The official world and U.S. publication for Masters track & field, long distance running and race walking.

170th Issue October, 1992

50 Men and 7 Women Compete

Largest National Decathlon Championships Ever

by REX HARVEY, Co-Meet Director

The stadium at Drake University, "Home of the Drake Relays," in Des Moines, Iowa was the site for this year's edition of the TAC/USA National Masters Decathlon/Heptathlon Championships on July 25-26. It was a return engagement as these championships were held at the same site in 1986.

The 50 men and seven women competitors were the largest group to ever vie for the coveted titles of U.S. National Champions. Twenty-eight states and Canada were represented. The quality of the meet was indicated by the fact that 31 people earned All-American honors by exceeding the U.S. Standards of Excellence.

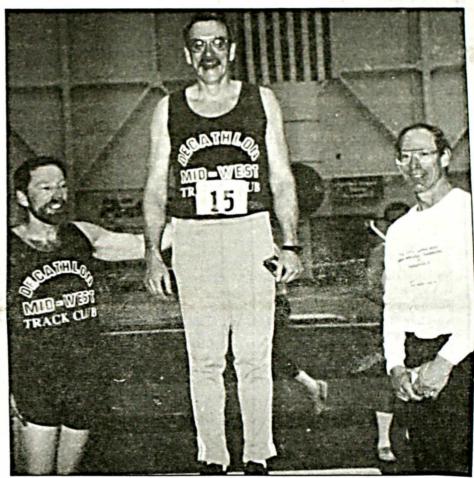
The turnout was an indication of the increasing popularity of this, the ultimate multi-event. There were world champions competing, as well as first time competitors, and the great feeling of comradeship that pervades the multi-events was evident everywhere. The fine group of Drake Relays officials that volunteered the long, long hours to conduct this meet were friendly, competent, and quite appreciated and complimented by the competitors.

Will Freeman, along with his wife, Evelyn, who coaches at Grinnell College, did double duty as Meet Organizer and Meet Director for the Decathlon. Evelyn served as the Meet Director for the heptathlon. Will also spoke, in his usual enthusiastic manner, at the Saturday night participants' dinner, on recent thinking in track and field technique.

Bill Schooler, even with all his meet organizational duties, placed fourth in his age group. This is the ninth time that Bill has finished fourth in a national championship, but he warns other competitors that he is going to bust into the medals soon. Bill created the unique souvenir shirt that was given to the participants and officials. I bustled around with the scoring as the scheduled, and more competent, scorer

by MARTIN DUFF

Continued on page 5



Rex Harvey, 46 (center), on the M45 victory stand at the National Indoor Pentathlon Championships in Indianapolis last February, was the top scorer (7422 points) in the TAC/USA National Masters Decathlon Championships, held July 25-26 in Des Moines, Iowa. Pictured with him are Henry

Mexico Hosts North American Championships

by MARILYN MITCHELL

Murphy (as in Murphy's Law) seems to have taken a trip to Xalapa, Mexico, August 19-23, for the WAVA North American Masters Track and Field Championships.

It all started with the strike at the meet headquarters hotel. Of course, not all the competitors knew about the strike when they arrived. Some had the misfortune of arriving at night, tired, with little or no knowledge of Spanish.

. . only to be confronted by an adamant picket line, an uninhabitable hotel-on-strike, and few other available rooms in the town due to a Government convention.

And what about the unnamed tour leader who, upon securing other rooms in another hotel for the evening, found

that her van wouldn't start? And when the athletes were loaded into taxis, one of the taxis was hit by a bus. Murphy definitely worked overtime on this trip.

Nonetheless, almost everyone agreed the trip ended up being great. The Mexican organizers scrambled to obtain another hotel with sufficient rooms, the competitors tried to make the best of it, and everyone ended up having a good time.

The Mexican hosts excelled from the opening ceremony with two bands, numerous folk-dance troops, and assorted high-level government and sports officials to the closing ceremony which consisted of a sitdown dinner at the Hotel Xalapa with live music and dancing.

WAVA Road Race Championships Held In England



England's Bronwyn Cardy-Wise, 40, shown here at the 1989 World Veterans Championships in Eugene, was the first female finisher in the WAVA Road Racing Championship 10K in Birmingham, August 29, in 35:04.

Photo by Gretchen Sayder

not be accepted. The catalogue of problems included the lead vehicle in the accompanying walk races actually stopping to ask the way. Results took too long to be processed, and Jacques Serruys, WAVA Road Race Vice-President, became ex-

The 1st WAVA Road Race Championships at Birmingham, England,

August 29-30, were marred by poor organization that probably ensured that the city's bid to the British

Veterans Athletic Federation to stage

the 1997 WAVA championships will

asperated at the lack of good recording information being submitted to his successful Brugges computer staff, who were handling the results.

However, there were two good races. The 10K saw Mike McLeod, the 1984 British Olympic silver medalist, in his first veteran year, jump the field at the 6K mark and then stroll home in 30:40. Britain's Mike Fromant won a sprint Continued on page 15

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THE HALL TO THE

NATIONAL MASTERS NEWS

The official world and U.S. publication for Masters track & field, long distance running and race walking

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Generally, anyone age 30 or over may come to a masters event and participate. Some events are limited to ages 40+, 50+ or 55+; (please check the schedule for details). Some events require advance registration. Some require a current TAC card (\$7 to \$11 per year, depending on the region). To inquire about a TAC card, call The Athletics Congress in your area, or 317/261-0500. There are no qualifying standards for any masters athletics event.

NMN welcomes contributions — results, schedule info, photos, letters, articles, and opinions. Manuscripts should be typed, double-spaced, but legibly handwritten material is also acceptable. Results should be typed, single-spaced. Please include a stamped, self-addressed envelope if return is desired.

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GRAND CIRCLE TRAVEL TAC/USA NATIONAL MASTERS 8 K CROSS COUNTRY CHAMPIONSHIPS

Saturday, November 21, 1992

Historic Franklin Park, Boston, MA - The Site of the 1992 World Championships

Hosted by the BOSTON RUNNING CLUB TEAM PRIZE MONEY OVER \$2,000.00

Competitions in 5 year age groups

Separate races for men 40-49, 50-59, Men 60 and over with all women 40 & over

AGE GROUP AWARDS/Men & Women: 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90+
ELIGIBILITY: All numers must have a current TAC card to participate TAC registration is available by contacting your local TAC office or you can obtain a
TAC card from the TAC representative at registration. Fee is \$12 you must display current tac card at registration.
MEET ACCOMODATIONS: Sheraton Boston Hotel: #1-800-325-3535 or: #1-800-44ELIOT

ENTRY FEES & DEADLINES:

Entries received on or before 11/5/92 (\$16) - Includes Race T-shirt & food @ Post Race Reception @ Eliot Lounge Entries will be received after 11/5/92 up until 11/19/92(\$16) - Does not include Race T-shirt.

ABSOLUTELY NO ON-SITE REGISTRATION! I ENTRY FEES WILL NOT BE REFUNDABLE NOR TRANSFERABLE!

RACE SCHEDULE:

9:30 AM	Course Tour
10AM-12:30PM	Number Pickup at Franklin Park
11:00 AM	Start of Race 40-49 MEN
12:00 Noon	Start of Race 50-59 MEN
1:00 PM	Start of race ALL WOMEN & 60+ MEN
2:30 PM	Awards Presentations at Franklin Park
4:00 PM	Reception @ The Eliot Lounge

(When making reservations, mention association with meet!)

TEAM ENTRIES: Only association clubs are eligible to compete for team titles. Athlers must indicate exact team name on individual entry forms. Team age divisions are 40+, 50+, 60+, and 70+. A maximum of 8 declared entries per team. Scoring is by aggregate time of top team finishers. Men 40+ and 50+ score 5 numers, 60+ and 70+ score 3 numers. All women's teams score 3 numers. If entering more than one team, that team must declare in writing, one hour before race to Race Management.

TEAM PRIZE MONEY

Men 40-49	Top 3 TeamsS	300, \$200, \$100	
Men 50-59	Top 2 TeamsS	300, \$150	
Men 60-69	First Place Team\$	200	
Men 70-79	First Phoe Term\$	200	
Women 40-49	Top 2 TeamsS	250, \$150	
Women 50-59	First Place Team	200	

POST RACE PARTY: The Eliot Lounge @ 4PM, located on the corner of Comm. Ave. & Mass. Ave. in Boston FOR FURTHER INFORMATION, CALL # (617) 964-7802 WEEKDAYS 9sm-3pm

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NATIONALS

The recent TAC National Masters Track & Field Championships in Spokane were done in excellent fashion. The sponsors should be congratulated on their first-class facilities. the on-time schedule, the efficient officials, the nice hotels, food and transportation and, most important, their hospitality. They set an example for future organizers.

Jack Wood Charlotte, North Carolina

If the nationals "lacked excitement," one way to cure that would be to have Al Sheahen be the meet announcer. He adds knowledge, flair and excitement, because he is damned good.

Also get an official meet photographer. Each day, post pix from the previous day.

As far as complaints on the meet, you'll always have them. I thought it was a great meet. The best part was seeing everybody.

John Poppell Panama City, Florida

I've just returned from the national where I had an enlightening personal experience.

Because of a problem with my vaulting poles that I could not solve, I asked at the meet office for a ride to the airport. Meet Director Vernie Foxley said she was very busy but she would take care of it. So I waited in her office, and got the most eye-opening

experience of my life.

I saw where decisions were made. problems were solved, ruffled feathers were smoothed, computer lists were prepared, verified and sent out. schedules were reworked, staff directed and redirected, and volunteers were doing all sorts of tasks.

Out of all this came a very successful, well-run meet (and Vernie found my poles and arranged for me to pick them up). Seeing what went on from the inside gave me a real appreciation for the college staff, the officials, the coordinators, the volunteers and all the other people from Spokane who made this meet possible.

To each of you in Spokane, we thank you and appreciate you.

Dick Bennett

Prescott, Arizona



CZZMN

Final handoff in the Junior Men's (age 30-49) Regional Relay at the Nationals in Spokane, August 15.

Photo by Gretchen Snyder

NATIONAL MASTERS NEWS

Masters Athletics is booming!

The National Masters News is the official world and U.S. publication for masters track & field, long distance running and race walking. It contains

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In the M55-79 divisions of the 10,000 run at the nationals, the officials lost count of the laps. Most runners were told to stop a lap or two short. About 13 did, while about seven others continued to complete the 25-lap event.

Adjustments were made by the officials for the only five of the lap-short runners, so the overall finishing places were erroneous. All who should have received a medal did, but in one age group, the places of two medal winners were reversed. A mild protest was made, but no attempts were made to correct the situation.

It's easy to fault the officials for this foul-up, but I feel the runners, themselves, should shoulder a good deal of the blame. Most of the runners knew, or should have known, how many laps they had gone. If more runners, especially the leaders, had tried to correct the officials, the foul-up may not have occured.

> Patrick Devine Rancho Palos Verdes, California

NORTH AMERICAN MEET

The North American Championships in Xalapa, Mexico (August 19-23) was the most un-organized (not disorganized; disorganized means badly organized, but unorganized means practically no organization at all), most laid back, most enjoyable meet I've been to.

The Mexican hosts were friendly, accommodating, relaxed, easy-going, and fun. Everything was late; nothing was efficient, and nobody (except the Americans and Canadians) seemed to care. After a day or so, we could see that our protests fell on deaf ears. "That's just the way we do things." We eased back and went with the flow. The competitors helped with the scoring, measuring, translating, etc.

The medals are gorgeous, the facility was excellent, and the crowds were phenomenal compared to U.S. meets. I ran my first steeplechase in front of several thousand cheering Mexicans, Carioka dancers and a string band. Who wouldn't do well under those conditions?

The food in the restaurants was outstanding and so inexpensive. The Hotel Maria Victoria was very nice and only \$42 a night. Xalapa isn't much of a tourist town, and so we didn't do well without Spanish, but we were able to communicate well enough with a phrase book and gestures.

Their photo system was awesome. A handful of photographers was everpresent, ever-shooting. As a roll was finished, a runner took it to a processing lab nearby. They printed up a set of 5 x 7 color prints, brought them back

Continued on page 5

Five Join NMN Sustainers

Each month, NMN publishes a list of "sustainers," those who help the National Masters News and masters athletics by making contributions. These extra funds allow us to publish more photos, deeper results, an in-depth schedule section, and more.

Special thanks this month goes to:

Steven L. Beck Joseph T. Cote Melvin Brothman Joseph Hemler Alfreda Iglehart

Kelseyville, CA New York, NY Snyder, NY Baltimore, MD Los Angeles, CA

Decathlon Championships Continued from page 1

Susanne Hopkins was out because of an injury to her husband, Henry.

This group was won by Ed Fye, 32, of Crete, NE, his third national championship in a row since reaching the sub-master age of 30. Doug Porter, 31, of Seattle, WA, placed second in his initial sub-masters competition. He also set a new championship meet record of 4.80 (15-9) in the pole vault, breaking the record of 4.75 set by Will Freeman, the Meet Director.

M35-39

Bill Lawson, 35, of Waterloo, IA, bested last year's champion Jeff Watry, 37, of Paddock Lake, WI.

M40-44

Mike Hill, 41, of Steamboat Springs, CO. defeated Mark Salzman, 40, of Tacoma, WA, who just entered that division. Tom Light, 44, of Chugiak, Alaska, won the award for coming the furthest for the meet.

M45-49

Rex Harvey, 46, of Cleveland, OH, returned to his old home town and was able to continue his string of national decathlon championships at nine. Rex, also, by vaulting 4.20 (13-5), broke the meet record in the pole vault of 3.96 (13-0). Up and coming Bill DeHorn, 45, an American citizen although he lives in Montreal, Quebec, placed second over Steve Rogers, 49, of Topeka, KS. Steve was the silver medal winner in the WAVA World Championships in Eugene, OR in 1989. Bill set a new meet record of 1.68 (5-6) in the high jump.

Dale Lance, 54, of Tulsa, OK, the 1992 indoor pentathlon champion, won over Iowa local Dave Eidahl, 51. M55-59

This division was hotly contested as Bob Moore, 56, of Roswell, GA, a newcomer to multi-events, bested veteran Phil Mulkey, 59. Phil fell hard, not once, but twice in the first event of the second day, the high hurdles. But, in typical multi-event fashion, he finished the race. Usually high-placing Doug McFetters, 59, of Phoenix, AZ, finished in fourth place despite a very painful and debilitating groin injury. M60-64

Newcomer Clarence Trinkner, 60, of Janesville, WI, used very good sprinting to top his age group, winning over several veteran performers, including Dave Douglass, 60, the current indoor pentathlon champion. Don Grey of Roanoke, VA, jokingly petitioned to delay the meet for five days since he was 64 years, 11 months, and 26 days old as the meet began.

The second and third best point totals of the meet were turned in by Denver Smith, 66, of Louisville, OH, and Buck Bradberry, 65, of Auburn, AL. The duel came down to the last event, the 1500 meter, with Denver coming out on top 7336 to 7163. M70-74

Boo Morcom, 71, of Wilmot Flat,

NH, won his age group. He set a new meet record of 3.00 (9-10) in the pole

M75-79

Dan Bulkley, 75, of Phoenix, OR, used his normal fine running and jumping to win his division, and place sixth overall. Dan and his opponent Ham Morningstar rewrote the meet record book, setting four new records. M80-84

Bob Boal also rewrote the meet record book all by himself, setting three new meet records.

A short business meeting was held after the meet banquet and information about upcoming meets was passed on by Rex Harvey, the TAC/USA Masters Multi-Event Coordinator. Next year's National Decathlon/Heptathlon Championships are to be held at Columbus, Ohio, approximately mid-July, pending official approval at the 1992 TAC/USA Convention in Louisville. A vote was taken between Thomasville, NC, and Eugene, OR, for the site of the 1994 championships, with Eugene winning. That recommendation will be submitted to the 1992 TAC/USA Convention for approval.

Heptathlon Championships

Everyone was happy to see that the number of entrants in the heptathlon more than doubled from the year before. But to double from three to seven is not where we would like to be. Two more doublings to 12 and 24 is our goal. Some of the very best female masters multi-eventers in the world were present, albeit some with crippling injuries. The overall winner with 4998 points was Phil Raschker, 45, of Georgia. Following her with a fine performance of 4280 was newcomer Sande Lambert 34, of Texas. The oldest competitor, Leonore McDaniels, 64, from Virginia was third overall with a score of 4080.

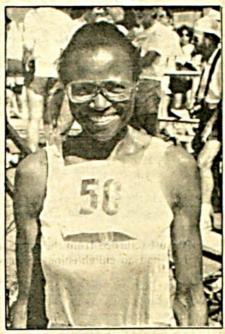
Doing her first heptathlon ever was Marlene Sachs, 48. She scored an encouraging 3648 points, with no glaring weaknesses in her events. Sandy Maryott, in only her second year of heptathlon competition, won her age group with 3263, fifth overall.

Finishing out the field were two walking wounded, Lucy Anne Brobst and Liz McBlain, our guest competitor from Edmonton, Alberta, Canada. They are both to be commended for finishing all the events, even though injured too badly to score well. Liz was observing our U.S. National Championships meet as she, two years from now, will be organizing the North and Central American Championships, which will contain a multi-event, and be held Edmoaton.

The highest scoring event of the competition was Leonore McDaniels' high jump. Her 1.07 (3-6) age factors to 1.58 (5-2), scoring 991 points on the IAAF point tables. Congratulations ladies, please tell your friends of the many pleasures of multi-events, or at least how the pleasures are worth the discomforts.

Write On Continued from page 4

to the stadium, and laid them out on a blanket for all to see. Other young runners ran around trying to match the



Elton Richardson, 53, NYC, won the 5000RW and shared the gold in the 20K RW with Jaye Hanley, 52, San Diego, after officials mistakenly pulled Richardson out of the 20K, Masters National T&F Championships, Spokane, August

National Masters News/Jerry Wojcik

prints with the athletes. "You buy? 15,000 pesos?" That's \$5.00, but the youngsters could often be negotiated down to about \$2.00.

Bill Brobst Kitty Hawk, North Carolina

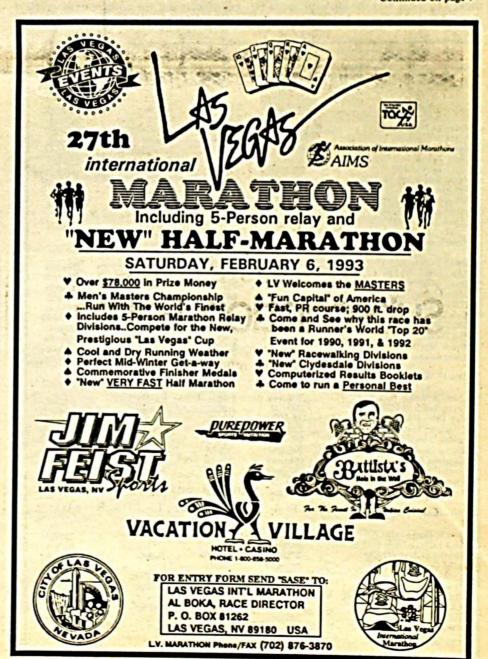
MASTERS PRIZE MONEY

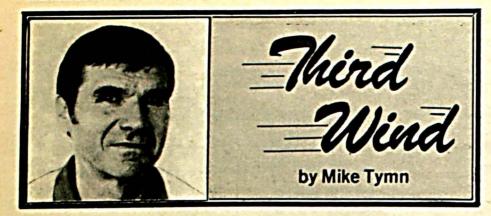
This responds to Herb Chisholm's letter (July NMN) regarding prize money for masters.

You cannot give prize money to the winners in each age group and do it equitably. This has been tried more than once and it simply does not work. The reason? You have very disproportionate times; for example, in one race the M55-59 winner had a near world class time of 17:00 flat in a 5K while in the same race the M45-49 winner was timed in 19:02. Yet they both received the same amount of prize money. Also, in the same race the second male runner in the 55-59 was timed in 17:21 and received nothing? You can easily see that this runner deserved to be a money winner while the M45-49 winner did

The only way to give prize money, and awards for that matter, is to establish a top WAVA masters group,

Continued on page 7





The Lessons Of Aging From Barcelona

he subject of aging and athletic performance came up a number of times during the telecast of the Barcelona Olympics. Among the "aging" athletes competing in some of the prime-time sports were Carl Lewis, 31, Linford Christie, 32, Merlene Ottey, 32, and Evelyn Ashford, 35, in the sprints; Yekaterina Podkopayeva, 40, Robert Cheshire, 36, Lorainne Moeller, 37, and Francie Larrieu-Smith, 39, in the middle and long distances.

We also had Svetlana Boginskaya, 19, in gymnastics, Pablo Morales, 27, in swimming, and Larry Bird, 35, in basketball.

What is "old" seems to depend to some degree upon the sport. It's about 18 for a gymnast, 25 for a swimmer, 30 for a sprinter, and 35 for a middle-or long-distance runner.

It wasn't too many years ago, however, that swimmers were "over the hill" at 20, sprinters at 25, and distance runners at 30. The introduction of money to what was the amateur arena has motivated more and more athletes

ALL-TIME MASTERS MARATHON LIST

26Oct37 17Feb46 23Jul40

03Dec13 26Jul44

25Sep38 25Nov45 21May42

210ct45

12Jun32?

26Jul44

120ct50

12Mar 52

23Dec47

28Sep47 02Λug40

06Nov38

29Dec42

22Nov44

26Oct37

31Jan42

23Nov49 06Dec45 10Aug47

08Mar49 06Λug48

13Jan51

29Sep14

10Aug47 18May46 02Mar51

09Aug35

20Mar45 17Jun48 21Jun46

05Mar42 19Sep45

16Dec50

2:11:19

2:13:41

2:14:50 2:15:15

2:15:46

2:16:10

2:15:09

2:17:01

2:17:10

2:18:17 2:19:27

2:21:20

2:21:32

2:22:52

2:26:51

2:29:43

2:31:05

2:34:49

2:35:08 2:36:42 2:36:59

2:37:08

2:35:08 2:37:12

2:38:00 2:39:11 2:40:08

2:41:03 2:42:38 2:43:36

World Men

John Campbell (41,NZL) Jack Foster (41,NZL)

Jack Poster (41,NZI)
Kjell-Erik Stahl (40,SWE)
Antonio Villanueva (42,MEX)
Gerald Dravitzki (40,NZL)
Barry Brown (40,USA)
Ron Ilill (40,GBR)

Ryszard Marczak (42,FOL)
Ryszard Marczak (42,FOL)
Reinhold Leibold (40,FRG)
Jeff Norman (40,GRR)
questionable birthdate:
Mamo Wolde (EIII)

American Men

Barry Brown (40,NY)

Barry Brown (40,NY)
Ken Judson (40,PN)
Doug Kurtis (40,MI)
Mike Manley (40,OR)
Bill Rodgers (40,MA)
Bob Schlau (40,SC)

Jim Bowers (45,CA)
Bruce Mortenson (41,MN)
Steve Lester (43,U1)

Priscilla Welch (42,GBR)
Joyce Smith (44,GBR)
Evy Palm (47,SWE)
Charlotte Teske (40,FRG)
Birgit Bringslid (45,SWE)
Laurie Binder (44,USA)
Graziella Striuli (40,FRA)
Sonja Laxton (40,RSA)
Dominique Rembert (40,FRA)
Doris Schlosser (41,FRG)

Laurie Binder (44,CA)
Gail LaDage Scott (41,CO)
Sharlet Gilbert (41,CA)
Miki Gorman (41,CA)
Gabriele Andersen (41,ID)
Nancy Oshier (43,NY)
Barbara Filute (40,DA)

Barbara Filutze (40,PA) Cindy Dalrymple (40,NY) Bobbi Rothman (40,FL)

compiled by Marty Post

Carol Virga (40.F1)

Bill Hall (40 NC)

World Women

to extend their careers and thereby redefine the aging thresholds in many sports.

Scientists tell us that we reach physical maturity during our teens but physically we are at our best during our early 20s. Somewhere around 25, the aging process begins to manifest itself. However, athletes don't always recognize this because the gains from continuing adaptation (the molding and strengthing of the body to the specific demands of the sport) combine with experience and the concomitant savvy and confidence to offset or overcome

Boston

Christchurch

Eugene New Plymouth St. Paul

Stockholm

Metairie New York

Munich Maassluis

St. Paul

Huntsville Boston

Los Angeles

Houston

St. Paul

London

London

London

Munich

Pittsburgh

Durban London

Hamburg

St. Paul St. George Duluth

New York St. Paul St. Paul St. Paul

Rerlin

St. George

16Apr90 31Jan74

07Jun86

12Sep82 03Mar84

30Sep84 18Feb79 06Nov88

07May83

12Apr86

10Sep72

08Dec90

20Apr92 16Jan83

18Apr88 06Mar88

20∧pr81

16Jun84

060ct85 040ct86

10May87

09May82

23Apr89 06May90

29Sep91 06Oct91 07May89 20Aug88

21Apr91 25May86

06Oct91 03Oct87 20Jun92

240ct76 120ct86

06Oct91

12Oct86 26Sep82

21Apr86

the small physical decay that occurs over the next five to ten years.

In fact, in many sports the adaptation and experience factors more than overcome the small losses to aging as is evident by the fact that athletes often enjoy their peak years between 25 and

Gymnastics

In the case of the gymnasts, the aging problem appears to be just the opposite of that in other sports - too much regeneration rather than degeneration. At 5-foot-2, the 19-year-old Boginskaya of Russia, while apparently still fast, flexible, and graceful enough to perform the artistery necessary to score perfect 10s in her routines, had, according to the expert commentary, grown a little too "big" to do the advanced intricate maneuvers of her more petite competitors.

Mental burnout, brought on by hours and hours of training, seems to be much more of a negative factor than actual physical decline for both gymnasts and swimmers. There has been no scientific theory that I have heard to suggest that the physical attributes required for swimming success deteriorate at a faster rate than those required for running and other sports.

Swimming

In winning the 100-meter butterfly at Barcelona, the 27-year-old Morales seems to have demonstrated that swimmers aren't necessarily past their prime at 25. It is also interesting to note that Morales took three years off from swimming before beginning his comeback for Barcelona seven months before the Olympic trials. That may very well explain his overcoming the burnout condition.

In the 1984 Olympics, "Rowdy" Gaines won three gold medals in swimming at the age of 25, including an Olympic record in the 100-meter freestyle. His avoidance of burnout may have been due to the fact thatafter competing in age-class swimming at ages eight and nine, he gave up the sport for baseball, basketball, and ten-



Barbara McLeod, 54, of Ontario, Canada, first woman (8:08:10), in the National Masters 50 Mile Championships, Columbus, Ohio.

Former football great turned sprint commentator O.J. Simpson offered an explanation for Lewis' relatively poor performance at the Olympic trials. "I think as time goes on, Carl is going to have more and more days like this, especially in events of this format where he has to run more than one race

in two days" Simpson said. "He had to run four races in 24 hours. He'll be 31 in 10 days, and, unfortunately, we're not going to see Carl Lewis perform well under those conditions again. In an invitational meet, where he has to run only once, he might be able to go out and break a world record. It's like the older golfers; they have trouble competing the third and fourth days. Carl can't run a lot of races in two days."

with aging.

We would later be told that Lewis' problem at the Olympic trials was a virus and we would see his brilliance once again as he anchored the 400-meter relay team to a new world record in Barcelona. Since Lewis had to run only one heat before the final, we don't know for sure if Simpson's sum-

Photo by John White



Norm Roof, Mansfield, Ohio, M55 wi (6:49:55), 1991 TAC National Masters 50 Mile Championships, Columbus, Ohio. Next year's championships will be held in Houston, Photo by John White February 26.

nis and didn't return to the pool until age 17. Had he been training through his early teens, he might very well have burnt out before 25.

Sprinting

When Carl Lewis broke the 100-meter world record at the age of 30 last year, he seemed to be pioneering new territory in the world of speed. Then when, approaching his 31st birthday, he finished a disappointing sixth in the Olympic trials 100, it was as if there were a large cliff somewhere between the ages of 30 and 31.

Simpson was, of course, alluding to the longer recovery time that comes

Continued on page 7

Third Wind

Continued from page 6

mation is correct. We do know, though, that it didn't seem to apply to England's Christie, who, at a year older than Lewis, captured the gold medal in the 100.

Ottey may have been the victim of too many races in too short a period. With a best of 21.64 in the 200, the 32-year-old Jamaican was considered the woman to beat in the furlong. But she wound up third with a 22.09.

At 35, Ashford did not appear to have quite the same speed she once had even though she ran admirably on the women's gold-medal 400 relay team. Perhaps there is something to the old theory that athletes begin their decline at 35.

In fact, Dr. Douglas Wallace of Emory University, Atlanta, just recently reported on a new theory of aging. His research on healthy hearts revealed that DNA cell damage accumulates naturally as we grow older, "beginning at about age 35."

Long Distance Running

But then how do we explain someone like Francie Larrieu-Smith? Although she was not at her best in the Barcelona marathon, she had run personal bests at both 10,000 and in the marathon since turning 38. Since Larrieu had been competing for some 25 years before setting her personal bests, she should have been fully adapted and experience at a much earlier age.

I don't think Larrieu defies science! As I see it, her success at such a late age can be explained. For one thing she did not seriously run the longer distances until her mid-30s; her focus was on the middle distances. As a track athlete for the first 20 years of her running career, she was a seasonal competitor and therefore was not a victim of burnout

Write On Continued from page 5

honoring the top 10 or 12 finishers, depending on the size of the race. This would include the age-group finish. In other words, if the best WAVA master was age 51, he/she would also be honored as the first 50-54 finisher. If this master finishes in the Open money, then he/she would also receive the Open money.

This way you would always honor the best performances which could conceivably include everyone in the same age group, and you would never leave anyone out.

Joe McDaniel Oklahoma Runner Magazine

TEXAS HOSPITALITY

While studying in Texas this summer, I competed in the Texas Masters Championships (Dallas) and the San Antonio Masters Championships — two very well run meets.

Hats off to Meet Directors Tom Garzillo (Dallas) and Art Rodriguez (San Antonio) — two dedicated men Texans should be proud of.

Brother Ed Kent Queens, New York



Barbara Zamparelli, 63, shown with her husband, finished second in her age group, Kilauea Volcano Run 10 Miler, Hawaii, July 18. The difficult course required the runners to battle lava, ashes, wind, rain, and hills.

Photo by Tesh Teshima

or of the wear and tear that accompanies years of road racing. Further, I' have observed that even seasoned middle-distance runners must undergo a few years of adaptation and experience in the longer distances before achieving personal records.

No one can say for sure, but I believe that Larrieu, given the same adaptation, experience, and racing environment at 30 as she had at 38 and 39, would have been even faster. Instead of having personal bests of 31:28.9 at 10,000 and 2:27:35 in the marathon, she might have had a sub-31 and a marathon time close to or even under 2:20. Maybe a 30-year-old Larrieu Smith would have won the Barcelona Olympics. To put it another way, Larrieu has declined a little; we just haven't been able to see it on a graph. I suspect that if she had been running the 1500 the past five years, we would be able to see it.

The most obvious and common manifestation of aging was observed in the person of Larry Bird. Although Bird seems to have lost nothing in his ability to shoot a three-pointer with accuracy, his ability to play at all has been hampered by various injuries. Injuries occur to young athletes, too, but right around 35, where Bird now is, they seem to strike more often, at least when the athlete attempts to maintain the same level of intensity, and they take much longer to get over.

Regardless of how the Barcelona Olympians were affected by aging, they served as real inspiration to the young and old alike. To me, they were the best part of the Olympics. Hopefully, we'll see them continue to extend the aging thresholds in their sports.

Some readers provide additional support to the National Masters News and to the Masters program by sending contributions of \$25, \$50 or \$100 a year. If you are able, we urge you to join them. All contributors will receive a free copy of the new Masters Age Record book and will be listed in the paper as a National Masters News sustainer.

Romesser, McLatchie Win in Asbury Park

by JERRY WOJCIK

Gary Romesser, 41, Indianapolis, and Carol McLatchie, 40, Houston, were the first masters in the 12th annual Asbury Park 10K in New Jersey.

Under cloudy skies, 65°, and 60% humidity, Romesser finished 19th of 3100 runners, with a 30:43. McLatchie was 13th woman and first of 95 W40-44 runners, with a 35:25. Both won \$750 first prizes.

Douglas Kurtis, 40, Northville, Mich., in 31:38, and Ewald Bonzet, 40, South Africa, with 31:51, were second and third M40+. Nancy Grayson, 43, Columbia, S.C., with a 35:36, was second W40+, with Barbara Filutze, 47, Erie, Pa., third in 36:03. Second prizes of \$400 and thirds of \$250 were equal for both sexes.

Romesser with an age-graded 93.5% and Grayson with a 93.1% were best masters performers.

Christine Tattersall, 50, of Connecticut won the W55 race in 40:05 (AG 85.9%). Harry Polites, 82, Ventnor, N.J., ran a 59:06 in the M80 + division.

Both open winners, Simon Karori, *

32, Kenya, 28:02, and Olga Markova, 24, Russia, 32:15, broke course records. □



ners from Northern California, at the Nationals in Spokane, August 14.

CUMULATIVE PRIZE MONEY EARNINGS MASTERS WOMEN 1992

RK	NAME	ST/N	CUM \$	•
	Grayson Nancy	SC	\$13,700	18
2	Gilbert Sharlet	CA	\$10,700	4
1 5	Roden,Anne	GBR	\$10,500	1
1 4	McLatchie Carol	TX	\$8,650	10
5	Filutze, Barbara	PA	\$7,900	12
6	Welch, Priscille	GBR	\$7,400	
7	Portenski, Bernadine	N/A	\$3,500	1
	Ray Suzanne	AK	\$3,250	3
	Silverio, Cheryl	PA	\$3,000	2
10	Hutchison, Jane	MO	\$2,800	5
111	Binder, Laurie	CA	\$2,400	5
12	Hine, Judith	NZL	\$2,050	4
13	Smekhnova, Raisa	CIS	\$2,000	1
14	Lempesis, Catherine	SC	\$1,975	
15	Virga Carol	FL	\$1,750	4
18	Wood Mary	co	\$1,550	2
17	Matsuda, Chie	JPN	\$1,500	1
10	Hughes, Janice	ОН	\$1,000	1
10		CA	\$1,000	3
10	'Imo,Adele	NA	\$1,000	1
10	Dehler, Nancy	NY	\$1,000	1
22		VA	\$900	4
23		CA	\$800	2
24	Relya, Cheryl	NY	\$750	2
24		NA	\$750	- 1
24	Streeter, Ginger	LA	\$750	2

MASTERS MEN 1992

RK	NAME	ST/N	CUM \$
4	Levisse Pierre	FRA	\$21,950 1
2	Kurtin Doug	MI	\$20,000 1
3	Naverro, Artemio	MEX	\$14,900
4		GBR	\$9,500 1
5	Tibedulze, Domingo	COLINV	\$6,100 1
6	Nzau, Joseph	KEN	\$4,750
7	Waigwa, Wilson	KEN	\$4,050
	Romesser, Gary	IN	\$4,025
	Stahl, Kjell-Erik	SWE	\$4,000
10	Campbell, John	NZL	\$3,450
11		co	\$3,300
12		GBA	\$3,000
13	Vers, Manuel	MEX	\$2,700
14		GA	\$2,250
15	Klecker, Barney	MN	\$2,000
15		CRC	\$2,000
17		CA	\$1,675
18			\$1,500
10		CAN	\$1,500
20		SC	\$1,300
21		NC	\$1,150
22		MEXITN	
23		SUI	\$1,000
23		PA	\$1,000
23	Pive Rev	CA	\$1,000

Charlotte Observer Marathon

P.O. BOX 1765 BROOKLINE, MA 02146

Weather That's Not Too Hot, Not Too Cold!

- ♦ 16th annual event features marathon and 10K racing
- ◆ 51-degree average temperature
- ♦ Finish inside Charlotte Convention Center
- ♦ Age groups: 14-under through 75-over in five-year steps
- ♦ \$51,000 prize fund: \$8,500 open and \$4,250 masters for each gender in marathon & 10K
- ♦ Weekend expo
- ♦ No increase in registration fees
- ♦ Special rates at the Omni Charlotte Hotel: 1-800-THE OMNI.

Registration forms: call 704/358-KICK or write Marathon, Box 30294, Charlotte, NC 28230.

Elite athletes: contact Larry Frederick, 704/358-0713, c/o Fleet Feet, 1412-1 East Blvd., Charlotte, NC 28203.



Stan Whitley

Sorbothane's Masters Athlete-ofthe-Month is Stan Whitley, the 46-year-old speedster from Alta Loma, Calif.

Whitley won four events at the National Masters Track and Field Championships in Spokane, Wash., - the 100 (11.16), 200 (22.35), 400 (50.63) and long jump (6.63m/21-9).

Earlier in the season, he established two world M45 records in the 200 (22.30) and 400 (50.24), and his 100 clocking of 11.16 at the Nationals is the fastest M45 automatic time ever recorded. (Thane Baker ran an 11.0 hand time in 1980.)

Whitley had plenty of competition for this month's honors, including:

• Bill Collins, 41, who set a WR

21.86 in the M40 200, and nipped Payton Jordan for the 100m agegraded crown.

• Payton Jordan, 75, capping his amazing career with national titles in the 100 (13.83) and 200 (28.90). He also anchored the West regional 4x100 relay team to victory.

• Marion Sanchez, 60, with four impressive wins in Spokane in the 100 (12.74), 200 (26.19), 400 (58.52) and 300H (45.65).

• Fred Sowerby, 40, with a blazing 49.02 in the 400 at the Nationals.

• Rob Casselman, 40, who upset James King with a 54.02 in the 400 hurdles.

· James King, who finished second to both Sowerby and Casselman, but,



Massages were in big demand at the Nationals in Spokane, August 13-16.

at age 43, had the best age-graded performances of 97.3% and 97.5%, respectively.

• Shirley Matson, 51, top long distance performer who took to the track at the Nationals with five wins and four U.S. records in the 800 (2:25.29), 1500 (4:57.44), 5000 (18:02) and 10,000 (37:29).

• Jim Lytjen, 71, with three wins in

the Nationals in the 400 (65.82), 800 (2:31.70), and 1500 (5:22.84).

• Bud Held, 64, whose javelin toss of 53.74m/176-4 in Spokane was equal to a 96.7% performance.

• Ralph Miller, 60, who defeated world M60 800 champion Jim Sutton by over 50 meters in Spokane in 2:14.13.

· Larry Almberg, 45, who captured the 800 (1:58.96), 1500 (4:02.40), and 5000 (15:30.45) at the Nationals by wide margins.

• Ken Popejoy, 41, with Nationals' wins in the 800 (1:56.32) and 1500

· Walt Butler, 51, who won the 100H at the Nationals in 14.01 and earlier in the year clocked 13.84 - a 98.5% effort.

. Dan Bulkley, 75, with two world M75 records at the Nationals in the 300H (56.50) and 2000SC (9:46.90).

• Tom Gage, 49, with three strong wins in the M45 shot (14.72/48-31/2), discus (43.78/143-8), and hammer (58.02/190-4) in Spokane.

• Phil Raschker, 45, with eight victories at the Nationals in the W45 100, 200, 80H, HJ, PV, LJ, TJ, and Pentathlon.

• Rex Harvey, 45, who topped all scorers in the National Masters Decathlon with 7422 points.

· Henry Rono and Doug Bell, both 41, whose duel at the Gardena 5000 road race (14:43 to 14:44) was one of the most competitive masters road races ever.

 And many others, too numerous to mention here, who were cited in the last two issues of NMN.

All these athletes, along with others, will be contenders for the 1992 TAC Masters Athlete-of-the-Year Awards which will be chosen at TAC's convention in December in Louisville, Ky.

Sorbothane produces lightweight, shock-absorbing air-infused insoles which can be found at most sporting good stores. Sorbothane sponsors the athlete-of-the-month award every other month in NMN. For his efforts, Whitley will receive a check for \$100 from Sorbothane.

ATHLETES WHO ENTER A NEW DIVISION THIS MONTH, OCT., 1992

Y BROWN FAIRPORT NY)
AINE CATTELL (KENT WASH)
STINE CURTIS (SEATTLE, WA)
FRAWLEY (TONAWANDA, NY) CHRISTINE CURTIS (SEATTLE, WA)
RUTH FRAWLEY (TONAWANDA, NY)
MARION GIBBONS (AZ)
SANDRA KNOTT (CLEVELAND, OH)
ALICE LANGFORD (MILTON-FREEWATER, OR)
LAVERNE MEIER (US)
MARJ MOORE (SAN JOSE, CA)
ANN NAUMAN (BELLPORT, NY)
LUISE HENSHAW NOTTAGE (OSSINING, NY)
CATTY OERTER (WEST ISLIP, US)
MS. PEACH (US)
RENEE ROLOFF (US)
QUEENIE THOMPSON (NEW YORK, NY)
SUSAN WARD (LOS ANGELES, CA)
WENDY WILLIAMS (OAKVILLE, TENN)
DORIT BREUL (WG)
PANAGADANHOUSE CALEYAMMA (IND)
MARGARET SUE DUMBLE (NZ)
ELKE GEIST (WG)
HILLA GERARDS (WG)
MARIANNE HAMM (WG)
AILEEN HOGAN (AUS)
JEAN HORNE (CAN)
GUR BANS KAUR KAMO (IND)
BRIGITTE LANGE (WG)
MARIA MAGYAR (HUN)
GUNNEL MALIK (SWF) DLAND, CA) (BOCA RATON, FL) JIM GILLCALIAND (NZ)
ARTHUR GRAYBURN (NZ)
RUNE GUSTAFSSON (SWE)
KENNETH HALL (GB)
WOLFRAM HAUSMANN (WG)
NATHANIEL HEARD (MARION, MASS)
BUD HELD (SAN DIEGO, CA)
ALVIN HENRY (CARSON, CA)
SILVIU HODOS (FRA)
ALPHONSE JUILLAND (STANFORD, CA)
DALE LANCE (OILTON, OK)
DALE LANCE (OILTON, OK)
SIDNEY MADDEN (SANTA MONICA, CA)
SIDNEY MADDEN (SANTA MONICA, CA) PENDER US

PENDER US

NK PFLAGING (REISTERS TOWN, MD)

PH RATCLIFF (OKLAHOMA CITY, OK)

EF SAHLMANN (WG)

S SCHICKER (FRG)

NK SHORTER (BOULDER, CO)

CE SPRINGBETT (LOS GATOS, CA)

RY STUART (EL TORO, CA)

Y TUTTLE (VENTURA, CA)

WHITNEY (CALISTOGA, CA)



Stan Whitley Photo by Linda Pain

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National Masters News P.O. Box 2372 Van Nuys, CA 91404



MASTERS TRACK & FIELD REPORT

by MARILYN MITCHELL, National Musters T&F Secretary

Minutes of Masters T&F Meeting Spokane, Wash., August 15

Omments on the current championships should be sent to Chairman Barbara Kousky. The 1993 National Indoor Championships will be held in Bozeman, Mont., March 20-21. The entry form will be in th January issue of NMN

The 1993 National Championships will be held in Provo, Utah, August 11-14.

Rule Changes

Proposed rule changes to be submitted to TAC's annual convention in December are:

1) to give meet directors the option of staging a 1500 or mile at championship meets;

2) to formally change regional boundaries, as approved at last year's convention:

3) to eliminate the no-false-start rule;
4) to allow records to be set in event

4) to allow records to be set in events where men and women run together;

5) to stage an indoor 5000 walk;

6) to hold relays with regional, rather than club or association teams;

7 to mandate that all javelins have to land point first;

8) to make sure that WAVA rules are followed.

Weight Pentathlon

Dick Hotchkiss needs volunteers to work on the women's scoring tables. The weight pentathlon will be held as an unofficial event at next year's WAVA Championships in Japan.

Minutes of Masters T&F Executive Committee Meeting — Spokane, Wash., August 12

Age-Graded 100

The committee rejected, 6-7, the allocation of \$200 prize money from the budget for the age-graded 100 at the nationals. It felt it wasn't fair to fund a sprint without providing money for other distances, as well. There were no objections, however, to an outside sponsor providing prize money for a particular event.

Awards

The committee voted, 7-3, to abolish all awards except the nine major ones: administrator, male & female athlete, male and female multi-event athlete; male and female racewalker; male and female single performance.

(Editor's note: Following the general meeting on August 15, at which the 1991 five-year age-group winners were acknowledged, Awards Chairman Bev LaVeck wrote the Committee: "Since so many of you got dewey-eyed at the response to the awards presentations in Spokane, I'll accept the suggestion that we continue giving awards to a representative sample of good masters athletes, based on event, rather than age groups.)

1993 Outdoor Nationals

Although no one on the Committee recalled ever hearing, during the bid process, that Brigham Young U. does not allow Sunday activities, we were told that the information was previously presented, and were thus faced with three options for 1993:

- 1) have a 3-day meet instead of 4 days;
- 2) have the fourth day on another track;
- start the meet on Wednesday instead of Thursday.

The Committee approved the third option, so the meet will begin on Wednesday, August 11, 1993 and finish on Saturday, August 14.

Campus dorms (except for opposite-sex, non-married couples) will be available with meals included.

Grievance Procedure

The committee empowered the Chair to file a grievance in the normal TAC procedure concerning a TAC masters athlete (whose name was not disclosed) who allegedly entered a meet under a false age.

Hall of Fame

The Committee voted, 10-3, to pursue a Hall of Fame project for formal presentation at the convention. A benefactor has tentatively offered to fund a Hall. An ad hoc committee was formed under the temporary chairmanship of Marilyn Mitchell to explore the subject. NMN readers are asked to write Mitchell (address on page 2) as to whether it's a project we should pursue. Do we need it? Do we want it? Will it help promote masters track & field? What form should it take? Would it be in Indianapolis with TAC's Open Hall of Fame? Or in San Diego or some other site? Or is only a plaque needed to commemorate the inductee? Would it be a conceptual Hall of Fame, not a physical one? Would it include LDR and racewalking? How would inductees be selected? Etc.

Permanent Schedule

The Spokane schedule did not strictly follow the permanent schedule — adopted at the 1990 convention — because Spokane used the 1991 Naperville schedule, which had departed from the permanent schedule and nobody apparently noticed. Suggested changes to the "permament" schedule will be made at the convention in December. Among the changes is to hold the women's high jump on day 3 instead of day 1.

Returned Checks

Some meet directors are stuck with bad checks. It was suggested that an unofficial list be circulated among meet directors indicating who the deadbeats were. Cash only for any post-entry was suggested to help reduce such incidents.

Track & Field Rankings Report

by JERRY WOJCIK,

Masters T&F Rankings Coordinator

With the publication of the 400 in this issue, all of the 1992 indoor events have been ranked. The weight throws will be combined with the outdoor marks in the 1992 outdoor rankings book.

The 1993 February NMN will be the last issue from which marks will be taken for the 1992 outdoor rankings. If your best 1992 marks have not appeared in the NMN by then, send them as soon as possible with verification to the rankers listed below. The rankers are on a February 10th deadline, so that the 1992 book can be compiled, printed, and available for the Indoor Championships, Bozeman, Mont., March 20-21.

Marks sent to me or NMN instead of the appropriate compilers will not be forwarded.

The rankers for the 1993 indoor season will be published in a later issue. 100, 200, 400, 1500, 5000, 4x100, 4x400 relays:

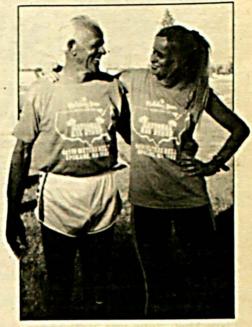
Larry Patz, RFD #1, Box 435, Contoocook, NH 03229

800:

William Benson, 6 Eton St., Valley Stream, NY 11581 3000, 10,000:

John Dickey, 9128 N. Swan Circle, Brentwood, MO 63144-1145

Charles Mercurio, 4927 W. 123 Pl., Hawthorne, CA 90250



Payton Jordan, M75 100 and 200 winner; and Annelies Steekelenburg, W40 high jump champion, at the Nationals in Spokane, August 15, after the Holiday Inn Regional Relay.

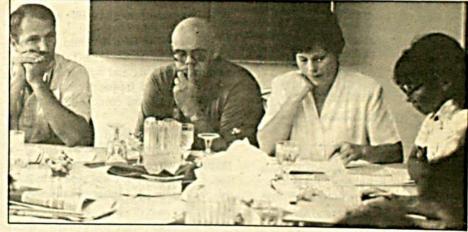
PV

Tomlinson Rauscher, 85 Sunset Blvd., Pittsford, NY 14534

Robb Bong, 420 Silver Saddle Rd., Monument, CO 80132

Mile, both hurdles, SC, SP, DT, HT, JT, WT, decathlon, heptathlon, pentathlon, and 1500, mile, 3000, 5000 track walks:

Jerry Wojcik, 774 Blueridge Dr., Santa Maria, CA 93455. □



Ben Stowell (I) and Finn Hansen of Utah TAC considering plans for the 1993 National Masters T&F Championships, Provo, Utah, August 11-14, with TAC Masters Chairperson Barbara Kousky and Masters Secretary Marilyn Mitchell, TAC Committee Meeting, August 12, Spokane.

National Masters News/Jerry Wojcik

Long Hurdles

The group voted, 13-2, to retain the M70+ hurdles at 300 meters rather than 200.

Foreigners in Finals

Should there be at least 3 or 5 U.S. citizens in a national final? No vote taken.

Site Selection

At the 1991 convention, we decided we could award bids three years out. Thus, at this year's convention, we'll entertain bids for all 1994 and 1995 championships. All bidders will be notified as to who else is bidding. There is some interest from the following cities for indoor or outdoor championships:

1994: Boston, Eugene, Long Beach, Philadelphia. 1995: Boston, Eugene

Bids should be submitted to Max Goldsmith and Barbara Kousky no later than October 1, 1992.

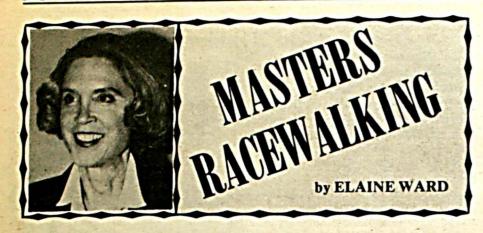
Athletes are reminded that if they don't like where the meets are being held — or even if they do — to contact meet directors in desirable areas and put them in touch with Goldsmith (address on page 2).

1992 Convention

The Executive Committee will meet at 6 p.m. on Tuesday, December 1 in Louisville.

1995 WAVA Games

Singapore withdrew its bid to host the 1995 WAVA Championships. Several U.S. cities have indicated interest, including Houston; Lincoln, Nebraska; New Orleans; and Salt Lake City.

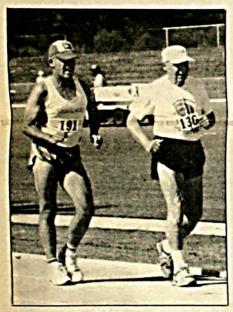


A Trail Of Gold

ary Null, M45, is leaving a trail of gold medals behind him - winning "close to 70 gold medals and setting close to eight age group records" in his racewalking career. His latest acquisition of gold was in the 5K at the national outdoor championships in Spokane. With a temperature of 97 degrees, he walked a very respectable 24:01. The following interview took place directly after the 5K.

In this heat (97°), 24:01 is good. My PR is 22:30. I did that in the spring, but I am not a hot weather racer. Toward the end of the race, I felt like an ice cube on the equator.

When did you start racewalking? I started racewalking when I was 41.



Kirk Deford (49, 27:16) passes Sol Tanenbaum (75, 39:28), 5000 RW, TAC Western Regional Championships, Hayward, Calif., July 25-26. National Masters News/Jerry Wojcik

You had a strong race today. Up until that time, I had done over 400 running races and usually placed in the top five in my 10-year age group. I ran around 50 marathons and raced regularly in New York's Central Park.

> One day I saw a friend of mine racewalking. I thought it looked strange, but when he invited me to racewalk a mile with him, I agreed. I couldn't go 100 feet. My legs ached. My stomach hurt. And I had always thought of myself as an athlete!

> Later, my friend explained that racewalking is better than running cardiovascularly. There is no joint or major injury factor. You move more muscle groups. You burn more calories. You have more range of motion, and you can do it forever.

> What the heck, I thought. How many times do I want to run another 10K in Central Park? So I started racewalking. At first, I would just go out and put in the mileage. I was used to putting in long and hard miles as a runner. I would frequently run 70-80 miles a week, and could hold a 5:00 mile pace racing.

> But when I entered a racewalk, I would come in dead last. It was embarrassing. Everyone would be ahead of me. I was legal, but I was slow. I looked like one of those Frankestein



Walking on air. This walker in the Western Regional Championships, Hayward, Calif., July 25-26, has lost contact with the track. The judge on the walker's right couldn't detect it because his eye is not as fast as the camera's lens and the curb blocks his vision.

National Masters News/Jerry Wojcik

walkers, stiff as a board with no range of motion.

Technique

Then, one day, Helene Britton gave me some pointers. She told me three thing: (1) I was not leaning from the ankles into my walk, so I was pulling my body instead of pushing it.

(2) I was not rolling off the ball of my foot, and not getting that final spring from the ball to the toe. She told me it was a coil and recoil, like a snake. A snake can lengthen its body and strike in about two feet. In walking, the power is from the ball of the foot to the toe in the coil of the metatarsals and the muscles underneath the metatarsals. I was just coming up, leaving the ground at the ball of my foot and wasn't going clear off.

(3) I was not keeping my heel on the ground as long as possible. The reason for keeping your heel down is that the longer my heel is on the ground, the stronger my push-off is going to be and

the longer my stride.

She also gave me imagery to do for hip rotation. I would stand in front of a mirror and would picture doing the rhumba just to loosen the hips.

Improving my technique knocked six minutes from my time and I went from 54:00 to between 48:00-49:00. This was without DQ's or warnings. In fact, I have only had four warnings in my entire racewalking career and those were received when I was doing a 6:36 and 6:41 mile.

Visualization

Are there any special aids that you give masters walkers?

I think that guided visualization would help many masters. When you see athletes at the Olympic level, they use visualization because it works.

An example of guided visualization would be this: Visualize when you are walking that you are riding a bike and that your legs are just churning like a rubber band, smooth and loose and fluid where there is no separation between heel and toe, no lifting and effortless. Picture a white light coming from the middle of your chest so every time your arms come up, you are pulling yourself on a rope. The visualization is that you are not doing it all by yourself, but that you are being pulled by this white light. This makes you go

Or take hill training for another example. I tell people when they are going up a hill to close their right eye, look forward on the ground and visualize going downhill. Without exception, by thinking that you are going downhill, your body thinks it is going downhill and you don't have the same stress.

I have actually tested this. I took people to a hill where they didn't know there was a hill. It was around the bend and about one mile. I had them close their right eyes and just look down in front of their feet so they wouldn't fall. I also had them take their pulse before they started. The whole way up the hill. I kept saying, "It is easy, there is no effort on your heart, no effort on your lungs, no breathing problems; your muscles feel so relaxed, so supple, so elastic."

When they got to the top of the hill, I told them to open their eyes and turn around and look back. They opened their eyes, turned around, looked down the one mile hill and were flabbergasted. I had them take their pulse, and their pulses had barely gone up from the beginning of the hill to th top.

Then I took another group of 20 people up the same hill. I told them, 'Now we are going to climb up this hill." Every step I said, "Oh, this is hard. I can't even breathe on this hill." When we got to the top, their pulse rates had almost doubled.

Negative Splits

Nick Bdera taught me this lesson. We were in a 10K race. There were a lot of fast walkers in the race and when we went out, Nick said, "Stay with me." And I did. I also said, "Nick, we are dead last!" There were about 80 people in the race, and we were the last two people. He said, "Don't worry. Now that we have gone a quarter of a mile, we have our breathing and rhythm down and are relaxed. Now we're ready to start pulling them in. We are going to do negative splits. Every mile we are going a little faster."

It doesn't seem like 15-second drops would make a big difference, but the time savings accumulate. We started pulling in everybody, and came in 5th and 6th overall in that race.

Continued on page 13

Errors Noted in Spokane Results

by BEV LAVECK National Masters Racewalking Chairman

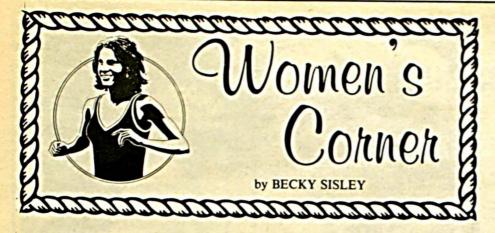
There were several errors in the published results of the 5K racewalk at the National championships in Spokane, August 13-16. The corrections are listed in this issue's results section.

There were differences between the official times - as recorded by the official timers - and the times taken by unofficial lap counters - who wrote down all split times. The times recorded on the latter's lap sheet are more accurate than the official times.

Polly Clarke, who probably set a new AR, didn't have a lap sheet and was given the "official time" that really belonged to Rose Kash, who finished one place ahead of her. Fortunately, Clarke's husband timed her correctly. This was verified the following day by checking the Accutrack photo.

This all goes to stress the extreme importance of having independent lap scorers write down the actual running time of each lap for each competitor. Even when a skillful finish-line judge makes no lap counting errors and has competitors go the correct number of laps, the timers — or person operating the chronomix button - can make er-

High praise goes to Lawrie Robertson, who pulled the walks together, and to Barney Kinnick, for his work on the road course. 2



Exercise and Osteoporosis

steoporosis is a severe bone loss or thinning of bone. Old bone is constantly breaking down and making new bone tissue. By our mid-30s, we start losing more bone than we make.

Osteoporosis affects up to 20 million U.S. residents yearly, mostly women over age 45. One in five women with hip fractures — about 40,000 in all — dies of complications, making osteoporosis a leading cause of death among older U.S. women.

Early menopause, low calcium intake, not enough exercise, drinking alcohol, and smoking cigarettes add to a woman's risk of getting osteoprosis. Since osteoporosis is essentially an irreversable disease, the optimum solution lies in prevention rather than treatment.

After menopause there can be a dramatic increase in the rate of bone loss because of reduced secretion of estrogen. Some menopausal changes can be relieved by replacement-estrogen.

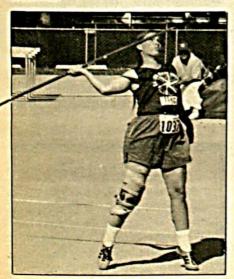
Can physical activity alone prevent osteoporosis? It remains to be seen. There are only a few studies comparing bone density between female athletes to non-athletes. However, those few results uniformly show a higher bone mineral content in active women. A 1985 study found women in the Over-50 Runners Club had 40% greater bone density than expected for their age group. Studies caution that the exercise must be weight-bearing in nature. Thus, activities such as running, walking, hiking and tennis are good, while swimming and biking are ineffective.

(Becky Sisley is an active masters competitor who lives in Eugene, Oregon. Her article is based on her own research into the subject of osteoporosis.)



by MIKE CARIGNAN

Ninety-five competitors participated in the Montana Masters Meet in Bozeman, July 31-August 1, earning 115 medals using the meet's own set of standards. Mavis Lorenz added to her javelin world record set earlier in the summer with U.S. records in the W65 long jump (11-9½) and discus (84-9). Sixty All-American standards were achieved.



Deborah Eckhardt, 32, of New York, tests the knee in a run-up before taking a second (65-4/19.92) in the W30-34 division, TAC National Masters Championships, Spokane, Wash., August 13-16.

National Masters News/Jerry Wojcik

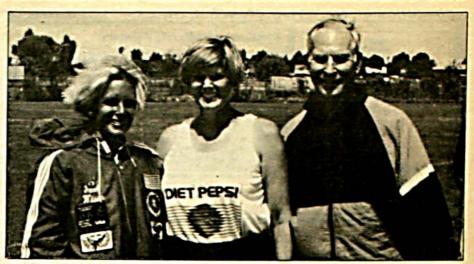
Tom Gage, who will turn 50 one week before the Indoor Championships in Bozeman, March 20-21, was the top age-graded performer with a 192-1 (94.9%) in the hammer. The 5000m times were outstanding, considering the 4900' elevation at the Montana St. U. track. The top five scorers for the winning Helena Cougars club each won \$50 in the team competition.

Manuel White, M75, was honored by having his image on the meet medal, as was Herb Kirk last year. Kirk, still active on the M.S.U. faculty, was the meet's oldest athlete at age 96.

Conditions were 80-90° and calm throughout the meet. □

Five Years Ago

- Laurie Binder Sets W40 Record (1:18:31) in America's Finest Half-Marathon
- Chris McCubbins (M40, 30:57) and Barbara Filutze (W40, 35:31) Win Asbury Park 10K
- Twin Cities Marathon Offers \$40,000 in Masters Prize Money



Janet Wilson, 39, after breaking the U.S. age discus record of 34.36m with a 44.92m, Western Regional Championships, Hayward, Calif., July 25-26. Wilson is flanked by her coach, Wilbur Thompson, M70, 1948 Olympic gold medalist (OR 17.12), and his wife, Nan.

Photo by Jerry Wojcik

Rocky Mountain Games Draw 132 to Boulder

The University of Colorado's Potts Field in Boulder played host to 132 athletes, age-30-and-up, in the 12th annual Rocky Mountain Masters Games on September 5-6 under near perfect conditions.

The most popular events were the 100 (39 starters) and 50-meter dashes (36 starters). Geoerge Crunkleton, 36, had the day's fastest times in the 50 (6.16), 100 (11.21), and 200 (22.62).

World Vets sprint champion Hugo Hartenstein, 57, absent from this year's nationals, captured the 50 (6.85) and 100 (12.78). Jack Greenwood, 66, another world champion who missed the nationals, was also back in action.

Pearl Mehl set two single age-78 marks in the 1500 and 5000. Mike Hill, with 3788 points, outscored everyone in the pentathlon, while Scott Genther, 36, heaved the discus a healthy 159-8.

The annual Labor Day weekend event is open to all persons over age 30 and features expert officiating with records-verification and electronic timing.

-from David Simons

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Pagliano's Podiatric Pointers

THE FOOT BEAT

by JOHN W. PAGLIANO, D.P.M.

Neurological Foot Problems

I am a 45-year-old female runner who periodically experiences very severe pain in my toes. The soreness is mainly in the middle area of my foot, and is sometimes accompanied by a numbness or tingling sensation. What could be causing this problem, and what can I do to alleviate it?

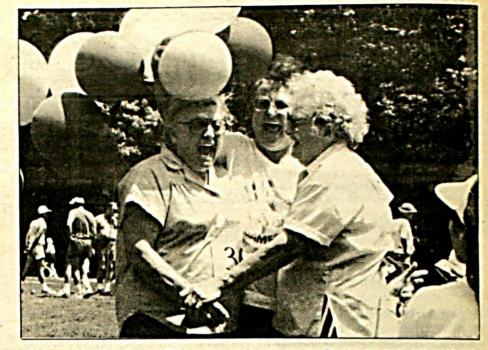
The condition you describe may be attributed to some type of neurological disturbance in the foot. The most common ailment of this type in runners in called Morton's Neuroma.

The nerve that runs between the third and fourth toes is very susceptible to damage in active sports such as running. When it becomes irritated, it swells, causing a painful neuroma. The pain is often aggravated by squeezing the foot sideways, or by pressing between the third and fourth toes. In severe cases, the pain may even shoot up into the entire foot.

Neuromas are irritated by poorlycushioned shoes, and shoes that are too narrow. Changing to a well-cushioned, wider shoe that does not squeeze the forefoot is a good idea. Adding an insole or a 1/4-inch metatarsal pad to the shoe should help to relieve forefoot pain.

If the condition persists, you should be examined by a foot specialist. In many cases, a custom-designed foot orthotic can help to control excessive foot pronation. Steroid injections can help reduce nerve inflammation, and, if all else fails, the neuroma can be removed under local anesthesia.

(Dr. Pagliano is a runner and a podiatrist in Long Beach, California. He is a member of the American College of Sports Medicine. If you have a foot, ankle or Achiles question, write to Dr. John Pagliano, The Foot Beat, NMN, Box 2372, Van Nuys, CA 91404.)



The three sisters from Queens, NYC, do it again! Rose Ruston and Pearl Auerbach of Jackson Heights and Sylvia Swartz of Forest Hills (I to r) laugh it up after each took the golds in the shot put, javelin, and discus at the Sri Chinmoy Masters Games in Queens, June 11. The sisters competed in three different age categories and each set meet records.

Photo by Adarini, Sri Chinmoy Marathon Team

A Day of Victories: Sri Chinmoy Masters Games

by NILPUSHPI WHITE

Victory Field, Forest Park, Queens, New York, proved true to its name on July 11, at the annual Sri Chinmoy Masters Games, as 171 athletes, age 40 and over, scored victories of many sorts. On this sunny Saturday, victory meant setting meet or personal records, crossing the finish line first, or simply crossing the finish line.

Ivan Black, 43, won the overall trophy for the men. In the morning he thought he had a chance to win the big trophy, but as the day wore on, he saw "the older guys competing in every event — often with little or no competition," and he began to lose hope. What he didn't know was that a graded scoring system took these inequities into account. If someone won and there was no competition, they got one point — if there was competition, they got three points, Ivan competed in 10

events, earning 18 points with four firsts.

Games founder Sri Chinmoy, 60, powered his way to the finish tape in the 100 in 13.7, a PR and a new meet record. Second was Tom Talbot, 60, (14.2). The two swiched places in the 200m with a breathtaking photo finish— Tom's 29.6 just a hair ahead of Chinmoy's 29.7.

The three sisters, Pearl Auerbach, 70, Rose Ruston, 76, and Sylvia Swartz, 80, were back again, this year trailing clouds of glory from the New

York State Senior Games held in Portland, N.Y., June 11-14, where they won six gold medals each. The sisters have been gathering up the gold since they began competing in 1987.

The overall winner for the women, with 23 points, was Zofia Turosz, 54, who travelled from Hartford, Conn., for the meet. This is her second year in a row winning the overall trophy. Her mile race walk (9:02) topped the time in all the women's age-group categories by a full minute; so did her 6-minute mile run. Now that's some victory!

West Virginia Hosts Midwest Masters Meet

by JERRY WOJCIK

Competitors in the Midwest Masters Track and Field Meet, held at Marshall University, Huntington, W. Va., on August 1, surpassed 35 All-American Masters Standards of Excellence and broke over 60 meet records.

James Stookey, M60, posted three solid wins, in the 100 (13.14), LJ (16-31/4), and TJ (32-21/2). Stookey

later won the M60-64 triple jump in the National Championships in Spokane.

Among the men's double winners were Scott Hartman, M40, 200 (24.10) and 400 (53.17); Larry Pratt, M50, SP (43-7½) and DT (162-10); and Bill Weinacht, M75, 100 (13.71) and 200 (29.44).

Lucille Sampson, W60, earned women's All-American honors in the SP (26-4½) and DT (62-70).

The meet was staged by the West Virginia Association/TAC, with David Stooke, Masters Chairperson, serving as director.

Ten Years Ago

- Antonio Villaneuva, 42, Tops All Masters With a 2:13:41 in the Nike/Oregon Track Club Marathon
- Thane Baker, M50, Blazes to a 200 WR (23.4) in Rocky Mountain Games
- Eleven WRs Fall in First WAVA Decathlon Championships in San Diego
- British Olympian Tim Johnston Wins 10K (31:00) and Marathon (2:22:18) in World Veterans Distance Running Championships

DEADLINE

NMN is written by masters athletes for masters athletes. We need and welcome your reports of meets, races, schedules, photos, comments, etc. Deadline for editorial material and advertising is the 10th of the month before date of issue. Send to National Masters News, P.O. Box 2372, Van Nuys, CA 91404.

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Masters Racewalking

Continued from page 10

It taught me a lesson about negative splits. At the beginning of a race, I always see people getting psyched and nervous with their adrenalin pumping. The danger of adrenalin is this: Adrenalin will get you super-psyched, super-hyped and super-strong for about 30 to 60 seconds. Then, it falls below normal and you experience a physical depression. As a result, those people who try to psyche themselves or stimulate themselves with caffeine, get a momentary rush and then a big drop off.

What do you think of the masters program generally?

I think that masters walking should be better promoted. And I will tell you why. I would still be running today at 47 if I hadn't met my racewalking friend that day. At least 80 percent of the runners I know would walk if they were told more about walking, if they understood it, and were given clinics about it. I feel that the racewalking community has a responsibility to talk more to the running community, to offer free clinics, and to encourage them.

I have a runners' group and a walkers' group in New York. We train, on average, 200 racewalkers per season and there are two seasons a year. Joan Rowland, Queenie Thompson, Thelma Wilson, Leo Rivera, and Liz Galasso—these are people who started from scratch and have become fine athletes.

Is there anything you'd like to say to new masters racewalkers?

I think that masters are the best learners. First, masters have the patience and the life experience to learn. A lot of young people get very impatient with themselves, and if they don't do well, they drop out. No matter what age a person starts, the key is to be patient and look around to see what information works. In other words, you have to honor your body and honor that your body is unique. No matter whether you are short or tall, have arthritis in the knees or back, make your body work for you as well as it can. Walking will add quality to your life.

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October

October 25th

SIXTEENTH ANNUAL CANADA vs. U.S.A. MASTERS CROSS-COUNTRY CHALLENGE MATCH

Run For Your Country

This event goes back to the heady days of 1977, when we were still discovering the joys of masters sport and the international friendships it promoted...

We meet again every year, but every year is different and new.

The FLEISHMAN CUP changes hands more often now. Who wins in '927

Cross-country - the end of the season - the breath of winter in the air - the challenge of the course

THIS YEAR, our annual challenge will take place in St Catherines, Ontario, in the grounds of Brock University, on Sunday Oct. 25th.

The location has been chosen to make it easier for those south of the border to make the trip. AND, we have arranged block booking at a Skyline hotel in Niagara Falls, overlooking the Falls, at a sweetheart rate which includes dinner the night before. This year's event can be a real celebratory party!

ELIGIBILTY: Women over 35. Men over 40. AWARDS to First Three In Each Five Year Age Class

SCORING: will be based on 5-year age divisions starting at age 15 for women and age 40 for man. Age on race day will determine competitor's age division. Finish PLACE will count, not time. The team with the lowest total number points in all age divisions will

team with the lowest total number points in all age divisions will win. We have a scoring system which gives every runner an opportunity to score, without giving unfair advantage to the host country. It has two main provisions:

— in divisions with runners from both countries, the lowest number of starters from either country will determine the number to count (but note that even below that number, you will still affect the standing of a runner from the other country);

— if one country has no competitors in an age division, the number to count will be 1, if one country has only 1 runner, or 2 if there are 2 or more, with the defaulting country being assigned points as though they had one or two runners finishing last:

(Example: Canada has 1 runner only, U.S. none:— Can. 1pt; U.S. 2. Canada has 7 runners, U.S. none:— Can. 3 pts., U.S. 17.)

5705 Falls Avenue ACCOMMODATION: Skyline Brock Hotel Phone (416) 374-4444 Ni Fax (416) 374-0885 On Mention Can-Am Challenge Niagara Falls Ontario LZE 6W7

The deal is - \$65 canadian room rate; single or double occupancy.

This includes all taxes AND a set dinner the previous evening. We have a block booking for a rew rooms on the Friday evening and for more on the Saturday evening, so book early. With this deal you can spend some time by the Falls in a good hotel at a great price. Bring someonel only on the Sunday morning does life get serious!

RACE TIME! 11130 a.m., Sunday October 25th. 81c - 2 loops

> Brock University is about 36 miles from Buffalo, 12 miles from Niagara Falls. Take QEW. Exit south at Exit 49, near St. Catherines, onto 406. Drive 6 miles on 406 to St.David's Road West ... turn right and it is only a short distance to the University.
>
> Park in the Phys. Ed. parking lot. The Phys. Ed.
>
> block has changing facilities.

...out here..... CAN/AN ENTRY PORM NAME 1(please print)..... COUNTRY:.... AGE ON Oct. 25th:

ADDRESS:Postalcode.....

Phone # (home).... (bus)....

Competitor's entry fee enclosed: J.S.\$ 10 ... or Can.6 12 ...
Additional barbeque(s) : 8 U.S.\$ 4 ... Can.5 5 ... Can.5 Total: (for accompanying guests) Total!

Please sign the waiver on the other side.

Are you booking into Skyline hotel Friday?.... Saturday?

Mexico Hosts Championships

Continued from page 1

There were 420 athletes from eleven countries (Canada, Chile, Costa Rica, the Dominican Republic, France, Mexico, Puerto Rico, South Africa, Trinidad/Tobago, U.S. and Venezuela). As expected, most of the participants were from Mexico. The USA was represented by 44 competitors.

Aside from a few meet problems, including no judges for the track walk, some initial lap-counting problems in middle distance events, and initial failure to locate the pole vault cross bar (a neon-colored bungee cord was used for some of the warm-ups), the meet progressed well. There was no wind gauge . . . but that also occurred at the U.S. open championships in 1991.

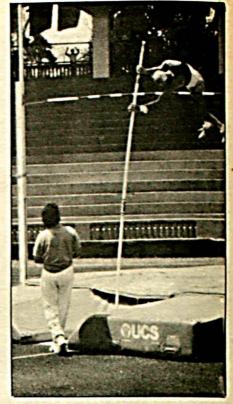
Marcellino Contreras, meet organizer, said "we experienced troubles because the support from the official Mexican sports bureau was insufficient and void, but the games were a success and I congratulate all the athletes who participated."

The competition was in many cases quite keen among athletes and there was plenty of good cheer and fellowship among the athletes to make the trip worthwhile. Visions of having no hotel room faded and were replaced by positive images.

At least two days had long day-time breaks, presumably for the heat, which afforded time for side trips to the archeological museum or to nearby towns or ruins. Many of the competitors enjoyed themselves so much that they asked the meet organizers to consider another regional meet, perhaps in the vicinity of Mexico City, in the future.

The North American Assembly elections resulted in several new officers:

President & WAVA Delegate: Rex Harvey, U.S.A.; Vice President: Marcellino Contreras, Mexico; Secretary: Xeno Constance, Trinidad/Tobago; Treasurer: Jack Loman, Canada; Stadia Chairman: Don Farquharson, Canada; Non-Stadia Chairman: Norman Green.



New Hampshire's Boo Morcom, a 1948 Olympian, vaults to a new U.S. M70 record of 3.15m (10-4) at the WAVA North American Championships August 19-23 in Xalapa, Mexico.

Photo by Bill Brobst

	ARTICIPANTS IN MERICAN CHAMPI		
		Hen I	lonen
1	Canada	14	5
2	Costa Rica	4	0
3	Chile	1	0
4	France A	5-01 a	.0
5	Dominican Republ	ic 4	1
6	Puerto Rico	.4	0
7	Mexico	245	88
8	South Africa	1	0
9	USA	32	12
10	Trinidad & Tobag	0 4	2
	Venezuela	2	0
	Total	312	108

U.S.A.; Multi-Event Chairman: Liz McBlain, Canada; Racewalking Chairman: Robert Fine, U.S.A.; Women's Representative: Ruth Anderson, U.S.A.

After the election a new constitution was discussed and adopted, with details to be given in a separate article by Harvey.

Complete results next month.

Miyazaki '93 one year to go!

Northwest Event Management, Inc. will be conducting one of its highly acclaimed tours to Miyazaki, Japan in October of 1993 for the Xth World Veterans' Championships.

We've been to Miyazaki, and can tell you that the track & field facilities are about the best we've seen for a World Championships. We have our hotel rooms blocked, and are anticipating a great tour to Japan next year.

If you would like to receive information about the Miyazaki Tour as it becomes available - with absolutely no obligation - mail or fax your name & address to: NEM, Inc., Box 10825, Eugene, OR 97440. FAX: 503/687-1016. PHONE: 503/687-1989.

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Ogden Stars in British Championships

by JERRY WOJCIK

Jo Ogden, W65, was the star of the British Veterans Athletic Federation Track and Field Championships held in Copthall on a hot and humid July 18-19 weekend.

Her five gold-medal performance included a javelin world record of 30.58 (old record 25.80) and four British records in the 100 (14.84), 200 (31.34), SP (9.08), and HT (28.58).

Other national records included a 14.86 in the 100H by M50 Berry

Ferguson, who won (14.98) in the European Veteran Championships in Norway, and a 17:10.9 5000 by M60 Laurie O'Hara. The new BVAF Chairman, Keith Whitaker, showed his pedigree by winning (48.77) the M60 300H

Guest athletes included U.S. competitors Nate Robinson, M40 hurdler, Ed Matthews, M70 sprinter, and Jerry Donley, M60 pole vaulter, who all finished first in their specialties.

WAVA Championship Continued from page 1

for second (30:51), ahead of German Ingo Senzburg (30:53).

Britisher Alun Roper took the M45 race in 31:18 from Belgium's Omer Van Noten (31:24). Bill Stoddart of Britain won the M60s in 35:23 before returning the following day to surprise Norman Green of the U.S. in the 25K, with a 1½ minute victory in 1:34:50.

Britain's Bronwyn Cardy-Wise, W40, was first overall in the women's 10K in 35:04. In the W45 class, there was a battle between Pat Gallagher and Elaine Statham of Britain, won by Gallagher in 37:14. She was, however, headed by the Swiss W50 Ursula Odermatt (37:04). Jose Waller of Britain took the first of two golds in the W70 class, with a 49:46.

McLeod felt the Championships lacked many top veteran runners like Joe Nzau, Nick Rose and Pierre Levisse.

"I can understand why Nick and the rest of the boys weren't here," he told Duncan MacKay of Athletics Today. "They have to make a living out of the sport."

The 25K was of a lower standard, but was also badly affected by weekend rain and hailstorms that at one point slowed the leaders to a jog where the road was turned into a lake. Eventually, the pace picked up and Britain's Dave Hill broke clear at the 19K mark to win from the former East German marathoner Klaus Goldammer, in 1:22:08.

There were serious problems with results which led to protests at the prize giving.

Liz Hughes of Britain had suffered from a virus last year but recovered to win this race by four minutes in 1:33:58. Sue Coxshall (W40, 1:38:17), Britain, Yerti Wettstein (W45, 1:38:31), Switzerland, and Christine Fuchs (W50, 1:39:03), Germany, all gave good age-graded performances, with the British women cleaning up in the older groups.

There were few entries from outside Europe. One South African appeared, but the Australians were absent. It was disappointing that the American presence was also limited, especially as the dollar had only dramatically weakened after entries closed.

The WAVA Non-Stadia Committee met during the weekend and voted to give priority for the 1994 Championships to Toronto in late July if its formal bid is received before November 1, 1992.

If Toronto fails to file such a bid, misses the deadline, or is perceived not to be ready for the championships (to be determined by a site visit), the 1994 Road Championships will go to Brugge, Belgium.

The Committee voted to recommend to the WAVA Council the addition of a 20K walk for women and a 30K walk for men to the 1994 Championships.



Bill Bangert, M65, at the post-meet dinner with his daughter Celia (I) and her friend Mandy (r), South African Championships, Krugersdorp, May 8-9. Bangert won golds in the shot put (11.45) and discus (37.30), and finished second in the Weight Pentathlon (3304) behind J. Visser (3316).

Photo from Laurie Wale

Brugge Veterans 10K & 25K Held in Belgium

The Brugge Veterans Races in Belgium, which originated in 1972, were held this year on June 20-21. Russian Michael Ulymov, M40, took the 10K race by ten seconds from Ken Woodhouse, Great Britain, with a 31:46. The M45, M50, and M60 races also went to Russian Runners.

Pat Gallagher, W45, Great Britain, ran an amazing 37:22, finishing 24th overall, to take the women's 10K from Diane Underwood, W35, Great Britain,

tain, who closed in 38:08.

Forty-five-year-old Omer Van Noten of Belgium won the 25K by nearly two minutes with a 1:18:37, leaving second to Britain's Dave Hill, M40, 1:20:20.

In the women's race, Belgians Vicky Hendrickx, W35, 1:39:10, and Lisette Devoogt, W45, 1:41:58, finished 1-2.

Other represented countries included the U.S., France, Holland, Ukraine, and Lithuania.



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U.S. MASTERS TRACK & FIELD RANKINGS

(Coordinated by Jerry Wojcik, T&F Rankings Chairman)

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1992 Indoor	KEVIN LOZANO 58.20	DAN WELLER 1:00.50	BOB FUHRMAN 1:02.80	SAM MADIA 1:11.70	WOMEN'S 40-44
	21- 30	PHIL DORFF 1:01.20	DAVID AYERS 1:03.51	BOB PARSONS 1:12.90	1- 10
400M Rankings	JEFF WATRY 58.61	JOE DEMAIO 1:01.80	PAUL DAVIS 1:04.89	OSCAR HARRIS 1:14.50	BETTY CLAIRSEARCY 1:02.94
Compiled by Larry Patz	HERTSTON HALL 59.03	LARRY ISLER 1:02.04	BOB EVAN 1:09.80	HOWARD MACMILLAN 1:15.00	DEBBIE ANDERSON 1:03.20
and Andrew McNeil	GARY MARTIN 59.40	RAY PANEK 1:03.80	JAMES BANKS 1:11.18	CHARLES MCGARVEY 1:17.80	DONNA SETTLES 1:05.29
NAME. TIME	BOB STROUT 59.40	P. HOGAN 1:05.52	G. KAPSULLS 1:11.66	11- 15	JENNIFER PINTO 1:06.90
MEN'S 30-34	JOHN JENKINS 59.40	MEN'S 45-49		WILLIS MOSES 1:19.12	DEBBIE STILES 1:07.26
1- 10	HAROLD JENKINS 59.80		MEN'S 55-59	ROBERT WINGO 1:20.12	KATHY PIERCE 1:07.40
CHRISTIAN GIBSON 50.10	GREG HANSON 1:00.00	STANLEY WHITLEY 51.97	LARRY COLBERT 55.96	SID TOABE 1:21.80	ELIZABETH RIORDAN 1:08.40
ROBERT ABDULLAH 50.70	JOHN FERRARI 1:00.10	ROGER PIERCE 53.80	KEN BAKER 57.62	BUZZY HOOD 1:23.92	KATHY NARY 1:09.10
FRED FEASTER 52.20	TED BIELEFELD 1:00.53	MARKUS HEIDELBERG 54.20	RICHARD RIZZO 57.70	ROY ENGLERT 1:37.13	RHONA TROTT CAN 1:12.05
J. SMITH 52.41	NICK JUENGER 1:01.25	RON JOHNSON 54.37	JAMES MATHIS 58.10	MEN'S 70-74	KATE MCKENNA 1:13.50
V. ROGERS 54.06	MEN'S 40-44	GORDON REITER 56.10	CLIFFORD PAULING 58.41	1- 10	11- 16
FRANK MAKOZY 54.60	1- 10	G. ROBINSON 56.53	PAUL JOHNSON 58.71	EDWARD MATTHEWS 1:09.10	BOBBI LINDABURY 1:15.79
CARLTON WARD 54.74	FREDERICK SOWERBY 50.16	CEASAR AUSTIN 56.62	FRED SCHLERETH 1:00.70	JAY SPONSELLER 1:10.15	RENE BLENDEN 1:16.69
MICHAEL VORHESS 54.75	JAMES KING 50.29	CHIP ROBINSON 56.80	ROBERT COZENS 1:01.90	JOHNSON 1:11.10	MARCELLA HALE 1:20.45
JAY MATHIS 54.90	BILL COLLINS 51.31	PAUL HENRY 57.43	JOSEPH HEMLER 1:04.20	JIM MANNO - 1:11.20	KARYL COLARUSSO 1:22.55
JOHN FOLAN 55.10	DOREL WATLEY 52.19	MIKE RADOY 57.80	IRWIN BERNSTEIN 1:04.36	JOHN MCCARTHY 1:23.97	JULIE RUSSELL 1:29.63
11- 20	THOMAS THOMPSON 52.22	BILL HENRY 58.40'	11- 18	GEORGE RAJCEVICH 1:26.99	ALICE WINKLER 1:41.25
GREGORY STEPHENS 55.20	STAN DRUCKREY 52.30	ED LILLIS 58.49	TONY DAPONTE 1:05.40	ROBERT WARWICK 1:27.03	WOMEN'S 45-49
DAVID KNAUS 55.33	RALPH PENN 52.40	GARY PATTERSON 59.46	JAMES BRADLEY 1:05.90 RICHARD CROAK 1:06.40	RUSSELL MORE 1:27.80	1- 6
LAWRENCE FIRLEY 55.95	- THOMPSON 53.80	LARRY SIMMONS 59.60		CLARENCE OSBORN 1:45.30	PAMELA DUNCAN CAN 1:06.29
M. EGLE 56.08	RALPH MOSCHELLA 54.10	MICHAEL BILLMAN 1:00.21	J. McDONALD 1:07.20	EARL COLE 1:50.20	LINDA UPTON 1:08.40
FRED HERVERT 56.51	ROB JACKSON 54.60	VICTOR BROUSHET 1:00.76	PHILIP PLANT 1:09.20	MEN'S 75-79	NADINE LOWENSTEIN 1:11.62
RODNEY WILSON 57.30	11- 20	K. SMITH 1:02.22	RAY EILAND 1:21.72	MILO LIGHTFOOT 1:24.75	LORRAINE TUCKER 1:15.33
KEVIN GOLDSTEIN 57.60	DONALD HODGE 54.60	PETER FELDMAN 1:02.40	FRED WIMMER 1:23.00	MEL FLACHS 1:29.50	CATHY PRIMMER 1:17.06
MIKE SHANNON 57.90	GREG FLORANT 55.10	MARSHALL FISHER 1:02.60	MEN'S 60-64	FRED WHITE 1:32.50	PEGGY SMITH-HITE 1:24.58
JEFF BROWER 57.91	CHRIS WEIGL 55.19	BOB CHINCHILLO 1:02.70	1- 10	HAROLD MASSIE 2:16.50	WOMEN'S 50-54 .
DAVID HEIDLER 58.40	PHILIP FELTON 55.30	21- 26	HARRY BROWN 1:01.56	THE PROPERTY OF THE PROPERTY O	A. ROSENITSCH CAN 1:09.15
MEN'S 35-39	WARREN CLARK 55.64	BOB BRIDGES 1:03.20	GORDON SEIFERT 1:02.85	MEN'S 80-84	WOMEN'S 55-59
1- 10	ROBERT IHNE 56.15	ROGER STEELE 1:03.70	ANDY ANDERSON 1:03.62	VIRGIL MCINTYRE 1:31.76	CAROLYN CAPPETTA 1:07.60
MICHAEL MCDOWELL 50.55	RONALD MCDONALD 56.20	MIKE CACCUITTO 1:04.50	CHUCK SOCHOR 1:04.67	RICHARD LACEY 1:43.99	CAROLE AUSTIN 1:19.80
GEORGE CRUMMEL 52.10	PERSHING REID 56.20	TOM CARPER 1:04.82	BERNARD STEVENS 1:04.86		SALLY STIEGELM' ER 1:20.99
DON MCNEILL 52.60	MILES COVERDALE 56.50	BOB CONGDON 1:05.30	JACK GREENWALD 1:05.10	WOMEN'S 30-34	KATI MCINTYRE 1:21:45
JAMES EASTER 52.80	TIM DICKENS 56.80	THOMAS J HARTMAN 1:06.10	ROGER HOCKER 1:08.01	1-19	
ADRIAN STERRETT 53.20	21- 30	MEN'S 50-54 1- 10	D. KLINGENSMITH 1:08.13	STEPHANIE VEGA 57.70	BETTY VOSBURGH 1:20.26
ROBERT E BOWEN 53.29	BILL KRIEGER 57.10	WILLIAM BURRELL 56.22	DICK EDMONDS 1:09.82	LOUISE CLARK 1:02.07	MARYANN CARRINO 1:44.50
CALVIN SAULSBERRY 53.60	TOM CUNNINGHAM 57.20	EDWARD SMALL 56.23	BILL BOWERS 1:09.90	JOAN STERRETT 1:04.20	CONNIE BUTLER 2:20.44
MATT RECKMEYER 54.10	THOMAS LITTLE 57.40	STEPHEN IRELAND 57.91	11- 15	MONICA HIRIS 1:05.03	MARY ANN CAVICCHI 2:33.62
RON TAYLOR 54.10	ALAN TAYLOR 57.70 BOB MICHO 57.70	GLENN SHANE 58.87		MAURA GILL 1:06.40	MANAGEMENT OF THE RESTAURT FROM A SHARL AND A SHARL AN
DAVID ORTMAN 54.20		RICHARD RIZZO 59.10		BERNADETTE CREED 1:06.50	WOMEN'S 65-69
11- 20	DAVID GOODRIDGE 58.00	BILL MCILWAINE CAN 59.10		CAROL ASAM 1:08.62	PATRICIA PETERSON 1:25.57
HORACE HUDSON 54.30	BOB BURKE 58.30	JOE JOHNSON 59.92		MARY CLAEYS-OTTO 1:10.20	DOTTIE GRAY 1:30.59
WILLIAM CHEADLE 54.96	RUSSELL FLOYD 58.60	BOB O'BRIEN 1:00.90		K STUART-SMITH 1:19.10	MARGOT MCCAFFREY 1:38.20
KEITH WITHERSPOON 55.01	MIKE CONWAY 58.90	JIM STREEBY 1:01.05	MEN'S 65-69		WOMEN'S 70-74
RON FISHER 56.12	BEN DRAPER 58.90		1- 10	WOMEN'S 35-39	CAROL PEEBLES 1:45.03
DON JONES 56.20	31- 40	11- 20	WILLIE BLACKMON 1:03.17	IRENE THOMPSON 1:03.40	DIANE FRIEDMAN 1:45.72
FRANKLIN KNOX 56.30	DAVID LARSON 59.00	THORNTON SHELTON 1:01.83	JIM LAW 1:03.56	JEAN ROEDER 1: 11.64 DIANNA BEST 1: 12.57	VERDA COPES 2:43.88
WARREN FISHER 56.70	JOSE MARTINEZ 59.40 ED LYONS 59.50	LAWRENCE HARVEY 1:02.00	ROBERT NAYLOR 1:06.30 MELVIN B. LARSEN 1:07.78		WOMEN'S 75-79
KERMIT HUMMEL 57.54	NOAH PERLIS 1:00.30	BARRY KLINE 1:02.16	JOE BERGTHOLD 1:11.40	GERALDINE ANTHONY 1:23.52	PEARL MEHL 1:51.05
BRIAN BOHNE 57.78	1100.90	BARRY KLINE 1:02.20	111.40	1:23.32	Torona Filana



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MASTERS SCENE

NATIONAL

- Omitted from the 1992 National Masters T&F Championship results, September NMN, was the M75 5000 RW, won by Bill Peterson, Greensboro, NC In 33:21.6, with Bill Tallmadge, Kentucky, second (33:50.5), and Don Johnson, New Jersey, third (34:48.1).
- Steve Shopoff (45, 6:04:44), El Paso, TX, and Barbara McLeod (54, 8:08:10), Ontario, Canada, were the top finishers in the National Masters 50 Mile Championships, Columbus, OH, March 29.
- Baton Rouge, LA, is the host city for the U.S. National Senior Sports Organization Classic IV - The Senior Olympics - in June 1993. The 1991 event - a biennial multi-sport competition for men and women age-55-and-over drew over 4000 to Syracuse, NY.
- Bill Rodgers captured TAC's National Masters 20K Championships with a 63:07 (\$1000) on September 7 in New Haven, CT (17th overall). Doug Kurtis (63:48, \$600) was second 40+ and 21st overall. Carol McLatchie (73:46, \$1400) was first woman-over-40 and sixth female finisher. Barbara Filutze (74:13, \$700, 9th) and Nancy Grayson (75:12, \$450, 12th) were runners-up. Complete results and story next month.
- Marty Post, masters researcher extraordinaire, says to watch out for France's Jean-Michel Charbonnel, who ran a 2:12:39 marathon in Paris last March a month before his 40th birthday. He's scheduled to run Twin Cities (also TAC's National Masters Marathon) this month.

EAST

. The best LDR bargain for November is in one of the most expensive cities in the U.S. - New York. For a mere \$8, you can run in the National Masters 15K X-Country Championships in the

- Bronx, November 29, get a souvenir T-shirt, and indulge in a complimentary after-race buffet. The NYRRC and the Millrose Team, with the help of the Metropolitan Athletics Congress and the NYC Dept. of Parks and Recr., are organizing the event. See LDR Nationals in schedule.
- · George Bonzet, of South Africa, logged a masters win, with an eighth-place 1:11:08 in the NYRRC Hispanic Half-Marathon, Central Park, August 16. Vincent Gaines, 45, was second in 1:15:56. Ann Davies, 45, took the W40 + race in a seventh 1:28:34. Muriel Merl, 66, was W65 winner in 1:57:01. Finishers numbered 1481 men and 481 women.
- Paul Mascali, 40, NYC, was first of 472 finishers with a 16:07 in the Hospitals 5K For Health, Central Park, July 14. Patty Le Parmalee, 52, NYC, finished sixth woman of 168 in 20:55. Second masters were Bob Weiner (45, 18:30) of Maryland and Marjorie Kos (47, 21:43) of the Bronx.
- Rick Pieschel, 40, elected to win the M40+ race in the NYRRC Roosevelt Island 5K, NYC. July 19, with a fifth-overall 15:57 of 554 finishers. Fifty-one-year-old Anna Thornhill bested the W40+ field in 19:52. On July 26, Pieschel topped (26:45) the M40+ field again in the Club Team Championships, Central Park. But his Central Park TC finished third (89) behind the Taconic RR (41) and Runners Edge (44), Nancy Adler, 40, also on the CPTC, outlegged the W40+ contingent in 33:09, but again the CPTC (16) failed to nab team honors, succumbing to Warren Street (12). In the non-club championships race, Hugh Sweeney (48, 27:12) and Patty Lee Parmalee (52, 34:42) took masters firsts.
- . Joe Knap, 41, of Ohio, sailed through the NYRRC Reservoir 5K, Central Park, August 2, with an eighth-place 16:23 of 1115 for M40+ laurels. Barbara Anderson, 40, NYC, swamped the W40+ field with a 19:12.



Hawaii member of the U.S. House of Representatives Fred Hemming, 56 (I), and his wife finished the Kilauea Volcano Run 10 Miler along with Tesh Teshima, 60 (r), on July 18.

Photo by Tesh Teshima

SOUTHEAST

· Colorado's Doug Bell, 41, journeyed to North Carolina to pick off masters honors in the Maggie Valley 8K, August 29. His 24:45 was worth \$1200 in prize money. Second 40 + was Doug Kurtis (40, MI, 25:03, \$1000), followed by Charlie McMullen (40, NY, 25:11, \$800). Colorado's Carol McLatchie (40, 28:25, \$1200) led the 40 + women, trailed by Nancy Grayson (42, SC, 29:03, \$1000).

MIDWEST

- Dan Phelps (M40, 35:29) and Nina Bovio (W45, 42:18) captured 40+ firsts in the 600-finisher Tuuri 10K, Flint, MI, July 25. Jim Forshee, M65, toured the course in a very fast 39:30. Top masters in the smaller (250) 5K were Tyrone Griffin (M45, 16:12) and speedy Georgiann Tunningly (W50, 21:02).
- Joe Nzau of Kenya was the first 40+ and 17th overall (49:48, \$1200) in the Bobby Crim 10-mile race in Flint, Mich. on August 22. Domingo Tibaduiza (42, CO, 50:16, \$800) and Wilson Waigwa (43, KEN, 50:38, \$500) were next. Suzanne Ray (40, AK, 58:47, \$1200) led the female masters, followed by Karen Hubbard (42, MI, 59:14, \$800) and Barbara Filutze (46, PA. 59:15, \$500).

WEST

. Sharlet Gilbert, 41, of Richmond, CA, combined the third-place prize \$3500 with the

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\$1000 for first W40-and-over for a \$4500 take in the City of San Francisco Marathon, August 30, with a 2:42:06. Joe Schieffer, 41, Oakland CA, took the M40+ \$1000 with a 2:38:02. About 2400 runners took part in the event, run under the ownership of worldwide sports marketing giant International Management Group, which paid out \$51,000 in total prize

- . Anna Wlodarczyk's LJ WR of 5.96 for age 41 was omitted from the Dan Aldrich Irvine Meet results in July NMN. Wlodarczyk is a Polish Olympian visiting the U.S. on a fourist visa.
- · Bob Watanabe, 66, of Los Angeles, was making great strides in his recovery from lymphoma but has suffered a setback. He has pneumonia and again is undergoing chemotherapy for his cancer. As of September 8, he was in St. John's Hospital in Santa Monica. Room 367, 3 South.

NORTHWEST

- . Channing Berthiaume (M45, 35:34), Tacoma. and Steve Campagna (M45, 35:54), Tacoma were 1-2 overall in the Zoo 10K, Tacoma, August 8, Jane Treleven (W40, 39:21), Gig Harbor, WA, was first W40+. William Hickman, Tacoma, won the M55 race in 40:55.
- Ruth Eberle, 60, Florissant, MO, had a stunning mile RW time of 8:54.2 in Seattle, while visiting family. Then a week later, at age 61, she had an 8:47.4, far under the U.S. single-age best of 9:11.

TAC NATIONAL MASTERS

5 KM CROSS-COUNTRY CHAMPIONSHIPS

Columbus Cross-Country Invitational Airport Golf Course, Columbus, Ohio Sunday, November 8, 1992

MASTERS AND OPEN COMPETITION - MEN AND WOMEN FIVE-YEAR AGE GROUPS FOR INDIVIDUALS (30 & Over) TEN-YEAR AGE GROUPS FOR TEAMS (30 & Over)

Estimated Schedule of Events (more races if required by entries)

Open and Submasters Men (39 & Under) 9:30 am

10:00 am Open, Submasters, and Masters Women

Masters Men (40 - 49) 10:45 am

Masters Men (50 & Over) 11:15 am

> Write or call for entry forms: Masters Cross-Country Championships John White, Meet Director 4865 Arthur Place Columbus, Ohio 43220 [614] 459-2547 (h)

Masters Age Records 1991

(1992 Edition)

Compiled by WAVA and TAC Masters T&F Records Chairman Pete Mundle with Don Henry, Shirley Dietderich, Gordon Wallace and Alan Wood.

- Men's and Women's World and U.S. Age Bests for all Track & Field Events, age 35 and up, as of Oct. 31,
- · U.S. Age bests for Men & Women for all race-walking events, age 40 and up, as of Oct. 31, 1991.
- Men's U.S. Masters Indoor & Outdoor Championship Records.
- 52 pages. Thousands of entries. Lists name, age, state, and date of record.

Send \$4 plus \$1.00 postage and handling (\$5.00 foreign) to:

NATIONAL MASTERS NEWS P.O. Box 2372 Van Nuys, CA 91404

schedule

Track and field events feature competition for men and women over 30 unless otherwise noted. Long distance events generally are open to all age groups with the exception of national masters championships, which may be limited to men and women over age 40. Entry blanks for national and regional championships will generally be printed in the newspaper 30-60 days prior to the event. Please send any additions or corrections to NMN, P.O. Box 2372, Van Nuys, CA 91404.



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TRACK & FIELD NATIONAL

October 3. TAC/USA National Open and Masters 56# Weight Throw Championship, Greenville, S.C. Dick Bloomfield, 103 Crestwood Dr., Greer, SC 29651. 803/879-7839

March 20-21. TAC/USA National Masters Indoor Championships, Bozeman, Mont. Bob Sager, 545 Coulee Dr., Bozeman, MT 59715. 406/587-1141.

August 11-14. 26th TAC/USA National Masters Championships, Provo, Utah. Brigham Young U. Contact: TBA.

EAST

Connecticut, Delaware, Massachusetts, Maryland, Maine, New Hampshire, New Jersey, New York, No. Virginia Pennsylvania, Rhode Island, Vermont

December 19. Tri-State TC Holiday Indoor Classic, Hagerstown (MD) Junior College. 6 p.m. Wayne Vaughn, 734 W. Franklin St., Hagerstown, MD 21740. 301/733-6076.

SOUTHEAST a, Florida, Georgia, N. Carolina, Carolina, Tennessee, Virginia

October 1-4. Georgia Golden Olympics. 55+. Vicki Pilgrim, Division of Health, 878 Peachtree St., NE #102, Atlanta, GA 30309. 415/479-2000, x3013.

SOUTHWEST Arkansas, Louisiana, Mississippi, Oklahoma, Texas

October 19-24. Arkansas Senior Olympics, Arkansas Tech., Russellville. 55 + . Senior Arkansas Sports, P.O. Box 1795, Harrison, AR 72601. 501/741-7641.

WEST Arizona, California, Hawaii, Nevada

October 3. Club West Masters Meet, Santa Barbara Comm. College, Calif. Lloyd Albright, P.O. Box 1079, Goleta, CA 93116. 805/682-9540.

October 24. Throws Series #9, Stanford U. Gary Kelmenson, 5601 Empire Grade, Santa Cruz, CA 95060. 408/479-0202.

December 5. Throws Series #10, Stanford U. Gary Kelmenson, 5601 Empire Grade, Santa Cruz, CA 95060, 408/479-0202,

August 1-October 31. RRCA Women's Distance Festivals. RRCA-sponsored races throughout the country. SASE to Women's Distance Festival, RRCA National Office, 629 S. Washington St., Alexandria, VA 22314. 703/836-0558.

November 8. TAC/USA National Masters

November 13-15. Road Race Management Race Director's Meeting and Trade Show, Washington, D.C. SASE to Race Director's Meeting, 2101 Wilson Blvd., Suite 437, Arl-

Championships, San Diego, Calif. Joni Shirley, 11212 Via Carroza, San Diego, CA 92124, 619/455-4440.

8K Cross-Country Championships, Boston, Mass. Fred Treseler, 79 Manet Rd.,

Continued on next page

NORTHWEST Jaska, Idaho, Montana, Oregon, Utah, Washington, Wyoming

October 20-23. Huntsman Chemical's World Senior Games, St. George, Utah. 50+. Sylvia Wunderli, Executive Director, 1355 So. Foothill Dr., Ste. 103, Salt Lake City, UT 84108. 801/583-6231.

INTERNATIONAL

October 9-12. VI WAVA South American Regional Championships, Caracas, Venezuela. Jorge Alzamora, P.O. Box 685, Santiago, Chile. 621-1417. Fax: 0 11 56 2 669 5006.

October 10-11. San Juan Masters International Meet. Capt. Adalberto Alvardo, PR Masters Assn., P.O. Box 31300, 65th Inf. Strider, Box 1083, Hollis, NH 03049. 00929-0300.

October 24-25. Hong Kong Veterans International Meet. M&W35+. AVOHK, International Meet, G.P.O. Box 10368, Central Hong Kong.

November 30-December 6. VI WAVA Regional Oceania Championships, Norfolk Island, Ian Anderson, PO Box 158, Norfolk Island. M40+, W35+. Fax: 011-64-672-3-3106. Phone: 011-64-672-3-2115.

LONG DISTANCE RUNNING NATIONAL

October 4. TAC/USA National Masters Marathon Championships, Minneapolis, Minn. Bruce Mortensen, 15301 Highland Pl., Minnetonka, MN 55345.

5K Cross-Country Championships, Columbus, Ohio. John White, 4865 Arthur Place, Columbus, OH 43220. 614/459-2547.

ington, VA 22201. 703/276-0056. November 14. TAC/USA National 25K

November 21. TAC/USA National Masters Chestnut Hill, MA 02167. 617/964-7802.

ON TAP FOR **OCTOBER**

TRACK AND FIELD

The National Open and Masters 56# Weight Championships, Greenville, S.C., will give some athletes a chance to throw their weight around on the 3rd.

Club West stages its 19th annual masters meet in Santa Barbara on the 3rd. The Huntsman Chemical's World Senior Games (50+) runs for three days starting on the 20th in St. George, Utah. The warmer climes offer a smattering of Senior Games (55+).

World travelers can pick from the WAVA South American Regional Championships, Venezuela, 9th-12th; San Juan Masters, Puerto Rico, 10th-11th; and Hong Kong Veterans, 24th-25th.

LONG DISTANCE RUNNING

The Twin Cities Marathon hosts the National Masters Championships in Minneapolis-St. Paul on the 4th.

Races before that include the Freihofer's 5K For Women, Syracuse, N.Y., and St. George Marathon on the 3rd.

The marathon motif continues on the 11th in Wisconsin and Columbus, Ohio; gets into full steam on the 18th in Detroit; Atlantic City; Humboldt, Calif., Richmond, VA; and Stamford, Conn.; and climaxes on the 25th in Chicago; Kansas City, Mo.; and Albany, N.Y.

RACEWALKING

The National Masters 1-Hour and 2-Hour Championships stride off in Cambridge, Mass., on the 18th. Metropolitan Athletics Congress Championships are scheduled for the 5K on the 18th and 30K on the 24th. Most t&f meets and many road races, such as the Connecticut Senior Olympics 10K on the 11th, include racewalk categories.

U.S. NATIONAL SENIOR SPORTS ORGANIZATION GAMES

Corpus Christi Senior Games YMCA of Corpus Christi 417 S. Broadway Corpus, Christi, TX 78403 (512) 882-1741 Coor: Dusty Wilson Date: 10/1-10/4

North Carolina Senior Games P.O. Box 33590 Raleigh, NC 27636 (919) 851-5456 Coor: Margot Raynor Date: 10/1-10/4 QUALIFYING GAME

El Paso Senior Games El Paso Senior Games Parks & Recreation Dept. *2 Civic Center Plaza El Paso, TX 7999 (915) 541-4331 Coor: Manuel Calvillo Date: 10/5-10/23

Kansas Senior Olympics Parks & Rec. of Topeka 1534 SW Clay St. Topeka, KS 66604 (913) 232-9665 Coor: Marge Rightmeier Date: 10/9-10/11 QUALIFYING GAME

South Mississippi Senior Sports Classic 1800 Beach Drive Gulfport, MS 39507 (601) 896-8469 Coor: Donald Cross Date: 10/14-10/17 QUALIFYING GAME

Arkansas Senior Olympics P.O. Box 1795 Harrison, AR 72601 (501) 741-1144 oor: Phil Pete Date: 10/20-10/21 QUALIFYING GAME

South Florida Senior Games South Florida Senior Gar Parks & Recreation Dept. City of Ft. Lauderdale 301 N. Andrews Ave. Ft. Lauderdale, FL 33301 (305) 761-5394 Coor: Suzanne Broucek Date: 10/27-11/7

Maryland Senior Olympics Towson Center, Room 318 Towson State University Baltimore, MD 21204 (301) 830-3163 Coor: Dr. Robert Zeigler Date: 10/8-10/10 QUALIFYING GAME

Village Senior Games Lady Lake, FL 32159 (904) 753-0637 Coor: Pat Evenson Date: 10/12-10/20

*Louisiana Senior Olympic Games P.O. Box 14748 F.O. Box 14748 Baton Rouge, LA 70898-4748 (504) 925-1748 Coor: Jennifer Taylor Date: 10/19-10/26 QUALIFYING GAME

Oxford Parks & Recreation Oxford, AL 36203 (205) 831-2660 Coor: Don Hudson Date: 10/21-10/22

The Paradise Games P.O. Box 1942 Marco Island, FL 33967 (813) 394-4229 Coor: Connie Kormanyos Date: 10/31-11/7

Long Beach Senior Olympics 2760 Studebaker Long Beach, CA 90815 (213) 421-9431 ext. 3173 Coor: Carole Patten QUALIFYING GAME

Good Life Games P.O. Box 122880 (MC226-8050) St. Petersburg, FL 33733-2288 (813) 539-9487 Coor: Shirley Lewis Date: 11/17-11/22 QUALIFYING GAME

Golden Age Games P.O. Box 1298 Sanford, FL 32772-5687 (407) 330-5687 Coor: Jim Adams Date: 11/1-11/7 QUALIFYING GAME

Polk County Senior Games P.O. Box 60 Bartow, FL 33830 (813) 534-4340 Coor: Nancye Tho Date: 11/15-11/22

Gulf Coast Senior Games NCNB, P.O. Box 1061 Bradenton, FL 34206 (813) 745-3062 Coor: Barbara Shapiro Date: 11/30-12/6 QUALIFYING GAME

* Closed to out-of-state residents



Joan Ottaway (171) streaks to a W45 division victory (7:50.2) in the 2000 SC. Kim Rupert (60) took the W35 event in 7:59.9, TAC/Western Regional Championships, Hayward, Calif., July 25-26.

Photo by Steve Ottaway

Continued from previous page
November 29. TAC/USA National Masters
15K Cross-Country Championships, Bronx, N.Y. Kurt Steiner, 1660 E. 21st St., Brooklyn, NY 11210. 718/336-3025.

December 6. TAC/USA National Masters 10K Cross-Country Championships, Louisville, Ky. Bob Ullrich, 1879 Douglass Blvd., Louisville, KY 40205. 502/459-6820.

February 20. TAC/USA National Masters 50 Mile Championships, Houston, Dan Brannen, 40 Witherspoon Ct., Morris Township, N.J. 07960. 201/285-1551.

March 20. TAC/USA National Masters 8K Championships, Virginia Beach. Jerry Bocrie, 2308 Maple St., Virginia Beach, VA 23451. 804/481-5090.

EAST
Connecticut, Delaware, Massachusetts,
Maryland, Maine, New Hampshire,
New Jersey, New York, No. Virginia
Pennsylvania, Rhode Island, Vermont

October 3. Syracuse Freihofer's 5K For Women (TAC/USA Senior Women's National Championship). David Oja, 213 Scott Ave., Syracuse, NY 13224. 315/446-6285.

October 4. Jersey Shore Half-Marathon, Long Branch, N.J. Also 20K RW. Dean Shorts, Box 150, Millburn, NJ 07041. 201/376-0231.

October 4. NYC Marathon Tune-Up 25K. NYRRC, 9 E. 89th St., NY, NY 10128. 212/860-4455.

October 10. Applefest Half-Marathon (State RRCA Championships). Gate City Striders, Box 1083, Hollis, NH 03049. 603/889-8049.

October 11. NYRRC Women's Half-Marathon. Also coed 5K. NYRRC, 9 E. 89th St., NY, NY 10128, 212/860-4455.

October 11. Connecticut Senior Olympics 10K & RW. 55 + . Senior Olympics, U. of Bridgeport, 120 Waldemere Ave., Bridgeport, CT 06601, 203/576-4722;

October 11. Belmont Plateau Autumn Classic (5 miles cross-country), Fairmont Park, Phila. Peter Taylor, 3120 Schoolhouse Ln., JA-9, Philadelphia, PA 19144. 215/842-3807.

October 12. Tufts Health Plan 10K For Women. Meg Crowley, Conventures, 250 Summer St., Boston, MA 02210. 617/439-7700.

October 18. Atlantic City Marathon. Also 10K, 5K, & 2M RW. Barbara Altman, Boardwalk Runners, Box 2181, Ventnor, NJ 08406. 609/822-6911.

October 18. Stamford Marathon. Steve Lobdell, Box 2030, Stamford, CT 06906. 203/359-4022.

October 18. Downtown 5K. Charles Breagy, P.O. Box 40759, Providence, RI 02903. 401/232-2622. October 25. Mohawk-Hudson River

Marathon, Albany, N.Y. Lee Wilcox, 10 Eaton Rd., Troy, NY 12180. 518/274-7444. November 1. New York City Marathon. NYRRC, P.O. Box 881, FDR Station, New York, NY 10128. 212/860-4455.

SOUTHEAST Alabama, Florida, Georgia, N. Carolina, S. Carolina, Tennessee, Virginia

October 10. Governor's Cup 8K/25K (RRCA National Championships). Governor's Cup, P.O. Box 50205, Columbia, SC 29250. Ed Prytherch, 803/788-8941.

October 18. Richmond Marathon. De-Wayne Davis, P.O. Box C-32333, Richmond, VA 23293. 804/649-6325.

October 24. Dick Bachelor 5K, Orlando. Florida Masters RR Series. 407/898-1313.

MIDWEST

Illinois, Indiana, Kentucky, Michigan, Ohio, Wisconsin, West Virginia

October 3. Bowling Green 10K. Rick Kelley, P.O. Box 1802, Bowling Green, KY 42102, 502/782-3600.

October 11. Columbus Marathon. Masters money. Doug Thurston, P.O. Box 26806, Columbus, OH 43226. 614/433-0395.

October 11. Lakefront Marathon. relay. Running on Prospect, 2103 N. Prospect Ave., Milwaukee, WI 53202. 414/272-7867.

October 11. Fox Cities Marathon. Masters money. SASE to Gloria West, Inc., 316 N. Appleton St., Appleton, WI 54911. 1-800/452-9526.

October 18. Detroit International Marathon. Barbara Bennage, 321 W. Lafayette Blvd., Detroit, MI 48226.

October 24. Columbus Roadrunners Zoo Run 5 Mile. Sue Daly, 3111 Rainier Ave., Columbus, OH 43231. 614/890-1309.

October 25. Chicago Marathon. Carey Pinkowski, 223 W. Erie, Chicago, IL 60610. 312/951-0660.

October 25. Tandem-Dayton River Corridor Half-Marathon. Ray Olfky, Wright Brothers, Box 9154, Dayton, OH 45409. 513/885-4821.

November 1. Ohio TAC 20K/50K Road Race/Racewalk Championships, Columbus. John White, 4865 Arthur Pl., Columbus, OH 43220. 614/459-2547.

MID-AMERICA
Colorado, Iowa, Kansas, Minnesota,
Missouri, New Mexico, N. Dakota, Nebraska,
S. Dakota

October 24. 9th annual Prairie Striders Half-Marathon, So. Dak. St. U., Brookings. Cody Rufer, race director, 605/692-6782.

October 25. Kansas City Marathon/10K. Masters money. KCM, P.O. Box 36444, Kansas City, MO 64111. 816/531-2387. November 1. Omaha Riverfront Marathon Also 10K. Gary R. Meyer, 5822 Ohio St., Omaha, NE 68104. 402/553-8349.

SOUTHWEST Louisiana, Mississippi, Texas.

October 17. Race For The Cure 5K For Women. Pat Genung, Komen Found., 5005 LBJ Freeway, Ste. 730, Dallas, TX 75244. 214/558-1691

October 30. Halloween Pumpkin Chase 5K, Metairie, La. 7:00 p.m. New Orleans TC, P.O. Box 52003, New Orleans, LA 71052-2003. 504/482-NOTC or 468-1488. October 31. Tulsa Run 15K. Stan Austin, Tulsa Run, One Williams Ctr., P.O. Box 2400, Tulsa, OK 74102. 918/588-2850.

WEST Arizona, California, Hawaii, Nevada

October 4. Alamo Alumni Run 5 Mile, San Francisco. 415/668-2243. Rhody Co. Productions.

October 18. Humboldt Marathon, Weott, Calif. Karen Angel, 351 Roundhouse Creek Rd., Trinidad, CA 95570. 707/442-6463.

October 25. Twilight's Last Gleaming 4 Mile Cross-Country Challenge, Arroyo Verde Park, Ventura. 5:00 p.m. Awards in 6-yr. divisions. Andrew Hecker, P.O. Box 7793, Ventura, CA 93006. 805/642-3879.

October 31. Moonlight 8K (TAC/USA Open Women's National Championship). Masters money. For info: call the city of Alhambra, CA. 818/570-5044.

November 1. San Diego-Imperial Athletic Congress Cross-Country Championships. Masters Challenge Series. Ken Bernard, 619/488-3960.

December 6. 45th annual Western Hemisphere Marathon and 5K, Culver City, Calif. Cash prizes in 11 age categories. SASE to WHM, 4117 Overland Ave., Culver City, CA 90230. 310/202-5689.

December 19. Las Vegas Half-Marathon.

Also relay. Bill Callanan, Tri-A-Run, 6252 Clarice Ave., Las Vegas, NV 89107. 702/870-8269.



Elaine Geyer, 71, finished the Camptown Races 3+1 Mile Cross-Country in 31:19, DeLand, Fla., July 4.

Photo by John Boyle

NORTHWEST Alaska, Idaho, Montana, Oregon, Utah, Washington, Wyoming

October 3. St. George Marathon. Kent Perkins, St. George Leisure Services Dept., 86 S. Main St., St. George, UT 84770.

INTERNATIONAL

October 4. BVAF Marathon Championships (The Flying Fox), Stone, Staffordshire. Monica Darlington, The Radfords, Stone, Staffordshire.

November 15. BVAF 10K Championships, Barnsley, Yorkshire. Max MacNally, 29 Havercroft Rise, South Hiendley, Barnsley,

RACE WALKING

October 4. TAC National Seniors (Open) 5K Championships, Hamden, Conn. 10-year age groups for 40+. American Heart Assn., c/o TAC 5K Championships, 5 Brookside Dr., Wallingford, CT 06492, ATTN: Sue Heerdt. RW Director, Richard Torrellas, 8 Marion Ln., Clinton, CT 06413. 203/669-4258.

October 18. TAC/USA National Masters 1-Hour & 2-Hour Championships, Cambridge, Mass. Philip McGaw, 156 Blue Hill Ave., Milton, MA 02174. 617/698-1806.

October 18. One-Hour Racewalk, Williams HS, Alexandria, Va. Judged. 9 a.m. Entrants provide lap counters. SASE to: Potomac Valley Walkers, Valerie Meyer, 2305 So. Buchanan St., Arlington, VA

October 18. MAC 5K Championships, Central Park, NYC. Stella Cashman, 320 E. 83rd St., Box 18, NY, NY 10028.

October 20-25. ARA RW Training Camp (20-23) & Instructor Certification Camp (24-25), Scottsdale, Ariz. ARA, P.O. Box 18323, Boulder, CO 80308-8323. 303/447-0156.

October 24. MAC 30K Championships, Central Park, NYC. Gary Null, 200 W. 86th St., NY, NY 10024. November 6-8. Martin Rudow Invitational

Seminar & 5K (8th). Plantation, Fla. Paul Geyer, P.O. Box 630096, Miami, FL 33163. 305/935-6063.

1992 TAC/USA NATIONAL MASTERS 10K CROSS-COUNTRY **CHAMPIONSHIPS**

following the TAC National Convention in Louisville, KY

E. P. "Tom" Sawyer State Park Louisville, Kentucky Sunday, December 6, 1992 1:00 P.M. EST



Hosted by
Victory Athletic Club
Mason-Dixon Athletic Club Metro Parks Track Club



MEN'S AND WOMEN'S CHAMPIONSHIP COMPETITIONS INDIVIDUAL COMPETITION IN FIVE-YEAR AGE GROUPS TO 95* TEAM COMPETITION IN TEN-YEAR AGE GROUPS TO 70-

LOUISVILLE 5K CROSS-COUNTRY CHAMPIONSHIPS AT 12:00 PM

AIRLINE AND LODGING DISCOUNTS AVAILABLE

Write for entry forms: Masters Cross-Country Championships c/o Jogger-Runner-Racer, Inc. 131 St. Matthews Avenue Louisville, Kentucky 40207

Information: Bob Kinny (502)896-4064 days Bob Ullrich (502)459-6820 evenings

Gardena Valley Runners

Below is a partial list of masters track & field and long distance running clubs arranged by region. Some offer work out facilities. Most have social programs and annual awards. If you'd like to find out more about what's going on in your area, contact one. To have your club listed, please send the necessary information to National Masters News, P.O. Box 2372, Van Nuys, CA 91404.

EAST

maning and interest

Four Winds TC 1303 Marvista St. Pittsburgh, PA 15212 Selena Brown/Andrew McNeill 412/322-9392 Liberty AC 14 Rutland St. Cambridge, MA 02138 Syracuse Chargers Track Club c/o N.E. White 18 Foxcroft Drive Fayetteville, NY 13066 **Boston AA** P.O. Box 1991 Hopkinton, MA 01748 Atalanta TC c/o Bob Glover 236 E. 78th, Box 6 New York, NY 10021 · Finger Lakes RC P.O. Box 321 Newfield, NY 14867 607/273-1107 Potomac Valley Seniors TC Lynda Durfee 250 S. Whiting St.-315 Alexandria, VA 22304 703/370-5646 West Pennsylvania TC 1245 Alamae Rd. Washington, PA 15301 Shore Athletic Club Sanford Kalb 22 Addison Road Howell, NJ 07731 The Achilles Heel (for disabled) 9 East 89th St. New York, NY 10128 212/398-0348 North Jersey Masters P.O. Box 56 Ridgewood, NJ 07450 Greater Rochester TC P.O. Box 92608 Rochester, NY 14692 New Jersey Striders P.O. Box 742 Madison, NJ 07940 Central Park TC 250 W. 89th St., #P4F New York, NY 10024 212/619-4240 New York Pioneer Masters c/o G. Shane 2400 Sedgwick Ave., Suite 25C Bronx, NY 10468 212/733-8767 Garden State AC 19 Bedminster Rd. Randolph, NJ 07869 201/625-1764 Maine Walkers Club 1570 Broadway Bangor, ME 04401 207/947-3333 Maryland Masters TC c/o Joe Hemler 107 Rosewood Ave. Baltimore, MD 21228-4939 410/744-2652

Tri-State Masters T&F Club

c/o Wayne Vaughn

734 W. Franklin St.

301/733-6076

9 E. 89th St.

212, 960-4455

Peter Stasz

266 Puritan Rd.

NYRRC

Hagerstown, MD 21740

New York, NY 10128

Buffalo Belles and Brawn

Tonawanda, NY 14150

206 W. Weymouth St.

Springfield, MA 01108

Greater Springfield Harriers

Philadelphia Masters c/o Peter Taylor 3120 Schoolhouse Lane (J-A9) Philadelphia, PA 19144 215/842-3807 New York AC 180 Central Park South New York, NY 10019 New York Masters Sport Club 5831 Bell Blvd. Bayside, NY 11364 Plainview Old Bethpage RRC 62 Sylvia La. Plainview, NY 11803 Mike Polansky 516/433-0919 Connecticut Racewalkers 889 Donna Dr. Orange, CT 06477 203/795-6441 **Boston AA** Bob Seven 8th Flr., 131 Clarendon St. Boston, MA 02116 617/236-1652 **Boston RC** c/o Fred Treseler 79 Manet Rd. Chestnut Hill, MA 02167 617/964-7802 Taconic RRC P.O. Box 99 Baldwin Place, NY 10505 914/765-5074 Avanti Sport TC 9 Raker St. Bristol, RI 02809 Millrose Team Jack Ryan 9E 240 W. 98th St. N.Y., NY 10025

SOUTHEAST

Virginia Track Club P.O. Box 5696 Charlottesville, VA 22905 Carolina Masters AC Jim Saxon 3120 Libeth St. Charlotte, NC 28205 800/642-0513 Tidewater Striders A. Morris, Rm. E-222 Armed Forces Staff College Norfolk, VA 23511-6097 804/444-5547 Central Florida Masters P.O. Box 1824 Deland, FL 32721 904/736-0002 Huntsville TC 8811 Edgehill Dr. Huntsville, AL 35802 Atlanta TC 3097 E. Shadowlawn Ave. NE Atlanta, GA 30305 Memphis Runners TC P.O. Box 17981 Memphis, TN 38187-0981 901/683-MRTC Port City Pacers P.O. Box 16907 Mobile, AL 36616 South Carolina Masters TC c/o CPT John Roehr 3rd Region, USACIDC Fort Jackson, SC 29207 803/751-5129/7664 Greenville Track Club P.O. Box 16262 Greenville, SC 29607 Jack Gillmore: 803/242-6600 Florida AC c/o Bob Fine 3250 Lakeview Blvd. Delray Beach, FL 33445 Star City Striders P.O. Box 8331 Roanoke, VA 24014

703/966-RUNN

Richmond T&F Club P.O. Box 6701 Richmond, VA 23230 Attn: Bill Cole 804/272-3544 Nashville TC 2709 Linman Ave. #5 Nashville, TN 37215 615/383-6733 Miami RC Tropical Park 7920 S.W. 40th St. Miami, FL 33155 1-800/940-4RUN North Carolina RRC P.O. Box 26761 Raleigh, NC 27611 919/231-0714

MIDWEST

Millet Hall Athletic Dept.

Oxford, OH 45056

Miami U TC

Rich Ceronie

Legend Harriers Roger Toothman 6543 Beecher Rd. Granville, OH 43023 Over The Hill TC 4173 Wilmington Rd. South Euclid, OH 44121 Wisconsin United AC Jerry Robinson 1205 Manhasset Pl. Madison, WI 53711 608/271-6725 Fitness Track Club c/o Stan Allen & Presley Yates 12954 Asbury Pk. Detroit, MI 48221 Wolfpack Track Club Jim Pearce 2449 Southway Dr. Columbus, OH 43221 614/481-7745 Ann Arbor Track Club P.O. Box 7551 Ann Arbor, MI 48107 Don Sleeman 313/426-5430 Indianapolis TC c/o Mark Daly 901 W. New York St. Indianapolis, IN 46223 317/274-6780 Ohio River RRC 933 Kenosha Kettering, OH 45429 513/299-7461 Midwest Masters T&F Club P.O. Box 6147 Rockford, IL 61125 815/332-4743 Wabash River RC 2019 Hall St. Lafayette, IN 47904 317/742-3426 Victory AC P.O. Box 6667 Louisville, KY 40206 502/893-6057 Columbus Roadrunners P.O. Box 15584 Columbus, OH 43215-0584 614/890-1309 Dayton Masters TC P.O. Box 17706 Dayton, OH 45417 513/837-2754 Manitowoc Area TC 1404 Silver Creek Rd.

Manitowoc, WI 54220 414/684-0912

MID AMERICA

Omaha RC P.O. Box 31219 SaddleCreek Station Omaha, NE 68132 Mid-America Masters P.O. Box 14668 Lenexa, KS 66215 Lawrence TC P.O. Box 3743 Jayhawk Station Lawrence, KA 66044 Lincoln TC 2900 John Ave Lincoln, NE 68502 Prairie Striders Box 267 Brookings, SD 57006 St. Louis TC 2885 Hampton Ave., No. 101 St. Louis, MO 63139 314/781-3926 782-3726 (raceline) St. Louis Metro Masters Jim Irwin 536 Windsor Mill Dr. Ballwin, MO 63011 314/394-4166 Ozark Mountain Ridge Runners P.O. Box 10067 Springfield, MO 65808-0067 417/881-8884 Santa Fe Striders P.O. Box 1818 Santa Fe, NM 87504 505/983-2144 Los Viejos T&F Club Neil Silver 728 Loma Vista Dr. NE Albuquerque, NM 87106 505/265-8234

SOUTH WEST Tulsa Running Club P.O. Box 300 Tulsa, OK 74102 Space City Masters John Hartfield 15106 Chasehill Dr. Missouri City, TX 77087 713/721-9388 Houston Masters Sports Assoc. Tom McBraver 7733 Moline Houston, TX 77087 West Texas Masters P.O. Box 1584 Ozona, TX 76943 915/392-3773 King of the Hill TC Charles Wimberley 48 Chateau Haut Brion Kenner, LA 70065 504/467-1197 Louisiana Lightning TC Dan Thiel 1459 Verna St. New Orleans, LA 70119 504/486-8066 New Orleans TC, Inc. P.O. Box 52003 New Orleans, LA 70152-2003 504/482-6682 East Texas T&F Club Robert Hahn 3334. S. SW Loop 323, Ste. 128 Tyler, TX 75701 903/561-9511 Beaumont TC P.O. Box 4112 Beaumont, TX 77704-4112 409./898-1308 Oklahoma City RC 2408 N.W. 112th Terrace Oklahoma City, OK 73120 405/752-9097 Waterloo T&F Club Marion Coffee 4112 Burnet Rd. Austin, TX 78756 512/458-6010 San Antonio TC 21024 Cedar Br. Garden Ridge, TX 78266 512/651-5414

Dallas Masters T&F Club 1130 E. Parker Rd., S-203 Plano, TX 75074 214/422-2273

WEST Island Empire Racewalkers Mel Grantham 9847 Cedar Ave. Ste. 18 Bloomington, CA 92316 714/877-3548; 824-2336 Valley Isle RRA P.O. Box 330099 Kahului, HI 96733 242-6042 Los Gatos Athletic Assoc. P.O. Box 1328 Los Gatos, CA 95031 Seniors TC William Crum P.O. Box 2699 Crestline, CA 92325 San Diego Track Club P.O. Box 7853 San Diego, CA 92107 619/270-SDTC **Irojan Masters TC** Russ Reabold 1125 Stimson La Puente, CA 91744 818/917-6289 San Diego Athletic Assoc. P.O. Box 829 Del Mar, CA 92014 619/755-3658 West Valley TC P.O. Box 459 San Carlos, CA 94070 West Valley Joggers & Striders 1124 Kennington Ave. Sunnyvale, CA 94087 408/246-2651 Golden Gate Race Walkers 106 Sanchez St. #17 San Francisco, CA 94114 **Empire Runners** 4700 Fougler Dr. Santa Rosa, CA 95405 No. Calif. Seniors TC Paul Warner 3887 18th St. San Francisco, CA 94114 415/626-8601

Fresno Joggers

209/237-4718

818/792-4573

Frank Reilly

818/716-7280

Club West

P.O. Box K

805/687-6323

Jon Lomax

846 N. Harrison

Fresno, CA 93728

Walkers Club of L.A.

610 Woodward Blvd.

Pasadena, CA 91107

West Hills, CA 91304

All-American TC

8307 Joan Lane

George H. Adams

Goleta, CA 93116

Southern Calif. Striders

1483 Westerly Terrace

Sierra Racewalkers

Dick Petruzzi

P.O. Box 513

916/483-2917

Los Angeles, CA 90026 213/666-0379

Carmichael, CA 95609

Honolulu, HI 96830-5763

2718 Monogram Ave.

9502 Reichling Lane

Pico Rivera, CA 90660

Long Beach, CA 90815

Pico Rivera Athletic Club

Easy Striders Walking Club

Hawaii Masters TC

P.O. Box 15763

213/429-5739

213/942-8774

907/279-2773 P.O. Box 665 Medford, OR 97501 c/o Joe Thielman 406 W. 32 St. Avia RE-TREADS 2533 125th Ave. NE Bellevue, WA 98005 206/885-4372 **Bigfoot Masters** :/o Duane Hartman

Daniel Ashimine 1345 W. 168th St. Gardena, CA 90247 213/327-6960 L.A. Valley Athletic Club George Simon 15355 Mulholland Drive Los Angeles, CA 90077 818/784-0496 San Fernando Valley TC Laurie Kulchin 10631 Lindley Ave. #220 Northridge, CA 91326 818/780-7719 So. Calif. Corporate AA 2408 Paseo Noche Camarillo, CA 93010 805/987-8052(r); 494-2302 Active 5 William K. Sumner P.O. Box 7132 Newport Beach, CA 92660 714.831-6473 Elite Health TC 52671/2 Village Green Los Angeles, CA 90016 310/559-9739 High Country RR c/o Running & Fitness Den 310 Washington St. Reno, NV 89503 702/329-3443 River City TC P.O. Box 255131 Sacramento, CA 95865 916/489-7881 Corona del Mar TC c/o David Jackson 19103 S. Andmark Ave. Carson, CA 90746 310/638-7125 L.A. Patriots Mary Thompson 2301 Hyperion Ave. #P Los Angeles, CA 90027 213/662-1062

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RECIPIENTS OF CERTIFICATES AS ALL-AMERICANS FOR ACHIEVING U.S. STANDARDS OF EXCELLENCE

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M30-34				to project the second of	800M	2:04.8	6-26-92		Triple Jump	29-4	2-16-92
Jeff Helton	Triple Jump	13.97	8-14-92		1500M	4:15.5	7-31-92	Clarence Trinkner	Pentathlon	2900	7-11-92
				Washington St. W.	Mile	4:35.7	5-30-92	Ralph Daehler		6459	7-26-92
M40-44			TO SHIP STATE		3000SC	10:54	7-24-92	wallet paenier	200M	27.78	8-13-92
Gene Hoffman	11011	17.45	一年 中山田		5000M	16:38.4	6-13-92		Long Jump	16-24	8-13-92
John Tucker	Pentathlon		8-30-92				Miles and a second				
July 10ckel	rentathion	2957	8-13-92	M50-54			CALCULATION OF THE PARTY.		and the state of the		State of the last
M45-49				Joe Johnson	100M	12.42	6-20-92	465-69		10 to	
The second secon					400M	57.0	8-1-92	Jim Platis	Lone Iv-		
Kirt J. Vener	Long Jump	17-11 3/4	8-2-92	Roger Dean	Pentathlon	2611	8-13-92	71-11-11-11-1	Long Jump	17-3	6-27-92
Paul Henry	100M	12.0	6-6-92	THE WANTED BY	remedenzon		8-13-92	CONTRACTOR AND	Triple Jump	34-9 3/4	6-27-92
	200M	24.93	6-27-92	M55-59	Service Washington				High Jump	4-11	6-27-92
	400M	54.85	6-27-92		Village and the second			Howard MacMillan	100M 200M	13.1	6-27-92
Garry Kryszak	1500M	4:26.4	7-11-92	Stan King	100M	12.7	2-22-92			29.8	2-23-92
Johnie Meisner	High Jump	5-10	6-22-92		200M	25.91	2-22-92		Shot Put	11.03	7-24-92
	Triple Jump	38-6	7-11-92		400M	60.8	2-1-92		High Jump	4-94	8-13-92
	11011	17.7		Rodger Young	Long Jump	16-44	7-31-92	N80-84			
Gary Geiger	100M	11.9	7-11-92		High Jump	5-0	7-31-92				
Alvin Seale	200M	25.08	7-1-92	1122				Paul Narcessian	Hammer	84-6	
The state of the s	400M	55.38	8-13-92	M60-64			· · · · · · · · · · · · · · · · · · ·	TO SEE SEE SEE	Editaria de la Constitución de l		8-13-92
John Kapserski	351 Wt.	12.20	8-13-92	Frank Buxton	5000M -	19:34	4-5-92	W60-64	10 T AS	2.00	TENTAL .
Steve Boyer	400M	55.27	6-13-92	Bailey Gore	10011	19.94			And the second	Salar Inches	
			5-23-92				5-29-92	Lee Glassco	Javelin	80-4	7-26-92
						A STATE OF THE STATE OF	THE RESERVE AND ADDRESS OF THE PARTY OF THE				

	MASTER	14.00		* 340	4		EN	Perfect of	PRANCE		2000	L TITLE	
Event	20-24	15-10	40-44	45-40	50-54		Line will	65-60	70-74	75-70	90-94	85-89	90
1500												11:45	
Mile												12:36	
3000		Control of the Control	100	STATE OF THE PARTY			and the second			The second second		24:36	
2Mile			Section 1				A STATE OF THE STATE OF			TO SECURITION OF THE PARTY OF T		26:30	
5000	and the second second second	The second second	Element State of the	No.	Market Street		and the second			The second second	All the special parties	41:24	
3000						NY HOUSE		30.24	32.34	34.33	30.42	and the same	DESI-
10K	48:08	49:10	50:27	51:54	53:33	55:26	59:06	63:21	66:30	70:09	78:36	84:06	93
15K	1:12											2:10	
20K	1:38		1:43			1:57				Comment of the last		2:55	1
SOK	4:30	4:36	5:00			5:41			6:48	7:12		THE LAND	
						WOM	EN			15			
1500	7:25	7:39	7:53	8:08	8:26	8:45	9:08	10:39	11:15	11:58	12:50	14:17	15
Mile	8:00											15:21	
3000	15:30	16:00	16:30	17:00	17:33	18:48	20:06	22:12	23:33	25:00	26:48	29:48	32:
2Mile												32:09	
5000	26:13	26:56	27:42	28:33	29:36	31:33	33:48	37:30	39:36	42:06	45:09	50:18	55
											C LIPSON		
10K	53:25	54:41	56:12	58:00	63:12	65:48	70:33	76:06	82:42	87:54	94:12	1:42	1:
15K	1:24	1:26	1:29	1:32	1:35	1:39	1:46	1:55	2:04	2:13	2:22	2:33	2:
20K	1:54	and the second second	21.1			2:14	and the second second		2:47	3:00	3:13	3:38	3:
50K	5:11	5:26	5:36	5:46	6:00	6:25	6:41	7:13					

	U.S. MASTERS STANDARDS OF EXCELLENCE											
					FO	R ME	N					-
Event	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-94	85-89
100	11.0	11.33	11.67		12.5	13.0	13.5	14.0	15.0	16.5	18.0	20.0
400	51.0	23.3	24.2	25.1 56.0	26.0	27.2	28.5	29.8	76.5	84.5	94.0	105.0
800	2:01	2:04	2:08	2:13	2:19	2:27	2:37	2:49	3:06	3:27	3:54	4:24
1500	4:11	4:15	4:22	4:32	4:45	5:02	5:24	5:47	6:22	7:03	7:59	9:15
Mile	4:31	4:35	4:42	4:53	5:07 17:30	5:25	5:49	6:14	6:51 23:30	7:38	8:42	32:30
5000 10000	15:30 32:11	15:42	33:30	A CONTRACTOR OF THE PARTY OF TH	36:15	38:10	40:30	44:15	48:30	54:30	61-15	38-30
110H	15.3	16.4	17.75	18.75				1 197		EF-		
100H					18.0	19.0	20.0	21.3	100	21.0	25.0	30.0
80H 400H	57.6	59.7	62.0	64.4	67.2	70.6			18.0	21.0	23.0	30.0
300H					48.0	51.0	55.0	60.0	66.5	74.5	84.0	95.0
3K-SC	10:00	10:20	10:55	11:40	12:30	13:20				14:00	16:30	19:30
2K-SC	-						9:30	10:30	12:00			.92
HJ.	1.94	1.85	1.76	1.68	1.59	1.50	1.41	1.32	1.23	1.13	3-4	3-1
PV	4.40	4.15	3.90	3.60	3.30	3.05	2.80	2.55	2.30	2.05	1.80	1.50
CARNE	14-5%	13-74	12-95	11-95	10-10	10-0	9-24	8-44	7-612	6-812	5-11	4-11
W	6.55	6.20	5.85	5.45	5.10	4.75	4.40	4.00	3.65	3.35	3.00	2.65
	21-6	20-44	19-24	17-104		15-7	Electronic de	13-15	11-115		9-10	8-84
IJ	13.35	12.65	11.90	11.15	10.40	9.65	8.90	8.20 26-11	7.50	6.80	6.10	5.50
Shot		14.10	13.00	12.00	12.40	11.20	12.00	10.80	10.00	8.80	7.65	6.50
Silve		46-34	42-8	39-45	40-84		39-45	35-5%	33-0	28-10	25-14	21-4
Discus	44.80	42.60	40.60	38.00	40.00	36.40	40.00	36.80	31.60	26.40	21.40	16.20
	147-0	139-9	133-2	124-8	131-3	119-5	131-3	120-9	103-8	86-7	70-25	53-2 18.00
Hammer	47.24 155-0	44.20	41.14	38.10 125-0	38.40 126-0	36.00	36.00	33.00 108-3	29.00 95-2	25.00 82-0	73-10	60-0
Jav	62.00	57.00	52.60	48.00	43.00	38.50	40.00	35.00	29.00	24.00	19.00	15.00
Jav	203-5	187-0	170-7	157-6	141-1	126-4	A CALL OF A	114-10		78-9	62-4	49-2
	15.00	14.00	13.00	12.00	10.00	9.00	1000				7.00	6.00
25 Wt.		9.00	8.50	8.00	6.00	5.00	11.00	10.00	9.00	3.00	7.00	2.00
Per	SEVE OF				2600	2600	2600	2500	2600	2600	2600	2600
Dec	550	0 525	0 525	0 5250	5250	5250	5250	5250	5250	5250	5250	5250
note	1) 10	O et ende	-da ara	for auto	matte t	ine: use	standa	rd conve	raton f			RT. III
	2) Sh	ort hure	11es: 30-	-49; 39"; -49: 36";	50-59	: 36";	60-69:	33": 70	H: 30".			
TA ST	4) Sh	ot pot:	30-	-49: 7.26	k (160)	: 50-59): 6k;	60-69: 5	k; 70+	: 4k.		
DECK TO		scus the	30·	-49: 2kg:	sk (161)	: 50-59	: 6k;	60-69: 5	k: 70+	: 4k.	1	
	7) Ja	velin:	30	-59: 800g	: 60+:	600g.	dard: f	eet and	Inches	listed f	or conve	nience.
The Table	9) Pe	en/Dec	: 30-	39 IA	AF pt	5.; 40	YAW +C	A fac	torin	g (ne	W WAV	A) .

		ATTEN		FC	OR W	/OM	EN				Chief .
Event	30-34	35-39	40-44			Chick Indian	60-64	65-69	70-74	75-79	80-84
100	13.8	14:2	14.6	15.0	15.6	16.2	16.9	17.8		20.0	21.2
200	28.0	29.2	30.3	31.4	32.5	34.0	35.7	37.5	40.0	43.5	47.0
400	63.5	65.5	67.5	69.5	71.5	73.5	78.5		90.0	96.5	103.3
800	2:32	2:35	2:40	2:46	2:54	3:05	3:19	3:36	3:56	4:09	4:35
1500	5:10		5:29	5:40	5:58	6:20		7:23	8:04	8:52	9:48
Mile			5:55		6:26		7:19	7:46	8:47	9:39	
5000	19:45						26:08		30:08	32:21	34:26
10000	41:00	42:40	44:40	47:00	49:30	52:00	56:00	60:00	66:00	76:00	86:00
100H	17.2	18.2									
80H			15.0	15.8	16.5	17.6	18.7	20.2	22.2	25.0	28.0
400H	75.5	79.9	84.4	88.8	A STATE OF				A STATE OF THE STA		
300H					66.0	72.0	79.0	87.0	96.0		
HJ	1.42	1.35	1.27	1.19	1.12	1.07	1.02	.97	.92	.89	.84
	4-8	4-51	4-2	3-11	3-8	3-64	3-44	3-24	3-01/2	2-11	2-9
LJ	5.00	4.60	4.25	3.90	3.55	3.20	2.85	2.60	2.35	2.10	2.00
	16-5		13-114			10-6		8-64	7-84	6-11	6-7
TJ	10.00	9.20	8.60	7.80	7.18	6.40	5.70	5.20	4.70	4.20	3.80
		30-24					0 18-84				12-54
Shot	10.30	9.30	8.40	7.70	7.95	7.20	6.50	5.80	5.25	4.70	4.25
i y		30-64					21-4				13-114
Jav	39.50	33.50	27.50	21.50	25.00	19.00	18.00	16.00	15.00	14.00	13.50
4 4 4 4		109-11		70-64	82-0		59-1	52-6	49-2	45-11	
Discus	30.0	27.8	26.0	24.0	22.0	20.0	18.0	16.0	15.0	14.0	13.5
	98-5	91-2	85-4	78-9	72-2			52-6	49-2	45-11	
Hammer	35.0	32.5	30.0	25.0	23.0	22.0	20.0	18.0	14.0	12.0	9.0
F-17 1/9	131-3	114-10		82-0	75-6	72-2	65-8	59-1	45-11		
20 FWE .	10.00	9.00	8.00	7.00	6.00	5.00	4.00	3.50	3.25	3.00	2.75
7 2 3	A TAKE							7505167	SERVICE SERVICE	South Asia	
notes:	1) 100	standar	rds are	for auf	tomatic	time;	use star	ndard c	onversi	on for	hand tim
		rt hurdl									
	3) Shot				; 50+: 0gm; 50		A-SUPERIOR OF				4 7 5
		mer:			: 50+:		gm.				

	LICATION FOR A		A my late
ALL-AMEN	CICAN CERTIFICAT	E/PATO	A STATE OF THE STA
NAME	AGE	-GROUP	<u> </u>
ADDRESS	SE	X: M	. F
CITY	STATE	ZIP	
MEET	DATE OF MEET		
MEET SITE	The second contracts		
EVENT:	MARK:	200	
HURDLE HEIGHT	WEIGHT OF IN	PLEMENT	
CERTIFICATE	PATCH		PATCH TAG
	d of excellence, please send \$10 for		

If you have bettered the standard of excellence, please send \$10 for a certificate, \$10 for patch, or \$15 for both a certificate and a patch. (A patch tag, showing event and year, is an extra \$5 each.) Send to: All-American, National Masters News, P.O. Box 2372, Van Nuys, CA 91404. (Enclose copy of results, or note in which issue they appeared.) A 3-color, 8" by 10" certificate — suitable for framing — and/or a 3-color, 3" x 4" patch will be mailed to you within two weeks. (Allow six weeks for patches with tags.)

TRACK & FIELD RESULTS

Please send results to: National Masters News, P.O. Box 2372, Van Nuys, CA 91404. To keep information current, we generally do not publish results more than 4 months old. Results that are typed (maximum 28 spaces/21/4" wide) in our format receive preference. Deadline is the 10th of the month prior to issue date.

NATIONAL

TAC/USA National Masters Decathlon Championships, Des Moines, IA; July 25-26 1991 WAVA Standards, 1989 WAVA Age-Factoring, 1985 IAAF Scoring

1991 WAVA Stand	AND DESCRIPTION OF THE PARTY OF		TO AND DESCRIPTION OF THE PERSON NAMED IN		the second second		and the second second		
30 - 34 AGE GROUP RESULTS PL AGE SCORE DATE MAME RESIDE: 1 32 6850 26JUL02 Ed Fye(ME) meet:Des Moines, IA FT-IM 2 31 6644* 26JUL02 Doug Porter(WA) meet:Des Moines, IA FT-IN 3 31 5148 26JUL02 Chad Carmack(DE) meet:Des Moines, IA	uce 100m 1.1			400M N	Special Control		PV 17		15004
1 32 6850 26JUL92 Ed Fye(NE)	1196 623	1144	188	532 15	72	3910	420 537	0 N	4:45.80
2 71 44/49 24 HU 02 Days Days (14)	20- 5 1/4	37- 6	1/4	6- 2	128-	3 1/413	- 9 1/4	176-	2
meet:Des Hoines, IA	687 725	609	636	635 6	79	528	886 67	2	587
3 31 5148 26JUL92 Chad Carmack(DE)	1290 559	1144	168	604 20	108-	3414	420 432 702 52	0 N	2 3/4 5:27.01
4 33 5080 26JUL92 Jim Novacek(IA) meet:Des Moines, IA FT-IN	1276 594 543 600	1078	178 636	615 17 393 5	45	2822 430	420 408 702 48	0 N	6:33.78 156
FT-1N	19- 5 3/4	35- 4	1/4	5-10	92-	7 13	- 9 1/4	133-1	0 1/4
35 - 39 AGE GROUP RESULTS PL AGE SCORE DATE NAME RESIDEN	ICE 100M L.I	20		400M H		0.7	PV IT		1500M
35 - 39 AGE GROUP RESULTS PL AGE SCORE DATE 1 35 6862 26JUL92 Bill Lawson(IA) meet:Des Moines, IA 2 37 6223 26JUL92 Jeff Watry(WI) meet:Des Moines, IA FT-IN 3 36 5560 26JUL92 Steve Jensen(WI)	1234 608	1241	178	5545 17	55	3968	420 468	8 N	4:48.30
FT-IN	19-11 1/4	40- 8 1	1/2	5-10	130-	2 13	9 1/4	153-	9 1/2
meet:Des Moines, IA	624 628	569	758	695 7	08	591	451 52	4 N	675
3 36 5540 26JUL92 Steve Jensen(WI)	18-11 1/2 1280 521	1128	168	5942 19	93	3286	375 452 626 60	132- 6 N	5:22.43
meet: Des Moines, IA	17- 1	37- 0	019	5- 6	107-	9 1/212	- 3 1/2	148-	5 3/4
4 36 5476 26JUL92 Jeff Bilderbeck(C	0) 1284 580	945	152	5916 18	02	3028 502	360 426 581 56 9 1/2	2 N	5:16.67 533
meet:Des Moines, IA FT-IN 5 38 4846 26JUL92 Bill Engel(KS) meet:Des Moines, IA	19- 0 1/4	31- 0	168	4-11 3/4 5732 20	76 99-	4 11-	9 1/2	139-	9 3/4
meet:Des Moines, IA FT-IN	549 425	589	619	619 3	36	561	261 297 309 35	0	489
meet:Des Hoines, IA FT-IN 6 39 2357 26JUL92 Mike Maryott(NE) meet:Des Hoines, IA FT-IN	1308 529	938	147	6389 ds	100	000	0	0 N	0:00.0
meet:Des Moines, IA FT-IN	17- 4 1/4	30- 9	1/4	4- 9 3/4	0-	0 0	- 0 0.	0-	0
40 - 44 AGE GROUP RESULTS									
PL AGE SCORE DATE NAME RESIDENT 1 41 7030 26JUL92 Mike HILL(CO)	ICE 100M LJ 1233 622	SP 1156	168	400M H 5446 16	H 55	DT 3788	PV JT 315 419 501 59	0 N	1500M 4:51.61
1 41 7030 26JUL92 Mike Hill(CO) meet:Des Hoines, IA FT-IN 2 40 6855 26JUL92 Mark Salzman(VA)	723 823	667	687	815 7 5- 6	124-	3 1/410	- 9	13/-	3 1/2
2 40 6855 26JUL92 Mark Salzman(WA)	1253 594 685 748	1153	183	5786 15 677 8	95	3798 708	390 452 737 65	0 N	6:18.65
meet:Des Moines, IA FT-IN 3 42 5795 26JUL92 Mike Devis(IL)	19- 5 3/4	37- 9	3/4		124 -	7 1/412	- 9 1/2	148-	3 1/2
meet:Des Hoines TA MI COL	1348 555 516 648 18- 2 1/2	515	585	5- 1 3/4	104-	7569	737 .51	21116	676 CM
4 43 5391 26JUL92 Bill Schooler(IA) 1310 477	986	162 627	5792 20	042	2614 445	285 436 413 62	6 N	5:14.12
meet:Des Moines, IA FT-IN	15- 7 3/4	32. 4		5. 3 3/4	RC.	9 9		143-	2 3/4
meet:Des Hoines, IA	651 529	621	449	501 3	190	3092 550	285 371 413 50	9	396
5 44 5009 26JUL92 Angel Nieves(MA) meet:Des Moines, 1A FT-IN 6 44 4565 26JUL92 Tom Light(AK) meet:Des Moines, 1A FT-IN	18- 7 1/2	35- 8 864	1/4	6594 23	101- 385	5 1/4 9	315 341	121-1 0 N	5:28.03
meet:Des Hoines, IA FT-IN	16- 0 1/2	28- 4	687	395 1 5- 6	183	409	501 45	5	526
7 44 3852 26JUL92 Neal Schuster(WI) 1428 444	487	172	1201 2	107		223 347		
meet:Des Moines, IA	390 386	350	367	6296 22	292	308	248 46	7	553
7 44 3852 26JUL92 Neal Schuster(VI meet:Des Hoines, IA FT-IN	390 386 14- 6 3/4	350 22- 6	367	491 2	292	308	248 46	7	553
45 - 40 ACE COMIN RESULTS			367 1/4	4- 3 3/4	292	9 7	- 3 3/4	114-	553
45 - 49 AGE GROUP RESULTS PL AGE SCORE DATE NAME RESIDE	NCE 100M 'LJ	SP	367 1/4	491 2 4- 3 3/4	292 6 64-	9 7 DT	248 46 - 3 3/4	7	553 1 1/4 1500M
45 - 49 AGE GROUP RESULTS PL AGE SCORE DATE NAME RESIDE 1 46 7422 26JUL92 Rex Harvey(1A) meet:Des Moines, 1A	NCE 100M LJ 1242 602 763 869	SP 1126 691	367 1/4 HJ 162 705	491 2 4- 3 3/4 400M 1 5817 17 750 1	292 6 64- HH 711 801	308 9 7 DT 3722 744	248 46 - 3 3/4 PV JT 420 440 929 67	7 114- 8 N 8	553 1 1/4 1500H 5:45.73 492 7 1/4
45 - 49 AGE GROUP RESULTS PL AGE SCORE DATE NAME RESIDE 1 46 7422 26JUL92 Rex Harvey(1A) meet:Des Moines, 1A FT-IN 2 45 6041 26JUL92 BILL DeNorn()	NCE 100M LJ 1242 602 763 869 19- 9	SP 1126 691 36-11 970	367 1/4 HJ 162 705 1/4 168	491 2 4- 3 3/4 400H 1 5817 17 750 1 5- 3 3/4 6207 19	292 6 64- HH 711 B01 6 122- 932	308 9 7 01 3722 744 1 1/413 2758	PV JT 420 440 929 67 5- 9 1/4 345 416	7 114- 18 H 18 144-	553 1 1/4 1500M 5:45.73 492 7 1/4 6:04.69
45 - 49 AGE GROUP RESULTS PL AGE SCORE DATE NAME RESIDE 1 46 7422 26JUL92 Rex Harvey(1A) meet:Des Moines, 1A FT-IN 2 45 6041 26JUL92 BILL DeNorn()	NCE 100M LJ 1242 602 763 869 19- 9	SP 1126 691 36-11 970	367 1/4 HJ 162 705 1/4 168	491 2 4- 3 3/4 400H 1 5817 17 750 1 5- 3 3/4 6207 19	292 6 64- HH 711 B01 6 122- 932	308 9 7 01 3722 744 1 1/413 2758	PV JT 420 440 929 67 5- 9 1/4 345 416	7 114- 18 H 18 144-	553 1 1/4 1500M 5:45.73 492 7 1/4 6:04.69
45 - 49 AGE GROUP RESULTS PL AGE SCORE DATE NAME RESIDE 1 46 7422 26JUL92 Rex Harvey(1A) meet:Des Moines, 1A FT-IN 2 45 6041 26JUL92 BILL DeNorn()	NCE 100M LJ 1242 602 763 869 19- 9	SP 1126 691 36-11 970	367 1/4 HJ 162 705 1/4 168	491 2 4- 3 3/4 400H 1 5817 17 750 1 5- 3 3/4 6207 19	292 6 64- HH 711 B01 6 122- 932	308 9 7 01 3722 744 1 1/413 2758	PV JT 420 440 929 67 5- 9 1/4 345 416	7 114- 18 H 18 144-	553 1 1/4 1500M 5:45.73 492 7 1/4 6:04.69
45 - 49 AGE GROUP RESULTS PL AGE SCORE DATE NAME RESIDE 1 46 7422 26JUL92 Rex Harvey(1A) meet:Des Moines, 1A FT-IN 2 45 6041 26JUL92 BILL DeNorn()	NCE 100M LJ 1242 602 763 869 19- 9	SP 1126 691 36-11 970	367 1/4 HJ 162 705 1/4 168	491 2 4- 3 3/4 400H 1 5817 17 750 1 5- 3 3/4 6207 19	292 6 64- HH 711 B01 6 122- 932	308 9 7 01 3722 744 1 1/413 2758	PV JT 420 440 929 67 5- 9 1/4 345 416	7 114- 18 H 18 144-	553 1 1/4 1500M 5:45.73 492 7 1/4 6:04.69
45 - 49 AGE GROUP RESULTS PL AGE SCORE DATE NAME RESIDE 1 46 7422 26JUL92 Rex Harvey(1A) meet:Des Moines, 1A FT-IN 2 45 6041 26JUL92 BILL DeNorn()	NCE 100M LJ 1242 602 763 869 19- 9	SP 1126 691 36-11 970	367 1/4 HJ 162 705 1/4 168	491 2 4- 3 3/4 400H 1 5817 17 750 1 5- 3 3/4 6207 19	292 6 64- HH 711 B01 6 122- 932	308 9 7 01 3722 744 1 1/413 2758	PV JT 420 440 929 67 5- 9 1/4 345 416	7 114- 18 H 18 144-	553 1 1/4 1500M 5:45.73 492 7 1/4 6:04.69
45 - 49 AGE GROUP RESULTS PL AGE SCORE DATE NAME RESIDE 1 46 7422 26JUL92 Rex Harvey(IA) meet:Des Moines, IA FT-IN 2 45 6041 26JUL92 Bill DeHorn() meet:Des Hoines, IA FT-IN 3 49 5900 26JUL92 Steve Rogers(KS) meet:Des Moines, IA FT-IN 4 49 4877 26JUL92 Tom Thorne(HO) meet:Des Hoines, IA FT-IN 5 45 4352 26JUL92 Jim Rose(MS)	NCE 100M LJ 1242 602 763 869 19- 9 1339 548 584 716 17-11 1/2 1372 515 529 626 16-10 3/4 1375 489 523 559 16- 0 1/2 1306 475	SP 1126 691 36-11 970 579 31- 9 1203 747 39- 5 844 488 27- 8 1056	367 1/4 HJ 162 705 1/4 168 767 3/4 152 610 1/2 147 560 1/4	491 2 4-3 3/4 400M 1 5817 1750 6 5-3 3/4 6207 14 604 5 5-6 6287 2 576 4-11 3/ 6731 2 430 4-9 3/ 6081 2	292 4 64- HH 711 801 4 122- 583 90 035 404 4 116 116 116 116 116 116 117 118 118 118 118 118 118 118	308 9 7 DT 3722 744 -1 1/413 2758 515 -5 3/411 3544 701 -3 1/4 8 2708 503 503 503 503 503 503 503 503 503 503	248 46 - 3 3/4 PV JT 420 440 929 67 - 9 1/4 345 416 639 63 - 1 3 3/4 270 415 418 63 - 1 1/4 270 385 418 57 - 1 1/4 270 1/4 270 1/4 270 1/4 270 1/4 270 1/4	77 114- 18 N 18 144- 136- 136- 137- 18 N 174 126- 120 N	553 1 1/4 1500M 5:45.73 492 7 1/4 6:04.69 403 7 1/4 5:31.83 563 5 1/2 6:07.60 391 6 3/4 0:00.0
45 - 49 AGE GROUP RESULTS PL AGE SCORE DATE NAME RESIDE 1 46 7422 26JUL92 Rex Harvey(IA) meet:Des Moines, IA FT-IN 2 45 6041 26JUL92 Bill DeHorn() meet:Des Hoines, IA FT-IN 3 49 5900 26JUL92 Steve Rogers(KS) meet:Des Moines, IA FT-IN 4 49 4877 26JUL92 Tom Thorne(HO) meet:Des Hoines, IA FT-IN 5 45 4352 26JUL92 Jim Rose(MS)	NCE 100M LJ 1242 602 763 869 19- 9 1339 548 584 716 17-11 1/2 1372 515 529 626 16-10 3/4 1375 489 523 559 16- 0 1/2 1306 475	SP 1126 691 36-11 970 579 31- 9 1203 747 39- 5 844 488 27- 8 1056	367 1/4 HJ 162 705 1/4 168 767 3/4 152 610 1/2 147 560 1/4	491 2 4-3 3/4 400M 1 5817 1750 6 5-3 3/4 6207 14 604 5 5-6 6287 2 576 4-11 3/ 6731 2 430 4-9 3/ 6081 2	292 4 64- HH 711 801 4 122- 583 90 035 404 4 116 116 116 116 116 116 117 118 118 118 118 118 118 118	308 9 7 DT 3722 744 -1 1/413 2758 515 -5 3/411 3544 701 -3 1/4 8 2708 503 503 503 503 503 503 503 503 503 503	248 46 - 3 3/4 PV JT 420 440 929 67 - 9 1/4 345 416 639 63 - 1 3 3/4 270 415 418 63 - 1 1/4 270 385 418 57 - 1 1/4 270 1/4 270 1/4 270 1/4 270 1/4 270 1/4	77 114- 18 N 18 144- 136- 136- 137- 18 N 174 126- 120 N	553 1 1/4 1500M 5:45.73 492 7 1/4 6:04.69 403 7 1/4 5:31.83 563 5 1/2 6:07.60 391 6 3/4 0:00.0
45 - 49 AGE GROUP RESULTS PL AGE SCORE DATE NAME RESIDE 1 46 7422 26JUL92 Rex Harvey(IA) meet:Des Moines, IA FT-IN 2 45 6041 26JUL92 Bill DeHorn() meet:Des Hoines, IA FT-IN 3 49 5900 26JUL92 Steve Rogers(KS) meet:Des Moines, IA FT-IN 4 49 4877 26JUL92 Tom Thorne(HO) meet:Des Hoines, IA FT-IN 5 45 4352 26JUL92 Jim Rose(MS)	NCE 100M LJ 1242 602 763 869 19- 9 1339 548 584 716 17-11 1/2 1372 515 529 626 16-10 3/4 1375 489 523 559 16- 0 1/2 1306 475	SP 1126 691 36-11 970 579 31- 9 1203 747 39- 5 844 488 27- 8 1056	367 1/4 HJ 162 705 1/4 168 767 3/4 152 610 1/2 147 560 1/4	491 2 4-3 3/4 400M 1 5817 1750 6 5-3 3/4 6207 14 604 5 5-6 6287 2 576 4-11 3/ 6731 2 430 4-9 3/ 6081 2	292 4 64- HH 711 801 4 122- 583 90 035 404 4 116 116 116 116 116 116 117 118 118 118 118 118 118 118	308 9 7 DT 3722 744 -1 1/413 2758 515 -5 3/411 3544 701 -3 1/4 8 2708 503 503 503 503 503 503 503 503 503 503	248 46 - 3 3/4 PV JT 420 440 929 67 - 9 1/4 345 416 639 63 - 1 3 3/4 270 415 418 63 - 1 1/4 270 385 418 57 - 1 1/4 270 1/4 270 1/4 270 1/4 270 1/4 270 1/4	77 114- 18 N 18 144- 136- 136- 137- 18 N 174 126- 120 N	553 1 1/4 1500M 5:45.73 492 7 1/4 6:04.69 403 7 1/4 5:31.83 563 5 1/2 6:07.60 391 6 3/4 0:00.0
45 - 49 AGE GROUP RESULTS PL AGE SCORE DATE NAME RESIDE 1 46 7422 ZÓJUL92 REX HARVEY(IA) meet:Des Moines, IA FT-IN 2 45 6041 ZÓJUL92 BIIL DEHORN() meet:Des Moines, IA FT-IN 3 49 5900 ZÓJUL92 Steve Rogers(KS) meet:Des Hoines, IA FT-IN 4 49 4877 ZÓJUL92 Tom Thorne(HO) meet:Des Moines, IA FT-IN 5 45 4352 ZÓJUL92 Jim Rose(MS) meet:Des Moines, IA FT-IN	NCE 100M LJ 1242 602 763 869 19- 9 1339 548 584 716 17-11 1/2 1372 515 529 626 16-10 3/4 1375 489 523 559 16- 0 1/2 1306 475	SP 1126 691 36-11 970 579 31- 9 1203 747 39- 5 844 488 27- 8 1056	367 1/4 HJ 162 705 1/4 168 767 3/4 152 610 1/2 147 560 1/4	491 2 4-3 3/4 400M 1 5817 1750 6 5-3 3/4 6207 14 604 5 5-6 6287 2 576 4-11 3/ 6731 2 430 4-9 3/ 6081 2	292 4 64- HH 711 801 4 122- 583 90 035 404 4 116 116 116 116 116 116 117 118 118 118 118 118 118 118	308 9 7 DT 3722 744 -1 1/413 2758 515 -5 3/411 3544 701 -3 1/4 8 2708 503 503 503 503 503 503 503 503 503 503	248 46 - 3 3/4 PV JT 420 440 929 67 - 9 1/4 345 416 639 63 - 1 3 3/4 270 415 418 63 - 1 1/4 270 385 418 57 - 1 1/4 270 1/4 270 1/4 270 1/4 270 1/4 270 1/4	77 114- 18 N 18 144- 136- 136- 137- 18 N 174 126- 120 N	553 1 1/4 1500M 5:45.73 492 7 1/4 6:04.69 403 7 1/4 5:31.83 563 5 1/2 6:07.60 391 6 3/4 0:00.0
45 - 49 AGE GROUP RESULTS PL AGE SCORE DATE NAME RESIDE 1 46 7422 ZóJUL92 Rex Harvey(IA) meet:Des Moines, IA FT-IN 2 45 6041 ZóJUL92 Bill DeHorn() meet:Des Hoines, IA FT-IN 3 49 5900 ZóJUL92 Steve Rogers(KS) meet:Des Hoines, IA FT-IN 4 49 4877 ZóJUL92 Tom Thorne(MO) meet:Des Hoines, IA FT-IN 5 45 4352 ZóJUL92 Jim Rose(MS) meet:Des Hoines, IA FT-IN 6 45 1624 ZóJUL92 Bill Siart(CA) meet:Des Moines, IA FT-IN 6 45 1624 ZÓJUL92 Bill Siart(CA) meet:Des Moines, IA FT-IN	NCE 100M LJ 1242 602 763 869 19- 9 1339 548 584 716 17-11 1/2 1372 515 529 626 16-10 3/4 1375 489 523 559 16- 0 1/2 1306 475 643 523 15- 7 1378 516 518 628	SP 1126 691 36-11 970 579 1203 747 39-5 844 488 27-8 1056 640 34-7 831 478 27-3	367 1/4 HJ 162 705 1/4 168 767 3/4 152 610 1/2 147 137 464 1/2 d	400 4 3 3/4 400 1 5817 1: 5817 1: 5817 1: 55-3 3/4 6207 1: 604 5-6 6287 2: 430 4-9 3/6731 2 650 2: 4-5 3/4 0 0 0 0	292 64 64- NHM 711 801 122- 932 90 035 543 44 116 112 431 4 88 1169 387 4 106-0 0	308 9 7 3722 744 1 1/413 2758 515 5 3/411 3544 701 - 3 1/4 8 2708 503 - 10 3234 627 1 08 0 0	248 46 - 3 3/4 PV JT 420 440 929 67 929 67 929 67 929 67 929 67 929 67 929 67 929 67 929 67 929 929 929 929 929 929 929 929 929 92	77 114- 188 N 18 144- 24 N 11 136- 20 N 137- 188 N 74 126- 20 N	553 1 1/4 1500M 5:45.73 492 7 1/4 6:04.69 403 7 1/4 5:31.83 563 5:31.83 563 6:07.60 391 0:00.0
45 - 49 AGE GROUP RESULTS PL AGE SCORE DATE NAME RESIDE 1 46 7422 ZóJUL92 Rex Harvey(IA) meet:Des Moines, IA FT-IN 2 45 6041 ZóJUL92 Bill DeHorn() meet:Des Hoines, IA FT-IN 3 49 5900 ZóJUL92 Steve Rogers(KS) meet:Des Hoines, IA FT-IN 4 49 4877 ZóJUL92 Tom Thorne(MO) meet:Des Hoines, IA FT-IN 5 45 4352 ZóJUL92 Jim Rose(MS) meet:Des Hoines, IA FT-IN 6 45 1624 ZóJUL92 Bill Siart(CA) meet:Des Moines, IA FT-IN 6 45 1624 ZóJUL92 Bill Siart(CA) meet:Des Moines, IA FT-IN	NCE 100M LJ 1242 602 763 869 19- 9 1339 548 584 716 17-11 1/2 1372 515 529 626 16-10 3/4 1375 489 523 559 16- 0 1/2 1306 475 643 523 15- 7 1378 516 518 628	SP 1126 691 36-11 970 579 1203 747 39-5 844 488 27-8 1056 640 34-7 831 478 27-3	367 1/4 HJ 162 705 1/4 168 767 3/4 152 610 1/2 147 137 464 1/2 d	400 4 3 3/4 400 1 5817 1: 5817 1: 5817 1: 55-3 3/4 6207 1: 604 5-6 6287 2: 430 4-9 3/6731 2 650 2: 4-5 3/4 0 0 0 0	292 64 64- NHM 711 801 122- 932 90 035 543 44 116 112 431 4 88 1169 387 4 106-0 0	308 9 7 3722 744 1 1/413 2758 515 5 3/411 3544 701 - 3 1/4 8 2708 503 - 10 3234 627 1 08 0 0	248 46 - 3 3/4 PV JT 420 440 929 67 929 67 929 67 929 67 929 67 929 67 929 67 929 67 929 67 929 929 929 929 929 929 929 929 929 92	77 114- 188 N 18 144- 24 N 11 136- 20 N 137- 188 N 74 126- 20 N	553 1 1/4 1500M 5:45.73 492 7 1/4 6:04.69 403 7 1/4 5:31.83 563 5:31.83 563 6:07.60 391 0:00.0
45 - 49 AGE GROUP RESULTS PL AGE SCORE DATE MANE RESIDE 1 46 7422 26JUL92 Rex Harvey(IA) meet:Des Moines, IA FT-IN 2 45 6041 26JUL92 Bill DeHorn() meet:Des Moines, IA FT-IN 3 49 5900 26JUL92 Steve Rogers(KS) meet:Des Hoines, IA FT-IN 4 49 4877 26JUL92 Tom Thorne(HO) meet:Des Hoines, IA FT-IN 5 45 4352 26JUL92 Jim Rose(MS) meet:Des Moines, IA FT-IN 6 45 1624 26JUL92 Bill Siart(CA) meet:Des Moines, IA FT-IN 50 - 54 AGE GROUP RESULTS PL AGE SCORE DATE MANE RESIDI 1 54 7087 26JUL92 Dale Lance(OK) meet:Des Moines, IA	NCE 100M LJ 1242 602 763 869 19- 9 1339 548 584 716 17-11 1/2 1372 515 529 626 16-10 3/4 1375 489 523 559 16- 0 1/2 1306 475 643 523 15- 7 1378 516 518 628 16-11 1297 555 719 835	SP 1126 691 36-11 970 31-9 1203 747 39-5 844 488 27-8 1056 640 34-7 831 478 27-3	367 1/4 HJ 162 705 1/4 168 767 3/4 152 610 1/2 147 560 1/4 137 464 1/2 d 0	400M 1 5817 17 750 1 5 5 3 3/4 6207 1 604 1 5 7 6 6287 2 576 4-11 3/6081 2 650 3 4-5 3/4 6081 2 650 1 606 1 6165 1 710	P92 64 64-118 122-118 119 119 119 119 119 119 119 119 119	308 9 7 DT 3722 7 1 1/413 2758 515 5 3/411 3544 701 3 1/4 8 2708 503 8 627 8 000 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	248 46 - 3 3/4 PV JT 420 440 929 67 - 9 1/4 345 416 659 63 - 3 3/4 270 415 418 63 - 10 1/4 270 0 0 1- 10 1/4 0 0 0 PV JT 375 437 652 73	7 114- 114- 18 N 8 144- 11 136- 100 N 16 11 137- 18 N 74 126- 100 N 0-	553 1 1/4 1500M 5:45.73 492 403 7 1/4 6:04.69 403 7 1/4 5:31.83 563 5 1/2 6:07.60 391 6 3/4 0:00.0 0
45 - 49 AGE GROUP RESULTS PL AGE SCORE DATE NAME RESIDE 1 46 7422 ZÓJUL92 REX HARVEY(IA) meet:Des Moines, IA FT-IN 2 45 6041 ZÓJUL92 BIIL DEHORN() meet:Des Moines, IA FT-IN 3 49 5900 ZÓJUL92 Steve Rogers(KS) meet:Des Hoines, IA FT-IN 4 49 4877 ZÓJUL92 Tom Thorne(HO) meet:Des Moines, IA FT-IN 5 45 4352 ZÓJUL92 JIM ROSE(MS) meet:Des Moines, IA FT-IN 6 45 1624 ZÓJUL92 BIIL SIART(CA) meet:Des Moines, IA FT-IN 50 - 54 AGE GROUP RESULTS PL AGE SCORE DATE 1 54 7087 ZÓJUL92 Date Lance(OK) meet:Des Moines, IA FT-IN 2 51 6072 ZÓJUL92 Dave Eidahl(IA) meet:Des Moines, IA	NCE 100M LJ 1242 602 763 869 19- 9 1339 548 716 17-11 1/2 1372 515 529 626 16-10 3/4 1375 489 523 559 16- 0 1/2 1306 475 15- 7 1378 516 518 628 16-11 1277 555 719 835 16- 2 1/2 1350 549 624 818	SP 1126 691 36-11 17970 579 31-9 1203 747 39-5 844 488 27-8 811 478 27-3 SP 948 77-3 11-1 870 483	367 1/4 HJ 162 705 1/4 168 767 767 3/4 152 147 500 1/2 147 500 1/2 0 0 HJ 157 767 740 147 636	400 4 3 3/4 400 1 5817 1: 7581	292 64 64- 111	308 9 7 DT 3722 744 1 1/413 2758 5 15 5 3/411 3544 701 - 3 1/4 8 503 - 10 3234 627 1 00 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	248 46 - 3 3/4 PV JT 420 440 929 67 - 9 1/4 345 416 659 63 - 3 3/4 270 418 31-10 1/4 270 (0 418 0 1-10 1/4 0 0 0 0 PV JT 375 437 852 73 - 3 1/2 285 317 525 68	7 114- 114- 18 N 8 N 8 N 8 N 8 N 8 N 8 N 8 N 8 N 8 N	553 1 1/4 1500M 5:45.73 492 7 1/4 6:04.69 403 7 1/4 5:31.83 563 5 1/2 0:00.0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0
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45 - 49 AGE GROUP RESULTS PL AGE SCORE DATE MANE RESIDE 1 46 7422 26JUL92 Rex Marvey(IA) meet:Des Moines, IA FT-IN 2 45 6041 26JUL92 Bill DeNorn() meet:Des Moines, IA FT-IN 3 49 5900 26JUL92 Steve Rogers(KS) meet:Des Moines, IA FT-IN 4 49 4877 26JUL92 Tom Thorne(MO) meet:Des Moines, IA FT-IN 5 45 4352 26JUL92 Jim Rose(MS) meet:Des Moines, IA FT-IN 6 45 1624 26JUL92 Bill Siart(CA) meet:Des Moines, IA FT-IN 50 - 54 AGE GROUP RESULTS PL AGE SCORE DATE MANE RESIDI 1 54 7087 26JUL92 Dave Eidahl(IA) meet:Des Moines, IA FT-IN 2 51 6072 26JUL92 Dave Eidahl(IA) meet:Des Moines, IA FT-IN 3 50 5707 26JUL92 Tim Collins(NY) meet:Des Moines, IA FT-IN 4 51 1919 26JUL92 Jim Ratzloff(KS meet:Des Moines, IA FT-IN 55 - 59 AGE GROUP RESULTS PL AGE SCORE DATE MANE RESIDI 1 56 5695 26JUL92 Bob Hoore(GA) meet:Des Moines, IA FT-IN 2 59 5621 26JUL92 Phil Mulkey(GA) meet:Des Moines, IA FT-IN 3 58 5566 26JUL92 Frank Brown(IA) meet:Des Moines, IA FT-IN 3 58 5566 26JUL92 Frank Brown(IA) meet:Des Moines, IA FT-IN	NCE 100M LJ 1242 602 763 869 19- 9 1339 548 584 716 17-11 1/2 1372 515 529 626 16-10 3/4 1373 516 518 628 16-11 1297 555 719 835 18- 2 1/2 1350 643 18- 0 1353 501 620 675 16- 5 18- 60 1353 501 620 675 16- 5 16- 5 16- 5 18- 0 1353 501 620 675 16- 7 1336 485 16- 7 1336 485 16- 7 1336 485 16- 7 1336 485 16- 7 1336 485 16- 7 1337 481 16- 7 17- 7 14- 11 1/2 16- 7 17- 7 14- 11 1/2 17- 7	SP 1126 691 36-11 1126 691 36-11 1203 747 39-5 844 488 81056 640 34-7 831 87-8 81186 702 88-8 1186 702 38-10 1208 773 39-7 772 465 25-11 932 558	367 1/4 HJ 162 705 1/4 168 767 3/4 152 610 1/2 147 560 1/4 137 464 11/2 d 0 HJ 157 740 0 HJ 137 610 147 723 3/4 HJ 137 610	491 24 - 3 3/4 4- 3 3/4 400M 1 5817 1: 7570 1: 5-3 3/4 5-6 6 6287 2: 604 5: 66 6287 2: 634 2: 650 2:	292 64 64- 711 801 122- 752 583 90 753 744 1169 753 74 106- 753 74 106- 753 75 160 1610 1610 1610 1610 1610 1610 1610	308 9 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7	248 46 - 3 3/4 PV JT 420 440 929 67 - 9 1/4 345 416 659 63 - 3 3/4 270 481 3-10 1/4 270 (0 418 0 1-10 1/4 270 (0 418 0 1-10 1/4 0 0 0 PV JT 375 437 - 3 1/2 285 317 - 3 1/2 285 317 - 4 270 30 0 51 - 0 0	7 114- 7 114- 88 N 88 8 108- 88 104- 11 136- 106 N 137- 18 N 126- 100 N 0- 17 143- 18 N 104- 17 109- 18 N 108- 18 N 108- 108- 108- 108- 108- 108- 108- 108-	553 1 1/4 1500M 5:45.73 492 7 1/4 6:04.69 403 7 1/4 5:31.83 5:31.83 5:31.83 5:31.83 5:31.83 5:31.83 5:31.83 5:31.83 6:07.60 391 0:00.0 0 0 0:00.0 0 0 0 0:00.0 0 0 0 1500M 6:12.37 428 7 1/2 15:33.87 614 3 15:03.70 7:18.42 240 11 3/4 0:00.0 0 6 1/2 5:24.47 7:38 11 1/4 0:00.0 0 6 1/2 5:24.47 7:38 11 1/4 0:00.0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0

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6 58 4588	26JUI 92	Ted Oviatt(CA)	1533 381	754	132	7281 21	135	2776	238 192	6 N	5:37.85
	s Moines,		402 421	437	560	442 4	112	530	423 29	14	667
	A STATE OF THE PARTY OF	FT-IN	12- 6	24- 8	3/4	4- 3 3/4		91- 0 3/4	7- 9 1/2	63-	2 1/4
7 57 4058	26,101,92	Harold Herrington				ALC: Y					
	Property live		1550 392	810	127	7366 25	569	2658			6:46.16
meet:De	s Moines,	14	379 451	478	504	417 1	143	502	475 39		355
1 27 to 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1		FT-IN	12-10 1/4			4- 2		87- 2 1/4	8- 3 1/2	12.	1 1/4
8 SA 3514	26.11.11 92	Rusty Hamilton(SC) 1603 389	790		8663 25	519	2794	238 29		8:49.75
	s Moines,		309 443	463	504		167	534	423 5		30
		FT-IN	12- 9	25-11		4- 2		91- 8	7- 9 1/2	95-	8 3/4
		Carlo Company									
60 - 64			CE 100M LJ	59	N.J	400H H	CH .	DT	PV JT		1500M
PL AGE SCO		Clarence Trinkner						E TANK			
1 60 6439	SOUCAS	Clarence Irinkiner	1356 490	1024	145	6485 16	121	2744	208 258	0 2	6:59.68
		Company of the same	755 854			801 9		479	371 43		381
meet:De	s Moines,	FT-IN	16- 0 3/4			4. 0	-	90- 0 1/4		84-1	
2 40 5715	24 88 92	Jerry Relserer(KS			127	769 19	218	3584	253 279		6:48.51
	s Moines,		571 757	600	585	420 6		667	543 47		425
metibe	. Homes,	FT-IN .	15- 1 3/4			4- 2			8- 3 1/2		
3 42 5472	26 HH 92	Loren Suanson(OR)		986		7119 18	885	3396			7:12.06
	s Moines,		504 533		644	590		624	551 57	74	335
201.00		FT-IN	12-10 1/2			4- 3 3/4		111- 5	8- 4 1/4	105-	9 1/4
4 60 5480	26.111 92	Dave Douglass(CA)				7089 19		3048	238 29	36 O	7:04.22
	s Moines,		446 584	630	705	599		546	485 5		364
12000		FT-IN	13- 5	32-11		4- 5 3/			7- 9 1/2		3 3/4
5 60 3424	26.111 02	Walter Diggs(TN)	1580 336			1162 d		3192			0:00.0
	s Moines,		404 367		528		0	579	485 4		0
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6 65 3133	26.101 02	Dick Scott(MO)	1460 456	1042	117	df d	1	3654			0:00.0
	s Moines,		580 739	659	472		0	683	0 0	20.00	0
		FT-IN	14-11 1/2	34- 2	Tiens?	3-10		119-10 1/2	0- 0	0-	0
7 64 2776	26JUL92	Don Grey(VA)	1743 316		112	941 d	1	2790	223 23	02 0	0:00.0
	s Moines,		212 312	- 469	419	79	0	489	426 3	70	0
The contra		FT-IN	10- 4 1/4	25-10		3- 8		91- 6 1/4	7- 3 3/4		6 1/4
8 62 2599	26JUL92	Bob Wainman(NY)	1740 299	688	122	918 3	59	2410	208 19	82 0	10:03.03
meet:De	s Hoines,	IA	215 269	395	528		0	405	371 3		0
40.00	Children of	FT-IN	9- 9 1/2	22- 6	3/4	4- 0		79- 0 3/4	6- 9 3/4	65-	0 1/4
65 - 69	AGE GROUP	RESULTS	The state of the							- 37	
PL AGE SCO	RE DATE	NAME RESIDE	NCE 100M LJ			400M		DT	PV J		1500M
1 66 7336	26JUL9	Denver Smith(OH)	1433 447	988	132	The second		3812	283 31	42 0	7:02.24
meet:De	s Moines,	1A	709 821					806	. 754	525	459
The second	TONG P.	FT-IN	14- 7 3/4	32- 4	3/4	4- 3 3/	14	125- 0 3/4	9- 3 1/4	103-	1
		Buck Bradberry(G	A) 1397 460			744 1		3566	268 2	992 0	7:12.72
meet:De	s Moines,		769 871			599	935	743		588	418
4 - 12 -	20 24 100	FT-1N	15- 1	32-10		4- 7			8- 9 1/2		
		Fred Hirsimaki(O				810 2		3126			7:20.22
meet:De	s Moines,		492 606				622	633			390
4	Selection of the	FT-IN	12- 8 1/4	29- 9		4- 2	aries (7- 9 1/2	89-	3 1/2
		2 Ted Ensslin(CA)	1490 389		117		2086	2432	238 3	020 0	7:40.91
meet:De	s Moines,		616 613				631	467	554	595	317
	100	FT-IN	12- 9	26- 9	1/4	3-10		79- 9 1/4	7- 9 1/2	99-	0 3/4
-											
		RESULTS	The state of the same	100	1300	The state	200		1		A PROPERTY.
PL AGE SCO			NCE 100M L.		HJ	400M	HH	DT			1500M
		Boo Morcom(NH)	1618 439		132	796	1552	3068			8:16.31
meet:De	s Moines		523 918			THE RESERVE OF THE PARTY OF THE		706	951		293
		FT-IN	14- 4 3/4	31- 9	7.8	4- 3 3/	14	100- 7 3/4	¥-10	83-	8 1/2
12	100				1	O RETURN		And the second			TY AND IN
75 - 79 PL AGE SCI	AGE GROUI	RESULTS						A 18 18 19	The second		
PL AGE SCO	ME DATE	NAME RESIDE				400M		DT		JT .	1500M
		2 Dan Bulkley(OR)	1575 356	816	122	726		2298			6:05.74
meet:De	es Moines,	FT-IN	703 697	26- 9	1/4	919	753	576	6- 3 3/4		921
2 75 552	26 1111 0	Ham Morningstar(122		990	3048			8 1/4
	s Moines		515 544	837	813	248		813			0:00.0
		FT-IN	10- 5	33- 4	3/4	4- 0	1	100- 0	6- 9 3/4		2 1/2
1 2 to 1 and		Control of the second	1		Name of the last	0000	5'9	1 - 3 - 50		MARKET CO	
		RESULTS OAW	The state of the s	12.4	-	-	#75	0-81	P3 30	Held Life	Story to be
		NAME RESIDE	NCE 100M LJ	SP	HJ			DT	PY	Table?	1500M
		Bob Boal (NC)	1872 280	520		959 2	037	1852	163 17	28 0	7:59.32
meet:D	es Moines	IA con ser and the	444 483	438	696	447	555	515	AND DESCRIPTION OF THE PERSON	.23	205
SELECTION.		FT-IN	9- 2	17- 0	1/2	3- 6		60- 9	5-4	56-	8 1/4
A STATE OF THE STA	MATERIAL	The state of the s				1 th 7 mm		1			TANK TANK
		d Implements or Di	stances	Parkers.		1000			The second		
		Performance		2/10/1	1	78-1-15-1	*	and the same of th		SECTION.	1000
		= Hand Timing,	2 Decimal Di	gits =	FULLY	AUTOMA	I of	iming			
Shotpu	10=10	Pounds, 12=12 Poun	4=400 C	05, 0	KILO	grams,	2 K	lograms, 4	- Kilogran		-18 4
Javeli	0-800	Gram, 6=600 Gram,	400 Gram,	0=0(8	IMP	(bre-146	1 18	vetin, N=N	ER TWE (12	OL JEA	e(In)

TAC/USA National Masters Heptathlon Championships, Des Moines, IA; July 25-26 1991 WAVA Standards, 1989 WAVA Age Grading, and 1985 IAAF Scoring

Place Age Score Name	Res.	Hur.	IU	SP	200M	U	Л	800M
W30-34 Age Group								
1. 34 4280 Sande Lambert	(TX)	16.50	1.46	9.80	28.4	4.98	25.22	2:24.99
The state of the s		695	621	542	620	584	429	789
W40-44 Age Group								
1. 44 3263 Sandy Maryott	(NE)	17.45	1.31	7.54	34.3	3.75	22.14	3:25.25
A STATE OF THE PARTY OF THE PAR	TO SER	714	621	449	356	376	462	285
Guest44 3018 Liz McBlain	(Can)	16.85	1.37	9.06	43.5	3.54	19.66	3:32.75
Seeon and and and the house		783	701	566	18	319	400	231
W45-49 Age Group	Part of the A				Various C			
1. 45 4998 Phil Raschker	(GA	13.58	1.43	6.98	28.5	4.95	19.92	2:52.65
Sp. 1 section for the letter of the letter o		842	903	455	824	862	461	651
2. 48 3648 Marlene Sachs	(VD	17.25	1.22	8.06	32.9	3.90	21.44	2:57.35
	1	386	610	545	508	495	503	601
W55-59 Age Group			-	343	300	7,5	303	001
1. 59 1368 Lucy Anne Brob	st(NC)	41.35	.77	6.19	48.03	2.43	13.62	4:07.22
CARL TO THE STREET	Park S	0	197	426	30	182	340	193
W60-64 Age Group						19.00	-	Barrie Barrie
1. 64 4080 Leonore McDan	iels(VA)	19.58	1.22	6.74	35.23	3.87	13.80	4:02.45
A STATE OF THE STA		409	991	541	637	801	397	304

Top Ten Overall Age-Factored Results

- AGE SCORE DATE NAME RESIDENC. 46 7422 26JUL92 Rex Narvey(IA) meet:Des Hoines, IA
- 2 66 7336 26JUL92 Denver Smith(ON) meet:Des Moines, IA
- 3 65 7163 26.JUL92 Buck Bradberry(GA meet:Des Moines, IA
- 4 54 7087 26JUL92 Date Lance(OK) meet:Des Moines, 1A
- 5 41 7030 26JUL92 Nike Will(CO) meet:Des Moines, IA
- 6 75 6950 26JUL92 Dan Bulkley(OR) meet:Des Hoines, IA
- 7 35 6862 26JUL92 BILL Lawson(IA)
- 8 40 6855 26JUL92 Mark Salzman(UA) meet:Des Moines, IA
- 9 71 6853 26JUL92 Boo Morcom(NH) meet:Des Moines, IA
- 10 32 6850 26JUL 92 Ed Fye(NE) meet:Des Hoines, IA

TAC/USA National Masters T&F Championships Racewalk **Results Revisions**

- 1 Bill PattersonNC/77 33:21.6 2 Bill TallmadgeKY/76 33:50.5 3 Don Johnson NJ/75 34:48.1

- W30-34
 1 Jackie Kerby NM/31 27:29.4
 2 Sarah Klaudt WA/33 29:11.3
 3 PenneLelandWhtWA/30 39:15.0
 W35-39
 1 SallyRichardsKrCO/39 25:32.4
 2 Cindy Paffumi CA/38 26:15.9
 3 Therese IknoinCA/35 27:08.7
 4 Mataji Graham NM/39 29:10.8
 5 Kathy Finch MN/37 29:18.4
 6 Cheryl Embry HI/35 29:55.07
 7 TamaraWilliamsHI/37 30:43.0
 W65-69
 1 Miriam Gordon FI/67 33:37
- 1 Miriam Gordon FL/67 33:27.4 2 Jean Cotner CA/69 42:03.7

- 1 Polly Clarke CO/82 37:56.4 2 MarilaSalisbryCA 66:57.0
- 12 Shelah Gove WA/41 65:21 (omitted/13 finishers) M55-59 Don Fountain 71:04

EAST

Potomac Valley Seniors TC Meets Alexandria, VA

-June 28	
30 Curtis Jones	32
140 Tyrone Huff	42

- M40 Tyrone Huff 42 14.9 M50 Alby Williams 52 11.9 M60 Joel Holman 62 14.1 W30 Sandy Austin 36 14.8 W50 Elly McComas 52 16.0
 - Continued on next page

October, 1992		
Continued from prev		The second secon
W60 Pat Nesley W70 Carla Convery	72	16.9 21.1
200m		
M30 Curtis Jones M40 Ralph Penn	32 40	23.8
M50 Alby Williams	52	24.7
M50 Alby Williams M60 Joel Holman M70 Ed Matthews	62	29.2 29.3
W30 Lynn Davis	36	31.2
400m M30 Ken Womack	22	50.6
M40 Ralph Penn	40	51.7
M50 Alby Williams M70 Ed Matthews	52	54.1 70.3
W30 Lynn Davis	36	69.1
W40 J J Decatur W50 Setsu Rosen	40	73.0 86.9
800m		
M30 Bruce Hamilton M40 Abdul Elmehdaou	37	2:01.3
M50 Jim Demma W30 Marg Zalenska	52	2:16.2
W30 Marg Zalenska Mile	32	2:34.8
M30 Bruce Hamilton	37	4:30
M40 Spider Rossiter M50 Rolland Elliot	56	4:54
"JO Kenee Dutter	31	6:04
M30 Dave Lopez	31	9:16
M30 Dave Lopez M40 Bob Weiner M50 Rolland Elliot M60 Bernard Gelb Short Hurdles	45	10:25
M60 Bernard Gelb	60	12:08
		The state of the s
M30 Lloyd Jeremia M60 Mark Richards	33 61	15.3 21.5
400mH		
M30 Karl Smith High Jump	33	51.9
M30 Percell Sykes		6-4
M40 Howard Cohen Long Jump	57	4-0
M30 Nathan Laute		17-9
W30 Pat Brown Triple Jump		10-1}
M30 Jeff James	33	38-111
Shot Put M30 Joe Johns	35	46-10
MSO Marty Rademaches	-54	32_R
		34-7 24-6}
W30 Pam Hinkle W50 Sharon Good W60 Kate DeAngelis	59	20-4
W70 B Kleinschmidt	70	18-10
Discus		The state of the s
M30 Joe Johns M40 Claude Lott	47	138-11 130-0
M50 Ed McComas	58	151-1
M60 Bob Leishear W30 Pam Hinkle	32	108-9 69-6
W50 Sharon Good	59	46-6
W50 Sharon Good W60 Kate DeAngelis W70 B Kleinschmidt	70	50-9
M40 Russ White M50 Marty Rademacher	54	126-6
MSO Marty Rademacher M60 Ned Curran M80 Clarence Larson W30 Patricia Brown W50 Sharon Good W60 Lee Glassco W70 B Kleinschmidt Mile Racewalk	63	92-4 52-8
W30 Patricia Brown	39	61-1
W50 Sharon Good	59	35-8 77-10
W70 B Kleinschmidt	70	52-8
Mile Racewalk	36	8-47
M30 Dan Kornhauser M40 Al Logie M60 Bill O'Reilly M70 John Dunaway W30 Wendy Paul W40 Joan Schindel W60 Pat Nesley	42	10:15
M60 Bill O'Reilly	66	9:49
W30 Wendy Paul	38	14:01
W40 Joan Schindel	49	9:41
3000m Racewalk	,	10.19
M30 Buddy Clark	39	18:22
M70 John Dunaway	70	20:34
3000m Racewalk M30 Buddy Clark M60 Bill O'Reilly M70 John Dunaway W40 Joan SchindelJuly 12	49	18:57
100m		
M30 Jeff Waldo M40 Mike McDantel	35	11.2
MSO Albert Cardner	51	13.5
M60 Bill Bergen John Martin M70 Ed Matthews	65	15.1
M70 Ed Matthews	72	13.9
W30 Desiree Benjami W40 Jillian Kelly	n37	21.0
MSO Ralph Romain	50	23.7
M60 Bill Bergen	64	31.7
M40 Ralph Penn M50 Ralph Romain M60 Bill Bergen M70 Ed Matthews W30 Lynn Davis	72 36	31.1
400m M30 Frank Williams M40 Ed Yielding M50 Ralph Romain M60 Don McCarten W30 Bernadette Cree		
M40 Ed Yielding	43	64.5
M50 Ralph Romain	59	54.3
W30 Bernadette Cree	62 d34	66.6
800m		
M30 Mark McCabe M40 L Washington	32	2:01.5
M40 L Washington M50 Jack Wagner	51	2:21.0 2:25.9
W30 Bernadette Cree	d34	
M30 Farley Simon	37	4:19.6
M60 Tom Brown	61	5:59.8
M30 Farley Simon M40 Paul Zink M60 Tom Brown W30 Bernadette Cree W40 Evelyn Holst 3000m	d34	5:30.2
W40 Evelyn Holst 3000m	45	6:38.2
M30 Farley Simon M40 John Haubert	37	8:47 10:59
M60 John Martin	65	54.8

High Jump	3/1	No. of London
M40 Ed Yielding	43	4-6
M50 Howard Cohen		4-2
M60 John Martin	65	4-0
Long Jump		
M40 Mike McDaniel M50 Jack Kuhns	46 53	
W30 Pat Brown	39	
Shot Put	-	
Shot Put M30 Joe Vilella	38	42-101
M40 Nick Byrne	47	34-81
M50 Jack Kuhns	53	37-0
W30 Pat Brown	69	35-71 20-91
W40 Lark Lovering	46	
W50 Sharon Good	55	18-8
W70 B Kleinschmidt	70	
Discus		
M30 Joe Vilella	38	121-10
M40 Claude Lott	47	
M50 Phil Scudieri M60 Chas Pistorino	56	113-6 106-9
W30 Pat Brown	39	60-1
W40 Lark Lovering	46	55-8
W50 Sharon Good	55	46-7 56-1
W60 Kate DeAngelis	64	
W70 B Kleinschmidt Javelin	70	48-9
M40 Russ White	48	195-0
M50 Phil Scudieri	56	121-9
M60 Chas Pistorino	69	98-9
W30 Pat Brown	39	52-8
W50 Sharon Good	55	36-8
W60 Lee Glassco W70 B Kleinschmidt	61	77-11
	70	54-5
Mile Racewalk M30 Buddy Clark	39	8:30
M40 Vic Litvinski	48	8:46
M50 Paul Robertson	53	10:29
M60 Newlie Hewson	69	9:26
W30 Valerie Meyer W40 Judy Goldston	33	8:29
W70 Mary Lathram	43	8:53 12:36
3000m Racewalk		12.30
M30 Jim Moreland	39	18:27
M40 Vic Litwinski	48	17:28
M50 Paul Robertson M60 Bill O'Reilly	53	20:28
W30 Valerie Meyer	66	20:04
		_
Sugarloaf All-Co		
Amherst, MA; Ju	ıly (9
100m		- 21
1 Troy Martins 2 6 Mike Cassamasse3	0 1	2.1
9 Lincoln Russin 4	7 1	2.8
10 Richard Clark 3	8 13	3.2
16 Bill Dean 4		.8

Sugar roar All-C		
Amherst, MA;	Jul	y 9
100m		
1 Troy Martins	20	11.3
6 Mike Cassamasse	-38	12.1
9 Lincoln Russin		12.8
10 Richard Clark	38	13.2
16 Bill Dean	45	14.8
17 Harry Brooks	58	15.6
22 Lynne Hans	50	16.3
200m		Ven Ballio
1 Ron Morgan		23.2
5 Mike Lapointe		24.9
6 Mike Cassamass		
7 Roy Currie		25.2
10 Richard Clark		29.9
12 Bill Dean		31.1
13 Harry Brooks		32.2
18 Scott Hartblay		34.6
20 Lynne Hans	50	36.3
400m		
1 Chris Welch	17	53.8
2 Roy Currie	37	54.6
3 Dave Larson	43	59.0
4 Rich Clark	38	60.1
5 Lincoln Russin	47	60.5
6 Peter Stasz	45	63.6
8 Jim Plaza	40	69.0
9 Bill Romito	38	70.2

9 Bill Romito	38 70.2
10 Scott Hartblay	45 71.3
11 Bill Sherburne	
12 Dave Madsen Sr	
12 Bill Dean 14 Fred Wellman	45 74.6 52 75.2
800m	32 13.2
1 Jon Novak	28 2:00.9
2 Chris Farmer	38 2:01.0
6 Bob Weiner	45 2:15.
9 Richard Clark	38 2:23.9 45 2:57.1
13 Bill Dean	45 2:57.1
18 Lynne Hans	50 3:23.9
Masters Showcase	Mile-W40+
1 Sue Grant	48 6:53.2
2 Anne Lyman	42 6:59.3
3 Margot Parrot	43 8:03.5
Masters Showcase M	
1 Bob Weiner	45 4:54.0
2 Seth Roberts	40 4:58.9
3 Bob Stanley	40 5:02.0
4 Jim Murphy	45 5:06.4
5 Dave Condit 6 Peter Doherty	44 5:07.2 57 5:09.3
7 Jack Castner	5:16.0
8 Jim Plaza	40 5:43.5
9 Tim Metoxin	46 5:49.8
10 Harry Brooks	58 5:54.8
11 Dave Madsen	60 6:07.9
12 Dave Simmons	41 6:11.2
13 Bill Dean	45 6:18.0
14 Scott Hartblay	45 6:34.2
Mile	10 1 00 0
1 Dave Keinhart 3 Chris Farmer	40 4:22.8
3 Chris Farmer 5 Stu Dickson	38 4:35.1 38 5:02.4
8 Ken Duffy	38 5:08.3
10 Bill Romito	38 5:11.7
11 Roy Currie	37 5:26.8
12 Fred Wellman	52 5:34.5
16 Dave MadsenSr	60 5:56.6
17 David Permutte	r34 5:57.4
19 Scott Hartblay	45 6:19.2
21 Bill Sherburne	42 6:53.0

Na	tional M
23 Lynne Hans	50 7:06.4
4 Colleen Kelley	31 7:04.7
1 Gary Crowley	33:32 35 34:07
5 Dave Condit 6 Don Grant	44 38:56 50 39:45
9 Peter Stasz	37 40:15 45 41:16
11 Walt Kolodzinsk	
13 Lynne Hans	61 47:13 50 54:16
	45 57:16
Sri Chinmoy Masters Queens, NY; July	Games 11
100m H40 Sakshat Flowers	12.11
Ivan Black M45 Bhashwar Hart Adhiratha Keefe	12.21 11.82
M50 Gene Ballard	14.35
Julio Marin M55 Lioyd Henry John Darrell	12.73 12.95
M60 Sri Chinmoy Tom Talbott	13.56 13.69 14.20
M65 Manny Herscher Mike Guluzzi	14.98
M70 Ken Jack George Carbonel	13.62
M75 Bill Eipel W40 Jennifer Pinto	19.92 13.17
Sharon Osborne W45 Lorraine Tucker	13.27 13.41
Orundun Johnson	16.59 15.14
Zofia Turosz W55 Anne Cirulnick	16.76 19.04
May Chou W60 Sulochana Kalla	19.55
Rosalia Gioia W65 Yvonne Scorcia	19.18 22.97
200m M40 Pat Caldon	24.44
Sakshat Flowers M45 Bhashwar Hart	25.54 24.22
Mike Milove M50 Ed Small	25.43 24.92
Gene Ballard M55 Lloyd Henry	25,68 27.08 28.47
John Darrell M60 Tom Talbott	29.63
Sri Chinmoy M65 Mike Guluzzi	29.69 41.16
M70 Ken Jack George Carbonel	28.57 35.93
W40 Sharon Osborne Jennifer Pinto W45 Lorraine Tucker	27.62 27.65
Shantishri McGra	28.56 ath39.16
W50 Sandy Pashkin Zofia Turosz	32.44 34.52
WJJ Hay Chou	46.68 64.77
Chameli Kerdes W60 Sulochana Kalla W65 Pramoda Vacher	i 40.56 45.96
M40 Rod Wiltshire	52.11
Abadh Whiteway M45 B Hart	54.60
Mike Billman M50 Purodo Elkins	56.97 71.32
Chas Merlis M55 Ken Baker	77.09 55.53
M60 Tom Talbott	74.81
Don Spitzer M65 John McManus Mike Guluzzi	86.91 71.44
M70 George Carbonel	1 96:24
W40 Betty ClairSear Nilima Silver W45 Shantishri McGr	79.26 ath98.54
Kumuda Hart W50 Zofia Turosz	1:54.44
W55 Chameli Herdes	2;41.64
W60 Sulochana Kalla W65 Sarama Minoli	il:46.96
800-	
A Whiteway CAN M45 Paul Fetscher	2:09.63
M50 Ed Small	2:39.05
M40 V Gauthier CAN A Whiteway CAN M45 Paul Fetscher Rudra Tamm M50 Ed Small Luis Flores M55 John Darrell M60 Al Puma Jose Rodriguez	2:59.77
Jose Rodriguez M65 John McManus Mike Guluzzi	2:59.41
M70 William Benson	3:16.98
George Carbonel W40 BettyClairSearc	13:53.31 :y2:34.29
Snigda Fitch W45 Zofia Turosz	3:16.34 2:47.22
SrotaswiniKland	3:45.41 3:46.75
W60 SulochanaKallai	5:05.68 3:58.61
Mile M40 V Gauthier CAN	4:51.65
M45 Ed James	5:29.52
Paul Fetscher M50 Tom Farr Robert Dclphin	5:30.31 5:53.64 5:56.39
M55 Tom Shaughnese:	7:59.70

M60 A1 Puma 6	:28.09
Ed Lasso 6	:15.30
M65 John McManus 6: M70 William Eenscu 7:	:02.41
George Carbonell	8:33.14
W40 Nirjhari DeLong 7	:12
Ellen Llavba 7	:14
W45 Sujato Muto JAP7	52
Kumuda Hert 8: W50 Zofia Turosz 6: Ruth Greher 8:	00
	52
W55 May Chou 7:	42
W60 SulochanaKallai 8: Marion Scott 10:	
3000m	CYTO COLOR
W40 N DeLong	14:04
Ellen Liawba W45 Shantishri McGrath	14:07
W50 Zofia Turosz	11:39
Ruth Greher -	16:30
W55 May Chou	14:40
Margaret Taylor W60 Sulochana Kallai	21:11 16:30
Marion Scott	19:21
5000m	EST YES
M40 Scott Abercrombie Jay Hildebrand	16:58 17:27
M45 Paul Fetscher	18:39
Ed James	19:06
M50 Luis Flores	17:30
Delfdo Davilla M55 Buzz Perri	19:54
Tom Shaughnessy	24:55
mou Jose Kodriguez	19:37
Ed Lasso	25:16
M65 Mike Guluzzi M70 Frank LaMorte	28:10 25:26
High Jump M40 Ivan Black	Tribute -
M40 Ivan Black	5-0
Pulak Viscardi	3-9 4-1
Rudra Tamm	3-9
M50 G Rocherolle	4-1
turodha Elins	3-9
M55 John Darrell Buzz Perri	3-6 3-6
M60 Ed Lasso	3-3
Roosevelt Cox Jr	3-0
M65 Mike Guluzzi M70 George Carbonell	3-0
W40 Skipper Clark	3-3
W45 Shantishri McGrath	3-74
W50 Srotaswini Klandt	3-1
Zofia Turosz W60 Rosalia Gioia	3-1
Trudy Dorn	3-1
W70 Pearl Auerbach	2-6
W80 Sylvia Schwartz Long Jump	2-61
Long Jump M40 Ivan Black Rich Ryan	5.41
Rich Ryan M45 Mike Milove	4.55
Paul Fetscher	5.20 3.67
M50 Julio Marin	4.42
Delfido Davilla MSS John Darell	3.85
Buzz Perri	3.40
M60 Ed Lasso	3.40
1100 00 0000	3.32
Sri Chinmoy	3.32 3.23
Sri Chinmoy M65 Mike Guluzzi	3.32 3.23 2.54
Sri Chinmoy M65 Mike Guluzzi W40 Ranjana Ghose Sharon Caborne	3.32 3.23 2.54 4.23 4.11
Sri Chinmoy M65 Mike Guluzzi W40 Ranjana Chose Sharon Caborne W45 Lorraine Tucker	3.32 3.23 2.54 4.23 4.11 4.61
Sri Chinmoy M65 Mike Guluzzi W40 Ranjana Ghose Sharon Caborne W45 Lorraine Tucker Shantishri McGrath	3.32 3.23 2.54 4.23 4.11 4.61 3.15
Sri Chinmoy M65 Mike Guluzzi W40 Ranjana Chose Sharon Ceborne W45 Lorraine Tucker Shantishri McGrath W50 Roslyn Katz Zofia Turosz	3.32 3.23 2.54 4.23 4.11 4.61 3.15 2.78 2.65
Sri Chinmoy M65 Mike Guluzzi W40 Ranjana Chose Sharon Ceborne W45 Lorraine Tucker Shantishri McGrath W50 Roslyn Katz Zofia Turosz W60 Rosalia Gioia	3.32 3.23 2.54 4.23 4.11 4.61 3.15 2.78 2.65 2.65
Sri Chinmoy M65 Mike Guluzzi W40 Ranjana Ghose Sharon Caborne W45 Lorraine Tucker Shantishri McGrath W50 Roslyn Katz Zofia Turosz W60 Rosalia Gioia S Kallai	3.32 3.23 2.54 4.23 4.11 4.61 3.15 2.78 2.65 2.67 2.53
Sri Chinmoy M65 Mike Guluzzi W40 Ranjana Chose Sharon Csborne W45 Lorraine Tucker Shantishri McGrath W50 Roslyn Katz Zofia Turosz W60 Rosalia Gioia S Kallai W70 Pearl Auerbach	3.32 3.23 2.54 4.23 4.11 4.61 3.15 2.78 2.65 2.67 2.53 1.71
Sri Chinmoy M65 Mike Guluzzi W40 Ranjana Chose Sharon Caborne W45 Lorraine Tucker Shantishri McGrath W50 Roslyn Katz Zofia Turosz W60 Rosalia Gioia S Kallai W70 Pearl Auerbach W80 Sylvia Schwartz Shot Put	3.32 3.23 2.54 4.23 4.11 4.61 3.15 2.78 2.65 2.67 2.53 1.71
Sri Chinmoy M65 Mike Guluzzi W40 Ranjana Ghose Sharon Csborne W45 Lorraine Tucker Shantishri McGrath W50 Roslyn Katz Zofia Turosz W60 Rosalia Gioia S Kallai W70 Pearl Auerbach W80 Sylvia Schwartz Shot Put M40 Rich Dunphy	3.32 3.23 2.54 4.23 4.11 4.61 3.15 2.78 2.65 2.67 2.53 1.71 1.22
Sri Chinmoy M65 Mike Guluzzi W40 Ranjana Ghose Sharon Csborne W45 Lorraine Tucker Shantishri McGrath W50 Roslyn Katz Zofia Turoez W60 Rosalia Gioia S Kallai W70 Pearl Auerbach W80 Sylvia Schwartz Shot Put M40 Rich Dunphy Bhima Hogan	3.32 3.23 2.54 4.23 4.11 4.61 3.15 2.78 2.65 2.67 2.53 1.71 1.22
Sri Chinmoy M65 Mike Guluzzi W40 Ranjana Ghose Sharon Csborne W45 Lorraine Tucker Shantishri McGrath W50 Roslyn Katz Zofia Turosz W60 Rosalia Gioia S Kallai W70 Pearl Auerbach W80 Sylvia Schwartz Shot Put M40 Rich Dunphy Bhima Hogan M45 Ed Fox Adhiratha Keefe	3.32 3.23 2.54 4.23 4.11 4.61 3.15 2.78 2.65 2.67 2.53 1.71 1.22
Sri Chinmoy M65 Mike Guluzzi W40 Ran jana Ghose Sharon Csborne W45 Lorraine Tucker Shantishri McGrath W50 Roslyn Katz Zofia Turosz W60 Rosalia Gioia S Kallai W70 Pearl Auerbach W80 Sylvia Schwartz Shot Put M40 Rich Dunphy Bhima Hogan M45 Ed Fox Adhiratha Keefe	3.32 3.23 2.54 4.23 4.11 4.61 3.15 2.78 2.65 2.67 2.53 1.71 1.22 11.76 9.85 9.80 7.44 11.93
Sri Chinmoy M65 Mike Guluzzi W40 Ranjana Chose Sharon Csborne W45 Lorraine Tucker Shantishri McGrath W50 Roslyn Katz Zofia Turosz W60 Rosalia Gioia S Kallai W70 Pearl Auerbach W80 Sylvia Schwartz Shot Put M40 Rich Dunphy Bhima Hogan M45 Ed Fox Adhiratha Keefe M50 August Kauffman Julio Marin	3.32 3.23 2.54 4.23 4.11 4.61 3.15 2.78 2.65 2.67 2.53 1.71 1.22 11.76 9.85 9.80 7.44 11.93 10.16
Sri Chinmoy M65 Mike Guluzzi W40 Ranjana Ghose Sharon Caborne W45 Lorraine Tucker Shantishri McGrath W50 Roslyn Katz Zofia Turosz W60 Rosalia Gioia S Kallai W70 Pearl Auerbach W80 Sylvia Schwartz Shot Put M40 Rich Dunphy Bhima Hogan M45 Ed Fox Adhiratha Keefe M50 August Kauffman Julio Marin M55 Martin Kintish	3.32 3.23 2.54 4.23 4.11 4.61 3.15 2.78 2.65 2.67 2.53 1.71 1.22 11.76 9.85 9.80 7.44 11.93
Sri Chinmoy M65 Mike Guluzzi W40 Ran jana Ghose Sharon Csborne W45 Lorraine Tucker Shantishri McGrath W50 Roslyn Katz Zofia Turosz W60 Rosalia Gioia S Kallai W70 Pearl Auerbach W80 Sylvia Schwartz Shot Put M40 Rich Dunphy Bhima Hogan M45 Ed Fox Adhiratha Keefe M50 August Kauffman Julio Marin M55 Martin Kintish Giulio Romano M60 Thomas Brooks	3.32 3.23 2.54 4.23 4.11 4.61 3.15 2.78 2.67 2.53 1.71 1.22 11.76 9.85 9.80 7.44 11.93 10.16 10.85 8.05 10.07
Sri Chinmoy M65 Mike Guluzzi W40 Ran jana Ghose Sharon Csborne W45 Lorraine Tucker Shantishri McGrath W50 Roslyn Katz Zofia Turoez W60 Rosalia Gioia S Kallai W70 Pearl Auerbach W80 Sylvia Schwartz Shot Put M40 Rich Dunphy Bhima Hogan M45 Ed Fox Adhiratha Keefe M50 August Kauffman Julio Marin M55 Martin Kintish Giulio Romano M60 Thomas Brooks Trishikash Pogacha	3.32 3.23 2.54 4.23 4.11 4.61 3.15 2.78 2.65 2.67 2.53 1.71 1.22 11.76 9.85 9.80 7.44 11.93 10.16 10.85 8.05 10.07 ar 8.33
Sri Chinmoy M65 Mike Guluzzi W40 Ranjana Ghose Sharon Caborne W45 Lorraine Tucker Shantishri McGrath W50 Roslyn Katz Zofia Turosz W60 Rosalia Gioia S Kallai W70 Pearl Auerbach W80 Sylvia Schwartz Shot Put M40 Rich Dunphy Bhima Hogan M45 Ed Fox Adhiratha Keefe M50 August Kauffman Julio Marin M55 Martin Kintish Giulio Romano M60 Thomas Brooks Trishikash Pogacha M65 Martin Busch	3.32 3.23 3.23 4.11 4.61 3.15 2.78 2.65 2.67 2.53 1.71 1.22 11.76 9.80 7.44 11.93 10.16 10.85 8.05 10.07 tr 8.33 8.06
Sri Chinmoy M65 Mike Guluzzi W40 Ranjana Ghose Sharon Csborne W45 Lorraine Tucker Shantishri McGrath W50 Roslyn Katz Zofia Turosz W60 Rosalia Gioia S Kallai W70 Pearl Auerbach W80 Sylvia Schwartz Shot Put M40 Rich Dunphy Bhima Hogan M45 Ed Fox Adhiratha Keefe M50 August Kauffman Julio Marin M55 Martin Kintish Giulio Romano M60 Thomas Brooks Trishikash Pogacha M65 Martin Busch Mike Guluzzi W70 George Carbonell	3.32 3.23 3.23 4.11 4.61 3.15 2.78 2.65 2.67 2.53 1.71 1.22 11.76 9.85 9.80 7.44 11.93 10.16 10.85 8.05 10.07 10.0
Sri Chinmoy M65 Mike Guluzzi W40 Ranjana Ghose Sharon Csborne W45 Lorraine Tucker Shantishri McGrath W50 Roslyn Katz Zofia Turosz W60 Rosalia Gioia S Kallai W70 Pearl Auerbach W80 Sylvia Schwartz Shot Put M40 Rich Dunphy Bhima Hogan M45 Ed Fox Adhiratha Keefe M50 August Kauffman Julio Marin H55 Martin Kintish Giulio Romano M60 Thomas Brooks Trishikash Pogacha M65 Martin Busch Mike Guluzzi W70 George Carbonell M75 Bill Eipel	3.32 3.23 3.23 4.11 4.61 3.15 2.65 2.67 2.53 1.71 1.22 11.76 9.85 9.80 7.44 11.93 10.16 10.85 8.05 10.07 10.85 8.05 6.16 7.99 7.06
Sri Chinmoy M65 Mike Guluzzi W40 Ranjana Ghose Sharon Csborne W45 Lorraine Tucker Shantishri McGrath W50 Roslyn Katz Zofia Turosz W60 Rosalia Gioia S Kallai W70 Pearl Auerbach W80 Sylvia Schwartz Shot Put M40 Rich Dunphy Bhima Hogan M45 Ed Fox Adhiratha Keefe M50 August Kauffman Julio Marin M55 Martin Kintish Giulio Romano M60 Thomas Brooks Trishikash Pogacha M65 Martin Busch Mike Guluzzi W70 George Carbonell M75 Bill Eipel W40 Betty Clair-Searcy	3.32 3.23 3.23 4.11 4.61 3.15 2.78 2.65 2.67 2.53 1.71 1.22 11.76 9.85 9.80 7.44 11.93 10.16 10.85 8.05 10.07 10.7 (r. 8.33) 8.06 6.16 7.99 7.06 10.19
Sri Chinmoy M65 Mike Guluzzi W40 Ran jana Ghose Sharon Csborne W45 Lorraine Tucker Shantishri McGrath W50 Roslyn Katz Zofia Turosz W60 Rosalia Gioia S Kallai W70 Pearl Auerbach W80 Sylvia Schwartz Shot Put M40 Rich Dunphy Bhima Hogan M45 Ed Fox Adhiratha Keefe M50 August Kauffman Julio Narin M55 Martin Kintish Giulio Romano M60 Thomas Brooks Trishikash Pogacha M65 Martin Busch Mike Guluzzi W70 George Carbonell M75 Bill Eipel W40 Betty Clair-Searcy Ranjana Ghose	3.32 3.23 2.54 4.23 4.11 4.61 3.15 2.78 2.67 2.53 1.71 1.22 11.76 9.85 9.80 7.44 11.93 10.16 10.85 8.05 10.07 at 8.33 8.06 6.16 7.99 7.06 10.19 9.51
Sri Chinmoy M65 Mike Guluzzi W40 Ranjana Ghose Sharon Csborne W45 Lorraine Tucker Shantishri McGrath W50 Roslyn Katz Zofia Turosz W60 Rosalia Gioia S Kallai W70 Pearl Auerbach W80 Sylvia Schwartz Shot Put M40 Rich Dunphy Bhima Hogan M45 Ed Fox Adhiratha Keefe M50 August Kauffman Julio Marin M55 Martin Kintish Giulio Romano M60 Thomas Brooks Trishikash Pogacha M65 Martin Busch Mike Guluzzi W70 George Carbonell M75 Bill Eipel W40 Betty Clair-Searcy Ranjana Ghose W45 Lorraine Tucker Shantishri McGrath	3.32 3.23 3.23 4.11 4.61 3.15 2.78 2.65 2.67 2.53 1.71 1.22 11.76 9.85 9.80 7.44 11.93 10.16 10.85 8.05 10.07 tr 8.33 8.06 6.16 7.99 7.06 10.19 9.51 9.08 6.52
Sri Chinmoy M65 Mike Guluzzi W40 Ranjana Ghose Sharon Csborne W45 Lorraine Tucker Shantishri McGrath W50 Roslyn Katz Zofia Turosz W60 Rosalia Gioia S Kallai W70 Pearl Auerbach W80 Sylvia Schwartz Shot Put M40 Rich Dunphy Bhima Hogan M45 Ed Fox Adhiratha Keefe M50 August Kauffman Julio Marrin M55 Martin Kintish Giulio Romano M60 Thomas Brooks Trishikash Pogacha M65 Martin Busch Mike Guluzzi W70 George Carbonell M75 Bill Eipel W40 Betty Clair-Searcy Ranjana Ghose W45 Lorraine Tucker Shantishri McGrath W50 Roslyn Katz	3.32 3.23 2.54 4.23 4.11 4.61 3.15 2.78 2.67 2.53 1.71 1.22 11.76 9.85 9.80 7.44 11.93 10.16 10.85 8.05 10.07 10.85 8.05 10.07 10.85 8.06 6.16 7.99 7.06 10.19 9.51 9.08 6.52 8.07
Sri Chinmoy M65 Mike Guluzzi W40 Ranjana Ghose Sharon Csborne W45 Lorraine Tucker Shantishri McGrath W50 Roslyn Katz Zofia Turosz W60 Rosalia Gioia S Kallai W70 Pearl Auerbach W80 Sylvia Schwartz Shot Put M40 Rich Dunphy Bhima Hogan M45 Ed Fox Adhiratha Keefe M50 August Kauffman Julio Marin M55 Martin Kintish Giulio Romano M60 Thomas Brooks Trishikash Pogacha M65 Martin Busch Mike Guluzzi W70 George Carbonell M75 Bill Eipel W40 Betty Clair-Searcy Ranjana Ghose W45 Lorraine Tucker Shantishri McGrath	3.32 3.23 3.23 4.11 4.61 3.15 2.78 2.65 2.67 2.53 1.71 1.22 11.76 9.85 9.80 7.44 11.93 10.16 10.85 8.05 10.07 tr 8.33 8.06 6.16 7.99 7.06 10.19 9.51 9.08 6.52
Sri Chinmoy M65 Mike Guluzzi W40 Ran jana Ghose Sharon Csborne W45 Lorraine Tucker Shantishri McGrath W50 Roslyn Katz Zofia Turosz W60 Rosalia Gioia S Kallai W70 Pearl Auerbach W80 Sylvia Schwartz Shot Put M40 Rich Dunphy Bhima Hogan M45 Ed Fox Adhiratha Keefe M50 August Kauffman Julio Marin M55 Martin Kintish Giulio Romano H60 Thomas Brooks Trishikash Pogacha M65 Martin Busch Mike Guluzzi W70 George Carbonell M75 Bill Eipel W40 Betty Clair-Searcy Ranjana Ghose W45 Lorraine Tucker Shantishri McGrath W50 Roslyn Katz Zofia Turosz W55 Anne Cirulnick	3.32 3.23 3.23 3.25 4.11 4.61 3.15 2.78 2.65 2.67 2.53 1.71 1.22 11.76 9.85 9.80 7.44 11.93 10.16 10.85 8.05 10.07 18.33 8.06 6.16 7.99 7.06 10.19 9.51 9.81 8.05 10.19 9.51 9.81 8.05 10.19 9.81 8.05 10.19 10.19 10.
Sri Chinmoy M65 Mike Guluzzi W40 Ranjana Ghose Sharon Csborne W45 Lorraine Tucker Shantishri McGrath W50 Roslyn Katz Zofis Turosz W60 Rosalia Gioia S Kallai W70 Pearl Auerbach W80 Sylvia Schwartz Shot Put M40 Rich Dunphy Bhima Hogan M45 Ed Fox Adhiratha Keefe M50 August Kauffman Julio Marin M55 Martin Kintish Giulio Romano M60 Thomas Brooks Trishikash Pogacha M65 Martin Busch Mike Guluzzi W70 George Carbonell M75 Bill Eipel W40 Betty Clair-Searcy Ranjana Ghose W45 Lorraine Tucker Shantishri McGrath W50 Roslyn Katz Zofia Turosz W55 Anne Cirulnick Chameli Herdes	3.32 3.23 3.23 4.11 4.61 3.15 2.78 2.65 2.67 2.53 1.71 1.22 11.76 9.85 9.80 7.44 11.93 10.16 10.85 8.05 10.07 at 8.33 8.06 6.16 7.99 7.06 10.19 9.51 9.08 6.52 8.07 6.91 8.35 9.80 7.06 10.19 9.85 9.80 7.06 10.19 9.85 9.80 7.06 10.19 9.85 9.80 7.06 10.19 9.85 10.19 9.85 10.19 1
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Sri Chinmoy M65 Mike Guluzzi W40 Ranjana Ghose Sharon Csborne W45 Lorraine Tucker Shantishri McGrath W50 Roslyn Katz Zofia Turosz W60 Rosalia Gioia S Kallai W70 Pearl Auerbach W80 Sylvia Schwartz Shot Put M40 Rich Dunphy Bhima Hogan M45 Ed Fox Adhiratha Keefe M50 August Kauffman Julio Marrin M55 Martin Kintish Giulio Romano M60 Thomas Brooks Trishikash Pogacha M65 Martin Busch Mike Guluzzi W70 George Carbonell M75 Bill Eipel W40 Betty Clair-Searcy Ranjana Ghose W45 Lorraine Tucker Shantishri McGrath W50 Rosalia Gioia Sulochana Kallai W70 Pearl Auerbach W70 Rose Ruston	3.32 3.23 3.23 3.25 4.11 4.61 3.15 2.78 2.65 2.67 2.53 1.71 1.22 11.76 9.85 9.80 7.44 11.93 10.16 10.85 8.05 10.07 10.85 8.05 10.07 10.85 8.05 10.07 10.85 8.05 10.07 10.85 8.05 10.07 10.85 8.05 10.07 10.85 8.05 10.07 10.85 8.05 10.07 10.85 8.05 10.07 10.85 8.05 10.07 10.08 10
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Sri Chinmoy M65 Mike Guluzzi W40 Ranjana Ghose Sharon Csborne W45 Lorraine Tucker Shantishri McGrath W50 Roslyn Katz Zofia Turosz W60 Rosalia Gioia S Kallai W70 Pearl Auerbach W80 Sylvia Schwartz Shot Put M40 Rich Dunphy Bhima Hogan M45 Ed Fox Adhiratha Keefe M50 August Kauffman Julio Marin M55 Martin Kintish Giulio Romano M60 Thomas Brooks Trishikash Pogacha M65 Martin Busch Mike Guluzzi W70 George Carbonell M75 Bill Eipel W40 Betty Clair-Searcy Ranjana Ghose W45 Lorraine Tucker Shantishri McGrath W50 Roslyn Katz Zofia Turosz W55 Anne Cirulnick Chameli Herdes W60 Rosalia Gioia Sulochana Kallai W70 Pearl Auerbach W75 Rose Ruston W80 Sylvia Swartz Discus M40 Rich Dunphy Ivan Black M45 Ed Fox Adhiratha Keefe M50 Doug Power Julio Marin M55 Martin Kintish Giulio Romano M60 Roosevelt Cox Jr	3.32 3.23 3.23 3.23 4.11 4.61 3.15 2.78 2.65 2.67 2.53 1.71 1.22 11.76 9.85 9.80 7.44 11.93 10.16 10.85 8.05 10.07 10.85 8.05 10.19 9.51 9.08 6.52 8.07 6.91 8.33 8.06 6.16 7.99 7.06 10.19 9.51 9.08 6.52 8.07 6.51 5.38 3.39 6.52 8.07 6.51 5.38 3.39 6.52 8.07 6.51 5.77 6.52 5.38 3.39 6.52 5.38 3.39 6.52 5.38 3.39 6.52 5.38 3.39 6.52 5.38 3.39 6.52 5.38 3.39 6.52 5.38 3.39 6.52 5.38 3.14 2.18 3.10
Sri Chinmoy M65 Mike Guluzzi W40 Ranjana Ghose Sharon Csborne W45 Lorraine Tucker Shantishri McGrath W50 Roslyn Katz Zofis Turosz W60 Rosalia Gioia S Kallai W70 Pearl Auerbach W80 Sylvia Schwartz Shot Put M40 Rich Dunphy Bhima Hogan M45 Ed Fox Adhiratha Keefe M50 August Kauffman Julio Marin M55 Martin Busch Mike Guluzzi W70 George Carbonell M75 Bill Eipel W40 Betty Clair-Searcy Ranjana Ghose W45 Lorraine Tucker Shantishri McGrath W50 Roslyn Katz Zofia Turosz W55 Anne Cirulnick Chameli Herdes W60 Rosalia Gioia Sulochana Kallai W70 Pearl Auerbach W75 Rose Ruston W80 Sylvia Swartz Discus M40 Rich Dunphy Ivan Black M45 Ed Fox Adhiratha Keefe M50 Doug Power Julio Marin M55 Martin Kintish Giulio Romano	3.32 3.23 3.23 3.23 4.11 4.61 3.15 2.78 2.65 2.67 2.53 1.71 1.22 11.76 9.85 9.80 7.44 11.93 10.16 10.85 8.05 10.07 10.85 8.06 6.16 7.99 7.06 10.19 9.51 9.88 3.38 8.06 6.16 7.99 7.06 10.19 9.51 9.88 3.39 6.52 8.37 6.52 8.37 6.51 8.37 6.52 8.38 3.39 6.67 6.91 8.35 3.99 6.87 4.51 5.77 6.22 5.38 3.31 4.51 5.77 6.22 5.38 3.31 4.51 5.77 6.22 5.38 3.31 4.51 5.77 6.22 5.38 3.31 4.51 5.77 6.22 5.38 3.31 4.51 5.77 6.22 5.38 3.31 4.51 5.77 6.22 5.38 3.31 4.51 5.77 6.22 5.38 3.31 4.51 5.77 6.22 5.38 3.31 4.51 5.77 6.22 5.38 3.31 4.51 5.77 6.22 5.38 3.31 4.51 5.77 6.22 5.38 3.31 4.51 5.77 6.22 5.38 3.31 4.51 5.77 6.22 5.38 3.31 4.51 5.77 6.22 5.38 3.31 4.51 5.77 6.22 5.38 3.31 4.51 5.77 6.22 5.38 3.10 4.00 40.06 31.09 22.17 17.18 27.27
Sri Chinmoy M65 Mike Guluzzi W40 Ran jana Ghose Sharon Csborne W45 Lorraine Tucker Shantishri McGrath W50 Roslyn Katz Zofis Turosz W60 Rosalia Gioia S Kallai W70 Pearl Auerbach W80 Sylvia Schwartz Shot Put M40 Rich Dunphy Bhima Hogan M45 Ed Fox Adhiratha Keefe M50 August Kauffman Julio Marin M55 Martin Kintish Giulio Romano M60 Thomas Brooks Trishikash Pogacha M65 Martin Busch Mike Guluzzi W70 George Carbonell M75 Bill Eipel W40 Betty Clair-Searcy Ranjana Ghose W45 Lorraine Tucker Shantishri McGrath W50 Roslyn Katz Zofia Turosz W55 Anne Cirulnick Chameli Herdes W60 Rosalia Gioia Sulochana Kallai W70 Pearl Auerbach W75 Rose Ruston W80 Sylvia Swartz Discus M40 Rich Dunphy Ivan Black M45 Ed Fox Adhiratha Keefe M50 Doug Power Julio Marin M55 Martin Kintish Giulio Romano M60 Roosevelt Cox Jr Ed Lasso M60 Manny Herscher M70 Ceorge Carbonell	3.32 3.23 3.23 3.23 4.11 4.61 3.15 2.78 2.65 2.67 2.53 1.71 1.22 11.76 9.85 9.80 7.44 11.93 10.16 10.85 8.05 10.07 10.85 8.05 10.19 9.51 9.80 7.06 10.19 9.51 9.85 3.99 6.52 8.33 8.06 6.16 7.99 7.06 10.19 9.51 9.51 9.85 3.99 6.52 8.33 8.33 8.34 8.35 3.99 6.52 8.35 3.99 6.52 8.31 5.77 6.22 5.38 3.39 6.52 8.31 5.77 6.22 5.38 3.39 6.52 8.31 5.77 6.22 5.38 3.39 6.50 6.51 6.52 8.35 3.99 6.52 8.35 3.99 6.52 8.31 5.77 6.22 5.38 3.14 21.80 31.03 24.20 40.06 31.29 22.17 17.18 27.27 21.60
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Carl Marie	Skipper Clark	25.05
W45	Lorraine Tucker	19.06
	Shantishri McGrath	15.37
W50	Roslyn Katz	21.65
4	Sandy Pashkin	19.11
W55	Anne Cirulnick	21.23
	Rosalia Gioia	16.08
	Sulochana Kallai	13.55
W70	Pearl Auerbach	14.98
W75	Rose Ruston	16.38
	Sylvia Swartz	14.50
Jave	lin	Bull and
M40	Ivan Black	30.95
	Pulak Viscardi	22.80
M45	Adhiratha Keefe	33.39
75,0150	Ed Fox	31.69
M50	Jai Singh	27.08
M55	Martin Kintish	29.12
	Witold Bialokur	28.40
M60		26.74
	Trishikash Pogachar	24.55
M65	Manny Herscher	20.71
M70		20.55
M75		21.71
*40	Ranjana Ghose Skipper Clark	23.89
W45		22.39
W43	Lorraine Tucker	29.35
W50	Shantishri McGrath	13.70
•.~	Roslyn Katz Zofia Turosz	18.34
WSS	Anne Cirulnick	13.11 15.96
W60	Rosalia Gioia	14.14
W70	Pearl Auerbach	17.54
W75		13.40
W80	Sylvia Swartz	12.10
Mile	Racewalk	STATE OF THE PARTY
M40	Ivan Black	8:59
M45	Rudra Tamm	8:14
M50	Saur jya Clark	10:09
M55	Tom Shaughnesssy	10:16
M60	Trishakash Pogachar	10:22
M65	Sidney Wankoff Frank LaMorte	10:24
M70	Frank LaMorte	9:57
W40	Ashanka Stagg	10:01
W45	RosaleneSchellenber	
W50		9:02
W55	Margaret Taylor Sulochana Kallai	13:53
W65	Sarama Minoli	11:42
W70	Pearl Auerbach	15:41
#70	real Auer Dacii	13:41
Rech	ok Boston Masters N	IFAC
	Championships	
	Dedham, MA; July 12	,
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M30	Kevin Gleason	11.8
	Terry O'Connell	12.0

	rear1 Auerbach	15:41	
Reel	bok Boston Masters	NEAC	
370	Championships		
	Dedham, MA; July	12	ı
100r	Kevin Gleason	11 0	١
1130	Terry O'Connell	11.8	l
M35	Terry O'Connell Jon Berit	14.5	۱
150		11.2	ł
नाइ	Adrian Sterrett	11.4 11.6 11.6	١
M40	Pershing Reid	11.6	ı
	Angel Nieves Mark Chittim	12.1 12.5	ı
M45	Roger Pierce	11.9	ı
	Dennis Newton	12.2	ı
M50	Tom Reid Joe DiNunzio	12.6	ı
	Phil Plant	14.5 13.7	l
	Horace Stephens	14.0	ı
	Geo Scott	14.2	ı
1160	Ross Mitchell Frank Barous	13.2	
	Ara Aykanian	14.9 16.4	
M65	Jonathan Tobey	13.7	
	Bill Townsend	14.8	
M70	G A Horner	16.2	
1170	Vern Mattson Wm Carmen	14.3 15.4	
	Nat Heard	16.3	
W35	Mary Ryan	14.2	
W40	Jennifer Pinto	13.3	
W50	Sylvia Whiting Audrey Boyl	18.3	
W55	Carolyn Cappetta	14.2	
W65	Pat Peterson	15.5	
200	Ann McGovan	18.9	
200e M30		24.0	
	Dave Massucco	25.7	
M35	John Brooks	22.5	
	Eddie Mose	25.2	
M40	Mike Cassamasse Pershing Reid	25.4	
	Miles Coverdale	24.3 25.1	
1	Angel Nieves	25.2	
H45	Roger Pierce	23.3	
-14	Tom Reid Jim Brady	25.8	
M50	Joe DiNunzio	26.7 31.1	
M55	Phil Plant	28.6	
WCC	Horace Stephens	29.1	
M60	Ross Mitchell Jonathan Tobey	27.9	
4	John Nyhan	28.4	
M70	John Nyhan Vern Mattson	30.7	
	Wm Carmen	31.5 32.6	
W30	Nat Heard Renee Sterrett	32.6 26.9	
W35	Mary Ryan	30.2	
W40	Jennifer Pinto	27.9	
	Sylvia Whiting	39.5	
W50	Regina Wright Audrey Boyle	36.2 40.3	
W55	Carolyn Cappetta	29.7	
Marie .	Liz Szavlovski	35.3	
W65	Pat Peterson	AR33.3	
400a	Jon Berit	61.6	
M35	Robert Walker	64.6 52.3	
Distance.	Adrian Sterrett	52.7	
M40	Miles Coverdale	56.4	

	ı	age 23
5.05 9.06	Pershing Reid Mabray Andrews	56.7 58.5
1.65	M45 Roger Pierce Bob Chinchillo	53.9
9.11 1.23 5.08	M50 David Galligani	64.4
.98	Warren Church Lawrence Stifler M60 Arnold Meardon	62.2 62.5 70.5
.50	John Nyan M65 Jonathan Tobey M70 Wm Carmen	73.2 63.8
.95	M75 Bob Matteson W30 Renee Sterrett	78.6 87.5 60.5
.69 .08	Joan Sterrett W45 Linda Upton	61.6 71.6
.12	W55 Carolyn Cappetta W65 Pat Peterson 800m	66.5 AR81.8
.55	M30 Gilman Brown-Whit Jim Newton M35 Rick Smith	2:11.5
.55	Bob Walker M40 Duane Green	1:59.5 2:00.3 2:04.6
.39 .35	Don Ryan Keith Kennedy M45 Dan Frye	2:09.8
1.70	Brad Johnson John Kuhi	2:07.3 2:13.9 2:14.0
.96	M50 David Galligani Fred Bertelson	2:19.7
.54	M55 Art Conro M60 Arnold Meardon	2:45.4 2:20.4 2:40.4
::59	M65 Carl Hammen Sid Toabe Les Smith	2:50.1 2:55.7
1:14	M75 Bob Matteson W30 Joan Sterrett	3:14.8 3:27.0 2:23.9
):16):22):24	Renee Sterrett W45 Linda Upton	2:44.8 2:38.4
):57):01	WSO Barbara Pike Regina Wright WSS Joyce Hals	2:45.1 2:47.6 2:50.3
1:41 9:02 3:53	Liz Szawlowski Mile	2:57.9
:42	M30 Joe Carroll Tim Hayner M40 Dave Reinhart	4:34.1 4:50.3 4:24.0
41 AC	Bob Colantucino Mike McCusker M45 Harold Nolan	4:36.8
	Tom Durie Clinton O'Brien	4:30.0 4:58.4 5:04.6
11.8	M50 Kirk Randull John Hurley M55 Barry Almond	4:55.8 6:09.1 5:15.1
12.0 14.5 11.2	M60 Don Ross	6:02.9 5:59.4 WR5:57.0
11.6	W30 Karen Lein	7:47.4 5:56.3
11.6 12.1 12.5	W45 Anne Schmitt 3000m M30 Bob Gerrity	5:35.8
11.9 12.2 12.6	M35 Dana Waterman M40 Randy Waterman Peter Dane	9:48.7 9:39.1
14.5	Bob Caplin M45 Larry Olsen	9:40.2 10:08.1 9:13.5
14.0 14.2 13.2	Joe Burleson Gill Abrahamsen M50 Ron Smith	10:31.2 10:39.3 11:35
14.9 16.4	MSS Harry Katzan MGO Don Ross	11:45
13.7 14.8 16.2	M65 Carl Hammen Sid Toabe M70 Paul Phinney	11:59 12:00 12:31
14.3 15.4	M75 Frank Delear W30 Karen Lein	16:14
16.3 14.2 13.3	Laurie Reilly 5000m N35 Rich Weinstein	11:55
18.3 18.0 14.2	Mike Hurley M40 Wes Byerly	17:43.2 17:10.9
15.5	Jim Carroll M45 Al Swenson M50 Gabriel Bernal	18:35.1 15:20.9 17:19.4
24.0	M60 Armand Lapierre M70 Paul Phinney	23:55.5
22.5 25.2	N30 Kevin Gleason M40 Rex Miscovitch	17.8 18.0
25.4 24.3 25.1	Angel Nieves	19.8
25.2	M65 Bill Townsend M70 Roo Morcom Wm Carmen	18.3 14.6 14.8
25.8 26.7 31.1	Wm Carmen W65 Fat Peterson Distance Medley Relay M50+Boston RC	18.8
28.6	(Bernal, Gautreau, Rand Keating)	12:00.09 all,
27.9 28.4 33.1	4x800m Relay M40 SAC (Kuhi, Green, Brockwell	9:09.4
30.7 31.5 32.6	High Jump M30 Manuel Toppins	6-2 .
26.9 30.2	Don O'Malley Kevin Gleason M40 Mabray Andrews	5-8 5-6 5-2
27.9 39.5 36.2	Angel Nieves	4-10
40.3 29.7	M45 Jim Brady M55 Chas Haller Rusty Hamilton	5-0 4-4 4-0
35.3	N60 Hank Perry N70 Boo Morcom	4-10
54.6	W30 Kim Grall W35 Amy Hicks W65 Pat Peterson	4-6 3-4 3-8
56.4	Continued on next	page

55.8

page 24		
Continued from previo	ous page	M50 William Burkle
Long Jump M30 Kevin Gleason	18-3 1	M55 Karl Rohnke Chas Haller
Don O'Malley	17-41	M60 James Duncan
M35 Eddie Mose Mike Cassamasse	17-3 1 15-8	Cliff Blair
M40 Eugene Rivard Angel Nieves	17-10 1 16-7	M70 Boo Morcom Angelo Oliver
- Rex Miscovich	16-61	W30 Kim Grall W55 Amy Hicks
M50 Jerome Wills M55 Horace Stephens	17-0 13- 1	Joan Youngs
Rusty Hamilton M60 Hank Perry	12-2 14-11	W60 Joyce Finley W65 Doris Berlepsch
Frank Barous	14-7	Virginia O'Connor
W30 Kim Grall W55 Amy Hicks	13-10 9-21	W70 Libby Hagemann
W60 Joyce Finley	6-5 3/4	Mile Walk M40 Phil McGaw
W65 Joyce McGowan Doris Berlepsch	8-3 1 4-9 1	M45 John Dove
W70 Libby Hagemann		M50 Jim DeSimone M60 Matt Boyle
Triple Jump	8-11	M65 Ed O'Connell
M30 Manuel Toppins Kevin Gleason	43-6 34-3	Wm Lonnroth Stuart Corning
M40 Angel Nieves	32-11	M80 Frank Ruben
M50 Jerome Willis M55 Rusty Hamilton	32-11 28-3	W60 Barbara O'Connell W65 Helen Lonnroth
M65 Bill Townsend	28-0	Contraction of the section
M70 Wm Carmen W55 Amy Hicks W65 Ann McGowan	21-4 18-6	Syracuse Chargers I Syracuse, NY; July
W65 Ann McGowan W70 Libby Hagemann.	16-93/4 16-81	100m
Shot Put	10-01	M40 Jasper Royal
M30 Carl Swanke Kevin Gleason	44-6 3/4 30-21	M45 Sam Hall M50 Tom Fondy
M35 Ed Clarke	41-11	M55 Andy Branch M60 Marty Scicchitano
Don Boggis Mike Cassamesse	33-11 1 26-6 1	M65 Bob Metzner
M40 Harold Krause	38-2	M70 Russ More W55 Shirley Pollay
Ken Woodard Angel Nieves	36-4 34-41	200m
M45 Robert Harvey M50 Carl Wallin	37-11	M45 Sam Hall M50 Tom Fondy
Bill Burkle	49-6 31-11	M50 Tom Fondy M55 William Berry
M55 Alan Brooks Chas Haller	34-10 34-51	M60 Marty Scichitano M70 Russ More
George Scott	31-4	W55 Shirley Pollay
M60 Cliff Blair Matt Boyle	45-10 1 28-4	400m M45 Bob Micho
M65 Wm Lonnroth	23-1	M55 Fred Schlereth M60 Marty Scicchitano
W30 Julie Ryan Kim Grall	34-11 1 28-7	M70 Russ More
Virginia Bogni	24-101	800m M30 Glenn Sandiford
W45 Ethel Conway W50 Audrey Boyle	17-3½ 25-6	M35 Chris Burke
W55 Amy Hicks W60 Joyce Finley	25-7½ 17-10	M40 Wendell Dawson M55 William Berry
W65 Virginia O'Connor	18-8	1500m
Doris Berlepsch W70 Libby Hagemann	17-6 23-0	M30 Glenn Sandiford M35 Terry McConnell
M30 Karl Swanke	130-8	M40 Kevin Kelly M45 Allen Drew
Kevin Gleason M35 Ed Clarke	89-3 121-11	MSS William Berry MGO Roy Armstrong
Ed Daniels	111-11	M65 Jack Groskin
Don Boggis M40 Hal Krause	105-3 110-10	M70 Nate White W30 Marilyn Brandt
Angel Nieves M45 Bob Harvey	109-5	W35 Patti Ford W55 Joyce Armstrong
Rick Krause	114-1 110-0	Long Jump
M50 Carl Wallin Bill Burkle	133-4 115-2	M45 Allan Drew M55 Nick Palladino
Jim DeSimone	70-9	M60 John Murray
M55 Steve Holmes Allen Brooks	148-3 113-1	Shot Put M55 Nick Palladino
Carl Rohnke M60 Bill Garrahan	104-5	M60 Rich Holloway
Cliff Blair	145-0 140-0	M40 Jim Alexander
Matt Boyle M65 Bill Lonnroth	72-3 66-9	M45 Allan Drew M55 Nick Palladino
M70 Boo Morcom	101-7	M60 Rich Holloway
Jack Hagemann Mike Biaz	92-11 83-1	M65 Bob Metzner
W30 Virginia Bogni W45 Ethel Conway	58-6 52-0	Buffalo Belles & Br
W50 Audrey Boyle	72-11	Buffalo, NY; August
W55 Amy Hicks Joan Youngs	85-5 68-3	100m M30 Mark Guthrie
W60 Joyce Finley	12 6	M40 Charles Allie M50 G. Bartholomew
W65 Doris Berlepsch Virginia O'Conno	48-1 r 43-4	M60 Ted Swanson
W70 Libby Hagemann Hammer	AR65-4	W30 Barbara Tomczak W40 Rhona Trott
M30 Mike Stomski	107-1	W50 Dortha Swanson
M35 Ed Daniels M40 Harold Krause	136-7 122-11	M30 Jessie Thomas
M45 Bob Harvey	110-11	M40 Charles Allie M50 G. Bartholomew
M50 Carl Wallin M55 Bill McWilliams	151-1 165-5	M60 Ted Swanson
George Scott M60 Cliff Blair	75-7 152-5	W30 Barbara Tomczak W40 Jo Cross
Matt Boyle	83-3	W50 Dortha Swanson
M65 Jim Crawford M80 Paul Narcessian	103-2 78-1	H30 Frank Makozy
W30 Virginia Bogni	78-9	M40 Dorel Watley M60 Ted Swanson
W45 Ethel Conway W55 Amy Hicks	63-1 70-10	W30 Barbara Tomczak
Joan Youngs W60 Joyce Finley	69-5 64-2	W40 Jo Cross 800m
W65 Doris Berlepsch	44-4	M30 Mike Young M40 Dorel Watley
Virginia O'Conn Ann McGowan	or 42-11 31-11	M50 Harvey Boles
W70 Libby Hagemann	71-5	W30 Chris Vasey
Javelin M20 Km 1 S m 1		M30 Ken Switnicki
M30 Karl Swanke Kevin Gleason	149-10 125-1	M40 Peter Callopy M50 Andy MacDonald
M35 Don Boggis M40 Bob Powers	152-0	W30 Chris Vasey
Eugene Rivard	177-10 135-3	110H/100H M30 Horace Hudson
Angel Nieves M45 George Reynolds	128-6 162-10	M40 A. LaFramboise M60 Andrew Thomson
Robert Harvey	111-11	W30 Lucy Williams
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	Natio
m Burkle 101-5	400H/300H
ohnke 116-6 aller 104-6	M30 Horace Hudson M60 Andrew Thomson
Brooks 102-0	W60 Pat Peterson
Duncan 121-9 Blair 110-10	High Jump M30 Serge Lebel
rcom 80-8	M30 Serge Lebel M40 Kevin Donovan M50 David Morris
Oliver 50-7 all 103-0	M60 Ted Swanson
cks 81-7	W30 Deborah Eckhardt
oungs 74-5 Finley 35-10	W40 Vera Cabanus W60 Pat Peterson
Berlepsch 51-11	Pole Vault
ia O'Connor 42-6 Gowan 34-11	M40 Kevin Donovan M50 Harvey Boles
Hagemann 56-7	M60 Stan Egerton
cGaw 7:25.4	M30 David Hoel
ove 9:22.8	M40 Joe Brown
	M50 Harvey Boles M60 Ted Swanson
oyle 11:18.8 onnell 8:45.5 nroth 11:29.6	W30 Lucy Williams
Corning 11:38.9	W40 Jo Cross W60 Pat Peterson
Ruben 11:33	Triple Jump
a O'Connell 13:42.6 Lonnroth 11:11.1	M30 Serge Lebel
Connroth 11:11.1	M40 Joe Brown M50 Harvey Boles
Chargers Meet	M50 Harvey Boles M60 Ted Swanson
e, NY; July 15	W30 Pauline MacDonald W40 Linda Edwards
A Sept. Sept. Sept. 1	W50 Dortha Swanson
Royal 12.6 11 12.5	Shot Put M30 Paul Kittell
ndy 13.3 ranch 12.7	M40 Rick Westwood
Scicchitano 14.3	M50 Jim Plowers W30 Carol Bryant
tzner 17.2	W40 Vera Cabanus
ore 16.4 y Pollay 20.0	M30 Paul Kittell
	M40 Rick Westwood
11 25.2 andy 27.3	M50 David Morris M60 Jim Flowers
m Berry 29.8	W30 Lucy Williams
Scicchitano 29.8 ore 38.0	W40 Vera Cabanus W50 Dortha Swanson
y Pollay 42.0	Javelin
cho 56.7	M30 Serge Lebel
cho 56.7 chlereth 60.9	M40 A. Framboise M50 Fred Pamenter
Scicchitano 67.8	M60 Ken Morris
ore 89.4	W30 Deborah Eckhardt W40 Vera Cabanus
Sandiford 2:07.6	Manager and Agent
Burke 2:12.0 1 Dawson 2:16.4	Pittsford Thursday Nite
m Berry 3:10.2	Pittsford, NY; Augus
Sandiford 4:19.9	M30 Tim Jones
McConnell 4:38.9	M35 Augie Calabrese Tim O'Neil
Drew 5:44.3	M40-49: 1232934 2016
m Berry 6:15.9 mstrong 5:53.3	Derck Frechette Jim Boyle
roskin 6:33.8	Dave Kemp
hite 6:33.3 n Brandt 5:55	Tim Matthews Rick Lesser
Ford 4:57	Alan Hamburg
Armstrong 9:13	M50+Bill Kehoe W35 Angela Fuller
Drew 12-61	W40-49
alladino 9-1 urray 8-101	Kathy Brown Joan Miller
urray 6-101	Anita Shaw
alladino 27-6	DCDD Chib Marks
olloway 36-71	DCRR Club Masters I Alexandria, VA; Augus
exander 103-0	The second secon
Drew 69-11 Calladino 77-4	l Jerry Merkel 40 4 2 Bob Weiner 45 4
lolloway 123-11	3 J J Wind 42 5
tzner 70-0	4 Gary Guenther 40 S 5 Paul Quinn 44 S
Belles & Brawn	6 Robert Platt 41
NY; August 1-2	7 George Guiley 43 S
24 CK 13 PM	9 Jim Derham 50 S
Suthrie 11.6 s Allie 11.7	11 Larry Monaco 54
tholomew 13.8	12 Larry Dickerson60
ranson 13.5 ra Tomczak 15.0	12 Larry Dickerson60 13 Jim MergensonSr43 14 M Thompson 45
Trott 14.2	15 Jack McMahon 61 6
Swanson 18.3	1 17 11 11
The state of the s	16 Al Morris 50 (
Thomas 23.0	17 Frank Gignac 59 (18 James Duffy 42
s Allie 23.8	17 Frank Gignac 59 18 James Duffy 42 19 Jim Hall 47
es Allie 23.8 rtholomew 28.1 wanson 28.7	17 Frank Gignac 59 (18 James Duffy 42 (19 Jim Hall 47 (20 Andy Buechele 49 (21 Jarry Welch 49 (22 Jarry Welch 49 (23 Jarry Welch 49 (24 Jarry Welch 49 Jarry Welch 49 (24 Jarry Welch 49 (24 Jarry Welch 49 (24 Jarry Welch 49 (24 Jarry Welch 49 Jarry Welch 49 (24 Jarry Welch 49 Jarry Welch 49 (24 Jarry Welch 49 (24 Jarry Welch 49 (24 Jarry Welch 49 (24 Jarry Welch 49 Jarry Welch 49 (24 Jarry Welch 49 Jarry Welch 49 Jarry Welch 49 (24 Jarry Welch 49 Jarry Welch 49 Jarr
es Allie 23.8 rtholomew 28.1	17 Frank Gignac 59 18 James Duffy 42 19 Jim Hall 47 20 Andy Buechele 49

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53.9 52.5 1:09.8 1:11.3 1:07.7

2:10.6 2:05.8 2:58.1

4:58.3 4:39.4 6:50.5 6:04.1

18.3

20.8 19.9 20.7

W30 Lucy Williams W40 Jo Cross	13-8 13-85
W60 Pat Peterson	8-95
Triple Jump M30 Serge Lebel	34-3
M40 Joe Brown M50 Harvey Boles	36-0 28-14
M60 Ted Swanson W30 Pauline MacDona W40 Linda Edwards	27-9 1d 26-9
W40 Linda Edwards W50 Dortha Swanson	23-3
Shot Put	
M30 Paul Kittell M40 Rick Westwood M50 Jim Plowers	35-115
W30 Carol Bryant	26-65 31-94
W40 Vera Cabanus Discus	26-4
M30 Paul Kittell M40 Rick Westwood	117-11 108-10
M50 David Morris M60 Jim Flowers	116-6 93-4
W30 Lucy Williams W40 Vera Cabanus	93-2 71-0
W50 Dortha Swanson	67-34
Javelin M30 Serge Lebel	155-4
M40 A. Framboise M50 Fred Pamenter	
M60 Ken Morris	85-4
W30 Deborah Eckhar W40 Vera Cabanus	
A Company of the Comp	257
Pittsford Thursday Ni Pittsford, NY; Aug	ust 6
430 Tim Jones	9:58.
M35 Augie Calabrese	9:58.
Tim O'Neil M40-49: 133934 C	DIRECT SECTION
Jim Boyle	10:01.
Dave Kemp Tim Matthews	10:53. 11:10.
Rick Lesser	11:45.
Alan Hamburg M50+Bill Kehoe	12:31.
W35 Angela Fuller W40-49	12:43.
Kathy Brown Joan Miller	11:21 11:54
Anita Shaw	12:11
DCRR Club Master	s Mile
DCRR Club Master Alexandria, VA; Aug	
Alexandria, VA; Aug	ust 12
Alexandria, VA; Aug	ust 12
Alexandria, VA; Aug 1 Jerry Merkel 40 2 Bob Weiner 40 3 J J Wind 40 4 Gary Guenther 40 5 Paul Ouinn 44	ust 12
Alexandria, VA; Aug 1 Jerry Merkel 40 2 Bob Weiner 40 3 J J Wind 40 4 Gary Guenther 40 5 Paul Quinn 40 6 Robert Platt 40	ust 12 0 4:56.31 5 4:58.54 2 5:09.76 0 5:13.24 4 5:19.68
Alexandria, VA; Aug 1 Jerry Merkel 4 2 Bob Weiner 4 3 J J Wind 4 4 Gary Guenther 4 5 Paul Quinn 4 6 Robert Platt 4 7 George Guiley 4 8 John Haubert 4	ust 12 0 4:56.31 5 4:58.54 2 5:09.76 0 5:13.24 4 5:19.68 1 5:20.50 3 5:25.01 9 5:26.06
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1:10.5	The second second	
5-0	M30 Andy Smith M35 Tim O'Neil	4:36.3 4:39.0
5-0 4-6	Roger Messenger	4:39.4
4-4	Mark Harrison M40 Tom Serafin	4:42.1
3-4	Rick Lesser	5:06.5 5:07.7
8-95	MSO Dick Telarico W35 Angela Fuller	5:44.2
11-6	LuAnn VanPeurser W40 Mary Hasemauer	6:10.4 5:34.1
8-0	Lorraine Vail	5.47 4
10-0	Anita Shaw	5:51.5
17-4	SOUTHEA	ST
13-64	Tennessee Senior Ga	717 14 CH B
13-25	Jackson; July 27-3	
13-85 8-95	100m	
The T	M55 Jim Mathis M60 Estes Redditt M65 Frank Hayes M70 Warren Barger	12.86
34-3 36-0	M65 Frank Hayes	13.2
28-15	M70 Warren Barger	16.29 19.18
27-9 26-9	W55 Ruth Sluder	17.47
23-3 20-2	M75 Richard Houton W55 Ruth Sluder W60 Barbara Fish W65 Ruth Shanks W70 Marion Shew	19.43 18.13
170	W70 Marion Shew W75 Loretta Patterson	21.15
32-35	W80 Eleanore Pease	21.69 26.85
26-65 31-95	200m M55 Jim Mathis	26.00
26-4	M55 Jim Mathis M60 E Redditt M65 F Hayes	27.94 29.31
117-11	M70 George Reynolds M75 William Nelms	36.86
108-10	W55 Ruth Sluder	38.62 36.64
93-4	W60 B Fish W65 Marie Kellum	42.92 42.60
93-2 71-0	W70 Ellinora Vinson	48.78
67-34	W75 Mavis Borthwick W80 Allie Walker	51.34 68.37
155-4	400m	STATE OF THE PARTY
144-9 143-0	M55 Jim Mathis M60 Asa Lewis	56.19 68.68
85-4	M65 Frank Hayes M70 Geo Reynolds	67.78
74-5	M75 Max Springer W55 Robbie Tompkins	83.59 92.74
* 36	W60 Harriet Locke	96.50 1:32.50
3000 t 6	W65 Ruth Shanks W70 Bonita Irwin	1:37.52
	W75 Mavis Borthwick	nta 1:56.41
9:58.7 9:58.9	800m M55 Gerald Koch	2:38.65
10:10.9	M60 Billy Williams	2:48.50
9:31.5	M75 Max Springer W55 Evelyn Zerfoss	4:35.75
10:01.9 10:53.7	W60 Harriet Locke W65 Martha Bradley	3:12.88 3:33.37
11:10.3	W75 Martha Bradley	5:18.56
12:31.1	W75 Mavis Borthwick W80 Allie Walker 1500m	5:57.31
11:19.9 12:43.4	M55 Bruce Logan	6:34
11:21.1	M60 Asa Lewis M65 Wandie Nelson	8:00 8:17
11:54.3 12:11.3	M70 1500m	Por Maria
12.11.3	M55 Gerald Koch	5:16.97
Mile	M60 Billy Williams M65 Ned Brown	5:46.44 7:41.00
t 12	M70 Don McCune M75 Max Springer	7:54.19 7:30.59
:56.31	W55 Evelyn Zerfoss	6:23.44
:09.76	W65 Luella Carroll	6:57.00 11:16.00
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5:26.06 5:29.53	M55 Gerald Koch M60 Billy Williams	18:49 20:59
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5:58.53	W55 Robbie Tompkins W60 Harriet Locke	28:17 25:02
5:02.74	W70 Ellinora Vinson W75 Mavis Borthwick	33;56 35:44
5:24.10 5:29.21	W80 Allie Walker	42:17
5:31.30 5:34.04		
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7:31.82	M60 Buster Tankersley	
J. Sept.	M70 Augustus Ford	71:56
s Mile	W55 Robbie Tompkins	60:55
16	W60 Harriet Locke	53:59
41 5:15 48 5:33	W75 Mavis Borthwick	80:25
52 5:40	W80 Allie Walker High Jump	87:43
40 6:07 56 6:08	M55 Dewayne Bolton M60 Robert Mathis	4-6
55 6:17 51 6:21	M65 Pohert Duvernou	4-2 3-3
6:49	M70 Warren Barger M80 Burhl Bailey	3-10 2-6
43 6:56 61 7:14	M80 Burhl Bailey W55 Mary Duvernoy W60 Janet Branson	2-10 3-0
ST XTG2	woo Chestine Fulbrig	ht3-8
	Long Jump MSS Dewayne Bolton	12-6
1.75	M60 Joe Tucker M65 Frank Hayes	11-11
32.403	M70 Warren Barger	13-7 12-0
7.39	M75 William Nelms	9-4

M80 Burhl Bailey	4-10	8
M85 James Paul W55 Paula Westfall	4-5 1 8-0	M
W60 Janet Branson W65 Sarah Overton	8-0 8-61	H
W70 Tylene Scaton W80 Eleanore Pease	5-5 4-6	H
Javelin	TOL	H
M55 Billy Murphy M60 Glenn Holland	103-11 89-7	H
M65 Dick Bergenback M70 Frank Fezzie	117-3 68-4	M
M75 Rich Routon M85 Frank Miller	58-11 26-10	
M90 Winfred Sharp	31-10	1
W55 Paula Westfall W60 Ruth Hammon	45-5 67-7	H
W65 Sarah Overton W70 Kate Edwards	60-1	1
W75 Hazel Guinn	35-0 14-0	
W85 Gladys Fain Shot Put		1
M55 Dewayne Bolton M60 Guy Hopper	36-51	1
M65 Dana Reed M70 Harold Swanton	31-9 31-1	
M75 Curtis Maples	23-7	
M80 Wm Highfield M85 Frank Miller	21-11 15-7	i
W55 Paula Westfall W60 Ruth Hammon	23-9 30-2	١,
W65 Trudy Baumer W70 Kate Edwards	23-6 19-5	3
W75 Hazel Gunn	16-9 16-9	
W80 Arlie Ivy W85 Lillian Maness	7-7	1
Discus MS5 Dewayne Bolton	110-5	,
M60 Jim Alexander	99-2	3
M65 Bob Hewitt M70 Martin Manger	117-0 100-6	1
M75 Wm Nelms M80 Wm Highfield	80-0 46-8	
M85 James Paul	38-5	
M90 Winfred Sharp W55 Paula Westfall	38-3 53-6	
W60 Ruth Hammon W65 Sarah Overton	61-9 58-7	1
W70 Kate Edwards	42-1	1
W75 Catherine Comptor W80 Arlie Ivy	38-6	1
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M55 Bruce Logan M60 Asa Levis	6:34 8:00	H
M60 Asa Levis W65 Wandie Nelson W70 Ellinora Vinson	8:00 8:17 8:00	* * *
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M30 Chris Bastien
Mark Brown
M35 Jeff Edwards
M40 Scott Hartman
Ellis Mayfield
M45 Maurice Lang
Gene Curtis
M55 Paul Hamilton
M60 Ted Sjogren
Jack Greenwald
Roser Hocker

Roger Hocker

M70 Campbell Neel W40 Linda Curtis

4-10	800m	
4-51	M30 Rick Martin	2:26.16
8-0 8-0	M35 Jeff Edwards	2:26.26
8-61	M40 Swag Hartel Vince Carter	2:04.32 2:54.26
5-5	M45 Gene Curtis	2:50.60
4-6	M50 James Huffman	2:37.98
TLOI!	M55 Paul Hamilton	2:17.51
103-11	M60 Mike Goldman	2:28.35
89-7	Ted Sjogren	2:52.98
117-3 68-4	M65 Bill Carey Willis Moses	2:55.07
58-11	W40 Linda Curtis	3:07.94 2:58.66
26-10	W50 Jean Fry	3:20.45
31-10	1500m	
45-5	M30 Rick Martin	4:46.28
67-7 60-1	M40 Swag Hartel	4:18.42
41-11	M45 Gene Curtis M55 Wendell Curry	5:44.38 6:11.20
35-0	Bruce Jamison	7:47.20
14-0	M60 Mike Goldman	4:54.78
	Don Wahle	6:19.00
36-5 1 37- 1	M65 Bill Carey	5:43.98
31-9	Willis Moses M70 Campbell Neel	6:06.34
31-1	W30 Linda Redoutey	7:14.16 5:39.45
23-7	W40 Linda Curtis	5:58.14
21-11	3000m	
15-7	M30 Chris Parsons	9:49.21
23-9 30-2	Tony Hiroskey M65 Bill Carey	11:40.20 12:29.88
23-6	M70 Campbell Neel	15:49.19
19-5	W30 Linda Redoutey	12:16.18
16-9	W50 Jean Fry	14:00.27
16-9	5000m	Constant Con.
7-7	M30 Chris Parsons	16:19.24
110-5	Shawn Coffman M35 David Daniels	19:42.52
99-2	Ron Rowsey	17:06.82 17:12.28
117-0	M40 Alan Hatmaker	16:30.77
100-6	Ed Berry	17:13.14
80-0	M45 Bruce Belfeld	25:00.75
46-8	M50 Don Miller	19:21.32
38-5 38-3	M60 Donald Wahle	22:21.10
53-6	M65 Bill Carey W50 Jean Fry	19:07.00
61-9	Short Hurdles	23:24.32
58-7	M40 Jim Crutcher	18.30
42-1	M45 Rex Harvey	17.57
38-6	M50 John Slgan	20.98
35-5 14-8	MSO John Sloan	90.0
14-6	High Jump	89.94
	M30 Craie Dunler	4-10
6:34	M40 Barry Faust M45 Rex Harvey	4-6
8:00 8:17	M45 Rex Harvey	5-4
8:00	M50 Mike Valle	4-6
8:51	M55 Thom Phillips M60 Wm Bergen	4-4
10:13	Jim Parsons	4-0
	Don Sibiotroth	3-10
	M65 George Butchko	3-8
1919	M65 George Butchko M70 Charles Irvin	3-8 3-10
eet	M65 George Butchko	3-8
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11.57 12.37 11.45 12.33	M65 George Butchko M70 Charles Irwin M75 Wib Ragland Pole Vault M35 Kevin Hill Mickey Kollross M40 Richard Beckner M45 Curt Fletcher	3-8 3-10 3-3 12-6 11-6 12-0 9-0
11.57 12.37 11.45 12.33 12.83	M65 George Butchko M70 Charles Irwin M75 Wib Ragland Pole Vault M35 Kevin Hill Mickey Kollross M40 Richard Beckner M45 Curt Fletcher M50 John Sloan M60 Don Sibigtroth M65 George Butchko	3-8 3-10 3-3 12-6 11-6 12-0 9-0 7-0 5-0
11.57 12.37 11.45 12.33 12.83 13.08	M65 George Butchko M70 Charles Irwin M75 Wib Ragland Pole Vault M35 Kevin Hill Mickey Kollross M40 Richard Beckner M45 Curt Fletcher M50 John Sloan M60 Don Sibigtroth M65 George Butchko	3-8 3-10 3-3 12-6 11-6 12-0 9-0 7-0 5-0 7-0
11.57 12.37 11.45 12.33 12.83 13.08 15.11	M65 George Butchko M70 Charles Irwin M75 Wib Ragland Fole Vault M35 Kevin Hill Mickey Kollross M40 Richard Beckner M45 Curt Fletcher M50 John Sloan M60 Don Sibigtroth M65 George Butchko Long Jump M30 Craig Dupler	3-8 3-10 3-3 12-6 11-6 12-0 9-0 7-0 5-0 7-0
11.57 12.37 11.45 12.33 12.83 13.08 15.11 15.69 13.71	M65 George Butchko M70 Charles Irwin M75 Wib Ragland Pole Vault M35 Kevin Hill Mickey Kollross M40 Richard Beckner M45 Curt Fletcher M50 John Sloan M60 Don Sibigtroth M65 George Butchko Long Jump M30 Craig Dupler M35 James Dean	3-8 3-10 3-3 12-6 11-6 12-0 9-0 7-0 5-0 7-0
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11.57 12.37 11.45 12.33 12.83 13.08 15.11 13.69 13.71 13.82 12.93 13.04 13.04 13.04 13.04 13.04 13.04 13.05 16.28 13.62 19.72 13.71 23.00 24.01 25.83 22.59 24.01 25.83 27.37 28.90 28.95	M65 George Butchko M70 Charles Irvin M75 Wib Ragland Fole Vault M35 Kevin Hill Mickey Kollross M40 Richard Beckner M45 Curt Fletcher M50 John Sloan M60 Don Sibigtroth M65 George Butchko Long Jump M30 Craig Dupler M35 James Dean Randy Dean M40 Vince Carter M45 Gary Kidd M50 Mike Valle M55 Paul Williams Wendell Curry M60 James Stookey Jim Parsons Larry Greco M65 George Butchk. Triple Jump M35 Randy Dean James Dean M40 Barry Faust Vince Carter M45 Palmer Sweet M50 Mike Valle M55 Thom Phillips M60 James Stookey Don Sibigtroth Shot Put M30 Tim Howard M40 Steve Kay M45 Mickey Bitsko Palmer Sweet M50 Larry Fratt Glen Johnson Mike Valle M55 Rudy Hoag M60 Larry Horine Rudy Bredenbeck Tom Grimes M65 G W Dalzell Jacob Stein M90 Everett Hosack W45 A Beckelheimer W60 Lucille Sampson Eliza Dalzell W75 Lenka Seda Discus M35 Kevin Hill M40 Steve Kay	3-8 3-10 3-3 12-6 11-6 12-0 9-0 7-0 5-0 7-0 15-5\frac{1}{18-8} 3/4 17-3/4 13-5\frac{1}{18-11} 16-10 13-6\frac{1}{16-10} 16-3\frac{1}{11-11\frac{1}{11-11}} 11-11 11-11\frac{1}{11-11\frac{1}{11-11}} 11-11 32-6\frac{1}{24-11} 29-4\frac{1}{30-5} 3/4 31-8\frac{1}{43-7\frac{1}{3}} 39-1 35-6 34-3 3/4 31-8\frac{1}{43-7\frac{1}{3}} 35-6 34-3 3/4 31-8\frac{1}{43-7\frac{1}{4}} 35-6 34-3 3/4 31-8\frac{1}{43-7\frac{1}{4}} 35-6 34-3 3/4 31-8\frac{1}{4} 23-10\frac{1}{4} 23-10\frac{1}{4} 26-4\frac{1}{4} 13-3\frac{1}{4} 13-3\f
11.57 12.37 11.45 12.33 12.83 13.08 15.11 15.69 13.71 13.82 12.93 13.04 13.04 13.04 13.04 13.04 13.04 13.05 16.28 13.62 13.62 13.71 23.00 24.01 25.83 22.83 29.44 25.27 26.58 27.31 27.57 28.12 28.90 28.95	M65 George Butchko M70 Charles Irvin M75 Wib Ragland Fole Vault M35 Kevin Hill Mickey Kollross M40 Richard Beckner M45 Curt Fletcher M50 John Sloan M60 Don Sibigtroth M65 George Butchko Long Jump M30 Craig Dupler M35 James Dean Randy Dean M40 Vince Carter M45 Gary Kidd M50 Mike Valle M55 Paul Williams Wendell Curry M60 James Stookey Jim Parsons Larry Greco M65 George Butchk. Triple Jump M30 Randy Dean James Dean M40 Barry Faust Vince Carter M45 Palmer Sweet M50 Mike Valle M55 Thom Phillips M60 James Stookey Don Sibigtroth Shot Put M30 Tim Howard M40 Steve Kay M45 Mickey Bitsko Palmer Sweet M50 Larry Pratt Glen Johnson Mike Valle M55 Rudy Hoag M60 Larry Horine Rudy Bredenbeck Tom Grimes M65 G W Dalzell Jacob Stein M90 Everett Hosack W45 A Beckelheimer W60 Lucille Sampson Eliza Dalzell M75 Lenka Seda Discus M35 Kevin Hill M40 Steve Kay Tom Forte M45 Rex Harvey Mickey Bitsko	3-8 3-10 3-3 12-6 11-6 12-0 9-0 7-0 5-0 7-0 5-0 7-0 15-5\frac{1}{18-8} 3/4 17-3/4 13-5\frac{1}{10-6} 3/4 15-10\frac{1}{11-11\frac{1}{11-11}} 11-8 33-3\frac{1}{29-10\frac{1}{3}} 32-6\frac{1}{2} 24-11 29-4\frac{1}{3} 30-5 3/4 31-8 3/4 32-2\frac{1}{2} 24-0 31-7 3/4 39-11\frac{1}{3} 36-1 36-7 3/4 37-1 39-1 3/4 35-1 44-7\frac{1}{3} 35-1 44-7\frac{1}{3} 35-1 41-7\frac{1}{3} 3-1 119-11 125-6 116-6 126-2 113-7

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M50 Larry Pratt 162-10	MAY MENHOGEE, CHUCK 7.20	M34 SPEEN, WOODY 4:43.08 H42 RIMALDI, ENIL 4:46.61 H43 DYKSTAY, HARDLD 4:49.52	H73 FLACK, TOM 34-11	M40 Mike McCracken 58.46	W45 Terry Kennedy 28.2 W60 Flora Wong 45.7
Terry Simons 134-9	MSO GIBSON, WALTER 7.00 MSO LECZIMSKI, DENMIS 7.25	H43 DYKSTRA, HAROLD 4:49.52	H71 BOWLES, FRANK 34-03-4 H73 TRIMMELL, BILL 33-2	800m M30 David Smith 2:09.5	A STATE OF THE PARTY OF THE PAR
Mike Valle 129-7 M55 Frank Caron 113-1	not mukium, umaine 1.21	M40 ROME, JERRY 4:59.55 M42 DOLEZEL, JIM 5:32.05	M75 PRAEGER, FREDERICK 79-1134	M35 Mark Eiland 2:32.5	M30 S M-Pryde 55.7
M60 Larry Horine 139-2	M50 TAYLOR, SAM 7.27 M50 STARR, TOM 7.29		H77 TODD, LEE 31-10 F60 DUSAN, JDAN 24-103-4	M40 Mike McCracken 2:09.8	M35 Andrew Kappel 54.8
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M70 Chas Irwin 89-6 M90 Everett Hosack 40-7	M63 ANDERSON, ANDY 7.40 M61 WELCH, FRANK 7.61	F78 MEHL, PEARL 9:12.07	MIL CENTRED CLUIT 129 D	W30 Lori Kopp 10:10.0 W35 Carla Schaefer 7:14.0	W35 Karen Black 73.0
W35 Vickie Johnson 71-11	MAI JAENECKE, RUSS 8.92	1111111 5000M 11111111	M36 BILDERBECK, JEFF 104-0 M45 BROCE, RON 109-814	W40 Rene Blenden 6:00.4	W45 Terry Fennedy 64.3
W55 Arlene Stooke 48-2	M65 SOCHOR, CHARLES 7.31 M68 SILVA, ALEI 8.13	M35 KONINGH, JOHN 15:34.0	MS1 KRELL, DAVE 126-212	Short Hurdles M30 Jeff Brower 15.68	W55 Kay Newman 1:49.5 W60 Flora Wong 1:36.5
Donelda Smith 41-1 W60 Lucille Sampson 62-7	M67 BUTCHKO, GEORGE 8.51	. H43 KATZ, RICK 16:23.2 H59 LUFF, KENWETH 17:30.7	MS4 HORTON, DWAINE 119-6 MS3 JURGENS, ROBERT 99-103-4	M30 Jeff Brover 15.68 M40 John Flake 22.16	W75 Edna Berg 2:10.2
Eliza Dalzell 53-3	M73 DAYISON, JOHN 7.75 M77 TODD, LEE 8.80	MS7 FRANKS, RAY 22:40.3	MSO HAMBRICK PON 97-834	M45 Jim Cavley 19.94	800m
W75 Lenka Seda 32-2	M75 PRAEGER, FREDERICK 8.83	M61 BLACK, ERNIE 20:52.2 F30 Ler01, CATHERINE 17:30.4	M57 WESSALOWSKI, TOM 124-0 M57 SPENCER, VERN 102-8 M56 HAMILTON, RUSTY 86-01-4	W30 Lori Kopp 27.53 W35 Charlotte Carter 19.97	M30 S M-Pride 2:07.7 M35 Simon Hale 2:07.6
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M60 Don Sibigtroth 69-3	ESTERSES 100M STEERESS	The state of the s	M63 BRAZELTON, BILL 119-10	W30 Jeff Brower 42.67 W35 Charlotte Carter 57.69	M50 Kenny Fike 2:25.5 M70 Ed Anacker 3:48.5
David Vachon 66-1 M65 Cliff Sampson 92-9	M32 WINSTON, STEVE 11.65	M59 DICARLO, BOB 27:58.0	M61 EIGHNY, JACK RS-4	High Jump	M75 A1 Funk 3:01.5
Jacob Stein 85-10	M36 CRUNKLETON, GEORGE 11.21 M38 PANNELL, MIKE 12.06	MS7 FRANKS, RAY 29:59.5 MS8 STRAUTINS, VILMARS 31:00.8	M62 MORRIS, ALLEN BO-1012 M65 KROEKER, HAROLD 127-6	M30 Jeff Brower 6-2	M80 Emmett Bennett 3:52.6 W30 Jana Noel 2:49.1
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M30 Craig Dupler 120-6	M37 RUF, GARY 12.68 M35 FIELDS, JAMES 12.70	F41 ANDERSON, HOLLY 35:34.2 F55 FREDERICK, DORIG 37:25.2	M67 BUTCHKO, GEORGE 98-81-4 M69 DALZELL, GRAEME 87-10	W30 Lori Kopp 3-3	W55 Kay Newman 4:17.6
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M40 Barry Faust 115-9 M45 Curt Fletcher 117-3	M40 RADIFF, DAN 11.88	MSO GIBSON, WALTER 18.89	H71 BOWLES, FRANK 97-1114 H73 FLACK, TOM 84-614	Long Jump	M30 Valyn Kurray 4:20.5
Gary Kidd 108-10	M42 VERTI, BOB 12.10	MS7 WHITE, RITCH 26.18	M77 TODD, LEE 96-915	W30 Lori Kopp 9-6	M35 Simon Hale 4:31.9
M50 John Sloan 125-4 M55 Frank Caron 99-7	MAZ DULEZEL, JIM 12.65	M68 HIRSIMAKI, FRED 20.79	F40 GREEN, LORRAINE 82-1012	Triple Jump H30 Rick Cawley 28-7	M40 Jim Hatcher 4:17.3 M45 Walt Wetrel 4:43.7
M60 Larry Horine 108-7	M46 BOMG, ROBB 12.29	BEREERE 110M HH ERERERE	F60 DUGAN, JDAN B0-B12	M40 John Flake 28-1	M60 Frank Newman 5:55.1
David Vachon 91-0	M54 KIRKPATRICK, RONALD 12.79	M32 SCHWEEDECK, DOUGLAS 16.28 M38 ZAHN, ROBERT 16.01	F60 DUGAN, JDAN B0-815 F64 DALZELL, ELIZA 51-015 F63 AZELTIN, JEANE 43-4	M45 Jim Cavley 35-10	M80 Emmett Bennett 7:57.2 M95 Herb Kirk 14:38.0
M65 Jacob Stein 99-1 George Butchko 89-11	MSO GIBSON, WALTER 13.17	M41 HILL, MIKE 16.08	F70 MCGINNITY, BETTYE 44-4	W30 Lori Kopp 21-1 W35 Charlotte Carter 28-1	M95 Herb Kirk 14:38.0 W30 Jana Noel 6:06.0
G W Dalzell 83-4	M50 STARR, TOM 13.52	M40 RADIFF, DAN 17.36 M42 VERTI, DOB 19.77	ETTETET HAMMER TETTETE	W40 Rene Blenden 25-2	W35 Denise Ackerman 6:28.7
M70 Chas Irwin 62-1	739 LECZINSKI, DENNIB 13.84	The second of the second of the second	MS7 WESSALOWSKI, TOM 113-5	Shot	W40 P F-Bfrtic 5:10.2 W75 Edna Berg 10:31.3
W35 Vickie Johnson 81-4 W45 Arbra Beckelheimer54-5	MS7 WHITE, RITCH 14.72	M6B HIRSIMAKI, FRED 60.44	M62 NORRIS, ALLEN 65-7	M30 Mike Dunn 29-1 M35 Mike Eiland 33-4	5000m
W55 Arlene Stooke 46-10	M62 POPPELL, JOHN 13.12 M63 ALBURY, GORDON 13.21	THE THE PARTY OF SHARE	M67 CANTOR, HERBERT , 105-3	M40 Bruce Evans 34-8	M30 Valyn Murray 15:52.3
W60 Eliza Dalzell 52-11 MaryEllen Horine 38-3	M63 ANDERSON, ANDY 13.55	M32 SCHNEEBECK, DOUGLAG 58.40	M65 KRDEKER, HARDLD 75-5 M69 DALZELL, GRAEME 71-5	W30 Lori Kopp 24-71	M35 Mike Layman 16:25.6 M40 Jim Hatcher 15:53.0
5000m Racewalk	MED HEIN, RICHARD 15.00	M38 PANNELL, MIKE 59.13 M40 RADIFF, DAN 63.47	M71 BOWLES, FRANK 74-4 M73 FLACK, TOM 72-10	W35 Pam Booton 22-9	M45 Walt Wetzel 18:07.8
M35 Bill Garten 30:43.10 M45 Gary Kidd 32:26.40	M61 JAENECKE, RUSS 17.00 M66 GREENWOOD, JACK 14.04	M41 SANTOS, ANTHONY 74.27	M75 PRAEGER, FREDERICK 72-5	W40 Rene Blenden 23-6 W50 Marion Coffee 19-10	M60 Frank Newman 21:48.0 M65 Arne Hovin 24:42.0
M45 Gary Kidd 32:26.40 W45 Abra Beckelheimr34:29.00	M67 KATZMAN, NORMAN 14.88	M65 GOCHOR, CHARLES B5.31 F39 CARTER, CHARLOTTE B0.33	F60 FETHERSTON, JUDY 87-9	Discus	M70 Will Metz 21:13.4
W55 Donelda Smith 39:05.80	M68 SILVA, ALEX 15.04 M67 BUTCHKO, GEORGE 16.36	A Common Common State of the	M33 KNUTSON, PAUL 148-6	W30 Mark Eiland 88-9 W30 Lori Kopp 62-7	M75 A1 Funk 22:22.2 W30 Susan Kaluza 19:28.9
W60 MaryEllen Horine38:14.40	M73 DAVISON, JOHN 14.46 M75 PRAEGER, FREDERICK 16.40	M39 HAMMOND, SCOTT 5-8	M38 McINTOSH, RON 98-1112	W35 Pam Booton 46-9	W30 Susan Kaluza 19:28.9 W40 P F-Birnic 19:31.0
MID AMERICA	17.27 1988° ree	M35 FIELDS, JAMES 4-4 M44 LIGHT, THOMAS 5-2	M38 McINTOSH, RON 98-1132 M44 LIGHT, THOMAS 119-9 M45 BROCE, RON 123-3	W40 Diane Ela 54-6	W75 Edna Berg 38:58.5
The second secon	F41 THOMPSON, SUE 17.22	MAZ DOLETEL, JIM 5-0	M50 HAMBRICK, RON 147-0	Javelin M30 Rick Cawley 85-9	Short Hurdles
Lincoln TC Decathlon	F41 THOMPSON, SUE 17.22 F59 FRANKS, JOYCE 19.65 F61 RUTTLER, IDA 17.96	M41 SANTOS, ANTHONY 4-8 M49 LOUBET, JEFF 4-10	M54 WEEKS, BOB 107-11	M30 Rick Cawley 85-9 M35 Mark Eiland 100-4	M30 Keith Gilbert 21.3
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M30 Steve Rainbolt 34 2727	tittett 200M tettitt	M50 LECZINSKI, DENNIS 4-6	M60 WHITE, HAROLD 137-2'5	W30 Lori Kopp 64-9	M45 Gary Hanson 12;57.9
David Saye 32 1203 M35 Mike Maryott 39 5542	M32 WINSTON, STEVE 22.81	MSS CARTER, LARRY 4-10 MS7 WHITE, RITCH TOOK 0-4-0	M67 CANTOR, HERBERT 98-3 OATS	W35 Pam Booton 67-10 W40 Rene Blenden 63-6	M60 Frank Newman 9:18.2 4x100m Relay
M40 Bill Schooler 43 5397	M34 FRY, JEFF 28.45 M36 CRUNKLETON, GEORGE 22.62	MSS ROTH, JIM 4-0 M60 WHITE, HAROLD 4-10	M67 BUTCHKO, GEORGE 89-3 M69 DALZELL, GRAEME 76-3	WSO Marion Coffee 44-7	M30 Polette, Sangray, 53.7
Jim Kniep 40 5078 Tom Light 44 4847	M38 PANNELL, MIKE 23.95	MGO HEIN, RICHARD 4-8	M65 KROEKER, HAROLD 75-0	from Jeff Brower	Nelson, Kappel
TOW LINGIE 44 4047	MID DIE CADY	MAS BOM EN SERON	M71 DOWLED FRANK LAC A		
M45 Rex Harvey 45 7730	M39 RUF, GARY 24.90 M35 FIELDS, JAMES 27.90	M62 DOMLEY, JERRY 4-4 M68 HIRSIMAKI, FRED 4-4	M71 BOWLES, FRANK 105-R	WEST	M40 Duncan, Wetzel, 51.7 Icenogle, Bickham
M45 Rex Harvey 45 7730 M50 Jim Retzlaff 51*5907	M35 FIELDS. JAMES 27.90	M62 DOMLEY, JERRY M68 HIRSIMAKI, FRED M67 BUTCHKO, GEORGE 3-10	M71 BOWLES, FRANK 105-R	WEST	M40 Duncan, Wetzel, 51.7 Icenogle, Bickham 4x400m Relay
M45 Rex Harvey 45 7730	N.3 FIELDS, JAMES 27.90 140 THOMPSON, TOM 23.27 140 RADIFF, DAN 23.75 141 SANTOS, ANTHONY 24.46	M73 TRIMMELL, BILL . 3-6	H71 BOWLES, FRANK 105-8 H71 BUYSSE, DALE 90-8 H73 FLACK, TOM 84-1 H77 TODD, LEE 109-3 F40 GREEN, LORRAINE 67-11/2	WEST California Throws Series	M40 Duncan, Wetzel, 51.7 Icenogle, Bickham
M45 Rex Harvey 45 7730 M50 Jim Retzlaff 51*5907 John Lewis 51*2954 *non-standard implants/distncs	M35 FIELDS, JAMES 27.90	I III BUTCES, I KARK 3 0	N71 BUNLES, FRANK 105-8 N71 BUNSES, DALE 90-8 N73 FLACK, TOM 84-1 N77 TODD, LEE 109-3 F40 GREEN, LORRAINE 67-11/2 F60 DUGAN, JOAN 57-8/2 F64 DALZELL, ELIZA 50-7	California Throws Series Meet No. 8	M40 Duncan, Wetzel, 51.7 Icenogle, Bickham 4x400m Relay M30 Murray, Martin 3:55.2 Jannsen, Wetzel High Jump
M45 Rex Harvey 45 7730 M50 Jim Retzlaff 51*5907 John Lewis 51*2954 *non-standard implants/districs St. Louis TC Mile	NJS FIELDS, JAMES 27.90 140 HOMPSON, TOM 23.27 140 RADIFF, DAN 23.75 141 SANIDS, ANTHONY 24.46 142 VERII, BOB 24.83 141 COMMORS, DAM 25.36 141 GREIMER, LEE 25.89	M73 TRIMMELL, BILL 3-6 M77 TODD, LEE 3-4 F60 DUGAM, JOAM 3-10	H71 BOWLES, FRANK 105-8 H71 BUYSSE, DALE 90-8 H73 FLACK, 10H 84-1 H77 10DD, LEE 109-3 F40 GREEM, LORRAINE 67-11-5 F60 DUGAN, JOAN 57-8-5 F64 DALZELL, ELITA 50-7 F63 ARELIIN, JEANE 39-9	California Throws Series Meet No. 8 Stanford; August 8	M40 Duncan, Wetzel, 51.7 Icenogle, Bickham 4x400m Relay H30 Murray, Hartin 3:55.2 Jannsen, Wetzel High Jump M30 Ron Sinnema 5-10 M35 Jim Johnson 5-10
M45 Rex Harvey 45 7730 M50 Jim Retzlaff 51*5907 John Lewis 51*2954 *non-standard implants/distncs St. Louis TC Mile St. Louis, MO; June 18	M35 FIELDS, JAMES 27.90 M35 FIELDS, JAMES 27.90 M40 THOMPSON, TOM 23.27 M40 RADIFF, DAN 24.46 M41 SANIOS, ANTHOMY 24.46 M42 VERTI, BOB 24.83 M41 CONMORS, DAN 25.36 M41 GREIMER, LEE 25.89 M42 APERS, DAN 27.58	H73 TRIMMELL, BILL 3-6 H77 TODD, LEE 3-4 F60 DUGAM, JOAM 3-10	H71 BUNLES, FRANK 105-8 H71 BUNSES, DALE 90-8 H73 FLACK, TOM 84-1 H77 TODD, LEE 109-3 FAO GREEN, LORRAINE 67-11/2 F60 DUGAN, JOAN 57-8/2 F64 DALYELL, ELITA 50-7 F63 ALELTIN, JEANE 39-9 F70 HCGINNITY, BETTYE 38-4	California Throws Series Meet No. 8 Stanford; August 8 Shot Put H30 Ron HcKee 57-5	M40 Duncan, Wetzel, 51.7 Icenogle, Bickham 4x400m Relay M30 Murray, Martin 3:55.2 Jannsen, Wetzel High Jump M30 Ron Sinnema 5-10 M35 Jim Johnson 5-10 M40 Wally Duncan 4-8
M45 Rex Harvey 45 7730 M50 Jim Retzlaff 51*5907 John Lewis 51*2954 *non-standard implants/districs St. Louis TC Mile St. Louis, MO; June 18 M30 Dennis Gournic 4:49 Jon Delano 4:55	M35 FIELDS, JAMES 27.90 M35 FIELDS, JAMES 27.90 M40 THOMPSOM, TOM 23.27 M40 RADIFF, DAN 24.46 M42 VERTI, BOB 24.63 M41 COMMORS, DAN 25.36 M41 GREIMER, LEE 25.89 M42 ATERS, DAN 27.58 M46 BOMG, ROBB 24.62 M54 KIKFATRICK, ROMALD 25.47 25.4	H73 TRIMMELL BILL - 3-6 H77 TODD, LEE - 3-4 F60 DUGAM, JOAM - 3-10 VIIII POLE VAULT ILLIEUTE H36 BILDERBECK, JEFF 12-0 M42 DOLEIEL, JIM 9-0 H49 LOUWET, JEFF 11-0	H71 BOWLES, FRANK 105-8 H71 BUYSSE, DALE 90-8 H73 FLACK, DOM 84-1 H77 TODD, LEE 109-3 F40 GREEN, LORRAINE 67-1115 F60 DUGAN, JOAN 57-8-5 F64 DALZELL, ELIZA 50-7 F63 AZELTIN, JEANE 39-9 F70 MCGINNITY, BETTYE 38-4 10011010 PENTATHLON 1001018 H33 KNUTSON, PAUL 2386	California Throws Series Meet No. 8 Stanford; August 8 Shot Put M30 Ron McKee 57-5 Eric Hodgdon 42-10	M40 Duncan, Metzel, 51.7 Icenogle, Bickham 4x400m Relay M30 Murray, Martin 3:55.2 Jannsen, Metzel High Jump M30 Ron Sinnema 5-10 M35 Jim Johnson 5-10 M40 Wally Duncan 4-8 M45 Earl Hanson 5-8
M45 Rex Harvey 45 7730 M50 Jim Retzlaff 51*5907 John Lewis 51*2954 *non-standard implants/distncs St. Louis TC Mile St. Louis, MO; June 18 M30 Dennis Gournic 4:49 Jon Delano 4:55 Craig Mallinkrodt 5:00	M35 FIELDS, JAMES 27.90	H73 TRIMMELL BILL 3-6 H77 TODD, LEE 3-4 F60 DUGAM, JOAM 3-10 FF 12-0 H72 DOLETEL, JEFF 12-0 H72 DUBET, JEFF 11-0 H79 MENNOGLE, CHUCK 8-0 H75 MARILLION, RUSTY 8-6	### BOWLES, FRANK 105-8 ####################################	California Throws Series Meet No. 8 Stanford; August 8 Shot Put M30 Ron McKee 57-5 Eric Hodgdon 42-10 M35 M Selbecky 39-11 M40 Gary Kelmenson 38-2	M40 Duncan, Wetzel, 51.7 Icenogle, Bickham 4x400m Relay M30 Murray, Martin 3:55.2 Jannsen, Wetzel High Jump M30 Ron Sinnema 5-10 M35 Jim Johnson 5-10 M40 Wally Duncan 4-8 M45 Earl Hanson 5-8 M50 Dwaine Horton 5-0 M60 B J Smith 3-10
M45 Rex Harvey 45 7730 M50 Jim Retzlaff 51*5907 John Lewis 51*2954 *non-standard implants/districs St. Louis TC Mile St. Louis, MO; June 18 M30 Dennis Gournic 4:49 Jon Delano 4:55	M35 FIELDS, JAMES 27.90 M40 THOMPSOM, TOM 23.27 M40 RADIFF, DAN 24.46 M41 SANIOS, ANTHOMY 24.46 M42 VERTI, BOB 24.83 M41 CONMORS, DAN 25.36 M41 GREIMER, LEE 25.89 M42 AYERS, DAN 27.58 M46 BOMG, ROBB 24.62 M54 KIRKPAIRICK, ROMALD 25.47 M50 TAYLOR, SAM 27.40 M57 WHITE, RIICH 37.40 M57 WHITE, RIICH 37.40 M57 WHITE, RIICH 37.42 M62 POPPELL, JOHN 26.97	H73 TRINHELL, BILL 3-6 H77 TODD, LEE 3-4 F60 DUGAM, JOAM 3-10 ************************************	N71 BOWLES, FRANK 105-8 N71 BUYSSE, DALE 90-8 N73 FLACK, DOM 84-1 N77 TODD, LEE 109-3 F40 GREEN, LORRAINE 67-1115 F60 DUGAN, JOAN 57-8-5 F64 DALZELL, ELIZA 50-7 F63 AZELTIN, JEANE 39-9 F70 MCGINNITY, BETTYE 38-4 N34 FRY JEFF 1699 M35 LAWSDN, BILL 3307 M35 LAWSDN, BILL 3307 M35 LAWSDN, BILL 3307 M35 LAWSDN, BILL 3208 M35 LAWSDN, BILL 3307 M35 LAWSDN, BILL 3207 M35 LAWSDN, BILL	California Throws Series Meet No. 8 Stanford; August 8 Shot Put N30 Ron HcKee Eric Hodgdon M35 M Selbecky M40 Gary Kelmenson Discus	M40 Duncan, Wetzel, 51.7 Icenogle, Bickham 4x400m Relay H30 Murray, Hartin 3:55.2 Jannsen, Wetzel High Jump H30 Ron Sinnema 5-10 H35 Jim Johnson 5-10 H40 Wally Duncan 4-8 H45 Earl Hanson 5-8 H50 Dwaine Horton 5-0 H60 B J Smith 3-10 H70 Brady Walker 4-4
M45 Rex Harvey 45 7730 M50 Jim Retzlaff 51*5907 John Lewis 51*2954 *non-standard implmnts/distncs St. Louis TC Mile St. Louis, MO; June 18 M30 Dennis Gournic 4:49 Jon Delano 4:55 Craig Mallinkrodt 5:00 M35 James Pannebacker 4:58 John Dickey 5:11 Richard Bates 5:14	M35 FIELDS, JAMES 27.90	173 RIMHELL 1 1 1 1 1 1 1 1 1	## 180 MLES, FRANK 105-8 ## 10	California Throws Series Meet No. 8 Stanford; August 8 Shot Put M30 Ron McKee 57-5 Eric Hodgdon 42-10 M35 M Selbecky 39-11 M40 Gary Kelmenson 38-2 Discus M30 J Garvey 135-6 E Hodgdon 101-6	M40 Duncan, Wetzel, 51.7 Icenogle, Bickham 4x400m Relay M30 Murray, Martin 3:55.2 Jannsen, Wetzel High Jump M30 Ron Sinnema 5-10 M35 Jim Johnson 5-10 M40 Wally Duncan 4-8 M45 Earl Hanson 5-8 M50 Dwaine Horton 5-0 M60 B J Smith 3-10 M70 Brady Walker 4-4 M75 Manuel White 4-0 W35 Shelley Hayler 4-4
M45 Rex Harvey 45 7730 M50 Jim Retzlaff 51*5907 John Lewis 51*2954 *non-standard implmnts/distncs St. Louis TC Mile St. Louis, MO; June 18 M30 Dennis Gournic 4:49 Jon Delano 4:55 Craig Hallinkrodt 5:00 M35 James Pannebacker 4:58 John Dickey 5:11	M35 FIELDS, JAMES 27.90	H73 TRINHELL, BILL - 3-6 H77 TODD, LEE - 3-4 F60 DUGAM, JOAM - 3-10 ************************************	N71 BOWLES, FRANK 105-8 N71 BUYSSE, DALE 90-8 N73 FLACK, DOM 84-1 N77 TODD, LEE 109-3 F40 GREEN, LORRAINE 67-1115-5-5-6 F60 DUGAN, JOAN 57-8-5-5-6 F64 DALZELL, ELIZA 50-7 F63 AZELTIN, JEANE 39-9 F70 MCGINNITY, BETTYE 38-4 N33 KNUISON, PAUL 2386 M34 FRY, JEFF 1699 M35 LANSON, BILL 3307 M35 LANSON, BILL 3307 M35 LANSON, BILL 3308 M41 HILL, MIKE 3788 M44 SCHUSTER, MEAL 2486 M45 ROSE, JIH 2745	California Throws Series	M40 Duncan, Wetzel, 51.7 Icenogle, Bickham 4x400m Relay H30 Murray, Hartin 3:55.2 Jannsen, Wetzel H1gh Jump M30 Ron Sinnema 5-10 M35 Jim Johnson 5-10 M40 Wally Duncan 4-8 M45 Earl Hanson 5-8 M50 Dwaine Horton 5-0 M60 B J Smith 3-10 M70 Brady Walker 4-4 M75 Manuel White 4-0 W35 Shelley Hayler 4-4 W65 Marvis Lorenz 3-8
M45 Rex Harvey 45 7730 M50 Jim Retzlaff 51*5907 John Lewis 51*2954 *non-standard implmnts/districs St. Louis TC Mile St. Louis, MO; June 18 M30 Dennis Gournic 4:49 Jon Delano 4:55 Craig Mallinkrodt 5:00 M35 James Pannebacker 4:58 John Dickey 5:11 Richard Bates 5:14 M40 Kent Oglesby 4:51 Dan Sebben 4:55 Robert Leutwiler 5:03	M35 FIELDS, JAMES 27.90 M40 THOMPSOM, TOM 23.27 M40 RADIFF, DAN 23.75 M41 SANIOS, ANTHOMY 24.46 M42 VERII, BOB 24.63 M41 CONMORS, DAN 25.36 M41 GREIMER, LEE 25.89 M42 AYERS, DAN 27.58 M46 BOMG, ROBB 24.62 M54 KIRKPAIRICK, ROMALD 25.47 M50 TAYLOR, SAN 26.82 M50 STARR, TOM 27.40 M57 WHITE, RIICH 32.42 M62 POPPELL, JOHN 26.97 M63 ANDERSOM, ANDY 28.05 M61 WELCH, FRANK 30.02 M62 DOMLEY, JERRY 30.09 M65 SOCHOR, CHARLES 24.94	H73 TRINHELL, BILL 3-6 H77 TODD, LEE 3-4 F60 DUGAM, JOAM 3-10 TETTER POLE VAULT TETTER M36 BILDERBECK, JEFF 12-0 H42 DOLEZEL, JIM 9-0 H49 LOUBET, JEFF 11-0 H49 WENNOGLE, CHUCK 8-0 H56 MANILTOM, RUSIY 8-6 H57 ROTH, JIM 9-0 H52 DOMLEY, JERRY 11-0 H62 MORRIS, ALLEM 7-0 H65 ROTSH, DOM 9-6 H68 HIRSTMAKI, FRED 8-0	## BOWLES, FRANK 105-8 ## BY1 BUYSSE, DALE 90-8 ## BY1 BUYSSE, DALE 90-8 ## BY1 FLACK, BLITA 50-7 ## B	California Throws Series Meet No. 8 Stanford; August 8 Shot Put M30 Ron McKee 57-5 Eric Hodgdon 42-10 M35 M Selbecky 39-11 M40 Gary Kelmenson 38-2 Discus M30 J Garvey 135-6 E Hodgdon 101-6	M40 Duncan, Wetzel, 51.7 Icenogle, Bickham 4x400m Relay M30 Murray, Martin 3:55.2 Jannsen, Wetzel High Jump M30 Ron Sinnema 5-10 M35 Jim Johnson 5-10 M40 Wally Duncan 4-8 M45 Earl Hanson 5-8 M50 Dwaine Horton 5-0 M60 B J Smith 3-10 M70 Brady Walker 4-4 M75 Manuel White 4-0 W35 Shelley Hayler W65 Marvis Lorenz 3-8 Pole Vault M35 Ted Polette 12-6
M45 Rex Harvey 45 7730 M50 Jim Retzlaff 51*5907 John Lewis 51*2954 *non-standard implmnts/districs St. Louis TC Mile St. Louis, MO; June 18 M30 Dennis Gournic 4:49 Jon Delano 4:55 Craig Hallinkrodt 5:00 M35 James Pannebacker 4:58 John Dickey 5:11 Richard Bates 5:14 M40 Kent Oglesby 4:51 Dan Sebben 4:55 Robert Leutwiler 5:03 M45 Kelley Boyd 5:13	M35 FIELDS, JAMES 27.90 M40 THOMPSOM, TOM 23.27 M40 RADIFF, DAN 23.75 M41 SANIOS, ANTHOMY 24.46 M42 VERTI, BOB 24.63 M41 CONMORS, DAN 25.36 M41 GREIMER, LEE 25.89 M42 AYERS, DAN 27.58 M46 BOMG, ROBB 24.62 M54 KIRKPAIRICK, ROMALD 25.47 M50 TAYLOR, SAN 26.82 M50 STARR, TOM 27.40 M57 WHITE, RIICH 32.42 M62 POPPELL, JOHN 26.97 M63 ANDERSOM, ANDY 28.05 M61 WELCH, FRANK 30.02 M62 DOMLEY, JERRY 30.09 M65 SOCHOR, CHARLES 24.94	H73 TRINHELL, BILL 3-6 H77 TODD, LEE 3-4 F60 DUGAM, JOAM 3-10 TETTER POLE VAULT TETTER M36 BILDERBECK, JEFF 12-0 H42 DOLEZEL, JIM 9-0 H49 LOUBET, JEFF 11-0 H49 WENNOGLE, CHUCK 8-0 H56 MANILTOM, RUSIY 8-6 H57 ROTH, JIM 9-0 H52 DOMLEY, JERRY 11-0 H62 MORRIS, ALLEM 7-0 H65 ROTSH, DOM 9-6 H68 HIRSTMAKI, FRED 8-0	N71 BOWLES, FRANK 105-8 N71 BUYSSE DALE 90-8 N73 FLACK, 10M 84-1 N77 10DD, LEE 109-3 F40 DEFEM, LORRAINE 67-11-5 F60 DUGAM, JOAN 57-8-5 F64 DALFELL, ELITA 50-7 F63 ARELIIM, JEANE 39-9 F70 NCGINNITY, BETTYE 38-4	California Throws Series	M40 Duncan, Wetzel, 51.7 Icenogle, Bickham 4x400m Relay H30 Murray, Martin 3:55.2 Jannsen, Wetzel High Jump H30 Ron Sinnema 5-10 H35 Jim Johnson 5-10 H40 Wally Duncan 4-8 H45 Earl Hanson 5-8 H50 Dwaine Horton 5-0 H60 B J Smith 3-10 H70 Brady Walker 4-4 H75 Manuel White 4-0 W35 Shelley Hayler 4-4 W65 Narvis Lorenz 3-8 Pole Vault H35 Ted Polette 12-6 H50 Kenny Fike 10-0
M45 Rex Harvey 45 7730 M50 Jim Retzlaff 51*5907 John Lewis 51*2954 *mon-standard implants/districs St. Louis TC Mile St. Louis, MO; June 18 M30 Dennis Gournic 4:49 Jon Delano 4:55 Craig Mallinkrodt 5:00 M35 James Pannebacker 4:58 John Dickey 5:11 Richard Rates 5:14 M40 Kent Oglesby 4:51 Dan Sebben 4:55 Robert Leutwiler 5:03 M45 Kelley Boyd 5:13 Ernie Carr 5:36 Steve Cottle 5:41	M35 FIELDS, JAMES 27.90 M40 THOMPSOM, TOM 23.27 M40 RADIFF, DAN 23.75 M41 SANIOS, AMIHOMY 24.46 M42 YERI, BOB 24.63 M41 CONMORS, DAM 25.36 M41 GREIMER, LEE 25.89 M44 GREIMER, LEE 25.89 M46 BOMG, ROBB 24.62 M54 KIRKPAIRICK, ROMALD 25.47 M50 TAYLOR, SAN 25.47 M50 TAYLOR, SAN 27.40 M57 WHITE, RITCH 37.40 M57 WHITE, RITCH 37.42 M62 POPPELL, JOHN 26.97 M63 AMBURY, GORDOM 27.29 M63 MADERSOM, AMDY 28.05 M61 WELCH, FRANK 30.02 M62 DOMLEY, JERRY 30.09 M65 SOCHOR, CHARLES 26.94 M66 GREENWOOD, JACK 29.50 M67 KAIZHAM, MORHAM 30.65 M68 SILVA, ALEE 32.11	173 RIMHELL 3-6 177 1000 LEE 3-4 176 1006 100 3-10 177 1000 LEE 3-4 177 1000 LEE 3-4 178 1000 3-10 178 1000 1000 1000 179 179 170 179 179 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170	## BOWLES, FRANK 105-8 ## BY1 BUYSSE, DALE 90-8 ## BY1 BUYSSE, DALE 90-8 ## BY1 FLACK, BLITA 50-7 ## B	California Throws Series	M40 Duncan, Wetzel, 51.7 Icenogle, Bickham 4x400m Relay M30 Murray, Martin 3:55.2 Jannsen, Wetzel High Jump M30 Ron Sinnema 5-10 M35 Jim Johnson 5-10 M40 Wally Duncan 4-8 M45 Earl Hanson 5-8 M50 Dwaine Horton 5-0 M60 B J Smith 3-10 M70 Brady Walker 4-4 M75 Manuel White 4-0 W35 Shelley Hayler 4-4 W65 Marvis Lorenz 3-8 Pole Vault M35 Ted Polette 12-6 M50 Kenny Fike 10-0 M55 John Diggs 10-0 M60 Don Crosser 8-9
M45 Rex Harvey 45 7730 M50 Jim Retzlaff 51*5907 John Lewis 51*2954 *mon-standard implmnts/districs St. Louis TC Mile St. Louis, MO; June 18 M30 Dennis Gournic 4:49 Jon Delano 4:55 Craig Hallinkrodt 5:00 M35 James Pannebacker 4:58 John Dickey 5:11 Richard Bates 5:14 M40 Kent Oglesby 4:51 Dan Sebben 4:55 Robert Leutwiler 5:03 M45 Kelley Boyd 5:13 Ernie Carr 5:36 Steve Cottle 5:41 M50 John Munch 5:37	M35 FIELDS, JAMES 27.90 M40 THOMPSOM, TOM 23.27 M40 RADIFF, DAN 23.27 M41 SANIOS, ANTHOMY 24.46 M42 YERTI, BOB 24.83 M41 COMMORS, DAM 25.36 M41 GREINER, LEE 25.89 M42 ATERS, DAM 27.58 M46 BOMG, ROBB 24.62 M50 STARR, DAM 25.47 M50 TAYLOR, SAN 26.82 M50 STARR, TOM 27.40 M57 WHITE, RICH 37.40 M57 WHITE, RAWK 30.00 M61 WELCH, FRAWK 30.00 M65 SOCHOR, CHARLES 26.94 M66 GREENWOOD JACK 27.50 M65 KATIMAM, WORNAM 30.65 M68 SILVA, ALEX 32.11 M73 DAVISOM, JOHM 31.71	H73 TRIMHELL, BILL 3-6 H77 TODD, LEE 3-4 F60 DUGAM, JOAM 3-10 FFF 12-0 H78 BILDERBECK, JEFF 12-0 H79 DUGLETEL, JIM 9-0 H79 LOUDET, JEFF 11-0 H79 MENNOGLE, CHUCK 8-0 H75 MARILTON, RUSTY 8-6 H75 ROTH, JIM 9-0 H75 DOMLEY, JERRY 11-0 H75 DOMLEY, JERRY 11-0 H76 GROSH, DOM 9-6 H78 H78 H78 H78 H79	## BOWLES, FRANK 105-8 ## BUTSSE, DALE 90-8 ## BUTSSE, DALE 109-3 ## BUTSSE, BUT	California Throws Series	M40 Duncan, Wetzel, 51.7
M45 Rex Harvey 45 7730 M50 Jim Retzlaff 51*5907 John Lewis 51*2954 *mon-standard implants/districs St. Louis TC Mile St. Louis, MO; June 18 M30 Dennis Gournic 4:49 Jon Delano 4:55 Craig Mallinkrodt 5:00 M35 James Pannebacker 4:58 John Dickey 5:11 Richard Rates 5:14 M40 Kent Oglesby 4:51 Dan Sebben 4:55 Robert Leutwiler 5:03 M45 Kelley Boyd 5:13 Ernie Carr 5:36 Steve Cottle 5:41 M50 John Munch 5:37 Bob Tarrant 5:45 John Kardos 6:16	M35 FIELDS, JAMES 27.90 M40 THOMPSOM, TDM 23.27 M40 RADIFF, DAN 23.27 M41 SANIOS, ANTHOMY 24.46 M42 VERTI, BOB 24.63 M41 COMMORS, DAN 25.36 M41 GORGINGR, LEE 25.89 M42 AYERS, DAN 27.58 M46 BOME, ROBB 24.62 M52 M14 M54 M15 M14 M54 M14 M14 M54 M14 M54 M14 M14 M14 M14 M14 M14 M14 M14 M14 M1	H73 TRIMHELL BILL 3-6 H77 TODD, LEE 3-4 F60 DUSAM, JOAM 3-10 11111111 POLE VAULT 11111111 H36 BILDERBECK, JEFF 12-0 H42 DUGLETEL, JIF 9-0 H49 LOUBET, JEFF 11-0 H49 MENNOSLE, CHUCK 8-0 H56 MATHILTON, RUSTY 8-6 H57 ROTH, JIF 9-0 H52 DOMLEY, JERRY 11-0 H52 DOMLEY, JERRY 11-0 H64 MORRIS, ALLEM 7-0 H66 GROSH, DOM 9-6 H68 HIRSTMAKI, FRED 8-0 111111 POR H68 HIRSTMAKI, FRED 8-0 11111 POR H68 HIRSTMAKI, FRED 8-0 H39 HAMMOND, SCOIT 19-3 H36 BILDERBECK, JEFF 17-7 H38 HCIMIOSH, ROM 16-814 H41 SANTOS, MATHONY 19-2 H42 VERII, BOB 18-11-14 H42 VERII, BOB 18-11-14	### BOWLES, FRANK 105-8 ####################################	California Throws Series	M40 Duncan, Wetzel, 51.7
M45 Rex Harvey	M35 FIELDS, JAMES 27.90	H73 TRIMHELL BILL 3-6 H77 TODD, LEE 3-4 F60 DUSAM, JOAM 3-10 11111111 POLE VAULT 11111111 H36 BILDERBECK, JEFF 12-0 H42 DUGLETEL, JIF 9-0 H49 LOUBET, JEFF 11-0 H49 MENNOSLE, CHUCK 8-0 H56 MATHILTON, RUSTY 8-6 H57 ROTH, JIF 9-0 H52 DOMLEY, JERRY 11-0 H52 DOMLEY, JERRY 11-0 H64 MORRIS, ALLEM 7-0 H66 GROSH, DOM 9-6 H68 HIRSTMAKI, FRED 8-0 111111 POR H68 HIRSTMAKI, FRED 8-0 11111 POR H68 HIRSTMAKI, FRED 8-0 H39 HAMMOND, SCOIT 19-3 H36 BILDERBECK, JEFF 17-7 H38 HCIMIOSH, ROM 16-814 H41 SANTOS, MATHONY 19-2 H42 VERII, BOB 18-11-14 H42 VERII, BOB 18-11-14	## BOWLES, FRANK 105-8 ## BY1 BUYSSE, DALE 90-8 ## BY1 BUYSSE, DALE 109-3 ## BY1 BUYSSE, DALE 30-3 ## BY1 BUYSSE, BALE 39-9 ## BY1 BUYSSE, PENTATHLOW ## BY1 BUYSSE, BALE 3307 ## BY1 BUYSSE, PENTATHLOW ## BY1 BUYSSE, BALE 3307 ## BY1 BUYSSE, PENTATHLOW ## BY1 BUYSSE, BALE 3307 ## BY1 BUYSSE, BUTSSE, BUTSS	California Throws Series	N40 Duncan, Wetzel, 51.7
M45 Rex Harvey	M35 FIELDS, JAMES 27.90	173 RIMHELL 3-6 177 1000 LEE 3-4 176 1006 1006 3-10 177 1000 LEE 3-4 176 1006 1006 3-10 177 1000 LEE 3-4 177 1000 1006 3-10 177 1006 1006 1006 177 177 1006 1006 177 177 1006 1006 177 177 178 177 177 178 177 177 178 178 178 178 178 178 178 179 179 179 179 179	N71 BOWLES, FRANK 105-8 N71 BUYSSE, DALE 90-8 N73 FLACK, DALE 90-8 N73 FLACK, DALE 109-3 F40 GREEN, LORRAINE 109-3 F40 GREEN, LORRAINE 57-8 2 F60 DUGAN, JOAN 57-8 2 F64 BALZELL, ELIZA 50-7 F63 ALELTIN JEANE 39-9 F70 HCGINNITY, BETTYE 38-4	California Throws Series Meet No. 8 Stanford; August 8 Shot Put M30 Ron McKee 57-5 Eric Blodgdon 42-10 M35 M Selbecky 39-11 M40 Gary Kelmenson 38-2 Discus M30 J Garvey 135-6 E Hodgdon 101-6 M35 J Harness 116-4 M40 G Kelmenson 114-1C M50 Joe Keshmiri 163-11 Hammer M30 Dave Swan 180-8 M40 G Kelmenson 137-3 M50 Ed Burke AR192-4 Javelin M35 Lou Vasu 140-7 M40 G Kelmenson 123-5 M70 A Fairchild 68-7	M40 Duncan, Wetzel, 51.7
M45 Rex Harvey	M35 FIELDS, JAMES 27.90	173 RIMHELL 3-6 177 1000 LEE 3-4 176 1006 3-10 177 1000 LEE 3-4 176 1006 3-10 177 1000 LEE 3-4 178 179 170 3-10 179 179 170 170 179 179 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170 170	### BOWLES, FRANK 105-8 ####################################	California Throws Series Meet No. 8 Stanford; August 8 ShotPut H30 Ron HcKee 57-5 Eric Hodgdon 42-10 M35 N Selbecky 39-11 M40 Gary Kelmenson 38-2 Discus H30 J Garvey 135-6 E Hodgdon 101-6 M35 J Harness 116-4 M40 G Kelmenson 114-1C N50 Joe Keshmiri 163-11 Hammer H30 Dave Swan 180-8 H40 G Kelmenson 137-3 M50 Ed Burke AR192-4 Javelin M35 Lou Vasu 140-7 M40 G Kelmenson 123-5 H70 A Fairchild 68-7 Weight M30 Dave Swan 56-44 M30 Dave Swan 56-44	M40 Duncan, Wetzel, 51.7
M45 Rex Harvey	M35 FIELDS, JAMES 27.90	173 RIMHELL 3-6 177 1000 LEE 3-4 176 1006 100 3-10 1811 1811 1811 3-6 177 1000 LEE 3-4 178 1811 1811 3-6 178 1811 1811 3-10 179 179 1811 1811 179 179 1811 1811 179 179 1811 1811 179 179 1811 179 1811 1811 179 1811 1811 179 1811 1811 179 1811 1811 179 1811 1811 179 1811 1811 179 1811 1811 179 1811 1811 179 1811 1811 179 1811 1811 179 1811 1811 179 1811 1811 179 1811 170 1811 1	N71 BOWLES, FRANK 105-8 N71 BUYSSE, DALE 90-8 N73 FLACK, DALE 90-8 N73 FLACK, DALE 109-3 F40 GREEM, LORRAINE 109-3 F40 GREEM, LORRAINE 57-8 2 F60 DUGAN, JOAN 57-8 2 F64 BALZELL, ELIZA 50-7 F63 ALELIIN JEANE 39-9 F70 HCGINNITY, BETTYE 38-4	California Throws Series	N40 Duncan, Wetzel, 1.7
M45 Rex Harvey	M35 FIELDS, JAMES 27.90	173 RIMHELL 3-6 177 1000 LEE 3-4 176 1006 100 3-10 1811 1811 1811 3-6 177 1000 LEE 3-4 178 1811 1811 3-6 178 1811 1811 3-10 179 179 1811 1811 179 179 1811 1811 179 179 1811 1811 179 179 1811 179 1811 1811 179 1811 1811 179 1811 1811 179 1811 1811 179 1811 1811 179 1811 1811 179 1811 1811 179 1811 1811 179 1811 1811 179 1811 1811 179 1811 1811 179 1811 1811 179 1811 170 1811 1	## BOWLES, FRANK 105-8 ## BUYSSE DALE 90-8 ## BUTSSE DALE 90-8 ## BUTSSE PALE 109-3 ## BUTSSE PALE 109-3 ## BUTSSE PENTATHLON ## BUTSSE PALE 117A 50-7 ## BUTSSE PENTATHLON ## BUTSSE PALE 39-9 ## BUTSSE PENTATHLON ## BUTSSE	California Throws Series	M40 Duncan, Wetzel, 51.7
M45 Rex Harvey	M35 FIELDS, JAMES 27.90	173 RIMHELL 3-6 177 1000 LEE 3-4 176 1000 LEE 3-4 176 1000 LEE 3-4 177 1000 LEE 3-4 178 1000 3-10 178 1000 3-10 179 179 179 179 179 179 179 179 179 179 179 179 179 179 179 179 179 179 179 179 179 179 179 179 179 179 179 179 179 179 179 179 179 179 179 179 179 179 179 179 179 179 179 179 179 179 179 179 179 179 179 179 179	### BOWLES, FRANK 105-8 ####################################	California Throws Series Meet No. 8 Stanford; August 8 Shot Put M30 Ron McKee 57-5 Eric Hodgdon 42-10 M35 M Selbecky 39-11 M40 Gary Kelmenson 38-2 Discus M30 J Garvey 135-6 E Hodgdon 101-6 M35 J Harness 116-4 M40 G Kelmenson 114-1C M50 Joe Keshairi 163-11 Hammer M30 Dave Swan 180-8 M40 G Kelmenson 137-3 M50 Ed Burke AR192-4 Javelin M35 Lou Vasu 140-7 M40 G Kelmenson 123-5 M70 A Fairchild 68-7 Weight M30 Dave Swan 56-41 E Hodgdon 40-1 M40 G Kelmenson 39-3 from Gary Kelmenson	N40 Duncan, Wetzel, 51.7 Icenogle, Bickham 4x400m Relay M30 Murray, Martin 3:55.2 Jannsen, Wetzel High Jump N30 Ron Sinnema 5-10 M35 Jim Johnson 5-10 M40 Wally Duncan 4-8 M45 Earl Hanson 5-8 M50 Dwaine Horton 5-0 M60 B J Smith 3-10 M70 Brady Walker 4-4 M75 Manuel White 4-0 W35 Shelley Hayler 4-4 W65 Marvis Lorenz 3-8 Pole Vault M35 Ted Polette 12-6 M50 Kenny Fike 10-0 M55 John Diggs 17-9 M40 Wally Duncan 16-5 M70 Brady Walker 11-8 M80 Emmett Bennett 9-6 W35 Shelley Hayler 13-2 W40 P F-Birtic 11-5 W65 Mavis Lorenz AR11-9 Triple Jump M30 Vince Martin 43-9
M45 Rex Harvey	M35 FIELDS, JAMES 27.90	173	N71 BOWLES, FRANK	California Throws Series	M40 Duncan, Metzel, 51.7
M45 Rex Harvey	M35 FIELDS, JAMES 27.90	NT3 TRIMHELL BILL 3-6 NT7 TODD, LEE 3-4 F60 DUBGM, JOAM 3-10 OURSING POLE VAULT INSTITUTE NT8 BILDERBECK, JEFF 12-0 NT8 DUBET, JEFF 11-0 NT9 HAMPOGLE, CHUCK 8-0 NT9 HAMPOGLE, CHUCK 10-0 NT9 HAMPOGLE, DOM 9-6 NT9 HAMPOGLE, JEFF 17-7 NT9 HCHIVOSH, ROM 16-8 NT9 HAMPOGLE, CHUCK 13-11 NT9 HAMPOGLE, CHUCK 13-11 NT9 LOUBET, JEFF 16-73 NT9 HAMPOGLE, CHUCK 13-11 NT9 LOUBET, JEFF 16-73 NT9 HAMPOGLE, CHUCK 13-11 NT9 LOUBET, JEFF 16-73 NT9 HOURST, JEFF 16-13 NT9 HAMPOGLE, CHUCK 13-11 NT9 LOUBET, JEFF 16-13 NT9 HAMPOGLE, CHUCK 13-11 NT9 LOUBET, JEFF 16-73 NT9 HOURST, JEFF 16-11 NT9 LOUBET, JEFF	N71 BOWLES, FRANK	California Throws Series	N40 Duncan, Wetzel, 51.7
M45 Rex Harvey	M35 FIELDS, JAMES 27.90	173 TRIMHELL BILL 3-6 177 TODD, LEE 3-4 160 DUGAM, JOAM 3-10 161 STRIMHELL BILL 3-6 177 TODD, LEE 3-4 160 DUGAM, JOAM 3-10 170 DUGAM, JOAM 3-10 170 M42 DUGLELL JIFF 12-0 170 M49 LOUBET, JEFF 11-0 170 M49 M49 M49 M49 M49 170 M59 M49 M49 M49 170 M59 M49 M49 M49 170 M59 M49 M49 170 M59 M49 M49 170 M69 M18 M19 170 M69 M18 M19 170 M69 M18 M19 170 M69 M19 M19 170 M69 M19 M19 170 M69 M19 170 M19 M19	N71 BOWLES, FRANK	California Throws Series Meet No. 8 Stanford; August 8 Shot Put M30 Ron McKee 57-5 Eric Hodgdon 42-10 M35 M Selbecky 39-11 M40 Gary Kelmenson 38-2 Discus M30 J Garvey 135-6 E Hodgdon 101-6 M35 J Harness 116-4 M40 G Kelmenson 114-1C M50 Joe Keshairi 163-11 Hammer M30 Dave Swan 180-8 M40 G Kelmenson 137-3 M50 Ed Burke AR192-4 Javelin M35 Lou Vasu 140-7 M40 G Kelmenson 123-5 M70 A Fairchild 68-7 Weight M30 Dave Swan 56-41 E Hodgdon 40-1 M40 G Kelmenson 39-3 from Gary Kelmenson	M40 Duncan, Metzel, 51.7
M45 Rex Harvey	M35 FIELDS, JAMES 27.90	173	## 180 MLES, FRANK 105-8 ## 10 BUYSSE DALE 90-8 ## 17 BUYSSE DALE 90-8 ## 17 BUYSSE DALE 90-8 ## 109-3	California Throws Series	M40 Duncan, Metzel, 51.7
M45 Rex Harvey	M35 FIELDS, JAMES 27.90	173	## 180 MLES, FRANK 105-8 ## 10	California Throws Series Meet No. 8 Stanford; August 8 ShotPut H30 Ron HcKee 57-5 Eric Hodgdon 42-10 M35 N Selbecky 39-11 M40 Gary Kelmenson 38-2 Discus H30 J Garvey 135-6 E Hodgdon 101-6 M35 J Harness 116-4 M40 G Kelmenson 114-1c M50 Joe Keshmiri 163-11 Hammer H30 Dave Swan 180-8 H40 G Kelmenson 137-3 M50 Ed Burke AR192-4 Javelin M35 Lou Vasu 140-7 M40 G Kelmenson 123-5 M70 A Fairchild 68-7 Weight H30 Dave Swan 56-41 E Hodgdon 40-1 M40 G Kelmenson 39-3 from Gary Kelmenson NORTHWEST Montana Masters Meet Bozeman; July 31-August 1 100m M30 Vince Martin 12.0	M40 Duncan, Metzel, 51.7
M45 Rex Harvey	M35 FIELDS, JAMES 27.90	173 TRIMHELL BILL 3-6 177 TODD, LEE 3-4 176 DUDGAM, JOAM 3-10 18111111 POLE VAULT 11111111 178 BILDERBECK, JEFF 12-0 179 M49 LOUBET, JEFF 11-0 179 M49 LOUBET, JEFF 11-0 170 M49 LOUBET, JEFF 11-0 170 M50 MAINLEN 11-0 170 M50 MAINLEN 11-0 170 M50 MAINLEN 11-0 170 M50 MAINLEN 11-0 170 M60 M1851 M1851 M1851 170 M1951 M1951 M1951 M1951 170 M1951 M1951 M1951 M1951 170 M1951 M1951 M1951 M1951 170 M1951 M1951 M1951 M1951 M1951 170 M1951 M195	N71 BOWLES, FRANK	California Throws Series	M40 Duncan, Metzel, 51.7 Icenogle, Bickham 4x400m Relay M30 Murray, Martin 3:55.2 Jannsen, Wetzel High Jump M30 Ron Sinnema 5-10 M35 Jim Johnson 5-10 M40 Wally Duncan 4-8 M45 Earl Hanson 5-8 M50 Dwaine Horton 5-0 M60 B J Smith 3-10 M70 Brady Walker 4-4 M75 Manuel White 4-0 M35 Shelley Hayler 4-4 M65 Marvis Lorenz 3-8 Pole Vault M35 Ted Polette 12-6 M50 Kenny Fike 10-0 M55 John Diggs 10-0 M60 Don Crosser 8-9 Long Jump M30 Vince Martin 20-6 M35 Bill Monro 17-9 M40 Wally Duncan 16-5 M70 Brady Walker 11-8 M80 Emmett Bennett 9-6 W35 Shelley Hayler 13-2 W40 P F-Birtic 11-5 W55 Mayis Lorenz AR11-9 Triple Jump M30 Vince Martin 43-9 M35 Bill Monro 33-1 M70 Brady Walker 39-3 M55 Tom Gage 47-3 M55 Nyles Spurlock 42-10 M60 Larry Marsh 36-4 M70 Brady Walker 37-11 M70 Brady Walker 37-11 M70 Brady Walker 37-11 M70 Brady Walker 37-11
M45 Rex Harvey	M35 FIELDS, JAMES 27.90	N73 TRIMHELL BILL 3-6 N77 TODD, LEE 3-4 F60 DUGAM, JOAM 3-10 OFFICE 10 N36 BILDERBECK, JEFF 12-0 N42 DOLETEL , JIF 9-0 N49 LOUBET, JEFF 11-0 N49 LOUBET, JEFF 11-0 N50 HAMILTON, RUSTY 8-6 N50 HORRIS, ALLEW 7-0 N60 HIRSIMAKI, FRED 8-0 OFFI 10-0 N50 FILDERBECK, JEFF 17-7 N50 FILDERBECK, JEFF 17-7 N50 FILDERBECK, JEFF 17-7 N50 FILDERBECK, JEFF 17-7 N50 HOLEITEL, JIM 17-8 N41 SANTOS, ANTHONY 19-2 N42 DOLETEL, JIM 17-8 N49 LOUBET, JEFF 16-73-4 N49 LOUBET, JEFF 16-73-4 N50 LECZIMSKI, DENNIS 16-6 N50 SIDPOULOS, PETE 16-1 N50 CARTER, LARRY 14-0 N50 SIDPOULOS, PETE 16-1 N50 CARTER, LARRY 14-0 N50 MITCH RITCH 11-9 N60 MEIN, RICHARD 14-73-4 N60 MEINE, BILL 5-2 STEELER TRIPLE JUMP SERVERS N60 MEINE, JUMN 33-63-4 N50 LECZIMSKI, BENNIS 29-41-5 N50 LECZIMSKI, DENNIS 29-41-5 N50 CARIER, LARRY 28-31-4 N60 MEINE, MARCH, FRED 26-10-5 N50 CARIER, LARRY 28-31-4 N60 MEIRSINAKI, FRED 26-10-5	## 180 BURSE, FRANK 105-8 ## 180 BURSE, DALE 90-8 ## 180 BURSE, DALE 90-8 ## 190 BURSE, DALE 90-8 ## 190 BURSE, DALE 90-8 ## 190 BURSE, DALE 90-8 ## 100 BURSE, DALE 90-8 ## 100 BURSE, DALE 109-3 ## 100 BURSE, DALE 109-3 ## 100 BURSE, DALE 39-9 ## 100 BURSE, DALE 39-9 ## 100 BURSE, DALE 39-9 ## 100 BURSE, DETE 30-8 ## 100 BURSE, DALE 30-8 ## 100 BURSE, BURSE	California Throws Series	N40 Duncan, Metzel, 51.7
M45 Rex Harvey	M35 FIELDS, JAMES 27.90	H73 TRIMHELL, BILL 3-6 H77 TODD, LEE 3-4 F60 DUGAM, JOAM 3-10 ***********************************	## 180 BULES, FRANK 105-8 ## 101 BUTSSE DALE 90-8 ## 173 FLACK, 10M 84-1 ## 100 BUTSSE DALE 90-8 ## 100 BUTSSE DALE 90-8 ## 100 BUTSSE DALE 90-8 ## 100 BUTSSE DALE 109-3 ## 100 BUTSSE DALE 109-3 ## 100 BUTSSE DALE 1174 50-7 ## 100 BUTSSE DALE 39-9 ## 100 BUTSSE DALE 30-7 ## 100 BUTSSE DALE 30-7 ## 100 BUTSSE DALE 30-7 ## 100 BUTSSE DALE 30-8 ## 100 BUTSSE DALE 30-8 ## 100 BUTSSE DALE 30-8 ## 100 BUTSSE DALE 30-9 ## 100 BUTSSE	California Throws Series	M40 Duncan, Metzel, 51.7 Icenogle, Bickham 4x400m Relay M30 Murray, Martin 3:55.2 Jannsen, Wetzel High Jump M30 Ron Sinnema 5-10 M35 Jim Johnson 5-10 M40 Wally Duncan 4-8 M45 Earl Hanson 5-8 M50 Dwaine Horton 5-0 M60 B J Smith 3-10 M70 Brady Walker 4-4 M75 Manuel White 4-0 M35 Shelley Hayler 4-4 M65 Marvis Lorenz 3-8 Pole Vault M35 Ted Polette 12-6 M50 Kenny Fike 10-0 M55 John Diggs 10-0 M60 Don Crosser 8-9 Long Jump M30 Vince Martin 20-6 M35 Bill Monro 17-9 M40 Wally Duncan 16-5 M70 Brady Walker 11-8 M80 Emmett Bennett 9-6 W35 Shelley Hayler 13-2 W40 P F-Birtic 11-5 W55 Kanyis Lorenz AR11-9 Triple Jump M30 Vince Martin 43-9 M35 Bill Monro 33-1 M70 Brady Walker 24-7 Shot Put M40 Bob Sager 39-3 M45 Tom Gage 47-1 M55 Wes Goodvin 36-4 M75 Manuel White 36-11 W55 Katie Spurlock 22-4 Discus
M45 Rex Harvey	M35 FIELDS, JAMES 27.90	173	## BOWLES, FRANK 105-8 ## BY1 BUYSSE, DALE 90-8 ## BY1 BUYSSE, DALE 90-8 ## BY1 FLACK, 10H 84-1 ## BY1 BUYSSE, DALE 90-8 ## BY1 FLACK, 10H 84-1 ## BY1 BUYSSE, DALE 90-8 ## BY1 FLACK, 10H 84-1 ## BY1 BUYSSE, DALE 90-8 ## BY1 BUYSSE, DALE 90-8 ## BY1 BUYSSE, DALE 90-8 ## BY1 BUYSSE, DALE 90-9 ## BUYSSE, DA	California Throws Series	N40 Duncan, Metzel, 1.7
M45 Rex Harvey	M35 FIELDS, JAMES 27.90 M40 THOMPSOM, TOM 23.27 M40 RADIFF, DAN 23.27 M41 SANIOS, ANTHONY 24.46 M42 VERTI, BOB 24.83 M41 COMMORS, DAN 25.36 M41 GRIMER, LEE 25.89 M42 AYERS, DAN 26.82 M54 SIRKFATRICK, ROMALD 25.47 M50 TAYLOR, SAN 26.82 M50 STARR, TOM 27.40 M57 WHITE, RITCH 37.42 M62 POPPELL, JOHN 26.97 M63 AMDERSON, AMDY 28.05 M61 WELCH, FRANK 30.02 M64 DANE 30.02 M65 SOCHOR, CHARLES 26.94 M66 GREENWOOD JACK 27.50 M66 GREENWOOD JACK 27.50 M66 SILVA, ALEI 32.11 M73 DAVISON, JOHN 31.71 M73 DAVISON, JOHN 31.71 M73 DAVISON, JOHN 31.71 M73 PARAGER, FREDERICK 36.06 F41 INDUPSON SUE 36.86 F59 FRANKS, JOYCE 43.55 F61 RUTILER, IDA 38.92 F78 HEML, PEARL 48.72 M32 SCHNEEBECK, DOUGLAS 56.31 M38 PANNELL, MIKE 54.56 M40 THOMPSON, TOM 52.18 M41 CONNORS, DAN 56.31 M41 CONNORS, DAN 56.31 M41 GREIMER, LEE 59.93 M42 AYERS, DAN 64.48 M65 SINONS, DAVE 54.55 M65 SINONS, DAVE 54.56 M67 KATIRAN, MORRAN 68.20 M68 SILVA, ALEI 67.15 F61 INUPLY, KATE 67.15 F61 INUPLY, KAT	173	## BOWLES, FRANK ## BUYSSE DALE ## PO-B ## BUYSSE DALE ## PO-B	California Throws Series	N40 Duncan, Metzel, 1 1 1 1 1 1 1 1 1
M45 Rex Harvey	M35 FIELDS, JAMES 27.90	173	## BOWLES, FRANK 105-8 ## H71 BUYSSE, DALE 90-8 ## H73 FLACK, 10H 84-1 ## H71 BUYSSE, DALE 90-8 ## H73 FLACK, 10H 84-1 ## H71 FLACK, 10H 84-1 ## H73 FLACK, 10H 84-1 ## H74 FLACK, 10H 84-1 ## H75 FRACE, FRANK 87-5 ## H75 FLACK, 10H 81-1 ## H75 FRANK 87-5 ## H75 FLACK, 10H 81-1 ## H75 FRANK 87-5 ## H75 FLACK, 10H 81-1 ## H75 FRANK 87-5 ## H75 FLACK, 10H 81-1 ## H75 FRANK 87-5 ## H75 FLACK, 10H 81-1 ## H75 FRANK 87-5 ## H75 FLACK, 10H 81-1 ## H75 FRANK 87-5 ## H75 FLACK, 10H 81-1 ## H75 FRANK 87-5 ## H75 FLACK, 10H 81-1 ## H75 FRANK 87-5 ## H75 FLACK, 10H 81-1 ## H75 FRANK 87-5 ## H76 FLACK, 10H 81-1 ## H77 FLACK, 1	California Throws Series	N40 Duncan, Metzel, 1.7
M45 Rex Harvey	# # # # # # # # # # # # # # # # # # #	N73 RIMHELL BILL 3-6 N77 TODD, LEE 3-4 F60 DUBGAM, JOAM 3-10 OTTO TODD TOD N78 BILDERBECK JEFF 12-0 N79 DOLETEL JIM 9-0 N79 MAP LOUBET JEFF 11-0 N79 MARILION RUSIY 8-6 N79 MARILION RUSIY 8-6 N79 MARILION RUSIY 8-6 N79 MARILION RUSIY 8-6 N79 MARILION MARILION 9-0 N79 MARILION MARILION 19-2 N79 MARILION MARILION 19-2 N79 MARILION MARILION 10-3 N79 MAR	## 180 BULES, FRANK 105-8 ## 1	California Throws Series	N40 Duncan, Metzel, 1 1 1 1 1 1 1 1 1
M45 Rex Harvey	M35 FIELDS, JAMES 27.90 M40 THOMPSOM, TOM 23.27 M40 RADIFF, DAN 23.27 M41 SANIOS, ANTHOMY 24.46 M42 YERTI, BOB 24.83 M41 COMMORS, DAN 25.36 M41 GREINER, LEE 25.89 M42 AYERS, DAN 27.58 M46 BOMS, ROBB 24.62 M54 KIRKFATRICK, ROMALD 25.47 M50 TAYLOR, SAN 26.87 M50 TAYLOR, SAN 26.97 M53 ANDERSON AMDY 28.05 M67 WHITE, RIICH 37.42 M62 POPPELL, JOHN 26.97 M63 ANDERSON AMDY 28.05 M61 WELCH, FRANK 30.02 M646 EREENWOOD JACK 29.50 M67 KATIMAM, MORHAM 30.65 M68 SILVA, ALEE 37.11 M73 DAVISON, JOHN 31.71 M75 PRAESER, FREDERICK 36.06 F41 HOMPSOM, SUE 43.45 F61 RUTILER, IDA 38.97 F78 HEML, PEARL 48.72 ***********************************	173	## BOWLES, FRANK 105-8 ## H71 BUYSSE, DALE 90-8 ## H73 FLACK, 10H 84-1 ## H71 BUYSSE, DALE 90-8 ## H73 FLACK, 10H 84-1 ## H71 FLACK, 10H 84-1 ## H73 FLACK, 10H 84-1 ## H74 FLACK, 10H 84-1 ## H75 FRACE, FRANK 87-5 ## H75 FLACK, 10H 81-1 ## H75 FRANK 87-5 ## H75 FLACK, 10H 81-1 ## H75 FRANK 87-5 ## H75 FLACK, 10H 81-1 ## H75 FRANK 87-5 ## H75 FLACK, 10H 81-1 ## H75 FRANK 87-5 ## H75 FLACK, 10H 81-1 ## H75 FRANK 87-5 ## H75 FLACK, 10H 81-1 ## H75 FRANK 87-5 ## H75 FLACK, 10H 81-1 ## H75 FRANK 87-5 ## H75 FLACK, 10H 81-1 ## H75 FRANK 87-5 ## H75 FLACK, 10H 81-1 ## H75 FRANK 87-5 ## H76 FLACK, 10H 81-1 ## H77 FLACK, 1	California Throws Series	N40 Duncan, Metzel, 1.7
M45 Rex Harvey	M35 FIELDS, JAMES 27.90 M40 THOMPSOM, TOM 23.27 M40 RADIFF, DAN 23.275 M41 SANIOS, ANTHOMY 24.46 M42 YERTI, BOB 24.83 M41 COMMORS, DAN 25.36 M41 GREINER, LEE 25.89 M42 AYERS, DAN 25.36 M44 BOMS, ROBB 24.62 M54 KIRKFATRICK, ROMALD 25.47 M50 TAYLOR, SAN 26.82 M50 STARR, TOM 27.40 M57 WHITE, RIICH 37.42 M62 POPPELL, JOHN 26.97 M63 AMDERSON AMDY 28.05 M61 WELCH, FRANK 30.02 M64 DOMLEY, JERRY 30.09 M65 SOCHOR, CHARLES 26.94 M66 GREENWOOD JACK 29.50 M67 KATIMAM, MORMAM 30.65 M68 SILVA, ALEI 37.11 M75 PRAESER, FREDERICK 36.06 F41 HOMPSOM, JOHN 31.71 M75 PRAESER, FREDERICK 36.06 F41 HOMPSOM, JOHN 32.18 M32 SCHNEEBECK, DOUGLAS 36.31 M38 PANMELL, MIKE 54.56 M00 HOMPSOM, DAN 56.31 M41 GREINER, LEE 59.93 M42 AYERS, DAN 64.78 M42 TAYER, DAN 64.78 M43 AMDERSOM, ANDY 64.78 M44 TAYLOR, LEE 59.93 M45 KIRKPAIRICK, RONALD 68.20 M68 BILVA, ALEI 75.86 F51 KINNEY, KAIE F1 HOMPSOM, SUE 95.54 F61 RUITLER, IDA 93.24 F78 MEML, PEARL 1:50.90 **********************************	173	## 180 BULES, FRANK 105-8 ## 101 BUYSSE DALE 90-8 ## 181 BUYSSE DALE 90-8 ## 191 BUYSSE DALE 90-8 ## 191 BUYSSE DALE 90-8 ## 109-3 ## 109-	California Throws Series	N40 Duncan, Metzel, 1 1 1 1 1 1 1 1 1
M45 Rex Harvey	M35 FIELDS, JAMES 27.90 M40 THOMPSOM, TOM 23.27 M40 RADIFF, DAN 23.275 M41 SANIOS, ANTHOMY 24.46 M42 YERTI, BOB 24.83 M41 COMMORS, DAN 25.36 M41 GREINER, LEE 25.89 M42 AYERS, DAN 25.36 M44 BOMS, ROBB 24.62 M54 KIRKFATRICK, ROMALD 25.47 M50 TAYLOR, SAN 26.82 M50 STARR, TOM 27.40 M57 WHITE, RIICH 37.42 M62 POPPELL, JOHN 26.97 M63 AMDERSON AMDY 28.05 M61 WELCH, FRANK 30.02 M64 DOMLEY, JERRY 30.09 M65 SOCHOR, CHARLES 26.94 M66 GREENWOOD JACK 29.50 M67 KATIMAM, MORMAM 30.65 M68 SILVA, ALEI 37.11 M75 PRAESER, FREDERICK 36.06 F41 HOMPSOM, JOHN 31.71 M75 PRAESER, FREDERICK 36.06 F41 HOMPSOM, JOHN 32.18 M32 SCHNEEBECK, DOUGLAS 36.31 M38 PANMELL, MIKE 54.56 M00 HOMPSOM, DAN 56.31 M41 GREINER, LEE 59.93 M42 AYERS, DAN 64.78 M42 TAYER, DAN 64.78 M43 AMDERSOM, ANDY 64.78 M44 TAYLOR, LEE 59.93 M45 KIRKPAIRICK, RONALD 68.20 M68 BILVA, ALEI 75.86 F51 KINNEY, KAIE F1 HOMPSOM, SUE 95.54 F61 RUITLER, IDA 93.24 F78 MEML, PEARL 1:50.90 **********************************	173	## 180 MILES, FRANK 105-8 ## 101 BUYSSE, DALE 90-8 ## 191 BUYSSE, DALE 90-8 ## 191 BUYSSE, DALE 90-8 ## 101 BUYSSE, DALE 90-7 ## 101 BUYSSE, DALE 90-7 ## 101 BUYSSE, DALE 90-8 ## 101 BUYSSE, BALE 90-8 ## 101 BUYSSE, DALE 90-8 ## 101 BUYSSE, BALE 90-8 ## 101 BUYSSE, BALE 90-8 ## 100 BUYSSE, BALE 90-8 ## 100 BUYSSE, FRANK 90-8 ## 100 BUYSSE, BALE 90-8 ## 100 BUYSSE, B	California Throws Series	N40 Duncan, Metzel, 1.7
M45 Rex Harvey	M35 FIELDS, JAMES 27.90	173	## 180 BULES, FRANK 105-8 ## 101 BUYSSE, DALE 90-8 ## 181 BUYSSE, DALE 90-8 ## 191 BUYSSE, DALE 90-8 ## 191 BUYSSE, DALE 90-8 ## 101 BUYSSE, DALE 90-8 ## 101 BUYSSE, DALE 90-3 ## 101 BUTSSE, DALE 90-8 ## 101 BUTSSE, DALE 30-7 ## 101 BUTSSE, DALE 30-7 ## 101 BUTSSE, DALE 30-7 ## 101 BUTSSE, DALE 30-8 ## 181 BUTSSE, FRANK 30-8 ## 181 BUTSSE, BALE 30-8 ## 30-8 ## 181 BUTSSE, BALE 30-8 ## 30-8	California Throws Series	N40 Duncan, Metzel, 1 1 1 1 1 1 1 1 1
M45 Rex Harvey	## 15 FIELDS, JAMES 27.90 ## 10 THOMPSOM, TOM 23.77 ## 18 FIELDS, JAMES 27.90 ## 18 FIELDS, JAMES 27.90 ## 18 FIELDS, JAMES 24.83 ## 1 COMMORS, DAM 24.83 ## 1 COMMORS, DAM 25.36 ## 1 GREIMER, LEE 25.89 ## 2 ATERS, DAM 27.58 ## 18 FIELDS, ROMAL D 25.47 ## 18 FIELDS, ROMAL D 27.40 ## 18 FIELDS, ROMAL D 38.92 ## 18 FIELDS, ROMAL D 38.93 ## 18 FIELDS, ROMAL D 48.93 #	173 TRIMHELL BILL 3-6 177 TODD, LEE 3-4 160 TODDAM 3-10 177 TODDAM 3-10 178 TRIMHELL SHLL 3-10 178 TODDAM 3-10 179 TODDAM 3-10 170 TOD	N71 BOYLES, FRANK 105-8	California Throws Series	N40 Duncan, Metzel, 1 1 1 1 1 1 1 1 1
M45 Rex Harvey	M35 FIELDS, JAMES 27.90	NT3 TRIMHELL BILL 3-6 NT7 TODD, LEE 3-4 F60 DUBGAM, JOAM 3-10 OTTO STATE 12-0 NT8 BILDERBECK, JEFF 12-0 NT9 DUETEL JIFF 11-0 NT9 LOUBET, JEFF 11-0 NT9 HAMPOGLE, CHUCK 8-0 NT9 HAMPOGLE, CHUCK 8-0 NT9 HAMPOGLE, CHUCK 8-0 NT9 HAMPOGLE, CHUCK 8-0 NT9 HAMPOM, RUSTY 8-6 NT9 HAMPOM, SCOTT 19-3 NT9 HAMPOM, SCOTT	### BOYLES, FRANK 105-8 ### H71 BUYSSE DALE 90-8 ### H71 BUYSSE DALE 90-8 ### H73 FLACK, 10M 84-1 ### H77 10DD, LEE 109-3 ### F40 GREEM, LORRAINE 67-11-5 ### F60 DUGAM, JOAN 57-8-5 ### F60 DUGAM, JOAN 57-8-5 ### F70 MCGINNITY, BEITYE 38-4 ### ### ### H75	California Throws Series	N40 Duncan, Metzel, 1 1 1 1 1 1 1 1 1

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Hammer	CERTAIN
M35 Andrew Kappell	79-1
M40 Bob Sager	104-5
M45 Tom Gage	192-1
M60 Larry Marsh	111-2
M70 Brady Walker	118-11
M75 Manuel White	91-10
Contain the second	
Javelin	170 0
M35 Skip Butler	172-8 112-9
M40 Bob Sager M55 Mal Russell	147-3
	110-8
M60 Larry Marsh	106-8
M65 Don Tavolacci	
M70 Brady Walker	100-10
M75 Manuel White	122-0
M80 Emmett Bennett	52-2
W55 Katie Spurlock	50-5
W65 Mavis Lorenz	81-10
5000m Racewalk	20 10 0
M35 Steve Gardiner	32:10.9
M45 George Birtic	33:45.5
M60 Howard Austin	.33:07.0
M65 Arne Hovin	34:41.0
M70 Ed Anacker	37:22.9
M80 Phil Lawrence	34:09.8
W30 Marj Logozzo W50 Jean MacInnis	32:06.3
WSU Jean MacInnis	32:06.3
W55 Martha Yale	38:56.0
W60 Lois McClaren	38:55.4
W75 Isabel Lawrence	47:16.0
Team Scores	
Helena Cougars #1	145
Helena Cougars #2	79
Missoula R&T	61
CAMPINED AT A STE	22/47
INTERNATIO	JNAL

British Veterans Athletics

Federation Champi Copthall; July 1	
100m	
M40 N Robinson US	11.59
A Ross M45 G Sutton	12.05 11.74
M50 R Austin M55 R Taylor	12.31
M55 R Taylor	11.86
M60 A Meddings M65 D Adair	13.13 13.74
M70 E Matthews US	14.19
L Williams M75 E Plimer	14.64 15.06
M80 A Beckett W35 A Mullinger	17.64
W40 B Blurton	12.9 13.34
W40 B Blurton W45 Y Priestman W50 U Gore	13.34 13.59 14.07
W55 C Graham	15.05
W60 R Gordon W65 J Ogden	17.09
W70 M Wixey	16.99
W75 M Williams 200m	21.63
M40 J Caines	22.64
M45 G Sutton	23.8
M50 R Austin M55 R Taylor	25.49
M60 A Meddings M65 G Bridgeman	26.43
• M70 E Matthews US	
A Monen	32.91
M75 E Plimer M80 A Beckett	32.52 41.22
W35 M Smith	26.8
W40 B Blurton W45 Y Priestman	27.55 28.25
W50 U Gore W55 E Turner	29.98
W55 E Turner W60 R Gordon	33.08 36.52
W65 J Ogden	31.34
400m M40 A Clark	51.66
M45 J Henson	52.61
M50 R Austin M55 W Morgan	55.10
M60 B Parnaby	60.09
M65 J Quantrell M70 E Matthews U	68.28 S 70.11
W35 J Saunders	59.25
W40 B Blurton W45 m Hocknell	59.94 64.08
W50 J Hulls	65.92
W55 M Holmes W60 B Green	79.75 90.41
800m	
M40 A Clarke M45 J Treadwell	1:59.42 . 2:04.53
M50 f Hearns	2:08.40
M55 M Fox M60 T Clowry	2:12.05
M65 B Neilson	2:50.22
M70 D Eyers W35 A Turrington	2:51.08 2:13.35
W40 B Blurton	2:29.59
W45 C Oxton W50 I Hornsey	2:25.08 2:38.30
W55 B Crowley	3:03.84
1500m M40 P Molloy	4:08.36
M45 J Treadwell	4:15.6
M50 S Warzee M55 B Bartholome	4:19.75
M60 D Howarth	5:01.55
M65 H Tempan	4:57.84
W35 A Turrington	
W40 J Gardner W45 C Oxton	4:56.45 4:58.74
W50 J Smith	4:58.74
W55 B Crowley W70 J Waller	6:07.08 6:57.79
mio o wallel	0.57.79

5000m M40 H Emmerton	15:04.0
M45 B O'Neill M50 P Lancaster	15:28.4 16:03.2
M55 M Morrell M60 L O'Hara	18:04.5 17:10.9
M65 S Charlton M70 B Davidson	18:18.0 21:53.3
W35 L Hughes W40 C Rollason	17:38.9 18:11.9
W45 E Statham W50 B Matley	17:50.2 20:00.0
W70 J Waller 10,000m M40 C Dickinson	25:00.1 32:59.09
M45 B O'Neill M50 P Andrews	32:04.05 34:09.20
M55 D Surrey M60 P Morris	37:19.06 35:14.26
M65 S Charlton W35 M Statham	38:12.2 37:12.3
W40 B Bradshaw W45 D Fellows	42:27.5 38:53.0
W50 J Bryan W75 J Waller	43:37.4 49:47.6
Short Hurdles M40 N Robinson A Roker	US 15.25 16.54
M45 G Long M50 B Ferguson	17.82 14.86
M55 C Shafto M60 I Steedman	17.04 17.5
M70 L Williams W35 S Owen	15.03 16.5
W40 J Willis W45 P McNab	12.86 15.05
W50 J Charles W55 C Graham	15.03 15.94
Long Hurdles M40 A Roker M45 G Long	58.06
M45 G Long M50 D Barringtor M55 C Shafto	
M60 K Whittaker M65 D Dickson	66.04 48.77 54.95
W35 J Searle W40 H Vogel	74.65 78.26
W45 M Hocknell W50 N Cross	70.18 54.89
Steeplechase M40 M Eveleigh	9:35.16
M45 M Nelson M50 H Artiss	10:04.95
M55 P Morris High Jump	12:16.49
M40 M James M45 E Fitzgeral	
M50 R Hancock M55 T'Crocker M60 C Taylor	1.50 1.55 1.37
W35 S Oven	1.49
W40 P Garvey W45 S Smallwood	1.30 1.35
W50 J Charles W55 R Chrimes	1.15 1.25
Pole Vault M40 N Phipps	3.80
M45 E Fitzgeral M50 G Benson	3.80
M60 J Donley A Woods	US 3.50 3.00
W45 P McNab	2.20
W55 D McLennan Long Jump M40 C Wright	6.96
M45 E Fitzgeral	
M55 T Driver M60 A Kalirai	4.37 4.61
M65 P Munn M75 L Watson W35 A Mullinger	3.77 3.59
W40 J Wills	5.09
W50 J Charles W55 C Graham	4.15
Triple Jump	3.01
M40 D Cowley M45 S Power M50 C Green	13.13 13.12 11.25
MSS T Driver M60 A Kalirai	10.07
M65 G Leete M70 L Williams M75 S Barnes	10.22 9.08
MOD 9 ONED	5.45 9.49
W40 J Wills W50 J Charles W55 C Graham	9.64 9.14
W55 C Graham W70 M Wixey Shot Put	8.63 - 6.31
M40 N Phipps M45 B Gillo	13.59 12.97
M50 E Barker M55 W Whyte	14.64
M60 P Oakeshott	8.01
M70 J Gercs M75 B Metcalfe W40 L-Hallam	10.04 8.09
W45 B Terry W50 E Williams	9.23 10.25 12.13
W55 R Chrimes W60 M Grant-Ste	11.31
W65 J Ogden W75 M Williams	9.08 4.94
Discus M40 N Griffin	39.32
M45 S Brooks M50 B Symonds	35.30 45.90
William The State of	The state of the s

55 R Sykes	41.18	M60 D Field	36.42
60 J Watson	42.78	M70 J Cercs	
65 T Henderson	30.92		27.56
70 L Villiams		W35 M Jarvis	17.64
	31.98	W45 J Smallwood	23.74
75 B Metcalfe	26.34	W50 E Williams	35.38
O L Hallam	29.84	W55 H Holmes	21.32
5 B Terry	29.42	W65 J Ogden	WR30.58
50 C Derrien	23.18	W70 M Wixey	13.08
55 R Chrimes	37.64	W75 M Williams	9.30
60 M Grant-Stevens	18.48	3000mRW	The same of
70 H Wixey	13.28	M40 J IIall	13:07.2
amer .	4 - 47-4	M45 R Care	13:17.9
10 I Murphy	37.58	M50 A Seddon	14:06.1
S & Prior	40.08	M55 D Stephens	14:28.4
50 W Gentleman	45.10	M65 H Jaquest	18:37.6
55 D Bayes	45.66	M70 P Malins	19:31.0
0 J Watson	42.70	W35 C Reader	15:13.0
55 T Henderson	20.24	W40 P Ficken	21:55.0
0 J Gercs	28.68	W45 S Porter	
5 b Metcalfe	25.64	W50 P Wilson	17:25.4
O L Hallan	20.34		20:04.5
5 P McNab	and the second second	W60 M Worth	17:26.9
O P III	35.08	5000mRW	
0 E Villiams	37.38	M40 J Ha11	22:41.2
5 B Dunsford	23.62	M45 R Care	22:46.4
55 J Ogden	28.58	M50 E Shillabeer	23:53.6
velin	当行政的に対	M55 D Stevens	24:51.8
O K Turnbull	56.96	M65 H Jaquest	32:29.9
	52.68	W35 C Reader	25:52.7
The property of the second	32.00	W40 A Levis	30:41.2
5 C Byerley	52.70	W45 M Baldwin	34:40.4
	44.68	W50 II Nyman	31:47.7
5 J Phillips	44.86	W60 R Scott	33:33.0
MEDITAL STATE OF STATE OF	a. In the same	add a Scott	33.33.0

LONG DISTANCE **RESULTS**

Please send results to: National Masters News, P.O. Box 2372, Van Nuys, CA 91403. To keep information current, we generally do not publish results more than 4 months old. Results that are typed (maximum 28 spaces/2¹/₄" wide) in our format receive preference. Deadline is the 10th of the month prior to issue date.

NATIONAL

TAC/USA National 50 Mile Championships Columbus, OH; March 29 . (Wolfpack 50 Mile)

0ver	all	
Andr	zej Karczewski 32	5:44:36
	Julin 37	7:22:35
M40	Phil Freeland	7:14:29
	Martin Maurice	7:37:50
13 14	Bruce Osran	10:43:32
M45	Steve Shopoff	6:04:44
	John Giovengo	6:40:09
	Don Lindley	8:56:14
M50	Richard Sitter	7:00:28
	Doyle Carpenter	7:26:34
	Norman Killop	7:44:48
	Arthur Moore	8:03:40
	Rich Lacey	8:31:40
M55	Norm Roof	6:49:55
	John Payotelis	7:57:51
	Russ Scott	9:17:21
M60	Dick Good	8:02:17
M70	Harry Smith	12:38:56
	Margaret MullenCAN	
W50	Barbara McLeod CAN	8:08:10
NO.	from John White	The way of the
	The Company of the Landson Company of the Park	

EAST

NYRRC Roosevelt Island Summer 10K NYC; July 19

Overall	
Mohamed Idris 30	14:50
Amy Fredericks 26	18:12
M40 Rick Pieschel	15:57
M45 Hugh Sweeny	16:13
M50 Luis Anthony Flore	
M55 Alan Fairbrother	18:38
M60 Bill Fortune	19:28
H65 John McManus	20:00
M70 Bob Davan	25:09
H75 Jim Keeney	25:19
W40 Mary Rosado	20:15
W45 Susanna Beltrandi	21:58
W50 Anna Thornhill	19:52
W55 Margaret Carinci	24:16
W60 Dolly Finkelstein	
W65 Arlene Kernis	32:12
W70+Althea Jureidini 7	
.0.20	4

NYRRC Club Team Championships 8K Central Park; July 26 Hasters Hen

1 Taconic RR	41
(4-5-6-10-16)	
2 Runners Edge	44
(2-3-8-11-20)	
3 Central Park TC	89
(1-7-23-25-33)	
Masters Women	
1 Warren Street	12
(2-4-6)	
2 Central Park TC	16
(1-3-12)	
3 Hillrose AA	20
(5-7-8)	

Non-Club	Race	Results
Overall		
Mark Line	drud :	24
Amy Frede	erick	s 26

	ı
25:39	ı
30:20	ı
29:49	L
27:12	Ľ
29:12	ı
30:27	ı
36:18	ı
34:54	ı
37:50	ı
44:42	ı
34:42	١,
41:30	ľ
34:42	П
40:26	
53:49	į
	30:20 29:49 27:12 29:12 30:27 36:18 34:54 37:50 44:42 41:30 34:42 40:26

92.3 FM K-Rock NYRRC Reservoir 5K Central Park; August 2

Overall	
Idris Mohamed 30	15:06
Anne Altmeyer 28	18:57
M40 Joe Knap	16:23
John Costa	17:12
Benito Segarra	17:49



M45 Vincent Gaines	16:29
Sam Skinner	
Mike Wilson	17:11
	17:16
MSO Pat Cosgrove	17:29
Justino Valentin	18:51
M55 Alan Fairbrother	18:36
Mike Goldman	19:27
M60 Bill Fortune	19:10
Robert Kahn	19:34
M65 George Thompson	20:50
Dominick Morea	26:50
M70 Bill Coyne	22:57
Stephen Trepac	27:17
M75+Jim Keeney 76	26:09
Max Popper 89	41:03
W40 Barbara Anderson	19:42
Judy Harrigan	19:48
Mary Rosado	20:41
W45 Ann Makoske	20:14
Marjorie Kos	21:33
Jessie-Lea Hayes	21:53
W50 Anna Thornhill	20:08
PattyLee Parmalee	21:05
W55 Margaret Carinci	24:45
May Chou	25:02
W60 Thelma Wilson	26:59
DollyAnn Finkelste	
W65 Daisy Klein	
	31:04
Jozi Neulinger W70+Althea Jureidini74	32:32
	34:53
Mayme Bdera 77	50:08
Finishers: 699m/416w	

Asbury Park 10K Asbury Park, NY; August 8

	Over	rall				
	Simon Karori 32 28:02					
	Olga	32:15				
		Gary Romesser	IN	30:43		
	4000	Douglas Kurtis	MI	31:38		
		Ewald Bonzet	RSA	31:51		
	100	Chris Webber	NY	32:00		
	1	Chas McMullen	NY	32:17		
		Dale Keenan		32:29		
3	3	Phil Kircher		32:52		
Ď.	355	Bruce Robinson		33:08		
	1	Tom Carroll		33:14		
	133	Nick Caswell		34:07		
	E. C.	guita to the substill of	Seres.			
	M45	Hector Chavez	MEX	33:20		
	ALC: N	Harold Nolan	NJ	34:50		
	Dies	Sam Skinner	NY	35:12		
	6 3	Mike Wilson		36:14		
4	150	Moses Wayfield Jr	PA	36:46		
9		Frank Hopper	PA	37:54		
	110	David Sauls	NJ	37:56		
		Paul Acosta	NY	38:21		
	M50	Pat Cosgrove		35:14		
2	Her	Victor Cruz		36:17		
	434	Ed Smith		37:52		
	7	Jeff Martin		37:53		
40	9.1	Colman Mooney	NV	20.12		

27	Colman Mooney	NY	38:13
100	Mike Service		39:17
Mary .	Stan Edelson		39:24
A NA	Butch Pivano	NJ	39:45
M55	George Kelly	NJ	38:06
	Hilton Goring		38:31
	Mel Cowgill		38:34
4	Gene Chase		39:12
	Bob Ford		40:07
	Frank Dudley		41:05
M60	Jay Sturdevant	CT	39:27
	Anthony Celentano		43:50
	Robert Porges		44:38
	Ralph Aquino		44:45
			She wall

M65 Joseph Paoletti	PA 50:09
Leo Nash	NY 53:44
John Noon	NJ 53:51
M70 Fred Ely 77	NJ 48:19
Dudley Healy 78	NJ 52:41
Vince Rak 72	OH 56:09
M80+Harry Polites 82	NJ 59:06
W40 Carol McLatchie	TX 35:25
Nancy Grayson	SC 35:36
Marny Gilluly	DC 39:33
Barbara Blaszak	NY 39:42
Laurene Jones	NJ 40:13
Nancy Adler	NY 41:07
Susan Curtis	NH 41:40
Lily Kosaka	NJ 42:09
The Court of the C	SCHOOL STONE

	Dat Data Diaszak	171	39:42
	Laurene Jones	NJ	40:13
	Nancy Adler	NY	41:07
	Susan Curtis	NH	41:40
	Lily Kosaka	NJ	42:09
W45	Barbara Filutze	PA	36:03
	Meeri Bodelid		39:23
	Ann Makoske	FL	41:42
	Betty Horstman	NY	44:40
	Mar jorie Kos	NY	44:59
	Suzie Klein	CA	45:00

			State of the latest to
150	Christine Tattersa	ICT	40:05
	Zofia Turosz	CT	41:30
	PattyLee Parmalee	NY	42:04
	Marion Stanjones	NY	43:16
	Annette Frisch		46:06
155	Wen-Shi Yu	NY	45:11
	Lisa Praskins		45:21
	Imme Dyson		46.51

"	well-Sult Id	LI	43:11
	Lisa Praskins	NJ	45:21
	Imme Dyson	NJ	46:51
	May Chou	NY	51:00
60	Melva Murray	NJ	54:30
	Thelma Wilson		54:42
	Nancy Ammermuller		55:39
	Dot Farley		62:38
			57 -5 E 58

	Thelma Wilson	NY
	Nancy Ammermuller	NJ
	Dot Farley	NJ
W65	Edith Farias	NY

TUR	DOC 181	rey	n.J	02:30	1
W65	Edith F	arias	NY	52:33	1
1	Ani Ral		OH	60:38	ı,
72	Trudy S	Schmidt	NJ	65:37	ľ
W70	Althea	Wetherbee	73NY	63:37	è
100	Althea	Jureidini	74NY	72:00	1
N.E.				TAKE:	

NYRRC Hispanic Half-Marathon Central Park, NYC; August 16

0	and the sale
Overall The second	
Mohamed Idris 30	1:07:12
Gordon Bloch 31	1:14:03
M40 George Bonzet	1:11:12
Vin Reda	1:16:08
Ross Whitehead	1:17:09
M45 Vincent Gaines	1:15:56
Hector Vargas	1:18:30
Sum Skinner	1:18:56
M50 Luis Flores	1:20:53
Pat Cosgrove	1:22:04
Abbas Forghany	1:27:01
M55 Frank Dudley	1:30:43
Paul Shanahan	1:31:28
Art Reilly Jr	1:32:00
M60 Marcos Rivera	1:29:53
Erik Kaymin	1:32:47
Joe Burns	1:33:18
M65 John Corrigan	1:36:15
Jack Haar	1:40:09
M70 Sid Butensky	2:03:03
William Coyne	2:03:15
M75+Wilfredo Rios	2:13:20
W40 Barbara Anderson	1:29:10
Kathy Horton	1:29:12
Lily Kosaka	1:33:54
W45 Ann Davies	1:28:34
Susanna Beltrand	1:41:54
W50 Anna Thornhill	1:31:06
W55 Rosa Nales	1:47:12
W60 Toshiko d'Elia	1:43:12
W65 Muriel Merl	1:57:01
nos not real nets	

Harbour Point 5K East Greenwich, RI; August 22

Overall		
Frank Conway		14:43
Madalena Boudreau		18:30
M40 Ray Nelson	44	16:49
Bert Allen		17:26
M50 Leo Tomasetti		17:36
Fred Zuleger		19:21
M60 Joe Fernandez		18:08
Carl Hammen		21:48
M70 Ed Fenton		26:22
W40 Karen Taylor		25:29
Rochelle Lister		25:56
W50 none		
W60 Emily Burke	63	28:03
W70 Leona Tessier from Carl Hammen		29:59
from Carl Hammen	200	

Zebb's Deluxe 4 Miler Brighton, NY; August 23

Overal1	
Scott Bagley	19:42
Andra Navjokas	23:48
M40 Dave Coyne	20:44
M45 Buzz Schild	24:16
M50 Jim Ferris	22:38
M55 Fred Brazda	25:44
M60 Robert Early	27:35
W40 Kathy Brown	25:23
W45 Nancy Sovlia	36:30
W50 Mary Shaver	27:50
W70+Marcia Tillson	38:04

MIDWEST

Tuuri 5K/10K Flint, MI; July 25

Fillit, MI, July 23	
5K	
M40 Julius Tillman	17:26
Mike Adams	19:12
Geo Grey	19:22
M45 Tyrone Griffin	16:12
Maury Dean	17:17
Frank Okoh	19:47
M50 Doug Goodhue	17:23
Fred Knoodle	19:18
M55 Darrell Bessey	19:54
Bob Daly	20:34
M65+Norm Gottlieb	28:44
W40 Donna Olson	21:05
Maggie Zidar	21:36
Kathleen Gina	23:07
W45 Liz Bridge	23:09
Laima Stede	23:42
Pat Luce	24:46
W50 Georgiann Tunningley	21:02
Diane Dyszinski	23:21
W55 Shirley Henderson	29:04
Marie Wood	29:04
W60 Lucy Russell	31:13
W65+Isabel Calloway	28:24
250 finishers	28:24
10K	
M40 Dan Phelps	25.00
Mike McDovell	35:29
Mark Bauman	36:44
Mike Manor	37:04
M45 Don Balkwell	37:35
Jim Schroeder	36:23
Jim Carlton	37:38
	37:49
M50 Larry MacDonald	40:55
Joe Kostansek	42:17
Leland Burch	42:19
M55 Hartley Vezina	38:12
Jim Matherby	39:41
Darrell McKee	41:57
M60 Norm Eastman	38:55
Derek Roberts	44:58
M65 Jim Forshee	39:30
Don Galloway	49:11
1000 1000 1000 1000 1000 1000 1000 100	THE THE PARTY

Continued on next page

M60 L Swanson M65 II Gillis M70 W Bronson M75 R Coleman M80 Leon Joslin W45 J Stewart W50 J Ollila

Triple Jump
M40 Wing Man
M45 T Foster
M50 M Ackerman
M70 R Atherton

M70 R Atherton
Shot Put
M40 D Taylor
M45 C Chapin
M50 J Gambill
M55 N Saling
M60 H Lewellan
M65 W Church
M70 Jerry Cysewsk
M75 R Coleman
M80 Leon Joslin
M85 L Towell
W50 Becky Sisley
Discus

Discus
H40 D Taylor
H45 C Chapin
H50 R Roy
H55 N Saling
H60 B Fisher

M70 Jerry Cysewski M75 R Coleman M80 Leon Joslin M85 L Towell W50 Marti Thielman

MSS Leich Treell

M85 Leigh Towell W40 Kerry Frost W45 Judy Heller W50 Kaye Duncan W55 Betry Bronson

W65 Jane Brown 11:17.11 W70 Alline Witten 12:13.69 W75 Claire Coleman 11:25.16

Zoo Run 10K Tacoma, WA; August 8

M40 John Payne
John Prokop
Pete Philley
Ren Gallier
M45 Channing Berthiaume
Steve Cumpagna
Ron Taylor
Clint Chamberlain
Chris Steer
Richay Morgan

Richey Morgan
Art Knapp
M50 Larry Sorenson
Gary Liddick
Jim Shedd
Dick Contrell

MSS Wm Hickman

M55 Wm Hickman
Chas Diedrich
M60 Peter Klopfer
Dwayne Westlin
M65 Stan Wasankari
Ward Squires
M70+Chas Oslakovic
Gary Ross
W40 Jane Treleven
Lynn Rose
Becky Thurston
W45 Judith Fisher
Kit Bean
Nancy Pendergraft
W50 Jean Dixon
Carolyn Mitchell
W60+Billie Murphy
Nessie Hollicky
from John Donovan

14-5 9-41 13-2 3/4 6-4 10-1 3/4

12-1

33-3} 49-10 43-4 39-6 36-1 29-8 39-8 35-5 30-1 19-5 27-1

107-4 141-1 141-10 126-8 139-5 106-3

92-11 47-9 55-5

9:17.59 7:57.99 9:54.27 8:53.25

nta 13:22.38 10:33.23 8:19.64 9:41.77 10:29.64

36:53 38:50 38:57 39:55 35:34 35:54 37:10

38:50

39:27 39:31 44:28 46:57 47:59 48:00

40:55 44:07 44:54 50:24

56:21 58:08 43:55

43:55 52:24 39:21 44:47 49:40 47:20 49:02

49:17

32-11 31-7 3/4 29-7 20-2

Continued from previous	page
M70+Fred Dye	51:01
W40 Donna Swanson	42:35
Donna Olson	44:35
Maggie Zidar	45:09
W45 Nina Bovio	42:18
Pat Roselli	45:08
W50 Ellen Nitz	43:25
Bethany Riopelle	49:11
W55 Delores Wilson	59:06
600 finishers/from M	Dean

MID-AMERICA

Colorado Springs 10K July 19

Overall	
Gelindo Bordin	29:42
Amy Giblin	36:06
M40 Rick Katz	33:42
Ric Rojas	34:46
Tom Burnett	35:00
Al Grimme	35:14
Richard Kinney	35:36
M45 Barry Roth	36:33
Jerry Ahlberg	36:53
Ron Davis	37:10
Jim Connally	37:52
M50 Pete Ybarra	35:47
Bob McAndreys	37:55
Philip Mann	39:02
M55 Jim Way	37:41
Glen Ash	39:27
Ron Walters	41:38
M60 Dale Goering	41:29
Ernie Black	42:36
Bill Turley	43:35
M65 Sam Gutierrez	53:54
Vincent Rosadillo	
M70 Rodge Rodgers	51:01
M75 Carl Mapps	68:06
W40 Linda Cash	41:18
Eileen Cram	42:15
Brenda LeBrasse	43:20
W45 Marilyn Stapleton	42:18
Judy Connally	43:56
Joyce McKelvey	45:37
W50 Sharon Connolly	49:15
Joan Trebilcock	49:35
W55 Grace Rome-Kuhn	49:57
Martha Kinsinger	55:29
W60 Nelma Burnett	56:52

Quad-City Times Bix 7

Davenport, IA; July	25
Overall	and the state of
Alejandro Cruz	32:21
Olga Markova	36:48
M40 Nick Rose	GBR 33:52
Joseph Nzau	KEN 34:18
Pierre Levisse	FRA 35.71
Gary Romesser	IN 35:29
Tim Dooling	NE 35:41
Wilson Waigwa	TX 36:02
M50 Jose Medina	IL 40:30
Doug Braasch	IL 42:05
Don VanDell	IL 42:31
Nick Rogers	MN 42:47
Patrick Murphy	IA 42:58
Ron Goudreau	WI 43:09
M60 Warren Bystedt	CO 45:52
Richard Lamermayer	
Leonard Hoffman	IA 50:20
Don Novak	IA 51:56
M70+Deno Tulini	IL 51:48
Joe Anholt	IA 57:21
W40 Barbara Filutze	PA 41:48
Carol McLatchie	TX 42:07
Judith Hine	NZL 42:53
Catherine Lempesis	
Claudia Scott	IA 47:12
Gwenell Archer	IA 47:47
W50 Kathryn Loper	CA 49:16
Marcia Gerbein	IL 57:39
Donna Gulley	IL 59:00
Carol Lodico	IL 59:34
Susan Welke	IL 59:43
W60 LaDean Christensen	IA 61:01
Eleanor Wallace	IL 63:26
Shirley Denny	IA 67:18
Maisie Cromie	MN 69:02
W70+Geneva Meadows	IA nta

SOUTH WEST

Pikedash 5K Tulsa, OK: July 18

M40 Larry Biddle	18:45
M45 Daniel Vasicek	18:11
M50 Henry Hawkins	19:49
M55 Bob Vernon	20:32
M60 Art Melendez	18:50
M65 Eugene Byrnes	23:11
M70+T Waltzer 70	24:29
W40 Martha Heinsius	19:48
W45 Marina Henry	24:35
W50 Lydia Borges	20:57
W55 Dru Young	23:37
W60 Jo Campbell	34:18
W65+Jean Benear 66	34:36
Racewalk	
1 Jim McFadden 53	25:58
IIWChristine Vincent4	7 47:36

Huguley Labor Day 5K/15	5K
Fort Worth, TX; August 3	30
0	

0	
Overall	
Keith Johnson	14:57
Gayle Book	18:12
M40 Dave Flanigan	18:1
M45 Dave Joyce	21:04
M50 Jimmy Ponce	18:57
M55 Allen Cox	24:19
M60 Winn Talley	23:39
M70+Mike Kagan	23:47
W40 Karen Kirkpatric	k22:00
W45 Martha Campbell	24:12
W50 Judy Barnes	30:00
W55 Doris Mocio	43:27
W60 Billye Talley	31:50
W70+Ester Christians	n44:25
Overall	

Overall	
Gordon Hyde	47:51
Joni Dodson	58:12
M40 James Guinn	60:12
M45 John Schrader	59:08
M50 Larry Worth	58:19
M55 Jesse Galino	71:45
M60 Robert Coffey	68:59
M70+Barret Duke	nta
W40 Linda Musil	62:54
W45 Donna Ciblin	70:38
W50 Anna Vance	70:18
W55 Betty Forsvall	97:02
W60 MaryAnn Cotten	82:14

WEST

Mother Lode Mile

Sonora, CA; Augu	ist 2	2
M40 James Milton	42	4:39
Dennis O'Hallora	n40	4:42
Rich Govi	40	4:45
M50 Don Spicklemier	51	5:01
Stephen Lyons	51	5:02
Tim Rostege	52	5:07
M60 Carl Ellsworth	61	5:45
John Russell	60	6:05
M70+Ray Mahannah	76	8:30
W40 Sharlet Gilbert		5:30
DeeDee Grafius		5:34
W50 Shirley Matson		5:21
W60 Myra Rhodes		7:00

America's Finest City Half-Marathon San Diego; August 16

Ron Ogilvie	San Diego; August .	16
Laura La Mena-Coll 25 M40 Sam Ilaj j Tan Cumming Bill Tippets Don Ocana Juan Sandoval Al Sanchez M45 Byrle Smallen Juan Cabeza Richard Greene William Reschke Francisco Saiz M55 Jerry Albert Frank Vasquez Ricardo Ramirez Warren Osborn M60, Hal Higdon John Smith Budd Rubin M65 Ray Penkert Louie Ojeda M70+Tom Edwards Sandra Marshall W45 Angela Davis Yoko Eichel W55 Jeree Olberz W56 376:39 76:39 76:39 76:39 81:36 81:36 83:08 84:04 87:49 87:49 87:49 91:43 87:49 9	Overall	
M40 Sam Hajj 76:19 Tan Cumming 76:39 76:39 F6:39 F6:30		
Tan Cumming 76:37		
Bill Tippets 76:39		
Don Ocana 78:05		
Juan Sandoval		76:39
Al Sanchez Al Sanchez Juan Cabeza Ron Ogilvie Mickey Depalo M50 Tim Rostege Richard Greene William Reschke Francisco Saiz Warren Osborn M60, Hal Higdon John Smith Budd Rubin M50 Kay Penkert Louie Ojeda M70+Tom Edwards Sandra Marshall W45 Angela Davis Yoko Eichel W55 Irene Olberz W82:130 W83:08 W83:08 W84:30 W85:14		78:05
M45 Byrle Smallen Juan Cabeza Ron Ogilvie Ron Ogilvie B3:08	Juan Sandoval	81:06
Juan Cabeza Ron Ogilvie Mickey Depalo Mickey Depalo M50 Tim Rostege Richard Greene William Reschke Francisco Saiz M55 Jerry Albert Frank Vasquez Ricardo Ramirez Warren Osborn M60, Hal Higdon John Smith Budd Rubin Louie Ojeda M70+Tom Edwards 70 Carl Agriesti 71 Carl Agriesti 71 Carl Agriesti 71 Carl Agriesti 71 W40 MIndy Ireland Lorraine Ordaz Sandra Marshall W45 Angela Davis Yoko Eichel W50 Kathy Loper W55 Irene Olberz W81:32:32 Salcare M82:32 Salcare M82:32 W50 Kathy Loper W55 Irene Olberz W82:32 Salcare M82:32 Salcare M82:32 W65 Kathy Loper W55 Irene Olberz W652:32 Salcare M82:32 Sa		81:36
Ron Ogilvie	M45 Byrle Smallen	76:42
Mickey Depalo M50 Tim Rostege Richard Greene William Reschke Francisco Saiz M55 Jerry Albert Frank Vasquez Ricardo Ramirez Warren Osborn M60, Hal Higdon John Smith Louie Ojeda M70+Tom Edwards 70 Carl Agriesti 71 Carl Agriesti 71 Carl Agriesti 71 W40 MIndy Ireland Lorraine Ordaz Sandra Marshall W45 Angela Davis Yoko Eichel W55 Irene Olberz W82:40 W64 W55 Irene Olberz R53:44 W64 W65 Angela Davis Yoko Eichel W55 Irene Olberz W65:140 W64:04 W65 Alexandra Marshall W65 Kathy Loper W65:140 W65:14	Juan Cabeza	82:16
M50 Tim Röstege	Ron Ogilvie	83:08
Richard Greene William Reschke Francisco Saiz		84:04
William Reschke Francisco Saiz 89:14 M55 Jerry Albert Frank Vasquez Ricardo Ramirez Warren Osborn 98:45 M60, Hal Higdon John Smith 1:47:42 Budd Rubin 1:55:59 M65 Ray Penkert 1:43:17 Louie Ojeda 1:59:53 M70+Tom Edwards 70 1:48:28 M60 MIndy Ireland Lorraine Ordaz 1:33:44 Louraine Ordaz 1:33:44 W45 Angela Davis Yoko Eichel 1:40:35 W50 Kathy Loper 1:36:42 W55 Irene Olberz 1:42:52 M55 Irene Olberz 1:42:52 M65 Ray Penkert 1:40:35 M65 Ray Penkert 1:40:36 M65 Ray Penkert 1:47:42		82:32
Francisco Saiz M55 Jerry Albert Frank Vasquez Ricardo Ramirez Warren Osborn M60, Hal Higdon John Smith Budd Rubin Losis Ojeda M70+Tom Edwards Sandra Marshall Lorraine Ordaz Sandra Marshall W45 Angela Davis Yoko Eichel W55 Irene Olberz W891:48 91:48 91:49 91:34 92:15 98:45 9	Richard Greene	85:14
M55 Jerry Albert Frank Vasquez Ricardo Ramirez Warren Osborn M60, Hal Higdon John Smith Budd Rubin Louie Ojeda M70+Tom Edwards 70 Carl Agriesti 71 Carl Agriesti 71 Louie Ojeda Lorraine Ordaz Sandra Marshall W45 Angela Davis Yoko Eichel W50 Kathy Loper W55 Irene Olberz 1:33:4 91:34 92:134 97:54	William Reschke	87:49
Frank Vasquez Ricardo Ramirez Warren Osborn M60, Hal Higdon John Smith Budd Rubin Louie Ojeda M70+Tom Edwards Carl Agriesti 71 Carl Agriesti 71 Carl Agriesti 71 W40 NIndy Ireland Lorraine Ordaz Sandra Marshall W45 Angela Davis Yoko Eichel W55 Irene Olberz 98:45 92:15 97:51 1:47:26 97:51 1:47:47 97:47 97:51 1:47:47 97:47 97:51 1:47:47 97	Francisco Saiz	89:14
Frank Vasquez Ricardo Ramirez Warren Osborn M60, Hal Higdon John Smith Budd Rubin Louie Ojeda M70+Tom Edwards Carl Agriesti 71 Carl Agriesti 71 Carl Agriesti 71 W40 NIndy Ireland Lorraine Ordaz Sandra Marshall W45 Angela Davis Yoko Eichel W55 Irene Olberz 98:45 92:15 97:51 1:47:26 97:51 1:47:47 97:47 97:51 1:47:47 97:47 97:51 1:47:47 97	MSS Jerry Albert	91:34
Warren Osborn M60, Hal Higdon John Smith Budd Rubin 1:55:59 M65 Ray Penkert Louie Ojeda M70+Tom Edwards 70 Carl Agriesti 71 Loria Ordaz Sandra Marshall W45 Angela Davis Yoko Eichel W55 Irene Olberz 1:40:25		91:43
M60, Hal Higdon John Smith L47:42 Budd Rubin 1:55:59 M65 Ray Penkert Louie Ojeda 1:59:53 M70+Tom Edwards 70 Carl Agriesti 71 2:01:26 W40 NIndy Ireland Lorraine Ordaz Sandra Marshall W45 Angela Davis Yoko Eichel W55 Irene Olberz 1:40:33	Ricardo Ramirez	92:15
John Smith 1:47:42 Budd Rubin 1:55:59 M65 Ray Penkert 1:43:17 Louie Ojeda 1:59:53 M70+Tom Edwards 70 1:48:28 Carl Agriesti 71 2:01:26 W40 MIndy Ireland 1:26:13 Lorraine Ordaz 1:33:41 Sandra Marshall 1:34:02 V55 Angela Davis 1:40:24 W55 Irene Olberz 1:36:42 W55 Irene Olberz 1:42:52	Warren Osborn	98:45
Budd Rubin 1:55:59 M65 Ray Penkert 1:43:17 Louie Ojeda 1:59:53 M70+Tom Edwards 70 1:48:28 Carl Agriesti 71 2:01:26 W40 NIndy Ireland 1:26:13 Lorraine Ordaz 1:33:41 Sandra Marshall 1:34:02 W45 Angela Davis 1:40:24 Yoko Eichel 1:40:35 W50 Kathy Loper 1:36:42 W55 Irene Olberz 1:42:52	M60, Hal Higdon	97:51
M65 Ray Penkert 1:43:17 Louie Ojeda 1:59:53 M70+Tom Edwards 70 1:48:28 Carl Agriesti 71 2:01:26 W40 NIndy Ireland 1:26:13 Sandra Marshall 1:34:02 Sandra Marshall 1:40:24 Yoko Eichel 1:40:35 W50 Kathy Loper 1:36:42 W55 Irene Olberz 1:42:52	John Smith	1:47:42
Louie Ojeda 1:59:53 M70+Tom Edwards 70 1:48:28 Carl Agriesti 71 2:01:26 W40 MIndy Ireland 1:26:13 Lorraine Ordaz 1:33:44 Sandra Marshall 1:34:02 Yoko Eichel 1:40:32 W50 Kathy Loper 1:36:42 W55 Irene Olberz 1:42:52	Budd Rubin	1:55:59
Louie Ojeda 1:59:53 M70+Tom Edwards 70 1:48:28 Carl Agriesti 71 2:01:26 W40 MIndy Ireland 1:26:13 Lorraine Ordaz 1:33:44 Sandra Marshall 1:34:02 Yoko Eichel 1:40:32 W50 Kathy Loper 1:36:42 W55 Irene Olberz 1:42:52	M65 Ray Penkert	1:43:17
M70+Tom Edwards 70 1:48:28 Carl Agriesti 71 2:01:26 W40 MIndy Ireland 1:26:13 Lorraine Ordaz 1:33:41 Sandra Marshall 1:34:02 Yoko Eichel 1:40:24 W50 Kathy Loper 1:36:42 W55 Irene Olberz 1:42:52		1:59:53
Carl Agriesti 71 2:01:26 W40 MIndy Ireland 1:26:13 Lorraine Ordaz 1:33:41 Sandra Marshall 1:34:02 W45 Angela Davis 1:40:24 Yoko Eichel 1:40:35 W50 Kathy Loper 1:36:42 W55 Irene Olberz 1:42:52		1:48:28
W40 NIndy Īreland 1:26:13 Lorraine Ordaz 1:33:44 Sandra Marshall 1:40:24 Yoko Eichel 1:40:35 W50 Kathy Loper 1:36:42 W55 Irene Olberz 1:42:52		2:01:26
Lorraine Ordaz 1:33:41 Sandra Marshall 1:34:02 W45 Angela Davis 1:40:24 Yoko Eichel 1:40:35 W50 Kathy Loper 1:36:42 W55 Irene Olberz 1:42:52	W40 MIndy Ireland	1:26:13
Sandra Marshall 1:34:02 W45 Angela Davis 1:40:24 Yoko Eichel 1:40:35 W50 Kathy Loper 1:36:42 W55 Irene Olberz 1:42:52		1:33:41
W45 Angela Davis Yoko Eichel 1:40:35 W50 Kathy Loper 1:36:42 W55 Irene Olberz 1:42:52	Sandra Marshall	
Yoko Eichel 1:40:35 W50 Kathy Loper 1:36:42 W55 Irene Olberz 1:42:52		1:40:24
W50 Kathy Loper 1:36:42 W55 Irene Olberz 1:42:52		1:40:35
W55 Irene Olberz 1:42:52		
	Wen-Shi Yu	1:43:11

San Francisco Marathon

August 30	
Overall	
Sergio Jimenez 25	2:16:44
Irina Bogacheva 31	2:36:54
M40 Joseph Schieffer	2:38:02
Barry Sccaeffer	2:44:59
Peter Gross	2:47:36
John Hirschberge	r2:49:29
M45 Joachim Bechtle	2:54:16
Bob Ilansen	3:04:46
Stephen Schur	3:07:11
Gunnar Thowsen	3:08:57
M50 Maurie Bousquet	3:05:15
Andrew Kotulski	3:10:36
Robert Vogt	3:12:40
M55 Frank Vasques	3:13:27
Hugo Badgett	3:15:17
Bob Hyde	3:19:02
M60 William Hayward	3:33:46
Edward Mooney	3:40:51
Richard Laine	3:43:25
M65 Charlie Deards	3:50:13
Franklin Mason	3:55:18
William Hall	4:14:21

H70-	Stephen Woishnis	4:24:29
	Earl Rippee	4:51:50
	Joe Gallegos	4:56:06
W40	Sharlet Gilbert	2:42:06
	Candy Dodge	3:07:24
	Janet Strauss	3:38:15
W45	Margaret Neville	3:33:50
	Karen Lanterman	3:41:49
	Elaine Pierce	3:42:05
W50	Mae Palm	3:45:29
	Louise Walters	3:47:28
	Marit Roman	3:47:35
W55	Wen-Shi Yu	3:32:04
	Meg Ghetge	4:00:49
	Mary Dugan	4:29:07
W60	Betty Robinson	nta
W65	Helen Klein	4:29:57
	Ettal Palmer	5:05:15

NORTHWEST

Senior Olympics Silverton, OR; June 6

Silverton, OR; Ju	ine 6
100m M40 W Man M45 M Ritchey M50 Paul Edens M55 Jim Schlewitz	12.08 18.21 11.84 13.87
M45 M Ritchey M50 Paul Edens M55 Jim Schlewitz M60 Jack Coy M70 W Bronson M75 R Coleman M80 Leon Joslin W40 S Weidman W45 J Stewart W50 M Thielman W60 Luci Wells W70 Irene Crane 200m	13.36 15.04 21.20 18.50 17.05
W45 J Stewart W50 M Thielman W60 Luci Wells W70 Irene Crane 200m	16.01 16.58 20.76 23.42
W/O Trene Crane 200m M40 Stutzman M45 J Casey M50 Paul Edens M55 J Schlewitz M60 D Kane M70 William Bronson	25.23 26.41 24.39 28.84 28.12 30.69
W45 C Goin W50 Marti Thielman W60 Luci Wells W70 M Stafford	36.40 36.20 45.93
400m M40 Jim Hiebert M45 S Boyer M50 Joe Thielman M55 K Ogden M60 R McGowan M65 H Gillis M70 G Aronson W40 S Weidman	54.54 55.72 58.01 64.75 62.64
woo Lucy wells	1:53.10
W70 Irene Crane 800m M40 Jim Hiebert M45 H Pastre M50 D McMillan M55 Ken Ogden M60 R NcGowan M65 L Tritsch M70 Larry Castle W40 K Holmstrom W45 K Kranz W50 K Duncan W55 S Means 1500m	2:06.14 2:03.12 2:12.22 2:26.83 2:31.56
M65 L Tritsch M70 Larry Castle W40 K Holmstrom W45 K Kranz W50 K Duncan	2:46.83 4:43.42 2:46.78 3:17.40 3:24.85
1500m M40 R Scheffel M45 A Beck M50 E Bender M55 H Braff	5:11.93 4:29.35 5:45.90
W55 S Means 1500m H40 R Scheffel H45 A Beck M50 E Bender M55 H Braff H60 J Keener M65 H Gillis H75 D McClure W50 K Duncan W55 S Means	5:40.61 7:06.38 8:18.16 7:12.46 6:56.65
M40 Ken Travis M45 Alan Beck M50 George Brandret W45 Claire Goin	nta 9:34.73 10:38.24 16:52.08
W65 Jane Brown Five Mile M40 Gary Wilson M45 Larry Everson M50 Ed Bender	20:09.69 25:34.9 29:26.8 32:34.0
M55 Bob Kerver M60 Pat Wickman M65 David Blunt M70 Jack Kirkpatric M75 Don McClure	47.54.5
W40 Jill Ward W45 Jane Casey W50 Rita Rudder W60 Luci Wells High Jump	40:19.3 43:20.9 39:37.0 48:48.3
M40 A Huffstutter M45 F Lulich M50 M Akerman M55 J Newcomb M60 H Lewellan M65 h Buck	4-10 5-4 5-4 4-8 4-8 4-2
M70 R Atherton M75 R Coleman Pole Vault M40 R Scheffel	3-10 3-5 7-0

M/O K Coleman Pole Vault M40 R Scheffel M45 L Holmes 1.55 J Newcomb M60 H Lewellen M70 L Hintz

Long Jump M40 Wing Man M45 C Chapin M50 J Johnson M55 J Newcomb

Brugge Veterans 10K/25K Brugge, Belgium

7-0 7-0 7-0 9-6 5-5

15-7 16-8 16-2 13-10

١			June 20-	21	
١	10K				
1	M40		Ulymov		31:4
1		K	Woodhouse	CBR	31:5
1		٧	Kiselev	RUS	32:1
1		٧	Kiselev Ermolaev	RUS	32:4
1		T	Van Doorn	HOL	34:1
-1	M45	Y	Berezuk	RIIS	37.7
١		M	Martin	GBR	33:1
١		V	Cockheyt	BEL	33:3
1		V	Suddenkov	RUS	34:5
1		P	Depret Kun	FRA	35:2
-1	M50	٧	Kun	RUS	33:2
- 1			Starland	GBR	37:1
١			Fernee	USA	
- 1		K	Summergill	GBR	38:2
١		B	Cowling	GBR	38:2
- 1	M55	T	Isaacs Spacie	GBR	35:0
- 1			Spacie	GBR	36:0
- 1		L	Bailey	CBR	38:1
- 1		R	Crepeele	BEI.	39:4
-		D	Crepeele Beckett	GBR	39:5
١	M60	C	Demin	RUS GBR	36:2
- 1			Linton	GBR	37:4
١			Forster		
- 1	M65		DeBacker		
-1		R	Boterberg	BEL	40:5
		M	Stewart	GBR	41:5

M70 E Pauwels	BEL 45:45
J Stancombe	GBR 53:43
R Penney	GBR 56:36
M80 J Penkauskas	
W35 D Underwood	CBR 38:08
G Schultz	GER 41:27
N Van Horsse	m HOL 41:28
W40 C Wright M Robinson	CBR 39:46
	GBR 42:29
	CBR 42:55
W45 P Gallagher V Flowers	GBR 37:22 GBR 43:49
M Montus	FRA 45:42
W50 M Scott	GBR 49:00
G Johannsen	CER 49:10
A Parr	GBR 49:19
WSS M Simpson	GBR 50:42
A Simanauski	
S Smith	GBR 57:35
W60 B Forster	CBR 49:20
A Van Binneb	
B Norrish	GBR 51:51
25K	
	GBR 1:20:20
J Misplon	BEL 1:20:28
W Van Dijk	HOL 1:23:01 GBR 1:23:29
C Hughes	GBR 1:23:29
C Fairbrass	GBK 1:24:21
M45 O Van Noten J Van deWate	BEL 1:18:37
J Van deWate B Watson	GBR 1:23:04
N Zudin	UKR 1:23:56
F Van Camp	BEL 1:25:25
	GBR 1:24:34
	GBR 1:25:06
V Katalikov	RUS 1:26:17
M Edge	GBR 1:28:49
E Van Ranst	BEL 1:29:55
M55 E Knockaert	BEL 1:31:03
R Pannell	CRR 1 - 31 - 40
P Hampton	GBR 1:31:45
J Wright	GBR 1:31:50
R Slove	GBR 1:32:49
M60 D Wood	GBR 1:35:52
L Willmont N StuartThor	GBR 1:38:33 nGBR 1:40:32
M65 L De Bouw	BEL 1:55:18
P Ettema	HOL 1:56:40
L Baetes	BEL 2:03:34
M70 P Meulemans	BEL 1:56:46
G Scutts	2:05:59
M75 A Osselaer	BEL 2:07:05
W35 V Hendricks	BEL 1:39:10
S Rlunt	GBR 1:57:09
N Thompson	GBR 2:02:18
W40 A Schouppe	BEL 1:51:09
L Duffy J BekkenkTal	GBR 1:53:15
W45 I. Devocet	BFI 1.41.58
M Chippenda	leGBR 1:46:48
M Govender	GBR 1:47:43
W50 M Lenaghan	GBR 1:48:27
H Morath	GBR 2:03:56
M delandshe	
W55 B Machin	GBR 1:50:20
M Wood	GBR 1:57:47
M Tans	HOL 1:59:46
W60 B de Preter	BEL 2:00:33
E Quinton	GBR 2:00:47
W65 H Jonker-Sci	nalekamp
	BEL 2:27:36

August 29-30 --10K--M40 Michael McLeod CPR 30:40 Michael Fromant CPR 20:51 Ingo Senzburg GFR 20:53 Dennis Fowles GBR 31:01 Ray Smedley GBR 31:15

WAVA Road Race Championships Birmingham, England

	Na	ncy Pendergra	ft	49:17		Ingo Senzburg	CPD	30:53
W50	Je	an Dixon	-	54:35		Dennis Fowles		31:01
		rolyn Mitchel	1	56:29		Ray Smedley		
W60+	Bi	llic Murphy	-	52:02	M/S	Alun Roper		31:15
	Ne	ssie Hollicky	Ē.	54:53	1143	Omer VanOten		31:18
	fr	om John Dono	an	31133	-	John Buckley		31:24
								31:51
77.	-	CEDNAT		7777		Harry Matthews		32:09
μ	L	ERNATI	\mathbf{U}	Val	MSO	Harry Widmer		32:18
					nou	Robert Toogood		33:18
R.	116	ge Veterans	10K	25K		Elvyn Davies		33:33
D.	uĘ			231	wee	Tony Havkins		33:45
		Brugge, Belg			MOO	G VanNuffelen		34:03
		June 20-2	1			Alan Griffiths		34:45
100					MEO	Bruce Tulloh		34:49
10K M40			Duc		MOU	Bill Stoddart		35:23
M40		Ulymov		31:46		Laurie O'llara		35:59
		Woodhouse		31:56	M6 E	Paschal Morris	GBR	36:00
		Kiselev		32:17	mo 5	Stephen Charlto		
		Ermolaev		32:49		G DeBacker		38:05
		Van Doorn		34:19		Karel Urbanek	CSR	38:12
M45		Berezuk		32:21	H/U	Giussepi Velluc		
		Martin		33:18		Art Keily		44:48
		Cockheyt		33:30		Paul Faude		44:58
		Suddenkov		34:53	4/5	Andre Osselaer		47:59
		Depret		35:23		Roland Keywood		49:54
M50		Kun		33:25		Bryan Doughty		75:03
		Starland		37:14	W35	Viv McConnell		35:28
		Fernee		37:44		Christine Price		35:53
		Summergill		38:20		Diane Underwood		
		Cowling		38:28	W40	BronwynCardyWis		
M55		Isaacs		35:00		Susan Coxshall		36:33
		Spacie		36:04		Jane Gardner		38:29
		Bailey		38:10	W45	Pat Gallagher		37:14
		Crepeele		39:47	ı	Elaine Statham		37:23
		Beckett		39:54		Vlasta Rulcova		38:09
M60		Demin		36:22	W50	Ursala Odermatt		37:04
		Linton		37:49	l	Christine Fuchs		
		Forster		38:06		Joyce Smith		39:01
M65		DeBacker		38:39	W55	Mollie Smith		41:22
		Boterberg		40:58		Myfanwy Loudon		41:38
	М	Stewart	GBR	41:58		Mary Ansty	GBR	42:12
					1. 1. 1.			

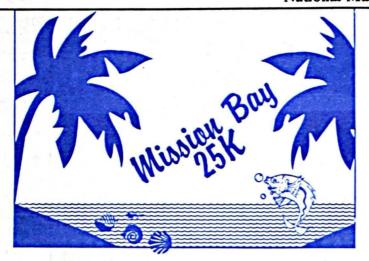
5	W60 Beth DePretes BEL 47:40
3	Eileen Quinton GBR 47:45
6	Ruth Anderson USA 50:16
3	W65 GiuseninaGurtnerSUI 47:43
8	M Foggo ITA 47:58
7	Margaret JohnsonGBR 51:05
8	W70 Jose Waller GBR 49:46
6	W70 Jose Waller GBR 49:46 Elfriede Falke GER 53:29
9	W75 Joanna Luther GER 57:25
5	W75 Joanna Luther GER 57:25 W80 Ivy Granstrom CAN 72:57
2	
9	25K
2	M40 David Hill GBR 1:22:08
0	Klaus GoldamerGER 1:23:09
0	Colin CartlandGBR 1:23:15
9	Ray Smedley GBR 1:23:56
2	L Brusselmans BEL 1:24:46
4	M45 Ron Smith GBR 1:25:11
5	Paul Bryan GBR 1:26:00
0	Omer VanNoten BEL 1:26:24
0	MSO Walter Kock GER 1:26:41
1	William ScallyGBR 1:26:09 Mike Hawkins GBR 1:30:53
0	MSS Dick Cooper GBR 1:32:10
8	Walter Ryder GBR 1:33:42
1	Brian Sweeny GBR 1:34:19
9	M60 Bill Stoddart GBR 1:34:50
l	Norm Green Jr USA 1:36:28 M65 Sergio Agnoli ITA 1:45:26
7	M65 Sergio Agnoli ITA 1:45:26
7	GerritDeBacherBEL 1:46:16
4	M70 Eric Smith GBR 1:54:03
6	Prem Dolensy TCH 2:01:28
5	M75 Andre OsselaerBEL 2:10:38
4	George Scutts GBR 2:11:49 W35 Liz Hughes GBR 1:33:58 Chris Gregg GBR 1:32:58
6	was the form of the contract o
7	JackieUnderhilGBR 1:38:29
9	Josette ColombFRA 1:38:46
5	W40 Sue Coxshall GBR 1:38:17
3	Gill Rimmer GBR 1:41:56
0	Gill Rimmer GBR 1:41:56 Marion Savage GBR 1:47:25
0	WAS Continued and State Co
9	W45 GertWettstein SUI 1:38:31 V Rulcovatch TCH 1:44:03 Linda Watson GBR 1:44:43
2	Linda Vateon CRP 1:44:6
3	WSO Chris Fuche CFR 1:49:0
2	W50 Chris Fuchs GER 1:49:00 B Berghaus GER 1:53:00
8	W55 Mollie Smith GBR 1:53:2
o	W55 Mollie Smith GBR 1:53:2 Lola Smal GBR 1:56:4
4	W60 Eileen QuintonGBR 2:06:2
6	Beth DePreter BEL 2:14:2
9	W65 Pat Trickett GBR 2:12:1
5	GiusepinaGrtnrITA 2:16:0
0	W70 Jose Walker GPR 2:13:4

RACE WALKING

British Veterans Athletic Federation Women's 10K & Men's 20K Championships Sutton Park; June 20

		Baird	52:51
W45	D	Butler	66:25
W50	P	Wilson	72:36
W55	P	Horwill .	67:13
W60	R	Scott	69:59
M40	B	Adams	1:43:41
M45	A	Callow	1:42:21
		Baxter	1:49:00
		Young	1:53:35
M60	G	Chaplin	1:50:16
		Abolins	2:07:49
		Colman	2:05:15
M80	J	Grimwade	2:04:49





TAC NATIONAL MASTERS CHAMPIONSHIP SAN DIEGO-IMPERIAL TAC CHAMPIONSHIP

Road Race & Relay Race

Saturday, Nov. 14, 1992 7:30 am

Grand Prize Drawing

2 nights, 3 days for 2 people at the San Diego Marriott Hotel & Marina next to Sea Port Village

For the 26th time, the San Diego Track Club presents this 15.6 mile race on a flat, fast course around Fiesta Island. After the 25K, enjoy freshly baked muffins from Souplantation and fresh fruit.

Isl	and	d. After the 25K, enjoy freshly baked muffins from Souplantation and fresh fruit.
RACE FEATURES	0	TAC National Masters Championship, San Diego-Imperial TAC Championship, TAC Sanctioned Event, Quality T-Shirts, flat, fast, record breaking course. Aid stations provided for and manned by Team Chart House.
DRAWINGS	0	Dinner and/or gift certificates from Souplantation, John's Waffle Shop, Movin' Shoes, Chart House Running Team, T.D. Hayes, Brigantine, The Old Spaghetti Factory, Salmon House, Sheldon's Cafe, Acapulco Mexican Restaurant, and many more. No purchase necessary. Non-runners may register during day-of-race registration. Must be present to windrawings.
SPECIAL RELAY TEAM DIVISION	0	Relay teams shall consist of 5 runners. The first 4 runners will run 3 miles and the fifth runner will run the last 3.6 miles for a total of 15.6 miles. Exchange zones will be at 3, 6, 9, & 12 mile marks. Awards will be given to overall winners.
DIVISIONS	0	Runners: Men and Women under 19, 19-29, 30-34, 35-39, etc., through 95+. Wheelchair, Racewalk.
AWARDS	0	Awards given to Top three in most divisions, varying at Race Director's discretion, based on entries.
ENTRY FEE	0	SDTC Members \$8 or Discount Activity Card. Non-Members: \$12. Add \$2 for entries postmarked after November 1 or day-of-race. \$7 for optional, beautifully designed T-Shirt (only guaranteed through 11/9 postmark)
A STATE OF THE STA		RELAY FEE: \$30 for 5 person team - no individual fee required. All participants must complete & sign individual entry forms & indicate team name
		25K TEAM FEE: \$25 Team fee plus individual entry. Day-of-race entry permitted. Masters Teams (Clubs) must be TAC registered and must include current TAC number on entry form.
ENTRY PROCEDURE	0	Send entry form, check & stamped, self-addressed envelope before 11/1 to the address below. Registration material will be returned only to entries received by 11/1. All masters competitors competing in the National Mater's Championship must include their current TAC Registration number on the entry form to be eligible for awards and records. Any runner wishing to compete in the San Diego Imperial TAC Championship must be registered with the San Diego Imperial TAC. Registration for San Diego Imperial TAC (\$11) will be available day of race.
DAY OF RACE	O	Registration and late-entry packet pick-up from 6:00 am - 7:15 am.
INFORMATION	0	(619) 292-6132
COURSE	0	Starts and finishes on NW side of Fiesta Island. Includes loop on path to De Anza Cove and back. Markers every mile. Water and ERG at start, finish, and every 2-3 miles. Certification CA88067RS RACE RECORDS: 1:17:30 [Ed Mendoza] 1:26:50 (Sylvia Mosqueda)
SDTC & TAC AWARD	5 -	Adult to the second of the sec

Will appear in SDTC News and National Masters News.

THE CHART HOUSE

RESULTS

40 years to 95 years old. Points in the Challenge Series to the top



TAC REGISTRATION NO.		Team/ Relay	y Team Name:
Are you a U.S. Citizen?	□ No	TAC-Registe	ered Club name or No.:
Your Name (first) Age on Race Day Circle One:	(last) Sex (Circle One) M / F SDTC Member? (Circle) Y / N	Blb. No.	I, the undersigned, understand that there are risks associated with strenuous physics exertion and with this event, including but not limited to those caused by the terrain weather condition of the athlete, vehicles, other participants and lack of hydration. I consideration of the right to participate in the above event, I hereby assume all risk associated with this event and I hereby waive, release and discharge any and all claim for damages, for death, personal injury or property damage or actions of any kind white may hereafter accrue to me or to any other person as a result of my participation in this
Run / Walk / Wheelchair City of Residence	SDIAC Member? (Circle) Y/N		event. This waiver and release shall be binding on my heirs and assigns and shall run it favor of SDTC, TAC, City of San Diego, County of San Diego, and all promotent sponsors,officials and any individuals or entities in any way connected with this event eve though their liability may araise out of negligence or carelessness on their part.
	Born:/ day	/year	Athletes who participate in this competition will be subject to formal drug testing it accordance with TAC rules and IAAF Rule 14. Athletes found positive for banne substances will be disqualified from this event and will lose eligibility for future compet tions. Some prescriptions and over-the-counter medications contain banned substances Information regarding drugs and drug testing may be obtained by calling the USOC Hollin at (800) 223-0393.
\$ Enclosed: +	Late fee T-Shirts	Total	Signature(Parent if entrant under 18)
			(Parent if entrant under 18)
BENEFITS:	MEMBERSHIP COST	S:	Name
 50% discount on 4 SDTC ra (Families receive 8) Lower race fees 	ces Life	A CONTROL OF THE PARTY OF THE P	Street Address Zip Phones: Home Bus.