45	6 Rex Harvey 54 USA 3201 7 Mauricio Jubis 54 ESA 2785
M65 1 Ray Feick 68 USA 33.33m 62.4%	W50 1 Joyce Taylor 50 USA 38.05m 74.6%	1 Carl Reichard 48 USA 13.23m 67.3% 2 Richard Watson 47 USA 11.77m 58.9%	8 Ron Chmielewski 51 CAN 2606 M55
2 Udo Grady 66 CAN 33.29m 59.6% 3 Peter Kabel 66 CAN 32.23m 57.7%	2 Rosemarie Alexander 53 GBR 36.60m 76.3% 3 Liz McBlain 52 CAN 30.49m 62.3%	3 Zenon Smiechowski 45 CAN 10.48m 50.8t 4 Douglas Cameron 48 CAN 8.37m 42.6t	1 Marek Glowacki 59 CAN 3957 2 George Mathews 57 USA 3813
4 Gerard Dumas 65 CAN 28.15m 49.3%	4 Rebeca Rios 54 MEX 26.08m 55.4% W55	M50-59 -WT 25 LB- M50	3 Robert Cahners 58 USA 3189
5 Willis Bass 66 CAN 22.49m 40.3% M70	1 Margery Swinton 57 GBR 35.56m 80.3% 2 Georgia Cutler 57 USA 35.35m 79.8%	1 Tim Edwards 52 USA 17.76m 81.2% 2 Todd Taylor 53 USA 16.85m 78.3%	4 Jack Karbens 58 USA 2704 M60
1 Harry Hawke 71 USA 38.88m 77.6% 2 William Patrick 70 USA 34.03m 66.4%	3 Erika Szanto 56 USA 28.58m 63.2% 4 Roslyn Katz 58 USA 26.33m 60.6%	3 Bob Sager 52 USA 15.20m 69.5%	1 Chuck Po 63 USA 3132 2 Robin Herron 63 USA 2933
3 Max Woerle 70 CAN 33.25m 64.9% 4 Val Smith 71 USA 29.51m 58.9%	5 Dawn Copping 58 CAN 23.66m 54.5%	4 Bruce Hedendal 52 USA 13.68m 62.5% 5 Clayton Hull 50 USA 12.90m 57.1%	3 Don Armstrong 62 CAN 2145 4 Marcio Lorenzana 64 GUA 1735
5 Douglas Monds 71 CAN 25.57m 51.0% 6 Agapito Rocha Ibarra 73 MEX 22.31m 46.5%	W60 1 Evaun Williams 62 GBR 40.47m 01.0%	6 Ron Chmielewski 51 CAN 10.57m 47.6% M55	M65 1 Ray Peick 68 USA 3858
7 Isaac Thiessen 71 CAN 21.26m 42.4%	2 Carol Young 60 USA 30.91m 74.0% 3 Evelyn Wright 63 USA 24.87m 63.3%	1 George Mathews 57 USA 17.19m 84.9% 2 John Kasperski 56 CAN 14.63m 71.1%	2 Udo Grady 66 CAN 3083
1 Bill Bangert 76 USA 27.80m 61.9% 2 Harry Palidwor 75 CAN 23.21m 50.5%	4 Mary Roman 64 USA 21.59m 56.0t	3 Robert Cahners 58 USA 14.03m 70.4% 4 Marek Glowacki 59 CAN 13.17m 67.1%	3 Peter Kabel 66 CAN 2965 M70
3 Ted Pierson 76 CAN 21.09m 46.9%	1 Mae Turek 68 CAN 17.30m 48.6% 2 Marcia Crooks 66 USA 17.04m 46.0%	5 Jack Karbens 58 USA 10.79m 54.1% M60-69 -WT 20 LB-	1 Tom Allison 70 USA 3564 2 Max Woerle 70 CAN 3554
4 Conrado Rodriguez 77 MEX 18.77m 42.7% 5 Cecil Goodvin 77 CAN 14.04m 31.9%	W70 1 Mavis Lorenz 73 USA 17.97m 55.8%	M60	3 William Patrick 70 USA 3234 4 Douglas Monds 71 CAN 3080
M80 1 Armando Ricciardi 80 USA 22.49m 54.5%	W75	2 George Maier 63 CAN 11.51m 55.8%	5 Luis Velaz 70 PUR 2879
2 Aleks Upmalis 82 CAN 21.88m 56.9t 3 Lembit Saar 81 CAN 20.90m 52.5t	2 Melanie Reske 79 USA 11.67m 40.8%	3 Stan Hurton 64 CAN 11.22m 55.3% M65	1 Bill Bangert 76 USA 3168
4 Malcom Bissenden 81 CAN 13.86m 34.8% M85	W80 1 Olga Kotelko 81 CAN 17.72m 65.3%	1 Emil Muller 65 CAN 14.76m 73.8% 2 Ray Feick 68 USA 14.60m 76.5%	1 Armando Ricciardi 80 USA 2897
1 Ross Carter 85 USA 28.60m 82.0% 2 Jim Murray 85 CAN 20.14m 57.8%	W85 1 Betty Jarvis 85 USA 13.99m 58.1	3 Bob Staveley 66 CAN 11.84m 60.1% 4 Udo Grady 66 CAN 11.46m 58.2%	2 Aleks Upmalis 82 CAN 2814 M85
3 Howard West 87 CAN 16.50m 53.0%	- JAVELIN -	M70+ -WT 12/16 LB- M70	1 Ross Carter 85 USA 3945 2 Howard West 87 CAN 2724
1 Ann Hislop 35 CAN 17.89m 24.2%	M30-49 -JT 800GM- M40	1 Max Woerle 70 CAN 13.35m 64.5%	3 Jim Murray 85 CAN 2330
1 Linda Millman 42 USA 31.29m 47.2% 2 Jovette Jolicoeur 40 CAN 24.29m 34.8%	1 Marty Withers 40 CAN 56.80m 69.9t 2 Terry Harbicht 40 CAN 39.47m 48.6t	3 William Patrick 70 USA 12.43m 60.1%	1 Angie Banack 34 CAN 2029
3 Janet Maskell 44 CAN 18.94m 30.0%	3 Dale McNeely 40 CAN 37.54m 46.2% M45	4 Ken Weinbel 72 USA 12.38m 61.7% 5 Douglas Monds 71 CAN 12.24m 60.1%	W45 1 Joan Stratton 48 USA 3495
1 Joan Stratton 48 USA 30.60m 53.4%		M75 1 Bill Bangert 76 USA 10.99m 58.3%	2 Esther Rosales 45 MEX 2218 W50
2 Yvette Rojer 47 AHO 25.47m 43.4t 3 Esther Rosales 45 MEX 23.08m 37.4t	3 Michael Finkbeinel 46 CAN 49.75m 68.7% 4 Richard Watson 47 USA 47 27m 66 5%	M80 1 Lembit Saar 81 CAN 10.15m 50.8	1 Liz McBlain 52 CAN 2895
4 Kimberly Kasperski 47 CAN 18.02m 30.7% W50	5 Zenon Smiechowski 45 CAN 45.78m 61.9%	2 Armando Ricciardi 80 USA 9.88m 48.3% 3 Aleks Upmalis 82 CAN 9.47m 48.6%	2 Rosemarie Alexander 53 GBR 2545 3 Rebeca Rios 54 MEX 1345
1 Mary Hartzler 51 USA 29.13m 54.7% 2 Judy Warick 51 CAN 21.90m 41.1%	M50	M85	1 Margery Swinton 57 GBR 3260
Sharon Chmielewski 50 CAN 19.94m 36.5% W55	1 Dennis Chandler 52 USA 47.16m 72.9% 2 Clayton Hull 50 USA 42.72m 63.5%	2 Jim Murray 85 CAN 10.20m 56.1%	2 Georgia Cutler 57 USA 2868 3 Roslyn Katz 58 USA 2693
1 Joan Vogel 59 CAN 23.47m 53.6% 2 Erika Szanto 56 USA 21.55m 45.7%	3 Bruce Hedendal 52 USA 42.24m 65.3%	W30-59 -WT 16/20 LB-	4 Erika Szanto 56 USA 2654 W60
3 Roslyn Katz 58 USA 20.35m 45.4% 4 Margery Swinton 57 GBR 20.34m 44.2%	5 John Hawkins 51 CAN 40.76m 61.8%	1 Joan Stratton 48 USA 11.10m 91.6%	1 Evaun Williams 62 GBR 4638
5 Georgia Cutler 57 USA 19.91m 43.3%	7 Ron Chmielewski 51 CAN 30.48m 46.2%	2 Kimberly Kasperski 47 CAN 8.03m 65.3% W50	2 Carol Young 60 USA 3472 3 Mary Roman 64 USA 2643
W60	1 Victor Njume 57 CAN 47.48m 80.7%	1 Joyce Taylor 50 USA 12.14m 82.4%	W65 1 Christel Miller 65 USA 3175
1 Evelyn Wright 63 USA 22.57m 56.8t 2 Carol Young 60 USA 20.60m 48.1t	2 Douglas Appel 58 USA 46.60m 80.7% 3 Marek Glowacki 59 CAN 41.10m 72.5%	2 Rosemarie Alexander 53 GBR 10.99m 78.0% 3 Liz McBlain 52 CAN 10.62m 74.3% W55	2 Marcia Crooks 66 USA 2572 W75
3 Mary Roman 64 USA 18.88m 48.7% 4 Joan Berman 63 USA 18.64m 46.9%	4 Jack Karbens 58 USA 28.54m 49.4% M60-69 -JT 600GM-	1 Margery Swinton 57 GBR 9.33m 70.3%	1 Melanie Reske 79 USA 2352
5 Sandra Anderson 60 CAN 18.22m 42.6% 6 Sylvia Brooks-Smith 62 USA 14.15m 34.8%	M60	2 Georgia Cutler 57 USA 9.28m 69.9% 3 Roslyn Katz 58 USA 8.89m 68.0%	2 Diane Friedman 79 USA 1914 W80
N65 PAGE TO THE PA	2 Phil Byrne 60 USA 41.30m 68.3%	4 Erika Szanto 56 USA 8.62m 63.9% W60+ -WT 12 LB-	1 Olga Kotelko 81 CAN 3673
1 Mae Turek 68 CAN 19.46m 55.4% 2 Marcia Crooks 66 USA 18.07m 48.9%	4 Salam Hashem 60 CAN 30.90m 51.1%	1 Carol Young 60 USA 12.38m 78.8%	1 Betty Jarvis 85 USA 2955
	5 Don Armstrong 62 CAN 29.14m 50.1%	2 Bvelyn Wright 63 USA 11.40m 75.9%	Continued on next page

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Continued from previous	page	村子 一門前日	ompose
M35 -5K	WALK -	MANUEL STREET	100
1 Paulo Vidales	36 MEX	23:16.03 81.28	200
1 Adan Mendez	42 MEX	24:25.91 80.5%	2 30
2 Barton Kale M45	44 USA	29:15.90 68.2%	Section.
1 Gerald Dragomir		24:30.81 83.94	-
2 Xerman Vazquez	48 MEX	25:39.77 80.14	S 18 3
1 Gildardo Pineda	53 MEX	24:25.86 87.61	To the state of
2 Hecto Salas Martinez 3 Robert Novak	51 USA	27:45.29 75.81	
4 Don Ramsden M55	53 CAN	28:01.67 76.48	E 35
1 James Carmines	57 USA	25:21.87 87.49	DE SAL
2 Richard Roberts	57 CAN	27:42.43 80.0%	4 10
1 Brian Gore 2 Wesley Thorne		26:48.45 87.5% 34:18.19 67.7%	198
M65			1
1 Jack Bray 2 Stuart Summerhaves	66 CAN	27:16.34 89.61	-
2 Stuart Summerhayes 3 Robert Fine	69 USA	30:45.22 81.24	
4 Presley Donaldson 5 Peppo Galfetti	66 USA 68 SUI	31:19.46 77.28	
5 Peppo Galfetti 6 Willis Bass	66 CAN	29:13.15 82.7t 30:45.22 81.2t 31:19.46 77.2t 31:28.34 78.5t 32:51.14 73.6t 33:55.68 73.6t	
7 Cliff Elkins - Enriq Heredia Lozano	69 USA	DQ 10	1
M70 1 Jack Munnell		15.17 00 71 55	
MBO		35:17.89 71.5	-
1 Paul Geyer - Greg PeralesDeLaGarz	80 USA 82 CAN	38:47.92 73.71 DQ	Total Control
. M35			
, 1 Margie McNeely W40	38 CAN	27:58.17 76.28	1000
1 Victoria Herazo 2 Donna Chamberlain	41 USA	24:53.29 87.51	1
3 Debbie Benton	43 USA	26:04.64 84.88	2
A Lind Kearley-Campbel	44 CAN	29:21.47 75.88 7	
5 Jo Ellen Floer 6 Jacqueline Gill 7 Catherine Atchison	42 CAN	33:41.51 65.11	to facili
7 Catherine Atchison W45	42 CAN	34:51.75 62.94	V
1 Cath Reader	45 GBR	28:45.78 78.18	
1 Cath Reader 2 Sherry Watts 3 Lorrie Leiker	47 CAN	36:30.09 62.0	春 多
WSO			1
1 Katherine Okamura 2 Nancy Leo	50 CAN	32:58.64 71.01	MA
2 Nancy Leo 3 Agnes Ramsden	51 CAN	32:58.64 71.0% 33:24.38 70.7%	
3 Agnes Ramsden 4 Rimka Laman 5 Rosemarie Alexander 6 Barbara Bass 7 Faune Johnson	53 GBR	34:22.95 69.91	- Marie
6 Barbara Bass 7 Faune Johnson	52 CAN	34:28.84 69.14	
8 Carolyn Nash	53 USA	38:25.30 62.61	
- Gay Fox W55	53 CAN	DNF	
1 Shirley Naylor		33:24.47 73.38	
2 Ann Marie Rosenitsch W60	59 CAN	35:16.00 72.2%	
A Dave Latteria	64 USA	29:30.41 91.0	15
2 Rita Sinkovec 3 Joanne Elliott	60 USA 64 USA	30:15.69 85.0t 31:24.03 85.5t	
4 Joan Berman	63 USA	31:24.03 85.5t 33:07.59 80.2t	No.
- Jeannie McKeigan W65	60 CAN	1 - M20 - 1	
1 June-Marie Provost	67 CAN	31:09.01 89.24	2 3
1 Raquel Solis Moreno	71 MEX	35:16.81 82.64	To The
1 Raquel Solis Moreno 2 Brigitte Killat 3 Claire Elkins	72 CAN 70 USA	42:13.48 68.18	100
W75		34:31.84 88.84	4 8
1 Jennie Binning	/5 CAL	A. A. T. T. P. A. S.	a de
- 10K ROAD RACE	- 33 13	W30 1 Franca Vasil	CAN 40
M30-39		2 Marie Whalen	CAN 53
1 Clint Render CAN		3 Colleen Belland	CAN 54
Z IAII HOUGHSON CAN	38:56	W35	Adjust Mil
3 Peter Dickhoff CAN M40	44:08	1 Sandra Yaworski	
1ManuelGuevaraAlfaroMEX	33:15	2 Lyn Helliwell	NZL 46
2 Randy Nelson CAN		W40	re-
3 Steve Wilson CAN	38:09	1 Irma Caldron Garcia	MEX 43
4 Brian Martinson CAN	38:39		CAN 44

1 Jennie Binning	/5 CA
- 10K ROAD F	RACE -
M30-39	Page 1
1 Clint Render	CAN 36:56
2 Ian Robertson	CAN 38:56
3 Peter Dickhoff	CAN 44:08
M40	CAN 44.00
1 Manuel Guevara Alfai	
2 Randy Nelson	CAN 34:09
3 Steve Wilson	CAN 38:09
4 Brian Martinson	CAN 38:39
5 Murry Oster	CAN 40:24
6 Dan Perry	CAN 44:28
M45	
1 John Moe	CAN 36:37
2 Gustavo Villagrar	
3 SalvadorMartine	
4 Ed Russell	CAN 41:47
5 Hal Puttick	CAN 42:28
6 Doug Smith	CAN 43:52
M50	
1 EtalbertoGallego	
	CAN 40:48
3 Paul Wood	CAN 41:07
4 Ric Hanna	CAN 41:42
5 Samuel Neal	USA 43:07
6 Jack Penfold	CAN 43:20
M55	
1 CarloLopezArguettz	GUA 41:07
2 Neville Flanagan	
	CAN 53:19
3 Bill English	CAN 53:19
M60	NAME OF STREET
	CAN 36:30
2 Hans Sinkovec	USA 41:07
	CAN 41:33
M65	Series Since
1A Ramirez Chave:	ZMEX 43:37
2 Bruce Bertolotti	CAN 51:09
3 Jlm Hite	USA 54:54
M70	OUN 34.34
1 Stan Orachelski	CAN 50:01
2 Milo Sather	
	USA 50:42
M75	
1 James Johnston	GBR 58:53
M80	
1 Les Leyland	CAN 72:43
M85	La Nazarta medi

The demand to be to be	421-010 E-11-11	A SHAPPING SANDON TO SHAP	ALC: SERVICE STATE	2 Suzi MacLeod	USA 50:
- 10K ROAD	RACE -	W30	041140.50	W70	California (Sal
M30-39		1 Franca Vasil	CAN 42:53	1 Betty McQuarie	CAN 63:0
1 Clint Render	CAN 36:56		CAN 53:63	2 Ruth Anderson	USA 67:
2 Ian Robertson	CAN 38:56	3 Colleen Belland	CAN 54:37	W80	and the same
3 Peter Dickhoff	CAN 44:08	W35		1 Lenore Marvin	CAN 77:
M40		1 Sandra Yaworski		10K Racewalk	
1ManuelGuevaraAlfa	roMEX33:15	2 Lyn Helliwell	NZL 46:19	M30-39	
2 Randy Nelson	CAN 34:09	W40		1 Paulo Vidales	MEX 48:
3 Steve Wilson	CAN 38:09	1 Irma Caldron Garcia		M40	
4 Brian Martinson	CAN 38:39	2 Hillerie Smith	CAN 44:36	1 Alan Mendez	MEX 49:
5 Murry Oster	CAN 40:24	3 Robles Nunez	MEX 45:21	2 Jon Hofs	CAN 52:
6 Dan Perry	CAN 44:28	4 C Turnbull Spence		3 Dave Keenan	CAN 57:
M45		5 Kathy Flannery	CAN 48:54	M45	
1 John Moe	CAN 36:37	W45		1 Gerald Dragomir	
2 Gustavo Villagra		1Jean Whittingham	CAN 38:40	2 Xerusu Vazquez	MEX 57:
3 SalvadorMartine		2 Gwyn Woodson	CAN 40:15	M50	
4 Ed Russell	CAN 41:47	3 Eileen Harvey	CAN 55:	1 Gildardo Pineda	MEX 51:
5 Hal Puttick	CAN 42:28	W55		2 H Martinez Salas	MEY SS
6 Doug Smith	CAN 43:52	1 M J Rayson	CAN 48:02	3 Robert Novak	USA 55:
M50	PLANNING ST	2 Bonnie Flanagan	CAN 58:07	M55	OOA 33.
1 EtalbertoGallego	MEY 40:03	3 Beverly English		1 James Carmines	LICA EA
2 Gaetan Breton	CAN 40:48	W60	SE OFFICE AND ADDRESS.	2 Richard Roberts	
3 Paul Wood	CAN 41:07	1 Areval Mendibure	MEX 47:42	M60	CAN ST.
4 Ric Hanna	CAN 41:42	2 JoyceHodgesHite		1 Brian Gore	GBR 55:
5 Samuel Neal	USA 43:07	3 Jean Barkman		2 Briah Foan	CAN 68:4
	CAN 43:20	W70	Appropriate Committee		
M55	CAN 45.20	1 Ruth Anderson	USA 69:14	3 Wesley Thorne M65	TRI 71:
1 CarloLopezArguett	GUA 41:07	8.4K Cross-Cou		A STATE OF THE PARTY OF THE PAR	
2 Neville Flanagar		M30-39	itry	1 Jack Brey	USA 58:
	CAN 53:19		CAN 34:12	2 StuSummerhaye	
M60	CAN 33.19	1 Clint Render	CAN 38:00	3 Robert Fine	USA 63:
1 Herb Phillips	CAN 36:30	2 Ray Vandale	CAN 42:06	M70	
2 Hans Sinkovec		3 Ted Desireau	CAN 42.00	1 Jack Munnell	USA 75:0
		M40	CAN 31:30	M80	
3 Stephen Odwin M65	CAN 41:33	1 Randy Nelson	CAN 31:30	1Paul Geyer	USA 80:3
The second secon	-14FV 40.07	2 Ed Bickley		W35	
1A Ramirez Chave		3 Brian Martinson	CAN 35:08	1 Holly Gerke	CAN 53:
2 Bruce Bertolotti		4 Murray Oster	CAN 36:59		CAN 56:
3 Jlm Hite	USA 54:54	5 Tony Buckley	CAN 39:47	W40	
M70	La sociolo mouli-	6 Phillips Sigalet	CAN 42:05	1 DonnaChamberlain	
1 Stan Orachelski		7 Rob Kerr	CAN 44:37	2 Debbie Benton	
2 Milo Sather	USA 50:42	8 Tom Hughes	CAN 47:59	3 L CampbellKeatley	CAN 60:
M75	STATE OF THE PARTY OF	M45		W45	2000
1 James Johnston	GBR 58:53	1 Normand Drolet		1 Cath Reader	GBR 59:
M80	Total Park Street	2 Gustavo Villagra		2 Sherry Watts	CAN 61:4
1 Les Leyland	CAN 72:43	3 Ken Krohman	CAN 34:48	3 Lorrie Leiker	USA 75:3
M85		4Salvador Martine		W50	No.
1 Dudley Healy	USA 68:03	5Brendan Matthey	MUAN 41:03	1 Kathy Okawara	CAN 65:

	A CONTRACT OF THE PARTY OF THE	atio	nal M	lasters News	Name of Street
	6 Ron Wichmann 7 Grant Spelsberg		41:17 41:44	2 Agnes Ramsden CAN 7 3 Barbara Bass CAN 7	
	8 Ed Russell M50		41:54	W60	
2000	1 Roger Price	USA	33:35	1 Rita Sinkovec USA 6 2 Bev LaVeck USA 6	
	2 Peter Duhig 3 Gaetan Breton		34:15 36:37	3 Joanne Elliott USA 6	6:07
	4EtelbertoGallegos	MEX	37:43	W65	1
3	5 Paul Wood 6 Gerald Gorman		38:04	LONG DIST	ΓΑΙ
	7 Ric Hanna	CAN	40:20	Please send results to:	Nati
S. S	8 Samuel Neal M55	USA	42:23	50098, Eugene, OR 97	405.
	1 Jack Miller		34:27	we generally do not pu old. Results that are ty	ped
	2 Neville Flanagan 3 Vern Christensen			wide) in our format rece of the month prior to is:	ive p
	4 Richard Roberts	CAN		of the month phor to is	
	5 David Romain M60	Track!		EAST	10/10
	1 FidelMendezDiaz 2 Stephen Odwin			NYRRC Dash Splash	RK
	M65		40:22	Central Park, NYC; July	
	2 Gerhard Krolow	CAN	44:24	Overall Toby Tanser 32	25:10
	3 Bruce Bertolotti 4 Jim Hite		47:45 48:34	Kari Bertrand 29	27:40
J	5 Brian Oxley		55:14		26:25 27:27
	M70 1 Milo Sather	USA	53:19	Stephen Marsalese 34 2	
	2 Jack Castle		80:18	M40 Wojciech Joskowski	27:49
	M75 1 James Johnston	GBR	59:45		38:38 29:35
	W35			11110 2010 110 000	32:05
	1 Lyn Helliwell W40	NZL	45:34		35:20 36:16
	1 Bernadette Duffy			M50 Julio Aguirre	30:38
	2 IrmaCalderonGarda 3 Roblez Nunez		41:17	D.1.0.1. 0.1000011	33:26 35:22
	4 Julie Arch	GBA	48:48		31:57
	W45 1 Gwyn Woodson	CAN	36:59	The state of the s	34:49
	2 Diane McKelvey	CAN	41:21	Control of the Contro	34:53 42:53
	3 Janice McDonald 4 Christine Guy		47:06	The same of the sa	47:41
	W50 1 Jeanette Groesz	LISA	43:55		48:10 46:00
í	2 Caroline Nash		74:51	Richard Stolls	46:00
	W55 1 M J Rayson	CAN	47:33	And the last of th	56:27 02:15
į,	2 Bonnie Flanagan			M70 Jack Haar	43:49
	W60 1 Frances Steinfeld	CAN	52:01	The second secon	45:44 49:13
Į	2 JoyceHodgesHite 3 JennieMcKeigan	CAN	54:35 65:26	M75 Wallace Cutler	54:25
	W65		HARRY		01:45 29:46
	1 Helly Visser 2 Suzi MacLeod		49:11 50:11	Renee Rosen 32	31:40
	W70 1 Betty McQuarie	CAN	63:05		32:28
	2 Ruth Anderson		67:26		37:02
	W80 1 Lenore Marvin	CAN	77:54		37:15
	10K Racewalk				11:34
	M30-39 1 Paulo Vidales	MEX	48:06		12:05
	M40 1 Alan Mendez	MEY	49:16		39:37 10:33
	2 Jon Hofs	CAN	52:44	Jun Matsuyoshi 4	2:58
	3 Dave Keenan M45	CAN	57:58		6:23 9:49
	1 Gerald Dragomir			THE RESIDENCE OF THE PERSON OF	9:58
	2 Xerusu Vazquez M50	MEX	57:18		12:32
	1 Gildardo Pineda		5-7-50 West		4:14
	2 H Martinez Salas 3 Robert Novak				10:21
	M55		R-MH	The second secon	55:05 15:32
	1 James Carmines 2 Richard Roberts			Pearl Jones 1:1	8:56
	M60	<b>PURM</b>	1,000	- Hereite	12:33
	1 Brian Gore 2 Briah Foan		55:51 68:49	NYRRC Manhattan Half-Mar Central Park, NYC; Aug	
	3 Wesley Thorne M65	TRI	71:57	Overall	
	1 Jack Brey		58:58		8:15 0:24
	2 StuSummerhayes 3 Robert Fine		59:44 63:19	M30 K Gebremichael 36 1:1	0:04
	M70		Sept.	Liam Kinsella 30 1:1 Rafael Veras Luna 301:1	0:58
	1 Jack Munnell M80	USA	75:02		1:51
	1Paul Geyer	USA	80:31		4:02
	W35 1 Holly Gerke	CAN	53:14	Wojciech Joskowski 1:1 M45 Vincent Shaw 1:2	1:37
	2 Marg McNeeley W40		56:35	Americo Ceballos 1:2	3:20
	1 DonnaChamberlain			A CONTRACTOR OF THE CONTRACTOR	2:50
	2 Debbie Benton 3 L CampbellKeatley			Jack Porzio 1:2	3:07
	W45				3:53
	1 Cath Reader 2 Sherry Watts		59:17 61:47		7:37
			75:37	John Samsel 1:2	9:25

:15	3 Joanne Elliott US W65	A 66:07
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26	wide) in our format re of the month prior to	e typea ( eceive pr
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:21	EAST	
:37	NYRRC Dash Splat Central Park, NYC;	
22	Overall Toby Tanser 32	25:10
45	Kari Bertrand 29 M30 Stephane Bois 35	27:40 26:25
:14	Len Ferman 36 Stephen Marsalese	27:27
:19	M40 Wojciech Joskowski	27:49
45	Andrzej Ryszewski Noel Comess	38:38 29:35
:34	M45 Luis Reyes John Ward	32:05 35:20
:12	Tom Tobin M50 Julio Aguirre	36:16 30:38
:27	Brian Gleeson Michael Ashkenazi	33:26 35:22
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:59	James Fiedler M60 Edwin Kahn	34:53 42:53
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55	Arthur Stein M65 Jerry Stolls	48:10 46:00
51	Richard Stolls Richard Shaffer	46:00 56:27
33	Eddie Pazarecki M70 Jack Haar	1:02:15
01	David Jenkins Albert Purna	45:44 49:13
26	M75 Wallace Cutler Edward Finkelstein	54:25 1:01:45
11	W30 Gordon Bakoulis 39 Renee Rosen 32	29:46 31:40
:05	Susan Yang 35 W40 Pam Rasulo	32:28 35:39
:26	Leslie Stroth Jane Harris	37:02 37:15
:54	W45 Trissy Callan Catherine de Dios	41:34 42:04
:06	Meredith Viera W50 D Burnett-Farley	42:05 39:37
:16	Sylvie Kimche	40:33 42:58
:44	Jun Matsuyoshi W55 Ann Makoske	36:23
:14	Ruth Fairbrother Barbara Charles	39:49 39:58
:18	W60 Helga Smith Kathleen Nitschelm	42:32 42:47
11	Nike Mizelle W65 Gloria Merridy	44:14 1:10:21
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:08	Pearl Jones W80 Althea Jureidini	1:18:56
:51	NYRRC Manhattan Half-	
:57	Central Park, NYC;	
:56	Toby Ganser 32 Gordon Bakoulis 39	1:08:15 1:20:24
19	M30 K Gebremichael 36 Liam Kinsella 30	1:10:04 1:10:58
:02	Rafael Veras Luna 3 M40 Walter Dupont	01:12:04 1:11:51
:31	Alan Ruben Wojciech Joskowski	1:14:02
:14 :35	M45 Vincent Shaw Americo Ceballos	1:21:37 1:23:20
:15	Jan Maliniak M50 Nicholas Caswell	1:23:24
:15	Jack Porzio Julio Aguirre	1:23:07
:17	M55 Samuel Skinner	1:24:29
37	Jack Brennan John Samsel	1:27:37
:39	M60 Roland Ratmeyer Jose Mendez	1:33:10

	ICE RESU	
O	onal Masters News, to keep information	P.O. Box
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1	Stephen Chopek	
	M65 Alfred Finger George Reilly	1:33:06
ŀ	William Gutman	1:48:43
	M70 Moises Salama	1:57:29
	George Marr Joseph Coco	2:05:32 2:05:51
and out	M75 Sab Koide	2:09:08
ì	Don Brown	2:38:47
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i de	W30 A Babakhanian 3	
1	Connie Davis 32	1:25:18
1	Andersen-Parrad W40 Jean Chodnicki	1:24:58
	Anastasia Stekas	
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1	W45 Marie Wickham Lean Whipple	1:31:23 1:34:58
	Chihiro Yamauch	
	W50 Lee Saroken	1:43:03
1	Irene Jackson-Sc Terry Guadi	thon 1:44:17 1:49:15
1	W55 Ruth Fairbrother	1:48:20
	Barbara Charles	1:52:33
	Janell Paganelli W60 Patty Parmalee	1:58:06 1:48:26
	Evelyn Davis	1:57:04
	Edith Jones	1:59:30
7.6	W65 Lisa Praskins Joy Rose	1:49:14 2:12:17
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ı	W70 Bertha McGruder	
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1	Bridge of Flowers C	
	Shelburne Falls; M.	
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W50 Carol L'Esperance '45:07

1 JuneMarieProvostCAN 63:56

2 Brigitte Killat CAN 73:25

3MaxineSmallwoodCAN 81:44

1 Jennie Binning CAN 71:16

ICE RESULTS

MEX 72:59

1 Moreno Solis

W75

Mary Ryczek	46:56
Joan LaPierre	48:52
Cecily Dexter	51:02
B. Gravin-Wilbur	51:17
Geraldine Liebert	51:52
Kathleen Furlani	53:37
Joanne Dondero	55:59
Bette Richard	56:00
Valerie Steinberg	56:31
W60 Ilga Moore	57:18
Doris Aronson	58:37
Ann Vella	61:58
W70 Marjorie Rosiello	72:57
George Sheehan Clas	ssic 5 Mi

Red Bank, NJ; Aug. 12 Overall
Titus Munge 24
Catherine Ndereba 28 23:05 26:27 M40 Andrey Kuthetson 25:36 28:37 Jose Guzman William Kaufman 28:58 29:28 **David Foglesong** Fred Touati 30:23 Shaheen Klevan Tom Zarra Paul Artt 30:48 31:42 Thomas Comigan Paul Dovin M45 Dennis Packard 31:51 26:55 Bill Bosman 29:52 Hari Rohl 30:36 William Warzenski 30:53 Bill Quinn 31:14 Jorge Castiblanco Chip Bixler 33:30 Richard Henderson 33:40 Edward Kolling Jim Homecker 34:03 M50 Harold Noian 29:01 Mike Cronshaw 30:28 **Bob Hansen** 33:20 33:22 Cecil Vincent 33:33 33:58 John Shavel Frank Kraiick 34:08 34:53 35:12 Gregory Worobey Walt Rutsky 34:53 Kevin Lynch 35:12 Patrick Cavanaugh 35:13 M55 Art Burger Samuel Skinner 31:28 31:31 Butch Pivano Lawrence Diggs Sean O'Leary Dave Cowperthwait 34:35 35:21 35:50 George O'Dell Russell Stallone 35:56 36:06 John Cheer 36:08 Mike Vovakes 36:10 (15) George Sheehan M60 Gene Chase 38:20 34:11 Stan Neumann 36:15 Bob Goldblatt Mike McDonnell Rob Mior 38:18 Andrew Kotulski 40:08 Fred Puhlfuerst Olie Nelson 41:05 42:13 42:38 42:45 Joe Marhoefer Mal Buchner M65 Armando Ruiz 31:43 George Studzinski 35:01 Lawrence Corley Joe La Bruno Robert Luchetti 40:45 Roger Schumacher 43:54 Clifford Kinney 44:28 George Evanovich Russ McFarlan 45:26 46:32 Dominic Grillo 46:35 M70 Ralph Aquino 42:34 43:10 Angel Aponte 49:27 50:44 William Draper John Rhatigan 53:21 53:26 Charles Ganoe James Robbins Clarence Lurch Carlos Martinez 54:27 56:43 Joseph Cacicedo M80 William C. Brehm W40 Debra Migdal Christine Murphy 58:30 38:25 27:14 33:32 Dawn Ciccone 34:07 Nancy Heffron 35:34 Debra Martucci Betsy Butterworth 36:01 Kimberly Daly Sharon McCloskey 37:43 Marsha Spaulding 39:12 Lois Eder 39:16 Lois Eder 39:16 W45 Tatyana Pozdnyakova 27:57

Linda Puzzo

Patrice Hancock 36:40

Continued on next page

36:03

Mary Conry

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Continued from previous p	age	W40 Ruth Riemenschneider	33:00.0
AND THE RESIDENCE OF THE PROPERTY OF THE PARTY OF THE PAR	7:14	Colleen Cohle 40	33:35.7
	7:39	Karen Keefer 43	35:07.4
	8:30	Patty Stevens 42	37:45.1
	8:56	W45 Carolyn Showalter 46 Donna Mooney 45	34:09.0
	9:48	Gretchen Schlag 49	40:52.7
	1:13 9:01	Debby Burd 47	41:16.1
1100 Elitar I Sileir	9:13	Eileen Finucane 48	43:14.1
	0:55	W50 Sandra Adams 50	34:17.
	4:00	Martys Palmer 53	36:35.2 43:30.3
	5:11	Judy Kuhns 52 Pat Phenicie-Grandel	45:43.6
	5:27	Sandy Falenski 54	46:52.1
	6:04 6:22	W55 Merrilynn Kessler 57 1	
11000 110011	8:00	The second second second	
	8:10	Falmouth Road Race Falmouth, MA; Aug	
	9:27	Application of the latest and the la	1. 20
	3:52	Overall Mark Yatich 24	31:43
April Hubbard 4	5:02		35:02
	7:29	M40 Andrew Masai	33:05
	7:30	Simon Karori	33:45
	7:40 1:49	Graeme Fell	34:10
	2:14	Andrey Kuznetsov	34:45
	3:06	Juan Torres Ruiz	35:13
Theresa Cummings5		M50 Bill Rodgers 52 M60 William Riley 64	44:20
W60 Imme Dyson 4	0:06	M65 James Hines 67	54:36
	5:00	M70 Paul Woodberry 72	
	5:24	M75 Sam Koide 76	63:39
	6:40 0:30	Carlton Mendell 78	
	9:54	M80+Philip Campbell 82	
	6:47		38:04
	8:25	W40 Judi St. Hilaire Tatyana Pozdnyakov	38:04
	1:43	Elena Viazova	38:40
Saunders 10K	Della-	Marina Belyaeva	40:00
Rye Harbor, NH; Aug.	17	Joan Samuelson	40:25
Overall		W50 Judith Hine 51	45:52
	1:17	W60 Elizabeth Jazowski 64	
	8:28	W65 Virginia Fettig 65	62:55
	31:17	W70 Joyce Supple 70	69:02
	33:53	Sumi Koide 70 1 W75 Dottie Gray 75	21:44 80:55
	34:19		:29:41
	37:09		_
	37:39 37:16	Annapolis 10 Mile	
	37:30	Annapolis, MD; Aug	
	43:13	(Times are finish times, not ch Overall	ip times)
	44:08	David Brendle 33	55:15
	38:47	Jill Hargis 39	61:30
	48:05	M40 Anthony Basile	56:07
	60:27 49:10	Mark Rosasco	61:39
	12:03	Wilhel Anderson M45 Chuck Moeser	63:07 56:47
	4:06	Scott Eden	61:15
	14:12	William Moore	61:18
	13:06	M50 Reuben Beauchamp	60:45
	46:24	Michael Hurley	64:16
	46:40	Den Muhlenforth	65:41
	51:47	M55 Piriya Pinit	64:57
	44:23 46:06	John Kirkpatrick	65:38
	58:22	John Pitarra M60 Anthony Cerminaro	68:19
W75 Louise Rossetti 79		Dick Hipp	75:23
		Stan Neumann	76:06
Tom Ausherman Memo	orial	M65 George Yannakakis	
Chambersburg, PA; Aug	1 10	Don Singer	81:19
Overall		Ercolini Gresia	85:37
Paul Mgugua 38	23:33	M70+Pat Nutt 70	86:52
	27:08	Bill Morrison 73 Ben Moore 75	91:46 120:50
	5:18.9	W40 Pat Wilkerson	69:09
	7:41.8	Joan Fowler	69:16
	0:57.1	Lesli Varrelman	69:50
	0:39.5	Karen Miller	70:40
	7:15.4	W45 Karen Erb	72:25
Ron Knepper 49 28	8:20.5	Janet Krones Carla Pastore	76:56 76:35
	9:15.0	W50 Deborah Gebhardt	
	9:21.1	Jane Godfrey	81:27
	0:10.5 0:46.4	Lucia Davidson	84:27
The state of the s	2:15.8	W55 Ellie Thayer	85:10
The state of the s	3:29.1	Mary Lindsay	84:36
	3:49.3	Judith Gilbert	86:38
	4:34.9	W60 Marie Killeen	89:58
	0:48.5	Kathleen Guerrieri M. Tomaszewski	107:32
	0:49.9		124:58
	1:29.4 4:57.1	W70+Hedy Marque 83	
	5:38.1		
The same and the s	6:38.9	Henry Isola X-C Classic Van Cortlandt Pa	-1-
	8:21.0	Overal Bronx, NY; Sept.	3
Gary Grubb 60 3	9:05.8		No. of London
	5:36.6	Toby Tanser 32	20:48
	6:57.7	Mary Evans 40	25:40
	9:01.7	M30 Andrew Cleary 30	21:47
	9:10.3	John Marron 31	23:54
	9:46.4 0:20.7	Hamid Boujlid 30	24:13
	4:16.0	M40 Stephen Redmon	22:48
Guy Mullen 72 44	4:43.6.	Jerry Macari	22:51
Bob Horst 70 4	7:15.1	Mooly Sagiv	25:15
	7:57.3	M45 Bob Pertak	29:16

臺	Michael Williams 30:10
3	Henry Wuethrich 30:20
	M50 Joseph Porcaro 25:05
-	Robert Santoli 26:59
摄	Bronislaw Czech 28:02
	M55 Teddy Seymour 30:08
	Victor Broushet 35:45
8	Antonio Conejo 36:14
唐	
2	
3	Paul Shanahan 34:38
	Joseph Gallacher 36:00
8	M65 Guenter Erich 32:06
10	Eric Seiff 33:24
	Jerry Stolls 39:41
384	M70 Jack Haar 38:27
	Jack Dwyer 42:09
	M75 John McManus 39:18
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8	W30 Susan Yang 36 27:15
	Ellen Kvinta 30 27:53
	Rachel Quinones 39 28:41
15	W40 Jacqueline Saunders 35:20
50	Andrea Hollandt 39:39
悪	Kathy Kass 40:47
复	W45 Joyce Vastola 33:46
爱	Judy Quinby 42:04
翌.	Eva Usadi 4243
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B	1100 1101001100
	Judy Hummel 45:38
第	W55 Ann Makoske 32:14
银	Mollie Spiegel 43:21
27	Judith Estrine 51:57
(1)	W60 Patty Parmalee 34:58
1	Margaret Carinci 39:55
\$	magaci cama
1	New Haven 20K
8	New Haven, CT; Sept. 4
臣	Overall
	William Kiptum 29 59:43
8	Ludmila Petrova 32 1:08:37
	M40 Simon Karori 1:07:33
3	Kevin McCaffrey 1:09:28
	Alan Ruben 1:10:42
1	Michael Bruhn 1:11:08
D.	Joseph Puopolo 1:11:33
)	M45 Mark Uliasz 1:18:17
20	Paul Rosin 1:20:01
8	Brad Charron 1:20:04
	John Dicarlo 1:20:27
Æ	Dennis Barone 1:20:54
3	M50 Carlos Guzman 1:09:26
	Timothy Smith 1:16:10
3	Rafael Torres 1:22:05
2	John Andrews 1:22:18
1	Ron Rembaum 1:24:01
Ġ.	M55 Alex Silverman 1:25:21
8	John Samsel 1:28:06
3	Guy Pulino 1:28:49
1	Ray Fair 1:30:47
	M60 David Sonstroem 1:27:13
3	Fred Zuleger 1:33:28
3	Ramon Ruiz 1:36:55
2	Jerry Lavasseur 1:41:11
2	M65 Anthony Pecoraro1:32:51
1	John Cook 1:46:18
	James Latourette 1:53:52
	M70 Ted Holly 1:59:49
	Chuck Marti 2:06:17
	W40 Laurie Bartnicki 1:25:29
	Lisa Fairbanks 1:28:08
	Emmy Stocker 1:29:00
	Stephanie Kessler1:31:08
2	Gail Case 1:33:08
1	W45 Mary Dunn 1:24:04
	William Bedard 1:26:11
8	Sharon Vos 1:26:17
	Susan Gold 1:28:04
	Sidney Letendre 1:28:28 W50 Megan Goldstein 1:34:38
100	W50 Megan Goldstein 1:34:36
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3	W50 Megan Goldstein 1:34:38 Ellie Lowell 1:44:10 Terry Guadi 1:48:33 June Norman 1:49:14 Rita Labar 1:49:17 W55 Jo Marchetti 1:32:23
3	W50 Megan Goldstein 1:34:36 Ellie Lowell 1:44:10 Terry Guadi 1:48:33 June Norman 1:49:14 Rita Labar 1:49:17 W55 Jo Marchetti 1:32:23 Judy Pierson 1:48:14
3	W50 Megan Goldstein 1:34:36 Ellie Lowell 1:44:10 Terry Guadi 1:48:33 June Norman 1:49:14 Rita Labar 1:32:23 Judy Pierson 1:48:14 Carol Kane 1:51:05
	W50 Megan Goldstein 1:34:38
	W50 Megan Goldstein 1:34:36 Ellie Lowell 1:44:10 Terry Guadi 1:48:33 June Norman 1:49:14 Rita Labar 1:49:17 W55 Jo Marchetti 1:32:23 Judy Pierson 1:48:14 Carol Kane 1:51:05 Carol Getsinger 1:52:07 Noreen Hendley 1:53:08
	W50 Megan Goldstein 1:34:36
	W50 Megan Goldstein 1:34:38
	W50 Megan Goldstein 1:34:36 Ellie Lowell 1:44:10 Terry Guadi 1:48:33 June Norman 1:49:14 Rita Labar 1:49:17 W55 Jo Marchetti 1:32:23 Judy Pierson 1:48:14 Carol Kane 1:51:05 Carol Getsinger 1:52:07 Noreen Hendley 1:53:08 W60 Edith Jones 2:08:14 Barbara Protass 2:36:42 Rose Marie Asiahi2:37:34
	W50 Megan Goldstein 1:34:36
	W50 Megan Goldstein 1:34:36
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	W50 Megan Goldstein 1:34:36
	W50 Megan Goldstein 1:34:36

Overall
Randy Hollinger 26
Rebecca Sparks 33
M40 Michael Nichols
Jim Winnale

21:40 25:26 23:43 24:30

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Kenneth Johns	25:42	T.
M45 Bill Phillips	24:08	8
Scott Ludwig	25:31	8
Jim Hanson M50 Bernie Candy	26:56 23:47	Š
Bruce Holmes	24:49	8
Frank Spicer	28:42	-
M55 James Derham	27:46	4
Kent Smith M60 Charlie Kramer	28:42 30:56	ş
Tom Sullivan	35:47	ľ
M65 Everett Crum	28:18	
M70 Epifanio Agosto	32:46 31:09	8
John Aimone	32:16	9
W40 Sharon Smith	28:32	3
Trish Kassab	29:46 33:57	ì
L. Jensen W45 Sherri Hintz	27:03	i
Janet Lavoie	28:26	ŝ
L. Bushong-Reid	30:15	1
W50 Joyce Duarte	40:39	ı
Cuc Smith W55 Ann Williams	40:30	1
W65 Ann Beach	56:01	ľ
W70 Audrey Jacobson	61:20	á
Pigeon Forge Midnig		1
Pigeon Forge, TN;	Aug. 5	L
Overall States 24	24:20	ı
Rodney Stoker 24 Jan Gautier 35	24:30 29:02	-
M40 Chuck Francis	29:25	1
David Gee	30:34	1
James Lee	30:52	
M45 Brad Tucker Tony Rowe	28:03 29:46	
Paul Wardzinski	31:34	ı
M50 Jack Castner	32:25	ı
Bob Townsend	32:36	ı
Don Brown M55 Jerry Tipton	35:15	ı
Doug Anderson	41:30	ı
M60 Charley Denney	35:06	ı
John Wallace	36:51	ı
M65 Robert Braden M70 Charles Dotson 77	40:14	ı
W40 Linda Barnett	35:16	Γ
Donna Thackway	35:35	l
Nancy Sterling	37:48 39:05	L
W45 Teresa Trammel Evelyn Wardzinski		ŀ
Rhonda Wortham	40:36	ŀ
W50 Phyllis Sizemore	41:13	
W50 Phyllis Sizemore Doris Brown	41:13 49:35	
W50 Phyllis Sizemore Doris Brown Dilworth Jubilee	41:13 49:35 8K	1.000
W50 Phyllis Sizemore Doris Brown Dilworth Jubilee Charlotte, NC; Au	41:13 49:35 8K	
W50 Phyllis Sizemore Don's Brown  Dilworth Jubilee Charlotte, NC; Au Overall Rich Falcone 27	41:13 49:35 8K	
W50 Phyllis Sizemore Don's Brown  Dilworth Jubilee Charlotte, NC; Au Overall Rich Falcone 27 Sabrina Martin 32	41:13 49:35 8K g. 12 25:54 29:48	The second second
W50 Phyllis Sizemore Doris Brown  Dilworth Jubilee Charlotte, NC; Au Overall Rich Falcone 27 Sabrina Martin 32 M40 John Zizzi	41:13 49:35 8K g. 12 25:54 29:48 27:01	The second second
W50 Phyllis Sizemore Doris Brown  Dilworth Jubilee Charlotte, NC; Au Overall Rich Falcone 27 Sabrina Martin 32 M40 John Zizzi Steve Shonts	41:13 49:35 8K g. 12 25:54 29:48 27:01 27:09	The same of the same of the same of
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Doug Anderson	41:30	W50Marlene McGraw W55 Donna Cartyle-Aldret	23:52
Charley Denney John Wallace	35:06 36:51	Shelia Grisard	24:45 26:39
Robert Braden	40:14	Sally Moyer W60 Susie M Kluttz	22:45
Charles Dotson 77 Linda Barnett	43:38 35:16	Landsford Canal 5	OK
Donna Thackway	35:35	<b>Landsford Canal State</b>	
Nancy Sterling Teresa Trammel	37:48 39:05	Overall Sept. 2	
Evelyn Wardzinski Rhonda Wortham	39:26	Brian Kistner 30 Tara Novit 31	4:19 6:22
Phyllis Sizemore	40:36	M40 Robert Crosby 42	5:10
Doris Brown	49:35	Mark Long 41 Tim Morgan 43	5:34 6:16
Dilworth Jubilee Charlotte, NC; Au		Sam Baucom 41	6:42
		M45 Ray Krolewicz 45	4:30
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rall Falcone 27	25:54	Dan Besse 45 Andy Wright 46	6:15 6:51
rall n Falcone 27 rina Martin 32 n John Zizzi	25:54 29:48 27:01	Dan Besse 45 Andy Wright 46 M50 Mike Marchant 53	6:15
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W55 Ruth Thelen 76:46	Bill Davis 59:23	Kelly Keeler 38 36:09	M65 Don Taylor 8:08:10	Betty Bulich 1:55:52	Mark Henderson 1:28:14
Karen Bell 83:49	Marvin Gottlieb 67:22	W40 Janet Robertz 38:15	Roger Hauge 9:38:41	Carole Flanigan 1:58:08	Steven Shaffer 1:29:42
Marilyn Brown 86:47	M70 Jim Forshee 45:45	Judy Meyer 38:21	Robert Anderson11:17:04	W60 Una Pierce 2:04:30	Lyn Willoughby 1:31:09
Jan Wallen 87:39 Dale Magee 91:43	Richard Matuszewki 55:10	Bev Docherty 38:51	M70 John Moran 8:41:56	Eileen Pue 2:04:11	M50 Ron Barker 1:28:42
Jill Witzenberg 93:27	Roy Miller 56:17	Janice Ettle 40:51 Donna Melody 42:48	William Hollihan 9:05:12	Barbara Camp 2:14:47	Ron Kiyono 1:31:39 Brian Peterson 1:32:06
Betty De Bose 93:51	Walter Koysdar 73:16	Joan Wilson 42:48	Mario Delaloye 9:11:37	W65 Wilma Maddock 2:02:04	
Nancy Teel 94:17	Terry Mohler 74:04 M75+Eric Bronson 76 48:43	W45 Julie Virkus 42:37	Jimmy Terrell 9:32:53	Faith Ramirez 2:21:13	Jack Wheeler 1:33:05 Amie Kiddoo 1:38:07
Doris Chelune 94:54		Ann Haugejorde 45:20	W40Jane Hilt 5:24:07	Maria Zambrano 2:35:53	M60 Ray Young 1:50:50
Cora Hill 95:21	John Wernert 79 62:08 Jim Zink 75 63:22	Chris Daymont 46:56	Barb Dutrow 5:48:43	W70 Karen Gould 2:19:24	Steve Galvan 1:51:34
W60 Ellen Nitz 83:33	Charles Machala 79 90:10	Connie Foster 47:44	Lisa Ann Trainor 5:59:12	Trudy Pietrolungo2:34:54	Harry Geist 1:51:48
Catherine Detman 86:57	W40 Joanne Collins 39:57	Debbie Janey 47:52	Karen Stuckey 6:00:23	W75 Mary Storey 2:30:56	Gary Gledhill 1:57:13
Armande Pieschke 89:34	Ronda Massey 43:39	W50 Gloria Jansen 42:24	Carol Thomas 6:04:31	Marjorie Lawson 2:53:00	Laurance Lyons 2:07:36
Mary Anne Isaacson 90:19	Tammy Szymanski 45:25	Ann Day 45:48	Christa Koot 6:09:09	22nd McConnell's Ice Cream	W40 Anne Chippendall 1:33:48
Merion Knight 91:18	Deborah Karl 46:39	Diane Stoneking 46:41	Kristin Woesthoff 6:13:17	5K & 10K	Jackie Taylor 1:38:53
Gunveig Janse 92:45	Joan Mathews 47:48	Francine LePage 49:15	Judy Bauermeister 6:15:40 Diane Van Deren 6:16:37	Santa Barbara, CA; Aug. 20	Christine Iwahashi 1:41:00
Sharon Sowell 93:06	W45 Debra Wagner 37:58	W55 Marien Bradsher 48:14	Marcia Moore 6:17:57	5K	Janice Webb 1:48:59
Francine Bangs 94:13	Karen McKeachie 41:14	Judy Cronen 48:35	W45Neddie Legg 5:52:58	Overall	Anne Davis 1:50:20
lana Tath 0440	Boo Hensien 42:41	Janice Fike 54:08	Ann Finley 5:55:58	Gregg Horner 48 16:35	W50 Jan Bleiweiss 2:04:41
Jean Toth 94:18	Pam Graver-Koenig45:14	W60 Judy Lutter 55:19	Vickie Martin 6:01:32	Mariann Thomas 37 18:38	Patricia Leininger 2:14:52
Betty Shier 94:22			U.U.U.Z		Brenda Toriyama 2:17:08
Betty Shier 94:22 W65 Katherine Pye 88:08	Julie Weidner 50:35	Joan Odd 61:47	Sandra Canright 6:25:39	M40 Gregg Homer 46 16:35	
Betty Shier 94:22		Joan Odd 61:47 Dorothy Marden 62:52 W65 Lois DeGonda 61:07	Sandra Canright 6:25:39 Pam Golden 6:35:25	Steve Blum 45 17:19 Tim Mock 43 17:20	Sharon Kanemura2:19:07 Linda Johnson 2:24:10

**Berlin Marathon** 

Berlin, GDR; Sept. 10

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W60 Mary Ann Kidder 2	33:54
Janice Knafelc 3	:11:36
W70+Margarethe Styskel 2	:15:58
Joy Johnson 2	:31:59
10K	
Overall	
Brian Buscay 27	34:19
Lynice Anderson 32	39:49
M40 Miguel Tibaduiza	34:31
Dennis Brinson	36:56
Russell Brown	37:50
Frank Boucher	39:18
Ed Klotz	40:04
M50 Jeffrey Collins	39:58
Perry Hayden	40:39
Gary Brooks	41:11
Butch Stratton	42:25
Mark Mahl	43:25
M60 Gary Hollinger	48:22
Phil Hauck	51:55
Herb Friedenthal	54:46
Al Laderman	55:19
Bill Thornton	57:00
M70 Boyce Jacques 73	52:31
W40Ruth Keller	47:30
Paula Kems	48:26
Colleen Santor	51:18
Connie Laderman	51:21
Gabriele Scharff	51:25
W50Kendyl Depoali	50:36
Barbara Amold	54:00
Kathy Schultz	59:07
Trish White	62:21
Chris Klum	63:36
W60Bev Falkerberg	56:29
Margie Edgington	76:18
Arlene Bidwell	80:19
JoAnne Shope	83:08
Donna Hackstaff	89:05
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Half-Marathon &			1:24:1
Anchorage, AK; Aug. 20			1:27:0
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Overall		MICO I IIII I OPO	1:35:1
Will Kimball 36	2:42:01	Allianon Dioscy	1:43:4
Michelle Mitchell 25	3:09:32		1:44:1
M40 Andy Holland	2:51:45		1:47:2
Daniel Salvador	2:56:52	Too Calling	2:06:3
Bob Davis	3:02:22	Inion. mm	2:38:4
David Taylor	3:17:40	1 001 111111010 0 1	1:30:5
Brent Voorhees	3:19:37	11-10 1 maiora ormproy	1:35:3
M50 Lee Oly	3:03:43		
Paul Jensen	3:12:14	Veronica Beagan	1:40:4
Larry Thompson	3:21:19	Danie Danient	1:41:2
Don Hunter	3:25:35		1:43:3
Barry Sossamon	3:31:05		2:09:4
M60+G. Richardson 62	3:36:41	The state of the s	2:14:1
Kurt Bittlingmaler 64	4:17:28		
Rich Hull 64	5:01:32	Christina Reagle	2.10.2
W40 Moon Stone	3:20:55		
Cathy Johnson	3:35:52	W60+Susan Manson 65 2	
Beth Balen	3:39:38	Eleanore Schook 64 3	
Monique O'Sullivan	3:55:51	Carolyn Crouch 67	1:01:0
Penny Lancaster	4:08:10	10K	
W50 Mary Flanigan	3:45:16	Overall	777
Maria Cobb	3:53:09	Kirk Fisher 30	33:3
Sara Cheme	4:05:16	Ruth Horton-Barndt 39	39:4
Ruth Porrini	4:15:15	M40 Jeff Young	35:4
Janet Newburgh		Lloyd Raines	37:2
W60+Joan Landis 63	4:10:37	Mark Buciak	37:4
Teresa Hull 63	5:02:12	David Ford	40:0
Judie Samter 68	6:41:08	Keith Brown	42:4
Claudette Hixon 61	6:41:08	M50 Charles Timison	47:0
The second second second		Jim Wendt	47:3
Half-Marathon		Greg Wilkinson	51:3
Overall	1:14:13	Bill Jack	53:4
John Clark 39	1:14:13	Jim Soucek	55:2

VI	asters News	
	E STREET, STRE	
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8	Sevard Wagenius 68	63:08
9	W40 Lori Staats-Cahill	43:13
ğ.	Stacey Ann Delisle	52:09
5	Kathy Wisthoff	53:04
Ø.	Patrice Metcalfe	54:07
6	Mary Miller	55:16
ě.	W50 Peggy Fox	49:45
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8	Hood to Coast Relay 19 Seaside, OR; Aug.	
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Ř.		33:38
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F.	PSA Time Bandits 19	:50:42
3	Limp Swooshes 20	:09:04
E		:32:20
8	Dead Jocks in a Box22	
100		:59:37
Ŗ.	Swiftly Growing Older 22	59.50
ğ.		:16:11
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Ē.	Fabulous Fifties 23	
E.	Alamo Crazies II25	:30:04
9	Old Guys Running 26 Old Men & 1 Bed Idea 28	
8		:49:31
B.		:02:58
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3	Tualatin Bodies 27	
8	Road Goddesses 29	:32:21
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Š	W50 Do Not Go Gentle 27 Super Heart and Sole 31	.20.00
8	Super Heart and Sole 31	.22.04

Mixed Masters

Mixed Supermasters

Pace Setter 19:55:17 No Walkin' til 19:59:29 Team J Jones 22:33:13

Lake City Leggs 22:43:10 Brian Tailad Us into Thia25:21:48 Team Fossils 26:11:53

Pace Setter Gray Hounda 21:33:43 Classic Collection 24:02:55 Silver Streakers 29:10:46

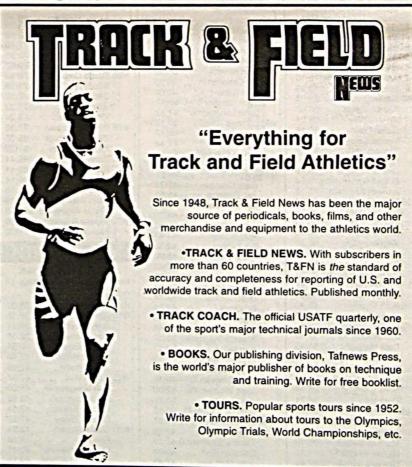
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	M40 Mick O'Doherty	15:15
	Chris Buckley	15:41
	Steve Robinson	15:46
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	Phil Carbutt	16:06
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	Richard O'Keefe	16:43
	Charlie Dickinson	17:13
1	M55 John Treadwell	17:22
	Dave Gibson	17:24
	Martin Ford	18:36
ľ	M60 Harry Clayton Brain Griffiths	18:37
	Les Presland	18:40
	M65 Mick Ward	19:26
,	Richard Gould	19:40
	Roy Webb	19:45
	A70 Derek Howarth	20:13
-	William Davies	21:04
	Emie Bowring	27:09
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v	N35 Zara Hyde-Peters	17:09
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	Joy Noad	18:36
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ß	Chris Kilkenny	18:32
	Zina Marchant	18:43
1	N50 Carol Fereday	19:44
	Linda White	20:15
	Judy Witterick	20:24
1	W55 Elaine Statham	20:35
	Dee Tzakarisianos	21:10
	June Johnson	23:16
1	W60 Pam Jones	22:56
	Anne Dukes	28:46
1	W65 Judy Rowntree	24:21
	Janet Davey	25:57
1	W80 Grace Bulgar	52:55

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LIMMITO		Employed States	MARKET C.
British Veterans 5	K	Overall	Mary Control
pionships, Ports	mouth.	Olliforn Division	2:07:42
mpshire, UK; Aug	. 28		2:26:15
inpainte, ore, Aus		M40 Giovanni Moretto	2:27:38
Mick O'Doherty	15:15	A MANAGEMENT OF THE PARTY OF TH	2:36:32
Chris Buckley	15:41		2:37:27
Steve Robinson	15:46		2:34:37
Martyn Flower	15:55	Felice Pellecchis	2:36:43
Phil Carbutt	16:06	Johann Seynaeve	2:38:17
Graham Hannaford	16:17		2:37:52
Peter Hyde	16:28	Manfred Burbulla	
Richard O'Keefe	16:33	Dominique LaFargue	
Charlie Dickinson	16:43	M55 Wolfgang Huninghake	
John Treadwell	17:13	Dieter Nau	2:55:46
Dave Gibson	17:22	Claus Wilutsky	2:58:51
Martin Ford	17:24	M60 Hans Mainel	2:50:53
Harry Clayton	18:36	Walfried Hosp	3:01:47
Brain Griffiths	18:37	Bjom Videfors	3:03:13
es Presland	18:40	M65 Manuel Ros. Touza	2:57:53
Mick Ward	19:26	Dieter Bredemeyer	3:02:55
Richard Gould	19:40	Yuzo Tamaru	3:18:17
Roy Webb	19:45	M70 Lauri Helimaki	3:39:46
Derek Howarth	20:13	Hans Fendl	3:50:55
William Davies	21:04	Rudi Wibert	4:06:59
Emie Bowring	27:09	M75 Kaleri Karesniemi	4:32:16
Ron Hale	23:59	Matti Koykka	4:46:03
Noman Copping	27:24	Heinz Kleinert	5:05:52
Zara Hyde-Peters	17:09	W40 Sayuri Kasutani	2:40:05
Nicky Haines-Jones	17:40	G.M. Piels-Steur	2:54:16
Claire Pauzers	18:08	Maggie Kleis	2:54:40
Frances Gill	18:05	W45 Lyubov Pospeshina	
Ј Натор	18:06	Elizabeth Westpha	
Joy Noad	18:36	Inge Brandts	3:12:29
Bronwen Cardy	17:23	W50 Chie Matsuda	2:59:52
Chris Kilkenny	18:32	Marta Mikdajczyk	
Zina Marchant	18:43	Maria Rook	3:15:19
Carol Fereday	19:44	W55 Hildegard Pfeiffer	
Linda White	20:15		3:24:18
Judy Witterick	20:24	Joke Toepoel	3:26:34
Elaine Statham	20:35	W60 Gisela Varrelman	
Dee Tzakarisianos		Hannalore Kuppe	
June Johnson	23:16	Gunilla Martensson	
Pam Jones	22:56	W65 Albertina Zuniga	
Anne Dukes	28:46		4:21:05
Judy Rowntree	24:21	Henny Sorenson	
Janet Davey	25:57	W70 Klarchen Joost	
Grace Bulgar	52:55	Doris Dalgaard	5:28:23
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A THE STATE OF THE STATE OF	70.00		Marie P
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# ATHLETES WHO ENTER A NEW DIVISION THIS MONTH, OCT. 2000 ATHLETE (RESIDENCE) ALISON HURFORD (GBR) AGNI-AGNES GEORGIOU (GRE) DUNCAN ATWOOD (SEATTLE, WA) ANGELIKA HOLDER (GER) GARY ZASIMOVICH (PUYALLUP, WA) JORG PETER (GDR) MARK FURKIS (US) NANCY CUNNINGHAM (CONWAY, AZ) JORG FURKIS (US) MARK FURKIS (US) NANCY CUNNINGHAM (CONWAY, AZ) EDNA DUNDAS (AUS) JANIS WRIGHT (AUS) SHIGENOBO MUROFUSI (JPN) PAT ANN GALLAGHER (GBR) LUCIA SCHATTELEYN (ENGLEWOOD, FL) JOHNIE MEISNER (EASTON, US) FRANK RUONA (CA) DOUG SHAW (SANTA BARBARA, CA) PER GUNNAR OVERLAND (NOR) JEAN MOULE (STAYTON, OR) CLAY LARSON (ALBANY, CA) RICK RYCKMANN (ARLINGTON, TX) MIKE VALLE (US) YVONNE MILES (GBR) NANETTE CROSS (GBR) LYNDA DRAKE (HOUSTON, TX) CORRY KONINGS (HOL) HAGUES ROGER (FRA) JUDY POX (SUNNYVALE, CA) ANU TEESALU (EST) ANN MARIE ROSENITSCH (CAN) RALPH HARMS (CA) HALL SMITH (TARZANA, CA) HELGA RUPP (GER) ROBERT EMMERLING (MANHATTAN BEAC DAISY WONG (BURBANK, CA) (US) NGHAM (CONWAY, AZ) ANN MARIE ROSENITSCH (CAN) RALPH HARMS (CA) HAL SMITH (TARZANA, CA) HELGA RUPP (GER) ROBERT EMMERLING (MANHATTAN BEACH, CA) DAISY WONG (BURBANK, CA) JENNIFER WRIGHT (INDIO CA) HELENE BEDROCK (CLIFFSIDE PARK, NJ) GENE ANTONIDES (SARATOGA, CA) ASTRID KLAESSON (SWE) DONNA RADIGAN (PA) DENISE ALFVOET (BEL) JAMES GALLUP (HONOLULU, HI) ALBERT HOLDER (BALTIMORE, MD) TEUVO JOKINEN (FIN) JOHN TANSLEY (NORWALK, CA) ISOLDE FISCHER (GER) DOROTHY KELLEY (NEW YORK CITY NY) MAUREEN MURPHY (S. BURLINGTON, VT) EARBARA JORDAN (S. BURLINGTON, VT) CHARMAINE SOBKOWSKI (US) AGNES BLOM (BEL) WILL ROBINSON THOUSAND OAKS, CA) HELMUT FACKLER (WG) VERA WHITESIDE (MT. VERNON, IL) CHRISTA KREUZWIESER (GER) CAROL STEELE (US) SHOJI ITO (JPN) ERLAND SANDOUIST (SWE) LEN THORTON (CA) DENVER SMITH (LOUISVILLE, OH) RICHARD NORDOVIST (TALENT, OR) ART JAAGO (CAN) VEIKKO JAVANNINEN (FIN) JOHN WALKER (LAS VEGAS, NV) JIM MANNO (ORADELL, NJ) LORE KLITSCH (GER) CAMEKO OZAKI (JPN) JOHN WALKER (LAS VEGAS, NV) JIM MANNO (ORADELL, NJ) LORE KLITSCH (GER) CAMEKO OZAKI (JPN) JOHN WALKER (LAS VEGAS, NV) JIM MANNO (ORADELL, NJ) LORE KLITSCH (GER) CAMEKO OZAKI (JPN) JOHN PEARCE (WACO TX) RICHARD BREDENBECK (INDEPENDENCE, OH) GULAB SINGH (IND) MRATIN MANUEL (CHI) STAN THOMPSON (HONOLULU, HI) JOHN PEARCE (WACO TX) RICHARD BREDENBECK (INDEPENDENCE, OH) GULAB SINGH (IND) Compiled by Pete Mundle, World and U.S. Masters T&F Records Chairman





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Accommodation Information: General Travel Australia

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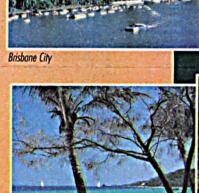
- Marathon South Bank and Inner City
- Road Race Walks Brisbane River Course
- Cross Country St Lucia Golf Course

#### **Special Events:**

- 5km Fun Run/Walk
- "Taste of Australia" Party Night
- Opening Ceremony ANZ Stadium
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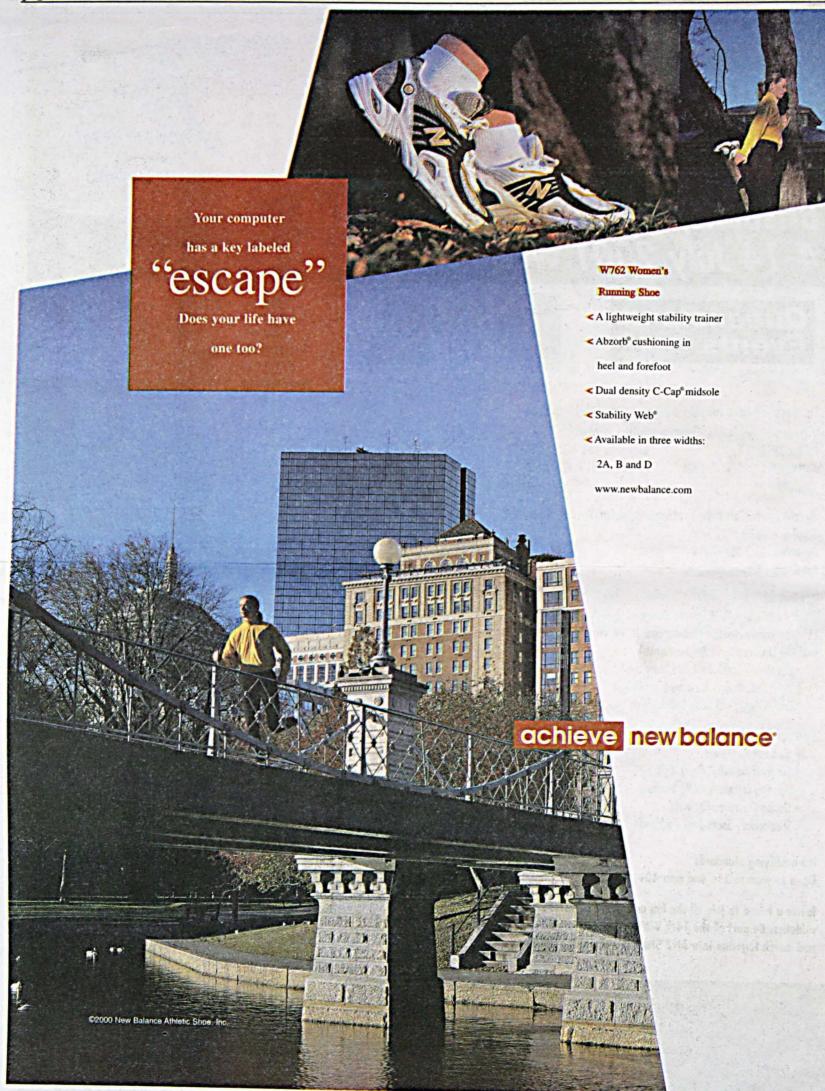






14th WAVA World Veterans' Athletics Championships Entry Books available from your local Association of Veterans/Masters Athletics from late July 2000. Entries close 30 March 2001.

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