

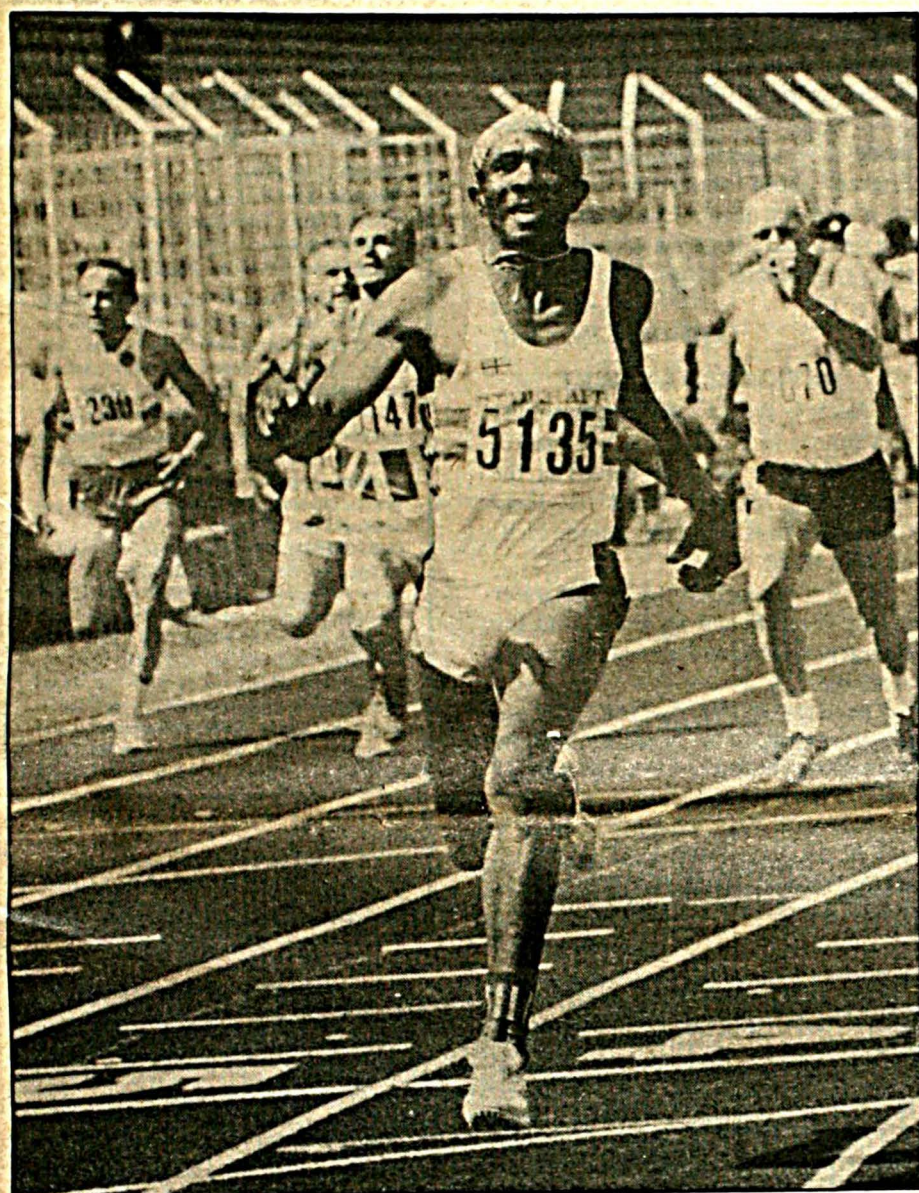
NATIONAL MASTERS NEWS

The official world and U.S. publication for Masters track & field, long distance running and race walking.

98th Issue

October, 1986

\$1.95



Ron Taylor, England, setting a new world record of 22.91 in the M50 200 in V European Veterans Championships, Malmo, Sweden, July 28-August 2. Ingo Vierk, 5070, West Germany, clocked 24.30 for the silver. David Burton, 5147, was 4th, and Kare Dalland, Norway, 5230, 8th.
Photo by Jorgen Tufvesson

2418 Compete in European Veterans Championships

from BRIDGET CUSHEN

A total of 2418 athletes from 22 nations took part in the V European Veterans Track and Field Championships in Malmo, Sweden from July 28 to August 2.

With their Royal Highnesses Prince Bartil and Princess Lilian on hand to open the Games, the competitors set 23 world and 82 European age-division records in the six days of competition.

The entries were 632 less than the 3050 who came to Brighton, England in 1984 for the fourth edition of the Championships. "That's because 1000 Britons competed in Brighton, but only 511 Swedes were here," said Lars Johnsson, General Secretary of the Games.

The largest contingent — 602 — came from Germany, while Hungary sent a sizeable 102 to the picturesque town which is just a ferry ride from Copenhagen, Denmark.

A maximum of seven athletes from each nation paraded around the track during opening ceremonies, while dancing girls, dressed in Swedish yellow and blue, gave a gymnastic display as the Malmo Sparvagars Orchestra played.

The event was well organized, stayed on schedule and avoided the usual lap-counting problems. Two excellent stadiums were used.

Among the outstanding performances: + Eighty-year-old Fritz Helber of Ger-

many clocked 23:07.0 in the 5000, to break Lou Charbonneau's M80 record of 23:18.4, and sped to a 6:16 1500, only four seconds over Harold Chapson's world M80 standard.

+ Sweden's Ricky Bruch returned to competitive athletics and picked off M40
Continued on page 24

Smith, Davies Favored

Masters to Run for \$40,000 in Twin Cities Marathon

The biggest masters payday in history takes place this month in Minnesota.

On October 12, at least \$40,000 will be awarded to age-35-and-over runners in the fifth annual Twin Cities Marathon from Minneapolis to St. Paul.

It's part of the more than \$300,000 in total purse money to be handed out by the Pillsbury Company during the annual fall classic.

Never before has so much money been available in one race for older runners. The previous high was last year in this race, when \$27,500 was distributed to 35-and-up runners.

Continued on page 17

1st Age-Handicapping Meet Successful

"I haven't run this hard all year," a tired Walt Butler said after powering to victory in the 100-meter finals at the 1st Annual National Masters News Age-Handicapping Track & Field meet in Van Nuys, Calif. on August 23.

"I deserve a case of beer for winning a race this tough," the 45-year-old national masters hurdle champion said.

Butler needed every bit of his considerable speed and power to overtake two other national masters sprint champions — Nick Newton, 53, and Bob Watanabe, 60 — as well as five other national-class speedsters from various age divisions.

The meet was the first to utilize age-handicapping for all events. Contrary to most masters meets, there was no

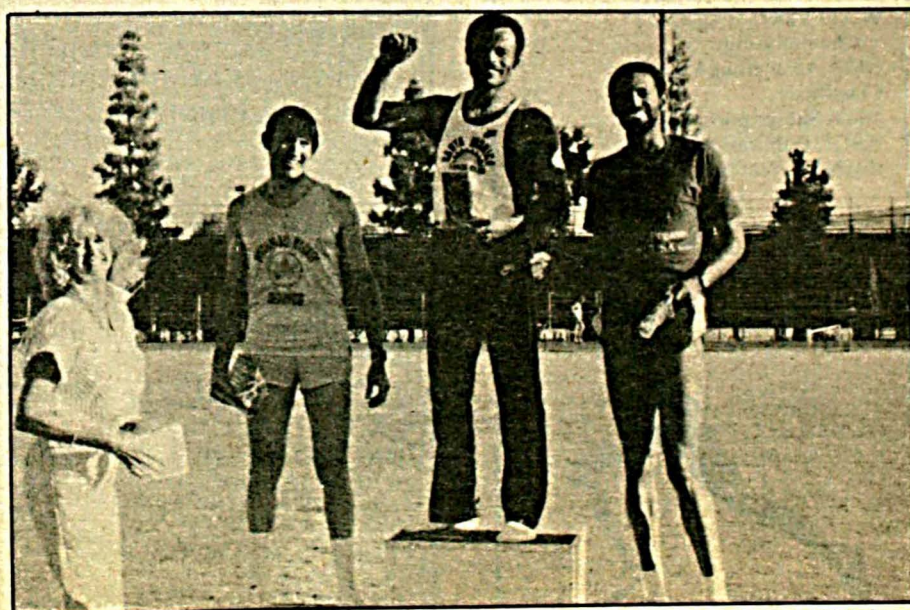
"age-group" competition. Instead, all ages and sexes competed in the same "division," with runners getting a head start in each event, and field event performers getting extra inches added to their efforts — all based on age and sex.

Most participants seemed to like the idea and wanted to try it again.

"I enjoyed the meet and hope you'll repeat it next year," said Tom Patsalis, 64, who won the long jump and placed second to Dave Jackson, 54, in the triple jump.

"It was the most fun I've ever had at a track meet," said Bess James, 76, the oldest competitor in the meet, who didn't win a trophy, but placed well in

Continued on page 11



Pam Adler presents trophies to winners in the 800-meter run in the 1st Annual NMN Age-Handicapping T&F Meet, August 23, Van Nuys, California. From left to right, Charles Phillips, 57, (aka Dr. Track), George Cohen, 46, and Wayne Douglas, 38.
Photo by Gretchen Snyder

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Address Letters to: National Masters News, P.O. Box 2372, Van Nuys, CA 91404.

1989 WORLD GAMES
TO EUGENE

I have just learned that Eugene, Oregon has received the bid to be the U.S. nominee for the 1989 World Veterans Games. Eugene is a lovely, small college town with a population of 100,000 and certainly well-known as one of the running capitals of the world.

However, it is a two hour drive from a large metropolitan area (Portland), and in the middle of August, when college campuses are pretty lifeless, and Oregonians head for the mountains and ocean for last vacation opportunities, I doubt that you can attract a significant audience.

I say this advisedly since I attended the U.S. TAC National Masters Track and Field Championships in Eugene in 1984. The attendance was very light.

Hate to be negative about any events for Oregon, but it seems to me a larger metropolitan area is called for with runners from all over the world participating.

Billie Graap
Portland, Oregon

I am sorry that Los Angeles was not picked as the city to represent the U.S.

in its bid for the 1989 World Veterans Games, for it would have been close to home for me.

However, the TAC sub-committee made a very good choice by picking Eugene. Those folks know how to put on a well-run meet. I've been there a few times and they are a very dedicated and professional group.

Al Guidet
California City, Calif.

NATIONAL T&F MEET

I feel it is my personal responsibility as a runner to point out a few hazardous conditions which occurred at the 1986 U.S. Masters Track & Field Championships in Long Island, N.Y. on July 18-20.

My report concerns the lack of water during the 10K and 5K races, and the emergency medical care which was not available.

The weather for the 10K was oppressive with 97% humidity and 90 degree temperature. Over the past 15 years I have participated in a number of National T&F Championships as well as 39 marathons. Since I did not see any water made available on the track, I inquired at the 10K starting

Continued on page 5

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PRESENTS

NORTH AMERICAN



MASTERS CHAMPIONSHIP

THE MEET

Sanctioned by The Athletics Congress, Florida Association, and the North American Council of the World Association of Veteran Athletes the meet will be the grand finale for the Empire of America Masters Sports Series in Florida. It will be held in Tampa, Florida, at the University of Tampa, Pepin-Rood Stadium on Saturday, October 25th. The stadium is located in downtown Tampa and houses a world class eight lane synthetic track, with all field events within the venue.

HOTEL HEADQUARTERS

The Tampa Airport Holiday Inn, 4500 West Cypress Street, will be the official meet headquarters. The hotel is a quality first-class hotel, and is offering a rate of \$35.00 (single/double) per night. You may call in your reservation at 813-879-4800 and tell them you will be competing in the North American Masters Championship. The hotel has free airport pick-up and delivery. Once you get in to Tampa Airport, you can use the special phones by the baggage pick-up area to notify the Holiday Inn of your arrival.

AIRLINE TRANSPORTATION

EASTERN AIRLINES will be the official airline for the North American Masters Championship. Eastern has agreed to offer to all participants, friends and relatives flying to Tampa for the meet a 60% discount off their regular fare from any city in the U.S. and 30% discount from Canada. You can call Eastern Group Desk to inquire on the exact cost of your ticket by calling (in Florida) 1-800-282-0244 and (outside of Florida) 1-800-468-7022. Refer to Fare Easy Number 10CP77 or call Friendship Travel at (305) 755-3977.

TAMPA & SOCIAL ACTIVITIES

Tampa is one of the fastest growing cities in the southeast U.S. and in the state of Florida. Its airport is modern and airfare prices are the lowest of any other city in the States. The city is but a one hour drive from world famous Disney World, and it is also the home of Busch Gardens. The schedule of the meet on Saturday is such that most of you will be able to have all of Sunday free for sightseeing, or for visiting Disney World.

On Saturday night, at the Headquarters Hotel, there will be a celebration banquet and party for all participants, friends and relatives visiting with them. You can purchase your ticket when you arrive at the hotel, or you can order them together with your entry form. This will be a great opportunity to get together with fellow competitors and celebrate life.

ELIGIBILITY

The meet is open to all men and women over the age of 30. All U.S.A. competitors must be registered members of The Athletics Congress (T.A.C.) registration cards will be available at the meet.)

ENTRY FEES

In order to enter the meet please use the attached entry form. The entry fee is \$8.00 for the first event, includes meet t-shirt and \$3.00 per each additional event. The relay entry fee is \$20.00. Additional souvenir meet t-shirts can be ordered at the time of your entry at a cost of \$5.00 (\$7.00 at meet site).

ENTRY DEADLINE

All entries must be postmarked by October 17th. For further information, please call Florida Sports Management, 904-377-0134.

AGE GROUPS

The meet will be contested in 5 year age group increments, starting with 30-34 to 85+ group. Age of athlete is determined as of the day of the meet. In relays it will be contested in age group increments of 10 years. Only members of the same club can compete on the same relay team. Athletes may go down in age in the relays but not in individual events. The youngest member of the relay team will determine the group in which it will compete.

AWARDS

Medals will be awarded to the top three places, and ribbons to 4-6th places.

SCHEDULE

Saturday, October 25th:

7:30 a.m. — 5K Run (all ages)
8:00 a.m. — All Field events report to clerk (long jump, triple jump, pole vault, high jump, shot put, discus, hammer, javelin)
9:00 a.m. — High Hurdles - finals
10:00 a.m. — 100 Meters - semi-finals
11:00 a.m. — 5K Race Walk (all ages)
1:00 p.m. — 800 Meters
2:00 p.m. — 100 Meters - finals
3:00 p.m. — 3,000 Meters Steeple Chase
4:00 p.m. — 200 Meters - finals
5:00 p.m. — 400 Meters - finals
6:00 p.m. — 1500 Meters
7:00 p.m. — 4 x 100 Relays
7:35 p.m. — 4 x 400 Relays

Sunday, October 26th

7:30 a.m. — 20K Race Walk
NOTE: On certain events some age groups may be combined for scheduling purposes. Some finals will be based on times. In all running events the order shall be youngest to oldest men and then women. A.T.C. and W.A.V.A. rules will be followed.

EMPIRE OF AMERICA MASTERS SPORTS SERIES NORTH AMERICAN MASTERS CHAMPIONSHIP

THE GRAND FINALE
TAMPA, FLORIDA
Saturday, October 25, 1986
OFFICIAL ENTRY FORM

I. Personal Information

Name: _____ last _____ middle _____ first _____
Address: _____
City: _____ State: _____ Zip: _____
Telephone — Home: _____ Office: _____
Birthdate: _____ Age as of date of meet: _____
Sex: Male ☐ Female ☐ T.A.C. = _____
Club Name: _____

II. Event Entries

Please enter me in the following events:

1. _____ event _____ best recent mark _____	4. _____ event _____ best recent mark _____
2. _____ event _____ best recent mark _____	5. _____ event _____ best recent mark _____
3. _____ event _____ best recent mark _____	6. _____ event _____ best recent mark _____

III. Fees (make all checks payable to Florida Masters Sports Series)

1st event is \$8.00 _____ = \$ 8.00
Additional = events \$3.00 _____ = events _____ X 3 _____ = \$ _____
Relay entry is \$20.00 _____ = relays _____ X 20 _____ = \$ _____
Banquet & party ticket is \$20.00 _____ = tickets _____ X 20 _____ = \$ _____
Extra souvenir t-shirts \$5.00 _____ = t-shirts _____ X 5 _____ = \$ _____
Total Fees Enclosed \$ _____

WAIVER OF LIABILITY

In consideration of your accepting my entry, I intend to be legally bound, do hereby for myself, my heirs, executors and administrators, waive and release forever, any and all rights, claims or damages I may accrue against Fla. T.A.C. / U.S.A. / Florida Sports, Empire of America / University of Tampa, City of Tampa, W.A.V.A. and all other sponsors and officials, their successors, representatives and assigns, for any and all injuries suffered by me while traveling to and from, and while participating in, the North American Masters and Sub-Masters Championship to be held on October 25-26 in Tampa, Florida. I further attest that I am in good health, and that I have trained and I am mentally, physically prepared for the event(s) I am hereby entering. Lastly, I understand all of the precautions I must take when competing in warm climate.

Date _____ Signature _____
Mail all entries to: Empire of America Masters Sports Series
1330 N.W. 6th St.
Suite A
Gainesville, FL 32601

Bohigian, Alaimo Best Athletes in Sri Chinmoy Games

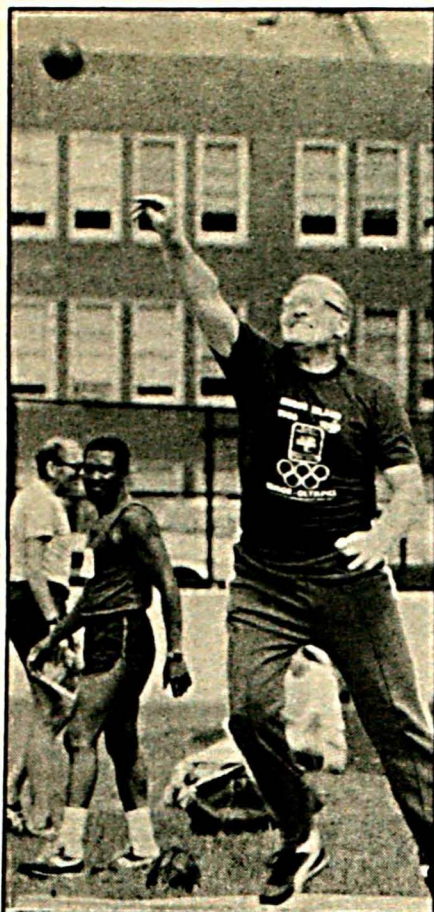
by LAHORY BRUMMELL

Haig Bohigian, National Masters Representative of TAC for the Eastern Region, claimed the day's overall title in the Sri Chinmoy Masters Games, held July 27, in Eastchester, New York.

Bohigian, who jumped into the M50 bracket this year, took first in the 400 (58.71) and high jump (1.32), second in the dash (11.60 for 90 yards) and javelin (32.95), and third in the shot put (10.95). Overall women's winner was Ann Alaimo, 61, of Briarwood, N.Y.

Outstanding field performances were turned in by Len Olson, 54, of Endwell, N.Y., who threw 40.32 in the discus, 36.30 in the javelin, and 13.46 in the shot.

Joan Dash, 53, edged a competitive Ann Cirulnick, 51, in the shotput, winning 8.96 to 8.90. Dash also took honors over Cirulnick in the javelin and discus, throwing 23.46 and 19.50 to Cirulnick's 19.37 and 17.54. □



Len Olson, M50 shot winner, 44-2, Sri Chinmoy Games, Eastchester, N.Y., July 27.

Photo by B. Hart

Butler Sets Hurdle Mark in Texas

by TIM MURPHY

Walt Butler, 45, of Pasadena, California, and Roy Turner, 46, of Dallas, stood out in the sixth annual Texas Masters T&F Championships at Maverick Stadium on the University of Texas campus in Arlington on August 2.

Butler ran a world 45-49 record 14.08 in the 110-meter hurdles (39"), breaking the listed mark of 14.7, set by Iceland's Valbjorn Thorlaksson in 1979, and several of Butler's own pending world marks.

He also edged Turner in a fast 100,

11.2 to 11.4, but Turner evened the score with a 200 win, 22.9 to 23.7.

Fifty meet records were set, and 57 entrants met the Masters All-American Standards. Among the outstanding performances:

— John Hartfield, M40, high jump, 6-8. (He missed a try for a new world M40 mark of 6-10.)

— Rick Rychman, M45, discus, 179-2.

Pat Mitchell, the meet coordinator, and his fine staff of volunteers did a great job and deserve a "Thank you" from all who participated. □

Greenwood Sets Two Hurdle Marks as 157 Compete In Rocky Mountain Masters Games

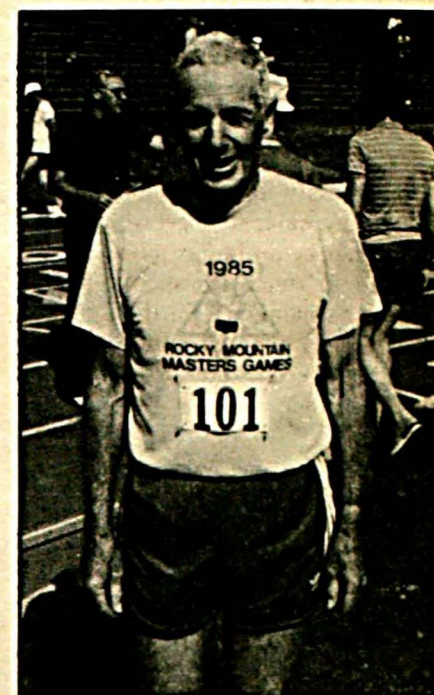
by FRANK BOWLES

Fine weather helped 157 masters athletes enjoy two days of brisk competition at the Sixth Annual Rocky Mountain Games, held at Potts Field in Boulder, Colorado, August 30-31.

As usual in this meet, the sprinting was outstanding. Colorado's George Crunkleton, 30, captured both the 100 (11.00) and 200 (21.74). Hugo Hartenstein, also of Colorado, repeated his national double (11.61 and 23.48) in the 50-54 division, but New Mexico's Gordon Albury edged national champion John Poppell of Florida in a pair of thrillers for the 55-59 titles (12.73 and 25.77).

Aurora's Jack Greenwood, 60, continued his superb season with triumphs in the 100 (13.17) and 200 (26.62). Having previously taken his division of the pentathlon, Jack then set world M60 records in both hurdle races (16.12 in the 110 meters and 65.71 for the 400 intermediates).

The distaff side also sparked. S. Guomndsdottir of Colorado, won the 30-34 sprints in the meet's fastest times, 13.12 and 26.40. Casandra Clark, Texas, captured the 35-39 100



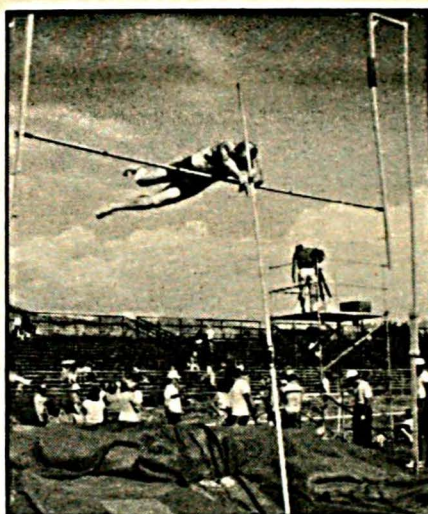
Emmett Bennett, 76, ran the 100 (17.31) and 200 (36.99) in the Rocky Mountain Games in Boulder, August 30-31.

Photo by Dorothy Donley

meters (13.67), 400 (63.94), 800 (2:41.77), high jump (4-6), and long jump (15-3½). Pamela Calvert of Missouri, took the 40-44 100 (13.91), 200 (28.15), 400 (63.38), long jump (15-4¼), high jump (4-2), and triple jump (30-7½). And 72 year-old Pearl Mehl, Colorado, was victorious in the 400 (92.69), 800 (3:36.52), 1500 (7:19.00), and 5000 (26:35.4).

The field events also recorded some brilliant performances. John Hartfield, who last year set a new world M40 record of 6-9 for the high jump in this meet, narrowly missed on his two final tries at 6-9¼. The slender Texan also won the 100 meters in 11.25. Josh Owusu, another Texan, captured the M35 long and triple jumps (23-6¼ and 46-6½). Still another athlete from the Lone Star State, Hans Gordon, was also a double winner, taking the long

Continued on page 12



Olympian Bob Richards, 60, cleared 11-6 in the Rocky Mountain Masters Games.

Photo by Dorothy Donley

Bozeman Club Takes Montana Title

by JERRY WOJCIK

The Big Sky Wind Drinkers TC of Bozeman, Montana won the team championship at the 8th Montana Masters T&F Championships, held on the Montana State University track in Bozeman on August 15-16. The nineteen BSWDTC men and women competitors totaled 231 points, outscoring the Yellowstone Valley TC 18-person contingent from Billings by 102.

Distance-runner Bill Foulk aided the Big Sky cause with stellar wins in the M50 800 (2:21); 1500 (4:45); 5000 (17:18); and 10000 (36:35).

Submaster Debbie Magilke scored all 20 points for the Billings YCC with W35 firsts in the 800 (2:33); 1500 (5:12); 3000 (10:40); and 5000 (18:10).

Spectators and athletes were treated to a rare sight when Herb Kirk, of Bozeman, ran a 21.3 100y in the M90 division to erase Harry Jackson's M85 + American record of 22.2

Weightman Tom Gage, M40, had three firsts for the Yellowstone VTC, including a soaring 195-8 hammer throw.

Herb Anderson, of Bellevue, Colo., whose retirement from masters competition was announced in the NMN, October, '85, competed in several events.

The meet, which has grown from 40 entrants in 1979 to 106 participants this year, drew athletes from surrounding states and Florida, California, and Canada. □

NATIONAL MASTERS NEWS Subscription Form

Masters Athletics is booming!

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Write On Continued from page 2

line if I may drink the water which I brought in a squeeze bottle. The official replied, "This is a track event, not a road race. Drinking water is not given. You will get sponges. You may drink your water, provided you share it with all other runners."

His words were incredulous to me. Sharing my water with everyone in the race would be an impossibility since I intended to run forward at a pace I hoped to maintain. Furthermore, a runner, on a hot and humid weather condition, needs water whether on a road or a track.

Before I was able to evaluate the situation, the gun went off and we began our 25 laps. As the official promised, we were provided with sponges. Consequently, I became loaded with water, especially my racing shoes, supposedly as light as a feather, squelching every step I took. We all endured the heat ordeal and completed the race with rather disappointing times.

But luck ran out on my running friend who participated in the 5K two days later. Again, no drinking water. He did not survive the race. He was overcome by the heat and passed out near the last turn with less than 100 yards to the finish. To make the matter worse, we discovered then there was no emergency medical care available. He was hosed with water and offered liquids. He recovered after a few hours. It was fortunate that this runner survived the heat stroke. This experience does give me a chilling thought because it could have been much worse. Another fellow runner solved his problem by swallowing the sponge water — an unpleasant way of quenching one's thirst.

We are fully aware of the seriousness of dehydration. Safety of the athlete must always be the top priority. Before any further tragedy occurs, let's change the rule and provide drinking water in track events of 5K and 10K races. Also, emergency medical care should be available at athletic events. It is a comforting thought to be assured that the management of all athletic competitions considers the safety of participants the Number One priority.

In all fairness, the 1986 National Championships meet was extremely well-managed and all the officials were most helpful and courteous. I extend my humble thanks for their efforts.

*Toshiko d'Elia
Ridgewood, New Jersey*

The National Masters T&F Championships in Uniondale, N.Y. were well run in many respects: the events were close to schedule, the track conditions were excellent and the officiating was professional.

However, two areas were deficient and should be considered in the future

planning of any major track meet held in mid summer:

1. There was lack of adequate water and cooling capability for the distance events, which were run under high temperature and humidity. If the present rules prohibit providing such amenities, they should be changed. The sanctity of the rule book should not jeopardize the health of the competitor.

2. There were inadequate emergency medical arrangements to cope with accidents. No one was available to handle a heat stroke case. I fell victim to this in the 5K race, but, fortunately, my condition was not severe enough to re-

Continued on page 7



San Francisco Track Club contingent after 4 X 400 relays, U.S. TAC National Masters Championships, Long Island, New York.
Photo by Gretchen Snyder

Saucony



1986 TAC NATIONAL MASTERS 8,000 METER ROAD CHAMPIONSHIP



Individual and Club Team Championships
for Men & Women



SATURDAY, DECEMBER 6, 1986
CLEARWATER/SAFETY HARBOR, FLORIDA

Proceeds for benefit of Suncoast/Clearwater YMCA

PLACE: Start & finish at Safety Harbor Spa, Main St., Safety Harbor, FL. Certified course.

TIME: 8:00 A.M. Saturday, Dec. 6, 1986.

AGE GROUPS: Five year, both men & women, 40-80 plus.

ENTRY FEE: Ten dollars (\$10) — payable to WFYRC.

ENTRIES CLOSE: By mail — postmarked Sat., Nov. 30, 1986. In person — by 7:00 P.M., Wed., Dec. 3, 1986 at the Jogging Center, 2448 East Bay Drive, Largo, FL 33540 (813-536-8585) Positively no post entries.

AWARDS: TAC championship medals to 1st, 2nd, 3rd in each group; ribbons to 4th, 5th, 6th. Championship patches to all winners and to members of winning teams.

TEAM CHAMPIONSHIPS: Three-person club teams: men and women 40-49, 50-59, 60+. All members of a team must be within the same ten year age span. Be sure to request club team on entry blank. Trophies to winning teams. Free team entries.

T-SHIRTS: To all registrants who pick up packets. No packets mailed.

RACE HEADQUARTERS: Safety Harbor Spa & Fitness Center. Race packets can be picked up beginning at 12 noon, Friday, Dec. 5 or at race site race morning. Special Room Rates: \$45.00 per room. Contact: Reservations Office, Safety Harbor Spa, 105 Bayshore Dr. No., Safety Harbor, FL 33572 (813) 726-1161, or \$30.00 per room at Howard Johnson's Motor Lodge, Route 60 & U.S. 19 S., Clearwater, FL 33515 (813) 797-5021.

POST-RACE PARTY & AWARDS PRESENTATIONS: At Safety Harbor Spa at approximately 9:30 A.M. day of race. Beer, refreshments, and good fellowship. We are famous for our parties!

NON-MASTERS: Starting at 9:00 A.M. there will be an open 10K race (Annual "Run for Santa") on a certified course, at 9:00 A.M. at the same site. Contact: Clearwater Family YMCA, 1005 S. Highland Ave., Clearwater, FL 33516 (813-461-9622). Attention: Bob McLean

SPARKLING CLEARWATER: Beautiful beaches. Just 20 minutes from Tampa International Airport, 1½ hours from Disney World, EPCOT, Sea World, Cypress Gardens, Busch Gardens.

Detach and mail to: Dick Lacey, 1207 S. Duncan Ave., Clearwater, FL 33516 — (Phone 813-447-7161)

NAME: _____ AGE: _____ BIRTH DATE: _____ SEX: _____

STREET: _____ CITY: _____ STATE: _____ ZIP: _____

CLUB: _____ BEST 10K TIME in the last year _____

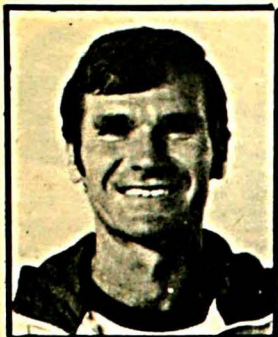
HOME PHONE NO.: _____

I consider myself adequately trained for this competition. I absolve the West Florida "Y" Runners Club and anyone involved in this event from any liability for any injury or illness suffered by me in connection with this meet. If I should suffer injury or illness, I authorize the officials of this meet to use their discretion to have me transported to a medical facility and I take full responsibility for this action.

(signed)

(date)

Enclose \$10, payable to WFYRC.



THE GUN LAP

by MIKE TYMN

The Oldest Achievers

So far this year, Jack Nicklaus has become the oldest golfer to win the masters, Bill Shoemaker the oldest jockey to win the Kentucky Derby, Bobby Allison the oldest driver to win a NASCAR Winston Cup race, and Raymond Floyd the oldest golfer to win the U.S. Open.

It went unnoticed by the media, but Maricica Puica became the oldest woman to break a record in track & field.

For those interested in such things, I have compiled a list of oldest achievers.

31 — Peter O'Connor (Ireland), oldest jumper to win an Olympic gold medal (triple jump), 1906.

32 — Arthur Wint (Jamaica), oldest sprinter to win an Olympic gold medal (4 x 400 relay), 1952.

35 — Maricica Puica (Romania), oldest woman track & field world-record breaker (2,000 meters), 1986.

35 — Mike Boit (Kenya), oldest sub 4-minute miler, 1985. — Viktor Bolshov (URS), oldest to clear 7-feet in high jump, 1975. — Lia Manoliu (Romania), oldest woman Olympic track & field gold medalist (discus), 1968.

37 — Jersey Joe Walcott (USA), oldest to win world heavyweight boxing championship, 1951. — Carlos Lopes (Portugal), oldest Olympic gold medalist, running events (marathon) 1984.

39 — Kareem Abdul-Jabbar (L.A. Lakers), oldest National Basketball Assoc. All-star, 1986.

40 — Ted Williams (Boston Red Sox), oldest major league batting champion, 1958. — Sam Rice (Washington Senators), oldest major league player to get 200 or more hits in a season, 1930. — Gaylord Perry (San Diego Padres), oldest major league Cy Young Award winner, 1978. — Brian Oldfield (USA), oldest to put the shot 70-feet or more, 1985. — Mamo Wolde (Ethiopia), oldest Olympic medalist, running events (marathon, bronze), 1972.

41 — John Flanagan (USA), oldest track & field world record breaker (hammer throw) 1909. — Bob Cousy (Cincinnati Royals), oldest to play in NBA; oldest to score in NBA, 1970. — Cy Young (Boston Red Sox), oldest major league pitcher to throw a no-hitter, 1908. — Arthur Gore (Great Britain), oldest winner of a major world tennis singles championship (Wimbledon), 1909. — Clarence

DeMar (USA), oldest Boston Marathon winner, 1930.

42 — Patrick McDonald (USA), oldest Olympic track & field gold medal winner (56-pound weight throw) 1920. — Warren Spahn (Milwaukee Braves), oldest major league 20-game winner, 1963. — Thane Baker (USA), oldest sprinter to run under 10-flat for 100 yards, 1974.

43 — Ray Floyd (USA), oldest golfer to win U.S. Open, 1986. — Ken Dennis (USA), oldest sprinter to run under 11 seconds for 100 meters (non-wind-aided), 1980. — Alain Mimoun (France), oldest to break 30 minutes for 10,000 on track, 1964.

44 — Pete Rose (Cincinnati Reds), oldest major league player to get 100 or more hits in a season, 1985. — Margaret du Pont (USA), oldest winner of a major world tennis championship, mixed doubles, Wimbledon, 1962. — Ernie Billups (USA), oldest to break 4 minutes for 1500 meters, 1981.

45 — Jack Quinn (Philadelphia A's), oldest major leaguer to hit a home run, 1930. — Stella Taylor (Great Britain), oldest woman to swim English Channel, 1975. — Lis Linsenhoff (West Germany), oldest woman Olympic gold medalist (Equestrian), 1972.

46 — Phil Niekro (New York Yankees), oldest major leaguer to pitch a shutout, 1985. — Jack Nicklaus (USA), oldest golfer to win The Masters, 1986. — Ivan Ivancic (Yugoslavia), oldest to put the 16-pound shot 60-feet or more, 1984.

47 — Bobby Unser, oldest winner of The Indy 500, 1981.

48 — George Blanda (Oakland Raiders), oldest National Football League player; oldest NFL player to score a point, 1976. — Archie Moore (USA), oldest to hold a world boxing title (light-heavyweight champion), 1962. — Jack Quinn (Brooklyn Dodgers), oldest major league pitcher to win a game, 1932. — Tebbs Lloyd Johnson (Great Britain), oldest Olympic track & field medalist (bronze, 50-K walk), 1948. — Julius Boros, oldest winner of the PGA championship, 1968.

49 — Al Oerter (USA), oldest to

throw discus 200-feet or more, 1986. — Bill Fitzgerald (USA), oldest to break 2 minutes for 800 meters, 1975.

51 — H. Hombrecher (West Germany), oldest to put 16-pound shot 50 feet or more, 1977.

52 — Sam Snead, oldest PGA tournament winner (Greensboro Open), 1965. — Gordie Howe (Hartford Whalers), oldest National Hockey League player, 1980. — Jim O'Rourke (New York Giants), oldest major leaguer to play a complete game (catcher), 1904.

53 — Orestes "Minnie" Minoso (Chicago White Sox), oldest major leaguer to get a hit, 1976. — Herm Wyatt (USA), oldest to clear 6-feet in high jump, 1985. — Jan Smiding (Sweden), oldest to throw javelin (800 grams) 200-feet or more, 1985.

54 — Bill Shoemaker (USA), oldest jockey to win Kentucky Derby, 1986.

55 — Dick Bass (USA), oldest person to climb Mount Everest, 1985.

56 — Patrick McDonald, oldest to win an American (TAC/AAU) track & field championship (56-pound weight throw), 1933.

59 — Leroy Satchel Paige (Kansas City A's), oldest major leaguer to appear in a game, 1965. — Tom Patsalis (USA) oldest to long jump 20-feet or more, 1981.

61 — John Gilmour (Australia), oldest to run a sub 5-minute mile, 1980. — Clive Davies (USA), oldest to

exceed 10 miles in one-hour run, 1976.

64 — Payton Jordan (USA) oldest to break 11 seconds for 100 yards, 1982. — Oscar Swahn (Sweden), oldest Olympic gold medalist (shooting), 1912.

65 — Ashby Harper (USA) oldest to swim English Channel, 1983. — Bill Gist (USA), oldest to clear 5-feet in high jump, 1985.

72 — Oscar Swahn (Sweden), oldest Olympic medalist (shooting), 1912.

74 — Harold Chapson (USA), oldest to run a sub 6-minute mile, 1977.

79 — Herbert Anderson (USA), oldest to clear 4-feet in high jump, 1981.

82 — Harold Chapson (USA), oldest person to run 400 meters or 440 yards faster than his age, 1984.

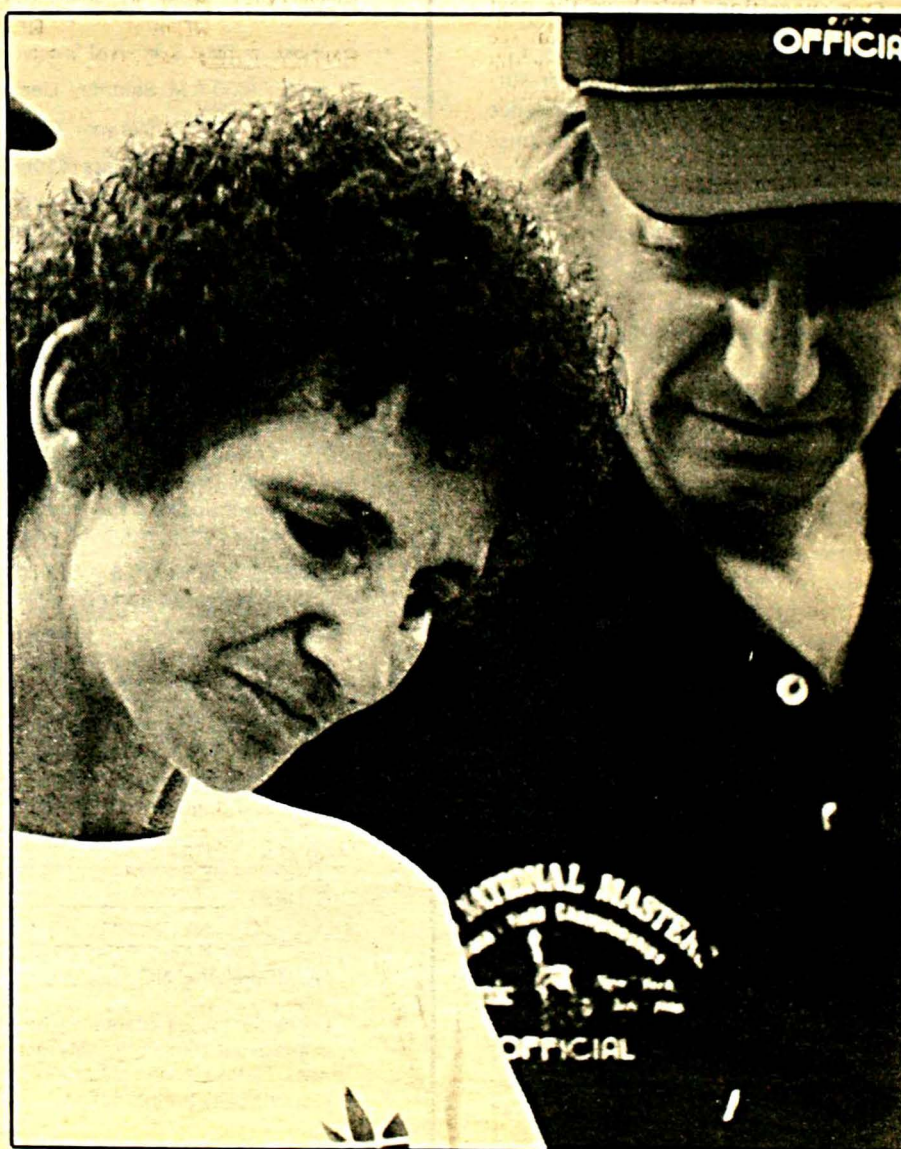
87 — Ruth Needham (USA), oldest woman to score a hole-in-one, 1983.

97 — George Selbach (USA), oldest man to score a hole-in-one, 1983.

98 — Dimitrios Yordanidis (Greece), oldest to finish a marathon, 1976.

100 — Arthur Thompson (Canada), oldest person to match or better his age at golf, 1959.

(Note: I intend to add to this list and use it in a book having to do with outstanding achievements by athletes over the age of 35. I invite additions or corrections to the above. Send them to Mike Tymn, 1524 Uluhao St., Kailua, HI 96734.) □



Sandy Pashkin, left Meet Director, U.S. TAC National Masters Championships, Long Island, New York, solving problem with track official at Mitchel Field
Photo by Gretchen Snyder

Write On

Continued from page 5

quire hospitalization.

Let's make our future meets perfect in all respects.

*Jim McGilvray
Ridgewood, New Jersey*

Sandy Pashkin and her staff did a fine job with the 1986 nationals. Al Sheahan did a fine job in the announcer's booth — knowledgeable, dramatic, exciting, informative. I would like to make a further contribution as an NMN sustainer with the enclosed check for your fine service to masters and sub-masters athletes.

*Dennis Martz
West Bloomfield, Michigan*

AGE-HANDICAPPING MEET

I congratulate Al Sheahan, the editor of NMN, for the great "Age-Handicapping" Track & Field meet he put on August 23. It was not only different, to say the least, but one hell of a lot of fun.

When one considers all the intangibles he faced in setting up and conducting this meet, he did one hell of a job.

In this meet, only age counted (not prior times), and it was fun running against 30, 40, 50 and 60-year-olds in the 100 and 200 meters. It was weird to be leading with 10 meters to go and then have this herd of buffalo catch you at the finish line.

One suggestion: let's have the next one early in the season so we can see where we are in our training for the coming season. Those of you who missed it, missed a lot of fun, something that masters meets have been lacking over the past decade.

*Al Guidet
California City, California*

Thanks for a good meet. I enjoyed it and hope you will be encouraged to do it again.

*Jim Vernon
West Covina, California*

MASTERS TOUR TO CHINA

I have just returned to Australia

after a very enjoyable and interesting tour of China with Helen Pain and her U.S. group of masters through Beijing, Nanjing, Wuxi and Hangzhou.

We had a track meet at Nanjing, and two good road runs in Hangzhou. I found the Chinese very friendly, and they did everything possible to make us feel welcome. The hotels were great and the food was good. The only black mark is the 100-degree weather in August is too severe for racing.

I was surprised not to see more Americans on the trip, for I have been with Helen on other trips and there

Continued on page 9



The Pacific Flyers team from Sacramento, Calif. placed 3rd in the M40-49 division in TAC's National Masters Marathon Championships in Olympia, Wash., on July 27. L-to-r: Fred Mattos (3:05:38), Bob Lindsey (2:34:34 and Jon Shelgren (2:46:00).
Photo by Carole Langenbach

TAC NATIONAL 5K CROSS COUNTRY MASTERS CHAMPIONSHIPS BRONX, NEW YORK



DATE: OCTOBER 26, 1986

TIME: START -11:00 AM (SECTIONS AS ENTRIES WARRANT) CHECK IN: 10:00 AM

PLACE: VAN CORTLANDT PARK CROSS COUNTRY COURSE (251st ST AND BROADWAY)

ELIGIBILITY: MEN AND WOMEN 30 AND OVER WHO ARE MEMBERS OF TAC

PRIZES: INDIVIDUALS - 1st, 2nd AND 3rd IN 5 YEAR GROUPS (30-34, 35-39, ETC)

TAC TEAMS - 1st, 2nd & 3rd IN 10 YEAR GROUPS (30-39, 40-49, 50-59, 60-69, 70+)

SCORING: MEN AGGREGATE TIMES - 5MEN 30-39, 40-49, 50-59; 3MEN 60-69, 70+

WOMEN - 3 WOMEN SCORING BY POSITION (30-39, 40-49, 50-59, 60-69, 70+)

ENTRY FEE: \$5.00 PER PERSON, \$15.00 PER TEAM IF ENTRY RECEIVED BEFORE 10/1

\$10.00 PER PERSON, \$20.00 PER TEAM - RECEIVED BETWEEN 10/1-10/18

POST ENTRY: NO POST ENTRY - ALL ENTRIES MUST BE RECEIVED BY 10/18/86.

DIRECTIONS: CAR - VAN CORTLANDT SO. EXIT ON MAJOR DEEGAN THRUWAY

TURN RIGHT ON BROADWAY - TO 251st STREET

TRAIN - #1 B'WAY LOCAL TO 242nd STREET - WALK 4 BLOCKS NORTH

COURSE WALK/JOG: 1PM SAT - 10/25 (MEET AT TRACK STADIUM - 240th & B'WAY)

9:30AM SUN 10/26 (AT CHECK IN ASK FOR TEDDY FOY)

MAIL ENTRIES TO: NY MASTERS 77 PROSPECT PL. BROOKLYN, NY 11217

MEET DIRECTOR: TEDDY FOY

OFFICIAL ENTRY BLANK may be copied

PLEASE PRINT

NAME _____ BIRTHDATE _____ AGE _____

SEX M _____ F _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____ TAC# _____

PHONE _____ TAC CLUB _____

TEAM ENTRY (ONE PER TEAM) AGE OF TEAM _____ SEX _____

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Nine Join Sustainer List

Nine more masters supporters have joined the National Masters News Sustainers — those who contribute funds to provide additional support to the National Masters News and the Masters athletics programs.

They are: Jimmy Weaver, Tom Allison, E.L. Bost, Allen McDaniel, W.M. Paisley, John Connor, Richard Reaume, Pete Fetter and Bob Watanabe.

We welcome your support. Send your contributions to NMN, PO Box 5185, Pasadena, CA 91107.

DATE _____ ATHLETE'S SIGNATURE _____

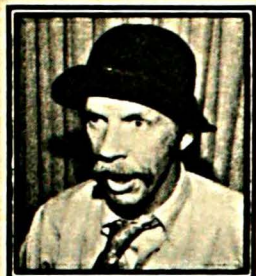
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On Approaching Every Problem With an OPEN MOUTH

by W. MacDonald MILLER

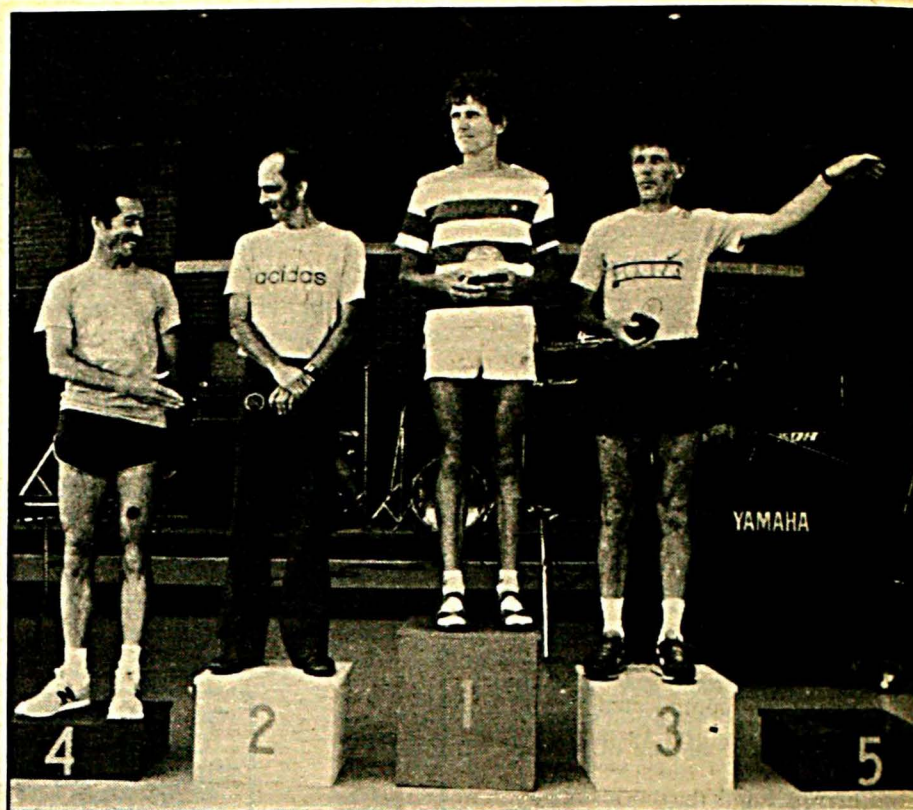
Blessing Counting

Several years ago I almost finished writing a book called, *Morons I've Known*. It was an intimate, free-wheeling, non-fiction thing that focused primarily on my children. The story certainly didn't exclude their many friends and acquaintances who dutifully supported the title. That was before a couple of things happened. First, youngest daughter, inspired by new surroundings as a California college student, wrote an award-winning essay titled, *Woman on Top*. A biased point of view, to say the least, but certainly not the work of a moron. Second, fellow Masters Athlete Bill Cosby, beat me to the bookstands with his best selling, *Fatherhood*.

Timing and luck have not been important allies to me for a long, long time, it seems. A day late and a dollar short. I was just about ready to really get frustrated when I was reminded, once again, to continue hope and, at the same time, count my many blessings. At times like these I try first to focus on the larger issues: God has a plan for me to rule the world; someday I will understand what DNA is all

about; my dream of an obscene phone call from a covey of sex-charged, teenage girls threatening to sit on my face will materialize.

It's always at about this stage of blessing-counting that I'm smacked soundly to earth by the cruel truth of something all of us take so entirely for granted. Running, jumping and throwing. Just image for a moment if these activities were no longer feasible. You



Winners in the 40-44 division of the 1986 U.S. TAC National Masters 10K Championships, August 9, in Asbury Park, N.J. From left: Ed Oxlade (31:47), Mick Hurd (31:11), Chris McCubbins (30:49) and Dick Milne (31:27). Missing is Barry Brown (32:01). Photo by Valentine

ATHLETES WHO ENTER A NEW DIVISION THIS MONTH OCT. 1986

ATHLETE (RESIDENCE)	BIRTHDATE	AGE GROUP
HELEN DEMPSEY (TRENTON, NJ)	10-29-26	60-64
SHIRLEY DIETDERICH (BERKELEY, CA)	10-15-26	60-64
DONNA FERRARI (SAN FRANCISCO)	10-21-31	55-59
PATRICIA FRANKUS (US)	10-4-26	60-64
DONNA GOOKIN (SAN DIEGO, CA)	10-12-36	50-54
SUSAN HENDERSON (BOULDER, CO)	10-16-46	40-44
SUE JOHNSON (OAKLAND, CA)	10-21-41	45-49
MARY LUKER (HOUSTON, TX)	10-20-41	45-49
JARI SMART (US)	10-10-41	45-49
SARA ZINMAN (PT. LOOKOUT, NY)	10-22-31	55-59
AINA ALKSNE (URS)	10-25-31	55-59
LEEN VAN BREMDT (BEL)	10-5-46	40-44
LESLEY FOLEY (AUS)	10-20-26	60-64
ASTA LARSSON (SWE)	10-23-31	55-59
CISSIE MALAN (S.AFR.)	10-4-21	65-69
URSULA MIEHE (WG)	10-4-41	45-49
ELISABET MIGHOFER (WG)	10-18-16	70-74
RONA PATTERSON (NZL)	10-15-41	45-49
ILEANA SILAI (ROM)	10-11-41	45-49
RAY ADAMS (WASH., DC)	10-2-36	50-54
REGINALD AUSTIN (AUST)	10-16-36	50-54
THANE BAKER (DALLAS, TEXAS)	10-4-31	55-59
RICHARD BERGENBECK (CHATTANOOGA, TENN)	10-23-26	60-64
VICTOR BLANCO (SPAIN)	10-21-06	80+
FRANK DEBERNARDI (SAUGUS, CALIF)	10-12-21	65-69
FRANK DUARTE (LOS ANGELES)	10-20-41	45-49
RUDY ENDERS (POTOMAC, MD)	10-19-31	55-59
JIM GORRELL (APPLE VALLEY, CALIF)	10-15-21	65-69
KENT GUTHRIE (PLEASANT HILL, CA)	10-22-36	50-54
HERMAN HAND (PA)	10-29-16	70-74
SIMO HELMINEN (FIN)	10-28-31	55-59
TORSTI HELMINEN (FIN)	10-16-36	50-54
RUDY HOCHREITER (AUSTRALIA)	10-26-26	60-64
JONATHAN HUTCHINSON (TORRINGTON, CONN)	10-19-21	65-69
DONALD JACKSON (OAKDALE, CA)	10-25-26	60-64
JOSE KOPITAR (YUG)	10-11-31	55-59
EINO LEPPANEN (FINLAND)	10-18-16	70-74
BILL MCCAFFREY (CROTON, NY)	10-2-26	60-64
WALTER MCCONNELL (WHARTON, NJ)	10-2-31	55-59
BERNARD METCALFE (GB)	10-19-16	70-74
BILL MORALES (SANTA ANA, CALIF)	10-17-16	70-74
KEN MUELLER (BELLINGHAM, MASS)	10-2-36	50-54
JOHN PATTERSON (US)	10-41	45-49
WALTER RENAUD (MALDEN, MASS)	10-24-31	55-59
JAKOB SCHUMANN (WG)	10-4-01	80+
CARL WALLIN (HANOVER, NH)	10-4-41	45-49
GEORG WOLFF (WG)	10-4-16	70-74

think that's crazy? You think for one minute there aren't people right now who are working day and night to prove something — anything to discredit these wonderful disciplines. Just for the sake of conversation, let's say science proves beyond any doubt that running causes cancer and worse yet, could shorten one's life expectancy. Can you imagine the ramifications of such a finding? Let me point out just a few:

1) Mike Tymn will be back doing humor for *Funeral Parlor News*.

2) Ken and Jen will get lucky, since recently a call went out for people who might be interested in counting the grains of sand in the desert.

3) Ditto for Sturak (luck that is). With the relaxed attitude on hair, he will no doubt be able to re-up in the Navy.

4) Bess James and Ann Clarke, like all grandmothers their age, will have to put their clothes back on. Ditto for Sister Irvine.

5) Al Sheahen will be back in Cleveland trying to figure out how a Shanty Irish gets into Shaker Heights.

6) Hal Higdon will no longer be known as a running jerk.

7) Bob Boal will become a recluse and live as a mountain man. What else could a man do with a yellow beard?

8) Chuck Klehm will continue to travel every week with his shot put and discus. Upon arriving he will throw them around a few times and then go home.

9) Ron Fox will simply be a pervert again.

10) Dave Pain will begin organizing the fencers into age group competition. Jousts will be available to everyone except people from Eugene, Oregon.

11) Goodbye orthotics! This will allow the Podiatrists of the world to get back to heart surgery.

12) Law enforcement will have a problem. The women that running brought to Central Park had reduced rape and mugging by 40 per cent.

13) Dean Reinke might finally be forced to get a real job.

14) Joe Henderson will simply continue writing about "Sugar and spice and everything nice."

As for me? No big deal, I'll probably go back to the ministry. In case you've forgotten, I still own what's left of a chain of small churches in southern Wisconsin. Had I stayed with it I'd no doubt be nationwide by now. Sure I got greedy. When running was at it's high water mark and I was certain I'd never sing another hymn, I sold the east coast right to Fred Leblow and the west coast to Hilliard Sumner. I remind you, it's not that easy to make an honest living, either.

Better yet, stop bellyaching and count your blessings. You'll never have greater riches than health, happiness and maybe a little fooling around once in a while. □

Need Back Issues?

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P.O. Box 2372
Van Nuys, CA 91404

U.S. vs. Canada Cross Country Challenge Set

by BOB LANGENBACH

The 10th U.S. vs. Canada Masters Cross Country Challenge will be held November 1, 1986 in Sunset Park (13659 18th Ave. South, Seattle, WA), just north of Sea-Tac Airport. For seven of the previous competitions, the Canadians have retained or regained the coveted Fleischman Trophy. Only in 1978 in Seattle and in 1984 in Syracuse has the U.S. won the event.

The competition is in 5-year age groups for women 35-and-up and men 40-and-up. The winning nation will be determined by the lowest combined number of finish points for all five-year age groups for both men and women. The complicated scoring for the trophy penalizes a country if it has no entrants in a 5-year age group, but otherwise limits the scoring members in an age group to the fewest starters from either country.

This year the 10 kilometer challenge race will be held on a demanding three-loop course on trails and fields. It is planned to use this course for next year's TAC National Masters 10K Cross-Country Championship.

In the U.S., the masters program stresses participation, and in this event, we need as many men and women as we can get in each age division. Hope you can join us November 1 for competition and camaraderie. See entry form on this page. □

Write On Continued from page 7

have been at least two coaches on each. Well, I can assure you, you missed out on a great tour. When it comes up again, make sure you don't miss out. The Chinese even want us back, next year, but we told them you were all coming to Australia.

I made a lot of new friends and I'm looking forward to meeting them again in Melbourne in 1987.

John Gilmour
Seeming, West Australia

W. MACDONALD MILLER

I heartily applaud and second George Heller's letter in the September NMN, in which he condemns Wendell Miller's display of poor taste in his August column.

As a matter of fact, I question the validity of publishing Miller's stuff at all. What he has to say has little if any interest, relevance or importance. And he should realize that nothing is more pathetic in writing than an author who tries to be humorous and satirical and isn't.

In spite of "Approaching Every Problem with an Open Mouth" NMN is an excellent publication. But do we have to put up with Wendell Miller every

month? Surely there must be something better!

Dick Lacey
Clearwater, Florida

(Miller is the Howard Cosell of masters athletics. Some enjoy his humor and think he's the best thing in the paper; others disagree. Let's take a poll. What's your opinion of W. MacDonald Miller? Shall we keep him, or send him packing to the home for the terminally gross? — Ed.)

BOZEMAN MEET PRAISED

While on my way to visit my parents

in Lake Tahoe, I thought I'd have some fun along the way, so I attended the 8th Montana Masters Track & Field Championships in Bozeman. While the 4700-foot altitude limited some of my fun, the friendly atmosphere and personal warmth of the competitors was second to none.

I have competed at the highest world level, but never have the competitors and spectators showed a better awareness that "effort" should be more rewarded than performance. The meet officials were excellent and extremely accommodating, considering

that some of us have some strange idiosyncrasies.

To those Montanans and "out-of-staters" who were behind me, ahead of me, to the side of me and timing me, you have made my vacation.

George W. Smith, III
Edmonton, Alberta, Canada

ACKNOWLEDGE RECORD SETTERS

NMN should headline world age-group records for race walking, as well as for track & field and long distance running.

Continued on page 12



1986 U.S. versus Canada Masters Cross Country Challenge Pacific NW Athletics Congress Masters Championship

Sat. Nov. 1, 1986 11 a.m. Seattle, WASH



Come join us for the 10th running of a cross country foot race challenge between the U.S. and Canada. Sanctioned by PNAC/TAC.

COURSE: 10 kilometers (3 loops) of trails and fields through Sunset Park in south Seattle (13659 18th Ave. South: 3 miles north of Sea-Tac Airport). Spikes may be worn.

ELIGIBILITY: All men 40 and over and women 35 and over on the day of the race are eligible to compete.

U.S. athletes: U.S. residents must be registered with TAC (The Athletics Congress). Any U.S. runner who does not have an '86 card may sign up on race day for a membership which will be valid from Nov. 1, 1986 through Dec. 31, 1987 for \$7.00.

Canadians: Canadian runners must belong to CTFA, CMAA, or BC Athletics.

FEE: By mail until Oct. 30 - \$5 U.S. and \$7 Canadian funds.
Day of race - \$6 U.S. and \$7 Canadian. Make checks payable to Snohomish Track Club.

RACE DAY: Registration will take place from 9:30 a.m. to 10:30 a.m.
Race begins for all divisions at 11 a.m. All participants and spectators are invited to attend the awards ceremony/social after the race.

AWARDS: The Fleischman Challenge Trophy, emblematic of this event, will be awarded to the winning national team. Ribbons will be awarded to the top 6 finishers in each 5-year age division.

SCORING: The overall team (nation) winner will be determined by the lowest combined number of finish points for all 5-year divisions for men and women up to 90+. The lowest number of starters from either country will determine the scoring base for that age division. If one country has no competitors in an age division, it shall be assigned points for a maximum of two runners who would finish behind all competitors in that age division from the other country.

PNAC CHAMPIONSHIP: Masters runners (40 and up for men and women) who are registered with TAC in the Pacific Northwest Association are eligible. The winner of each 5-year age division will receive a CHAMPION patch.

RACE DIRECTOR: Send entry form to Bob Langenbach, 4261 S. 184th Street, Seattle, WA 98188 (206)433-8868

— — — entry form — clip and mail — may be copied — — —

Name _____ birthdate ____/____/____ age on race day ____
please print

Address _____ city _____ state _____ zip _____

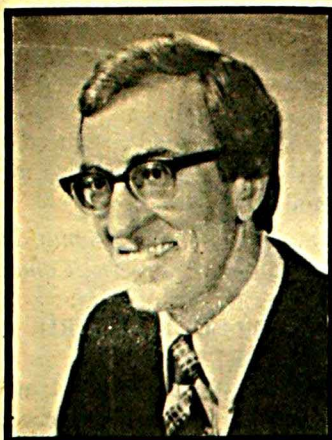
Sex: M ___ F ___ TAC# or CTFA/CMAA # _____ (required)

Home phone _____ ☐ I am a U.S. resident and will purchase a TAC card on race day (\$7).

☐ Please send info on accommodations.

WAIVER: ALL MUST READ AND SIGN BELOW I hereby release the Snohomish Track Club, the PNAC, the Greater Highline Community Parks Board, the Port of Seattle, King County Parks, and any other agencies or individuals from responsibility for any injuries or damages I may suffer as a result of my participation in this event. I attest that I am physically fit and have trained for competition in this event. I have read the entry information and certify my compliance by my signature.

Signature _____ Date _____



FROM THE Editor

by AL SHEAHEN

How To Run An Age-Graded Track Meet

“A very enjoyable concept and a fine meet,” said Will Robinson, 55. “A decidedly different challenge; it took a strong effort by the youngsters to challenge the older runners,” said Spencer Robinson, 32.

The comments from the participants in the first annual National Masters News Age-Handicapping Track & Field Meet, held on August 23 in Van Nuys, Calif., were favorable. For a first-time effort, the event turned out well.

As reported in the story of the meet on page one, it was the first known meet to utilize age-handicapping for all events. In the track events, the older runners got a head start; in the field events, inches were added to each performer's effort, based on age and sex.

The success of the meet suggests that the concept could be the wave of the future for small, local masters meets. Even though only 72 signed up (attendance was lowered by lack of discus, javelin and hammer facilities), most events had full fields and intense competition. The participants enjoyed competing against younger and older athletes, everyone seemed to enjoy the close finishes, and the trophies were meaningful because, if you won one, it meant you were the best in your event — among all athletes of all ages. Perhaps best of all, no one felt “out of the race” or embarrassed, as often happens to a slower runner in a regular masters meet. There was always an older runner ahead of you, or a younger runner behind you. You had plenty of company. In that way, it was a bit like a road race, where only one person out of many can be “embarrassed” by finishing “last.” Moreover, a person at the “wrong end” of his or her age-division (49, 54, etc.), could compete on an equal level with anyone of any age.

The meet was not difficult to organize, and the handicaps were easy to figure, based on tables compiled by TAC Masters T&F Records Chairman Pete Mundle, and Dr. Track's *Runners' Time Standards*. We will be happy to provide any interested meet director with the tables, and a brief guide on how to set the meet up.

Basically, the meet is divided into three categories:

1) Distance Handicap Events (100, 200, 400, 400H).

As explained in the story of the meet, each competitor in the 100, 200,

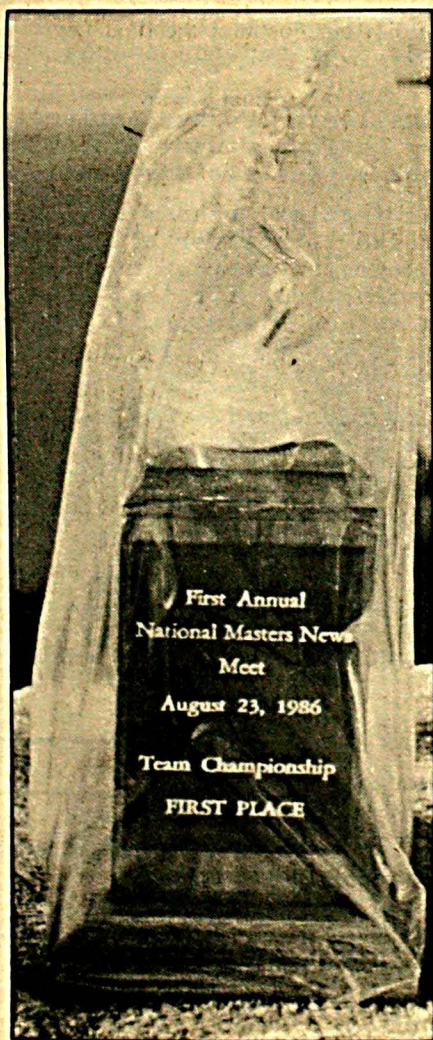
400 and 400H runs less than the full distance, based on his or her age. To find the distance handicap for each age, just look at the NMN tables. Or, if you'd like to do the figuring yourself, get a copy of Dr. Track's *Runners' Time Standards*. Then:

a. Find the men's open class time standard for 100 meters. It's 9.91, which is approximately the world record.

b. Find the time standard for the competitor's age. For example, for Walt Butler, 45, it's 10.76. Theoretically, that's what Carl Lewis could run at age 45 if he stayed in shape.

c. Divided 9.91 by 10.76 = .921.

d. Multiply .921 by 100 meters (the



Award of the team trophy for the 1st Annual National Masters News Age-Handicapping T&F Meet went to the Corona del Mar Track Club.

Photo by Gretchen Snyder



Start of the 1500-meter run in the Age-Handicapping meet. Gunnar Linde, 57, the oldest runner in the race, starts with the gun. He was followed shortly by younger runners Debbie Heaton, 37, (left), (I need the results to get the name) He finished 3rd, (center), and others not pictured, who tried to catch him. Linde held off all challengers to win in 5:01.

Photo by Gretchen Snyder

distance of the race) = 92.1 meters, the distance Butler must run.

e. At the track, mark Butler's starting line 92.1 meters from the finish line, or, more simply, 7.9m from the normal starting line.

f. Repeat the same procedure for all other entrants.

g. The gun goes off, and the first runner to the finish line wins.

To figure the distance handicaps for the 200, 400 and 400H, use the same calculations (but adjustments must be made for the older ages, so you may need the NMN tables).

In the NMN meet, Butler won the 100 with a time of 10.8 with his handicap of 7.9m. If Carl Lewis had been there, Carl would have run about a 10.5 (he normally runs 10.1, but this was into a wind). So, theoretically, Lewis would have caught Butler near the finish and won.

What time would Butler have run if he had maintained that same pace for the full 100 meters? Simple to figure: just divide 10.8 (the time it took him to run 92.1m) by 92.1 and multiply by 100 meters, and you get 11.7. You can figure any of those four events the same way.

Looking at the 400, Ben Brown, 32, got a 15-meter handicap, and ran 46.1. So a 22-year old, running from scratch, would have had to run 46.0 to beat him. Brown's race, therefore, was close to national class. (He has run 47.7 in open competition this year.) To determine what Brown would have run if he had maintained the same pace for the full 400 meters, we divide 46.1 by 385 meters (the distance he actually ran), and multiply by 400 to get 47.9 — an outstanding effort. It took a great performance to beat Gene Harte (47.0) and Bob Watanabe (47.7), two of the best 400-meter men in the M60 division in the world.

Another interesting statistical note: if you take Harte's time of 47.0, and divide it (as we did for Butler and Brown) by the distance he ran (322m), we get $47.0/322 \times 400 = 58.4$. Harte is fast, but he's not that fast. (He has run close to 60.0 this year.) So why so fast? Elementary, Watson. Because he only had to run 322 meters, not 400, so he

was able to run at a faster pace. We factored all that into the handicaps and it was the trickiest part of the handicapping system. (And, in all candor, it probably needs some fine tuning.)

2) Time Handicap Events (800, 1500, 5000)

These events went smoothly, although the 1500 field was small. To figure the time handicaps for the 800:

a. Find the time standard for the oldest (by age and sex) runner. In NMN's meet, it was Bess James, 76, whose time standard is 3:27.75. Theoretically, that's what Mary Decker Slaney could run at age 76 if she stayed in shape.

b. Round off the time to 3:28. That will be the base time from which all time handicaps are figured.

c. Find the time standard for all other competitors by age. In NMN's meet, for example, George Cohen, 46, had a time standard of 1:55.32. Round off to 1:55.

d. At the gun, the clock starts and the oldest runner (Bess James) begins to run. Cohen starts 1:33 later (3:28 - 1:55). Others follow, according to their individual time standards. Each participant runs the full 800 meters. The first one to the finish line wins.

Cohen won the event in 3:39.0. Since he started 1:33 after the gun sounded, his actual running time was 2:06.0.

The 1500 and 5000 are figured the same way.

3) Field Events and Short Hurdles

Here the competition takes place in the normal way, and then the age-handicaps are added (or subtracted, in the case of the hurdles) to determine the winner. It's not quite as exciting as the running events, but there's no other way to do it. And you still get one overall best performer. To figure the handicaps, you must use the tables compiled by Mundle.

The only question here was whether to do the figuring in meters, or in feet/inches. For ease of measurement and understanding, we used feet/inches. However, that's a bit complex when you try to add it up in the heat of the moment. It's easier to add and sub-

Continued on page 11

From the Editor Continued from page 10

tract in meters, but it's clearer to most Americans in feet/inches.

The concept of age-handicapping is already generating interest in other nations.

Modified age-handicapping was tried in the Netherlands national championships last June. In each event, one set of medals was awarded (but men and women were separated). Jan Parlivliet writes from Holland:

"I feel we have to develop such a system, but good corrections are hard to obtain for the 70+ categories in men, and with all categories in women. Also, vets may find running less than the full distance unsatisfactory, as they will not know their performance for that distance. Thus, we did not use distance handicaps, and kept the women separate."

Those are two legitimate concerns.

1) The tables compiled by Dr. Track and Mundle are based on over 20 years of performances. While the older men's and women's tables will certainly need fine tuning as more data is gathered, there seems to be enough data already available to get a pretty fair line on what the handicaps should be. It may not be perfect. But it's close.

2) What about running less than the full distance? This worried us, too, so on the entry form, we said anyone could run the full distance if he or she so chose. And during the meet, we personally offered five runners the option of running the full distance. All five said they'd rather try to win, and took the handicap.

Still concerned, we sent out a questionnaire after the meet, asking: "Did you like the head start in the 100, 200, 400 and 400H, with the winner being the first to cross the finish line? Or would you prefer to run the full distance, and then have the handicaps figured later (as is done in the field events)?"

The response: 13 favored the head start. Three preferred running the full distance.

While still not conclusive, the excitement and the drama of the "head start" seems to outweigh the desire to "get a time" for one's event.

Other responses to the survey were:

- 1) Did you enjoy the meet? Yes 24, No 0.
- 2) Did you like the handicapping system? Yes 19, No 3.
- 3) Would you participate in a similar meet next year? Yes 24, No 1.
- 4) Should we hold it on Nov. 14, 1987, just prior to the VII World Games in Melbourne? Yes 17, No 4.
- 5) What season would you prefer? Spring 7, Summer 5, Autumn 6.
- 6) Did the handicaps seem fair? Yes 19, No 3.
- 7) Did your event(s) go smoothly and professionally? Yes 23, No 1.
- 8) Were you disappointed that only the first three finishers got trophies? Yes 1, No 20.
- 9) Would you prefer trophies or medals? Trophies 11, Medals 5.
- 10) Would you like to see cash prizes? Yes 6, No 14.
- 11) Shall we continue the team

award? Yes 19, No 1.

12) Should late entries be taken? Yes 15, No 7.

13) If a competitor false starts, should he/she be disqualified (4), get a second chance (11), be moved back one meter (7).

14) Do you prefer the term "age-handicapping" (11) or "age-grading (9)?"

15) Do you prefer meters (7) or feet/inches (11)?

16) Would you like to see open athletes invited? Yes 13, No 9.

17) Would you like to see several

local meets use age-handicapping? (8). Or is one meet a year enough? (10).

So, in summary, the response was good, and we thank everyone who participated or helped out. There were far less bugs in the system than we feared. It's not perfect, but it seems to be an ideal way to add interest and color to local meets, and to eventually increase attendance at masters and veterans meets throughout the world.

We'll do it again next year, and we encourage you to give it a try in your area. We'll gladly supply the tables and free advice. □

1st Age-Handicapping Meet a Success Continued from page 1

each of her three events.

In the 100 meters, Butler actually ran 92.1 meters, Newton ran 88.3m, and Watanabe, 84.6m. The older the runner, the more of a "head start" he or she got. In the heats, James ran only 56.1 meters, leading all the way until she was passed in the last few strides. Cleveland Streeter, the "baby" of the finalists at 32, ran 97.1 meters. Had Carl Lewis been there, he would have run the full 100 meters.

Standing at the start before the final, Butler was sizing up Newton, Watanabe, Fred Niedermeyer, Gene Harte, Al Guidet and Will Robinson, who were getting into their blocks several meters up the track.

"Those guys are tough; I'll never catch them," he said, shaking his head.

He did, but not until the final few meters.

"The 100-meter final was an 'event,' said Frank Kishi.

Elmer Siegel, 71, who placed third in the pole vault, said: "I enjoyed the meet, especially the races with the older men running less distance; the finishes were fun to see."

The key to the successful meet was the age-handicapping tables compiled by world and U.S. masters T&F Records Chairman Peter Mundle, and Dr. Track's *Runners' Time Standards*.

Using the tables, it was relatively easy to figure the proper handicaps and, for the 100, 200, 400 and 400H, mark the proper starting spot on the track. It was uncomplicated, and can be done by any meet director, anywhere. (NMN will happily supply the handicaps to any interested meet director.)

In the 400, Ben Brown, 32, got a 15-meter handicap and won in 46.1 over Watanabe and Gene Harte, 61 (who had gotten handicaps of 75 and 78 meters, respectively). Gretchen Snyder, 52, (80m hcp) edged Bess James, 76, (180m hcp) at the wire, 50.5 to 50.8, for fourth.

George Cohen ran away with the 800. With the oldest runner (James) starting at :00, Cohen started 1:33 later, and wound up with a total winning time of 3:39.0. It was easy for him to figure his exact time for the distance

(3:39 - 1:33 = 2:06.0). Dr. Track himself, Charles Phillips, 57, who had flown in from Washington D.C. to observe the proceedings, finished second to Cohen in 3:48.9 (actual 2:25.9).

The 5000 was an exciting race, with Jim Brownfield, 54, cutting relentlessly into the 23-second head start of Patrick Devine, 57, as each lap went by. Devine had something left, and held Brownfield off by only 1.6 seconds.

The field events were conducted in the normal manner, with the handicaps added in to determine the winner. Thus, Burl Gist, 66, high jumped 4-9; Nick Newton, 53, leaped 5-7. But when Gist's handicap of 2-5½ was added to his 4-9, his total was 7-2½. Newton's handicap of 1-7 gave him a total of 7-2 for second place.

Points were scored on a 6-4-3-2-1 basis to give the meet a little extra flavor. The Corona del Mar Track Club narrowly defeated the Los Angeles Valley Athletic Club, 52-50, to cop the team trophy. (Preliminary calculations had LAVAC on top, 50-46, but a gold medal in the shot by CDM's Jack Thatcher was overlooked.)

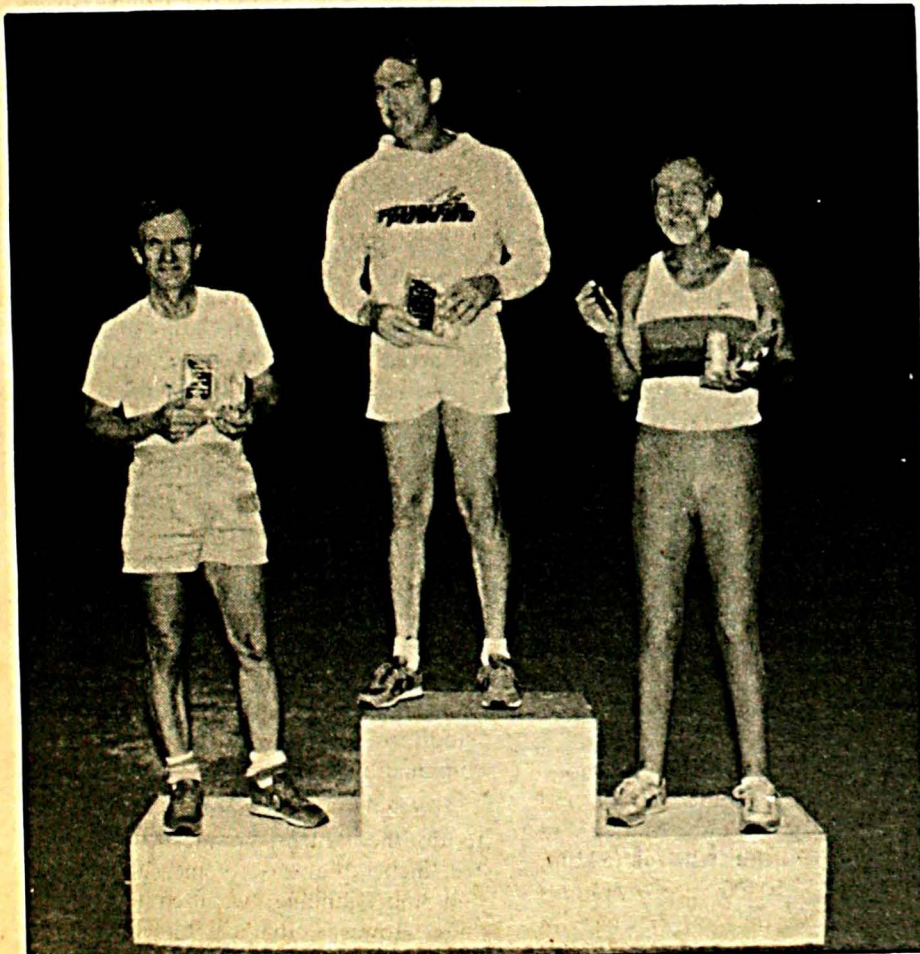
Individual high-point honors went to Gist, who tallied 14 points with two wins (high hurdles and high jump) and a 4th (long jump). That's an outstanding effort against this kind of competition and clearly stamps Gist as one of the top masters in the world. Of course, we knew that already, but this adds to his reputation.

Also performing at a very high level were Harte (12 pts.), and Watanabe, Patsalis and John Damski, 71 (all with 10 pts.). And right behind were Dave Douglass, 54, (9), Newton (8), Edith Mendyka, 75, (7) and Jim Vernon, 69 (7).

Engraved trophies were awarded to the first three finishers in each event in a special victory-stand presentation.

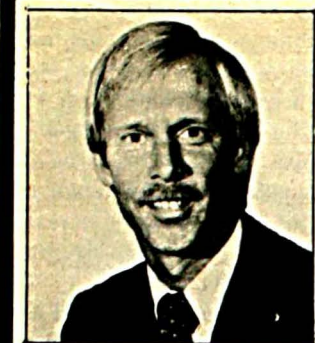
The local paper, the Daily News, took a strong interest in the meet, running a story, a profile, and complete results.

For a detailed discussion of how the handicaps were figured, and the prospects for future meets, see "From the Editor" on page 10. □



400-meter hurdle winners on the victory stand at the National Masters News Age-Handicapping Meet in Van Nuys, Calif., August 23. From left: Will Robinson, 55, 2nd; Bill Knocke, 46, 1st; Dave Douglass, 54, 3rd.

Photo by Gretchen Snyder



Pagliano's Pediatric Pointers

THE FOOT BEAT

by JOHN W. PAGLIANO, D.P.M.

Ingrown Toe Nails

Q I am a masters long distance runner who has been plagued with ingrown toe nails for the past 10 years. I am tired of digging them out and stuffing cotton underneath. Is there anything I can do to correct this situation?

A One of the most common complaints plaguing the active masters athlete is the simple ingrown toe nail. It's a condition where the toe nail has penetrated and become imbedded in the soft tissue around the nail.

Correction of ingrown toe nails is relatively painless. In milder cases, simply apply cotton packing under the nail border. This will prevent the nail from digging into the surrounding skin. (The cotton may be soaked in colodion for a more durable pack.)

For a permanent removal of the more stubborn type of ingrown toe

nail, I prefer an alcohol-phenol technique. This procedure circumvents surgery and produces a more desirable result.

The procedure consists of a local anesthetic injected into the base of the toe. A small sliver of the offending nail and matrix is removed. The area is then cauterized with 70% phenol solution

Chillicothe Meet Down But Not Out in Missouri

by JERRY WOJCIK

In keeping with many masters meets this track season, except for the Nationals, the Chillicothe Masters Meet in Chillicothe, Mo., on August 10 drew fewer athletes than it did last year. The 57 entries, down 15, mostly in the M30 and M35 groups, came from eight states.

Double sprint winners included Ross Jensen, M40, 100m (12.03) and 200 (24.97); Earl Ventura, M55, 100 (12.90) and 200 (26.38); and Arling Pitcher, M80, who set national age-84 records in the 100 (17.13) and 200 (38.78).

The throwing events produced the meet's best shot put of 39-3½ by M40 Jerry Harris, and the longest discus throw of the day of 124-0 by M50 Jim Young.

Joe J. Shy, Jr., was the meet director. Next year's meet is scheduled for August 9. □

which is applied with a very small Q-tip. It is applied three times for 20 seconds with the alcohol flush in between. After the final flush, the area is dressed with a gauze dressing and antibiotic ointment.

The athlete leaves the dressing in place for 24 hours, and then soaks the foot in saline for 10 minutes daily. The area then can be covered with a band aid.

Most athletes are back to running in around three days.

Write On Continued from page 9

Over the last two years, I've noticed occasional world age-group bests only making the "Masters Scene," rather than having a headline/story in the earlier pages. It's partly your responsibility to report those efforts in a section other than a "chit chat" column.

The most recent example would be Larry Stuart's world best in the 45-49 javelin throw of 73.02 meters. I feel this deserves more.

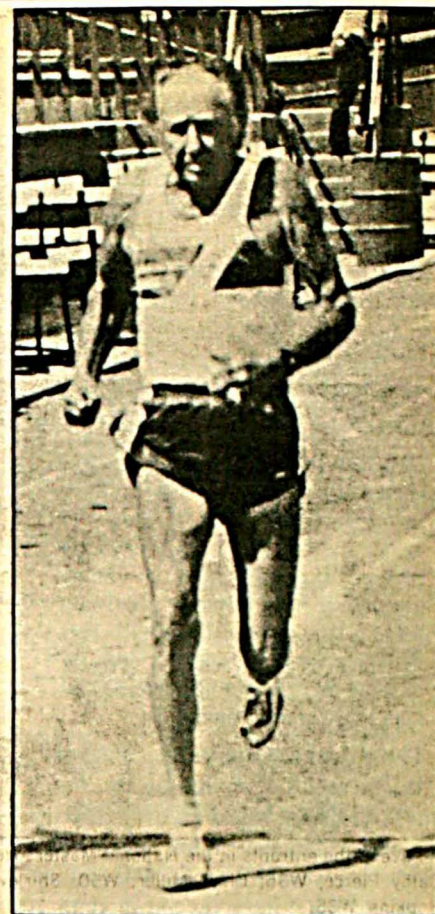
Gary Miller
Glendale, California

(We agree. We try, but sometimes forget. We did a monthly chart a few years ago of new records, but dropped it because of the time it took to compile. And we don't receive updates on race walk records. We'll try to do better, and thanks for the reminder. — Ed.)

KUDOS

I wish to say how much I enjoy the NMN, and thank everyone for their efforts in publishing it.

Shirley Kinsey
La Crescenta, California



Arling Pitcher on his way to a national age-84 record of 17.13 in the 100m, Chillicothe Masters Meet, Chillicothe, Mo., August 10.

Photo by Constitution-Tribune

This simple and effective nail procedure does not cause excessive delays in the training schedule, and provides a permanent correction for the persistent and painful ingrown toe nail. □

(Dr. Pagliano is a runner and a podiatrist in Long Beach, California. He is a member of the American College of Sports Medicine. If you have a foot, ankle or achilles question, write to Dr. John Pagliano, The Foot Beat, NMN, Box 2372, Van Nuys, CA 91404.)

Greenwood Sets Two Marks

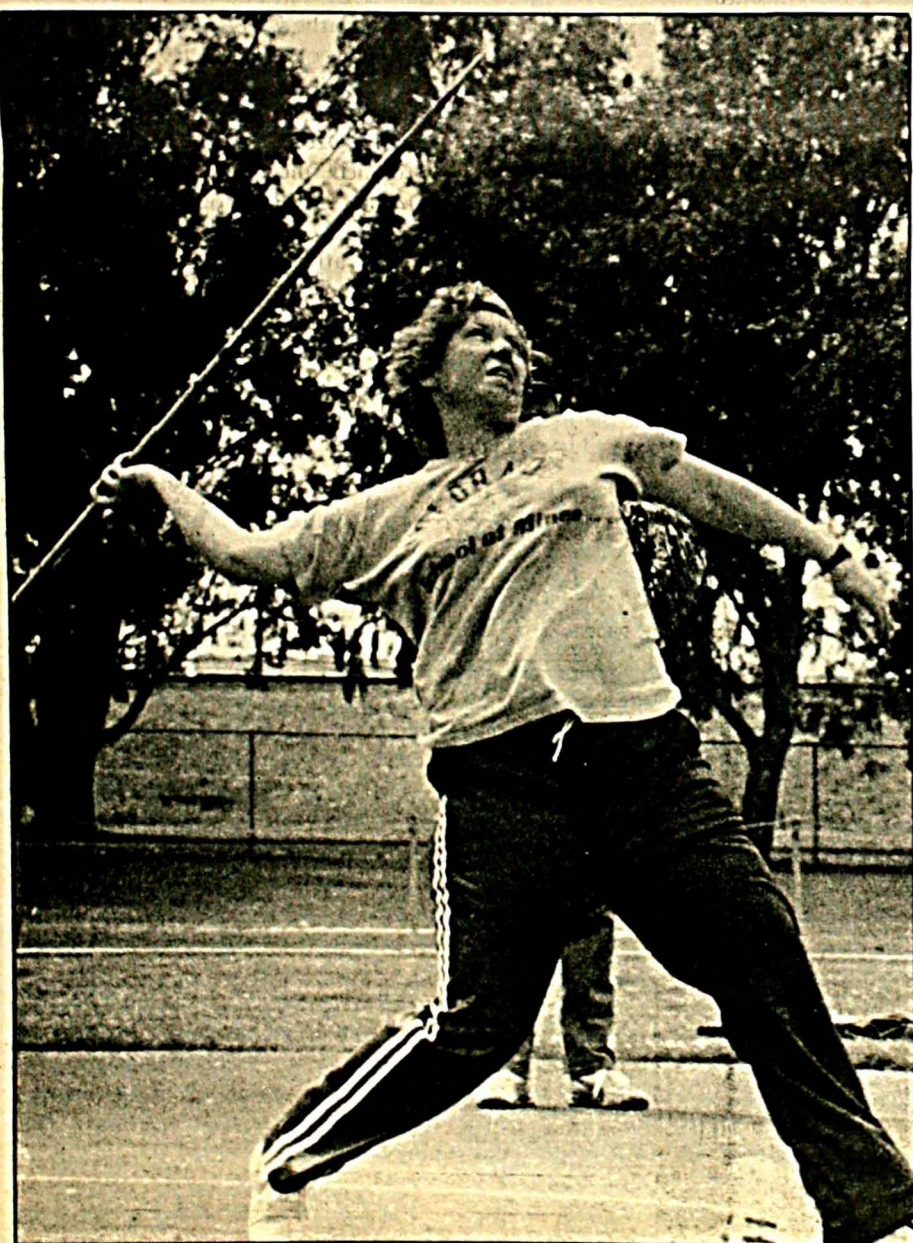
Continued from page 4

and triple jumps with 20-0½ and 39-6¾ in the 45-49 group.

In the regular pentathlon, which was scored by U.S. Masters Age Factor Tables, Colorado athletes claimed the first three places. Mike Hill, 35, placed first over Jack Greenwood, 60, 3672 to 3488, with Frank Bowles, 65, third, 3349.

In the "National Masters Weight Pentathlon," Olympic gold medalist in the pole vault, Bob Richards, 60, a resident of Texas, totaled 3316 and won the M60 division trophy. Illinois' Carl Klehm, 47, outpointed Mexico's Julian Nunez, 48, to win the M45 go-around, 2663 to 2517. Eighty-four-year-old Herb Anderson, of Colorado, scored 1058 points.

For the sixth straight year the host Rocky Mountain squad outscored the talented but less numerous Eastern team. An alternative scoring method will probably be implemented for next year's meet. □



Joan Stratton of South Lake Tahoe, Ca., fires the javelin 96-10 in the women's 30-34 division of the Sacramento Relays. In addition, she broke her own meet shot put record by 3 inches with a 37-1 toss. Photo by Tom Parker



All five of the entrants in the National Masters Heptathlon, Des Moines, Iowa, July 26-27, from left: Cathy Pierce, W35; Chris Miller, W50; Shirley Kinsey, W55; Sherry Ball, W30; and Suzanne Hopkins, W35.

Masters Defeat Women in Mythical Meet

If the winning marks in the 1986 TAC National Masters Track and Field Championships are compared to the winning marks in the 1986 TAC National Women's T&F Championships, the masters win, 6-1, in the seven events where conditions were virtually the same.

If the events are scored like a dual meet (1st-5 points; 2nd-3 points; 3rd-1 point), the masters men outscore the women, 43-20.

The caliber of competition between masters men and younger women is very close. Some experts say a 42-year-old man is generally the athletic equivalent of a woman in her prime. Age-handicapping tables show a masters male can generally hold his

own with a woman 15-20 years younger.

In past years, 13 events could usually be compared. However, in this year's women's meet, four events (100, 200, LJ, TJ) were wind-aided, and two relays (4X100, 4X400) were cancelled, thus nullifying comparison.

The seven-year totals are now: Events: masters men 39, open women 34. Points: open women 340½, masters men 316½. □



MYTHICAL DUAL MEET MASTERS MEN VS. WOMEN

(Actual performances from the 1986 TAC National Masters T&F Championships -- held in New York from July 18-20 -- combined with the actual performances from the 1986 TAC National Women's T&F Championships -- held in Eugene from June 18-21 -- and scored as if it were a dual meet: 5 points for first; 3 points for second; 1 point for third.)

400		
1 Stan Whitley	M	50.13
2 Diane Dixon	W	50.41
3 Matt Pruitt	M	50.85

800		
1 Bill Stewart	M	1:58.80
2 John Jordeth	M	1:58.83
3 George Cohen	M	1:58.92
7 Claudette Groenendaal	W	1:59.79

1500		
1 John Jordeth	M	4:03.13
2 Bill Stewart	M	4:05.36
3 Deon Dekkers	M	4:05.66
5 Linda Detlefsen	W	4:08.00

5000		
1 Deon Dekkers	M	15:29.75
2 Betty Springs	W	15:30.99
3 Lorraine Moller	W	15:32.90

10000		
1 Nanette Doak	W	32:29.86
2 Lynn Nelson	W	32:30.24
3 Marty Cooksey	W	32:34.73

HIGH JUMP		
1 John Hartfield	M	6-8
2 Louise Ritter	W	6-4
3 Jan Chesbro	W	6-4

4 X 800 RELAY		
1 West Valley TC	M	8:11.02
2 Central Park TC	M	8:29.65
3 Houston Harriers	M	8:33.50
6 Club Northwest	W	8:45.9

Score: Masters Men ... 43
Open Women ... 20

Brisk Wind at Hayward Classic in Eugene

by JERRY WOJCIK

Californians Anthony Castro and Irene Obera, who ventured north to the Hayward Masters Classic in Eugene, Oregon, on August 2-3, came away with record marks in the 100m, but, unfortunately, their times were wind-aided. Castro, M75, ran 14.0 (Josiah Packard's M75 WR is 14.3), and Obera did 12.8, one-tenth of a second below her own W50 world best. Both runners were multiple winners in the other sprints.

Robert Hunt, another Californian, ran the M65 high hurdles in 17.2, also wind-aided, which was below his American record 17.43. Ross Carter, who holds the M70 shot-put record at 45-5¾, won with 43-11½ and threw the 12# sphere 35-5¾ for an age-72 record.

Paul Edens, M45, ran a 11.2 100m, 23.2 in the 200, and 54.4 in the 400 to claim fastest masters sprinter honors.

Middle-distance accolades went to Harold Hadley for his M40 1:59.3 800 and 4:34 mile wins. Submaster Ken Hunter, M30, ran a superlative 14:44.6 5000.

Chuck Chapin, M40 threw the shot 53-8½, the discus 142-8, and the hammer 136-0 for three firsts, but Richard Brown, M45, was the top discus thrower at 144-3.

Del Pickarts, of Oxnard, Calif., who bronzed in the M55 javelin in last year's World Games in Rome, appeared to be back on form with a 166-7 M55 first. Due to scheduled rebuilding of the Hayward Field track, the event was held at Silke Field in Springfield. □

167 Entrants Set 67 Records in West Texas

by BOBBY AYCOCK

Even though only 167 athletes, versus 282 last year, participated in this year's West Texas Masters T&F Meet in Ozona on July 12, they set 57 age-division meet marks. The loss of entrants was attributed to Texas' depressed economic status.

Some of the outstanding performances included:

—Two overall meet records by Josh Owusu, M35, in the long (23-7) and triple (47-10) jumps. Owusu, 38, Abilene, Texas, is a former Olympian from Guyana.

—Wendell Palmer, Pampa, Texas, set six M50 records, topped by a 152-3 discus throw and a 42-8½ shot put.

—James Vicks, of Dallas, set M40 records in the 200 (23.06) and 400

(52.31).

—Roy Turner, of Dallas, broke his own M45 200 and 400 records with 23.00 and 52.98.

—Ed Mooney, of Waco, Texas, threw the discus and shot for M40 records of 156-0 and 47-11.

—J.E. Alexander, 65, flew to a 27.86 in the 200.

—The oldest athlete, Alford Sealy, 78, of Wilmer, Texas, threw the discus an M75 record 62-0.

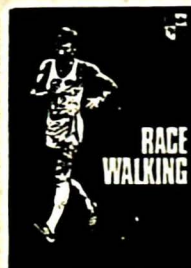
The Ozona Knights of Columbus provided meet volunteers, and the Ozona High School coaching staff served as timers and officials. Proceeds, after meet expenses, went to these charities: Helping Hand, Meals on Wheels, and the Lions Club Eye Glass Fund. □

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MASTERS TRACK & FIELD REPORT

by JERRY ALAN DONLEY
Chairman, TAC Masters Track & Field Committee

TAC Convention Time

Time is moving on so rapidly that there is little time for anyone to focus in on an event. As soon as a focus is made, the event is over and it's time to move to the next one, which is the National Convention in Tampa, December 2nd thru December 7th. I have roughed out a tentative schedule for Masters Meetings. I hope it will allow us time to do our business and attend other important committee meetings.

Tuesday, December 2nd.
No Masters Meetings.

Wednesday, December 3rd.
8:30 P.M. - Masters Executive Meeting

- 1) Confirm agenda.
- 2) Rule changes - false starts, meet event, Jim Vernon's pole.
- 3) Regional boundaries.
- 4) Budget.

Thursday, December 4th.
1:00 - 6:00 P.M.
Masters Sports Association, and planning for financial bid for World Games, and Games if bid is successful.

- Friday, December 5th.
9:00 A.M. - 12:00 A.M.
- 1) Awards
 - 2) Selection and appointment of officers and committees for TAC and WAVA.
 - 3) Budget.
 - 4) Sponsorships.
 - 5) Regional boundaries.
- 2:00 - 6:00 P.M.
- 1) 2:00 P.M. - World Games Site Selection Presentation.
 - 2) 3:00 P.M. - National Site Selection Presentation.

Saturday, December 6th.

- 1) 9:00 A.M. - 12:00 - overflow.
- 2) 2:00 P.M. - Meeting with LDR, if that Committee has time to schedule meeting with us.

If any of our World Site Selection Committee thought we were going to have some secrets, the September Masters News would have been a great shock. Hal Higdon, a member of the Committee, did an absolutely exciting, humorous, and precise blow by blow account of the whole process. I now better understand why he is so well thought of as a writer. His penchant for the details was beyond my belief. His story is the story of how we got there, without exaggeration. Thanks Hal.

But, we are not there yet. We have not been selected for the World Games. Split, Yugoslavia is mounting a strong campaign, wooing the Europeans and the Mediterranean Sea countries, and I am now anticipating an all out political campaign. If you have competitor friends in foreign countries, tell them of our facilities, our capabilities, and enlist their support within their government bodies. We need to start our bid process now! Thanks for your interest today — we'll need even more over the next twelve months. □

TAC's 8th Convention Set for Tampa

The 8th Annual National Convention of The Athletics Congress (TAC) will be held at the Hyatt Regency Hotel in Tampa, Florida from December 2-7, 1986.

The Masters Track and Field and Long Distance Running Committees will meet from the 3rd thru the 6th. Among the topics on the agendas will be rule changes, site selection for national championships, 1987 budgets, selection of 1986 award winners, and more.

Everyone is invited to attend the Convention. Most meetings are open to anyone. Only official delegates,

however, may vote at the general meeting of TAC on Sunday, the 7th. Only those people designated by their local association or national member organization are delegates. (Masters officers are not necessarily delegates.)

Registration is not mandatory, but, for \$45, you get a registration package, plus tickets to a Thursday night social, a Friday awards luncheon and a Saturday night banquet. For a registration form, contact TAC, P.O. Box 120, Indianapolis in 46206.

The complete schedule of masters track & field meetings is listed above. □

Oropeza Defeats Brown in San Diego

David Oropeza, 40, of Phoenix, Ariz., upset American masters record holder and defending masters champion Barry Brown, 42, of Glens Falls, N.Y., in the America's Finest City Half-Marathon on Sunday, August 24. Oropeza clocked 1:11:01 to win the M40-49 race over Brown, who finished in 1:11:14.

The M50-59 and M60-69 races were also relatively close. Wally Ebertz, 57, of Santa Ana, Calif., led a lot of younger runners in his division to the finish in 1:23:00. Mike Mikkelsen, 54, of Phoenix, Ariz., was 10 seconds back.

Louie Ojeda, 62, of San Diego, finished just three seconds in front of Bryant Thorne, 60, of San Gabriel,

Calif., to win the M60-69 race with 1:35:20. Pete Ganahl, 70, of Corona, Calif., won the M70+ division in 2:02:37.

Harolene Walters, 43, of El Toro, Calif., won the W40-49 contest in 1:24:32. Nickie Shapiro, 50, of Costa Mesa, Calif., took the W50-59 division with 1:49:29. Mary Storey, 62, of Riverside, Calif., was the only finisher in the W60-69 category, with a strong 1:47:31, as was Judy Simon, 70, of La Mesa, Calif., in the W70+ group, finishing in 2:06:07.

Laurie Binder, 39, of Oakland, Calif., women's winner in the 1980 and 1985 races, settled for the W35 victory in 1:23:30. □



Phil Brusca, M55, high school t&f coach, lets loose with 43-11 1/2 shot put in the Senior Olympics, St. Louis.
Photo by Gary Brady

MASTERS LONG DISTANCE RUNNING REPORT

by BOB BOAL

Chairman, TAC Masters Long Distance Running Committee

Planning for TAC Convention

Please prepare now for the annual TAC/USA Convention to be held in Tampa from December 2-7. If you cannot participate, please instruct your association delegates how best to present the wishes of long distance runners in your association.

Those matters you should address quickly, if not already accomplished, are:

1. Nominations for Outstanding Athlete awards.
2. Bids for National and/or Regional Championships. (We will bid on 1987 and 1988. At this time all of 1988 is open. Only Championships still available for 1987 are

15K X/C, 25K, 30K, 50K, 100 mile, one hour, and two hour.)

3. Any rule changes.

4. Ideas for improving our Championships.

Remember our 8K National Championship will be held during the Convention in Tampa. I am hoping it will be a good one.

Reports indicate that our

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Ages 60 up: 2 P M Under 60: 2:30 P M

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Name (please print)

Street

City

State Zip

Birth Date

I agree to accept full responsibility for my health and safety and will not hold meet sponsors liable for any injury due to the competitions or travel thereto.

TAC NO.

Signature

"Guidelines" have been well received. Those who follow the guidelines find them useful in developing a quality event. The sound fundamental recommendations offered in the booklet are useful in any LDR as well as Championship event. □



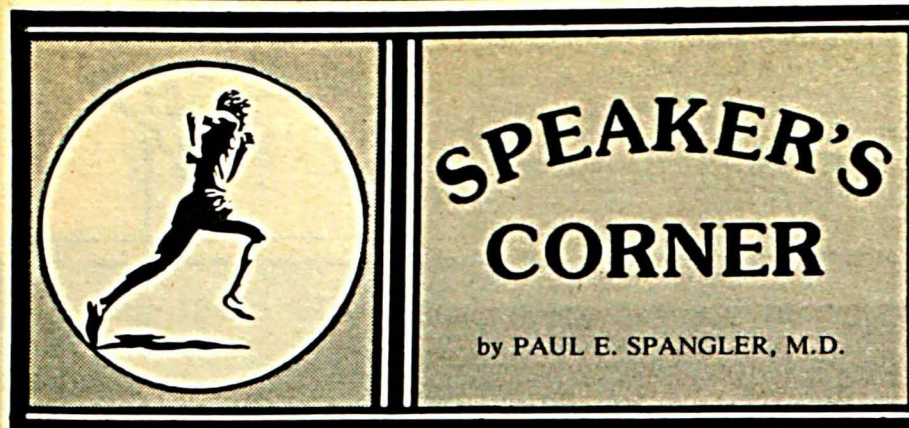
Weight Pentathlon Age Records

by Phil Partridge and Bob Stone

October 1, 1986

Masters and Sub-masters weight pentathlon age records have been updated through October 1, 1986, to reflect the latest one-year age factor scoring system currently in use. Every possible effort has also been made to correct any past errors with respect to weight of implement thrown and exact age on the date of the meet. All scoring by IAAF tables, 1962 (Belgrade) edition, as reprinted in 1977.

Age	Date	Score
30 Gary England	9-8-85	3647
31 Mike Deller	12-9-79	3488
32 Bob Mead	8-29-76	3870
33 Carl Wallin	9-7-75	4030
34 Frank Reilly	12-12-82	4005
35 Frank Reilly	2-1-84	4097
36 Frank Reilly	12-16-84	4101
37 Carl Wallin	9-30-79	3979
38 Ed Hill	4-4-81	3913
39 Ed Hill	12-13-81	3764
40 Carl Wallin	10-4-81	4342
41 Ed Hill	10-2-83	4049
42 Ed Hill	9-9-85	4148
43 Ed Hill	7-26-86	4403
44 Stu Thomson	12-11-77	3793
45 Stu Thomson	12-10-78	3779
46 Stu Thomson	12-9-79	3656
47 Jim Hart	2-1-84	3774
48 Stu Thomson	12-13-81	3969
49 Stu Thomson	12-12-82	4161
50 Bob Backus	5-22-77	4089
51 Stu Thomson	2-1-84	3888
52 Bob Backus	6-11-79	4167
53 Stu Thomson	8-30-86	4084
54 Len Olson	5-2-85	3792
55 Bill Walmroth	8-19-79	3597
56 Bill Walmroth	9-14-80	3638
57 Bob Richards	12-17-83	4027
58 Bob Richards	1-17-85	3910
59 Bob Richards	2-9-86	3988
60 Bob Richards	4-20-86	4213
61 Bob Stone	12-13-81	3637
62 Bob Stone	1-8-83	3711
63 Dan Aldrich	12-13-81	3964
64 Dan Aldrich	12-12-82	3877
65 Dan Aldrich	12-11-83	4203
66 Dan Aldrich	12-16-84	4146
67 Elmer Shaw	5-26-85	3546
68 Roy Foley	3-31-85	3772
69 John Fraser	1-8-84	3779
70 John Fraser	3-31-85	3865
71 Engelbert Weitz	10-2-83	3693
72 Don Pierotti	12-17-83	3615
73 Jim York	8-30-86	3696
74 Phil Partridge	2-9-86	3378
75 Red Doms	12-12-82	3649
76 Stan Herrmann	12-14-80	3887
77 Arnolds Tichmanis	12-28-82	3334
78 Arnolds Tichmanis	12-18-83	3470
79 Arnolds Tichmanis	12-30-84	3590
80 Arnolds Tichmanis	7-26-86	3496
81 Herb Anderson	10-2-83	2935
82 Al White	7-26-86	1427



The Philosophy of Masters Competition

About 20 years ago, Dr. Kenneth Cooper sparked the fitness movement with his book, "Aerobics," which described the benefits of regular aerobic exercise.

Olympic track coach Bill Bowerman wrote "Jogging," which helped popularize the running movement in America.

Shortly thereafter, Dave Pain, an attorney in San Diego, bought their ideas and realized something should be done to get older runners into this new life style.

Pain conceived of masters age-group competition. He recognized that runners slowed down as they grew older. He also knew that runners, regardless of age, enjoyed recognition of a job well done.

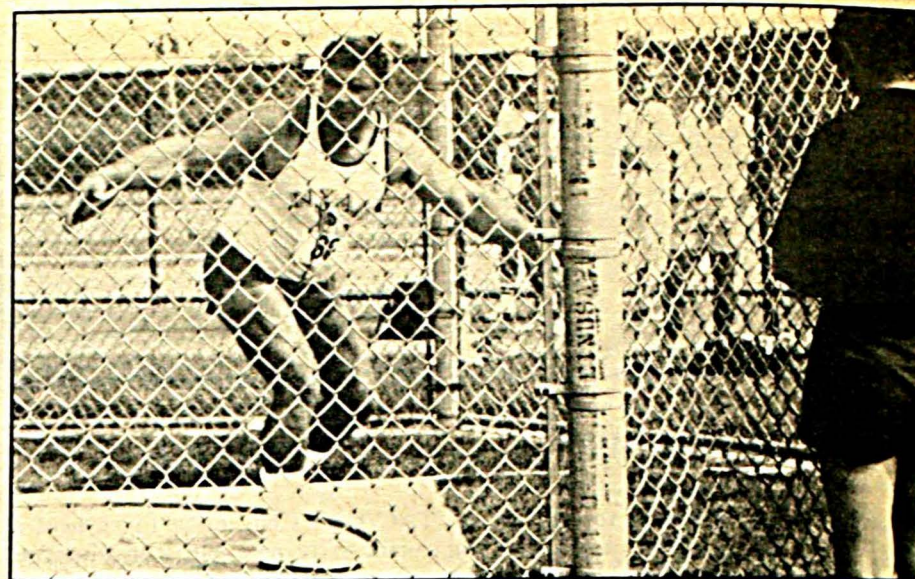
By matching runners in five-year age groups, everyone is put in a "can-win" position. It's the stimulus needed to maintain interest in staying in competitive condition. Without this stimulus, as runners get older and it's harder to maintain top physical condition, many drop out and lose their physical fitness.

This is a shame, because we know that continued mental and physical activity will not only prolong life, but will fill our declining years with active optimism, happiness, mental and physical

alertness, as well as preventing or delaying the degenerative diseases associated with aging, such as: atherosclerosis, coronary heart disease, stroke, gangrene, intermittent claudication, angina pectoris, osteoporosis and senility.

The human mind and body thrive with use but tend to age and deteriorate through disuse and/or abuse. Dr. Walter Bortz, gerontologist at Stanford, doesn't use the term "senility," but prefers the "disuse syndrome." George Burns puts it right: "You can't keep from growing older but you don't have to get old," and recommends an active mental and physical life.

So it is obvious that, to ensure a long and high quality life, we must acquire physical fitness and keep mentally and physically active throughout life. We have an obligation to our fellow men and women to do everything we can to encourage them to persist in this effort.



Olympic Champion Al Oerter, 49, winning M45 discus with throw of 202-7 1/2 ft at U.S. TAC National Masters Championships, Long Island, New York. Photo by Gretchen Snyder

Masters five-year age-group competition is one step in this direction.

Unfortunately, there is a tendency among race directors and promoters to close off the age-group competition at 50+, 60+, 70+, etc. This puts the older runners in a no-win position. It is unfair discrimination and a discouragement to entering competition and continuing with a fitness program.

Currently, only national and regional TAC championship events are required to give equal consideration to all age groups. We cannot, of course, require all meets and races to abide by these requirements, but we can enforce age equality at those meets which seek

TAC sanction, at any level, by requiring that equal consideration and opportunity be given to all five-year age groups.

It's time we end this unfair discrimination against the older age groups. We have paid our dues and don't deserve to be relegated to a second class status. After all, it's twice as hard for older runners to become and remain competitive. I ask you, who spends the most effort: the 40-year-old athlete who runs a marathon in 2:30, or the old fud who struggles under the broiling sun for five hours? Come on, pals, give us old fuds a break. We've earned it. ☐

Smith, Hansborough Top Pikes Peak Masters

Brad Smith, 42, of Boulder, Colo., did the 26.3 mile round trip to the top and back in the Pikes Peak Marathon in Manitou Springs, Colo. on August 24 in 4:17:40 to lead all masters runners. Bob Johnston, 41, also of Boulder, was second master in 4:26:39.

The demanding race to the top of the 14,110-foot peak and back is an endurance test not noted for photo finishes, but the M55 race was a relatively close one with Marvin Powers, 58, of Lancaster, Calif., winning in 5:43:11; Eckart Lemberg, 58, of Boulder, second in 5:44:01; and Clifford Doughty, 55, of Poway,

Calif., third in 5:45:43.

Arlene Hansborough, 41, of Los Alamos, N.M., was the first masters woman of the 21 female finishers in 5:26:37. Vici Dehaan, 51, of Boulder, did the course in 6:49:05 to win the W50 race.

In the Pikes Peak Ascent race, the 13.4-mile uphill climb to the crest, which took place the day before, masters runners were led by Harold Jones, 43, with 2:42:06, and Mary Parker, 41, in 3:07:21.

Runners who made it to the top experienced sub-freezing temperatures at the finish. ☐

Virginia Meet Draws 135 to Charlottesville

by JERRY WOJCIK

The Virginia State Masters T&F Championships, held August 30 at University of Virginia's Lannigan Field in Charlottesville, drew 135 athletes who entered 360 events in the state competition and a separate out-of-state category. With a beautiful, sunny day in the low 70s, a good many meet records were broken or equaled.

Among the men's track record-setters were sprinter Joseph Martin, who set meet marks for the M65 100m (14.9); 200 (31.8); 100mH (18.2); and 300mH (53.9); and William Hoss, M50, who broke records in the 800 (2:22.1) and 1500 (4:52.2).

Triple jumper Keith Witherspoon got the M30 record with 48-9.

Record breakers in the throws included Jay Edwards, M50, shot (44-11 3/4) and Gordon Bobell, M50, hammer (139-1).

Leading women's record setters were Betty Dameron, W50-59, 800 (3:09), 1500 (5:58.3), and 5000 (22:34.4); and Jimmie Reed, W60-69, shot (19-2 3/4) and discus (47-1).

The meet, fully computerized, was hosted by the U. of Virginia and sponsored by Blue Cross and Blue Shield of Virginia. The Virginia Masters TC's Karen Beaver helped mastermind the smoothly-run event. ☐

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Compiled by National TAC Masters T&F Records Chairman Pete Mundle with Lori Maynard and Alan Wood.

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Masters to Run for \$40,000 in Twin Cities Marathon

Continued from page 1

Both masters and total prize money has been increased by nearly 50%, reflecting the enormous success of the race, which has elevated its stature in five short years almost to the level of New York, Boston and Chicago.

Not only is the race a must on any serious masters runner's schedule, this year it is also the host to the U.S. Marathon Championships for men and women, which are the qualifying races for the teams that will represent the U.S. in 1987 in the World Championships in Rome and, for women, the World Cup in Seoul.

The masters prize money is distributed on an age-graded basis, meaning the top prizes can go to a 35-year-old, or, as happened last year when 70-year-old Clive Davies captured the top prize of \$4,000, to an older man or woman.

Runners over the age of 35 will be "graded" by subtracting their "target times" from their actual finishing times. There will be at least 12 such awards, starting at \$3,000 and going down in even steps of \$250. Also, any runner finishing within a minute over his or her target time is guaranteed at least \$250.

On this page are the 1986 target times against which runners over age 35 will compete, and also the times used last year. They are derived from the American records for each age in the particular 5-year group. The fastest and slowest records are discarded, and the other three averaged. Because of the relatively few marathoners over the age of 75 (65 for women), men over the age of 70 have to compete against times established for men 70-74 and similarly for women over 60.

Thus, if a 63-year old man runs 2:43:30, his "target" time of 2:30:20 is subtracted from that, to give him a net time of 13:10. Last year's winner, Davies, had a target time of 3:18:53 and finished with an actual time of 3:04:15, which was 14:38 under his target time.

Davies, now 61, is again one of the favorites. He is a year older, but is capable of a sub-3:00 race, and his target time only went down from 3:18:53 to 3:16:06. Look for Clive to pick off one of the top awards.

He has plenty of competition this year, however. Race director Jack Moran has brought in nearly every top

veteran marathoner in the world, including Joyce Smith, now 48, of Great Britain. Smith still holds the world record for women-over-40 with a 2:29:43, set in the London Marathon in 1983, when she was 44. Her target time is 2:55:18. So, let's say she runs a 2:39, and Davies runs 3:00, she'll win with a -16:18 to Davies' -16:06.

Also in the field is Holland's Denise Alfvoet, 50, whose target time is 3:04:06, and who ran 2:51:46 this April.

Margaret Miller, 60, has already broken four U.S. W60 marks this year in shorter distances. Her target time is 3:34:44, a time she is almost certain to better. The only question is: by how much?

And then there's Kjell-Erik Stahl, 40, clearly the top veteran marathoner in the world with his 2:12:33 earlier this year. His target time is a difficult 2:22:46, so don't look for Stahl to pull down the top age-graded prize. But he's casting for bigger fish, namely, a \$10,000 prize offered by Runner's World Magazine to any over-40 runner who breaks Jack Foster's world veterans record of 2:11:19. Foster set the record 12 years ago, at age 41. A similar prize goes to any 40+ woman who can lower Smith's mark.

And Stahl may also pick off one of a new set of cash awards: the first five men and women over the age of 40 (not 35), get \$7,500, \$5,000, \$3,000, \$2,000 and \$1,000, if they also qualify for an age-graded award.

It gets confusing, and, to make it even more so, because of the spectacular depth of the masters fields, any man over 40 who breaks 2:20 and any woman over 40 who breaks 2:40 will receive at least \$3,000.

That means that the masters prize money could total \$51,250. "That's a bit over budget, but well worth it if we get to see competition like this," Moran said.

Assuming that entrants can run exactly as fast on October 12 as they have in the last year or two, Smith, Alfvoet and Davies would finish 1-2-3 in the age-graded competition. (See adjacent box.)

It costs \$34 per runner (about \$204,000) to stage the race, not including prize money. The entry fee is only \$12. Making up the \$22-per-runner difference is Pillsbury, First Banks, WCCO Radio (which will

broadcast the race live), United Hospital of St. Paul, Schmidt Brewing Co., Northwestern National Life Insurance Co. and other sponsors.

There will be three separate races: 1) men competing in the U.S. Championships/trials; 2) women in the U.S. Championships/trials; 3) those competing for the age-graded awards. The maximum-permitted 6,000 runners will be on hand to contest the three events.

The race will be preceded by a lun-

cheon, a Marathon Marketplace and Fitness Fair, a spaghetti dinner, and family fun runs. A medical conference on running will feature Sister Marion Irvine, Frank Shorter and Dr. George Sheehan. A post-race party and awards banquet will cap the weekend festivities. WCCO-TV will telecast the race, live, from start to finish. ESPN may provide national coverage.

NMN will have the masters results, stories and photos in next month's issue. □

TWIN CITIES MARATHON predicted AGE-GRADED AWARDS

Runner	best 85-86 Time	Handicapped Time	Prize
Joyce Smith, 48, England	2:32:48	-22:30	\$7,500
Denise Alfvoet, 50, Belgium	2:41:04	-19:44	3,000
Clive Davies, 71, Tillamook, Or	3:04:06	-12:00	2,500
Margaret Miller, 60, Thousand Oaks, Ca	3:23:39	-11:05	2,250
Kjell-Erik Stahl, 40, Sweden	2:12:33	-10:13	7,500
Antonio Villanueva, 46, Mexico	2:16:16	-9:56	3,000
Piet Van Alphen, 56, Netherlands	2:25:51	-9:24	1,250
Doris Schlosser, 42, West Germany	2:35:43	-9:02	5,000
Diane Palmason, 48, Ottawa, Ontario	2:46:22	-8:56	750
Trevor Wright, 40, New Zealand	2:14:41	-8:05	5,000
Barry Brown, 42, Glens Falls, Ny	2:15:15	-7:31	3,000
Guenter Mielke, 43, West Germany	2:16:37	-6:09	3,000
Bill Venus, 46, England	2:20:19	-5:53	250
David Clark, 43, Scotland	2:18:07	-4:39	3,000
Barbara Filutze, 40, Erie, Pa	2:41:18	-3:27	2,000
John Sheridan, 41, England	2:20:05	-2:41	250
John Davies, 42, England	2:21:25	-1:21	250
Patrick Murphy, 41, Ireland	2:21:35	-1:11	250
Robin Dow, 42, England	2:21:40	-1:06	250
Joan Ulyot, 46, San Francisco, Ca	2:54:15	-1:03	250
Karen Scannell, 48, San Francisco, Ca	2:54:34	-0:44	250
Bruce Mortenson, 42, Minnetonka, Mn	2:22:24	-0:24	250
Sandra Jean Kiddy, 49, Palm Springs, Ca	2:54:56	-0:22	250
Angella Hearn, 40, New York City, Ny	2:44:38	-0:07	1,000
Alex Ratelle, 62, Edina, Mn	2:48:21	-0:01	250
Gail La Dage Scott, 40, Durango, Co	2:45:05	+0:20	250
Gaylon Jorgensen, 57, Provo, Ut	2:35:42	+0:27	250
Michael Heffernan, 46, Portland, Or	2:26:43	+0:31	250
Robert D Nelson, 46, Salt Lake City, Ut	2:26:52	+0:40	250
Benjamin Johns, 50, Ottawa, Ontario	2:30:23	+0:47	250
Fritz Mueller, 50, New York City, Ny	2:30:26	+0:50	250
Toshiko D'Elia, 56, Ridgewood, Nj	3:15:05	+0:56	250
Ralph J Zimmermann, 45, Cheektowaga, Ny	2:27:53	+1:41	
Des Austin, 41, England	2:24:49	+2:03	
Sue Petersen, 42, Laguna Beach, Ca	2:47:03	+2:18	
Fay Bradley, 48, Washington, Dc	2:29:02	+2:50	
Robert Schiau, 39, Sullivan's Island, Sc	2:17:16	+3:18	
Jim O'Neil, 61, La Jolla, Ca	2:52:13	+3:51	
William P Tobin, 47, Sharon, Pa	2:30:33	+4:21	
Harry S Cottrell, 40, Burnsville, Mn	2:26:17	+4:29	
Bill Fuller, 47, Livonia, Ny	2:31:51	+5:39	
John Loeschhorn, 42, Irvine, Ca	2:29:12	+6:26	
Ruth Anderson, 57, Oakland, Ca	3:20:50	+6:41	
Ernest Billups, 49, Chicago, Il	2:33:14	+7:02	
Betty Nelson, 40, Columbia City, In	2:51:50	+7:05	
John Emmons, 40, White Bear Lake, Mn	2:31:13	+8:27	
Dick Ruhland, 40, Montgomery, Mn	2:31:14	+8:28	
Mary Ellen Williams, 40, Darnestown, Md	2:53:31	+8:46	
Derck Frechette, 41, Rochester, Ny	2:32:23	+9:37	
Fernand Tonneau, 51, Belgium	2:39:20	+9:44	
Frederick Kiddy, 52, Palm Springs, Ca	2:39:24	+9:48	
Anthony Gerardi, 40, Las Vegas, Nv	2:33:12	+10:26	
Harolene Walters, 43, El Toro, Ca	2:55:42	+10:57	
Rolland L Rust, 46, Fargo, Nd	2:37:41	+11:29	
George A Savanick, 48, Apple Valley, Mn	2:38:30	+12:18	
Doug Suker, 35, Minneapolis, Mn	2:26:42	+12:44	
Nancy McCormick, 51, Omaha, Ne	3:14:39	+13:51	
Wen-Shi Yu, 51, Kew Gardens, Ny	3:14:44	+13:56	
Lina W Connors, 44, New York City, Ny	2:59:36	+14:51	
Terry Lillibridge, 39, Plymouth, Mn	2:28:57	+14:59	
Mae Horns, 52, Edina, Mn	3:16:10	+15:22	
Arlen Sunn, 52, Columbia Heights, Mn	2:45:28	+15:52	
Ada Letinsky, 48, Oakbank, Manitoba	3:12:06	+16:48	
Ralph E Koenig, 52, Edina, Mn	2:46:47	+17:11	
Erv Tolkinen, 51, Anoka, Mn	2:47:59	+18:23	
Ginger Wilson, 49, St. Louis Park, Mn	3:13:45	+18:27	
Susan Peters, 43, Madison, Wi	3:04:07	+19:22	
Patsy Duffy, 37, Edina, Mn	2:56:35	+20:47	
Mary Lou Carlson, 59, Minneapolis, Mn	3:37:43	+23:34	
Lloyd Young, 63, Grantsburg, Wi	3:12:14	+23:52	
Charlie Ogilvie, 68, Ben Wheeler, Tx	3:14:22	+24:14	
Karen Bestul, 44, Lincoln, Ne	3:09:48	+25:03	
Carlyle Sherstad, 65, Grantsburg, Wi	3:18:43	+28:35	
John C Burton, 63, Wayzata, Mn	3:17:30	+29:08	
Ralph A Pavak, 65, Little Canada, Mn	3:21:59	+31:51	
Evelyn Havens, 70, New York City, Ny	5:20:41	+1:45:57	
Sal Vasquez, 46, Alameda, Ca	3:03:34		
Mike Tymn, 49, Kailua, Hi	3:33:38		
Gary Goettelmann, 43, Santa Clara, Ca	0		
John Hobbs, 45, Houston, Tx	0		
Kenneth Mueller, 50, Bellingham, Ma	0		

Target Times

Age Group	1985		1986	
	Men	Women	Men	Women
35-39	2:16:12	2:35:48	2:13:58	2:35:48
40-44	2:22:16	2:45:36	2:22:46	2:44:45
45-49	2:29:15	2:55:54	2:26:12	2:55:18
50-54	2:30:20	3:00:48	2:29:36	3:00:48
55-59	2:35:15	3:14:09	2:35:15	3:14:09
60-64	2:48:22	3:34:44	2:48:22	3:34:44
65-69	2:50:08	3:34:44	2:50:08	3:34:44
70 & up	3:18:53	3:34:44	3:16:06	3:34:44



1985 Rankings

U. S. Masters Distance Rankings, 1986 Edition is now available. Produced annually by the National Running Data Center, the 214-page book contains the official road-race rankings for 1985. It also lists all-time best performances for each event by each five-year age division.

It is available for \$9.95 from NRDC, Box 42888, Tucson, AZ 85733.

There are more performances ranked than ever — over 10,000. You get 10 performance listings for a penny. This may be the last such rankings, since NRDC is closing up at the end of this year, and the future of the rankings is unclear.

In this issue is a sample of what the rankings look like. The top ten rankings for each age-group for the 10K are printed. It shows, for example, that the fastest 10K performer, over a certified course, in 1985, for the 35-39 age division, was Bill Rodgers, with a time of 28:56, set on April 21 in Massachusetts.

The best M40 time was turned in by Barry Brown of Gainesville, Florida, who ran 30:18 on February 3 in Florida. The 10th-best M50 time was clocked by Hal Higdon, who ran 34:59 on October 6th. And so on.

A total of 533,809 performances were tabulated by the NRDC in 1985, the 2nd highest total ever, but a drop of 4.8% from 1984's high of 560,578. The adjacent chart (1) shows the marathon total for 1985 (95,377) was the smallest since 1981. The 5K, 8K, 12K and 30K totals were the highest ever. The 10K and half-marathon totals were the second highest ever.

TOP 1985 RUNNERS

For the third year, NRDC has taken

the five-year age-group rankings and assigned points to the top runners. Events are weighted by popularity, with the 10K and marathon being the favorites. For example, the fastest 10K runner in 1985 in each age-group got 40 points; the 10th-ranked 10K'er got one point. Same for the marathon. The top 25K runner received only 10 points, the 5th rankee got one; the leading 8K'er got 20 points; number seven got 1; and so on.

Based on that point scoring, the top runners in each age-group are listed on this page (Chart 2). Nine of the "winners" were also selected by TAC's Masters Long Distance Running Committee last December as "most outstanding" in their division. However, ten were not chosen by TAC. They are: M55, Gaylon Jorgensen; M60, John Hosner; M65, Paul Reese; M70, Eugene Keller; W45, Mary Anne Wehrum; W50, Helene Bedrock; W55, Barbara Meadows; W65, Algene Williams; W70, Mayme Bdera; W80, Ruth Rothfarb.

TAC, of course, considers other factors besides rankings, such as winning national and international championships. But much of the 1985 data was not compiled until mid-1986, and thus was unavailable to TAC at the time of its selection last December. The same situation will prevail this year. So these NRDC "ranking-bests" add to the total perspective, and may have some influence on the vote in 1986.

Chart 1. Number of Road Running Performances Tabulated by The NRDC For Each Distance, From 1978-1985

	1978	1979	1980	1981	1982	1983	1984	1985
5 km	x	x	x	x	x	x	12211	29029
8 km	x	x	x	12754	20297	27315	41263	62428
10 km	20544	62853	79058	123800	153164	208522	245177	212431
12 km	x	x	x	x	x	x	4598	11514
15 km	13069	14679	26117	31796	39291	39827	40361	33286
10 mile	4101	11055	15105	17114	25124	29806	27346	25774
20 km	2345	5952	6917	10289	12140	11080	8651	6418
hf mara	15826	17273	18252	27479	38909	55281	42503	43332
25 km	4007	4020	4549	6120	6482	8080	8298	7972
30 km	1257	1254	970	1721	3644	2937	1679	4105
20 mile	2255	2395	2384	1816	2643	2256	4197	524
marathon	84634	107706	105244	94631	136469	136659	122717	95377
50 km	130	265	300	268	419	382	497	296
50 mile	x	640	456	874	933	704	783	656
100 km	x	104	57	138	162	209	193	177
100 mile	x	31	27	93	121	102	102	61
one hour	883	1014	991	639	457	215	174	202
two hour	35	85	27	67	73	62	39	65
24 hour	x	22	17	109	207	149	217	162
total	149086	229348	260471	329708	440535	523686	560578	533809

HOW FAST DO YOU HAVE TO RUN TO BE RANKED?

Chart 3 shows how fast you had to run in 1985 to be ranked in the top 50 in your age-division. For example, if you're a 62-year-old man, you needed a 42:05 to crack the 10K list. A 44-year-old woman needed a 3:33:12 marathon.

THE RUNNING POPULATION

Chart 4 shows the male/female ratio of the running population. The average is 1.8 men to every woman, but in the upper age groups, there are far fewer women than men. The 60-64 ratio is

11.9 men for every woman.

In the marathon, the dominance of men is greater. Instead of 1.8-to-1, there are 4.3 men marathoners to every woman.

Chart 5 lists the mean age of 10K and marathon runners from 1978 thru 1985. The average age of the 10K participants has risen dramatically from 29.8 to 34.4 for men, and from 24.4 to 31.7 for women. Marathoners are also getting older.

These figures by the NRDC confirm earlier studies which suggest that: 1) the total running population remains Continued on page 19

CHART 2. TOP 1985 AGE-GROUP DISTANCE RUNNERS

Based on NRDC's Rankings

		pts.			
M35	Bill Rodgers	140	M80	Max Popper	65
	Gary Tuttle	70		Nat Pisciotta	60
	Duncan Macdonald	43		Ben Mostow	40
	Peter Kanfer	33	M85	Paul Spangler	85
	Steve Molnar	30		Carl Willberg	30
M40	Barry Brown	140		William Clary	20
	Bruce Mortenson	83			
	George Keim	49	W35	Laurie Binder	120
	Mike Heffernan	41		Barbara Filutze	83
	Don Coffman	30		Karen Hubbard	50
	Dan Murray	30		Nancy Mieszcak	43
M45	Sal Vasquez	97		Marge Rosasco	43
	Dan Conway	66	W40	Gabriele Andersen	145
	Herb Lorenz	65		Shirley Matson	72
	Bill Fuller	55		Carol Flexer	67
	Lew Faxon	39		Iris Black	35
				Sue Petersen	30
M50	Norm Green	150	W45	Mary Anne Wehrum	87
	Bill Foulk	85		Gina Faust	57
	Bill Olrich	57		Joan Reiss	53
	Ray Hatton	52		Vicki Bigelow	50
	John Dugdale	30		Sandra Kiddy	49
	Paul Noreen	30	W50	Helene Bedrock	120
	Jim Gallup	30		Vicki Bigelow	60
M55	Gaylon Jorgenson	120		Margarete Deckert	49
	Howard Rubin	67		Anny Stockman	48
	Tony Sapienza	65		Alice Rose	47
	Patrick Devine	39	W55	Barbara Meadows	103
	Jim O'Neil	33		Toshiko d'Elia	90
M60	John Hosner	100		Janet Glassman	75
	Jim O'Neil	100		Melba Hatch	51
	Alex Ratelle	97		Marion Irvine	50
	Gerald Horton	40	W60	Helen Dick	130
	Hubert Morgan	35		Mary Storey	67
M65	Paul Reese	72		Alene Park	60
	Rudy Nimmons	70		Anne Trigg	45
	Clive Davies	60		Jaclyn Caselli	42
	Wayne Zook	47	W65	Algene Williams	80
	George Sheehan	45		Josephine Hess	77
M70	Eugene Keller	80		Patricia Dixon	70
	Don Lundberg	60		Althea Wetherbee	65
	Bill Brobston	55		Margaret Lee	59
	Clive Davies	50	W70	Mayme Bdera	95
	Vernon Geary	34		Lucille Adney	52
M75	Ed Benham	185		Olive Rohrer	50
	Chas Hackenheimer	70	W75	Anne Clarke	130
	Ed McKean-Smith	51		Bess James	110
	Jim Bole	45		Mavis Lindgren	70
	Jim Ramsey	34	W80	Ruth Rothfarb	40
				Ida Mintz	40
				Mia Wilshusen	30

NRDC 1986 Rankings

Continued from page 18

essentially unchanged and, 2) there is a shift from longer distances to shorter distances.

CHART 3. HOW FAST DO YOU HAVE TO RUN TO BE RANKED?

To rank 50th in your age group in 1985, you would have had to run at least:

	10K	Marathon
M35	32:12	2:34:16
M40	33:18	2:38:15
M45	35:08	2:45:21
M50	36:46	2:56:35
M55	39:14	3:08:34
M60	42:05	3:37:08
M65	46:52	4:07:53
M70	55:24	5:27:33
W35	38:54	3:09:40
W40	40:10	3:18:57
W45	43:37	3:33:12
W50	46:16	3:57:06
W55	51:54	4:49:36
W60	58:18	---

Source: NRDC

CHART 4. THE RUNNING POPULATION**Male/female ratio**

Based on the estimated total of 707,000 different runners in 1985.

Ages	Men	Women	M/F Ratio
0-19	55,330	23,740	2.3
20-34	185,000	136,000	1.4
35-39	78,000	44,000	1.8
40-44	51,000	28,000	1.8
45-49	34,000	10,700	3.2
50-54	26,000	4,400	5.6
55-59	15,000	1,900	7.5
60-64	10,000	800	11.9
65-69	2,000	200	10.0
70-74	800	70	10.7
75-79	150	30	5.0
80+	80	10	8.0

Totals 457,000 250,000 1.8

Source: NRDC

CHART 5. THE RUNNING POPULATION**Mean age by year**

	10K		Marathon	
	Men	Women	Men	Women
1978	29.8	24.4	33.3	30.0
1979	31.7	25.2	33.8	30.8
1980	32.7	26.1	35.4	31.5
1981	32.9	28.7	36.0	31.9
1982	32.4	29.1	36.2	32.0
1983	32.9	30.8	36.4	31.6
1984	33.9	30.8	37.1	30.9
1985	34.4	31.9	37.4	31.7

Source: NRDC

TWO-HOUR RUN

October 31 is the final day to participate in the U.S. TAC National Masters One-Hour and Two-Hour Postal Championships. (See schedule for details). To apply for records, race directors must submit all lap sheets to the NRDC).

STATE RECORD CENTERS

As the NRDC prepares to close shop on December 31, 1986, its "decentralization" continues. Volunteers have stepped forward to coordinate records, rankings and course-certification procedures on a state-by-state basis. A total of 28 volunteers are confirmed, with 10 more tentative. NRDC will divide and ship its 6000 pounds of materials to each state contact.

TAC has chosen Basil and Linda Honikman of Miami to take over the national data-gathering function.

In an open letter to the NRDC, Ollan Cassell, TAC Executive Director, writes:

Dear Jen and Ken:

TAC/USA intends to oversee a unified record-keeping system for both track and field and road running. We at TAC/USA feel comfortable with the state system that NRDC has structured. I would urge interested persons to contact you promptly and learn what's required. The state network will be the heart of the new record-keeping system.

My office, with Alvin Chriss carrying the laboring oar, is evaluating the best way of setting up a national coordinating center for the state system and to integrate it into TAC's committee structure. No segment of the road sport will be excluded from participation.

The record keeping system will require proper funding and is being studied. The record keeping functions, statistical services, and referral center activities are needed and wanted and will be provided.

I thank you on behalf of our entire sport for your remarkable contribution. Bob Hersh and Alvin Chriss said it all when they recognized that the Youngs were the ones who deserve the credit for making road running a true sport.

Best regards,
Ollan C. Cassell
Executive Director, TAC/USA □

**Striders Edge LAVAC and CDM in L.A.**

The Southern California Striders won the team title with 114 points to edge the Los Angeles Valley Athletic Club (90 points) and Corona Del Mar Track Club (85 points) in the 1st California Masters Track and Field Team Championships at Southwest College in Los Angeles on August 30.

Fifteen teams and 183 athletes participated in the event, directed by Marvin Thompson, President of the L.A. Patriots Organizing Committee.

Team scoring: Patriots, 51; San Diego TC, 38; Seniors TC, 24; West Valley TC, 21; Hawaii Masters, 18; Orange Flyers TC, 16; New York Masters, 16; Hughes Aircraft, 12; Coast AC, 6; Club West, 6; Pacific Telesis, 6.

"We congratulate all the teams who took part in this first-time event," Thompson said. "We'll do it again in the summer of 1987." □

Philadelphia Hosts Annual Meet

by PETE TAYLOR

VILLANOVA, Pa., August 2. Jim Sutton, Al Walton and Bob Stanford were among the top performers today as the Philadelphia Masters held their annual outdoor track & field championships at Villanova University.

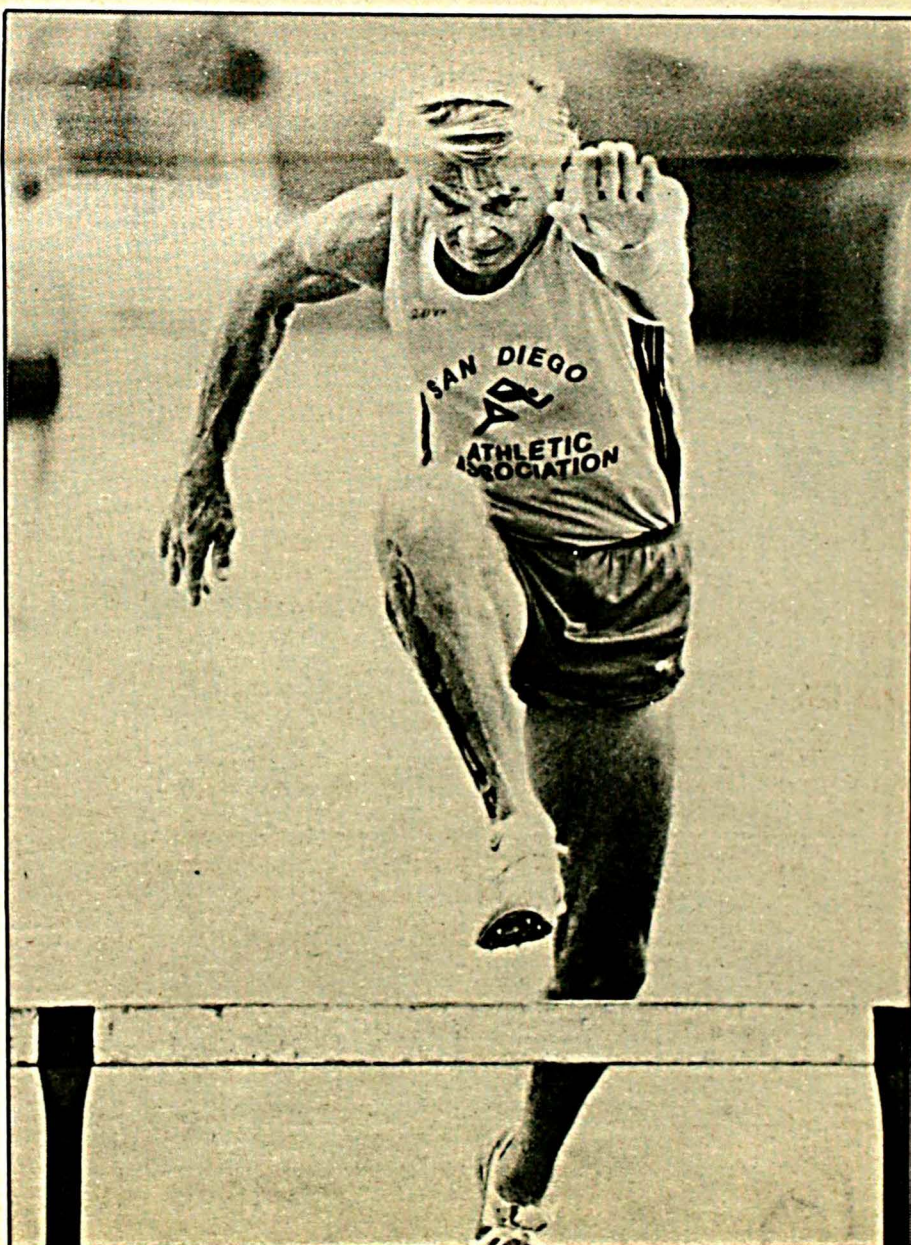
Sutton, 55, led all 1500-meter runners with a 4:30.0, only four seconds over his U.S. M55 record-setting effort in the U.S. nationals on July 19.

Walton, 35, was a triple sprint winner, in 10.9, 23.7 and 54.0; while Stan-

ford won the M45 dashes in 11.9, 24.1 and 55.1.

Young strongman David Reiss, M35, hurled the javelin 235-9 to lead all throwers. Paul Eberhardinger, M65, managed 34-3 in the weight throw; Herman Hart, M65, threw the discus 105-10, and Kathy Pierce, W35, reached 93-1 in the same event. Larry Pratt, M45, recorded a good 145-5½.

Alan Cohen, continuing his excellent recovery from a stroke, nailed down six golds in the M55 bracket. □



Jock Jocoy, 60, sets a world record in the 300-meter hurdles for men age 60-64 with a 51.22 in the San Diego Masters Championships on June 7. However, the mark was broken by Jack Greenwood in the nationals in New York on July 19.

PROFILE

Carl Ellsworth Plays It Cool

Five miles into the Pacific Sun 10-K in Kentfield, California, during early June, Carl Ellsworth, a 55-year-old runner from Hawaii, was on a pace that would better his personal best of 35:20, set in a 1982 San Francisco race. It appeared he might even break 35 minutes, something not many men in Ellsworth's age division have done.

With about a mile to go, Ellsworth began slowing significantly. "I started to get a little disoriented at about five miles, and I was struggling after that," he relates. With 300 yards to go, the course brought the runners onto a high school track and Ellsworth was certain he would still finish with a respectable time, if not a PR. Twenty yards from the finish line, he fell flat on his face.

"It was a funny feeling," Ellsworth recalls, laughing. "It wasn't as if I fell. It was more like the track came up and hit me in the face."

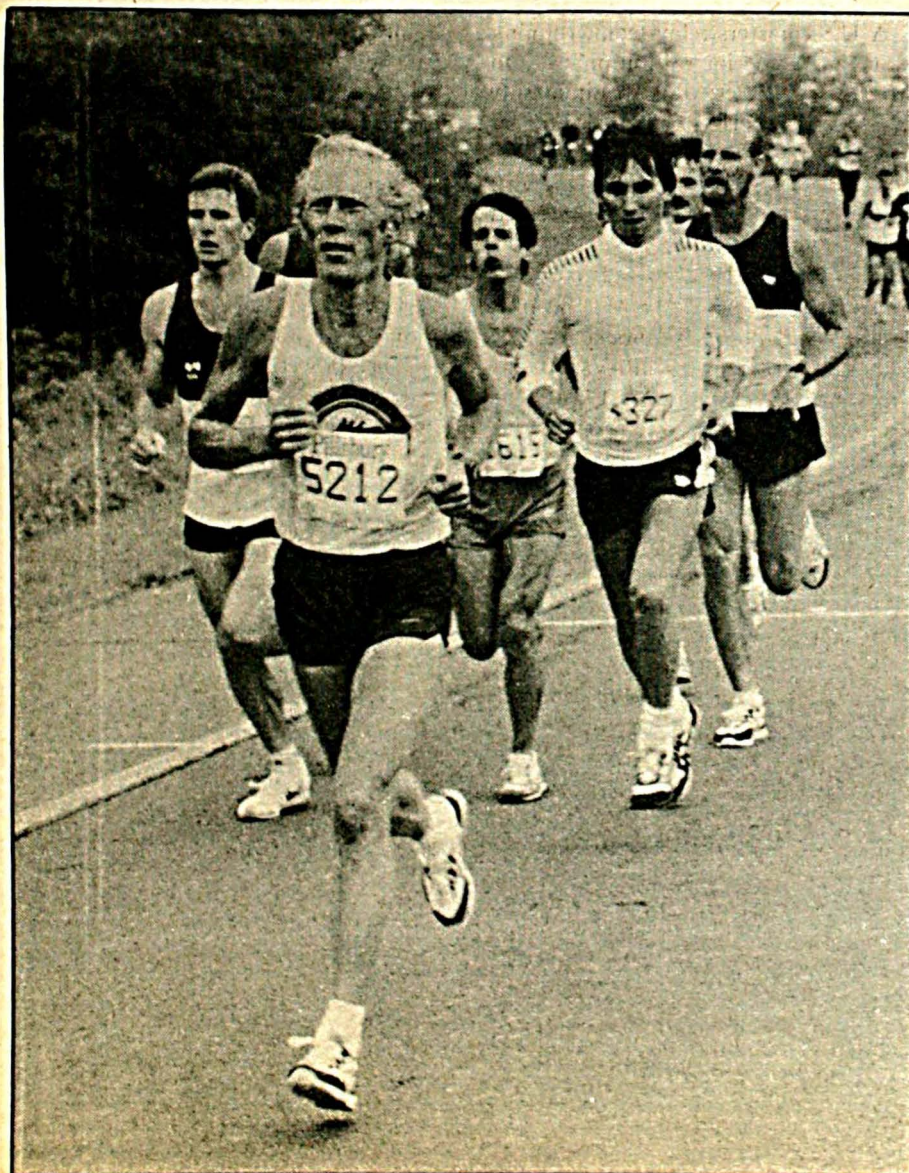
Ellsworth got to his feet and fell three more times before finally staggering across the finish line in 36:47, as his wife, Tsuru, frantically observed.

Across the bay in Oakland a week later, Ellsworth got his act together. In

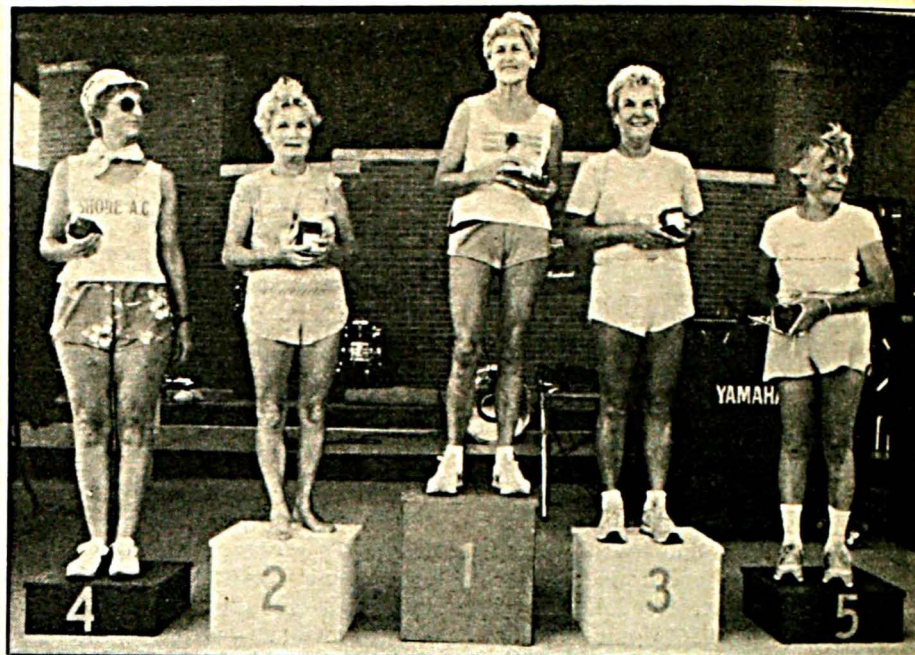
the Pacific Association TAC 5-K championship, he recorded a 17:07 to break the national record for the 55-59 division. The following week, in Duluth, Ellsworth further established himself as one of the top masters distance runners in the country as he clocked an excellent 2:45:18 in Grandma's Marathon, the best among the over-55 competitors (although the race had ten-year age divisions and Ellsworth was second to 50-year-old Fritz Mueller).

"I'm just not a warm-weather runner," Ellsworth comments, referring to the conditions in the Kentfield race. "I've passed out in a couple of other races."

Ellsworth had traveled from Hawaii to the mainland to visit his daughter in



Carl Ellsworth, 55, at 19 miles in 1986 Grandma's Marathon.



Proud of their trophies in the U.S. Masters 10K Championships in Asbury Park, N.J. on August 9 are the winners in the age 60-64 bracket. From left: Trudy Schmidt (30:37), Edith Farias (53:30), Mary Storey (49:07), Lulu Mancini (53:44) and Juanita Goldman (62:09). Photo by Valentine

California and to get in some cool weather racing, something not often available to him in Hawaii. He didn't anticipate the unusually hot day in San Rafael.

"Hawaii is a great place to train, but not to race," says Ellsworth, who credits his Oakland and Duluth performances, both personal bests, to a combination of cooler weather than found in Hawaii and injury-free training for more than a year.

To avoid running in Hawaii's year-round warm and humid weather, Ellsworth trains early in the morning and late in the evening. And, he favors races which start at 5:30 or 6 in the morning (the usual starting time in Hawaii is 7 a.m.).

A native of Pompton Lakes, New Jersey, Ellsworth entered the Navy after high school and was assigned to a ship based in Japan. After his four years in the service were over, he remained in Japan, married, and earned both a Bachelor's and a Master's degree at Japan's Sophia University. He then served as a civil servant for the United States before retiring in 1974. Fluent in Japanese, he taught for four years at his alma mater before moving to Hawaii in 1978.

"The yen-dollar exchange pretty much dictated a move, and since my wife is Japanese, Hawaii seemed like a pretty good place," Ellsworth explains. "And besides I was surfing a lot in those days and Hawaii appealed to me as a surfer."

Ellsworth began running in April 1978. "It was just sort of a way to get some exercise before I'd go surfing," he says. "My neighbor, Greg Gados, talked me into attending the Honolulu Marathon Clinic and running the Honolulu Marathon."

Four months later, Ellsworth finished the Honolulu Marathon in 3:14. "It was the only comfortable marathon I've ever run," he continues. "I guess it was because I was only concerned with finishing. After that, I set my goal at breaking three hours."

The 1978 Honolulu Marathon was Ellsworth's first race. His second race, at any distance, was the 1979 Honolulu Marathon, in which he clocked 2:56. After that he joined the Mid-Pacific Road Runners Club and became an active competitor.

Ellsworth lowered his marathon best to 2:47:25 in the 1985 Honolulu Marathon before bettering that at Grandma's. His training consists of an average 105 miles a week, including an interval session of 12 quarters in an average 72 seconds and a long run of from 20 to 30 miles a week.

"One week I got 123 miles in, but I usually find anything over 105 or so is really pushing it," Ellsworth comments. "I do doubles five times a week. Tuesdays, I usually do a hard 15. Thursdays is when I do the interval workout and Sunday is my long run. For awhile there I was getting an injury every few months, but I've been lucky the last year and haven't had any injuries."

Ellsworth taught Political Science part-time at the University of Hawaii for a semester after earning his Ph.D. there two years ago. But for the past year, except for coaching cross-country at Hawaii Loa College, he has relaxed in full retirement at his near-beachfront home, another factor which may have contributed to his recent success.

Asked which is his favorite distance, Ellsworth gives a strange response: "Either the 5-K or the marathon." He says the 10-K is his least favorite race. "I've just had all kinds of problems with that distance," he comments, mentioning his recent Pacific Sun experience, as well as two other 10-K's in which the heat has beaten him.

"I hope to go back to the Mainland soon and run some more races. I think I can break 17 minutes for 5-K and I'd like to see what I can do some 20, 25, and 30-K's in under cooler conditions." —Mike Tymn □



The International Scene

by DON FARQUHARSON, President, WAVA

IAAF Unhappy With WAVA Agreement

In my last article (May, 1986), I described how an agreement had been prepared by the WAVA and IAAF members of the IAAF Veterans Committee as the basis for the connection of the two bodies. The agreement was published in its entirety and, if accepted by the IAAF at its 35th Congress at Stuttgart, West Germany in August, 1986, would be presented to the General Assembly of WAVA in Melbourne, Australia in December 1987 for final ratification.

Armed with this agreement, I travelled to Stuttgart for the IAAF Congress. This Congress is a meeting of the delegates of the (approximately) 170 countries affiliated to the IAAF, plus members of all IAAF committees. It is presided over by the President and 20 Council Members of the IAAF; thus the gathering features over 700 of track & field's administrative elite.

Arriving two days before Congress opening, I was joined by WAVA Secretary Owen Flaherty and Vice President of Track & Field, Hans Axmann. Very quickly, the "grapevine" told us that the African countries intended to object to our South African affiliate, the South African Masters.

To meet these objectives, we obtained a hearing at a meeting of the African delegates. After telling them something of WAVA's history and philosophy, we explained to them that the South African Masters were thoroughly integrated in all their activities, that we had travelled to South Africa and privately spoken to all non-white competitors at the SAMA Championships. They had been unanimous in assuring us that they were treated well and equally by the white competitors and were welcome at all social functions.

The African delegates accepted this without much comment, and thanked us as we left. Later we spoke to many individual African delegates, stressing again that SAMA is connected neither with the S.A. Government nor their national body. Furthermore, they did not practice apartheid and should be encouraged. Privately, many agreed, but were evidently instructed in what to say by their governments.

Shortly before the Congress began, we received the totally unexpected news that the British delegates objected to some of the terms of the proposed agreement. Approaching them and introducing myself I found that two of them were quite unconcerned. But the third, Ewen Murray of Glasgow, took strong exception to what he stated was WAVA "interference in the National Bodies' sovereign rights." This in-

terference, he stated, was embodied mainly in clauses 2, 4 and 6 of the agreement, where it concerned WAVA and National events. I explained at length that if we had intended to run an irresponsible organization which would cause problems for national bodies, we would not have come. We were present in order to cooperate. Ewen remained unconvinced by this and although he appeared somewhat appeased that evening, he reverted to his previous stance on the second day when our presentation was to be made.

Considering its size and divergent ethnicity, the Congress is a marvel of efficiency featuring instant translation facility in seven or eight languages by battery-operated mobile equipment. After my introduction by Hans Skaset, I spoke for about 4½ minutes, outlin-

A succession of delegates from Africa, Asia and the Caribbean condemned our South African connection.

ing the aims and philosophy of WAVA. I gave a brief history, pointing with pride to the large number and age range of our competitors and then pointed out the fact that we are individuals who are neither selected nor funded by the countries in which we live. I finished by saying that, in cooperation, WAVA and IAAF could spread the gospel of Veteran athletics to huge numbers throughout the world who do not yet know of us. The applause was enthusiastic and reassuring but, alas, was soon dissipated by a succession of delegates from Africa, Asia and the Caribbean who condemned our South African connection. Ewen Murray's objection was added to this chorus so that although IAAF President Nebiolo praised the Veteran concept and the success of our Rome Championships (which he attended) it was evident that the measure would lose on a vote. Dr. Nebiolo saved the day, avoiding the vote by taking the

matter back to Council and promising some changes should it be reintroduced at the next IAAF Congress in Rome in September, 1987. Hans Skaset was crestfallen, I think, and Owen, Hans and I were certainly disappointed.

Two points are evident: first we cannot (at present) complete a connection with IAAF while we have a South African affiliate and second, the IAAF is committed to a Veteran Wing either with or without WAVA.

I am contacting the members of our executive committee to decide on the next move and will relate this in my next article. A two hour wait at Amsterdam (Schipol) on my return journey was valuable, as Jacques Seruys, our Vice President of Road & Country, was kind enough to drive from Brugge, Belgium, a round trip of 600 kms, to meet me and discuss the news. □



U.S. masters athletes being interviewed on live TV in Lima, Peru. From left: Bill Knocke, Dennis Duffy, interpreter, TV interviewer, Mel Brooks, Stan Whitley.

U.S. Masters Team Sets World Mark in Peru

A U.S. masters relay team, running alone in a special exhibition race in front of 8,000 Peruvians in Lima, July 29, set a new world record of 1:30.6 for the M40-49 age group in the 4x200 relay. The quartet consisted of four U.S. runners who had just represented their California-based West Valley Track Club in the U.S. Masters T&F Nationals in New York: Mel Brooks, 45, of Oakland; Bill Knocke, 46, of Culver City; Stan Whitley, 40, of Pomona; and Dennis Duffy, 43, of Fresno. Their time broke the previous record of 1:32.0 set in 1981 by the Southern California Striders team of George Cohen, Nick Newton, Bill Knocke, and Walt Butler.

The West Valley team was sponsored by Peru's Power Shoe Company who wanted to showcase the U.S. masters runners at the First International Speed Championships, a large juniors event at Lima's San Luis International Stadium, Peru's first artificial, all-weather track.

The Peruvians were introduced to masters track and field at its best. In fact, they saw it twice! On Sunday, having just arrived from the 24-hour trip and suffering from jet lag, the team was told that not only would they not be allowed to run against South American juniors teams as planned, but that they would have to run in 10 minutes! They ran 1:32.0, which tied the existing record, but were disqualified for a zone violation. On Monday, they got another chance, and

really "blazed" one.

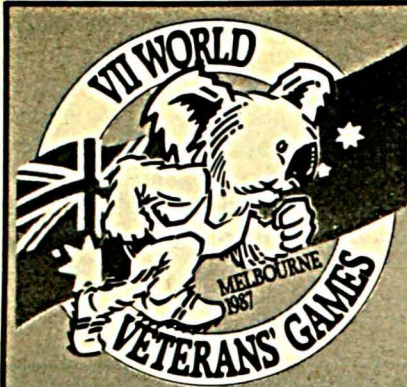
The "old guys" were clearly the hit of the meet. The runners were mobbed by TV and news reporters, and the race was shown on every television newscast in Peru for a week.

Nick Newton, 52 from the Los Angeles Valley Track Club, accompanied the West Valley runners to Lima, and put on a high-jump exhibition for the fans.

The Power Company host, Pepe Lozano, did an excellent job of promoting the meet and the masters exhibitions. Pepe capped the fairy tale trip by taking the athletes on a traditional tour of the 12,000-foot high Inca ruins at Machu Pichu. □



Masters world record 4 X 200 relay team in Peru, from left: Stan Whitley, Dennis Duffy, Bill Knocke and Melvin Brooks.



13 Months To Go

Countdown to Melbourne

NMN Will Host Tour to Australia

The National Masters News will combine with Sports Travel International, Ltd. to host a tour to Australia in 1987 for the VII World Veterans Games, and we invite you to join us.

The tour will be led by Al Sheahan, editor of the National Masters News; David Pain, founder of the U.S. masters track & field program; and Helen Pain, the head of Sports Travel, International.

David Pain organized the first masters international tours from 1972-1976 to Europe, New Zealand, the South Pacific, Africa and Australia. Helen Pain's Sports Travel International, Ltd. agency has conducted many successful overseas masters tours, including trips to all six previous World Veterans Games.

The VII World Veterans Games next year in Melbourne, from November 28 thru December 6, is shaping up as the best World Games ever. Its director, Ray Callaghan, seems remarkably well organized and his staff appears quite capable of staging an event of this magnitude.

Peg Smith, Executive Director of the Games, has rounded up sponsorship commitments of 1.1 million Australian dollars (U.S. \$660,000) to help provide all the extras that can often make a difference between a good and a great event — such as keeping the entry as low as U.S. \$40, which would include the WAVA levy of \$15.

The Olympic Park facilities in Melbourne — the same venue that

hosted the 1956 Olympics — are excellent. Two first-class tracks are adja-

IN TRAINING



FOR THE VII WORLD VETERANS' GAMES

cent to each other, just like in Rome, so that an athlete doesn't have to bus across town to a second track, as was the case in San Juan and Hannover.

While no housing is available next to the track, the University housing is only about three miles from the tracks. Hotels, in all price ranges, are within a mile or two.

The Australian organizers will provide a special travelcard for local transport and promise that buses will run frequently from the tracks to the hotels, so that no competitor will ever be stranded without a ride. We trust the Aussies to do it right. (Don't let us down, mate!)

We also hope to have on the tour a team manager, who will provide a service long needed in these Games, namely: solving competition problems and providing up-to-date information on meeting schedules, transportation, banquet tickets, protest procedures, seedings, advancement to finals, medical facilities, relay teams, where to go, how to get there, what to do, etc.

In cooperation with TAC's National Masters Committees, the team manager would provide this service for all U.S. participants, not just NMN tour members. We hope to have a daily meeting of all U.S. competitors to review the previous day's activities, congratulate medal winners, and try to resolve any problem. While we each compete as individuals, and not as a member of any official national team, it still is helpful, when in a strange land, to get together with like-minded

members will want a no-frills, dormitory package, and we will have one. While the university accommodations are going fast, we have already sent a substantial deposit to Melbourne to reserve 100 dormitory beds.

Others on the tour will want to stay at a top hotel, and we will provide that, as well. Still others may want something in between, so we are also reserving rooms at a moderate-budget hotel.

Through the team manager and STI support staff, we will try to keep everyone in close contact each day, so that everyone feels truly like part of the group, and not stuck off alone, somewhere.

The official entry forms will be available by the end of this year. Melbourne expects 5000 entries from more than 50 nations.

We hope you'll start making plans, now, to go to Australia. Details of the tour and prices will be available next month. Please be ready to send a deposit.

NMN and STI will do our best to provide the best tour possible, at the lowest possible cost. We'll provide updated information each month in this column. Meanwhile, if you have any questions, just write to the National Masters News VII World Veterans Games Tour, Sports Travel International, Ltd., P.O. Box 7823, San Diego CA 92107. Or call 619/225-9555. □

companions and exchange pertinent information.

We will try to house everyone on the tour in one of three locations — all centrally located and proximate to the tracks and to each other. Some tour



Ricky Bruch (left) Sweden's bronze medalist in the '72 Olympics in the discus, placed second to Namakoro Niare, France, who set a European M40 record (176-5) in the V European Veterans Championships, Malmo Sweden, July 28-August 2. Veikko Pakalen, Finland, was third.

Photo by Jorgen Tufvesson

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20th WORLD VETERANS CHAMPIONSHIPS ISRAEL 1987



The Organising Committee of the 20th World I.G.A.L. Championships invites Veteran runners of all standards to come and participate in a memorable running festival. Now, more than ever, runners express their health and fitness and make new friends by running in different and exciting locations.

The choice of Israel to host the 20th World I.G.A.L. Championships and Veterans Road Race Meet was made because the delegates felt that ours is a country which you the runner have always wanted to visit.

Israel is a country which offers the runner much more than the pleasant geography and climate for running. It is a fascinating land rich in history and tradition. It is an exciting land of variety both in its geography and its people.

During your visit we will show you the holy sites which you have read about in your bible. You will be able to enjoy the different cultures of our people. The music and dancing of this very young, and yet so very old, country will thrill you and leave you with wonderful memories.

There will be a choice of three Championship events. The distances will be 10km and 25km and Cross Country.

The Championships will be held during the festive period of Purim, a holiday celebrated with fancy dress parades, music and dancing. There will be folklore evenings, parties and ceremonies.

Both 10km and 25km races will be run on smooth, wide, asphalt roads. The courses will be accurate and conducive to fast times.

All races are sanctioned by the Israeli A.A.A. and will be contested according to the rules of the I.A.A.F.

Land Prices below. For more detailed itinerary and reservations, plus flight information, contact Sports Travel International, Ltd.

		Home Comfort	2 Star	3 Star	4 Star	5 Star
Budget Special	12-19/3	\$159.-	\$220.-	\$275.-	\$295.-	\$450.-
Warm Up Tour	8-19/3		\$60.-	\$77.-	\$93.-	\$168.-
Post Champion	12-22/3		\$323.-	\$418.-	\$453.-	\$728.-
Grand Tour	12-25/3		\$295.-	\$381.-	\$414.-	\$660.-
			\$610.-	\$662.-	\$213.-	\$288.-

Price Subject to alternation without notice

Race entry form
20th VETERANS WORLD CHAMPIONSHIP. ISRAEL.
CROSS COUNTRY 15th MARCH 1987. 10KM 16th MARCH 1987. 25KM
17th MARCH 1987.

Name of race 10km ☐ 25km ☐ Cross Country ☐

Surname

Forename

Address: Street

Town/City

County/Country Post Code

Birth date Age Sex M/F Telephone

ENTRIES are open to all Women over the age of 35 and all Men over 40 years of age on the day of the race. Age categories will be as follows:

Women:

W35 — 35-39 years
W40 — 40-44 years
W45 — 45-49 years
W50 — 50-54 years
W55 — 55-59 years
W60 — 60-64 years
W65 — 65-69 years
W70 — 70-74 years
W75 — 75 and older.

Men:

M40 — 40-44 years
M45 — 45-49 years
M50 — 50-54 years
M55 — 55-59 years
M60 — 60-64 years
M65 — 65-69 years
M70 — 70-74 years
M75 — 75-79 years
M80 — 80 and older.

AWARDS will be presented to the first three individuals in each 5-year age group in all races. Specially designed medals and certificates will be awarded to all finishers in all races.

All finishers will receive complete results of their races. Special awards will be distributed at the discretion of the Organisers.

COMMEMORATIVE T-SHIRTS will be available for \$8 U.S.

AWARDS CEREMONY & FAREWELL PARTY. All runners and their guests are invited, at a charge of \$15 U.S., to enjoy themselves at a Gala Awards Ceremony & Farewell Party. Tickets will be limited for the comfort of those attending. Fees for the Ceremony & Party should be submitted with entry fees to guarantee reservations.



ENTRY FEES & DEADLINES

One race — \$15 U.S. 2 races — \$25 U.S. 3 races — \$35 U.S. (Fees include World I.G.A.L. dues.)

Entries must be postmarked no later than 1st January 1987.

Entries mailed after this date must include an additional \$10 U.S. late fee.

All entry fees must be made to 20th World Veterans Championship and mailed to Barry Shaw, Executive Director, 6 Shmuel Hanatziv Street, Netanya, Israel 42281.

Sports Travel International, Ltd. is the official American operator to handle all land arrangements for the 20th World I.G.A.L. Championships. In consultation with the Executive Director of the World Championships, Mr. Barry Shaw, we have arranged a variety of programmes and services to suit all tastes and pockets.

We feel that you, the runner, deserves the best of our attention. Runners and guests who book through us will enjoy the following services:

1. You will be met and assisted at the airport on your arrival.
2. You will be transferred in comfort to the hotel of your choice.
3. You will be shown our beautiful country and visit the major historical and biblical sites.
4. You will be taken to parties and to folklore events.
5. Our multilingual staff will be available to handle your enquiries.
6. When it is time for you to leave, we will escort you back to the airport and help you prepare for your flight home.

RESERVATION FORM

SURNAME FIRST NAME

ADDRESS

Telephone

I/We wish to reserve place/s on the following tour:

Name of tour

Grade

Cost per person

Please accept my/our payment by Bank transfer to the sum of U.S. \$

credit card (Eurocard Mastercard, or Access) no

Ex Date

Signature Date

I enclose the following fees:

One event \$US Two events \$US Three events \$US

Awards & Farewell Party \$US T-Shirt \$US

TOTAL \$US

I hereby declare that the Organisers shall not be liable for any accident, injury, loss, or damage to me or to my possessions as a consequence of my participation in the 20th Veterans World Championships.

Signed: SPORTS TRAVEL INTERNATIONAL, LTD.

Mail to: P.O. BOX 7823
SAN DIEGO, CA 92107
(619) 255-9555 TELEX 295443

2418 Compete

Continued from page 1

silver medals in the shot (15.07) and discus (50.66).

+ The host country's marathon ace, Kjell-Erik Stahl, 40, easily captured the 10,000 in 30:43.

+ The Kiss brothers of Hungary returned to competition with Jozef finishing 4th in the M45 10,000.

+ Britain's Ron Taylor, 52, who set world M50 indoor records in March and has a world M50 200 record of 23.1 pending, put on his lucky hat to lower the record still further to 22.91. "You wait, man, before the end of this season, I'll break the 400 world record," he said after the race. "It's all there; I only need the right conditions."

+ Willy Finnanger of Norway won the M65 300-hurdles in 53.75, and praised the switch from 400 to 300 for the 60-and-up groups. "It's much better; the 400 was too demanding; the knees and thigh muscles go before the last set of hurdles; this is a very good move," he said. The M60 winner, Hannu Suoknuuti of Finland, agreed, saying: "I'm going to Melbourne and am looking forward to clashing with Jack Greenwood over this distance." Since Suoknuuti ran 46.70 in Malmo, and Greenwood ran 46.31 in the U.S. Nationals in New York, it shapes up as an event worth watching.

+ The introduction of the new IAAF-specified javelin didn't cause any major problems, as Yugoslavia's Marinko got off the week's best heave of 65.64 to win the M40 title.

+ Ron Mercellina of Holland won the M40 800 (1:55.96) and 1500 (4:02.2).

+ The 4 X 400 relays were spectacular, with the West German M40 team blazing to a 3:27.96, and the British M50 squad crackling to a WR 3:39.40, a sub-55-perman average.

+ Only three-tenths of a second separated the first three finishers in the M70 1500. Attilio Parma of Italy, a finalist in the 1936 Berlin Olympics, reeled in Norway's Lie Oddvar and Finland's Santala with a last-second lunge at the tape to clock 5:37.50 to Santala's 5:37.72 and Oddvar's 5:37.81.

+ Fritz Assmy, winner of over a dozen world veterans gold medals, ran with a new guide, since his regular guide, his son,



All smiles from the German W40-49 4x100m relay quartette of Hannelore Nenn #49, Silke Mattelson #42, Angelika Bahte, and Annegret Schramm, which set a European record of 50.95 in the V European Veterans Championships, Malmo, Sweden, July 28-August 2. England was silver medalist with Judy Vernon (waving), Pat McNab peeping over

her right shoulder, Christine Drewry, and Pat Gallagher, in vest, who won three golds in W40, 400, 800, and 1500. Denmark took the bronze with Lis Fischer, Marianne Soderberg, A.L. Damm-Olesen, and Kirsten Onsberg.

Photo by Jorgen Tufvesson

recently had a thigh operation. He won the 400 in 65.66, but had trouble coordinating the wrist tether with his new guide and could only take second in the 100 and third in the 200. "It takes about 12 months to form a cohesive team, but we ran the 400 well," he said.

+ Twenty percent (498) of the competitors were women — the highest of any recent major international veterans meet — and they accounted for 12 of the 23 world marks.

+ Britta Tibbling of Sweden and Johanna Luther of West Germany swept the boards in the W65 and W70 groups, respectively, with Tibbling getting under an hour in the 10K walk and clocking 6:13.30 in the 1500, three seconds off her own world W65 mark.

+ Marianne Hamm of West Germany broke her own world record with 11.51m in the W55 shot.

+ The oldest mark in the record books — Una Lund's 12.39 in the 80-meter hurdles, set 33 years ago in 1943, was broken by St. Louis-born Judy Vernon, who ran 11.78. Nanette Furgine of Switzerland was also under the old mark.

+ The third oldest mark in the books — a 39.72 in the W50 discus, set in 1954 — was nearly broken by Sigrun Kofink of West Germany, who settled for a 38.28.

+ Vieno Keikkila of Finland won the W45 10K walk in 52:07, and the ex-international, Olga Meyer, of West Germany, lifted the W55 title in 56:42.

+ Anne McKenzie lost three of her world records. Her W55 800-meter mark of 2:43.5 fell to Norway's Valborg Ostberg's 2:42.03. Her W45 1500 record of 4:49.2 went to Holland's Godelieve Roggerman's 4:46.92, and her W55 400 time of 70.9 was lowered to 70.11 by Belgium's Agnes Blom.

+ World M40 marathon champion, Daniel Duhamel of France, had an untroubled victory over the two-lapped course in 2:24:08. The Acquarone siblings of Italy each won golds: Silviana copping the W40 in 2:47.01, and Luciano taking the M55 in 2:49:22.

+ West Germany's Guido Mueller lowered his own M45 400-hurdle mark from

55.64 to 55.18, and sizzled to a 50.98 400.

+ Finland's Pentti Saarikoski shattered the world M60 mark with a 57.30 hammer throw. □

Trei, Legare Win Top Honors in Canada

Karl Trei, 77, and Diane Legare, 35, were named the outstanding male and female athletes of the Canadian Masters Track & Field Championships in Sherbrooke, Quebec on August 1-3.

Trei won eight events in the 75-79 division, while Legare captured the 1500 and 5000 in the good times of 4:48.56 and 17:43.69 in the W35 category.

Ian Hume and Arnolds Ticmanis each swept all eight field events in the M70 and M80 brackets, respectively.

Susan Redfield and Barbara Pike made the trip from Boston to pick off four and two gold medals, respectively, in the W50 and W40 groups. Americans Hugo Hartenstein, M50, Carl Wallin, M40, and Carl Klehm, M45, each were multi-winners.

Ray Cardinal swept the M35 sprints in fast times (11.29, 22.76 and 50.78). WAVA President Don Farquharson splashed to victory in the 2000 steeplechase in 9:14.29. Joe McGuire turned in a good 5000 (15:43) and 10000 (32:56) double in M40. The meet was directed by Daniel Quirion. □

PENDING NEW WORLD AGE-GROUP RECORDS SET AT V EUROPEAN VETERANS TRACK & FIELD CHAMPIONSHIPS IN MALMO, SWEDEN — JULY 28-AUG. 2, 1986

Event	Age	New Mark	Name	Country	Old Mark	Held by
200	M50	22.91	Ron Taylor	GBR	23.4	Thane Baker
200	M65	33.52	Mary Wixey	GBR	33.67	Audrey Reid
400	M55	70.11	Agnes Blom	BEL	70.9	Anne McKenzie
800	M55	2:42.03	Valborg Ostberg	NOR	2:43.5	Anne McKenzie
1500	M45	4:46.92	Godelieve Roggerman	BEL	4:49.2	Anne McKenzie
5000	M80	23:07.0	Fritz Helber	FRG	23:18.4	Louis Charbonneau
1600R	M50	3:39.40	Great Britain			
2K-SC	M60	7:44.80	Jan Kystad	NOR	9:27.4	Desmond Margetson
2K-SC	M65	8:52.63	Emiel Pauwels	BEL	10:00.1	Tim Dyas
80H	M40	11.78	Judy Vernon	GBR	12.39	Una Lund
80H	M50	13.7	Corrie Roovers	HOL	14.12	Maeve Kyle
400H	M45	55.18	Guido Mueller	FRG	55.64	Guido Mueller
HJ	M60	1.20	Vlaska Chlumska	TCH	1.19	Bettina Woodburn
LJ	M60	4.36	Lieselotte Sueberlich	FRG	4.35	Paula Schneiderhan
LJ	M65	3.58	Mary Wixey	GBR	3.40	Rosaline Sole
TJ	M55	12.75	Herman Strauss	FRG	12.62	Gordon Farrell
SP	M50	13.37	Sigrun Kofink	FRG	12.79	Marianne Hamm
SP	M55	11.51	Marianne Hamm	FRG	11.49	Marianne Hamm
DT	M75	39.46	Osmo Renvall	FIN	38.76	Karsten Brodersen
HT	M60	57.30	Pentti Saarikoski	FIN	48.12	Aarne Miettinen
HT	M75	40.82	Osmo Renvall	FIN	29.77	Stan Herrmann
JT	M65	47.80	Mauri Mertakivi	FIN	46.92	Vaino Orjaranto
JT	M50	38.68	Sigrun Kofink	FRG	38.26	Heather Doherty

Dissension at EVAA Meeting**Yugoslavia Opens Campaign for '89 Games**

A serious challenge to the USA's bid to host the 1989 World Veterans Games was formally announced by Yugoslavia at the recent European Veterans Track & Field Championships in Malmo, Sweden.

The seaside resort town of Split was selected by the Veterans Athletic Association of Yugoslavia to challenge Eugene, Oregon — the city selected by the U.S. Masters Site-Selection Committee — for the right to stage the VIII biennial event.

Split has already been chosen to host the XV European Athletics Championships in 1990. Staging the WAVA event in 1989 would be a natural prelude to the 1990 event, Split organizers have concluded.

A glossy, six-page, color brochure, designed especially to promote the '89 Games, was passed out to athletes in Malmo.

Gordana Kosanovic, President of the Municipal Assembly of Split, wrote:

"It is a great honor for me to welcome you to Split, the town which should be chosen as a place in which veteran athletes from all over the world would gather at the 8th World Veterans Athletics Championships 1989."

"Split is known as a town of youth and sports, a town attractive for its mild Mediterranean climate, as well as for the cordiality and hospitality of its inhabitants."

"We are ready to warmly welcome the participants of the 8th World Veteran Athletics Championships."

The selection of the 1989 site will be made by delegates to the WAVA General Assembly in Melbourne, Australia on December 2, 1987.

EVAA Meeting

The General Assembly Meeting of the European Veterans Athletic Association (EVAA) produced some heated discussion and debate:

1) Israel's application to join the EVAA was turned down, 29-27, on a procedural vote.

2) Cesare Beccalli of Italy was reelected President of EVAA, over Bill Taylor of England, 38-20.

3) Other officers, confirmed by acclamation, are: Vice-President: Hans Axmann, West Germany; Secretary: Robert Wurch, France; Treasurer: Giuseppe Galfetti, Switzerland; Technical Manager: Wilhelm Koster, West Germany.

4) The VI EVAA Games were awarded to Verona, Italy from June 26-July 2, 1988, after much questioning about who would organize and possibly profit from the Games.

5) In his opening address, Beccalli stressed that "the EVAA is an independent association." This prompted a letter to Beccalli from WAVA President Don Farquharson saying:

"During the first World Championships in Toronto, 1975, it was . . . unanimous that WAVA should form Continental divisions . . . which clearly

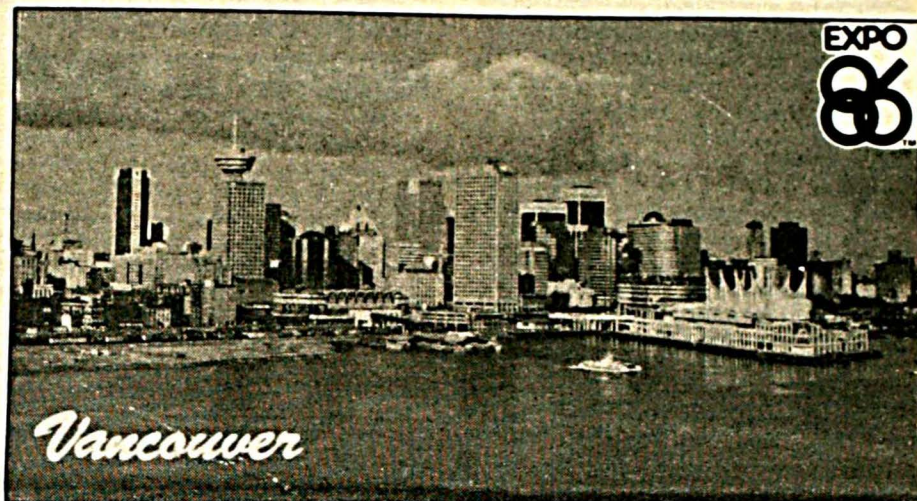
would be parts of WAVA. Nothing has changed. Now that we have built WAVA to its present stature, the act of splintering its parts would be lamentably retrogressive. EVAA is a part of WAVA and not independent of it . . . We cannot go forward with this kind of schism."

In reply, Beccalli wrote: "The EVAA is a body separately created, nevertheless having always cooperated with WAVA and feeling a part of it. But WAVA had no part in the creation of the EVAA. No one gave me help or suggestions. There is no document from 1978-1984 where we created a structure of 20 affiliated countries and organized four European Championships, on which we lost money. Roland Jerneryd (past WAVA VP) helped draft a Constitution which begins:

'The EVAA is an independent association.' But, we want close cooperation and more dependency, not less, on WAVA. We agree that a 'schism' would be foolish, and want to cooperate for the best interest of veteran athletes."

After five two-year terms as the first President of WAVA, Farquharson is stepping down next year. Beccalli says he may run for the office. Bob Fine, WAVA's Executive Vice-President, is expected to formally announce his candidacy, shortly.

With two potential 1989 World Games sites, two potential candidates for President, and the WAVA/IAAF agreement to be ratified, the meetings in Australia are shaping up as very important to the future of the international veterans athletics program. □

**EXPO '86 Will Be Backdrop For 19th World Veterans Long Distance Championships**

The successful EXPO '86 will be the backdrop for the XIX World Veterans (IGAL) Road Championships in Richmond, B.C., Canada on October 4-5.

Hundreds of masters runners and their families are expected to enjoy the sights of EXPO in Vancouver and participate in the 10K on Saturday, the 4th, or the marathon on Sunday, the

5th.

Athletes from more than 20 nations will attend the annual event in what promises to be a perfect running climate. Among the top American entrants will be Norm Green and Barry Brown. NMN will have complete results next month. □

WAVA BY-LAWS - Appendix A: Hurdles and Implements Specifications**HURDLES**

AGE	WOMEN					MEN				
	Race Distance	Hurdle Height	To 1st Hurdle	Between Hurdles	To Finish	Race Distance	Hurdle Height	To 1st Hurdle	Between Hurdles	To Finish
35-39	100m	.840m 33"	13.30m 42'8 1/2"	8.5m 27'10 1/2"	10.5m 34'5"					
40-49	80m	.752m 30"	12.00m 39'4"	8.0m 26'3"	12.00m 39'4"	110m	.991m 39"	13.72m 45'	9.14m 30'	14.02m 46'
50-59	80m	.762m 30"	12.00m 39'4"	8.0m 26'3"	12.00m 39'4"	110m	.914m 36"	13.72m 45'	9.14m 30'	14.02m 46'
60-69	-	-	-	-	-	100m	.840m 33"	13.70m 42'8 1/2"	8.50m 27'10 1/2"	10.50m 34'5"
70 plus	-	-	-	-	-	37m	.762m 30"	12.00m 39'4"	8.00m 26'3"	12.00m 39'4"
35-39	400m	.762m 30"	45.00m 147'7 1/2"	35.00m 114'9 1/2"	40.00m 131'2 1/2"					
40-49	400m					400m	.914m 36"	45.00m 147'7 1/2"	35.00m 114'9 1/2"	40.00m 131'2 1/2"
50-59	300m	.762m 30"	30.00m 164'0 1/2"	35.00m 114'9 1/2"	40.00m 131'2 1/2"	400m	.840m 33"	45.00m 147'7 1/2"	35.00m 114'9 1/2"	40.00m 131'2 1/2"
60-69	-	-	-	-	-	300m	.762m 30"	30.00m 164'0 1/2"	35.00m 114'9 1/2"	40.00m 131'2 1/2"
70 plus	-	-	-	-	-	-	-	-	-	-

Steeplechase distance for age-groups 360 and 365 shall be 2000m; there is no steeplechase for age-groups 370 and above.

IMPLEMENTS

AGE	SHOT PUT	DISCUS	HAMMER	JAVELIN
WOMEN				
35-49	4.00K	1.00K	-	600 gms.
50 plus	3.00K	1.00K	-	400 gms.
MEN				
40-49	7.26K (161lbs.)	2.00K	7.26K (161lbs.)	800 gms.
50-59	6.00K	1.50K	6.00K	800 gms.
60-69	5.00K	1.00K	5.00K	600 gms.
70 plus	4.00K	1.00K	4.00K	600 gms.



Mary Wixey, 370, England, who set two W65 world records in the long jump (11-9) and 200 (33.52) in the V European Veterans Championships, Malmo, Sweden, July 28-August 2. No. 303 is Eila Hogovist, Finland; 160 is Elisabeth Haule, Germany, and 341 is Peggy Taylor, England.

Photo by Jorgen Tufvesson

MASTERS SCENE

NATIONAL

- The 1987 TAC National Masters Marathon Championships will be held on January 10 in Pine Mountain, Georgia.
- The Florida Association of TAC plans to bid for the 1988 National Masters T&F Championships — for September or October, 1988 — at TAC's convention this December. Los Angeles is expected to bid for the 1989 national meet, a week prior to the World Veterans Games (if Eugene wins the bid to the host the Games.)
- A recent Runner's World survey shows that the over-age-40 runner makes up 30% of all regular runners today.
- The Montgomery County RRC, Rockville, MD, has been chosen as host club for the 1987 RRCA National Convention and the RRCA National 10K Championships. The convention will be held at the Crowne Plaza Holiday Inn, Rockville, May 14 through May 16. The 10K race will be held Sunday, May 17, 8 a.m.

A recent Gallup Poll found that jogging among Americans has declined in appeal since the peak year of 1984 when 18% participated. About 13% said they now jog, with the decline most pronounced among young adults under 30. Frequency of jogging has also declined since 1984, when 34% of the joggers ran every day or almost daily. Of those surveyed in 1985 and 1986, the percentage of daily joggers had dropped to 21%.

NEW ENGLAND

- Carl Wallin, who set an age-44 AR in the shot with 54-1½ in a New Hampshire all-comers meet in August, writes, "On October 4, I turn 45, another age-group, and am excited about competing against a whole new group of guys. It will be fun to be the 'baby'."

EAST

- Anna Thornhill, 46, of the Millrose AA, notched a 2nd place (272 w/finishers) with a W40+ 1st 19:37 in the Reservoir Run 5K, Central Park, NYC, August 16, and Charles Elkins, 42, of Connecticut, took an 8th place (437 m/finishers) with his masters 1st 16:32. Joseph Burns, 57, Millrose AA, blazed to an M55 victory in 18:45.

- Art Meany, 42, of Canada, won the masters race in 1:13:19 in the Hispanic Half-Marathon, Central Park, NYC, August 24, with Elkins 2nd M40+ (1:15:06). Carl Johnston, 43, Millrose AA, was top W40+ in 1:08:06. Vince Carnevale, of New Jersey, celebrated his recent promotion to the M70 division with wins in the Reservoir (22:28) and Hispanic (1:41:40) races.

- Antonio Roque, 41, New Jersey, paced the masters runners in the 5th Ave. Mile Qualifier #3, Central Park, NYC, August 23, with 4:37. Ruth Ann Fredenthal, 48, NYC, led the women masters with 5:57.

- A plaque commemorating the late Pete McArdle's feats has been affixed to the McArdle finish-line pole in Van Cortlandt Park, NYC. The McArdle Memorial finish line, financed solely by runners' voluntary contributions, is a little short of meeting expenses. A tax-deductible donation can be sent to Joe Kleimann, NYRRC, 9 E. 89th St., NY, NY 10128.

- The Pittsburgh Marathon beat out races in Duluth, Long Beach and San Francisco to win the right to bid to host the 1988 women's Olympic marathon trials, probably on May 1st. It will take a sub-2:50 marathon to qualify for the race. Pittsburgh will start the women 1½ hours before its regular marathon. USX (formerly U.S. Steel) will provide financial support. The USOC's approval is expected.

SOUTHEAST

- A Senior Sports Summit will be held from Oct. 31 to Nov. 2 in Singer Island, Florida. Senior sports groups throughout the nation will exchange information. Contact: Manya Joyce, 305/842-3600.
- Jim Blount, 57, Orlando, FL, was the fastest M40+ in the 5K with a speedy 18:41 in the Central Florida All-Comers meet in DeLand, August 23. Ray Armstrong, 60, showed his heels to some younger runners with a 28.71 220 and a 63.0 440.
- Curt Brown, of Keystone Heights, FL, was overall masters winner in an evening running pentathlon held August 9 in Gainesville, FL, with these times: 2 mile-11:22; 880-2:27; 220-28.4; 440-66.8; and 1 mile 5:42.3.

MIDWEST

- Mary Chadbourne writes, "Unbelievable, but we had to cancel our weight pentathlon and weights clinic (Oerter, Logan, Akins, Schoterman, etc.) for lack of applicants. I don't understand it." The events were scheduled for August 23-24 at Kent St. U. near Cleveland, OH.
- Ken Carmen of Garden City, Michigan, the gold medalist in the M55 3000 steeplechase in Rome, is undergoing radiation treatment for a malignant brain tumor. He competed in a meet in Cleveland June 28th and took 1st place. The next day he complained of a headache and the following day entered the hospital. An operation was performed which removed 90% of the growth. He returned home in July. Words of encouragement can be sent to 29519 Maplewood, Garden City, MI 48135.

MID AMERICA

- Seven athletes achieved "All-American" status at the St. Louis Metro Masters Meet on July 12: Dennis Buss, M45, (100, 11.69; 200, 23.95); Bill Donelson, M55, (100, 12.86); Harry Guth, M60, (100, 13.38); Ross Jensen, M40, (110H, 17.13); Lee Blount, M50, (800, 2:15.52); Phil Brusca, M55, (shot, 44-4; discus, 123-0); and Bill Bandle, M60, (shot, 43-0).



Ed Stotsenberg, 72, wins the 70+ title in 21:42 in the Brentwood, Calif. 5K on May 26.

Photo by Richard Lee Slotkin

WEST

- Bob Stone, 66, of the Northern Calif. Seniors TC, was top scorer with 3641 points, based on his age-factor marks, in the North American Weight Pentathlon, Northridge, CA, July 26. Jim York, 73, also of the No. Calif. STC, garnered 3544, and Lloyd Higgins, 44, So. Calif. Striders, totaled 3540.

- Jussi Hamalainen, 40, Agoura, CA, took a 3rd in the Santa Monica, placed 6th in 2:43:57. Fred Nagelschmidt, 62, Ventura, CA, won the W60 division in 3:04:10.



Ray Williams

- The 2nd Annual Ray Williams Memorial 5000m will be held on the track as part of the Club West Masters Meet in Goleta, CA, October 4. The race, for runners 60+, was added last year to the Club West meet and entails a perpetual trophy, which is permanently displayed at Santa Barbara CC. Each year's winner receives and additional take-home replica. Last year's winner was Ed Stotsenberg, Malibu, CA. Ray Williams, who lived in California's Santa Ynez Valley for the last 12 years of his life, died at age 76. His long scientific career with the U.S. government comprised three phases consecutively: as a forecaster for the U.S. Weather Bureau; as founder and director of the Atmospheric Studies Branch of the Naval Ordinance Test Station at China Lake, CA; and advisor to the Air Force in Washington, DC. His publications included articles in the Encyclopedia Britannica and the Scientific Encyclopedia. After retirement, Williams competed in masters track, nationally and internationally, winning numerous titles in the mile, 1500, and 5000.

- Steve Robbins, 43, led all sprinters in the San Diego TC's August 9 allcomers meet, with a 11.74 100m and a 24.16 200. Dave Robinson, 40, beat all discus throwers with 125-11. Ed Oleata, 49, threw the shot 42-8¾.

- The Northern California Senior Olympics for men and women 50-years-and over were held this year at Edwards Field on the University of California-Berkeley campus on August 2, and, while competition was thin in most divisions, some individual performances were strong. Ed Manougian, M55, of Berkeley, won the 100m in 13.1 and the 200 in 27.2. Pete Ganahl, of Corona, Calif., who also wins 10K's and half-marathons in his M70 division, ran 1:11.5 for the 400 and high jumped 4-4. Lorraine Actor, W60, of Santa Clara, Calif., posted one of the better times in the 2-mile walk with 23:32.

- After a series of injuries, Sister Marion Irvine is back in training again and has her sights on the 1988 U.S. Olympic Marathon Trials, when she'll be 58. She made headlines in 1984 by qualifying for the trials with a 2:51:14 at age 54.

- Correction: last month, we said Shirley Kinsey won three gold medals in the W55 division at the New York nationals. It should have read four. We missed her 80H win in 17.46. Correction II: we said Christel Miller won four W50 events. It should have read five!

- Southern California Racewalking News, published monthly except in August by North American Racewalking Foundation and edited by Elaine Ward, is available for \$5 a year. SCRNL, 358 W. California Blvd., #101, Pasadena, CA 91105. 818/577-2264.

- Phil Dutton, oldest active member of the Golden Gate Race Walkers, died of cancer at age 80 at his home in San Francisco on Sept. 6. Dutton had only begun race walking about three years ago, but had held several national age records for the two-mile and 15K distances. He placed third in the TAC National one-hour walk in 1984 in the 70+ category. He is survived by his wife, Esther, also an avid masters walker, and a daughter, Carolyn, a teacher in the Berkeley, CA school system.

- TAC Masters T&F Western Regional Chairman Gary Miller announces the 1987 TAC Western Regional Masters T&F Championships will be held in Fresno, Calif. on July 25-26. Hugh Adams will direct.

NORTHWEST

- Robert Miller, 50, Seattle, had masters bests in the 100m (11.4), 200 (24.2), and 400 (55.5) in the Federal Way Meet in Federal Way, WA, June 20-22. Mike Marbut, 40, Seattle, hot-footed to 6.8 in the 60m. Michael Records won the M40-49 shot with 43-9, and Harvey Williams, the M60-69 discus, 131-8.

- In the T&F portion of the State Games of Oregon, Portland, July 25-26, George Putterbaugh, M60, ran a 1:05.14 400; Don Jacobs, M65, walked the 5000 in 34:13; Gary Reddaway, M45, fired the javelin 186-0; and Ross Carter, M70, hurled the 12# shot 44-10¼.

- Steve Lester, 43, was first overall in the Garden of Eden 15K in Utah with a fast 49:27.

- The Second Annual Bare Buns Fun Run was held at the Kanixsu Ranch for nudists near Spokane. The three-mile run drew over 100 runners, about 25 of whom ran in the altogether. "The finish was novel, as I've never been cheered on by 75-100 nude people before," runner Jack Dishman wrote in Spokane's Bloomsday Road Runners Club newsletter. "Will I attend the Third Annual Bare Buns Fun Run? You bet your sweet cheeks!"

CANADA

- Victor Sipes, 40, of Detroit, won the Canadian Masters National 20K RW Championships, Burlington, Ontario, August 23, in 1:50:26. Another Detroit, Frank Soby, was 2nd with 1:59:20.

INTERNATIONAL

- A group of masters athletes and their families toured China from August 10 to Sept. 1, visiting Beijing, Nanjing, Wuxi, Hangzhou, Shanghai, Xian, Buiin and Hong Kong. The group participated in a track & field meet in Nanjing on Aug. 17, and in 5 & 10K runs in Hangzhou on the 20th. Helen Pain's Sports Travel International conducted the successful tour.

- "If anyone is capable of going under four minutes for a mile after age 40, it is Mike Boit," says Joe Henderson in Running Commentary. The Kenyan ran 3:53 in 1985 when he was at least 36 (his exact birthdate is unknown). Henderson says Boit's long-range ambition is "to run in the World Veterans Championships after I turn 40 in 1989."

- England's Bill Guy turned in impressive M55 wins in the 100 (12.18) and 200 (24.70) in the International Seniors T&F Meet in Baden, Switzerland on August 16. Switzerland's Beatrice Waldis won both W40 sprints in 12.93 and 26.21.

- Sweden's Kjell-Erik Stahl, 40, the world's current premier masters marathon runner, raced to a 2:14:59 to win, overall, the Oslo, Norway marathon on Sept. 13. □

schedule

Track and field events feature competition for men and women over age 30 unless otherwise noted. Long distance events generally are open to all age groups with the exception of national masters championships, which may be limited to men and women over age 40. Entry blanks for national and regional championships will generally be printed in the newsletter 30-60 days prior to the event. Please send any additions or corrections to NMN, P.O. Box 2372, Van Nuys CA 91404.



December 3-7. 8th Annual Convention of The Athletics Congress, Hyatt Regency, Tampa, Florida. TAC, PO Box 120, Indianapolis IN 46206 317/638-9155.

TRACK & FIELD NATIONAL

January 4. U.S. TAC National Masters Indoor Pentathlon Championships, 9:30 a.m., Dickinson College, Carlisle, Pa. Scott Thornsley, 18 Colgate Drive, Camp Hill PA 17011-7624. 717/737-2385 till 11 p.m. Entry form in December issue.

March 28-29. U.S. TAC National Masters Indoor Championships, Madison, Wisconsin. Ron Dennis, c/o WUAC, 6408 Westgate Rd., Monona, WI 53716. 608/221-8020.

June 20. U.S. TAC National Masters Pentathlon Championships, Occidental College, Los Angeles. Gary Miller, 1740 Grandview Ave., Glendale, CA 91201. 818/843-2139.

August 7-9. 20th U.S. TAC National

Masters Championships, Eugene, Oregon, Frank Anderson, 939 East 21st Ave., Eugene, OR 97405. 503/345-2820.

EAST

January 4. Bud Light/PA Masters Indoor Championships, Dickinson College, Carlisle, Pa. Scott Thornsley, 18 Colgate Drive, Camp Hill PA 17011-7624. 717/737-2385, till 11 p.m.

SOUTHEAST

October 11. Greater Nashville AC & Nashville Striders Masters/Open Meet, Nashville, Tenn. Randall Brady, 205 Pebble Brook Dr., Nashville, TN 37221. 615/741-5247 (d); 356-0838 (e).

October 25. North American Championships, Tampa, Fla. Bob Fine, 4223 Palm Forest Dr., Delray Beach, FL 33445.

October 25-November 2. Ormond Beach, Florida Senior Olympics. 58 events for age 60-and-up. Ormond Beach Senior Center, 194 West Granda Blvd., Ormond Beach FL 32074. 904/677-0311; 256.

November 10-15. Golden Age Games, Sanford, Fla. M&W 55+. Greater Sanford Chamber of Commerce, 400 E. First Street, Sanford, FL 32772-0868.

November 16: 5th Annual Running Pentathlon. Masters and Open. Clearwater, Florida. Dick Lacey, 1207 S. Duncal Avenue, Clearwater, FL 33516. 813/447-7161.

November 18. Throwing Pentathlon. Auburn U., Auburn, Alabama. Open and masters. Gary England, 38 Gentilly Park, Auburn AL 36830. 205/826-4750, 205/821-8320.

December 28. Holiday Weight & Regular Pentathlon, Delray Beach, Fla. Randy Cooper or Phil Partridge, 222 NE 22 Lane, Delray Beach FL 33444. 305/278-2241.

MID-AMERICA

June 27-July 2. U.S. National Senior Olympics, St. Louis. Golf, tennis, bowling, T&F, 10K, swimming, archery, etc. 55-and-up. Joy Rice, Administrative Director, 321 West Port Plaza, Suite 202, St. Louis MO 63146. 314/576-1987.

WEST

Thru December 31. All-Comers Meets, Punahoa, Hawaii. Each Sunday at 3:00 pm. Stan Thompson, 2106 Ahapii Pl., Honolulu, HI 96821. 808/734-8450.

October 4. Club West Masters, U.C. Santa Barbara, Goleta, Calif. Geo. H. Adams, P.O. Drawer K, Goleta CA 93117. 805/687-6323.

July 25-26. TAC Masters Western Regional Championships, Fresno, Calif. Hugh Adams, 7904 S. McCall, Selma CA 93662. 209/896-2435.

INTERNATIONAL

October 4-20. Masters Tour to Japan. International meet in Tokyo on 19th. Howard Nishimura, 204 S. San Pedro St., Los Angeles, CA 90012. 213/680-1020; or Bob Watanabe, 213/478-0805.

October 10-12. IV Pan American Masters Championships, San Juan, Puerto Rico. Roberto Santana, Municipality of San

Juan, Call Box 70179, San Juan, Puerto Rico 00936. 809/782-1073.

October 18-19. Hong Kong International Veterans Meet, Hong Kong. M&W 35+. Athletic Veterans of Hong Kong, GPO Box 10368, Central Hong Kong.

October 25. North American Championships. Tampa, Florida. Bob Fine, 4223 Palm Forest Drive, Delray Beach, FL 33445, U.S.A.

November 6-9. III South American Veterans Championships, Santa Fe, Argentina. Juan Kulzer, Estrada 3429, Olivos (1636), Buenos Aires, Argentina.

November 28-December 6, 1987. VII World Veterans Games, Melbourne, Australia. Men 40+, Women 35+. National Masters News VII World Veterans Games Tour, Sports Travel International, Ltd. P.O. Box 7823, San Diego, CA 92107. 619/225-9555. Telex 295443.

LONG DISTANCE RUNNING NATIONAL

January 1-October 31. U.S. TAC National Masters One-Hour Postal Championships. Mail results to: Cliff Sharp, Harding College, P.O. Box 765, Searcy AR 72143 501/268-6161.

January 1-October 31. U.S. TAC National Masters Two-Hour Postal Championships. Send results to: Bruce Robinson, 6322 Eileen Ave., Los Angeles CA 90043.

October 12. U.S. TAC National Masters 20K Championships, Eisenhower Park, East Meadow, N.Y. Jack Dowling, 25-47 Beech St., East Meadow, NY 11554. 516/731-3452.

October 26. U.S. TAC National Masters 5K Cross-Country Championships, Van Cortlandt Park, New York City, Ted Foy, 54 W. 119th St. No. 2, New York NY 10026. 212/369-1271.

November 16. U.S. TAC National Masters 10K Cross-country Championships, Holmdel, New Jersey, Ron Salvio, Century 21 AC, Box 116A, Highway 33. Continued on page 28



Gerd Drewniok, Germany, had no difficulties with the "new" javelin, which was introduced into masters competition for the first time in the V

European Championships, Malmo, Sweden, July 28-August 2, as he releases for the M55 silver (156-3). Photo by Jorgen Tufvesson

1. DISPLAY ADVERTISING RATES

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Continued from page 27

Englishtown NJ 07726. 201/446-4959; 201/928-3852.

November 23. U.S. TAC National Masters 15K Cross-Country Championships, Van Cortlandt Park, New York City. Kurt Steiner, 1660 E. 21st St., Brooklyn NY 11210. 718/336-3025.

December 6. U.S. TAC National Masters 8K Championships, Tampa, Florida. Dick Lacey, 1207 S. Duncan Ave., Clearwater FL 33516. 813/447-7161.

January 10. U.S. TAC National Masters Marathon Championships, Calloway Gardens, Pine Mountain, Georgia. Theus W. (Buddy) Rogers, Jr., Columbus TC, 4529 Hedingham Lane, Columbus, GA 31907. 404/568-1625.

NEW ENGLAND

October 13. Tufts Women's 10K (formerly Bonne Bell), Boston, Mass. Conventures, Inc., 45 Newbury St., Boston MA 02116. 617/267-0055.

EAST

October 5. Jersey Shore Half-Marathon & 20K Racewalk, Sandy Hook, N.J. Jersey Shore Half-Marathon, The Running Store, HWY 35, Eatontown, NJ 07724. 201/542-3077.

October 26. Frihofer's Run For Women 10K, Liverpool, N.Y. TAC Region 1 Masters Championship. SASE to Linda Oja, Frihofer's Run for Women, 333 Miles Ave., Syracuse, NY 13210.

November 2. New York City Marathon. New York RRC, 8 E. 89th St., New York NY 10128. 212/860-4455.

November 2. Marine Corps Marathon, Washington, D.C. MCM Office, P.O. Box 188, Quantico VA 22134.

SOUTHEAST

October 26. RRCA/Florida State Masters Championship 10K, Pompano Beach, Florida. Bob Hammond, 305/426-9739.

November 16. 5th annual Running Pentathlon. Masters and open, Clearwater, Florida. Dick Lacey, 1207 S. Duncan Ave., Clearwater, FL 33516. 813/447-7161.

December 13. Humana Rocket City Marathon, Huntsville, Ala. Huntsville TC, c/o Harold Tinsley, 8811 Edgehill Dr., Huntsville AL 35802.

January 3. Charlotte Observer Marathon & Women's 10K, Charlotte, N.C. Cash prizes to M&W40+ in both races. Do Fleck, Charlotte Observer Marathon, P.O. Box 30294, Charlotte, NC 28230. 704/379-6896.

MIDWEST

October 19. Detroit Free Press International Marathon, Detroit, Mich. Detroit Free Press Marathon, 321 W. Lafayette, Detroit, MI 48231. 313/222-6676.

October 25. 7th Annual Wendy's 10K Classic, Bowling Green, Ky. David Mason, P.O. Box 1316, Bowling Green KY 42101. 502/781-2834.

October 25. Pleasant Run 5 Mile, Indianapolis, Ind. Garry Petersen, 5926 University Ave., Indianapolis, IN 46219. 317/357-2677.

October 26. America's Marathon/Chicago, Chicago, Ill. America's Marathon/Chicago, 214 W. Erie St., Chicago IL 60610. 312/951-0660.

November 2. Wolfpack 20/50K Road Races, Columbus, Ohio. John White, 4865 Arthur Pl., Columbus, OH 43220. 614/419-2547.

November 8. Ohio TAC Cross-country Championships, m-8K; w-5K. Lancaster, Ohio. See November 2.

November 16. Columbus Bank One Marathon. Ohio TAC Marathon Championships (O.M). Mike Collins, The Ohio Runner, P.O. Box 20215, Columbus, OH 43220. 614/889-9066.

MID-AMERICA

October 12. Twin Cities Marathon, Minneapolis-St. Paul, Minn. Jack Moran, P.O. Box 24193, Minneapolis MN 55424. 612/929-8646.

SOUTHWEST

October 25. Tulsa 15K Run, Tulsa, Okla. Tulsa Run, 1 Williams Center, P.O. Box 2400, Tulsa OK 74102.

January 18. 15th Annual Houston-Tenneco Marathon, Houston, Texas. Houston-Tenneco Marathon, P.O. Box 56682, Houston, TX 77027.

WEST

October 4. Legg Lake San Gabriel River 10 Mile, S. El monte, Calif. A. Martinez, 9502

Reichling Lane, Pico Rivera, CA 90660. 213/942-8774.

October 5. Penofin 10K, Ukiah, Calif. Performance Coatings, Inc. P.O. Box 384, Ukiah CA 95482.

October 18. Golden Valley Masters 10 Mile, Fresno, Calif. M&W 40+. Don Trout, 1595 E. Magill, Fresno, CA 93710. 209/435-9993.

October 19. Moving Comfort 8K for Women, San Diego, Calif. Joni Pendleton, 7245 Decature Cove, San Diego, CA 92120. 619/287-8694(h); 286-2555.

October 25. Senior Strut, Paramount, Calif. 1/2 mile, 2 mile and 4 mile race walks for age 60+ in 5-year divisions thru 95+. Charter Suburban Hospital, 213/531-3110; 217, or Finish Line International 714/841-5417.

November 2. Phoenix 10K, Phoenix, Ariz. Harvey Beller, 602 N. 16th St., Phoenix AZ 85016. 602/241-0995.

November 2. 2nd Nathan Pritikin Memorial 8K Run & SCA-TAC Championships, Woodley Park, Encino, Calif. Hal Winton, 24409 S. Meyler St., Harbor City, CA 90710. 213/534-1704.

December 20. George Guerrero 8K, S. El Monte, Calif. Arthur Martinez, 9502 Reichling Lane, Pico Rivera, CA 90660. 213/942-8774.

NORTHWEST

October 4. St. George Marathon, St. George Utah. 25 Age-Groups. St. George Leisure Services, 86 S. Main St., St. George UT 84770. 801/673-6148.

November 1. 10th Annual Canada vs. USA Masters 10K Cross-country Challenge, Sunset Park, Seattle. Bob Langenbach, 4261 S. 184th St., Seattle, WA 98188. 206/433-8868.

INTERNATIONAL

October 4-5. XIX World Veterans (IGAL) 10K and Marathon Championships, Richmond, B.C., Canada. Men 40+, Women 35+. Vancouver Masters Road Running Society, 4640 Fairlawn Drive, Burnaby BC Canada V5C 3R6 - Telex 04 51588. \$25 one race. \$40 both races. Travel details from Alouette Travel, 11954 224th St., Maple Ridge B.C. V2X 6B3 Canada. 604/467-5535; Telex 04 51251.

ON TAP FOR OCTOBER

TRACK & FIELD

The annual Club West meet near Santa Barbara opens the month's activity on the 4th. That same day, a masters tour leaves to compete in the Japanese Championships on the 19th. Closer to home, the IV Pan American Masters Championships take place in San Juan, Puerto Rico on the 10th-12th. A Hong Kong meet is slated for the 19th, while the North American Championships will entice a large field to Tampa, Florida on the 25th.

LONG DISTANCE RUNNING

Two biggies for masters this month: first, the XIX World Veterans Road Championships (10K and marathon) in Richmond, B.C., Canada on the 4th-5th, followed a week later by the Twin Cities Marathon in Minnesota, which will offer \$40,000 to masters runners. (See separate stories on both events.)

Two U.S. TAC National Masters Marathon Championships are on tap: the 20K in East Meadow, N.Y. on the 12th, and the 5K cross-country in the Bronx on the 26th.

The "biggest little marathon in America" is slated for St. George, Utah, on the 4th; it offers 25 age-group divisions. Frihofer's Syracuse 10K Run for Women on the 26th is also the TAC Region 1 Masters Championship.

Elsewhere, the Detroit Free Press Marathon is a fixture on the 19th, the popular Wendy's 10K in Bowling Green, Ky. is set for the 25th, and you can lean back and watch the network-televized America's Marathon from Chicago on the 26th. □

October 27. Dublin City Marathon, Dublin, Ireland. Marathon Tours, 1430 Mass. Ave., Cambridge, MA 02138. 617/492-3088.

March 15-17. 20th World Veterans (IGAL) Cross Country, 10K and 25K Championships, Israel. Men 40+, Women 35+. Barry Shaw, 6 Shmuel Hanatziv Street, Netanya, Israel 42281. Telephone: 053-31343. Telex: 341929. □

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Welcoming the new 300 hurdles is Hannu Suoknuuti, Finland, on his way to winning the M60 title (46.70) in the V European Championships,

Malmö, Sweden, July 28-August 2. Erik Jensen, Denmark, 6086, finished 6th.
Photo by Jorgen Tufvesson

Official 10 Kilometer Rankings for 1985

(Compiled by the National Running Data Center reflecting all certified 10K races in 1985. 50-deep rankings for all road distances for age 35-and-up are available in "U.S. Masters Distance Rankings, 1986 edition," for 9.95 from NRDC, Box 42888, Tucson AZ 85723)

10 kilometers

Men- 35 thru 39

28:56	Bill Rodgers	37	Sherborn	MA	21 Apr, MA-A
29:16	Gary Tuttle	37	Ventura	CA	17 Mar, CA-A
29:54a	Steve Molnar	36	Johnstown	PA	29 Sep, PA-A
30:10	Duncan Macdonald	36	Kailua	HI	22 Sep, HI-A
30:13	Frank Shorter	37	Boulder	CO	6 Oct, IN-A
30:37	Web Loudat	39	Albuquerque	NM	9 Nov, KY-A
30:42	George Hitt	35	Milton	MA	18 May, NH-A
30:50	Larry Almberg	38	Ellensburg	WA	3 Aug, WA-A
30:56	James Murphy	35	Worcester	MA	18 May, NH-A
30:56	Jim Harvey	35+	Rochester	NY	19 May, NY-A

10 kilometers

Men- 40 thru 44

30:18	Barry Brown	40	Gainesville	FL	3 Feb, FL-A
31:04	Dan Murray	40	Modesto	CA	27 Oct, CA-A
31:19	Bruce Mortenson	41	Minnetonka	MN	2 Sep, MN-A
31:28	Sumner Brown	41	Belmont	MA	21 Apr, MA-A
31:28a	William Reilly	42	Warren	PA	29 Sep, PA-A
31:28	Bill Marshall	40	Norwich	CT	21 Apr, MA-A
31:34	John Beach	44	Traverse City	MI	3 Aug, WA-A
31:42	Don Coffman	42	Frankfort	KY	23 Nov, AL-A
31:48	George Keim	42	Waynesboro	PA	10 Aug, NJ-A
31:59a	Mike Heffernan	44	Portland	OR	5 May, OR-A

10 kilometers

Men- 45 thru 49

30:51	Sal Vasquez	45	Alameda	CA	27 May, CA-B
32:17	Herb Lorenz	46	Willingboro	NJ	10 Aug, NJ-A
32:29	Bill Fuller	46	Livonia	NY	19 May, NY-A
32:36	John Brennand	49	Santa Barbara	CA	26 Jan, CA-A
32:44	Donald Sleeman	46	Ann Arbor	MI	6 Oct, IN-A
32:47a	Pete Ybarra	45	Greeley	CO	6 Oct, CO-A
32:59	Ernest Billups	48	Chicago	IL	29 Sep, IL-A
33:12a	Ardel Boes	48	Golden	CO	6 Oct, CO-A
33:15	Fay Bradley	47	Washington	DC	10 Aug, NJ-A
33:21	Dan Conway	46	Chetek	WI	2 Feb, FL-A

10 kilometers

Men- 50 thru 54

32:54	Norm Green	53	Wayne	PA	29 Sep, IL-A
32:57	Bill Olrich	50	Lexington	KY	9 Nov, KY-A
33:05	Bill Foulk	52	Raymond	NH	18 May, NH-A
34:00	John Dugdale	50	Ridgefield	CT	10 Aug, NJ-A
34:06	Jim Knerr	50	Simi Valley	CA	26 Jan, CA-A
34:18	Paul Noreen	50	Plymouth	MN	2 Sep, MN-A
34:42	John Weldy	50	Scottsdale	AZ	2 Mar, AZ-A
34:43	Glynn Wood	51	Monterey	CA	27 May, CA-B
34:43	Gerald Koch	51	Clarksville	TN	9 Nov, KY-A
34:59	Hal Higdon	54	Michigan City	IN	6 Oct, IN-A

10 kilometers

Men- 55 thru 59

34:06	Gaylon Jorgenson	55	Highland	UT	9 Mar, CA-A
34:40	Jim O'Neil	59	La Jolla	CA	16 Mar, CA-A
36:04	Howard Rubin	56	New Hartford	NY	3 Feb, FL-A
36:05	Tony Sapienza	56	Bradford	MA	17 Aug, NH-A
36:11	Richard Kendall	55	Buffalo	NY	7 Jun, NY-A
36:15ai	Tom Bailey	56	Denver	CO	6 Oct, CO-A
36:26	Bill Fraser	55	Edina	MN	28 Apr, MN-A
36:27a	Jordan Bisceglia	59	Pittsburgh	PA	29 Sep, PA-A
36:32	Bennie Anaya	55	Indianapolis	IN	6 Oct, IN-A
36:33ai	Frank Sanford	55	Boulder	CO	6 Oct, CO-A

10 kilometers

Men- 60 thru 64

34:27	Jim O'Neil	60	La Jolla	CA	4 Aug, CA-A
35:09a	John Hosner	60	Blacksburg	VA	4 May, VA-A
35:30	Alex Ratelle	60	Edina	MN	2 Sep, MN-A
38:00	Larry Banuelos	60	Pico Rivera	CA	26 Jan, CA-A
38:57	Bob Page	63	Lomita	CA	26 Jan, CA-A
39:04a	Jim McCown	63	San Diego	CA	14 Apr, CA-A
39:08	Lloyd Young	62	Grantsburg	WI	2 Sep, MN-A
39:14	Warren Johnson	62	Chicago	IL	11 Aug, IL-A
39:25	Jim Smith	63	Oklahoma City	OK	5 Oct, OK-A
39:30	Gordon English	60	Birmingham	AL	23 Nov, AL-A

10 kilometers

Men- 65 thru 69

38:59	Clive Davies	69	Tillamook	OR	21 Apr, OR-A
40:37	George Sheehan	66	Red Bank	NJ	17 Feb, NY-A
41:01	Eddie Lewin	69	W Los Angeles	CA	26 May, CA-A
41:09	Stephen Richardson	65	Riverside	CT	18 Aug, CT-A
41:23	Wayne Zook	68	San Diego	CA	16 Mar, CA-A
41:26	Paul Reese	68	Auburn	CA	27 Oct, CA-A
41:32	Dick Bartholomew	65	Seattle	WA	31 Mar, WA-A
41:33	Charles Robbins	65	Middletown	CT	15 Dec, CT-A
41:39	Austin Newman	69	Westfield	NJ	3 Nov, NJ-A
41:41	Donald Dilworth	66	Escondido	CA	28 Jul, CA-A

10 kilometers

Men- 70 thru 74

41:31	Eugene Keller	71	Cincinnati	OH	30 Nov, IN-A
42:13	Alfred Funk	71	Bozeman	MT	28 Sep, MT-A
43:38	Dorse DuBois	72	San Antonio	TX	5 Oct, TX-A
44:15	Don Lundberg	70	Modesto	CA	27 Oct, CA-A
44:20	Sandy MacLean	72	Durham	NH	8 Jun, NH-A
44:50	William Brobston	72	Saugerties	NY	30 Mar, NY-A
46:14	Bill McDonough	70	Hillsboro Bch	FL	10 Feb, FL-A
46:18	Ed Stotsenberg	70	Malibu	CA	26 Jan, CA-A
46:29	Dudley Healy	71	Chatham	NJ	3 Nov, NJ-A
46:47	Larry Patterson	70	St James	MO	7 Jul, MO-A

10 kilometers

Men- 75 thru 79

44:12	Ed Benham	77	Ocean City	MD	3 Feb, FL-A
48:46	John A Kelley	78	East Dennis	MA	8 Sep, MA-A
48:50	Charles Hackenheimer	78	Central Square	NY	9 Jun, NY-A
54:50	Norman Bright	75	Seattle	WA	24 Aug, WA-A
55:21	Caldwell Nixon	76	Lincolnton	NC	3 Feb, FL-A
55:48	Otto Essig	78	Westfield	MA	3 Feb, FL-A
58:40	Ed Root	78	Miami	FL	3 Feb, FL-A
1:00:18	Joe Haase	76	Corbin	KY	9 Nov, KY-A
1:00:25	James Ramsey	77	Detroit	MI	29 Jun, MI-A
1:01:06	Randolph Carls	75	Mesa	AZ	2 Mar, AZ-A

10 kilometers

Men- 80 thru 84

54:34	Bernard Blech	80			19 May, OH-A
57:38	Max Popper	81	Flushing	NY	30 Mar, NY-A
58:07	Willard Benton	81	San Diego	CA	26 Jan, CA-A
1:03:21	Max Bayne	83	St Petersburg	FL	3 Feb, FL-A
1:08:56	Robert Wallach	82	New York	NY	17 Feb, NY-A
1:11:20	Jacob Bishin	83	Los Angeles	CA	26 Jan, CA-A
1:17:37	B L Vlasak	80	San Gabriel	CA	9 Mar, CA-A
1:20:23	Ben Mostow	81	Hallandale	FL	10 Feb, FL-A
1:29:21	Alton Starrett	80			29 Sep, OH-A
1:30:10	Manning Wein	83			21 Apr, CA-A

10 kilometers

Men- 85 thru 89

59:39	Paul Spangler	85	San Luis Obspo	CA	3 Feb, FL-A
1:44:05a	Carl Willberg	87	Gilford	NH	3 Aug, NH-A
1:54:57a	William Clary	89	Aurora	CO	27 May, CO-A

10 kilometers

Women- 35 thru 39

34:05a	Barbara Filutze	39	Erie	PA	29 Sep, PA-A
34:53	Laurie Binder	37	Oakland	CA	4 Aug, CA-A
34:57	Nancy Mieszczyk	36	Buffalo	NY	19 May, NY-A
35:48	Darsie Bowden	35	Santa Monica	CA	10 Nov, CA-A
36:11a	Bernie Hart	35	Wellsburg	WV	29 Sep, PA-A
36:30	Andrea Burke	35	Endicott	NY	1 Jun, NY-A
36:35	Betty Conover	37	Westfield	NJ	3 Nov, NJ-A
36:43	Kathy Northrop	35	Durham	NH	15 Aug, NH-A
36:45	Jane Buch	36	Smithville	OH	19 May, OH-A
36:45a	Barbara Early	36	Evergreen	CO	6 Oct, CO-A

10 kilometers

Women- 40 thru 44

34:49	Gabriele Anderson	40	Sun Valley	ID	18 May, NY-A
36:14	Carol Flexer	42	Bellevue	WA	24 Aug, WA-A
36:16	Shirley Matson	44	Solana Beach	CA	16 Mar, CA-A
36:16	Ford Madeira	40	Sherborn	MA	22 Sep, NY-A
36:27	Julie Stiles	43	Seattle	WA	3 Aug, WA-A
36:36	Iris Black	42	Spring Valley	OH	18 May, NY-A
36:39	Madeline Harmeling	40	Merrick	NY	18 May, NY-A
37:06	Cindy Dalrymple	43	Arlington	VA	18 May, NY-A
37:20	Jane Arnold	44	Bloomfield	CT	31 Mar, CT-A
37:20	Harolene Walters	42	El Toro	CA	3 Nov, AZ-A

10 kilometers

Women- 45 thru 49

38:02	Vicki Bigelow	49	San Lorenzo	CA	27 May, CA-B
38:03	Mary Anne Wehrum	47	Inkster	MI	29 Jun, MI-A
38:36ai	Nancy Parker	48	Atlanta	GA	4 Jul, GA-A
39:22	Joan Ulyot	45	San Francisco	CA	4 Aug, CA-A
39:28	Gina Faust	48	Woodland Hills	CA	15 Sep, CA-A
39:37	Margret Betz	48	Conklin	NY	18 May, NY-A
39:43	Cindy Bienkowski	45	Princeton	NJ	3 Nov, NJ-A
39:48	Karen Ammons	45	Columbus	GA	21 Sep, GA-A
39:57	Evelyn Leiter	46	Bourbon	IN	6 Oct, IN-A
40:09	Joan Reiss	47	Sacramento	CA	27 May, CA-B

Continued on next page

NRDC, PO Box 42883, Tucson AZ 85733

TRACK & FIELD RESULTS

Please send masters meet results to NATIONAL MASTERS NEWS, PO BOX 2372 VAN NUYS CA 91404. If possible, please type single space with minimum of white space.

NATIONAL

National Masters Weight Pentathlon Boulder, CO August 30, 1986

Age	State	Name	Dis	Jav	Ham	250 Mt	S.P.	score
43	KS	Steve Rogers	38.73	639	41.40	462	28.43	617
40	NM	Bill Forsyth	34.64	556	43.48	493	23.68	505
47	IL	Carl Klehm	33.90	542	29.28	275	36.76	505
48	ME	Julian Nunez	29.69	458	25.50	236	39.55	505
47	MH	George LaBelle	26.00	386	31.64	322	27.92	520
48	CO	Russ Murphy	22.21	314	26.44	249	26.42	520
51	KS	Tom Wesselsowski	38.43	633	23.67	211	38.09	520
51	CO	Vern Spencer	32.31	510	28.31	275	28.74	520
56	KS	Jerry Reiserer	28.93	443	29.72	295	26.33	520
60	TX	Bob Richards	46.62	800	38.66	423	46.27	520
62	AZ	Joe Black	31.86	501	dq	0	26.18	520
60	MN	Chuck Olson	34.24	548	26.39	248	16.18	520
66	CA	Jim Minah	34.06	545	29.40	291	35.56	520
66	KS	George Hoferer	29.83	461	29.39	290	20.32	520
68	CO	Ed Hewitt	31.50	494	23.34	207	19.05	520
72	OR	Ross Carter	36.72	598	23.51	209	20.33	520
84	CO	Herb Anderson	19.83	269	23.01	202	11.88	520

NEW ENGLAND

All-Comers Meets Lebanon, N.H. August 23

16# Shot Put	44 53-3
C Wallin	42 47-7
B Mead	39 45-1
L Hotte	46 38-1
B Heath	34 34-10
A Barry	

16# Hammer	42 164-3
B Mead	158-6
C Wallin	
Discus	42 141-7
B Mead	39 131-5
L Hotte	131-4
T Brown	

August 16	
16# Shot Put	44 53-5
C Wallin	42 48-11
B Mead	39 45-3
L Hotte	

12# Shot Put	47 44-1 3/4
R Foreger	52 30-0
B Atwood	
16# Hammer	44 160-6
B Mead	42 166-8
C Wallin	

Discus	42 139-5
B Mead	39 130-7
L Hotte	47 116-5
R Foreger	52 70-7
B Atwood	

August 30	
16# Shot Put	44 54-1 1/2
C Wallin	39 46-10
L Hotte	46 39-5
B Heath	35 37-2
E Daniels	

12# Shot Put	44 59-4
C Wallin	46 47-2
B Heath	34 36-8 1/2
A Barry	52 30-7
B Atwood	

16# Hammer	35 129-11
E Daniels	
Discus	39 125-4
L Hotte	35 106-4
E Daniels	52 60-9
B Atwood	

EAST

Sri Chinmoy Masters Games Eastchester, N.Y., July 27

90y dash	
M50 C Pauling	11.51
H Bohigian	11.60
J Murphy	12.01
M60 D Brown	13.90
M Herscher	13.95
E Pascale	16.19
M70 J Gaines	14.58
W Eipel	15.55
A Schwartz	29.31
W50 A Johnson	15.10
S Kallai	16.56
J Dash	17.53
W60 S Alaimo	18.51
V Finnerty	21.50
A Zarro	22.79
W70 B Smale	56.67
200m	
M50 H Bohigian	26.44
A Cohen	28.76

H Stephens	29.19
M60 D Brown	31.49
D Harris	32.19
M Herscher	32.31
M70 J Gaines	37.95
M80 H McArdle	41.66
W50 A Johnson	34.91
S Kallai	39.25
P Vacher	44.85
W60 S Alaimo	44.76
400m	
M50 H Bohigian	58.71
J Aneshansley	1:00.97
H Stephens	1:04.28
M60 D Brown	1:13.71
E Bachmann	1:24.88
M70 A Schwartz	3:09.88
M80 H McArdle	1:42.32
W50 S Kallai	1:30.74
G Meer	1:41.12
P Vacher	1:43.78
W60 S Alaimo	1:43.75

1500m	
M50 J Aneshansley	4:37.39
E Silvera	5:04.12
A Cohen	5:20.31
M60 D Brown	6:27.10
E Bachmann	6:41.20
W50 S Kallai	7:05.31
W60 S Alaimo	8:17.77
3000m	
W50 S Kallai	15:48
Sarama	16:21
G Meer	17:22
W60 S Alaimo	18:54
5000m	
M50 A Cohen	21:16
Abhispa	22:18
C Morales	23:32
M60 D Brown	26:14

High Jump	
M50 H Bohigian	1.32
A Duffy	1.08
R Donovan	1.06
M60 R Vislocky	1.16
M70 W Eipel	1.20
W50 H Carstensen	1.06
G Harding	.96
A Vijali	.88
W60 S Alaimo	.88
A Zarro	.86

Long Jump	
M50 J Murphy	4.47
M Maasik	3.98
A Cohen	3.91
M60 D Brown	3.90
M Herscher	3.69
E Pascale	2.93
M70 W Eipel	2.89
W50 H Carstensen	2.68
S Kallai	2.51
J Dash	2.17
W60 A Zarro	*1.91
S Alaimo	1.91
P Siegel	1.72
*better 2nd jump	

Shot Put	
M50 L Olson	13.46
M Maasik	11.59
H Bohigian	10.95
M60 B Mayer	12.62
H Hart	9.20
M Minifra	8.63
M70 W Eipel	9.98
P Sereghy	9.73
B Gordon	5.35
M80 H McArdle	7.18
W50 J Dash	8.96
A Cirulnick	8.90
A Johnson	8.10

W60 A Zarro	5.90
R Pascale	5.42
S Alaimo	5.29

Discus

M50 L Olson	40.32
M Maasik	33.93
R Lord	31.12
M60 H Hart	31.10
M Minifra	26.26
D Harris	22.94
M70 W Eipel	32.55
P Sereghy	23.07
B Gordon	13.66
M80 H McArdle	17.59
W50 J Dash	19.50
A Cirulnick	17.54
V Anctil	11.30
W60 A Zarro	12.49
S Alaimo	11.94
R Pascale	9.11

Javelin 600g

M50 L Olson	36.30
H Bohigian	32.95
M Maasik	32.52
M60 M Minifra	29.94
D Harris	28.26
R Vislocky	27.40
M70 W Eipel	12.94
A Schwartz	7.25
M80 H McArdle	13.87
W50 J Dash	23.46
A Cirulnick	19.37
B Cohen	9.52
W60 S Alaimo	12.74
R Pascale	10.49
V Finnerty	8.36

12th Annual Phila Masters Outdoor Championships; Villanova, PA Aug. 2, 1986

100m dash

M30 Clifford Smith	0:12.6
M35 Al Walton	0:11.2
Davud Saleem	0:11.7
M40 Arnold Morris	0:14.3
M45 Robert Stanford	0:11.9
Jim Bantum	0:12.0
Carl Grant	0:12.0
M50 Stan Williams	0:12.5
Bill Clark	0:12.9
Earl Mege	0:13.6
M55 Alan Cohen	0:13.8
M60 Oscar Harris	0:14.5
M65 Dave Hall	0:14.9
M70 Bob Detweiler	0:21.4
M75 Don Ernst	0:16.2
W35 Anna Mapps	0:14.8

110m hurdles

M30 Al Cestero	0:15.5
M35 Davud Saleem	0:15.1
M50 Bill Clark	0:18.3
Jim Bradley	0:19.5
M60 Don Harris	0:24.5
W35 Kathy Pierce	0:22.9

200m dash

M35 Al Walton	0:23.7
Jim Gibson	0:26.2
Taylor Tunstall	0:26.3
Ed English	0:28.8
M40 Frank Dodson	0:27.4
M45 Robert Stanford	0:24.1
Carl Grant	0:24.4
Dhamiri Abayomi	0:24.5
Jim Bantum	0:25.4
M50 Stan Williams	0:27.1
Earl Mege	0:28.6

M55 Alan Cohen	0:30.7
M60 Don Harris	0:32.1
Oscar Harris	0:32.2
M75 Don Ernst	0:39.7
W35 Anna Mapps	0:31.9
400m dash	
M35 Al Walton	0:54.0
Taylor Tunstall	0:57.0
Asar Stepak	1:04.2
M40 Tom O'Hara	0:55.2
Bob Fuhrman	1:00.3
M45 Robert Stanford	0:55.1
Dhamiri Abayomi	0:55.9
Jim Bantum	0:59.8
M50 Jim Bradley	0:59.9

M55 John Blood	1:05.1
Alan Cohen	1:05.6
M60 John McCarthy	1:05.8
Bob Parsons	1:07.1
Oscar Harris	1:09.5
M65 Everitt Newell	1:09.9
W35 Anna Mapps	1:10.6
400m hurdles	
M35 Taylor Tunstall	1:11.3
M50 Bill Clark	1:05.4
Jim Bradley	1:07.3
M60 Don Harris	1:34.5

800m run	
M30 Axel Brathole	2:04.7
M35 Jim Gibson	2:13.5
Asar Stepak	2:32.3
M45 Jim Hodge	2:11.8
M50 Bruce Gilbert	2:32.1
M55 Kelsey Brown	2:24.8
Alan Cohen	2:45.8
Paul Gorka	2:46.9
M60 John McCarthy	2:43.9
Bob Parsons	2:55.5
M65 Everitt Newell	2:46.2

1500m run	
M35 Larry Hart	4:41.9
M50 Bruce Gilbert	5:06.6
M55 Jim Sutton	4:30.0
Kelsey Brown	4:58.8
Alan Cohen	5:20.9
Larry Dickerson	5:25.0
Paul Gorka	5:36.5
Earl Smith	5:43.2
M60 Luther Burdelle	5:06.1

1500m walk

M30 Harry Mazurek	7:58.7
M45 Joe Stefanowicz	8:21.2
M50 Mort Hahn	--
M55 Dan Ross	8:46.6
M75 Albert Sabaroff	--
Don Ernst	--
M55 Claire Connell	--

3000m run

M35 Larry Hart	10:47.0
M55 Larry Dickerson	11:45.5
Alan Cohen	11:47.7
Earl Smith	12:08.3
Dan Ross	12:42.7
M60 Luther Burdelle	11:28.3

5000m run

M35 Larry O'Keefe	17:54.0
M50 Ernest Williams	20:18.1
M55 Larry Dickerson	20:19.3
John Blood	20:56.9
Bill Belleville	23:05.8
M65 Everitt Newell	21:05.1

Shot Put

M30 Hank Kalnas	41-7 1/2
M35 Paul Corrigan	39-2 3/4
M40 Jai Singh	31-7 3/4
M45 Bill Simon	35-8 3/4
M50 Dennis Moore	43-11 1/2
Tom Henderson	42-7 1/2
Ray Feick	38-1 1/2
M60 Carl Elmes	28-3 1/2
M65 Herm Hart	34-3 3/4
P. Eberhard'r	29-1 1/2
M70 Gene Wood	31-5 3/4
Bob Detweiler	26-9 3/4
W35 Kathy Pierce	32-10 3/4
W50 Joan Dash	27-2 1/2

Discus

M30 Hank Kalnas	138-1 3/4
John Kalnas	126-4
Tom Talbot	120-8 3/4
M35 Paul Corrigan	147-6
G. Weaver	122-4
M40 John Abbott	144-9 1/4
Jai Singh	90-10 1/4
M45 Larry Pratt	145-5 1/4
Bill Simon	79-9
M50 Harry Holm	136-8
Tom Henderson	109-1
Ray Feick	103-0
Nick Breslin	88-7
M55 Alan Cohen	81-2
M60 Carl Elmes	99-1
M65 Herm Hart	105-10
P. Eberhard'r	83-4
M70 Bob Detweiler	89-5
Gene Wood	75-6
W35 Kathy Pierce	93-1
W50 Joan Dash	67-0

Javelin

M30 R. McMullin	168-3
M35 David Reiss	235-9
D. Chandler	188-5
M40 Wm. Buffalo	191-9
M45 Bill Simon	159-9

M50 Ray Feick	125-1
Earl Mege	113-11
Mort Hahn	106-10
Nick Breslin	83-9
M55 Alan Cohen	80-4
M60 Jim Murray	108-4
Don Harris	91-11
M65 P. Eberhard'r	77-5
M70 Bob Detweiler	67-11
Gene Wood	66-9
W30 R. Rosenbloom	79-2
W35 Kathy Pierce	87-3
W50 Joan Dash	73-6

Weight Throw

M35 Paul Corrigan	35-4
G. Weaver	35-1
M40 Jai Singh	27-8 1/2
M50 Tom Henderson	31-10
Ray Feick	31-9
M65 P. Eberhard'r	34-3

High Jump

M70 Gene Wood	25-10
W30 R. Rosenbloom	21-5

Continued from previous page

Javelin 800 30-59 — 1. John James, ChitTC, 114'9"; 2. Carl Klehm, ChitTC, 69'1".
 Discus 2K 30-59 — 1. Carl Klehm, ChitTC, 99'9"; 2. Ervin Mitchell, Unat, 94'11"; 3. Isaac Latimore, ATC, 82'4".
 Shot 7.26K 30-49 — 1. Carl Klehm, ChitTC, 36'3"; 2. Richard Bloomfield, Unat, 33'3"; 3. Ervin Mitchell, Unat, 30'11".
 Hammer 7.26K 30-49 — 1. Carl Klehm, ChitTC, 117'1"; 2. Richard Bloomfield, Unat, 104'4".

50-54 Men

5000 Meter Run, 1. Robert Howell, Pack, 18:30; 2. Richard Tankersley, BTC, 18:34; 3. Jack Baldwin, BTC, 21:21.
 800 Meter Finals — 1. Lee Blount, Jr., StL, 2:11.9; 2. Bobby Hollis, Pack, 2:26.1.
 200 Meter Finals — 1. W. Ralph Summerlin, HTC, 24.5; 2. Jaybird Mathis, Unat, 24.50; 3. James Peterson, MM, 27.80; 4. Alvin Clark, ATC, 28.30.

110 Meter Hurdles, 1. Buzz Porter, Brk, 17.2; 2. Jack Gilmore, BTC, 19.3; 3. James Peterson, MM, 19.8; 4. Rusty Hamilton, ChstTC, 20.7.
 400 Meter Finals — 1. Jaybird Mathis, Unat, 53.7; 2. W. Ralph Summerlin, HTC, 55.5; 3. Lee Blount, Jr., StL, 57.1; 4. Bobby Hollis, Pack, 61.0.
 1500 Meter Run Finals — 1. Robert Howell, Pack, 5:16.6; 2. Richard Tankersley, BTC, 5:24.2; 3. K. Baldwin, BTC, 6:07.4.

100 Meter Finals — 1. W. Ralph Summerlin, HTC, 12.0; 2. Jim Baggett, ATC, 13.5; 3. Bobby Hollis, Pack, 13.9.
 400 Meter Hurdles — 1. Buzz Porter, Brk, 68.23; 2. Jack Gilmore, BTC, 70.5.
 High Jump — 1. Jack Gilmore, BTC, 5'5"; 2. Jack Porter, Brks, 5'0"; 3. Alvin Clark, ATC, 4'4".

Long Jump — 1. Buzz Porter, Brks, 17'6"; 2. Jack Gilmore, BTC, 16'11"; 3. James Peterson, MM, 16'6"; 4. Alvin Clark, ATC, 13'2".
 Triple Jump — 1. Buzz Porter, Brks, 35'4"; 2. James Peterson, MM, 32'6"; 3. Rusty Hamilton, ChstTC, 28'7".

Pole Vault — 1. Henry Davenport, Unat, 11'6"; 2. Rusty Hamilton, ChstTC, 9'6"; 3. Jim Baggett, ATC, 8'6"; 3. Jack Gilmore, BTC, 8'6".
 35# Wgts — 1. Carlos Fraundorfer, WFla, 33'8"; 1. Timothy Twomey, ChstTC, 39'3"; 3. Dreher Gaskin, ChstTC, 33'1".
 56# Wgts — 1. Timothy Twomey, ChstTC, 23'4"; 2. Carlos Fraundorfer, WFla, 21'5"; 3. Dreher Gaskin, ChstTC, 21'4".

Javelin 800 30-59 — 1. William Luckworth, Unat, 174'1"; 2. Jack Gilmore, BTC, 135'9".
 Discus 1.5K 50-59 — 1. Carlos Fraundorfer, WFla, 127'2"; 2. Henry Davenport, Unat, 120'1".
 3. Timothy Twomey, ChstTC, 116'7"; 4. Jack Gilmore, BTC, 110'0".

Shot 6K 50-59 — 1. Carlos Fraundorfer, WFla, 39'5"; 2. Timothy Twomey, ChstTC, 36'6"; 3. Dreher Gaskin, ChstTC, 33'1"; 4. James Peterson, MM, 32'1".
 Hammer 6K 50-59 — 1. Timothy Twomey, ChstTC, 137.30; 2. Carlos Fraundorfer, WFla, 133.65; 3. Dreher Gaskin, ChstTC, 114'5"-1.

55-59 Men

5000 Meter Run — 2. Robert Brennan, ATC, 22:27.
 800 Meter Finals — 1. Casey Jones, ATC, 2:22.4.
 200 Meter Finals — 1. Edmund Schuler, WFla, 26.1; 2. G. Seifert, BTC, 26.2; 3. J.S. Poppell, Unat, 26.30; 4. Thomas Bartenfeld, ATC, 28.3.
 110 Meter Hurdles — 1. Buck Bradberry, BTC, 17.7.
 400 Meter Finals — 1. Gordon Seifert, BTC, 58.1.
 1500 Meter Run Finals — 1. Robert Brennan, ATC, 5:51.8.

100 Meter Finals — 1. Edmund Schuler, WFla, 12.5; 2. J.S. Poppell, Unat, 12.7; 3. G. Seifert, BTC, 12.7; 4. B. Bradberry, BTC, 13.3.
 400 Meter Hurdles — 1. B. Bradberry, BTC, 74.0.
 High Jump — 1. G. Seifert, BTC, 5'0"; 2. Bill Gentry, OR, 4'10"; 3. B. Bradberry, BTC, 4'8".
 Long Jump — 1. B. Bradberry, BTC, 17'5"; 2. Edmund Schuler, WFla, 16'10"; 3. Thomas Bartenfeld, ATC, 14'11".

Triple Jump — 3. B. Bradberry, BTC, 34'3".
 35# Wgts — 1. Phil Brusca, StL, 27'9"; 2. David Halle, Unat, 23'6"; 3. G. Seifert, BTC, 20'3".
 56# Wgts — 1. David Halle, Unat, 13'9".
 Javelin 800 30-59 — 1. Phil Brusca, StL, 121'1"; 2. Thomas Bartenfeld, ATC, 71'1"; 3. Jack Shields, ATC, 172'3".

Discus 1.5K 50-59 — 1. Phil Brusca, StL, 117'4"; 3. David Halle, Unat, 98'7"; 3. G. Seifert, BTC, 86'6".
 Shot 6K 50-59 — 1. Phil Brusca, StL, 41'1"; 2. David Halle, Unat, 35'5"; 3. G. Seifert, BTC, 29'3".
 Hammer 6K 50-59 — 1. David Halle, Unat, 94'5"; 2. Phil Brusca, StL, 91'3".

60-64 Men

5000 Meter Run — 1. Gordon English, BTC, 19:43; 2. Larry Rusht, DBTC, 20:55; 3. Les Longshore, BTC, 25:08.
 800 Meter Finals — 1. Harold Johnson, ATC, 2:36.5; 2. Gordon English, BTC, 2:41.9.
 200 Meter Finals — 1. Pierson Walker, Phila, 28.9; 2. Edward Holmes, PVTC, 30.0.
 110 Meter Hurdles — 1. Pierson Walker, Phila, 19.9.

400 Meter Finals — 1. Harold Johnson, ATC, 64.3; 2. L. Longshore, BTC, 90.0.
 1500 Meter Run Finals — 1. Gordon English, BTC, 5:20.0; 2. Les Longshore, BTC, 7:11.6.

100 Meter Finals — 1. Pierson Walker, Phila, 14.1.

4 x 400 Relay — 1. BTC, 5:44.6.
 Long Jump — 1. Jim Dykes, BTC, 14'1".
 35# Wgts — 1. V. Golowash, BTC, 19'4".
 Javelin 600 60+ — 1. Jim Dykes, BTC, 84'1".
 2. V. Golowash, BTC, 80'7".
 Discus 1K 60+ — 1. Edward Holmes, PVTC, 113'3"; 2. William Waugh, Unat, 106'7"; 3. Victor Bolowash, BTC, 95'3".
 Shot 5K 60+ — 1. William Waugh, Unat, 32'8"; 2. V. Golowash, BTC, 29'9".
 Hammer 5K 60-69 — 1. V. Golowash, BTC, 82'11".

65-69 Men

5000 Meter Run — 1. Bill Eppright, ATC, 21:29; 2. Tony Lipscomb, BTC, 22:20; 3. Holcombe Marshall, ATC, 22:52.
 800 Meter Finals — 1. Tony Lipscomb, BTC, 2:50.4; 2. Bill Ray, BTC, 3:05.1.
 200 Meter Finals — 1. Joseph Martin, VTC, 30.2; 2. Bill Ray, BTC, 36.1.

110 Meter Hurdles — 1. Joseph Martin, VTC, 18.2; 2. T. Kennel, BTC, 20.8.
 400 Meter Finals — 1. T. Lipscomb, BTC, 76.0.
 1500 Meter Run Finals — 1. Bill Eppright, ATC, 6:09.5; 2. Tony Lipscomb, BTC, 6:23.1; 3. Bill Ray, BTC, 6:23.5.
 100 Meter Finals — 1. T. Kennel, BTC, 14.1.
 400 Meter Hurdles — 1. Joseph Martin, VTC, 53.7; 2. T. Kennel, BTC, 65.0.

High Jump — 1. T. Kennel, BTC, 3.8.
 Long Jump — 1. T. Kennel, BTC, 14'9".
 Triple Jump — 1. T. Kennel, BTC, 26'7".
 Javelin 800 30-59 — 1. Gordon Nordgren, Unat, 120'3".
 Javelin 600 60+ — 1. Gordon Nordgren, Unat, 134'3"; 2. T. Kennel, BTC, 82'3".

Discus 1K 60+ — 1. Gordon Nordgren, Unat, 111'8"; 2. T. Kennel, BTC, 58'9".
 Shot 5K 60-69 — 1. T. Kennel, BTC, 26'1".

70-74 Men

5000 Meter Run — 1. S.W. Fugitt, BTC, 23:24; 800 Meter Finals — 1. W. McCroy, BTC, 33:14.3; 2. S.W. Fugitt, BTC, 3:25.6.
 200 Meter Finals — 1. W. McCroy, BTC, 36.1.
 400 Meter Finals — 1. W. McCroy, BTC, 82.6; 2. S.W. Fugitt, BTC, 95.7.
 1500 Meter Run Finals — 1. S.W. Fugitt, BTC, 6:57.2.

100 Meter Finals — 1. W. McCroy, BTC, 18.5.
 Javelin 600 60+ — 1. S.W. Fugitt, BTC, 58'8".

75-79 Men

200 Meter Finals — 1. Gordon Powell, Brks, 37.7.
 400 Meter Finals — 1. Gordon Powell, Brks, 82.6.
 100 Meter Finals — 1. Gordon Powell, Brks, 17.8.
 High Jump — 1. Gordon Powell, Brks, 3.4.
 Long Jump — 1. Gordon Powell, Brks, 9'11".
 Triple Jump — 1. Gordon Powell, Brks, 19'4".

30-34 Women

5000 Meter Run — 1. Laura Murphy, ATC, 19:23; 2. Marsha Rubin, ATC, 21:00.
 800 Meter Finals — 1. Jean Burrell, ATC, 2:31.6; Audrey Hitch, StL.
 200 Meter Finals — 1. Jean Burrell, ATC, 28.10; 2. Jenny Kyle, BTC, 28.70.
 4 x 100 Meter Relay — 1. ATC, 45.8; 2. JTC, 51.6.

4 x 400 Relay — 1. ATC, 4:49.1; 2. BTC — 4:55.1.
 400 Meter Finals — Jean Burrell, ATC 61.6; 2. J. Kyle, BTC — 65.8; 3. Sandra Bancheri, ATC, 82.0.
 1500 Meter Run Final — Terry Ozell, ATC 5:54.2.

100 Meter Finals — J. Kyle, BTC, 14.1.
 Long Jump — Terry Ozell, ATC, 10'1".
 Javelin 600 35-59 — J. Kyle, BTC, 45.5.
 Discus 1K — Jenny Kyle, BTC, 52.5.5.
 Shot 4K 35-49 — Jenny Kyle, BTC, 18.0.

35-39 Women

5000 Meter Run — 1. Marla Feuer, ATC, 21:29.
 800 Meter Finals — 1. Susan Houlton, ATC, 2:24.2; 2. Lynda Clary-Burke, ATC, 2:41.7.
 200 Meter Finals — 1. Donny Drumboole, ATC, 29.10; 2. Susan Houlton, ATC, 29.12; 3. Barbara Legg, ATC, 30.30; 4. P. Hamilton, BTC, 30.60.
 400 Meter Finals — 1. Barbara Legg, ATC, 67.6; 2. Peggy Hamilton, BTC, 70.2; 3. Sue Norwood, ATC, 72.5; 4. Reinhart, BTC, 76.5.

1500 Meter Run Final — 1. Susan Houlton, ATC, 5:12.6; 2. Lynda Clary-Burke, ATC, 5:32.0; 3. L. Aldrich, BTC, 6:0.7.
 100 Meter Finals — 1. Donny Drumboole, ATC, 14.1; P. Hamilton, BTC, 14.8; 3. T. Ostoff, BTC, 16.9.
 High Jump — 1. P. Hamilton, BTC, 3.10.
 Long Jump — 1. T. Ostoff, BTC, 11'3"; 2. Sue Norwood, ATC, 8'2".

Triple Jump — 1. D. Reinhart, BTC, 17.11.5.
 Javelin 600 35-39 — 1. Bobbie Harris, BTC, 49.3; 2. Mary Reed, ATC, 45.5.
 Discus 1K — 1. B. Harris, BTC, 60.900.
 Shot 4K 35-49 — 1. B. Harris, BTC, 200.1.5; 2. Aldrich, Lynn, BTC, 15.8.

40-44 Women

5000 Meter Run — 1. Edna Bay, ATC, 21:22; 2. Mary Jane Kennedy, ATC, 23.23.
 800 Meter Finals — 1. Natalie Spalding, ATC, 2:40.3; 2. Mary Jane Kennedy, ATC, 3:27.2; 3. Sarah Moore, BTC, 3:47.4.

200 Meter Finals — 1. Natalie Spalding, ATC, 32.20; 2. Eleanor Ruth Crenshaw, BTC, 37.0.
 4 x 100 Meter Relay — 1. ATC, 46.0; 2. BTC, 51.6; 3. CstnTC, 51.6.

400 Meter Finals — 1. Ruth Crenshaw, BTC, 80.6; 2. Julia Emmons, ATC, 82.5; 3. Sarah Moore, BTC, 99.0.

1500 Meter Run Final — 1. Julia Emmons, ATC, 6:08.8; 2. R. Crenshaw, BTC, 7:19.8.

100 Meter Finals — 1. Brenda Bloomfield, Unat, 20.3; 2. Eleanor Ruth Crenshaw, BTC, 25.4.
 4 x 100 Relay — 1. ATC, 5:19.5.

High Jump — 1. Isabelle Joffrion, BTC, 3.10; 2. Ruth Crenshaw, BTC, 3.8.
 Javelin 600 35-59 — 1. I. Joffrion, BTC, 70.6; 2. A. Golowash, BTC, 58.8; 3. Julia Emmons, ATC, 28.11.

Discus 1K — 1. A. Golowash, BTC, 71.3.25; 2. Brenda Bloomfield, Unat, 67.500.
 Shot 4K 35-49 — 1. Brenda Bloomfield, Unat, 20.4; 2. A. Golowash, BTC, 19.2.5; 3. Julia Emmons, ATC, 14.7.5.

25# Wgts — 1. Brenda Bloomfield, Unat, 11.11.5.
 Hammer — 1. Brenda Bloomfield, Unat, 60.100.

45-49 Women

5000 Meter Run — 1. Nancy Parker, ATC, 19:08; 2. Joan Caudill, ATC, 23.28.
 800 Meter Finals — 1. Joan Caudill, ATC, 3:18.5.

200 Meter Finals — 1. Sadie Howell, BTC, 40.20; 2. C. Looney, BTC, 41.50; 3. Joan Caudill, ATC, 43.60.

400 Meter Finals — 1. S. Howell, BTC, 94.1.
 1500 Meter Run Final — 1. Nancy Parker, ATC, 5:15.1; 2. Penny Kaiser, ATC, 5:47.6; 3. C. Looney, BTC, 7:04.1.

100 Meter Finals — 1. S. Howell, BTC, 19.9.
 High Jump — 1. S. Howell, BTC, 3.2.
 Long Jump — 1. S. Howell, BTC, 78'4".

Javelin 600 35-59 — 1. S. Howell, BTC, 42.2; 2. C. Looney, BTC, 36.5.

Discus 1K — 1. S. Howell, BTC, 47.200.
 Shot 4K 35-49 — 1. S. Howell, BTC, 17.4.
 Hammer — 1. Alyce Golowash, BTC, 60.1.

50-54 Women

5000 Meter Run — 1. Baird Lloyd, ATC, 26.49.
 200 Meter Finals — 1. Kathryn Welden, ATC, 40.70; 2. Baird Lloyd, ATC, 41.00.

4 x 100 Meter Relay — ATC, 58.1.
 400 Meter Finals — 1. Kathryn Welden, ATC, 95.8.
 1500 Meter Run Final — 1. Kathryn Welden, ATC, 7:32.1.

100 Meter Finals — 1. Kathryn Welden, ATC, 19.5.

60-64 Women

5000 Meter Run — 1. Christine Price, ATC, 24.34.
 200 Meter Finals — 1. Christine Price, ATC, 45.60.

4 x 100 Meter Relay — 1. BTC, 67.0.
 100 Meter Finals — 1. V. McCroy, BTC, 21.4.
 High Jump — 1. V. McCroy, BTC, 2.10.

Long Jump — 1. Virginia McCroy, BTC, 6'5".
 Javelin 400 50+ — 1. Nell Nordgren, Unat, 37.1.5; 2. V. McCroy, BTC, 30.7.
 Discus 1K — 1. Nell Nordgren, Unat, 43.250; 2. V. McCroy, BTC, 42.8.25.

Shot 3K 50+ — 1. Virginia McCroy, BTC, 19.5; 2. Nell Nordgren, Unat, 18.2.5.

5000 Meter Run — 1. Rita Tomassini, ATC, 24.47.
 200 Meter Finals — 1. Rita Tomassini, ATC, 42.90.

TAC Masters Southeast Region
Track and Field Championships

PENTATHLON RESULTS

20-34 Men
 1. Jeffrey Barty 2616
 2. David Beshears 2242
 3. Herbert Brown 1725
 4. Pat Kyle 1481

35-39 Men
 1. Bill Dawkins 2424

40-44 Men
 1. Gordon Reiter 2754
 2. Joel Liles 2336
 3. Rafael Wallace 1572
 4. G. Reinhart 911

45-49 Men
 1. John James 1513
 2. Danny Seagle 1156

50-54 Men
 1. Alvin Clark 802

55-59 Men
 1. Bill Gentry 1149
 2. Gus Bartenfeld 816

60-64 Men
 1. James Dykes 994

75-79 Men
 1. Harry McArdle 330

TEAM ACCUMULATIVE
POINTS

TEAM NAME	TOTAL
Birmingham Track Club	483
Atlanta Track Club	382
Unattached	311
Charleston Track Club	70
Brooks	53
St. Louis Metro	50
Masters Kangaro	39
West Florida "Y"	36
Space City Masters	35
Greenville Track Club	35
Louisiana Lightning Track Club	23
Univ. of Chicago Track Club	17
Carolina Godiva	16
Huntsville Track Club	16
The Pack	15
Philadelphia Masters	15
Virginia Track Club	11
Greater Nashville Athletic Club	10
Bobby Dickerson Track Club	10
Lincoln Track Club	10
Jacksonville Track Club	10
Minnesota Masters	8
Potomac Valley Serious TC	8
Charlotte Track Club	5
Tailwind Track & Field Club	5
Blue Darter TC	5
Corona Del Mar TC	3
Old Folks From Clemson	3
Delta Dusters Runners Club	3
Orlando Runners	3
Daytona Beach Track Club	3
Ann Arbor Track Club	3
Suncoast Runners	1

LEGEND: ATC — Atlanta Track Club, AATC — Ann Arbor Track Club, BDTC — Blue Darter TC, Brk — Brooks, BTC — Birmingham Track Club, ChitTC — Univ. of Chicago TC, Crt TC — Charlotte Track Club, Cstn TC — Charleston Track Club, CDM — Corona Del Mar TC, CG — Carolina Godiva, DBTC — Daytona Beach Track Club, DDRC — Delta Dusters Runners Club, BDTC — Bobby Dickerson Track Club, WFla — West Florida "Y", "GTC" — Greenville Track Club, HTC — Huntsville Track Club, JTC — Jacksonville Track Club, LTC — Louisiana Lightning Track Club, LTC — Lincoln Track Club, MM — Minnesota Masters, GNAC — Greater Nashville Athletic Club, OFC — Old Folks from Clemson, OR — Orlando Runners, Pack — The Pack, Phila — Philadelphia Masters, PVTC — Potomac Valley Serious Track Club, SCM — Space City Masters, SR — Suncoast Runners, StL — St. Louis Metro Masters Kangaroo, TTFC — Tailwind Track & Field Club, VTC — Virginia Track Club, Unat — unattached.

Additional Performances
not listed with original
report

5000 Meter
 65-69 W 1. Rita Tomassini 24:47
 55-59 M 1. Dan Gross 19:34
 40-44 M 5. Chas. Anderson 17:26
 6. James Watkins 17:27
 7. Art Williams 17:34
 8. Wallace Carr 19:00

800 Meter Run
 30-34 M 5. Randall Kuykendal 2:18.1
 6. Bill M'Amis 2:25.05
 7. Frank Bowie 2:34.4
 35-39 M 1. Lindsey Bodden 2:05.6
 3. Lawrence Hillis 2:07.8
 40-44 M 5. Thomas C. Cannon 2:11.22
 6. Paul F. McGregor 2:15.73
 7. Chas. Thompson 2:17.7
 8. Ron C. Kennedy 2:19.2

50-54 3. Richard Tankersley 2:41.9
 4. Jack Baldwin 3:04.1

200 Meter Run
 35-39 W 5. D. Reinhard 33.12
 6. Sue Norwood 34.23
 7. T. Osthoff 34.63

65-69 W 1. Rita Tomassini 42.1
 30-34 M 5. John R. Arnold 25.4
 6. Adrian E. Hart 25.4
 7. F. Bowie 27.6

35-39 M 5. Jeffrey Stevens 25.0
 6. Kent Dickinson 25.0
 7. Hal, Bob 26.0

40-45 M 2. Thad. Bell 23.7
 5. Rafael Wallace 24.8
 6. Paul McGregor 24.9

4x100 Relay
 30-39 M 3. BTC 53.1

400 Meter Run
 35-39 W 5. T. Osthoff 78.6
 6. L. Aldrich 79.7
 5. Glenn Reid 54.2
 6. Michael Baird 55.3
 7. Adrain E. Hart 56.0
 35-39 M 5. Willie J. Josey 54.1
 6. Lindsey Bodden 55.4
 7. Paul F. Huber 56.7
 8. Bob Hall 57.1
 9. Bob Petzold 61.0

400 Meter Cont.
 55-59 M 2. Casey Jones 62.7

1500 Meter
 40-44 M 4. Jim Irwin 4:40.0
 5. James Watkins 4:41.2
 6. Alfred Enloe 4:41.1

100 Meter Run
 30-34 M 5. Joseph Hale 12.6
 35-39 M 5. Jeffrey Stevens 12.2
 6. Kent Dickinson 12.3
 40-44 M 5. Rafael Wallace 12.4
 6. Carl Poole 12.4
 65-69 M 2. B. Ray 17.9

4x400 Meter Relay
 40-49 M 1. A T C 3:49.0

High Jump
 40-44 M 4. J. Montgomery 5'0"
 50-54 M 1. Jack Gilmore 5'5"
 3. Alvin Clark 4'4"

Long Jump
 40-44 M 5. J. Montgomery 16'8"
 6. Mike Young 15'9"
 7. C. Alexander 15'1 1/2"
 8. Mance C. Cooper 14'11"

Pole Vault
 40-44 M 5. William Eubanks 9'6"
 50-54 M 5. James Peterson 7'10"

Discus 1.5K
 50-54 M 5. James Peterson 99'11"

5000 Racewalk
 50+ W 1. Anna Rush 33:11
 30-34 M 1. Terry Harville 28:16
 40-44 M 1. Bill Farrell 31:24
 50-54 M 1. Shaul Ladary 28:

Continued from previous page

Hammer	
2. Richard Bloomfield, Unat.	104'5"
50-54 Men	
Shot 6K	
2. Timothy Twomey, ChstTC	38'6"
55-59 Men	
56lb Weights	
1. David Halle, Unat.	13'9½"
Javelin 800	
2. Thomas Bartenfeld	72'10"
3. Jack Shields, ATC	72'3"
Shot 6K	
1. Phil Brusca, St.L.	41'10"
65-69 Men	
5000 Meter Run	
2. Tony Lipscomb, BTC	22:10
70-74 Men	
800 Meter Run	
1. W. McCroy, BTC	3:14.3
Javelin 600	
1. S.W. Fugitt, BTC	48'8"
30-34 Women	
800 Meter Run	
2. Audrey Hitch St.L.	2:38.0
4x100 Meter Relay (30-39)	
1. ATC	59.4
2. BTC	59.6
35-39 Women	
1500 Meter Run	
3. L. Aldrich, BTC	6:00.7
Discus 1K	
1. B. Harris, BTC	60'9"
Shot 4K	
1. B. Harris, BTC	20'1½"
40-44 Women	
200 Meter Finals	
1. Natalie Spalding, ATC	33.20
4x100 Meter Relay (40-49)	
1. ATC	67.2
2. BTC	80.5
4x400 Meter Relay (40-49)	
1. ATC	5:19.5
Discus 1K	
2. Brenda Bloomfield, Unat.	67'½"
Shot 4K	
3. Julia Emons	14'11½"
Hammer	
1. Brenda Bloomfield	81'3"
45-49 Women	
Discus 1K	
1. S. Howell, BTC	49' 2"
50-54 Women	
4x100 Meter Relay (50-59)	79.7
60-64 Women	
4x100 Meter Relay	no show
Discus 1K	
1. Nell Nordgren, Unat.	43' ½"

Atlanta All-Corner Meet
July 8, 1986

100 Meter Dash	
30-35 M 1. Robbie Short	11.61
40-44 M 1. Tom Brewer	12.51
35-39 W 1. Phil Raschker	12.27
400 Meter Run	
30-35 M 1. Robbie Short	53.75
40-44 M 1. Tom Brewer	57.00
35-39 W 1. Phil Raschker	59.44
800 Meter Run	
35-39 W 1. Susan Houlton	2:19.49
110 Meter Hurdles	
30-34 M 1. Robbie Short	14.55

1500 Meter Run

45-49 W 1. Nancy Parker 5:11.00

Long Jump

50-54 M 1. Phil Mulkey 18' 0"

Triple Jump

50-54 M 1. Phil Mulkey 36'11½"

Atlanta All-Corner Meet
July 15, 1986

200 Meter Dash

35-39 W 1. Phil Raschker 25.71

800 Meter Dash

35-39 W 1. Phil Raschker 2:41.34

High Jump

35-39 W 1. Phil Raschker 4'8"

Summer Track Classic
Four Season championships
Atlanta, GA
July 5 and 6 1986

220 Yard Dash

35-39 W 1. Phil Raschker 26.07

100 Yard Dash

35-39 W 1. Phil Raschker 11.3

440 Yard Dash

35-39 W 1. Phil Raschker 60.52

Atlanta T&F Championships
July 27, 28 and 29 1986

100 Meter Dash

40-49 M 1. Tom Brewer 12.09

2. Harold Drumgold 12.66

3. Harry Jones 13.91

50-59 M 1. Phil Mulkey 13.04

2. Al Clark 13.42

3. Michael Cady 13.42

30-39 W 1. Phil Raschker 12.40

2. Donna Drumgold 12.94

3. Gloria Cochart 15.01

200 Meter Dash

40-49 M 1. Tom Brewer 24.56

50-59 M 1. Phil Mulkey 26.85

2. Mike Cady 27.00

30-39 W 1. Phil Raschker 26.07

2. Donna Drumgold 30.08

400 Meter Dash

40-49 M 1. Tom Brewer 54.98

2. Ren Rothman 1:01.58

3. Bill Garren 1:09.95

50-59 M 1. Gus Bartenfeld 1:02.06

2. Mike Cady 1:02.44

3. Jake Whitfield 1:16.65

30-39 W 1. Phil Raschker 1:03.09

2. Gloria Lockhard 1:11.96

3. Barbara Waddel 1:24.00

800 Meter Run

40-49 M 1. Tom Canon 2:10.71

2. Jack Brocksmith 2:10.83

3. Gary Darnell 2:21.34

50-59 M 1. Casey Jones 2:18.09

2. Barry Whitsett 3:44.00

30-39 W 1. Jean Burrell 2:14.80

2. Susan Houlton 2:21.70

1500 Meter Run

40-49 M 1. Gary Darnell 4:24.09

2. Jim Watkins 4:38.66

3. Tony Savebilus 4:42.41

50-59 M 1. Steward Daniel 4:57.35

2. Jake Whitfield 6:09.87

30-39 W 1. Carol Abernathy 5:46.60

2. Diane Albea 6:06.70

3 K Run

40-49 M 1. John Pricken 10:03

2. Fred Inloe 10:13

3. Tony Savebilus 10:26

50-59 M 1. Steward Daniel 10:45

30-39 W 1. Barbara Waddel 16:19

110 Meter High Hurdles

50-59 M 1. Phil Mulkey 20.81

100 Meter Hurdles (33")

30-39 W 1. Phil Raschker 16.89

High Jump

40-49 M 1. Tom Brewer 4'10"

50-59 M 1. Phil Mulkey 5'4½"

2. Gus Bartenfeld 4' 6"

30-39 W 1. Phil Raschker 4' 6"

Long Jump

40-49 M 1. Tom Brewer 19' ½"

2. Harold Drumgold 16' 9½"

3. Harvey Jones 12' 0"

50-59 M 1. Phil Mulkey 18' 6"

2. Al Clark 14' 1"

3. Gus Bartenfeld 13' 1½"

30-39 W 1. Phil Raschker 17'10½"

2. Gloria Cochart 13' 3"

3. Barbara Wood 11' 4½"

Triple Jump

50-59 M 1. Phil Mulkey 37' 5½"

2. Gus Bartenfeld 29' 4"

30-39 W 1. Phil Raschker 31' 1"

Pole Vault

50-59 M 1. Phil Mulkey 11' 8"

Discus

40-49 M 1. Eugene Rhoades 122'11"

2. Richard Hamon 76' 2½"

3. Bruce Eire 63' 7½"

50-59 M 1. Phil Mulkey 135'11"

2. Al Clark 86' 5½"

3. Gus Bartenfeld 79' 9"

30-39 W 1. Phil Raschker 67'10½"

2. Linda Wilson 44'11"

50-59 W 1. Percilla Stephens 56'1½"

2. Barbara Barber 41' 9½"

Shot Put

40-49 M 1. Eugene Rhoades 41' 1½"

2. Tom Brewer 26' 1½"

3. Bruce Eire 21' 9"

50-59 M 1. Phil Mulkey 41' 6"

2. Gus Bartenfeld 24' 6½"

30-39 W 1. Phil Raschker 23' 2½"

2. Linda Wilson 16' 9½"

50-59 W 1. Percilla Stephens 25' 5"

2. Barbara Barber 16'10"

Tri-State TCT & F Classic
Hagerstown, Md.
August 10, 1986

10,000 meters

M30 Kevin Frye FSC 35:29.66

M35 Bo Myers UNA 37:10.3

Dennis Simmons TSTC 48.4

M55 Joe Harter TSTC 46:26.9

HIGH JUMP

M30 Jeff Watry WP 6-6"

M40 Palmer Sweet WPTC 4-5"

110 M

M30 Jeff Watry WP 16.43"

LONG JUMP

M30 Jeff Watry WP 19-10"

M35 Mike Gaudiose TSTC 15-4"

M40 Palmer Sweet WPTC 16-8"

M45 Ervin Mitchell UNA 17-1"

Carl Grant PVS 12.16

Thornton Shelton UN 12.5

M50 David Martin UN 14.07

DISCUS

M40 Palmer Sweet WPTC 102-34"

M45 Ervin Mitchell UN 82-2"

400 meters

M45 Thornton Shelton UN 64.5

M55 Bob Stanhope TSTC 72.2

TRIPLE JUMP

M30 Jeff Watry WP 41-54"

M35 Turner Martin AHM 34-7"

M40 Palmer Sweet WPTC 32-8"

M50 David Martin UN 30-4"

3,000 meters

M35 John Rowland TSTC 11:33

M35 Amy Rowland TSTC 13:18"

50 meters

M30 Bob Bowen TSTC 6.5

M35 Charles Allie AHM 6.04"

Bert Peters WP 6.05

Andrew McNeill AHM 6.79

Mike Gaudiose TSTC 6.94

M40 Bob Holmes AHM 6.41"

M45 Ervin Mitchell UN 6.41

SHOT PUT (12 lb.)

M30 Jeff Watry WP, 37-5"

M40 Palmer Sweet WPTC 43-54"

M45 Bill Williams UN 38-94"

Ervin Mitchell UN 36-64"

M50 Bruce Rule TSTC 29-1"

1500 meters

M35 John Rowland TSTC 5:20

M30 Patty Heck UN 8:58

Pam Wynne UN 8:58

M35 Amy Rowland TSTC 6:16

M55 Bob Stanhope TSTC 5:39

Joe Harter TSTC 6:08

200 meters

M30 Bob Bowen TSTC 23.81

Jeff Watry WP 24.18

M35 Bert Peters WP 23.42

Mike Gaudiose TSTC 26.9

M45 Carl Grant PVS 24.05

Ervin Mitchell UN 24.64

Thornton Shelton UN 25.5

M55 Joe Harter TSTC 33.94

11th Annual Virginia State
Masters Track & Field Champion-
ships, Charlottesville, Virginia,
August 30

(Sunny, low 70's, light headwind in sprints/hurdles/LJ-TJ; Tartan surface) (implement weights: SA-1B16, 2K, 800; 2A-2B 12, 1.6K, 800; 3A + B, 1K, 600) (ZZ=non-Virginia divisions; *—new meet record; = — equals meet record)

100

SA KEITH WITHERSPOON 11.4

SA RON BAYTON 12.2

SA ERNEST LYONS 12.2

SA CURTIS MANGRUM 12.5

SB GREG MARSHALL 11.7

SB LARRY ISLER 12.1

1A PATRICK GREELEY 11.9

1A LOUIS JOHNSON 12.3

1A BILL TUCKER 13.5

1B JIM HICKEY 13.2

2B HAROLD GREEN 12.7

2B NED CURRAN 15.2

2B DONALD GREY 16.2

3A HARVEY SPERRY 16.0

3B JOSEPH MARTIN 14.9

3B A. "COKEY" DAMAN 16.1

4Q JEREMIAH GAINES 15.8

SA ZZ THOMAS LITTLE 12.0

SA ZZ CHARLES BUSBY nt

SA ZZ VERNON KELLEY 12.3

SB ZZ ALFONZO WALTON 11.1

1A ZZ THADDEUS BELL 11.6

1A ZZ WILLIAM EUBANKS 12.6

1A ZZ WILLIAM BUSBY 13.2

1B ZZ ERVIN MITCHELL 12.3

1B ZZ NATHANIEL CARTER 12.7

1B ZZ WILLIAM JEFFREY 12.8

1B ZZ MIKE VALLE 13.1

1B ZZ DAVE ELLIS 13.2

3B ZZ VERN MATTSON 13.5

3B ZZ LEO McEVY 17.4

4Q ZZ RALPH BIRCHARD 18.0

200

SA KEITH WITHERSPOON 22.9

SA RON BAYTON 23.1

SB JEFFERY HUGHES 23.3

SB GREG MARSHALL 23.6

SB LARRY ISLER 25.5

SB JIM GIBSON 26.5

1A PATRICK GREELEY 25.2

1A LOUIS JOHNSON nt

1B JIM HICKEY 27.5

1B FREDRICK BURGER 27.9

2A JIM BRADLEY 26.8

2B HAROLD GREEN 26.2

2B NED CURRAN 34.5

2B DONALD GREY 35.1

3A HARVEY SPERRY 34.6

3B JOSEPH MARTIN 31.8

3B A. "COKEY" DAMAN 34.1

SA ZZ THOMAS LITTLE 24.9

SB ZZ ALFONZO WALTON 22.8

1A ZZ THADDEUS BELL 23.8

1A ZZ WILLIAM EUBANKS 26.5

1B ZZ ERVIN MITCHELL 25.3

1B ZZ MIKE VALLE 27.4

3B ZZ VERN MATTSON 30.5

3B ZZ LEO McEVY nt

4Q ZZ ROBERT BOAL 36.3

400

Continued from previous page

SA 22 VERNON KELLEY 5'8"
SA 22 RICHARD WATSON 5'4"
SA 22 CHARLES BUSBY 5'

1A 22 WILLIAM BUSBY 4'10"
1B 22 MIKE VALLE 4'10"
1B 22 NATHANIEL CARTER 4'10"

3A 22 DENVER SMITH 4'8"
3A 22 FRED HIRSHAKI 4'8"

3B 22 HAM MORNINGSTAR 4'4"
40 22 CHARLES HIRSHY 3'
40 22 DONALD HUMMEL 3'

POLE VAULT
SA NATHAN TAYLOR 12'
1B ED ZURAW 13' 3/4"

2B DONALD GREY 7'

SA 22 KEN ROBLEE 14'

1A 22 WILLIAM BUSBY 11'6"
1A 22 WILLIAM EUBANKS 10'

2A 22 HENRY DAVENPORT 10'6"

3A 22 DENVER SMITH 9'6"
3A 22 FRED HIRSHAKI 8'6"

3B 22 HAM MORNINGSTAR 8'6"

40 22 DONALD HUMMEL 8'
40 22 ROBERT BOAL 6'

LONG JUMP

SA KEITH WITHERSPOON 6.69
SA NATHAN TAYLOR 6.19

SB GREN MARSHALL 5.27

1A GARY MEHLMAN 5.21
1A BILL THICKER 5.02
1A PALMER SWEET 4.94

2B DILLON WITHERSPOON 5.67
2B NED CURRAN 3.65
2B DONALD GREY 3.39

3A NORB HECKSTEIN 3.47

40 JEREMIAH GAINES 3.45

SA 22 VERNON KELLEY 5.98

SA 22 CHARLES BUSBY 4.79

1B 22 NATHANIEL CARTER 5.07
1B 22 WILLIAM JEFFREY 5.05
1B 22 ERVIN MITCHELL 4.84

3A 22 FRED HIRSHAKI 4.34

3B 22 VERN WATSON 4.47
3B 22 HAM MORNINGSTAR 3.39
3B 22 LEO McVOY 2.42

40 22 CHARLES HIRSHY 2.49

TRIPLE JUMP

SA KEITH WITHERSPOON 14.06
SA NATHAN TAYLOR 12.71

SB LARRY ISLER 10.73

1A PALMER SWEET 9.87
1A GARY MEHLMAN 9.75

1D ED BARBOUR 9.61

2A ERNIE ANGLIN 7.65

SA 22 VERNON KELLEY 13.07

1B 22 NATHANIEL CARTER 11.19

3A 22 DENVER SMITH 9.80
3A 22 FRED HIRSHAKI 8.95

3B 22 VERN WATSON 11.49

40 22 CHARLES HIRSHY 4.94

SHOT PUT

SA FRANK PASCIUTI 10.01

SB LARRY ISLER 09.83

1A GARY MEHLMAN 11.39
1A PALMER SWEET 10.83

1B WILLIAM WADE 11.00
1B ED BARBOUR 07.73

2A JAY EDWARDS 13.718
2A PHIL SCUDIERI 13.37
2A ERNIE ANGLIN 09.19

2B DILLON WITHERSPOON 11.01
2B NED CURRAN 10.06
2B DONALD GREY 08.25

3A BOB SELIGMAN 13.13
3A DONALD REID 13.13
3A NORB HECKSTEIN 11.55

40 FREDERICK LESNER 08.41

SA 22 RICHARD WATSON 10.37

1A 22 JAI SINGH 09.83

1B 22 MIKE VALLE 11.30
1B 22 BILL SIMON 10.49

2A 22 PAY CARSTENSEN 12.12

3A 22 FLOYD SIMMONS 14.13
3A 22 DENVER SMITH 12.68

3B 22 HAM MORNINGSTAR 11.81

40 22 PETER GULGIN 11.90
40 22 CHARLES HIRSHY 09.80

800-5

SA MIKE SCHAY 149'10"
SA RON CONE 114'6"
SA FRANK PASCIUTI 100'4"

SB RICHARD COCKE 103'2"

1A PALMER SWEET 105'2"
1A GARY CLARKE 93'5"

1B WILLIAM WADE 101'2"
1B ED BARBOUR 84'11"

2A PHIL SCUDIERI 138'10"
2A JAY EDWARDS 123'6"
2A ERNIE ANGLIN 74'11"

2B DILLON WITHERSPOON 97'
2B NED CURRAN 75'10"
2B DONALD GREY 74'10"

3A BOB SELIGMAN 131'4"
3A DONALD REID 111'4"
3A NORB HECKSTEIN 95'6"

40 DOUGLAS PHILLIPS 95'9"
40 JEREMIAH GAINES 81'6"
40 FREDERICK LESNER 78'2"

SA 22 RICHARD WATSON 113'10"

1A 22 JAI SINGH 93'9"

1B 22 MIKE VALLE 114'8"
1B 22 ERVIN MITCHELL 95'8"
1B 22 WILLIAM JEFFREY 80'2"

2A 22 HENRY DAVENPORT 127'10"
2A 22 PAY CARSTENSEN 98'6"

3A 22 DENVER SMITH 133'4"
3A 22 FLOYD SIMMONS 123'10"

3B 22 HAM MORNINGSTAR 106'4"
3B 22 LEO McVOY 44'11"

40 22 PETER GULGIN 115'4"
40 22 DONALD HUMMEL 90'8"
40 22 CHARLES HIRSHY 35'11"

HANMER

SA RON CONE 110'3"

1A PALMER SWEET 93'11"
1A GARY MEHLMAN 81'1/2"

1B ED BARBOUR 66'4 1/2"
1B WILLIAM WADE 62'5 1/2"

2A GORDON BOBELL 139'11"
2A JAY EDWARDS 124'9"
2A PHIL SCUDIERI 127'
2A ERNIE ANGLIN 58'6"

2B DILLON WITHERSPOON 81' 1/2"
3A DONALD REID 137'5"
3A NORB HECKSTEIN 67'1 1/2"

40 FREDERICK LESNER 75'4 1/2"

1B 22 MIKE VALLE 128'4"

2A 22 PAY CARSTENSEN 119'5"

3B 22 MARIO MINAFRA 103'3"

3B 22 HAM MORNINGSTAR 103'3"

40 22 PETER GULGIN 102'8"
40 22 CHARLES HIRSHY 62'10"

JAVELIN

SA NATHAN TAYLOR 182'4"
SA FRANK PASCIUTI 172'10"
SA KEITH WITHERSPOON 148'6"
SA RON CONE 143'5"

SB RICHARD COCKE 135'11"
1A GARY CLARKE 148'8"
1A GARY MEHLMAN 145'2"
1A PALMER SWEET 99'5 1/2"

1B WILLIAM WADE 109'1"
1B ED BARBOUR 105'10"
2A PHIL SCUDIERI 131'8"
2A ERNIE ANGLIN 81'11"

2B NED CURRAN 76'1"
2B DILLON WITHERSPOON 72'3 1/2"

3A DONALD REID 105'2"
3A NORB HECKSTEIN 78'5"

40 FREDERICK LESNER 74' 3/4"
40 ALMAND COLEMAN 67'7"

SA 22 RICHARD WATSON 173'2"

1A 22 WILLIAM BUSBY 146'7"
1B 22 BILL SIMON 144'11"
1B 22 MIKE VALLE 126'4"

3A 22 FLOYD SIMMONS 145'6"
3A 22 DENVER SMITH 102'5"

40 22 DONALD HUMMEL 91'7 3/4"
40 22 PETER GULGIN 78'1"
40 22 CHARLES HIRSHY 56'7 3/4"

5000 P.W.

F45 Sue Hoch 33:25
F50 Ruth Eberle 29:13
M30 Kelley Kesterson 34:40
M40 William Banton 34:57

High Jump

F40 Pam Calvert 4' 6"
M40 Ralph Jackson 5' 4"
Mike Wilheite 4'10"
David Schaef 4' 2"
M45 Gary Weshinsky 4' 8"
M50 Don Healey 4'10"
M60 Harry Guth 5' 0"

3000 Hurdles

M40 Ross Jensen 43.80

400

F30 Cathy Arendes 1:09.17
F35 Debbie Stiles 1:14.18
F40 Pam Calvert 1:08.42

M30 Richard Bishop 59.49
M35 Doug Edmonson 2:10.91
M40 Roger Lowry 1:04.51
M45 John Coats 2:36.55
M50 Lee Blount Jr. 2:15.52
M55 Joseph Bell 2:35.77
M60 Curt Davison 3:01.61

800

F30 Jean Michalak 2:54.43
F35 Tom Berry 2:12.02
F40 John Dickey 2:18.97
F45 Doug Edmonson 2:10.91
F50 Eric Gyaki 2:12.51
F55 Bob Etzel 2:14.81
F60 Roger Lowry 2:19.12
F65 John Coats 2:36.55
F65 Lee Blount Jr. 2:15.52
F65 Joseph Bell 2:35.77
F60 Curt Davison 3:01.61

1500

M30 Tom Berry 4:36.40
M35 Chuck Rice 4:08.17
M40 Rich Smercina 5:25.76
M45 Tony Murray 5:31.60
M50 Harold Salmon 5:04.77
M60 Curt Davison 6:52.23

3000

F30 Lennis Harrison 12:58.73
F35 Cathy Johnson 12:38.56
F40 John Dickey 10:08.01
F45 R.B. Fallstrom 10:30.34
F50 Eric Gyaki 9:57.75
F55 Bob Etzel 10:24.22
F60 Harold Salmon 10:29.19
F65 John Coats 11:20.91

5000

F30 Jean Michalak 20:13
F35 Joe Ujnych 16:12
F40 Marty Hughes 19:34
F45 Rich Friedlander 16:00
F50 Don House 21:47
F55 John Eber 17:56
F60 John Coats 18:10
F65 Will Hersinger 19:58
F60 Mal Kenney 21:59

1500 P.W.

F45 Sue Hoch 9:19.02
M30 Kelley Kesterson 8:51.01
M40 Bill Banton 9:28.09
M55 Justin McCarthy 9:25.98

5000 P.W.

F45 Sue Hoch 33:25
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M30 Kelley Kesterson 34:40
M40 William Banton 34:57

High Jump

F40 Pam Calvert 4' 6"
M40 Ralph Jackson 5' 4"
Mike Wilheite 4'10"
David Schaef 4' 2"
M45 Gary Weshinsky 4' 8"
M50 Don Healey 4'10"
M60 Harry Guth 5' 0"

MID-AMERICA

St. Louis Metro Masters
All-Comers Meet
St. Louis, Missouri
July 12, 1986

-- All-American Status

100

F35 Debbie Stiles 15.28
F40 Pam Calvert 13.99
M30 Lou Brock 12.01
M40 Tom Miller 11.71

Ross Jensen 12.15
Jesse Carter 12.97
Bill Kaune 13.04

M45 Dennis Buss **11.69
M50 Don Healey 14.05
M55 Bill Donelson **12.86
M60 Harry Guth **13.38
M65 Chris Christy 14.55

110 Hurdles
M35 Dennis Miller 20.99
M40 Ross Jensen **17.13
Jesse Carter 19.21

200
F30 Cathy Arendes 29.82
F35 Debbie Stiles 32.37
F40 Pam Calvert 29.53
M30 Mike Cunningham 24.31
M40 Lou Brock 25.00
M45 Tony Kidd 26.22
M50 Dennis Miller 28.91
M55 Ross Jensen 24.76
M60 Tom Miller 26.03
M65 Roger Lowry 26.96
M70 Jesse Carter 27.19
M75 Bill Kaune 27.78
M80 David Schaef 28.21
M85 Dennis Buss **23.95
M90 Bill Donelson 28.32
M95 Joseph Bell 32.01
M100 Curt Davison 30.61

300M Hurdles
M40 Ross Jensen 43.80

400
F30 Cathy Arendes 1:09.17
F35 Debbie Stiles 1:14.18
F40 Pam Calvert 1:08.42

M30 Richard Bishop 59.49
M35 Doug Edmonson 2:10.91
M40 Roger Lowry 1:04.51
M45 John Coats 2:36.55
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1500
M30 Tom Berry 4:36.40
M35 Chuck Rice 4:08.17
M40 Rich Smercina 5:25.76
M45 Tony Murray 5:31.60
M50 Harold Salmon 5:04.77
M60 Curt Davison 6:52.23

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F45 Rich Friedlander 16:00
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F60 John Coats 18:10
F65 Will Hersinger 19:58
F60 Mal Kenney 21:59

1500 P.W.
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M30 Kelley Kesterson 8:51.01
M40 Bill Banton 9:28.09
M55 Justin McCarthy 9:25.98

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M40 William Banton 34:57

High Jump
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M40 Ralph Jackson 5' 4"
Mike Wilheite 4'10"
David Schaef 4' 2"
M45 Gary Weshinsky 4' 8"
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M60 Harry Guth 5' 0"

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High Jump
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M60 Harry Guth 5' 0"

3000 Hurdles
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F35 Debbie Stiles 1:14.18
F40 Pam Calvert 1:08.42

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F60 John Coats 18:10
F65 Will Hersinger 19:58
F60 Mal Kenney 21:59

1500 P.W.
F45 Sue Hoch 9:19.02
M30 Kelley Kesterson 8:51.01
M40 Bill Banton 9:28.

Continued from previous page

40	CO	Dave Simons	52.62
40	CO	George Eidinger	60.67
45	CO	Dave Krell	57.78
48	CO	Firooz Zadeh	66.95
52	TX	Hector Cisneros	59.79
51	CO	Ritch White	70.63
57	CO	Bert Snyder	62.45
61	CO	Norm Katzman	65.57
65	CO	Frank Bowles	71.69
67	CO	John Davidson	74.50
69	IL	Wib Ragland	83.67
76	SD	Emmett Bennett	92.36

38	TX	Cassandra Clark	63.94
40	MO	Pamela Calvert	63.38
49	CO	Nancy Manson	75.63
60	CO	Nancy Smalley	90.91
66	CO	Margareta Lambert	87.09
72	CO	Pearl Mehl	92.69

33	CO	Paul Ellison	2:14.98
34	CO	Terry Femmer	2:16.77
38	CO	David Binkley	2:03.36
38	CO	Ray Hammit	2:06.35
36	CO	Dan Ayers	2:11.71
38	CO	Ric Dudley	2:12.16
40	CO	George Eidinger	2:16.40
40	CO	Greg Sides	2:32.23
47	GA	Jack Brocksmith	2:14.30
51	NY	John Conner	2:12.98
52	TX	Hector Cisneros	2:23.47
50	MT	Jeffrie Iams	3:04.36
59	TX	Richard Widener	2:32.86
61	CO	Ernie MacDonald	3:01.57

38	TX	Cassandra Clark	2:41.77
37	CO	Susan Hammit	3:02.96
64	CO	Louise Adams	3:32.70
66	CO	M. Lambert	3:19.20
72	CO	Pearl Mehl	3:36.52

32	CO	Ted Jenes	4:25.86
34	CO	Terry Femmer	4:41.38
33	CO	Paul Ellison	4:49.02
38	CO	Ric Dudley	4:36.62
40	CO	Greg Sides	5:19.39
41	CO	Herman Domingue	5:37.68
61	CO	Dave Francis	6:24.03
65	CO	Homer Hoyt	6:18.86
68	CO	Orris Saunders	6:55.19

49	CO	Nancy Manson	6:47.67
60	CO	Nancy Smalley	7:11.40
66	CO	Mary Lambert	6:57.92
72	CO	Pearl Mehl	7:19.00

30	CO	Bill Hutchinson	15:42.4
34	CO	John Tarin	16:38.3
34	CO	Terry Femmer	17:33.4
39	CO	Gary Koenig	16:00.1
41	CO	Floyd Godwin	15:47.5

42	CO	Paul Lightsey	17:31.3
42	CO	Herman Domingue	19:31.0
49	CO	Peter Barstad	19:46.5
52	CO	Vilmar Strautins	20:11.5
61	CO	K.D. Timmerhaus	18:49.1
66	CO	Max Peters	21:35.0
67	CO	Howard Dansdill	23:17.9

34	CO	Lorraine Green	18:19.4
31	WY	Jan Panasuk	21:20.0
47	CO	Chris Daniel	23:34.7
58	CO	Pat Palmer	23:58.5
66	CO	M. Lambert	20:15.7
70	CO	Velma Jacobs	23:23.0

34	CO	Terry Femmer	17:54.0
38	CO	David Binkley	16:47.8
61	CO	Dave Francis	23:24.1
65	CO	Homer Hoyt	23:56.4
68	CO	Orris Saunders	26:04.0

36	CO	Dana Simons	24:46.7
43	CO	Georgia Blum	25:04.9
42	CO	Joan Binkley	25:19.8
64	CO	Louise Adams	25:27.5
60	CO	Nancy Smalley	25:32.6
72	CO	Pearl Mehl	26:35.4

32	WI	Robert Zahn	15.56
33	CO	Jeff Hines	16.86
30	NM	Jeff Bilderbeck	16.92
35	CO	Mike Hill	15.32

41	KS	Ross Jensen	17.44
49	TX	Chuck Miller	16.71
47	MN	George Labelle	19.30
52	TX	Hector Cisneros	18.34
56	KS	Jerry Reiserer	18.86

60	CO	Jack Greenwood	16.12
400	IMH		
36	CO	Mike Hill	57.86
41	KS	Ross Jensen	61.53
47	GA	Jack Brocksmith	66.72

52	TX	Hector Cisneros	67.90
30	CO	Jack Greenwood	65.71

33	CO	Greg Stinson	5'10"
30	NM	Jeff Bilderbeck	5'6"
32	NM	Michael Pannell	5'2"
31	WY	Mark Panasuk	4'6"
35	CO	John Green	5'10"
38	CO	Bill Knipmeyer	4'10"
41	TX	John Hartfield	6'7"
43	KS	Ken Winters	5'8"
40	CO	George Eidinger	5'4"
44	NM	Bill Forsyth	4'10"
42	CO	Dennis Lecinski	4'10"
49	TX	Chuck Miller	4'10"
47	MN	George Labelle	4'6"
51	MN	Tom Langenfeld	5'4"
51	IA	Floyd Smith	5'4"
56	KS	Jerry Reiserer	4'6"
58	CO	Bill Honaker	4'6"
55	MT	Harold Rhode	4'4"
60	TX	Bob Richards	4'4"
60	MN	Chuck Olson	4'4"
62	CO	Gordon Kovar	4'2"
69	MI	Ham Morningstar	4'4"
65	CO	Frank Bowles	4'4"
69	IL	Wib Ragland	4'4"
66	KS	George Hoferer	4'2"
84	IN	Arling Pitcher	3'6"

38	TX	Cassandra Clark	4'6"
40	MO	Pamela Calvert	4'2"
33	CO	Jeff Hines	13'0"
39	CA	Larry Fisher	12'0"
35	CO	John Green	12'0"
39	CA	Richard Ying	11'6"
52	TX	Hector Cisneros	10'6"
56	KS	Jerry Reiserer	7'3"
60	TX	Bob Richards	11'6"
62	CO	Gordon Kovar	7'6"
69	MI	Ham Morningstar	8'0"
68	CO	Willi Stickler	7'3"
84	IN	Arling Pitcher	5'6"

32	WI	Robert Zahn	6.26
30	NM	Jeff Bilderbeck	5.97
32	NM	Michael Pannell	5.86
33	CO	Jeff Hines	5.84
33	CO	Greg Stinson	5.69
33	CO	Paul Ellison	5.22
31	WY	Mark Panasuk	4.49
38	TX	Josh Owens	7.18
35	CO	Mike Hill	6.64
38	CO	Bill Knipmeyer	5.68
35	CO	Rosini Russell	3.98
41	NM	Neil Silver	5.70
40	NM	Bill Forsyth	5.38
44	CO	Dennis Lecinski	4.54
45	TX	Hans Gordon	6.11
45	KS	Gary Oliphant	5.73
45	CO	John Tate	4.78
47	MN	George Labelle	3.95
51	IA	Floyd Smith	4.60
51	CO	Ritch White	4.43
58	CO	Bill Honaker	4.84
57	CO	Bert Snyder	4.78
56	KS	Jerry Reiserer	4.77
63	TX	Max Goldsmith	4.29
65	CO	Frank Bowles	4.20
66	KS	George Hoferer	3.71
69	MI	Ham Morningstar	3.34
76	SD	Emmett Bennett	3.03
84	CO	Herb Anderson	2.66
84	IN	Arling Pitcher	2.41

38	TX	Cassandra Clark	4.66
40	MO	Pamela Calvert	4.69
33	CO	Charles Easter	12.69
33	CO	Greg Stinson	12.19
30	NM	Jeff Bilderbeck	12.18
33	CO	Paul Ellison	10.53
38	TX	Josh Owens	14.18
38	CO	Bill Knipmeyer	11.50
35	CO	Rosini Russell	8.74
41	NM	Neil Silver	11.95
43	KS	Ken Winters	11.83
40	NM	Bill Forsyth	11.54
40	CO	George Eidinger	10.14
45	TX	Hans Gordon	12.06
45	CO	John Tate	10.16
48	CO	Firooz Sadeh	9.32
47	MN	George Labelle	8.75
51	MN	Tom Langenfeld	11.59
51	IA	Floyd Smith	9.67
56	KS	Jerry Reiserer	9.85
57	CO	Bert Snyder	9.09
60	MN	Chuck Olson	9.80
63	TX	Max Goldsmith	8.71
65	CO	Frank Bowles	8.52
68	CO	Ed Hewitt	7.31
68	CO	Willi Stickler	7.06
84	CO	Herb Anderson	6.26
84	IN	Arling Pitcher	5.17

40	MO	Pamela Calvert	9.33
32	WY	Dale Reed	42'11"
31	WY	Mark Panasuk	35'9"
30	NM	Jeff Bilderbeck	35'4"
33	OK	Aaron Miller	31'43/4
35	CO	John Green	40'43/4
43	KS	Steve Rogers	38'4"
44	CO	Ronald Hambrick	35'4"
45	CO	Michael Parker	37'4"
47	IL	Carl Klehm	36'73/4
48	MEX	Julian Nunes Ara	30'11"
45	CO	Dave Krell	30'103/4
47	MN	George LaBelle	29'103/4
12	POUND		
51	KS	Tom Wesselowski	47'6"
52	NE	Charles Bolton	37'11"
51	IA	Floyd Smith	32'8"
51	CO	Vern Spencer	32'4"
57	CO	Bert Snyder	29'3"
56	KS	Jerry Reiserer	29'3"
60	TX	Bob Richards	39'8"

49	NM	Wayne Morris	155'5"
49	CO	Jim Weed	122'10"
47	MN	George LaBelle	103'10"
46	PA	Glen Suplee	95'6"
47	IL	Carl Klehm	92'10"
4	CO	Russell Murphy	86'9"
52	CA	Phil Conley	177'7"
52	NE	Charles Bolton	138'14"
51	CO	Vern Spencer	92'10"
55	MT	Harold Rhode	105'4"
56	KS	Jerry Reiserer	97'6"

600	gm		
60	TX	Bob Richards	125'10"
60	MN	Chuck Olson	86'7"
67	LA	Gordon Nordgren	124'9"
65	CO	Frank Bowles	106'10"
70	CO	Fred Praeger	61'2"
76	SD	Emmett Bennett	43'9"
84	CO	Herb Anderson	75'6"
84	IN	Arling Pitcher	47'7"

34	CO	Lorraine Green	60'7"
35	CO	Peggy Lamm	34'7"

32	WY	Dale Reed	39.62
32	NM	Michael Pannell	22.45
43	KS	Steve Rogers	28.43
48	MEX	Julian Nunes Ara	39.55
47	IL	Carl Klehm	36.76
47	MN	George LaBelle	27.92
48	CO	Russ Murphy	25.91

12	POUND		
51	KS	Tom Wesselowski	38.09
51	CO	Vern Spencer	30.38
56	KS	Jerry Reiserer	21.33
60	TX	Bob Richards	46.27

5k	hammer		
62	AZ	Joe Black	26.18
66	CA	Jim Minah	35.56
68	CO	Ed Hewitt	19.05

4K			
70	CO	Fred Praeger	24.53

4	X 100	relay	
30-39	Crunkleton		44.00
Simons, Radiff, Hartenstein			
40-49	Kirkpatrick		49.74
Krell, Gibson, Lecinski			
60-69	Greenwood		54.59
Parker, Katzman, MacDonald			
70-79	Smalley		76.41
Adams, Lambert, Mehl			

5K	s.p.		
60	MN	Chuck Olson	28'34"
62	AZ	Joe Black	27'4"
66	CA	Jim Minah	34'4"
69	MI	Ham Morningstar	32'14"
65	CO	Frank Bowles	30'74"
68	CO	Willi Stickler	30'44"

4K	s.p.		
62	CO	Gordon Kovar	34'1"
72	OR	Ross Carter	43'7"
70	CO	Frederick Praeger	31'4"
84	CO	Herb Anderson	25'4"
84	IN	Arling Pitcher	19'4"

Discus			
30	NM	Jeff Bilderbeck	105'5"
31	WY	Mark Panasuk	98'5"
33	OK	Aaron Miller	88'4"
35	CO	Mike Hill	129'11"
35	CO	John Green	128'9"
38	NJ	G Weaver	120'5"
40	NM	Bill Forsyth	109'7"
44	CO	Ronald Hambrick	54'1"
49	CO	Jim Weed	110'2"
47	IL	Carl Klehm	108'1"
45	CO	Dave Krell	105'6"
45	CO	Mike Parker	105'5"
48	MEX	Julian Nunes Ara	90'1"
48	CO	Russell Murphy	74'9"

1.6K			
51	KS	Tom Wesselowski	114'8"
51	CO	Vern Spencer	97'0"
52	NE	Charles Bolton	95'2"
51	IA	Floyd Smith	93'11"
55	MT	Harold Rhode	99'0"
56	KS	Jerry Reiserer	96'9"
58	CO	Bill Honaker	76'1"

1.5 K			
60	TX	Bob Richards	128'6"

1.0 K			
50	MN	Chuck Olson	109'2"
62	AZ	Joe Black	108'1"
69	MI	Ham Morningstar	111'2"
66	CA	Jim Minah	109'10"
68	CO	Ed Hewitt	99'8"
68	CO	Willi Stickler	77'8"
72	OR	Ross Carter	120'11"
76	SD	Emmett Bennett	62'5"
84	IN	Arling Pitcher	63'2"

Continued from previous page

M35 W Smith	51.0
D Thiel	51.1
J Owusu	53.3
M40 J Vicks	53.1
R Flucher	58.9
A Pittman	61.4
M45 R Turner	53.0
J Hurd	57.8
M50 O Boyer	59.7
M55 J Shiggins	1:20.4
J Terrell	1:27.4
M60 R Whittington	1:19.0
R Anderson	1:26.0
M65 M Kagen	1:13.1
J Burke	1:23.2
M70 J Bloomfield	1:07.5
W30 E Amirkham	1:05.0
W35 M Fesst	1:07.9
L Sikes	1:09.6

800m	
M30 T Howard	2:06.52
C Parker	2:07.81
S Shriner	2:16.63
M35 D Moore	2:05.26
R Nelson	2:06.30
K Endris	2:10.33
M40 J Malone	2:06.68
A Pittman	2:21.23
M45 R Heitzenrater	2:13.02
R Ashton	2:13.04
M50 D Slocumb	2:17.96
H Cisneros	2:18.39
J Leutwyler	2:26.28
M55 J Morgan	2:34.45
J Terrell	3:27.43
M60 R Whittington	3:10.73
M65 M Kagan	2:59.0
J Burke	3:04.47
J Gross	3:48.17
M70 F White	3:07.79
W30 S Allerkamp	2:24.02

1500m	
M30 C Parker	4:36.17
M35 R Nelson	4:24.0
G Taylor	4:47.0
J Porter	5:05.1
M45 R Ashton	4:29.2
D McCormack	4:39.0
M50 D Slocumb	4:51.5
J Leutwyler	5:04.7
M55 J Morgan	5:24.0
M65 M Kagan	6:22.0
J Burke	6:27.7

3200m	
M30 T Howard	10:36.50
M50 J Leutwyler	11:20.36
R Coffey	13:04.20
M65 M Kagan	14:40.01
J Gross	16:26.86

110mH	
M30 D Charlter	14.30
M35 C Couch	15.09
S Groves	15.51
M40 L Mount	16.73
M45 W Butler	14.08
S Ireland	18.19
J Head	20.09
M50 H Cisneros	18.83
M55 J Murphy	17.53
b Pardue	21.25

300mH	
M35 C Couch	41.2
S Groves	42.9
M40 L Mount	41.6
M45 J Head	48.4
M50 H Cisneros	47.0
B McGlashan	48.4
M55 J Murphy	48.4
B Pardue	55.5

4x100m Relay	
Dallas Masters	43.33
Running Cool TC	46.77
Red Oak	50.23
Gulf Coast Texas	53.58

4x200m Firemen's Relay	
(Total minimum age 140 yrs)	
Dallas Fire Dept.	1:38.15
Naples Vol Fire	1:39.15

4x200m Industrial Relay	
(Total minimum age 140 yrs)	
City of Austin	1:44.23

High Jump	
M35 B Smith	6-0
S Groves	5-0
D Davidson	4-10
M40 J Hartfield	6-8
M45 J Head	5-0
R Hans-Peter	4-10
J Burnett	4-8
M50 B McGlashan	5-0
W Palmer	5-0
R Hein	4-10
M60 B Richards	4-0
M65 H Morningstar	4-8
L Hayden	4-3

Pole Vault	
M30 T Wilson	14-6
P Huff	12-6
J Duncan	10-0
M35 D Davidson	9-0
M45 J Burnett	9-0

M50 H Cisneros	9-6
W Palmer	8-0
M55 J Scoggins	6-6
M60 B Richards	10-0
R Anderson	6-0
M65 H Morningstar	7-0

Long Jump	
M30 L Vollmer	21-1
W Povost	18-1 1/2
M35 J Owusu	23-9 1/2
D Davidson	17-5
G Warren	16-1 1/2
M40 E Jones	20-10
D Taylor	18-9
M45 H Gordon	21-7 3/4
T Deatherage	16-11 3/4
W Jefferey	16-8
M50 B McGlashan	18-1 1/2
W Palmer	15-3
R Hein	15-1 1/2
M55 J Scoggins	12-6
M60 B Richards	14-11
M Goldsmith	14-4 1/2
M65 L Hayden	13-2 3/4
H Morningstar	11-8 1/2
J Gross	9-9
M70 E Bost	9-11
W30 L Reynolds	14-2

Triple Jump	
M30 L Vollmer	40-5
M35 J Owusu	46-0
B Smith	32-8
E Jones	38-6
D Taylor	37-0
M45 H Gordon	39-2
W Jefferey	33-4
M50 B McGlashan	36-0
W Palmer	30-9 1/2
R Hein	30-6 1/2
M60 M Goldsmith	29-2
M65 L Hayden	26-7
M70 F White	24-10 1/2

Shot Put	
M30 R Kamla	48-1
J Baty	44-0
M35 C Pena	41-10 1/2
D Davidson	32-6
G Warren	31-5

New Mexico TAC Pentathlon
Los Alamos (7100' elev.) - August 16

Marty Niebauer (open)	3180	6.37	51.16	23.36	36.02	4:58.3
Jeff Bilderbeck	30	2853	6.25	47.68	24.53	33.54 5:14.6
Bill Forsyth	39	2596	5.45	48.51	26.19	33.29 5:06.7
Job Manzanarez	37	2324	4.46	32.38	26.17	23.25 4:12.4
David Salazar	37	2225	4.5	32.86	25.66	22.46 4:46.0
Neil Silver	41	2178	5.26	35.32	24.92	20.88 5:48.6
Wee Saythe	42	1701	4.42	35.71	28.65	24.57 5:39.8
Bob Jurgens	46	1985	5.06	36.24	25.30	30.21 6:30.4
Ron Kirkpatrick	48	1532	4.04	21.87	24.62	16.10 5:52.4
Bob Weeks	48	1500	4.57	38.29	27.73	23.41 7:11.1
Bill Baughman	46	558	3.24	17.37	34.78	13.77 6:23.0
Lee Hirst	64	1152	3.36	26.17	30.00	27.33 6:36.6

WEST

Northern California
Senior Olympics
Berkeley; August 2

50m	
M50 R Gutierrez	9.5
M55 R Kenyon	8.1
M65 R Hustace	10.4
W50 G Shaeffer	10.8

100m	
M50 G Wells	13.1
B Rivera	13.8
W Allen	15.9
M55 E Manougian	13.1
A Pappas	13.4
L Butler	16.0
M60 J Johnson	14.4
R Hansen	16.0
M65 M Jones	16.3
M75 A J Puglizevich	18.8
W50 M Moore	17.8
W60 M Monheit	19.4
L Actor	20.2
W65 M Burkhead	19.6

200m	
M55 E Manougian	27.2
A Pappas	28.5
M60 A Bryant	33.2
M65 M Jones	34.9
P Dundon	36.4
M75 W Bigelow	36.6
W50 M Moore	38.4
W60 M Monheit	40.9

400m	
M50 R Hickman	58.4
J Gallagher	1:04.2
M55 A Pappas	1:03.8
M60 A Bryant	1:24.0
R Hansen	1:30.3
M65 P Dundon	1:19.0
G Lewis	1:27.9
M70 P Ganahl	1:11.5
W60 K Pickles	1:46.7

800m	
M50 J Kirsch	2:52.5

M40 B Stuart	44-1 1/2
E Mooney	40-1
D Danserau	37-6
M45 J Burnett	30-5
R Hans-Peter	28-11 1/2
M50 W Palmer	42-5 1/2
M55 J Ericson	42-1
M60 B Richards	44-1
M65 J Allen	42-5
H Morningstar	40-5
M70 E Bost	30-1 1/2
M75 A Sealey	20-4

Discus	
M30 R Kamla	147-3
T Kuehl	144-10
J Baty	125-0
M35 G Warren	106-5
E Patrick	91-7
M40 E Mooney	136-1
B Stuart	126-9
D Danserau	108-6
M45 R Rychman	179-2
R Hans-Peter	87-0
J Burnett	85-7
M50 W Palmer	155-1
R Hein	98-2
M55 J Ericson	134-11
M60 B Richards	157-11
M65 J Allen	119-11
H Morningstar	103-7
M75 A Sealey	56-8

Javelin	
M30 J Baty	146-9
T Kuehl	123-2
M35 D Davidson	142-7
G Warren	109-0
M40 D McNabb	205-1
R Sander	146-9
D Danserau	136-4
M45 R Hans-Peter	134-5
B Hicks	114-2
M50 B Tucker	130-8
W Palmer	124-6
M60 B Richards	111-1
M65 H Morningstar	113-1
M70 E Bost	73-4
M75 A Sealey	52-2

Empire Runner Final
Track Meet
Santa Rosa, Calif.; August 5

100m	
T Maples	36 11.90
G Schmidt	33 12.10
B Hutchinson	41 13.00
M Gray	54 14.30
200m	
T Maples	36 24.80
G Schmidt	33 25.20
B Hutchinson	41 27.10
M Gray	54 30.10
B Fisher	55 31.00

400m	
B Hutchinson	41 60.80
M Gray	54 66.50
M McGuire	40 1:58.20
800m	
K Maurer	30 2:08.00
J Harmon	30 2:09.60
C Chateaubriant	38 2:24.30
B Hutchinson	41 2:32.10

1500m	
M50 J Gallagher	5:09.8
M55 J Gregson	5:23.0
R Auker	5:25.0
M60 D Egle	5:54.9
D Wilgus	6:21.5
M65 R Fallo	7:11.0
M70 R Mahannah	6:41.9
M75 S Madden	7:16.8
W Bigelow	8:15.6
W Monheit	9:01.1
W60 K Pickles	7:13.0

5000m	
M55 J Gregson	19:12.5
R Auker	20:47
M60 D Egle	20:37
M65 A Ayranto	20:39
T McGee	23:10
V Atencio	26:10
M70 T Chandler	25:38
J Goodman	26:18
M75 J McGee	28:33
W Monheit	29:00
W55 R Levitan	27:56
W60 K Pickles	25:01

2 Mile Racewalk	
M50 G Wells	17:05
H Johnson	19:27
M55 F Dunn	17:39
W Kolankowski	21:03.9
M60 D Janowsky	18:31.5
R Hansen	21:28
M65 T Grove	22:57
W60 B Levitan	22:30
M50 M Seewerker	21:32
R Carr	23:30
W55 B Garvey	30:31.4

Long Jump	
M50 S Richmond	16-1
W Allen	13-3 3/4
G Dawson	13-1 1/2
M55 J Costello	9-5 3/4
M60 J Johnson	15-7
M65 A Ricciardi	11-3
R Hustace	7-2 1/2
M70 H Howell	10-1 3/4
B Levitan	7-4 3/4
W50 J Fong	6-1 1/2

Shot Put	
(50+ 12H/60+ 8H/w 8H)	
M50 G Dawson	32-7 1/2
R Gutierrez	22-7
M55 J Costello	29-9
M60 A Bryant	35-4 1/2
J Silsdorf	32-8 1/2
M65 B Stone	38-4 1/2
A Ricciardi	35-3/4
R Mack	28-0
M70 J York	31-5 1/2
O Nurmela	24-4
M75 A J Puglizevich	33-8 1/2
W50 B Racine	24-5
G Shaeffer	21-6
M Seewerker	19-3 1/2
W60 T Leong	18-10 1/2
L Actor	18-5

Discus	
(50+ 1.6k/60+ 1k)	
M50 G Dawson	97-3
S Richmond	92-6
M55 W Kolankowski	65-9
R Kenyon	61-11
J Costello	55-7
M60 J Silsdorf	82-7
M65 B Stone	127-7
A Ricciardi	106-8
R Mack	84-4
M70 J York	100-1
O Nurmela	71-10
B Levitan	54-8
M75 A J Puglizevich	66-3
W50 B Racine	52-2
W55 R Levitan	35-6
W60 T Leong	42-1

1st Annual National Masters News
Age-Handicapping Meet
Van Nuys, Calif; August 23

100	
Heat 1:	
1 Walt Butler	M45 LAVAC 10.76 7.9 10.9
2 Gene Harte	M61 LAVAC 11.81 16.1 11.0
3 Manuel Reynosa	M54 None 11.28 12.1 12.5
4 James Warren	M63 Cheetahs 11.98 17.3 12.8
5 Magdalena Kuehne	W55 Striders 12.88 23.0 13.0
Heat 2:	
1 Nick Newton	M53 LAVAC 11.22 11.7 10.9
2 Tom Patsalis	M64 CDM 12.08 18.0 11.1
3 Will Robinson	M55 CDM 11.35 12.7 11.5
4 Joe Caruso	M76 None 13.55 26.9 12.1
5 George Simon	M63 LAVAC 11.98 17.3 12.3

Heat 3:	
1 Bob Watanabe	M60 LAVAC 11.72 15.4 11.0
2 Cleve'd Streeter	M32 None 10.21 2.9 11.3
3 Fred Niedermeyer	M45 Striders 10.81 8.3 11.4
4 Al Guidet	M68 CDM 12.49 20.7 11.6
5 Bess James	W76 SDTC 17.67 43.9 11.6
6 Barney Phillips	M58 LAVAC 11.57 14.3 12.3
7 Juan Pedevilla	M54 CDM 11.28 12.1 12.7

Heat 4:	
1 Walt Butler	M45 LAVAC 10.76 7.9 10.8
2 Nick Newton	M53 LAVAC 11.22 11.7 11.1
3 Bob Watanabe	M60 LAVAC 11.72 15.4 11.1
4 Gene Harte	M61 LAVAC 11.81 16.1 11.2
5 Fred Niedermeyer	M45 Striders 10.81 8.3 11.4
6 Cleve'd Streeter	M32 None 10.21 2.9 11.4
7 Al Guidet	M68 CDM 12.49 20.7 11.9
8 Will Robinson	M55 CDM 11.35 12.7 12.4
Tom Patsalis	SCR

Heat 5:	
1 Walt Butler	M45 LAVAC 10.76 7.9 10.8
2 Nick Newton	M53 LAVAC 11.22 11.7 11.1
3 Bob Watanabe	M60 LAVAC 11.72 15.4 11.1
4 Gene Harte	M61 LAVAC 11.81 16.1 11.2
5 Fred Niedermeyer	M45 Striders 10.81 8.3 11.4
6 Cleve'd Streeter	M32 None 10.21 2.9 11.4
7 Al Guidet	M68 CDM 12.49 20.7 11.9
8 Will Robinson	M55 CDM 11.35 12.7 12.4
Tom Patsalis	SCR

Heat 6:	
1 Walt Butler	M45 LAVAC 10.76 7.9 10.8
2 Nick Newton	M53 LAVAC 11.22 11.7

Continued from previous page

HIGH JUMP	Age	Club	Actual Mark (ft/in)	Handicap	Final Mark
1 Burl Gist	M66	Corona Del Mar	4-9	2-5 1/2	7-2 1/2
2 Nick Newton	M58	LA Valley AC	5-7	1-7	7-2
3 John Damski	M71	LA Valley AC	4-3	2-9 1/2	7- 1/2
4 Carol Johnston	M74	Trojan Masters	3-11	3- 1/2	6-11 1/2
5 Jim Vernon	M69	Trojan Masters	4-1	2-8 1/2	6-9 1/2
6 Annalies					
7 Steekelenburg	W38	None	4-9	1-10 1/2	6-7 1/2
8 Jason Meister	M31	None	6-7	0- 1/2	6-7 1/2
9 Ed Fern	M32	Shore AC	6-5	0-2	6-7
10 Elmer Siegel	M71	Trojan Masters	3-9	2-9 1/2	6-6 1/2
11 Joseph Roman	M63	None	4-1	2-3	6-4
12 Dave Douglas	M54	Striders	4-7	1-8	6-3
13 Mel Embree	M31	Coast AC	6-3	0- 1/2	6-3 1/2
14 Elbert Oliver	M43	None	4-9	0-10 1/2	5-7 1/2
15 Bob Perry	M57	None	3-9	1-10 1/2	5-7 1/2

POLE VAULT

1 Jim Vernon	M69	Trojan Masters	10-0	6- 1/2	16-3 1/2
2 Carol Johnston	M74	Trojan Masters	9-0	7-1 1/2	16-1 1/2
3 Elmer Siegel	M71	Trojan Masters	8-0	6-7 1/2	14-7 1/2
4 Dave Douglass	M54	Striders	10-0	3-10	13-10

LONG JUMP

1 Tom Patsalis	M64	Corona Del Mar	15-11 1/2	9-10	25- 9 1/2
2 John Damski	M71	LA Valley AC	13- 0 1/2	11-10	24-10 1/2
3 Edith Mendyk	M75	Corona Del Mar	7- 0 1/2	17- 7	24- 7 1/2
4 Burl Gist	M66	Corona Del Mar	14- 0 1/2	10- 5	24- 5 1/2
5 Joe Caruso	M76	None	10-11	13- 3	24- 2
6 Magdalena Kuehne	M55	Striders	11- 6 1/2	11-10	23- 4 1/2
7 A.U. Ricciardi	M66	Reno Seniors	11- 3 1/2	10- 0	21- 3 1/2
8 Manuel Reynosa	M54	None	14- 3 1/2	6-11	21- 2 1/2

TRIPLE JUMP

1 Dave Jackson	M54	Corona Del Mar	40-1	15-8	55-9
2 Tom Patsalis	M64	Corona Del Mar	33-4 1/2	22-2	55-6 1/2
3 John Damski	M71	LA Valley AC	28-3 1/2	26-9	55- 1/2
4 Fred Niedermeyer	M46	Striders	32-8	10-6	43-2
5 Joe Caruso	M76	None	22-4	30-0	52-4
6 Magdalena Kuehne	M55	Striders	25-5 1/2	26-2	51-7 1/2

SHOT PUT

1 Jack Thatcher	M70	Corona Del Mar	38- 8	19- 0	57- 8
2 Edith Mendyk	M75	Corona Del Mar	23-11	32- 2	56- 1
3 Dan Reattie	M52	None	44- 1	11- 3	55- 4
4 Magdalena Kuehne	M55	Striders	24- 2 1/2	26- 3	50- 5 1/2
5 A.U. Ricciardi	M66	Reno Seniors	34- 6	15- 9	50- 3
6 Bill Pendleton	M33	None	46- 5	2- 6	48-11
7 Dave Douglass	M54	Striders	35- 0	13- 0	48- 0
8 Glen McGhie	M41	None	37-7 1/2	9- 0	46- 7 1/2

110/100 HURDLES

1 Burl Gist	M66	Corona Del Mar	18.4	14.98	3.42
2 Dave Douglass	M54	Striders	19.9	14.94	4.96
3 George Simon	M63	LA Valley AC	20.0	14.50	5.50
4 A.U. Ricciardi	M66	Reno Seniors	23.1	14.98	8.11

TEAM RESULTS: (Based on 6-4-3-2-1 scoring)

1 Corona Del Mar	52
2 LA Valley AC	50
3 Trojan Masters	16
4 Striders	13
5 Santa Monica TC	12
6 Converse West	6
6 Marathonis	6
6 West Valley TC	6
9 Potomac Valley TC	4
10 Reno Seniors	3
10 Pegasus Masters	3
12 Nor Cal Seniors	2
12 Westchester Puma	2
14 San Diego TC	1
14 All-American TC	1

INDIVIDUAL POINT TOTALS (Based on 6-4-3-2-1)

1 Burl Gist	M66	Corona Del Mar TC	14
2 Gene Harte	M61	LA Valley AC	12
3 Bob Watanabe	M60	LA Valley AC	10
3 Tom Patsalis	M60	Corona Del Mar TC	10
3 John Damski	M71	LA Valley AC	10
6 Dave Douglass	M54	Striders	9
7 Nick Newton	M53	LA Valley AC	8
8 Edith Mendyk	M75	Corona Del Mar TC	7
8 Jim Vernon	M69	Trojan Masters	7

Citrac Weight Pentathlon Field Event Meet
Citrus College, Glendora, Calif. Aug. 30, 1986

AGE	NAME	SCORE	HAMM	SHOT	DISC	JAV	WEIGHT
WOMEN							
33	HILARY WHITE	1371	19.08	6.14	16.36	10.96	7.57
			270	2.95	222	171	413
			161b	161b	2K	800gr	351b
38	FRANK REILLY	3595	39.72	14.19	45.83	58.10	13.05
			651	740	797	739	668
48	JOHN WHITE	2801	37.71	12.11	35.72	33.97	11.73
			619	606	599	396	581
53	STU THOMSON	4082	60.77	15.88	47.72	40.49	18.14
			946	840	831	498	967
52	DENNIS RIETZ	3004	36.11	12.53	38.79	46.23	11.04
			593	634	661	581	535
			121b	161b	2K	800gr	251b
54	DAVE DOUGLAS	2876	45.50	11.54	33.85	40.47	10.75
			737	568	559	498	514
			161b	161b	2K	800gr	351b
66	BOB STONE	3773	48.34	13.66	46.42	58.52	14.12
			779	706	808	744	736
			4K	4K	1K	600gr	251b
64	TONY LOMBARDI	2762	21.55	11.54	39.07	64.54	9.02
			324	568	667	816	387
			4K	4K	1K	800gr	251b
73	JAMES YORK	3693	43.66	16.25	41.26	55.17	13.72
			711	861	710	701	710
			4K	4K	1K	600gr	161b
74	ART VESCO	2961	38.85	10.83	32.85	39.81	14.83
			618	520	517	498	778
			121b	121b	1.6K	800gr	351b
38	FRANK REILLY	3582	45.91	15.03	43.75	49.15	11.05
			745	790	758	621	668
			4K	4K	1K	600gr	251b
38	FRANK REILLY	3735	48.41	14.08	45.44	55.25	14.26
			780	733	789	689	734
			161b	161b	2K	800gr	351b
62	BILL BANGERT	1502	45.28	14.64	NO MARK	D N F	D N F
			735	767	0	0	0

NORTHWEST

Federal Way Invitational Meet;
Federal Way Wash; June 20, 21, & 22, 1986

60 Meters			800 Meters		
M30-39	1. Gregory Williams	7.3	M30-39	1. Dave Nickelson	2:09.2
M40-49	1. Mike Harbut	6.8	M40-49	1. Dale Sawyer	2:24.1
	2. Jim Mcabee	8.0		2. Al Gage	2:58.4
	3. Dale Brantner	8.5	M50-59	1. Tony Corvin	2:36.3
	4. Dale Sawyer	8.5		2. Stephen Little	2:57.0
	5. Ron Mattila	9.2			
M50-59	1. Robert Miller	7.3	1500 Meters		
M60-69	1. Fred Foley	9.2	M30-39	1. Dennis Cresson	4:32.3
	2. Gil Splaine	9.3			
M70-79	1. Darlene McCarthy	9.0	3000 Meters		
			M40-49	1. Dale Sawyer	11:00.6
				2. Rick Matsen	11:31.9
				3. Jeff Wright	11:30.3
			5000 Meters		
100 Meters			M40-49	1. Mel Grosland	20:38.
M30-39	1. Gregory Williams	11.6	M60-69	1. Norman Hansen	21:14.
M40-49	1. Ron Mattila	11.9	110 Meter Hurdles		
	2. Dale Brantner	13.4	M30-39	1. Terry Turner	19.3
	3. Lee Hilertson	13.6	M40-49	1. Jim Mcabee	16.3
	4. John Fenlason	13.9	M50-59	1. Robert Miller	18.4
M50-59	1. Robert Miller	11.4			
	2. Robert Owens	13.6	200 Meter Hurdles		
	3. Tony Corvin	14.4	M30-39	1. Terry Turner	55.0
	4. Tom Norwood	14.5	M40-49	1. Jim Mcabee	55.5
M70-79	1. Leon Joslin	18.7		2. Ray Williams	46.0
100 Meters			Long Jump		
M30-39	1. Laura James	13.3	M30-39	1. Terry Turner	14'10 1/2"
M40-49	1. Kristine Koch	14.9		2. Ross Coleman	13'5 1/2"
	2. Barb Tight	16.9	M40-49	1. Dale Brantner	15'2 1/2"
	3. Marianne Goff	18.5		2. Skip Garcia	14'11 1/2"
	4. Christine Brazil	22.6		3. Ron Mattila	14'10 1/2"
				4. John Fenlason	13'9 1/2"
200 Meters				5. Les McDaniel	12'8"
M30-39	1. Shelby Jackson	23.4	M70-79	1. Leon Joslin	10' 7"
M40-49	1. Ray Williams	25.8			
	2. Ron Jensen	25.8	M30-39	1. Marlene Dawson	11'3 1/4"
	3. Dale Sawyer	28.0		2. Jeane Colman	8' 2"
M50-59	1. Robert Miller	24.2		3. Danamarie Galovin	7'13 1/4"
	2. Bob Owens	27.8	M40-49	1. Barb Tight	9' 9"
M60-69	1. Fred Foley	31.0		2. Christine Brazil	7' 63/4"
				3. Marianne Goff	7' 53/4"
				4. Jody Fenlason	6'11 1/2"
M70-79	1. Darlene McCarthy	31.7	High Jump		
			M30-39	1. Greg West	6'0"
400 Meters					
M30-39	1. Gregory Williams	56.3	Shotput		
M40-49	1. Werner Boettcher	53.3	M30-39	1. Ross Coleman	29'3"
	2. Ray Williams	59.4	M40-49	1. Michael Records	43'9"
	3. Ron Mattila	59.8		2. Allan Muul	42'2 1/2"
	4. Joe Henry	61.1		3. David Croly	41'3 1/4"
	5. Dale Sawyer	62.0		4. Dale Brantner	33'8 1/2"
M50-59	1. Robert Miller	55.5		5. Tom Goff	33'6 1/2"
	2. Stephen Little	69.5		6. Les McDaniel	25'3"
M60-69	1. Norman Hansen	78.3	M60-69	1. Ernie Jensen	30'8"
				2. George Martin	29'2 1/2"
M70-79	1. Leon Joslin	32'5"	M70-79	1. Leon Joslin	32'5"
400 Meters			M30-39	1. Danamarie Galovin	23'6 1/2"
M30-39	1. Darlene McCarthy	77.9		2. Cher Carlaw	23'6"
M40-49	1. Barb Tight	93.0	M40-49	1. Sandra Coleman	20'3 1/2"

Misc	1. Kent Whitley	96'6"
M30-39		
M40-49	1. David Croley	133'1 1/2"
	2. Dale Brantner	97'
	3. Ron Mattila	85'9 1/2"
M50-59	1. Ken Love	64'
M60-69	1. Harvey Williams	131'03/4"
M70-79	1. Leon Joslin	105'1 1/2"
M80-89	1. Cher Carlaw	56'0 3/4"

Oregon State Games
Portland; July 25-26

MASTERS MEN

800 (40-44) — 1. Ed Shattuck, 14:29.11; 2. Robert Ryan, 19:50.19 (45-49) — 1. Al Aisleben, 17:49.70 (50-54) — 1. Ken Oden, 11:03.73; 2. Ralph Chase, 19:14.47; 3. Don Severson, 21:05.79 (55-59) — 1. Donald Dimock, 20:33.93; 2. Jack McGoldrick, 20:48.52; 3. Ken Waldman, 21:47.44 (60-64) — 1. Brandon Rush, 28:03.80 (70-74) — 1. Samuel Hall Sr., 28:51.51

600 MURDLES (40-44) — 1. Jim McBee, 1:08.46; 2. John F. Smith Jr., 1:28.37

TRIPLE JUMP (40-49) — 1. Michael Ackerman, 30-2

200 (40-44) — 1. John Norton, 28.33; 2. Emil Torquato, 25.79; 3. Frank Lulich, 27.43

300 (55-59) — 1. Jack Coy, 28.20; 2. Don Dimock, 35.40 (64-69) — 1. Al Johnson, 28.11; 2. Cal Boyd, 28.96; 3. William Bronson, 28.90 (70-74) — 1. Samuel Hall Sr., 40.07

5000 RACE WALK (40-44) — 1. John F. Smith Jr., 39:55.0 (45-49) — 1. Don Jacobs, 34:13.0 (70-74) — 1. William Babnick, 40:28.6

800 (40-44) — 1. Harry Cummins, 2:10.88; 2. Eugene Borkan, 2:16.31 (45-49) — 1. Paul Stepan, 2:33.00 (50-54) — 1. Ken Oden, 2:21.39; 2. Bob Bannister, 2:26.54; 3. Al Siebert, 2:43.30 (55-59) — 1. Don Dimock, 2:56.39 (60-64) — 1. Brandon Rush, 3:25.05 (70-74) — 1. Samuel Hall, 3:34.72

DISCUS (40-44) — 1. Jack Kondrasuk, 92' 5/2 (45-49) — 1. Lee Clark, 107-3; 2. John Forsyth, 97-1 (50-54) — 1. Neil Saling, 109-1; 2. Don Gray, 93-1 (60-64) — 1. Hal Buck, 114-1 (60-64) — 1. Jim Holland, 96-2 1/2

200 (50-54) — 1. Bob Bannister, 27.8; 2. Jim Schlewitz, 27.6; 3. Ken Oden, 27.7 (45-49) — 1. Bob Johnson, 24.94; 2. Ron Toombs, 25.36; 3. Paul Stepan, 27.39

HIGH JUMP (50-54) — 1. Jim Schlewitz, 4-7; 2. Don Gray, 4-4 (55-59) — 1. Phil Walden, 4-2 (60-64) — 1. Gilbert Young, 4-1; 2. Hal Buck, 4-2 (45-49) — 1. Les Hintz, 3-10 (70-74) — 1. Don Stitt, 4-2

SHOT PUT (40-44) — 1. Jack Kondrasuk, 92-5 3/4 (45-49) — 1. Lee Clark, 35-8 1/2; 2. Paul Stepan, 26-3 (50-54) — 1. James Butler, 28-8 (55-59) — 1. Phil Walden, 30-4 1/2; 2. Jack Coy, 29-7 (60-64) — 1. Jim Holland, 43-9 (70-74) — 1. Ross Carier, 44-10 1/4 (New American Record for 12 lb. shot put for age group)

1500 (40-45) — 1. Ed Shattuck, 4:24.17; 2. Harry Cummins, 4:24.76; 3. Greg Jacob, 4:39.03; 4. Charlie Storey, 4:54.41; 5. Robert Ryan, 5:15.13 (45-49) — 1. Al Aisleben, 4:49.60 (50-54) — 1. Ken Oden, 4:51.81; 2. Ralph Chase, 5:11.73; 3. Al Siebert, 5:24.77 (55-59) — 1. Ken Waldman, 5:17.33; 2. Brandon Rush, 6:53.97 (70-74) — 1. Samuel Hall, 7:23.31 (70-74) — 1. Samuel Hall, 7:23.31 (70-74)

100 (40-44) — 1. John Norton, 12.16; 2. Emil Torquato, 12.58; 3. Frank Lulich, 13.74; 4. John Smith Jr., 14.26 (45-49) — 1. Ron Toombs 12.62; 2. Paul Stepan, 13.76 (50-55) — 1. Bob Bannister, 13.51; 2. Jack Coy, 13.54; 3. Al Aisleben, 13.92 (60-69) — 1. Albert Johnson, 13.72; 2. Wm. Bronson, 13.86; 3. Cal Boyd, 14.19 (70-79) — 1. Samuel Hall, 18.19

5000 RACE WALK (45-49) — 1. John Forsyth, 9-6 (50-54) — 1. Don Gray, 10-0 (55-59) — 1. James Holmes, 10-6 (60-64) — 1. Don Gresh, 9-9 (65-69) — 1. Les Hintz, 6-6

400 (40-44) — 1. Harry Cummins, 58.42; 2. Eugene Borkan, 58.89; 3. Frank Lulich, 1:00.49 (45-49) — 1. Bob Johnson, 55.03; 2. Ron Toombs, 56.37; 3. Sanford Rice, 1:02.09 (50-54) — 1. Ken Oden, 1:01.04; 2. Paul Stepan, 1:04.04; 3. Al Siebert, 1:07.21 (55-59) — 1. George Putterbaugh, 1:14.24; 2. Brandon Rush, 1:19.51 (70-75) — 1. Samuel Hall, 1:34.17

HIGH JUMP (40-44) — 1. Frank Lulich, 5-4 (45-59) — 1. Michael Ackerman, 5-4

110 HIGH MURDLES (40-44) — 1. John Smith Jr., 27.45 (45-49) — 1. Lew Thorne, 18.23 (50-54) — 1. Don Gray, 21.02

LONG JUMP (40-44) — 1. John Norton, 18-2; 2. Herman Barone, 17-4 3/4 (50-54) — 1. Phil Walden, 10-6 (64-64) — 1. William Bronson, 13-8 1/4; 3-4 (60-64) — 1. Sam Brown, 11-11

JAVELIN (40-44) — 1. Wall Wagner, 111-11

JAVELIN (45-49) — 1. Gary Reddaway, 184-0; 2. Gary Stenard, 181-10; 3. John Forsyth, 120-5 (50-54) — 1. Kirk Menden, 150-5; 2. Don Gray, 129-5 (55-59) — 1. James Holmes, 104-1

Continued from previous page

100 (35-39) — 1. John Mays, 11:63; 2. Mike Barmache, 11:97; 3. Jack Casey, 12:34; 4. John North, 12:57; 5. Wayne Gripp, 12:59; 6. Harvey Baker, 13:17 (30-34) — 1. Randy Kruse, 11:76; 2. Stephen Heilman, 11:99; 3. Steve Holtz, 12:17; 4. Randy Rice, 12:26; 5. Ray Clancy, 12:77; 6. Jan Antoriento, 14:33; 7. Robert Barkman, 16:13.
DISCUS (30-34) — 1. John Slovenc, 113-11.
LONG JUMP (30-34) — 1. Stephen Heilman, 21-1 1/4; 2. Mike Lariza, 20-3 1/4.
400 (30-34) — 1. Robert Shaw, 53:47; 2. Brian Valley, 53:50; 3. Stan Goodell, 53:80; 4. Steve Holtz, 55:31; 5. Robert Barkman, 1:23.79; (35-39) — 1. Wayne Gripp, 54:23; 2. Mike Granum, 54:98; 3. Billy Ray Wellington, 1:00:08.
110 HIGH HURDLES (30-34) — 1. Greg McLaughlin, 16:16; 2. Stephen Heilman, 16:92; (35-39) — 1. Robert Buhl, 16:31.
DISCUS (35-39) — 1. Doug Watson, 100-0.
HIGH JUMP (30-34) — 1. Stephen Heilman, 5-10 (35-39) — 1. Dennis Olafson, 5-10; 2. Jack Casey, 5-4; 3. Kevin Sullivan, 5-2.

WOMEN SUBMASTERS

100 (30-34) — 1. Penny Farster-Gilkey, 13:97; (35-39) — 1. Lynda Huber, 17:44.
400 (30-34) — 1. Penny Farster-Gilkey, 1:51.48.
LONG JUMP — 1. Penny Farster-Gilkey, 14-5 3/4.

WOMEN'S SUBMASTERS

1,000 (30-34) — 1. Cyndy Jensen, 10:46:57; 2. Penny Hall, 12:27:68; (35-39) — 1. Marilyn Nipold, 10:49:77; 2. Nancy Miller, 16:52:79.
200 (30-34) — 1. Penny Farster-Gilkey, 27:86.
TRIPLE JUMP (30-34) — 1. Penny Farster-Gilkey, 26-8 (35-39) — Bonnie Sullivan, 20-6 1/2.

MEN'S SUBMASTERS

POLE VAULT (30-34) — 1. Peter McGinnis, 14-6; 2. Greg Cotten, 12-0; (35-39) — Mike Monahan, 12-0; 2. Robert Buhl, 10-6.
SHOT PUT (30-34) — 1. Jim Collins, 35-9; 2. John Slovenc, 31-6.
5,000 (30-34) — 1. Greg Gustafson, 15:33:89; 2. Jeffrey Morrell, 16:27:40; 3. Bernard Rate, 17:08:36; 4. Marc Mazzocco, 19:16:02.
400 (30-34) — Greg McLaughlin, 1:00:47; (35-39) — Harvey Baker, 1:07:08.
5000 RACE WALK (30-34) — Steve Babbitt, 27:51.8; Jim Collins, 26:48.6; John Slovenc, 29:41.3; 800 (35-39) — Wayne Gripp, 2:03:93; Mike Granum, 2:07:74; Tom Millbrooke, 2:07:78; (30-34) Greg Gustafson, 1:59:81; Gordon Valiani, 2:00:18; Joe Fulton, 2:01:38.
200 (30-34) — Brian Vally, 23:89; Dave Hagmeier, 23:93; (35-39) John Hays, 23:77; Mike Barmache, 24:46; Wayne Gripp, 24:62.
TRIPLE JUMP (30-34) Mike Lariza, 47-5 1/2; (35-39) Dennis Olafson, 32-1/2.
JAVELIN (30-34) Jeff Carter, 215-0; (35-39) Bob Buhl, 196-7; Doug Watson, 154-7.

Hayward Masters Classic
Eugene-Springfield, Oregon
August 2, 3

100

(All times wind-aided)

W30 Penny Farster-Gilkey 12.7
Cheng-er
Mehmedbasich 14.9
W45 Marti Thielman 15.8
W50 Irene Obera 12.8
Caroline Macleod 15.3
W65 Marjorie Hunt 24.1
Jean Stevens 27.1
M30 Randy Kruse 11.1
Stephen Heilman 11.4
Gregory West 11.7
M35 Wayne Gripp 11.8
Dan Davis 12.2
Richard Ying 12.3
Fred Pietrzak 12.9
Leon Dahl 12.9
M40 Emil Torquato 12.0
Juan Bustamante 12.6
Robert Gent 12.9
Jerry Jackson 13.1
M45 Paul Edens 11.2
Bob Miller 11.5
Ron Toombs 12.1
Joe Thielman 12.2
Don Worrall 12.4
Peter Hafner 13.5
M50 Harold Hitt 12.2
Harry Leuallen 12.8
Art Afremow 13.2
Enver Mehmedbasich 13.8
M55 Edmond Mahany 12.9
H. Lundh 13.6
Tom Norwood 13.8
M60 Stan Whipple 16.8
M65 Robert Hunt 13.7
Charles Mercurio 13.8
M70 Harry Koppel 13.9
M75 Anthony Castro 14.0
M80 Lewis Thorne 20.9

200

W30 Penny Farster-Gilkey 26.9
Cheng-er
Mehmedbasich 31.4
W35 Linda Franklin 32.0
W40 Nadine O'Connor 29.7
Rose Schlewitz 34.4
W45 Marti Thielman 32.6
Barbara Gregg 35.4
W50 Irene Obera 27.7
W65 Jean Stevens 46.7

M30 Randy Kruse 23.6
Bruce Sinkbeil 23.7
Peter McGinnis 25.1
Michael McGinnis 25.7
M35 Wayne Gripp 24.9
M40 Rich Tucker 24.1
Emil Torquato 25.4
Frank Lulich 26.9
Juan Bustamante 28.4

M45 Paul Edens 23.2
Bob Miller 24.2
Joe Thielman 25.2
Ron Toombs 25.3
Lew Thorne 25.5
Peter Hafner 28.8

M50 Joe Schlewitz 27.3
Art Afremow 28.1
Enver Mehmedbasich 28.2

M55 Edmund Mahany 27.0
Tom Brinton 28.6
Stephen Little 29.4
Jack Radcliffe 31.4

M65 Robert Hunt 29.0
Charles Mercurio 30.0
Howard Means 36.9

M70 Harry Koppel 30.0
M75 Anthony Castro 30.1

400
W30 Penny Farster-Gilkey 1:10:3.1
Cheng-er
Mehmedbasich 1:10:8

W40 Nadine O'Connor 1:07.1
Carolyn Wood 1:07.7
Jayne Alkana 1:12.4

W45 Lyn Lagrander 1:14.5
Laura Baggett 1:16.3
Barbara Gregg 1:18.0

W50 Irene Obera 1:10:7.6
W65 Jean Stevens 2:10:9.7
M30 Alan Kolling 1:02.7

M35 Wayne Gripp 54.2
Robert Buhl 55.3
Fred Pietrzak 59.6
Ron Adams 1:00.8

M40 Rich Tucker 52.5
Frank Lulich 1:00.6
Robert Gent 1:00.9

M45 Paul Edens 54.4
Bob Miller 55.8
Joe Thielman 56.4
Ron Toombs 56.5
Everett Thorne 59.0
Stan Kenyon 1:01.9
Peter Hafner 1:07.6

M50 Harold Hitt 58.7
Kenneth Ogden 1:01.0
Art Afremow 1:05.0
Enver Mehmedbasich 1:05.5

M55 Tom Brinton 1:04.9
Stephen Little 1:07.7
M65 Robert Hunt 1:08.7

800
W30 Cheng-er Mehmedbasich 2:44.2
W40 Carolyn Wood 2:130.9
Lori Schutt 2:142.8
Jayne Alkana 2:147.9

W45 Lyn Lagrander 2:150.3
Laura Baggett 2:150.4

W50 Irene Obera 3:109.4
Susan Means 3:18.8

W55 Harriet Wilson 3:40.2
W65 Jean Stevens 5:100.5

M30 Paul Bolin 2:100.3
Bruce Lang 2:103.6
Rick Barbero 2:104.4

M35 Wayne Gripp 2:107.2
Bill McCarthy 2:109.7

M40 Herald Hadley 1:59.3
Rich Tucker 2:100.4
Joe Harris 2:12.8
Jim Archer 2:13.8
Les Castle 2:13.4
Bob Tysoe 2:137.9

M45 Ed Kousky 2:117.0
Roger Johnson 2:117.1
Everett Thorne 2:117.3
Des O'Rourke 2:125.8
Dale Sawyer 2:135.8
Peter Hafner 2:155.1

M50 John Hepner 2:120.8
Kenneth Ogden 2:124.9
Enver Mehmedbasich 2:140.4
John Murray 2:148.5
James Steinmetz 2:159.8

M55 Tom Brinton 2:132.8
M60 Ray Gil 2:141.4
Lowell Russell 3:138.0

3000
W30 Joni Hersch 1:11:29.1
W35 Carol Jackson 1:145.9

W40 Charlotte Swanson 12:102.0
W45 Shirley Ingram 12:136.2

W50 Susan Means 13:130.9
W55 Joan Arsenault 13:146.9

M30 Bob Brustad 9:18.0
Alan Kolling 12:100.4

M40 Vic Wolfe 9:109.1
Larry Wilson 10:110.7
Ron Kroeker 10:111.9
Les Castle 10:129.9

M45 Des O'Rourke 10:114.6
Jack Anderson 11:10.9
Nat Teich 11:144.4

M50 Kenneth Ogden 10:143.2
M55 Borce Jacques 10:141.8
M60 Ray Gil 11:124.8

M65 Dan Bulkley 13:115.3
5000
W40 Jayne Alkana 21:104.9

M30 Ken Hunter 14:144.6
Ed Spinner 15:147.4

M35 Richard Makahon 17:103.5
Ron Ackerman 17:126.2
Craig Skortman 19:138.6

M40 Lee Leonard 17:104.4
David Campbell 18:154.8

M45 David Morris 17:136.2
M50 Wm. Beckwith 19:106.7

10000
W40 Charlotte Swanson 41:114.1

W45 Marie Stafford 58:03.2
M30 Ed Spinner 32:114.1

M40 John Postlethwait 36:12.6
M45 Dale Sawyer 42:20.3

M45 Dan Bulkley 48:114.1
MILE
W40 Lori Schutt 6:131

W50 Susan Means 6:155
W55 Harriet Wilson 7:158

M30 K.C. Taylor 4:138
Rick Barbero 4:140
Robert Brustad 4:144

M35 Fred Pietrzak 4:155
Denny Harrington 4:158
Richard Makahon 5:02
Fred Flaherty 5:03
Bob Smith 5:04
John Van Meter 6:147

M40 Herald Hadley 4:134
Lee Leonard 4:159

M45 Ed Kousky 5:109
Des O'Rourke 5:112
David Morris 5:120
Jack Anderson 5:141
Ralph Hatleberg 6:121

M50 Kenneth Ogden 5:120
M55 Tom Brinton 5:141
Bill Radcliffe 5:156

M60 Ray Gil 5:148
STEPPLECHASE
(Not Certified)

M40 Les Castle 11:115.4
Tom Balcom 11:128.7

M50 John Hepner 10:156.7
HIGH HURDLES
M30 Stephen Heilman 16.9

M35 Robert Buhl 16.4
Bill Trospier 18.7

M40 Robert Gent 20.1
M45 Lew Thorne 17.8

M50 Don Gray 20.5
M60 Richard Nordquist 17.6

M65 Robert Hunt 17.2
INT. HURDLES
M40 Jim McAbee 1:108.0

M45 Don Worrall 1:108.0
M50 John Hepner 1:110.3
Don Gray 1:120.3

M60 Richard Nordquist 1:108.0
M65 Robert Hunt 1:108.0
Walt Dahlin 54.3

HIGH JUMP
W35 Linda Franklin 3-7
M30 Greg West 5-7

M35 Ron Ackerman 4-7
M40 Frank Lulich 5-3
John Gambill 5-1
Chuck Chapin 4-11

M45 Michael Ackerman 5-1
Don Worrall 4-9
Tom White 3-9

M50 Herm Wyatt 5-11
Bob Darling 5-3
Jim Schlewitz 4-7
Bob Flaherty 4-5

M60 Hal Buck 4-5
M65 Walter Dahlin 4-7

M70 Carol Johnston 3-11
Leon Joslin 3-7

POLE VAULT
M30 Peter McGinnis 13-3
Michael McGinnis 13-6

M35 Josef Pfister 14-0
Richard Ying 11-0
Don Griffin 10-0

M40 Mardon Connelly 11-6
Mike Morris 11-6

M45 Don Worrall 11-0
M50 Donald Gray 10-0
John Hepner 9-6

M60 Don Grosh & Richard Nordquist 9-6
(Tie)

M70 Carol Johnston 9-0
LONG JUMP
(Meters)

W30 Penny Farster-Gilkey 4.73
Cheng-er
Mehmedbasich 3.58

W50 Irene Obera 4.09
M30 Bruce Sinkbeil 6.93
Stephen Heilman 6.65
Mike Lariza 6.42

M35 Dave Pietka 6.41
Robert Buhl 6.06
Ron Ackerman 4.81

M40 John Gambill 5.52
Chuck Chapin 5.47
Robert Gent 5.29

M45 Ed Kousky 4.12
M55 Jack Coy 3.94

TRIPLE JUMP
W30 Penny Farster-Gilkey 29-6

M30 Mike Lariza 47-4
M40 John Gambill 36-7
M65 Charles Mercurio 28-4

SHOT PUT
(Meters)

W40 Mary Priest 9.02
Barbara Daugherty 6.32
Pat Phillips 4.88

W45 Marilyn Osgood-Knight 6.04
W50 Marilyn Gray 5.86

W65 Jean Stevens 4.95
M35 John Van Meter 6.69

M40 Chuck Chapin 16.37
John Gambill 11.44

M45 Richard Brown 14.00
Robert Roy 10.82
Thomas White 9.46
Ralph Hatleberg 6.70

M50 Bob Flaherty 11.32
M55 Tom Allison 11.33
S.E. Sears 10.59
Jack Coy 9.20

M60 Harvey Williams 11.49
M65 Walter Jenkins 9.56

M70 Ross Carter 13.40
Leon Joslin 9.99

DISCUS
(Meters)

W40 Mary Priest 30.80
W45 Marti Thielman 20.70
Marilyn Osgood-Knight 16.12

W50 Marilyn Gray 16.16
M40 Chuck Chapin 43.50
John Gambill 35.78
Robert Gent 34.74

M45 Richard Brown 43.98
Robert Roy 38.96
Joe Myers 32.84
Thomas White 22.96
Jack Anderson 21.12

M50 Bob Flaherty 30.62
M55 S.E. Sears 37.86
Tom Allison 35.60

M60 Richard Nordquist 37.42
Harvey Williams 35.62
Hal Buck 33.16

M65 Walter Jenkins 32.24
M70 Ross Carter 38.74
Leon Joslin 33.96

JAVELIN
(Meters)

W45 Marilyn Osgood-Knight 13.76
W50 Marilyn Gray 12.24

M35 Robert Buhl 49.68
Joe Stefanile 47.60

M40 Ladd Zastoupil 49.48
Eric Westin 48.92
Richard Stepp 42.30
Les Castle 26.20

M45 Gary Reddaway 53.72
Thomas White 35.32
Ed Kousky 25.86
Jack Anderson 24.66

M50 Bob Darling 49.36
Bob Flaherty 41.28
Donald Gray 37.06

M55 Del Pickarts 50.78
Tom Allison 33.78

M60 Harvey Williams 32.44
M65 Walter Dahlin 29.20

M70 Leon Joslin 25.36
HAMMER
(Meters)

W45 Marilyn Osgood-Knight 17.34
M35 Carl Lavier 35.14
Leon Dahl 25.56

M40 Chuck Chapin 41.46
M65 Walter Jenkins 40.82

Montana Masters
Championships
Bozeman; August 15-16

100m
M30 D Berg 12.2
D West 12.3
M Petersen 12.4

M40 R Jensen 12.1
G Peterson 12.2
M45 D Hinckley 12.4
B Gamble 13.7

M50 G Wells 14.0
A Beldring 13.3
R Hawkins 14.4
M55 F Pierson 14.8
M60 A Scott 14.4

R Thurston 15.2
M75 E Bennett 17.0
M80 H Anderson 17.8
M90 H Kirk 23.4

100y
M80 H Anderson 16.2
M90 H Kirk 21.3
*M85 AR

100m (cont'd)
W30 K Green 14.2
G Townsend 14.5
P Gasche 15.6

W45 J Peterson 17.3
W60 S Anacker 19.6
R Thibeault 22.2

200m
M30 M Peterson 25.8
J Carroll 26.4
R Semple 26.6

M40 R Jensen 24.5
G Peterson 24.6
D Jordan 26.1

M45 D Hinckley 26.7
B Gamble 27.7
M50 R Hawkins 30.6
M75 E Bennett 36.3

M80 H Anderson 38.2
W45 J Peterson 37.5
W60 S Anacker 42.6
R Thibeault 57.7

400m
M30 R Semple 57.9
J Carroll 59.7
M35 R Wilson 59.8

J Nelson 62.7
F Klafta 65.7
M40 G Smith 52.6
W Gripp 53.7

G Peterson 57.3
M75 E Bennet 89.4
W30 G Townsend 68.8
J Stingley 68.-

C Hinand 80.8
W35 S Germer 73.1
W45 J Peterson 93.0
W60 S Anacker 1:47.2

W70 E Berg 1:53.0

800m
M30 D Rush 1:59.7
B Pfingsten 2:17.4

M35 R Wilson 2:26.2
J Nelson 2:31.3
M40 W Gripp 2:07.0

G Goversen 2:12.3
F Wilson 2:16.3
M45 D Veeder 2:35.0

M50 B Foulk 2:21.1
M60 A Hovin 3:01.2
A Likes 3:36.0

M65 T Regan 3:10.4
M70 L Berg 4:07.5
W30 J Stingley 2:41.9

P Gasche 3:05.7
W35 D Magilke 2:33.8
W55 C French 4:38.9
W70 E Berg 4:24.0

1 Mile
M90 H Kirk 13:43.5

1500m
M30 S Gasche 4:47.2
M35 J Hatcher 4:16.4
R Wilson 5:01.2

J Nelson 5:05.5
M40 G Smith 4:37.4
F Wilson 4:40.0

M45 D Veeder 5:15.0
J Youngblood 5:17.6
M50 B Foulk 4:45.3

R Hawkins 5:21.9
M55 R Haynes 6:18.2
M60 A Hovin 5:14.2

M65 H Loble 7:03.3
M70 L Berg 8:01.5
M90 H Kirk 12:51.8

W30 C Hinand 6:03.2
W35 D Magilke 5:12.6
S Germer 5:36.3

3000m
W30 J Stingley 11:20.8
P Gasche 14:17.8
W35 D Magilke 10:40.8

W60 R Thibeault 22:52.0
W70 E Berg 18:38.4

5000m
M30 B Pfingsten 18:14.5
J Chaffin 18:25.0
S Gasche 19:02.8

Continued from previous page

4x400m Relay
M30 Shane, Stark, Gasche, Semple 4:16.5
M40 Hodge, Struna, Drinkwater, Jensen 4:05.0

5000m Racewalk

M30 M Wells 29:42.4
M40 D Arthun 30:10.0
W Kelly 35:33.2
M50 G Wells 29:34.7
M55 L Locke 31:52.3
M60 A Likes 36:08.0
W30 J Panasuk 34:57.2
W40 P J Rismon 36:24.8
M Chester 36:25.8
W45 J MacInnes 33:05.7
W60 S Anacker 39:55.2
R Thibeault 41:18.6
W65 J Likes 41:32
D Schock 48:06

High Jump

M30 J Johnson 6-2
L Goheen 6-0
M Panasuk 3-11
M35 E Dorfler 5-10 1/2
M40 D Moller 4-10
M45 T Dumay 4-6
M50 J Stanners 5-1
M55 H Rhode 4-7
M60 A Scott 4-6
M65 T Regan 4-3
G Harn 3-10
M70 C Johnston 4-0

Pole Vault

M50 J Stanners 10-6
M55 H Rhode 7-0
M70 C Johnston 9-0

Long Jump

M30 L Goheen 21-1 1/2
M Panasuk 16-3
R Semple 15-4 1/2
M35 R Wilson 16-4 1/2
M40 D Hodge 18-2 1/2
M45 F Struna 18-6
M50 J Stanners 16-2
M60 R Thurston 12-5 1/2
M65 G Harn 11-5
M75 E Bennett 10-2 1/2
W30 P Gasche 10-4

Triple Jump

M30 L Goheen 42-1 1/2
M Peterson 40-5
S Gasche 32-10
M35 E Darfler 37-11 1/2
M40 D Hodge 39-1 1/2
M45 F Struna 38-1 3/4
M50 J Stanners 32-3
M80 H Anderson 22-3

Shot Put

(30-49 16#/50-59 6k; 60+ 5k)
M30 D Reed 42-3
T Genger 38-6
M Panasuk 35-7
M35 D Reed 40-1
B Sager 36-6 1/2
C Taylor 35-1
M40 T Gage 44-7
D Moller 27-10
M45 G Elder 29-2 1/2
M50 J Stanners 31-6
J Anderson 30-2 1/2
J Sutphin 29-7
M60 A Scott 40-9
M65 D Cumley 41-7 1/2
B Tyvand 30-2
M70 R Carter 43-2
M White 38-1
W35 N Taylor 27-11
W50 E Sutphin 21-3 1/2

Discus

(30-49 2k/50-59 1.5k/60+ 1k)
M30 J Patrick 116-10
T Genger 115-0
M Panasuk 101-9
M35 B Sager 89-9
M40 J Stanners 98-3
J Sutphin 89-3
G Wells 84-5
M55 H Rhode 106-1
M60 A Scott 107-11
D Tavolacci 105-9
M65 D Cumley 121-1
B Tyvand 95-5
M70 R Carter 128-11
M White 113-2
M80 H Anderson 70-0
M85 B Crane 66-6
W35 N Taylor 74-1

Javelin

M30 B Cichosz 182-6
R Stark 133-6
M Panasuk 92-5
M35 C Taylor 186-7
F Klafra 107-3
B Sager --
M45 T Dumay 154-0
M50 J Stanners 93-2
J Anderson 80-11
M55 H Rhode 109-3
M60 D Tavolacci 104-11
M65 D Cumley 100-5

M70 M White 117-8
W35 N Taylor 74-1
Hammer
M30 D Reed 137-3
T Genger 109-2
M35 B Sager 58-1
M40 T Gage 195-8
M65 D Cumley 92-3
M70 M White 67-0

CANADA

Canadian Masters Track & Field Championships
Sherbrooke, Quebec
August 1-3

100
W35 Emily Milgram 12.88
W40 Marta Piresferreira 13.79
W45 Jutta Riegel 14.31
W50 Susan Redfield 15.15
W55 Doreen Carmichael 15.37
W70 Patricia Kirwood 19.29
M35 Ray Cardinal 11.29
M40 Brian Lamarre 12.51
M45 Cam Miller 12.17
M50 Hugo Hartenstein 11.55
M55 Ken Morris 13.23
M60 Stan Egerton 12.97
M65 Cecil Paul 13.41
M70 Percy Duncan 14.43
M75 Barry Ivers 15.33
M80 Arnolds Ticmanis 17.77

200
W35 Emily Milgram 26.96
W40 M Piresferreira 28.38
W45 Ann Rosenitch 29.83
W50 Anne VanderUleuten 31.98
W55 Doreen Carmichael 32.92
W70 Patricia Kirwood 40.34
M35 Ray Cardinal 22.76
M40 Wayne Martinez 25.91
M45 Juan Stocker 24.66
M50 Hugo Hartenstein 23.94
M55 Jacques Vanden-Abeele 27.21
M60 Stan Egerton 26.72
M65 Cecil Paul 28.21
M70 Percy Duncan 30.10
M75 Barry Ivers 32.27
M80 Arnolds Ticmanis 43.16

400
W40 Marta Piresferreira 64.87
W45 Jutta Riegel 65.18
W50 Susan Redfield 69.36
W55 Ruth Carrier 81.31
W70 Patricia Kirwood 148.65
M35 Ray Cardinal 50.78
M40 Brad Hill 56.01
M45 Edmond Andrade 57.45
M50 Tom Callender 60.26
M55 Earl Fee 60.62
M60 Dick Maxwell 66.04
M65 Cecil Paul 67.77
M70 Ben Mackereth 72.52
M75 Blain Till 92.54

800
W40 Barbara Pike 2:30.68
W50 Susan Redfield 2:37.06
W55 Ruth Carrier 2:55.22
W60 Dorly Brechbuehl 3:12.04
M35 Carol Tichenor 2:04.19
M40 Ray Elrick 2:06.49
M45 Bill Best 2:17.18
M50 Leopoldo Leiva 2:51.67
M55 Earl Fee 2:26.29
M60 Valden Sadul 2:37.66
M65 Sverre Hietanen 2:40.75
M70 Hans Weickardt 3:04.70

1500
W35 Diane Legare 4:48.56
W40 Barbara Pike 5:00.26
W50 Jean Horne 5:35.36
W55 Ruth Carrier 5:57.92
W60 Dorly Brechbuehl 6:15.95
W65 Judith Kazdan 7:03.68
M35 Tim Payne 4:15.35
M40 Gerard Roy 4:16.00
M45 Tim Simpson 4:19.42
M50 John Conner 4:30.76
M55 George Gallant 4:54.16
M60 Dick Maxwell 5:18.28
M65 Sverre Hietanen 5:15.95

5000
W35 Diane Legare 17:43.69
W40 Rejeane Plante 19:11.57
W45 Pierrette Desruisseaux 20:09.26
W50 Jean Horne 20:51.72
W55 Ruth Fitzgerald 28:54.44
W60 Dorly Brechbuehl 24:00.39
W65 Judith Kazdan 25:29.14
M35 Gilbert Patry 16:32.64
M40 Joe McGuire 15:43.58

M45 Claude Roy 16:03.03
M50 Steve Skelton 18:34.07
M55 George Gallant 18:47.33
M60 John Houlden 19:53.72
M65 Sverre Hietanen 19:16.12
10000
W40 Rejeane Plante 39:26.39
W45 Pierrette Desruisseaux 40:46.33
W55 Ruth Fitzgerald 46:47.06
W65 Judith Kazdan 52:11.62
M35 Jacques Mainguy 33:55.77
M40 Joe McGuire 32:56.00
M45 Claude Roy 33:34.20
M50 Claude Ducharme 35:53.45
M55 George Gallant 39:48.13
M60 Kurt Gelbhaar 40:49.62
M65 Sverre Hietanen 40:52.25

110H
M45 Bob Land 21.28
M55 Jim Flowers 20.87

100H
M60 Valden Sadul 19.59

80H
M70 Ian Hume 15.80
M75 Karl Trei 18.08

400H
M35 Milton Holder 63.51
M40 John Powell 75.56
M45 Edmond Andrade 65.96
M55 J Vanden-Abeele 71.59
M60 Valden Sadul 52.28

300H
M65 Art Obokata 54.98
M75 Karl Trei 68.59

3000SC
M45 Hike VanDerWal 11:51.31
M55 Konstan'e Chaks 13:39.14

2000SC
M60 Don Farquharson 9:14.29

5000 WALK
W40 J Gean Hemming 32:35.85
M35 Geo Lattarulo 29:48.23
M40 Brad Lessard 26:06.12
M65 Max Gould 28:34.61

4 X 100 RELAY
W35 Scarborough 57.64
W45 Scarborough 62.86
M35 Scarborough 46.20
M40 East Ottawa Lions 48.94
M50 Toronto Masters 55.20
M60 Ontario 54.29

4 X 400 RELAY
M35 Vainquers 4:12.76
M40 East Ottawa 3:51.79
M50 Toronto Masters 4:47.39

HIGH JUMP

W40 J. Gean Hemming 1.15
W45 Audrey Heimstra 1.20
W50 Susan Redfield 1.15
W55 Doreen Carmichael 1.09
M40 Michel Portmann 1.85
M45 David Morris 1.50
M50 Michel Volet 1.45
M55 Charles Kraemer 1.45
M60 Stan Egerton 1.35
M65 Mato Dukovac 1.25
M70 Ian Hume 1.45
M75 Karl Trei 1.17
M80 Arnolds Ticmanis 1.05

POLE VAULT

M35 Joe Wonack 4.42
M40 Fred Quick 2.80
M45 Brian Merrilees 3.50
M50 Vladimir Kostic 3.60
M55 Charles Kraemer 2.40
M60 Stan Egerton 3.00
M70 Ian Hume 2.50

LONG JUMP

W40 J. Gean Hemming 3.73
W45 Audrey Heimstra 3.87
W50 Anne VanderUleuten 3.66
M35 Ron Thompson 6.38
M40 Brian Lamarre 5.41
M45 Dave Waddell 5.00
M50 Vladimir Kostic 5.52
M55 Jim Mathers 4.39
M60 Carl Pavasars 4.43
M65 Max Pickl 3.92
M70 Ian Hume 4.34
M75 Karl Trei 3.66
M80 Arnolds Ticmanis 2.43

TRIPLE JUMP

W50 Susan Redfield 8.01
M35 Ron Thompson 13.01
M40 Brian Lamarre 10.29
M45 Dave Waddell 10.73
M50 Vladimir Kostic 11.32
M55 Jim Mathers 9.37
M60 Carl Pavasars 9.54

M65 Max Pickl 7.95
M70 Ian Hume 9.77
M75 Karl Trei 7.89
M80 Arnolds Ticmanis 5.24

SHOT PUT

W40 Mary Smith 7.87
W45 June Meyer 6.74
W50 Anne VanderUleuten 7.71
M35 Luke Hotte 14.18
M40 Carl Wallin 15.70
M45 Carl Klehm 11.22
M50 Bob Staveley 9.97
M55 Helmut Lange 11.10
M60 Art Jaago 12.01
M65 Arvids Zakis 9.99
M70 Ian Hume 9.89
M75 Karl Trei 8.39
M80 Arnolds Ticmanis 8.58

DISCUS

W45 Audrey Heimstra 20.46
W55 Ruth Carrier 16.00
M40 Rick Westwood 37.36
M45 Carl Klehm 34.64
M50 Jack Boyd 34.78
M55 Jackson Tovell 33.84
M60 Carl Pavasars 38.16
M65 Arvids Zakis 32.52
M70 Ian Hume 31.08
M75 Karl Trei 26.80
M80 Arnolds Ticmanis 22.98

JAVELIN

W40 Mary Smith 19.44
W45 June Meyer 23.90
W55 Ruth Carrier 15.34
W70 Patricia Kirwood 11.40
M35 David Blackwood 36.70
M40 William Busby 48.48
M45 David Morris 46.04
M50 Bob Staveley 33.76
M55 Helmut Lange 33.98
M60 Art Jaago 35.56
M65 Edwards Purgalis 39.04
M70 Ian Hume 34.22
M75 Karl Trei 27.82
M80 Arnolds Ticmanis 16.50

HAMMER

M40 Carl Wallin 44.08
M45 Carl Klehm 36.88
M50 Bob Staveley 33.12
M55 Max Woerle 39.50
M60 Art Jaago 32.20
M65 Arvids Zakis 28.64
M70 Ian Hume 30.90
M75 Al Brosz 16.68
M80 Arnolds Ticmanis 23.82

INTERNATIONAL

Scottish Veterans
Championships
Dundee; June 29

100M M40

A. LORIMER 12.2
W. ALLEN 12.4
S. HOGLEY 12.6

M45

K. TURNER 13.0
J. SHARP 13.1
J.F. ROSS 13.2

M50

K. GLENESK 13.5
I. FOGGO 13.9
P.R. THOMPSON 14.4

M55

J. MCINALLY 14.6
J. CHRISTIE 14.7

M60

G. BRIDGEMAN 13.3
G.R. LEETE 14.1
J.A. SWINTON 15.1

M65

E. FLIMMER 14.0
A. COOGAN 15.2

M45

I. E. LINAKER 15.0

M50

I. C. MCLENNAN 15.9

200M M40

A. LORIMER 24.5
S. HAGLEY 24.9
W. ALLEN 25.3

M45

J. F. ROSS 25.9
K. TURNER 26.3
J. SHARP 27.2

M50

K. GLENESK 27.3
C. J. A. ANDREW 27.5

M45

H. ANDREWS 28.3

M55

W. RUSSELL 28.8
A. CLEARY 33.6

M60

G. BRIDGEMAN 27.5
G. R. LEETE 28.8

M65

E. PLIMER 29.3
A. COOGAN 31.5

M45

E. LINAKER 32.1

M50

C. MCLENNAN 32.9

400M M40

E. MASON 53.5
A. STIRLING 56.1
R. MACFARQUHAR 58.8

M45

J. F. ROSS 58.1
A. JOHNSTON 65.4

M50

P. R. THOMPSON 61.0
A. GALBRAITH 61.9
G. JOHNSTON 61.9

M55

W. RUSSELL 61.8
I. STEEDMAN 64.2
A. CLEARY 68.1

M60

G. BRIDGEMAN 62.1

M65

E. PLIMER 71.2
A. COOGAN 76.5

M40

B. OLIVER 80.3

M50

C. MCLENNAN 75.9

800M M40

R. KIRTON 2:07.2
A. MCARDLE 2:08.8
J. BRENNER 2:10.0

M45

J. H. LINAKER 2:07.8
C. BOLTON 2:09.3
K. W. SUTTON 2:12.6

M50

W. H. WATSON 2:14.7
P. R. THOMPSON 2:16.6
H. MORRISON 2:18.2

M55

W. RUSSELL 2:26.9
W. MCBRINN 2:29.6
E. DUNSTER 2:36.9

M60

B. BICKERTON 2:37.5
T. MONAGHAN 3:04.6

M65

J. HANTON 3:06.3

M70

H. W. SMITH 3:25.2

W40

B. OOLIVER 2:35.1
I. CAFROLL 2:58.2

1500M M40

P. CARTWRIGHT 4:25.0
A. MCARDLE 4:30.7
R. YOUNG 4:34.4

M45

J. N. LINAKER 4:20.1
R. CARRUTHERS 4:20.7
K. W. SUTTON 4:39.3

M50

H. MORRISON 4:47.3
J. B. HEGGIE 4:55.9
J. HENDRY 5:17.2

M55

W. MCBRINN 4:45.7
G. S. LAWSON 5:06.3
E. DUNSTER 5:18.2

M60

B. BICKERTON 5:38.2

M65

J. HANTON 6:15.1

5000 M40

A. NIXON 16:19.3
B. A. SMITH 16:21.0
K. GRANT 16:23.0

M45

B. PURVIS 16:26.4
S. MITCHELL 17:35.1

M50

R. KEENAN 17:31.6
R. PROUSE 17:55.3
A. MCLENNAN 20:11.7

M55

N. MCBRINN 17:08.3
J. S. LAWSON 18:34.5
P. C. LIVINGSTON 20:37.0

M60

D. MORRISON 21:06.0
H. W. SMITH 24:54.6

SHOT M40

J. SCOTT 13.02
W. NOBLE 11.90
E. COYLE 10.74

M45

J. FREEBAIRN 11.83

M50

J. T. CATON-MASON 11.96
H. M. RYAN 11.87
J. DAVIS 11.82

M55

W. D. FIELD 9.19
A. MCINNES 7.98
J. CHRISTIE 7.45

HAMMER M40

J. SCOTT 44.74
E. COYLE 35.78

M45

W. GENTLEMAN 40.66
J. FREEBAIRN 30.42

M50

J. T. CATON-MASON 46.00
J. DAVIS 40.30
H. M. RYAN 30.42

M60

W. C. KEARNEY

JAVELIN M40

W. NOBLE 40.54
A. M. DINGWALL 38.56

Continued on next page

Continued from previous page

M45

J FREEBAIRN 41.98

J F ROSS 41.72

J PENMAN 38.70

M50

D MARSHALL 34.70

P B WILLS 34.70

P R THOMPSON 25.60

M55

D W FIELD 33.80

J CHRISTIE 20.68

M60

J A SWINTON 25.88

G R LEETE 25.76

W C KEARNEY 20.46

DISCUS M40

E COYLE 33.40

W NOBLE 30.96

J SCOTT 29.20

M45

J FREEBAIRN 33.50

W GENTLEMAN 30.24

M50

H M RYAN 31.30

J DAVIS 31.06

J T CATON-MASON 30.12

M55

D W FIELD 29.50

J CHRISTIE 23.26

J S PETTY 22.10

M60

J K MILLAR 28.70

G BRIDGEMAN 28.70

G R LEETE 28.00

110M HURDLES M40

G DAVIS 19.1

M45

J FREEBAIRN 20.9

M50

C SHAFTO 18.2

D MARSHALL 19.9

M55

I STEEDMAN 20.6

M60

C DAVIES 63.7

I REID 73.0

M50

C SHAFTO 65.8

A R GALEBRAITH 67.9

D MARSHALL 70.4

M55

I STEEDMAN 71.3

POLE VAULT

M45

J FREEBAIRN 3.05

M50

W FORD 2.95

D MARSHALL 2.65

HIGH JUMP M40

A M DINGWALL 1.50

T MADIGAN 1.45

M45

J FREEBAIRN 1.61

M50

C SHAFTO 1.50

A GALEBRAITH 1.40

M55

D W FIELD 1.25

M60

G R LEETE 1.45

LONG JUMP M40

A LORIMER 5.74

S MOSLEY 5.40

T MADIGAN 5.26

M45

J L SCOTT 5.20

W J MELVIN 5.04

J F ROSS 5.02

M50

I D MARSHALL 5.36

A R GALEBRAITH 4.68

W E BENNETT 4.54

M55

D W FIELD 4.43

J CHRISTIE 4.27

M60

G E LEETE 4.65

TRIPLE JUMP M40

A LORIMER 12.30

T MADIGAN 11.23

S HOGLEY 10.91

M45

W GENTLEMAN 10.59

J L SCOTT 10.56

M50

D MARSHALL 11.01

F GALEBRAITH 8.26

M55

D W FIELD 9.32

E DUNSTER 7.73

M60

G R LEETE 10.32

J R SWINTON 8.12

V European Veterans Championships

Malmö, Sweden;

July 28-August 2

100m

M40 K Jahn FRG 11.27

M Toole GBR 11.49

P Metsahuone FIN 11.52

K Duerkop FRG 11.64

C De Geus HOL 11.66

M45 J Ehrstrom FIN 11.66

A Sardi ITA 11.85

T Helminen FIN 11.88

P Nitschke FRG 12.11

J Bersch FRG 12.13

M50 R Taylor GBR 11.60

J Kahma FIN 12.02

H J Gasper FRG 12.10

P Kuppler FRG 12.15

G Roca ESP 12.18

M55 B Guy GBR 12.30

B Neumann FRG 12.50

J Verccrusse BEL 12.73

T Valimaki FIN 12.74

H Prolich FRG 12.75

M60 H Schlegel FRG 13.03

H Schmidt FRG 13.16

M Grasy FRG 13.22

K Schumacher FRG 13.26

L Ohlsson SWE 13.40

B Sobrero ITA 13.60

O Schwarz FRG 13.71

F Muhle FRG 13.82

F Meyer FRG 13.86

J Drawing FRG 13.99

M70 G Marabotti ITA 14.08

F Assmy FRG 14.23

J Lucas GBR 14.37

E Flydahl NOR 14.61

K Petzold FRG 14.67

M75 A Pajunen FIN 15.56

H Regemeutter BEL 16.01

W Streubel FRG 16.35

O Jossing NOR 16.36

E Bergqvist SWE 16.88

E Schmidt FRG 17.77

W Kern FRG 18.60

H Tolvi FIN 28.64

S Falk SWE 30.08

200m

M40 K Jahn FRG 23.04

K Duerkop FRG 23.28

H Steinman SUI 23.35

M45 J Ehrstrom FIN 23.64

M Giezedanner SUI 24.33

T Helminen FIN 24.33

M50 R Taylor GBR 22.91

I Vierk FRG 24.30

H J Gasper FRG 24.36

M55 F P Higgins GBR 24.87

B Guy GBR 25.05

B Neumann FRG 25.45

M60 H Schlegel FRG 26.45

H Schmidt FRG 27.01

M Grasy FRG 27.16

M65 B Sobrero ITA 28.51

F Muhle FRG 28.87

S Stein GBR 29.16

M70 G Marabotti ITA 29.58

J Lucas GBR 29.77

F Assmy FRG 30.12

M75 A Pajunen FIN 32.09

T Hovik NOR 35.77

E Bergqvist SWE 41.76

M80 W Kern FRG 38.63

W Baker GBR 40.98

300m

M40 K Jahn FRG 25.86

G Otto FRG 26.05

C Pfeiffer SUI 26.15

W40 B Waldis SUI 26.07

S Mattelson FRG 26.53

R Rushfeldt NOR 26.73

M45 F Kummerle-Va FRG 28.33

U Jabs FRG 28.75

I Holzknicht FRG 28.80

M50 K Diener FRG 29.15

P Smith GBR 29.24

H Pratsch FRG 29.58

M55 C Franzen FRG 30.71

R Hunkel FRG 31.82

H Farmer GBR 32.32

M60 L Seuberlich FRG 31.56

P Schneiderha FRG 31.59

K Hveem NOR 32.76

M65 M Wixey GBR 33.52

E Haule FRG 34.84

E Wistrom SWE 35.60

M70 N Wedemo SWE 40.89

M Williams GBR 43.05

B Hielscher FRG 43.82

400m

M40 H Rheineck FRG 50.71

R Bush GBR 50.77

K Duerkop FRG 51.06

M45 G Mueller FRG 50.98

S Bjornholm SWE 53.34

W Scheidt FRG 53.98

M50 F Taylor GBR 53.95

I Vierk FRG 54.71

H J Gasper FRG 55.06

M55 F P Higgins GBR 54.54

B Neumann FRG 55.74

K Whitaker GBR 56.44

M60 B Unnelid SWE 61.06

T Vikman FIN 61.95

H Suoknuuti FIN 62.00

M65 J Erlandson SWE 1:03.50

N Roupe SWE 1:04.26

A Eldnes NOR 1:06.43

M70 F Assmy FRG 1:05.66

E Salminen FIN 1:10.79

W Muller FRG 1:11.76

M75 E Haapalain FIN 1:18.28

T Hovik NOR 1:21.79

H Blanco ESP 1:41.11

M80 W Baker GBR 1:38.57

W35 C Marler GBR 56.90

C Pfeiffer SUI 57.45

U Stefansdotr ISL 57.67

500m

M40 P A Gallagher GBR 60.78

R Windbrake FRG 61.00

R Rushfeldt NOR 61.13

W45 U Jabs FRG 1:03.34

M Jacobson SWE 1:03.37

K Carlsson SWE 1:04.79

M50 P Smith GBR 1:05.74

A Nilsson SWE 1:09.22

L Vilpas FIN 1:10.48

W55 A Blom BEL 1:10.11

R Hunkel FRG 1:19.82

M60 P Schnidrrhan FRG 1:14.40

E Laine FIN 1:20.04

E Werner FRG 1:21.88

800m

M40 R Marcelina HOL 1:55.96

K Olausson SWE 1:57.32

H Kaufmann SUI 1:57.80

M45 M Wrenn GBR 2:01.49

K Welstad NOR 2:01.89

W Scheidt FRG 2:02.08

M50 L Vink HOL 2:07.99

A Churchill GBR 2:08.68

W Lipka FRG 2:08.86

M55 U Mattsson FIN 2:10.39

B Neumann FRG 2:10.83

D Thomas GBR 2:11.34

M60 R Boutard FRA 2:23.26

T Vikman FIN 2:23.70

B Nielsen GBR 2:24.96

M65 N Roupe SWE 2:32.79

A Asplund SWE 2:38.78

E Ress FRG 2:40.64

M70 A Parma ITA 2:46.73

E Santala FIN 2:47.26

O Lie NOR 2:50.71

M75 W Streubel FRG 3:09.80

T Hovik NOR 3:11.76

L Rolls GBR 3:16.44

W35 C Marler GBR 2:13.67

K Hausken NOR 2:14.61

M Franz FRG 2:19.67

W40 P A Gallagher GBR 2:14.83

R Windbrake FRG 2:18.80

C Keyzers HOL 2:19.82

W45 G Roggenan BEL 2:22.77

B Solheim NOR 2:24.05

P Martin FIN 2:25.83

M50 J Jansen NOR 2:34.57

U Astfalk FRG 2:38.80

N Gastaldi ITA 2:44.95

M55 V Ostberg NOR 2:42.03

G Lundkvist SWE 2:56.11

K Garbo NOR 2:57.90

M60 E Werner FRG 3:04.97

K Larsson SWE 3:06.70

B Tibbling SWE 3:09.10

1500m

M40 R Marcelina HOL 4:02.2

V Smith GBR 4:04.1

K Olausson SWE 4:04.6

M45 M Wrenn GBR 4:06.0

J Kurz FRG 4:06.2

J McNamara IRL 4:06.4

M50 H Hirsch FRG 4:16.9

R Conzelman FRG 4:17.5

W Lipka FRG 4:23.2

M55 U Mattsson FIN 4:33.3

D Thomas GBR 4:34.4

R Marcks BEL 4:36.4

M60 K Hermelind SWE 4:51.0

A Kant SWE 4:51.2

T Vikman FIN 4:52.1

N Roupe SWE 5:11.7

A Asplund SWE 5:15.1

J Verloop HOL 5:19.2

M70 A Parma ITA 5:37.5

E Santala FIN 5:37.7

L Oddvar NOR 5:37.8

M75 W Reuss FRG 6:02.7

L Rolls GBR 6:18.3

R Nasje NOR 6:38.6

M80 F Helber FRG 6:16.1

C Lassen DEN 6:24.7

E Hjortling SWE 6:37.2

W35 K Hausken NOR 4:28.4

B Reitan NOR 4:35.5

In Rohmbache FRG 4:41.0

W40 P A Gallagher GBR 4:37.5

B Lehman FRG 4:44.2

R Windbrake FRG 4:45.3

W45 G Roggenan BEL 4:46.92

P Martin FIN 4:56.7

B Sollheim NOR 4:56.7

M50 E Pohl FRG 5:08.4

J Jansen NOR 5:20.9

G Kempe SWE 5:24.7

M55 V Ostberg NOR 5:28.9

I Schutt FRG 5:29.1

E Huber FRG 5:38.3

M60 E Werner FRG 6:08.1

K Larsson SWE 6:14.8

M65 B Tibbling SWE 6:13.3

J Luther FRG 7:03.9

5000m

M40 D Martin GBR 15:08.39

J Vahajylka FIN 15:12.43

J Buckley IRL 15:24.05

M45 J McNamara IRL 15:25.36

J Kurz FRG 15:29.12

A Aldegala POR 15:34.75

J VanOnslen BEL 15:58.13

R Conzelman FRG 16:09.70

B Lundberg SWE 16:11.81

10000m

M40 K Stahl SWE 30:43.30

M Martin GBR 31:06.84

J Vahajylka FIN 31:17.01

D Duhamel FRA 31:56.83

G Conzelman FRG 32:04.13

M45 A Aldegala POR 32:04.70

M Santiago ESP 32:20.93

W Chiau BEL 32:30.24

M55 R Monseur BEL 34:39.51

J D Wood GBR 34:42.30

L Strand SWE 35:01.29

M60 I Abdou ESP 36:22.79

K Hermelind SWE 36:42.11

R Bergman SWE 36:50.81

M70 B Johansson SWE 44:52.75

J Aellen SUI 48:58.19

J Brauner FRG 48:58.19

4x100m Relay

M40-49 GBR 45.74

Walton, Bush, Toole, Foster SUI 46.02

Koch, Giezedanner, Steimann, Kaelin SWE 46.11

Gustavsson, Andersson, Molineau, Molin GBR 45.52

M50-59 GBR 45.52

R Taylor, Burton, F Taylor, W Guy FRG 46.08

Arnold, Kuppler, Gasper, Astfalk FIN 48.70

Ingves, Rantanen, Solja, Valimaki SWE 52.68

M60-69 FRG 50.67

Grasy, Schlegel, Schumacher, Schmidt SWE 52.68

Lindblad, Olsson, Akerblom, Blomqvist FIN 52.74

Javanainen, Vikman, Suoknuuti, Jarvinen ITA 59.83

M70+ Galli, Curtoni, Marabotti, Parma FIN 61.28

Ketonen, Kolhonen, Silekowsky, Pajunen SUI 50.04

W35 Waldis, Pfeiffer, Leupp, Daehler FRG 50.94

Bonett, Otto, Ambratis, Hess SWE 56.50

Folcke, Strand, Davidsson, Ronnbrandt FRA 50.95

Bahte, Mattelson, Schramm, Nenn GBR 53.33

Drewry, Gallagher, Vernon, McNab DEN 54.97

Fischer, Soderberg, Damm-Olesen, Onsborg GBR 59.18

Smith, Graham, Farmer, SWE 63.15

4x400m Relay

M40-49 FRG 3:27.96

Duerkop, Rheineck, Scholz, Muller SUI 3:32.96

Wernli, Kaufman, Steinmann, Giezedanner HOL 3:35.68

de Geus, Peters, Broekhuizen, Marcelina GBR 3:39.40

R Taylor, Higgins, Whitaker, F Taylor SWE 3:55.17

Trondset, Stickler, Lindhe, Soold NOR 4:02.08

Hansen, Bergesen, Dalland, Johansen SWE 4:11.50

Unnelid, Erlandson, Roupe, Petterson GBR 4:16.54

Nielsen, Arnold, Bowlder, Williams FIN 4:16.64

Kautto, Jarvinen, Souknuuti, Vikman M70+ FRG 4:50.90

Assmy, Muller, Riechers, Pflanzelt FIN 5:35.33

Santala, Teras, Hallikainen, Salminen NOR 7:44.80

M60 J Kystad ITA 7:52.37

F Betella GBR 7:53.87

M65 E Pauwels BEL 8:52.63

J Stuetzle FRG 8:59.94

R Drager FRG 11:39.33

3000m Steeplechase

M40 H Odegard NOR 9:41.82

D Furle FRG 9:47.92

S Haglund FIN 9:48.54

M45 N Undersaker NOR 9:43.29

S Lote NOR 10:17.88

D Vollmer FRG 10:33.88

M50 A Ferreira POR 10:50.73

F Helber FRG 11:03.82

I Andersson SWE 11:18.92

*M55 P Blanchi FRA 12:30.39

H Steinhoff FRG 13:53.73

A Stangl AUT 15:23.18

*ran extra lap

80mH

M70 A Pajunen FIN 16.23

A Ketonen FIN 16.25

S Lindgren SWE 17.11

W40 J Vernon GBR 11.78

N Furgine SUI 12.10

P McNab GBR 12.62

W45 F Kummer-Valk FRG 12.8

I Kusche FRG 14.4

U Stelling FRG 14.5

W50 C Roovers HOL 13.7

L Koch FRG 13.9

A Larsson SWE 14.8

W55 H Farmer GBR 16.1

C Wippersteg FRG 17.9

B Bestmann NOR 18.4

W60 K Hveem NOR 15.5

E Laine FIN 16.5

100mH

M60 F Buijs HOL 16.73

H Suoknuuti FIN 16.94

J W Arnold GBR 17.11

M65 H Gilli SUI 17.47

F Ferreira POR 18.54

R Raimio FIN 19.48

W35 G Otto FRG 15.01

D Desmier FRA 15.36

D Blume FRG 15.44

400mH

M40 S Putikinen FIN 55.36

A Molineau SWE 56.87

M Siebelist ESP 57.16

M45 G Mueller FRG 55.18

S Bjornholm SWE 58.16

W Holder GBR 60.44

M50 R Bertram FRG 60.60

E Knapp FIN 61.62

L Lindhe SWE 63.15

Continued on next page

Continued from previous page

M55 H Stickler	SWE	63.90
K Whitaker	GBR	66.60
H Knudsen	NOR	68.68

300mH

M60 H Suoknuuti	FIN	46.70
J W Arnold	GBR	47.00
A Pettersson	SWE	48.38
M65 W Finnanger	NOR	53.75
A Kautto	FIN	54.31
F Meyer	FRG	55.45

5000m Walk

M40 A Zambaldo	ITA	22:12.89
G Nigro	ITA	22:52.67
M Nigro	ITA	23:25.68
M45 D Zschsche	FRG	22:53.55
R Pelliccia	ITA	23:39.12
A Hekkila	FIN	23:42.65
M50 A Nokela	FIN	23:19.97
D Stevens	GBR	23:41.22
G Affeldt	FRG	24:12.89
M55 K Svensson	SWE	25:02.09
D Fotheringham	GBR	25:23.81
B Nilsson	SWE	25:41.48
M60 A Sturni	FRA	26:04.42
L Creio	GBR	26:57.07
A Lundstrom	SWE	26:57.47
M65 A Svensson	SWE	28:36.02
J Bouillon	FRA	30:43.20
T Stale	SWE	31:02.90
M70 J Grimwade	GBR	27:55.67
C Megnin	GBR	28:06.37
A Poole	GBR	30:56.94
M75 G DePetra	ITA	31:03.64
R Karlsson	SWE	33:34.28
G Hallifax	GBR	34:27.85
W35 J Bonnet	FRA	25:41.47
G Kutze	FRG	28:27.15
U Hartmann	FRG	29:14.86
W40 C Bean	GBR	27:58.37
E Kuchnbek	FRG	28:16.01
K Lindgren	SWE	29:00.11
W45 V Heikkila	FIN	25:50.51
Z Turos	POL	27:50.98
E Verleger	FRG	29:54.52
W50 L Kalweit-Marloth	FRG	27:59.16
G Bornwasser	FRG	29:54.47
P Horwill	GBR	30:32.21
W55 O Meyer	FRG	27:57.58
M Worth	GBR	29:13.34
M Andersn	SWE	31:39.92
W60 K Larsson	SWE	31:43.21
A Mooser	FRG	33:39.35
W65 B Tibbling	SWE	29:36.48
M Bengtsson	SWE	30:32.16
E Wistrom	SWE	31:34.55
W70 J Luther	FRG	35:06.11
N Wedemo	SWE	36:25.69
F Liedtke	FRG	37:31.50
W75 F Bonnans	FRA	34:53.93
M Lindgren	SWE	37:09.24
M Sarvana	FIN	43:32.84

High Jump

M40 W Mossle	FRG	1.90
F Lounek	TCH	1.85
G Mankowski	POL	1.85
M45 O Johansson	SWE	1.88
A Pericles	POR	1.75
J Hein	FRG	1.75
M50 H Mandl	AUT	1.80
J Darlington	GBR	1.70
L Vandenbosch	BEL	1.65
M55 N Nevrupe	SWE	1.55
H Thom	FRG	1.50
B Blomqvist	SWE	1.50
M60 G Dobriban	HUN	1.55
A Schleifer	AUT	1.50
H Lund	NOR	1.45
M65 H Bitter	FRG	1.45
R Gustavsson	SWE	1.40
E Svennevik	NOR	1.35
M70 E Stai	NOR	1.45
A Ketonen	FIN	1.35
E Kolhonen	FIN	1.35
M75 W Streubel	FRG	1.20
T Resell	NOR	1.15
P Larsen	NOR	1.10
M80 W Kern	FRG	1.05
Ernst Schmitt	FRG	1.00
W35 A Plischke	AUT	1.70
R Hulsink	HOL	1.65
E Kast	FRG	1.50
W40 C Drewry	GBR	1.55
J Smallwood	GBR	1.50
E Springman	FRG	1.50
W45 U Stelling	FRG	1.45
L Nuoli	ITA	1.40
M Ozvang	DEN	1.35
W50 C Roovers	HOL	1.43
I Parlevliet	HOL	1.35
K Koop	FRG	1.30
W55 A Blom	BEL	1.25
E Enarsson	SWE	1.20
C Wippersteg	FRG	1.20
W60 V Chumaska	TCH	1.20
K Hveem	NOR	1.15
I Pleuger	FRG	1.10
W65 E Mighofer	FRG	1.05
H Mitschke	FRG	1.00
G Knyz	AUT	1.00

Pole Vault

M40 I Peyker	AUT	4.40
F Johansen	DEN	4.40
J Blomqvist	SWE	4.30

M45 H Lagerqvist	SWE	4.42
F Eberle	SUI	3.80
L Sterckx	BEL	3.70
M50 M Houvion	FRA	4.10
R Brown	GBR	3.70
I Sopanen	FIN	3.60
M55 A Woods	GBR	3.30
R Efstathds	GRE	3.00
C Carlsson	SWE	2.50
M60 K Hurri	FIN	3.00
L Bjornberg	SWE	3.00
E Jensen	DEN	2.90
M65 R Rainio	FIN	2.60
W Finnanger	NOR	2.50
E Svennevik	NOR	2.30
M70 A Ketonen	FIN	2.60
A Pajunen	FIN	2.50
B Wischmann	FRG	2.00

Long Jump

M40 R Blangner	ESP	6.90
G Gburek	FRG	6.73
C Kreft	FRG	6.63
M45 A Pericles	POR	6.45
V Haavasa	SWE	6.04
J Melen	SWE	6.03
M50 H Mandl	AUT	6.23
E Arnold	FRG	6.19
F Taylor	GBR	5.91
M55 H Strauss	FRG	5.76
J Necek	TCH	5.53
A Stoppel	AUT	5.19
M60 J Rypdal	NOR	5.50
M Jarvinen	FIN	5.23
G Dobriban	HUN	5.15
M65 H Bitter	FRG	5.43
G Skrivervik	NOR	5.21
A Kosonen	FIN	4.98
M70 E Bech	DEN	4.58
K Petzold	FRG	4.57
E Flydahl	NOR	4.54
M75 K Bilek	TCH	4.05
W Streubel	FRG	3.95
A Pajunen	FIN	3.74
M80 Erich Schmitt	FRG	2.59
W35 E Hees	FRG	5.79
G Otto	FRG	5.62
E Wendl	AUT	5.54
W40 S Mattelson	FRG	5.49
A Polcke	SWE	5.08
A Eriksen	FRG	5.04
W45 I Stenbrink	SWE	5.06
I Grunert	FRG	4.82
K Henmyr	SWE	4.67
W50 K Diener	FRG	4.66
C Roovers	HOL	4.54
C Graham	GBR	4.39
W55 R Kreiskott	FRG	4.00
D Drawing	FRG	3.97
C Franzen	FRG	3.96
W60 L Seuberlich	FRG	4.36
P Schneiderhan	FRG	4.32
K Hveem	NOR	3.86
W65 M Wixey	GBR	3.58
E Haule	FRG	3.41
G Svensson	SWE	2.87

Triple Jump

M40 S Power	GBR	14.21
V Nieminen	FIN	14.14
H Baier	FRG	13.93
M45 A Pericles	POR	13.31
S Backlund	FIN	13.18
F J Scherer	FRG	12.87
M55 H Strauss	FRG	12.75
K Schumacher	FRG	10.45
Y Larsson	SWE	10.22
M60 J Rypdal	NOR	11.77
A Compri	ITA	11.31
M Jarvinen	FIN	11.16
M65 N Barth	FRG	10.18
R Rainio	FIN	10.03
R Gustavsson	SWE	9.91
M70 E Kolhonen	FIN	8.96
E Bech	DEN	8.93
S Lindgren	SWE	8.43
M75 O Jossing	NOR	8.24
P Larsen	NOR	7.26
V Viitala	FIN	7.06

Shot Put

M40 M Buchmuller	FRG	16.35
R Bruch	SWE	15.07
A Hermanns	FRG	14.78
M45 K Liedtke	FRG	16.42
H Gross	FRG	13.97
E Kolmel	FRG	13.90
M50 P Speckens	FRG	16.00
H Putsch	AUT	14.89
R Leino	FIN	14.81
M55 K Lesell	FIN	14.30
T vonWachnildt	SWE	13.76
R Rzehak	FRG	13.27
M60 J Vyskosky	TCH	13.52
R Strandli	SWE	13.17
O Edvardsen	NOR	12.69
M65 R Nokelainen	FIN	13.53
E Ludwig	FRG	13.52
H Bitter	FRG	13.12
M70 V Elo	FIN	13.66
G Schepe	FRG	12.39
A Ketonen	FIN	11.84
M75 H Frochte	FRG	11.87
O Renvall	FIN	11.61
R Satter	FRG	10.55
M80 Erich Schmitt	FRG	9.06
Ernst Schmitt	FRG	8.57
V Andersson	SWE	8.57

W35 A Silverio	POR	13.72
E Anderes	SUI	13.38
M Magyar	HUN	11.57
W40 I Miller	SWE	13.64
N Furgine	SUI	12.86
M Schrimmerova	TCH	11.99
W45 A Ruhlow	FRG	12.04
K Schallau	FRG	10.97
I Schattner	FRG	10.80
W50 S Kofink	FRG	13.37
C Baum	FRG	11.51
A Brommel	FRG	11.05
W55 M Hamm	FRG	11.51
C Franzen	FRG	10.69
R Hanssens	BEL	9.07
W60 L Seuberlich	FRG	9.63
H Keckels	AUT	8.77
M Barth	FRG	8.75
W65 I Bellin	FRG	7.55
H Groth	FRG	7.27
G Svensson	SWE	6.93
W70 J Gelbrich	FRG	7.64
M Sarvana	FIN	6.91
I Samana	FIN	6.85

Discus

M40 N Niare	FRA	53.78
R Bruch	SWE	50.66
V Pakalen	FIN	46.14
M45 K Liedtke	FRG	48.72
K Albers	FRG	43.88
M Kleiber	FRG	42.96
M50 V Ryyti	FIN	53.40
P Speckens	FRG	51.04
B Tallberg	SWE	48.76
M55 P Hakkinen	FIN	47.84
H Brandt	FRG	46.36
V Laibner	TCH	42.32
M60 R Strandli	SWE	50.34
O Evjenth	NOR	48.04
H Duholm	DEN	47.96
M65 K Jouppila	FIN	51.28
R Gustavsson	SWE	44.20
G Hakansson	SWE	42.08
M70 V Elo	FIN	38.76
M Riboni	ITA	38.04
A Miettinen	FIN	35.94
M75 O Renvall	FIN	39.46
O Reppen	NOR	37.32
H Frochte	FRG	35.50
M80 V Andersson	SWE	31.60
J Schumann	FRG	27.40
K Solnordal	NOR	26.22
W40 I Miller	SWE	45.72
G Johansson	SWE	45.52
D Czaban	HUN	40.36
W45 A Ruhlow	FRG	44.48
S Kauppinen	FIN	40.48
K Jensen	DEN	34.48
W50 S Kofink	FRG	38.28
A Brommel	FRG	36.12
L Wissinger	HUN	35.94
W55 M Hamm	FRG	31.34
R Hanssens	BEL	24.04
M Surza	ITA	21.04
W60 M Barth	FRG	25.50
I Pleuger	FRG	24.54
K Jortikka	FIN	23.32
W65 H Groth	FRG	23.06
M Wixey	GBR	13.78
W70 J Gelbrich	FRG	18.98
V Wischmann	FRG	18.08
I Samana	FIN	17.18

Hammer

M40 R Kizesinski	POL	56.84
A Orn	FIN	54.66
S J Pedro	POR	54.56
M45 E Waltermatz	SWE	51.88
P Nemeth	HUN	51.64
E Marchionni	ITA	47.48
M50 H Putsch	AUT	59.48
P Pettersson	SWE	53.24
G Dedes	GRE	51.50
M55 R Rzehak	FRG	53.98
K Husson	FRA	53.50
S Kowalski	POL	48.74
M60 P Saarikoski	FIN	57.30
H Duholm	DEN	44.52
S Franz	FRG	44.26
M65 A Sonneck	FRG	45.80
E Andervam	SWE	41.00
P Lehtinen	FIN	36.60
M70 A Miettinen	FIN	43.32
M Baier	FRG	40.32
E Bryntesen	NOR	39.66
M75 O Renvall	FIN	40.82
O Reppen	NOR	39.68
B Wischmann	FRG	37.28
M80 V Andersson	SWE	27.82
F Bender	FRG	26.86
J Schumann	FRG	23.94

Javelin

M40 P Marinko	YUG	65.64
M Nemec	TCH	62.24
J Funke	FRG	60.06
M45 A Jelten	FRG	63.14
C Pierrakos	GRE	56.10
J Hein	FRG	54.74
M55 R Rzehak	FRG	49.12
G Drewniok	FRG	47.64
H Noreborn	SWE	45.46
M60 V Javanainen	FIN	52.88
A Rydstrom	SWE	50.90
H Lund	NOR	42.44

			LJ	JAVELIN	200 M	DISCUS	1500 M	TOTAL
Pentathlon M40								
1	Dost Dieter	FRG	5.58 594	56.08 829	25.57 758	37.04 648	4.57.11 739	3568
2	Winkler Gerhard	FRG	5.99 717	48.90 700	24.52 853	31.56 517	4.57.53 737	3524
3	Brooks Clifford	GBR	6.25 795	46.44 655	25.23 789	36.52 636	5.25.80 596	3471
Pentathlon M45			LJ	JAVELIN	200 M	DISCUS	1500 M	TOTAL
1	Jelten Axel	FRG	5.61 729	63.50 1177	26.16 795	34.36 657	5.05.38 748	4106
2	Nerge Wilfried	FRG	6.00 858	43.20 730	25.09 891	36.84 724	5.35.93 595	3798
3	Marila Kyösti	FIN	5.73 768	40.34 667	25.06 894	27.42 470	5.03.30 758	3557
Pentathlon M50			LJ	JAVELIN	200 M	DISCUS	1500 M	TOTAL
1	Hartel Paul	FRG	5.27 745	44.78 869	26.76 831	32.10 552	5.17.78 736	3733
2	Sopanen Ilpo	FIN	5.38 784	43.78 844	26.33 870	32.32 558	5.31.78 666	3722
3	Wernes Tor	NOR	5.41 795	32.82 570	26.61 845	34.22 605	4.50.13 874	3689
PENTATHLON M 55			LJ	JAVELIN	200 M	DISCUS	1500 M	TOTAL
1	Drewniak Gerd	FRG	5.07 828	48.88 1088	27.39 864	40.84 863	6.14.61 526	4169
2	Heikkinen Seppo	FIN	5.22 888	41.08 870	27.78 829	26.22 454	6.33.29 433	3474
3	Rieger Bartl	FRG	4.68 672	32.20 621	27.53 852	27.88 500	5.29.17 754	3399
Pentathlon M60			LJ	Javelin	200 m	Discus	1500 m	Total
1	Järvinen Matti	FIN	5.11 1039	35.68 719	27.40 954	41.06 869	6.10.99 620	4201
2	Javanainen Veikko	FIN	4.25 652	49.64 1109	29.83 735	36.84 751	5.53.21 708	3955
3	Wortmann Herbert	FRG	4.52 774	36.51 742	29.31 782	35.82 722	6.13.13 609	3629
Pentathlon M65			LJ	Javelin	200 m	Discus	1500 m	Total
1	Skrivervik Gudmund	NOR	5.11 1255	42.06 1025	29.49 945	35.76 798	5.53.36 858	+4881
2	Kautto Alpo	FIN	4.39 895	33.74 759	29.96 903	32.86 708	5.53.47 857	4122
3	Koch Adolf	FRG	4.49 945	38.46 910	30.92 817	32.46 696	6.17.40 738	4106
Pentathlon M70			LJ	Javelin	200 m	Discus	1500 m	Total
1	Langer Klaus	FRG	4.19 984	35.76 927	32.05 895	31.80 763	7.35.74 496	4065
2	Bryntesen Bjarne	NOR	4.09 929	39.00 1044	34.53 672	27.56 614	8.33.04 209	3468
3	Riechers Wilhelm	FRG	3.69 709	25.76 567	31.47 947	23.16 460	6.41.51 767	3450
Pentathlon M75			LJ	Javelin	200 m	Discus	1500 m	Total
1	Streubel Walter	FRG	3.93 978	28.19 763	34.11 980	23.44 537	6.53.26 858	4116
2	Bilek Kamil	TCH	3.57 762	27.55 737	36.05 805	24.16 566	9.35.58 47	2917
3	Brodersen Karsten	FRG	3.35 630	24.19 595	36.88 730	33.66 946	x 0	2901
Pentathlon W35			100 m H	Shot	HJ	LJ	800 m	Total
1	Blume Dagnar	FRG	15.18 911	10.21 536	1.51 750	5.47 843	2.34.73 802	3842
2	Kast Emma	FRG	17.72 720	11.41 632	1.57 840	5.10 732	2.39.65 762	3686
3	Benz Monika	SUI	17.83 712	7.77 341	1.45 660	5.14 744	2.42.33 741	3198
Pentathlon W40			80 m H	Shot	HJ	LJ	800 m	Total
1	Graff Edith	BEL	14.21 863	8.67 449	1.46 765	4.96 759	2.44.44 780	3616
2	Miller Ingrid	SWE	14.86 811	13.33 855	1.40 663	4.25 524	3.09.58 579	3432
3	McNab Patricia	GBR	12.71 983	9.45 517	1.43 714	4.97 762	3.26.27 445	3421
Pentathlon W45			80 m H	Shot	HJ	LJ	800 m	Total
1	Kimmerle-Valk Friderun	FRG	13.46 980	8.74 497	1.47 920	4.49 677	2.41.67 858	3932
2	Leupp Ursula	SUI	15.13 838	8.70 494	1.38 740	4.59 714	2.51.26 781	3567
3	Kusche Ingrid	FRG	14.83 864	8.74 497	1.26 500	4.18 562	2.53.56 763	3186
Pentathlon W50			80 m H	Shot	HJ	LJ	800 m	Total
1	Roovers Corrie	HOL	14.1 992	11.12 685	1.40 897	4.27 724	2.56.09 807	4105
2	Werner Hella	FRG	15.3 896	9.38 529	1.16 345	3.79 508	3.01.88 760	3038
3	Maxrath Hedi	FRG	17.3 736	10.70 648	1.22 483	3.76 495	3.17.64 634	2996
Pentathlon W 55								
1	Blom Agnes	BEL	17.6 801	7.10 360	1.28 825	3.51 510	2.54.89 880	3376
2	Fuchs Maria	FRG	16.6 891	8.10 460	1.16 525	3.53 522	3.04.88 800	3198
3	Wippersteg Christiane	FRG	18.0 765	8.41 491	1.22 675	3.64 588	3.35.64 554	3073
Pentathlon W 60								
1	Hveem Kirsten	NOR	15.6 1116	6.46 325	1.22 896	3.64 798	3.22.88 736	3871
2	Laine Else	FIN	16.5 1035	6.48 327	1.19 812	3.66 812	3.11.09 831	3817

Continued from previous page

M65 M Mertakivi	FIN*47:80
N Barth	FRG 43:22
R Zetterqvist	SWE 42:94
M70 K Langer	FRG 41:00
G Schepe	FRG 37:30
B Bryntesen	NOR 36:36
M75 B Wischmann	FRG 30:88
O Renvall	FIN 28:92
R Satter	FRG 25:66
M80 W Baker	GBR 23:14
Ernst Schmitt	FRG 18:96
K Solnordal	NOR 17:58
W35 E Wendt	AUT 40:28
J Klimesova	TCH 39:56
A Elbaba	SWE 36:10

W40 J Kertesz	HUN 32:30
A Kanth	SWE 30:14
J Smallwood	GBR 29:00
W45 U Reinacher	FRG 36:10
B Rantala	FIN 33:44
S Meili	SUI 31:84
W50 S Kofink	FRG*38:68
C Megyesi	HUN 34:62
L Leiss	FRG 32:76
W55 R Hanssens	BEL 32:06
M Hamm	FRG 30:12
C Wippersteg	FRG 25:50
W60 H Keckeis	AUT 24:58
K Weber	FRG 23:90
K Jortikka	FIN 20:40
W65 E Mighofer	FRG 12:62
L Schepe	FRG 11:88
W70 J Gelbrich	FRG 23:77
I Sarnama	FIN 16:82
V Wischmann	FRG 16:78

10K Road Walk	
W35 J Bonnet	FRA 55:40
G Kurtze	FRG 57:14
U Hartmann	FRG 58:25
W40 E Kuchenbrgr	FRG 56:40
C Bean	GBR 56:50
C Mayr	ESP 59:07
W45 V Heikkila	FIN 52:07
Z Turosz	POL 54:46
R Broders	FRG 55:20
W50 L Kalwt-Mrloth	FRG 56:34
G Bonnwasser	FRG 59:52
P Herwill	GBR 61:42
W55 O Meyer	FRG 56:42
M Worth	GBR 58:36
M Austermhle	FRG 63:47

W60 K Larsson	SWE 1:02:52
A Mooser	FRG 1:07:56
T Veis	AUT 1:25:11
W65 B Tribbling	SWE 58:41
M Bengtsson	SWE 1:02:26
E Wistrom	SWE 1:02:28
W70 J Luther	FRG 1:10:33
N Wedemo	SWE 1:14:45
F Liedtke	FRG 1:15:39
W75 F Bonnans	FRA 1:12:24
M Lindgren	SWE 1:16:00

20K Road Walk	
M40 A Zambaldo	ITA 1:34:43
G Nigro	ITA 1:37:15
M Nigro	ITA 1:38:11
M45 D Zschiesche	FRG 1:35:16
R Pelliccia	ITA 1:37:16
G Birnstock	FRG 1:37:27
M50 A Nokela	FIN 1:36:03
D Stevens	GBR 1:43:06
G Affeldt	FRG 1:45:27
M55 P Pempforth	FRG 1:43:12
D Fotherghm	GBR 1:46:55
K Svensson	SWE 1:47:26
M60 A Sturni	FRA 1:52:43
C Bomba	ITA 1:55:18
L Croo	GBR 1:55:39

M65 A Svensson	SWE 2:01:18
J Stuetzle	FRG 2:04:27
T Stale	SWE 2:10:25
M70 J Grimwade	GBR 2:15:10
C Megning	GBR 2:01:35
B Teneryd	SWE 2:13:42
M75 G De Petra	ITA 2:11:47
G Hallifax	GBR 2:20:15
R Karlsson	SWE 2:32:29

Marathon	
M40 D Duhamel	FRA 2:24:08
R Conzman	FRG 2:25:15
L Overskov	DEN 2:25:59
J Buckley	IRL 2:27:10
I Kettunen	SWE 2:29:24
F Puhosol	AUT 2:31:13
K Schrader	FRG 2:34:22
H Venalainen	SWE 2:34:39
M45 M Santiago	ESP 2:26:31
D Hullenhut	FRG 2:29:58
F Merlitz	FRG 2:32:00
S Kaila	FIN 2:33:39
K Ellefsen	NOR 2:34:39
M Binato	ITA 2:35:42

M50 B Lundberg	SWE 2:34:11
B Lauridsen	DEN 2:35:56
R Jansen	HOL 2:38:48
B Holmroos	FIN 2:43:34
M55 L Acquarone	ITA 2:49:22
J Mielonen	FIN 2:49:36
K Linder	SWE 2:50:32
M60 I Abdon	ESP 2:49:15
K Hermelind	SWE 2:50:17
E Lempinen	FIN 2:51:05
M65 E Ostbyte	FIN 3:05:21
R Doelnsky	TCH 3:09:26
W Jarvinen	FIN 3:16:12

M75 E Eguskiag	ESP 3:49:49
M Leonhardt	FRG 4:50:00
W Stang	FRG 4:59:05
W35 E Grimm	DEN 2:52:57
I Rohrenbckr	FRG 2:55:51
H Steinfels	FRG 3:53:33
W40 S Aquarone	ITA 2:47:01
I Forsgren	SWE 2:59:49
D Lillelund	DEN 3:00:14
W45 L Espersen	DEN 2:57:57
B Zimmerman	FRG 3:01:12
G Martensson	SWE 3:16:09
W50 E Pohl	FRG 2:59:36
G Kempe	SWE 3:08:36
L Nikkinen	FIN 3:26:04
W55 I Schutt	FRG 3:12:45
E Huber	FRG 3:20:10
E Hennseler	FRG 3:23:51
W60 U Annell	SWE 3:46:03

International Seniors Meet Baden, Switzerland August 16

100	
M40 Lawrence Dada	11.17
M45 Sepp Bolsinger	11.64
M50 Paul Kuppler	12.13
M55 Bill Guy	12.18
M60 Max Grasy	13.56
M70 Albert Lasch	15.33
W35 Christine Pfeiffer	12.66
W40 Bearice Waldis	12.93
W45 Friderun Kummerle	13.79
W50 Kathi Diener	14.08

200	
M40 Heinz Steinmann	23.00
M45 Sepp Bolsinger	23.57
M50 Paul Kuppler	25.14
M55 Bill Guy	24.70
M60 Max Grasy	28.06
M65 Fritz Muhle	29.04
W35 Christine Pfeiffer	26.04
W40 Beatrice Waldis	26.21
W45 Friderun Kummerle	28.00

400	
Not received	
800	
Not received	
1500	
M40 Harry Widmer	4:11.83
M45 Geo Schellenberg	4:21.52
M50 Albert Killen	4:40.94
M70 Hans Rupp	6:25.62

5000	
M45 Rolf Witten	16:33.41
M50 Edgar Friedli	16:36.48
M65 Hans Rupp	22:17.10

5K WALK	
M40 Manfred Schafer	24:44.82
M45 P Andreotti	24:42.88
M50 Frank Kuaringer	25:17.91
M55 Louis Marquis	25:20.98
M65 Julius Stuetzle	30:06.48

HIGH JUMP	
M40 Rudolf Klaus	1.70

LONG JUMP	
M40 Pauli Muller	6.15
M45 Helmut Seter	5.77
M50 Hans Peter Probst	5.80
M55 Hans Grafetsberger	5.06
M60 Helmut Nowakowski	4.87
W35 Monika Benz	5.02
W40 Marianne Maier	5.01
W45 Kathi Diener	4.67

SHOT PUT	
M40 Manfred Buchmuller	16.32
M45 Ernst Kolmel	13.64
M50 Enrique Helf	14.23
M60 Werner Eckert	12.31
W40 Nanette Furgine	12.32
W45 Daphne Samuels	8.54
W50 Almut Brommel	10.92

DISCUS	
M40 Harald Gutting	38.02
M45 Kurt Altherr	39.60
M50 Enrique Helf	43.94
M55 Parwar Dillon	40.70
M60 Werner Eckert	36.02
W45 Almut Brommel	35.16

JAVELIN	
M40 Axel Jelten	64.58

Continued on Page 43	
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LONG DISTANCE RESULTS

Please send masters
race results to: National
Masters News, P.O. Box
2372, Van Nuys, CA
91404. Please include
date, distance and city.

NEW ENGLAND

Rhode Island State Police 5 Mile E. Greenwich; August 9

Overall	
M Keller	25:21
J Cataldo	32:04

M40 D Farley	30:44
R Marsland	30:53
D Tourangeau	31:03

M45 E Fromm	29:40
P Daniels	32:01
W Peacock	33:55

M50 R Silva	30:23
M Galarneau	33:42
B Hampson	34:58

M55 none	
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M60 B Gorman	35:07
C Hammen	36:20
G Silva	37:19

M65 E Fenton	nta
no W40+ in first 140	
from Carl Hammen	

EAST

Paine Webber L.I. Women's 5K Championships Jericho, Long Island; July 4

Overall	
M Bush	16:20
40 L Connors	18:47
L Schay	20:42
R Riccardi	20:54

45 A Frisch	19:59
J Shapiro	22:14
P Meltzer	22:26

50 B Bellinghausen	20:45
M Carinci	22:50
E O'Tool	24:38

55 J Ofenloch	21:27
M Rothblum	22:37
G Simonsen	26:13

60+A Weatherbee	24:42
D Schwartz	24:48
A Hamilton	25:50

SOUTHEAST

Full Moon Frolic 8 Mile & Half Moon 4 Mile Deland, Fla.; August 16

---8 Mile---	
Overall	
D Coyne	44:56
E Coyne	53:44

(husband & wife)	
M35 H Grubb	53:41
M40 D Blinkinsop	50:22
M45 B Brockway	52:31

M50 K Staton	69:40
M55 M Fortier	62:53
M60 V Massey	70:47

M65 M Shumate	58:09
M70+D Fortier	76:55
W35 N Pegg	66:11

W40 C Haffner	62:45
W50 P Miller	69:48
W55 B Ferris	84:50

---4 Mile---	
Overall	
J Morrow	21:25
J Bates	24:12

M35 J Guthrie	23:38
M40 D Kesten	32:24
M45 B Aumack	28:22

M55 J Brown	28:12
M60 J Houghteling	36:23
W35 S Szeles	33:54

W45 C Aumack	38:13
W55 J Puckett	49:58

MID-AMERICA

Pikes Peak Ascent (13.4 miles) Manitou Springs, Colo.; August 23

Overall	
C Chester	33 2:10:54
J McCreary	28 2:52:11

M40 H Jones	43 2:42:06
M45 L Avery	45 2:56:43
M50 B Winters	54 3:01:45

M55 D Gorling	56 3:--:57
M60 B Burnett	64 3:21:45
M65 S Simon	66 4:23:40

M70 L Couckly	70 5:43:24
M75 W Stack	78 5:51:50
W40 M Parker	41 3:07:21

W45 Y Monsauret	47 3:53:47
W50 E Arbitol	51 3:45:52
W55 N Burnese	56 4:06:53

W60 A Marsh	63 6:35:58
W65 M Zimmerman	68 5:28:41

Pikes Peak Marathon (26.3 miles) Manitou Springs, Colo.; August 24

Overall	
S Fox	31 3:41:57
M Loyd-Allison	37 4:55:43

M40 B Smith	42 4:17:40
B Johnston	41 4:26:39
R Johnson	44 4:33:10

M45 W Ohlrich	47 4:56:52
G Williams	45 5:05:00
B Nolan	46 5:05:34

M50 B Kemper	53 4:55:22
B Bell	50 4:59:59
A Pedersen	51 5:45:28

M55 M Powers	58 5:43:11
E Lemberg	58 5:44:01
C Doughty	55 5:45:43

M60 J Hale	63 6:36:28
V Schlack	64 6:46:57
R Hansen	60 7:42:31

M65 G Brotherton	66 7:12:46
B Larsen	69 8:22:21
M70 E Wert	73 7:45:48

J Hampton	71 8:45:50
M75 L Adkins	76 10:17:28
W40 A Hansborou	41 5:26:37

M Cameron	41 5:45:55
M Trenker	42 5:51:21
W45 K Kusner	46 6:49:48

Y Montsauret	47 6:59:17
W50 V Dehaan	51 6:49:05
C Simmonds	52 6:58:41

W55 M Dean	57 7:21:12
W65 P Libby	68 10:23:01

WEST

Rancho Bernardo 10K Rancho Bernardo, Calif.; June 22

Overall	
S Evans	30:59
K Campo	37:52

M30 D J Smalley	34:08
M40 N Clarke	36:16
M50 C Anderson	39:09

M60 W Zook	44:17
M70+D Bradley	46:23
W40 K Loper	39:33

W50 J A Wichary	43:31
W60 M Storey	48:04
W70+B James	1:05:13

San Diego TC 3 Mile Mission Bay Park; July 22

Overall	
G Tadese	14:47
L Howland	17:33
M40 G Shirley	15:43
H Goforth	16:06
W Rasmussen	16:57
M50 J Berkouf	17:40
M Haraden	18:03
W Osborn	18:05
M60 L Tozer	21:43
D Pain	23:40
K Bernard	24:36
M70+D Bradley	20:39
W Kuetzing	25:16
J Hanna	26:34
W40 K Loper	19:28
C Balkwell	20:19
L Gorman	21:57
W50 C Murray	20:17
A Johnson	21:52
W70+J Simon	25:58

Cal State U-Northridge 10K Northridge, Calif.; August 6

Continued from previous page

INTERNATIONAL**4th Asian Veterans Athletic Championships, Saturday 26th & Sunday 27th July 1986
Jarkarta, Indonesia****100M**

M35	Ouhmad Hj Yaakub	11.3
	Tanaka Osamu	11.7
	Cheng Ching-Rung	11.7

M40	Kaihara Kosabu	11.2
	Manorajan	11.4
	Anthony Julius.T	11.8

M45	Tadakuma Ryosuke	11.7
	Pesak Oroh Jooje	11.8
	Sardjijono Thomas	11.8

M50	Mori Kiyoshi	12.5
	Tamin Merican	12.6
	Chatranjan Ashish	12.6

M55	Hieta Yoshiyuki	12.4
	Sjarif Moearif	13.6
	Oentoefing Singgah	14.1

M60	Makita Koichi	13.1
	Kaval Shigeru	13.5
	Tamato Hisaki	14.1

M65	Tsunose Satoshi	14.4
	Subano	14.5
	Masaru	15.0

M70	Tateishi Yuichi	14.6
	Kisho Suharto	15.9
	Teng Yao Ting	16.8

M75	Hanjirato Yan	15.0
	Koga Gencho	16.7
	Murthi	19.3

W35	Shih Lu Hsiu-O	14.1
	Roberta Titaley	14.4
	Sulasmi	14.8

W40	Glory Barnabas	13.1
	Rajapakse Nanda	13.3
	Nineck kosni R	14.9

W45	Divikara Premila	14.3
	Leentje Sagar	14.7
	Willy Tuapatinaya	15.3

W50	Satchithananda	15.1
	Diah Restuningrum	16.1
	Marie Rorek	16.7

W55	Matulesy Tineke	15.5
	Daisy Victor	15.6
	Yokoi Kazuyo	16.3

W60	Lamech Rose	17.7
	Anna L Oedin	23.0

200M

M35	Ouhmad Hj Yaakub	23.2
	Cheng Ching-Rung	23.5
	Jacob Benny	23.6

M40	Kaihara Kosabu	22.8
	Manorajan	23.7
	Khanna Surinder	24.8

M45	Tadakuma Ryosuke	24.0
	Pesak Oroh Jooje	24.5
	Sarjijone Thomas	25.1

M50	Djoko Siswanto	24.5
	Abu Bakar Hj Adenan	25.2
	Suhanto	25.3

M55	Hieta Yoshiyuki	25.2
	Huskin Assegaf	26.5
	Harinono Subono	29.3

M60	Makita Koichi	27.5
	Rasidjan	28.6
	Tamato Hisaki	28.6

M65	Tsunose Satoshi	29.9
	Subandi	31.2
	Miura Takaru	31.2

M70	Tateishi Yuichi	30.9
	Ting Yao Ting	36.8

M75	Warusvitarane	37.1
	Soepman	41.7

W35	Shih Lu Hsiu-o	29.7
	Roberta titaley	30.30
	Sulasmi	30.60

W40	Glory Barnabas	27.4
	Rajapakse nanda	29.2
	Soewatini	33.6

W 45	Divikara Premila	30.80
	Leentje Sagar	32.3
	Sariningsih	39.6

W50	Satchithananda	34.6
	Marie Rorek	36.1

W55	Daisy Victor	34.2
	Mathulesy Tineke	36.1
	Otama Tomiko	41.5

W60	Lamech Rose	40.8
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400M

M35	Cheng Ching Rung	53.8
	Kularatne	55.1
	Sarongsong	55.6

M40	Manorajan	54.2
	Hidup Hj Pg Besar	58.1
	Reme Laima	63.1

M45	Konoike Kiyoshi	55.0
	Sortikno Hendrata	60.5
	Soedarmadji	63.0

M50	M.Gunasena	57.7
	Denzil Fernando	57.8
	Chatranjan.A	60.3

M55	Husein Assagaf	61.6
	Amin Taufik	69.2
	Chang chia-Hua	70.6

M60	Okuyama Shigeru	64.5
	Tamato Hisaki	68.2
	Wen Liang-Der	88.4

M65	Miura Takuro	72.2
	Hwang Young Hee	74.2
	Doi Masaru	80.1

M70	Hoetapea.P	91.1
	Warusvitarane	94.5

M75	Tan Po An	99.6
	Murthi	NT

W35	Anna Warni	71.1
	Margaretha.A	78.6
	Lazmi	79.8

W40	Glory Barnabas	65.3
	Rajapakse Nanda	76.3
	Fernandi.I	84.4

W45	Chen Lee Hui Hsin	85.4
	Sariningsih	96.4

W50	M.Satchidananda	74.2
	Marie Rorek	87.2
	Srie Oetami	97.2

W55	Daisy Victor	83.6
	Otama Tomiko	98.1
	Rachmat G.A	im 41.5

400M HURDLES

M35	Sarongsong Thomas	62.3
	Bong,Siong Sen	66.0
	Sundralingam	67.2

M40	Mohammed bin Serudin	65.3
	Ruse Ruskanda	79.1
	Waidyatilaka	92.6

M45	Konoike Kiyoshi	62.0
	Sutarjono	76.9
	Wiradinata	90.6

M50	M.Gunasena	61.9
	Parthasarathy P.V	63.1
	Abdul Muis	71.4

800M

M35	Kularatne	2m 03.7
	Sarongsong.T	2m 11.4
	Sumarno	2m 20.5

M40	Avtar Singh	2m 15.3
	Hidup Hj Besar	2m 19.8
	Kadir	2m 20.1

M45	Konoike Kiyoshi	2m 14.5
	Hwang Yeong Yuh	2m 16.0
	Huang Cheng hsiu	2m 26.3

M50	Wanibushi hiroshi	2m 12.0
	Denzil fernando	2m 21.1
	Djoko Siswanta	2m 28.5

M 55	Husein Assagaf	2m 26.4
	Chan Meng Hui	2m 33.2
	Samedi S	2m 46.5

M60	Horiuchi Katsumi	2m 31.7
	Okuyama Shigeki	2m 33.9
	Tamato Hisaki	2m 48.6

M65	Lee Bee Cheow	2m 47.7
	Lee A Chun	2m 49.0
	Miura Takuro	2m 55.6

M70	Hoetapea P	2m 47.0
	Yang Ching Hseih	2m 59.8

W35	Margaretha A	3m 10.9
	Petchay Kandasamy	3m 17.0
	Laxmi	3m 23.6

W40	Wahyuni santosa	3m 01.9
	Fernando I	3m 11.2
	Suharti	3m 25.1

W45	Mia Ismangoeh	3m 09.0
	Chrisnoe Asmara	3m 58.6
	Maniek Sutarni	3m 59.9

W50	M.Satchidananda	3m 49.0
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W55vv	Asayama Haruso	3m 18.8
	Daisy Victor	3m 43.9

W60	Hutapea Emmy	3m 57.4
	Woeryani H	4m 41.5

1500M

M35	Kularatne	4m 17.4
	Sumarno	4m 49.3
	Ravi	4m 52.2

M40	Avtar Singh	4m 40.3
	Darmiyanto	4m 42.4
	Kadir	4m 44.7

M45	Hwang Yeong Yuh	4m 53.4
	Huang Cheng H	5m 05.1
	Nasirun	5m 10.6

M50	Wanibuchi Hiroshi	4m 29.2
	Posman	5m 12.4
	Satchidananda	5m 13.4

M55	Chan Meng Hui	5m 16.4
	Samedi	5m 25.9
	Markaban Wijaya	5m 39.5

M60	Horiuchi Katsumi	5m 17.0
	Giman	6m 25.8
	Wen Liang Der	6m 49.6

M65	Lee Bee Cheow	5m 40.8
	Lee A Chun	5m 51.3
	Miura Takaru	6m 07.7

M70	Yang Ching Hsieh	8m 01.9
	Hoetapea	8m 03.3

M75	Masuda Waichi	6m 04.5
	Singh Sajjan	7m 22.7

W 35	Sulasmi	6m 34.4
	Sri Pinudji	6m 35.0
	Margaretha Abi	7m 04.8

W40	Wahyuni Sanposa	6m 07.7
	Suharti	6m 51.7
	Hasan Pertiwa	6m 59.2

W45	Mia Ismangoen	6m 09.8
	Suharti	7m 56.2
	Chrisnoe Asmara	8m 12.1

W50	Satchidananda	6m 46.5
	Umi Kartini	9m 19.0

W55	Asayama Harako	6m 53.1
	Renes Roliat	8m 28.2
	Ratminah	9m 03.0

W60	Hutapea Emmy	8m 11.7
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5000M

M35	Bachri Syafei	17m 50.5
	Kafson sianipar	17m 54.8
	Nanlohy Yance	18m 33.10

M40	Iyan.K	17m 25.5
	Avtar Singh	17m 49.20
	Kadir	18m 33.10

M45	Huang,Cheng-Hsiung	17m 52.5
	Tjoeng Tjoek Sen	18m 31.2
	Setio Prajitno	18.56.5

M50	Wanibuchi hiroshi	16m 34.20
	Posman B.S	20m 07.10
	Bedjo Handoro	20m 17.10

M55	Chang Chia hua	20m 23.20
	Samedi.S	20m 23.30
	Chan Meng Hui	20m 24.20

M60	Horiuchi Katsumi	19m 17.40
	Untung Suwarno	23m 06.20
	Semaidjajarahard	24m 28.0

M65	Miura Takaru	23m 54.50
	Lee bee Cheow	24m 28.00

W 35	Sri Pinudji	24m 55.28
	Sunarti	27m 31.92
	Yayuk Sofinatun	27m 59.6

W40	Hasan Pertiwa	26m 09.03
	Poeewaningih	26m 23.25
	Suharti	26m 40.82

W45	Mia Ismangoen	25m 12.68
	Suharti	28m 37.80

W50	Satchidanandra	25m 12.68
	Nani Kusnani	28m 37.80

W55	Asayama Haruko	26m 39.33
	Kenes Roliat	31m 25.18
	Ratminah	41m 29.87

5000M WALK

M35	Kafson Sianipar	26m 12.50
	Sutarhit	29m 33.20
	Widiyono F.Z	29m 45.80

M40	Bill Purvis	26m 01.9
	Suyoko	28m 23.4
	Poerwo	30m 59.0

M45	Karuppiiah	27m 33.8
	Ingram	28m 29.8
	Suhartono	29m 26.2

M50	Ahmat Sayuti	28m 25.3
	Sarjoro	28m 37.6
	Djoko Pratono	28m 46.3

M55	Sutrisno	29m 19.8
	Sugiyu	34m 14.7
	Bhar Baruva	37m 20.3

M60	Surtano	33m 01.3
	djokmadi	33m 09.3
	Subadi bA.Hadi	33m 14.4

M65	Norman de Souza	33m 03.10
	Paidi	33m 07.50

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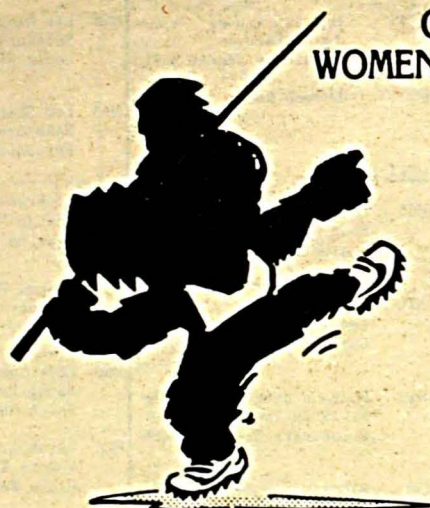
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