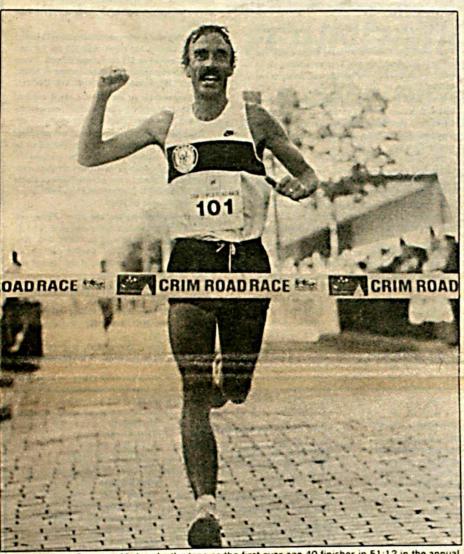
# Stewart, Welch Top Masters in Crim 10-Miler



Canada's Dave Stewart, 41, breaks the tape as the first over-age-40 finisher in 51:12 in the annual Crim 10-mile road run in Flint, Mich., August 26. Photo by Sailer, Ltd.

Canada's Dave Stewart (41, 51:12) and England's Priscilla Welch (44, 55:18) were masters winners in the annual Crim 10-Mile Road Run in Flint, Mich., August 26.

Welch's time converted to an outstanding performance rating of 98.1% (determined by dividing the WAVA W44 10-mile standard of 54:14 by Welch's time) — one of the best age-graded performances of the year.

Brian Sheriff, overall winner of the race in 46:23, had the second-best age-graded effort of 95.9%. Jim O'Neill (51, 53:53) of Holland, Ohio was third-best at 94.5%.

In a close duel for runner-up honors in the M40-44 bracket were Florida's Jim Pearson (40, 52:17) and Canada's Steve Cowley (42, 52:18). California's Laurie Binder (42, 58:00) and New York's Nancy Oshier (41, 59:48) finished 2-3 behind Welch.

Other notable age-group winners were New York's Ralph Zimmerman (48, 55:33), Michigan's Jim Forshee (61, 61:31), California's Gina Faust (52, 66:52), and Ohio's Whaywong Semer (60, 72:55).

The race was the ninth on the 18-city ICI/USRA Masters Circuit, where runners are awarded points on a 10-9-8-7 etc. basis for first through 10th places in each five-year age division. Oshier's eight points moved her to the top of the W40-44 standings with 43 points. Stewart's 10 points moved

him up to fifth place in the M40-44 division behind leader Bill Rodgers (34), Wilson Waigwa (30), Ken Sparks (29), and Wes Wessely (26). Zimmerman's 10 points gave him a perfect Circuit score of 50 points. Welch's 10 points were her first on the Circuit this

A total of 1411 masters runners finished the annual event: 1214 men (86%) and 197 women (14%).

Racing weather was near-perfect, with blue skies, a soft breeze, and thermometers pegged at 62 degrees. The annual event was again well organized by Lois Craig and her staff.

#### INSIDE:

- International Section
   pages 17-22
- Long Distance Rankings — page 32
- All-time Best Age-Graded LDR Marks
  - pages 26-27

# Green Leads Asbury Park Masters

Norman Green, 57, of Wayne, Pa., turned in the top age-graded performance in the 1989 renewal of the Asbury Park, N.J. 10K Classic, August 12, in an outstanding time of 33:57.0.

His time earned a performance rating of 95.7% (calculated by dividing the WAVA 10K M57 standard of 32:30 by Green's time).

Kevin Ryan, 41, of Wellesey, Mass., had the next best age-graded performance of 93,0% from his overall masters win in 30:54.0. Third best was the overall winner of the race, Steve Jones, 34, (29:10.7, 92.2%).

In a photo-finish for second master, England's Shel Cowles edged Dunwoody, Georgia's Earl Owens, 31:31.2 to 31:31.7. Fay Bradley took the M50 title in a fast 33:46 (91.3%).

First female master was New York

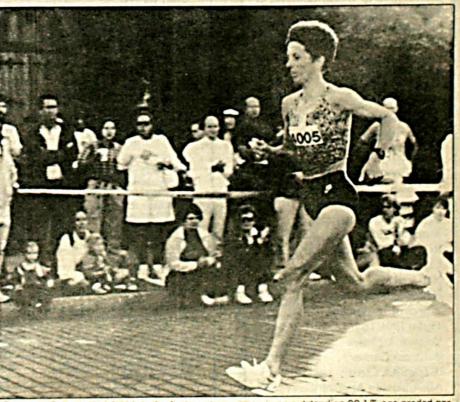
City's Angella Hearn, 43, in 36:07.8 (90.1%), followed by Webb City, Missouri's Jane Hutchison (43, 36:50) and Killingworth, Connecticut's Christine Tatterall, 48, who won the W45 crown in 38:17.1.

Ryan and Hearn were each awarded \$700 for their victories. The 2nd thru 5th masters men and women placers each received \$400, \$300, \$200, and \$100.

This was the eighth stop on the 18-race ICI/USRA Masters Circuit.

Oldest runner in the race was Flushing, New York's Max Popper, 86, who won the M80 + category in 65:50.4.

The race was run under overcast skies with temperatures in the mid-70s and humidity a brutal 98%. A total of 4588 entered the race, which was ably directed, as usual, by Phil Benson.



England's Priscilla Welch, 44, is the first masters woman in an outstanding 98.1% age-graded performance (55:18) in the Crim 10-Miler. Photo by Victor Sailer

#### CONTENTS

#### DEPARTMENTS

TAC Officers	2
Letters to the Editor	
NMN Sustainers	4
NMN Subscription Form	4
Third Wind	
Health and Fitness	8
Book Review	8
Profile - Foothill Runners	.10
Five Years Ago	.11
The Foot Beat	
Track & Field Report	
International Scene	. 17
Speaker's Corner	. 18
Report from Britain	. 20
New Age-Groupers	
Ten Years Ago	
WAVA Officers	
WAVA/TAC Specifications.	
ICI/USRA Circuit	. 24
Masters Scene	. 28
Schedule	No. 2
All-American Standards	
Five Years Ago	
Crossword Puzzle	
Results	.33

#### **FEATURES**

Crim 10-Mile Run	1
Asbury Park 10K	1
Libertyville Meet	
Southeast Regionals	8
Empire State Games	9
Wojcik Retires From NMN	
Montana Meet	
National Decathlon	
Letter to Race Directors	. 13
TAC Convention	. 14
Philadelphia Meet	. 15
Brown Meet	. 15
Nationals Accounting	. 16
British Half-Marathon	. 20
British T&F Championships .	
Corrections to World Games.	.21
Eugene Weight Pentathlon	
WIGAL Accounting	
Best Age-Graded Marks	
LDR Rankings	
1989 Prize Money	

#### **ENTRY FORMS/RACE &** PRODUCT INFO

National 30K	3
Baby Boomer West 10K/5K .	5
CAPS	7
Publications Order Form	9
NMN Advertising Rates	.11
Running Times	.11
Ron Hill Tracksters	.12
Classifieds	.13
National 8K	.13
National 5K X-C	.15
Videos of Nationals	.16
Turku 1991 Tour	.19
Veteran Athletics	.20
Bahamas Games	.21
ICI/USRA Circuit	.25
All-American Application	.30
Mac Wilkins Video Tapes	.40

# ATIONAL MASTERS NEV The official world and U.S. publication for Masters track & field, long distance running and race walking TOCA

Editor and Publisher: Al Sheahen Senior Editor: Jerry Wojcik Assistant Editor: Steve Lewallen Schedule Editor: Jerry Wojcik Circulation Manager: Linda Webster Advertising Manager: Linda Banning Production: American Publishing Co. Outdoor Track & Field Records: Pete Mundle Indoor Track & Field Records: Haig Bohigian

Long Distance Records: TACSTATS Racewalking Records: Bev LaVeck Track & Field Rankings: Jerry Wojcik Contributing Editors: Hal Higdon, Dr. John Pagliano, Mike Tymn

adents: Larry Banuelos (CA), Tom Bell (NM), Frank Bowles (CO), John Boyle (FL), John Brennand (CA), Alex Coffin (NC), Mike Davis (IN), Bob Fine (FL), Dick Green (IL), Carl Hammen (RI), Hal Higdon (IN), Dick Lacey (FL), Bob and Carol Langenbach (WA), Phil Loomis (MI), Gary Miller (CA), Phil Mulkey (GA), Tim Murphy (TX), Paul Murray (NY), Jim Oaks (AL), David Pain (CA), Phil Partridge (FL), Barbara Pike (MA), Phil Raschker (GA), Dean Reinke (FL), Herb Seegert (MI), Bob Stone (CA), Tom Sturak (CA), Pete Taylor (PA), Danny Thiel (LA), Scott Thornsley (PA), Mike Tymn (HI), John White (OH), Ken and Jennifer Young (AZ), David Zinman (NY).

International Correspondents: Alastair Aitken (GBR), Jorge Alzemora (ARG), Cesare Beccalli (ITA), Bridget Cushen (GBR), Martin Duff (GBR), Don Farquharson (CAN), Clem Green (NZL), Mike Hall (AUS), Alastair Lynn (CAN), Wilf Morgan (GBR), Peg Smith (AUS).

tographers: Alex Coffin (NC), Gene Cohn (CA), Mike Davis (IN), Teri Ingram (CA), Jim Oaks (AL), Kathy Ruser (DC), Karen Russi (FL), Vic Sailer (NY), Richard Lee Slotkin (CA), Gretchen

Snyder (CA), Tesh Teshima (HI), Danny Thiel (LA), Jerry Wojcik (CA), David Zinman (NY). Creative Art: Eugene Paasinen, Herb Parsons

The National Masters News (ISSN-0744216) is published monthly by GAIN Publications, with an annual subscription rate of \$18.75. Main office address: 6320 Van Nuys Blvd., Suite #207, Van Nuys, CA 91401. Mailing address: P.O. Box 2372, Van Nuys, CA 91404. Second class postage paid at Van

The National Masters News is an official publica tion of The Athletics Congress Masters Track & Field and Long Distance Running Committees, and of the World Association of Veteran Athletes. As an independent publication, its editorial policy is not necessarily that of TAC or WAVA.

TAC/USA is a major funding supporter of NMN. Executive Officers of TAC/USA: Frank E. Greenberg, President; Ollan C. Cassell, Executive Director; Alvin Chriss, Special Asst. to the Executive Director

The National Masters News is devoted exclusively to track & field, long distance running, and racewalking for men and women over age 30. Each month it delivers 24 to 48 pages of results, schedules, entry forms, age records, rankings, photos, articles, training tips, and all the inside scoops and information that affect the world of masters athletics competition.

Some masters events are sponsored by TAC, the national governing body for athletics in the USA. Some are sponsored by individuals, clubs or other senior organizations.

Generally, anyone age 30 or over may come to a masters event and participate. Some events are limited to ages 40+, 50+ or 55+; (please check the schedule for details). Some events require advance registration. Some require a current TAC card (\$7 to \$11 per year, depending on the region). To inquire about a TAC card, call The Athletics Congress in

your area, or 317/261-0500. There are no qualifying andards for any masters athletics event

NMN welcomes contributions - results, schedule info, photos, letters, articles, and opinions. Manuscripts should be typed, double-spaced, but legibly handwritten material is also acceptable. Results should be typed, single-spaced. Please include a stamped, self-addressed envelope if return is desired.

Subscriptions: A one-year subscription (12 issues) is \$22.00 (mailed 2nd class). Add \$12 for 1st class (USA & Canada) or \$15 for foreign air mail. Please send all correspondence on subscriptions to NMN, P.O. Box 5185, Pasadena, CA 91107. 818/577-7233.

Address change: At least four weeks is required for a change of address. Please furnish your new address and an old label from a recent issue.

Disclaimer: All advertisements and articles printed in the National Masters News are believed to be from reliable sources. However, the opinions expressed by individuals or advertisers are their own. No statements made in any advertisement or article are to be necessarily construed as a recommendation or an endorsement by NMN.

Advertising information and rates: Please call 818/785-1895 and request current rate card. Send all printed material and ad copy to: NMN, P.O. Box 2372, Van Nuys, CA 91404. Closing date for all copy and ad space reservations is the 10th of the month prior to the cover date.

Mailing: The issue is mailed the last week of the month prior to the cover date.

Postmaster: Send address changes to: National Masters News, P.O. Box 5185, Pasadena, CA

National Masters News, P.O. Box 2372, Van Nuys, CA 91404. Phone: 818/785-1895 Fax: 818/989-7118.

#### NATIONAL MASTERS OFFICERS OF THE ATHLETICS CONGRESS (TAC) TRACK & FIELD

#### Chairman:

Jerry Donley P.O. Box 1119 Colorado Springs, CO 80901 (719) 635-1264

#### Outdoor Meet Coordinator:

P.O. Box 1328 Los Gatos, CA 95030 (408) 354-7333

#### Indoor Meet Coordinator:

18 Colgate Drive Camp Hill, PA 17011 (717) 737-2385

#### Multi-Event Coordinator:

Rex Harvey 3815 Lincoln Place Drive Des Moines, IA 50312 (515) 277-3608

#### Secretary-Treasurer:

P.O. Box 2372 Van Nuys, CA 91404 (818) 785-1895

Charles Des Jardins

Fairfax, VA 22032 (703) 250-7955

5428 Southport Lane

Vice Chairman Men:

Newburyport, MA 01975

Vice Chairman Women:

Chairman:

Kirk Randall

71 Bromfield St.

Pete Mundle 4017 Via Marina #C-301 Venice, CA 90291 (213) 823-8804

225 Hunter Ave. North Tarrytown, NY 10591 (914) 631-1547

#### Outdoor Rankings:

Jerry Wojcik P.O. Box 2372 Van Nuvs, CA 91404

Christel Miller 1740 Grandview Ave. Glendale, CA 91201 (818) 843-2139

Woodstock, IL 60098 (312) 551-3720

#### Site Selection Coordinator:

481 Marcus

# Boulder, CO 80302 (303) 443-4919

Secretary: Carole Langenbach 4261 S. 184th Street Seattle, WA 98188 (206) 433-8868

#### Treasurer:

George Vernosky 5004 Glen Cove Pkwy. Bethesda, MD 20816 (301) 229-8391

7745 S.W. 138 Terrace Miami, FL 33158

#### Road Records & Rankings: Basil & Linda Honikman TACSTATS

(305) 255-1405

Ruth Anderson 1901 Gaspar Drive Oakland, CA 94611 (415) 339-0563 (h) (415) 422-5554 (0)

#### **Outdoor Records:**

#### Indoor Records: Haig Bohigian

(818) 785-1895

#### Women's Coordinator:

# Weight Events Coordinator:

Chuck Klehm 1218 North Route 47

#### Max Goldsmith

Lewisville, TX 75067

#### LONG DISTANCE RUNNING Championships

#### Coordinator: Phil Benson

Box 2287 Ocean, NJ 07712 (201) 531-4156

#### Nominating Committee Chairman:

Race Walking Coordinator:

Bev LaVeck

6633 N.E. Windemere

Awards Coordinator:

Scott Thornsley, above

lew York, NY 10036

Haig Bohigian, above

6083 Queens Anne Ct.

Norcross, GA 30095 (404) 564-2884

Sectional Coordinators:

Seattle, WA 98115

Bev LaVeck, above

Team Managers:

421 Manhattan Ave.

Sandy Pashkin

(212) 666-3671

East:

Southeast:

Bill Eppright

Mid-America:

Dave Simons

1550 Baseline

(206) 524-4721

John Woods, Neils Pt. Rd. Harpswell, ME 04079 (207) 725-8006

#### WAVA Delegates:

Ruth Anderson, Norm Green, Alternate: Charles Des Jardins

#### Midwest:

Dick Green P.O. Box 6147 Rockford, IL 61125 (815) 397-5685

#### Southwest:

Danny Thiel 1459 Verna St. New Orleans, LA 70119

#### (504) 486-8066 West:

Gary Miller 1740 Grandview Ave. Glendale, CA 91201 (818) 843-2139

#### Northwest: Jim Puckett

26000 S.E. Stark Ave. Gresham, OR 97030 (503) 667-7354

# Rules Coordinator:

Graeme Shirley 8148 Genessee #114 San Diego, CA 93122 (619) 455-4440

#### WAVA Delegates:

Jerry Donley, Pete Mundle, Gary Miller; Alternates: 1) Christel Miller, 2) Rex Harvey, 3) Sandy Pashkin

#### Championship Stats: Norm Green

405 Curtis Ct. Wayne, PA 19087 wk (215) 768-2480 Awards: Kirk Randall - Men 71 Bromfield St. Newburyport, MA 01950 (617) 465-9677 Ruth Anderson - Women

#### (address above) Rules Coordinator:

George Kleeman 5104 Alhambra Valley Rd. Martinez, CA 94553

Races begin at:

Delta High School, Clarksburg
4 miles South of Sacramento
All Races Will Start Promptly
At The Times Listed Below.

30K Race (18.6 miles) 11:00 a.m. (including Charity Challenge Team Relay) 5K Race (3.1 miles) 11:15 a.m.

1 Mile Kids Race 12:05 p.m.



Mail Application to:
Foundation 30K Run
P.O. BOX 20
Clarksburg, CA 95612
For More Information, Call:
(916) 665-1712



FORMERLY THE "CLARKSBURG 20 MILE RUN"

# **FOUNDATION 30K RUN**

Sponsored by Foundation Health

# Sunday, November 12, 1989

ALL RACES TAC SANCTIONED & CERTIFIED • 1989 TAC Men and Women's National Masters 30K Championship and P.A. TAC 30K Championship Race Proceeds Benefit People Reaching Out

#### **REGISTRATION:**

- 30K \$17.50 (includes T-shirt and meal) Late registration, after Nov. 4, and race day is \$25.00.
- 5K \$11.00 (includes T-shirt and meal) Late registration, after Nov. 4, and race day is \$14.00.
- KIDS RACE \$8.00 (includes T-shirt and meal) Pre-registration is encouraged. Race day registration open until 11:30 a.m.

#### **DIVISIONS AND AWARDS:**

- 30K Men and Women: 13 69, 3 deep in each 5 year division. 70 - 90, 2 deep in each 5 year division. Wheel chair and Heavyweights, 3 deep in each division.
- 5K Men and Women: 13 60 and over, 3 deep in each 5 year division.
- KIDS RACE Boys and Girls: 12 and under, 1st - 3rd fancy ribbons, ribbons to all finishers.

Signature:

#### DRAWINGS:

Valuable merchandise awards raffled to registered runners in both races at awards ceremony. Must be present to win

#### PRIZE MONEY:

TOTAL PRIZES AVAILABLE \$7,700.

#### ELIGIBILITY:

Although the TAC card is optional, ALL AWARD WINNERS in the 30K Championship must hold current TAC cards at the time of the race. TAC cards may be obtained by contacting:

TAC Office P.O. Box 1495 Fair Oaks, CA 95628.

#### TAC TEAMS:

FOR 3OK ONLY - All teams must preregister and also report to team tables on race day morning to declare their team members. (3 to score).

#### FEATURES:

- All runners will receive pace and split times at every mile. Free meal, a long-sleeved T-shirt, fruit, drinks and other refreshments will be available to all participants.
- Please note the "Corporate (Charity Challenge) Team Relay Division" and "Open Team Relay Division" (30K race only, 3 members per team-each member runs a 10K). 30K Charity Challenge relay team entries can be arranged by calling (916) 636-7692. For more information on 30K Open Team Relay Division call (916) 665–1712.
- The top 5 men and women in the 30K will be given seeded entries for The California International Marathon-Official training run for the California International Marathon.
- For information about free Child Care, call: Lois Seebeck, evenings at (916) 775-1318.
- Reduced motel rates for runners at the Harbor Inn, West Sacramento. Call (916) 371-2100.
- Showers and lockers available

REGISTRA	TION FEES Make checks payable to: Foundation Challenge, Inc.	MAIL REGISTRATION TO: Foundation 30K Run
30K - \$17.50 5K - \$11.00 Kids Race - \$8	Fee includes T-shirt and meal. Late Registration - \$25.00 after 11/4/89. Fee includes T-shirt and meal. Late Registration - \$14.00 after 11/4/89.  1.00 Fee includes T-shirt and meal. Race day registration fee is the same as pre-registration.	P.O. BOX 20 Clarksburg, CA 95612
RACE: SPECIAL:	Men ☐ Women ☐ 30K ☐ 5K ☐ Kids ☐ Please CIRCLE division: 12 and under, 13-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90+ Wheelchair, Heavyweight (200+ lbs.)  TAC Team (30K only): ☐ Yes ☐ No	45-49, 50-54,
PACE:	Estimated race pace: Minutes: Seconds per mile	
g LAS	SEX ME WHEELCHAIR ON MOSE DAY FIRST FIRST	Residue Only
olde	STREET	
00	CITY STATE ZIP	
T-SH	KIRT S M L X TEAM PHONE PHONE	ж
WAIVER: In C	orked after 11/4/89 are considered as "Late Registration". Race Packets can be picked up on ro arting at 7:30 a.m. All teams must pre-register and also report to team tables on roce day morning to consideration of your accepting this entry for the Foundation 30K Championship and Associated by heirs, executors, and administrators forever waive Yolo County, Community of Clarksburg, Founda resentatives, volunteers, or any other sponsors for all claims, and costs arising out of race which I had attached the waiver I acknowledge that I have read and	declare their team members, events, a strenuous footrace, ition Health, the race directors have entered by filling out the

All Entrants Must Sign Waiver (parent/guardian if under 18)

■ Date:



#### WORLD CHAMPIONSHIPS

On behalf of the Organizing Committee and the communities of Eugene-Springfield, we would like to extend our thanks to the thousands of competitors and their families from fiftyseven countries for an unforgettable experience. The residents here are still talking about the VIII World Veterans' Championships; it will always hold a special place in our hearts.

Thanks, too, to the National Masters News for its superb coverage of the games. Besides presenting the statistics in its usual professional manner, NMN captured the spirit of the

competition and the community as no other publication could.

Best wishes to all of our new-found friends. See you in Turku.

Tom Jordan & Barbara Kousky for the Organizing Committee Eugene, Oregon

Please accept my deep appreciation to all the people of the Eugene-Springfield area who had a part in making my visit to the track and field championships so meaningful.

During the two years prior to the competition when material was being distributed and throughout the meet, everyone was so helpful. The Committee did an outstanding job. From the food/housing to the officiating/conduct of the meet, everything always appeared to go so smoothly.

As a competitor I enjoyed the facilities, people, transportation and every facet of the event. Barbara Kousky and Tom Jordan gathered together a wonderful group of workers. Thank you. I hated to say "good bye." Patricia Peterson Albany, New York

All the good things written in the September issue about the world meet in Eugene were true. However, I think that Jim Puckett, competition director, did not get as much recognition as he deserved (both at Eugene and in NMN) for running such a difficult undertaking in such a smooth manner. We all

818-577-7233

owe him and his volunteer helpers, and all the other volunteers, a huge vote of thanks. Jim Vernon West Covina, California

I looked forward with great ancipation to receiving your issue covering the VIII WAVA World Veterans Athletic Championships. I was not disappointed. Your coverage was excellent, in depth and with the perception we have come to expect from the NMN.

However, there are three points on which I wish to comment:

#### 1. Medal Standards

There was much controversy before the Championships concerning medal standards, introduced to give a level of athletic respectability to the winning of the WAVA medal. The policy of the WAVA Council was clearly upheld by decisive votes in favor of the standards at both the Womens' Meeting and at the General Assembly. I therefore find it both odd and rather sad that you found it necessary to quote Jim Puckett's alleged remarks and to describe the WAVA officials as "squirming." A melodramatic use of the English language indeed! Is the NMN determined to maintain this campaign despite the clearly expressed feelings of the elected delegates of our international community? I would suggest that there are more important issues on which to spend your intellectual energy.

Minimum Age For Women Veterans I question your statement "early indications are that it will pass" regarding a possible future amendment to raise the minimum age for Women Veterans from 35 to 40. When this has been discussed at previous Championships it was clear that there was no real support to raise the age. At the Eugene General Assembly the attempt to raise this issue was overwhelmingly defeated. I wonder on what basis you make the prediction. Perhaps you consulted the same non-internationally representative group who predicted the defeat of medal standards!

#### 3. ICA/USRA Masters Circuit

Dean Reinke comments that some of the leading runners on the circuit did not compete in Eugene. I share this disappointment but I do not think that the issue is one of "additional sponsorship." In my view, the issue is one of attitude to our sport. Every road runner who wished could have entered at Eugene. The choice was his or hers. As it happened, the races were

### 12 Join NMN Sustainers

Each month NMN publishes a list of "sustainers," those who help the National Masters News and masters athletics by making contributions, These extra funds allow us to publish more photos, deeper results, an indepth schedule section, and more.

Special thanks this month go to Marilla Salisbury (\$200), Roy Englert (\$100), Haig Bohigian (\$100), and Ovidio de Jesus (\$50).

Thanks also to: Valden Sadul **Edward Curran** A D McKnight Ed Benham

Robert Glover Rudy Mannaert Allen McDaniel Paul Flaherty



A lot of sprinters wanted to be on the U.S. relay teams at the World Championships.

Photo by Gretchen Snyder

exciting, the winning times were respectable, the participation (which is most important) was large, and the events were probably the most International Veterans' road races ever held. This is a fine achievement and we expect to see future WAVA Road Racing Championships with larger fields, at all levels of ability, attracted by the prospect of competing against athletes from many lands and the possibility of winning World Championship medals.

Finally, I would like to record the WAVA Council's appreciation of the leadership shown by Tom and Barbara, the dedication of the officials and the volunteers, and the friendliness of the citizens of Eugene and Springfield. These Championships, to me, was the most memorable meet in my 42 years as a competitive runner!

> Alastair Lynn, Secretary, WAVA Toronto, Canada

One kudo for the grand show at Eugene must go to Frank Zarnowski's announcing of the Decathlon and Heptathlon. He handled the huge load of information with the ease of Vin Scully doing a ballgame - and made it feel like the Olympic Games.

Thanks also to Kenny Moore for the Continued on page 16

# NATIONAL MASTERS NEWS

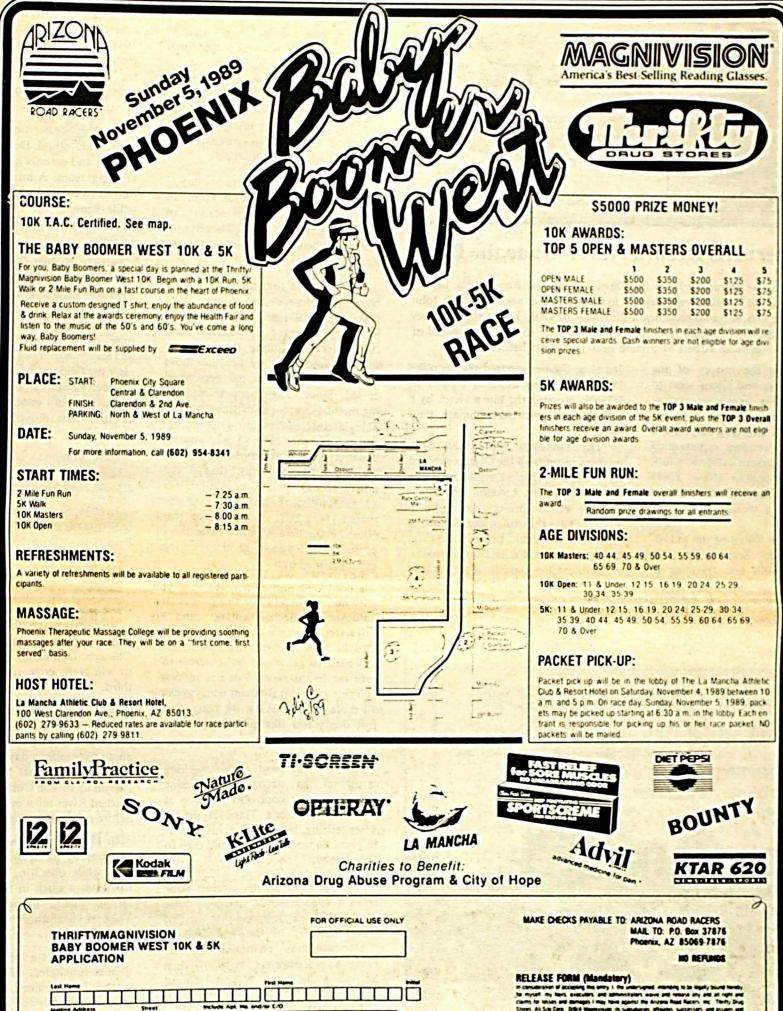
The National Masters News is the official world and U.S. publication for Masters track & field, long distance running and race walking. It contains information you can't get anywhere else. It's a bargain at 12 issues a year for only \$22. Subscribe now.

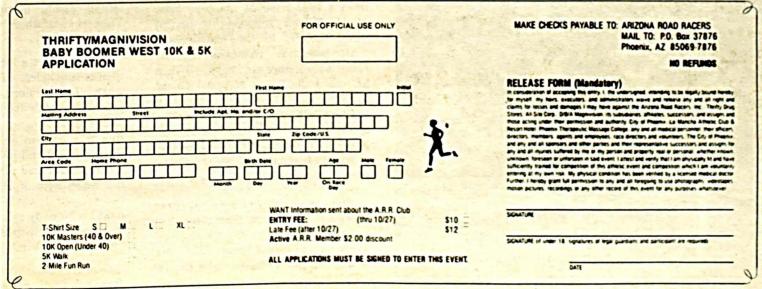
☐ 6 months, \$12 ☐ Payment enclosed ☐ New Add postage per year: ☐ 1 year, \$22.00 ☐ \$12 1st class (USA, ☐ Bill me later ☐ Renewal as a contribution ☐ 2 years, \$41.00 Mexico & Canada) □ 3 years, \$59.00 □ \$15 air mail (foreign) to your work Address City Send to: National Masters News Or call:

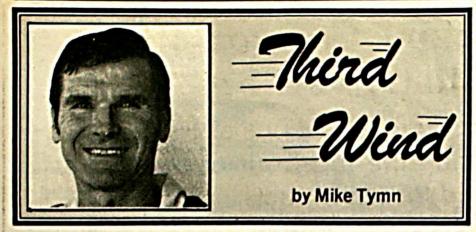
Subscription Dept.

Pasadena, CA 91107-9880

P.O. Box 5185







#### Bill Steiner: His Record Never Made the Book

In their book, The Marathon Footrace, David Martin and Roger Gynn list the progression of the "world men's record" in the marathon, beginning with John Hayes of the U.S.A., who recorded a 2:55:18.4 in 1908. Down the list, they show Fusashige Suzuki of Japan running a 2:27:49 in 1935 to break the record of 2:29:01.8 set by American Albert Michelsen nearly 10 years before.

In researching the history of the marathon, Martin and Gynn seem to have overlooked a significant performance turned in on March 25, 1934. On that day, Bill Steiner, a 22-year-old New York City resident representing the German-American Athletic Club, won the Metropolitan (New York) AAU marathon championship in what may have been a world best for the event.

The New York Times of the following day reported: "Starting from the steps of City Hall and finishing in Jamaica, Steiner covered the 26 miles 385 yards in the amazing figures of 2:23:05, crossing the line a victor by a full 220 yards over his teammate, Paul DeBruyn.

"The time was more than eight minutes faster than the Olympic record set in 1932 by Juan Carlos Zabala of Argentina at Los Angeles. The grueling test was a thriller from start to finish. Thousands of persons lined the streets of New York, Long Island City, Bellerose, Queens Village and Jamaica, eager to catch a glimpse of the runners

manistraly so you can
and see the see that t

Payton Jordan, 72, winning the M70 200 in 27.09 in Eugene, one of his five gold medals.

Photo by Gretchen Snyder

in action."

The article goes on to say that 37 runners started the race and that Steiner and DeBruyn, winner of the 1932 Boston Marathon, ran "on practically even terms for 25 miles." With only a mile remaining in a race "so grueling" that only 17 finished, Steiner "stepped it up while unleashing a desperate sprint" to the finish.

"That's just peanuts today,"
Steiner, speaking by phone from his
Lakewood, New Jersey home, says of
his 2:23:05 55 years ago. "The guys today are much more serious than we
were."

Steiner recalls that the great Paavo Nurmi of Finland had done a 2:22 marathon in 1931 or 1932 and that the legendary Clarence DeMar had also run faster in winning Boston some years before, but neither of those "marathons" were at the prescribed 26-385. Since modern course measuring methods were non-existent in those days, Steiner cannot attest to the accuracy of the New York course; however, he remembers someone telling him after the race that a car odometer showed it to be a little over 27 miles (about what would be expected for 26.2 miles, since car odometers generally run a little short of the actual distance, thereby resulting in higher readings).

Now 78, Steiner continues to run, putting in up to an hour a day. "I do it now just for the health," he says. "I run a five-mile race now and then, did 42-something last year for five miles. It's hard to get ahold of someone to take me to the races. I'm not serious like this guy (Ed) Benham who breaks all these records. After 58 years, you just don't feel like pushing yourself that much."

Steiner spent most of his working career as an accounting machine operator in the controller's office of the Manufacturer's Hanover Bank. After retiring, he and Rose, his wife of 52 years, moved to Florida and then to New Jersey.

A clipping in Steiner's scrap book from a 1932 issue of the New York Herald-Tribune, following the first of three victories in the Metropolitan AAU marathon championship, explains how Steiner got started: "When he joined the Bronx National Guard Regiment in 1930, Steiner reported to Bill McGrath, veteran athletic instructor, for boxing. McGrath isn't keen on boxing. He dissuaded the buck private of Battery E and invited him to join the cross-country group."

The Herald-Tribune quotes McGrath: "The first time I saw him over the Van Cortland Park course I knew he was a real runner. He has a wonderful pair of lungs and a natural elastic stride."

Steiner won regimental champion-

ships at two, three, and five miles, then entered his first marathon in October 1931, placing sixth in the New York to Port Chester race. His first major victory came in the Governor's trophy race, a 15 miler from Schenectady to Albany.

In 1932, Steiner finished fifth in the Boston Marathon, DeBruyn winning in 2:33:36 and earning a spot on the U.S. Olympic team. A month later, Steiner outran DeBryun by some four minutes while winning the 1932 Metropolitan AAU marathon championship in 2:38:56.

In 1934, Steiner set the pace for the first 13 miles of the Boston Marathon. "He was steaming along at what appeared to be a comfortable gait, and was running under Pawson's record time of last year," a clipping in Steiner's scrap book reads. "Shortly after the field passed through Wellesley Square, Komonen and Kelley doused themselves with water and then started out in earnest to overhaul the faltering Steiner."

Dave Komonen of Finland won in 2:32:53, with Johnny Kelley second in 2:36:40, and Steiner third in 2:40:29.

In 1936, Steiner placed seventh in the U.S. 10,000 meter Olympic qualifier at Princeton. "With Hitler over there, I really didn't feel like going even if I made the team" he says.

Steiner's most memorable competitive experience is a second place finish to Ray Sears in the 1933 National AAU cross-country championship in Chicago. Don Lash, who would go on to win eight cross-country titles, was third.

Although many distance runners of that era were supposedly low-mileage trainers, Steiner recalls averaging about nine miles a day in his workouts. "I used to live near Yankee Stadium. I'd run up to Van Cortland Park by the Harlem River most every day. The day before a race I'd take a long walk."

In 1935, Steiner had to cut back on his running as he put in 14-16 hour days while operating a grocery store. But after a hitch in the army, he got serious again, placing third in the Yonkers Marathon and seventh at Boston in 1947.

"Things were a lot different then," Steiner concluded. "Everybody had to work. They trained when they had time. We didn't have any shoe companies sponsoring us. One time my picture was used in a White Owl cigar advertisement and I was suspended for six months. I had nothing to do with that advertisement, didn't get a penny out of, but I was suspended for six months. Nobody even asked me about it. They just suspended me. They were tough on you then."

Steiner was inducted to the Road Runners Club of America Hall of Fame in 1983. Advertisement



# Question: Can you afford NOT to try CAPS?

Answer: If you're serious about Training and getting the most out of your body, you **need** these products.

The following is a partial list of professional athletes who endorse CAPS'

Scott Molina
Erin Baker
Lisa Laiti
Marianne Berglund
Mike Engleman
Jeff Matiasevich

Ron Lechien Jan Ripple John Devere Brad Kearns Martha Kennedy Tim Rutherford Sarah Coop
Jeff Ward Sean Molina
Mike Fisher Rodney Smith
Bob Brooks Ron Tichenor
Chris Mullin David Bailey

\*CAPS does not pay athletes to endorse their products; the athlete is given free product in return for their endorsement, more, no less.

### Now for some facts:

CAPS are unconditionally guaranteed.

CAPS are endorsed by many of the world's top endurance athletes.

CAPS are Super Nutrition for intense endurance sports

CAPS are a constant source of energy

CAPS are composed of highly concentrated food stubstances, Coenzymes, and cellular nutrients that are essential to the metabolic functions that allow your body to use carbohydrates and fatty acids to produce ATP (energy). Supplementing with CAPS replaces these cellular nutrients more quickly and completely so you can recover faster and train with higher quality and intensity.

# To Try CAPS ENERZYMES

Select the kit that meets your needs and order today, so you can experience the rapid gains and fun of training with CAPS.

# 1-MONTH TRAINING SUPPLY

60 Race CAPS, 90 Enduro CAPS
This kit is for the serious endurance athlete who trains
3 or more days a week. \$49.95 + \$4.50 s&h.

# 1-MONTH RAPID IMPROVEMENT KIT

60 Race CAPS, 90 Enduro CAPS, 2 fl. oz. Xobaline This kit allows you to experience the additional improvement effect of Xobaline. \$69.95 + \$4.50 s&h.

# 3-MONTH TRAINING SUPPLY

180 Race CAPS, 360 Enduro CAPS, 4 fl. oz. Xobaline This kit includes extra Enduro CAPS for the serious training athlete and represents a volume purchase savings of almost \$40.00. \$189.95 + \$4.50 s&h.

Call 1-415-931-1977 for more information. Or write to Hansen & Frank, Suite 205 T, 2886 Geary Blvd., San Francisco, CA 94118.

Order	Desk	800-33	6-1977
In Cali	fornia, c	all 800-4	41-1977

Yes, I'd like to try CAPS EN days to see if this method of tial nutrients can help me realize to my hard training. Send me the kit	f replacing essen- he full benefits of
I'd like to learn more about ENERZYMES. Please send falong with my order.	The same of the sa
Kit(s) I am ordering:	Price:
the second of the second of the second of the second of	A The same of the same of the same of
The second rate of the second of the second	AT A MARKET
□ Visa □ Mastercard □ Check/MO	sub-total
AND A STATE OF THE PARTY OF THE	Sales Tax
□Visa □Mastercard □Check/MO Card #	Sales Tax (6% CA) Shipping/
AND A STATE OF THE PARTY OF THE	Sales Tax (6% CA)
Card #	Sales Tax (6% CA) Shipping/
Card #Exp. Date Signature	Sales Tax (6% CA) Shipping/ Handling +\$4.50
Card #Exp. Date Signature Name	Sales Tax (6% CA) Shipping/ Handling +\$4.50

Send coupon to Hansen & Frank, address at left

# Masters Health and Fitness

by CARL V. FLOWERS II, O.M.D., L.Ac.

#### Runner's Knee

A ccording to a survey in Runner's World, 30% of all runners suffer from a condition called "runner's knee." It seems to affect distance runners the most and can be very debilitating. What is this injury and what can be done about it?

#### What Is It?

Runner's knee is an overuse injury, which means exactly what it says — the area was overused. It may frequently begin when a longer-than-normal run is taken and some pain develops after the run. The pain is usually on the outside of the knee and is over a broad area rather than a single point.

Besides the excess training, another frequent cause is foot abnormalities such as low arches (flat feet). This causes the force produced by each foot strike (up to three times body weight) to be transferred up the leg to the knee rather than distributed over the foot.

If training is continued, the pain may worsen, occurring during runs, and eventually may become chronic and continuous.

#### How to Treat

As soon as the tenderness is noted, two things should be done: 1) stop training and 2) ice the area 15-20 minutes, twice a day.

As with most overuse injuries, the sooner treatment is begun, the faster recovery may be achieved.

If there is inflammation, aspirin may be taken for the first few days. If aspirin is not suitable, then a homeopathic remedy called Traumeel in tablet form may be used instead. Other homeopathic remedies that may be helpful include: Rhus Tox — when initial motion worsens the pain; Rhododendron — when initial motion lessens the pain; and Ruta — especially when pain is worse going downhill or downstairs.

Acupressure points to use for this condition include: 1) a point found by bending the knee to 90° with the foot on the floor, sliding the fingers down the groove on the outer thigh and pressing just behind the bone; and 2) a point on the thumb side of the index finger at the second knuckle. Pressure should be applied for 5-10 seconds, released, then re-applied 5-6 times using the points on the painful side.

Perhaps the most effective aid to therapy is the use of orthotics in the running shoes. Developed by fellow NMN columnist Dr. John Pagliano, these special inserts help to balance the foot and reduce the strain on the knee.

#### To Resume Training

After the initial soreness has passed, easy training may begin. Begin at one-half the regular training distance and check for response. If the pain doesn't return, continue at this level for two-three weeks minimum and if still pain-free, resume normal training. An older athlete may require an additional one-to-two-weeks recovery time.

As always, prompt treatment and sensible rehabilitation is the key to a quick and successful return to training and competition.

(Dr. Flowers is a masters long jumper and Acupuncturist practicing in Santa Monica and Irvine, Calif. If you have any questions about musculoskeletal injuries, or suggestions for topics to be addressed in this column, write to Dr. Carl Flowers, NMN, Box 2372, Van Nuys, CA 91404.)

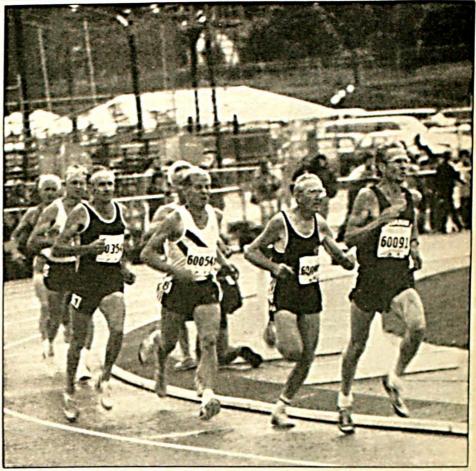
# **Druckrey Lowers Hurdles WR To 13.81**

by JERRY WOJCIK

Stan Druckrey of South Milwaukee, Wisc., broke his world record for the M40-44 110H (39") with a 13.81 in the Centre Club Championships in Libertyville, Ill., on July 8. His previous record was 14.66, set in August 1988.

Marion Irvine of Napa, Calif., broke the W55 American record for the 3000 with an 11:39.42. The former record of 13:33.8 was set by Oregon's Marcia McChesney in 1985.

The meet drew 192 athletes from 11 states. Specially commissioned steins were awarded to athletes who performed to 90% of All-American status. Meet director Dr. Craig Dean was aided by 45 volunteers.



Canada's Earl Fee leads New Zealand's Frank Evans and Britain's James Charman in the M60 800 in Eugene. But New Zealand's Derek Turnbull (4th in black on outside) closes from 6th place to win one of his six gold medals in 2:14.53.

Photo by Leo Benning

#### Book Review: Athletics 89/90

by JERRY WOJCIK

Athletics 89/90, the International Track & Field Association of Statisticians annual, edited by Peter Matthews, is an absolute must for t&f enthusiasts, amateur statisticians, and casual perusers of t&f data. Its 578 pages include details of the 1988 season and the Seoul Olympics with commentary on each event; world and continental records; world all-time lists for men and women; world junior lists; biographical profiles, with performance progressions, of the world's top athletes; national champions; an index of athletes in the world lists; a preview of 1989-90 events; plus photos.

The statistics are definitive and vast. For instance, the world list for the women's 400 is 160-deep and is followed by hand-timed and indoor marks

and a progression of times from 1968. Each entry includes the time, athlete's first and last name, country and date of birth, and the meet, city, and date of the mark.

For roadrunners, there is a section listing '88 X-C national champions by country from Algeria to Yugoslavia, a list of winners of the world's major races, an ultrarunning review with world bests, and more.

If that isn't enough, how about alltime walk lists, and wind-gauge readings in the 100, 200, high hurdles, and long jump? With all of this and more, a statistical wonderment, but not much here for those who suffer from masters myopia.

The annual is distributed in the U.S. by Seven Hills Distributors, 49 Central Ave., Cincinnati, OH 45202, 513/381-3881, and sells for \$24.95.

### Atlanta TC Hosts Southeast Sectionals

by JERRY WOJCIK

TAC's Southeast Sectional Masters T&F Championships on June 10 were staged at Georgia Tech in Atlanta by the Atlanta Track Club.

Team honors went to the host club, which totaled 476 points, with the Carolina Masters AC second (154), and the Birmingham TC third (144).

The best performances based on the 1989 age-graded tables in selected events:

• Jim Law of the Carolina Masters, with 12.74 in the 100, had the top percentage in the event with 91.3. Phil Raschker, W40, of the Atlanta team

ran a 13.05 100, giving her a women's best of 88.0%.

• Ian Dickson's 4:16.9 in the M40 1500 was an event best 87.5%, while Nancy Parker, W50, of the Atlanta TC, ran a 5:24.2 for an 83.3%, tops among the women.

• Charlie Polhamus, M45, also an ATC member, was the best performer in the pole vault with a 3.96 for 78.8%.

• John Harper, M40, with a 41.02 mark and 62.2%, and Lurline Struppeck, W40, of the Louisiana Lightning TC, with a 27.94 and 47.9%, topped the men and women in the discus.

The meet director was Lila Brasher.

### Empire State Games Held in Ithaca

by JERRY WOJCIK

The track and field segment of the Empire State Games this year were held at Ithaca College in Ithaca, N.Y., on August 4-5, followed by a marathon on the 6th. The games, a program of the New York State Office of Parks, Recreation, and Historic Preservation, were open to state residents only, who were required to have met minimum performance standards in a New York or national meet between January 1 and July 4, 1989.

The best performances based on the 1989 age-graded tables in selected events:

- In the 200, Tom Toscano (M45, 24.1) of Shoreham, and Ed Small (M50, 24.9) of NYC were the top men performers with both at 90.2%. Lorraine Tucker (W40, 29.4) of Hartsdale outdid the women with 79.5%.
- In the 800, Anselm Lebourne (M30, 1:54.4) of Brooklyn excelled with 90.3%. Susan Compton (W40, 2:40.9) of Brooktondale, and Katy Gottschalk of Ithaca shared the honors for the women with both at 76.2%.
  - Horace Hudson (W35, 16.2) of



Australia's legendary John Gilmour, 70, was, indeed, legendary in Eugene, winning five gold medals and setting three world M70 records. Here he breaks the world M70 10,000 mark by over two minutes in 38:49.25.

Photo by Gretchen Snyder

Rochester with 82.0%, and JoAnn Harrall (W35, 19.6) of Kenmore with 65.8% had the best performances in the short hurdles.

• High jump bests went to Joe Lafferty (M30, 1,83) of Massapegua with

• High jump bests went to Joe Lafferty (M30, 1.83) of Massapequa with 77.2% and Marie Beretey (W35, 1.47) of Staten Island with 76.2%.  Top javelin throwers were Mike Sayers (M30, 49.46) of Lakewood with 58.0% and Joan Dash (W55, 23.29) of Brooklyn with 59.6%.

Athletes were limited to three events in one day, so the pentathlon for men and women was held in two days rather than the required one.

#### Late Flash!

Mexico's Mario Cuevas (1:05:28) and California's Laurie Binder (1:18:18) were the masters winners in the Philadelphia Halfmarathon, September 17.

Bob Schlau was the first American master in 1:07:46. Norm Green, 57, ran 1:13:44.

# **PUBLICATIONS ORDER FORM**

Quantity	the second secon	Total (US\$)
-	Masters Age Records  Men's and women's world and U.S. age bests for all track & field events, age 35 and up; and for all race-walking events, age 40 and up, as of Oct. 31, 1988, 52	
	pages. Lists name, age, state and date of record. Compiled by Peter Mundle, WAVA and TAC Masters T&F Records Chairman. \$4.00.	
	Masters Track & Field Rankings  Men's and women's 1988 U.S. outdoor track & field, 5-year age-group rankings.  44 pages. Over 100-deep in some events. All T&F events, including 3000, 10,000, weight, relays, 1500 walk, and 5000 walk. Coordinated by Jerry Wojcik, TAC Masters T&F Rankings Chairman, and the National Masters News. \$5.93. 3.95	
Tanana mu	Masters Age-Graded Tables  Single-age factors and standards from age 21 to 90 for men and women for every common track & field, long distance running, and race-walking event. Shows how to conduct an age-graded event. Tells how to keep track of your progress over the years. Compares performances of different ages/sexes in different events. 66 pages, including samples and charts. Compiled by the National Masters News and the World Association of Veteran Athletes. Includes world and U.S. 5-year age-group records, as of May 1, 1989. \$5.95.	
	Masters 5-Year Age-Group Records  Men's and women's official world and U.S. Outdoor and Indoor 5-year age-group records for all track & field events, age 35 and up, as of June 1, 1989.  8 pages. Lists name, age, state and date of record. Compiled by Peter Mundle, WAVA and TAC Masters T&F Records Chairman. \$1.50.	
	Competition Rules for Athletics (1989-1990) U.S. rules of competition for men and women for track & field, long distance running and race walking — youth, open and masters. \$9.95.	S
morel stable	TAC/USA Directory (1989) Includes TAC By-Laws and operating regulations, as well as listings of National officers and staff, Board of Directors, sports committees, administrative committees, and TAC associations. \$9.95.	
s <u>anim)</u> d Ms. Lu leuticu	IAAF Scoring Tables (1985) Official world scoring tables for men's and women's combined-event competitions. \$11.95.	
den en e	Guide to Prize Money Races and Elite Athletes (1989).  Published by Road Race Management, the Guide includes elite athlete alphabetical listing (including masters) with over 700 contact addresses and phone numbers, calendar and contacts for over 250 prize-money events, plus much more. \$32.00.	mentaturen Hilbert dirimi Michel Schieffen
orter france	TAC/USA Patches. Embroidered, 4" x 3". \$2.50	\$
ols ter	U.S. Track and Field Team Patches. Embroidered, 4" x 2". \$2.50	5
o tolerand O sale ni	U.S. Track and Field Team Lapel Pins. Cloissone enamel, 1½" x 5/8", bar pin with safety catch. \$5.00.	employed on the last
	Postage and handling	\$ 1.30
	Overseas Air Mail (add \$5.00 per book)	\$
	TOTAL	THE RESERVE TO SERVE THE
	Send to: National Masters News Order Dept. P.O. Box 2372	ord gris to comme
	Van Nuys, CA 91404	hean clic
	Name	
	Address	
	CityState Zi	p

# PROFILE

# An Inside Look At A Very Unique Group of Runners

by BOB BRUCE

It's 6:00 on a Monday morning and Ron Singler, a 20-year journeyman plumber, wakes his body with some easy stretches as he prepares for his morning run. At 6:15, Ron steps out the door to a brilliant sunrise and the cool desert morning air. Ron ambles over to his familiar starting point, yawns one last time, pushes the button on his watch, and is off. During the next four miles Ron will greet other athletes as his run unfolds. Many of the townfolk in Vacaville, Calif., start their work day in similar fashion.

What makes Ron's run different from the rest of those in Vacaville is that Ron and his fellow runners are observed by rifle positions located on rooftops of housing units at the California Medical Facility — South. Within the confines of concrete, metal fences, and barbed wire, Ron serves as codirector of the Foothills Running Club.

The Foothills Running Club, which is the first and currently only inmate activity group of its type within the California Department of Corrections, starts each weekday with a morning job. Members of the Foothills Running Club who participate in the Early Morning Running Program are released from their cells at 0600 hours for a pre-run stretch and are released to the running track upon notification that the Yard Observers are in position. Jogging on a four-foot wide crushed granite track, these runners form the backbone of a very prestigious and beneficial organization.

Formed in February 1988 by a handful of inmate running enthusiasts, the Foothills Running Club has matured into perhaps the finest inmate activity group in California. Correctional Officer Tim Phillpotts serves as the group's primary sponsor and has been fundamental in the Foothills Running Club initiating many superb programs at CMF-South, and in the club's attaining an excellent rapport with prison authorities as well as the community.

Though the running club provides a vast array of fitness programs for its members, the runners have gone beyond the norm in creating a more wholesome environment in which to live while confined. On June 27, 1989, 70 runners of the Foothills Running

We need you.



Club participated in "Peace Run 89."

(On April 21, an inaugural Peace Torch was lit in New York City. Over the next fifteen weeks, the torch was carried through more than 1000 communities in all 50 states of the U.S., and through all seven continents as a testament to the determination of humanity's quest for lasting peach among the peoples of the world.)

The 70 runners circled the exercise yard in a mile run, for world peace and global harmony. A lead Peace Torch was exchanged at the beginning of each of the five laps by club directors Darrell Cooper, Ron Singler, Ruben Cota, and Tink Farris. The second Peace Torch was exchanged throughout the run and held high by all the runners.

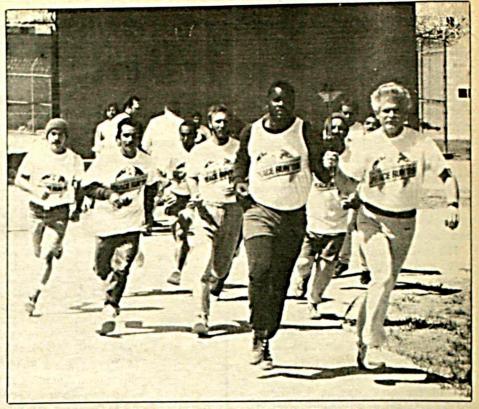
The enthusiasm which followed the run was the highlight of the event as all the runners congratulated each other. A butterfly elm tree has been planted

"Members of the Foothills Running Club are released from their cells at 0600 hours for their morning run."

on the grounds of CMF-South as a lasting tribute to the first Peace Run and to inspire others. A plaque was dedicated to the institution as well. The ceremonies concluded with a moment of silent contemplation for personal and world peace.

The Peace Run was only one of many programs sponsored by the Foothills Running Club. The runners organized a trust fund contribution to the young Carmina Salcido, the victim of one of Northern California's most brutal crimes. The runners collected \$290 from the general population and then added an additional \$50.00 from the club's trust account.

The running club is totally selfsufficient and receives no funding from the State. To raise funds to cover operating expenses, the runners sell pizza to the general population.



Foothill Running Club directors Ron Singler (right) and Darrell Cooper lead a group of runners in Peace Run 89. Three other runners, from left to right: David Renteria, Colima Dominguez, and Vern Gardner.

Photo by Astika Mason

When it gets down to competition, the running club is at its best. Each month the running club sponsors several different types of contests, such as Predict-Your-Time-Miles, fun runs, relays, and races of varying distances. The competitive season climaxes each year with the Thanksgiving Day 10K. All the competitive races are contested by age division to assure an equal distribution of awards and glory. The age divisions are open (age 29 & under), submasters (age 30 to 39), and masters (age 40 & over).

All the race distances have been accurately measured. The race committee provides excellent officiating. Race numbers are worn by the runners. Each racer has his own individual lap counter. Accurate timing is provided by The Time Machine, the club's computerized timing unit, which has a 4000-entry memory and can handle every type of race. In the longer races, the runners are provided liquid refreshment during the race.

All race results and other club news are printed each month in the Club Bulletin. Age-division records are kept and incentives are provided for breaking records in the mile, 3000m, 5000m, 5 mile, and 10K. Prizes are awarded to the first three finishers in each age division and sometimes even deeper if the fields are large. The types of prizes awarded vary from Polaroid pictures taken with the club's Impulse camera to trophies, shirts, socks, headbands, coffee mugs, and an array of practical items an inmate may need.

To educate the runners in the area of fitness, the club has established an excellent sports library. The running club also receives complimentary subscriptions of National Master News, Track & Field News, Triathlete magazine, Joe Henderson's Running Commentary, and Ultrarunning magazine, and is a member of the Gatorade Sports Science Exchange. A video library is currently being established to show fitness videos to the entire population of the CMF-S via the institutional cable.

Hi-Tec Sports U.S.A., which sponsors the 146-mile Death Valley to Mt. Whitney ultrarace, helps sponsor the Foothills Running Club by providing high quality running shoes to club members at substantial savings.

The Foothills Running Club boasts a membership of over 90 runners on a continuous basis and is the only institutional organization in which members of all ethnic groups participate and interact harmoniously. Sportsmanship and participation are emphasized over competitiveness and the club is perhaps the best organized and operated activity group at CMF-South. The Foothills Running Club has exceptional and highly motivated sponsors in Correctional Officers Tim Phillpotts, Pete Frost, and S. Barnes.

The Foothills Running Club is highly regarded by prison officials who recognized the club for the benefits it provides its members, the institution, and surrounding community.

It's good to know that worthwhile programs such as that of the Foothills Running Club are taking place in American prisons. These men will one day return to society bringing with them the brotherhood and sportsmanship they shared with fellow athletes rather than the negativeness often associated with prison life.



Ninety-year-old Paul Spangler, who grew up in Eugene, won six gold medals and set four world M90 + records in the World Championships.

Photo by Gretchen Snyder



1. DISP	LAY ADVER	TISING		
Column			E	xamples:
Inches	Ad Size	Cost	Width	Height
52	Back Page	500	10"	13"
52	Full Page	400	10"	13"
39	Ve Page	335	10"	914"
TO AND S	The second		715"	13"
26	V2 Page	260	5"	13"
The other	THE RESERVE	all the last	10"	614"
13	14 Page	160	5"	614"
		1 1000	10"	314"
7	1/8 Page	100	5"	314"
	VALUE OF THE	A Laborator	214"	64"
31/2	1/16 Page	65	214"	314"
BATK	The Republic	30	214"	1"
275-2				VICTORI
2 FREC	UENCY DIS	COUNT	S (1-year	period)
	insertions			
61012	insertions			15%
1 COM	MISSIONS:	Agency c	ommissio	n of 15%
	to recognized			
	IAL RATES			
	discount for r	ace and	meet noti	ces. (1/3
	for races a			
	.) Inserts: \$3			
	y commission		1	and product
5. TERM		CA THE		
-	days from b	illine date	The same of	
	SIFIED RAT			

5. TERMS
Net 10 days from billing date.
6. CLASSIFIED RATES
60 cents per word. Count name and address as 5 words. Race notices are 40 cents per word.
Prepayment required with copy.
7. MECHANICAL REQUIREMENTS
a. See display rates for ad sizes.
b. Photo offset printing.
c. Negative ok. No mats, cuts or plates.
d. 2-colors add \$50.
e. Screen: 85 lines per inch.
8. CLOSING DATES
The 10th of the month before date of issue.
9. CIRCULATION July 1989

Paid: 5328 Distribution: 7500
Published monthly. Subscriptions \$22.00/year.
Mail order to: National Masters News
P.O. Box 2372
Van Nuys, CA 91404
818/785-1895

# **Five Years Ago**

September, 1984

- •853 Compete in Nationals in Eugene
- •51 Compete in National Decathlon
- Inglis, Dalrymple Win National 15K
- •220 Compete in Western T&F Regionals in L.A.

### Wojcik Retires From NMN

Jerry Wojcik, Senior Editor of the National Masters News for the past seven years, is moving to Florida this month and will no longer be working for NMN on a daily basis.

He will still be coordinating the annual t&f rankings, and will be a frequent contributor from the field.

Jerry has been primarily responsible for the schedule, t&f results and stories, Masters Scene, and proofreading. He will be missed.

We wish him well in his early

retirement (he was an English professor at Los Angeles Valley College for over 20 years), and thank him for his outstanding contributions to NMN and to the masters program during the past seven years.





# The National Calendar Magazine for Runners

Join over 200,000 racing enthusiasts who read RUNNING TIMES—the people who don't just dream about entering a race now and then, but do it, regularly, an average of 13 times a year.

We offer three compelling reasons why you should subscribe to RUNNING TIMES:

- Regular features in each issue include National and International Calendar of upcoming racing events, Race Results, Personal profiles and advice on training from Jeff Galloway & other top experts.
- Each issue is delivered to you several weeks ahead of the issue date, providing ample time for you to check the calendar and select races that fit in with your racing/work/travel plans.
- One yearly subscription is only \$19.95, a \$15.45 savings over the newsstand price.

NameAddress	SEAL OF LOUR PROPERTY.	THE PARTY AND	Victorial of	1
City	State	ZIP		120
☐ Payment enclosed	☐ Bill me	Charge my	□ VISA	□мо
#	Din inc	Exp.		
Signature	and the same of	图 "太平思"	4	Fan



Pagliano's Podiatric Pointers

by JOHN W. PAGLIANO, D.P.M.

#### Sciatic Nerve Inflammation

This letter concerns the great deal of pain that I am experiencing in my hamstring and buttocks. The pain started September, 1988 after I ran a hilly marathon. I couldn't run over 10 miles after that with the exception of a 13.1 mile race two weeks later in 1:29. I ran a 10K three weeks later in 41:00 and another marathon one week after that in quite a bit of pain in a time of 3:16. My times have gotten worse as has the pain and also my stride gets shorter

Your condition certainly sounds like a sciatic nerve inflammation or entrapment. This can also accompany a hamstring strain. These usually occur after a sudden dose of speed work on a track or running hills as you

This condition is quite painful. Obviously your running so many marathons is not helping the condition. At this point, you should do minimal mileage. Stretching at this point will just aggravate your condition.

You should see a sports orthopedist who is willing to be very aggressive, treatment-wise. First, you need to apply moist heat twice a day for a minimum of 20 minutes. If you have a physical therapist, he or she can perform this. Also, if you are going to use ultra sound, it should be three times a week and has to be applied aggressively and directly over the injured area. Deep massage is also of some help.

If this is not helping, you really need

to get cortisone shots. If given properly, these can be very helpful.

When this clears up, you should start running at a lower mileage and avoid stretching the area prior to running. Walk to warm up instead.

I hope this is of some help. You cannot really let this go too long or the scar tissue deposits become permanent. If you can't find a sports orthopedist, drop me a line and I will find one for you.

(Dr. Pagliano is a runner and a podiatrist in Long Beach, California. He is a member of the American College of Sports Medicine. If you have a foot, ankle or achilles question, write to Dr. John Pagliano, The Foot Beat, NMN, Box 2372, Van Nuys, CA 91404.)

## Montana Masters Championships

by MIKE CARIGNAN

The 11th Montana Masters Championships were held again, on August 11-12, at Montana State University in Bozeman, where local athletes turned in national-caliber performances.

Tom Gage, 46, of Billings, AAU champion in 1971 and the U.S. best in the hammer in the 1972 Olympics, took the hammer (193-6), shot put (46-1114), and discus (136-0).

Al Funk, 75, of Bozeman doesn't get much recognition even in his home town, but he won two events in the World Games in Eugene. Here, at 4900 feet, he ran a 5:52.0 1500, with his first 400 in 82 seconds.

Terry Kennedy, 42, of Bozeman ran a 62.6 400. She suffers from chronic plantar fascitis and can only run once a week, so she has cross-training with water-runs, lifting, and bike riding down to a science.

Bill Foulk, 56, of Bozeman, who took two silvers in Eugene, then took a hard fall in the steeplechase, was still hurting at this meet, but won the 1500 (4:47.3) and 5000 (17:59.2).

Herb Kirk of Bozeman, who turns 94 in October, ran four events.

# 18th National Decathlon/Heptathlon Draw 47 to North Carolina

by REX HARVEY

The 18th consecutive National Masters Decathlon/Heptathlon Championships were held in Thomasville, N.D., on June 17-18.

Forty-five men and two women showed up under sunny skies. Awards were presented, as always, in the normal five-year age groups. But, for the first time, we also used the new 1989 WAVA Age-Factor Tables, which added a great deal to the event. In addition to all age groups being able to compare their scores, individuals could compare their results to their own past performances. The new scores can be understood by the regular track fan who is not familiar with the age dropoff; the age-factors produce scores that directly compare to regular open-competition scores.

Atlanta's Phil Mulkey, 56, who held the world decathlon record in his opencompetition days, showed his stuff again by winning the overall competition for the second year in a row with an age-factored total of 7806 points. Dale Lance, 51, was second with 7160 points, with Ken Ellis, 31, third with

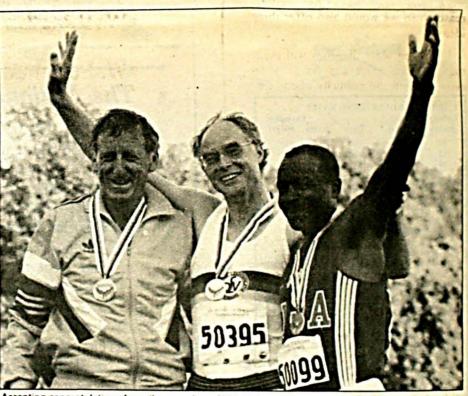
Phil Raschker, 42, of Atlanta, set a

new world W40 heptathlon record of 4744 IAAF points (5498 WAVA agefactored points), breaking her own WR and winning her third consecutive national heptathlon title. Barbara Stewart, 47, was the only other female competitor and scored 2300 WAVA points.

The lack of more women participants was discussed at the athletes' meeting. It was agreed the event needs more publicity.

Bill Busby, meet organizer, held a fine meet ably assisted by Bill Weldon, meet director; Charles Busby, referee; Jim Saxon, announcer; Stan Styers, starter; and a host of other volunteers all showing fine Carolina hospitality. Bill and his lovely wife Lorri opened their home to all athletes, spouses, friends and officials for a barbecue.





Accepting congratulations from the crowd are M50 400 medalists, from left: Reg Austin, Australia (3rd, 53.24); Guido Mueller, West Germany (1st, 52.31); Larry Colbert, USA (2nd, 52.86), at the World Veterans Championship in Eugene. Photo by Gretchen Snyder



FIGHT Tracksters
P.O.

THE ORIGINAL
LIGHTWEIGHT TRAINING PANTS Price \$29.95

From RON HILL SPORTS (USA). Dept MN P.O. BOX 913 CLAREMONT C.A. 91711

Waist sizes S - 28, M - 30, L - 32, XL - 34, Colors - Navy, Red, Black, Royal, Gray, Fluo - Yellow, Cornflower, Jade, Emerald, Purple, Acid Green, Turquoise.

Send \$2 for 89/90 Color Brochure

C in m

(fi ho

lo

tua eve tai yo

can for ing

ath res fro yo

co

ask

# An Open Letter to all Race Directors

Dear Race Director,

The Masters Long Distance Running Committee of The Athletics Congress, governing body for running in the United States, urges your cooperation in assisting us to promote fitness and to provide competition opportunities for men and women from age 40 through age 100 and over.

Specifically, we are asking you to recognize older runners in your event by including 10-year age divisions (five-year divisions ideally) for men and women ages 40-90 + regardless of how many competitors you assume will attend your event.

The realization of this request is vital

- 1. It will provide incentive for older runners to compete and keep fit, which is essential for maximum health and longevity,
- 2. It will provide recognition for hard work, especially by those who have loyally supported running for many years, and
- 3. It will encourage participation and growth of the sport in the older age divisions, which will in turn promote your event.

Our committee is aware of any reluctance you may have for various reasons, so we would also offer these ideas:

- 1. Having older divisions will eventually attract more runners to your event, as will the publicity about certain older competitors.
- By complying with our request, your event will set an example for other races, and the older runners themselves can set good examples for their peers.
- 3. It is not necessary to date awards for the upper divisions, so awards not used one year may be used the following year.
- 4. The recognition itself is what's important, not the actual award, which could be procured and sent to the athlete after the event when exact results are known. In some cases, the awards themselves may be different from the type of awards given in younger divisions.

Many of our committee members are race directors too, as well as athletes, and we realize that many factors enter into the decision regarding age divisions and that the goals may not be realized after just one year. We are asking this for the betterment of the sport - we are all growing older and want to receive recognition for our efforts.

Thank you for your assistance.

TAC Masters Long Distance Running Committee, Charles DesJardins, Chairman



Tuesday's rain didn't stop West Germany's Norbert Barth, who triple jumped 9.13 (29-11½) to place sixth in the M65 category in Eugene. Photo by Gretchen Snyder

# CLASSIFIEDS

Classified ad rates are 60c a word. Count name and address as 5 words. Race notices are 40c per word. Prepayment required with copy. Deadline is the 10th of the month prior to issue date. Send to NMN, PO Box 2372, Van Nuys, CA 91404

Let the government finance your business. Grants/loans to \$500,000. Free recorded message: 707-449-8600. (LJ5)

Dec. 2. MN Masters Early Morning "R" T&F First indoor records. All-Comers. SASE to Mrs. Rachel Lyga, 122 63½ Way NE. Fridley, MN 55432.

Photos from Nationals. For the athletes who competed in the 1989 TAC/USA Nationals in July in San Diego, we have 5" x 7" photographs available for \$5 each plus \$2 shipping and handling. Please call Phil at Pro Photo, 619-287-5346. Please have your bib number available. Or write Pro Photo, 6325 El Cajon Blvd.; San Diego CA 92115 USA.

# TAC NATIONAL MASTERS 8K CHAMPIONSHIPS/MISTLETOE RUN

(Final Event of TAC National Convention)

Washington DC

- •3 Dec 1989 8:30 a.m.
- •W. Potomac Park
- Flat/Fast Course
- Computerized Finish Line
- •T-Shirts/Refreshments
- Masters 5 Yr. Age Groups
- Random Awards
- Registration \$10 (\$12 After 27 Nov.)

Entry Fee \$10.00  Make payable to Mistletoe 8K, P.C n consideration of my application being acce and claims for damages which I may have or m	pted, I hereby, for myself, my heir ay hereafter accure to me against t	s and executors waive releas the organizers and sponsors of	se, and forever discharge of the Misterbe, Colonial Ri	unning Comp
ther sponsors and their representatives, succ t and have sufficiently trained for the complet rant full permission to any and all of the foreg	on of this race, and my physical or	ondition has been ventied by	a licensed medical doctor.	Further, I her
or any legitimate purpose without compense			RACEC	
K &	arthur this ender		工作 等 表 景 智	章日本
Signature of athlete (Signature of I	arent or Guardian if Athle	te is under 18 years of a	ige )	
NAME LILL	1 2 2 2 2 2 4 4 5 5		8 9 9 9 8 8	الباليا
	LAST		FIRST	М
DDRESS			五四三百色	4 5 6
TITY TITLE	ППП	STATE [	M ZIP	3 = 5
HOME TELEPHONE	п п.п	GENDE	R D AG	F
MONTH DAY	YEAR	S M L		0K time
the state of the s	SHIRT SIZ		1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	18 S 18



# **MASTERS** TRACK & FIELD REPORT

by SCOTT THORNSLEY. U.S. Co-Team Manager

### World Games Relay Recap

All but one U.S. men's relay team (M55 1600) claimed world titles at the World Veterans Championships in Eugene on August 6.

Interest in the relays was high, with 53 men bidding for 24 spots in the 400 relay, and 68 vying for 24 legs in the 1600 relay.

Criteria called for athletes to be chosen by the fastest 100 and 400 times posted in either San Diego (nationals) or Eugene. This caused problems, as several San Diego 400 times were better than those made by American men in the Eugene 400 finals.

Each potential runner was supposed to contact a team manager to verify that he/she would be available to run on Sunday morning. Several runners

falsely assumed that since they advanced to the finals they were automatically awarded a relay leg. One runner, who had posted the fourth-fastest time (in San Diego) for the 400 relay, didn't show up in Eugene, assuming he would simply show up on Sunday and run his relay leg. He was removed from the team after several attemps to contact him in Eugene failed.

Two M50 sprinters posted identical 12.18 times in the 100, tying for the fourth spot. A run-off was scheduled, but only Gary Miller came prepared to

Runners persisted in signing up for a relay and then bowing out at the last minute because of airline reservations. Alternates came to the track not dressed to run. One relay team had to reach to its third alternate to fill the team. Moral: come prepared to run, no matter how far down the list you are.

Jack Greenwood expressed interest in the 400 relay, yet accepted the decision he could not run because he had no 100 time to compare to the other relay candidates.

World M40 400 record-holder James King said he'd be unable to run on the 1600-relay team because of work obligations. Richard Tucker moved up to replace King. At the last minute, King was able to run. Tucker could have retained his leg on the team but graciously stepped aside to permit the team to have a chance to set a world masters record. Then, Stan Whitley suffered a leg injury, which allowed Tucker to run. The team set a world M40 record.

#### Recommendations for Finland

1) Post criteria for relay-team selec-

tion in NMN six months before the Championships.

2) Limit relay selection to only those running the 100 and 400 at the World Championships.

3) Pick runners by their place in the finals, then by their times in the heats.

4) Post the four relay members regardless of whether they contact the team manager.

5) Require confirmation that the chosen runners will be able to compete.

6) Have TAC's Masters T&F Committee pay all relay fees.

7) Hold runoffs for ties on an off day. No coin-flip.

8) Publish a photo of the team manager in NMN, so runners know who to look for.

9) Develop a thick skin and expect bickering and confrontations.

10) Plan to spend about 80 hours during the nine days of competition, as I did, at the venues.

## TAC To Hold 11th Annual Convention

The Athletics Congress' 11th Annual National Convention will be held from November 27 to December 2, 1989, at the Hyatt Regency/Capitol Hill in Washington, D.C.

On this page are:

1) Convention Registration Form

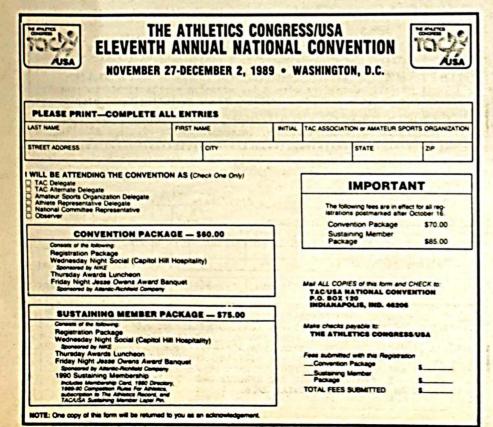
2) Hotel Reservation Form

If you need additional registration forms or hotel reservation cards, please contact Tref Lowe at TAC, Box 120, Indianapolis, IN 46206 (317/261-0481).

United Airlines, the official carrier for the Convention, is offering a 5% discount off any published round-trip fares, or a 40% discount off unrestricted round-trip coach fare. To obtain the United discount, call 800/521-4041; use the special TAC account number of 9192J.

If you're an Association delegate, you should be receiving these materials from your Association.

BLEVENTH	MOER 27-	Consumber 2,	BOTTESVE	Date of Arrival Time of Arrival Date of Arrival Check in Time 3 p.m. Check out Time 12 noon Name Company	RESERVATION REQUEST BOOKING # G-65617  Restructions received other 11/18/89 or after the room book has been fixed are subject to availablely one previousing cases  Guaranteed by one of the following American Express Carls Blanche USSA MasserCard Dinners Cub
1 bdrm Suite  2 bdrm Suite  Regency Club a American breakt lounge in addition and amerities.  Mail to: Hy	ast and to spec	use of Reg ial guest roo	ency Club m services	Toughous No Gold Passport No Sharing Room with  Jersey Ave. N.W., Washingt	Check or money order encessed Amount 8  Card 8  Expiration Date  Signature



#### Tentative Schedule of Masters T&F Committee at TAC Convention in Washington, D.C.

Monday, November 28

p.m. 8:30-11:00

Executive Committee of Masters T&F;

plan agenda; review legislation proposals.

Tuesday, November 28

p.m.

8:00-11:00

Sub-committee meetings; awards, sectional

coordinators; budget, law & legislation,

site-selection presentations.

Wednesday, November 29

8:00-12:00 TAC General Meeting

p.m.

1:00- 5:00 Awards, site-selection, rules review, miscellaneous

8:30-10:00 Election of Masters Chairman (2-year term).

Thursday, November 30

8:30-11:30

Organizational planning, new Chairman's choice.

p.m.

2:30- 6:30 New Chairman's choice.

Friday, December 1

a.m.

9:00-12:00 Committee appointments; organizational.

p.m.

1:00- 5:00 Joint meeting with Masters LDR.

The election is tentatively scheduled for a specific time so all masters delegates can clear his or her committee meetings and be in attendance at this election. The election will be run under the direction of the Membership Committee, and only duly elected and designated committee members will be permitted to vote.

# Philadelphia Masters Meet

by PETE TAYLOR

COLLEGEVILLE, Pa., August 19 - Longtime masters superstars Jim Sutton, 58, and Claude Hills, 77, turned in record-setting efforts today as the Philadelphia Masters conducted their annual outdoor invitational at Ursinus College. The threat of rain which, unfortunately, did materialize, undoubtedly held down the number of competitors.

Sutton bolted out to an early lead in the 1500 (he ran in the 30-34 group) and held on for an age-58 U.S. mark of 4:44.4. He continued another 120 yards to finish a mile in 5:05.7, also a single-aged standard.

The redoubtable Hills ran the 100H in 22.8, beating Herb Anderson's standard.

Emerging sprint star Warren Spikes, 38, put on a show by trouncing his opponents in times of 11.5, 22.4, and 50.5. Bob Keegan, M55, ran 12.4 and 26.3 in the sprints, while Marilyn Mitchell, W45, did 14.0 and 28.5. William Corsey, M40, won four golds.

A number of strong people were on hand: Tim Williams, M40, spun the discus an excellent 45.52, while John Abbott won the M45 with 42.20. Chuck Yost won the M50 shot with a heave of 11.59, while Ray Feick took the M55 in 11.73.

### **Brown University Invitational**

by NEIL STEINBERG

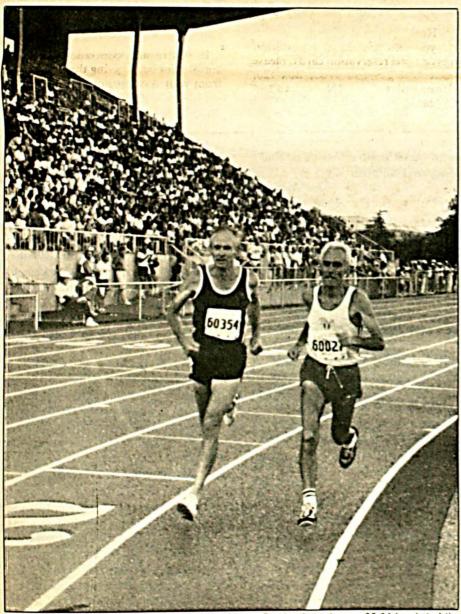
Despite heavy downpours throughout the day, we had 175 entrants and several fine performances in the Brown University Master T&F Invitational in Providence, R.I., on August 13.

M40 double winner Roger Pierce had a fine day (100 11.3; 200 23.2). Ed Fern's 6-7 high jump in the M35

division was a highlight. Boo Morcom, M65, won four events. Pat Peterson, W60, and Libby Hagemann, W65, were multi-winners on the women's side.

Over 60 meet records were broken or tied.

Brown University will host an indoor meet on January 14.



New Zealand's Derek Turnbull (left) and Italy's Cesare Bini battle in the age 60-64 bracket of the 1500 at the VIII World Veterans Championships in Eugene. It took a world M60 record of 4:28.66 by Turnbull to win over the determined Bini, who had upset Turnbull in the 5000. Turnbull won six gold Photo by Gretchen Snyder

# NATIONAL MASTERS CHAMPIONSHIPS 5 Km Cross-Country Run

Columbus, Ohio, November 5, 1989



Columbus Recreation & Parks



Department Molfpack Track Club and Over-the-Hill Track Club SPONSORS: Columbus Recreation and Parks Dept/Exceed Sports Mutritionals PLACE: Airport Golf Course, 900 M Hamilton, Columbus, Ohio [614] 645-3127 Open and Submasters Men (39 & Under) at 9:30 a.m. Open, Submasters, and Masters Momen at 10:15 a.m. Masters Men (40 & Over) at 11:00 a.m. INDIVIDUAL AGE GROUPS: Open, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, ..... 8040 INDIVIDUAL AMARDS: TAC medals to the top 3 runners per age group: 6
TAC medals for Open division; special award for Open and Masters Champion;
other finishers will receive a Victory medal. INDIVIDUAL CRAMPION PATCRES: awarded to Masters age group champions TEAM AGE GROUPS (NAW): Open,30 & Over,40 & Over,50 & Over,......80 & Over Masters - aggregate (total) time of acoring members; Open and Submasters - simple acoring by position. Medals to each scoring member of the top three teams. Small team trophy awarded to the top three teams. TEAM CHAMPION PATCH: awarded to scoring members of Masters team champions TEAM ROSTERS: identify by 11/1/89 - register each athlete individually; submit separate list for each age-group-team on the team entry form; coach/manager should be given as the point-of-contact for any questions. LONG SLEEVE T-SHIRT: meet T-shirt awarded to the first 200 entries. ENTRY FEE: \$10.00 before 11/1/89; \$15.00 thereafter; no phone entries. MAKE CHECKS PAYABLE TO: MEET DIRECTOR: John Mhite, 4865 Arthur Place, Columbus, Ohio 43220-3102 days: (614) 424-7011 evenings: (614) 459-2547 COURSE: single figure-8 loop on golf course perimeter with inspectors; mostly grass with some dirt; moved, coned, and flag marked; rolling golf course rough with a 40-foot total altitude change. PACILITIES: adequate parking, water, restrooms, central spectator viewings no locker rooms evailable -athletes should come ready to run; for post race showers, ask the motel for a late checkout time. DIRECTIONS: The golf course is 2 miles directly east of the Port Columbus Int Airport terminal just inside the east side of the city beltway I-270. From I-70 exit at Hamilton Rd and go north 4.4 miles. From I-270 exit at Hamilton Rd and go south 0.7 miles. GC is on east side. From the airport take Sawyer Rd eastward to Hamilton Rd and GC. The Headquarters Motel is located 1.5 miles south of the golf course at Hamilton Rd and Broad St. CONVENIENT MOTELS (all located 2-5 miles from airport and golf course): 800-228-5151 840 single 614-861-0321 843 double 800-225-3535 869 single 614-237-2515 800-621-1429 837 single -BQS- Quality Inn 4801 E Broad St Concourse Hotel (at Hamilton Rd)
4300 E 17th Av
(at the airport)
Cross-Country Inn
4240 E 17th Av
(at the airport) SATURDAY NIGHT PROGRAM: All runners, coaches, and meet workers are invited to a lecture and social hour at the Quality Inn on Saturday, Nov. 4 at 7 p.m. The featured speaker will be Dr. Keith Wheeler, speaking on "Nutrition for the Masters Athlete," followed by a social hour, including free beer and soft drinks, which will be hosted by Exceed Sports Nutritionals, a division of Ross Labs. AIRLINE DISCOUNT: American Airlines, Star #S05N49A, 1-800-433-1790; 35% off of full coach fare with 7 day advanced purchase, \$30 to cancel; 5% off of any other published airfare offers including first class, CAR DISCOUNT: Budget Car Rental (airport), Paul Negulescu, 614-471-2434;

24 hr/150 free mi, economy \$1	19.79, intermediate \$22.79, full \$25.79.
Individual Entry	Form - Submit to Meet Director
NAME:	SEX: PHONE:
ADDRESS:	CITY/STATE/EIP:
AGE AS OF 11/5/89:BIRTH	IDATE: TAC CLUB:
IF RUNNING ON A TEAM, PLE	PASE GIVE THE AGE GROUP:
	(required of all Masters)
LONG SLEEVE T-SHIRT SIZE (circ	ele one): small medium large x-large
HEIRS, EXECUTORS, ADMINISTRA' ALL CLAIMS FOR DAMAGES, INCLU WOLFPACK TRACK CLUB, THE O' COLUMBUS RECREATION AND PAR COMMITTEE, THE RACE OFFICIALS, ASSIGNS FOR ANY AND ALL INJURIE	AT BEING ACCEPTED, I BEREBY FOR MYSELF, MY ATORS, AND ASSIGNS WAIVE AND RELEASE ANY AND IDING CONSEQUENTIAL, I MAY HAVE AGAINST THE OVER-THE-HILL TRACK CLUB, THEIR MEMBERS, EXS DEPARTMENT, THE SPONSORS, THE RACE AND THEIR REPRESENTATIVES, SUCCESSORS, AND THE SUFFERED BY ME OR MY CHILD (ATHLETE) AT THE ATHLETE HAS TRAINED SUFFICIENTLY TO STRY RACE.
(CICHEN)	APRI POP (DARPHE IS mades 18 manes ald)

#### Write On Continued from page 4

nice account in Sports Illustrated.

When the meet returns to the U.S., let's have it in Eugene again!

Bill Forsyth Albuquerque, New Mexico

Eugene has by far the best track, facilities, and people in the United States, and I'll be back. One plea: please do not schedule the pole-vault in the mornings. It makes injuries more apt to occur. Lastly, my fellow competitors and I would much prefer a T-shirt with "1989 National Champion" on it rather than another medal to keep in a box.

Charles Polhamus Atlanta, Georgia

#### NATIONAL CHAMPIONSHIPS

I want to acknowledge and say "Thank you" to all the medical service people from San Diego State University at the Nationals and the World Games medical personnel in Eugene who helped me compete in spite of injury.

Phil Brusca

Phil Brusca Maryland Heights, Missouri

The National Masters T&F Championships left me with a bad taste because of the attitude of the administrators of the meet.

For example, when I asked why the

800s were being run in lanes rather than the usual "waterfall" start, an official said: "This is the nationals, welcome to the big time." Hardly a proper remark.

Only two men ran the first heat of the M50 800, but several ran in all other heats. The result was that those two ran 2:17 and 2:27, yet, since the first two went to the finals, they both made the final. Others in later heats had to run under 2:12 to make the final.

When an official protest was lodged, the reason given for disallowing the protest was that the computer had set up the heats and nothing could be changed. (If that's the case, then why bother to check in?) Two races were, in fact, changed: the M35 400, where heats one and two were combined into one heat; and the W40 400, where a runner was allowed to run in the final even though she hadn't checked in for scheduled heats.

These improprieties dilute the validity of the National Championships. I don't want some overzealous volunteer official ruining our program.

Cliff Pauling Bronx, New York

My perspective on the National Championships in San Diego: We were

or call

201-347-0192

blessed with wonderful weather, first class facilities, and volunteer officials that were pleasant and accommodating. Meet management did not, however, uphold the same standard. Three basic complaints:

- 1. We were charged an unprecedented \$30 entry fee for one event!
- 2. A simple error in scheduling, coupled with the refusal to make a correction, demonstrated a complete disregard for competitors. The "tenative schedule" (the only one available to competitors prior to arrival at the meet) listed "11:00 Pole Vault (9 hours)." The "final schedule" (this one was only available upon arrival at the meet site) listed two divisions starting at 9 a.m. This problem was brought to the attention of meet director Dixon Farmer on the afternoon prior to competition. He chose to stick with the 9 a.m. starting time, even though all competitors were not present at that time. A written protest was filed by several competitors.
- 3. Four hours after the competition ended, we were unable to pick up medals because "the results have not been checked." After approximately one hour of literal "run around," a confrontation produced a written promise to send the medals. It's been a month now, and no medals yet.

To the San Diego meet organizers: If you'll return my \$30 entry fee, I'll try to forget I was ever there. My appeal to the site selection committee is: Please don't send us back to a place where the fellowship of competition is buried under the purpose of staging a money making event.

Joe Johnston Apopka, Florida

#### REPLY TO COMPLAINTS

Since the conclusion of the National Championships, we have been pleased to receive many letters and calls complimenting the manner in which the Championships were presented.

Because the event this year was tied to the World Championships in Eugene by their proximity in time, it was the intention of the Nationals Organizing Committee to offer certain amenities to all competitors, including our foreign guests. We hope these extras were noted and appreciated by those in attendance.

Still, not everything went exactly as the competitors would like, or as the Organizing Committee had planned.

As to the specific complaints above:

1) M50 800. The number of entries required four heats with the first two places and the next fastest time going to a 9-lane, computer-programmed final. Only two runners showed up for one heat. Both automatically qualified for the final, causing complaints from athletes who had to run hard in other heats to try to qualify.

#### ACCOUNTING STATEMENT NATIONAL MASTERS T&F CHAMPIONSHIPS SAN DIEGO — JULY 20-23, 1989

REVENUES:

Table 1	AEA 300
Entry fees	\$59,195
Fiesta (569 x \$15)	8,535
T-shirts and souvenirs	7,166
Interest	864
TAC Contribution	2,500
Sponsorship	6,413
Medal engraving	520
Total Revenues	\$85,193
EXPENSES:	
	10,736
Advertising/promotion	
Automatic timing	2,826
Computer/results	957
Communications	1,217
Credit card bank charg	
Bad Checks	451
Bank charges	58
Equipment rental	3,000
Medals/awards	9,622
Numbers/pins	1,116
Officials	2,993
Office Supplies	3,521
Office Rent	1,800
Salaries/labor	1,513
Postage .	4,414
Printing	5,559
Signs	847
Telephone	2,727
Sanction fees	390
T-shirts	10,873
Track facilities	5,060
Transportation	6,963
Social function	9,166
Miscellaneous	1,306
Total Expenses	\$88,584
Net Profit (Loss)	(\$3,391)

In retrospect, the computer could have permitted a 10- or 12-person final, but the meet director, made an on-the-spot decision to run a 9-man final, as scheduled.

In the future, perhaps all major meets should use the method employed by Melbourne and Eugene, where scratches and heats are determined an hour before the race. It's difficult, but can be done.

- 2) \$30 Entry Fee. The writer is apparently unaware of the costs involved in producing an event of this magnitude (see accounting statement on this page). Each competitor received, with no extra charge:
- a) free transport to and from the airport, train or bus (cab fare one way is \$25).
  - b) free T-shirt (retail value \$10).
- c) free pre-meet reception with food, drinks and entertainment (value \$10).
  - d) free program (value \$2).
  - e) unlimited free fruit during meet.
- f) free nightly entertainment on the green.
  - g) free shuttle service to four venues.
- 3) Error in Scheduling. The entry form listed nine hours of pole vault competition in bold type as "tentative." Each entrant was instructed to check, on arrival, the final meet schedule. The earlier start time was dictated by the large number of entries. The competition at SDSU had to be completed before dark as the facility had no lights.
  - 4) Delay in confirmation of results

    Continued on page 23

	VIDEO	TAPE REPLAYS!	
		DNAL MASTERS TRACK	
C	HAMPIONSHIP	- SAN DIEGO, CALIFORN	AII
	AND THE RESIDENCE OF THE PARTY	LY 20-23, 1989	
	Mx. V. Marian	*savan minute intro scenes of S	III
	All Tapes Inc	clude *all finishers	,030
Tane	Dackages Available for	Order with Superimposed Times on Mos	+ Evente
Tape	· · · · · · · · · · · · · · · · · · ·		Levents
	MATERIAL SECTION OF THE PARTY NAMED IN COLUMN TWO IS NOT THE PARTY.	AVAILABLE EVENTS	
	(Men	/Women - All Age Groups)	
E	vent	No. of tapes Price	
1.		\$50.00	
	200M Finals	\$50.00	
3.	400M Heats & Finals		
	1500M Heats & Final	\$50.00 \$50.00	
6.	80M/100M/110M Hurd1	\$50.00	
	Finals	\$50.00	
7.	300M/400M/ Hurdles	Commence of the second	
	Finals	\$50.00	
8.	2000M/3000M Steeple	chase	
•	Finals 4x100M; 4x400M; 4x6	\$50.00	
	Relays	\$50.00	
10.	Individual Requests		
	(Up to 3 Events)		
	Specify race, M/W,	Age. \$35.00	
	1.		
	2.		
-	A STATE OF THE PARTY OF THE PAR	The state of the s	tide "
otal	Number of Tapes Ord	dered Total Cost \$	
	NJ	residents add 6% Sales Tax \$	
		Postage and Handling \$ 3.	00
		Grand Total \$	200
lame:		Phone:	
	SSI Commission of the commission of	Priore I	THE SAME
city		State Zip	Marie Dec
	Mary Colombia Salamana	form along with your check for th	WILESON .

JMI Video Productions

P.O. Box 541

Wharton, NJ 07885

# The International Scene

### Thanks for the Memories

by RON BELLAMY

t was the kind of event that will glow for years, softly and warmly, in the memories of those who shared it.

When the competitors, especially, look back on the World Veterans' Championships, it will be with the thought that no one had done it better.

No place ever organized the meet better, or officiated it better, or treated the visiting athletes with greater hospitality, or responded to their efforts with more enthusiasm.

For the veterans' championships that will follow, beginning in 1991 in Finland, Eugene has set the standard. In future years, when masters track and field athletes gather to compete, they'll talk about Eugene fondly, and they'll smile at the memories.

And if, in those memories, the track at Hayward Field becomes a little brighter, or the volunteers at Silke Field become more tireless, or the applause at the opening ceremony becomes even louder, even longer, even more spontaneous, even more touching than it really was, well, so be it.

Remember Eugene, they'll say. Remember the year this meet was held in Eugene.

And so I'm not sure it will really matter exactly how many athletes competed, or exactly how much money, down to the last decimal point, was "pumped into the local economy," as the phrase goes.

Somehow, for Eugene-Springfield residents who were willing and able to be involved, this meet struck a chord, evoking our best feelings about athletics and sportsmanship, and about staying young and setting goals, and about working hard and having fun.

The veterans' games sparked a willingness to display our community and to display our feelings, not just for the sport of track and field, but for competition itself, and for the people who compete.

During the week, someone observed that the meet was like a combination of the Olympic Trials and the Eugene Celebration. Although I found the comparison to be somewhat off the mark — this was assuredly not the Olympic Trials, but then the sense of friendly, low-pressure competition was part of the charm — it hit close enough.

Honestly, I didn't expect that atmosphere. Didn't expect so many of the performances to be so admirable,

"pumped into the local economy," as the performances to be so admirable,

THANK YOU

FUGENE

At the closing ceremony, competitors from the Federal Republic of Germany express the athletes feelings.

Photo by Gretchen Snyder



Nearly 10,000 spectators greeted the athletes for the opening ceremonies in Eugene.

Photo by Gretchen Snyder

from the efforts of multi-medal winners such as Antonio Villanueva of Mexico and Bronwyn Cardy-Wise of Wales to those of store managers and hospital administrators running PRs after months of training.

And I didn't expect the community to respond with so much warmth or interest. But then this track meet was the Ultimate Human Interest Story, in which the line between spectator and athlete was very blurred, partly because so many of the spectators were competitors, but also because most of the athletes (and how often do lawyers and salesmen get to read themselves described thusly?) are usually spectators.

Only once was the action ludicrous; in a meet in which last-place finishers were often cheered as loudly as the winners, too many of the competitors in the women's steeplechase Saturday were simply unprepared for, or inept at, the demanding event. Amid splashes and pratfalls, fun turned into farce

Thankfully, the enduring memories of the meet will be more inspiring and more touching, the most poignant moment being the 200 meters in which 94-year-old Ching-Chang Wang of Taiwan held off 90-year-old Herbert Kirk of Montana at the finish line and then for 100 meters more as both old runners, unsure the race was over, kept going, the winner unwilling to let the challenger pass.

The moment captured the movement, because the old competitors would not give in to each other, just as they had not given in to age, or to the smothering thought that they couldn't do something.

Many athletic events are noteworthy for the stakes involved, but the charm of this low-key meet rested in the athletes themselves and the range of talents on display. If you were left breathless by a Villanueva, the winner in the M45 5000- and 10,000-meter

runs, or if you relished the blasts from the past — the guys such as Bob Richards, Al Oerter and Eddie Hart — you also could watch an average competitor in this very big all-comers' meet and think that with effort and a modicum of talent maybe that could be you, if you were willing to sacrifice, willing to train in the rain and the heat, willing to set a goal and strive for it.

The all-comers' aspect turned out to be part of the charm of the meet. But it also presents, I think, a future dilemma for the growing masters track movement. Within the coming decade the world championships meet will get too

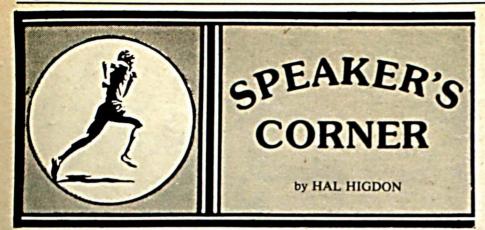


large unless there are entry standards to keep it from shattering the alreadystrained bounds of manageability.

Alas, the inevitable development of entry standards will change everything else. There would have to be national qualifying meets to produce certifying marks. There would be a wedge driven among the competitors, former Olympians pitted against former joggers. There would be more politics, more intensity, more arguments and more guys with noses in the rule books.

If that happens, the refreshing charm and spirit of the meet at Hayward Field will be lost, and the older vets will have even more reason to cling to their memories of Eugene, and the way it was.

(Reprinted from the Eugene Register-Guard.)



#### Cut the Distance

e run too many distance races in the World Veterans Championships.

At the biennial meeting of the world's best masters recently concluded in Eugene, Oregon, I saw runner after runner racing their legs stiff on a relentless pursuit of medals and glory — though perhaps little honor.

Counting events from 800 meters up, there are eight races in which a vet can win a medal. These are the 800, 1500, 5000, 10,000, steeplechase, road race, cross-country, and marathon. Since team medals can be earned in cross-country and the marathon, that's ten medals for someone showing both talent and tenacity. Multiply that by three medals in each age group, then by 20 for the approximate number of age groups, and you come up with 600 gold, silver and bronze medals showered upon the distance runners of the world.

Forget for a moment the cost of those medals; consider the amount of effort required to organize all the distance races required to win them: the timers and lap-counters and other folk needed so that we can have our moments of triumph.

And if we are ever interested in making our sport palatable to spectators, think what this proliferation of distance does to the appeal of masters track. Because of the large number of entrants, there were six heats scheduled for the M40 5000 meters alone, lasting two and a half hours. Many age groups required three heats each in the 10,000, lasting three hours. It probably takes

more endurance to watch (or officiate) these races than to run in one of them.

I tallied the amount of time required to run all of the 10,000 track heats in all of the age groups. The total: 21 hours. In contrast, the 10K contested on the road occupied little more than an hour.

Arthur Lydiard, the New Zealand coach, once described how you determine what event an individual should run: "You shine a flashlight in one ear. If the light comes out the other ear, he's a distance runner." I believe it.

Distance running — at least as contested at the World Veterans Championships — is definitely in need of reform.

Certainly, I don't want to eliminate distance running from the World Vets calendar. But that calendar needs to be streamlined. One of the most exciting evenings in Eugene was Tuesday, the night of the 800-meter finals in all age categories, male and female. Twenty-two finals were held within three hours, and it was masters track at its best. Saturday night's series of 1500 finals (lasting just over three hours) may have been next in spectator appeal, particularly coming on the heels of the 400 finals. Who can forget the



Eugene's Pearl Street Pipers play to a full house at the opening ceremonies at Hayward Field.

Photo by Gretchen Snyder

M40 finals at 400 meters with James King of San Diego chasing Stan Whitley of Alta Loma, California through two turns, finally passing on the last straightaway? King ran 48.44 to Whitley's 48.87.

But the 800 may be the perfect masters spectator event, blending the speed of the 400 with the tactics of the 1500. The race is long enough (two laps) so that runners run tactically against each other in packs. (In the 400, runners are separated from each other in lanes.) The 800 also is short enough so that you don't get bored waiting for something to happen. Both the runners, and the program, move faster than is true with longer races. Australian Alan Bradford's near-miss at being the first 50-plus half-miler to break two minutes was one of the high points of the Championships. Hayward Field echoed to cheers and staccato applause. It was good track and good theatre.

Alas, immediately following were three "slow" heats of the M45 5000 before — two hours later — the finals of that event. By that time, I had left the stadium and was having dinner with friends.

Those in charge of technical matters need to consider changes that would help alleviate the glut of distance races and bring sense to this area of masters track:

1. Run trials in the 5000. Move these trials to the secondary track with finals on the main track. This wouldn't necessarily mean more races, since you could crowd more runners into preliminary trials. Instead of three "final" heats in a specific age group, you might have two trials and one final, aesthetically more appealing to the fans.

2. Eliminate the track 10,000. In 1989, a 10K road race was added to the World Vets program. With a 10,000 on the track and 10K the length for cross country, we now have three races at this distance. That makes little sense. The road race proved a popular means of involving many runners who might otherwise feel self-conscious finishing laps behind on the track. I suggest we keep the road event and dump the track 10,000.

3. Shorten cross-country distances. Let's recognize the fact that as we age, it takes us longer to complete any given distance. As a result, runners in the older divisions spend more time on course. In Eugene, a half dozen runners in M60 cross country needed treatment. They weren't necessarily less fit than the younger runners; they may simply have been in the sun longer. The winners in the M40, M45, and M55 races all ran similar times in the 33-minute range; tenth place finishers (perhaps a more accurate barometer) declined about a minute moving Continued on page 19



Eugene/Springfield merchants had the welcome mat out for visiting athletes.

Photo by Gretchen Snyder



Oregon's Dan Bulkley won three gold medals and set two world M70 records in Eugene, including this 52.44 in the 300 hurdles.

Photo by Gretchen Snyder

niq 300 low high

ar

the

OV

cha

rou

sho

300

des

vet

sam

stee

### Speaker's Corner Continued from page 18

through each of those age groups. Past M55, times jumped several minutes a group with large jumps beyond M70. The M75 winner took more than 50 minutes, M80 over an hour, M90 an hour and a half. Females showed similar declines.

To come closer to equalizing time on course, I recommend we revise crosscountry distances as follows:

M40, M45, M50: 8000 M55, M60, M65: 6000 M70 and up: 4000 W35, W40, W45: 8000 W50, W55: 6000 W60 and up: 4000

4. Eliminate artificial barriers. Cross-country also needs to be purged of artificial wooden barriers, such as the one constructed at Lane Communi; ty College in Eugene. Lane's course was challenging enough without the barrier, which had to be negotiated three times. Because of its design, we're lucky somebody didn't twist or break an ankle. Paul Spangler, the only M90 competitor (thus winner), wisely chose to run around the barrier each lap. Technically, he should have been disqualified.

Two years ago in Melbourne, the Australians offered a legal detour around their artificial barrier, the thought being that it was quicker to go over than go around. I'm in favor of challenging courses featuring hills and rough ground, but our vets courses should not be hazardous.

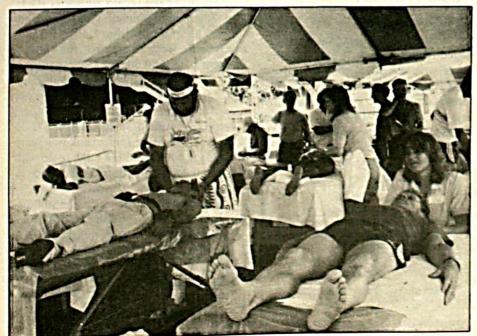
5. Lower steeplechase barriers. The 3000 (or 2000) steeplechase has been described as plastic cross country. But vet steeplechasers face a problem not experienced by athletes in other technique events. Aging 110 and 400 (or 300) hurdlers go over decreasingly lower hurdles. Also, nobody expects high jumpers and pole vaulters to continue clearing the same heights. Yet steeplechasers are required to jump the same heavy and unyielding barriers used by young Olympians. That's unfair. It's also dangerous. The women's steeplechase in Eugene was intended to demonstrate that females also deserved a chase. Instead, all it demonstrated was that women could look as awkward vaulting barriers as older men. Only if barriers can be lowered at least to low hurdle height, should women and older men continue to contest the steeplechase.

For some time, I thought that once a women's steeplechase was added to the Olympic program, someone would create adjustable barriers that then could be used in masters competition. Now I'm inclined to feel that Vets should be leaders rather than followers. How much would it cost to build low barriers at least for the next World Veterans Championships in Turku, Finland? If we can't afford that cost, we can't afford the steeplechase.

The World Association of Veteran Athletes will hold a council meeting in Turku, Finland in the summer of 1990 at which technical matters can be considered. I have discussed the above changes in the distance program with North American representative David H. R. Pain, who has urged me to submit a proposal reflecting by views.

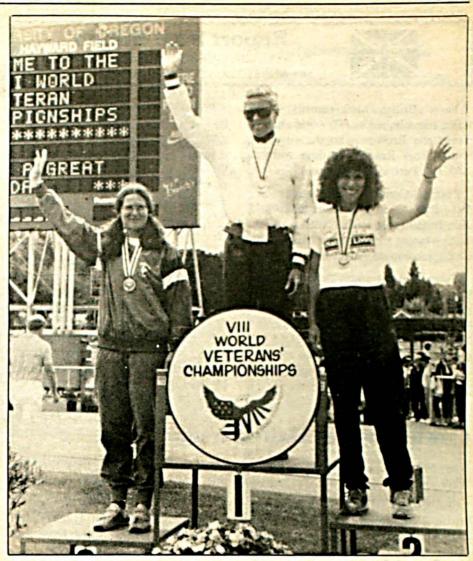
Before I do so, I want to solicit comments and opinions from other distance runners. Perhaps these radical moves also should be subject for discussion at the masters long distance running committee meeting at The Athletics Congress convention this fall in Washington, D.C. Anyone wishing to be heard on the subject, can state their opinions for publication in National Masters News. Or contact me direct at 2815 Lake Shore Drive, Michigan City, IN 46360; (219) 879-0133.

Hal Higdon, Senior Writer for Runner's World, has participated in seven of the eight World Veterans Championships.



Free massages were given to hundreds of athletes at the World Championships.

Photo by Gretchen Snyder



Viisha Sedlak (USA, top) set a world W40-44 record of 50:47 in the 10K walk. Julie Ratner (USA, 53:22, right) was second; Jacqueline Bonnet (France, 54:10) was third, at the World Veterans Championships in Eugene

# TURKU, 1991!

The IXth World Veterans' Championships are set for Turku, Finland at the end of July/early August of 1991, less than two years away.

History, natural beauty, and track & field tradition are all combined in Turku. The oldest city in Finland, Turku was also the home of the legendary Paavo Nurmi. Castles, museums, and a busy harbor offer plenty of sight-seeing opportunities for competitors and their families.

The Co-Directors of the VIII World Veterans' Championships, Tom Jordan and Barbara Kousky, are organizing a "TURKU '91" tour, which will include air travel, choice of accommodations, transfers, and an experienced staff all designed to make your trip a memorable one.

Costs are of course not determined yet, but the advantages of making group travel and housing arrangements will keep the price as low as possible. Tour extensions to other destinations will also be available.

If you are interested in more information about the "TURKU '91" tour with Jordan and Kousky, please write to: Turku '91, Box 10825, Eugene, Oregon 97440. A brochure outlining the specifics of the tour will be sent to you in the spring of 1990. If you already know that you wish to go with "TURKU '91", send \$50 deposit now to reserve your space. Make the check payable to "TURKU '91 TOUR".

TURKU '91 TURKU '91 TURKU '91 TURKU '91 TURKU '91



## **Report from Britain**

by MARTIN DUFF (of Athletics Weekly)
and ALASTAIR AITKEN (of Athletics Today)

Three British M40 records have fallen recently, led by 800 world champion Peter Browne, who shaved two-tenths from Ron Bell's time with a 1:53.3 at Perivale on August 19.

Former Commonwealth champion Mike Bull, 43, improved the longstanding British pole vault record to 4.30 when winning the Northern Irish Open Championship on August 18.

Two athletes put disappointing World Games fourth places behind them with season's bests: Mike James lifted the M40 long jump record to 7.04, while Martin Duff ran 31:55 in the M45 10,000. Both marks topped the U.K. rankings and would have yielded silver medals in Eugene.

Elsewhere, Henry Emerton posted a British season's best steeplechase of 9:32.2 to win the Post Office Championships, adding the 5000 in 15:05.5. Malcolm Martin, 44, posted a 31:32 10,000, and M40 Eugene silver medalist Peter Jones, 41; had a 14:47 5000 just four days after his 14:37 in the World Games.

On the road, Andy Holden won the British Vets 10 Mile Championships in 51:32. Malcolm Martin was first vet in 51:48 in the Brewash Sabaco 10-mile run. Brian Emerson clocked 31:26 for 10K. Pete Wood won the Bridgnorth 6-miler outright in 31:48. Brian O'Neil logged a 31:59 10K. Emerson registered 15:48 in the Felixtowe 5K.



by MARTIN DUFF (of Athletics Weekly)

Shel Cowles retained his title in the British Veterans Athletic Federation Half-Marathon Championships over a surprisingly difficult course at Stoke Ferry in Norfolk on September 4.

The Oxford man, with a best time this year of 66:29, was held to 69:00 as he won comfortably enough from Fred Reeves (69:36). Les Davis, who was responsible for upping the pace to the

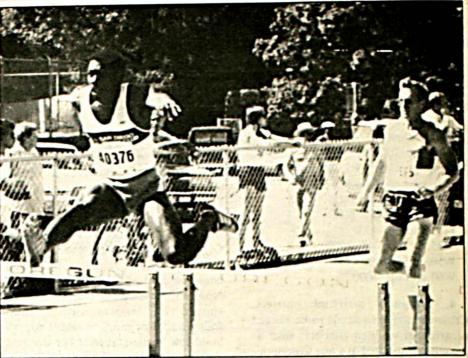
five-mile mark (26:27), took the M45 title, and national 10,000 champion, Alan Griffiths, the M50.

Former international Hugh Foord had a solid M60 victory over Ron Franklin in 82:42.

Felicity Sperte won the women's section in 83:34, but the best performances came from Pam Jones, W50, in 1:30:47, and Jose Waller, W65, whose 1:42:59 is almost certainly a world best. The course was a loop.

# ATHLETES WHO ENTER A NEW DIVISION THIS MONTH, OCT. 1989 ATHLETE (RESIDENCE) BIRTHDATE AGE GROUP

GLORIA FINE (BROOKLYN, NY)	10- 7-29	60-64
KAREN FRANK (CA)	10-15-39	50-54
NORMA HARGER (MUNSING, MICH)	10-24-29	60-64
MARION IRVINE (SAN RAFAEL, CA)	10-12-29	60-64
KAREN KING (GLENDALE, CA)	10- 0-39	50-54
GERI OWENS (NEW PAITZ, NY)	10-19-34	55-59
PADDY REDDAWAY (WEST LINN, OR)	10- 1-44	45-49
KATE SHARPLES (NORTH BEND, OR)	10-24-49	40-44
MARYLIN WHITE (CA)	10-17-44	45-49
KARIN BORKENHAGEN (WG)	10- 7-39	50-54
SUSANNA CRONJE(RSA)	10-17-44	45-49
DIANNE HUGHES (NZ)	10-29-49	40-44
SIV LARSSON(SWE)	10-23-39	50-54
MARIA MARCIBALOVA (CZE)	10-23-34	55-59
VIVI MARKUSSEN (DEN)	10-24-39	50-54
ED AUSTIN (REDONDO BEACH, CALIF)	10-22-29	60-64
MILTON BASS (RICHMOND, VA)	10-18-19	70-74
RUNE BERGMAN (SWE)	10- 8-24	65-69
WOLFGANG BONEDER (WG)	10-20-94	95-99
TOM BOWMAN (AUBURNDALE, FLA)	10-25-24	65-69
CHUCK CHAPIN (ALBANY, NY)	10-13-44	45-49
TORBJORN DAHL(SWEDEN)	10-29-29	60-64
JOHN DAMSKI (VAN NUYS, CA)	10-11-14	75-79
PERCY DUNCAN (CANADA)	10-19-14	75-79
BILL DYER (PRARIE VILLAGE, KANS)	10-21-14	75-79
WILLIAM FRASER (EDINA, MN)	10-30-29	60-64
GILBERT GAUTHIER (FRA)	10-30-34	55-59
JOHN KELLY (SANTA MONICA, CA)	10- 6-29	60-64
BILL KNOCKE (FRESNO, CA)	10-20-39	50-54
MARIO LANZI (ITALY)	10-10-14	75-79
TERRY MANNERS (NZ)	10-19-39	50-54
UNTO MATTSSON(FIN)	10-29-29	60-64
HOWARD MCNIECE (LAKEWOOD, CALIF)	10- 6-19	70-74
RALPH MOUREAU (WINSTON-SALEM, NC)	10- 6- 4	85-89
WALTER PALMER (PHILADELPHIA, PA)	10- 7-34	55-59
GEORGE PUTERBAUGH (LAKE OSWEGO, ORE)	10-24-24	65-69
RICHARD RZEHAK(WG)	10-13-29	60-64
FRITZ SCHREIBER(SWE)	10-12-94	95-99
JACK SHIELDS (ATLANTA, GA)	10-27-29	60-64
GULAB SINGH(IND)	10-13- 4	85-89
DOUG WORLING (AUSTRALIA)	10-11-34	55-59



San Diego's James King, a 1972 Olympian, en route to a new world masters record of 52.76 in the 400-meter hurdles at the VIII World Veterans Championships in Eugene. Second is Wisconsin's Stan Druckrey, who also bettered the old mark of 54.08 in 53.96.

Photo by Gretchen Snyder



California's Jim Vernon, M70, won his eighth consecutive World Games pole vault gold medal in Eugene, clearing 9-6.

Photo by Gretchen Snyder

## **British Veterans T&F Championships**

by MARTIN DUFF (of Athletics Weekly)

The 19th British Veterans Athletic Association T&F Championships were staged in Reading, July 8-9, this year. There were a host of new British age records and several world records, two coming in the last event of the final day, the 10,000, by Joselyn Ross (W60, 43:11.1) and Jose Waller (W65,

# Follow the Sport!

Catch up with recent fantastic O35 performances in Britain; compare times and marks of British vets with your own; check on former English, Scottish, Welsh internationals now entering the vet movement.

All and more in Veteran Athletics, the newspaper of Britain's vets.

Send for annual subscription A\$20 (A\$30 by air) to Veteran Athletics, 67 Goswell Road, London EC1.

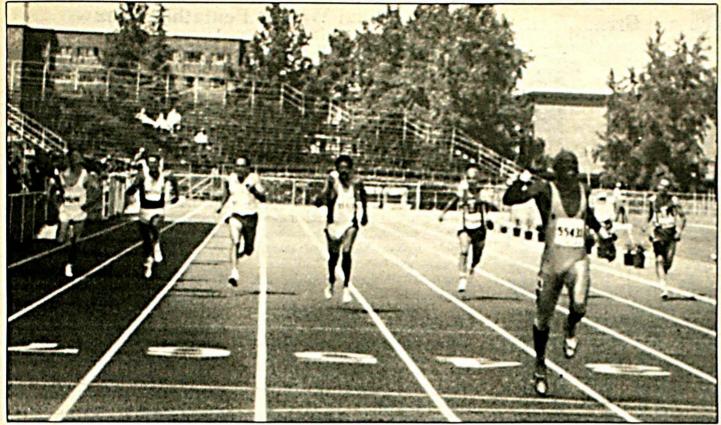
45:52.2). In the 5000 on the day before, Ross broke the record with a 21:02.3.

Rosemary Chrimes, W55, upped her high jump record from 1.36 to 1.37. Jo Ogden, W60, increased the javelin record from 28.30 to 31.40.

In the M40s, new veterans pulled off some notable performances. Former sprint international Roger Walters scored a superb sprint double (11.36 and 22.98). Mike James took two jump golds (LJ 8.81 and HJ 1.80) to go with two silvers in the short hurdles and triple jump.

There were surprises in the middle-distance races. Welsh international Clive Thomas outsprinted three other Welshmen in the M40 1500 to win in 4:53, as Ron Bell was shunted out of the medals by Alun Roper and Bernie Plain.

New veteran Pete Browne made no mistake in the M40 800 (1:56.6), outsprinting Bell after winning the 400 in 51.23.



Great Britain's Ron Taylor raced to a phenomenal 23.03 - 101.0% on the WAVA age-graded scale - to easily win the M55 200 over a strong field, while bettering the 17-year-old record of 23.6. But the wind was over the

allowed maximum so it will be asterisked in the record book with a "w Action at the World Veterans Championships in Eugene

Photo by Gretchen Snyder



The Beer Garden, across the street from Hayward Field, was a popular spot for athletes to relax and Photo by Gretchen Snyder socialize

# PRESIDENT:

Cesare Beccalli Via Martinetti 7 20147 Milano, Italy

#### **EXECUTIVE** VICE PRESIDENT:

**Bob Fine** 4223 Palm Forest Drive Delray Beach, FL 33445

#### **VICE-PRESIDENT** (Stadia):

Bill Taylor 17 Poplar Farm Close Milton-under-Wychwood Oxford, OX7-6LX Great Britain

#### **VICE PRESIDENT** (Non-Stadia):

Jacques Serruys Postbox 7 B8000, Brugge, Belgium



#### SECRETARY:

Alastair Lynn 161 Harrison Drive Newmarket, Ontario L3Y6B8 Canada

#### TREASURER:

Al Sheahen P.O. Box 2372 Van Nuys, CA 91404 USA

#### PAST-PRESIDENT:

Don Farquharson 269 Ridgewood Road West Hill, Ontario MIC 2x3 Canada

#### WOMEN'S DELEGATE:

Bridget Cushen 156 Mitcham Road West Croydon, Surrey, England

#### DELEGATE OF: **NORTH AMERICA**

David Pain 5643 Campanile Way San Diego, CA 92115 TISA

#### **SOUTH AMERICA**

Jose Figueras Juncal 1395 Floor 2 of 15 Montevideo Uruguay

#### ASIA: Hari Chandra

#24-12 Block 44. Marine Crescent, Singapore

#### EUROPE:

Hans Axmann Fichendorrfstrasse 2 D-800 ANSBACH Federal Republic of Germany

#### OCEANIA: Jim Blair

P.O. Box 2910 Wellington, New Zealand

#### AFRICA:

Contact President

### **Corrections to World Championships Results**

•The winning height of the M55 high jump was listed in last month's issue as 1.77. It should have read 1.73. The old world record of 1.75 still stands.

•Carol Johnston and Mazumi Morita were listed as co-winners of the M75 pole vault. Johnston was the actual winner, based on fewer misses. Morita was second.

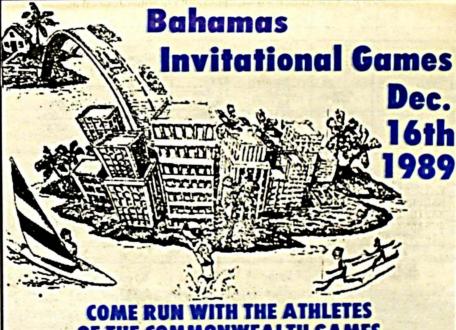
· A copy of the complete results book may be obtained by sending \$10 to the WVCOC, P.O. Box 10825, Eugene, OR 97440.

# **Ten Years Ago**

October, 1979

- South Africans Compete as Rhodesians in World Games in Germany
- WAVA Women's Committee Unanimously Opposes Medal Standards
- •"Hannover Diary" Details III World Championships





# OF THE COMMONWEALTH GAMES

DEPART LOS ANGELES DECEMBER 13, 8 days/7 nights \$700.00 Round Trip (double occupancy) \$670.00 Round Trip (triple occupancy)

DEPART CHICAGO DECEMBER 13, 8 days/7 nights \$650 Round Trip (double occupancy) \$610.00 Round Trip (triple occupancy)

ENJOY 7 NIGHTS AT THE BEAUTIFUL WYNDHAM AMBASSADOR **BEACH HOTEL** 

TOUR INCLUDES MANY BONUS EXTRAS

RESERVE NOW AS RESERVATIONS ARE LIMITED DEPOSIT OF \$100.00 per person REQUIRED

> for additional information Contact: SHEILA NEWTON (213) 673-3832 **DEANIE WINTERS (312) 221-1704**

> > MAHOGANY TRAVEL 8949 S. Stoney Island Ave. ——Chicage, ILL. 60617——

an

tin

WC

ne

we

tra

co

m

ev

ne

pla

co

ful

for

thi

ab

N

me

old



Some of the participants in the International Weight Pentathlon in Eugene.

Photo from Bob Stone

The state of the s	IAVA/IAC	Hurales		ents Specificati	ons	
Section 1	54.025 - 1074	A. Marie	HURDLES	The second second		
GEOGRAPHICA.		Water Service	WOMEN	(の大学)人間でいって、こうしま	The Williams	
ADDINE DE	Race	Hurdle	To 1st	Between	To	
Age Distance		Height	Hurdle	Hurdles	Finish	
35-39	100m	.840m	13.00m	8.5m	10.5m	
the state of	A CONTRACTOR	33"	42'81/2"	27'101/2"	34'5"	
40-49	80m	.762m	12.00m	8.0m	12.00m	
	and the last	30"	39'4"	26'3"	39'4"	
50-59	80m	.762m	12.00m	7.0m	19.00m	
60-69	4	30"	39'4"	22'111/2"	62'4"	
70 Plus		Priling!	and the second		The same of	
35-39	ENGINEEN STATE	and the state of	In the state of	E. P. Branch Lane	Contraction of the last	
32-34	400m	.762m	45.00m	35.00m	40.00n	
40-49	400111	30"	147'71/4"	114'91/2"	131'21/2	
	Charles and	100		The second second		
50-59		STATE OF THE PARTY			SEP S	
60-69	300m	.762m	50.00m	35.00m	40.00m	
70 plus	ELECTION OF THE PARTY	30"	164'01/2"	114'91/2"	131'21/2	
70 plus	10 300 m/15	The Party	STATE OF STATE		是理論的	
以前は本作品は	<b>自由的性质</b>	MANUALT	MEN	Opposition of the second	POPULATION.	
30-39	Contract of the last of the la	Albert Hotel	all compressions	On an Property of the Control	Action in	
40-49	110m	.991m	13.72m	9.14m	14.02m	
	The Later	39"	45'	30'	46'	
50-59	100m	.914m	13.00m	8.50m	10.50n	
	The second selection	36"	42'8"	27'101/2"	34.5"	
60-69	100m	.840m	13.00m	8.50m	10.50n	
	- 00	33"	42'8"	27'101/2"	34'5'	
70 plus	80m	.762m	CAPITY CO. III	7.0m	19.0π	
40.40	400-	30"	39'4"	22'11½"	62'4'	
40-49	400m	.914m 36"		35.00m	40.00r	
50-59	400m	.840m	147'71/2"	114'9½"	131 27	
20.23	400111	33"	C HALLAND OF	Contract of	330	
60+	300m	.762m	50.00m	35.00m	40.00r	
F ALLES		30"	164'01/2"		131'2	
mucahahahah	comuse in its limit	Seattle 1.5	MADI FRAFRITA	THE RESERVE AND ADDRESS.		
AGE	SHC	T PUT	DISCUS	HAMMER	JAVELI	
Women		110	Discos	TIAMMEN	JAVEL	
35-49		OOk	1.00k	4.00k	600gm	
50 plus	Charles of the San Street, Str	OOK	1.00k	3.00k	400 gm	
	Sen Berile	A SHE PARTY	dury per a Electric	PROTEKTION.		
Men	Mark Street	A STATE OF	with the art		124	
40-49		(16 lbs.)	2.00k	7.26k (16 lbs.)	800 gm	
50-59	6	.00k	1.50k	6.00k	800 gm	
60-69	The state of the s	.00k	1.00k	5.00k	600 gm	
70 plus	Δ	.00k	1.00k	4.00k	600 gm	

# International Weight Pentathlon Draws 80 Participants from 15 Nations

by BARBARA STEWART and BOB STONE

Over eighty world throwers participated in the 2nd International Weight Pentathlon, held in Eugene, Oregon, August 7, the day following the World Veterans Games.

The weight pentathlon is a one-day, multi-event test of the athlete's endurance and versatility in five throwing events: hammer, shot put, heavy weight throw, discus, and javelin. Weights and implements vary according to WAVA specifications for each age group.

Events ran on schedule, allowing four throws for each event. Three officials were assigned to each flight and stayed with that same flight through each of the five events. Four rings/runways were available for use simultaneously throughout the day.

Outstanding U.S. throwers included Carl Wallin, M45; Dick Hotchkiss, M50; Wendell Palmer, M55; Dan Aldrich, M70; and Herb Anderson, M85. Top foreign athletes included: Chile's Karsten Broderson, 82; Sweden's Rolf Stradli, M60; Australia's Roy Foley, M70; Australia's Rod Guy, M40, West Germany's Almut Brommel, W50 (tops among all women in age-factor scoring); West Germany's Annemarie Scholton, W55, and Chile's Marus Fleckner, oldest woman at age 69.

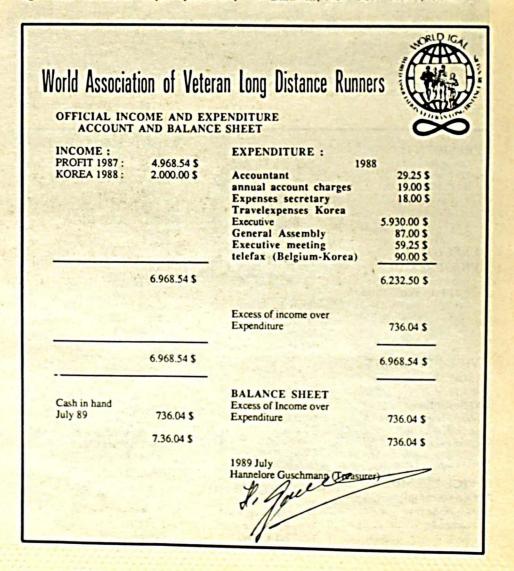
Results in this issue include one-year age factor scores developed specifically

for weight pentathlons. Co-directors Bob Stone and Phil Partridge say thanks to John Tansley, meet-day director; Jerry Jenson, for providing Oregon TAC officials; Jim Puckett, for his help and advice; and particularly to the financial support from a great many masters athletes without which this event would not have been possible.

Following the Pentathlon, the World Thrower's Organization (WTO) had its first organizational meeting. The purpose of the group is to focus on issues of special interest to masters participants in throwing events. Current goals under consideration are to:

- Promote the Weight Pentathlon on a national and international level.
- Give economic and physical aid to organizers of national and international throwing competitions.
- Ensure "drug free" competition on all levels.
- Organize instructional clinics for field event techniques.
- Computerize a membership list in order to disseminate information important to throwing events.

All members will receive a "World Throwers" T-Shirt. Any interested men or women throwers may join by sending a check for \$25.00 to: Brian McKenna, 2482 Harrison Avenue, Baldwin, New York 11510, USA.



#### Write On Continued from page 16

and availability of medals. Many events were completed at the same time. They were processed as soon as possible by a very dedicated, hard working computer-results crew which worked countless volunteer hours and never saw the light of day during the entire meet.

More than 120 unclaimed medals were mailed in August after our return from Eugene. In a meet with 1500 entrants and 4500 event entries, where the computer crew must not only deal with multiple final results in multiple events, but also heats and/or final seedings simultaneously, complaint of a four-hour delay is unreasonable.

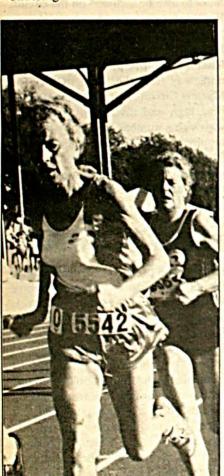
Competitors are advised to stay away from the results and medals crew because harassment of these people only causes additional delay and unnecessary emotional distress.

The next time the Nationals take place in Florida (the residence of this complainant), he should be sentenced to full time assignment in the results room for all four days. After having done this penance, he may then think twice about registering such complaints.

David Pain, National T&F Meet Organizer, San Diego, California

#### WAVA RULE CHANGES

I read in the September issue of NMN, with considerable dismay, that the spacing of hurdles for men's 70-plus has been dropped from 8 meters to 7 meters. It is noted that "the older hurdlers are satisfied." I am wondering what the basis is for that



The USA's Sister Marion Irvine (5542) won five gold medals in the W55 division in Eugene. Photo by Gretchen Snyder

statement. There were 17 entries in the men's 80-meter hurdles, 70-74, at Eugene. Was some attempt made to question them about the desirability of this change? Here is one who was not questioned, and who is strongly opposed. Was there some advance warning to us that such a change was contemplated, so we could volunteer an opinion? The fact is that I heard only one comment, during the two West Coast meets, about the spacing, and it was from a female who complained about having had to shift to 7 meters.

Continuing my quest for information: Since the listing of specifications on that same page still indicates that the spacing is 8 meters, and since the article states that "The changes will formally take effect on May 1, 1990," am I to assume that meets before that date (National Indoor Championships) will retain the 8-meter spacing?

Frank W. Finger Charlottesville, Virginia

(Since TAC follows WAVA rules, the change will likely be implemented for all national and regional meets in 1990.

— Ed.)

It seems fair that something as drastic as changing the 80mH spacings should be decided by all those affected by that change.

I'm still learning the technique for 8m spacings; 7m is awkward. I wonder how many men 70-plus were in that 40-1 decision to change to 7m.

Rachel Lyga Fridley, Minnesota

#### WHO NEEDS TV?

Thank heavens the next WAVA World Games will be held in Turku, Finland. Even I, a veteran of four unsuccessful World Games TV attempts, would not have the audacity to try placing the world's largest track meet on U.S. national television for that one. Perhaps the Finns, working backwards across the Atlantic, will be able to unlock the cold hearts of U.S. sponsors and networks where I have so far failed.

What is there about our sport that turns off major support of the kind it takes to bring about full national coverage on American TV? And it isn't just TV that won't give us the time of day. Neither the Los Angeles Times nor the New York Times, both of which I take daily, devoted a single line of type to the WAVA championships.

Having made professional and costly presentations to more than 25 of our nation's largest corporations and biggest advertisers, I am still at a loss to know why our sport "won't sell."

The first three times around it may have been because the championships were held on foreign soil, but this time, for "The Eugene Experience" we would have been beaming in from the

track capital of the nation. In addition, we had full and terrific support from WAVA officials and the Eugene Organizing Committee. Furthermore, I obtained the services of topflight advertising agency people and the largest media company on Madison Avenue. So we had a lot of big time clout going for us. Nevertheless, not one of these Fortune 500 firms we called on would sign on the dotted line. We aren't talking millions of dollars here; just the price of one single 30-second commercial on the Seoul Olympics; something in the neighborhood of \$300,000 for full national sponsorship. I think America missed out on some exciting and inspiring television.

Another way of looking at it: "Who needs TV? Aren't these games being held for our own enjoyment, and don't we get enough kicks just by being there?" I'd really like to know what NMN readers think about this.

In closing, I want to thank Dave Pain, Tom Jordan, Barbara Kousky, George Hatzfeld, Al Sheahen, The Widmann Company (advertising, New York), and Vitt Media International for their great support of our efforts. Twenty-five of the largest corporations in the U.S. received our pitch and learned about our sport, most of them for the first time.

Jack Noble

Pasadena, California

#### WEST VIRGINIA MEET

The history of masters athletics competition is replete with shortages of competent officials and sometimes lack of first-class implements and facilities.

The only thing missing at Marshall University Masters Midwest T&F Championships July 8-9 was enough athletes.

The group of outstanding West Virginia TAC officials will try again next year. Led by Don McWhorter and a corps of enthusiastic officials of the W. Va. TAC and ably assisted by the effervescent Charlie Renter at the microphone, their new meet got off to a great start.

Watch for announcements about 1990 and schedule yourself for a good time on the banks of the beautiful Ohio River.

> Bob Boal Wake Forest, North Carolina

#### THANK YOU PEPSI

I would like to thank Pepsi-Cola for believing in me and assisting me with their sponsorship for the 1989 Masters Track & Field season. The most outstanding thing is that the sponsorship was offered to me upon my word and



Janet Wilson

desire to excel in 1989. I felt honored to be asked to represent this fine company during the entire year. Thank you again for helping me fulfill my dream of competition for this year. It is nice to see a company like Pepsi-Cola sponsoring Master Athletes.

> Janet Wilson Orange, California

■ The letters column is an open forum for all viewpoints on subjects of general interest to our readers. Letters should be addressed to: Write On, NMN, P.O. Box 2372, Van Nuys, CA 91404. They should be kept as brief as possible and are subject to condensation. They must include a signature and a valid mailing address.



West Germany's Mathias Walenta (65267) won the M65 10,000 (39:26.37) in a close race over Belgium's Remi Boterberg (65025, 39:29.50) and Sweden's Georg Samuelson (65221, 39:32.60) at the World Veterans Championships in Eugene.

Photo by Gretchen Snyder



#### The Director's Corner

ith 11 races under our belts, the 1989 18-city ICI/USRA Masters Circuit will once again have several individual age division titles determined at the National Championship January 13 in Naples, Florida. This year's point system and geographically balanced schedule makes it feasible for most masters runners to compete in at least five circuit events. With the Naples Championship included in the five, the final 8K will determine how much of the \$25,000 grand prix purse will be distributed.

The \$15,000 purse for the Naples event, designated as the ICI/USA TAC National Masters Grand Championship — culminating the '89 ICI/USRA Masters Circuit, will make the event the largest ever non-marathon prize purse ever offered on the roads for masters. In addition, we have increased the travel budget so as to provide assistance to as many athletes as possible. While we would certainly love to bring in every top master, that is not feasible. We will, however, try to assist those who have supported the circuit

and reward those who run well in the Championship. It is important for athletes who have an interest in competing to inform circuit athletes coordinator Kevin Amigh (o: 919-876-1309/h: 919-847-3109). The Registry Resort will once again serve as official race headquarters and will have special runner rates (813-597-3232). Jim Ruyn, Wilson Waigwa, Frank Shorter, Bill Rodgers, Claudia Ciaverella, Jane Hutchison, Barb Filutze, Nancy Oshier, Bob Schlau, Ken Sparks, Kevin Ryan, Dave Stewart

and Priscilla Welch lead the early commitments in what is shaping up to be among the greatest masters fields ever assembled.

World Vets Games Cleanup: We sometimes take for granted the sport's "grandmasters" as they so dominate their age divisions as was evidenced at the just completed World Games in Eugene. New Zealand's Derek Turnbull (60-64), Australia's John Gilmour (70-74), the USA's Ed Benham (80-84), Paul Spangler (90+) and Sister Marion Irvine are certainly in a class of their own. Turnbull, Gilmour, Irvine and Spangler nabbed five golds and the former jockey Benham captured four. Though they dominate, they still inspire both elite and masters runners alike through their phenomenal performances.

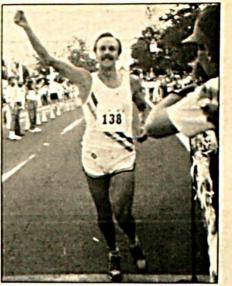
Of the many superb efforts, few rivaled the worldly 3:49.47 1500m effort by Wilson Waigwa. The Kenyanative and El Paso resident showed why he is considered by many to be the leading contender to break the inevitable "4:00 mile barrier" by a master. None surprised more, however, than Seattle's Larry Almberg who finished behind Waigwa in the 1500m in 3:53.18 and then came back in the 10,000m for the silver in 30:57.37. The 42-year-old Almberg ran for Washington State University where he



Sorbothane Performance Nutrition

earned honors as an All-American in the six-mile as a teammate of Gerry Lindgren and Rick Riley. The school vice-principal took a break after his collegiate running days and picked it up again at age 29. He has competed in 11 marathons in four years with a PR of 2:26 and a 1500m best of 3:52.7 prior to Eugene.

The man who finished behind Almberg in Eugene, Dan Frye, was a similar story a year ago, breaking out of relative obscurity to have a strong season, culminating in a 3:53.18



Alun Roper of Wales wins the opening 10K road race through the streets of Eugene in 30:43.40 at the VIII World Veterans Championships.

Photo by Gretchen Snyder

bronze medal performance in Eugene. Ron Bell, the Englishman who started the masters mile record breaking frenzy a year ago at the ICI Legends Mile in Orlando when five broke the world mark, finished second in the 800m, running 1:55.84 behind Peter Browne.

The USRA is interested in creating a "Legends Mile" circuit with a goal of promoting the first "sub-4 minute mile" by a master. Several companies have expressed interest in the concept which would include a substantial bonus for the first masters "sub-4 minute mile." After a year's absence, we are hoping to return to Indianapolis and the 1990 TAC National Masters Championships as one of the stops on the circuit. Discussions are being held with a number of track meets and road miles to also be included on the circuit. We'll keep you posted.

Meanwhile, while all systems are focused on Naples and the '89 National Championship, plans are already underway for the 1990 ICI/USRA Masters Circuit. The interest is at an all time high and discussions are underway with a number of events who have inquired about circuit membership. Please continue to write or call us with your comments and suggestions on the circuit as the countdown begins for Naples.

# ICI/USRA MASTERS CIRCUIT POINT STANDINGS

After 9 races, including the Nissan Shamrock 8K, Hyrtle Beach 10K Classic, Cotton Row 10K, Hospital Hill Hal-Marathon, Utica Boilermaker 15K, Chicago Distance Classic 20K, Quad City Times Bix 7-Hile, Asbury Park 10K and the Crim Road Race 10-Hile. Other races to count include:

Myriad Gardens Run 10K St.
Twin Cities Harathon Cities Harathon Hardee's Oktoberfest 8K In 1st Federal/Missan Capital Trail Run

10-44 H55-59
111 Rodgers 34 John Harwick
11son Maigwa 30 Norm Green
11st Sparks 29 Jay Sturdevant
12st Wessely 26 Frank Dudley
12st Stewart 25

Pittsburgh Great Race 10K

Foundation 30K Championship Seattle Half Harathon Charlotte Observer 10K ICI/USRA National Champs 8K

019-91		H35-39		N45-49	
Bill Rodgers	34	John Harwick	23	Christine Tattersall	30
Wilson Waigwa	30	Norm Green	20	Susan Weisbrod	28
Ken Sparks	29	Jay Sturdevant	18	Hary Shaver	19
Wes Wessely	26	Frank Dudley	15	Karen Bestul	18
Dave Stewart	25	Children Control of the Control	THE OWN	White and the same of A.T.	
Jim Pearson	25	M60-64	13.1	W5Q-54	
Bob Schlau	24	Bill Fortune	29	Jo-Wright Whitten	31
Kevin Ryan	19	Jim O'Neill	28	Susie Kluttz	27
Larry Olsen	15	Herbert Chisholm	18	Gina Faust	19
Wally Herrala	14	Ed Hamilton	15	Hary Anne Wehrum	17
David Tresholavy	10	The second second	Carrings.	Advisor Control Ship No. 5	
Graham Tattersall	10	M65-69	Sec.	W55-59	
Victor Hora	9	John McHanus	30	Gloria Brown	30
Ken Fruit	9	John Burton	20	Jean Evans	14
Shel Cowles	9	Robert White	10		The
The state of the state of the state of	-	The second second second	-	W60-64	
H45-49		H70+		Hary Norckauer	29
Ralph Zimmerman	50	Ed Benham	10	Cecile Haples	10
Don Coffman	10	Joe Thornburg	10	A Company of the San	
Steve Lester	10	Claudis Hawkins	10	W65-69	
Pat Cosgrove	10	Howard Calkin	10	Loretta Shehan	39
Property of the second				Edith Iarias	19
NEW YORK OF THE PARTY OF THE PA		W40-44			,
		Neucy Oshler	43	¥70+	
		Claudia Ciavarella	37	Louise Hartin	10
H50-54		Jane Hutchison	37	Janice Johnson	10
William Johnston	32	Nancy Hieszcak	28	CENTER POINTSON	10
Jim Larson	26	Laurie Binder	19	LEWIS	
Donald Sleeman	26	Diane Langston	14		
Ben Jonus	17	Susan Compton	13		
The state of the s	-	Priscilla Welch	10		
		Barbara Filutze	10		
		Ngaire Drake	10		
Major		Ginger Sample	10		100
		ATUAL Semble	70		

\*Point standings do not include the Bix 7-Mile, except for the M40 division, because of incomplete race results. Point standings from Bix will be computed at the end of the circuit in Naples.

## Masters Running 89 To Feature Top Writers

by DEAN REINKE

WINTER PARK, FL, September 8
— Managing Editor, James O'Brien, recently announced the editorial outline for the eagerly awaited Masters Running 89 which will be appearing this fall.

"We are delighted to have some of the finest sportswriters in the country contributing this year," commented O'Brien.

Joining publisher Dean Reinke among contributors will be a veritable Who's Who? of the running and writing community. USA Today's track and field correspondent, Dick

Patrick, will profile Lee Evans, Wilson Waigwa and John Campbell, three athletes who are redefining what is possible beyond the age of 40; Runner's World senior editor, Hal Higdon, will reflect on the origins of the masters movement in an extract from his forthcoming book; and Jeff Galloway, former distance running star and now a widely published and respected coaching theorist, will examine the ways in which the over-40 athlete can maintain the balance of distance and speed while avoiding the perils of injury.

Award winning New York colum-

Continued on page 26

ing ito be sion best even Cap Mar Char (Mar repo Great ICI/

Mas

10K

Hith

0

Geo

Hur

Mass upse runn Banl Mies crow Citie '89 set, athle

Nor

forn

vear

N Joh repo \$50, fall 1990 stron years Hard fast

down (901-Mara by 1 break 3:55 i betwee 1990.

show

Ro

# ICI/USRA Masters Circuit Happenings -

The October 7 J. Paul's/Nissan Georgetown 10K will kick off the Nissan Human Race Series, a 5-city circuit featuring a \$10,000 cash/merchandise prize purse to be distributed in 20 five-year age divisions. Runners will earn points from their best four of five performances. Other events include the 1st Federal/Nissan Capital Trail 10 Mile (October 14), Nissan Maryland Marathon 10K (October 22), Charlotte Observer Marathon 10K (January 6) and the Nissan Shamrock Marathon 8K (March 17) . . . Mike Radley (412-255-8983) reports field shaping up well for Pittsburgh Great Race September 24, 10th stop on the ICI/USRA Masters Circuit . . . \$2600 Masters prize money at Myriad Gardens 10K September 30 in Oklahoma City -11th event on the 189-city ICI/USRA Masters Circuit.

Rhode Island's Bobby Doyle scored an upset win over New Zealand's Kevin Ryan, running 1:04:56 at the American National Bank/SNET New Haven 20K. Nancy Mieszczak captured the women's masters crown in 1:15:29 . . . The field for the Twin Cities Marathon, the only marathon on the '89 ICI/USRA Masters Circuit, is nearly set, reports Skip Burke (612-341-7150), athletes coordinator. Kjell Erik-Stahl of Norway, who has run some of his best performances at the event but rarely runs in the U.S., will compete, while Bob Schlau, last year's ICI Circuit grand prix champion, will make one of his rare '89 appearances.

No word out of New Zealand yet as to John Campbell's health status, as he was reported injured. Hoping to pick up \$50,000 bonus for LA-NY double this fall . . . Myrtle Beach Classic's tentative 1990 date is February 3; it has attracted a strong field and good reviews in its first two years . . . Field picking up for October 13 Hardee's Oktoberfest 8K, to be run on a fast and flat course under the lights in downtown Memphis. Athlete inquiries (901-683-6782) . . April 16 Boston Marathon standards have been loosened by 10-15 minutes. Age 40-44 men must break 3:20 and 40-44 women must break 3:55 to qualify. Standards must be achieved between January 1, 1989 and April 11,

Rod Dixon was at the Chicago NSGA show recently and spoke enthusiastically of

**OVERALL SORBOTHANE** 

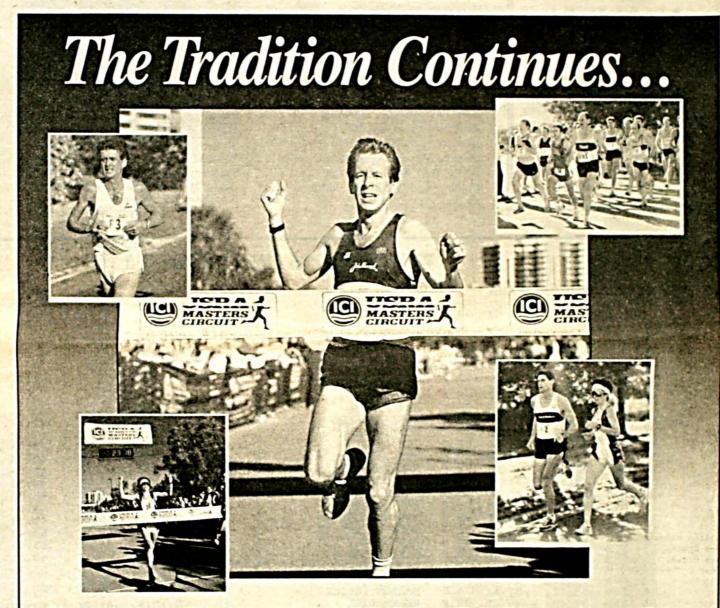
AGE-GRADED PERFORMERS Age Perf. Bill Rodgers .9512 Wilson Waigwa Victor Hora .9429 Ronn Baker Norm Green .9423 .9391 Roger Robinson Tony Simmons Dave Stewart .9323 .9292 .9212 Graham Tattersall .9526 Priscilla Welch Barbara Filutze
Jane Hutchison .9024 .8826 Ngaire Drake .8815 Nancy Oshier Claudia Ciavarella Christine Tattersall Nancy Hieszcak Gina Faust Karen Machard .8558 his 40th birthday, on tap for 1990. He's planning on getting back into shape and is attempting to promote a major masters mile road record assault in New Zealand . . . Rhode Island Marathon October 22 to feature \$500 first prize for top master . . . Race director Les Kinion reports masters money available October 22 for Nissan Maryland/10K event. Contact Kinion at (301-882-5455) . . . Phoenix New Times 10K will feature \$300 masters first prize November 18 . . . Big 4 fall marathons fast approaching - Twin Cities (October 8), Old Style Chicago (October 29), New York City (November 5) and Columbus, Ohio

(November 12). All feature masters prize money. . . Tulsa Run October 28 to go 5-deep with masters money (\$500, 375, 250, 150 and 75).

Bill Rodgers and Priscilla Welch on the masters victory stand at the Charleston Distance Run 15-Miler. Billy still hobbling with an Achilles injury. Despite injury, he ran a 5K race in Jersey the day after but at least rested on Labor Day - hmm, can't imagine how he could have become injured? . . . Bowling Green Classic set for Bowling Green, Kentucky, October 7 but no masters money being awarded - one of the few . . . Magnivision adding another "Baby

Boomer" event to its December Miami event with a new event in Phoenix in November. Masters prize money will be awarded.

October 7 Tufts race for women in Boston to award \$500-300-200 for top masters women . . . Rodgers will run the Delaware Distance Classic October 1 in Wilmington . . . SanDestin Resort on Florida's west coast looking to create a new "masters" race in December . . . Foundation 30K will feature masters prize money as the 15th stop on the ICI/USRA Masters Circuit. Race director is Skip Seebeck (916-665-1712) . . . -Dean Reinke



ast year Bill Rodgers, Frank Shorter, Jim Ryun and the other "Legends of Running" returned to the roads as Masters in the inaugural ICI/USRA MASTERS CIRCUIT. This year the tradition continues, featuring Grand Prix competition in 5-year age groups through age 70, and introducing the Sorbothane Age-Graded Rankings. The Circuit will again culminate with the season ending ICI/USRA Masters National Championship won last year by Bill Rodgers and Priscilla Welch.

Masters Running '89, the official magazine of the ICI/USRA MASTERS CIRCUIT, will also be published featuring in-depth profiles and reports from the exciting Masters scene. "National Masters News" will again serve as the "official newsletter" of the Circuit and provide monthly results and Circuit coverage.

So, if you're 40 or over, it's sure to be a tradition you'll want to continue!

(804) 481-5090 April 8 - Myrtle Beach Classic, 10K, SC, (919) 847-3109

May 29 - Cotton Row Run 10K, Huntsville, AL. (205) 881-5807

June 4 - Hospital Hill Run Half Marathon, Kansas City, (816) 561-1085 July 9 - Utica Boilermaker 15K, Utica, NY,

(315) 797-6929 July 16 - Chicago Distance Classic 20K, IL. (312) 243-2000

July 29 - Quad City Times Bix 7 Mile, Davenport, IA. (319) 359-9197

August 12 - Asbury Park 10K, NJ, (201) 531-4156 August 26 - Crim Road Race 10 Mile, Flint, MI. (313) 235-3396

March 18 - Nissan Shamrock 8K, Virginia Beach, VA, September 24 - Pittsburgh Great Race 10K, PA. (804) 481-5090 (412) 255-2493

September 30 - Myriad Gardens Run 10K, Oklahoma City, OK, (405) 231-2597 October 8 - Twin Cities Marathon, Minneapolis, MN. (612) 881-3863

October 13 - Hardee's Octoberfest 8K, Memphis, TN. (901) 683-6782

October 14 - First Federal/Nissan Capital Trail Run

10 Mile, Raleigh, NC, (919) 876-8347 November 12 - Foundation 30K Championship. Clarksburg, CA. (916) 636-0707 or (916) 665-1712

November 25 - Seattle Half Marathon, Seattle, WA.

January 6, 1990 - Charlotte Observer 10K, NC. (704) 379-6896

uary 13 - ICI/USRA Masters Championship 8K. Naples, FL, (407) 647-2918

to NCLUSRA MASTERS CIRCUIT
sters
c o Dean Renike & Associates
400 N. New York Ave., Winner Park, FL 32789
14071647-2918



Sorbothane Performance Nutrition

# Clive Davies Has Best Ever Age-Graded 10K and Marathon Performances

On an age-graded basis, which single-age U.S. 10K record is the best? Which half-marathon mark? Which marathon record?

Norm Green's computer gives us the answer in the charts on these pages. It shows the best 10K single-age record is Clive Davies' 35:52 at age 66. When divided by the age-66 10K standard of

# Need Back Issues?

Most back issues of the National Masters News are available for \$2.25 each, plus \$1.00 postage and handling for each order. Send to:

National Masters News P.O. Box 2372 Van Nuys, CA 91404 35:42, Davies gets a performance of 99.5%. Davies' marks at age 68 and 69 are the next-best efforts, followed by Jim O'Neil's 34:27 at age 60 and Ray Hatton's 31:51 at age 51.

Green, himself, has the best agegraded half-marathon performance: a 100.0% for his 1:10:23 at age 55. Davies had the best marathon time: a 2:42:49 (99.9%) at age 66.

The standards for each were developed by the World Association of Veteran Athletes, and generally represent the potential world record for each age, based on past performances and the expected decline with age.

For a copy of the age-graded standards and factors, complete with examples, explanation, and personal performance charts, send \$5.95 for the 66-page Masters Age-Graded Tables to NMN, P.O. Box 2372, Van Nuys, CA 91404. Add \$1.30 for postage and handling.



Finland's Pirkko Martin, a leader of the successful Turku bid to host the 1991 Games, repeated her Melbourne triumphs in the W50 800 (2:31.13) and 1500 (5:31.85) at the World Championships in Eugene.

Photo by Gretchen Snyder

#### Masters Running 89

Continued from page 24

nist, John Hanc from Newsday, will disclose the competitive instincts that drive Ed Benham, Paul Spangler, Mavis Lindgren and Max Popper, four of America's best over-80 athletes; former Olympian, Elliott Denman will document some of the most outstanding masters performances of the past 12 months; Al Sheahen, publisher of National Masters News, will provide all the highlights from the successful World Master's Games in Eugene, Oregon; and Mark Winitz, publisher of the RunCal newsletter in California, will take readers on a tour of the ICI/USRA Masters Circuit, which will culminate in the Circuit Grand Prix Final in Naples, Florida next January.

Masters Running 89 will be distributed this fall throughout the country at major masters running events. In addition, the magazine will be distributed to an extensive list of specialty running stores, health and fitness centers and key administrators within the sport of running. Over 100,000 copies will be distributed.

#### TAC STANDARDS AND RECORDS FOR 10K

Recrd	AGE	STIME	RTIME	*	RECORD HOLDER	Recrd	AGE	STIME	RTIME	x	RECORD HOLDER
=====	===	=====	=====	====		=====	===	=====		====	
1	M66	35:42	35:52	99.5	CLIVE DAVIES	52	F61	38:33		90.5	HELEN DICK
2	M68	36:32	37:04	98.6	CLIVE DAVIES	53	M65	35:18	39:04	90.4	JIM SMITH
3	M69	36:58	37:57	97.4	CLIVE DAVIES	54	F55	36:04	39:59	90.2	MARGARET MILLER
4	M60	33:29	34:27	97.2	JIM O'NEIL	55	F46	33:19	37:04		VICKI BIGELOW
5	M51	30:49	31:51	96.8	RAY HATTON		M76	40:21	45:01	89.6	ED BENHAM
6	M49	30:20	31:26	96.5	RAY HATTON	57	F48	33:51		89.5	VICKI BIGELOW
7	M67	36:07	37:26	96.5	DON LONGENECKER	58	F80 M74	50:13	56:14	89.3	LEONA LUGERS
8	M56	32:11	33:22	96.5	ALEX RATELLE	59	The state of the state of	39:19	44:06	89.2	ED BENHAM
9	M50	30:34	31:48	96.1	RAY HATTON	60	M72	38:21	43:10	88.8	EUGENE KELLER
10	1457	32:30	33:49	96.1	ALEX RATELLE	61	F45	33:04	37:18	88.7	HAROLENE WALTERS
11	M55	31:53	33:20	95.7	RAY HATTON ALEX RATELLE NORM GREEN JIM O'NEIL TRACY SMITH SAL VASQUEZ DAN CONWAY	62	F57	36:51	41:32	88.7	HELEN DICK
12	M59	33:09	34:40	95.6	JIM O'NEIL	63	F56	36:27	41:08	88.6	MARY STOREY
13	M42	28:55	30:14	95.6	TRACY SMITH	64 65	M82	43:50	49:43	88.2	JOHN OVERTON
14	M45	29:30	30:51	95.6	SAL VASQUEZ	66	M73 F63	38:50	44:09	88.0	NORMAN BRIGHT
15	M47	29:54	31:21	95.4	DAN CONWAY	00		39:29	44:53	88.0	HELEN DICK
16	M40	28:33	29:57	95.3	BARRY BROWN	67	F71	43:50	50:08	87.4	ALGENE WILLIAMS
17	M43	29:06	30:34	95.2	SAL VASQUEZ	68	F77	47:53	54:58	87.1	LEONA LUGERS
18	M44	29:18	30:46	95.2	SAL VASQUEZ	69 70	F62	39:00	44:54	86.9	HELEN DICK
19	M53	31:19	32:54	95.2	NORM GREEN	70	F75	46:27	53:40	86.6	LEONA LUGERS
20	M52	31:04	32:46	94.8	RAY HATTON	71	F67	41:31	48:25	85.7	PATRICIA DIXON
21	M58	32:49	34:38	94.8	ALEX RATELLE	72	F70	43:14	50:31	85.6	MARDIE BROWN
22	M70	37:25	39:39	94.4	CLIVE DAVIES	73	F74	45:46	53:32	85.5	LEONA LUGERS
23	M61	33:49	35:51	94.3	ALEX RATELLE	74	F64	39:58	46:47	85.4	HELEN DICK
24	F54	35:42	37:52	94.3	MARION IRVINE	75	M81	43:12	50:43	85.2	JOHN OVERTON
25	F59	37:40	40:08	93.9	DAN CONWAY BARRY BROWN SAL VASQUEZ SAL VASQUEZ NORM GREEN RAY HATTON ALEX RATELLE CLIVE DAVIES ALEX RATELLE MARION IRVINE HELEN DICK NORM GREEN ED BENHAM MILA KANIA SAL VASQUEZ HUBERT MORGAN ED BENHAM HELEN DICK MARION IRVINE GABRIELE ANDERSEN CINDY DALRYMPLE WEB LOUDAT GABRIELE ANDERSEN	76	M78	41:27	48:46	85.0	JOHN A KELLEY
26	M54	31:36	33:43	93.7	NORM GREEN	77	F65	40:28	47:55	84.5	KAY ATKINSON
27	M80	42:36	45:28	93.7	ED BENHAM	78	F72	44:28	52:45	84.3	ALGENE WILLIAMS
28	F49	34:07	36:29	93.5	MILA KANIA	79	F76	47:09	56:06	84.0	LEONA LUGERS
29	M48	30:07	32:17		SAL VASQUEZ	80	F69	42:39	51:03	83.5	ALGENE WILLIAMS
30	M62	34:11	36:41	93.2	HUBERT MORGAN	81	F66	40:59	49:25	82.9	PATRICIA DIXON
31	M77	40:53	43:59	3	ED BENHAM	82	F68	42:05	51:04	82.4	ALGENE WILLIAMS
32	F60	38:06	40:57		HELEN DICK	83	M85	45:49	58:50	77.9	PAUL SPANGLER
33	F52	35:02	37:43	92.9	MARION IRVINE	84	F82	51:55	67:04	77.4	RUTH ROTHFARB
34	F42	32:20		92.7	GABRIELE ANDERSEN	85	F83	52:49	70:55	74.5	RUTH ROTHFARB
35	F41	32:06	34:44		CINDY DALRYMPLE	86	F81	51:03	68:33	74.5	RUTH ROTHFARB
36	M41	28:44	31:06		WEB LOUDAT	87	F73	45:06	61:11	73.7	BESS JAMES
37		31:53		92.3	GABRIELE ANDERSEN	88	F79	49:25	67:17	73.4	IDA MINTZ
38	F58	37:15	40:27		MARGARET MILLER	89	M86	46:31	63:31	73.2	PAUL SPANGLER
39		32:34	35:23		MIKI GORMAN	90	M83	44:28	63:21	70.2	MAX BAYNE
40		29:42	32:17		HERB LORENZ	91	F85	54:43	78:15	69.9	RUTH ROTHFARB
41		34:32	37:32		JACK START	92	M84	45:08	65:50	68.6	MAX POPPER
42		39:50		91.8	ED BENHAM	93	F86	55:43	81:44	68.2	RUTH ROTHFARB
43	THE PARTY OF THE P	35:22	38:36	-	MARION IRVINE	94	F84	53:45	80:48	66.5	RUTH ROTHFARB
44		48:38	53:08		LAURA HANRAHAN	89 90 91 92 93 94 95 96 97 98	M87	47:15	81:12	58.2	IVOR WELCH
45		33:34	36:43		SHIRLEY MATSON	96	M88	48:00	85:23	56.2	RUDY FAHL
46		37:52	The state of the s	91.2	EUGENE KELLER	97	M89	48:47	90:35	53.9	IVOR WELCH
47		42:01	46:06		ED BENHAM	98	F88	57:51	07:41	53.7	HULDA CROOKS
48		34:25	37:50			THE RESERVE TO SERVE THE RESERVE	F87	56:46			
49		34:55	38:23		DON LONGENECKER	100	M90	49:35	Pha -		
50	100	34:43		91.0	MARION IRVINE	101	F89	58:58			The second second
51	F44	32:49	36:16	90.5	SHIRLEY MATSON	102	F90	60:08			

# TAC STANDARDS AND RECORDS FOR HALF MARATHON

Recrd	AGE	STIME	RTIME	7.	RECORD HOLDER
1	M55	1:10:23	1:10:23	100.0	NORM GREEN
2 3	M52 M56	1:08:34	1:09:30	98.7 98.3	NORM GREEN
4	M54	1:09:45	1:12:15	96.5	NORM GREEN NORM GREEN
5	M66	1:18:50	1:21:41	96.5	CLIVE DAVIES
6 7	M51 M53	1:08:01	1:10:33	96.4 95.2	NORM GREEN
8	M65	1:17:57	1:21:53	95.2	RAY HATTON CLIVE DAVIES
9	M63	1:16:16	1:20:16	95.0	JACK START
10 11	M40 M79	1:03:00	1:06:25	94.9	
12	M60	1:32:45	1:37:55	94.7	ED BENHAM JOHN HOSNER
13	F54	1:18:48	1:23:27	94.4	MARION IRVINE
14	M49 M45	1:06:58	1:10:58	94.4	BILL OLRICH
16	M42	1:03:49	1:08:14	93.5	OSCAR MOORE SAL VASQUEZ
17	M78	1:31:30	1:38:05	93.3	ED BENHAM
18	F52 M44	1:17:19	1:23:16	92.9	MARION IRVINE HERB LORENZ
				422	nation of the second
20	F58 M58	1:22:13	1:28:42	92.7	MARGARET MILLER JIM O'NEIL
22	F40	1:10:22	1:16:00	92.6	BARBARA FILUTZE
23	M43	1:04:14	1:09:28	92.5	OSCAR MODRE
24 25	M64 M48	1:17:06	1:23:26	92.4	JACK START BILL OLRICH
26	M57	1:11:44	1:17:48	92.2	JIM O'NEIL
27	M47	1:06:00	1:11:38	92.1	BILL OLRICH
28 29	M41 M46	1:03:24	1:08:54	92.0	MOSES MAYFIELD JAMES GALLUP
30	M61 M62	1:14:41	1:21:20	91.8	JACK START JACK START
32	M50	1:07:29	1:14:17	90.8	BILL FOULK
33	F56	1:20:27	1:28:39	90.B	MARGARET MILLER
34	F45 M69	1:12:59	1:20:26	90.7	SHIRLEY MATSON PAUL REESE
26	F43	1:11:54	1:19:54	90.0	SHIRLEY MATSON
37	M75	1:27:56	1:37:51	89.9	ED BENHAM
38	F61 M68	1:25:05	1:35:12	89.4 89.0	HELEN DICK PAUL REESE
40	F4211H	T:11:22	1:20:17	600 o 1	IRIS BLACK
41	M71	1:23:37	1:34:15	88.7	EUGENE KELLER
42	M76	1:29:05	1:40:26	88.7	ED BENHAM
43	F60	1:27:08	1:38:22	88.5	HELEN DICK
45	F51	1:16:37	1:26:47	88.3	MARGARETE DECKERT
46	F47	1:14:06	1:24:07	88.1	DOROTHY STOCK GINA FAUST
48	M72	1:24:39	1:36:21	87.9	FRED ELY
49	M67	1:19:45	1:30:43	87.9	PAUL REESE
50	F41	1:10:52	1:20:47	87.7	SHIRLEY MATSON
51	F55	1:19:36	1:30:53	87.6 87.5	MARGARET MILLER
52 53	M70 M59	1:22:37	1:34:22	87.4	MAC OSBORN JERRY MORRISON
54	F57	1:21:19	1:33:09	87.3	JEANNE OFENLOCH
55	F44 F46	1:12:26	1:23:19	86.9	JANE ARNOLD JOAN REISS
56 57	F59	1:23:09	1:35:48	86.8	HELEN DICK
58	F-19	1:15:18	1:27:06	86.5	HELENE BEDROCK
59	F48	1:14:41	1:26:47	86.1	HELENE BEDROCK
60	F53 F64	1:18:03	1:30:53	85.9 84.4	PATRICIA HURST HELEN DICK
62	F72	1:38:08	1:59:02	82.4	ALGENE WILLIAMS
92	M74	1:26:49	1:45:49	82.0	LUIS MARTIN
64	F62 F70	1:26:05	1:46:12	B1.1 B0.6	SUSAN YEAGER MARCIE TRENT
66	MBO	1:34:03	1:59:21	78.8	MAX POPPER
67	1.99	1:30:28	1:54:51	78.8 77.2	JACLYN CASELLI ALGENE WILLIAMS
68 69	F71 M89	1:36:46	2:05:23	76.4	IVOR WELCH
70	F67	1:31:39	2:00:45	75.9	ELLEN MCCOY
71	M73	1:25:43	1:52:58	75.9	DUTCH BENEDETTI
72	F65	1:29:19	1:58:31 2:05:43	75.4 73.9	MARGARET WRIGHT BECKY YENCHARIS
73 74	F68 F80	1:32:53	2:30:41	73.6	RUTH ROTHFARB
75	F77	1:45:40	2:26:24	72.2	ANNE CLARKE
76 77	F74 F73	1:41:00	2:20:20	72.0	FELICITAS SALAZAR BESS JAMES
78	M77	1:30:16	2:07:12	71.0	NAT PISCIOTTA
79	F76	1:44:04	2:28:46	70.0	BESS JAMES PAUL SPANGLER
80 81	M84 F75	1:39:38	2:25:40 2:30:58	68.4	BESS JAMES
82	F69	1:34:08	2:23:58	65.4	ALTHEA JUREIDINI
83 84	M81 M82	1:35:23	2:38:30	60.2 54.7	NAT PISCIOTTA BEN MOSTOW
85	W83	1:38:10	3:33:30	46.0	BEN MOSTOW
The second secon					

# TAC STANDARDS AND RECORDS FOR MARATHON

THE REAL PROPERTY.				in the bearing	
Recrd	AGE	STIME	RTIME	*	RECORD HOLDER
=====	===	======	======	====	
1	M66	2:42:42	2:42:49	99.9	
2	M64	2:39:07	2:42:44 2:25:51		CLIVE DAVIES
3	M52	2:21:32	2:25:51	97.0	NORM GREEN
5	MAO	2:10:03	2:52:45 2:17:10		CLIVE DAVIES
6	M58	2:29:31	2:37:40	94.0	MIKE MANLEY ALEX RATELLE
7	M55	2:25:17	2:37:40 2:33:49 2:52:02	94.0	NORM GREEN
8	F54	2:42:23	2:52:02	94 4	MARION IRVINE
9	M53	2:22:44	2:31:20	94.3	NORM GREEN
10	M51	2:20:23	2:29:11	94.1	
11	M67		2:55:15		
12	M65	2:40:53	2:51:27	93.5	CLIVE DAVIES
		2:37:24	2:48:04		CLIVE DAVIES
14	M57		2:38:07		ALEX RATELLE
15	M44	2:13:29	2:23:16	93.2	JIM BOWERS
16	M54	2:23:59	2:34:40 3:00:57		NORM GREEN
17	M69	2:48:28	3:00:57	93.1	MONTY MONTGOMERY
18	LIAI	2:10:53	2:20:41 2:22:48		BOB SCHLAU
19	M43			92.9	
20	M46	2:15:18	2:26:21	92.4	JIM BOWERS
21	M56	2:26:39	2:38:55	92.3	ALEX RATELLE
22	M45	2:14:24	2:38:55 2:25:50 3:07:26 2:23:08 2:49:17	92.2	JIM BOWERS
23	M71	2:52:42	3:07:26	92.1	MONTY MONTGOMERY
24	M42	2:11:44	2:23:08		WILLIAM HALL
25	M62	2:35:44	2:49:17 2:30:45		CLIVE DAVIES
26	M48	2:17:12	2:30:45 2:47:46	91.0	
27	M60	2:32:33	2:47:46	90.9	CLIVE DAVIES
28	M50	2:19:17	2:34:51 3:14:48		ULRICH KAEMPF
29 30	M72	2.34.54	2.49.25		MONTY MONTGOMERY
31	FAO	2.25.01	2:48:25 2:42:29	89.1	ALEX RATELLE LAURIE BINDER
32	M49	2:18:13	2:34:51	80 3	BILL FOULK
33	M47	2:16:14	2:34:51 2:32:43	80 2	BILL FOULK
	F53	2:40:49	3:00:29	89 1	MARION IRVINE
35	F44	2:29:16	2:47:33	89.1	
36	F41	2:26:02	2:44:18	88.9	
37	F60	2:53:15	2:44:18 3:15:30	88.6	
38	F56	2:45:45	3:07:21 2:47:27	88.5	
39	F43	2:28:10	2:47:27	88.5	MARY LOUISE WOOD
40	F52	2:39:18	3:01:23 2:54:56	87.8	MARION IRVINE
	F47	2:32:40	2:54:56		
42	M70	2:50:30	3:15:45	87.1	MONTY MONTGOMERY HELEN DICK
44	F45	2:30:24	3:12:46	86 8	SANDRA KIDDY
45	M77	3:05:11	3:33:27	86.8	ED BENHAM
AC	EAD	2.27.05	2.40.34	00 7	DODD'T DOTIMAN
47	M61	2:34:07	2:57:45	86.7	EDWARD ROGINSKI
48	F62	2:57:20	3:25:05	86.5	VILA HANCOCK
49	F50	2:36:29	3:02:01	86.0	MARION IRVINE
50	M73	2:57:06	3:26:05	85.9	EDWARD ROGINSKI VILA HANCOCK MARION IRVINE MONTY MONTGOMERY SANDRA KIDDY
51	F46	2:31:30	2:56:37	85.8	SANDRA KIDDY
52	M76	3:03:14	3:34:42	85.3	ED BENHAM MARCIE TRENT
53	F63	2:59:29	3:31:24	84.9	MARCIE TRENT
54	M78	3:07:20	3:42:57	84.0	ED BENHAM
55 56	140 F55	2:33:33	3.18.08	82 8	RUTH ANDERSON HELEN DICK ED BENIIAM
57	M79	3:09:42	3:49:23	82.7	ED BENIIAM
58	M74	2:59:18	3:37:07	82.6	ED BENHAM NICKI HOBSON
59	F51	2:37:52	3:11:43	82.3	NICKI HOBSON
60	F49	2:35:09	3:09:23	81.9	SYLVIA QUINN
61	F58	2:49:23	3:30:31	80.5	BILLIE MURPHY
62	F65	3:03:59	3:49:26	80.2	NICKI HOBSON SYLVIA QUINN BILLIE MURPHY MARCIE TRENT MARCIE TRENT JOSEPHINE HESS ED BENHAM MARCIE TRENT ALENE PARK IDA MINTZ IDA MINTZ ALGENE WILLIAMS
63	FEL	2:55:16	3:42:42	77 6	TOCKPUTUE UPCC
64	M7E	3.01.42	3.54.10	77 2	ED BENHAM
66	FEE	3:06:21	4:01:30	77 2	MARCIE TRENT
67	F59	2:51:17	3:47:55	75.2	ALENE PARK
68	F79	3:44:33	5:03:54	73.9	IDA MINTZ
69	F78	3:41:01	5:00:37	73.5	IDA MINTZ
70	F67	3:08:47	4:17:44	73.2	ALGENE WILLIAMS RUTH ROTHFARB MAVIS LINDGREN
71	F85	4:08:39	5:40:52	72.9	RUTH ROTHFARB
72	F72	3:22:06	4:37:37	72.8	MAVIS LINDGREN
73	F71	3:19:17	4:34:38	72.6	ILONE PAULAS
74	F74	3:28:02	4:48:35	72.1	TON MINTA
75	F/5	3.31:08	4:50:30	70.1	DAIL CDANCIED
76 77	F77	3:37.36	5:13:11	69 5	MAVIS LINDGREN
78	FRO	3:48:13	5:28:33	69.5	RUTH ROTHFARR
79	F76	3:34:18	5:08:47	69.4	MAVIS LINDGREN PAUL SPANGLER MAVIS LINDGREN RUTH ROTHFARB MAVIS LINDGREN MAVIS LINDGREN MAVIS LINDGREN MAVIS LINDGREN ADA THOMAS PAUL SPANGLER
80	F73	3:25:01	4:56:44	69.1	MAVIS LINDGREN
81	F70	3:16:33	4:45:02	69.0	MAVIS LINDGREN
82	F69	3:13:53	4:44:24	68.2	ADA THOMAS
83	M81	3:15:32	4:50:00	67.4	PAUL SPANGLER PAUL SPANGLER
84	M85	3:28:47	5:21:51	64.9	PAUL SPANGLER
85	F68	3:11:18	4:56:53	64.4	PEARL MEHL MAX BAYNE
86	M82	3:18:48	5:10:38	64.0	MAX BAYNE
87	M83	3:22:06	5:20:08	63.1	MAX BAYNE
88	M86	3:32:10	5:40:10	50.4	MAX BAYNE IVOR WELCH NAT PISCIOTTA
89	E83	4.00.02	6.50.27	59.5	PITH POTHEADD
90 91	F83 M87	3:35:34	6:48:44	52 7	RUTH ROTHFARB IVOR WELCH
31	1101	0.00.04	0.40.41	32.	- 1011 110001
		2-2-7-1	the state of the state of		

# MASTERS SCENE

#### NATIONAL

· Peter (Duffy) Maloney, 44, of Manchester Center, Vt., has been added to the national staff of The Athletics Congress. Duffy will succeed Berny Wagner, who retired last month. Wagner's title was National Coach/Coordinator, but Mahoney will serve as an assistant to the Executive Director, Ollan Cassell.

 Who will succeed Jerry Donley as Chairman of TAC's Masters T&F Committee? David Pain has declared his candidacy. Also rumored to be considering the post are Barbara Kousky and Jim Puckett.

· Clubs interested in sponsoring the 1991 TAC National Masters Indoor T&F Championships should begin discussing that possibility with the appropriate facility managers, club officers and indoor coordinator Scott Thornsley.

Thornsley will forward necessary bid information to the interested parties, with the hope that formal bids can be made in time for the 1989 TAC Convention in Washington, D.C., November 27-December 2. While bids are encouraged to be made by the prospective clubs, they can be made in absentia.

· In the past year, 193 U.S. races have offered masters prize money, according to researcher Ken Young.

· Preliminary accounting for the 1989 TAC/USA National Masters Track & Field Championships shows revenues of \$85,193 and expenses of \$88,584, for a net loss of \$3391. (See detailed chart on page 16.) The organizers have applied to the city of San Diego for a grant. Whether the city awards a grant depends on its review of whether the event stimulated tourism.

#### EAST

• Ric Perry (2:42:20) and Marylou Hamm (3:33:28) garnered top masters honors at the Nissan Buffalo Marathon in New York, August 9. Other notable age-group winners were Gary Clements (M45, 2:52:36), Anthony Napoli (M65, 3;38:56), and Edith Mallzia (W50, 4:16:41).

· Graziella Striuli, 40, of Italy handed England's Priscilla Welch, 44, her first-ever masters defeat in the L'eggs Mini-Marathon 10K, Central Park, NYC, June 24, Surging by a struggling Welch at the stretch, Striuli finished four seconds in front with a 34:43. Laurie

Binder, 41, of California was third W40+ (35:41). Other division winners were Jill Martin (51, 41:04); Muriel Merl (63, 51:24); and Althea Wetherbee (70, 57:17), Lynn Williams, 28, of Canada was first of 5686 finishers in 32:09.

#### SOUTHEAST

 Wayne Yarbrough (27:39), and Carolyn Spillman (31:50) placed first masters at the Dilworth Jubilee 8K in Charlotte, N.C., August 12. Best age-graded performance belonged to Charles Rose, M55. His 29:43 converts to an 84.9%, tops of the day.

#### SOUTH WEST

· Contestants in the Gulf Association/TAC Masters T&F Championships at Pasadena, Texas on August 19, set 57 meet records and met the All-American standards 27 times. Sande Lambert, W30, of the Bay Area TC garnered the most All-American honors with four wins, in the 100 (13.5) 100H (16.9), HJ (4-8), and LJ (16-81/2). The Houston Harriers club, bolstered by 80 points in the relays, took the club championship with a total of 472 to the Bandicoot AC's 409.

#### CANADA

· A well-staged Canadian Masters Athletic Association Championships in Edmonton. Alberta, on June 17-18 resulted in 11 open and 3 Canadian records. Earl Fee, M60, received the Albe Travel "Athlete of the Meet" award for his efforts in the 400 (57.8) and 300H (48.3). Hazel Cameron, set a Canadian W65 record in the 400 (86.2). The meet was hosted by the newly-formed Alberta Masters club.

#### INTERNATIONAL

 The American Racewalk Association's Racewalkers Training Camp will be held in Mazatlan, Mexico on December 6-10, All levels of walkers are welcome. The head coach is Viisha Sedlak, double gold medalist in both the Melbourne and Eugene World Veterans Games. To register, send \$350 to ARA, PO Box 18323, Boulder, CO 80308. Costs go up after November 1. Inexpensive travel arrangements are through B.T. Thorvilson at Destination Travel in Boulder; 800-326-2929.



Athletes wave to the cheers of 10,000 people at the opening ceremonies of the VIII World Veterans Photo by Gretchen Snyder Championships in Eugene on July 28.

# schedule

Track and field events feature competition for men and women over 30 unless otherwise noted. Long distance events generally are open to all age groups with the exception of national masters championships, which may be limited to men and women over age 40. Entry blanks for national and regional championships will generally be printed in the newspaper 30-60 days prior to the event. Please send any additions or corrections to NMN, P.O. Box 2372, Van Nuys, CA 91404.



# TRACK & FIELD

March 24-25. U.S. TAC National Indoor Masters Championships, Madison, Wisc. Peter Tegen, 1702 Lynndale, Madison, WI

August 2-5. 23rd U.S. TAC National Masters Championships, Indianapolis, Ind. Marshall Goss, Track Office, Indiana U., Bloomington, IN 47405. 812/855-8583.

#### EAST

Connecticut, Delaware, Massachusetts, Maryland, Maine, New Hampshire, New Jersey, New York, Pennsylvania, Rhode Island, Virginia, Vermont.

January 5-7. 21st Dartmouth Relays, Hanover, N.H. Carl Wallin, Dartmouth College, Hanover, NH 03755. 603/646-2848.

January 14. Brown University Indoor Invitational Meet, Providence, R.I. SASE to Neil Steinberg, 46 Roberta Ave., Pawtucket, RI 02860.

#### MID-AMERICA

Arkansas, Colorado, Iowa, Kansas, Minnesota, Missouri, N. Dakota, Nebraska, Oklahoma, S. Dakota.

October 21. Kansas Big Guys Classic II, University of Kansas, Lawrence. Weight pentathlon/pentathlon, open, submasters, m&w. Gary England, Rm. 145, Allen Fieldhouse, Lawrence, KS 66045. 913/864-5635(o); 749-2865(h).

December 2. Minnesota Masters Indoor Meet. SASE to Mrs. Rachel Lyga, 122 631/2 Way N.E., Fridley, MN 55432.

#### WEST

Arizona, California, Hawaii, Nevada, New Mexico, Utah.

October 7. Club West Masters Meet, Santa Barbara, Calif. George H. Adams, P.O. Goleta, CA 93116. Drawer K, 805/484-5982.

October 16-27. World Senior Games, St. George, Utah. 50 + . T&F/Road Races: October 25-27. Sylvia Wunderli, 1604 Walker Center, Salt Lake City, UT 84111. 801/583-6231.

#### INTERNATIONAL

October 14-16. 10th Annual Japan Masters Championships. Tokyo Travel, 5-1-2 Misono-cho, Wakayama City, Wakayama Prefecture, Japan. Phone: 0734-25-3211. Fax: 0734-24-1683.

October 14-22. 2nd Australian Masters Games, Adelaide.

November 11-12. Uruguay Veterans Championships, Montevideo. (M35+, W30+. Hector Acosta, Calle Canelones 982, Montevideo 11.000, Uruguay. August 23-26. WAVA North American Championships, Trinidad and Tobago.

#### LONG DISTANCE RUNNING NATIONAL

October 1. U.S. TAC National Masters 25K Championships, New York. Jack Dowling, 25-47 Beech St., East Meadow, NY 11554. 516/579-7466.

October 8. U.S. TAC National Masters Marathon Championships, St. Paul, Minn. Gary Iverson, 1200 Town Square, 445 Minnesota St., St. Paul, MN 55101. 612/291-1822

November 5. U.S. TAC National Masters 5K Cross-Country Championships, Columbus, Ohio. John White, 4865 Arthur Pl., Columbus, OH 43220. 614/424-7011.

November 12. U.S. TAC National Masters 30K Championships, Clarksburg, Calif. Skip Seebeck, P.O. Box 20, Clarksburg, CA 95612. 916/665-1712; 916/775-1318. November 19. U.S. TAC National Masters

15K Cross-Country Championships, NYC. Joe Kleineram, 9 E. 89th St., New York, NY 10128. 212/860-4455.

November 25. U.S. TAC National Masters 10K Cross-Country Championships, San Francisco. John Mansoor, 800 Bonita Dr., Folsom, CA 95630. 916/933-4913.

December 3. U.S. TAC National Masters 8K Championships, Washington, D.C. Herb Chisholm, c/o Mistletoe Run, P.O. Box 554, Springfield, VA 22150. (703) 644-4322.

#### EAST

Connecticut, Delaware, Massachusetts, Maryland, Maine, New Hampshire, New Jersey, New York, Pennsylvania, Rhode Island, Virginia, Vermont.

Delaware Distance Classic 15K/5K/5K RW, Wilmington, Dd. Cash to overall m&w 40+ winner. Joel Schiller, Race Director, 2502 N. Van Buren St., Wilmington, DE 19802. 302/762-4020 (h); 792-4741 (w).

October 15. Army 10 Miler, Washington, D.C. Army 10 Miler, P.O. Box 46594. Washington, DC 250-6594. 202/697-3816. October 15. Stamford Marathon, Stamford, Conn. Stamford Marathon, 880 Canal St., Stamford, CT 16902. 203/359-1248.

October 15. New York Woman 4 Miler, NYC. Bill Noel, NYRRC, P.O. Box 881, FDR Stn., NY, NY 10150. 212/860-4455. October 22. Nissan Maryland Marathon Festival Marathon/10K, Baltimore. Masters \$\$. Les Kinion, P.O. Box 11394,

Baltimore MD 21239. 301/882-5455. October 22. Harrisburg Marathon, Harrisburg, Pa. Don Halke, 526 Kingston Rd., Harrisburg, PA 17112. 717/657-8848 (before 9:30 p.m.).

October 22. Freihofer's Run For Women 10K, Syracuse, N.Y. TAC Regional 10K Championship. Kris Hartnett, 4382 Stonington Circle, Syracuse, NY 13215. 315/488-8961. Continued on page 29

Boston 02130. Novem spect P NY. N Novem Dix Hi Bob W

NY 11

Octo

Contin Octob

Maratl 12180. Octob Falmo Marath

MA 02

Novem

NYC.

212/86

Novem

MCM,

703/64

Novem

N.J. B

Atlanti

Novem

Falmou

508/548

Novem

699.

Octob Brase 404/7 Octo Memp Runne

TN 38 Octob Raleigi event. Noven P.O. E Novem

Half-M 40+ 904/73 Novem Ga. At

NE. A

Octobe Ind. N Michae Wayne Octobe Detroit W. Laf

313/22

Som Supp New: by se \$50 able.

free Reco

Continued from page 28

October 29. Mohawk Hudson River Marathon, Schenectady to Albany, N.Y. Lee Wilcox, 10 Eaton Rd., Troy, NY 12180. 518/274-7444.

October 29. Cape Cod Marathon, Falmouth, Mass. SASE to Cape Cod Marathon, P.O. Box 699, W. Falmouth, MA 02574. 508/548-0348.

November 5. New York City Marathon. NYC. NYRRC, P.O. Box 881, FDR Station, New York, NY 10150-0881. 212/860-4455.

November 5. Marine Corps Marathon, MCM, P.O. Box 188, Quantico, VA 22134. 703/640-2225.

November 12. Atlantic City Marathon, N.J. Boardwalk Runners, P.O. Box 7336, Atlantic City, NJ 08404. 609/344-0809.

November 12. Cape Cod Marathon, Falmouth, Mass. Courtney Bird, P.O. Box W. Falmouth, MA 02574. 508/548-0348.

November 19. Boston Peace Marathon, Boston. BPM, P.O. Box 60, Boston, MA 02130. 617/524-5454.

November 23. Turkey Trot 5 Mile, Prospect Park, NYC. NYRRC, 9 E. 89th St., NY, NY 10128. 212/860-4455.

November 26. Half Hollow Hills 5 Mile, Dix Hills, N.Y. M&W 40 + \$300/200/100. Bob Wiener, 10 Parkwood La., Dix Hills, NY 11746. 516/499-6207.

#### **SOUTHEAST** Alabama, Florida, Georgia, N. Carolina, S. Carolina, Tennessee.

October 7. Georgia Public TV 8K, Braselton. Masters \$\$. Ray Myrand, 404/756-4790. October 13. Hardee's Oktoberfest 8K,

Memphis Tenn. 10/USRA event. Memphis Runnert TC, P.O. Box 17961, Memphis, TN 38187-7481. 901/683-6782.

October 14. Capital Trail Run 10 Mile, Raleigh, NC. ICI/USRA Masters Circuit event. 919/876-8347.

November 12. Old Reliable 10K, Raleigh, N.C. Masters money. Butch Robertson, P.O. Box 1229, NC 27602. 919/829-4843.

November 23. Jacksonville Distance Classic Half-Marathon, Jacksonville, Fla. M&W 40+ \$300/200. Doug Alred, 3853 Baymeadows Rd., Jacksonville, FL 32217. 904/739-1917.

November 23. Atlanta Marathon, Atlanta, Ga. Atlanta TC, 3097 E. Shadowlawn Ave. NE, Atlanta, GA 30305, 404/231-9064.

# MIDWEST Illinois, Indiana, Kentucky, Michigan, Ohio, Wisconsin, West Virginia.

October 15. Summit City 10K, Ft. Wayne, Ind. Masters \$\$ 1st four; \$500 for CR. Michael Ducy, 2317 2B Point West Dr., Ft. Wayne, IN 46808, 219/482-9606,

October 15. Detroit Free Press Marathon. Detroit. Masters money. Kathy Goltz, 321 W. Lafayette, Rm. 744, Detroit, MI 48231. 313/222-6676.

Some readers provide additional support to the National Masters News and to the Masters program by sending contributions of \$25, \$50 or \$100 a year. If you are able, we urge you to join them. All contributors will receive a free copy of the new Masters Age Record book and will be listed in the paper as a National Masters News sustainer.



England's Eleanor Adams, 41, of Ron Hill Sports ran 1491/2 miles in a 24-hour international race in Australia August 20 for an unofficial world W40 record.

Photo from Nick Peach

October 22. Dayton River Corridor Half-Marathon, Dayton, Ohio. DRCC, Wright Bros. Box 9154, Dayton, OH 45409.

October 29. Old Style Marathon, Chicago, OSM, 223 W. Erie, Chicago, IL 60610. 312/951-0660.

October 29. Ohio TAC 20/50K Championships/Wolfpack Fall Classic, Whetstone Park, Columbus. John White, 4865 Arthur Pl., Columbus, OH 43220. 614/459-2547.

November 11. Ohio TAC Cross-Country Championships, Lancaster HS, Lancaster. John White, 4865 Arthur Pl., Columbus, OH 43220, 614/459-2547.

November 12. Columbus Marathon, Columbus, Ohio. Mike Collins, 6290 Busch Blvd., Co 614/433-0395. Columbus, OH 43229.

MID-AMERICA Arkansas, Colorado, Iowa, Kansas, Minnesota, Missouri, N. Dakota, Nebraska, Oklahoma, S. Dakota.

October 8. Twin Cities Marathon, St. Paul, Minn. \$50,000 masters money. TCM, 9633 Lyndale Ave. S, Ste. 209, Minneapolis, MN 55420. 612/881-3863.

November 5. Omaha Riverfront Marathon, Omaha. John Thomas, 502 N. 40th St., Omaha, NE 68131, 402/558-9076.

November 19. St. Louis Marathon, St. Louis, Mo. SASE to St. Louis TC, 6611 Clayton Rd., St. Louis, MO 63117. 314/682-SLTC.

# SOUTHWEST Louisiana, Mississippi, Texas.

October 7. Challenger 8K, Tulsa, Okla. \$100 for 1st place M35 through M55; \$100 for 1st place W35 through W45. Ken Bays, 7223 S. Urbana, Tulsa, OK 74136, 918/492-8091.

Redmen Run Half-October 29. Marathon/5K, Nacogdoches, Texas. Masters money. Jim Harrison, P.O. Box 630527, Nacogdoches, TX 75963. 409/569-0192.

November 4. Dallas White Rock Half-Marathon, Dallas. SASE to Cross Country Club of Dallas, 6834 Dalhart Ln., Dallas, TX 75214.

November 18. Tulsa Marathon, Tulsa, Okla. John Castillo, P.O. Box 700814, Tulsa, OK 74170. 918/742-4127.

November 18. First Victoria 10K, Victoria, Texas. M&W40+. \$500/300/200. Tom Curtis, P.O. Box 1338, Victoria, TX 77902. 512/573-6321.

### WEST Arizona, California, Hawaii, Nevada, New Mexico, Utah.

October 7. 13th Annual St. George Marathon, St. George, Utah. St. George Marathon, 86 So. Main, St. George, UT 84770, 801/634-5850.

October 28. City of Alhambra Women's Moonlight 8K, Alhambra, Calif. \$1000-1st W40+ and \$500 bonus for W40+ AR. 2nd-\$500; 3rd-\$250. Alhambra Human Service Dept., 111 So. First St., Alhambra, CA 91801. 818/570-5044.

November 5. First Annual Baby Boomers West 10K and 10K Masters Race, Phoenix. \$2500 masters money. SASE to: Arizona Road Racers, P.O. Box 37876, Phoenix AZ 85069-7876. Mike or Peggy, 602/933-2425. November 12. Fresno Marathon, Fresno, Calif. Fresno Joggers, P.O. Box 17097, Fresno, CA 93744-7097.

November 19. New Times Phoenix 10K. Phoenix, Ariz. Harvey Beller, P.O. Box 2510, NTP 10K, Phoenix, AZ 602/229-1060.

November 19. 23rd Mission Bay 25K, San Diego. Joni Pendleton, 619/287-8694.

November 26. Run To The Far Side 10K, San Francisco. Dave Rhody, Calif. Academy of Science, Golden Gate Park, San Francisco, CA 94118. 415/750-7144. December 10. Honolulu Marathon, Honolulu, Hawaii. Honolulu Mara. Assn., 3435 Waialaw Ave., No. 208, Honolulu, HI 96816. 808/734-7200. FAX 808/732-7057.

#### NORTHWEST Alaska, Idaho, Montana, Oregon, Washington, Wyoming.

October 28, Moscow Masters Run 7.1 Mile. Moscow, Ida. Glen & Iris Murray, P.O. Moscow, ID 83843. Box 8431. 208/882-7020.

November 25. Seattle Marathon, Seattle. David Ranney, 3709 N.E. 180th, Seattle, WA 98155. 206/363-6070.

#### INTERNATIONAL

October 1. Berlin Marathon, Berlin, W. Germany. August 17 deadline. Berlinmarathon, Meinekestrasse 13, D-1000 Berlin 15. Tel. 030/882 64 05. Telex 186102 broko d.

October 1. British Veterans Marathon Championships, Stone, Staffordshire. Monica Darlington, Race Secretary, The Radfords, Stone, Staffordshire, ST15 8DJ. October 1. Metro Toronto Marathon, Toronto, Ontario, Canada. \$5000 M40+ \$3000 W40 +. John Craig, 1220 Sheppard Ave. East, Willowdale, Ontario, Canada. M2K 2X1. 416/495-4057; 495-4311.

November 19. Romacapitale Marathon, Rome, Italy. Organizing Committee, Via Paulucci De Calboli 60-00195, Rome, Italy. Tele: 06/318462.

# RACE WALKING NATIONAL

October 8. U.S. TAC National 1-Hour Racewalk Championships, Cambridge, Mass. Phillip McGaw, 156 Blue Hill Ave., Milton, MA 02174, 617/698-1806.

#### ON TAP FOR OCTOBER

#### TRACK & FIELD

The month opens with the annual Club West Meet, Santa Barbara, Calif., on the 7th and closes with the Big Guys Throwing Classic, Lawrence, Kansas, on the 21st, and the World Senior Games (50+), St. George, Utah, on the 25th-27th.

#### LONG DISTANCE RUNNING

Scheduled TAC national championships are the 25K on the 1st in NYC, and the marathon at the Twin Cities Marathon, which has a \$50,000 masters payout and is also an ICI/USRA race, on the 8th.

The 1st also offers marathons in Sacramento, Calif., and Toronto, and the Delaware Distance Classic races. On the 7th, events for women are bicoastal with the Moving Comfort 8K in San Diego, and Tuft's 10K in Boston, and the fast St. George Marathon in Utah in between.

The Southeast hosts two ICI/USRA races on the next weekend: Hardee's Oktoberfest 8K in Memphis on the 13th and the Capital Trail 10 Mile in Raleigh on the 14th, also the date for the Heartland Hustle 10K in Davenport, Iowa. Races on the 15th include the Stamford. Conn., and Detroit marathons, and the New York Woman 4 Mile in Central Park.

On the 22nd, Freihofer's 10K For Women goes off in Syracuse, N.Y. On the following weekend, the Tulsa 15K and Alhambra 8K. near Los Angeles, are scheduled for the 28th, and the Old Style Marathon in Chicago, the Cape Cod Marathon, and Mohawk Hudson River Marathon are set for the 29th.

#### RACEWALKING

The U.S. TAC National One-Hour Racewalk Championships will be held at Cambridge, Mass., on the 8th.

#### SOUTHEAST Alabama, Florida, Georgia, N. Carolina, S. Carolina, Tennessee.

October 14. 5K Racewalk Championships, Coconut Creek, FL. FAC, 14223 Palm Forest Dr. N., Delray Beach, FL 33445.

#### INTERNATIONAL

October 28. British Veterans Athletic Federation 20K (men)/10K (women) Walk Championships. D. Withers, 14 Cottage Lane, Marlbrook, Bromsgrove B60. IDW England.

December 6-10. American Racewalk Association's Racewalkers Training Camp, Mazatlan, Mexico. \$350 ARA. PO Box 18323, Boulder CO 80308, 800/326-2929.

198

On

Ranki Marat

the of

of The

The

single

events

deep,

Qua

FL 3315

open 35-39 40-44 45-49 50-54

55-59 60-64

65-69 70-74

75-79 80-84

85-89

open 35-39

40-44 45-49 50-54

55-59 60-64

65-69

70-74

# RECIPIENTS OF CERTIFICATES AS ALL-AMERICANS FOR ACHIEVING U.S. STANDARDS OF EXCELLENCE

M30			
Robert B. Hall	5000m	15:28	07/02/89
James Brown	400m	50.9	05/13/89
Derek Shelton	Long Jump	6.73	07/20/89
	Triple Jump	14.66	07/20/89
M35		-	A CONTRACTOR OF THE PARTY OF TH
Tom Thompson	100m	11.22	07/21/89
	200m	22.9	06/24/89
	400m	51.7	07/21/89
W40			
M40	100-	11 52	07/00/00
Dan McCaulley	100m	11.53	07/09/89
Day Danalaus	200m	24.28	07/09/89
Ben Brockwell	1500m	4:18.56	07/20/89
Rich Davis	5000m	15:53	08/01/89
James Ulrich	Javelin	195-11	07/02/89
Bill Mitzian	800m	2:07.6	06/17/89
Jerry Whitten	Pentathlon	2874 pts	06/11/89
Branch Company			
M45	The state of the state of	141 0	06 (26 (00
Lyle Johnston	Javelin	161-8	06/26/89
Terry Simons	Discus	124-115	07/16/89
Dan Hinckley	110mH	18.62	07/16/89
Jim Pauli	35# Wt.	43-24	01/20/89
John Hayward	800m	2:08.79	07/30/89
and the second second			
M50	A STATE OF THE STATE OF	17.0	07/16/00
Bruce Mills	100mH	17.9	07/16/89
Bill Houck	Javelin	174-11	06/27/87
Carl Klehm	35# Wt.	11.08	04/02/89
	56# Wt.	7.69	04/30/89
	Hammer	39.66	07/20/89
			-
M55	Marie Landson		-1 400 400
R. Ted Greiner	10K RW	56:59	01/28/89
Melvin Miller	800m	2:24	06/25/88
	1500m	4:56	06/25/88
	3K	10:37	07/23/88
Annual Control	5K	18:06	07/23/88
Eugene Hess	High Jump	4-11	07/16/89
The second second second			

M65			
Claude Taggart	400m	1:06.9	05/27/89
J. Walker Piers	on 100mH	20.20	05/13/89
Angelo Oliver	100m	13.76	06/25/89
TOTAL CONTRACTOR	200m	30.00	06/25/89
Jim Platis	Long Jump	14-8	06/11/89
	Long Jump	15-104	06/16/89
	Long Jump	15-2	07/09/89
	Long Jump	14-95	06/04/89
	Triple Jump	28-105	06/04/89
	Triple Jump	31-85	07/09/89
	Triple Jump	26-11	06/11/89
	Javelin	119-6	07/09/89
M70			
Bill Patterson	5K RW	33:59.9	04/28/89
Chuck Whitney	400m	1:15.08	06/21/89
Joseph Sanz	Discus	104-6	06/04/88
	Hammer	97-3	06/04/88

THE STATE OF THE			
M75 Jeremiah Gaines	55m	7.97	09/01/88
Ceremium Garnes	100m	15.9	09/01/88
	200m	32.4	09/01/88
	Long Jump	4.23	09/01/88
M80			
Frank Campbell	Shot Put	25-75	05/27/89
	Discus	71-10	05/27/89
W30			
Mary Malloy	800m	2:31.6	01/14/89
1140			
Mary Lou Platis	Shot Put	27-74	07/09/89
hary bou Fracis	Long Jump	14-5	07/09/89
	Long Jump	14-3	06/16/89
	Long Jump	14-10%	07/08/89
	Long Jump	14-3	06/11/89
	Triple Jump	28-95	07/08/89
W50		13000	
M. Seewerker	2 Mile RW	20:18.09	09/17/88
Mildred Toman	Hammer	31.26	08/05/89
The state of the s			



U.S. MASTERS STANDARDS OF EXCELLENCE												
- Sulin	FOR MEN											
Event	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84	85-89
100 200 400 800	11.0 22.4 51.0 2:01	11.33 23.3 52.5 2:04	11.67 24.2 54.0 2:08	12.0 25.1 56.0 2:13	12.5 26.0 58.5 2:19	13.0 27.2 61.5 2:27	13.5 28.5 65.0 2:37	14.0 29.8 70.0 2:49	15.0 32.4 76.5 3:06	16.5 35.8 84.5 3:27	18.0 39.8 94.0 3:54	20.0 44.0 105.0 4:24
1500 M11e 5000 10000	4:11 4:31 15:30 32:11	4:15 4:35 15:42 32:35	4:22 4:42 16:06 33:30	4:32 4:53 16:44 34:45	4:45 5:07 17:30 36:15	5:02 5:25 18:24 38:10	5:24 5:49 19:36 40:30	5:47 6:14 21:08 44:15	6:22 6:51 23:30 48:30	7:03 7:38 26:00 54:30	7:59 8:42 29:07 61-15	9:15 10:18 32:30 38:30
110H 100H 80H	15.3	16.4	17.75		18.0	19.0	20.0	21.3	18.0	21.0	25.0	30.0
400H	57.6	59.7	62.0	64.4	48.0	51.0	55.0	60.0	66.5	74.5	84.0	95.0
3K-SC 2K-SC	10:00	10:20	10:55	11:40	12:30	13:20	9:30	10:30	12:00	14:00	16:30	19:30
нл	1.94	1.85	1.76 5-9%	1.68 5-6	1.59 5-24	1.50 4-11	1.41	1.32	1.23	1.13 3-8	1.02 3-4	.92 3-1
PV	4.40 14-5%	4.15 13-7%	3.90	3.60	3.30 10-10	3.05	9-24	2.55 8-4k	2.30 7-64	2.05 6-84	1.80 5-11	1.50
u	6.55	6.20 20-4k	5.85 19-2k	17-104	Property 17	15-7	14-54	13-15	3.65	1	3.00 9-10	2.65 8-84
TJ	13.35	12.65	39-4	36-7	34-11/2	9.65	8.90 29-25	8.20 26-11	7.50	6.80	6.10 20-4	5.50 18-5
Shot	Sept 1	14.10	13.00	12.00	12.40	11.20 36-9	12.00	10.80 35-5k	10.00	1	7.65 25-14	6.50
Discus	147-0	42.60 139-9	133-2	38.00 124-8	40.00	36.40 119-5	131-3	36.80 120-9	31.60 103-8	26.40 86-7	21.40 70-24	16.20 53-2
Hammer	47.24 155-0	44.20 145-0	41.14 135-0	38.10 125-0	38.40 126-0	36.00 118-1	36.00 118-1	33.00 108-3	29.00 95-2	25.00 82-0	73-10	18.00
Jav	62.00 203-5	57.00 187-0	-	48.00 157-6	43.00 141-1	38.50 126-4	40.00	7000	29.00	24.00 78-9	19.00 62-4	15.00
35/Wt 25/Wt 56/Wt	The second second	なる。自立		WITTEN		9.00	11.00		9.00	8.00	7.00	6.00
PEN	2800	2600	2400	2200	2000	1800	3000	3000	3000	2500	2000	1000
DEC 5500 5250 5000 4500 4000 3000 6000 5500 5000 4000 2000 1500  notes: 1) 100 standards are for automatic time; use standard conversion for hand time.  2) Short hurdles: 30-49: 39"; 50-59: 36"; 60-69: 13"; 70+: 30".  3) Long hurdles: 30-49: 36"; 50-59: 33"; 60+: 30".  4) Shot put: 30-49: 7.26k (16#); 50-59: 6k; 60-69: 5k; 70+: 4k.  5) Discus throw: 30-49: 2kg; 50-59: 1.5kg; 60+: 1.0kg.  6) Hammer: 30-49: 7.26k (16#); 50-59: 6k; 60-69: 5k; 70+: 4k.  7) Javelin: 30-59: 800g; 60+: 600g.  8) Metric heights and distances are the standard; feet and inches listed for convenience.  9) Dec/Pentathlon: 30-59: 1AAF points; 60+: Ian Hume points (old WAVA).												

#### U.S. MASTERS STANDARDS OF EXCELLENCE FOR WOMEN Event 30-34 35-39 40-44 45-49 50-54 55-59 60-64 65-69 70-74 75-79 80-84 14.2 29.2 65.5 2:35 15.6 32.5 71.5 2:54 16.9 35.7 78.5 15.0 17.8 18.8 20.0 21.2 13.8 14.6 16.2 31.4 69.5 2:46 43.5 96.5 4:09 63.5 90.0 3:05 3:19 3:36 4:35 5:10 5:19 5:29 5:34 5:44 5:55 19:45 20:30 21:20 8:04 8:47 30:08 66:00 8:52 9:48 9:39 10:45 32:21 34:26 76:00 86:00 5:40 6:07 22:16 5:58 6:26 23:12 6:20 6:49 24:16 6:48 7:19 26:08 7:23 7:46 28:08 1500 5:34 5:44 5:55 19:45 20:30 21:20 41:00 42:40 44:40 47:00 49:30 52:00 56:00 60:00 100H 17.2 18.2 15.8 88.8 18.7 75.5 79.9 66.0 72.0 79.0 87.0 1.35 4-5% 1.27 1.19 3-11 1.12 3-8 .97 3-2% .92 3-04 .89 .84 2-11 2-9 5.00 4.60 4.25 3.90 3.55 16-5 15-1 13-114 12-94 11-8 3.20 10-6 2.85 2.60 9-4k 8-6k 2.35 7-84 2.10 2.00 6-11 6-7 6.40 / 5.70 5.20 22-8 20-5% 18-10 10.00 9.20 8.60 29-74 28-3 26-8 7.80 7.18 4.70 4.20 25-04 23-54 8.40 7.70 27-7 25-34 7.95 7.20 26-1 23-74 6.50 5.80 5.25 21-4 19-04 17-3 10.30 9.30 33-9½ 30-6½ 21.50 25.00 19.00 70-64 82-0 62-4 18.00 16.00 15.00 39.50 33.50 27.50 22.0 72-2 20.0 65-8 18.0 16.0 59-1 52-6 15.0 14.0 13.5 49-2 45-11 44-4 27.8 26.0 24.0 91-2 85-4 78-9 30.0 40.0 35.0 30.0 25.0 23.0 22.0 20.0 18.0 131-3 114-10 98-5 82-0 75-6 72-2 65-8 59-1 14.0 12.0 9.0 45-11 39-5 29-7 20 Nt. 10.00 9.00 8.00 7.00 6.00 5.00 4.00 3.50 3.25 3.00 2.75 notes: 1) 100 standards are for automatic time; use standard conversion for hand time. 1) 100 standards are for automatic time; use standard conversion for hand 2) Short hurdles: 30-39: 33"; 40+: 30" 3) Shot put: 30-49: 4k; 40+: 3k. 4) Jávelin: 30-49: 600gm; 50+. 400gm. 5) Hammer: 30-49: 4k; 40+: 3k. 6) Metric heights and distances are tie standard; feet and inches listed for convenience.

#### APPLICATION FOR AN ALL-AMERICAN CERTIFICATE/PATCH AGE-GROUP NAME\_ ADDRESS\_ \_\_\_\_SEX: M\_\_\_\_ F \_ STATE\_\_\_ DATE OF MEET \_\_\_\_ MEET SITE \_\_ HURDLE HEIGHT\_ \_WEIGHT OF IMPLEMENT\_ CERTIFICATE PATCH PATCH TAG If you have bettered the standard of excellence, please send \$10 for a certificate, \$10 for patch, or \$15 for both a certificate and a patch. (A patch tag, showing event and year, is an extra \$5 each.) Send to: All-American, National Masters News, P.O. Box 2372, Van Nuys, CA 91404. (Enclose copy of results, or note in which issue they appeared.) A 3-color, 8 1/2" by 11" certificate suitable for framing - and/or a 3-color, 3" x 4" patch will be mailed to you within two weeks. (Allow six weeks for patches with tags.)

# **Five Years Ago**

October, 1984

- European T&F Championships Draw 3030
- Barry Brown Sets U.S. Masters
   10K Mark of 29:57
- Ken Inglis, Tina Hayward Win in Bobby Crim 10-Miler

#### DEADLINE

NMN is written by masters athletes for masters athletes. We need and welcome your reports of meets, races, schedules, photos, comments, etc. Deadline for editorial material and advertising is the 10th of the month before date of issue. Send to National Masters News, P.O. Box 2372, Van Nuys, CA 91404.

#### U.S. MASTERS ALL AMERICAN STANDARDS OF EXCELLENCE FOR MASTERS RACE WALKERS

	Hile	JK .	2-mile	56	10K	20K		Hile	3K	2-mile	SK	10K	20K
M40	7:29.8	14:30	15:40	24:30	51:00	1:45	W40	8:55.4	17:20	18:40	29:00	1:00	2:04
M45	7:42.8	15:10	16:20	26:00	54:00	1:52	W45	9:12.4	17:53	19:17	31:00	1:04	2:12
M50	8:25.1	16:20	17:37	27:30	57:00	1:58	W50	10:30.2	20:24	21:59	33:00	1:08	2:20
M55	8:43.1	16:55	18:15	29:00	60:00	2:04	W55	10:55.4	21:13	22:51	35:00	1:12	2:28
M+0	9:19.9	18:07	19:32	30:30	63:00	2:10		11:45.0					
M65	9:44.7	18:54	20:23	32:00	66:00	2:16	W65	12:20.2	23:59	25:50	41:00	1:24	2:52
M70	10:25.4	20:15	21:49	34:00	70:00	2:24		13:28.5					
H75	10:59.9	21:20	23:00	36:00	74:00	2:32	W75	14:19.5	27:49	29:58	47:00	1:36	3:16
MAC	11:40.7	22:40	24:25	38:00	78:00	2:40		15:20.7					
M85	12:29.3	24:15	26:08	40:00	82:00	2:48		16:35.7					

### 1988 LDR Rankings Compiled

On page 32 are the top ten U.S. 1988
Rankings for the 5K, 10K, and
Marathon, compiled by TACSTATS,
the official LDR record-keeping arm
of The Athletics Congress.

The complete set of rankings and single-age records (256 pages with a binder and index tabs) for all LDR events for all age groups, up to 166 deep, are available for \$35 from TAC-

STATS, 7745 SW Terrace. Miami FL 33158. A set of rankings/records for one event is \$5.00. Top ten rankings from other distances will be published next month.

To be ranked, a runner had to meet the following qualifying standards. (e.g. an M40 runner had to run at least 33:00 to be ranked).

#### Qualifying Standards for National, Annual and All-Time Rankings

Each year, TACSTATS compiles and publishes the names and performances of all athletes who achieve the qualifying standard for their age-group and race distance. The latest edition is just back from the printer and includes 8,971 annual rankings and 9,718 all-time rankings. Complete sets of 1988 and All-Time Official TAC Rankings of US Long Distance Runners for each age-group and for 12 distance events together with National Age-Group and Single Age Records are available for \$35 (including commemorative binder and shipping). Send checks to TACSTATS 7745 SW 138 Terrace Miami F1. 33158.

1				Wom	en's Q	ualifyi	ng Star	ndards				
Age	Skm	Skm/Sad	10km	12km	15km	20km	25km	30km	10ml	20ml	H-Mar	Martha
open	17:30	28:30	33:30	46:30	\$5:00	1:19:00	1:43:00	2:02:00	59:00	2:11:00	1:20:00	2:50:00
35-39	19:30	31:00	37:00	53:30	1:03:00	1:26:30	1:52:00	2:15:00	1:07:00	2:30:00	1:28:00	3:05:00
40-44	20:00	33:00	38:00	56:00	1:06:00	1:29:00	2:00:00	2:25:00	1:10:00	2:40:00	1:30:00	3:10:00
45-49	21:30	35:30	42:00	1:02:00	1:12:00	1:39:00	2:08:00	2:35:00	1:15:00	2:55:00	1:40:00	3:30:00
50-54	24:00	38:00	44:00	1:08:00	1:18:00	1:44:00	2:20:00	2:50:00	1:22:00	3:10:00	1:45:00	3:45:00
55-59	27:30	43:00	50:00	1:15:00	1:30:00	2:02:00	2:50:00	3:25:00	1:35:00	3:40:00	2:05:00	4:30:00
60-64	30:00	52:00	57:00	1:25:00	1:45:00	2:17:00	3:00:00	3:40:00	1:50:00	3:50:00	2:20:00	5:15:00
65-69	40:00	1:00:00	1:05:00	1:30:00	2:00:00	2:30:00	3:10:00	3:50:00	2:05:00	4:05:00	2:40:00	6:00:00
70-74	45:00	1:15:00	1:20:00	1:40:00	2:10:00	2:45:00	3:25:00	4:05:00	2:15:00	4:20:00	2.50:00	6:15:00
75-79	50:00	1:20:00	1:30:00	1:50:00	2:20:00	2:55:00	3:35:00	4:20:00	2:25:00	4:40:00	3:00:00	6:30:00
80-84	55:00	1:25:00	1:40:00	2:00:00	2:30:00	3:10:00	3:50:00	4:35:00	2:35:00	4:55:00	3:15:00	6:45:00
85-89	1:00:00	1:35:00	1:45:00	2:10:00	2:45:00	3:20:00	4:10:00	5:00:00	2:50:00	5:20:00	3:40:00	7:30:00
90+	170	1:45:00	1:50:00				1			-	mer	8:00:00
						222						

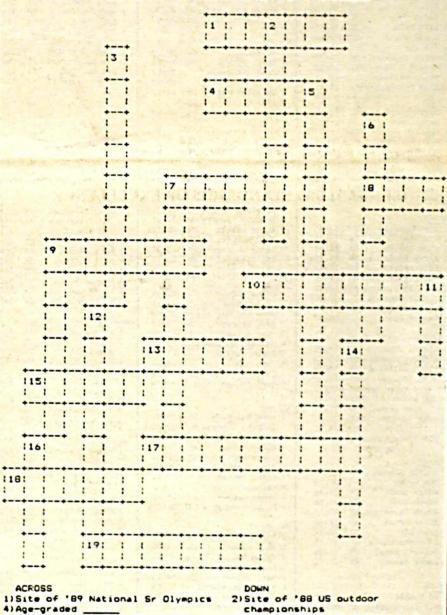
#### Men's Qualifying Standards

		Mary Street		-			-		10-1		W-W M	Mark.
Age	Sicon	Skm/Sml	10km	12km	15km	20km	25km	30km	10	2	Half-Mar	MARKE
open	15:00	24:00	29:15	37:45	46:30	1:05:30	1:24:00	1:39:00	49:30	1:47:30	1:07:00	2:20:00
35-39	16:00	26:00	32:00	42:30	50:00	1:12:00	1:30:00	1:52:00	55:00	2:03:00	1:12:30	2:30:00
40-44	16:30	27:00	33:00	44:30	53:00	1:13:00	1:33:30	1:55:00	57:00	2:08:00	1:15:00	2:35:00
45-49	17:30	29:00	35:00	47:00	56:00	1:18:00	1:38:00	2:02:00	59:00	2:18:00	1:20:00	2:45:00
50-54	18:30	30:00	36:00	49:00	1:00:00	1:23:00	1:43:00	2:08:00	1:03:00	2:23:00	1:25:00	2:55:00
55-59	19:30	32:30	38:00	55:00	1:05:00	1:28:00	1:50:00	2:15:00	1:07:00	2:35:00	1:30:00	3:05:00
60-64	20:30	35:00	41:00	58:00	1:10:00	1:33:00	2:04:00	2:35:00	1:15:00	2:55:00	1:35:00	3:20:00
65-69	25:00	40:00	47:00	1:05:00	1:20:00	1:48:00	2:26:00	3:05:00	1:27:00	3:15:00	1:50:00	3:45:00
70-74	35:00	55:00	55:00	1:15:00	1:40:00	1:58:00	2:40:00	3:20:00	1:45:00	3:35:00	2:00:00	44500
75-79	40:00	1:00:00	1:05:00	1:25:00	1:50:00	2:20:00	3:05:00	3:50:00	2:00:00	4:00:00	2:25:00	5:30:00
80-84	45:00	1:10:00	1:15:00	1:35:00	2:00:00	2:55:00	3:35:00	4:20:00	2:15:00	4:40:00	3:00:00	6:15:00
85-89	50:00	1:20:00	1:30:00	1:50:00	2:15:00	3:10:00	4:00:00	4:50:00	2:30:00	5:10:00	3:30:00	7:00:00
90+	E NO	1:30:00	1:40:00	150		L Lucy 5	- 1 Te		1116			7:30:00

#### 1989 Masters Prize Money Awards (thru 3 September 1989)

\$29,300	John Campbell (NZL)	\$24,680	Priscilla Welch (CO/GBR)
9.626	Victor Mora (COL)	15,900	Laurie Binder (CA)
7,810	Bill Rodgers (MA)	10,850	Gabrielle Andersen (ID)
5,900	Wilson Waigwa (CA/KEN)	6,000	Evy Palm (SWE)
4,450	Ryszard Marczak (POL)	5,500	Judy Greer (FL)
4,100	Mike Hurd (GBR)	5,100	Barbara Filutze (PA)
4,100	Jim Pearson (FL)	4,145	Ngaire Drake (NZL)
4,025	Dave Stewart (CAN)	3,925	Jane Hutchison (MO)
3,875	Bob Schlau (SC)	3,750	Angela Hearn (NY/GBR)
3,495	Graham Tattersall (NZL)	3,700	Karen Macharg (FL)
-10-		-10-	. T. Philippin Co.
3,200	John Custy (CO)	3,475	Nancy Oshier (NY)
2.550	Athol Barton (MD/NZL)	3,100	Heather Matthews (NZL)
2,450	Kevin Ryan (MA/NZL)	2,100	Claudia Ciavarella (FL)
2.250	Sheldon Cowles (GBR)	2,000	Carolyn Mather (NY)
1,700	Kjell-Erik Stahl (SWE)	1,550	Nancy Mieszczak (NY)
1,550	Carl Nicholson (AL)	1,440	Terry Mahr (OH)
1,400	Larry Olsen (MA)	1,383	Gail Scott-LeDage (CO)
1,400	Roger Robinson (VA/NZL)	1,250	Harolene Walters (CA)
1,325	Hes Hessely (GA)	1,250	Wen-Shi Yu (NY)
1,250	Jack Fultz (MA)	1,100	Maureen Bixby (OK)
-20-		-20-	THE RESERVE OF THE PARTY OF THE
1,250	Fred Unubelaha (191)	1,068	Mary Wood (CO)
1,150	Fred Haybright (HV)	900	Susan Havens (MA)
1,150	Steve Lester (UT)	850	Margor Remington-Oman (MA)
1,150	Jim O'Neill (OH)	800	Nancy McLaren (USA)
1,020	Earl Owens (GA)	750	Carol Bellora (MO)
	Jerry Tighe (CAN)	750	Sue McLain (OH)
compiled by (	Competitive Road Racer, PO Box 4:	2888, Tucson	AZ 85733

### Masters Crossword Puzzle



9)Outstanding MoO from NZ 10)Spear chucker 13)Outdoor records guru 15)Boo 17)Seven-event athlete 18)Famous track in Oregon 19)W35 400H WR-holder 2)Site of '88 US outdoor championships
3)What masters are called in UF
5)Race with barriers and water
6)WS5-W60 SP AR-holder from Ohio
7)Site of VII WV Games
9)Great MS5 sprinter from UK
11)Governing body of US t&f
12)US road records & rankings acrony
14)Site of VIII WV Games
14)Site of VIII WV Games

16)International masters governing body acronym

Answers in next month's issue

# 1988 U.S. MASTERS LONG DISTANCE RANKINGS

1 Miles Margo	(Compile	ed by TACSTATS/USA, The	National Center for Long	Distance Running & Race	Walking Records and Res	search)
20   1   2   2   2   2   2   2   2   2   2	5 KILOMETERS		10 KILOMETERS			
All control of the						
The part of the			2 Wilson Waigwa KEN 29:08	3 Laurie Binder CA 34:35	3 Michael Heffernan 2:28:09	3 Cindy
1   1   1   1   1   1   1   1   1   1	3 Tom Carter NY 14:56	W35-39				
Section Section   1.00   1.0			5 Randy Thomas MA 29:38			
Bank State   10   10   10   10   10   10   10   1		3 Karen Miles FL 17:11	7 Robert Wallace AUS 30:08a	8 Barbara Filutze PA 36:01	8 Ralph Zimmermann 2:33:25	8 Margi
10   10   10   10   10   10   10   10	8 Ernie McKee PL 15:21					
					uso sa	
2   Alle pubmer   10   Alle pu		8 Mary Heilman 17:36a			1 Ardel Boes 2:34:13	
2   1, 10			2 Ryszard Marczak POL 30:18			
Second Second Color		HAO 44		5 Lina Connors NY 37:42a		4 Mae H
Teach States	5 Byron Dyce 15:05	1 Angella Hearn GBR 17:28		The first of the control of the cont	6 Ron Pannell 2:41:44	6 Joan
## 1			7 Barry Brown FL 30:48	1 Diane Palmason CAN 38:57		
Street Persons   19.5	THE RESIDENCE OF THE PROPERTY	4 Gail Bailey SC 18:08	9 Byron Dyce FL 30:52			
Section   1997		6 Hilary Naylor CA 18:15	And the state of t		the French State of the State o	THE RESERVE
2 ment bailen or 15-104				6 Jill Martin NY 41:00		1 Tracy
a Des Deficies   10   10   10   10   10   10   10   1	2 Robert Nelson UT 15:07a				3 Gaylon Jorgensen 2:37:59	3 Toshi
5 may homes   1			4 Don Coffman KY 32:31			
7 Aller Streem (F) 12.15   2 January 19.12   3 J			6 Mario Gonzalez MEX 32:44a	Charles and the second of the		6 Marty
9   1	7 Richard Greene NV 16:19	2 Jane Argold CT 18:54		1 Toshiko d'Elia NJ 42:25	8 Paul Nance 2:51:30	8 Bever
10   10   10   10   10   10   10   10		4 Marilyn Rasmussen 19:34a	9 Sumner Brown MA 32:57	3 Marion Irvine CA 42:49		
Second Second Column   1965   2	10 Jerry Smith 16:29			5 Margarete DeckertNY 45:33		W60-64
2 hints Person C. M. 1015a   9 hetts Peppers C. 2015b   1 Advil Boss C. 2015b		7 Sharon Martin 19:56a	1 Bill Olrich KY 32:36a	6 Eilene Dwyer IL 45:59		
\$ 1 Acry Work of 2 1900   50 Acry Work of 2 19	2 Brian Fernee CA 16:10a	9 Bette Poppers CO 20:05a		8 Beryl Skelton NY 46:35a		3 Marga
\$\frac{\fr	4 Bill Crum CA 16:57a	10 Jill Martin NY 20:07			5 Wilburn Adams 2:57:17	
7 Pyrom hoderen 90 17.55   Street Billing II 37.55   Such Entrance II 19.75   Such Entrance II 1			6 Dick Rampenthal WI 34:47	V60-64		
9 Britain Delanopy 12.131   3 James Dicklasson	7 Myron Anderson MN 17:25			1 Helen Dick CA 44:54		8 Mary
20 Abov Falcebonery   1/3	9 Brian Delaney 17:31					
Description   Part   17.55   2   2   2   2   2   2   2   2   2		5 Caroline Murray CA 20:27	THE REAL PROPERTY AND ADDRESS OF THE PARTY O			
2 has Cubbon.  2 has Cubbon.  2 has in Section Search as the section of the secti				7 Mary Storey CA 49:14	2 Hubert Morgan 3:17:52	
## 111 Fortume   Wis-19   10   10   10   10   10   10   10			3 Dave Long FL 36:13	9 Barb Andersen MN 49:48	4 Jim Smith 3:20:01	
Pack   Reduction   19-10   1-   1-   1-   1-   1-   1-   1-	4 Bill Fortune NY 18:18		6 Carl Trimber 36:31a	10 Adeline Kearney CT 49:52		5 Marga
9 James Partie F. 18-23-20 10 Laurin Blades II. 18-28-3 10 Laurin Blades I	6 Steve Blanchard OK 18:20		8 Konrad Bald IL 36:58			7 France
3 Daturn Hales 71 18-28   3 Autors Catherers 27-12   18-28   4 Alloys Austracting 27-12   18-28   1 Alloys Bancal No. 20-21   1 Alloys Batchins 28-28   21	8 Jim Smedema IA 18:23			2 Louise Adams 50:54	9 Joe Cusic 3:27:33	9 Annab
Mile			All the second s	4 Lenore Marvin 52:04	THE PROPERTY OF THE PARTY AND ADDRESS OF THE PARTY OF THE	The state of the s
Take Natalle   No   1745   2   3   3   0   0   1   0   0   0   0   0   0   0	M50-54	5 Patricia Pruitt CA 22:21a	1 Alex Ratelle MN 36:22		1 Hiroshi Onuma 3:33:17	1 Marci
3 Jan O'Bell C. 1946  3 Larry Manuslon C. 1916  5 Mill McCaffray MI 1919.6  6 Naffray Crocket Or 1910. 1911.6  5 Mill McCaffray MI 1919.6  6 Naffray Crocket Or 1910. 1914.6  7 William Fortune WI 1919.6  8 Name McCaffray MI 1919.6  9 William Fortune WI 1919.6  9 William Fortune WI 1919.6  10 Commar Linde  10 Com	1 Alex Ratelle MN 17:45	7 Irene Olberz CA 22:39a		7 Gerry Davidson CA 53:39	3 Shigeatsu Suzuki 3:46:02	
\$ \$\text{aii} \text{Modernt pay mit lays 1.5 \text{Air} \text{Modernt pay mit lays 1.5 \text{Air} \text{Modernt pay mit lays 1.5 \text{Air} Modernt pay mit lays 1.5 \text{Modernt p				o Margaret Wilght Sc 33.40		4 Donie
6 caffery Crochat CX 19:26 7 William Fortume W 19:27 1 William Fortume W 19:28 1 Sales Dalabelanz 22:22 1 Sales Dalabelanz 22:22 1 Sales Dalabelanz 22:22 1 Dartick Devise CA 38:47 3 Cannot Dalabel CX 20:06 1 Sales Dalabelanz 22:22 1 Dartick Devise CA 38:47 3 Cannot Dalabel CX 20:06 1 Sales Dalabelanz 22:22 1 Dartick Devise CA 38:47 3 Cannot Dalabel CX 20:06 1 Sales Dalabelanz 22:22 1 Dartick Devise CA 38:47 3 Cannot Dalabel CX 38:48 3 Cannot Dalabel CX 38:47 3 Cannot Dalabel CX 38:			6 Bill Hoffman AR 38:23		6 John Coles 3:50:45	6 Marga
Bollanc Courley   19.39a   1   Halen Dick   CA   22.05   2.021   2.0	6 Jeffrey Crocket OK 18:26	W60-64	8 Howard Rubin NJ 38:42	2 Marcie Trent AK 53:21a	8 James Snitzler 3:51:01	
9 John Kaston   10 10 10 10 10 10 10 10 10 10 10 10 10	8 Delmar Gourley 18:38a			4 Evelyn Kionig CA 59:46		9 Prisc
M65-69   Marren Utes   IL   18,18   Says Dolumon   W   21,04   Says Dolumon   W   21,05   Says Dolum		3 Mary Lou Carlson 23:23			Part of the Little Party	W75-79
Author Wapol Name   N			1 Warren Utes IL 36:35		The state of the s	
## Authony Mappel Nr 1819.5   Glein Williams Nr 1819.5   John McHanus N	1 Warren Utes IL 18:38			1 Laura Hanrahan 53:08		
4 John McHanus NY 19;15 5 Lloyd Young MI 19;5 6 Jin Saith OK 19;5 7 Millian Coyne N 20;17 8 John Burton NN 21;14 9 Bill Tribou Cr 21;15 9 Bill Tribou Cr 21;15 9 Bill Burton NN 21;14 9 Bill Burton NN 21;15 10 Joe Pisischnann 21;15 10 James Reary NN 21;15 10 James Reary NN 21;15 10 James Reary NN 22;15 10 James CA 45;25 10 James CA 45;25 10 James CA 45;25 10 James Reary NN 42;25 10 James Reary NN 42;25 10 James Reary NN 22;15 10 James CA 44;20 10 James Reary NN 42;23 10 James CA 42;23 10 James CA 69;21 10 James Reary NN 42;23 10 James CA 69;21 10 James CA 44;20 10 James CA 44;20 10 James CA 44;20 10 James CA 44;20 10 James Reary NN 42;23 10 James CA 44;20 1		8 June Rahn 24:07			4 Vernon Geary 4:19:21	
5 Jis Smith	4 John McManus NY 19:15		6 Bart Ross FL 41:46		6 John Zentmyer 4:20:32	W85-89
William Coyne Nr 2013   Paul Marcon Nr 201	6 Jim Smith OK 19:52		8 Carl Hammen RI 42:17	W80-84		1 Ruth
9 Bill Tribou CT 21:15   Jose Fleischmann 21:20a   Scarrol Starner 21:20a   Million CT 21:15   Scarrol Starner 21:20a   Million CT 21:20a   Millio		1 Olba Morofsky NY 21:35			9 Paul Werner 4:45:49	io, sur
NO-74   No-7			N20 24	W85-89	20 012111 212201 4:30:34	No.
Tautin Newman   NJ   2109   2 for Mason   2 1109   2 for Mason		4 Ellen McCoy MN 24:59	1 Max Quackenbos FL 43:47	1 Ruth Rothfarb MA 76:55		
2 Ton Mason		6 Rita Richards 27:57	3 Ed Vuolu CT 44:20	The body to the major		10
Stock	2 Tom Mason 21:14	8 Margaret Wright 28:12	4 Ed Lewin CA 44:20	a = point-to-point course	M85_89	4
5 Vince Carevale Nut 21159.16 6 Alfred Funk NT 21107 7 Fred Ely NJ 22112 8 Ed Stotsenberg 22131 9 Roberto Renny NY 23145 10 James Keeney NY 23145 10 James Keeney NY 23145 10 James Keeney NY 23152    M75-79	4 Wayne Zook CA 21:51		6 Fleet.Fesmire TN 45:26a	STATE OF STATE OF	THE PERSON NAMED IN COLUMN TWO IS NOT THE PERSON NAMED IN COLUMN TWO IS NAMED IN COLUMN TW	11
Pred Edy No.   22131   3   3   3   3   3   3   3   3   3			8 Herb Wright UT 46:21a			
2 Noberto Renny NY 23:45 Nelen Raiter N 30:48 Shell Raiter NY 23:52 Nelen Raiter N 30:48 Shell Raiter NY 23:52 Nelen Raiter NY 23:53 Nelen Raiter NY 24:41a Shell Raiter NY 23:53 Nelen Raiter NY 24:41a Shell Raiter NY 23:53 Nelen Raiter NY 24:41a Shell Raiter NY 23:53 Nelen Raiter NY 24:41a Shell Raiter NY		1 Algene Williams IL 26:20.2				(
#75-79   1 Ed Rumble   CA 23109a   7 Interest Crame   OR 33115   3 Walt Kuetsing   CA 25:31   6 Don Leatherman   32:13   7 Fred Battelheim   32:45   8 Alvin Shough   NJ 36:49.9   1 Ame Clarke   IL 29:05.3   3 C Hackenheimer   NJ 29:40   2 John Lincoln   28:42   3 Tiny Riley   MR 48:29   3 Seas   CA 35:41   3 Tiny Riley   MR 48:29   3 Seas   CA 35:31   3 Tiny Riley   MR 48:29   3 Tiny Riley   MR 48:29   3 CA 38:47   3	9 Roberto Renny NY 23:45		图集4-21年,第一日的1945			375
N75-79	10 James Keeney NY 23152		1 Bill Brobston NY 46:15a	4 Pablo Gil 2:19:59	4 Karen Peters 2:49:44	
2 William Andberg MN 24:41a 8 D Stotsenberg 33:16 3 Walt Kuetzing CA 25:31 4 Vernon Geary VA 27:52 5 Dean Scofield 28:17 6 Don Leatherman 32:33 7 Fred Bettelheim 32:45 8 Alvin Shough NJ 36:49.9 1 Anne Clarke IL 29:05.3 2 Bess James CA 35:41 1 M80-84 1 Ed Benham MD 22:26 2 John Lincoln 28:42 2 John Lincoln 28:42 3 Tiny Riley NT 48:29 1 Francic Larrieu IX 32:10 3 C Hackenheimer NY 29:40 4 Max Popper NY 33:24 4 Max Popper NY 33:24 5 Paul Barnd CA 38:47 1 Nary Ames CA 37:32a 4 Carol McLatche IX 33:35 a Hardy Hardy Sandy		6 Althea Jureidini 32:53		6 Domingo Tibaduiza 2:20:19	6 Teri Gerber 2:50:20	
Walt Kuetzing   CA   25:31   4 Vernon Geary   VA   27:52   5 Dean Scofield   28:17   6 Don Leatherman   32:33   7 Fred Bettelheim   32:45   8 Alvin Shough   NJ   36:49.9   1 Anne Clarke   IL   29:05.3   2 Bess James   CA   35:41   M85-89   1 Max   Popper   NY   67:54   1 Ed Benham   ND   22:26   2 Belan   Bops   3 Tiny Riley   MT   48:29   3 Tiny Riley   MT   48:29   3 Carla Beurskens   BOL   33:35   3 Carla	2 William Andberg MN 24:41a	8 D Stotsenberg 33:16	4 Peter Bolos MI 52:02	8 Ron Gee 2:20:58	8 Nancy Mieszczak 2:54:16	
5 Dean Scofield 28:17 6 Don Leatherman 32:33 7 Fred Bettelheim 32:45 8 Alvin Shough NJ 36:49.9  1 Anne Clarke IL 29:05.3 2 Bess James CA 35:41    M85-89   1 Max Popper NY 67:54   1 Max Popper NY 67:			Maria San Cara Cara Cara Cara Cara Cara Cara Ca	9 Frank Weber 2:21:00	9 Sally Brent 2:54:17	1
7 Fred Bettelheim 32:45 8 Alvin Shough NJ 36:49.9    M80-84   1 Ida Mintz   IL 37:38   1 Ida Mintz   IL 37:38   2 Ida Mintz   1	5 Dean Scofield 28:17	Water Street, Spiller and Street, Spiller		THE THE THE STATE OF THE	with the least while the	-
M80-84   NF   36:49.9   2   Bass James   CA   35:41     M85-89   1   Max Popper   NY   67:54   2   Bill Rodgers   2:18:17   3   Bob Schlau   2:19:27   3   Laurie Binder   2:40:15   3   Call Benham   MD   22:26   2   John Lincoln   28:42   3   Chackenheimer   NY   29:40   3   Chackenheimer   NY   29:40   4   Max Popper   NY   33:24   5   Paul Bernd   CA   38:47   1   Mary Ames   CA   37:32a   4   Carol McLatchie   IX   33:35a   3   Carol McLatchie   IX   33:35a   Carol McLatchie   IX   33:35a   3   Carol McLatchie   IX   33:35a   Carol McLatchie   IX   33:35a   3   Carol McLatchie   IX   33:35a   C	7 Fred Bettelheim 32:45	1 Anne Clarke IL 29:05.3	The same of the sa			24
M80-84     M80-84   M80-84     M80-84     M80-84     M80-84     M80-84     M80-84   M80-84     M80-84	8 Alvin Shough NJ 36:49.9	Market Street, and the Control of th		2 Bill Rodgers 2:18:17	2 Angella Hearn 2:40:15	1
1 Ed Benham				4 Kjell Eric-Stahl 2:19:59	4 Gail Scott 2:46:40	
3 C Hackenheimer NY 29:40 4 Max Popper NY 33:24 5 Paul Bernd CA 38:47 1 Nary Ames CA 37:32a 4 Carol McLatchie TX 33:35a 5 Paul Bernd CA 38:47 1 Nary Ames CA 37:32a 1 Nary Ames	2 John Lincoln 28:42	2 Helen Hope 45:19	1 Francie Larrieu TX 32:10	6 Athol Barton 2:22:52	5 Patricia Sher 2:46:44	& Jack
5 Paul Bernd CA 38:47   1 Mary Ames CA 37:32a 4 Carol McLatchie TX 33:35a 9 Hector Chavez 2:24:31 9 Jane Hutchison 2:52:17	3 C Hackenheimer NY 29:40	White the state of		7 Nicol Bergeron 2:24:13	7 Mary Wood 2:47:27	12 8 47
O K MODILIONK IA GUILU I S SEED TO SEED SEED SEED SEED SEED SEED SEED SEE	5 Paul Bernd CA 38:47	1 Hary Ames CA 37:32a	4 Carol McLatchie TX 33:35a	9 Hector Chavez 2:24:31	9 Jane Hutchison 2:52:17	57-41A
	9 K WOOTDLOOK TV 40110	4117	34:04	2:24:3/ l	10 molly Thayer 2:52:39	7-1

earcn)	and the
The second second second	
1 Joan Ullyot	2:47:39
2 Harolene Walters	2:53:01
3 Cindy Dalrymple	2:57:04
4 Patti Donley	2:57:19
5 Minoru Muram to 6 Charlotte Swanson	2:58:05
7 Sophia Turosz	3:00:45
8 Margie Timberlake	3:02:08
9 Gania Rode	3:06:22
10 Barbara Miller	3:06:56
WEA EA	
W50-54 1 Wen-Shi Yu	3:08:14
2 Denise Alfvoet	3:12:27
3 Zofia Turosz	3:12:49
4 Mae Horns	3:15:05
5 Christine Curtis 6 Joan Reiss	3:15:06
7 Nancy Parker	3:16:36
8 Caroline Murray	3:19:17
9 Maryanne Wehrum	3:21:05
10 Ada Letinsky	3:21:19
W55-59	Table
1 Tracy Brown	3:05:22
2 Dana Sumner 3 Toshiko D'Elia	3:08:02
4 Barbara Robinson	3:28:12
5 Mary Woodring	3:28:23
6 Marty Maricle	3:30:52
7 Barb Martindale	3:34:09
8 Beverly Lampe 9 Whayong Semer	3:35:25
10 Matilee Christman	
W60-64	THE STATE OF
1 Whayong Semer	3:26:01
2 Helen Dick	3:31:09
3 Margaret Miller	3:35:38
4 Mary Schwarz	3:57:20
5 Jan Richards 6 Helga Kuendig	3:59:05
7 Evelyn Jennings	4:09:09
	4:09:49
8 Mary Storey 9 Miki Horton	4:10:26
10 Mabel Velge	4:10:47
W65-70	THE LET
1 Vreni Niklaus 2 Gerry Davidson	4:13:37
3 Loretta Shehan	4:21:08
4 Ellen McCoy	4:30:47
5 Margaret Lee	4:41:44
6 Betty Haleen 7 Francoise Dubois	5:05:56
8 Grayce Miji	5:14:49
9 Annabel Marsh	5:14:56
10 Maureen Schmahl	5:20:25
W70-74	4.11.54
1 Marcie Trent 2 Ilone Paulas	4:11:54
3 Edith Wenmark	5:05:55
4 Donietta Bickley	5:34:58
5 Carolina Botticch	
6 Margaret Sawyer	5:37:31
7 Althea Jureidini 8 Bonnie Kolsom	6:08:20
9 Priscilla Libby	6:10:41
	7719
W75-79	
1 Holly Meeks	5:01:38
2 Bess James	6:17:56
W80-84	N. Control
1 Mavin Lindgren 2 Ida Mintz	5:43:07
W85-89	3.03:37
1 Ruth Rothfarb	8:01:25
The Party of the P	3101125
IN SECTION 1.	
And the same of the same of	100
All Trainers	
36	
7	
11 11 -1	-
	1
1	1
E	1



PNP

Octo

30 -PL AGE 2 32 LA 3 33 AT

6 30 TIT 35 - 3 PL AGE

4 33 POL 5 34 SZ

40 - 4 PL AGE 1 43 HAF

6 37 TH

1 46 HOF

6 41 MCD

5 45 CL

50 -PL AGE 1 51 L 2 54 G 4 53 Z

5 50 BI

1:59.9

2:03.6

2:04.3

2:02.3

2:03.2

2:16.6

2:20.1

2:20.9 2:32.6 2:33.5

2:41.1

2:35.9

2:47.2 3:00.6

3:05.1

2:40.9

2:43.1

3:19.1

3:39.6

3:47.4

4:09.3

4:09.5

4:24.-4:12.-4:18.2

4:23.0

4:13.3

4:33.3

4:49.1

5:33.7 6:03

5:04.2

5:10.1

5:35.6

16:09.7

15:52.8 16:39.6

16:05.8

18:07

18:56.3

20:50.1

20:46.3

24:12.6

Continued on next page

# TRACK & FIELD RESULTS

Please send masters meet results to NATIONAL MASTERS NEWS, PO BOX 2372 VAN NUYS CA 91404. If possible. please type single space with minimum of white space.

#### **TAC National Masters Decathlon** Thomasville, NC June 17



Continued on next page

30 - 34 AGE							A 100				3-87, 961
								DT	DV -	JT 1500M	TOTAL
	NAME									7 563 4:53.10 600	
1 31 ELLIS FT-IN		11.74	21- 3 1/2			32 140			14- 5 158		w.13
2 32 LAWSON	BILL	11 88				06 637	See Line and Advantage of the Control of the Contro	The state of the	The second secon	6 563 4:55.90 534	6478
FT-IN	10	11.00			6- 3 3/4				14- 1 1/4 150		
3 33 ATHERTON	ROONEY	12.12					16.55 672 3	7.60 616	3.80 562 37.70	8 410 5:41.10 346	5524
FT-IN	man sala		17-11 1/2	37- 7	6- 2 3/4		123	- 4 1/4	12- 5 1/2 12	3-11 1/4	
4 33 POLAKOWSKI	CHRIS	12.36	582 5.85 554	10.45 513	1.85 670 55.	14 593	17.47 576 2	7.69 419	2.80 309 34.3	0 360 7: 1.20 70	4646
FT-IN	N. A. C.		19- 2 1/4	34- 3 1/4	6- 0 3/4		90	-10	9- 2 11	2- 6 1/4	
5 34 SZARMACH	STEVE	12.12	628 3.51 132	10.88 539	1.60 464 69.	57 147	20.07 344 3	5.63 576	3.30 431 34.24	4 359 0: 0.00	3620
FT-IN			11- 6					A SECTION OF THE PARTY OF THE P	10- 9 3/4 11		
6 30 TITUS	PAUL	12.10				80 164				0 347 0: 0.00	3606
FT-IN			19- 6 1/2	31- 7 3/4	6- 6 1/2		94	- 1 3/4	7- 2 1/2 10	9- 6 3/4	
									A AP AT SE	TATE OF THE PARTY OF	
									ALTERNATION OF	4	
35 - 39 AGE	GROUP RES	ULTS									
PL AGE	NAME	100	M LJ	SP	HJ	400M	HH	DT	PV .	JT 1500M	TOTAL
1 36 RICKS	DAVE	12.02	647 5.83 550	10.74 530	1.70 544 54.	02 639	18.64 464 3	3.77 539	4.10 645 45.8	0 527 4:45.20 648	5733
FT-IN			19- 1 1/2	35- 2 3/4	5- 6 3/4		110	- 9 1/2	13- 5 1/4 150	0-3	A DE
2 35 BESHEARS	DAVE	12.36	582 5.71 525	11.71 589	1.60 464 57.	29 510	17.76 547 3	6.05 585	4.20 673 42.4	2 477 5:14.70 478	5430
FT-1N			18- 8 3/4	38- 5	5- 2 3/4		118	- 3 1/4	13- 9 1/4 139	9- 2	
3 35 CLARY	RICHARD	11.73				95 684	16.23 707 2	2.32 316	2.70 286 40.00	0 442 4:43.70 657	5453
FT-IN			20- 8 1/4						8-10 1/4 13	The state of the s	
4 39 DAVIS	MIKE	12.93								2 440 5: 8.80 510	4849
FT-IN					5- 4 3/4				12- 5 1/2 130		
5 36 WATSON	RICH	14.35				91 319				538 5:10.20 502	3974
	SCOTT	11.98		34- 8		01 443	10 64 378 2	7 42 419	9-10 152	0 0 0: 0.00 0	
			19- 2 1/2			,, ,,				0- 0	
The state of the s			The second second	- granding	Control Barrier	A. Keek	- T	A 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1		S. Alexan Subtributed	The Court of
The same			14. 8000		1-65	7.5					
40 - 44 AGE	CROUP RES	II TS	LOSAS"								
10 Vent 10 00 12 70		100	H LJ	SP	HJ .	400M	HR	DT	PV .	JT 1500M	TOTAL
1 43 HARVEY	REX									486 5:47.80 316	
FT-IN			20- 2 1/2						13- 9 1/4 14		A CONTRACT
2 42 ROSE	,JIM	12.68	523 5.25 431	10.82 535	1.50 389 58.	74 457	20.92 280 2	9.66 458	3.30 431 39.7	5 439 5:41.10 346	4289
FT-IN	Company of the same		17- 2 1/2	35- 5 3/4	4-11	10.00	97	- 3 1/2	10- 9 3/4 130	0- 4 3/4	24.30
3 40 BUCKLEY	, JOHN	13.59	373 4.87 358	10.74 530	1.50 389 60.	52 396	20.72 295 3	0.00 464	3.00 357 40.00	0 442 5:38.70 357	3961
FT-IN			15-11 1/2	35- 2 3/4	4-11		98	- 5	9-10 13	1- 2 3/4	
4 42 DEHORN	BILL	13.52	383 5.39 459	9.86 477	1.60 464 63.	28 308	21.79 222 3	0.08 466	2.74 296 42.5	3 479 6:23.10 178	3732
FT-IN			17- 8	32- 4	5- 2 3/4		98	- 8 1/4	8-11 3/4 139	9- 6 1/4	
5 44 SHOEMAKER	,JIM	12.71	518 4 77 110	9 74 470	1.40 317 63.	80 293	0.00 0 2	4.40 356	2.50 242 31.8	8 324 5.33 70 381	3242
FT-IN			310 4.77 337							3 360 3.33.10 301	
6 41 MCDONALD	The same of the sa		15- 7 3/4		4- 7		80	1- 0 1/2	8- 2 1/4 104		
	HARRY	13.41	15- 7 3/4	31-11 1/4		86 162	THE PARTY OF THE P				3201
FT-IN	HARRY	13.41	15- 7 3/4 401 5.11 404	31-11 1/4	1.50 389 68.	86 162	0.00 0 3	1.13 487	2.90 333 42.54	4- 7	3201
FT-IN	HARRY	13.41	15- 7 3/4 401 5.11 404	31-11 1/4 11.01 546	1.50 389 68.	86 162	0.00 0 3	1.13 487	2.90 333 42.54	4- 7 4 479 0: 0.00 0	3201
FT-IN	HARRY	13.41	15- 7 3/4 401 5.11 404	31-11 1/4 11.01 546 36- 1 1/4	1.50 389 68. 4-11		0.00 0 3	1.13 487	2.90 333 42.54 9- 6 139	4- 7 4- 479 0: 0.00 0 9- 6-3/4	
FT-1N 45 - 49 AGE			15- 7 3/4 401 5.11 404 16- 9	31-11 1/4 11.01 546 36- 1 1/4	1.50 389 68. 4-11		0.00 0 3	31.13 487 2- 1 1/2	2.90 333 42.54 9- 6 139	4- 7 4 479 0: 0.00 0 9- 6 3/4	
			15- 7 3/4 401 5.11 404 16- 9	31-11 1/4 11.01 546 36- 1 1/4	1.50 389 68. 4-11		0.00 0 3	31.13 487 2- 1 1/2	2.90 333 42.54 9- 6 139	4- 7 4 479 0: 0.00 0 9- 6 3/4	
45 - 49 AGE	GROUP RES	ULTS 100	15- 7 3/4 401 5.11 404 16- 9	31-11 1/4 11.01 546 36- 1 1/4	1.50 389 68. 4-11	400M	0.00 0 3 102	01.13 487 2- 1 1/2	2.90 333 42.54 9- 6 139	4- 7 4 479 0: 0.00 0 9- 6 3/4	TOTAL
45 - 49 AGE PL AGE	GROUP RESINAME	ULTS 100 13.39	15- 7 3/4 401 5.11 404 16- 9 M LJ 404 5.62 506 18- 5 1/4	31-11 1/4 11.01 546 36- 1 1/4 SP 10.85 537 35- 7	1.50 389 68. 4-11 HJ 1.65 504 61. 5- 4 3/4	400M .85 352	0.00 0 3 102 NH 18.89 442 3	DT 50.87 482	2.90 333 42.54 9- 6 139 PV 3.70 535 39.8 12- 1 1/2 139	4- 7 6 479 0: 0.00 0 9- 6 3/4 JT 1500M 1 439 5:21.40 443 0- 7 1/4	TOTAL 4644
45 - 49 AGE PL AGE 1 46 HOPKINS	GROUP RESINAME	ULTS 100 13.39	15- 7 3/4 401 5.11 404 16- 9 M LJ 404 5.62 506 18- 5 1/4 443 5.24 429	31-11 1/4 11.01 546 36- 1 1/4 SP 10.85 537 35- 7 9.44 452	NJ 1.65 504 61 5- 4 3/4 1.45 352 63	400M .85 352	0.00 0 3 102 NH 18.89 442 3	DT 30.87 482 1- 3 1/4 50.19 468	PV 3.70 535 39.8 12- 1 1/2 13 3.80 562 46.5	4- 7 4- 479 0: 0.00 0 9- 6- 3/4 JT 1500M 1- 439 5:21.40 443 0- 7- 1/4 7- 538 5:47.50 317	TOTAL 4644
45 - 49 AGE PL AGE 1 46 HOPKINS FT-IN	GROUP RESINAME, HENRY	ULTS 100 13.39 13.15	15- 7 3/4 401 5.11 404 16- 9  M LJ 404 5.62 506 18- 5 1/4 443 5.24 429 17- 2 1/4	31-11 1/4 11.01 546 36- 1 1/4 SP 10.85 537 35- 7 9.44 452 30-11 1/2	1.50 389 68. 4-11 NJ 1.65 504 61. 5- 4 3/4 1.45 352 63.	400M .85 352	NH 18.89 442 3 101 18.89 442 3	DT 50.87 482 1- 3 1/4 50.19 468 9- 0 1/2	PV 3.70 535 39.8 12- 1 1/2 13 3.80 562 46.5 12- 5 1/2 15	4- 7 4- 479 0: 0.00 0 9- 6- 3/4 JT 1500M 1- 439 5:21.40 443 0- 7- 1/4 7- 538 5:47.50 317 2- 9- 1/4	TOTAL 4644 4315
45 - 49 AGE PL AGE 1 46 HOPKINS FT-IN 2 45 BUSBY	GROUP RESINAME, HENRY	ULTS 100 13.39 13.15	15- 7 3/4 401 5.11 404 16- 9  M LJ 404 5.62 506 18- 5 1/4 443 5.24 429 17- 2 1/4 423 4.73 332	31-11 1/4 11.01 546 36- 1 1/4 SP 10.85 537 35- 7 9.44 452 30-11 1/2 8.35 387	HJ 1.65 504 61. 5- 4 3/4 1.45 352 63. 4- 9 1.40 317 61.	400M .85 352	NH 18.89 442 3 101 18.89 442 3 21.16 263 3	DT 30.87 482 1- 3 1/4 30.19 468 2- 0 1/2 27.76 421	PV 3.70 535 39.8 12- 1 1/2 13 3.80 562 46.5 12- 5 1/2 15 2.80 309 34.4	4- 7 4- 479 0: 0.00 0 9- 6- 3/4 JT 1500M 1- 439 5:21.40 443 0- 7- 1/4 7- 538 5:47.50 317 2- 9- 1/4 3- 362 4:59.10 565	TOTAL 4644 4315
45 - 49 AGE PL AGE 1 46 HOPKINS FT-IN 2 45 BUSBY FT-IN	GROUP RESINAME, HENRY, BILL, DAVID	100 13.39 13.15	15- 7 3/4 401 5.11 404 16- 9  M LJ 404 5.62 506 18- 5 1/4 443 5.24 429 17- 2 1/4 423 4.73 332	31-11 1/4 11.01 546 36- 1 1/4 SP 10.85 537 35- 7 9.44 452 30-11 1/2 8.35 387 27- 4 1/2	1.50 389 68. 4-11 HJ 1.65 504 61. 5- 4 3/4 1.45 352 63. 4- 9 1.40 317 61.	400M 85 352 .16 312	NH 18.89 442 3 100 18.89 442 3 21.16 263 3	DT 50.87 482 1- 3 1/4 50.19 468 9- 0 1/2 27.76 421 1- 0 3/4	PV 3.70 535 39.8 12- 1 1/2 13 3.80 562 46.5 12- 5 1/2 15 2.80 309 34.4 9- 2 11	4- 7 4- 479 0: 0.00 0 9- 6- 3/4 JT 1500M 1- 439 5:21.40 443 0- 7- 1/4 7- 538 5:47.50 317 2- 9- 1/4 3- 362 4:59.10 565 2-11 1/2	TOTAL 4644 4315 3758
45 - 49 AGE PL AGE 1 46 HOPKINS FT-IN 2 45 BUSBY FT-IN 3 47 AYERS	GROUP RESINAME, HENRY, BILL, DAVID	100 13.39 13.15	15- 7 3/4 401 5.11 404 16- 9  M LJ 404 5.62 506 18- 5 1/4 443 5.24 429 17- 2 1/4 423 4.73 332 15- 6 354 4.64 315	31-11 1/4 11.01 546 36- 1 1/4 SP 10.85 537 35- 7 9.44 452 30-11 1/2 8.35 387 27- 4 1/2 11.13 554	HJ 1.65 504 61. 5- 4 3/4 1.45 352 63. 4- 9 1.40 317 61. 4- 7 1.40 317 65	400M 85 352 .16 312	NH 18.89 442 3 100 18.89 442 3 21.16 263 3 90 20.89 282 3	01.13 487 11.13 487 12. 1 1/2 01 00.87 482 1- 3 1/4 00.19 468 02. 0 1/2 02. 0 1/2 02. 0 1/2 03. 0 1/2 04. 0 1/2 05. 0 1/2 07. 0 1/	PV 3.70 535 39.8 12- 1 1/2 13 3.80 562 46.5 12- 5 1/2 15 2.80 309 34.4 9- 2 11 2.22 183 34.1	4- 7 4- 479 0: 0.00 0 9- 6- 3/4 JT 1500M 1- 439 5:21.40 443 0- 7- 1/4 7- 538 5:47.50 317 2- 9- 1/4 3- 362 4:59.10 565 2-11 1/2 2-358 5:52.60 295	TOTAL 4644 4315 3758
45 - 49 AGE PL AGE 1 46 HOPKINS FT-IN 2 45 BUSBY FT-IN 3 47 AYERS FT-IN 4 48 VALLE FT-IN	GROUP RESINAME , HENRY , BILL , DAVID , MIKE	13.39 13.15 13.27 13.71	15- 7 3/4 401 5.11 404 16- 9  M LJ 404 5.62 506 18- 5 1/4 443 5.24 429 17- 2 1/4 423 4.73 332 15- 6 354 4.64 315 15- 2 1/2	31-11 1/4 11.01 546 36- 1 1/4 SP 10.85 537 35- 7 9.44 452 30-11 1/2 8.35 387 27- 4 1/2 11.13 554	1.50 389 68. 4-11 1.65 504 61. 5- 4 3/4 1.45 352 63. 4- 9 1.40 317 61. 4- 7	400M .85 352 .16 312 .02 379 .76 238	NH 18.89 442 3 100 18.89 442 3 21.16 263 3 99 20.89 282 3	DT DT 00.87 482 - 3 1/4 480 - 0 1/2 1-1 0 3/4 482 - 0 1/2 1-1 0 3/4 52.63 5167 - 0 1/2	PV 3.70 535 39.8 12- 1 1/2 13 3.80 562 46.5 12- 5 1/2 15 2.80 309 34.4 9- 2 11 2.22 183 34.1 7- 3 1/4 11	4- 7 4- 479 0: 0.00 0 9- 6- 3/4 JT 1500M 1- 439 5:21.40 443 0- 7- 1/4 7- 538 5:47.50 317 2- 9- 1/4 3- 362 4:59.10 565 2-11 1/2 2- 358 5:52.60 295 1-11 1/4	TOTAL 4644 4315 3758 3412
45 - 49 AGE PL AGE 1 46 HOPKINS FT-IN 2 45 BUSBY FT-IN 3 47 AYERS FT-IN 4 48 VALLE FT-IN 5 45 CLIETTE	GROUP RESINAME , HENRY ,BILL ,DAVID ,MIKE ,GEORGE	13.39 13.15 13.27 13.71	15- 7 3/4 401 5.11 404 16- 9  M LJ 404 5.62 506 18- 5 1/4 443 5.24 429 17- 2 1/4 423 4.73 332 15- 6 354 4.64 315 15- 2 1/2 286 4.53 295	31-11 1/4 11.01 546 36- 1 1/4 SP 10.85 537 35- 7 9.44 452 30-11 1/2 8.35 387 27- 4 1/2 11.13 554 36- 6 8.77 412	1.50 389 68. 4-11 1.65 504 61. 5- 4 3/4 1.45 352 63. 4- 9 1.40 317 61. 4- 7 1.50 389 67	400M .85 352 .16 312 .02 379 .76 238	NH 18.89 442 1 100 18.89 442 3 90 21.16 263 6 97 20.89 282 1 100 24.09 99	01.13 487 1- 1 1/2 01.087 482 1- 3 1/4 30.19 468 27.76 421 1- 0 3/4 32.63 516 7- 0 1/2 28.58 437	PV 3.70 535 39.8 12- 1 1/2 13 3.80 562 46.5 12- 5 1/2 15 2.80 309 34.4 9- 2 11 2.22 183 34.1 7- 3 1/4 11 1.60 70 29.4	4- 7 4- 479 0: 0.00 0 9- 6- 3/4 JT 1500M 1- 439 5:21.40 443 0- 7- 1/4 7- 538 5:47.50 317 2- 9- 1/4 3- 362 4:59.10 565 2-11 1/2 2- 358 5:52.60 295 1-11 1/4 1- 291 5:50.70 303	TOTAL 4644 4315 3758 3412
45 - 49 AGE PL AGE 1 46 HOPKINS FT-IN 2 45 BUSBY FT-IN 3 47 AYERS FT-IN 4 48 VALLE FT-IN 5 45 CLIETTE FT-IN	GROUP RESINAME , HENRY , BILL , DAVID , MIKE , GEORGE	13.39 13.15 13.27 13.71 14.19	15- 7 3/4 401 5.11 404 16- 9  M LJ 404 5.62 506 18- 5 1/4 443 5.24 429 17- 2 1/4 423 4.73 332 15- 6 354 4.64 315 15- 2 1/2 286 4.53 295 14-10 1/4	31-11 1/4 11.01 546 36- 1 1/4 SP 10.85 537 35- 7 9.44 452 30-11 1/2 8.35 387 27- 4 1/2 11.13 554 36- 6 8.77 412 28- 9 1/4	HJ 1.65 504 61. 5- 4 3/4 1.45 352 63. 4- 9 1.40 317 61. 4- 7 1.40 317 65. 4- 7 1.50 389 67	400M 85 352 .16 312 .02 379 .76 238 .32 198	NM 18.89 442 3 100 18.89 442 3 99 21.16 263 6 99 20.89 282 3 100 24.09 99 6	DT DT S0.87 482 1- 3 1/4 50.19 468 9- 0 1/2 27.76 421 1- 0 3/4 52.63 516 7- 0 1/2 28.58 437 3- 9	PV 3.70 535 39.8 12- 1 1/2 13 3.80 562 46.5 12- 5 1/2 15 2.80 309 34.1 9- 2 11 2.22 183 34.1 7- 3 1/4 11 1.60 70 29.4 5- 2 3/4 9	4- 7 4- 479 0: 0.00 0 9- 6- 3/4 JT 1500M 1- 439 5:21.40 443 0- 7- 1/4 7- 538 5:47.50 317 2- 9- 1/4 3- 362 4:59.10 565 2-11 1/2 2- 358 5:52.60 295 1-11 1/4 1- 291 5:50.70 303 6- 5- 3/4	TOTAL 4644 4315 3758 3412 2780
45 - 49 AGE PL AGE 1 46 HOPKINS FT-IN 2 45 BUSBY FT-IN 3 47 AYERS FT-IN 4 48 VALLE FT-IN 5 45 CLIETTE FT-IN 6 45 EWING	GROUP RESINAME , HENRY , BILL , DAVID , MIKE , GEORGE , JOHNSTO	13.39 13.39 13.15 13.27 13.71 14.19	15- 7 3/4 401 5.11 404 16- 9  M LJ 404 5.62 506 18- 5 1/4 443 5.24 429 17- 2 1/4 423 4.73 332 15- 6 354 4.64 315 15- 2 1/2 286 4.53 295 14-10 1/4 0 2.13 0	31-11 1/4 11.01 546 36- 1 1/4 SP 10.85 537 35- 7 9.44 452 30-11 1/2 8.35 387 27- 4 1/2 11.13 554 36- 6 8.77 412 28- 9 1/4 8.10 372	HJ 1.65 504 61. 5- 4 3/4 1.45 352 63. 4- 9 1.40 317 61. 4- 7 1.40 317 65. 4- 7 1.50 389 67. 4-11	400M .85 352 .16 312 .02 379 .76 238 .32 198	NM 18.89 442 3 100 18.89 442 3 90 21.16 263 2 20.89 282 3 100 24.09 99 3	01.13 487 1- 1 1/2 01.087 482 1- 3 1/4 10.19 468 1- 0 1/2 127.76 421 1- 0 3/4 1- 0 3/4 1- 0 1/2 1- 0 1/2	PV 3.70 535 39.8 12- 1 1/2 13 3.80 562 46.5 12- 5 1/2 15 2.80 309 34.4 9- 2 11 2.22 183 34.1 7- 3 1/4 11 1.60 70 29.4 5- 2 3/4 9 0.00 0 0.0	4- 7 4- 479 0: 0.00 0 9- 6- 3/4 JT 1500M 1- 439 5:21.40 443 0- 7- 1/4 7- 538 5:47.50 317 2- 9- 1/4 3- 362 4:59.10 565 2-11 1/2 2- 358 5:52.60 295 1-11 1/4 1-291 5:50.70 303 6- 5- 3/4 0- 0- 0: 0.00 0	TOTAL 4644 4315 3758 3412 2780 1139
45 - 49 AGE PL AGE 1 46 HOPKINS FT-IN 2 45 BUSBY FT-IN 3 47 AYERS FT-IN 4 48 VALLE FT-IN 5 45 CLIETTE FT-IN	GROUP RESINAME , HENRY , BILL , DAVID , MIKE , GEORGE , JOHNSTO	13.39 13.39 13.15 13.27 13.71 14.19	15- 7 3/4 401 5.11 404 16- 9  M LJ 404 5.62 506 18- 5 1/4 443 5.24 429 17- 2 1/4 423 4.73 332 15- 6 354 4.64 315 15- 2 1/2 286 4.53 295 14-10 1/4 0 2.13 0 6-11 3/4	31-11 1/4 11.01 546 36- 1 1/4 SP 10.85 537 35- 7 9.44 452 30-11 1/2 8.35 387 27- 4 1/2 11.13 554 36- 6 8.77 412 28- 9 1/4 8.10 372	HJ 1.65 504 61. 5- 4 3/4 1.45 352 63. 4- 9 1.40 317 61. 4- 7 1.40 317 65. 4- 7 1.50 389 67. 4-11	400M .85 352 .16 312 .02 379 .76 238 .32 198	NM 18.89 442 3 101 18.89 442 3 97 21.16 263 2 99 282 3 100 24.09 99 3	01.13 487 1- 1 1/2 01.087 482 1- 3 1/4 10.19 468 1- 0 1/2 127.76 421 1- 0 3/4 1- 0 3/4 1- 0 1/2 1- 0 1/2	PV 3.70 535 39.8 12- 1 1/2 13 3.80 562 46.5 12- 5 1/2 15 2.80 309 34.1 9- 2 11 2.22 183 34.1 7- 3 1/4 11 1.60 70 29.4 5- 2 3/4 9 0.00 0 0.0 0- 0 0-	4- 7 4- 479 0: 0.00 0 9- 6- 3/4 JT 1500M 1- 439 5:21.40 443 0- 7- 1/4 7- 538 5:47.50 317 2- 9- 1/4 3- 362 4:59.10 565 2-11 1/2 2- 358 5:52.60 295 1-11 1/4 1- 291 5:50.70 303 6- 5- 3/4 0- 0- 0: 0.00 0	TOTAL 4644 4315 3758 3412 2780 1139
45 - 49 AGE PL AGE 1 46 MOPKINS FT-IN 2 45 BUSBY FT-IN 3 47 AYERS FT-IN 4 48 VALLE FT-IN 5 45 CLIETTE FT-IN 6 45 EWING FT-IN	GROUP RESINAME , HENRY , BILL , DAVID , MIKE , GEORGE , JOHNSTO	13.39 13.15 13.27 13.71 14.19	15- 7 3/4 401 5.11 404 16- 9  M LJ 404 5.62 506 18- 5 1/4 443 5.24 429 17- 2 1/4 423 4.73 332 15- 6 354 4.64 315 15- 2 1/2 286 4.53 295 14-10 1/4 0 2.13 0 6-11 3/4	31-11 1/4 11.01 546 36- 1 1/4 SP 10.85 537 35- 7 9.44 452 30-11 1/2 8.35 387 27- 4 1/2 11.13 554 36- 6 8.77 412 28- 9 1/4 8.10 372 26- 6 3/4	HJ 1.65 504 61. 5- 4 3/4 1.45 352 63. 4- 9 1.40 317 61. 4- 7 1.40 317 65. 4- 7 1.50 389 67. 4-11 1.55 426 0	400M .85 352 .16 312 .02 379 .76 238 .32 198	NM 18.89 442 3 100 18.89 442 3 90 21.16 263 2 20.89 282 3 100 24.09 99 3	01.13 487 1- 1 1/2 01.087 482 1- 3 1/4 30.19 468 9- 0 1/2 27.76 421 1- 0 3/4 32.63 516 7- 0 1/2 28.58 437 3- 9 23.63 341 7- 6 1/4	PV 3.70 535 39.8 12- 1 1/2 13 3.80 562 46.5 12- 5 1/2 15 2.80 309 34.4 9- 2 11 2.22 183 34.1 7- 3 1/4 11 1.60 70 29.4 5- 2 3/4 9 0.00 0 0.0 0- 0 0-	4- 7 4- 479 0: 0.00 0 9- 6- 3/4 JT 1500M 1- 439 5:21.40 443 0- 7- 1/4 7- 538 5:47.50 317 2- 9- 1/4 3- 362 4:59.10 565 2-11 1/2 2- 358 5:52.60 295 1-11 1/4 1-291 5:50.70 303 6- 5- 3/4 0- 0- 0: 0.00 0	TOTAL 4644 4315 3758 3412 2780 1139
45 - 49 AGE PL AGE 1 46 HOPKINS FT-IN 2 45 BUSBY FT-IN 3 47 AYERS FT-IN 4 48 VALLE FT-IN 5 45 CLIETTE FT-IN 6 45 EWING FT-IN	GROUP RESINAME , HENRY , BILL , DAVID , MIKE , GEORGE , JOHNSTO	13.15 13.27 13.71 14.19	15- 7 3/4 401 5.11 404 16- 9  M LJ 404 5.62 506 18- 5 1/4 443 5.24 429 17- 2 1/4 423 4.73 332 15- 6 354 4.64 315 15- 2 1/2 286 4.53 295 14-10 1/4 0 2.13 0 6-11 3/4	31-11 1/4 11.01 546 36- 1 1/4 SP 10.85 537 35- 7 9.44 452 30-11 1/2 8.35 387 27- 4 1/2 11.13 554 36- 6 8.77 412 28- 9 1/4 8.10 372 26- 6 3/4	HJ 1.65 504 61. 5- 4 3/4 1.45 352 63. 4- 9 1.40 317 61. 4- 7 1.40 317 65. 4- 7 1.50 389 67 4-11 1.55 426 0	400M .85 352 .16 312 .02 379 .76 238 .32 198	NM 18.89 442 3 100 18.89 442 3 90 21.16 263 2 20.89 282 3 100 24.09 99 3	01.13 487 1- 1 1/2 01.87 482 1- 3 1/4 10.19 468 10- 0 1/2 17.76 421 1- 0 3/4 12.63 516 17- 0 1/2 18.58 437 18.59 437 19.70 441 19.70 441 19.	PV 3.70 535 39.8 12- 1 1/2 13 3.80 562 46.5 12- 5 1/2 15 2.80 309 34.4 9- 2 11 2.22 183 34.1 7- 3 1/4 11 1.60 70 29.4 5- 2 3/4 9 0.00 0 0.0 0- 0 0-	4- 7 4- 479 0: 0.00 0 9- 6- 3/4 JT 1500M 1- 439 5:21.40 443 0- 7- 1/4 7- 538 5:47.50 317 2- 9- 1/4 3- 362 4:59.10 565 2-11 1/2 2- 358 5:52.60 295 1-11 1/4 1- 291 5:50.70 303 6- 5- 3/4 0- 0- 0: 0.00 0	TOTAL 4644 4315 3758 3412 2780 1139
45 - 49 AGE PL AGE 1 46 HOPKINS FT-IN 2 45 BUSBY FT-IN 3 47 AYERS FT-IN 4 48 VALLE FT-IN 5 45 CLIETTE FT-IN 6 45 EWING FT-IN	GROUP RESINAME , HENRY , BILL , DAVID , MIKE , GEORGE , JOHNSTO	13.39 13.15 13.27 13.71 14.19 W19.80	15- 7 3/4 401 5.11 404 16- 9  M LJ 404 5.62 506 18- 5 1/4 443 5.24 429 17- 2 1/4 423 4.73 332 15- 6 354 4.64 315 15- 2 1/2 286 4.53 295 14-10 1/4 0 2.13 0 6-11 3/4	31-11 1/4 11.01 546 36- 1 1/4 SP 10.85 537 35- 7 9.44 452 30-11 1/2 8.35 387 27- 4 1/2 11.13 554 36- 6 8.77 412 28- 9 1/4 8.10 372 26- 6 3/4	1.50 389 68. 4-11 1.65 504 61. 5- 4 3/4 1.45 352 63. 4- 9 1.40 317 61. 4- 7 1.40 317 65. 4- 7 1.50 389 67 4-11 1.55 426 0	400M .85 352 .16 312 .02 379 .76 238 .32 198	NM 18.89 442 3 101 18.89 442 3 99 21.16 263 6 99 20.89 282 3 100 24.09 99 6	01.13 487 12- 1 1/2 01.087 482 1- 3 1/4 30.19 468 2- 0 1/2 27.76 421 1- 0 3/4 432.63 516 7- 0 1/2 28.58 437 3- 9 23.63 341 7- 6 1/4	PV 3.70 535 39.8 12- 1 1/2 13 3.80 562 46.5 12- 5 1/2 15 2.80 309 34.1 9- 2 11 2.22 183 34.1 7- 3 1/4 11 1.60 70 29.4 5- 2 3/4 9 0.00 0 0.0 0- 0 0-	4- 7 4- 479 0: 0.00 0 9- 6- 3/4 JT 1500M 1- 439 5:21.40 443 0- 7- 1/4 7- 538 5:47.50 317 2- 9- 1/4 3- 362 4:59.10 565 2-11 1/2 2- 358 5:52.60 295 1-11 1/4 1- 291 5:50.70 303 6- 5- 3/4 0- 0- 0: 0.00 0	TOTAL 4644 4315 3758 3412 2780 1139
45 - 49 AGE PL AGE 1 46 HOPKINS FT-IN 2 45 BUSBY FT-IN 3 47 AYERS FT-IN 4 48 VALLE FT-IN 5 45 CLIETTE FT-IN 6 45 EWING FT-IN	GROUP RESINAME , HENRY , BILL , DAVID , MIKE , GEORGE , JOHNSTO	13.39 13.39 13.15 13.27 13.71 14.19 w19.80	15- 7 3/4 401 5.11 404 16- 9  M LJ 404 5.62 506 18- 5 1/4 443 5.24 429 17- 2 1/4 423 4.73 332 15- 6 354 4.64 315 15- 2 1/2 286 4.53 295 14-10 1/4 0 2.13 0 6-11 3/4	31-11 1/4 11.01 546 36- 1 1/4 SP 10.85 537 35- 7 9.44 452 30-11 1/2 8.35 387 27- 4 1/2 11.13 554 36- 6 8.77 412 28- 9 1/4 8.10 372 26- 6 3/4	1.50 389 68. 4-11 1.65 504 61. 5- 4 3/4 1.45 352 63. 4- 9 1.40 317 61. 4- 7 1.40 317 65. 4- 7 1.50 389 67 4-11 1.55 426 0 5- 1	400M .85 352 .16 312 .02 379 .76 238 .32 198 .00 0	NM 18.89 442 3 101 18.89 442 3 99 21.16 263 6 99 20.89 282 3 107 24.09 99 6	DT 50.87 482 1- 3 1/4 50.19 468 9- 0 1/2 27.76 421 1- 0 3/4 532.63 516 7- 0 1/2 28.58 437 3- 9 23.63 341 7- 6 1/4	PV 3.70 535 39.8 12- 1 1/2 13 3.80 562 46.5 12- 5 1/2 15 2.80 309 34.4 9- 2 11 2.22 183 34.1 7- 3 1/4 11 1.60 70 29.4 5- 2 3/4 9 0.00 0 0.0 0- 0 0-	4- 7 4- 479 0: 0.00 0 9- 6 3/4 JT 1500M 1 439 5:21.40 443 0- 7 1/4 7 538 5:47.50 317 2- 9 1/4 3 362 4:59.10 565 2-11 1/2 2 358 5:52.60 295 1-11 1/4 1 291 5:50.70 303 6- 5 3/4 0 0 0: 0.00 0	TOTAL 4644 4315 3758 3412 2780 1139
45 - 49 AGE PL AGE 1 46 HOPKINS FT-IN 2 45 BUSBY FT-IN 3 47 AYERS FT-IN 4 48 VALLE FT-IN 5 45 CLIETTE FT-IN 6 45 EWING FT-IN 50 - 54 AGE PL AGE 1 51 LANCE	GROUP RESINAME , HENRY , BILL , DAVID , MIKE , GEORGE , JOHNSTO	13.39 13.39 13.15 13.27 13.71 14.19 w19.80	15- 7 3/4 401 5.11 404 16- 9  M LJ 404 5.62 506 18- 5 1/4 443 5.24 429 17- 2 1/4 423 4.73 332 15- 6 354 4.64 315 15- 2 1/2 286 4.53 295 14-10 1/4 0 2.13 0 6-11 3/4	31-11 1/4 11.01 546 36- 1 1/4 SP 10.85 537 35- 7 9.44 452 30-11 1/2 8.35 387 27- 4 1/2 11.13 554 36- 6 8.77 412 28- 9 1/4 8.10 372 26- 6 3/4	1.50 389 68. 4-11  1.65 504 61. 5- 4 3/4 1.45 352 63. 4- 9 1.40 317 61. 4- 7 1.40 317 65. 4- 7 1.50 389 67 4-11 1.55 426 0 5- 1	400M .85 352 .16 312 .02 379 .76 238 .32 198 .00 0	NM 18.89 442 3 101 18.89 442 3 99 21.16 263 6 99 20.89 282 3 107 24.09 99 6	DT 50.87 482 1- 3 1/4 50.19 468 5-0 1/2 27.76 421 1- 0 3/4 52.63 516 7- 0 1/2 28.58 437 3- 6 1/4 DT 32.80 520	PV 3.70 535 39.8 12- 1 1/2 13 3.80 562 46.5 12- 5 1/2 15 2.80 309 34.1 9- 2 11 2.22 183 34.1 7- 3 1/4 11 1.60 70 29.4 5- 2 3/4 9 0.00 0 0.0 0- 0 0-	4- 7 4- 479 0: 0.00 0 9- 6- 3/4 JT 1500M 1- 439 5:21.40 443 0- 7- 1/4 7- 538 5:47.50 317 2- 9- 1/4 3- 362 4:59.10 565 2-11 1/2 2-11 1/2 2-358 5:52.60 295 1-11 1/4 1- 291 5:50.70 303 6- 5- 3/4 0- 0- 0: 0.00 0	TOTAL 4644 4315 3758 3412 2780 1139
45 - 49 AGE PL AGE 1 46 MOPKINS FT-IN 2 45 BUSBY FT-IN 3 47 AYERS FT-IN 4 48 VALLE FT-IN 5 45 CLIETTE FT-IN 6 45 EWING FT-IN 50 - 54 AGE PL AGE 1 51 LANCE FT-II	GROUP RESINAME , HENRY , BILL , DAVID , MIKE , GEORGE , JOHNSTO	13.39 13.15 13.27 13.71 14.19 w19.80  SULTS 10 12.51	15- 7 3/4 401 5.11 404 16- 9  M LJ 404 5.62 506 18- 5 1/4 443 5.24 429 17- 2 1/4 423 4.73 332 15- 6 354 4.64 315 15- 2 1/2 286 4.53 295 14-10 1/4 0 2.13 0 6-11 3/4	31-11 1/4 11.01 546 36- 1 1/4 SP 10.85 537 35- 7 9.44 452 30-11 1/2 8.35 387 27- 4 1/2 11.13 554 36- 6 8.77 412 28- 9 1/4 8.10 372 26- 6 3/4	1.50 389 68. 4-11  1.65 504 61. 5- 4 3/4 1.45 352 63. 4- 9 1.40 317 61. 4- 7 1.50 389 67. 4-11 1.55 426 0 5- 1	400M .85 352 .16 312 .02 379 .76 238 .32 198 .00 0	NM 18.89 442 3 101 18.89 442 3 90 21.16 263 2 90 20.89 282 3 100 24.09 99 3 0.00 0 7	01.13 487 1- 1 1/2 01.087 482 1- 3 1/4 30.19 468 9- 0 1/2 27.76 421 1- 0 3/4 32.63 516 7- 0 1/2 28.58 437 3- 9 23.63 341 01/2	PV 3.70 535 39.8 12- 1 1/2 13 3.80 562 46.5 12- 5 1/2 15 2.80 309 34.4 9- 2 11 1.60 70 29.4 5- 2 3/4 9 0.00 0 0.0 0- 0 0- 0 PV 0 3.80 562 38.5 12- 5 1/2 12	4- 7 4- 479 0: 0.00 0 9- 6- 3/4 JT 1500M 1- 439 5:21.40 443 0- 7- 1/4 7- 538 5:47.50 317 2- 9- 1/4 3- 362 4:59.10 565 2-11 1/2 2- 358 5:52.60 295 1-11 1/4 1- 291 5:50.70 303 6- 5- 3/4 0- 0- 0: 0.00 0 JT 1500M 91 426 5:57.80 27 27- 7- 3/4	TOTAL 4644 4315 3758 3412 2780 1139 TOTAL 3 4927
45 - 49 AGE PL AGE 1 46 MOPKINS FT-IN 2 45 BUSBY FT-IN 3 47 AYERS FT-IN 4 48 VALLE FT-IN 5 45 CLIETTE FT-IN 6 45 EWING FT-IN 50 - 54 AGE PL AGE 1 51 LANCE FT-II 2 54 GILMORE	GROUP RESINAME ,HENRY ,BILL ,DAVID ,MIKE ,GEORGE ,JOHNSTO	13.39 13.15 13.27 13.71 14.19 w19.80  SULTS 10 12.51	15- 7 3/4 401 5.11 404 16- 9  M LJ 404 5.62 506 18- 5 1/4 443 5.24 429 17- 2 1/4 423 4.73 332 15- 6 354 4.64 315 15- 2 1/2 286 4.53 295 14-10 1/4 0 2.13 0 6-11 3/4	31-11 1/4 11.01 546 36- 1 1/4 SP 10.85 537 35- 7 9.44 452 30-11 1/2 8.35 387 27- 4 1/2 11.13 554 36- 6 8.77 412 28- 9 1/4 8.10 372 26- 6 3/4 SP 9.87 478 32- 4 1/2 9.84 476	1.50 389 68. 4-11  1.65 504 61. 5- 4 3/4 1.45 352 63. 4- 9 1.40 317 61. 4- 7 1.50 389 67 4-11 1.55 426 0 5- 1  NJ 3 1.45 352 66	400M .85 352 .16 312 .02 379 .76 238 .32 198 .00 0	NM 18.89 442 3 101 18.89 442 3 21.16 263 2 20.89 282 3 100 24.09 99 3 0.00 0 7	01.13 487 1- 1 1/2 01.087 482 1- 3 1/4 30.19 468 9- 0 1/2 27.76 421 1- 0 3/4 32.63 516 7- 0 1/2 28.58 437 3- 9 33.63 341 01 01 01 01 01 01 01 01 01 0	PV 3.70 535 39.8 12- 1 1/2 13 3.80 562 46.5 12- 5 1/2 15 2.80 309 34.4 9- 2 11 2.22 183 34.1 7- 3 1/4 11 1.60 70 29.4 5- 2 3/4 9 0.00 0 0.0 0- 0 0-0 PV 0 3.80 562 38.5 12- 5 1/2 12 1 2.60 264 30.7	4- 7 4- 479 0: 0.00 0 9- 6- 3/4 JT 1500M 1- 439 5:21.40 443 0- 7- 1/4 7- 538 5:47.50 317 2- 9- 1/4 3- 362 4:59.10 565 2-11 1/2 2- 358 5:52.60 295 1-11 1/4 1- 291 5:50.70 303 6- 5- 3/4 0- 0- 0: 0.00 0 JT 1500M 91 426 5:57.80 27 27- 7- 3/4 70 309 5:45.00 32	TOTAL 4644 4315 3758 3412 2780 1139 TOTAL 3 4927
45 - 49 AGE PL AGE 1 46 MOPKINS FT-IN 2 45 BUSBY FT-IN 3 47 AYERS FT-IN 4 48 VALLE FT-IN 5 45 CLIETTE FT-IN 6 45 EWING FT-IN 50 - 54 AGE PL AGE 1 51 LANCE FT-II 2 54 GILMORE FT-II	GROUP RESINAME , HENRY , BILL , DAVID , MIKE , GEORGE , JOHNSTO	ULTS 100 13.39 13.15 13.27 13.71 14.19 W19.80 SULTS 10 12.51	15- 7 3/4 401 5.11 404 16- 9  M	31-11 1/4 11.01 546 36- 1 1/4 SP 10.85 537 35- 7 9.44 452 30-11 1/2 8.35 387 27- 4 1/2 11.13 554 36- 6 8.77 412 28- 9 1/4 8.10 372 26- 6 3/4 SP 9.87 478 32- 4 1/2 9.84 476 32- 3 1/4	1.50 389 68. 4-11  1.65 504 61. 5- 4 3/4 1.45 352 63. 4- 9 1.40 317 65. 4- 7 1.50 389 67. 4-11 1.55 426 0 5- 1   HJ 3 1.45 352 60.	400M .85 352 .16 312 .02 379 .76 238 .32 198 .00 0	NH 18.89 442 3 10: 18.89 442 3 21.16 263 : 99: 20.89 282 3 10: 24.09 99 3 0.00 0 7  NH 3 15.12 835	DT DT 30.87 482 - 3 1/4 487 - 0 1/2 28.58 437 3. 9 23.63 341 7- 6 1/4 34.88 56' 4- 5	PV 3.70 535 39.8 12- 1 1/2 13: 3.80 562 46.5: 12- 5 1/2 15: 2.80 309 34.4: 9- 2 11: 2.22 183 34.1: 7- 3 1/4 11 1.60 70 29.4 5- 2 3/4 9 0.00 0 0.0 0- 0 0-1  PV 0 3.80 562 38.5 12- 5 1/2 12: 1 2.60 264 30.1 8- 6 1/4 10	4- 7 4- 479 0: 0.00 0 9- 6 3/4 JT 1500M 1 439 5:21.40 443 0- 7 1/4 7 538 5:47.50 317 2- 9 1/4 3 362 4:59.10 565 2-11 1/2 2 358 5:52.60 295 1-11 1/4 1 291 5:50.70 303 6- 5 3/4 0 0 0: 0.00 0 JT 1500M 21 426 5:57.80 27 27- 7 3/4 70 309 5:45.00 32 300- 8 1/2	TOTAL 4644 4315 3758 3412 2780 1139 TOTAL 4927 9 3459
45 - 49 AGE PL AGE 1 46 MOPKINS FT-IN 2 45 BUSBY FT-IN 3 47 AYERS FT-IN 4 48 VALLE FT-IN 5 45 CLIETTE FT-IN 6 45 EWING FT-IN 50 - 54 AGE PL AGE 1 51 LANCE FT-II 2 54 GILMORE FT-II 3 54 MARTIN	GROUP RESINAME , HENRY , BILL , DAVID , MIKE , GEORGE , JOHNSTO	ULTS 100 13.39 13.15 13.27 13.71 14.19 W19.80 SULTS 10 12.51	15- 7 3/4 401 5.11 404 16- 9  M	31-11 1/4 11.01 546 36- 1 1/4  SP 10.85 537 35- 7 9.44 452 30-11 1/2 8.35 387 27- 4 1/2 11.13 554 36- 6 8.77 412 28- 9 1/4 8.10 372 26- 6 3/4  SP 9.87 478 32- 4 1/2 9.84 476 32- 3 1/4 8.76 411	1.50 389 68. 4-11  1.65 504 61. 5- 4 3/4 1.45 352 63. 4- 9 1.40 317 65. 4- 7 1.50 389 67. 4-11 1.55 426 0 5- 1  NJ 3 1.45 352 60. 6 4- 9 5 1.48 374 66. 6 4-10 1/4 1 1.35 283 68	400M .85 352 .16 312 .02 379 .76 238 .32 198 .00 0 .400M 0.45 398 3.14 179	NH 18.89 442 3 100 18.89 442 3 21.16 263 3 20.89 282 3 100 24.09 99 3 0.00 0 7  NH 3 15.12 835 10 9 18.69 460	DT	PV 3.70 535 39.8 12- 1 1/2 13: 3.80 562 46.5; 12- 5 1/2 15: 2.80 309 34.4; 9- 2 11: 2.22 183 34.1; 7- 3 1/4 11 1.60 70 29.4 5- 2 3/4 9 0.00 0 0.0 0- 0 0-1  PV 0 3.80 562 38.5; 12- 5 1/2 12: 1 2.60 264 30.3; 8- 6 1/4 10 7 2.90 333 24.4	4- 7 4- 479 0: 0.00 0 9- 6 3/4 JT 1500M 1 439 5:21.40 443 0- 7 1/4 7 538 5:47.50 317 2- 9 1/4 3 362 4:59.10 565 2-11 1/2 2 358 5:52.60 295 1-11 1/4 1 291 5:50.70 303 6- 5 3/4 0 0 0: 0.00 0 JT 1500M 21 426 5:57.80 27 27- 7 3/4 70 309 5:45.00 32 300- 8 1/2 40 221 6:56.00 8	TOTAL 4644 4315 3758 3412 2780 1139 TOTAL 4927 9 3459
45 - 49 AGE PL AGE 1 46 HOPKINS FT-IN 2 45 BUSBY FT-IN 3 47 AYERS FT-IN 4 48 VALLE FT-IN 5 45 CLIETTE FT-IN 6 45 EWING FT-IN 50 - 54 AGE PL AGE 1 51 LANCE FT-II 2 54 GILMORE FT-II 3 54 MARTIN FT-II	GROUP RESINAME , HENRY , BILL , DAVID , MIKE , GEORGE , JOHNSTO	13.15 13.27 13.71 14.19 19.80  SULTS 10 12.51 14.41 13.81	15- 7 3/4 401 5.11 404 16- 9  M	31-11 1/4 11.01 546 36- 1 1/4  SP 10.85 537 35- 7 9.44 452 30-11 1/2 8.35 387 27- 4 1/2 11.13 554 36- 6 8.77 412 28- 9 1/4 8.10 372 26- 6 3/4  SP 9.87 478 32- 4 1/2 3- 3 1/4 3 8.76 411 28- 8 3/4	1.50 389 68. 4-11  1.65 504 61. 5- 4 3/4  1.45 352 63. 4- 9  1.40 317 61. 4- 7  1.50 389 67  4-11  1.55 426 0  5- 1  NJ  3 1.45 352 66  2 4- 9  5 1.48 374 68  4-10 1/4  1 1.35 283 68  4- 5	400M .85 352 .16 312 .02 379 .76 238 .32 198 .00 0	NH 18.89 442 3 100 18.89 442 3 21.16 263 6 20.89 282 3 100 24.09 99 6 24.09 99 6 77 NH 3 15.12 835 10 7 18.69 460 11 4 19.30 407	DT 50.87 482 1- 3 1/4 50.19 468 6-0 1/2 28.58 437 3- 9 23.63 52(17- 7 1/4 34.88 56) 4- 5 25.10 36(12- 4	PV 3.70 535 39.8 12- 1 1/2 13: 3.80 562 46.5 12- 5 1/2 15: 2.80 309 34.4 9- 2 11: 2.22 183 34.1 7- 3 1/4 11 1.60 70 29.4 5- 2 3/4 9 0.00 0 0.0 0- 0 0- 0 PV 0 3.80 562 38.5 12- 5 1/2 12 1 2.60 264 30.7 8- 6 1/4 10 9- 6 8	4- 7 4- 479 0: 0.00 0 9- 6 3/4 JT 1500M 1 439 5:21.40 443 0- 7 1/4 7 538 5:47.50 317 2- 9 1/4 3 362 4:59.10 565 2-11 1/2 2 358 5:52.60 295 1-11 1/4 1 291 5:50.70 303 6- 5 3/4 0 0 0: 0.00 0 JT 1500M 91 426 5:57.80 27 27- 7 3/4 70 309 5:45.00 32 30- 8 1/2 40 221 6:56.00 8 30- 0 1/2	TOTAL 4644 4315 3758 3412 2780 1139 TOTAL 4927 9 3459 2 2953
45 - 49 AGE PL AGE 1 46 HOPKINS FT-IN 2 45 BUSBY FT-IN 3 47 AYERS FT-IN 4 48 VALLE FT-IN 5 45 CLIETTE FT-IN 6 45 EWING FT-IN 50 - 54 AGE PL AGE 1 51 LANCE FT-II 2 54 GILMORE FT-II 3 54 MARTIN FT-II	GROUP RESINAME , HENRY , BILL , DAVID , MIKE , GEORGE , JOHNSTO	13.15 13.27 13.71 14.19 19.80  SULTS 10 12.51 14.41 13.81	15- 7 3/4 401 5.11 404 16- 9  M	31-11 1/4 11.01 546 36- 1 1/4  SP 10.85 537 35- 7 9.44 452 30-11 1/2 8.35 387 27- 4 1/2 11.13 554 36- 6 8.77 412 28- 9 1/4 8.10 372 26- 6 3/4  SP 9.87 478 32- 4 1/2 19.84 476 32- 3 1/4 8.15 375	1.50 389 68. 4-11  1.65 504 61. 5- 4 3/4  1.45 352 63. 4- 9  1.40 317 61. 4- 7  1.50 389 67  4-11  1.55 426 0  5- 1  NJ  3 1.45 352 66  4- 9  5 1.48 374 68  4-10 1/4  1 1.35 283 68  4- 5	400M .85 352 .16 312 .02 379 .76 238 .32 198 .00 0 .400M .45 398 3.14 179 3.80 164	NH 18.89 442 3 100 18.89 442 3 21.16 263 6 20.89 282 3 100 24.09 99 6 24.09 99 6 77 NH 3 15.12 835 0 18.69 460 111 1 19.30 407	DT	PV 3.70 535 39.8 12- 1 1/2 13: 3.80 562 46.5 12- 5 1/2 15: 2.80 309 34.4 9- 2 11: 2.22 183 34.1 7- 3 1/4 11 1.60 70 29.4 5- 2 3/4 9 0.00 0 0.0 0- 0 0- 0 PV 0 3.80 562 38.5 12- 5 1/2 12 1 2.60 264 30.7 8- 6 1/4 10 9- 6 8	4- 7 4- 479 0: 0.00 0 9- 6 3/4  JT 1500M 1 439 5:21.40 443 0- 7 1/4 7 538 5:47.50 317 2- 9 1/4 3 362 4:59.10 565 2-11 1/2 2 358 5:52.60 295 1-11 1/4 1 291 5:50.70 303 6- 5 3/4 0 0 0: 0.00 0  JT 1500M 11 426 5:57.80 27 27- 7 3/4 70 309 5:45.00 32 30- 8 1/2 40 221 6:56.00 8 30- 0 1/2 81 159 0: 0.00	TOTAL 4644 4315 3758 3412 2780 1139 TOTAL 4927 9 3459 2 2953

5 50 BLODGETT THOMAS 12.58 541 4.73 332 0.00 0 0.00

EAST 800m M30 Ans Lebourne David Worden John Williams M35 Bob Jackson **Empire State Games** Ithaca, NY Morris Morgan Kevin Kelly M40 Wm Robinson August 4-5 100m M30 Kevin Lozaro Mike Wilson Don Masterson M45 B Steffenhagen Gene Cacciatore Rodney Goodman M35 Griffin Graham Herbert Hahl Larry Decker MSO Cliff Pauling Perry Jenkins Walt Powell Wm Overby Sam Hall 12.0 11.5 11.8 Jack Meegan Bruce Marsh Don Farley Bill O'Brian John Garrity M Heidelberg 12.0 M45 Tom Toscano Gene Ballard M60 Karl Kipp Olcott Brown Howard Aderhold M65 Jim Clinton Trent Jackson M50 George Hole Cliff Pauling Tom Fondy M55 Andrew Branch Chas Bauer M70 Chas Jorgensen Ed Straub 3:05.1 3:29.6 Ed Straub 3:53.3 W30 Debra Dougherty 2:35.7 W35 Ann Mechalek 2:24.2 13.3 Art Clements M60 Tom Brooks Ed Cox 13.2 B Clair-Searcy Chris Rossiler Susan Compton H MacMillan 14.0 M65 Blair McFarlane 14.0 Frank Mariano 14.7 James Clinton 16.3 M70 Toby Johnson 15.4 Chris Gerson Chris Gerson
Cathy Mauritz
W45 Katy Gottschalk
Kelley Sherry
W50 Ellen Richardson
W55 Thelma Wilson
Betty Sotile
W65 Betty Howard M70 Toby Johnson Nathan Hacker W30 Barb Fishbaugh Becky Delass 14.2 C Cornell-McKegvel4.3 Marie Beretey 13.9 JoAnn Harrall 14.1 Darbie Maccubbin 14.5 Angie Smith W40 Lorraine Tucker Josephine Cross Carole Ozark 1500m M30 Ans LeBourne Leo Finucane W50 Norma Schilliff W55 Ruth Smith Edna Hyer Curt Eggers M35 Kevin Kelly Bob Jackson Tom Bebee B J Sotile W65 Angie Smith M40 Wm Robinson Mike Wilson Terry Habecker M45 Larry Decker Herb Kahl 200m M30 David Cherry Carlo Cuprill Bob Milner 23.5 Gene Cacciatore Kevin Lozano M35 Perry Jenkins Griffin Graham Horace Hudson M40 Wm Overby Tom VanAcker Sam Hall Jack Meegan
Irvin Miller
M55 Don Farley
Chuck Collins
John Garrity
M60 Olcott Brown 24.2 24.4 24.0 24.6 24.9 Sam Hall
M45 Tom Toscano
Gene Ballard
Tony Alfieri
M50 Ed Small
Cliff Pauling 24.1 25.1 25.4 24.9 25.1 Wm Helmrath Rich Sullivan Chas Bauer Jim Clinton Jim Clinton 0:34:0
M70 Henry Sypniewski 6:30.5
Chas Jorgensen 7:21.4
Ed Straub 8:16.7
M75 Bill Brobstn 6:39.1 Tom Fondy
Nassau Al-Sayeed
Ed Biondi
Al Romano 31.7 W30 Nancy Scott Betsy Martens W35 Ann Michalek M65 B McFarlane Leonard Levine 35.4 Chris Rossiter M70 Toby Johnson Judy Anker 5:22 W40 Susan Compton 5:16 G Wilsn-Giambruno5:19 Chas Jorgensen Nathan Hacker 38.5 58.8 29.5 W30 Jean Gallo D Cobrt-Maubrasn 5:38.9 C Cornel-McKeaver Lorraine Tucker Josephine Cross WSO Margaret Betz 5:35 Elton Richardson 6:06 WSS Thelma Wilson 6:41 W55 Thelma Wilson 6:41.6 W65 Queenie Thompson 8:11.5 Carole Ozark W45 Katy Gottschalk W55 Ruth Smith 5000m M30 John Heslin Curt Eggers Dave Worden Edna Hyer B J Sotile 42.03 W35 Stephen Jones Wm McMillen Chip Button M40 John Dwyer Rich Hoebeke 400m M30 David Cherry Adrian Sterrett Fred Denworth Horace Hudson 51.9 52.6 51.9 52.4 53.5 52.3 53.8 54.-55.7 56.4 56.5 54.7 Pat Glover 16:32.8 Joe Abernathy 17:24.3 Bill Steffenhagen17:34.5 Don Hodge Ron McDonald Larry Prudhomme Joe Cordero Gordon Walker Ron McDonald M40 Rick Ladd Tom VanAcker M Heidelberg M45 Tony Alfieri Walter Thorne Chas LaChiusa M50 Ed Small Bruce Marsh M55 Don Farley John Garrity Tom Povlock Olcott Brown Cliff Pauling Karl Kipp George Gavras M65 Charles Bauer Clinton James 57.0 Haig Bohigian 59.8 M55 Hassan Al-Sayeed 59.7 Ron Peoples 60.3 Clinton James 24:12.0
M70 Henry Sypniewski 23:38.2
Nick Ruggieri 27:47.6
M75 Bill Brobston 23:19.5
M80 Chas Hackenheimer30:24.5
W30 Mary Mu 19:56.7 M60 Joe Kelly Ed Hart H MacMillan 63.6 69.1 Verne Rockcastle 72.4 Blair McFarlene 77.2 Frank Mariano 69.9 O Chas Hackenheimer 30:24.5

Mary Mu 19:56.7

Debra Dougherty 19:59.5

Mary Beth Steffen 20:43.1

Barbara Blaszak 19:08.9

Mary Hasenauer 19:46

Teresa Wuerdeman 19:49.3

Susan Compton 19:40.1

G Wilsn-Giambruno 19:50.1 77.2 69.9 83.1 M70 Toby Johnson Ed Straub 1:41 .-Nathan Hacker 2:30.8 Jean Gallo 65.3 Debra Dougherty 68.3 W35 B Clair-Searcy 62.8 W40 D Colbrt-Maubens 70.3
W65 Betty Howard 1:40.:
Angie Smith 1:42.4
W45 K Gottschalk 73.2 Chris Gerson W50 Margaret Betz Eleanor White 1:40.2 1:42.4 73.2

Page 34 National Masters News		October, 1989
Decathlon Continued		
55 - 59 AGE GROUP RESULTS	Empire Continued	M40 Alan Taylor 5-3 Jim Larmondra 5-1
PLAGE NAME 100M LJ SP NJ 400M NN DT PV JT 1500M TOTAL	W55 Lois Bell 24:36	Ed Ozaroski 4-8
1 56 MULKEY ,PHIL 13.30 418 5.41 463 12.26 622 1.55 426 63.50 302 15.99 734 37.49 614 3.80 562 38.68 423 6:31.50 150 4714	Thelma Wilson 24:55 Betty Jean Sotile32:14.0	M45 Paul Gansle 5-2 Bruce Adams 4-4
PT-IN 17- 8 3/4 40- 2 1/2 5- 1 122-11 3/4 12- 5 1/2 126-10 3/4	W60 Betty Howard 27:25.6	Wm Crockett 4-4
2 36 NCFETTERS , DOUG 12.91 483 5.37 455 9.18 437 1.55 426 64.02 287 16.77 648 29.24 450 3.00 357 24.22 219 6:38.00 130 3892	Angie Smith 29:23.9	M50 Mickey Lafferty 4-10
9-11 9-11 70- 5 1/2	10,000m	Don Ritter 4-8 Carlos Vernon 4-2
FT-18 28. 0 4/2 / 5 28. 0 4/2	M30 Mike Fogle 37:16.7 M35 Chip Button 33:43.8	M55 Roger Burke 4-6
4 56 THOMAS ,GARLAND 15.16 168 3.68 156 9.06 429 1.30 250 72.12 97 20.80 289 28.96 444 1.82 107 30.65 308 6:42.60 117 2365	Richard Cleary 37:13.5	Ralph Bacote 4-2 Ron Peoples 4-2
12- 0 3/4 29- 8 1/2 4- 3 05- 0 5-11 1/2 100- 4 1/2	John Ford 38:08.3	M60 Don Kasprzak 4-1
5 58 TAYLOR ,GEORGE 15.53 130 3.39 115 7.46 334 1.10 131 79.10 10 21.94 212 20.10 274 2.22 183 27.22 260 7: 1.90 69 1718	M40 Pat Glover 35:11 Mike Griss 36:31.5	David Welsh 3-6 W30 Becky Delass 4-10
FT-IN 11- 1 1/4 24- 5 1/2 3- 7 1/4 65-11 1/4 7- 3 1/4 89- 3 1/2	James Miner 37:27.4	Jean Adsit Gallo 4-8
[1] [1] [1] [1] [1] [1] [1] [1] [1] [1]	M45 Wayne Schwark 38:12.7 Mike Cannon 38:41.2	W35 Marie Beretey 4-10
60 - 64 AGE GROUP RESULTS  PL AGE NAME 100M LJ SP NJ 400M NN DT DW 17 AGENT 2000	M50 Joe Cordero 37:40.1	Pole Vault
NA DI PV JI 1500M TOTAL	Calvin Loomis 39:53.7 James Dooley 40:00.0	M30 Everett Baker 13-0
FT-1H 25 37 72 36 3 36 3 37 15 607 2.80 309 32.88 340 6:51.40 94 3603	James Dooley 40:00.0 M55 Don Farley 40:11.5	M35 Ken Robles 14-0 M40 Tom Rauscher 14-0
2 62 BRADBERRY , BUCK 13.67 360 4.94 371 9.41 450 1.40 317 69.40 150 16.55 672 33.79 540 2.70 286 24.32 220 6:36.00 136 3502	John Garrity 40:59.1	James Trott 10-6
FT-IN 16- 2 1/4 30-10 1/4 4- 7 110-10 1/4 8-10 1/4 79- 9 1/4	Tom Povlock 42:44 M60 Rich Sullivan 43:54.6	Robert Preston 9-0
3 61 ENSSLIN , TED 13.92 324 4.15 230 8.52 397 1.25 218 70.10 136 19.85 361 26.51 396 2.20 179 28.50 278 7:41.40 8 2527	Jack O'Sullivan nta	M45 Roland Heimberger 10-0 Wm Crockett 9-6
FT-IN 13- 7 1/4 27-11 1/4 4- 1 86-11 1/2 7- 2 1/2 93- 6 4 61 GREY DONALD 16.10 81 3 47 124 9 00 424 1 20 188 84 48 0 24 70 27 77 78 78	Wm Helmrath nta W30 Shirley Woodford 43:52.6	Bill Drake 9-0
1774 Table 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	Diane May 47:42.5	M50 James French 8-6 Don Ritter 8-6
5 60 SCOTT ,DICK 16.13 78 3.58 142 10.60 522 1.30 250 83.35 0 0.00 0 31.80 500 2.12 163 19.98 161 9: 4.00 0 1816	W35 Barbara Blaszak 42:20.4	
FT-IN 11- 8 3/4 34- 9 1/4 4- 3 104- 3 3/4 6-11 1/4 65- 6 1/2	Diane Sherrer 44:57.4	Long Jump M30 Gene Cacciatore 6.09
The street of th	Anita Dinato 48:07.4 W40 Susan Compton 42:11.9	Joe Lafferty 6.08
65 - 69 AGE GROUP RESULTS	Lynda Bogel 56:34.4	Jim Henderson 6.08 M35 Darney Gripper 6.41
PL AGE NAME 100M LJ SP HJ 400M HH DT PV JT 1500M TOTAL  1 68 MORCOM ,800 16.97 189 4.63 313 9.19 437 1.25 218 69 69 144 18 98 434 34 30 550 3 00 357 22 34 107 4.55 20 84	W50 Eleanor White 57:24.3	Perry Jenkins 5.82
ET-IN AT 3 41 20 11 21 07.07 100 10.70 434 34.30 300 3.00 357 22.36 193 6:35.20 84 2919	Constitution of the Consti	Bob Doran 5.71 M40 Rick Lapp 5.92
2 69 RICCIARDI A U 14 12 70 1 70 177 8 78 178 1 10 178 0 178	Short Hurdles M30 Daniel Glushefski 15.9	Bill Wood 5.69
FT-1N 12-5 28- 9 1/2 3- 7 1/4 103- 2 3/4 7- 2 1/2 95- 2 3/4	Glenn White 16.8	Mike Milove 5.31 M45 Bruce Adams 5.24
3 68 WRAY ,LEONARD 15.40 143 3.60 145 8.64 404 1.20 188 80.18 4 29.99 0 28.12 428 1.92 125 26.93 256 7:43.00 7 1700	Roberto Vives 17.3	David Lang 5.23
FT-IN 11- 9 1/2 28- 4 3-11 92- 3 6- 3 1/2 88- 4	M35 Horace Hudson 16.2 M40 Mike Milove 17.8	Richard Lang 4.50
70 - 74 AGE GROUP RESULTS	Mike DeJesus 19.9	M50 Don Ritter 4.33 Carlos Vernon 3.90
PLAGE MARE 100M LL CD NL COOL NULL	M45 Paul Gansle 19.9 Bruce Adams 20.8	M55 Roger Burke 4.44
1 70 HULL DOMAID 15 00 185 T (4 122 0 TA // 7 1 20 182 T	Tom Kilroy 21.0	Ron Peoples 4.35 Ralph Bacote 3.66
	M55 George Farnsworth 20.7 Ralph Bacole 25.9	M60 David Welsh 2.47
87- 9 3/4 5- 2 3/4 80- 5 1/2	Ralph Bacole 25.9 M60 Don Kasprzak 26.5	W30 Marby Gansle 4.35
75 - 79 AGE GROUP RESULTS	W30 C Connel-McKeever 19.9	Becky Delass 4.18 W35 Marie Beretry 4.01
PL AGE NAME 100M LJ SP NJ 400M NH DT PV JT 1500M TOTAL	Becky Delass 20.6 W35 JoAnn Harrah 19.6	Pat Brown 3.39
1 77 BOAL ,808 17.26 14 2.88 52 5.99 248 1.10 131 86.58 0 19.37 401 19.05 254 1.60 70 17.78 132 7:19.70 35 1337	All the said that a value of	W40 Josephine Cross 3.61 Sharon Marr 3.12
FT-IN 9- 5 1/4 19- 7 3/4 3- 7 1/4 62- 5 3/4 5- 2 3/4 58- 4	Long Hurdles M30 Anthony Torre 65.3	W50 Norma Schilloff 2.56
85 - 89 AGE GROUP RESULTS	James Cole 66.6	W55 Ruth Smith 3.01 Edna Hyer 2.43
PL AGE NAME 100M LJ SP NJ 400M NN DT PV JT 1500M TOTAL 1 87 PITCHER ,ARLING 19.43 0 1.93 0 5.73 233 1.00 0121.70 0 0.00 0 13.18 147 1.52 57 14.04 8311:43.80 0 520	M35 Horace Hudson 56.8 M40 Rick Lapp 59.3	Triple Jump
FT-IN 6- 3 3/4 18- 9 1/2 3- 3 1/4 43- 2 3/4 4-11 3/4 46- 0 3/4	Muhammad Afzal 65.9	M30 Michael Sayers 10.75
23 2 3/4 4-11 3/4 40-0 3/4	Mike Milove 68.3 M45 Paul Gansle 67.4	John Hilas 10.67 Tom Wood 9.88
OVERALL RUE PACIONED RESULTS (1909 MAVA AGE PACIONS) (1985 TAAF SCORING TABLES)	Jack Lyda 70.5	M35 Darney Gripper 13.22
1 56 MULKEY , PHIL 11.62 728 7.40 909 14.96 787 2.02 824 51.61 742 14.40 924 44.98 766 5.23 980 59.56 731 5:26.90 415 7806	Bill Drake 74.7 M50 Ralph Bacote 63.5	Bob Doran 12.88 Gary Megelick 9.93
	M65 Don Kasprzak 67.5	M40 Bill Wood 12.27
3 31 ELLIS , KEN 11.56 740 6.63 726 12.36 628 1.97 777 50.64 785 15.24 821 37.28 609 4.51 763 51.16 606 4:49.99 619 7074	W30 Marbry Gansle 76.7	Mike Milove 10.75 Bob LaBarbera 10.48
4 43 HARVEY , REX 11.31 793 6.97 807 13.61 705 1.84 663 52.46 705 16.18 713 41.74 700 4.77 840 51.62 613 5:24.39 427 6966	Steeplechase	M45 David Lang 10.56
5 68 MORCOM , BOO 12.23 606 7.29 883 12.50 637 1.83 655 51.38 752 15.41 801 42.18 709 4.76 836 37.34 404 5:13.02 487 6770	M30 Al Schmidt 11:15.6 Jim Cole 11:21.6	Tom Kilroy 9.59
6 63 SMITH , DENVER 11.89 673 7.03 821 13.50 698 1.93 745 55.84 565 14.53 907 41.60 697 4.13 654 49.96 588 5:27.10 414 6762	M35 Wm Weigel 11:02.7	Richard Lang 9.56 M50 Mickey Lafferty 10.31
7 32 LAWSON , BILL 11.70 711 6.54 708 13.69 710 1.97 777 53.14 676 17.10 614 36.82 600 4.41 733 51.14 605 4:52.76 602 6736 8 56 MCFETTERS , DOUG 11.28 799 7.34 896 11.20 558 2.02 824 52.04 723 15.11 836 35.08 565 4.13 652 37.28 403 5:32.33 388 6644	Steven George 11:19.6	Haig Bohigian 10.24
9 62 BRADBERRY , BUCK 11.58 736 7.24 871 11.62 583 1.93 745 53.83 647 14.30 936 37.84 621 3.98 612 36.96 398 5:14.86 477 6626	M40 Reinhold Wotawa 10:58.1 Terry Habecker 11:09.2	Don Ritter 9.65 M55 Ron Peoples 9.50
10 46 MOPKINS . HENRY 12.34 586 6.75 755 12.91 662 1.93 744 54.67 612 17.00 624 36.42 592 4.46 748 50.54 597 4:50.10 618 6538	Dale Ladd 12:18.7	Ralph Bacote 8.74
	M45 John Allen 14:09.4 M50 Bob Milner 11:54	Roger Burke 8.71 W30 Marbry Gansle 7.80
12 35 BESHEARS , DAVE 11.92 667 6.12 613 12.48 636 1.71 549 54.48 620 17.25 598 37.98 624 4.52 765 47.92 558 5: 2.71 544 6174	Peter Hettrich 12:38.6	W35 Pat Brown 6.60
0.04.01.00.01.00.00.00.00.00.00.00.00.00.00.	M60 Walt Siderowitz 17:04.7	Shot Put
	4x100m Relay	M30 Robert Lane 13.88
16 33 ATHERTON , ROONEY 11.94 663 5.60 501 11.60 582 1.94 749 55.92 562 16.42 686 37.62 616 3.89 588 40.04 443 5:37.48 363 5753	M30 NYC 44.3 NYC 45.7	Mark Barbano 13.52 M35 Patrick Lynn 11.18
17 39 DAVIS , MIKE 12.47 562 5.69 521 10.83 536 1.76 593 56.15 553 18.08 516 33.60 536 4.09 641 44.98 515 4:57.03 577 5550	Western 46.7	M40 Geoffrey Brown 11.54
18 42 ROSE JIM 11.96 659 5.94 574 12.17 617 1.67 523 53.92 643 19.67 376 32.92 522 3.75 548 47.70 555 5:18.14 460 5477	M40 Hudson Valley 46.6 NYC 48.1	Gordon Aimes 11.35 Tom Ficorelli 11.01
19 70 HULL , DONALD 11.75 701 5.83 550 12.82 656 1.87 686 49.72 828 20.58 305 36.66 597 2.74 295 45.38 521 5:46.57 321 5460	Central 48.9	M45 Gary Tocke 12.88
20 47 AYERS , DAVID 12.23 606 5.68 519 9.94 482 1.64 496 53.94 642 19.05 428 32.74 519 3.37 450 43,72 496 4:29.97 745 5383 21 54 GILMORE , JACK 12.95 476 5.46 473 11.27 562 1.83 651 57.84 490 17.91 533 39.24 649 3.34 441 42.04 472 5: 0.46 557 5304	MSO Central 50.6 Western 56.9	Harry Schwarze 12.07 Stephen Nathan 8.25
	M60 Central 62.6	M50 John Krueger 11.29
23 40 BUCKLEY JOHN 12.82 499 5.51 484 12.08 411 1.67 523 55.55 577 19.48 391 33.30 530 3.41 458 48.00 559 5:15.91 472 5104	M70 Central 87.7	Walter Schilloff 10.57
24 48 VALLE , MIKE 12.64 531 5.57 496 13.24 682 1.64 496 58.13 479 18.81 449 38.50 634 2.68 281 43.32 490 5:18.26 459 4997	W30 Central 59.6	Chuck Yost 10.45 M55 Martin Kintish 10.97
25 42 DEHORN , BILL 12.76 509 6.10 609 11.09 551 1.79 615 58.08 481 20.48 312 33.38 531 3.11 384 51.02 604 5:57.32 275 4871	M30 NVC	Frank Ryan 9.25
26 77 BOAL , BOB 12.86 492 5.26 433 9.28 443 1.82 645 56.83 527 17.95 529 29.52 455 2.97 349 36.98 399 4:53.90 595 4867	M30 NYC 3:27.9 Long Island 3:44.8	Nick Palladino 8.64 M60 Robert Chotoff 9.36
27 33 POLAKOWSKI, CHRIS 12.17 618 5.97 581 10.58 520 1.89 704 54.20 631 17.34 589 27.70 419 2.87 326 36.34 389 6:56.74 80 4857 28 54 MARTIN , DAVID 12.41 573 6.13 614 10.03 487 1.67 518 58.40 469 18.50 477 28.22 430 3.73 542 33.42 348 6: 2.29 255 4713	Western 3:46.1	John Sheridan 8.66
29 36 MATSON , RICH 13.84 335 5.23 427 11.27 562 1.65 506 59.82 419 21.89 215 34.08 545 3.23 412 52.64 628 4:58.38 569 4618	M40 Central 3:48.4 Long Island 3:48.7	David Welsh 6.01 M65 William Russo 8.75
30 69 RICCIARDI , A.U. 13.17 439 5.97 579 11.94 603 1.61 474 71.05 117 17.58 565 38.70 638 3.49 479 48.48 566 6:50.12 97 4557	Hudson Valley 3:51.6	Erwin Sorkin 7.83
31 56 THOMAS , GARLAND 13.25 426 5.03 388 11.05 549 1.70 541 58.62 461 18.74 455 34.74 558 2.50 242 47.20 547 5:36.17 369 4536	M60 Central 5:05.7 Western 5:09.5	Don Kasprzak 7.61
	M70 Central 5:09.5 7:01.5	M70 Elmer Shaw 10.72 Bill MacMurray 10.28
33 45 CLIETTE , GEORGE 13.08 454 5.44 469 10.44 512 1.76 592 59.50 430 21.69 228 33.72 538 1.93 126 37.34 404 5:16.54 468 4221  34 44 SHOEMAKER , JIM 11.99 653 5.40 461 10.96 543 1.56 436 58.56 463 0.00 0 27.08 407 2.84 318 38.24 417 5:11.24 407 4105	4x800m Relay	Ralph Williams 8.97
75 77 THOMAS FY ASST 45 FF 7/3 / 30 //4 40 30 F/4 // FA 3/ TO 1/4 FA 3	M30 NYC 8:09.1	W30 Marbry Gansle 8.04
35 37 HOMESLEY , SCOTT 11.55 742 8.28 848 10.89 540 1.80 484 51.28 737 19.08 425 29.10 447 2.08 152 0.00 0 0: 0.00 0 4175 36 41 MCDONALD , HARRY 12.65 529 5.78 540 12.39 630 1.67 523 63.21 310 0.00 0 34.54 554 3.29 429 51.04 604 0: 0.00 0 4119	NYC 8:14.4	C Cornel-McKeever 8.00
37 61 GREY , DOMALD 13.64 365 5.08 398 11.12 553 1.66 510 65.52 245 22.80 162 26.18 390 3.54 493 39.00 428 5:15.42 474 4018	Adirondack 8:23.6 M40 Hudson Valley 8:25.4	Nancy LaChiusa 6.49
38 34 SZARMACH , STEVE 11.94 663 3.58 142 11.01 547 1.63 491 68.38 173 19.92 356 35.66 577 3.38 452 36.28 388 0: 0.00 0 3789	Central 8:37.9	W35 B Clair-Searcy 9.11 Florence Wiggins 8.33
39 30 TITUS , PAUL 11.92 667 6.09 605 9.77 472 2.04 842 67.62 191 0.00 0 28.72 439 2.26 190 35.40 376 0: 0.00 0 3782	NYC 8:38.1 M60 Western 11:45.5	Johnn Harrall 7.44
40 60 SCOVT , DICK 13.66 362 5.24 430 13.09 673 1.80 624 64.65 269 0.00 0 35.60 576 3.13 388 30.36 304 7:12.53 47 3673	W30 Adirondack 11:02.1	W40 Judith Sielski 6.73 Lorraine Tucker 6.23
41 58 TAYLOR , GEORGE 13.57 376 4.63 314 9.10 432 1.44 342 64.29 279 19.76 368 24.12 350 3.05 370 41.90 470 5:52.29 296 3597	High Jump	Nancy Livergood 6.19
42 87 PITCHER , ARLING 12.68 523 4.14 229 11.75 591 1.87 689 69.32 152 0.00 0 26.62 398 3.38 452 37.76 410 6:48.98 100 3544 43 53 ZIMMERMAN , DON 13.31 417 5.26 432 9.33 446 1.36 289 76.59 32 0.00 0 29.54 455 2.83 314 27 12 350 0.00 0 29.54	M30 Joe Lafferty 6-0	W45 Marcia Przybyla 5.54
// /E FULL 1000 TOWN TOWN TO DE CO. D. C.	Jim Henderson 5-6	W50 Norma Schilloff 7.00 W55 Joan Dash 8.29
45 50 BLODGETT , THOMAS 11.31 793 6.05 597 0.00 0 0.00 0 0.00 0 0.00 0 0.00 0 0.00 0 0.00 0 0.00 0 1549	M35 Bob Doran 5-8	W65 Elsie Adams 4.79
0 0. 0.00 0 1370 1	Dale Bosworth 5-6	Continued on next page

40 - 44 PL AGE 1 42 RASO

Oc

45 - 49 PL AGE 1 47 STEL

PL AGE 1 42 RASC 2 47 STEW Empir Disc M30

> M35 M40 M45

> > M65 M70 M7: W35 W40 W45 W50 W55

M60

Hamn M35 M40 M45 M50 M55 M65 M70

W35

M35 J M40 G James M45 R M55 R; N: W30 M W30 M W35 Jc W40 Ji W45 Ma W55 Jc

Pentat M30 Ne Du M35 A1 M40 Ar Ro M45 Ti Pe M50 Di To M60 Fr Pentati (100, 1

October, 1989		National	Masters News	and the same of th	page 33
Continued from previous page			1500m	Discus	M40 William Corsey 0:24.9
Continued from previous page			M30 Andy Barnes 4:14		Phil Felton 0:25.0
TAC National Mast	ers Heptathlon, Thomasville, NC, 17	-18 Jun 89	Bill Hurley 4:16		Tim Dickens 0:26.0 M45 Carl Grant 0:24.8
	(1985 IAAF Scoring Tables)		Jon Berit 4:37		M45 Carl Grant 0:24.8 Tom Hartman 0:26.9
	The total transfer of the state		M35 Steve McKenna 4:42 Bob Caplin 4:44		Larry Simmons 0:27.5
40 - 44 AGE GROUP RESULTS			N40 Toni Reavis 4:17		M50 Larry Harvey 0:26.8 John MacDonald 0:27.6
PL AGE NAME LH	HJ SP 200H LJ	JT 800M TO	TAL Curt Bryant 4:44		Vince Farrell 0:28.4
		92 23.77 359 2:33.0 656 47	Bob Gaines 4:53 44 M45 Clay Zucker 5:01		John McKenna 0:29.0 M55 Bob Keegan 0:26.3
1 42 RASCHKER , PHIL 12.38 1220	1.60 736 7.41 361 25.5 820 5.12 5		M50 Art Conro 4:45		Mark Richards 0:30.5
	5-3 24-3 3/4 16-9 1	Salar Windowski Salar	M55 Jim Keat 5:32	.7 M55 Marty Kintish 128-114	Earl Mege 0:31.0 M60 Tom Delany 0:29.1
45 - 49 AGE GROUP RESULTS	Contract the second		M60 Brother Bert 6:02		Manny Herscher 0:32.2
PL AGE NAME LH	HJ SP 200M LJ	JT 800M TO	M65 Carl Hammen 5:48 TAL Sid Toabe 5:52		M65 John McCarthy 0:32.5 Ed Cunningham 0:36.8
				Warren Jackson 111-14	M70 Dave Hall 0:33.4
1 47 STEWART .BARBARA 17.37 555	1.05 180 6.70 316 32.0 337 3.37 1	74 10.98 124 DNF 0 16	86   5000m N30 Bob Wanamaker 16:17	Larry Nardi 97-1	M75 G. Wible 0:38.0 M80 Donald Ernst 0:40.3
	3-5 1/4 21-11 3/4 11-3/4		John Turbak 17:11		W45 Marilyn Mitchell 0:28.5
			M35 Ron Robbilard 16:15		400m dash
The Market Company of the Company of	alega de la serie de la companya de		Mike D'Meara 19:57	The state of the s	
OVERALL AGE FACTORED RES	FULTS (1989 WAVA AGE FACTORS) (1985 I		M40 Henry Finch 16:02 Rick Bayko 16:23		M30 Richard Mitchell 1:00.8 M35 Warren Spikes 0:50.5
PL AGE NAME LH	HJ SP 200M LJ	JT 800M TO	AL Larry Purtell 16:54	1.2 W55 Amy Hicks 87-45	Karl Castor 0:55.1
			M45 Kirk Randall 16:5		Doc Savage 0:59.4 H40 Phil Felton 0:55.9
1 42 RASCHKER , PHIL 14.37 927	1.83 1016 8.63 440 23.6 996 5.86 8	07 31.37 502 2:21.0 810 54 33 16.08 216 DNF 0 23			Simon Ellis 0:57.7
2 47 STEWART ,BARBARA 19.18 374	1.27 379 8.50 432 28.6 566 4.11 3	33 16.08 216 DAF 0 23	M55 Jack Nyham 22:46		N45 Tom O'Hora 0:55.5 Tom Hartman 1:01.4
The Advantage of the Control of the	Control of the Contro	the state of the s	M60 Sam Babbitt 31:03		M50 John MacDonald 1:01.0
Empire Continued	Tri-State TC Classic	M50 Roosevelt Weaver 12 Cliff Pauling 12		7.1 Ranner M35 Ed Daniels 142-9	M55 John Blood 1:08.4 George Taylor 1:24.3
Discus	Hagerstown, MD	Haig Bohigian 12		N40 Harold Krouse 125-65	M65 John McCarthy 1:12.4
M30 Mark Barbano 36.56	August 13	M55 Frank Barous 13		7 Frank Honroe 90-5 7 Don Koch 64-0	300m hurdles (exhibition)
Mike Sayers 27.22 M35 Jim Tillotson 44.88	50m M30 Bob Bowen 37 6.1	Pat Perraro 13		.7 Don Koch 64-0	- From the Mark of the Committee of the
Patrick Lynn 33.84	M40 Greg Marshall 41 6.24	Dave Hanlon 13 M60 Howard MacMillan 14		.3 Al Neville 119-8	M55 Josh Culbreath 0:46.8 George Taylor 1:05.5
George McDearmon 33.30	Carl Grant 49 6.63	Joe Kelly 14	.3 M50 Haig Bohigian 24	.8 MSS Cliff Blair 151-5	M30 Frank Makozy 0:41.4
M40 M Geoffrey Brown 39.96 Murray Millson 32.48	Woody Disharoon 40 6.63 M50 Ervin Mitchell 50 6.75	Dick Klein 14		.5 Narty Kintish 110-1 .6 Natt Boyle 82-0	Joe Dobelle 0:42.3
H William Coles 30.96	Jim Bradley 53 7.2	M65 Vern Mattson 13 J. Walker Pierson 14		M60 Ned Curran 72-0	800m run
M45 Harry Schwarze 39.16	100m	Don Knapp 15	.3 High Jump	M65 Greg Battick 107-6 M75 Paul Narcessian 86-9	M30 Richard Mitchell 2:51.9
Gary Tocke 36.68 Denny Przybyla 29.54	M30 B Bowne 37 11.09 M40 G Marshall 41 11.75	M70 Bill Carmen 14		-7 M75 Paul Narcessian 86-9 -2 W65 Libby Hagemann 70-7	N35 Duane Green 2:07.2
M50 Oscar Jensen 32.10	W Disharoon 40 12.12	Sparks Sorlien 15 M80 Don Ernst 17		-0	Doc Savage 2:10.5 George Goodin 2:17.5
Kurt Krastin 29.96	Carl Grant 49 12.12	W40 Karen Jackson 15	.7 Bill Crockett	-0 Javelin	M40 Bruce Carter 2:11.4
Walter Schilloff 29.64 M55 Martin Kintish 40.62	M30 Bob Bowne 37 23.45	Janet Powers 28		-8   M30 Bill Poole   176-11	Simon Ellis 2:13.0
Nick Palladino 25.50	M40 G Marshall 41 24.32	W50 Alexandria Johnson 16 Audrey Boyle 17		1-8 Matt Maley 140-2	Tim Dickens 2:14.2 George Sanders 2:25.6
Thomas Armstrong 22.88	Carl Grant 49 25.64 Kirt Vener 46 27.28	W60 Pat Peterson 15		M40 Angel Nieves 135-7 David Ouigley 112-2	M45 Larry Simmons 2:18.4 M50 Larry Harvey 2:18.8
M60 Robert Chotoff 34.16 John Sheridan 26.92	400m	W65 Ann McGowan 20		David Quigley 112-2 Nike Johnson 111-6	John Hurley 2:47.1
M65 William Russo 30.30	M40 Bob Mesaros 46 59.27	1900		-8 M45 Bob Marshall 138-6	M60 bob Parsons 2:51.7 M65 Ed Cunningham 3:24.6
Erwin Rice 24.94 M70 Elmer Shaw 33.16	M50 Jim Bradley 53 59.6	200m M30 Robert Jones 24		Bob Harvey 122-6 Paul Bucacci 94-8	W35 June Doyle 3:02.4
Bill MacMurray 32.54	800m M40 Bill Schrantz 43 2:37.37	Ken Castro 25	.1 W60 Pat Peterson	94-8 94 M55 Mark Richards 90-10	
Ralph Williams 26.06 M75 Edward Pens 16.50	Rich Durham 48 2:52.58	Chris Hinds 28 M35 Pershing Reid 24	· S Committee Liver Liver	M60 Dick Klein 109-1	1500m run
W30 Nancy LaChiusa 18.98	M50 Jim Demma 50 2:16.49	Bob Noyes 26	4 Pole Vault	Ned Curran 94-6 Larry Nardi 90-9	M35 Larry Hart 4:51.9
Mary Coles 16.30 Donna Sayers 16.30	M40 B Schrantz 43 5:26.51	M40 Roger Pierce 23		-6 M65 Boo Morcom 98-9	M40 Simon Ellis 4:33.4 William Payne 4:38.6
W35 Florence Wiggins 17.78	M30 Taylor Liver 37 17:30.79	Angel Nieves 25	7 M60 Jack Doorlay 7	-0 M75 Tom Gorham 41-6	George Sanders 5:07.4 H45 Bill Cooper 4:55.2
Pat Brown 17.28	W50 G Lacey 52 23:55.69	Mike Augeri 26 M45 Bill Masuck 26		-0 W50 Joan Youngs 72-0	M50 John Hurley 5:29.5
W40 Judith Sielski 20.08 W45 Marcia Przybyla 15.12	10,000m	M45 Bill Masuck 26 Gary Giragosion 28	1	Ann Cirulnick 56-2 W55 Amy Hicks 73-5	M55 Jim Sutton 4:44.4 (Sutton went on to run
W50 Norma Schilloff 16.78	W50 G Lacey 52 48:07.38	M50 Cliff Pauling 25		Caroline Richards 41-2	1 mile in 5:05.7)
W55 Joan Dash 20.40 Edna Hyer 17.20	M50 Jim Bradley 53 48.1	Haig Bohigian 26 Dick Hurley 27	.0   1125	Who Estelle O'Connor 41-4	W30 B.R. Pierce 5:49.3
Separate services that the	High Jump	M55 Pat Ferraro 28	.7 Wayne Dailey 18	Teanne Berlensch 46-8	W35 Sharon Harvey 6:22.8
Hammer M35 Pat Lynn 140-4	M40 W Disharoon 40 4-9}	Dave Hanlon 29 Larry Patz 30	Dunates Hamilton 17	-6 W/S Theresa Bucacci 30-2	
M40 Gary Bartell 134-0	Long Jump M40 Kirt Vener 46 17-10}	M60 Joe Kelly 29	O Mike Augeri 15-		3000m run
M45 Robert Decker 127-11	W Disharoon 40 17-93	Dick Klein 29			M30 Sheldon Frisby 10:35.9
M50 Oscar Jensen 120-2 Kurt Krastin 68-7	Palmer Sweet 45 14-5	Howard MacMillan 29 M65 Vern Mattson 28	7im Brade 15-		H35 Duane Green 9:36.8 Larry Hart 10:30.8
M55 Martin Kintish 97-3	Triple Jump	J. Walker Pierson 29	2   N50 Jerome Wills 18-1	Collegeville DA	M55 Larry Dickerson 11:42.2
Nick Palladino 84-4 M65 Erwin Sorkin 69-8	M40 Kirt Vener 46 34-8	Don Knapp 31	MEE Prest Barrers 14-	4	
Bernard Brown 67-6	Shot Put (12-1b) M30 Scott Bull 31 48-6	M70 Sparks Sorlien 33 M80 Don Ernst 38	9 Hank Perry 14-		10,000m run
M70 Elmer Shaw 103-0	Peter Collins 32 45-5	W40 Karen Jackson 33			M35 Gary Tompkins 34:08.0
Bill MacMurray 78-7 Ralph Williams 73-0	W Williams Jr 31 39-11 M40 Palmer Sweet 45 41-8	Joyce Halls 36 W50 Alexandria Johnson 33	M65 Vern Mattson 13-	Mark Richards 0:21.6	Dennis Mellish 35:51.8 Kyle Mecklenborg40:37.9
W35 Pat Brown 13.66	W Disharoon 40 36-1	Audrey Boyle 36	.2 M/O Sparks Sorlien 13	A CONTRACTOR OF THE CONTRACTOR	MSS Larry Dickerson 41:04.0
Javelin	M50 W Williams Sr 51 36-9	W60 Pat Peterson 33			Nat Cirulnick 54:26.4
M30 Mike Sayers 162-3	Ervin Mitchell50 34-11 Bruce Rule 53 30-3			-2 M60 Tom Delany 0:18.3 M75 Claude Hills 0:22.8	high jump
Tom Wood 125-2 M35 Jim Tillotson 126-0	W40 S Glascock 46 15-11		Triple Jump	1. S. C. S. S. C. S. C. Connection of the Connec	
M35 Jim Tillotson 126-0 M40 Gordon Aimes 136-9	Discus	400m	N50 Walter Shields 37-		M30 Joe Dobelle 5'10° M35 Ed Fern 6'0°
Gene Spanneut 127-1	M30 Scott Bull 31 120-5 Peter Collins 32 103-3	M30 Mike Neely 55		HISO DOE DODELLE UITELL	Ed Laurelli 5' 2" M40 William Corsey 5' 2"
James Larmondra 110-9 M45 Robert Decker 117-7	W Williams Jr 31 98-2	Ken Castro 57 Mike Farmer 58	MCE TION MARKET 20-		M45 Barry Kline 4' 8"
Jack Lyda 115-10	M40 W Disharoon 40 98-1	M35 Rob Walker 53	9 N70 Sparks Sorlien 29-	IL SPECIES RESIDENCE	Jim Quirk 4° 4° 4° M55 Walt Hutchins 5° 0°
Gary Schrempf 114-8 M55 Richard Holloway 91-0	Palmer Sweet 45 94-5 Kirt Vener 46 84-2	Bob Noyes 59		Ken Bauersfeld 0:12.4	Earl Hege 4' 4"
Frank Ryan 88-0	M50 E Mitchell 50 97-0	M40 Steve Walach 58 Bob Nelson 62	.1 Shot Put	M35 Warren Spikes 0:11.5 Lou Miller 0:15.6	Hark Richards 4' 2"
Nick Palladino 81-4	W Williams Sr 51 93-2 Masters Men Team Scoring:	M50 Cliff Pauling 58		M40 William Corsey 0:12.2	M65 Paul Eberhardinger 3' 2" M75 Claude Hills 3' 8"
W30 Melanie LaVack 61-4 Donna Sayers 61-0	1 Potomac Valley 58	Haig Bohigian 60 Tony DaPonte 64		74 M45 Carl Grant 0:12.4 -74 Tom Hartman 0:12.9	
W35 JoAnn Harrall 88-0	2 Tri-State TC 39	MSS Larry Patz 67	.B Dan Koch 34	John Lewczak 0:13.5	long jump
Pat Brown 70-0 W40 Judy Sielski 65-2	3 West Valley TC 30 4 N Carolina AC 26	M60 Howard MacMillan 70 M70 Bill Carmen 72		Richard Queeney 0:15.8	M30 Joe Dobelle 19' 6" M35 Ed Laurelli 18' 2"
W45 Marcia Przybyla 38-10	5 W Penn TC 22	W50 Alexandria Johnson 82			M40 William Corsey 20' 4"
W55 Joan Dash 76-5	6 Phila Masters 22	W60 Pat Peterson 92	.1 M50 Paul Choquette 44-	M55 Bob Keegan 0:12.4	M45 John Lewczak 17° 0° M50 Ed Kent 15' 7°
Edna Hyer 48-5	Brown University Masters	Sally Motherway 101	.7 Bob Schinse 31- MSS Cliff Blair 47-10		M55 Earl Hege 14'7 1/2"
Pentathlon-Men	Track and Field Invitational		Marty Kintish 37	9 Eli Barkan 0:15.1	Eli Barkan 14°0° George Taylor 12'10 1/2°
M30 Neal O'Mara 2853 Dusty Shields 2368	Providence, RI	800m M30 Rick Smith 2:00	Harley Atwood 30-	Manny Herscher 0:15.5	Ron Noreen 12' 8"
M35 Al Walton 2574	August 13	Nike Farmer 2:12	.4 Ned Curran 34	M70 Dave Hall 0-15 7	Ray Feick 12' 1° H70 Gene Wood 9' 4°
M40 Armond LaFramboise1633	M30 Phil Hazard 11.1	Bill Hurley 2:14	.8 Tony Vivieros 31	G. Wible 0:18.2	M75 Claude Hills 11' 5°
Ron Piracci 1398 M45 Tim Collins 2146	Robert Jones 11.2	M35 Rob Walker 2:03 M40 Rick Bayko 2:12			triple jump
Peter Durham 1504	M35 Pershing Reid 11.8	Steve Walach 2:18	.1 W40 Joyce Halls 24-	10	M30 Frank Makozy 38' 1/2 "
M50 Dillon Maier 1426 Tom Vaughn 1188	Nike Emmett 13.3 Lou Miller 14.3	Steve Viegas 2:19 N45 Jim Verdier 2:17		The state of the s	N35 Ed Laurelli 34' 2"
M60 Fred Vero 712	M40 Roger Pierce 11.3	Fred Bertelsen 2:30	.6 Alex Johnson 23	-6 M30 Gerald Jones 0:22.5	M45 Jim Quirk 28' 3.1/2" M50 Ed Kent 30' 7 1/2"
Pentathlon-Women	Angel Nieves 11.8 Dennis Newton 12.1	NSO Cliff Pauling 2:14 Ted Price 2:34		Ken Bauersfeld 0:24.7	M55 Eli Barkan 30' 1" Earl Mege 29' 9"
(100, SP, JT, LJ, 800)	M45 Gary Giragosion 13.2	John Hurley 2:36	.5 W65 Libby Hagemann 22-	H35 Warren Spikes 0:22.4	George Taylor 19' 8"
W40 Kathy Pierce 1689		MSS Arnold Meardon 2:35 M6S Sid Toabe 2:57	.7 Jeane Berlepsch 17-	10 Karl Castor 0:25.2	ATT CITED TO THE PARTY OF THE P
A COMPLETE OF THE PARTY OF THE	Joe Chaves 13.6 l	213/	w. J merse Bucacci 15	- Lou Miller 0:31.3	Continued on next page

Continued from previous page	Hammer	M55 Casey Jones 2:21.16	M45 Nathaniel Carter 5-0	Javelin	400m M30 Jeff Watry 54.41
shotput (TAC weights)	Toli Welihozky 43 118-5 Phil Scudieri 53 93-9	Billy Barber 2:46.32 Jim Saxon 3:14.17	Nate Alexander 4-8 William Busby 4-8	M30 Beasey Hendrix 129-4 Kevin Holdaway 80-9	Joel Peebles 58.60
M30 Warren Taylor 14.64m	Javelin Clay Holbert 31 190-3	M60 Harold Johnson 2:38.01	M50 Sammy White 5-41 Jack Gilmore 4-8	M35 Jeff Stevens 114-7 M40 Richard Sander 168-9	M40 Stan Druckrey 52.69 William Schooler 55.61
Dennis Von Linden 12.45m Pat Cassidy 11.30m	Russ White 45 184-5	M70 Wallace McRoy 3:15.10	M55 Phil Mulkey 5-0	Roy Schell 155-2	Bernard Moe 58.33
M35 Kevin Wallace 14.59m	Jim McFayden 42 163-1 R Scott-Johnson 34 150-6	W30 Sharon Gough 2:37.1 W35 Janet Bell 2:33.1	Billy Barber 4-4 M60 Buck Bradberry 4-6	Charles Booher 126-9 M45 William Busby 139-6	Jim Lee 54.85
Hank Kalnas 12.84m Paul Corrigan 11.34m	Phil Scudieri 53 115-9	W40 Susan Houlton 2:24.3	M70 Donald Hull 3-8	Larry Boots 119-3	Walter Lane 71.86 M50 Mike Davidson 63.65
M40 Craig Shumaker 12.88m Rich Dunphy 12.00m	Patricia Willis 53 39-7 Sharon Good 55 37-0	Zoila Melton 2:45.7 Vivian Hammond 3:01.2	W30 Barbara Rubel 4-0	M50 William Duckworth 171-5	Charles Townsend
Richard Smith 10.91m Ron Biesiáda 9.40m	and the second	W45 Mae Cleveland 2:45.4 Joan Caudill 3:10.2	Lee Freeman 3-8 W40 Phil Raschker 5-0	John James 116-7 Rusty Hamilton 97-7	Paul Petersen 69.21 M55 Harry Brown 58.52
M45 Joe Kalnas 11.81m Paul Morrone 11.33m	SOUTHEAST	Ruth Crenshaw 3:13.0	Vivian Hammond 3-10	M55 Jack Shields 150-5	M60 Dean Smith 63.51 Bob Gand
Jim Quirk 10.05m M50 Chuck Yost 11.59m		W50 Ann Holtzclaw 3:11.5 W55 Kathryn Welden 3:30.2	W45 Ruth Crenshav 3-1 W55 Betty Vosburgh 3-8	Phil Mulkey 125-4 M60 Rich Bergenback 131-9	Chuck Sochor
Ed Bradway 11.07m	U.S. TAC Southeast Sectional Championships	W65 Rita Tomassini 3:34.1	W60 Pat Peterson 3-6	Buck Bradberry 87-11 Jim Dykes 85-7	M65 Joe Bergthold 67.55 Joe Schmidt 87.26
M55 Ray Feick 11.73m Tom Jackson 10.21m	Atlanta, GA	1500m	Pole Vault M35 Charles Strode 14-6	M75 Jack Wood 93-5	W30 Lauren Zahn 67.53
Meemo Maasik 10.09m M60 Al Jankola 9.72m	June 10	M30 Mike Jones 4:09.5	Walter Credle 14-0	Charles Hirshey 50-4 W30 Lee Freeman 69-10	W40 MaryLou Platis 89.04
M65 Paul Eberhardinger 6.54m M70 Gene Wood 9.92m	M30 Ellis Liddell 11.28	Ron Wirick 4:23.2 Jeff Unislawski 4:26.5	Johnnie Dye 13-0 Randy Ullom 12-6	W40 Lurline Struppeck 119-8 W65 Audrey Bergenback 31-1	W65 Carol Peebles 1:49.78
W50 Ann Cirulnick 8.85m	Craig Simmons	M35 Guy Giles 4:13.3 Matt Morrow 4:21.0	M40 Don Hogan 9-6		800m
discus	Kevin McCarragher 11.78 M35 Marion McCoy 11.35	Norm Dodson 4:22.2	William Busby 12-6	Pentathlon M30 Larry Aviles 786	M30 Jerry Feldhausen2:06.88 Steve Wikner 2:08.34
M30 Warren Taylor 43.88m	Stephen Foster 11.49 Richard Finnie 12.22	M40 Ian Dickson 4:16.9 Wilson Weldon 4:28.2	William Eubanks 9-6 M50 Henry Davenport 9-0	M35 Glen Turner 2375 Ron Merville 2239	Fred Hervert 2:10.38
Dennis Von Linden 43.62m	M40 Danny Thiel 12.01	John Rinker 4:43.2 M45 Marshall Nason 4:30.8	Jack Gilmore 9-0	David Waddle 2021	M35 Michael Hodge 2:06.20 Don Fish 2:13.37
Dave Moratelli 40.24m Tom Talbot 37.56m	Willie Josey 12.24 Rod Coggin 13.17	Earl Donaldson 4:39.5	M55 Phil Mulkey 10-0	Graham 1941 M40 Randall Brady 1823	Rich Weinhandl 2:14.45 M40 Stan Mathes 2:05.06
John Kalnas 35.80m M35 Kevin Wallace 41.54m	M45 Thad Bell 11.75 Mance Cooper 12.41	Kermitt Bowen 4:39.8 M50 Ted Wilson 4:51.2	M60 Gordon Seifert 8-0 Buck Bradberry 8-0	Tim Orton 1783	Craig Dean 2:11.13
Hank Kalnas 40.86m Paul Corrigan 40.28m	Tobert Utley 12.44	Charles Hendry 5:41.7 M55 Casey Jones 5:05	Long Jump	Larry Boots 1526	Jim Irvin 2:11.57 N45 Vic Heckler 2:07.63
M40 Tim Williams 45.52m Rich Dunphy 32.48m	M50 Sammy White 12.51 Jim Mathis 12.54	Jim Saxon 6:38.8	M30 David Mosley 16-8	M55 Ted Sjogren 1508 M60 Gordon Seifert 3370	Alvin Carter 2:11.96
Ron Biesiada 31.36m Richard Smith 27.48m	Ervin Mitchell 12.62 M55 John Poppell 12.86	M60 Dick Benson 5:26.5 M70 Troy Grove 6:24.7	M35 Lamar Bechen 16-6 Dough Puritan 16-0	Jim Dykes 2121	Michael Brazier 2:14.51 M50 Paul Petersen 2:39.60
Denny Ziemba 23.80m M45 John Abbott 42.20m	Al Clark 14.05	W30 Barbara Rubel 5:43.5	Jim Accardi 15-12 M40 Bob Green 16-8	A STATE OF THE STATE OF	David Thompson 2:41.52 MS5 Richard Kowalski2:45.51
Jim Quirk 24.80m M50 Ed Bradway 33.84m	Tom Vickers 14.75 M60 Jim Law 12.74	M L Carnaggio 6:22.5	Don Hogan 15-5	5000m Walk M30 William Vickory 32:56	M60 Sheldon Lewis 3:27.11
Chuck Yost 30.72m	Gordon Siefert Buck Bradberry 13.64	W35 Diana Correa 5:26.5 W40 Brenda Pantoja 6:18.4	Larry Jones 15-0 M45 Harold Drumgole 17-	Larry Aviles 32:58	Dean Smith 2:31.40 M65 Joe Schmidt 3:25.19
M55 Meemo Maasik 33.90m Tom Jackson 33.52m	Max Goldsmith 14.52	Vivan Hammond 6:47.8	Nathaniel Carter 16-0 Nate Alexander 15-4	M35 Dave Waddle 27:24 Gary Meinken 29:38	W30 Carla Hervert 2:28.94 Michelle Case 2:35.24
Ron Noreen 28.64m Ray Feick 27.26m	W30 Myra Love 17.26 W35 Donnis Drumgole 13.40	W50 Nancy Parker 5:24.2	Charles Futch 15-3	Terry Harville 30:02 M40 Pete Senkowski 29:07	Maureen Snider 2:45.81
M60 Al Jankola 28.58m M65 John McCarthy 26.34m	W40 Phil Raschker 13.05 Cathryn McCain 16.02	5000m	Mike Boudreax 16-0	Daniel Strohl 29:47	W35 Janelle Swanberg2:31.99 W55 Marion Irvine 2:56.07
Ed Cunningham 20.98m Paul Eberhardinger20.46m	W45 Ann Draper 15.42	M30 Mike Jones 15:25 Alfie Cronon 15:56	N Delaneuville 15-2 John James 15-1	M50 Curtis Watson 37:00 M70 Troy Grove 33:32	1500-
M70 Gene Wood 21.68m W50 Ann Cirulnick 18.02m	W50 Ann Holtzclaw 17.8 W55 Betty Vosburgh 16.11	Tim Lodzinski 15:52 M35 Earl Owens 15:39	M55 Phil Mulkey 17-3	W30 Jean Harville 33:49 W45 Avis Daugharty 37:00	1500m M30 J-G Ruleau 4:04.68
	Anne Yudell 17.6	Matt Morrow 16:02	M60 Buck Bradberry 15-7	W50 Alpha Bennett 32:09	Jim Geisthardt 4:10.73 Marty Wyland 4:11.34
1500m walk	Elizabeth Sjogren 19.71	Bill McKenzie 16:54 M40 Lee Fidler 15:46	Jim Dykes 12-31 M65 Tom Kennell 13-91	W70 Etta Hicks 50:45	John Case 4:12.92
M40 Stan Kauffman 9:05.5 M45 Bob Jennings 7:52.3	M30 Ellis Liddell 22.59	Tom O'Connor 16:02	M70 Donald Hull 11-4	Team Totals: T F 1 Atlanta TC 362 114 476	M35 Rick Green 4:11.69 David Raub 4:12.18
M55 Ellis Lesack 9:51.0	Craig Simmons 23.55	M45 George Sharp 17:48	W30 Barbara Rubel 11-13	2 CarolinaM AC 57 97 154	Dave Pfefferle 4:22.40 Don Fish 4:22.92
M60 Ray McKeeman 9:44.0 M65 Ted Ille 9:58.6	Ken McCarragher 23.81 M35 Marion McCoy 23.36	Joel Dubow 18:19 Kermitt Bowen 18:27	W35 Terry Ozell 10-3 Whit Perrin 6-81	3 BirminghamTC 61 83 144 4 Va-Highlands 32 11 43	M40 Gary Barrett 4:16.73
M75 G. Wible 9:59.0 Col. A. Sabaroff12:06.3	Stephen Foster 23.60	M50 Rex Cleveland 19:06	W40 Phil Raschker 16-10	5 La Lightning 16 23 39	J Lashbrook 4:17.83
	Ellis Mayrield 23.74		11/2 4 0	6 Syracuse Char 20 5 25	Craig Dean 4:24.42
W45 Elaine Cooper 9:55.2	Ellis Mayfield 23.74 M40 Bob Green 23.40	Hod Turner Sid Davis 22:27	W45 Ann Carter 11-2 Ruth Crenshaw 9-7	6 Syracuse Char 20 5 25	M45 Vic Heckler 4:15.02
W45 Elaine Cooper 9:55.2	M40 Bob Green 23.40 Daniel Thiel 23.83 Willie Josie 25.34	Hod Turner Sid Davis 22:27 M55 Herbert Benario 22:22	Ruth Crenshaw 9-7 W55 Betty Vosburgh 11-51	型形式19元素18元	M45 Vic Heckler 4:15.02 Gordon Beckmann 4:39.16 Mike Brazier 4:42.98
Potomac Valley Seniors TC	M40 Bob Green 23.40 Daniel Thiel 23.83	Hod Turner	Ruth Crenshaw 9-7 W55 Betty Vosburgh 11-51 Anne Yudell 7-3	MIDWEST	M45 Vic Heckler 4:15.02 Gordon Beckmann 4:39.16 Mike Brazier 4:42.98 M50 Lyndon Ruber 5:21.62 Benny Wyatt 5:22.42
W45 Elaine Cooper 9:55.2	M40 Bob Green 23.40 Daniel Thiel 23.83 Willie Josie 25.34 M45 Thad Bell 23.43 Mance Cooper 25.20 Tobert Utley 25.70	Hod Turner	Ruth Crenshaw 9-7 W55 Betty Vosburgh 11-51	MIDWEST  Centre Club Championships	M45 Vic Heckler 4:15.02 Gordon Beckmann 4:39.16 Mike Brazier 4:42.98 M50 Lyndon Ruber 5:21.62 Benny Wyatt 5:22.42 Dave Thompson 5:34.35
Potomac Valley Seniors TC Developmental Meet Alexandria, VA July 9	M40 Bob Green 23.40 Daniel Thiel 23.83 Willie Josie 25.34 M45 Thad Bell 23.43 Mance Cooper 25.20 Tobert Utley 25.70 M50 Sammy White 25.53 Mike Boudreaux 25.82	Hod Turner	Ruth Crenshaw 9-7 W55 Betty Vosburgh 11-51 Anne Yudell 7-3  Triple Jump M30 David Mosley 37-51 M35 Chester Forsh 37-9	Centre Club Championships Libertyville, IL	M45 Vic Heckler 4:15.02 Gordon Beckmann 4:42.98 Mike Brazier 4:42.98 M50 Lyndon Ruber 5:21.62 Benny Wyatt 5:22.42 Dave Thompson 5:34.35 M55 Rich Kowalski 5:20.32 Ted Pasquesi 6:47.59
Potomac Valley Seniors TC Developmental Meet Alexandria, VA July 9  100m Robert Arberg 41 12.83	M40 Bob Green 23.40 Daniel Thiel 23.83 Willie Josie 25.34 M45 Thad Bell 23.43 Mance Cooper 25.20 Tobert Utley 25.70 M50 Sammy White 25.53 Mike Boudreaux 25.82 Jim Mathis 25.84	Hod Turner	Ruth Crenshaw   9-7   11-51	.: MIDWEST  Centre Club Championships Libertyville, IL July 8	M45 Vic Heckler 4:15.02 Gordon Beckmann 4:39.16 Mike Brazier 4:42.98 M50 Lyndon Ruber 5:21.62 Benny Wyatt 5:22.42 Dave Thompson 5:34.35 M55 Rich Kovalski 5:20.32 Ted Pasquesi 6:47.59 M60 Sheldon Lewis 7:04.06 Bob Gand 7:34.75
Potomac Valley Seniors TC Developmental Meet Alexandria, VA July 9  100m Robert Arberg 41 12.83 Bob Goodwin 52 13.17	M40 Bob Green 23.40 Daniel Thiel 23.83 Willie Josie 25.34 M45 Thad Bell 23.43 Mance Cooper 25.20 Tobert Utley 25.70 M50 Sammy White 25.53 Mike Boudreaux 25.82 Jim Mathis 25.84 M55 John Poppell 26.50 Al Clark 28.10	Hod Turner	Ruth Crenshaw 9-7 W55 Betty Vosburgh 11-51 Anne Yudell 7-3  Triple Jump M30 David Mosley 37-51 M35 Chester Forsh 37-9 M40 Larry Jones 32-1	Centre Club Championships Libertyville, IL July 8  100m M30 Artego Jaunes 11.14	M45 Vic Heckler 4:15.02 Gordon Beckmann 4:42.98 M50 Lyndon Ruber 5:21.62 Benny Wyatt 5:22.42 Dave Thompson 5:34.35 M55 Rich Kovalski 5:20.32 Ted Pasquesi 6:47.59 M60 Sheldon Lewis 7:04.06
Potomac Valley Seniors TC Developmental Meet Alexandria, VA July 9  100m Robert Arberg 41 12.83 Bob Goodwin 52 13.17 Joel Holman 58 13.77 Tom Beard 57 13.88	M40 Bob Green     23.40       Daniel Thiel     23.83       Willie Josie     25.34       M45 Thad Bell     23.43       Mance Cooper     25.20       Tobert Utley     25.70       M50 Sammy White     25.82       Jim Mathis     25.84       M55 John Poppell     26.50       Al Clark     28.10       Tom Vickers     30.61       W35 Donnis Drumgole     27.89	Hod Turner	Ruth Crenshaw 9-7 W55 Betty Vosburgh 11-51 Anne Yudell 7-3  Triple Jump M30 David Mosley 37-51 M35 Chester Forsh 37-9 M40 Larry Jones 32-1 M45 Nate Carter 39-21 Harold Drumgole 33-9 Nate Alexander 31-71 M50 N Delaneuville 33-41	Centre Club Championships Libertyville, IL July 8	M45 Vic Heckler 4:15.02 Gordon Beckmann 4:39.16 Mike Brazier 4:42.98 M50 Lyndon Ruber 5:21.62 Benny Wyatt 5:22.42 Dave Thompson 5:34.35 M55 Rich Kowalski 5:20.32 Ted Pasquesi 6:47.59 M60 Sheldon Lewis 7:04.06 Bob Gand 7:34.75 M65 Joe Schmidt 6:47.34 W30 Carla Hervert 4:55.79 Ann Trauscht 7:29.28
Potomac Valley Seniors TC Developmental Meet Alexandria, VA July 9  100m Robert Arberg 41 12.83 Bob Goodwin 52 13.17 Joel Holman 58 13.77 Tom Beard 57 13.88 Kathryn Kelley 34 14.18 John Martin 62 15.1	M40 Bob Green 23.40 Daniel Thiel 23.83 Willie Josie 25.34 M45 Thad Bell 23.43 Mance Cooper 25.20 Tobert Utley 25.70 M50 Sammy White 25.53 Mike Boudreaux 25.82 Jim Mathis 25.84 M55 John Poppell 26.50 Al Clark 28.10 Tom Vickers 30.61	Hod Turner	Ruth Crenshaw 9-7 W55 Betty Vosburgh 11-51 Anne Yudell 7-3  Triple Jump M30 David Mosley 37-51 M35 Chester Forsh 37-9 M40 Larry Jones 32-1 Harold Drumgole 33-9 Nate Alexander 31-72 M50 N Delaneuville 33-41 M55 Phil Mulkey 33-11 M60 Buck Bradberry 33-7	Centre Club Championships Libertyville, IL July 8  100m M30 Artego Jaunes 11.14 Adrian Arambulo 12.77 M35 Al Wright 11.33 Morris Blueford 11.66	M45 Vic Heckler 4:15.02 Gordon Beckmann 4:15.02 Mike Brazier 4:42.98 M50 Lyndon Ruber 5:21.62 Benny Wyatt 5:22.42 Dave Thompson 5:34.35 Kich Kowalski 5:20.32 Ted Pasquesi 6:47.59 M60 Sheldon Lewis 7:04.06 Bob Gand 7:34.75 M65 Joe Schnidt 6:47.34 W30 Carla Hervert 4:55.79 Ann Trauscht 7:29.28 W35 Peg Cronin 5:32.02 W50 Marion Kowalski 6:39.28
Potomac Valley Seniors TC Developmental Meet Alexandria, VA July 9  100m Robert Arberg 41 12.83 Bob Goodwin 52 13.17 Joel Holman 58 13.77 Tom Beard 57 13.88 Kathryn Kelley 34 14.18 John Martin 62 15.1 Jean Udell W63 17.09	M40 Bob Green       23.40         Daniel Thiel       23.83         Willie Josie       25.34         M45 Thad Bell       23.43         Mance Cooper       25.20         Tobert Utley       25.70         M50 Sammy White       25.53         Mike Boudreaux       25.82         Jim Mathis       25.84         M55 John Poppell       26.50         A1 Clark       28.10         Tom Vickers       30.61         W35 Donnis Drumgole       27.89         W40 Phil Rashker       26.30         Cathryn McCain       33.17         W45 Ann Draper       31.14	Hod Turner	Ruth Crenshaw   9-7   11-51	Centre Club Championships Libertyville, IL July 8  100m M30 Artego Jaunes 11.14 Adrian Arambulo 12.77 M35 Al Wright 11.33 Morris Blueford 11.66 Tom Rewolinski 11.69 M40 Greg Miller 12.63	M45 Vic Heckler 4:15.02 Gordon Beckmann 4:39.16 Mike Brazier 4:42.98 M50 Lyndon Ruber 5:21.62 Benny Wyatt 5:22.42 Dave Thompson 5:34.35 M55 Rich Kowalski 5:20.32 Ted Pasquesi 6:47.59 M60 Sheldon Lewis 7:04.06 Bob Gand 7:34.75 M65 Joe Schmidt 6:47.34 W30 Carla Hervert 4:55.79 Ann Trauscht 7:29.28 W35 Peg Cronin 5:32.02
Potomac Valley Seniors TC Developmental Meet Alexandria, VA July 9  100m Robert Arberg 41 12.83 Bob Goodwin 52 13.17 Joel Holman 58 13.77 Tom Beard 57 13.88 Kathryn Kelley 34 14.18 John Martin 62 15.1 Jean Udel1 W63 17.09 Buddy Clark 36 19.98 200m	M40 Bob Green 23.40 Daniel Thiel 23.83 Willie Josie 25.34 M45 Thad Bell 23.43 Mance Cooper 25.20 Tobert Utley 25.70 M50 Sammy White 25.53 Mike Boudreaux 25.82 Jim Mathis 25.84 M55 John Poppell 26.50 Al Clark 28.10 Tom Vickers 30.61 W35 Donnis Drumgole 27.89 W40 Phil Rashker 26.30 Cathryn McCain 33.17 W45 Ann Draper 31.14 Ruth Crenshaw 37.27 Edna Bay 39.0	Hod Turner	Ruth Crenshaw   9-7   11-51     1-51	Centre Club Championships Libertyville, IL July 8  100m M30 Artego Jaunes 11.14 Adrian Arambulo 12.77 M35 Al Wright 11.33 Morris Blueford 11.66 Tom Rewolinski 11.69 M40 Greg Miller 12.63 John Hess 13.25 M45 Jim Lee 11.94	M45 Vic Heckler 4:15.02 Gordon Beckmann 4:39.16 Mike Brazier 4:42.98 M50 Lyndon Ruber 5:21.62 Benny Wyatt 5:22.42 Dave Thompson 5:34.35 M55 Rich Kowalski 5:20.32 Ted Pasquesi 6:47.59 M60 Sheldon Lewis 7:04.06 Bob Gand 7:34.75 M65 Joe Schmidt 6:47.34 W30 Carla Hervert 4:55.79 Ann Trauscht 7:29.28 W35 Peg Cronin 5:32.02 W50 Marion Kowalski 6:39.28 W55 Marion Irvine 5:39.28 W75 Anne Clarke 8:11.40
Potomac Valley Seniors TC Developmental Meet Alexandria, VA July 9  100m Robert Arberg 41 12.83 Bob Goodwin 52 13.17 Joel Holman 58 13.77 Tom Beard 57 13.88 Kathryn Kelley 34 14.18 John Martin 62 15.1 Jean Udell W63 17.09 Buddy Clark 36 19.98 200m Robert Arberg 41 25.91 Sidney Wolfe 52 27.20	M40 Bob Green 23.40 Daniel Thiel 23.83 Willie Josie 25.34 M45 Thad Bell 23.43 Mance Cooper 25.20 Tobert Utley 25.70 M50 Sammy White 25.53 Mike Boudreaux 25.82 Jim Mathis 25.84 M55 John Poppell 26.50 Al Clark 28.10 Tom Vickers 30.61 W35 Donnis Drumgole 27.89 W40 Phil Rashker 26.30 Cathryn McCain 33.17 W45 Ann Draper 31.14 Ruth Crenshaw 37.27 Edna Bay 39.0 W50 Ann Holtzclaw 36.80 W55 Betty Vosburgh 23.75	Hod Turner	Ruth Crenshaw   9-7   11-51	Centre Club Championships Libertyville, IL July 8  100m M30 Artego Jaunes 11.14 Adrian Arambulo 12.77 M35 Al Wright 11.33 Morris Blueford 11.66 Tom Rewolinski 11.69 M40 Greg Miller 12.63 John Hess 13.25 M45 Jim Lee 11.94 Hans Gordon 12.26	M45 Vic Heckler 4:15.02 Gordon Beckmann 4:39.16 Mike Brazier 4:42.98 M50 Lyndon Ruber 5:21.62 Benny Wyatt 5:22.42 Dave Thompson 5:34.35 M55 Rich Kowalski 5:20.32 Ted Pasquesi 6:47.59 M60 Sheldon Lewis 7:04.06 Bob Gand 7:34.75 M65 Joe Schmidt 6:47.34 W30 Carla Hervert 4:55.79 Ann Trauscht 7:29.28 W35 Peg Cronin 5:32.02 W50 Marion Kowalski 6:39.28 W75 Anne Clarke 8:11.40 Open Mile
Potomac Valley Seniors TC Developmental Meet Alexandria, VA July 9  100m Robert Arberg 41 12.83 Bob Goodwin 52 13.17 Joel Holman 58 13.77 Tom Beard 57 13.88 Kathryn Kelley 34 14.18 John Martin 62 15.1 Jean Udel1 W63 17.09 Buddy Clark 36 19.98 200m Robert Arberg 41 25.91 Sidney Wolfe 52 27.20 Albert Smith 37 27.4 Kathryn Kelley 34 29.14	M40 Bob Green 23.40 Daniel Thiel 23.83 Willie Josie 25.34 M45 Thad Bell 23.43 Mance Cooper 25.20 Tobert Utley 25.70 M50 Sammy White 25.53 Mike Boudreaux 25.82 Jim Mathis 25.84 M55 John Poppell 26.50 Al Clark 28.10 Tom Vickers 30.61 W35 Donnis Drumgole 27.89 W40 Phil Rashker 26.30 Cathryn McCain 33.17 W45 Ann Draper 31.14 Ruth Crenshaw 37.27 Edna Bay 39.0 W50 Ann Holtzclaw 36.80	Hod Turner	Ruth Crenshaw   9-7   11-51   151   152   153   154	Centre Club Championships	M45 Vic Heckler 4:15.02 Gordon Beckmann 4:39.16 Mike Brazier 4:42.98 M50 Lyndon Ruber 5:21.62 Benny Wyatt 5:22.42 Dave Thompson 5:34.35 M55 Rich Kowalski 5:20.32 Ted Pasquesi 6:47.59 M60 Sheldon Lewis 7:04.06 Bob Gand 7:34.75 M65 Joe Schnidt 6:47.34 W30 Carla Hervert 4:55.79 Ann Trauscht 7:29.28 W35 Peg Cronin 5:32.02 W50 Marion Kowalski 6:39.28 W55 Marion Irvine 5:39.28 W75 Anne Clarke 8:11.40  Open Mile 1 Jon Thanos M20 4:07.70 6 Ken Popejoy M35 4:25.47
Potomac Valley Seniors TC	M40 Bob Green   23.40	Hod Turner	Ruth Crenshaw   9-7   11-51   Anne Yudell   7-3     7-3	Centre Club Championships Libertyville, IL July 8   100m   11.14   Adrian Arambulo 12.77   M35 Al Wright 11.33   Morris Blueford 11.66   Tom Rewolinski 11.69   M40 Greg Miller 12.63   John Hess 13.25   M45 Jim Lee 11.94   Hans Gordon 12.26   Bill Moran 12.94   M50 Mike Davidson 13.70   Charles Townsend 14.33   Ed Hovorka 15.03   Ed Hovorka 15.03	M45 Vic Heckler 4:15.02 Gordon Beckmann 4:39.16 Mike Brazier 4:42.98 M50 Lyndon Ruber 5:21.62 Benny Wyatt 5:22.42 Dave Thompson 5:34.35 M55 Rich Kowalski 5:20.32 Ted Pasquesi 6:47.59 M60 Sheldon Lewis 7:04.06 Bob Gand 7:34.75 M65 Joe Schmidt 6:47.34 W30 Carla Hervert 4:55.79 Ann Trauscht 7:29.28 W35 Peg Cronin 5:32.02 W50 Marion Kowalski 6:39.28 W55 Marion Irvine 5:39.28 W75 Anne Clarke 8:11.40  Open Mile 1 Jon Thanos M20 4:07.70
Potomac Valley Seniors TC Developmental Meet Alexandria, VA July 9  100m Robert Arberg 41 12.83 Bob Goodwin 52 13.17 Joel Holman 58 13.77 Tom Beard 57 13.88 Kathryn Kelley 34 14.18 John Martin 62 15.1 Jean Udell W63 17.09 Buddy Clark 36 19.98 200m Robert Arberg 41 25.91 Sidney Wolfe 52 77.20 Albert Smith 37 27.4 Kathryn Kelley 34 29.14 Buddy Clark 36 30.1 Tom Beard 57 30.61 J J Wind 39 30.7	M40 Bob Green 23.40 Daniel Thiel 23.83 Willie Josie 25.34 M45 Thad Bell 23.43 Mance Cooper 25.20 Tobert Utley 25.70 M50 Sammy White 25.53 Mike Boudreaux 25.82 Jim Mathis 25.84 M55 John Poppell 26.50 Al Clark 28.10 Tom Vickers 30.61 W35 Donnis Drumgole 27.89 W40 Phil Rashker 26.30 Cathryn McCain 33.17 W45 Ann Draper 31.14 Ruth Crenshaw 37.27 Edna Bay 39.0 W50 Ann Holtzclaw 36.80 W55 Betty Vosburgh 32.75 Anne Yudell 36.4 Kathryn Welden 37.29	Hod Turner	Ruth Crenshaw   9-7   11-51   Anne Yudell   7-3     7-3	MIDWEST   Centre Club Championships Libertyville, IL July 8   100m   M30 Artego Jaunes   11.14 Adrian Arambulo   12.77   M35 Al Wright   11.33   Morris Blueford   11.66   M40 Greg Miller   12.63   John Hess   13.25   M45 Jim Lee   11.94   Hans Gordon   12.26   Bill Moran   12.94   M50 Mike Davidson   13.70   Charles Townsend   14.33   Ed Hovorka   15.03   M55 P Dobrovolny   12.23   Harry Brown   12.76	M45 Vic Heckler 4:15.02 Gordon Beckmann 4:39.16 Mike Brazier 4:42.98 M50 Lyndon Ruber 5:21.62 Benny Wyatt 5:22.42 Dave Thompson 5:34.35 M55 Rich Kowalski 5:20.32 Ted Pasquesi 6:47.59 M60 Sheldon Lewis 7:04.06 Bob Gand 7:34.75 M65 Joe Schmidt 6:47.34 W30 Carla Hervert 4:55.79 Ann Trauscht 7:29.28 W35 Peg Cronin 5:32.02 W50 Marion Kowalski 6:39.28 W55 Marion Irvine 5:39.28 W75 Anne Clarke 8:11.40  Open Mile 1 Jon Thanos M20 4:07.70 6 Ken Popejoy M35 7 Dan Skarda M30 4:25.47 7 Dan Skarda M30 5:10.14
Potomac Valley Seniors TC Developmental Meet Alexandria, VA July 9  100m Robert Arberg 41 12.83 Bob Goodwin 52 13.17 Joel Holman 58 13.77 Tom Beard 57 13.88 Kathryn Kelley 34 14.18 John Martin 62 15.1 Jean Udel1 W63 17.09 Buddy Clark 36 19.98 200m Robert Arberg 41 25.91 Sidney Wolfe 52 27.20 Albert Smith 37 27.4 Kathryn Kelley 34 29.14 Buddy Clark 36 30.1 Tom Beard 57 30.61 J J Wind 39 30.7 John Martin 62 32.3 Jean Udel1 W63 38.98	M40 Bob Green   23.40	Hod Turner	Ruth Crenshaw   9-7   11-51   Anne Yudell   7-3     Triple Jump   M30 David Mosley   37-51   M35 Chester Forsh   37-9   M40 Larry Jones   32-1   M45 Nate Carter   39-21   M45 Nate Carter   39-21   M50 N Delaneuville   33-41   M55 Phil Mulkey   33-11   M60 Buck Bradberry   33-7   M65 Tom Kennell   30-1   M70 Don Hull   23-2   M75 Charles Hirshey   M60 Hirshey   M60 Buck Bradberry   33-7   M65 Tom Kennell   30-1   M70 Don Hull   23-2   M75 Charles Hirshey   M60 Hirshey   M60 Buck Bradberry   31-7   M75 Charles Hirshey   M60 Hirs	Centre Club Championships Libertyville, IL July 8   100m	M45 Vic Heckler 4:15.02 Gordon Beckmann 4:39.16 Mike Brazier 4:42.98 M50 Lyndon Ruber 5:21.62 Benny Wyatt 5:22.42 Dave Thompson 5:34.35 M55 Rich Kowalski 5:20.32 Ted Pasquesi 6:47.59 M60 Sheldon Lewis 7:04.06 Bob Gand 7:34.75 M65 Joe Schmidt 6:47.34 W30 Carla Hervert 4:55.79 Ann Trauscht 7:29.28 W35 Peg Cronin 5:32.02 W50 Marion Kowalski 6:39.28 W55 Marion Irvine 5:39.28 W75 Anne Clarke 8:11.40  Open Mile 1 Jon Thanos M20 4:07.70 6 Ken Popejoy M35 7 Dan Skarda M30 4:30.36
Potomac Valley Seniors TC  Developmental Meet  Alexandria, VA  July 9  100m  Robert Arberg 41 12.83  Bob Goodwin 52 13.17  Joel Holman 58 13.77  Tom Beard 57 13.88  Kathryn Kelley 34 14.18  John Martin 62 15.1  Jean Udel1 W63 17.09  Buddy Clark 36 19.98  200m  Robert Arberg 41 25.91  Sidney Wolfe 52 27.20  Albert Smith 37 27.4  Kathryn Kelley 34 29.14  Buddy Clark 36 30.1  Tom Beard 57 30.61  J J Wind 39 30.7  John Martin 62 32.3	M40 Bob Green 23.40 Daniel Thiel 23.83 Willie Josie 25.34 M45 Thad Bell 23.43 Mance Cooper 25.20 Tobert Utley 25.70 M50 Sammy White 25.53 Mike Boudreaux 25.82 Jim Mathis 25.84 M55 John Poppell 26.50 Al Clark 28.10 Tom Vickers 30.61 W35 Donnis Drumgole 27.89 W40 Phil Rashker 26.30 Cathryn McCain 33.17 W45 Ann Draper 31.14 Ruth Crenshaw 37.27 Edna Bay 39.0 W50 Ann Holtzclaw 36.80 W55 Betty Vosburgh 32.75 Anne Yudell 36.4 Kathryn Welden 37.29  400m M30 Jay Mathis 52.82 K McCarragher 53.11 James Fisher 53.41 M35 Ellis Mayfield 52.49	Hod Turner	Ruth Crenshaw   9-7   11-51   Anne Yudell   7-3     7-3	Centre Club Championships Libertyville, IL July 8   100m	M45 Vic Heckler 4:15.02 Gordon Beckmann 4:39.16 Mike Brazier 4:42.98 M50 Lyndon Ruber 5:21.62 Benny Wyatt 5:22.42 Dave Thompson 5:34.35 M55 Rich Kowalski 5:20.32 Ted Pasquesi 6:47.59 M60 Sheldon Lewis 7:04.06 Bob Gand 7:34.75 M65 Joe Schnidt 6:47.34 W30 Carla Hervert 4:55.79 Ann Trauscht 7:29.28 W35 Peg Cronin 5:32.02 W50 Marion Kowalski 6:39.28 W55 Marion Irvine 5:39.28 W75 Anne Clarke 8:11.40  Open Mile 1 Jon Thanos M20 4:07.70 6 Ken Popejoy M35 4:25.47 7 Dan Skarda M30 4:30.36 1 Linda Gill W30 5:10.14
Potomac Valley Seniors TC Developmental Meet Alexandria, VA July 9  100m Robert Arberg 41 12.83 Bob Goodwin 52 13.17 Joel Holman 58 13.77 Tom Beard 57 13.88 Kathryn Kelley 34 14.18 John Martin 62 15.1 Jean Udel1 W63 17.09 Buddy Clark 36 19.98 200m Robert Arberg 41 25.91 Sidney Wolfe 52 27.20 Albert Smith 37 27.4 Kathryn Kelley 34 29.14 Buddy Clark 36 30.1 Tom Beard 57 30.61 J J Wind 39 30.7 John Martin 62 32.3 Jean Udel1 W63 38.98 400m Ralph Romain 56 55.22 J J Wind 39 61.2	M40 Bob Green 23.40 Daniel Thiel 23.83 Willie Josie 25.34 M45 Thad Bell 23.43 Mance Cooper 25.20 Tobert Utley 25.70 M50 Sammy White 25.53 Mike Boudreaux 25.82 Jim Mathis 25.84 M55 John Poppell 26.50 Al Clark 28.10 Tom Vickers 30.61 W35 Donnis Drumgole 27.89 W40 Phil Rashker 26.30 Cathryn McCain 33.17 W45 Ann Draper 31.14 Ruth Crenshaw 37.27 Edna Bay 39.0 W50 Ann Holtzclaw 36.80 W55 Betty Vosburgh 32.75 Anne Yudell 36.4 Kathryn Welden 37.29  400m M30 Jay Mathis 52.82 K McCarragher 53.11 James Fisher 53.41 M35 Ellis Mayfield 52.49 Stephen Foster 53.39 Mike Baird 54.63	Hod Turner	Ruth Crenshaw   9-7   11-51   Anne Yudell   7-3   7-	Centre Club Championships   Libertyville, IL   July 8	M45 Vic Heckler 4:15.02 Gordon Beckmann 4:39.16 Mike Brazier 4:42.98 M50 Lyndon Ruber 5:21.62 Benny Wyatt 5:22.42 Dave Thompson 5:34.35 M55 Rich Kowalski 5:20.32 Ted Pasquesi 6:47.59 M60 Sheldon Lewis 7:04.06 Bob Gand 7:34.75 M65 Joe Schmidt 6:47.34 W30 Carla Hervert 4:55.79 Ann Trauscht 7:29.28 W35 Peg Cronin 5:32.02 W50 Marion Kowalski 6:39.28 W55 Marion Irvine 5:39.28 W75 Anne Clarke 8:11.40  Open Mile 1 Jon Thanos M20 4:07.70 6 Ken Popejoy M35 4:25.47 7 Dan Skarda M30 4:30.36 1 Linda Gill W30 5:10.14  3000m M30 Steve Wikner 9:14.68 Joel Peebles 10:02.95 Robert Oliver 16:37.94 M40 Jim Mellen 10:11.16
Potomac Valley Seniors TC Developmental Meet Alexandria, VA July 9  100m Robert Arberg 41 12.83 Bob Goodwin 52 13.17 Joel Holman 58 13.77 Tom Beard 57 13.88 Kathryn Kelley 34 14.18 John Martin 62 15.1 Jean Udell W63 17.09 Buddy Clark 36 19.98 200m Robert Arberg 41 25.91 Sidney Wolfe 52 27.20 Albert Smith 37 27.4 Kathryn Kelley 34 29.14 Buddy Clark 36 30.1 Tom Beard 57 30.61 J J Wind 39 30.7 John Martin 62 32.3 Jean Udell W63 38.98 400m Ralph Romain 56 55.22 J J Wind 39 61.2 Andy Mullins 38 77.98 8000m	M40 Bob Green 23.40 Daniel Thiel 23.83 Willie Josie 25.34 M45 Thad Bell 23.43 Mance Cooper 25.20 Tobert Utley 25.70 M50 Sammy White 25.53 Mike Boudreaux 25.82 Jim Mathis 25.84 M55 John Poppell 26.50 Al Clark 28.10 Tom Vickers 30.61 W35 Donnis Drumgole 27.89 W40 Phil Rashker 26.30 Cathryn McCain 33.17 W45 Ann Draper 31.14 Ruth Crenshaw 37.27 Edna Bay 39.0 W50 Ann Holtzclaw 36.80 W55 Betty Vosburgh 32.75 Anne Yudell 36.4 Kathryn Welden 37.29  400m M30 Jay Mathis 52.82 K McCarragher 53.11 James Fisher 53.41 M35 Elliis Mayfield 52.49 Stephen Foster 53.39 Mike Baird 54.63 M40 Danny Thiel 54.6 Alvin Seale 56.01	Hod Turner	Ruth Crenshaw   9-7   11-51   Anne Yudell   7-3     7-3	Centre Club Championships   Libertyville, IL   July 8	M45 Vic Heckler 4:15.02 Gordon Beckmann 4:39.16 Mike Brazier 4:42.98 M50 Lyndon Ruber 5:21.62 Benny Wyatt 5:22.42 Dave Thompson 5:34.35 M55 Rich Kowalski 5:20.32 Ted Pasquesi 6:47.59 M60 Sheldon Lewis 7:04.06 Bob Gand 7:34.75 M65 Joe Schmidt 6:47.34 W30 Carla Hervert 4:55.79 Ann Trauscht 7:29.28 W35 Peg Cronin 5:32.02 W50 Marion Kowalski 6:39.28 W55 Marion Irvine 5:39.28 W75 Anne Clarke 8:11.40  Open Mile 1 Jon Thanos M20 4:07.70 6 Ken Popejoy M35 4:25.47 7 Dan Skarda M30 4:30.36 1 Linda Gill W30 5:10.14  3000m M30 Steve Wikner 9:14.68 Joel Peebles 10:02.95 Robert Oliver 16:37.94
Potomac Valley Seniors TC Developmental Meet Alexandria, VA July 9  100m Robert Arberg 41 12.83 Bob Goodwin 52 13.17 Joel Holman 58 13.77 Tom Beard 57 13.88 Kathryn Kelley 34 14.18 John Martin 62 15.1 Jean Udel1 W63 17.09 Buddy Clark 36 19.98 200m Robert Arberg 41 25.91 Sidney Wolfe 52 27.20 Albert Smith 37 27.4 Kathryn Kelley 34 29.14 Buddy Clark 36 30.1 Tom Beard 57 30.61 J J Wind 39 30.7 John Martin 62 32.3 Jean Udel1 W63 38.98 400m Ralph Romain 56 55.22 J J Wind 39 61.2 Andy Mullins 38 77.98 800m Steve Bell M30 2:05.24 Bob Weiner 42 2:14.8	M40 Bob Green 23.40 Daniel Thiel 23.83 Willie Josie 25.34 M45 Thad Bell 23.43 Mance Cooper 25.20 Tobert Utley 25.70 M50 Sammy White 25.53 Mike Boudreaux 25.82 Jim Mathis 25.84 M55 John Poppell 26.50 Al Clark 28.10 Tom Vickers 30.61 W35 Donnis Drumgole 27.89 W40 Phil Rashker 26.30 Cathryn McCain 33.17 W45 Ann Draper 31.14 Ruth Crenshaw 37.27 Edna Bay 39.0 W50 Ann Holtzclaw 36.80 W55 Betty Vosburgh 32.75 Anne Yudell 36.4 Kathryn Welden 37.29  400m M30 Jay Mathis 52.82 K McCarragher 53.11 James Fisher 53.41 M35 Ellis Mayfield 52.49 Stephen Foster 53.39 Mike Baird 54.63 M40 Danny Thiel 54.6 M41 Josey 56.78	Hod Turner	Ruth Crenshaw   9-7   11-51   Anne Yudell   7-3   7-3   7-51   7-3   7-51   7-3   7-51   7-3   7-51   7-5	MIDWEST   Centre Club Championships   Libertyville, IL   July 8     100m   M30   Artego Jaunes   11.14   Adrian Arambulo   12.77   M35   Al Wright   11.33   Morris Blueford   11.66   Tom Rewolinski   11.69   M40   Greg Miller   12.63   John Hess   13.25   M45   Jim Lee   11.94   Hans Gordon   12.26   Bill Moran   12.94   M50   Mike Davidson   13.70   Charles Townsend   14.33   Ed Hovorka   15.03   M55   P Dobrovolny   12.23   Harry Brown   12.76   Bob Sobolewski   13.27   M60   Chuck Sochor   13.35   M65   Joe Bergthold   13.81   Mel Buschman   15.61   M70   Mel Flachs   16.81   W30   Kris Wright   14.28   Lauren Zahn   14.30   W35   Leah Revolinski   15.77   15.77   M30   M35   Leah Revolinski   15.77   M30   M35   M30   M30	M45 Vic Heckler 4:15.02 Gordon Beckmann 4:39.16 Mike Brazier 4:42.98 M50 Lyndon Ruber 5:21.62 Benny Wyatt 5:22.42 Dave Thompson 5:34.35 M55 Rich Kowalski 5:20.32 Ted Pasquesi 6:47.59 M60 Sheldon Lewis 7:04.06 Bob Gand 7:34.75 M65 Joe Schmidt 6:47.34 W30 Carla Hervert 4:55.79 Ann Trauscht 7:29.28 W35 Peg Cronin 5:32.02 W50 Marion Kowalski 6:39.28 W55 Marion Irvine 5:39.28 W75 Anne Clarke 8:11.40  Open Mile 1 Jon Thanos M20 4:07.70 6 Ken Popejoy M35 4:25.47 7 Dan Skarda M30 4:30.36 1 Linda Gill W30 5:10.14  3000m M30 Steve Wikner 9:14.68 Joel Peebles 10:02.95 Robert Oliver 16:37.94 M40 Jim Mellen 10:11.16 Kent Romanus 13:20.14 M50 Bob Pates 11:14.81 Lynndon Ruber 11:27.11
Potomac Valley Seniors TC Developmental Meet Alexandria, VA July 9  100m Robert Arberg 41 12.83 Bob Goodwin 52 13.17 Joel Holman 58 13.77 Tom Beard 57 13.88 Kathryn Kelley 34 14.18 John Martin 62 15.1 Jean Udell W63 17.09 Buddy Clark 36 19.98 200m Robert Arberg 41 25.91 Sidney Wolfe 52 27.20 Albert Smith 37 27.4 Kathryn Kelley 34 29.14 Buddy Clark 36 30.1 Tom Beard 57 30.61 J J Wind 39 30.7 John Martin 62 32.3 Jean Udell W63 38.98 400m Ralph Romain 56 55.22 J J Wind 39 61.2 Andy Mullins 38 77.98 800m Steve Bell M30 2:05.24 Bob Weiner 42 2:14.8 Kevin Ray 30 2:17.03	M40 Bob Green 23.40 Daniel Thiel 23.83 Willie Josie 25.34 M45 Thad Bell 23.43 Mance Cooper 25.20 Tobert Utley 25.70 M50 Sammy White 25.53 Mike Boudreaux 25.82 Jim Mathis 25.84 M55 John Poppell 26.50 Al Clark 28.10 Tom Vickers 30.61 W35 Donnis Drumgole 27.89 W40 Phil Rashker 26.30 Cathryn McCain 33.17 W45 Ann Draper 31.14 Ruth Crenshaw 37.27 Edna Bay 39.0 W50 Ann Holtzclaw 36.80 W55 Betty Vosburgh 32.75 Anne Yudell 36.4 Kathryn Welden 37.29  400m M30 Jay Mathis 52.82 K McCarragher 53.11 James Fisher 53.41 M35 Ellis Mayfield 52.49 Stephen Foster 53.39 Mike Baird 54.63 M40 Danny Thiel 54.6 Alvin Seale 56.01 Willie Josey 56.78 M45 Harry Tolliver 55.86	Hod Turner	Ruth Crenshaw   9-7   11-51   Anne Yudell   7-3     7-3	Centre Club Championships   Libertyville, IL   July 8	M45 Vic Heckler Gordon Beckmann Mike Brazier Mike Brazier M50 Lyndon Ruber Benny Wyatt Dave Thompson M55 Rich Kowalski M60 Sheldon Lewis M60 Sond M60 Sond M60 Gand M60 Gand M60 Gand M60 Sechnidt M61 Geronin M62 Garla Hervert M63 Peg Cronin M63 Peg Cronin M65 Marion Kowalski M65 Marion Irvine M65 Marion Irvine M65 Marion M60 M61
Potomac Valley Seniors TC Developmental Meet Alexandria, VA July 9  100m Robert Arberg 41 12.83 Bob Goodwin 52 13.17 Joel Holman 58 13.77 Tom Beard 57 13.88 Kathryn Kelley 34 14.18 John Martin 62 15.1 Jean Udel1 W63 17.09 Buddy Clark 36 19.98 200m Robert Arberg 41 25.91 Sidney Wolfe 52 27.20 Albert Smith 37 27.4 Kathryn Kelley 34 29.14 Buddy Clark 36 30.1 Tom Beard 57 30.61 J J Wind 39 30.7 John Martin 62 32.3 Jean Udel1 W63 38.98 400m Ralph Romain 56 55.22 J J Wind 39 61.2 Andy Mullins 38 77.98 800m Steve Bell M30 2:05.24 Bob Weiner 42 2:14.8 Kevin Ray 30 2:17.03 J 500m	M40 Bob Green 23.40 Daniel Thiel 23.83 Willie Josie 25.34 M45 Thad Bell 23.43 Mance Cooper 25.20 Tobert Utley 25.70 M50 Sammy White 25.53 Mike Boudreaux 25.82 Jim Mathis 25.84 M55 John Poppell 26.50 Al Clark 28.10 Tom Vickers 30.61 W35 Donnis Drumgole 27.89 W40 Phil Rashker 26.30 Cathryn McCain 33.17 W45 Ann Draper 31.14 Ruth Crenshaw 37.27 Edna Bay 39.0 W50 Ann Holtzclaw 36.80 W55 Betty Vosburgh 32.75 Anne Yudell 36.4 Kathryn Welden 37.29  400m M30 Jay Mathis 52.82 K McCarragher 53.11 James Fisher 53.41 M35 Ellis Mayfield 52.49 Stephen Foster 53.39 Mike Baird 54.63 M40 Danny Thiel 54.6 Alvin Seale 56.01 Willie Josey 55.78 M45 Harry Tolliver 55.86 Tobert Utley 57.71 Mance Cooper 58.78 M50 Jim Mathis 56.0	Hod Turner	Ruth Crenshaw W55 Betty Vosburgh Anne Yudell 7-3  Triple Jump M30 David Mosley M35 Chester Forsh M40 Larry Jones M45 Nate Carter Nate Alexander M55 Phil Mulkey M55 Phil Mulkey M65 Tom Kennell M70 Don Hull M75 Charles Hirshey M40 Phil Raschker M45 Ann Carter M30 Kevin Holdaway M35 Jim Accardi M40 John Harper Charles Booher Greg Hardwick M45 Mike Valle M40 John Harper Charles Booher Greg Hardwick M45 Mike Valle M46 Mance Cooper M55 Phil Mulkey M47 Mike Valle M68 Ron Carter M59 Ron Carter M59 Ron Carter M50 Buck Bradberry M60 Buck Bradbery	MIDWEST	M45 Vic Heckler 4:15.02 Gordon Beckmann 4:39.16 Mike Brazier 4:42.98 M50 Lyndon Ruber 5:21.62 Benny Wyatt 5:22.42 Dave Thompson 5:34.35 M55 Rich Kowalski 5:20.32 Ted Pasquesi 6:47.59 M60 Sheldon Lewis 7:04.06 Bob Gand 7:34.75 M65 Joe Schmidt 6:47.34 W30 Carla Hervert 4:55.79 Ann Trauscht 7:29.28 W35 Peg Cronin 5:32.02 W50 Marion Kowalski 6:39.28 W55 Marion Irvine 5:39.28 W75 Anne Clarke 8:11.40  Open Mile 1 Jon Thanos M20 4:07.70 6 Ken Popejoy M35 4:25.47 7 Dan Skarda M30 4:30.36 1 Linda Gill W30 5:10.14  3000m M30 Steve Wikner 9:14.68 Joel Peebles 10:02.95 Robert Oliver 16:37.94 M40 Jim Mellen 10:11.16 Kent Romanus 13:20.14 M50 Bob Pates 11:27.11 David Thompson 11:56.99
Potomac Valley Seniors TC Developmental Meet Alexandria, VA July 9  100m Robert Arberg 41 12.83 Bob Goodwin 52 13.17 Joel Holman 58 13.77 Tom Beard 57 13.88 Kathryn Kelley 34 14.18 John Martin 62 15.1 Jean Udell W63 17.09 Buddy Clark 36 19.98 200m Robert Arberg 41 25.91 Sidney Wolfe 52 27.20 Albert Smith 37 27.4 Kathryn Kelley 34 29.14 Buddy Clark 36 30.1 Tom Beard 57 30.61 J J Wind 39 30.7 John Martin 62 32.3 Jean Udell W63 38.98 400m Ralph Romain 56 55.22 J J Wind 39 61.2 Andy Mullins 38 77.98 800m Steve Bell M30 2:05.24 Bob Weiner 42 2:14.8 Kevin Ray 30 2:33.39 1500m J J Wind 39 2:33.39 1500m J J Wind 39 4:35 Kevin Ray 30 4:55	M40 Bob Green 23.40 Daniel Thiel 23.83 Willie Josie 25.34 M45 Thad Bell 23.43 Mance Cooper 25.20 Tobert Utley 25.70 M50 Sammy White 25.53 Mike Boudreaux 25.82 Jim Mathis 25.84 M55 John Poppell 26.50 Al Clark 28.10 Tom Vickers 30.61 W35 Donnis Drumgole 27.89 W40 Phil Rashker 26.30 Cathryn McCain 33.17 W45 Ann Draper 31.14 Ruth Crenshaw 37.27 Edna Bay 39.0 W50 Ann Holtzclaw 36.80 W55 Betty Vosburgh 32.75 Anne Yudell 36.4 Kathryn Welden 37.29  400m M30 Jay Mathis 52.82 K McCarragher 53.11 James Fisher 53.41 M35 Ellis Mayfield 52.49 Stephen Foster 53.39 Mike Baird 54.63 M40 Danny Thiel 54.6 Alvin Seale 56.01 Willie Josey 56.78 M45 Harry Tolliver 55.86 Tobert Utley 57.71 Mance Cooper 58.78 M50 Jim Mathis 56.0	Hod Turner	Ruth Crenshaw W55 Betty Vosburgh Anne Yudell 7-3  Triple Jump M30 David Mosley M35 Chester Forsh M40 Larry Jones M45 Nate Carter Harold Drumgole Nate Alexander M50 N Delaneuville M55 Phil Mulkey M60 Buck Bradberry M75 Charles Hirshey M40 Phil Raschker M45 Ann Carter Ruth Crenshaw M55 Jim Accardi M40 John Harper Charles Booher Greg Hardwick M55 Mike Valle M60 Buck Bradberry M30 Kevin Holdaway M35 Jim Accardi M40 John Harper Charles Booher Greg Hardwick M45 Mike Valle M60 Buck Bradberry M60 Buck Bradbery	Centre Club Championships   Libertyville, IL   July 8	M45 Vic Heckler Gordon Beckmann Mike Brazier Mike Brazier M50 Lyndon Ruber Benny Wyatt Dave Thompson M55 Rich Kowalski M60 Sheldon Lewis M60 Sheldon Lewis M60 Sheldon Lewis M60 Schmidt M61 German M65 Joe Schmidt M65 Joe Schmidt M65 Joe Schmidt M65 Marion Kowalski M65 Marion Kowalski M65 Marion Kowalski M65 Marion Rowalski M65 Marion Irvine M65 Marion M60
Potomac Valley Seniors TC Developmental Meet Alexandria, VA July 9  100m Robert Arberg 41 12.83 Bob Goodwin 52 13.17 Joel Holman 58 13.77 Tom Beard 57 13.88 Kathryn Kelley 34 14.18 John Martin 62 15.1 Jean Udel1 W63 17.09 Buddy Clark 36 19.98 200m Robert Arberg 41 25.91 Sidney Wolfe 52 27.20 Albert Smith 37 27.4 Kathryn Kelley 34 29.14 Buddy Clark 36 30.1 Tom Beard 57 30.61 J J Wind 39 30.7 John Martin 62 32.3 Jean Udel1 W63 38.98 400m Ralph Romain 56 55.22 J J Wind 39 61.2 Andy Mullins 38 77.98 800m Steve Bell M30 2:05.24 Bob Weiner 42 2:14.8 Kevin Ray 30 2:33.39 1500m J J Wind 39 4:35 Kevin Ray 30 4:55 Nevlie Hewson 66 5:56	M40 Bob Green 23.40 Daniel Thiel 23.83 Willie Josie 25.34 M45 Thad Bell 23.43 Mance Cooper 25.20 Tobert Utley 25.70 M50 Sammy White 25.53 Mike Boudreaux 25.82 Jim Mathis 25.84 M55 John Poppell 26.50 Al Clark 28.10 Tom Vickers 30.61 W35 Donnis Drumgole 27.89 W40 Phil Rashker 26.30 Cathryn McCain 33.17 W45 Ann Draper 31.14 Ruth Crenshaw 37.27 Edna Bay 39.0 W50 Ann Holtzclaw 36.80 W55 Betty Vosburgh 32.75 Anne Yudell 36.4 Kathryn Welden 37.29  400m M30 Jay Mathis 52.82 K McCarragher 53.11 James Fisher 53.41 M35 Ellis Mayfield 52.49 Stephen Foster 53.39 Mike Baird 54.63 M40 Danny Thiel 54.6 M40 Danny Thiel 54.6 M41 Dasny Thiel 55.86 Tobert Utley 57.71 Mance Cooper 58.78 M50 Jim Mathis 56.0 Lsaac Latimore Marice Fast 66.2 M55 Ted Sjogren 60.7	Hod Turner	Ruth Crenshaw W55 Betty Vosburgh Anne Yudell 7-3  Triple Jump M30 David Mosley M35 Chester Forsh M40 Larry Jones M45 Nate Carter Nate Alexander M55 Phil Mulkey M55 Phil Mulkey M65 Tom Kennell M70 Don Hull M75 Charles Hirshey M40 Phil Raschker M45 Ann Carter M30 Kevin Holdaway M35 Jim Accardi M40 John Harper Charles Booher Greg Hardwick M45 Mike Valle M40 John Harper Charles Booher Greg Hardwick M45 Mike Valle M46 Mance Cooper M55 Phil Mulkey M47 Mike Valle M68 Ron Carter M59 Ron Carter M59 Ron Carter M50 Buck Bradberry M60 Buck Bradbery	MIDWEST	M45 Vic Heckler   Gordon Beckmann   Mike Brazier   4:42.98
Potomac Valley Seniors TC Developmental Meet Alexandria, VA July 9  100m Robert Arberg 41 12.83 Bob Goodwin 52 13.17 Joel Holman 58 13.77 Tom Beard 57 13.88 Kathryn Kelley 34 14.18 John Martin 62 15.1 Jean Udell W63 17.09 Buddy Clark 36 19.98 200m Robert Arberg 41 25.91 Sidney Wolfe 52 27.20 Albert Smith 37 27.4 Kathryn Kelley 34 29.14 Buddy Clark 36 30.1 Tom Beard 57 30.61 J J Wind 39 30.7 John Martin 62 32.3 Jean Udell W63 38.98 400m Ralph Romain 56 55.22 J J Wind 39 61.2 Andy Mullins 38 77.98 800m Steve Bell M30 2:05.24 Bob Weiner 42 2:14.8 Kevin Ray 30 2:33.39 1500m J J Wind 39 4:35 Kevin Ray 30 4:55 Newlie Hewson 66 5:56 3000m J J. Wind 39 10:07	M40 Bob Green 23.40 Daniel Thiel 23.83 Willie Josie 25.34 M45 Thad Bell 23.43 Mance Cooper 25.20 Tobert Utley 25.70 M50 Sammy White 25.53 Mike Boudreaux 25.82 Jim Mathis 25.84 M55 John Poppell 26.50 Al Clark 28.10 Tom Vickers 30.61 W35 Donnis Drumgole 27.89 W40 Phil Rashker 26.30 Cathryn McCain 33.17 W45 Ann Draper 31.14 Ruth Crenshaw 37.27 Edna Bay 39.0 W50 Ann Holtzclaw 36.80 W55 Betty Vosburgh 32.75 Anne Yudell 36.4 Kathryn Welden 37.29  400m M30 Jay Mathis 52.82 K McCarragher 53.11 James Fisher 53.41 M35 Ellis Mayfield 52.49 Stephen Foster 53.39 Mike Baird 54.63 M40 Danny Thiel 54.6 Alvin Seale 56.01 Willie Josey 56.78 M45 Harry Tolliver 55.86 Tobert Utley 57.71 Mance Cooper 58.78 M50 Jiam Mathis 56.0 Lisaac Latimore Marice Fast 66.2 M55 Ted Sjogren 60.7 Casey Jones 65.0 Tom Vickers 66.2	Hod Turner	Ruth Crenshaw W55 Betty Vosburgh Anne Yudell 7-3  Triple Jump M30 David Mosley M35 Chester Forsh M40 Larry Jones M45 Nate Carter Harold Drumgole Nate Alexander M50 N Delaneuville M55 Phil Mulkey M60 Buck Bradberry M70 Don Hull M75 Charles Hirshey M40 Phil Raschker M45 Ann Carter Ruth Crenshaw M55 Jim Accardi M40 John Harper Charles Booher Greg Hardwick M30 Kevin Holdaway M35 Jim Accardi M40 John Harper Charles Booher Greg Hardwick M30 Kevin Holdaway M35 Jim Accardi M40 John Harper Charles Booher Greg Hardwick M30 Kevin Holdaway M35 Jim Accardi M40 John Harper Charles Booher Greg Hardwick M30 Kevin Holdaway M35 Jim Accardi M40 John Harper Charles Booher Greg Hardwick M30 Kevin Holdaway M55 Phil Mulkey M40 John Harper Charles Booher Greg Hardwick M30 Kevin Holdaway M35 Jim Accardi M40 John Harper Charles Booher Greg Hardwick M30 Kevin Holdaway M30 Jim Accardi M40 John Harper Charles Booher Greg Hardwick M40 John Harper M50 Ron Carter M55 Phil Mulkey M40 John Harper M50 Ron Carter M50 Buck Bradberry M50 Buck	Centre Club Championships   Libertyville, IL   July 8	M45 Vic Heckler Gordon Beckmann Mike Brazier Mike Brazier M50 Lyndon Ruber Benny Wyatt Dave Thompson M55 Rich Kowalski M60 Sheldon Lewis M60 Marion Kowalski M60 Marion Kowalski M60 Marion Kowalski M60 Marion Kowalski M60 Sheldon Lewis M60 Marion Kowalski M60 Sheldon Lewis M60 M60 Sheldon Lewis M60 Swanberg M60 Sw
Potomac Valley Seniors TC Developmental Meet Alexandria, VA July 9  100m Robert Arberg 41 12.83 Bob Goodwin 52 13.17 Joel Holman 58 13.77 Tom Beard 57 13.88 Kathryn Kelley 34 14.18 John Martin 62 15.1 Jean Udell W63 17.09 Buddy Clark 36 19.98 200m Robert Arberg 41 25.91 Sidney Wolfe 52 27.20 Albert Smith 37 27.4 Kathryn Kelley 34 29.14 Buddy Clark 36 30.1 Tom Beard 57 30.61 J J Wind 39 30.7 John Martin 62 32.3 Jean Udell W63 38.98 400m Ralph Romain 56 55.22 J J Wind 39 61.2 Andy Mullins 38 77.98 800m Steve Bell M30 2:05.24 Bob Weiner 42 2:14.8 Kevin Ray 30 2:17.03 J J Wind 39 4:35 Kevin Ray 30 4:55 Newlie Hewson 66 5:56 3000m J J Wind 39 10:07 Shot Put Ed McComas 55 44-6	M40 Bob Green	Hod Turner	Ruth Crenshaw   9-7   11-51   Anne Yudell   7-3   Triple Jump   M30 David Mosley   37-51   M35 Chester Forsh   37-9   M40 Larry Jones   32-1   M45 Nate Carter   39-21   M45 Nate Carter   39-21   M50 N Delaneuville   33-41   M55 Phil Mulkey   33-11   M60 Buck Bradberry   33-7   M65 Tom Kennell   30-1   M70 Don Hull   23-2   M75 Charles Hirshey   M60 Buck Bradberry   31-7   M75 Charles Hirshey   M60 Buck Bradberry   M60 Buck	Centre Club Championships   Libertyville, IL   July 8	M45 Vic Heckler Gordon Beckmann Mike Brazier Mike Brazier M50 Lyndon Ruber Benny Wyatt Dave Thompson M55 Rich Kowalski Ted Pasquesi M60 Sheldon Lewis M55 Joe Schmidt M65 Joe Schmidt M65 Joe Schmidt M65 Joe Schmidt M65 Marion Kowalski M65 Marion Kowalski M65 Marion Rowalski M66 Marion M20 M67 Marion M20 M68 M67
Potomac Valley Seniors TC Developmental Meet Alexandria, VA July 9  100m Robert Arberg 41 12.83 Bob Goodwin 52 13.17 Joel Holman 58 13.77 Tom Beard 57 13.88 Kathryn Kelley 34 14.18 John Martin 62 15.1 Jean Udell W63 17.09 Buddy Clark 36 19.98 200m Robert Arberg 41 25.91 Sidney Wolfe 52 27.20 Albert Smith 37 27.4 Kathryn Kelley 34 29.14 Buddy Clark 36 30.1 Tom Beard 57 30.61 J J Wind 39 30.7 John Martin 62 32.3 Jean Udell W63 38.98 400m Ralph Romain 56 55.22 J J Wind 39 61.2 Andy Mullins 38 77.98 800m Steve Bell M30 2:05.24 Bob Weiner 42 2:14.8 Kevin Ray 30 4:35 Kevin Ray 30 4:35 Newlie Hewson 66 5:56 3000m J J Wind 39 10:07 Shot Put Ed McComas 55 44-6 Phil Scudieri 53 35-10 Toli Wellhozky 43 35-4	M40 Bob Green 23.40 Daniel Thiel 23.83 Willie Josie 25.34 M45 Thad Bell 23.43 Mance Cooper 25.20 Tobert Utley 25.70 M50 Sammy White 25.53 Mike Boudreaux 25.82 Jim Mathis 25.84 M55 John Poppell 26.50 Al Clark 28.10 Tom Vickers 30.61 W35 Donnis Drumgole 27.89 W40 Phil Rashker 26.30 Cathryn McCain 33.17 W45 Ann Draper 31.14 Ruth Crenshaw 37.27 Edna Bay 39.0 W50 Ann Holtzclaw 36.80 W55 Betty Vosburgh 32.75 Anne Yudell 36.4 Kathryn Welden 37.29  400m M30 Jay Mathis 52.82 K McCarragher 33.11 James Fisher 53.41 M35 Ellis Mayfield 52.49 Stephen Foster 53.39 Mike Baird 54.63 M40 Danny Thiel 54.6 Alvin Seale 56.01 Willie Josey 56.78 M45 Harry Tolliver 55.86 Tobert Utley 57.71 Mance Cooper M57.79 M50 Jim Mathis 56.0 Lisaac Latimore Marice Fast 66.2 M55 Ted Sjogren 60.7 Casey Jones 65.0 Tom Vickers 68.2 W50 Ann Holtzclaw 83.68	Hod Turner	Ruth Crenshaw 9-7 W55 Betty Vosburgh Anne Yudell 7-3  Triple Jump M30 David Mosley 37-5½ M35 Chester Forsh 37-9 M40 Larry Jones 32-½ M45 Nate Carter 39-2½ M45 Nate Carter 39-2½ M50 N Delaneuville 33-4½ M55 Phil Mulkey 33-11 M60 Buck Bradberry 33-7 M65 Tom Kennell 30-½ M75 Charles Hirshey 16-1 W40 Phil Raschker 34-11 W45 Ann Carter 23-10 Ruth Crenshaw 18-8  Shot Put M30 Kevin Holdaway 32-3 M35 Jim Accardi 41-2½ M40 John Harper 40-7 Charles Booher 34-3 Greg Hardwick 32-8 3/4 M45 Mike Valle 34-6 Mance Cooper 31-1½ M50 Ron Carter 41-2½ M55 Phil Mulkey 44-7½ M60 Buck Bradberry 32-10½ Gordon Seifert 30-1 M70 Don Hull 30-6½ M75 Jack Wood 29-3 Charles Hirshey 28-5 W40 L Struppeck 28-10 Cathryn McCain 20-7½  Discus M35 Russ Baker 120-0 Jim Accardi 87-5 M40 John Harper 130-1	Centre Club Championships   Libertyville, IL   July 8	M45 Vic Heckler Gordon Beckmann Mike Brazier M50 Lyndon Ruber Benny Wyatt Dave Thompson M55 Rich Kowalski Ted Pasquesi M60 Sheldon Lewis M65 Joe Schmidt M65 Joe Schmidt M65 Peg Cronin M65 Marion Kowalski M65 Marion Rowalski M65 Marion Rowalski M65 Marion Irvine M65 Marion M20 M66 Ken Popejoy M35 M67 Dan Skarda M30 M68 M30 Steve Wikner M69 M30 Steve Wikner M69 M30 Steve Wikner M60
Potomac Valley Seniors TC Developmental Meet Alexandria, VA July 9  100m Robert Arberg 41 12.83 Bob Goodwin 52 13.17 Joel Holman 58 13.77 Tom Beard 57 13.88 Kathryn Kelley 34 14.18 John Martin 62 15.1 Jean Udell W63 17.09 Buddy Clark 36 19.98 200m Robert Arberg 41 25.91 Sidney Wolfe 52 27.20 Albert Smith 37 27.4 Kathryn Kelley 34 29.14 Buddy Clark 36 30.1 Tom Beard 57 30.61 J J Wind 39 30.7 John Martin 62 32.3 Jean Udell W63 38.98 400m Ralph Romain 56 55.22 J J Wind 39 61.2 Andy Mullins 38 77.98 800m Steve Bell M30 2:05.24 Bob Weiner 42 2:14.8 Kevin Ray 30 2:17.03 J J Wind 39 2:33.39 1500m J J Wind 39 4:35 Kevin Ray 30 4:55 Newlie Hewson 66 5:56 3000m J J Wind 39 10:07 Shot Put Ed McComas 55 44-6 Phil Scudieri 53 35-10 Toli Welthozky 43 35-44 Russ White 45 33-5}	M40 Bob Green 23.40 Daniel Thiel 23.83 Willie Josie 25.34 M45 Thad Bell 23.43 Mance Cooper 25.20 Tobert Utley 25.70 M50 Sammy White 25.53 Mike Boudreaux 25.82 Jim Mathis 25.84 M55 John Poppell 26.50 Al Clark 28.10 Tom Vickers 30.61 W35 Donnis Drumgole 27.89 W40 Phil Rashker 26.30 Cathryn McCain 33.17 W45 Ann Draper 31.14 Ruth Crenshaw 37.27 Edna Bay 39.0 W50 Ann Holtzclaw 36.80 W55 Betty Vosburgh 32.75 Anne Yudell 36.4 Kathryn Welden 37.29  400m M30 Jay Mathis 52.82 K McCarragher 53.11 James Fisher 53.41 M35 Ellis Mayfield 52.49 Stephen Foster 53.39 Mike Baird 54.63 M40 Danny Thiel 54.6 M40 Danny Thiel 54.6 M40 Danny Thiel 54.6 M40 Danny Thiel 55.86 Tobert Utley 57.71 Mance Cooper 58.78 M50 Jim Mathis 15aac Latimore Marice Fast 66.2 M55 Ted Sjogren 60.7 Casey Jones Tow Vickers 68.2 W55 Betty Vosburgh 74.75 W60 Pat Peterson 88.55	Hod Turner	Ruth Crenshaw 9-7 W55 Betty Vosburgh Anne Yudell 7-3  Triple Jump M30 David Mosley 37-5} M35 Chester Forsh 37-9 M40 Larry Jones 32-1 H45 Nate Carter 39-2} M45 Nate Carter 39-2} M55 Phil Mulkey 33-11 M50 Phil Mulkey 33-11 M70 Don Hull 23-2 M70 Don Hull 23-2 M70 Phil Raschker 34-11 W45 Ann Carter 23-10 Ruth Crenshaw 18-8  Shot Put M30 Kevin Holdaway 32-3 M35 Jim Accardi 41-2} M40 John Harper 40-7 3/4 Charles Booher 34-3 Greg Hardwick 32-8 3/4 M45 Mike Valle 34-6 Mance Cooper 31-1} M50 Ron Carter 41-22 M55 Phil Mulkey 44-7 M50 Ron Carter 41-24 M50 Buck Bradberry 32-10} Gordon Seifert 30-1 M70 Don Hull 30-6} M50 Ron Carter 41-24 M50 Phil Raschker 32-10 Gordon Seifert 30-1 M70 Don Hull 30-6} M50 Ron Carter 41-24 M50 Buck Bradberry 32-10} Gordon Seifert 30-1 M70 Don Hull 30-6} M55 Ron Carter 41-24 M60 Buck Bradberry 32-10} Gordon Seifert 30-1 M75 Jack Wood 29-3 Charles Hirshey 28-5 W40 L Struppeck 32-1 Phil Raschker 25-10 Cathryn McCain 20-7  Discus M35 Russ Baker 120-0 Jim Accardi 87-5 M40 John Harper 134-7 Charles Booher 115-3 M45 Mike Valle 115-3	Centre Club Championships   Libertyville, IL   July 8	M45 Vic Heckler   Gordon Beckmann   Mike Brazier   4:42.98
Potomac Valley Seniors TC Developmental Meet Alexandria, VA July 9  100m Robert Arberg 41 12.83 Bob Goodwin 52 13.17 Joel Holman 58 13.77 Tom Beard 57 13.88 Kathryn Kelley 34 14.18 John Martin 62 15.1 Jean Udell W63 17.09 Buddy Clark 36 19.98 200m Robert Arberg 41 25.91 Sidney Wolfe 52 27.20 Albert Smith 37 27.4 Kathryn Kelley 34 29.14 Buddy Clark 36 30.1 Tom Beard 57 30.61 J J Wind 39 30.7 John Martin 62 32.3 Jean Udell W63 38.98 400m Ralph Romain 56 55.22 J J Wind 39 61.2 Andy Mullins 38 77.98 800m Steve Bell M30 2:05.24 Bob Weiner 42 2:14.8 Kevin Ray 30 2:17.03 J J Wind 39 4:35 Kevin Ray 30 4:55 Newlie Hewson 66 5:56 3000m J J Wind 39 10:07 Shot Put Ed McComas 55 44-6 Phil Scudieri 53 35-10 Toli Welihozky 43 35-4 Russ White 45 33-5 Ed Watkins 56 27-5 Bill Garthune 80 26-6	M40 Bob Green 23.40 Daniel Thiel 23.83 Willie Josie 25.34 M45 Thad Bell 23.43 Mance Cooper 25.20 Tobert Utley 25.70 M50 Sammy White 25.53 Mike Boudreaux 25.82 Jim Mathis 25.84 M55 John Poppell 26.50 Al Clark 28.10 Tom Vickers 30.61 W35 Donnis Drumgole 27.89 W40 Phil Rashker 26.30 Cathryn McCain 33.17 W45 Ann Draper 31.14 Ruth Crenshaw 37.27 Edna Bay 39.0 W50 Ann Holtzclaw 36.80 W55 Betty Vosburgh 32.75 Anne Yudell 36.4 Kathryn Welden 37.29  400m M30 Jay Mathis 52.82 K McCarragher 53.11 James Fisher 53.41 M35 Elliis Mayfield 52.49 Stephen Foster 53.39 Mike Baird 54.63 M40 Danny Thiel 54.6 Alvin Seale 56.01 Willie Josey 56.78 M45 Harry Tolliver 55.86 Tobert Utley 57.71 Mance Cooper M58.78 M55 Ted Sjogren 60.7 Casey Jones 65.0 Tom Vickers 68.2 W50 Ann Holtzclaw 83.68 W55 Betty Vosburgh 74.75 W60 Pat Peterson 88.55	Hod Turner	Ruth Crenshaw   9-7   11-51   Anne Yudell   7-3   Triple Jump   M30 David Mosley   37-51   M35 Chester Forsh   37-9   M40 Larry Jones   32-1   M45 Nate Carter   39-21   M45 Nate Alexander   33-9   Nate Alexander   31-71   M50 N Delaneuville   33-41   M55 Phil Mulkey   33-11   M60 Buck Bradberry   33-7   M65 Tom Kennell   30-1   M70 Don Hull   23-2   M75 Charles Hirshey   M40 Phil Raschker   34-11   W45 Ann Carter   23-10   Ruth Crenshaw   18-8   M35 Jim Accardi   41-2   M55 Phil Mulkey   42-3   M55 Phil Mulkey   34-6   Mance Cooper   31-1   M50 Ron Carter   41-2   M50 Ron Carter   41-2   M55 Phil Mulkey   44-7   M60 Buck Bradberry   32-10   Gordon Seifert   30-1   M70 Don Hull   30-6   M70 Don Hull   30-6   M75 Jack Wood   29-3   Charles Hirshey   28-5   M40 John Harper   Cathryn McCain   20-7   M50 Russ Baker   32-10   Cathryn McCain   20-7   M50 Russ Baker   22-10   Cathryn McCain   20-7   M50 Russ Baker   120-0   M70 John Harper   Cathryn McCain   20-7   M50 Russ Baker   120-0   M70 John Harper   134-7   Charles Booher   M50 Russ Baker   120-0   M70 John Harper   Cathryn McCain   20-7   M70 John Harper   134-7   Charles Booher   M50 Russ Baker   120-0   M70 John Harper   134-7   Charles Booher   M50 Russ Baker   120-0   M70 John Harper   134-7   Charles Booher   M50 Russ Baker   120-0   M70 John Harper   134-7   Charles Booher   M50 Russ Baker   120-0   M70 John Harper   134-7   15-3   M70 John Harper   134-7   15-3   M70 John Harper   15-3	Centre Club Championships Libertyville, IL July 8   100m	M45 Vic Heckler   Gordon Beckmann   Mike Brazier   4:42.98
Potomac Valley Seniors TC Developmental Meet Alexandria, VA July 9  100m Robert Arberg 41 12.83 Bob Goodwin 52 13.17 Joel Holman 58 13.77 Tom Beard 57 13.88 Kathryn Kelley 34 14.18 John Martin 62 15.1 Jean Udel1 W63 17.09 Buddy Clark 36 19.98 200m Robert Arberg 41 25.91 Sidney Wolfe 52 27.20 Albert Smith 37 27.4 Kathryn Kelley 34 29.14 Buddy Clark 36 30.1 Tom Beard 57 30.61 J J Wind 39 30.7 John Martin 62 32.3 Jean Udel1 W63 38.98 400m Ralph Romain 56 55.22 J J Wind 39 61.2 Andy Mullins 38 77.98 800m Steve Bell M30 2:05.24 Bob Weiner 42 2:14.8 Kevin Ray 30 2:17.03 J J Wind 39 4:35 Kevin Ray 30 4:55 Newlie Hewson 66 5:56 3000m J J Wind 39 10:07 Shot Put Ed McComas 55 44-6 Phil Scudieri 53 35-10 Toli Wellinozky 43 35-4 Russ White 45 33-5 Ed Watkins 56 27-5 Bill Garthune 80 26-6 Sharon Good 55 19-1 Piscus	M40 Bob Green	Hod Turner	Ruth Crenshaw   9-7   11-51   Anne Yudell   7-3   Triple Jump   M30 David Mosley   37-51   M35 Chester Forsh   37-9   M40 Larry Jones   32-1   M45 Nate Carter   39-21   M45 Nate Carter   39-21   M45 Nate Alexander   31-71   M50 N Delaneuville   33-41   M55 Phil Mulkey   33-11   M60 Buck Bradberry   33-7   M65 Tom Kennell   30-1   M70 Don Hull   23-2   M75 Charles Hirshey   M6-1   M75   M75 Charles Hirshey   M6-1   M75	Centre Club Championships Libertyville, IL July 8     100m	M45 Vic Heckler   Gordon Beckmann   Mike Brazier   4:42.98
Potomac Valley Seniors TC Developmental Meet Alexandria, VA July 9  100m Robert Arberg 41 12.83 Bob Goodwin 52 13.17 Joel Holman 58 13.77 Tom Beard 57 13.88 Kathryn Kelley 34 14.18 John Martin 62 15.1 Jean Udell W63 17.09 Buddy Clark 36 19.98 200m Robert Arberg 41 25.91 Sidney Wolfe 52 27.20 Albert Smith 37 27.4 Kathryn Kelley 34 29.14 Buddy Clark 36 30.1 Tom Beard 57 30.61 J J Wind 39 30.7 John Martin 62 32.3 Jean Udell W63 38.98 400m Ralph Romain 56 55.22 J J Wind 39 61.2 Andy Mullins 38 77.98 800m Steve Bell M30 2:05.24 Bob Weiner 42 2:14.8 Kevin Ray 30 2:17.03 J J Wind 39 2:33.39 1500m J J Wind 39 4:35 Kevin Ray 30 4:55 Newlie Hewson 66 5:56 3000m J J Wind 39 10:07 Shot Put Ed McComas 55 44-6 Phil Scudieri 53 35-10 Toli Welthozky 43 35-4 Russ White 45 33-5 Ed Watkins 56 27-5 Bill Garthune 80 26-6 Sharon Good 55 19-1	M40 Bob Green 23.40 Daniel Thiel 23.83 Willie Josie 25.34 M45 Thad Bell 23.43 Mance Cooper 25.20 Tobert Utley 25.70 M50 Sammy White 25.53 Mike Boudreaux 25.82 Jim Mathis 25.84 M55 John Poppell 26.50 Al Clark 28.10 Tom Vickers 30.61 W35 Donnis Drumgole 27.89 W40 Phil Rashker 26.30 Cathryn McCain 33.17 W45 Ann Draper 31.14 Ruth Crenshaw 37.27 Edna Bay 39.0 W50 Ann Holtzclaw 36.80 W55 Betty Vosburgh 32.75 Anne Yudell 36.4 Kathryn Welden 37.29  400m M30 Jay Mathis 52.82 K McCarragher 53.41 M35 Ellis Mayfield 52.49 Stephen Foster 53.41 M35 Ellis Mayfield 52.49 Stephen Foster 53.41 M36 Ellis Mayfield 52.49 Stephen Foster 53.39 Mike Baird 54.6 Alvin Seale 56.01 Willie Josey 56.78 M45 Harry Tolliver 57.71 Mance Cooper M50 Jim Mathis 56.0 Isaac Latimore Marice Fast 66.2 M55 Ted Sjogren 60.7 Casey Jones 65.0 Tom Vickers 68.2 W55 Betty Vosburgh 74.75 W60 Pat Peterson 88.55  800m M30 Glenn McIsaac 15.7.51 David Poteet 158.09 Eric Bonaparte 7.01.66 W35 Norm Dodson 3.00 Guy Giles 1.59	Hod Turner	Ruth Crenshaw   9-7   11-51   Anne Yudell   7-3   Triple Jump   M30 David Mosley   37-51   M35 Chester Forsh   37-9   M40 Larry Jones   32-1   M45 Nate Carter   39-21   M45 Nate Alexander   M50 N Delaneuville   33-41   M55 Phil Mulkey   33-11   M60 Buck Bradberry   33-7   M65 Tom Kennell   30-1   M70 Don Hull   23-2   M75 Charles Hirshey   M61 Raschker   34-11   W45 Ann Carter   34-11   W45 Ann Carter   23-10   Ruth Crenshaw   M8-8   M35 Jim Accardi   41-2   M60 Buck Bradberry   34-3   M35 Jim Accardi   41-2   M60 Buck Bradberry   32-8   M61   M62 Buck Bradberry   32-8   M63 Jim Accardi   M64   Mance Cooper   31-1   M50 Ron Carter   41-2   M50 Ron Carter   41-2   M55 Phil Mulkey   44-7   M60 Buck Bradberry   32-10   Gordon Seifert   30-1   M70 Don Hull   30-6   M75 Jack Wood   29-3   Charles Hirshey   28-5   M61 Raschker   25-10   Cathryn McCain   20-7   M65 Russ Baker   120-0   Jim Accardi   M75 Jack Wood   29-3   Charles Hirshey   28-5   M61 Raschker   25-10   Cathryn McCain   20-7   M75 Mike Valle   M75 Jack Wood   29-3   Charles Hirshey   28-5   M61 Raschker   25-10   Cathryn McCain   20-7   M75 Mike Valle   M75	Centre Club Championships Libertyville, IL July 8   100m	M45 Vic Heckler   Gordon Beckmann   Mike Brazier   4:42.98
Potomac Valley Seniors TC Developmental Meet Alexandria, VA July 9  100m Robert Arberg 41 12.83 Bob Goodwin 52 13.17 Joel Holman 58 13.77 Tom Beard 57 13.88 Kathryn Kelley 34 14.18 John Martin 62 15.1 Jean Udel1 W63 17.09 Buddy Clark 36 19.98 200m Robert Arberg 41 25.91 Sidney Wolfe 52 27.20 Albert Smith 37 27.4 Kathryn Kelley 34 29.14 Buddy Clark 36 30.1 Tom Beard 57 30.61 J J Wind 39 30.7 John Martin 62 32.3 Jean Udel1 W63 38.98 400m Ralph Romain 56 55.22 J J Wind 39 61.2 Andy Mullins 38 77.98 800m Steve Bell M30 2:05.24 Rob Weiner 42 2:14.8 Kevin Ray 30 2:17.03 J J Wind 39 2:33.39 1500m J J Wind 39 4:35 Kevin Ray 30 4:55 Newlie Hewson 66 5:56 3000m J J Wind 39 10:07 Shot Put Ed McComas 55 44-6 Phil Scudieri 53 35-10 Toli Welthocky 43 35-4 Russ White 45 33-5 Ed Watkins 56 27-5 Bill Garthune 80 26-6 Sharon Good 55 138-11 Phil Scudieri 53 123-10 Toli Welthocky 43 104-4	M40 Bob Green 23.40     Daniel Thiel 23.83 Willie Josie 25.34 M45 Thad Bell 23.43     Mance Cooper 25.20     Tobert Utley 25.70 M50 Sammy White 25.53     Mike Boudreaux 25.82     Jim Mathis 25.84 M55 John Poppell 26.50     Al Clark 28.10     Tom Vickers 30.61 W35 Donnis Drumgole 27.89 W40 Phil Rashker 26.30     Cathryn McCain 33.17 W45 Ann Draper 31.14     Ruth Crenshaw 37.27     Edna Bay 39.0 W50 Ann Holtzclaw 36.80 W55 Betty Vosburgh 32.75     Anne Yudell 36.4     Kathryn Welden 37.29  400m M30 Jay Mathis 52.82     K McCarragher 53.11     James Fisher 53.41 M35 Ellis Mayfield 52.49     Stephen Foster 53.39     Mike Baird 54.63 M40 Danny Thiel 54.6 M40 Danny Thiel 54.6 M10 Jim Mathis 55.86 Tobert Utley 57.71     Mance Cooper 58.78 M55 Ted Sjogren 60.7     Casey Jones 70.7 M50 Jim Mathis 56.0     Isaac Latimore Marice Fast 66.2 M55 Ted Sjogren 60.7 Casey Jones 70.7 Casey Jones 70.7 M50 Pat Peterson 88.55  800m M30 Glenn McIsaac 1:57.51 David Poteet 1:58.09     Fric Bonaparte 2.04.85 M40 Ian Dickson 2.05.02	Hod Turner	Ruth Crenshaw   9-7   11-51   Anne Yudell   7-3   7-3   7-5   Mane Yudell   7-5   7-	Centre Club Championships   Libertyville, IL   July 8	M45 Vic Heckler   Gordon Beckmann   Mike Brazier   4:42.98
Potomac Valley Seniors TC Developmental Meet Alexandria, VA July 9  100m Robert Arberg 41 12.83 Bob Goodwin 52 13.17 Joel Holman 58 13.77 Tom Beard 57 13.88 Kathryn Kelley 34 14.18 John Martin 62 15.1 Jean Udell W63 17.09 Buddy Clark 36 19.98 200m Robert Arberg 41 25.91 Sidney Wolfe 52 27.20 Albert Smith 37 27.4 Kathryn Kelley 34 29.14 Buddy Clark 36 30.1 Tom Beard 57 30.61 J J Wind 39 30.7 John Martin 62 32.3 Jean Udell W63 38.98 400m Ralph Romain 56 55.22 J J Wind 39 61.2 Andy Mullins 38 77.98 800m Steve Bell M30 2:05.24 Bob Weiner 42 2:14.8 Kevin Ray 30 2:33.39 1500m J J Wind 39 4:35 Kevin Ray 30 4:55 Newlie Hewson 66 5:56 3000m J J Wind 39 10:07 Shot Put Ed McComas 55 44-6 Phil Scudieri 53 35-10 Toli Welthozky 43 35-4 Russ White 45 33-5 Ed MacKins 56 Ed McComas 55 138-11 Phil Scudieri 53 123-10 Toli Welthozky 43 104-4 Russ White 45 102-11 Bob Goodwin 52 62-7	M40 Bob Green   23.40     Daniel Thiel   23.83     Willie Josie   25.34     M45 Thad Bell   23.43     Mance Cooper   25.20     Tobert Utley   25.70     M50 Sammy White   25.82     Jim Mathis   25.84     M55 John Poppell   26.50     Al Clark   28.10     Tom Vickers   26.30     Cathryn McCain   33.17     W45 Ann Draper   31.14     Ruth Crenshaw   26.30     Cathryn McCain   31.14     Ruth Crenshaw   37.27     Edna Bay   39.0     W50 Ann Holtzclaw   36.80     W55 Betty Vosburgh   32.75     Anne Yudell   36.4     Kathryn Welden   37.29     A00m   M30 Jay Mathis   52.82     K McCarragher   53.11     James Fisher   53.41     M35 Ellis Mayfield   52.49     Stephen Foster   Mike Baird   54.63     M40 Danny Thiel   54.6     Alvin Seale   56.01     Willie Josey   56.78     M45 Harry Tolliver   55.86     Tobert Utley   57.71     Mance Cooper   58.78     M55 Ted Sjogren   60.7     Casey Jones   65.0     Tom Vickers   68.2     W50 Ann Holtzclaw   83.68     74.75     W60 Pat Peterson   88.55     800m     M30 Glenn McIsaac   1:57.51     David Poteet   1:58.09     Eric Bonaparte   2.04.85     W11son Weldon   2.06.90     Wilson Weldon   2.06.90     Jeff Sanborn   2:00.89     Wilson Weldon   2:00.90     Jeff Sanborn   2:00.89     Wilson Weldon   2:00.90     2:00.80   2:00.02     Wilson Weldon   2:00.90     Wilson	Hod Turner	Ruth Crenshaw   9-7   11-51   Anne Yudell   7-3   Triple Jump   M30 David Mosley   37-51   M35 Chester Forsh   37-9   M45 Chester Forsh   37-9   M45 Nate Carter   39-21   M45 Nate Carter   39-21   M45 Nate Alexander   31-71   M50 N Delaneuville   33-41   M55 Phil Mulkey   33-11   M60 Buck Bradberry   30-1   M70 Don Hull   23-2   M75 Charles Hirshey   M6-1   M75 Charles Hirshey   M6-1   M75 Charles Hirshey   M6-1   M75 Charles Hore   M6-1   M75 Charles Hirshey   M6-1   M75 Charles Booher   M75 Phil Mulkey   M4-7   M60 Buck Bradberry   M6-1   M75 Don Hull   M75 Phil Mulkey   M4-7   M60 Buck Bradberry   M75 Don Hull   M75 Don Hull   M75 Dack Wood   M75 Dack W	Centre Club Championships   Libertyville, IL   July 8	M45 Vic Heckler   Gordon Beckmann   Mike Brazier   4:42.98
Potomac Valley Seniors TC Developmental Meet Alexandria, VA July 9  100m Robert Arberg 41 12.83 Bob Goodwin 52 13.17 Joel Holman 58 13.77 Tom Beard 57 13.88 Kathryn Kelley 34 14.18 John Martin 62 15.1 Jean Udell W63 17.09 Buddy Clark 36 19.98 200m Robert Arberg 41 25.91 Sidney Wolfe 52 27.20 Albert Smith 37 27.4 Kathryn Kelley 34 29.14 Buddy Clark 36 30.1 Tom Beard 57 30.61 J J Wind 39 30.7 John Martin 62 32.3 Jean Udell W63 38.98 400m Ralph Romain 56 55.22 J J Wind 39 61.2 Andy Mullins 38 77.98 800m Steve Bell M30 2:05.24 Bob Weiner 42 2:14.8 Kevin Ray 30 2:17.03 J J Wind 39 2:33.39 1500m J J Wind 39 4:35 Kevin Ray 30 4:55 Newlie Hewson 66 5:56 3000m J J Wind 39 10:07 Shot Put Ed McComas 55 44-6 Phil Scudieri 53 35-10 Toli Welihozky 43 35-4 Russ White 45 33-5 Bell Garthune 80 26-6 Sharon Good 55 19-1 Discus Ed McComas 55 138-11 Phil Scudieri 53 123-10 Toli Welihozky 43 104-4 Russ White 45 102-11 Bob Goodwin 52 62-7 Kate DeAngelis 62 51-3 Ed Watkins 56 44-2	M40 Bob Green   23.40	Hod Turner	Ruth Crenshaw 9-7 W55 Betty Vosburgh Anne Yudell 7-3  Triple Jump M30 David Mosley 37-5} M35 Chester Forsh 37-9 M40 Larry Jones 32-1 M45 Nate Carter 39-2} M45 Nate Carter 39-2} M50 N Delaneuville 33-9 Nate Alexander 31-7} M50 N Delaneuville 33-1 M55 Phil Mulkey 33-11 M60 Buck Bradberry 33-7 M65 Tom Kennell 30-1 M70 Don Hull 23-2 M75 Charles Hirshey 34-11 W45 Ann Carter 34-11 W45 Ann Carter 34-11 W45 Ann Carter 34-11 W45 Ann Carter 34-11 W45 Mike Valle 34-6 Mance Cooper 31-1 M50 Ron Carter 41-2 M55 Phil Mulkey 44-7 M50 Buck Bradberry 32-10 Gordon Seifert 30-1 M70 Don Hull 30-61 M75 Jack Wood 29-3 Charles Hirshey 28-5 W40 L Struppeck 32-1 Phil Raschker 25-10 Cathryn McCain 20-7  Discus M35 Russ Baker 120-0 Jim Accardi 87-5 M40 John Harper 134-7 Charles Booher 115-3 M50 Russ Baker 120-0 Jim Accardi 87-5 M40 John Harper 134-7 Charles Booher 115-3 M50 Henry Davenport 121-5 Sammy White 113-8 Ron Carter 104-0 M60 Buck Bradberry 103-10 Jim Dykes 79-8 M65 Tom Kennel 98-9 M75 Jack Wood W30 Lee Freeman 72-5	MIDWEST   Centre Club Championships   Libertyville, IL   July 8     100m   M30   Artego Jaunes   11.14   Adrian Arambulo   12.77   M35   Al Wright   11.33   Morris Blueford   11.66   M40   Greg Miller   12.63   John Hess   13.25   M45   Jim Lee   11.94   Hans Gordon   12.26   Bill Moran   12.94   M50   Mike Davidson   13.70   Charles Townsend   14.33   Ed Hovorka   15.03   M55   P Dobrovolny   12.23   Harry Brown   12.76   Bob Sobolewski   13.27   M60   Chuck Sochor   13.35   M65   Joe Bergthold   13.81   Mel Buschman   15.61   M70   Mel Flachs   16.81   W30   Kris Wright   14.28   Lauren Zahn   14.30   W35   Leah Rewolinski   15.77   W40   MaryLou Platis   19.26   200m   M30   Artego Jaunes   24.56   Adrian Arambulo   26.49   M35   Al Wright   22.98   Tom Rewolinski   23.48   Morris Blueford   24.09   M40   William   Gilmore   30.92   M45   Jim Lee   25.05   M50   Mike Davidson   28.09   Bruce Mills   28.64   Charles Townsend   29.30   M55   Bob Sobolewski   27.25   Ron Sergenian   29.81   M60   Chuck Sochor   27.10   Bob   Gand   38.14   Andy Orr   44.58   M65   Joe Bergthold   28.93   M70   Mel Flachs   30.35   W35   Leah Rewolinski   33.35   W35   Leah Rewol	M45 Vic Heckler   Gordon Beckmann   Mike Brazier   4:42.98
Potomac Valley Seniors TC Developmental Meet Alexandria, VA July 9  100m Robert Arberg 41 12.83 Bob Goodwin 52 13.17 Joel Holman 58 13.77 Tom Beard 57 13.88 Kathryn Kelley 34 14.18 John Martin 62 15.1 Jean Udell W63 17.09 Buddy Clark 36 19.98 200m Robert Arberg 41 25.91 Sidney Wolfe 52 27.20 Albert Smith 37 27.4 Kathryn Kelley 34 29.14 Buddy Clark 36 30.1 Tom Beard 57 30.61 J J Wind 39 30.7 John Martin 62 32.3 Jean Udell W63 38.98 400m Ralph Romain 56 55.22 J J Wind 39 61.2 Andy Mullins 38 77.98 800m Steve Bell M30 2:05.24 Bob Weiner 42 2:14.8 Kevin Ray 30 2:17.03 J J Wind 39 4:35 Kevin Ray 30 4:55 Newlie Hewson 66 5:56 3000m J J Wind 39 10:07 Shot Put Ed McComas 55 44-6 Phil Scudieri 53 35-10 Toli Welihozky 43 35-4 Russ White 45 33-5 Bill Garthune 80 26-6 Sharon Good 55 19-1 Phil Scudieri 53 123-10 Toli Welihozky 43 104-4 Russ White 45 102-11 Bob Goodwin 52 62-7 Kate DeAngelis 62 51-3 Ed Watkins 56 44-2 Sharon Good 55 43-4	M40 Bob Green   23.40     Daniel Thiel   23.83     Willie Josie   25.34     M45 Thad Bell   23.43     Mance Cooper   25.20     Tobert Utley   25.70     M50 Sammy White   25.53     Mike Boudreaux   25.82     Jim Mathis   25.84     M55 John Poppell   26.50     Al Clark   28.10     Tom Vickers   30.61     W35 Donnis Drumgole   27.89     W40 Phil Rashker   26.30     Cathryn McCain   33.17     W45 Ann Draper   31.14     Ruth Crenshaw   27.27     Edna Bay   39.0     W50 Ann Holtzclaw   36.80     W55 Betty Vosburgh   32.75     Anne Yudell   36.4     Kathryn Welden   37.29     A00m   M30 Jay Mathis   52.82     K McCarragher   53.11     James Fisher   53.41     M35 Ellis Mayfield   52.49     Stephen Foster   53.39     Mike Baird   54.6     Alvin Seale   56.01     Willie Josey   56.78     M45 Harry Tolliver   55.86     Tobert Utley   57.71     Mance Cooper   58.78     M55 Ted Sjogren   60.7     Casey Jones   65.0     Tom Vickers   68.2     W55 Betty Vosburgh   W55   81.50     Eric Bonaparte   68.2     W55 Betty Vosburgh   W60 Pat Peterson   88.55     M60 M60   M30 Glenn McIsaac   1:57.51     David Poteet   1:58.09     Eric Bonaparte   2.04.85     M40 Ian Dickson   2:00.90     Mike Baird   2.04.85     M40 Ian Dickson   2:00.90     Mike Baird   2.04.85     M40 Ian Dickson   2:00.90     Mike Baird   2.04.85     M40 Ian Dickson   2:00.90     M16 Baird   2:08.19     M40 Ian Dickson   2:00.90     M17	Hod Turner	Ruth Crenshaw   9-7   11-51   Anne Yudell   7-3   Triple Jump   M30 David Mosley   37-51   M35 Chester Forsh   37-9   M40 Larry Jones   32-1   M45 Nate Carter   39-21   M45 Nate Carter   39-21   M45 Nate Carter   39-21   M50 N Delaneuville   M55 Phil Mulkey   33-11   M60 Buck Bradberry   33-7   M65 Tom Kennell   30-1   M70 Don Hull   23-2   M75 Charles Hirshey   M6-1   M60 Buck Bradberry   32-1   M70 Don Hull   M40 Phil Raschker   34-11   M45 Ann Carter   23-10   Ruth Crenshaw   M35 Jim Accardi   M40 John Harper   40-7 3/4   Charles Booher   Greg Hardwick   32-8 3/4   M45 Mike Valle   34-6   Mance Cooper   31-1   M50 Ron Carter   41-2   M50 Ron Carter   41-2   M55 Phil Nulkey   44-7   M60 Buck Bradberry   32-10   Gordon Seifert   30-1   M75 Jack Wood   29-3   Charles Hirshey   28-5   M40 L Struppeck   Phil Raschker   25-10   Cathryn HcCain   20-7   Discus   M35 Russ Baker   120-0   Jim Accardi   87-5   M40 John Harper   Cathryn HcCain   20-7   M50 Ron Carter   M50 Ron Carter   M50 Ron Carter   M60 Buck Bradberry   32-10   Gordon Seifert   30-1   M75 Jack Wood   29-3   Charles Hirshey   28-5   M50 Russ Baker   120-0   Jim Accardi   87-5   M50 Russ Baker   113-8   Ron Carter   M60 Buck Bradberry   121-5   13-6	MIDWEST   Libertyville, IL July 8   100m	M45 Vic Heckler   Gordon Beckmann   Mike Brazier   4:42.98
Potomac Valley Seniors TC Developmental Meet Alexandria, VA July 9  100m Robert Arberg 41 12.83 Bob Goodwin 52 13.17 Joel Holman 58 13.77 Tom Beard 57 13.88 Kathryn Kelley 34 14.18 John Martin 62 15.1 Jean Udell W63 17.09 Buddy Clark 36 19.98 200m Robert Arberg 41 25.91 Sidney Wolfe 52 27.20 Albert Smith 37 27.4 Kathryn Kelley 34 29.14 Buddy Clark 36 30.1 Tom Beard 57 30.61 J J Wind 39 30.7 John Martin 62 32.3 Jean Udell W63 38.98 400m Ralph Romain 56 55.22 J J Wind 39 61.2 Andy Mullins 38 77.98 800m Steve Bell M30 2:05.24 Bob Weiner 42 2:14.8 Kevin Ray 30 2:17.03 J J Wind 39 4:35 Kevin Ray 30 4:55 Newlie Hewson 66 5:56 3000m J J Wind 39 10:07 Shot Put Ed McComas 55 44-6 Phil Scudieri 53 35-10 Toli Welihozky 43 35-4 Russ White 45 33-5 Bill Garthune 80 26-6 Sharon Good 55 19-1 Phil Scudieri 53 123-10 Toli Welihozky 43 104-4 Russ White 45 102-11 Bob Goodwin 52 62-7 Kate DeAngelis 62 51-3 Ed Watkins 56 44-2 Sharon Good 55 43-4	M40 Bob Green   23.40	Hod Turner	Ruth Crenshaw 9-7 W55 Betty Vosburgh Anne Yudell 7-3  Triple Jump M30 David Mosley 37-5} M35 Chester Forsh 37-9 M40 Larry Jones 32-1 M45 Nate Carter 39-2} M45 Nate Carter 39-2} M50 N Delaneuville 33-9 Nate Alexander 31-7} M50 N Delaneuville 33-1 M55 Phil Mulkey 33-11 M60 Buck Bradberry 33-7 M65 Tom Kennell 30-1 M70 Don Hull 23-2 M75 Charles Hirshey 34-11 W45 Ann Carter 34-11 W45 Ann Carter 34-11 W45 Ann Carter 34-11 W45 Ann Carter 34-11 W45 Mike Valle 34-6 Mance Cooper 31-1 M50 Ron Carter 41-2 M55 Phil Mulkey 44-7 M50 Buck Bradberry 32-10 Gordon Seifert 30-1 M70 Don Hull 30-61 M75 Jack Wood 29-3 Charles Hirshey 28-5 W40 L Struppeck 32-1 Phil Raschker 25-10 Cathryn McCain 20-7  Discus M35 Russ Baker 120-0 Jim Accardi 87-5 M40 John Harper 134-7 Charles Booher 115-3 M50 Russ Baker 120-0 Jim Accardi 87-5 M40 John Harper 134-7 Charles Booher 115-3 M50 Henry Davenport 121-5 Sammy White 113-8 Ron Carter 104-0 M60 Buck Bradberry 103-10 Jim Dykes 79-8 M65 Tom Kennel 98-9 M75 Jack Wood W30 Lee Freeman 72-5	MIDWEST   Libertyville, IL July 8   100m	M45 Vic Heckler   Gordon Beckmann   Mike Brazier   4:42.98

M40 Wm So M50 Georg	ed from previous page	35# Weight								
M40 Wm Se	d from previous page		The second second	Shot Put	A DESCRIPTION OF THE PERSON OF	M55 Robert Ellis	2:49.4	Triple Jump	Designation of the last	4
		M30 Bob Hartmann	48-31	M30 Ron Franck Sr	27-51		2:35.3	M35 Bill Vogt	30-2 3/4	-
		M35 Larry Waithe	53-3 3/4	M40 Bill Schlachler	39-6		2:42.1		29-21	
		M50 Carl Klehm	36-10	M50 Tony Divis	36-10		3:38.4		33-8	
		George LaBelle	28-8	M60+Berl Damkroger	39-7		2:55.5		24-21	1
	ert Hansen 4-6 n Richardson 5-6	56# Weight	20-0	W30 Carolyn Neine	32-71		3:17.8		34-41	
		M30 Bob Hartmann	31-31	W60+ Ardelle Ebbers	17-8				21-1	
	Peterson 4-7			Discus	0	W35 Carol McLatchie		Dan haviey		
	Hirsimaki 4-7	M35 Larry Waithe	24-3	M30 Dale Wilcoxson	42.42		2:31.2	Shot Put	CO - 100 1 30	1
	ene Hess 4-7	M50 Carl Klehm	25-6		39.36		2:57.4	M30 Pete Gonzalez	30-10	
	Buschman 4-2	George LaBelle	17-3/4	M40 Virgil Paulsen		W45 Marilyn Griffith		Ken Yanowski	29-5 3/4	
W50 Rach	hel Lyga 4-1	1500mW	7.00.00	M50 Tony Divis	38.58	Mary Jo Gillaspy	2:58.5	M35 Orlando Riley	28-5	
		M35 Augie Hirt	7:09.00	M60+Glenn Ebbers	38.58	1500		James Darcy	26-10	
Pole Vau		M40 Dean Easterlund		W30 June O'Neill	26.48	1500m	200 C T	Ken Endris	24-7	
M30 Bob		Mike McKenzie	8:58.00	W40 Shirley Staver	15.40		4:09.5	M40 Paul Bess	34-2	
	th Patranek 13-0		11:47.00	W60+Ardelle Ebbers	14.54		4:16.5	Rod Langley	25-13	
	n Anderson 13-9		7:35.00		The same		4:29.0	Gil Reyna Jr	24-5	
	e Davis 11-0		10:18.00				4:10.2	M45 Steve Kent	29-7	
M40 Rex			8:35.00	SOUTHWE	XYM		4:29.7			
	ert Hansen 9-61	W35 Lyda Enriquez	8:51.00	Docining			4:30.7	Jack Whitley	27-5	
M55 Tom		Judith Gnatzi	9:39.00	Gulf Association/TAC M			4:29.2	Fred Lentjes	26-11	
M75 Milo	o Lightfoot 5-11	W40 Jane Smith	8:59.00				4:39.1	MSO Mack Stevart	31-21	
		Doris Rohde	9:46.00	Championships	A STATE OF THE STA		4:52.9	Louis Whitaker MSS Sam McWherter	31-21	
Long Jum		W50 Rosa Harrell	9:17.00	Pasadena, TX			4:34.8		29-71	
	tor O'Brien 19-101	3000mW	Label Control	August 19			4:39.4	M70 Gordon Nordgren	32-10	
	Watry 19-91		14:34.20	\$7 Mar. Server 2025		Ralph De MeLliolo	5:01.1	W30 Sande Lambert	28-31	
M35 Mike		M40 Dean Easterlund 1		100m	La tal		5:05.8	Rebecca Vogt.	20-7	
M40 Rex I			22:19.02	M30 Willie Taylor	11.3	M50 Rudy Gonzalez	nta	Rene Odom	19-21	3
	b King 18-4		16:16.99	Darrell McDonald	11.4		5:07.3	W40 Laura Smith	16-31	
	Miller 13-5	Glenn Schroeder 2		Leon Aiena Jr	12.2		nta	WSO Elvira Vasquez	19-8	
M45 Hans			22:02.68	M35 Billy Smith	11.2	M60 William Conrad	5:07.5	Neome Garcia	18-81	
	Harris 13-6	M55 Steve Messenger 1	18:56.29	Jimmy Bell	12.6	M65 Louis Ciaccio r	nta	Discus		
	ert Hansen 13-9		20:06.52	Ken Endris	12.7		5:16.4	M30 Michael Childers		
	rge LaBelle 13-6	Ted Pasquesi 2	21:39.06	M40 Robert Mitchell	11.1	Emily Shempp	5:43.9	Ken Yanovski	84-9	
M55 Harry			21:42.19	Herb Stein	12.0	Eeddy Spivey	5:48.8	Pete Gonzalez	78-11	E.
	Richardson 16-2		22:50.58	R L Sebesta	12.1	W35 Carol McLatchie 4	4:52.7	M35 Roger Kamla	157-0	H
	Hirsimaki 14-11	W30 Joane Gravert 1	17:32.28	M45 Fred Lintjes	12.6	Debbi Warner	5:07.1	Orlando Riley	77-11	
	Orr 8-11		17:37.96	Steve Kent	12.9		5:22.2	Bill Vogt	66-4	
M65 Jim 1	Platis 15-2	W40 Jane Smith	18:34.66	Jim Whitehead	13.4	W45 Marilyn Griffin	5:41.1	M45 Steve Kent	86-9	
Mel I	Buschman 13-8	D Graham-Henry 1		M50 Bob McGlashan	13.0	M J Gillaspy	5:51.1	Gib Brown	85-8	
M75 M Li	ightfoot 11-9	W50 Cathie McCormickl	19:41.83	Mack Stewart	13.5	5000m		Jack Whitley	78-8	
	Lou Platis 14-101	Rosa Harrell 1	19:45.39	Louis Whitaker	13.6	M30 Will Lindgren 1	17:31.9	M50 Louis Whitaker	76-5	
W50 Rache	nel Lyga 11-91	W55 Frances Forys 1	19:48.77	M55 Sammy McWherter	15.7	M35 Chuck Hull	17:15.4	Mack Stewart	71-6	F
	NEW CONTRACTOR OF STREET		22:41.94	M65 Louis Ciaccio	19.5		17:22.0	M55 Sam McWherter	81-6	6
Triple J		A STATE OF THE PARTY OF THE PAR	or the second	W30 Sande Lambert	13.5		17:46.8	M70 Gordon Nordgren	99-5	L
M35 Mike		The Co born School Mar May 1997 St.		Sharon McNeil	13.6		18:34.5	W30 Sande Lambert	82-9	
Walt	ter Ewing 34-41	the data of the party.		Rene Odom	13.7		21:31.4	Rene Odom	53-9	P
	g Wheeler 33-11			W35 Alida White	14.3		22:12.4	Rebecca Vogt	49-1	
	bert King 33-101	Manager Street Control of the Contro		Debbi Warner	14.8		18:22.3	W40 Laura Smith	51-3	
M45 Hans	s Gordon 37-11			W40 Connie Brunsen	15.3		20:26.5	W50 Elvira Vasquez	53-9	E
M60 Fred	d Hirsimaki 30-6	Carlotte And the Control of the Cont		Karen Moreno	17.4		20:51.9	Neome Garcia	53-5	
M65 Jim	Platis 31-8}	Electrical designation of the second		W45 Vinnie Lloyd	26.6		22:30.2			1
M65 Me1	Buschman 24-5	Cornhusker State Ga	amee	W50 Neome Garcia	15.9	W45 Yolanda Sterling 2		Javelin		
w40 Mary	Lou Platis 28-9		airies	Elvira Vasquez	17.4	Short Hurdles		M30 Coy Akers	137-1	F
		Lincoln, NE			The second		22.2	Mike Childers	134-5	
Shot Put	and the second	July 16		200m			16.9	Ken Yanowski	100-11	
M30 Skip		100m	1.10	M30 Willie Taylor	23.0	Long Hurdles	Comment of	M35 Tom Wilson	134-6	
Bob !	Hartmann 39-8	M30 Gary Tarrence	11.63	Glenn Darrah	28.6		59.1	Roger Kamla	129-11	
	Watry 35-9	M40 Tom Bassett	12.02	M35 Billy Smith	22.9		72.6	Jim Darcy Ken Endris	110-4	
	rick Burns 48-5	M50 Jim Maxen	13.35	Ken Endris	25.3		81.3	M40 Paul Bess	109-4	K
	is Mengeling42-10		14.75	Jimmy Bell	26.2		93.7	Rod Langley	86-9	
	y Readman 37-4	W30 Danis Willet	13.75	Marco Teran	27.8		65.5	M45 Gib Brown	114-4	
M40 John	Hess 32-1	W40 Marg Sutter	14.93	M40 Robert Mitchell	23.3	W30 Sande Lambert 6	69.8	Jack Whitley	106-5	
Greg	Miller 28-6		18.40	Herb Stein	24.6	6	1-2- E	Steve Kent	91-3	
M45 Bill	Mauck 37-7	W60+Dorothy Ekblad	22.61	Ed Stewart Jr	24.9	Steeplechase	0.06	M50 Louis Whitaker	112-2	
M50 Ed So	Schmidt 41-5	200m	22 52	R L Sebesta	25.4		0:06.1	Mack Stewart	108-4	
	Warren 40-11	M30 Wayne Reynolds	23.52	M45 Fred Lentjes	26.3		0:14.8	M60 Tom Bess	85-5	
	nk Carl 36-7 3/4	M40 Tom Bassett	24.94 27.65				1.00 0		07-7	
M55 D E I		M50 Jim Muxen		Steve Kent	27.6		1:09.9	M70 Gordon Nordgren	112-5	
		1 U20 D1- U111		Jim Whitehead	-28.0		1:09.9		112-5	
		W30 Danis Willet	27.27	Jim Whitehead M50 Bob McGlashan	-28.0 27.1	M35 James Darcy 1		M70 Gordon Nordgren	112-5	
	ly Czarny 35-21	W40 Marg Sutter	27.27 30.55	Jim Whitehead M50 Bob McGlashan Mack Stewart	28.0 27.1 28.6	M35 James Darcy 1	1:29.4	M70 Gordon Nordgren W30 Charlotte Griffi Rebecca Vogt Debbie Gentry	112-5 n 50-8 46-3 27-2	
	ly Czarny 35-21 n Richardson 34-4	W40 Marg Sutter W50 Joan Ailes	27.27	Jim Whitehead M50 Bob McGlashan	-28.0 27.1 28.6 29.9	M35 James Darcy 1  4x100m Relay M30 Beaumont TC	47.4	M70 Gordon Nordgren W30 Charlotte Griffi Rebecca Vogt	112-5 n 50-8 46-3	The second second
M60 Andy	ly Czarny 35-21 n Richardson 34-4 y Orr 33-11	W40 Marg Sutter W50 Joan Ailes 400m	27.27 30.55 46.01	Jim Whitehead M50 Bob McGlashan Mack Stewart Louis Whitaker Dan Hawley	28.0 27.1 28.6 29.9 32.2	M35 James Darcy 1  4x100m Relay M30 Beaumont TC Houston Harriers	1:29.4 47.4 51.8	M70 Gordon Nordgren W30 Charlotte Griffi Rebecca Vogt Debbie Gentry	112-5 n 50-8 46-3 27-2	The second secon
M60 Andy M65 Jim	ly Czarny 35-21 n Richardson 34-4 y Orr 33-11 Platis 24-91	W40 Marg Sutter W50 Joan Ailes 400m M30 Matt Reckmeyer	27.27 30.55 46.01 52.0	Jim Whitehead M50 Bob McGlashan Mack Stewart Louis Whitaker Dan Hawley M60 David Dallas	-28.0 27.1 28.6 29.9 32.2 36.9	M35 James Darcy I  4x100m Relay M30 Beaumont TC Houston Harriers Bay Area RC	47.4 51.8 52.7	M70 Gordon Nordgren W30 Charlotte Griffi Rebecca Vogt Debbie Gentry W40 Laura Smith	112-5 n 50-8 46-3 27-2 38-10	1
M60 Andy M65 Jim I W40 Mary	ly Czarny 35-21 n Richardson 34-4 y Orr 33-11 Platis 24-91 yLou Platis 24-6	W40 Marg Sutter W50 Joan Ailes 400m M30 Matt Reckmeyer M40 Robert Franzere	27.27 30.55 46.01 52.0 58.67	Jim Whitehead M50 Bob McGlashan Mack Stewart Louis Whitaker Dan Hawley	28.0 27.1 28.6 29.9 32.2	M35 James Darcy I  4x100m Relay M30 Beaumont TC Houston Harriers Bay Area RC M40 Houston Harriers	47.4 51.8 52.7 A 50.9	M70 Gordon Nordgren W30 Charlotte Griffi Rebecca Vogt Debbie Gentry W40 Laura Smith W50 Elvira Vasquez	112-5 n 50-8 46-3 27-2 38-10	1 1 1 1 1 1 1 1
M60 Andy M65 Jim 1 W40 Maryl Nancy	ly Czarny 35-21 n Richardson 34-4 y Orr 33-11 Platis 24-91 yLou Platis 24-6 cy Hamilton 18-1	W40 Marg Sutter W50 Joan Ailes 400m M30 Matt Reckmeyer M40 Robert Franzere M50 Howard Wiesser	27.27 30.55 46.01 52.0 58.67 59.27	Jim Whitehead M50 Bob McGlashan Mack Stewart Louis Whitaker Dan Hawley M60 David Dallas	28.0 27.1 28.6 29.9 32.2 36.9 48.4	M35 James Darcy I  4x100m Relay M30 Beaumont TC Houston Harriers Bay Area RC M40 Houston Harriers Houston Harriers	47.4 51.8 52.7 A 50.9 B 52.9	M70 Gordon Nordgren W30 Charlotte Griffi Rebecca Vogt Debbie Gentry W40 Laura Smith W50 Elvira Vasquez 1500m	112-5 n 50-8 46-3 27-2 38-10 51-5	1 1 1 1 1 1 1
M60 Andy M65 Jim I W40 Mary	ly Czarny 35-21 n Richardson 34-4 y Orr 33-11 Platis 24-91 yLou Platis 24-6 cy Hamilton 18-1	W40 Marg Sutter W50 Joan Ailes 400m M30 Matt Reckmeyer M40 Robert Franzere M50 Howard Wiesser M60 George Luce	27.27 30.55 46.01 52.0 58.67 59.27 72.51	Jim Whitehead M50 Bob McGlashan Mack Stewart Louis Whitaker Dan Hawley M60 David Dallas M65 Louis Ciaccio	28.0 27.1 28.6 29.9 32.2 36.9 48.4	M35 James Darcy I  4x100m Relay M30 Beaumont TC Houston Harriers Bay Area RC M40 Houston Harriers Houston Harriers Bay Area RC	47.4 51.8 52.7 A 50.9 B 52.9 56.5	M70 Gordon Nordgren W30 Charlotte Griffi Rebecca Vogt Debbie Gentry W40 Laura Smith W50 Elvira Vasquez 1500m M30 Glenn Darrah	112-5 n 50-8 46-3 27-2 38-10 51-5 9:35.4	1 1 1 1 1
M60 Andy M65 Jim I W40 Mary Nancy W50 Racho	Y Czarny   35-2½	W40 Marg Sutter W50 Joan Ailes 400m M30 Matt Reckmeyer M40 Robert Franzere M50 Howard Wiesser M60 George Luce W30 Danis Willet	27.27 30.55 46.01 52.0 58.67 59.27 72.51 59.96	Jim Whitehead M50 Bob McGlashan Mack Stewart Louis Whitaker Dan Hawley M60 David Dallas M65 Louis Ciaccio W30 Charlotte Griffir Emily Shempp Debbie Gentry	28.0 27.1 28.6 29.9 32.2 36.9 48.4 37.1 39.1	M35 James Darcy I  4x100m Relay M30 Beaumont TC Houston Harriers Bay Area RC M40 Houston Harriers Houston Harriers Bay Area RC M50 Bay Area RC	47.4 51.8 52.7 A 50.9 B 52.9 56.5 63.1	M70 Gordon Nordgren W30 Charlotte Griffi Rebecca Vogt Debbie Gentry W40 Laura Smith W50 Elvira Vasquez 1500m M30 Glenn Darrah M35 Dave Gwynn	112-5 n 50-8 46-3 27-2 38-10 51-5 9:35.4 7:44.4	1 1 1 H H 4
M60 Andy M65 Jim I W40 Maryl Nanc; W50 Rache Discus M30 Robe	ly Czarny 35-2½ 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	W40 Marg Sutter W50 Joan Ailes 400m M30 Matt Reckmeyer M40 Robert Franzere M50 Howard Wiesser M60 George Luce W30 Danis Willet W40 Marg Sutter	27.27 30.55 46.01 52.0 58.67 59.27 72.51 59.96 73.66	Jim Whitehead M50 Bob McClashan Mack Stewart Louis Whitaker Dan Hawley M60 David Dallas M65 Louis Ciaccio W30 Charlotte Griffir Emily Shempp Debbie Gentry W35 Alida White	28.0 27.1 28.6 29.9 32.2 36.9 48.4 1 33.4 37.1 39.1 29.8	M35 James Darcy I  4x100m Relay M30 Beaumont TC Houston Harriers Bay Area RC M40 Houston Harriers Houston Harriers Bay Area RC M50 Bay Area RC W30 Houston Harriers	47.4 51.8 52.7 A 50.9 B 52.9 56.5 63.1 A 62.6	M70 Gordon Nordgren W30 Charlotte Griffi Rebecca Vogt Debbie Gentry W40 Laura Smith W50 Elvira Vasquez 1500m M30 Glenn Darrah M35 Dave Gwynn Ken Endris M45 Bob Duzan M65 John Evans	112-5 n 50-8 46-3 27-2 38-10 51-5 9:35.4 7:44.4 9:29.9 9:19.5 10:10.9	H 4 H
M60 Andy M65 Jim I W40 Maryl Nanc; W50 Racho Discus M30 Robe Skip	Y Czarny   35-2	W40 Marg Sutter W50 Joan Ailes 400m M30 Matt Reckmeyer M40 Robert Franzere M50 Howard Wiesser M60 George Luce W30 Danis Willet W40 Marg Sutter W50 Rosemary Kaufman	27.27 30.55 46.01 52.0 58.67 59.27 72.51 59.96 73.66	Jim Whitehead M50 Bob McGlashan Mack Stewart Louis Whitaker Dan Hawley M60 David Dallas M65 Louis Ciaccio W30 Charlotte Griffir Emily Shempp Debbie Gentry W35 Alida White Carol McLatchie	28.0 27.1 28.6 29.9 32.2 36.9 48.4 37.1 39.1 29.8 30.9	M35 James Darcy I  4x100m Relay M30 Beaumont TC Houston Harriers Bay Area RC M40 Houston Harriers Houston Harriers Bay Area RC M50 Bay Area RC	47.4 51.8 52.7 A 50.9 B 52.9 56.5 63.1 A 62.6	M70 Gordon Nordgren W30 Charlotte Griffi Rebecca Vogt Debbie Gentry W40 Laura Smith W50 Elvira Vasquez 1500m M30 Glenn Darrah M35 Dave Geynn Ken Endris M45 Bob Duzan	112-5 n 50-8 46-3 27-2 38-10 51-5 9:35-4 7:44-4 9:29-9 9:19.5	H 4 H
M60 Andy M65 Jim I W40 Maryl Nanc; W50 Rach Discus M30 Robel Skip Mike	Y Czarny   35-2	W40 Marg Sutter W50 Joan Ailes 400m M30 Matt Reckmeyer M40 Robert Franzere M50 Howard Wiesser M60 George Luce W30 Danis Willet W40 Marg Sutter W50 Rosemary Kaufman 800m	27.27 30.55 46.01 52.0 58.67 59.27 72.51 59.96 73.66 94.30	Jim Whitehead M50 Bob McGlashan Mack Stewart Louis Whitaker Dan Hawley M60 David Dallas M65 Louis Ciaccio W30 Charlotte Griffir Emily Shempp Debbie Gentry W35 Alida White Carol McLatchie W45 Vinnie Loyd	28.0 27.1 28.6 29.9 32.2 36.9 48.4 37.1 39.1 29.8 30.9 47.0	M35 James Darcy I  4x100m Relay M30 Beaumont TC Houston Harriers Bay Area RC M40 Houston Harriers Houston Harriers Bay Area RC M50 Bay Area RC W30 Houston Harriers Houston Harriers Houston Harriers	47.4 51.8 52.7 A 50.9 B 52.9 56.5 63.1 A 62.6	M70 Gordon Nordgren W30 Charlotte Griffi Rebecca Vogt Debbie Gentry W40 Laura Smith W50 Elvira Vasquez 1500m M30 Glenn Darrah M35 Dave Guynn Ken Endris M45 Bob Duzan M65 John Evans W35 Catherine White W40 BettyKaye Brown	112-5 n 50-8 46-3 27-2 38-10 51-5 9:35.4 7:44.4 9:29.9 9:19.5 10:10.9 9:43.4	H 4 H
M60 Andy M65 Jim I W40 Maryl Nanc; W50 Rache Discus M30 Rober Skip Mike M35 Denn	Y Czarny   35-2	W40 Marg Sutter W50 Joan Ailes 400m M30 Matt Reckmeyer M40 Robert Franzere M50 Howard Wiesser M60 George Luce W30 Danis Willet W40 Marg Sutter W50 Rosemary Kaufman 800m M30 Tom Kilcoyne	27.27 30.55 46.01 52.0 58.67 59.27 72.51 59.96 73.66 94.30	Jim Whitehead M50 Bob McGlashan Mack Stewart Louis Whitaker Dan Hawley M60 David Dallas M65 Louis Ciaccio W30 Charlotte Griffir Emily Shempp Debbie Gentry W35 Alida White Carol McLatchie	28.0 27.1 28.6 29.9 32.2 36.9 48.4 37.1 39.1 29.8 30.9 47.0 34.0	M35 James Darcy I  4x100m Relay M30 Beaumont TC Houston Harriers Bay Area RC M40 Houston Harriers I Bay Area RC M50 Bay Area RC W30 Houston Harriers I Houston Harriers I Houston Harriers I	47.4 51.8 52.7 A 50.9 B 52.9 56.5 63.1 A 62.6 B 63.1	M70 Gordon Nordgren W30 Charlotte Griffi Rebecca Vogt Debbie Gentry W40 Laura Smith W50 Elvira Vasquez 1500m M30 Glenn Darrah M35 Dave Guynn Ken Endris M45 Bob Duzan M65 John Evans W35 Catherine White W40 BettyKaye Brown Team Scores:	112-5 n 50-8 46-3 27-2 38-10 51-5 9:35.4 7:44.4 9:29.9 9:19.5 10:10.9 9:43.4 11:24.4	H 4 H H
M60 Andy M65 Jim I W40 Maryl Nancy W50 Rache Discus M30 Rober Skip Mike M35 Denn Pat	Y Czarny   35-2   1	W40 Marg Sutter W50 Joan Ailes 400m M30 Matt Reckmeyer M40 Robert Franzere M50 Howard Wiesser M60 George Luce W30 Danis Willet W40 Marg Sutter W50 Rosemary Kaufman 800m M30 Tom Kilcoyne M40 Warren Whitted	27.27 30.55 46.01 52.0 58.67 59.27 72.51 59.96 73.66 94.30 1:59.7 2:05.2	Jim Whitehead M50 Bob McGlashan Mack Stewart Louis Whitaker Dan Hawley M60 David Dallas M65 Louis Ciaccio W30 Charlotte Griffir Emily Shempp Debbie Gentry W35 Alida White Carol McLatchie W45 Vinnie Loyd	28.0 27.1 28.6 29.9 32.2 36.9 48.4 37.1 39.1 29.8 30.9 47.0	M35 James Darcy I  4x100m Relay M30 Beaumont TC Houston Harriers Bay Area RC M40 Houston Harriers Houston Harriers Bay Area RC M50 Bay Area RC W30 Houston Harriers Houston Harriers Houston Harriers M30 Bandicoot AC	47.4 51.8 52.7 A 50.9 B 52.9 56.5 63.1 A 62.6 B 63.1	M70 Gordon Nordgren W30 Charlotte Griffi Rebecca Vogt Debbie Gentry W40 Laura Smith W50 Elvira Vasquez 1500m M30 Glenn Darrah M35 Dave Gwynn Ken Endris M45 Bob Duzan M65 John Evans W35 Catherine White W40 BettyKaye Brown Team Scores: 1 Houston Harriers	112-5 n 50-8 46-3 27-2 38-10 51-5 9:35.4 7:44.4 9:29.9 9:43.4 11:24.4	H 4 H H
M60 Andy M65 Jim I W40 Maryl Nanc; W50 Rache Discus M30 Robe; Skip Mike M35 Denn Pat Larr	Y Czarny   35-2	W40 Marg Sutter W50 Joan Ailes 400m M30 Matt Reckmeyer M40 Robert Franzere M50 Howard Wiesser M60 George Luce W30 Danis Willet W40 Marg Sutter W50 Rosemary Kaufman 800m M30 Tom Kilcoyne M40 Warren Whitted M50 Howard Weisser	27.27 30.55 46.01 52.0 58.67 59.27 72.51 59.96 73.66 94.30 1:59.7 2:05.2 2:20.2	Jim Whitehead M50 Bob McGlashan Mack Stewart Louis Whitaker Dan Hawley M60 David Dallas M65 Louis Ciaccio W30 Charlotte Griffir Emily Shempp Debbie Gentry W35 Alida White Carol McLatchie W45 Vinnie Loyd W50 Neomi Garcia Elvira Vasquez	28.0 27.1 28.6 29.9 32.2 36.9 48.4 37.1 39.1 29.8 30.9 47.0 34.0	M35 James Darcy I  4x100m Relay M30 Beaumont TC Houston Harriers Bay Area RC M40 Houston Harriers Houston Harriers Bay Area RC M50 Bay Area RC W30 Houston Harriers Houston Harriers Houston Harriers M30 Bandicoot AC Houston Harriers	47.4 51.8 52.7 A 50.9 B 52.9 56.5 63.1 A 62.6 B 63.1	M70 Gordon Nordgren W30 Charlotte Griffi Rebecca Vogt Debbie Gentry W40 Laura Smith W50 Elvira Vasquez 1500m M30 Glenn Darrah M35 Dave Gwynn Ken Endris M45 Bob Duzan M65 John Evans W35 Catherine White W40 BettyKaye Brown Team Scores: 1 Houston Harriers 2 Bandicoot AC	112-5 n 50-8 46-3 27-2 38-10 51-5 9:35.4 7:44.4 9:29.9 9:10.5 10:10.9 9:43.4 11:24.4	H 4 H
M60 Andy M65 Jim II W40 Maryl Nanc; W50 Rache Discus M30 Rober Skip Mike M35 Denn Pat Larr M40 John	Y Czarny   35-2	W40 Marg Sutter W50 Joan Ailes 400m M30 Matt Reckmeyer M40 Robert Franzere M50 Howard Wiesser M60 George Luce W30 Danis Willet W40 Marg Sutter W50 Rosemary Kaufman 800m M30 Tom Kilcoyne M40 Warren Whitted M50 Howard Weisser M60+A1 Weaver	27.27 30.55 46.01 52.0 58.67 59.27 72.51 59.96 73.66 94.30 1:59.7 2:05.2 2:20.2	Jim Whitehead M50 Bob McGlashan Mack Stewart Louis Whitaker Dan Hawley M60 David Dallas M65 Louis Ciaccio W30 Charlotte Griffir Emily Shempp Debbie Gentry W35 Alida White Carol McLatchie W45 Vinnie Loyd W50 Neomi Garcia Elvira Vasquez	28.0 27.1 28.6 29.9 32.2 36.9 48.4 37.1 39.1 29.8 30.9 47.0 34.0 38.7	M35 James Darcy I  4x100m Relay M30 Beaumont TC Houston Harriers Bay Area RC M40 Houston Harriers Houston Harriers Bay Area RC M50 Bay Area RC W30 Houston Harriers Houston Harriers Houston Harriers M4x400m Relay M30 Bandicoot AC Houston Harriers M40 Houston Harriers	47.4 51.8 52.7 A 50.9 B 52.9 56.5 63.1 A 62.6 B 63.1	M70 Gordon Nordgren W30 Charlotte Griffi Rebecca Vogt Debbie Gentry W40 Laura Smith W50 Elvira Vasquez 1500m M30 Glenn Darrah M35 Dave Geynn Ken Endris M45 Bob Duzan M65 John Evans W35 Catherine White W40 BettyKaye Brown Team Scores: 1 Houston Harriers 2 Bandicoot AC 3 Bay Area RC	112-5 n 50-8 46-3 27-2 38-10 51-5 9:35.4 7:44.4 9:29.9 9:19.5 10:10.9 9:43.4 11:24.4 472 409 280	H 4 H H H 3 H
M60 Andy M65 Jim I W40 Maryl Nanc; W50 Rache Discus M30 Rober Skip Mike M35 Denn Pat Larr M40 John M45 Sid	Y Czarny   35-2   1	W40 Marg Sutter W50 Joan Ailes 400m M30 Matt Reckmeyer M40 Robert Franzere M50 Howard Wiesser M60 George Luce W30 Danis Willet W40 Marg Sutter W50 Rosemary Kaufman M30 Tom Kilcoyne M40 Warren Whitted M50 Howard Weisser M60+Al Weaver W30 Barbara Baltzell	27.27 30.55 46.01 52.0 58.67 59.27 72.51 59.96 73.66 94.30 1:59.7 2:05.2 2:20.2 2:51.7 2:38.2	Jim Whitehead M50 Bob McGlashan Mack Stewart Louis Whitaker Dan Hawley M60 David Dallas M65 Louis Ciaccio W30 Charlotte Griffir Emily Shempp Debbie Gentry W35 Alida White Carol McLatchie W45 Vinnie Loyd W50 Neomi Garcia Elvira Vasquez  400m M30 Pat Chimes	28.0 27.1 28.6 29.9 32.2 36.9 48.4 37.1 39.1 29.8 30.9 47.0 38.7	M35 James Darcy I  4x100m Relay M30 Beaumont TC Houston Harriers Bay Area RC M40 Houston Harriers I Bay Area RC M50 Bay Area RC W30 Houston Harriers I Houston Harriers I Ax400m Relay M30 Bandicoot AC Houston Harriers M40 Houston Harriers M50 Terlingua TC	47.4 51.8 52.7 A 50.9 B 52.9 56.5 63.1 A 62.6 B 63.1 3:53.9 4:03.2 3:55.0 4:42.1	M70 Gordon Nordgren W30 Charlotte Griffi Rebecca Vogt Debbie Gentry W40 Laura Smith W50 Elvira Vasquez 1500m M30 Glenn Darrah M35 Dave Guynn Ken Endris M45 Bob Duzan M65 John Evans W35 Catherine White W40 BettyKaye Brown Team Scores:  1 Houston Harriers 2 Bandicoot AC 3 Bay Area RC 4 Terlingua TC	112-5 n 50-8 46-3 27-2 38-10 51-5 9:35.4 7:44.4 9:29.9 9:19.5 10:10.9 9:43.4 11:24.4 472 409 280	H 4 H H H 3 H
M60 Andy M65 Jim ii W40 Maryl Nancy W50 Rache Discus M30 Rober Skip Mike M35 Denn Pat Larr M40 John M45 Std Bill	Y Czarny   35-2	W40 Marg Sutter W50 Joan Ailes 400m M30 Matt Reckmeyer M40 Robert Franzere M50 Howard Wiesser M60 George Luce W30 Danis Willet W40 Marg Sutter W50 Rosemary Kaufman 800m M30 Tom Kilcoyne M40 Warren Whitted M50 Howard Weisser M60+Al Weaver W30 Barbara Baltzell W40 Laurel Miller	27.27 30.55 46.01 52.0 58.67 59.27 72.51 59.96 73.66 94.30 1:59.7 2:05.2 2:20.2 2:51.7 2:38.2 3:07.7	Jim Whitehead M50 Bob McGlashan Mack Stewart Louis Whitaker Dan Hawley M60 David Dallas M65 Louis Ciaccio W30 Charlotte Griffir Emily Shempp Debbie Gentry W35 Alida White Carol McLatchie W45 Vinnie Loyd W50 Neomi Garcia Elvira Vasquez  400m M30 Pat Chimes Glenn Darrah	28.0 27.1 28.6 29.9 32.2 36.9 48.4 37.1 39.1 29.8 30.9 47.0 34.0 38.7	M35 James Darcy I  4x100m Relay M30 Beaumont TC Houston Harriers Bay Area RC M40 Houston Harriers Houston Harriers Bay Area RC M50 Bay Area RC W30 Houston Harriers Houston Harriers Houston Harriers M30 Bandicoot AC Houston Harriers M40 Houston Harriers M50 Terlingua TC Bay Area TC	47.4 51.8 52.7 A 50.9 B 52.9 56.5 63.1 A 62.6 B 63.1 3:53.9 4:03.2 3:55.0 4:42.1 4:59.6	M70 Gordon Nordgren W30 Charlotte Griffi Rebecca Vogt Debbie Gentry W40 Laura Smith W50 Elvira Vasquez 1500m M30 Glenn Darrah M35 Dave Geynn Ken Endris M45 Bob Duzan M65 John Evans W35 Catherine White W40 BettyKaye Brown Team Scores: 1 Houston Harriers 2 Bandicoot AC 3 Bay Area RC	112-5 n 50-8 46-3 27-2 38-10 51-5 9:35.4 7:44.4 9:29.9 9:19.5 10:10.9 9:43.4 11:24.4 472 409 280	H 4 H H
M60 Andy M65 Jim II W40 Maryl Nanc; W50 Rache M30 Rober Skip Mike M35 Denn Pat Larr M40 John M45 Sid Bill Terr	Y Czarny   35-2	W40 Marg Sutter W50 Joan Ailes 400m M30 Matt Reckmeyer M40 Robert Franzere M50 Howard Wiesser M60 George Luce W30 Danis Willet W40 Marg Sutter W50 Rosemary Kaufman 800m M30 Tom Kilcoyne M40 Warren Whitted M50 Howard Weisser M60+Al Weaver W30 Barbara Baltzell W40 Laurel Miller W50 Carol Cross	27.27 30.55 46.01 52.0 58.67 59.27 72.51 59.96 73.66 94.30 1:59.7 2:05.2 2:20.2 2:51.7 2:38.2	Jim Whitehead M50 Bob McGlashan Mack Stewart Louis Whitaker Dan Hawley M60 David Dallas M65 Louis Ciaccio W30 Charlotte Griffir Emily Shempp Debbie Gentry W35 Alida White Carol McLatchie W45 Vinnie Loyd W50 Neomi Garcia Elvira Vasquez  400m M30 Pat Chimes Glenn Darrah M35 Billy Smith	28.0 27.1 28.6 29.9 32.2 36.9 48.4 37.1 39.1 29.8 30.9 47.0 34.0 38.7	M35 James Darcy I  4x100m Relay M30 Beaumont TC Houston Harriers Bay Area RC M40 Houston Harriers I Bay Area RC M50 Bay Area RC W30 Houston Harriers I Houston Harriers I Ax400m Relay M30 Bandicoot AC Houston Harriers M40 Houston Harriers M50 Terlingua TC	47.4 51.8 52.7 A 50.9 B 52.9 56.5 63.1 A 62.6 B 63.1 3:53.9 4:03.2 3:55.0 4:42.1 4:59.6	M70 Gordon Nordgren W30 Charlotte Griffi Rebecca Vogt Debbie Gentry W40 Laura Smith W50 Elvira Vasquez 1500m M30 Glenn Darrah M35 Dave Guynn Ken Endris M45 Bob Duzan M65 John Evans W35 Catherine White W40 BettyKaye Brown Team Scores:  1 Houston Harriers 2 Bandicoot AC 3 Bay Area RC 4 Terlingua TC	112-5 n 50-8 46-3 27-2 38-10 51-5 9:35.4 7:44.4 9:29.9 9:19.5 10:10.9 9:43.4 11:24.4 472 409 280	H 4 H H H A H 4 H 4
M60 Andy M65 Jim II W40 Maryl Nanc; W50 Rache Discus M30 Robe; Skip Mike M35 Denn Pat Larr M40 John M45 Sid Bill Terr M50 Bob	Y Czarny   35-2   1	W40 Marg Sutter W50 Joan Ailes 400m M30 Matt Reckmeyer M40 Robert Franzere M50 Howard Wiesser M60 George Luce W30 Danis Willet W40 Marg Sutter W50 Rosemary Kaufman 800m M30 Tom Kilcoyne M40 Warren Whitted M50 Howard Weisser M60+A1 Weaver W30 Barbara Baltzell W40 Laurel Miller W50 Carol Cross 1500m	27.27 30.55 46.01 52.0 58.67 59.27 72.51 59.96 73.66 94.30 1:59.7 2:05.2 2:20.2 2:51.7 2:38.2 3:07.7 3:45.5	Jim Whitehead M50 Bob McGlashan Mack Stewart Louis Whitaker Dan Hawley M60 David Dallas M65 Louis Ciaccio W30 Charlotte Griffir Emily Shempp Debbie Gentry W35 Alida White Carol McLatchie W45 Vinnie Loyd W50 Neomi Garcia Elvira Vasquez  400m M30 Pat Chimes Glenn Darrah M35 Billy Smith Jimmy Bell	28.0 27.1 28.6 29.9 32.2 36.9 48.4 37.1 39.1 29.8 30.9 47.0 34.0 38.7	M35 James Darcy I  4x100m Relay M30 Beaumont TC Houston Harriers Bay Area RC M40 Houston Harriers Houston Harriers Bay Area RC M50 Bay Area RC W30 Houston Harriers Houston Harriers Houston Harriers M40 Houston Harriers M40 Houston Harriers M40 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers	47.4 51.8 52.7 A 50.9 B 52.9 56.5 63.1 A 62.6 B 63.1 3:53.9 4:03.2 3:55.0 4:42.1 4:59.6	M70 Gordon Nordgren W30 Charlotte Griffi Rebecca Vogt Debbie Gentry W40 Laura Smith W50 Elvira Vasquez 1500m M30 Glenn Darrah M35 Dave Gwynn Ken Endris M45 Bob Duzan M65 John Evans W35 Catherine White W40 BettyKaye Brown Team Scores: 1 Houston Harriers 2 Bandicoot AC 3 Bay Area RC 4 Terlingua TC 5 Houston Masters	112-5 n 50-8 46-3 27-2 38-10 51-5 9:35.4 7:44.4 9:29.9 9:43.4 11:24.4 472 409 280 92 56	H 4 H H H 3 H
M60 Andy M65 Jim II W40 Maryl Nanc; W50 Rache Discus M30 Rober Skip Mike M35 Denn Pat Larr M40 John M45 Sid Bill Terr M50 Bob Ed S	Y Czarny   35-2	W40 Marg Sutter W50 Joan Ailes 400m M30 Matt Reckmeyer M40 Robert Franzere M50 Howard Wiesser M60 George Luce W30 Danis Willet W40 Marg Sutter W50 Rosemary Kaufman 800m M30 Tom Kilcoyne M40 Warren Whitted M50 Howard Weisser M60+Al Weaver W30 Barbara Baltzell W40 Laurel Miller W50 Carol Cross 1500m M30 Dale Bradley	27.27 30.55 46.01 52.0 58.67 59.27 72.51 59.96 73.66 94.30 1:59.7 2:05.2 2:20.2 2:51.7 2:38.2 3:07.7 3:45.5	Jim Whitehead M50 Bob McGlashan Mack Stewart Louis Whitaker Dan Hawley M60 David Dallas M65 Louis Ciaccio W30 Charlotte Griffir Emily Shempp Debbie Gentry W35 Alida White Carol McLatchie W45 Vinnie Loyd W50 Neomi Garcia Elvira Vasquez  400m M30 Pat Chimes Glenn Darrah M35 Billy Smith Jimmy Bell Palmer Harry	28.0 27.1 28.6 29.9 32.2 36.9 48.4 37.1 39.1 29.8 30.9 47.0 38.7 61.4 63.4 50.5 62.3 63.1	M35 James Darcy I  4x100m Relay M30 Beaumont TC Houston Harriers Bay Area RC M40 Houston Harriers Bay Area RC M50 Bay Area RC W30 Houston Harriers Houston Harriers Houston Harriers Houston Harriers M40 Bandicoot AC Houston Harriers M40 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers H50 Terlingua TC Bay Area TC W30 Houston Harriers High Jump	47.4 51.8 52.7 A 50.9 B 52.9 56.5 63.1 A 62.6 B 63.1 3:53.9 4:03.2 3:55.0 4:42.1 4:59.6 (5:04.1	M70 Gordon Nordgren W30 Charlotte Griffi Rebecca Vogt Debbie Gentry W40 Laura Smith W50 Elvira Vasquez 1500m M30 Glenn Darrah M35 Dave Guynn Ken Endris M45 Bob Duzan M65 John Evans W35 Catherine White W40 BettyKaye Brown Team Scores:  1 Houston Harriers 2 Bandicoot AC 3 Bay Area RC 4 Terlingua TC	112-5 n 50-8 46-3 27-2 38-10 51-5 9:35.4 7:44.4 9:29.9 9:43.4 11:24.4 472 409 280 92 56	H 4 H H H A H 4 H 4
M60 Andy M65 Jim I W40 Maryl Nancy W50 Rache Discus M30 Rober Skip Mike M35 Denn Pat Larr M40 John M45 Sid Bill Terr M50 Bob Ed S Fran	Y Czarny   35-2	W40 Marg Sutter W50 Joan Ailes 400m M30 Matt Reckmeyer M40 Robert Franzere M50 Howard Wiesser M60 George Luce W30 Danis Willet W40 Marg Sutter W50 Rosemary Kaufman 800m M30 Tom Kilcoyne M40 Warren Whitted M50 Howard Weisser M60+Al Weaver W30 Barbara Baltzell W40 Laurel Miller W50 Carol Cross 1500m M30 Dale Bradley M40 John Hawkins	27.27 30.55 46.01 52.0 58.67 59.27 72.51 59.96 73.66 94.30 1:59.7 2:05.2 2:20.2 2:51.7 2:38.2 3:07.7 3:45.5	Jim Whitehead M50 Bob McGlashan Mack Stewart Louis Whitaker Dan Hawley M60 David Dallas M65 Louis Ciaccio W30 Charlotte Griffir Emily Shempp Debbie Gentry W35 Alida White Carol McLatchie W45 Vinnie Loyd W50 Neomi Garcia Elvira Vasquez  400m M30 Pat Chimes Glenn Darrah M35 Billy Smith Jimmy Bell Palmer Harry M40 Robert Mitchell	28.0 27.1 28.6 29.9 32.2 36.9 48.4 37.1 39.1 29.8 30.9 47.0 34.0 38.7	M35 James Darcy I  4x100m Relay M30 Beaumont TC Houston Harriers Bay Area RC M40 Houston Harriers Houston Harriers Bay Area RC M50 Bay Area RC W30 Houston Harriers Houston Harriers Houston Harriers M30 Bandicoot AC Houston Harriers M40 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers	47.4 51.8 52.7 A 50.9 B 52.9 56.5 63.1 A 62.6 B 63.1 3:53.9 4:03.2 3:55.0 4:42.1 4:59.6 (5:04.1	M70 Gordon Nordgren W30 Charlotte Griffi Rebecca Vogt Debbie Gentry W40 Laura Smith W50 Elvira Vasquez 1500m M30 Glenn Darrah M35 Dave Gwynn Ken Endris M45 Bob Duzan M65 John Evans W35 Catherine White W40 BettyKaye Brown Team Scores: 1 Houston Harriers 2 Bandicoot AC 3 Bay Area RC 4 Terlingua TC 5 Houston Masters	112-5 n 50-8 46-3 27-2 38-10 51-5 9:35.4 7:44.4 9:29.9 9:43.4 11:24.4 472 409 280 92 56	H 4 H H H H H H H H H
M60 Andy M65 Jim II W40 Maryl Nanc; W50 Rache M30 Rober Skip Mike M35 Denn Pat Larr M40 John M45 Sid Bill Terr M50 Bob Ed S Fran M55 D E	Y Czarny   35-2	W40 Marg Sutter W50 Joan Ailes 400m M30 Matt Reckmeyer M40 Robert Franzere M50 Howard Wiesser M60 George Luce W30 Danis Willet W40 Marg Sutter W50 Rosemary Kaufman 800m M30 Tom Kilcoyne M40 Warren Whitted M50 Howard Weisser M60+A1 Weaver W30 Barbara Baltzell W40 Laurel Miller W50 Carol Cross 1500m M30 Dale Bradley M40 John Hawkins M50 Ernie Nick	27.27 30.55 46.01 52.0 58.67 59.27 72.51 59.96 73.66 94.30 1:59.7 2:05.2 2:20.2 2:51.7 2:38.2 3:07.7 3:45.5 4:05.3 4:30.6 4:57.9	Jim Whitehead M50 Bob McGlashan Mack Stewart Louis Whitaker Dan Hawley M60 David Dallas M65 Louis Ciaccio W30 Charlotte Griffir Emily Shempp Debbie Gentry W35 Alida White Carol McLatchie W45 Vinnie Loyd W50 Neomi Garcia Elvira Vasquez 400m M30 Pat Chimes Glenn Darrah M35 Billy Smith Jimmy Bell Palmer Harry M40 Robert Mitchell Herb Stein	28.0 27.1 28.6 29.9 32.2 36.9 48.4 37.1 39.1 29.8 30.9 47.0 34.0 38.7 61.4 63.4 50.5 62.3 63.1 52.7 55.9	M35 James Darcy I  4x100m Relay M30 Beaumont TC Houston Harriers Bay Area RC M40 Houston Harriers Bay Area RC M50 Bay Area RC W30 Houston Harriers Houston Harriers Houston Harriers M50 Bandicoot AC Houston Harriers M40 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Tom Wilson	47.4 51.8 52.7 A 50.9 B 52.9 56.5 63.1 A 62.6 B 63.1 3:53.9 4:03.2 3:55.0 4:42.1 4:59.6 5:04.1	M70 Gordon Nordgren W30 Charlotte Griffi Rebecca Vogt Debbie Gentry W40 Laura Smith W50 Elvira Vasquez 1500m M30 Glenn Darrah M35 Dave Gyynn Ken Endris M45 Bob Duzan M65 John Evans W35 Catherine White W40 BettyKaye Brown Team Scores: 1 Houston Harriers 2 Bandicoot AC 3 Bay Area RC 4 Terlingua TC 5 Houston Masters  NORTHW Montana Masters M	112-5 n 50-8 46-3 27-2 38-10 51-5 9:35.4 7:44.4 9:29.9 9:43.4 11:24.4 472 409 280 92 56	H 4 H H H H H H H H H
M60 Andy M65 Jim I W40 Maryl Nanc; W50 Rache Discus M30 Rober Skip M38 Denn Pat Larr M40 John M45 Sid Bill Terr M50 Bob Ed S Fran M55 D E Don	Y Czarny   35-2   1	W40 Marg Sutter W50 Joan Ailes 400m M30 Matt Reckmeyer M40 Robert Franzere M50 Howard Wiesser M60 George Luce W30 Danis Willet W40 Marg Sutter W50 Rosemary Kaufman 800m M30 Tom Kilcoyne M40 Warren Whitted M50 Howard Weisser M60+A1 Weaver W30 Barbara Baltzell W40 Laurel Miller W50 Carol Cross 1500m M30 Dale Bradley M40 John Hawkins M50 Ernie Nick M60+Harold Hultquist	27.27 30.55 46.01 52.0 58.67 59.27 72.51 59.96 73.66 94.30 1:59.7 2:20.2 2:51.7 2:38.2 3:07.7 3:45.5 4:05.3 4:30.6 4:57.9 6:26.3	Jim Whitehead M50 Bob McGlashan Mack Stewart Louis Whitaker Dan Hawley M60 David Dallas M65 Louis Ciaccio W30 Charlotte Griffir Emily Shempp Debbie Gentry W35 Alida White Carol McLatchie W45 Vinnie Loyd W50 Neomi Garcia Elvira Vasquez  400m M30 Pat Chimes Glenn Darrah M35 Billy Smith Jimmy Bell Palmer Harry M40 Robert Mitchell Herb Stein Ed Stewart Jr	28.0 27.1 28.6 29.9 32.2 36.9 48.4 37.1 39.1 29.8 30.9 47.0 38.7 61.4 63.4 50.5 62.3 63.1 52.7 55.9 56.1	M35 James Darcy I  4x100m Relay M30 Beaumont TC Houston Harriers Bay Area RC M40 Houston Harriers Bay Area RC M50 Bay Area RC W30 Houston Harriers Houston Harriers Houston Harriers Houston Harriers M40 Houston Harriers M40 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M40 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M10 Terlingua TC Bay Area TC W30 Houston Harriers M10 Terlingua TC Bay Area TC W30 Houston Harriers M10 Terlingua TC Bay Area TC W30 Houston Harriers M10 Terlingua TC Bay Area TC W30 Houston Harriers M11 Vigt	47.4 51.8 52.7 A 50.9 B 52.9 56.5 63.1 A 62.6 B 63.1 3:53.9 4:03.2 3:55.0 4:42.1 4:59.6 (5:04.1	M70 Gordon Nordgren W30 Charlotte Griffi Rebecca Vogt Debbie Gentry W40 Laura Smith W50 Elvira Vasquez 1500m M30 Glenn Darrah M35 Dave Geynn Ken Endris M45 Bob Duzan M65 John Evans W35 Catherine White W40 BettyKaye Brown Team Scores:  1 Houston Harriers 2 Bandicoot AC 3 Bay Area RC 4 Terlingua TC 5 Houston Masters  NORTHW Montana Masters M Billings, MT	112-5 n 50-8 46-3 27-2 38-10 51-5 9:35.4 7:44.4 9:29.9 9:43.4 11:24.4 472 409 280 92 56	HAINN SIN AIN AIN HIN PIN
M60 Andy M65 Jim I W40 Maryl Nanc; W50 Rache Discus M30 Rober Skip Mise M35 Denn Pat Larr M40 John M45 Sid Bill Terr M50 Bob Ed S Fran M55 D E Don Pete	Y Czarny   35-2	W40 Marg Sutter W50 Joan Ailes 400m M30 Matt Reckmeyer M40 Robert Franzere M50 Howard Wiesser M60 George Luce W30 Danis Willet W40 Marg Sutter W50 Rosemary Kaufman 800m M30 Tom Kilcoyne M40 Warren Whitted M50 Howard Weisser M60+Al Weaver W30 Barbara Baltzell W40 Laurel Miller W50 Carol Cross 1500m M30 Dale Bradley M40 John Hawkins M50 Ernie Nick M60+Harold Hultquist W30 Cathy Biltoft	27.27 30.55 46.01 52.0 58.67 59.27 72.51 59.96 73.66 94.30 1:59.7 2:05.2 2:20.2 2:51.7 2:38.2 3:07.7 3:45.5 4:05.3 4:30.6 4:57.9 6:26.3 5:52.0	Jim Whitehead M50 Bob McGlashan Mack Stewart Louis Whitaker Dan Hawley M60 David Dallas M65 Louis Ciaccio W30 Charlotte Griffir Emily Shempp Debbie Gentry W35 Alida White Carol McLatchie W45 Vinnie Loyd W50 Neomi Garcia Elvira Vasquez  400m M30 Pat Chimes Glenn Darrah M35 Billy Smith Jimmy Bell Palmer Harry M40 Robert Mitchell Herb Stein Ed Stewart Jr M45 Fred Lentjes	28.0 27.1 28.6 29.9 32.2 36.9 48.4 37.1 39.1 29.8 30.9 47.0 34.0 38.7 61.4 63.4 50.5 62.3 63.1 52.7 55.1	M35 James Darcy I  4x100m Relay M30 Beaumont TC Houston Harriers Bay Area RC M40 Houston Harriers Houston Harriers Bay Area RC M50 Bay Area RC W30 Houston Harriers Houston Harriers Houston Harriers M30 Bandicoot AC Houston Harriers M40 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Tom Wilson Bill Vogt Jim Darcy	47.4 51.8 52.7 A 50.9 B 52.9 56.5 63.1 A 62.6 B 63.1 3:53.9 4:03.2 3:55.0 4:42.1 4:59.6 (5:04.1	M70 Gordon Nordgren W30 Charlotte Griffi Rebecca Vogt Debbie Gentry W40 Laura Smith W50 Elvira Vasquez 1500m M30 Glenn Darrah M35 Dave Gyynn Ken Endris M45 Bob Duzan M65 John Evans W35 Catherine White W40 BettyKaye Brown Team Scores: 1 Houston Harriers 2 Bandicoot AC 3 Bay Area RC 4 Terlingua TC 5 Houston Masters  NORTHW Montana Masters M	112-5 n 50-8 46-3 27-2 38-10 51-5 9:35.4 7:44.4 9:29.9 9:43.4 11:24.4 472 409 280 92 56	HAINN SIN AIN AIN HIN PIN
M60 Andy M65 Jim II W40 Maryl Nanc; W50 Rache M30 Rober Skip Mike M35 Denn Pat Larr M40 John M45 Std Bill Terr M50 Bob Ed S Fran M55 D E Don Pete M60 Andy	Y Czarny   35-2	W40 Marg Sutter W50 Joan Ailes 400m M30 Matt Reckmeyer M40 Robert Franzere M50 Howard Wiesser M60 George Luce W30 Danis Willet W40 Marg Sutter W50 Rosemary Kaufman 800m M30 Tom Kilcoyne M40 Warren Whitted M50 Howard Weisser M60+Al Weaver W30 Barbara Baltzell W40 Laurel Miller W50 Carol Cross 1500m M30 Dale Bradley M40 John Hawkins M50 Ernie Nick M60+Harold Hultquist W30 Cathy Biltoft W40 Laurel Miller	27.27 30.55 46.01 52.0 58.67 59.27 72.51 59.96 73.66 94.30 1:59.7 2:20.2 2:51.7 2:38.2 3:07.7 3:45.5 4:05.3 4:30.6 4:57.9 6:26.3	Jim Whitehead M50 Bob McGlashan Mack Stewart Louis Whitaker Dan Hawley M60 David Dallas M65 Louis Ciaccio W30 Charlotte Griffir Emily Shempp Debbie Gentry W35 Alida White Carol McLatchie W45 Vinnie Loyd W50 Neomi Garcia Elvira Vasquez  400m M30 Pat Chimes Glenn Darrah M35 Billy Smith Jimmy Bell Palmer Harry M40 Robert Mitchell Herb Stein Ed Stewart Jr M45 Fred Lentjes Jim Whitehead	28.0 27.1 28.6 29.9 32.2 36.9 48.4 37.1 39.1 29.8 30.9 47.0 34.0 38.7 61.4 63.4 50.5 62.3 63.1 52.7 55.9 56.1	M35 James Darcy I  4x100m Relay M30 Beaumont TC Houston Harriers Bay Area RC M40 Houston Harriers Bay Area RC M50 Houston Harriers Houston Harriers Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Terlingua TC W30 Houston Harriers M50 Town Wilson Bill Yogt Jim Darcy M45 Fred Lentjes	47.4 51.8 51.8 51.7 A 50.9 B 52.9 56.5 63.1 A 62.6 B 63.1 3:53.9 4:03.2 3:55.0 4:42.1 5-0 5-6 4:44.1	M70 Gordon Nordgren W30 Charlotte Griffi Rebecca Vogt Debbie Gentry W40 Laura Saith W50 Elvira Vasquez 1500m M30 Glenn Darrah M35 Dave Geynn Ken Endris M45 Bob Duzan M65 John Evans W35 Catherine White W40 BettyKaye Brown Team Scores: 1 Houston Harriers 2 Bandicoot AC 3 Bay Area RC 4 Terlingua TC 5 Houston Masters  NORTHW Montana Masters M Billings, MT August 11-12	112-5 n 50-8 46-3 27-2 38-10 51-5 9:35.4 7:44.4 9:29.9 9:43.4 11:24.4 472 409 280 92 56	H 4 H H H H H H H H H
M60 Andy M65 Jim II W40 Maryl Nanc; W50 Rache Discus M30 Rober Skip Mike M35 Denn Pat Larr M40 John M45 Sid Bill Terr M50 Bob Ed S Fran M55 D E Don Pete M60 Andy M65 Mel	Y Czarny   35-2   1	W40 Marg Sutter W50 Joan Ailes 400m M30 Matt Reckmeyer M40 Robert Franzere M50 Howard Wiesser M60 George Luce W30 Danis Willet W40 Marg Sutter W50 Rosemary Kaufman M30 Tom Kilcoyne M40 Warren Whitted M50 Howard Weisser M60+A1 Weaver W30 Barbara Baltzell W40 Laurel Miller W50 Carol Cross 1500m M30 Dale Bradley M40 John Hawkins M50 Ernie Nick M60+Harold Hultquist W30 Cathy Biltoft W40 Laurel Miller W40 Laurel Miller	27.27 30.55 46.01 52.0 58.67 59.27 72.51 59.96 73.66 94.30 1:59.7 2:05.2 2:20.2 2:51.7 2:38.2 3:07.7 3:45.5 4:05.3 4:30.6 4:57.9 6:26.3 5:52.0 6:36.3	Jim Whitehead M50 Bob McGlashan Mack Stewart Louis Whitaker Dan Hawley M60 David Dallas M65 Louis Ciaccio W30 Charlotte Griffir Emily Shempp Debbie Gentry W35 Alida White Carol McLatchie W45 Vinnie Loyd W50 Neomi Garcia Elvira Vasquez  400m M30 Pat Chimes Glenn Darrah M35 Billy Smith Jimmy Bell Palmer Harry M40 Robert Mitchell Herb Stein Ed Stewart Jr M45 Fred Lentjes Jim Whitehead M50 Mack Stewart	28.0 27.1 28.6 29.9 32.2 36.9 48.4 37.1 39.1 29.8 30.9 47.0 34.0 38.7 61.4 63.4 50.5 62.3 63.1 52.7 55.9 56.1 59.4 64.5	M35 James Darcy I  4x100m Relay M30 Beaumont TC Houston Harriers Bay Area RC M40 Houston Harriers Houston Harriers Bay Area RC M50 Bay Area RC W30 Houston Harriers Houston Harriers Houston Harriers M50 Bandicoot AC Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Terlingua TC W30 Houston Harriers M50 Ferd Lentjes M50 Bob McGlashan	47.4 51.8 52.7 A 50.9 56.5 63.1 3:53.9 4:03.2 3:55.0 4:42.1 4:59.6 5:04.1	M70 Gordon Nordgren W30 Charlotte Griffi Rebecca Vogt Debbie Gentry W40 Laura Smith W50 Elvira Vasquez 1500m M30 Glenn Darrah M35 Dave Guynn Ken Endris M45 Bob Duzan M65 John Evans W35 Catherine White W40 BettyKaye Brown Team Scores:  1 Houston Harriers 2 Bandicoot AC 3 Bay Area RC 4 Terlingua TC 5 Houston Masters  NORTHV  Montana Masters N Billings, MT August 11-12	112-5 n 50-8 46-3 27-2 38-10 51-5 9:35.4 7:44.4 9:29.9 9:19.5 10:10.9 9:43.4 11:24.4 472 409 280 92 56	HAINH SIN AIN AIN HIN PIN LIN
M60 Andy M65 Jim I W40 Maryl Nanc; W50 Rache Discus M30 Rober Skip M3ke M35 Denn Pat Larr M40 John M45 Sid Bill Terr M50 Bob Ed S Fran M55 D E Don Pete M60 Andy M65 Mel Jim	Y Czarny   35-2	W40 Marg Sutter W50 Joan Ailes 400m M30 Matt Reckmeyer M40 Robert Franzere M50 Howard Wiesser M60 George Luce W30 Danis Willet W40 Marg Sutter W50 Rosemary Kaufman M30 Tom Kilcoyne M40 Warren Whitted M50 Howard Weisser M60+A1 Weaver W30 Barbara Baltzell W40 Laurel Miller W50 Carol Cross 1500m M30 Dale Bradley M40 John Hawkins M50 Ernie Nick M60+Harold Hultquist W30 Cathy Biltoft W40 Laurel Miller W30 Cathy Biltoft W40 Laurel Miller	27.27 30.55 46.01 52.0 58.67 59.27 72.51 59.96 73.66 94.30 1:59.7 2:05.2 2:20.2 2:51.7 2:38.2 3:07.7 3:45.5 4:05.3 4:30.6 4:57.9 6:26.3 5:52.0 6:36.3 8:30.4	Jim Whitehead M50 Bob McGlashan Mack Stewart Louis Whitaker Dan Hawley M60 David Dallas M65 Louis Ciaccio W30 Charlotte Griffir Emily Shempp Debbie Gentry W35 Alida White Carol McLatchie W45 Vinnie Loyd W50 Neomi Garcia Elvira Vasquez  400m M30 Pat Chimes Glenn Darrah M35 Billy Smith Jimmy Bell Palmer Harry M40 Robert Mitchell Herb Stein Ed Stewart Jim Whitehead M50 Mack Stewart Louis Whitaker	28.0 27.1 28.6 29.9 32.2 36.9 48.4 37.1 39.1 39.4 7.0 34.0 38.7 61.4 63.4 50.5 62.3 63.1 52.7 55.1 59.4 61.4 64.5 66.1	M35 James Darcy I  4x100m Relay M30 Beaumont TC Houston Harriers Bay Area RC M40 Houston Harriers Houston Harriers Bay Area RC M50 Bay Area RC W30 Houston Harriers Houston Harriers Houston Harriers Houston Harriers M40 Houston Harriers M50 Bandicoot AC Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Houston Harriers M50 Tom Wilson Bill Vogt Jim Darcy M45 Fred Lentjes M50 Bob McGlashan M60 Tom Bass	47.4 51.8 52.7 A 50.9 B 52.9 56.5 63.1 A 62.6 B 63.1 3:53.9 4:03.2 3:55.0 4:42.1 4:59.6 5:04.1	M70 Gordon Nordgren W30 Charlotte Griffi Rebecca Vogt Debbie Gentry W40 Laura Smith W50 Elvira Vasquez 1500m M30 Glenn Darrah M35 Dave Gwynn Ken Endris M45 Bob Duzan M65 John Evans W35 Catherine White W40 BettyKaye Brown Team Scores:  1 Houston Harriers 2 Bandicoot AC 3 Bay Area RC 4 Terlingua TC 5 Houston Masters  NORTHW Montana Masters M Billings, MT August 11-12	112-5 n 50-8 46-3 27-2 38-10 51-5 9:35.4 7:44.4 9:29.9 9:19.5 10:10.9 9:43.4 11:24.4 472 409 280 92 56	HAINN SIN AINAIN PIN LIN
M60 Andy M65 Jim I W40 Maryl Nanc; W50 Rache Discus M30 Robe; Skip Mise M35 Denn Pat Larr M40 John M45 Sid Bill Terr M50 Bob Ed S Fran M55 D E Don Pete M60 Andy M65 Mel Jim W35 Marc	Y Czarny   35-2	W40 Marg Sutter W50 Joan Ailes 400m M30 Matt Reckmeyer M40 Robert Franzere M50 Howard Wiesser M60 George Luce W30 Danis Willet W40 Marg Sutter W50 Rosemary Kaufman 800m M30 Tom Kilcoyne M40 Warren Whitted M50 Howard Weisser M60+Al Weaver W30 Barbara Baltzell W40 Laurel Miller W50 Carol Cross 1500m M30 Dale Bradley M40 John Hawkins M50 Ernie Nick M60+Harold Hultquist W30 Cathy Biltoft W40 Laurel Miller 3000m M30 Mark Fluitt M40 John Hawkins	27.27 30.55 46.01 52.0 58.67 59.27 72.51 59.96 73.66 94.30 1:59.7 2:05.2 2:20.2 2:51.7 2:38.2 3:07.7 3:45.5 4:05.3 4:30.6 4:57.9 6:26.3 5:52.0 6:36.3	Jim Whitehead M50 Bob McGlashan Mack Stewart Louis Whitaker Dan Hawley M60 David Dallas M65 Louis Ciaccio W30 Charlotte Griffir Emily Shempp Debbie Gentry W35 Alida White Carol McLatchie W45 Vinnie Loyd W50 Neomi Garcia Elvira Vasquez  400m M30 Pat Chimes Glenn Darrah M35 Billy Smith Jimmy Bell Palmer Harry M40 Robert Mitchell Herb Stein Ed Stewart Jr M45 Fred Lentjes Jim Whitehead M50 Mack Stewart Louis Whitaker M60 David Dallas	28.0 27.1 28.6 29.9 32.2 36.9 48.4 37.1 39.1 29.8 30.9 47.0 34.0 38.7 61.4 63.4 50.5 62.3 63.1 52.7 55.9 61.4 64.5 66.1 74.0	M35 James Darcy I  4x100m Relay M30 Beaumont TC Houston Harriers Bay Area RC M40 Houston Harriers Houston Harriers Bay Area RC M50 Bay Area RC W30 Houston Harriers Houston Harriers Houston Harriers Houston Harriers M40 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Tom Wilson Bill Vogt Jim Darcy M45 Fred Lentjes M50 Bob McGlashan M60 Tom Bass W30 Sande Lambert	47.4 51.8 52.7 A 50.9 B 52.9 56.5 63.1 A 62.6 B 63.1 3:53.9 4:03.2 3:55.0 4:42.1 4:59.6 (5:04.1	M70 Gordon Nordgren W30 Charlotte Griffi Rebecca Vogt Debbie Gentry W40 Laura Smith W50 Elvira Vasquez 1500m M30 Glenn Darrah M35 Dave Gwynn Ken Endris M45 Bob Duzan M65 John Evans W35 Catherine White W40 BettyKaye Brown Team Scores: 1 Houston Harriers 2 Bandicoot AC 3 Bay Area RC 4 Terlingua TC 5 Houston Masters  NORTHW Montana Masters Billings, MT August 11-12 100m M30 Mike McLeod Gary Little	112-5 n 50-8 46-3 27-2 38-10 51-5 9:35.4 7:44.4 9:29.9 9:19.5 10:10.9 9:43.4 11:24.4 472 409 280 92 56 EST	MAIN ME ANAMENTE ME
M60 Andy M65 Jim II W40 Maryl Nanc; W50 Rache M30 Rober Skip Mike M35 Denn Pat Larr M40 John M45 Sid Bill Terr M50 Bob Ed S Fran M55 D E Don Pete M60 Andy M65 Mel Jim W35 Marc W40 Mary	Y Czarny   35-2	W40 Marg Sutter W50 Joan Ailes 400m M30 Matt Reckmeyer M40 Robert Franzere M50 Howard Wiesser M60 George Luce W30 Danis Willet W40 Marg Sutter W50 Rosemary Kaufman 800m M30 Tom Kilcoyne M40 Warren Whitted M50 Howard Weisser M60+Al Weaver W30 Barbara Baltzell W40 Laurel Miller W50 Carol Cross 1500m M30 Dale Bradley M40 John Hawkins M50 Ernie Nick M60+Harold Hultquist W30 Cathy Biltoft W40 Laurel Miller 3000m M30 Mark Fluitt M40 John Hawkins M50 Ernie Nick	27.27 30.55 46.01 52.0 58.67 59.27 72.51 59.96 73.66 94.30 1:59.7 2:05.2 2:20.2 2:51.7 2:38.2 3:07.7 3:45.5 4:05.3 4:30.6 4:57.9 6:26.3 5:52.0 6:36.3	Jim Whitehead M50 Bob McGlashan Mack Stewart Louis Whitaker Dan Hawley M60 David Dallas M65 Louis Ciaccio W30 Charlotte Griffir Emily Shempp Debbie Gentry W35 Alida White Carol McLatchie W45 Vinnie Loyd W50 Neomi Garcia Elvira Vasquez  400m M30 Pat Chimes Glenn Darrah M35 Billy Smith Jimmy Bell Palmer Harry M40 Robert Mitchell Herb Stein Ed Stewart Jr M45 Fred Lentjes Jim Whitehead M50 Mack Stewart Louis Whitaker M60 David Dallas Louis Ciaccio	28.0 27.1 28.6 29.9 32.2 36.9 48.4 37.1 39.1 29.8 30.9 47.0 38.7 61.4 63.4 50.5 62.3 63.1 52.7 55.9 56.1 52.7 56.1 52.7 56.1 56.1 61.4 64.5 66.1 74.0 97.0	M35 James Darcy  4x100m Relay M30 Beaumont TC Houston Harriers Bay Area RC M40 Houston Harriers Houston Harriers Bay Area RC M50 Bay Area RC W30 Houston Harriers Houston Harriers Houston Harriers M50 Bandicoot AC Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Terlingua TC W30 Houston Harriers M50 Terlingua TC W30 Houston Harriers M50 Ferd Lentjes M50 Bob McGlashan M60 Tom Bass W30 Sande Lambert W35 Catherine White	47.4 51.8 51.8 50.9 56.5 63.1 A 62.6 B 63.1 3:53.9 4:03.2 3:55.0 4:42.1 4:59.6 6:5:04.1 5-0 5-6 4-4 4-4 5-2 4-8 4-0	M70 Gordon Nordgren W30 Charlotte Griffi Rebecca Vogil Rebecca Vogil Rebecca Vogil Rebecca Vogil Rebecca Vogil Rebecca Vogil W40 Laura Saith W50 Elvira Vasquez 1500m M30 Glenn Darrah M35 Dave Geynn Ken Endris M45 Bob Duzan M65 John Evans W35 Catherine White W40 BettyKaye Brown Team Scores:  1 Houston Harriers 2 Bandicoot AC 3 Bay Area RC 4 Terlingua TC 5 Houston Hasters  NORTHY  Montana Masters M Billings, MT August 11-12 100m M30 Mike McLeod Gary Little Jim Jones	112-5 n 50-8 46-3 27-2 38-10 51-5 9:35.4 7:44.4 9:29.9 9:19.5 10:10.9 9:43.4 11:24.4 472 409 280 92 56 EST Meet	HAINN SIN AINAIN PIN LIN
M60 Andy M65 Jim II W40 Maryl Nanc; W50 Rache Discus M30 Rober Skip M35 Denn Pat Larr M40 John M45 Sid Bill Terr M50 Bob Ed S Franc M55 D E Don Pete M60 Andy M65 Mel Jim W35 Marc W40 Mary Nanc	Y Czarny   35-2   1	W40 Marg Sutter W50 Joan Ailes 400m M30 Matt Reckmeyer M40 Robert Franzere M50 Howard Wiesser M60 George Luce W30 Danis Willet W40 Marg Sutter W50 Rosemary Kaufman M30 Tom Kilcoyne M40 Warren Whitted M50 Howard Weisser M60+A1 Weaver W30 Barbara Baltzell W40 Laurel Miller W50 Carol Cross 1500m M30 Dale Bradley M40 John Hawkins M50 Ernie Nick W60+Harold Hultquist W30 Cathy Biltoft W40 Laurel Miller 3000m M30 Mark Fluitt M40 John Hawkins M50 Ernie Nick M60+A1 Weaver	27.27 30.55 46.01 52.0 58.67 59.27 72.51 59.96 73.66 94.30 1:59.7 2:05.2 2:20.2 2:51.7 2:38.2 3:07.7 3:45.5 4:05.3 4:30.6 4:57.9 6:26.3 5:52.0 6:36.3 8:30.4 9:45.2 10:19.5 12:18.2	Jim Whitehead M50 Bob McGlashan Mack Stewart Louis Whitaker Dan Hawley M60 David Dallas M65 Louis Ciaccio W30 Charlotte Griffir Emily Shempp Debbie Gentry W35 Alida White Carol McLatchie W45 Vinnie Loyd W50 Neomi Garcia Elvira Vasquez  400m M30 Pat Chimes Glenn Darrah M35 Billy Smith Jimmy Bell Palmer Harry M40 Robert Mitchell Herb Stein Ed Stewart Louis Whitaker M60 David Dallas Louis Ciaccio W30 Rene Odom	28.0 27.1 28.6 29.9 32.2 36.9 48.4 37.1 39.1 29.8 30.9 47.0 38.7 61.4 63.4 50.5 62.3 63.1 52.7 55.1 59.4 61.4 64.5 66.1 74.0 97.0 62.6	M35 James Darcy I  4x100m Relay M30 Beaumont TC Houston Harriers Bay Area RC M40 Houston Harriers Houston Harriers Bay Area RC M50 Bay Area RC W30 Houston Harriers Houston Harriers Houston Harriers Houston Harriers M40 Houston Harriers M50 Bandicoot AC Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Tom Wilson Bill Vogt Jim Darcy M45 Fred Lentjes M50 Bob McGlashan M60 Tom Bass W30 Sande Lambert W35 Catherine White W50 Neomi Garcia	47.4 51.8 52.7 A 50.9 B 52.9 56.5 63.1 A 62.6 B 63.1 3:53.9 4:03.2 3:55.0 4:42.1 4:59.6 (5:04.1) 5-0 5-6 4-4 4-4 5-2 4-6 3-2 4-0 3-6	M70 Gordon Nordgren W30 Charlotte Griffi Rebecca Vogt Debbie Gentry W40 Laura Smith W50 Elvira Vasquez 1500m M30 Glenn Darrah M35 Dave Guynn Ken Endris M45 Bob Duzan M65 John Evans W35 Catherine White W40 BettyKaye Brown Team Scores: 1 Houston Harriers 2 Bandicoot AC 3 Bay Area RC 4 Terlingua TC 5 Houston Masters  NORTHV  Montana Masters Billings, MT August 11-12 100m M30 Mike McLeod Gary Little Jim Jones M35 Russell Acea	112-5 n 50-8 46-3 27-2 38-10 51-5 9:35.4 7:44.4 9:29.9 9:19.5 10:10.9 9:43.4 11:24.4 472 409 280 92 56	MAIN ME ANAMENTE ME
M60 Andy M65 Jim I W40 Maryl Nanc; W50 Rache Discus M30 Rober Skip M3ke M35 Denn Pat Larr M40 John M45 Sid Bill Terr M50 Bob Ed S Fran M55 D E Don Pete M60 Andy M65 Mel Jim W35 Marc W40 Mary Nanc W50 Rach	Y Czarny   35-2   1	W40 Marg Sutter W50 Joan Ailes 400m M30 Matt Reckmeyer M40 Robert Franzere M50 Howard Wiesser M60 George Luce W30 Danis Willet W40 Marg Sutter W50 Rosemary Kaufman M30 Tom Kilcoyne M40 Warren Whitted M50 Howard Weisser M60+A1 Weaver W30 Barbara Baltzell W40 Laurel Miller W50 Carol Cross 1500m M30 Dale Bradley M40 John Hawkins M50 Ernie Nick M60+Harold Hultquist W30 Cathy Biltoft W40 Laurel Miller W30 Cathy Biltoft W40 Laurel Milter W30 Cathy Biltoft W40 Laurel Milter W30 Mark Fluitt M40 John Hawkins M50 Ernie Nick M60+A1 Weaver W30 Barbara Baltzell	27.27 30.55 46.01 52.0 58.67 59.27 72.51 59.96 73.66 94.30 1:59.7 2:05.2 2:20.2 2:51.7 2:38.2 3:07.7 3:45.5 4:05.3 4:30.6 4:57.9 6:26.3 5:52.0 6:36.3 8:30.4 9:45.2 10:19.5 12:18.2 11:43.7	Jim Whitehead M50 Bob McGlashan Mack Stewart Louis Whitaker Dan Hawley M60 David Dallas M65 Louis Ciaccio W30 Charlotte Griffir Emily Shempp Debbie Gentry W35 Alida White Carol McLatchie W45 Vinnie Loyd W50 Neomi Garcia Elvira Vasquez  400m M30 Pat Chimes Glenn Darrah M35 Billy Smith Jimmy Bell Palmer Harry M40 Robert Mitchell Herb Stein Ed Stewart Louis Whitaker M60 David Dallas Louis Ciaccio W30 Rene Odom Charlotte Griffin	28.0 27.1 28.6 29.9 32.2 36.9 48.4 37.1 39.1 39.4 7.0 34.0 38.7 61.4 63.4 50.5 62.3 63.1 52.7 56.1 59.4 61.4 64.5 66.1 74.0 97.0 62.6 83.7	M35 James Darcy I  4x100m Relay M30 Beaumont TC Houston Harriers Bay Area RC M40 Houston Harriers Houston Harriers Bay Area RC M50 Bay Area RC W30 Houston Harriers Houston Harriers Houston Harriers Houston Harriers M40 Houston Harriers M50 Bandicoot AC Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Tom Wilson Bill Vogt Jim Darcy M45 Fred Lentjes M50 Bob McGlashan M60 Tom Bass W30 Sande Lambert W35 Catherine White W50 Neomi Garcia	47.4 51.8 51.8 50.9 56.5 63.1 A 62.6 B 63.1 3:53.9 4:03.2 3:55.0 4:42.1 4:59.6 6:5:04.1 5-0 5-6 4-4 4-4 5-2 4-8 4-0	M70 Gordon Nordgren W30 Charlotte Griffi Rebecca Vogi Debbie Gentry W40 Laura Saith W50 Elvira Vasquez 1500m M30 Glenn Darrah M35 Dave Gyynn Ken Endris M45 Bob Duzan M65 John Evans W35 Catherine White W40 BettyKaye Brown Team Scores: 1 Houston Harriers 2 Bandicoot AC 3 Bay Area RC 4 Terlingua TC 5 Houston Masters  NORTHV  Montana Masters Billings, MT August 11-12 100m M30 Mike McLeod Gary Little Jim Jones M35 Russell Acea John Moore	112-5 n 50-8 46-3 27-2 38-10 51-5 9:35.4 7:44.4 9:29.9 9:19.5 10:10.9 9:43.4 11:24.4 472 409 280 92 56 EST	MAIN ME ANAMENTE ME
M60 Andy M65 Jim II W40 Maryl Nancy W50 Rache M30 Rober Skip Mike M35 Denn Pat Larr M40 John M45 Std Bill Terr M50 Bob Ed S Fran M55 D E Don Pete M60 Andy M65 Me1 Jim W35 Marc W40 Mary Nanc W50 Rach Javelin	Y Czarny   35-2	W40 Marg Sutter W50 Joan Ailes 400m M30 Matt Reckmeyer M40 Robert Franzere M50 Howard Wiesser M60 George Luce W30 Danis Willet W40 Marg Sutter W50 Rosemary Kaufman 800m M30 Tom Kilcoyne M40 Warren Whitted M50 Howard Weisser M60+Al Weaver W30 Barbara Baltzell W40 Laurel Miller W50 Carol Cross 1500m M30 Dale Bradley M40 John Hawkins M50 Ernie Nick M60+Harold Hultquist W30 Cathy Biltoft W40 Laurel Miller 3000m M30 Mark Fluitt M40 John Hawkins M50 Ernie Nick M60+Al Weaver W30 Barbara Baltzell W40 Jayne Snyder	27.27 30.55 46.01 52.0 58.67 59.27 72.51 59.96 73.66 94.30 1:59.7 2:05.2 2:20.2 2:51.7 2:38.2 3:07.7 3:45.5 4:05.3 4:30.6 4:57.9 6:26.3 5:52.0 6:36.3 8:30.4 9:45.2 10:19.5 12:18.2 11:43.7 14:26.3	Jim Whitehead M50 Bob McGlashan Mack Stewart Louis Whitaker Dan Hawley M60 David Dallas M65 Louis Ciaccio W30 Charlotte Griffir Emily Shempp Debbie Gentry W35 Alida White Carol McLatchie W45 Vinnie Loyd W50 Neomi Garcia Elvira Vasquez  400m M30 Pat Chimes Glenn Darrah M35 Billy Smith Jimmy Bell Palmer Harry M40 Robert Mitchell Herb Stein Ed Stewart Jr M45 Fred Lentjes Jim Whitehead M50 Mack Stewart Louis Whitaker M60 David Dallas Louis Ciaccio W30 Rene Odom Charlotte Griffin W35 Carol McLatchie	28.0 27.1 28.6 29.9 32.2 36.9 48.4 37.1 39.1 29.8 30.9 47.0 34.0 38.7 61.4 63.4 50.5 62.7 55.9 61.4 64.5 64.5 66.1 74.0 97.0 62.6 83.7 67.1	M35 James Darcy  4x100m Relay M30 Beaumont TC Houston Harriers Bay Area RC M40 Houston Harriers Houston Harriers Bay Area RC M50 Bay Area RC M50 Bay Area RC M50 Bay Area RC M50 Houston Harriers Houston Harriers Houston Harriers M50 Bandicoot AC Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Tom Wilson Bill Vogt Jim Darcy M45 Fred Lentjes M50 Bob McGlashan M60 Tom Bass W30 Sande Lambert W35 Catherine White W50 Neomi Garcia Elvira Vasquez	47.4 51.8 52.7 A 50.9 B 52.9 56.5 63.1 A 62.6 B 63.1 3:53.9 4:03.2 3:55.0 4:42.1 4:59.6 (5:04.1) 5-0 5-6 4-4 4-4 5-2 4-6 3-2 4-0 3-6	M70 Gordon Nordgren W30 Charlotte Griffi Rebecca Vogt Debbie Gentry W40 Laura Smith W50 Elvira Vasquez 1500m M30 Glenn Darrah M35 Dave Geynn Ken Endris M45 Bob Duzan M65 John Evans W35 Catherine White W40 BettyKaye Brown Team Scores: 1 Houston Harriers 2 Bandicoot AC 3 Bay Area RC 4 Terlingua TC 5 Houston Masters  NORTHW MONTANA Masters Billings, MT August 11-12 100m M30 Mike McLeod Gary Little Jim Jones M35 Russell Acea John Moore M45 Richard Garvin	112-5 n 50-8 46-3 27-2 38-10 51-5 9:35.4 7:44.4 9:29.9 9:19.5 10:10.9 9:43.4 11:24.4 472 409 280 92 56 EST Meet	HAINH SIN AINAINEINEIN MHM M
M60 Andy M65 Jim II W40 Maryl Nanc; W50 Rache M30 Rober Skip Mike M35 Denn Pat Larr M40 John M45 Sid Bill Terr M50 Bob Ed S Fran M55 D E Don Pete M60 Andy M65 Mel Jim W35 Marc W40 Mary Nanc W50 Rach	Y Czarny   35-2   1	W40 Marg Sutter W50 Joan Ailes 400m M30 Matt Reckmeyer M40 Robert Franzere M50 Howard Wiesser M60 George Luce W30 Danis Willet W40 Marg Sutter W50 Rosemary Kaufman 800m M30 Tom Kilcoyne M40 Warren Whitted M50 Howard Weisser M60+Al Weaver W30 Barbara Baltzell W40 Laurel Miller W50 Carol Cross 1500m M30 Dale Bradley M40 John Hawkins M50 Ernie Nick M60+Harold Hultquist W30 Cathy Biltoft W40 Laurel Miller 3000m M30 Mark Fluitt M40 John Hawkins M50 Ernie Nick M60+Al Weaver W30 Barbara Baltzell W40 John Hawkins M50 Ernie Nick M60+Al Wayara Baltzell W40 John Hawkins M50 Ernie Nick M60+Al Wayara Baltzell W40 Jayne Snyder W50 Margaret Stahr	27.27 30.55 46.01 52.0 58.67 59.27 72.51 59.96 73.66 94.30 1:59.7 2:05.2 2:20.2 2:51.7 2:38.2 3:07.7 3:45.5 4:05.3 4:30.6 4:57.9 6:26.3 5:52.0 6:36.3 8:30.4 9:45.2 10:19.5 12:18.2 11:43.7	Jim Whitehead M50 Bob McGlashan Mack Stewart Louis Whitaker Dan Hawley M60 David Dallas M65 Louis Ciaccio W30 Charlotte Griffir Emily Shempp Debbie Gentry W35 Alida White Carol McLatchie W45 Vinnie Loyd W50 Neomi Garcia Elvira Vasquez  400m M30 Pat Chimes Glenn Darrah M35 Billy Smith Jimmy Bell Palmer Harry M40 Robert Mitchell Herb Stein Ed Stewart Jr M45 Fred Lentjes Jim Whitehead M50 Mack Stewart Louis Whitaker M60 David Dallas Louis Ciaccio W30 Rene Odom Charlotte Griffir W35 Carol McLatchie W40 Connie Brunsen	28.0 27.1 28.6 29.9 32.2 36.9 48.4 37.1 39.1 29.8 30.9 47.0 34.0 38.7 61.4 63.4 50.5 62.3 63.1 52.7 55.9 56.1 59.4 61.4 64.5 66.1 74.0 97.0 62.6 83.7	M35 James Darcy I  4x100m Relay M30 Beaumont TC Houston Harriers Bay Area RC M40 Houston Harriers Houston Harriers Bay Area RC M50 Bay Area RC W30 Houston Harriers Houston Harriers Houston Harriers Houston Harriers M30 Bandicoot AC Houston Harriers M40 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M30 Coy Akers M35 Tom Wilson Bill Vogt Jim Darcy M45 Fred Lentjes M50 Bob McGlashan M60 Tom Bass W30 Sande Lambert W35 Catherine White W50 Neomi Garcia Elvira Vasquez	47.4 51.8 52.7 A 50.9 B 52.9 56.5 63.1 A 62.6 B 63.1 3:53.9 4:03.2 3:55.0 4:42.1 4:59.6 (5:04.1) 5-0 5-6 4-4 4-4 5-2 4-6 3-2 4-0 3-6	M70 Gordon Nordgren W30 Charlotte Griffi Rebecca Vogil Research W30 Elvira Vasquez 1500m M30 Glenn Darrah M35 Dave Guynn Ken Endris M45 Bob Duzan M65 John Evans W35 Catherine White W40 BettyKaye Brown Team Scores:  1 Houston Harriers 2 Bandicoot AC 3 Bay Area RC 4 Terlingua TC 5 Houston Masters  NORTHYV  Montana Masters R Billings, MT August 11-12 100m M30 Mike McLeod Gary Little Jim Jones M35 Russell Acea John Moore M45 Richard Garvin M50 John Christian	112-5 n 50-8 46-3 27-2 38-10 51-5 9:35.4 7:44.4 9:29.9 9:19.5 10:10.9 9:43.4 11:24.4 472 409 280 92 56 EST Meet	HANN SIN ANAINHINPINLIN MMM
M60 Andy M65 Jim II W40 Maryl Nanc; W50 Rache Discus M30 Rober Skip M3ke M35 Denn Pat Larr M40 John M45 Sid Bill Terr M50 Bob Ed S Fran M55 D E Don Pete M60 Andy M65 Mel Jim W35 Marc W40 Maryl Nanc W50 Rach Javelin M30 Phil	Y Czarny   35-2	W40 Marg Sutter W50 Joan Ailes 400m M30 Matt Reckmeyer M40 Robert Franzere M50 Howard Wiesser M60 George Luce W30 Danis Willet W40 Marg Sutter W50 Rosemary Kaufman M30 Tom Kilcoyne M40 Warren Whitted M50 Howard Weisser M60+A1 Weaver W30 Barbara Baltzell W40 Laurel Miller W50 Carol Cross 1500m M30 Dale Bradley M40 John Hawkins M50 Ernie Nick M60+Harold Hultquist W30 Cathy Biltoft W40 Laurel Miller 3000m M30 Mark Fluitt M40 John Hawkins M50 Ernie Nick M60+Al Weaver W30 Barbara Baltzell W40 Jayne Snyder W30 Barbara Baltzell W40 Jayne Snyder W50 Margaret Stahr Short Hurdles	27.27 30.55 46.01 52.0 58.67 59.27 72.51 59.96 73.66 94.30 1:59.7 2:05.2 2:20.2 2:51.7 2:38.2 3:07.7 3:45.5 4:05.3 4:30.6 4:57.9 6:26.3 5:52.0 6:36.3 8:30.4 9:45.2 10:19.5 12:18.2 11:43.7 14:26.3 17:13.3	Jim Whitehead M50 Bob McGlashan Mack Stewart Louis Whitaker Dan Hawley M60 David Dallas M65 Louis Ciaccio W30 Charlotte Griffir Emily Shempp Debbie Gentry W35 Alida White Carol McLatchie W45 Vinnie Loyd W50 Neomi Garcia Elvira Vasquez  400m M30 Pat Chimes Glenn Darrah M35 Billy Smith Jimmy Bell Palmer Harry M40 Robert Mitchell Herb Stein Ed Stewart Jr M45 Fred Lentjes Jim Whitehead M50 Mack Stewart Louis Whitaker M60 David Dallas Louis Ciaccio W30 Rene Odom Charlotte Griffin W35 Carol McLatchie	28.0 27.1 28.6 29.9 32.2 36.9 48.4 37.1 39.1 29.8 30.9 47.0 34.0 38.7 61.4 63.4 50.5 62.7 55.9 61.4 64.5 64.5 66.1 74.0 97.0 62.6 83.7 67.1	M35 James Darcy I  4x100m Relay M30 Beaumont TC Houston Harriers Bay Area RC M40 Houston Harriers Houston Harriers Bay Area RC M50 Bay Area RC M30 Houston Harriers Houston Harriers Houston Harriers Houston Harriers M30 Bandicoot AC Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Fed Lentjes M50 Bob McGlashan M60 Tom Bass W30 Sande Lambert W35 Catherine White W50 Neomi Carcia Elvira Vasquez Pole Vault M30 Glen VanDerbek	47.4 51.8 52.7 A 50.9 B 52.9 56.5 63.1 A 62.6 B 63.1 3:53.9 4:03.2 3:55.0 4:42.1 4:59.6 5:04.1 5-0 5-6 4-4 4-4 5-2 4-8 3-2 4-8 3-2 4-8 3-2 4-8 3-6 3-1	M70 Gordon Nordgren W30 Charlotte Griffi Rebecca Vogt Debbie Gentry W40 Laura Smith W50 Elvira Vasquez 1500m M30 Glenn Darrah M35 Dave Guynn Ken Endris M45 Bob Duzan M65 John Evans W35 Catherine White W40 BettyKaye Brown Team Scores:  1 Houston Harriers 2 Bandicoot AC 3 Bay Area RC 4 Terlingua TC 5 Houston Masters  NORTHW  Montana Masters Billings, MT August 11-12 100m M30 Mike McLeod Gary Little Jim Jones M35 Russell Acea John Moore M45 Richard Garvin M50 John Christian M50 Dave Cady	112-5 n 50-8 46-3 27-2 38-10 51-5 9:35.4 7:44.4 9:29.9 9:19.5 10:10.9 9:43.4 11:24.4 472 409 280 92 56 56 50 57 Meet	HAINH SIN AINAINEINEIN MHM M
M60 Andy M65 Jim I W40 Maryl Nanc; W50 Rache  Discus M30 Rober Skip M30 Rober Skip Mike M35 Denn Pat Larr M40 John M45 Sid Bill Terr M50 Bob Ed S Fran M55 D E Don Pete M60 Andy M65 Mel Jim W35 Marc W40 Mary Nanc W50 Rach Javelin M30 Phil Robe	Y Czarny   35-2	W40 Marg Sutter W50 Joan Ailes 400m M30 Matt Reckmeyer M40 Robert Franzere M50 Howard Wiesser M60 George Luce W30 Danis Willet W40 Marg Sutter W50 Rosemary Kaufman 800m M30 Tom Kilcoyne M40 Warren Whitted M50 Howard Weisser M60+Al Weaver W30 Barbara Baltzell W40 Laurel Miller W50 Carol Cross 1500m M30 Dale Bradley M40 John Hawkins M50 Ernie Nick M60+Harold Hultquist W30 Cathy Biltoft W40 Laurel Miller 3000m M30 Mark Fluitt M40 John Hawkins M50 Ernie Nick M60+Al Weaver W30 Barbara Baltzell W40 John Hawkins M50 Ernie Nick M60+Al Weaver W30 Barbara Baltzell W40 Jayne Snyder W50 Margaret Stahr Short Hurdles M30 Gerald Slezak	27.27 30.55 46.01 52.0 58.67 59.27 72.51 59.96 73.66 94.30 1:59.7 2:05.2 2:20.2 2:51.7 2:38.2 3:07.7 3:45.5 4:05.3 4:30.6 4:57.9 6:26.3 5:52.0 6:36.3 8:30.4 9:45.2 10:19.5 12:18.2 11:43.7 14:26.3 17:13.3	Jim Whitehead M50 Bob McGlashan Mack Stewart Louis Whitaker Dan Hawley M60 David Dallas M65 Louis Ciaccio W30 Charlotte Griffir Emily Shempp Debbie Gentry W35 Alida White Carol McLatchie W45 Vinnie Loyd W50 Neomi Garcia Elvira Vasquez  400m M30 Pat Chimes Glenn Darrah M35 Billy Smith Jimmy Bell Palmer Harry M40 Robert Mitchell Herb Stein Ed Stewart Louis Whitaker M60 David Dallas Louis Ciaccio W30 Rene Odom Charlotte Griffir W35 Carol McLatchie W40 Connie Brunsen Yolanda Uresti	28.0 27.1 28.6 29.9 32.2 36.9 48.4 37.1 39.1 29.8 30.9 47.0 34.0 38.7 61.4 63.4 50.5 62.3 63.1 52.7 55.9 56.1 59.4 61.4 64.5 66.1 74.0 97.0 62.6 83.7	M35 James Darcy I  4x100m Relay M30 Beaumont TC Houston Harriers Bay Area RC M40 Houston Harriers Houston Harriers Bay Area RC M50 Bay Area RC M50 Bay Area RC M50 Houston Harriers Houston Harriers Houston Harriers M50 Bandicoot AC Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Town Wilson Bill Vogt Jim Darcy M45 Fred Lentjes M50 Bob McGlashan M60 Tom Bass W30 Sande Lambert W35 Catherine White W50 Neomi Garcia Elvira Vasquez Pole Vault M30 Glen VanDerbek Jim Fountain	47.4 51.8 52.7 A 50.9 B 52.9 56.5 63.1 A 62.6 B 63.1 3:53.9 4:03.2 3:55.0 4:42.1 5-0 5-6 4-4 4-5-2 4-6 3-7 4-8 4-0 3-6 3-7 3-7 3-7 3-7 3-7 3-7 3-7 3-7	M70 Gordon Nordgren W30 Charlotte Griffi Rebecca Vogt Debbie Gentry W40 Laura Smith W50 Elvira Vasquez 1500m M30 Glenn Darrah M35 Dave Gwynn Ken Endris M45 Bob Duzan M65 John Evans W35 Catherine White W40 BettyKaye Brown Team Scores: 1 Houston Harriers 2 Bandicoot AC 3 Bay Area RC 4 Terlingua TC 5 Houston Masters  NORTHW Montana Masters Billings, MT August 11-12 100m M30 Mike McLeod Gary Little Jim Jones M35 Russell Acea John Moore M45 Richard Garvin M50 John Christian M55 Dave Cady Terry Johnson	112-5 n 50-8 46-3 27-2 38-10 51-5 9:35.4 7:44.4 9:29.9 9:19.5 10:10.9 9:43.4 11:24.4 472 409 280 92 56 EST Meet	HANN SIN ANAINHINPINLIN MMM
M60 Andy M65 Jim II W40 Maryl Nanc; W50 Rache M30 Rober Skip Mike M35 Denn Pat Larr M40 John M45 Sid Bill Terr M50 Bob Ed S Fran M55 D E Don Pete M60 Andy M65 Mel Jim W35 Marc W40 Mary Nanc W30 Rach Javelin M30 Phil Robe M35 Mike M40 Walt	Y Czarny   35-2	W40 Marg Sutter W50 Joan Ailes 400m M30 Matt Reckmeyer M40 Robert Franzere M50 Howard Wiesser M60 George Luce W30 Danis Willet W40 Marg Sutter W50 Rosemary Kaufman 800m M30 Tom Kilcoyne M40 Warren Whitted M50 Howard Weisser M60+A1 Weaver W30 Barbara Baltzell W40 Laurel Miller W50 Carol Cross 1500m M30 Dale Bradley M40 John Hawkins M50 Ernie Nick M60+Harold Hultquist W30 Cathy Biltoft W40 Laurel Miller 3000m M30 Mark Fluitt M40 John Hawkins M50 Ernie Nick M60+A1 Weaver W30 Barbara Baltzell W40 John Hawkins M50 Ernie Nick M60+A1 Weaver W30 Barbara Baltzell W40 Jayne Snyder W50 Margaret Stahr Short Hurdles M30 Gerald Siezak M40 Ken Kiene	27.27 30.55 46.01 52.0 58.67 59.27 72.51 59.96 73.66 94.30 1:59.7 2:05.2 2:20.2 2:51.7 2:38.2 3:07.7 3:45.5 4:05.3 4:30.6 4:57.9 6:26.3 5:52.0 6:36.3 8:30.4 9:45.2 10:19.5 12:18.2 11:43.7 14:26.3 17:13.3	Jim Whitehead M50 Bob McGlashan Mack Stewart Louis Whitaker Dan Hawley M60 David Dallas M65 Louis Ciaccio W30 Charlotte Griffir Emily Shempp Debbie Gentry W35 Alida White Carol McLatchie W45 Vinnie Loyd W50 Neomi Garcia Elvira Vasquez  400m M30 Pat Chimes Glenn Darrah M35 Billy Smith Jimmy Bell Palmer Harry M40 Robert Mitchell Herb Stein Ed Stewart Jr M45 Fred Lentjes Jim Whitehead M50 Mack Stewart Louis Whitaker M60 David Dallas Louis Ciaccio W30 Rene Odom Charlotte Griffit W35 Carol McLatchie W40 Connie Brunsen Yolanda Uresti	28.0 27.1 28.6 29.9 32.2 36.9 48.4 37.1 39.1 29.8 30.9 47.0 34.0 38.7 61.4 63.4 50.5 62.3 63.1 52.7 55.9 56.1 59.4 61.4 64.5 66.1 74.0 97.0 62.6 83.7 67.1 72.7 78.3	M35 James Darcy I  4x100m Relay M30 Beaumont TC Houston Harriers Bay Area RC M40 Houston Harriers Bay Area RC M50 Bay Area RC W30 Houston Harriers Houston Harriers Houston Harriers Houston Harriers Houston Harriers M40 Houston Harriers M40 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Terlingua TC Say Area TC W30 Houston Harriers M50 Terlingua TC Say Area TC W30 Houston Harriers M50 Terlingua TC Say Area TC W30 Houston Harriers M50 Terlingua TC Say Area TC W30 Houston Harriers M50 Terlingua TC Say Area TC W30 Houston Harriers M50 Terlingua TC Say Area TC W30 Houston Harriers M50 Terlingua TC Say Area TC W30 Houston Harriers M50 Terlingua TC Say Area TC W30 Houston Harriers M50 Terlingua TC Say Area TC W30 Houston Harriers M50 Terlingua TC Say Area TC W30 Houston Harriers M50 Terlingua TC Say Area TC W30 Houston Harriers M50 Terlingua TC Say Area TC W30 Houston Harriers M50 Terlingua TC Say Area TC W30 Houston Harriers M50 Terlingua TC Say Area TC W30 Houston Harriers M50 Terlingua TC Say Area TC W30 Houston Harriers M50 Terlingua TC Say Area TC W30 Houston Harriers M50 Terlingua TC Say Area TC Houston Harriers H00 Terlingua TC Say Area TC H00 Houston Harriers H00 Terlingua TC H00 Houston Harriers H00 Terlingua TC H00 Hou	47.4 51.8 52.7 A 50.9 B 52.9 56.5 63.1 A 62.6 B 63.1 3:53.9 4:03.2 3:55.0 4:42.1 5-0 5-6 4:42.1 5-0 5-6 4-4 4-4 5-2 4-8 4-0 3-6 3-7 4-8 4-0 3-7 4-8 4-9 3-6 3-7 4-8 4-9 3-7 4-8 4-9 3-7 4-8 4-9 3-7 4-8 4-9 3-7 4-9 4-8 4-9 4-9 4-9 4-9 4-9 4-9 4-9 4-9	M70 Gordon Nordgren W30 Charlotte Griffi Rebecca Vogil Research Re	112-5 n 50-8 46-3 27-2 38-10 51-5 9:35.4 7:44.4 9:29.9 9:19.5 10:10.9 9:43.4 11:24.4 472 409 280 92 56 EST Meet 11.80 11.86 11.90 12.02 12.94 13.61 13.90 13.99 14.70	HANN SIN ANAINHINPINLIN MMM
M60 Andy M65 Jim II W40 Maryl Nanc; W50 Rache M30 Rober Skip Mike M35 Denn Pat Larr M40 John M45 Sid Bill Terr M50 Bob Ed S Fran M55 D E Don Pete M60 Andy M65 Mel Jim W35 Marc W40 Mary Nanc W50 Rach Javelin M30 Phil Robe M35 Mike M40 Walt Wm S	Y Czarny   35-2   1	W40 Marg Sutter W50 Joan Ailes 400m M30 Matt Reckmeyer M40 Robert Franzere M50 Howard Wiesser M60 George Luce W30 Danis Willet W40 Marg Sutter W50 Rosemary Kaufman M30 Tom Kilcoyne M40 Warren Whitted M50 Howard Weisser M60+A1 Weaver W30 Barbara Baltzell W40 Laurel Miller W50 Carol Cross 1500m M30 Dale Bradley M40 John Hawkins M50 Ernie Nick M60+Harold Hultquist W30 Cathy Biltoft W40 Laurel Miller 3000m M30 Mark Fluitt M40 John Hawkins M50 Ernie Nick M60+Al Weaver W30 Barbara Baltzell W40 Jayne Snyder W30 Barbara Baltzell W40 Jayne Snyder W50 Margaret Stahr Short Hurdles M30 Gerald Slezak M40 Ken Kiene M50 Lee Appleby	27.27 30.55 46.01 52.0 58.67 59.27 72.51 59.96 73.66 94.30 1:59.7 2:05.2 2:20.2 2:51.7 2:38.2 3:07.7 3:45.5 4:05.3 4:30.6 4:57.9 6:26.3 5:52.0 6:36.3 8:30.4 9:45.2 10:19.5 12:18.2 11:43.7 14:26.3 17:13.3 18.50 18.2 20.3	Jim Whitehead M50 Bob McGlashan Mack Stewart Louis Whitaker Dan Hawley M60 David Dallas M65 Louis Ciaccio W30 Charlotte Griffir Emily Shempp Debbie Gentry W35 Alida White Carol McLatchie W45 Vinnie Loyd W50 Neomi Garcia Elvira Vasquez  400m M30 Pat Chimes Glenn Darrah M35 Billy Smith Jimmy Bell Palmer Harry M40 Robert Mitchell Herb Stein Ed Stewart Louis Whitaker M50 Mack Stewart Louis Whitaker M60 David Dallas Louis Ciaccio W30 Rene Odom Charlotte Griffit W35 Carol McLatchie W40 Connie Brunsen Yolanda Uresti	28.0 27.1 28.6 29.9 32.2 36.9 48.4 37.1 39.1 39.8 30.9 47.0 38.7 61.4 63.4 50.5 62.3 63.1 52.7 55.1 59.4 61.4 64.5 66.1 74.0 97.0 62.6 83.7 67.1 72.7 78.3	M35 James Darcy I  4x100m Relay M30 Beaumont TC Houston Harriers Bay Area RC M40 Houston Harriers Houston Harriers Bay Area RC M50 Bay Area RC M30 Houston Harriers Houston Harriers Houston Harriers Houston Harriers M30 Bandicoot AC Houston Harriers M40 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Tom Wilson Bill Vogt Jim Darcy M45 Fred Lentjes M50 Bob McGlashan M60 Tom Bass W30 Sande Lambert W35 Catherine White W50 Neomi Carcia Elvira Vasquez  Pole Vault M30 Glen VanDerbek Jim Fountain M35 Tom Wilson Long Jump	47.4 51.8 52.7 A 50.9 B 52.9 56.5 63.1 A 62.6 B 63.1 3:53.9 4:03.2 3:55.0 4:42.1 4:59.6 5:04.1 5-0 5-6 4-4 4-4 5-2 4-6 3-2 4-8 4-0 3-6 3-1	M70 Gordon Nordgren W30 Charlotte Griffi Rebecca Vogil Rose Gentry W40 Laura Smith W50 Elvira Vasquez 1500m M30 Glenn Darrah M35 Dave Guynn Ken Endris M45 Bob Duzan M65 John Evans W35 Catherine White W40 BettyKaye Brown Team Scores: 1 Houston Harriers 2 Bandicoot AC 3 Bay Area RC 4 Terlingua TC 5 Houston Masters  NORTHV  Montana Masters Rosell Acea John Moore M45 Richard Garvin M50 John Christian M55 Dave Cady Terry Johnson M60 B.J. Smith M65 Charles Mercurio	112-5 n 50-8 46-3 27-2 38-10 51-5 9:35.4 7:44.4 9:29.9 9:19.5 10:10.9 9:43.4 11:24.4 472 409 280 92 56 557 Meet 11.80 11.86 11.90 12.02 12.94 13.90 13.99 14.70 14.50	HANNE SIN ANAMERICA MEN MENTER
M60 Andy M65 Jim II W40 Maryl Nanc; W50 Rache Discus M30 Rober Skip M36 Rober M36 Rober M40 John M45 Sid Bill Terr M50 Bob Ed S Fran M55 D E Don Pete M60 Andy M65 Mel Jim W35 Marc W40 Mary Nanc W50 Rach Javelin M30 Phil Robe M35 Mike M40 Walt Wm S John	Y Czarny   35-2	W40 Marg Sutter W50 Joan Ailes 400m M30 Matt Reckmeyer M40 Robert Franzere M50 Howard Wiesser M60 George Luce W30 Danis Willet W40 Marg Sutter W50 Rosemary Kaufman M30 Tom Kilcoyne M40 Warren Whitted M50 Howard Weisser M60+A1 Weaver W30 Barbara Baltzell W40 Laurel Miller W50 Carol Cross 1500m M30 Dale Bradley M40 John Hawkins M50 Ernie Nick M60+Harold Hultquist W30 Cathy Biltoft W40 Laurel Miller 3000m M30 Mark Fluitt M40 John Hawkins M50 Ernie Nick M60+A1 Weaver W30 Barbara Baltzell W40 Jayne Snyder W50 Margaret Stahr Short Hurdles M30 Gerald Slezak M40 Ken Kiene M50 Lee Appleby W30 sue Ziegler	27.27 30.55 46.01 52.0 58.67 59.27 72.51 59.96 73.66 94.30 1:59.7 2:05.2 2:20.2 2:51.7 2:38.2 3:07.7 3:45.5 4:05.3 4:30.6 4:57.9 6:26.3 5:52.0 6:36.3 8:30.4 9:45.2 10:19.5 12:18.2 11:43.7 14:26.3 17:13.3	Jim Whitehead M50 Bob McGlashan Mack Stewart Louis Whitaker Dan Hawley M60 David Dallas M65 Louis Ciaccio W30 Charlotte Griffir Emily Shempp Debbie Gentry W35 Alida White Carol McLatchie W45 Vinnie Loyd W50 Neomi Garcia Elvira Vasquez  400m M30 Pat Chimes Glenn Darrah M35 Billy Smith Jimmy Bell Palmer Harry M40 Robert Mitchell Herb Stein Ed Stewart Louis Whitaker M60 David Dallas Louis Ciaccio W30 Rene Odom Charlotte Griffit W35 Carol McLatchie W40 Connie Brunsen Yolanda Uresti  800m M30 Pat Chimes Brian Pottinger	28.0 27.1 28.6 29.9 32.2 36.9 48.4 37.1 39.1 29.8 30.9 47.0 34.0 38.7 61.4 63.4 50.5 62.3 63.1 52.7 55.1 59.4 61.4 64.5 66.1 74.0 97.0 61.4 63.7 78.3	M35 James Darcy I  4x100m Relay M30 Beaumont TC Houston Harriers Bay Area RC M40 Houston Harriers Houston Harriers Bay Area RC M50 Bay Area RC M50 Bay Area RC M50 Bay Area RC M50 Houston Harriers Houston Harriers Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Tom Wilson Bill Vogt Jim Darcy M45 Fred Lentjes M50 Bob McGlashan M60 Tom Bass W30 Sande Lambert W35 Catherine White W50 Neomi Garcia Elvira Vasquez Pole Vault M30 Glen VanDerbek Jim Fountain M35 Tom Wilson Long Jump M35 Jimmy Bell	47.4 51.8 52.7 A 50.9 B 52.9 56.5 63.1 A 62.6 B 63.1 3:53.9 4:03.2 3:55.0 4:42.1 4:59.6 5:04.1 5-0 5-6 4-4 4-4 5-2 4-8 4-0 3-6 3-1 3-7 3-7 3-7 3-7 3-7 3-7 3-7 3-7	M70 Gordon Nordgren W30 Charlotte Griffi Rebecca Vogt Debbie Gentry W40 Laura Saith W50 Elvira Vasquez 1500m W30 Glenn Darrah W35 Dave Gwynn Ken Endris W45 Bob Duzan W65 John Evans W35 Catherine White W40 BettyKaye Brown Team Scores: 1 Houston Harriers 2 Bandicoot AC 3 Bay Area RC 4 Terlingua TC 5 Houston Masters  NORTHW  Montana Masters  NORTHW  Montana Masters Billings, MT August 11-12 100m W30 Mike McLeod Gary Little Jim Jones W35 Russell Acea John Moore W45 Richard Garvin W50 John Christian W55 Dave Cady Terry Johnson W60 B.J. Smith W65 Charles Mercurio W65 Charles Mercurio W65 Emmett Bennett	112-5 n 50-8 46-3 27-2 38-10 51-5 9:35.4 7:44.4 9:29.9 9:19.5 10:10.9 9:43.4 11:24.4 472 409 280 92 56 EST Meet 11.80 11.86 11.90 12.94 13.61 13.90 14.99 14.70 14.50 17.00	HANNE SIN ANNHENNE MEN MEN MEN MEN MEN MEN MEN MEN MEN
M60 Andy M65 Jim II W40 Maryl Nanc; W50 Rachi M30 Rober Skip Mike M35 Denn Pat Larr M40 John M45 Sid Bill Terr M50 Bob Ed S Fran M55 D E Don Pete M60 Andy M65 Mel Jul W35 Marc W40 Mary Nanc W50 Rach Javelin M30 Phil Robe M30 Mike M40 Walt Wm S John M45 Bill	Y Czarny   35-2	W40 Marg Sutter W50 Joan Ailes 400m M30 Matt Reckmeyer M40 Robert Franzere M50 Howard Wiesser M60 George Luce W30 Danis Willet W40 Marg Sutter W50 Rosemary Kaufman 800m M30 Tom Kilcoyne M40 Warren Whitted M50 Howard Weisser M60+Al Weaver W30 Barbara Baltzell W40 Laurel Miller W50 Carol Cross 1500m M30 Dale Bradley M40 John Hawkins M50 Ernie Nick M60+Harold Hultquist W30 Cathy Biltoft W40 Laurel Miller 3000m M30 Mark Fluitt M40 John Hawkins M50 Ernie Nick M60+Al Weaver W30 Barbara Baltzell W40 John Hawkins M50 Ernie Nick M60+Al Weaver W30 Barbara Baltzell W40 Jayne Snyder W50 Margaret Stahr Short Hurdles M30 Gerald Slezak M40 Ken Kiene M50 Lee Appleby W30 sue Ziegler High Jump	27.27 30.55 46.01 52.0 58.67 59.27 72.51 59.96 73.66 94.30 1:59.7 2:05.2 2:20.2 2:51.7 2:38.2 3:07.7 3:45.5 4:05.3 4:30.6 4:57.9 6:26.3 5:52.0 6:36.3 8:30.4 9:45.2 10:19.5 12:18.2 10:19.5 12:18.2 11:43.7 14:26.3 17:13.3 18.50 18.2 20.3 19.8	Jim Whitehead M50 Bob McGlashan Mack Stewart Louis Whitaker Dan Hawley M60 David Dallas M65 Louis Ciaccio W30 Charlotte Griffir Emily Shempp Debbie Gentry W35 Alida White Carol McLatchie W45 Vinnie Loyd W50 Neomi Garcia Elvira Vasquez 400m M30 Pat Chimes Glenn Darrah M35 Billy Smith Jimmy Bell Palmer Harry M40 Robert Mitchell Herb Stein Ed Stewart Jr M45 Fred Lentjes Jim Whitehead M50 Mack Stewart Louis Whitaker M60 David Dallas Louis Ciaccio W30 Rene Odom Charlotte Griffit W35 Carol McLatchie W40 Connie Brunsen Yolanda Uresti 800m M30 Pat Chimes Brian Pottinger Ken Yanowski	28.0 27.1 28.6 29.9 32.2 36.9 48.4 37.1 39.1 29.8 30.9 47.0 34.0 38.7 61.4 63.4 50.5 62.3 63.1 52.7 56.1 50.5 66.1 72.7 78.3 1:59.9 2:02.3 2:10.2	M35 James Darcy  4x100m Relay M30 Beaumont TC Houston Harriers Bay Area RC M40 Houston Harriers Houston Harriers Bay Area RC M50 Houston Harriers Houston Harriers Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Terlingua TC W35 Terlingua TC W35 Tom Wilson Bill Vogt Jim Darcy M45 Fred Lentjes M50 Bob McGlashan M60 Tom Bass W30 Sande Lambert W35 Catherine White W50 Neomi Garcia Elvira Vasquez Pole Vault M30 Glen VanDerbek Jim Fountain M35 Tom Wilson Long Jump M35 Jimmy Bell Ken Endris	47.4 51.8 51.7 A 50.9 B 52.9 56.5 63.1 A 62.6 B 63.1 3:53.9 4:03.2 3:55.0 4:42.1 4:59.6 5:04.1 5-0 5-6 4-4 4-5-2 4-6 3-7 4-8 4-0 3-6 3-7 3-7 3-7 3-7 3-7 3-7 3-7 3-7	M70 Gordon Nordgren W30 Charlotte Griffi Rebecca Vogt Debbie Gentry W40 Laura Smith W50 Elvira Vasquez 1500m M30 Glenn Darrah M35 Dave Geynn Ken Endris M45 Bob Duzan M65 John Evans W35 Catherine White W40 BettyKaye Brown Team Scores: 1 Houston Harriers 2 Bandicoot AC 3 Bay Area RC 4 Terlingua TC 5 Houston Masters  NORTHW MONTANA Masters Billings, MT August 11-12 100m M30 Mike McLeod Gary Little Jim Jones M35 Russell Acea John Moore M45 Richard Garvin M50 John Christian M55 Dave Cady Terry Johnson M60 B.J. Smith M65 Charles Mercurio M75 Emmett Bennett M90 Herb Kirk	112-5 n 50-8 46-3 27-2 38-10 51-5 9:35.4 7:44.4 9:29.9 9:19.5 10:10.9 9:43.4 11:24.4 472 409 280 92 56 EST Meet 11.80 11.86 11.90 12.02 12.94 13.61 13.90 14.70 14.50 17.00 24.70	HANNE SIN ANAMERICA MEN MENTER
M60 Andy M65 Jim II W40 Maryl Nanc; W50 Rache Discus M30 Rober Skip M36 Rober M36 Rober M40 John M45 Sid Bill Terr M50 Bob Ed S Fran M55 D E Don Pete M60 Andy M65 Mel Jim W35 Marc W40 Mary Nanc W50 Rach Javelin M30 Phil Robe M35 Mike M40 Walt Wm S John	Y Czarny   35-2   1	W40 Marg Sutter W50 Joan Ailes 400m M30 Matt Reckmeyer M40 Robert Franzere M50 Howard Wiesser M60 George Luce W30 Danis Willet W40 Marg Sutter W50 Rosemary Kaufman M30 Tom Kilcoyne M40 Warren Whitted M50 Howard Weisser M60+Al Weaver W30 Barbara Baltzell W40 Laurel Miller W50 Carol Cross 1500m M30 Dale Bradley M40 John Hawkins M50 Ernie Nick M60+Harold Hultquist W30 Cathy Biltoft W40 Laurel Miller 3000m M30 Mark Fluitt M40 John Hawkins M50 Ernie Nick M60+Al Weaver W30 Barbara Baltzell W40 Jayne Snyder W50 Margaret Stahr Short Hurdles M30 Gerald Slezak M40 Ken Kiene M50 Lee Appleby W30 Suz Liegler High Jump M30 Max Kaiser	27.27 30.55 46.01 52.0 58.67 59.27 72.51 59.96 73.66 94.30 1:59.7 2:05.2 2:20.2 2:51.7 2:38.2 3:07.7 3:45.5 4:05.3 4:30.6 4:57.9 6:26.3 5:52.0 6:36.3 8:30.4 9:45.2 10:19.5 12:18.2 11:43.7 14:26.3 17:13.3 18.50 18.2 20.3 19.8	Jim Whitehead M50 Bob McGlashan Mack Stewart Louis Whitaker Dan Hawley M60 David Dallas M65 Louis Ciaccio W30 Charlotte Griffir Emily Shempp Debbie Gentry W35 Alida White Carol McLatchie W45 Vinnie Loyd W50 Neomi Garcia Elvira Vasquez 400m M30 Pat Chimes Glenn Darrah M35 Billy Smith Jimmy Bell Palmer Harry M40 Robert Mitchell Herb Stein Ed Stewart Louis Whitaker M60 David Dallas Louis Ciaccio W30 Rene Odom Charlotte Griffir W35 Carol McLatchie W40 Connie Brunsen Yolanda Uresti 800m M30 Pat Chimes Brian Pottinger Ken Yanowski David Spalding	28.0 27.1 28.6 29.9 32.2 36.9 48.4 37.1 39.1 29.8 30.9 47.0 38.7 61.4 63.4 50.5 62.3 63.1 52.7 56.1 59.4 61.4 64.5 66.1 74.0 97.0 62.6 83.7 67.1 72.7 78.3	M35 James Darcy I  4x100m Relay M30 Beaumont TC Houston Harriers Bay Area RC M40 Houston Harriers Houston Harriers Bay Area RC M50 Bay Area RC W30 Houston Harriers Houston Harriers Houston Harriers Houston Harriers M30 Bandicoot AC Houston Harriers M40 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Torlingua TC Bay Area TC W30 Houston Harriers M50 Torlingua TC Bay Area TC W30 Houston Harriers M50 Bob McGlashan M60 Tom Bass W30 Sande Lambert W35 Catherine White W50 Neomi Garcia Elvira Vasquez  Pole Vault M30 Glen VanDerbek Jim Fountain M35 Tom Wilson Long Jump M35 Jimmy Bell Ken Endris Bill Vogt	47.4 51.8 52.7 A 50.9 B 52.9 56.5 63.1 A 62.6 B 63.1 3:53.9 4:03.2 3:55.0 4:42.1 4:59.6 5:04.1 5-0 5-6 4-4 4-4 5-2 4-8 3-2 4-8 3-6 3-1 3-1 3-1 3-1 3-1 3-1 3-1 3-1	M70 Gordon Nordgren W30 Charlotte Griffi Rebecca Vogic Rebecca Vogic Bebcica Vogic Bebie Gentry W40 Laura Smith W50 Elvira Vasquez 1500m W30 Glenn Darrah W35 Dave Geynn Ken Endris W45 Bob Duzan W65 John Evans W35 Catherine White W40 BettyKaye Brown Team Scores:  1 Houston Harriers 2 Bandicoot AC 3 Bay Area RC 4 Terlingua TC 5 Houston Hasters  NORTHY  Montana Masters M Billings, MT August 11-12 100m W30 Mike McLeod Gary Little Jim Jones W35 Russell Acea John Moore W45 Richard Garvin W50 John Christian W55 Dave Cady Terry Johnson W60 B.J. Smith W65 Charles Mercurio W75 Emmett Bennett W90 Herb Kirk W65 Stella Anacker	112-5 n 50-8 46-3 27-2 38-10 51-5 9:35.4 7:44.4 9:29.9 9:19.5 10:10.9 9:43.4 11:24.4 472 409 280 92 56 EST Meet 11.80 11.86 11.90 12.94 13.61 13.90 14.99 14.70 14.50 17.00	HANNE SIN ANNHENNE MEN MEN MEN MEN MEN MEN MEN MEN MEN
M60 Andy M65 Jim II W40 Maryl Nanc; W50 Rache M30 Rober Skip Mike M35 Denn Pat Larr M40 John M45 Sid Bill Terr M50 Bob Ed S Fran M55 D E Don Pet M60 Andy M65 Mel Jim W35 Marc W40 Mary Nanc W50 Rach Javelin M30 Phil Robe M35 Mike M40 Walt Wm S John M45 Bill M50 Bob		W40 Marg Sutter W50 Joan Ailes 400m M30 Matt Reckmeyer M40 Robert Franzere M50 Howard Wiesser M60 George Luce W30 Danis Willet W40 Marg Sutter W50 Rosemary Kaufman M30 Tom Kilcoyne M40 Warren Whitted M50 Howard Weisser M60+A1 Weaver W30 Barbara Baltzell W40 Laurel Miller W50 Carol Cross 1500m M30 Dale Bradley M40 John Hawkins M50 Ernie Nick M60+Harold Hultquist W30 Cathy Biltoft W40 Laurel Miller 3000m M30 Mark Fluitt M40 John Hawkins M50 Ernie Nick M60+Al Weaver W30 Barbara Baltzell W40 Jayne Snyder W50 Margaret Stahr Short Hurdles M30 Gerald Slezak M40 Ken Kiene M50 Lee Appleby W30 sue Ziegler High Jump M30 Max Kaiser M40 Tom VanWinkle	27.27 30.55 46.01 52.0 58.67 59.27 72.51 59.96 73.66 94.30 1:59.7 2:05.2 2:20.2 2:51.7 2:38.2 3:07.7 3:45.5 4:05.3 4:30.6 4:57.9 6:26.3 5:52.0 6:36.3 8:30.4 9:45.2 10:19.5 12:18.2 11:43.7 14:26.3 17:13.3 18.50 18.2 20.3 19.8	Jim Whitehead M50 Bob McGlashan Mack Stewart Louis Whitaker Dan Hawley M60 David Dallas M65 Louis Ciaccio W30 Charlotte Griffir Emily Shempp Debbie Gentry W35 Alida White Carol McLatchie W45 Vinnie Loyd W50 Neomi Garcia Elvira Vasquez  400m M30 Pat Chimes Glenn Darrah M35 Billy Smith Jimmy Bell Palmer Harry M40 Robert Mitchell Herb Stein Ed Stewart Louis Whitaker M60 David Dallas Louis Ciaccio W30 Rene Odom Charlotte Griffit W35 Carol McLatchie W40 Connie Brunsen Yolanda Uresti  800m M30 Pat Chimes Brian Pottinger Ken Yanowski David Spalding M35 Chuck Hull	28.0 27.1 28.6 29.9 32.2 36.9 48.4 37.1 39.1 39.8 30.9 47.0 38.7 61.4 63.4 50.5 62.3 63.1 52.7 55.9 56.1 74.0 97.0 62.6 83.7 67.1 74.0 97.0 62.6 83.7 67.1 74.0 97.0 62.6 83.7 67.1 74.0 97.0 62.6 83.7 67.1 74.0 97.0 62.6 83.7 67.1 78.3 83.9 83.7 83.9 83.7 83.9 83.7	M35 James Darcy I  4x100m Relay M30 Beaumont TC Houston Harriers Bay Area RC M40 Houston Harriers Houston Harriers Bay Area RC M50 Bay Area RC M30 Houston Harriers Houston Harriers Houston Harriers Houston Harriers M30 Bandicoot AC Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Tom Wilson M51 Tom Wilson M51 Tom Wilson M50 Bob McGlashan M60 Tom Bass W30 Sande Lambert W35 Catherine White W50 Neomi Garcia Elvira Vasquez  Pole Vault M30 Glen VanDerbek Jim Fountain M35 Tom Wilson Long Jump M35 Jimmy Bell Ken Endris Bill Vogt M40 Herb Stein	47.4 51.8 52.7 A 50.9 B 52.9 56.5 63.1 A 62.6 B 63.1 3:53.9 4:03.2 3:55.0 4:42.1 4:59.6 5:04.1 5-0 5-6 4-4 4-4 5-2 4-8 4-0 3-1 3-1 3-1 3-1 3-1 3-1 3-1 3-1	M70 Gordon Nordgren W30 Charlotte Griffi Rebecca Vogt Rebecca Vogt Debbie Gentry W40 Laura Saith W50 Elvira Vasquez 1500m M30 Glenn Darrah M35 Dave Geynn Ken Endris M45 Bob Duzan M65 John Evans W35 Catherine White W40 BettyKaye Brown Team Scores: 1 Houston Harriers 2 Bandicoot AC 3 Bay Area RC 4 Terlingua TC 5 Houston Masters  NORTHV  Montana Masters Billings, MT August 11-12 100m M30 Mike McLeod Gary Little Jim Jones M35 Russell Acea John Moore M45 Richard Garvin M50 John Christian M55 Dave Cady Terry Johnson M60 B.J. Smith M65 Charles Mercurio M75 Emmett Bennett M90 Berb Kirk M65 Stella Anacker	112-5 n 50-8 46-3 27-2 38-10 51-5 9:35.4 7:44.4 9:29.9 9:19.5 10:10.9 9:43.4 11:24.4 472 409 280 92 56 200 11.86 11.86 11.90 12.02 12.94 13.61 13.99 14.70 14.50 17.00 24.70 20.41	HA H
M60 Andy M65 Jim II W40 Maryl Nanc; W50 Rachi M30 Rober Skip Mike M35 Denn Pat Larr M40 John M45 Std ITerr M50 Bob Ed S Fran M55 D E Don Pete M60 Andy M65 Mel Jim W35 Marc W40 Mary Nanc W50 Rach Javelin M30 Phil Robe M45 M45 Bill M50 Bob Geor Carl	Y Czarny   35-2	W40 Marg Sutter W50 Joan Ailes 400m M30 Matt Reckmeyer M40 Robert Franzere M50 Howard Wiesser M60 George Luce W30 Danis Willet W40 Marg Sutter W50 Rosemary Kaufman 800m M30 Tom Kilcoyne M40 Warren Whitted M50 Howard Weisser M60+A1 Weaver W30 Barbara Baltzell W40 Laurel Miller W50 Carol Cross 1500m M30 Dale Bradley M40 John Hawkins M50 Ernie Nick M60+Harold Hultquist W30 Cathy Biltoft W40 Laurel Miller 3000m M30 Mark Fluitt M40 John Hawkins M50 Ernie Nick M60+A1 Weaver W30 Barbara Baltzell W40 Jayne Snyder W50 Margaret Stahr Short Hurdles M30 Gerald Slezak M40 Ken Kiene M50 Lee Appleby W30 sue Ziegler High Jump M30 Max Kaiser M40 Tom Wanwinkle M50 Glen Brazee	27.27 30.55 46.01 52.0 58.67 59.27 72.51 59.96 73.66 94.30 1:59.7 2:05.2 2:20.2 2:51.7 2:38.2 3:07.7 3:45.5 4:05.3 4:30.6 4:57.9 6:26.3 5:52.0 6:36.3 8:30.4 9:45.2 10:19.5 12:18.2 11:43.7 14:26.3 17:13.3 18.50 18.2 20.3 19.8	Jim Whitehead M50 Bob McGlashan Mack Stewart Louis Whitaker Dan Hawley M60 David Dallas M65 Louis Ciaccio W30 Charlotte Griffir Emily Shempp Debbie Gentry W35 Alida White Carol McLatchie W45 Vinnie Loyd W50 Neomi Garcia Elvira Vasquez  400m M30 Pat Chimes Glenn Darrah M35 Billy Smith Jimmy Bell Palmer Harry M40 Robert Mitchell Herb Stein Ed Stewart Jr M45 Fred Lentjes Jim Whitehead M50 Mack Stewart Louis Whitaker M60 David Dallas Louis Ciaccio W30 Rene Odom Charlotte Griffir W35 Carol McLatchie W40 Connie Brunsen Yolanda Uresti  800m M30 Pat Chimes Brian Pottinger Ken Yanowski David Spalding M35 Chuck Hull Darrell Stearns	28.0 27.1 28.6 29.9 32.2 36.9 48.4 37.1 39.1 29.8 30.9 47.0 34.0 38.7 61.4 63.4 50.5 62.3 63.1 52.7 55.1 74.0 97.0 61.4 64.5 66.1 74.0 97.0 61.4 63.7 61.4 63.4 50.5 62.3 63.1 52.7 75.9 20.8 30.9 47.0 97.0 61.4 63.4 63.1 52.7 56.1 74.0 97.0 61.4 63.7 63.1 74.0 97.0 63.7 64.7 65.7	M35 James Darcy  4x100m Relay M30 Beaumont TC Houston Harriers Bay Area RC M40 Houston Harriers Houston Harriers Houston Harriers Bay Area RC M50 Bay Area RC M50 Bay Area RC M50 Bay Area RC M50 Houston Harriers Houston Harriers Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Tom Wilson Bill Vogt Jim Darcy M45 Fred Lentjes M50 Bob McGlashan M60 Tom Bass W30 Sande Lambert W35 Catherine White W50 Neomi Garcia Elvira Vasquez Pole Vault M30 Glen VanDerbek Jim Fountain M35 Tom Wilson Long Jump M35 Jimmy Bell Ken Endris Bill Vogt M40 Herb Stein Ken Black	47.4 51.8 52.7 A 50.9 B 52.9 56.5 63.1 A 62.6 B 63.1 3:53.9 4:03.2 3:55.0 4:42.1 4:59.6 5:04.1 5-0 5-6 4-4 4-4 5-2 4-6 4-7 15-0 14-0 16-7	M70 Gordon Nordgren W30 Charlotte Griffi Rebecca Vogt Debbie Gentry W40 Laura Smith W50 Elvira Vasquez 1500m M30 Glenn Darrah M35 Dave Gwynn Ken Endris M45 Bob Duzan M65 John Evans W35 Catherine White W40 BettyKaye Brown Team Scores: 1 Houston Harriers 2 Bandicoot AC 3 Bay Area RC 4 Terlingua TC 5 Houston Masters  NORTHW Montana Masters Billings, MT August 11-12 100m M30 Mike McLeod Gary Little Jim Jones M35 Russell Acea John Moore M45 Richard Garvin M50 John Christian M55 Dave Cady Terry Johnson M60 B.J. Smith M65 Charles Mercurio M75 Emmett Bennett M90 Herb Kirk W65 Stella Anacker 200m M30 Mike McLeod	112-5 n 50-8 46-3 27-2 38-10 51-5 9:35.4 7:44.4 9:29.9 9:19.5 10:10.9 9:43.4 11:24.4 472 409 280 92 56 EST Meet 11.80 11.86 11.90 12.94 13.61 13.99 14.70 14.50 17.00 24.70 20.41 24.23	HANNE SIN ANNHENNE MEN MEN MEN MEN MEN MEN MEN MEN MEN
M60 Andy M65 Jim II W40 Maryl Nanc; W50 Rachi M30 Rober Skip Mike M35 Denn Pat Larr M40 John M45 Std ITerr M50 Bob Ed S Fran M55 D E Don Pete M60 Andy M65 Mel Jim W35 Marc W40 Mary Nanc W50 Rach Javelin M30 Phil Robe M45 M45 Bill M50 Bob Geor Carl	Y Czarny   35-2   1	W40 Marg Sutter W50 Joan Ailes 400m M30 Matt Reckmeyer M40 Robert Franzere M50 Howard Wiesser M60 George Luce W30 Danis Willet W40 Marg Sutter W50 Rosemary Kaufman M30 Tom Kilcoyne M40 Warren Whitted M50 Howard Weisser M60+A1 Weaver W30 Barbara Baltzell W40 Laurel Miller W50 Carol Cross 1500m M30 Dale Bradley M40 John Hawkins M50 Ernie Nick M60+Harold Hultquist W30 Cathy Biltoft W40 Laurel Miller 3000m M30 Mark Fluitt M40 John Hawkins M50 Ernie Nick M60+Al Weaver W30 Barbara Baltzell W40 Jayne Snyder W50 Margaret Stahr Short Hurdles M30 Gerald Slezak M40 Ken Kiene M50 Lee Appleby W30 sue Ziegler High Jump M30 Max Kaiser M40 Tom VanWinkle	27.27 30.55 46.01 52.0 58.67 59.27 72.51 59.96 73.66 94.30 1:59.7 2:05.2 2:20.2 2:51.7 2:38.2 3:07.7 3:45.5 4:05.3 4:30.6 4:57.9 6:26.3 5:52.0 6:36.3 8:30.4 9:45.2 10:19.5 12:18.2 10:19.5 12:18.2 20.3 19.8 6-0 5-0 4-10 4-0	Jim Whitehead M50 Bob McGlashan Mack Stewart Louis Whitaker Dan Hawley M60 David Dallas M65 Louis Ciaccio W30 Charlotte Griffir Emily Shempp Debbie Gentry W35 Alida White Carol McLatchie W45 Vinnie Loyd W50 Neomi Garcia Elvira Vasquez  400m M30 Pat Chimes Glenn Darrah M35 Billy Smith Jimmy Bell Palmer Harry M40 Robert Mitchell Herb Stein Ed Stewart Jr M45 Fred Lentjes Jim Whitehead M50 Mack Stewart Louis Whitaker M60 David Dallas Louis Ciaccio W30 Rene Odom Charlotte Griffit W35 Carol McLatchie W40 Connie Brunsen Yolanda Uresti  800m M30 Pat Chimes Brian Pottinger Ken Yanowski David Spalding M35 Chuck Hull Darrell Stearns Marco Teran	28.0 27.1 28.6 29.9 32.2 36.9 48.4 37.1 39.1 29.8 30.9 47.0 34.0 38.7 61.4 63.4 50.5 62.3 63.1 52.7 55.9 56.1 74.0 97.0 62.6 83.7 61.4 61.4 61.4 61.4 61.5 66.1 74.0 97.0 62.6 83.7	M35 James Darcy I  4x100m Relay M30 Beaumont TC Houston Harriers Bay Area RC M40 Houston Harriers Houston Harriers Bay Area RC M50 Bay Area RC W30 Houston Harriers Houston Harriers Houston Harriers M40 Houston Harriers M40 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Terlingua TC Bay Area TC W30 Terlingua TC Cay Akers M35 Tom Wilson Bill Vogt Jim Darcy M45 Fred Lentjes M50 Bob McGlashan M60 Tom Bass W30 Sande Lambert W35 Catherine White W50 Neomi Garcia Elvira Vasquez Pole Vault M30 Glen VanDerbek Jim Fountain M35 Tom Wilson Long Jump M35 Jimmy Bell Ken Endris Bill Vogt M40 Herb Stein Ken Black R L Sebesta	47.4 51.8 52.7 A 50.9 B 52.9 56.5 63.1 A 62.6 B 63.1 3:53.9 4:03.2 3:55.0 4:42.1 4:59.6 (5:04.1) 5-0 5-6 4-4 4-4 5-2 4-8 4-0 3-6 3-7 15-0 14-0 14-0 17-0 16-6 16-7 16-6 16-7 16-6	M70 Gordon Nordgren W30 Charlotte Griffi Rebecca Vogi Rebecca Vogi Rebecca Vogi Rebecca Vogi Rebecca Vogi Rebecca Vogi W40 Laura Smith W50 Elvira Vasquez 1500m M30 Glenn Darrah M35 Dave Guynn Ken Endris M45 Bob Duzan M65 John Evans W35 Catherine White W40 BettyKaye Brown Team Scores:  1 Houston Harriers 2 Bandicoot AC 3 Bay Area RC 4 Terlingua TC 5 Houston Masters  MORTHW  Montana Masters M Billings, MT August 11-12  100m M30 Mike McLeod Gary Little Jim Jones M35 Russell Acea John Moore M45 Richard Garvin M50 John Christian M55 Dave Cady Terry Johnson M60 B.J. Smith M65 Charles Mercurio M75 Emmett Bennett M90 Herb Kirk W65 Stella Anacker 200m M30 Mike McLeod Jim Jones	112-5 n 50-8 46-3 27-2 38-10 51-5 9:35.4 7:44.4 9:29.9 9:19.5 10:10.9 9:43.4 11:24.4 472 409 280 92 56 EST Meet 11.80 11.86 11.90 12.02 12.94 13.61 13.90 13.99 14.70 14.50 17.00 24.70 20.41 24.23 24.62	H
M60 Andy M65 Jim II W40 Maryl Nanc; W50 Rache M30 Rober Skip Mike M35 Denn Pat Larr M40 John M45 Sid Bill Terr M50 Bob Ed S Fran M55 D E Don Pete M60 Andy M65 Mel Jim W35 Marc W40 Mary Nanc W40 Mary Nanc W50 Rach Javelin M30 Phil Robe M30 Phil Robe M40 Walt Wm S John M45 Bill M50 Bob Geor Carl M55 Rich	Y Czarny   35-2	W40 Marg Sutter W50 Joan Ailes 400m M30 Matt Reckmeyer M40 Robert Franzere M50 Howard Wiesser M60 George Luce W30 Danis Willet W40 Marg Sutter W50 Rosemary Kaufman 800m M30 Tom Kilcoyne M40 Warren Whitted M50 Howard Weisser M60+A1 Weaver W30 Barbara Baltzell W40 Laurel Miller W50 Carol Cross 1500m M30 Dale Bradley M40 John Hawkins M50 Ernie Nick M60+Harold Hultquist W30 Cathy Biltoft W40 Laurel Miller 3000m M30 Mark Fluitt M40 John Hawkins M50 Ernie Nick M60+A1 Weaver W30 Barbara Baltzell W40 Jayne Snyder W50 Margaret Stahr Short Hurdles M30 Gerald Slezak M40 Ken Kiene M50 Lee Appleby W30 sue Ziegler High Jump M30 Max Kaiser M40 Tom Wanwinkle M50 Glen Brazee	27.27 30.55 46.01 52.0 58.67 59.27 72.51 59.96 73.66 94.30 1:59.7 2:05.2 2:20.2 2:51.7 2:38.2 3:07.7 3:45.5 4:05.3 4:30.6 4:57.9 6:26.3 5:52.0 6:36.3 8:30.4 9:45.2 10:19.5 12:18.2 11:43.7 14:26.3 17:13.3 18.50 18.2 20.3 19.8	Jim Whitehead M50 Bob McGlashan Mack Stewart Louis Whitaker Dan Hawley M60 David Dallas M65 Louis Ciaccio W30 Charlotte Griffir Emily Shempp Debbie Gentry W35 Alida White Carol McLatchie W45 Vinnie Loyd W50 Neomi Garcia Elvira Vasquez  400m M30 Pat Chimes Glenn Darrah M35 Billy Smith Jimmy Bell Palmer Harry M40 Robert Mitchell Herb Stein Ed Stewart Louis Whitaker M60 David Dallas Louis Ciaccio W30 Rene Odom Charlotte Griffir W35 Carol McLatchie W40 Connie Brunsen Yolanda Uresti  800m M30 Pat Chimes Brian Pottinger Ken Yanowski David Spalding M35 Chuck Hull Darrell Stearns Marco Teran M40 Len Hilton	28.0 27.1 28.6 29.9 32.2 36.9 48.4 37.1 39.1 29.8 30.9 47.0 38.7 61.4 63.4 50.5 62.3 63.1 52.7 55.9 56.1 59.4 61.4 64.5 66.1 74.0 97.0 62.6 83.7 67.1 72.7 78.3 1:59.9 2:02.3 2:10.2 2:12.1 2:12.7 2:12.7 2:12.7 2:18.5 2:15.0	M35 James Darcy I  4x100m Relay M30 Beaumont TC Houston Harriers Bay Area RC M40 Houston Harriers Houston Harriers Bay Area RC M50 Bay Area RC W30 Houston Harriers Houston Harriers Houston Harriers Houston Harriers M30 Bandicoot AC Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Tom Wilson Bill Vogt Jim Darcy M45 Fred Lentjes M50 Bob McGlashan M60 Tom Bass W30 Sande Lambert W35 Catherine White W50 Neomi Garcia Elvira Vasquez  Pole Vault M30 Glen VanDerbek Jim Fountain M35 Tom Wilson Long Jump M35 Jimmy Bell Ken Endris Bill Vogt M40 Herb Stein Ken Black R L Sebesta M45 Fred Lentjes	47.4 51.8 52.7 A 50.9 B 52.9 56.5 63.1 A 62.6 B 63.1 3:53.9 4:03.2 3:55.0 4:42.1 4:59.6 5:04.1 5-0 5-6 4-4 4-4 5-2 4-8 3-7 15-0 14-0 14-0 14-0 15-0 16-6 18-9 16-7 16-6 15-8	M70 Gordon Nordgren W30 Charlotte Griffi Rebecca Vogic Rebecca Vogic Bebcca Vogic B	112-5 n 50-8 46-3 27-2 38-10 51-5 9:35.4 7:44.4 9:29.9 9:19.5 10:10.9 9:43.4 11:24.4 472 409 280 92 56 EST Meet 11.80 11.86 11.90 12.02 12.94 13.61 13.90 13.99 14.70 14.50 17.00 24.70 20.41 24.23 24.62 24.64	H
M60 Andy M65 Jim II W40 Maryl Nanc; W50 Rache M30 Rober Skip Mike M35 Denn Pat Larr M40 John M45 Sid Bill Terr M50 Bob Ed S Fran M55 D E Don Pete M60 Andy M65 Mel Jim W35 Marc W40 Mary Nanc W50 Rach Javelin M30 Phil Robe M35 Mie M45 Bill M50 Bob Geor Carl M55 Rich Pete	Y Czarny   35-2   1	W40 Marg Sutter W50 Joan Ailes 400m M30 Matt Reckmeyer M40 Robert Franzere M50 Howard Wiesser M60 George Luce W30 Danis Willet W40 Marg Sutter W50 Rosemary Kaufman 800m M30 Tom Kilcoyne M40 Warren Whitted M50 Howard Weisser M60+A1 Weaver W30 Barbara Baltzell W40 Laurel Miller W50 Carol Cross 1500m M30 Dale Bradley M40 John Hawkins M50 Ernie Nick M60+Harold Hultquist W30 Cathy Biltoft W40 Laurel Miller 3000m M30 Mark Fluitt M40 John Hawkins M50 Ernie Nick M60+A1 Weaver W30 Barbara Baltzell W40 John Hawkins M50 Ernie Nick M60+A1 Weaver W30 Barbara Baltzell W40 John Hawkins M50 Ernie Nick M60+A1 Weaver W30 Barbara Baltzell W40 John Hawkins M50 Ernie Nick M60+A1 Weaver W30 Barbara Baltzell W40 John Hawkins M50 Ernie Nick M60+A1 Weaver W30 Barbara Baltzell W40 John Hawkins M50 Ernie Nick M60+A1 Weaver W30 Barbara Baltzell W40 John Hawkins M50 Ernie Nick M60+A1 Weaver W30 Barbara Baltzell W40 John Hawkins M50 Ernie Nick M60+A1 Weaver W30 Barbara Baltzell W40 John Hawkins M50 Ernie Nick M60+A1 Weaver W30 Barbara Baltzell W40 John Hawkins M50 Ernie Nick M60+A1 Weaver W30 Barbara Baltzell W40 John Hawkins M50 Ernie Nick M60+A1 Weaver W30 Barbara Baltzell W40 John Hawkins M50 Ernie Nick M60+A1 Weaver W30 Barbara Baltzell W40 John Hawkins M50 Ernie Nick M60+A1 Weaver W30 Barbara Baltzell W40 John Hawkins M50 Ernie Nick M60+A1 Weaver W30 Barbara Baltzell W40 John Hawkins M50 Ernie Nick M60+A1 Weaver W30 Barbara Baltzell W40 John Hawkins M50 Ernie Nick M60+A1 Weaver W30 Barbara Baltzell W40 John Hawkins M50 Ernie Nick M60+A1 Weaver W30 Barbara Baltzell W40 John Hawkins M50 Ernie Nick M60+A1 Weaver W30 Barbara Baltzell W40 John Hawkins M50 Ernie Nick M60+A1 Weaver W30 Barbara Baltzell W40 John Hawkins M50 Ernie Nick M60+A1 Weaver W30 Barbara Baltzell W40 John Hawkins M50 Ernie Nick M60+A1 Weaver W30 Barbara Baltzell W40 John Hawkins M50 Ernie Nick M60+A1 Weaver W30 Barbara Baltzell W40 John Hawkins M50 Ernie Nick M60+A1 Weaver W30 Barbara Baltzell W40 John Hawkins M50 Ernie Nick M60+A1 Weaver W30 Barbara Baltzell W40 John Ha	27.27 30.55 46.01 52.0 58.67 59.27 72.51 59.96 73.66 94.30 1:59.7 2:05.2 2:20.2 2:51.7 2:38.2 3:07.7 3:45.5 4:05.3 4:30.6 4:57.9 6:26.3 5:52.0 6:36.3 8:30.4 9:45.2 10:19.5 12:18.2 11:43.7 14:26.3 17:13.3 18.50 18.2 20.3 19.8	Jim Whitehead M50 Bob McGlashan Mack Stewart Louis Whitaker Dan Hawley M60 David Dallas M65 Louis Ciaccio W30 Charlotte Griffir Emily Shempp Debbie Gentry W35 Alida White Carol McLatchie W45 Vinnie Loyd W50 Neomi Garcia Elvira Vasquez  400m M30 Pat Chimes Glenn Darrah M35 Billy Smith Jimmy Bell Palmer Harry M40 Robert Mitchell Herb Stein Ed Stewart Louis Whitaker M60 David Dallas Louis Ciaccio W30 Rene Odom Charlotte Griffit W35 Carol McLatchie W40 Connie Brunsen Yolanda Uresti  800m M30 Pat Chimes Brian Pottinger Ken Yanowski David Spalding M35 Chuck Hull Darrell Stearns Marco Teran M40 Len Hilton John Sumner	28.0 27.1 28.6 29.9 32.2 36.9 48.4 37.1 39.1 39.8 30.9 47.0 34.0 38.7 61.4 63.4 50.5 62.3 63.1 52.7 55.9 56.1 74.0 97.0 61.4 64.5 66.1 74.0 97.0 61.4 63.7 61.4 63.4 63.4 63.4 63.4 63.4 63.4 63.4 63.4 63.4 63.4 63.4 63.4 63.4 63.4 63.4 63.4 63.4 64.5 66.1 74.0 97.0 62.6 83.7 67.1 78.3 1:59.9 2:02.3 2:12.7 2:12.7 2:12.7 2:12.7 2:15.0 2:15.4	M35 James Darcy I  4x100m Relay M30 Beaumont TC Houston Harriers Bay Area RC M40 Houston Harriers Houston Harriers Bay Area RC M50 Bay Area RC M50 Bay Area RC M50 Bay Area RC M50 Houston Harriers Houston Harriers Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Tom Wilson Bill Vogt Jim Darcy M45 Fred Lentjes M50 Bob McGlashan M60 Tom Bass W30 Sande Lambert W35 Catherine White W50 Neomi Garcia Elvira Vasquez Pole Vault M30 Glen VanDerbek Jim Fountain M35 Tom Wilson Long Jump M35 Jimmy Bell Ken Endris Bill Vogt M40 Herb Stein Ken Black R L Sebesta M45 Fred Lentjes M50 Bob McGlashan	47.4 51.8 52.7 A 50.9 B 52.9 56.5 63.1 A 62.6 B 63.1 3:53.9 4:03.2 3:55.0 4:42.1 4:9.6 5:04.1 5-0 5-6 4-4 4-4 5-2 4-8 4-0 3-3-4 15-0 14-0 17-0 15-0 14-6 18-9 16-7 16-6 115-8 15-8 15-8	M70 Gordon Nordgren W30 Charlotte Griffi Rebecca Vogi Debbie Gentry W40 Laura Smith W50 Elvira Vasquez 1500m M30 Glenn Darrah M35 Dave Gwynn Ken Endris M45 Bob Duzan M65 John Evans W35 Catherine White W40 BettyKaye Brown Team Scores: 1 Houston Harriers 2 Bandicoot AC 3 Bay Area RC 4 Terlingua TC 5 Houston Masters  NORTHW  Montana Masters  Billings, MT August 11-12 100m M30 Mike McLeod Gary Little Jim Jones M35 Russell Acea John Moore M45 Richard Garvin M50 John Christian M55 Dave Cady Terry Johnson M60 B.J. Smith M65 Charles Mercurio M75 Emmett Bennett M90 Herb Kirk W65 Stella Anacker 200m M30 Mike McLeod Jim Jones Vince Martin M35 Russell Acea	112-5 n 50-8 46-3 27-2 38-10 51-5 9:35.4 7:44.4 9:29.9 9:19.5 10:10.9 9:43.4 11:24.4 472 409 280 92 56 EST Meet 11.80 11.86 11.90 12.94 13.61 13.90 13.99 14.70 14.50 17.00 24.70 20.41 24.23 24.62 24.64 24.15	H
M60 Andy M65 Jim I W40 Maryl Nanc; W50 Rache  M30 Rober Skip M30 Rober Skip M35 Denn Pat Larr M40 John M45 Sid Bill Terr M50 Bob Ed S Fran M55 D E Don Pete M60 Andy M65 Mel Jim W35 Marc W40 Maryl Nanc W50 Rach Javelin M30 Phil Robe M35 Mike M40 Walt Wm S John M45 Bill M50 Bob Geor Carl M55 Rich Pete Wall	Y Czarny   35-2	W40 Marg Sutter W50 Joan Ailes 400m M30 Matt Reckmeyer M40 Robert Franzere M50 Howard Wiesser M60 George Luce W30 Danis Willet W40 Marg Sutter W50 Rosemary Kaufman M30 Tom Kilcoyne M40 Warren Whitted M50 Howard Weisser M60+Al Weaver W30 Barbara Baltzell W40 Laurel Miller W50 Carol Cross 1500m M30 Dale Bradley M40 John Hawkins M50 Ernie Nick M60+Harold Hultquist W30 Cathy Biltoft W40 Laurel Miller 3000m M30 Mark Fluitt M40 John Hawkins M50 Ernie Nick M60+Al Weaver W30 Cathy Biltoft W40 Laurel Miller 3000m M30 Mark Fluitt M40 John Hawkins M50 Ernie Nick M60+Al Weaver W30 Barbara Baltzell W40 Jayne Snyder W50 Margaret Stahr Short Hurdles M30 Gerald Slezak M40 Ken Kiene M50 Lee Appleby W30 sue Ziegler High Jump M30 Max Kaiser M40 Tom VanWinkle M50 Glen Brazee M60+Bob Hall W30 Sue Zeigler	27.27 30.55 46.01 52.0 58.67 59.27 72.51 59.96 73.66 94.30 1:59.7 2:05.2 2:20.2 2:51.7 2:38.2 3:07.7 3:45.5 4:05.3 4:30.6 4:57.9 6:26.3 5:52.0 6:36.3 8:30.4 9:45.2 10:19.5 12:18.2 11:43.7 14:26.3 17:13.3 18.50 18.2 20.3 19.8 6-0 5-0 4-10 4-0 5-0 21-7‡	Jim Whitehead M50 Bob McGlashan Mack Stewart Louis Whitaker Dan Hawley M60 David Dallas M65 Louis Ciaccio W30 Charlotte Griffir Emily Shempp Debbie Gentry W35 Alida White Carol McLatchie W45 Vinnie Loyd W50 Neomi Garcia Elvira Vasquez  400m M30 Pat Chimes Glenn Darrah M35 Billy Smith Jimmy Bell Palmer Harry M40 Robert Mitchell Herb Stein Ed Stewart Jr M45 Fred Lentjes Jim Whitehead M50 Mack Stewart Louis Whitaker M60 David Dallas Louis Ciaccio W30 Rene Odom Charlotte Griffit W35 Carol McLatchie W40 Connie Brunsen Yolanda Uresti  800m M30 Pat Chimes Brian Pottinger Ken Yanowski David Spalding M35 Chuck Hull Darrell Stearns Marco Teran M40 Len Hilton John Sumner Bill Roach	28.0 27.1 28.6 29.9 32.2 36.9 48.4 37.1 39.1 29.8 30.9 47.0 34.0 38.7 61.4 63.4 50.5 62.3 63.1 52.7 56.1 72.7 78.3 1:59.9 2:02.3 2:12.1 2:12.7 2:18.5 2:15.4 2:23.9	M35 James Darcy I  4x100m Relay M30 Beaumont TC Houston Harriers Bay Area RC M40 Houston Harriers Bay Area RC M50 Bay Area RC W30 Houston Harriers Houston Harriers Houston Harriers Houston Harriers Houston Harriers M40 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Terlingua TC Bay Area TC W30 Terlingua TC Bay Area TC W30 Terlingua TC Say Area TC W30 Houston Harriers M50 Houston Harriers M50 Terlingua Terlingua Terlingua Terling	47.4 51.8 52.7 A 50.9 B 52.9 56.5 63.1 A 62.6 B 63.1 3:53.9 4:03.2 3:55.0 4:42.1 4:59.6 (5:04.1) 5-0 5-6 4-4 4-4 4-4 5-2 4-6 3-6 3-7 3-6 3-6 3-1 15-0 14-0 11-0 15-0 14-0 15-0 16-6 15-8 15-9 15-9 15-9 15-9 16-6 15-9 15-9 15-9 15-9 16-6 15-9 15-9 15-9 15-9 16-6 15-9 15-9 15-9 15-9 15-9 16-6 15-9 15-9 15-9 15-9 15-9 15-9 15-9 16-6 15-9 15	M70 Gordon Nordgren W30 Charlotte Griffi Rebecca Vogt Debbie Gentry W40 Laura Smith W50 Elvira Vasquez 1500m M30 Glenn Darrah M35 Dave Gwynn Ken Endris M45 Bob Duzan M65 John Evans W35 Catherine White W40 BettyKaye Brown Team Scores: 1 Houston Harriers 2 Bandicoot AC 3 Bay Area RC 4 Terlingua TC 5 Houston Masters  NORTHW MONTANA Masters Billings, MT August 11-12 100m M30 Mike McLeod Gary Little Jim Jones M35 Russell Acea John Moore M45 Richard Garvin M50 John Christian M55 Dave Cady Terry Johnson M60 B.J. Smith M65 Charles Mercurio M75 Emmett Bennett M90 Herb Kirk W65 Stella Anacker 200m M30 Mike McLeod Jim Jones Vince Martin M35 Russell Acea M40 Joe Ashcraft	112-5 n 50-8 46-3 27-2 38-10 51-5 9:35.4 7:44.4 9:29.9 9:19.5 10:10.9 9:43.4 11:24.4 472 409 280 92 56 EST Meet 11.80 11.86 11.90 12.02 12.94 13.61 13.90 14.70 14.50 17.00 24.70 20.41 24.23 24.62 24.64 24.15 29.90	H
M60 Andy   M65 Jim   W40 Maryl   Nanc;   Nan	Y Czarny   35-2	W40 Marg Sutter W50 Joan Ailes 400m M30 Matt Reckmeyer M40 Robert Franzere M50 Howard Wiesser M60 George Luce W30 Danis Willet W40 Marg Sutter W50 Rosemary Kaufman 800m M30 Tom Kilcoyne M40 Warren Whitted M50 Howard Weisser M60+A1 Weaver W30 Barbara Baltzell W40 Laurel Miller W50 Carol Cross 1500m M30 Dale Bradley M40 John Hawkins M50 Ernie Nick M60+Harold Hultquist W30 Cathy Biltoft W40 Laurel Miller 3000m M30 Mark Fluitt M40 John Hawkins M50 Ernie Nick M60+Al Weaver W30 Barbara Baltzell W40 Jayne Snyder W50 Margaret Stahr Short Hurdles M30 Gerald Slezak M40 Ken Kiene M50 Lee Appleby W30 sue Ziegler High Jump M30 Max Kaiser M40 Tom VanWinkle M50 Glen Brazee M60+Bob Hall W30 Sue Zeigler Long Jump	27.27 30.55 46.01 52.0 58.67 59.27 72.51 59.96 73.66 94.30 1:59.7 2:05.2 2:20.2 2:51.7 2:38.2 3:07.7 3:45.5 4:05.3 4:30.6 4:57.9 6:26.3 5:52.0 6:36.3 8:30.4 9:45.2 10:19.5 12:18.2 11:43.7 14:26.3 17:13.3 18.50 18.2 20.3 19.8	Jim Whitehead M50 Bob McGlashan Mack Stewart Louis Whitaker Dan Hawley M60 David Dallas M65 Louis Ciaccio W30 Charlotte Griffir Emily Shempp Debbie Gentry W35 Alida White Carol McLatchie W45 Vinnie Loyd W50 Neomi Garcia Elvira Vasquez 400m M30 Pat Chimes Glenn Darrah M35 Billy Smith Jimmy Bell Palmer Harry M40 Robert Mitchell Herb Stein Ed Stewart Jr M45 Fred Lentjes Jim Whitehead M50 Mack Stewart Louis Whitaker M60 David Dallas Louis Ciaccio W30 Rene Odom Charlotte Griffir W35 Carol McLatchie W40 Connie Brunsen Yolanda Uresti 800m M30 Pat Chimes Brian Pottinger Ken Yanowski David Spalding M35 Chuck Hull Darrell Stearns Marco Teran M40 Len Hilton John Sumner Bill Roach M45 Jim Whitehead	28.0 27.1 28.6 29.9 32.2 36.9 48.4 37.1 39.1 29.8 30.9 47.0 34.0 38.7 61.4 63.4 50.5 62.3 63.1 52.7 56.1 59.9 46.4 61.4 61.4 61.4 61.4 61.5 66.1 74.0 97.0 62.6 83.7 67.1 72.7 78.3 1:59.9 2:02.3 2:12.1 2:12.7 2:12.7 2:12.7 2:15.0 2:15.4 2:23.9 2:14.3	M35 James Darcy I  4x100m Relay M30 Beaumont TC Houston Harriers Bay Area RC M40 Houston Harriers Houston Harriers Bay Area RC M50 Bay Area RC W30 Houston Harriers Houston Harriers Houston Harriers Houston Harriers M40 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Tom Wilson Bill Vogt Jim Darcy M45 Fred Lentjes M50 Bob McGlashan M60 Tom Bass W30 Sande Lambert W35 Catherine White W50 Neomi Garcia Elvira Vasquez  Pole Vault M30 Glen VanDerbek Jim Fountain M35 Tom Wilson Long Jump M35 Jimmy Bell Ken Endris Bill Vogt M40 Herb Stein Ken Black R L Sebesta M45 Fred Lentjes M50 Bob McGlashan Dan Hawley M60 Tom Bass	47.4 51.8 52.7 A 50.9 B 52.9 56.5 63.1 A 62.6 B 63.1 3:53.9 4:03.2 3:55.0 4:42.1 4:59.6 5:04.1 5-0 5-6 4-4 4-4 5-2 4-8 3-7 15-0 14-0 14-0 14-0 14-0 16-6 18-9 16-7 16-6 11-8 15-8 15-8 15-8 15-8 15-8 15-8 15-9 16-7 16-6 11-3	M70 Gordon Nordgren W30 Charlotte Griffi Rebecca Vogic Rebecca Vogic Debbie Gentry W40 Laura Smith W50 Elvira Vasquez 1500m M30 Glenn Darrah M35 Dave Geynn Ken Endris M45 Bob Duzan M65 John Evans W35 Catherine White W40 BettyKaye Brown Team Scores: 1 Houston Harriers 2 Bandicoot AC 3 Bay Area RC 4 Terlingua TC 5 Houston Hasters  NORTHY  Montana Masters M Billings, MT August 11-12 100m M30 Mike McLeod Gary Little Jim Jones M35 Russell Acea John Moore M45 Richard Garvin M50 John Christian M55 Dave Cady Terry Johnson M60 B.J. Smith M65 Charles Mercurio M75 Emmett Bennett M90 Herb Kirk W65 Stella Anacker 200m M30 Mike McLeod Jim Jones Vince Martin M35 Russell Acea M40 Joe Ashcraft M50 Terry Johnson	112-5 n 50-8 46-3 27-2 38-10 51-5 9:35.4 7:44.4 9:29.9 9:19.5 10:10.9 9:43.4 11:24.4 472 409 280 92 56 EST Meet 11.80 11.86 11.90 12.02 12.94 13.61 13.90 13.99 14.70 14.50 17.00 24.70 20.41 24.23 24.62 24.64 24.15 29.90 32.10	MAN
M60 Andy M65 Jim I W40 Maryl Nanc; W50 Rache M30 Rober Skip Mike M35 Denn Pat Larr M40 John M45 Sid Bill Terr M50 Bob Ed S Fran M55 D E Don Pete M60 Andy M65 Mel Jim W35 Marc W40 Mary Nanc W50 Rach Javelin M30 Phil Robe M35 Mike M40 Walt Wm S John M45 Bill M50 Bob Geor Carl M55 Rich Pete Wall M60 Andy M65 Jim	Y Czarny   35-2	W40 Marg Sutter W50 Joan Ailes 400m M30 Matt Reckmeyer M40 Robert Franzere M50 Howard Wiesser M60 George Luce W30 Danis Willet W40 Marg Sutter W50 Rosemary Kaufman 800m M30 Tom Kilcoyne M40 Warren Whitted M50 Howard Weisser M60+Al Weaver W30 Barbara Baltzell W40 Laurel Miller W50 Carol Cross 1500m M30 Dale Bradley M40 John Hawkins M50 Ernie Nick M60+Harold Hultquist W30 Cathy Biltoft W40 Laurel Miller 3000m M30 Mark Fluitt M40 John Hawkins M50 Ernie Nick M60+Al Weaver W30 Barbara Baltzell W40 Jayne Snyder W50 Margaret Stahr Short Hurdles M30 Gerald Slezak M40 Ken Kiene M50 Lee Appleby W30 sue Ziegler High Jump M30 Max Kaiser M40 Tom VanWinkle M50 Glen Brazee M60+Bob Hall W30 Sue Zeigler Long Jump M30 Kelly Ellis M40 Danny Watts	27.27 30.55 46.01 52.0 58.67 59.27 72.51 59.96 73.66 94.30 1:59.7 2:05.2 2:20.2 2:51.7 2:38.2 3:07.7 3:45.5 4:05.3 4:30.6 4:57.9 6:26.3 5:52.0 6:36.3 8:30.4 9:45.2 10:19.5 12:18.2 11:43.7 14:26.3 17:13.3 18.50 18.2 20.3 19.8 6-0 5-0 4-10 4-0 5-0 21-7‡	Jim Whitehead M50 Bob McGlashan Mack Stewart Louis Whitaker Dan Hawley M60 David Dallas M65 Louis Ciaccio W30 Charlotte Griffir Emily Shempp Debbie Gentry W35 Alida White Carol McLatchie W45 Vinnie Loyd W50 Neomi Garcia Elvira Vasquez  400m M30 Pat Chimes Glenn Darrah M35 Billy Smith Jimmy Bell Palmer Harry M40 Robert Mitchell Herb Stein Ed Stewart Jr M45 Fred Lentjes Jim Whitehead M50 Mack Stewart Louis Whitaker M60 David Dallas Louis Ciaccio W30 Rene Odom Charlotte Griffit W35 Carol McLatchie W40 Connie Brunsen Yolanda Uresti  800m M30 Pat Chimes Brian Pottinger Ken Yanowski David Spalding M35 Chuck Hull Darrell Stearns Marco Teran M40 Len Hilton John Sumner Bill Roach M45 Jim Whitehead Mark Scheid	28.0 27.1 28.6 29.9 32.2 36.9 48.4 37.1 39.1 39.8 30.9 47.0 38.7 61.4 63.4 50.5 62.3 63.1 52.7 55.9 56.1 74.0 97.0 62.6 83.7 67.1 72.7 78.3 1:59.9 2:02.3 2:12.7 2:12.7 2:12.7 2:12.7 2:15.0 2:15.4 2:23.9 2:15.4	M35 James Darcy I  4x100m Relay M30 Beaumont TC Houston Harriers Bay Area RC M40 Houston Harriers Houston Harriers Bay Area RC M50 Bay Area RC M50 Bay Area RC M30 Houston Harriers Houston Harriers Houston Harriers M50 Bandicoot AC Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Tom Wilson Bill Vogt Jim Darcy M45 Fred Lentjes M50 Bob McGlashan M60 Tom Bass W30 Sande Lambert W35 Catherine White W50 Neomi Garcia Elvira Vasquez  Pole Vault M30 Glen VanDerbek Jim Fountain M35 Tom Wilson Long Jump M35 Jimmy Bell Ken Endris Bill Vogt M40 Herb Stein Ken Black R L Sebesta M45 Fred Lentjes M50 Bob McGlashan Dan Hawley M60 Tom Bass W30 Sande Lambert	47.4 51.8 52.7 A 50.9 B 52.9 56.5 63.1 A 62.6 B 63.1 3:53.9 4:03.2 3:55.0 4:42.1 4:59.6 5:04.1 5-0 5-6 4-4 4-4 5-2 4-8 3-6 3-1 15-0 14-0 14-0 17-0 15-0 16-6 15-8 15-8 11-3 16-8 11-3 16-8 11-3	M70 Gordon Nordgren W30 Charlotte Griffi Rebecca Vogt Reb	112-5 n 50-8 46-3 27-2 38-10 51-5 9:35.4 7:44.4 9:29.9 9:19.5 10:10.9 9:43.4 11:24.4 472 409 280 92 56 287 4eet 11.80 11.86 11.90 12.02 12.94 13.61 13.99 14.70 24.70 20.41 24.23 24.62 24.64 24.15 29.90 32.10 32.60	MAN
M60 Andy M65 Jim II W40 Maryl Nanc; W50 Rache M30 Rober Skip M30 Rober Skip M35 Denn Pat Larr M40 John M45 Sid Bill Terr M50 Bob Ed S Fran M55 D E Don Pete M60 Andy M65 Mary Nanc W40 Mary Nanc W50 Rach Javelin M30 Phil Robe M35 Mike M40 Walt Wm S John M45 Bill M50 Bob Geor Carl M55 Bob Geor Carl M55 Rich Pete Wall M60 Andy M65 Jim M60 Andy		W40 Marg Sutter W50 Joan Ailes 400m M30 Matt Reckmeyer M40 Robert Franzere M50 Howard Wiesser M60 George Luce W30 Danis Willet W40 Marg Sutter W50 Rosemary Kaufman 800m M30 Tom Kilcoyne M40 Warren Whitted M50 Howard Weisser M60+A1 Weaver W30 Barbara Baltzell W40 Laurel Miller W50 Carol Cross 1500m M30 Dale Bradley M40 John Hawkins M50 Ernie Nick M60+Harold Hultquist W30 Cathy Biltoft W40 Laurel Miller 3000m M30 Mark Fluitt M40 John Hawkins M50 Ernie Nick M60+Al Weaver W30 Barbara Baltzell W40 Jayne Snyder W30 Barbara Baltzell W40 Jayne Snyder W50 Margaret Stahr Short Hurdles M30 Gerald Slezak M40 Ken Kiene M50 Lee Appleby W30 sue Ziegler High Jump M30 Max Kaiser M40 Tom VanWinkle M50 Glen Brazee M60+Bob Hall W30 Sue Zeigler Long Jump M30 Kelly Ellis M40 Danny Watts M50 Glenn Brazee	27.27 30.55 46.01 52.0 58.67 59.27 72.51 59.96 73.66 94.30 1:59.7 2:05.2 2:20.2 2:51.7 2:38.2 3:07.7 3:45.5 4:05.3 4:30.6 4:57.9 6:26.3 5:52.0 6:36.3 8:30.4 9:45.2 10:19.5 12:18.2 11:43.7 14:26.3 17:13.3 18.50 18.2 20.3 19.8 6-0 5-0 4-10 4-0 5-0 21-71 19-4	Jim Whitehead M50 Bob McGlashan Mack Stewart Louis Whitaker Dan Hawley M60 David Dallas M65 Louis Ciaccio W30 Charlotte Griffir Emily Shempp Debbie Gentry W35 Alida White Carol McLatchie W45 Vinnie Loyd W50 Neomi Garcia Elvira Vasquez 400m M30 Pat Chimes Glenn Darrah M35 Billy Smith Jimmy Bell Palmer Harry M40 Robert Mitchell Herb Stein Ed Stewart Jr M45 Fred Lentjes Jim Whitehead M50 Mack Stewart Louis Whitaker M60 David Dallas Louis Ciaccio W30 Rene Odom Charlotte Griffir W35 Carol McLatchie W40 Connie Brunsen Yolanda Uresti 800m M30 Pat Chimes Brian Pottinger Ken Yanowski David Spalding M35 Chuck Hull Darrell Stearns Marco Teran M40 Len Hilton John Sumner Bill Roach M45 Jim Whitehead	28.0 27.1 28.6 29.9 32.2 36.9 48.4 37.1 39.1 29.8 30.9 47.0 34.0 38.7 61.4 63.4 50.5 62.3 63.1 52.7 55.9 56.1 74.0 97.0 61.4 64.5 66.1 74.0 97.0 61.4 63.7 77.7 78.3 1:59.9 2:02.3 2:10.2 2:112.7 2:112.7 2:112.7 2:112.7 2:112.7 2:113.3 2:20.4	M35 James Darcy I  4x100m Relay M30 Beaumont TC Houston Harriers Bay Area RC M40 Houston Harriers Houston Harriers Bay Area RC M50 Houston Harriers Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Tom Wilson Bill Vogt Jim Darcy M45 Fred Lentjes M50 Neomi Garcia Elvira Vasquez Pole Vault M30 Glen VanDerbek Jim Fountain M35 Tom Wilson Long Jump M35 Jimmy Bell Ken Endris Bill Vogt M40 Herb Stein Ken Black R L Sebesta M45 Fred Lentjes M50 Bob McGlashan Dan Hawley M60 Tom Bass W30 Sande Lambert Charlotte Griffin	47.4 51.8 52.7 A 50.9 B 52.9 56.5 63.1 A 62.6 B 63.1 3:53.9 4:03.2 3:55.0 4:42.1 4:59.6 5:04.1 5-0 5-6 4:4.4 4-4 4-4 5-2 4-6 3-3 3-4 15-0 14-0 14-0 14-0 14-0 14-0 15-0 14-6 18-9 16-6 11-3 16-8 15-8 8-10	M70 Gordon Nordgren W30 Charlotte Griffi Rebecca Vogic Rebecca Vogic Debbie Gentry W40 Laura Smith W50 Elvira Vasquez 1500m M30 Glenn Darrah M35 Dave Geynn Ken Endris M45 Bob Duzan M65 John Evans W35 Catherine White W40 BettyKaye Brown Team Scores: 1 Houston Harriers 2 Bandicoot AC 3 Bay Area RC 4 Terlingua TC 5 Houston Hasters  NORTHY  Montana Masters M Billings, MT August 11-12 100m M30 Mike McLeod Gary Little Jim Jones M35 Russell Acea John Moore M45 Richard Garvin M50 John Christian M55 Dave Cady Terry Johnson M60 B.J. Smith M65 Charles Mercurio M75 Emmett Bennett M90 Herb Kirk W65 Stella Anacker 200m M30 Mike McLeod Jim Jones Vince Martin M35 Russell Acea M40 Joe Ashcraft M50 Terry Johnson	112-5 n 50-8 46-3 27-2 38-10 51-5 9:35.4 7:44.4 9:29.9 9:19.5 10:10.9 9:43.4 11:24.4 472 409 280 92 56 EST Acet 11.80 11.86 11.90 12.94 13.61 13.90 14.70 14.50 17.00 24.70 20.41 24.23 24.62 24.64 24.15 29.90 32.10 32.60 36.20	MAIN HE SEMENT H
M60 Andy   M65 Jim   W40 Mary  Nanc;   N60 Rober   N	Y Czarny   35-2	W40 Marg Sutter W50 Joan Ailes 400m M30 Matt Reckmeyer M40 Robert Franzere M50 Howard Wiesser M60 George Luce W30 Danis Willet W40 Marg Sutter W50 Rosemary Kaufman 800m M30 Tom Kilcoyne M40 Warren Whitted M50 Howard Weisser M60+A1 Weaver W30 Barbara Baltzell W40 Laurel Miller W50 Carol Cross 1500m M30 Dale Bradley M40 John Hawkins M50 Ernie Nick M60+Harold Hultquist W30 Cathy Biltoft W40 Laurel Miller 3000m M30 Mark Fluitt M40 John Hawkins M50 Ernie Nick M60+Al Weaver W30 Barbara Baltzell W40 Jayne Snyder W30 Barbara Baltzell W40 Jayne Snyder W50 Margaret Stahr Short Hurdles M30 Gerald Slezak M40 Ken Kiene M50 Lee Appleby W30 sue Ziegler High Jump M30 Max Kaiser M40 Tom VanWinkle M50 Glen Brazee M60+Bob Hall W30 Sue Zeigler Long Jump M30 Kelly Ellis M40 Danny Watts M50 Glenn Brazee M60+Berl Damkroger	27.27 30.55 46.01 52.0 58.67 59.27 72.51 59.96 73.66 94.30 1:59.7 2:05.2 2:20.2 2:51.7 2:38.2 3:07.7 3:45.5 4:05.3 4:30.6 4:57.9 6:26.3 5:52.0 6:36.3 8:30.4 9:45.2 10:19.5 12:18.2 11:43.7 14:26.3 17:13.3 18.50 18.2 20.3 19.8 6-0 5-0 4-10 4-0 5-0 21-7 <sup>1</sup> / <sub>1</sub> 19-4 15-10	Jim Whitehead M50 Bob McGlashan Mack Stewart Louis Whitaker Dan Hawley M60 David Dallas M65 Louis Ciaccio W30 Charlotte Griffir Emily Shempp Debbie Gentry W35 Alida White Carol McLatchie W45 Vinnie Loyd W50 Neomi Garcia Elvira Vasquez 400m M30 Pat Chimes Glenn Darrah M35 Billy Smith Jimmy Bell Palmer Harry M40 Robert Mitchell Herb Stein Ed Stewart Jr M45 Fred Lentjes Jim Whitehead M50 Mack Stewart Louis Whitaker M60 David Dallas Louis Ciaccio W30 Rene Odom Charlotte Griffir W35 Carol McLatchie W40 Connie Brunsen Yolanda Uresti 800m M30 Pat Chimes Brian Pottinger Ken Yanowski David Spalding M35 Chuck Hull Darrell Stearns Marco Teran M40 Len Hilton John Sumner Bill Roach M45 Jim Whitehead Mark Scheid James McLatchie Ralph MeLilo	-28.0 27.1 28.6 29.9 32.2 36.9 48.4 37.1 39.1 29.8 30.9 47.0 34.0 38.7 61.4 63.4 50.5 62.3 63.1 52.7 55.9 56.1 59.4 61.4 64.5 66.1 74.0 97.0 62.6 83.7 67.1 72.7 78.3 1:59.9 2:02.3 2:12.1 2:12.7	M35 James Darcy I  4x100m Relay M30 Beaumont TC Houston Harriers Bay Area RC M40 Houston Harriers Houston Harriers Bay Area RC M50 Bay Area RC W30 Houston Harriers Houston Harriers Houston Harriers Houston Harriers M40 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Terlingua TC Say Area TC W30 Terlingua TC Say Area TC W30 Houston Harriers M50 Terlingua TC Say Area TC W30 Houston Harriers M50 Rob McGlashan Dan Hawley M60 Tom Bass W30 Sande Lambert Charlotte Griffin Debbie Gentry	47.4 51.8 52.7 A 50.9 B 52.9 56.5 63.1 A 62.6 B 63.1 3:53.9 4:03.2 3:55.0 4:42.1 4:59.6 5:04.1 5-0 5-6 4-4 4-4 5-6 3-6 3-7 15-0 16-6 15-8 15-8 15-8 15-8 15-8 16-8 18-9	M70 Gordon Nordgren W30 Charlotte Griffi Rebecca Vogt Reb	112-5 n 50-8 46-3 27-2 38-10 51-5 9:35.4 7:44.4 9:29.9 9:19.5 10:10.9 9:43.4 11:24.4 472 409 280 92 56 EST Meet 11.80 11.86 11.90 12.02 12.94 13.61 13.90 13.99 14.70 14.50 17.00 24.70 20.41 24.23 24.62 24.64 24.15 29.90 32.10 32.60 36.20 58.50	MAIN HE SEMENT H
M60 Andy   M65 Jim   W40 Mary  Nanc;   N60 Rober   N	Y Czarny   35-2	W40 Marg Sutter W50 Joan Ailes 400m M30 Matt Reckmeyer M40 Robert Franzere M50 Howard Wiesser M60 George Luce W30 Danis Willet W40 Marg Sutter W50 Rosemary Kaufman 800m M30 Tom Kilcoyne M40 Warren Whitted M50 Howard Weisser M60+A1 Weaver W30 Barbara Baltzell W40 Laurel Miller W50 Carol Cross 1500m M30 Dale Bradley M40 John Hawkins M50 Ernie Nick M60+Harold Hultquist W30 Cathy Biltoft W40 Laurel Miller 3000m M30 Mark Fluitt M40 John Hawkins M50 Ernie Nick M60+A1 Weaver W30 Barbara Baltzell W40 John Hawkins M50 Ernie Nick M60+A1 Weaver W30 Barbara Baltzell W40 John Hawkins M50 Ernie Nick M60+A1 Weaver W30 Barbara Baltzell W40 Jayne Snyder W30 Barbara Baltzell W40 Jayne Snyder W30 Gerald Slezak M40 Ken Kiene M50 Gerald Slezak M40 Ken Kiene M50 Lee Appleby W30 sue Ziegler High Jump M30 Max Kaiser M40 Tom VanWinkle M50 Glen Brazee M60+Bob Hall W30 Sue Zeigler Long Jump M30 Kelly Ellis M40 Danny Watts M50 Glenn Brazee M60+Berl Damkroger W30 Sue Ziegler	27.27 30.55 46.01 52.0 58.67 59.27 72.51 59.96 73.66 94.30 1:59.7 2:05.2 2:20.2 2:51.7 2:38.2 3:07.7 3:45.5 4:05.3 4:30.6 4:57.9 6:26.3 5:52.0 6:36.3 8:30.4 9:45.2 10:19.5 12:18.2 11:43.7 14:26.3 17:13.3 18.50 18.2 20.3 19.8 6-0 5-0 4-10 4-0 5-0 21-7½ 19-10 13-8½	Jim Whitehead M50 Bob McGlashan Mack Stewart Louis Whitaker Dan Hawley M60 David Dallas M65 Louis Ciaccio W30 Charlotte Griffir Emily Shempp Debbie Gentry W35 Alida White Carol McLatchie W45 Vinnie Loyd W50 Neomi Garcia Elvira Vasquez  400m M30 Pat Chimes Glenn Darrah M35 Billy Smith Jimmy Bell Palmer Harry M40 Robert Mitchell Herb Stein Ed Stewart Jr M45 Fred Lentjes Jim Whitehead M50 Mack Stewart Louis Whitaker M60 David Dallas Louis Ciaccio W30 Rene Odom Charlotte Griffit W35 Carol McLatchie W40 Connie Brunsen Yolanda Uresti  800m H30 Pat Chimes Brian Pottinger Ken Yanowski David Spalding M35 Chuck Hull Darrell Stearns Marco Teran M40 Len Hilton John Sumner Bill Roach M45 Jim Whitehead Mark Scheid James McLatchie Ralph MeLilo M50 Louis Whitaker	-28.0 27.1 28.6 29.9 32.2 36.9 48.4 37.1 39.1 39.8 30.9 47.0 38.7 61.4 63.4 50.5 62.3 63.1 52.7 55.1 59.4 61.4 64.5 66.1 74.0 97.0 62.6 83.7 67.1 72.7 78.3 1:59.9 2:02.3 2:112.7 2:12.7 2:12.7 2:15.4 2:25.7 2:15.4 2:25.7 2:47.8	M35 James Darcy I  4x100m Relay M30 Beaumont TC Houston Harriers Bay Area RC M40 Houston Harriers Houston Harriers Bay Area RC M50 Bay Area RC M50 Bay Area RC M30 Houston Harriers Houston Harriers Houston Harriers M30 Bandicoot AC Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Tom Wilson Bill Vogt Jim Darcy M45 Fred Lentjes M50 Bob McGlashan M60 Tom Bass W30 Sande Lambert W35 Catherine White W50 Neomi Garcia Elvira Vasquez  Pole Vault M30 Glen VanDerbek Jim Fountain M35 Tom Wilson Long Jump M35 Jimmy Bell Ken Endris Bill Vogt M40 Herb Stein Ken Black R L Sebesta M45 Fred Lentjes M50 Bob McGlashan Dan Hawley M60 Tom Bass W30 Sande Lambert Charlotte Griffin Debbie Gentry W50 Neome Garcia	47.4 51.8 52.7 A 50.9 B 52.9 56.5 63.1 A 62.6 B 63.1 3:53.9 4:03.2 3:55.0 4:42.1 4:59.6 5:04.1 5-0 5-6 4-4 4-4 5-2 4-8 3-1 15-0 14-0 14-0 14-0 15-0 16-6 18-9 16-7 16-6 15-8 15-8 15-8 15-8 15-8 15-8 15-8 15-8 15-8 11-3 16-8 18-9 11-10	M70 Gordon Nordgren W30 Charlotte Griffi Rebecca Vogi Debbie Gentry W40 Laura Smith W50 Elvira Vasquez 1500m M30 Glenn Darrah M35 Dave Gwynn Ken Endris M45 Bob Duzan M65 John Evans W35 Catherine White W40 BettyKaye Brown Team Scores: 1 Houston Harriers 2 Bandicoot AC 3 Bay Area RC 4 Terlingua TC 5 Houston Masters  NORTHW  Montana Masters Billings, MT August 11-12 100m M30 Mike McLeod Gary Little Jim Jones M35 Russell Acea John Moore M45 Richard Garvin M50 John Christian M55 Dave Cady Terry Johnson M60 B.J. Smith M65 Charles Mercurio M75 Emmett Bennett M90 Herb Kirk W65 Stella Anacker 200m M30 Mike McLeod Jim Jones Vince Martin M35 Russell Acea M40 Joe Ashcraft M50 Terry Johnson M60 B.J. Smith M75 Emsett Bennett	112-5 n 50-8 46-3 27-2 38-10 51-5 9:35.4 7:44.4 9:29.9 9:19.5 10:10.9 9:43.4 11:24.4 472 409 280 92 56 56 56 57 Acet 11.80 11.86 11.86 11.86 11.90 12.02 12.94 13.61 13.90 13.99 14.70 14.50 17.00 24.70 20.41 24.23 24.62 24.64 24.15 29.90 32.10 32.60 36.20 58.50 29.40	MARKEN MARKET MA
M60 Andy M65 Jim II W40 Maryl Nanc; W50 Rache Skip M30 Rober Skip M35 Denn Pat Larr M40 John M45 Sid Bill Terr M50 Bob Ed S Franc M55 D E Don Pete M60 Andy M65 Mel Jim W35 Marc W40 Mary Nanc W50 Rach Javelin M30 Phil Robe M35 Mike M40 Walt Wm S John M45 Bill M50 Bob Geor Carl M55 Robe M40 Walt Wm S John M45 Bill M50 Bob Geor Carl M55 Rich Pete Wall M60 Andy M65 Jim M61 M60 Mary Nanc		W40 Marg Sutter W50 Joan Ailes 400m M30 Matt Reckmeyer M40 Robert Franzere M50 Howard Wiesser M60 George Luce W30 Danis Willet W40 Marg Sutter W50 Rosemary Kaufman 800m M30 Tom Kilcoyne M40 Warren Whitted M50 Howard Weisser M60+A1 Weaver W30 Barbara Baltzell W40 Laurel Miller W50 Carol Cross 1500m M30 Dale Bradley M40 John Hawkins M50 Ernie Nick M60+Harold Hultquist W30 Cathy Biltoft W40 Laurel Miller 3000m M30 Mark Fluitt M40 John Hawkins M50 Ernie Nick M60+Al Weaver W30 Barbara Baltzell W40 Jayne Snyder W30 Barbara Baltzell W40 Jayne Snyder W50 Margaret Stahr Short Hurdles M30 Gerald Slezak M40 Ken Kiene M50 Lee Appleby W30 sue Ziegler High Jump M30 Max Kaiser M40 Tom VanWinkle M50 Glen Brazee M60+Bob Hall W30 Sue Zeigler Long Jump M30 Kelly Ellis M40 Danny Watts M50 Glenn Brazee M60+Berl Damkroger	27.27 30.55 46.01 52.0 58.67 59.27 72.51 59.96 73.66 94.30 1:59.7 2:05.2 2:20.2 2:51.7 2:38.2 3:07.7 3:45.5 4:05.3 4:30.6 4:57.9 6:26.3 5:52.0 6:36.3 8:30.4 9:45.2 10:19.5 12:18.2 20.3 19.8 6-0 5-0 4-10 4-0 5-0 21.7½ 19.4 15-10 13-8½ 14-5 11-9½	Jim Whitehead M50 Bob McGlashan Mack Stewart Louis Whitaker Dan Hawley M60 David Dallas M65 Louis Ciaccio W30 Charlotte Griffir Emily Shempp Debbie Gentry W35 Alida White Carol McLatchie W45 Vinnie Loyd W50 Neomi Garcia Elvira Vasquez 400m M30 Pat Chimes Glenn Darrah M35 Billy Smith Jimmy Bell Palmer Harry M40 Robert Mitchell Herb Stein Ed Stewart Jr M45 Fred Lentjes Jim Whitehead M50 Mack Stewart Louis Whitaker M60 David Dallas Louis Ciaccio W30 Rene Odom Charlotte Griffir W35 Carol McLatchie W40 Connie Brunsen Yolanda Uresti 800m M30 Pat Chimes Brian Pottinger Ken Yanowski David Spalding M35 Chuck Hull Darrell Stearns Marco Teran M40 Len Hilton John Sumner Bill Roach M45 Jim Whitehead Mark Scheid James McLatchie Ralph MeLilo M50 Louis Whitaker	-28.0 27.1 28.6 29.9 32.2 36.9 48.4 37.1 39.1 29.8 30.9 47.0 34.0 38.7 61.4 63.4 50.5 62.3 63.1 52.7 55.9 56.1 59.4 61.4 64.5 66.1 74.0 97.0 62.6 83.7 67.1 72.7 78.3 1:59.9 2:02.3 2:12.1 2:12.7	M35 James Darcy I  4x100m Relay M30 Beaumont TC Houston Harriers Bay Area RC M40 Houston Harriers Bay Area RC M50 Bay Area RC M50 Bay Area RC M30 Houston Harriers Houston Harriers Houston Harriers Houston Harriers M30 Bandicoot AC Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Terlingua TC Bay Area TC W30 Houston Harriers M50 Tom Wilson Bill Vogt Jim Darcy M45 Fred Lentjes M50 Bob McGlashan M60 Tom Bass W30 Sande Lambert W35 Catherine White W50 Neomi Garcia Elvira Vasquez  Pole Vault M30 Glen VanDerbek Jim Fountain M35 Tom Wilson Long Jump M35 Jimmy Bell Ken Endris Bill Vogt M40 Herb Stein Ken Black R L Sebesta M45 Fred Lentjes M50 Bob McGlashan Dan Hawley M60 Tom Bass W30 Sande Lambert Charlotte Griffin Debbie Gentry W50 Neome Garcia	47.4 51.8 52.7 A 50.9 B 52.9 56.5 63.1 A 62.6 B 63.1 3:53.9 4:03.2 3:55.0 4:42.1 4:59.6 5:04.1 5-0 5-6 4-4 4-4 5-2 4-8 3-1 15-0 14-0 14-0 14-0 15-0 16-6 18-9 16-7 16-6 15-8 15-8 15-8 15-8 15-8 15-8 15-8 15-8 15-8 11-3 16-8 18-9 11-10	M70 Gordon Nordgren W30 Charlotte Griffi Rebecca Vogi Res Endris Res	112-5 n 50-8 46-3 27-2 38-10 51-5 9:35.4 7:44.4 9:29.9 9:19.5 10:10.9 9:43.4 11:24.4 472 409 280 92 56 EST Meet 11.80 11.86 11.90 12.02 12.94 13.61 13.90 13.99 14.70 14.50 17.00 24.70 20.41 24.23 24.62 24.64 24.15 29.90 32.10 32.60 36.20 58.50	MARKEN MARKET MA

400m M30 Chris Nurre 53.20 Guy Rogers Tim Fox 53.50 56.90 57.50 1:03.5 M35 John Moore M40 Jim Nelson M50 Terry Johnson M55 Frank Newman 1:15.8 1:09.6 1:41.1 M60 Charles Kirk M75 Emmett Bennett Lloyd Berg M90 Herb Kirk 1:23.4 2:16.6 2:41.9 W35 P. Flesch-Birtic W40 Terry Kennedy W50 Kay Newman W70 Edna Berg 1:08.6 1:02.6 1:45.6 2:02.7 800m
N15 John Moore
Pat Kirwan
N40 Danny Halverson
Jim Nelson
Bohlitt 2:31.3 3:00.8 2:26.4 2:32.7 2:41.3 2:14.6 2:24.4 Jim Nelson Ritt Hoblitt M45 Bob Leonard M55 Bill Foulk Frank Hewman M65 Arne Hovin M75 Emmett Bennet Lloyd Berg 2:48.0 3:06.8 3:37.9 5:00.4 W30 Lauri Sax W35 P. Plesch-Birtic W40 Terry Kennedy W50 Kay Newman W70 Edna Berg 2:33.5 3:58.9 4:34.9 W70 Edna Berg
1500m
N35 Pat Kirwan
N40 Jim Nelson
N45 Bob Leonard
N50 Terry Johnson
N55 Bill Poula
Hel Jordan
Prank Newman
N60 Larry Prince
N65 Ed Anacker
N75 Al Punk 5,29.0 5:19.0 4:35.7 6:17.7 4:47.3 5:19.2 5:29.3 7:22.6 7:22.1 M75 Al Punk Lloyd Berg M90 Herb Kirk 5:52.0 9:48.6 13:04.3 4:48.8 5:18.1 5:07.1 7:32.7 9:52.6 W30 Lauri Sax Ann Woodward W35 P. Flesch-Birtic W50 Kay Newman W70 Edna Berg 5000m
H35 Tom Blake
Pat Kirwan
H40 Glenn Govertsen
Danny Halverson
Ritt Hoblitt
H55 Bill Foulk
Frank Newman
Hel Jordan
H60 Hank Barksdale
Lary Prince 19:14.5 20:100.3 17:58.8 19:14.0 20:16.6 17:59.2 19:58.7 20:02.0 24:06.4 28:17.9 28:13.0 34:56.0 18:07.0 25:46.6 19:34.5 Larry Prince M65 Ed Anacker M65 Ed Anacer 2013-16.0 M75 Lloyd Berg 34:56.0 W30 Lauri Sax 18:07.0 Karen Barnhardt 25:46.6 W35 P. Flesch-Birtic 19:11.5 W40 Tiare Lund W50 Kay Newman W70 Edna Berg 22:17.9 28:30.0 35:19.0 110mH H30 Gary Little Tim Fox H35 Russell Acea 15.2 15.7 15.9 400mH H30 Gary Little H35 Russell Acea H40 Joe Ashcraft 1:01.2 57.4 1:09.3 3000m Steeplechase M55 Frank Newman
Don Jelenik
4x100 Relay
M30 Blue Lightning 14:3 .6 4 .7 4x400 Relay M30 Batmen 3:42.2 High Jump M45 Allan Smart Pole Vault M60 Don Crosser 4-6 8-8 3/4 Long Jump M30 Vince Martin 21-45 20-75 15-55 12-11 10-64 10-7 10-2 Mike McLeod M40 Joe Ashcraft M55 Dave Cady M60 Don Tavolacci M65 Gene Harn Ed Anacker M75 Emmett Bennett W35 P. Flesch-Birtic 10-6 Triple Jump M30 Vince Martin 44-6 3/4 27-104 M65 C Mercurio Arne Hovin 25-2 3/4 Shot Put M30 Ken Barnhardt M40 Bob Sager M45 Tom Gage M50 Carl Klehm Terry Johnson M55 Larry Marsh Dave Cady
M60 B.J. Smith
M70 Manuel White
M75 Ross Carter
W30 Delilah Sullivan 26-6 21-1 W50 Elizabeth Sutphin 45.40 Continued on next page

Continued	from	previ	ious	page
			- 1344 Sh	

	The state of the s	
Disc	cus	
M30	Kurt Ragenold	100-10
M35	Rob Stark	59-0
M40	Joe Ashcraft	96-6
	Bob Sager	73-1
M45	Tom Gage	136-0
M50	Carl Klehm	99-4
1000	Jack Sutphin	92-10
M55	Larry Marsh	107-7
M60	Don Tavolacci	117-7
M70	Manuel White	120-9
M75	Ross Carter	111-5
W30	Delilah Sullivan	77-2
W50	Elizabeth Sutphin	44-1
	Marine Marine Marine	
Нали	er	

M35 Dennis McCave	137-7
M40 Bob Sager	73-1
M45 Tom Gage	193-6
M50 Carl Klehm	63-10
M65 Ed Anacker	66-9
M70 Manuel White	93-10
A SAMPLE OF THE SAME OF THE	
Javelin	
M30 Kurt Rabenold	129-0
Ken Barnhardt	120-6
M35 Rob Stark	75-9
M40 Joe Ashcraft	135-5
M50 Terry Johnson	108-2
Carl Klehm	67-3
M55 Larry Marsh	107-1
M60 Don Tavolacci	110-3
M70 Manuel White	123-7
5000m Walk	
M60 Sandy Crawford	34:55.4
M65 Ed Anacker	36,29,2
W45 Mary Chester	34:35.0
W50 Jean McInnes	32:24.3
W65 Dorothy Torney	37:33.8
wes borochy forney	37:33.0

#### CANADA

#### Canadian Masters AA Championships Edmonton, Alberta June 17-18

\*Canadian Open & Native Rec.

*Canadian Open & Native	Rec.
+ Canadian Native Rec.	
MAE CHAP B	12.0
M35 Greg Rees Alger Seon	12.8
WIRET DEOIL	11.6
Tony Hatt	11.9
Tony Hatt Larry Gardiner	11.9 12.2
M45 Harold Morioka	11.7
Alan Slater	12.3
Bruce Selby	13.0
M50 Charles Agnon	12.7
Robert Mitchell M55 Bernie Smith Sidney Truman	14.3
M55 Bernie Smith	12.4
Sidney Truman Walter Mozewsky	13.4
Walter Mozewsky	14.5
M60 Earl Fee Stan Egerton	12.9 13.8
Ken Owen	15.0
M65 Cecil Paul	15.9 13.9
Andrew Thomson	14.0
Peter Pientka	15.2
	14.5
M70 Art Obokata Jim Breslin	15.8
M80 Blain Till	17.8
W35 Shirley Robinson	14.6
W40 Catherine Roberts	13.8
Pamela Duncan	14.2
W45 A Rosenitsch	15.0
Gean Hemming	15.2
W50 Gina McCaslin	nta
W60 Phyllis Goodlad W75 Isobel Saumier	21.1
W75 Isobel Saumier	18.6
200m	
M35 Alger Seon	26.3
M40 Robert Zimmerman	23.3
Tony Hatt	24.6
Larry Gardiner M45 Harold Morioka	25.3
Bruce Selby	26.5
, Mery Armstrong	28.2
M50 Ed Andrade	26.1
Charles Agnon	27.1
Robert Mitchell M55 Sidney Truman Brian Oxley	30.4
M55 Sidney Truman	27.8
Brian Oxley	28.0
Jack McCracken	32.0
M60 Ron Welch Ken Owen	31.5
Ken Oven	33.4
M65 Andy Thomson Cecil Paul	29.6
Cecil Paul	30.5
Don Thomson	35.1
M70 Art Obokata Jim Breslin	30.3
M80 Blain Till	33.5 38.0
W35 Shirley Robinson	32.8
W40 Catherine Roberts	29.1
Pamela Duncan	29.7
W45 A Rosenitsch	30.9
Gean Hemine	32.1
Gean Hemming W50 Gina McCaslin	36.0
W60 Phyllis Goodlad	44.9
W60 Phyllis Goodlad W75 Isobel Saumier	42.3
400m	
M35 Greg Rees	58.6
James Speer	78.1
M40 R Zimmerman	53.1
Tony Hatt	54.5
Bruce Mintz	55.5
AND THE PARTY OF A STATE OF THE SAME	

M45 Harold Morioka George Smith	+51.4 52.6
Bruce Selby M50 Bill McIlvain	59.2 57.7
Ed Andrade Mike Clegg M55 Bernie Smith	58.3 63.1 59.0
Brian Oxley Sid Truman M60 Earl Fee	64.0 66.1 *57.8
Ron Welch Ken Owen	67.2 72.1
M65 Valden Sadul Andy Thomson Don Thomson M70 Art Obokata	66.4
M75 Hans Weickardt	77.7 70.2 78.6
W40 Judy Warick C Roberts	64.0
Liz McBlain W45 A Rosenitsch Jean Ward	67.2 68.8 85.2
W50 Gina McCaslin W60 Dorly Brechbuel W65 Hazel Cameron	80.2 98.1
W/5 I Saumier	+86.2 1:53.0
M35 David McLeod M40 John Picard	2:08.3 2:08.9
Jake Madderon Tony Hatt	2:09.0
M45 George Smith Richard Roberts M50 Jim McIlvaine	2:05.6 2:49.3 2:17.1
Mike Clegg Wayne Cosgrove	2:18.5 2:23.9
M55 Jack McCracken Brian Oxley M60 Earl Fee	2:37.1 2:48.0 2:15.6
Ron Welch Ken Owen	2:32.8 2:49.1
M65 Valden Sadul John Houlden	2:42.2 2:56.4
Don Thomson M70 Rolie Martin	2:59.2 2:59.2 *3:05.4
M75 Hans Weickardt W40 Judy Warick Catherine Roberts	2:30.4
W45 Gean Hemming Jean Ward	3:26.6 3:35.8
W50 Kim Maxwell W55 Ruth Carrier W60 Dorly Brechbuehl	2:43.8 3:04.6 3:27.8
W65 Hazel Cameron	3:18.3
M35 David McLeod Jim Speer M40 Colin O'Brien	4:36.7 5:44.6 4:09.5
Jake Madderon John Picard	4:25.2
M45 Dave Thomas Rich Roberts	5:07.4 5:38.0
M50 Mike Clegg Bill McIlvaine Wayne Cosgrove	4:45.3 4:48.8 4:55.2
M55 Jack McCracken M60 Ron Welch	5:23.9 5:04.9
Terry Goodlad Ken Owen M65 Valden Sadul	5:28.1 5:32.1 5:34.9
John Houlden Don Thomson	5:44.2 6:04.8
M70 Rollie Martin M75 Hans Weickardt W40 Judy Warick	6:00.3 *6:10.7 5:14.3
Shirley Pommier W45 Judy Willmott	5:27.4 5:35.0
Maria Hopchin Jean Ward W50 Armande Pieschke	5:55.1 7:19.6 6:04.0
W55 Molly Turner	6:13.4 5:35.3
Ruth Carrier W60 D Brechbuehl W65 Hazel Cameron	6:08.7 7:01.5 *6:13.8
5000m	10.15
M40 Colin O'Brien M45 Herb Phillips Dan Gillis Dave Thomas	15:45.5 17:13.4 18:20.2
M55 Don Busch	18:49.9 19:02.3
M60 Stan Oracheski Terry Goodlad Ken Owen	19:10.0 19:59.9 21:33.2
M65 John Houlden Don Thomson	20:27.7 22:41.5
M70 Rollie Martin W35 Laurie Lynn Marcia Stromsmoe	*22:14.6 18:29.1 20:00.4
W40 Shirley Pommier W45 Judy Willmott	20:16.2 21:45.4
W50 Armande Pieschke	21:27.9
W55 Molly Turner Earla Henderson W65 Hazel Cameron	24:33.5
10,000m M45 Herb Phillips	36:11.6
Rich Roberts M50 Neil Parker	42:35.2 37:40.5
M55 Don Busch	39:40.5
M60 Stan Oracheski	40:03.9
M60 Stan Oracheski Terry Goodlad M65 John Houlden Don Thomson W35 Marcia Stromsmoe	41:19.2 42:39.6 45:54.0

Natio	nal M	asters News
W50 Armande Pieschke Marge Potter	44:03.1	W35 Shirley Robinson 23 W40 Judy Warick 27
W55 Earla Henderson Short Hurdles	51:12.9	Catherine Roberts25 W50 June Meyer 21
M40 Steve Kashman	22.4	W60 Velta Tomsons 19
Bruce Mintz M45 Merv Armstrong	22.5	Mary Thomson 16 Hammer
M60 Jim Mathers	20.1	M45 J Kasperski 32 M50 Bob Stavely 37
Andy Thomson	19.4	Stephen Irwin 22
M70 Art Obokata W45 Gean Hemming	16.1	M55 Max Woerle 37 M60 Helmut Lange 36
Long Hurdles		Art Jaago 32
M45 Harold Morioka Merv Armstrong	61.8 85.7	M65 Walt Jenkins 36 Peder Nielsen 28
M50 Ed Andrade M60 Earl Fee	47.5 •48.3	Peter Pientka 21 M70 Alex Upmalis 27
M65 Valden Sadul	53.9	Mato Dukovak 23
Andy Thomson M70 Art Obokata	54.1 58.3	W50 June Meyer 21 W60 Mary Thomson 19
Steeplechase		Javelin M35 Mike Finkbeiner 53
M40 John Picard M50 Wayne Cosgrove	11:10.5 12:42.0	Pat Hessel 50
M55 Brian Oxley M60 Terry Goodlad	15:21.8 *8:41.7	Bruce Lange 46 M40 Steve Kashman 21
M65 Valden Sadul	*8:52.8	Bruce Mintz 21
High Jump M35 Greg Rees	1.62	M45 John Kasperski 39 M50 Stephen Irwin 30
M40 Bruce Mintz	1.35	Bob Stavely 30
Steve Kashman M50 Ed Andrade	1.25	M55 Walt Mozewsky 33.1 Max Woerle 31.5
M55 Max Woerle Walter Mozewsky	1.45	M60 Art Jaago 41.0
M60 Jim Mathrs	1.35	M65 Peder Nielsen 29 6
M65 Andy Thomson	1.20	Andy Thomson 24.1 M70 Mato Dukovac 20.4
Peter Pientka	1.15	W35 Shirley Robinso23.1
W45 Gean Hemming W50 Gina McCaslin	1.30	W45 Gean Hemming 19.6 W50 June Meyer *26.9
Pole Vault		W60 Mary Thomson *15.7
M40 Bruce Mintz	2.30	Weight Throw M45 John Kasperski 10.0
M55 Walter Mozewsky M60 Stan Egerton		M50 Stephen Irwin 7.6
M65 Peter Pientka	1.65	M55 Max Woerle 9.3 M60 Helmut Lange 11.4
Long Jump		Art Jaago 11.0 M65 Peder Nielsen 9.8
M35 Greg Rees M40 George Pachovsk	5.62 cv 6.01	Walt Jenkins 9.4
Bruce Mintz	5.02	Peter Pientka 6.0 M70 Mato Dukovac 6.0
Steve Kashman M45 Alan Slater	4.53 5.79	Jim Breslin 6.1
Merv Armstrong Bruce Selby		W50 June Meyer 8.0 W60 Mary Thomson 7.3
M55 Max Woerle	4.40	Decathlon
Walt Mozewsky M60 Jim Mathers	3.94	M40 Mintz 449 M55 Mozewsky 412
Art Jaago	3.98	5000m Walk
	4.12	M60 Sal Brancaccio 29:3 M70 Max Gould 30:1
W35 Shirley Robins	on 4.01	W60 Phyllis Goodlad 36:
WAO Liz McRlain		Market III To the Transfer of the
W40 Liz McBlain Pam Duncan	4.64	THE PART OF
Pam Duncan C Roberts	4.64	
Pam Duncan C Roberts W45 Gean Hemming W50 Gina McCaslin	4.64 4.58 4.18 4.27 3.53	
Pam Duncan C Roberts W45 Gean Hemming W50 Gina McCaslin W60 Mary Thomson	4.64 4.58 4.18 4.27	76
Pam Duncan C Roberts W45 Gean Hemming W50 Gina McCaslin W60 Mary Thomson Triple Jump	4.64 4.58 4.18 4.27 3.53 2.46	36
Pam Duncan C Roberts W45 Gean Hemming W50 Gina McCaslin W60 Mary Thomson Triple Jump M35 Greg Rees M40 Stev Kashman	4.64 4.58 4.18 4.27 3.53 2.46	, The
Pam Duncan C Roberts W45 Gean Hemming W50 Gina McCaslin W60 Mary Thomson Triple Jump M35 Greg Rees M40 Stev Kashman M45 Alan Slater	4.64 4.58 4.18 4.27 3.53 2.46	30
Pam Duncan C Roberts W45 Gean Hemming W50 Gina McCaslin W60 Mary Thomson Triple Jump M35 Greg Rees M40 Stev Kashman M45 Alan Slater Bruce Selby Merv Armstrong	4.64 4.58 4.18 4.27 3.53 2.46 11.38 8.81 11.98 9.14 8.23	130
Pam Duncan C Roberts W45 Gean Hemming W50 Gina McCaslin W60 Mary Thomson Triple Jump M35 Greg Rees M40 Stev Kashman M45 Alan Slater Bruce Selby Merv Armstrong M50 Ed Andrade M55 Walt Mozewsky	4.64 4.58 4.18 4.27 3.53 2.46 11.38 8.81 11.98 9.14 8.23 10.12 8.27	Ontario Masters Pentathl
Pam Duncan C Roberts W45 Gean Hemming W50 Gina McCaslin W60 Mary Thomson Triple Jump M35 Greg Rees M40 Stev Kashman M45 Alan Slater Bruce Selby Merv Armstrong M50 Ed Andrade M55 Walt Mozewsky Max Woerle	4.64 4.58 4.18 4.27 3.53 2.46 11.38 8.81 11.98 9.14 8.23 10.12 8.27 8.17	Ontario Masters Pentathle Championships Birchmount Stadium, Toro
Pam Duncan C Roberts W45 Gean Hemming W50 Gina McCaslin W60 Mary Thomson Triple Jump M35 Greg Rees M40 Stev Kashman M45 Alan Slater Bruce Selby Merv Armstrong M50 Ed Andrade M55 Walt Mozewsky	4.64 4.58 4.18 4.27 3.53 2.46 11.38 8.81 11.98 9.14 8.23 10.12 8.27	Championships
Pam Duncan C Roberts W45 Gean Hemming W50 Gina McCaslin W60 Mary Thomson  Triple Jump M35 Greg Rees M40 Stev Kashman M45 Alan Slater Bruce Selby Merv Armstrong M50 Ed Andrade M55 Walt Mozewsky Max Woerle M60 Jim Mathers M70 Jim Breslin  Shot Put W50+ 6-1	4.64 4.58 4.18 4.27 3.53 2.46 11.38 8.81 11.98 9.14 8.23 10.12 8.27 8.17 8.97 6.89	Championships Birchmount Stadium, Toro August 20 Regular Pentathlon-Men
Pam Duncan C Roberts W45 Gean Hemming W50 Gina McCaslin W60 Mary Thomson  Triple Jump M35 Greg Rees M40 Stev Kashman M45 Alan Slater Bruce Selby Merv Armstrong M50 Ed Andrade M55 Walt Mozewsky Max Woerle M60 Jim Mathers M70 Jim Breslin  Shot Put M35 Greg Rees	4.64 4.58 4.18 4.27 3.53 2.46 11.38 8.81 11.98 9.14 8.23 10.12 8.27 8.17 8.97 6.89	Championships Birchmount Stadium, Toro August 20  Regular Pentathlon-Men (LJ, JT, 200, DT, 1500) M35 Doug Smith
Pam Duncan C Roberts W45 Gean Hemming W50 Gina McCaslin W60 Mary Thomson  Triple Jump M35 Greg Rees M40 Stev Kashman M45 Alan Slater Bruce Selby Merv Armstrong M50 Ed Andrade M55 Walt Mozewsky Max Woerle M60 Jim Mathers M70 Jim Breslin  Shot Put M35 Greg Rees Bruce Lange David Darroch	4.64 4.58 4.18 4.27 3.53 2.46 11.38 8.81 11.98 9.14 8.23 10.12 8.27 8.17 8.97 6.89	Championships Birchmount Stadium, Toro August 20  Regular Pentathlon-Men (LJ, JT, 200, DT, 1500) M35 Doug Smith M40 Bob Zimmerman
Pam Duncan C Roberts W45 Gean Hemming W50 Gina McCaslin W60 Mary Thomson  Triple Jump M35 Greg Rees M40 Stev Kashman M45 Alan Slater Bruce Selby Merv Armstrong M50 Ed Andrade M55 Walt Mozewsky Max Woerle M60 Jim Mathers M70 Jim Breslin  Shot Put M50 + 6-1 M35 Greg Rees Bruce Lange	4.64 4.58 4.18 4.27 3.53 2.46 11.38 8.81 11.98 9.14 8.23 10.12 8.27 8.17 8.97 6.89	Championships Birchmount Stadium, Toro August 20  Regular Pentathlon-Men (LJ, JT, 200, DT, 1500) M35 Doug Smith M40 Bob Zimmerman Bill DeHorn Percy Luther
Pam Duncan C Roberts W45 Gean Hemming W50 Gina McCaslin W60 Mary Thomson  Triple Jump M35 Greg Rees M40 Stev Kashman M45 Alan Slater Bruce Selby Merv Armstrong M50 Ed Andrade M55 Walt Mozewsky Max Woerle M60 Jim Mathers M70 Jim Breslin  Shot Put W50+6-1 M35 Greg Rees Bruce Lange David Darroch M40 Steve Kashman Bruce Mintz M45 John Kasperski	4.64 4.58 4.18 4.27 3.53 2.46 11.38 8.81 11.98 9.14 8.23 10.12 8.27 8.17 8.97 6.89 12.68 11.00 9.16 6.50 6.40 12.06	Championships Birchmount Stadium, Toro August 20  Regular Pentathlon-Men (LJ, JT, 200, DT, 1500) M35 Doug Smith M40 Bob Zimmerman Bill DeHorn
Pam Duncan C Roberts W45 Gean Hemming W50 Gina McCaslin W60 Mary Thomson  Triple Jump M35 Greg Rees M40 Stev Kashman M45 Alan Slater Bruce Selby Merv Armstrong M50 Ed Andrade M55 Walt Mozewsky Max Woerle M60 Jim Mathers M70 Jim Breslin  Shot Put W50+ 6-3 M35 Greg Rees Bruce Lange David Darroch M40 Steve Kashman Bruce Mintz M45 John Kasperski M55 Max Woerle Walt Mozewsky	4.64 4.58 4.18 4.27 3.53 2.46 11.38 8.81 11.98 9.14 8.23 10.12 8.27 8.17 8.97 6.89 12.68 11.00 9.16 6.50 6.40 12.06 9.67 8.62	Championships Birchmount Stadium, Toro August 20  Regular Pentathlon-Men (LJ, JT, 200, DT, 1500) M35 Doug Smith M40 Bob Zimmerman Bill DeHorn Percy Luther M45 John Powell M50 Ed Andrade Jack Boyd
Pam Duncan C Roberts W45 Gean Hemming W50 Gina McCaslin W60 Mary Thomson  Triple Jump M35 Greg Rees M40 Stev Kashman M45 Alan Slater Bruce Selby Merv Armstrong M50 Ed Andrade M55 Walt Mozewsky Max Woerle M60 Jim Mathers M70 Jim Breslin  Shot Put W50+6-1 M35 Greg Rees Bruce Lange David Darroch M40 Steve Kashman Bruce Mintz M45 John Kasperski M55 Max Woerle Walt Mozewsky M60 Art Jaago	4.64 4.58 4.18 4.27 3.53 2.46 11.38 8.81 11.98 9.14 8.23 10.12 8.27 8.17 8.97 6.89 12.68 11.00 9.16 6.50 6.40 12.06 9.67 8.62 12.38	Championships Birchmount Stadium, Toro August 20  Regular Pentathlon-Men (LJ, JT, 200, DT, 1500) M35 Doug Smith M40 Bob Zimmerman Bill DeHorn Percy Luther M45 John Powell M50 Ed Andrade Jack Boyd Fred Pamenter M55 Eric Malstrom
Pam Duncan C Roberts W45 Gean Hemming W50 Gina McCaslin W60 Mary Thomson  Triple Jump M35 Greg Rees M40 Stev Kashman M45 Alan Slater Bruce Selby Merv Armstrong M50 Ed Andrade M55 Walt Mozewsky Max Woerle M60 Jim Mathers M70 Jim Breslin  Shot Put M50+6-1 M35 Greg Rees Bruce Lange David Darroch M40 Steve Kashman Bruce Mintz M45 John Kasperski M55 Max Woerle Walt Mozewsky M60 Art Jaago Helmut Lange M65 Peder Nielsen	4.64 4.58 4.18 4.27 3.53 2.46 11.38 8.81 11.98 9.14 8.23 10.12 8.27 8.17 8.97 6.89 12.68 11.00 9.16 6.50 6.40 12.06 9.64 12.06 9.64 12.06 9.64 13.88 13.88 13.88 14.88 14.88 15.88 16.89 1	Championships Birchmount Stadium, Toro August 20  Regular Pentathlon-Men (LJ, JT, 200, DT, 1500) M35 Doug Smith M40 Bob Zimmerman Bill DeHorn Percy Luther M45 John Powell M50 Ed Andrade Jack Boyd Fred Pamenter M55' Eric Malstrom M60 Kurt Hering
Pam Duncan C Roberts W45 Gean Hemming W50 Gina McCaslin W60 Mary Thomson  Triple Jump M35 Greg Rees M40 Stev Kashman M45 Alan Slater Bruce Selby Merv Armstrong M50 Ed Andrade M55 Walt Mozewsky Max Woerle M60 Jim Mathers M70 Jim Breslin  Shot Put W50+6-1 M35 Greg Rees Bruce Lange David Darroch M40 Steve Kashman Bruce Mintz M45 John Kasperski M55 Max Woerle Walt Mozewsky M60 Art Jaago Helmut Lange M65 Peder Nielsen Walter Jenkins Peter Pientka	4.64 4.58 4.18 4.27 3.53 2.46 11.38 8.81 11.98 9.14 8.23 10.12 8.27 8.17 8.97 6.89 12.68 11.00 9.16 6.50 6.40 12.06 9.67 8.62 12.38 11.89	Championships Birchmount Stadium, Toro August 20  Regular Pentathlon-Men (LJ, JT, 200, DT, 1500) M35 Doug Smith M40 Bob Zimmerman Bill DeHorn Percy Luther M45 John Powell M50 Ed Andrade Jack Boyd Fred Pamenter M55 Eric Malstrom M60 Kurt Hering Karl Pavasars Wally Gordon
Pam Duncan C Roberts W45 Gean Hemming W50 Gina McCaslin W60 Mary Thomson  Triple Jump M35 Greg Rees M40 Stev Kashman M45 Alan Slater Bruce Selby Merv Armstrong M50 Ed Andrade M55 Walt Mozewsky Max Woerle M60 Jim Mathers M70 Jim Breslin  Shot Put M50+6-1 M35 Greg Rees Bruce Lange David Darroch M40 Steve Kashman Bruce Mintz M45 John Kasperski M55 Max Woerle Walt Mozewsky M60 Art Jaago Helmut Lange M65 Peder Nielsen Walter Jenkins Peter Pientka M70 alex Upmalis	4.64 4.58 4.18 4.27 3.53 2.46 11.38 8.81 11.98 9.14 8.23 10.12 8.27 8.17 8.97 6.89 12.68 11.00 9.16 6.50 6.40 12.06 9.67 8.62 12.08 9.64 9.23 8.58 10.99	Championships Birchmount Stadium, Toro August 20  Regular Pentathlon-Men (LJ, JT, 200, DT, 1500) M35 Doug Smith M40 Bob Zimmerman Bill DeHorn Percy Luther M45 John Powell M50 Ed Andrade Jack Boyd Fred Pamenter M55 Eric Malstrom M60 Kurt Hering Karl Pavasars Wally Gordon M65 Valden Sadul Andy Thomson
Pam Duncan C Roberts W45 Gean Hemming W50 Gina McCaslin W60 Mary Thomson  Triple Jump M35 Greg Rees M40 Stev Kashman M45 Alan Slater Bruce Selby Merv Armstrong M50 Ed Andrade M55 Walt Mozewsky Max Woerle M60 Jim Mathers M70 Jim Breslin  Shot Put W50+6-1 M35 Greg Rees Bruce Lange David Darroch M40 Steve Kashman Bruce Mintz M45 John Kasperski M55 Max Woerle Walt Mozewsky M60 Art Jaago Helmut Lange M65 Peder Nielsen Walter Jenkins Peter Pientka	4.64 4.58 4.18 4.27 3.53 2.46 11.38 8.81 11.98 9.14 8.23 10.12 8.27 8.17 8.97 6.89 12.68 11.00 9.16 6.50 6.40 12.06 9.64 9.64 9.64 9.64 9.64 9.64 9.64 9.6	Championships Birchmount Stadium, Toro August 20  Regular Pentathlon-Men (LJ, JT, 200, DT, 1500) M35 Doug Smith M40 Bob Zimmerman Bill DeHorn Percy Luther M45 John Powell M50 Ed Andrade Jack Boyd Fred Pamenter M55 Eric Malstrom M60 Kurt Hering Kurt Hering Karl Pavasars Wally Gordon M65 Valden Sadul Andy Thomson Mel Bushman
Pam Duncan C Roberts W45 Gean Hemming W50 Gina McCaslin W60 Mary Thomson  Triple Jump M35 Greg Rees M40 Stev Kashman M45 Alan Slater Bruce Selby Merv Armstrong M50 Ed Andrade M55 Walt Mozewsky Max Woerle M60 Jim Mathers M70 Jim Breslin  Shot Put W50+6-1 M35 Greg Rees Bruce Lange David Darroch M40 Steve Kashman Bruce Hange David Darroch M40 Steve Kashman Bruce Hintz M45 John Kasperski M55 Max Woerle Walt Mozewsky M60 Art Jaago Helmut Lange M65 Peder Nielsen Walter Jenkins Peter Pientka M70 alex Upmalis Mato Dukovac W35 Shirley Robinso W40 C Roberts	4.64 4.58 4.18 4.27 3.53 2.46 11.38 8.81 11.98 9.14 8.23 10.12 8.27 8.17 8.97 6.89 12.68 11.00 9.16 6.50 6.40 12.06 9.67 8.28 11.38 11.98 9.14 8.23 10.12 8.27 8.17 8.97 6.89 9.16 6.50 6.40 12.06 9.67 8.28 12.38 13.38 13.38 14.38 15.00 16.00	Championships Birchmount Stadium, Toro August 20  Regular Pentathlon-Men (LJ, JT, 200, DT, 1500) M35 Doug Smith M40 Bob Zimmerman Bill DeHorn Percy Luther M45 John Powell M50 Ed Andrade Jack Boyd Fred Pamenter M55 Eric Malstrom M60 Kurt Hering Karl Pawasars Wally Gordon M65 Valden Sadul Andy Thomson M61 Bushman M70 Ben Mackereth Hans Warwas
Pam Duncan C Roberts W45 Gean Hemming W50 Gina McCaslin W60 Mary Thomson  Triple Jump M35 Greg Rees M40 Stev Kashman M45 Alan Slater Bruce Selby Merv Armstrong M50 Ed Andrade M55 Walt Mozewsky Max Woerle M60 Jim Mathers M70 Jim Breslin  Shot Put M50+ 6-1 M35 Greg Rees Bruce Lange David Darroch M40 Steve Kashman Bruce Mintz M45 John Kasperski M55 Max Woerle Walt Mozewsky M60 Art Jaago Helmut Lange H65 Peder Nielsen Walter Jenkins Peter Pientka M70 alex Upmalis Mato Dukovac W35 Shirley Robinso W40 C Roberts W45 Gean Hemming W50 June Meyer	4.64 4.58 4.18 4.27 3.53 2.46 11.38 8.81 11.98 9.14 8.23 10.12 8.27 8.17 8.97 6.89 12.68 11.00 9.16 6.50 6.40 12.06 9.16 6.50 6.40 12.06 9.67 8.62 12.38 11.89 9.64 9.23 8.58 10.99 9.42 10.77 1	Championships Birchmount Stadium, Toro August 20  Regular Pentathlon-Men (LJ, JT, 200, DT, 1500) M35 Doug Smith M40 Bob Zimmerman Bill DeHorn Percy Luther M45 John Powell M50 Ed Andrade Jack Boyd Fred Pamenter M55' Eric Malstrom M60 Kurt Hering Karl Pavasars Wally Gordon M65 Valden Sadul Andy Thomson Mel Bushman M70 Ben Mackereth Hans Warwas Kaljo Pehtla
Pam Duncan C Roberts W45 Gean Hemming W50 Gina McCaslin W60 Mary Thomson  Triple Jump M35 Greg Rees M40 Stev Kashman M45 Alan Slater Bruce Selby Merv Armstrong M50 Ed Andrade M55 Walt Mozewsky Max Woerle M60 Jim Mathers M70 Jim Breslin  Shot Put W50+6-1 M35 Greg Rees Bruce Lange David Darroch M40 Steve Kashman Bruce Mintz M45 John Kasperski M55 Max Woerle Walt Mozewsky M60 Art Jaago Helmut Lange M65 Peder Nielsen Walter Jenkins Peter Pientka M70 alex Upmalis Mato Dukovac W35 Shirley Robinso W40 C Roberts W45 Gean Hemming W50 June Meyer W60 Velta Tomsons	4.64 4.58 4.18 4.27 3.53 2.46 11.38 8.81 11.98 9.14 8.23 10.12 8.27 8.17 8.97 6.89 12.68 11.00 9.16 6.50 6.40 12.06 9.16 6.50 6.40 12.06 9.16 8.62 12.38 11.89 9.42 12.38 11.89 9.42 12.38 13.80	Championships Birchmount Stadium, Toro August 20  Regular Pentathlon-Men (LJ, JT, 200, DT, 1500) M35 Doug Smith M40 Bob Zimmerman Bill DeHorn Percy Luther M45 John Powell M50 Ed Andrade Jack Boyd Fred Pamenter M55 Eric Malstrom M60 Kurt Hering Karl Pavasars Wally Gordon M65 Valden Sadul Andy Thomson Mel Bushman M70 Ben Mackereth Hans Warwas Kaljo Pehtla (Scored using Ian Hume's
Pam Duncan C Roberts W45 Gean Hemming W50 Gina McCaslin W60 Mary Thomson  Triple Jump M35 Greg Rees M40 Stev Kashman M45 Alan Slater Bruce Selby Merv Armstrong M50 Ed Andrade M55 Walt Mozewsky Max Woerle M60 Jim Mathers M70 Jim Breslin  Shot Put M504 Greg Rees Bruce Lange David Darroch M40 Steve Kashman Bruce Mintz M45 John Kasperski M55 Max Woerle Walt Mozewsky M60 Art Jaago Helmut Lange M65 Peder Nielsen Walter Jenkins Peter Pientka M70 alex Upmalis Mato Dukovac W35 Shirley Robinso W40 C Roberts W45 Gean Hemming W50 June Meyer W60 Velta Tomsons Mary Thomson	4.64 4.58 4.18 4.27 3.53 2.46 11.38 8.81 11.98 9.14 8.23 10.12 8.27 8.17 8.97 6.89 12.68 11.00 9.16 6.50 6.40 12.06 9.67 8.62 12.38 11.89 9.23 8.58 10.99 9.42 8.50 7.70 6.78 9.94 8.46	Championships Birchmount Stadium, Toro August 20  Regular Pentathlon-Men (LJ, JT, 200, DT, 1500) M35 Doug Smith M40 Bob Zimmerman Bill DeHorn Percy Luther M45 John Powell M50 Ed Andrade Jack Boyd Fred Pamenter M55 Eric Malstrom M60 Kurt Hering Karl Pavasars Wally Gordon M65 Valden Sadul Andy Thomson Mel Bushman M70 Ben Mackereth Hans Warwas Kaljo Pehtla (Scored using Ian Hume's 1987 tables) Regular Pentathlon-Women
Pam Duncan C Roberts W45 Gean Hemming W50 Gina McCaslin W60 Mary Thomson  Triple Jump M35 Greg Rees M40 Stev Kashman M45 Alan Slater Bruce Selby Merv Armstrong M50 Ed Andrade M55 Walt Mozewsky Max Woerle M60 Jim Mathers M70 Jim Breslin  Shot Put W50+6-1 M35 Greg Rees Bruce Lange David Darroch M40 Steve Kashman Bruce Mintz M45 John Kasperski M55 Max Woerle Walt Mozewsky M60 Art Jaago Helmut Lange M65 Peder Nielsen Walter Jenkins Peter Pientka M70 alex Upmalis Mato Dukovac W35 Shirley Robinso W40 C Roberts W45 Gean Hemming W50 June Meyer W60 Velta Tomsons Mary Thomson	4.64 4.58 4.18 4.27 3.53 2.46 11.38 8.81 11.98 9.14 8.23 10.12 8.27 8.17 8.97 6.89 12.68 11.00 9.16 6.50 6.40 12.06 9.67 8.62 12.38 11.89 9.23 8.58 10.99 9.42 8.50 7.70 6.78 9.94 8.46	Championships Birchmount Stadium, Toro August 20  Regular Pentathlon-Men (LJ, JT, 200, DT, 1500) M35 Doug Smith M40 Bob Zimmerman Bill DeHorn Percy Luther M45 John Powell M50 Ed Andrade Jack Boyd Fred Pamenter M55 Eric Malstrom M60 Kurt Hering Karl Pavasars Wally Gordon M65 Valden Sadul Andy Thomson Mel Bushman M70 Ben Mackereth Hans Warwas Kaljo Pehtla (Scored using Ian Hume's 1987 tables) Regular Pentathlon-Women (100, SP, HJ, LJ, 800) W40 Rhona Trott
Pam Duncan C Roberts W45 Gean Hemming W50 Gina McCaslin W60 Mary Thomson  Triple Jump M35 Greg Rees M40 Stev Kashman M45 Alan Slater Bruce Selby Merv Armstrong M50 Ed Andrade M55 Walt Mozewsky Max Woerle M60 Jim Mathers M70 Jim Breslin  Shot Put W50+6-1 M35 Greg Rees Bruce Lange David Darroch M40 Steve Kashman Bruce Mintz M45 John Kasperski M55 Max Woerle Walt Mozewsky M60 Art Jaago Helmut Lange M65 Peder Nielsen Walter Jenkins Peter Pientka M70 alex Upmalis Mato Dukovac W35 Shirley Robinso W40 C Roberts W45 Gean Hemming W50 June Meyer W60 Velta Tomsons Mary Thomson  Discus M35 Bruce Lange Greg Rees	4.64 4.58 4.18 4.18 4.27 3.53 2.46 11.38 8.81 11.98 9.14 8.23 10.12 8.27 8.17 8.97 6.89 12.68 11.00 9.16 6.50 6.40 12.06 9.67 8.62 12.38 11.89 9.64 9.23 8.58 10.99 9.42 10.99 9.42 10.99 9.42 10.99 9.42 10.99 9.42 10.99 9.42 10.99 9.42 10.99 9.44 8.46 7.30 36.70 34.42	Championships Birchmount Stadium, Toro August 20  Regular Pentathlon-Men (LJ, JT, 200, DT, 1500) M35 Doug Smith M40 Bob Zimmerman Bill DeHorn Percy Luther M45 John Powell M50 Ed Andrade Jack Boyd Fred Pamenter M55 'Eric Malstrom M60 Kurt Hering Karl Pavasars Wally Gordon M65 Valden Sadul Andy Thomson Mel Bushman M70 Ben Mackereth Hans Warwas Kaljo Pehtla (Scored using Ian Hume': 1987 tables) Regular Pentathlon-Wome: (100, SP, HJ, LJ, 800) W40 Rhona Trott Pam Duncan W45 Gean Hemming
Pam Duncan C Roberts W45 Gean Hemming W50 Gina McCaslin W60 Mary Thomson  Triple Jump M35 Greg Rees M40 Stev Kashman M45 Alan Slater Bruce Selby Merv Armstrong M50 Ed Andrade M55 Walt Mozewsky Max Woerle M60 Jim Mathers M70 Jim Breslin  Shot Put W50+6-J M35 Greg Rees Bruce Lange David Darroch M40 Steve Kashman Bruce Mintz M45 John Kasperski M55 Max Woerle Walt Mozewsky M60 Art Jaago Helmut Lange M65 Peder Nielsen Walter Jenkins Peter Pientka M70 alex Upmalis Mato Dukovac W35 Shirley Robinso W40 C Roberts W45 Gean Hemming W50 June Meyer W60 Velta Tomsons Mary Thomson  Discus M35 Bruce Lange Greg Rees Pat Hessel M40 Steve Kashman	4.64 4.58 4.18 4.27 3.53 2.46 11.38 8.81 11.98 9.14 8.23 10.12 8.27 8.17 8.97 6.89 12.68 11.00 9.16 6.50 6.40 12.06 9.16 6.50 6.40 12.06 9.16 6.50 6.40 12.06 9.16 6.70 9.42 10.16 10.16	Championships Birchmount Stadium, Toro August 20  Regular Pentathlon-Men (LJ, JT, 200, DT, 1500) M35 Doug Smith M40 Bob Zimmerman Bill DeHorn Percy Luther M45 John Powell M50 Ed Andrade Jack Boyd Fred Pamenter M55 Eric Malstrom M60 Kurt Hering Karl Pavasars Wally Gordon M65 Valden Sadul Andy Thomson Mel Bushman M70 Ben Mackereth Hans Warwas Kaljo Pehtla (Scored using Ian Hume': 1987 tables) Regular Pentathlon-Womer (100, SP, HJ, LJ, 800) W40 Rhona Trott Pam Duncan W45 Gean Hemming Jean Ward (Scored using Ian Hume':
Pam Duncan C Roberts W45 Gean Hemming W50 Gina McCaslin W60 Mary Thomson  Triple Jump M35 Greg Rees M40 Stev Kashman M45 Alan Slater Bruce Selby Merv Armstrong M50 Ed Andrade M55 Walt Mozewsky Max Woerle M60 Jim Mathers M70 Jim Breslin  Shot Put W50+6-1 M35 Greg Rees Bruce Lange David Darroch M40 Steve Kashman Bruce Mintz M45 John Kasperski M55 Max Woerle Walt Mozewsky M60 Art Jaago Helmut Lange M65 Peder Nielsen Walter Jenkins Peter Pientka M70 alex Upmalis M40 Alex Upmalis M40 Alex Upmalis M50 June Meyer W60 Velta Tomsons W40 C Roberts W45 Gean Hemming W50 June Meyer W60 Velta Tomsons Mary Thomson  Discus M35 Bruce Lange Greg Rees Pat Hessel M40 Steve Kashman Bruce Mintz	4.64 4.58 4.18 4.27 3.53 2.46 11.38 8.81 11.98 9.14 8.23 10.12 8.27 8.17 8.97 6.89 12.68 11.00 9.16 6.50 6.40 12.06 9.16 6.50 6.40 12.06 9.67 8.62 12.38 11.89 9.42 10.77 10.	Championships Birchmount Stadium, Toro August 20  Regular Pentathlon-Men (LJ, JT, 200, DT, 1500) M35 Doug Smith M40 Bob Zimmerman Bill DeHorn Percy Luther M45 John Powell M50 Ed Andrade Jack Boyd Fred Pamenter M55 Eric Malstrom M60 Kurt Hering Karl Pavasars Wally Gordon M65 Valden Sadul Andy Thomson Mel Bushman M70 Ben Mackereth Hans Warwas Kaljo Pehtla (Scored using Ian Hume': 1987 tables) Regular Pentathlon-Womer (100, SP, HJ, LJ, 800) W40 Rhona Trott Pam Duncan W45 Gean Hemming Jean Ward (Scored using Ian Hume': 1980 tables & men's dee
Pam Duncan C Roberts W45 Gean Hemming W50 Gina McCaslin W60 Mary Thomson  Triple Jump M35 Greg Rees M40 Stev Kashman M45 Alan Slater Bruce Selby Merv Armstrong M50 Ed Andrade M55 Walt Mozewsky Max Woerle M60 Jim Mathers M70 Jim Breslin  Shot Put W50+6-1 M35 Greg Rees Bruce Lange David Darroch M40 Steve Kashman Bruce Mintz M45 John Kasperski M55 Max Woerle Walt Mozewsky M60 Art Jaago Helmut Lange Walt Mozewsky M60 Art Jaago Helmut Lange Walter Jenkins Peter Pientka M70 alex Upmalis Mato Dukovac W35 Shirley Robinso W40 C Roberts W45 Gean Hemming W50 June Meyer W60 Velta Tomsons Hary Thomson  Discus M35 Bruce Lange Greg Rees Pat Hessel M40 Steve Kashman Bruce Mintz M40 Steve Kashman Bruce Mintz M50 Shortes W45 Gean Hemming W50 June Meyer W60 Velta Tomsons Hary Thomson	4.64 4.58 4.18 4.27 3.53 2.46 11.38 8.81 11.98 9.14 8.23 10.12 8.27 8.17 8.97 6.89 12.68 11.00 9.16 6.50 6.40 12.06 9.16 6.50 6.40 12.06 9.16 6.50 6.40 12.06 9.16 6.50 6.40 12.06 9.16 6.50 6.40 12.06 9.16 6.50 6.40 12.06 9.16 6.50 6.40 12.38 11.89 9.42 10.12 10	Championships Birchmount Stadium, Toro August 20  Regular Pentathlon-Men (LJ, JT, 200, DT, 1500) M35 Doug Smith M40 Bob Zimmerman Bill DeHorn Percy Luther M45 John Powell M50 Ed Andrade Jack Boyd Fred Pamenter M55 Eric Malstrom M60 Kurt Hering Karl Pavasars Wally Gordon M65 Valden Sadul Andy Thomson Mel Bushman M70 Ben Mackereth Hans Warwas Kaljo Pehtla (Scored using Ian Hume's 1987 tables) Regular Pentathlon-Women (100, SP, HJ, LJ, 800) W40 Rhona Trott Pam Duncan W45 Gean Hemming Jean Ward (Scored using Ian Hume's 1980 tables & men's del lon tables+15 yrs. for Weight Pentathlon-Men
Pam Duncan C Roberts W45 Gean Hemming W50 Gina McCaslin W60 Mary Thomson  Triple Jump M35 Greg Rees M40 Stev Kashman M45 Alan Slater Bruce Selby Merv Armstrong M50 Ed Andrade M55 Walt Mozewsky Max Woerle M60 Jim Mathers M70 Jim Breslin  Shot Put M504 Greg Rees Bruce Lange David Darroch M40 Steve Kashman Bruce Mintz M45 John Kasperski M55 Max Woerle Walt Mozewsky M60 Art Jaago Helmut Lange M65 Peder Nielsen Walter Jenkins Peter Pientka M70 alex Upmalis Mato Dukovac W35 Shirley Robinso W40 C Roberts W45 Gean Hemming W50 June Meyer W60 Velta Tomsons Mary Thomson  Discus M35 Bruce Lange Greg Rees Pat Hessel M40 Steve Kashman Bruce Mintz M45 John Kasperski	4.64 4.58 4.18 4.27 3.53 2.46 11.38 8.81 11.98 9.14 8.23 10.12 8.27 8.17 8.97 6.89 12.68 11.00 9.16 6.50 6.40 12.06 9.67 8.62 12.38 11.38 11.98 9.64 9.65 6.70 6.7	Championships Birchmount Stadium, Toro August 20  Regular Pentathlon-Men (LJ, JT, 200, DT, 1500) M35 Doug Smith M40 Bob Zimmerman Bill DeHorn Percy Luther M45 John Powell M50 Ed Andrade Jack Boyd Fred Pamenter M55 Eric Malstrom M60 Kurt Hering Karl Pavasars Wally Gordon M65 Valden Sadul Andy Thomson Mel Bushman M70 Ben Mackereth Hans Warwas Kaljo Pehtla (Scored using Ian Hume's 1987 tables) Regular Pentathlon-Womer (100, SP, HJ, LJ, 800) W40 Rhona Trott Pam Duncan W45 Gean Hemming Jean Ward (Scored using Ian Hume's 1980 tables & men's del lon tables+15 yrs. for Weight Pentathlon-Men (SP, DT, JT, HT, WT)
Pam Duncan C Roberts W45 Gean Hemming W50 Gina McCaslin W60 Mary Thomson  Triple Jump M35 Greg Rees M40 Stev Kashman M45 Alan Slater Bruce Selby Merv Armstrong M50 Ed Andrade M55 Walt Mozewsky Max Woerle M60 Jim Mathers M70 Jim Breslin  Shot Put M50+ 6-1 M35 Greg Rees Bruce Lange David Darroch M40 Steve Kashman Bruce Mintz M45 John Kasperski M55 Max Woerle Walt Mozewsky M60 Art Jaago Helmut Lange M65 Peder Nielsen Walter Jenkins Peter Pientka M70 alex Upmalis Mato Dukovac W35 Shirley Robinso W40 C Roberts W45 Gean Hemming W50 June Meyer W60 Velta Tomsons Mary Thomson  Discus M35 Bruce Lange Greg Rees Pat Hessel M40 Steve Kashman Bruce Mintz M45 John Kasperski M50 Stephen Irvin Mike Clegg M55 Max Woerle Walt Mozewsky	4.64 4.58 4.18 4.27 3.53 2.46 11.38 8.81 11.98 9.14 8.23 10.12 8.27 8.17 8.97 6.89 12.68 11.00 9.16 6.50 6.40 12.06 9.64 9.23 8.62 12.38 11.89 9.64 9.23 8.62 12.38 10.12 12.68 11.38 11.38 12.68 12.68 13.00 12.06 9.16 6.50 6.40 12.06 9.67 8.62 12.38 11.89 9.64 9.23 8.58 10.99 9.42 10.90	Championships Birchmount Stadium, Toro August 20  Regular Pentathlon-Men (LJ, JT, 200, DT, 1500) M35 Doug Smith M40 Bob Zimmerman Bill DeHorn Percy Luther M45 John Powell M50 Ed Andrade Jack Boyd Fred Pamenter M55 Eric Malstrom M60 Kurt Hering Karl Pavasars Wally Gordon M65 Valden Sadul Andy Thomson Mel Bushman M70 Ben Mackereth Hans Warwas Kaljo Pehtla (Scored using Ian Hume': 1987 tables) Regular Pentathlon-Womer (100, SP, HJ, LJ, 800) W40 Rhona Trott Pam Duncan W45 Gean Hemming Jean Ward (Scored using Ian Hume': 1980 tables & men's de lon tables+15 yrs. for Weight Pentathlon-Men (SP, DT, JT, HT, WT) M40 Imrich Kiraly Leith Heidron
Pam Duncan C Roberts W45 Gean Hemming W50 Gina McCaslin W60 Mary Thomson  Triple Jump M35 Greg Rees M40 Stev Kashman M45 Alan Slater Bruce Selby Merv Armstrong M50 Ed Andrade M55 Walt Mozewsky Max Woerle M60 Jim Mathers M70 Jim Breslin  Shot Put W50+6-1 M35 Greg Rees Bruce Lange David Darroch M40 Steve Kashman Bruce Mintz M45 John Kasperski M55 Max Woerle Walt Mozewsky M60 Art Jaago Helmut Lange M65 Peder Nielsen Walter Jenkins Peter Pientka M70 alex Upmalis Mato Dukovac W35 Shirley Robinso W40 C Roberts W45 Gean Hemming W50 June Meyer W60 Velta Tomsons M40 C Roberts W45 Gean Hemming W50 June Meyer W60 Velta Tomsons M40 C Roberts W45 Gean Hemming W50 June Meyer W60 Velta Tomsons M40 C Roberts W45 Gean Hemming W50 June Meyer W60 Velta Tomsons Mary Thomson  Discus M35 Bruce Lange Greg Rees Pat Hessel M40 Steve Kashman Bruce Mintz M45 John Kasperski M50 Stephen Irwin Mike Clegg M55 Max Woerle Walt Mozewsky M60 Helmut Lange Art Jaago	4.64 4.58 4.18 4.27 3.53 2.46 11.38 8.81 11.98 9.14 8.23 10.12 8.27 8.17 8.97 6.89 12.68 11.00 9.16 6.50 6.40 12.06 9.67 8.28 11.89 9.64 9.23 8.58 10.99 9.42 m 8.00 7.70 6.78 9.54 8.46 7.30 36.70 34.42 33.16 18.74 34.46 27.22 21.32 32.72 27.02 38.44 37.56	Championships Birchmount Stadium, Toro August 20  Regular Pentathlon-Men (LJ, JT, 200, DT, 1500) M35 Doug Smith M40 Bob Zimmerman Bill DeHorn Percy Luther M45 John Powell M50 Ed Andrade Jack Boyd Fred Pamenter M55 Eric Malstrom M60 Kurt Hering Karl Pavasars Wally Gordon M65 Valden Sadul Andy Thomson Mel Bushman M70 Ben Mackereth Hans Warwas Kaljo Pehtla (Scored using Ian Hume': 1987 tables) Regular Pentathlon-Womer (100, SP, HJ, LJ, 800) W40 Rhona Trott Pam Duncan W45 Gean Hemming Jean Ward (Scored using Ian Hume': 1980 tables & men's del lon tables+15 yrs. for Weight Pentathlon-Men (SP, DT, JT, HT, WT) M40 Imrich Kiraly Leith Heidron Jim Dodd
Pam Duncan C Roberts W45 Gean Hemming W50 Gina McCaslin W60 Mary Thomson  Triple Jump M35 Greg Rees M40 Stev Kashman M45 Alan Slater Bruce Selby Merv Armstrong M50 Ed Andrade M55 Walt Mozewsky Max Woerle M60 Jim Mathers M70 Jim Breslin  Shot Put W50+6-1 M35 Greg Rees Bruce Lange David Darroch M40 Steve Kashman Bruce Mintz M45 John Kasperski M55 Max Woerle Walt Mozewsky M60 Art Jaago Helmut Lange M65 Peder Nielsen Walter Jenkins Peter Pientka M70 alex Upmalis Mato Dukovac W35 Shirley Robinso W40 C Roberts W45 Gean Hemming W50 June Meyer W60 Velta Tomsons Mary Thomson  Discus M35 Bruce Lange Greg Rees Pat Hessel M40 Steve Kashman Bruce Mintz M45 John Kasperski M50 June Meyer W60 Velta Tomsons Mary Thomson	4.64 4.58 4.18 4.27 3.53 2.46 11.38 8.81 11.98 9.14 8.23 10.12 8.27 8.17 8.97 6.89 12.68 11.00 9.16 6.50 6.40 12.06 9.64 9.23 8.62 12.38 11.89 9.64 9.23 8.62 12.38 11.89 9.64 9.23 8.62 12.38 13.89 9.64 9.23 8.62 12.38 13.89 9.64 9.23 8.62 12.38 13.89 9.64 9.23 8.66 7.70 6.78 9.54 8.46 7.30 36.70 34.42 33.16 18.84	Championships Birchmount Stadium, Toro August 20  Regular Pentathlon-Men (LJ, JT, 200, DT, 1500) M35 Doug Smith M40 Bob Zimmerman Bill DeHorn Percy Luther M45 John Powell M50 Ed Andrade Jack Boyd Fred Pamenter M55 Eric Malstrom M60 Kurt Hering Karl Pavasars Wally Gordon M65 Valden Sadul Andy Thomson Mel Bushman M70 Ben Mackereth Hans Warwas Kaljo Pehtla (Scored using Ian Hume': 1987 tables) Regular Pentathlon-Womer (100, SP, HJ, LJ, 800) W40 Rhona Trott Pam Duncan W45 Gean Hemming Jean Ward (Scored using Ian Hume': 1980 tables & men's de lon tables+15 yrs. for Weight Pentathlon-Men (SP, DT, JT, HT, WT) M40 Imrich Kiraly Keith Heidron Jim Dodd M45 John Kasperski M50 Eero Yla-Outinen
Pam Duncan C Roberts W45 Gean Hemming W50 Gina McCaslin W60 Mary Thomson  Triple Jump M35 Greg Rees M40 Stev Kashman M45 Alan Slater Bruce Selby Merv Armstrong M50 Ed Andrade M55 Walt Mozewsky Max Woerle M60 Jim Mathers M70 Jim Breslin  Shot Put W50+6-1 M35 Greg Rees Bruce Lange David Darroch M40 Steve Kashman Bruce Mintz M45 John Kasperski M55 Max Woerle Walt Mozewsky M60 Art Jaago Helmut Lange H65 Peder Nielsen Walter Jenkins Peter Pientka M70 alex Upmalis Mato Dukovac W35 Shirley Robinso W40 C Roberts W45 Gean Hemming W50 June Meyer W60 Velta Tomsons Mary Thomson  Discus M35 Bruce Lange Greg Rees Pat Hessel M40 Steve Kashman Bruce Mintz M45 John Kasperski M50 Stephen Irvin Mike Clegg M55 Max Woerle Walt Mozewsky M60 Helmut Lange Art Jaago M65 Peder Nielsen Andy Thomson Walt Jenkins	4.64 4.58 4.18 4.27 3.53 2.46 11.38 8.81 11.98 9.14 8.23 10.12 8.27 8.17 8.97 6.89 12.68 11.00 9.16 6.50 6.40 12.06 9.16 6.40 12.06 9.23 8.58 10.12 8.62 12.38 11.99 9.42 10.12 10.	Championships Birchmount Stadium, Toro August 20  Regular Pentathlon-Men (LJ, JT, 200, DT, 1500) M35 Doug Smith M40 Bob Zimmerman Bill DeHorn Percy Luther M45 John Powell M50 Ed Andrade Jack Boyd Fred Pamenter M55 Eric Malstrom M60 Kurt Hering Karl Pavasars Wally Gordon M65 Valden Sadul Andy Thomson Mel Bushman M70 Ben Mackereth Hans Warwas Kaljo Pehtla (Scored using Ian Hume': 1987 tables) Regular Pentathlon-Womer (100, SP, HJ, LJ, 800) W40 Rhona Trott Pam Duncan W45 Gean Hemming Jean Ward (Scored using Ian Hume': 1980 tables & men's del lon tables+15 yrs. for Weight Pentathlon-Men (SP, DT, JT, HT, WT) M40 Imrich Kiraly Keith Heidron Jim Dodd M45 John Kasperski M50 Eero Yla-Outinen Dave Morris M55 Alf Sundin
Pam Duncan C Roberts W45 Gean Hemming W50 Gina McCaslin W60 Mary Thomson  Triple Jump M35 Greg Rees M40 Stev Kashman M45 Alan Slater Bruce Selby Merv Armstrong M50 Ed Andrade M55 Walt Mozewsky Max Woerle M60 Jim Mathers M70 Jim Breslin  Shot Put W50+6-1 M35 Greg Rees Bruce Lange David Darroch M40 Steve Kashman Bruce Mintz M45 John Kasperski M55 Max Woerle Walt Mozewsky M60 Art Jaago Helmut Lange M65 Peder Nielsen Walter Jenkins Peter Pientka M70 alex Upmalis Mato Dukovac W35 Shirley Robinso W40 C Roberts W45 Gean Hemming W50 June Meyer W60 Velta Tomsons Hary Thomson  Discus M35 Bruce Lange Greg Rees Pat Hessel M40 Steve Kashman Bruce Mintz M45 John Kasperski M50 Symphomical M50 Stephen Irwin Mike Clegg M55 Nax Woerle Walt Mozewsky M60 Helmut Lange Art Jaago M65 Peder Nielsen Andy Thomson	4.64 4.58 4.18 4.27 3.53 2.46 11.38 8.81 11.98 9.14 8.23 10.12 8.27 8.17 8.97 6.89 12.68 11.00 9.16 6.50 6.40 12.06 9.16 6.50 6.40 12.06 9.16 6.50 6.40 12.06 9.16 6.50 6.40 12.06 9.16 6.50 6.40 12.06 9.16 6.50 6.40 12.38 11.89 9.42 10.16 10.16	Championships Birchmount Stadium, Toro August 20  Regular Pentathlon-Men (LJ, JT, 200, DT, 1500) M35 Doug Smith M40 Bob Zimmerman Bill DeHorn Percy Luther M45 John Powell M50 Ed Andrade Jack Boyd Fred Pamenter M55 Eric Malstrom M60 Kurt Hering Karl Pavasars Wally Gordon M65 Valden Sadul Andy Thomson Mel Bushman M70 Ben Mackereth Hans Warwas Kaljo Pehtla (Scored using Ian Hume's 1987 tables) Regular Pentathlon-Women (100, SP, HJ, LJ, 800) W40 Rhona Trott Pam Duncan W45 Gean Hemming Jean Ward (Scored using Ian Hume's 1980 tables & men's del lon tables+15 yrs. for Weight Pentathlon-Men (SP, DT, JT, HT, WT) M40 Imrich Kiraly Keith Heidron Jim Dodd M45 John Kasperski M50 Eero Yla-Outinen Dave Morris

ters News	
W35 Shirley Robins	son 23.56
W40 Judy Warick	27.64
Catherine Rob	erts25.94
W50 June Meyer W60 Velta Tomsons	21.52 19.78
Mary Thomson	16.74
Hammer	42
M45 J Kasperski	32.58
M50 Bob Stavely	37.82
Stephen Irwin M55 Max Woerle	
M55 Max Woerle M60 Helmut Lange	37.56 36.28
Art Jaago	32.04
M65 Walt Jenkins	36.26
Peder Nielsen Peter Pientka	28.18
Peter Pientka M70 Alex Upmalis	21.66
Mato Dukovak	27.18 23.34
M70 Alex Upmalis Mato Dukovak W50 June Meyer W60 Mary Thomson	21.98
moo hary mouson	19.72
Javelin	-2.12
M35 Mike Finkbein Pat Hessel	er 53.12 50.94
Bruce Lange	46.54
	46.54
Bruce Mintz	21.44
M45 John Kaspersk	i 39.88
M50 Stephen Irwin	36.44
Bob Stavely	
M55 Walt Mozewsky Max Woerle	33.18 31.50
M60 Art Jaago	41.06
Helmut Lange	35.80
M65 Peder Nielsen	29.66
Andy Thomson M70 Mato Dukovac	24.18
W35 Shirley Robin	20.48
W45 Gean Hemmine	19.68
W50 June Meyer	*26.94
W50 June Meyer W60 Mary Thomson Weight Throw	*15.76
Weight Throw M45 John Kaspersk	10.64
M45 John Kaspersk M50 Stephen Irwin	
M55 Max Woerle	9.32
M60 Helmut Lange	11.40
Art Jaago	11.06
M65 Peder Nielsen Walt Jenkins	
Walt Jenkins Peter Pientka	6.06
M70 Mato Dukovac	6.62
Jim Breslin	6.18
W50 June Meyer	8.60
W60 Mary Thomson	7.38
Decathion	4453
M55 Mozewsky	4124
5000m Walk	
M60 Sal Brancacci M70 Max Gould	0 29:38.8
W60 Phyllis Goodl	30:15.2 ad 36:13.3
service of the	au Junior al
Company of the last	ALSO THE PARTY
No the Control of the	200
26-10-1	A Village No.
the state of the state of	C 40



# Ontario Masters Pentathlon Championships Birchmount Stadium, Toronto August 20

(W, JT, 200, DT, 150	
M35 Doug Smith	1812
M40 Bob Zimmerman	2771
Bill DeHorn	2462
Percy Luther	2300
M45 John Powell	1626
M50 Ed Andrade	2704
Jack Boyd	2433
Fred Pamenter	2388
M55 Eric Malstrom M60 Kurt Hering	2045
M60 Kurt Hering	2992
Karl Pavasars	2784
Wally Gordon	2571
M65 Valden Sadul	3525
Andy Thomson	3443
Mel Bushman M70 Ben Mackereth	2860
Hans Warwas	2879 2757
Kaljo Pehtla	2074
(Scored using Ian Hum	
1987 tables)	es
	men
Regular Pentathlon-Wo (100, SP, HJ, LJ, 800	men ) 2803
Regular Pentathlon-Wo (100, SP, HJ, LJ, 800 W40 Rhona Trott	2803
Regular Pentathlon-Wo (100, SP, HJ, LJ, 800 W40 Rhona Trott Pam Duncan	2803 2405
Regular Pentathlon-Wo (100, SP, HJ, LJ, 800 W40 Rhona Trott Pam Duncan W45 Gean Hemming	2803 2405 2580
Regular Pentathlon-Wo (100, SP, HJ, LJ, 800 W40 Rhona Trott Pam Duncan W45 Gean Hemming Jean Ward	2803 2405 2580 1168
Regular Pentathlon-Wo (100, SP, HJ, LJ, 800 W40 Rhona Trott Pam Duncan W45 Gean Hemming Jean Ward (Scored using Ian Hum	2803 2405 2580 1168 e's
Regular Pentathlon-Wo (100, SP, HJ, LJ, 800 W40 Rhona Trott Pam Duncan W45 Gean Hemming Jean Ward (Scored using Ian Hum 1980 tables & men's	2803 2405 2580 1168 e's decath-
Regular Pentathlon-Wo (100, SP, HJ, LJ, 800 W40 Rhona Trott Pam Duncan W45 Gean Hemming Jean Ward (Scored using Ian Hum 1980 tables & men's lon tables+15 yrs. f	2803 2405 2580 1168 e's decath- or 100
Regular Pentathlon-Wo (100, SP, HJ, LJ, 800 W40 Rhona Trott Pam Duncan W45 Gean Hemming Jean Ward (Scored using Ian Hum 1980 tables & men's lon tables+15 yrs. f Weight Pentathlon-Men	2803 2405 2580 1168 e's decath- or 100
Regular Pentathlon-Wo (100, SP, HJ, LJ, 800 W40 Rhona Trott Pam Duncan W45 Gean Hemming Jean Ward (Scored using Ian Hum 1980 tables & men's lon tables+15 yrs. f Weight Pentathlon-Men (SP, DT, JT, HT, WT) M40 Imrich Kiraly	2803 2405 2580 1168 e's decath- or 100
Regular Pentathlon-Wo (100, SP, HJ, LJ, 800 W40 Rhona Trott Pam Duncan W45 Gean Hemming Jean Ward (Scored using Ian Hum 1980 tables & men's Ion tables+15 yrs. f Weight Pentathlon-Men (SP, DT, JT, HT, WT) M40 Imrich Kiraly Keith Heidron	2803 2405 2580 1168 e's decath- or 100
Regular Pentathlon-Wo (100, SP, HJ, LJ, 800 W40 Rhona Trott Pam Duncan W45 Gean Hemming Jean Ward (Scored using Ian Hum 1980 tables & men's lon tables+15 yrs. f Weight Pentathlon-Men (SP, DT, JT, HT, WT) M40 Imrich Kiraly Keith Heidron Jim Dodd	2803 2405 2580 1168 e's decath- or 100
Regular Pentathlon-Wo (100, SP, HJ, LJ, 800 W40 Rhona Trott Pam Duncan W45 Gean Hemming Jean Ward (Scored using Ian Hum 1980 tables & men's lon tables+15 yrs. f Weight Pentathlon-Men (SP, DT, JT, HT, WT) M40 Imrich Kiraly Keith Heidron Jim Dodd M45 John Kasperski	2803 2405 2580 1168 e's decath- or 100; 2191 1903
Regular Pentathlon-Wo (100, SP, HJ, LJ, 800 W40 Rhona Trott Pam Duncan W45 Gean Hemming Jean Ward (Scored using Ian Hum 1980 tables & men's lon tables+15 yrs. f Weight Pentathlon-Men (SP, DT, JT, HT, WT) M40 Imrich Kiraly Keith Heidron Jim Dodd M45 John Kasperski M50 Eero Yla-Outinen	2803 2405 2580 1168 e's decath- or 100] 2191 1903 1732 2998 3082
Regular Pentathlon-Wo (100, SP, HJ, LJ, 800 W40 Rhona Trott Pam Duncan W45 Gean Hemming Jean Ward (Scored using Ian Hum 1980 tables & men's 1on tables+15 yrs. f Weight Pentathlon-Men (SP, DT, JT, HT, WT) M40 Imrich Kiraly Keith Heidron Jim Dodd M45 John Kasperski M50 Eero Yla-Outinen Dave Morris	2803 2405 2580 1168 e's decath- or 100 2191 1903 1732 2998 3082 2550
Regular Pentathlon-Wo (100, SP, HJ, LJ, 800 W40 Rhona Trott Pam Duncan W45 Gean Hemming Jean Ward (Scored using Ian Hum 1980 tables & men's lon tables & men's lon tables & men's lon tables the first pentathlon-Men (SP, DT, JT, HT, WT) M40 Imrich Kiraly Keith Heidron Jim Dodd M45 John Kasperski M50 Eero Yla-Outinen Dave Morris M55 Alf Sundin	2803 2405 2580 1168 e's decath- or 100 2191 1903 1732 2998 3082 2550 3050
Regular Pentathlon-Wo (100, SP, HJ, LJ, 800 W40 Rhona Trott Pam Duncan W45 Gean Hemming Jean Ward (Scored using Ian Hum 1980 tables & men's 1on tables+15 yrs. f Weight Pentathlon-Men (SP, DT, JT, HT, WT) M40 Imrich Kiraly Keith Heidron Jim Dodd M45 John Kasperski M50 Eero Yla-Outinen Dave Morris	2803 2405 2580 1168 e's decath- or 100 2191 1903 1732 2998 3082 2550

M60 Helmut Lange	3540
Gus Giagnogloy	2765
M65 Arvids Zakis	3024
Peder Nielsen	3076
M70 Ed Purgalis	3168
Alex Upmalis	2584
M75 Ian Hume	4081
Bill Koski	2216
M80 Karl Trei	2977
(Scored using Ian Hu	me's
1987 tables)	

	Loxul
Weight Pentathlon-Women	
W35 Kimberly Kasperski	1460
Nancy Lachiusa	970
W40 Judy Sielski	1458
W45 Barbara Stewart	1262
Marcia Przybyla	892
WSO Dortha Swanson	2287
W60 Mary Thomson	2462
(Scored using Ian Hume	S
July 1988 tables)	

#### INTERNATIONAL

Masters International Weight Pentathlon, Eugene, Oregon August 7

	August 7		had an interest
A STATE OF THE STA		The state of the s	One Year
	1	Points	Age Fact. Points
M48	A Sur	TOTHES	FOIRES
1 Rod Guy 44	Aus	3353	3775 (9)
2 Mike Corden 41	G.B.	2842	3077
3 Glen Weaver 41	USA	2435	2645
4 Horatio Loya 43 5 Snowy Brooks 44	Mex G.B.	2201	2460
6 Ken O'Hartnett 44	USA	1875	2161
7 Keith Heidorn 41	Can	1844	2029
N45			AL STATE OF STREET
1 Carl Wallin 47 2 Al Neville 45	USA	3359 2853	3963 (5)
3 Eulogia Arroyo 47		2652	3263 3166
4 Brian McKenna 48	USA	2503	3028
5 Ant. Kiviniemi 48		2491	3037
6 John Reynolds 45 7 Jack Karbens 47	USA	2271	2616 2630
The state of the s	000	2174	2030
M50 1 Dick Hotchkiss 50	USA	3054	3480
2 Jim Hart 52	USA	3062	3578 (14)
3 Bob Humphreys 53	USA	3012 2963	3567
4 Johann Hansen 51 5 B. Rehpenning 51	FRG FRG	2956	3450 3467
6 John White (50)	USA .	2363	2693
7 Victor Valles 51	Mex	1544	1835
8 S. Biddinger 51	USA	1418	1684
M55	1	4.15	August Heist
1 Wendell Palmer 57		2787	3652 (11)
2 Len Olson 58 3 Frank Miller 55	USA	2719	3650 (12)
3 Frank Miller 55 4 S. Schwanzuer 57	USA FRG	2224 1856	2799 2578
5 Jackson Tovell 58	Can	1813	2503
6 Luis Velez 59	PR	1739	2402
m60	Name of the Party	an abidition	Autoria German
1 Rolf Strandli 63 2 Helmuth Duholm 63	Swe Den	3161	4000 (4)
3 Ivan Vaarby 61	Den	2919	3484
4 Art Jaago 63	Can	2819	3625 (13)
5 Ward Church 62	USA	1768	2389
6 Gene Polk 61	USA	1349	1727
M65			
1 Aiv. Pavulins 65	Aus	2849	3839 (6)
2 Bill Bangert 65 3 Bill Walmroth 65	USA	2728	3575 (15)
4 Don Reid 65	USA	2579 2437	3380 3244
5 Max Carr 67	NZ	2389	3279
6 Hakon Tinnholt 65	Nor	2371	3213
7 Bob Stone 69	USA	2234	3398
8 Aloy. Sibidol 69 9 malter Jenkins 68	Mal Can	2197	3507 3045
10 Jim Minah 69	USA	2051	3091
1 Dan Aldrich 71	TICA	2776	1011 (0)
2 Roy Foley 72	USA	2695	4011 (2)
3 Erl. Svennevik 70	Nor	2627	3804 (7)
4 Ger. Cysewski 71	Chile	2312	3523
5 Ernes. Gundlach 70 M75	CHILE	1796	2701
1 Ber. Wischmann 78	PRG	1944	3725 (10)
2 Jim York 76	USA	1923	3326
3 Leon Joslin 77 4 Torg. Brandvold 75	USA	1755	3436 2952
5 Bob Detweiler 75	USA	1551	2846
6 Don Pierotti 78	USA	1489	2950
1 Kar. Broderson 82	Chile	1024	4005 (2)
2 Gordon Powell 80	USA	1824	4005 (3)
M85			
1 Herb Anderson 87 2 Al White 85	USA	808	2659
W40	Can	350	1354
1 Yvon. hitchell 43	Trin	2311	3305
	USA	1886	2495
W45	USA	1568	2277
1Barbara Stewart 47	USA	1365	2221
W50 1 Almut Brommel 54	FRG	2005	4050 /
2 Inge Durr 54	FRG	2985 1844	4952 (1) 3098
3 Dortha Swanson 52	USA	1683	2844
W55 1 Anne. Scholton 55	PPC	2412	4000
2 Unni Sather 56 .	PRG	2412 2175	4068 (2) 3846 (3)
3 Sally Polk 59 4 Rosa Jara 56	USA	1724	3378
4 Rosa Jara 56	Chile	1573	2760
5 Fres. Martinez 58	Chile	1298	2615
1 Jorum Nygaard 60	Nor	1708	3421 (5)
2 Bodil Hestmann 61	Nor	1697	3538 (4)
3 Mary Norckaver 64	USA	1253	3042
1 Marlis Pleckner 69	Chile	1182	3239
	AT THE	R.A. STATE	
		Continu	ued on next pag

M50

MSS

Continued from previous page
Hawaii International Track and Field Classic
Wailuku Maui, Hawaii
August 12-13

Nogust 12 1.	EPAN STREET
100m	
M30 Creighton Edata	12.09
M35 Glenn Johnson	11.40
Jami Kimmell	11.85
Craig Swift	12.98
M 10 David Walker	11.40
M45 Frank Little	11.55
Larry Aldridge	12.97
M50 Roger Tsuda	12.20
Gunther Urban	12.86
W35 Kathleen Cook	15.00
200m	
M30 Creighton Edata	25.55
M35 Glenn Johnson	23.82
Jami Kimell	24.58
Poots Williams	25.59
M40 David Walker	22.95
M45 Frank Little	23.45
M50 Roger Tsuda	26.00
M60 James Selby	32.35
W30 Debbie Selby	36.80
W35 Kathleen Cook	31.77
400m	
M30 Chris Hotta	60.05
M35 Poots Williams	57.10
M45 Frank Little	56.11
M50 Roger Tsuda	61.86
M60 James Selby	77.31
W35 Isgne Ramstrom	85.35
800m	
M30 Chris Hotta	2:17.53
M35 Foots Williams	2:19.23
M40 Steve Ferraz	2:08.81
Ron Pate	2:13.88
M60 James Selby	3:24.03
W30 Debbie Selby	3:24.00
W40 Mary Trotto	3:12.02

1500m	
M40 Ron Pate	4:45.23
M60 James Selby	6:06.02
W30 Debbie Selby	7:19.13
W40 Sue Ward	6:16.21
5000m	
M40 Justin Costa	19:04:93
M60 James Selby	23:45.75
W40 Mary Trotto	24:51.61
10000m	
M40 Harry Kaplin	39:03.00
M45 Robert Ludurg	41:19.00
W40 Mary Trotto	50:26.00
Heo Party Trocks	700000000
110mH	
M45 Larry Aldridge	19.65
M50 Gunther Urban	20.73
4x100 Relay	
Team Patriots USA	52.34
4x200 Relay	
Team Patriots USA	1:45.06
Team Pizza Circus	1:46.50
4x400 Relay	
Team Pizza Circus	4:16.93
Resident Manager Line	
High Jump	
M45 Larry Aldridge	1.47
M50 Gunther Urben	1.44
M60 Sheldon Varney	1.44
	1
Long Jump M50 Roger Tsuda	18-64
Gunther Urben	16-14
	10-17
Triple Jump M35 Craig Swift	- 11 24
	11.24
M40 Raymond Jenkins	12.93
Shot Put	
M50 Gunther Urben	9.64
W40 Sue Ward	7.87
Discus	
M50 Gunther Urben	9.64
Javelin	
M50 Gunther Urben	20 20
MOU GUNCHEL OLDER	26.38

# LONG DISTANCE **RESULTS**

Please send master's race results to: National Masters News, P.O. Box 2372, Van Nuys, CA 91404. Please include date, distance and city.

#### EAST

Nissan Buffalo Marathon Buffalo, NY August 9

	Fancher	2:34:27
	thleen Graim	3:03:11
M40	Ric Perry	2:42:40
	Fran Emmerling	2:43:22
	Ronald Krebs	2:49:56
M45	Gary Clements	2:52:36
	Robert Bitner	3:01:50
	J Niedzialowski	3:06:19
M50	Selwyne Rom	3:08:11
	Louis LaClair	3:27:47
	Joe Dabes	3:29:24
M55	Richard Kieffer	3:19:15
	Frank Giacobbe	3:23:33
	Thomas Daley	3:27:34
M60	John Burke	3:27:47
	Richard Sullivan	3:35:53
	Jack O'Sullivan	3:51:23
M65	Anthony Napoli	3:38:56
100000	THE RESERVE OF THE PARTY OF THE	interalised
W40	Marylou Hamm	3:33:28
	Carolyn Sullivan	
	Judith Webster	4:05:01
	Pat Longboat	4:34:44
	Edith Mallzia	4:16:41
	Helene Bueme	4:31:34
MPCH	Loretta Shehan	4:09:58

#### Asbury Park 10K Asbury Park, NJ August 12

Ove	rall:	
Ste	eve Jones	29:10.4
Mai	rgaret Gross	33:10.6
M40	Kevin Ryan	30:54.0
	Shel Cowles	31:31.2
	Earl Owens	31:31.7
	Jim Pearson	31:40.6
	Harold Nolan	31:55.8
M45	Pat Cosgrove	35:12.4
	Samuel Skinner	35:22.1
	Bill Shaw	35:39.3
	Frank Colon	35:49.9
	George Wittmann	36:18.6
M50	Fay Bradley	33:46.1
	Lorenz Herb	34:13.7
	Ben Johns	34:33.7
	Willie Kaye	34:43.4
	Gabriel Bernal	34:47.6
M55	Norm Green	33:57.0
	Jay Sturdbvant	37:10.3
	Frank Dudley	39:05.4
	John Harwick	40:18.4
23	Guss Stepp Jr.	41:20.9
The same of the sa		

M60	Bill Fortune	39:05.2
3246	John McManus	39:35.7
	Maurice Schepers	39:47.6
	Ralph Aquino	40:33.3
	Jack Start	41:31.2
H70	Austin Newman	44:41.0
	Vincent Carneval	le45:16.7
	Fred Ely	47:11.3
M80	Fred Ely Max Popper	1:05:50.4
W40	Angella Hearn	36:07.8
	Jane Hutchinson	36:50.0
	Christin Grennin	The second secon
	Susan Compton	39:59.6
	Jan McKeown	40:17.2
U45	C Tattersall	38:17.1
-	Susan Weisbrod	38:56.2
	Lina Connors	40:09.7
	Carole Lelli	41:32.5
	Marilyn Greeley	42:20.8
W50	Zofia Turosz	41:29.1
	Wen-Shi Yu	43:41.5
	Valent Helen	43:56.7
	May Chou	45:29.6
	Joan Bondell	45:36.7
W55	Thelma Wilson	48:29.1
	Alma Kunes	50:31.8
	Helva Murray	50:52.3
	A Cappiello	54:05.1
W60	Edith Farias	50:54.5
	Cassie Bazar	51:06.6
	Mary Norckauer	51:48.8
	Loretta Shehan	51:58.6
	Helen Dempsey	55:28.5
W70	A Wetherbee	56:37.6
		1:08:24.4
	A Salmini	1:25:07.7

### SOUTHEAST

1	90011113110	
	Dilworth Jubilee 8	K
	Charlotte, NC	TARREST
	August 12	A - Asher
Ove	rall:	11 - 11
Phi	llip Rowan	24:37
Edi	e Bateman	27:58
M40	Wayne Yarbrough	27:39
60	George Rolling	27:51
	Jacob Sedmak	27:51
M45	Art Williams	28:31
	Terry VanNatta	29:02
	Sam Going	29:17
M50	Loyd Hoke	29:06
	Gaylon Dodson	30:07
	John Dunkelberg	30:25
M55	Charles Rose	29:43
	Toby Transou	33:45
	Ron Beard	34:02
M60	Richard Bunner	33:35
	Bruce Hudson	37:39
	Jack Broadwell	40:07

7	Little year or the	
M65	E.B. Lloyd	41:02
	Bert Bailey	42:21
	Arnold Hecht	42:49
M70	Clayton Breisford	42:05
	Herb Keller	43:01
	Harold Williams	52:31
M75	Gaither Williams	53:08
M80	Caldwell Nixon	53:37
W35	Bonnie Long	31:06
	Sherry Kanoy	31:59
	Peg Cronin	32:27
W40	Carolyn Spillman	31:50
	Peggy Schug	33:07
	Pat Roberts	33:44
W45	Eddy Bay	35:59
	Diane Delaware	37:06
	Susan Birkenstock	37:46
W50	Nancy Parker	32:39
	Susie Kluttz	34:43
W65	Margaret Hagerty	53:56
	Prances Keller	
W/0	Frances Keller	65:51

#### **MIDWEST**

Crim 10-Mile Flint, MI August 26

46:23 51:47

The second secon	
Overall:	
Brian Sheriff	46:2
Cathy O'Brien	51:4
M40-44	
T.Dave Stewart	0:51:12
2.Jim Pearson	0:52:17
3,Steve Couley	0:52:18
4.Ken E Sparks	0:53:35
5. Walter J Herrala	0:53:47
6.Bob H Knuckey	0:53:56
7.David J Tresohlavy	0:54:10
8. Tyrone H Griffin	0:54:36
9. Wes Wessely	0:54:39
10.Derck Frechette	0:54:58
11. Paul T DeLadurantay	0:55:35
12.Rich Davis	0:56:10
13. Wayne W Vaughn	0:56:13
14.Paul A Nilsson	0:56:46
15.Michael S McDowell	0:56:50
16. John T Hunt	0:57:01
17.Bill Rodgers	0:57:39
18.Robert W Cross	0:58:07
19.Roger E Hoke	0:58:11
20. Timothy E Flues	0:58:19
21.David R Cuevas	0:59:16
22.Bob Kuebler	0:59:17
23.Michael A Capraro	0:59:23
24.Giz A Youngerman	0:59:27
25. Xavier V Cook	0:59:45
26. John J Newton	1:00:27
27.Al L Comstock 28.Bill Robson	1:00:34
29. John E Russell	1:01:08
30.Charles T Gorman	1:01:15
31.William E Smith	1:01:18
32 Philip G Quillette	1:01:20
33.George E Girard	1:01:29
34.Alvin J Mozdzen	1:01:31
35.Bob Larson	1:02:06
36.Curtis Thompson	1:02:11
37. Harland Holff	1:02:11
38. William J Hunault	1:02:12
39. Terry E Heany	1:02:14
40.Ralph A Evans	1:02:14
	1:02:16
41.Michael Madison 42.Gregory J Shmanske	1:02:26
43. Thomas C Henderson	1:02:37
44.Steve I Hart	1:02:49
45.Ron A Olson	1:02:49
46.Don D Penna	1:02:50
47. Gregory L Moore	1:02:53
48.Thomas M Harbaugh 49.Gary F Harris 50.Victor Barkoski	1:03:00
49.Gary F Harris	1:03:02
50. Victor Barkoski	1:03:02
51. James D Fielder	1:03:14
52.Roger W Stephens	1:03:25
53.Paul M Faulkner	1:03:37
54. Samual H Underwood	1:03:38
55.Joshua Jr Thompson 56.Joseph J Rangel	1:03:38
56. Joseph J Rangel	1:03:44
57.Darrell C Thompson	1:03:47
58. James R Schafer	1:03:49
59. William B Birkett	1:03:51
60.Michael E Everett 61.Michael D Flint	1:03:54
42 Mahion & Mantinia	1:04:13
62. Mahlon S Heatwole 63. Laurence J Buckley	1:04:17
64. Stephen Hanway	1:04:25
65. John C Lorentzen	1:04:27
66.Ken Valente	1:04:36
67.Eric L Hoover	1:04:49
68.Richard G Hewitt	1:04:52
69.Barney Fennstra	1:05:01
70.Steve M Kahian	1:05:04
71. John A Bryl	1:05:07
72.Robert J Seidell	1:05:16
73. James L Borin	1:05:23
74.Jan A Gatz	1:05:31
75. George E Hackney	1:05:39
76.Lynn E Armstrong	1:05:39
77.John D Stark	1:05:52
78.David R Carey	1:05:55
79. John E Loeffen	1:06:01
80.Eric R Jones	1:06:06
81.Dale H Larson	1:06:12
82.Dennis P Cleland	1:06:14
83.David L Kerr	1:06:20
84. John S Lobur	1:06:26
85.Carl J Thompson	1-06-26

M45-49	
1.Ralph J Zimmermann	0:55:33
2.Leslie J Davison	0:56:46
3.Ken Prior	0:58:05
4. James K Park	0:58:26
5.Michael D Persak	0:58:32
6.Douglas Goodhue	0:58:38
7.David R Farlow	0:59:31
8. Fredric M Germaine	1:00:47
9.Robert A Penllo	1:00:51
10.John Beach	1:01:14
11. James & Cariton	1:01:32
12.John W Fereh	1:01:45
13. Walter P Adamczak	1:01:57
14. William R Snyder	1:02:18
15.Roger A Brown	1:02:23
16.Keith & Dearstone	1:02:36
17 Dave & Honteith	1:03:23
17.Dave R Monteith 18.Robert S Marty	
10 Consid 5 Rerty	1:03:33
19.Gerald E Bruce	1:03:50
20. William E Roney	1:04:30
21. Newell Clay	1:04:55
22.David C Dvorak	1:04:59
23.Richard J Welsch	1:06:10
24. Sherman Weisbrod	1:06:14
25.Gordon T Goulet	1:06:16
26.Lloyd G Cox	1:06:17
27. James Webb	1:06:24
28.Eduardo Munoz	1:06:37
29. Bernie L Burgette	1:06:41
30. Harlan W Vanblaric	
31.Carlos M Amaya	1:06:56
32.Fred L Vesquez	1:07:07
33. Nichael & Kowalski	1:07:16
34. John P Wehrly	1:07:20
35. Thomas P Wascha	1:07:33
36.David V Peck	1:07:39
37.Philip A Meyers	1:07:55
38. Jerry E Lobbezoo	1:08:17
39.Kerneth J Kajkousk	1:08:20
40. Robert L Campbell	1:08:33
41. Joseph D Kostansek	
42.James E Fletcher	1:08:46
43. Wooderd D Openo	1:08:59
44.Neil J McPhee	1:09:00
45. Cary E Hilburn	1:09:00
46.Sid Bolton	1:09:11
47.Stan & Pero	1:09:32
A Thomas & Done don	1:09:34
eo. Inomes & Donaldson	1:07:4
48.Thomas G Donaldson 49.Bernie S Mieslik 50.Vernon J Dipzinski	1:09:4
SU. Vernon J Dipzinski	1:09:52
MEO E/	
M50-54	ALC: N
1.Jim D'Weill	0:53:5
2. William A Johnston	0:57:3

M50-54	
1.JIM D'Heill	0:53:53
2. William A Johnston	0:57:35
3.Edwin Skretunes	0:58:49
4.Dick Ruzicke	1:01:19
5.David N Armentrout	1:04:06
6. James R Fitch	1:04:07
7.Ralph E Judd	1:04:10
8. James A Finlayson	1:05:06
9.Douglas A Scofield	1:05:19
10.David A Lee	1:05:25
11.Gil Gilmore	1:06:02
12.Darell G Bessey	1:06:24
13.Gene P Reck	1:06:24
14. Francis E Wallace	1:06:44
15. Wiley Walker	1:07:22
16. William E Munger	1:07:42
17. Herb G Burdett	1:08:16
18. Norman J Killop	1:08:19
19.Larry G Flagg 20.James L Bleau	1:08:37
20. James L Bleau	1:08:50
21.Robert L Jones	1:09:12
22.Robert F Scholl	1:09:39
23.1mre Michura	1:09:58
24. Joseph A Carey	1:10:06
25. Francis R Leik	1:10:13
26. John J Shea	1:10:42
27. Paul R Griffin	1:11:32
28.Lee L Lindley	1:11:35
29. Michael A Houle	1:11:41
30.Leo St Amour	1:11:46
31. William C Atkinson	1:12:05
32.Arthur L Kitze	1:12:45
33.Robert J Scharich	1-13-33
34.Kenneth C Isherwood	1:13:48
35.Eric A Minore	1:13:50
36.Freeman L Hershberg	1:14:00
37.David G Badour	1:14:35
38.Daniel L Walter	1:14:53
39. James R Brown	1:14:57
In named I have	

40.Donald L Burke	1:15:2
M55-59	
1.Edward E Hardy	1:04:11
2.Robert L Daly	1:05:14
3.Dick L Wagen	1:05:17
4. Thedore R fasing	1:05:32
5. James R Campbell	1:07:21
6.Darrell A McKee	1:08:45
7. James D Tolbert	1:08:48
8. John P Connelly	1:09:55
9.Ralph L Palmer	1:09:59
10.Derek B Roberts	1:10:24
11. John A Renaud	1:10:25
12. Jack Hoskins	1:11:55
13. Joseph H Gravlin	1:12:17
14.Clemens Weierstah	1:12:48
15.Lon E Galbraith	1:14:45
16.Ted H Stanley	1:15:40
17.Donald & Ellis	1:15:45
18. Herbert A Spence	1:15:53
19. Howard G Lakritz	1:17:31
20. Wally P McLaughli	1:17:34
21.Bobby D Crim	1:17:52
22.Delton O Hart	1:17:53
23. William H Salot	1:18:09
24. Harvey A Gerdes	1:18:16
25.Earl L Hanson	1:18:38
26.Robert E Ranta	1:18:46
27.Robert E Green	1:18:52
28. James A HcManus	1:19:05
29. Eugene R Moore	1:19:07
30. Charles W Davis	1:19:08

M60-64	
1. James H Forshee	1:01:31
2.John G Kolmetz	1:03:46
3. Jim O'Neill	1:04:23
4. Jack D Ross	1:08:05
5.Donald & Maxwell	1:10:19
6.Robert A Semer	1:10:21
7.Archie 8 Attarian	1:13:04
8. Wallace R Ypma	1:13:32
9. Paul L Jackson	1:15:15
10.Edward Allen	1:18:28
11. George A Pauling	1:19:11
12. William S Nayes	1:19:57
13.Kingsley G Sears	1:20:33
14. Charles L Avery	1:22:45
15.Ralph L Barnowski	1:22:59

The state of the s	
M65-69	
1. John C Burton	1:10:29
2. WILL G Metz	1:10:45
3. Martynn H Bandlow	1:12:38
4. Howard & Shelp	1:19:39
5.Robert # Evers	1:19:43
6.Fred Gurol	1:21:22
7.Fred Dye	1:21:53
B. Robert J Taylor	1:22:16
M70- 24	

1.Joe Thornburg 1:21:57 2.James H Ramsey 1:48:53

The Commercial Street and the	
W40-44	
T.Priscilla Welch	0:55:18
2.Laurie Binder	0:58:00
3. Nancy L Oshier	0:59:48
4. Claudia L Ciavarell	1:02:02
5. Vickie L Putnem	1:04:42
6.Renee H Maranian	1:09:16
7. Nine C Bovio	1:09:25
8. Charlotte Major	1:15:05
9.Teresa Ashworth	1:16:01
O.Patricia A Roselli	1:16:20
1.Kathleen A Horse	1:16:48
2.Gail A Whitson	1:16:48
3.Teresa M Shmanske	1:16:51
4. Nancy M Cross	1:16:51
5. Nancy A Walter	1:16:54
6.Marie A Smythe	1:17:50
7. Judy Balkens	1:17:59
8.Ardele Shaltz	1:18:05
9.Peggy L Famella	1:18:09
O.Louise   Hartung	1:18:39
1.Chari L Sadinsky	1:18:41
2. Susan M Buxton	1:19:28
3. Nancy D Chargo	1:20:37
4. Andrena A Mulligan	1:21:19
5.Bernice R Lopeta	1:21:21
6. Cheryl L Sadler	1:21:44
7 Jacquilyn C Schlatt	1.22.21

	1.6.1.
27. Jacquiyn C Sublett	1:22:23
28. Patricia E Dobosensk	1:22:41
W45-49	
1. Christine Tettersell	1:03:21
2. Susan A Weisbrod	1:03:39
3.Karen L Bestul	1:07:04
4.Carol S Bender	1:10:56
5.Carole L Dieck	1:11:50
6.Georgiann Tunningley	
7.Frances J Read	1:14:23
B.Ane I Copsey	1:15:10
9. Nancy A Teel	1:16:27
10. Carol A Million Swan	
11.Marilyn # Morehead	1:19:00
12.Laima Stede	1:20:02
13. Tom Killop	1:20:24
14.Karen J Bell	1:21:36.
15.Gay M Schueren	1:24:05

1.Gine U Faust	1:06:52
2. Mary Ann Wehrum	1:08:11
3.Armande Pieschke	1:12:37
4.Berbera J Jackson	1:15:13
5. Toby R Pulliam	1:15:47
6.Lynde L Steckle	1:16:54
7.Jo Wright Whitt	1:17:43
8. Marion Kowalski	1:18:38
9. Sharon F Sowell	1:19:34
10.Peg E O'Flynn	1:19:44
W55-50	

W00-09	
1.Rayma 8 Dixon	1:20:42
2. Geraldine Bishop	1:27:18
3.Amette J Hardy	1:30:31
4. Carolyn S Wilson	1:31:00
5.Ardis L Bowers	1:48:33
6.Betty Kerwin	1:48:38
W60-64	5-2 L

W6Q-64	
1. Whayword Sener	1:12:55
2. Charlotte Williams	1:25:10
3. Pamalee G Avery	1:27:26
4. Georgina O Dillon	1:34:36
5. Roberta E Feldhahn	1:53:12
6. Rose E Mccourt	1:54:39
7.Evelyn A Angel	1:56:46
	1:58:30

#### **MID-AMERICA**

Cornhusker State Games 10K Lincoln, NE July 15

The second secon	
M35 Jeff Wisemiller	34:11
M40 Gary Julin	34:21
M45 Robert Masters	40:38
M50 Ronn Baker	35:57
M55 Elbert Reed	43:11
M60 Al Weaver	42:55
M65+Clarence Osborn	52:35
W35 Valerie Oertli	42:49
W40 Jayne Snyder	51:21
W45 Arlene Craig	48:48
W50 Shirley Boden	50:59
Marilyn Haase	56:22

#### Bix 7-Miler Davenport, IA July 29

Overall:	
Marc Nenow	32:17
Erin Baker	36:35
M40 Wilson W	aigwa 34:17
Kevin Ry	
Bill Rod	
Gary Jul	
Darryl J	
M50 Ronn Bak	
Jerry An	
Nick Rog	
Dick Ruz	
Leon Fen	
A Company of the Comp	
M60 Len Olso	
Richard	Lamermaier 49:14
Dixon He	mphill 49:36
Robert H	oliday 49:53
Don Nova	k 49:47
DOU NOVA	
M70+Vernon S	
M70+Vernon S	chaefer 59:15
M70+Vernon S W40 Laurie B	chaefer 59:15 inder 40:06
W40 Laurie B Nancy Os	chaefer 59:15 inder 40:06 hier 41:34
W40 Laurie B Nancy Os Nancy Mi	chaefer 59:15 inder 40:06 hier 41:34 escrak 41:54
W40 Laurie B Nancy Os Nancy Mi Diane La	chaefer 59:15 inder 40:06 hier 41:34 esczak 41:54 ngston 46:58
W40 Laurie B Nancy Os Nancy Mi	chaefer 59:15 inder 40:06 hier 41:34 escrak 41:54 ngston 46:58 stul 48:21
W40 Laurie B Nancy Os Nancy Mi Diane La	chaefer 59:15 inder 40:06 hier 41:34 escrak 41:54 ngston 46:58 stul 48:21
M70+Vernon S W40 Laurie B Nancy Os Nancy Mi Diane La Karen Be	chaefer 59:15 inder 40:06 hier 41:34 escrak 41:54 ngston 46:58 stul 48:21 owalski 54:49
M70+Vernon S W40 Laurie B Nancy Os Nancy Mi Diane La Karen Be W50 Marion K	chaefer 59:15 inder 40:06 hier 41:34 esczak 41:54 ngston 46:58 stul 48:21 sowalski 54:49 aldwell 55:30
M70+Vernon S W40 Laurie B Nancy Os Nancy Mi Diane La Karen Be W50 Marion K Eloise C	chaefer 59:15 inder 40:06 hier 41:34 escrak 41:54 ngston 46:58 stul 48:21 owalski 54:49 aldwell 55:33
M70+Vernon S W40 Laurie B Nancy Os Nancy Mi Diane La Karen Be W50 Marion K Eloise C Susan We	chaefer 59:15 inder 40:06 hier 41:34 escrak 41:54 ngston 46:58 stul 48:21 owalski 54:49 aldwell 55:30 lke 56:37
M70+Vernon S W40 Laurie B Nancy Os Nancy Mi Diane La Karen Be W50 Marion K Eloise C Susan We Lois Bru Carolyn	chaefer 59:15 inder 40:06 hier 41:34 escrak 41:54 ngston 46:58 stul 48:21 owalski 54:49 aldwell 55:30 lke 56:33 sko 56:57 Gerstein 58:42
M70+Vernon S W40 Laurie B Nancy Os Nancy Mi Diane La Karen Be W50 Marion K Eloise C Susan We Lois Bru Carolyn W60 Mabel Ve	chaefer 59:15 inder 40:06 hier 41:34 esczak 41:54 ngston 46:58 stul 48:21 owalski 54:49 aldwell 55:30 lke 56:33 sko 56:57 Gerstein 58:42 lge 61:23
M70+Vernon S W40 Laurie B Nancy Os Nancy Mi Diane La Karen Be W50 Marion K Eloise C Susan We Lois Bru Carolyn	chaefer 59:15 inder 40:06 hier 41:34 esczak 41:54 ngston 46:58 stul 48:21 owalski 54:49 aldwell 55:30 lke 56:33 sko 56:57 Gerstein 58:42 lge 61:23 leen 65:56
M70+Vernon S W40 Laurie B Nancy Os Nancy Mi Diane La Karen Be W50 Marion K Eloise C Susan We Lois Bru Carolyn W60 Mabel Ve Betty Ha Geneva M	chaefer 59:15 inder 40:06 hier 41:34 escrak 41:54 ngston 46:58 stul 48:21 owalski 54:49 aldwell 55:30 lke 56:37 Gerstein 58:42 lge 61:23 leen 65:56 eadows 75:54
M70+Vernon S W40 Laurie B Nancy Os Nancy Mi Diane La Karen Be W50 Marion K Eloise C Susan We Lois Bru Carolyn W60 Mabel Ve Betty Ha Geneva M Mary Hir	chaefer 59:15 inder 40:06 hier 41:34 escrak 41:54 ngston 46:58 stul 48:21 owalski 54:49 aldwell 55:30 sko 56:57 Gerstein 58:42 lge 61:23 leen 65:56 eadows 75:54 1 76:09
M70+Vernon S W40 Laurie B Nancy Os Nancy Hi Diane La Karen Be W50 Marion K Eloise C Susan We Lois Bru Carolyn W60 Mabel Ve Betty Ha Geneva M Mary Hir Georgia	chaefer 59:15 inder 40:06 hier 41:34 escrak 41:54 ngston 46:58 stul 48:21 owalski 54:49 aldwell 55:30 sko 56:57 Gerstein 58:42 lge 61:23 leen 65:56 eadows 75:54 1 76:09

#### **WEST**

Semana Nautica 15K Santa Barbara, CA July 4

July 4	
M40 Philip Welch	51,24
Brian Waterbury	55:49
Rick Snekvik	58:49
MIS Vic Birtalan	59:36
Larry Brooks	59:59
Roger Patrick	1:01:11
N50 John Rudberg	57:56
Ray Laub	1:02:36
Richard Bartek	1:03:52
M60+Ray Gil	1:05:3
Y Sakazaki	1:05:5
W40 Loretta Bronk	1:07:1
Mini Baranowski	1:07:4
Suzie Klein	1:07:50
W45 Marilyn Hansen	1:18:22
Hildy Hoffmann	1:19:1
W50 Gaby McQuitty	1:20:04
W60+Margie Withrow	1:23:1
Walkers	
Jim Baltes 53	1:37:50
Robert Caudry 58	1:39:4
Richard Richards 54	1:41:50

#### INTERNATIONAL

1:51:55

Linda Lepper 45

BVAF Half-Marathon Championships Stoke Ferry, Norfolk September 4

M40 S Covles	69:00
F Reeves	69:36
P Moon	70:05
M45 L Davis	70:45
T Keller	71:16
. M Duff	71:39
M50 A Griffiths	74:20
P Andrews	74:47
G Bovman	77:03
M55 D Wood	79:24
G Oliver	81:11
C Walshe	81:54
M60 H Foord	82:42
R Franklin	84:01
m Jones	87:56
M65 J Fraser	90:13
J Fitzgerald	93:08
B Eyles	95:43
M70 J Horner	112:09
C Megnin	120:31
W35 J Barras	84:02
S Barker	84:57
D Marsh	85:41
W40 F Sperte	83:34
P Baker	90:03
Y Siew-Tin	92:06
W45 M Sweetlove	96:59
W50 P Jones	90:47
J Aitcheson	94:25
M Anstley	97:30
W65 J Waller	120:59



# let's face it! MASTERS throwers



# YOU CAN'T BE

A MAC WILKINS AN AL FEUERBACH A TOM PETRANOFF

A WILLIE BANKS or A YURIY SYEDKH

# **But—THEY CAN TEACH YOU TO BE THE BEST THAT YOU CAN BE**

These VIDEO TEACHING TAPES feature some of the most accomplished throwers in the great history of Track & Field. The teaching techniques have been hailed by peers as the best, and one has received international awards for its excellence.

#### MAC WILKINS' Gold Medal Discus



"I consider this video training program to be one of my finest achievements in 20 years with the discus." It is a unique instructional package that teaches the mechanical, physical and mental aspects of discus throwing for young and old alike. In addition to my demonstrations, you

will learn from studying the techniques of such discus greats, past and present, as L.J. Silvester, Wolfgang Schmidt, Imrich Bugar and Luis Delis with my "voice over" instructional comments. The program contains nine sections: 1. The Throw Part I; 2. The Throw Part II; 3. Drills; 4. Rhythm; 5. Advanced Technique; 6. Visualization; Troubleshooting; 8. Conditioning; 9. Motivation.

"I have found that Masters throwers can be as dedicated to their own pursuit of excellence as youngsters and established competitors. That is why I felt this training program would be of great help to you Masters competitors. Join me in your quest to be the best that you can be."

#### YURIY SYEDIKH'S SyberVision Hammer Video



East meets West. This one-of-a-kind video teaching tape combines hammer techniques of the East with the latest learning technologies of the West. Emphasis on the basics of the hammer throw takes the mystery out of the event. Instructions cover the 3 turn throw. Featured model, Yuriy Syedikh — USSR. Winning Hammer Ways was

produced by SyberVision wiith Ed Burke (widely renowned U.S. Olympian), Stewart Tougher and Dr. L. Pataki acting as technical advisors and directors.

#### TOM PETRANOFF'S Javelin Video



A video encyclopedia of the javelin throw covers complete instructions on: Drills...Weight Training...Conditioning...Pliometrics...Throwing Technique and Mental Preparation. Your instructor is Tom Petranoff, one of the world's fin-

est competitors and instructors of the javelin throw. In 1983, Tom threw to a World's Record of 327' and in 1986 threw to a World Best, 280' (new javelin) and was ranked #1 in the

#### **COMBINATION DISCUS** & SHOT

With both teaching cassettes com-bined into one tape, you have over 40 years' competitive experience by Wilkins and Feuerbach in approxi-Wilkins and Feuerbach in approximately one hour of instructional viewing and learning. If you follow the pattern of most throwers, you are probably learning and competing in both the discus and the shot. This is your opportunity to be taught both events by two of the best ever competitors and achievers... and at a saying over the cost of two inat a savings over the cost of two individual cassettes.

#### AL FEUERBACH'S Basic 70 Foot Shot Putting



"Shot Putting was never a part-time thing with me...it was an obsession." Through a competi-tive career spanning 22 years and including over 525 competitions in 24 countries, Al was able to experience this event as few athletes

have. Every bit of his learning experience is packed into the video teaching cassette and provides some critical keys to progress for Masters shot putters like

You will be instructed by Al, Dave Laut (72' 3"), Olympic Bronze Medalist 1984, 4 time U.S. National Champion and Mac Wilkins (69' 11/2"). Dave demonstrates the rotational style throw and Mac instructs on its technique.

Basic 70 Foot Shot Putting presents the foundation for personal shot putting progress and is potentially as useful to the 40' thrower as it is to the 70' thrower. "I truly enjoyed my many years of experience with the shot. I'd like to share them with you."

#### WILLIE BANKS' Banks On Triple Jump



Olympian and World Record holder Willie Banks has created a unique video for triple jumpers to help develop the skills and

technique necessary to jump far. Anyone, young and old, aspiring to be a triple jumper or to improve their skills can benefit from this video instructional cassette. The video consists of training aids for coaches as well, including: drills, flexibility, weight training, conditioning and bounding exercises. Demonstrated and narrated by Willie Banks.

#### COMPLETE ORDER FORM

Send to: MAC WILKINS PRODUCTIONS P.O. Box 28836 - San Jose, CA 95159 (please print) 408/358-2669



Name:	1	
Address:		100000
City/State/Zip:	0	
Check ☐ Money order ☐ Visa ☐ MasterCard ☐ Other		
Card No.:	E	xp. Date
Please Send:		
Mac Wilkins'		
GOLD MEDAL DISCUS	\$	49.50
Al Feuerbach's		
BASIC 70 FOOT SHOT PUTTING	\$	49.50
Combination		
DISCUS and SHOT Videos	\$	90.00
Tom Petranoff's		
JAVELIN VIDEO	\$	68.00
Yuriy Syedikh's		Total No.
SYBERVISION HAMMER VIDEO	\$	60.00
Willie Banks'		The state of the s
BANKS ON TRIPLE JUMP	2	59.95
Beta or VHS	•	00.00

Add \$3.50 first class/\$2.50 reg. mail per cassette or coaching session for shipping/handling. California residents add appropriate sales tax.