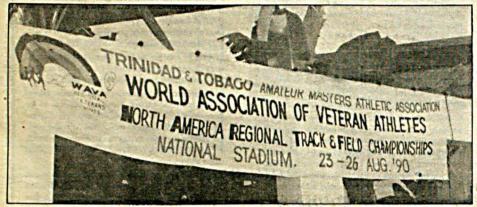
146th Issue

October, 1990

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Coup Attempt Fails to Halt North American Meet



Meet banner outside Normandie Hotel, meet headquarters, WAVA North American Regional Championships, Trinidad & Tobago, August 23-26. Photo by Linda Pain

Trinidad Meet Successful Despite Unrest

by DAVID PAIN

With such an idyllic tropical location, who would have imagined a coup attempt to take over the national government in Trinidad less than one month before the WAVA North American Track and Field championships were to take place in Port-of-Spain?

On July 27, the infamous coup attempt was made by a charismatic

religious leader and a handful of radical, Muslimeen followers. For five days the nation was held hostage as government buildings and top-level government officials were seized. But the coup lacked popular support, the hostages were released, and the aggressors meekly surrendered.

The perpetrators are now incarcerated awaiting various charges of murder, arson, illegal seizure of Continued on page 24

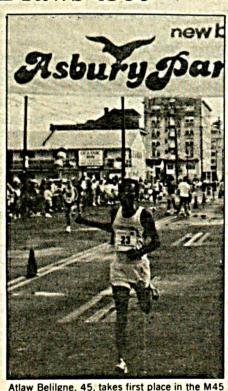
Asbury Park 10K Draws 4500

ASBURY PARK, NJ - Despite gray skies, warm temperatures, and 90% humidity, the 10th Annual Asbury Park 10K Classic got underway August 11, with 4554 entrants competing for more than \$10,000 in prize money.

The masters take alone was worth \$1,750 with most of that going to John Campbell, 41, for his first place showing. The determined New Zealander stayed among the top five runners through the first four miles of the race before finally dropping off the pace to finish seventh overall with a 29:11.9. Also turning in respectable mark's were Gotham's Atlaw Belilgne (M45, 32:10), Baltimore native Anthony Grier (M40, 31:55), and Harold Nolan (M40, 32:24.8) from Navesink, N.J.

clouds had disappeared for the women's races. Erie, Pa.'s Barbara Filutze won top masters honors with a

By early afternoon, most of the gray 35:46.7, good enough for 14th overall. Continued on page 7



Atlaw Belilgne, 45, takes first place in the M45 division with a 32:10.0 at the Asbury Park 10K Classic in Asbury Park, N.J. on August 11.

Photo by Keith Quarles



New Zealand's John Campbell, 41, (left), keeps up with the lead pack in the Crim 10-mile road race in Flint, Mich., August 25. Campbell raced to a world masters best of 47:55, good for fifth place overall.

Campbell Conquers Crim

New Zealander Steams to a World Masters 10-Mile Best of 47:55 in Flint, Mich.

by JERRY WOJCIK

Undaunted by Midwestern heat and humidity (72° with 80%), New Zealander John Campbell, 41, showed again that he is not ready to relinquish the title of the king of masters distance runners, with an unofficial masters world best of 47:55 for 10 miles in the Bobby Crim Road Race in Flint, Mich., on August 25.

Campbell, looking strong and sensational, ran with the front pack until the 91/2 mile mark, when Texan Ken Martin (31, 47:44) kicked to a lead no one could close.

Campbell's fifth-place left other notable M40 + pretenders to his throne minutes behind. Bill Rodgers, 42, of Sherborn, Mass., finished 12th overall (50:29); Domingo Tibaduiza, 40, of Reno, Nev., settled for 15th (51:01); and Wilson Waigwa, 41, of Kenya, ended up 26th (52:50).

Jim O'Netl, 52, of Holland, Ohio, with a 53:27, ran well enough to finish ahead of younger masters knowns like Pete Hallop (43, 54:31) of Ann Arbor, Mich.; Pat Monahan (45, 55:03) of Toronto, Canada; Ken Sparks (45, 55:11) of Chagrin Falls, Ohio; and Bob

Schlau (42, 55:34) of Charleston, S.C. The closest M50-and-over runner behind O'Neill was James Parker, 68. of Waterford, Mich., who finished 133rd in 59:06.

Laurie Binder, 43, of Oakland, Calif., took the W40+ race with a ninth overall 58:34. Theresa Mahr (41, 59:13) finished 11th in 59:13. Uta Pippig (24, 53:56) of Colorado was first. Continued on page 3

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ATIONAL MASTERS NE

The official world and U.S. publication for Masters track & field, long distance running and race walking

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The National Masters News is devoted exclusively to track & field, long distance running, and racewalking for men and women over age 30. Each month it delivers 24 to 48 pages of results, schedules, entry forms, age records, rankings, photos, articles, training tips, and all the inside scoops and information that affect the world of masters athletics competition.

Some masters events are sponsored by TAC, the national governing body for athletics in the USA. Some are sponsored by individuals, clubs or other senior organizations.

Generally, anyone age 30 or over may come to a masters event and participate. Some events are limited to ages 40 + . 50 + or 55 + : (please check the schedule for details). Some events require advance registration. Some require a current TAC card (\$7 to about a TAC card, call The Athletics Congress in

your area, or 317/261-0500. There are no qualifying standards for any masters athletics event

NMN welcomes contributions - results, schedule info, photos, letters, articles, and opinions. Manuscripts should be typed, double-spaced, but legibly handwritten material is also acceptable. Results should be typed, single-spaced. Please include a stamped, self-addressed envelope if return is

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Campbell Conquers Crim

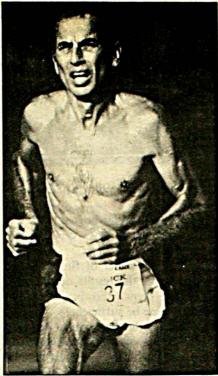
Continued from page 1

Finishers numbered 4437 of 5206 registered. In all, 10,602 runners participated in the Crim Festival of Races

Lois M. Craig was the event direc-

Five Years Ago October, 1985

- 700 Compete in Nationals in Indianapolis
- Belilgne, Madeira Top Masters in Asbury Park
- Boo Morcom Tops U.S. Decathletes in San Diego



'other" Jim O'Neill, 52, from Holland, Ohio, races to a 53:27 in the Crim 10-mile in Flint, Mich., to win the M50-54 division.

Photo by Victah Sailer/Agence Shot



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Margie Withrow, 64 U.S. Masters, 1989 Outdoor 1500 7th: 7:03:07

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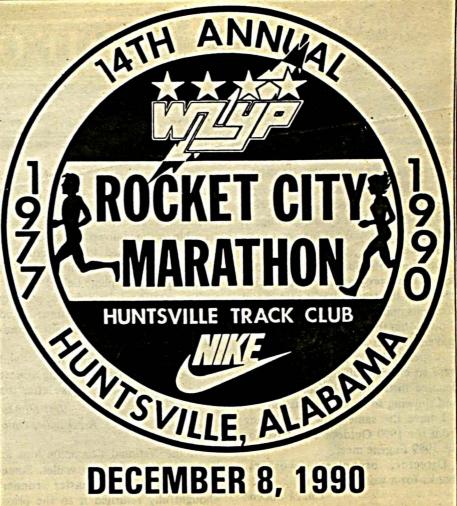
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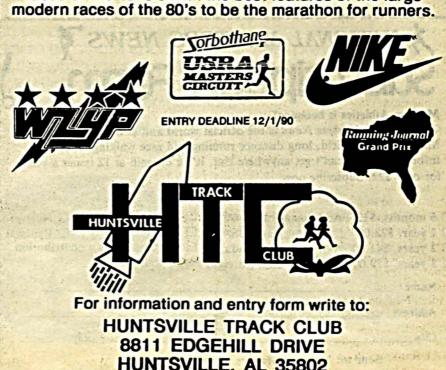
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NATIONAL T&F CHAMPIONSHIPS

I would like to thank all the people who organized, directed, and worked at the 1990 Outdoor Championships in Indianapolis to make it the great meet that it was

Despite all the obstacles, it was a real feat to run a program like this. Getting water off the track after it rained and decisions made on the spot by workers showed that the very best were there to make this meet so great.

A special thanks to the starters, who were so efficient all meet long, giving detailed instructions before each race and showing so much compassion.

I have the same glow and feeling from the 1990 Outdoor as I have for the 1989 Eugene meet.

Director, organizers, workers, thanks for a wonderful time.

Chuck Sochor Gowen, Michigan

Throwers are usually treated like second-class citizens at most Florida meets. At one event I attended, the discus throwers had to throw off the grass of a baseball field!

That's why the Nationals in Indianapolis were such a pleasure. Although I was unhappy with my distances in the discus and shot put, the events were run superlatively. The conditions were excellent and the personnel did a terrific job.

Masters Athletics is booming!

Phil Brady Naples, Florida

NATIONAL MASTERS NEWS

bscription Form

I am a longtime reader of NMN, and for the last few years I've been trying to figure out why the times in the distance events at the Nationals were so terrible in the younger age group's.

I recently turned 40 and think I've found the answer. The entry fees cost as much as an airplane ticket!

The meet organizers do not pay any expenses for the better runners and don't even provide them with a complimentary room.

Why should I waste my time — and hard-earned money — running against a weak field, and be broke after the race?

Jeff Hlinka

At the National Championships in Indianapolis, I lost my wallet. Some kind and honest master runner thoughtfully returned it to the press box. The good samaritan did not leave his name so I was not able to thank him properly. Someone mentioned that they thought he was from Minnesota.

So, if you're reading this in Minnesota, you have my heartfelt thanks.

Jay N. Sponseller Naples, Florida

Brecksville, Ohio

ALL-AMERICAN CERTIFICATION

I am writing for information concerning All-American certification for master runners.

(1) Can a master runner qualify for certification from competing in a road race?

(2) Must the course be TAC certified?

(3) Must the event be in a track and field meet on a TAC certified 400 meter track?

(4) Will the order of finish for the road race, or the results of the track and field event, showing the competitor's time be sufficient?

(5) What other documents attesting to the competitor's time, other than name of meet, meet site, and date of event, will be required for certification?

Ray Ray!

Evansville, Indiana

(To qualify for All-American status, all that is required is that your performance must meet, or exceed, the standards for excellence in your age-group - and you must submit a copy of the results from the event in which you achieved the standard or indicate where the results have been published. If you cannot obtain a copy of the results, a letter from the race director will be sufficient. Courses do not have to be TAC-certified, and the event may be track & field, long distance running or racewalking. Currently, there are no established standards of excellence for long distance running beyond 10K. -Ed.)

KUDOS

I was certainly pleased to find that I was one of the recipients of a \$50 check from the Liberty Road & Track Club for having one of the top five field event performances in the "Masters Return To Illinois" meet at Libertyville on July 7. I have never received a cash award in 45 years of competition, and since I don't want the ghost of Avery Brundage haunting me, I am endorsing this check to the National Masters News as a sustaining contribution.

The meet was an excellent event and much thanks should be given to Craig Dean and the wonderful (and numerous) volunteer officials. Only flaw — we needed a second porta-potty.

I would also like to nominate Dick Green for the administrator-of-the-year award. He and his wife June, have contributed so much time and money to make the Illinois Grand Prix program so successful. It has provided master athletes with a fine series of competitive opportunities. We all greatly appreciate what they have done.

Richard Richardson

Decatur, Illinois

First, I want publicly to express my thanks for being named ICI U.S.

12 Join NMN Sustainers

Each month NMN publishes a list of "sustainers," those who help the National Masters News and the masters athletics program by making contributions. These extra funds allow us to publish more photos, deeper results, an in-depth schedule section, and more.

Our thanks this month goes to:

Harold Morioka Surrey, B.C. **Bob Hunt** Anaheim, CA Thomas A. Bartlett Northfield, MA Bill Schultz Simi Valley, CA Richard O. Donley Tulsa, OK Edward B. Curran Vienna, VA Leonard E. Tritsch Portland, OR Haig Bohigian N. Tarrytown, NY Richard D. Richardson Decatur, IL Mieczyslaw Pisz Lisbon, NH Bill Alman Cupertino, CA Jim Law Charlotte, NC

Masters Athlete-of-the-Month. This award is especially gratifying to me since having reached the top of my age group, I had pronounced 1990 as my year to be "philosophical." ICI is to be commended for sponsoring this monthly award which, because age-grading is an important focus, significantly broadens the range of masters athletes whose performances are formally acknowledged.

Second, I want to pass on the \$100 associated with the ICI Award to NMN in support of its fine work. Masters athletics desperately needs organs like NMN in order to survive and then, to thrive.

Jim Law

Charlotte, North Carolina

L.A. TIMES EMBARRASSED

I agree that the L.A. Times should be embarrassed for printing an article about Richard Roodberg, 62, who claimed to have run 2:34 in this year's L.A. Marathon by training solely on his home exerciser (May NMN).

I challenge Roodberg to a race anywhere from 10K to a marathon. Never mind that I'm in an older age group. If he defeats me, I'll donate \$1000 to a charity of his choice. He will also receive my apology for calling him a phony. I don't expect to be hearing from him.

Jim O'Neil

San Diego, California

NATIONAL ANTHEM

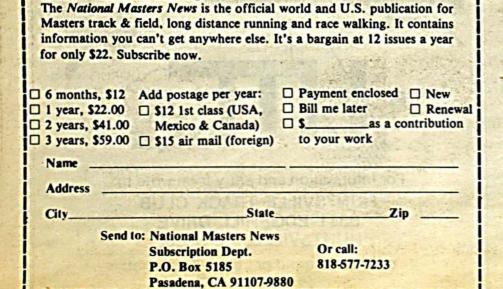
I could not help responding to your remark about the singing of the National Anthem at the Nationals.

He might not have sounded that good to you, but I saw him give it his best. It sounded pretty impressive to me and to the athletes around me.

Instead of the singer butchering the National Athem, as you wrote in your article, you might just have butchered somebody's confidence and goodwill.

Shame on you. I hope to hear him sing at many more meets to come.

Annelies Steekelenburg
Malibu, California
Continued on page 9



Nieves, Morcom Top Masters at Brown

by KEN CASTRO

Some fine post-Nationals performances were recorded at the Brown University Invitational meet held in Providence, R.I., on August 12.

Angel Nieves, M40, entered 10 events and took golds in the 110H, 100, LJ, and JT. Rhode Island's Robert "Sparks" Sorlien won the M70 200 (34.0) and TJ (28-51/2).

Boo Morcom, M65, long-jumped 16-8½ and pole vaulted 10-0. Ginny Bogni, W30, of Vermont scored an impressive triple win in the throws with a 72-6 hammer, a 58-4 discus, and a 24-7½ shot put.

-Lukens Sets Age Marks at Ursinus Meet-

by PETER TAYLOR

COLLEGEVILLE, PA, August 18. Edwin Lukens broke one American age-68 record today as the Philadelphia Masters Track Association returned to the Ursinus College campus for its annual outdoor invitational. Hitting 33-0 on both his third and fourth attempts in the triple jump, Lukens finished far ahead of Fred White's previous standard of 30-1.

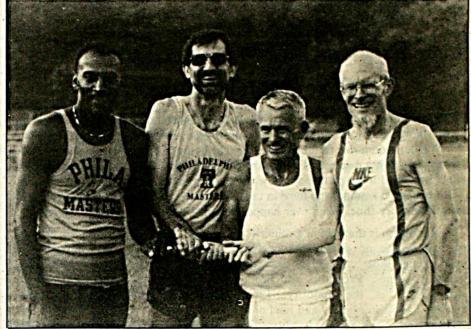
Len Olson, 59, from Centerville, Va., had a good day, throwing the 2kg discus 111-2½ to better Daniel Aldrich's prior American age-59 record of 110-2.

Other competitors included Claude Hills, 78, who ran the 110H in 22.8 to

break Herb Anderson's single-age WR of 25.7; Jerry Wible, M75 (200, 35.9); Tom Delany, 62 (HJ, 4-8); and Maury Schepers, 61 (1500, 5:17.1).

Versatile Barb Stewart, one of the few female competitors, entered three W45 events, running the 100 in 15.1,

and leaping 12-7 in the LJ and 24-5 in the TJ. Fred Feaster won the M30 200 (22.6) and 400 (51.8), while Ron Manion copped the M35 division with marks of 23.4 and 52.3. M45 Joe Johnson had a nice 100/200 double with times of 11.6 and 23.9. □



The Philadelphia Masters distance medley team set an M50-59 WR of 11:49.0 at the Germantown Academy in Germantown, Pa. on July 25. Pictured left to right are Dawson Pratt, 54 (440, 58.7), Larry Harvey, 51 (880, 2:16.8), Jim Sutton, 59 (1320, 3:37.4), and Norm Green 58 (1 mile, 4:56.2).

Photo by Jim Hodge

Congress Okays "Senior Olympics"

An agreement has been reached between the U.S. National Senior Sports Organization and the U.S. Olympic Committee allowing USNSO to use the words "Senior Olympics" as part of the identification of its national games.

As part of the agreement, the national games will be called "The U.S. National Sports Classic — the Senior Olympics," according to Ellen Conant, USNSO President.

"We owe a debt of gratitude to U.S. Sen. John Danforth (R-Mo) for introducing legislation in Congress calling for the name change and for his efforts in bringing the USNSO and USOC together to reach agreement," Conant said.

The 1991 biennial event will be held in Syracuse, N.Y. It is open to men and women, 55-and-up, who qualify in local Senior Games.

El Mostafa Nechchadi used *PAINZONE* on his tired legs before winning the 1989 Philadelphia Distance Run.

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Unlike other sports rubs, *PAINZONE* does not create artificial heat... it can be covered and wrapped. Use the ointment in the black jar to eliminate chafing and to help prevent blisters. The cream in the white jar is absorbed into the skin immediately, bringing quick relief to tired feet, bruises, sprains and sore muscles. Plus, it won't soil or stain clothing.

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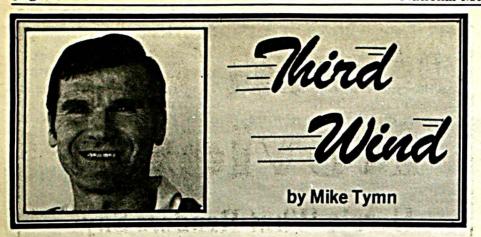


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Three-Story Shoes Not For Me

Remember the nursery rhyme about the old woman who lived in a shoe and had so many children she didn't know what to do? If that old gal had lived in a modern-day training shoe, she'd be living in luxury. Heck, she'd be able to house at least a dozen kids within the heel alone. If she had chosen a Nike shoe, she'd have had a big picture window on the ground floor.

Like that old woman who lived in the shoe, I don't know what to do. I can't run in a three-story shoe. What ever happened to good old basic running shoes?

The problem is that I'm in a minority, and you've no doubt read lately how some shoe companies ignore minority groups. Pronators and heel strikers are in the majority. I'm neither. I supinate slightly and land on my forefoot. My idea of a good training shoe is one with very little heel, a curved last, and good support on the front part of the shoe - all the way to the very front of the toe, not sloped down to the toe. When I'm standing in them, my toes should be pointed up and be an inch or so above my heels, just as if I were standing in a pair of track shoes.

When I try to run in a pair of those pillows they now turn out, I labor inefficiently and do not enjoy running. Moreover, my knees ache afterward.

Best Shoes Are Discontinued

Every time I find a training shoe made for those of us in my minority group, they discontinue the model after a year or so. Although it didn't completely satisfy my needs, the Adidas Torsion 5000 was a shoe I could run comfortably in. It, however, has been discontinued. A shoe "expert" for one of those mail-order places told me the Torsion 9000 was pretty much the same. I took his word for it, mailed off a check for \$82, ran a half-mile in my new shoes, turned back, and haven't worn them since. They're not the same.

I think my minority group is bigger than the shoe manufacturers realize. It's just that most people in the group don't know what they need in the way of a shoe. They're brainwashed into thinking they need a shoe with three stories in the heel and only one story in front. I suspect that there have been many who have given up running simply because they can't run comfortably in their shoes, or because they have developed knee problems from wearing them.

Much of my training in recent years has been done in racing flats. However, the racing shoes don't have enough frontal support for training purposes, and I've been forced to do most of my training on grass to avoid impact injuries. The problem with this is that there is not that much in the way



My all-time favorite racing shoe, Nike Country Canvas, circa 1970. Narrow and white, with a blue swoosh on the sides, weighing only 5 oz. with cardboard-thin bottoms and no other support.

Photo by Mike Tymn

of grassy courses readily available to me. I need a little variety in my running. As a result, I'm finding it more and more difficult to maintain an interest in running.

Leave Well-Enough Alone

Why do the shoe companies think they have to keep coming out with something different? Why can't they stick with a basic running shoe? The best running shoes I've ever had were those made 20 or 30 years ago. My alltime favorite was the Adidas kangaroo-skin model with crepe soles, made during the late '50s. Of course, that was before the kangaroo was an endangered species.

Another favorite of mine was the old red and white *New Balance* with corrugated black soles, circa 1960. That was back when you had to order them by mail and send the manufacturer a tracing of your foot. The only problem with that shoe, as I recall, was that

when it rained, you'd slip and slide on the slick floor inside the shoe.

Canvas Shoes

My all-time favorite racing shoe was called the *Nike Country Canvas*. I believe it was the first *Nike* shoe made, turned out during the early 1970s. It was a narrow, white shoe with a blue *swoosh*. It had cardboard thin bottoms with no other support, weighed only five ounces, and looked like a track shoe without spikes. Although it was intended as a cross-country shoe, this model was used by some road runners of the early '70s including myself. There wasn't a whole lot to choose from back then.

To me, those vintage Nikes were the perfect racing shoe — light, minimal support, streamlined, and white. They fit like a glove. Wearing such a shoe makes me feel fast. As a result, I run faster. Whenever I have tried a wide, box-toed shoe with pillows on the bottom, I feel like a plodder and run like one.

White Shoes Are Faster

I'm not sure why white shoes appeal to me. Maybe it goes back to the early 1950s, when I was running for the Alameda (California) High School track team and saw a pair of white track shoes for the first time. They were worn by a state-champion sprinter/hurdler/broad jumper named Monte Upshaw of rival Piedmont High School. He looked so flashy, and so fast in those white shoes. I guess I'm not the only one who thought that way, because it wasn't long afterward that nearly everyone began wearing white track shoes instead of the standard black.

I still have a pair of Nike Country Canvas. Until a few months ago, they remained unused. I had held on to them as something of a collector's item, although I had in mind using them for just the right race. That race finally came along. It was the annual Norman K. Tamanaha Memorial 15K in Honolulu. I won the inaugural race in 1978 and had won my age-division every year I had run it since then, setting the M40-44 record in 1979, the M45-49 record in 1982, and the M50-54 record in 1987.

But this year my undefeated ageclass record in the race was at stake. There was a new "kid" in the M50-54 division, and he had been beating me by narrow margins in the preceding months. I needed an extra edge. I had to take at least three years off my time.

Those vintage *Nikes* seemed to be the answer. I figured they would give me at least 30 seconds and that would make the different between winning and losing.

Aching Calves

I was wrong! Although I felt fast and fluid while keeping pace with my rival for half the race, I began to struggle during the second half as my calves slowly tightened. Over the final two miles, my calves were so knotted that I was on the verge of quitting. But I finished, losing by 41 seconds.

I could hardly walk the rest of that day, or for the next three days. I was unable to run for nearly a week because my calves had been so traumatized by the lack of shoe support.

I recall having tight calves following races wearing that model shoe in the '70s, but nothing like I experienced this year. Maybe my 53-year-old muscles aren't quite as resilient. Maybe I should have slowly broken them in — my calves, that is — before the race.

Those beautiful white racing shoes, now just a little soiled and worn, have gone back into the box and onto the closet shelf. They'll remain there until just the right race comes along.

But it's going to have to be a much shorter race!

In the meantime, I've somehow got to find a real training shoe so that I can maintain an interest in running. Please Nike, Adidas, Asics, New Balance, and all the rest of you shoe companies — please don't forget about those of us in the minority.



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Track & Field Rankings Report

by JERRY WOJCIK, TAC Masters T&F Rankings Coordinator

Rankings for the 1990 indoor 200, mile, and pole vault appear in this issue. The pole vault rankings, compiled by Tom Rauscher of New York and Robb Bong of Colorado, include marks from December 1989 indoor meets

The 1990 outdoor track & field rankings are currently being assembled. If your best 1990 marks in an outdoor event have not appeared in NMN by the January 1991 issue, send them with verification (meet, date, site, or an official's signature or a reproduction of the results from another publication) to the compilers listed below. It would be helpful if you converted any field event marks in feet and inches to meters before sending them to the compilers.

Send outdoor marks for track & field events (including the outdoor mile) NOT listed below to NMN. Do not send marks for a listed event because they will not be forwarded to the compilers.

At the Nationals in Indianapolis, I discovered that many athletes knew nothing about rankings but became very interested once the process was explained to them. Athletes who introduce new masters to the program should inform them of how rankings are compiled and about other aspects of the movement, such as how records, which have nothing to do with rankings, are verified; what the WAVA/TAC implement specifications are; and other fine points of masters track & field.

Send Your Best Marks to:

100, 200, 400, 5000, 4x100 relay, 4x400 relay, discus, hammer:

Larry Patz, RFD No. 1, Box 435 Contoocook, NH 03229

800:

William Benson, 6 Eton St., Valley Stream, NY 11581

1500:

Jerry Feldhausen, 1524 Biemeret St., Green Bay, WI 54304

10,000:

John Dickey, 9128 N. Swan Circle, Brentwood, MO 63144-1145

Shot Put

Allan Neville, 123 Mountain Rd., Concord, NH 03301

Javelin:

Thomas Flack, 4525 Fawn Trail, Loveland, CO 80537

High jump, triple jump: Charles Mercurio, 4927 West 123 Pl.,

Hawthorne, CA 90250

Pole vault: Tom Rauscher, 85 Sunset Blvd., Pittsford, NY 14534

Long jump

Robb Bong, 420 Silver Saddle Rd., Monument, CO 80132

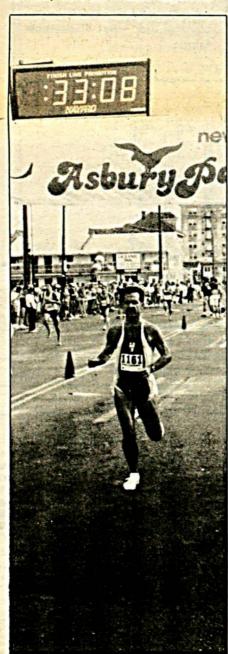
If your event is not listed above, send your marks to NMN with all documentation.

Asbury Park 10K Draws 4500

Continued from page 1

Second place money went to Nancy Oshier, 42, of Rush, N.Y., who followed close behind Filutze with a 35:48.4. Winning their divisions were Marilyn Greeley (W45, 40:01.1), Anna Thornhill (W50, 39:42.5), Wen-Shi Yu (W55, 44:14.7). Toshiko d'Elia (W60, 44:42.9), Lucille Mancini (W65, 57:52.3), and Althea Jureidini (W70+, 1:09:19.7).

British-born Steve Jones (M35, 28:45.6) and Christine Pfitzinger (31, 33:12.4) were the overall winners.



Philip Kircher crosses the finish line with a 4th place M40 (33:09.6) at the Asbury Park 10K Classic held in Asbury Park, N.J. on August 11.

Photo by Keith Quarles

Read The Reviews

Here's What Readers Say About THE MASTERS RUNNING GUIDE

"Higdon writes not of our limitations, but our possibilities as we grow older. A readable collection of advice."

- Michael Beebe, The Buffalo News

"It would have been nice to have had Hal Higdon's newest book a dozen years ago when I started running. It provides, in handy, concentrated form, information that it has taken me years to acquire."

- Maurice Hobbs, Minneapolis Tribune

"I generally stay away from endorsing books, but this one is worth making an exception for."

-Jim Ferstle, St. Paul Pioneer-Press

"I prefer books that will teach me something and that will assist me in improving my running. (This one) seems to touch that chord."

- Susan Kalish, Executive Director American Running & Fitness Association

"Easy to read with the large print helpful. Good information for masters runners."

- Ed Hamilton, Greensboro (NC) Running Club

"The job of President of a running club can sometimes get to be a chore. (This) book arrived at just the right time to give me a needed boost."

-Joyce Rankin (VA), Reston Runners

Buying this book may be the best move you make during the 1990 season

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MASTERS ATHLETE OF THE MONTH

Ralph Romain

A t first, it looked like John Campbell, 41, would again be the ICI Masters
Athlete-of-the-Month off his sensational world masters 10-mile best of
47:55 — a 99.4% age-graded performance — at the Crim Road Race on
August 25.

But at the North American Masters Track and Field Championships the same day in Trinidad & Tobago, Ralph Romain, 58, the world M55 400-meter champion, raced to an astonishing 53.55 in the one-lapper — an incredible 102.6% on the age-graded scale.

It's the highest age-graded mark ever established by anyone, anytime, and indicates the tables may have to be revised next year.

Romain's time bettered the world M55 400-meter mark of 53.98, set by Great Britain's Charlie Williams at the World Veterans Championships in

Melbourne in 1987.

Romain is a native of Trinidad & Tobago who works for the U.S. government in Washington, D.C. His younger brother, Dave, is an outstanding runner in northern California.

Romain will receive \$100 for his efforts — compliments of ICI.

Previous month winners were Dave Stewart, Gabriele Andersen, Campbell, Don Parker, Jim Law, and Larry Almberg.

Congratulations to Ralph Romain

— the ICI Masters Athlete-of-theMonth. □

Hand Times OK for WRs

Contrary to the report in the August issue of NMN, hand times are acceptable for world track & field age-group records, and, following the TAC/USA Convention in November, may be OK for U.S. records, as well.

NMN reported WAVA and TAC had decided to require automatic timing for record purposes. That's only partially true. TAC did, but WAVA didn't.

TAC Masters T&F Records Chairman Pete Mundle said he would try to convince TAC's Records Committee to withdraw the U.S. requirement at next month's convention in Seattle.

Thus, in all likelihood, records set with hand timing will be acceptable for the foreseeable future.



Wendell Palmer of Pampa, Texas, broke the age-58 AR for the 2 Kg discus (134.0) and the WRs for the 1.5 Kg. (166-1) and the 1 Kg. (185.0), in Texas.

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READ AND SIGN. WAIVER OF LIABILITY: In submitting my entry, I acknowledge that I fully appreciate and assume the risks of participating on a course with vehicular traffic even when the to damages or is liabilities of any kind for myself and for anyone a citing in my health, the risks of weather conditions and all other risks. I state that I believe I am physically fit for the race I enter. I waive all claims producers named and unnamed, their representatives and successors even if liability arise out of carelessness or negligence. WAIVER OF REFUND: I acknowledge that my registration fee will not be permission to all of the foregoing to use for legitimate newworthy or promotional purposes any visual likeness of me taken during or about the same time of this event. RULES AGREEMENT: I gree

. Date

to

Write On Continued from page 4

OPEN LETTER TO DAVID PAIN (WAVA North American Delegate)

We, the undersigned, request full refunds of the registration and bus fees on behalf of all registered competitors who did not attend the WAVA North American Regional Meet in Port-of-Spain, Trinidad (August 23-26). The conditions under which the meet took place were not the conditions to which we agreed when we paid the fees and made travel arrangements, i.e., 30 dead, 300 wounded, personal safety concerns, a curfew, a changed meet schedule, no electronic timing, etc.

When the coup in Trinidad continued several days past the original July 27th incident, in which the Prime Minister and several members of Government and Parliament were taken hostage, it was clear that the Trinidad Government did not have matters under control. This was further indicated when the Prime Minister and another hostage were shot by the rebels, with the other hostage later dying of his injuries. When, in addition to the insurgents' bombings, the general populace took to burning and looting businesses and buildings, it was very obvious that there was a general breakdown of law and order. Without taking sides with any of the political factions involved, it was clearly not the ideal destination resort.

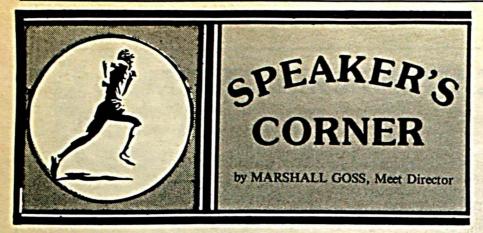
We feel that at this point David Pain (and other relevant official decisionmakers) should have made the decision to cancel the meet, to have given a full refund of fees to registered competitors (perhaps requesting that they donate the fee back to the meet organizers to help pay out-of-hand expenses which had already been disbursed), that WAVA similarly set up an emergency fund to make up the difference to the meet organizers so that they would not suffer any losses, and that the meet be awarded to Trinidad next time, in order to give the Trinidadians a chance to demonstrate their ability to put on a world-class event.

By the scheduled meet date (August 23rd), the coup was officially over but:

- 1. the curfew was still in effect from 7:00 p.m. to 7:00 a.m. and most of us felt that this did not represent good-value-for-money for a vacation. The curfew was later extended to 9:00 p.m. after the meet commenced and is still in effect.
- 2. plane schedules were and still are sporadic at best. Most of the travel industry, including tour operators and cruise lines, cancelled tour packages and scheduled stops in Port-of-Spain and this moratorium is still in effect (8/31/90).
- 3. there were varying degrees of fear among the registed American and Canadian competitors, i.e., fear of terrorist threats against North Americans, fear of threats to personal safety, fear of food shortages. For many this was to have been a family vacation and we Continued on page 26

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1990 National Masters Championships

read with much interest the article in the September 1990 National Masters
News about "The Good, The Bad and The Ugly."

It is always great to read about the good. It is heleful to been the bad

It is always great to read about the good. It is helpful to hear the bad. However, the ugly is always hard to take for both sides.

We were more than happy about the way the Podkaminer Computer Program worked. It plugged into our scoreboard and gave a touch of class to the meet (I believe that this was the first national meet to have the heats, results, and information on an electronic scoreboard). We hope that most of the athletes enjoyed this aspect of the meet.

The volunteers were reported to be plentiful and enthusiastic. This is what we have worked toward since the first International Meet of 1982 held in this stadium. We have strived to create

both plentiful and enthusiastic officials with a knowledge of the sport.

Thanks for the positive mention of the work completed by the records clerk. It has always been our intention to complete this task in a professional manner. It would be beneficial for the National Masters Committee to put together a records-form packet to put in the local organizers hands well ahead of the meet.

We were most happy to maintain a schedule that allowed the athletes to participate at scheduled times except for a couple of field events (javelin and pole vault, delayed by heavy rain). However, the athletes and officials did a more than noble job at staying with those competitions.

We were happy that the medical staff and masseurs received an excellent grade. They are very professional and organized to the last detail. We hope that all were treated as the Masters they are.

Dwelling on the bad will never help. However, looking at the facts of the bad may help the meets of the future and our experiences may make us aware of how to handle or eliminate them. Let us speak to each and make some suggestions.

Declaration Problems:

Let's look at the declaration process of the past meets and then what we tried to accomplish at the meet. First, declaration processes have not been used in the past. Heats (when used or needed) have been seeded from the total entries in each event with seeded sections in some events (400m - 800m -1500m). It was the feeling of the Masters Committee that because of no shows, scratches, etc. the best athletes did not always get into the finals. Therefore, it was the Committee's wish that we try a declaration process much like the one used in Eugene's World Championships.

We were excited for we have, for many years, used a system that allowed declarations to within one hour of competition. With a two-hour declaration limit, we would be able to seed and post heats within 30-45 minutes. That would allow the athletes time to know which heat and lane assignment they had before reporting to the clerking area.

It became apparent from day one, that the athletes did not understand or could not follow the declaration process set forth. Therefore, the Masters Committee needs to set up a process that would become standard so that the athletes will be familiar with the declaration process (remember that this will take some time to establish).

I am sure that it can and did work in Eugene where the athletes were a more captive group. The "Capers" program is a very good program that can do the declaration process, but we know that with our trained and professional operators the Podkaminer Program was best for us. It gave quick results, seeding was most excellent and it is compatible with our scoreboard. We just needed the declaration process followed.

Scheduling Problems:

We the management do admit that the wrong schedule was printed in the first mailing. However, it did not appear under the heading "Tentative Schedule of Events, final scheduling will be published and posted 8/1/90." We sent all participants meet information and a final schedule upon receipt of entry (only four individuals called with an uncontrollable scheduling problem). We must and will take some

blame for poor editing of the first mailing. We tried to correct the problem as soon as possible and ran corrected entry forms in two issues of the National Masters News.

Age Graded 100:

I did promise help with the Age-Graded 100 on Sunday. It was scheduled between its sponsor and myself to happen after all events were completed. Again, many things took place after our scheduling of the event. The sponsor did not like the schedule developed at the National TAC Convention in Washington, D.C. and wanted a change in the schedule. He contacted the meet administration and obtained a change. I very well could have been informed of the change, but to this day do not remember it. If this was an oversight on my part I trust everyone will accept my apology.

There were other problems that became apparent with this type of event. 1) The sponsor asked that we raise \$1000 for prize money or that he would come up with the money. 2) A national promoter came into town to raise the money and contacted a sponsor we had already procured and because of this contact we lost the sponsorship. Again, we had agreed to the Age-Graded 100 and should have given it equal time. I might suggest that a competition policy be developed as to special events with prize money, who should finance it, when should the competition take place, etc.

Why One Number?

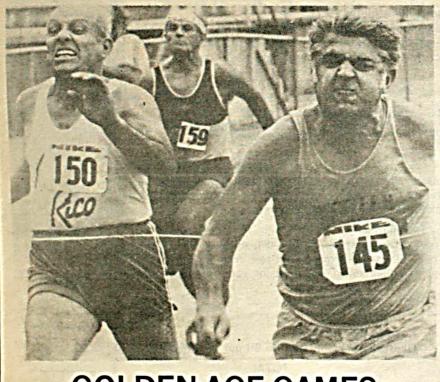
This was just a decision that we made to maintain our budget. True, it's only a small item but many large meets are conducted with just one number. We were not playing to an overflow crowd and only races of 5000m and over could have duplicate numbers. It was suggested by the announcer that we have room to place the age group, which we did. However, we were not aware that the age-group numbering was as important as it seemed to have been to some people. I think that all participants were or should have been aware of who they were competing against, since the age group prefix was placed on each number and most participants know one another.

"It Cost Too Much"

I did make the statement that it cost too much several times when questioned by the Editor of National Masters News. I stated several times that we had developed a projected budget based on several incomes - entry fees, sponsorships, National Masters contributions, sales of souvenir items, etc. It became apparent that we would not meet our projected budget due to several reasons: 1) sponsorship was down because of lack of time to secure a national sponsor due to our late acceptance of the meet from New Orleans; 2) The National Masters Committee did not contribute as in the past - it has been stated by some that only the two meets held in Indianapolis

Continued on page 15





GOLDEN AGE GAMES

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Margaret Lee 2:16:48 in Hawaii, May



Integrity Important To Age-Group Runners

n my way to a win in the 500 Festival Mini-Marathon last May, Gaylord Davis got in my way. Not that Davis tripped me, but the effect was the same. The runner from Indianapolis, who competes in my age group (55-59), wasn't even on the course that day. It was Davis' failure to follow the rules that got in the way.

It's not nice to steal someone's agegroup award. I had gone to Indy mainly to race Dick Wilson, another Indianapolis runner, and winner of his age group at the Mini eight years in a row. Pretty impressive. One of Wilson's wins was over me. Naturally I wanted revenge.

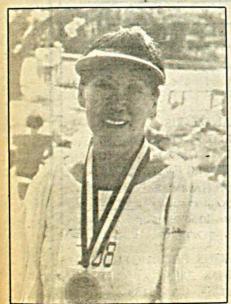
Nothing personal. It's like your buddy takes a couple of bucks at poker with a flush over your straight and you can't wait to get the bum back at the table to get even.

So I headed to Indy to go mano-a-mano with Wilson, but with a drenching rain and 10,000 other runners on the 13-mile course from Monument Circle to the Speedway, I never spotted Dick. After finishing, I dallied on the line and saw Ken Long, a local race consultant.

"Has Dick Wilson finished yet?" I asked.

"Haven't seen him," said Long.

Less than a minute later, along came Wilson. He said I had passed him with several miles to go. Wilson seemed disappointed to see his string snapped, but said politely: "If I had to get beat, I'm glad it was by you." Faced with such grace in defeat, I almost felt guilty in victory.



Margaret Lee, 70, set a W70 + course record of 2:16:48 in the Windward Half-Marathon in Hawaii, May 20. Photo by Tesh Teshima

That was before I learned about Gaylord Davis.

Several months after the race, I received my medal in the mail. It was for second place! I checked the results booklet and found Gaylord Davis listed as winner. Gaylord Who?

I was suspicious that Davis might be another John Bell. Bell was the Marion, Indiana industrialist who was listed as the winner of the 40 + division at the 1986 New York City Marathon until officials reviewed videotapes and discovered he had passed none of the checkpoints. Later research uncovered the fact that Bell had been recording progressively faster times for four years at both the Boston and New York Marathons. Nobody caught him until he reached too high. After a hearing, The Athletics Congress stripped Bell of his card.

But my suspected Indy impostor could have been another Norm Green. Green was the 49-year-old Baptist minister from Wayne, Pennsylvania, who ran an unbelievably fast 2:31 in the Philadelphia Marathon — in only his second road race. Sounded suspicious to me for an unknown, but Green was legit, as he proved with subsequent age-group victories. Green had been training for ten years, but had never entered a race.

Was Gaylord Davis a John Bell or a Norm Green? I called Ken Long and asked him to check.

Long reported that Davis owed his allegiance to Bell. "He gave his number to his son," explained Long. It was Bret Davis, 31, who beat me, not his father who was ir my age group. Switching numbers is against the rules—it's like marked cards in poker. That had happened once before at the Mini. Some guy ran the race wearing his girlfriend's number, then sent her to collect the cash prize. Long had uncovered that fraud, too.

Davis eventually called, not to apologize, but to agree to return the medal. "I told Bret not to go through the finish chute," he alibied. By then,

it was a month after publication of the results. I said nothing, but wondered whether he would have reached higher, like Bell, if not spotted by Long.

Baseball officials pontificate about "the integrity of the game," when one of theirs is caught gambling or snorting cocaine. Same with running. Integrity is at stake. Stealing a medal will hardly win you a place on the FBI's Most Wanted list, but a lot of age-groupers motivate themselves by competing among their chronological peers. Sure, it's important to us — that's why we get upset at skewed results. Playing with a marked deck ain't fair.

Yet I hate to hassle race organizers, because putting together a 10,000-runner event also ain't easy. The Mini organizers might decide agegroup awards are too much bother and eliminate them. For several years, Ken Long has fought to expand the 500 Festival Mini-Marathon awards from ten- to five-year age groups. I don't want to undo his work by seeking revenge, or causing too much of a fuss.

With war threatening in the Middle East, should we worry about a conflict between old men over who won what medal? Probably not. I didn't admonish Davis, the Indy impostor, when he called. I simply hung up the phone and later contacted The Athletics Congress and 500 Festival Associates requesting that Gaylord and Bret Davis be suspended from future competition.

Again, it's nothing personal. I just don't want to see them in my way again.



George Feinstein, 76, 1st M75 (25:43), San Gabriel River 3-Mile. July 4, South El Monte, Calif. Photo by A. Martinez

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Pagliano's Podiatric Pointers

THE FOOT BEAT

by JOHN W. PAGLIANO, D.P.M.

Delayed Onset Muscle Soreness (DOMS)

I am a 42-year-old runner. About 12 hours after running a long race, my muscles — especially the hamstrings — become extremely sore and painful. Why does it take so long before I begin to experience any pain, and what can I do to prevent it from happening again?

The condition you are describing is a common ailment, especially among masters long distance runners and marathoners who have recently completed a competitive run. Known as DOMS (Delayed Onset Muscle Soreness), the athlete will generally experience pain and soreness about 8-10 hours after activity.

At this point, the discomfort is usually mild, but often progresses in severity, reaching a peak of intensity in 1-3 days. Most of the pain is concentrated in the stomach muscles, hamstrings, and in the front thigh and shin areas.

There has been a lot of research done on this problem — most of it nonconclusive. Some studies believe that the pain is caused by excessive exercise and pounding, which causes fragile tissues to tear. But the "torn tissue" theory doesn't explain why it takes so long to feel the pain. Normally, if you tear a tissue, it hurts at the time of the injury.

Other theories attribute DOMS to localized muscle spasms or an increase in fluids in the lower leg area. When the sore muscles are slowly stretched, the spasms are relieved and the fluid is dispersed, providing some relief from the pain.

But the most obvious cause of DOMS appears to be downhill running. This kind of running magnifies the intensity of muscle contractions, contributes to tendinitis, and aggravates knee problems.

Although most DOMS problems could be eliminated by stopping downhill racing completely, that is not always possible for the competitive runner because most road race courses are not totally flat.

For the athlete who suffers from DOMS and still wants to continue long distance running over hilly courses, my advice is to stop downhill racing until the pain subsides. Then prepare for your next race with a training regimen that includes some downhill runs for a few minutes each week. Make sure the incline is only about 10%. This type of training will allow the muscles to gradually adapt to the stress, and help alleviate a recurrence of DOMS.

As with all persistent pain, a thorough diagnosis by a physician is often in order. In addition, you should not overlook the basics of injury-free athletics — good training shoes, proper stretching techniques, and a gradual training program.

(Dr. Pagliano is a runner and a podiatrist in Long Beach, California. He is a member of the American College of Sports Medicine. If you have a foot, ankle or achilles question, write to Dr. John Pagliano, The Foot Beat, NMN, Box 2372, Van Nuys, CA 91404.)



Gene Steiner, 55, oldest finisher and first M50-59 (10:32:38), Rocky Mountain 50 Mile, Cheyenne, Wyo.

Photo from Brent Weigner



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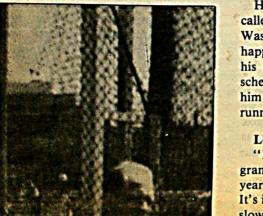
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Larry Almberg

alk about a masters sub-4-minute mile and the names that usually creep into the conversation are Rod Dixon, John Campbell, Wilson Waigwa, and Domingo Tibaduiza. But so far, none of them has come as close this year as the often-overlooked Larry Almberg.

At 43, instead of slowing down, Larry is actually getting faster with each passing year. When Larry was in college, he ran the mile in 4:10 - now, more than 20 years later, he beat the pack in the July 29 New York Games by turning in an astounding 4:06.70 in the Runner's World Masters Mile, the fastest world mark in



How does he do it? That's why we called him at his home in Ellensburg. Wash., to find out. He was more than happy to take time out from painting his house to talk about the training schedule that has helped to catapult him into the ranks of the top masters

Low Mileage

"I believe in a gradual training program," he said. "It's taken me a whole year to reach this level of conditioning. It's important to have patience... to go slowly... and to set performance goals that are attainable.'

According to Almberg, low mileage has contributed to his longevity. "I'm not rundown or burnt out," he recently told reporter Marc Bloom of The New York Times. "I have a lot of life left in my legs because I try to keep my total distance down to 40 or 50 miles a week."

He also tries to vary his workouts. Some days it's weight training and calisthenics - others it's drills and working on his form. "I like to keep my training program interesting,' Almberg noted. "Once boredom sets in, I change my routine and try different techniques. Anything to keep running fun."

Pool Training

One of Larry's favorite training regimes is pool running. At least once or twice a week, he follows his weight training session with several energetic sets of deep-water runs.

"Normally, I like to do four repetitions of two minutes and ten seconds each with a 20-second rest in between," he told NMN. "That comes out to about a half-mile for each set. I run as hard as I can, and I use the strength of my body to keep me upright in the water. I know some runners rely on a float to keep them up, but I think that defeats the whole purpose of the workout - which is strength and endurance."

Almberg feels that pool running has helped to keep him relatively injuryfree because the water eliminates most of the stress and pounding on the

"Pool work has also improved the range of motion in my quadriceps and hips," he said. "My stride is a little longer and my running is a lot more fluid."

Had Achilles Problem

Since the former marathoner began running the mile three years ago, his only major physical problem has been with his Achilles tendon. Most of the trouble seems to have been the result of over-training in spikes. Now, he does most of his speedwork in flats and gradually adds the spikes a few weeks before a race.

"I'll do the sprints in training flats, then on alternate days work in the spikes," he told us. "I never do more than one or two miles at a time in the spikes. And for walking around, I've switched to a volleyball type of shoe with a lower heel. So far my strategy seems to have worked and my Achilles problem is a thing of the past.'

Speedwork

Before a big race like the New York Games, Larry concentrates on speedwork. One of his mid-week routines is to run 300s in sets of four. Each 300 is followed by a 100 recovery with a 1/4-mile jog between sets.

"I give myself a goal with each set," he remarked. "For example, the first set I try to do in 47 seconds, the second in 45, and the third in 43." Then he laughed. "But sometimes it doesn't always work out the way you plan it. Often my times get higher instead of lower with each set."

Another speedwork technique, which he usually saves for the

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weekends, is what he calls "30-30s." He likes to do 8 to 12 200s in 30 seconds each with a 100 jog in between.

Gradual Training

"Even though my total mileage is relatively low, my workouts are very strenuous," he cautioned. "My training schedule isn't for everyone - it took me a long time to get to this point, and I got there slowly.

'I don't believe in over-doing things because that only leads to injury. And, when I'm hurt, I don't do anything until I'm well again. Working through the pain is not part of my philosophy."



Daily Training Schedule - Larry Almberg

Monday Tuesday

1 1/2-mile jog. 8x200 sprints on a track with a 1-minute rest between each, followed by another 11/2-mile jog. 5-mile run in the morning. Another 5-mile road run in the evening with several short accelerations.

Wednesday

Morning: 1) weight training plus calisthenics; 2) pool running; 4 repetitions of 2:10 with a 20-second rest between each; 3) 3 sets of 4x300s with a goal time of 47, 45, and 43 seconds respectively. Recovery is a ½-mile job between sets.

Evening: a track workout of 200, 400, 600, 800, 600, 400, and 200 with a 1-minute rest between each, followed by 3x200s.

Thursday

9-mile road run.

Friday

Weight training and calisthenics in the morning. Sets of 8-12 200s in 30 seconds each with a 100 jog between sets. In the evening, drills such as bounding, skipping, knee lifts, etc.; works on form and running mechanics.

Saturday

9-mile road run.

Sunday

7-mile road run, followed by 4x150y sprints with 250y jogs between each.

Total Mileage for the week: 40-50 miles.





MASTERS TRACK & FIELD REPORT

by BARBARA KOUSKY
Chairman, TAC Masters Track & Field Committee

Convention Schedule

n this page is the tentative schedule for our Masters Track and Field Committee for TAC's Annual Convention in Seattle on November 26-Deccember 1. Not included are the Wednesday and Saturday TAC general meetings nor the numerous administrative and special committee meetings in which your delegates will participate.

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The convention schedule is always full, and there are generally scheduling conflicts where the delegates have to decide which meeting is the most important. I urge you to look at the agenda items and to contact committee members (listed in NMN) or your Association delegates and give them your input. In addition, the suggestions received at the athletes' meeting at the indoor and outdoor championships will be acted on during our meetings.

As your chair and representative, I serve as a member of the TAC Executive Committee, as does our Masters LDR chair, Charles DesJardins.

On September 8-9, we again participated in an Executive Committee Meeting in Chicago (the sixth this year). The reorganization of the TAC National Office was the main item on the agenda. Charles and I both agree that while the demands on our time are greater than ever before, this is a very important and exciting time for us to be involved.

If our sport and our organization is to succeed and continue to grow, we (all factions in TAC) must work together. We see the reorganization as an important element in moving our sport into the '90s. The reorganization clearly defines areas of responsibility which will make it easier for both committees to interface with the National Office.

The new structure approved by the Executive Committee was recommended by a Subcommittee headed by Dr. Evie Dennis. Serving with Dr. Dennis were Jimmy Carnes, Herman Frazier and Julia Emmons.

Ollan Cassell will remain as Executive Director. Assisting him will be two senior staff, a Director of Administration and a Director of Operations. The Director of Administration will direct day-to-day functions of the Federation in the absence of the Executive Director.

Both the Masters T&F Committee and the Masters LDR Committee will deal primarily with the Director of Operations, who is the national office liaison with the sports committees as well as with the Athletes Advisory Committee. The Operations Director will be responsible for the management control of all TAC events and the drug control program. Reporting to Operations will be an Events/Projects Coordinator and an Athlete Services/Development Coordinator, who will carry out routine functions as needed.

Working closely with the Executive Director, the Director of Administration will oversee the marketing, promotion, public relations, and the administrative affairs of the Federation. Three coordinators will report to this Director: the Marketing and Promotions Coordinator; the Public Information and Media Relations Coordinator; and the Chief Financial Officer.

TAC to Hold 12th Annual Convention

The Athletics Congress' 12th Annual National Convention will be held from November 26 to December 1, 1990, at the Seattle Sheraton Hotel in Seattle, Wash.

On this page are:

- 1) Convention Registration Form
- 2) Hotel Reservation Form

If you need additional registration forms or hotel reservation cards, please contact TAC, P.O. Box 120, In-

dianapolis IN 46206 (317-261-0481.)

United Airlines, the official carrier for the Convention, is offering a 5% discount off any published round-trip fare, or a 40% discount off unrestricted round-trip coach fare. To obtain the United discount, call 800-521-4041; use the special TAC account number of 0148J.

If you're an Association delegate, you should be receiving these materials from your Association.

Tentative Schedule of Masters T&F Committee at TAC Convention in Seattle, Wash.

The following schedule has been set for the Masters Track and Field Committee meetings. Additional sessions will be added if needed. All meetings are open to delegates and any interested persons. A full convention schedule is available from the TAC/USA National Convention Committee, P.O. Box 120, Indianapolis, IN 46206.

Tue. Nov. 27	9:00 a.m 12 noon (Executive Committee)
	6:00 p.m 11:00 p.m.
Wed. Nov. 28	8:30 p.m 11:00 p.m.
Thu. Nov. 29	8:30 a.m 11:30 a.m.
personal restriction from	2:30 p.m 6:00 p.m. (Joint meeting with Masters
the later is minuted to	
Fri. Nov. 30	9:00 a.m 12 noon

Agenda items include Budget, Awards, Standardized Championship Schedule, Committee Reports, TAC Elections, Uniforms, WAVA Delegates, Competition Manual, Drug Testing, Rule Changes, Site selections, Sectional Reports, Long Range Planning, World Championships, Team Managers, Sponsorship, and Coaching for Masters.

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-NAACP Supports Little——

The Indianapolis branch of the NAACP has agreed to assist Frank Little in the assault and battery charges he filed in Marion County against Marshall Goss, meet director of this year's National Masters T&F Championships.

Little, an M45 sprinter, charged he was thrown out of a tent into the rain at the track by Goss, who also made a remark Little considered racist.

Dr. A.D. Pinckney, President of the Indianapolis NAACP, in a letter to TAC president Frank Greenberg, said: "We will follow the charges filed by Dr. Little... to see that they are processed completely and competently."

Pinckney said Little is a "cultured, well-educated gentleman, and dedicated teacher... who was totally unprepared for the type of treatment he.received."

The letter called for Goss' dismissal as a TAC official and said "if he is present as a TAC official at any future track meet in Indianapolis, the NAACP will make every effort to picket the event."

Pinckney added that the NAACP was also writing to the President of Indiana University and "asking that he be dismissed from the university."

When contacted at his office in Bloomington, Goss said he would have no comment other than the statements he made in this month's Speaker's Corner column. TAC is investigating the matter.

Speaker's Corner

Continued from page 10

(1985 & 1990) received no financial support from the National Masters Committee (this was in no way a big problem as the contribution is not in the form of a national sponsor).

We knew that it was our responsibility to secure the finances to conduct the meet in a professional way. Therefore, cuts had to be made in areas that we felt were not as important or had not worked well in the past. Budget items such as official's party, transportation, tenting, dual and series numbers, etc. were cut or eliminated. We tried to maintain as many of the projected personal items as possible. We were contacted by the announcer and informed that he had announced all the national meets except the 1985 meet in Indianapolis and wished to annouce the 1990 meet. He stated that he had received travel, lodging and a substantial honorarium from other meet managers. We agreed to pay his travel and lodging. The honorarium was based on the outcome of the budget. He was to act as the head announcer with 3 to 5 assistants. It was our understanding that, as head announcer, he would use the assistants to best fit the situation and that one would be assigned as a field aid. This was not done. The head announcer was receiving a substantial amount of remuneration and no other official was receiving

Along with the announcing came other demands, a table to advertise the National Masters News. All other products which were sold or displayed had to become a sponsor. A decision should be made ahead of time by the meet sponsor if exceptions are to be made and it is doubtful if preference should be given to one person or group.

"We Want the Athletes' Money"
This statement was never stated to
the participating athletes. In fact, the

statement was made in an officials' meeting and not at any news media meeting. The actual statement went something like this, "I hope that you all will have a great time in Indianapolis, spend as much as you can, make the athletes feel good, we want them to spend their money, too." I feel that nearly everyone attending the officials' meeting enjoyed the jest of the statement and made light of it as it was intended. In fact, the officials' meeting was held with most head officials in attendance and some other officials who had arrived early.

The meeting covered each and every thing with all excellent intentions of putting on the very best National Masters Championship for the athletes.

With the above clarification I would hope that no one should believe that anyone was out to "get" someone. The fact that an official was at the meeting who is also a writer and chose to see negative implications to statements made in jest in no way makes that writer's interpretation correct.

The "ugly" claimed by Frank Little-Hinckson was viewed differently by each in attendance and reminds us that situations always have many perceptions that are not always what they seem to be and the motivations are even more difficult to judge. Therefore, it would not be to anyone's advantage at this time to enter into a long verbose debate over who said what, when, or what implications were meant by each.

In summary, educate about the declaration process, clarify the announcer needs, look at the budget items and obtain a total commitment for all priorities from the National Masters Committee. The 1990 Indianapolis Committee pledges our continued support to Dick Green and his committee for a first class meet in 1991.

Much Ado About Running

by JANE DODS

Ashland, Oregon, best known for its annual Shakespeare Festival, was the scene of an extremely well-produced race on Labor Day - thanks to Tom Burnham, Race Director, and the Southern Oregon Sizzlers. The Bard, himself, could not have wished for a more beautiful day.

One hundred seventy runners completed the very challenging course, which began in beautiful Lithia Park, shot quickly downtown past the Elizabethan Theater, and then climbed back through the park, ending with a great downhill sprint to the finish.

Overall winners were Tracy Garrison (26:38) and Leslee Parr (33:34).

Masters runners conducted themselves smartly, breaking course records in four age-groups: M40 Gene Solomon (27:29); M50 Mike Barrett (32:19); M60 Bill Stowell (35:46); and W50 Jane Dods (41:20).

Burnham said that next year he may come up with special masters awards; put this race on your schedule.

Campbell Wins Buffalo 4-Miler

by JIM NOWICKI

New Zealand's John Campbell, 41, took home \$1000 for easily winning, overall, the 10th Subaru Buffalo 4-mile chase in front of a record crowd of 12,000 in Buffalo, N.Y. July 21.

Campbell finished in 18:31, 24 seconds in front of Steve Schadler, 25. The time is a world masters best for the 4-mile distance.

"You're never too old," he said.
"I'm running faster now than I was 21 years ago. I'm being more cunning then when I was younger. I'm not doing a lot of stupid things."

Nancy Oshier of Rush, N.Y. ran 22:28 to break her own women's masters mark.

A record 1456 runners entered the race; 1261 finished. □

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Running in Romania? Jogging in Jakarta?

Marathoning in Moscow? Trotting in Turkey?

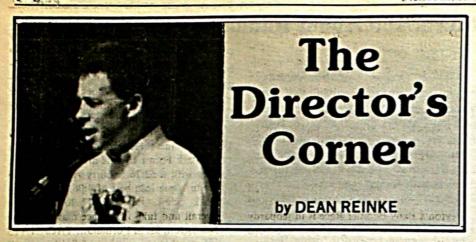
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Tibaduiza & Grayson Lead USRA Rankings

omingo Tibaduiza and Nancy Grayson were leaders of the Sorbothane/ USRA Masters Circuit at the half-way point of the 23-city circuit. Tibaduiza's victory at the Main Course Challenge has put him ahead of John Campbell. Grayson, newly turned master this last April, has been dominating the women's division as we move into the second half of the season.

Off a world-best at the Boilermaker and Crim Road Race, Campbell continues to amaze at every stop on the circuit and remains in hot pursuit of Tibaduiza who also has other masters close on his heels. Hamilton, who's currently in fourth place, has had an excellent season and will be among the front runners at the Naples Championships in January. Fifth-place Earl Owens of Atlanta started off the season strong, but was sidelined by an injury. Bob Schlau, who won the inaugural Sorbothane/USRA Masters

Circuit in 1988, is in sixth place and has a good chance to move up with a strong showing at the longer distances this fall. Last year's Circuit Champion Wilson Waigwa and 1988 Individual Circuit Champion Bill Rodgers, 3rd and 7th place respectively, should also be deciding factors when the Grand Prix Championship is determined at season's end.

The individual 5-year age groups are also very competitive. Ken Sparks, 45, continues to rewrite the record books

from the mile through the marathon and is battling Barry Brown for the M45-49 title. Washington, DC's Fay Bradley leads the M50-54 division, while Gina Faust of California appears headed for her third consecutive W50-54 circuit championship.

Defending Sorbothane/USRA Masters Circuit Champion Bill Fortune has his hands full in the M60-64 age group, with Herb Chisholm and Dick Benson pushing him hard. Last year's M65 champ, John McManus, will have to have a strong second half to overtake challenger John Hosner of Virginia.

The Sorbothane Cup Age-Graded Points Program competition is getting very interesting. Campbell, by virtue of his Crim Road Race World Best, has the top age-graded performance and leads the pack. Nancy Grayson, 42, has a commanding lead in the women's division. Barbara Filutze, coming off her performance at Asbury Park, has the best women's individual age-graded effort at 91.75%. Sorbothane provides \$100 weekly to a local charity in each circuit city in the name of the top male and female Sorbothane Cup Age-Graded performances.

The second half is a busy one as we move closer to Naples, Florida, and the third edition of the Sorbothane/USRA National Masters Grand Championship — the culmination of the 1990 Sorbothane/USRA Masters Circuit. We are very pleased to have selected the Vanderbilt Inn and The La Playa as the official hotels. The weekend will kick off with the annual circuit press luncheon on Friday, January 11. Packet pickup and late registration will occur that afternoon and the pre-race

pasta party will be held on Friday even-

Saturday, January 12, the masters will once again run separate from the open division of the Naples Open 8K. Saturday night will be the third annual circuit banquet where the \$10,000 Grand Prix purse for the Sorbothane/USRA Masters Circuit will be distributed. This year's circuit purse has been decided by the Executive Committee of the Sorbothane/USRA Masters Ciruit and will be awarded as follows:

Men (40-44) 1st-\$2500, 2nd-\$1500, 3rd-\$1000, 4th-\$750, 5th-\$500, 6th-\$250, 7th-\$100. Women 1st-\$1000, 2nd-\$500, 3rd-\$250, 4th-\$100, 5th-\$50, (45-49) 1st-\$250, (50-54) 1st-\$250.

All remaining individual 5-year agegroup winners from M55-70+ and W45-70+ will receive \$100 each. All athletes interested in participating should contact Dean Reinke & Associates, 400 No. New York Avenue, Suite 102, Winter Park, FL 32789, Phone (407) 647-2918, Fax (407) 647-0433.

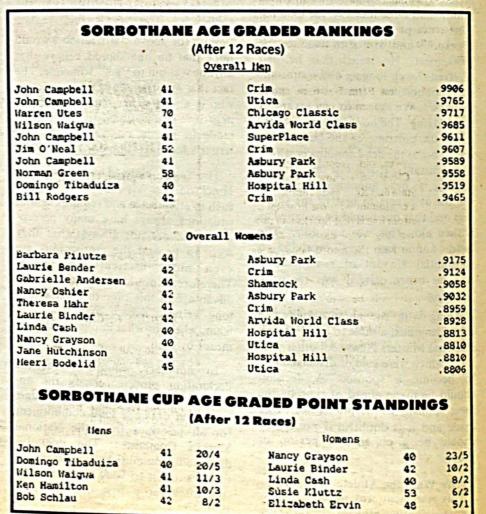
CIRCUIT HAPPENINGS

The second half of the season will include three Western events and provide significant opportunities for athletes to accumulate points. The next five Sorbothane/ USRA Masters Circuit events are as follows: September 29-Hardee's Southern Jubilee Run. This 5K run in Macon, GA, will feature Bill Rodgers and several Southeastern athletes. Contact (407) 647-2918... October 6-Myriad Gardens Run 10K, Oklahoma City. While the purse has been cut back, the comeptition will still be strong as ever. Contact Jeannie Giles, (405) 842-4141, for athlete information... Nashville Music City Championship 5K. New to the circuit in 1990, this also is the Continued on page 17

1990 POINT STANDINGS SORBOTHANE/USRA MASTERS CIRCUIT

(After 12 Races)

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filson Maigua	32/4	Charles Dotson	5/1	Gloria Brown	6/2
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The Director's Corner

Continued from page 16

site of the National 5K Open Championship. Contact (615) 833-4124 for athlete information... October 14-Tandem Dayton River Corridor Classic Half-Marathon, For years, one of the Midwest's top events, it's in its first year on the Sorbothane/USRA Masters Circuit. Contact (513) 885-4683 for athlete information... San Antonio Marathon, November 11th. John Pernell & Company do a terrific job. (512) 732-1332.

Yes, that was John Campbell on the awards stand at Asbury Park, dominating the masters as usual, but also being competitive among the open runners... Canadian Dave Stewart is back running and looking for a second-half circuit comeback. Don't count him out come Naples... The Charlotte Observer Marathon and 10K has increased its purse to \$60,000. Masters men and women champions in the marathon and 10K will receive \$2250 a piece. There's over \$16,000 in prize money dedicated to masters... Bill Rodgers again won the masters division of the Charleston Distance run in West Virginia on Labor Day weekend... Priscilla Welch has been scarce on the U.S. road racing scene as she's prepping for a major effort in New York this fall... It appears Bob Schlau is headed for Chicago and its \$5000 first place prize purse later this month.

The local running club officials in Hilton Head are thinking about resurrecting that cancelled event in December or February... John Campbell finished fifth overall in a World Best 47:55 for 10 miles at the Crim Road Race. Laurie Binder won the women's masters and finished ninth overall in 58:34... Former University of Kentucky stand-out Paul Baldwin finished among the top five at the Crim. Look for Baldwin more and more on the national road racing scene... Officials at the Dallas-based Komen Foundation have announced plans for a nationwide Race For The Cure running series for women. Their events in DC and Dallas last year attracted over 15,000 runners.

Traveling gypsy John Campbell appears headed for West Palm Beach or another Florida locale to make his permanent home... Campbell's fellow Kiwi, Rod Dixon, fully recovered from his pneumonia, is looking to get back into competition this month... 45-year-old record setter Ken Sparks of Cleveland is now teaching at Cleveland State and Kent State fulltime and serving as a consultant with the hospital he left. The bottom line is that Sparks will probably be training even harder than he already is, so keep the record-book pages open.

ESPN's Running & Racing Coordinator Hal Rothman will be working with the Grand Bahamas and Gainesville Road Races in putting together their fields. Hal's wife, Bobbie, is one of the top women masters and three years ago graced the cover of The Runner Magazine... Domingo Tibaduiza defeated a stellar field including Wilson Waigwa and John Custe in Denver's Main Course Challenge. Nancy Grayson topped the women's division... Canada's Ken Hamilton captured the New Haven 20K Road Race masters division on Labor Day... The Capital Trail Run, cancelled earlier, has been resurrected and will be held on Sautrday, December 1, in Raleigh and remains a members of the Sorbothane/

USRA Masters Circuit... Charlotte will be the home of the first annual South Park Turkey Trot, which organizers hope to make a strong regional event and lead in to the Charlotte Observer Marathon Weekend... Marathon month coming up appears to be as exciting as ever. \$27,500 will be distributed in masters money at the Twin Cities Marathon, October 14, in Minneapolis. The Chicago Marathon, October 28, will disburse \$18,700 to those 40 and over. New York City will offer \$12,000, while Columbus, site of the men's TAC open championship, will distribute \$4,000 to masters, November 11... Gabriele Andersen has been injured most of the summer, but will be back on the roads within the next 30 days... The Bowling Green Classic 10K will distribute \$500 to the first

place master at its October 13th event... Mazda has joined the Detroit Free Press as shared-title sponsor of that city's marathon, October 14... November 14th Old Reliable Run in Raleigh will feature \$4,000 masters purse... Vulcan Run in Birmingham one week later, November 17, offers \$1800 in masters' money.

Kudos to Bill Burke and his San Diego Marathon contingent for their master prize structure. Every first place finisher in each 5-year age group from 45-69 receives \$50. \$1000 will be distributed to the overall masters male and female winner... Michael Peyton's Baby Boomer Race is in jeopardy with the pull-out of Magnavision. No word on the restructured prize money for the controversial December race... Spokesperson Bill Rodgers reports that Alamo's

3-race series will double in size in 1991... Frank Shorter will appear at the February Cow Town Marathon and 10K Weekend in Fort Worth as featured speaker and celebrity runner... Ken Hamilton and Pennsylvania's Barb Filutze pocketed \$2100 for their masters win at Maggie Valley 8K in late August. Finishing second was masters newcomer Tony McManus of New Zealand who was just three seconds back. Tony won the Park Forest 10-mile in Chicago a week later with a 52:26... Larry Almberg, fresh off his American best of 4:06.7 in the New York Games ran a 24:17 to finish 6th overall and take first place masters at the Nordstrom 8K in Portland... TAC/STATS reports that the number of finishers in 5K races grew 33% in 1989 from the previous



National Masters Grand Championship

oin the sport's best in Naples, Florida on January 12, 1991 for the 3rd edition in what is annually the best masters field ever assembled - the culmination of the 1990 Sorbothane/USRA Masters Circuit. Participants will run the 8K course for a masters prize purse, including the season-ending \$10,000 Sorbothane/USRA Masters Circuit Grand Prix.

Among those who have competed in the past include some of Masters running greatest names. These include Bill Rodgers, Jim Ryun, Frank Shorter, Priscilla Welch, Barry Brown, Wilson Waigwa, Bob Schlau, Dave Stewart, Barbara Filutze, Nancy Oshier, Gabrielle Anderson, Graziella Striuli, Laurie Binder, Norm Green, Ed Benham, Jane Hutchison, Mario Cuevas, Domingo Tibadueza, Hal Higdon and many more.

The Sorbothane/USRA Masters Circuit National Masters Grand Championship is part of the NAPLES RUNNING & FITNESS WEEKEND. The weekend includes an open 8K run, 5K family Healthwalk, pre-race clinic and expo. Race headquarters will be the spectacular oceanfront Vanderbilt Inn on the Gulf of Mexico.

The event is produced by Dean Reinke & Associates, 400 N. New York Avenue, Winter Park, FL 32789; (407) 647-2918/ FAX: (407) 647-0433

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Enclose your \$15 registration fee and a self-addressed, stamped business-size envelope. Make your check or money order payable to Naples Running & Fitness Weekend. Entries should be mailed to:

Naples Running & Fitness P.O. Box 8636. Naples, FL 33941 (407) 647-2918

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SIGNATURE (Parent signature for participant under I8 years) No refunds on entry fees. This form can be copied and used for additional registrations

SMLX Age Date of Birth Zip Code Are You a U.S. Citiz

WHICH EVENT ARE YOU ENTERING?

Interview With Norman Frable

Torman is Co-Director of the Midland, Texas, 20K Masters National Championships, and has been racewalking for 14 months. In the 5K Nationals May 12, his time was 26:31; at the Masters Outdoor Championships Aug. 2-5, his 5K time was 25:17, 4th overall, and his 20K time was 1:53:50, 6th overall. Norman just turned 45.

EW: What started you racewalking?

NF: I'm 6'5" and my knees began to give out from running. The tissue behind my knee caps started wearing away. It was very painful and sore. About this time, two friends of mine went to a walking clinic given by Barbara Ayers. They came away very excited about racewalking and got me interested.

In February of '89, there was a local walk and I said, "Well, I can do that!" So I entered the race and some 63-yearold guy beat me. Even though I tried to keep up with him, he finished two blocks ahead of me. That's when I figured I better start training. At that time, all I knew about racewalking was to keep my knees straight and stay on the ground.

Three months later, Barbara gave another clinic which I attended. She said I had pretty good form, gave me a few pointers, and I started working on them. Then I bought Rudow's book and tape last fall.

EW: I gather the walking doesn't bother your knees as much as the runn-

NF: Nothing bothers my knees now. My back is stronger than it was when I was running. So is my diaphragm... my legs... everything. Physically, I see a 100 percent improvement. In the last four or five months I've dropped my time from a 10-minute mile to just over an 8-minute mile.

EW: Your fast improvement is very inspiring for new walkers. How much do you train?

NF: I walk between 40 and 60 miles a week. I try to do about 41/2 to 6 miles a day; or 10 miles, 5 miles in the morning and 5 in the evening. Normally, I do 9 to 10 miles on Saturday, and 13 to 14 on Sunday.

For speed work, I do 880s at a track. I started off with 220s, then 440s, and now to eight 880s. I can do a 440 in

1:45 but I can't keep it up. I do the 880s in a little less than 4 minutes. My best mile time is 7:24.

EW: How about eating?

NF: I watch my diet. I eat protein the week before a long race, then carbohydrates for four days and something light the day preceding the race. No pasta, parties or carbo loading the night before.

EW: How about your strategy?

NF: I've made a few mistakes. In

Oklahoma I started out too fast, and was clocked at 6:40 the first mile. I burned out after 11/2 miles. In the 5K at Indianapolis, I tried to maintain a pace just under an 8:00 minute mile, but I had too much left after the race was over. I didn't feel tired at all and was upset with myself that I didn't push harder. In the 20K I adjusted, pushed harder, but still kept a steady pace. This time, when I crossed the finish line, I really felt as though I had raced.

-Women's Corner-

by BECKY SISLEY

This year the Women's Committee of Masters Track & Field is focusing on two major goals: to respond to the wishes and needs of the membership, and to increase the involvement of women in masters T&F. The committee plans to put its energy into several activities to meet these goals. One of the new ventures is to informally survey women competitors to determine their interest in having a "Women's Corner" in NMN. The column could be monthly or bimonthly depending on the wishes of the membership. The purpose of this month's message is to a) introduce the idea of a column; b) suggest ideas for content; and c) solicit opinions of women participants.

Here are a few of my ideas for con-

- •anecdotal reports of training programs
- •tips on training
- brief interviews
- · "write in" comments and questions to the editor of the column
- •points of view on selected

issues, e.g. standards of excellence, why no women's records for multi-events, etc.

•health issues

I would like your feedback on both the concept of a "Women's Corner" and content ideas I have proposed. I am open to hear your own ideas for possible content. Perhaps you might suggest a catchy name for the column.

In addition to the column, would you like to see two or three feature length articles on selected topics in NMN each year? Topics might be:

- •how to begin racewalking (written by a woman for women)
- · more in-depth technique articles for women
- etestimonials/experiential stories, e.g. my first trip to the Nationals or to the World Veterans Championships
- •multi-events for women
- personalities

In order for the Women's Committee to proceed we need your input. Please respond with your ideas to Becky Sisley, 310 E. 48th Ave., Eugene, OR 97405. Phone 603-342-3113 (h).

NOW AVAILABLE Masters Age Records 1990

Compiled by WAVA and TAC Masters T&F Records Chairman Pete Mundle with Don Henry, Shirley Dietderich, Gordon Wallace and Alan Wood.

- Men's and Women's World and U.S. Age Bests for all Track & Field Events, age 35 and up, as of Oct. 31,
- U.S. Age bests for Men & Women for all race-walking events age-40 and up, as of Oct. 31, 1989.
- Men's U.S. Masters Indoor & Outdoor Championship Records.
- 52 pages. Thousands of entries. Lists name, age, state, and date of record.

Send \$4 plus \$1.00 postage and handling to: NATIONAL MASTERS NEWS P.O. Box 2372 Van Nuys, CA 91404

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INTRODUCTION TO THE TECHNIQUE OF RACEWALKING Elaine P. Ward North American Racewalking Foundation

OVER THE LAST THREE YEARS, THE- NORTH AMERICAN RACEWALKING FOUNDATION HAS RECEIVED OVER A THOUSAND LETTERS ASKING ONE OF THE FOLLOWING

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3. HOW CAN I WALK FASTER?

INTRODUCTION TO THE TECHNIQUE OF RACEWALKING provides answers to these questions. The fundamentals of the technique are presented clearly with many accompanying pictures and suggested learning drills and exercises. It is a book that can be used by individuals, coaches and fitness walking instructors as a primer for beginners and a reference for the more experienced walker. Bound with a spiral binding, the pages lie flat when opened to make use easy. lie flat when opened to make use easy. .

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International Scene

by CESARE BECCALLI,
President of WAVA

A Choice Between Two Philosophies

was elected President of WAVA in Melbourne in 1987 and re-elected in Eugene in 1989. On both occasions, I presented a program for cooperation with the IAAF. Recently, at the last IAAF Congress (Barcelona, Spain, Sept. 1989), WAVA was acknowledged as the only body in the world to organize veteran athletics. This is certainly a milestone in our evolution.

Despite this success, some members of the WAVA Council do not agree with the way in which the IAAF/WAVA relationship has been handled. For this season, I have been in the minority on some Council votes, and am not the Council's nominee for President at the next election.

This division of opinion within the Council creates difficult management problems which I do not feel were reflected in the Secretary's report (August NMN). The purpose of this article is to give you full and detailed information in an objective manner based upon facts and situations which can easily be subtantiated.

1. Nominations

The Secretary writes that nominations were carried out "in accordance with the Constitution and past practices." True, but never before have we had a situation where two members of the Council were running for the Presidency. The Constitution permits nominations but does not imply any obligation to do so.

Although not required by the Constitution or By-Laws, there was no notice to the Council as a whole. Most of the Council was not aware that the Secretary was seeking the Council's nomination for President. Since notice was not given to all of the Council members, it meant that feelings of their constituencies could not be polled prior to the vote.

Two members of the Council were not present — Hans Axmann, representative of about 30 European countries; and Pascal Mouassiposso, African delegate. It would have been much fairer if the nominations were made at Turku in 1991. Those members who disagree with the current policy could have had their position registered in the minutes of the Council meetings, and then organized support for their candidate for the Presidency, with the backing of those WAVA affiliates which they believe hold a similar view.

2. Recognition of Affiliates

One issue raised was the question of the recognition of affiliates. In principle, there is agreement that, at the present time, the determination of who is affiliated with WAVA is a decision for WAVA to make.

But, we are in the midst of delicate negotiations with the IAAF. To fight for a principle that could not be followed in the future does not help these negotiations. Therefore, here are the reasons why, in the future, the IAAF should make the eventual decision regarding which body should

NOTE: During the next year, the National Masters News will make available equal space to candidates competing for office at the WAVA General Assembly next July in Turku, Finland. The second article — presented on this page — is by Cesare Beccalli, candidate for President. Other candidates are invited to submit similar statements.

represent veterans athletics in a coun-

a. WAVA hasn't and, of course, can't ask the IAAF to be given any authority over a National Governing Body (NGB) member of the IAAF.

b. An NGB wishing to prevent WAVA's existing affiliate from future veterans activity at a national level has many ways of doing so, most easily by starting its own official veteran's branch. Most NGB's have access to greater technical and financial resources than any independent veteran's organization. Such a situation would not be in the best interests of WAVA. Therefore, each independent WAVA affiliate should be warmly encouraged to promote, as soon as possible, good relations with their respective NGB. Many current WAVA affiliates, as well as many eastern European, South African, Asian and western European countries, are functioning independently, but in cooperation with the IAAF/NGB.

c. Only in the case of unavoidable conflict between our existing affiliate and the NGB is there a potential problem. But, in this case, the only way for WAVA to have authority with an IAAF/NGB is through WAVA's general agreement with the IAAF.

These are the reasons why the IAAF must be given the final decision.

There will, however, be a procedure to follow, in the case of a dispute:

- a. Our standing affiliate will first continue to be recognized as the national veterans authority.
- b. A written request by an IAAF/NGB to become a WAVA affiliate, where there is presently a WAVA affiliate, shall be sent to WAVA, the WAVA Regional Council, and the IAAF Secretariat. WAVA will work with the IAAF in reaching a solution, with the clear policy of having the WAVA standing affiliate become a full member of the IAAF/NGB.

- c. In the event a solution cannot be reached, the IAAF Veterans Committee (which includes several WAVA officers) or a WAVA/IAAF special commission will intervene.
- d. If a solution is still not reached, the IAAF Council will make the final decision, while remaining respectful of the principles and autonomy of WAVA.

I sincerely believe this is the only way we can proceed to maintain WAVA's interests, which would also be acceptable to the IAAF.

It must be clearly understood that the ultimate objective is to have the Veterans program integrated within the IAAF, with WAVA having the authority and the autonomy to administer the program.

The final authority cannot be denied. This matter must be approached with a reasonable attitude and in the

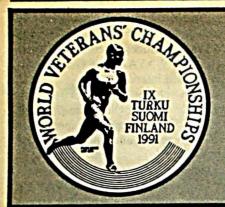
Continued on page 24

Curriculum Vitae — Cesare Becalli

- . Born in Milano, Italy, in 1934.
- I was employed as the National Product Manager in one of the largest chemical companies in Europe. From 1983 to date I have become a consultant in the plastic industry, and also organize sporting events.
- I have been a competitor in many sports: cycling, judo, boxing, swimming and sailing. I started competing in athletics in 1971, first in road races and then in track events from 200 to 800 meters.
- In 1975, I was the only Italian competitor at the 1st World Masters Championships Toronto. I have been a competitor in many national and international veterans meetings and in the 2nd and 4th WAVA World Championships. Due to a serious knee injury, I have been forced to cease competitions since 1982.
- Upon returning home from Canada in 1975, I founded the Italian Masters International Track & Field Team (IMITT), which has been a WAVA affiliate since 1977. I have served as President of the Organizing Committee of the WAVA World Championships in Rome, 1985. I have organized and served as Director of 13 national championships, including indoor and outdoor track meets, distance races and road walks.
- Together with Roland Jerneryd, I formed the European Veterans Athletic Association (EVAA) in Viareggio, Italy, in 1978, where I also organized the 1st European Veterans Championships. I was the President of the Organizing Committee of the VI EVAA Championships in Verona in 1988.
- I was elected the first EVAA President and was reelected every term until I resigned upon being elected WAVA President.
- I have been a member of the original IAAF Veterans Committee since its inception.
- In addition to Italian, I speak English, French and Spanish.
- I have personal ties with the President, many members of the Council, the General Secretary of the IAAF, as well as with many Presidents and General Secretaries of national governing bodies throughout the world.
- Since my election in Melbourne in 1987, many successful negotiations have been carried out: the road racing community (IGAL) has merged with WAVA; the relationships with the IAAF have resulted in the IAAF officially sanctioning our Championships in Eugene; at the same time, the IAAF did not sanction the Masters Games held in Denmark in 1989; the IAAF, at its expense, will assist us in drug testing; the WAVA/IAAF negotiations have culminated in the official recognition of WAVA by the IAAF Congress in Barcelona in 1989; the IAAF has indicated they would welcome the participation of veterans in their national athletic federations, thus giving veterans the opportunity to influence the entire operation of athletics throughout the world.

WAVA is in the midst of the most important and delicate period in its existence. My experience as the WAVA President, as an organizer of veterans events, as a competitor, together with my knowledge of the IAAF structure and the rapport that I have established with them, can best serve the needs of WAVA at this time. This election is a referendum on the success of our negotiations to date and the direction in the future. Your support is needed and appreciated.

- Cesare Beccalli



9 Months To Go

Countdown to Turku

Competition Schedule Announced

The IX WAVA World Veterans Athletics Championships will be held in Turku, Finland, from July 18-28, 1991. More than 5000 athletes from over 60 nations are expected to participate.

The competition will be held in fiveyear age groups beginning at age 40 for men and age 35 for women. There are no qualifying standards to enter the event. The only requirement is to be at least the minimum age.

The Finnish organizers are expert at staging track and field competitions and should put on a first-class affair. For the first time ever, a sizeable number of athletes from Eastern European nations will attend. More than 1000 athletes from the Soviet Union, alone, are expected to attend.

The tentative competition schedule and the WAVA meeting schedule are

listed in the middle pages of this issue so you can plan your itinerary. The entry deadline is April 15, 1991. The entry form will be published in the National Masters News early next year.

Meanwhile, reliable sources say housing will be at a premium in Turku, so it would seem judicious to make your hotel reservations early.

There are at least six U.S. travel agents offering low-cost accommodations and tour packages to Turku. All of them have an advertisement in this issue. Each is offering post-meet tours. Some will also process your entry to save you the conversion charge.

Two masters meets are scheduled for the week following the Championships: 1) the Soviet National Veterans Championships in Moscow, to which there may be low-cost accommodations and train travel from Turku to Leningrad to Moscow; and 2) the annual Baden meet near Zurich, Switzerland, an excellent event in which many athletes competed following the Rome World Games in 1985. Consult the travel agents for details of both events and tour packages.

One factor which may discourage

some people from going to Finland is the cost. The dollar is down 20% against the Finmark in the past year. Food costs are double what they are in the U.S. The housing costs will be higher than promised by the Finnish organizers when they presented their bid last year in Eugene.

But the tour packages arranged by the U.S. travel agents are as moderately priced as possible. All things considered, it should be a trip worth taking.



Start of W45 1500 race in XII Indian National Veterans Athletic Championships, May 3-5, at Lal Behadar Stadium, Hyderabad. Photo from V. Suryanarayana

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920 Attend Indian Nationals

from V. SURYANARAYANA, IVAF Secretary

The XII Indian National Veterans Athletic Championships held May 3-5 at Lal Bahadur Stadium in Hyderabad drew 920 men and women from 16 IVAF-affiliated states.

Despite near-cyclonic rains and winds on the opening day, the rest of the meet went off well, with keen competition and many new national records.

The Andhra Pradesh State Veteran Athletes Association hosted the event and provided free transport, accommodations, and board for all participants.

Tamilnadu state won the men's championships with 203 points, and Maharashtra claimed the women's with 91. Over 175 athletes met qualifying standards set by the IVAF for selection to the Indian team to attend the WAVA Asian Regional Championships in Malaysia, November 9-11.

IX WORLD VETERANS CHAMPIONSHIPS IX WORLD VETERANS CHAMPIONSHIPS TURKU, FINLAND — JULY 18-28, 1991 TRAVEL TOGETHER AND SAVE!!!

Complete package includes: round-trip airfare, selected accommodations, transfers, personal escort by Paul Geyer, masters race walker. Optional: local tours in Finland, Norway and Sweden.

Package will cover to and from all destinations in USA, Canada, Central and South America.

Please write to Paul Geyer for all information which is now available and will be sent to you immediately. Time is running out to get select reservations for Turku. Don't wait. Do it now!

SKI & TRAVEL INTERNATIONAL, INC. P.O. Box 630096, Miami, FL 33163

1200 Compete in Japan Championships

from YUJI WATANABE

The 11th Japan Masters Track and Field Championships — "the festival of lifelong sports" — was held under clear skies in the Oze Sports Garden in Yamanashi Prefecture (state) on August 23-26.

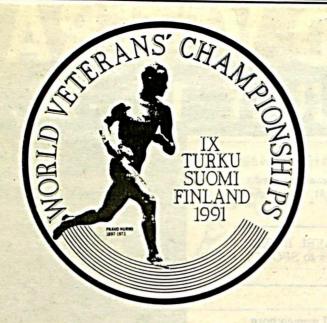
Sponsored by the Fuji Fire & Marine Insurance Co., the event drew more than 1200 athletes.

Masami Okazaki set a new M85 world record with a 22.28 discus throw to better Buell Crane's mark of 20.47. Forty-six new Japanese national records were established.

"The number of members in the Nippon Masters Athletic Union is increasing rapidly," said Kiyoshi Konoike, meet director. "Excitement is building in anticipation of Japan's hosting the 1993 World Veterans Championships."

At the closing ceremonies, the Nippon Masters flag was passed from a representative of Yamanashi Prefecture to one from Miyazaki Prefecture, where next year's 12th Championships will be held.

Miyazaki is the site chosen by Japan to bid for the 1993 World meet. If the bid is successful, the Miyazaki event next September will be a preview of the World Games. Athletes from throughout the world are invited to attend. NMN will publish schedule info as soon as available.



NEXT STOP-FINLAND!

Go with the "Turku '91 Tour" to the IX World Veterans' Championships Turku, Finland July 18 to 28, 1991

Picturesque Turku is the second largest city in Finland and home of the legendary Paavo Nurmi. Ancient castles, a bustling seaport, and a fervent interest in track & field make Turku a superior venue for the next World Championships.

To enhance your enjoyment of the Turku experience, Eugene World Games Co-Directors Barbara Kousky and Tom Jordan have organized the "Turku '91 Tour". They will put their experience to work for you, so that you can concentrate on the essentials: competition and recreation.

THE TURKU '91 TOUR WILL INCLUDE:

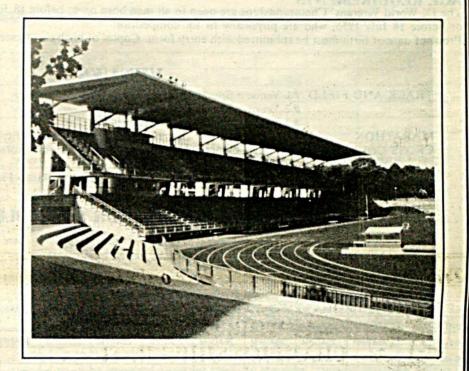
- Round-trip airfare from Los Angeles or New York, with departure from an airport near you at a slightly greater or lesser cost depending on location. (Primary departure date — 7/16/91).
- 12 nights accommodation at prime lodging in Turku, including a choice of First Class or Dormitory housing. Both housing categories include breakfast.
- Transportation by deluxe motorcoach from Helsinki to Turku and return, plus all transfer and porterage fees.
- Training advice and clinics by Mike Manley, 1972 Olympian and 1989 World Veterans' Championships Silver Medalist in the steeple. Mike coaches over 30 runners, and can help you get the most out of your training.
- Tour Accessories, including exclusive "Turku '91" t-shirt and lapel pin.
- Entry Processing, to ensure smooth entry into the IX Championships and to save you currency exchange charges.
- Post tours and flexible return will be available for those who wish to take advantage.

After two site visits to Turku, we can tell you that the Finnish organizers are going to put on a first-class competition. The main venue is the impressive Sports Park, right in the heart of Turku. Housing is at a premium and we have reserved space in the prime hotels offering convenience and the best value for your money. All of our Turku '91 hotels are within walking distance of the Sports Park, and we have obtained rooms in the scarce dormitory housing a short bus-ride from the venues.

The "Turku '91 Tour" offers the convenience, camaraderie, and personal attention of group travel, with the freedom to enjoy the Turku experience to the fullest.

TOUR COST (per person, double occupancy)

We estimate that the tour will cost from \$1995 for tour members opting for hotel accommodations, and from \$1695 for those choosing dormitory housing. An exact figure for the tour will depend on the rise or fall of the U.S. dollar against the Finnish markka, and your airport of origin in the U.S. (You may arrange for your own air transportation to Turku and return, and deduct \$819 from the tour cost.)



Space on the "Turku '91 Tour" will be limited to **150** persons, and over 80 have already signed up and sent in deposits. We urge you not to delay in joining the tour.

DEPOSITS

Our deposit schedule is based upon the deposits required of us by the Turku organizers and the airlines.

To join the "Turku '91 Tour", a \$500 per person deposit is required to hold your space(s) until December 15, 1990.



TURKU '91 TOUR

Send your deposit(s) to Northwest Event Management, Inc., Box 10825, Eugene, OR 97440. Telephone: 503-687-1989 FAX: 503-687-1016

Enclosed please find my deposit for \$ ______ for _____ persons to reserve space on the "Turku '91 Tour".

My check is enclosed. If you prefer to use a major credit card please contact us direct.

Name _____

Address

City, State, Zip

Home Phone ______ Work Phone _____

JULY 18-28, 1

COMPETITION ENTRY REQUIREMENTS

ALL ENTRIES MUST BE RECEIVED BY APRIL 15, 1991. Official entry forms or photocopies must be used. Confirmation of entry will be sent within 30 days of receipt. If confirmation is not received by May 31, 1991, contact Organizing Committee by FAX +358-21-503 106.

Copies of the Official Competition Entry Form may be obtained by contacting SPORTS TRAVEL INTER-NATIONAL, LTD. Payment may be made directly to Turku in Finnmarks, or in U.S. Dollars to SPORTS TRAVEL INTERNATIONAL, LTD. Specific information available on request.

AGE REQUIREMENTS
The IX World Veterans' Championships are open to all men born on or before 18 July 1951, and all women born or before 18 July 1956, who are physically fit for competition.

Proof of date of birth must be submitted with entry form. Copies of birth certificate or passport will be accepted.

VENUES

TRACK AND FIELD #1 Venue - Sports Park of Turku, Turku

#2 Venue - Raisio Field, Raisio #3 Venue - Kaarina Field, Kaarina

MARATHON

The Marathon is a flat, fast course, closed to traffic.

CROSS COUNTRY

W35

W40

The Cross Country is a fast course with several short steep hills, grass and

W75

W85

W90+

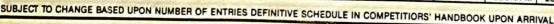
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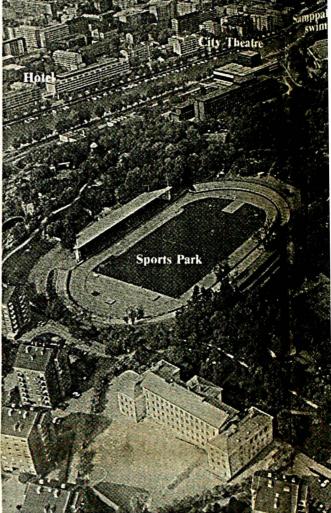
ROAD WALK

The Road Walk is a flat course adjacent to Raisio Field.

PRELIMINARY COMPETITION SCHEDULE-WOMEN

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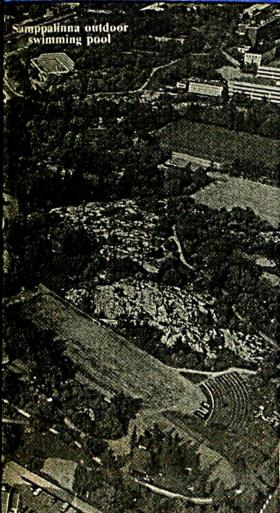
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July 22	Non-Competition Day Regional Meetings Stadia and Non-Stadia

July 24

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The International Scene Continued from page 19

spirit of cooperation.

This resolution, together with the relevant amendments to the Constitution and By-Laws, will be submitted for the approval of the next Assembly.

3. IAAF Funding

The Council approved the following resolution: "The acceptance, or rejection and disposition of any funds received from the IAAF is subject to approval from the WAVA Council."

Later, the Secretary wrote the WAVA Council members that it is very surprising that the IAAF has suspended the subsidy because of this resolution. It is surprising that this resolution only applies to IAAF funds. Why not to any source of income?

At the IAAF Congress in Barcelona, many national delegations were enthusiastic about joining WAVA. I informed them they must complete an application form and pay an annual fee. They had no objection to the form, but most delegates objected to the fee, reasoning that the IAAF had just recognized WAVA as part of the IAAF athletic family and, as IAAF members, why should they have to pay an additional fee to compete in veterans athletics?

To promote new affiliations, which has been one of the strongest reasons for cooperation with the IAAF, and to maintain the good will generated in Barcelona, I met with Hans Skaset, Chairman of the IAAF Veterans Committee; John Holt, IAAF General Secretary; and, later, with Holt's assistant, Mark Horley.

I proposed that the IAAF should give WAVA an annual subsidy of US\$15,000 to replace WAVA's affiliation fee income. They agreed, in principle, subject to the approval of the IAAF.

It is important to note that the total WAVA affiliation fees actually come to less than US\$5000. The US\$15,000 took into account new affiliates, IAAF administrative support to WAVA, and the proposed cancellation of any WAVA Regional affiliate fees.

In no way does this subsidy violate the WAVA Constitution or By-Laws. The cancellation of affiliation fees would be a proposed amendment for the next General Assembly. Meanwhile, WAVA, instead of billing each of its affiliates, would simply receive a subsidy from the IAAF to cover the normal affiliation fees and have some left over for over general purposes.

At Turku, some Council members argued that some WAVA affiliates could feel discriminated against if they were required to continue to pay affiliate fees, while IAAF members would not pay.

So I proposed WAVA consider the IAAF subsidy as paying all affiliation fees. Some Council members rejected this procedure and said only the WAVA Council can decide how to use

the money received from the IAAF. The motion was approved after a hasty vote, 6-5 (with one abstention).

I entirely agree that only the Council can decide how to use any income. But I still don't understand why the Council didn't decide to take some dollars from the IAAF subsidy to pay the affiliation fees, then deposit the rest.

On the contrary, another motion was immediately approved which effectively means that I have been instructed to accept for the next two years US\$15,000 annually from the IAAF. In essence, we as WAVA accept an unconditional grant from the IAAF; we want the money but not the conditions. I presented this proposal to the IAAF to which they answered that the subsidy should be suspended and that the WAVA attitude was against any spirit of cooperation. I share their view.

4. Drug Testing

When the matter of drug testing was placed on the agenda in Turku, I suggested we consult the IAAF before taking a position on this matter. The Secretary felt there was no reason to wait as WAVA should not accept directions from the IAAF.

The Council voted that: "Drug testing cannot be implemented at the WAVA World Veterans Championships in Turku in 1991."

When I reported the action of the Council to the IAAF, the unanimous position of the IAAF Veterans Committee was:

- Doping control is an international sporting law accepted by all international federations and without which no championships could be recognized or authorized.
- The IAAF reserves the right to test all those athletes who belong or are affiliated to IAAF members.
- In the event that WAVA or the local organizing committee would hinder doping controls at the WAVA Championships in Turku, the IAAF would consider speaking to the Finnish sports authorities to stop the Championships. I find the IAAF perfectly justified.

I also brought this question up at the European Veterans General Assembly in Budapest. The delegates present unanimously (but one only) agreed that drug testing should be implemented. At the VII European Veterans Championships, drug testing was accepted and carried out without any problem.

Consequently, I have given directions to the Turku Organizing Committee that the IAAF must be given a facility for random drug testing, under the international rules. Further details will follow after I consult with WAVA members throughout the world.

The Secretary writes in his report that "we must know more about medications that may contain banned substances... cost of testing... the WAVA

Coup Attempt Fails to Halt Championships Continued from page 1

government property, and other felonies. The attempted coup also triggered short-term rioting, looting of commercial establishments and indiscriminate acts of arson in downtown Port-of-Spain. The neighboring island of Tobago was not involved.

In an effort to restore law and order, the government declared a state of emergency, and the police imposed a strictly enforced nationwide curfew, which in the weeks following was gradually relaxed.

Trinidad-Tobago had not seen the likes of this since 1970 when an unsuccessful black power takeover was attempted. The country has been at-

tempting to recover from the financial reverses suffered after the oil boom days evaporated in the early 1980's. There has been high unemployment as well as disenchantment with some of the high-handed fiseal policies of the current party in power.

Extensive Damage

A pre-meet tour of Port-of-Spain disclosed the damage to the police headquarters which was gutted by a car bomb and subsequent fire. The Red House (Parliament building) was pockmarked by gunfire, windows were broken and, worst of all, a portion of the building where the rebels had

Continued on page 25



Traditional steel band entertains masters at closing reception.

Photo by Linda Pain

Assembly must first approve ..." and, later, "we did not flippantly say we did not want controls at Turku... the WAVA Council will submit to the next General Assembly a proposal to introduce a by-law authorizing drug testing..."

It would have been better for the Council to instruct me to stress the problem of medications with the IAAF; in other words, to consult the IAAF before taking a position. The problem of medications has been thoroughly researched by the IAAF.

It was clearly indicated in Turku that the cost of this program will be borne by the IAAF. Without accepting the principle of drug testing, the Championships will not take place. To state that WAVA does not accept directions from the IAAF in matters of such a basic nature is ridiculous and, perhaps, dangerous.

Therefore, it was my duty and responsibility as President to ensure that our main event takes place, together with the survival of our Association.

We can't wait for the Assembly to first approve drug testing. It may be that the Assembly will not agree, but I do not think it is responsible for the Council to create this kind of conflict and then retrospectively ask the Assembly to agree.

The Secretary said "if Cesare had put this point firmly at the IAAF Veterans Committee (i.e. to introduce a bylaw for drug testing after Turku), the IAAF would have reacted in another way."

But we are talking about Turku, not later events. WAVA is required to be in conformity with the standing sporting law. I hope that this is clear.

5. South Africa

The Secretary neglected to mention in his report that David Pain, nominated by the Council to serve as WAVA Secretary, suggested a letter be written to the IAAF supporting the participation of South Africans in WAVA competitions. The Secretary also stated categorically that he and others would have voted against sending the letter.

The facts are as follows:

- Pain asked to read the South African letter to the Council.
- My first reaction was to prevent him from doing so, because I felt that the consequent proposal could be to ask support for their participation.
- David said I had no right to prevent a Council member from raising any issue whatsoever.
- I apologized and let him read his letter. Continued on page 28

Coup Attempt Fails to Halt Championships Continued from page 24

stored half a dozen bodies during the five days still reeked of death. Selected stores in the downtown area of Port-of-Spain were totally demolished by fire with gutted interiors framed by half-standing walls and grotesquely twisted steel beams. Some of the stores had reopened at new locations, and the business district was teeming with shoppers when we toured the area.

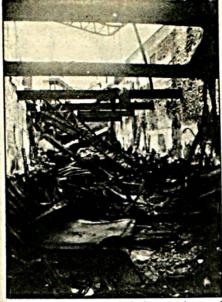
In spite of the incident, both WAVA leadership and the Trinidad Organizing Committee decided to delay a decision to cancel the event. This proved to be a wise choice because the situation improved markedly in a very short period of time. In fact a press conference conducted by the Organizing Committee a week prior to the championships met with unanimous local approval when it was announced that the games would proceed as scheduled. Since this was the first major public event to take place in Trinidad subsequent to the incident, it did much to re-establish public confidence. As the result of the announcement, the Commissioner of Police further liberalized the public curfew to 9:00 p.m.

Conducting a track meet when a nation is still suffering from the trauma of such an incident and working within severe curfew limitations was not an easy task. However, in times of national emergency, people frequently band together and overcome such difficulties. That was the case with the organizers. Zeno Constance, the Meet Director, was somehow able to get the National Stadium dressed up, loose track repaired, and the meet underway on schedule.

Not all went well, however, as the photofinish camera was inoperable, resulting in hand-held timing. The scoreboard was not utilized and - worst of all - the race numbers ordered from the states were lost somewhere in the Trinidad-Tobago postal system. A Carnival type of opening ceremony had to be scratched as the traditional steel bands had been unable to rehearse because of the curfew limitation, and the organizers were forced to cut back on expenses due to cancellations by competitors. In spite of this, a modest opening ceremony was conducted in which the participants by nation marched accompanied by a smart military band and were greeted by the National Minister of Sports, Mrs. Jennifer Johnson. During the march past, we observed representatives from Trinidad and Tobago, Venezuela, Guyana, Uruguay, Aruba, Virgin Islands, Puerto Rico, Mexico, Australia, Canada, and the USA, by far the most nations to participate in our regional championships to date.

225 Defected

Initially nearly 400 entries had been received and good competition in all age divisions seemed assured. However, many entrants defected, and only an estimated 175 actually com-



Fire-gutted building typical of arson damaged business district, Port-of-Spain, Trinidad & Tobago. Photo by Linda Pain

peted, which weakened the competition considerably.

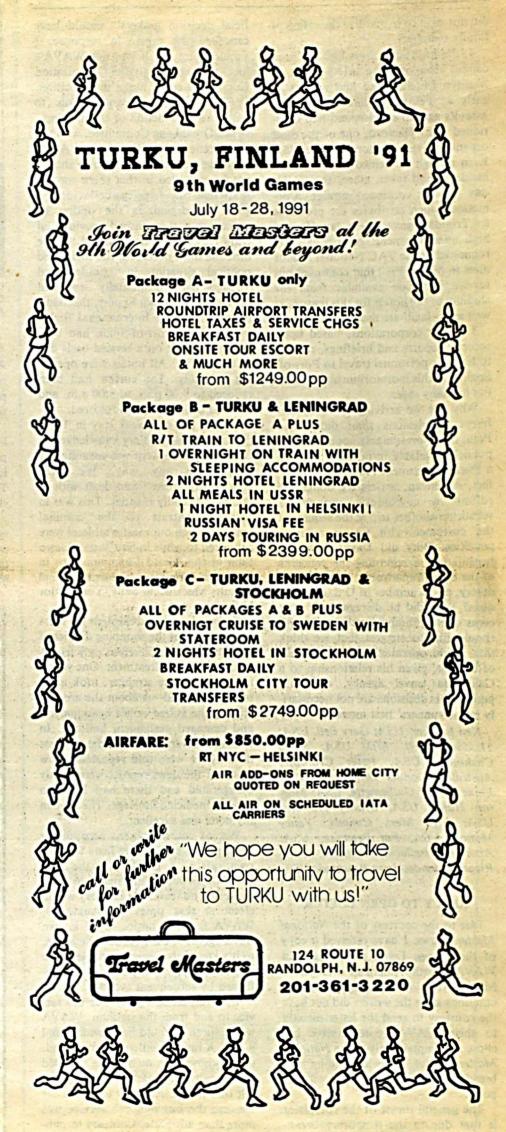
Previously cancelled air transport to Trinidad materialized, albeit via different routing, the hotels were operating, local transport was provided by the Organizers, the food was good and plentiful, and there were plenty of diversions for the non-athletically inclined.

The Hotel Normandie held a rousing closing reception at which the participants danced to an 11-piece Trinidad steel band and consumed quantities of Trinidad's ubiquitous rum punch and soundly booed those in absentia.

The Normandie Hotel owner and general manager, Chris Chin Lee, as the financial backer of competition, displayed considerable courage in proceeding with the event in spite of a potential financial loss. He also had a full staff on hand to properly service his in-house guests. To be able to keep his restaurant open after curfew hours, he housed his staff who were also available to provide early breakfasts to the competitors. As a result, those who stayed at this hotel experienced little, if any, inconvenience from the 9 p.m. curfew.

Cross-Country

Competition began on Thursday, August 23rd. We observed the crosscountry venue located about a onehour drive from Port-of-Spain. The 8K rolling course consisted of two loops around a golf course and a sojourn out into the cane fields. It was warm and very humid. All 11 competitors (of 23 entrants) suffered not only from the heat but also from a very wet course complete with a muddy stream to negotiate. Last finisher, mud splattered Don Farquharson, 65, of Canada, missed the markers at least twice and on one occasion had to hitch a ride back to the course. The event was well-organized by the local road running club, which also presided over Continued on page 29



Write On Continued from page 9

did not wish to jeopardize the safety of family members.

4. the meet organizers had not been candid vis-a-vis the safety issue, as Marilyn Mitchell had had reports as early as February/March concerning assaults against tourists and had questioned Tony Harford, one of the meet organizers, via telephone in the spring. Even though he denied that any such incidents had taken place, she to this day receives continued similar information which attributes the problems to Trinidad government layoffs and high unemployment. As a result, she requested at the TAC National Indoor meet in March 1990 that continual bus service be made available from the stadium to the hotels for this reason, as well as to facilitate the competition.

5. many corporations, based upon security reports and briefings, refused to let their personnel travel to Port-of-Spain and this moratorium also still exists in many cases.

Why are we arriving at vastly different conclusions than did David Pain, based presumably upon the same publicly available information? When a State Department Advisory is in effect, American carriers are obliged to refund a customer's money or substitute another trip at the request of the customer with no cancellation penalties. Why did David Pain feel justitifed in disregarding the concerns of the State Department, the travel industry, and a number of U.S. corporations? Why did he disregard the concerns of his running constituency? We should like to suggest that we think that David operates under a conflictof-interest, given his relationship to a California travel agency, and that perhaps his decisions are not necessarily in the runners' best interests.

Ken Brinker, USA; Gary Bell, USA; Thaddeus Bell, MD, USA; Stella Cashman, USA; Peter Crombie, Australia; Donnis Drumgole, USA; Lionel "Gil" Guillemette, USA; Morton Hahn, USA; Sydney Howard, USA; Elga Meri, Canada; Yancy Munoz, USA; Pat Peterson, USA; Alan H. Pollack, Australia; Jutta Riegel, Canada; Joan Rowland, USA.

REPLY TO OPEN LETTER

Due to the courtesy of the National Masters News, I have received a copy of the "Open Letter to David Pain WAVA North American Delegate." My first reaction was to ignore the accusations since the writers did not have the courtesy to send the letter directly to their WAVA representative but chose to complain only to the National Masters News. Notwithstanding this breach of common courtesy, I will respond.

The general thrust of the complaint is that due to the temporary breakdown of law and order in Trinidad and Tobago, "Pain and other relevant official decision makers' should have cancelled the meet. In response, I should point out it was not WAVA's meet to cancel. Only the Organization Committee could make that decision. WAVA's only prerogative was to withdraw its sanction of the meeting.

The Organizing Committee, with the concurrence of principal WAVA officers determined that the meet should not be cancelled in that there was no justification for cancellation. I gave the organizers the option of cancelling if they wished provided all entry fees were to be refunded. By the time the meet occurred, the social and political situation in Trinidad and Tobago had substantially stabilized see North American Report, this issue, page 1); namely: International flights to and from Port-of-Spain had been resumed, albeit on a revised basis due to the curfew. All hotels were operating normally. The curfew had been reduced to 9:00 p.m. to 5:00 a.m. and law and order had been restored.

During our two-week stay in Trini-dad and Tobago, to my knowledge, no competitor who went was assaulted or hassled in any way. We were courteously greeted and dealt with in the most friendly manner. This was in marked contrast to the criminal assaults which our master athletes were subjected to while in San Juan, Puerto Rico at the World Championships in 1983, and the all too frequent criminal assaults which occur daily in our major U.S. cities.

In fact, we walked through the most ravaged part of the shopping district of Port-of-Spain and received only friendly and courteous treatment. One young man, a complete stranger, took us in tow and showed us about the area including the gutted police headquarters and damaged parliament building. In talking to several people in the business district, we were told repeatedly how many of the news reports were highly exaggerated and there had been no food or medicine shortage. The food in my hotel was excellent.

We, of course, cannot account for other people's subjective fears for their own safety. A check with the U.S. State Department on August 6 indicated that no traveler's advisory was in effect at that time. On August 8, WAVA issued a notice to all known travel agents and others that there was, to it's knowledge, no reasonable threat to public safety. This position was confirmed by subsequent events.

With respect to continuous bus service to and from the stadium, WAVA was assured it would be provided, and it was. A bus schedule was posted and, to our knowledge, no one was stranded as a result. Few, if any, competitors felt that it was necessary to rent a car because the bus and cab service was more than adequate. Contrary to published reports to be wary of venal cab drivers, I found them quite courteous.



Chris Chin Lee (1), meet sponsor, and Zeno Constance, meet director, WAVA North American Regional Championships.

Photo by Linda Pain

At the airport and cruise ship terminals, rates to specific locations were posted. Hotel staff quoted appropriate taxi rates.

Because of the liberalized curfew hours, I did not receive specific complaints that the hours seriously handicapped having a good time although Trinidad's traditional night clubs were closed due to the curfew.

A masters meet schedule is based upon the assumption of a specific number of entries and is, and was in this case, announced as a "Tentative Meet Schedule." The revised schedule published in the July issue of NMN was the result of known entries at the time, and to correct some omissions. Anyone associated with a masters meet must be aware of the fact that the final schedule is largely dictated by the number of entries and, of necessity, is usually revised.

I take special offense at the implication that I have special connections with a "California Travel Agency" and therefore a conflict of interest. This canard has been floating about for years. My interest in a travel agency was terminated more than 11 years ago. All decisions regarding Trinidad were made after consultation with several of WAVA's regional board and were concurred in by them. In determining whether to withdraw WAVA's sanction, equal consideration was given not only to the safety and interests of the athletes, but also concern for the meet organizers, and the travel agents who had cooperated with WAVA in publicizing the event.

I believe WAVA's handling of the matter was even handed and completely vindicated by the situation as it existed in Trinidad and Tobago. As pointed out in my article, the meet had its short comings, a major one being the defection of those who had entered but failed to show for reasons which proved to be unfounded.

David H.R. Pain,
WAVA North American
Regional Delegate
San Diego
Continued on page 27

ATHLETES WHO ENTER A NEW DIVISION THIS MONTH, OCT., 1990

ATHLETE (RESIDENCE)	BIRTHDATE	AGE GROUP
HELENE BEDROCK(CLIFFSIDE PAR	K.NJ) 10- 6-35	55-59
NANCY CUNNINGHAM(CONWAY, AZ)	10-30-55	35-39
LYNDA DRAKE (HOUSTON, TX)	10-13-40	50-54
JUDY FOX(SUNNYVALE, CA)	10-22-40	50-54
DOROTHY KELLEY (NEW YORK CITY	NY) 10-23-35	55-59
IDA MINTZ(GLENCOE, IL)	10-15- 5	85-89
DONNA RADIGAN(PA)	10- 9-35	55-59
CAROL STEELE(US)	10-16-30	60-64
DAISY WONG(BURBANK, CA)	10- 5-35	55-59
JENNIFER WRIGHT (INDIO, CA)	10- 5-35	55-59
DENISE ALFVOET(BEL)	10-13-35	55-59
AGNES BLOM(BEL)	10- 2-30	60-64
EDNA DUNDAS(AUS)	10-18-50	40-44
ISOLDE FISCHER(WG)	10-22-35	55-59
PAT ANN GALLAGHER(GB)	10- 4-45	45-49
ASTRID KLAESSON(SWE)	10- 8-35	55-59
LORE KLITSCH(WG)	10-20-20	70-74
CORRY KONINGS(HOL)	10-16-40	50-54
YVONNE MILES(GB)	10-11-40	50-54
LUCIANO ACQUARONE(ITA)	10- 4-30	60-64
RICHARD BREDENBECK (INDEPENDEN	ICE,OH) 10- 1- 5	85-89
HUGO DEGROOT(EL TORO, CA)	10-23-15	75-79
ROBERT EMMERLING(MANHATTAN BE	ACH, CA) 10- 5-35	55-59
HELMUT FACKLER(WG)	10-11-30	60-64
JAMES GALLUP (HONOLULU, HI)	10-15-35	55-59
ROGER HUGUES(FRA)	10-21-40	50-54
VEIKKO JAVANAINEN(FIN)	10-31-25	65-69
HERB KIRK(BOZEMAN,MT)	10- 2-95	95-99
JIM MANNO(ORADELL,NJ)	10-10-20	70-74
RICHARD NORDQVIST(TALENT, ORE)	10-25-25	65-69
WILL ROBINSON (THOUSAND OAKS, C	A) 10- 7-30	60-64
HAGUES ROGER(FRA)	10-21-40	50-54
RICK RYCKMANN(ARLINGTON, TX)	10- /-/0	50-54
MARION SANCHEZ (SAN LORENZO, CA	10- 7-70	60-64
STEPHAN SEYMOUR (HOLLYWOOD, CAL	IF) 10- 4-20	70-74
DOUG SHAW(SANTA BARBARA CA)	10-20-45	45-49
GULAB SINGH(IND)	10-13- 5	85-89
DENVER SMITH(OH)	10- 2-25	65-69
HAL SMITH(TARZANA,CA)	10- 3-35	55-59
JOHN TANSLEY(NORWALK, CALIF)	10-21-35	55-59
STAN THOMPSON (HONOLULU, HI)	10- 9-10	
LEN THORTON(CA)	10-26-30	80-84
JOHN WALKER(LAS VEGAS, NV)	10- 8-20	60-64
JOE WEHRLY (ENCINO, CALIF)	10- 2-15	70-74
The state of the s	10. 5-12	75-79

Report from Oceania

by CLEM GREEN

Australia is now a full member of the WAVA Oceania Regional Association; so are the Cook Islands, by way of the IAAF.

The 5th WAVA Oceania Games will commence on November 2. Color patches to differentiate age groups will be used, as New Zealand has done for many years. There is no reason why WAVA could not adopt similar colors for World Championships.

Oceania disagrees with WAVA's decision to drop the 10K road race from the World Championships schedule and to hold World LDR Championships in even-numbered. years. It's too expensive for the not-soaffluent nations - such as those in Oceania, South America, Africa and Asia — to have non-stadia events each year. The VIII WAVA Games in Eugene included a 10K road race which was applauded as a successful event with hundreds of runners.

The WAVA General Assembly was apparently hoodwinked when voting on the 1991 Games in Turku, as accommodation costs are well over the presenter's promise. We are unimpressed by the Organizing Committee excuses for accommodation cost increases as this major point should have been thoroughly researched before bid time. This should be avoided in the

The Stadia Committee is to be commended for recommending a special 100m age-graded race in Turku which will reveal the real champions. Perhaps WAVA could make more of this approach as to veteran champions.

Australia's Gus Theobald, 93, was tragically killed when hit by a vehicle while crossing the road. Theobald owned many single-age racewalk records.

The Central Australian Masters Games will be held from October 13-20 in Alice Springs.

Write On Continued from page 26

N. AMERICAN CHAMPIONSHIPS

When I got on the plane in San Juan, Puerto Rico there was a young girl sitting in the pilot's seat. "That girl's just playing, isn't she?" I asked the stewardess. "No," was the reply, "she'll be flying you to Trinidad."

I popped my head into the cockpit and said, "Little girl, before we go down the runway I want you to give the controls back to your daddy." All three crew members began to laugh, and I thought, "Well, if they can be relaxed on this trip, maybe I also should be."

When I arrived in Port-of-Spain in Trinidad, I saw the damage caused by the revolution and decided to stay close to my hotel up one of the canvons away from the city. Shortly after my arrival, as I stood in my spacious and immaculate room, there was an explosion. A large mud slide had smashed a



M70 Shot put winner Gorcharan Singh, XII Judian National Veterans Athletic Championships, May 3-5, Hyderabad

Photo from V. Suryanarayana

retaining wall, missing my bed by 32 meters. I decided to go back to the city and take my chances. There were parks and a zoo and lots of joggers. A few space-age buildings were going up, but most of the homes were turn-of-thecentury, in good shape except for paint. One especially caught my eye. It looked as though Queen Victoria had commissioned Salvadore Dali to design it and he had some helpful hints from "Crazy" Guggenheim. It had four large red minarets, incredible lacy woodwork and many stained glass windows, a real dream house.

The track meet had only about 300 contestants and at the end of four days we all were family. The officials were very strict but so pleasant that even "Huggable" Ham Morningstar could find no fault and returned to the USA with 50cc of unused venom still in his fangs. Ham and I stood shoulder to shoulder representing the excellent legion of multi-athletes that never left the states. We also kept the folks. laughing as we good-naturedly threw barbs at one another. Skippy Clark also kept the crowd in a good mood as she bubbled and danced around the track. Liz McBlain put on a series of clinics as she dashed about collecting medals.

In my 60 years as coach and athlete I have been involved with hundreds of meets; this was the most joyous of all. If you weren't in Trinidad with us, then you missed something very, very splendid. Boo Morcom

Wilmot Flat, New Hampshire

■ The letters column is an open forum for all viewpoints on subjects of general interest to our readers. Letters should be addressed to: Write On, NMN, P.O. Box 2372, Van Nuys, CA 91404. They should be kept as brief as possible and are subject to condensation. They must include a signature and a valid mailing address.

THE BEST **RUN FOR YOUR** MONEY TO FINLAND



MASTERS ATHLETIC GROUP TOUR TO TURKU, FINLAND

IX WORLD VETERANS CHAMPIONSHIPS

JULY 18 - JULY 28, 1991

We have obtained what we feel is the best possible group tour to TURKU, FINLAND for the IX WORLD VETERAN CHAMPIONSHIPS in 1991. We are offering a basic tour to Turku of thirteen (13) days and twelve (12) nights, departing from Los Angeles, Chicago and Newark. In addition we are offering the availa-bility of customized optional tours to other countries after the competition. the competition.

IXTH WORLD VET CHAMPIONSHIP TOUR TURKU, FINLAND

13 DAYS AND 12 NIGHTS. Roundtrip air transportation from the USA to Helsinki/Turku. Includes 12 nights hotel accomdations, July 17 to July 29th, 1991 Rountrip deluxe bus transportation from Helsinki airport to hotel in Turku, taxes and portage of two bags each person.

FROM LOS ANGELES

A. Deluxe Hotel: Hamburger Bors
B. 1st Class: Scandic Turku

FROM CHICAGO

FROM CHICAGO
A. Deluxe Hotel: Hamburger Bors
B. 1st Class: Scandic Turku Scandic Turku . FROM NEWARK
A. Deluxe Hotel: Hamburger Bors
B. 1st Class: Scandic Turku (The above rates are per person based on double Breakfast is included in cost at both hotels)

The airline is SAS considered one of the finest and safest. The hotels are the Hamburger Bors, a deluke 5 star hotel and the Scandic Turku; a 3 star first class hotel. Both located within easy access of all competition.

For those interested in airfare only or hotel accomodations only, the cost is as follows:

Airfare Only (includes departure tax)

A. LAX - Helsinki - LAX
CHI - Helsinki - CHI
NEWARK - Helsinki - NEWARK
(R.T. Bus transportation Helsinki to Turku - \$45.00/person)

Hotel Only (12 Nights)

B. Hamburger Bors:
Scandic Turku:
\$725.00/ person

B. Hamburger Bors: \$865,00/ person
Scandic Turku: \$725,00/ person
(Above rates are per person based on double occupancy.)

Unlike our tour to Australia in 1987, the Scandinavian countries represent more of a challenge in putting a group tour together because of the short tourist season that falls in the summer during the World Veterans Games. We have a limited number of rooms blocked at each hotel (25) and airline seats (100) and if you are interested, we must obtain a deposit from you to hold space as soon as possible.

WILLIAM ADLER/SHEILA NEWTON 1801 Ave. of Stars #1136 Los Angeles, Ca. 90067

Telephone (213) 557-2422

are going to Turku to attend the IXTH World Vet Championships. Enclosed please find \$\(\) (\$150.00 per person deposit plus \$25.00 per person non-refundable registration fee) for persons to hold reservations until April 15, 1991 when the full balance is due and payable. Please make checks payable to ADLER/NEWTON GROUP TOUR.

PLEASE MAKE THE FOLLOWING RESERVATIONS: Group Package NO. 1. A. Airline/Hotel Only NO. 2. A. Departure City
Departure City



Report from Britain

from MARTIN DUFF of Athletics Weekly

Two major veterans road race championships were held in August: the ten mile in the town of Oswestry on the Welsh border on the 5th, and the halfmarathon in Southampton on the 19th.

Many British veterans contested both meetings, with Zina Marchant, who turned 40 on September 30, capturing both women's events in the excellent times of 57:09 and 75:18 - personal bests - over tough courses. In hot weather (75°), Marchant outpaced Priscilla Welch (W45, 58:35) and

Diane Underwood (W35, 59:06), in the 10-miler. Joselyn Ross took the W60 title in 73:01.

Behind Marchant in the halfmarathon were Ann Ford (W35, 77:00) and Paula Fudge (W35, 77:12).

Peter Banks took the M40 race in 52:29 from George Meredith, while Les Presland collected the M50 in 55:19, before breaking the world M50 best for the track 10,000 on August 21 at Reading, Berkshire, with a 31:59.6.

Mike Hurd, now back to full fitness, completely dominated the halfmarathon to win by two minutes in 67.26 from Alun Roper (69:14) and new veteran Ahmed Amraoui. Barry Watson, former Olympian, took the M45 in 71:10, and Alan Hughes was outstanding in the M60s with an 80:09.

Running in the English Women's National 10 Mile Championships at Erewash near Derby, September 2, Marchant again improved on her personal best by over a minute with a 55:58 for third overall, while Welch improved to 57:10 for seventh. In the adjunct men's race, Ian Elliott, M40, was the veterans first in 51:50.

Ten Years Ago October, 1980

- Toshiko d'Elia Becomes First Woman Over 50 to Break 3 Hours (2:57:25) in Marathon
- 1200 Compete in XIII World Veterans LDR Championships in Glasgow, Scotland
- 3000 Spectators View Pan-American T&F Meet in San Juan

50-59

The International Scene Continued from page 24

- He did so, and asked the Council to approve sending the letter to the IAAF on behalf of WAVA.
- I ruled this proposal out of order, as it would have violated the Constitu-
- David challenged my ruling. His challenge was defeated, 5-5.

He still wrote the letter on a personal basis. It should be obvious that those who were really intending to vote against sending the letter had just to vote for the decision of the Chair, not for David's challenge.

A member of the Council should avoid writing these kinds of letters, particularly when he is nominated to serve as Secretary. People can not ignore that he is a WAVA officer writing about an important WAVA issue.

Conclusion

It is essential to understand that these disputes do not just involve persons or a contest for the Presidency of WAVA between two individuals.

It is far more important than the candidates seeking the office. We are confronted with a choice between two completely different philosophies and negotiating positions. The future evolution, and even the existence of WAVA, is now at stake.

I believe the route proposing total independence is impractical, dangerous and will prevent WAVA from becoming a truly world-wide body as it hopes.

The Secretary, now nominated by the Council to serve as WAVA President, declared in his letter to affiliates: "I'm not opposed to the IAAF." Certainly not. But it is one thing to state a principle, another to know how to carry out a difficult policy, trying to always keep the right balance between the WAVA interests and that part of

the IAAF authority which we can not refuse.

The examples outlined above concerning the nominations — the recognition of affiliates, the IAAF fund, the drug testing, and the South Africans should show that one can trust the good faith of these new candidates, but certainly not their skill, particularly when it concerns negotiations with the IAAF.

The rejection of IAAF authority is nonsensical; we should seek a functional autonomy which will be eminently more achievable and which is also the wish of the IAAF.

I will present myself as a candidate for the Presidency of WAVA in Turku. Proposals to amend the Constitution and By-Laws to make this policy and objective feasible will be submitted for the approval of the Assembly.

I warmly suggest you approve, because I strongly feel that this is the way for WAVA to go. Also, I'm convinced that this is the policy which the Assemblies in Melbourne and Eugene indicated we should follow.

Nevertheless, I'm prepared for the possibility that a democratic vote of the Assembly could state that we have to adopt another line, totally or partially. But that would be no reason to vote for another President. I fully guarantee that as long as I'm the WAVA President, the WAVA's policy will be respectful of the decisions of the Assembly, whatever they may be.

I'm available for any further clarification.

I look forward to seeing you, together with a lot of new participants, at the next WAVA World Championships and General Assembly. Thank you for your attention and keep yourself fit. []

WAVA/TAC Hurdles and Implements Specifications HURDLES

WOMEN Race Hurdle Between Finish 10.5m Height .840m Hurdles 8.5m Hurdle Distance 100m 13.00m 30-39 34'5" 12.00m 27'101/2" 33" 42'81/2" .762m 40-49 12.00m 8.0m 30" .762m 39'4" 12.00m 26'3" 50-59 80m 19.00m 30' 39'4" 22'111/2" 62'4" 60-69 70 Plus 30-39 .762m 45.00m 400m 40.00m 40-49 30" 147'734" 114'91/2" 131'21/2"

60-69 70 plus	300m	.762m 30"	50.00m 164'0½"	35.00m 114'9½"	40.00m 131'2½"
A sheet report	r manualità	entille place	MEN	CANADA TEN	a service a parties
30-39 40-49	110m	.991m 39"	13.72m 45'	9.14m 30'	14.02m 46'
50-59	100m	.914m 36"	13.00m 42'8"	8.50m 27'10½"	10.50m 34.5"
60-69	100m	.840m 33"	13.00m 42'8"	8.50m 27'10½"	10.50m 34'5"
70 plus	80m	.762m 30"	12.00m 39'4"	7.0m 22'11½"	19.0m 62'4"
30-49	400m	.914m 36"	45.00m 147'7½"	35.00m 114'9½"	40.00m 131'2½"
50-59	400m	.840m 33"		The real s	And the state of the
60+	300m	.762m 30"	50.00m 164'0½"	35.00m 114'9½"	40.00m 131'2¾"

105	T 0110= -11= T	IMPLEMENT		
AGE Women	SHOT PUT	DISCUS	HAMMER	JAVELIN
30-49	4.00k	1.00k	4.00k	600gms.
50 plus	3.00k	1.00k	3.00k	400 gms.
Men	Control of the second	Comment of the	Section 1	
30-49	7.26k (16 lbs.)	2.00k	7.26k (16 lbs.)	800 gms.*
50-59	6.00k	1.50k	6.00k	800 gms.*
60-69	5.00k	1.00k	5.00k	600 gms.
70 plus	4.00k	1.00k	4.00k	600 gms.

*Either "old" or "new" javelin may be used

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AFRICA:

Contact President

Coup Attempt Fails to Halt Championships Continued from page 25

the half-marathon run on city streets Sunday morning.

Bob Fine, 59, Regional Race Walk Chairman, and his wife, Gloria, officiated and assisted in organizing the 5K track walk and the 10K and 25K road walks. As the first event on the four-day program, the 5K walk had some timing and result problems which eventually were sorted out. The Sunday road event on a 6.5K out-and-back course was conducted on a city street early Sunday morning. The Trinidadians were inexperieced in race walking and were grateful for the assistance and guidance they received from the Fines.

Norm Green, 59, Regional Nonstadia Chairman, who has worked hard to promote regional LDR events, once again demonstrated his dominance in the M50s as he ran an excellent 34-minute 10K on the track as overall winner under very hot and humid conditions. He also won the half-marathon.

Some of the performances were substandard, partially due to the weather but also due to the lack of competitive fields. Exceptions were Boo Morcom, 69, and Zeno Constance, 62. Boo, in his heat of the pentathlon 200, gave a never-say-die performance as he challenged and pushed ahead of a much younger competitor. Trinidad's Constance gave age-group world-class performances in the 100,

188 Compete in Berkeley

The 8th Annual Northern California Seniors Track and Field Classic drew 188 athletes to Berkeley on September 8.

WAVA age-graded tables were used to award \$100 and a plaque to each of four top athletes:

Jim Law, 64, came all the way from North Carolina to pick up the men's track award with his 400 in 59.49 (97.7%). Shirley Matson, 49, won women's track honors with her 1500 in 5:00.0 (89.6%).

Field-event laurels went to Ross Carter, 76, for his shot put of 12.08 (94.2%) and to Christel Miller, 55, for her high jump of 4-2 (84.1%).

In honor of the late speedster, Harry Koppel, his widow, Juliette, made a donation to the meet for the establishment of two, new special awards: best performance in the 100 by a woman and by a man.

Using the age-graded tables (which equalize everyone's age) to determine the two participants that ran at their optimum speed, plaques were awarded to Eddie Hart (41, 11.11, 94.4%) and Margaret Dixon (36, 13.40, 84.1%).

Paul Warner, President of NCSTC, and his crew did the age-graded figuring. The meet was ably directed by Jim Johnson.

200 and 400 despite his demanding duties as meet director and the stresses imposed during the prior month.

Romain Betters WR

Also outstanding was lanky Ralph Romain, 58, of Trinidad who ran a hand timed 53.35 400 without any serious competition.

A truly remarkable performance in the 5K by Lenore Marvin, 70, of Canada in 23:58 under adverse weather conditions may qualify as a new world age-group record. The old mark of 24:52 is held by Pat Dixon of Oregon. Somewhat surprising was the minimum of gripes, although there were some, about the manner in which the meet was conducted. Perhaps more complaints were mitigated in the realization by the competitors of the problems the meet organizers had been forced to overcome, and by the friendliness and gracious manner of the officials — characteristic of the Trinidadians.

Following the conclusion of the meet, some competitors visited other Caribbean islands or took cruises.

Others took the short 12-minute flight to Tobago, a beautiful and relatively undeveloped island much as the Hawaiian Islands must have been prior to WWII.

Although the meet had some serious deficiencies, the principal organizers, Constance and Chin Lee, expressed a desire to be given another opportunity in the future to demonstrate their ability to present a major masters meet under more favorable circumstances. They vowed to bid once again for the WAVA Regional Championships.



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ASTERS SCENE

EAST

 Overlooked among the many fine marks in the Eastern Indoor Sectional Championships in New Jersey in May was Marilyn Fitzgerald's W55-59 200 AR of 32.1.

Masters firsts in the NYRRC Reservoir 5K,



Wood, 45, battles the rough terrain to turn in a 3:08:03 first-place mark in the Aug. 25 Pikes Peak Marathon in Manitou Springs. Photo by Nancy Hobbs

Central Park, NYC, August 5, were Atlaw Belilgne (45, 15:57) and Anna Thornhill (50, 19:20). Ruben Cordon (57, 17:55) won his division race by 21/2 minutes, and Wen-Shi Yu (55, 22:29) continued her dominance in the W55 age-group.

• William Hart (41, 1:16:51) was first M40+ and 18th of 1260m in the Hispanic Half-Marathon, Central Park, August 19. Most men's age-group races were won by large margins, most notably the M55, won by Ruben Cordon (1:20:23), 13 minutes ahead of second place. Ann Davies (43, 1:30:10) was first W40+ and sixth of 391w. Closest masters contest of the day was in the W45, taken by Jillian Lazardis, 45, in 1:47:12, with Susanna Beltrandi, 47, back at 1:47:24, and Alice Bruck, 46, third in

· Mark Sepkowski, 41, of Sumerset, NJ, bolted to the lead at the gun and was never challenged in winning (21:33.30) the Masters Twi-Light 4-Mile, hosted by the Mercer Street Striders, Easton, NJ, August 19. Anthony Cerminaro, 54, Scranton, PA was second (22:36.54). Vickie Ruger, 41, Allentown, PA, captured the W40+ first (25:51).

 Sam Skinner (47, 22:16) and Slyvie Kimche (43, 24:47) took younger masters runners to task, with 40+ wins in the NYRRC Back-To-Work 4 Mile, Central Park, August 26, Ramon Ruiz (50, 23:51) and Anna Thornhill (50, 24:52) were no slackers to winning their division titles.

• Carl Wallin, World Veterans M45 shot gold medalist in Eugene, is back coaching field events at Dartmouth. In January, he will again direct the annual Dartmouth Indoor T&F Meet. which features masters competition. Wallin had resigned his post earlier this year due to proplems with the administration, but a ground-well of public support from the students and the community persuaded him to return under better conditions. "It's nice to be appreciated," he said.

SOUTHEAST

. Jim Pearson, 41 of Lakeland, FL turned in a 25:21 to take the first masters prize of \$250 in the Echo Run for Others 8K held in Tallahassee on August 18. Finishing first in the women's division was Adrian Lilburn, 41, with a 30:10. Second place \$100 prizes went to Brian Bartosik (M40, 26:55) and Judy Greer (W40, 31:40), with \$50 third place awards to Mae Cleveland (W50, 34:53) and Doug Aired (M40, 27:071

· Eileen Eliot, 46, breezed to an easy victory in the Miami Runners Club Tropical 50-Miler held August 11. Shaving 13 minutes off her last



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year's winning time. Eliot turned in an impressive 7:28:32 for a 5th place overall finish. "I was pretending it was 100 miles and I was playing little tricks," remarked the perky English teacher. "I just told myself that I was going to run the first 50 hard." Laura Barter, 43, of Ft. Lauderdale placed second (9:06:14) in the women's division with W40 Joyce Forward turning in a third place 9:47:14.

· Paul Geyer, M70, was the third, not fourth, U.S. finisher in the 20K walk at the Nationals last month in 2:19:22. (Second-place Max Gould is from Canada).

. Larry Frederick, 41, of Charlotte, NC, set a state M40-44 record in winning (26:01) his division in the Dilworth Jubilee 8K, which was also the RRCA South Region Championships, in Charlotte, August 11. Peter Klopfer, 60. Durham, NC, took the M60-64 race with another state record (32:51). Andrea Pease, 41, Marietta, GA, placed first W40+ in 32:12, and Nancy Parker, 54, of Dunwoody, GA, finished with the leaders to win (32:33) the W50-54 race. Masters team winners were the men's Charlotte TC and the women's Atlanta TC.

MIDWEST

• Joann Grissom broke her W50-54 SP AR with a 41-0 in the White River State Park Games in Indianapolis, her home town, July 13-15.

MID AMERICA

· Jerry Martinez, 40, of Velaverde, CO, was the first master (4:10:37) to finish the 35th running of the Pikes Peak Marathon, Manitou Springs, CO, August 26. Deborah Wagner, 40, of Draper, UT, was second woman overall (4:51:11), despite being hampered by blisters on the downhill. Ruth Anderson, 61, Oakland, CA, won the W60 race in 7:15:09. Runners battled winds that gusted to 70mph as they neared the summit. Bill Oberling (40, 2:40:59) of Crested Bute, CO, and Mary Wood (45, 3:08:03) of Montrose, CO, topped the masters contingent in the Pikes Peak Ascent (13.4 miles) on August 25.

SOUTH WEST

· Finishing with a 15:52, Dr. Pat Hambrick outpaced the pack in the Louisiana Masters Classic 5K held in New Orleans on August 26. Royce Mills took the women's crown with a

. M50 Ronnie Banks of Wichita, KS, had meet top times with wins in the 200 (23.58) and 400 (53.93), in the Tulsa Spikes Meet, Jenks, OK. August 4.

WEST

After a disabling bout of viral pneumonia, M40 Rod Dixon is slated to make his comeback in the Infiniti California Mile to be held in San Francisco on October 7. The New Zealander is expected to pose a serious challenge to threetime winner, Steve Ferraz, on the grueling course which climaxes with a 300-ft climb up

• William Strachan (40, 1:13:51) and Phil Brant (45, 1:15:27) were first two masters in America's Finest City Half-Marathon, San Diego, August 19. Al Hitt, 86, was the oldest finisher in 1:55:22, an age-group AR. Sandra Marshall (42, 1:25:43) won the W40+ race. Mary Storey, 66, hurried to the W60-69 win in 1:54:26

 Alfreda Iglehart, a 40-year-old UCLA professor, was first woman overall for the second straight year with a PR 3:01:15 in the Santa Monica Marathon, August 26. Rich Kirschner (M45, 2:50:14) won the M40+ title. Fred Ortega (M40, 1:13:12) and Merle Heimberg (W40, 1:27:36) were 40+ firsts in the halfmarathon. Helen Dick, 66, won the W60 division in 1:45:42. In the 5K, masters leaders were Paul Marcel (M40, 16:26) and Terry Goodreau (W40, 20:47). Ed Stotsenberg, 76, won the M70+ division, in which Jacob Bishin, 89, finished ninth (44:18).



Bill Oberling finishes first (M40 2:40:59) in the rocky Pikes Peak Marathon held Aug. 25 in Manitou Springs, Colo. Photo by Nancy Hobbs

NORTHWEST

Kathy Howe of Carlisle, UK, while vacationing in the Pacific NW, chalked up five W40+ wins, starting with an overall women's first in the Oregon Masters 10K Championships with a 40:04 at Lake Oswego, and ending with an 18:33 in Seattle, August 25, in the Valley Health

• Ed Granchalek (M40, 34:55) of Monroe, WA, and Jane Treleven (W40, 39:41) took 40 + firsts with age-graded bests of 81.8% and 80.3% respectively in the Pacific North-west/TAC Masters 10K Championships/Zoo Run, Tacoma, WA, August 11, Ronald Brinton of Tacoma won the M50 race handily in 39:59, and Billie Murphy of Roy, WA, took the W60+

• The 12th Montana Masters Meet on August 24-25 in Bozeman drew 85 participants. World Vets hammer champ Tom Gage, 47, threw 190-0. TAC 5000 champ Bill Foulk, M55, ran a 4:46.0 1500 at the 4900-foot elevation. World 5000 champ Al Funk, 76, clocked a 2:55.7 800 and a 6:08.2 1500.

INTERNATIONAL

• Peter Crombie, M45, of Australia waltzed to a meet's best 23.16 200 and won the 400 in 53.60 in the San Juan Masters Championships, Puerto Rico, August 18-19. Gregoria Angulo of Puerto Rico paced the 5K RW with a 30:56. while Stella Cashman, W45, of the U.S. led all women in 31:03. Puerto Rico's Luis Velez, who topped all throwers in the M60-64 HT at the Nationals in Indianapolis, won his division with the event's best mark of 41.08.

 World Vets M50 800 Champion and world record-holder (2:00.4) Alan Bradford, 51, of Australia, turned in an excellent 73:32 in the Gold Coast Marathon, finishing just 90 seconds behind M45 winner Peter Connolly. Jan Rayner, W45, was the 1st over-40 female in

• Harry Ward was 1st 40+ in 2:30:21 in the Mita Perth Marathon in Australia, July 29. Karen Gobby (37, 2:43:57) was first women's vet. Perth's world champion John Gilmour, 71. clocked 3:05:54, but had set his sights on being the first over-70 runner to break three hours. He was on target for the first 20 miles but faded near the end. "I'll be back to try it again," he said.

 The Australian Veterans are spending \$10,000 on a computer which will facilitate the processing of entries, the seeding and drawingup of heats, as well as processing results in several formats to satisfy the media and the results book

• The 1991 Australian Veterans T&F Championships will be held in Canberra during the Easter weekend (March 28-31).

schedule

Track and field events feature competition for men and women over 30 unless otherwise noted. Long distance events generally are open to all age groups with the exception of national masters championships, which may be limited to men and women over age 40. Entry blanks for national and regional championships will generally be printed in the newspaper 30-60 days prior to the event. Please send any additions or corrections to NMN, P.O. Box 2372, Van Nuys, CA 91404.



TRACK & FIELD

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November 27 - December 1. 12th annual TAC Convention, Sheraton Hotel & Towers, Seattle, Wash. TAC/USA, P.O. Box 120, Indianapolis IN 46260. 317/261-0500.

March 23-24. TAC/USA National Masters Indoor Championships, National Sports Center, Blaine, Minn. (near Minneapolis). Dixon Farmer, National Sports Center, 1700 105th NE, Blaine, MN 55434.

July 47. 24th TAC/USA National Masters Championships, North Central College, Naperville, Ill., (Near Chicago). Dick Green, P.O. Box 6147, Rockford, IL 61125. 815/332-4743.

EAST

Connecticut, Delaware, Massachusetts, Maryland, Maine, New Hampshire, New Jersey, New York, Pennsylvania, Rhode Island, Virginia, Vermont.

October 46. Maryland Senior Olympics, Baltimore, 55+. Robert Ziegler, Towson St. U., Baltimore, MD 21204. 301/830-3163.

SOUTHEAST Alabama, Florida, Georgia, N. Carolina,

November 13-18. Good Life Celebration Games, St. Petersburg, Fla. 55+. Shirley Lewis, P.O. Box 12288, St. Petersburg, FL

33733. 813/892-1521.

November 4-10. Golden Age Games, Sanford, Fla. 55+. Jim Jernigan, P.O. Box

1788, Sanford, FL 34210. 407/330-5600. December 29. Don Pierotti Memorial Weight Pentathlon, Atlantic HS, Delray Beach, Fla. Phil Partridge, 2060 W. 32nd St., Holland, MI 49423.

MID-AMERICA

Arkansas, Colorado, Iowa, Kansas, Minnesota, Missouri, N. Dakota, Nebraska, Oklahoma, S. Dakota.

October 21. Kansas Big Guys Classic III, Lawrence, Kansas. Gary England, Rm. 43, Allen Fieldhouse, Lawrence, KS 66045. 913/864-5635.

SOUTHWEST Louisiana, Mississippi, Texas.

October 11-13. Mississippi Senior Olympics, Gulfport. 55+. Noble C. (Bo) Bowden, Hancock Bank, One Hancock Plaza, P.O. Box 4019, Gulfport, MS 39502. 601/868-4483.

October 25-27. Mississippi Golden Games. Bo Bowden, P.O. Box 4019, Gulfport, MS 39502, 601/868-4483.

WEST

Arizona, California, Hawaii, Nevada, New Mexico, Utah.

October 6. 17th annual Club West Masters Meet, Santa Barbara Community College, Santa Barbara, Calif. Club West, P.O. Box 1059, Goleta CA 93117. Lloyd Albright, 805/682-9540.

October 24-26. Huntsman Chemical World Senior Games, Dixie College, St. George, Utah. 50+ (See entry form in July and August issues). Ken Christensen, 840 So. 400 E. #4, St. George, UT 84770. 801/628-5201.

October 27-28. Palm Springs Senior Olympics, Palm Springs, Calif. 50 + . Ben Green, 555 N. Palm Canyon, Palm Springs, CA 92262. 619/323-5689.

INTERNATIONAL

November 2-6. 5th WAVA Oceania Games, Auckland, New Zealand. Men 40+, Women 35+. Fifth Oceania Games, P.O. Box 21-309, Henderson, Auckland 8, New Zealand. Fax: 0064 9 837-0154.

November 9-11. WAVA Asian Regional Championships, Kuala Lumpur, Malaysia. Asians only.

November 11. Guyana Masters Games, Georgetown, Guyana. Complete T&F program. Secretary, Guyana Masters Athletic Association, P.O. Box 10870, Georgetown, Guyana

November 24-27. South American Veterans Championships, Montevideo, Uruguay. CAVU, Canelones 982, 11000 Montevideo, Uruguay. South Americans only.

July 18-28, 1991. IX WAVA World Veterans Athletics Championships, Turku, Finland. (M40+, W35+). Pirkko Martin, Urheilupuisto, SF 20810, Turku, Finland. Telephone: 358-21-503526. Fax: 358-21-503106.

August 2-4. Soviet Union Veterans Championships, Moscow. Vadim Marshev, 10813 Moscow Center, Proezd Ceroba 4, Moscow, Soviet Union. Fax: 095-939-0877.

August 3-4. Veterans meet, Baden, Switzerland (15 miles from Zurich). Jurg Saxer, Nouackerstrasse 10, CH-5400, Ennetbaden, Switzerland. Fax: 1 840 00 25.

LONG DISTANCE RUNNING NATIONAL

October 6. TAC/USA National Masters Marathon Championships, St. George, Utah. Kent Perkins, 86 S. Main St., St. George, UT 84770. 801/628-3088.

October 7. TAC/USA National Masters 5K Cross-Country Championships, Syracuse, N.Y. Nate White, 18 Foxcroft Dr., Fayetteville, NY 13066. 315/637-6211.

October 14. TAC/USA National Masters 50K Championships, Muncie, Ind. \$1650 masters money equally divided (\$150/\$75/\$50) among 40s, 50s, 60s. Jan Gilbert, P.O. Box 1032, Muncie, IN 47305. 317/288-4448.

October 27. TAC/USA National Masters 100K Championships (also 8-person relays, all divisions), Duluth, Minn. Bill Wenmark, 18665 Rutledge Rd., Deephaven, MN 55391. 612/593-9014.

November 3. TAC/USA National Masters 10K Cross-Country Championships, Pasco, Wash. Don Sandberg, 10209 Maple Dr., Pasco, WA 99301. 509/545-9242.

December 2. TAC/USA National Masters 8K Championships, Steilacoom, Wash. Gerry Evanson, 506 Main St., Steilacoom, WA 98388. 206/756-8494.

EAST

Connecticut, Delaware, Massachusetts, Maryland, Maine, New Hampshire, New Jersey, New York, Pennsylvania, Rhode Island, Virginia, Vermont.

October 7. Delaware Distance Classic 5K/15K, Wilmington, Del. Distance Classic, 1 Embry Ct., Newark, DE 19711. 302/234-0918.

October 7. NYC Marathon Tune-Up 25K, Central Park, NYC. NYRRC, 9 E. 89th St., NY, NY 10128. 212/860-4455.

October 14. 7th Annual Great Northern 10K/Fun Run, Revere, Mass. Great Northern Mfg. Corp., P.O. Box 9107, Chelsea, MA 02150. 617/284-4444; 1-800/258-6245 (ask for Tony Jr. or Sal).

October 14. Yankee Runner Cross-Country, South Byfield, Mass. Masters race at 10:30 a.m. David Abusamra, Governor Dummer Academy, Byfield, MA 01922. 508/465-1763, X83; 462-8672 (7-9 p.m.).

October 14. Women's Running Festival, East Greenbush, N.Y. Diane Barone, HMRRC, 44 Gilligan Rd., E. Greenbush, NY 12061. 518/477-8087.

October 14. Belmont Plateau Autumn Classic 5 Mile X-Country, Philadelphia. M&W 30-85+. Special awards for best M&W age-graded performances. Peter Taylor, 3120 School House Ln. (J-A9), Philadelphia, PA 19144. 215/842-3807 (9-11:30 p.m.).

October 14. Stamford Marathon, Stamford, Conn. Marathon, 880 Canal St., Stamford, CT 06904. 203/359-1248.

October 14. The Army Ten-Miler, Washington, D.C. SASE to Army 10-Miler, P.O. Box 46594, Washington, DC 20050-6594. Continued on page 32

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Continued from page 31

Central Park, NYC. NYRRC, Dana Miller, 9 E. 89th St., New York, NY 10128. 212/860-4455; 382-5845.

October 21. Nissan Maryland Marathon, Baltimore, Mth. Marathon Festival, P.O. Box 11394, Baltimore, MD 21239. 301/882-5455.

October 21. Richmond Newspapers Marathon, Richmond, Va. SASE to O. Dewayne Davis, Richmond Marathon/13.1, PO Box C-32333, Richmond, VA 23293,

October 28. Mohawk-Hudson River Marathon, Schenectady, N.Y. Lee Wilcox, M-HRM, 10 Eaton Rd., Troy, NY 12180. 518/274-7444.

October 28. Cape Cod Marathon, Falmouth, Mass. Courtney Bird, P.O. Box 699, W. Falmouth, M.A. 02574. 308/548-0348.

October 28. MAC X-C Championships, Van Cortlandt Park, NYC. NYRRC, 9 E. 89th St., NY, NY 10128. 212/860-4455.

November 4. New York City Marathon, New York, N.Y. Fred Lebow, NYRRC, P.O. Box 881, FDR Station, New York, NY 10128, 212/860-4455.

Numeration, D.C. P.O. Box 188, Quantico, VA 22134, 703/640-2225.

SOUTHEAST Anabama, Florida, Georgia, N. Carolina,

October 6. Music City SK, Nashville, Tenn. Sorbothane/USRA Masters Circuit. 615/833-4124, or Dean Reinke &

S. Carolina, Tennessee.

Associates, 407/647-2918.

October 14. Cocomuts Festival 5/10K.

Michael Peyton, Miami Runners Club,
7920 S.W. 40th St., Miami, FL 33155.

305/227-1500 or 800/940-4786.

October 21. Pompano Five Mile, Pompano, Fla. Masters RR Series, P.O. Box 1824, DeLand, FL 32721. 305/463-1232.

MIDWEST

Illinois, Indiana, Kentucky, Michigan, Ohio, Wisconsin, West Virginia.

October 14. Tandem-Dayton River Cornidor Half-Marathon. Dayton, Ohio, Masters money. Ray Olfky, T-DRC, Wright Brothers, P.O. Box 9124, Dayton, OH 45409, 513-885-4821.

October 21. Detroit Free Press Marathon, Detroit, Mich. Pam Weinstein, 321 Lafayette Blvd., Detroit, MI 48231. 313/222-6676.

October 28. Wolfpack Fall Classic 5K/20K/50K & Ohio TAC 20K/50K/RR/RW Championships, Columbus, Ohio. John White, 4865-Arthur Pl., Columbus, OH 43220. 614/459-4547.

October 28. Old Style Marathon, Chicago, Ill. Tim Murphy, 223 W. Erie, Chicago, IL 60610. 312/951-0660.

October 28. Rogaine 5K, Chicago, Ill. Held along with Old Style Marathon.

November 4. TAC Midwest Masters 5K Cross-country Championships, Airport

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Barbara Zamparelli winning (2:05:58) the W60 race in the Windward Half-Marathon in Hawaii.

Photo by Tesh Teshima

Golf Course, Columbus, Ohio. John White, 614/459-2547.

November 10. Ohio TAC Masters X-C Championships, Lancaster. John White, 4865 Arthur Pl., Columbus, OH 43220. 614/459-4547.

November 11. Columbus Marathon, Columbus, Ohio. \$5700 in masters money. Kathy Kehres, 6290 Busch Ave., Columbus, OH 43229. 614/433-0395.

MID-AMERICA

Arkansas, Colorado, Iowa, Kansas, Minnesota, Missouri, N. Dakota, Nebraska, Oklahoma, S. Dakota.

October 6. Myriad Gardens 10, Oklahoma City, Okla. Sorbothane/USRA Masters Circuit. 405/842-4141, or Dean Reinke & Associates, 407/647-2918.

October 14. Twin Cities Marathon, Minneapolis. Twin Cities Marathon, 6th & Marquette, Minneapolis, MN 55480. 612/341-8400.

October 27. Tulsa Run 15K, Tulsa Okla. Stan Austin, Tulsa Run, P.O. Box 2400, Tulsa, OK 74102. 918/588-2431.

November 4. Omaha Riverfront Marathon, Omaha, Nebr. John Thomas, 502 N. 40th St., Omaha, NE 68131. 402/558-9076.

SOUTHWEST Louisiana, Mississippi, Texas.

October 6. Sun Carnival Bud Light International 15K, El Paso, Texas/Juarez, Mexico. Masters money. El Paso Sun Carnival, 2609 N. Stanton, El Paso, TX 79902. 915/533-4416.

October 20. Race For The Cure, Dallas, Texas. Natalie Weinberger/Jean Millet, 6820 LBJ Freeway, Ste. 130, Dallas, TX 75240. 214/980-8841; 363-5883.

October 28. Redmen Run Half-Marathon/5K, Nacogdoches, Texas. Masters money. Jim Harrison, P.O. Box 630527, Nacogdoches, TX 75963. 409/569-0192.

November 3. Dallas White Rock Half-Marathon, Dallas, Texas. Gene Millet, DWRH-M, 7021, Prestonshire Ln., Dallas, TX 75225. 214/363-5883.

November 11. San Antonio Marathon, San Antonio, Texas. Sorbothane/USRA Masters Circuit. 512/732-1332, or Dean Reinke & Associates, 407/647-2918.

WEST California Hawaii New Me

Arizona, California, Hawaii, New Mexico, Utah.

October 6. 2nd Annual L.A. Philharmonic/Reebok 5K/10K/Noteables Walk, Griffith Park, Los Angeles. Philharmonic Affiliates, Volunteer Cottage, P.O. Box 1951, Hollywood, CA 90078. 213/828-4123; 818/889-2660.

October 7. Sacramento Marathon, Sacramento, Calif. Ron Sturgeon, P.O. Box 995, Dixon, CA 95620. 916/678-5005. October 7. Infiniti California Mile, San Francisco. SASE to ICM, P.O. Box 2417, Mill Valley, CA 94942. 415/383-0314.

October 7. Silver State 15K/5K (PA/TAC Championships), Sparks, Nev. Bill Meister, P.O. Box 21171, Reno, NV 89515. 702/852-5037.

October 13. Fourth Annual Chrysalis Run for the Homeless, Griffith Park, Los Angeles, Calif. Susan Romick, Chrysalis, 702 S. San Pedro, Los Angeles, CA 90014. 213/623-9394.

October 14. Irwindale 5K/10K, Irwindale, Calif. Oscar Rosales, 7846 Connie Dr., Huntington Beach, CA 92648. 714/841-5417.

October 21. Humboldt Redwoods Marathon/Half-Marathon, Weott, Calif. Karen Angel HRM, P.O. Box 214, Arcata, CA 95521. 707/442-6463.

October 27. Bellflower Liberty 5K/10K, Bellflower, Calif. George Sturtz, City of Bellflower, 16600 Civic Center Dr., Bellflower, CA 90706-5494. 213/866-7550. October 27. City of Alhambra Moonlight 8K, Alhambra, Calif. Elinor Fong, 111 So. First St., Alhambra, CA 91801. 818/570-5044.

October 28. 2nd Annual Alamo Alumni 5 Mile, San Francisco, Pamakid RC, PO Box 27557, San Francisco, CA 94127. 415/681-2323.

November 4. Baby Boomer West 10K, Phoenix, Ariz. Separate masters race. Ken Hopes, Ariz RR, P.O. Box 37876, Phoenix, AZ 85069-7876. 602/954-8341.

November 11. Foundation 30K, Sacramento, Calif. Sorbothane/USRA Masters Circuit. 916/631-5603, or Dean Reinke & Associates, 407/647-2918.

INTERNATIONAL

November 3. Rosarito Beach Holiday 5K/10K, Rosarito Beach, Baja California, Mexico. SASE to: Finish Line International, 7846 Connie Dr., Huntington Beach, CA 92648. 714/841-5417.

November 4. International X-Country, Ampthilla Bedford, England. D.J. Rose, 42 Woodstock Rd., Bedford MK 404JY. (O) 234-56570.

November 18. AAA Veterans 10K Road Championships, Barnsley, Yorkshire, England. Barnsley 10K, 9 Richard Road, Darton, Barnsley, Yorkshire, 575, 5NP. July 18-28, 1991. IX WAVA World

Veterans Athletics Championships, Turku, Finland. (M40+, W35+). Pirkko Martin, Urheilupuisto, SF-20810, Turku, Finland. Phone: 358-21-503526. Fax: 358-21-503106.

RACE WALKING

January 1 to December 31. Shore AC One-Hour Postal Racewalk. Five-year age

ON TAP FOR OCTOBER

TRACK & FIELD

The 17th edition of the Club West Masters Meet in Santa Barbara opens this month on the 6th, followed later by the Kansas Big Guys Classic III in Lawrence on the 21st, and the three-day Huntsman Chemical World Senior Games in St. George, Utah, starting on the 24th. Other senior meets (50+ or 55+) are scheduled for Baltimore, Md., on the 4th; Gulfport, Miss., on the 11th; and Palm Springs, Calif., on the 27th.

LONG DISTANCE RUNNING

This month, TAC/USA National Masters Championships come in varied lengths and locales: marathon, St. George, Utah, on the 6th; 5K cross-country, Syracuse, N.Y., on the 7th; 50K, Muncie, Ind., on the 14th; and 100K, Duluth, Minn., on the 27th.

On the 6th, masters vying in the Sorbothane/USRA Masters Circuit will contest in the Myriad Gardens 10K, Oklahoma City, and the Music City 5K, Dayton, Ohio, and on the 14th, in the Tandem-Dayton River Corridor Half-Marathon in Ohio.

Other races of interest for masters include the Los Angeles Philharmonic/Reebok 5K/10K and the El Paso 15K on the 6th; the Sacramento Marathon on the 7th; the Twin Cities Marathon in Minneapolis, the Stamford Marathon in Connecticut and the Great Northern 10K in Massachusetts on the 14th; the Detroit Free Press Marathon on the 21st; and the Old Style Marathon in Chicago on the 28th.

RACEWALKING

TAC/USA Championships will be decided in the 30K in East Meadow, N.Y., on the 7th, and the one-hour in Cambridge, Mass., on the 14th. The North American Masters 20K Championships in Midland, Texas, on the 21st includes a 5K and free RW clinics.

groups thru 85+. Gerald Kiss, 18 Rutland Place, Eatontown NJ 07724. 201/542-1779. October 7. TAC/USA National Masters 30K, Racewalk Championships, East Meadow, N.Y. Gary Null, 200 W. 86th St., #17A, New York, NY 10024. 212/362-0658. October 14. TAC/USA National Masters One-Hour Racewalk Championships, Cambridge, Mass. Philip McGraw, 158 Blue Hill Ave., Milton MA 02186. 617/898-1806. October 21. No. American Masters 20K RW Championships Midland, Tx. 35+women; 40+. 5-year age groups. TAC certified course. Also open 5K and 20K. Free clinics. Jim Bozzell, 3 Stutz Ct., Midland, TX 79705-4927. 915/682-9145.

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U.S. MASTERS TRACK & FIELD RANKINGS

(Coord ojcik, T&F Rankings Chairm

	1990 Indoor
	200m Rankings
-	Compiled by Jerry Wojcik
	Somplied by Serry 100

	1990 Indoor	
	200m Ranking	
	Compiled by Jerry	
		No.
	M30-34	
1	Artego James .	22.96
2	Val Barnwell	23.23
3	Jim Bonilla	23.25
4 5	Ken Fews R Crawford	23.5
6	A Juanes	23.7
100	N Allbriton	23.9
8	Jay Mathis	24.0
	Gerald Jones Remo Biagioni	24.2
11	Fred Feaster	24.4
12	Bill Jones	24,42
13	Bob Sands	24.46
14	Dom St. Jean B Lammers	24.6
16	Frank Makozy	24.67
17	Jeff Messer	24.7
	J Cooksey	24.8
19	A Parker Allan Harden	24.83
21	Kevin McCarragher	25.01
22	Kevin McCarragher Terry O'Connell	25.1
	A Belonger	25.1
24	Nick Mitchell Don McNeil	25.14 25.3
26		25.4
	Dave Mitchell	25.5
-	Lamont Wilson	25.5
29 30	Tom England Neal Bojko	25,57 25.77
	Ken Castro	25.9
32	- Chollish	26.1
	John Oellerman	26.3
34 35	Greg Troy Dave Quier	26.5 27.7
3	pasé Muser	21.1
	M35-39	
1		23.15
2	Tom Thompson Willard Thompson	23.57
4	A Mathews	23.8
5	Tom Rewolinski	23.88
6	Alfonzo Walton	23.91
7 8	Horace Hudson Ed Brown	24.0
9	T Neuens	24.4
10	Bob Burnett	24.5
11 12	Bob Bowen Reid Pershing	24.58
	Max Blueford	24.6

2 TOM MEMOTILIENT	۵.00
6 Alfonzo Walton	23.91
7 Horace Hudson	24.0
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10 Bob Burnett	24.5
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16 D Hodge	25.3
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18 Shawn Regan	Market and the State of Contract of the State of Contract of Contr
19 Greg Grund	26.6
20 Dallas Gains	28.2
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1 Stan Druckrey	23.11
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O ROGEL ABBLIK	
7 R G MacDonald	24.7
8 Walt Johnson	24.8
9 Tyrone Carlis	24.88
10 Glen Johnson	
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11 Joe Kopka	25.0
12 Jasper Royal	25.1
William Overby	25.1
14 Bert Peters	25.12
15 P Caldon	25.4
16 David Lamm	25.45
12 David Louis	
17 Ralph Wallace	25.47
18 Phil Fenton	25.8
19 Jim Vickers	25.84
20 J Miller	25.9
21 T Henderson	26.08
22 David Larson	26.1
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24 I lord Hathand	26.1
24 Lloyd Hathcock	26.2
25 Jim Crutcher	26.3
26 Bob Ihne	26.5
27 Mike Augeri 28 Mike Billman	26.7
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29 B Noeller	27.07
30 John Stiehl	27.1
21 Nosh Domlin	
31 Noah Perlis	27.3
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33 Ed Howard	27.5
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35 W Ewing	27.8
36 Bob Stevens	28.1
37 John Buckley	28.7
38 Robert Melor	28.8
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7 Tom Toscano	25.0
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13 Tony Alfieri 14 Nick Gailey	26.14
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16 L Wright	26.2
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21 James Brady	27.5
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25 Carl Koernen	27.75
26 R Aranda	27.9
27 M Marvin	27.9
28 Wesley Foote	28.1
29 Mas Chihaya	28.31y
30 Jim Hees	28.8
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2 Charlie Miller	24.63
3 Larry Colbert 4 Bob Williams	25.13 25.3
5 Ed Small	25.5
6 Paul Dorsey	25.64
7 Gil LaTorre	25.85
8 R Rizzo	26.2
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10 John Haugo	26.62
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14 Terry Pliner	27.75
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MSS-59 1 Hugo Hartenste: 2 Jim Mathis 3 Cliff Pauling 4 Paul Johnson 5 Milton Newton 6 Bob Keegan 7 Rich Barretta 8 Jim Ware 9 Harry Brown 10 Dick Lindsey 11 Don Benton 12 Joe Hemler 13 Leon Trout 14 Troy Banks 15 Reggie Smith 16 D Lewis 17 J Darrell 18 Earl Mege. 19 J Robinson G McGinnis 21 Ralph Summerlin 21 Hal Mayhew 23 Ray Eiland 24 Tom Morris 25 Tom Talbott M60-64 1 Jim Law 2 Harry Brown 3 Chuck Sochor 4 Andy Anderson 5 Gene Harte 6 Gordon Seifert 7 Willie Blackmor 8 Bob Watanabe 9 Tom Brooks Ross Mitchell 11 Ed Cox 12 H MacMillan 13 Robert Naylor 14 Jack Greenwald 15 Don Waish 16 Ed Matthews 17 Carl Ormdoff 18 Kelsey Brown 19 D Brown 20 Bill Townsend M65-69 1 Mel Larsen 2 Tim Marrhy	24.94 25.3 25.70 25.79 26.41 27.5 27.6 27.64 27.75 28.2 28.5 28.6 29.2 29.65 30.1 30.5 30.3 31.60 31.9 26.45 26.76 27.8 28.9 28.9 28.9 29.9 30.4 30.89 31.02 31.42 32.9
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MSS-59 1 Hago Hartenste: 2 Jim Mathis 3 Cliff Pauling 4 Paul Johnson 5 Milton Newton 6 Bob Keegan 7 Rich Berretta 8 Jim Ware 9 Harry Brown 10 Dick Lindsey 11 Don Benton 12 Joe Hemler 13 Leon Trout 14 Troy Banks 15 Reggie Smith 16 D Lewis 17 J Darrell 18 Earl Mege 19 J Robinson 6 McGinnis 21 Ralph Summerlir 22 Hal Maynew 23 Ray Eiland 24 Tom Morris 25 Tom Talbott M60-64 1 Jim Law 2 Harry Brown 3 Chuck Sochor 4 Andy Anderson 5 Gene Harte 6 Gordon Seifert 7 Willie Blackmon 8 Bob Watanabe 9 Tom Brooks Ross Mitchell 11 Eil Cox 12 H MacMillan 13 Robert Naylor 14 Jack Greenwald 15 Don Walsh 16 Eil Matthews 17 Carl Orndoff 18 Kelsey Brown 19 D Brown 19 D Brown 20 Bill Townsend M65-69 1 Mel Larsen 2 Tim Murphy 3 Ed Goddin 4 Vern Mattson 5 J W Pierson	in 24.94 25.3 25.70 25.79 26.41 27.5 27.6 27.64 27.75 28.2 28.5 28.6 28.8 29.65 30.1 30.869 31.31 30.869 31.9 26.45 26.78 28.4 28.4 28.4 28.4 28.4 28.4 28.4 28.
MESS-59 1 Hugo Harterste: 2 Jim Mathis 3 Cliff Pauling 4 Paul Johnson 5 Milton Newton 6 Bob Keegan 7 Rich Barretta 8 Jim Ware 9 Harry Brown 10 Dick Lindsey 11 Don Benton 12 Joe Hemler 13 Leon Trout 14 Troy Banks 15 Reggie Smith 16 D Lewis 17 J Darrell 18 Earl Mege. 19 J Robinson G McGinnis 21 Ralph Summerlin 24 Tom Morris 25 Tom Talbott M60-64 1 Jim Law 22 Harry Brown 3 Chuck Sochor 4 Andy Anderson 5 Gene Harte 6 Gordon Seifert 7 Willie Blackmor 8 Bob Watanabe 9 Tom Brooks Ross Mitchell 11 Ed Cox 12 H MacMillan 13 Robert Naylor 14 Jack Greenwald 15 Don Waish 16 Ed Matthews 17 Carl Ormdoff 18 Kelsey Brown 19 D Brown 20 Bill Townsend M65-69 1 Mel Larsen 2 Tim Murphy 3 Ed Goddin 4 Vern Mattson 5 J W Pierson 5 J W Pierson 6 Sam Media	in 24.94 25.3 25.70 25.79 26.41 27.5 27.6 27.64 27.75 28.5 28.6 28.8 29.2 29.65 30.1 30.5 30.83 31.60 31.9 26.45 26.5 26.76 27.8 28.24 28.3 28.9 28.9 29.9 30.9 30.9 31.42 31.50 31.42 31.50 31.42 31.50 31.60 31.9
MSS-59 1 Hugo Hartenste: 2 Jim Mathis 3 Cliff Pauling 4 Paul Johnson 5 Milton Newton 6 Bob Keegan 7 Rich Barretta 8 Jim Ware 9 Harry Brown 10 Dick Lindsey 11 Don Benton 12 Joe Hemler 13 Leon Trout 14 Troy Banks 15 Reggie Smith 16 D Lewis 17 J Darrell 18 Earl Nege 19 J Robinson G McGinnis 21 Ralph Summerlin 22 Hall Mayhew 23 Ray Eiland 24 Tom Morris 25 Tom Talbott M60-64 1 Jim Law 2 Harry Brown 3 Chuck Sochor 4 Andy Anderson 5 Gene Harte 6 Gordon Seifert 7 Willie Blackmor 8 Bob Watanabe 9 Tom Brooks Ross Mitchell 11 Ed Cox 21 H MacMillan 13 Robert Naylor 14 Jack Greenwald 15 Don Walsh 16 Ed Matthews 17 Carl Orndoff 18 Kelsey Brown 19 D Brown 20 Bill Townsend M65-69 1 Mel Larsen 2 Tim Murphy 3 Ed Goddin 4 Vern Mattson 5 J W Pierson 6 Sam Media 7 Oscar Harris	in 24.94 25.3 25.70 25.79 26.41 27.5 27.6 27.64 27.75 28.5 28.6 28.8 29.2 29.65 30.1 30.5 30.86) 31.9 26.45 26.76 27.8 28.9 29.65 30.1 30.89 31.9 26.45 26.76 27.8 28.9 29.9 30.8 31.9 27.87 28.9 29.7 30.0 30.89 31.92 31.42 31.5 32.9 27.87 28.89 29.7 30.0 30.89 31.02 31.42 31.5 32.9
MESS-59 1 Hugo Harterste: 2 Jim Mathis 3 Cliff Pauling 4 Paul Johnson 5 Milton Newton 6 Bob Keegan 7 Rich Barretta 8 Jim Ware 9 Harry Brown 10 Dick Lindsey 11 Don Benton 12 Joe Hemler 13 Leon Trout 14 Troy Banks 15 Reggie Smith 16 D Lewis 17 J Darrell 18 Earl Mege. 19 J Robinson G McGinnis 21 Ralph Summerlin 24 Tom Morris 25 Tom Talbott M60-64 1 Jim Law 22 Harry Brown 3 Chuck Sochor 4 Andy Anderson 5 Gene Harte 6 Gordon Seifert 7 Willie Blackmor 8 Bob Watanabe 9 Tom Brooks Ross Mitchell 11 Ed Cox 12 H MacMillan 13 Robert Naylor 14 Jack Greenwald 15 Don Waish 16 Ed Matthews 17 Carl Ormdoff 18 Kelsey Brown 19 D Brown 20 Bill Townsend M65-69 1 Mel Larsen 2 Tim Murphy 3 Ed Goddin 4 Vern Mattson 5 J W Pierson 5 J W Pierson 6 Sam Media	in 24.94 25.3 25.70 25.79 26.41 27.5 27.6 27.64 27.75 28.5 28.6 28.8 29.2 29.65 30.1 30.5 30.83 31.60 31.9 26.45 26.5 26.76 27.8 28.24 28.3 28.9 28.9 29.9 30.9 30.9 31.42 31.50 31.42 31.50 31.42 31.50 31.60 31.9

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2 3 4	M70-74 John Alexander Angelo Oliver Sparks Sorlien Claude Hills Emil Balz W Ragland Paul Jones	29.33 33.2 34.7 35.11 37.77 38.1 38.5	
2345	M75-79 Barry Ives M Lightfoot Fred White Mel Flachs Ray Ethwards Jerry Wible Leslie Thomas	32.8 33.61 34.2 35.17 35.4 36.01 36.3	
1	M80-84 Byron Fike Fred d'Elia Don Ernst	36.9 39.1 42.0	
	M85-89 Konrad Boas Arling Pitcher	42.51 46.1	The second second second
2	W30-34 Susan Krogstad Sue Tallard Martha Lutz Melinda Miller Karen Rapallo	28.1 28.34 30.5 31.2 31.6	
34	W35-39 Irene Thompson Lou Bloxom Martha Brown / Diane Sherrer Barb Blaszak	27.5 30.6 32.4 34.9 35.2	
56789	W40-44 Phil Raschker Lorraine Tucker Jennifer Pinto K Walton-Pierce Pam Duncan CAN D Corey B Lindsburg Mary Platis Julie Chihaya Claire MacBride	27.30 28.91 29.0 29.32 29.89 33.5 33.6 34.8 35.83y 37.5	
1234567	W45-49 Marilyn Mitchell Mary Luker Marlene Sacha Penny Danielson Cathy Primmer K Gottschalk H Samuelson	29.64 30.39 31.0 32.57 32.89 34.5 34.9	
1 2	W50-54 VanderVleutenCAN Susan Redfield Rachel Lyga Marion Coffee	33.08 33.2 35.69 36.87	
	W55-59 Marilyn Ftzgeral Betty Vosburgh Fei-Mei Chou Marjorie Moore Liz Szawloski	d32.1 34.09 34.92 37.10 38.5	The second second second
2	W60-64 Mary Patterson C Peet	35.12 44.7	The state of the state of
2 3 4	W65-69 Jos Sullivan G Meadows Flo Berry Carol Peebles W70-74 Marjorie Smith	39.47 39.6 40.89 43.61	
1 2	Marjorie Smith Ernestine Yeomans W75-79 Millie Crews Pearl Mehl Vivian Nelson	46.4 s52.3 45.73 46.61 57.7	
C	1990 Indoor Mile Rankings ompiled by Jerry W	/ojcik	

M30-34
1 Don DiDonato 4:19.0
2 Marc Novak 4:21.3
3 Steve Gallagher4:26.6
4 Matt Sukeforth 4:33.0
5 Richard Smith 4:34.8
6 Bob McAnany 4:35.8
7 John Stanley 4:37.3

COLUMN TO THE RESERVE TO SERVE THE RESERVE	of the state of the state of
8 Walt Berkowic 9 D Cooper	z 4:39.0 4:41.2
10 John Metz	4:41.3
11 Brian Boyer 12 Kris Wernsted 13 Greg Burrell	4:41.9 t 4:42.2
14 Don Frederick	4:43.0 8 4:45.2
15 Rich Crowley 16 John McInerne	4:45.3
17 Chuck Browley	4:47.4
18 Doug Haas 19 Mike McDowell	4:48.0
20 D Kennewurf 21 D Henderson	4:52.9 4:55.3
22 Russ Patton	4:58
23 Al Felenchak 24 Vince Walls	4:59.8 5:01.6
25 Richard Clear 26 G Pizzoferrate	5.01 Q
27 Larry Hart	5:04.9
28 Sheldon Frisb 29 S Okrend	5:06.0 5:11.2
30 Joe Hoffman	5:13.1
M35-39	
1 Duane Green 2 Phil Kron	4:37.8
3 John Emswiler Gary Tompkins	4:41.2
5 Doug Black	4:41.2 4:43.2
6 Rich Durbano Charles Lutz	4:43.8 4:43.8
8 Joel Hoffsmit	h 4:46.0
Dennis Mellish 10 S Falk-Peders	on4:48.6
11 Ed Castaneda 12 Glenn Powell	4:52.0 4:53.0
13 Bob DeYoung	4:54.4
14 Herman Richard 15 Dan Wisniewski	
16 Dan Gorrell	5:02.1
17 Russell Floyd 18 Bob Caplin	5:04.7 5:11.7
19 John Buhring 20 Mike Fogle	5:13.3 5:16.8
Burdhey, 199	Wat server
1 Dave StewartC	N4:15.4
2 Larry Alaberg	4:17.3 N 4:17.5
3 Wilsh Waigwak 4 Mike Boit KN	4:18.0
5 Byron Dyce 6 Dan Frye	4:19.6 4:20.3
7 Steve Ruckert 8 Albin Swenson	4:25.1 4:28.3
9 Ron Bell GB	4:28.5 4:30.0
10 John Serrao 11 Bill Robinson 12 Jim Andrews	4:33.9 4:34.1
13 John Dwyer	4:34.5
14 R Hoebeke 15 Archie George	4:36.2 4:36.7
16 Harry Nolan 17 Fay Bradley	4:40.3
18 Henry Finch	4:40.8
19 Rich Bayko 20 Jim Ryun	4:41.4 4:42.3
21 Paul Zinic	4:42.5
22 Clyde Goode 23 Terry Habecker	4:44.0
24 Jay Wind 25 Fred Dedrich	4:44.1 4:45.5
26 Ben Brockwell 27 Bruce Albert	4:45.7
28 Bill Fanning	4:47.7
30 Larry Purtell	4:48.7 4:49.1
31 Ed Poirier 32 Jim Brady	4:49.9 4:50.0
33 Jim Shank	
34 Herb Froman	4:51.5
34 Herb Engman 35 John Saylor	4:54.9 4:56.0
36 Don Fish	4:54.9 4:56.0 4:56.2 4:56.3
36 Don Fish	4:54.9 4:56.0 4:56.2 4:56.3 4:56.9 4:57.5
36 Don Fish	4:54.9 4:56.0 4:56.2 4:56.3 4:56.9 4:57.5 4:58.1
36 Don Fish	4:54.9 4:56.0 4:56.2 4:56.3 4:56.9 4:57.5 4:58.1 4:59.9 5:00.4
36 Don Fish 37 Dan Peterson 38 Kent Ogleby 39 Bob Richey 40 Tim Shay 41 Bob Huddle 42 Kip Keino KN 43 Dave Rossiter	4:54.9 4:56.0 4:56.2 4:56.3 4:56.9 4:57.5 4:58.1 4:59.9 5:00.4 5:01.1
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36 Don Fish 37 Dan Peterson 38 Kent Ogleby 39 Bob Richey 40 Tim Shay 41 Bob Huddle 42 Kip Keino KN 43 Dave Rossiter 44 Ron Niblett 45 Dave Block 46 Phil Riposo 47 Paul Brown 48 Dale Ladd	4:54.9 4:56.0 4:56.2 4:56.3 4:56.9 4:57.5 4:58.1 4:59.9 5:00.4 5:01.1 5:01.6 5:02.3 5:02.9 5:03.6 5:05.5 5:06.2
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M50-54	3
1 Willie Kay 4:46.3	3
3 Bob Milner 5:00.3 4 Harold Hatch 5:09.3	3
5 Walley Brawner 5:24.2 6 Ron Greathouse 5:32.6	2
3 Bob Milner 5:00.3 4 Harold Hatch 5:09.2 5 Walley Brawner 5:24.2 6 Ron Greathouse 5:32.2 7 Dick Fislar 5:43.3 8 John Robinson 5:55.9 9 Dick Sutton 5:59.0	3
9 Dick Sutton 5:59.0	
1 John Conner 4:53.3	3 1
3 Gordon Walker 5.20	5 2000
4 Charles Collins5:38.6 5 John Keat 5:39.6 6 Phil Steel 5:47.7 7 Melvin Miller 5:49.6	5 1
B Larry Dickerson: 54.	STATE - 1205
9 Morroe Allen 6:03. 10 Fran Riley 6:07. Rich Kowalski 6:07.	7
M60-64	CONTRACTOR OF THE
1 M Schepers 5:26.8 2 Roger Whalley 6:02.3 3 John O'Sullivan6:03.3	3 1
3 John O'Sullivan6:03.3 4 Vic Twomey 6:15.4	
4 Vic Twomey 6:15.4 5 Dick Bloom 6:30.0 6 Jerry Nolan 6:38.2	2 1
M65-69 1 Arch Messenger 5:44.0	
2 Cid Tosha 6.22 (ARCHITECTURE OF THE PARTY OF
2 3 John Grey 6:47.4 4 Stan Cherrin 6:48. 5 John McCarthy 7:21. 6 Jack McGrave 7:21.	2
M70-74	200
1 Karl Cole 8:16.0 2 Warren Wiggin 8:18.4	0
M75-79	
1 Jerry Wible 7:35. 2 Frank Levine 8:30.	7 1
W30-34 1 C Hervert 5:31. 2 N Fitzgerald 5:32.	1 1
2 N Fitzgerald 5:32. 3 Muriel Naumann 5:38.	7 1
3 Muriel Naumann 5:38.4 Karen Lain 5:56.5 M Malloy 5:58.	9 5
W35-39 1 Chris Rossiter 5:34.3	
2 Barbara Blaszak5:36.2	Store Course
3 Sue Wickers 5:42.6 4 Marcy Thomas 5:47.3 5 Laurie Miner 6:00.5 6 Beth Barrie 6:07.	5
	過春 一種
1 Nancy Oshier 5:27. 2 Susan Compton 5:40. 3 D McLaughlin 5:48. 4 Gayle Wilson 5:50.	3
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W45-49 1 Barbara Pike 5:45. 2 S Gardinier 5:49.	1
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USO SA	新。海
1 Lenis Tucker 6:30.7 2 U Deetscreek 7:12.4	F 8 30
3 Mary Drinkwine 7:55.7 4 Sheila Foster 8:42.9	
W55-59 1 Lois Bell 6:52.8	
3 Elanore Wallace7:35.0	
4 L A Brobst 8:09.0	6
1 Mabel Velge .8:36.9 W65-69	
1 Jane Brown 8:36.0 2 Geneva Meadows 9:06.0	1
W70-74 1 Becky Yencharis8:41.9	
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1990 Indoor	
Pole Vault Rankings Ompiled by Tom Rauscher	
and Robb Bong	6
4 Men hannon Sullivan 5.	<u>75</u>
erry nerson 4.	38 2
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	irmum)		Limin Albertin
	M50-54 1 Willie Kay 4:46.3	35-39 Men 1 Ed Lipscomb	4.85
	2 Sid Howard 4:50.3 3 Bob Milner 5:00.3	2 Brad Skobo 3 J Anderson	4.72
	4 Harold Hatch 5:09.2 5 Walley Brawner 5:24.2	4 Jim Williams 5 Rick Baaggett	4.40
	6 Ron Greathouse 5:32.6	6 Ken Roblee	4.25
	7 Dick Fislar 5:43.3 8 John Robinson 5:55.9	7 Don Knapp Peter McGinnis	4.11
	9 Dick Sutton 5:59.0	Sam Prentice 10 R Suiter	4.11
	1 John Conner 4:53.3	11 Greg Cronacher 12 M Kollros	3.65
	2 Jim Sutton 4:55.8 3 Gordon Walker 5:20.5	G Silbaugh	3.50
	4 Charles Collins5:38.0 5 John Keat 5:39.6	10-11_Men	in at
	6 Phil Steel 5:47.9	1 Warren Wilke 2 Tom Rauscher	4.25
	7 Melvin Miller 5:49.0 8 Larry Dickerson5:54.0	3 Rex Harvey 4 John Hoogasian	4.10
	9 Monroe Allen 6:03.7 10 Fran Riley 6:07.0	5 Mike Davis	3.81
	Rich Kowalski 6:07.0	6 Richard Stepp 7 Phil Johnson	3.65
	M60-64 1 M Schepers 5:26.8	8 Mike Monahan 9 John Patterson	3.50
	2 Roger Whalley 6:02.3 3 John O'Sullivan6:03.3	10 D Hill 11 Jeff Blatt	3.20
	4 Vic Twomey . 6:15.4	12 Jan Decker	2.89
	5 Dick Bloom 6:30.0 6 Jerry Nolan 6:38.2	13 Angel Nieves Ron Salvio	2.74
	M65-69	15 Allen Ray 16 Allen Glenn	2.43
	1 Arch Messenger 5:44.0 2 Sid Toabe 6:23.8 3 John Grey 6:47.4	The state of the s	
	4 Stan Cherrin 6.48 2	1 Joe Johnston	4.11
1	5 John McCarthy 7:21.5	Charlie Polhamus 3 Larry Holmes	4.11
	6 Jack McGrave 7:21.9 M70-74	4 John Hanoch Charles Leming	3.80
	1 Karl Cole 8:16.0	6 Henry Hopkins	3.66
	2 Warren Wiggin 8:18.4 M75-79		3.65
	1 Jerry Wible 7:35.0	9 John Hancock Merie Norberg	3.35
No.	2 Frank Levine 8:30.7	1 11 Jeff Loubet	3.05
A. A.	1 C Hervert 5:31.1	12 2 take wolfers	3.05
9.0	2 N Fitzgerald 5:32.7 3 Muriel Naumann 5:38.4	14 Roy McGeady Keith Van Winkle	2.89
1	4 Karen Lain 5:56.9 5 M Malloy 5:58.9	50-54_Men	
	W35-39	1 Jerry Counihan	3.81
物を	1 Chris Rossiter 5:34.3 2 Barbara Blaszak5:36.2	3 Norm Cyprus	3.20
in the	3 Sue Wickers 5:42.6	Dee Dewitt	3.20
	4 Marcy Thomas 5:47.3 5 Laurie Miner 6:00.5 6 Beth Barrie 6:07.5	6 Tom Allen Dave Martin 8 Joe Griffin	3.04
	W40-44	8 Joe Griffin 8 Joe Beckham	2.75 1.98
	1 Nancy Oshier 5:27.3 2 Susan Compton 5:40.8	55-59_Men	
	3 D McLaughlin 5:48.0 4 Gayle Wilson 5:50.3	1 Doug McFetters 2 Phil Mulkey	3 05
1	4 Gayle Wilson 5:50.3	Jerry Stanners	3.05
	1 Barbara Pike 5:45.1	5 Bob Kemp	2.59
	1 Barbara Pike 5:45.1 2 S Gardinier 5:49.1 3 Judy Gulley 7:03.0	Jerry Stanners 4 Frank Brown 5 Bob Kemp 6 Jim Peterson 7 George Taylor 8 Tom Jackson	2.44
	4 Ruth Wilderwing7:37.6		
3	W50-54 1 Lenis Tucker 6:30.7	60-64 Men 1 Jerry Donley 2 Bob Richards 3 Tom Hinkes	9 77
	2 U Deetscreek 7:12.4 3 Mary Drinkwine 7:55.7	2 Bob Richards	3.20
	4 Sheila Foster 8:42.9	- B ACKERMAN	2.59
	W55-59 1 Lois Bell 6:52.8	Denver Smith Curt Trevor	2.59
	2 Donna Gulley 7:09.9	Curt Trevor 7 Jack Doorlay 8 R Scott	2.43
	3 Elanore Wallace7:35.0 4 L A Brobst 8:09.0	Bob Wainman	1.98
	W60-64	65-69 Men	
	1 Mabel Velge 8:36.9 W65-69	1 Boo Morcom 2 Fred Hirsimaki	3.28
	1 Jane Brown 8:36.0	3 Jim Johnson	2 20
	2 Geneva Meadows 9:06.0	Bob Warwick Sr. 5 G Rajcevich	2.28
	1 Becky Yencharis8:41.9	6 Jon Hutchinson 7 Vern Mattson	1.82
	The property of the property of the property of	70-74_Men	
	1990 Indoor	1 Jim Vernon 2 Ham Morningstar	2.59
No.	Pole Vault Rankings	3 A U Ricciardi	2.28
E :	Compiled by Tom Rauscher and Robb Bong	4 Dick Bennett Bob Warwick	2.14
	The second bong	Bob Warwick 6 Earl Cole	1.67
	30-34_Men	75-79 Men	基
	1 Shannon Gullius	2 M Lightfoot	2.13
September 1	3 Jerry Dowdy 4.62		1.68
1	2 Jerry Nelson 4.72 3 Jerry Dowdy 4.62 4 Dan West 4.41 5 Ken Ellis 4.26 6 Don Severn 4.11	85-89_Men	
The last	7 Charlie Barnard 2 00	1 Arling Pitcher	1.37
1	O JIM PAZIO 3.81	40-44 Women	
	J Oksas 3.81 Terry Wasson 3.81 11 Greg Polzin 3.80 12 Kevin Hanson 3.65	1 Phil Raschker	2.29
5	2 Kevin Hanson 3.65	1 Barbara Stewart	
1	Nick Mitchell 3.65		1.80
A TO	5 Chris Polakowski 2.74	50-54 Women 1 Rachel Lyga	1.87
		the state of the s	

RECIPIENTS OF CERTIFICATES AS ALL-AMERICANS FOR ACHIEVING U.S. STANDARDS OF EXCELLENCE

M35-39 Matthew Byrnes Ed King Ted Tiernon	Shot Put 400 Pentathlon	49-7 52.3 2738 pts	8-4-90 1979 8-2-90	M50-54 Larry Price Richard Lee James K. Murphy	Discus Shot Put Shot Put 1500	149-5 46-104 41-8 4:43.6	6-16-90 6-16-90 6-2-90 7-13-90	M70-74 Tom Regan Edgard B. Morgan	High Jump 10K 5K	4-2½ 46:09 22:35	8-11-90 10-7-90 5-19-90
M40-44			nut 121	Nemour De Laneuville John L. Whelan	100H 100	16.3	5-19-90 7-14-90	M75-79			
Seth Kaminsky	1500	4:20.5	7-5-81	Robert E. Miller	100	12.0	7-18-90	Lloyd Houston	200	33.4	6-20-90
Steve Boyer	1500 800	4:19.1 2:05.44	7-28-90 7-28-90	de la monta de la	400	25.6 57.1	7-11-90	H. Paul Narcessian	Hammer	89-7	6-24-90
Emilio Labori	200	23.9	7-17-90		400	3/.1	7-18-90	Charles W. Roloff	Discus Javelin	88-2 89-11	5-26-90 6-3-90
Jerry L. Boswell	Long Jump	20-94	8-2-90		经工作企			Bob Boucke	Shot Put	31-15	6-2-90
Gary Rust William W. Masuck	800 Pentathlon	2:05.39 2665 pts	6-9-90	M55-59 Jim Baggett	Dela Vaule	10-6	6 0 00				THE PARTY OF THE P
		Company of the State of		Bobby R. Hollis	Pole Vault	10-6 2:25.66	6-9-90 5-5-90	W40-44	terit	Aller Fills	
M45-49	1077		The mine area			estimated to be to a	ri v i i kole i	Merle Heimberg	SK .	19:08	7-8-90
Michael Miloue Larry Norris	110H 3000SC	16.1 10:59.40	5-20-90 6-23-90	V60 64				WEST TANKS TO SHEET THE PARTY		THE REAL PROPERTY.	
	800	2:06.88	6-23-90	M60-64 Marcel Diraison	800	2:35.44	7-21-90	WS0-54 Yvette LaVigne	5K	20:40	7-8-90
	400	55.70	6-29-90	Don Mather	Javelin	140-7	8-4-90		Maria National	A STATE OF THE PARTY	
	1500 400H	4:27.4 1:03.29	7-13-90 7-8-90	Jim Platis	Long Jump	16-6	7-7-90	W60-64	ev	72.40 -	
James E. Buckley	400	55.4	7-17-90	图 不足。在海域上海海域	Triple Jump Long Jump	15-10	7-7-90	Jacqueline Williams	34	32:48.5	8-5-90
Robert B. Clasen	800	2:08.34	8-2-90		Triple Jump	30-6	6-30-90	W65-69		1000 1000 1000 mg 100	ACCES OF THE
Jerry E. Whitten	1Mile RW	7:33.1	7-4-90		High Jump	4-6	6-30-90	Renee B. Roloff	Javeline	64-3	6-3-90

U.!	U.S. MASTERS ALL AMERICAN STANDARDS OF EXCELLENCE FOR MASTERS RACE WALKERS												
	The state of the s												
Event	30-34	35-39	40-44	45-49	50-54			65-69	70-74	75-79	80-84	85-89	90-94
Mile 3000 2Mile 5000	7:12 13:59 15:04 23:36	.7:24 14:23 15:30 24:13		7:49 15:12 16:24 25:33	8:04 15:36 16:54 26:24	17:30	18:12		20:27	10:30 20:30 22:06 34:33	11:48 23:00 24:48 38:42	12:36 24:36 26:30 41:24	14:03 27:18 29:24 45:54
10K 15K 20K			50:27 1:16 1:43	51:54 1:19 1:47	53:33 1:23 1:52		59:06 1:31 2:02	63:21 1:35 2:09	66:30 1:40 2:17	70:09 1:47 2:27	78:36 1:58 2:40	2:10	93:18 2:22 3:10
					-	MO	MEN	- MARIE					
Mile 3000 2Mile 5000		17:15	17:46	18:18	9:03 17:33 18:54 29:36	18:48 20:12		11:30 22:12 24:00 37:30	23:33 25:21	12:54 25:00 26:54 42:06	13:48 26:48 28:54 45:09	15:21 29:48 32:09 50:18	16:48 32:36 35:09 55:12
10K 15K 20K	53:25 1:24 1:54	54:41 1:26 1:57	56:12 1:29 2:01	58:00 1:32 2:05	63:12 1:35 2:09	65:48 1:39 2:14	70:33 1:46 2:23	76:06 1:55 2:34	82:42 2:04 2:47	87:54 2:13 3:00	94:12 2:22 3:13	1:41 2:33 3:38	1:51 2:48 3:47
	A minimum of two judges must be present and the competition must be limited to race walkers (i.e. no runners).												

U.S. MASTERS STANDARDS OF EXCELLENCE												
in.			the r	to the	FO	R ME	N					45
Event	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84	85-89
100	11.0		11.67		12.5	13.0	13.5	14.0	15.0	16.5	18.0	20.0
200 400	22.4	23.3	24.2	25.1 56.0	26.0 58.5	27.2 61.5	28.5 65.0	29.8	76.5	35.8 84.5	94.0	105.0
800	2:01	2:04	2:08	2:13	2:19	2:27	2:37	2:49	3:06	3:27	3:54	4:24
1500	4:11	4:15	4:22		4:45	5:02	5:24	5:47	6:22	7:03	7:59	9:15
Mile	4:31	4:35	4:42	4:53	5:07	5:25	5:49	6:14	6:51	7:38	8:42	10:16
5000 10000	15:30 32:11	15:42	16:06 33:30	16:44	17:30 36:15	18:24	19:36	21:08	23:30 48:30	26:00 54:30	29:07	37:30
110H	15.3	16.4		18.75	30113	30.10	10130	201	10150			
100H	THE RES	2.20		100	18.0	19.0	20.0	21.3				ONE
80H 400H		59.7	62.0	64.4	67.2	70.6			18.0	21.0	25.0	30.0
300H	57.6	39.7	62.0	04.4	48.0	51.0	55.0	60.0	66.5	74.5	84.0	95.0
3K-SC	10:00	10:20	10:55	11:40	12:30	13:20						
2K-SC	10100	ALCH THE	10.33		12.50	13110	9:30	10:30	12:00	14:00	16:30	19:30
нЈ	1.94	1.85	1.76	1.68	1.59	1.50	1.41	1.32	1.23	1.13	1.02	.92
	6-41/2	6-3/4	5-91/4	5-6	5-21/2	4-11	4-75	4-4	4-12	3-8	3-4	3-1
PV	4.40	4.15	3.90	3.60	3.30	3.05	2.80	2.55	2.30	2.05	1.80	1.50
CAL	14-5%	13-7%	12-95	11-95	10-10	10-0	9-24	8-4%	7-64	6-81/2	5-11	4-11
n	6.55	6.20	5.85	5.45 17-10 ¹ / ₂	5.10	4.75	4.40	4.00	3.65	3.35	3.00 9-10	2.65 8-8½
TJ	13.35	12.65	11.90	530 Bana		9.65	8.90	8.20	7.50	6.80	6.10	5.50
AREA DE	43-91/2	41-6	39-15	11.15	10.40	31-8	29-21/2	26-11	24-7%	22-4	20-1	18-12
Shot	15.20	14.10	13.00	12.00	12.40	11.20	12.00	10.80	10.00	8.80	7.65	6.50
	49-10-		42-8		40-84	36-9	39-44	35-54	33-0	28-10-2	25-1%	21-4
Discus	44.80	42.60	40.60	38.00	40.00	36.40	40.00	36.80	31.60	26.40	21.40	16.20
(T) 24	147-0	139-9	133-2	124-8	131-3	119-5	131-3	120-9	103-8	86-7	70-21/2	53-2
Hammer		44.20	41.14	38.10	38.40		36.00	33.00 108-3	29.00	25.00 82-0	22.50 73-10	18.00 60-0
12.10	155-0	145-0	135-0	125-0	126-0	118-1	118-1	The second	7 100	24.00	19.00	15.00
Jav	62.00	57.00 187-0	52.60	48.00 157-6	43.00	38.50 126-4	40.00	35.00 114-10	95-2	78-9	62-4	49-2
35#Wt.	The state of the state of	14.00	13.00	12.00	10.00	9.00		and the second			3	AL PER
25#Wt.	13.00	14.00	13.00	12.00	10.00	3.00	11.00	10.00	9.00	8.00	7.00	6.00
56 Wt.	9.50	9.00	8.50	8.00	6.00	5.00	4.50	4.00	3.50	3.00	2.50	2.00
Pen	280	0 2600	2600	2600	2600	2600	2600	2600 5250	2600	5250	2600	5250
Dec									Charles and the second second			
notes	: 1) 100	stands	rds are	for auto	matte to	ime; use : 36":	60-69:	rd conver	rsion fo +: 30".	r hand	ine.	
12	3) Lor	ng hurdl	es: 30-	49: 36":	50-59	: 33":	60+: 30			4k.		130
		ot put:	ow: 30-	49: 2kg:	50-59	: 1.5kg;	60+:	60-69: 51				1000
	6) Has	mer:	30-	49: 7.26	k (16#)	50-59	: 6k;	60-69: 51	k; 70+:	4k.		12
20.00	7) Jav 8) Het	-te bat	abre and	59: 800g		the stan	dard; fe	eet and	Inches 1	isted fo	r conve	nience
7-46	9) Pe	n/Dec	: 30-	39 IA	AF pts	.; 40	+ WAV	A fac	torin	g (ne	WAV.	A).

U.S. MASTERS STANDARDS OF EXCELLENCE FOR WOMEN Event 30-34 35-39 40-44 45-49 50-54 55-59 60-64 65-69 70-74 75-79 80-84 20.0 21.2 43.5 47.0 15.0 15.6 16.2 16.9 31.4 32.5 34.0 35.7 69.5 71.5 73.5 78.5 2:46 2:54 3:05 3:19 17.8 18.6 13.8 14.2 14.6 28.0 29.2 63.5 65.5 2:32 2:35 30.3 67.5 2:40 4:09 3:36 1500 5:10 5:19 5:29 5:40 5:58 6:20 6:48 7:23 8:04 8:52 9:48 M1le 5:34 5:44 5:55 6:07 6:26 6:49 7:19 7:46 8:47 9:39 10:45 5000 19:45 20:30 21:20 22:16 23:12 24:16 26:08 28:08 30:08 32:21 34:26 10000 41:00 42:40 44:40 47:00 49:30 52:00 56:00 60:00 66:00 76:00 86:00 7:23 7:46 100H 80H 400H 300H 17.2 18.2 16.5 17.6 18.7 20.2 22.2 75.5 79.9 66.0 72.0 87.0 79.0 96.0 1.12 1.07 1.02 .97 .92 3-8 3-6½ 3-4½ 3-2½ 3-0½ 3-11 3.20 2.85 2.60 2.35 10-6 9-4½ 8-6½ 7-8½ TJ 10.00 9.20 8.60 7.80 7.18 6.40 5.70 5.20 4.70 4.20 3.80 32-10 30-2½ 28-2½ 25-7½ 23-7 21-0 18-8½ 17-1 15-5 13-9½ 12-5½ Shot 10.30 9.30 8.40 7.70 7.95 7.20 6.50 5.80 5.25 4.70 4.25 33-9½ 30-6½ 27-7 25-3½ 26-1 23-7½ 21-4 19-0½ 17-3 15-5 13-11½ 39.50 33.50 27.50 21.50 25.00 19.00 18.00 16.00 15.00 14.00 13.50 129-7 109-11 93-6 70-6\(\frac{1}{2}\) 82-0 62-4 59-1 52-6 49-2 45-11 44-4 Discus 30.0 27.8 26.0 24.0 22.0 20.0 18.0 16.0 15.0 14.0 13.5 98-5 91-2 85-4 78-9 72-2 65-8 59-1 52-6 49-2 45-11 44-4 Hammer 40.0 35.0 30.0 25.0 23.0 22.0 20.0 18.0 14.0 12.0 9.0 131-3 114-10 98-5 82-0 75-6 72-2 65-8 59-1 45-11 39-5 29-7 20 Mt. 10.00 9.00 8.00 7.00 6.00 5.00 4.00 3.50 3.25 3.00 2.75 notes: 1) 100 standards are for automatic time; use standard conversion for hand time. 2) Short hurdles: 30-39: 33"; 40+: 30" 3) Shot put: 30-49: 4k; 40+: 3k. 4) Jávelin: 30-49: 600gm; 50+: 400gm. 5) Hammer: 30-49: 4k; 40+: 3k. 6) Metric heights and distances are the standard; feet and inches listed

APP	LICATION FOR A	N
ALL-AMER	ICAN CERTIFICAT	E/PATCH
NAME	AGI	E-GROUP
ADDRESS	SE	EX: M F
CITY	STATE	ZIP
MEET	DATE OF MEET	
MEET SITE		
EVENT:	MARK:	
HURDLE HEIGHT	WEIGHT OF IN	PLEMENT
□ CERTIFICATE	□ PATCH	□ PATCH TAG
or \$15 for both a certificate and each.) Send to: All-American, Nati close copy of results, or note in w	of excellence, please send \$10 for a patch. (A patch tag, showing evi ional Masters News, P.O. Box 237 which issue they appeared.) A 3-co 3-color, 3" x 4" patch will be mail	rent and year, is an extra \$5 72, Van Nuys, CA 91404. (En- plor, 8" by 10" certificate —

(Allow six weeks for patches with tags.)

TRACK & FIELD RESULTS

Please send masters meet results to NATIONAL MASTERS NEWS, PO BOX 2372 VAN NUYS CA 91404. If possible, please type single space with minimum of white space.

EAST

Brown Masters Track and Field Invitational Providence, RI; August 12

(C)		
•Wee	t Record	1
No.		
	METERS	
M30	Phil Hazard Pete Winder	11.6
10 22 25	Matt Haley	12.3
	Chris Hinds	13.6
M35		11.7
100.12	Ken Castro	12.6
	Bob Noyes Lou Miller	13.3
N40	Angel Nieves	12.4
1	Dennis Newton	12.5
H45	Roger Pierce James Brady	11.9
the Fi	Dave Connolly	13.1
	George Brophy	13.6
6. 375	Charles Varnet	13.6
M50	John Whelan Rich Rizzo	12.6
M55	George Scott	14.4
	Giorgio Chiavelli	14.8
M65	Don Knapp	14.8
M70	Vern Mattson Angelo Oliver	14.4
- 100	Angelo oliver	23.0

W70	Carmella Harris	20.2
BARRI	The same of the sa	The said
100	自然企业。1985年8月1日	
	METERS	
M30	Phil Hazard Pete Winder	24.5
The state of	Chris Hinds	28.1
M35	Pershing Reid	24.6
	Ken Castro	25.8
#	Bob Noyes	27.8
N40	Lou Miller Bob Micho	32.5
RAU	Angel Nieves	28.5
	John Buckley	29.0
M45	Roger Pierce	25.4
100	James Brady	26.4
1	Dave Connolly Bob Chinchillo	26.9
M50	Rich Rizzo	25.7
F 155	Dave Galligani Tony DaPonte	27.6
M55	Fred Schlereth	27.
	Dave Hanlon	31.
	Giorgio Chiarell Larry Patz	31.
160	Dick Klein	33.
165	Don Knapp	30.
70	Sparks Sorlien Jerry Wible	34.
40	Kate McKenna	36.
65	Ann McGovan	49.
	Married Walls of the Park of t	

TERS	
Frank Mortimer	52.8
Matt Haley	54.5
Chris Hind	63.9
Bob Micho	55.9
Bob Burke	57.2
	57.7
	62.2
	53.7
	61.0
	55.84
	61.0
	65.1
	58.0
Larry Patz	69.4
	76.2
	72.8
Jerry Wible	83.5
	69.3
Ann McGovan	1:49.5
A SULAND MY SIDES	
ETERS	
AADMITH BUT CETHINGS	
Rick Smith	2:01.
	Frank Mortiner Matt Haley Chris Hind Bob Micho Bob Micho Bob Burke Mike Conway Brad Johnson Roger Pierce Bob Chinchillo Rich Rizzo Dave Galligani Phil Surette Fred Schlereth Larry Patz Dick Klein Bill Carmen Jerry Wible Kate McKenna Ann McGowan

	A LAS MY SEC		á
BOO MET	ERS		B
M30 3	market blin at the en		號
	Rick Smith	2:01.	
M35	Jerry Hassard	2:06.	
M40	Steve Viegas	2:14.	
M45	Bob Caplin Don Masterson	2:23.	
A DE B	Isaiah Shalom	2:20.	
	Fred Bertelses	2:31.	8
M50 M55	Art Conro	2:19.	
化 马克 龙	Jack Nyhan	2:50. 2:52.	
M60	Arnold Meardon	2:39.	
M65	John More Carl Hammen	3:16.	
	B McGilvray	2:44.	31
	rry Wible	3:22.00	
	dia McIntosh	2:47.7	遊
14330	STEP LINE NAME	The Paris	
HILE	No. of the last	No. of the last	Ž
	dy Barnes	4:30.0	
Je Je	n Berit	5:16.2	
	rry Purtell	4:42.6	
	b Caplin	4:59.6	

18 16 16	Curtis Bryant	DF
	Bob Caplin	4:59.6
H45		5:03.9
Mea	Salih Talib	4:41.9
	Bob Cimini	6:30.9
M60	John More	7:29.0
M65	Carl Hammen	6:01.4
M70	Jim McGilvray	7:43.3
Street, Street,	Water dropping to the burner with the	7143.3
	AANTO (100) (100) (100) (100) (100) (100) (100) (100) (100) (100) (100) (100) (100) (100) (100)	新社会
	O METERS	The same
		arm rather the
M30	Ron Robillard	16:28.
	Brad Johnson	18:38.
M45	Bob Cimini	21:18.

Im McGilvray 7:43.3	NJO KATI SVA	nke
MATERIAL STATE OF STA	Don Bogg	is
that about Arts of	M35 Ed Clark	
ETERS WILLIAM - W	M40 Harold K	raus
on Robillard 16:28.0	Angel Ni	
rad Johnson 18:38.8	Dan Koch	
b Cimini 21:18.0	John Buc	kles
d Price 21:16.1	M45 Bob Harve	
B Keat 21:01.1	George B	
ck Nyhan 22:18.5	M50 Paul Cho	
n Pandetti 22:18.9	Bob Decke	
The second secon	C. Special State of	100

HIGH	HURDLES		M55	George Scott	35-
	Geoff Hennessy	17.20	FACULT	Martin Kintish	35-
	Angel Nieves	20.6	ACKLES .	Tom Jackson	32-
Maria said	John Buckley	21.6	10000	Bob Lord	29-
N45		20.5	2 NO. 10 C	Frank Lapointe	29-
M70		16.10	M60	Cliff Blair	48-
Section 2018	Armando Ricciardi	17.6	TENED THE	Bill Garrahan	37-
	Commence of the Control of the Contr	Spirit I	A PROPERTY.	Rich Holloway	33-
HIGH J	TIME OF THE STATE	MILE TO SE		Roger Leveille	31-
130	Stan Obenhaus	5-8	M65	Greg Battick	33-
140	Bob Burke	5-20	deposits.	Rich Chester	30-
	Angle Nieves	4-10	N75	Joe McCluskey	23-
	John Buckley	64-4-5	MBO	John Baker	25-
145	James Brady	4-10	W30	Virginia Bogni	24-
	Charles Varnet	4-10	W50	Amy Hicks	22-
	George Brophy	4-6	W60	Virginia O'Connor	19-
7.36	and the second second second second		W65	Libby Hagemann	23-
N50	Phil Surette	4-8	No. of Contract of	Jeanne Berlepsch	19-
Grand.	Jerry Sullivan	4-4	Mark St.	The British of the second of the	
M55	Hank Perry	4-10+	DISCUS		
M65	Boo Morcon	4-4	M30	Karl Swanke	120
M70	Ted Ille	3-10*	MENNE	Matt Haley	119
	Vern Mattson	3-8		Don Boggis	107
1	PRINT PACK BATTLES	介在	M35	Ed Clark	124-
POLE	VAULT	14 - 10 - 10	186546	Mike Sherrill	87-
M30	Mark Strawderman	15-6*	N40	Harold Krause	112-
M40	Art Kadish	12-0*	The second	John Buckley	95-

35 H	70 Ted Ille	3-100	SWIFE	Matt Haley
384	Vern Mattson	3-8		Don Boggis
300	的证明以下与企业。由在7月 日	MASS IN	M35	Ed Clark
P	OLE VAULT	The second second	BL546	Mike Sherrill
M.	0 Mark Strawderman	15-6*	M40	Harold Krause
H	O Art Kadish	12-0*	Short H	John Buckley
PERMIT	Angel Nieves	9-0	15-3	Angel Nieves
Me	5 Boo Morcom	10-0		Dan Koch
M7	O Vern Mattson	6-0+	H45	Bob Harvey
FIRST S	AND THE PROPERTY OF THE PARTY O	The street of	1	George Brophy
LONG	JUMP		M50	Bob Decker
M30	Greg Petrosian	24-1 3/4	-	Jerry Sullivan
NAME:	Kevin Mulcahey	19-4 1/2	M55	Martin Kintish
M35	Ed Gray	19-1		Tom Jackson
1000	Ken Castro	17-1 1/4		Bob Lord
1125	Bob Noyes	16-3 1/2		George Scott
N40	Angel Nieves	18-7	M60	Bill Garrahan
71288F	Bob Burke	18-6 1/4		Cliff Blair
100	Pete Riggins	17-10 3/4		Rich Holloway
45000	John Buckley	15-7		Roger Leveille
M45	Bill Masuck	16-10 1/4	. M65	Boo Morcom
- 60 ME	Sig Ogun	16-1 1/2		Greg Battick
100	Charles Varnet	15-9 3/4		Jack Hagemann
0.20	Dave Connolly	14-10 3/4	M75	Joe McCluskey
ESC.	Isaiah Shalom	11-4 1/2		Virginia Bogni
M50	Jerone Wills	17-4 1/2		Joan Youngs
	John Whelan	14-3 1/2		Amy Hicks
M55	Frank Lapointe	14-9 1/4*	W60	Virginia O'Conno
7月4日日	Giorgio Chiavelli	13-1/2	W65	Libby Hagemann

	Glordio Culavelli	13-1/2	N65	Libby Had
5	Boo Morcon	16-8 1/2*		Jeanne Be
		rld Record)		Service of Court Street
				Por Stavelin
0	Vern Mattson	14-2 1/4*	5.00	O METER W
	Armando Ricciardi	12-8 3/4	M30	Andy Bar
	Sparks Sorlien	12-8 1/2		
0	Virginia O'Connor	5-9 1/4*	M55	George S
				Wayne Nie
5	Libby Hagemann	8-6 1/2	M65	Phil O'C
	Ann McGovan	8-5 1/4		Al Drape
	STATE OF THE PARTY	Service Control		Stu Corn
TPI.F	JUMP	E-10-10-12-12	-	
0	Kevin Mulcahev	40-5*	M70	Theodore
10				Bob Mull
0	Peter Riggins	34-10 1/2		Ray McPe
5	Angel Nieves Bill Masuck	28-1 1/2	MBO	George C
	Sig Ogun	33-60	W55	Audrey M
0	Jerome Wills	35-11	W60	Eileen I
5	Frank LaPointe	29-3*		Eleanor
5				Nancy De
	Sparks Sorlien	28-5 1/2	W70	Lois Mul
	(American Ag	e Record)		

W60 W65	Virginia O'Connor Libby Hagemann	13-6 16-10
JAVE	LIN	
M30	Karl Swanke	169-10
	Don Boggis	161-0
M40	Angel Nieves	133-7
	John Buckley	130-7
H45	Bob Marshall	155-8*
	Bob Harvey	121-3
	George Brophy	119-6
	Dave Connolly	83-7
	Frank Hall	67-4
M50	Pat Conley	124-4

nou	rac contey	144-4
	Bob Decker	115-6
	Jerry Sullivan	94-10
M55	Bob Youngs	149-3*
MOD		
	Martin Kintish	112-8
-	Tom Jackson	104-9
	George Scott	86-8
	Giorgio Chiavelli	84-9
M60		
MOU	Rich Holloway	125-0*
	Bill Garrahan	115-6
	Dick Klein	110-5
M65	Don Knapp	89-11
Barrell	The second secon	2077
M70	Jack Hagenmann	60-2
W50	Joan Youngs	67-1
W55	Amy Hicks	70-6
W60	Virginia O'Connor	37-3
W65	Libby Hagemann	57-5*
	Jeanne Berlepsch	53-4
WAY.	Ethin but daymen or request	HERO CALL POR
HAM	ER THROW	A comment
M30		The state of the
		119-9
M35	Ed Clark	102-1
	Mike Sherrill	100-6
M40		123-7
The of	Don Koch	
	POIL MOUIL	78-11

145	Constitution to the second second second	SECTION AND THE
HAMM	ER THROW	
M30	Karl Swanke	119-9
M35	Ed Clark	102-1
AND YOUR	Mike Sherrill	100-6
M40	Harold Krause	123-7
The State	Don Koch	78-11
M45	Bob Gourley	118-6
Service of the	Bob Harvey	111-3
M50	Bob Decker	134-70
M55	Martin Kintish	96-7
HOLES ST	Ton Jackson	85-8
2450 23	George Scott	76-4
M60	Cliff Blair	155-40
M65	Greg Battick	104-2
M70	Walter Slovenski	118-6*
34,000,00	Armando Ricciard	1 70-1
N75	Paul Narcessian	85-5
170	Joe McCluskey	54-8
M80	John Baker	67-5*
W30	Virginia Bogni	72-6*
W50	Joan Youngs	65-0*
W55	Amy Hicks	63-7*
	Virginia O'Conno	
W65	Libby Magemann	68-8
-	A CONTRACTOR OF THE PARTY OF TH	
MOO F		
MJU	Karl Swanke	46-5
	LIDD BOOD 18	TANK T

4.0	SOUTH DEVAT	- 0/-D	MOE	12681		
0	Virginia Bogni	72-64			Mark	
0	Joan Youngs	65-00	M55	(36")	Leon	•
5	Amy Hicks	63-70			Tom I	
0	Virginia O'Connor	32-40	MOU	(22)		
5	Libby Magemann	68-8			Bill	
400	STATISHARD WAS COUNTY	STANISATE VALUE			Mark	1
OT	PUT	A 100 CO	MCE	/2281		
0	Karl Svanke	46-5			Ed La	
3.40	Don Boggis	34-6	W30	(33")	M.E.	1
5	Ed Clark	42-4	200-	To the same		
Ö	Harold Krause	39-10	200m		and the	
450	Angel Nieves					
359	Dan Koch	37-7 1	- M30	Frad I	'aacta	
AM						
1	John Buckley	33-4	用领导的	RICK C	effer	5
	Bob Harvey	39-5	1500 B	Frank	Makoz	v
	George Brophy	32-11				۰
0	Paul Choquette	43-3 1/		Jim Fa		Ę
1000	Bob Decker	42-2 1/	100	Rich M	litche:	1
	Jerry Sullivan	28-8	The same of the	Michae	1 How	
	State of the section of the section of		The State of St	LLCIME	1 110	-

William Company of the Park Street, St	Ship wash
George Scott	35-3
Martin Kintish	35-0
Tom Jackson	32-5
Bob Lord	29-7
Frank Lapointe	29-7
Cliff Blair	48-6
Bill Garrahan	37-9
Rich Holloway	33-4
Roger Leveille	31-4
Greg Battick	33-4
Rich Chester	30-1
Joe McCluskey	23-6
John Baker	25-3
Virginia Bogni	24-7
Amy Hicks	22-7
Virginia O'Connor	19-0
Libby Hagemann	23-6
Jeanne Berlepsch	19-8

	Jeanne Berlepsch	19
DISCU	S The state of the	
M30	Karl Swanke	12
Mescalli	Matt Haley	11
美洲	Don Boggis	10
M35	Ed Clark	124-
1865-54V	Mike Sherrill	87-
M40	Harold Krause	112-
	John Buckley	95
THE STATE	Angel Nieves	94-
10 PM	Dan Koch	93-
H45	Bob Harvey	110
	George Brophy	90-
M50	Bob Decker	124-
夏一年 四	Jerry Sullivan	83
M55	Martin Kintish	135
	Tom Jackson	101
	Bob Lord	98-
90.00	George Scott	85
M60	Bill Garrahan	141-
	Cliff Blair	126
435	Rich Holloway	101
	Roger Leveille	63.

		KICU HOTTOMAN	101
		Roger Leveille	63
4	M65	Boo Morcom	108
-		Greg Battick	92
15	M70	Jack Hagemann	94
4	M75	Joe McCluskey	60
3	W30	Virginia Bogni	58
8	W50	Joan Youngs	59
王	W55	Amy Hicks	85
	W60	Virginia O'Connor	46
. 6	W65	Libby Hagemann	62
		Jeanne Berlepsch	49
1)		Delinie Dellepsch	Will Edition
4	40-10-11		
		O METER WALK	
2	M30	Andy Bartszak	27:23
	M55	George Scott	30:13
3		Wayne Nicoll	31:0
	M65	Phil O'Connell	35:1:
		Al Drapeau	38:13
100		Stu Corning	39:3

Philadelphia Masters Outdoor Invitational, Ursinus, Collegeville, PA August 18

100m

M30	Rick Jeffers	11.
STREET	Rich Mitchell	12.
M35	Phil Conzentino	11.
	Ross Donolow	11.
M40	William Corsey	11.
	Robert Beale	12.
25	Phil Felton	12.
	John Borden	13.
	Bill Graf	15.
M45	Joe Johnson	11.
	Rab Hagin	12.
	Richard Queeney	14.
M50	Irv Heath	13.
M55	Bob Keegan	12.
	Joe Hemler	12.
137	Leon Trout	13.
M60	Tom Delany	13.
	Mark Richards	14.
	Bob Parsons	19.
M75	Claude Hills	16.
	Jerry Wible	17.
	Donald Ernst	18.
	Barbara Stewart	15.
W55	Caroline Richards	22.
		100
110	n hurdles	

110m	hurd	les		
M75 M55	(30°) (33°)	Claude George	Hills Taylor	22.
100m	hurd	les	a Winsel	

1001	nura	les	THE THE		
M35	(36")	Mark	Johnson	14.	
M55	(36")	Leon	Trout	16.	
M60	(33")	Tom I	Delany	18.	
		Bill	Townsend	19.	
		Mark	Richards	20.	
M65	(33")	Ed L	kens	18.	(
W30	(33")	M.E.	Malloy	21.	
200m			ra de la		
		4000		-	

r	22.6	Market State of the Control of the C	
· s	23.7	M30 Frank Makozy	-18
ry	24.0	M40 William Corsey	18'10
A MISSION	24.9	M50 Dennis Wilson	11'6
11	25.5	M55 George Taylor	13'0.
ward	25.8	Ron Noreen	11'9.
			A TOPPHE

35	Ron Manion	23.4	M60 Tom Delany 15'
	Tyrone Gordon	24.0	Bill Townsend 14'4.7
	Ross Donolow	24.3	Art Harris 10'5.
	Phil Conzentino	24.9	M65 Ed Lukens 15'5.
	Karl Castor	26.0	M75 Claude Hills 9'8.
40	Phil Felton	24.8	W45 Barbara Stewart 12'
	Jim Wilkerson	25.2	The Planton To Sand Street
	Bill Graf	27.3	triple jump
	Carl Grossman	27.7	Charles and the state of the st
45	Joe Johnson	23.9	M30 Frank Makozy 37'
•	Rab Hagin	24.9	M55 George Taylor 23'1.
	Tom Hartman	26.2	M60 Bill Townsend 29'
		27.5	M65 Ed Lukens 33'
	Larry Simmons		M75 Claude Hills 22'1.7
	Rich Queeney	31.0	
50	Irv Heath	27.4	W45 Barbara Stewart 24'5.2
	Larry Suid	31.6	· · · · · · · · · · · · · · · · · · ·
55	Joe Hemler	27.1	shotput (TAC weights)
	Leon Trout	27.4	A CONTRACTOR OF STREET
60	Tom Delany	27.8	M30 Warren Taylor 48'0.2
	Mark Richards	30.3	Henry Kalnas 41'
	Ray McKeeman	33.4	M35 John Kalnas 37'6.2
75	Jerry Wible	35.9	M40 Rich Dunphy 38'
à.	Claude Hills	35.9	Terry Shuman 34'
00	Donald Frost	30.0	Frank Monroe 31'6.5

M80	Donald Ernst	38.8
1000		
2		Like confil
400	<u>m</u>	
1		Silve of
M30	Fred Feaster	51.8
P.	Frank Makozy	53.3
	Michael Howard	57.7
	Rich Mitchell	1:00.3
	Warren Fisher	1:01.0
M35	Ron Manion	52.3
STATE OF	Mark Johnson	59.6
M40	Tim Dickens	56.1
	Robert Beale	56.4
	Fhil Felton	57.4
IN SEC.	Jim Wilkerson	57.4
	Carl Grossman	1:01.8
M45	Tom O'Hora	55.5
1173	Tom Hartman	1:03.0
	A CONTRACTOR AND ADDRESS OF THE PARTY OF THE	
1150	Rich Queeney	1:11.9
	Larry Suid	1:12.6
M55	John Blood	1.08 7

	DOILL DIOCC	1.00
36	George Taylor	1:22
M65	Ed Cunningham	1:27
M75	Jerry Wible	1:21
		Mileson.
800r	nate of the distance	A SECTION
100	收益。每过2000年, 相信1500	SHEET
M30	Michael Howard	2:23.
M35	Karl Castor	2:10.
	Russ Patton	2:11.
	Harold Jenkins	2:12.
	Greg Hanson	2:20.
M40	Fred Dedrick	2:18.
-	George Sanders	2:23.
- 37	Sam Miller	2:42.
MEO	Maurice Schepers	2:42.
	Ed Cunningham	3:28.
	Jerry Wible	3:27.
11/2	nerry wrote	3:21.

M30	Jack Mroz	4:50.
	Ted Kennedy	6:16.
M35	Larry Hart	4:53
M40	Gary Tompkins	4:23
	Fred Dedrick	4:41.
	George Sanders	5:01.
	Sam Miller	5:36.
M60	Maurice Schepers	5:17.
M75	Jerry Wible	6:47.

130	om walk	
M45	Larry Simmons	7:39.5
M55	Ellis Lesack	9:04.6
M60	Ray McKeeman	9:40.2
W35	Jessica Krow	9:14.2
W65	A. Eberhardinger	11:11.5
3000	<u>Om</u>	
M30	Julius Coles	10:43.5
	Larry Hart	11:15.1
MIZO	Cucan Malbat	15.05 0

W30 Susan		15:05.8
W40 Anne I	Weisbord	13:21.7
A PART OF THE REAL PROPERTY.	William Car	
10,000m	The Fall	in the same
新华村里	Service Control	
M35 Dennis		36:28.6
	Mecklenborg	42:24.5
M40 Michae		40:55.5
M45 Charle	es Elkins	37:28.8

high jump	
M40 William Corsey	5'3
Rob Schaible	5'0
M45 Mike Duch	5'0
M55 Walt Hutchins	4'10'
Len Olson	4'0'
Ray Feick	3'10'
M60 Tom Delany	4'8'
Mark Richards	4'2'
Art Harris	3'10'
M70 P. Eberhardinger	3'2'
M75 Claude Hills	3'10'
W30 Mary Ellen Malloy	
MOU HELY ETTER MATTOY	4'0'

lon	g jump	
M30	Frank Makozy	18'
	William Corsey	18'10.
M50	Dennis Wilson	11'6.
MEE	Coomes Berlin	

M75 Claude Hills	9'8.5"
W45 Barbara Stewa	The second second
the filestate of the sale	
triple jump	
	2716
M30 Frank Makozy	37'6" 23'1.5"
M55 George Taylor M60 Bill Townsend	
M65 Ed Lukens	33'0'
M75 Claude Hills	22'1.75'
W45 Barbara Stewe	rt 24'5.25'
shotput (TAC weig	hts)
M20 Marmon Mauler	48'0.25"
M30 Warren Taylor Henry Kalnas	48 0.25
M35 John Kalnas	37'6.25"
M40 Rich Dunphy	38'7"
Terry Shuman	34'6"
Frank Monroe	31'6.50"
M45 Joe Kalnas	36'6.25"
M50 Ed Bradway	37'10.25"
Dennis Wilson M55 Len Olson	35'9' 39'6'
Ray Feick	37'2"
M60 Ned Curran	34'9.75"
Art Harris	30'4.25"
M70 Eugene Wood	30'3.75"
P Eberharding	er23'11.75'
diame (mag	
discus (TAC weigh	(CS)
A CONTRACTOR OF THE PARTY OF TH	and the second second

P Exeriardinger	25 11.7
discus (TAC weights	1
M30 Warren Taylor	156"
Henry Kalnas	132'
M35 John Kalnas	131'
Tom Talbot	130"
M40 Tim Williams	148"
Terry Shuman	122'
Rich Dunphy	108"
Frank Monroe	89"
1 A 16 2 201 26 A 16 2 A 16 A	EL SANS
M45 John Abbott	135'10
Larry Pratt	130'2
M50 John Bronstein	132'7

M45 John Abbott	135'10"
Larry Pratt	130'2"
M50 John Bronstein	132'7"
Ed Bradway	121'4"
Dennis Wilson	81'2"
M55 Len Olson*	128'11"
Ray Feick	110'4"
Ron Noreen	89'0"
M60 Art Harris	91'1"
Ned Curran	87'11"
M70 Eugene Wood	73'9"
Paul Eberharding	er 67'9"
M75 Claude Hills	83'8"
	A CHILDREN
* Olson also threw	
kg discus 111'2.50"	
the single-age Ameri for M59.	can mark
TOT MOS.	Manager of the Property and

TOT HOST COMMENTS A	- James College
1500m walk	FLATE
M45 Larry Simmons	7:39.5
M55 Ellis Lesack	9:04.6
M60 Ray McKeeman	9:40.2
W35 Jessica Krow	9:14.2
W65 A. Eberhardinger	11:42

Essex County Summer Track Festival Roseland, NJ; August

100m	
M30 Don McNeil	11.6
M40 Jakhohal Flowers	11.7
Bill Corsey	11.7
M50+Roosevelt Weaver	12.7
200m	
M40+Tom Hartman	25.2
800m	
M30 Dallas Jacobs	2:02.4
M40+Nelson Keys	2:11.1
Masters Mile	
Dave Gerridge	5:14.6
Bruce Jones	5:16.6
Fred Curry	5:22.7
Shot Put	
M40+Dennis Wilson	37-5
John Adams	30-71
G Chiavelli	29-21
High Jump	
Doug Richardson	5-6
George Blank	4-9
Discus	
M40+Dennis Wilson	96-1
John Adams	85-8
G Chiavelli	80-11
	A STATE OF THE PARTY OF THE PAR

MIDWEST

White River Park State Games Indianapolis, IN; July 13-15

100m	The same
M30 Wm Edwards	11.0
M35 Robert Bowen	11.6
M40 Dan McCaulley	11.8
M45 Ray Starnes	11 7
M50 Doyle McAlliste	r 12.8
M60+Julius DeFabis	14.8
W30 Ellen Slifka	12.9
W40 Cathy Primmer	14.8
W50+Joann Grissom	16.5
0.1990	10.3

200m	
M30 Wm Edwards M35 Robert Bowen M40 Dan McCaulley	22.90
M35 Robert Bowen	24.10
M40 Dan McCaulley	24.70
M4) Nay Starties	24.40
M50 James Ware	27.50
W30 S Barnett-Daulto	29.90
400m	
M30 Byron Bundereant	51.90
M35 Archie Abatie	56.70
M35 Archie Abatie M40 Gary McFarren	58.20
M45 David White M50 Harold Howell M60+Julius DeFabis	61.10
M50 Harold Howell	63.00
M60+Julius DeFabis	66.60
W30 Jan Bernhardt	62.50
	71.60
W40 Cathy Primmer W50+June Brumley	88.90
800m	
M30 Carl Risch M35 Javier DeLuna M40 John Lutgring M45 Larry Targgart M50 Jerry Powers	1:59.54
M35 lavier DeLuna	2:04.32
MAO John Lutering	2:04.32 2:15.30
MAS Larry Targgart	2:19.25
M50 lerry Powers	2:35.05
W30 Linda Allen	2:53.10
1500m	2.33.10
M20 Staves Wilson	4:15.56
M30 Steven Wilson M35 George Cook M40 John Lutgring M45 Larry Targgart	4:20.56
M/O labe luterine	4:34.02
M45 language Topogram	4:37.84
M45 Larry larggart	4.57.04
M50 Mike Goldman	4:57.34
M60+Julius DeFabis	5:35.50 5:34.38
W40 Bev Baum	7:05 60
W50+June Brumley	7:05.60
High Jump	6.2
M30 Gregory Jones	6-2
M30 Gregory Jones M35 Ken Rowe M40 Steve Morris	6-2
M40 Steve Morris	5-10
M45 Henry Hopkins	5-1
M50 Maurice Thompson W30 Luann Davis	4-8
W30 Luann Davis	
W40 Debby Wilson	3-10
Pole Vault	16.0
M30 Gary Hunter M35 Wm Petscher	16-0
	12-0
M40 Philip Wolter	13-11
M45 Henry Hopkins.	13-0
M50 Max Richey	10-0
Long Jump	20 21
M30 Gregory Jones	22-71
M35 Ray Crenshaw II	18-10
M40 Rich Kochert	17-10
M45 Ray Starnes	19-10
M50 Doyle McAllister	17-1
M60+Jim Platis	17-3
W40 MaryLou Platis	12-9
W50+Joann Grissom	12-3
Shot Put (M30-49 16#; 12#; M60+ 5kg; W30-49 W50+ 3kg	M50-59
12#; MOU+ Dkg; W30-49	4kg;
WOUT JKB	L ST INTERIOR

W50+Joann Grissom	12-3
Shot Put (M30-49 16#;	M50-59
12#; M60+ 5kg; W30-49	
W50+ 3kg	
M30 Lee Wildman	47-0
M35 James Miller	42-61
M40 James Lynch	33-1
M45 Barry Donovan	39-9
M50 Jerry Lambert M60+Jim Platis	36-6
W30 Ruth Welding	22-9 1 33-8
W40 MaryLou Platis	21-6
W50+Joann Grissom	41-0
(W50-54 AR)	-1-0
Discus	
M30 Lee Wildman	148-1
M35 Jim Hiatt	125-4
M40 John Yantiss	102-5
M45 Edgar Evans	102-3
M50 Everett Hardy	129-4
W30 Ruth Welding	115-6
W40 Sharon Johnson	76-6
- Constant domination	,0-0

Orrville Track Challenge Orrville OH; August 4

000	
M30 Rod Wilson	7.70
M35 Tom Clapper	7.21
M40 George Hall	7.78
M45 Frank Kuntz	8.55
M60 Alfonzo Wilson	9.58
W45 Patrice Thomas	10.11
	10.11
100m	
M30 Rod Wilson	12.32
M35 Terry Bursey	12.16
M40 Al Williams	12.05
M45 Terry Drummond	14.69
M50 John Sloan	14.55
M60 A Wilson	15.09
W30 Jana Martin	15.28
W45 Patrice Thomas	16.70
200m	
	The second second
M30 Tim Bailey	26.09
M35 Tom Clapper	23.64
M40 Al Williams	25.92
M45 Jerry Drummond	30.20
M60 A Wilson	32.41
W30 Sandy Roth	34.58
W45 Patrice Thomas	38.23
400m	No.
M30 Rod Wilson	E0 00
M35 Bob Thomas	58.85
M40 Frank Kuntz	55.01
M45 Terry Drummond	63.97
W30 Jana Martin	66.54
900-	73.21

M30 Tim Vierheller 2:28.63
M40 Norman Thomas 2:14.56
M45 Jerry Drumond 2:35

Combining on next page Continued on next page 3.90 56.70 58.20 61.10 63.00 66.60 71.60 88.90

148-11 125-4 102-5 — 129-4 115-6 76-6

7.70 7.21 7.78 8.55 9.58

.16

70

92

41

97

October, 1990	
Continued from previous page	200m
1600m	M55 Vern Schewe 28.5 Richard Strinni 29.4
M30 Tim Bailey 5:18.2 M40 Randy Mullen 5:16	L Bonifield 29.6 M60 Peter Kronberg 29.0
M45 Chet Starn 5:09 3200m	Irv Siegel 29.7 Jay Luttrell 32.3
M30 T Vierheller 12:14 M40 Randy Muller 11:55	M65 Paul Saunders 28.2 Jack Haefele 31.4
M45 Chet Starn 11:18 High Jump	Chuck Murphy 32.3 M70 E Dahl 32.0
M30 Jeff Biggs 5-6 M35 Dave Handwerk 5-4	Chuck Whitney 34.7 Ham Morningstar 35.2
M40 Allen Ray 5-0 M50 John Sloan 4-0	M75 J C Byers 37.1 Bill Gray 44.9
M60 Alfonzo Wilson 4-2	M80+E Bennett 39.0 Myron Bishop 46.4
Long Jump M30 Tim Bailey 12-0 M40 Allen Ray 15-4½	W55 Jane Clarkson 34.1 Audrey Sullivan 41.6
M50 John Sloan 11-9 Shot Put	Vera Whiteside 43.2 W60 Dottie Gray 38.5
M30 Jeff Biggs 40-1 M40 Allen Ray 42-3	Irene Schankman 39.1 Pat Craze 45.9
M50 John Sloan 35-32 M60 Rich Clarke 38-12	W65 L Haefele 38.1 Flo Berry 42.9
MOU RICH Clarke	P Bailey-McCarthy 44.8 W70 Margaret Bills 43.6
Michigan Senior Olympics	Carla Convery 46.4 Susie Nevergold 50.5
Rochester; August 12-14	W75 Lucille Monroe 40.3 Millie Crews 43.7
M55 Alvin Ravenscroft 5:11.4	Mary Parsons 51.1
Ted Fasing 5:12.0 M60 Richard Butler 6:45.0	W80+Anna Ward 58.4 Eliz Kawelaske 71.5
Alvin Dasen 7:56.0 M65 Francis Green 6:51.0	800m MSS Loop Formall 2:27 8
Paul Zylstra 8:01.0	M55 Leon Fennell 2:27.8 Richard Strinni 2:40.2
MY Yamauchi 26:30.9	A1 Smith 2:45.3 M60 Joe Bell 2:47.9
M60 Jerry Johncock 28:54.2	Hank Kiesel 2:52.8 Jim Marcantonio 2:59.1
M65 Paul Zylstra 39:26.5	M65 Paul Schmidt 2:50.9 Pat Gallagher 2:52.8
M70 John Evans 32:49.0	Paul Heires 3:13.0 M70 Erich Dahl 3:09.4
M55 Larry Nicholson 37:47.2 Edward Hardy 44:41.4	Neal Emerson 3:12.6 Larry Patterson 3:19.7
M60 Jerry Johncock 40:15.5 Kingsley Sears 47:13.2	M75 J C Byers 3:56.1 Alfred Scott 5:10.0
M65 Paul Zylstra 56:06.5 M70 John Evans 48:22.6	Stoke Westcott 5:39.2 M80+Emmett Bennett 3:46.9
Don Fleck 58:56.7 M75 Don Pope 1:07.53	John Pianfetti 4:05.6 W55 Audrey Sullivan 3:28.4
1500mRW M55 Paul Reynolds 9:04.0	Vera Whiteside 3:49.8 W60 Dottie Gray 3:24.1
Joseph Stoyack 10:38.0 M60 Chuck Carbajo - 9:00.0	W65 P Bailey-McCarthy 4:06.9 W70 Bernice Thorton 4:28.2
William Caunt 9:33.0	Susie Nevergold 4:28.9 W80+Millie Crews 4:58.4
Paul Zylstra 10:01.0	1500m
Hercules Renda 9:42.0 M75 John Kovas 10:11.0	M55 Leon Fennell 4:56.6 Al Smith 5:35.6
Louis Kashdaw 12:01.0 M80 John Charlie 10:03.0	Jim Weaver 5:42.2 M60 Jack Griswold 5:18.4
Herbert Steele 11:18.0 M85 Julius Spielberg 11:49.0	Hank Kiessell 5:37.5 Joe Bell 5:37.7
5000mRW M55 Paul Reynolds 32:36.5	M65 Pat Gallagher 5:39.4 Paul Schmitt 5:54.2 Paul Heires 6:40.1
James Vetter 32:57.2 M60 Chuck Carbajo 32:06.9	Paul Heires 6:40.1 M70 Erich Dahl 6:33.7 Neal Emerson 6:33.8
William Caunt 33:28.6 M65 Jerry Jerome 33:49.1	Larry I tterson 6:44.8
M70 Rich Eckhardt 33:56.1	M75 Harry Inuaki 9:01.3 Alfred Scott 10:33.5
Hercules Renda 35:49.8 M80 John Charlie 45:54.5	Ed Hoffman 10:35.5 M80+Emmett Bennett 7:54.7 John Pianfetti 8:04.6
M85 Julius Spielberg 41:04.0	Paul McDowell 9:32.0
MID AMERICA	W55 Audrey Sullivan 6:53.7 Mary Wilson 8:20.8 . Ruth Schneider 8:34.5
DESCRIPTION OF THE PROPERTY OF	Ruth Schneider 8:34.5 W60 Dottie Gray 7:13.3 W65 P Bailey-McCarthy 8:29.7
St. Louis Senior Olympics St. Louis, MO; June 2-6	M70 Bernice Thorton 9:05 W75 Millie Crews 10:04.1
(Several events rained out)	W80+Anna Ward 11:43.2
M55 Vern Schewe 13.4	5000m M70 Larry Patterson 24:16
Tom Pontius 14.1	Charles LeBrell 25:17 Erich Dahl 25:53
M60 Peter Kronberg 13.9 Bob Hewitt 15.1	W75 Stoke Westcott 43:44 M80+John Pianfetti 28:25
Jay Lutrell 15.2 M65 Paul Saunders 13.0	John Dietiker 41:23 Ahrend Muehring 46:32
Chuck Murphy 14.9 Jack Haefele 15.0	W55 Mary Specking 25:21 Audrey Sullivan 25:34
M70 Erich Dahl 15.2 Francis Hitchell 16.0	W60 Dottie Gray 25:27 W65+P Bailey-McCarthy 32:24
Bob Tillay 16.3 M75 J C Byers 17.1	10,000m
Benjamin Thomas 17.6 Wilbur Ott 18.2	M55 Leon Fennell 37:00.54 Al Smith 45:22.54
M80+Emmett Bennett 18.3 Paul McDowell 19.6	Jim Weaver 46:17.98 M60 Pat Gallagher 42:36.03
W60 Irene Schankman 17.6 Dottie Gray 17.9	Robert Kent 45:22.54 H Martinelli 48:45.09
Pat Craze 19.3 W55 Jane Clarkson 16.0	M65 Paul Heires 50:31.66
Barbara Banks 19.3 Mary Wilson 21.9	Francis Dorsey 53:14.46 Ken Hutkins 60:57.76 M70 Neal Emerson 52:47.46
W65 Lavinia Haefele 16.8 Flo Berry 18.5	Chas LeBrell 54:00.38
P Bailey-McCarthy 20.9 W70 Carl Convery 19.8	Harry Kublin 59:02.68 M75 Stoke Westcott 61:00
Susie Nevergold 23.18 Anne Geiner 26.31	Oliver Bohlman 65:00 W55 Mary Specking 51:39
W75 Lucille Monroe 18.8 Millie Crews 20.2	W60 Dottie Gray 53:14 Betty Benkert 54:20
W80+Anna Ward 26.3	W65 P Bailey-McCarth66:44
**************************************	Total Transfer tuestants

	National Masters News				
١	Shot Put M55 Stan Zak	36-0	St. Louis TC Serie	s	
	Herb Beutel Larry Dunphy	35-1½ 34-11	St. Louis, MO	PATER	
١	M60 Phil Brusca	41-2 34-3½.	June 14 1500m		
١	Ray Schumann M65 Fritz Nilsson	34-3½ 38-11	M30 Bret Roman Jon Delano	4:22.2	
١	Bill Bandle	31-81	Rick Fernandez M35 Tim McAllister	4:31.3	
١	M70 Bruce McDonald	30-2½ 33-10½	Steve Anderson Dan Sebben	4:24.8	
ı	Ham Morningstar Wm Moehl	31-7 31-0	M40 Gordon Reiter	4:29-7	
I	M75 Ernest Dennison Milton Slemmens	31-6½ 27-1	Dave Gocken Bob Bellora	4:31.	
١	Ward Parker M80+Joe Nawrocki	26-11 1 26-6	M45 Robert Goodrich Steve Cottle	4:40.5	
١	Mike Calvin E Bennett	24-7½ 22-7½	Orlyn Skrien M50 Derek Redmore	5:02.5	
l	W55 Jerry Lamprecht W60 Babette Marks	19-5½ 24-4	Jim Carney	4:59.5	
١	Mary Jane Miller Dorothy Hassler		M55 Bill Stewart Al Smith	5:06.0	
١	W65 P Bailey-McCarthy Helen Tendler			5:38.6 5:26.3	
	Flo Berry	19-8	Joe Bell Hank Kiesel	5:45.3	
ı	W70 Helen Stephens Carla Convery	16-87	M65 Paul Schmitt M70 Charles Lebrell	5:50.5 7:06.7	
l	W75 Claire Vieth	18-9	W30 Karin Beach	5:25.6	
١	W80+Carolyn Clark	14-4	Alison Wardein Leona Daher	5:46.9	
١			W35 Joan Fromme Toni Clogston	6:19.5	
١	Discus W55 Vera Whiteside	64-5	Cathy Johnson W40 Debbie Stiles	6:38.2	
1	June Jordan C DeRienzo-Webb	50-1 46-4	Carol Bellora Gail Taylor	5:30.5 6:30.4	
1	W60 MaryJane Miller Evelyn Schmidt	61-2 58-6	°W45 Carol Peluso Cheryl Simmons	6:14.8	
1	Peg Lampert W65 Flo Berry	47-0 44-1	W50 Donna Nagel W55 Audrey Sullivan	0:51.0	
1	Harriet Sargent Maybelle Cage	40-5 40-4	W65 P Bailey-McCarthy		
	W70 Helen Stephens	58-10	June 21	on the same	
ŀ	Carla Convery MaryJane Jansen	37-6 36-1	800m M30 John Delano	2:10.	
l	W80+Carolyn Clark Eliz Kawelaske	36-11 30-1	Rick Fernandez John Kirwan	2:15.	
ľ	2 Company (1970)		M35 Steve Anderson	2:08.	
ł	Javelin MSS Top Postage	109-3	Dave Weinstein Dan Sebben	2:10.	
١	M55 Tom Pontius Wade Lemons	103-7	M40 Gordon Reiter Dave Gocken	2:07.	
ŀ	Joe Gusic M60 Phil Brusca	96-7 131-6	M45 Gary Carr	2:12.	
I	Dave Norton Bill Brazelton	130-5 123-7 95-8	Robert Goodrich Steve Cottle	2:15.	
4	M65 Ed Hoff Paul Saunders	87-11	M50 John Munch Jim Carney	2:27.	
1	Lyle Ludwig W70 Bruce MacDonald Chris Christy Marvin Bank	100-4	Jim Carney Harold Dix M55 Leon Fennell Bill Stewart Al Smith	2:37.9	
١	Marvin Bank M75 Ward Parker	98-0 72-4	Bill Stewart Al Smith	2:29.8	
١	Harry Kennedy	72-0	John Rossio	2:38.0	
١	M80+Joe Nawrocki Vernon Kennedy Gene Maloney	55-0 52-6	M70 Charles Lebrell	3:29.	
1			W30 Leona Daher Alison Wardein	2:43.5	
١	W55 Vera Whiteside	46-0	W35 Joan Fromme Toni Clogston W40 Carol Bellora Gail Taylor	3:03.8	
ı	C DeRienzo-Webb W60 MaryJane Miller	32-2 78-7	W40 Carol Bellora Gail Taylor	2:39.7	
	Alpha Finklang		Alison Bourey W45 Carol Peluso Cheryl Simmons W50 Donna Nagel W65 Dottie Gray	3:28.0	
١	W65 Harriet Sargent Flo Berry	110	Cheryl Simmons W50 Donna Nagel	3:48.8	
-	Maybelle Cage	37-0	W65 Dottie Gray P Bailey-McCarthy	3:28.0	
1	W70 Helen Stephens Libby McCants Carla Convery	38-10 38-9	Dalley-neoarthy	AN HAM	
	Carla Convery W75 Millie Crews Clair Vieth	33-9 33-0	June 28 400m		
1	40 VIII 161		M30 Jon Delano	59.0 61.1	
1	1500mRW M55 Cope Hall	0.07.3	Kevin Seelman M35 Dave Weinstein	63.3	
1	M55 Gene Hall Fred Adams	9:07.3	Steven Traynor Steve Anderson	57.6 58.1	
١	Wes Purtee M60 Justin McCarthy Wm Miller	10:04.7	M40 Gordon Reiter	55.2	
١	Jim Marcantonio	10:10.9	Marty McClintock Dave Gocken	56.1	
١	M65 Bob Schnurbusch Robert Lusskin	9:41.3	M45 Gary Carr Steve Cottle	55.2	
ı	Vinson Freeman M70 Erich Dahl		Robert Goodrich M50 John Munch	64.9	
١	M70 Erich Dahl Cliff Gouge Eldon Scholl	9:33.9 10:03.7	Jack Skilling Jim Carney	68.9	
1	M75 J C Byers Harry Inukai	10:47.2	M55 Leon Fennell Jim Valentine	65.4 73.0	
١	Bernard Pisciotta	11:21.5			
1	Emmett Bennett	13:11.9	M60 John Rossio Carl Schaeffer Joe Bell	/U.4	
1		8:44.5	M65 Paul Schmitt	85.4	
1	Doris Liberman	9:48.4	Leona Daher	72.0	
-	W60 Iren Schankman Carol Wehling Jean Wasser	10:51.1	Alison Wardein W35 Kate Higgins Cathy Johnson	69.8	
	W65 P Bailey-McCarthy	10:05.1	Cathy Johnson Joan Fromme	82.8	
1	Lucy McGartland Carmelo Africano	11:49.2	W40 Carol Bellora Gail Taylor	69.2 81.5	
	W70 Imogene Watkins Marie Kotowski	10:04.9 12:42.8	Alison Bourey W45 Carol Peluso	82 5	
١	W/5 Lucille Monroe Millie Crews	10:55.1	W50 Donna Nagle W55 Audrey Sullivan	95.3	
-	Mary Parsons W80+Anna Ward	12:08.4	W65 Dottle Gray	87.6	
1	The state of the s		Emily Constitution		
				THE PARTY	

Colorado/TAC Masters	Tulsa Spikes Meet Jenks, OK: August 4
Championships, Mangerine	Jenks, OK; August 4
High School - July 14	100m M35 lim Taylor 14.35
NIR WEISH, CHRIS 11.5	M40 Monroe Wilson 12.81
MIB WELSH, CHRIS 11.5 RCS DMEMS, GCRALD 11.7 M39 ROCERS, DAVID 11.3 M38 RADGEVS, PHILLIP 13.9 M48 BONG, ROBE 11.6 M55 WHITE, RIICH 14.5 M61 FISCHER, H.J. 13.4 M68 PARKS, MAYON 14.2 M65 KATZMAN, MORM 14.3 M71 DAVISSON, JOHN 13.7 M74 PRAGEGER, FRED 16.5 M87 AMDERSON, HERB 20.0 FST DUGAN, JOAN 16.4	100m
M38 ANDREWS, PHILLIP 13.9	Trent Hight 14.31
MSS WHITE RITCH 14.5	M60 Trevor Snell 16.06
M68 PARKS, HAYDN 14.2	200 M35 Cyril Foote 25.25 M40 Jim Williams 27.68
MTI DAVISON, JOHN 13.7	M40 Jim Williams 27.68
MR7 ANDERSON, HERB 20.0	Mike Roark 27.85
FS7 DUGAN, JOAN 16.4	M45 Bill Stoddart 26.70 Mike Roark 27.85 M50 Ronnie Banks 23.58 T Shelton 27.59 M60 Doc Bennett 38.47
M25 DHENS, GERALD 22.7	M60 Doc Bennett 38.47
NZS DMENS, CERALD 72.7	400m M35 Jim Taylor 66.67 Trevor Snell 67.96 M45 Bob Bomer 62.22 M450 O'Poorke 66.41
H38 ANDREWS, PHILLIP 28.4	M45 Bob Bomer 62.22
M44 BONG, ROBB 24.5	Mike O'Roarke 66.41 M50 Ronnie Banks 53.93 T Shelton 59.25 M65 Doc Bennett 93.60
MG4 GREENWOOD, JACK 27.7	T Shelton 59.25
MGO DONLEY, JEPRY 29.9	800m
MGS KATZMAN, HORM - 30.3	M35 Steve Lee 2:21.59
M71 DAUISON, JOHN 30.6 M74 PRAEGER, FRED 37.4	M40 Jim Weaver 3:19.90
M87 ANDERSON, HERB 46.9 F40 FURST, MARION 31.4	MOOM M35 Steve Lee 2:21.59 Marc Childs 2:38.87 M40 Jim Weaver 3:19.90 M45 Sam Pfenning 2:47.59 Trent Hight 2:47.95
******* 400M *******	1500m M35 Steve Lee 4:55.74
M18 WELSH, CHRIS 51.1. M28 KHEPPER, ALAN 52.7	1500m M35 Steve Lee 4:55.74 Jim Taylor 5:58.61 M45 Bob Bomer 5:07.61 Trent Hight 5:47.08
M30 MOSIER, MIKE 52.7	Trent Hight 5:47.08
M44 BONG, ROBB 52.9	5000m M45 Sam Pfenning 25:52.24
MG4 GREENWOOD, JACK 63.2	High Jump
M18 WELSH, CHRIS 51.1 M28 KNEPPER, ALAN 52.7 M30 MOSIER, MIKE 52.7 M30 WORDENGOO, JEFF 63.1 M44 BONG, ROBB 52.9 M42 HUGGINS, CHUCK 57.2 M64 GEREMWOOD, JACK 63.2 M65 KAEZMAN, MORN 70.9 F40 FURST, MARION 72.4	High Jump M40 Tim McGough Monroe Wilson 5-6 M45 Mike O'Rourke Sam Pfenning 5-4 M65 Doc Bennett 4-8 Long Jump
QOOM	M45 Mike O'Rourke 5-6 Sam Pfenning 5-4
M28 BRAY, KENMETH 2:12.9 M39 PARKS, CRAIG 2:19.6 M39 UNDERWOOD, JEFF 2:36.9 M40 KERSCHMER, RON 2:20.9 M43 EIDINGER, GEORGE 2:26.4	M65 Doc Bennett 4-8
M39 UNDERWOOD, JEFF 2:36.9	MAN Monroe Wilson 10-13
M43 EIDINGER, GEORGE 2:26.4	Tim McGough 13-3 M45 Mike Wilhite 15-51
******* 1500M *******	Tim McGough 13-3 M45 Mike Wilhite 15-5t Sam Pfenning 14-101 M65 Doc Bennett 11-1 Triple Jump
M33 PARKS, CRAIG 4:31.1 M40 KERSCHNER, RON 4:33.2	Triple Jump
5000M ******	M65 Doc Bennett 21-11 Shot Put
M33 PARKS, CRAIG 16:42.2 M42 DGLESBY, KENT 16:54.2	M40 Rick Fitzgerald 33-1 Tim McGough 32-0 M45 Mike Wilhite 26-0
100M HH	M45 Mike Wilhite 26-0
	M50 Larry Price 12# 46-1 M55 Bob Santine 12# 28-10
LION W	M50 Larry Frice 12# 40-1 M50 Bob Santine 12# 28-10 M60 Engel Grow 4k 41-4 Trevor Snell 4k 32-5 M65 Doc Bennett 4k 30-6 Discus
M43 BROCE, RON 17.4	M65 Doc Bennett 4k 30-6 Discus
MGA CREENWOOD, JACK 16.3 M43 BROCE, RON 17.4 M55 WHITE, RITCH 22.9 M18 MOLAN, ROB 6-4 M16 RUSSELL, EPIK 5-6 M45 STRAIGHT, STEPHEN 5-2 M58 WHITE, MAROLD 4-6 F57 DUGAN, JOAN 3-8	Discus M40 Tim McGough 95-4 M40 Tim McGough 86-8 M45 Mike O'Roark 74-5 M50 Larry Price 147-2 M55 Bob Santine 91-10 M60 Engle Grow 104-10 M65 Doc Bennett 75-9 M55 Do
NIR MOLAN, ROR 6-4	M45 Mike O'Roark 74-5
MIG RUSSELL, ERIK 5-6 MGS STRAIGHT, STEPHEN 5-2	M55 Bob Santine 91-10
MSB WHITE, MAROLD 4-6 FS7 DUCAN, JOAN 3-8	M65 Doc Bennett 75-9
	Javelin M40 Rick Fitzgerald 119-0
N73 THOMPSON, MIKE 16-6	Tim McGough 85-5
M35 McGINNIS, PETER 14-6	Mike O'Roarke 72-9
NO SURELLY VENEZIA CONTRACTOR OF THE PROPERTY	M60 Engel Grow 93-11
MIT HOPE COCH TOTAL	M65 Doc Bennett 68-2
M39 UNDERWOOD, JEFF 14-312	M35 Mike Hairston 14:51.38
MAS STRAIGHT, STEPHEN 18-21/2	W40 Kinda Gardner 21:44.94
MSB WHITE, HAROLD 12-5 M71 DAVISON, JOHN 12-53-4	一个是一个"我们"的"我们就是一种
The second second	Rocky Mountain Masters
MS STRAIGHT, STEPHEN 29-6	September 1-2
M87 ANDERSON, HERB 17-414	50#
eeeeeee SHOT PUT eeeeeee	M34 ROBINSON, MARCUS 6.50
MAS BROCE, RON 36-9	M36 ZMM, ROBERT 6.30 M39 UNDERHOOD, JEFF 7.40
MSS SPENCER, UERN 32-712	M44 BONG, ROBB 6.42 M40 VERTI, BOB 6.55
MBT ANDERSON, HERB 21-214	M40 BRYANT, EARL 6.75 M40 AYERS, DAN 7.01
F68 McGINNITY, BETTYE 18-314	M47 LOUBET, JEFF 6.79 M48 STARR, TOM 7.34
A STATE OF THE STA	MSO NIEDERMEYER, FRED 6.76 MS2 KIRKPATRICK, RON 7.00
MIT SHEEHAN, JEFF 132-10	MS1 ARNOLD, ED 7.20 MS3 CARTER, LARRY 7.41
MAY CLARK, BILL 113-1	MS4 HAMILTON, RUSTY 8.11
MS SPENCER, VERN 108-2	MSS WHITE, RITCH 7.53
HT4 PRAEGER, FRED 74-6 F31 FDX-HALL, MARGARET 139-7	MG2 HONAKER, BILL 6.90
F57 DUGAN, JOAN 72-4 F68 McGIMNITY, BETTYE 44-3	MGG HAEFELE, JACK 7.46
The state of the s	MGB PARKS, HAYDN 7.75
MSS SPENCER. VERN 115-1	M71 DAVISON, JOHN 7.36
M74 PRAEGER, FRED 73-2 F31 FDX-HALL, MARCARET 73-0	M88 ANDERSON, HERB 10.89
AND THE PART WHILE AND A SHE	F36 JOHES, CHRIS 7.48
WEITH	F58 DUGRN, JUAN 7.80
MAI PETITTO POCCO 170_124	FSI INUMPSON, LUIS 3.01
MAS STRAIGHT, STEPHEN 5-2 MSS WHITE, HAROLD 4-6 FST DUGAM, JOAM 3-8 ***********************************	F64 PETERSON, PATRICIA 8.67 F66 MAEFELE, LAVINA 8.64

M33 LACKEY, CURT 113-0 M33 HAUCAARD, N. CRAIG 88-6

page 38 Continued from previous page					
M30 SIEMERING, ROBERT					
M36 ZAHN, ROBERT	12.01				
MA BONG, ROBB M40 VERTI, BOB M3 BATTAGLIA, JOHN	12.62 11.70 11.96 12.04				
M40 BRYANT, EARL M46 LUPLON, DAVID M4R STARR TON	12.22 12.82 13.42				
MSO NIEDERHEYER, FRED MS3 HILLER, CHARLEY	12.44 12.69				
MS2 HORTON, DMANYE MS1 ARNOLD, ED	13.33				
MSS HARTENSTEIN, HUGO MSG CISNEROS, NECTOR	11.95 13.97				
MAS BATTAGLIA, JOHN MAG BRYANT, EARL MAG LUPLON, DAVID MAG STARR, TON MSO NIEDERHEYER, FRED MSS MILLER, CHARLEY MSZ KIRKPATRICK, RON MSZ HORTON, DWAMYE MSI ARNOLD, ED MSS CISNEROS, MECTOR MSG SUMMERLIN, RULPH MSS SUMMERLIN, RULPH MSS SUMMERLIN, RULPH MSS SMITE, RITCH MSI ALBURY, GORDON MSC HORAGER, BILL MSG FISCHER, BJ MSG COMEN, ALAN	14.48 12.78				
MG1 FISCHER, NJ MG1 COHEN, ALAN	13.56 14.88				
MGI FISCHER, MJ MGI COMEN, ALAN MGS KATZMAN, MOZHAN MGS HAFFELE, JMCX MGG GOLDSHITH, MAX MGS BUTCHKO, GEDRGE MTI DAVISON, JOHN MTO MACKETT, MUGH MTA PRAEGER, FREDERICX MSO BENACTT, EMPETI MSO AMDERSON, MERB F30 CAPRYE, POLLY	14.59 14.69				
MET COLDSMITH, MAX MES BUTCHKO, GEORGE	14.86 16.58				
NTI DAVISON, JUHN NTO HACKETT, HUGH NTA PRAFCER, FREDERICK	14.05 15.71 17.04				
M80 BENNETT, EMETT M88 ANDERSON, HERB	17.45 20.67				
FOG JONES, CHRIS	20.67 14.17 13.55 14.05 16.72 15.79				
F49 PIKE, BARBARA F58 DUGAN, JOAN FE7 THOMPSON LOTS	16.72 15.79 17.32				
F36 LONGENECKER, KATE F49 PIKE, BARBARA F58 DUCAN, JOAN F57 THOMPSON, LOIS F64 PETERSON, PATRICIA F66 HAEFELE, LAVINA F76 WEML, PEARL	16.48 16.54				
9000000 200W a	21.59				
M32 GREEN, MOODY M36 ZAHN, ROBERT M39 LINDERWOOD, JEFF	24.36 28.5				
M44 BONG, ROBB M40 BRYAHT, EARL M40 AYERS, DAN	23.71 24.72 26.70				
ROB SIEURING, MOMERY MOM ROB INSON, MARCUS MOS CREEN, MODDY MOS CAMM, ROBERT MOS IMDERWOOD, JEFF MOM BRYAHT, EARL MOM AYERS, DAN MOM LUPLOW, DANID MOM STARR, TOM MOM BENSTOM, STRIDER MOS KIRPATEICK. RON	25.9 27.4				
MAG LUPLOW, DAVID MAG STARR, TOM MAG BEMSTOM, STRIDER MSZ KIRKPATRICK, RON MSO NIEDERMEYER, FRED MSZ MILIFE CHARDIEY	28.7 25.1 25.2 25.3				
MS3 MILLER, CHARLEY MS1 ARNOLD, ED	25.3 28.62				
MSG CISMEROS, MECTOR MG1 ALBURY, GORDON	28.52 26.35				
MG1 FISCHER, HJ MG1 COHEN, ALAN MG5 KATZMAN, NORMAN	28.51 30.48 29.63				
MGB PARKS, HAYDH MG7 GOLDSHITH, MAX MT1 DAVISON, JOHN	29.75 30.46 30.11				
MSZ KIRPATRICK, ROM MSO MIEDEMEYER, FRED MSJ MILLER, CHARLEY MSJ MRILLER, CHARLEY MSJ MRITEMSTEIN, MUSD MSG CISMEROS, MECTOR MGJ FISCHER, HJ MGJ CHEN, GURDON MSJ FISCHER, HJ MGJ CHEN, ALAN MGS KATZMAN, MORMAN MGS PARKS, MAYDN MGS FOR SERVEN MGS BENETT, EMETT MGS ANDERSON, MERB F30 CAPRYE, POLLY F36 JUMES, CHRIS F30 LOMES, CHRIS F30 LOMES, CHRIS F30 LOMES, CHRIS F30 JUMES, CHRIS F30 JUMES, CHRIS F30 JUMES, CHRIS F30 JUMES, CHRIS F30 MGRSON, JUME F64 PETERSON, PATGICIA F61 ANDERSON, SMELLEY F76 MEHL, PEARL	36.84 36.16 46.38				
F30 CAPRYE, POLLY F36 JONES, CHRIS F49 PIKE RAPRAPA	29.28 29.13				
F58 DUGAN, JOAN F64 PETERSON, PATRICIA	35.75 35.89				
F61 AMDERSON, SHELLEY F76 MEHL, PEARL	36.77 46.75				
RZZ MEAD, GREGRY MYO SCHMEBECK, DOUG MAY BOME, ROBS MAY SIMONS, DAVID MO BRYANT, EARL MAY EIDINGER, GEORGE MO AYERS, DAN MAS ELIPLON, DAVID MAS BENSION, STRIDER MAS STARR, TOM MAY TOUBET, JEFF MYOUSET, JEHN MYOUSET, JOHN MYOUSENET, MYOUSENET, MYOUSENET, JOHN MYOUSENET	53.06				
NAA BONG, ROBS NAA SINONS, DAVID	52.60 55.19				
MAG BRYANT, EARL MAG EIDINGER, GEORGE MAG AYERS, DAN	61.69 63.26				
MAG LUPLON, DAVID MAG BENSTON, STRIDER MAR STARE TOM	58.34 63.41				
MAT LOUBET, JEFF MSZ KIRKPATRICK, ROM	67.10 56.10				
NG1 ALBURY, GORDON NG1 COHEN, ALAN	62.79 70.01				
MSS KATZMAN, MORMAN MTO ALEXANDER, JOHN MBO BENNETT, EMMETT	68.82 63.47 91.99				
MSS ANDERSON, HERS F30 CAPRYE, POLLY F36 JOMES. CHRIS	2:09.63 71.77 68.00				
F76 MEHL, PEARL	1:42.30				
K31 SHAFER, RAY K34 HAAS, DOUG K32 HEAD, GREGORY K32 GREEN, MODDY K39 UNDERWOOD, JEFF M44 EIDINGER, GEDRGE M45 BENSTON, STRIDER M55 CISNERSS, MECTUR M55 CISNERSS, MECTUR M55 COMEN, ALAN M55 MACDOMALD, ERNIE M50 BENMETT, ENVETT	2:00.60 2:08.32				
M32 GREEN, MOODY M39 UNDERWOOD, JEFF	2:10.29 2:18.43 2:20.70				
M44 EIDINGER, GEORGE M46 BENSTON, STRIDER M52 KIRKPATRICK BOM	2:20.42 2:32.67 2:23.24				
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MOOS ecceses	********	M7 LOUBET, JEFF	18-212
NGI SHAFER, RAY	2:00.60	M46 LUPLOW, DAVID	17-8
M34 HARS, DOUG	2:08.32	MS4 STOPOULOS, PETE	18-012
M32 HEAD, GREGORY	2:10.29	MS1 ARNOLD, ED	15-014
M32 CREEN, WOODY	2:18.43	MS3 CARTER, LARRY	14-1015
MOS UNDERWOOD, JEFF	2:20.70	MSB WHITE, HAROLD	14-10
MAA EIDINGER, GEORGE	2:20.42	MSS WHITE, RITCH	12-834
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MSZ KIRKPATRICK, RON	2:23.24	eesee LONG JUMP (c	ont)
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MSS WHITE, RITCH	3:10.14	MGO BARTENFELD, THOMAS	14-114
NG) COHEN, ALAN	3:16.20	MGS HIRSIMAKI, FRED	14-214
MGS MacDONALD, ERNIE	3:02.98	MGS BUTCHKO, GEORGE	12-6
	3:33.83	M70 HACKETT, HUGH	13-3
MOO BENNETT, ENTETT		M71 DAVISON, JOHN	13-115
F49 PIKE, BARBARA	2:43.25	M73 MORNINGSTAR, HAM	8-10
F63 KIPP, BARBARA	3:41.93	M74 PROFCER ERENERICY	8-734
F68 ADAMS, LOUISE	3:27.46	M74 PRAEGER, FREDERICK M80 BENNETT, EMMETT	9-6
F76 MEHL, PEARL	3:47.65	MBB ANDERSON, HERB	6-814
	A CONTRACTOR	F30 CAPRYE, POLLY	13-874
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132 GREEN, WOODY	5:05.68	70100 5 000	
M3 KALETH, TONY	4:47.21	SOSSOSS TRIPLE JUN	
146 BENSTON, STRIDER	5:22.06	HS3 CARTER, LARRY	28-1134
55 WHITE, RITCH	6:36.41	MSS WHITE, RITCH	24-7
161 COHEN, ALAN	6:06.20	MG1 COHEN, ALAN	25-514
37 MUER, MAY	5:37.07	NES HIRSINGKI, FRED	30-014
63 KIPP, BARBARA	7:48.54	M70 HACKETT, HUGH	23-11/2
SE ADAMS, LOUISE	7:06.47	M73 MORNINGSTAR, HAM	23-314
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Margaret Fox-Hall	31	17.24	38.81	21.06	11. 11 6. 31	6. 90 4. 22
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MS4 STOPOULOS, PETE MS1 ARNOLD, STEER, LARRY MS8 WHITE, HAROLD MS5 WHITE, HAROLD MS5 WHITE, HAROLD MS5 WHITE, RITCH MS0 BARTENFELD, THOMAS MS5 MIRSIMAKI, FRED MS5 BUTCHKO, GEORGE M70 HACKETT, HUGH M71 BAVISON, JOHN M73 MORNINGSTAR, HAM M74 PRAEGER, FREDERICH M80 BENHETT, EMPETI M88 ANDERSON, HERB F30 CAMPET, PULLY F30 MARGELI PAMETA F30 MARGELI PAMETA	18- 15- 14- 12- (cont): 14- 14- 13- 13- 8- 8- 13- 13- 13-	02 03 03 10 10 10 11 12 14 15 16 17 18 18 18 18 18 18 18 18 18 18 18 18 18	M66 8U M59 BU M70 MA M70 MA M71 M71 M71 M71 M71 M71 M71 M71 M71 M71	RGESS, GLE TCHNO, SEG VSSC, DALE CKETT, HUG CKETT, HUG EXANDER, JO RAILESTER, POSS MAETT, ENM CAM, JOAN ATHERSTON, TON, TTOM, ANNÉ SINNITY, B HH, RUTH	NN 105 RGE 98 RGE 98 98 97 10 10 10 10 10 10 10 10 10 10 10 10 10	1-8
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SHOT PUT	*******	MS2 WEINBEL, KEN	1980
M33 LACKEY, CURT	32-5	MGG BURGESS, GLENN	7282 2006
M42 SAGER, BOB	39-114	MES BUTCHKO, GEORGE	1783
MAS BROCE, RON	37-1034	M71 FLACK, TOM	2045
MAG BENSTON, STRIDER	25-43-4	F31 FOX-HALL, MARCARET	2111
M52 MURPHY, RUSSELL	29-814	F30 HARRELL, PAMELA	1037
MSS WESSELOWSKI, TOM	41-111/2	14 (A)	
MSS SPENCER, UERN	29-24		
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MES BUYSSE, DALE	35-6		
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MS9 BUYSSE, DALEM MS9 SADDFSKY, STAMLEY MS9 SADDFSKY, STAMLEY MS9 BUNLES, FRANK MS5 BUTCHKÚ, GEORGE M71 FLACK, TOM M73 MORNINGSTAR, HAM M74 BPAGEGE FÖRFERNA	35-6 34-4 32-3 27-4 ^{1/2} 25-11 ^{1/2} 37-8 34-03-4 28-21-6	WEST	
MES BUYSSE, DALEM MES SADDFRY, STANLEY MES HISTHAKI, FRED MES BUNLES, FRANK MES BUTCHEO, GEORGE M71 FLACK, TOM M73 MORNINGSTAR, HAM M74 PRAEGER, FREDERICK M76 CARTER, ROSS	35-6 34-4 32-3 27-4\2 25-11\2 37-8 34-03-4 28-3\2 40-2\3	WEST Northern California	
MS9 BUYSSE, DALEM MS9 SADDFSKY, STAMLEY MS9 SADDFSKY, STAMLEY MS9 BUNLES, FRANK MS5 BUTCHKÚ, GEORGE M71 FLACK, TOM M73 MORNINGSTAR, HAM M74 PRAGECR, FRÉDERICK M76 CARTER, ROSS M88 AMDERSOM, MERB C200 MADDET! BAMESA	35-6 34-4 32-3 32-3 27-4 ¹ / ₂ 25-11 ¹ / ₂ 37-8 34-0 ³ -4 28-3 ¹ / ₂ 40-2 ³ / ₄ 40-2 ³ / ₄	WEST Northern Californi Masters Games	ia s
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MS9 BUYSSE, DALEM MS9 SADDFSKY, STAMLEY MS9 SADDFSKY, STAMLEY MS9 BUNLES, FRANK MS5 BUTCHEW, GEORGE M71 FLACK, TOM M73 MORNINGSTAR, HAM M74 PRAGECR, FREDERICK M76 CARTER, ROSS M88 ANDERSON, MERB F30 MAPPELL, PAMELA F37 CARTER, CHARLOTTE F57 PATTON, ANMETTE F58 MCGINNITY, BETTYE	35-6 34-4 32-3 27-4½ 25-11½ 37-8 34-03-4 40-23-4 40-23-4 40-23-4 20-8½ 22-93-4 21-93-4 21-93-4	WEST Northern Californi Masters Games Palo Alto; August 3-	ia -12
MES BUYSSE, DALEM MES SADDFSKY, STAMLEY MES HISTIMAKI, FRED MES BUNLES, FRANK MES BUTCHEW, GEORGE M71 FLACK, TOM M73 MORNINGSTAR, HAM M74 PRAGECR, FREDERICK M76 CARTER, ROSS M88 ANDERSON, MERB F30 MAPRELL, PAMELA F37 CARTER, CHARLOTTE F57 PATTON, ANMETTE F68 MCGINNITY, BETTYE	35-6 34-4 32-3 27-4½ 25-11½ 37-8 34-03-4 40-23-4 40-23-4 40-23-4 20-8½ 22-93-4 23-10	WEST Northern Californi Masters Games Palo Alto; August 3- 50m W15 Bob Belkstrom Bill Delaney	6.45 7.07
MES BUYSSE, DALLEY MES SADDFRY, STANLEY MES HISTANAXI, FRED MES BONLES, FRANK MES BUTCHEW, GEORGE M71 FLACK, TOM M73 MORNINGSTAR, HAM M74 PRAGECER, FREDERICK M76 CARTER, ROSS M88 ANDERSON, MERB F30 MARPELL, PANELA F37 CARTER, CHARLOTTE F57 PATTOM, ANMETTE F58 MCGINNITY, BETTYE *********************************	35-6 34-4 34-9 27-4½ 25-11½ 37-8 34-03-4 40-23-4 16-13-2 20-8½ 22-93-4 23-10 19-7	MAS BENNETT, EMMETT ********************************	6.45 7.07 7.64 8.01
MES BUYSSE, DALEM MES SADDFSKY, STAMLEY MES HISTIMAKI, FRED MES BUNLES, FRANK MES BUTCHEW, GEORGE M71 FLACK, TOM M73 MORNINGSTAR, HAM M74 PRAGECR, FREDERICK M76 CARTER, ROSS MBB ANDERSON, MERB F30 MARPELL, PAMELA F37 CARTER, CHARLOTTE F57 PATTOM, ANMETTE F68 MCGINNITY, BETTYE *********************************	35-6 34-4 32-3 27-4½ 25-11½ 37-8 34-03-4 40-23-4 16-13-4 20-8½ 22-93-4 23-10 19-7	WEST Northern Californi Masters Games Palo Alto; August 3- 50m W15 Bob Belkstrom Bill Delaney Roger Quimby Paul Engle M50 John Parks Phil Marsts	6.15 7.07 7.64 8.01 6.64
MES BUYSSE, DALEM MES SADDFSKY, STAMLEY MES HISTIMAKI, FRED MES BUNLES, FRANK MES BUTCHEW, GEORGE MT1 FLACK, TOM MT3 MORNINGSTAR, HAM MT4 PRAEGER, FREDERICK MT6 CARTER, ROSS MBB ANDERSON, MERB F30 MARPELL, PAMELA F37 CARTER, CHARLOTTE F57 PATTOM, ANMETTE F68 MCGINNITY, BETTYE *********************************	35-6 34-8 32-3 27-4½ 25-11½ 37-8 34-03-4 40-23-4 16-13-4 20-8½ 22-93-4 23-10 19-7 19-7	WEST Northern Californi Masters Games Palo Alto; August 3- 50m W15 Bob Belkstrom Bill Delaney Roger Quimby Paul Engle M50 John Parks Phil Mareska Gill Manjaras	6.45 7.07 7.64 8.01 6.64 7.10
MES BUYSSE, DALEM MES SADDFRY, STANLEY MES SADDFRY, STANLEY MES HISTANALT, FRED MES BUNLES, FRANK MES BUTCHEW, GEORGE MT1 FLACK, TOM MT3 MURNINGSTAR, HAM MT4 PRAEGER, FREDERICK MT6 CARTER, ROSS MBB ANDERSON, MERB F30 MARBELL, PANELA F37 CARTER, CHARLOTTE F57 PATTOM, ANMETTE F58 MCGINNITY, BETTYE *********************************	35-6 34-4 32-3 27-4½ 25-11½ 37-8 34-03-4 40-23-4 16-13-4 20-8½ 22-93-4 23-10 19-7 19-7 19-7 19-7 19-9 1	WEST Northern Californi Masters Games Palo Alto; August 3- 50m W15 Bob Belkstrom Bill Delaney Roger Quimby Paul Engle M50 John Parks Phil Mareska Gill Manjaras M55 Bob Feaster Gary Dawson	6.45 7.07 7.64 8.01 6.64 7.10 7.94 6.91 8.13
MES BUYSSE, DALEM MES SADDFRY, STANLEY MES SADDFRY, STANLEY MES HISTANKI, FRED MES BUNLES, FRANK MES BUTCHEW, GEORGE MT1 FLACK, TOM MT3 MURNINGSTAR, HAM MT4 PRAEGER, FREDERICK MT6 CARTER, ROSS MBB ANDERSON, MERB F30 MARBELL, PANELA F37 CARTER, CHARLOTTE F57 PATTOM, ANMETTE F58 MCGINNITY, BETTYE *********************************	35-6 34-3 37-8 37-8 34-03-4 34-03-4 40-23-4 16-13-4 20-8-5 22-93-4 23-10 19-7 19-7 19-7 19-7 19-5	WEST Northern Californi Masters Games Palo Alto; August 3- 50m W15 Bob Belkstrom Bill Delaney Roger Quimby Paul Engle M50 John Parks Phil Mareska Gill Manjaras M55 Bob Feaster Gary Dawson M60 Bernard Stevens Don Anhorn	6.45 7.07 7.64 8.01 6.64 7.94 6.91 8.13 7.23 8.51
MES BUYSSE, DALEM MES SADDFRY, STANLEY MES SADDFRY, STANLEY MES HISTANKI, FRED MES BUNLES, FRANK MES BUTCHEW, GEORGE MT1 FLACK, TOM MT3 MURNINGSTAR, HAM MT4 PRAEGER, FREDERICK MT6 CARTER, ROSS MBB ANDERSON, MERB F30 MARBELL, PANELA F37 CARTER, CHARLOTTE F57 PATTOM, ANMETTE F68 MCGINNITY, BETTYE *********************************	35-6 34-3 37-8 37-8 34-93-4 34-93-4 40-23-4 16-13-4 20-8-2 20-8-2 21-93-4 21-93-4 21-93-4 21-93-4 21-93-4 21-93-6 38-4 930-1 14-9 930-1 14-9 939-5	WEST Northern Californi Masters Games Palo Alto; August 3- 50m W15 Bob Belkstrom Bill Delaney Roger Quimby Paul Engle M50 John Parks Phil Mareska Gill Manjaras M55 Bob Feaster Gary Dawson M60 Bernard Stevens Don Anhorn M65 Don Berglund	6.45 7.07 7.64 8.01 6.64 7.194 6.91 8.13 7.23 8.51 8.35
MES BUYSSE, DALLEM MES SADDFRY, STANLEY MES HISTANKI, FRED MES BONLES, FRANK MES BUTCHEW, GEORGE MT1 FLACK, TOM MT3 MORNINGSTAR, HAM MT4 PRAGECR, FREDERICK MT6 CARTER, ROSS MBB ANDERSON, MERB F30 MARPELL, PAMELA F37 CARTER, CHARLOTTE F57 PATTOM, ANMETTE F68 MCGINNITY, BETTYE *********************************	35-6 34-3 37-8 37-8 34-03-4 25-11-2 37-8 40-23-4 16-13-4 20-8-2 20-8-2 21-9-4 19-7 19-7 19-7 19-7 19-5 19-5 19-5 19-5 19-5 19-5 19-5 19-5 19-5	WEST Northern Californi Masters Games Palo Alto; August 3- 50m W15 Bob Belkstrom Bill Delaney Roger Quimby Paul Engle M50 John Parks Phil Mareska Gill Manjaras M55 Bob Feaster Gary Dawson M60 Bernard Stevens Don Anhorn M65 Don Berglund M70 Patrick Aubry Albert Fairchild	6.45 7.07 7.64 8.01 6.64 7.194 6.91 8.13 7.23 8.58 8.09 9.36
HIS BUYSSE, DALLEY HIS BUYSSE, DALLEY HIS SADDFRY, STANLEY HIS HIRRINAKI, FRED HIS BUYSSE, DANLES, FRANK HIS BUYSSE, DANLES, ROS HIS BANDERSON, HERB F30 HARELL, PANELA F30 HARELL, PANELA F37 CARTER, CHARLOTTE F57 PATTON, ANMETTE F58 HIGHNITY, BETTYE *********************************	35-6 34-3 37-8 37-8 34-03-4 25-11-2 37-8 40-23-4 16-13-4 20-8-2 20-8-2 21-9-4 19-7 19-7 19-7 19-7 19-7 19-5 19-5 19-5 19-5 11-9 19-5 11-9	WEST Northern Californi Masters Games Palo Alto; August 3- 50m W15 Bob Belkstrom Bill Delaney Roger Quimby Paul Engle M50 John Parks Phil Mareska Gill Manjaras M55 Bob Feaster Gary Dawson M60 Bernard Stevens Don Anhorn M65 Don Berglund M70 Patrick Aubry Albert Fairchild W45 Monica Engel W55 En Wai Leaden	6.45 7.07 7.64 8.01 6.64 7.94 6.91 8.13 7.23 8.15 8.35 8.35 8.09 9.36 8.43
MES BUYSSE, DALLEM MES SADDFRY, STANLEY MES SADDFRY, STANLEY MES BUYSSE, DALLEM MES BUYSSE, DALLEM MES BUYSSE, DALLEY MES BANDERSON, MERB F30 MARGELL, PANELA F37 CARTER, CHARLOTTE F57 PATTON, ANNETTE F58 MEGINNITY, BETTYE *********************************	35-6 34-3 37-8 37-8 34-03-4 25-11-2 37-8 40-23-4 16-13-4 20-8-2 20-8-2 21-9-4 19-7 19-7 19-7 19-7 19-7 19-1 19-5 11-10 18-6 111-10 18-7	Northern Californi Masters Games Palo Alto; August 3- 50m W15 Bob Belkstrom Bill Delaney Roger Quimby Paul Engle M50 John Parks Phil Mareska Gill Manjaras M55 Bob Feaster Gary Dawson M60 Bernard Stevens Don Anhorn M65 Don Berglund M70 Patrick Aubry Albert Fairchild M45 Monica Engel W55 Fei Mei Lee Chou Marge Moore	6.45 7.07 7.64 8.01 6.64 7.94 6.91 8.13 7.23 8.58 8.09 9.36 8.43 8.52
NOS FREDERICK, PAUL I MAS BROCE, RCM MAS BROCE, RCM MAS BROCE, RCM MAS BLOCK, BOB MAS BLOCK, BOB MSZ HORTON, DWANYE MSA HAMILTON, RUSTY MSZ MURTHY, RUSSELL MSS MESSELDWSKI, TOM MST KING, STU MSS WELLOW, MSC MSS WALLOCK, MGL MSS WALLOCK, MGL MSS WALLOCK, MGL MSA RELICEN, MAL MSA RELICEN, MAL MSA RELICEN, MAL	124-2 109-4 98-4 99-1 65-5-5 114-9 87-10 118-6 118-6 118-6 118-6 118-6	Paul Engle M50 John Parks Phil Mareska Gill Manjaras B55 Bob Feaster Gary Dawson M60 Bernard Stevens Don Anhorn M65 Don Berglund M70 Patrick Aubry Albert Fairchild W55 Fei Mei Lee Chou Marge Moore Helen Sung	8.01 6.64 7.10 7.94 6.91 8.13 7.23 8.51 8.35 8.09 9.36 8.43 8.52 8.69
NOS FREDERICK, PAUL I MAS BROCE, RCM MAS BROCE, RCM MAS BROCE, RCM MAS BLOCK, BOB MAS BLOCK, BOB MSZ HORTON, DWANYE MSA HAMILTON, RUSTY MSZ MURTHY, RUSSELL MSS MESSELDWSKI, TOM MST KING, STU MSS WELLOW, MSC MSS WALLOCK, MGL MSS WALLOCK, MGL MSS WALLOCK, MGL MSA RELICEN, MAL MSA RELICEN, MAL MSA RELICEN, MAL	124-2 109-4 98-4 99-1 65-5-5 114-9 87-10 118-6 118-6 118-6 118-6 118-6	Paul Engle M50 John Parks Phil Mareska Gill Manjaras B55 Bob Feaster Gary Dawson M60 Bernard Stevens Don Anhorn M65 Don Berglund M70 Patrick Aubry Albert Fairchild W55 Fei Mei Lee Chou Marge Moore Helen Sung	8.01 6.64 7.10 7.94 6.91 8.13 7.23 8.51 8.35 8.09 9.36 8.43 8.52 8.69
NOS FREDERICK, PAUL I MAS BROCE, RCM MAS BROCE, RCM MAS BROCE, RCM MAS BLOCK, BOB MAS BLOCK, BOB MSZ HORTON, DWANYE MSA HAMILTON, RUSTY MSZ MURTHY, RUSSELL MSS MESSELDWSKI, TOM MST KING, STU MSS WELLOW, MSC MSS WALLOCK, MGL MSS WALLOCK, MGL MSS WALLOCK, MGL MSA RELICEN, MAL MSA RELICEN, MAL MSA RELICEN, MAL	124-2 109-4 98-4 99-1 65-5-5 114-9 87-10 118-6 118-6 118-6 118-6 118-6	Paul Engle M50 John Parks Phil Mareska Gill Manjaras B55 Bob Feaster Gary Dawson M60 Bernard Stevens Don Anhorn M65 Don Berglund M70 Patrick Aubry Albert Fairchild W55 Fei Mei Lee Chou Marge Moore Helen Sung	8.01 6.64 7.10 7.94 6.91 8.13 7.23 8.51 8.35 8.09 9.36 8.43 8.52 8.69
NOS FREDERICK, PAUL I MAS BROCE, RCM MAS BROCE, RCM MAS BROCE, RCM MAS BLOCK, BOB MAS BLOCK, BOB MSZ HORTON, DWANYE MSA HAMILTON, RUSTY MSZ MURTHY, RUSSELL MSS MESSELDWSKI, TOM MST KING, STU MSS WELLOW, MSC MSS WALLOCK, MGL MSS WALLOCK, MGL MSS WALLOCK, MGL MSA RELICEN, MAL MSA RELICEN, MAL MSA RELICEN, MAL	124-2 109-4 98-4 99-1 65-5-5 114-9 87-10 118-6 118-6 118-6 118-6 118-6	Paul Engle M50 John Parks Phil Mareska Gill Manjaras B55 Bob Feaster Gary Dawson M60 Bernard Stevens Don Anhorn M65 Don Berglund M70 Patrick Aubry Albert Fairchild W55 Fei Mei Lee Chou Marge Moore Helen Sung	8.01 6.64 7.10 7.94 6.91 8.13 7.23 8.51 8.35 8.09 9.36 8.43 8.52 8.69
NOS FREDERICK, PAUL I MAS BROCE, RCM MAS BROCE, RCM MAS BROCE, RCM MAS BLOCK, BOB MAS BLOCK, BOB MSZ HORTON, DWANYE MSA HAMILTON, RUSTY MSZ MURTHY, RUSSELL MSS MESSELDWSKI, TOM MST KING, STU MSS WELLOW, MSC MSS WALLOCK, MGL MSS WALLOCK, MGL MSS WALLOCK, MGL MSA RELICEN, MAL MSA RELICEN, MAL MSA RELICEN, MAL	124-2 109-4 98-4 99-1 65-5-5 114-9 87-10 118-6 118-6 118-6 118-6 118-6	Paul Engle M50 John Parks Phil Mareska Gill Manjaras B55 Bob Feaster Gary Dawson M60 Bernard Stevens Don Anhorn M65 Don Berglund M70 Patrick Aubry Albert Fairchild W55 Fei Mei Lee Chou Marge Moore Helen Sung	8.01 6.64 7.10 7.94 6.91 8.13 7.23 8.51 8.35 8.09 9.36 8.43 8.52 8.69
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NOS FREDERICK, PAUL I MAS BROCE, RCM MAS BROCE, RCM MAS BROCE, RCM MAS BLOCK, BOB MAS BLOCK, BOB MSZ HORTON, DWANYE MSA HAMILTON, RUSTY MSZ MURTHY, RUSSELL MSS MESSELDWSKI, TOM MST KING, STU MSS WELLOW, MSC MSS WALLOCK, MGL MSS WALLOCK, MGL MSS WALLOCK, MGL MSA RELICEN, MAL MSA RELICEN, MAL MSA RELICEN, MAL	124-2 109-4 98-4 99-1 65-5-5 114-9 87-10 118-6 118-6 118-6 118-6 118-6	Paul Engle M50 John Parks Phil Mareska Gill Manjaras B55 Bob Feaster Gary Dawson M60 Bernard Stevens Don Anhorn M65 Don Berglund M70 Patrick Aubry Albert Fairchild W55 Fei Mei Lee Chou Marge Moore Helen Sung	8.01 6.64 7.10 7.94 6.91 8.13 7.23 8.51 8.35 8.09 9.36 8.43 8.52 8.69
NOS FREDERICK, PAUL I MAS BROCE, RCM MAS BROCE, RCM MAS BROCE, RCM MAS BLOCK, BOB MAS BLOCK, BOB MSZ HORTON, DWANYE MSA HAMILTON, RUSTY MSZ MURTHY, RUSSELL MSS MESSELDWSKI, TOM MST KING, STU MSS WELLOW, MSC MSS WALLOCK, MGL MSS WALLOCK, MGL MSS WALLOCK, MGL MSA RELICEN, MAL MSA RELICEN, MAL MSA RELICEN, MAL	124-2 109-4 98-4 99-1 65-5-5 114-9 87-10 118-6 118-6 118-6 118-6 118-6	Paul Engle M50 John Parks Phil Mareska Gill Manjaras B55 Bob Feaster Gary Dawson M60 Bernard Stevens Don Anhorn M65 Don Berglund M70 Patrick Aubry Albert Fairchild W55 Fei Mei Lee Chou Marge Moore Helen Sung	8.01 6.64 7.10 7.94 6.91 8.13 7.23 8.51 8.35 8.09 9.36 8.43 8.52 8.69
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NOS FREDERICK, PAUL I MAS BROCE, RCM MAS BROCE, RCM MAS BROCE, RCM MAS BLOCK, BOB MAS BLOCK, BOB MSZ HORTON, DWANYE MSA HAMILTON, RUSTY MSZ MURTHY, RUSSELL MSS MESSELDWSKI, TOM MST KING, STU MSS WELLOW, MSC MSS WALLOCK, MGL MSS WALLOCK, MGL MSS WALLOCK, MGL MSA RELICEN, MAL MSA RELICEN, MAL MSA RELICEN, MAL	124-2 109-4 98-4 99-1 65-5-5 114-9 87-10 118-6 118-6 118-6 118-6 118-6	Paul Engle M50 John Parks Phil Mareska Gill Manjaras B55 Bob Feaster Gary Dawson M60 Bernard Stevens Don Anhorn M65 Don Berglund M70 Patrick Aubry Albert Fairchild W55 Fei Mei Lee Chou Marge Moore Helen Sung	8.01 6.64 7.10 7.94 6.91 8.13 7.23 8.51 8.35 8.09 9.36 8.43 8.52 8.69
NOS FREDERICK, PAUL I MAS BROCE, RCM MAS BROCE, RCM MAS BROCE, RCM MAS BLOCK, BOB MAS BLOCK, BOB MSZ HORTON, DWANYE MSA HAMILTON, RUSTY MSZ MURTHY, RUSSELL MSS MESSELDWSKI, TOM MST KING, STU MSS WELLOW, MSC MSS WALLOCK, MGL MSS WALLOCK, MGL MSS WALLOCK, MGL MSA RELICEN, MAL MSA RELICEN, MAL MSA RELICEN, MAL	124-2 109-4 98-4 99-1 65-5-5 114-9 87-10 118-6 118-6 118-6 118-6 118-6	Paul Engle M50 John Parks Phil Mareska Gill Manjaras B55 Bob Feaster Gary Dawson M60 Bernard Stevens Don Anhorn M65 Don Berglund M70 Patrick Aubry Albert Fairchild W55 Fei Mei Lee Chou Marge Moore Helen Sung	8.01 6.64 7.10 7.94 6.91 8.13 7.23 8.51 8.35 8.09 9.36 8.43 8.52 8.69
NOS FREDERICK, PAUL I MAS BROCE, RCM MAS BROCE, RCM MAS BROCE, RCM MAS BLOCK, BOB MAS BLOCK, BOB MSZ HORTON, DWANYE MSA HAMILTON, RUSTY MSZ MURTHY, RUSSELL MSS MESSELDWSKI, TOM MST KING, STU MSS WELLOW, MSC MSS WALLOCK, MGL MSS WALLOCK, MGL MSS WALLOCK, MGL MSA RELICEN, MAL MSA RELICEN, MAL MSA RELICEN, MAL	124-2 109-4 98-4 99-1 65-5-5 114-9 87-10 118-6 118-6 118-6 118-6 118-6	Paul Engle M50 John Parks Phil Mareska Gill Manjaras B55 Bob Feaster Gary Dawson M60 Bernard Stevens Don Anhorn M65 Don Berglund M70 Patrick Aubry Albert Fairchild W55 Fei Mei Lee Chou Marge Moore Helen Sung	8.01 6.64 7.10 7.94 6.91 8.13 7.23 8.51 8.35 8.09 9.36 8.43 8.52 8.69
NOS FREDERICK, PAUL I MAS BROCE, RCM MAS BROCE, RCM MAS BROCE, RCM MAS BLOCK, BOB MAS BLOCK, BOB MSZ HORTON, DWANYE MSA HAMILTON, RUSTY MSZ MURTHY, RUSSELL MSS MESSELDWSKI, TOM MST KING, STU MSS WELLOW, MSC MSS WALLOCK, MGL MSS WALLOCK, MGL MSS WALLOCK, MGL MSA RELICEN, MAL MSA RELICEN, MAL MSA RELICEN, MAL	124-2 109-4 98-4 99-1 65-5-5 114-9 87-10 118-6 118-6 118-6 118-6 118-6	Northern Californi Masters Games Palo Alto; August 3- 50m W175 Bob Belkstrom Bill Delaney Roger Quimby Paul Engle M50 John Parks Phil Mareska Gill Manjaras Bob Feaster Gary Dawson M60 Bernard Stevens Don Anhorn M65 Don Berglund M70 Patrick Aubry Albert Fairchild M55 Fei Mei Lee Chou Marge Moore Helen Sung Ellen Lee 100m M45 Bob Beckstrom Bill Delaney John Ryan Roger Quimby Paul Engel M50 John Parks Phil Maresca M55 Bob Feaster John Johanson Gary Dawson M60 Bernard Stevens Don Anhorn M65 Don Berglund M70 Albert Fairchild M45 Monica Engel M55 Fei Mei Lee Chou Rita Kerr M65 Don Berglund M70 Albert Fairchild M40 M50 M60 M60 M60 M60 M60 M60 M60 M60 M60 M6	8.01 6.64 7.10 7.94 6.91 8.13 7.23 8.51 8.35 8.09 9.36 8.43 8.52 8.69

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400m M45 Ed Classen 59.59	M60
John Ryan 60.07 Russell Hirsch 61.07	
#400m #45 Ed Classen 59.55 John Ryan 60.07 Russell Hirsch 61.07 Steve Rooks 1:55.10 #50 Phil Meresca 1:02.28 #55 Bob Feaster 1:01.94 John Johanson 1:06.05	
John Johanson 1:06.05	M55
Pick Thomas 2:00 44	
6. 第三次是一个最高的基础。	
800m M45 Russell Hirsch 2:29.60	M50
Jim Barnes 2:43.63	
M50 Sam Vandenburg 2:31.25	
M45 Russell Hirsch 2:29.60 Jim Barnes 2:43.65 Jim Scileny 3:31.77 M50 Sam Vandenburg 2:31.25 Jim Turner 2:33.41 M65 George Ohlsen 3:37.44 M70 Pierre DelFasse 3:34.36 M45 Kaye Donnelly 3:07.86 M45 Kaye Donnelly 3:07.86 M45 M4	M45
Don Mulleniex 3:46.41	
Don Mulleniex 3:46.41 W45 Kaye Donnelly 3:07.80 W65 Kee Kee Koh 4:15.23	
1500m	
Jim Scileny 7:39.21	н35
M50 Tim Jordan 4:57.90 Sam Vandenburg 5:14.92	M30
M60 Peter Wood 5:44.41	200
M70 P. Delfausse 7:46.63 M75 Joseph Goodman 8:10.20	W60
M60 Peter Nood 5:44.41 M70 P. Delfausse 7:46.6 M75 Joseph Goodman 8:10.21 N45 Jackie Marr 5:49.0 Kek Kee Koh 8:26.9	W55
	W4.
Shot Put 16# N45 John Ryan 25-0 Jim Scileny 24-0.25	W4(
Shae Due 124	W. Control
Shot Put 129 MSS Bob Feaster 41-3.5	200
MSS 30b Feaster 41-3.5 Ted Wassam 38-8.5 Gary Dawson 32-3.75	M70
	Service Control
M65 Jerry Sisldorf 32-0.75 M70 Hal Cronkhite 36-9.75 M75 Parker Ward 30-10.5	
M75 Parker Ward 30-10.S	M60
Shot Put 6	
W55 F.M. Lee Chou 22-1.79 Helen Sung 17-2.5	5
neien sung 17-2.3	M55
Discus M45 Jim Scileny 71-8.7	
MSS Ted Wassam 94-3.50	M50
M60 Ira Karp 55-10.	
M65 Jerry Sildorf 79-1.79 M70 Hal Cronkhite 87-1.00	
M60 Tra Karp M65 Jerry Sildorf 79-1.7' M70 Hal Cronkhite 87-1.0' M80 Hal Dunker 62-2.2' M855 F.M. Lee Chou 65-1.5(Helen Sung 41-7.50	M45
Helen Sung 41-7.50	
Santa Rosa JC Track Series	
Santa Rosa JC Track Series Santa Rosa, CA; August 8	M41
Santa Rosa JC Track Series Santa Rosa, CA; August 8	M41
Santa Rosa JC Track Series Santa Rosa, CA; August 8 100m Ben Rosales 31 11.0 Mike Weber 41 13.9	M41
Santa Rosa JC Track Series Santa Rosa, CA; August 8 100m Ben Rosales 31 11.0 Mike Weber 41 13.9 200m Ben Rosales 31 23.3	M41
Santa Rosa JC Track Series Santa Rosa, CA; August 8 100m Ben Rosales 31 11.0 Mike Weber 41 13.9 200m Ben Rosales 31 23.3 Dave Baldvin 39 30.6 400m	M41
Santa Rosa JC Track Series Santa Rosa, CA; August 8 100m Ben Rosales 31 11.0 Mike Weber 41 13.9 200m Ben Rosales 31 23.3 Dave Baldvin 39 30.6 400m Scott Benstock 32 58.1	M41
Santa Rosa JC Track Series Santa Rosa, CA; August 8 100m Ben Rosales 31 11.0 Mike Weber 41 13.9 200m Ben Rosales 31 23.3 Dave Baldwin 39 30.6 400m Scott Benstock 32 58.1 Brendan Hutchinson 46 61.0 Cindy Roach 31 82.3	M44 M3 M3
Santa Rosa JC Track Series Santa Rosa, CA; August 8 100m Ben Rosales 31 11.0 Mike Weber 41 13.9 200m Ben Rosales 31 23.3 Dave Baldvin 39 30.6 400m Scott Benstock 32 58.1 Brendan Hutchinson 46 61.0 Cindy Roach 31 82.3 800m Tim Stewart 35 2:38.4	M44 M3 M3 40 W4
Santa Rosa JC Track Series Santa Rosa, CA; August 8 100m Ben Rosales 31 11.0 Mike Weber 41 13.9 200m Ben Rosales 31 23.3 Dave Baldvin 39 30.6 400m Scott Benstock 32 58.1 Brendan Hutchinson 46 61.0 Cindy Roach 31 82.3 800m Tim Stewart 35 2:38.4 Mile Dan Grimes 31 4:19.5	M41 M3 M3 40 W4 40 M8
Santa Rosa JC Track Series Santa Rosa, CA; August 8 100m Ben Rosales 31 11.0 Mike Weber 41 13.9 200m Ben Rosales 31 23.3 Dave Baldvin 39 30.6 400m Scott Benstock 32 58.1 Brendan Hutchinson 46 61.0 Cindy Roach 31 82.3 800m Tim Stewart 35 2:38.4 Mile Dan Grimes 31 4:19.5	M44 M3 M3 40 W4
Santa Rosa JC Track Series Santa Rosa, CA; August 8 100m Ben Rosales 31 11.0 Mike Weber 41 13.9 200m Ben Rosales 31 23.3 Dave Baldvin 39 30.6 400m Scott Benstock 32 58.1 Brendan Hutchinson 46 61.0 Cindy Roach 31 82.3 800m Tim Stewart 35 2:38.4 Mile Dan Grimes 31 4:19.5 Dave Capron 32 4:29.2 Larry Meredith 33 4:53.8 Gary Broad 31 53.3 Gary Broad 31 53.3	M41 M3 M3 40 W4 40 M8 M7
Santa Rosa JC Track Series Santa Rosa, CA; August 8 100m Ben Rosales 31 11.0 Mike Weber 41 13.9 200m Ben Rosales 31 23.3 Dave Baldwin 39 30.6 400m Scott Benstock 32 58.1 Brendan Hutchinson 46 61.0 Cindy Roach 31 82.3 800m Tim Stewart 35 2:38.4 Mile Dan Grimes 31 4:19.5 Dave Capron 32 4:29.2 Larry Meredith 33 4:53.8 Gary Broad 31 5:23.2 John Anderson 37 5:46.9 Harald Nordvold 42 5:47.1	M41 M3 40 W4 40 M8 M8 M6
Santa Rosa JC Track Series Santa Rosa, CA; August 8 100m Ben Rosales 31 11.0 Mike Weber 41 13.9 200m Ben Rosales 31 23.3 Dave Baldwin 39 30.6 400m Scott Benstock 32 58.1 Breidan Hutchinson 46 61.0 Cindy Roach 31 82.3 800m Tim Stewart 35 2:38.4 Mile Dan Grimes 31 4:19.5 Dave Capron 32 4:29.2 Larry Meredith 33 4:53.8 Gary Broad 31 5:23.2 John Anderson 37 5:46.9 Harald Nordvold 42 5:47.1 Vicky Lowery 38 6:18.7	M4 M3 40 W4 40 M8 M7 M6
Santa Rosa JC Track Series Santa Rosa, CA; August 8 100m	M41 M3 40 W4 40 M8 M8 M6
Santa Rosa JC Track Series Santa Rosa, CA; August 8 100m	M4 M3 40 W4 40 M8 M7 M6
Santa Rosa JC Track Series Santa Rosa, CA; August 8 100m	M40 M3 40 W4 40 M8 M7 M6 M6
Santa Rosa JC Track Series Santa Rosa, CA; August 8 100m	M40 W40 W40 M80 M70 M60 M50
Santa Rosa JC Track Series Santa Rosa, CA; August 8 100m	M41 M3 40 W4 40 M8 M7 M6 M6 M5 M5
Santa Rosa JC Track Series Santa Rosa, CA; August 8 100m	M40 W40 W40 M80 M70 M60 M50
Santa Rosa JC Track Series Santa Rosa, CA; August 8 100m	M41 M3 40 W4 40 M8 M7 M6 M6 M5 M5
Santa Rosa JC Track Series Santa Rosa, CA; August 8 100m	M44 M3 40 W4 40 M8 M7 M6 M6 M5 M5 M4 M4
Santa Rosa JC Track Series Santa Rosa, CA; August 8 100m	M44 M3 40 W4 40 M8 M7 M6 M6 M5 M4 M4 M4 M4 M4 M3
Santa Rosa JC Track Series Santa Rosa, CA; August 8 100m Ben Rosales 31 11.0 Mike Weber 41 13.9 200m Ben Rosales 31 23.3 Dave Baldvin 39 30.6 400m Scott Benstock 32 58.1 Brendan Hutchinson 46 61.0 Cindy Roach 31 82.3 800m Tim Stewart 35 2:38.4 Mile Dan Grimes 31 4:19.5 Dave Capron 32 4:29.2 Larry Meredith 33 4:53.8 Gary Broad 31 5:23.2 John Anderson 37 5:46.9 Harald Nordvold 42 5:47.1 Vicky Lowery 38 6:18.7 Cindy Roach 31 6:18.9 5000m Dan Grimes 31 15:38.1 Louis Garcia 33 16:40.8 Larry Meredith 33 17:28.6 Northern California Seniors T&F Classic Berkeley, CA September 8 100M - Women Mccu. W65 Thelma Rubin-69 19.16 Diana Smith-67 21.10 W60 Shirly Dietderich- 17.59	M44 M3 40 W4 40 M8 M7 M6 M6 M5 M5 M4 M4 M4 M3
Santa Rosa JC Track Series Santa Rosa, CA; August 8 100m Ben Rosales 31 11.0 Mike Weber 41 13.9 200m Ben Rosales 31 23.3 Dave Baldvin 39 30.6 400m Scott Benstock 32 58.1 Brendan Hutchinson 46 61.0 Cindy Roach 31 82.3 800m Tim Stewart 35 2:38.4 Mile Dan Grimes 31 4:19.5 Dave Capron 32 4:29.2 Larry Meredith 33 4:53.8 Gary Broad 31 5:23.2 John Anderson 37 5:46.9 Harald Nordvold 42 5:47.1 Vicky Lowery 38 6:18.7 Cindy Roach 31 6:18.9 5000m Dan Grimes 31 15:38.1 Louis Garcia 33 16:40.8 Larry Meredith 33 17:28.6 Northern California Seniors T&F Classic Berkeley, CA September 8 100M - Women Accu. W65 Thelma Rubin-69 19.16 Diana Smith-67 21.10 W60 Shirly Dietderich- 17.59 W55 Crystel Miller-55 15.22 W55 Eleanor Dennis-46	M44 40 M3 M44 40 M8 M7 M6 M6 M6 M5 M5 M5 M5 M5 M5 M6
Santa Rosa JC Track Series Santa Rosa, CA; August 8 100m	M44 M3 M3 M40 M8 M7 M6 M5 M5 M44 M3
Santa Rosa JC Track Series Santa Rosa, CA; August 8 100m Ben Rosales 31 11.0 Mike Weber 41 13.9 200m Ben Rosales 31 23.3 Dave Baldvin 39 30.6 400m Scott Benstock 32 58.1 Brendan Hutchinson 46 61.0 Cindy Roach 31 82.3 800m Tim Stewart 35 2:38.4 Mile Dan Grimes 31 4:19.5 Dave Capron 32 4:29.2 Larry Meredith 33 4:53.8 Gary Broad 31 5:23.2 John Anderson 37 5:46.9 Harald Nordvold 42 5:47.1 Vicky Lowery 38 6:18.7 Cindy Roach 31 6:18.9 5000m Dan Grimes 31 15:38.1 Louis Garcia 33 16:40.8 Larry Meredith 33 17:28.6 Northern California Seniors T&F Classic Berkeley, CA September 8 100M - Women Accu. W65 Thelma Rubin-69 19.16 Diana Smith-67 21.10 W65 Shirly Dietderich-17.59 W55 Crystel Miller-55 15.22 W45 Eleanor Dennis-46 15.7h W40 Jules Trigueiro-43 14.51 Lynda Jackson-40 15.40	M44 M3 40 W4 40 M8 M7 M66 M6 M5. M5. M5. M5. M5. M5. W6 W6 W5
Santa Rosa JC Track Series Santa Rosa, CA; August 8 100m	M44 M3 40 W4 40 M8 M7 M66 M6 M5. M5. M5. M5. M5. M5. W6 W6 W5
Santa Rosa JC Track Series Santa Rosa, CA; August 8 100m	M44 M3 M40 M40 M40 M50 M40 M50 M40 M50 M40 M4
Santa Rosa JC Track Series Santa Rosa, CA; August 8 100m	M44 M3 M40 M40 M40 M50 M50 M40 M40 M50 M40 M4
Santa Rosa JC Track Series Santa Rosa, CA; August 8 100m Ben Rosales 31 11.0 Mike Weber 41 13.9 200m Ben Rosales 31 23.3 Dave Baldvin 39 30.6 400m Scott Benstock 32 58.1 Breindan Hutchinson 46 61.0 Cindy Roach 31 82.3 800m Tim Stewart 35 2:38.4 Mile Dan Grimes 31 4:19.5 Dave Capron 32 4:29.2 Larry Meredith 33 4:53.2 John Anderson 37 5:46.9 Harald Nordvold 42 5:47.1 Vicky Lowery 38 6:18.7 Cindy Roach 31 6:18.9 S000m Dan Grimes 31 15:38.1 Louis Garcia 33 16:40.8 Larry Meredith 33 17:28.6 Northern California Seniors T&F Classic Berkeley, CA September 8 100M – Women McS Thelma Rubin-69 Diana Smith-67 21.10 W65 Thelma Rubin-69 Diana Smith-67 21.10 W65 Thelma Rubin-69 Diana Smith-67 17.59 W55 Crystel Miller-55 15.22 W45 Eleanor Dennis-46 15.7h W40 Jules Trigueiro-43 14.51 Lynda Jackson-40 14.61 W35 Margaret Dixon-36 Antoinette Walker- 100M – MEN W80 Wilfred Bigelow-80 M75 John Satti-76 16.64 M70 Clarence Trahan-75 16.66	M44 40 M8 M7 40 M8 M7 M6 M6 M5 M5 M44 M44 M3 80 M6 M6 M6 M6 M6 M6 M6 M6 M6 M
Santa Rosa JC Track Series Santa Rosa, CA; August 8 100m Ben Rosales 31 11.0 Mike Weber 41 13.9 200m Ben Rosales 31 23.3 Dave Baldvin 39 30.6 400m Scott Benstock 32 58.1 Breindan Hutchinson 46 61.0 Cindy Roach 31 82.3 800m Tim Stewart 35 2:38.4 Mile Dan Grimes 31 4:19.5 Dave Capron 32 4:29.2 Larry Meredith 33 4:53.8 Gary Broad 31 5:23.2 John Anderson 37 5:46.9 Harald Nordvold 42 5:47.1 Vicky Lowery 38 6:18.7 Cindy Roach 31 6:18.9 S000m Dan Grimes 31 15:38.1 Louis Garcia 33 16:40.8 Larry Meredith 33 17:28.6 Northern California Seniors T&F Classic Berkeley, CA September 8 100M – Women M65 Thelma Rubin-69 Diana Smith-67 21.10 W60 Shirly Dietderich- W65 Thelma Rubin-69 Diana Smith-67 21.10 W65 Thelma Rubin-69 Diana Smith-67 21.10 W65 Thelma Rubin-69 Diana Smith-67 31.40 W35 Margaret Dixon-36 Antoinette Walker- W35 Margaret Dixon-36 Antoinette Walker- W35 Margaret Dixon-36 Antoinette Walker- W65 Thelma Rubin-69 Diana Smith-67 13.40 W35 Margaret Dixon-36 Antoinette Walker- W40 Wilfred Bigelow-80 W75 John Satti-76 Clarence Trahan-75 Louick Repnetr-70 Dick Repnetr-70 15.29	M44 M3 M3 M40 M8 M7 M6 M6 M5 M5 M44 M3 M3 M3 M6
Santa Rosa JC Track Series Santa Rosa, CA; August 8 100m	M44 M3 M3 40 M8 M7 M6 M6 M5 M44 M44 M3 80 M6 M6 M6 M6 M5
Santa Rosa JC Track Series Santa Rosa, CA; August 8 100m Ben Rosales 31 11.0 Mike Weber 41 13.9 200m Ben Rosales 31 23.3 Dave Baldvin 39 30.6 400m Scott Benstock 32 58.1 Brendan Hutchinson 46 61.0 Cindy Roach 31 82.3 800m Tim Stewart 35 2:38.4 Mile Dan Grimes 31 4:19.5 Dave Capron 32 4:29.2 Larry Meredith 33 4:53.8 Gary Broad 31 5:23.2 John Anderson 37 5:46.9 Harald Nordvold 42 5:47.1 Vicky Lowery 38 6:18.7 Cindy Roach 31 6:18.9 5000m Dan Grimes 31 15:38.1 Louis Garcia 33 15:40.8 Larry Meredith 33 17:28.6 Northern California Seniors T&F Classic Berkeley, CA September 8 100M - Women M65 Thelma Rubin-69 19.16 Diana Smith-67 21.10 W60 Shirly Dietderich-17.59 W55 Crystel Miller-55 Accu. W65 Eleanor Dennis-46 15.40 W35 Margaret Dixon-36 Antoinette Walker- W60 W35 Margaret Dixon-36 Antoinette Walker- W60 W35 Margaret Dixon-36 Antoinette Walker- W65 Clarence Killion-72 Frank Toner-70 Dick Bennett-70 Bick Benn	M44 M3 M3 M40 M8 M7 M6 M6 M5 M5 M44 M3 M3 M3 M6

UNION D		
9	M60 Jim Law-64	12.89
7	Robert Watanabe-64 Huel Washington-61	13.10
07	Bernie Stevens-61	13.55
28	Ed Manougian-61	14/27
05	M55 Paul Williams-55 Ray Graves-56	12.78
14	Maruin Smaller-56	13.68
1	Mehmedbasich, Enver-	-14.76
	M50 Ben Anixter-52	12.45
50	Bill Knocke-50	12.46
77	Fred Niedermeyer-50	12.59
11	Mel Sacks-52 M45 Frank Little-47	13.99
18	John Aldridge-46	12.40
1	Lance Pierce-45	12.81
23	Steve Gillman-45 Larry Herman-45	13.16
	M40 Eddie Hart-41	11.11
93	Herman Castille-41	12.00
77	Ray Yeck-42 Joel Eckles-41	12.14
21	M35 Adrian Rogers-38	11.29
90 92	M30 James Bonilla-34	11:39
30 41	Richard Harper-30	11.80
67	200M - Women 63 W60 Shirley Dietderick-	20 12
28	Diana Smith-67	38.13
90	W55 Rita Kerr-55	34.89
	W45 Eleanor Dennis-46	33.41
	W40 Lynda Jackson-40 W35 Margaret Dixon-36	32.1 h 28.4 h
25	Judy Ace-38	31.6 h
	200M - Men	
	A STATE OF THE STATE OF	
S	M70 Clarence Killion.	32.2 h
	Frank Toner-70 M65 Gene Harte-65	32.5 h 27.93
5 5	M65 Gene Harte-65 Bill Ballentine-65 Jim Warren-67 George Simon-67	27.93 32.65 35.63 40.04
Š	George Simon-67	40:04
September 1	M60 Jim Law-64 Huel Washington-61	26.37 27.83
	Bernie Stevens-61	28.12
	Ed Manougian-61	29.51
75	Carl Orndoff-64 Don Anhorn-63	30.18
	M55 Paul Williams-55	26.76
	Marvin Smoller-56	27.81
75 50	Enver Mehmedbasich-	29.67
50	M50 Fred Niedermeyer-50	
75	Robert O'Brien-51 Mel Sacks-52	27.10 28.06
00	Robert Fuller-53	28.15
00 25 50	M45 John Aldridge-46	24.77
50	Frank Little-47	26.04
	Lance Pierce-45 Steve Gillman-45 Clive Matson-49	26.29
	Clive Matson-49 Don Parker-47	27.64 24.00
	M40 Herman Castille-41	24.31
	Ray Yeck-42	24.72
U	Angel Cachinero-42	25.41 22.2 h
9	M35 Adrian Rogers-38 Reggie Mason-35	24.9 h
3	Richard Ulrich	25.0 H
6	Carl Perez-36 M30 Michael Chambers-30	25.6 h
	James Bonilla-34	23.2 h
1	Rich Harper-30	24.3CH
3	400M - Women	
R	W45 Shirley Matson-49	62.27
4	400M - Men	. 22 EL
5		:33.5h :19.4h
8	M65 Gene Harte-65	62.43
B 2	M60 Jim Law-64	59.49
9	Bernie Stevens-61 Huel Washington-61	63.10 73.64
16	Larry Fullington-60	76.04
	M55 Ray Graves-56 Marvin Smoller-56	61.25
	Dave Douglass-58	62.63
	M50 Fred Niedermeyer-50	58.52
THE REAL PROPERTY.	Robert O'Brien-51 Mel Sacks-50	59.84
1	Robert Fuller-53	61.70
图	M45 Don Parker-47	53.04
March II	Clive Matson-49	62.9h
The second	M40 Herman Castille-41 Joseph Seale-43	55.08
2"	M35 Foots Williams-36	55.8h
_	Richard Ulrich-35 Charles Missouri-37	55.8h
6	Michael Chambers-30	28.4 40 1L
9	800M - Women	7.11
2	W65 Thelma Rubin-69	:31.9
h	W55 Rita Kerr-58	:00.1
1	Barbara Robben-56 3	1.70 2
0	W45 Shirley Matson-49 2 W40 Jules Trigueiro-43	
0		:34.8
	W30 Ch-E Membasich-34 2	:44.3
1	800M - Men	
44	M80 Mel Shine-81	:37.0
	M65 Gene Hart-65	:05.8
9 8	M60 Bernie Stevens-61 2 M55 Pete Richardson-55	:50.3
3	THE REPORT OF THE PERSON NAMED IN COLUMN TWO IS NOT THE PERSON NAMED IN COLUMN TWO IS NAMED IN COLUMN TWO	:12.9
4	MEO M. MING LO-55 2	:45.3
6		:12.9
81	Continued on next	:28.1
	IIGA	

M65 Helgi Pedel

Discus

M40 Keith Heidorn

M45 John Kasperski

M50 Fred Cechl

M50 Fred Cechl

M60 Helmut Lange

M65 Karl Pavasars

M65 Karl Pavasars

M60 Karl Pavasars

M60 Karl Trei

M80 Valta Thomson

M80 Velta Thomson

W75 Isobel Saumier 1:51.77

800m

M35 David McLeod 2:06.00

M40 Nolan Smith 2:00.58

M45 Jim Wilson 2:12.87

M50 James Pascoe 2:29.89

M55 Ed Whitlock 2:18.74

M60 Vic Masi 2:52.71

M65 Kurt Gelbhaar 2:37.47

M75 Hans Weickardt 3:09.65

M80 Karl Trei 5:35.16

M35 Christine Guy 2:58.20

W40 Judy Warick 2:31.85

W50 A VanDerVleuten 2:46.95

W55 Jean Horne 2:47.15

W65 Hazel Cameron 3:17.90

990

12.45 12.46 12.59 12.40

38.13 48.88 34.89 33.41 32.1 h 28.4 h 31.6 h 32.2 h 32.5 h

27.99 32.65 40.04 26.37 17.83 28.12 29.51 30.18 34.46 25.76 27.81 29.67 25.77 27.10 28.06 28.15

TI.50. 24.00 24.11 24.11 25.31 22.2 h 25.0 h 25.6 h 22.2 h 23.2 h 62.27

1:19.4h 62.43 59.49 63.10 73.64 76.04 61.25 62.63 68.00 58.52 59.84 61.70 63.70 53.04 62.9h 54.51 55.08 55.8h 55.8h 58.4 49.1h

3:31.9 3:00.1 3:20.2 2:26.6

.37.0 :05.8 :50.3 :12.9 :45.3 :12.9 :28.1

	October, 1990	
(Continued from previous page	M50 R
1	145 George Mason-46 2:03.2 Mike Ackley-46 2:09.2	100
	Phil Nemir-47 2:19.6	Pole M70 I
M	40 Steve Ferraz-43 2:04.4 Searcy Barnett-43 2:05.3	M55 I
M	35 Reggie Mason-35 2:08.2	M45 V
	Ray Sibley-36 2:16.1 Foots Williams-36 2:19.4	M40 (
	Pete Davalos-38 2:29.6 30 Harold Holmes-32 2:21.3	I
	500M - Women	
Ū	55 Barbara Robben-56 6:49.8	Lone W70 F
	745 Shirley Matson-49 5:00.0 730 Joan Case-31 5:08.7	W55 C
	Ch-E Mehmedbasich 5:44.2	
	500 - Men 165 Rex Dietderich-66 6:17.1	M80 W
	Carl Reiterman-69 8:18.6	В
1	160 Boyce Jacques-63 5:16.6 Rich Laine-60 5:18.6	M75 C
	Harcel Diraison- 5:43.0	M70 R M60 J
. 1	Ed Mahany-60 63 7:07.0 155 Pete Richardson- 5:06.7	B
	The second secon	MSS P
	Peter Todd-56 5:30.3 150 Jim Bevins-54 5:05.0	D
١	145 Harvey Franklin- 4:17.8	M50 I
	Michael Ackley-46 4:42.4 Phil Nemir-47 4:45.0	F
1	140 Searcy Barnett-43 4:32.3	1 3
	135 Ray Sibley-36 4:52.4 130 Chris Case 4:19.7	M45 A
	3000M-Women W65 Kit Pickles-65 14:58.0	M30 M
	W55 Joan Reiss-53 13:12.9	MJO F
,	Barbara Robben56 14:07.8 W50 Joan Ullyot-50 11:35.1	
	W45 Joan Colman-46 10:19.2 Shirley Matson49 10:30.2	Tripl M80 B
	Gail Rodd-47 12:00.5	M75 J M50 L
	W40 Laurie Binder-43 9:50.4 Vicki Chase-41 11:48.5	M40 A
	W30 Kim Rupert-35 11:25.1	M35 R M30 M
	3000M - Men M65 Rex Dietderich66 13:26.8 Carl Reiterman69 17:23.7	J
	M60 Rich Laine-60 11:37.1	Shot
	John Pickett-62 12:20.2 Fred Nielson-64 12:22.0	W55 W35
	Abraham Szoke-60 13:05.8 Don Anhorn-63 13:39 7	3746
	M55 Tom Marilla-34 10:59.1	M75
	Peter Todd-55 11:37.3 Bruce Carradine57 12:13.1	
	M50 Jim Bevins-52 10:35.2 Jim Turner-50 10:44.8	M70
	Wm Catanese-52 10:48.4	
	M40 Jim Hampton-44 9:34.6	14
Name of the last	Don McCaskill-49 10:04.9 Ross Bogert-44 10:19.5	M65
	Paul McKee-46 12:56.3 Rich Govi-38 9:10.8	
	Perry Linn-39 9:33.5	M60 M55
	Ray Sibley-36 10:17.9 Peter Davalos-38 10:46.3	1.55
	80M Hurdles - 30" - Accu.	M50
	M80 Wil Bigelow-80 18.8 M70 Burl Gist-70 17.4	
	Dick Bennett-70 19.1	
		M45 M30
	M65 George Simon-67 22.45 M60 Bob Watanabe-64 18.63 Bob Higgenbotham-64 18.68	100
	Larry Fullington-60 19.84	Discu
	M55 - 36" Dave Douglass-58 20.70	W70 R W60 S
	Don Gray-55 25.79	W55 C W50 L
	110M H 39° Hbd Time	
	110M H 392 Hbd Time 110M Busby-46 19.3 M40 Baskauskas, Ed-40 17.0	M75 R
	Feia, Alan-44 22.2 300M IH - 30"	В
	M70 Pete Ganah1-74 64.1 M65 Wayne Ambrose-65 61.4	M70 M
	M60 Robt Watanabe-64 53.0	H. B
	Carl Orndoff-64. 57.6 400M IH - 33"	M65 S
	M55 A1 Sheahen-58 73.9	J
	M50 Bill Knocke-50 61.8 Hugh Adams-50 62.5	M60 M:
	M45 - 36" Wm Busby-56 70.4	M55 Da
	M35 - 39"	:150 R
	John Kilpatrick-36 59.3 4 x 200 relay	1
	L. A. Valley 2.19.0	K
	"Other" team 1:42.2	M46 M M30 J
	High Jump - Women	12.3
	W55 Crystel Miller 4'2"	Hamme M80 I
1	180 Wilfred Bigelow-80 348"	M75
1	170 Burl Gist-70 4'6" Pete Ganahl-74 4'	1
	Manual White-74 3'10"	M70 I
1	Dick Bennett-70 3'8" 165 Jerry Silsdorf-67 3'8"	M65
1	160 Carl Orndoff-64 4'4" 155 Don Rose-55 4'10'	M55 I
	Dave Douglass-58 4'6"	M50 I
	Don Gray-55 4'4"	130

450 Rich Hotchkiss-51	5'10'	Natio	nai
140 Ed Baskauskas-40	5'8"		17
Pole Vault M70 Dick Bennett-70	7'	W55 Crystel Miller-55	28
M55 Don Gray-55 M50 Gary Miller-52	10'4" 12'2"	W50 Fran Conley-50 W35 Antoinette Walker:	31
M45 Wm Busby-46 Dan Borrey-45	12'8"	M75 Bob Boucke-77	18
M40 Greg Miguel-43 Ed Seese-40	14'8" 13'8"	M70 Manuel White-74 Rick Hustace-71	40
Joe Miyoshi-43	11'8"	Jack Ralls-70	27
Long Jump - Women W70 Ruth Talley-70	2.30	Bob Stone-70 Richard Mack-72	22
W55 Crystel Miller-55	~3.65	M65 John Kilbuck Jerry Silsdorf-67	17
	· 1	M55 Phil Conley-56 Don Rose-55	48
M80 Wilfred Bigelow-80	3.15	Dennis Rietz-56 M50 Rich Hotchkiss-51	34 51
Bob Ulsh-83 M75 Clarence Trahan-75	3.84	Karl Mayer-52 Steve Wordell-50	41
John Satti-76 M70 Richard Bennett-70	3.59	Martyn Adamson-52 M40 Bob Powers-41	38 51
M60 Jim Warren-67 Bob Higginbotham-64		Drew Stevick-42 Joe Miyoshi-43	48
MSS Paul Williams-55 Ray Graves-56	5.48 4.82	Alan Feia-44 M35 Skip Butler-36	36
Dave Douglass-58 M50 Darrell Horn-51	4.37 5.36	M30 Jim Skileny=33	52 36
Gary Miller-52 2 2 Robert O'Brien-51	5.66	7.	C Sap
L. Onamatapoeia53			
	5.72	1	7
Joel Eckels-41-41-41-41-430 Mike Lariza-34	5.72		
	3.71	NORTHWE	XX
Triple Jump	w6.02	The 12th Montan	C. Short
M80 Bob Ulsh-83 M75 John Satti-76	₩6.98	Masters Meet Bozeman, MT; Aug. 2	
M50 Leg. Anomatapoéia=5 M40 Angel Cachinero-42	F	95 participants	1
	413.93	5000+	
Jim Scileny-33	7.31	M30 16:26.0 Jon Enger M35 16:11.4 Terry Boo 19.19.0 Mike More 20:31.0 Leonard E	2 an
Shot - Women W55 Crystel Miller-55	8.70	M40 14:55.9 Dan Heimt	11000
W35 Antoin. Walker-37		17:55.2 George Tu 20:00.6 Jack Wils M45 17:59.8 Glenn Gov	erts
M75 Ross Carter-76		18:32.6 Frank Will 20:19.6 Gary Myll 20:34.5 Andy Sang	ymak
Jim York-77 Bob Boucke-77	9.86	20:42.4 Bill MacD M55 20:40.6 Frank New	man
	9.04	23:27.0 R.F Hayne M60 26:47.0 Hank Bank	* *
Hal Cronkhite-72 Hy Booth-72 Rick Hustace-71	9.76	27:24.1 Larry Pri	nce
Rich Mack-72 M65 Stan Sadofsky-69	7.82	M75 35:15.0 Lloyd Ber W40 22:00.4 Jenny Tut W50 25:31.3 Frieda Jo	hill
Jerry Silsdorf-67 John Kilbuck-69		W55 28:34.6 Kay newma W75 35:15.0 Edna Berg	n
M60 Mike Orlich-64	7.03 13.06	5000 Racewalk M55 34:22 Ken Chomo	
M55 Gary Miller-52 Dennis Rietz-56	8.70	M65 35:32 Ed Anacke	r
Dave Douglass-58 M50 Rich Hotchkiss51	9.26	W35 33:22 Lauren Ba W50 31:08 Jean MacI W65 54:08 Beth Full	nnes
	13.46 13.36	1500 M30 4:25 Jon Engen	851 ST
M45 Wm Busby-46	9.93	M35 4:16.4 Terry Boo 5:21 Leonard B	Salus
M30 Jim Scileny-33	7.16	5:01 Jack Wilson M45 4:33-5 Glenn Gov	on
Discus - Women	The state of	4:47 Duane Col 4:51 Frank Wil	
W70 Ruth Talley-70 W60 Shirley Dietderich6		5:27 Bill Mac0 5:27 Andy Sang	onal
W55 Crystel Miller-55 W50 Lorraine Coppola-50	19.86 18.78	M55 4:46.0 Bill Foul 5:26 Frank New 5:56 Don Jelin	man
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Leon Joslin-78 Bob Boucke-77	27.82 23.66	9:37.3 Charles K	ILK
M70 Manuel White Hy Booth-72	39.46 37.86	M70 7:41.8 Henry Lob M75 6:08.2 Al Funk 9:23.9 Lloyd Ber	
Hal Cronkhite-72 Bob Stone-70	26.74 26.86	9:23.9 Lloyd Ber M90 13:01.2 Herb Kirk W50 6:59.4 Frieda Jo	
Richard Mack-72 165 Stan Sadofsky-69	20.28	W55 7:56.5 Kay Newma W75 9:40.6 Edna Berg	n
John Kilbuch-69 Jerry Silsdorf-67	26.08 22.70	Discus (MAVA Specs) M30 81 5" Ted Polet	
160 Mike Orlich-64 155 Dave Douglass-58	40.22 29.12	M35 114'2' John Patr M40 107'2" Rick Stow	ICK .
Dennis Rietz-56	35.18	99'6' Bob Sager M45 131'9" Tom Gage	
150 Richard Hotchkiss-5 John Ross-52	44.96	M50 82'8" John Digg M55 112'9" Larry Mar M60 138'0" Bob Fishe	sh
Jim Hart-54 Karl Mayer-52	43.62	M65 118'4' Arnold Sc 116'4" Don Tavol	ott
446 Mike Moravec-45 430 Jim Scileny-33	38.16	M70 125'0" Don Cumle 117'5" Manuel Wh	, te
Hammer	2	M75 118'0" Ross Cart W30 89'5" Leona Hel W40 60' 1/2" Georgia	Lewi
M80 Bob Ulsh-83 M75 Jim York-77	23.80 26.28	W65 34'5" Beth Full	• • •
Leon Joslin-78 Bob Boucke-77	22.82 19.60	110 Hurdles M30 17.9 Ted Polet M35 16.7 Russell A	
M70 Bob Stone-70 Manuel White-74	27.36 27.28	19.4 Bill Monr	
Rick Hustace-71 M65 Jerry Silsdorf-67	24.72 19.22	4x100 Relay M30-39 45.5 Mercury T	
M55 Dennis Rietz-56 Dave Douglass-58	31.88 29.36	Schwab, Kenned Martin, Acea 50.6 Heros	7.
M50 Rich Hotchkiss-51 Jim Hart-54	44.32 38.18	53.1 Helena Co	ngar
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III COOL	W60 Shirley D W55 Crystel M	ietderich 24.06 iller-55 28.72
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2000	Karl Maye Steve Wor	r-52 44.70 dell-50 41.72
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	Joe Miyos Alan Feia M35 Skip Butl	-44 36.16
Sept.	M30 Jim Skile	ny=33 36.82
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The latest and the la	NORT	HWEST
28		h Montana ers Meet
7	The state of the s	AT; Aug. 24-25
9 3 1	5000* M30 16:26.0 M35 16:11.4	Jon Engen Terry Boos
34	20:31.0 M40 16:55.9 17:55.2	Mike Morgan Leonard Baluski Dan Heimbigner George Tuthill
Mercula	20:00.6 M45 17:59.8 18:32.6	Jack Wilson Glenn Govertsen Frank Wilson
The same of the sa	20:34.5	Gary Myllymaki Andy Sangray Bill MacDonald Frank Newman
	23:01 23:27.0 M60 26:47.0 27:24.1	Frank Newman Don Jelinek R.F Haynes Hank Barksdale Larry Prince
		Larry Prince Henry Loble Lloyd Berg Jenny Tuthill Frieda Johnson
The state of	W55 28:34.6 W75 35:15.0	Kay newman Edna Berg
NIT NI	M65 35:32 W35 33:22	Ken Chomo Ed Anacker Lauren Bain
	W50 31:08 W65 54:08	Jean MacInnes * Beth Fuller
	M35 4:16.4 5:21	Jon Engen Terry Boos Leonard Baluski
AN THE	5:01 M45 4:33.0	Jim Nelson Jack Wilson Glenn Govertsen Duane Cole
06	4:51 5:27 5:27	Frank Wilson Bill MacDonald Andy Sangray
68	5:56	Bill Foulk Frank Newman Don Jelinek R.F. Haynes
4 2 6	M60 7:15.1 9:37.3 M65 6:30.1	Larry Prince Charles Kirk Arne Houin
6 6 4	M75 6:08.2	Henry Loble Al Funk Lloyd Berg
680	W50 6:59.4 W55 7:56.5	Frieda Johnson Kay Newman Edna Berg
8	Discus (MAVA	Specs) Ted Polette John Patrick
2 8	M40 107'2" 99'6' M45 131'9"	Rick Stowell Bob Sager Tom Gage
162	M60 138'0"	Arnold Scott
6	H70 125'0"	Don Tavolacci Don Cumley Manuel White
0	M75 118'0" W30 89'5" W40 60' 1/2" W65 34'5"	Ross Carter Leona Helvey Georgia Lewis Beth Fuller
2.	110 Hurdles M30 17.9	A CONTRACT OF THE PARTY OF THE

	M65 3	7:0	Arnold Don Cu	Scott
	3	6 11/2	" Manuel	White
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	100 A M30 1	1.70	hundret	hs.
	i i	1 70	Jim Jon Mark Ke	nnedy
skı	3	2.25	Vince M Mark Ha	artin
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14	M45 1 M50 1 M65 1 M90 2 W30 1	4.0	Jack Wi	Ison
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1.	M65 I M90 2	6.54	George Herb Ki	Cross
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	w75 2	2.49	Edna Be	10
dore .	Hamme	r Wau	a Specs) Bob Sag Tom Gag	ATTOR TO
and a second	M40 7	90.0.	Bob Sag	10.00
	M55 8	5.0.	LAFFY M	arsh
•	M70 9	5'41/2	Manuel	White
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Ter .	Long	Jump		
	M30 2	0 91/2	Vince h	tartin
SKI	M40 1	7.4	Robert	Little
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	M30 2	4.98	Jim Jon Mark Ke	• •
District Control	2	6.04	Vince M	artin
	M35 2	9.60	Tim Mar Russell	cinka
	2	5.94	Steve S	chwab
on	2	7.10	Wm Antr Ray Var	obius
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16 18	W40 3 W50 4 W65 4	3.0	Frieda Stella	Johnson
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210	800	1-5		1078
	M35 2	:07.0	Terry Bo	
E TO		:44.1	Jim Nels	Baluski
	2	:37.0	Jack Wil	son
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. 7	M60 4	:21.1	Charles	Kirk
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sters News	and the second second second	1500m	
High Jump M30 4'8" Paul Cohen	Javelin (New Jav M30-59) M30 161'10" Bob Cichosz	M35 Herman Hulshof M40 Phil Pyatt	4:37.89
M35 5'6" Bill Monro	117'11" Paul Cohen	M45 Jim Wilson	4:39.40
M50 4'4" John Diggs	M35 184'8" Skip Butler 96'2" John Patrick	M50 James Pascoe M55 Ed Whitlock	5:17.92 4:49.76
M60 4'4" John Bolten M65 4'4" Arnold Scott	M40 79 81/2" Bob Sager	M60 Vic Masi	5:55.09
3'10° George Cross M70 4'1° Tom Regan	M45 155'3" Tony Dumay M50 140'10" Malcolm Russell	M65 Kurt Gelbhaar	5:28.91
3'10" Manuel White .	M65 110'6" Don Tavolacci	M75 Hans Weickardt M80 Alfredo Cortes	6:29.38
3'9" Gene Harn W30 5'0" Shelley Hayler	M70 123'10" Manuel White	W40 Judy Warick	5:12.93
400	Wo5 30'4" Beth Fuller	W50 Judy Willmott W65 Hazel Cameron	5:49.63 6:27.87
M30 1:04.8 Tim marcinko M35 1:01.5 Wm Antrobius	Triple Jump H30 43'7' Vince Martin	5000m	of French
1:04.4 Raymond Vargas	M65 24'61/2" Arne Hovin	M40 Gaetan Breton	17:34.5 17:24.9
1:06.1 Leonard Baluski M40 1:01.3 Jim Nelson	4x400 Relay	M45 Brian Drewett M55 Dave Wallace	18:14.2
1:04.9 Jack Wilson M45 56.5 Ron Jensen	M30-39 3:44.5 Mercury TC	M65 Kupt Gelbhaar	19:39.0
58.2 Glenn Govertsen	Schwab, Gasche) 5:12.9 Helena Cougars	M70 E Vacratsis M80 Alfredo Cortes	32:47.8 42:05.2
1:04.4 Frank Wilson 1:09.8 Andy Sangray	M50-59 5:37.4 Slugs	W50 Jeannie Ward	28:44.6
M55 1:07.1 Bill Foulk	EXHIBITION	W65 Rosamund Dashwood Short Hurdles	od24:36.1
1:26.0 R.F. Haynes	Mile Male	M35 Horace Hudson	17.21
M60 1:45.9 Charles Kirk M65 1:21.4 Arne Houin	Age 94 14:08.3 Herb Kirk	M50 Scott Tyler	15.33
1:25.1 George Cross M70 1:41.0 Henry Loble	12# Shot Put	M55 Jack Boyd M60 Bill Pardue	18.49
M75 2:26.1 Lloyd Berg	Age 58 35' 1/2 Arnold Scatt Age 70 36'4 1/2" Don Cumley	M65 Andrew Thomson	
W35 1:12.5 Karen Black W50 1:35.5 Frieda Johnson	Age 76 34'0" Ross Carter	M70 Art Obokata M80 Karl Trei	16.71
W75 2:06.5 Edna Berg	8# Shot Put	Long Hurdles (M50+	300mH)
Pole Vault	Age 68 41'3" Arnold Scott Age 70 43'111/2" Don Cumley	M35 Horace Hudson M45 John Powell	62.56 77.55
M30 11'6". Ted Polette M35 9'0" Russell Acea	Age 76 42'111/2"Ross Carter	M50 Hugo Bain	59.08
M45 12'6" Larry Holmes M50 10'0" John Diggs	800g Javelin Age 74 121'2" Manuel White	M60 Bill Pardue M65 Andrew Thomson	52.27 52.73
The district of the second of		Steeplechase	
Shot Put (WAVA Specs) M35 33'6" John Patrick	25# Weight Throw Age 42 35'1" Bob Sager	M35 Douglas Smith	11:42.5
M40 43'2" Rick Stowell 38'9" Bob Sager	Age 47 71'4" Tom Gage Age 74 28'8" Manuel White	M40 John Harden M55 John Johnston	13:03.3
M45 47'8" Tom Gage M55 36'9" Larry Marsh	TEAM SCORING	High Jump	1.76
M60 37'51/2" Bob Fisher	The particular and the state of	M35 Dave Rudichuk M40 Imrich Kiraly	1.60
32'10" BJ Smith M65 37'0" Arnold Scott	Mercury TC 133 pts Thunderbolts I 108 pts	M45 Rick Westwood	1.55
M70 43'21/2" Don Cumley 36'11/2" Manuel White	Missoula R&T I 107 pts Helena Cougars I 102 pts	M50 Edmund Andrade M55 Max Woerle	1.46
M75 40'3" Ross Carter W30 28'7" Leona Helvey	Thunderbolts II 77 pts Mercury TC II 75 pts	M60 Kurt Hering	1.34
Service of the Control of the Contro	Yellowstone Valley	M65 Andrew Thomson M70 Max Pickl	1.28
M30 11.70 Jim Jones	Track Club 41 pts Helena Cougars II 33 pts	M75 Ian Hume	1.37
11.78 Mark Kennedy 12.25 Vince Martin	Thunderbolts III 25 pts Mercury TC III 18 pts	M80 Karl Trei	1.10
12.39 Mark Hale 13.27 Ted Polette	Missoula P&T III 7 pts	W35 Mal Wasowka W40 Rhona Trott	1.15
13.63 Tim Marcinko	· · · · · · · · · · · · · · · · · · ·	W55 Lida Sawdyk	1.05
M35 11.7 Russell Acea 12.0 Steven Schwab	CANADA	W65 Helgi Pedel Pole Vault	1.10
12.6 Wm Antrobius 13.7 Raymond Vargas	14.5 中国中国中国中国中国中国中国中国中国中国中国中国中国中国中国中国中国中国中国	M35 Kevin Donovan	3.50
M40 12.2 Pat Connell	Canada Summer	M40 Tom Rauscher M45 Ron Nastiuk	4.11 3.50
M45 12.4 Ron Jensen M50 13.60 Richard Garvin	Masterathlete Games Toronto; June 30-July 2	M50 Brian Merrilees	3.20
Mo5 16.84 George Cross	THE REPORT OF THE PARTY OF THE	M55 Theodore Swanso M60 Stan Egerton	
W30 14.42 Shelley Hayler	M35 George Kennis 12.01	M65 Alan Todd	2.00
W35 15.17 Renee Gavin W40 14.36 S. Christensen	M40 Bob Zimmerman 12.08 M45 Harold Morioka 11.42	M75 Ian Hume Long Jump	2.34
16.34 Jenny Tuthill W50 19.82 Frieda Johnson	M50 Scott Tyler 12.35	M35 Steve Caws	5.67
Wo5 20.94 Stella Anacker W75 22.49 Edna Berg	M55 Charles Agnoo 13.04 M60 Ross Mitchell 13.25	M40 Imrich Kiraly M45 Alan Slater	
	M65 Andrew Thomson 14.21	M50 Norm Reynolds	4.78
M40 79:7" Bob Sager	M70 Max Pickl 14.72	M55 Ted Swanson M60 Bill Townsend	4.65
M45 190'0" Tom Gage M55 85'0" Larry Marsh	M75 Percy Duncan 14.99 M80 Karl Trei 18.01	M65 Ed Lukens	4.61
M70 95'41/2" Manuel White		M70 Max Pickl M75 Ian Hume	3.94
	W40 Rhona Trott 14.30 W50 Jutta Riegel 15.30	M80 Karl Trei	3.27
M30 20 91 2 Vince Martin	W55 Ruth Carrier 18.63	W35 Christine Guy W40 Pamela Duncan	3.71
M35 14'91/2" Ray Vargas M40 17'4" Robert Little	W75 Isobel Saumier 19.01	W50 AA VanDerVleuter	n 4.00
16'51/2" Earl Hanson	M40 Bob Zimmerman 23.77	W65 Elgi Pedel Triple Jump	2.84
15'71/4" Pat Connell M50 13'1" John Diggs	M45 Harold Morioka 23.65 M50 Cam Miller 25.70	M45 Alan Slater	11.52
M65 11'71/2" Arnold Scott	M55 J VanDerVleuten 27.23	M50 David Waddell	9.14 9.11
10'71/2" Arne Hovin	M60 Ross Mitchell 27.96 M65 Andrew Thomson 30.54	M55 Ted Swanson M60 Jim Mathers	9.11
9'51/2" Ed Anacker M70 10'1" Gene Harn	M70 Art Obokata 30.93	M65 Ed Lukens	10.11
W30 14'11/4" Shelley Hayler	m/o rercy Duncan 31.30	M70 Max Pickl M75 Ian Hume	7.85 8.68
	M80 Karl Trei 38.18 W40 Rhona Trott 30.10	M80 Karl Trei	7.21
200 M30 24.98 Jim Jones	W45 Audrey Hiemstra 31.98	W40 Judy Warick W45 Audrey Hiemstra	8.98
25.13 Mark Kennedy 26.04 Vince Martin	W50 Jutta Riegel 32.02 W55 Ruth Carrier 39.72	W50 Jutta Riegel	8.10
29.00 Tim Marcinko M35 24.84 Russell Acea	W75 Isobel Saumier 41.13	Shot Put M35 Stephen Suto	10.13
25.94 Steve Schwab	400m	M40 Keith Heidorn	10.30
27.10 Wm Antrobius 29.93 Ray Vargas	M35 Horace Hudson 53.61 M40 Bob Zimmerman 53.55	M45 John Kasperski	11.82
M40 28.27 Robert Little M45 25.74 Ron Jensen	M45 Harold Morioka 52.25	M50 Eero Yla-Outine M55 Chuck Yost	n 10.33 11.32
M50 29.38 Richard Garvin W30 30.86 Shelley Hayler	M50 Norm Reynolds 60.87	M55 Chuck Yost M60 Helmut Lange	
W35 32.87 Renee Gavin	M55 J VanDerVleuten 60.85 M60 Ken Morris 73.85	M65 Peder Nielsen M70 Aleks Upmalis	8.96 10.47
W40 30.35 S. Christensen W50 43.0 Frieda Johnson	M70 Ben Mackereth 74.98	M75 Ian Hume	9.35
W45 46.6 Stella Anacker W75 54.6 Edna Berg	M75 Hans Weickardt 80.90 W40 Judy Warick 64.20	M80 K Irei	8.03
	W50 A VanDerVleuten 74.50	W40 Rhona Trott W50 June Meyer	
800 M35 2:07.0 Terry Boos	W55 Ruth Carrier 78.69 W65 Hazel Cameron 77.44	W55 Doreen Carmicha W60 Velta Tomsons	7.63
2:44.1 Leonard Baluski	W75 Isobel Saumier 1:51.77	W65 Helgi Pedel	V110
M40 2:30.1 Jim Nelson 2:37.0 Jack Wilson	800m M35 David McLeod 2:06.00	Discus M40 Keith Heidorn	
M45 2:14.9 Glenn Govertsen	WO W 1 0 11 10 100 100	W/F I by	20.30

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Continued from previous page	Tresse and the second of the second		A A A A A A A A A A A A A A A A A A A
THE RESERVE THE PROPERTY OF THE PARTY OF THE	3000m W40 Delia Fuentes 13:05.0	75-79 GIL GONZALEZ 15:13	1500 MTS. MEM
Hammer M45 John Kasperski 32.06	W50 Fidelia Patino 13:05.1	J.ORTIZ OQUENDO . 17:82	JOSE R. HERNANDEZ 4:23:50
M50 Fred Cechl 33.86	W60 Audelia Sandoval 14:48.0	SAMUEL VAZQUEZ 18:88	ANIBAL MONTES 4:41:45
M55 Max Woerle 35.78	W65 C Rodriguez 16:21.0	FEDERICO CORDERO 25:39	J. (YOYO) ORTIZ 4:16:64
M60 Gus Giagnogloy 34.78 M65 Peder Nielsen 26.88	M30 Arnulfo Espinoza 16:32.0	100 MTS. WOMEN 30-34	ABRAHAM LEON 4:33:09 ROLAND YELTON (US) 5:21:31
M65 Peder Nielsen 26.88 M70 Ed Purgalis 30.50	M35 Jose Naranjo 15:58.0	LUCRESIA MARTI(DR) 14:22 MARIA SOTO 14:45	10-44
M75 Ian Hume 30.06	M40 Jesus Velazquez 16:44.0	MARIA SOTO 14:45 LISSETTE SANTÍAGO 15:47	JOSE A RIVERA 4:54:09
M80 Wm Koski 25.00	M45 Daniel Silva 17:44.0	40-44	PEDRO I. PAGAN 4:54:53
W35 Kimberley Kasperski23.22 W50 June Meyer 23.38	M50 Ignacio Sarvide 17:53.0 M55 Severino Benzor 19:37.0	ENEIDA ROSARIO 16:81	ESTEBAN FIGUEROA 4:43:02
W50 June Meyer 23.38 W60 Mary Thomson 20.92	M60 Javier Uribe 18:56.0	TRINIDAD OQUENDO 15:70	STAN EDELSON (US) 4:58:49 EDUARDO DIAZ BURGOS 5:17:18
Javelin	M65 A Hernandez 21:12.0	55-59 EMILIA MORALES 18:26	The second secon
M35 Mike Finkbeiner 49.92	M70 Demetrio Castillo27:32.0	MYRTHA REYES 19:74	50-54 SID HOWARD (US) 4:52:41
M40 Keith Heidorn 37.36	M75 Manuel Calvo 32:20.0	60-64 IRMA VELEZ 17:63	ROBERTO BONILLA 5:48:12
M45 John Kasperski 34.44 M50 Fred Pamenter 43.00	10,000m W30 S Velazquez 42:36.3	CARMEN COTTO 20:94	JUAN LANCARA REYES 6:35:49
M55 Alf Sundin 36.30	W35 Refugio Millan 54:03.7	GLADYS LOPEZ 21:07	LUCIANO ALVAREZ (DR) 6:00:30
M60 Helmut Lange 37.14	W40 Jovita Benitez 47:25.7	200 MTS MEN	HERIBERTO LUGO 6:36:79
M65 Peder Nielsen 27.60	W50Eva Hernandez 56:56.4	30-34	EFENDI ORTIZ TORO 7:44:11
M70 Ed Purgalis 31.62	400mH	ANATALIO RAMIREZ (DR) 23:67 HECTOR BAEZ (DR) 23:78	LUIS HUMBERTO TORRES 5:19:09
M75 Ian Hume 27.96 M80 Karl Trei 22.26	M30 Adolfo Meza 67.3	VICTOR NAVARRO 24;22	GREGORIO ANGULO 5:33:33 JOSE SALGADO 5:39;41
W50 June Meyer 24.24	M35 Ricardo Villa 65.6 M40 Luis Loranca 62.5	35-39	65-69
W60 Mary Thomson 15.36	M45 Claudio Martinez 76.7	ABRAHAM LEON 23:91 NESTOR RIVERA 25:99	ROBERT MIMM(US) 6:06:96
Weight	Steeplechase	LEONARDO BAEZ 26:16.	DON JOHNSON (US) 6:53:17
M40 Imrich Kiraly 9.19	M30 Pedro Cleto 10:38.3	SANTOS DELGADO 23:91	1500 MTS. WOMEN
M45 John Kasperski 10.14	M35 Eladio Teran 12:40.7	GARY BELL(US) 24:83	35-39 CARMEN DIAZ BURGOS 5:39:57
M50 E Yla-Outinen 8.42 M55 Alf Sundin 9.06	M40 Pedro Martinez 11:36.5 M45 Rodolfo Morales 12:34.4	PEDRO JUAN PAGAN 25:33	40-44
M55 Alf Sundin 9.06 M60 Helmut Lange 12.83	M50 Albino Cazares 8:00.1	PETER CROMBIE (AUS) 23:16	CARMEN GOMEZ 7:C4:87 MARITZA SANTINI 8:52:
M65 Peder Nielsen 10.03	M55 F Lopez 9:24.4	WILFREDO PICORELLI 24:34	45-49
M70 Aleks Upmalis 9.24.	M60 Ruben Lomeli 9:39.9	RUMBERTO MEDINA 25:31	TRINIDAD OQUENDO 6:28:16 STELLA CASHMAN (US) 7:18:43
M75 Ian Hume 8.34	High Jump	RUBEN DIAZ 25:20	5000 MTS. MEN
W35 Kim Kasperski 6.10	M30 Pedro Tapia 1.37	ALAN POLLOCK(AUS) 25:53 BOB O'BRIEN (US) 26:10	30-34
W50 June Meyer 9.50 W60 Mary Thomson 8.92	M35 Mario Torres 1.61 M40 Jose Telles 1.37	55-59	FREDDY EVANGELISTA 17:18
W60 Mary Thomson 8.92 W65 Helgi Pedel 7.11	M45 Humberto Nunez 1.42	OVIDIO DE JESUS 25:14	- JUAN ACEVEDO . 21:22
5000mRW	M50 Alberto Diaz 1.32	PEDRO PACHECO 27:13 JULIO ALTIERI 27:30	RONALD YELTON (US) 21:55 HECTOR OQUENDO 24:24
M55 S Summerhayes 28:23.5	M55 Isaias Lopez 1.22	60-64	45-49
M60 Sal Brancaccio 28:18.0	W30 Carmen Peralta 0.98	LUIS CANO GANDIA 32:13	ANGEL LUIS MANZANO 18:26 STAN EDELSON (US) 19:25
M65 Peter Fellows 34:48.9 M70 Max Gould 31:20	W35 Nora Garcia 1.15	JOSE LUIS UBARRI 27:19	50-54
M75 George Peterson 38:13.1	M30 Jesus Nieto 5.15	DAVID ROHENA 28:86	JOSE RODRIGUEZ 20:58
W55 J Provost 32:18.3	M35 Victor Rivera 5.70.	70-74	JUAN LANCARA REYES 25:16
W60 Ruth Leff , 33:10.9	M40 Roberto Gonzalez 5.29	BILL WEINACHT (US) 29:10 SANTOS PIETRI - 34:79	55-59
10K Road Race	M45 S Paniagua 4.38	75-79	DUJARDIN MORENO 20:29 HERIBERTO LUGO. 25:09
M35 Tim Murphy 33:11.2	M50 Victor Valles 4.41	GONZALEZ JULIA 32:55	60-64
M40 Gaetan Breton 36:16.1 M45 Brian Drewett 36:37.2	M60 Silvino Corona 3.68 M75 Manuel Gonzalez 3.36	J.ORTIZ OQUENDO 38:85 SAMUEL VAZQUEZ 41:34	GREGORIO ANGULO 20:23 JOSELIN ALONSO 21:1
M50 Jim Pascoe 42:50.6	W30 Mariana Gonzalez 3.06	80-90	10,000 MTS. MEN
M55 Dave Wallace 37:34.2	W35 Yolanda Escobar 4.29	FEDERICO CORDERO 52:64	JUAN ACEVEDO 4:32:95
M60 Ron Carroll 53:31.2	W40 Issa Martinez 3.04	30-34	45-49
M65 Gelbhaar Kurt 40:00.8 W40 J Murphy-Walker 41:05.7	W55 Dolores Amoroz 2.90 W60 Aida Amoroz 2.22	PABLO COLON 53:17 ANATALIO RAMIREZ (DR) 54:53	ANGEL LUIS MANZANO 39:42:1 HECTOR OQUENDO 48:56
W45 Sheila Morisawa 58:44.3	W60 Aida Amoroz 2.22 Triple Jump	STANLEY SALABERRIOS 55:29	HECTOR OQUENDO 48:56
W50 Jeannie Ward 63:01.7	M30 Pedro Tapia 10.77	35-39 NESTOR RIVERA 57:47	GILBERTO ROBLES 44:05:55 55-59
W55 Jean Horne 44:38.5	M35 Mario Torres 11.03	BASILIO BERNIER 57:75	HERIBERTO LUGO 51:26
W65 Hazel Cameron 49:03.0	M40 R Gonzalez 9.98 M45 S Paniagua 9.31	SANTOS DELGADO 52:83	60-64 JOSELYN ALONSO 43:36:18
1 AN CORP	<u>Discus</u>	VICTOR IRIZARRY 55:69 GARY BELL(US) 56:40	JOSELYN ALONSO 43:36:18
INTERNATIONAL	W30 Ana Garcia 31.62 W35 Laura Aguinaga 41.10	45-49	5K WALK MEN 45-49
and professional and professional and the second	W40 C Sastres 22.46	HUMBERTO MEDINA 57:63	JOSE IRIZARRY 35:28
XV Mexican Masters	W45 Socorro Gamboa 15.78	CANDIDO AGOSTO 1:02:00 50-54	JOSÉ RODRIGUEZ 34:40
National Championships	W50 Marina Castro 17.94	ALAN POLLOCK (AUS) 57:19	JOSE RODRIGUEZ 34:40 TEDDY COLON (2K) 18:04:18
Aguascalientes; July 20-22	W55 Dolores Amoroz 14.66 W60 Maria Gamboa 14.96	BENITO PINTO (DR) 1:01:88 TEDDY COLON 2:16:81	55-59
100m	AND THE RESERVE OF THE PARTY OF	TEDDY COLON 2:16:81	HERIBERTO LUGO 40:00
M30 Pedro Montoya 11.6	5000mRW	FELIX ALEMAN 1:05:86	GREGORIO ANGULO 30:56
M35 Ricardo Villa 12.0	W30 Susana Medina 48:23	JESUS GALVEZ 1:10:39 HERIBERTO LUGO 1:28:45	65-69 ROBERT MIMM(US) 28:12:46
M40 Roberto Gonzalez 11.5	W35 Araceli Zuniga 36:43 W40 Delia Vargas 35:35		70-74
M45 Abelardo Suarez 12.5	W45 Teresa Olgui 49:30	JOSE SALGADO 1:08:92	DON JOHNSON (US) 32:45 5K WALK WOMEN (ALL AGES)
M50 Victor Valles 12.0 M55 Sergio Ovando 13.7	W6U Maria Gamboa 37:38	LUIS ARROYO VELEZ 1:09:33	MARITZA SANTINI (40) 44:57:83
M60 Pacundo Luna 13.8	W70 Maria Valasquez 45:06	65-69 DAVID ROHENA 1:12:03	STELLA CASHMAN(US) (48) 31:03 ELISA MARTINEZ (50) 41:58
M65 M Pattio 13.9	10,000mRW M35 Miguel Ramirez 52:29.08	70-74	** TOMASA SANTANA (55) 37:50
M70 Roberto Higuen 14.7	M40 Gildardo Pineda 51:52.86	BILL WEINACHT (US) 1:14:53 SANTOS PIETRI 1:25:46	CARMEN COTTO (55) 43:45 EMILIA MORALES (58) 43:44
W30 Nora Sumayer 14.5	M45 Gilberto Olivera59:25.94	SAMUEL VAZQUEZ 2:05:06	YELIN PONT (65) 43:52
W35 Hilda Ruiz 13.8	M50 Angel Narvaeiza 57:05.89	75-79 GIL GONZALEZ 1:22:34	100 MTS EURDLES (33") WOMEN
. W40 Isa Cabrera 16.0	M55 Francisco Lopez 66:51.51	J.ORTIZ OQUENDO 1:41:05	LISETTE SANTIAGO 21:50
W45 Virginia Delgado 16.1		RAMON CORDERO 2:31:60	100 MTS EURDLES MEN
W50 Brenda Pensado 16.2 W55 Guadalupe Mendoza 18.1		90	FELIX ARCHEVAL 18:05
W60 Martha Munoz 19.1	San Juan Masters	FEDERICO CORDERO 2:19:60	LUIS ARROYO VELEZ 19:49 LUIS CANO GANDIA 27:73
W65 Catalina Rodriguez 20.7	Championships	400 MTS. WOMEN	300 MTS EURDLES (30") MEN
400m	San Juan, Puerto Rico;	35-39 CARMEN DIAZ BURGOS 1:09:40	LUIS ARROYO VELEZ 52:33
M30 Jose Duarte 53.00	August 18-19	45-49	FELIX ARCHEVAL 55:28
M35 Ricardo Rios 56.05	100 MTS. MEN	TRINIDAD OQUENDO 1:19:84	45-49
M40 Roberto Gonzalez 51.07	30-34 . HECTOR BAEZ 11:36	ELISA MARTINEZ 1:32:29	JOSE IRRIZARRY 3' 6"
M45 Juan Alarcon 58.00	VICTOR NAVARRO 11:70	800 MTS. MEN	MORTON HAHN 4' 0"

- BOWLE TOCK BYNES		BANNER (N
TOMAS JOSE BINET (D	3' 8"	JUAN CASTE
JOSE LUIS UBARRI	3' 6"	40-44 GLENN WEAV
TOMAS ACEVEDO	3' 6"	ESTEBAN CR
FRANCISCO COLON	3' 8"	45-
75- ANTONIO GOTAY	4* 0-	RAMON OLIV
RIGE JUMP WOMEN		JORGE SEIS
LISETTE SANTIAGO	4.47	PEDRO CAND
AURORA CRUZ	4" 2"	LUIS VELEZ
ENID SANJURJO	41.45	DOMINGO PI
POLE VAULT	A Service of	AL JANKOLA
PABLO COLON	7'0'	ANTONIO GOI
- RON SALVIO(US)	7:0"	JOSE DELGA
50-54 CELESTINO ANDRADE	6'0"	75+ GIL GONZALI
LUIS CANO GANDIA	5'0"	DISCUS
. 65-69 JOSE LUIS UBARRI	6'0".	JUAN CASTE
75+ ANTONIO GOTAY	6'0"	GLENN WEAV
LONG JUMP MEN	961, 198, N	JOSE GARCIA RAFAEL GAR
HECTOR BAEZ	17' 8"	PABLO PERE
PEDRO LANDRAU	18' 6"	RAMON OLIV
SERGIO MICHEL JR.	(DR) 17! 11"	JORGE SEISI
GILBERTO ESCOBAR PEDRO JUAN PAGAN	18'9 1/2'	
50-54		. 55-
BOB O'BRIEN (US) CELESTINO ANDRADE	15'91/2"	TOM JACKSO
JORGE FELIX	15124	60- TOMAS JOSE
FELIX ALEMAN PEDRO PACHECO	15'10"	DOMINGO PI
. SERGIO MICHEL (DR)	13'7"	HECTOR MAR
JOSE LUIS UBARRI	15'5"	AL JANKOLA
DAVID ROHENA TOMAS ACEVEDO	12'7-1	FRANCISCO (
70-74 FRANCISCO COLON	12'5-1/4'	JOSE DELGAI ANTONIO GOI
ANTONIO GONZALEZ	9'2"	GIL GONZAL
75-79 ANTONIO GOTAY	12'7"	ANTONIO GO
LONG JUMP WOMEN	A CONTRACTOR	DISCUS (WC
MARGARET DE JESUS LUCRESIA MARTI (DR)	15'2-1/2"	YANCY MURO
YANCY MUROZ (US) 35-39	13'6-1/2"	CARMEN GONI
AURORA CRUZ	13'10-1/2	" MARIA CLAV
ENID SANJURJO	13'3-1/2"	NYDIA LOPE
NYDIA LOPEZ	12'7"	MARY AGUAYO
55-59 CARMEN DELIA COTTO	5'8"	MYRTHA REYN
60-64 IRMA VELEZ	8'6"	BIENVENIDA 60-
TRIPLE JOHP MEN		BERNICE HOLL
PEDRO LANDRAU	47.8	IRMA VELEZ
GILBERTO ESCOBAR PEDRO JUAN PAGAN	35'8"	JAVELIN 35-
45-49		JUAN CASTE
JOSE IRIZARRY 50-54.	26!6"	HECTOR OQUI
CELESTINO ANDRADE JORGE FELIX	33' 4-1/2 31' 4-1/2	GLENN WEAV
BOB O'BRIEN (US)	30!	PABLO TORR
SERGIO MICHEL (DR) 60-64	24'8-1/2	PHILLIP DO
	29 8-1/2 18' 1"	PABLO PERE EMILIO OCA
65-69 TOMAS ACEVEDO	A STATE OF THE PARTY OF THE PAR	WILFREDO CA
75+	19'3"	ARMANDO PII
SEOT PUT (MEN)	25" 10"	PEDRO CAND
JUAN CASTELLANOS		TOM JACKSON
RAFAEL GARCIA ESTEBAN CRUZ		TOMAS BINES
ESTEBAN CRUZ	10.20M	HECTOR MARK DOMINGO PIL
CARLOS CRUZ DIAZ 45-49 PABLO PEREZ	7.00	TOMAS ACEVE
	9.82M 9.80M	AL JANKOLA
50-54	9.10M	FRANCISCO C
JOSE MIRANDA	10.38M 10.16M	JUBAL HORTA ANTONIO GON
ARMANDO PIETRI 55-59	9.78M	75- ANTONIO GOT
	10.34M	GONZALEZ JU
TOM JACKSON (US) PEDRO CANDELARIA LUCIANO ALVAREZ (US)	10.16M 8.20M	JAVELIN (
0-64	Service Control of the Control of th	MARGARET DE
TOMAS BINET (DR) HECTOR MARRERO DOMINGO PILLOT 65-69	9.66M 8.04M	AURORA CRUZ
65-69 AL JANKOLA (US)	9.98M	MARIA LEBRON
AL JANKOLA (US) RAUL GONZALEZ 70-74	8.82M	MARIA CLAVEL
JUBAL HORTA	10.98M	50-54
ANTONIO GONZALREZ		NYDIA LOPEZ MARY AGUAYO
ANTONIO GOTAY 10.28 SHOT PUT (WOMEN)		55-59 BIENVENEDA B
30-34 MARGARET DE JESUS	11.29	TOMASA: SANTA
IANCY MUNOZ (US)	8.02	60- BERNICE HOLL
AURORA CRUZ	8,50	SALLY POLK (U IRMA VELEZ
40-44	5.00	TRMA VELEZ
45-49 MARIA CLAVELL	1 1 202	WAVA Nor
50-54	6.67	Regional Ch
NYDIA LOPEZ	7.83	Port-of-Sp.
MARY AGUAYO CARMEN COTTO	7.75 5.43	& To
55-59 BIENVENIDA BERAS (DR)	CONTRACTOR OF THE PROPERTY OF	Augus
TOMASA SANTANA (DR)	5.62	100m M3C
BERNICE HOLLAND (US) SALLY POLK (US)	9.12	Alexander Smi
IRMA VELEZ	6.48	Contin

TOMAS JOSE BINET (DR) 4' 0"

	119 177
BANNER (NALE)	學的
JUAN CASTELLANOS	19.50
40-44 GLENN WEAVER (US)	32.4
ESTEBAN CRUZ RON SALVIO(US)	25.30
RAMON OLIVERAS	20.24
JORGE SEISE	-21.54
PEDRO CANDELARIA	29.58
TOM JACKSON (US) 60-64	28.62
LUIS VELEZ DOMINGO PILLOT	41.08 14.54
AL JANKOLA (US)	26.08
ANTONIO GONZALEZ 70-74 JOSE DELGADO	24.20
RAUL GONZALEZ	28.14
GIL GONZALEZ DISCUS	24.34
35-39 JUAN CASTELLANOS	29.10
40-44 GLENN WEAVER (US)	35.00
JOSE GARCIA RAFAEL GARCIA	33.54 31.42
PABLO PEREZ	27.16
RAMON DLIVERAS	24.30
JORGE SEISE JOSE MIRANDA	30.04
EFFENDI ORTIZ	20.52
TOM JACKSON	32.74
ALEJNDRO, GONZALEZ 60-64 TOMAS JOSE BINET (DI	27.42
DOMINGO PILLOT-	21.10
65-69 AL JANKOLA	30.76
70-74 FRANCISCO COLON	29.80
JOSE DELGADO ANTONIO GONZALEZ	28.14 24.80
75-79 GIL GONZALEZ	28.26
ANTONIO GOTAY	27.40
DISCOS (WOMEN) 30-34	
YANCY MUROZ (US)	20.98
CARMEN GOMEZ 45-49 MARIA CLAVELL	21.44
- 50-54 NYDIA LOPEZ	14.16
MARY AGUAYO	
55-50	20.64
55-59 MYRTHA REYES	14.68
55-50	
55-59 MYRTHA REYES TOMASA SANTANA BIENVENIDA BERAS 60-64 BERNICE HOLLERD(US)	14.68 12.10 10.64 (DR 26.72 19.98
MYRIA REYES TOMASA SANTANA BIENVENIDA BERAS 60-64 BERNICE HOLLERD (US) SALLY POLLOK (AUS) IRMA VELEZ JAVELIH (MEN)	14.68 12.10 10.64 (DR
MYRIHA REYES TOMASA SANTANA BIENVENIDA BERAS 60-64 BERNICE HOLLERD (US) SALLY POLLOK (AUS) IRNA VELEZ. JAVELIN (MEN) 35-39 JUAN CASTELLANOS	14.68 12.10 10.64 (DR 26.72 19.98 16.50
S5-59 MYRIHA REYES TOMASA SANTANA BIENVENIDA BERAS 60-64 BERNICE HOLLERD (US) SALLY POLLOK (AUS) IRMA VELEZ JAVELIM (MEN) 35-39 JUAN CASTELLANOS CARLOS CRUZ HECTOR OQUENDO	14.68 12.10 10.64 (DR 26.72 19.98 16.50
MYRIHA REYES TOMASA SANTANA BIENVENIDA BERAS 60-64 BERNICE HOLLERO (US) SALLY POLLON (ALUS) IRMA VELEZ JAVELIM (MEN) 35-39 JUAN CASTELLANOS CARLOS CRUZ HECTOR OQUENDO 40-44 GLENN WEAVER (US)	14.68 12.10 10.64 (DR 26.72 19.98 16.50 35.30 39.08 33.98
MYRTHA REYES TOMASA SANTANA BIENVENIDA BERAS 60-64 BERNICE HOLLERO (US) SALLY POLLON (AUS) IRVA VELEZ JAVELIN (MEN) 35-39 JUAN CASTELLANOS CARLES CRUZ HECTOR OQUENDO 40-44 GLENN WEAVER (US) SERGIO MICHEL JR. PABLO TORRES	14.68 12,10 10.64 (DR 26.72 19.98 16.50 35.30 39.08 33.98
55-59 MYRIAR REYES TOMASA SANTANA BIENVENIDA BERAS 60-64 BERNICE HOLLERD (US) SALLY POLLOK (AUS) IRNA VELEZ. JAVELIN (MEN) 35-39 JUAN CASTELLANOS CARLOS CRUZ HECTOR OQUENDO 40-44 GLENN MEAVER (US) SERGIO MICHEL JR. PABLO TORRES 45-49 PHILLIP LOWRY (US)	14.68 12.13 10.64 (DR 26.72 19.98 16.50 35.30 39.08 33.98 47.90 34.81 40.55
MYRIA REYES TOKASA SANTANA BIENVENIDA BERAS 60-64 BERNICE HOLLERD(US) SALLY POLLOK (AUS) IRNA VELEZ. JAVELIN (MEN) 35-39 JUAN CASTELLANOS CARLOS CRUZ HECTOR OQUENDO 40-44 GLENN WEAVER(US) SERGIO MICHEL JR. PABLO TORRES 45-49 PHILLIP LOWRY(US) PABLO PEREZ EMILIO OCASIO	14.68 12.13 10.64 (DR 26.72 19.98 16.50 35.30 39.08 33.98 47.90 34.81 40.55
MYRITA REYES TOMASA SANTANA BIENVENIDA BERAS 60-64 BERNICE HOLLERD (US) SALLY POLLOK (AUS) IRMA VELEZ JAVELIM (MEM) 35-39 JUAN CASTELLANOS CARLOS CRUZ HECTOR OQUENDO 40-44 GLENN WEAVER (US) SERGIO MICHEL JR. PABLO TORRES 45-49 PHILLIP LOWRY (US) PABLO PEREZ EMILIO OCASIO 50-54 WILFREDO CABAN	14.68 12.10 10.64 (DR 26.72 19.98 16.50 35.30 39.08 33.98 47.90 34.81 40.55 45.36 32.09 33.10
MYRITA REYES TOKASA SANTANA BIENVENIDA BERAS 60-64 BERNICE HOLLERD(US) SALLY POLLOK (AUS) IRNA VELEZ. JAVELIN (MEN) 35-39 JUAN CASTELLANOS CARLOS CRUZ HECTOR OQUENDO 40-44 GLENN WEAVER(US) SERGIO MICHEL JR. PABLO TORRES 45-49 PHILLIP LOWRY(US) PABLO PEREZ EMILIO OCASIO 50-54 WILFREDO CABAN ARMANDO PIETRI MORTAN HARNI(US) MORTAN HARNI(US) 55-59	14.68 12.10 10.64 (DR 26.72 19.98 16.50 35,30 39.08 33.98 47.90 34.81 40.55 45.36 32.09 33.10
MYRIHA REYES TOMASA SANTANA BIENVENIDA BERAS 60-64 BERNICE HOLLERO (US) SALLY POLLON (ALGS) IRMA VELEZ JAVELIM (MEN) 35-39 JUAN CASTELLANOS CARLOS CRUZ HECTOR OQUENDO 40-44 GLENN WEAVER (US) SERGIO MICHEL JR. PABLO TORRES 45-49 PHILLIP LOWRY (US) PABLO PEREZ EMILIO OCASIO 50-54 WILFREDO CABAN ARNANDO PIETRI MORTAN HABNIJS)	14.68 12.13 10.64 (DR 26.72 19.98 16.50 35.30 39.08 33.98 47.90 34.81 40.55 45.36 32.09 33.10 44.46 31.85
MYRIHA REYES TOMASA SANTANA BIENVENIDA BERAS 60-64 BERNICE HOLLERO (US) SALLY POLLON (ALGS) IRMA VELEZ JAVELIM (MEN) 35-39 JUAN CASTELLANOS CARLOS CRUZ HECTOR OQUENDO 40-44 GLENN WEAVER (US) SERGIO MICHEL JR. PABLO TORRES 45-49 PHILLIP LOWRY (US) PABLO PEREZ EMILIO OCASIO 50-54 WILFREDO CABBAN ARNANDO PIETRI MORTAN HABNIUS) 55-59 PEDRO CANDELARIA TOM JACKSCN (US) 60-64 TOMAS BINET	14.68 12.10 10.64 (DR 26.72 19.98 16.50 35.30 39.08 33.98 47.90 34.81 40.55 45.36 32.09 33.10 44.46 31.85 31.85 31.45 29.10
MYRTHA REYES TOMASA SANTANA BIENVENIDA BERAS 60-64 BERNICE HOLLERO (US) SALLY POLLOK (AUS) IRMA VELEE JAVELIN (MEN) 35-39 JUAN CASTELLANOS CARLOS CRUZ HECTOR OQUENDO 40-44 GLENN WEAVER (US) SERGIO MICEEL JR. PABLO TORRES 45-49 PHILLIP LOWRY (US) PABLO PEREZ EMILIO OCASIO 50-54 WILFREDO CABAN ARMANDO PIETRI MORTAN HAHN(JS) 55-59 PEDRO CANDELARIA TOM JACKSON (US) 60-64 TOMAS BINET HECTOR MARRERO DOMINGO PILLOT	14.68 12.10 10.64 (DR 26.72 19.98 16.50 35,30 39.08 33.98 47.90 34.81 40.55 45.36 32.09 33.10 44.46 31.85 31.45
MYRTHA REYES TOMASA SANTANA BIENVENIDA BERAS 60-64 BERNICE HOLLERO (US) SALLY POLLON (AUS) IRNA VELEZ JAVELIN (MEN) 35-39 JUAN CASTELLANOS CARLOS CRUZ HECTOR OQUENDO 40-44 GLENN WEAVER (US) SERGIO MICHEL JR. PABLO TORRES 45-49 PHILLIP LOWRY (US) PABLO PEREZ EMILIO OCASIO 50-54 WILFREDO CABAN ARMANDO PIETRI MORTAN HAHN (US) 55-59 PEDRO CANDELARIA TOM JACKSCN (US) 60-64 TOMAS BINET HECTOR MARRERO DOMINGO PILLOT 65-69 TOMAS ACEVEDO	14.68 12.10 10.64 (DR 26.72 19.98 16.50 35,30 39.08 33.98 47.90 34.81 40.55 45.36 32.09 33.10 44.46 31.85 31.45 36.14 29.10 28.53 28.31 19.63
MYRTHA REYES TOMASA SANTANA BIENVENIDA BERAS 60-64 BERNICE HOLLERO (US) SALLY POLLOK (AUS) IRVA VELEZ. JAVELIN (MEN) 35-39 JUAN CASTELLANOS CARLOS CRUZ HECTOR OQUENDO 40-44 GLENN WEAVER (US) SERGIO MICHEL JR. PABLO TORRES 45-49 PHILLIP LOWRY (US) PABLO PEREZ EMILIO OCASIO 50-54 WILFREDO CABAN ARMANDO PIETRI MORTAN HARN (US) PEDRO CANDELARIA TOM JACKSCN (US) 60-64 TOMAS BINET HECTOR MARRERO DOMINGO PILLOT 65-69 TOMAS ACEVEDO AL JANKOLA (US) 70-74	14.68 12.10 10.64 (DR 26.72 19.98 16.50 35.30 39.08 33.98 47.90 34.81 40.55 45.36 32.09 33.10 44.46 31.85 31.45 36.14 29.10 28.53 28.31 19.63
MYRITA REYES TOMASA SANTANA BIENVENIDA BERAS 60-64 BERNICE HOLLERO (US) SALLY POLLOK (AUS) IRMA VELEZ JAVELIM (MEM) 35-39 JUAN CASTELLANOS CARLOS CRUZ HECTOR OQUENDO 40-44 GLENN WEAVER (US) SERGIO MICHEL JR. PABLO TORRES 45-49 PHILLIP LOWRY (US) PABLO PEREZ EMILIO OCASIO 50-54 WILFREDO CABAN ARMANDO PIETRI MORTAN HAHN (US) 55-59 PEDRO CANDELARIA TOM JACKSON (US) 60-64 TOMAS BINET HECTOR MARRERO DOMINGO PILLOT 65-69 TOMAS ACEVEDO AL JANKOLA (US) 70-74 FRANCISCO COLON JUBAL BORTA	14.68 12.10 10.64 (DR 26.72 19.98 16.50 35.30 33.08 33.98 47.90 34.81 40.55 45.36 32.09 33.10 44.46 31.85 31.45 31.45 29.10 28.53 28.31 19.63 24.50 23.00 30.16 27.86
MYRITA REYES TORASA SANTANA BIENVENIDA BERAS 60-64 BERNICE HOLLERO (US) SALLY POLLOK (AUS) IRMA VELEZ JAVELIM (MEM) 35-39 JUAN CASTELLANOS CARLOS CRUZ HECTOR OQUENDO 40-44 GLENN WEAVER (US) SERGIO MICPEL JR. PABLO TORRES 45-49 PHILLIP LOWRY (US) PABLO PEREZ EMILIO OCASIO 50-54 WILFREDO CABAN ARMANDO PIETRI MORTAN HARN (US) 55-59 PEDRO CANDELARIA TOM JACKSCN (US) 60-64 TOMAS BINET HECTOR MARRERO DOMINGO PILLOT 65-69 TOMAS ACCVEDO AL JANKOLA (US) 70-74 FRANCISCO COLON JUBAL BORTA ANTONIO GONZALEZ 75-	14.68 12.10 10.64 (DR 26.72 19.98 16.50 35.30 39.08 33.98 47.90 34.81 40.55 45.36 32.09 33.10 44.46 31.85 31.45 28.53 28.31 19.63 24.50 23.00 30.16 27.86 17.84
MYRTHA REYES TOMASA SANTANA BIENVENIDA BERAS 60-64 BERNICE HOLLERO (US) SALLY POLLOK (AUS) IRMA VELEZ JAVELIN (MEN) 35-39 JUAN CASTELLANOS CARLOS CRUZ HECTOR OQUENDO 40-44 GLENN WEAVER (US) SERGIO MICEEL JR. PABLO TORRES 45-49 PHILLIP LOWRY (US) PABLO PEREZ EMILIO OCASIO 50-54 WILFREDO CABAN ARMANDO PIETRI MORTAN HAHN (US) 55-59 PEDRO CANDELARIA TOM JACKSCN (US) 60-64 TOMAS BINET HECTOR MARERO DOMINGO PILLOT 65-69 TOMAS ACEVEDO AL JANKOLA (US) JO-74 FRANCISCO COLON JUBAL BORTA ANTONIO GONZALEZ	14.68 12.10 10.64 (DR 26.72 19.98 16.50 35.30 33.08 33.98 47.90 34.81 40.55 45.36 32.09 33.10 44.46 31.85 31.45 31.45 29.10 28.53 28.31 19.63 24.50 23.00 30.16 27.86
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MYRTHA REYES TOMASA SANTANA BIENVENIDA BERAS 60-64 BERNICE HOLLERO (US) SALLY POLLON (LAUS) IRNA VELEZ JAVELIN (MEN) 35-39 JUAN CASTELLANOS CARLOS CRUZ HECTOR OQUENDO 40-44 GLENN WEAVER (US) SERGIO MICHEL JR. PABLO TORRES 45-49 PHILLIP LOWRY (US) PABLO PEREZ EMILIO OCASIO 50-54 WILFREDO CABAN ARMANDO PIETRI MORTAN HANN (US) 53-59 PEDRO CANDELARIA TOM JACKSCN (US) 60-64 TOMAS BINET HECTOR MARRERO DOMINGO PILLOT 65-69 TOMAS ACEVEDO AL JANKOLA (US) 70-74 FRANCISCO COLON JUBAL BORTA ANTONIO GONZALEZ 75- ANTONIO GONZALEZ 74- ANTONIO GONZALEZ 75- ANTONIO GONZALEZ 75- ANTONIO GONZALEZ 76- ANTONIO	14.68 12.10 10.64 (DR 26.72 19.98 16.50 35.30 39.08 33.98 47.90 34.81 40.55 45.36 32.09 33.10 44.46 31.85 31.45 36.14 29.10 28.53 28.31 19.63 24.50 23.00 30.16 27.86 17.84
MYRTHA REYES TOMASA SANTANA BIENVENIDA BERAS 60-64 BERNICE HOLLERO (US) SALLY POLLON (LAUS) IRNA VELEZ. JAVELIN (MEN) 35-39 JUAN CASTELLANOS CARLOS CRUZ HECTOR OQUENDO 40-44 GLENN MENVER (US) SERGIO MICHEL JR. PABLO TORRES 45-49 PHILLIP LOWRY (US) PABLO PEREZ EMILIO OCASIO 50-54 WILFREDO CABAN ARMANDO PIETRI MORTAN HARN (US) 55-59 PEDRO CANDELARIA TOM JACKSCN (US) 60-64 TOMAS BINET HECTOR MARRERO DOMINGO PILLOT 65-69 TOMAS ACEVEDO AL JANKOLA (US) 70-74 FRANCISCO COLON JUBAL HORTA ANTONIO GONZALEZ 75- ANTON	14.68 12.10 10.64 (DR 26.72 19.98 16.50 35,30 39.08 33.98 47.90 34.81 40.55 45.36 32.09 33.10 44.46 31.85 31.45 36.14 29.10 28.53 28.31 19.63 24.50 23.00 30.16 27.86 17.84 25.13 25.08
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MYSTHA REYES TOMASA SANTANA BIENVENIDA BERAS 60-64 BERNICE HOLLERO (US) SALLY POLLOK (AUS) IRMA VELEZ JAVELIM (MEN) 35-39 JUAN CASTELLANOS CARLOS CRUZ HECTOR OQUENDO 40-44 GLENN WEAVER (US) SERGIO MICEL JR. PABLO TORRES 45-49 PHILLIP LOWRY (US) PABLO PEREZ EMILIO OCASIO 50-54 WILFREDO CABAN ARMANDO PIETRI MORTAN HAHN(US) 55-59 PEDRO CANDELARIA TOM JACKSON (US) 60-64 TOMAS BINET HECTOR MARRERO DOMINGO PILLOT 65-69 TOMAS ACEVEDO AL JANKOLA (US) 70-74 FRANCISCO COLON JUBAL HORTA ANTONIO GONZALEZ 75- ANTONIO GON	14.68 12.10 10.64 (DR 26.72 19.98 16.50 35,30 39.08 33.98 47.90 34.81 40.55 45.36 32.09 33.10 44.46 31.85 31.45 36.14 29.10 28.53 28.31 19.63 24.50 23.00 30.16 27.86 17.84 25.13 25.08
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MYRTHA REYES TOMASA SANTANA BIENVENIDA BERAS 60-64 BERNICE HOLLERO (US) SALLY POLLON (LAUS) IRNA VELEZ. JAVELIN (MEN) 35-39 JUAN CASTELLANOS CARLES CRUZ HECTOR OQUENDO 40-44 GLENN WEAVER (US) SERGIO MICELL JR. PABLO TORRES 45-49 PHILLIP LOWRY (US) PABLO PEREZ EMILIO OCASIO 50-54 WILFREDO CABAN ARMANDO PIETRI MORTAN HARN (US) PEDRO CANDELARIA TOM JACKSCN (US) 60-64 TOMAS BINET HECTOR MARRERO DOMINGO PILLOT 65-69 TOMAS ACEVEDO AL JANKOLA (US) 70-74 FRANCISCO COLON JUBAL HORTA ANTONIO GONZALEZ 75- ANTONIO GONZALEZ 75- ANTONIO GONZALEZ 30-34 MARGARET DE JESUS 35-39 AURORA CRUZ 40-44 MARIA LEBRON 45-49 MARIA CLAVELL 50-54 NYDIA LOPEZ MARY AGUAYO 55-59 BIENVENDA BERAS (DR) EMILIA MORALES 60-60- 60-60- 60- 60- 60- 60- 60- 60- 6	14.68 12.10 10.64 (DR 26.72 19.98 16.50 35.30 39.08 33.98 47.90 34.81 40.55 45.36 32.09 33.10 44.46 31.85 31.45 29.10 28.53 28.31 19.63 24.50 23.00 30.16 27.86 17.84 25.13 25.08
MYRIHA REYES TOMASA SANTANA BIENVENIDA BERAS 60-64 BERNICE HOLLERO (US) SALLY POLLOK (AUS) IRMA VELEZ JAVELIM (MEN) 35-39 JUAN CASTELLANOS CARCOS CRUZ HECTOR OQUENDO 40-44 GLENN WEAVER (US) SERGIO MICHEL JR. PABLO TORRES 45-49 PHILLIP LOWRY (US) PABLO PEREZ EMILIO OCASIO 50-54 WILFREDO CABBAN ARNANDO PIETRI MORTAN HABNIUS) 55-59 PEDRO CANDELARIA TOM JACKSCNIUS) 60-64 TOMAS ACEVEDO AL JANKOLA (US) 70-74 FRANCISCO COLON JUBAL HORTA ANTONIO GONZALEZ 75- ANTONIO GONZALEZ 75- ANTONIO GONZALEZ MANTANIO GONZALEZ 10-44 MARGARET DE JESUS 30-34 MARGARET DE JESUS 35-39 AURORA CRUZ 40-44 MARIA LEBRON 45-49 MARIA LEBRON 55-59 BIENVENDA BERAS (DR) TOMASA SANTANA (DR) EMILIA MORALES 60- BERNICE HOLLAND (US) SALLY POLLK (US)	14.68 12.10 10.64 (DR 26.72 19.98 16.50 35.30 39.08 33.98 47.90 34.81 40.55 45.36 32.09 33.10 44.46 31.85 31.45 28.53 28.31 19.63 24.50 23.00 30.16 27.86 17.84 25.13 25.08 33.01 19.64 16.97 15.60 24.54 14.88

hampionships pain, Trinidad obago st 23-26

ith T&T 10.52 Continued on next page

M45 Juan Alarcon	58.00
M50 Francisco Martine	z 59.07
M55 Sergio Cruz	62.02
M60 Silvino Corona	71.04
M65 Miguel Flores	79.08
W30 Nora Sumayer	70.10
W35 Hilda Ruiz	67.01
W40 I Martinez	79.00
W45 Virginia Delgado	79.00
W50 Brenda Pensado	81.03
W55 Guadalupe Mendoza	93.07
W65 Catalina Rodrigue	z 98.07
800m	
M30 Gildardo Garcia	2:06.3
M35 Jose Guadiana	2:05.3
M40 Alfredo DeLeon	2:07.1
M45 B Contreras	2:12.2
M50 Fidel Mendez	2:15.5
M55 Sergio Cruz	2:25.8
M60 Jose Aguilar	2:34.6
M65 Miguel Flores	2:56.9
M70 D Castillo	3:47.9
W30 Nora Sumayer	2:41.0
W35 Guadalupe Avila.	2:48.8
W45 Lucia Quiroz	2:45.2
W50 G Carreon	3:00.9
W60 A Sandoval	3:23.7

August 18-19		
100 MTS. MEN		
. 30-34		
HECTOR BAEZ	11:36	
VICTOR NAVARRO	11:70	
ANATALIO RAMIREZ (DR)	11:83	
35-39	State St.	
RENE GRAHAM PEDRO LANDRAU	11:89	
S: MICHEL JR. (DR)	11:99	
40-44	12:48	
SANTOS DELGADO	11:41	
CONRADO DAVILA	11:83	
GARY BELL (US)	11:96	
45-49	*****	
-W. PICORELLI	11:47	
PETER CROMBIE (AUS)	11:49	
HUMBERTO MEDINA .		
50-54	AND AND	
RUBEN DIAZ	12:20	
JAMES O'HARA (US)	12:43 .	
CELESTINO ANDRADE	12:82	
M55-59	STATE OF	
OVIDIO DE JESUS	12:37	
JULIO ALTIERI	12:83	
JESUS . GALVEZ (DR)	13:60	
60-64 FELIX ARCHEVAL		
LUIS CANO GANDIA	13:64	
65-69	15:43	
JOSE LUIS UBARRI	12:92	
DAVID ROHENA	13:86	
RAUL GONZALEZ	15:86	
70-74	13.36	
. BILL WEINACHT (US)	13:60	
SANTOS PIETRI	16:36 .	
ANTONIO GONZALEZ	20:98	
The Market and Colored Water Street and Colored Street Str	ACCOUNT OF THE PARTY OF THE PAR	

ancisco Lopez 00:51.51	J.ORTIZ OQUENDO	1:41:05
	RAMON CORDERO	2:31:60
San Juan Masters	FEDERICO CORDERO	2:19:60
Championships an Juan, Puerto Rico;	400 MTS. WOMEN -	
August 18-19	CARMEN DIAZ BURGOS 45-49	1:09:40
MTS. MEN	TRINIDAD OQUENDO 50-54	1:19:84
OR BAEZ 11:36	ELISA MARTINEZ	1:32:29
OR BAEZ 11:36 OR NAVARRO 11:70		
ALIO RAMIREZ (DR) 11:83	800 MTS. MEN 30-34	ALL DESC
35-39	PABLO COLON .	70 70 8
GRAHAM 11:89	ANIBAL MONTES	2:02:43
O LANDRAU 11:99	35-39	2:07:82
IICHEL JR. (DR) 12:48	J. (YOYO) ORTIZ	2:22:64
10-44	RONALD YELTON (US)	2:33:69
OS DELGADO 11:41	40-44	
ADO DAVILA 11:83	HECTOR HERNANDEZ	2:31:68
BELL(US) 11:96	5C-54	
45-49	ALAN POLLOCK (AUS)	2:30:69
ICORELLI 11:47 R CROMBIE (AUS) 11:49	TEDDY COLON	5:08:60
R CROMBIE (AUS) 11:49	55-59	
50-54	L. ALVAREZ (DR) SERGIO MICHEL (DR)	2:45:70
N DIAZ 12:20	HERIBERTO LUGO	3:01:50
S O'HARA (US) 12:43	60-64 · .	3:25:40
STINO ANDRADE 12:82	LUIS H. TORRES	
59	JOSE SALGADO	2:40;17
IO DE JESUS 12:37	75-79	2:47:95
O ALTIERI 12:83	JOSE ORTIZ OQUENDO	4:31:50
S.GALVEZ (DR) 13:60	. 80-	4.31.30
60-64	RAMON CORDERO	5:60:59
X ARCHEVAL 13:64	90-	
CANO GANDIA 15:43'	FERDERICO CORDERO.	5:51:50
65-69		
LUIS UBARRI 12:92	800MTS WOMEN	
D ROHENA 13:86	35-39	
GONZALEZ 15:86	CARMEN DIAZ BURGOS	2:44:40
70-74	40-44	
WEINACHT (US) 13:60 OS PIETRI 16:36	MARITZA SANTINI	4:23:58
	45-49	
NIO GONZALEZ 20:98	TRINIPAD OQUENDO	3:10:59
		1

75-59
PEDRO PACHECO 3' 10"

100 MTS EURDLES (36") MEN
50-54
JAMES O'HARA(US) 14:91
55-59
ROBEN RODRIGUEZ 18:84
110 MTS EURDLES (39") MEN
30-34
FRANCISCO UGARTE 17:04
45-49
JORGE L. SUAREZ 24:04
3000 MTS STPL MEN
30-34
F. EVANGELISTA(DR) 10:46:08
35-39
CARMELO ROSARIO 13:06:84
45-49
ANGEL L. MANZANO 11:56
EDUARDO DIAZ BURGOS 13:28:45
2000 MTS STPL MEN
60-64
LUIS HUMBERTO TORRES 8:27:08
400 MTS EURDLES MEN (36")
30-34
PABLO COLON 59:20
40-44
PEDRO JUAN PACAN 1:07:47
VICTOR IRIZARY 1:13:87
JOSE ALICEA 1:13:89
EIGH JUMP MEN

3' 10"

90

65.36 32.09 33.10

44.46 31.85 31.65

36.16 29.10

28.53 28.31 19.63

6.50 3.00 0.16 7.86 7.86 1.84 5.13

October, 19	90	
Continued from pro	evious page	H
M35 Robert Bowen	USA 10.66	
Gary Gould Stephen Taitt	T&T 11.04 T&T 11.31	M
Lennox Sealey	T&T 11.38	
Glenroy Wilkinso	in the state of	
Herman Reyes Herm Lightbourne	T&T 11.52 T&T 11.63	1
Gustavo Alzugara		
Jose Guarisma Alfredo Ponti	VEN 12.10	1
M45 Paulo Purity	BRA 11.34	を
Harold Morioka Lloyd Cordner Ju	CAN 11.88 T&T 12.14	P
Kenrick Hercules	T&T 12.27	
Vonrick Peterson David Walker	T&T 12.75 T&T 12.79 T&T 13.00	-
Winston Charles Lancelot Alcindo		,
M50 Oswald Rogers	T&T 12.08	ALMAN .
Carl Douglas Dan Roberts	T&T 12.20	,
Roy Riley	T&T 12.59	
Dan Laurence	T&T 13.08	NAME OF
M60 Zeno Constance	T&T 12.68	1
Sergio Higuera Ulric Monroe	MEX 13.14 T&T 14.18	400
M65 Carlton Samuel	T&T 14.92	
H70	1970年1980年	75
Robert Higuera Jay Sponseller	MEX 14.06 USA 14.63	
P G Wilson M75+	T&T 16.93	
Perry Duncan Gerry Wibble	CAN 14.29 USA 16.75	Water Park
Brahim Sookoor	T&T 18.44	1
Wendy Jacob	T&T 13.77	1316
Cheryl McKenna Eliz Ashford	T&T 15.28 T&T 15.36	100
W35 Trinidad Castil	10 VEN 13.46	1
Claire Hutchins	on T&T 16.88	1
Joyce Thomas	T&T 13.52	STATE OF
Lynette Jones-F Eulila Thomas	T&T 14.59	1
Irma Riley	T&T nta	25.74
W50 Monica Tang Win	g T&T 14.52	1
W55 Josefina DeSchu	1tzVEN 13.92	1
Wary Moore	USA 16.49	100
Martha Munoz Lucia Camejo	MEX 18.16 VEN 20.72	1
800m	CONTROL TON	香
J F Rosario Anthony Price	T&T 2:03.20 T&T 2:06.20	201
Aubrey Vandersto	POPULE 3:23:69	Sep.
Stephen Taitt Oscar Lewis	T&T 2:02.39 T&T 2:10.94	50,000
Ha OHarewood	T&T 2:14.19	
V Rodriguez Errol Thomas	VEN 2:04.24 T&T 2:10.49	
M5	建筑电影	200
Vic Benjamin B Contieras	GUY 2:04.22 MEX 2:05.21	Printer
H Contrezas E Stanley	MEX 2:11.51 GUY 2:12.17	1000
M50 Roy Riley	T&T 2:13.66	Wall Street
Louis Best Jon Lonex	T&T 2:14.45 USA 2:15.90	44.89
O Rogers	TAT 2:21.87	Spirite.
Harry Janssen		1
Oscar Gonzales	2000年10日	1
Wes Brown Ron Welsh	USA 2:31.58 USA 2:35.72	No.
M70 Jay Sponseller	是 特惠 自然	Sept.
P Wilson	TET 5:01.78	100
Jerry Wible	USA 3:18.28	1000
W35 Haria De Acost	VEN 2:37.40	The same
Donna Wichols	CAN 3:23.06	No.
Liz McBlain	CAN 2:46.77	
Lenore Marvin	CAN 3:35.88	T. P.
1500m H30	美国有关	X
Anthony Appoy P Rosario	T&T 4:10.55 VEN 4:14.50	STATE OF
0scar Levis	T&T 4:30.66	Birgs.
Des Harshall Jan Westmas	GUY 4:52.60 T&T 5:06.98	1000
M40 Vic Rodriguez	VEN 4:19.02	1
Vince Pascal	T&T 4:26.33	
Errol Thomas	VEN 4:29.56 T&T 4:36.26	IE I
B Conteras	MEX 4:27.41	1
Errol Ottley M Contrezes	T&T 4:31.41 MEX 4:31.85	1
	1111111111111	1

	National Mas
M50	8K Cross-country Run
Louis Best T&T 4:51.78	M55
Hugh Robinson T&T 4:56.14 Roy Riley T&T 5:44.31	Gordon Boyd CAN 51:56 Rudy Steinfield CAN 63:31
M55	M70
Harry Jansen ARU 4:48.86 Matt Serrette T&T 5:07.16	Don Dillworth USA 51:12
Gordon Boyd CAN 5:45.81	5K RW M40
Ron Welch CAN 5:12.31	Gildaro Péneda MEX 25:10
Kelsey Brown USA 6:04.97	George Cuffy GUY 27:25
Arch Messenger USA 5:24.62	Richard Oliver USA 27:57
M70 Don Johnson USA 6:47.81	M55 Robert Fine USA 31:19
P G Wilson T&T 12:19.0	Bernard KauffmanUSA 32:13
M75 Jerry Wible USA 6:53.32	W65 Queenie ThompsonUSA 39:22.3
W30	Jean Cotner 42:35.2
Joyce Luces T&T 6:27.01	W70 Lenore Marvin CAN 34:12.6
Verna Edwards T&T 6:58.46	
Clavre Asteria VEN 5:30.28	
Donna Nichols CAN 7:24.15	11th All-Japan Masters
Lenore Marvin CAN 6:40.83	Championships
W60 Lynnette Luces T&T 7:03.71	Yamanashi; August 25-26
Short Hurdles	TO SEE MANUAL VIEW
M45 S Stanisclaus T&T 15.62	100m 130 Shigeru Takaoka 11.40
Vic Benjamin GUY 15.72	M35 Yutaka Akada 11.37
Barry Fergusson ENG 16.30	M40 Kouzou Kaibara 11.92 M45 Shigeo Yakushiji 12.05
Jackson Steffes USA 16.19	M50 RyoskukeIsurumaki12.15 M55 Akio Tanaka 12.89
M70 Hilton Lewis GUY 23.84	M60 T Kawashima 13.14
Ham Morningstar USA 24.67	M65 Hideya Yamasaki 13.21 M70 Shigehiko Zaibe 14.94
Liz McBlain CAN 13.80	M75 Noboru Saitou 15.46
High Jump	M80 Tokutaro Sano 17.30 M85+I Iwamoto 18.14
M65 Boo Morcom USA 1.35 M70 H MorningstarUSA 1.30	W30 Kumiko Tanaka 13.77
W40 Liz McBlain CAN 1.45	W35 Yumiko Shimojyo 13.93 W40 Pumiko Akamine 13.76
Joyce Thomas T&T 1.15 W55 Marj Moore USA 1.05	W45 Kiyo Harima 14.52
W65 Helgi Pedel CAN 1.18	W50 Reiko Nariishi 14.57 W55 Midori Yamamoto 14.57
Long Jump	W60 Nobue Irie 16.40
M40 J Guarisma VEN 5.70	W70+Fumi Yamada 20.6
Mike Romain T&T 5.63	M30 Y Kawahara 22.4
Selwyn Rougier T&T 5.44 A Rivas Ponte VEN 4.83	M35 Yutaka Akada 22.9 M40 Kozo Kaibara 23.7
M45 1	M45 Motomi Ikehata 24.7
Noel Revello URA 5.38	M50 R Tsurumaki 24.4 M55 Masahiro Sunami 25.7
Kenrick HerculesT&T 5:16	M60 T Kawashima 26.7 M65 Hideya Yamazaki 27.72
Eliz Ashford T&T 3.38	M70 GentarouWatanabe 30.75
Miriam Reyes VEN 4.80	M75 Fumitaka Yamada 32.51 M80 Tokutaro Sano 38.24 M85 J Iwamato 39.68
Donna Nichols CAN 3.21	
Liz McBlain CAN 4.63 Joyce Thomas T6T 4.10	W35 Masae Yoda 28.24 W40 F Akamine 28.54
Lynnette Pina VEN 3.78	UAS C Nakamira 29 62
Shot Put	W50 Reiko Nariishi 29.87 W55 Midori Yamamoto 30.48
M40 Gary Kelmenson USA 11.45	W60 Nobue Irie 34.03
Selwyn Rougier T&T 10.66	W70+Kikue Teshima 46.1
Renrick Russel T&T 8.24	M30 Toru Adachi 56.97
A Rodrigues MEX 11.35	M35 Yoshitaka Jyoma 51.24 M40 Akiharu Doita 54.87
Dan Lawrence T&T 5.83	H45 Ryoichi Abo 56.01 H50 S Kabayashi 57.77
W30 Eliz Ashford T&T 8.44	M50 S Kabayashi 57.77 M55 Hidehiko Higo 59.03
W35	M60 Tetsuo Kawashima 60.90 M65 Hisagi Tamoto 65.50
Donna Nichols CAN 5.98	M70 Gentaro Watanabe 71.50
W40	H75 F Yamada 75.73 H80 T Horimoto 91.59
Joyce Thomas T&T 11.73 Liz McBlain CAN 9.93	800m
W45 Pedel Helgi CAN 7.73	M30 Female Build 2.06 7
Javelin CAN 7.73	H35 J Hinegishi 2:07.0 H40 T Aoyanagi 2:03.0 H45 Ryoichi Abo 2:04.6
H40	MSO Mantala Vuenda 2:12 2
O Gonzales MEX 43.34	MSS Bidehiko Bigo 2:16.7
Gary Kelmenson USA 35.66	M55 Bidehiko Bigo 2:16.7 M60 Morio Watanabe 2:26.5 M65 Goro Kawasaki 2:35.6
Kenrick Russel T&T 30.04	M70 Ken Nakatani 2:42.1 M75 Kosaku Kanamori 2:54.1
Lawrence Daniel T&T 22.40 W30	M80 Miharu Ueda 3:38.9
Eliz Ashford T&T 28.66	W30 Shinobu Kurosaki 2:21.9
Donna Nichols CAN 18.66	W35 H Watanabe 2:32.2 W40 Yaeko Noguchi 2:42.8
¥40	W45 M Nishikawa 2:34.7 W50 Naruyo Miyamichi 2:50.8
Cass Clarke USA 23.90	W55 Setsuko Adachi 2:52.0
Jos De Schultz VEN 31.80	W60 Sadako Okamoto 3:20.6 W70+Kikue Teshima 4:30.0
Pentathlon	1500m
M40	M30 Akio Kanda 3:59.7 M35 Iko Kawamoto 4:09.9
Olivares GonzaloHEX 1959 Franklyn White CAN 1902	H35 Iko Kavamoto 4:09.9 H40 T Aoyanagi 4:15.4 H45 M Shibuya 4:16.0
Kenrick Russel T&T 1235	M45 I Abyanagi 4:16.0 M50 Takeo Komatsu 4:33.2 M55 Shinabu Migita 4:41.6
Oscar Gonzales MEX 1497	M55 Shinabu Migita 4:41.6
M65 Boo Morcom USA 1041	M60 Y Takeuchi 4:52.4 M65 Y Tamita 5:11.2 M70 Izo Sato 5:36.4
M70+ Ham Morningstar USA 740	M70 Izo Sato 5:36.4 M75 Kosaku Kanemori 5:55.9
W40	M80 Masao Konno 6:21.6 M85+Ryota Matsuda 10:01.3
Liz McBlain CAN 2326 Cass Clarke USA 1576	W30 Shinobu Kurosaki 4:47.3

	Visit
National	Masters
8K Cross-country Run	W35
Gordon Boyd CAN 51:5 Rudy Steinfield CAN 63:3	6 W45
M70	W55
Don Dillworth USA 51:1	2 W60 W70+
M40 Gildaro Péneda MEX 25:1	5000 M30
George Cuffy GUY 27:2	.5 M35
Richard Oliver USA 27:5	
M55 Robert Fine USA 31:1	9 M50
Bernard KauffmanUSA 32:1	3 M60 M65
Queenie ThompsonUSA 39:2 Jean Cotner — 42:3	
W70 Lenore Marvin CAN 34:1	M80
Lenote Marvin CAN 34:1	W35
	- W40
11th All-Japan Masters	W50 W60
Championships	Shor
Yamanashi; August 25-26	H30
100m	M40
M30 Shigeru Takaoka 11.4 M35 Yutaka Akada 11.5	37 M50
M40 Kouzou Kaibara 11.9 M45 Shigeo Yakushiji 12.0	05 W30
M50 RyoskukeIsurumakil2. M55 Akio Tanaka 12.	
M60 T Kawashima 13. M65 Hideya Yamasaki 13.	14 W50
M70 Shigehiko Zaibe 14. M75 Noboru Saitou 15.	94
M80 Tokutaro Sano 17.	30 Mor
M85+I Iwamoto 18. W30 Kumiko Tanaka 13.	Suzi
W35 Yumiko Shimojyo 13.	93 4x1
W45 Kiyo Harima 14.	52 sak
W50 Reiko Nariishi 14. W55 Midori Yamamoto 14.	57 High
W60 Nobue Irie 16.4 W70+Fumi Yamada 20.4	40 M30
200m	M40
M30 Y Kawahara 22.4 M35 Yutaka Akada 22.5	M50
M40 Kozo Kaibara 23. M45 Motomi Ikehata 24.	M60
M50 R Tsurumaki 24.4 M55 Masahiro Sunami 25.7	1110
M60 T Kawashima 26.7 M65 Hideva Yamazaki 27.7	M75 M80
M60 T Kawashima 26.1 M65 Hideya Yamazaki 27.1 M70 GentarouWatanabe 30.1 M75 Fumitaka Yamada 32.1 M80 Tokutaro Sano 38.1	75 W30
M80 Tokutaro Sano 38.2 M85 J Iwamato 39.0	24 W45
W30 Kumiko Tanaka 28.	20 855
W35 Masae Yoda 28.3 W40 F Akamine 28.3	54 ₩60
W50 Reiko Nariishi 29.8	Pole
W55 Midori Yamamoto 30.4 W60 Nobue Irie 34.6	
W70+Kikue Teshima 46.1	
M30 Toru Adachi 56.9	M50
M35 Yoshitaka Jyoma 51.2 M40 Akiharu Doita 54.8	24 M60
M45 Ryoichi Abo 56.0 M50 S Kabayashi 57.7	01 H70
M55 Hidehiko Higo 59.0 M60 Tetsuo Kawashima 60.5	03
M65 Hisagi Tamoto 65.5	50 Long
M70 Gentaro Watanabe 71.5 M75 F Yamada 75.7	13 H35
H80 T Morimoto 91.5	M45
M30 Kenii Pulii 2:00	
H40 T Aoyanagi 2:03	3.0 M65
M50 Naotoku Kusuda 2:12	2.2 M75
M55 Hidehiko Higo 2:10 M60 Morio Watanabe 2:20	6.7 M80
M65 Goro Kawasaki 2:35	5.6 435
M70 Ken Nakatani 2:42 M75 Kosaku Kanamori 2:54	0
MSO Miharu Ueda 3:38 W30 Shinobu Kurosaki 2:21	.9 W55
W35 H Watanabe 2:32 W40 Yaeko Noguchi 2:42	.2 W60
U45 M Nishikawa 2:34	.7
W50 Naruyo Miyamichi 2:50 W55 Setsuko Adachi 2:52 W60 Sadako Okamoto 3:20	.0 M30
W60 Sadako Okamoto 3:20 W70+Kikue Teshima 4:30	0.0 H40
1500m	M50

sters News	PERMIT THE
W35 Hiroko Watanabe	5:01.0
W40 Hisae Okuhara	5:24.5
W45 M Nishikawa W50 Y Nishihara	5:10.0
W55 Toshiko Sakurai	6:00.1
W60 Sadako Okamoto	6:28.0
Section of the sectio	12:10.0
M30 Yukio Kurosaki	16:32.5
M35 Iko Kawamoto	15:49.0
M40 M Watanabe	15:45.5
M45 Masayuki Shibuya M50 Takao Aida	16:37.1
M55 Shinobu Migita	17:05.1
	18:10.2 19:29.7
M70 Tzo Sato	21:57.7
	22:38.6
M80 Masao Konno W30 Shinobu Kurosaki	
W35 H Watanabe	18:56.2
	21:11.5 19:04.4
W50 N Miyamichi	21:26.0
W60 Sadako Okamoto	24:29.5
Short Hurdles	
M30 Daisuke Mihara	16.94
M35 Kiyoto Kawashima M40 K Kuroiwa	15.30
M45 Katsuyoshi Otani	
M50 Motonori Tatazum	
M55 Fumio Kuroki W30 Kazuyo Kimura	17.31
W40 Miyoko Maeda	15.53
W45 C Nakamura	14.52
W50 Takako Nara W55 M Yamamoto	15.80 17.19
4x100m Relay Men Mori 58, Akada 37, D	01 63
Suzuki 42	46.89
4x100m Relay Women	
4x100m Relay Women Tanaka 30, Yoda 35,	Kawa-
saki 31, Akamine 40	52.30
High Jump	
M30 Hideyuki Tanaka	1.50
M35 Kenichi Enjyoli M40 Yoshito Imabashi	1.96
M45 Noboru Utsugi	1.50
M50 Kiyoshi Tajima	1.60
M55 N Higashi M60 Takeshi Oikawa	1.55
M65 Kiichi Yamauchi	1.35
M70 Takuro Miura M75 Iwao Fujinawa	1.35
M80 Kunto Hosokawa	1.00
W30 Tamami Yagi W35 Sumie Kato	1.55
W40 Reika Yamamoto	1.25
W45Kiyoko Ogawa W50 Teruko Suzuki	1.30
W55 Kazuyo Yokoi	
	1.15
W60 Haruko Koshya	
W60 Haruko Koshya	1.15
Pole Vault M30 Yoneto Tanaka	1.15 1.05
Pole Vault M30 Yoneto Tanaka	1.15 1.05 3.50 4.20
Pole Vault M30 Yoneto Tanaka M35 Y Takanazawa M40 F Miyabe M45 K Minobe	1.15 1.05
Pole Vault M30 Yoneto Tanaka M35 Y Takanazawa M40 F Miyabe M45 K Minobe	3.50 4.20 4.00 3.40 3.01
Pole Vault M30 Yoneto Tanaka M35 Y Takanazawa M40 F Miyabe M45 K Minobe	1.15 1.05 3.50 4.20 4.00 3.40 3.01 3.30
Pole Vault M30 Yoneto Tanaka M35 Y Takanazawa M40 F Miyabe M45 K Minobe	3.50 4.20 4.00 3.40 3.01 3.30 3.10 2.71
Pole Vault M30 Yoneto Tanaka M35 Y Takanazawa M40 F Miyabe M45 K Minobe M50 Mitoshi Kouno M55 Hideo Taguchi M60 Sueo Kobayashi M65 Saichi Kiuchi M70 Tomo Tsunose	3.50 4.20 4.00 3.40 3.01 3.30 3.10 2.71 2.20
Pole Vault M30 Yoneto Tanaka M35 Y Takanazawa M40 F Miyabe M45 K Minobe M50 Hitoshi Kouno M55 Hideo Taguchi M60 Sueo Kobayashi M65 Saichi Kiuchi M70 Tomo Tsunose M75 M Morita	3.50 4.20 4.00 3.40 3.01 3.30 3.10 2.71
Pole Vault M30 Yoneto Tanaka M35 Y Takanazawa M40 F Miyabe M45 K Minobe M50 Hitoshi Kouno M55 Hideo Taguchi M60 Sueo Kobayashi M65 Saichi Kiuchi M70 Tomo Tsunose M75 M Morita	3.50 4.20 4.00 3.40 3.01 3.30 3.10 2.71 2.20 2.20
Pole Vault M30 Yoneto Tanaka M35 Y Takanazawa M40 F Miyabe M45 K Minobe M50 Hitoshi Kouno M55 Hideo Taguchi M60 Sueo Kobayashi M65 Saichi Kiuchi M70 Tomo Tsunose M75 M Morita Long Jump M30 Y Kawahara	3.50 4.20 4.00 3.40 3.01 2.71 2.20 2.20
W60 Haruko Koshya Pole Vault M30 Yoneto Tanaka M35 Y Takanazawa M40 F Miyabe M50 Hitoshi Kouno M55 Hideo Taguchi M60 Sueo Kobayashi M65 Saichi Kiuchi M70 Tomo Tsunose M75 M Morita Long Juap M30 Y Kawahara M35 Hideyuke Hata M40 Yoshito Imahashi	3.50 4.20 4.00 3.40 3.01 3.310 2.71 2.20 2.20
Pole Vault M30 Yoneto Tanaka M35 Y Takanazawa M40 F Miyabe M45 K Minobe M50 Hitoshi Kouno M55 Hideo Taguchi M60 Sueo Kobayashi M65 Saichi Kiuchi M70 Tomo Tsunose M75 M Morita Long Jump M30 Y Kawahara M35 Hideyuke Hata M40 Yoshito Imahashi M45 Masaharu Akaishi	3.50 4.20 4.00 3.40 3.40 3.10 2.71 2.20 2.20
Pole Vault M30 Yoneto Tanaka M35 Y Takanazawa M40 F Miyabe M45 K Minobe M50 Hitoshi Kouno M55 Hideo Taguchi M60 Sueo Kobayashi M65 Saichi Kiuchi M70 Tomo Tsunose M75 M Morita Long Jump M30 Y Kawahara M55 Hideyuke Hata M40 Yoshito Imahashi M45 Masaharu Akaishi M50 Kiyoshi Tajima M55 Noriro Aibe	3.50 4.20 4.00 3.40 3.01 3.30 2.71 2.20 2.20 6.51 6.47 6.32 5.96 6.04
Pole Vault M30 Yoneto Tanaka M35 Y Takanazawa M40 F Miyabe M45 K Minobe M50 Hitoshi Kouno M55 Hideo Taguchi M60 Sueo Kobayashi M65 Saichi Kiuchi M70 Tomo Tsunose M75 M Morita Long Jump M30 Y Kawahara M35 Hideyuke Hata M40 Yoshito Imahashi M50 Kiyoshi Tajima M55 Noriro Aibe M60 I Miyashita	3.50 4.20 4.00 3.40 3.40 3.10 2.71 2.20 2.20 6.51 6.47 6.32 5.96 6.04 5.56 5.14
Pole Vault M30 Yoneto Tanaka M30 Yoneto Tanaka M35 Y Takanazawa M40 F Miyabe M45 K Minobe M50 Hitoshi Kouno M55 Hideo Taguchi M60 Sueo Kobayashi M65 Saichi Kiuchi M70 Tomo Tsunose M75 M Morita Long Jump M30 Y Kawahara M40 Yoshito Imahashi M45 Masaharu Akaishi M50 Kiyoshi Tajima M55 Noriro Aibe M60 I Miyashita M65 T Inamori M70 Tomo Tsunose	3.50 4.20 4.00 3.40 3.01 3.30 3.10 2.71 2.20 2.20 6.51 6.47 6.32 6.04 5.56 5.14 4.61 4.25
Pole Vault M30 Yoneto Tanaka M30 Yoneto Tanaka M35 Y Takanazawa M40 F Miyabe M45 K Minobe M50 Hitoshi Kouno M55 Hideo Taguchi M60 Sueo Kobayashi M65 Saichi Kiuchi M70 Tomo Tsunose M75 M Morita Long Jump M30 Y Kawahara M50 Hideyuke Hata M40 Yoshito Imahashi M45 Masaharu Akaishi M50 Kiyoshi Tajima M55 Noriro Aibe M60 I Miyashita M65 T Inamori M70 Tomo Tsunose M75 Masazumi Morita	3.50 4.20 4.00 3.40 3.40 3.310 2.71 2.20 2.20 6.51 6.47 6.32 5.96 6.04 4.63 4.63 4.63
W60 Haruko Koshya Pole Vault M30 Yoneto Tanaka M35 Y Takanazawa M40 F Miyabe M50 Hitoshi Kouno M55 Hideo Taguchi M60 Sueo Kobayashi M65 Saichi Kiuchi M70 Tomo Tsunose M75 M Morita Long Juap M30 Y Kawahara M35 Hideyuke Hata M40 Yoshito Imahashi M50 Kiyoshi Tajima M55 Noriro Aibe M60 I Miyashita M65 T Inamori M70 Tomo Tsunose M75 Masazumi Morita M80 Kinio Hosokawa	3.50 4.20 4.00 3.40 3.40 3.10 2.71 2.20 2.20 6.51 6.47 6.32 5.96 6.04 5.51 4.61 4.23 4.34 3.34
Pole Vault M30 Yoneto Tanaka M35 Y Takanazawa M40 F Miyabe M45 K Minobe M50 Hitoshi Kouno M55 Hideo Taguchi M60 Sueo Kobayashi M65 Saichi Kiuchi M70 Tomo Tsunose M75 M Morita Long Jump M30 Y Kawahara M35 Hideyuke Hata M40 Yoshito Imahashi M45 Masaharu Akaishi M50 Kiyoshi Tajima M55 Noriro Aibe M60 I Miyashita M55 T Inamori M70 Tomo Tsunose M75 Masazumi Morita M80 Kinio Hosokawa W30 Tamami Yagi W35 Sumie Kato	3.50 4.20 4.00 3.40 3.01 3.30 2.71 2.20 2.20 6.51 6.47 6.32 6.04 5.56 5.14 4.61 4.25 4.34 3.34
W60 Haruko Koshya Pole Vault M30 Yoneto Tanaka M35 Y Takanazawa M40 F Miyabe M50 Hitoshi Kouno M55 Hideo Taguchi M60 Sueo Kobayashi M60 Saichi Kiuchi M70 Tomo Tsunose M75 M Morita Long Jump M30 Y Kawahara M35 Hideyuke Hata M40 Yoshito Imahashi M45 Masaharu Akaishi M50 Kiyoshi Tajima M55 Noriro Aibe M60 I Miyashita M65 T Inamori M70 Tomo Tsunose M75 Masazumi Morita M80 Kinio Hosokawa W30 Tamami Yagi W35 Sumie Kato W40 Akiko Ohyuga	1.15 1.05 3.50 4.20 4.00 3.40 3.40 3.10 2.71 2.20 2.20 6.51 6.32 5.96 6.04 4.63 4.63 4.63 4.63 5.56 5.14 4.61 4.25 4.34 3.34 5.06 4.25 4.34 3.34 5.06 6.06 6.06 6.06 6.06 6.06 6.06 6.06
Pole Vault M30 Yoneto Tanaka M35 Y Takanazawa M40 F Miyabe M45 K Minobe M50 Hitoshi Kouno M55 Hideo Taguchi M60 Sueo Kobayashi M65 Saichi Kiuchi M70 Tomo Tsunose M75 M Morita Long Jump M30 Y Kawahara M35 Hideyuke Hata M40 Yoshito Imahashi M45 Masaharu Akaishi M50 Kiyoshi Tajima M55 Noriro Aibe M60 I Miyashita M55 Koriro Aibe M60 I Miyashita M55 Kasazumi Morita M80 Kinio Hosokawa W30 Tamami Yagi W35 Sumie Kato W40 Akiko Ohyuga W45 Fukue Arita W50 Midori Kuratsu	3.50 4.20 4.00 3.40 3.40 3.01 3.30 2.71 2.20 2.20 6.51 6.47 6.32 5.96 6.04 5.56 5.14 4.61 4.25 4.34 4.89 5.25 4.34 4.35
Pole Vault M30 Yoneto Tanaka M35 Y Takanazawa M40 F Miyabe M45 K Minobe M50 Hitoshi Kouno M55 Hideo Taguchi M60 Sueo Kobayashi M65 Saichi Kiuchi M70 Tomo Tsunose M75 M Morita Long Jump M30 Y Kawahara M35 Hideyuke Hata M40 Yoshito Imahashi M45 Masaharu Akaishi M55 Noriro Aibe M60 I Miyashita M65 T Inamori M70 Tomo Tsunose M75 Masazumi Morita M80 Kinio Hosokawa W30 Tamami Yagi W35 Sumie Kato W40 Akiko Ohyuga W45 Fukue Arita W50 Midori Kuratsu W55 Kazuyo Yokoi	1.15 1.05 3.50 4.20 4.00 3.40 3.310 2.71 2.20 2.20 6.51 6.32 5.96 6.04 4.63 5.55 5.14 4.61 4.25 4.34 3.34 5.06 4.89 5.25 4.34 4.33 4.34 4.34
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W60 Haruko Koshya Pole Vault M30 Yoneto Tanaka M35 Y Takanazawa M40 F Miyabe M45 K Minobe M50 Hitoshi Kouno M55 Hideo Taguchi M60 Sueo Kobayashi M60 Saichi Kiuchi M70 Tomo Tsunose M75 M Morita Long Jump M30 Y Kawahara M35 Hideyuke Hata M40 Yoshito Imahashi M50 Kiyoshi Tajima M55 Morito Aibe M60 I Miyashita M65 T Inamori M70 Tomo Tsunose M75 Mesazumi Morita M80 Kinio Hosokawa W30 Tamami Yagi W35 Sumie Kato W40 Akiko Ohyuga W45 Fukue Arita W50 Kidori Kuratsu W55 Kazuyo Tokoi W60 T Fukushima Triple Jump	3.50 4.20 4.20 3.40 3.40 3.01 3.30 3.10 2.71 2.20 2.20 6.51 6.47 6.32 5.96 6.04 5.56 4.34 4.35 3.34 5.06 4.89 5.25 4.34 4.35 3.46
W60 Haruko Koshya Pole Vault M30 Yoneto Tanaka M35 Y Takanazawa M40 F Miyabe M50 Hitoshi Kouno M55 Hideo Taguchi M60 Sueo Kobayashi M65 Saichi Kiuchi M70 Tomo Tsunose M75 M Morita Long Jump M30 Y Kawahara M35 Hideyuke Hata M40 Yoshito Imahashi M45 Masaharu Akaishi M50 Kiyoshi Tajima M55 Moriro Aibe M60 I Miyashita M55 T Inamori M70 Tomo Tsunose M75 Masazumi Morita M80 Kinio Hosokawa W30 Tamami Yagi W35 Sumie Kato W40 Akiko Ohyuga W45 Pukue Arita W50 Midori Kuratsu W55 Kazuyo Yokoi W60 T Pukushima Triple Jump	3.50 4.20 4.00 3.40 3.40 3.01 3.30 2.71 2.20 2.20 6.51 6.47 6.32 5.96 6.04 5.56 6.04 5.51 4.42 4.43 4.43 4.43 4.43 4.43 4.43 4.43
Pole Vault M30 Yoneto Tanaka M35 Y Takanazawa M40 F Miyabe M40 F Miyabe M50 Hitoshi Kouno M55 Hideo Taguchi M60 Sueo Kobayashi M65 Saichi Kiuchi M70 Tomo Tsunose M75 M Morita Long Juap M30 Y Kawahara M35 Hideyuke Hata M40 Yoshito Imahashi M45 Masaharu Akaishi M50 Kiyoshi Tajima M55 Moriro Aibe M60 I Miyashita M55 T Inamori M70 Tomo Tsunose M75 Masazumi Morita M80 Kinio Hosokawa W30 Tamami Yagi W30 Sumie Kato W40 Akiko Ohyuga W45 Pukue Arita W50 Midori Kuratsu W55 Kazuyo Yokoi W60 T Pukushima Triple Jump M30 Masato Kobayashi M35 Masanori Itoku	1.15 1.05 3.50 4.20 4.00 3.40 3.310 2.71 2.20 2.20 6.51 6.32 5.96 6.04 4.63 5.55 5.14 4.61 4.25 4.34 3.34 5.06 5.25 4.34 4.35 5.25 4.34 6.32 5.25 4.34 6.32 6.32 6.32 6.32 6.32 6.32 6.32 6.33 6.33
Pole Vault M30 Yoneto Tanaka M35 Y Takanazawa M40 F Miyabe M45 K Minobe M50 Hitoshi Kouno M55 Hideo Taguchi M60 Sueo Kobayashi M65 Saichi Kiuchi M70 Tomo Tsunose M75 M Morita Long Jump M30 Y Kawahara M35 Hideyuke Hata M40 Yoshito Imahashi M50 Kiyoshi Tajima M55 Noriro Aibe M60 I Miyashita M65 T Inamori M70 Tomo Tsunose M75 Masarumi Morita M80 Kinio Hosokawa W30 Tamami Yagi W35 Sumie Kato W40 Akiko Ohyuga W45 Pukue Arita W50 Kidori Kuratsu W55 Kazuyo Yokoi W60 T Fukushima Triple Jump M30 Masato Kobayashi M35 Masanori Itoku M40 Yoshito Imahashi M45 Yoshito Akama	1.15 1.05 3.50 4.20 4.20 3.40 3.40 3.01 3.30 3.10 2.71 2.20 2.20 6.51 6.47 6.32 5.96 6.04 5.56 6.04 5.56 4.34 4.35 3.34 5.06 4.89 5.25 4.34 4.35 3.46 2.96
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35 Hiroko Watanabe 5:01.0 40 Hisae Okuhara 5:24.5	Sho M30
45 M Nishikawa 5:10.0 50 Y Nishihara 5:45.5	M35
55 Toshiko Sakurai 6:00.1 60 Sadako Okamoto 6:28.0	M45
70+Kamee Yamada 12:10.8	M55
000m 30 Yukio Kurosaki 16:32.5	M65
35 Iko Kawamoto 15:49.0 40 M Watanabe 15:45.5	M7 5
40 M Watanabe 15:45.5 45 Masayuki Shibuyal6:19.8 50 Takao Aida 16:37:1	M8 0
55 Shinobu Migita 17:05.1 60 Yoshio Endo 18:10.2	W35
65 Y Miyauchi 19:29.7 70 Izo Sato 21:57.7	W45
75Kosaku Kanamori 22:38.6	W55
80 Masao Konno 23:49.1 30 Shinobu Kurosakil7:51.8	W65
35 H Watanabe 18:56.2 40 Eiko Ishii 21:11.5	Dis
45 M Nishikawa 19:04.4 50 N Miyamichi 21:26.0	M30
60 Sadako Okamoto 24:29.5	M40
hort Hurdles 30 Daisuke Mihara 16.94	M50
35 Kiyoto Kawashima 15.30	M60
40 K Kuroiwa 16.55 45 Katsuyoshi Otani 18.27	H70
150 Motonori Tatazumile.00 155 Fumio Kuroki 17.31	M80
730 Kazuyo Kimura 18.10 740 Miyoko Maeda 15.53	W3(
145 C Nakamura 14.52 150 Takako Nara 15.80	W49
755 M Yamamoto 17.19	W50
x100m Relay Men	
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x100m Relay Women	
x100m Relay Women Canaka 30, Yoda 35, Kawa- saki 31, Akamine 40 52.30	
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High Jump 130 Hideyuki Tanaka 1.50 135 Kenichi Enjyoli 1.96	
35 Kenichi Enjyoli 1.96 40 Yoshito Imabashi 1.75	
30 Hideyuki Tanaka 1.50 135 Kenichi Enjyoli 1.96 140 Yoshito Imabashi 1.75 145 Noboru Utsugi 1.50 150 Kiyoshi Tajima 1.60	Tere was
155 N Higashi 1.55 160 Takeshi Oikawa 1.50	11
165 Kiichi Yamauchi 1.35 170 Takuro Miura 1.35 175 Iwao Fujinawa 1.29	Me
75 Iwao Fujinawa 1.29 80 Kunio Hosokawa 1.00	C
180 Kunio Hosokawa 1.00 130 Tamami Yagi 1.55 135 Sumie Kato 1.35	Mich
40 Kelko lamamoto 1.25	Robe
745Kiyoko Ogawa 1.30 750 Teruko Suzuki 1.20	Robe Bill
755 Kazuyo Yokoi 1.15 760 Haruko Koshya 1.05	Sher
Pole Vault	Step
(30 Yoneto Tanaka 3 50	Gene Keva
35 Y Takanazawa 4.20 440 F Miyabe 4.00	Henr
440 F Miyabe	Joha
155 Hideo Taguchi 3.30 160 Sueo Kobayashi 3.10	Mary
165 Saichi Kiuchi 2.71 170 Tomo Tsunose 2.20	Sul
75 M Morita 2.20	
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ong Jump BO Y Kawahara 6.51 BS Hideyuke Hata 6.47	
40 Yoshito Imahashi 6.32 45 Masaharu Akaishi 5.96	M45
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60 I Miyashita 5.14	
70 Tomo Tsunose 4.25	America .
(75 Masazumi Morita 4.34 (80 Kinio Hosokawa 3.34	
30 Tamami Yagi 5.06 35 Sumie Kato 4.89	
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55 Kazuyo Yokoi 3.46 60 T Fukushima 2.96	
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riple Jump 30 Masato Kobayashi 12.09 35 Masanori Itoku 13.55	Cer
40 Yoshito Imahashi 13.29	Bob Ahme
45 Yoshio Akama 11.97	Dani

	A HELD
Shot Put	
M30 Y Funabiki	12.57
M35 N Ishida	13.14
M40 K Matsumoto	13.29
M45 Hiroshi Yamada	11.87
M50 Y Sugata	14.23
M55 Masaaki Hamada	11.33
M60 Takao Takano	11.07
M65 Matsuo Sasaoka	10.02
M70 Takashi Yokota	10.10
M75 Takeo Nonoka	9.65
M80 Saburo Ozawa M85 Masami Okazaki	7.57
W35 S Nioizaka	MINISTER PROPERTY AND ASSESSMENT
W40 Kiyomi Diwa	8.68
W45 Motoko Narushima	
W50 Tomoko Shiniyo	9.61
W55 Sachiko Tani	7.41
W60 Keiko Fukazama	7.66
W65 Isuzu Tsujii	8.35
W70+Masayo Konoiko	6.86
Character Charles	CONTRACT OF
M30 Yasushi Inque	33.04
M35 Shyunichi Senda	34.60
M40 K Matsumoto	37.06
M45 Miseo Terada	34.08
M50 Minoru Noda	41.76
M55 Akiyoshi Nakao	36.48
M60 Takao Takano	36.82
M65 Susumu Irino	37.86
M70 Iakashi Yokota	30.18
M75 Takeo Nonaka	28.54
M80 Yukio Kouno	21.52
M85+H Okazaki	22.28
W30 Yuko Urata	34.72
W40 Kiyomi Oiwa	31.46
W45 Yasu Abe	26.90
W50 Sumiko Imoto	26.10
	and though

W55 Yukiko Tani	17.54
W60 Taeko Fukushima	18.32
W65 Isuzu Tsujii	21.78
W70+M Kounike	13.80
	是被影響的特別
Javelin	
M30 Motonobu Nofuji	35.54
M35 H Yamagushi	58.20
M40 Kenichi Ogawa	57.88
M45 Noaki Watada	51.50
M50 Ukichi Akiyama	56.22
M55 Toshiyuki Mihar	a 41.24
M60 Zenichi Matsumo	
M65 Yoshiteru Inada	
M70 Shigehiko Laibe	
M75 Kan Endo	25.86
M80 Yukio Kouno	21.98
M85+Masami Okazaki	24.34
W35 Keiko Akegai	39.30
W40 Kiyomi Oiwa	40.40
W45 Teruko Kuba W50 Tomoko Shiniyo	24.30 29.22
W55 Eiko Nishimoto	21.68
W60 Keiko Fukazawa	29.12
W65 Isuzu Tsujii	18.74
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3000mRW	
M35 Hirotoshi Naka	14:07.3
M40 Takayuki Uchida	
M45 Teruhiko Asano	14:30.1
M50 Shigeharu Sera	14:54.6
M55 Toshiaki Tanaka	
M60 T Kitamura	17:45.7
M65 F Arimitsu	17:40.0
W40 Akiko Kataoka	21:43.3
W45 Atsuko Yamauchi	
W50 Masako Nagate	18:35.7
W60 Fumiko Tsujitan	123:47.5

LONG DISTANCE **RESULTS**

Please send masters race results to: National Masters News, P.O. Box 2372, Van Nuys, CA 91404. Please include date, distance and city.

EAST

ercedes Mile Qualifier No. 1 Central Park, NYC: July 8

Central Fark, IV	C, Ju	y o
Michael Wilson	44	4:42
Kevin Smith	44	5:06
Robert Colton	49	5:06
Roberto Velez	46	5:15
Bill Walsh	52	5:21
Sherman Warner	45	5:21
Alberto O'Campo	50	5:22
Stephen Klein	44	5:38
Hector Pacheco	61	5:58
Gene Carbine	53	6:08
	41	6:44
Kevan Cleary	-	STATE OF THE PARTY OF
Henry Schwartz	50	7:01
Charles Shelley	51	8:02
LUZZI Bertelli		PERSONAL PROPERTY.
Johana Carter	40	6:10
Mary Spera	43	6:27

baru Buffalo 4-Mile Chase Buffalo, NY; July 21

	The state of the s	ALC: NO STATE OF THE PARTY OF T
M40	John Campbell	18:31
deless	Ken Hamilton	19:35
DESCRIPTION OF THE PERSON OF T	Dale Keenan	19:48
	Richard Hughson	19:58
一个企业工	Richard Hoebeke	21:00
M45	Atlaw Belilgne	20:20
W40	Nancy Oshier	22:28
5-14-16-165	Nancy Grayson	22:51
	Barbara Filutze	23:01
	Judy Dell	24:53
300	Karen Kinel	26:05
THE THE	STREET, A VALUE	STATE OF THE



rcedes Mile Qualifier No. 2 ntral Park, NYC; August 4

1965年至404日 - 本人 (日本) · 日本	100,000 000	THE WORLD
Bob Moritz	41	4:51
Ahmed Mead	40	5:00
Daniel Hamner	50	5:01
Kevin Smith	44	5:05
Roberto Velez	46	5:09
Robert Burke	42	5:12
Alberto O'Campo	50	5:18
Hector Pacheco	61	5:51
Joseph Simonte	62	6:27
Henry Schwartz	50	6:33
Wallace Cutler	67	6:54
		E-14-10
Jane Millspaugh	40	5:28
Anna Thornhill	50	5:45
Mary Rosado	40	6:01
Mary Spera	43	6:18
The state of the s	- X	Mark Street Land

NYRRC Reservoir Run 5K Central Park, NYC; August 5

The state of the state of the state of	
Overall	
Idris Mohamed 28	15:09
Cynthia Austrian 24	18:48
Cynthia Austrian 24	
M40 Mike Wilson	16:50
Philip Yardy	17:31
Arthur Linden	17:49
M45 Atlaw Belilgne	15:57
Sam Skinner	16:42
Justino Valentin	18:18
M50 Ramon Ruiz	17:53
Dan Hamner MD	17:54
Alberto Ocampo	18:17
M55 Ruben Cordon	17:55
HJJ Ruben Cordon	
Eric Seiff	20:21
Jose Rodriguez	20:24
M60 Hector Pacheco	19:26
George Thompson	19:49
deorge Thompson	20:25
Joseph Burns	
M65 William Coyne	22:14
Joe O'Neill	25:24
Dominick Morea	27:51
M70 Vince Carnevale	23:56
Roberto Renny	25:38
Wilfredo Rios	25:43
to the Helps of persons and the land	STATE OF THE PARTY
W40 Johana Carter	22:20
Arlynne Miller	24:45
Beth Posner	25:58
W45 Marilyn Greeley	19:43
was natifyll offeetey	
Marjorie Kos	22:36
Susanna Beltrandi	22:37
W50 Anna Thornhill	19:20
PattyLee Parmalee	21:26
Judy Rubinstein	21:36
W55 Wen-Shi Yu	22:29
Esther Marcus	24:29
Adele Stroh	28:27
W60 Daisy Klein	28:32
Arlene Kernis	31:08
Barbara Beck	32:32
W70+Mayme Bdera 75	41:26
Bertha Bell	49:10
Racewalkers	Section 2
I Alan Jacobson 25	24:44
1 Alan Jacobson 35 3 Stan Shechter 57	
3 Stan Shechter 57	28:36
1 Amy Tonsits 32	38:03
2 Marj Ackerman 37	41:13
Joan Dworetzky 39	41:34
finishers: 648m: 360w.	76°.
	10.
74%h, w S 12mph.	300
いま 「中でのでき、アントルインをでいる」	

Asbury Park 10K Classic Asbury Park, NJ August 11

LESS.	据表现300万元——中央数据数据10万	
M40	John Campbell	29:11.9
198	Anthony Greer	31:55.0
	Harold Nolan	32:24.8
	Philip Kircher	33:09.6
	Richard Hoebeke	33:09.7
100	Sheldon Karlin	33:43.2
	Continued on	nevt nage

Continued from previous page Roger Price 33:51.1	W65 Lucille Mancini 57:52.3 Trudy Schmidt 1:06:11.5
Jack Fultz 34:11.4	Marie Stover 1:18:06.3
Thomas Hall 34:23.0 Barry Firestone 34:54.2	W70 A. Jureidini 1:09.19.7 A. Salmini 1:25:42.1
M45 Atlaw Belilgne 32:10.0 Barry Brown 32:50.0	
Sam Huckel 34:57.0	Mercedes Mile Qualifier No. 3
Samuel Skinner 35:01.4 Pat Cosgrove 35:07.0	Central Park, NYC
George Wittman 36:39.9	August 18
Roy Carl 36:42.9 Jeff Martin 36:56.6	Mike Wilson 44 4:3 Mike Blake 40 4:4
David Sauls 36:58.8	Kevin Smith 44 4:5. Gabriel Bernal 51 4:5.
Julio Lugo 37:37.6 M50 Gabriel Bernal 33:59.7	Seth Kaminsky 50 4:5
Fay Bradley 34:14.0	Robert Colton 50 5:0 Daniel Hamner 50 5:0
Herb Lorenz 34:29.4 Jim Fillis 36:31.7	Salih Talib 45 5:0
Dan Hamner 36:38.0	Robert Burke 42 5:10 Alan Fairbrother 54 5:20
Victor Cruz 37:20.1 Mel Cowgill 38:18.1	Alberto Ocampo 50 5:2
Mel Cowgill 38:18.1 John Weatherly 38:25.4	Gene Carbine 54 5:20 Clifford Pauling 55 5:20
James Sherman 38:45.1 Victor Antonio 38:56.2	Steve Klein 44 5:3 John McManus 67 5:5
M55 Norman Green, Jr. 34:20.5	Joseph Collins 45 5:5
Jay Sturdevant 38:23.6	Joseph Simonte 62 6:2 Henry Schwartz 50 6:3
Alex Kasten 38:37.8 Clifford Gerenz 39:11.5	Frank Miele 51 6:4
Douglas Rowlatt 40:04.3	Mary Rosado 40 5:5
John Crawford 40:59.1 Charles Clark 41:26.3	Johana Carter 41 6:1
Wm. Phelan 42:56.0	Normal Charles
Douglass Kelley 43:11.4 Wm. Gillette 43:31.7	Mercer Street Striders Masters Twi-Light 4 Mile
M60 Bill Fortune 37:49.7	Easton, PA; August 19
Ralph Aquino 41:27.4 Hal Smith 43:16.1	M40 Mark Sepkowski 21:33.3
George Wodicka 43:25.8	Craig Reynolds 22:37.7
Joseph Simonte 45:20.8 Joseph Paoletti 47:10.6	Dave Rehring 22:40.3
Mario Cavallo 47:13.0	Joel Pasternak 22:41.8 M45 Dennis Kesolitz 23:37.4
John Noon 47:57.9 John Cornforth 48:30.9	Bill Cooper 24:32.4
Jake Landes 49:42.1	Ron Ayre 25:21.5 Jerry Zinner 25:32.6
M65 John Hosner 39:03.7 John McManus 41:10.1	John Thompson 25:50.1
Robert Henning 43:32.8	M50 Tony Cerminaro 22:36.5 Vic Cruz 22:51.5
Lester Ridings 44:12.2 David Resnikoff 46:51.0	Vince Korfmann 24:46.8
David Resnikoff 46:51.0 Jack Pennington 47:39.7	M55 Alex Kasten 24:24.7 Ben Muckenhoupt 27:21.3
Robert Thompson 48:20.3	Dom Grillo 27:23.6 M60 Burdell Faust 27:33.8
Don Sill 50:28.1 Dominick Morea 53:27.9	Oddvar Ask 27:39.7
Frank Whitty 55:07.1	Dave Dougherty 28:13.10 M70+Ernest Leh 34:25.4
M70 Fred Ely 45:56.0 Joe Makar 46:41.4	Albert Booth 36:55.9
George Sheeharr 48:21.6 Vincent Carnevale 48:27.2	W40 Vicki Ruger 25:51.50 Kathy Koberlein 30:08.00
Bill McDonough 49:57.3	Barb McKee 31:14.43 W45 Kathy Engle 33:31.03
Dudley Healy 50:01.4 Robert Hull 1:00:36.0	W50 Celeste Fondaco 29:10.53 Hazel DeReamus 32:19.13
Steven Nagy 1:00:55.9 Alan Poole 1:06:32.6	Joan Williams 33:35.34
Pat Kilpatrick 1:06:41.0	Hispanic Half-Marathon
M80 Harry Polites 57:07.2 Max Popper 1:07:46.7	Central Park, NYC
W40 Barbara Filutze 35:46.7	August 19 Overall
Nancy Oshier 35:48.4 Nancy Grayson 36:30.3	Carlos Roa 37 1:09:14
C. Ciavarella 36:50.9 Angela Hearn 37:30.1	Lisa Vaill 27 1:19:17 M40 Wm Hart 1:16:51
Jan Vermilye 38:32.2	Cary Frederick 1:18:17 Hector Vargas 1:18:37
Kathy McIntyre 38:56.2 Sylvie Kimche 39:12.1	M45 Sam Skinner 1:18:26
Betty Conover 40:43.8	Julio Lugo 1:25:03 Benny Kim 1:27:48
Jan McKeown 40:49.6 W45 Marilyn Greeley 40:01.1	M50 Gabriel Bernal 1:18:31 Ramon Ruiz 1:25:53
Carole Lelli 41:31.8	Peter Kellner 1:28:41
Nancy Prisillo 44:54.9 Carol Johnston 45:27.6	M55 Ruben Cordon 1:20:23 Cliff Gerenz 1:33:01
Marjorie Kos 46:32.6 Carolyn Langford 47:24.9	Leon Arango 1:33:59 M60 Bill Fortune 1:28:41
Angela Conte 48:03.3	Joe Burns 1:35:38
Melody Joliat 48:57.3	John Corrigan 1:36:55 M65 Lester Ridings 1:43:1
Melody Joliat 48:57.3 Carol Zeman 48:59.6 Julia Emmons 49:12.8	John Corrigan 1:36:53 M65 Lester Ridings 1:43:13 William Coyne 1:44:00
Melody Joliat 48:57.3 Carol Zeman 48:59.6	John Corrigan 1:36:5 M65 Lester Ridings 1:43:1 William Coyne 1:44:0 Terence McGinnis 1:47:3 M70 Andrew Neidnig 1:45:5
Melody Joliat 48:57.3 Carol Zeman 48:59.6 Julia Emmons 49:12.8 W50 Anna Thornhill 39:42.5 Ann Diaz 41:51.6 Cindy Clark 43:16.1	John Corrigan 1:36:5: M65 Lester Ridings 1:43:1' William Coyne 1:44:0' Terence McGinnis 1:47:3' M70 Andrew Neidnig 1:45:5' Wilfredo Rios 1:46:50
Melody Joliat 48:57.3 Carol Zeman 48:59.6 Julia Emmons 49:12.8 W50 Anna Thomhill 39:42.5 Ann Diaz 41:51.6	John Corrigan 1:36:55
Melody Joliat 48:57.3 Carol Zeman 48:59.6 Julia Emmons 49:12.8 W50 Anna Thornhill 39:42.5 Ann Diaz 41:51.6 Cindy Clark 43:16.1 Zofia Turosz 44:05.3 Helen Valent 44:53.8 Ellen Quinn 45:31.7	John Corrigan 1:36:5 M65 Lester Ridings 1:43:1 William Coyne 1:44:0 Terence McGinnis 1:47:3 M70 Andrew Neidnig 1:45:5 Wilfredo Rios 1:46:5 Vince Carnevale 1:54:2 W40 Ann Davies 1:30:1 Nannette Gonnellal:36:4 Lynda Benedetti 1:36:1
Melody Joliat 48:57.3 Carol Zeman 48:59.6 Julia Emmons 49:12.8 WSO Anna Thornhill 39:42.5 Ann Diaz 41:51.6 Cindy Clark 43:16.1 Zofia Turosz 44:05.3 Helen Quinn 45:31.7 R. Fredenthal 46:40.4 Joan Bondell 47:41.8	John Corrigan 1:36:5 M65 Lester Ridings 1:43:1 William Coyne 1:44:0 Terence McGinnis 1:47:3 M70 Andrew Neidnig 1:45:5 Wilfredo Rios 1:46:5 Vince Carnevale 1:34:2 W40 Ann Davies 1:30:1 Nannette Gonnellal:36:4 Lynda Benedetti 1:38:1 W45 Lillian Lazaridisl:47:1
Melody Joliat 48:57.3 Carol Zeman 48:59.6 Julia Emmons 49:12.8 WSO Anna Thornhill 39:42.5 Ann Diaz 41:51.6 Cindy Clark 43:16.1 Zofia Turosz 44:05.3 Helen Valent 44:53.8 Ellen Quinn 45:31.7 R. Fredenthal 46:40.4 Joan Bondell 47:41.8 Rita Alles 48:12.6	John Corrigan 1:36:5 M65 Lester Ridings 1:43:1 William Coyne 1:44:0 Terence McGinnis 1:47:3 M70 Andrew Neidnig 1:45:5 Wilfredo Rios 1:46:5 Vince Carnevale 1:56:2 W40 Ann Davies 1:30:1 Nannette Gonnellal:36:4 Lynda Benedetti 1:38:1 W45 Lilliam Lazaridisl:47:1 S Beltrandi 1:47:2 Alice Bruck 1:47:4
Melody Joliat 48:57.3 Carol Zeman 48:59.6 Julia Emmons 49:12.8 WSO Anna Thornhill 39:42.5 Ann Diaz 41:51.6 Cindy Clark 43:16.1 Zofia Turosz 44:05.3 Helen Quinn 45:31.7 R. Fredenthal 46:40.4 Joan Bondell 47:41.8	John Corrigan 1:36:5 M65 Lester Ridings 1:43:1 William Coyne 1:44:0 Terence McGinnis 1:47:3 M70 Andrew Neidnig 1:45:5 Wilfredo Rios 1:46:5 Vince Carnevale 1:54:2 W40 Ann Davies 1:30:1 Nannette Gonnellal:36:4 Lynda Benedetti 1:38:1 W45 Lillian Lazaridisl:47:1 S Beltrandi 1:47:2 Alice Bruck 1:47:4 W50 Wen-Shi Yu 1:40:4:
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Melody Joliat 48:57.3 Carol Zeman 48:59.6 Julia Emmons 49:12.8 W50 Anna Thornhill 39:42.5 Ann Diaz 41:51.6 Cindy Clark 43:16.1 Zofia Turosz 44:55.3 Helen Valent 44:53.8 Ellen Quinn 45:31.7 R. Fredenthal 46:40.4 Joan Bondell 47:41.8 Rita Alles 48:12.6 Pat Wieder 48:29.4 W55 Wen-Shi Yu 44:14.7 Thelma Wilson 49:59.5 N. Ammermuller 51:35.9 J. Chambers 52:25.4	John Corrigan 1:36:5 M65 Lester Ridings 1:43:1 William Coyne 1:44:0 Terence McGinnis 1:47:3 M70 Andrew Neidnig 1:45:5 Wilfredo Rios 1:46:5 Vince Carnevale 1:54:2 W40 Ann Davies 1:30:1 Nannette Gonnellal:36:4 Lynda Benedetti 1:38:1 W45 Lillian Lazaridisl:47:1 S Beltrandi 1:47:2 Alice Bruck 1:47:4 W50 Wen-Shi Yu 1:40:4 Edith Jones 1:46:3
Melody Joliat 48:57.3 Carol Zeman 48:59.6 Julia Emmons 49:12.8 W50 Anna Thornhill 39:42.5 Ann Diaz 41:51.6 Cindy Clark 43:16.1 Zofia Turosz 44:05.3 Helen Valent 44:53.8 Ellen Quinn 45:31.7 R. Fredenthal 46:40.4 Joan Bondell 47:41.8 Rita Alles 48:12.6 Pat Wieder 48:29.4 W55 Wen-Shi Yu 44:14.7 Thelma Wilson 49:59.5 N. Ammermuller 51:35.9 J. Chambers 52:25.4 Melva Murray 52:30.2	John Corrigan 1:36:5 M55 Lester Ridings 1:43:11 William Coyne 1:44:0 Terence McGinnis 1:47:3 M70 Andrew Neidnig 1:45:5 Wilfredo Rios 1:46:5 Vince Carnevale 1:54:2 W40 Ann Davies 1:30:10 Nannette Gonnellal:30:4 Lynda Benedetti 1:38:1 W45 Lillian Lazaridisl:47:1 S Beltrandi 1:47:2 Alice Bruck 1:47:4 W50 Wen-Shi Yu 1:40:4 Edith Jones 1:46:3 Joan Bondell 1:54:2 W60 Muriel Merl 2:00:24 Joan Fisher 2:21:3
Melody Joliat 48:57.3 Carol Zeman 48:59.6 Julia Emmons 49:12.8 W50 Anna Thornhill 39:42.5 Ann Diaz 41:51.6 Cindy Clark 43:16.1 Zofia Turosz 44:05.3 Helen Valent 44:53.8 Ellen Quinn 45:31.7 R. Fredenthal 46:40.4 Joan Bondell 47:41.8 Rita Alles 48:12.6 Pat Wieder 48:29.4 W55 Wen-Shi Yu 44:14.7 Thelma Wilson 49:59.5 N. Ammermuller 51:35.9 J. Chambers 52:25.4	John Corrigan 1:36:5 M65 Lester Ridings 1:43:1 William Coyne 1:44:0 Terence McGinnis 1:47:3 M70 Andrew Neidnig 1:45:5 Wilfredo Rios 1:46:5 Vince Carnevale 1:34:2 W40 Ann Davies 1:30:1 Nannette Gonnellal:36:4 Lynda Benedetti 1:38:1 W45 Lillian Lazaridis1:47:1 S Beltrandi 1:47:2 Alice Bruck 1:47:4 W50 Wen-Shi Yu 1:40:4 Edith Jones 1:46:3 Joan Bondell 1:54:2 W60 Muriel Merl 2:00:2 Daisy Klein 2:09:44
Melody Joliat	John Corrigan 1:36:5 M65 Lester Ridings 1:43:11 William Coyne 1:44:0 Terence McGinnis 1:47:3 M70 Andrew Neidnig 1:45:5 Wilfredo Rios 1:46:5 Vince Carnevale 1:54:2 W40 Ann Davies 1:30:11 Nannette Gonnellal:36:4 Lynda Benedetti 1:38:11 W45 Lillian Lazaridisl:47:1 S Beltrandi 1:47:2 Alice Bruck 1:47:4 W50 Wen-Shi Yu 1:40:4 Edith Jones 1:46:3 Joan Bondel 1:54:22 W60 Muriel Merl 2:00:2 Daisy Klein 2:09:46 Joan Fisher 2:21:33 finishers: 1260m; 391w. 78°, 87Zh, w SW 7mph
Melody Joliat 48:57.3 Carol Zeman 48:59.6 Julia Emmons 49:12.8 WSO Anna Thornhill 39:42.5 Ann Diaz 41:51.6 Cindy Clark 43:16.1 Zofia Turosz 44:05.3 Helen Valent 44:53.8 Ellen Quinn 45:31.7 R. Fredenthal 46:40.4 Joan Bondell 47:41.8 Rita Alles 48:12.6 Pat Wieder 48:29.4 WS5 Wen-Shi Yu 44:14.7 Thelma Wilson 49:59.5 N. Ammermuller 51:35.9 J. Chambers 52:25.4 Melva Murray 52:30.2 Kirsten Holman 57:51.2 S. Pettijohn 1:00:06.7 Denise Kitchell 1:02:27.9 M. Frankenbach 1:04:14.4 Naomi Kelley 1:04:44.1	John Corrigan 1:36:5 M65 Lester Ridings 1:43:1 William Coyne 1:44:0 Terence McGinnis 1:47:3 M70 Andrew Neidnig 1:45:5 Wilfredo Rios 1:46:5 Vince Carnevale 1:36:4 W40 Ann Davies 1:30:1 Nannette Gonnellal:36:4 Lynda Benedetti 1:38:1 W45 Lillian Lazaridisl:47:1 S Beltrandi 1:47:2 Alice Bruck 1:47:4 W50 Wen-Shi Yu 1:40:4 Edith Jones 1:46:3 Joan Bondell 1:54:2 W60 Muriel Merl 2:00:2 Daisy Klein 2:09:4 Joan Fisher 2:21:3 finishers: 1260m; 391w. 78°, 87Zh, w SW 7mph Back-To-Work 4 Mile
Melody Joliat 48:57.3 Carol Zeman 48:59.6 Julia Emmons 49:12.8 WSO Anna Thornhill 39:42.5 Ann Diaz 41:51.6 Cindy Clark 43:16.1 Zofia Turosz 44:05.3 Helen Valent 44:53.8 Ellen Quinn 45:31.7 R. Fredenthal 46:40.4 Joan Bondell 47:41.8 Rita Alles 48:12.6 Pat Wieder 48:29.4 WS5 Wen-Shi Yu 44:14.7 Thelma Wilson 49:59.5 N. Ammermuller 51:35.9 J. Chambers 52:25.4 Melva Murray 52:30.2 Kirsten Holman 57:51.2 S. Petijohn 1:00:06.7 Denise Kitchell 1:02:27.9 M. Frankenbach 1:04:44.1 Naomi Kelley 1:04:44.1	John Corrigan 1:36:5 M65 Lester Ridings 1:43:11 William Coyne 1:44:0 Terence McGinnis 1:47:3 M70 Andrew Neidnig 1:45:5 Wilfredo Rios 1:46:5 Vince Carnevale 1:54:2 W40 Ann Davies 1:30:11 Nannette Gonnellal:36:4 Lynda Benedetti 1:38:11 W45 Lillian Lazaridisl:47:1 S Beltrandi 1:47:2 Alice Bruck 1:47:4 W50 Wen-Shi Yu 1:40:4 Edith Jones 1:46:3 Joan Bondel 1:54:22 W60 Muriel Merl 2:00:2 Daisy Klein 2:09:46 Joan Fisher 2:21:33 finishers: 1260m; 391w. 78°, 87Zh, w SW 7mph
Melody Joliat 48:57.3 Carol Zeman 48:59.6 Julia Emmons 49:12.8 W50 Anna Thornhill 39:42.5 Ann Diaz 41:51.6 Cindy Clark 43:16.1 Zofia Turosz 44:05.3 Helen Valent 44:53.8 Ellen Quinn 45:31.7 R. Fredenthal 46:40.4 Joan Bondell 47:41.8 Rita Alles 48:12.6 Pat Wieder 48:29.4 W55 Wen-Shi Yu 44:14.7 Thelma Wilson 49:59.5 N. Ammermuller 51:35.9 J. Chambers 52:25.4 Melva Murray 52:30.2 Kirsten Holman 57:51.2 S. Pettijohn 1:00:06.7 Denise Kitchell 1:02:27.9 M. Frankenbach 1:04:14.4 Naomi Kelley 1:04:44.1 W60 Toshiko Delia 44:42.9 Agnes Reinhard 51:34.7 Dot Farley 56:31.1	John Corrigan 1:36:5 M55 Lester Ridings 1:43:11 William Coyne 1:44:0 Terence McGinnis 1:47:31 M70 Andrew Neidnig 1:45:55 Wilfredo Rios 1:46:55 Vince Carnevale 1:54:22 W40 Ann Davies 1:30:10 Nannette Gonnellal:36:4 Lynda Benedetti 1:38:11 W45 Lillian Lazaridisl:47:11 S Beltrandi 1:47:22 Alice Bruck 1:47:4 W50 Wen-Shi Yu 1:40:4 Edith Jones 1:46:33 Joan Bondell 1:54:22 W60 Muriel Merl 2:00:22 Daisy Klein 2:09:44 Joan Fisher 2:21:33 finishers: 1260m; 391w. 78°, 87Zh, w SW 7mph Back-To-Work 4 Mile Central Park, NYC August 26
Melody Joliat 48:57.3 Carol Zeman 48:59.6 Julia Emmons 49:12.8 W50 Anna Thornhill 39:42.5 Ann Diaz 41:51.6 Cindy Clark 43:16.1 Zofia Turosz 44:05.3 Helen Valent 44:53.8 Ellen Quinn 45:31.7 R. Fredenthal 46:40.4 Joan Bondell 47:41.8 Rita Alles 48:12.6 Pat Wieder 48:29.4 W55 Wen-Shi Yu 44:14.7 Thelma Wilson 49:59.5 N. Ammermuller 51:35.9 J. Chambers 52:25.4 Melva Murray 52:30.2 Kirsten Holman 57:51.2 S. Pettijohn 1:00:06.7 Denise Kitchell 1:02:27.9 M. Frankenbach 1:04:14.4 Naomi Kelley 1:04:44.1 W60 Toshiko Delia 44:42.9 Agnes Reinhard 51:34.7 Dot Parley 56:31.1 Helen Dempsey 1:01:22.1	John Corrigan 1:36:5 M65 Lester Ridings 1:43:11 William Coyne 1:44:0 Terence McGinnis 1:47:3 M70 Andrew Neidnig 1:45:5 Wilfredo Rios 1:46:5 Vince Carnevale 1:34:2 W40 Ann Davies 1:30:1 Nannette Gonnellal:36:4 Lynda Benedetti 1:38:1 W45 Lillian Lazaridisl:47:1 S Beltrandi 1:47:2 Alice Bruck 1:47:4 W50 Wen-Shi Yu 1:40:4 Edith Jones 1:46:3 Joan Bondell 1:54:2 W60 Muriel Merl 2:00:2 Daisy Klein 2:09:4 Joan Fisher 2:21:3 finishers: 1260m; 391w. 78°, 87Zh, w SW 7mph Back-To-Work 4 Mile Central Park, NYC August 26
Melody Joliat 48:57.3 Carol Zeman 48:59.6 Julia Emmons 49:12.8 W50 Anna Thornhill 39:42.5 Ann Diaz 41:51.6 Cindy Clark 43:16.1 Zofia Turosz 44:05.3 Helen Valent 44:53.8 Ellen Quinn 45:31.7 R. Fredenthal 46:40.4 Joan Bondell 47:41.8 Rita Alles 48:12.6 Pat Wieder 48:29.4 W55 Wen-Shi Yu 44:14.7 Thelma Wilson 49:59.5 N. Ammermuller 51:35.9 J. Chambers 52:25.4 Melva Murray 52:30.2 Kirsten Holman 57:51.2 S. Pettijohn 1:00:06.7 Denise Kitchell 1:02:27.9 M. Frankenbach 1:04:14.4 Naomi Kelley 1:04:44.1 W60 Toshiko Delia 44:42.9 Agnes Reinhard 51:34.7 Dot Farley 56:31.1	John Corrigan 1:36:5 M65 Lester Ridings 1:43:1 William Coyne 1:44:0 Terence McGinnis 1:47:3 M70 Andrew Neidnig 1:45:5 Wilfredo Rios 1:46:5 Vince Carnevale 1:36:1 Nannette Gonnellal:36:4 Lynda Benedetti 1:38:1 W45 Lillian Lazaridisl:47:1 S Beltrandi 1:47:2 Alice Bruck 1:47:4 W50 Wen-Shi Yu 1:40:4 Edith Jones 1:46:3 Joan Bondell 1:54:2 W60 Muriel Merl 2:00:2 Daisy Klein 2:09:4 Joan Fisher 2:21:3 finishers: 1260m; 39lw. 78° 87Zh, w SW 7mph Back-To-Work 4 Mile Central Park, NYC August 26 Overall David Clark 28 20:1 Susan Foster 34 23:5 M40 Houmidi Said 25:1

1950年前是2	ATU TO	Nation	al Ma
W65 Lucille Mancini	57:52.3	M45 Sam Skinner	22:16
Trudy Schmidt	1:06:11.5	Colman Gardiner	24:27
Marie Stover	1:18:06.3	Sherman Warner	25:26
W70 A. Jureidini	1:09.19.7	M50 Ramon Ruiz	23:51
A. Salmini	1:25:42.1	Alan Fairbrother	23:53
A Deliting	1.2.72.1	Robert Denison	28:09
Shitting the second	Indiana Charles	M55 Ruben Cordon	23:59
Mercedes Mile Qualif	ier No. 3	Cliff Pauling	24:25
Central Park, N		Cliff Gerenz	25:11
		M60 William Fortune	24:16
August 18		George Thompson	26:26
Mike Wilson	44 4:39	Joe Burns	27:02
Mike Blake	40 4:49	M65 John McManus	25:58
Kevin Smith	44 4:55	Wallace Cutler	31:13
Gabriel Bernal	51 4:55	Frank Lamorte	34:06
Seth Kaminsky	50 4:58	M70 Vince Carnevale	32:23
Robert Colton	50 5:03	Roberto Renny	33:10
Daniel Hamner	50 5:07	Wilfredo Rios	33:44
Salih Talib	45 5:07	W40 Sylvie Kimche	24:47
Robert Burke	42 5:10	Mary Rosado	26:37
Alan Fairbrother	54 5:20	Jean Perry-Wolf	27:05
Alberto Ocampo	50 5:22	W45 Jessie-Lea Hayes	26:44
	54 5:24	Ruth Greher	32:38
Clifford Pauling		Nancy Youngbeck	32:48
Steve Klein	44 5:35	W50 Anna Thornhill	24:52
	67 5:52	Edith Jones	28:56
Joseph Collins	45 5:56	Nancy Fraser	30:37
Joseph Simonte	62 6:25	W55 Thelma Wilson	31:48
Henry Schwartz	50 6:38	Esther Marcus	32:20
Frank Miele	51 6:41	Ruth Kassanga	40:44
89 NO 14 L4		W60 Toshiko d'Elia	29:05
Mary Rosado	40 5:57	Daisy Klein	36:45
	41 6:12	Arlene Kernis	41:08
Dollana Career		W70+Althea Jureidini	44:26
Wild Philipping Control of the Contr		Mayme Bdera 75	55:06
Mercer Street Str		Finishers: 49lm; 277w	
Masters Twi-Light	4 Mile	sunny, 73°, 83%h	
Easton, PA; Augu	st 19	一种社会	45
Silver to the second second second		Sent region, mon- switchester as my	Senithing to
M40 Mark Sepkowski	21:33.30	SOUTHEAS	
Craig Reynolds	22:37.70	900 THE	
Mark Brunner	22:38.51	THE RESERVE OF THE PARTY OF THE	MARKET S
Dave Rehring	22:40.32	Miami Runners	ALC: NO.
Joel Pasternak	22:41.80	Tropical 50	
M45 Dennis Kesolitz		Miami; August 11	MAN TO
Bill Cooper	24:32.47		The same
Ron Ayre	25:21.56	50-Mile	100
	25:32.67	The second secon	23:32
John Thompson	25:50.15		36:50
M50 Tony Cerminaro	22:36.54		39:58
Vic Cruz	22:51.55	70 20 20 20 20 20 20 20 20 20 20 20 20 20	45:24
Vince Korfmann	24:46.81		21-09

Miami Runners Tropical 50 Miami; August 11

M40	Joseph Melanson	7:23:32
	Arthur Sarakas	7:36:50
M45	Bob Boeder	7:39:58
Brace.	John Holmes	7:45:24
MSO	Jerry Ptak	9:31:08
	Eileen Eliot	7:28:32
1170	Laura Barter	9:06:14
	Joyce Forward	9:47:14
	Joyce Porwaru	3.47.14
FOTE		
SOK		4.50.17
M40	Jim Teague	4:58:17
2014年	Richard Lulin	5:03:19
M45	Dave Cranor	4:48:56
M50	Stan Grabowski	4:50:37
	Larry Forster	4:57:09
100	Gerald Schomp	8:30:25
M55	Tommy Dixon	5:28:44
	Peg Miller	5:11:41
		NO. OF THE OWNER, WHEN THE PARTY OF
W/U	Ruth Usatorres	10:07:50

Dilworth Jubilee 8K/RRCA South Region Championships Charlotte, NC: August 11

Charlotte, NC, August	1,000
Overall	
Alan Drosky 25	24:09
Anita Detamore 29	29:49
M35 Phil Rowan	24:35
Bob Becker	26:15
Joe Denneny	27:30
M40 Larry Frederick	26:01
Wayne Yarbrough	27:14
Wayne Yarbrough Tracy Peugh	27:25
M45 Mickey Lackey	28:35
Marris Johnson	28:49
Bob Edminston	30:17
M50 Loyd Hoke Jr	29:17
John Dunkelberg	29:28
Richard Watson	30:26
M55 Charles Rose	29:53
Jimmy Davis	32:49
Toby Transou	33:59
M60 Peter Klopfer	32:51
Kenneth Helms	34:10
Edvin Levis	39:12
M65+Charles Dotson	35:07
E B Lloyd	39:43
Arnold Hecht	43:14
W35 Bonnie Poore Long	31:46
Sue Cullen	32:35
Judy Osborn	35:40
W40 Andrea Pease Anne Mansfield	32:12
	32:20
Carolyn Spillman W45 Anna Moore	32:43
Betty Duteau	33:18
Diane Delaware	36:48
W50 Nancy Parker	32:33
Marj Peterson	41:34
W55 Martha Klopfer	34:54
Dot Jones	53:06
W65+Margaret Hagerty	51:33
and an entire index of	一年

Echo Run for Others 8K Tallahassee, FL 20:18

August 18	
Overall	
Herb Wills, 30	24:1
Stephanie Bassett, 24	27:5
WERE THE REST LOSS FOR THE REAL PROPERTY.	

M40	Jim Pearson	25:21
400	Bryan Bartosik	26:55
	Doug Alred	27:07
M45	Phil Gibbs	28:43
1	George Palmer	31:27
	Denmis Barton	31:59
M50	Dorian Osborne	29:57
1	James Hanlon	31:57
	Rex Cleveland	32:17
M55	Sam Turnbull	31:54
100	Bob Rubanovice	35:01
	Tom Dye	35:58
M60	Jack Tebo	40:43
	Richard Powers	41:32
MACE	Thomas Conklin	42:59
	Charlie Yates	47:35
FIZU	Charlie Washington Wil Yarn	
MZE	Casey Cason	48:44 84:58
	Adrian Lilburn	30:10
1140	Judy Greer	31:40
2.4	Carol Winger	37:57
W45	Lynn Nihlen	40:55
1000	Bonnie Kelly	41:48
	Jerilynn Collins	44:53
W50		34:53
- 3200	Mary Clark	44:32
THE PARTY	Beth Novinger	45:55
W55	Margarete Deckert	37:56
10万世代的位		

MIDWEST

Metro-Macomb Runners 2 Mile Mt. Clemens MI; August 22

Overall	A 1825
Steve O'Neill 19	10:02
Michelle Jeck 16	14:58
M40 John Wegrzyn 48	11:05
George Gambert 42	11:39
Tim Klinkhamer 44	12:12
Ron Bork 42	14:53
Glen Dimmler 42	15:27
M50 Darrell McKee 56	12:20
Herb Seegert 54	12:34
Jerry Bohanon 53	12:39
John Kahl 55	13:17
M60+Paul Zylstra 68	17:09

Bobby Crim 10 Mile Flint, MI; August 25

	Maria Control of the	
Over	all n Martin 31 a Pippig 24	
Ke	n Martin 31	53:
A40	Toha Camphell	47.
94.5	Bill Rodgers D. Tibaduiza Paul Baldwin	47: 50:
包括表	D. Tibaduiza	51:
1 TO 1 TO 1 TO 1	Paul Baldwin	52:-
i stu	Peter Hallop	54:
137	Robert Schlau Tyrone Griffin	55:
200	Tyrone Griffin	56:
100	Buzz Wynbeek	57:
100	P. Deladurantaye John Russell	57:
Park	Paul Nilsson	57: 57: 58:
Telephone .	Roger Hoke	58: 59: 59:
	Jim Howe	59:
THE RES	Michael McGlynn	59:
2 10 19	Bill Demars	59:
13429	Xavier Cook	59:
1 47 5	Gregg Miller	59: 59:
100000000000000000000000000000000000000	David Cuevas Tom Steiger	1:00:
12.00	Richard Davis	1:00:
1317101	Roger Kinne	1:00:
.445	Pat Monahan Ken Sparks	55:
25 40	Ken Sparks	55:
	Walter Herrala Douglas Goodhue	59:
Carlo	Vadao Dorlin	1 - 00 -
200	Yadao Dorlin Ellis Boal	1:01:
	Bill Robson	1:01:
	Nicholas Papas	1:00: 1:01: 1:01: 1:01:
元本	RODert Marty	1:02:0
WOLF B	Robert Penilo	1:02:
Tien Belle	Paul Faulkner John Farrah	1.02:
MSO	Jim O'Neill	1:03:
12/20	Edwin Skrelunas	S8:7
Sech	Andre Tocco	59:4
	Gregory Osmun	1:00:5
N 22.	James Fitch Sam Lelin	1:01:2
	Lloyd Laubach	1:02:0
	Lloyd Laubach James Priestap	1:02:2
. м55	Norman Eastman	1:02:1
1114	Larry Nicholson	1:04:4
300	Edward Hardy	
F-6 5		1:05:2
ANK STATE OF	Robert Daly	1:05:2 1:07:2
VAC	James Campbell	1:05:2 1:07:2 1:07:5
460	James Campbell James Forshee	1:05:2 1:07:2 1:07:5 1:03:4
460	James Campbell James Forshee	1:05:2 1:07:2 1:07:5 1:03:4
M60	James Campbell James Forshee	1:05:2 1:07:2 1:07:5 1:03:4
	James Campbell James Forshee	1:05:2 1:07:2 1:07:5 1:03:4
M60	James Campbell James Forshee John Kolmet: Jack Hoskins Robert Semer Archie Attarian Richard Benson	1:05:2 1:07:2 1:07:5 1:03:4 1:06:3 1:12:4 1:13:0
	James Campbell James Forshee John Kolmet: Jack Hoskins Robert Semer Archie Attarian Richard Benson	1:05:2 1:07:2 1:07:5 1:03:4 1:06:3 1:12:4 1:13:0
	Addert Daly James Campbell James Forshee John Kolmetz Jack Hoskins Robert Semer Archie Attarian Richard Benson Chuck Davey Marlynn Bandlow	1:05:2 1:07:2 1:07:5 1:03:4 1:06:3 1:12:4 1:13:0 1:13:4 1:07:1 1:13:5 1:17:1
	Adbert Daly James Campbell James Forshee John Kolmet: Jack Hoskins Robert Semer Archie Attarian Richard Benson Chuck Davey Marlynn Bandlow Howard Shelp	1:05:2 1:07:2 1:07:5 1:03:4 1:06:3 1:12:4 1:13:0 1:13:4 1:07:1 1:13:5 1:17:1 1:20:4
М60	Addert Daly James Campbell James Forshee John Kolmet: Jack Hoskins Robert Semer Archie Attarian Richard Benson Chuck Davey Marlynn Bandlow Howard Shelp Ralph Barnowski	1:05:2 1:07:2 1:07:5 1:03:4 1:06:3 1:12:4 1:13:0 1:13:4 1:13:5 1:17:1 1:20:4 1:24:4
	Addert Daly James Campbell James Forshee John Kolmet: Jack Hoskins Robert Semer Archie Attarian Richard Benson Chuck Davey Marlynn Bandlow Howard Shelp Ralph Barnowski	1:05:2 1:07:2 1:07:5 1:03:4 1:06:3 1:12:4 1:13:0 1:13:4 1:13:5 1:17:1 1:20:4 1:24:4
М60	Abbert Daly James Campbell James Forshee John Kolmet: Jack Hoskins Robert Semer Archie Attarian Richard Benson Chuck Davey Marlynn Bandlow Howard Shelp Ralph Barnowski Fred Dye Joe Thornburg	1: 05: 2 1: 07: 2 1: 07: 5 1: 03: 4 1: 03: 4 1: 13: 0 1: 13: 4 1: 13: 5 1: 17: 1 1: 17: 1 1: 17: 1 1: 20: 4 1: 22: 1 1: 27: 0
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М60	Abbert Daly James Campbell James Forshee John Kolmet: Jack Hoskins Robert Semer Archie Attarian Richard Benson Chuck Davey Marlynn Bandlow Howard Shelp Ralph Barnowski Fred Dye Joe Thornburg James Ramsey	1: 05: 2 1: 07: 2 1: 07: 2 1: 03: 4 1: 06: 3 1: 12: 4 1: 13: 0 1: 13: 4 1: 17: 1 1: 17: 1 1: 20: 4 1: 22: 1 1: 27: 0 1: 51: 4 1: 20: 4
M60 M70	Abbert Daly James Campbell James Forshee John Kolmet: Jack Hoskins Robert Semer Archie Attarian Richard Benson Chuck Davey Marlynn Bandlow Howard Shelp Ralph Barnowski Fred Dve Joe Thornburg James Ramsey Joseph Abbas Laurie Binder Theresa Mahr	1: 05: 2 1: 07: 2 1: 07: 2 1: 03: 4 1: 06: 3 1: 12: 4 1: 13: 4 1: 12: 4 1: 13: 5 1: 17: 1 1: 20: 4 1: 20: 5 1: 20:
M60 M70	Abbert Daly James Campbell James Forshee John Kolmet: Jack Hoskins Robert Semer Archie Attarian Richard Benson Chuck Davey Marlynn Bandlow Howard Shelp Ralph Barnowski Fred Dve Joe Thornburg James Ramsey Joseph Abbas Laurie Binder Theresa Mahr Laura Lynn	1:05:2 1:07:2 1:07:2 1:03:4 1:06:3 1:13:4 1:13:5 1:13:5 1:13:5 1:17:1 1:20:4 1:22:1 1:27:0
M60 M70	Abbert Daly James Campbell James Forshee John Kolmet: Jack Hoskins Robert Semer Archie Attarian Richard Benson Chuck Davey Marlynn Bandlow Howard Shelp Ralph Barnowski Fred Dye Joe Thornburg James Ramsey Joseph Abbas Laurie Binder Theresa Mahr Laura Lynn Karen Hubbard	1:05:2 1:07:2 1:07:2 1:03:4 1:06:3 1:12:4 1:13:0 1:13:4 1:13:5 1:13:5 1:13:5 1:13:5 1:22:1 1:22:1 1:22:1 1:22:1 1:22:1 1:22:1 1:22:1 1:22:1 1:21:4
M60 M70 W40	Abbert Daly James Campbell James Forshee John Kolmet: Jack Hoskins Robert Semer Archie Attarian Richard Benson Chuck Davey Marlynn Bandlow Howard Shelp Ralph Barnowski Fred Dye Joe Thornburg James Ramsey Joseph Abbas Laurie Binder Theresa Mahr Laura Lynn Karen Hubbard	1:05:2 1:07:2 1:07:2 1:03:4 1:06:3 1:12:4 1:13:0 1:13:4 1:13:5 1:13:5 1:13:5 1:13:5 1:22:4 1:22:1 1:22:4 1:22:1 1:22:1 1:23:4 1:22:1 1:23:4 1:24:4 1:24:4 1:25:4
M60 M70	Abbert Daly James Campbell James Forshee John Kolmet: Jack Hoskins Robert Semer Archie Attarian Richard Benson Chuck Davey Marlynn Bandlow Howard Shelp Ralph Barnowski Fred Dve Joe Thornburg James Ramsey Joseph Abbas Laurie Binder Theresa Mahr Laura Lynn	1:05:2 1:07:2 1:07:2 1:03:4 1:06:3 1:12:4 1:13:0 1:13:4 1:13:5 1:13:5 1:13:5 1:13:5 1:22:4 1:22:1 1:22:4 1:22:1 1:22:1 1:23:4 1:22:1 1:23:4 1:24:4 1:24:4 1:25:4

Files Nies	1:15:4
Marion Kowalski	1:20:3
Peg O'Flynn	1:21:0
	1:21:2
	1:24:3
	1:11:5
	1:17:5
	1:28:2
Chris Swanson	1:29:4
Semer Whayong	1:14:2
	1:48:3
	1:54:4
	2:08:2
Edith Farias	1:27:1
Loretta Shehan	1:27:1
Stella Klebba	1:46:0
Mary Sarvis	2:17:3
the second of the second	SA ANDRES
	Peg O'Flynn Toby Pulliam Sharon Sowell Wen Shi Yu Rayma Dixon Gloria Brown Annette Hardy Chris Swanson Semer Whayong Georgina Dillon R. Feldhahn Belen Driwura Rose McCourt Edith Farias Loretta Shehan

Sixth Annual Women's Run for Health, Appleton, WI September 9

Section 198		
1 Mil	<u>e</u>	Cale of Section
F30	Gloria West	6:05.2
15 50	Beth Mortimer	6:12.4
THE SECTION	Barbara Endl	6:17.3
F40	Rita Clark	5:49.2
	Kathy Mikula	6:14.0
* * M 2	Jill Schultz	6:27.6
F50	Roddie Larson	7:32.8
STRONG	Annamarie Foltz	8:03.2
E(S.)	Patricia Sommer	9:05.7
F60	Carol Peebles	8:41.9
	Dorothy Paterick	k9:43.6
Se . 19 1	Rita Kobringer	
F70	Janet Mc Glynn	11:46.4
	M. Christensen	12:14.0
0.00	Jeanette Tobler	13:36.6
The same		
2 Mil	e	No. of the last

2 Mil	le	S-014
F30	Vickee Delioret	o 13.39.3
	Barbara Ballard	14:32.3
社會職	Debbie Gore	14:41.3
F40	Sharon Belt	12:13.8
STATE OF THE STATE	Joy Hillstrom	14:02.3
100	Linda Weber	14:40.9
F50	Phyllis LeMay	19:19.2
	Rita Janda	20:15.8
	Sharon DeRoach	20:28.9
F60	Margery Beck	17:45.8
THE REAL	Helen Calder	24:13.1
	Gerry VanDam	24:31.5
F70	Fran Behnke	27:59.8
SERVICE SERVICE	Effie Lahti	28:02.6
	Margaret DeBrui	n33:49.1

5 ML	SA - pristable se	exercise.
F30	Julie Hellweg	32:54.8
Bud E	Anne Siegrest	33:04.2
201	Karen DeCoster	33:51.3
F40	Glenda Clay	34:36.0
THE STATE OF	Suzanne Neshek	34:52.9
Total Land	Judi Miller	39:10.8
F50	Wava Mosbrucker	
Spend	Marilyn Schlaef	
L.A.	Diane Corrigan	45:33.2
F60	Joyce Glebke	46:19.5
February	Junko Schifferl	47:06.4
	Peg Keys 1	:21:34.6

MID-AMERICA

Mohawk 5000 Tulsa, OK

August 4	
Overall State tand 185	25200
Wes Brown	15:06
Michelle Scholtz	17:53
M40 Robert Anderson	16:32
Sean O'Callaghan	16:44
Richard Davidson	18:02
M45 Dan Vasicek	17:53
Bill Uzdavines	17:59
Richard Martin	18:13
MSO Pred Dice Henry Hawkins	18:19
Jose Herrera	19:06 19:59
M55 Steve Blanchard	17:53
Walter Birney	17:56
Bob Adkins	19:38
M60 Jack Gentry	18:55
Calvin Ellis	20:40
Richard Mitchell	22:03
M65 Jim Smith	20:30
Ken Bays	24:49
Bob Lake	25:17
M70 Richard Evans	29:17
W35 Martha O'Rourke	18:38
Mary Kates Dian Chambers	18:38
W40 Vicky Fegaly	22:40
Suzanne Williams	19:50 21:08
Valerie Behnken	21:14
W45 Barbara Parker	21:07
Linda Brown	21:41
Bernice Taylor	24:24
W50 Joy Austin	25:18
Fran Dice	28:12
Judy McKnight	29:30
W60 Opal Alexander	28:05
Jo Campbell	32:55
Jimmie Haggard	33:00

Pikes Peak Ascent (13.4 miles) Manitou Springs, August 25

	August 25	
Over	all	2.07.26
Mat	t Carpenter 26	2:07:36
	e Day-Lucore 29	2:44:40
M35	Brent Brown	2;22:43
	Robert Weed	2:23:01
	Dennis Fowler	2:38:40
M40	Bill Oberling	2:40:59
	Jim Freim	2:49:16
	Art Rohr	2:51:06
M45	Phil Stevenson	2:57:59
	Charles Mabry	3:00:09
	Don Ross	3:03:31
M50	Terry Greiman	2:52:52
	Bob McAndrews	2:59:08
	Jim Way	3:11:14
M55	Pete Richards	3:02:37
100	Bob Greene	3:31:51
	Bob Winters	3:33:44
MED	Milt Russell	4:04:30
MOU	Henry Fragoza	4:26:05
	Helmut Maile	4:29:08
wee		3:56:39
. M65	Bob Martin	4:23:53
	Larry Fox	4:24:17
	Dick Weaver	4:10:14
M/U	Clarence Osborn	4:10:14
-	Orval Lohman	5:03:31
	Sam Simon	5:12:44
	Ken Murray	
W35		2:46:45
	Nancy Schenk	3:09:20
	Linda Wood	3:18:27
W40	Cheryl Beckwith	3:11:07
	Carol Stewart	3:38:30
	KarenAnn Young	3:39:37
W45		3:08:03
	Rosalia Gehling	3:42:36
10 55	Judy Connally	3:53:08
W50	Julie Foster	4:33:36
	Baerbel O'Connor	4:51:54
	Leora Blanch	5:13:02
W55	Elke Abitol	3:40:56
	June Dickinson	3:59:45
	Sonya Walberg	5:09:12
W60	Nelma Burnett	4:15:29
- Single	Cassie Bazar	4:55:32
100	Mary Burrell	5:48:58
W65	Judy Golding	5:35:46
10 Yes	Annabel Marsh	6:43:55
Jan John	41 200 July 1900 1900 1	A Supplier
1000	Pikes Peak Marat	non

Pikes Peak Marathon Manitou Springs, CO

Overall August 20	2-1924
Ricardo Mejia 27	3:35:03
Cylinda Engelman 34	4:44:18
M35 Bill Brown	3:55:22
Senovio Torres	3:58:13
Peter Downing	4:00:39
M40 Jerry Martinez	4:10:37
Mike Huseby Lon Spann	5:10:59
M45 Jim Oberheide	4:28:28
Dick Johnson	4:38:10
Brad Smith	4:45:33
M50 Gary Whitlock	5:21:25
Don Potter	5:25:44
Ralph Judd	5:26:30
M55 Tom Haggard	5:17:06
Phil Foster	5:51:36
Bennie Linkhart	6:10:16
M60 Morris Adkins	5:43:23
John Tony Garci	
Ed Migheil	5:56:49
M65 Wayne Fonken	7:39:03
Clint Cusick	7:41:15
Pat Gallagher	8:10:39
M70 Clarence Osborn	7:48:51
Jerry Brotherton	
W35 Rani Bromka	4:57:45
Linda Quinlisk	5:30:30
Julie Ann Wyns	5:49:53
W40 Deborah Wagner M Loyd-Allison	4:51:11
Pennie Hobert	5:24:47 5:32:18
W45 Margrit Howard	6:43:17
Judy Gillette	6:43:57
Yvonne Thompson	7:04:32
WSO Sandra Mundy	6:13:13
Grace Rome	6:41:50
Margaret Curtis	
W55 Robert Fletcher	
Phyllis Slinker	8:19:03
W60 Ruth Anderson	7:15:09
Jan Richards	8:19:07
the same of the sa	The same and

SOUTH WEST

Louisiana Masters Classic New Orleans; August 26

<u>5K</u>	Slocker's
Overall (Men)	
Pat Hambrick	15:52
Mike Diorka	17:02
D. Urtiaga	17:07
Overall (Women)	
Royce Mills	21:12
Susan Provo	21:45
Janet Earhart	22:38
M40 Mark Marley Wm. Burgers	17:12
M41 Mike Datlof	18:27
Tom Murphy	17:39 18:32
M42 J. Roger Brown	17:35
Dave Lagasse	19:40
M43 D. Victorian	19:25
Wayne Gildea	19:58
M44 C.J. Mouton	20:12
Robert Williams	21:48
Continued on n	
Cabeza 47 1:19:05	ext page
12 635080	ISUL

October, 1990	
Continued from previous	page
M45 J. Provenzano	17:28
Larry Schleuter	19:34
M46 Eugene Jones	19:08
Mo Emory	21:41
M47 Jerry Foreman Chalie Lagarde	19:47
M48 Mike Vidros	20:11
Buster Matthews	20:36
M49 Ed Strong	20:16
Garry Longaker	23:06
MSO-52 Mike Witkin Ron Tocci	17:40
M53-55 G. Peyman	18:19
J. Johnson	22:28
MS6-59 Don Lee	20:43
C. Wimberley	21:11
M60 Henry Gaudet Douglas Joyce	21:39
M65 Arthur Gassen	28:14
Dub Langlois	29:18
M70 Louis Cole	34:45
Mike Dahmer	39:25
W40-43 Jackie Canales	23:02 25:10
Lois Corrett W44-47 Gail Brown	25:30
M. Glaeser	31:20
W48-50 Irene Putfark	26:37
P. Boudreaux	27:32
WS1-54 C. Johnson	26:46 27:19
Marva Anderson WSS Marilyn McConnell	28-15
Loretta Simon	43:02
W60+ E. Van Battum	24:42
Doris Schmidt	34:51
1 Mile	
Overall	
Art Zais	5:08
Betty Barberot	6:40
M40-49	
Philip Shuler Milton Steen	5:23 5:24
MSO-59	
Don Lee	5:28
Bob Anderson	6:01
. M60+	
W40-49 Dudley Gautreaux	6:22
Jackie Canales	7:58
Janet Earhart	7:59
W50-59	
Marva Anderson	7:46
W60+ Mary Norchauer	8:29
Hary Moremand	
WEST	

Northern California Masters Games 5-10K Palo Alto; August 3-12

	Talo rato, riagast 5 12
412	Boul France 32 CT
443	Paul Engle 22:53 Jim Scileny 28:23
W50	Tim Jordan 16:55
Navus de	James Turner 18:34
-	Sam Vandenburg 18:57
-	Chuck Thompson 20:27
455	George Herd 17:49 John Bramfitt 21:13
	John Bramfitt 21:13
TO THE	Ton Baumaartner 71.50
460	fra Karp 22:55
	Don Anhorn 23:57
M65	George Ohisen 26:18
	Terry McGovern 26:30
470	Don Mulleniex 28:01 Saul Lissaver 28:13
	Saul Lissaver 28:13
W45	Kave Donnely 22:43
W50	Kaye Donnely 22:43 Hale Hewitt 27:09
W55	Ruth Bort: 25:02
Anti-	Jeanne Feaster 28:55
W6C	Kee Kee Kon 29:48
TO LEAD	
10K	
MIS	Robert Johnson 38:09.0
S. Line	Ed Classen 39:48.1
	Steven Rooks 42:42.6
7 41	Paul Engel 49:53.2
	Lee Hecht 54:38.0
MSO	Tim Jordan 36:06.4
	Jim Turner 39:19.6
	Bill Backrack 39:53.1
3 2 2	Warren Yeend 43.23.3
	G. Glendenning 44:48.6
MSS	George Herd 36:57.3
	Peter Todd 44:11.4
100	John Bramfitt 44:32.7
	Ed Reyna 44:56.8
	J. Baumgartner 46:32.7
M60	Rick Thomas 49:58.8
	Ira Karp 50:14.9
	Don Anhorn 50:30.1
	Walter Bort: 56:47.6
M65	Terry McGovern 52:47.0
	George Ohlsen 58-01 3
M70	Tom McGee 55:17.9
	P. Delfausse 56:08.5
	Don Mullenier 50-34 0
	Saul Lissauer 1:01:29.5
M75	Tertius Chandler59:39.3
W45	Candice Gaudian: 53-16 R.
19:57	C. Wheeler 58:05 Q
WS0	C. Wheeler 58:05.9 J. Richardson 52:54.1
No.	Halle Hewitt 56:23.5
WSS	Ruth Bort: 51:04.4
	Cindy Baxter 53:25.3
	Cindy Baxter 53:25.3 B. Callison 55:50.9
W65	Kek Kee Koh 1:03:56.8
W70	J. Thompson 1:02:20.3
_	2.02.20.3
No. of Contract	April Dange a real in the against company April
	America's Finest City
	II was on most only

Half-Marathon

Sall Diego, CA, Au	gust 19
Overall	
Jose Chuela 29	1:04:38
Laura LaMena 23	1:13:00
M40 Wm Strachan 40	1:13:51
Phil Brant 45	1:15:27
F Menchaca 40	1:15:51
Jim Gelsomini 41	1:16:11
Steve Myhro 44	1:17:01
Gary Penn 43	1:17:23
Tony Gerardi 43	1:18:36
June Cabana 47	1.10.05

M50	Tim Rostege 50	1:18:21
	John Corralez 53	1:22:28
	R Navarrette 51	1:24:40
	Jerry Albert 53	1:25:01
	R Alvarez 50	1:27:44
	Andrew Forman 50	1:28:54
	Jim McDade 57	1:29:08
M60	Wally Evertz 61	1:28:51
	Dick Robinson 60	
	Ken Oliver 60	1:33:35
	Jim McCon 68	1:34:21
	Louie Ojeda 66	1:41:25
M70	Wayne Zook 73	1:41:59
	Eddie Lewin 74	1:47:45
	Al Hitt 86	1:55:22
W40	Sandra Marshall42	
	Mary Leivers 44	1:29:47
	Kathy Loper 48 Jan Sandoval 40	1:29:57
	Kerry Tabler 40	1:36:21
WSO	Eileen Pue 50	1:30:21
-30	Irene Olberz 56	1:31:44
	Judy Martin 54	1:51:40
	Zinn Etta 52	1:57:51
	M Tomisser 53	1:59:32
W60	Mary Storey 66	1:54:26
The same	a Hollenberg 60	1:59:36
	Maeann Garty 62	2:10:01
W70-	Eliz Vainerman71	2:45:55
	The second second	
Section of the	CONTRACTOR OF SECURITY OF	

Santa Monica Marathon/ Half-Marathon/5K Santa Monica, CA; August 26

Marathon			
Overall			
Jasen Mayeroff 21	2:31:55		
Alfreda Iglehart 40	3:01:15		
M40 Jim Pellon	2:56:47		
Terry Cammack	2:57:29		
Mike Victor	3:10:28		
Jeff Padilla	3:12:3		
Steve Schlenderin			
M45 Rich Kischner	2:50:14		
Hivaro Pena	3:04:33		
Mauro Rodriquez	3:23:55		
Bill Frick	3:30:28		
Bob King	3:32:29		
M50 Gordon Watson	3:14:3		
Wayne Fong	3:29:1		
Bob Norton	3:29:10		
Ken Calvin	3:42:21		
Paul Straub	3:43:02		
M60 F Nagelschmidt66			
Tom Edwards 68	3:59:29		
Parker Tsuhako	4:02:11		
W40 Marygail Brauner Ellen Love	3:10:46		
Liz Snyder	3:49:3		
Sandra Tripp	3:54:06		
W45 Nancy Mustard	3:30:01		
Pat Brumbalow	3:50:35		
Sharon Kerson	4:54:17		
Half-Marathon	IC. Total Science		

Lar Dimington	3:30:3
Sharon Kerson	4:54:1
Half-Marathon	
<u>Overall</u>	
Paul Zimmerman 29	1:07:1
Kathy Kanes 28	1:20:3
M40 Fred Ortega	1:13:1
Jussi Hamalainen	
Mark Hemphill	1:17:3
Tom Williams	1:18:20
Arthur Jimenez	1:18:3
M45 Ramon Cuevas	1:24:2
Wayne Mitchell	1:25:0
Ed Moore	1:27:12
Hoddy Rupp	1:28:15
Lynn Borland	1:28:34
M50 Georg Kingsley	1:22:54
John Rudberg	1:23:39
Ron Navrrett	1:24:10
Ron Pattinson	1:25:0
Antonio Gonzalez	
M60 Pat Devine	1:28:53
Peter Peracek	1:29:3
Edward Berman	1:31:38
Jon Racely	1:37:21
Bob Koch	1:38:32
M70+Eddie Lewin	1:48:39
Dutch Benedette7:	
Comil Aniain	1 - 66 - 1

		1.23.01
	Antonio Gonzalez	1:26:53
M60	Pat Devine	1:28:53
	Peter Peracek	1:29:31
	Edward Berman	1:31:38
	Jon Racely	1:37:21
	Bob Koch	1:38:32
M70-	Eddie Lewin	1:48:39
	Dutch Benedette75	51:53:53
		1:56:17
	Clyde Alling	1:57:10
	Fraser MacMinn 76	52:01:23
W40	Merle Heimberg	1:27:36
	Sue Harmon	1:34:15
ASS.	Linda Fodo	1:37:41
1	Connie Bouchard	1:40:05
ALVE.	Cathy Kaspersky	1:40:06
W45	Wendy Watson	1:35:18
	Karin Handsaker	1:39:47
	Sue Cooper	1:41:01
	Lisa Allen	1:41:16
	Linda King	1:41:29
W50	Miwako Shinohara	1:42:13
	Barb Vallastro	1:46:39
	Rita Gilmore	1:48:49
	Chris Matso	1:50:01
1 100	Carolyn Leacock	1:50:42
W60	Helen Dick 66	1:45:42
	Clair Aukarman	2.46.12

Overall

Darren Sand 21 Mary Tracey 30 M40 Paul Marcel James Sackett Jack McDowell

Ernesto Davila

	1:27:36	*
	1:34:15	
	1:37:41	
1	1:40:05	1
	1:40:06	
P	1:35:18	1
	1:39:47	2
	1:41:01	Yes
		30
	1:41:16	377
	1:41:29	915
8	1:42:13	
	1:46:39	M
	1:48:49	- 1
	1:50:01	
	1:50:42	M
	1:45:42	ine
	2:46:12	100
	2:58:17	M.
	15:37	Mé
	18:01	Me
	16:26	M
	17:29	M
	18:34	W
	18:34	-
	18:53	0.4
ľ	10:33	10
1		

M45	Neil Doherty	17:36
1000	Miguel Mendez	18:19
	Albert Allen	20:52
	Bob Hanneman	22:02
	Gary Wallach	22:38
M50	Jesse Cook	19:38
	Ted Oviatt 56	19:51
	Leroy Carter 58	20:33
	Vic Gainer 56	20:34
	Phillip Maren 55	20:42
M60	Larry Banuelos 66	20:36
	Marcel Diraison	20:44
	George Burnett	21:20
	Craig Nason	24:06
	Don Alexander	24:09
M70-	Ed Stotsenberg 76	24:21
	Charles Waugh	26:45
	Julian Myers	28:14
	Bill Vira	30:12
17-73	9. Jacob Bishin 89	44:18
W40	Terry Goodreau	20:47
	Catherine Owen	21:39
	Barbara Spatz	24:04
LI/C	Becky Parker Carmen Connolly 48	22:19
W43	Sandy Shockey 48	23:09
	Martha Darby 45	25:04
W50		21:01
W 30	Marjorie West 58	25:50
	Carol Forster	26:42
W60	Selma Mehlman	32:33
	Marcia Rudoff	43:39
CENT.	Greta Hayes	47:45
	Caroline Murray 69	
W70	+Lucille Adney 77	40:46
18-1500	Constitution of the Charles of the	1

NORTHWEST

Zoo Run/TAC Pacific Northwest Masters 10K Championships

Tacoma, WA; August 11		
Overall		
John Idstrom	33:21	
Jennifer Robertson	37:41	
M40 Ed Granchalek	34:55	
John Payne	36:48	
Greg Chapman	37:26	
Perry Rose	38:49	
Melvin Pick	41:11	
M45 David Williams	35:36	
Ron Taylor	36:06	
James Gaul Randy Knox	37:30 41:30	
Gary Liddick	46:01	
M50 Ron Brinton	39:59	
Bob Brown	42:11	
William Sokolik	47:59	
M55 Robert Reed	41:51	
Joe Tucci	44:57	
Roy Bueler	48:12	
M60 Orris Larson	53:36	
M65 Hank Neighbors	58:21	
W40 Jane Treleven	39:41	
Lynn Rose	45:37	
Carolyn Curles	52:28	
W45 Beth Pederson	55:50	
Judi Martin	57:52	
Kay Gilliland	58:47 65:28	
W50 Valerie McLeod Mary Ann Winters	65:32	
Mary ann winters Marvinna Crawford		
W55 Wilma Parker	50:51	
JoAnn Sisul	72:01	
Delores Borda	72:33	
	48:55	
W60+ Billie Murphy 390 finishers	48:33	
390 Ilmisners		
STREET, Co. J. S. L.	Listanovič	

Founders Day 8K X-Country Ashland, OR: Septem

, omana, ort, ocpte	inder 3
Overall Overall	
M30 Larry Katz	27:39
M40 Gene Solomon	27:29*
M50 Mike Barrett	32:19*
M60+Bill Stowell	35:46*
W30 Leslee Parr	33:34
W40 Doris Segner	39:44
W50 Jane Dods	41:20*
W60+Betty Gillette	50:08*
*race record	

NTERNATIONAL

British Veterans Athletic Federation 10 Mile Championships Oswestry; August 5

	The said and a second second	
M40	Peter Banks	52:29
	George Meredith	52:40
	Dic Evans	52:44
M45	Grahame Woolton	54:36
	John Bolton	54:40
	Martin Duff	55:12
M50	Les Presland	55:19
	Alan Penn	56:51
	Ken Peers	57:01
M60	Willie Marshall	60:51
	Harry Tempan	64:04
	Bob Brierley	72:34
	Vic Plank	95:54
	Zina Marchant	57:09
-	Diane Underwood	59:06
	lance Valle	50.26

	A STATE OF THE STA	and the same
W40	Barbara Kirk	63:40
	Sheila Smith	70:08
W45	Priscilla Welch	58:35
	Mary Chippendale	66:06
W50	Pam Jones	71:43
W60	Joselyn Ross	73:01
	The same of the sa	



British Veterans Athletic Federation Half-Marathon Championships South Hampton; August 19

MAO	Mike Hurd	67:26
.40	Alun Roper	69:14
	Ahmed Amraoui	69:30
M45	Barry Watson	71:10
	Les Davis	71:30
	Grahame Woolton	72:05
M50	Peter Marshall	74:31
	Peter Andrews	75:15
	Mike Turner	77:32
M55	Phil Hampton	76:17
	Mick Ward	79:13
M60	Alan Hughes	80:10
	Steve Charlton	82:10
	Laurie Forster	83:24
M65	David Robinson	92:02

4-10	The manufacture of the second	to lot 9
W35	Zina Marchant	75:18
	Ann Ford	77:00
	Paula Fudge	77:12
W40	Anne Roden .	80:15
	Felicity Sperte	83:32
	Karen Bowles	86:34
W45	Pauline Rich	88:31
W50	Pam Jones	92:55
W55	Jean Palmer	97:14
W60	Joselyn Ross	96:32
¥65	Pat Trickett	102:08
	Jose Walles	105:05
	Martin philips of the State of the	



Mile Championships Erewash, Derby; September 2

Overall	
Andrea Wallace	55:1
W35 Zina Marchant	55:5
Bronwin Cardy-Wise	58:0
W40 Felicity Sperte	62:5
W45 Priscilla Welch	57:1
M40 Ian Elliot	52:0
M45 Graham Astill	54:4
M50 Alan Penn	56:3
M55 Derek Beckett	64:3
M60 Dave Holt	73:2

RACE WALKING Paradise Race Series Hollywood, FL

July 21 5K Racewalk M40 John Fredericks 25:47 32:21 Allan Menzer 38:26 29:38 David Stein M45 Brian Mair

	Jay Caplen	34:11
M50	Ray Woodland	34:09
M55	George Frederick	36:29
	Leslie McKinnes	41:04
M60	Sigmund Kurz	32:42
M65	Charles Poladian	30:12
	Raleigh Doyle	55:23

	realeign Doyle	
W40	Linda Stein	29:55
	Linda Smith	34:15
	Milka Vargas	38:55
W45	Pam Rousseau	40:44
	Elaine Schwartz	55:22

W50	Anne Dann	33:59
W55	Judie Manulkin	33:52
	Beverly Beavers	38:20
	Jacqueline Balma	41:37

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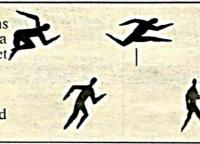
Air ball for

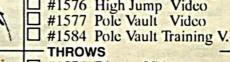
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16, 20, 25 lb

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2, 4, 6 lb





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