The official world and U.S. publication for Masters track & field, long distance running and race walking

217th Issue \$2.50

937 Compete in U.S. Nationals

Spokane Hosts 29th Annual Meet

by JERRY WOJCIK

The 29th annual USATF National Masters Track and Field Championships returned on Aug. 15-18 to Spokane, Wash., which hosted the 1992 championships, to find conditions, particularly the weather, much improved.

In 1992, the temperature on the track of Spokane Falls Community College, also the site of this year's championships, reached a debilitating 100+ degrees for most of the meet and became the main topic of discussion among the participants.

This year, if the 937 athletes who took part discussed the weather at all, it was in glowing terms such as "beautiful" and "perfect." On Thursday, the mid-day temperature at the Spokane Airport was 87 degrees with 13% humidity. Temperatures dropped daily to about 72 degrees on Sunday, but skies remained sunny.

What athletes did talk about was the high quality of the meet, from the officiating to the award presentations. Middle-distance runner Sid



Stan Whitley (610) winner in the M50 (23.07) 200 at the USATF Masters Championships. Peter Crombie (133) was second; Dan Durante (156) third; David Naylor (414) fourth; Dale Herring (252), fifth; and Paul Montgomery (685), sixth.

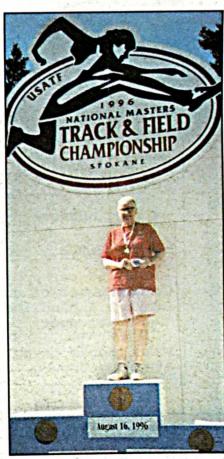
Howard, M55, New Jersey, praised the meet: "The volunteers and especially the high school kids were perfect. The prices at the concessions in the Masters Shopping Village were reasonable. The few problems were resolved quickly. An excellently run meet." Howard's opinion is supported by the fact that there were no protests filed.

Events were run like clockwork with no time lost between heats. Results were posted within minutes and hurried to the awards stand, where the top six athletes' names were announced to the spectators while the recipients were awarded their medals and ribbons. Each age-group and individual was photographed on the stand so that athletes could order pictures to be mailed to them later.

Officials were accommodating but business-like. Every effort was made to assure that sign-in absentees at the field event sites were indeed no-shows, and that field eventers with event conflicts had opportunity to compete without disrupting an event already in progress.

Although most athletes gave the meet an "A" across the board, a few

Continued on page 14



Betty Jarvis set a U.S. record for the W80 hammer at the Nationals. Photo by Suzy Hess



Peter Mogg winning the M40 800 (1:59.41), USATF Masters Championships, Daniel Barry (142) was second (1:59.91), and Julio Reyes, third (1:59.92).

Spokane, Aug. 15-18. Photo by Jerry Wojcik

CLYMPIC GLORY The story of Dan O'Brien and ten others who, as the World's Greatest Athletes, never received an Olympic opportunity. O'Brien becomes the first to receive a second chance.......

Dr. Frank Zarnowski



Decathlon world record holder, Dan O'Brien, USA

June, 1996 paper \$ 18.95 288 pages 36 photos Griffin Publishing Ca. 544 West Colorado Strees Glendale, CA. 91204 Phone: 1-800-826-4849 The Olympic Games crown the its quadrennial decathlon champion as the "World's Greatest Athlete." The Chippology of those legends, the likes of Jim Thorpe Bo Menias Wit Campbell, Rafer Johnson, Bruce Jennet, By Townson ad I ale. Townson is well known. They have richty diep ea their beling. There have been eighteen opportunities to earn the title bit co Sweden's King Gustav V ordained Thorpe in 1912 by proclaiming, "You Sir are the finest athlete in he world."

The accounts of the Olympic decathlon winners have been told and there is no attempt to minimize or downplay their accomplishments. Their victories were earned, deserved and even more remarkable for the variety of hurdles they overcame. They are the Olympic Champions.

This book is the Olympic's counter history, the story of the forgotten, the lost, the ignored. It portrays eleven Olympic decathlon "favorites", almost all of whom the reader is unlikely to have heard of. Circumstances beyond their control, not lack of talent, kept these athletes from the Olympic starting line. Wars, professionalism, politics, boycotts and injuries ruined their Olympic Opportunity. As good as advertised in their era, they were free spirits, iconoclasts or simply victims.

One athlete you are likely to be familiar with is Dan O'Brien, the Klamath Falls, Oregon and Moscow, Idaho native who was one half of Reebok's 1992 "Dan or Dave: To be Settled in Barcelona" advertising campaign which came apart when O'Brien suffered a

stress fracture before the 1992 U.S. Olympic Trials, competed regardless and subsequently missed his opening vault height. In the intervening seasons Dan has won several IAAF World Championships and set the world decathlon record. O'Brien, unlike his ten predecessors, will have a second opportunity, in Atlanta

This book can be encreed by any sports, track, Olympic of deather fine you'l enjoy the human stories of men who were the World Freater Athletes but were denied the opportunity to prove it.

TABLE OF CONTENTS

Prologue Chapter #1 Dan O'Brien U.S.A. 1992 #2 J. Austin Menaul U.S.A. 1912 #3 Charles Hoff Norway 1928 Fait Elkins U.S.A. 1928 Hans-Heinrich Sievert Germany 1936 #6 Bill Watson U.S.A. 1940 #7 Heino Lipp' Estonia 1948 Russ Hodge U.S.A. 1968 Guido Kratschmer F.R.G. 1980 #10 Bob Coffman U.S.A. 1980 #11 Siggi Wentz F.R.G. 1988 **Epilogue** Appendix

Please send me a copy of: OLYMPIC GLORY DENIED for \$ 18.95			
(please print)			
Name_	1	bu.	
Mailing Address			
CityState	Zip		
add \$1.50 per copy for Postage and handling. Total Number of copies ordered:x \$ Postage & handlingx Total due:	18.95 =\$_ 1.50 = \$_	7	_
Make checks payable to: Frank Zarnowski, and Ave, Emmitsburg, MD 21727 USA.	mail to 58	8 Sec	ond

Olympic Glory Denied will be available June 1, 1996 at your local book store or from the author. Bulk rate information available from author at 1-301-447-6255. Price and publication date are subject to change. Prices expressed in US \$.

Allow three weeks for delivery.

ABOUT the AUTHOR:

Dr. Frank Zarnowski is an authority on multi-events and track and field history. His first book, The Decathlon: a colorful history of track & field's most challenging event, Liesure Press, 1989 is the sports definitive work. Dr. Zarnowski has served as color commmentator for many televised track and field meets including the 1992 Triplecast coverage of the Barcelona Olympic Games. 'Dr. Z' is professor of economics and former Graduate Dean at Mount St. Mary's College, Emmitsburg, MD, America's oldest independent Catholic college. His economics doctorate is from Lehigh University and he has done post graduate work at both the University of Chicago and Oxford University.

> Checks or Money orders only. Checks must be drawn on US banks.

CONTENTS

DEPARTMENTS

USATF Officers3
Letters to the Editor 4
NMN Sustainers 4
Third Wind 6
Foot Beat 8
Masters Racewalking 10
Fifteen Years Ago 10
On the Run
Ten Years Ago 13
The Weight Room 14
Training Advice16
Five Years Ago16
New Age Group Athletes19
Countdown to Durban 20
WAVA Officers 20
WAVA/USATF Specs21
Masters Scene
Schedule 23
The Masters Wizard26
All American Standards27
Results

FEATURES

National Championships 1
East Regionals7
Boston Masters Meet7
Olympic Marathon 8
Throwers Only Meet 9
Utica Boilermaker 15K 9
Northwest Regionals 11
Highlights of Nationals 15
National Age Group Records 15
Olympic Reflections 18
Largest 1995 Road Races19
National Champions 32

ENTRY FORMS, ETC.

Olympic Glory Denied2
NMN Subscription Form4
Master Board5
Senior Olympics
Better Health Clinic7
NMN Advertising Info 7
YWCA8
On Track9
Racewalk Championships 11
Publications Order Form 13
Rankings Book
Sports Travel International 20
Ski & Travel International 21
Age Record Book 22
Current Phone Numbers 24
Age-Graded Tables 25
Etonic 40



NATIONAL MASTERS NEWS The official world and U.S. publication for Masters track & field, long distance running and race walking. Photographers: Vic. Sailer (NY) Tesh Teshima

Editor and Publisher: Al Sheahen Senior Editor: Jerry Wojcik

Office Manager: Suzy Hess 541-343-7716 Fax: 541-345-2436

Associate Editor: Angela Egremont Assistant Editor: Jane Dods Circulation Manager: Stark Services Advertising Manager: Sue Hartman 610/967-8316

Sales Representatives:

Karen Jennings 610-967-8758 Lisa Fronti 610-967-8896

Production Manager: Carol Covey
Production: American/Foothill Publishing Co.
Track & Field Records: Pete Mundle
Long Distance Records: Road Running
Information Center

Racewalking Records: Bev LaVeck
Track & Field Rankings: Jerry Wojcik
Contributing Editors: Hal Higdon, Dr. John
Pagliano, Mike Tymn, Elaine Ward

Correspondents: Ruth Anderson (CA), John Boyle (FL), Bob Fine (FL), Courtland Gray (TX), Carol Langenbach (WA), Marilyn Mitchell (NY), Phil Mulkey (GA), Pete Taylor (VA), Mike Tymn (HI), John White (OH), Maury Dean (NY), Phil Raschker (GA), Mike Polansky (NY), Paul Murray (NY), Jim Oaks (AL).

International Correspondents: Jorge Alzamora (CHI), Cesare Beccalli (ITA), Leo Benning (RSA), Hari Chandra (SIN), Bridget Cushen (GBR), Martin Duff (GBR), Don Farquharson (CAN), Jim Tobin (NZL), Jacques Serruys (BEL).

Photographers: Vic Sailer (NY), Tesh Teshima (HI), Jerry Wojcik (OR), Hank Kiesel (MO), George Banker (MD), Charlie Kluttz (NC), Suzy Hess (OR).

Creative Art: Eugene Paasinen, Herb Parsons

The National Masters News (ISSN-0744216) is published monthly, with an annual subscription rate of \$26.00. Main office address: 14155 Magnolia Blvd. #338, Sherman Oaks, CA 91423. Mailing address: P.O. Box 50098 Eugene, OR 97405. Second class postage paid at Van Nuys, CA 91409.

The National Masters News is an official publication

The National Masters News is an official publication of USA Track & Field and of the World Association of Veteran Athletes. As an independent publication, its editorial policy is not necessarily that of USATF or WAVA

USATF is a major funding supporter of NMN. Executive Officers of USATF: Larry Ellis, President; Ollan C. Cassell, Executive Director.

The National Masters News is devoted exclusively to track & field, long distance running, and race-walking for men and women over age 30. Each month it delivers 32 to 48 pages of results, schedules, entry forms, age records, rankings, photos, articles, training tips, and all the inside scoops and information that affect the world of masters athletics competition.

Some masters events are sponsored by USATF, the national governing body for athletics in the USA. Some are sponsored by individuals, clubs or other senior organizations.

Generally, anyone age 30 or over may come to a masters event and participate. Some events are limited to age 40 +, 50 + or 55 + (please check the schedule for details). Some events require advance registration. Some require a current USATF card (\$7 to \$12 per year, depending on the region). To inquire about a USATF card, call USATF in your area, or 317/261-0500. There are no qualifying standards for most masters athletics events.

NMN welcomes contributions — results, schedule info., photos, letters, articles, and opinions. Manuscripts should be typed, doubled-spaced, but legibly handwritten material is also acceptable. Results should be typed, single-spaced. Please include a stamped, self-addressed envelope if return is desired.

Subscriptions: A one-year subscription (12 issues) is \$26.00 (mailed 2nd class). Add \$16 for 1st class (USA & Canada) or \$19 for foreign air mail. Please send all correspondence on subscriptions to NMN, P.O. Box 16597, No, Hollywood, CA 91615. 818/760-8983.

Address change: At least four weeks is required for a change of address. Please furnish your new address and an old label from a recent issue.

Disclaimer: All advertisements and articles printed in the National Masters News are believed to be from reliable sources. However, the opinions expressed by individuals or advertisers are their own. No statements made in any advertisement or article are to be necessarily construed as a recommendation or an endorsement by NMN.

Advertising information and rates: Please call 610/967-8316 and request current rate card. Send all printed material and ad copy to: NMN, P.O. Box 2372, Van Nuys, CA 91404. Closing date for all copy and ad space reservations is the 10th of the month prior to the cover date.

Mailing: The issue is mailed the last week of the month prior to the cover date.

Postmaster: Send address changes to: National Masters News, P.O. Box 16597, No. Hollywood, CA 91615.

National Masters News, P.O. Box 50098, Eugene OR 97405. Phone: 541-343-7716; Fax: 541-345-2436.

NATIONAL MASTERS OFFICERS OF USA TRACK & FIELD TRACK & FIELD

Chairman:

Barbara Kousky 5319 Donald St. Eugene, OR 97405 (541) 687-1989

Outdoor and Indoor Meets:

Scott Thomsley
18 Colgate Drive
Camp Hill, PA 17011
(717) 737-2385

Multi-Events:

Rex Harvey 160 Chatham Way Mayfield Heights OH 44124 (216) 446-0559 (H) (216) 531-3000 X3366 (216) 531-0038 (Fax)

Secretary:

Marilyn Mitchell 330 E. 46 St. #4C New York, NY 10017 (212) 697-8216 Treasurer:

Madeline Bost P.O. Box 458 Ironia, NJ 07845 (201) 584-0679

Records:

Pete Mundle 4017 Via Marina #C-301 Venice, CA 90291

Rankings:

Jerry Wojcik P.O. Box 50098 Eugene, OR 97405

Weight Events:

Ken Weinbel 4103 Hillcrest Ave., S.W. Seattle, WA 98116

Racewalking:

Bev LaVeck 6633 N.E. Windemere Seattle, WA 98115 (206) 524-4721 Team Manager:

Sandy Pashkin 301 Cathedral Pkwy. No. 6U New York, NY 10026 (212) 666-8603

Rules Coordinator:

Graeme Shirley 11212 Via Carroza San Diego, CA 92124 (619) 292-6132

All-American Standards:

Bill Wood 2211 San Antonio Place Santa Clara, CA 95051 (408) 246-4271

Regional Coordinators:

Haig Bohigian 225 Hunter Ave. North Tarrytown, NY 10591 (914) 631-1547 Southeast:

Phil Mulkey & Phil Raschker P.O. Box 71022 Marietta, GA 30007 (770) 973-3825

Midwest:

Mel Larsen 2316 Willemoure Springfield, IL 62704 (217) 546-2909

Mid-America

Tom Thorne 525 Oak Ridge Dr. Neosho, MO 64850 (417) 451-7417

Southwest:

John Head 21024 Cedar Branch Garden Ridge, TX 78266

West:

Hugh Cobb 3180 Camino Arroyo Carlsbad, CA 92009 (619) 436-7696 Northwest:

Marti Skaer 5535 E. Evergreen Blvd. #7401 Vancouver, WA 98661 (360) 693-2256

Awards:

Don Austin 3703 Electra Drive San Antonio, TX 78218 (210) 826-7538

Law Chairman:

Bob Fine 3250 Lakeview Blvd. Delray Beach, FL 33445 (407) 499-3370

WAVA Delegates:

Barbara Kousky
Jerry Donley
Scott Thornsley
Alternates:
1) Ken Weinbel
2) Joan Stratton
3) Marilyn Mitchell

- LONG DISTANCE RUNNING

Chairman:

Charles DesJardins
P.O. Box 2281
Carson City, NV 89702-2281
(702) 884-9448

Vice Chairman Men:

Jerry Crockett 1124 W. Eskridge Stillwater, OK 74074 (405) 372-4010

Vice Chairman Women:

Ruth Anderson 1901 Gaspar Drive Oakland, CA 94611 (510) 339-0563 (h) Secretary:

Carole Langenbach 4261 S. 184th Street SeaTac, WA 98188 (206) 433-8868

Treasurer:

George Vernosky 5004 Glen Cove Pkwy. Bethesda, MD 20816 (301) 229-8391

Road Records & Rankings:

Basil & Linda Honikman Road Running Information Center 5522 Camino Cerralvo Santa Barbara, CA 93111 (805) 683-5868 Championships:

Mick Midkiff 4901 Pine St. Bellaire, TX 77401 (713) 667-2902 Fax: (713) 667-2718

Law and Legislation: Mick Midkiff (address above)

Championship Stats:

Norm Green 405 Curtis Ct. Wayne, PA 19087 610-644-4053 Awards:

Ruth Anderson - Women (address above) John Boyle - Men P.O. Box 1824 DeLand, FL 32721 (904) 736-0002

Rules Coordinator:

George Kleeman 5104 Alhambra Valley Rd. Martinez, CA 94553

WAVA Delegates:

(address above)

Ruth Anderson, Norm Green

IAAF Veterans Committee: Charles DesJardins



BRIEF MOMENT OF OLYMPIC GLORY

After watching television coverage of the arrival of the Olympic torch in Miami on July 4, the magnitude of what being a part of this historic event meant, started to hit me. I had known for many months that I had been selected as one of the 50 torchbearers to represent the Broward County community. Even after talking to a gentleman by the name of Eric Frisch, who carried the torch in Berlin, in the 1936 Olympics, I still did not have any idea of what to expect or the feelings I would have

I was assigned to run in North Miami early in the morning on July 5, the 70th day of the running with the torch on its way to Atlanta. On our way to the start, I took a wrong turn that put us directly in front of the route where the torch had already started its run for the day. In the predawn light the Torch Relay procession was truly an awesome sight - the police escorts, TV cameras, and helicopters flying overhead, not to mention the crowd up early to catch a glimpse of history in the making. The anticipation of what I was about to be a part of began to take

The briefing aboard the shuttle bus at 6:45 a.m. gave us instructions, but it also put everything into its proper perspective, letting us know (in case we didn't already) how strong and powerful this symbol of the Olympics was. I was ready! Just the thought of holding the torch lit with a flame brought all the way from Greece, gave me goose bumps.

All the other torchbearers on the bus shared the same feeling of excitement and special camaraderie. We were sharing an experience of a lifetime. The shuttle bus dropped me off at my relay point. Merely stepping off the bus made me feel like a hero - the spectators crowding around, asking questions, wanting to have their picture taken with me with the torch, and wanting to touch it. There was a compelling degree of emotion as the crowd gathered, both visitors and locals, creating a patriotic, festive and neighborly atmosphere.

Then it was my turn to accept the flame from the runner passing it to my torch. Running down the road with the Olympic Torch held high above my head, the crowd cheering and waving, I felt the honor and pride usually reserved for those taking part in the actual Olympics. It was all over in a few minutes - my brief moment of Olympic glory, but one that I will never forget. One of the proudest and most memorable moments of my life!

> David Bowden **Torchbearer**

(Bowden, 51, is a health and personal fitness instructor at Boyd H. Anderson High School, Lauderdale Lakes, Fla. Several subscribers who were Olympic torchbearers have written expressing their feelings about carrying the Olympic torch. This letter, we feel, best reflects the emotions experienced by all those who carried the Olympic flame. - Ed.)

MEET CONFLICTS

John B. Bronstein's letter to the editor (July NMN) was long on emotion but very short on facts. Every effort was made to avoid conflict with the throwers meet, to no avail. All John had to do was have the courtesy to call me prior to writing - as Al Sheahen did - to get a full explanation of why the conflict was unavoidable, not intentional. I have always been an advocate of throwers' causes, and as a thrower myself, I would never disregard them.

Here are the facts:

1) Meet directors must follow proper protocol and inform regional coordinators of prospective dates to avoid conflicts - Covino never did so. Had he, I would have alerted him to the fact that July 20 was one of the backup dates for the East regionals;

2) I did not find out about Covino's meet until I got my June issue of NMN on June 8, only four days before finalizing the Eastern date;

3) The scheduled Easterns were canceled at the end of March and three other attempts to reschedule them were unsuccessful;

4) By early June, it was my responsibility to either put on the Easterns or cancel them:

5) The only available location was Randall's Island and the only available date was July 20 - the choice was to cancel the 28th annual Easterns or conflict with the second Covino meet of the year (May 25 was the first);

6) I immediately called Covino to apologize and explain the conflict and offered two options: (a) reschedule his meet, with me picking up all costs of a new NMN ad and related flyers, or (b) find a track near his facility to hold the track and jumping events - he rejected



Len Wallach, fifth M60+ (78:53) in the five mile, and Diana Wallach, first W50-59 (5:44:44) in the marathon, Kilauea Volcano Marathon, Hilo, Photo by Tesh Teshima Hawaii, July 27.

"a" outright, and could not get a track

7) We had no shortage of throwers at the Easterns (about 25) with several age groups having four, five, six, and seven entries.

The big mystery is how Bronstein got word of the July 20 Eastern date in time to get his letter into NMN for the July issue. I didn't get final clearance on Randall's Island until June 12, and barely got the meet application to NMN to beat the publication deadline.

The Bronstein letter also raises questions of journalistic fairness. Should NMN be publishing letters of criticism about an event before it is held, and not giving the meet director an opportunity to provide a response? It is increasingly difficult to find meet directors willing to shoulder the responsibility of putting on regionals. If they are going to be subjected to uninformed and malicious carping by letters in the NMN, they will become

Continued on page 5

NATIONAL MASTERS NEWS Subscription Form

Masters Athletics is booming! The National Masters News is the official world and U.S. publication for masters track & field, long distance running and race walking. It contains

information	you c	an't get anywho	ere else	. Subscribe	Now.	Carlotte Charles
2nd Class rat	tes:			100	11011.	\$1-1 consensus
(USA, Canad	a,	1st Class rates	s:		The state of	☐ Payment
Mexico)		(USA, Canada	1,	Foreign ra	tes:	enclosed
6 months	\$15	Mexico)	Mar.	(Air mail)	Great T	☐ Bill me later
1 Year	\$26	☐ 1 Year	\$42	1 Year	\$45	
2 Years	\$48	2 Years	\$80		\$85	
☐ 3 Years	\$70	3 Years		☐ 3 Years	\$125	to your work
Circl	e appli	cable sports: T	LR	(T=T&F	L=LDR	; R=RW)
Name		10 Shart W. T.				A Park
Address	12 16 16 16 16 16 16 16 16 16 16 16 16 16	AND WALLEY OF THE PARTY OF THE	A. V.	The Park	NEW .	Marie Carlo
City	P.			State	304 W	Zip
Send to: Nati	onal M	lasters News				A STATE OF THE PARTY OF
Subs	scriptio	on Dept.			Or Ca	ll:
The second secon	Box 1		- 5 7 7 5		818/76	0-8983
Nor	h Hall	varional CA 016	15 6507			

Fifteen Join NMN Sustainers

Each month, NMN publishes a list of "sustainers," those who help the National Masters News and masters athletics by making contributions. These extra funds allow us to publish more photos, deeper results, an indepth schedule section, and more.

Special thanks this month go to:

Tamara Betz George Braceland Joseph Carlozzi M. C. Caudwell Charles Covino John Cook Dorothy Ekblad Roy Englert Hal Fairbanks Frank Kishi A. Connor Johnston Richard McCurdy H. Paul Narcessian Philip Oconnell Al Schmidt

Grapevine, Texas Drexel Hill, Pennsylvania Gorham, Maine Reigate, England Ringoes, New Jersey Spring, Texas Lincoln, Nebraska Springfield, Virginia Atlanta, Georgia Los Angeles, California Cape Town, South Africa Wallingford, Pennsylvania Warwick, Rhode Island Naples, Florida Belmont, California

Write On

Continued from page 4

an extinct group. Then everyone, runners, jumpers, walkers, and throwers will have no meets to complain about, and NMN will have no results to publish.

Haig Bohigian USATF East Regional Coordinator North Tarrytown, New York

In the July 1996 issue, Mr. Alex Pappas claimed that the entry form for the USATF Pacific Association Masters T&F Championships hosted by the Los Gatos Athletic Association at Los Gatos High School stated that the age divisions were shown in 10-year increments. This is not true.

It was evident from the meet flyer – published in advance – that there would be mixed age groups. Combining of age groups is very normal for masters meets. This is necessitated by the large number of age groups. If we didn't combine age groups, the meet would go on for ever and increase the cost of producing the meet. This may cause some confusion at the finish line, but the alternative is even less desirable.

The Los Gatos AA is a wonderful group of unpaid volunteers who put this meet on every year for our sports committee. Even though not everything is perfect, I'm quite satisfied with their overall performance. The alternative would be to have a group of trained and paid professionals put on all events for USATF. This would help eliminate many of the problems Pappas has identified. I wonder if he would like paying a \$100 entry fee for each event he enters. I doubt it!

If Pappas believes that putting on a masters track and field meet is easy, I would welcome his bid for one of next year's Pacific Association Masters Track and Field Championship meets.

Eddie Seese

Benicia, California

MASTERS RACEWALKING

We received the National Masters News (Aug. 1996) with comments made by Elaine Ward re the 3rd WAVA Road Race Championships in Brugge, Belgium. We appreciate any comments, even if they are not positive. But this article contains inaccurate information and therefore I want to clarify some remarks:

1. "The day before the race the organizing committee found out that the 5K loop of the road walk course was short..." The course had been measured one month before the race by an official AIMS measurer and certified by AIMS. Since that time NO CHANGES were made. The AIMS measurer was also present during the competition of the walk as a judge. Barbara Dunsford, who did a great job as always in WAVA Championships, was in Brugge to prepare the walk event the day that the course was measured; she was also present one week

Continued on page 8



To post your ad on The Master Board, The Master Board, call Karen Jennings at 610-967-8758 or FAX 610-967-7793.

E.L.I.T.E. CLASSIC SPORTS CAMP. Lake Placid, NY, The Bahamas. Develop your running, fitness, eating & mental techniques with intn'l health expert team. Box 523889, Miami, Fl 33152. 305-854-1065.

GIFTS

WORLD'S GREATEST RUNNER GIFT BOXES. Great for any occasion! Race day, birthdays, holidays. For brochure, write: WGA, 3161 Stockton Place, Palo Alto, CA 94303. (415) 424-9162.

GREETING CARDS

GREETING CARDS AND NOVELTY GIFTS FOR RUNNERS. Send your name and address to receive our new catalog. RUNNING DELIGHTS, Dept. 96 NMN, P.O. Box 94, Wheat Ridge, CO 80034. (303) 232-1308.

Because you love running. .

Dimensional handfinished runner

charm/pendants.

14K Gold 18" Box Chain \$35.00

Shipping & Handling

The California Sports Collection 19744 Beach Blvd., #244-R

Huntington Beach, CA 92648 (714) 960-0982 \$47.50

HEALTH & NUTRITION

NUMBER 1 RATED ANTIOXIDANT.

Amazing product & opportunity.

Looking for new customers &/or independent distributors addressing this 200 billion dollar industry.

(800) 687-3620 TMI 111@aol com.

(800) 687-3620, TML111@aol.com. http://www.usanainc.com.

INTERESTED IN ENTERING THE ZONE SOONER, improving attitude, delaying the bonk, decreasing lactic acid buildup, reducing soreness, increasing endurance? BLUE GREEN ALGAE. (800) 370-6778.

RACES

OCTOBER 20 - DDC Benefit for Youth 5-K Fun Run, New York, NY. Run Committee, 521 West 114th St., Mailcode: 2604, New York, NY 10027. (212) 854-3897.

SPORTS MEDICINE

RELAX PADS AND SPORT WRAPS. 30-day money back guarantee and 1-year return policy. Voice mail - (800) 858-4620, listen, then 8177443588#1, leave name, number and address for brochure.

为为为

"When I'm eating the algae I have more energy, and the harder I'm able to train, the more I'm able to increase my strength and speed, which translates into faster times and improved performances."

Person Martel - Nat'l Stairclimbing Champion & Triathlete

Find out what in the world Super Blue Green Algaetm is and what it can do for your performance. 11 super athletes share their experience on our tape "The Winner's Edge". You can receive a free copy by calling 1-800-723-6480.

"The most important benefit I've experienced is a greater ability to focus, not just in training, but during competition where it really matters."





CALL FOR A FREE BROCHURE 800 T-KWILTS 800 859-4587 will
make
you a
quilt!

Send us

your

T-Shirts

and we

RossCommon Quilts

Boston, Massachusetts • (617) 436-5848

HIP PAIN? SCIATICA? PIRIFORMIS SYNDROME?

ALL OF THESE SYMPTOMS AND MORE CAN BE CAUSED BY A SLIGHT MISALIGNMENT IN THE HIP OR SACROILIAC AREA. BY LYING AND RELAXING ON THE SACRO WEDGY®. YOU HAVE A TOOL TO USE TO HELP CREATE A NATURAL BALANCE. THE SACRUM IS ISOLATED, CRADLED & ELEVATED ALLOWING THE HIPS THE FREEDOM TO DROP. SIMPLE - EFFECTIVE. INVENTED BY A COACH & TRAINER OF 40 YEARS. NOT A QUICK FIX - A DRUG FREE LIFESTYLE. CALL 1-800-737-9295 TO ORDER V/MC. SPECIFY MALE OR FEMALE \$29.95 + \$3 S&H. Companion neck cushion \$12.95.

YOU CAN HAVE A HEALTHIER BACK!



Pride: Virtue or Vice?

ow important is *pride* to success in the athletic arena? Based upon the media coverage of the just-completed Olympic Games, it is very important. The word was frequently mentioned in the NBC coverage of the Games, always with a very positive connotation.

Champion athletes often place pride over profit as the motivating factor that allows them to excel. Nike extols it as a virtue in its commercials. The United States Marine Corps has long attempted to instill pride in its young warriors.

And yet, as the hit movie of last year, Seven, reminded us, if we needed to be reminded, pride is one of the "Seven Deadly Sins."

"Pride goeth before destruction, as an haughty spirit before a fall," we find in Proverbs, XVI, 18. "Pride, the first peer and president of hell," wrote Defoe. "Pride, the most dangerous of all faults, proceeds from want of sense, or want of thought," offered Dillon.

Dangerous Ingredient

Willie Stargell, a Hall of Fame baseball player, had this to say back in 1983: "Baseball players don't survive long on pride. For pride makes you spend too much time gloating on your success or worrying about your failure to learn. Pride is a dangerous ingredient for anyone who has his sights set on a dream. It inhibits your flexibility, stops you from gaining the knowledge you need. It also stops you from learning from your best teacher, your failures."

On the one hand, then, pride is a virtue, and on the other it is a vice. How can we reconcile this dichroism?

So often in the Olympics, we witnessed winners in ostentatious displays of pride – the swimmer who

sneers and with clenched fist punches the air above him, then opens his index finger, this time stabbing the air, to make sure that everyone knows that he is number one; the volleyball player who, after winning his match, beckons to the crowd for a more tumultuous applause; the runner who after breaking the tape extends his arms, palms up and fingers open, seemingly inviting admiration and praise while asking the spectators, "Am I not something to behold?" The spectators usually respond: "Yes, almighty warrior, thou art truly a god amongst us."

When our "gods" mount the victory stand, they give what appears to be a papal blessing to the admiring throngs.

Endzone Dance

Of course, such manifestation of pride, if that's what it is, is by no means limited to the Olympic arena. The endzone dance, the homerun trot with raised fist or twirling finger, that extra slam in a slam dunk, have become commonplace in other arenas and have undoubtedly influenced the younger generations, including the "amateurs" on the Olympic stage.

It hasn't always been that way, though. There was a time not too many years ago when a runner would breast the finishing tape with arms just high enough to clear it, perhaps give an appreciative wave to the crowd in thanks for its cheers, and later humbly accept his award; when a ballplayer

would hit one out of the park and then put his head down and run rather than standing to admire his monster shot; when a touchdown would be scored without all of the chest thumping that goes on now.

Did it all start with Cassius Clay, later to be known as Muhammad Ali? Prior to gaseous Cassius coming on the scene, sports fans were not accustomed to egocentrical buffoonery in the victory celebration. Of course, Ali's emergence coincided with bigtime television coverage of sports and the apparent need to amuse widespread audiences. Such amusement, it was soon learned, resulted in higher network ratings and the networks bought into it. Indeed, Ali's participation in the opening ceremony of the Atlanta Olympics was made out by NBC to be nothing less than the Second Coming, although a few may have viewed it as a karmic lesson.

Two Levels

In 1976, sports philosopher Michael Novak observed that sports had moved on two separate levels: "On the higher plane march Frank Merriwell and all the legions of straight shooters and Christian athletes, self-effacing, gutsy, and victorious: the clean-living, trueblue gentlemen athletes. On the lower plane carouse the avaricious, sexy, aggressive, hedonistic Texans of North Dallas Forty and Semi-tough — the heavy drinking, womanizing, masculine hell raisers . . ."

Today, the former group, now very small in number, is represented by Cal Ripken, Jr., who has to be coaxed to give a tip of the hat, while the latter group is represented by Dennis Rodman, who has to be restrained from building an altar to himself in the middle of a game.

Perhaps arrogance, flamboyance, and showmanship do not go hand-in-hand with pride. Webster's Dictionary recognizes the contradictory nature of the word. "In one interpretation, pride is a sin or vice and the antithesis of humility," Webster's Dictionary of



Synonyms reads. "In the other interpretation, pride is either a virtue or a highly pardonable, even commendable, feeling or quality that is the antithesis of shame and that spurs one to equal or better one's best or gives one rightful gratification."

But synonyms for "proud," according to Webster, include arrogant, haughty, lordly, insolent, overbearing, supercilious, and disdainful.

Positive vs. Negative

The bottom line seems to be that pride can be a positive trait if we are really talking about self-esteem or a solemn and internal kind of pride, but it is negative when it becomes haughty and is put on display.

The vainglorious athletes of today might do well to heed the advice given by the "master" archer in Zen in the Art of Archery, who tells the student: "You know already that you should not grieve over bad shots; learn now not to rejoice over good ones. You must free yourself from the buffetings of pleasure and pain, and learn to rise above them in easy equanimity, to rejoice as though not you but another had shot well. This, too, you must practice increasingly – you cannot conceive how important it is."

A tip of the cap. Isn't that enough?

1996 SAN DIEGO SENIOR OLYMPICS



September 21-29, 1996 * San Diego, California

TRACK & FIELD * Cuyamaca College * 9/29/96
RACE WALKING * Cuyamaca College * 9/29/96
ROAD RACE(5k) * De Anza Cove * 9/28/96
Plus 14 OTHER SPORTS

619-543-9046, Call for an entry form.



M50-54 100m finals, USATF Southeast Regional Masters Championships, Knoxville, Tenn., May 24-25. Joe Johnson #198, Apopka, Fla., won in 12.88. Avital Schurr, #243, LaGrange, Ky., was second, (13:06). Robert Kleemeier, Atlanta, Ga., third (13.75). Photo from Dean Waters

New York City Hosts East Regionals

by HAIG BOHIGIAN

The 28th annual USATF East Regional Masters Track and Field Championships were held July 20 at Downing Stadium, Randall's Island, New York City. The weather was pleasant, sunny at 83 degrees, a bit windy, but with no humidity, luckily sandwiched between days of severe thunderstorms, high temperatures, and humidity. The facility was in top shape with a fast track and good jumping pits. The steeplechase was cancelled due to broken jumps, and the hammer fencing was marginal. All track events were fully automatically timed by Northeast Timing Sports, Inc.



Al Guidet winning the M75 100m (16.0), Visalia Masters meet, Visalia, Calif.

Photo by Glen Williams

Haig Bohigian, USATF Masters T&F East Regional Coordinator, had to put this meet on within a month's time due to four other dates and locations failing to materialize. The turnout (139) was one of the lowest in years, primarily because of conflict with a throwing meet in New Jersey. Every effort was made to avoid the conflict or reschedule one of the two meets, but to no avail. Despite this, the performances were top notch with great competition in most races and jumps, as well as in the throws, particularly in the M60 division.

Norm Cyprus, 58, and Jack Lance, 65, each won six events. Pat Peterson, 70, and Jean Preston, 52, won four events apiece. Three athletes won all three sprints in their divisions with excellent times: Jesse Norman, 45, 12.09, 24.28, 53.67; Larry Colbert, 59, 12.59, 25.63 57.22; and Howard MacMillan, 70, 14.58, 30.89, 75.42. Derek Holloway, 35, turned in the fastest 100m (11.06); Wendell Dickman, 32, the best 200 (21.76); and Tracy Fox, 30, the quickest 400 (49.28).

Sal Allah, 36, turned in a blistering 400-800 double victory in 49.73 and 1:54.24. Tom Kinsman, 43, won the 800 and 1500 in excellent times of 2:03.81 and 4:16.56. Paula Dickson-Taylor, 43, ran a great 800 (2:30.18), and Ruvinla Kelly, 34, won the 200 and 400 in 28.75 and 71.40.

Duncan Littlefield, 32, topped the pole vault field with a 14-6. Bruce Hedenal, 48, won all five throws in his division. Karl Johnson, 44, won the shot (14.79) in a field of five, and the discus (42.30). Len Rosen, 62, took the shot (12.24) in a field of four, and the discus (40.98) in a field of seven. Bill Garrahan, 66, won the shot, discus, and javelin titles. Remo Biagioni, 37,

TRACS-Boston Masters Meet/USATF New England Championships

by STEVE VAITONES

Masters joined a strong mix of top open athletes, including a number of Olympic Trials finalists in the fifteenth annual TRACS Boston Masters Meet and USATF-New England Masters Championships at Northeastern Unversity's outstanding track facility in Dedham, Mass., June 28-29.

Jane Arnold, W55, was the meet's only double record setter, clocking 2:37.16 for 800 and 5:16.87 for 1500. Also setting new meet records for the women were Sheila Purves, W40, in the 1500, 4:47.79; Sally Strazdins, W60, in the 400, 1:21.46; and Ann McGowan, W70, in the 100, 20.94.

Men's meet record setters were Wayne Fisher, M40, 19-8 in the long jump, and a trio of pole vaulters: John Hoogasian, M45, at 12 feet, Buster Byrnes, M50, at 8-6, and Boo Morcom, M75, at 9 feet (just missing at U.S. and world record attempts).

The Timex Masters Relays provided the most spirited competition of the

day between two M40+ clubs. Central Park TC took the opening sprint medley over the Maryland Masters, 3:45.36 to 3:45.89. Maryland (44.64) came back to outdistance both the Boston RC and Central Park (46.32) in the 4x100, with the Maryland Masters eking out a 3:37.49 to 3:38.19 victory in the 4x400.

The USATF New England association office directed the event with the support of TRACS (Treseler Running and Consulting Services) and the cooporation of Northeastern University.

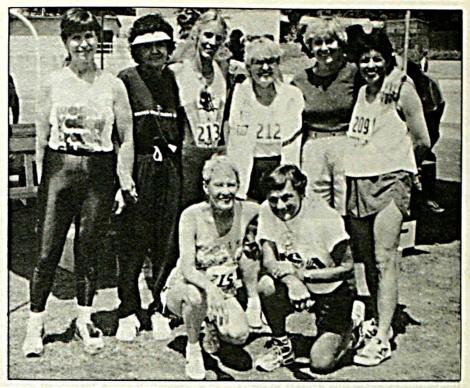
Advertising Information & Rates:

National Masters News 33 E. Minor Street Emmaus, PA 18098 FAX: 610/967-7793

Susan Hartman, Advertising Mgr. 610/967-8316

Karen Jennings, Advertising Rep 610/967-8758

Closing is the 10th of the month prior to the cover date.



Masters women at the Visalia Classic in California, May 18, from left: Barbara Stratton, Helen Ortiz, Tina Stough, Avril Naylor, Chris Miller, Kim Smith; kneeling, Shirley Dietderich, Shirley Kinsey.

Photo from Bob Higginbotham

won in the javelin with a 43.14 and was third in the 100m and second in the 200. Kim Salzer, 42, won the hammer and weight. Carl Reichard, 43, threw the hammer 42.78 after the event was completed.

The overall team title was captured by the Central Park TC, which amassed 97 points. They also won the 40-49 age division title with 41 points (men and women combined scored in five-year age groups). The Syracuse Chargers were second overall with 95 points and won the 60+ division with 54 points. The NY Masters with 32 points won the 50-59 division. The Shore AC with 21 points took the 30-39 division and finished fourth overall with 56 points. The Boston RC was third overall with 57 points. □

"80% of All the Money You Spend on Health Care Will be Spent in the Last Two Months of Your Life!'

Are you as surprised as I was to learn the above fact?

After three decades of athletic competition (that's me below in the late '70s) and 16 years as a health care professional, this information astounded me.

Equally surprising to me is how disproportionate

the top 10 causes of death in America are:

1.	Heart Disease	37.8%
2.	Cancer	19.3%
3.	Stroke	10.3%
7724	Accidents (Non-Auto)	3.0%
5.	Influenza (Pneumonia)	2.9%
	Motor Vehicle Accidents	2.4%
7.	Diabetes	1.9%
7 5 6 6 7	Liver Disease	1.7%
1000	Arterial Sclerosis	1.5%
	Suicide	1.4%

Causes 1 and 3 will take the lives of 48% of the Americans that die this year.

Just imagine, nearly half of the people that die in America this year will be claimed by just these two causes.

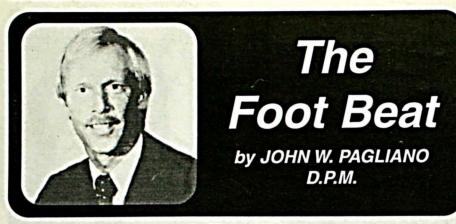
Recently I discovered something new in the fight to save lives. This information will bring you up-to-date on the most comprehensive scientific research ever completed on the prevention of heart disease, stroke and many other health problems.

Please call Dr. Michael Halliday for free information.

Give the gift of life to someone you love.

Better Health Clinic 4415 Byron Center Ave. Grand Rapids, MI 49509

Call (616) 534-4443 Today!



Corns

I'm a 53-year-old female runner. I've had my share of foot problems during my 20+ years as an athlete, but lately I've developed some very painful corns near my toes and on the balls of my feet. What's causing my problem and what can I do to alleviate the condition?

Most of us during our athletic careers will develop corns on our feet.

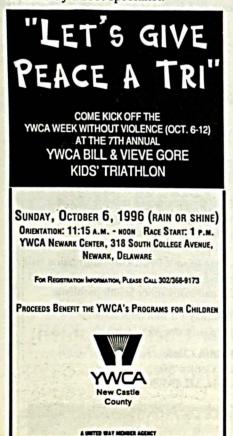
This is the body's natural reaction to the friction that builds up during our training and competitive periods.

Hard corns are circular, conical thickenings of skin that usually appear on the tops of the second and fifth toes, and occasionally are found on the balls of the feet. The tip of the cone is directed inward, and often presses against underlying bony spurs. When the corn is pressed, there is a dull, penetrating pain.

Soft corns are generally found between the toes, most often the fifth and fourth. Again, these are the result of a bony spur beneath the skin. Sometimes sweat gathers in this area and causes a secondary infection.

Treatment of corns is quite basic. First, change to a well-fitting shoe that will cause the least amount of irritation to the affected area. Orthotic inserts can also help relieve the pressure on these sensitive growths.

There are several devices available which can be used to pare off the outer area of the irritating corn. This is a minor surgical procedure and should be done by a foot specialist.



Non-medicated corn pads have been shown to be effective in some instances, while more severe conditions require silicone injections or more extensive surgery to remove the underlying bony irritant."

(Dr. Pagliano is a runner and a podiatrist in Long Beach, California. He is a member of the American College of Sports Medicine. If you have a foot, ankle or Achilles question, write to Dr. John Pagliano, The Foot Beat, NMN, Box 50098 Eugene OR 97415.



From left: Lorraine Gersitz, Mike Scopek, Kevin Setnes, Theresa Daus-Weber, Mark Ritchman – masters members of 100K Team at World Challenge, Moscow.

Photo from T. Daus-Weber

At 41, Moller Finishes 4th Olympic Marathon

by MARILYN J. MITCHELL

Forty-one-year-old Lorraine Moller became the only woman to complete all four Olympic women's marathons, placing 46th in 2:42:22 in Atlanta, July 28, as a member of the New Zealand Olympic Team.

In 1984, in Los Angeles, at age 29, she ran 2:28:34. In 1988 in Seoul, at age 33, she clocked 2:37:52, and in 1992 in Barcelona, at age 37, she produced a 2:33:59, winning the bronze medal.

Named 1995 World Masters Female Runner of the Year by Runner's World, Moller was undefeated as a master last year, posting wins at Falmouth (39:29), Peachtree 10K (33:10), Utica Boilermaker 15K (53:16), Advil Mini-Marathon 10K (33:35), and a world masters best for four miles at the Steamboat Classic in Peoria, IL (21:05).

In 1996, she was the first masters woman in the Boston Marathon in 2:32:02.

Of 86 runners who started the Atlanta race, 55 finished. □

Write On

Continued from page 5

before the race, the day the km marks were set by the AIMS measurer. During a meeting with national and international judges she informed everyone of all the details.

2. "There were no lap counters present... she (Barbara Dunsford) never was made aware of a final last minute course change..." There was NO COURSE CHANGE, as I already made clear, and there were 10 lap counters at the starting line, but Barbara Dunsford decided at the start that she needed more because the rain made it difficult for the lap counters.

3. Concerning Doug Brown (M70 who refused to make the 6th lap, I can only say that the officials made the mistake to register him as a finisher. Doug was well aware that he had abandoned the race.

4. Regarding the comment about the "very attractive plates", which were made in the leading French porcelain factory and which are very expensive, I would like to comment that it depends on the taste of the competitor. It was the intention of the organizers to give a valuable souvenir instead of the normal, sometimes very cheap, medals. A lot of participants appreciated what they received, but we are aware that it is difficult to satisfy everybody. Nevertheless, we are still convinced that, despite the problems that arose during the road walk competition, the overwhelming majority of

participants were impressed with the quality of the races, the kindness of the volunteers and officials, and the friendly atmosphere.

5. At each event, we learn new ways to improve competition for veterans, but we also need to understand that some situations are beyond the control of the organizing committee. You cannot blame the judges or organizers (comment of Mel Lees) for the bad behavior of one male competitor who pushed the South African woman at the start. Barbara Dunsford, as head judge, gave instructions about the race and the rules before the start, and we can assure you that all officials were qualified judges from France, Switzerland, Great Britain, Italy, U.S.A. and Belgium.

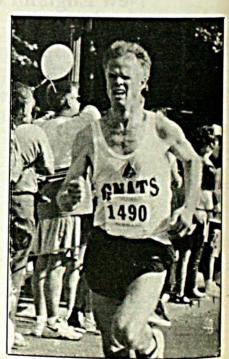
6. Concerning the shortage of awards, we gave more awards than in any previous championships (about 400) and the 12 missing awards were sent by mail the day after the races. We had 2836 individual entries from 42 countries of which 93.4% were foreign competitors.

To all fellow competitors, thank you for your participation and your support, and our apologies to those who did not reach their expectations!

See you in Durban next year.

Jacques Serruys
WAVA VP Non-Stadia

Brugge, Belgium



Ed Ryan, 42, first M40 (35:40) and ninth, Lawyers Have A Heart 10K, Washington, D.C. Photo by George Banker

Originally Scheduled to Command TWA Flight 800, Rumford Finds Unexpected Comfort at Throwers Only Meet

by WALTER ALINA

The biggest stories in July were TWA's fatal Flight 800 and the athleticism typified by the Centennial Olympics. They came together in a most unexpected way at a Throwers-Only meet held July 20 at the Ringoes, N.J., farm of Dr. Charles Covino. The event also demonstrated the healing power that athletics can sometimes bring.

Sam Rumford, 58, of Point Pleasant Beach, N.J., has been a TWA pilot for many years and often commands Flight 800 from Kennedy Airport to Paris. In fact, the only reason he did not pilot Flight 800 on that fatal July 18 was that it was his time to take required flight training. Otherwise, he would have suffered the fate of the others on that plane, including Rumford's First Officer, Flight Engineer, Chief Stewardess, and many friends and close acquaintances.

Despite the shock of the crash, Rumford had a sad obligation to fulfill on the evening of the 18th – attendance at the wake of a friend and fellow athlete. While there, he ran into another old friend, Charles "Doc" Covino. Covino, knowing that Rumford was a thrower, commiserated with him and suggested that he try to put aside his sorrows by participating in a meet which Covino had scheduled for the 20th.

Still an active athlete himself at age 72, Covino was hosting a USATF-sanctioned Throwers-Only meet at his Iron Horse Farm. Rumford declined, saying that he simply couldn't bring himself to participate when he did not know if his friends would even have a formal burial.

On Friday, Covino called and asked him again, saying that even if he didn't participate, it would be helpful if he saw many of his old track buddies. Again Rumford declined. However, at 8:40 a.m., Rumford showed up at Iron Horse. He wore sport clothes and had no intention of participating. But as the day wore on, and he mingled with old friends and watched the activities, he became more and more caught up in the events. Finally, he decided to compete and asked to borrow some track clothes and shoes. The result -Rumford placed second in the M55 age group in the weight throw, shot, and hammer, and third in the discus.

Nothing can lessen for Sam Rumford the horror, the sadness, or the recognition of how close he came to being part of the Flight 800 tragedy. But the ability to lose himself in the competition – even for a short time – is a testament to the healing power of athletics for those who have never lost that thrill.

The meet itself was a huge success. Originally scheduled as a masters meet for throwers age 30-and-over, some of the 119 participants from 15 states were younger throwers who missed the cut for the Olympics. Several ended up throwing far better distances than they had in the Trials. Former Olympians from the U.S.A., Russia, Australia, Israel, and Ireland competed. Twenty-three of the participants were women. Several national records were set, among them was the U.S. single-age record of 75-8 with the 4kg hammer by Dr. Paul Narcessian, 84, of Rhode Island.

Impressed with the attractive venue and congenial atmosphere, the masters athletes persuaded Covino to bid for the 1997 USATF National Masters Weight Pentathlon Championships to be held at the farm. If they are, you can be sure that Sam Rumford will make every effort to participate.



Sam Rumford

Photo by Walter Alina

Jircik, Pozdnyakova Steam in Boilermaker 15K

by JERRY WOJCIK

Karel Jircik, 40, and Tatyana Pozdnyakova, 40, took the top masters prizes in the Utica Boilermaker 15K, Utica, N.Y., on July 14. Jircik, a Czech, who resides in Mississauga, Ontario, Canada, pulled a mild upset in taking the masters title and \$1200 in prize money with a 47:29 from prerace favorites Martin Mondragon, 42, of Mexico, and Antoni Niemczak, 40, of Poland/Rochester, N.Y.

Jircik, a relative newcomer to long distance running, was running in his third U.S. race. In June, he had beaten Niemczak, second here in 47:58, by four minutes with a 68:51 in the Trinity Hospital Half-Marathon. Jircik was almost apologetic for his victory over Mondragon, two-time defending masters champion and favorite to repeat. "He's number one," said Jircik. "I was lucky. He must have stopped or something." Actually, Mondragon had paused near the 5K mark while a spectator rubbed down his sore left calf muscle. Mondragon finished third in 48:16.

Brian Kirkwood, 43, of Scotland, was fourth master but first age-graded M40+ with a 90.2% 48:18. Jircik, Bill Rodgers, 48, M45 winner (50:23), and Fay Bradley, 58, M55 winner (54:48), were the next best age-graded M40+s, all three at 89.8%.

Pozdnyakova, of Ukraine and New York City, running in her first Boilermaker, broke the W40+ course record by 73 seconds with a 52:03, bettering the 1995 time by current Olympic marathoner Lorraine

Moeller, of New Zealand. "This was a great race," Pozdnyakova said through an interpreter. "I wanted to run this last year, but I had difficulty with my visa. I read about this race in a magazine. Everybody's talking about it there, back in the Ukraine."

She won \$1200 also, and took the age-graded title for all masters with a 91.5%. Jane Welzel, 41, Fort Collins, Colo., who also broke Moeller's record, by eight seconds, was a distant second in 53:08.

Barbara Filutze, 50, Erie, Pa., masters winner here in 1988, won the W50-54 race from Nancy Frisillo, 53, New Hartford, N.Y., with a 59:45, worth \$500. Wen-Shi Yu, 61, Kew Gardens, N.Y., won the W60+ race and \$300 with a 72:38. Masters men and women shared equal prize money from the total race purse of \$40,000.

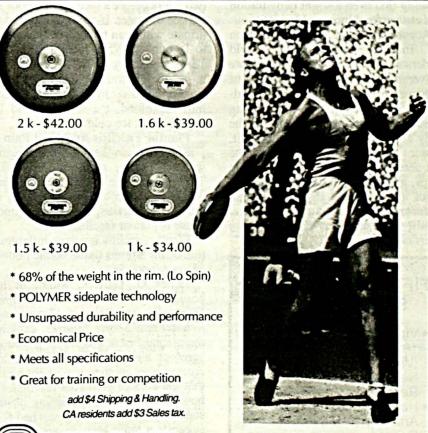
The 19th annual Boilermaker attracted 6400 runners, with 5566 finishers. Among them was Zola Budd-Pieterse, two-time South African Olympian, known for running barefoot and her collision with Mary Decker Slaney in the 1984 Los Angeles Olympics. Now 29, Budd-Pieterse finished third (50:15) to win \$2000.

After having to turn away 2000 entrants in the most successful Boilermaker ever, Earle Reed, the only race director in the event's 19-year history said, "We are considering increasing next year's field, perhaps to as many as 10,000. The demand is there."

The race is always run on the second Sunday in July.

1.7.9801

INTERNATIONAL ATHLETICS DISCUS



Vaulting Poles • Shots • Discus • Javelins • Hammers • Starting Blocks and much, much more!

Call or write for our Catalog:

ON TRACK • P.O. Box 1674 • Burbank, California 91507 1-(800) 697-2999



Heat And Hydration

any people wondered why Atlanta was chosen for the summer Olympic Games. There was concern about the possibility of extreme heat and humidity. (Both were present at the trials at the end of June, but, surprisingly, heat was not a significant factor in the Olympic walks.)

Basic training theory recognizes that it is necessary to stress the body for it to adapt to stress. Accordingly, quite a few of our U.S. Olympic racewalking team moved to LaGrange, Georgia, or other areas close to Atlanta to acclimate to the expected heat. By training in heat, they prepared themselves to compete effectively in the heat. They did not expect to make times as fast as they would in more favorable weather, but they wanted to race at optimum efficiency to maximize their performances.

Training for extreme heat also involved learning to drink water, water, and water. The men's 20K trials winner, Curt Clausen, mentioned that he was continually drinking water as he raced. The importance of drinking a lot of water all of the time during competition is supported by the statistics showing that even a slight dehydration leads to performance problems.

According to an article posted on the Internet, written by David Anderson, a track coach at Iowa State University, "A two percent loss of body weight by dehydration (essentially, the only weight you lose during exercise is water weight) impairs the body's ability to dissipate heat, reduces strength, power, endurance and aerobic capacity. In more precise terms, a two percent water loss means about a ten percent loss in maximal performance, according to Wilmore! Costill in their book *Physiology of Sport and Exercise*."

FIFTEEN YEARS AGO September, 1981

- Vicki Bigelow (W45, 18:14.0) and Jaclyn Caselli (W60, 23:19.2) Establish New 5000 WRs in Western Regionals
- Herb Lorenz, 42, Breaks American Masters 10K Record with a Sizzling 30:41.5
- Ray Hatton, 49, Sets AR for the 3000 (9:02.95) in Mt. Hood All-Comers Meet
- 14th Nationals Draw 500 to Los Gatos, Calif.

As racewalking is an endurance sport, hydration becomes more critical. If an athlete loses 4-5% of body weight, his/her capacity for prolonged effort declines by 20-30%. Many women, who raced in high heat and humidity during the 10K Olympic Trials, became exhausted and collapsed at the finish line. A probable contributing factor: not drinking enough water.

Again, according to Anderson, "The goal is to finish your race at the same weight you started." Coach Mike DeWitt and others have stated that hydration should start well before a race until the urine is clear, and be maintained until race start and during the race. Moreover, drinking replacement fluids after a race speeds recovery time.

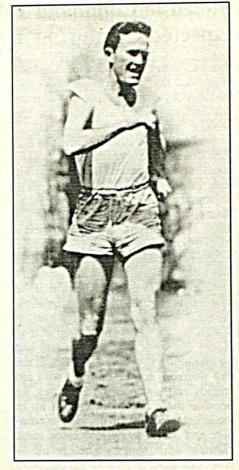
For those who like precise amounts: two hours before a race, drink about 16 ounces of water. If you do not need to urinate within an hour, drink another 8 to 16 ounces. When racing, drink 6 to 12 ounces every 15 to 20 minutes, or more often if training has proved you need it. To foster maximum absorption into the blood, the water should be cool, but not ice cold.

Plantar Fasciitis And Heel Pain

Some racewalkers have problems with irritating, nagging heel pain. Though it can be caused by a pinched nerve or chronic problems such as arthritis or bursitis, the most common cause is plantar fasciitis.

Plantar fasciitis involves inflammation of the fibrous tissue on the bottom of your foot.

James G. Garrick, M.D., in his book, Peak Condition, Winning Strategies to Prevent, Treat, and Rehabilitate Sports Injuries, explains the plantar fascia this way: "If you sit barefoot and relaxed, with one leg crossed over another, you might notice that the arch of your foot resembles a bow (more or less, depending on the state of your arch). A high-arched foot suggests a tense bow, its arrow about to fly. A flat foot resembles more nearly a discarded bow - almost as straight as a piece of board. Pull back on your toes and you can see and feel the bowstring: the plantar fascia. It's a ligament-like rope of fibrous tissue that starts at the heel of your foot and runs along the inside of the sole, where it



Bill Chisholm, 1932 50K Olympian. Now 87, he doesn't compete anymore, but the photo shows the heel-toe walking style of that era.

fans out into little fingers and connects to the metatarsal bones at the base of the toes. It's really dense stuff, each strand about 1/8 inch thick. Its function, among other things, is to maintain the arch by not allowing the ends to pull too far apart – the same thing a bowstring does for a bow."

When you racewalk, the plantar fascia stretches and contracts. Overuse or sudden trauma can cause your plantar fascia to stretch too much. This action can result in microscopic tears in the fascia, inflammation and a piercing pain or burning sensation. The pain can come on gradually or suddenly. It often is worse in the morning when the fascia is stiff, and improves with use.

Plantar fasciitis can be a particular problem to racewalkers with high arches as the fascia tends to be tight. Tight fascia has less give and less shock resistance. It is, therefore, susceptible to overstretching and tearing. As the fascia of walkers with flat feet is not tight enough to hold up the arch, it is less susceptible to injury.

Aging: Aging may be a contributing cause in plantar fasciitis. As you get further along in years, your plantar fascia loses some elasticity. Moreover, the fat pads covering your heel bones thin and are less able to absorb shock at heel contact. This thinning places more stress on the heel bone and the tissues attached to it.

Proper heel placement is a practical preventative. Where overstriding increases the braking impact of the heel on the ground and sends shock waves into the ankle and above, heel contact close to your body reduces impact force and stress. Though many walkers worry that shortening their stride length in front will affect their

race times, proper rolling and pushing foot work combined with proper hip rotation will lengthen the stride in back where the power is.

Racewalking footwork also promotes flexibility in the plantar fascia. By using the foot from heel to toe, the muscles of the foot get continuous exercise. Specifically, the rolling pushing action stimulates circulation in the foot and flexibility in the plantar fascia.

Overuse: Overuse has already been cited as a cause of plantar fasciitis. However, as this is a very common cause, it is important to focus on it. Overuse can occur when you have been injured or physically inactive for a long period of time and begin working out too long and too fast. It can also occur when you try to increase distance or intensity too quickly in an effort to prepare for a 20K race off a 5K base, for example. The bottoms of your feet, like other muscles, respond best to gradual conditioning.

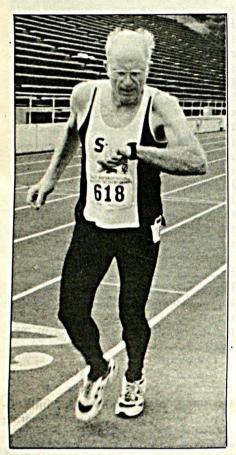
Shoes: Shoes with thin soles, and poor arch and heel support lack shock absorbency. Worn out shoes can also fail to provide needed protection. However, because the ground reaction force in racewalking is typically about 1.6 to 2.0 body weight peak force on impact versus 3.5 to 4.0 for running, less midsole is needed. In fact, the racing flats many elite athletes wear have almost no midsole. When the foot is properly conditioned to racewalking and there is no history of inflammatory problems, the benefits of wearing thin-soled shoes are many. At the same time, more cushioning may be indicated if foot problems exist in the fascia or heel.



Stan Chraminski, 48, strode to an age-graded 83% 24:45.49 5000m racewalk, USATF Northwest Regional Masters Championships, Tacoma, Wash., Aug. 3-4. Photo by Suzy Hess

200 Compete in Northwest Regionals

Over 200 entrants took part in the USATF Northwest Regional Masters Championships/Key Bank Classic held at the Lincoln Bowl, Tacoma, Wash., on Aug. 3-4. In addition to entrants from the region, participants included athletes from New York, New Jersey,



Melvin Preedy, 63, checks his 42:18 in the 10,000, USATF Northwest Regional Masters Championships, Tacoma, Wash., Aug. 3-4. Photo by Suzy Hess

Racewalking

Continued from page 10

Heel Spurs

A flattening of your arch or the overuse cited above can cause your plantar fascia to stretch and pull on your heel bone (visualize Garrick's bow). Occasionally the fascia can stretch and tear sufficiently to cause a heel spur. According to Garrick, "Heel spurs can make spectacular X-rays, a nasty-looking spike of bone up to 3/4 inch long floating in the heel - but in many instances removing the spike isn't going to solve the problem. What will help is removing the pressure on the fascia and getting rid of the inflammation."

Starting next month, this column will resume its interviews with masters athletes. The first will be with Tori Herazo who finished third at the Women's 10K Olympic Trials, June 22, in a time of 48:12, and then flew to Belgium to compete in the WAVA Masters 20K, June 29, finishing first overall with a time of 1:38:06. Tori's upcoming racing schedule is dazzling and she will provide interesting insights on how to train for endurance and speed.

and Florida, who used the meet to hone their skills for the three other major meets in the Northwest in August.

Temperatures had been in the high 90s the week before, but the heat subsided to the comfortable 70s for the meet. A slight rain on Sunday deterred some athletes but didn't slow Steve Robbins, 53, the reigning WAVA M50-54 world sprint champion. On Saturday, Robbins ran the fastest 100m (an age-graded 96.2% 11.70) of all meet M40-and-over sprinters, and, one-and-a-half hours later, followed with another masters best 400 in 52.89. an A-G 95.7%

Pat Peterson, of New York, on her way to the Canadian Championships in Vancouver, the USATF Nationals in Spokane, and the WAVA meet in Eugene, took three firsts in the W70

In the 800, Tom Brinton, 68, was in the A-G international level with a 91.0% 2:31.90. Hurdler Doug Schneebeck won the M35 short hurdles in 16.21 and the long hurdles in 57.80.

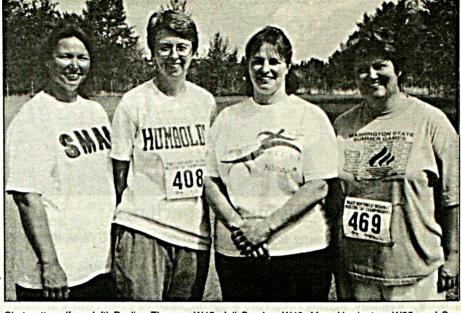
Jennifer Fisher, W35, clocked topranked times in the 2000 steeplechase (7:42.00) and 800 (2:20.50). Guest athlete Madeline Bost, of New Jersey, also on a track tour of the Northwest, ran the 2000 steeplechase in 10:08.14. Dennis Phillips, M50, vaulted to a masters best 13-0.

While runners and jumpers were hampered by Sunday's drizzle, throwers didn't allow moisture to restrain their efforts. Russ Hodge, M55, topped all shot putters, with a 15.20/49-10¹/₂



Barbara Kousky, Masters T&F Champion, presented Elton Richardson, W55, with her award for the outstanding masters female racewalker for 1995 at the athletes' meeting, Aug. 17, USATF Masters Championships, Spokane.

Photo by Suzy Hess



Shot putters (from left) Pauline Thomas, W45, Joli Sandoz, W40, Mary Harrington, W35, and Sue Hinz, W45, USATF Northwest Regional Masters Championships, Tacoma, Wash., Aug. 3-4. Photo by Suzy Hess

weight (8.10/26-7).

mark. Floridian Reed Quinn, also on a Northwest tour, won the M65 shot contest with a 10.80. Neil Saling, M60, doubled in the shot (11.87.38-111/2) and the discus, with a masters best 45.00/147-8.

George Mathews, 53, was the outstanding thrower with the heavy implements, winning in the 35-lb. weight (13.08/42-11) and 56-lb. super-

In the 5000 racewalk on Saturday, Bev LaVeck, 60, strode to a 29:12.74, an A-G best performance of 88.1%.

Ken Weinbel, of the Seattle Masters AC, was the meet director. Sponsorship and support were provided by the Tacoma-Pierce County Sports Commission, KeyBank of Washington, and the Seattle Masters AC.

SOUTH CAROLINA RACEWALKERS PRESENT WAVA NORTH AMERICAN, CENTRAL AMERICAN & CARIBBEAN 8K RACE WALK AND CHAMPIONSHIP AND USATE SOUTH REGION 8K RACE WALK CHAMPIONSHIP

Walk will serve as WAVA North American, Central American and Caribbean championship for Masters men (40 over) and Masters women (35 over) with 5 year age groups. USATF South Region Championship for Junior men and women (20 under) and Senior men and women (21-39).

University of SC Track, Columbia, SC (Marion Street SITE:

DATE:

October 5, 1996 9:30 AM. Late registration: 8:30-9:00 AM day of TIME:

SANCTION: Sanctioned by USATF

Wava medals for first three places in each age/sex group and USATF medals to top three places in each age/sex group in South Region. AWARDS:

MEET HEADQUARTERS: The Holiday Inn Hotel-Coliseum at USC, will serve as meet headquarters. Race packets may be picked up there Friday evening from 6-9 PM. The Hotel offers a rate of \$59.00 per night, mention race. Holiday Inn Hotel, Coliseum, 630 Assembly Street, Columbia, SC Phone No. (803) 799-7800.

\$15.00 registration includes Sweatshirt. \$20.00 late registration, includes Sweatshirt. MAKE CHECKS PAYABLE TO W. R. BAUER. FEES: Send to: W. R. Bauer 823 Calhoun Street

Columbia, SC 29201
For further information call: (803) 256-7777

Official Entry Form - WAVA and USATF So. Region 8K Race Walk

Name	stemate adv	helmanets	us	ATF	P (1-97)
Address	* CONTRACTOR OF THE PARTY OF TH	THE DIFFE		NE BURRY DO	
City	Malanana	State	multe A	Zip	St-vine
Phone	Age_	Sweat	Shirt		
Entry for WAVA		ionBest	8K or	10K Time_	4
In consideration of accept nected with the SK racewalk on ticipation in this race. I here	outober 5, 1996.	from all claims	of Intur	v or damage res	ulting fro
Athlete's Signat	ure:		phane.		

Parent's Signature or Guardian (16 under 10)



The Olympic Experience

"The best reason for going to Atlanta was to prevent NBC from dictating what you would watch."

ithout question, it was near the most exciting track event at the 1996 Olympic Games in Atlanta: the men's 5000 meters, featuring Bob Kennedy, Indiana University graduate, America's best chance at breaking the recent African dominance of distance events on the world scene.

And Hoosier Bob have it his best shot: challenging the three top Kenyans at the front of the pack, forcing the pace with them, positioning perfectly off their shoulders, matching every surge, finally snatching the lead with 800 meters to go. The pack bent but didn't break. A gap opened - then closed. In the final lap (which Kennedy would run in 58 seconds), the pack swallowed Kennedy and spat him out the back.

Burundi's Venuste Niyongabo won in 13:07.96, ahead of Kenya's Paul Bitok and Morocco's Khalid Boulami. Defending champion Dieter Baumann of Germany snatched fourth, ahead of Kenya's Tom Nyariki. Kennedy hung on for sixth in 13:12.35. In the ultimate test for any athlete, the Olympic Games, Kennedy had done everything he could, had run the perfect race, but had bumped up against a group of runners with better sets of wheels than he could muster - at least on one warm night in Atlanta.

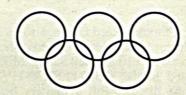
I had watched the 5000 on the final night of track at the Olympics from a seat on the back of the turn, near where they start the 200 meters, just below the flaming Olympic torch. I was about as distant from the finish line as you could sit and still be in the stadium, yet the seat cost \$133.

It was worth it. **Hunt For Gold**

Sitting beside me was Rich Stazinski, an Indiana University runner I coached off-season. With an American in the hunt for the gold medal, crowd support had been intense. As the pack circled the track, a wall of noise circled with them above. This was intensity experienced usually only at track meets in Oslo, Brussels, Zurich. "Go, Bob!" Rich screamed each lap, and when his hero failed - if one can use that word to describe Kennedy's effort - Rich slumped in his seat, drained of energy, both disappointed because Kennedy had not medalled, yet exhilarated because he had come so-o-o close.

"I wonder where America is going to get its next Bob Kennedy?" mused

"He's watching on TV right now," I



replied, confident that some youngster still in school would become inspired by Kennedy's effort and both fill his shoes and step on his shoulders to attain a gold medal at some future Olympic Games, maybe Sydney, Australia, in the year 2000.

Alas, I was wrong. NBC - wise in the ways of the American public - had decreed that the men's 5000 meters was not worthy of our attention. Some basketball players from the NBA were playing what for them was an exhibition game that evening. They received the coverage that might have inspired a generation of American distance runners. Although NBC offered a portion of the 5000 in a replay after midnight, few people got a chance to see Kennedy's great run.

Obscure Athletic Achievement

That, more than anything, is what had convinced me to attend the Olympic Games in person: the contempt of the mainstream media and sports public for track and field. I didn't want NBC - or its advertisers - to dictate what events I could and could not watch. I enjoy watching rhythmic gymnastics and beach volleyball and synchronized swimming and even (sometimes) NBA basketball. I just didn't want them getting in the way of track & field, which gets little feature coverage in the United States because (in all honesty) a relatively small number of us give a Rhett-Butlerian damn.

The Olympic Games, of course, is the ultimate stage for obscure athletic achievement. Regardless of the sport, when the best of the world come together, it catches even the attention of people who hang out in sports bars.

On four occasions, I've attended the Olympics in person: Rome in 1960; Mexico City in 1968; Los Angeles in 1984; and Calgary (for the Winter Games) in 1988. Each trip provided memorable moments. But you can't deny that attending the Games can be:

a) time-consuming, and b) expensive. I had planned to go to Barcelona in 1992 with my family until the price of the Track & Field News tour for which we had held reservations for four years jumped at the last moment from \$3,000 to \$5,000. In many respects, the Olympic Games are not about sports; they're about money.

For that reason, I attended the Olympic Trials (both marathons in February and track & field in June), figuring that would provide at least a taste of the Olympics at bargain prices. (Many T&F fans consider the Trials even more exciting than the Games; at least Americans always win!)

Finding Tickets

Yet the Trials merely whetted my appetite. In August, I found myself back in Atlanta for at least the final week of track competition despite not having bothered to secure tickets in advance.

Finding seats in the stadium, thus, became my Olympic competition. I located a ticket for Monday on the Internet through the Dead Runners Society. Someone seated in front of me that night had two tickets for a morning session to sell. I encountered Kennedy's coach, Sam Bell, leaving the stadium one evening. He offered two tickets from his surplus. I paid \$80 to a scalper for a \$64 seat for Friday, a bargain it turned out, since the seat offered a close view of the water jump for the steeplechase and pole vault, contested that night. Rich Stazinski had an extra ticket for Saturday and also located tickets for two other ses-

The face value cost for seven Track & Field tickets was \$480. Billy Joel once said in a song: "You don't need the new fashions, honey; all it takes are looks, and a whole lot of money."

The main arena for ticket buying, selling and trading was at the intersection of Peachtree and International Streets, in front of Planet Hollywood and the Hard Rock Cafe. Most of Atlanta's downtown had been blocked to traffic, so scalpers crowded the intersection as did those seeking tickets. Want to see those NBA stars or attend the closing ceremonies, no problem. Equestrian sports, you got it. Tickets to the gold-medal baseball game were plentiful, especially after the American team failed to make the finals.

Many in the media would complain about Atlanta being crowded and overly commercial, but that became part of its appeal to me. There was an electricity in the air that I couldn't remember from previous Olympics. I hung out among the scalpers, reveling in their action. Still, when it came time to visit Olympic Centennial Park, I balked. I started in that direction, but all I could see was a sea of heads, like the scene from the back row of the Boston Marathon. I dropped out and fled to an uncrowded pasta restaurant on the outskirts of the downtown area to wait for the evening session to begin.

1932?

If there was one race more exciting

than the men's 5000, it was the 200, featuring Michael Johnson. Even NBC wasn't going to skip the climax of Johnson's 400/200 double. Despite the presence in the field of Namibia's Frankie Fredericks and Trinidad and Tobago's Ado Boldon, there seemed little doubt who would win. It was like attending a coronation, everything scripted in advance.

Johnson burst from the blocks, but for much of the turn, Fredericks and Boldon seemed to stay close. Then on the straightaway, Johnson moved effortlessly ahead to win by a margin that seemed inconceivable in an

Olympic final.

I glanced at an electric clock that displayed the numbers: 1-9-3-2. And I thought, "Why are they showing 1932 (the year of the Olympics in Los Angeles)? This is 1996." Then it dawned on me that Michael Johnson had run 19.32! That obliterated Johnson's previous world record, set in the Trials, of 19.66 and made anything you had paid a scalper for admission to the stadium well worth the price.

At the post-race press conference, bronze medalist Boldon had the best line: "I accepted the fact that the fastest man in the world was the winner of the 100 meters. Now I believe the fastest man alive is sitting to my left."

Contempt

Boldon demonstrated class in losing. Not everybody else at the Olympics did. Consider for a moment Mark Davis, he of the tattoos and pierced body parts. In the 3000 meter steeplechase, Davis finished last, lapped by the winners. No disgrace; he had made an Olympic final. But coming to the water jump on his final lap, Davis decided to play to the crowd by doing a belly-flop. Big splash. Ha, ha!

Nike's Phil Knight reportedly was angry at Davis for disparaging remarks made about Steve Prefontaine several years ago. Davis retained his Nike connection anyway. May Mark Davis's next shoe contract be with K-Mart.

Thankfully, NBC failed to air Davis's antics. The network can't be entirely faulted for what fans of distance running might consider a total lack of respect, almost contempt for our sport. In his column for Runner's World Daily, commentator Craig Masback attempted to defend NBC's position, citing the fact that the network lost \$100 million televising the 1992 Olympics, primarily because of the "Triplecast" that featured additional sports. Few people subscribed. "NBC is a business entity whose first obligation is to its shareholders," stated Masback. Despite an anticipated \$70 million profit on its telecast from Atlanta, Masback warns that NBC is not likely to change in 2000 or beyond.

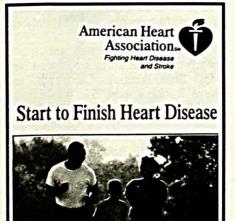
So be it. I have already begun to consider plans to be in Sydney four years from now. We'll find out then whether Bob Kennedy or some other American hopeful will appear to defend America's honor in the distance races.



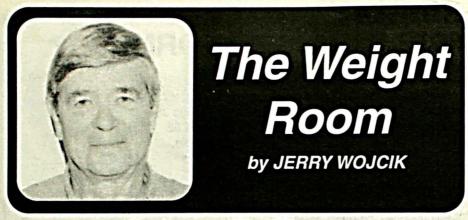
Pete Richardson, winning the 800 with an M60-64 meet record 2:27.7, Visalia Classic in California. Photo by Glen Williams

TEN YEARS AGO September, 1986

- 19th Nationals Draw 761 to New York City
- Canadian Chris McCubbins (30:49) and England's Priscilla Welch (34:27) Finish as Top Masters in Asbury Park 10K
- Boo Morcom Sets PV WR (12-41/2) for M65s in Brown University Meet
- Rex Harvey, 40, Wins National Decathlon With 6262 Points



PUBLICATIONS ORDER FORM Quantity Total (US\$) **Masters Age Records** Men's and women's world and U.S. age bests for all track & field events, age 35 and up, and for all racewalking events, age 40 and up, as of Oct. 31, 1995. 52 pages. Lists name, age, state and date of record. Compiled by Peter Mundle, WAVA and USATF Masters T&F Records Chairman. \$4.00. Masters Track & Field Rankings Men's and women's 1995 U.S. outdoor track & field 5-year age group rankings. 60+ pages. 150-deep in some events. All T&F events. Coordinated by Jerry Wojcik, USATF Masters T&F Rankings Chairman. \$6.00. Masters Track & Field Indoor Rankings (1996) Same as above, except indoor rankings for 1996. 4 pages. \$1.50. **Masters Age-Graded Tables** Single-age factors and standards from age 8 to 100 for men and women for every common track & field, long distance running, and racewalking event. Shows how to conduct an age-graded event. Tells how to keep track of your progress over the years. Compares performances of different ages/sexes in different events. 60 pages, including samples and charts. Compiled by the World Association of Veteran Athletes. \$6.00. Masters 5-Year Age-Group Records Men's and women's official world and U.S. outdoor 5-year age group records for all track & field events, age 35 and up, as of March 1, 1996; 8 pages. Lists name, age, state and date of record. Compiled by Peter Mundle, WAVA and USATF Masters T&F Records Chairman. \$1.50. Masters 5-Year Indoor Age-Group Records Same as above, except indoor records (M40+, W35+) as of December 1, 1995. 3 pages. \$1.00. Competition Rules tor Athletics (1996 Edition) U.S. rules of competition for men and women for track & field, long distance running and racewalking—youth, open and masters. \$12.00. USATF Directory (1996) U.S. Bylaws and operating regulations. Includes names and addresses of national officers and staff, board of directors, sport and administrative committees, etc. \$12.00 IAAF Scoring Tables Official world scoring tables for men's and women's combined-event competitions. \$12.00. IAAF Handbook 1996/1997 rules and regulations handbook. \$15.00. WAVA Handbook (1994-95) Contains WAVA Constitution and By-Laws, a history of Veterans Athletics, and World Records as of January 31, 1994. 180 pages. \$5.00. **Masters Racewalking** Thirty American coaches and athletes share ideas on Technique, Training and Racing. This book is a unique and complete resource. Edited by Elaine Ward. \$15.00. USATF Logo Patch 3 color embroidered 4" x 3". \$4.50. USATF Race Walking Patch. 3-color embroidered 4" x 3" with gold trim. \$5.50. USATF Cross Country Patch. 3-color embroidered 4" x 3" with gold trim. \$5.50. USATF Lapel Pin. 3-color USATF Logo on 7/8" soft enamel lapel pin (nail pin back with military clutch). \$5.50. USATF Decal. 3-color. 3" x 2-1/2". \$2.00. Guide to Prize Money Races and Elite Athletes 1996 Published by Road Race Management, the Guide includes elite athlete alphabetical listing (including masters) with over 800 addresses and phone numbers, calendar for over 400 prize money events, and more. \$56.00. **Running Research News** Bi-monthly newsletter. Contents include the latest scientific information on endurance training, sports nutrition, and injury prevention. \$30.00 per year. **Back Issues** of National Masters News Issues: ____ \$2.50 each. Postage and Handling Overseas Air Mail (add \$5.00 per book) National Masters News Order Dept. Send to: P.O. Box 50098 Eugene OR 97405 Name Address _____ City _____State ____Zip __



Spokane – The Throws

he first throws contested at the Nationals in Spokane on Thursday were the women's javelin and shot. A surprise entrant in the javelin was Kate Schmidt, 42, two-time bronze medalist in the 1972 and '76 Olympics, who broke the U.S. W40-44 record with a 143-0. Schmidt, out of competition for 12 years, underwent ovarian cancer surgery and chemotherapy after the cancer was detected in 1993. A Los Angeles resident, Schmidt, who once held the WR at 227-5, hopes to combine bird-watching and the javelin on a trip to Durban, South Africa, for the WAVA Championships in 1997.

Other U.S. javelin records went to Becky Sisley, W55, Oregon, and Betty Jarvis, W80, Oklahoma.

In the shot, Vanessa Hilliard, Florida, broke the W55 record by a half inch with a 40-51/2. Thirty-nine-year-old Carol Finsrud, Texas, hit the 45-41/2 mark to win her division handily.

On Friday, the men's hammer, following a long national championships tradition was over an hour late. New M65s Joe Chadbourne, Ohio, and Len Olson, Florida, tangled, with Chadbourne the victor with a U.S. record of 155-4. Hilliard stood out with a 153-10, an age-graded 100+%.

Finsrud took another gold in the discus at 164-5 on Saturday. The discus fields in the M45 to M75 groups were large, even by nationals numbers – the M50s had 17 throwers, led by Lloyd Higgins, California, who won with a 171-3. Olson's discus debut as an M65 was a successful one with a 152-11 first of 10 throwers.

Ed Hooker, Oklahoma, starred among the 11-field M70 throwers with



Olympic bronze medalist, Kate Schmidt, won the W40-44 javelin contest with a U.S. record (143-0), USATF Masters Championships, Spokane. Photo by Suzy Hess



Tore Gustaffson, M30, watches his 258-3 hammer throw, KELfield Meet, Santa Cruz, Calif. Photo by Gary Kelmenson

a 35-foot win of 145-4, a U.S. M70-74 record.

The men shot putters on Sunday produced another U.S. record of 44-11/4 by, who else, but Len Olson. Manual White, M80, Montana, 110-9, and Ed Morland, M45, Kansas, 210-1, stuck WRs with the javelin. Ralph Howe, M35, California, took an American record with a 222-3.

The hammer and javelin were held out of the stadium, but this worked out well for spectators. The stands were close to the throwing sites (almost too close for the hammer), and spectators had bird's-eye views. For years throwers in the younger age divisions have been pointing out the inequity of scheduling their events last on the final day when officials and awards are often scarce. It happened again here with the shot and javelin scheduled late on Sunday and both at about the same time! The M30 and M35 javelin throwers finished after 4:00 o'clock. But, officials and awards were plentiful even at that late hour.



Shopping Village tent, USATF Masters Championships, Spokane.

Photo by Jerry Wojcik

937 Compete

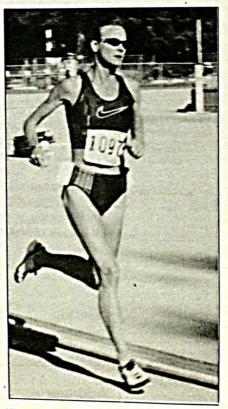
Continued from page 1

who said it was a good meet also had some criticisms. Madeline Bost, New Jersey, who broke the U.S. W55 steeplechase record, said, "The meet has been handled beautifully but the announcing is lacking. There's no background on athletes' bios, and no play-by-play during the event." Racewalker Jeanne Bocci, W50, Michigan, praised the meet but said the 10K racewalk course had too many tight turns.

The first aid facility and massage tent were well-equipped and well staffed.

The 937 competitors came from almost every state and from New Zealand, Hong Kong, Armenia, South Africa, Australia, Ireland, Panama, Bermuda, and throughout Canada.

Attendance was down about 400 athletes (30%) from the 1300 participants at the 1995 championships in



Kim Jones, W35 winner (16:18), USATF Masters Championships, Spokane.

Photo by Suzy Hess



Pete Mundle, USATF Masters Records Chairman, in the M65 5000, USATF Masters Championships, Spokane.

Photo by Jerry Wojcik

East Lansing, Mich. Eight world and eight U.S. age group records were broken or set at East Lansing. In Spokane, five world records and 24 national records were altered.

On the track, a much anticipated match-up in the sprints between new M50 Stan Whitley, California, and Steve Robbins, now 53, Washington, world-record holder and 1995 WAVA Champion, resulted in a win in the 100 for Whitley. He ran an age-graded 96.5% 11.44 to Robbins' A-G 94.4% 11.70 on Saturday. On Sunday, Whitley won the 200 race with an A-G 96.7% 23.07, with Australia's Peter Crombie second in 24.00, an A-G 93.0% performance.

Some of the best spectator races came in the 800. In the M40-44 division, Peter Mogg, California, led a four-man finish to the wire with a

Continued on page 15

Highlights of the Nationals

Some of the top U.S. performers, by division, at the USATF National Masters Championships in Spokane were:

M30

Sprinter Kettrell Berry, Maryland, won both the 200 and 400 and topped it off with a gold in the short hurdles. David Turnbull, Oregon, tripled in HJ, LJ, and TJ. Stan Holman, Spokane, won the 5000 and 10,000.

M35

Paul Fragua, New Mexico, took the 800 and 1500. David Harding, Oregon, won both long races. Ray Blackwell, Pennsylvania, scored an A-G 90.8% in the 400 and skimmed the 400H to victories. Ralph Howe, California, stabbed a U.S. record with the javelin. Mike Blanchard, Colorado, racewalked to wins in the 5000 and 20K.

937 Compete

Continued from page 14

1:59.41 (A-G 90.7%). Daniel Barry, California, was second in 1:59.91 (A-G 90.4%). Julia Reyes, Texas, was third in 1:59.92 (A-G 90.35%), and Rick Barbero, Oregon, fourth in 2:01.16.

Earl Fee, Canada, won the M65 middle-distance races and added the 300 hurdles to his string of victories at U.S. nationals with a 48.48.

Whitley and Mary Libal, W45 world record holder for the 400 and triple-sprint champion here, won the age-graded 100m, in which participants were given handicap starts determined by their ages. Libal, 46, ran an 11.81, to win the women's race. Whitley, 50, ran a 10.38, and Milt Silverstein, 76, Arizona, was second in 10.73 in the men's race.

The meet was covered by the local affiliates of ABC, NBC, and CBS, which presented interviews with ath-



June Machala, Spokane, broke the W65 10,000 WR with a 45:42, USATF National Championships, Spokane.

Photo by Suzy Hess

Kevin Morning, California, was in the A-G 90+% range with 100 and 200 firsts. Pete Mogg, California, fought off tough fields to win the 800 and 1500. Anthony Rodiez, Wisconsin, outdistanced his competition in the 5000 and 10,000. Mark Neal, Washington, had top marks in the SP and DT. Warrick Yeager, California, walked away with gold medals in the 5000 and 20K RWs.

M45

Fred Sowerby, Nevada, dominated the 200 and 400. Richard O'Brien, Washington, ran to the finish line first in the 5000 and 10,000. Javelinist Ed Morland, Kansas, left town with a WR. Stan Chraminski, Washington, doubled in the 5000 and 20K.

Continued on page 16



Bob Higginbotham, winner, M70 (57:23) 300H, USA Masters Championships, Spokane. Photo by Jerry Wojcik

letes during evening and late night news. The Spokane Spokesman-Review ran a pre-meet article featuring Olympic marathoner Don Kardong, director of the massive Bloomsday Run held in Spokane. The paper gave front page coverage with photos in the sports section, focusing on a different athlete every day, and published results three deep for all events.

Part of the success of the meet is attributable to the large numbers of sponsors and financial support from local businesses and individuals, probably the most ever for a national championships. The primary sponsors were Safeco, Seafirst Bank, URM stores, Great Harvest Bread Co., and Liesbeth Nature's Sunshine Matthieu's Products. Vernie Foxley and Maury Ray were co-directors, and were aided by a staff of 20 meet managers and advisors.

Next year's championships will be held in San Jose Calif., on Aug. 7-10, after the WAVA Championships in Durban, South Africa, July 17-27.



Dana Baumgarten (1013) took the W30-34 gold medal from Karen Johnson, 13.66 to 13.69, USATF

AGE GROUP RECORDS SET AT 29TH USA NATIONAL MASTERS TRACK & FIELD CHAMPIONSHIPS; SPOKANE, WASH., AUG. 15-18, 1996

WORLD RECORDS

	Event	Age	New Mar	k Name	Old Mark	Held By
	10000	W65	45:42.98	June Machala	45:49.42	Shirley Brasher
	HJ	W75	1.01	Margaret Hinton	0.95	Sheila Evans
	PV	W75	1.45	Margaret Hinton		AND REPRESENTATIONS
	JT	M45	64.04	Edwin Morland	63.40	Mauri Toivonen
	л	M80	33.76	Manuel White	32.56	Gerhard Schepe
	U.S.	RECO	RDS	calling state	water could	
	800	W55	2:32.33	Jane Arnold	2:39.04	Kemi Solwazi
	5000	W65	22:15.84	June Machala	22:41.8	Jaclyn Caselli
	80H	M80	17.34	Frank Finger	17.5	Russ Meyers
	80H	W70	23.54	Johnnye Valien	47 Edy balin	ETECHNISH BEWELL
	400H	W35	64.40	Joy Margerum	65.13	Joy Margerum
	SC	W55	9:40.58	Madeline Bost	9:52.25	Sally Strazdins
	HJ	M70	1.45	Vince Sempronio	1.44	Walt Dahlin
	НЈ	W50	1.35	Mariene Sachs	1.34	Becky Sisley
	НЈ	W55	1.30	Kathy Bergen	1.29	Christel Miller
	PV	W35	2.51	Angela Neazy	2.44	Phil Raschker
	LJ	M75	4.10	Milt Silverstein	3.93	Herb Anderson
	LJ	W70	3.12	Johnnye Valien	3.11	Mary Bowermaster
	LJ	W75	2.86	Margeret Hinton	2.51	Polly Clarke
	SP	M65	13.44	Len Olson	13.10	Phil Brusca
	SP	W55	12.33	Vanessa Hilliard	12.32	Joanne Grissom
	DT	M70	44.30	Ed Hooker	43.44	Dan Aldrich
	DT	W80	13.50	Betty Jarvis	6.30	Marilla Salisbury
	нт	M65	47.36	Joe Chadbourne	44.48	Lev Mozhaev
	HT	M80	28.74	Manuel White	27.35	Jim York
for	HT	W80	15.22	Betty Jarvis		•••
	J	M35	222.3	Ralph Howe	66.66	Gene Lorenzen
	JT	W40	43.58	Kate Schmidt	42.44	Lurline Struppeck
E.	of JT page	W55	32.26	Becky Sisley	32.04	Becky Sisley
	J	W80	10.66	Betty Jarvis	7.02	Marilla Salisbury
	5KRW	W60	29:02.88	Bev LaVeck	29:29.04	Ruth Eberle
6	5KRW	W65	30:01.91	Ruth Eberle	31:06.00	Ruth Leff
	5KRW	W75	36:18.97	Jana Dana	36:42.80	Imogene Watkins
	20KRW	M70	2:07:10	William Flick	2:07:52	Cokey Daman



On the Road to San Jose

am a 64-year-old 800-meter runner who has not raced in the last two years. I am in the early stages of preparing for the 1997 track season, culminating with trips to the Nationals in San Jose and to the Worlds in Durban, South Africa. I hope that you will join me.

In the 1992 Nationals at Spokane, I finished third in the M60 800. I believe I have learned enough in the past four years to significantly improve my performance. I became a high school 'walk-on' track and cross-country coach. In preparing myself as a coach, I have attended numerous schools and clinics on track and field. One of the advantages of living in Southern California is the availability of track and field information. During the next year, I plan to share much of what I have learned about the finer points of track and field with readers of the National Masters News.

With part of the profit from the 1984 Olympics, the Amateur Athletic Foundation of Southern California was established. The primary goal of the AAF is to train youth coaches in various Olympic sports. I have attended AAF track and field, cross-country and advanced cross-country clinics. By attending a complete, multi-day AAF track and field clinic, I qualified to take the USATF Level I coaches exam. I passed the exam, and I am a USATF certified Level I track coach.

In each of the last three years, I have also attended national track and field coaches clinics with presenters such as Dr. Joe Vigil, Sam Bell, Joe Newton and Russ Rogers. By the time you read this, I will have attended the USATF Level II coaches school at Long Beach State. If I pass the exams, I will become a Level II certified coach. This

FIVE YEARS AGO September, 1991

- 5000 Athletes Compete in IX WAVA World Championships in Turku
- 102 World T&F Records Set in Finland
- 24th Nationals Draw 800 to Naperville, III.
- Senior Sports Classic Lures 755 T&F Athletes to Syracuse

is an intense eight-day school, with classes from 7:30 a.m. to 10:30 p.m. daily.

Bio-Mechanics

As I continue down the "Road to San Jose," I will share with NMN readers my training as well as much of the technical information I have gathered over the past four years. I will outline some of the basic bio-mechanical changes I have incorporated into my running form. I am a fairly smooth runner, and have been somewhat successful. But, I did have some mechanical problems that slowed my turn rate. For the past year I have been working on changing my mechanics and I believe these changes will allow me to run as fast as I did in 1990. I know that my turn rate has improved.

I was averaging about 20 miles per week for the past two years, but had not done any really serious training. Truthfully, I was not very motivated. Now that I am about to move into a new age group, the motivation has returned. In June, I started doing speed work and hard 200- and 300-meter intervals. I have also increased my mileage with more hill running. I have started down the long "Road to San Jose."

Recently, I attended an AAF Advanced Cross-Country Coaches Clinic. One of the sessions was on lactic acid and heart rate monitors. I have been using a monitor for about four years and had read books on this topic, so I was fairly confident that I possessed all knowledge on the subject. I was wrong. I was cooling down incorrectly and didn't know it.

Truthfully, I have never done much in the way of cooling down. When I finish a hard interval session or a race, I am tired and just want to stop and walk. At best, I would walk a lap and then jog a lap or two. Whether I jogged or not, I was usually pretty stiff the next day and it took a long time to get loose. My problem was that I was cooling down too long after I finished.

The session presenter pointed out that the first five minutes after a hard run is the most critical time. The body continues to produce large amounts of lactic acid during that time, and if the heart rate is allowed to fall into the 60% range, the acid will accumulate rather than being flushed out by the

blood. By slowly jogging, the rate will stay in the 70 to 80% range.

Don't Stop

Now, I do not stop at the finish line. I slow jog at least 400m before I stop to walk. For example, in my 200m intervals, I run a set of five, with a 100m jog between each 200. I follow this with a set of four. I used to walk 600m between sets. Now, I continue to jog for at least 400m at the end of the set. I have been amazed at the difference this makes. It is very evident in the first 200 of the second set. I used to be very stiff and sore during that one. Now I am not nearly as stiff and sore. Also, I feel much better when I try to get out of bed the next day and my workouts start much easier.

If you are one who stops at the finish line, try a slow jog instead for a few days. The transition may be mentally tough, but you will probably feel a lot better the next day. When you do have to stop at the finish line in a race, even if you are in a finish chute, continue to jog in place.

For any of you horizontal or vertical jumpers who may be reading this, I will be specializing in those events at the USATF Level II school. In future issues, I will share some of what I learned about jumping.



Paul Fragua, M35, won the 800 and 1500, USATF Masters Championships, Spokane.
Photo by Suzy Hess

Highlights of the Nationals

Continued from page 15

M50

Stan Whitley, California, zipped to wins in the 100 and 200, in this new division for him. Tom Gage, Montana, stunned the crowd with a 200+ HT and himself with a win in the SP. Rex Harvey, Ohio, was top point man in the pentathlon. Jim Carmines, Pennsylvania outstrode the fields in



Warrick Yeager, gold medalist in the 5000 and 20K racewalks, USATF Masters Championships, Spokane.

Photo by Jerry Wojcik

the 5000 and 20K walks.

W55

Walt Butler, California, ran the short hurdles with an A-G 97.5% in a 3.1 mph wind reading and breezed to a first in the 100. Emil Pawlik, Mississippi, outscored the entire day's field in the pentathlon (3675) and leaped to a first in the HJ. Glen Johnson, Tennessee, was the SP and DT winner. John Elwarner, Michigan, took both the short and long racewalks.

M60

Bobby Thomas, California, was the only men's triple sprint champion. Wendell Palmer, Texas, beat large, solid fields in the SP and DT, as did Bob Humphreys in the HT.

M65

Jim Stookey, Maryland, may be the U.S. male athlete of the meet, with six golds in the sprints, hurdles, and jumps. Jim Sutton, Pennsylvania, was the group's distance standout with three firsts. Len Olson, now in this division, grabbed a U.S. shot record and a DT win.

M70

Manny Hersher, New York, a frequent competitor at national championships, became a champion, much to his delight. Vince Sempronio, Oregon, better known as a shot putter, surprised everybody in the HJ with a U.S. record. Jim Forshee, Michigan, swept the distance races. Hurdler Bob Higginbotham, California, took both races and the LJ. Ed Hooker, Oklahoma, returned to Tulsa with a U.S. DT record.

M75

Milt Silverstein, Arizona, is the national champion in the 100, 200, and

Continued on 17

Highlights of the Nationals

Continued from page 16

LJ. Mike Kagan, Texas, went from the short to the long of it with golds in the 400, 5000, and 10,000. Dan Bulkley, Oregon, was even more diverse with wins in the long hurdles, SC, and pentathlon. Paul Geyer, Minnesota, added the 200 to his 5000 track walk victory.

M80

Frank Finger, Virginia, won the 100 and short hurdles. Bob Matteson, Texas, scored wins in the 400 and 800. Manuel White, Montana, hit records in the JT and HT and added a HJ win. Ross Carter, Oregon, again took the SP and DT.

M85

Ted Hatlen, California, is a quintuple champion. Tony Castro, 87, California, is a dual sprint champion.

Dana Baumgarten, Florida, took the short sprints. Lisa Nichols, California, captured three firsts in the 400, 800, and 1500. Pamela Reynolds, Oregon, hit the heights with wins in the HJ, PV, and short hurdles. Elana Bavel-Goldberg, Kansas, blasted the implements to DT and HT bests.

W35

Joy Upshaw-Margerum, Hawaii, showed speed and technique with

records and six wins in the sprints, hurdles, and jumps. Local favorite Kim Jones, Spokane, Olympic trialist, sped to firsts in the 1500 and 5000. Carol Finsrud, Texas, swept the SP and DT, as did Kelly Murphey-Glenn, Idaho, in the 5000 and 10K walks.

W40

Cindy Steenbergen, Texas, streaked to 100 and 200 firsts. Another Texan, Carol McLatchie, won the 1500 and 5000. Ruth Welding, Indiana, took three throw golds, but Kate Schmidt, California, ex-Olympian, speared a U.S. record in the JT. Phyllis Hansen, New Jersey, rambled to both racewalk golds.

W45

Mary Libal, Oregon, triple winner in the sprints, and Pauline Thomas, Washington, with four golds in the throws, were the highlights in this division. Jumper Barbara Stratton, California, won a trio of golds. Marianne Martino, Colorado, ruled the walks.

W50

Sprinter Nadine Lowenstein, New York, took the highest spot on the victory stand three times. Marlene Sachs, Vermont, was all over the place with wins in the pentathlon, short hurdles (a U.S. record) and HJ.



Vince Sempronio (508), after breaking the U.S. M70-74 high jump record (4-4). Ed Holmes (268) was second (4-3'/4) and Arnold Scott third (3-9'/4), USATF Masters Championships, Spokane.

Photo by Jerry Wojcik

Need Back Issues?

Most back issues of the National Masters News are available for \$2.50 each, plus \$1.25 postage and handling for each order.

Send to:

National Masters News P.O. Box 50098 Eugene, OR 97405

DEADLINE

NMN is written by masters athletes for masters athletes. We need and welcome your reports of meets, races, schedules, photos, comments, etc. Deadline for editorial material and advertising is the 10th of the month before date of issue. Send to National Masters News, P.O. Box 50098, Eugene OR 97405



Don Cheek lunged for the finish in the M65 200 but was second (28.03) to Jim Stookey (27.68) in lane 8. Jacob Coy was fourth (28.40). Cheek was the first U.S. M65 in the 400 (60.97). USATF Masters Championship, Spokane. Photo by Suzy Hess

W55

Kathy Bergen, California, struck gold in the 100 and a record in the HJ. Jane Arnold, Connecticut, scampered to 800 and 1500 firsts. The versatile Becky Sisley, Oregon, won the short hurdles, LJ, and JT with a U.S. record. Vanessa Hilliard, Florida, was the dominant woman thrower of the meet with three wins and a record. Racewalker Elton Richardson, New York, won the 500 and 10K.

W60

Rita Kerr, California, swept the three sprints. Christel Miller, California, small but strong, won three throws and the HJ. Clair Ingraham, Idaho, took the 1500 and 5000.

W65

June Machala, Spokane, treated her local fans to a WR in the 10,000 and a U.S. record in the 5000. Californians Sumi Onodera-Leonard and Shirley

Kinsey sparkled, as did Montana's Mavis Lorenz.

W70

Johnnye Valien, California, with five golds and two records, and Pat Peterson, New York, with three firsts get the spotlight here. Louise Adams, Colorado; Dawn Russell, Oregon; Renee Roloff, Arizona; and Joan Rowland, New York; were two-time winners.

W75

New age grouper Margaret Hinton, Texas, took advantage of her youth to post nine wins, including two WRs (HJ and PV) and one U.S., for the unofficial Best Woman Athlete of the Meet Award.

W80

Betty Jarvis, Oklahoma, swept the throws with U.S. records in the DT, HT and JT. Pearl Mehl, Colorado, ran to five firsts, from the 100 to 1500.

-Jerry Wojcik

NOW AVAILABLE

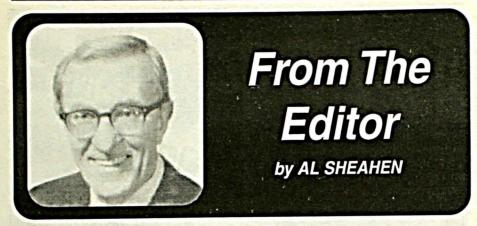
1995 U.S. Masters Outdoor T&F Rankings Book

- Men's and women's 1995 U.S. 5-year track & field age-group rankings.
- 60 pages, over 100-deep in some events.
- · All T&F events.

Send \$6.00 plus \$1.25 postage and handling to:

NATIONAL MASTERS NEWS P.O. Box 50098 Eugene, OR 97405

Name	I G SHEET, REG G	
Adress		
City	State Zip _	S ANT AN



Olympic Reflections

The 1996 Atlanta Olympics reminded me why I love the WAVA World Veterans Athletics Championships. The parade of athletes. The same spirit of camaraderie. The same feeling that, regardless of the cultural and racial differences among the world's people, we're basically all alike. The same dream that if we all pull together on this planet, we can solve our problems of crime, violence, sickness, and poverty.

It's a great time and a great event. Yet I was struck by another similarity to the World Veterans Games. Namely, that different people can come away from the same event with totally different impressions.

I wasn't there in person, opting for the comfort of my living room and TV after being told the track and field tickets were sold out. But reports of the event varied from "magnificent" (mostly from the Atlanta organizers) to "pathetic" (mostly from the foreign press).

The Atlanta organizing committee, despite obvious problems, refused to apologize for the glitches and maintained they were doing an excellent job, much like the Buffalo OC did last year. Both groups were insecure and didn't want to hear any criticism. Of which there was plenty.

Critics cited massive transportation problems, computer snafus, security lapses, hot weather, rain, over-commercialization, price-gouging, and more.

"Atlanta was awful," said Tom Sturak, athletes' manager and masters athlete. "The heat was opressive, but it could have been worse. Atlanta lucked out there."

"The games were much too large for Atlanta," said Charles DesJardins, USATF Masters Long Distance Running Chairman. "The transportation infrastructure was not in place. Commercialism was out of control. I thought I was at a carnival."

The International Olympic Committee ultimately was not pleased. Some said it would be a generation before the IOC would trust another U.S. city to host a summer Olympics.

But there was much in Atlanta that was well done. As in Buffalo, the actual competition at the venues seemed to go remarkably well. And that's probably what counts most.

TV Commercials

Best Olympic TV commercial: Nike's "Give Her a Chance," narrated by women's soccer captain, Mia Hamm. The spot urged everyone to let girls play sports.

Worst Olympic TV commercial: Nike's "You don't win silver, you lose gold." The spot befouled the Olympic spirit espoused by Baron Pierre de Coubertin that participating, not winning medals, is what counts most.

"I am insulted every time I see it," said Olympic swimmer, Amy White. "They're slapping every athlete and every country that doesn't win gold in the face."

USA TV Coverage

Every four years, the Olympics give track and field a chance to boost its sagging popularity in the USA. Even masters T&F tries to piggy-back on the hoped-for boost.

But we must rely on television for the publicity. And while some events and some athletes (Michael Johnson, Carl Lewis, Dan O'Brien, the marathons) were, indeed, highlighted, the sport itself was generally shortsheeted.

The TV coverage was blasted by nearly everyone except NBC-TV. The network, owned by the General Electric Co., paid a fee of \$456 million to the IOC for the exclusive rights to the U.S. market. ABC-TV bid \$430 million. The IOC simply accepted NBC's bid because it was higher than ABC's.

"ABC had a better plan, one that would have provided so much more coverage," wrote Larry Stewart in the Los Angeles Times. "But that didn't matter to the IOC. All that mattered was money."

ABC would have had ESPN and Turner Broadcasting share the coverage. The plan was that ABC would give us what NBC gave us – glitzy prime-time coverage aimed at a female audience – while ESPN, TNT and TBS would cover such sports as soccer, boxing, softball, baseball, and track and field.

NBC said such a plan failed in Barcelona in 1992. But it failed only because the price tag of \$125 per household was too high.

As a result, the NBC coverage of track and field was weak, to say the least. In the sprint heats, we generally saw only those races with Americans. We got zero coverage of the first round and semifinals of the women's 800, despite the presence of well-known runners Suzy Hamilton, Meredith



Britain's Diane Underwood (W256) leads the women's World Veterans 25K Championships in Brugge, Belgium, June 30. She held the lead to win in 1:35:57.

Photo by Steve Smythe

Rainey and Joetta Clark. We got only one heat of the women's 5000 – the one with Mary Slaney – while the heats of Lynn Jennings and Amy Rudolph, both of whom qualified for the final, were ignored.

And so it went throughout the week. We never saw Alvin Harrison in the 400 until the final. We saw nothing of the women's 10,000 heats or finals; nothing of the men's 800 rounds and only one heat of the semis; nothing of the women's 5000 finals, despite the presence of Jennings and Rudolph.

We saw three first-round heats of the women's 400 hurdles, but neither heat of the semis, even though all three U.S. athletes (Patrick, Batten, Buford-Bailey) were still in it.

Needless to say, we saw none of the men's 10,000 final, none of the first two rounds of the steeplechase, none of the men's 5000 heats, and only some of the 5000 finals – aired after midnight on tape – despite the presence of U.S. record-holder, Bob Kennedy, in the race. The seven hours of racewalk competition were condensed into 45 seconds.

Field Events

The field events generally received

short shrift, usually on a tape-delay basis. The drama of Charles Austin's amazing high-jump upset win was condensed into less than three minutes.

Dwight Stones did his best to convey the field-event action in the small amount of time he was allowed. Tom Hammond and Craig Masback, the track commentators, are knowledgeable, but were never very interested in identifying runners in a race unless they were Americans. And they both have the annoying habit of telling stories during the races instead of calling who's first, second, etc.

"The coverage was absolutely abominable," Sturak said.

So, overall, it was a frustrating experience and, as Hal Higdon writes in his column this month, makes you want to plan on going to Sydney in 2000 rather than trying to catch the action on NBC, which has the U.S. rights sewn up through 2004. The network has promised to expand its 2000 broadcast to two other channels, so perhaps the coverage will improve. But don't count on it.

Meanwhile, the network had plenty of time for gymnastics, basketball,

Continued on page 19

From the Editor

Continued from page 18

gymnastics, swimming, gymnastics, diving, gymnastics, equestrian, and, oh yes, gymnastics. Okay, but all but ignored were softball, baseball, soccer, table tennis, badminton, handball, and more.

"It's hard to imagine a narrower focus than NBC gave to these sports," wrote Richard Sandomir in the New York Times. "It aired a short, taped highlight package when the U.S. women became softball champions, while NBC was showing a meaningless gymnastics gala that featured the American pixies writhing to 'YMCA,' which the Yankee Stadium groundskeepers perform better. Not just unfair. Insulting."

"Story-Lines"

Also questionable was NBC's decision to curtail track and field and other events in favor of "story lines," usually 3-to-10 minute vignettes of an athlete overcoming a personal problem.

"NBC's version of the Olympics was fine if you sought mainly a flag-wrapped, U.S. anthemized gist of the Games intersected by lots of throat lumps induced by soapy stories about Olympians surmounting Homeric, lifethreatening obstacles to get to Atlanta," wrote Howard Rosenberg in the L.A. Times. "Couldn't NBC find anyone who'd been pain-free?"

NBC's Ed Markey defended the coverage: "Viewers wouldn't care about the events without these profiles. The Olympics isn't a sports event, it's a drama with a sports theme."

Oh!

It's a good thing NBC doesn't cover baseball. I can hear Bob Costas: "Coming up in the bottom of the ninth for the Dodgers with two out and the tying runs on base is Mike Piazza. But before we see Mike take his swings, let's spend an NBC moment with Mike at home and his special relationship

with his dog."

NBC defended its decision and crowed about "big ratings," arrogantly proclaiming that its coverage, rather than the event, itself, brought in viewers.

The reason 193 million tuned into NBC was not their "terrific story-telling, compelling pictures and the emotional involvement of the audience," as NBC's Don Ohlmeyer claimed, but rather a lack of alternatives

Since when does one choice indicate satisfaction? The main reason the Olympics get big ratings is the build-up they get, some of it from NBC but most from newspapers and magazines.

Some northern-U.S. viewers watched the feed from the Canadian Broadcasting Company, which reportedly showed more action and more hours of air time.

"I saw some of the feed from the BBC (in Britain) and it was wonderful," Sturak said.

Costas and several other NBC commentators often did fine work, but some interviews were embarrassing. Cheers were heard throughout the U.S. when sprinter Dennis Mitchell, asked an inane question by Chris Collinsworth, looked at him incredulously and just walked away.

The network was accused of its usual jingoism. But, in fairness, I did hear the national anthems of two other countries during the two-week period.

Even NBC's "defining moment" of the Games – Kerri Strug's gymnastic vault – was tape-delayed by five hours. NBC's Tom Brokaw and other reporters had announced the results hours earlier.

"Whoever invented the concept of 'exclusive television rights' ought to be strapped to a chair and forced to watch 10 straight hours of commercials, followed by a few minutes of



World Vets 10K Championships in Brugge, Belgium, June 29. Britain's Alun Roper (3121) was the eventual M50 winner in 31:57. Martyn Rouse (3122), also of Britain, placed 3rd M50 in 32:38.

Amero-centric coverage that devotes 80% air time to American gymnasts while the gold-medalist foreigners are squeezed in like an afterthought," wrote Becky Nicolaides in the L.A. Times.

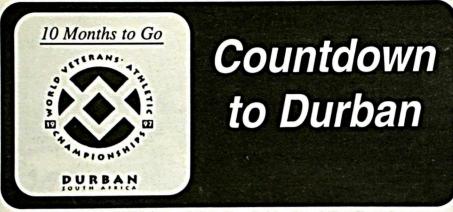
NBC even blew the opening ceremonies. During the emotional parade of athletes, Costas often made snide remarks about some negative aspect of the country or its athletes. NBC didn't think to do what Buffalo so admirably did last year at the World Vets – give a short announcement of the history and

Continued on page 21

ATHLETES WHO ENTER A NEW DIVISION THIS MONTH SEPT. 1996 ATHLETE (RESIDENCE) KEN BAKER (RIDGEWOOD, NJ) BIRTHDATE 9-28-36 60-64

TERRENCE KILMARTIN(GB) RICHARD LEE(EUGENE, OR) RICHARD LEE(EUGENE, OR) RICHARD LEE(EUGENE, OR) SYDNEY MAREE(US) PAUL NARCESSIAN (MARWICK, RI) PAUL NARCESSIAN (MARWICK, RI) PRED NORRIS(GB) PR	D. E. S. CROOK (GB) IRA DAVIS (PHILADELPHIA, PA) JOHN DICK (HAYWARD, CA) DAVE DOUGLASS (CULVER CITY, CA) JIM HERSHBERGER (WICHITA, KS) DON HUMMEL (CANTON, OH) WALTER HUTCHINS (PHILADELPHIA) BOYCE JACQUES (RENO, NV) KUMAZO KASHIWADA (JPN) 9-	18-11 28-31 2-31 8-11 29-31 24-26 20-6	60-64 65-69 60-64 85-89 65-69 85-89 65-69 70-74
ADELE MILICEVIR (CAN-SCOTTSDALE, AZ) ALMETA PARISH (SAN FRANCISCO, CA) SALLY RUSBY (HORSEHEADS, NY) HARRIET SARGENT (JENNINGS, MO) BARBARA STEWART (ROCHESTER, NY) MARGARET ANNE BEACHAM(GB) POSSE AGE COLLEEN BRUNKER (NZ) GILLIAN CASTKA (HKG) JACKIE CHARLES (GB) THERESE DEGHILAGE (BEL)	ANDREW SEMPLE (AUS) JERRY SMARTI (WESTMINISTER, CA) 2FKI TAMED (CINCINATTI ON) 2FKI TAMED (CINCINATTI ON)	29-26 11-31	60-64 40-44 85-89 75-79 60-64 95-99 75-79 60-64 70-74 65-69 85-89
MARIA ZAHN(WG)	ADELE MILICEVIR (CAN-SCOTTSDALE, AZ) ALMETA PARISH(SAN FRANCISCO, CA) SALLY RUSBY (HORSEHEADS, NY) SALLY RUSBY (HORSEHEADS, NY) SHARRIET SARGENT (JENNINGS, MO) BARBARA STEWART (ROCHESTER, NY) MARGARET ANNE BEACHAM(GB) SPETA BIRD(AUS) COLLEEN BRUNKER (NZ) GILLIAN CASTKA (HKG) JACKIE CHARLES (GB) THERESE DEGHILAGE (BEL) ATSUKO FUJIKAWA (JPN) YANNICK GACON (FRA) IVY GRANSTROM (CAN) SPHILDE JOECKLE (WG) IRENE KIEL (WG) RINA KRUGER (RSA) MARGARET MACKINNON (AUS) DORIS MANDL (AUT)	21-26 15-36 126-36 17-41 28-46 14-31 24-56 124-56 28-56 128-11 12-21 8-56 12-51	75-649 7665-649 7665-649 7665-649 7665-649 7665-649 7665-649 7665-649 76670-7550-49 76670-7550-49 7770-744

The World's Largest Road Races in 1995 E = Estimated number of finishers, CITY, STOCOUNTRY
BARCEL ONA, SPAIN
SAN FRANCISCO, CA
SPOKANE, WA
ATLANTA, GA
MILAN, ITALY
OSLO ANDWAY RACE NAME
CURSA EL CORTE INGLES
EXAMINER BAY TO BREAKERS
LILAC BLOOMSDAY RUN
PEACHTREE ROAD RACE 55471 55258 54154 05/07/95 07/04/95 50000 45000 STRAMII ANO 04/02/95 STRAMILANO
GRETE WAITZ LOPET
SUN HERALD CITY TO SURF
TOWER ROUND THE BAYS
BOLDER BOULDER
CRESCENT CITY CLASSIC
GREAT ALOHA RUN OSLO, NORWAY
SYDNEY, AUSTRALIA
AUCKLAND, NEW ZEALAID
BOILDER, CO
NEW ORLEANS, LA
HONOLILU, HI
HONOLILU, HI
HEW YORK, NY
LORIDAN, G BIRITAIN
STOCKHOKAM, SWEDEN
TYNESIDE, ENGLAND
YERSAILLES, FRANCE
GOTEBORG, SWEDEN
DUBLIN, IRELAND
BULGRADE, YUGOGSLAVIA
VANCOUVER, CANADA OSLO, NORWAY 05/06/25 05/21/95 04/22/95 02/20/95 12/10/95 11/12/95 04/02/95 08/21/95 09/11/95 10/08/95 05/13/95 06/18/95 NEW YORK CITY NUTRASWEET LONDON TJEJMILEN BUPA GREAT NORTH RUN PARIS VERSALLES 23175 GOTEBORG EVENING PRESS WOMEN'S MINI MARATHON 20200 20000 18991 18112 17100 17000 16892 16205 EVENING PRESS WOMEN'S MINI MAHATI BEL GRADE SONG STARK VANCOUVER SUN RUN RACE FOR THE CURE: DC CHEMICAL CORP. CHALLENGE: NYC #2 BRUSSELS 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 VANCOUVER, CANADA WASHINGTON, DC 06/17/95 NEW YORK, NY BRUSSELS, BELGIUM AUSTIN AMERICAN-STATESMAN CAPITOL AUSTIN, TX PARIS, FHANCE DAVENPORT, IA STOCKHOLM, SWEDEN LOS ANGELES, CA ATLANTA, GA MASHIRGTON, DC MALMO, SWEDEN PORILLAND, OR CENEYA SWITZFRI AND AUSTIN, 1X QUAD-CITY TIMES BIX 7 VAR RUSET: STOCKHOLM
CITY OF LOS ANGELES
OFFICE DEPOT CORPORATE CHALLENGE
MARINE CORPS MARINE CORPS
VAR RUSET: MALMO
RACE FOR THE CURE: PORTLAND
COURSE DE L'ESCALADE
CHEMICAL CORP. CHALLENGE: CHICAGO
BERLIN GENEVA, SWITZERLAND CHICAGO, II. BERLIN, GERMANY Compiled by the Road Running Information Center



Entry Forms Ready Soon

ntry and housing forms should be ready shortly for the XII WAVA World Veterans Athletics Championships in Durban South Acres 1997

The event will be open to all men age 40 and over and all women age 35 and over as of July 17. There are no qualifying standards, other than to be at least the minimum age. Competition will be held in the traditional five-year age groups in all track and field events, cross-country run, marathon and racewalks.

The Durban Organizing Committee expects more than 5000 participants from more than 75 nations. The XI World Championships in Buffalo last year drew 5335 competitors from 79

The event should be one of the most exciting World Championships ever.

First, the track facilities are first rate. The two tracks are right next to each other, about a 2K walk or bus ride from the main hotels. Stadium One has a nine-lane (10-lane straightaway) Mondo track. The stands are covered. Stadium Two is also covered, with eight lanes to be resurfaced. Free transportation will be provided to and from the venues.

Second, the cost of the trip should be within reason. The current air fares from New York are \$1519; from Los Angeles \$1682; from London \$1300. The cost of housing and food will be low, because the South African rand continues to decline against the dollar (at press time, one U.S. dollar = 4.45 rand). Group tours are being arranged (see ads in this section) at low group

Third, South Africa is undergoing one of the most significant peaceful transitions in history. Ten years ago,



WAVA Council members check out the facilities in Durban.

apartheid was the rule. Today the races mix freely and openly. South Africans are very friendly and anxious to make visitors feel welcome. It's an exciting time. Participating in the Games is an opportunity to be part of helping to bring this country into the world com-

Fourth, South Africa is one of the most physically beautiful countries in the world. The sunsets are breathtaking. There is much to see and do. Available in the Durban area are:

1) A half-day Durban city highlights

2) A half-day Valley of 1000 Hills and Zulu cultural tour;

3) A full-day tour of Shakaland;

4) A full-day tour of the Hluhluwe (pronounced "Schlu-shlu-ee") Game Reserve;

5) A full-day Natal Wildlife Safari. Outside Durban, optional tours include Southeast South Africa, Cape Town, Johannesburg, Sun City, Kruger National Park, Victoria Falls, and, for the adventurous, a climb of Mt. Kilimanjaro.

Some tourists will opt for a ride on the luxury Blue Train - an expensive, but reportedly magnificent train ride between Cape Town, Johannesburg, and Victoria Falls.

The trip should be a memorable experience.

- Al Sheahen



PRESIDENT: Cesare Beccalli

P.O. Box 76 37010 Assenza di Brenzone (Vr) Italy Fax: 39-45-742-0661

EXECUTIVE VICE PRESIDENT:

Tom Jordan P.O. Box 10825 Eugene OR 97440 USA Phone: 1-541-687-1989 Fax: 1-541-687-1016

VICE-PRESIDENT:

(Stadia) Jim Blair 43 Emslie Road Pinchaven, Upper Hutt New Zealand Fax: 64-4-528-2992

VICE-PRESIDENT:

(Non-Stadia) Jacques Serruys Korte Zilverstraat, 5 B-8000 Brugge, Belgium Fax: 32-50-334-325

SECRETARY:

Torsten Carlius Smalandsgatan 25 S-25276 Helsingborg, Sweden Fax: 46-42-128-956

TREASURER:

Al Sheahen P.O. Box 2372 Van Nuys, CA 91404 USA Phone: 1-818-981-1996 Fax: 1-818-981-1997

WOMEN'S DELEGATE:

Hannelore Guschmann Sint Andriesdreef, 9 B - 8200 Brugge - St. Michiels Phone: 32-50-387612 Fax: 32-50-393032

IAAF DELEGATE:

Cesar Moreno Bravo Camino a la Piedra del Comal No. 24 Col. Tepepan 16020 Xochimilco, D.F. Mexico Fax: 52-5-653-3159

DELEGATE OF: NORTH AMERICA

Rex Harvey 160 Chatham Way Mayfield Heights, OH 44124 Home Phone: 216-446-0559 Business: 216-531-3000 x3366 Fax: 216-531-0038

SOUTH AMERICA

Jorge Alzamora P.O. Box 685 Santiago, Chile Phone: 56-2-621-1417 Fax: 56-2-696-5006

ASIA

Hari Chandra 15 C Jalan Haji Salam Singapore 1646 Phone: 65-2424967 Fax: 65-2420934

EUROPE

Wilhelm Koster Haydnstrasse 28 D-6103 Griesheim, Germany Fax: 49-6151-880934

OCEANIA

Stan Perkins 106 Silkwood St. Algester, Queensland Australia Fax: 61-7-5581-6766

AFRICA

Hannes Booysen P.O. Box 5180 1403 Delmenville South Africa Fax: 27-11-827-7590

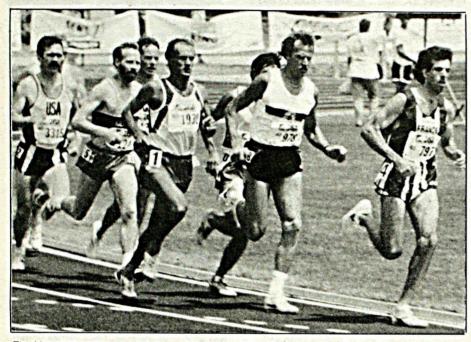
From the Editor

Continued from page 19

culture of the country marching in. With its state-of-the-art graphics, NBC could have taught us a bit of geography by showing a map of where each country was. Simple enough, but it apparently didn't occur to them.

If you don't want to risk suffering

through the same frustration four years hence, you may want to head for Sydney. *Track and Field News* has been sponsoring well-run Olympic tours since 1960, and still has space for 2000. You can call Theresa Tam at 415-948-8188 for details.



The M40 1500 during an early stage of the race, WAVA Championships, Buffalo. The winner was the leader here, Alexandre Gonzalez #797, Portugal, in 3:57.68.



The start of the masters division in the 10K race, Ichinoseki Half-Marathon/10K, Iwate, Japan. Tesh Teshima, of Hawaii, who took the picture, said, "The Ichinoseki Half-Marathon was one of the best-run races I have ever been at. The Japanese officials treated the invited guests extremely well."

XII WAVA CHAMPIONSHIPS

DURBAN SOUTH AFRICA July 17-27, 1997

TRAVEL TOGETHER AND SAVE!!!

Complete package includes: round-trip airfare, hotels, transfers, personal escort by Paul Geyer, master race walker. Many optional tours available. Package will cover to and from all destination in USA and Canada. Please write or FAX to Paul Geyer for all information which is now available.

DON'T WAIT. DO IT NOW!!!

SKI & TRAVEL INTERNATIONAL, INC. P.O. Box 1816, Detroit Lakes, MN 56502-1816 Tel. Fax (218) 847-0410.



First three W40 in the discus, WAVA Championships, Buffalo, from left: Janet Wilson (41.54), USA, Christine Schultz (42.26), Australia, and Ursula Hoenberg (43.40), Germany.

Photo by Shirley Dietderich

WAVA/USATF Hurdles and Implements Specifications

distribution.	National Section Secti	And the second	and the same of	NOM	EN THE PROPERTY				
Age I	Race Distance	Hurdle Height	Carlo Manager and Carlo	1st rdle	Between Hurdles	To Finish		lo. of urdles	
30-39	100m	.840m 33"	The same of the same of	00m 8½"	8.5m 27'10'/2"	10.5m 34'5"		10	
40-49	80m	.762m 30"	12.0 39		8.0m 26'3"	12.00m 39'4"		8	
50-59 60-69 70 Plus	80m	.762m 30"	12.0		7.0m 22'11'/₂"	19.00m 62'4"		8	
30-39 40-49	400m	.762m 30"	45.0 147'	THE RESERVE OF THE PARTY OF THE	35.00m 114'9'/2"	40.00m 131'2'/2"		10	
50-59 60-69 70 plus	300m	.762m 30"	50.0 164'	700	35.00m 114'9'/2"	40.00m 131'2'/²"		7	
Levipti, Le	Sal Cercini di	NAME OF TAXABLE PARTY.	NA PROSE	MEN	early probably			SECTION S	
30-39 40-49	110m	.991m 39"	13.7 45		9.14m 30'	14.02m 46'		10	
50-59	100m	.914m 36"		3.00m 8.50m 10.50m 42'8" 27'10'/2" 34'5"			10		
60-69	100m	.840m 33"	13.0 42'		8.50m 27'101/2"	10.50m 34'5"		10	
70 plus	80m	.762m 30"	12.0 39'		7.0m 22'11½"	19.0m 62'4"		8	
30-49	400m	.914m 36"	45.0	0m	35.00m	40.00m			
50-59	400m	.840m 33"	147"	71/2"	114'9'/2"	131'2'/2"		10	
60+	300m	.762m 30"	50.0 164'	01/2	35.00m 114'9'/2"	40.00m 131'2³/₄"		7	
ing the best	Spirit Street	mini man		LEME	NTS		upo ina		
AGE Women	SHOT PL	Service Comment	scus		AMMER	JAVELIN	WAVA	IGHT USAT	
30-49 50 plus 60 plus	4.00k 3.00k	CONTRACTOR INCOME TO A STATE OF THE PARTY OF	.00k .00k	77. 77. 999	4.00k 3.00k	600gms. 400 gms.	20# 16# 12#	20# 16# 16#	
Men 30-49 50-59 60-69 70-79	7.26k (16 I 6.00k 5.00k 4.00k	1	.00k .50k .00k	0	k (16 lbs.) 6.00k 5.00k 4.00k	800 gms. 800 gms. 600 gms. 600 gms.	35# 25# 20# 16#	35# 35# 25# 25#	

Steeplechase: 3000m for men 30-59; 2000m for men 60+ and women. Superweight: M30-69 56-lb.; M70+ 35-lb.; W30-49 35-lb.; W50+ 25-lb. WAVA weights are used for USATF weight pentathlons.

4.00k

600 gms.

1.00k

80 plus

Masters Scene

NATIONAL

· Bill Stewart, 53, who still holds the U.S. masters indoor mile record of 4:11.0, continues to serve a 30-month sentence in Bradford, Pa., for selling Mideast maps. No word yet on his appeal. He recently clocked 9:51 for 2 miles and 26:25 for 5K on the prison grounds. "I'm now a 'town' driver," he says, "picking up and dropping off inmates and items in the area. My personal day-to-day freedom has increased dramatically, but it still isn't home. 'Home' and 'free' are four letter words I never thought much about." Donations to Bill's legal defense fund may be sent to Karen McKeachie, 802 Granger, Ann Arbor MI 48104.

· Reebok International's stock leaped 10% July 29 to \$34.75 on news the company will buy up to 24 million of its shares. Investors viewed the buyback as a sign that Reebok's management feels the shoe lines the company plans to sell next year will boost earnings. Reebok was an official sponsor of the Olympics in Atlanta. It outfitted more than 3000 athletes in Reebok products.

· Correction: Last month's obituary of Edith Mendyka wrongly said she and her husband John only had one child, Karen. They also had a son, a talented athlete in his own right.

EAST

· Susan Rae Baymiller, 52, helped her Central Park TC eke out a win by three points in the Masters Women's team contest with a first W40+ 31:20, NYRRC Club Team 8K Championships, Central Park, July 21. The CPTC three team members totalled 136 to Moving Comfort-NY's 139. Baymiller's time, an age-graded 87.7%, put her 18th of 185 women. The Millrose AAA threesome took the Senior Masters Women's title with a 360 over Taconic RR's 394. The Taconic quintet won the Masters Men's championships easily with a 386 sum from Witold's Runners (718). CPTC captured the Senior Masters Men's win with a 538, with Taconic second at 681, Luis Tipan, 42, was the first M40+ in 26:03. In the Not The Club Team Championships run an hour later, masters victories went to 50-54 division runners, Sam Skinner, 53, 28:41, and Ann Makoske, 51, 35:28.

· Placing fourth overall, Luis Tipan (42, 1:13:48) was first over the line for the masters men in the NYRRC Bronx Half-Marathon. Kathy Gribbon (42, 1:28:48) sixth overall, led the masters women. In the W50 division, Marjorie Kos (51, 1:40:26) handily outdistanced her competi-



R.A. Blackwell, 37, Pennsylvania, winning the M35 400 (50.97), 1996 National Masters Indoor Championships, Greensboro, N.C.

Photo by Suzy Hess

SOUTHEAST

 Sue Ellen Trapp, 50, Fort Myers, FL, improved her US record for the 48-hour run by over two miles, covering 225 miles, 1435 yards at Surgeres, France, May 3-5. She reached 100 miles in 17:22:41 and 200 in 40:49:21.

MIDWEST

• Tom Kennell, 75, Sea Grove, FL, broke two of the oldest US M75-79 records at the USATF Association Championships, Southern Gonzales, LA, June 7-8, with a 13-31/4 LJ and a 29-03/4 TJ. Herb Anderson held the former LJ record of 12-101/2 set in 1978. Winfield McFadden set the TJ record of 28-23/4 in 1980.

 Dick Wilson, 64, was the first Senior Masters finisher in 17:58, Fiesta Mexicana 5K, Topeka, in July. Richard Sanderson, 40, 17:00, and Marla Rhoden, 40, 18:10, were the first

· Nancy Grayson, W45, Northville, MI, steamed to an overall win in 38:45, Heart of the HIII 10K, Bloomfield Hills, MI, July 27. Doug Kurtis, M40, Northville, MI, posted the fastest M40+ time with a third overall 32:22. John McCabe, M40, 18:26, and Donna Olson, W40, 22:21, took masters firsts in the 5K. Top three open and masters finishers received US Savings Bonds. The races attracted 979 runners.

MID-AMERICA

. U.S. mile record-holder Steve Scott. 40. Leucadia, CA, took an M40+ win in the 25th Midnight Madness 10K, Ames, IA, July 13, with a 33:43. Terry Stewart, 42, Brooklyn Park, MN, was second in 34:47. Gloria Jansen. 49. Edina. MN, won the W40+ race in 41:15. In the companion 5K, Rick Ironside, 42, Belle Plaine, IA, in 17:12, and Beth Henriksen, 40, of Ames, in 20:57, were 40+ firsts. The event, which started as a marathon in 1972 with 12 finishers, totalled 1937 finishers in all races, including team com-

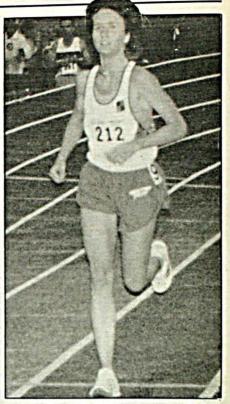
SOUTHWEST

 Bill Collins, 45, who underwent surgery after sustaining an injury last March in the 1996 Indoor Championships, Greensboro, ran the 100m in 11.18 and the 200 in 23.94, both times age-grading at the 95% level, in the USATF Southwest Regional Masters Championships,



Vikki Hearns, 32, Ohio, winner of the W30 400 (61.56), 1996 National Masters Indoor Championships, Greensboro, N.C.

Photo by Suzy Hess



Marjorie Foy, W30 3000m winner (11:17) from North Carolina, 1996 National Masters Indoor Championships, Greensboro, N.C.

Photo by Jerry Wojcik

September 1996

San Antonio TX, July 20. Cindy Steenbergen, 42 hit an A-G 92.5% with a 12.48 100m. Courtland Gray, 52, skimmed the 100mH in 14.45 (A-G 95.6%) and the 400H in 59.95 (A-G 94.2%). Ed Jones, 51, topped a strong LJ field with an A-G 92.6% 20-93/4, with James Lofton, 40. at 90.4% for a 23-63/4 leap.

WEST

. Jim York, 83, upped the single-age world best for the 56-lb. weight to 3.21/10-61/2, at KELfield, Santa Cruz, CA, Aug. 3. Gordon Powell held the old mark of 2.89/9-53/4.

 Performing above the 90% age-graded level at this year's West Regional T&F Championships at Cerritos Community College, Norwalk, CA, July 20, were Stan Whitley, 50 (200, 23.47 -95% and 400, 52.92 - 93.4%); Phil Fehlen, 61 (high jump, 1.66 - 94.3%), Walt Butler, 55 (100, 12.39 - 92%); Don Cheek, 66 (200, 27.40 -91.1%); Don Parker, 53 (400, 54.51 - 90.7%); and Hal Tolson, 58 (100, 12.67 - 90%).

 Kent Steffes, who won the Olympic beach volleyball gold medal with partner Karch Kilaly, is the son of masters hurdler, Jackson Steffes, of Los Angeles.

NORTHWEST

 Manuel White, 80, Helena, MT, surpassed the M80-84 WRs for the DT with a 38.70 and JT with a 36.27, and the AR for the HT with a 33.83 in a weight pentathlon in Helena, July 6. He finished with a toss of 17.14 with the 12-lb, weight in the WP for a total score of 5412, another WR.

CANADA

 Track-friendly summer weather and a starstudded group of 80 athletes highlighted the British Columbia Masters T&F Championships, June 15-16, Langley, BC. Canadian ex-Olympian Debbie Brill, W40, high jumped 1.70. Jess Brewer, M50, zoomed over the short hurdles in 16.09 and the 400H in 63.33.

OPEN

 Framed pieces of the Atlanta Olympic stadium track are available from \$24.96 each from Mondo America, 888-304-8722. Each piece is about 10" X 7"

INTERNATIONAL

 WAVA's affiliate in Peru has a new address: ADAS-PERU, PO Box 400, Arequipa, Peru.

Masters Age Records

(1996 Edition)

Compiled by WAVA and USATF Masters T&F Records Chairman Pete Mundle with Rex Harvey, Shirley Dietderich and Beverly LaVeck.

- Men's and Women's World and U.S. Age Bests for all Track & Field Events, age 35 and up, as of Oct. 31, 1995.
- U.S. Age bests for Men & Women for all racewalking events, age 40 and up. as of Oct. 31, 1995.
- Men's U.S. Masters Indoor & Outdoor Championship Records.
- 52 pages. Thousands of entries. Lists name, age, state, and date of record.

Send \$4 plus \$1.00 postage (\$5.00 foreign postage) to: NATIONAL MASTERS NEWS P.O. Box 50098 Eugene, OR 97405

City		State	Zip	
Address		The state of the s		
Name	All the second s			DE AN

Schedule

USA track and field events feature competition for men and women over age 30 unless otherwise noted. Long distance events generally are open to all age groups with the exception of national masters championships, which may be limited to men and women over age 40. International T&F meets are generally limited to men over 40 and women over 35. Entry blanks for national and regional championships will generally be printed in the newspaper 30-60 days prior to the event. Please send any additions or corrections to NMN, P.O. Box 50098, Eugene OR 97405.

TRACK & FIELD

NATIONAL

September 14. USATF National Masters Weight Pentathlon Championships, Bozeman, Mont. Bob Sager, meet director, PO Box 89, Wilsall, MT 59086. 406-578-9870. Phil Partridge Awards for the best performances.

EAST

Connecticut, Delaware, Massachusetts, Maryland, Maine, New Hampshire, New Jersey, New York, No. Virginia, Pennsylvania, Rhode Island, Vermont

September 4-28. Maine Senior Games, Portland. 55+. Anita Chandler, PO Box 10480, ME 04104. 207-775-6503.

September 7-8. Garden State Senior Games, Toms River, N.J. Scott Bollwage, PO Box 6923. Edison, NJ 08818-6923.

September 8. NY Masters Fall-Mini Meet, Merchant Marine Academy, Kings Point, L.I. Throws & jumps only. SASE to Eric Weissbrot, 7 Drury Ln., Great Neck, NY 11023. 516-487-1417 (7-9 pm), or Roz Katz, 718-358-6233 (7-9 pm).

October 3-5. Maryland Senior Games, Towson, 50+. No out-state. Robert Zeigler, 10 S. Shaffer Dr., New Freedom, PA 17349. 410-830-3163.

October 5-13. Delaware Senior Games, Dover. No out-state. 50+. Ruth Finch, Blue Hen Corporate Center, RR 113, Dover, DE 19901. 302-736-5698.

October 27. Runner's Pentathlon, Swarthmore College, Swarthmore, Pa. 3000/800/200/1500/400. Karl Castor, 215-441-8584 (before 8:30 pm); Bill Krieger, 215-656-7617, x245 (daytime).

SOUTHEAST

Alabama, Florida, Georgia, N. Carolina, S. Carolina, Tennessee, Virginia

September 26-28. Georgia Golden Games, Robins AF Base. 55+. Vicki Pilgrim, PO Box 958, Winder, GA 30680. 404-657-6644.

September 28-29. 11th Thomasville Fall Masters Decathlon/Heptathlon. Includes Women's Decathlon. Bill Busby, 11 Culbreth Ave., Thomasville, NC 27360. 910-476-1228(h); 475-8141(w).

October 1-15. North Carolina Senior Games, Raleigh. 55+. No out-state. Margot Raynor, PO Box 33590, Raleigh, NC 27636. 919-851-5456.

MIDWEST

Illinois, Indiana, Kentucky, Michigan, Ohio, Wisconsin, West Virginia

September 4-10. Wisconsin Senior Games, Milwaukee. Helen Ramon, SE

Wisc Area Agency on Agig, 125 N. Executive Dr., Suite 102, Brookfield, WI 53005. 414-821-4444.

September 19-26. Illinois Senior Games, Springfield. Annette Fuchs, 1415 N. Grand Avenue East, Springfield, IL 62702. 217-789-2284.

MID-AMERICA

Colorado, Iowa, Kansas, Minnesota, Missouri, New Mexico, N. Dakota, Nebraska, S. Dakota

September 12-15. Classic Senior Games, Jackson County, Mo. 50+. Jackson County Parks & Recr., 22807 Woods Chapel Rd., Blue Springs, MO 649015-9799. 816-795-8200, x1-278.

September 15. Paavo Nurmi Challenge, All-City Stadium, Denver. 1500, followed by 5000, 55 minutes later; combined low, age-graded time wins. Denver TC, George Linn, PO Box 9723, Denver, CO 80209

October 3-6. Kansas Senior Games, Topeka. 50+. Marge Rightmeier, Topeka Parks & Recr., 1534 SW Clay, Topeka, KS 66604. 913-368-3798.

October 26-27. 2nd International Masters Multi-Events Challenge, Neosho, Mo. Decathlon/heptathlon. Tom Thorne, 525 Oakridge Dr., Neosho, MO 64850. 417-451-2655(m)/451-7417(e),

SOUTHWEST

Arkansas, Louisiana, Mississippi, Oklahoma, Texas

September 13-15. Senior Games, Wichita Falls, Texas. 50+. Betty Brown, 817-322-6232.

September 14. Waterloo Relays, Austin. All ages/all events. Jeff Brower, 7305 Tanbark Cove, Austin, TX 78759-3737. 512-257-1642.

September 19-22. Arkansas Senior Games, Hot Springs. 50+. Gail Ezelle, Executive Director, PO Box 3377, Hot Springs, AR 71913. 501-321-1441 or 1-800-720-7276, Arkansas only; fax 501-321-4961.

September 23-29. Senior Games, Temple, Texas. 50+. Qualifying for Senior Games Nationals in Tucson in 1997. Ron Davis, 817-770-5690.

October 8-13. Louisiana Senior Games, Baton Rouge. 50+. No out-state. Jennifer Taylor, PO Box 14848, Baton Rouge, LA 70898-4748.

WEST

Arizona, California, Hawaii, Nevada

September 8. Northern California Seniors TC Classic, Edward Stadium, Berkeley. Dan Behrens, 2838 Enea Way, Antioch, CA 94509-4755. 510-754-3318.

September 7-29. San Diego Senior Games, San Diego, Calif. 50+. 619-543-9046

September 15, 29. Timber Wolf TC Meets, Sacramento, Calif. John Gallen, 916-489-2708.

September 21. KELfield 4th Annual Meet, Santa Cruz. Gary Kelmenson, 5601 Empire Grade, Santa Cruz, CA 95060. 408-458-0202. No fees/post-meet BBQ. Check with Kelmenson if not familiar with situation.

September 27-October 6. San Bernardino Senior Games. 50+. 909-384-5430.

October 4-13. Nevada Senior Games, Las Vegas. 50+. Dolores Gabay, PO Box 70863, Las Vegas, NV 89170-0863, 702-294-2954.

October 5. Club West Masters Meet, Santa Barbara CC/ Gordon McClenathen, 805-964-3005. Club West, PO Box 99, Goleta, CA 93116-0099. Beverley Lewis, fax: 805-969-6613.

October 7-12. Gold Coast Ventura Senior Games, Ventura, Calif. 50+. Bette Hartman, 805-648-3035.

October 13. Sri Chinmoy Masters Games, Long Beach, Calif. 40+. Bigalita Egger, 310-645-0271.

October 18-20. Napa Senior games, Napa, Calif. 50+. Virginia Mosher, 707-255-1800.

NORTHWEST

Alaska, Idaho, Montana, Oregon, Utah, Washington, Wyoming

October 5. Helena Octoberfest Throws & Weight Pentathlon. M&W30+. Manuel & Helen White, PO Box 5058, Helena, MT 59604. 406-227-5020.

October 14-25. Huntsman Senior Games, St. George, Utah. Heather Landheim, 82 West South, St. George, UT 84779. 801-674-0550.

INTERNATIONAL

September 19-21. WAVA Africa Regional Championships, Namibia.

September 20-22. Russian Championships, Sochi. Vadim Marshev, 14-6 Pervomayskaya St., Himki, Moscow Region, 141400, Russia. 7-812-3553906. September 21-22. San Juan Annual International Masters Championships, San Juan, Puerto Rico. Puerto Rico Masters, PO Box 31300, 65th Infantry Station, Rio Piedras PR 00929-0300. Gregorio Angulo,

September 29. International LSW-Throwing Decathlon, Muhlheim/Main, Germany, near Frankfurt. Reinhard Langendorf, Pfarrgasse 14, 63165 Muhlheim/Main, Germany. Tele: 06108/73717; 06108/601800.

787-724-6157

October 3-6. WAVA Asian Regional Championships, Seoul, Korea. Asians only.

November 19-23. WAVA South American Regional Championships, Concepcion, Chile. Pentathlon m&w/10K X-C. Fax 56-41-229-333.

December 14-15. Indoor Russian Veterans Sport Association Cup "Match-5", Moscow. Vadim Marshev, 14-6 Pervomayskaya St., Himki, Moscow Region, 141400, Russia. 7-095-5734150; fax 5726436.

July 10-25, 1997. 15th Maccabiah Games, Tel Aviv, Israel, US Maccabiah Committee, 1926 Arch Street, Philadelphia, PA 19106. 215-561-6900.

February 28-March 2. 1st WAVA European Indoor Championships, Birmingham, England. Foreigners welcome. EVIC Entry Secretary, 48 Ford Close,

ON TAP FOR SEPTEMBER

TRACK AND FIELD

Throwers will do it five times in one day at the USATF National Weight Pentathlon Championships, Bozeman, Mont., on the 14th. The 8th lists bi-coastal meets in the East on Long Island and in the West at Berkeley, Calif. On the weekend of the 21st-22nd, masters track goes global, with meets in Puerto Rico, Africa, and Russia. Multi-eventers can head for the Thomasville, N.C., Decathlon/Heptathlon on the 28th-29th. Senior Games activity for men and women 50-and-over picks up momentum throughout

LONG DISTANCE RUNNING

The USATF National Masters 24-Hour Championships will take all day in Sylvania, Ohio, on the 15th. The U.S. 10K Classic, Atlanta, Ga., and New Haven 20K, Conn., punch in on Labor Day, the 2nd. Minneapolis hosts the City of Lakes 25K on the 8th, as does Erie, Pa., for the Eriesistible Marathon on the 15th. The Great Cow Harbor 10K runs on Long Island on the 21st, followed on the 22nd by the Philadelphia Half-Marathon in the Keystone State. The Virginia 10 Miler in Lynchburg is one of several enticing offerings on the 28th. The 29th's menu is even larger, with marathons in Portland, Ore., and Albuquerque, New Mex., half-marathons in Illinois and Upstate N.Y., and the Richard S. Caliguri 10K, Pittsburgh, Pa.

RACEWALKING

Three USATF National Masters Championships on the calendar: 40K, Fort Monmouth, N.J., on the 8th; 5K Road, Kingsport, Tenn., on the 14th; and 15K, Elk Grove Village, Ill., on the 22nd. The Alongi International Classic, Dearborn, Mich., wraps it up on the 28th.

Harrow, Middlesex, HAI 4AZ, England. Fax: 181-248-2271.

July 17-27, 1997. XII WAVA World Veterans Athletics Championships, Durban, South Africa.

LONG DISTANCE RUNNING

NATIONAL

September 15. USATF National Masters 24-Hour Championships, Sylvania, Ohio. Dave Payette, 2338 Laskey Rd., Toledo, OH 43613. 419-475-0731.

October 6. USATF National Masters Marathon Championships, Minneapolis, Minn. Scott Schneider, 708 N. First St., #CR-33, Minneapolis, MN 55401. 612-

Continued on next page

Continued from previous page 673-0778.

October 19. USATF National Masters 100K Championships, Duluth, Minn. William Wenmark, 18665 Rutledge Rd., Wayzata, MN 55391. 612-476-0015.

October 27. USATF National Masters 8K Cross-Country Championships, Louisville, Ky. Bob Miller, P.O. Box 6667, Louisville, KY 40207. 502-896-0717.

November 3. USATF National Masters 5K Cross-Country Championships, Columbus, Ohio. John White, 4865 Arthur Pl., Columbus, OH 43220. 614-459-2547. December 7. USATF National Masters 10K Cross-Country Championships, San Francisco, Calif. John Mansoor, 120 Ponderosa Ct., Folsom, CA 95630. 916-983-4622.

December 14. USATF National Masters 50K/50 Mile Championships, Huntsville, Texas. Sunmart-Texas Trail Endurance Run. Norman Klein, 11139 Mace River Ct., Sacramento, CA 95670. 916-638-1161; fax 916-638-0857.

EAST

Connecticut, Delaware, Massachusetts, Maryland, Maine, New Hampshire, New Jersey, New York, No. Virginia, Pennsylvania, Rhode Island, Vermont

September 2. New Haven 20K/USATF Open Men's Championship, New Haven, Conn. Masters money. John Bysiewicz, JB Sports, 2 Buena Vista Rd., Bradford, CT 06405. 203-481-5933.

September 8. Dutchess County Marathon, Fishkill, N.Y. Irvin Miller, 11 Manor Dr., Poughkeepsie, NY 12603. September 15. Eriesistible Marathon.

September 15. Eriesistible Marathon. Rick Godzwa, PO Box 8311, Erie, PA 16505. 814-459-8381. September 21. Great Cow Harbor 10K/RRCA Championships, Northport,

COMING NEXT MONTH:

- WAVA North American Meet
- WAVA European Meet
- Crim 10-Miler
- Canadian Nationals

N.Y. GCH 10K, PO Box 1, Northport, NY 11768.

September 22. Philadelphia Distance Run Half-Marathon. Tony DeSabato, 305 S. Narberth Ave., Narbert, PA 19702. 215-668-4996(e); fax 215-668-4996.

September 29. Pittsburgh Great Race 10K & 5K, 400 City-County Bldg., Pittsburgh, PA 15219. 412-255-2493.

September 29. Tappan Zee Half-Marathon & 8K, Orangeburg, N.Y. Shelly Morgan, 49 Gregg Ct., Tappan, NY 10938. 914-359-5425.

October 5. New Hampshire Marathon, Bristol. NHM, PO Box 6, Bristol, NH 03222. 603-744-6273.

October 6. Wineglass Marathon, Corning, NY. Mark Landin, PO Box 117, Corning, NY 14830. 607-974-4668; fax 607-974-4627.

October 12. Greater Hartford Marathon, Hartford, & 5K, Hartford, Conn. Masters money. Aetna Health Plans Greater Hartford Marathon, 221 Main St., Hartford CT. 06106. 860-525-3435. Fax: 860-724-7313.

October 13. Riverhead Country Fair 10K, Riverhead, L.I., N.Y. Fair 10K, PO Box 256, Wading River, NY 11792. 516-929-8281.

October 13. Army Ten-Miler, Washington, D.C. SASE to PO Box 46594, Washington, DC 20050-6594.

October 13. Atlantic City Marathon & Half-Marathon. Barbara Altman, Box 2181, Ventnor, NJ 08406. 609-646-9009. October 14. Tufts Health Care Plan 10K/USATF Open Women's Championship, Boston. Andrea Mrusek, Conventures, Inc., 250 Summer St., Boston, MA 02210. 617-439-7700.

October 20. Nute Ridge Half-Marathon, Farmington, N.H. SASE to Kerry Mucher, Farmington Recr., 39 N. Main St., Town Hall, Farmington, NH 03835. 603-755-2405.

October 27. Mohawk-Hudson River Marathon, Schenectady-Albany, N.Y. Marathon, Box 4022, Albany, NY 12204.

October 27. Marine Corps Marathon, Arlington, Va. MCM, PO Box 188, Quantico, VA 22134-0188. 703-784-2225; 800-RUN-USMC.

November 3. New York City Marathon. NYRRC, 9 E. 89th St., New York, NY 10128. 212-860-4455.

SOUTHEAST

Alabama, Florida, Georgia, N. Carolina, S. Carolina, Tennessee, Virginia

September 2. U.S. 10K Classic, Atlanta. US 10K, 6400 Highlands Pkwy., Suite C, Smyrna, GA 30082. 770-432-0100.

September 7. Run By The River 5K, Clarksville, Tenn. Masters & Grandmasters money. SASE to RBTR, PO Box 3899, Clarksville, TN 37403. 615-647-3855.

September 14, Eastman 10K & 5K Run/Walk, Kingsport, Tenn. 423-229-4000.

September 21. Carter's Grove 8 Miler, Williamsburg, Va. Peninsula TC, PO Box 11116, Newport News, VA 23601. 804-868-3975.

September 28. The Virginia Ten Miler, Lynchburg. VTM, c/o Chris Ellis, PO Box 2027, Lynchburg, Va 24501. 800-732-5821.

October 12. Phoebus Run On The Fort 8K, Phoebus, Va. Masters money. Peninsula TC, PO Box 11116, Newport News, VA 23601. 804-868-3975.

October 13. Richmond Marathon. Dewayne Davis, RM, PO Box 85333, Richmond, VA 23293. 804-649-6738.

October 13. Peachtree City Classic 15K/RRCA National Championships. PCC, 101 Camp Creel Ct., Peachtree City, GA 30269. 770-487-5934.

November 23. Governor's Land 5K, Williamsburg. Rick Platt, Colonial RR, PO Box 657, Williamsburg, VA 23187. 804-229-7375; 220-2601.

December 1. First Tennessee Memphis Marathon. FTMM, Box 84, MO-8, Memphis, TN 38101. 800-393-RACE; fax: 901-523-4354.

December 14. Rocket City Marathon, Huntsville. SASE to Huntsville TC, 8811 Edgehill Dr., Huntsville, AL 35802. Harold or Louise Tinsley, 205-881-9077.

MIDWEST

Illinois, Indiana, Kentucky, Michigan, Ohio, Wisconsin, West Virginia

September 7. Charleston Distance Run 15 Mile. Charleston, W.Va. Masters money. Danny Wells, 1001 Virginia St. E., Charleston, WV 25314. 304-348-5122; fax: 304-348-1740.

September 8. City of Lakes 25K. Minneapolis, Minn. Masters money. Harry Harrison, Mpls Park & Recreation, 200 Grain Exchange, 400 So. 4th St., Minneapolis, MN 55415. 612-661-4893. September 28. Bowling Green 10K

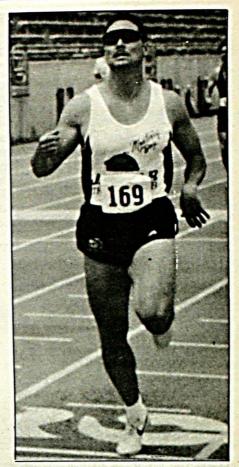
Classic. Bowling Green, Ky. Masters money. Rick Kelley, PO Box 1802, Bowling Green, KY 42102. 502-782-3660; fax: 502-843-4278.

September 28. Briggs & Stratton/Al's 8K Run/Walk, Milwaukee. Jamy Malatesta, PO Box 1997, MS #3060, Milwaukee, WI 53201. 414-266-6320; fax 266-6139.

September 29. Motorola Half-Marathon/ USATF Open Women's Championship, Schaumburg, Ill. Masters money. Jane Canega, The Eventors, Inc., 46 E. Oak, 2nd Flr., Chicago, IL 60611. 312-944-6667; fax 312-944-6499.

can keep your love alive





Alan Tucker, winner of the M35 800, with a meet record 53.4, Visalia Masters Meet, Visalia, Calif. Photo by Glen Williams

October 6. Youngstown Peace Race 10K. Masters money. Ted Rupe, 2533 Davis Peck Rd., Cortland, OH 44410. 216-583-2423; fax 216-583-2423

October 20. Chicago Marathon & 5K. CM, PO Box 10597, Chicago, IL 60610-0597. 800-527-3214; 312-527-2200.

October 20. Detroit Marathon. DM, 300 Stroh River Pl., Ste. 4000, Detroit, MI 48207. 313-393-7749.

November 10. Columbus Marathon & 5K. SASE to CM, PO Box 26806, Columbus, OH 43226.

MID-AMERICA

Colorado, Iowa, Kansas, Minnesota, Missouri, New Mexico, N. Dakota, Nebraska, S. Dakota

September 8. City of Lakes 25K. Masters money. Harry Harrison, Mpls. Park & Rec. Board, 200 Grain Exchange, 400 So. 4th St., Minneapolis, MN 55415. 612-661-4893.

September 15-22. Priscilla Welch/NIKE Running & Fitness Camps, Devil's Thumb Ranch, Colorado. 800-933-4339.

September 21. Jackrabbit 15K & Relay, Brookings. Wellness Center, SDSU, PO Box 2820, Brookings, SD 57007. 605-688-5386.

September 29. Duke City Marathon & Half-Marathon, Albuquerque, N.M. DCM, PO Box 4543, Albuquerque, NM 87196. 505-890-1018.

October 26. St. Louis Marathon. SLTr, 2385 Hampton Ave., St. Louis, MO 63139. 314-781-3926.

October 27. Greater Kansas City Marathon & 10K. 816-561-1087.

November 10. Harvest Hustle 10K, Overland Park, Kans. Staggered start/groups start every 15 seconds based on age/sex time-adjustments. KC Runners Council, 7201 W. 129th, Suite 300, Overland Park, KS 66213.

Continued on next page

CURRENT NMN PHONE/FAX NUMBERS AND ADDRESSES

 Results, Schedule, All-American, Letters, Publications, Editorial: Phone: 1-541-343-7716 (Jerry Wojcik, Suzy Hess & Jane Dods)
 Fax: 1-541-345-2436

Publisher/Editor, International

Phone: 1-818-981-1996 (Al Sheahen) Fax: 1-818-981-1997

Mail: P.O. Box 2372, Van Nuys CA 91404

Mail: P.O. Box 50098, Eugene OR 97405

Shipments: 1675 Willamette Ave., Eugene, OR 97401

Advertising:

Phone: 1-610-967-8316 (Sue Hartman) 1-610-967-8758 (Karen Jennings)

1-610-967-8896 (Lisa Fronti)

Fax: 1-610-967-7793

Mail: 33 E. Minor St., Emmaus PA 18098

• Subscriptions:

Phone: 1-818-760-8983 (Richard Magana) Fax: 1-818-985-1213

Mail: P.O. Box 16597, North Hollywood CA 91615

Continued from previous page

SOUTHWEST

Arkansas, Louisiana, Mississippi, Oklahoma, Texas

September 7. Run For Ryan 5K & Mile, Kenner, La. 6:30 pm. NOTC, PO Box 52003, New Orleans, LA 70152-2003. 504-482-6682; 468-1488.

October 5. Santee Cooper 10K Bridge Run, Santee, SC. Masters money. Tony DeAloia, PO Box 11, Santee, South Carolina 29142. 803-854-2705.

October 6. El Paso/Juarez International Classic 15K, El Paso, Tx. Masters money. Bill Barry, 5024 vista del Monte, El Paso, TX 79922. 915-779-0577.

October 12. Chili Pepper Running Festival (cross-country)/RRCA National Championships, Fayetteville, AR. Joe Fennel, 1655 Woolsey St., Fayetteville, AR 72703. 501-521-8534.

October 20. Gallery Furniture 20K/USATF Open Women's Championship, Houston. Bob Gulliver, PO Box 721405, Houston, TX 77272-1405. 713-242-0515. October 20. Halloween Pumpkin Chase Race 5K, Metairie, La. 6 pm. NOTC, PO Box 52003, New Orleans, LA 70152-2003. 504-482-6681; 468-1488.

October 21. Women's Classic 5K, New Orleans. Mac DeVaugh, 8200 Hampson St., Ste. 217, New Orleans, LA 70118. 504-861-8686; fax 861-8687.

October 26. Tulsa Run 15K. Masters money. Sue Neil, PO Box 2008, Tulsa, OK 74102. 918-587-8786.

WEST Arizona, California, Hawaii, Nevada

September 7, 14, 21, 28. 6th Annual USATF Pacific Association Cross-Country Series. Different venue & distance each race. Charles alexander, 415-964-0643.

September 22. Orange County Race For The Cure 5K, Newport Beach, Calif. Kinane Events, 619-434-7706.

September 27-28. The Relay – Napa To Santa Cruz. 195 miles. 3 legs of approximately 5 miles each (36 total legs per 12-member team). Jeff Shapiro, The Relay, 751 Laurel St., Suite 401, San Carlos, CA 94070. 415-508-9700; fax: 508-1661.

October 6. Sacramento Marathon, Calif. Ron Sturgeon, PO Box 995, Dixon, CA 95620. 916-678-5005.

nih si

October 20. San Luis Obispo City-To-Sea Half-Marathon & 5K. SLO Chamber of Commerce, Jennifer Peterson, 1039 Chorro St., San Luis Obispo, CA 93401-3278. 805-781-2777; fax 805-543-1255.

October 20. Humboldt Redwoods Marathon & Half-Marathon. SASE to HRM, PO Box 4989, Arcata, CA 95518-4989. 707-433-1220; fax 443-2553.

October 20. Arizona 10K, Phoenix. Masters money. Joe Galopa, 6505 N. 16th St., Phoenix, AZ 85016. 602-234-3460; fax 602-277-4372.

October 20. Arturo Barrios 5K/Walk & 10K, Chula Vista, Calif. Eliter Racing, Inc., 619-450[6510 or 714-374-3200.

October 26. Moonlight 8K, Alhambra, Calif. Women only/masters money. Owen Guenthardd, 104 S. First St., Alhambra, CA 91801. 818-282-8481; fax: 818-282-5596.

October 27. Bowl To Bowl 5K Run/Walk, Rose Bowl, Pasadena. Jim Hanley, director, 85 E. Holly St., Pasadena, CA 91103. 818-397-4064; 397-4062.

NORTHWEST

Alaska, Idaho, Montana, Oregon, Utah, Washington, Wyoming

September 29. Portland Marathon, Portland, Ore. PM, PO Box 4040, Beaverton, OR 97076. 503-226-1111.

October 5. St. George Marathon, Leisure Activities, 86 S. Main St., St. George, UT 84770. 801-634-5850.

November 30. Seattle Marathon & Half-Marathon. SM Assoc., PO Box 31849, Seattle, WA 98103. 206-524-RUNS; 800-343-4411; fax 206-821-6387.

CANADA

October 13. Royal Victoria Marathon, Victoria, B.C. VM, c/o #182-911 Yates St., Victoria, BC, Canada V8V 4X3.

INTERNATIONAL

October 29-November 5. Himalayan 100-Mile Stage Race, from Darjeeling, India, \$1200. Force 10 Expeditions, 1-800-922-1491.

November 5-12. Mt. Everest Marathon Trip, from Darjeeling, India. \$1200. Force 10 Expeditions, 1-800-922-1491.

July 17-27, 1997. XII WAVA World Veterans Athletics Championships, Durban, South Africa.

RACEWALKING

April 1 - October 1. 5K Racewalk Team Challenge. Each club stages own event on a track or a certified course. Minimum 10 club members, regardless of age, sex, or ability. Scoring by WAVA Age-Graded Tables. No entry fees. FAC, 3250 Lakeview Blvd., Delray Beach, FL 33445. Bob Fine, 407-499-3370; fax: 407-495-5054.

September 2. West Regional 15K Champ-ionships, Albuquerque, NM. Audrey Dix, 2301 El Nido Ct., NW, Albuquerque, NM 87104.

September 8. North Regional 1/2 Hour Championships, St. Paul, Minn. Fern Anderson, 612-926-3514.

September 8. USATF National Masters 40K RW Championships, Ft. Monmouth, N.J. Elliott Denman, 28 N. Locust Ave., West Long Branch, NJ 07764. 908-222-9080.

September 8. Florida State 3K Racewalk Championships, Tropical Park, Miami. 305-227-1500.

September 14. USATF National Masters 5K Road RW Championships, Kingsport, Tenn. Bobby Baker, 318 Twinhill Dr., Kingsport, TN 37660. 615-229-4364(w), 615-349-6406(h).

September 22. USATF National Masters 15K RW Championships, Elk Grove Village, Ill. Diane Graham-Henry, 442 W. Belden, Chicago, IL 60614. 312-327-4493

September 22. East Regional 10K Road Championships, Atlantic City, NJ. See Sept. 8.

September 28. Alongi International RW Classic, Dearborn Heights, Mich. Wolverine Pacers AC, Roswell Barranco, 3235 Musson Rd., Howell, MI 48843.

October 5. WAVA North American, Central American, Caribbean Masters 8K Championships. Columbia, S.C. Bill Bauers, 823 Calhoun St., Columbia, SC 29201. 803-256-7777. October 12. Chippenham to Calne 6-Mile RW (on the main A4 between Chippenham & Calne). Robert Sayers, 27 Falcon Road, Calne, Wiltshire SN118PL, England. Tel. from US 011-441-249-822453. Entries close Sept. 30.

October 13. USATF National Masters 1-Hour Racewalk Championships, Cambridge, Mass. Justin Kuo, 39 Oakland Rd., Brookline, MA 02146. 617-731-9889(h), 617-821-3000(w).

October 20. Liberty 5 Mile Walk, Doheny State Beach Park, Orange County, Calif. Fundraising walk against domestic violence. Liberty 5 Mile, PO Box 220, Dana Point, CA 92629-0220. 714-249-4803.

October 20. West Regional 8K RW Championships, Las Vegas, Nev. Roberta Hatfield, 2747 Crown Ridge Dr., Las Vegas, NV 89134.

October 20. USATF East Regional/MAC 30K RW Championships, Central Park, NYC. Stella Cashman, Park Racewalkers USA, 320 E. 83rd St., New York, NY 10028. 212-628-1317.

October 26. Florida AC Walkers/Henry Laskau 5K & 10K State Racewalk Championships. Robert Fine, 3250 Lakeview Blvd., Delray Beach, FL 33445. 407-499-3370.

November 3. East Regional 50K Track Championships, Washington, D.C. area. Al Corallo, 1600 N. Oak St., #916, Arlington, VA 22207.

November 10. Florida AC Walkers/20K State Racewalk Championships. Mary King, 954-581-8755; Denise Shepard, 954-587-1510.



Steve Coenen, 40, Virginia, placed fourth (54.16) in a field of 14 in the M40 400, 1996 National Masters Indoor Championships, Greensboro, N.C. Photo by Suzy Hess

Masters Age-Graded Tables

- Keep track of your progress over the years.
- Compare performances of older and younger individuals in the same or different events.
- Select the best performance in an event among all age groups.
- Score multi-events.
- See how much your performance should decline with age.
- Includes single-age factors and standards for each age from 8 to 100 for men and women for every common track & field, long distance running, and racewalking event.

- Shows how to conduct an age-graded track & field meet, road race or racewalk.
- 60 pages. Easy to use.
- Detailed explanations, sample competitions, personal performance examples and charts.
- Compiled by the World Association of Veteran Athletes.

Send \$6.00 plus \$1.25 postage and handling to:

P.O. Box 50098 Eugene, OR 97405

Address		X2000000 4160	yong zenama gdy udio Az vedy torok in Mas.
City _	of the Market Section	State	Zip



Masters Glossary of Terms

o help explain and simplify the sometimes mysterious nomenclature of masters athletics, we present, in alphabetical order, the following "Masters Glossary of Terms."

To change, correct, clarify, or inquire about any of the following masters terminology, or anything about the world or U.S. masters program, write the Masters Wizard, c/o NMN, Box 50098, Eugene, OR 97405.

Age Grading: A method to quickly and easily compare your performances at different ages and in different events. Agegraded tables are a series of "age factors" and "age standards." They correct a person's performance, no matter what his/her age, to what it would have been in their prime years. It also provides each individual with a percentage value which enables him/her to judge their performance in any event without bias toward age or sex. It is used to score masters multi-events.

Age Groups: Masters competition is divided into 5-year age group categories for both men and women (30-34, 35-39, 40-44, etc.). One's date of birth (not year of birth, as in youth competition) determines one's age

Age Records: Official world and USA indoor and outdoor five-year age-group T&F records are kept and are available through NMN (see Publications Order Form on page 13). An annual book of unofficial single-age records is also available. USA racewalk records are included in both of the above. USA LDR five-year records are published annually in NMN, usually in November. There are no official World LDR records.

All-American Standards: A program sponsored by the USATF Masters T&F Committee, which enables a person to earn an "All-American" certificate and patch by bettering the AA standard for their event. (See standards in this issue.)

All-Comer Meets: Open to all, young or old. Generally, low key, fun meets.

AR: American Record.

Athletics: The sports of track & field, long distance running and racewalking.

Certified: Generally used to mean a road-race course is "certified." It means someone has officially measured and calibrated the exact distance of the race. USATF designates the course as "certified accurate." It is encouraged that all road-races be held on certified courses. This allows athletes to know they have run (or walked) the actual distance.

Eligibility: There are no requirements needed to enter most masters athletics competitions, except to be at least the minimum age. (One should also be reasonably fit.) One may never compete in an older age group. The masters program operates on the honor system. Lying about one's age violates the spirit and purpose of the masters program and is not tolerated. Violators risk banishment from USATF masters competition for a period of two years.

Hurdles: To allow for the decrease in speed, stamina and flexibility as one ages, the standard distances for hurdle races are shortened, and the heights of the hurdles are gradually lowered as one gets older. (See "WAVA/USATF Specifications" in this issue.)

IAAF: International Amateur Athletic Federation, the international governing body for athletics, with more than 175 member nations. Its headquarters are in Monaco.

Implements: Lighter-weight implements (shot, discus, javelin, hammer, weight) are generally used by older athletes. See "WAVA/USATF Specifications" in this issue.

LDR: Long Distance Running.

Masters: Men and women age 40 or over.

Masters Clubs: Most areas have local running clubs, some of which cater to masters athletes. A list of masters clubs is periodically printed in the National Masters News.

Masters Competition: Every event from the 100-meter dash to the pole vault to the marathon is available for both men and women. Medals are generally awarded to the first three places in each men's and women's age group. While everyone does his or her best, participation and friendship are the heart of the program. Masters help each other with advice, training tips and health suggestions. Many combine their vacations with trips to regional, national and international competitions.

Meet/Race Director: The person in charge of a T&F, LDR, or RW event. This individual is responsible for volunteers, pre-race preparation, meet/race management, and post-meet/race requirements such as reporting results to the official record-keepers. A few meet directors may make money on staging meets and races, but many do it strictly for the love of the sport, to provide a service to the track and running community. If a meet is run well, athletes should take time to thank the director or the officials. Most of them work for nothing.

National Team: Used mostly in open competition. National teams are selected by USATF for overseas competitions. There are no masters national teams.

NGB: National Governing Body.
NMN: National Masters News is the bible of the masters athletics program. An official publication of both WAVA and USATF, it is published monthly. It delivers

28 to 48 pages of results, schedules, entry forms, age records, rankings, photos, articles, training tips, profiles, and all the inside scoops and information that affect the world masters athletics community. NMN welcomes contributions from readers—results, schedule info, photos, letters, opinions, etc. It is not mandatory to subscribe to NMN, but it is recommended to keep up on all the masters action. A one-year subscription (12 issues) is \$26 (2nd class), \$42 (1st class) or \$45 (overseas). Send to NMN, Box 16597, North Hollywood, CA 91615.

Non-Stadia: Refers to events held outside a stadium (road race, etc.).

Postal Event: Generally a championship whereby athletes may compete in various parts of the country during the year, and mail ("post") their mark to the event coordinator, who combines everyone's results to determine winners.

PR: Personal Record. PW: Personal Worst.

Rankings: An annual book of masters T&F rankings is compiled and available through NMN. LDR rankings are available through the Road Running Information Center.

RRCA: Road Runners Club of America is a national organization composed of hundreds of clubs devoted to road running.

RRIC: The Road Running Information Center is the official record-keeping arm of USATF. It compiles USA road records and some world "bests." RRIC receives race results for road races throughout the USA, and publishes the monthly newsletter On The Roads.

Rules: USATF publishes an annual "Competition Rules Book," which includes special rules for masters competition. WAVA produces a biennial "WAVA Handbook" with international rules. Both are available through the form on page 13.

RW: Racewalking.

Sanction: Although "sanction" has both negative and positive meanings in the general English language, in athletics it is a positive term. It generally means that USATF or WAVA has "sanctioned" or "approved" a meet or race. An automatic sanction is granted by USATF to any meet or race, unless it's determined the event would be "detrimental" to the sport.

Seniors: A word of many meanings: 1) A USATF competitor age 20 or over; 2) Unofficially used in some road events to denote runners age 60 and up; 3) Athletes 55+ (or 50+ in some cases) who compete in Senior Games throughout the USA; 4) Sometimes unofficially used by the media and others as a substitute for "masters."

Sponsorship: Masters events are sometimes supported by local or national sponsors. There is no single national sponsor at the moment.

Stadia: Refers to events held within a stadium (100-meter dash, etc.).

Sub-Masters: Men and women age 30-39.

T&F: Track and Field.

Uniforms: Some masters participants compete in their club uniform, some in a T-shirt and shorts. In the World Championships, each participant competes as an individual, not as a representative of any nation. Thus, national uniforms are entirely optional. USA uniforms are available from the Chair of the Masters T&F Committee (address on page 2).

USATF: USA Track & Field is a nonprofit organization chartered by the U.S. Congress. It is the official "national governing body" (NGB) for athletics in the USA. USATF is the exclusive U.S. member of the IAAF. USATF's home office is in Indianapolis, with 56 "association" offices throughout the nation. Two of its seven sports committees are the Masters T&F Committee and the Masters LDR Committee. The committees meet each December at the USATF Convention, and their executive committees meet at other times of the year. USATF conducts annual indoor and outdoor national T&F championships, as well as national championship LDR races from one mile and longer throughout the year. It also stages dozens of regional and local meets and races, for youth, open, and masters.

USATF Membership: It is advantageous for a participant to become a member of USATF (\$12 to \$15 per year, depending on the area). A person is automatically insured against injury while competing in, or travelling to, a USATF-sanctioned competition. It is necessary to become a USATF member to compete in some USATF-sanctioned events, such as national and regional championships. It is not necessary for a participant to join USATF to compete in non-sanctioned masters events. It is not necessary for a foreign competitor to become a USATF member to compete in USATF events.

USATF Regions: There are seven regions in the USA masters T&F program: East, Southeast, Midwest, Mid-America, Southwest, West, and Northwest. (See Schedule for a state-by-state breakdown.) There are 15 regions in USATF open and youth competitions.

USNSSO: U.S. National Senior Sports
Organization, an independent organization,
which sponsors a national multi-sport competition (archery, softball, swimming, track,
etc.) each odd-numbered year for men and
women age 55-and-up. USNSSO helps promote state and regional competitions
throughout the USA, mainly in conjunction
with local government recreation departments, some of which allow 50+ entrants.
Qualification for the nationals is generally
required by competing in state meets.

Veterans: The international term for "masters," with the exception that "veterans" also include women age 35-39. (The term "veterans" is also unofficially used in some USA road races to define runners age 50-59.)

Volunteers: There is always a need for volunteer help in masters athletics. Meet and race directors need help in timing, officiating, and in all sorts of ways. The sport is built on volunteer help and would cease to exist without it.

WAVA: World Association of Veteran Athletes, the official world veterans governing body for athletics, recognized by the IAAF as the official organization to oversee veterans activities. WAVA stages a World Veterans Championships each odd-numbered year for men 40+ and women 35+. It holds a World Veterans Road Race Championships each even-numbered year. It has more than 110 member nations, called "affiliates," which meet every two years at the World Championships. With no central office or paid staff, its business is handled by volunteers throughout the world.

WAVA Regions: There are six worldwide regions: Europe, Africa, North America South America, Asia, and Oceania. WAVA Regional T&F Championships are held in each region every even-numbered year. Some regions also stage LDR Championships.

WR: World Record.

RECIPIENTS OF CERTIFICATES/PATCHES AS ALL-AMERICANS FOR ACHIEVING U.S. STANDARDS OF EXCELLENCE

M35-39	The said the	"世华无法	Alter of the	M55-59	4. "	Maria S		M75-79	A SHEET NOTE IN		STREET, ST.
Robert Sands	200M	23.00	05-19-96	David Lard	Mile	5:24.8	07-27-96	Jim Sullenger	Discus	102-6	01-27-96
The state of the s				Lionel Low	Long Jump	16-8	06-22-96		Shot Put	31-11	01-27-96
M40-44	the shippings and	The state of	19 10 00 - 13	Marie I That	Triple Jump	35-61/2	06-22-96	W45-49	The state of the state of		
William Gardner	Shot Put	47-1	05-05-96	Don North	Javelin	133-4	04-20-96	Lurline Struppeck	Javelin	33-82	07-06-95
Larry Schworer	200M	23.8	06-29-96	000年1月2日 · 日本日本		Section 1		His a Warmon I	Discus	25-44	06-09-95
Mike Skoflanc	Long Jump	19-71/2	08-12-95	M60-64		SEC. T.			Shot Put	9-45	06-09-95
				Harold Lawrence	Long Jump	15-0	1-19-25-	W50-54		STAME AND	
M45-49				Clarence Trinkner	100H	15.76	06-30-96	Nina Bryant	100M	15.21	05-18-96
Rich Dunphy	Shot Put	12.24	07-20-96	George Whiting	Discus	133-3	07-21-96	Company of the second section of			
Dale Wilcoxson	Discus	132-0	04-14-96	LEAST LINES				W55-59		2.2	
David Zang	Decathlon	5403	07-07-96	M65-69				Kathy Bergen	100M	13.82	05-14-95
	works of a loop of	San Esta N		Robert Fisher	Discus	125-0	02-0?-96	R Brigget Aurilia	200M	30.33	02-26-96
M50-54	Galler Mar 1			Deported to the second				To the second se	High Jump	4-0	05-14-95
Allen McDaniel	800M	2:17.47	03-31-96	M70-74	The wife			W60-64			
Mike Toolen	5000M	17:23	06-23-96	Fred Adams	56# Weight	13-111/2	05-18-96	Sondra McCoy	Javelin	77-4	07-29-95

			VINE S		FO	R ME	N'			1413		
Event	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84	85-89
100 200 400 800	11.0 22.4 51.0 2:01	11.33 23.3 52.5 2:04	11.67 24.2 54.0 2:08	12.0 25.1 56.0 2:13	12.5 26.0 58.5 2:19	13.0 27.2 61.5 2:27	13.5 28.5 65.0 2:37	14.0 29.8 70.0 2:49	15.0 32.4 76.5 3:06	16.5 35.8 84.5 3:27	18.0 39.8 94.0 3:54	20.0 44.0 105.0 4:24
1500 Mile 5000 10000	4:11 4:31 15:30 32:11	4:15 4:35 15:42 32:35	4:22 4:42 16:06 33:30	4:32 4:53 16:44 34:45	4:45 5:07 17:30 36:15	5:02 5:25 18:24 38:10	5:24 5:49 19:36 40:30	5:47 6:14 21:08 44:15	6:22 6:51 23:30 48:30	7:03 7:38 26:00 54:30	7:59 8:42 29:00 61-15	9:15 10:16 32:36
110H 100H 80H 400H	15.3	16.4	17.75	18.75	18.0	19.0	20.0	21.3	18.0	21.0	25.0	30.0
300H		33.7	02.0		48.0	51.0	55.0	60.0	66.5	74.5	84.0	95.
3K-SC 2K-SC	10:00	10:20	10:55	11:40	12:30	13:20	9:30	10:30	12:00	14:00	16:30	19:3
HJ	1.94	1.85	1.76 5-9%	1.68 5-6	1.59	1.50 4-11	1.41	1.32	1.23	1.13	1.02 3-4	3-1
PV	4.40 14-5%	4.15 13-7%	3.90	3.60	3.30	3.05	2.80 9-24	2:55 8-44	2.30	2.05 6-84	1.80 5-11	1.5
u	6.55	6.20	5.85 19-24	5.45 17-104	5.10 16-9	4.75 15-7	4.40 14-5%	4.00	3.65 11-114	3.35 11-0	3.00 9-10	2.6 8-8
ŢJ	13.35	12.65 41-6	11.90 39-1	11.15 36-7	10.40	9.65 31-8	8.90 29-2½	8.20 26-11	7.50 24-7%	6.80	6.10 20-1	5.5 18-4
Shot	15.20 49-10 ¹ / ₂		13.00 42-8	12.00 39-45	12.40 40-84	11.20 36-9	12.00 39-45	10.80 35-5%	10.00 33-0	8.80 28-104	7.65 25-1%	6.5
Discus	44.80 147-0	42.60 139-9	40.60 133-2	38.00 124-8	40.00 131-3	36.40 119-5	40.00 131-3	36.80 120-9	31.60 103-,8	26.40 86-7	21.40 70-25	16.2 53-2
Hammer	47.24 155-0	44.20 145-0	41.14 135-0	38.10 125-0	38.40 126-0	36.00 118-1	36.00 118-1	33.00 108-3	29.00 95-2	25.00 82-0	22.50 73-10	18.0
Jav	62.00 203-5	57.00 187-0	52.60 170-7	48.00 157-6	43.00 141-1	38.50 126-4	40.00 131-3	35.00 114-10	29.00 95-2	24.00 78-9	19.00 62-4	15.0 49-
35/Wt. 25/Wt.		14.00	13.00	12.00	10.00	9.00	8.00 11.00	7.00 10.00 4.00	6.00 9.00 3.50	5.00 8.00 3.00	4.00 7.00 2.50	3.C 6.0 2.0
Pen Dec				2600 5250		5.00 2600 5250	4.50 2600 5250		2600	2600	2600	2600 5250
notes	2) Sho 3) Lor 4) Sho 5) Dia 6) Has 7) Jan 8) Het	ort hurd ng hurdle ot pdt: ocus three er: velin: tric hei	les: 30- es: 30- 30- 30- 30- 30- shts and	49: 39"; 49: 36"; 49: 7.26 49: 2kg; 49: 7.26 59: 800g	50-59 50-59 50-59 50-59 6k (16#) 1: 60+:	: 36"; : 33"; : 50-59 : 1.5kg; : 50-59 600g.	60-69: 60+: 30): 6k; ; 60+:): 6k;	60-69: 5	+: 30". k; 70+: k; 70+: inches 1	4k. 4k.	or conve	nience

						District State	OF EXCE				M 75	The state of the s
	1.5K	mile	3k	5k	8k	10k	1 5k	20k	25K	30k	40k	504
F30	7:13	7:47	14:50	25:38	42:04	62:43	1:21:56	1:52:06	2:24:43	2:59:16	4:08:45	5:37:30
F35	7:22	8:03	15:18	26:27	43:11	53:56	1:23:29	1:53:32	2:26:51	3:01:53	4:12:21	5:42:2:
40	7:37	8:21	15:53	27:26	44:47	55:56	1:26:37	1:58:06	2:32:33	3:08:56	4:22:13	6:55:48
F45	8:03	8:41	16:32	28:33	46:35	58:10	1:30:08	2:03:00	2:38:56	3:17:00	4:33:31	6:11:28
-50	8:25	9:05	17:15	29:49	48:36	1:00:41	1:34:08	2:08:30	2:46:11	3:26:08	4:46:23	6:29:09
F 5 5	8:55	9:31	18:05	31:14	50:54	1:03:33	1:38:40	2:14:48	2:54:26	3:36:33	5:01:03	6:49:24
60	9:17	10:01	19:01	32:51	53:32	1:06:50	1:43:51	2:21:54	3:03:54	3:48:29	5:17:54	7:12:43
F65	9:48	10:35	20:06	34:43	56:33	1:10:37	1:49:50	2:30:12	3:14:51	4:02:20	5:37:25	7:39:46
70	10:26	11:15	21:22		1:00:02	1:15:01	1:56:49	2:39:54	3:27:38	4:18:30	6:00:18	8:11:30
F75	11:10	12:01	22:51		1:04:10	1:20:14	2:05:05	2:51:18	3:42:50	4:37:46	6:27:35	8:49:28
80	12:03	12:58	24:41		1:09:13	1:26:38	2:15:15	3:05:24	4:01:36	5:01:39	7:01:26	9:47:38
85	13:13	14:15	27:05		1:15:50	1:35:01	2:28:37	3:24:00	4:26:20	5:33:10	7:46:16	10:39:16
90	14:56	16:06	30:36		1:25:30	1:47:18	2:48:13	3:51:12				
-	1 -1.00	.0.00		Several Services	A CONTRACTOR	M	EN					
430	6:31	7:01	13:21	23:05	37:57	47:49	1:13:10	1:38:18	2:05:12	2:32:17	3:27:30	4:31:00
435	6:43	7:14	13:47	23:46	38:55	48:53	1:14:28	1:39:43	2:06:56	234:14	3:30:17	4:34:53
140	6:58	7:29	14:16	24:24	40:15	50:32	1:17:03	1:43:13	2:11:29	239:47	3:37:53	4:44:46
445	7:13	7:46	14:47	25:31	41:44	52:25	1:19:58	1:47:10	2:16:35	2:46:05	3:46:36	4:56:24
450	7:33	8:05	15:23	26:33	43:25	54:32	1:23:14	1:51:37	2:22:20	253:13	3:56:29	5:09:29
455	7:50	8:26	16:04	27:43	45:19	56:55	1:26:56	1:56:38	2:28:52	3:01:19	4:07:41	5:24:22
160	8:13	8:51	16:50	29:02	47:28	59:38	1:31:10	2:02:23	2:36:20	3:10:33	4:20:30	5:41:23
165	4:34	9:19	17:43	30:33	49:56	1:02:45	1:36:01	2:08:58	2:44:53	3:21:11	4:35:15	6:01:01
170	9:08	9:50	18:44	32:18	52:46	1:06:21	1:41:37	2:16:35	2:53:56	3:33:31	4:52:23	6:23:51
175	9:43	10:28	19:55	34:20	56:04	1:10:35	1:48:13	2:25:34	3:05:02	3:48:05	5:12:40	6:50:54
180	10:26	11:14	21:22	36:50	60:06	1:15:44	1:56:15	2:36:31	3:20:50	4:05:57	5:37:34	7:24:11
185	11:21	12:13	23:14	40:04	65:20	1:22:26	2:06:43	2:50:48	3:39:31	4:29:18	6:10:11	8:07:50
190	12:41	13:39	25:58	44:45	72:52	1:32:08	2:21:52	3:11:28	4:06:38	5:03:17	6:57:43	9:11:37

U.S. MASTERS STANDARDS OF EXCELLENCE FOR WOMEN Event 30-34 35-39 40-44 45-49 50-54 55-59 60-64 65-69 70-74 75-79 80-84 16.9 18.8 40.0 90.0 20.0 21.2 15.6 17.8 100 16.2 3:56 4:09 4:35 2:35 2:40 2:46 2:54 3:19 3:36 5:19 5:29 5:44 5:55 5:40 6:07 5:58 6:26 6:20 6:48 7:19 8:04 8:47 8:52 9:39 7:23 5:10 1500 6:49 7:19 7:46 8:47 9:39 10:45 24:16 26:08 28:08 30:08 32:21 34:26 52:00 56:00 60:00 66:00 76:00 86:00 5:34 19:45 41:00 22:16 23:12 47:00 49:30 20:30 21:20 100H 17.2 18.2 20.2 22.2 18.7 16.5 15.8 17.6 75.5 79.9 84.4 88.8 87.0 96.0 66.0 72.0 79.0 1.42 1.35 1.27 1.19 1.12 4-8 4-5\(\pi\) 4-2 3-11 3-8 2.70 2.40 2.10 1.80 1.50 8-10\(\pi\) 7-10\(\pi\) 6-11 5-11 4-11 .92 3-04 1.02 .97 HJ 2-11 3-6k 3-4k 3-24 1.20 1.10 3-7k 1.00 0.90 2-11 4.60 4.25 3.90 3.55 15-1 13-114 12-94 11-8 2.85 9-4% 2.60 2.35 8-6k 7-8k 2.00 10-6 6-11 6.40 5.70 5.20 21-0 18-84 17-1 9.20 8.60 7.80 4.70 4.20 3.80 15-5 13-94 12-54 TJ 10.00 7.18 32-10 30-24 28-24 25-74 23-7 10.30 9.30 8.40 7.70 7.95 7.20 33-9½ 30-6½ 27-7 25-3½ 26-1 23-7½ 6.50 5.80 5.25 4.70 4.25 21-4 19-0k 17-3 15-5 13-11k 29.50 33.50 27.50 21.50 25.00 19.00 18.00 16.00 15.00 14.00 129-7 109-11 93-6 70-64 82-0 62-4 59-1 52-6 49-2 45-11 30.0 27.8 26.0 24.0 22.0 20.0 18.0 16.0 15.0 14.0 15.0 14.0 13.5 49-2 45-11 44-4 27.8 26.0 91-2 85-4 24.0 22.0 78-9 72-2 20.0 65-8 Discus 30.0 98-5 35.0 32.5 30.0 25.0 131-3 114-10 98-5 82-0 20.0 18.0 65-8 59-1 23.0 75-6 22.0 72-2 14.0 12.0 9.0 45-11 39-5 29-7 20 Mt. 10.00 9.00 8.00 7.00 6.00 5.00 4.00 3.50 3.25 3.00 2.75 16 Mt. 8.00 7.00 6.00 5.50 5.25 5.00 4-.75 notes: 1) 100 standards are for automatic time; use standard conversion for h5id time. 2) Short hurdles: 30-39: 33"; 40+: 30" 3) Shot put: 30-49: 4k; 50+: 3k. 4) Jávelin: 30-49: 600gm; 50+: 400gm. 5) Hammer: 30-49: 4k; 50+: 3k. 6) Metric heights and distances are the standard; feet and inches listed for convenience.

NAME	AGE-GROU	P
ADDRESS	SEX: M_	F
CITY	STATEZIP	The Face State
MEET	DATE OF MEET	schol se
MEET SITE	the least and the first that the	esting acre
EVENT:	MARK:	The Secondary of
HURDLE HEIGHT	WEIGHT OF IMPLEME	NT
☐ CERTIFICATE I. If you have equaled or better completely.	☐ PATCH red the standard of excellence, please fill o	☐ PATCH TAC ut this applicatio

APPLICATION FOR AN

- A copy of your results or a note stating in which issue your results appeared MUST ac-
- company this application. 3. Please send \$10 for a certificate, \$10 for a patch, and \$10 for a patch tag showing event
- and year. The cost for both a certificate and patch ordered at the same time is \$15.

 4. Send to: All-American, National Masters News, P.O. Box 50098, Eugene OR 97405.

 5. A 3-color, 8" by 10" certificate, suitable for framing, and/or a 3-color, 3" by 4" patch will be mailed to you within six weeks. Allow eight weeks for a patch tag.

TRACK & FIELD RESULTS

Please send results to: National Masters News, P.O. Box 50098, Eugene OR 97405. To keep information current, we generally do not publish results more than 4 months old. Results that are typed (maximum 28 spaces/21/4" wide) in put format receive preference. Deadline is the 10th of the month prior to issue date.

NATIONAL

National Masters Track & Field Championships Spokane, WA; August 15-18 100 Meters

100	METER	DACH	POFI	THE

AND DESCRIPTION OF THE PERSON NAMED IN		
1 Martin Krulee 2 Eugene Vickers	39 35	11.18 89.41 11.19 89.31
3 Derek Holloway 4 Noah Levingston	35 37	11.36 88.01 11.54 86.61
5 Wayne Iba 6 Hichael Waller	37 38	11.71 85 42
7 Warren Washington 8 Jay Mathis	36 37	11.74 85.12 12.33 81.12 12.43 80.42
9 Greg Wright	35	12.46 80.21
1 Kevin Horning 2 Thomas Jones	40	11.42 90.41 11.55 89.41
3 Edward Gonera 4 Robert Bowen	44	12.01 86.01 12.10 85.31
5 Kirk Burgess 6 Scott Shaughnessy	41 40	12.25 84.31
7 Charles Hunter 8 Keith Hiles	40	12.28 84.13 12.32 83.83
9 Steve Cumings 0 William Rea	40 44 41	12.34 83.71 12.55 82.31 12.92 79.91
1 John Zittercob 2 Scott Thornsley 3 Fred James	44 43	12.92 79.91 12.93 79.81 12.99 79.51
4 Don Grubbs	41	13.15 78.51
1 Stan Whitley 2 Stephen Robbins	50 53	11.71 94.21 12.04 91.61
3 Peter Crombie 4 Dan Durante	51 52	12.23 90.21 12.61 87.51
- David Naylor 5 Dale Herring	52 50	12.67 87.11 12.96 85.11
6 Paul Hontgomery	50 51	13.04 84.62 13.18 83.72
7 Will Leslie 8 Ron Jensen 9 Larry Armstrong	53	13.25 83.31 13.96 79.01
0 Paul Gilbert	53	14.58 75.71
1 Walter Butler 2 James Paddie	55 57	12.90 88.41 13.26 86.01
3 Wayne Bennett 3 William Knocke	59 56 56	13.29 85.81 13.29 85.81
5 Hugh Adams 6 Dale Lance 7 Ronald Kirkpatrick	58	13.31 85.72 13.50 84.51 13.53 84.32
- Horman Reynolds - Harco Bonne Foi	57 55	13.55 84.21
8 Paul Stepan 9 Thomas Hunt	58 57	13.99 81.51 14.55 78.41
0 Don Baumberger 1 Jim Hill	57 57	14.77 77.23 15.51 73.53
1 Ed Arnold M60	57	15.51 73.53
1 Dick Richards 2 Bobby Thomas	62	12.67 93.21 12.68 93.11
3 Bill Wright 4 Norbert Wedepohl	62	12.82 92.13 13.09 90.23
- Monty Hacker 5 Bob Dobbs	62	13.20 89.41 13.24 89.21
6 Ray Graves 7 Fred Biederman	62	13.62 86.71 13.67 86.31 13.72 86.01
8 William Jankovich 9 Jim Schleritz	62	14.35 82.31
- Heraclio Chandeck O Ralph Riddick	63	15.01 78.61 15.59 75.71
1 Cindy Steenbergen	42 40	12.90 88.21
2 Denise Foreman 3 Denise McField	40	13.15 86.51 13.21 86.11 13.45 84.61
4 Jacqueline Board 5 Marsha Hamilton - Alis Pratt-Shellin	42	14.14 80.48
6 Sue Horton 7 Linda Lanker	40	14.53 78.33 15.00 75.83
- Hette Fossberg 8 Joy Cordell	41	15.15 75.13 16.38 69.43
9 Mileah Loeb	41	18.59 61.23
1 Hadine Lowenstein 2 Rosalie Carman	51 52	15.02 81.72 15.31 80.22
3 Mary Robinson 4 Nadine O'Connor	54 54 52	15.45 79.48 15.62 78.68 15.65 78.48
5 Harlene Sachs 6 Caroline Cooney 7 Nina Bryant	50 54	15.94 77.03 16.27 75.43
8 Ann Carter 9 Rose Schlewitz	54	17.42 70.43 17.68 69.43
0 Erika Szanto 100 METER DASI	. 24	20.33 60.41
M30 - Paul Scarlett	33	11.01 89.52
1 David Barner 2 Brett Lauler	32	11.03 89.31
3 Joe Ngassa 4 Richard Washingto	32	11.52 85.51 11.89 82.91
5 Gregory Font NGS	34	12.20 80.81
1 Martin Krulee 2 Derek Holloway	39 35	11.03 90.61
3 Eugene Vickers 4 Noah Levingston 5 Wayne Iba	35 37	11.26 88.82 11.49 87.02
6 Jay Mathis	37 37	11.77 84.91 12.52 79.81
- Michael Waller	38 40	11 75 91 01
1 Kevin Horning	40	11.35 91.03

11.35 91.02 11.58 89.23 11.78 87.62 11.79 87.62 12.17 84.83 12.20 84.62 12.28 84.13 12.30 83.92

12.16 87.82 12.40 86.12 12.46 85.72 12.47 85.62 12.69 84.12 13.03 81.92

1 Kevin Morning
1 Kevin Morning
2 Thomas Jones
3 Edward Gonera
4 Robert Bosen
5 Charles Hunter
6 Keith Hiles
7 Scott Shaughnessy
8 Kirk Burgess
M45

MM5
1 Marian McCoy
2 Thoburn Hatten
3 Roger Parnell
- Philip Felton
4 David Anderson
- Roy Chubb

months old. Re wide) in put fo of the month p	sults the crimat reprior to	at are eceive issue
M50 1 Stan Whitley	50	11.44 96.51
2 Stephen Robbins 3 Peter Crombie	53 51	11.70 94.31 12.37 89.21
4 Dan Durante - David Haylor 5 Dale Herring	52 52 50	12.63 87.41 12.84 85.91 12.94 85.31
6 Paul Montgomery 7 Will Leslie M65	50 51	13.05 84.61 13.42 82.21
1 Walter Butler 2 Wayne Bennett	55 59	12.55 90.91 13.10 87.11
3 James Paddie 4 Dale Lance 5 Ronald Kirkpatrick	57 58 58	13.14 86.81 13.15 86.71 13.45 84.81
- Norman Reynolds M60 1 Bobby Thomas	61	13.85 82.31
2 Dick Richards 3 Bill Wright 4 Bob Dobbs	62 62 62	12.81 92.13 13.16 89.73 13.26 89.03
5 Norbert Wedepohl - Monty Hacker 6 Fred Biederman	60 61 61	13.35 88.41 13.59 86.91 13.86 85.21
7 Ray Graves M65	62	13.87 85.12
1 James Stookey 2 John Poppell 3 Jack Coy	66 65 65	13.42 91.41 13.62 90.01 13.88 88.41
4 Dick Cottingham 5 Frank Kishi - David Cady	68 65 65	15.14 81.03 15.43 79.53 00 2
H70 1 Bill Carter 2 Robert Higginbotham	73 70	14.88 86.21 15.42 83.21
3 Thomas Hiller H75	72 76	16.07 79.81
2 Charles Hercurio 3 Albert Fairchild	76 78	14.63 92.31 17.76 76.01 19.58 69.01
- Konrad Slaughter MBO 1 Frank Finger	77 81	16.45 87.21
2 Bert Horrow 3 Andy Anderson 4 Ed Andrysiak	84 81 82	18.66 76.91 21.57 66.51 23.67 60.61
1 Anthony Castro	87	18.60 82.91
1 Dana Baumgarten 2 Karen Johnson	34 440.21 34	13.66 78.71 13.69 78.61
1 Joy Upshaw-Margerum 2 Susan Smith 3 Angela Neazy	35 35	12.71 86.13 13.57 80.63
4 Shellie Banks 5 Elaine Iba	35 38 35	13.60 80.51 14.20 77.11 14.39 76.01
1 Cindy Steenbergen 2 Denise Forenan	42 40	12.76 89.11 13.15 86.51
3 Denise McField 4 Jacqueline Board 5 Marsha Hamilton	40 43 42	13.32 85.41 13.42 84.81 14.11 80.61
- Alis Pratt-Shelling 6 Sue Norton 7 Linda Lanker	40	14.16 80.31 14.68 77.51 14.96 76.01
W45 1 Hary Libal - Rhona Trott	46 47	13.15 89.82 14.64 80.72
2 Suzanne Williams - Avril Naylor	47 49	14.84 79.61
3 Teddie Bell W50 1 Nadine Lowenstein	49 51	16.56 71.31
2 Nadine O'Connor 3 Rosalie Carman 4 Mary Robinson	54 52 54	14.92 82.31 15.23 80.61 15.48 79.31
5 Marlene Sachs 6 Caroline Cooney 7 Nina Bryant	52 50 54	15.67 78.32 15.85 77.42 16.30 75.32
8 Ann Carter W55 1 Kathy Bergen	54	17.52 70.03 14.45 88.33
2 Kemisole Solwazi 3 Joy HacDonald 4 Louise Tricard	56 55	14.58 87.51 16.33 78.11 17.30 73.71
5 Laura Stepan W60	59 56	20.15 63.31
1 Rita Kerr - Louise Reed 2 Anne Yudell	61 61 63	16.23 81.81 16.43 80.81 16.52 80.31
3 Fei-Hei Chou 4 Carole Onderdonk 5 Dorothy O'Neal	61 61	17.17 77.31 18.12 73.21 24.30 54.61
1 Sum Onodera-Leonard 2 Shirley Dietderich	68 69	17.26 80.41 19.59 70.91
1 Patricia Peterson 2 Johnnye Valien	70 71	17.20 85.01 17.77 82.31
3 Hary Holland 4 Josephine Sullivan W75	72 71	18.57 78.72 18.75 78.02
1 Hargaret Hinton 2 Diane Friedman W80	75 75	19.50 79.61 20.11 77.21
1 Pearl Mehi	82	28.51 58.53
	Meters Dash Prelin	5
1 Eugene Vickers 2 Derek Holloway 3 Moah Levingston	35 35 37	23.49 85.41 23.65 84.81
4 Tyrone Williams 4 Wayne Iba	37 37	23.82 84.21 24.04 83.41 24.04 83.41
6 Michael Waller 7 Anthony Krainik 8 Stephen Winkel	38 37 38	24.40 82.21 24.42 82.11 24.75 81.01
9 Jay Mathis 0 Douglas Schneebeck 1 Daniel Taylor	37 36 38	25.22 79.51 26.13 76.81 26.34 76.21
2 Bob Good M40	38	26.59 75.41
1 Kevin Horning	40	23.37 88.91

5 Kirk Burgess	41	24.20 85.81
6 Hike Pannell	42	24.40 85.1X 24.46 84.9X
7 David Ortman 8 Scott Shaughnessy	40	24.51 84.72
9 Edward Gonera	44	24.63 84.31
O Steve Cummings	40	24.71 84.13
1 Thomas Jones	42	24.75 83.91
2 William Rea	44	25.52 81.41
3 Dennis Nelson	41	25.89 80.21 26.16 79.41
4 Fred James 5 Vince Costello	43	26.31 78.91
M45	~	20.02 10.54
1 Frederick Sowerby	47	25.05 85.91
- Philip Felton	47	25.11 85.71
- Norman Lewis	46	25.80 83.41
2 Marion McCoy	46	25.80 83.41
3 Roger Parnell	47	26.13 82.41 26.19 82.21
4 Alex Constantinou - Roy Chubb	46	26 45 81 41
5 Turran Harper	45	26.67 80.71 28.77 74.81
6 Philip Gnesin	46	28.77 74.81
7 David Horace		29.52 72.91
H50	17190	
1 Stan Whitley	50 53	24.26 91.91
2 Stephen Robbins 3 Dan Durante	52	25.51 87.42 25.64 87.03
4 Peter Crombie	51	25.75 86.61
- David Naylor	52	25.87 86.21
5 Paul Montgomery	50	26.32 84.72
6 Dale Herring	50	26.79 83.21
7 Theo Viltz	53	26.80 83.21
8 Ron Jensen	53 51	26.83 83.12
9 Will Leslie	54	27.91 79.92 28.01 79.62
0 Larry Armstrong 1 Jack Karbens	54	29.12 76.61
2 Paul Gilbert	53	29.76 74.91
3 John Shenk	53	30.01 74.31
4 William Hendricks	52	35.33 63.11
H55	1	
1 Walter Butler	55 59	25.54 90.53 25.68 90.03
2 Charley Miller 3 Wayne Bennett	59	26.87 86.04
- Marco Roone Foi	55	27.20 85.04
4 James Paddie	57	27.29 84.71
5 Paul Stepan	58	28.45 81.21
· Norman Reynolds	57	28.73 80.43
6 Thomas Hunt	57 57	30.29 76.32 30.49 75.82
7 Don Baumberger - Ronald Kirkpatrick		DNF 8
M60	100	THE RESERVE OF THE PERSON NAMED IN
1 Bobby Thomas	61	26.29 91.13
2 Dick Richards	62	26.63 90.01
3 Norbert Wedepohl	60	27.07 88.51
- Monty Hacker	61	27.46 87.21
4 Ray Graves	62	28.00 85.61
5 Bob Dobbs	62	28.15 85.12
6 Fred Biederman 7 Harold Hitt	61	28.18 85.02 29.06 82.42
8 Jin Schlevitz	62	29.74 80.61
9 Ray Everson	61	34.01 70.41
	DAGY -	1
200 NETER	I HOM I	INLS
1 Kettrell Berry	33	21.86 90.23
2 Jeffery Yale	31	22.12 89.13
3 Brett Lavler	32	22.30 88.43
4 David Barner	32	22.34 88.21

3 Brett Lawler 4 David Barmer - Paul Scarlett 5 Joe Ngassa 6 Richard Washingt M35 1 Derek Holloway 2 Eugene Vickers 3 Tyrone Williams 4 Wayne Iba 5 Michael Waller 6 Noah Levingston 7 Anthony Krainik 8 Jay Mathis M40 32 33 32 33 22.34 88.23 22.92 86.03 23.32 84.53 25.83 76.33 22.15 90.63 22.69 88.43 23.08 86.93 23.69 84.73 23.73 84.53 23.77 84.43 24.21 82.91 24.67 81.31

Kevin Morning	40	22.30 93.13
Thomas Jones	42	22.95 90.51
Gerry Krainik	44	23.22 89.41
Edvard Gonera	44	23.23 89.41
Robert Bowen	44	23.31 89.11
Hike Pannell	42	29.17 71.23
445		
Frederick Soverby	47	23.98 89.78
Philip Felton	47	24.81 86.71
Alex Constantinou	45	24.85 86.61
Marion McCoy	46	25.23 85.31
Roger Parnell	47	25.52 84.31
Norman Levis	46	25.61 84.01
Roy Chubb	46	26.38 81.61
Turran Harper	45	27.39 78.61
160		
Stan Whitley	50	23.07 96.78
Peter Crombie	51	24.00 92.91
Dan Durante	52	25.40 87.81
David Naylor	52	25.88 86.21
Dale Herring	50	26.49 84.21

4 Dale Herring	50	26.49 84.21
		20.77 07.24
5 Paul Montgomery	50	26.55 84.03
M65		
1 Charley Hiller	59	25.54 90.51
2 Wayne Bennett	59	25.97 89.01
3 James Paddie	57	26.79 86.31
- Norman Reynolds	57	27.87 82.91
4 Paul Stepan	58	27.99 82.61
5 Thomas Hunt	57	30.16 76.68
M60		
1 Bobby Thomas	61	25.27 94.83
2 Dick Richards	62	26.05 92.01
· Monty Hacker	61	26.90 89.11
3 Norbert Wedepohl	60	27.58 86.91
4 Ray Graves	62	29.11 85.22
5 Fred Biederman	61	28.70 83.52
6 Harold Hitt	63	28.98 82.71
MES	~	20.70 02.74
1 James Stookey	66	27.68 90.23
2 Don Cheek	66	28.03 89.12
3 John Poppell	65	28.20 88.51
4 Jack Coy	65	28.40 87.93
5 David Cady	65	31.26 79.92
6 Dick Cottingham	68	31.36 79.63
7 Frank Kishi	65	32.91 75.91
8 Jim Moorhead	68	36.62 68.21
N70		
1 Manny Herscher	70	32.93 79.51
2 Thomas Hiller	72	34.26 76.51
3 Tedd Parrish	74	35.90 73.01
N75		
1 Milton Silverstein	76	30.82 89.91
2 Walter Dahlin	75	33.49 82.72
3 Konrad Slaughter	77	39.14 70.82
4 Albert Fairchild	78	44.57 62.12
1 HB0		
1 Mile Lightfoot	82	37.79 78.23
2 Bert Horrow	84	39.00 75.83
3 Andy Anderson	81	45.44 65.12
4 Ed Andrystak	82	52.03 56.83
HES		2000
1 Anthony Castro	87	41.47 77.02

65	28.20 88.53
65	28.40 87.93
65	31.26 79.92
68	31.36 79.62
65	32.91 75.93
68	36.62 68.21
70	32.93 79.51
72	34.26 76.51
74	35.90 73.01
76	30.82 89.91
75	33.49 82.72
77	39.14 70.83
78	44.57 62.11
82	37.79 78.21
84	39.00 75.83
81	45.44 65.12
82	52.03 56.83

41.47 77.03

W30		
1 Dana Baumgarten	34	28.03 77.23
2 Diana Moore	34	28.20 76.73
W35		
1 Joy Upshaw-Margerum	35	25.73 85.91
- Jennifer Fisher	36	26.04 84.91
2 Susan Smith	35	27.72 79.83 28.83 76.73
3 Angela Neazy	35	28.88 76.54
4 Shellie Banks	38	30.66 72.13
5 Elaine Iba	35	30.00 /2.14
1 Cindy Steenbergen	42	26.75 86.01
2 Denise Hcfield	40	27.17 84.78
3 Denise Foresan	40	27.19 84.63
4 Jacqueline Board	43	27.39 84.03
- Alis Pratt-Shelling	42	29.25 78.71
5 Sue Norton	40	29.69 77.53
- Mette Fossberg	44	30.81 74.71
6 Mileah Loeb	41	41.06 56.01
W45		
1 Mary Libal	46	26.44 90.72
- Rhona Trott -	47	30.03 79.81
- Avril Naylor	49	32.15 74.58
N50	No.	
- Avril Douglas	50	28.79 86.71
1 Nadine Lowenstein	51	30.61 81.61
2 Mary Robinson	54	32.99 75.73
3 Caroline Cooney	50	33.74 74.02 35.89 69.62
4 Nina Bryant	54	35.89 69.64
W55	56	29.82 87.33
1 Kemisole Solwazi	56	30.11 86.43
2 Kathy Bergen W60	20	30.11 00.44
1 Rita Kerr	61	33.24 81.83
- Louise Reed	61	33.97 80.01
2 Fel-Hel Chou	61	35.89 75.71
3 Carole Onderdonk	61	45.49 59.72
W65		FEED AND SPE
1 Sum Onodera-Leonard	68	35.97 79.31
- Nessie Hollicky	65	36.84 77.41
2 Shirley Dietderich	69	43.03 66.31
W70	7/5	
1 Patricia Peterson	70	35.54 84.92
2 Johnnye Valien	71	37.79 79.81
3 Josephine Sullivan	71	40.57 74.42
W75	1	44 40 70 12
1 Hargaret Hinton	75	44.48 72.43
2 Diane Friedman	75	45.07 71.48
W80	82	1.00 EA ET F.
		1:00.50 57.53
1 Pearl Hehl - Ivy Granstrom	84	1:04.87 53.68

400 Meters

400 HETER DASH PRELIMS

H35

1 Derek Holloway	35	52.36 85.21
2 Tyrone Williams	37	52.58 84.93
3 Eugene Vickers	35	53.08 84.13
4 Brent Cottong	39	53.31 83.72
5 Ray Blackwell	38	53.36 83.72
6 Anthony Krainik	37	54.09 82.51
7 Stephen Winkel	38	55.19 80.91
8 Chris Sherwood	37	1:00.36 73.92
- Sal Allah	36	DNF 1
H40		The state of the s
1 Gerry Krainik	44	52.61 87.63
2 Edward Gonera	44	53.50 86.21
3 Julio Reyes	40	53.53 86.11
4 Keith Hiles	40	53.56 86.11
5 Hike Pannell	42	53.60 86.01
6 Robert Bowen	44	53.83 85.72
- Kostie Killas	42	54.24 85.01
7 Reggie Mason	41	54.71 84.32
8 Steve Cummings	40	54.99 83.81
9 Thomas Hartshorne	42	56.14 82.13
O Dave Iremonger	41	56.63 81.43
1 Ron Fisher	42	57.05 80.83
2 George Hall	43	57.74 79.83
M50		
1 Peter Crombie	51	57.61 85.83
2 Richard Tucker	51	57.99 85.32
3 Don Parker	53	59.37 83.32
4 Ron Jensen	53	1:00.55 81.73
5 Glenn Govertsen	51	1:00.83 81.33
£ Minnelau Clarks	63	1.00.00 70.70

5 Glenn Govertsen	51	1:00.83 81.32
6 Kingsley Clarke	53	1:02.03 79.72
7 Larry Armstrong	54	1:03.77 77.53
8 Garry Cox	53	1:04.25 77.03
9 John Shenk	53	1:05.00 76.12
- Garth Huck M60	51	1:06.85 74.03
1 Bobby Thomas	61	59.70 89.81
2 Harold Hitt	63	1:05.13 82.31
3 Jerry Jefferson	63	1:05.93 81.33
4 Donald Kane	64	1:08.31 78.58
5 Hector Cisneros	62	1:08.40 78.32
6 Ken Ogden	60	1:10.39 76.13
7 Jim Schlewitz	62	1:10.56 75.98
8 Ralph Riddick	64	1:11.95 74.58
9 Larry Wright	60	1:14.56 71.98

400 HETER DASH FINALS

H30

LOA ALLES		
1 Kettrell Berry	33	49.19 88.01
2 Jeffery Yale	31	49.60 87.21
3 Brett Lauler	32	49.89 86.72
4 Yaughan Kastor	31	50.37 85.91
5 Larry Robinette MS5	33	1:01.77 70.01
1 Ray Blackell	38	49.21 90.72
2 Derek Holloway	35	50.04 89.21
3 Eugene Vickers	35	50.62 88.21
4 Tyrone Williams	37	50.82 87.81
5 Stephen Winkel	38	52.67 84.72
6 Anthony Krainik	37	53.10 84.13
7 Brent Cottong H40	39	53.90 82.81
1 Edward Gonera	44	51.45 89.63
2 Julio Reyes	40	51.48 89.61
3 Robert Bowen	44	52.06 88.63
4 Hike Pannell -	42	52.56 87.7%
5 Gerry Krainik	44	53.43 86.31
6 Keith Hiles	40	54.12 85.21
- Kostie Killas	42	54.45 84.72
7 Reggie Mason M45	41	55.31 83.41
1 Frederick Soverby	47	52.62 90.63
- Philip Felton	47 .	54.31 87.81
2 Alex Constantinou	45	55.10 86.62
3 Burke Grandjean	47	55.71 85.64
- Norman Levis	46	57.32 83.21
4 Kent Eggleston	45	1:01.40 77.72
5 Philip Gnesin M50	46	1:02.20 76.71
1 Peter Crombie	51	54.85 90.11
2 Richard Tucker	51	56.43 87.62
3 Ron Jensen	53	59.80 82.72
4 Kingsley Clarke	53	1:01.26 80.72
5 Glenn Govertsen	51	1:01.94 79.82
6 Garry Cox	53	1:05.16 75.93
7 Larry Arestrong	54	1:08.44 72.21
- Don Parker	23	DIF 1

		The second section is a second section of the second section of the second section is a second section of the sect
M55	196	20.00
- Frank Hearns - Bill McIlwaine 1 Eric Owers	55 57	56.97 90.21 58.25 88.21
- Bill McIlwaine	55	58.78 87.41
1 Eric Owers	58	58.84 87.31
1 Eric Owers 2 Ronald Kirkpatrick 3 Wayne Bennett	59	1.00 80 84.54
4 Paul Stepan	58	1:05.39 78.61
- William Knocke	56 57	DNF 4
- William Knocke - Walt Schafer	57	DNF 1
M60		FT 00 02 61
1 Bobby Thomas 2 Harold Hitt 3 Jerry Jefferson 4 Ken Ogden	61 63 63	57.90 92.61 1:05.13 82.31
2 Harold Hitt	63	1:05.91 81.31
A Kee Order	60	1:07.44 79.53
Ken Uyuen	62	1:09.26 77.43
5 Hector Cisneros	62 62 64	1:11.61 74.81
6 Jim Schlewitz 7 Ralph Riddick	64	1:14.60 71.81
- Donald Kane	64	00 1
M65		
· Earl Fee	.67	1:00.17 93.31 1:00.97 92.11
1 Don Cheek	66 65	1:00.97 92.13
2 Jack Coy 3 Paul Heitzman	65	1:03.78 88.12
3 Paul Heitzman	65 69	1:04.34 87.31
4 Rodney Brown 5 Jim Moorhead	69	1:07.53 83.21
5 Jim Moorhead	68	1:07.93 82.04
6 Walter Gale	65	1:07.95 82.61 1:08.62 81.81 1:23.41 67.31
7 Chuck Sochor	68	1:23.41 07.34
N70	70	1:11.32 83.01
1 Harold Johnson 2 Archie Hessenger 3 John McHanus	70 73	1:12.80 81.31
2 John McHanus	73	1:13.29 80.81
4 Bill Sleeth	71	1:21.96 72.23
N75		
1 Michel Kagan	75 76	1:25.26 73.81 1:53.57 55.41
2 Robert Hunt	76	1:53.57 55.48
M80		
1 Bob Matteson 2 Milo Lightfoot	80	1:24.19 80.51
	82	1:29.84 75.43 1:34.14 71.93
3 Maxwell Springer	82 81	1:35.48 70.91
3 Maxwell Springer 4 Vincent Halizia	97	1:33.40 70.34
130	20	1.02 17 77 02
1 Liisa Nichols 2 Diana Moore	30	1:02.17 77.01 1:03.07 75.91
W35	•	when the manufacturers
1 Sheree Robertson	39 35 39	1:02.96 78.81 1:03.94 77.62 1:04.46 77.02
1 Sheree Robertson 2 Susan Smith	35	1:03.94 77.63
3 Carla Hoppie	39	1:04.46 77.03
W40		
1 Denise Foresan	40	1:00.45 85.32
2 Jacqueline Board	43	1:01.95 83.21
- Marne McMillan 3 Paul Dickson-Taylor	77	1:03.14 61.04 1:04 RS 79 42
- Anne Mullins	43	1:03.14 81.62 1:04.88 79.42 1:05.50 78.72 1:07.14 76.82
A Sue Morton	40	1:07.14 76.83
4 Sue Norton W45	the kert	
1 Mary Libal	46	59.90 89.51
Jane Treleven Jane Treleven Suzanne Williams Debbie Stiles Joni Shirley Jou	47	59.90 89.51 1:06.34 80.83 1:06.41 80.83 1:08.32 78.53 1:12.80 73.72
3 Suzanne Williams	47	1:06.41 80.81
4 Debbie Stiles	47	1:08.32 /8.54
5 Jon's Shirley	49	1:12.80 /3.74
- Avril Douglas	50	1-03 32 88 32
1 Nadine Lowenstein	51	1:03.32 88.31 1:09.50 80.51
W60		CATACHTTEN
- Jean Horne	63	1:13.53 83.61
- Jean Horne 1 Rita Kerr	61	1:15.60 81.32
 Louise Reed 	61 61 63	1:15.60 81.32 1:17.54 79.32 1:21.36 75.62
2 Anne Yudell	63	1:21.36 /5.61
2 Anne Yudell W65 - Nessie Hollicky	65	1:24.85 76.68
- Nessie Hollicky W70	49	4 Jim Selev
1 Patricia Peterson	70	1:26.21 80.21
- Hazel Cameron 2 Louise Adams	72	1:26.21 80.21 1:29.15 77.61 1:39.38 69.61
Z Louise Adams	74	1:39.38 69.61
W75	-	1.45 05 70 20
1 Gerry Davidson 2 Diane Friedman	75 75	1:45.95 70.21 1:59.50 62.21
LISO	/3	1.33.30 02.24
W80 - Ivy Granstrom 1 Pearl Hehl	84	2:17.19 59.13
1 Pearl Hehl	82	2:20.51 57.73
	age i	and without

800 Meters

800 METER F	UN PREL	DS (
1 Rick Barbero	42	2:01.94 88.81
2 Julio Reyes	40	2:02.62 88.31
3 Daniel Barry	40	2:03.18 87.91
4 Dave Clingan	42	2:05.20 86.51
5 Thomas Hartshorne	42	2:05.32 86.41
6 Peter Hogg	41	2:07.07 85.21
7 David Jansen	40	2:07.15 85.21
8 Tom Aspel	41	2:07.89 84.72
9 Michael Johnson 0 Arny Stonkus	40	2:09.22 83.81 2:09.70 83.51
1 Daniel Winzenried	43	2:10.77 82.83
2 Randy Ware	40	2:12.46 81.83
3 Kent Hoffmeyer	40	2:13.19 81.31
4 Steve Cumnings	40	2:24.15 75.11
5 Stephan Huda	42	2:27.75 73.31
M5		
1 Bill Codd	45	2:06.69 88.61
2 David Salzner	45	2:07.37 88.12
3 Turran Harper	45	2:08.08 87.73
4 Wayne Morris 5 Duane Green	46	2:09.40 86.81
6 Byron Dyce	48	2:10.48 86.08 2:12.23 84.98
7 Randy Taylor	48	2:12.33 84.83
8 William Fitzpatrick		2:12.60 84.78
9 Kent Eggleston	45	2:15.47 82.91
0 David Elhoff	46	2:16.05 82.51
1 Lindsay Bodden	48	2:19.29 80.61
2 Anthony Hanson	47	2:36.60 71.78
H50	· The	Control of the second
1 Don Parker	53	2:10.35 89.58
2 Stan Mathes 3 Bob O'Conner	50 50	2:14.53 86.72
4 Al Beck	50	2:14.70 86.61 2:14.75 86.61
5 Glenn Govertsen	51	2:15.69 86.01
6 Jim Gibbons	52	2:16.86 85.28
7 Richard Tucker	51	2:18.34 84.31
- Jake Madderom	51	2:18.77 84.12
8 Kingsley Clarke	53	2:23.72 81.21
9 Marty Stitsel	50	2:24.29 80.81
0 William Hendricks - Garth Huck	52	2:25.98 79.91
1 Larry Smith	51 51	2:31.26 77.13
2 John Shenk	53	2:31.53 77.01 2:41.18 72.41
M55	3011	2.74.10 /2.74
- Frank Hearns	55	2:16.15 89.32
1 Sid Howard	57	2:16.22 89.21
2 Robert McHillan	55	2:16.61 89.01
3 William McHillen	56	2:17.21 88.61
4 Stephen Lyons	55	2:17.43 88.41
5 Desmond O'Rourke 6 Eric Owers	57	2:18.92 87.51
- Bill McIlwaine	55 57	2:21.00 86.21
7 Walt Schafer	57	2:23.60 84.61
8 James Huffman	55	2:28.34 81.91
9 Josef Fodor	58	2:29.47 81.33 2:36.97 77.43
M65	120	4:30.3/ //.44
1 Paul Heitzman	65	2:31.21 88.41
2 Jim Selby	68	2:35.09 86.23
3 Tom Brinton	68	2:36.48 85.41
THE RESERVE TO A SECOND	-	The state of the s

Continued on next page

7.2 2.2 9.1 9.1

REPERENCE OF THE PROPERTY OF T

Column		September 1990			National Mast	ers News	The state of the s			page 29
Marchan Marc			5 Joel Hope 38 4:	24.43 80.01		18:09.10 71.42	3 Rich Friedlander 52	36:18.08 82.71	400 Meter Int. Hu	irdles
Column		4 Walter Gale 65 2:39.89 83.6% 5 Rodney Brown 69 2:41.80 82.6%	7 Jose Cabrera 39 4:	39.56 75.61	K35	The same of the sa	5 Victor Sipes 53	39:59.35 75.12		an Abaselia .
## 19 19 19 19 19 19 19 19		6 8111 Fortune 68 2:47.51 79.81 7 Jim Sutton 65 2:56.63 75.61	HAO	The state of the s	2 Mark Cleary 37	16:25.17 79.31 17:01.85 76.41	7 Nick Zilka 52	41:44.73 71.98	KGS	
March Marc		9 Jack Nyhan 65 3:07.60 71.21	1 Peter Mogg 41 4: 2 Tom Aspel 41 4:	11.52 87.1X 12.25 86.8X	4 Jeffrey Endres 36	18:35.99 70.0%	M55	The sale are at the sale and	2 Douglas Schneebeck 36	58.19 83.31 58.02 80.07
The content of the			4 Julio Reyes 40 4:	15.77 85.61	H40	0.000	2 Bobby Kincaid 59	38:21.68 81.61	4 Brent Cottong 39	1:02.15 78.04
The content of the		1 Yaughan Kastor 31 2:01.28 83.84	6 Guy Gadomski 40 4:	23.06 83.31	2 Kenneth Leinbach 41	15:43.01 85.72	4 Wally Brawner 57	40:13.55 77.81	- Daniel Taylor 38	
The content of the		2 Larry Beatty 32 2:02.27 83.2% 3 Garth Herrill 30 2:12.02 77.0%	8 Brad Hurst 43 4:	26.40 82.23	4 Marty Higginbotham 40	15:58.55 84.31	1 Oleg Horozov 61	37:49.53 86.51 38:21 60 85 31	1 Mike Pannell 42	58.14 87.21
March 1		N35	0 Randy Ware 40 4:	32.37 80.48	6 Joe Winegardner 40	16:04.62 83.82	3 Robert Ruggeri 60	40:42.82 80.42 42:06.31 77.72	'3 Russel Jacquet-Acea 43	1:01.22 82.81
The state of the content of the co		1 Paul Fragua 39 2:02.37 85.5% 2 Mark Cleary 37 2:05.52 83.4%			8 Galen Martinez 40	16:50.02 80.01	5 Hel Preedy 63	43:10.46 75.81	4 Dennis Nelson 41	1-03 23 80 21
The state of the content of the co		4 Joel Hope 38 2:09.53 80.82		14.06 89.43	- Gerry Holliday 42	16:51.37 79.98	1 Paul Heitzman 65 2 James Beall 67	40:05.86 85.81 40:19.20 85.31	6 Vince Costello 43	1:05.43 77.52
The state 1		6 Marty Kruger 39 2:10.74 80.01	1 David Salzner 45 4:	19.64 87.53	1 John Oickey 42	18:56.95 71.13	3 Patrick Devine 67 4 Donald Ross 66	43:23.82 79.31	M5	
Second column		M0	3 Ken Bell 45 4:	20.38 87.38	- Brad Hurst 43	DNF &	5 Bill Fortune 68	44:16.11 77.78	2 Don Roberts 46	1:05.06 81.71
The state 1		2 Daniel Barry 40 1:59.91 90.32	5 Wayne Morris 46 4:	39.71 81.23	1 Richard O'Brien 47	16:11.52 86.31	7 Peter Hundle 68	54:53.94 62.71	M50	
The contract of the contract			7 David Elhoff 46 4:	48.59 78.72	3 Don Kardong 47	17:09.98 81.48 18:11 47 76 88	1 Jim Forshee 70 2 Jim O'Neil 71	41:52.88 87.01 44:08.11 82.51	2 Robert Baker 51	1:08.01 81.2x 1:14.45 74.2x
1		6 David Tancon 40 2:04.2/ 8/.18	- Byron Dyce 48		5 Ronald Crawford 48	18:22.56 76.01 19:12 18 72 71	1 Michel Kagan 75	52:16.70 74.48		1:31.93 60.11
The column		7 Thomas Hartshorne 42 2:04.28 87.1% 8 Michael Johnson 40 2:07.08 85.2%	1 Al Beck 50 4:	27.48 88.31	M50		M60	- Entratement Driver	1 Terry Rowan 56 2 Bruce Hills 57	1:12.74 80.21 1:15.04 77.81
Fig. 10 Fig.		M5 1 B111 Codd 45 2:05.94 89.12	3 Stan Mathes 50 4:	30.73 87.32	2 Jeff Corkill 53	16:51.93 86.12 17:04 08 85.12	The State of	02:32.30 67.12	3 Jim Hill 57	1:27.26 66.91
Fig. 10 Fig.		2 Randy Taylor 48 2:06.02 89.13 3 David Salzner 45 2:06.58 88.73	5 Jim Gibbons 52 4:	36.23 85.51	4 Al Beck 50 5 Jecry Graham 53	17:18.27 83.91 17:52.07 81.31	1 Esther Holman 32	49:41.16 60.23		1:04.40 85.11
Fig. 10 Fig.		4 Turran Harper 45 2:09.27 86.91 5 8yron Dyce 48 2:10.43 86.12	7 Richard Murray 50 4:	38.12 84.91	6 Rich Friedlander 52	17:54.70 81.12 18:41.90 77.62	1 Dort Robertson 35	42:08.88 71.11	S. WIS AND MADE OF THE PARTY OF	1:17.93 74.01
Comparison Com		6 Wayne Morris 46 2:10.48 86.02 7 William Fitzpatrick 45 2:12.73 84.62	8 Jim Verdier 54 5:	04.02 77.73	8 Neil Felgenhauer 50		1 Lorna Squyer 42		Control of the Contro	The same of the sa
Section Continues Contin		1 Stan Mathes 50 2:10.22 89.61	- Garth Huck 51 5:	11.00 76.01	0 Robert Edwards 53	25:41.38 56.51	W45	- o i emikit iten njaki ji	M60	
Section Continue		2 Richard Tucker 51 2:10.35 89.52 3 Jim Gibbons 52 2:11.00 89.12			1 James Williams 55 2 Bobby Kincaid 59	18:07.47 83.51 18:33.58 81.51	N50	President automotify	2 Bailey Abernathy 61	9:07.93 75.58
The property of the control of the		5 Bob O'Conner 50 2:12.06 88.31	1 Stephen Lyons 55 4:	42.86 87.13	3 Chuck Keating 55	18:49.55 80.48	N55	The board of the second of	H65	Mary Control of the C
The property of the control of the		- Jake Madderom 51 2:18.43 84.32 6 6 Glenn Govertsen 51 2:20.72 82.92	2 Eric Overs 55 4: 3 James Williams 55 4:	44.16 86.72 44.33 86.62	5 James Turner 56 6 Ron Kelling 58	19:11.71 78.81 20:06.39 75.21	W65	THE PERSON OF TH	- Luis Torres Resa 68	9:47.50 75.31
1.00 miles		ISS and the second seco	4 Sid Howard 57 4:	49.75 85.01		18:01.16 87.82	W70	Ananchi, chi santanti (Car	3 John Nelson 65	12:15.92 60.11
Control Cont		1 Stephen Lyons 55 2:13.43 91.12 - Frank Hearns 55 2:13.50 91.02	6 Josef Fodor 58 5:	03.32 81.21		18:32.64 85.32	LOCATION OF THE PARTY OF THE PA	The same of the sa		9:32.26 83.41
1		3 Robert McHillan 55 2:15.34 89.84	8 Frank Hamilton 56 5:	30.84 74.48	4 Bernard Hollander 60	19:14.92 82.2X 19:35.37 80.8X		The state of the s		12:03.14 72.13
Section of Charles 1.5 1		4 William McHillen 56 2:16.19 89.2X 5 Sid Howard 57 2:16.70 88.9X	E. 'doc' Hurdock 55		7 Ken Ooden 60	20:00.57 79.18	The same of the same of the same of	VE VEHER	1 Laurie Ticknor 34	9:10.18 65.48
1.00 1.00		M60 and the second seco	1 Bernard Hollander 60 5:	07.74 83.81 08.09 83.71	9 Gordon McClenathen 62	20:58.92 75.43	H75 MACULA TOTAL TOTAL	THE THE PARTY OF	- Jennifer Fisher 36	
Compare Comp		1 James Aneshansley 61 2:27.68 86.18 2 John Conner 61 2:29.88 84.83	3 John Conner 61 5:	13.89 82.11	M65 100 marks	THE RESERVE OF THE PARTY OF THE	1 Walter Dahlin 75 2 Daniel Bulkley 79	16.09 86.81 16.94 82.41	N55 4 1925 1	Controller and Market
Control Professor Cont		4 Ken Ogden 60 2:35.34 81.81	5 Ken Ooden 60 5:	21.31 80.23	1 Jim Sutton 65 2 Paul Heitzman 65	19:08.40 86.91	1 Frank Finger 81	17.34 89.21		
Table Sym		6 Larry Wright 60 2:46.15 76.58	7 Don Stocomb 62 5:	26.78 78.94	4 Bill Fortune 68	20:39.29 80.58	2 Bert Horrow 84	The same of the sa		9:53.17 81.23
Carl Fee		8 Field Ryan 64 2:57.07 71.81	9 Field Ryan 64 6:	02.08 71.21	· Luis Torres Resa 68	23:32.12 70.78		15 17 71.01	2 Patrick Wagner 34	10:28.49 76.71
The Section of Section 1		Earl Fee 67 2:21.23 94.61	1 Jim Sutton 65 4:	58.62 90.81	7 Donn Kirk 65	24:20.70 68.33	3 Linda Lanker 40 W50	STATE OF STREET	N35 1 Steven James 36	
A month of the property of t		2 Paul Heitzman 65 2:28.95 89.7%	3 James Beall 67 5:	19.13 85.0	M70				2 Jack Prestrud 39 3 David Harding 36	10:39.95 77.51
Section From the Control		4 Jim Selby 68 2:39.67 83.71	5 Walter Gale 65 5:	30.91 82.01	2 Jim O'Neil 71	21:34.70 81.62	W55 1 Becky Sisley 57		H40	To viscopresion American
Both Statemen 72 2-64, 64 44 1.0 m. Primer 72 2-64, 64 4.1 1.0 m. Primer 73 2-64, 64 4.1 1.0 m. Primer 74 2-64, 64 4.1 1.0 m. Primer 75 2-64, 75	20.	6 Rodney Brown 69 2:43.39 81.82 7 Efrian Sanchez 67 2:55.53 76.12	7 Donald Ross 66 5: 8 Efrian Sanchez 67 5:	47.39 78.11 57.37 75.91	1 Michel Kagan 75	24:30.82 76.63 35:34.27 52.83	A CONTRACTOR MANAGEMENT OF THE PARTY INTO	Milder and the state of the sta	2 Scott Kessler 42	11:36.44 74.58
1 April Prince 1 Ap		470	H70	STATE OF STREET			M50	THE PERSON OF THE	- Doug Smith 44	12:20.36 70.01
## WITCH WITCH. 1 11 17 16 17 17 17 18 18 18 18 18		2 John HcHanus 73 2:48.44 83.93	2 Archie Hessenger 73 5	:54.73 81.08	3 Dudley Healy 82		2 Fred Johnston 50	15.51 87.21	5 Neal Bojko 40 M45	THE PERSON NAMED IN
1 And 1 And 1 And 2 An		· Arthur Wilson 72 3:08.95 74.81	H75	The state of the s	1 Janine Franz 34	21:07.41 68.13	4 Bob Osterhoudt 54	17.21 78.61		REPARAMENT AND ADMINISTRATION AN
Desire Buildary 7 2.02.4 0 7.1 1 1.00		N75			1 Kim Jones 38			W	3 Searcy Barnett 49	
200 Activation 100		2 Daniel Bulkley 79 3:20.63 75.21	1 Vincent Halizia 81		3 Cheryl Yoke 35	20:00.66 72.58	2 Hugh Adams 56	15.60 91.48	2 Larry Horris 51	12:00.98 79.31
2 Vincet halists 11, 202-20 74, 20 3 Remain Starter 51, 202-20 74, 20 3 Remain Starter 51, 202-20 74, 20 4 Service Starter 51, 202-20 74, 20 4 Service Starter 51, 202-20 74, 20 4 Service Starter 51, 202-20 74, 202-20 77, 20 4 Service Starter 52, 202-20 74, 202-20 77, 202-20		MBO UNIT TO ANALYSIS OF THE PARTY OF THE PAR	2 Bob Matteson 80	:17.69 66.78	W0	THE PERSON NAMED AND POST OF THE PERSON NAMED AND PARTY.		15.94 89.41	4 George Linn 54	13:07.44 72.68
Author Control Contr		2 Vincent Halizia 81 3:29.23 78.02	4 Dudley Healy 82	1:20.45 66.31	2 Laura Caldwell 43	18:05.31 83.51	5 Bruce Hills 57	22.05 64.61	6 Luigi Schiavo 53	15:32.64 61.31
Control cont		VOI THE REPORT OF THE PROPERTY	1 Liisa Nichols 30 5		3 Lorna Squyer 42	20:58.07 72.08	- Emil Paulik 57	Telephone Property	M65	(Section of the falls
- Jean-Fee Fisher		2 Christine Hackman 32 2:41.93 69.72	NOS NASONANIA NA	property of the last	- Cathy Tedford 43		2 Clarence Trinkner 64	16.45 87.98	2 Jim Bevins 58	13:19.06 75.68
2 pirrium Rey		- Jennifer Fisher 36 2:16.17 85.71	- Jennifer Fisher 36	:49.17 81.58	1 Judy Brannan 47		4 William Jankovich 62		No. of the Party o	THE RESERVE AND ADDRESS.
New Figure 10 10 10 10 10 10 10 1		2 Hiriam Hey 37 2:26.38 79.72	3 Hirian Ney 37	:56.45 79.53	V55	21:35.07 80.11	1 James Stookey 66		N30-39	SHEWER BATTON
6 Décèsis Safly 3 9 1,05,8 9 3,10,8 9 3		4 Hary Russell 39 2:33.69 75.91	5 Sherrie Bouman 37	:45.26 68.32	W60		3 Albert Brenda 68		2 EAST (Victors, Jeremiah, Jone	15.Ho) 42.26
- Harrer for St. Croft x 4 - Harrer for St. Crof		6 Debbie Selby 39 3:36.89 53.81	WIO	THE PERSON NAMED IN	M65 sandrastania	And the sales of the sales of	1 Pamela Reynolds 32	18.08 67.51	H60-59	Spring Williams
- Armer feal lines 4 2:23.6 2 1.6 1 Paid Dickson-Tylore 4 2:33.6 79.72 1 Ms. 23.3 10.7 10.7 10.7 10.7 10.7 10.7 10.7 10.7		- Mauree de St. Croix 43 2:18.36 87.82 - Marne McHillan 44 2:26.51 82.93	- Harne HcHillan 44	:08.38 79.61	- Nessie Hollicky 65		1 Joy Upshar-Margerum 35	15.11 85.01	2 WEST (Swayze, Graham, Graves,	
Liber Televier A	-	- Anne Hullins 40 2:28.82 81.61	3 Joy Cordell 41		- Dorly Brechbuehl 71	27:33.89 74.81	1030	THE RESERVE THE PARTY OF THE PA	1 EAST (Stookey, Lance, Dobbs. C	
2 Suzame Hillistan 47 2:13.6 8 (2.4) 3 Kater Fulterson 48 2:13.6 87 79.7 2 4 Debble Stiles 47 2:13.12 75.21 5 Hay Hartler 47 2:55.13 77.2 2 5 Hart Fulterson 48 2:13.6 87 79.7 2 5 Hart Fulterson 48 2:13.6 87 79.7 2 5 Hart Fulterson 49 2:13.2 75.21 5 Hart Fulterson 49 2:13.2 75.2 2 5 Hart Fulterson 49 2:13.2 2 5 Hart Fulterson 49		1 Jane Treleven 47 2:27.92 85.61	1 Suzanne Williams 47		W75	- Committee	1 Kettrell Berry 33		AND THE RESIDENCE OF THE PROPERTY OF THE PARTY OF THE PAR	AND REAL PROPERTY.
4 Debbie Stilles 47 2:39.22 79.52 Rary Hartzler 47 2:48.34 77.22 Ann Hatzler 51 5:49.76 76.61 School Frankel 51 5:49.76 76.61 School F	1	2 Suzanne Williams 47 2:33.83 82.41 3 Kate Fulkerson 48 2:38.86 79.72	3 Kate Fulkerson 48	5:34.09 76.78	Torrish Janes	ANNA MANUEL	1 Lylod Jeremiah 38	15.67 84.61	1 EXHI (McFfeld, Board, Baumgar	THE SAME PROPERTY.
1.50 Arril Douglas 50 2;27,48 89.81 1 5;49,78 75.51 5.61 1 5.41	1	4 Debbie Stiles 47 2:39.32 79.53 5 Hary Hartzler 47 2:48.34 75.23	W50	5:41.10 78.61	M30		2 Douglas Schneebeck 36 3 Dan Cook 9 35	16.79 78.98	1 Md (Sisley, Carman, Schlevi	tz.C) 1:07.11
1	1	- Avril Douglas 50 2:27.48 89.81	2 Bonnie Frankel 51	5:49.76 76.61	- Gerard Pearlberg 33	34:19.18 78.51	M40	TO SHARE THE SHARE		leric) 1:10.47
1 1 1 1 1 1 1 1 1 1		2 Ann Hakoske 51 2:48.02 78.82	- Jeanne Bocci 53		3 Christopher Yorges 30	35:53.28 75.11	2 Dennis Helson 41	17.51 79.02	Men's 4X400 Meter	Relays
2 Ratrilly in Percental 56 3 100.33 77.05 1 Modelline Boat 57 3.10.13 73.12 Modelline Boat 57		1 Jane Arnold 55 2:32.33 91.31	1 Jane Arnold 55		- Randy Bullerwell 39	32:26.87 83.11 34:19.46 78.51	4 David Ortman 43	17.85 77.51		miah) 3:30.36
A	1	3 Madeline Bost 57 3:10.13 73.12	3 Marilyn Morehead 56	6:10.55 76.03	2 John Sweeney 35	34:43.79 77.62			M40-49	のは、私の方の一体のでは、
- Jean Horne	1	- Jean Horne 63 2:51.87 85.32	M60		- Joel Hope 38	DNF			2 SOCA (Cummings.Bojko.Golder M60-69	an.Ba) 3:42.19
- Resiste Notificity 65 3:27.87 4.8 I Losi Filtres 66 3:27.87 4.8 Margaret Carinci 60 6:48.07 72.81 Margaret Carinci 60 6:48.07 72.81 M65 - Resiste Hollicky 65 6:38.46 79.12 I Louise Adams 74 3:49.45 72.42 M75 I Gerry Davidson 75 3:54.72 76.52 M80 I Pearl Hehl 82 5:55.48 55.31 Dorly Brechbuehl 71 7:29.92 74.91 Dorly Brechbuehl 72 7:37.30 73.72 I Dawn Russell 72 7:46.14 72.31 Dorly Brechbuehl 73 7:46.14 72.31 Lenore Harvin 76 7:42.34 78.81 M85 I Soo Metter Rum FINALS M80 I Dave Parker 30 4:16.69 80.92 Lenore Harvin 76 7:42.34 78.81 I Pearl Hehl 82 13:17.32 50.13 I Pearl Hehl 82 13:17.32 50.13 I Pearl Fragua 39 4:15.26 82.51 I Paul Fragua 39 4:15.26 82.51 I Paul Fragua 39 4:15.26 82.51 I Paul Fragua 39 4:15.26 82.51 I Roll Bress 13 16:15.26 82.51 I Roll Bress 13 16:15.26 82.51 I Bull Bress 13 16:15.58 82.21 I Bull Bress 13 17:05.55 75.93 I Bull Bress 13 16:15.58 82.21 I Bull Bress 13 16:15.58 82.21 I Bull Bress 13 16:15.58 82.21 I Bull Bress 13 16:15.59 75.93 I Bull Bress 13 16:16.69 80.92 I Bull Bress 13 16:16.58 82.51 I Bull Bress 13 16:16.58 82.51 I Bull Bress 13 16:16.58 75.59 85.98 I Bull Bress 15 16:16.58 75.59 85.98 I Bull B	N	W65 inserting the all the area of the	1 Clair Ingraham 62	6:14.37 79.38	1 Anthony Rodlez 40 2 Steve Blum 41	32:48.19 84.91	2 Terry Wardrobe 49	21.77 66.53	1 MEST (Jefferson, Selby, Thomas	is.Ch) 4:23.12 ine) 4:45.52
Hose Adams 72 3:33.22 77.92 1 Louise Adams 74 3:49.45 72.41 M55 1 Louise Adams 74 3:49.45 72.41 M75 1 Gerry Davidson 75 3:54.72 76.51 M80 1 Pearl Hehl 82 5:55.48 55.32 1 Louise Adams 74 7:46.14 72.31 1 Louise Adams 74 7:46.14 72.31 1 Louise Adams 75 3:54.72 76.51 M80 1 Pearl Hehl 82 5:55.48 55.32 1 Louise Adams 74 7:46.14 72.31 1 Louise Adams 75 3:54.72 76.52 M80 1 Pearl Hehl 82 5:55.48 55.32 1 Louise Adams 74 7:46.14 72.31 1 Louise Adams 75 3:54.72 76.52 M80 1 Pearl Hehl 82 5:55.48 55.32 1 Louise Adams 74 7:46.14 72.31 1 Louise Adams 75 3:54.72 76.52 M80 1 Pearl Hehl 82 5:55.48 55.32 1 Louise Adams 74 7:46.14 72.31 1 Louise Adams 75 3:54.72 76.52 M80 1 Pearl Hehl 82 5:55.48 55.32 1 Louise Adams 74 7:46.14 72.31 1 Louise Adams 74 7:46.14 72.31 1 Louise Adams 75 3:54.72 76.52 M80 1 Pearl Hehl 82 5:55.48 55.32 1 Louise Adams 74 7:46.14 72.31 1 Louise Adams 74 7:46.14 72.31 1 Louise Adams 75 75 3:55.74 86.32 1 Louise Adams 75 75 3:55.74 86.32 1 Richard O'Brien 47 33:27.50 86.32 1 Richard O'Brien 47 33:27.50 86.32 1 Richard O'Brien 47 33:41.65 76.62 1 Louise Adams 75 75 3:54.72 76.52 1 Louise Adams 76 75 3:55.74 86.12 1 Louise Adams 76 75 75.34 76.52 1 Louise Adams 77 75 75.34 76.54 75.94 76.54 75.94 75 75.34 76.52 1 Louise Adams 77 75.54 75.94 75 75 75.34 76.54 75.94 75 75 75.34 76.54 75.94 75 75 75.34 76.54 75.94 75 75 75.34 76.54 75.94 75 75 75.34 76.54 75.94 75 75 75.34 76.54 75.94 75 75 75.34 76.24	1	1 Lois Filreis 66 3:27.87 74.82	3 Margaret Carinci 60		3 Daniel Gruber 41 4 Marty Higginbotham 40	32:58.11 84.54	the same of the same of the		Women's 4X400 Mete	is the free way and the last
## 1 ##		- Hazel Cameron 72 3:33.22 77.91	- Nessie Hollicky 65	6:38.46 79.12	5 Thomas Cushman 42 6 Jesse Sturgeon 41	33:59.02 82.02	M60 All and All and an artist		1 WEST (Moore, Barraza, Iba. Up	shaw-) 4:32.88
1 1 1 1 1 1 1 1 1 1		V75 st. etc. marks and all	- Hazel Cameron 72		7 Joe Winegardner 40 8 Robert Schneider 41	34:35.98 80.51	2 William Jankovich 62	52.68 79.58	Men's 4X800 Meter	THE RESIDENCE OF THE PARTY OF T
2 Louise Adams 74 7:40.12 75.34 78.81 75.00 Meters 1500 Meters 150		M80 commenced and a second and	1 Dawn Russell 72	7:37.30 73.78	9 Galen Martinez 40 0 Al Schurman 42	35:29.64 78.51	4 Hector Cisneros 62	1:03.88 65.61	1 WEST (Cleary, Jansen, Kastor	
1,500 METER RIM FINALS 1,500 Meters 5,000 Meters		100 man 100	W75		N45		M65	48.48 91.81	3 MIAM (Fragua, Salzner, Schne	
1 Pearl Mehl 2 2 3 4:16.69 80.91 1 Dave Parker 30 4:16.69 80.92 2 Lee Noble 31 4:23.65 78.72 5,000 Meters 65 58.61 75.92 Meters 17 Meters 18 Meters 18 Meters 19 Meters	1		W60		2 Roger Price 47	34:38.41 83.41	1 James Stookey 66 2 Jack Lance 66	48.86 91.13 58.43 76.23	1 CALI (Mogg.Barry.Burns.Gol	dean) 8:18.13
2 Lee Hoble 31 4:23.65 78.72 5,000 HETER RIM 5 G Gary Hanson 45 39:27.37 73.22 1 Robert Higginbotham 70 57.23 83.32 1 Robe		1 Dave Parker 30 4:16.69 80.91	I Leat I Lean	every schill	4 John Schulte 47	37:41.65 76.68	3 Chadrick Bolender 65	7-1-5		Tuck) 9:01.10
1 Paul Fregus 39 4:13.27 83.51 PAU 1 13.27 83.51 PAU 2 PAIR Cleary 37 4:16.15 82.65 1 Stan Holman 31 15:45.88 82.22 PAIR Cleary 37 4:16.26 82.55 2 Lee Hurren 31 16:56.38 76.52 1 Left Continued on next page 3 Jeffrey Rahn 37 4:16.26 82.55 1 Lee Hurren 31 16:56.38 76.52 PAU 2 PAU 1 PAU 2 P		2 Lee Noble 31 4:23.65 78.72	5,000 HETER RUN		6 Gary Hanson 45	39:27.37 73.28	2 Hanny Herscher 70		1 SHOH (Iffrig. Preedy. Ryan. H	
3 Jeffrey Rahn 37 4:16.26 22.51 2 Lee numer 32 17:05.54 75.92 2 Bob Krummert 51 36:04.03 83.22 2 Malter Dahlin 75 1:02.28 82.64	1	1 Paul Fragua 39 4:13.27 83.58 2 Mark Cleary 37 4:16.15 82.68	1 Stan Holman 31		M50	34:55.99 85.91	1 Daniel Bulkley 79	58.10 88.81	2 WEST (Selby, Sanchez, Jeffer	son.8) 11:33.13
	1	3 Jeffrey Rahn 37 4:16.26 82.51	5 CER HOLLEN		7 0611 001 H		Z Walter Dahlin 75	1:02.25 62.61	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	on heat page

MOO 1 David Turnbull 2 Michael Jaqua MCS 1 Jeff Helton 2 Alan Wardsworth M40 1 Keith Nelson 2 Ric Teller 3 Stephan Miller 4 Donald Rasmussen 5 David Ortman 6 Joseph Hippenstee 7 Steve Banton 8 Richard Watson - Kenneth Bacon M45 - 4 John Hawkins 1 James Sauers 2 Charlie Rader 3 Kevin Carper 4 Thomas Light 5 Dick Clintworth - 4 John Solms 6 Michael Walker 7 Turran Harper M50 1 Roberto Pozzi 2 Emmett Graham 2 Stephen Robbins 4 Jim Kolva 3 Norman Frable 6 Pat Shober 7 Mark Chapman 7 Robert Baker - 9Kenneth Underdal 9 William Mood 0 Larry Armstrong 1 Frank Condon 2 Grant Lamothe M55 1 Entl Paulik 2 James Paddie 3 Hugh Adams 4 Bert Bergen 5 Bruce Mills 6 Thom Jones M60 1 Philip Fehlen 2 Tom Langenfeld 3 Jerry Sullivan 4 Dale Preedy 5 Hal Smith - Ron Johnson M65 1 Bul Held	Meter Re Meter Re Jump 30 33 35 41 44 44 44 44 45 48 48 48 48 48	and the A	M50	4.00m 86.02 3.90m 83.82 184	Nadine O'Connor 54	11.87m 66.02 11.03m 61.32 12.95m 72.22 11.24m 62.73 13.78m 82.62 13.38m 80.22 12.38m 74.22 11.58m 69.43	N65 1 Leonard Olson 65 2 Sam Adams 65 3 Harry Hawke 67 4 Jim Gerhardt 67 5 William Garrahan 67 6 Reed Quinn 66 7 Harold Wallace 88 M70 1 Michael Orlich 70 2 Vince Sempronio 70 3 Bill Bangert 72 4 Edward Molmes 71 5 Armold Scott 74 6 Harvey William 71 7 Kenneth Yahiro 70 8 John Snaden 70 9 Jacob Stein 72 M75 1 Donald Cumley 76 2 Leo Chapman 77 3 Kenneth Wheeler 75 4 Jim Sullenger 77 5 Armando Ricciardi 76 6 Myron Dover 76 7 Gerald Cysevski 78 8 Carl Bock 76 H80 1 Ross Carter 80 2 Hanuel White 80 3 Leon Joslin 84 4 Andy Anderson 81 M85 1 Ted Hatlen 85	13.44m 91.41 13.00m 88.41 12.00m 81.61 11.79m 80.21 10.66m 72.51 10.52m 71.51 10.52m 71.41 12.61m 85.42 11.61m 78.72 11.40m 77.87 11.40m 77.81 10.08m 68.31 10.01m 67.81 9.35m 63.31 8.11m 54.91 7.29m 49.41 11.82m 89.31 9.70m 73.31 9.70m 73.31 8.96m 67.72 8.89m 67.72 8.89m 67.51 8.58m 64.81 8.21m 62.01 7.53m 56.91 10.71m 90.11 9.73m 81.91 8.53m 71.81 6.79m 67.51	9 Hal Smith 60 - Angelo Giumanini 61 - Ron Johnson 64 - Tom Messelowski 61 - Dick Wright 61 - Dick Wright 61 - Dick Wright 65 1 Leonard Olson 65 2 Sam Adams 65 3 Harry Hawke 67 4 William Garrahan 67 5 Darrold Skartvedt 65 6 Harold Wallace 68 7 Jim Gerhardt 67 9 Reed Quinn 66 0 William Brazelton 67 W70 1 Ed Hooker 70 2 Bill Bangert 72 3 Harvey William 71 4 Hichael Orlich 70 5 Bill Carter 72 3 Harvey William 71 4 Hichael Orlich 70 5 Bill Carter 72 9 Kenneth Yahiro 70 0 Robert Bavidson 73 - Armold Scott 74 W75 1 Wilbur Thompson 75 2 Donald Cumley 76 3 Jim Sullenger 77 4 Hyron Dover 76 5 Arwando Ricciardi 76 6 Robert Hunt 76 6 Robert Hunt 76 6 Robert Hunt 76 6 Robert Hunt 76 8 Jim Sullenger 77 8 Jim Sullenger 77 6 Robert Hunt 76 8 Jim Hinah 76	38, 52m 60, 51 29, 58m 46, 41 FOUL 2 FOUL 2 FOUL 2 FOUL 2 FOUL 2 FOUL 3 46, 62m 81, 61 45, 58m 79, 81 44, 32m 77, 61 40, 46m 70, 81 39, 82m 69, 71 39, 12m 68, 51 38, 06m 66, 61 37, 66m 65, 91 36, 26m 63, 51 32, 22m 56, 41 44, 30m 86, 51 33, 72m 65, 81 33, 54m 65, 51 30, 60m 59, 77 30, 02m 58, 61 24, 50m 47, 81 19, 28m 37, 61 FOUL 1 35, 22m 76, 61 32, 22m 77 33, 22m 77 34, 22m 77 34, 22m 77 35, 22m 77 35, 22m 77 36, 22m 77 37, 22m 77 37,
High M30 1 David Turnbull 2 Michael Jaqua M35 1 Jeff Helton 2 Alan Wardsworth M40 1 Keith Nelson 2 Ric Teller 3 Stephan Miller 4 Donald Rasmussen 5 David Ortman 6 Joseph Hippenstee 7 Steve Banton 8 Richard Watson - Kenneth Bacon M45 - 4 John Hawkins 1 James Sauers 2 Charlie Rader 3 Kevin Carper 4 Thomas Light 5 Dick Clintworth - 4 John Solms 6 Michael Walker 7 Turran Harper M50 1 Roberto Pozzi 2 Emmett Graham 2 Stephen Robbins 4 Jim Kolva 5 Norman Frable 6 Pat Shober 7 Mark Chapman 7 Robert Baker 9 William Mod 0 Larry Arastrong 1 Frank Condon 2 Grant Lamothe M55 1 Entl Paulik 2 James Paddie 3 Hugh Adams 4 Bert Bergen 5 Bruce Mills 6 Thom Jones M60 1 Philip Fehlen 2 Tom Langenfeld 3 Jerry Sullivan 4 Dale Preedy 5 Hal Smith Rool Build 1 Smith Rool Johnson R65 1 Bull Smith Ron Johnson R65 1 Bulleld	Jump 30 33 35 41 44 41 41 43 43 43 44 48 48 48 48 48 48 48 48 48 48 48 55 55 55 55 55 55 55 55 55 55 56 56 66 6	1.90m 78.9% 1.70m 70.5% 1.85m 80.7% 1.85m 80.7% 1.85m 80.6% 1.70m 78.3% 1.85m 80.8% 1.85m 80.8% 1.85m 80.8% 1.85m 80.1% 1.85m 80.1% 1.85m 80.1% 1.85m 80.1% 1.85m 77.6% 1.85m 77.6% 1.85m 77.6% 1.85m 77.6% 1.85m 78.4% 1.85m 88.8% 1.85m	- Kenneth Underdahl - Tomilison Rauscher - 50 - Dennis Stempel - 52 - Rogers Werne - 52 - Rogers Werne - 53 - 75 - 75 - 75 - 75 - 75 - 75 - 75	3.90m 89.81 3.50m 80.61 2.90m 71.72 2.70m 66.81 2.50m 61.81 2.50m 61.81 2.30m 56.91 MH 2 3.00m 79.51 2.90m 76.91 MH 2 2.55m 62.51 2.30m 70.11 2.30m 70.11 2.30m 70.11 2.30m 70.11 2.30m 70.11 2.30m 70.11 2.30m 70.12 2.10m 64.02 1.70m 51.81 1.80m 58.81 2.80m 63.61 2.15m 48.81 2.51m 61.51 2.25m 69.01 2.45m 80.81 2.45m 80.81 2.45m 80.81 2.45m 80.81 2.45m 80.81	- Petra Pletersen 52 4 Caroline Coney 50 - Ursula Grady 52 5 Ann Carter 54 6 Erita Szanto 52 W55 1 Becky Sisley 57 2 Joann Grisson 58 W60 1 Fei-Hei Chou 61 W70 1 Johnnye Valien 71 2 Josephine Sullivan 71 3 Mary Holland 72 W75 1 Margaret Hinton 75 2 Diane Friedman 75 Triple Jun 100 1 David Turnbull 30 2 Daniel Powell 33 HGS 1 Vincent Martin 37 2 Duayne Deckard 37 M40 1 Mike Lariza 40 2 David Quick 40 3 Joseph Smith 40 4 Scott Thornsley 44 M45 1 Roger Trujillo 46 2 David Horace 45 3 Taylor Weatherbee 45	3.72m 65.91 3.69m 65.41 3.65m 64.72 3.27m 57.91 3.07m 54.41 3.02m 53.51 3.71m 70.81 3.64m 69.41 3.10m 63.51 3.28m 77.71 2.99m 70.61 2.75m 65.11 2.86m 72.71 1.49m 37.91 11.87m 66.01 11.03m 61.31 12.95m 72.22 11.24m 62.71 13.3m 82.61 13.3m 82.61 13.3m 82.61 13.3m 82.61 13.3m 84.21 12.3m 74.21 11.5m 69.41	2 Sam Adams 65 3 Harry Hawke 67 4 Jim Gerhardt 67 5 William Garrahan 67 6 Reed Quinn 66 7 Harold Wallace 68 68 68 69 1 Michael Orlich 70 2 Vince Sempronio 70 3 Bill Bangert 72 4 Edward Holmes 71 5 Arnold Scott 74 6 Harvey William 71 7 Kenneth Yahiro 70 8 John Snaden 70 9 Jacob Stein 72 8 John Snaden 77 3 Kenneth Wheler 75 4 Jim Sullenger 77 5 Armando Ricciardi 76 6 Myron Dover 75 7 Gerald Cysevski 78 8 Carl Bock 76 1 Ross Carter 82 2 Hanuel White 80 3 Leon Joslin 84 4 Andy Anderson 81 1 Res	12.00m 81.61 11.79m 80.21 10.66m 72.51 10.52m 71.51 10.52m 71.41 12.61m 85.42 11.61m 78.72 11.40m 77.21 10.74m 72.81 10.08m 68.32 10.01m 67.82 9.35m 63.31 8.11m 54.92 7.29m 49.42 11.82m 89.31 9.70m 73.31 9.70m 73.31 8.96m 67.72 8.89m 65.51 8.58m 64.81 8.21m 62.03 7.53m 56.92 10.71m 90.12 9.73m 81.92 8.53m 71.83 6.31m 53.13	- Tom Messelowski 61 - Dick Meight 61 - M65 1 Leonard Olson 65 2 Sam Adams 65 3 Harry Hawke 67 4 William Garrahan 67 5 Darrold Skartvedt 68 6 Harold Wallace 68 7 Jim Gerhardt 67 9 Reed Quinn 66 0 William Brazelton 67 0 William Brazelton 70 1 Ed Hooker 70 2 Bill Bangert 72 3 Harvey William 71 4 Hichael Orlich 70 5 Bill Carter 73 6 Edward Holmes 71 7 Don Tavolacci 71 8 Jacob Stein 72 9 Kenneth Yahiro 70 0 Robert Davidson 73 - Arnold Scott 74 H75 1 Wilbur Thompson 75 2 Donald Cumley 76 3 Jim Sullenger 77 4 Hyron Dover 76 5 Armando Ricciardi 76 6 Robert Hunt 76 6 Gobert Hunt 76 7 Gerald Cysenski 78	FOUL 2 FOUL 2 46.62m 81.62 45.58m 79.81 44.32m 77.61 40.46m 70.81 39.82m 69.71 39.12m 68.51 38.06m 66.61 37.66m 65.91 36.26m 63.51 32.22m 56.41 44.30m 86.51 33.72m 65.81 33.72m 65.81 33.32m 65.01 30.70m 59.91 30.66m 59.81 30.60m 59.71 30.02m 58.61 24.50m 47.81 19.28m 37.61 25.42m 37.61 22.62m 70.11 29.60m 64.41 28.54m 65.51 32.32m 70.11 29.60m 64.41 28.54m 65.51 32.34m 55.11 24.84m 55.11 24.84m 55.11 24.84m 55.11
1 BRRC (Robertson, Holas High M30 1 David Turnbull 2 Michael Jaqua M35 1 Jeff Helton 2 Alan Wardsworth M40 1 Keith Nelson 2 Ric Teller 3 Stephan Miller 4 Donald Rasmussen 5 David Ortman 6 Joseph Hippenstee 7 Stave Banton 8 Richard Watson - Kenneth Bacon M45 - AJohn Hawkins 1 James Sauers 2 Charlie Rader 3 Kevin Carper 4 Thomas Light 5 Dick Clintworth - AJohn Solms 6 Michael Walker 7 Turran Harper M50 1 Roberto Pozzi 2 Emmet Graham 2 Stephen Robbins 4 Jim Kolva 5 Norman Frable 6 Pat Shober 7 Mark Chapman 7 Robert Baker - 9Kenneth Underdal 9 William Nood 0 Larry Arsstrong 1 Frank Condon 2 Grant Lamothe M55 1 Eafl Paulik 2 James Paddie 3 Hugh Adams 4 Bert Bergen 5 Bruce Mills 6 Thom Jones M60 1 Philip Fehlen 2 Tom Langenfeld 3 Jerry Sullivan 4 Dale Preedy 5 Hal Smith Rool Jenicol	Jump 30 33 35 41 44 41 41 41 42 43 42 43 44 48 48 48 48 48 48 48 55 55 51 51 51 51 51 61 61	1.90m 78.8% 1.70m 70.5% 1.85m 80.7% 1.85m 80.7% 1.85m 80.6% 1.92m 88.4% 1.92m 78.3% 1.70m 78.3% 1.85m 89.8% 1.55m 71.4% 1.85m 89.8% 1.70m 82.5% 1.85m 80.1% 1.85m 77.8% 1.85m 82.0% 1.55m 77.2% 1.55m 78.2% 1.55m 78.4% 1.45m 74.3% 1.45m	- Dennis Stempel 52 - Rogers Werne 52 - Rogers Werne 52 - Rogers Werne 52 - Rogers Werne 58 - Dale Lance 58 - Terry Cannon 59 - M60 - Raywond Fitzhugh 61 - Duane Rykhus 61 - Duane Rykhus 61 - Duane Rykhus 61 - Duane Rykhus 62 - Ron Johnsson 64 - Hal Saith 60 - Hal Saith 60 - Hos 65 - Tom Hinkes 67 - M70 - Don Grosh 71 - 2 Jim Johnsson 74 - W75 - 1 Ralph Halverson 76 - 2 Ted Yenari 76 - 3 Armando Ricciardi 76 - 4 Les Hintz 75 - M80 - 1 Hilo Lightfoot 82 - WG0 - Petra Pletersen 52 - W55 - 1 Angela Neazy 35 - W55 - Petra Pletersen 52 - W55 - 1 Joy Nacdonald 55 - 2 Becky Sisley 57 - M65 - 1 Shirley Kinsey 67 - W70 - W70 - W70 - W70 - W70 - Shirley Kinsey 67	3.90m 89.82 3.50m 80.62 2.90m 71.72 2.70m 66.82 2.50m 61.82 2.50m 61.82 2.50m 61.82 2.50m 67.92 3.00m 79.52 2.90m 76.92 NH 2 2.55m 62.52 2.30m 76.92 NH 2 2.55m 62.53 2.15m 62.53 2.15m 62.53 2.30m 70.12 2.30m 70.12 2.30m 70.12 2.30m 70.12 2.30m 70.13 2.10m 64.02 1.70m 51.82 1.80m 63.62 2.15m 63.62 2.15m 64.02 1.70m 51.82 2.55m 63.62 2.15m 64.02 1.70m 51.82 2.55m 63.62 2.15m 64.02 2.15m 63.62 2.15m 64.02 2.15m 63.62 2.15m 64.02 2.15m 64.02 2.15m 63.62 2.15m 64.02 2.15m	4 Caroline Cooney 50 - Ursula Grady 52 5 Ann Carter 54 6 Erita Szanto 52 M55 1 Becky Sisley 57 2 Joann Grisson 58 M60 1 Fei-Hei Chou 61 M70 1 Johnnye Valien 71 2 Josephine Sullivan 71 2 Josephine Sullivan 72 M75 1 Hargaret Hinton 75 2 Diane Friedman 75 Triple Jun M30 1 David Turnbull 30 2 Daniel Powell 33 M35 1 Vincent Martin 37 2 Duayne Deckard 37 M40 1 Mite Lariza 40 2 David Quick 40 3 Joseph Smith 40 4 Scott Thornsley 44 M45 1 Roger Trujillo 46 2 David Horace 45 3 Taylor Weatherbee 45	3.65m 64.72 3.27m 57.92 3.07m 54.42 3.07m 54.42 3.02m 53.53 3.71m 70.82 3.64m 69.42 3.10m 63.53 3.28m 77.72 2.98m 70.62 2.75m 67.62 2.75m 66.02 11.03m 61.33 12.95m 72.22 11.24m 62.72 13.78m 82.62 13.38m 82.62 12.38m 74.22 11.58m 69.42 12.00m 77.32	5 William Garrahan 6 Reed Quinn 7 Rerold Wallace M70 1 Michael Orlich 2 Vince Sempronio 3 Bill Bangert 4 Edward Wolmes 71 5 Armold Scott 6 Harvey William 7 Kenneth Yahiro 9 Jacob Stein 70 1 Donald Cumley 76 2 Leo Chapman 77 3 Kenneth Mheeler 75 4 Jim Sullenger 76 6 Hyron Dover 76 Gerald Cysevski 8 Carl Bock 1 Ross Carter 2 Hanuel White 80 1 Ross Carter 2 Hanuel White 80 1 Ross Carter 81 82 2 Hanuel White 83 1 Ted Hatlen 85	10.66m 72.51 10.52m 71.41 12.61m 85.42 11.61m 78.72 11.40m 77.21 10.74m 72.81 10.08m 68.31 10.01m 67.83 10.01m 67.83 11.15 54.92 7.29m 49.42 11.82m 89.31 9.70m 73.31 8.96m 67.72 8.89m 67.22 8.81m 66.52 8.58m 64.83 8.21m 62.02 7.53m 56.93 10.71m 90.12 9.73m 81.93 8.53m 71.83 8.53m 71.85 6.79m 67.53	M65 1 Leonard Olson 2 Sam Adams 65 3 Harry Hawke 4 William Garrahan 67 5 Darrold Skartvedt 68 7 Jim Gerhardt 67 8 Bob Fisher 9 Reed Quinn 70 1 Ed Hooker 2 Bill Bangert 3 Harvey William 70 2 Bill Bangert 71 3 Harvey William 72 3 Harvey William 73 6 Edward Holmes 71 7 Don Tavolacci 7 Senneth Yahiro 7 Robert Davidson 7 Armold Scott 74 7 Hypon Dover 7 Hypon Dover 7 Amando Ricciardi 6 Robert Hunt 7 Gerald Cysenski 7 8	46.62m 81.61 45.52m 79.81 44.32m 77.61 40.46m 70.81 39.82m 69.71 39.12m 68.51 38.06m 66.61 37.66m 65.91 36.26m 63.51 32.22m 56.41 44.30m 86.51 33.72m 65.81 33.52m 65.01 30.70m 59.91 30.60m 59.81 30.60m 59.81 30
MSO 1 David Turnbull 2 Michael Jaqua MSS 1 Jeff Helton 2 Alan Wardsworth M40 1 Keith Nelson 2 Ric Teller 3 Stephan Miller 4 Donald Rasmussen 5 David Ortman 6 Joseph Hippenstee 7 Steve Banton 8 Richard Watson - Kenneth Bacon MS - AJohn Hawkins 1 James Sauera 2 Charlie Rader 3 Kevn Carper 4 Thomas Light 5 Dick Clintworth - 4John Solms 6 Michael Walker 7 Turran Harper MSO 1 Roberto Pozzi 2 Emmett Graham 2 Stephen Robbins 4 Jim Kolva 3 Norman Frable 6 Pat Shober 7 Mark Chapman 7 Robert Baker - Mennent Underdal 9 William Mod 0 Larry Arastrong 1 Frank Condon 2 Grant Lamothe MSS 1 Emil Pavlik 2 James Paddie 3 Hugh Adams 4 Bert Bergen 5 Bruce Wills MSO 1 Philip Fehlen 2 Tom Langenfeld 3 Jerry Sullivan 4 Dale Preedy 5 Hal Saith - Ron Johnson MSS 1 But Held	30 33 35 35 35 44 44 41 41 43 43 43 44 45 45 48 48 48 48 48 48 49 48 45 55 51 51 51 51 51 51 51 55 57 57 57 57 57 57 57 57 57 57 57 57	1.70m 70.5% 1.85m 80.7% 1.85m 72.0% 1.85m 72.0% 1.95m 89.8% 1.75m 80.6% 1.75m 80.6% 1.70m 78.3% 1.85m 80.8% 1.85m 80.8% 1.85m 80.8% 1.85m 80.1% 1.85m 71.4% 1.85m 77.6% 1.85m 77.6% 1.85m 77.6% 1.85m 77.6% 1.85m 77.6% 1.85m 77.6% 1.85m 77.8% 1.85m 80.8% 1.85m	M55 1 Dale Lance 58 2 Terry Cannon 59 M60 1 Raymond Fitzhugh 61 2 Duane Rykhus 61 3 John Steiman 60 4 Hector Cisneros 62 5 William Jankovich 62 - Ron Johnson 64 - Hal Smith 60 M65 1 Jerry Donley 68 2 Albert Brenda 68 - Tom Hinkes 67 H70 1 Don Grosh 71 2 Jim Johnson 74 M75 1 Ralph Halverson 76 2 Ted Yeari 76 3 Armando Ricciardi 76 4 Les Hintz 75 H80 1 Hilo Lightfoot 82 M30 1 Pamela Reynolds 32 2 Laurie Ticknor 34 M35 1 Angela Neazy 35 M50 Petra Pletersen 52 M55 1 Joy NacConald 55 2 Becky Sisley 57 3 Madeline Bost 57 M65 1 Shirley Kinsey M70	3.90m 89.8t 3.50m 80.6t 2.90m 71.7t 2.90m 71.7t 2.70m 66.8t 2.50m 61.8t 2.50m 61.8t 2.50m 67.9t NH 2 3.00m 79.5t 2.90m 76.9t NH 2 2.55m 72.4t 2.20m 62.5t 2.30m 70.1t 2.30m 70.1t 2.30m 70.1t 2.10m 64.0t 1.70m 51.8t 1.80m 58.8t 2.80m 63.6t 2.15m 48.8t 2.51m 61.5t 2.25m 69.0t 2.45m 80.8t 2.45m 80.8t	5 Ann Carter 54 6 Erita Szanto 52 W55 1 Becky Sisley 57 2 Joann Grissom 58 W60 1 Fei-Hei Chou 61 W70 1 Johnnye Valien 71 2 Josephine Sullivan 71 3 Hary Holland 72 W75 1 Hargaret Hinton 75 2 Diane Friedman 75 Triple Jun W30 1 David Turnbull 30 2 Daniel Powell 33 W35 1 Vincent Martin 37 2 Dwayne Deckard 37 M40 1 Mite Lariza 40 2 David Quick 40 3 Joseph Smith 40 4 Scott Thornsley 44 M45 1 Roger Trujillo 46 2 David Horace 45 3 Taylor Weatherbee 45	3.02m 53.52 3.71m 70.81 3.64m 69.42 3.10m 63.52 3.28m 77.72 2.98m 70.62 2.75m 65.12 2.86m 72.71 1.49m 37.92 11.87m 66.02 11.03m 61.32 12.95m 72.22 11.24m 62.72 13.38m 80.22 12.38m 74.22 11.58m 69.42 12.00m 77.32	7 Harold Wallace M70 1 Michael Orlich 2 Vince Sempronio 3 Bill Bangert 72 4 Edward Holmes 71 5 Armold Scott 74 6 Harvey William 71 7 Kenneth Yahiro 8 John Snaden 9 Jacob Stein 72 M75 1 Donald Cumley 76 2 Leo Chapman 77 3 Kenneth Mheeler 73 4 Jim Sullenger 77 5 Armando Ricciardi 76 6 Myron Dover 76 76 Gerald Cysevski 78 8 Carl Bock 76 M80 1 Ross Carter 2 Hanuel White 80 3 Leon Joslin 84 4 Andy Anderson 81 M85 1 Ted Hatlen 85	10.50m 71.42 12.61m 85.42 11.61m 78.72 11.60m 77.22 10.74m 72.82 10.02m 68.32 10.02m 68.32 10.02m 67.82 9.35m 63.32 8.11m 54.92 7.25m 49.42 7.25m 49.42 11.82m 89.32 9.70m 73.32 8.96m 67.72 8.89m 67.22 8.81m 66.52 8.52m 64.82 8.21m 62.02 7.53m 56.93 10.71m 90.12 9.73m 81.93 8.53m 71.82 6.31m 53.13	2 Sam Adams 3 Harry Hanke 4 Hilliam Garrahan 5 Darrold Skartvedt 66 Harold Wallace 7 Jie Gerhardt 67 8 Bob Fisher 9 Reed Quinn 66 0 Hilliam Bazelton 67 0 Hilliam Bazelton 67 0 Bill Bangert 70 2 Bill Bangert 71 3 Harvey Hilliam 71 4 Hichael Orlich 70 5 Bill Carter 73 6 Edward Holmes 71 7 Don Tavolacci 71 8 Jacob Stein 9 Kerneth Yahiro 0 Robert Davidson - Armold Scott 74 N75 1 Wilbur Thompson 75 1 Wilbur Thompson 75 2 Donald Cumley 76 3 Jim Sullenger 77 4 Hyron Dover 76 6 Robert Hunt 76 6 Robert Hunt 76 6 Robert Hunt 76 76 76 76 76	45, 58m 79, 81 44, 32m 77, 61 40, 46m 70, 81 39, 82m 69, 71 39, 12m 68, 51 38, 66m 66, 61 37, 66m 65, 91 36, 26m 63, 51 32, 22m 56, 41 44, 30m 86, 51 33, 52m 65, 61 32, 22m 70, 61 32, 22m 70, 11 28, 54m 62, 11 29, 60m 64, 41 28, 54m 62, 11 25, 42m 55, 11 24, 84m 55, 24 24, 85m 52, 24 24, 85
1 David Turnbull 2 Mitchael Jaqua M35 1 Jeff Helton 2 Alan Wardsworth M40 1 Keith Nelson 2 Ric Teller 3 Stephan Miller 4 Donald Rasmussen 5 David Ortman 6 Joseph Hippenstee 7 Steve Banton 6 Richard Watson - Kenneth Bacon M45 - Alohn Hawkins 1 James Sauers 2 Charlie Rader 3 Kevn Carper 4 Thomas Light 5 Dick Clintworth - Alohn Solms 6 Michael Walker 7 Turran Harper M50 1 Roberto Pozzi 2 Emmett Graham 2 Stephen Robbins 4 Jim Kolva 5 Norman Frable 6 Pat Shober 7 Mark Chapman 7 Robert Baker - eKenneth Underdah 9 William Blood 0 Larry Arastrong 1 Frank Condon 2 Grant Lamothe M55 1 Enil Pavlik 2 James Paddie 3 Hugh Adaes 4 Bert Bergen 5 Bruce Mills 6 Thom Jones M60 1 Jerry Sullivan 4 Dale Preedy 5 Hal Smith Roll Smith	33 35 35 35 35 36 41 44 41 41 43 43 49 48 48 48 48 48 48 48 48 49 50 51 51 51 51 51 51 51 51 51 51 51 51 51	1.70m 70.5% 1.85m 80.7% 1.85m 72.0% 1.85m 72.0% 1.95m 89.8% 1.75m 80.6% 1.75m 80.6% 1.70m 78.3% 1.85m 80.8% 1.85m 80.8% 1.85m 80.8% 1.85m 80.1% 1.85m 71.4% 1.85m 77.6% 1.85m 77.6% 1.85m 77.6% 1.85m 77.6% 1.85m 77.6% 1.85m 77.6% 1.85m 77.8% 1.85m 80.8% 1.85m	2 Terry Cannon 59 M60 M60 1 Raymond Fitzhugh 61 2 Duane Rykhus 61 3 John Steimman 60 4 Hector Cisneros 62 5 William Jankovich 62 - Ron Johnson 64 - Hal Smith 60 M65 1 Jerry Donley 66 2 Albert Brenda 68 - Tom Hinkes 67 M70 1 Don Grosh 71 2 Jim Johnson 74 M75 1 Ralph Halverson 76 2 Ted Yenari 76 3 Armando Ricciardi 76 4 Les Hintz 75 M80 1 Hilo Lightfoot 82 Laurie Ticknor 34 Laurie Ticknor 34 Logo 1 Pamela Reynolds 32 2 Laurie Ticknor 34 Logo 1 Pamela Reynolds 32 1 Angela Neazy 35 Logo Petra Pletersen 52 Logo 1 Joy MacConald 55 1 Joy MacConald 55 7 M65 1 Shirley Kinsey M70	2.90m 71.72 2.90m 71.72 2.70m 66.81 2.70m 66.81 2.50m 61.81 2.30m 76.91 NH 2 3.00m 79.51 2.90m 76.91 NH 2 2.55m 72.41 2.20m 62.51 2.30m 70.11 2.30m 70.11 2.30m 70.11 2.10m 64.02 1.70m 51.81 1.80m 58.81 2.55m 63.61 2.15m 48.81 2.55m 69.01 2.45m 80.81 2.45m 80.81 2.45m 80.81 2.45m 80.81 2.45m 80.81 2.45m 80.81 2.45m 80.81 2.45m 80.81 2.45m 80.81	1 Becky Sisley 57 2 Joann Grissom 58 M60 1 Fei-Hei Chou 61 M70 1 Johnnye Valien 71 2 Josephine Sullivan 72 M75 1 Hargaret Hinton 75 2 Diane Friedman 75 Triple Jun M30 1 David Turnbull 30 2 Daniel Powell 33 M35 1 Vincent Martin 37 2 Dwayne Deckard 37 M40 1 Mike Lariza 40 2 David Quick 40 3 Joseph Smith 40 4 Scott Thornsley 44 M45 1 Roger Trujillo 46 2 David Horace 45 3 Taylor Weatherbee 45	3.64m 69.41 3.10m 63.51 3.28m 77.71 2.98m 70.61 2.75m 65.11 2.86m 72.71 1.49m 37.91 11.87m 66.01 11.03m 61.31 12.95m 72.22 11.24m 62.71 13.38m 80.21 12.38m 74.21 12.38m 69.41 12.00m 77.31	1 Michael Orlich 70 2 Vince Sempronio 70 3 Bill Bangert 72 4 Edward Molmes 71 5 Armold Scott 74 6 Harvey Milliam 71 7 Kenneth Yahiro 70 8 John Snaden 70 9 Jacob Stein 72 M75 1 Donald Cumley 76 2 Leo Chapman 77 3 Kenneth Mheeler 75 4 Jim Sullenger 77 5 Armando Ricciardi 76 6 Myron Dover 76 6 Myron Dover 76 7 Gerald Cysevski 78 8 Carl Bock 76 M80 1 Ross Carter 82 2 Manuel White 80 3 Leon Joslin 84 4 Andy Anderson 81 M85 1 Ted Hatlen 85	11.61m 78.72 11.40m 77.22 10.74m 72.81 10.02m 68.32 10.01m 67.82 9.35m 63.32 8.11m 54.92 7.25m 49.42 11.82m 89.32 9.70m 73.32 8.96m 67.72 8.89m 67.22 8.81m 66.52 8.52m 66.52 8.52m 66.52 8.52m 62.02 7.53m 56.92 10.71m 90.12 9.73m 81.92 8.53m 71.83 6.79m 67.53	A Milliam Garrahan 5 Darrold Skartvedt 6 Harold Mallace 7 Jim Gerhardt 68 8 bb Fisher 9 Reed Quinn 66 O Milliam Brazelton 470 1 Ed Hooker 2 Bill Bangert 3 Harvey Milliam 71 4 Hichael Orlich 5 Bill Carter 6 Edward Holmes 70 1 Edward Holmes 71 70 on Tavolacci 71 8 Jacob Stein 72 9 Kenneth Yahiro 0 Robert Davidson 73 - Arnold Scott 475 1 Milbur Thompson 2 Donald Cumley 3 Jim Sullenger 74 Hyron Dover 6 Arwando Ricciardi 6 Robert Hunt 76 76 Gerald Cysenski 78	39, 82m 69, 72 39, 12m 68, 53 38, 06m 66, 62 37, 66m 65, 92 36, 26m 63, 51 32, 22m 56, 42 44, 30m 86, 52 33, 72m 65, 52 33, 72m 65, 52 33, 32m 65, 52 30, 60m 59, 82 30, 60m 59, 82 30, 60m 59, 82 30, 60m 59, 72 30, 02m 58, 62 24, 50m 47, 82 19, 28m 37, 62 32, 22m 70, 12 29, 60m 64, 42 28, 54m 62, 12 29, 60m 64, 42 28, 54m 62, 13 29, 60m 64, 42 28, 54m 55, 13 29, 64m 55, 13 24, 84m 55, 13 24, 84m 55, 13 24, 84m 55, 13 24, 84m 55, 13
MSS 1 Jeff Helton 2 Alan Wardsworth M40 1 Keith Nelson 2 Ric Teller 3 Stephan Miller 4 Donald Rasmussen 5 David Ortman 6 Joseph Hippenstee 7 Steve Banton 8 Richard Watson - Kenneth Bacon M45 - #John Hawkins 1 James Sauers 2 Charlie Rader 3 Kevin Carper 4 Thomas Light 5 Dick Clintworth - #John Solms 6 Michael Walker 7 Turran Harper M50 1 Roberto Pozzi 2 Emmett Graham 2 Stephen Robbins 4 Jim Kolva 5 Norman Frable 6 Pat Shober 7 Mark Chapman 7 Robert Baker - *Kenneth Underdah 9 William Nood 0 Larry Arastrong 1 Frank Condon 2 Grant Lamothe M55 1 Enil Paulik 2 James Paddie 3 Hugh Adass 4 Bert Bergen 5 Bruce Mills 6 Thom Jones M60 1 Jerry Sullivan 4 Dale Preedy 5 Hal Smith - Ron Johnson M65 1 Bud Held	35 35 41 44 41 41 41 41 42 43 44 43 44 48 48 48 48 48 48 48 50 51 51 51 51 51 55 57 57 57 57 57 57 57 57 57	1.85m 80.7% 1.65m 72.0% 1.95m 89.8% 1.92m 88.4% 1.75m 80.6% 1.70m 78.3% 1.70m 78.3% 1.70m 78.3% 1.45m 66.8% NH 1.85m 89.8% 1.85m 89.8% 1.85m 89.8% 1.85m 89.8% 1.85m 89.8% 1.85m 77.8% 1.85m 89.8% 1.85m 82.5% 1.85m 82.5% 1.85m 77.8% 1.85m 82.0% 1.85m 77.8% 1.85m 77.8% 1.85m 77.8% 1.85m 82.0% 1.85m 82.0% 1.85m 77.8% 1.85m 77.8% 1.85m 77.8% 1.85m 82.0% 1.85m 82.0% 1.85m 77.8% 1.85m 82.0% 1.85m 77.8% 1.85m 77.8% 1.85m 77.8% 1.85m 82.0% 1.8	2 Duane Rythus 61 3 John Steiman 60 4 Hector Cisneros 62 5 William Jankovich 62 - Ron Johnson 64 - Hal Saith 60 H65 1 Jerry Donley 66 2 Albert Brenda 68 - Tom Hinkes 67 M70 1 Don Grosh 71 2 Jim Johnson 74 M75 1 Ralph Halverson 76 2 Ted Yenari 76 3 Armando Ricciardi 76 4 Les Hintz 75 H80 1 Hilo Lightfoot 82 M30 1 Pamela Reynolds 32 2 Laurie Ticknor 34 M35 1 Angela Neazy 35 M50 - Petra Pletersen 52 M55 1 Joy NacConald 55 2 Becky Sisley 57 3 Madeline Bost M70 M70	2.90m 71.7t 2.70m 66.8t 2.70m 66.8t 2.50m 61.8t 2.50m 61.8t 2.30m 56.9t NH 2 3.00m 79.5t 2.90m 76.9t NH 2 2.55m 72.4t 2.20m 62.5t 2.30m 70.1t 2.30m 70.1t 2.10m 64.0t 1.70m 51.8t 1.80m 58.8t 2.80m 63.6t 2.15m 48.8t 2.51m 61.5t 2.25m 69.0t 2.45m 80.8t 2.45m 80.8t 2.45m 80.8t 2.45m 80.8t 1.85m 61.0t	M60 1 Fet-Het Chou 61 1/70 1 Johnnye Valten 71 2 Josephine Sullivan 71 3 Hary Holland 72 1/75 1 Hargaret Hinton 75 2 Diane Friedman 75 Triple Jun 1 David Turnbull 30 2 Daniel Powell 33 1/45 1 Vincent Martin 37 2 Dwayne Deckard 37 1 M40 1 Mite Lariza 40 2 David Quick 40 3 Joseph Smith 40 4 Scott Thornsley 44 1/45 1 Roger Trujillo 46 2 David Horace 45 3 Taylor Weatherbee 45	3.10m 63.51 3.28m 77.71 2.98m 70.61 2.75m 65.11 2.86m 72.71 1.49m 37.91 11.87m 66.01 11.03m 61.31 12.95m 72.21 13.78m 82.61 13.38m 80.21 12.38m 74.21 11.58m 69.41 12.00m 77.31	3 Bill Bangert 72 4 Edward Holmes 71 5 Armold Scott 74 6 Harvey William 71 7 Kenneth Yahiro 70 8 John Snaden 70 9 Jacob Stein 72 H/5 1 Donald Cumley 76 2 Leo Chapman 77 3 Kenneth Wheeler 75 4 Jim Sullenger 77 5 Armando Ricciardi 76 6 Hyron Dover 76 7 Gerald Cysevski 78 8 Carl Bock 76 H/80 1 Ross Carter 82 2 Hanuel White 80 3 Leon Joslin 84 4 Andy Anderson 81 H/85 1 Ted Hatlen 85	10.74m 72.8x 10.08m 67.8x 9.35m 63.3x 8.11m 54.9x 7.25m 49.4x 11.82m 89.3x 9.70m 73.3x 8.96m 67.7x 8.89m 67.2x 8.81m 66.5x 8.52m 64.8x 8.21m 62.0x 7.53m 56.9x 10.71m 90.1x 9.73m 81.9x 8.53m 71.8x 6.31m 53.1x 6.79m 67.5x	7 Jis Gerhardt 67 8 Bob Fisher 67 9 Reed Quinn 66 0 William Brazelton 67 H70 1 Ed Hooker 70 2 Bill Bangert 72 3 Harvey William 71 4 Hichael Orlich 73 6 Edward Holmes 71 7 Don Tavolacci 71 8 Jacob Stein 72 9 Kerneth Yahiro 70 0 Robert Davidson 73 - Armold Scott 74 H75 1 Wilbur Thompson 75 2 Donald Cumley 76 3 Jim Sullenger 77 4 Hyron Dover 76 5 Arwando Ricciardi 76 6 Robert Hunt 76 6 Goertl Hunt 76 76 Gerald Cysenski 78	38.06m 66.61 37.66m 65.91 36.26m 63.51 32.22m 56.41 44.30m 86.51 33.72m 65.81 33.72m 65.01 30.70m 59.91 30.66m 59.81 30.66m 59.81 30.02m 58.61 24.50m 47.81 19.28m 37.61 50m 64.41 29.60m 64.41 28.54m 62.11 25.42m 55.11 24.84m 55.11 24.84m 55.11 24.84m 55.11 24.84m 55.11
2 Alan Wardsworth M40 1 Keith Nelson 2 Ric Teller 3 Stephan Miller 4 Donald Rasmussen 5 David Ortman 6 Joseph Hippenstee 7 Steve Banton 8 Richard Watson - Kenneth Bacon M45 - AJohn Hawkins 1 James Sauers 2 Charlie Rader 3 Kevn Carper 4 Thomas Light 5 Dick Clintworth - 4John Solms 6 Michael Walker 7 Turran Harper M50 1 Roberto Pozzi 2 Emmett Graham 2 Stephen Robbins 4 Jim Kolva 5 Norman Frable 6 Pat Shober 7 Mark Chapman 7 Robert Baker - eKenneth Underdal 9 William Wood 0 Larry Arastrong 1 Frank Condon 2 Grant Lamothe M55 1 Emil Paulik 2 James Paddie 3 Hugh Adams 4 Bert Bergen 5 Bruce Hills 6 Thom Jones M60 1 Philip Fehlen 2 Tom Langenfeld 3 Jerry Sullivan 4 Dale Preedy 5 Hal Smith Rol Johnson M65 1 Bud Held	41 44 41 41 41 43 43 43 43 44 48 48 48 48 48 48 48 48 55 51 51 51 51 51 51 55 55 57 57 57 57 57 57 57 57 57 57 57	1.95m 89.8% 1.92m 88.4% 1.75m 80.0% 1.70m 78.3% 1.70m 78.3% 1.55m 71.4% 1.85m 89.8% 1.85m 89.8% 1.85m 89.8% 1.85m 73.2% 1.85m 73.3% 1.85m 74.3% 1.85m 82.0% 1.85m	4 Hector Cisneros 62 5 William Jankovich 62 - Ron Johnson 64 - Hal Smith 60 M65 1 Jerry Donley 66 2 Albert Brenda 68 - Tom Hinkes 67 M70 1 Don Grosh 71 2 Jim Johnson 74 M75 1 Ralph Halverson 76 2 Ted Yenari 76 3 Armando Ricciardi 76 4 Les Hintz 75 M80 1 Hilo Lightfoot 82 M30 1 Pamela Reynolds 32 2 Laurie Ticknor 34 M35 1 Angela Neazy 35 M50 Petra Pletersen 52 M55 1 Joy NacConald 55 2 Becky Sisley 57 3 Madeline Bost 57 M65 1 Shirley Kinsey M70	2.70m 66.8t 2.50m 61.8t 2.30m 56.9t NH 2 3.00m 79.5t 2.90m 76.9t NH 2 2.55m 72.4t 2.20m 62.5t 2.30m 70.1t 2.30m 70.1t 2.30m 70.1t 2.30m 70.1t 2.30m 51.8t 1.80m 58.8t 2.80m 63.6t 2.15m 48.8t 2.51m 61.5t 2.25m 69.0t 2.45m 80.8t 2.45m 80.8t	M70 1 Johnnye Valien 71 2 Josephine Sullivan 71 3 Hary Holland 72 M75 1 Hargaret Hinton 75 2 Diane Friedman 75 Triple Jun M30 1 David Turnbull 30 2 Daniel Powell 33 M35 1 Vincent Hartin 37 2 Dwayne Deckard 37 H40 1 Mike Lariza 40 2 David Quick 40 3 Joseph Smith 40 4 Scott Thornsley 44 M45 1 Roger Trujillo 46 2 David Horace 45 3 Taylor Weatherbee 45	3.28m 77.72 2.98m 70.61 2.75m 65.12 2.85m 72.72 1.49m 37.91 11.87m 66.02 11.03m 61.32 12.95m 72.22 11.24m 62.73 13.38m 80.22 12.38m 74.22 11.58m 69.43 12.00m 77.32	5 Armold Scott 74 6 Harvey William 71 7 Kenneth Yahiro 70 8 John Snaden 70 9 Jacob Stein 72 H/75 1 Donald Cumley 76 2 Leo Chapman 77 3 Kenneth Mheeler 75 4 Jim Sullenger 77 5 Armando Ricciardi 76 6 Hyron Dover 76 7 Gerald Cyserski 78 8 Carl Bock 76 H80 1 Ross Carter 82 2 Hanuel White 80 3 Leon Joslin 84 4 Andy Anderson 81 H85 1 Ted Hatlen 85	10.0 lm 67.81 9.35m 63.31 8.11m 54.91 7.25m 49.41 11.82m 89.31 9.70m 73.31 8.95m 67.72 8.85m 67.21 8.55m 64.81 8.21m 66.51 8.58m 64.81 8.21m 62.01 7.53m 56.91 10.71m 90.11 9.73m 81.91 8.53m 71.81 6.31m 53.11	9 Reed Quinn 66 0 William Brazelton 67 1 Ed Hooker 70 1 Ed Hooker 70 2 Bill Bangert 72 3 Harvey William 71 4 Hichael Orlich 70 5 Bill Carter 73 6 Edward Holmes 71 7 Don Tavolacci 71 8 Jacob Stein 72 9 Kenneth Yahiro 70 0 Robert Davidson 73 - Arnold Scott 74 H/5 1 Wilbur Thompson 75 2 Donald Cumley 76 3 Jim Sullenger 77 4 Hyron Dover 76 5 Arwando Ricciardi 76 6 Robert Hunt 76 76 Gerald Cysenski 78	36. 25m 63. 5t 32. 22m 56. 4t 4. 30m 86. 8t 33. 72m 65. 8t 33. 72m 65. 8t 33. 32m 65. 5t 33. 32m 65. 9t 30. 66m 59. 8t 30. 66m 59. 7t 30. 02m 58. 6t 24. 50m 47. 8t 19. 28m 37. 6t FOUL 129. 60m 64. 4t 28. 54m 62. 1t 25. 34m 55. 1t 24. 84m 54. 0t 24. 08m 52. 4t
2 Ric Teller 3 Stephan Miller 4 Donald Rasmussen 5 David Ortman 6 Joseph Hippenstee 7 Steve Banton 8 Richard Watson - Kenneth Bacon MAS - #AJohn Hawkins 1 James Sauera 2 Charlie Rader 3 Kevnn Carper 4 Thomas Light 5 Dick Clintworth - #AJohn Solms 6 Michael Walker 7 Turran Harper MAS0 1 Roberto Pozzi 2 Emmett Graham 2 Stephen Robbins 4 Jim Kolva 5 Norman Frable 6 Pat Shober 7 Mark Chapman 7 Robert Baker - #Kenneth Underdal 9 Hillian Bood 0 Larry Arnstrong 1 Frank Condon 2 Grant Lawothe MS5 1 Emil Pavlik 2 James Paddie 3 Hugh Adaes 4 Bert Bergen 5 Bruce Hills 6 Thom Jones MS0 1 Philip Fehlen 2 Tom Langenfeld 3 Jerry Sullivan 4 Dale Preedy 5 Hal Saith - Ron Johnson MS5 1 Bud Held	44 41 41 42 43 43 42 44 48 48 48 48 48 48 48 55 51 51 51 51 51 55 57 57 57 57 57 57 57 57 57 57 57 57	1.92m 88.4% 1.75m 80.6% 1.70m 78.3% 1.70m 78.3% 1.55m 71.4% 1.85m 89.8% 1.85m 89.8% 1.85m 89.8% 1.85m 77.4% 1.85m 77.4% 1.85m 89.8% 1.85m 89.8% 1.85m 89.8% 1.85m 78.2% 1.85m 78.2% 1.85m 78.2% 1.85m 78.2% 1.85m 78.2% 1.85m 78.2% 1.45m 78.2% 1.45m 78.2% 1.45m 78.2% 1.45m 78.3% 1.45m 78.3% 1.45m 74.3% 1.45m 84.8% 1.45m 94.4% 1.45m 94.4% 1.45m 94.3% 1.45m	- Hal Smith 60 M65 1 Jerry Donley 66 2 Albert Brenda 68 - Tom Hinkes 67 M70 1 Don Grosh 71 2 Jim Johnson 74 M75 1 Ralph Halverson 76 2 Ted Yenari 76 3 Armando Ricciardi 76 4 Les Hintz M80 1 Milo Lightfoot 82 MG0 1 Pamela Reynolds 32 2 Laurie Ticknor 34 MG5 1 Angela Neazy 35 MG0 - Petra Pletersen 52 M55 1 Joy MacDonald 55 2 Becky Sisley 57 3 Madeline Bost 57 M65 1 Shirley Kinsey M70	3.00m 79.5t 2.90m 76.9t 2.90m 76.9t NH 2 2.55m 72.4t 2.20m 62.5t 2.30m 70.1t 2.30m 70.1t 2.30m 70.1t 2.10m 64.0t 1.70m 51.8t 1.80m 58.8t 2.80m 63.6t 2.15m 48.8t 2.51m 61.5t 2.25m 69.0t 2.45m 80.8t 2.45m 80.8t 2.45m 80.8t	3 Mary Holland 72 M75 1 Margaret Hinton 75 2 Diane Friedman 75 Triple Jun 1900 1 David Turnbull 30 2 Daniel Powell 33 M35 1 Vincent Martin 37 2 Dvayne Deckard 37 M40 1 Mike Lariza 40 2 David Quick 40 3 Joseph Smith 40 4 Scott Thornsley 44 M45 1 Roger Trujillo 46 2 David Horace 45 3 Taylor Weatherbee 45	2.75m 65.12 2.86m 72.72 1.49m 37.92 11.87m 66.02 11.03m 61.32 12.95m 72.22 11.24m 62.72 13.78m 82.62 13.38m 80.22 12.38m 74.22 11.58m 69.42 12.00m 77.32	8 John Snaden 70 9 Jacob Stein 72 N75 1 Donald Cumley 76 2 Leo Chapman 77 3 Kenneth Mheeler 75 4 Jim Sullenger 77 5 Armando Ricciardi 76 6 Myron Dover 76 7 Gerald Cysevski 78 8 Carl Bock 76 H80 1 Ross Carter 82 2 Hanuel White 80 3 Leon Joslin 84 4 Andy Anderson 81 H85 1 Ted Hatlen 85	8.11a 54.9z 7.29a 49.4z 11.82a 89.3z 9.70a 73.3z 8.96a 67.7z 8.89a 67.2z 8.81a 66.5z 8.5aa 64.8z 8.21a 62.0z 7.53a 56.9z 10.71a 90.1z 9.73a 81.9z 8.53a 71.8z 6.79a 67.5z	#70 1 Ed Hooker 70 2 Bill Bangert 72 3 Harvey William 71 4 Hichael Orlich 70 5 Bill Carter 73 6 Edward Holmes 71 7 Don Tavolacci 71 8 Jacob Stein 72 9 Kenneth Yahiro 70 0 Robert Davidson 73 - Arnold Scott 74 #75 1 Wilbur Thompson 75 2 Donald Cumley 76 3 Jim Sullenger 77 4 Myron Dover 76 5 Armando Ricciardi 76 6 Robert Hunt 76 7 Gerald Cysenski 78	33 , 72m 65 , 81 33 , 54m 65 , 51 33 , 32m 65 , 01 30 , 70m 59 , 91 30 , 66m 59 , 81 30 , 66m 59 , 71 30 , 02m 58 , 61 24 , 50m 47 , 81 19 , 28m 37 , 61 FOUL 1 35 , 22m 70 , 11 29 , 60m 64 , 41 28 , 54m 65 , 11 25 , 42m 55 , 11 24 , 84m 54 , 01 24 , 84m 55 , 11 24 , 84m 55 , 11 24 , 84m 55 , 11 24 , 84m 55 , 01 24 , 84m 52 , 01
4 Donald Rasmussen 5 David Ortman 6 Joseph Hippenstee 7 Stave Banton 8 Richard Watson - Kenneth Bacon M45 - 4John Hawkins 1 James Sauers 2 Charlie Rader 3 Kevn Carper 4 Thomas Light 5 Dick Clintworth - 4John Solms 6 Michael Walker 7 Turran Harper M50 1 Roberto Pozzi 2 Emmett Graham 2 Stephen Robbins 4 Jim Kolva 5 Norman Frable 6 Pat Shober 7 Mark Chapman 7 Robert Baker 9 Hilliam Mood 0 Larry Arestrong 1 Frank Condon 2 Grant Lanothe M55 1 Emil Pavlik 2 James Paddie 3 Hugh Adams 4 Bert Bergen 5 Bruce Hills 6 Thom Jones M60 1 Jerry Sullivan 6 Dale Preedy 5 Hal Smith Ron Johnson M65 1 Bud Held	43 43 43 44 45 48 48 48 48 48 48 48 45 50 53 51 51 51 51 51 51 55 55 57 57 57 57 57 57 57 57 57 57 57	1.70m 78.3% 1.70m 78.3% 1.55m 71.4% 1.85m 66.6% NH 1.85m 69.6% 1.85m 69.6% 1.85m 77.6% 1.85m 77.6% 1.85m 77.6% 1.85m 77.6% 1.85m 77.6% 1.85m 77.6% 1.85m 70.3% 1.85m 70.4% 1.85m 70.3% 1.85m 80.8% 1.8	1 Jerry Donley 66 2 Albert Brenda 68 - Tom Hinkes 67 M70 1 Don Grosh 71 2 Jim Johnson 74 M75 1 Ralph Halverson 76 2 Ted Yenari 76 3 Armando Ricciardi 76 4 Les Hintz 75 M80 1 Hilo Lightfoot 82 M30 1 Pamela Reynolds 32 2 Laurie Ticknor 34 M35 1 Angela Neazy 35 M50 - Petra Pletersen 52 M55 1 Joy NacConald 55 2 Becky Sisley 57 3 Madeline Bost 57 M65 1 Shirley Kinsey 67 M70	2.90m 76.91 NM 2 2.55m 72.41 2.20m 62.51 2.30m 70.11 2.10m 64.01 1.70m 51.81 1.80m 58.81 2.80m 63.61 2.15m 48.81 2.51m 61.51 2.25m 69.01 2.45m 80.81 2.45m 80.81 2.45m 80.81 2.45m 80.81	1 Margaret Hinton 2 Diane Friedman 75 Triple Jun MG0 1 David Turnbull 30 2 Daniel Powell 33 MG5 1 Vincent Martin 37 2 Dvayne Deckard 37 M40 1 Mike Lariza 40 2 David Quick 40 3 Joseph Smith 40 4 Scott Thornsley 44 M45 1 Roger Trujillo 46 2 David Horace 45 3 Taylor Weatherbee 45	1.49m 37.91 11.87m 66.01 11.03m 61.31 12.95m 72.21 11.24m 62.72 13.78m 82.61 13.30m 82.62 12.38m 74.21 11.58m 69.43 12.00m 77.31	H75 1 Donald Cumley 76 2 Leo Chapman 77 3 Kenneth Mheeler 75 4 Jim Sullenger 77 5 Armando Ricciardi 76 6 Hyron Dover 76 7 Gerald Cysevski 78 8 Carl Bock 76 H80 1 Ross Carter 82 2 Hanuel White 80 3 Leon Joslin 84 4 Andy Anderson 81 H85 1 Ted Hatlen 85	11.82m 89.32 9.70m 73.32 8.96m 67.72 8.89m 67.22 8.81m 66.52 8.58m 64.82 8.21m 62.02 7.53m 56.92 10.71m 90.12 9.73m 81.92 8.53m 71.82 6.79m 67.52	3 Harvey William 71 4 Hichael Orlich 70 5 Bill Carter 73 6 Edward Holmes 71 7 Don Tavolacci 71 8 Jacob Stein 72 9 Kenneth Yahiro 70 0 Robert Davidson 73 - Armold Scott 74 N75 1 Wilbur Thompson 75 2 Donald Cumley 76 3 Jim Sullenger 77 4 Hyron Dover 76 5 Armando Ricciardi 76 6 Robert Hunt 76 76 Gerald Cysenski 78	33 . S4a 65 . S2 33 . 32a 65 . S2 30 . 70a 59 . 92 30 . 66a 59 . 82 30 . 60a 59 . 72 30 . 02a 58 . 62 24 . 50a 47 . 82 19 . 28a 37 . 62 FOUL 2 35 . 22a 76 . 62 32 . 22a 70 . 12 29 . 60a 64 . 42 28 . 54a 62 . 12 25 . 42a 55 . 32 24 . 84a 55 . 12 24 . 84a 55 . 12 24 . 84a 55 . 12 24 . 84a 55 . 12
7 Stave Banton 8 Richard Watson - Kenneth Bacon MAS - #John Hawkins 1 James Sauera 2 Charile Rader 3 Kevin Carper 4 Thomas Light 5 Dick Clintworth - #John Solms 6 Michael Walker 7 Turran Harper MSO 1 Roberto Pozzi 2 Emmett Graham 2 Stephen Robbins 4 Jim Kolva 5 Norman Frable 6 Pat Shober 7 Mark Chapman 7 Robert Baker - #Kenneth Underdal 9 William Wood 0 Larry Amstrong 1 Frank Condon 2 Grant Lamothe MSS 1 Eail Pavlik 2 James Paddie 3 Hugh Adaes 4 Bert Bergen 5 Bruce Hills 6 Thom Jones MSO 1 Philip Fehlen 2 Tom Langenfeld 3 Jerry Sullivan 4 Dale Preedy 5 Hal Saith Ron Johnson MSS 1 Bud Held	43 42 47 48 48 48 48 48 48 48 48 48 50 51 51 51 51 51 51 51 51 51 51 51 51 51	1.85m 71.4% 1.85m 66.8% 1.85m 99.8% 1.85m 99.8% 1.85m 99.8% 1.85m 73.2% 1.65m 73.2% 1.55m 73.2% 1.55m 73.2% 1.55m 73.2% 1.55m 73.2% 1.55m 72.8% 1.65m 82.0% 1.65m 82.0% 1.65m 82.0% 1.65m 74.3% 1.45m 84.8% 1.57m 84.8% 1.57m 84.8% 1.57m 84.8%	- Tom Hinkes 67 M70 M70 M70 M71 Don Grosh 71 2 Jim Johnson 74 M75 1 Ralph Halverson 76 2 Ted Yenari 76 3 Armando Ricciardi 76 4 Les Hintz 75 M80 1 M10 Lightfoot 82 M30 1 Pamela Reynolds 32 2 Laurie Ticknor 34 M35 1 Angela Neazy M50 Petra Pletersen 52 M55 1 Joy MacConald 55 2 Becky Sisley 57 3 Madeline Bost 57 M65 1 Shirley Kinsey M70	2.55m 72.41 2.20m 62.51 2.30m 70.11 2.30m 70.11 2.30m 70.11 2.10m 64.01 1.70m 51.81 1.80m 58.81 2.80m 63.61 2.15m 48.81 2.51m 61.51 2.25m 69.01 2.45m 80.81 2.45m 80.81 2.45m 80.81 1.85m 61.01	Triple Jun NG0 1 David Turnbull 2 Daniel Powell 33 NG5 1 Vincent Hartin 2 Dwayne Deckard 37 MA0 1 Mike Lariza 40 2 David Quick 40 3 Joseph Smith 40 4 Scott Thornsley MMS 1 Roger Trujillo 2 David Horace 3 Taylor Weatherbee 45	11.87m 66.01 11.03m 61.31 12.95m 72.22 11.24m 62.71 13.78m 82.61 13.38m 80.21 12.38m 74.21 11.58m 69.41	2 Leo Chapman 77 3 Kenneth Mheeler 75 4 Jim Sullenger 77 5 Armando Ricciardi 76 6 Myron Dover 76 6 Gerald Cysevski 78 8 Carl Bock 76 M80 1 Ross Carter 82 2 Manuel White 80 3 Leon Joslin 84 4 Andy Anderson 81 M85 1 Ted Hatlen 85	8.96a 67.72 8.89a 67.22 8.81a 66.52 8.58a 64.82 8.21a 62.02 7.53a 56.92 10.71a 90.12 9.73a 81.92 8.53a 71.82 6.31a 53.12	5 Bill Carter 73 6 Edward Holmes 71 7 Don Tavolacci 71 8 Jacob Stein 72 9 Kenneth Yahiro 70 0 Robert Davidson 73 - Arnold Scott 74 H/5 1 Wilbur Thompson 75 2 Donald Cumley 76 3 Jim Sullenger 77 4 Hyron Dover 76 5 Armando Ricciardi 76 6 Robert Hunt 76 7 Gerald Cysenski 78	30.70m 59.9x 30.66m 59.8x 30.60m 59.7x 30.02m 58.6x 24.50m 47.8x 19.28m 37.6x FOUL 25.22m 76.6x 32.22m 70.1x 29.60m 64.4x 28.54m 62.1x 25.42m 55.3x 24.84m 55.1x 24.84m 55.1x 24.84m 52.4x
- Kenneth Bacon MAS - #John Hawkins 1 James Sauera 2 Charile Rader 3 Kevnn Carper 4 Thomas Light 5 Dick Clintworth - #John Solms 6 Michael Walker 7 Turran Harper MSO 1 Roberto Pozzi 2 Emmett Graham 2 Stephen Robbins 4 Jim Kolva 5 Norman Frable 6 Pat Shober 7 Mark Chapman 7 Robert Baker - #Kenneth Underdal 9 William Wood 0 Larry Amstrong 1 Frank Condon 2 Grant Lamothe MSS 1 Eail Pavlik 2 James Paddie 3 Hugh Adaes 4 Bert Bergen 5 Bruce Hills 6 Thom Jones MSO 1 Philip Fehlen 2 Tom Langenfeld 3 Jerry Sullivan 4 Dale Preedy 5 Hal Saith - Ron Johnson MSS 1 Bud Held	47 48 48 48 48 48 48 48 45 50 51 51 51 51 51 51 51 51 51 51 51 51 51	NH 1.85m 89.8% 1.85m 99.6% 1.85m 99.6% 1.85m 99.6% 1.55m 73.2% 1.55m 73.2% 1.55m 73.2% 1.55m 72.2% 1.50m 82.0% 1.65m 82.0% 1.65m 82.0% 1.65m 82.0% 1.65m 74.3% 1.45m 84.8% 1.55m 94.9% 1.55m 95.9% 1.55m 95.9% 1.55m 95.9% 1.55m 95.9% 1.55m 96.9% 1.5	2 Jim Johnson 74 M75 1 Ralph Halverson 76 2 Ted Yenari 76 3 Armando Ricciardi 76 4 Les Hintz 75 H80 1 Hilo Lightfoot 82 M30 1 Pamela Reynolds 32 2 Laurie Ticknor 34 M35 1 Angela Neazy 35 M50 - Petra Pletersen 52 M55 1 Joy MacDonald 55 2 Becky Sisley 57 3 Madeline Bost 57 M65 1 Shirley Kinsey M70	2.20m 62.5x 2.30m 70.1x 2.30m 70.1x 2.10m 64.0x 1.70m 51.8x 1.80m 58.8x 2.80m 63.6x 2.15m 48.8x 2.51m 61.5x 2.25m 69.0x 2.45m 80.8x 2.45m 80.8x 1.85m 61.0x	M30 1 David Turnbull 30 2 Daniel Powell 33 M35 1 Vincent Martin 37 2 Dwayne Deckard 37 M40 1 Mike Lariza 40 2 David Quick 40 3 Joseph Saith 40 4 Scott Thornsley 44 M45 1 Roger Trujillo 46 2 David Horace 45 3 Taylor Weatherbee 45	11.87m 66.02 11.03m 61.32 12.95m 72.22 11.24m 62.73 13.78m 82.62 13.38m 80.22 12.38m 74.22 11.58m 69.43	4 Jim Sullenger 77 5 Armando Ricciardi 76 6 Myron Dover 76 7 Gerald Cysevski 78 8 Carl Bock 76 M80 1 Ross Carter 82 2 Hanuel White 80 3 Leon Joslin 84 4 Andy Anderson 81 M85 1 Ted Hatlen 85	8.81m 66.51 8.58m 64.81 8.21m 62.01 7.53m 56.91 10.71m 90.11 9.73m 81.91 8.53m 71.81 6.31m 53.11	7 Don Tavolacci 71 8 Jacob Steneth 71 9 Kenneth Yahiro 70 0 Robert Davidson 73 - Arnold Scott 74 H75 1 Wilbur Thompson 75 2 Donald Cumley 76 3 Jim Sullenger 76 4 Hyron Dover 76 5 Armando Ricciardi 76 6 Robert Hunt 76 7 Gerald Cysenski 78	30,60m 59,72 30,02m 58,62 24,50m 47,82 19,28m 37,62 FOUL 2 35,22m 76,12 29,60m 64,42 28,54m 62,12 25,42m 55,32 25,34m 55,12 24,84m 54,02 24,08m 52,42
1 James Sauers 2 Charite Rader 3 Kevin Carper 4 Thomas Light 5 Dick Clintworth - %John Solms 6 Michael Walker 7 Turran Harper MSO 1 Roberto Pozzi 2 Emmett Graham 2 Stephen Robbins 4 Jim Kolva 5 Norman Frable 6 Pat Shober 7 Mark Chapman 7 Robert Baker - %Kenneth Underdal 9 William Mood 0 Larry Arastrong 1 Frank Condon 2 Grant Lamothe MS5 1 Emil Pavlik 2 James Paddie 3 Hugh Adams 4 Bert Bergen 5 Bruce Hills 6 Thom Jones MS0 1 Philip Fehlen 2 Tom Langenfeld 3 Jerry Sullivan 4 Dale Preedy 5 Hal Smith - Ron Johnson MS5 1 Bud Held	48 48 48 48 48 48 48 45 50 51 51 51 51 51 51 51 51 51 51 51 51 51	1.85m 89.8% 1.65m 90.1% 1.65m 90.1% 1.65m 90.1% 1.65m 77.6% 1.85m 77.6% 1.85m 77.8% 1.85m 78.2% 1.85m 78.2% 1.85m 84.6% 1.85m 79.4% 1.85m 79.4% 1.85m 79.4% 1.85m 79.4% 1.45m 74.3% 1.45m	1 Ralph Halverson 76 2 Ted Yenari 76 3 Armando Ricciardi 76 4 Les Hintz 75 H80 1 Hilo Lightfoot 82 H30 1 Pamela Reynolds 32 2 Laurie Ticknor 34 H35 1 Angela Neazy 35 H50 Petra Pletersen 52 H55 1 Joy NacConald 55 2 Becky Sisley 57 3 Madeline Bost 57 H65 1 Shirley Kinsey 67 H70	2.30m 70.1x 2.10m 64.0x 1.70m 51.8x 1.80m 58.8x 2.80m 63.6x 2.15m 48.8x 2.51m 61.5x 2.25m 69.0x 2.45m 80.8x 2.45m 80.8x 1.85m 61.0x	2 Daniel Powell 33 NG5 1 Vincent Hartin 37 2 Dwayne Deckard 37 M40 1 Mike Lariza 40 2 David Quick 40 3 Joseph Smith 40 4 Scott Thornsley 44 M45 1 Roger Trujillo 46 2 David Horace 45 3 Taylor Weatherbee 45	11.03m 61.33 12.95m 72.22 11.24m 62.73 13.78m 82.63 13.38m 82.63 12.38m 74.23 11.58m 69.43 12.00m 77.33	7 Gerald Cyserski 78 8 Carl Bock 76 M80 1 Ross Carter 82 2 Manuel White 80 3 Leon Josiin 84 4 Andy Anderson 81 M85 1 Ted Hatlen 85	8.21m 62.0x 7.53m 56.9x 10.71m 90.1x 9.73m 81.9x 8.53m 71.8x 6.31m 53.1x 6.79m 67.5x	9 Kenneth Yahiro 70 0 Robert Davidson 73 - Arnold Scott 74 H75 1 Wilbur Thompson 75 2 Donald Cumley 76 3 Jim Sullenger 77 4 Hyron Dover 76 5 Armando Ricciardi 76 6 Robert Hunt 76 7 Gerald Cysenski 78	19.28m 37.61 FOUL 1 35.22m 76.61 32.22m 70.13 29.60m 64.41 28.54m 62.13 25.42m 55.31 25.34m 55.13 24.84m 55.12 24.08m 52.41
3 Kevnn Carper 4 Thomas Light 5 Dick Clintworth - #John Solms 6 Michael Walker 7 Turran Harper MSO 1 Roberto Pozzi 2 Emmett Graham 2 Stephen Robbins 4 Jim Kolva 5 Norman Frable 6 Pat Shober 7 Mark Chapman 7 Robert Baker - #Kennent Underdal 9 William Wood 0 Larry Arastrong 1 Frank Condon 2 Grant Lamothe MS5 1 Enil Pavlik 2 James Paddie 3 Hugh Adams 4 Bert Bergen 5 Bruce Wills 6 Thom Jones M60 1 Philip Fehlen 2 Tom Langenfeld 3 Jerry Sullivan 4 Dale Preedy 5 Hal Smith Ron Johnson M65 1 Bud Held	45 48 48 48 45 50 51 51 51 51 51 51 51 51 51 51 51 51 51	1.65m 80.1% 1.65m 77.6% 1.55m 75.2% 1.55m 75.2% 1.55m 75.2% 1.55m 70.3% 1.65m 84.6% 1.65m 82.0% 1.65m 82.0% 1.65m 82.0% 1.65m 74.3% 1.45m 84.8% 1.55m 84.8% 1.55m 84.8% 1.55m 84.8% 1.57m 84.8%	3 Armando Ricciardi 76 4 Les Hintz 75 H80 1 Hilo Lightfoot 82 H00 1 Pamela Reynolds 32 2 Laurie Ticknor 34 H05 1 Angela Neazy 35 H50 Petra Pletersen 52 H55 1 Joy NacConald 55 2 Becky Sisley 57 3 Madeline Bost 57 H65 1 Shirley Kinsey 67 H70	2.10m 64.0x 1.70m 51.8x 1.80m 58.8x 2.80m 63.6x 2.15m 48.8x 2.51m 61.5x 2.25m 69.0x 2.45m 80.8x 2.45m 80.8x 1.85m 61.0x	1 Vincent Martin 37 2 Dwayne Deckard 37 M40 1 Mike Lariza 40 2 David Quick 40 3 Joseph Smith 40 4 Scott Thornsley 44 M45 1 Roger Trujillo 46 2 David Horace 45 3 Taylor Weatherbee 45	11.24m 62.7% 13.78m 82.6% 13.38m 80.2% 12.38m 74.2% 11.58m 69.4% 12.00m 77.3%	M80 1 Ross Carter 82 2 Manuel White 80 3 Leon Joslin 84 4 Andy Anderson 81 M85 1 Ted Hatlen 85	10.71m 90.1% 9.73m 81.9% 8.53m 71.8% 6.31m 53.1% 6.79m 67.5%	H75 1 Wilbur Thompson 75 2 Donald Cumley 76 3 Jim Sullenger 77 4 Hyron Dover 76 5 Armando Ricciardi 76 6 Robert Hunt 76 7 Gerald Cysenski 78	35.22m 76.6x 32.22m 70.1x 29.60m 64.4x 28.54m 62.1x 25.42m 55.3x 25.34m 55.1x 24.84m 54.0x 24.08m 52.4x
- 4John Solms 6 Michael Walker 7 Turran Harper MS0 1 Roberto Pozzi 2 Emmett Graham 2 Stephen Robbins 4 Jim Kolva 5 Norman Frable 6 Pat Shober 7 Mark Chapman 7 Robert Baker - 4Kenneth Underdal 9 William Wood 0 Larry Arastrong 1 Frank Condon 2 Grant Lamothe MS5 1 Emil Pavlik 2 James Paddie 3 Hugh Adams 4 Bert Bergen 5 Bruce Hills 6 Thom Jones M60 1 Philip Fehlen 2 Tom Langenfeld 3 Jerry Sullivan 4 Dale Preedy 5 Hal Smith Ron Johnson M65 1 Bud Held	48 45 50 53 50 51 51 51 51 51 51 51 51 51 51 51 51 51	1.55m 73.2% 1.45m 70.3% 1.45m 70.3% 1.65m 82.0% 1.60m 82.0% 1.55m 79.4% 1.55m 79.4% 1.45m 74.3% 1.45m	1 Hilo Lightfoot 82 M30 1 Pamela Reymolds 32 2 Laurie Ticknor 34 M35 1 Angela Neazy 35 M50 - Petra Pletersen 52 M55 1 Joy MacDonald 55 2 Becky Sisley 57 3 Madeline Bost 57 M65 1 Shirley Kinsey M70	2.80m 63.6t 2.15m 48.8t 2.51m 61.5t 2.25m 69.0t 2.45m 80.8t 2.45m 80.8t 1.85m 61.0t	M40 1 Mike Lariza 40 2 David Quick 40 3 Joseph Safth 40 4 Scott Thornsley 44 M45 1 Roger Trujillo 46 2 David Horace 45 3 Taylor Weatherbee 45	13.78m 82.6% 13.38m 80.2% 12.38m 74.2% 11.58m 69.4% 12.00m 77.3%	2 Manuel White 80 3 Leon Joslin 84 4 Andy Anderson 81 M85 1 Ted Hatlen 85	8.53m 71.8x 6.31m 53.1x 6.79m 67.5x	2 Donald Cumley 76 3 Jim Sullenger 77 4 Myron Dover 76 5 Armando Ricciardi 76 6 Robert Hunt 76 7 Gerald Cyserski 78	29.60m 64.43 28.54m 62.13 25.42m 55.33 25.34m 55.13 24.84m 54.03 24.08m 52.43
7 Turran Harper MS0 1 Roberto Pozzi 2 Emmett Graham 2 Stephen Robbins 4 Jim Kolva 5 Norman Frable 6 Pat Shober 7 Mark Chapman 7 Robert Baker 9 William Wood 0 Larry Arastrong 1 Frank Condon 2 Grant Lamothe MS5 1 Earl Pavlik 2 James Paddie 3 Hugh Adams 4 Bert Bergen 5 Bruce Hills 6 Thom Jones MS0 1 Philip Fehlen 2 Tom Langenfeld 3 Jerry Sullivan 4 Dale Preedy 5 Hal Smith Ron Johnson MS5 1 Bud Held	45 50 51 51 51 51 51 51 51 51 51 51 51 51 51	1.65m 94.6% 1.60m 82.0% 1.60m 82.0% 1.60m 82.0% 1.55m 79.4% 1.55m 79.4% 1.55m 79.4% 1.45m 74.3% 1.45m 74.3% 1.45m 74.3% 1.45m 74.3% 1.45m 74.3% 1.45m 74.3% 1.45m 74.3% 1.45m 74.3% 1.45m 74.3% 1.45m 84.8% 1.57m 84.8%	1 Pamela Reynolds 32 2 Laurie Ticknor 34 M35 1 Angela Neazy 35 M50 - Petra Pletersen 52 M55 1 Joy MacDonald 55 2 Becky Sisley 57 3 Madeline Bost 57 M65 1 Shirley Kinsey 67 M70	2.15m 48.8x 2.51m 61.5x 2.25m 69.0x 2.45m 80.8x 2.45m 80.8x 1.85m 61.0x	3 Joseph Saith 40 4 Scott Thornsley 44 M45 1 Roger Trujillo 46 2 David Horace 45 3 Taylor Weatherbee 45	12.38m 74.28 11.58m 69.48 12.00m 77.38	M85 1 Ted Hatlen 85	6.79m 67.5%	5 Armando Ricciardi 76 6 Robert Hunt 76 7 Gerald Cysevski 78	25.42m 55.3x 25.34m 55.1x 24.84m 54.0x 24.08m 52.4x
2 Emmett Graham 2 Stophen Robbins 4 Jim Kolva 5 Norman Frable 6 Pat Shober 7 Mark Chapman 7 Robert Baker - ** **Geneth Underda!* 9 William Nood 0 Larry Armstrong 1 Frank Condon 2 Grant Lamothe M55 1 Enil Pavlik 2 James Paddie 3 Hugh Adams 4 Bert Bergen 5 Bruce Hills 6 Thom Jones M50 1 Philip Fehlen 2 Tom Langenfeld 3 Jerry Sullivan 4 Dale Preedy 5 Hal Sarith - Ron Johnson M55 1 Bud Held	54 53 50 51 51 51 51 51 51 51 51 52 52 57 57 57 57 57 57 57 57 57 57 57 57 57	1.60m 82.0% 1.60m 82.0% 1.55m 79.4% 1.55m 79.4% 1.55m 79.4% 1.55m 79.4% 1.45m 74.3% 1.45m	MGS 1 Angela Neazy 35 1 Angela Neazy 35 1 MGO - Petra Pletersen 52 MGS 1 Joy MacDonald 55 2 Becky Sisley 57 3 Madeline Bost 57 MGS 1 Shirley Kinsey 67 M70	2.51m 61.5% 2.25m 69.0% 2.45m 80.8% 2.45m 80.8% 1.85m 61.0%	M45 1 Roger Trujillo 46 2 David Horace 45 3 Taylor Weatherbee 45	12.00m 77.38	A STATE OF THE PARTY OF THE PAR	Part of the	7 Gerald Cysevski 78	24.84m 54.0% 24.08m 52.4%
5 Norman Frable 6 Pat Shober 7 Mark Chapman 7 Robert Baker - #Kenneth Underdah 9 William Mood 0 Larry Armstrong 1 Frank Condon 2 Grant Lamothe MS5 1 Emil Paulik 2 James Paddie 3 Hugh Adams 4 Bert Bergen 5 Bruce Hills 6 Thom Jones MS0 1 Philip Fehlen 2 Tom Langenfeld 3 Jerry Sullivan 4 Dale Preedy 5 Hal Smith - Ron Johnson MS5 1 Bud Held	51 51 53 51 51 51 51 54 54 52 57 57 57 56 58 57 57 57	1.55m 79.4% 1.45m 74.3% 1.45m 74.3% 1.45m 74.3% 1.45m 74.3% 1.45m 74.3% 1.45m 74.3% 1.45m 74.3% 1.45m 66.6% 1.52m 87.5% 1.52m 84.8% 1.57m 84.8%	Petra Pletersen 52 M55 1 Joy MacDonald 55 2 Becky Sisley 57 3 Madeline Bost 57 M65 1 Shirley Kinsey 67	2.45m 80.8t 2.45m 80.8t 1.85m 61.0t	2 David Horace 45 3 Taylor Weatherbee 45		1 Carol Finsrud 39		I - O JIE MINEN /O	
7 Mark Chapman 7 Robert Baker - #Kenneth Underdah 9 William Mood 0 Larry Armstrong 1 Frank Condon 2 Grant Lamothe #55 1 Entl Paulik 2 James Paddie 3 Hugh Adams 4 Bert Bergen 5 Bruce Hills 6 Thom Jones #60 1 Philip Fehlen 2 Tom Langenfeld 3 Jerry Sullivan 4 Dale Preedy 5 Hal Saith - Ron Johnson #65 1 Bud Held	53 51 hl 51 53 54 54 55 55 57 57 56 58 58 57 57 57 57	1.45m 74.3% 1.45m 74.3% 1.45m 74.3% 1.45m 74.3% 1.45m 74.3% 1.45m 74.3% 1.40m 71.7% 1.30m 66.6% 1.62m 87.5% 1.57m 84.8% 1.47m 79.4%	1 Joy MacDonald 55 2 Becky Sisley 57 3 Madeline Bost 57 W65 1 Shirley Kinsey 67 W70	2.45m 80.81 1.85m 61.01		11.01m 70.9% 10.89m 70.2%	1 Carol Finsrud 39 2 Karen Hiller 35 3 Peta Bird 39	13.82m 64.42 10.59m 49.32 8.43m 39.32	9 Kenneth Wheeler 75 0 Leo Chapman 77 1 Carl Bock 76	22.42m 48.81 22.34m 48.61 22.20m 48.31
9 William Mood 0 Larry Armstrong 1 Frank Condon 2 Grant Lamothe MS5 1 Earl Pawlik 2 James Paddie 3 Hugh Adams 4 Bert Bergen 5 Bruce Wills 6 Thom Jones M60 1 Philip Fehlen 2 Tom Langenfeld 3 Jerry Sullivan 4 Dale Preedy 5 Hal Smith - Ron Johnson M65 1 Bud Held	51 54 54 52 57 57 57 56 58 57 57 57	1.45m 74.31 1.45m 74.31 1.40m 71.71 1.30m 66.61 1.62m 87.51 1.57m 84.81 1.47m 79.41	3 Madeline Bost 57 W65 1 Shirley Kinsey 67 W70	1.850 61.01	5 David Anderson 48	10.89m 70.23 9.52m 61.33	4 Liz Wardsworth 35 5 Sue Hallen 39	8.04m 37.4% 7.56m 35.2%	1 Carl Bock 76 H80 1 Ross Carter 82	32.08m 77.81
2 Grant Lamothe MS5 1 Emil Pavlik 2 James Paddie 3 Hugh Adams 4 Bert Bergen 5 Bruce Hills 6 Thom Jones MS0 1 Philip Fehlen 2 Tom Langenfeld 3 Jerry Sullivan 4 Dale Preedy 5 Hal Smith - Ron Johnson MS5 1 Bud Held	52 57 57 56 58 57 57 61 61	1.40m 71.7x 1.30m 66.6x 1.62m 87.5x 1.57m 84.8x 1.47m 79.4x	W70 00 00 00 00 00 00 00 00 00 00 00 00 0	1 05- 70 09	1 Ray Shaw 50 2 Kenneth Troy 50	11.40m 79.02 11.31m 78.32	6 Deborah Ecklund 36 W40 1 Ruth Welding 40	7.43m 34.61 10.72m 53.41	2 Manuel White 80 3 Leon Joslin 84	31.74m 77.02 24.74m 60.02
MSS 1 Earl1 Pavlik 2 James Paddie 3 Hugh Adams 4 Bert Bergen 5 Bruce Hills 6 Thom Jones M60 1 Philip Fehlen 2 Tom Langenfeld 3 Jerry Sullivan 4 Dale Preedy 5 Hal Smith - Ron Johnson M65 1 Bud Held	57 57 56 58 57 57 57	1.62m 87.5x 1.57m 84.8x 1.47m 79.4x	1 Johnnye Valien 71		2 Kenneth Troy 50 3 James Hollister 51 4 Robert Baker 51	10.95m 75.81 10.81m 74.91	- Svetlama Yesayam 40 2 Kimmie Allegre 41	10.03m 49.91 9.16m 45.61	4 Charles Roloff 81 5 Hilo Lightfoot 82 6 Andy Anderson 81	24.52m 59.51 22.78m 55.21 19.50m 47.31
3 Hugh Adams 4 Bert Bergen 5 Bruce Hills 6 Thom Jones M60 1 Philip Fehlen 2 Tom Langenfeld 3 Jerry Sullivan 4 Dale Preedy 5 Hal Sarith - Ron Johnson M65 1 Bud Held	56 58 57 57 61 61	1.47m 79.42	W75 1 Hargaret Hinton 75	1.55a 64.01 1.45a 64.41	5 William Wood 51	10.01m 69.32	3 Cheryl Hellenthin 40	6.83m 34.01	6 Andy Anderson 81 M85 1 Ted Hatlen 85	19.10m 54.81
5 Thom Jones M60 I Philip Fehlen 2 Tom Langenfeld 3 Jerry Sullivan B Dale Preedy Hall Smith Ron Johnson M65 I Bud Held	57 61 61	1.428 /0./4	Long Jump		- Kenneth Underdahl 51 6 Grant Lamothe 52 7 Jack Karbens 54	9.97m 69.0% 8.55m 59.2%	1 Pauline Thomas 47 2 Mary Hartzler 47 3 Sue Hinz 48	9.19m 52.51 8.53m 48.71	NGO 1 Elan Bavel-Goldberg 34	42.08m 56.91
M60 2 Tom Langenfeld 3 Jerry Sullivan 4 Dale Preedy 5 Hal Smith - Ron Johnson M65 1 Bud Held	61 61	1.37m 74.01 1.27m 68.61	1 David Turnbull 30 2 Gregory Font 34	6.29m 70.22 6.16m 68.82	MS5 1 Frank Struna 55	8.49m 58.8x 11.42m 85.1x	4 Sandra Harrison 47	7.73a 44.12 7.69a 43.92	N35 1 Carol Finsrud 39	50.12m 67.8x
3 Jerry Sullivan 4 Dale Preedy 5 Hall Swith - Ron Johnson M65 1 Bud Held		1.60m 90.92	NGS 1 Warren Washington 36	6.67m 78.4%	2 Terry Rowan 56 3 Kenneth Hedley 55	9.62m 71.63 9.42m 70.13	1 Erika Szanto 52 2 Harlene Sachs 52	9.59m 54.42 8.53m 48.42	2 Karen Hiller 35 3 Sue Hallen 39	33.46m 45.31 22.94m 31.01
5 Hal Smith (- Ron Johnson (M65 1 Bud Held (61	1.55m 88.01 1.50m 85.21	2 Michael Janusey 39 3 John Kimura 37	5.86m 68.9% 5.69m 66.9%	M60 1 Tom Langenfeld 61	9.97m 79.82	3 Karen Huff 54 4 Roslyn Katz 54 5 Rosalie Carman 52	8.52m 48.31 7.88m 44.71	4 Deborah Ecklund 36 5 Liz Wardsworth 35	22.44m 30.38 18.08m 24.48
M65 1 Bud Held	60	1.45m 82.3% 1.40m 79.5% 1.30m 73.8%	4 Darrell Charles 36 5 Dwayne Deckard 37 - Greg Wright 35	5.66m 66.5% 5.14m 60.4% FOUL 2	- Angelo Giumanini 61 2 William Jankovich 62	9.17m 73.4% 8.63m 69.1%	N55 1 Vanessa Hilliard 55	7.38m 41.8t	1 Ruth Welding 40 - Svetlama Yesayam 40	37.24m 53.42 33.84m 48.52
	68	1.45m 86.83	H40 1 William Rea 44	6.73m 84.7%	3 Roberts Smullens 60 M65 1 James Stookey 66	5.68m 45.4% 10.30m 88.6%	2 Joann Grisson 58	11.98m 77.9%	2 Cheryl Mellenthin 40	21.04m 30.12
3 Jack Fischer	68 65	1.40m 83.82 1.40m 83.82	2 David Quick 40 3 Hike Lariza 40	6.10m 76.8X 6.01m 75.6X	2 Jim Moorhead 68 3 Albert Brenda 68	9.19m 79.02 8.77m 75.42	1 Christel Hiller 61 2 Anne Cirulnick 61	8.64m 64.52 8.44m 63.02 8.13m 60.72	1 Pauline Thomas 47 2 Hary Hartzler 47 3 Sue Hinz 48	27.86m 45.1% 24.76m 40.1% 23.82m 38.6%
- Darrold Skartvedt	66 65 67	1.40m 83.8% NH %	4 David Ortman 43 - Greg Rees 40 5 Steve Cummings 40	5.86m 73.8% 5.76m 72.5% 5.68m 71.5%	4 Jack Lance 66 H75	8.38m 72.11	- Mae Turek 64 3 Judy Fetherston 64 4 Dorothy O'Neal 61	7.68m 57.31 6.94m 51.81	4 Sandra Harrison 47	18.54m 30.02
M70 1 Vince Sempronio 2 Edward Holmes	70 71	1.45m 91.7t 1.30m 82.2t	6 Fred James 43 7 Scott Thornsley 44 8 Steve Banton 43	5.59m 70.4% 5.43m 68.3% 4.67m 58.8%	1 Charles Hercurio 76 2 Ted Yenari 76 3 Carl Bock 76	7.03m 69.9x 6.65m 66.1x 5.96m 59.3x	5 Ikuko Fitzhugh 64 W65	4.34m 32.48	1 Rosalie Carman 52 2 Erika Szanto 52 3 Roslym Katz 54	22.86m 41.8% 21.26m 38.9% 21.20m 38.8%
4 Jim Johnson	74 7	1.15m 72.7% 1.10m 69.6%	9 Ric Teller 44 - Charles Hunter 40	4.53m 57.0% FOUL 2	M80 1 Maxwell Springer 82	6.15m 65.72	1 Lillian Snaden 67 2 Bernice Wagner 67 W70	5.64a 48.2X 5.30a 45.3X	4 Karen Huff 54 5 Katherine Crove 50	20.14m 36.8t 15.82m 28.9t
M75 1 Walter Dahlin 2 Armando Ricciardi	75 76	1.25m 83.32 1.20m 80.02	- Kevin Morning 40 M45 1 Roger Parnell 47	FOUL 2 5.85e 78.72	1 Joy Upshaw-Hargerum 35	10.21m 69.32	1 Johnnye Valien 71 2 Renee Roloff 73	6.88m 67.5% 5.43m 53.3%	W55 1 Vancssa Hilliard 55 2 Joann Grisson 58	31.84m 65.81 16.14m 33.41
3 Kenneth Wheeler 4 Les Hintz	75 75	1.15m 76.6% 1.05m 70.0%	2 David Anderson 48	5.72m 76.91	2 Elaine Iba 35 W45	8.62m 58.51	W75 1 Hargaret Hinton 75 2 Katharine Gradick 78	6.72m 75.61 6.08m 68.41	M60 - Hae Turek 64	22.84e 53.41
6 Myron Dover	76 76 76	1.05m 70.02 1.05m 70.02 NH 2	3 Rick Lapp 47 4 Taylor Weatherbee 45 5 Roger Trujillo 46	5.68m 76.4% 5.67m 76.3% 5.66m 76.1%	- Liz McBlain 48 - Avril Naylor 49 1 Barbara Stratton 49	8.18m 65.2t 7.72m 61.6t	3 Melanie Reske 75 W80	5.49m 61.83	1 Christel Hiller 61 2 Anne Cirulnick 61	20.68m 48.32 18.70m 43.72
M80	80 82	1.150 80.91	6 John Gray 48 7 James Hanor 48	5.61m 75.52 5.42m 72.92	V50 - Petra Pletersen 52	7.22m 57.6x 7.46m 64.5x	1 Betty Jarvis 81	4.81m 62.1%	3 Dorothy O'Neal 61 4 Fei-Mei Chou 61 W65	18.30m 42.81 17.64m 41.21
3 Charles Roloff	82 81	1.10m 77.4% 1.05m 73.9%	8 David Horace 45 H50 1 Robert Baker 51	5.15a 69.32 5.59a 80.52	1 Ann Carter 54 W55	6.81m 58.91	Discus		1 Havis Lorenz 69 2 Shirley Dietderich 69	18.98m 50.12 17.08m 45.12
	85	1.00m 76.32	1 James Hollister 51 3 Kenneth Troy 50	5.59m 80.52 5.46m 78.62	1 Joann Grisson 58 2 Becky Sisley 57	7.62m 71.42 6.94m 65.12	1 Hichael Bennett 30 2 John Taylor 34	48.44m 68.12 38.78m 54.52	1 Renee Roloff 73	13.62m 40.61
		1.70m 82.51	4 Louis Christensen 51 5 Emmette Graham 54	5.27m 75.9% 5.17m 74.5%	1 Fet-Met Chou 61	6.30m 64.02	1 Michael Hambrick 37	50.62m 71.18	W75 1 Hargaret Hinton 75 2 Helanie Reske 75	15.78m 53.21 14.32m 48.31
W35	OZA	1.55m 75.2x 1.35m 69.5x	- George Pachovsky 51 6 Grant Lamothe 52 - Kenneth Underdahl 51	4.80m 69.12 4.75m 68.42 4.67m 67.22	1 Josephine Sullivan 71 W75	6.22m 74.31	2 Curt Ransford 38 3 Curtis Silvester 37 4 Robert Hartmann 39	39.42m 55.4% 38.28m 53.8% 35.06m 49.3%	3 Katharine Gradick 78 4 Diane Friedman 75	13.38m 45.1% 10.18m 34.3%
		1.70m 93.42	7 William Wood 51 .8 Frank Condon 54	4.54a 65.41 4.38a 63.11	1 Margaret Hinton 75	5.99m 77.51	5 Jeff Crothers 37	27.46m 38.64	1 Betty Jarvis 81	13.50m 51.4%
W45 April 1997		1.15m 63.1x 1.50m 87.7x	9 Hark Chapman 53 M55	3.55m 51.1%	Shot Put		1 Mark Neal 43 2 Kevin Bennett 44	42.86m 60.21 38.40m 53.91	Hammer	
- Liz McBlain 1 Barbara Stratton	48	1.40m 81.81 1.10m 64.31	1 Kenneth Medley 55 2 James Paddie 57 3 Frank Struna 55	5.55m 85.5% 5.33m 82.1% 5.14m 79.2%	1 John Taylor 34 2 Hichael Bennett 30	13.86m 62.42 12.78m 57.52	3 Steve Banton 43 4 John Price 41	37.52m 52.7% 35.74m 50.2%	1 Edwin Tyler Jr. 31	53.40m 64.11
	52 50	1.25m 77.61 1.20m 74.51	4 Jim Swayze 55 - Norman Reynolds 57	5.06m 77.9t 4.56m 70.2t	N35 1 Timothy Crawford 36	15.68m 70.62	5 Richard Watson 43 6 Edward Daniels 44 - Terry Hollard 44	32.40m 45.52 29.98m 42.12 FOUL 2	M35 1 Kenneth Jansson 36	58.64m 70.42
W55 1 Kathy Bergen	56	1.30m 85.52	5 Ed Arnold 57 M60 1 Dick Richards 62	3.95m 60.8t 5.47m 90.1t	2 Michael Hambrick 37 3 Curtis Silvester 37	13.98m 62.91 11.67m 52.51	1 Valentino Martinez 47	40.340 62.13	2 Michael Hambrick 37 3 Robert Hartmann 39	48.32m 58.01 44.04m 52.81
2 Becky Sisley 3 Joann Grisson	57 58	1.20m 78.9% 1.10m 72.3%	2 William Jankovich 62 3 Raymond Fitzhugh 61	4.68m 77.1% 4.25m 70.0%	4 Curt Ransford 38 5 Robert Hartmann 39 6 Jeff Crothers 37	11.53m 51.9x 11.10m 50.0x 10.36m 46.6x	2 Bruce Hedendal 48 3 Tim Edwards 48	40.28m 62.0% 39.78m 61.2%	4 Curt Ransford 38 5 Jeff Crothers 37	32.88m 39.42 32.58m 39.12
5 Janice Condon W60	57 55	1.05m 69.0% 0.90m 59.2%	- Heracito Chandeck 63 - Ron Johnson 64 M65	4.08m 67.2x 3.91m 64.4x	H40 1 Mark Neal 43	10.36m 46.61 13.96m 66.61	- Murray Hall 45 4 Dennis Chandler 48 5 Jerry Crowe 48	39.66m 61.03 35.36m 54.43 35.34m 54.43	1 David Vandergriff 41 2 Anthon Chioccarelli 42	50.90m 67.81 47.56m 63.31
1 Christel Hiller 2 Fei-Hei Chou	61 61	1.20m 84.52 1.05m 73.92	1 James Stookey 66 2 Albert Brenda 68	4.91m 86.61 4.12m 72.61	2 Bob Gunn 43 - Greg Rees 40	13.13m 62.71 12.30m 58.71	6 Bob Sager 48 - John Solms 48	31.32m 48.21 30.68m 47.21	3 Carl Reichard 44 4 Edward Daniels 44	47.24m 62.91 37.34m 49.71
1 Shirley Kinsey W70	67	0.95m 70.98	3 Jim Moorhead 68 4 Jim Selby 68	4.05m 71.4% 3.97m 70.0%	3 Richard Watson 43 M45 1 Craig Shumaker 47	10.67m 50.92	- Ron Chmielevski 47 - Roy Chubb 46 - John Gallen 48	28.96e 44.51 16.54e 25.41	5 Richard Watson 43 M45	32.46m 43.21
1 Johnnye Valien 1 Patricia Peterson	71 70	1.00m 79.32 1.00m 79.32	5 Jack Lance 66 - Darrold Skartvedt 65 H70	3.94m 69.42 FOUL 2	2 Gary Bills 49 3 Bruce Hedendal 48	14.10m 75.02 12.80m 68.02 12.19m 64.82	- John Hawkins 47	FOUL 2	1 Tim Edwards 48 2 Bob Sager 48 3 Bruce Hedendal 48	40.56m 59.92 38.48m 56.82 38.32m 56.62
3 Josephine Sullivan W75 1 Margaret Hinton	71	0.95m 75.42 1.01m 85.52	1 Robert Higginbotham 70 2 Bill Carter 73	4.12m 77.7% 4.01m 75.6%	4 Dennis Chandler 48 - Murray Hall 45	11.66m 62.0x 11.03m 58.6x	1 Lloyd Higgins 54 2 Ladislav Pataki 50	52.20m 79.12 50.78m 77.02	- John Solms 48 4 Dennis Chandler 48	37.72m 55.71 27.62m 40.81
Pole V		1.01 63.34	3 Kenneth Yahiro 70 4 Manny Herscher 70 5 Jim Johnson 74	3.86m 72.8% 3.50m 66.0% 3.49m 65.8%	5 Bob Sager 48 - Ron Chmielevski 47 - John Solms 48	10.98m 58.42 9.99m 53.12	3 Doug Wells 52 4 Ton Gage 53 5 James Jones 52	47.12m 71.42 45.14m 68.42 43.04m 65.22	1 Tom Gage 53 2 George Hathews 53	61.68m 92.0x
M30 1 Michael Jaqua	33 4	L20m 68.2%	6 Arnold Scott 74 H75	3.37m 63.52	- John Solms 48 H50 1 Tom Gage 53	9.64m 51.21 15.59m 84.01	6 Richard Ashland 54 7 Rick Stowell 50	43.00m 65.22 40.48m 61.42	2 George Hathews 53 3 Bob Osterhoudt 54 - Ian Percy 51	45.80m 68.31 39.42m 58.81 31.22m 46.51
2 Jerome Tine 3 Eric Allison M35		1.00m 65.0% 3.70m 60.1%	1 Hilton Silverstein 76 2 Kenneth Wheeler 75 3 Armando Ricciardi 76	4.10m 82.6% 3.10m 62.5%	2 Ladislav Pataki 50 3 John Allamano 51	14.46m 77.9x 13.79m 74.3x	8 H. Brown 50 - Ian Percy 51	39.48m 59.8x 37.72m 57.2x	4 Jack Karbens 54 5 Mark Chapman 53	27.50m 41.08 21.06m 31.48
1 Bill Halverson 2 Gregory Charles	35 4	1.75m 82.7% 1.20m 73.1%	4 Carl Bock 76 M80	3.03m 61.0x 2.82m 56.8x	4 Rick Stowell 50 5 Doug Wells 52	13.73m 73.91 13.64m 73.41	9 Fred Johnston 50 0 Bill Berg 53 1 Bob Osterhoudt 54	37.30m 56.5% 36.78m 55.7% 35.60m 54.0%	M55 1 Frank Carl 58 M60	32.50m 53.82
- *Doug Ross 3 James Fountain - Bob Good		L20m 73.1% L10m 71.4%	1 Leon Joslin 84 M85 1 Ted Hatlen 85	2.37m 51.0t	6 Hark Chapman 53 7 Bill Berg 53 - Ian Percy 51	11.77m 63.41 11.44m 61.61	2 Don Baker 51 3 Mark Chapman 53	33.88m 51.32 33.62m 50.92	1 Bob Humphreys 60 2 Wendell Palmer 64	46.92m 78.7% 42.20m 70.7%
M40	MAL COPE	ten out	NGO MICHAEL	2.54m 60.71	8 M. Brown 50	11.21m 60.42 10.48m 56.42	4 Luigi Schiavo 53 5 Jack Karbens 54	32.46m 49.22 29.84m 45.22	- Udo Grady 62 - Angelo Giumanini 61	38.22m 64.12 28.06m 47.02
1 Jeff Kingstad 2 Jim Williams	4	4.40m 82.2X 4.30m 80.3X	1 Pamela Reynolds 32 N35 1 Joy Upshav-Hargerum 35	4.72m 62.7% 5.36m 76.5%	1 Glen Johnson 57 2 John Conniff Jr. 55	13.76m 82.62 12.80m 76.82	1 Glen Johnson 57 2 John Conniff Jr. 55	47.80m 80.82 45.08m 76.22	1 Joseph Chadbourne 65 2 Leonard Olson 65	47.36m 88.12
4 B. Rodney Dosher	43	3.70m 69.1x 3.30m 61.6x	2 Susan Smith 35 3 Elaine Iba 35	5.13m 73.2t 4.78m 68.2t	3 Frank Carl 58 4 Lawrence Lundgren 57	12.03m 72.2t 10.68m 64.1t	3 Frank Carl 58 4 Thom Jones 57	36.08m 61.02 26.86m 45.42	3 Ken Weinbel 68 4 Harry Hawke 67	39.70m 73.91 36.82m 68.51 36.72m 68.31
M45		2.80m 52.3% 4,40m 88.1%	- Hette Fossberg 44	4.21m 64.61	1 Wendell Palmer 64	13.940 85.12	1 Wendell Palmer 64 2 Stephen Holmes 60	52.72m 82.81 49.20m 77.31	5 Jerry Wojcik 66 6 Reed Quinn 66	33.74a 62.81 28.20a 52.41
2 Reg Hulbert 4	46	3.95m 79.12 3.65m 73.12	1 Kimie Allegre 41 W45 - Becky Willis 48	4.07m 62.5t 4.56m 75.2t	2 Hal Smith 60 3 Gerald Vaughn 60	13.81m 84.31 13.68m 83.51	3 Bob Humphreys 60 4 Neil Saling 60	48.44m 76.1% 45.40m 71.3%	1 Bill Bangert 72 2 Vince Sempronio 70	34.00m 62.81
3 John Patterson 4 Dick Clintworth	47 49	3.65m 73.1X 3.55m 71.1X	- Liz McBlain 48 - Avril Naylor 49	4.56m 75.21 4.04m 66.61 3.82m 63.01	4 Leonard Rosen 62 5 Net1 Saling 60	12.44m 75.91 12.19m 74.41	5 Edward Van Pelt 63 6 Leonard Rosen 62	44.10m 69.22 40.38m 63.42	3 Jacob Stein 72	28.42m 52.51 26.96m 49.81
- Thomas Light 4	48	101	1 Barbara Stratton 49	3.250 53.62	6 John Tansley 60	10.88m 66.42	7 John Tansley 60	39.92m 62.7%	4 John Snaden 70	18.66m 34.43

Continued from previ	ous	page		_
N75 1 Jim Hinah	76		34.14m 70.0x	١
2 Armando Ricciardi 3 Leo Chapman 4 Carl Bock	76 77 76		31.68m 64.91 22.34m 45.81 19.56m 40.12	l
M80 1 Hanuel White 2 Leon Joslin 3 Andy Anderson	80 84 81		28.74m 65.4% 22.10m 50.3% 18.18m 41.3%	
1 Elan Bavel-Goldberg 2 Helissa Tyler	34 30 34		33.10m 55.12 32.88m 54.82 31.50m 52.52	
1/35 1 Harcia Hecklenburg	39		39.24 65.91	l
2 Carol Finsrud 3 Sue Hallen 4 Deborah Ecklund	39 39 36		30.96m 52.0% 23.58m 39.6% 17.80m 29.9%	١
1 Ruth Welding 2 Cheryl Hellenthin	40 40		35.48m 65.8x 15.64m 29.0x	١
1 Pauline Thomas 2 Sue Hinz	47 48 48		28.74a 58.91 25.42a 52.11 21.68a 44.41	١
- Liz HcBlain 3 Sandra Harrison W50	47		18.22m 37.31 29.18m 57.21	١
1 Roslym Katz 2 Georgia Cutler 3 Suzy Hess	53		21.92m 43.02 20.64m 40.52	١
1 Vanessa Hilliard 2 Joann Grissom	55 58		46.90m 01.62 29.96m 64.92	l
1 Judy Fetherston 2 Anne Cirulnick	64 61 61		26.36m 63.12 23.52m 56.32 19.90m 47.62	ı
3 Christel Miller W75 1 Melanie Reske 2 Katharine Gradick	75 78		14.22m 45.91 10.20m 32.91	ı
W80 1 Betty Jarvis	81	100	15.22m 54.31	ı
	elin			١
1 Kenneth Hall 2 Rich Paull	30 33		67.08m 69.81 56.42m 58.72	
1 Ralph Howe 2 Tomas Silva	38 37		67.74m 75.92 65.20m 73.12	١
3 Michael Janusey 4 John Hansen 5 Christopher Clark	39 38 39		59.76m 67.01 56.62m 63.41 55.60m 62.31	ľ
M40 1 Tom Walker - Michael Finkbeiner	41 42		59.88m 73.72 54.64m 67.32	١
2 Richard Watson - Greg Rees H45	43 40		47.98m 59.1% 45.78m 56.4%	١
1 Edwin Morland 2 Dennis Chandler - John Solms	48 48 48		64.04m 86.7% 53.12m 71.9% 43.86m 59.3%	
3 Bruce Hedendal - Ron Chmielewski - Roy Chubb	48 47 46		38.52m 52.1% 36.88m 49.9% 30.50m 41.3%	l
4 John Gallen M50 1 Richard Sander	48		27.70m 37.5% 54.94m 81.7%	
2 Lloyd Higgins 3 Richard Warwick - Ian Percy	54 50 51		45.88m 68.21 45.78m 68.11 45.60m 67.81	١
4 Louis Christensen 5 James Jones 6 Bill Berg	51 52 53		45.46m 67.61 39.88m 59.31 37.18m 55.31	I
7 Jack Karbens MS5 1 Gary Reddaway	54		31.76m 47.21 51.04m 83.41	١
2 John Burns 3 Tony Dumay 4 John Conniff Jr.	55 55 55		47.12m 77.0x 46.06m 75.3x 42.52m 69.5x	١
5 Paul Taylor M60 1 Stephen Holmes	57		33.92m 55.4% 48.90m 80.9%	١
2 Phil Conley 3 Robert Youngs 4 Malcolm Russell	61 62 60		47.16m 78.08 44.72m 74.08 44.04m 72.98	l
5 Phillip Lord 6 John Tansley 7 Gary Correll	61 60 60		41.84m 69.2x 41.04m 67.9x 39.04m 64.6x	ı
8 Murdo Campbell 9 Hal Smith 0 Chuck Courts	63 60 63		36.60m 60.68 33.76m 55.88 31.82m 52.68	ı
1 William Jankovich 2 Jim Schlewitz 3 Roberts Smullens	62 62 60		30.54m 50.51 28.96m 47.91 27.16m 44.91	١
M65 1 Delfs Pickarts 2 William Brazelton	69 67		46.76m 85.08 42.26m 76.88	ı
3 Leonard Olson 4 Reed Quinn 5 John Nelson	65 66 65		40.92m 74.48 34.26m 62.38 26.88m 48.98	ı
H70 1 Don Tavolacci 2 Robert Higginbotha	71		31.90m 63.7% 31.54m 63.0%	
3 Kenneth Yahiro 4 Arnold Scott 5 Jacob Stein	70 74 72		29.34m 58.6% 26.82m 53.6% 23.88m 47.7%	
M75 1 Armando Ricciardi 2 Myron Dover	76 76		24.52m 53.8t 23.90m 52.5t	l
3 Jim Minah 4 Kenneth Wheeler 5 Leo Chapman	76 75 77		23.50m 51.62 23.30m 51.12 21.90m 48.12	l
6 Carl Bock 7 Albert Fairchild	76 78		21.36m 46.9t 17.68m 38.8t	١
1 Manuel White 2 Charles Roloff 3 Milo Lightfoot	80 81 82		33.76m 81.5x 22.52m 54.3x 21.70m 52.3x	l
1 Ted Hatlen	85		14.34 40.03	1
W30 1 Shaney Redmon 2 Lisa Doyon 3 Laurie Ticknor		32 33 34	44.34m 58.8% 32.20m 41.2% 28.26m 33.6%	
W35 1 Peta Bird 2 Deborah Ecklund		39 36	29.26m 42.6% 19.78m 28.8%	
3 Sue Hallen W40 1 Kate Schmidt		39	18.02m 27.4% 43.58m 72.1%	
2 Kimmie Allegre 3 Ruth Welding 4 Cheryl Mellenthio W45	1	41 40 40	35.08m 58.0% 26.80m 44.3% 17.58m 29.1%	
1 Pauline Thomas 2 Teddie Bell 3 Sandra Harrison		47 49 47	23.76m 44.7% 23.66m 44.5% 17.26m 32.4%	
my vezná váko				•

W50 1 Karen Huff 2 Rosalie Carman 3 Marlene Sachs 4 Erika Szanto 5 Rose Schlewitz		54 52 52 52 54	27.00m 49.0% 26.34m 47.8% 21.70m 39.4% 19.06m 34.6% 17.80m 32.3%	
W55 1 Becky Sisley 2 Vanessa Hilliard 3 Joann Grissom		57 55 58	32.26m 68.6% 29.28m 60.5% 29.02m 59.9%	l
W60 1 Christel Miller 2 Dorothy O'Neal W65		61 61	27.82m 65.3% 16.18m 37.9%	١
1 Mavis Lorenz 2 Shirley Dietderich 3 Lillian Snaden W70		69 69 67	22.22m 59.2% 18.00m 48.0% 10.40m 27.7%	
1 Renee Roloff W75 1 Margaret Hinton	75	73	16.60m 50.3%	١
2 Katharine Gradick 3 Diane Friedman W80 1 Betty Jarvis	78 75 81		16.52m 56.9% 15.96m 55.0% 11.90m 41.0%	
5K R		lleu		l
MGS 1 Michael Blanchard	35	TO THE ST	25:46.91 72.81	١
- Douglas Ermini H40 1 Warrick Yeager	39 42		DQ 2 22:20.24 86.81	
1 Stan Chraminski 2 Gene Opheim	48 49		25:10.67 79.81 25:25.02 79.01	
3 Steven Hedges 4 Shoja Torabian 5 Andrew Smith	48 47 46		26:25.48 76.01 27:15.43 73.71 28:43.01 70.01	l
6 David Kolva - Steve Petrakis - Art Grant	49 46 47		32:38.60 61.51 DNF 1 DQ 1	١
MSO 1 James Carmines 2 Norman Frable	53 51		24:36.17 84.91 26:00.60 80.31	١
3 Victor Sipes - David Crabb 4 David Bickel	53 51 54		26:57.38 77.51 27:34.36 75.71 29:47.98 70.11	l
5 Gary Bower 6 Eric Hedges M65	53 50		31:28.72 66.31 32:28.33 64.31	١
1 John Elwarner 2 John Schulz 3 Bernie Finch	57 57 56		26:04.92 83.52 28:18.05 76.92 29:30.76 73.72	۱
4 Calvin Brown 5 Stuart Sonne 6 John Backlund	59 58 56		29:58.53 72.61 32:17.14 67.41 33:15.63 65.41	١
7 Fredrick Seewerker - Paul Johnson	58 58 56		33:41.17 64.61 DQ 1	l
- Frederick Belt - Edgar Kousky - Gerald Bocci	55 58		00 i	١
1 Jack Bray 2 Max Green	63		25:15.20 90.21 25:21.93 89.81	l
3 Dick Petruzzi 4 Carl Acosta 5 Ray Everson	63 62 61		28:20.00 80.41 28:47.69 79.11 28:57.78 78.61	١
6 Ed Lane 7 Paul Kaald 8 Lloyd McGuire	60 63 64		30:33.80 74.51 30:44.57 74.11 32:22.35 70.31	
- John Weston M65 1 Jack Starr	63		33:57.06 67.11 28:59.31 82.51	
2 Vanee Genzlinger 3 Robert Eisner 4 Edward Gawinski	67 67 69		29:40.19 80.61 29:58.01 79.81 30:07.82 79.41	١
5 Robert Fine 6 Bill McClaren - Jack Castle	65 67 66		30:07.82 79.41 30:12.10 79.22 34:51.74 68.62 44:22.88 53.92	l
- William Kinder M70 1 Masashi Noritake	72		35:08.90 71.81	
2 John Carroll 3 Hel Lees 4 Arthur Clevenger	74 73 73		35:16.06 71.54 36:04.91 69.91 37:49.92 66.72	
5 John Snaden - Robert Davidson N75	70 73		38:28.03 65.61 DQ 1	
1 Paul Geyer 2 Herm Arrow 3 Richard Stark	76 76 79		36:31.70 73.31 37:13.18 71.91 37:43.89 70.91	
- Herb Appell - John Levinsohn M80	77 75		00 ž 00 ž	
1 Bill Tallmadge W30	80		40:07.20 71.21	
1 JoAnni Cole-Hansen 2 Camille Johnson NGS	33		29:11.69 69.41 34:27.05 58.81	
1 Kelly Murphey-Glen 2 Teresa Aragon 3 Jackie Kerby-Hoore	35 35		26:24.96 79.08 27:58.04 74.68 28:50.02 72.38	l
4 Robin Helm - Harjory McClaren 1440	39		32:32.35 64.11 00 1	
1 Phyllis Hansen 2 Peggy Miller 3 Virginia Fong	42 41		26:43.12 80.91 27:04.88 79.81 31:00.84 69.71	0.00
Cindy Algeo Liesbeth Matthieu W45	43		31:56.20 67.71 35:57.57 60.11	
1 Marianne Martino 2 Jeanette Smith 3 Gayle Johnson	46 47 47		27:21.64 82.13 27:43.06 81.03 28:26.68 79.03	١
4 Sandy Womack 5 Brenda Carpino 6 Victoria Velkoff	48 49 47		29:13.98 76.81 29:59.34 74.91 39:40.41 56.61	
150 1 Kathleen Frable 2 Lant LeBlanc	51 53		29:58.11 78.12 30:17.63 77.32	
3 Judy Heller 4 Jeanne Bocci 5 Darlene Backlund	50 53 50		31:08.04 75.21 32:18.73 72.51 34:33.44 67.71	
- Julia Wing W55 1 Elton Richardson	54		DQ # 29:35.86 82.81	
2 Roberta Hatfield 3 Doris Cassels 4 Beth Young-Grady	55 57 59		31:51.16 76.91 32:00.15 76.51 32:00.87 76.51	
5 Phyllis Abbate 6 Anne Whitaker - Ruth Everson	55 59 58		35:53.67 68.21 37:30.18 65.31 DQ 1	
1 Bev LaVeck	60	2	29:02.88 88.61 30:16.58 85.01	
2 D. JoAnne Parks - June-Harie Provost 3 Shirley Dockstader A Harnaret Semerker	ស ស ស 61		30:55.83 83.21 31:35.79 81.41 35:51.06 71.81	
4 Margaret Seewerker W65 1 Ruth Eberle 2 Charlotte Walker	65		30:01.91 90.48 37:06.66 73.18	
3 Lois McClaren W70 1 Joan Rowland	66		39:24.93 68.81 35:11.24 81.81	
A JUST ROWIENG			JU VA. US	

l Jane Dana	75	36:18.97 84.51
Lenore Harvin WBS	76	00 1
Oprothy Robarts	86	44:47.39 80.12
10K R	acewa	lk
IGO Helen Storrs	30	08:01.0h 61.61
Camille Johnson Lori Brewer	32 32	10:09.0h 59.7%
Kelly Hurphey-Glen	n 35	54:11.0h 78.51
Jackie Kerby-Hoore Teresa Aragon	35	58:53.0h 72.2x 59:32.0h 71.4x 03:13.0h 67.3x
Robin Helm Laura Cribbins Harjory McClaren	39 39 37	03:19.0h 67.21 03:38.0h 66.81
W40 Phyllis Hansen	44	55:14.0h 79.81
Peggy Miller Virginia Fong	42	55:56.0h 78.81 03:14.0h 69.71
Cindy Algeo Liesbeth Hatthieu	44	05:38.0h 67.12 13:17.0h 60.12
W45 Harianne Hartino	46	56:07.0h 81.51
Jeanette Smith Gayle Johnson	47	57:28.0h 79.61 58:44.0h 77.91
Brenda Carpino Sandy Womack	49	01:37.0h 74.31 01:57.0h 73.91
M50 Lani LeBlanc	53	03:06.0h 75.62 04:11.0h 74.32
Judy Heller Kathleen Frable Georgia Cutler	51 53	05:16.0h 73.0t 08:27.0h 69.6t
Julia Wing Reo Baumberger	54	12:03.0h 66.2x
Jeanne Bocci	23	m 1
Elton Richardson Roberta Hatfield	57 55	01:09.0h 81.5x 05:39.0h 75.9x
Beth Young-Grady Ruth Everson	59 58	06:10.0h 75.32 06:16.0h 75.22
Doris Cassels Phyllis Abbate	57 55	08:12.0h 73.12 10:45.0h 70.52
June-Harie Provost		03:42.0h 82.2X
D. JoAnne Parks Shirley Dockstader W65	63	03:59.0h 81.82 04:43.0h 80.92
M65 Charlotte Walker Lois McClaren	69 66	15:21.0h 73.2x 20:03.0h 68.9x
W70 Joan Rowland	70	13:24.0h 79.78
W75 Jane Dana	75	19:53.0h 78.12
20K R	WILL AN	ostobi istlada Ik isaly grasi
M30 Colin Peters	34	46:46.0h 73.6X
M35 Michael Blanchard	35	47:35.0h 73.12
Douglas Ermini H40	39	05:57.0h €2.52
Warrick Yeager M45	42	38:55.0h 82.21
Stan Chraminski Shoja Torahian Steve Petrakis	48 47 46	48:39.0h 77.63 52:23.0h 75.13 57:02.0h 72.13
Andrew Smith	46	02:09.0h 69.12 03:14.0h 68.42
M50 James Carmines	53	45:48.0h 82.98
Norman Frable David Crabb	51 51	48:09.0h 81.12 52:48.0h 77.82
David Bickel Gary Bower	54 53	08:12.0h 68.4x 12:53.0h 66.0x
John Elwarner	57	56:47.0h 78.41
Calvin Brown Bernie Finch	59 56 58	07:54.0h 71.62 14:19.0h 68.22
Robert Ferrier Stuart Sonne Paul Johnson	58 58	16:19.0h 67.2x 29:26.0h 61.3x
Gerald Bocci Edgar Kousky	58 55	88 1
M60 Max Green	64	49:30.0h 87.61
Jack Bray Carl Acosta	62	52:23.0h 85.41 02:08.0h 78.51
Ray Everson Paul Kaald	61	06:14.0h 76.01 11:17.0h 73.11
Robert Eisner	67	10:18.0h 77.42
Bill McClaren Vanee Genzlinger Edward Gawinski	67 67 69	10:38.0h 77.28 12:29.0h 76.28
Jack Starr	68	17:05.0h 73.61 DQ 1
William Flick Masashi Noritake	70 72	07:10.0h 83.92
John Carroll Hel Lees	74 73	25:26.0h 73.31 27:53.0h 72.11 DQ 1
John Snaden	70	, m
Paul Geyer Richard Stark	76 79	39:21.0h 71.12 DQ 2
Herb Appell	77	DØ 1
Bill Tallmadge	80	1 00

Men	
1 Stan Whitley 50	10.38
2 Milton Silverstein 76	10.73
3 James Stookey 68	10.92
4 Kevin Morning 40	10.93
5 Marion McCoy 46	11.40
Women	
1 Mary Libal 46	11.81
2 Kathy Bergen 56	12.14
3 Patricia Peterson 70	12.50
4 Cindy Steenbergen 42	12.57
5 Sum Onodera-Leonard 68	12.84
6 Rita Kerr 61	13.01
7 Margaret Hinton 75	13.39
8 Pearl Mehl & 82	17.27



Name	Points	L	Л	200	DT	150
на			N BAG	10/24		
Michael Janusey #297		5.83m	58.46m	24.87	33.36	5:05.3
HcHurray, PA		w: 2.31	91'09.00	w: 0.21	09.05.00	
Age graded mark:		6.140	62.92m	24.45	33.36	4:59.7
Age graded percent:		68.591	65.551	80.701	46.911	69.29
Age: 39	3144	(617)	(782)	(653)	(531)	(56)
A FAMILY STATES					•••••	•••••
2 Stephen Winkel #618		5.96m	47.56m	24.41	31.84m	4:51.4
Hemphis, TN	OFF DA		56'00.00		04.02.00	
Age graded mark:		6.27■	51.18	24.00	31.84	4:46.1
Age graded percent:		70.121	53.331	82.221	44.77%	72.59
Age: 38	3088	(646)	(606)	(693)	(501)	(642
Scott Chadbourne #96	100	4.87m	38.08m	27.58	27.02m	5:04.5
Houston, TX			24'11.00		88.08.00	SPECIAL PROPERTY.
Age graded mark:	SATURE THE	5.12a	40.98m	27.11	27.02m	4:59.3
Age graded percent:	172	57.291	42.701	72.773	37.991	69.38
Age: 35	2270	(405)	(456)	(440)	(406)	(563

Pentathion M40 Age-Graded Results

H40				Transfer.		
1 *Greg Rees #468		5.88m	45.80m	24.24	32.00m	4:56.82
Calgary, AB		W: 0.415	0.03.00	w: 0.210	5'00.00	
Age graded mark:		6.62m	54.16m	23.00	32.00m	4:41.36
Age graded percent:		74.061	56.431	85.731	44.991	73.821
Age: 40	3336	(725)	(650)	(785)	(504)	(672)
2 Vince Costello #125		5.17m	41.70m	25.70	32.28a	5:11.12
Honolulu, HI		w: 4.513	6'10.00	w: 0.210	5'11.00	
Age graded mark:	15 . 4	5.82m	49.32m	24.39	32.28m	4:54.92
Age graded percent:	10-13	65.111	51.381	80.861	45.391	70.431
Age: 43	2883	(548)	(579)	(658)	(509)	(589)
3 Stephan Hiller #398		5.51a	41.84m	27.44	29.60m	5:05.56
Bainbridge Island, WA	WENT TO	w:-0.813	7'03.00	w: 0.2 9	7'01.00	MENTER!
Age graded mark:		6.20m	49.48m	26.04	29.60m	4:49.65
Age graded percent:		69.401	51.551	75.731	41.621	71.718
Age: 41	2810	(630)	(581)	(521)	(457)	(621)
4 Russell Jacquet-Ace #292		5.17m	37.48m	25.39	25.66m	5:14.50
Seattle, WA		w: 2.312	2'11.00	w: 0.2 8	4'02.00	
Age graded mark:		5.82m	44.32m	24.10	25.66m	4:58.12
Age graded percent:		65.111	46.181	81.841	36.081	69.671
Age: 43	2688	(548)	(505)	(684)	(380)	(571)
5 Del Barrett #31		4.86a	38.04m	27.21	33.22	5:22.58
Woodland Hills, CA			124'10.00		109.00.00	
Age graded mark:		5.470				
Age graded percent:		61.212				
Age: 42	2584	(475)	(515)	(539)	(528)	
6 Richard Watson #599		4.510	49.56m	29.41	30.96	5:49.86
Yuma, AZ		w: 1.9	162'07.00		101'07.00	
Age graded mark:		5.08m		27.91		
Age graded percent:		56.801	61.061	70.661		
Age: 43	2372	(398)	(717)	(383)	(483)	(391)
			••••••			

Pentathion M45 Age-Graded Results

1 Dich Loro ASS1		T. Services				CEINI
1 Rick Lapp #351	General P	3.588	36.06m	24.95	26.80m	4:42.8
Coram, NY	7 14	W: 0.01	18'04.00		87'11.00	
Age graded mark:		6.72m	46.86m	22.86	29.34a	4:18.4
Age graded percent:		75.101	48.832	86.291	41.261	80.361
Age: 47	3362	(748)	(542)	(799)	(451)	(822)

Pentathion M50 Age-Graded Results

H50						
1 Rex Harvey #237		5.51m		27.31	39.78m	6:25.39
Mayfield Hights, OH	EN D		139'08.00	w:-0.21	30'06.00	
Age graded mark:		7.10m	60.82m	24.15	42.90m	5:38.69
Age graded percent:		79.391	63.361	81.691	60.341	61.331
Age: 50	3350	(838)	(750)	(680)	(724)	(358)
2 Geoffrey Hughes #278		E 01-	20.42	27 22	27 22-	. ~
Eugene, OR	L. Garage	5.01m		27.22		5:25.46
Age graded mark:			99'10.00		89'04.00	E DV
Age graded percent:		6.45a		24.07		4:46.02
		72.191	45.271	81.961	41.291	72.621
Age: 51	2960	(686)	(492)	(687)	(452)	(643)
3 Emmette Graham #211		5.12m	37.36e	28.60	34.90m	7:35.01
Paradise Valley, AZ			22.07.00		14'06.00	Contract of the last
Age graded mark:			53.36e	25.29		6:39.87
Age graded percent:		73.781	55.601	78.012	52.931	51.948
Age: 54	2680	(718)	(638)	(582)	(617)	(125)
			(030)	(302)	(01//	(123)
4 Grant Lamothe #346		4.24	33.16m	27.48	27.72	5:49.81
Langley, BC		W: 0.41	08.09.00	W:-0.2	90'11.00	
Age graded mark:		5.46m	47.36m	24.30	29.90m	5:07.42
Age graded percent:		61.101	49.352	81.191	42.041	67.571
Age: 52	2669	(473)	(550)	(666)	(462)	(518)
	******	•••••				
5 Jack Karbens #317		4.19m				5:50.49
Honolulu, HI			108.01.00		92'11.00	A STATE OF THE PARTY OF THE PAR
Age graded mark:						5:08.02
Age graded percent:		60.371	49.021	76.013	42.951	67.438
Age: 54	2523	(461)	(545)	(528)	(475)	(514)
THE PARTY OF THE P	35 -75	* LP-G		DE POR		ANGELLA
6 *Fred Clark #111		4.08m				5:31.61
Cranbrook, BC			67'08.00		86'03.00	
Age graded mark:		5.25a		27.57		4:51.42
Age graded percent:	-	. 58.791	30.712	71.551		71.271
Age: 52	2172		(292)	(407)	(432)	(610)
7 Luigi Schiavo #498		3.67■	26.30m	31.67	30.18e	6:33.72
Vancouver, WA			86.03.00		99.00.00	0.55.72
Age graded mark:		4.72		28.00	32.54	5:46.01
Age graded percent:		52.881	39.141		45.781	60.031
Age: 53	1953	(330)			(515)	(324)
Aye. 33	1933	(330)	(40/)	(3//)	(313)	(324)
8 Jim Peterson #446		3.68m	20.34			5:42.59
Richland, WA		w: 1.1	66'09.00	w:-0.2	68'01.00	
Age graded mark:		4.74m	29.04m	30.87		5:01.07
Age graded percent:		53.031	30.271	63.911	31.491	68.991
Age: 51	1694	(333)	(286)	(204)	(317)	(554)
						•••••

Pentathion M55 Age-Graded Results

M65
1 Emil Paulik #443
Jackson, MS
Age graded mark:
Age graded percent:
Age: 57

		43.58m			6:04.11
	w: -3.91	13.00.00	w: 0.21	08'10.00	
	6.81a	68.40m	22.25	39.88m	5:06.88
	76.128	71.271	88.651	56.102	67.681
3675	(769)	(865)	(858)	(662)	(521)

page	32
Dage	JA

National Masters News

September 1996

Continued from previous	ous page					-	Name P	oints		, KJ		J 800	Name	Points	u				
Name	Points		н	SP	u		Penta	thion N	65 Age	-Graded	Results		3 Kenneth Wheeler #609			22.02m		28.22m 92'07.00	
			Mark Barry				M65						Honolulu, HI			72.03.00			
2 Jim Swayze #554		5.24a	37.26a	27.29	27.18	6:18.34	1 Darrold Skartvedt #522		4.81m	32.06m	30.91 38	.64m 8:07.77	Age graded mark:		5.44				
Phoenix, AZ		w: 2.61	22'03.00	w: 0.2	89'02.0	0	Seattle, WA			105'02.00	w: 0.4126'0		Age graded percent:		60.891		(359)	(740)	
Age graded mark:		7.22	58.48m	23.29	32.68	s 5:18.87	Age graded mark:		7.58m			120 6:13.34	Age: 75	2243	(469)	(536)	(323)	(/40)	1000
Age graded percent:		80.741	60.931	84.721	45.96	2 65.141	Age graded percent:		84.831			691 55.631	The The Spirite Street						
Age: 55	3312		(715)	(758)			Age: 65	3333	(955)	(678)		31) (212)	Pent	athlon W	30 Age	Graded	Results		119
3 Philip Byrne #80	100	4 61-	37.40m			6:25.41							k30	- 5-2 - 5					1
Charlstown, MA			22.08.00		97'00.0		2 Ray Propst #460			28.86		.86m 7:53.28	1 Anne Jennings #1094		15.37	1.75a	7.95m		2:37.92
Age graded mark:	-	6.35a		25.04		5:24.83	Astoria, OR			94'08.00	w: 0.4104'0		Cambridge, MA		w: 1.0	5'08.75	26'01.00	w: 0.3	
Age graded percent:		71.032	61.161	78.77%			Age graded mark:		6.76a			.68m 6:02.25	Age graded mark:		15.37	1.77	7.95	5.36a	2:37.92
	2985	(664)	(718)	(603)			Age graded percent:		75.661	52.501		812 57.342	Age graded percent:		79.441	84.951	37.061		
Age: 56	and the second	(004)		(003)		, (423)	Age: 67	2750	(757)	(595)		558) (255)	Age: 33	3387	(793)	(941)	(396)	(660)	
4 Bob Sheedy #513			36.46m			6:44.70	3 John Nelson #417	Sinte	3.29m	26.78m		46m 8:00.97				1.550	10.90m		2:32.26
Port Angeles, WA			19'07.00		104'08.0		Milwaukie, OR		w: 4.1	87'10.00	w: 0.4 93'0	1.00	2 Lisa Doyon #1048		18.04		35'09.25		
Age graded mark:			57.22			5:41.09	Age graded mark:		5.18m			44a 6:08.14	Ipswich, HA		¥: 1.0 18.04	1.57			2:32.20
Age graded percent:		69.491	59.621		53.94		Age graded percent:		58.02	48.721		851 56.421	Age graded mark:					59.048	
Age: 55	2328	(632)	(696)	(23)	(631) (346)	Age: 65	2250	(417)	(541)		573) (232)	Age graded percent:	-	67.681		(589)	(413)	
									200-00-0	Graded I			Age: 33	2852	(484)	(701)	(363)	(413)	(003
5 Brad Wilson #616			32.96			6:38.82	M70		. c ngc		icounto		Penta	athlon W	45 Age-	Graded I	Results		
Everett, WA			108'02.00		2 78'10.		1 Bill Carter #90	7-516	3.90€	25.58m	31.53 29	30m 7:28.60	W45			E WIT JOE			
Age graded mark:		5.03				3 5:36.13 3 	Marlow, OK		w: 0.3	83'11.00	w: 0.4 96'0	1.00			14.97	1.450	8.89m	4 50-	2:55.94
Age graded percent:		56.241			40.6		Age graded mark:		6.57m	49.08m	23.73 40	68m 5:24.21	1 *Becky Willis #1200			4'09.00		w: 0.5	
Age: 57	2121		(614)				Age graded percent:		73.58	51.148	83.131 57	221 64.061	Vancouver, BC			1.76m			2:36.70
				••••••	••••••	······	Age: 73	3111	(713)	(575)	(717) (78) (428)	Age graded mark:		16.02			75.748	
		THE STATE OF				** BOX	· 医一种 · · · · · · · · · · · · · · · · · · ·						Age graded percent:	2505	76.221	84.801	50.801	(756)	
							2 Manny Herscher #253		3.52m			34m 8:14.37	Age: 48	3595	(/12)		(300)		
Pentati	hlon M6	Age-Gr	aded Re	esults			White Plains, MY			78'01.00	W: 0.4 93'0		2 *Liz McBlain #1120		15.64	1.40m	9.44m	3.79m	3:00.51
						The same of	Age graded mark:		5.93m			34a 5:57.29	Edmonton, AB			4'07.00		w: 0.4	
M60							Age graded percent:	- 1.3-	66.421	47.581		341 58.131	Age graded mark:		16.74		11.57	4 70m	2:40.77
1 William Jankovich #295		4.44	34.04m	28.73	30 52	6:16.08	Age: 70	2641	(571)	(525)		551) (275)	Age graded percent:		72.951		53.948	62.541	
Racine, WI		W: 2.211		W: 0.41									Age: 48	3157	(626)	(855)	(633)	(479)	
Age graded mark:		6.54a	54.08m			5:02.82	3 William Fix #690		3.18m	23.48m		04m 7:37.46	Age. 40						
Age graded percent:		73.152	56.361		47.958		Spokane. WA			77'00.00	W: 0.4 75'0		The state of the s						
Age: 62	3172	(707)	(649)	(726)	(546)		Age graded mark:		5.36m	45.06m		.98m 5:30.61	Pentat	hlon W50	Age-G	raded R	esults		
The state of the s							Age graded percent:	A Labor	60.001	46.941		991 62.821	V50	Property and					
				Delication of the last of the			Age: 70	2203	(453)	(516)		(396)	1 Marlene Sachs #1206		16.56	1.350	8.89m	3.77	2:58.68
*Ron Johnson #306		4.15m	24 06-	21 26	20 22-	5:44.69	Alle Arts to the second						Nonrich, VT			4'05.00		w: 0.7	
Auck land		w: 1.6 8		W: 0.4 9		5:44.09	Pentat	nion M	75 Age-	Graded I	Results		Age graded mark:		17.07				2:32.17
Age graded mark:			39.50m			4:37.55	N75						Age graded percent:		71.561			66.841	
Age graded percent:	126		41.162	76.681	44.341		1 Daniel Bulkley #73		3.34	19.40m	34.03 23	02m 7:56.46	Age: 52	3321	(589)	(916)	(583)	(567)	
Age: 64	2782	(610)	(435)	(547)	(494)	(696)	Phoenix, OR			63'08.00	W: 0.4 75'0		E STATE OF THE STA				(300)	-	A TOTAL CO.
		(010)					Age graded mark:			40.90m	24.22 35	62m 5:22.23				1-1-71			
	Mas unis						Age graded percent:		67.348	42.621		112 64.462	Pentat	hlon W70	Age-G	raded R	esults		
			E Par I st				Age: 79	2733	(591)	(455)		76) (438)	N THE RESERVE	San San	La gradus	d atomitis	The state of		
Raymond Fitzhugh #183		4.16m		32.33		7:59.67	the state Committee of Committee	*****					W70		2 1100				
Irvine. CA		w: 0.7119		w: 0.4107			2 Armando Ricciardi #474	学习为的	3.25a			20m 9:52.07	1 Johnnye Valien #1191		23.54	1.02	6.75m	3.12	4:05.50
Age graded mark:		6.13m	57.74a	26.60	36.46m	6:26.24	Reno, NV			72'08.00	W: 0.4 85'1		Los Angeles, CA		W:-0.4	3'04.00 2	22'01.75	w: 0.0	
Age graded percent:		68.531	50.171	74.148	51.281	53.781	Age graded mark:		5.86m	46.68m		.56m 6:40.42	Age graded mark:		18.28	1.69m	14.22	5.55e	2:46.72
Age: 61	2557	(615)	(704)	(478)	(593)	(167)	Age graded percent:	200	65.521	48.641		.031 51.871	Age graded percent:		66.821	80.951	66.311	73.931	
107							Age: 76	2322	(556)	(540)		(123)	Age: 71	3324	(460)	(842)	(809)	(715)	(498)

1996	U.S. N	lational	Masters	Track 8	Field	Champions
			Washing			

			THE STATE OF		opokane,	washington z	August 15-16					
		M35		M45	M50	M55	M60	М65	M70	M75	м80	M85
		Krulee	Morning	McCoy	Whitley	Butler	Thomas	Stookey	Carter	Silverstein	A CONTRACTOR OF THE PARTY OF TH	Castro
	Berry	Holloway	Morning	Sowerby	Whitley	Miller	Thomas	Stookey	Herscher	Silverstein	the second secon	Castro
	Berry	Blackwell	Gonera	Sowerby	Crombie Mathes	Owens Lyons	Thomas Aneshansley	Cheek	Johnson Messenger	Kagan Tribou	Matteson Matteson	
	Kastor	Fragua	Mogg	Codd	7 1131	237 1	State Date of the	College Car Carlo				A STATE OF THE STA
	Parker	Fragua	Mogg	Salzner	Beck	Lyons		THE RESERVE THE PARTY OF THE PA	McManus	Boots	Malizia	1 run New 11cm 42 2-13.
	Holman	Harding	Rodiez	O'Brien	Jordeth	Williams	Iffrig Morozov	Sutton Heitzman	Forshee Forshee	Kagan Kagan	Boulden Healy	Service of the servic
10000	Holman	Harding	Rodiez	O'Brien	Corkill	Keating					place of the second	The arms of the second
		Jeremiah	Zahn	Roberts	Viltz	Butler	Klicker	Stookey	Hig'nbotha		Finger	The second state of
	Beatty	Blackwell	Pennell	Lapp	Norris	Rowan	Trinkner	Stookey	Hig'nbotha	Bulkley		5 + 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1
SC	Yorges	James	Winzenreid	Chaidez	Pfueller	Brawner	Slocum	Selby	Bryant	10日の東西島田島		建 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1.
HJ	Turnbull	Helton	Nelson	Sauers	Pozzi	Pawlik	Fehlen	Held	Sempronio		White	Hatlen
PV	Jaqua	Halverson	Kingstad	McIntyre	Kilpelainer		Fitzhugh	Donley	Grosh	Halverson	Lightfoot	
LJ	Turnbull	Washington		Parnell	Baker	Medley	Richards	Stookey	Hig nbotha	mSilverstei Mercurio	Springer	Hatlen
TJ	Turnbull	Martin	Lariza	Trujillo	Shaw	Struna	Langenfeld				THE STREET	
SP	Taylor	Crawford	Neal	Shumaker	Gage	Johnson	Palmer	Olson	Orlich	Cumley	Carter	Hatien
DT	Bennett	Hambrick	Neal	Martinez	Higgins	Johnson	Palmer	Olson	Hooker	Thompson	Carter	Hatlen
HT	Tyler	Jansson	Vandergrift		Gage	Carl	Humphreys Holmes	Chadbourne Pickarts		Minah	White	
JT	Hall	Howe	Walker	Morland	Sander	Reddaway		7 2 3 2 3	Tavolacci	Ricciardi	White	Hatlen
PEN		Janusey	Costello	Lapp	Harvey	Pawlik	Jankovich	Skartvedt	Carter	Bulkley		
4x100	West			Activities	West		East			10 mm	1111 - 2 mode	
4x400	Mid-Atlant	ic	East				West		17.00		The second	
4x800	West		California		Northwest		Snohomish	LES		The Late 49		
F00011		Blanchard	Yeager	Chraminski	Carmines	Elwarner	Bray	Starr	Noritake	Geyer	Tallmadge	
5000W												
20K-W		Blanchard	Yeager	Chraminski	Carmines	Elwarner	Green	Eisner	Flick	Geyer		
		Blanchard	1811 00	Chraminski	Carmines W50	Elwarner W55	Green W60	Eisner W65	Flick W70	The same of the		
	W30	Blanchard W35	Yeager W40 Stenbergen	Chraminski W45		w55				Geyer W75 Hinton	W80 Mehl	
20K-W		W35 Margerum	W40	Chraminski W45 Libal	W50	W55 Bergen	W60	W65	W70	W75	W80	No. 1997
20K-W 100 200 400	W30 Baumgarten Baumgarten Nichols	W35 Margerum Margerum Robertson	W40 Stenbergen Stenbergen Foreman	Chraminski W45 Libal Libal Libal	W50 Lowenstein Lowenstein Lowenstein	W55 Bergen Solwazi	W60 Kerr Kerr Kerr	W65 Leonard Leonard	W70 Peterson Peterson Peterson	W75 Hinton	W80 Mehl	
20K-W 100 200	W30 Baumgarten Baumgarten	W35 Margerum Margerum	W40 Stenbergen Stenbergen	Chraminski W45 Libal Libal	W50 Lowenstein Lowenstein	W55 Bergen Solwazi	W60 Kerr Kerr	W65 Leonard Leonard	W70 Peterson Peterson	W75 Hinton Hinton	W80 Mehl Mehl	
20K-W 100 200 400	W30 Baumgarten Baumgarten Nichols	W35 Margerum Margerum Robertson	W40 Stenbergen Stenbergen Foreman	Chraminski W45 Libal Libal Libal Treleven	W50 Lowenstein Lowenstein Lowenstein	W55 Bergen Solwazi Arnold Arnold	W60 Kerr Kerr Kerr	W65 Leonard Leonard Filreis	W70 Peterson Peterson Peterson	W75 Hinton Hinton Davidson	W80 Mehl Mehl Mehl	
20K-W 100 200 400 800 1500 5000	W30 Baumgarten Baumgarten Nichols Nichols Franz	Blanchard W35 Margerum Margerum Robertson Grigsby Jones Jones	W40 Stenbergen Stenbergen Foreman Taylor McLatchie McLatchie	Chraminski W45 Libal Libal Libal Treleven	W50 Lowenstein Lowenstein Lowenstein Francel Makoske	W55 Bergen Solwazi — Arnold Arnold Curtis	W60 Kerr Kerr Kerr Carinci Ingraham Ingraham	W65 Leonard Leonard Filreis Machala	W70 Peterson Peterson Peterson Adams Russell Adams	W75 Hinton Hinton Davidson Davidson	W80 Mehl Mehl Mehl	
20K-W 100 200 400 800 1500	W30 Baumgarten Baumgarten Nichols Nichols	W35 Margerum Margerum Robertson Grigsby Jones	W40 Stenbergen Stenbergen Foreman Taylor McLatchie	Chraminski W45 Libal Libal Libal Treleven Williams	W50 Lowenstein Lowenstein Lowenstein Francel	W55 Bergen Solwazi Arnold Arnold	W60 Kerr Kerr Kerr Carinci Ingraham	W65 Leonard Leonard Filreis	W70 Peterson Peterson Peterson Adams Russell	W75 Hinton Hinton Davidson Davidson	W80 Mehl Mehl Mehl Mehl Mehl	
20K-W 100 200 400 800 1500 5000 10000	W30 Baumgarten Baumgarten Nichols Nichols Franz	Blanchard W35 Margerum Margerum Robertson Grigsby Jones Jones Robertson Margerum	W40 Stenbergen Stenbergen Foreman Taylor McLatchie McLatchie Squyer Hamilton	Chraminski W45 Libal Libal Libal Treleven Williams	W50 Lowenstein Lowenstein Lowenstein Francel Makoske	W55 Bergen Solwazi — Arnold Arnold Curtis	W60 Kerr Kerr Kerr Carinci Ingraham Ingraham	W65 Leonard Leonard Filreis Machala	W70 Peterson Peterson Peterson Adams Russell Adams	W75 Hinton Hinton Davidson Davidson	W80 Mehl Mehl Mehl Mehl Mehl	
20K-W 100 200 400 800 1500 5000 10000	W30 Baumgarten Baumgarten Nichols Nichols Nichols Franz Holman Reynolds	Blanchard W35 Margerum Margerum Robertson Grigsby Jones Jones Robertson Margerum Margerum	W40 Stenbergen Stenbergen Foreman Taylor McLatchie McLatchie Squyer Hamilton Lanker	Chraminski W45 Libal Libal Libal Treleven Williams Brannan	W50 Lowenstein Lowenstein Francel Makoske — Bocci	W55 Bergen Solwazi — Arnold Arnold Curtis Baumann Sisley	W60 Kerr Kerr Kerr Carinci Ingraham Ingraham	W65 Leonard Leonard Filreis Machala Machala	W70 Peterson Peterson Adams Russell Adams Russell	W75 Hinton Hinton Davidson Davidson	W80 Mehl Mehl Mehl Mehl Mehl	
20K-W 100 200 400 800 1500 5000 10000	W30 Baumgarten Baumgarten Nichols Nichols Nichols Franz Holman Reynolds	Blanchard W35 Margerum Margerum Robertson Grigsby Jones Jones Robertson Margerum	W40 Stenbergen Stenbergen Foreman Taylor McLatchie McLatchie Squyer Hamilton	Chraminski W45 Libal Libal Libal Treleven Williams Brannan	W50 Lowenstein Lowenstein Francel Makoske — Bocci	W55 Bergen Solwazi	W60 Kerr Kerr Kerr Carinci Ingraham Ingraham	W65 Leonard Leonard Filreis Machala Machala	W70 Peterson Peterson Adams Russell Adams Russell	W75 Hinton Hinton Davidson Davidson	W80 Mehl Mehl Mehl Mehl Mehl	
20K-W 100 200 400 800 1500 5000 10000	W30 Baumgarten Baumgarten Nichols Nichols Nichols Franz Holman Reynolds	Blanchard W35 Margerum Margerum Robertson Grigsby Jones Jones Robertson Margerum Margerum	W40 Stenbergen Stenbergen Foreman Taylor McLatchie McLatchie Squyer Hamilton Lanker	Chraminski W45 Libal Libal Libal Treleven Williams Brannan	W50 Lowenstein Lowenstein Francel Makoske — Bocci	W55 Bergen Solwazi — Arnold Arnold Curtis Baumann Sisley	W60 Kerr Kerr Kerr Carinci Ingraham Ingraham	W65 Leonard Leonard Filreis Machala Machala	W70 Peterson Peterson Adams Russell Adams Russell	W75 Hinton Hinton Davidson Davidson	W80 Mehl Mehl Mehl Mehl Mehl	
20K-W 100 200 400 800 1500 5000 10000 SH LH SC	W30 Baumgarten Baumgarten Nichols Nichols Nichols Franz Holman Reynolds Ticknor	Blanchard W35 Margerum Margerum Robertson Grigsby Jones Jones Robertson Margerum Margerum Krainik	W40 Stenbergen Stenbergen Foreman Taylor McLatchie McLatchie Squyer Hamilton Lanker Allegre	Chraminski W45 Libal Libal Libal Treleven Williams Brannan	W50 Lowenstein Lowenstein Francel Makoske Bocci Sachs Sachs	W55 Bergen Solwazi — Arnold Arnold Curtis Baumann Sisley — Bost	W60 Kerr Kerr Carinci Ingraham Ingraham Miller	W65 Leonard Leonard Filreis Machala Machala	W70 Peterson Peterson Adams Russell Adams Russell	W75 Hinton Hinton Davidson Davidson	W80 Mehl Mehl Mehl Mehl Mehl	
20K-W 100 200 400 800 1500 5000 10000 SH LH SC HJ PV LJ	W30 Baumgarten Baumgarten Nichols Nichols Nichols Franz Holman Reynolds Ticknor Jennings	Blanchard W35 Margerum Margerum Robertson Grigsby Jones Jones Robertson Margerum Margerum Krainik Mendenhall Neazy Margerum	W40 Stenbergen Stenbergen Foreman Taylor McLatchie McLatchie Squyer Hamilton Lanker	Chraminski W45 Libal Libal Libal Treleven Williams Brannan Stratton Stratton	W50 Lowenstein Lowenstein Francel Makoske Bocci Sachs Sachs O'Connor	W55 Bergen Solwazi — Arnold Arnold Curtis Baumann Sisley — Bost Bergen MacDonald Sisley	W60 Kerr Kerr Carinci Ingraham Ingraham Miller Chou	W65 Leonard Leonard Filreis Machala Machala Machala Kinsey Kinsey	W70 Peterson Peterson Adams Russell Adams Russell Valien Valien Valien	W75 Hinton Hinton Davidson Davidson Hinton	W80 Mehl Mehl Mehl Mehl Mehl	
20K-W 100 200 400 800 1500 5000 10000 SH LH SC	W30 Baumgarten Baumgarten Nichols Nichols Franz Holman Reynolds Ticknor Jennings Reynolds	Blanchard W35 Margerum Margerum Robertson Grigsby Jones Jones Robertson Margerum Margerum Krainik Mendenhall Neazy	W40 Stenbergen Stenbergen Foreman Taylor McLatchie McLatchie Squyer Hamilton Lanker Allegre	Chraminski W45 Libal Libal Libal Treleven Williams Brannan Stratton	W50 Lowenstein Lowenstein Francel Makoske Bocci Sachs Sachs	W55 Bergen Solwazi — Arnold Arnold Curtis Baumann Sisley — Bost Bergen MacDonald	W60 Kerr Kerr Carinci Ingraham Ingraham Miller	W65 Leonard Leonard — Filreis — Machala Machala — — Kinsey Kinsey	W70 Peterson Peterson Adams Russell Adams Russell Valien Valien	W75 Hinton Hinton Davidson Davidson Hinton Hinton	W80 Mehl Mehl Mehl Mehl Mehl	
20K-W 100 200 400 800 1500 5000 10000 SH LH SC HJ PV LJ	W30 Baumgarten Baumgarten Nichols Nichols Nichols Franz Holman Reynolds Ticknor Jennings Reynolds Reynolds Reynolds	Blanchard W35 Margerum Margerum Robertson Grigsby Jones Jones Robertson Margerum Margerum Krainik Mendenhall Neazy Margerum	W40 Stenbergen Stenbergen Foreman Taylor McLatchie McLatchie Squyer Hamilton Lanker Allegre Allegre	Chraminski W45 Libal Libal Libal Treleven Williams Brannan Stratton Stratton	W50 Lowenstein Lowenstein Francel Makoske Bocci Sachs Sachs O'Connor	W55 Bergen Solwazi — Arnold Arnold Curtis Baumann Sisley — Bost Bergen MacDonald Sisley	W60 Kerr Kerr Carinci Ingraham Ingraham Miller Chou	W65 Leonard Leonard Filreis Machala Machala Machala Kinsey Kinsey	W70 Peterson Peterson Adams Russell Adams Russell Valien Valien Valien	W75 Hinton Hinton Davidson Davidson Hinton Hinton Hinton Hinton	W80 Mehl Mehl Mehl Mehl	
20K-W 100 200 400 800 1500 5000 10000 SH LH SC HJ PV LJ TJ SP DT	W30 Baumgarten Baumgarten Nichols Nichols Franz Holman Reynolds Ticknor Jennings Reynolds Reynolds Coldberg	Blanchard W35 Margerum Margerum Robertson Grigsby Jones Jones Robertson Margerum Margerum Krainik Mendenhall Neazy Margerum Margerum Finsrud Finsrud	W40 Stenbergen Stenbergen Foreman Taylor McLatchie McLatchie Squyer Hamilton Lanker Allegre Welding Welding	Chraminski W45 Libal Libal Libal Treleven Williams Brannan Stratton Stratton Thomas Thomas	W50 Lowenstein Lowenstein Francel Makoske Bocci Sachs Sachs Sachs Stachs O'Connor Carter Szanto Carman	W55 Bergen Solwazi — Arnold Arnold Curtis Baumann Sisley — Bost Bergen MacDonald Sisley Grissom Hilliard Hilliard	W60 Kerr Kerr Carinci Ingraham Ingraham Miller Chou Chou Miller Miller	W65 Leonard Leonard Filreis Machala Ma	W70 Peterson Peterson Adams Russell Adams Russell Valien Valien Valien Sullivan	W75 Hinton Hinton Davidson Davidson Hinton Hinton Hinton Hinton Hinton Hinton	W80 Mehl Mehl Mehl Mehl Mehl	
20K-W 100 200 400 800 1500 5000 10000 SH LH SC HJ PV LJ TJ SP DT HT	W30 Baumgarten Baumgarten Nichols Nichols Nichols Franz Holman Reynolds Ticknor Jennings Reynolds Reynolds Coldberg Goldberg	Blanchard W35 Margerum Margerum Robertson Grigsby Jones Jones Robertson Margerum Margerum Krainik Mendenhall Neazy Margerum Margerum Finsrud Finsrud Mecklenber	W40 Stenbergen Stenbergen Foreman Taylor McLatchie McLatchie Squyer Hamilton Lanker Allegre Welding Welding gwelding	Chraminski W45 Libal Libal Libal Treleven Williams Brannan Stratton Stratton Thomas Thomas Thomas	W50 Lowenstein Lowenstein Francel Makoske Bocci Sachs Sachs Sachs O'Connor Carter Szanto Carman Katz	W55 Bergen Solwazi — Arnold Arnold Curtis Baumann Sisley — Bost Bergen MacDonald Sisley Grissom Hilliard Hilliard	W60 Kerr Kerr Carinci Ingraham Ingraham Miller Chou Chou Miller Miller Fetherston	W65 Leonard Leonard Filreis Machala Ma	W70 Peterson Peterson Adams Russell Adams Russell Valien Valien Valien Sullivan Valien Rololff	W75 Hinton Hinton Davidson Davidson Hinton	W80 Mehl Mehl Mehl Mehl Mehl Jarvis	日本の日本の日本の日本の日本の日本の日本の日本の日本の日本の日本の日本の日本の日
20K-W 100 200 400 800 1500 5000 10000 SH LH SC HJ PV LJ TJ SP DT	W30 Baumgarten Baumgarten Nichols Nichols Franz Holman Reynolds Ticknor Jennings Reynolds Reynolds Coldberg	Blanchard W35 Margerum Margerum Robertson Grigsby Jones Jones Robertson Margerum Margerum Krainik Mendenhall Neazy Margerum Margerum Finsrud Finsrud	W40 Stenbergen Stenbergen Foreman Taylor McLatchie McLatchie Squyer Hamilton Lanker Allegre Welding Welding	Chraminski W45 Libal Libal Libal Treleven Williams Brannan Stratton Stratton Thomas Thomas	W50 Lowenstein Lowenstein Francel Makoske Bocci Sachs Sachs Sachs Stachs O'Connor Carter Szanto Carman	W55 Bergen Solwazi — Arnold Arnold Curtis Baumann Sisley — Bost Bergen MacDonald Sisley Grissom Hilliard Hilliard	W60 Kerr Kerr Carinci Ingraham Ingraham Miller Chou Chou Miller Miller	W65 Leonard Leonard Filreis Machala Ma	W70 Peterson Peterson Peterson Adams Russell Adams Russell Valien Valien Valien Sullivan Valien Rololff	W75 Hinton Hinton Davidson Davidson Hinton	W80 Mehl Mehl Mehl Mehl Jarvis Jarvis	
20K-W 100 200 400 800 1500 5000 10000 SH LH SC HJ PV LJ TJ SP DT HT	W30 Baumgarten Baumgarten Nichols Nichols Nichols Franz Holman Reynolds Ticknor Jennings Reynolds Reynolds Coldberg Goldberg	Blanchard W35 Margerum Margerum Robertson Grigsby Jones Jones Robertson Margerum Margerum Krainik Mendenhall Neazy Margerum Margerum Finsrud Finsrud Mecklenber	W40 Stenbergen Stenbergen Foreman Taylor McLatchie McLatchie Squyer Hamilton Lanker Allegre Welding Welding gwelding	Chraminski W45 Libal Libal Libal Treleven Williams Brannan Stratton Stratton Thomas Thomas Thomas	W50 Lowenstein Lowenstein Francel Makoske Bocci Sachs Sachs Sachs O'Connor Carter Szanto Carman Katz	W55 Bergen Solwazi — Arnold Arnold Curtis Baumann Sisley — Bost Bergen MacDonald Sisley Grissom Hilliard Hilliard	W60 Kerr Kerr Carinci Ingraham Ingraham Miller Chou Chou Miller Miller Fetherston	W65 Leonard Leonard Filreis Machala Ma	W70 Peterson Peterson Adams Russell Adams Russell Valien Valien Valien Sullivan Valien Rololff	W75 Hinton Hinton Davidson Davidson Hinton	W80 Mehl Mehl Mehl Mehl Mehl Jarvis Jarvis Jarvis	
20K-W 100 200 400 800 1500 5000 10000 SH LH SC HJ PV LJ TJ SP DT HT JT	W30 Baumgarten Baumgarten Nichols Nichols Nichols Franz Holman Reynolds Ticknor Jennings Reynolds Reynolds Coldberg Goldberg Redmon	Blanchard W35 Margerum Margerum Robertson Grigsby Jones Jones Robertson Margerum Margerum Krainik Mendenhall Neazy Margerum Margerum Finsrud Finsrud Finsrud Mecklenber Ecklund	W40 Stenbergen Stenbergen Foreman Taylor McLatchie McLatchie Squyer Hamilton Lanker Allegre Welding Welding gwelding	Chraminski W45 Libal Libal Libal Treleven Williams Brannan Stratton Stratton Thomas Thomas Thomas Thomas	W50 Lowenstein Lowenstein Francel Makoske Bocci Sachs Sachs Sachs O'Connor Carter Szanto Carman Katz Huff	W55 Bergen Solwazi — Arnold Arnold Curtis Baumann Sisley — Bost Bergen MacDonald Sisley Grissom Hilliard Hilliard	W60 Kerr Kerr Carinci Ingraham Ingraham Miller Chou Chou Miller Miller Fetherston	W65 Leonard Leonard Filreis Machala Ma	W70 Peterson Peterson Peterson Adams Russell Adams Russell Valien Valien Valien Sullivan Valien Roloff Roloff	W75 Hinton Hinton Davidson Davidson Hinton	W80 Mehl Mehl Mehl Mehl Mehl Jarvis Jarvis Jarvis	
20K-W 100 200 400 800 1500 5000 10000 SH LH SC HJ PV LJ TJ SP DT HT JT PEN	W30 Baumgarten Baumgarten Nichols Nichols Nichols Franz Holman Reynolds Ticknor Jennings Reynolds Reynolds Coldberg Goldberg Redmon Jennings	Blanchard W35 Margerum Margerum Robertson Grigsby Jones Jones Robertson Margerum Margerum Krainik Mendenhall Neazy Margerum Margerum Finsrud Finsrud Finsrud Mecklenber Ecklund	W40 Stenbergen Stenbergen Foreman Taylor McLatchie McLatchie Squyer Hamilton Lanker Allegre Welding Welding gwelding	Chraminski W45 Libal Libal Libal Treleven Williams Brannan Stratton Stratton Thomas Thomas Thomas Thomas	W50 Lowenstein Lowenstein Francel Makoske Bocci Sachs Sachs Sachs Carter Szanto Carman Katz Huff Sachs	W55 Bergen Solwazi — Arnold Arnold Curtis Baumann Sisley — Bost Bergen MacDonald Sisley Grissom Hilliard Hilliard	W60 Kerr Kerr Carinci Ingraham Ingraham Miller Chou Chou Miller Miller Fetherston Miller	W65 Leonard Leonard Filreis Machala Ma	W70 Peterson Peterson Peterson Adams Russell Adams Russell Valien Valien Valien Valien Valien Rololff Roloff Valien	W75 Hinton Hinton Davidson Davidson Hinton	W80 Mehl Mehl Mehl Mehl Mehl Jarvis Jarvis Jarvis	
20K-W 100 200 400 800 1500 5000 10000 SH LH SC HJ PV LJ TJ SP DT HT JT PEN 4x100	W30 Baumgarten Baumgarten Nichols Nichols Nichols Franz Holman Reynolds Ticknor Jennings Reynolds Reynolds Goldberg Goldberg Redmon Jennings Exhibition	Blanchard W35 Margerum Margerum Robertson Grigsby Jones Jones Robertson Margerum Margerum Krainik Mendenhall Neazy Margerum Margerum Finsrud Finsrud Finsrud Mecklenber Ecklund	W40 Stenbergen Stenbergen Foreman Taylor McLatchie McLatchie Squyer Hamilton Lanker Allegre Welding Welding Swelding Schmidt	Chraminski W45 Libal Libal Libal Treleven Williams Brannan Stratton Stratton Thomas Thomas Thomas Thomas	W50 Lowenstein Lowenstein Francel Makoske Bocci Sachs Sachs Sachs Carter Szanto Carman Katz Huff Sachs	W55 Bergen Solwazi — Arnold Arnold Curtis Baumann Sisley — Bost Bergen MacDonald Sisley Grissom Hilliard Hilliard	W60 Kerr Kerr Carinci Ingraham Ingraham Miller Chou Chou Miller Miller Fetherston Miller	W65 Leonard Leonard Filreis Machala Ma	W70 Peterson Peterson Peterson Adams Russell Adams Russell Valien Valien Valien Sullivan Valien Rololff Roloff Valien	W75 Hinton Hinton Davidson Davidson Hinton	W80 Mehl Mehl Mehl Mehl Mehl Jarvis Jarvis Jarvis	
20K-W 100 200 400 800 1500 5000 10000 SH LH SC HJ PV LJ TJ SP DT HT JT PEN 4x100 4x400 4x300	W30 Baumgarten Baumgarten Nichols Nichols Nichols Franz Holman Reynolds Ticknor Jennings Reynolds Reynolds Goldberg Goldberg Redmon Jennings Exhibition West Bloomsday	Blanchard W35 Margerum Margerum Robertson Grigsby Jones Jones Robertson Margerum Margerum Krainik Mendenhall Neazy Margerum Margerum Finsrud Finsrud Finsrud Mecklenber Ecklund	W40 Stenbergen Stenbergen Foreman Taylor McLatchie McLatchie Squyer Hamilton Lanker Allegre Welding Welding Welding Schmidt	Chraminski W45 Libal Libal Libal Treleven Williams Brannan Stratton Stratton Thomas Thomas Thomas Thomas	W50 Lowenstein Lowenstein Francel Makoske Bocci Sachs Sachs Sachs O'Connor Carter Szanto Carman Katz Huff Sachs Northwest	W55 Bergen Solwazi — Arnold Arnold Curtis Baumann Sisley — Bost Bergen MacDonald Sisley Grissom Hilliard Hilliard	W60 Kerr Kerr Carinci Ingraham Ingraham Miller Chou Chou Miller Miller Fetherston Miller West	W65 Leonard Leonard Filreis Machala Ma	W70 Peterson Peterson Peterson Adams Russell Adams Russell Valien Valien Valien Sullivan Valien Roloff Valien Roloff	W75 Hinton Hinton Davidson Davidson Hinton	W80 Mehl Mehl Mehl Mehl Mehl Jarvis Jarvis Jarvis Jarvis	
20K-W 100 200 400 800 1500 5000 10000 SH LH SC HJ PV LJ TJ SP DT HT JT PEN 4x100 4x400	W30 Baumgarten Baumgarten Nichols Nichols Nichols Franz Holman Reynolds Ticknor Jennings Reynolds Reynolds Reynolds Goldberg Goldberg Redmon Jennings Exhibition West Bloomsday Hansen	Blanchard W35 Margerum Margerum Robertson Grigsby Jones Jones Robertson Margerum Margerum Krainik Mendenhall Neazy Margerum Margerum Finsrud Finsrud Finsrud Mecklenber Ecklund	W40 Stenbergen Stenbergen Foreman Taylor McLatchie McLatchie Squyer Hamilton Lanker Allegre Welding Welding Swelding Schmidt	Chraminski W45 Libal Libal Libal Treleven Williams Brannan Stratton Stratton Thomas Thomas Thomas Thomas	W50 Lowenstein Lowenstein Francel Makoske Bocci Sachs Sachs Sachs Carter Szanto Carman Katz Huff Sachs Northwest	W55 Bergen Solwazi — Arnold Arnold Curtis Baumann Sisley — Bost Bergen MacDonald Sisley Grissom Hilliard Hilliard Hilliard Silley ——	W60 Kerr Kerr Kerr Carinci Ingraham Ingraham Ingraham Chou Chou Miller Miller Fetherston Miller West LaVeck	W65 Leonard Leonard Filreis Machala Machala Kinsey Kinsey Snaden Lorenz Lorenz	W70 Peterson Peterson Peterson Adams Russell Adams Russell Valien Valien Valien Sullivan Valien Rololff Roloff Valien	W75 Hinton Hinton Davidson Davidson Hinton	W80 Mehl Mehl Mehl Mehl Mehl Jarvis Jarvis Jarvis	Continued on next page

13.00 15.10

13.90 16.70

20.50 23.70

17.08 18 01 18.10 20.30 24.30 30.40 27.40

33.90 33.60 47.40 53.00 37.40 40 50 38,90 44.60 47.30 56 40 1:06.90 1:13.70 1:13.70 1:20.80 1:24.90 1:32.05 1:37 01 1:35 03

1:58 05

2:38.08

2:31.30

2:40.80 2:42.10

2:37.90 3:34.50

3:10.20

14:22.79

1:29.70

5:42.40

5:11.00

5:34 60

5:20.10 5:45.50

6:29.20 6:21.30

8:15.00

7:20.20

7:45.20

9-51 90

11:09.90

4-9

4-7 4-3

4-3 4-1 4-5 3-9 3-2 3-6 3-6 2-11 2-7

8 4-9.50

5-9 4-3

4-3

3-9 3-9

13-5

13-11 12-9

10-7

6-3 5-4 8-10 9-2 8-6 9-3 7-2

41-4 38-6 41-9 36-10 30-11 30-11

22-2 7-7

M85 Ellery Clark

M90 George Conway

11.06

Continued from previous page

500	EA	ST

Thursday Night Races

June 6 1500m Section One: George Chapman 44 Section Two: Tim Matthews 43 Nelson Motzer 49 Sis6.1 Tom Brannon 61 Gios.0 Rarin Gogolsky W40 Rich Merriam 41 Pat Scheiber W58 Gogry Janezic M30 Steve Limperis Roger Janezic M35 John Lisak Roger Janezic M50 Jim May M60+Tom Brannon M60+Tom Brannon M70 Serve Limperis Roger Messenger M50 Jim May M60+Tom Brannon M60+Tom Brannon M70 Jim M60+Tom Brannon M70 Jim M60+Tom Brannon M70 Jim M70 M70	Rochester, NY							
1500m Section One: George Chapman 44 5:38.2 Section Two: Tim Matthews 43 5:50.5 Section Two: Tim Matthews 43 5:50.5 Section Two: Tim Matthews 43 5:50.5 Section Tom Brannon 61 6:05.0 Karin Gogolsky W40 6:22.1 Rich Merriam 41 6:39.7 Pat Scheiber W58 6:43.2 5000m M30 Steve Limperis Roger Janezic 17:32.7 M35 John Lisak 16:57.7 Vinny Hogan 17:38.9 M40 Jim Boyle 17:38.9 M60+Tom Brannon 22:48.7 M40 Karin Gogolsky Janet Courtwright W50+Pat Scheiber 24:22.3 Janet Courtwright W50+Pat Scheiber 24:40.5 M30 Roger Janezic 4:57.3 David Askins 5:11.6 M35 Vinny Hogan 5:02.3 John Lisak 5:04.7 M40 Gary Moore 4:55.7 Gary Sterber 5:13.6 M35 Vinny Hogan 5:02.3 John Lisak 5:04.7 M40 Gary Moore 4:55.7 Gary Sterber 5:13.6 M50 Jim Palmeri 6:00.4 Bill Kehoe 6:20.0 M60 Tom Brannon 6:27.2 Isarry Brown 6:28.2 -June 27-800m Section 1: Jim Palmeri 54 Isarry Brown 6:28.2 -June 27-800m Section 1: Jim Palmeri 54 Isarry Brown 6:28.2 -June 27-800m Section 1: Jim Palmeri 54 Isarry Brown 6:28.2 -June 27-800m Section 1: Jim Palmeri 54 Isarry Brown 6:28.2 -June 27-800m Section 1: Jim Palmeri 54 Isarry Brown 6:28.2 -June 27-800m Section 1: Jim Palmeri 54 Isarry Brown 6:28.2 -June 27-800m Section 1: Jim Palmeri 54 Isarry Brown 6:28.2 -June 27-800m Section 1: Jim Palmeri 54 Isarry Brown 6:28.2 -June 27-800m Section 1: Jim Palmeri 54 Isarry Brown 6:28.2 -June 27-800m Section 1: Jim Palmeri 54 Isarry Brown 6:28.2 -June 27-800m Section 1: Jim Palmeri 54 Isarry Brown 6:28.2 -June 27-800m Section 1: Jim Palmeri 54 Isarry Brown 6:28.2 -June 27-800m Section 1: Jim Palmeri 54 Isarry Brown 6:28.2 -June 27-800m Section 1: Jim Palmeri 54 Isarry Brown 6:28.2 -June 27-800m Section 1: Jim McMullen 42 9:33.7 Jim McMullen 42 9:33.7 Jim McMullen 42 9:33.7		Visite -						
Section One: George Chapman 44 Section Two: Tim Matthews 43 Section Two: Tim Matthews 43 Section Motzer 49 Sisol.5 Nelson Motzer 49 Sisol.6 Tom Brannon 61 Gios.o Rarin Gogolsky W40 Rich Merriam 41 Roger Janezic Roger Janezic Roger Messenger M40 Jim Boyle Roger Messenger M50 Jim May M60+Tom Brannon W40 Karin Gogolsky Janet Courtwright W50+Pat Scheiber -June 20 Mile Invitational: 9 Bill McMullen 42 M30 Roger Janezic David Askins M35 Vinny Hogan John Lisak M55 Vinny Hogan John Lisak M50 Jim Palmeri Bill Kehoe M60 Tom Brannon M60 Tom Motzer 49 M60 Tom Brannon M60 Tom Wallen M60 Tom Wallen M60 Tom Motzer 49 M60 Tom Brannon M60 Tom Motzer 49 M60 Tom Motzer 49 M60 Tom Wallen M60 Tom Wallen M60 Tom Wallen M60 Tom Motzer 49 M60 Tom M60 T		n R wai						
George Chapman 44 Section Two: Tim Matthews 43 Nelson Motzer 49 Tom Brannon 61 Karin Gogolsky W40 Rich Merriam 41 Roger Janezic M35 Steve Limperis Roger Janezic M35 John Lisak Vinny Hogan M30 Steve Ressenger M50 Jim May M60+Tom Brannon M50-Pat Scheiber -June 20 Mile Invitational: 9 Bill McMullen 42 M30 Roger Janezic David Askins M35 Vinny Hogan John Lisak Scoton M36 Roger Janezic David Askins M37 Vinny Hogan John Lisak M50+Pat Scheiber -June 20 Mile Invitational: 9 Bill McMullen 42 M30 Roger Janezic David Askins M35 Vinny Hogan John Lisak M50+Pat Scheiber M60 Gary Moore Gary Sterber M60 Jim Palmeri Giou. Bill Kehoe M60 Tom Brannon M60 Tom M60		1						
Section Two: Tim Matthews 43 Nelson Motzer 49 S:56.1 Tom Brannon 61 6:05.0 Karin Gogolsky W40 Rich Merriam 41 Pat Scheiber W58 So000m M30 Steve Limperis Roger Janezic M35 John Lisak Vinny Hogan M40 Jim Boyle Roger Messenger M50 Jim May M60+Tom Brannon M50 Harin Gogolsky Janet Courtwright W50+Pat Scheiber —June 20— Mile Invitational: 9 Bill McMullen 42 M30 Roger Janezic Bill McMullen 42 M30 Koary Moore Gary Sterber M50 Jim Palmeri Bill Kehoe M60 Tom Brannon M60 Tom M		5:38.2						
Tim Matthews 43 Nelson Motzer 49 Tom Brannon 61 Karin Gogolsky W40 Rich Merriam 41 Roger Janezic Trill, 4 Roger Janezic M30 Steve Limperis Roger Messenger M40 Jim Boyle Roger Messenger M50 Jim May M60-Tom Brannon M50 Roger Messenger M50 Jim May M60-Tom Brannon M60 Roger Janezic Janet Courtwright M50 Pat Scheiber —June 20— Mile Invitational: 9 Bill McMullen 42 M30 Roger Janezic Bill Kehollen M50 Jim Palmeri Bill Kehoe M60 Tom Brannon M60 Tom Brannon M60 Tom Brannon M70 Serber M50 Jim Palmeri Bill Kehoe M60 Tom Brannon M60 Tom B	Section Two:	The same of						
Nelson Motzer 49 5:56.1	Tim Matthews 43	5:50.5						
Rarin Gogolsky W40 Rich Merriam 41 6:39.7 Pat Scheiber W58 6:43.2 5000m M30 Steve Limperis Roger Janezic 17:31.4 16:57.7 M35 John Lisak 17:38.9 M40 Jim Boyle 17:38.3 Roger Messenger M50 Jim May 17:24.9 M60+Tom Brannon 22:48.7 W40 Karin Gogolsky Janet Courtwright W50+Pat Scheiber 24:40.5 24:22.3 David Askins 5:11.6 M35 Vinny Hogan 5:02.3 John Lisak 5:04.7 M40 Gary Moore 4:55.7 Gary Sterber 5:13.6 M50 Jim Palmeri 6:00.4 Bill Kehoe 6:20.0 M60 Tom Brannon 6:27.2 Isarry Brown 6:28.2 -June 27-800m Scetion 1: Jim Palmeri 54 Isarry Brown 6:28.2 -June 27-800m Scetion 1: Jim Palmeri 54 Isarry Brown 6:25.5 Tom Brannon 61 Cale Scetion 2:58.1 Nelson Motzer 49 Dick Courtwright 48 3:07.0 Janet Courtwright 48 3:07.0 Janet Courtwright 48 3:07.0 Janet Courtwright 47 Section 2:58.1 Nelson Motzer 49 3:03.8 Dick Courtwright 48 3:07.0 Janet Courtwright 49 3:33.7 M30 Steve Limperis 10:49.0 M35 Dave O'Leary 9:58.5 M40 Gary Moore 10:15.0 M60+Tom Brannon 14:01.2 M40 Janet Courtwright 18:42.0	Nelson Motzer 49							
Rarin Gogolsky W40 Rich Merriam 41 6:39.7 Pat Scheiber W58 6:43.2 5000m M30 Steve Limperis Roger Janezic 17:31.4 16:57.7 M35 John Lisak 17:38.9 M40 Jim Boyle 17:38.3 Roger Messenger M50 Jim May 17:24.9 M60+Tom Brannon 22:48.7 W40 Karin Gogolsky Janet Courtwright W50+Pat Scheiber 24:40.5 24:22.3 David Askins 5:11.6 M35 Vinny Hogan 5:02.3 John Lisak 5:04.7 M40 Gary Moore 4:55.7 Gary Sterber 5:13.6 M50 Jim Palmeri 6:00.4 Bill Kehoe 6:20.0 M60 Tom Brannon 6:27.2 Isarry Brown 6:28.2 -June 27-800m Scetion 1: Jim Palmeri 54 Isarry Brown 6:28.2 -June 27-800m Scetion 1: Jim Palmeri 54 Isarry Brown 6:25.5 Tom Brannon 61 Cale Scetion 2:58.1 Nelson Motzer 49 Dick Courtwright 48 3:07.0 Janet Courtwright 48 3:07.0 Janet Courtwright 48 3:07.0 Janet Courtwright 47 Section 2:58.1 Nelson Motzer 49 3:03.8 Dick Courtwright 48 3:07.0 Janet Courtwright 49 3:33.7 M30 Steve Limperis 10:49.0 M35 Dave O'Leary 9:58.5 M40 Gary Moore 10:15.0 M60+Tom Brannon 14:01.2 M40 Janet Courtwright 18:42.0	Tom Brannon 61	6:05.0						
Rich Merriam 41 6:39.7 Pat Scheiber W58 6:43.2 5000m M30 Steve Limperis Roger Janezic 17:32.7 M35 John Lisak 16:57.7 Vinny Hogan 17:38.9 M40 Jim Boyle 20:19.9 M50 Jim May 17:24.9 M60+Tom Brannon 22:48.7 W50+Pat Scheiber 24:40.5 -June 20- Mile 1nvitational: 9 Bill McMullen 42 5:03.9 M30 Roger Janezic 4:57.3 David Askins 5:11.6 M35 Vinny Hogan 5:02.3 John Lisak 5:04.7 M40 Gary Moore 4:55.7 Gary Sterber 5:13.6 M50 Tom Brannon 6:27.2 Barry Brown 6:28.2 -June 27- 800m Section 1: Jim Palmeri 54 2:49.6 Luve Smith 33 2:55.4 Tom Brannon 61 2:58.1 Nelson Motzer 49 3:03.8 Dick Courtwright 48 3:07.0 Janet Courtwright 49 3:03.8 Dick Courtwright 49 3:03.8 Craig Con 36 2:29.7 Two Mile 1 Invitational: 1 Tim McMullen 42 9:33.7 M35 Steve Limperis 10:49.0 M36 Cary Moore 13:57.4 M60+Tom Brannon 14:01.2 M40 Janet Courtwright 18:42.0	Karin Gogolsky W40	6:22.1						
Pat Scheiber W58 5000m M30 Steve Limperis Roger Janezic M55 John Lisak Vinny Hogan M30 Steve Messenger M50 Jim Boyle Roger Messenger M50 Jim May M60+Tom Brannon M50+Tom M50+T	Rich Merriam 41	6:39.7						
5000m N30 Steve Limperis 17:11.4	Pat Scheiber W58	6:43.2						
Roger Janezic M35 John Lisak Vinny Hogan M40 Jim Boyle Roger Messenger M50 Jim May M60+Tom Brannon W40 Karin Gogolsky Janet Courtwright W50+Pat Scheiber -June 20- Mile Invitational: 9 Bill McMullen 42 M30 Roger Janezic David Askins John Lisak M35 Vinny Hogan John Lisak M50+Pat Scheiber Gary Sterber M50 Jim Palmeri M60 Gary Moore M60 Tom Brannon M60 Tom M60 Tom Brannon M60 Tom M60	5000m	Lawrence !						
M35 John Lisak Vinny Hogan 17:38.3 M40 Jim Boyle 17:38.3 Roger Messenger 20:19.9 M50 Jim May 17:24.9 M60+Tom Brannon 22:48.7 W40 Karin Gogolsky Janet Courtwright 24:22.3 Janet Courtwright 24:40.5 -June 20 Mile 10:10:40:40:40:40:40:40:40:40:40:40:40:40:40	M30 Steve Limperis	17:11.4						
Vinny Hogan 17:38.9 M40 Jim Boyle 17:38.3 Roger Messenger 17:24.9 M60+Tom Brannon 22:48.7 W40 Karin Gogolsky Janet Courtwright W50+Pat Scheiber 24:40.5 -June 20- Mile Invitational: 9 Bill McMullen 42 5:03.9 M30 Roger Janezic 4:57.3 David Askins 5:11.6 M35 Vinny Hogan 5:02.3 John Lisak 5:04.7 M40 Gary Moore 4:55.7 Gary Sterber 5:13.6 M50 Jim Palmeri 6:00.4 Bill Kehoe 6:20.0 M60 Tom Brannon 6:27.2 Harry Brown 6:28.2 -June 27- 800m Scction 1: Jim Palmeri 54 2:28.5 Harry Brown 61 2:49.6 Dave Smith 33 2:55.4 Tom Brannon 61 2:58.1 Nelson Motzer 49 3:03.8 Dick Courtwright W47 Section 2: Vinny Hogan 35 Craig Coon 36 2:29.7 Two Mile Invitational: 1 7im McMullen 42 9:33.7 M30 Steve Limperis 10:49.0 M35 Dave O'Leary 9:58.5 M40 Gary Moore 13:57.4 M60+Tom Brannon 14:01.2 W40 Janet Courtwright 18:42.0	Roger Janezic	17:32.7						
M40 Jim Boyle Roger Messenger M50 Jim May M60+Tom Brannon W40 Karin Gogolsky Janet Courtwright W50+Pat Scheiber -June 20- Mile Invitational: 9 Bill McMullen 42 M30 Roger Janezic David Askins John Lisak M35 Vinny Hogan John Lisak M50+Tom Brannon M60 Tom Brannon Bill Kehoe M60 Tom Brannon Harry Brown -June 27- 800m Section 1: Jim Palmeri 54 Barry Brown M60 Roger More Lisak M35 Vinny Hogan Section 1: Jim Palmeri 54 Barry Brown M60 Courtwright W47 Section 2: Vinny Hogan John Lisak M60 Tom Brannon M60 Tom Brannon M60 Tom Brannon M60 Tom M60 Tom Brannon M60 Tom Brannon M60 Tom M60 Tom Brannon M60 Tom Brannon M60 Tom M60 Tom Brannon M60 Tom M60 Tom Brannon M60 Tom Brannon	M35 John Lisak							
Roger Messenger M50 Jim May M60+Tom Brannon W40 Karin Gogolsky Janet Courtwright W50+Pat Scheiber -June 20 Mile Invitational: 9 Bill McMullen 42 M30 Roger Janezic David Askins John Lisak M35 Vinny Hogan John Lisak M50 Jim Palmeri Bill Kehoe M60 Tom Brannon M60 Tom Brannon Harry Brown June 27 800m Soction 1: Jim Palmeri Jim Palmeri Jim Palmeri Jim Palmeri Jim Palmeri M50 Jim Palmeri J		17:38.9						
M50 Jim May M60+Tom Brannon W40 Karin Gogolsky Janet Courtwright W50+Pat ScheiberJune 20 Mile Invitational: 9 Bill McMullen 42 M30 Roger Janezic David Askins David Askins M35 Vinny Hogan John Lisak M50 Jim Palmeri Bill Kehoe M60 Tom Brannon G:27.2 Gary Sterber M50 Jim Palmeri Bill Kehoe M60 Tom Brannon G:27.2 Gary Sterber Sillarry BrownJune 27 800m Scction 1: Jim Palmeri 54 Barry Brown G:28.2June 27- Bolom Scction 1: Jim Palmeri 54 Barry Brown G:28.2June 27- Scction 2: Vinny Hogan John Courtwright W47 Scction 2: Vinny Hogan Scraig Cuon 36 Craig Cuon 36 Craig Cuon 36 Two Mile Invitational: 1 Tim McMullen 42 M30 Steve Limperis M35 Dave O'Leary M50 George Haupt M60+Tom Brannon M40 Janet Courtwright 18:42.0								
M60+Tom Brannon								
W40 Karin Gogolsky Janet Courtwright W50+Pat Scheiber -June 20 Mile Invitational: 9 Bill McMullen 42 M30 Roger Janezic David Askins S:11.6 M35 Vinny Hogan John Lisak M55.7 Gary Sterber M50 Jim Palmeri Bill Kehoe M50 Jim Palmeri Bill Kehoe M60 Tom Brannon M60 Tom Brannon M60 Tom Brannon M51 Bill Kehoe M52.2 M53 Bill Kehoe M54 Bill Kehoe M55 Jim Palmeri Jim Palmeri Jim Palmeri M50 Section 1: Jim M50 Jim Palmeri M50 Jim Jim Palmeri M50 Jim Jim Palmeri M50 Jim		22.49						
Janet Courtwright 26:21.9 W50+Pat Scheiber 24:40.5 -June 20 Mile Invitational: 9 Bill McMullen 42 5:03.9 M30 Roger Janezic 4:57.3 David Askins 5:11.6 M35 Vinny Hogan 5:02.3 John Lisak 5:04.7 M40 Gary Moore 4:55.7 Gary Sterber 5:13.6 M50 Jim Palmeri 6:00.4 Bill Kehoe 6:20.0 M60 Tom Brannon 6:27.2 Isarry Brown 6:28.2 -June 27 800m Section 1: Jim Palmeri 54 2:28.5 Isarry Brown 61 2:49.6 Dave Smith 33 2:55.4 Tom Brannon 61 2:58.1 Nelson Motzer 49 3:03.8 Dick Courtwright 48 3:07.0 Janet Courtwright W47 4:21.9 Section 2: Vinny Hogan 35 2:13.3 Craig Cuon 36 2:29.7 Two Mile Invitational: 1 Tim McMullen 42 9:33.7 M30 Steve Limperis 10:49.0 M35 Dave O'Leary 9:58.5 M40 Gary Moore 10:15.0 M60+Tom Brannon 14:01.2 W40 Janet Courtwright 18:42.0	M6U+Tom Brannon							
W50+Pat Scheiber 24:40.5 -June 20 Mile Invitational: 9 Bill McMullen 42 5:03.9 M30 Roger Janezic 4:57.3 David Askins 5:11.6 M35 Vinny Hogan 5:02.3 John Lisak 5:04.7 M40 Gary Moore 4:55.7 Gary Sterber 5:13.6 M50 Jim Palmeri 6:00.4 Bill Kehoe 6:20.0 M60 Tom Brannon 6:27.2 Harry Brown 6:28.2 -June 27 800m Scction 1: Jim Palmeri 54 2:28.5 Harry Brown 61 2:49.6 Dave Smith 33 2:55.4 Tom Brannon 61 Nelson Motzer 49 3:03.8 Dick Courtwright 48 3:07.0 Janet Courtwright W47 Section 2: Vinny Hogan 35 Craig Coon 36 2:29.7 Two Mile Invitational: 1 Tim McMullen 42 9:33.7 M30 Steve Limperis 10:49.0 M35 Dave O'Leary 9:58.5 M40 Gary Moore 10:15.0 M60+Tom Brannon 14:01.2 W40 Janet Courtwright 18:42.0	W4U Karin Gogoisky	26.21 0						
-June 20- Mile Invitational: 9 Bill McMullen 42 5:03.9 M30 Roger Janezic 4:57.3 David Askins 5:11.6 M35 Vinny Hogan 5:02.3 John Lisak 5:04.7 M40 Gary Moore 4:55.7 Gary Sterber 5:13.6 M50 Jim Palmeri 6:00.4 Bill Kehoe 6:20.0 M60 Tom Brannon 6:27.2 Barry Brown 6:28.2 -June 27- 800m Section 1: Jim Palmeri 54 2:28.5 Barry Brown 61 2:49.6 Luve Smith 33 2:55.4 Tom Brannon 61 2:58.1 Nolson Motzer 49 3:03.8 Dick Courtwright 48 3:07.0 Janet Courtwright W47 4:21.9 Section 2: Vinny Bogan 35 2:13.3 Craig Coon 36 2:29.7 Two Mile Invitational: 1 Tim McMullen 42 9:33.7 M30 Steve Limperis 10:49.0 M35 Dave O'Leary 9:58.5 M40 Gary Moore 10:15.0 M50 George Haupt 13:57.4 M60+Tom Brannon 14:01.2 W40 Janet Courtwright 18:42.0	Janet Courtwright	24.40 5						
Mile Invitational: 9 Bill McMullen 42 5:03.9 M30 Roger Janezic 4:57.3 David Askins 5:11.6 M35 Vinny Hogan 5:02.3 John Lisak 5:04.7 M40 Gary Moore 4:55.7 Gary Sterber 5:13.6 M50 Jim Palmeri 6:00.4 Bill Kehoe 6:20.0 M60 Tom Brannon 6:27.2 Larry Brown 6:28.2 -June 27 800m Section 1: Jim Palmeri 54 2:28.5 Larry Brown 61 2:49.6 Dave Smith 33 2:55.4 Tom Brannon 61 2:58.1 Nelson Motzer 49 3:03.8 Dick Courtwright 48 3:07.0 Janet Courtwright 48 3:07.0 Janet Courtwright W47 4:21.9 Section 2: Vinny Hogan 35 2:13.3 Craig Cuon 36 2:29.7 Two Mile Invitational: 1 Tim McMullen 42 9:33.7 M30 Steve Limperis 10:49.0 M35 Dave O'Leary 9:58.5 M40 Gary Moore 10:15.0 M50 George Haupt 13:57.4 M60+Tom Brannon 14:01.2 W40 Janet Courtwright 18:42.0	W5U+Pat Scheiber	24:40.5						
Invitational: 9 Bill McMullen 42		-						
9 Bill McMullen 42 5:03.9 M30 Roger Janezic 4:57.3 David Askins 5:11.6 M35 Vinny Hogan 5:02.3 John Lisak 5:04.7 M40 Gary Moore 4:55.7 Gary Sterber 5:13.6 M50 Jim Palmeri 6:00.4 Bill Kehoe 6:20.0 M60 Tom Brannon 6:27.2 Larry Brown 6:28.2June 27 800m Section 1: Jim Palmeri 54 Larry Brown 61 2:49.6 Luve Smith 33 2:55.4 Tom Brannon 61 2:58.1 Nelson Motzer 49 3:03.8 Dick Courtwright 48 3:07.0 Janet Courtwright 48 3:07.0 Janet Courtwright W47 4:21.9 Section 2: Vinny Rogan 35 2:13.3 Craig Coon 36 2:29.7 Two Mile Invitational: 1 Tim McMullen 42 9:33.7 M30 Steve Limperis 10:49.0 M35 Dave O'Leary 9:58.5 M40 Gary Moore 10:15.0 M50 George Haupt 13:57.4 M60+Tom Brannon 14:01.2 W40 Janet Courtwright 18:42.0								
M30 Roger Janezic 4:57.3 David Askins 5:11.6 M35 Vinny Hogan 5:02.3 John Lisak 5:04.7 M40 Gary Moore 4:55.7 Gary Sterber 5:13.6 M50 Jim Palmeri 6:00.4 Bill Kehoe 6:20.0 M60 Tom Brannon 6:27.2 Larry Brown 6:28.2June 27 800m Section 1: Jim Palmeri 54 2:28.5 Larry Brown 61 2:49.6 Lave Snith 33 2:55.4 Tom Brannon 61 2:58.1 Nelson Motzer 49 3:03.8 Dick Courtwright 48 3:07.0 Janet Courtwright 48 3:07.0 Janet Courtwright W47 4:21.9 Section 2: Vinny Hogan 35 2:13.3 Craig Con 36 2:29.7 Two Mile Invitational: 1 Tim McMullen 42 9:33.7 M30 Steve Limperis 10:49.0 M35 Dave O'Leary 9:58.5 M40 Gary Moore 10:15.0 M50 George Haupt 13:57.4 M60+Tom Brannon 14:01.2 W40 Janet Courtwright 18:42.0		E-02 0						
David Askins 5:11.6 M35 Vinny Hogan 5:02.3 John Lisak 5:04.7 M40 Gary Moore 4:55.7 Gary Sterber 5:13.6 M50 Jim Palmeri 6:00.4 Bill Kehoe 6:20.0 M60 Tcm Brannon 6:27.2 Isarry Brown 6:28.2June 27 800m Scction 1: Jim Palmeri 54 2:28.5 Isarry Brown 61 2:49.6 Dave Smith 33 2:55.4 Tom Brannon 61 2:58.1 Nelson Motzer 49 3:03.8 Dick Courtwright 48 3:07.0 Janet Courtwright W47 4:21.9 Section 2: Vinny Hogan 35 2:13.3 Craig Cuon 36 2:29.7 Two Mile Invitational: 1 Tim McMullen 42 9:33.7 M30 Steve Limperis 10:49.0 M35 Dave O'Leary 9:58.5 M40 Gary Moore 10:15.0 M50 George Haupt 13:57.4 M60+Tom Brannon 14:01.2 W40 Janet Courtwright 18:42.0	9 Bill McMullen 42	4.57.3						
M35 Vinny Hogan 5:02.3 John Lisak 5:04.7 M40 Gary Moore 4:55.7 Gary Sterber 5:13.6 M50 Jim Palmeri 6:00.4 Bill Kehoe 6:20.0 M60 Tcm Brannon 6:27.2 Isarry Brown 6:28.2June 27 800m Scction 1: Jim Palmeri 54 2:28.5 Isarry Brown 61 2:49.6 Dave Smith 33 2:55.4 Tom Brannon 61 2:58.1 Nelson Motzer 49 3:03.8 Dick Courtwright W47 4:21.9 Section 2: Vinny Hogan 35 2:13.3 Craig Cuon 36 2:29.7 Two Mile Invitational: 1 Tim McMullen 42 9:33.7 M30 Steve Limperis 10:49.0 M35 Dave O'Leary 9:58.5 M40 Gary Moore 10:15.0 M50 George Haupt 13:57.4 M60+Tom Brannon 14:01.2 W40 Janet Courtwright 18:42.0	M30 Roger Janezic	5.11 6						
John Lisak 5:04.7 M40 Gary Moore 4:55.7 Gary Sterber 5:13.6 M50 Jim Palmeri 6:00.4 Bill Kehoe 6:20.0 M60 Tom Brannon 6:27.2 Larry Brown 6:28.2 June 27 800m Section 1: Jim Palmeri 54 2:28.5 Larry Brown 61 2:49.6 Lave Smith 33 2:55.4 Tom Brannon 61 2:58.1 Nelson Motzer 49 3:03.8 Dick Courtwright 48 3:07.0 Janet Courtwright 48 3:07.0 Janet Courtwright W47 4:21.9 Section 2: Vinny Ikojan 35 2:13.3 Craig Con 36 2:29.7 Two Mile Invitational: 1 Tim McMullen 42 9:33.7 M30 Steve Limperis 10:49.0 M35 Lave O'Leary 9:58.5 M50 George Haupt 13:57.4 M60+Tom Brannon 14:01.2 W40 Janet Courtwright 18:42.0	David Askins							
Gary Sterber 5:13.6 M50 Jim Palmeri 6:00.4 Bill Kehoe 6:20.0 M60 Tom Brannon 6:27.2 Isarry Brown 6:28.2June 27 800m Scction 1: Jim Palmeri 54 2:28.5 Isarry Brown 61 2:49.6 Dave Smith 33 2:55.4 Tom Brannon 61 2:58.1 Nelson Motzer 49 3:03.8 Dick Courtwright 48 3:07.0 Janet Courtwright W47 4:21.9 Section 2: Vinny Hojan 35 2:13.3 Craig Cuon 36 2:29.7 Two Mile Invitational: 1 Tim McMullen 42 9:33.7 M30 Steve Limperis 10:49.0 M35 Dave O'Leary 9:58.5 M40 Gary Moore 10:15.0 M50 George Haupt 13:57.4 M60+Tom Brannon 14:01.2 W40 Janet Courtwright 18:42.0	M35 Vinny Hogan							
Gary Sterber 5:13.6 M50 Jim Palmeri 6:00.4 Bill Kehoe 6:20.0 M60 Tom Brannon 6:27.2 Isarry Brown 6:28.2June 27 800m Scction 1: Jim Palmeri 54 2:28.5 Isarry Brown 61 2:49.6 Dave Smith 33 2:55.4 Tom Brannon 61 2:58.1 Nelson Motzer 49 3:03.8 Dick Courtwright 48 3:07.0 Janet Courtwright W47 4:21.9 Section 2: Vinny Hojan 35 2:13.3 Craig Cuon 36 2:29.7 Two Mile Invitational: 1 Tim McMullen 42 9:33.7 M30 Steve Limperis 10:49.0 M35 Dave O'Leary 9:58.5 M40 Gary Moore 10:15.0 M50 George Haupt 13:57.4 M60+Tom Brannon 14:01.2 W40 Janet Courtwright 18:42.0	John Lisak							
Bill Kehoe 6:20.0 M60 Tcm Brannon 6:27.2 Isarry Brown 6:28.2June 27 800m Scction 1: Jim Palmeri 54 2:28.5 Isarry Brown 61 2:49.6 Dave Smith 33 2:55.4 Tcm Brannon 61 2:58.1 Nelson Motzer 49 3:03.8 Dick Courtwright 48 3:07.0 Janet Courtwright W47 4:21.9 Section 2: Vinny Ikoyan 35 2:13.3 Craig Coon 36 2:29.7 Two Mile Invitational: 1 Tim McMullen 42 9:33.7 M30 Steve Limperis 10:49.0 M35 Dave O'Leary 9:58.5 M40 Gary Moore 10:15.0 M50 George Ikaupt 13:57.4 M60+Tom Brannon 14:01.2 W40 Janet Courtwright 18:42.0	M40 Gary Moore	The Road of the State of the St						
Bill Kehoe 6:20.0 M60 Tcm Brannon 6:27.2 Isarry Brown 6:28.2June 27 800m Scction 1: Jim Palmeri 54 2:28.5 Isarry Brown 61 2:49.6 Dave Smith 33 2:55.4 Tcm Brannon 61 2:58.1 Nelson Motzer 49 3:03.8 Dick Courtwright 48 3:07.0 Janet Courtwright W47 4:21.9 Section 2: Vinny Ikoyan 35 2:13.3 Craig Coon 36 2:29.7 Two Mile Invitational: 1 Tim McMullen 42 9:33.7 M30 Steve Limperis 10:49.0 M35 Dave O'Leary 9:58.5 M40 Gary Moore 10:15.0 M50 George Ikaupt 13:57.4 M60+Tom Brannon 14:01.2 W40 Janet Courtwright 18:42.0	Gary Sterber							
M60 Tom Brannon 6:27.2 Isarry Brown 6:28.2 -June 27 800m Section 1: Jim Palmeri 54 2:28.5 Isarry Brown 61 2:49.6 Dave Smith 33 2:55.4 Tom Brannon 61 2:58.1 Nelson Motzer 49 3:03.8 Dick Courtwright 48 3:07.0 Janet Courtwright W47 4:21.9 Section 2: Vinny Hojan 35 2:13.3 Craig Cuon 36 2:29.7 Two Mile Invitational: 1 Tim McMullen 42 9:33.7 M30 Steve Limperis 10:49.0 M35 Dave O'Leary 9:58.5 M40 Gary Moore 10:15.0 M50 George Haupt 13:57.4 M60+Tom Brannon 14:01.2 W40 Janet Courtwright 18:42.0	M50 Jim Palmeri							
Harry Brown 6:28.2 -June 27								
June 27- 800m Section 1: Jim Palmeri 54 2:28.5 Larry Brown 61 2:49.6 Dave Smith 33 2:55.4 Tom Brannon 61 2:58.1 Nelson Motzer 49 3:03.8 Dick Courtwright 48 3:07.0 Janet Courtwright W47 4:21.9 Section 2: Vinny Hoyan 35 2:13.3 Craig Coon 36 2:29.7 Two Mile Invitational: 1 Tim McMullen 42 9:33.7 M30 Steve Limperis 10:49.0 M35 Dave O'Leary 9:58.5 M40 Gary Moore 10:15.0 M50 George Haupt 13:57.4 M60+Tom Brannon 14:01.2 W40 Janet Courtwright 18:42.0								
800m Section 1: Jim Palmeri 54 2:28.5 Harry Brown 61 2:49.6 Luve Smith 33 2:55.4 Tom Brannon 61 2:58.1 Nelson Motzer 49 3:03.8 Dick Courtwright 48 3:07.0 Janet Courtwright W47 4:21.9 Section 2: Vinny Hogan 35 2:13.3 Craig Coon 36 2:29.7 Two Mile Invitational: 1 Tim McMullen 42 9:33.7 M30 Steve Limperis 10:49.0 M35 Dave O'Leary 9:58.5 M40 Gary Moore 10:15.0 M50 George Haupt 13:57.4 M60+Tom Brannon 14:01.2 W40 Janet Courtwright 18:42.0		6:28.2						
Jim Palmeri 54 2:28.5 Harry Brown 61 2:49.6 Dave Smith 33 2:55.4 Tom Brannon 61 2:58.1 Nelson Motzer 49 3:03.8 Dick Courtwright 48 3:07.0 Janet Courtwright W47 4:21.9 Section 2: Vinny Hojan 35 2:13.3 Craig Cuon 36 2:29.7 Two Mile Invitational: 1 Tim McMullen 42 9:33.7 M30 Steve Limperis 10:49.0 M35 Dave O'Leary 9:58.5 M40 Gary Moore 10:15.0 M50 George Haupt 13:57.4 M60+Tom Brannon 14:01.2 W40 Janet Courtwright 18:42.0								
Harry Brown 61 2:49.6 Luve Smith 33 2:55.4 Tom Brannon 61 2:58.1 Nelson Motzer 49 3:03.8 Dick Courtwright 48 3:07.0 Janet Courtwright W47 4:21.9 Section 2: Vinny Hogan 35 2:13.3 Craig Coon 36 2:29.7 Two Mile Invitational: 1 Tim McMullen 42 9:33.7 M30 Steve Limperis 10:49.0 M35 Dave O'teary 9:58.5 M40 Gary Moore 10:15.0 M50 George Haupt 13:57.4 M60+Tom Brannon 14:01.2 W40 Janet Courtwright 18:42.0	800m Section 1:	2.20 5						
Tom Brannon 61 2:58.1 Nelson Motzer 49 3:03.8 Dick Courtwright 48 3:07.0 Janet Courtwright W47 4:21.9 Section 2: Vinny Hoyan 35 2:13.3 Craig Coon 36 2:29.7 Two Mile Invitational: 1 Tim McMullen 42 9:33.7 M30 Steve Limperis 10:49.0 M35 Dave O'Leary 9:58.5 M40 Gary Moore 10:15.0 M50 George Haupt 13:57.4 M60+Tom Brannon 14:01.2 W40 Janet Courtwright 18:42.0	Jim Palmeri 54							
Tom Brannon 61 2:58.1 Nelson Motzer 49 3:03.8 Dick Courtwright 48 3:07.0 Janet Courtwright W47 4:21.9 Section 2: Vinny Hoyan 35 2:13.3 Craig Coon 36 2:29.7 Two Mile Invitational: 1 Tim McMullen 42 9:33.7 M30 Steve Limperis 10:49.0 M35 Dave O'Leary 9:58.5 M40 Gary Moore 10:15.0 M50 George Haupt 13:57.4 M60+Tom Brannon 14:01.2 W40 Janet Courtwright 18:42.0	Darry Brown 61							
Nelson Motzer 49 3:03.8 Dick Courtwright 48 3:07.0 Janet Courtwright W47 4:21.9 Section 2: Vinny Hogan 35 2:13.3 Craig Cxon 36 2:29.7 Two Mile Invitational: 1 Tim McMullen 42 9:33.7 M30 Steve Limperis 10:49.0 M35 Dave O'teary 9:58.5 M40 Gary Moore 10:15.0 M50 George Haupt 13:57.4 M60+Tom Brannon 14:01.2 W40 Janet Courtwright 18:42.0	True Brancon 61							
Dick Courtwright 48 3:07.0 Janet Courtwright W47 4:21.9 Section 2: Vinny Hogan 35 2:13.3 Craig Coon 36 2:29.7 Two Mile Invitational: 1 Tim McMullen 42 9:33.7 M30 Steve Limperis 10:49.0 M35 Dave O'teary 9:58.5 M40 Gary Moore 10:15.0 M50 George Haupt 13:57.4 M60+Ton Brannon 14:01.2 W40 Janet Courtwright 18:42.0								
Janet Courtwright W47 4:21.9 Section 2: Vinny Rogan 35 2:13.3 Craig Con 36 2:29.7 Two Mile Invitational: 1 Tim McMullen 42 9:33.7 M30 Steve Limperis 10:49.0 M35 Dave O'Leary 9:58.5 M40 Gary Moore 10:15.0 M50 George Haupt 13:57.4 M60+Tom Brannon 14:01.2 W40 Janet Courtwright 18:42.0	Dick Courtwright 48							
Section 2: Vinny Hogan 35 2:13.3 Craig Cuon 36 2:29.7 Two Mile Invitational: 1 Tim McMullen 42 9:33.7 M30 Steve Limperis 10:49.0 M35 Dave O'Leary 9:58.5 M40 Gary Moore 10:15.0 M50 George Haupt 13:57.4 M60+Tom Brannon 14:01.2 W40 Janet Courtwright 18:42.0	Lanet Courtwright W47	4.21 0						
Vinny Hogan 35 2:13.3 Craig Cvon 36 2:29.7 Two Mile Invitational: 1 Tim McMullen 42 9:33.7 M30 Steve Limperis 10:49.0 M35 Dave O'teary 9:58.5 M40 Gary Moore 10:15.0 M50 George Haupt 13:57.4 M60+Tom Brannon 14:01.2 W40 Janet Courtwright 18:42.0	Section 2:	4.21.9						
Craig Con 36 2:29.7 Two Mile Invitational: 1 Tim McMullen 42 9:33.7 M30 Steve Limperis 10:49.0 M35 Dave O'Leary 9:58.5 M40 Gary Moore 10:15.0 M50 George Haupt 13:57.4 M60+Ton Brannon 14:01.2 W40 Janet Courtwright 18:42.0		2:13.3						
Two Mile Invitational: 1 'Tim McMullen 42 9:33.7 M30 Steve Limperis 10:49.0 M35 Dave O'Leary 9:58.5 M40 Gary Moore 10:15.0 M50 George Haupt 13:57.4 M60*Tom Brannon 14:01.2 W40 Janet Courtwright 18:42.0	Craig Con 36							
Invitational: 1 Tim McMullen 42 9:33.7 M30 Steve Limperis 10:49.0 M35 Dave O'Leary 9:58.5 M40 Gary Moore 10:15.0 M50 George Haupt 13:57.4 M60+Tom Brannon 14:01.2 W40 Janet Courtwright 18:42.0		The state of						
1 Tim McMullen 42 9:33.7 M30 Steve Limperis 10:49.0 M35 Dave O'teary 9:58.5 M40 Gary Moore 10:15.0 M50 George Haupt 13:57.4 M60+Ton Brannon 14:01.2 W40 Janet Courtwright 18:42.0	Invitational:	THE PARTY OF						
M30 Steve Limperis 10:49.0 M35 Dave O'Leary 9:58.5 M40 Gary Moore 10:15.0 M50 George Haupt 13:57.4 M60+Ton Brannon 14:01.2 W40 Janet Courtwright 18:42.0	1 Tim McMullen 42	9:33.7						
M40 Gary Moore 10:15.0 M50 George Haupt 13:57.4 M60+Ton Brannon 14:01.2 W40 Janet Courtwright 18:42.0	M30 Steve Limperis	10:49.0						
M40 Gary Moore 10:15.0 M50 George Haupt 13:57.4 M60+Ton Brannon 14:01.2 W40 Janet Courtwright 18:42.0	M35 Dave O'Leary	9:58.5						
M50 George Haupt 13:57.4 M60+Tom Brannon 14:01.2 W40 Janet Courtwright 18:42.0	M40 Gary Moore	10:15.0						
W40 Janet Courtwright 18:42.0	M50 George Haupt	13:57.4						
	M60+Ton Brannon							
W50 Mary Shaver 15:04.3	woo Mary Shaver	15:04.3						

Potomac Valley TC Meet

Potomac Valley TC Meet Alexandria, VA; June 9				
100m - men				
R Bowen 44	11.50			
Paul Allen 39	11.90			
Thonmas Lorenzo 32	12.00			
Mike McDaniel 50	12.10			
Lonnie Crittenden 45	12.70			
Bruce Waggoner 40	13.00			
Joseph Himler 61	13.20			
Albert Gardner 55	13.50			
Dennis Tucker 41	13.70			
D J Bertagnoli 49	14.50			
Lee Young 51	14.90			
Ed Matthews 76	15.00			
Bill Bergen 68	15.10			
Alan Gersman 58	15.70			
100 - women	THE STATE OF			
Sonya Jordan 33	14.60			
Audrey Lary 62	16.10			
Dru Klinger 45	18.30			
200m - men				
George Ridley 33	22.70			
R Bowen 44	23.10			
Paul Allen 39	23.30			
Lorenzo Thomas 32	23.90			
Joseph Himler 61	24.40			
Art Harden 42	25.70			
Mike McDaniel 50	26.60			
James Stookey 65	27.10			
Bruce Waggoner 40	27.10			
D J Bertagnoli 49	28.70			
Albert Gardner 55	28.90			
Bill Bergen 68	30.40			
Ed Matthews 76	31.40			
Bud Averitt 73	51.10			
200m - women				
Sonya Jordan 33	31.20			
Audrey Lara 62	33.50			
Dru Klinger 5	39.90			
400m - men				
George Ridley 33	50.40			
Karl Smith 36	53.50			
William Greene 35	57.40			
Julius Tonelli 32	58.10			
Tom Rogers 39	59.90			

M50 Roger Pierce M55 Richard Camp

		Nati
D J Bertagnoli 49 Bruce Waggoner 40	1:04.30	M60 William Wright M65 Guy Pellegrinelli
Jack Barrar 44	1.05.20	M70 John Gilligan
Bob Weiner 49 Albert Gardner 55	1:09.00	M75 Vernon Mattson M80 George Craig
James Connor 44	1:11.10	M85 David Ryan
Bill Bergen 68	1:14.70	W50 Shelia Morris
James Keat 64 Alan Gersman 58	1:25.80	W55 Arlene Dupis W60 Mary Roman
Bud Averitt 73	2:09.30	M70 Ann McGowan
800m - men Steve Nearman 36	2:07.90	200m M50 Roger Pierce
William Greene 35	2:10.90	M55 Phillip Byrne
Paul Zink 48 Joseph Aukward 35	2:19.10 2:24.10	M60 William Wright M65 Walter Sanders
Jack Barrar 44	2:29.50	M70 Frank Brako
Steve Coy 35	2:32.30	M80 George Craig
Bob Weiner 49 Walter Gibson 53	2:32.80	M85 David Ryan W50 Shelia Morris
Mark Selva 32	2:59.50	W55 Shiela McKenna
James Keat 64 Mile - men	3.05.70	W60 Joan Burguess W65 Brigitte Langer
Bruce Hamilton 41	4:39.60	W70 Ann McGowan
Paul Ryan 45 Julius Tonelli 32	4:44.50 4:49.10	400m M50 Roger Pierce
Ted Poulos 34	4:53.30	M55 Peter Muzeroll
Maurice Pointer 40	4:54.70	M60 John Waller
Glen Barrentine 40 Paul Zink 48	4:58.10 5:02.60	Hermino Agustin M65 Walter Sanders
Jack Barrar 44	5:04.80	M70 Y Naci
Joseph Aukward 35 Tom Martin 40	5:21.90 5:24.60	W50 Shelia Morris W55 Shiela McKenna
Bob Weiner 49	5:41.90	W60 Joan Burguess
Daniel Bradley 37	5:45.80 6:13.90	W65 Brigitte Langer
Rolland Elliot 60 James Connor 44	6:25.30	W70 Jean Marra 800m
Will Vehrs 43	6:59.50	M50 Joseph Sinicrope
Dennis Winstead 57	7:05.60	M55 Peter Muzeroll M60 Jim O'Toole
Bud Averitt 73 Mile - women	13:20.00	M65 Joseph Fernandez
Chris Stockdale 52	5:49.20	M70 John Burton M75 William Tribou
Short Hurdles - men James Stookey 65	18.00	M85 Ellery Clark
Long Hurdles - men	18.00	W50 Shelia Morris
James Stookey 65	49.50	W55 Shiela McKenna W60 Lucy Duffy
Long Jump - men Tom Carr 30	17-6	W70 Jean Marra
Dennis Tucker 41	16-3	1500m M50 Joseph Sinicrope
Shot Put - men William Smith 60	33-3.75	M55 Peter Muzeroll
Victor Litwinski 52	32-3.25	M60 Ji m O'Toole M65 Raymond Lussier
Bernie Gould 61 Jim Barnhart 62	30-9.75 29-9	M70 Sid Toabe
B E Booth 48	29-6.75	M75 William Tribou W50 Ann Onton
Tom Carr 30 Peter Taylor 51	24-11 24-3.25	W55 Shiela McKenna
Bill Bergen 68	23-7.75	W60 Lucy Duffy W65 Camilla Cesarini
Clarence Larson 86 Shot Put - women	16	W70 Jean Marra
Audrey Lara 62	24-11.75	High Jump M50 John Campbell
Sharon Good 63 B Kleinschmidt 74	18-6.50	M55 Peter Gartner
Dru Klinger 45	17-8.75 17-2.75	M60 Richard Atkinson
Discus - men		Bernard MacKinnor M65 Wray Gunn
William Smith 60 Michael Ellis 42	134-5 110-6	M70 Frank Brako
Ryss White 52	103-10	W55 Arlene Dupis
Charles Pistorino 73 Victor Litwinski 52	97-5 91-2	W60 Dorothy Bemis
Bill Bergen 68	90	Joan Burguess
Jim Barnhart 62 Richard Thompson	85-4 83-11	W70 Ann McGowan W75 Libby Hagemann
Rick Laulor 69	83-11	Pole Vault M50 Ruster Byrnes
Toin Carr 30	60-1	M60 Richard Atkinson
Clarence Larson 86 Discus - women	49-8	M65 Harold Miller
Carol Ellis 46	60-3	M70 George Brown M75 Vernon Mattson
Audrey Lary 62 B Kleinschmidt 74	58-10 44-5	W55 Arlene Dupis
Sharon Good 63	42-7	W60 Amy Hicks
3000m - mem	0.29.40	Long Jump M50 John Campbell
Ted Poulos 34 Maurice Poointer 40	9:28.40 9:36.20	M55 Phillip Byrne
Glen Barrentine 40	10:20,70	M60 Lou Massqia M65 Horst Langer
Jack Barrar 44 John Winkert 39	10:21.30	M70 Frank Brako
Bud Averitt 73	26:59:30	M80 George Craig M85 David Ryan
3000m RW - men	1501 20	W50 Rita Mortenson
B E Booth 48 Jim Goldstein 47	15.01.30 16:00.90	W55 Arlene Dupis M60 Amy Hicks
Victor Litwinski 52	18:03.10	W65 Brigitte Langer
Newlie Hewson 73 Meyer Mathis 77	22:30,80 25:53.00	W70 Ann McGowan
3000m RW - women	of a pulling to	Shot Put
Fran Carnevale 44 Victoria Wood 35	17:43.30 19:04.10	M50 Charles Thompson M55 Nicholas DeNitto
Raquel LiPuma 39	27:15.30	M60 Leonard Rosen
Massachusetts Sen	or Games	M65 A Zanthopoulos M70 Joel Anderson
Springfield, MA; Ju		M75 Bruno Maki
100m	ASILV SIL	M80 Frank Rubin

a	sters News	267	
	W50 Rita Mortenson	15-7	
	W55 Helen Delargy W60 Mary Roman	20-3 28-3	
	W65 Virginia O'Connor	19-4	
	W70 Doris Berlepsch Discus	16-6	
	M50 Charles Thompson	138-6	i
	M55 Gordon Gibson M60 Leonard Rosen	107 139-11	
	M65 A Xanthopoulos	111-8	
	Chuck Dolecki M70 George Brown	84-11	1
	M75 Bruno Maki	87-10	,
	M85 Ellery Clark W50 Patricia Fogg	12-7 75]
	W55 Joan Youngs	62-1	
	W60 Amy Hicks W65 Harriet Patch	77-8 46-3	1
	W70 Doris Berlepsch	38-7	
	W75 Libby Hagemann W80 Elizabeth Johnson	48 27-3	
	Hammer		ļ
	M50 Charles thompson M55 James DeSimone	147-4 68-2	j
	M60 Sandor Nagy	85-4	1
	M65 A Xanthopoulos M70 James Crawford	95-11 120-6	1
	M80 Paul Narcessian	72-7	I
	M85 Ellery Clark W55 Joan Youngs	5-6 63-9)
	W60 Amy Hicks	75-6	J
	W65 Joyce Finley W70 Doris Berlepsch	49-6 41	I
	W75 Libby Hagemann	64-3	ŀ
	M50 Ruster Byrnes	115-6	4
	M55 Phillip Byrne	129-5	1
	M60 Robert Youngs M65 A Xanthopoulos	136-4	20100
	M70 Joel Anderson	77	J
	M75 Bruno Maki M80 Frank Rubin	86-6 26-9	(
	M85 Ellery Clark	7-5	
	M90 George Conway W50 Fuson Naci	29-1 39	ı
	W55 Mary Dowling	92-4	i
	W60 Amy Hicks W65 Violet Presz	76-4 .45-5	-
	W70 Ann McGowan	48-10	į
	W75 Libby Hagemann 1500m RW	50-1	i
	M55 Thomas Knatt	8.03	i
	M60 Robert Beaudet M65 Louis Candido	9.03 8.50	
	M70 Stuart Corning	10.41	1
	M75 John Kilpatrick M80 Frank Rubin	11.03	
	M90 George Conway W50 Shelia Morris	13.51	1
	W55 Margaret Keougth	10.20 8.44	,
	W60 Jeanne Shepardson W65 Helen Lavelle	9.14 11.49	(
	W70 Minna Charles	12.34	J
	M55 Thomas Knatt	20.54	I
	M60 Harry Brooks	29.54 31.38	ŀ
	M65 Valio Liedes M70 Stuart Corning	32.39	1
	M75 John Kilbaprick	37.58 41.21	ŀ
	M80 Frank Rubin W50 Patricia Cleland	37.58	ŀ
	W55 Margaret Keough	36.06 30.30	3
	W60 Jeanne Shepardson W70 Charles Minna	31.36 43.48	J
	W75 Simone McGrath	45.55	J
	5K Road Race M50 Alex Silverman	17:20	1
	M55 Michael Buckheim	21:20	J
	Fred Wellman M60 Ernest Leblano	21:24	3
	M65 Joseph Fernandez	19:01	1
	M70 Douglas Blanchard W50 Shelia Morris	23:44 26:04	5
	W55 Winifred Hopfe	27:07	2
	W60 Doris Aronson W65 Constance Bills	27:38 29:06	L
	10K Road Race	TENED LI	J
	M50 Thomas Cleland M55 Fred Wellman	46:28 45:56	J
	M60 Jim O'Toole	42:34	J
	M65 Joseph Fernandez M70 Douglas Blanchard	39:42 50:03	Ī
	W50 Rhonda Weinman W55 Suzanne Lemieux	1:01:00	7
	W60 Doris Aronson	1:03:22 57:56	5
_	W65 Constance Bills	1:00:00	ŀ
	Potomac Valley TC	Meet 23	I J
	100 - men	at 199 - 15	5
	Thomas Jones 42 M McPherson 40	11.60 12.30	1
	Lonnie Crittenden 46	14.30	1
	D J Bertagnoli 49	14 40	(

15-7	Rachid Jaafar 38	14.40	,
20-3	Ed Matthews 76		ı
28-3	Lee Young 54		1
19-4	100m - women		П
16-6	Evelyn Wright - 59	16.50	L
	200m - men		5
38-6	Paul Allen 39	22.40	П
07	Ricky Flowers 38		1
39-11	George Ridley 33		Н
11-8	Thomas Jones 42		ı
11-5		25.50	П
84-11	Walter Gibson 50		И
87-10	Wayne Harris 47		L
12-7	D J Bertagnoli 49	29.30	L
75	Ed Matthews 76	32.20	ı
62-1	John Martin 69	34.40	ı
77-8	J J Wind 46	34,40	l
46-3	200m - women	34.40	L
38-7	Sony Jordan 33	30.10	П
48	400m - men	30.10	1
27-3	Thomas Tones 42	54.20	П
21-3	Isaac Parker 33	54.20	K
47-4	Vincent Fuller	55.10	3
68-2	Julius Tonelli 32	57.40	П
85-4	William Greene 35		ı
95-11	Wayne Harris 47	57.70	9
20-6		1:01.20	
72-7	Bob Eaheart 49	1:01.60	1
5-6	Walter Gibson 50	1:03.30	100
63-9	J J Wind 46	1:05.10	L
75-6	A STATE OF THE PARTY OF THE PAR	1:06.40	ŀ
49-6	James Connor 44 Lee Young 54		1
41	Control of the second s		1
64-3	Tom Kurikara 60	1:15.60	1
	Bud Averitt 76	2:04.30	3
15-6	Volves Javett 31	onti- three	1
29-5	Vehus Jewett 31	1:03.20	
	Ann Mushatt 44	1:14.20	3
36-4	Steve Negarines 36	A House	
	Steve Nearman 36	2:07.80	1
77	Julius Tonelli 32	2:10.80	1
86-6	Gordon Smith 37	2:12.00	1
26-9	William Greene 35	2:13.20	
7-5	Steve Bell 38	2:15.20	3
29-1	Paul Zink 48		П
39	Jack Barrar 44	2:25.60	L
92-4	Rolland Elliot 60	2:51.50	
76-4	Tom Kurikara 60		1
45-5	Mark Selva 30	3:00.30	Н
48-10	Mile - men	PERSONAL PROPERTY.	
50-1	Ted Poulos 34	4:37.80	ı
REENW	Bruce Hamilton 41	4:40.40	ı
8.03	Paul Ryan 45 Julius Tonelli 32	4:42.70	ı
9.03	Glen Barrentine 40	4:44.00	ı
8.50	William Anderson 40	4:47.60	1
10.41	Paul Zink 48	4:50.80	Н
11.03	Steven Berry 37	4:51.00	1
	Jack Barrar 44	4:54.00	П
13.51	JJ Wind 46	5:00.50 5:04.40	à
8.44	Wally Norris 45	5:21.00	9
9.14	Tom Foley 50	5:21.50	ŝ
11.49	Gary Guenther 44	5:35.00	1
12.34	John Muldoon 45	5:48.30	1
12.34	Robert Platte 44	5:54.30	V
29.54	Tom Kurikara 60	6:06:20	à
The state of the s	Rolland Elliot 60	6:09.70	360
31.38	Lee Young 54	6.21.90	300
37.58	David Holland 53	6:50.10	3
Plus Colonia de	Rachid Jaafar 38	7:13.90	5
41.21 37.58	Robert Harper 46	7:58.10	8
36.06	Bud Averitt 76	12:15:10	1
30.30	3000m - men	wist.	5
31.36	Ted Poulos 34	9:38.10	9
43.48	J J Wind 46	10:11.90	
45.55	Jack Barrar 44	10.18.90	No.
The same of the sa	Glen Barrentine 40	11:11.40	50
17:20	David Holland 53	12:43.60	Sep.
21:20	John Sellers 60	14:48.80	100
21:24	Bud Averitt 76	26:19.80	V Wild
21:51	3000m - women	1	2
19:01	Drew Woodrich 36	11:12.40	W.C.
23:44	Andri Austin 30	12:23.70	100
26.04	Susanne Schmoll 33	13:40.20	-
27:07	Short Hurdles - men	dro thw	ľ
27:38	James Stookey 66	18.10	9
29:06	Long Hurdles - men		
100	James Stookey 66	50.40	1
46:28	High Jump - men		
45:56	James Stookey	4-6	1
42:34	John Martin 69	3-10 3-8	٨
39:42	Ed Matthews 76	3-6	
50:03	Long Jump - men M McPherson 40	16-9	3
1:01:00	John Baker 67	The state of the s	3
1:03:22		13-6	
57:56	Shot Put - men Victor Litwinski 52	34-11	١
1:00:00	Bernie Gould 61	34-11	N
eet	Ed Diem 55	31	"
23	John Sellers 60	30-7.50	17
20	Shot Put - women	.0-7.30	888
11.60	Evelyn Wright 59	28-9.50	١
		411-1.20	
		26-6	
12.30	Ann Mushatt 44	26-6 17	
			S. 11.79

Discus - men	
William Smith 61	144-2
Meyer Mathis 77	111-10
John Sellers 60	106-8
Rick Laulor 69	82-10
Albert Gardner 55	75-11
Discus - women	
Evelyn Wright 59	68-11
C Convery 76	37-1
Cesanyn Ohclured 70	35-4
Maxine Bartlett 68	34-5
Javelin - men	
Russ White 52	183-5
Ed Diem 55	114
Victor Litwinski 52	87-6
John Baker 67	85-5
Javelin - women	
Evelyn Wright 59	78-6
C Convery 76	40-8
Maxine Bartlett 68	36-2
3000m RW	
Jim Goldstein 47	16:11.00
Claude Letien 49	16:26.00
John Gersh 48	17:41.00
J\Ralph Driscoll 72	21:00.50
Bill O'Reilly 70	22:49.60
3000m RW - women	
Fran Carnevale 44	17:55.60
Victori Wood 35	19:57.70
Terry Hamilton 68	25:22.10
Syracuse Chargers Syracuse Parks & R	/City of ec. Track

Meet, Syracuse, NY; June 25 200m M30 Jeff Stiles M35 Tom Jasinski 25.8 24.7 M40 Keith Gilyard M45 Bob Micho 26.4 26.5 M50 Allen Drew M55 Tom Fondy 27.3 28.3 M60 Van Robinson 33.8 M65 Howard MacMillan W50 Nadine Lowenstein 32.2 800m M30 Jeff Stiles M40 Terry McConnell M45 Jim Lawton 2:18.6 2:30.0 M50 Tim Collins 2:49.3 M55 John Allen 2:49.0 W50 Yvonne Rothenberg 3:21.9 3000m M30 Mark Powell M35 Robin Wheeless 10:12 8:59 M60 Bob Milner M75 Nate White 15:02 M80 Charlie Jorgensen 19:59 W30 Sarah Falso 11:01 W40 Patti Ford 10:29 W50 Yvonne Rothenberg Long Hurdles W40 Irene Thompson 14:00 1:15.1 Pole Vault M30 Jerry Tine 13-6 Long Jump M30 Jake Foster 15-2 14-10.50 M40 Michael Saafir M45 Jasper Royal M50 Tim Collins M60 Van Robinson 10-9.50 W40 Irene Thompson 16 Shot Put M50 Olin Henneman 11.00 W45 Kathy Cirina 8.80 Discus M30 John D'Aoust 28 46 M40 Ed Ferraro 36.18 31.00 22.27 M50 Olin Henneman M60 VanRobinson W45 Kathy Cirina 25.08 Ilammer M45 Pat Lynn W45 Kathy Cirina 41.28

USATF New England Masters Championships and TRACS/Boston Masters Meet Northeastern U, Dedham, MA; June 28-29

23.25

4-6	100m		
3-10	M40	Thomas Jones	11 66
3-8	100.02	Robert Bowen	11.81
T Ven	635	Neil Steinberg	11.83
16-9		Larry Schworer	12.10
13-6	40.00	Wayne Fisher	12.54
	M45	Tom Cunningham	12.83
34-11	200	Michael Conway	13.6h
32-5	M50	Roger Pierce	12.32
31	1	Warren Graff	13.56
30-7.50	100000	Jeffrey Spoor	14.00
	\$3, 14°	Robert Wheeler	14.22
28-9.50	M55	Bob Hassenger	14.59
26-6		David Galligani	14.66
17	369	James DeSimone	17.0h
13-9.50	12 10	Continued on n	ext pag

page	34					National M	asters News	The state of the s	September 1990
Charles !	Spirit Committee Annual	No. of Part Association	1 4-10	Om Relay	Little vis	Land Soul History State Hart &	W70	1500 MP.TERS	W70
	nued from previo			Maryland Masters	44.64	5000m RW	PATRICIA PETERSON SC 70 36.82	W30	PATRICIA PETERSON SC 70 1.40
The same of the same	Donald Hudson	14.85	14140	Boston RC	46.27	M40 Justin Kuo 28:31.6	WEIDELL DICKINSON CP 32 21.76	ELIZABETH MURRAY WITH 32 5:15.27	WIS WIBROISE COURTEAU MONT 38 1.68
M65	Ross Mitchell	13.72		Central Park TC	46.32	Fred Anderson 31:30.2	TRACY FOX FIGHT 30 22 22	LOIS FILREIS AUI 66 6:36.67	MU
M70	George Horner	16.92	4x40) Relay		M45 Brian Savilonis 24:43.1	RICHARD WASHINGTON UN 33 25.79	M30 MILES VAUGIRI UN 30 4:21.02	INMES HENDERSON MILL 40 1.62
M75	Nathaniel Heard	16.85	M40	MD Masters	3:37.49	Stan Sosnowski 25:57.6	DEREK HOLLOWAY UN 35 22.05	MILES VAUGIRI UN 30 4:21.02 PHIL LONSO SC 32 5:47.18	M45 RICHARD SOBEL GSAC 47 1.62
WAS	Sparks Sorlien	18.49	NAME:	Central Park TC	3:38.19	Robert Ullman 27:40.8 Bill Harriman 28:26.0	REMO BIAGONI NIS 37 24.15	MU Company of the	IVAN BLACK NYAC 47 1.50
W45	Lorraine Tucker	14.94	Sprin	1 Medley (4-2-2-8)	Charles In the Control of the Contro		PAUL ALLEN MM 39 24.16	TOM KINSMAN UN 43 4:16.56 CHRIS ARM RI HIC 42 4:53.04	DAVID FRIELMAN SAC 45 1.22
11170	Kathy Nary	17.98	M40	Central Park TC	3:45.36	M50 Bill Purves 25:29.4	THOMAS JOHES M4 42 23.12	TONY PLASTER IM 44 4:56.47	GUSTAVE DAVIS CIRW 58 1.22
	Ann McGowan	20.94	ALC: THE	Maryland Masters	3:45.89	Charles Mansback 30:07.6	LARRY SCHWORER BRC 40 23.24	M15	ED KENT N/M 59 1.20
200m		22.40	High	Jump		M55 Tom Knatt 28:00.6	GARY CRAWFORD M4 43 23.66 AL HARDEN M4 42 24.96	MAROLD NOLAN SAC 49 4:17.22	MG5
M40	Neil Steinberg	23.40	M40	Eugene Loo	5-6	Richard Ruguist 28:11.3	HORACE HUDSON GRIC 43 25,73	DUANE GREEN CP 45 4:35.28 M50	GEORGE TAYLOR IM 65 1.10
	Larry Schworer	23.80	SOFT	Jim Henderson	5-4	Michael Hoffer 32:14.4	C D COOK CP 44 27.11	BEN GRUNDSTEIN WITE 51 4:56.01	POLE VAULT
	Wayne Fisher	25.10	M50	Buster Byrnes	4-8	M60 R Sheperdson 33:23.6	BOB GILL CBRR 40 27.72	M55	w50
	Michael Cassamass		M55	Herm Pettegrove	5	M70 Stuart Corning 36:36.1	JESSE NORMAN CP 45 24.28	JOHN HURLEY NYM 55 5:22.69	BARBARA STEWART SC 51 1.98
M43	Philip Felton	24.90	W50	Marlene Sachs	4	M75+ Joe Biersteker 34:43.9	PHILLE FELTON 174 47 24.85	M60	M30 DUNCAN LITTLEFIELD RUS 32 4.41
	Tom Cunningham	25.75	Pole V	Vault		W40 Chris Anderson 28:44.8	ALEX CONSTANTINOV CP 45 25.16 TOM CONNINGIAM BRC 46 25.94	WITOLD BLAIDKUR WITR 61 5:06.93	JERCHE TINE 'N 31 4.11
	Ralph Souppa	25.78	M45	John Hoogasian	12	W45 Mary Hess 30:22.4	M50	M65 WALT GALE UN 65 5:48.45	EUGENE LAYCHEMAN UN 30 N I
A STATE OF THE PARTY OF THE PAR	Tom Marchand	30.36		Jim Bell	8	Donna Goguen 33:31.4	ROGER PIERCE BRC 51 24.35	M70	M35 HIKE BIZZARO UN 35 3.65
	Roger Pierce	24.67 25.39	M50	Buster Byrnes	8-6	W50 Margaret DeCotis 35:10.3	MELVIN FIELDS PV 50 24.40	JOHN MUNANUS MIL 72 5:57.01	MIDROISE COURTEAU MONT 38 NII
	Lincoln Russin Warren Graff	27.64	M75+	Boo Morcom	9	W60 J Shepardson 31:37.1	WILLIAM BURRELL NYP 54 26.02	M75 BILL TRIBOU BRC 75 6:41.46	M10
	Jeffrey Spoor	27.96	Long.	lump		Maine Distance Classic -	DAVID DAGG STFV 52 26.63	5000 METERS	JAMES HENDERSON MLI 40 3.50
	Robert Sheeler	29.54	M40	Wayne Fisher	5.99	Masters Mile , Bowdoin College	LARRY COLBERT 114 59 25.63	M30	JEFF TINDALL GSAC 53 3.20
	Philip Byrne	29.05		Eugene Loo	5.24	Brunswick, ME; July 6	RICHARD RIZ3O NYP 59 26.76	ALAN WELLS UN 33 16:09.36	M55
The state of the s	Bob Hassenger	29.08		M Cassamasse	4.84	Brunswick, ME; July 6	ED KENT NYM 59 30.84	NHO	HORM CYPRUS NYAC 58 3.04
	David Galligani	29.77	M45	John Oleski	4.91	Barry Harwick 4:29.94	M60 BILL WRIGHT BRC 60 26.85	HERIBERTO MEDINA MIL 40 19:21.60	GEORGE TAYLOR IM 65 1.82
	James DeSimone	38.80	M55	Bhilip Byrne	4.95	Bob O'Hara 4:34.06	BOB DOBBS UN 52 27.06	JOHN HURLEY NAC 59 23:36.75	SHEAL LALL
	Phil Schaffer	33.39		George Cormey	3.62	Roly McSorley (CAN) 4:37.47	ALEXANDER JOHNSON SAC 63 27.39 HATG BOHLGIAN CP 60 28.64	908 MATTESON UN 80 28:37.09	M40
	Jack Nyhan	34.12		Robert Tosoni	3.60	Bob Hodge 4:39.58	VINCE RUFFIN SAC 60 28.64	BOB MATTESON UN 80 28:37.09 80 METER HURDLES	KARL JOHNSON UN 44 14.79 DEJUIS HANSEN NYM 42 12.61
M65	Ross Mitchell	29.70	M70	George Horner	3.16	Brad Hurst 4:42.46	M65	W40	KIM SALZER UN 42 12.28
M70	George Horner	35.60	M75+	Sparks Sorlien	3.01	Rich Murray (50) 4:54.04	JACK LANCE GSAC 66 33.53	TRENE THOMPSON SC 42 13.94	JEFFREY COPELAND IN 44 9.42
M75	Nathaniel Heard	36.16		Nathaniel Heard	2.34	Dennis McIver 4:57.27	KWARD MACMILIAN SC 70 30.89	100 METER HURDLES	JOHN PRESTA UN 43 8.22
	Sparks Sorlien	40.11	W50	Marlene Sachs	3.91	Pablo Nicolaides 5:01.07	LESTER WRIGHT SAC 74 31.48	HAIG BOHIGIAN CP 60 24.24	BRUCE HEDENDAL FLAC 48 12.22
	Kathy Nary	37.48	Triple	A PARTY OF THE PROPERTY OF		Kevin McDonald 5:01.58	400 METERS	110 METER HURDLES	MILL STRORSKY GSAC 47 10.57
	Marlene Sachs	32.83			30-5	Lester Devoe 5:06.64 Rob Craig 5:11.21	RUVINIA KELLY AUI 34 71.40	TIMOTHY MOMATION SAC 37 16.60	PAUL MORRONE UN 54 13.14
400m		THE PERSON NAMED IN			22-2		W40	M40	M55
	Oon Ryan	57.17	W70	Ann McGowan 1	3-11	Chuck Radis 5:14.71	PAULA DICKSONIAYLOR AUI 43 66.39	MARK JOHNSON UN 42 18.85	FADRM CYPRUS NYAC 58 11.52
	Peter Michaelson	59.20	Shot P		是不變態	Weight Meet	W50	IVAN BLACK NYAC 47 19.20	M60
	Chuck Radis	59.81	M40	Bill Goodwin	11.27	Hanover, NH; July 20	JEAN PRESION IM 52 88.20	WILLIAM SIKORSKY GSAC 47 19.29	!#N RUSEN NITI 62 12.24 CHUCK YOST SC 61 11.93
	Philip Felton	54.29		Fred Anderson	3.07	The state of the s	PATRICIA PETERSON SC 70 1:40.14	300 METER HURDLES	RAY FEICK FM 64 11.90
	I'om Cunningham	56.21		Ken Woodard	10.61	16# Shot Put	M30	M60	MEEMO MASIK UN 62 11.83
	Ralph Souppa	56.88	M50	Larry Pratt	13.62	Carl Wallin 54 44-8	TRACY FOX FCIC 30 49.28	INTES DUNCAN UN 64 56.50 INTES BOILGIAN CP 60 61.00	MG5 BILL CARRAINN UN 66 10.90
	Fom Marchand	1:05.94		Robert Harvey	12.93	Don Filkins 42 41-3	RICKY FLOWERS UN 30 51.63	M65	ELAVARD KEENE SC 68 9.68
	Roger Pierce	57.75		John Schlosser	12.81	Bob Harvey 53 38	SAL ALLAH CP 36 49.73	JACK LANCE GSAC 66 61.44	GEORGE TAYLOR FM 65 8.90
	Warren Graff	1:01.49		J Bookin-Weiner	11.51	Ed Daniels 43 33	BEN JAMES FCIC 39 50.16 PAUL ALLEN MM 39 53.26	M35	LUIS VELEZ PRRA 67 7.26
	leffrey Spoor	1:01.73	To write the	Oscar Brookins	11.00	6K Shot Put	PAUL ALLEN MM 39 53.26 ALEXANDER YOUNG UN 37 54.24	TIMOTHY HOWNION SAC 37 60.62	DISCUS
The second second second	David Galligani	1:05.68	M55	Robert Tosoni	10.59	Carl Wallin 54 48-2 Bob harvey 53 40-9.50	MU	IKRACE HUDSON GRIC 43 62.06	KARL JOHNSON UN 44 42.30
	lames DeSimone	1:40.89	是高度	George Cormey	9.27	Bob harvey 53 40-9.50 Packy Fusco 53 37-2	ED GONERA CP 44 51.94	M15	KARL JOHNSON UN 44 12.30 KIM SALZER UN 42 34.46
	Jim Aneshansley	1:05.56	M60	Leonard Rosen	12.59		GARY CRAWFORD MM 43 52.05	RICK LAPP UN 47 61.08 1VAN BLACK NYAC 47 71.98	DENNIS HANSEN NYM 42 29.14
	Jack Nyhan	1:14.70		John Pakulis	10.21	Discus Bob Harvey (1.5#) 53 125-3	LARRY SCIMORER BRC 40 54.82	IVAN BLACK NYAC 47 71.98	MIS
	John DeFranco	1:17.30	M65	Bill Garrahan	10.95	Don Filkins (2K) 42 115-8	MARK JOHNSON SAC 43 61.70 RONALD JACKSON UN 41 62.84	WARREN GRAFF BRC 50 72.20	MS5
	Boo Morcom	1:25.67	1470	Charles Dolecki	9.11	Carl Wallin (1.5#) 114-5	BOB GILL CBRR 40 63.55	M55 ED KENT NYM 59 88.68	NORM CYPRUS NYAC 58 38.86
	William Stern	1:50.34		George Horner	8.53	Packy Fusco (1.5#) 110-10	C D COOK CP 44 66.22	4 × 100 MEIER RELAY	M60 !.FN ROSEN NIT 62 40.98
	Bob Matteson	1:31.56		Nathaniel Heard	7.59	1 acky 1 aseo (1.5#)	JESSE NORMAN CP 45 53.67	M30-39	!.FN ROSEN NIT 62 40.98 CIRKK YOST SC 61 39.58
	Sally Strazdins	1:21.46		Lorraine Tucker	9.22	LICATE Food Popland Manhar	PHILLIP FELTON PM 47 53.91	MARYLAND MASTERS (G CRAWFORD,	MEEMO MAASIK UN 62 39.26
800m			W /U	V O'Connor	6.18	USATF East Regional Masters	ALEX CONSTANTINOV CP 45 54.62	P ALLEN, R JONES, D HOLLOWAY) 44.12 FLOWER CITY TO (B JAMES,	JAMES DUNCAN UN 64 36.80
M40	Don Salamone	2:03.40	The Call	Doris Berlepsch	5.08	Championships	TOM CUNNINGIUM BRC 46 56.95	II HUDSON, J THOMAS, T FOX) 44.28	HAIG BOHIGIAN CP 60 29.16
	Bill Okerman	2:04.65		Ann McGowan	5.02	Randalls Island, NYC; July 20	MSO ROGER PIERCE BRC 51 54.15	4 × 400 MEIER RELAY	MARSHALL LIPTON UN 63 24.76
	Richard Clark	2:12.42	Discus	ALC: Virginia		100 METERS	MELVIN FIELDS PV 50 54.71	30-39	M65 BILL GARRAHAN UN 66 41.90
1115	Harvey Blonder	2:21.42	1.937	Bill Goodwin	32,66	W30 KAREN PYLE GRIC 33 14.87	DAVID DAGG STFV 52 59.23	U.N. AC (K MAKITA, W DATER,	FOWARD KEENE SC 68 33.08
M43	Dan Frye	2:05.00	1000	Tom Bezyutczyk	34.82	W40	JONATHAN TETHERLY BRC 51 66.54	K BAERISCH, M ANTHONY) 4:04.24	GEORGE TAYLOR PM 65 26.32
M50	Michael Conway	2:18.63	M50	Larry Pratt	41.66	IRENE THOMPSON SC 42 13.09	LARRY COLBERT PV 59 57.22	4 × 800 METER RELAY 30-39	M70 FRRA 67 22.22
IVIOU	John Babington Sam McClendon	2:22.70 2:30.42	5757 349	Robert Harvey	40.20	JEAN PRESTON HM 52 17.11	RICHARD RIZZO NYF 59 60.00	SHORE AC (II NOLAN, L PLASTER,	MANNY HERSCHER NYT 70 24.74
	Bob Chinchillo	2:34.83	178.701	John Schlosser	38.40	W70	FRED SCHLEREIN SC 63 62.59	T KINSMAN, M VAUGIAN) 9:00.24	JAVELIN
M60	Phil Schaffer	2:50.80	0.07 201	Packy Fusco	35.34	PATRICIA PETERSON SC 70 16.97	ALEXANDER JOHNSON SAC 53 65.84	U.N. AC (K MAKITA, W DAILER, K BAERTSCH, M ANTHONY) 9:37.92	M30
M75	William Stern	4:21.38	MEE	Je Bookin-Weiner	35.12	RICHARD WASHINGTON UN 33 11.51	JIM ANESHANSLEY C? 61 66.11 HAIG BOHLGIAN CP 50 67.77	LONG JUMP	FIIIL LONGO SC 32 33.04
	Bob Matteson	3:35.45	MISS	George Cormey		M35	MG5	W50	RIMO BIAGONI NJS 37 43.14
W45	Sandy Miller	2:52.37	M60	Philip Byrne Leonard Rosen	24.78 42.10	DEREK HOLLOWAY NIS 35 11.06 STEVE GALETTA FM 39 11.64	WALT GALE UN 65 74.02	PARBARA STEWART SC 54 3.28	MBROISE COURTEAU MONT 38 33.50
W55	Jane Arnold	2:37.16	14100	Donald Hudson	32.38	REMO BIAGONE NJS 37 11.64	HOWARD MACMILLAN SC 70 75.42	N30 3RIAN CORRIGAN UN 33 6.44	KIM SALZER UN 42 38.48
1500r		360,000		John Pakulis	25.90	TIM MODIVION SAC 37 12.93	M80	PHIL LONGO SC 32 4.89	DENNIS HANSEN NOM 42 30.28
M40	Alan Muir	4:15.27	MGS	Bill Harrahan	41.52	M40 THOMAS JONES MM 42 11.32	BOB MATTESON UN 80 93.42	M40 RONALD JACKSON UN 41 5.33	BRUCE HEDENDAL FLAC 48 36.04
The state of	Ed Zarenski	4:23.24		Charles Dolecki	29.00	JOHNNIE THOMAS PONY 43 11.36	WJ5	MICHAEL CASSAMASSE SMAC 42 4.43	M's
	Don Ryan	4:25.18	M751	Boo Morcom	28.14	LEWARD GONERA CP 44 11.60 LARRY SCHWORER BRC 40 11.83	MIJCIA JOHRSON SAC 35 2:38.74	M45	DRM CYPRUS NYAC 58 37.82
	Richard Clark	4:30.37	W55	Joan Youngs	20.40	AL HARDEN MM 42 12.31	P DICKSON-TAYIOR AUI 43 2:30.13	RICK JAFP UN 47 5.62 IVAN BLACK NYAC 47 4.86	M60 PAY FEICK 114 64 38,80
	Chris Armen	4:30.58		Doris Berlepsch	12.46	RONALD JACKSON UN 41 12.67 MICHAEL CASSAMASSE SMAC 42 13.17	W45	JOHN OLESKI BRC 46 4.84	PAY FEICK 114 64 38,80 JAMES DARKAN UN 64 36,40
M45	Dan Frye	4:15.87	10.33	V O'Connor	12.34	JOIN PRESTA UN 13 14.89	WARY ROSADO CP 46 2:47.74	WILLIAM SIKORSKY GSAC 47 4.59	CHOCK YOST SC 61 36.26
	Ed Poirier David Wood	4:31.46	Hami	The same of the sa		M45	JEAN PRESTOR 184 52 3:40,71	DAVID FRIEDMAN SAC 45 3.94	MARSHALL LITTON UN 63 28,98 HATG BOHLGIAN CP 60 25,44
M50		4:59.24 4:33.67	M45	Paul Germanowski	42 26	JESSE NORMAN CP 45 12.09 RICK LAPP UN 47 12.26	W65	JULIO MARIN NYM 55 4.50	N/-5
M50	THE CONTRACT OF THE CONTRACT O	4:33.67	M55	James DeSimone	18.90	PHILLIP FELTON PM 47 12.46	M30	M60	BILL CARRAINN UN 66 32.12
CCIAI	Art Conro	5:00.29	M70		39.00	JOF. FERRISI UN 46 13.12	ALAN WELLS UN 33 2:03.78 LEWIS JEFFERSON TUC 34 2:07.35	VINCENT RUFFIN SAC 60 4.72 JAMES DUNCAN IN 64 4.36	GEORGE TAYLOR :74 65 27.12
M60	Jim Aneshansley	4:58.42	M80		16.76	DAVID FRIEDMAN SAC 45 15.01	M35 TEFFERS IN TOC 34 2:07.35	IVAIG BOILIGIAN CP 60 4.10	MAO
M65	The second secon	5:39.99	W40		21.80	RON JOHNSON CP 50 12.04	SAL ALLAH CP 36 1:54.24	M65 L'ACK LANCE GSAC 66 3.54	CARL REICHARD MIR 43 42.78*
M75		8:36.48	W55		19.08	MELVIN FIELDS PV 50 12.14 ROGER PIERCE BRC 51 12.20	JORGE HERNWIDEZ WCTC 35 1:58.99	TRIPLE JUMP	KIM SALZER UN 42 36.83
	Bob Matteson	7:20.33	W70	Doris Berlepsch	13.44	DAVID DAGG SIFV 52 13.05	M40 TVM KINSPAN UN 43 2:03.81	W50	DENNIS HANSHI HYM 42 24.27
	Sheila Purves	4:47.79	To the same	V O'Connor	12.80	GILBERT SANDERS UN 51 14.64	TIKMAS HARTSHORHE CP 42 2:06.80	BARBAPA SITWARE SC 54 6.81	M15
W55		5:16.87	-	Ann McGowan	12.80	IARRY COLBERT PV 59 12.59	FRANCIS SCHIRO (P 43 2:11.24	MIO CORRIGAN UN 33 13.36	BRUCE HEDERAND FLAC 48 30.29
3000			Jave	The second secon	A STANCE	JULIO MARIN N/M 55 13.08	DOB GILL, CBRR 40 2:32.24	MO	NOSS NORM CYPRUS NYAC 58 J8.22
	Joseph Sullivan	9:13.87	M45		47.02	CTIRJS FILMER UN 59 13.20 FD KENT NYM 59 14.28	MIS	MICHAEL CASSAMASSE SMAC 42 9.21	MGO
	Brad Hurst	9:23.02	1	Peter Mitchell	36.48	MGO	FOR JACKSON CP 46 2:09.61 TOM CUNNINGERM BRC 46 2:15.06	MIS	PAY FEICK 1M 64 33.67 MG5
	Ed Zarenski	9.24.38	arvis 25	Doug Fredericks	35.90	BILL WRIGHT BRC 62 12.82	M50	RICK LAPP 181 47 11.20	M65 LUIS VELEZ PRPA 67 34.70
M45	Jose Solorzano	9:43.08	M50	Oscar Brookins	37.46	JOE HEMLER MM 61 12.99 ALEXANDERJOHNSON SAC 63 13.08	JOINTIAN TEMERLY BRC 51 2:31.18	JVAN BLACK NYAC 47 10.79 JOHN OLESKI BRC 46 10.17	* THREW AFTER EVERT COMPLETED
	Gary Wale	9:50.13	10:014	Buster Byrnes	32.34	IIAIG BOIIIGIAN CP 50 13.68	M55 STD HCMARD CP 57 2:19.59	BILL STEORSSY GSAC 47 8.53	MKICIF THROW
M60		10:55.50	M55	The state of the s	36.82 40.54	VINCENI' RUFFIN SAC 60 13.74 BOB DOBBS UN 62 DO	DAN HAMER CP 56 2:22.73	DAVID FRIEDWIN SAC 45 8.09	KIM SALZER UN 42 12 16
M65		11:48.80	M60	Robert Youngs Donald Hudson	33.50	M65	JIM ANESHARSLEY CP 61 2:23.56	JULIO MARIN NYM 55 - 8.85	DESERTS INTESEST N/M 42 10.48
M70		13.16.10	1476	+ Bruno Maki	26.58	JACK TANCE GSAC 66 14.58	MOD	H) KENT NOM 59 8.56	BRICE HEDERDAL FIAC 48 12.22
W40	The second secon	10:56.86	14173	Walter Dickor	16.34	KAIARD MACHILIAN SC 70 14.58	WALT GALE UII 65 2:43.46	HATG BOHLGIAN CP 60 9.20	PD3
TAY	Susan O'Connor	11:57.28	11/40			HESTER WRIGHT SAC 74 15.25	JOSEPH KERRUN NTA 66 3:46.28	N65	MGU CYPRUS NYAC 58 11.76
5000		15.49 00	W45	Lorraine Tucker	29.48	1175	JOHN MOTATIONS MIL 72 2:54,19	M70 GSAC 66 7.78	!AY FEICK 114 64 11.99
M40	John Goodwin	15:48.00	W70		13.60	200 METERS 15G 79 18.20	JOHN NERVETTI SAC 71 3:33.26	HILLAR SAARESTE UN 73 6.70	5000 METER RACEMALK
	Bob Hodge Rich Murray	16:41.73	.,,0	V O'Connor	12.26	W30	BILL TRIBOU BRC 75 3:13.62	IIIGI JUMP	W35
NAS/I						RUVINIA KELLY AUI 34 28.75	M80		KRISTEN MULLANEY PEG 36 24:05.80
	Jim O'Toole	20:00.37	- EM-	Ann McGowan	11.10	KAREN PYLE GRIC 33 30.86	30B MATTESON UN 80 3:38.79	JENI PRESIMI IM 52 1.60	Continued as

1996

1.40

1.68

1.62 1.50 1.22

5 1.10

51 1.98 32 4.41 31 4.11 30 Ni

35 3.65 38 MI 40 3.50 53 3.20 58 3.04 65 1.82

44 14.79 42 12.61 42 12.28 44 9.42 43 8.22

54 D.H NC 58 11.52

61 11.93 64 11.90 62 11.83

65 10.90 68 9.68 65 8.90 67 7.26

42.30 34.46 9.14

.52 N.K

2 40.98 1 39.59 2 39.26 4 36.84 64 36.80 60 29.16 63 24.76

6 41.9 9 31.0 65 35.2 67 21.2

70 24.74

32 33.04

37 43.14 1 38 33.50 42 38.48 42 30.28 48 36.04

58 31.82
64 96.40
64 36.40
61 36.76
60 75.44
66 12.17
65 27.12
01 42.76
12 24.27
18 30.27
18 30.27
18 30.27
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19 34.70
19

September 1996
Continued from previous page
W70 CULENIE TIKMESON UN 73 42:33.07
JOE LIGHT NEW 48 25:11.89
GUSTAVE DAVIS CIRW 58 34:48.44 M70 JOHN NERVETTI 5AC 71 30:44.52
THAM RESULTS BY AGE GROUPS
POINTS:1ST-5,2ND-3,3RD-2,4TN-1 SCORED IN FIVE YEAR AGE GROUPS
MEN & WUMEN COMBINED 30-39 PLATE TEAM (CODE) POINTS 1 SHORE ATHLETIC CLUB(SAC) 21
2 NEW JERSEY STRIDERS(NJS) 20 3 CENTRAL PARK TC (CP) 15
4 FLOWER CITY TC (FCTC) 11 5 MUNITEAL INTERNATE (MTI) 11 6 SYRACUSE CHARGERS 11
7 ACIIIEVEMENTS UNIAM 1(AUI)10 8 MARYLAND MASTERS (MA) 9
9 UNITED NATIONS AC (UNAC) 8 10 GREATER ROCHESTER TC(GRIC)8 11 PEXASUS (PEG) 5
12 WITOLD'S RUNNERS (WITR) 5 13 PHILADELPHIA MASTERS (FM) 3 14 TOUCH OF CLASS (TOC) 3
14 TOUCH OF CLASS (TOC) 3 15 WESTCHESTER TC (WCTC) 3 16 UNATTROHED (UN) 49
MEN & WUMEN COMBINED 40-49 1 CENTRAL PARK TC (CP) 41
1 CENTRAL PARK TC (CP) 41 2 FLORIDA MINIETIC C (FLAC) 25 3 NEW YORK AC (NYAC) 17 4 MADULANI MACUSES (AM) 15
4 MARYLAND MASTERS (MM) 15 5 SYRACUSE CHARGES (SC) 15 6 BOSTON RUNNING CHAIB (BRC)14
7 CARDAN STATE AC (CSAC) 13 8 NEW YORK MASTERS (NYM) 12 9 MERCURY LONG ISL AC (MLI)10
9 MERCURY LONG ISI, AC (MI.I)10 10 MILLADELPHIA MASTERS (FM)10 11 SHORE ATHLETIC ASSOC(SAC) 9
12 ACIILEVEIHENIS UNILIM 1(AUI) 8 13 SUCARIONF MIN AC (SMAC) 6 14 PONY EXPRESS (PONY) 6
15 NEW ERGLAND WALKERS (NEW) 5 16 GREATER ROCHESTER TC(GRTC)5 17 MILROSE A C (MIL) 5
18 MIOLNIR (MIR) 5 19 HARTFORD TRACK CLUB (HIC) 4
20 UNATTACHED (UN) 73 MEN & NUMEN COMBINED 50-59
L NEW YORK MASTERS (NYM) 32 2 NEW YORK AC (NYAC) 30 3 BOSTON RUNNING CLUB (BRC)23
4 (IIR) 20 5 POTUMAC VALLEY (PV) 18 6 CENTRAL PARK TC (CF) 16
7 SYRACUSE CHARGERS (SC) 15 8 CONNECTICUT RW (CIRW) 10 9 NUKTH MEDIFORD CLUB (NMC) 8
10 NEW YORK PIONEERS (NY!!) 7 11 GARDEN STATE AC (GSAC) 5
12 PHILADELPHIA MASTERS (FM) 5 13 WITOLD'S RUNNERS (WITR) 5 14 STERANCIS VALLEY CAN(SIEV)3
15 UNATTACHED (UN) 2 NEN & WINEN CLIMINED GO 1148; 1 SYRACUSK CHARGERS (92) 54
2 PHILIADELPHIA MASTER (174) 35 3 SHORE ATHLETIC CLUB (SAC) 26
4 CENTRAL PARK AC (CP) 25 5 GARDEN STATE AC (GSAC) 25 6 DOSTON RUNNING CLIB (BRC) 20
7 ACHIEVIMENTS UNION 1(AUL)10 8 NEW HUMPSHIRE TRACK (NIT!)10 9 MILROSE AC (MIL) 10
10 PUERIO RICO RUNNERS (PRRA)7 11 LIFE STYLE GYM (15G) 5
12 NEW YORK TRACK CLUB (NYT) 5 13 WITOLD'S RUNNERS (WITR) 5 14 MARYLAND MASTERS (MM) 3
15 NEW YORK MASTERS (NYM) 3 16 UNATTACHED (UN) 80
OVERNIA CUMBINED TEAM TITLE 1 CENTRAL PARK TC (CP) 97 2 SYRACUSE CHAPGERS (SC) 95
3 BOSTON RUNNING CLUB (BRC) 57 4 SHORE ATHLETIC CLUB (SAC) 56
5 PHILADELPHIA MASTERS (14)53 6 NEW YORK ATHLETIC C(NYAC)47 7 NEW YORK MASTERS (NYA) 47
8 GARDEN STATE AC (GSA2) 43 9 ACHLEVEMENTS UTILIM J (AUJ) 28 10 MARYLAND MASTERS (M4) 27
11 FLOWER CITY TRACK (FCTC) 25 12 NEW JERSEY STRIDERS (NJS)20
13 (IPM) 20 14 POTOMIC VALLEY TC (P7) 18 15 UNATTACHED (UN) 204
Iron Horse Farm
Throwers Meet Ringoes, NJ; July 20
Shot Put M30 Glenn Thompson 17.63
M35 Warren Taylor 15.54 Wm Wolverton 13.25
M40 Tony Ciccone 13.96 Pob Guan 13.27 Mike Ellis 12.27
Rich McMullin 12.01 M45 Rich Dunphy 12.24
Dennis Chandler 11.90 Richard Smith 10.54 M50 Terry Shuman 12.84
Jimmy Jones 10.97 Carl Levine 9.71
Matt Schiwinent 8.37 M55 Harold Crater 11.71
Sam Rumford 11.17 John Bronstein 10.18
M60 Len Olson 12.80 Pay Carstensen 11.70

M60 Len Olson
Pay Carstensen
Martin Kintish
Bill Barker

11.71 11.17 10.18 12.80 11.70

1	M65 Jonas Cowles Sereno Danese	10.89 10.51
	M70 Irv Mondschein Charles Covino	11.45
	Zelig Strauss	9.39
	M75 Angelo Oliver Eddie Coyle	7.99 7.78
	W30 Arlene Hansen W35 Deborah Ecklund	9.50 7.49
	Julie Wiedis W40 Sarah Boslaugh	6.61
	Renee DiGiacomo W45 Michael Hill	6.35 8.51
	Carolyn Ellis W50 Roslyn Katz	6.56
	Eliz Baumach	6.69
	W60 Anne Cirulnick W75 Libby Hagemann	8.29 7.00
	Discus M30 Dan Dillin	53.66
	Glenn Thompson Bob Trunolone	46.48
	M35 Mike Hambrick	49.92
	Warren Taylor Willy Moers	45.30 43.02
	M40 Tony Ciccone Rich McMullin	41.48 37.74
	Michael Ellis Ed Ferraro	35.90 35.80
	M45 Dennis Chandler Rich Dunphy	31.98 31.70
	Frank Monroe	29.36
	Richard Smith M50 Terry Shuman	24.36 48.74
	Jimny Jones Carl Levine	45.16 28.22
	M55 John Bronstein Harold Crater	39.70 32.70
	Sam Rumford	29.88
	Russell Van Put M60 Len Olson	26.82 44.74
-	Martin Kintish Don Hudson	42.46
	M65 Sereno Danese M70 Zelig Strauss	32.38
	M75 A U Ricciardi	28.94
	Paul Eberhardinger M80 Bob Detweiler	16.74
	W30 Arlene Hansen W35 Deborah Ecklund	30.68 22.42
SALIE .	W40 Sarah Boslaugh W50 Elizabeth Baumach	31.48 20.30
the state	Woslyn Katz W60 Anne Cirulnick	19.94 19.18
	Delores Faber	17.28
	W75 Libby Hagemann	16.62
1	M30 Troy Herr M35 Willy Moers	55.48
100	Tom Withrow Mike Bersuh	49.26 44.98
-	Mike Hambrick M40 Peter Farmer	43.74 54.52
	Dave Vandergriff Carl Shields	51.58
0.000000	Carl Reichard Rich McMullin	45.50 37.12
20.00	Mike Sherrill M45 Richard Smith	30.86
24 000	M50 Terry Shuman Matt Schiwinent	47.20
the second second	M55 John Bronstein	20.60 33.68
Carrie Junio	Sam Rumford M60 Len Olson	23.40 40.32
	Pay Carstensen Martin Kintish	39.02 31.66
2000	Lew Overbeck Bill Barker	30.60 30.44
THE PLANT	M65 Jerry Wojcik .	35.32
No.	M70 Lev Mozhaev A J Crawford	39.56 36.62
2000	Irv Mondschein M75 A U Ricciardi	35.84 33.62
	Paul Eberhardinger M80 Paul Narcessian	23.10
CHARLES OF THE PARTY OF THE PAR	Bob Detweiler W35 Deborah Ecklund	17.04
200000	W40 Sarah Boslaugh W50 Roslyn Katz	35.48 28.24
W 42.00 W	Suzy Hess Elizabeth Baumach	20.22
-	W60 Anne Cirulnick	24.10
	Delores Faber W75 Libby Hagemann	21.30 18.70
	Javelin M30 John Tullo	59.46
	M35 Chris Clark M40 Tom Nielson	51.94 54.72
	Rich McMullin Joseph Del Valle	51.68 40.12
	Richard Cooker M45 Dennis Chandler	37.00
	Glenn Weaver	39.24
	M50 George Reynolds Jimmy Jones Carl Levine	47.74
	M55 Frank Illuzzi	40.14
	Sam Rumford	32.76
	M60 Robert Youngs	46.02 34.28
	Len Olson Don Hudson	34.78 27.62
	Martin Kintish M75 A U Ricciardi	22.58
	Angelo Oliver Paul Eberhardinger	18.44
	M80 Bob Detweiler W30 Arlene Hansen	10 30
	W35 Julie Wiedis Deborah Ecklund	23.00
	Lewian Ecklund	19.00

Roslyn Katz 19.12	1500in
W60 Delores Faber 16.40 Anne Cirulnick 14.68	M35 Bob Carroll M40 Mark Caldwell
W75 Libby Hagemann 15.18	M45 Duane Green
Weight	M50 Don Masterson M55 Ralph Zimmerma
M40 Dave Vandergriff 16.64 Peter Farmer 15.90	M60 Bruce Marsh
Rich McMullin 12.85	M65 David Rider
Bob Gunn 11.87	M70 Charles Bauer W35 Marilyn Brand
M45 Dennis Chandler 11.66 Frank Monroe 10.75	W40 Karin Goyolsk
Richard Smith 10.52	W45 Carolyn Dewit
M50 Jimny Jones 14.29	W50 Mary Casey
Carl Levine 6.43 Mutt Schiwinent 5.38	W55 Pat Scheiber W60 Gloria Brown
M55 John Bronstein 10.40	W65 Helen Buene
San Runford 6.69	5000m
M60 Len Olson 13.77	M35 Phil Dilmore
Pay Carstensen 13.20 Martin Kintish 11.57	M40 Chip Button M50 David Willbern
Lew Overbeck 11.00	M55 Bill Steffnha
M65 Jerry Wojcik 10.43	M60 Carl Pegels
M70 Irv Mondschein 10.37 A J Crawford 10.25	M70 Charles Bauer W35 Sue O'Malley
Lev Mozhaev 9.79	W40 Jean Queal
M75 A U Ricciardi 7.37	10,000m
Paul Eberhardinger 5.72	M35 John Pakulis M45 Jim Bowles
M80 Hob Detweiler 4.69 W35 Deborah Ecklund 7.32	M50 James Thomas
W40 Sarah Boslaugh 12.45	M55 Mike Williams
W50 Roslyn Katz 10.19	M60 Carl Pegels
Suzy Hess 7.39 W60 Anne Cirulnick 8,55	W35 Sue O'Malley
W60 Anne Cirulnick 8,55 W75 Libby Hagemann 6.28	W40 Jean Queal W45 Carolyn Dewit
Superweight 0.20	W50 Karen Dayles
M35 Mike Humbrick 8.39	W55 Lori Karlson
M40 Dave Vandergriff 10.99	W60 Sheila Scandu
Peter Farmer 9.82 Bob Gunn 7.94	Short Hurdles M30 Paul Foster 1
M45 Richard Smith 7.12	M35 Dan Glushefsk
Dennis Chardler 6.71	M40 Ted Hoca 1 M50 Mike Milove
M55 John Bronstein 6.15	M50 Mike Milove M55 Willie Lightf
M60 Ien Olson 5.52 Martin Kintish 4.80	M65 Ted Swanson
M70 Lev Mozhaev 6.58	W35 C Cornell McK
M75 A U Ricciardi 5.27	W40 Marbry Gansle
Paul Eberhardinger 4.66 M80 Bob Detweiler 3.90	W45 Linda Adams W50 Barbara Stewa
W35 Deborah Ecklund 4.30	Long Hurdles
W50 Suzy Hess 5.33	M35 Roy Arnesen
W75 Libby Hagemann 4.40	M40 James Cole M45 Jesse Norman
was a second	M55 W Lightfoot 3
Empire State Games	M60 George Freema
Buffalo, NY; July 26-27	M65 Ted Swanson W40 Marbry Gansle
100m	Steeplechase
M30 Tom Smith 11.98 M35 Barry Grimes 11.87	M35 Neil Farrell
M40 Chris Best 12.08	M40 Jim Cole
M40 Chris Best 12.08 M45 Smokey Santillo 11.57	
M40 Chris Best 12.08 M45 Smokey Santillo 11.57 M55 Walt Thorne 13.28	M40 Jim Cole M45 Bill Weigle M55 John Hurley M60 George Freema
M40 Chris Best 12.08 M45 Smokey Santillo 11.57 M55 Walt Thorne 13.28 M60 Andrew Branch 13.27 M65 Bd Cox 13.78	M40 Jim Cole M45 Bill Weigle M55 John Hurley M60 George Freema W35 Marilyn Brand
M40 Chris Best 12.08 M45 Smokey Santillo 11.57 M55 Walt Thorne 13.28 M60 Andrew Branch 13.27 M65 Ed Cox 13.78 M70 Russell More 17.00	M40 Jim Cole M45 Bill Weigle M55 John Hurley M60 George Freema W35 Marilyn Brand 4x800m Relay
M40 Chris Best 12.08 M45 Smokey Santillo 11.57 M55 Walt Thorne 13.28 M60 Andrew Branch 13.27 M65 Ed Cox 13.78 M70 Russell More 17.00 W30 Deb Szatko 15.41	M40 Jim Cole M45 Bill Weigle M55 John Hurley M60 George Freema W35 Marilyn Brand 4x800m Relay M30 Miller/Arnese Pertak
M40 Chris Best 12.08 M45 Smokey Santillo 11.57 M55 Walt Thorne 13.28 M60 Andrew Branch 13.27 M65 Ed Cox 13.78 M70 Russell More 17.00 W30 Deb Szatko 15.41 W35 Cath CornellMcKeev15.41 W40 Luann VanPeursem 14.51	M40 Jim Cole M45 Bill Weigle M55 John Hurley M60 George Freema W35 Marilyn Brand 4x800m Relay M30 Miller/Arnese Pertak M40 Corridan/Tayl
M40 Chris Best 12.08 M45 Smokey Santillo 11.57 M55 Walt Thorne 13.28 M60 Andrew Branch 13.27 M65 Ed Cox 13.78 M70 Russell More 17.00 W30 Deb Szatko 15.41 W45 Cath CornellMcKeev15.41 W40 Luann VanPeursem 14.51 W45 Cath CirinaCorsivol 4.88	M40 Jim Cole M45 Bill Weigle M55 John Hurley M60 George Freena W35 Marilyn Brand 4x800m Relay M30 Miller/Arnese Pertak M40 Corridan/Tayl Rush
M40 Chris Best 12.08 M45 Smokey Santillo 11.57 M55 Walt Thorne 13.28 M60 Andrew Branch 13.27 M65 Ed Cox 13.78 M70 Russell More 17.00 W30 Deb Szatko 15.41 W35 Cath CornellMcKeev15.41 W40 Luann VanPeursem 14.51 W45 Cath CirinaCorsivo14.88 W50 Mary Casey 16.31	M40 Jim Cole M45 Bill Weigle M55 John Hurley M60 George Freema W35 Marilyn Brand 4x800m Relay M30 Miller/Arnese Pertak M40 Corridan/Tayl Rush M50 Williams/Stef Shea/Zimmerman
M40 Chris Best 12.08 M45 Smokey Santillo 11.57 M55 Walt Thorne 13.28 M60 Andrew Branch 13.27 M65 Ed Cox 13.78 M70 Russell More 17.00 W30 Deb Szatko 15.41 W35 Cath CornellMcKeev15.41 W40 Luann VanPeursem 14.51 W45 Cath CirinaCorsivo14.88 W50 Mary Casey 16.31 W55 Norma Schiloff 19.68 W65 Verna Except rom 22.60	M40 Jim Cole M45 Bill Weigle M55 John Hurley M60 George Freema W35 Marilyn Brand 4x800m Relay M30 Miller/Arnese Pertak M40 Corridan/Tayl Rush M50 Williams/Stef Shea/Zimmerman M60 Meegan/Garrit
M40 Chris Best 12.08 M45 Smokey Santillo 11.57 M55 Walt Thorne 13.28 M60 Andrew Branch 13.27 M65 Ed Cox 13.78 M70 Russell More 17.00 W30 Deb Szatko 15.41 W35 Cath CornellMcKeev15.41 W40 Luann VanPeursem 14.51 W45 Cath CirinaCorsivo14.88 W50 Mary Casey 16.31 W55 Norma Schiloff 19.68 W65 Verna Engstrom 22.60 W70 Pat Peterson 17.39	M40 Jim Cole M45 Bill Weigle M55 John Hurley M60 George Freema W35 Marilyn Brand 4x800m Relay M30 Miller/Arnese Pertak M40 Corridan/Tayl Rush M50 Williams/Stef Shea/Zimmerman M60 Meegan/Garrit Sullivan
M40 Chris Best 12.08 M45 Smokey Santillo 11.57 M55 Walt Thorne 13.28 M60 Andrew Branch 13.27 M65 Ed Cox 13.78 M70 Russell More 17.00 W30 Deb Szatko 15.41 W35 Cath CornellMcKeev15.41 W40 Luann VanPeursem 14.51 W45 Cath CirinaCorsivol 4.88 W50 Mary Casey 16.31 W55 Norma Schiloff 19.68 W65 Verna Engstrom 22.60 W70 Pat Peterson 17.39	M40 Jim Cole M45 Bill Weigle M55 John Hurley M60 George Freema W35 Marilyn Brand 4x800m Relay M30 Miller/Arnese Pertak M40 Corridan/Tayl Rush M50 Williams/Stef Shea/Zimmerman M60 Meegan/Garrit Sullivan 4x400m Relay
M40 Chris Best 12.08 M45 Smokey Santillo 11.57 M55 Walt Thorne 13.28 M60 Andrew Branch 13.27 M65 Ed Cox 13.78 M70 Russell More 17.00 W30 Deb Szatko 15.41 W35 Cath CornellMcKeev15.41 W40 Luann VanPeursem 14.51 W45 Cath CirinaCorsivo14.88 W50 Mary Casey 16.31 W55 Norma Schiloff 19.68 W65 Verna Engstrom 22.60 W70 Pat Peterson 17.39 200m M30 Vinnie Goodman 24.31	M40 Jim Cole M45 Bill Weigle M55 John Hurley M60 George Freema W35 Marilyn Brand 4x800m Relay M30 Miller/Arnese Pertak M40 Corridan/Tayl Rush M50 Williams/Stef Shea/Zimmerman M60 Meegan/Garrit Sullivan 4x400m Relay M40 Hopf/Rasmusse Heberger
M40 Chris Best 12.08 M45 Smokey Santillo 11.57 M55 Walt Thorne 13.28 M60 Andrew Branch 13.27 M65 Ed Cox 13.78 M70 Russell More 17.00 W30 Deb Szatko 15.41 W35 Cath CornellMcKeev15.41 W40 Luann VanPeursem 14.51 W45 Cath CirinaCorsivo14.88 W50 Mary Casey 16.31 W55 Norma Schiloff 19.68 W65 Verna Engstrom 22.60 W70 Pat Peterson 17.39 200m M30 Vinnie Goodman 24.31 M35 Ed Harris 23.70 M40 Chris Best 24.42	M40 Jim Cole M45 Bill Weigle M55 John Hurley M60 George Freema W35 Marilyn Brand 4x800m Relay M30 Miller/Arnese Pertak M40 Corridan/Tayl Rush M50 Williams/Stef Shea/Zimmerman M60 Meegan/Garrit Sullivan 4x400m Relay M40 Hopf/Rasmusse Heberger High Jump
M40 Chris Best 12.08 M45 Smokey Santillo 11.57 M55 Walt Thorne 13.28 M60 Andrew Branch 13.27 M65 Ed Cox 13.78 M70 Russell More 17.00 W30 Deb Szatko 15.41 W35 Cath CornellMcKeev15.41 W40 Luann VanPeursem 14.51 W45 Cath CirinaCorsivo14.88 W50 Mary Casey 16.31 W55 Norma Schiloff 19.68 W65 Verna Engstrom 22.60 W70 Pat Peterson 17.39 200m M30 Vinnie Goodman 24.31 M35 Ed Harris 23.70 M40 Chris Best 24.42 M45 Smokey Santillo 24.03	M40 Jim Cole M45 Bill Weigle M55 John Hurley M60 George Freema W35 Marilyn Brand 4x800m Relay M30 Miller/Arnese Pertak M40 Corridan/Tayl Rush M50 Williams/Stef Shea/Zimmerman M60 Meegan/Garrit Sullivan 4x400m Relay M40 Hopf/Rasmusse Heberger High Jump M30 Ken Schaumber
M40 Chris Best 12.08 M45 Smokey Santillo 11.57 M55 Walt Thorne 13.28 M60 Andrew Branch 13.27 M65 Ed Cox 13.78 M70 Russell More 17.00 W30 Deb Szatko 15.41 W35 Cath CornellMcKeev15.41 W40 Luann VanPeursem 14.51 W45 Cath CirinaCorsivo14.88 W50 Mary Casey 16.31 W55 Norma Schiloff 19.68 W65 Verna Engstrom 22.60 W70 Pat Peterson 17.39 200m M30 Vinnie Goodman 24.31 M35 Ed Harris 23.70 M40 Chris Best 24.42 M45 Smokey Santillo 24.03	M40 Jim Cole M45 Bill Weigle M55 John Hurley M60 George Freema W35 Marilyn Brand 4x800m Relay M30 Miller/Arnese Pertak M40 Corridan/Tayl Rush M50 Williams/Stef Shea/Zimmerman M60 Meegan/Garrit Sullivan 4x400m Relay M40 Hopf/Rasmusse Heberger High Jump M30 Kcn Schaumber M35 Scott Matthew M40 Mike Saafir
M40 Chris Best 12.08 M45 Smokey Santillo 11.57 M55 Walt Thorne 13.28 M60 Andrew Branch 13.27 M65 Ed Cox 13.78 M70 Russell More 17.00 W30 Deb Szatko 15.41 W35 Cath CornellMcKeev15.41 W40 Luann VanPeursem 14.51 W45 Cath CirinaCorsivo14.88 W50 Mary Casey 16.31 W55 Norma Schiloff 19.68 W65 Verna Engstrom 22.60 W70 Pat Peterson 17.39 200m M30 Vinnie Goodman 24.31 M35 Ed Harris 23.70 M40 Chris Best 24.42 M45 Smokey Santillo 24.03 M50 Ron Johnson 24.62 M55 Ed Taft 27.89 M60 Fritz Schlereth 28.75	M40 Jim Cole M45 Bill Weigle M55 John Hurley M60 George Freema W35 Marilyn Brand 4x800m Relay M30 Miller/Arnese Pertak M40 Corridan/Tayl Rush M50 Williams/Stef Shea/Zimmerman M60 Meegan/Garrit Sullivan 4x400m Relay M40 Hopf/Rasmusse Heberger High Jump M30 Kcn Schaumber M35 Scott Matthew M40 Mike Saafir
M40 Chris Best 12.08 M45 Smokey Santillo 11.57 M55 Walt Thorne 13.28 M60 Andrew Branch 13.27 M65 Ed Cox 13.78 M70 Russell More 17.00 W30 Deb Szatko 15.41 W35 Cath CornellMcKeev15.41 W40 Luann VanPeursem 14.51 W45 Cath CirinaCorsivo14.88 W50 Mary Casey 16.31 W55 Norma Schiloff 19.68 W65 Verna Engstrom 22.60 W70 Pat Peterson 17.39 200m M30 Vinnie Goodman 24.31 M35 Ed Harris 23.70 M40 Chris Best 24.42 M45 Smokey Santillo 24.03 M50 Ron Johnson 24.62 M55 Ed Taft 27.89 M60 Fritz Schlereth 28.75 M66 Ed Cox 28.85	M40 Jim Cole M45 Bill Weigle M55 John Hurley M60 George Freema W35 Marilyn Brand 4x800m Relay M30 Miller/Arnese Pertak M40 Corridan/Tayl Rush M50 Williams/Stef Shea/Zimmerman M60 Meegan/Garrit Sullivan 4x400m Relay M40 Hopf/Rasmusse Heberger High Jump M30 Kon Schaumber M35 Scott Matthew M40 Mike Saafir M45 Dale Bosworth M50 Paul Gansle M55 Willie Lightf
M40 Chris Best 12.08 M45 Smokey Santillo 11.57 M55 Walt Thorne 13.28 M60 Andrew Branch 13.27 M65 Ed Cox 13.78 M70 Russell More 17.00 W30 Deb Szatko 15.41 W35 Cath CornellMcKeev15.41 W40 Luann VanPeursem 14.51 W45 Cath CirinaCorsivo14.88 W50 Mary Casey 16.31 W55 Norma Schiloff 19.68 W65 Verna Engstrom 22.60 W70 Pat Peterson 17.39 200m M30 Vinnie Goodman 24.31 M35 Ed Harris 23.70 M40 Chris Best 24.42 M45 Smokey Santillo 24.03 M50 Ron Johnson 24.62 M55 Ed Taft 27.89 M60 Fritz Schlereth 28.75 M65 Ed Cox 28.85 M70 Russell More 34.99	M40 Jim Cole M45 Bill Weigle M55 John Hurley M60 George Freema W35 Marilyn Brand 4x800m Relay M30 Miller/Arnese Pertak M40 Corridan/Tayl Rush M50 Williams/Stef Shea/Zimmerman M60 Meegan/Garrit Sullivan 4x400m Relay M40 Hopf/Rasmusse Heberger High Jump M30 Kcn Schaumber M35 Scott Matthew M40 Mike Saafir M45 Dale Bosworth M50 Paul Gansle M55 Willie Light M50 Royer Burke
M40 Chris Best 12.08 M45 Smokey Santillo 11.57 M55 Walt Thorne 13.28 M60 Andrew Branch 13.27 M65 Ed Cox 13.78 M70 Russell More 17.00 W30 Deb Szatko 15.41 W35 Cath CornellMcKeev15.41 W40 Luann VanPeursem 14.51 W45 Cath CirinaCorsivo14.88 W50 Mary Casey 16.31 W55 Norma Schiloff 19.68 W65 Verna Engstrom 22.60 W70 Pat Peterson 17.39 200m M30 Vinnie Goodman 24.31 M35 Ed Harris 23.70 M40 Chris Best 24.42 M45 Smokey Santillo 24.03 M50 Ron Johnson 24.62 M55 Ed Taft 27.89 M60 Fritz Schlereth 28.75 M65 Ed Cox 28.85 M70 Russell More 34.99 M75+Sidney Zecher 43.13 W30 Gubriell Yates 35.34	M40 Jim Cole M45 Bill Weigle M55 John Hurley M60 George Freema W35 Marilyn Brand 4x800m Relay M30 Miller/Arnese Pertak M40 Corridan/Tayl Rush M50 Williams/Stef Shea/Zimmerman M60 Meegan/Garrit Sullivan 4x400m Relay M40 Hopf/Rasmusse Heberger High Jump M30 Ken Schaumber M35 Scott Matthew M40 Mike Saafir M45 Dale Bosworth M50 Paul Gansle M55 Willie Lightf M60 Royer Burke M65 Tod Swanson
M40 Chris Best 12.08 M45 Smokey Santillo 11.57 M55 Walt Thorne 13.28 M60 Andrew Branch 13.27 M65 Ed Cox 13.78 M70 Russell More 17.00 W30 Deb Szatko 15.41 W35 Cath CornellMcKeev15.41 W40 Luann VanPeursem 14.51 W45 Cath CirinaCorsivo14.88 W50 Mary Casey 16.31 W55 Norma Schiloff 19.68 W65 Verna Engstrom 22.60 W70 Pat Peterson 17.39 200m M30 Vinnie Goodman 24.31 M35 Ed Harris 23.70 M40 Chris Best 24.42 M45 Smokey Santillo 24.03 M50 Ron Johnson 24.62 M55 Ed Taft 27.89 M60 Fritz Schlereth 28.75 M65 Ed Cox 28.85 M70 Russell More 34.99 M75+Sidney Zecher 43.13 W30 Gubriell Yates 35.34 W35 Mcg Benke 32.71	M40 Jim Cole M45 Bill Weigle M55 John Hurley M60 George Freema W35 Marilyn Brand 4x800m Relay M30 Miller/Arnese Pertak M40 Corridan/Tayl Rush M50 Williams/Stef Shea/Zimmerman M60 Meegan/Garrit Sullivan 4x400m Relay M40 Hopf/Rasmusse Heberger High Jump M30 Ken Schaumber M35 Scott Matthew M40 Mike Saafir M45 Dale Bosworth M50 Paul Gansle M55 Willie Lightf M60 Royer Burke M65 Tod Swanson
M40 Chris Best 12.08 M45 Smokey Santillo 11.57 M55 Walt Thorne 13.28 M60 Andrew Branch 13.27 M65 Ed Cox 13.78 M70 Russell More 17.00 W30 Deb Szatko 15.41 W35 Cath CornellMcKeev15.41 W40 Luann VanPeursem 14.51 W45 Cath CirinaCorsivo14.88 W50 Mary Casey 16.31 W55 Norma Schiloff 19.68 W65 Verna Engstrom 22.60 W70 Pat Peterson 17.39 200m M30 Vinnie Goodman 24.31 M35 Ed Harris 23.70 M40 Chris Best 24.42 M45 Smokey Santillo 24.03 M50 Ron Johnson 24.62 M55 Ed Taft 27.89 M60 Fritz Schlereth 28.75 M65 Ed Cox 28.85 M70 Russell More 34.99 M75+Sidney Zecher 33.34 W35 Mcg Benke 32.71 W40 Luann Vanpeursem 32.71 W40 Luann Vanpeursem 32.71	M40 Jim Cole M45 Bill Weigle M55 John Hurley M60 George Freema W35 Marilyn Brand 4x800m Relay M30 Miller/Arnese Pertak M40 Corridan/Tayl Rush M50 Williams/Stef Shea/Zimmerman M60 Meegan/Garrit Sullivan 4x400m Relay M40 Hopf/Rasmusse Heberger High Jump M30 Ken Schaumber M35 Scott Matthew M40 Mike Saafir M45 Dale Bosworth M50 Paul Gansle M55 Willie Lightf M60 Roger Burke M65 Ted Swanson M70 Ed Lukens W40 Marbry Gansle W40 Marbry Gansle
M40 Chris Best 12.08 M45 Smokey Santillo 11.57 M55 Walt Thorne 13.28 M60 Andrew Branch 13.27 M65 Ed Cox 13.78 M70 Russell More 17.00 W30 Deb Szatko 15.41 W35 Cath CornellMcKeev15.41 W40 Luann VanPeursem 14.51 W45 Cath CirinaCorsivo14.88 W50 Mary Casey 16.31 W55 Norma Schiloff 19.68 W65 Verna Engstrom 22.60 W70 Pat Peterson 17.39 200m M30 Vinnie Goodman 24.31 M35 Ed Harris 23.70 M40 Chris Best 24.42 M45 Smokey Santillo 24.03 M50 Ron Johnson 24.62 M55 Ed Taft 27.89 M60 Fritz Schlereth 28.75 M65 Ed Cox 28.85 M70 Russell More 34.99 M75+Sidney Zecher 43.13 W30 Gabriell Yates 35.34 W35 Mkg Benke 32.71 W40 Luann Vanpeursen 29.74 W45 Cath CirinaCorsivo30.62 W55 Mary Casey 34.85	M40 Jim Cole M45 Bill Weigle M55 John Hurley M60 George Freema W35 Marilyn Brand 4x800m Relay M30 Miller/Arnese Pertak M40 Corridan/Tayl Rush M50 Williams/Stef Shea/Zimmerman M60 Meegan/Garrit Sullivan 4x400m Relay M40 Hopf/Rasmusse Heberger High Jump M30 Ken Schaumber M35 Scott Matthew M40 Mike Saafir M45 Dale Bosworth M50 Paul Gansle M55 Willie Lightf M60 Royer Burke M65 Ted Swanson M70 Ed Lukens W40 Marbry Gansle W50 Barbara Stewa W70 Pat Peterson
M40 Chris Best 12.08 M45 Smokey Santillo 11.57 M55 Walt Thorne 13.28 M60 Andrew Branch 13.27 M65 Ed Cox 13.78 M70 Russell More 17.00 W30 Deb Szatko 15.41 W35 Cath CornellMcKeev15.41 W40 Luann VanPeurrsem 14.51 W45 Cath CirinaCorsivol4.88 W50 Mary Casey 16.31 W55 Norma Schilloff 19.68 W65 Verna Engstrom 22.60 W70 Pat Peterson 17.39 200m M30 Vinnie Goodman 24.31 M35 Ed Harris 23.70 M40 Chris Best 24.42 M45 Smokey Santillo 24.03 M50 Ron Johnson 24.62 M55 Ed Taft 27.89 M60 Fritz Schlereth 28.75 M65 Ed Cox 28.85 M70 Russell More 34.99 M75+Sidney Zecher 34.93 M75 Mcg Benke 32.71 W40 Luann Vanpeursem 29.74 W45 Cath CirinaCorsivo30.62 W50 Mary Casey 34.85 M55 Norma Schilloff 43.98	M40 Jim Cole M45 Bill Weigle M55 John Hurley M60 George Freema W35 Marilyn Brand 4x800m Relay M30 Miller/Arnese Pertak M40 Corridan/Tayl Rush M50 Williams/Stef Shea/Zimmerman M60 Meegan/Garrit Sullivan 4x400m Relay M40 Hopf/Rasmusse Heberger High Jump M30 Kcn Schaumber M35 Scott Matthew M40 Mike Saafir M45 Dale Bosworth M50 Paul Gansle M55 Willie Lightf M60 Roger Burke M65 Tvd Swanson M70 Ed Lukens W40 Marbry Cansle W50 Barbara Stewa W70 Pat Peterson Pole Vault
M40 Chris Best 12.08 M45 Smokey Santillo 11.57 M55 Walt Thorne 13.28 M60 Andrew Branch 13.27 M65 Ed Cox 13.78 M70 Russell More 17.00 W30 Deb Szatko 15.41 W35 Cath CornellMcKeev15.41 W40 Luann VanPeursem 14.51 W45 Cath CirinaCorsivo14.88 W50 Mary Casey 16.31 W55 Norma Schiloff 19.68 W65 Verna Engstrom 22.60 W70 Pat Peterson 17.39 200m M30 Vinnie Goodman 24.31 M35 Ed Harris 23.70 M40 Chris Best 24.42 M45 Smokey Santillo 24.03 M50 Ron Johnson 24.62 M55 Ed Taft 27.89 M60 Fritz Schlereth 28.75 M65 Ed Cox 28.85 M70 Russell More 34.99 M75+Sidney Zecher 43.13 W30 Gabriell Yates 35.34 W35 Mcg Benke 32.71 W40 Luann Vanpeursen 29.74 W45 Cath CirinaCorsivo30.62 W50 Mary Casey 34.85 W55 Norma Schilloff 43.98 W60 B70 LUB W60 Ed Norma 18.98 W65 Bin Liver 43.89	M40 Jim Cole M45 Bill Weigle M55 John Hurley M60 George Freema W35 Marilyn Brand 4x800m Relay M30 Miller/Arnese Pertak M40 Corridan/Tayl Rush M50 Williams/Stef Shea/Zimmerman M60 Meegan/Garrit Sullivan 4x400m Relay M40 Hopf/Rasmusse Heberger High Jump M30 Ken Schaumber M35 Scott Matthew M40 Mike Saafir M45 Dale Bosworth M50 Paul Gansle M55 Willie Lightf M60 Roger Burke M65 Tad Swanson M70 Ed Lukens W40 Marbry Cansle W50 Barbara Stewa W70 Pat Peterson Pole Vault M30 Cary Immesoet M35 Janes Beatty
M40 Chris Best 12.08 M45 Smokey Santillo 11.57 M55 Walt Thorne 13.28 M60 Andrew Branch 13.27 M65 Ed Cox 13.78 M70 Russell More 17.00 W30 Deb Szatko 15.41 W35 Cath CornellMcKeev15.41 W40 Luann VanPeursem 14.51 W45 Cath CirinaCorsivo14.88 W50 Mary Casey 16.31 W55 Norma Schiloff 19.68 W65 Verna Engstrom 22.60 W70 Pat Peterson 17.39 200m M30 Vinnie Goodman 24.31 M35 Ed Harris 23.70 M40 Chris Best 24.42 M45 Smokey Santillo 24.03 M50 Ron Johnson 24.62 M55 Ed Taft 27.89 M60 Fritz Schlereth 28.75 M65 Ed Cox 28.85 M70 Russell More 34.99 M75+Sidney Zecher 43.13 W30 Gabriell Yates 35.34 W35 Mcg Benke 32.71 W40 Luann Vanpeursen 29.74 W45 Cath CirinaCorsivo30.62 W50 Mary Casey 34.85 W55 Norma Schilloff 43.98 W65 Helen Buene 41.36	M40 Jim Cole M45 Bill Weigle M45 Bill Weigle M55 John Hurley M60 George Freema W35 Marilyn Brand 4x800m Relay M30 Miller/Arnese Pertak M40 Corridan/Tayl Rush M50 Williams/Stef Shea/Zimmerman M60 Meegan/Garrit Sullivan 4x400m Relay M40 Hopf/Rasmusse Heberger High Jump M30 Kon Schaumber M35 Scott Matthew M40 Mike Saafir M45 Dale Bosworth M50 Paul Gansle M55 Willie Lightf M60 Roger Burke M65 Tod Swanson M70 Ed Lukens W40 Marbry Gansle W50 Barbara Stewa W70 Pat Peterson Pole Vault M30 Cary Immesoet M35 James Beatty M40 Gray Watkins
M40 Chris Best 12.08 M45 Smokey Santillo 11.57 M55 Walt Thorne 13.28 M60 Andrew Branch 13.27 M65 Ed Cox 13.78 M70 Russell More 17.00 W30 Deb Szatko 15.41 W35 Cath CornellMcKeev15.41 W40 Luann VanPeursem 14.51 W45 Cath CirinaCorsivo14.88 W50 Mary Casey 16.31 W55 Norma Schiloff 19.68 W65 Verna Engstrom 22.60 W70 Pat Peterson 17.39 200m M30 Vinnie Goodman 24.31 M35 Ed Harris 23.70 M40 Chris Best 24.42 M45 Smokey Santillo 24.03 M50 Ron Johnson 24.62 M55 Ed Taft 27.89 M60 Fritz Schlereth 28.75 M65 Ed Cox 28.85 M70 Russell More 34.99 M75+Sidney Zecher 43.13 W30 Gubriell Yates 35.34 W35 Mcg Benke 32.71 W40 Luann Vanpeursen 29.74 W45 Cath CirinaCorsivo30.62 W50 Mary Casey 34.85 W55 Nonma Schilloff 43.98 W65 Helen Buene 41.36 W70+Pat Peterson 36.18	M40 Jim Cole M45 Bill Weigle M55 John Hurley M60 George Freema W35 Marilyn Brand 4x800m Relay M30 Miller/Arnese Pertak M40 Corridan/Tayl Rush M50 Williams/Stef Shea/Zimmerman M60 Meegan/Garrit Sullivan 4x400m Relay M40 Hopf/Rasmusse Heberger High Jump M30 Ken Schaumber M35 Scott Matthew M40 Mike Saafir M45 Dale Bosworth M50 Paul Gansle M55 Willie Lightf M60 Roger Burke M65 Tad Swanson M70 Ed Lukens W40 Marbry Cansle W50 Barbara Stewa W70 Pat Peterson Pole Vault M30 Cary Immesoet M35 Janes Beatty
M40 Chris Best 12.08 M45 Smokey Santillo 11.57 M55 Walt Thorne 13.28 M60 Andrew Branch 13.27 M65 Ed Cox 13.78 M70 Russell More 17.00 W30 Deb Szatko 15.41 W35 Cath CornellMcKeev15.41 W40 Luann VanPeursem 14.51 W45 Cath CirinaCorsivo14.88 W50 Mary Casey 16.31 W55 Norma Schiloff 19.68 W65 Verna Engstrom 22.60 W70 Pat Peterson 17.39 200m M30 Vinnie Goodman 24.31 M35 Ed Harris 23.70 M40 Chris Best 24.42 M45 Smokey Santillo 24.03 M50 Ron Johnson 24.62 M55 Ed Taft 27.89 M60 Fritz Schlereth 28.75 M65 Ed Cox 28.85 M70 Russell More 34.99 M75+Sidney Zecher 43.13 W30 Gabriell Yates 35.34 W35 Mcg Benke 32.71 W40 Luann Vanpeursen 29.74 W45 Cath CirinaCorsivo30.62 W50 Mary Casey 34.85 W55 Norma Schilloff 43.98 W65 Helen Buene 41.36 W70+Pat Peterson 36.18 400m M30 Vinnie Goodman 54.57	M40 Jim Cole M45 Bill Weigle M55 John Hurley M60 George Freema W35 Marilyn Brand 4x800m Relay M30 Miller/Arnese Pertak M40 Corridan/Tayl Rush M50 Williams/Stef Shea/Zimmerman M60 Meegan/Garrit Sullivan 4x400m Relay M40 Hopf/Rasmusse Heberger High Jump M30 Ken Schaumber M35 Scott Matthew M40 Mike Saafir M45 Dale Bosworth M50 Paul Gansle M55 Willie Lightf M60 Roger Burke M65 Tad Swanson M70 Ed Lukens W40 Marbry Gansle W50 Barbara Stewa W70 Fat Peterson Pole Vault M30 Cary Immesoet M35 James Beatty M40 Gray Watkins M45 James Trott M50 Turk Rauscher M55 David Rider
M40 Chris Best 12.08 M45 Smokey Santillo 11.57 M55 Walt Thorne 13.28 M60 Andrew Branch 13.27 M65 Ed Cox 13.78 M70 Russell More 17.00 W30 Deb Szatko 15.41 W35 Cath CornellMcKeev15.41 W40 Luann VanPeursem 14.51 W45 Cath CirinaCorsivol 4.88 W50 Mary Casey 16.31 W55 Norma Schiloff 19.68 W65 Verna Engstrom 22.60 W70 Pat Peterson 17.39 200m M30 Vinnie Goodman 24.31 M35 Ed Harris 23.70 M40 Chris Best 24.42 M45 Smokey Santillo 24.03 M50 Ron Johnson 24.62 M55 Ed Taft 27.89 M60 Fritz Schlereth 28.75 M65 Ed Cox 28.85 M70 Russell More 34.99 M75+Sidney Zecher 43.13 W30 Gubriell Yates 35.34 W35 Mcg Benke 32.71 W40 Luann Vanpeursen 29.74 W45 Cath CirinaCorsivo30.62 W55 Norma Schilloff 43.98 W60 Eina Hyer 41.89 W60 Eina Hyer 41.89 W65 Ikelen Buene 41.36 W70+Pat Peterson 36.18 400m M30 Vinnie Goodman 54.57 M35 Ben James 51.09	M40 Jim Cole M45 Bill Weigle M55 John Hurley M60 George Freema W35 Marilyn Brand 4x800m Relay M30 Miller/Arnese Pertak M40 Corridan/Tayl Rush M50 Williams/Stef Shea/Zimmerman M60 Meegan/Garrit Sullivan 4x400m Relay M40 Hopf/Rasmusse Heberger High Jump M30 Ken Schaumber M35 Scott Matthew M40 Mike Saafir M45 Dale Bosworth M50 Paul Gansle M55 Willie Lightf M60 Roger Burke M65 Tod Swanson M70 Ed Lukens W40 Marbry Gansle W50 Barbara Stewa W70 Pat Peterson Pole Vault M30 Cary Immesoet M35 James Beatty M40 Gray Watkins M45 James Trott M50 Tom Kauscher M450 Tom Kauscher
M40 Chris Best 12.08 M45 Smokey Santillo 11.57 M55 Walt Thorne 13.28 M60 Andrew Branch 13.27 M65 Ed Cox 13.78 M70 Russell More 17.00 W30 Deb Szatko 15.41 W35 Cath CornellMcKeev15.41 W40 Luann VanPeursem 14.51 W45 Cath CirinaCorsivo14.88 W50 Mary Casey 16.31 W55 Norma Schiloff 19.68 W65 Verna Engstrom 22.60 W70 Pat Peterson 17.39 200m M30 Vinnie Goodman 24.31 M35 Ed Harris 23.70 M40 Chris Best 24.42 M45 Smokey Santillo 24.03 M50 Ron Johnson 24.62 M55 Ed Taft 27.89 M60 Fritz Schlereth 28.75 M65 Ed Cox 28.85 M70 Russell More 34.99 M70 Russell More 34.99 M75+Sidney Zecher 43.13 W30 Gabriell Yates 35.34 W35 Mcg Benke 32.71 W40 Cath CirinaCorsivo30.62 W50 Mary Casey 34.85 W55 Nonna Schilloff 43.98 W65 Richen Buene 41.36 W70+Pat Peterson 36.18 M70M10 Vinnie Goodman 54.57 M35 Ben James 51.09 M40 Chas Swanekamp 55.33 M45 Jesse Norman 56.36	M40 Jim Cole M45 Bill Weigle M55 John Hurley M60 George Freema W35 Marilyn Brand 4x800m Relay M30 Miller/Arnese Pertak M40 Corridan/Tayl Rush M50 Williams/Stef Shea/Zimmerman M60 Meegan/Garrit Sullivan 4x400m Relay M40 Hopf/Rasmusse Heberger High Jump M30 Ken Schaumber M35 Scott Matthew M40 Mike Saafir M45 Dale Bosworth M50 Paul Gansle M55 Willie Lightf M60 Roger Burke M65 Tad Swanson M70 Ed Lukens W40 Marbry Gansle W50 Barbara Stewa W70 Fat Peterson Pole Vault M30 Cary Immesoet M35 James Beatty M40 Gray Walkins M45 James Trott M50 'Tom Rauscher M65 David Rider W50 Barbara Stewa Long Jump
M40 Chris Best 12.08 M45 Smokey Santillo 11.57 M55 Walt Thorne 13.28 M60 Andrew Branch 13.27 M65 Ed Cox 13.78 M70 Russell More 17.00 W30 Deb Szatko 15.41 W35 Cath CornellMcKeev15.41 W40 Luann VanPeursem 14.51 W45 Cath CirinaCorsivo14.88 W50 Mary Casey 16.31 W55 Norma Schiloff 19.68 W65 Verna Engstrom 22.60 W70 Pat Peterson 17.39 200m M30 Vinnie Goodman 24.31 M35 Ed Harris 23.70 M40 Chris Best 24.42 M45 Smokey Santillo 24.03 M50 Ron Johnson 24.62 M55 Ed Taft 27.89 M60 Fritz Schlereth 28.75 M65 Ed Cox 28.85 M70 Russell More 34.99 M75+Sidney Zecher 43.13 W30 Gabriell Yates 35.34 W35 Mcg Benke 32.71 W40 Luann Vanpeursen 29.74 W45 Cath CirinaCorsivo30.62 W50 Mary Casey 34.85 W55 Norma Schilloff 43.98 W65 Ikelen Buene 41.36 W70+Pat Peterson 36.18 400m M30 Vinnie Goodman 54.57 M35 Ben James 51.09 M40 Chas Swanekamp 55.33 M45 Jesse Norman 56.36	M40 Jim Cole M45 Bill Weigle M55 John Hurley M60 George Freema W35 Marilyn Brand 4x800m Relay M30 Miller/Arnese Pertak M40 Corridan/Tayl Rush M50 Williams/Stef Shea/Zimmerman M60 Meegan/Garrit Sullivan 4x400m Relay M40 Hopf/Rasmusse Heberger High Jump M30 Ken Schaumber M35 Scott Matthew M40 Mike Saafir M45 Dale Bosworth M50 Paul Gansle M55 Willie Lightf M60 Royer Burke M65 Tod Swanson M70 Ed Lukens W40 Marbry Gansle W50 Barbara Stewa W70 Pat Peterson Pole Vault M30 Cary Immesoet M35 James Beatty M40 Gray Watkins M45 James Trott M50 Tom Kauscher M55 David Rider M55 David Rider M55 David Rider M55 Darbara Stewa Long Jump M35 Derrick Jacks M40 Mike Saafir
M40 Chris Best 12.08 M45 Smokey Santillo 11.57 M55 Walt Thorne 13.28 M60 Andrew Branch 13.27 M65 Ed Cox 13.78 M70 Russell More 17.00 W30 Deb Szatko 15.41 W35 Cath CornellMcKeev15.41 W40 Luann VanPeursem 14.51 W45 Cath CirinaCorsivo14.88 W50 Mary Casey 16.31 W55 Norma Schiloff 19.68 W65 Verna Engstrom 22.60 W70 Pat Peterson 17.39 200m M30 Vinnie Goodman 24.31 M35 Ed Harris 23.70 M40 Chris Best 24.42 M45 Smokey Santillo 24.03 M50 Ron Johnson 24.62 M55 Ed Taft 27.89 M60 Fritz Schlereth 28.75 M65 Ed Cox 28.85 M70 Russell More 34.99 M75+Sidney Zecher 43.13 W30 Gubriell Yates 35.34 W35 Mcg Benke 32.71 W40 Luann Vanpeursem 29.74 W40 Luann Vanpeursem 29.74 W45 Cath CirinaCorsivo30.62 W50 Mary Casey 34.85 W55 Norma Schilloff 43.98 W65 Relen Buene 41.36 W70+Pat Peterson 36.18 M00m M30 Vinnie Goodman 54.57 M35 Ben James 51.09 M40 Chas Swanekamp M60 Fritz Schlereth 55.33 M50 Ron Johnson 57.16 M55 John Allen 62.29 M40 Fritz Schlereth 53.56	M40 Jim Cole M45 Bill Weigle M55 John Hurley M60 George Freema W35 Marilyn Brand 4x800m Relay M30 Miller/Arnese Pertak M40 Corridan/Tayl Rush M50 Williams/Stef Shea/Zimmerman M60 Meegan/Garrit Sullivan 4x400m Relay M40 Hopf/Rasmusse Heberger High Jump M30 Kcn Schaumber M35 Soott Matthew M40 Mike Saafir M45 Dale Bosworth M50 Paul Gansle M55 Willie Lightf M60 Roger Burke M65 Ted Swanson M70 Ed Lukens W40 Marbry Gansle W50 Barbara Stewa W70 Pat Peterson Pole Vault M30 Cary Immesoet M35 James Beatty M40 Gray Watkins M40 Gray Watkins M50 Jumes Matcher M65 David Rider W50 Barbara Stewa Long Jump M35 Derrick Jacks M40 Mike Saafir M50 Mike Milove
M40 Chris Best 12.08 M45 Smokey Santillo 11.57 M55 Walt Thorne 13.28 M60 Andrew Branch 13.27 M65 Ed Cox 13.78 M70 Russell More 17.00 W30 Deb Szatko 15.41 W35 Cath CornellMcKeev15.41 W40 Luann VanPeursem 14.51 W45 Cath CirinaCorsivol 4.88 W50 Mary Casey 16.31 W55 Norma Schiloff 19.68 W65 Verna Engstrom 22.60 W70 Pat Peterson 17.39 200m M30 Vinnie Goodman 24.31 M35 Ed Harris 23.70 M40 Chris Best 24.42 M45 Smokey Santillo 24.03 M50 Ron Johnson 24.62 M55 Ed Taft 27.89 M60 Fritz Schlereth 28.75 M65 Ed Cox 28.85 M70 Russell More 34.99 M75+Sidney Zecher 43.13 W30 Gubriell Yates 35.34 W35 Mcg Benke 32.71 W40 Luann Vanpeursen 29.74 W45 Cath CirinaCorsivo30.62 W55 Norma Schilloff 43.98 W60 Eina Hyer 41.89 W60 Eina Hyer 41.89 W65 Helen Buene 41.36 W70+Pat Peterson 36.18 400m M30 Vinnie Goodman 54.57 M35 Ben James 51.09 M40 Chas Swanekamp 55.33 M45 Jesse Norman 56.36 M55 John Allen 62.29 M60 Fritz Schlereth 63.56 M75+Sidney Zecher 97.04	M40 Jim Cole M45 Bill Weigle M55 John Hurley M60 George Freema W35 Marilyn Brand 4x800m Relay M30 Miller/Arnese Pertak M40 Corridan/Tayl Rush M50 Williams/Stef Shea/Zimmerman M60 Meegan/Garrit Sullivan 4x400m Relay M40 Hopf/Rasmusse Heberger High Jump M30 Ken Schaumber M35 Scott Matthew M40 Mike Saafir M45 Dale Bosworth M50 Paul Gansle M55 Willie Lightf M60 Roger Burke M65 Tad Swanson M70 Ed Lukens W40 Marbry Gansle W50 Barbara Stewa W70 Fat Peterson Pole Vault M30 Cary Immesoet M35 James Trott M50 Tom Rauscher M65 David Rider W50 Barbara Stewa Long Jump M35 Derrick Jacks M40 Mike Saafir M50 Wike Saafir M50 Mike Milove M55 Ed Kent
M40 Chris Best 12.08 M45 Smokey Santillo 11.57 M55 Walt Thorne 13.28 M60 Andrew Branch 13.27 M65 Ed Cox 13.78 M70 Russell More 17.00 W30 Deb Szatko 15.41 W35 Cath CornellMcKeev15.41 W40 Luann VanPeursem 14.51 W45 Cath CirinaCorsivo14.88 W50 Mary Casey 16.31 W55 Norma Schiloff 19.68 W65 Verna Engstrom 22.60 W70 Pat Peterson 17.39 200m M30 Vinnie Goodman 24.31 M35 Ed Harris 23.70 M40 Chris Best 24.42 M45 Smokey Santillo 24.03 M50 Ron Johnson 24.62 M55 Ed Taft 27.89 M60 Fritz Schlereth 28.75 M65 Ed Cox 28.85 M70 Russell More 34.99 M75+Sidney Zecher 43.13 W30 Gabriell Yates 35.34 W35 Mcg Benke 32.71 W40 Luann Vanpeursen 29.74 W45 Cath CirinaCorsivo30.62 W50 Mary Casey 34.85 W55 Norma Schilloff 43.98 W65 Ikelen Buene 41.36 W70+Pat Peterson 36.18 400m M30 Vinnie Goodman 54.57 M35 Ben James 51.09 M40 Chas Swanekamp 55.33 M45 Jesse Norman 56.36 M50 Ron Johnson 57.16 M55 John Allen 62.29 M60 Fritz Schlereth 63.56 M75+Sidney Zecher 97.04 W30 Gabriell Yates 85.54	M40 Jim Cole M45 Bill Weigle M55 John Hurley M60 George Freema W35 Marilyn Brand 4x800m Relay M30 Miller/Arnese Pertak M40 Corridan/Tayl Rush M50 Williams/Stef Shea/Zimmerman M60 Meegan/Garrit Sullivan 4x400m Relay M40 Hopf/Rasmusse Heberger High Jump M30 Ken Schaumber M35 Scott Matthew M40 Mike Saafir M45 Dale Bosworth M50 Paul Gansle M55 Willie Lightf M60 Roger Burke M65 Tod Swanson M70 Ed Lukens W40 Marbry Gansle W50 Barbara Stewa W70 Pat Peterson Pole Vault M30 Cary Immesoet M35 James Beatty M40 Gray Watkins M45 James Trott M50 Tom Kauscher M55 Usrbara Stewa Long Jump M35 Derrick Jacks M40 Mike Saafir M50 Mike Milove M55 Ed Kent M70 Ed Lukens W40 Mike Saafir M50 Mike Milove M55 Ed Kent M70 Ed Lukens W35 Lagie Swanson
M40 Chris Best 12.08 M45 Smokey Santillo 11.57 M55 Walt Thorne 13.28 M60 Andrew Branch 13.27 M65 Ed Cox 13.78 M70 Russell More 17.00 W30 Deb Szatko 15.41 W35 Cath CornellMcKeev15.41 W40 Luann VanPeursem 14.51 W45 Cath CirinaCorsivol 4.88 W50 Mary Casey 16.31 W55 Norma Schiloff 19.68 W65 Verna Engstrom 22.60 W70 Pat Peterson 17.39 200m M30 Vinnie Goodman 24.31 M35 Ed Harris 23.70 M40 Chris Best 24.42 M45 Smokey Santillo 24.03 M50 Ron Johnson 24.62 M55 Ed Taft 27.89 M60 Fritz Schlereth 28.75 M65 Ed Cox 28.85 M70 Russell More 34.99 M75+Sidney Zecher 43.13 W30 Gabriell Yates 35.34 W35 Mcg Benke 32.71 W40 Luann Vanpeursen 29.74 W45 Cath CirinaCorsivo30.62 W55 Norma Schilloff 43.98 W65 Nelelen Buene 41.36 W70+Pat Peterson 36.18 M00m M30 Vinnie Goodman 54.57 M35 Ben James 51.09 M40 Chas Swanekamp 55.33 M45 Jesse Norman 56.36 M50 Ron Johnson 57.16 M55 John Allen 62.29 M60 Gabriell Yates 85.54 W40 Darbie McCulbbin 68.28 W50 Gabriell Yates 85.54 W40 Darbie McCulbbin 68.28	M40 Jim Cole M45 Bill Weigle M55 John Hurley M60 George Freema W35 Marilyn Brand 4x800m Relay M30 Miller/Arnese Pertak M40 Corridan/Tayl Rush M50 Williams/Stef Shea/Zimmerman M60 Meegan/Garrit Sullivan 4x400m Relay M40 Hopf/Rasmusse Heberger High Jump M30 Ken Schaumber M35 Scott Matthew M40 Mike Saafir M45 Dale Bosworth M50 Paul Gansle M55 Willie Lightf M60 Royer Burke M65 Ted Swanson M70 Ed Lukens W40 Marbry Gansle W50 Barbara Stewa W70 Pat Peterson Pole Vault M30 Cary Immesoet M35 James Trott M40 Gray Watkins M45 James Trott M50 Tem Kauscher M65 David Rider W50 Barbara Stewa Long Jump M35 Derrick Jacks M40 Mike Saafir M50 Mike Milove M55 Eil Kent M70 Ed Lukens W35 Lagie Swanson W40 Marbry Gansle
M40 Chris Best 12.08 M45 Smokey Santillo 11.57 M55 Walt Thorne 13.28 M60 Andrew Branch 13.27 M65 Ed Cox 13.78 M70 Russell More 17.00 W30 Deb Szatko 15.41 W35 Cath CornellMcKeev15.41 W40 Luann VanPeursem 14.51 W45 Cath CirinaCorsivo14.88 W50 Mary Casey 16.31 W55 Norma Schiloff 19.68 W65 Verna Engstrom 22.60 W70 Pat Peterson 17.39 200m M30 Vinnie Goodman 24.31 M35 Ed Harris 23.70 M40 Chris Best 24.42 M45 Smokey Santillo 24.03 M50 Ron Johnson 24.62 M55 Ed Taft 27.89 M60 Fritz Schlereth 28.75 M65 Ed Cox 28.85 M70 Russell More 34.99 M75+Sidney Zecher 43.13 W30 Gabriell Yates 35.34 W35 Mcg Benke 32.71 W40 Luann Vanpeursen 29.74 W45 Cath CirinaCorsivo30.62 W55 Norma Schilloff 43.98 W65 Relen Buene 41.36 W70+Pat Peterson 36.18 400m M30 Vinnie Goodman 41.36 W70+Pat Peterson 36.18 400m M30 Vinnie Goodman 54.57 M35 Ben James 51.09 M40 Chas Swanekamp 55.33 M45 Jesse Norman 56.36 M50 Ron Johnson 57.16 M55 John Allen 62.29 M60 Fritz Schlereth 63.56 M75+Sidney Zecher 97.04 W30 Gabriell Yates 85.54 W40 Parbie McCubbin 68.28 W50 Mary Casey 79.26 W65 Helen Buene 89.81	M40 Jim Cole M45 Bill Weigle M55 John Hurley M60 George Freema W35 Marilyn Brand 4x800m Relay M30 Miller/Arnese Pertak M40 Corridan/Tayl Rush M50 Williams/Stef Shea/Zimmerman M60 Meegan/Garrit Sullivan 4x400m Relay M40 Hopf/Rasmusse Heberger High Jump M30 Ken Schaumber M35 Scott Matthew M40 Mike Saafir M45 Dale Bosworth M50 Paul Gansle M55 Willie Lightf M60 Roger Burke M65 Tad Swanson M70 Ed Lukens W40 Marbry Gansle W50 Barbara Stewa W70 Fat Peterson Pole Vault M30 Cary Immesoet M35 James Beatty M40 Gray Watkins M45 James Trott M50 Tom Rausche M55 Willie Lightf M50 Tom Rausche M50 Tom Rausch M50 Tom Rausch M50 Watkins M45 James Trott M50 Tom Rausch M50 Watkins M45 James Beatty M40 Gray Watkins M45 James Beatty M50 Barbara Stewa Long Jump M35 Derrick Jacks M40 Mike Saafir M50 Mike Milove M55 Ed Kent M70 Ed Lukens W35 Lagie Swanson W40 Marbry Gansle W50 Barbara Stewa W50 Barbara Stewa
M40 Chris Best 12.08 M45 Smokey Santillo 11.57 M55 Walt Thorne 13.28 M60 Andrew Branch 13.27 M65 Ed Cox 13.78 M70 Russell More 17.00 W30 Deb Szatko 15.41 W35 Cath CornellMcKeev15.41 W40 Luann VanPeursem 14.51 W45 Cath CirinaCorsivo14.88 W50 Mary Casey 16.31 W55 Norma Schiloff 19.68 W65 Verna Engstrom 22.60 W70 Pat Peterson 17.39 200m M30 Vinnie Goodman 24.31 M35 Ed Harris 23.70 M40 Chris Best 24.42 M45 Smokey Santillo 24.03 M50 Ron Johnson 24.62 M55 Ed Taft 27.89 M60 Fritz Schlereth 28.75 M65 Ed Cox 28.85 M70 Russell More 34.99 M75+Sidney Zecher 31.3 W35 M35 M36 Behke 32.71 W40 Luann Vanpeursen 29.74 W45 Cath CirinaCorsivo30.62 W50 Mary Casey 34.85 W55 Norma Schilloff 43.98 W60 Edna Hyer 41.89 W60 Edna Hyer 41.89 W65 Helen Buene 41.36 W70+Pat Peterson 56.36 M50 Ron Johnson 57.16 M55 John Allen 62.29 M60 Fritz Schlereth 63.56 M75+Sidney Zecher 97.04 W35 Desse Norman 56.36 M50 Ron Johnson 57.16 M55 John Allen 62.29 M60 Fritz Schlereth 63.56 M75+Sidney Zecher 97.04 W36 Gabriell Yates 85.54 W40 Darbie McCubbin 68.28 W50 Mary Casey 79.26 W50 Helen Buene 89.81 W70+Pat Peterson 93.59	M40 Jim Cole M45 Bill Weigle M55 John Hurley M60 George Freema W35 Marilyn Brand 4x800m Relay M30 Miller/Arnese Pertak M40 Corridan/Tayl Rush M50 Williams/Stef Shea/Zimmerman M60 Meegan/Garrit Sullivan 4x400m Relay M40 Hopf/Rasmusse Heberger High Jump M30 Kcn Schaumber M35 Soott Matthew M40 Mike Saafir M45 Dale Bosworth M50 Paul Gansle M55 Willie Lightf M60 Roger Burke M65 Ted Swanson M70 Ed Lukens W40 Marbry Gansle W50 Barbara Stewa W70 Fat Peterson Pole Vault M30 Cary Immesoet M35 James Beatty M40 Gray Watkins M55 James Beatty M40 Gray Watkins M55 James Trott M50 Tom Rauscher M65 David Rider W50 Barbara Stewa Long Jump M35 Derrick Jacks M40 Mike Saafir M50 Mike Milove M55 Ed Kent M70 Ed Lukens W40 Marbry Gansle W50 Barbara Stewa Long Jump M35 Derrick Jacks M40 Mike Saafir M50 Mike Milove M55 Ed Kent M70 Ed Lukens W35 Lagie Swansor W40 Marbry Gansle W55 Dortha Swansor Triple Jump
M40 Chris Best 12.08 M45 Smokey Santillo 11.57 M55 Walt Thorne 13.28 M60 Andrew Branch 13.27 M65 Ed Cox 13.78 M70 Russell More 17.00 W30 Deb Szatko 15.41 W35 Cath CornellMcKeev15.41 W40 Luann VanPeursem 14.51 W45 Cath CirinaCorsivo14.88 W50 Mary Casey 16.31 W55 Norma Schiloff 19.68 W65 Verna Engstrom 22.60 W70 Pat Peterson 17.39 200m M30 Vinnie Goodman 24.31 M35 Ed Harris 23.70 M40 Chris Best 24.42 M45 Smokey Santillo 24.03 M50 Ron Johnson 24.62 M55 Ed Taft 27.89 M60 Fritz Schlereth 28.75 M65 Ed Cox 28.85 M70 Russell More 34.99 M75+Sidney Zecher 43.13 W30 Gabriell Yates 35.34 W35 Mog Benke 32.71 W40 Luann Vanpeursem 29.74 W45 Cath CirinaCorsivo30.62 W50 Mary Casey 34.85 W55 Norma Schilloff 43.98 W65 Relen Buene 41.36 W70+Pat Peterson 36.18 M00m M30 Vinnie Goodman 54.57 M35 Ben James 51.09 M40 Chas Swanekamp 55.33 M45 Jesse Norman 56.36 M50 Ron Johnson 57.16 M55 John Allen 62.29 M40 Chas Swanekamp 55.33 M45 Jesse Norman 56.36 M50 Ron Johnson 57.16 M55 John Allen 62.29 M40 Charbie McCubbin 68.28 W50 Mary Casey 79.26 W40 Darbie McCubbin 68.28 W50 Mary Casey 79.26 W40 Darbie McCubbin 68.28 W50 Mary Casey 79.26 W65 Relen Buene 89.81 W70+Pat Peterson 93.59	M40 Jim Cole M45 Bill Weigle M55 John Hurley M60 George Freema W35 Marilyn Brand 4x800m Relay M30 Miller/Armese Pertak M40 Corridan/Tayl Rush M50 Williams/Stef Shea/Zimmerman M60 Meegan/Garrit Sullivan 4x400m Relay M40 Hopf/Rasmusse Heberger High Jump M30 Ken Schaumber M35 Scott Matthew M40 Mike Saafir M45 Dale Bosworth M50 Paul Gansle M55 Willie Lightf M60 Roger Burke M65 Tod Swanson M70 Ed Lukens W40 Marbry Gansle W50 Barbara Stewa W70 Fat Peterson Pole Vault M30 Cary Immesoet M35 James Heatty M40 Gray Watkins M45 James Trott M50 Tom Rauschen M50 Barbara Stewa Long Jump M35 Dorrick Jacks M40 Mike Saafir M50 Mike Milove M55 Ed Kent M70 Ed Lukens W35 Lagie Swanson W40 Marbry Gansle W50 Barbara Stewa Long Jump M35 Dorrick Jacks M40 Mike Saafir M50 Mike Milove M55 Ed Kent M70 Ed Lukens W35 Lagie Swanson W40 Marbry Gansle W50 Barbara Stewa W55 Dortha Swanson Triple Jump
M40 Chris Best 12.08 M45 Smokey Santillo 11.57 M55 Walt Thorne 13.28 M60 Andrew Branch 13.27 M65 Ed Cox 13.78 M70 Russell More 17.00 W30 Deb Szatko 15.41 W35 Cath CornellMcKeev15.41 W40 Luann VanPeursem 14.51 W45 Cath CirinaCorsivo14.88 W50 Mary Casey 16.31 W55 Norma Schiloff 19.68 W65 Verna Engstrom 22.60 W70 Pat Peterson 17.39 200m M30 Vinnie Goodman 24.31 M35 Ed Harris 23.70 M40 Chris Best 24.42 M45 Smokey Santillo 24.03 M50 Ron Johnson 24.62 M55 Ed Taft 27.89 M60 Fritz Schlereth 28.75 M65 Ed Cox 28.85 M70 Russell More 34.99 M75+Sidney Zecher 33.13 W35 Mcg Benke 32.71 W40 Luann Vanpeursem 29.74 W45 Cath CirinaCorsivo30.62 W50 Mary Casey 34.85 W55 Norma Schilloff 43.98 W60 Edna Hyer 41.89 W60 Edna Hyer 41.89 W60 Edna Hyer 41.89 W60 Edna Hyer 41.89 W60 Edna Hyer 55.33 M45 Jesse Norman 56.36 M70 Rus Swanekamp 55.33 M45 Jesse Norman 56.36 M50 Ron Johnson 57.16 M55 John Allen 62.29 M60 Fritz Schlereth 63.56 M75+Sidney Zecher 97.04 W30 Gabriell Yates 85.54 W30 Gabriell Sales 85.54	M40 Jim Cole M45 Bill Weigle M55 John Hurley M60 George Freema W35 Marilyn Brand 4x800m Relay M30 Miller/Arnese Pertak M40 Corridan/Tayl Rush M50 Williams/Stef Shea/Zimmerman M60 Meegan/Garrit Sullivan 4x400m Relay M40 Hopf/Rasmusse Heberger High Jump M30 Ken Schaumber M35 Scott Matthew M40 Mike Saafir M45 Dale Bosworth M50 Paul Gansle M55 Willie Lightf M60 Royer Burke M65 Tod Swanson M70 Ed Lukens W40 Marbry Gansle W50 Barbara Stewa W70 Pat Peterson Pole Vault M30 Cary Immesoet M35 James Beatty M40 Gray Watkins M45 James Trott M50 Tom Kauscher M65 David Rider W50 Ibarbara Stewa W70 Pat Peterson Pole Vault M30 Cary Immesoet M35 James Beatty M40 Gray Watkins M45 James Trott M50 Tom Kauscher M65 David Rider W50 Ibarbara Stewa W50 Mike Saafir M50 Mike Milove M55 Ed Lukens W35 Lagie Swanson W40 Marbry Gansle W55 Dortha Swansor W40 Marbry Gansle W55 Dortha Swansor W40 Mike Sayers M50 Norm Chamblis M50 Rorm Chamblis
M40 Chris Best 12.08 M45 Smokey Santillo 11.57 M55 Walt Thorne 13.28 M60 Andrew Branch 13.27 M65 Ed Cox 13.78 M70 Russell More 17.00 W30 Deb Szatko 15.41 W35 Cath CornellMcKeev15.41 W40 Luann VanPeursem 14.51 W45 Cath CirinaCorsivo14.88 W50 Mary Casey 16.31 W55 Norma Schiloff 19.68 W65 Verna Engstrom 22.60 W70 Pat Peterson 17.39 200m M30 Vinnie Goodman 24.31 M35 Ed Harris 23.70 M40 Chris Best 24.42 M45 Smokey Santillo 24.03 M50 Ron Johnson 24.62 M55 Ed Taft 27.89 M60 Fritz Schlereth 28.75 M65 Ed Cox 28.85 M70 Russell More 34.99 M70 Russell More 34.99 M75+Sidney Zecher 43.13 W30 Gabriell Yates 35.34 W35 Meg Benke 32.71 W40 Cath CirinaCorsivo30.62 W50 Mary Casey 34.85 W55 Nonna Schilloff 43.98 W60 Edna Hyer 41.89 W65 Richen Buene 41.36 W70+Pat Peterson 36.18 M70m M30 Vinnie Goodman 54.57 M35 Ben James 51.09 M40 Chas Swanekamp 55.33 M45 Jesse Norman 56.36 M50 Ron Johnson 57.16 M55 John Allen 62.29 M65 Fritz Schlereth 63.56 M75+Sidney Zecher 97.04 W30 Gabriell Yates 85.34 W40 Darbie McCubbin 68.28 W50 Mary Casey 79.26 W65 Rendam Jackson 2:01.64 W30 Tim Hoff 2:06.7 M35 Brendam Jackson 2:01.64 M40 Mark Caldwell 2:07.61	M40 Jim Cole M45 Bill Weigle M55 John Hurley M60 George Freema W35 Marilyn Brand 4x800m Relay M30 Miller/Armese Pertak M40 Corridan/Tayl Rush M50 Williams/Stef Shea/Zimmerman M60 Meegan/Garrit Sullivan 4x400m Relay M40 Hopf/Rasmusse Heberger High Jump M30 Ken Schaumber M35 Scott Matthew M40 Mike Saafir M45 Dale Bosworth M50 Paul Gansle M55 Willie Lightf M60 Roger Burke M65 Ted Swanson M70 Ed Lukens W40 Marbry Gansle W50 Barbara Stewa W70 Fat Peterson Pole Vault M30 Cary Immesoet M35 James Beatty M40 Gray Watkins M45 James Trott M50 Tom Rauschen M50 Barbara Stewa Long Jump M35 Dorrick Jacks M40 Mike Saafir M50 Mike Milove M55 Ed Kent M70 Ed Lukens W35 Lagie Swanson W40 Marbry Gansle W50 Barbara Stewa Long Jump M35 Dorrick Jacks M40 Mike Saafir M50 Mike Milove M55 Ed Kent M70 Ed Lukens W35 Lagie Swansor W40 Marbry Gansle W50 Barbara Stewa Long Jump M40 Mike Sayers M50 Norm Chamblis M55 Willie Lightf M60 Ron Pooples
M40 Chris Best 12.08 M45 Smokey Santillo 11.57 M55 Walt Thorne 13.28 M60 Andrew Branch 13.27 M65 Ed Cox 13.78 M70 Russell More 17.00 W30 Deb Szatko 15.41 W35 Cath CornellMcKeev15.41 W40 Luann VanPeursem 14.51 W45 Cath CirinaCorsivol4.88 W50 Mary Casey 16.31 W55 Norma Schiloff 19.68 W65 Verna Engstrom 22.60 W70 Pat Peterson 17.39 200m M30 Vinnie Goodman 24.31 M35 Ed Harris 23.70 M40 Chris Best 24.42 M45 Smokey Santillo 24.03 M50 Ron Johnson 24.62 M55 Ed Taft 27.89 M60 Fritz Schlereth 28.75 M65 Ed Cox 28.85 M70 Russell More 43.99 M75+Sidney Zecher 43.13 W35 Mcg Benke 32.71 W40 Luann Vanpeursem 29.74 W45 Cath CirinaCorsivo30.62 W50 Mary Casey 34.85 W55 Norma Schilloff 43.98 W60 Edna Hyer 41.89 W60 Edna Hyer 41.89 W60 Edna Hyer 41.89 W60 Edna Hyer 41.89 W60 Edna Hyer 55.33 M45 Jesse Norman 56.36 M70-Pat Peterson 57.16 M55 John Allen 62.29 M60 Fritz Schlereth 63.56 M75+Sidney Zecher 97.04 W30 Gabriell Yates 85.54 W30 Fritz Schlereth M75+Sidney Zecher 97.04 W30 Gabriell Yates 85.54	M40 Jim Cole M45 Bill Weigle M55 John Hurley M60 George Freema W35 Marilyn Brand 4x800m Relay M30 Miller/Arnese Pertak M40 Corridan/Tayl Rush M50 Williams/Stef Shea/Zimmerman M60 Meegan/Garrit Sullivan 4x400m Relay M40 Hopf/Rasmusse Heberger High Jump M30 Ken Schaumber M35 Scott Matthew M40 Mike Saafir M45 Dale Bosworth M50 Paul Gansle M55 Willie Lightf M60 Roger Burke M65 Tod Swanson M70 Ed Lukens W40 Marbry Gansle W50 Barbara Stewa W70 Pat Peterson Pole Vault M30 Cary Immesoet M35 James Trott M50 Tom Kauscher M55 James Trott M50 Tom Kauscher M55 Darick Jacks M40 Mike Saafir M50 Mike Milove M55 Ed Kent M70 Ed Lukens W35 Lagie Swanson W40 Marbry Gansle W50 Barbara Stewa Long Jump M35 Lagie Swanson W40 Marbry Gansle W50 Barbara Stewa Long Jump M35 Lagie Swansor W40 Marbry Gansle W50 Barbara Stewa W55 Dortha Swansor Triple Jump M40 Mike Sayers M50 Norm Chamblis M55 Willie Lightf M60 Ron Pooples M65 Tod Swanson
M40 Chris Best 12.08 M45 Smokey Santillo 11.57 M55 Walt Thorne 13.28 M60 Andrew Branch 13.27 M65 Ed Cox 13.78 M70 Russell More 17.00 W30 Deb Szatko 15.41 W35 Cath CornellMcKeev15.41 W40 Luann VanPeursem 14.51 W45 Cath CirinaCorsivol4.88 W50 Mary Casey 16.31 W55 Norma Schiloff 19.68 W65 Verna Engstrom 22.60 W70 Pat Peterson 17.39 200m M30 Vinnie Goodman 24.31 M35 Ed Harris 23.70 M40 Chris Best 24.42 M45 Smokey Santillo 24.03 M50 Ron Johnson 24.62 M55 Ed Taft 27.89 M60 Fritz Schlereth 28.75 M65 Ed Cox 28.85 M70 Russell More 43.99 M75+Sidney Zecher 43.13 W35 Mcg Benke 32.71 W40 Luann Vanpeursem 29.74 W45 Cath CirinaCorsivo30.62 W50 Mary Casey 34.85 W55 Norma Schilloff 43.98 W60 Edna Hyer 41.89 W60 Edna Hyer 41.89 W60 Edna Hyer 41.89 W60 Edna Hyer 41.89 W60 Edna Hyer 55.33 M45 Jesse Norman 56.36 M70-Pat Peterson 57.16 M55 John Allen 62.29 M60 Fritz Schlereth 63.56 M75+Sidney Zecher 97.04 W30 Gabriell Yates 85.54 W30 Fritz Schlereth M75+Sidney Zecher 97.04 W30 Gabriell Yates 85.54	M40 Jim Cole M45 Bill Weigle M55 John Hurley M60 George Freema W35 Marilyn Brand 4x800m Relay M30 Miller/Arnese Pertak M40 Corridan/Tayl Rush M50 Williams/Stef Shea/Zimmerman M60 Meegan/Garrit Sullivan 4x400m Relay M40 Hopf/Rasmusse Heberger High Jump M30 Kcn Schaumber M35 Scott Matthew M40 Mike Saafir M45 Dale Bosworth M50 Paul Gansle M55 Willie Lightf M60 Roger Burke M65 Ted Swanson M70 Ed Lukens W40 Marbry Gansle W50 Barbara Stewa W70 Tat Peterson Pole Vault M30 Cary Immesoet M35 James Beatty M40 Gray Watkins M50 Tem Kauscher M50 Tem Kausche
M40 Chris Best 12.08 M45 Smokey Santillo 11.57 M55 Walt Thorne 13.28 M60 Andrew Branch 13.27 M65 Ed Cox 13.78 M70 Russell More 17.00 W30 Deb Szatko 15.41 W35 Cath CornellMcKeev15.41 W40 Luann VanPeursem 14.51 W45 Cath CirinaCorsivo14.88 W50 Mary Casey 16.31 W55 Norma Schiloff 19.68 W65 Verna Engstrom 22.60 W70 Pat Peterson 17.39 200m M30 Vinnie Goodman 24.31 M35 Ed Harris 23.70 M40 Chris Best 24.42 M45 Smokey Santillo 24.03 M50 Ron Johnson 24.62 M55 Ed Taft 27.89 M60 Fritz Schlereth 28.75 M65 Ed Cox 28.85 M70 Russell More 34.99 M75+Sidney Zecher 43.13 W30 Gabriell Yates 35.34 W35 Mcg Benke 32.71 W40 Luann Vanpeursen 29.74 W45 Cath CirinaCorsivo30.62 W55 Norna Schilloff 43.98 W65 Relen Buene 41.36 W70+Pat Peterson 36.18 400m M30 Vinnie Goodman 54.57 M35 Ben James 51.09 M40 Chas Swanekamp 55.33 M45 Jesse Norman 56.36 M70 Rissell Yates 97.04 W65 Ikelen Buene 41.86 W70+Pat Peterson 98.98 M75 Sobriell Yates 97.04 W30 Gabriell Yates 98.81 W70+Pat Peterson 93.59 W00m M30 'Tim Hoff 2:06.7 M35 Brendan Jackson 2:01.64 M40 Mark Caldwell 2:07.61 M45 Duane Green 2:10.43 M50 Don Masterson 2:22.44 M55 John Allen 2:22.61 M60 Cliff Pauling 2:25.43	M40 Jim Cole M45 Bill Weigle M55 John Hurley M60 George Freema W35 Marilyn Brand 4x800m Relay M30 Miller/Arnese Pertak M40 Corridan/Tayl Rush M50 Williams/Stef Shea/Zimmerman M60 Meegan/Garrit Sullivan 4x400m Relay M40 Hopf/Rasmusse Heberger High Jump M30 Ken Schaumber M35 Scott Matthew M40 Mike Saafir M45 Dale Bosworth M50 Paul Gansle M55 Willie Lightf M60 Roger Burke M65 Tod Swanson M70 Ed Lukens W40 Marbry Gansle W50 Barbara Stewa W70 Fat Peterson Pole Vault M30 Cary Immesoet M35 James Beatty M40 Gray Watkins M45 James Trott M50 Tom Rausche M55 Willie Lightf M50 Mike Saafir M50 Mike Milove M55 Ed Kent M70 Ed Lukens W35 Lagie Swanson W40 Marbry Gansle W50 Barbara Stewa Long Jump M35 Derrick Jacks M40 Mike Saafir M50 Mike Milove M55 Ed Kent M70 Ed Lukens W35 Lagie Swanson W40 Marbry Gansle W55 Dortha Swanson W40 Marbry Gansle W50 Barbara Stewa W55 Dortha Swanson M40 Mike Sayers M50 Norm Chamblis M55 Willie Lightf M60 Ron Peoples M65 Ted Swanson M70 Ed Lukens M51 Tid Swanson M70 Ed Lukens
M40 Chris Best 12.08 M45 Smokey Santillo 11.57 M55 Walt Thorne 13.28 M60 Andrew Branch 13.27 M65 Ed Cox 13.78 M70 Russell More 17.00 W30 Deb Szatko 15.41 W35 Cath CornellMcKeev15.41 W40 Luann VanPeursem 14.51 W45 Cath CirinaCorsivo14.88 W50 Mary Casey 16.31 W55 Norma Schiloff 19.68 W65 Verna Engstrom 22.60 W70 Pat Peterson 17.39 200m M30 Vinnie Goodman 24.31 M35 Ed Harris 23.70 M40 Chris Best 24.42 M45 Smokey Santillo 24.03 M50 Ron Johnson 24.62 M55 Ed Taft 27.89 M60 Fritz Schlereth 28.75 M65 Ed Cox 28.85 M70 Russell More 34.99 M75+Sidney Zecher 43.13 W30 Gabriell Yates 35.34 W35 Mcg Benke 32.71 W40 Luann Vanpeursen 29.74 W45 Cath CirinaCorsivo30.62 W55 Norna Schilloff 43.98 W65 Relen Buene 41.36 W70+Pat Peterson 36.18 400m M30 Vinnie Goodman 54.57 M35 Ben James 51.09 M40 Chas Swanekamp 55.33 M45 Jesse Norman 56.36 M70 Rissell Yates 97.04 W65 Ikelen Buene 41.86 W70+Pat Peterson 98.98 M75 Sobriell Yates 97.04 W30 Gabriell Yates 98.81 W70+Pat Peterson 93.59 W00m M30 'Tim Hoff 2:06.7 M35 Brendan Jackson 2:01.64 M40 Mark Caldwell 2:07.61 M45 Duane Green 2:10.43 M50 Don Masterson 2:22.44 M55 John Allen 2:22.61 M60 Cliff Pauling 2:25.43	M40 Jim Cole M45 Bill Weigle M55 John Hurley M60 George Freema W35 Marilyn Brand 4x800m Relay M30 Miller/Arnese Pertak M40 Corridan/Tayl Rush M50 Williams/Stef Shea/Zimmerman M60 Meegan/Garrit Sullivan 4x400m Relay M40 Hopf/Rasmusse Heberger High Jump M30 Ken Schaumber M35 Scott Matthew M40 Mike Saafir M45 Dale Bosworth M50 Paul Gansle M55 Willie Lightf M60 Roger Burke M65 Tod Swanson M70 Ed Lukens W40 Marbry Gansle W50 Barbara Stewa W70 Pat Peterson Pole Vault M30 Cary Immesoet M35 James Beatty M40 Gray Watkins M45 James Trott M50 Tom Kauscher M65 David Rider W50 Uarbara Stewa W70 Total Wauscher M65 David Rider W50 Uarbara Stewa W70 Fd Lukens W40 Marbry Gansle W50 Barbara Stewa W70 Mike Milove M55 Ed Lukens W35 Lagie Swanson W40 Marbry Gansle W55 Dortha Swansc Triple Jump M40 Mike Sayers M50 Norm Chamblis M55 Willie Lighti M60 Ron Puoples M65 Ted Swanson M70 Ed Lukens Shot Put M30 Joe Winiecki M40 Ray Uzibziak
M40 Chris Best 12.08 M45 Smokey Santillo 11.57 M55 Walt Thorne 13.28 M60 Andrew Branch 13.27 M65 Ed Cox 13.78 M70 Russell More 17.00 W30 Deb Szatko 15.41 W35 Cath CornellMcKeev15.41 W40 Luann VanPeursem 14.51 W45 Cath CirinaCorsivo14.88 W50 Mary Casey 16.31 W55 Norma Schiloff 19.68 W65 Verna Engstrom 22.60 W70 Pat Peterson 17.39 200m M30 Vinnie Goodman 24.31 M35 Ed Harris 23.70 M40 Chris Best 24.42 M45 Smokey Santillo 24.03 M50 Ron Johnson 24.62 M55 Ed Taft 27.89 M60 Fritz Schlereth 28.75 M65 Ed Cox 28.85 M70 Russell More 34.99 M75+Sidney Zecher 43.13 W30 Gabriell Yates 35.34 W35 Mcg Benke 32.71 W40 Luann Vanpeursen 29.74 W45 Cath CirinaCorsivo30.62 W55 Norna Schilloff 43.98 W65 Relen Buene 41.36 W70+Pat Peterson 36.18 400m M30 Vinnie Goodman 54.57 M35 Ben James 51.09 M40 Chas Swanekamp 55.33 M45 Jesse Norman 56.36 M70 Rissell Yates 97.04 W65 Ikelen Buene 41.86 W70+Pat Peterson 98.98 M75 Sobriell Yates 97.04 W30 Gabriell Yates 98.81 W70+Pat Peterson 93.59 W00m M30 'Tim Hoff 2:06.7 M35 Brendan Jackson 2:01.64 M40 Mark Caldwell 2:07.61 M45 Duane Green 2:10.43 M50 Don Masterson 2:22.44 M55 John Allen 2:22.61 M60 Cliff Pauling 2:25.43	M40 Jim Cole M45 Bill Weigle M55 John Hurley M60 George Freema W35 Marilyn Brand 4x800m Relay M30 Miller/Armese Pertak M40 Corridan/Tayl Rush M50 Williams/Stef Shea/Zimmerman M60 Meegan/Garrit Sullivan 4x400m Relay M40 Hopf/Rasmusse Heberger High Jump M30 Ken Schaumber M35 Scott Matthew M40 Mike Saafir M45 Dale Bosworth M50 Paul Gansle M55 Willie Lightf M60 Roger Burke M65 Tod Swanson M70 Ed Lukens W40 Marbry Gansle W50 Barbara Stewa W70 Pat Peterson Pole Vault M30 Cary Immesoet M35 James Trott M36 James Trott M37 Derrick Jacks M40 Mike Saafir M50 Tom Rauscher M55 David Rider W50 Barbara Stewa Long Jump M35 Derrick Jacks M40 Mike Saafir M50 Mike Milove M55 Ed Kent M70 Ed Lukens W35 Lagie Swansor W40 Marbry Gansle W50 Barbara Stewa Long Jump M30 Mike Sayers M30 Marbry Gansle W50 Barbara Stewa W55 Dortha Swansor Triple Jump M40 Mike Sayers M50 Norm Chamblis M55 Willie Lightf M60 Ron Peoples M65 Tod Swanson M70 Ed Lukens M55 Willie Lightf M60 Ron Peoples M65 Tod Swanson M70 Ed Lukens M50 Vorm Chamblis M55 Willie Lightf M60 Ron Peoples M65 Tod Swanson M70 Ed Lukens M50 Jum Nichols M40 Ray Bzibziak M40 Jim Nichols
M40 Chris Best 12.08 M45 Smokey Santillo 11.57 M55 Walt Thorne 13.28 M60 Andrew Branch 13.27 M65 Ed Cox 13.78 M70 Russell More 17.00 W30 Deb Szatko 15.41 W35 Cath CornellMcKeev15.41 W40 Luann VanPeursem 14.51 W45 Cath CirinaCorsivol4.88 W50 Mary Casey 16.31 W55 Norma Schiloff 19.68 W65 Verna Engstrom 22.60 W70 Pat Peterson 17.39 200m M30 Vinnie Goodman 24.31 M35 Ed Harris 23.70 M40 Chris Best 24.42 M45 Smokey Santillo 24.03 M50 Ron Johnson 24.62 M55 Ed Taft 27.89 M60 Fritz Schlereth 28.75 M65 Ed Cox 28.85 M70 Russell More 43.99 M75+Sidney Zecher 43.13 W35 Mcg Benke 32.71 W40 Luann Vanpeursem 29.74 W45 Cath CirinaCorsivo30.62 W50 Mary Casey 34.85 W55 Norma Schilloff 43.98 W60 Edna Hyer 41.89 W60 Edna Hyer 41.89 W60 Edna Hyer 41.89 W60 Edna Hyer 41.89 W60 Edna Hyer 55.33 M45 Jesse Norman 56.36 M70-Pat Peterson 57.16 M55 John Allen 62.29 M60 Fritz Schlereth 63.56 M75+Sidney Zecher 97.04 W30 Gabriell Yates 85.54 W30 Fritz Schlereth M75+Sidney Zecher 97.04 W30 Gabriell Yates 85.54	M40 Jim Cole M45 Bill Weigle M55 John Hurley M60 George Freema W35 Marilyn Brand 4x800m Relay M30 Miller/Arnese Pertak M40 Corridan/Tayl Rush M50 Williams/Stef Shea/Zimmerman M60 Meegan/Garrit Sullivan 4x400m Relay M40 Hopf/Rasmusse Heberger High Jump M30 Ken Schaumber M35 Scott Matthew M40 Mike Saafir M45 Dale Bosworth M50 Paul Gansle M55 Willie Lightf M60 Roger Burke M65 Tod Swanson M70 Ed Lukens W40 Marbry Gansle W50 Barbara Stewa W70 Pat Peterson Pole Vault M30 Cary Immesoet M35 James Beatty M40 Gray Watkins M45 James Trott M50 Tom Kauscher M55 Willie Lightf M50 Mike Milove M55 Ed Lukens W40 Marbry Gansle W50 Barbara Stewa W70 Pat Peterson Pole Vault M30 Cary Immesoet M35 Dorrick Jacks M40 Mike Saafir M50 Mike Milove M55 Ed Lukens W35 Lagie Swanson W40 Marbry Gansle W55 Dortha Swans Triple Jump M40 Mike Sayers M50 Norm Chamblis M55 Willie Lightf M60 Ron Pooples M65 Tod Swanson M70 Ed Lukens Shot Put M30 Joe Winiecki M40 Ray Uzibziak

National Ma	isters News	
W40 Renee DiGiacomo 19.90	W30 Carol Schuster 2:34.93	M55 Harry Schwarze
W45 Michael Hill 24.24	W40 Darbie McCubbin 2:41.57 W45 Carolyn Dewitt 2:55.82	M60 Chuck Yost M65 John Sheridan
W50 Elizabeth Baumach 22.26 Roslyn Katz 19.12	1500m	M70 Bob Chotoff
W60 Delores Faber 16.40	M35 Bob Carroll 4:13.88	M75+Sid Zecher
Anne Cirulnick 14.68 W75 Libby Hagemann 15.18	M40 Mark Caldwell 4:26.54 M45 Duane Green 4:23.21	W30 Mary Doud W35 Cath CornellMcK
Weight	M50 Don Masterson 4:05.95	W40 Marbry Gansle
M40 Dave Vandergriff 16.64	M55 Ralph Zimmerman 5:09.31 M60 Bruce Marsh 5:29.92	W45 Kath CirinaCors W50 K Balthazarheit
Peter Farmer 15.90 Rich McMullin 12.85	M65 David Rider 6:16.90	W55 Dortha Swanson
Bob Gunn 11.87	W35 Marilyn Brandt 5:21.54	Discus M30 Joe Winiecki
M45 Dennis Chandler 11.66 Frank Monroe 10.75	W40 Karin Goyolsky 6:32.54	M35 Tom Winiecki
Richard Smith 10.52	W45 Carolyn Dewitt 6:05.13	M40 Jim Fruscella
M50 Jimmy Jones 14.29 Carl Levine 6.43	W50 Mary Casey 6:23.25 W55 Pat Scheiber 6:33.33	M45 Mike Ayres M50 Geoff Brown
Mutt Schiwinent 5.38	W60 Gloria Brown 6:37.17	M55 Harry Schwarze
M55 John Bronstein 10.40 Sam Rumford 6.69	W65 Helen Buene 6:36.31	M60 Martin Kintish M65 John Sheridan
M60 Len Olson 13.77	5000m M35 Phil Dilmore 17:50.14	M70 Bob Chotoff
Pay Carstensen 13.20	M40 Chip Button 17:00.73	M75+Sid Zecher
Martin Kintish 11.57 Lew Overbeck 11.00	M50 David Willbern 19:30.80 M55 Bill Steffnhagn18:59.88	W30 Mary Doud W35 Lagie Swanson
M65 Jerry Wojcik 10.43	M60 Carl Pegels 20:45.58	W40 Nancy Lachiusa
M70 Irv Mondschein 10.37 A J Crawford 10.25	M70 Charles Bauer 23:18.95 W35 Sue O'Malley 19:32.44	W45 Cath CirinaCors W50 Betty Baumach
Lev Mozhaev 9.79	W40 Jean Queal 20:01.44	W55 Dortha Swanson
M75 A U Ricciardi 7.37 Paul Eberhardinger 5.72	10,000m M35 John Pakulis 37:26.25	W60 Edna Hyer Hammer
M80 Nob Detweiler 4.69	M45 Jim Bowles 38:11.02	M40 Gary Acker
W35 Deborah Ecklund 7.32	M50 James Thomas 43:18.90 M55 Mike Williams 41:31.64	M50 David Caligaris M60 Martin Kintish
W40 Sarah Boslaugh 12.45 W50 Roslyn Katz 10.19	M60 Carl Pegels 42:55.41	M65 John Sheridan
Suzy Iless 7.39	W35 Sue O'Malley 41:41.42	M70 William Russo W30 Mary Doud
W60 Anne Cirulnick 8,55 W75 Libby Hagemann 6.28	W40 Jean Queal 40:15.59 W45 Carolyn Dewitt 49:14.19	W35 Lagie Swanson
Superweight	W50 Karen Dayies 44:25.44	W40 Nancy Lachiusa
M35 Mike Humbrick 8.39	W55 Lori Karlson 62:31	W45 Cath CirinaCors W50 Nancy Livergood
M40 Dave Vandergriff 10.99 Peter Farmer 9.82	W60 Sheila Scandura60:24 Short Hurdles	W55 Dortha Swanson
Bob Gunn 7.94	M30 Paul Foster 100m 18.73	W60 Curlie Fabersca Javelin
M45 Richard Smith 7.12 Dennis Chandler 6.71	M35 Dan Glushefski 16.16 M40 Ted Hoca 100m 17.16	M35 Mark Bellanca
M55 John Bronstein 6.15	M50 Mike Milove 17.24	M40 Mike Sayers
M60 Ien Olson 5.52	M55 Willie Lightfoot 24.87 M65 Ted Swanson 80m 22.75	M45 Jim Ulrich M50 Ed Fox
Martin Kintish 4.80 M70 Lev Mozhaev 6.58	W35 C Cornell McKeev80m21.05	M55 Walt Schilloff
M75 A U Ricciardi 5.27	W40 Marbry Gansle 17.52	M60 Chuck Yost M65 John Sheridan
Paul Eberhardinger 4.66 M80 Bob Detweiler 3.90	W45 Linda Adams 17.43 W50 Barbara Stewart 22.87	M70 Ed Lukens
W35 Deborah Ecklund 4.30	Long Hurdles M35 Roy Arnesen 67.27	W30 Mary Doud
W50 Suzy Hess 5.33 W75 Lilby Hagemann 4.40	M35 Roy Arnesen 67.27 M40 James Cole 68.68	W35 Lagie Swanson W45 Cath CirinaCors
the programme of the control of the second programme o	M45 Jesse Norman 66.83	W50 Betty Baumach
Empire State Games	M55 W Lightfoot 300m1:43.92 M60 George Freeman 64.52	W55 Dortha Swanson W60 Curlie Fabersca
Buffalo, NY; July 26-27	M65 Ted Swanson 63.76 W40 Marbry Gansle 86.77	Pentathlon M30 Paul Foster
100m M30 Tom Smith 11.98	Steeplechase	M35 Ken Switnicki
M35 Barry Grimes 11.87	M35 Neil Farrell 14:15.76 M40 Jim Cole 12:09.15	M40 Bob Zanot M45 Armand Laframbo
M40 Chris Best 12.08 M45 Smokey Santillo 11.57	M45 Bill Weigle 11:32.11	M55 Don French
M55 Walt Thorne 13.28	M55 John Hurley 15:28.82 M60 George Freeman 9:37.51	M60 Dillon Maier
M60 Andrew Branch 13.27 M65 Ed Cox 13.78	W35 Marilyn Brandt 8:23.98	M35 Glenn Irizarry
M70 Russell More 17.00	4x800m Relay	M40 Jeff Knutson M45 Dan Chase
W30 Deb Szatko 15.41 W35 Cath CornellMcKeev15.41	M30 Miller/Armesen/Gosset/ Pertak 8:51.62	M50 Dob Lubelski
W40 Luann VanPeursem 14.51	M40 Corridan/Taylor/Skinner/	M55 Frank Masterson M60 Bob Barrett
W45 Cath CirinaCorsivo14.88	Rush 9:43.45 M50 Williams/Steffenhagen/	M65 Frank Fina
W50 Mary Casey 16.31 W55 Norma Schiloff 19.68	Shea/Zimmerman 10:25.59	M70 Bob Engstrom
W65 Verna Engstrom 22.60	M60 Meegan/Garrity/Magoffin/ Sullivan 13:07.60	M75+Ken Rundell W30 Cathy Irizarry
W70 Pat Peterson 17.39	4x400m Relay	W35 Lori ann Yohe
M30 Vinnie Goodman 24.31	M40 Hopf/Rasmussen/Swanson/ Heberger 4:01.37	W40 Elaine Humphrey W45 Judy Sielski
M35 Ed Harris 23.70 M40 Chris Best 24.42	High Jump	W50 Olga Figueroa
M45 Smokey Santillo 24.03	M30 Ken Schaumberg 1.70	W55 Susan Richter W65 Verna Engstrom
M50 Ron Johnson 24.62	M35 Scott Matthews 1.70 M40 Mike Saafir 1.75	THE THEFT
M55 Ed Taft 27.89 M60 Fritz Schlereth 28.75	M45 Dale Bosworth 1.55	A SECOND SECOND
M65 Ed Cox 28.85	M50 Paul Gansle 1.55 M55 Willie Lightfoot 1.25	THE RESERVE
M70 Russell More 34.99 M75+Sidney Zecher 43.13	M60 Royer Burke 1.20	All
W30 Gabriell Yates 35.34	M65 Ted Swanson 1.25 M70 Ed Lukens 1.25	
W35 Meg Benke 32.71 W40 Luann Vanpeursem 29.74	W40 Marbry Gansle 1.10	
W45 Cath CirinaCorsivo30.62	W50 Barbara Stewart 0.90 W70 Pat Peterson 1.05	1 4 5 T
W50 Mary Casey 34.85 W55 Nonwa Schilloff 43.98	Pole Vault	
W60 Edna Hyer 41.89	M30 Cary Immescete 3.66 M35 James Beatty 3.96	to the second second
W65 Helen Buene 41.36 W70+Pat Peterson 36.18	M40 Gray Watkins 3.96	
W70+Pat Peterson 36.18 400m	M45 James Trott 3.36 M50 Tom Rauscher 3.57	Sus
M30 Vinnie Goodman 54.57	M65 David Rider 2.32	
M35 Ben James 51.09 M40 Chas Swanekamp 55.33	W50 Barbara Stewart 1.92 Long Jump	HISTORY WEST DE
M45 Jesse Norman 56.36	M35 Derrick Jackson 5.61	The state of the s
M50 Ron Johnson 57.16 M55 John Allen 62.29	M40 Mike Saafir 4.98	LANGER SPI
M60 Fritz Schlereth 63.56	M50 Mike Milove 5.17 M55 Ed Kent 4.29	
W30 Gabriell Yates 85.54	M70 Ed Lukens 4.24	LEST TO SERVICE STATE OF THE PARTY OF THE PA
W40 Darbie McCubbin 68.28	W35 Lagie Swanson 3.17 W40 Marbry Gansle 3.98	Marin Paris
W50 Mary Casey 79.26 W65 Helen Buene 89.81	W50 Barbara Stewart 3.28	THE PERSON NAMED IN
W70+Pat Peterson 93.59	W55 Dortha Swanson 2.55 Triple Jump	
800m M30 'Tim Hoff 2:06.7	M40 Mike Sayers 8.16	
M35 Brendan Jackson 2:01.64	M50 Norm Chambliss 10.87 M55 Willie Lightfoot 9.09	Alter and the
M40 Mark Caldwell 2:07.61 M45 Duane Green 2:10.43	M60 Kon Peoples 8.64	Contract Contract
M50 Don Masterson 2:22.44	M65 'Red Swanson 7.77 M70 Ed Lukens 9.18	1
M55 John Allen 2:22.61	Shot Put	

	3	The Contract of the	P	age 3
Harry Schwarze	11.44	1 10K F	Racewalk	olinoidi.
	11.50	M40 1	en Kataskas bob Lubelski	62:44
John Sheridan Bob Chotoff	9.53	M55 E	rank Masterson J	r57:19
Sid Zecher	7.47	M60 E	Sob Barrett Sob Engstrom	57:20
Mary Doud Cath CornellMcKee	10.19	Add:	ob Engstron	81:52
Marbry Gansle	7.94		rbry Gansle W40	8.30
Kath CirinaCorsiv		Lal Wa	lyne Spitz M45 orb Stewart W50	4.82
K Balthazarheitz Dortha Swanson	6.95 7.64		00 John GarrityM6	
us	7.04	744	of Personal Winds In her	tally metally
Joe Winiecki	41.44		MIDWES	T
Tom Winiecki Jim Fruscella	38.98 35.74		WIID WIDS	
Mike Ayres	35.60	Grea	at Lakes State G	
Geoff Brown			5K Road Race	Service Services
Harry Schwarze Martin Kintish	36.24 42.32	Zarada -	insing, MI; June	22/29
	32.84	June 2	9	the same
Bob Chotoff		100m M30	Keith Smith	10.66
Sid Zecher		IVISO	Paul Hugh	12.13
Lagie Swanson	21.58		Lou Santos	12.74
Nancy Lachiusa Cath CirinaCorsiv		M40	Les Hale	11.49
Betty Baumach			Fred Fishnick	12.09
Dortha Swanson	19.22	1	Clifford Helton	12.31
Edna Hyer ner	16.76	M50	The second street and the second seco	12.71
Gary Acker	33.44		Frank Bonham Alexander Johnson	
David Caligaris		M60	Chuck Sochor	13.68
Martin Kintish John Sheridan		11100	Dal Eisenbraun	13.97
William Russo	23.02	100	Frank Ayers	14.98
Mary Doud	24.24	M70	Jack Hipple	15.08
Lagie Swanson Nancy Lachiusa	17.18 22.52	1.400	Art Holland	16.85
Cath CirinaCorsiv	022.90	M80 W30	Ed Anderysiak Odessa Smalls	23.19
Nancy Livergood Dortha Swanson	21.34 24.52	W30	Mary McKnight	14.88
Curlie Faberscala		9.0	Barbara Scott	16.2
elin	NE SE	W40	Vicki Hames-Frazi	ier 14.39
Mark Bellanca	44.78	- Tax	Debby Gershman	
Mike Sayers Jim Ulrich	52.60	W50	Ruth Thelen	15.7
Ed Fox		W60	Carol Eisenbraun Mary Holland	Service
Walt Schilloff Chuck Yost	34.84	200m		Mar Sar
John Sheridan		M30	Keith Smith	21.7
	28.98		Nate Moore	
Mary Doud	30.46		Gregory Towns	23.9
Lagie Swanson Cath CirinaCorsiv	023.38	M40		24.0
Botty Barmach	19.94		Zbigniew Zlobick	
Dortha Swanson Curlie Faberscala	18.30	M50	Frank State of Contract	25.66
tathlon in the		MISO	Tim Buttes	25.88
Paul Foster			Frank Bonham	
Ken Switnicki Bob Zanot	2094	M601	Chuck Sochor	28.43
Armand Laframbois			Dal Eisenbraun	28.80
Don French Dillon Maier	1266	11/20	Jack Hipple	30.88
Racewalk	distriction.	W30	Odessa Smalls Mary McKnight	25.77 30.95
Glenn Irizarry	32:09	1306	Barbara Scott	33.66
Jeff Knutson Dan Chase	33:48 32:23	W40	Vicki Hames-Ciraz	
Bob Lubelski	30:16	W50	Ruth Thelen	32.88
Frank Masterson J Bob Barrett	27:51 27:51	de de la constant	Carol Eisenbraun	34.59
Frank Fina	31:41	W60+	Mary Holland	46.07
Bob Engstrom	39:29	400m M30	Ronald Beasley	51.98
Ken Rundell Cathy Irizarry	43:57	10150	Paul Hugh	57.42
Cori ann Yohe	33:31		William Scott	58.88
Elaine Humphrey	32:37 33:36	M40	Thomas Povich	58.11
Judy Sielski Olga Figueroa	31:44		John Epple	1:09.23
Susan Richter	31:35	1450	Peter Bitsicas	1:24.84
Verna Engstrom	42:58	M50	Robert Lloyd Rich Tompkins	56.64 1:05.40
The same with	2 6		Peter Bower	1:08.49
	- Maria Carlo	M601	Chuck Sochor	1:06.28
30		A Property	Dal Eisenbraun	1:09.18
	ale steam		Jack Hipple	1:12.60
		W30	Ruth Thelen	1:15.75
2 1	Salah.	800m	Carol Eisenbraun	1:21.63
1	6,20	M30	Manny Sanchez	2:13
		1000	Stanley Williams	2:29
Colore with	5	THE PERSON NAMED IN	Daryl Williams	2:30
	-	M40	Craig Prether	2:21
115	表一首	POST N	Bill Castanier	2:26
		M50	Don Hoffman Carroll Deweese	2:33
AND THE SHAPE OF		1500m		2.20
		M30	David Swarts	5.02
1 20		100	Manny Sanchez	5:07
		1402	John Farquhar	5:56
		M40	Jeffrey Patino Dan Hoffman	5:29 5:57
		M50	Carroll Deweese	5:38
	AND DESCRIPTION	1 01	Peter Bower	5.49
TA		- 1	Robert Holley	6:18
	12 and		Al Ravenscroft	6:02
		W30	Barbara Scott	8:00
The second second		3200n M30	Mary Ryan	10:10
		1000	Randy Naser	12:26

Todd Foster James Robinson

W40 Cecilia Brzys

Jeffrey Patino

Continued on next page

12:26 12:40

10:34

11:37

15:11

page	e 36	Endofre:	
Conti	nued from previo	us page	
	Hurdles	us pube	i
M30	Gary Cousino	17.81	1
M50	Alexander Livonia		1 !
W40	Vi Hames-Frazier		8
STATE OF THE PARTY OF	William Control of the Party of	20.80	1
4x100			1 ;
M40	Team-Detroit	44.83	
High.			1
M30	Bill Lambert	5-6	1
M40	Rocky Ybarra	5-4	1
	Stan Kus	5	1
M50		4-2	1
M60+		2-11	ľ
W40	THE STATE OF STREET AS A PARTY OF THE PARTY	3	1
Long			
	Gary Cousinow	15-9.50	1
M40	Rocky Ybarra	18-4.50	2
M50	Robert Holley	15-1.25	1
	Art Holland	10-1.50	1
W60		9-4	1
Shot F	<u>Put</u>		1
M30	Mike Kelly	36-2	P
M40	Hilary Goerge	40	N
	Tony Griggs	31-1	I F
300	Stan Kus	29-6	
Discus	5		
M40		129-5	M
		102-5	30
	Stan Kus	97-8	- 3
M60+		90-10	M
	Al Huisjen	67-2	M
W40	Cindy Hancox	34	M
3200m			M
M40	Ross Barranco	19:59	W
M50	H Van Blaricum	2 To	L
	Victor Sipes	17:32	M
	William Turner	20:11	M
W30	Kristen Mullaney	16:12	1
June 2	Control of the Property of the Control of the Contr	10.12	м
Maria and the same of the same			M
	ad Race	10.70	M
	Peter Bruno	19:28	M
	David Himchaugh	19:41	T
	Dan Washburn	17:59	M
	Robert Rice	19:52	M
M50			M
M55		20:24	S
M60	Alvin Ravenscroft		M
	Dick Young	29:53	M
M70+	To 10 10 10 10 10 10 10 10 10 10 10 10 10	32:01	P
	William King	3	
***	Palas de la companya del companya de la companya del companya de la companya de l		- 3
U	SATF Indiana Ma		,
	Championship		P
	Carmel; July 2	27	1
100m	ti da sa	Est All	N W
M30 F	Kelly Atkinson	11.30	1 "

Championships Carmel; July 27		
100m	64 GL - 0	No.
M30 Kelly Atkinson	11.30	
Mike Davidson	11.90	
Chris Stubbs	12.26	-
Vandor Sutton	12.26	
M40 Gerry Krainik	11.62	į
Bob Zahn	12.50	
John Carr	12.67	*
M45 Mark Galovic	12.14	
M50 Dan Hansman	13.72	
M55 Darrell Huey	13.77 13.29	
M60 Vern Schewe Jim Washington	13.43	
M65 John Wisdom	13.53	
Richard Soller	14.32	
M70 Paul Saunders	14.45	
Ed Gill	16.07	
M75 Chuck Whitney	17.75	
W55 Siglinde Moore	nta	
200m	in Mest	
M30 Kelly Atkinson	23.27	
Vandor Sutton	25.25	
M40 Gerry Krainik Scott Hartman	23.45	
Ken Drollinger	25.18 27.00	
M45 Mack Galovic	25.04	
T W Tesche	29.60	
M50 Dan Hansman	30.83	
M55 Darrell Huey	30.04	1
M60 Vern Schewe	28.51	i
Jim Washington	32.02	ı
M65 Richard Soller	32.94	Ġ
John Wisdom	33.25	1
M70 Paul Saunders M80+Milo Lightfoot	34.63	į.
W60 Joanne Keaton	38.96 53.12	ı
400m	33.12	ı
M30 Mike Davidson	53.11	
M35 Dan Holland	58.03	ı
M40 Bill McCornick	51.14	ı
Scott Hartman	53.00	ı
M55 Darrell Huey	70.62	ı
M60 Vern Schewe	68.64	ı
Jim Washington .	80.48	ı
M80+Milo Lightfoot	92.06	ı
W55 Siglinde Moore	97.44	ı
W60 Joanne Keaton 800m	1:59.97	ı
M30 David Jones	2:02.28	ı
M40 Scott Van Jacob	2:01.90	ı
M35 Ben Goreci	2:12.00	ı
M45 Javier Abrego	2:24.00	ı
M50 Jim Verdier	2:37.00	ı
M60 Mike Goldman	2:51.00	ı
Bob Morris	3:26.00	ı
M70 Wilbur Harrer	3:37.00	ı
W50 Theresa Fachum	3:23.00	1

		_
1500m	STADLE SAS	М
M50 Jim Verdier	5:11.00	М
M55 Robert Morris M60 Mike Goldman	6:13.00	M
M60 Mike Goldman	5:22.00	200 00
W60 Joanne Keaton	8:24.00	М
5000m	A PARTY OF THE PAR	W
M30 David Jones	17:15.00	40
M45 Javier Abrego	17:57.00	M.
W50 Theresa Fachum	24:23	M
Short Hurdles		M:
M40 Bob Zahn	16.17	M
M45 T W Tesche	21.50 21.14	W
M55 Rex Hane	21.14	2700
Iligh Jump	E	80
M30 Rob Robinson		M.
M35 Kelly Lycan M40 Ken Drollinger	5-6	M
		M
Ken Rowe M45 T W Tesche	5-10	15
		M
Tom Turney	4-4	M
M50 Kent Hall	4-10	М
M55 Jim Mills Rex Hane	4-6	M
Rex Hane M60 Jerry Lambert		
M65 Richard Soller		W
M70 Paul Saunders		W
Pole Vault		50
M40 George Lehman	13-6	M
John Anderson	13-0	M
Ken Drollinger	13-0	М
M50 Matti Kipelainen	12-6	М
M50 Matti Kipelainen Henry Hopkins	12-0	Sh
Kent Hall	10-6	92
M45 DICK KOCHETT	11-6	M.
T W Teschem	9-0	M
M60 Don Zimmerman	9-0	M
M70 Don Kennedy	5-6	Hi
M80+Milo Lightfoot	4-6	M.
W35 Angie Nealy	8-0	M
Long Jump		
M35 Kelly Lycan	19-2	M.
M40 Ken Drollinger M45 Dick Kochert	16-10 15-3	M
Tom Turney	13-9	Po
M55 Jim Mills	14-3	M
M60 Vern Schewe	10-6	M
M65 Richard Soller		M
M70 Paul Saunders	12-8	W
Triple Jump		No en
M30 Rob Robinson	33-0	Lo
	41-5	M.
M40 Ken Rowe	33-10	M
M55 Jim Mills	24-2	M:
Shot Put		Sh
M35 Jim Bell	42-11	M
M45 Tom Turney M50 Mickey Bitsko	30-1	M
	39-6	M
M55 Paul Deem Sr		М
Rex Hane	35-0 29-4	M
	36-2	М
Jerry Lambert	35-8	М
M70 Cliff Samoson	17-7	w
Don Kennedy	32-11	w
M80+Milo Lightfoot	24-1	
W35 Sue Hallen W60 Betty Steele	26-4	Di
W60 Betty Steele	25-11	M
woo Lucille Sampson	26-9	M
Discus Was vie Dell	138-11	M
M35 Jim Bell	04.10	M
M40 John Wakeman	123-0	M
M50 Mickey Bitsko Bill Meacham		m
Bill Meacham Barry Donovan	100-0	M
M55 Rex Hane	91-6	w
M60 Everett Hardy		1 10 100
Al Pike	104-11	W
Bob Verbanic	102-0	Ja
M70 Cliff Sampson		M
Don Kennedy	92-3	М
		M
W35 Sue Hallen W60 Betty Steele W65 Lucille Sampson	65-11	М
med industric bully3011	69-2	М
Harmer MAS Data Data A		W
M45 Rob Roeder	146-10	w
David Stebing	117-1	W
M50 Mickey Bitsko	159-9	
M60 Jerry England	89-2 117-9	30
M60 Jerry England Don Zimmerman	96-7	N
M70 Cliff Sampson	102-6	M
TOPE Com Haller	80-11	W
W60 Betty Steel	79-4	_
MOD LUCTITE Sampson	69-9	3
3000m Racewalk		N. C.
M60 Jerry Lambert	17:31.00	

M60 Jerry Lambert 17:31.00 Codric Hustace 18:01.00 W40 BetteAnn Wurst 21:45.00 MID-AMERICA

WIII DE WIE	CA
NM USATF/Los Viejo Albuquerque, NM; J	s Meet
100m	1.1.1.1
M30 Roscoe Pond	13.83
M35 Ed Muchsam	12.30
M40 Stacey Price	11.50
M45 Jim Dolezel	12.38
m50 Sam Taylor	13.04
M55 Bentz Tpzer	12.93
M60 Ray Graves	13.33
M65 Andy Anderson	14.03
W65 Ida Ruttler	19.52
200m	
M30 Mark Champoux	26.55
M35 Doug Schneebeck	25.36
M40 Mike Pannell	24.04
M45 Jim Dolezel	25.22

Nat	ional M
M50 Sam Saylor	26.61
M55 Bentz Tozer	25.90
M60 Ray Graves M65 Andy Anderson	27.64 29.45
W50 Yvonne Lawrence	40.18
M35 Doug Schneebeck	52.96
M40 Mike Pannell	53.86
M50 Robert Garcia	60.38
M60 Bill Dodson	1:10.36
W65 Ida Ruttler	1:44.80
M35 David Jackson	2:23.2
M55 Duane Robinson M60 Bill Dodson	2:33.5 2:37.4
1500m	Paris, Com
M35 David Jackson	5:02.47
M40 Philip Reid M55 Charles Harris	4:58.90 5:03.64
M60 Bill Dodson	5:29.40
W35 Bonnie Baker	6:14.44
W50 Jackie Marr 5000m	6:14.14
M30 Jeff Gipe	24:52.6
M35 Bob Jackson M40 Galen Martinez	16:56.5 17:21.8
M50 Robert Umstead	24:27.6
Short Hurdles	
M35 Doug Schneebeck	16.10
M40 Stacey Price M50 Jeff Loubet	15.32 19.86
High Jump	1 7.80
M35 David Jackson M45 Jim Dolezel	1.62
M45 Jim Dolezel M55 Fred Bales	1.57
M55 Fred Bales M70 Tom Devaughn	1.01
Pole Vault	
M40 Jeff Bilderbeck M50 JeffLoubet	3.50 3.35
M70 Tom Devaughn	2.31
W50 Yvonne Lawrence	1.40
Long Jump M30 Mark Bibeault	5.55
M45 Jim Dolezel	5.45
M55 Ken Medley	5.47
Shot Put M30 Mark Bibeault	8.75
M40 Jeff Bilderbeck	10.46
M45 Bill Forsyth M50 Paul Edonomides	9.74 14.62
M55 Clyde Gossert	11.28
M60 Mel Bork M65 Carl Longerot	8.53 9.42
W60 Dorothy O'Neal	6.53
W70 Ann Toya	6.64
Discus M30 Mark Bibeault	24.90
M40 Jeff Bilderbeck	32.42
M45 Bill Forsyth	32.24
M50 Paul Economides M55 Clyde Gossert	43.08
m60 Mel Bork	18.64
M65 Carl Longerot W60 Judy Fetherston	28.10 18.90
W70 Ann Toya	16.74
Javelin	
M30 Mark Bibeault M40 Jeff Bilderbeck	34.08 44.84
M45 Bill Forsyth	40.60
M55 Ross Aragon	34.14
M60 Mel Bork W50 Jackie Marr	22.58 13.00
W60 Dorothy O'Neal	16.28
W70 Ann Toya 3000m RW	14.38
M30 Art Ortega	16:09.4
M55 Mark Adams	16:54.1
W30 Julianne Ortega	22:39.0
Denver TC Mo	

Denver, CO; July 25

100m	
M30 Dave Barmer	11.11
M35 Mike Moser	12.20
M40 Trip Reynolds	12.39
M45 Mac Azougu	11.70
M50 Lee Mayfield	12.64
M55 Larry Carter	13.84
M65 Don Weis	13.86
W40 Teresa Drotar	14.01
200m	
M30 Dave Barmer	22.90
M35 Steve Kiper	25.18
M40 Trip Reynolds	26.29
M45 Mac Azougu	23.84
M50 Lee Mayfield	27.02
M55 Larry Carter	28.79
M65 Don Weis	31.60
W40 Teresa Drotar	30.20
400m	to the state of
M35 Steve Kiper	54.27
M40 Trip Reynolds	62.01
M65 Don Weis	72.86
W35 Nancy Coleman	70.12
800m	
M30 Carl Clark	2:07.85
M40 Bill Harvey	2:23.32

4:36.86

1500m M30 Carl Clark M40 Bill Harvey M50 Larry Kueter	4:36.86 4:48.66 5:02.06
400mH M50 George Linn Shot Put	85.23
M30 Gene Charles M40 Tom Razo	10.26 8.37
M50 Mark Chapman	11.48
Ian Percy W40 Cheryl Mellenthin	11.43
Discus M30 Gene Charles	27.60
M40 Tom Razo	24.00
M50 Ian Percy Hammer	37.50
M30 Gene Charles	24.01
M40 Tom Razo M50 Ian Percy	21.60 30.78
High Jump M55 Larry Carter	1.37

21st Century Ageless Games Early Morning "R" Meet

Early Morning "R" M Twin Cities, MN; Au	Meet g. 4
50m M50 Richard Anderberg	11.79
M55 George LaBelle	7.56
M65 Domett Edwards	9.28
M75 Ben Bjergo	33.12
W60 Rachel Lyga	8.17
M30 Robert Tesch-Tevs	on11.00
M35 Chuck Cerny	13.19
Lyle Besemer	13.57
M40 Keith Nelson M45 Dan Koch	12.63
M50 Paul Montgomery	13.10
Richard Anderberg	
M65 Gordon Seifert W60 Rachel Lyga	14.59
200m	10.40
M50 Richard Anderberg	53.05
W60 Rachel Lyga	37.25
400m M35 Lyle Besemer	61.16
M45 Dan Koch	70.06
800m	
	2:18.72 2:27.66
	4:16.32
Mile	
A SECOND PROPERTY OF THE PARTY	8:52.72
Short Hurdles M35 Chuck Cerny	21.26
M35 Chuck Cerny M45 Dan Koch	22.85
M55 George LaBelle W60 Rachel Lyga	18.43
W60 Rachel Lyga 4x100m Relay	17.57
Weisher/Sharratt/Wach	oltz/
Monica Sharratt	59.85
Fastest Family Run Re Besemer-Calleigh, Lylo	lay
Carrie/Jillian	70.06
High Jump	
M30 R Tesch-Stevson	6-0
M35 Kevin McLaughlin	5-4 6-2
M40 Keith Nelson M55 George LaBelle	6-2 4-0
M60 Tom Langenfeld	5-2
M65 Gordon Seifert	4-8
Emmett Edwards	3-10
W60 Rachel Lyga Pole Vault	3-9
M35 Lyle Besemer	7-6
M65 Gordon Seifert	8-9
Long Jump	- F. W.
M35 Lyle Besemer M65 Gordon Seifert	15-3 16-5
W60 Rachel Lyga	11-6
Triple Jump	100 A
M35 Lyle Besemer	28-2
M55 George LaBelle	25-6
M65 Gordon Seifert W60 Rachel Lyga	28-0 23-4
Shot Put	
M50 Richard Anderberg M55 George LaBelle M65 Emmett Edwards	24-1
M55 George LaBelle	34-2
W60 Barb Thorgrimson	23-10
Rachel Lyga	21-2
Discus M35 Keyin McLaughlin	99.7
M35 Kevin McLaughlin M50 Richard Anderberg	64-0
1105 Militate Mindres	.03 0
Gordon Seifert Hammer	92-6
W60 Rachel Lyga	66-2
Javelin	
M35 R Tesch-Tevson	136-0
Kevin McLaughlin Lyle Besemer	61-3
Lyle Besemer M40 Keith Nelson	131-3
M50 Richard Anderberg	51-0
M55 George LaBelle M65 Emmett Edwards	103-0 71-3
Gordon Seifert	87-4
W60 Barb Thorgrimson	57-0
Rachel Lyga	61-6
Weight M55 George LaBelle 35#	27-2
M75 Ben Bjergo 20#	12-3
M75 Ben Bjergo 20# W60 Rachel Lyga 16#	20-0
400m Racewalk	
	.00
M50 Richard Anderberg3:	08.52
	:08.52 :17.04

SOUTHWEST

Greater New Orlean	s Senior
New Orleans, LA;	May 26
50m M50 John Dunn	7.01
M55 Jack Theriot M60 Roland Hesmondhal	6.97 lgh 6.92
M65 Al Badinger	7.50
M70 Bill Noonan M75 Ted Yenari	8.35 8.53
W50 Marie Castaing W60 Mary Schweinforth	8.97 8.78
W65 Mildred Coleman	9.49
100m M50 John Dunn	13.99
M55 Alonzo Jones M60 Roland Hesmondha	13.06
M65 Al Badinger	14.64
W50 Judy Bordelon	17.29 17.36
W60 Bernice Bordelon W65 Louise Reynolds	17.27 19.53
200m	
M50 Linden Schneider M60 Charlie Richard	32.14 29.17
M65 Al Badinger M75 Frank Knaus	38.16 38.64
400m	
M55 Ed Smith m60 Erwin Caswell	1:26.7 1:18.1
M65 Bob Allen	1:32.8
M75 John Morrison 800m	2:05.6
M55 Pope Nuvel M60 C Wimberley	2:52.5 2:51.0
M65 Foster Doty	3:00.6
M75 John Morrison W60 Margie Conaster	4:47.0 5:28.8
1500m	
M55 Ed Smith M60 C Wimberley	6:46.5 5:51.1
M65 Foster Doty	5:54.0
M75 John Morrison W50 Rosa Bonilla	9:05.8 8:56.0
High Jump M55 Ken Taylor	4-6
M60 Charlie Richard	4-2
M65 Nick Revon M70 Bill Noonan	4 3-10
M75 Frank Knaus W50 Marie Castaing	3-8 3-8
W60 Bernice Bordelon	3-4
W65 Louise Reynolds Long Jump	3-4
M50 Jack Dunn M60 Charlie Richard	13-11 15-4
M65 Al Badinger	13-8
M70 Bill Noonan M75 Ted Yenari	11-10 10-9
W50 Judy Bordelon W60 Bernice Bordelon	10-3
W65 Thais Lacrouts	10-8 5-10
Shot Put M50 Chester Guidry	35-11
M55 Don North	32-4
M60 R Forman M65 J Matranga	29-10 21-2
M70 Norman Hedrick M75 Curtis Blalock	26-10
W55 M Melancon W60 M Schweinfurth	32-8 20-1
W60 M Schweinfurth W65 Thais Lacrouts	22-3.50 21-6
Discus	100
M50 Chester Guidry M55 Don North	102-4 107-3
M60 R Forman M65 J Matranga	100-11
M70 Norman Hedrick	75-10
M75 Curtis Blalock W50 Marylin Duvall	92-10 47-10
W55 Claire Evans	43-6
W60 M Schweinfurth W65 Thais Lacrouts	45-11 43-10
Javelin M50 Chester Guidry	122-10
M55 Jack Theriot	134-1
M60 P Nicaud M65 Nick Revon	112-6 105-8
M70 Norman Hedrick	58-2
M75 Curtis Blalock W50 Maris Castaing	64 63-5
W55 Ray Richard W60 M Schweinfurth	58-9
W65 Thais Lacrouts	44-4 26-11
1500in RW M55 Wayne Ory	
M60 Bill Elrod	10:08.5 9:27.0
M65 Al Ricke	11:24.6

9:27.0 11:24.6 13:22.0 11:25.0

14:03.0

M65 Al Ricke M75 Leo Cox W60 Mary Lou Ban W70 Dorothy Leblane

USATF Southern Association

USATF Southern Ass Championship	S
Gonzales, LA; Jun	
M35 Mark Ardizone M45 Johnnie Hollier	11.7 12.2
Dortie Moore	12.4 16.2
M65 Al Rieke M75 Tom Kennell Ted Yenari	14.7
200m	
M30 Lloyd Collins M35 Terry Theil	23.2 26.0
Jim Fountain M40 Lonnie Hammond	29.1 26.0
M45 Johnnie Hollier	25.1
M60 Charles Richard W45 Edna Richardson	28.9 48.1
400m M30 Alonzo Ruffin	50.5
M35 Terry Theil M40 Lonnie Hammond	53.8 59.1
Dortie Moore	55.8
M65 Al Rieke 800m	81.0
M45 Dortie Moore 1500m	2:14.3
M35 Ken Schexnayder M40 Jerry Yunker	4:50.0 4:23.9
100mH	
M50 Robert Baker High Jump	17.2
M50 Darrel Petty Robert Baker	5-4 5-0
Mark Chapman	4-8 4-2
M55 Don North Pole Vault	
M30 Doug Fraley M35 Jim Fountain	15-3 14-0
M45 Bob Manard M50 Roy Schell	11-3 8-6
	8-0
M60 R Paul Adams M75 Ted Yenari	7-0 7-0
M45 Herb Stein	16-61
M50 Mark Chapman M60 Charles Richard	11-11
Roland Forman	16-11 11-5.5
M65 Al Rieke M75 Tom Kennell	11-7.75 13-3-AR
(Herb Anderson/12-10)	
	33-41
M60 Charles Richard M75 Tom Kennell	29-3/4AR
(Win McFadden/28-2.75 Shot Put	(1980)
M30 Bengt Jarlsjo SWE M50 Mark Chapman	38-4½
Harold Landry M55 John Conniff	31-6½ 41-2
Don North	31-2
M60 John Cantrell Pay Carstensen	44-11 37-4
Milton Brady M70 Cy Buchert	33-9 22-1
Robert Dew M85 Eugene Hall	20-2
M85 Eugene Hall W40 C Mellenthin W70 Millie Buchert	16-6 22-5 16-3
W80 Viola Hall	13-6
M30 Bengt Jarlsjo SW	
M35 Bruce Navarro M45 Herb Stein	166-1 73-4
M50 Mark Chapman Darrell Petty	111-10 98-6
M55 John Conniff	150-3
M60 John Cantrell	109-0 131-0
R Paul Adams Roland Forman	104-6 104-1
Milton Brady	101-6
M65 Al Rieke M70 Cy Buchert	62-7 60-4
Robert Dew M85 Eugene Hall	44-3 46-11
M85 Eugene Hall W40 Cheryl Mellenthi W70 Millie Buchert	n 62-0 46-2
W80 Viola Hall	20-1
Hammer M55 Don North	23.18
M60 Pay Carstensen John Cantrell	34.48 31.88
Milton Brady Javelin	29.16
M50 Richard Sanders	153-8
Darrel Petty Roy Schell	130-6 126-2
M55 John Conniff Don North	117-10 112-0
M60 John Cantrell Roland Forman	97-9
M70 Cy Buchert	93-2 53-5
W40 Cheryl Mellenthi W70 Millie Buchert	n 51-0 39-3
Weight M55 Don North	22-1.75
M60 Ward Landry 56# Weight	27-2.75
M55 John Conniff	19-91
Don North M60 John Cantrell	15-7¥ 20-0
Pay Carstensen Milton Brady	20-0 17-6-1
Ward Landry	14-64
May bu Guilloert	21:22.55
MDD Wayne Ory	21:22.47
Continued on	next nage

September 1996		National M	asters News		1914		age 37
Continued from previous page	Javelin	M65 Bill Pardue 21.34	M50 Ken Wilson 134-10	W50 Kim Smith	7.60	Mike Blakeman	17.04
M60 Bill Elrod 19:13.89	M40 Jeff Baty 139-5	Long Hurdles	Darel Petty 129-10	Control on St. Control	1.5	M55 Walt Butler	12.39
M70 Cy Buchert 21:07.12	M45 Herb Stein 123-2	M40 Michael Mitchell 67.53	Mark Chapman 103-4		8.91	Hal Tolson	12.67
W35 Cindy Lescale 21:26.82	M55 Jack Theriot 127-0	M50 Courtland Gray 59.95	M55 John Couniff 133-5 Gary Dzuris 113-4	100m	375	Lee Gillespie	13.81
W40 Becky Comeaux 15:41.33	M60 Milton Brady 92-8 R Paul Adams 87-0	M55 John Head 79.21 M60 George Gillar 59.45	Milan Martinez 99-0	M50 Dan Durante	12.41	Ron McKnight	13.31
Sharon Lewis 17:19.16 W45 Rickey Abbott 23:58.32	R Paul Adams 87-0 3000m Racewalk	High Jump	M60 Zbyszek Przewodek 124-8	M55 James Theisen	14.03	M60 Roger Tsuda	13.32
W45 Rickey Abbott 23:58.32 Weight Pentathlon	M45 Ed Gumpert 21:22.55	M30 Guvener Isik 6-2	Milton Brady 95-9	M60 Bobby Thomas	12.38	Clifford Pauoing	13.75
Bengt Jarlsjo 30 SWE*3300	M55 Wayne Ory 21:22.47	Bill Wright 5-10	M65 Val Smith 93-7	C The state of		M65 Jim Selby	14.96
Bo Jarlsjo 51 SWE 1671	M60 Bill Elrod 19:13.89	M35 Chris Benjamin 5-10 M40 Stephen Cox 5-2	M70 Bill Carter 91-4 Les Frisk 55-1		15.04	Budd Hamilton	16.38
John Conniff 55 TX 3635	M70 Cy Buchert 21:07.12 W35 Cindy Lescale 21:26.82	M40 Stephen Cox 5-2 Mike Mitchell 4-8	Al Williams 34-6	A CONTRACTOR OF THE CONTRACTOR		M70 Dick Odom	14.81
Don North 58 LA 3012	W40 Becky Comeaux 15:41.33	David Windhorst 4-8	M85 John Pearce 59-4		15.57	Joseph Welch	18.40
Pay Carstensen 64 FL 3895 John Cantrell 60 TX 3659	W45 Rickey Abbott 23:58.32	M45 Larry McIntyre 5-0	W40 Cheryl Mellenthin 54-5		14.25	M75 Frank Toner	16.01
Milton Brady 62 IA 3234	W50 Sandra Warren 23:58.29	M50 Darel Petty 5-0	W55 Fay Richard 70-6 Sylvia Brooks 53-10		16.91	M80 Clarence Trahan	17.37
Roland Forman 63 LA 2720	W60 Martha Tolbird 25:28.68	Mark Chapman 4-10 Ed Jones 4-6	Sylvia Brooks 53-10 W70 Ruth Seeger 71-5	200m	25.1	M85 Anthony Castro	18.34
R Paul Adams 63 LA 2644	LICATE Courthwest Personal	M55 Fred Lentjes 4-8	Weight		25.1	W35 Wanda Snell	13.58
Ward Landry 60 LA 2411	USATF Southwest Regional Masters Championships	Milan Martinez 4-4	M45 Jerry Brewer 19-8		25.1	Elaine Iba	14.29
Mary Norckauer 71 LA 2896 *IAAF scoring/others WAVA	San Antonio, TX; July 20	M60 Glenn Hoffman 4-0	M50 Monroe Ashworth 13-6 M55 John Couniff 19-4	the second secon	29.4	W40 Tina Stough W50 Kathy Jager	14.83
Decathlon	TOUR	M65 Roy Morgan 4-0 M70 Adolph Hoffman 4-0	M55 John Couniff 19-4 Howard Zingy 17-1	A STATE OF THE STA	33.5	Ricki Nichols	17.37
David Saye 32 TX*1887+	M30 Raymond Joe 10.97	Bob Wingo 3-10	M60 Milton Brady 14-1		32.6	Sharon Madeiros	17.41
Phil Mulkey Jr 41 Al. 5104	Kenney Atron 11.70	M75 Bob McAtee 3-6	M70 Fred Adams 16-9	The state of the s	31.2	Charlotte Martinez	19.04
Emil Pawlik 57 MS 7817 Jerry Rouse 58 MS 4839	Leon Jackson 12.34 M35 Fred Porter 11.09	Pole Vault	M35 Bob Watson 8:04.00		35.7	W55 Kathy Bergen	14.62
Hal Herrington 61 TN 4312	Wylie Turwer 12.45	M35 Jim Fountain 12-6 Chris Benjamin 11-0	M55 John Knifton 8:10.00	400m		W60 Fei-Mei Chou	17.26
Dick Scott 67 MD 6357	Don Locke 12.52	Coy Akers 11-0	M60 A C Jaine 11:09.00	M50 Gary Mader	58.5	Maxine Brown	17.66
*IAAF scoring/others WAVA	M40 Jim Lofton 11.28	M45 Larry McIntyre 13-0	M65 Wilson Petefish 9:39.00	Dan Durante	58.5	W70 Johnnye Valien	17.95
+DNS-second day	Willard Thompson 11.58 T J Lester 11.78	M50 Darel Petty 9-4	M75 John Calvarese 13:31.00 W30 Heidi Tryon 10:21.00		12.34	200m	
Louisiana Games	M45 Bill Collins 11.18	Jerry Wright 7-6 M60 Glenn Noffman 8-4	W50 Marsha Windham 10:59.00	The state of the s	57.04	M30 Berry Kettrell	22:03
New Orleans; June 14	Curtis Simpson 12.62	M65 Roy Morgan 6-6	WECT	and the second s	07.62	Alberto Ross	23.13
100m	Paul Massiatte 12.72	M70 Adolph Hoffman 9-0	WEST		25.60	Vaughn Kastor	23.31
M30 Billy Kean 14.38	M50 El Jones 11.67 Ron Helton 12.59	Long Jump	KELfield Throws Meet #51	800m	30.90	M35 Joe Cabrera	26.73
M35 Jesse Perkins 12.90 M40 Walden Curry 12.35	Merrill Clark 13.53	M30 Kevin Lendo 21-10.75 Matt Pfannstiel 20-1	Santa Cruz, CA; July 13	the state of the s	17.30	M40 Scott Shaugnessy	24.50
M40 Walden Curry 12.35 M45 Johnny Hollier 12.38	M55 Wayne Bennett 12.76	Alan Sims 19-51	Shot Put	ACLES OF THE PERSON NAMED IN COLUMN 1	00.51	M45 Glenn Johnson	24.90
Dortie Moore Jr 12.75	W Bonnifoi 13.30 Fred Lentjes 13.79	M35 Randy Williams 21-112	M40 Mike Crowley 35-34		51.40	Herman Castille	25.20 26.50
M50 Jay Webb 12.78	Fred Lentjes 13.79 M60 Jimny Weaver 12.78	M40 Jim Lofton 23-6.75	M45 Gary Kelmenson 33-72	1500m	1	George Weston	26.50
M55 Jack Theriot 13.63	Joe Summerlin 13.37	Whitney Prevost 19-0 Mike Mitchell 18-7.75	M55 Dick Hotchkiss 46-41		:09.70	M50 Stan Whitley	29.44
M65 Al Badinger 15.36 M75 Ted Yenari 17.93	Don Kline 14.57	M50 Ed Jones 20-9.75	Discus M30 Mike Buncic 195-11		17.30	Paul Gilbert Mike Blakeman	36.48
W60 Bernice Bordelon 18.85	M65 Bill Pardue 15.11	Ron Helton 15-4	M45 Gary Kelmenson 106-5		30.00	M55 Lee Gillespie	28.95
200m	M70 Bill Carter 15.31 W40 Cindy Steenbergen 12.48	Jerry Wright 15-14	M55 Dick Hotchkiss 150-1		:58.80	Fred Hartman	30.38
M35 Jesse Perkins 25.85	WS5 Sylvia Brooks 17.26	M55 John Head 15-½ Fred Lentjes 14-10.75	Hammer		:33.30	M60 Roger Tsuda	27.24
M45 Johnny Hollier 25.27 M50 Jay Webb 26.38	200m	M60 Charlie Richard 15-11	M30 Tore Gustafsson 246-9 M45 Gary Kelmenson 129-2	W50 Jean Hallin 10	:18.10	Clifford Pauling	27.49
M55 Jack Theriot 29.25	M30 Raymond Joe 22.21	Lowell Bonifield 15-41	M55 Dick Hotchkiss 150-1	W55 Diane Bromstead 7:	:30.10	M65 Don Check	27.40
M65 Al Badinger 31.51	Matt Pfannstiel 24.11 Alan Sims 24.91	Glenn Hoffman 12-11	Javelin	3000m		Jim Selby	31,05
M75 Ted Yenari 41.52	M35 Fred Porter 22.55	M65 Val Smith 11-102 M70 Bill Carter 12-74	M40 Mike Crowley 128-0	A PROPERTY OF THE PARTY OF THE	1:26.3	Budd Hamilton	35.21
W60 Bernice Bordelon 41.42	Tomny Williams 23.92	M70 Bill Carter 12-74 Adolph Hoffman 11-104	M45 Gary Kelmenson 104-9 Weight	The state of the s	4:04.7	M70 Dick Odom	30.12
M30 Alonzo Ruffin 49.52	Hernan Barnett 25.03	W45 Steph DeAngelo 8-4.75	M45 Gary Kelmenson 40-5		2:25.8	Joseph Welch	40.45
M40 Walden Curry 55.79	M40 James Lofton 22.63 Willard Thompson 23.94	W70 Ruth Seeger 7-5	M55 Dick Hotchkiss25# 61-0	The second secon	1:66.5	M75 Frank Toner	33,13
M45 Johnny Hollier 55.78	T J Lester 24.07	Triple Jump	56# Weight		5:26.3	W35 Elaine Iba	30.45
Dortie Moore Jr 57.13	M45 Bill Collins 22.56	M30 Tanju Yursever 43-1½ Kevin Lendo 41-11¼	M45 Gary Kelmenson 26-1		5.07.8	Karen Vaughn	35.02
M50 Lorenzo Bergen 62.64 W55 Eliz Testerud 2:05	M50 Ed Jones 23.94	Bill Wright 39-82	M55 Dick Hotchkiss 28-6		5:23.8	W50 Kathy Jager	30.57
W55 Eliz Testerud 2:05	Ron Helton 25.87 Merrill Clark 28.17	M40 Mike Mitchell 37-3	USATF Meet	High Jump M60 Marion Sanchez 4-	-11	Sharon Medeiros	
M30 Billy Kean 2:23.24	M55 Wayne Bennett 26.35	M55 Milan Martinez 27-11½ M60 Charlie Richard 34-3½	Punahou, HI; July 13	M65 Paul Bambrook 4-		M65 Don Check	27.40
M35 Leslie Troxclair 2:10.26 M40 Stephen Merrihew 3:03.65	W Bonnifoi 27.02	M75 Bob McAtee 16-54	100m	M70 Joe King 4-		M70 Dick Odom M75 Frank Toner	30.12 33.13
M45 Roger Brown Jr 2:24.71	John Head 28.99 M60 Jimny Weaver 26.52	W30 Wrelesha Hysaw 31-4.75	M30 Rodney Clark 11.15	M50 Donald Dvorak 4-		W35 Elaine Iba	30,45
M60 Chas Wimberley 2:30.97	Joe Sunnerlin 27.79	Shot Put	M50 Kack Karbens 14.08	M50 Jean Hallin 3-	11	W50 Kathy Jager	30.57
W55 Eliz Testerud 4:56.21	Lowell Bonifield 28.09	M30 Stephan Bloomquist56-2½ Matt Pfannstiel 35-11½	M65 Bob Voege 18.57	M60 Marjorie Moore 3-	6	Sharon Madeiros	38.62
1500m M30 Billy Kean 4:56.88	M70 Bob Wingo 34.47	M35 Arny Fernando 28-5.75	W35 Joy Margerum 12.49	Long Jump	11.1	W55 Kathy Bergen	31.29
M30 Billy Kean 4:56.88 M35 Leslie Troxclair 4:31.30	Alvin Williams 56.39	M45 Jerry Brewer 35-5	200m	M50 William Wood	4.92	W60 Fei-Mei Chou	36.55
M40 Stephen Merrihew 5:50.25	W40 Cindy Steenbergen 26.04	MSO Harry Windham 35-10.75	M30 Rodney Clark 23.00	M55 Richard Impenau	4.74	400m	
M45 Royer Brown Jr 4:42.68	M30 Robert Williams 61.40	Mark Chapman 35-½ C Jackson 33-3.75	M50 Jack Karbens 28.77	M60 Marion Sanchez	3.94	M30 Berry Kettrell	50.22
M60 Chas Wimberley 5:09.04	Leon Jackson 64.16	M55 John Couniff 42-0	W35 Joy Margerum 25.38 400m	M65 Paul Bambrook	3.91	Vaughn Kastor	50.46
High Jump M40 Walden Curry 5-4	M35 Herman Barnett 53.90	Cliff Davis 29-74	The second secon	M70 Jim Johnson W50 Beverly Van Gundy	3.41	Auby Legall	56.81
Tom Wilson 5-3	Van Eisenbach 60.11	M60 Milton Brady 34-4.75	M50 Jack Karbens 1:03.5	W60 Fei-Mei Chou	3.28	M35 Wayne Iba	52.26
M50 Robert Baker 4-4	Arlington Callies 65.41 M40 Julio Reyes 52.75	M65 Jim Gerhardt 35-91	800m M50 Jon Kunitake 2:34.0	The state of the s	3.20	Joe Cabrera	57.28
M75 'Ted Yenari 3-0 W60 Bernice Bordelon 3-2	Whitney Prevost 53.52	Val Smith 30-2 M70 Fred Adams 28-101	M50 Jon Kunitake 2:34.0 W30 Murial Brown 2:37.1	Shot Put M50 Richard Marks 51-	-7.50	M45 Herman Castille	56.32
Pole Vault	Ron Boleware 55.85	Les Frisk 23-7½	1500m		-10.25	Teryl Carr	1:00.03
M35 Kevin Trosclair 12-1	M45 Robert Ramirez 53.52	M85 John Pearce 24-31	M45 Vince Costello 5:08.2		-5.75	Philip Gnesin	1:04.80
M45 Robert Manard 11-7	Jimmie Jones 59.54 M5C Jeff Champion 68.25	W40 Cheryl Mellenthin23-6.75	M50 Jon Kunitake 5:19.1	M65 Charles Bispala 31-	1000	Alfred Cain	1:13.14
M55 Don North 7-0 M60 R Paul Adams 7-0	Lloyd Rust 69.51	W45 Steph DeAngelo 16-1.75 W55 Fay Richard 23-7½	5000m	M70 Ed Chynoweth 37-	-5	M50 Stan Whitley Dom Parker	52.92
MOUR Paul Adams 7-0 M75 Ted Yenari 6-0	Paul Burroughs 70.21	Sylvia Brooks 21-7½	M35 Jim Frayer 18:27		-11.25	Simeon Baldwin	54:51 52.29
Long Jump	M55 Mack Stewart 59.00	W70 Ruth Seeger 23-31	M40 Joe Laturnau 19:23	The state of the s	-11	M55 Fred Hartman	1:06.69
M40 Tom Wilson 17-8	Hugh Adams 60.97 Wayne Bennett 63.67	Discus M35 Coy Akers 112-5	M50 Jon Kunitake 18:59	W55 Cherrie Sherrard 32-		M60 Clifford Pauling	1:02.89
M45 Ed Bumpert 11-9½ M50 Webb Jay 17-6¼	M70 Bob Wingo 80.96	M45 Jerry Brewer 109-1	Short Hurdles		-2.50	M65 Don Cheek	1:01.61
M55 James Dunn 11-64	W30 Melissa Stripling 66.00	M50 Mark Chapman 112-5	M40 Vince Costello 17.85	W65 Joyce Berintende NA	1	M75 Bob Hunt	1:52.40
M60 Roland Forman 10-11	Wrelesha Hysaw 73.00	Darel Petty 102-3 C Jackson 101-6	W35 Joy Margerum 14.57	Discus M50 John Lovell 77-	-9	W35 Carla Hoppie	1:05.28
M65 Al Badinger 11-3½	800m M35 Bill Hrncir 2:00.10	M55 John Couniff 155-4	Long Hurdles W35 Joy Margerum 1:04.00	M55 Gene Thacker 112	M DC -	W40 Tina Stough	1:07.35
M75 Ted Yenari 9-9½ W35 Theresa Wilson 12-3	M40 Julio Reyes 2:02.24	Howard Zingg 122-1	Pole Vault	M60 Carlos Martinez 95	100	800m	
W60 Bernice Bordelon 9-11	Jim Reppert 2:24.93	Cliff Davis 98-9	M40 Vince Costello 10	M70 Jerry Silsdorf 64		M30 Noah Hinkston	2:02.66
Triple Jump	M45 Mike Henderson 2:33.10 M50 Tom Bowden 2:14.86	M60 Milton Brady 97-2 M65 Jim Gerhardt 137-6	Long Jump		-11	Eduardo Mundo	2:05.10
M40 Travis Smith 30-5.75 M50 Robert Baker 31-5.75	Mike Chuka 2:36.07	Roy Morgan 120-3	M60 Bob Voege 8-0.50		-8	M35 Mark Cleary M40 David Janhaz	2:09.54 2:08.43
M50 Robert Baker 31-5.75 M55 James Dunn 26-101	Lloyd Rust 2:50.80	Val Smith 92-6	W35 Joy Margerum 18-2.50	AND CONTRACT OF CONTRACT OF STREET	-7	M40 David Januaz M45 David Salazar	2:08.43
M75 Ted Yenari 19-6	M55 Mack Stewart 2:22.67	M70 Bill Carter 121-8 Les Frisk 72-0	Triple Jump	W60 Barbara Racine 58	-1	Philip Gnesin	2:10.60
Shot Put	Dan McCormack 2:25.00 M70 Bob Wingo 3:23.97	Fred Adams 68-2	M60 Bob Voege 19-10.25	Pentathlon	The s	Jim Gorman	2:12.91
M30 Benyt Jarlsjo SWE 52-0	W60 Mickie Aguilar 3:43.81	M85 John Pearce 70-10	Shot Put	M50 Donald Dvorak	1962	Bill Fitzxpatrick	2:13.72
M40 Jeff Baty 38-4 M50 Bo Jarlsjo SWE 26-11	1500m	W40 Cheryl Mellenthin 63-4	M60 Bob Voege 26	M60 Marion Sanchez	2083	Don Chadez	2:25.81
M55 Don North 32-5½	M30 Robert Williams 5:52.49	W15 Steph DeAngelo 41-1	Discus	M65 Thomas Harney	1443	M50 Lee Fitzgerald	2:10.60
M60 Milton Brady 34-21	M35 Arne Hasselquist 5:01.34	W55 Sylvia Brooks 65-0 W70 Ruth Seeger 59-1	M40 Bob DeBennedetto 107-6 M50 Jack Karbens 106	W50 Jean Hallin	681	Bob Russell	2:15.34
R Paul Adams 31-31	M45 Mike Henderson 5:02.71 M50 Kent Albright 5:35.88	Hammer 59-1		USATF West Regional Ma	sters	M60 Clifford Pauling	2:33.09
M65 Jack Haller Sr 31-0 M70 Robert Daw 20-½	W60 Mickie Aguilar 7:20.95	M50 Mark Chapman 78-10	M55 Bob Molyneux 77-1 M60 Bob Voege 78-7	Championships		Earl Davis	2:43.67
Discus 20-2	5000m	Monroe Ashworth 69-10	M70 Ken Wheeler 94-8	Norwalk, CA; July 20	0	R Archibald	3:06.95
M30 Bengt Jarlsjo SWE 163-8	M30 Gary Brimmer 17:20.70	M55 Howard Zingg 90-10 John Couniff 89-10	WITO REIL WHICEIGH 94-0	100m	- NA	M65 Jim Selby	2:39.01
M40 Jeff Baty 121-6	M40 Jim Reppert 20:39.10	John Couniff 89-10 M60 Milton Brady 93-5	San Jose-Silicon Valley Senior		11.22	Efrain Sanchez	2:48.81
M50 Bo Jarlsjo 69-5 M55 Linden Schneider 103-11	M45 Mike Henderson 22:17.10 M50 Mike Chuka 19:42.31	M70 Fred Adams 72-3	Games	Anthony Emerson	14.53	M70 Avery Bryant	2:58.35
M60 Milton Brady 107-4	M50 Mike Chuka 19:42.31 Vincent Meija 24:59.42	W40 Cheryl Mellentin 59-4	San Jose, CA; July 14	M35 Anthony Davis	12.33	W30 Gillian Drummond	2:49.16
R Paul Adams 102-10	Short Hurdles	Javelin	50m		12.21	W35 Carla Hoppie	2:32.32
M70 Cy Buchert 63-11	M35 Dan Cook 16.31	M35 Arny Fernando 160-10	M50 David Naylor 6.90		12.34	Debbie Selby	3:42.27
W70 Miller Buchert 42-6	M40 Michael Mitchell 17.61	Coy Akers 126-4 M40 Stephen Cox 129-9	M60 Marion Sanchez 7.12	· · · · · · · · · · · · · · · · · · ·	12.90	W60 Vicki Bigelow	2:53.91
Hammer M40 Jeff Baty 112-2	M50 Courtland Gray 14.45 M55 John Head 19.32	Russ Jacquet-Acea 116-3	M65 Vernon Reiger 7.20		13.08	1500m M30 Leroy Collins	4:45.32
M55 Don North 72-8	M60 Lowell Bonifield 16.27	M45 Bill Dulkose 130-10	1.470 Howard Kline 8.10		13.12		
M60 Milton Brady 93-10		Jerry Brower 105-8	M75 Frank Toner 8.23	Paul Gilbert	14.27	Continued on i	lext page

page 38		BEDTALTIS FOR		
Continued from previous	us page	Sharos Madeiros	3.45	١
M35 Paul Fragua	4:08.02	W60 Fei-Mei Chou Triple Jump	3.22	ı
Bill McQuown Mark Cleary	4:20.93 4:23.08	M30 Lavell Davenport	14.83	ı
Angelo Decollibus	4:24.09	Derek Brown	12.77	1
Joe Cabrera	4:29.51	M40 David Quick M80 Clarence Trahan	6,93	I
M40 Peter Moog Richard Burns	4:08.32 4:08.54	W35 Elaine Iba	8.38	ı
M45 David Salazar	4:20.73	W60 Fei-Mei Chou	6.60	ı
Jim Gorman	4:21.20	Shot Put M30 Steve Barba	11.84	١
Agustin Medina John Davis	4:54.33 5:05.91	James Barry	10.96	ı
M50 Juan Cabeza	4:34.45	M35 Jeff Crothers	11.64	ı
Rob Russell	4:48.58 5:05.22	M40 Bill Gardner M45 John Von Rohr	13.94	l
M55 Charles Burton M60 Earl Davis	5:29.09	Alfred Cain	9.70	ı
R Archibald	6:05.32	M50 Doug Wells	14.68	ı
M65 Gunnar Linde	5:27.62	Dennis McCraven	12.42	ı
Pete Mundle W30 Gillian Drummond	6:44.64 5:42.22	David Pena Richard Behrens	11.90	ı
W35 Debbie Selby	7:45.30	Robin Paulsen	10.82	ľ
W45 Joni Shirley	5:28.42	M60 Hal Smith	13.68	
W60 Vicki Bigelow 5000m	5:47.52	Sam Adams Stewart Thompson	13.04 12.70	ı
M40 Murray Greenberg	18:48.08	Alan Rosen	9.24	
Leslie Caldera	19:37.63	Walter de Rothne	7.70	
M45 Irwin Merein M60 R Archibald	18:56,90 21:18,44	M65 Don Hegberg M70 Bill Bangert	8.80	1
G McClenathen	32:30.39	M75 Jim Sullenger	9.20	ALC: NO.
W35 Vickie Ford	19:10.10	W35 Karen Vaughn	8.67	100
W40 Lorraine Gersitz W45 Anita Greenberg	20:04.03 21:55.79	W40 Joan Stratton W45 Lorraine Tucker	10.98 8.86	,
Short Hurdles	Nillia de la constanta	Sandra Harrison	8.12	
M30 Berry Kettrell	14.95	W50 Kathy Jager	9.44	
Roger Drummond	17.04 18.46	W30 Karen Huff Ricki Nichols	8.70 8.10	
Steve Selvidge M40 Ken Stone	19.58	Jane Serra	7.06	ı
M45 Sheridon Groves	19.10	Discus		
M50 Theo Viltz	15.01	M30 Steve Barba	36.74	1
M55 Walt Butler M65 John Martel	14.63 19.00	John Price James Barry	35.82 35.20	3
W70 Johnnye Valien	21.07	Steve Selvidge	29.98	
Long Hurdles		M40 Bill Gardner	36.88	2000
M30 Roger Drummond	1:02.30	M45 Alfred Cain	28.14	1
M40 Andrew Hecker Ken Stone	1:07.52	M50 Lloyd Higgins Doug Wells	50.16 49.70	ı
M45 Sheridon Groves	1:07.35	David Pena	38.38	100
M60 Al Sheanen	56.59	M55 Joe Marino	42.34	1
W40 Tina Stough 2000m Steeplechase	55.01	Gary Miller Ron McKnight	37.62 19.58	1
M65 Jim Selby	9:18.99	M60 Stewart Thompson	51.46	1
Efrain Sanchez Walt Atcheson	9:54.45 10:35.72	Bob Humphreys Sam Adains	50.72 43.82	ı
M70 Avery Bryant	9:30.89	Alan Rosen	36.12	ı
3000m Steeplechase	CHEW !	Walter de Rothne	22.76	1
M40 Neal Bojko M45 Don Chadez	12:54.21	M65 Don Hegberg Walt Atcheson	37.90 23.86	ALICOIT
M50 Dick Jones	12:47.56	M70 Bill Bangert	32.06	OT DATE
4x100m Relay	95 (5)7	Don Roser	30.64	1
M40 MON W50 MAX	49.02 1:07.43	M75 Wilbur Thompson	34.12 30.14	el scen
W60 LEG	1:05.88	Jim Sullenger Bob Hunt	23.22	MANAGE
High Jump		W40 Joan Stratton	31.00	
M30 Derek Brown M50 Roberto Pozzi	1.61	W45 Lorraine Tucker	27.18	100
M60 Phil Fehlen	1.66	Sandra Harrison W50 Ricki Nichold	19.78 21.10	1
Nick Newton	1.56	Karen Huff	20.20	ı
Hal Smith M65 Bud Held	1.41	Kathy Jager	19.92	1
Buddl lamilton	1.41	Jane Serra W60 Kristel Miller	17.74	ı
M70 Don Roser	1.16	Hammer		1
M75 Burt Gist	1.06	M35 Jeff Crothers	35.82	١
W35 Karen Vaughn W45 Anali Steekelenbur	1.20 g 1.42	M45 Mike Diller John von Rohr	45.16 40.54	
W50 Sharon Madeiros	1.12	Alfred Cain	28.74	1
W60 Kristel Miller W70 Johnnye Valien	1.16	M60 Stewart Thompson Bob Humphreys	49.28 46.24	1
Pole Vault	1.00	M70 Bill Bangert	30.94	١
M30 Greg Ronlov	4.25	W40 Joan Stratton	35.28	ı
M35 Bill Halverson Greg Charles	4.75 3.96	W45 Sandra Harrison Javelin	21.22	ı
M40 Mike Hogan	4.26	M30 Ken Hall	61.98	١
M45 Greg Miguel	4.11	Steve Barba	47.50	ı
Steve Morris M50 Mardon Connelly	3.96 3.66	M35 John Hansen M40 Bill Gardner	54.46 46.62	١
M60 Hal Smith	2.28	M45 Joe Greenberg	56.20	١
M70 Jim Johnson	2.13	Ron Rook	36,98	1
Don Roser 'W65 Shirley Kinsey	1.98	M50 David Pena Robin Paulsen	41.60	1
Long Jump		Richard Behrens	39.02	1
M30 Kerek Brown	6.95	M55 Gary Miller	40.10	1
Steve Selvidge M40 David Quick	6.29 5.84	Steve Wordell M60 Edward Martin	38.78 36.52	1
Andrew Hecker	4.92	M65 Del Pickarts	42.96	1
M45 Carl Flowers	5.59	Don Hegberg	28.58	1
M55 Milan Tiff M60 Roger Tsuda	3.98 4.75	M70 Don Roser W35 Karen Vaughn	28.86	1
Edward Martin	3.94	W50 Ricki Nichols	25.28	1
M65 Jim Selby	3.58	Karen Huff	24.42	1
M70 Jim Johnson	3.32	Jane Serra W60 Kristel Miller	21.50	1
M80 Clarence Trahan W35 Elaine Iba	4,48	3000m RW	26.58	1
W50 Nadine O'Conner	3.90	M50 Mike Blaakeman	21:32	1
Kathy Jager	3.66	M60 Lloyd McGuire	19:05	1

USATF West Regional Master	r
Weight Pentathlon	
Championships	
Santa Cruz, CA; Aug. 3	
(sen/en/pm/m/cm)	

Santa Cruz, CA; Aug. 3

(HT/SP/DT/JT/WT)

M55 Archrew Miller 39 2963
(37,82/11.69/40.52/44.28/11.77)

M0 Richard Watson 43 2664
(34,00/10.85/36.28/47.30/10.56)

John Towneard 41 2043
(22.62/10.33/27.34/37.58/6.68)

M5 Cary Kellmenson 46 3025
(40.28/10.28/32.88/30.24/12.34)

M50 Rick Behrens 54 2715
(24.60/11.46/32.88/28.82/11.77)

M55 Jim Hart 58 3500
(36.36/12.32/38.00/25.40/12.51)

Mike Rarker 55 2804
(25.02/11.40/34.06/23.02/9.35)

M50 Stew Thomeon 63 4332
(49.56/12.80/50.32/24.68/16.62)

Bay Area Pole Vault Development Invitational San Francisco; Aug. 3

	and the same of th	
M30	Kevin Stange	13-0
M35	Jerry Strong	14-6
102.15	Mike Garzillo	12-0
M40	Wilson Soohoo	12-0
	Eddie Seese	12-0
	Skip Seabeck	10-3
M50	Roger Werne	12-0
	Bruce Hotaling	11-6

NORTHWEST

USATF Northwest Regional Masters Championships/ KeyBank Classic Tacoma, WA; Aug. 3-4

Tacoma, WA; Aug.	3-4
100m	
M30 Art Anderson	10.80
Paul Scarlett Mike Streeter	10.90
M35 Mike Waller	11.30
Karry Cameron	11.50
Everette Deveaux	11.90 12.50
Greg Wright M40 Billy McKinney	11.80
John Wells	11.86
Prentis Johnson	12.31 12.33
Roger McIntosh M45 Greq Williams	12.33
Jack Craig	12.70
Richard Ying M50 Steve Robbins	13.20
Mike McDaniel	11.70 12.69
Ron Jensen	13.12
Will Leslie M55 Paul Stepan	13.23
M55 Paul Stepan Tom Hunt	14.03
M60 Jim Schlewitz	14.70
Richard Harrison	15.06
Melvin Preedy	16.59
M65 Jack Coy Dick Cottingham	14.01
Irv Shotwell	15.11 16.43
M80 Alvin Klier	18.52
W35 Susan Smith	13.39
W40 Joy Cordell W45 Geri Piper	15.86 15.52
Caroline Cooney	16.29
Teddie Bell	16.30
W50 Rose Schlewitz	17.50
W55 Laura Stepan W70 Pat Peterson	19.60 16.91
W75 Evelyn Lercher	24.30
200m	24.04
M35 Benito Rosales Robert Good	24.04 26.27
Greg Wright	26.80
M40 John Wells	24.84
Roger McIntosh Russ Acea	25.04 25.79
M45 Greg Williams	25.81
Jack Craig	26.71
Richard Ying Dave Manthey	27.07 27.83
M50 Grant Lamothe	27.62
M55 Paul Stepan	28.38
Tom Hunt M60 Jim Schlewitz	31.07
M60 Jim Schlewitz Larry Wright	29.62 34.76
M65 Jack Coy	28.35
Dick Cottingham	31.72
M80 Alvin Klier W35 Susan Smith	39.99 27.47
W40 Denise Foreman	27.74
W45 Teddie Bell	35.76
W70 Pat Peterson W85 Mabel O'Hare	36.67
400m	70.99
M30 Paul Scarlett	50.46
Frank Coleman M35 Karry Cameron	51.96
Doug Schneebeck	53.42 54.14
Tim Douglas	61.74
M45 Dave Manthey 'Tony Hanson	62.47
Charles Eyres	63.53 68.30
M50 Steve Robbins	52.87
Ron Jensen M55 Paul Stepan	60.65
M55 Paul Stepan M60 Don Kane	66.18
Jim Schlewitz	65.11 71.33
Larry Wright	75.35

nal M	asters News	A Letter
lasters	M65 Jack Coy W35 Susan Smith	64.09 65.69
j. 3	W70 Pat Peterson	91.29
2963	M30 Jona Silva M35 Rich Been Tad Gotting	2:05.00 2:05.90
.77) 2864	M40 Dave Clingan Bill Codd	2:04.60 2:05.40
.56) 2043	Arny Stonkus Mike Allison	2:09.90 2:16.00
58) 3025	Ron Dimnerman M45 Ken Bell	2:39.00
.34) 2715	Dean Koga Charles Eyres M50 Joe Henry	2:14.70 2:34.10 2:20.90
.77) 3500 .51)	Ron Taylor M55 Elbert Field	2:39.30
2804 35)	M60 Ken Oyden Don Kane	2:34.40 2:35.80
4332	Field Ryan M65 Tum Brinton	2:56.60 2:31.90
lt serve	M75 Dan Bulkley W30 Esther Holman	3:31.90 2:58.60
onal . 3	W35 Jennifer Fisher Sue Grigsby	2:20.50 2:25.80 2:30.90
13-0	Mary Russell Renee Jackman W45 Jane Treleven	2:30.90 2:42.40 2:32.00
14-6 12-0	W55 Madeline Bost	3:06.60
12-0 12-0	M35 Rich Been Tim Douglas	4:19.80 5:13.70
10-3 12-0 11-6	M40 Arny Stonkus Mike Allison	4:24.30 4:25.20
Sit 1	Ron Dimmerman M45 Ken Bell	5:36.00 4:21.00
ST	Roger Price Dean Koga	4:28.80 4:44.60
jional	Brian Peterman M50 Larry Wilson	5:14.90 4:40.40 4:59.40
nips/	Joe Henry M55 Herb Phillips Eugene Chase	4:59.40 4:46.50 5:14.00
3-4	Elbert Field Bob Sheedy	5:57.60 6:23.70
10.80	M60 Ken Ogden Field Ryan	5:22.60 5:59.30
10.90 14.20 11.30	W35 Sue Grigsby W40 Joy Cordell	4:53.99 5:25.83
11.50	Colleen RhayStor W50 Rose Schlewitz	7:55.65
12.50	W55 Laura Stepan W60 Suzi MacLeod	6:07.01
11.86 12.31	Peggy Ainslie 5000m	6:27.77
12.33 12.60	M30 Stan Holman Mark VanEycke Dan Salazar	15:22.28 15:32.94
12.70 13.20	M35 LucianoCampagno	1017:35.84
11.70 12.69 13.12	Luis Montes M45 Roger Price Jim McGill Phil Codd	16:20.08 16:30.34
13.23	MSO Torry Craham	17.20 47
14.70 14.41	MSS Cono Chaco	10.24.30
15.06 16.59	Dennis O'llare M60 Bill Iffrig Derek Mahaffey	
14.01	Melvin Preedy Larry Wright	19:48.90
16.43 18.52 13.39	W40 Colleen RhaySto	ne20:35.70
15.86 15.52	M35 LucianoCampagno M45 Douglas Sturm M50 Chuck Cammack M60 Iarry Wright	1036:53.32
16.29 16.30	M50 Chuck Cammack M60 Iarry Wright	39:17.89 41:47.28
17.50 19.60	Melvin Preedy Short Hurdles M30 Mike Streeter	Contract of the last of the la
16.91 24.30	M35 Doug Schneebeck Karry Cameron M45 Jack Craig	20.01 16.21 16.93
24.04 26.27	M45 Jack Craig M65 Chadwick Bolend	16.75
26.80 24.84	M65 Darrold Skartve	er 21.40 dt 27.30
25.04 25.79	Long Hurdles M30 Mike Streeter	77.50
25.81 26.71	M35 Doug Schneebeck M40 Russell Acea M50 Jess Brewer	57.80 65.30
27.07 27.83 27.62	Grant Lamothe	74.20
28.38 31.07	M65 Darrold Skartve M75 Dan Bulkley Steeplechase	64.80
29.62 34.76	M30 Pat Wagner Eric Roley	10:25.90 13:30.50
28.35 31.72	M40 Dan Winzenried	10:41.30
39.99 27.47	W35 Jennifer Fisher	10:14.85 7:42.00
27.74 35.76 36.67	W55 Madeline Bost 4x100m Relay M50-54 Portland Mas	
70.99	4x800m Relay M60-64 Snohomish 'TC	
50.46 51.96	M30 Rand Crippen	1 560
53.42 54.14	Mike Streeter M40 Richard Teller	1.04
61.74 62.47 63.53	Tony Hancon	1.42
63.53 68.30 52.87	M50 Jim Anderson Pat Shober	1.42
60.65	M55 Brad Wilson M60 Melvin Preedy	1.42 1.32 1.25
65.11 71.33	M65 William Hill	1.25
75.35	Charles Bispala	1.05

Pole Vault	13.0	1
M30 Mike Jaqua M35 Robert Cood		
M45 'Yom Light Richard Ying M50 Dennis Phillips M65 Chadwick Bolender	10-0	
Richard Ying	10-0	1
M50 Dennis Phillips	13-0	,
M65 Chadwick Bolender M70 John Cleveland	8-6	
Don Grosh	0-2	
W55 Becky Sisley	7-10	1
Madeline Bost	6-10	
M30 Grey Font	19-1	1
Rob Robertson	16-81	Ė
M35 Greg Wright	1775	
M35 Greg Wright M40 John Wells Dale Cumnings	18-8	1
	12 0 75	1
John Lowe M45 Oron Lott	16-101	1
M50 Mike McDaniel	18-51	1
K II Troy	17-6½ 14-10	ì
Pat Shober Johnny Edwards		ľ
Jim Anderson	13-21	al dis
Jim Anderson MS5 Bob Sheedy	14-9	No.
Brad Wilson	11-6 13-4	1
M60 Rich Harrison W35 Susan Smith	15-5	١,
W45 Caroline Cooney		ľ
W75 Evelyn Lercher	6-11	3
Triple Jump		70
M35 Greg Wright	10.39	1
M40 Mike Iariza	13.12	l ;
Russ Acea	10.01	
M45 Oron Lott M50 K H Troy	10-95	1
Johnny Edwards Grant Lamothe	8.78	1
Grant Lamothe	8.58	
MD5 Brad Wilson	1.10	200
M65 Ray Ryan Shot Put	5.48	
M35 Mike Westlin	13.55	9
M35 Mike Westlin M40 Gary Zasimovich M45 Clevelard Futch	11.90	of Sec.
M45 Cleveland Futch	10.66	1
Pat Ellsberg M50 John Allamano	10.5/	1
Jack Miller	14.52 10.44	
Steve Torgensen		1900
M55 Russ Hodge	15.20	
M55 Russ Hodge Larry Lundgren Brad Wilson M60 Neil Saling Turk Markishtum	10.82	ı
M60 Neil Saling	8.82 11.87	
		1
Jim Hitchman	10.46 8.70	
Paul Kaald		
M65 Reed Quinn Charles Bispala	10.80 9.87	100
Jerry Wojcik	8.28	8
M70 Harvey Williams	9.95	1
M75 Jim Minah	9.51	
Gerald Cysewski	8.32 8.20	1
M80 Leon Joslin W35 Mary Harrington W40 Joli Sandoz	9.65	ı
W40 Joli Sandoz	7.22	I_
W45 Pauline Thomas		
	9.65	. ;
Sue Hinz	9.65 7.85	
Sue Hinz Discus	9.65 7.85	MASSES NO.
Sue Hinz <u>Discus</u> M30 Mike Bennett	9.65 7.85 48.06	N. STATES OF THE PARTY OF THE P
Sue Hinz Discus M30 Mike Bennett Robby Robertson	9.65 7.85 48.06 28.26 23.94	No service of the ser
Sue Hinz <u>Discus</u> M30 Mike Bennett Robby Robertson Mike Streeter M35 Mike Westlin	9.65 7.85 48.06 28.26 23.94 40.34	Residence and the second
Sue Hinz Discus M30 Mike Bennett Robby Robertson Mike Streeter M35 Mike Westlin M40 Mark Neal	9.65 7.85 48.06 28.26 23.94 40.34 41.40	No agent of the Control of the Contr
Sue Hinz Discus M30 Mike Bennett Robby Robertson Mike Streeter M35 Mike Westlin M40 Mark Neal	9.65 7.85 48.06 28.26 23.94 40.34	The state of the state of the
Sue Hinz Discus M30 Mike Bennett Robby Robertson Mike Streeter M35 Mike Westlin M40 Mark Neal Gary Zasimovich M45 Tim Edwards Tom Taugher	9.65 7.85 48.06 28.26 23.94 40.34 41.40 31.40 41.94 33.08	The state of the s
Sue Hinz Discus M30 Mike Bennett Robby Robertson Mike Streeter M35 Mike Westlin M40 Mark Neal Gary Zasimovich M45 Tim Edwards Tom Taugher Pat Ellsberg	9.65 7.85 48.06 28.26 23.94 40.34 41.40 31.40 31.40 31.86	The second secon
Sue Hinz Discus M30 Mike Bennett Robby Robertson Mike Streeter M35 Mike Westlin M40 Mark Neal Gary Zasimovich M45 Tim Edwards Tom Taugher Pat Ellsberg Cleveland Futch	9.65 7.85 48.06 28.26 23.94 40.34 41.40 31.40 41.94 33.08 31.86 29.88	The second secon
Sue Hinz Discus M30 Mike Bennett Robby Robertson Mike Streeter M35 Mike Westlin M40 Mark Neal Gary Zasimovich M45 Tim Edwards Tom Taugher Pat Ellsberg Cleveland Futch M50 Jack Miller	9.65 7.85 48.06 28.26 23.94 40.34 41.40 31.40 41.94 33.08 31.86 29.88 34.40	The second secon
Sue Hinz Discus M30 Mike Bennett Robby Robertson Mike Streeter M35 Mike Westlin M40 Mark Neal Gary Zasimovich M45 Tim Edwards Tom Taugher Pat Ellsberg Cleveland Futch M50 Jack Miller Steve Torgensen M55 Russ Hodge	9.65 7.85 48.06 28.26 23.94 40.34 41.40 31.40 41.94 33.08 31.86 29.88 34.40 30.20 44.18	
Sue Hinz Discus M30 Mike Bennett Robby Robertson Mike Streeter M35 Mike Westlin M40 Mark Neal Gary Zasimovich M45 Tim Edwards Tom Taugher Pat Ellsberg Cleveland Futch M50 Jack Miller Steve Torgensen M55 Russ Hodge Larry Lundgren	9.65 7.85 48.06 28.26 23.94 40.34 41.40 31.40 41.94 33.08 31.86 29.88 34.40 30.20 44.18 34.26	
Sue Hinz Discus M30 Mike Bennett Robby Robertson Mike Streeter M35 Mike Westlin M40 Mark Neal Gary Zasimovich M45 Tim Edwards Tom Taugher Pat Ellsberg Cleveland Futch M50 Jack Miller Steve Torgensen M55 Russ Hodge Larry Lundgren Bob Sheedy	9.65 7.85 48.06 28.26 23.94 40.34 41.40 31.40 41.94 33.08 31.86 29.88 34.40 30.20 44.18 34.26 32.60	
Sue Hinz Discus M30 Mike Bennett Robby Robertson Mike Streeter M35 Mike Westlin M40 Mark Neal Gary Zasimovich M45 Tim Edwards Tom Taugher Pat Ellsberg Cleveland Putch M50 Jack Miller Steve Torgensen M55 Russ Hodge Larry Lundgren Bob Sheedy J W King Brad Wilson	9.65 7.85 48.06 28.26 23.94 40.34 41.40 31.40 41.94 33.08 31.86 29.88 34.40 30.20 44.18 34.26	
Sue Hinz Discus M30 Mike Bennett Robby Robertson Mike Streeter M35 Mike Westlin M40 Mark Neal Gary Zasimovich M45 Tim Edwards Tom Taugher Pat Ellsberg Cleveland Futch M50 Jack Miller Steve Torgensen M55 Russ Hodge Larry Lundgren Bob Sheedy J W King Brad Wilson Dick Dow	9.65 7.85 48.06 28.26 23.94 40.34 41.40 31.40 41.94 33.08 31.86 29.88 34.40 30.20 44.18 34.26 32.60 29.08 28.74 28.16	
Sue Hinz Discus M30 Mike Bennett Robby Robertson Mike Streeter M35 Mike Westlin M40 Mark Neal Gary Zasimovich M45 Tim Edwards Tom Taugher Pat Ellsberg Cleveland Futch M50 Jack Miller Steve Torgensen M55 Russ Hodge Larry Lundgren Bob Sheedy J W King Brad Wilson Dick Dow M60 Neil Saling	9.65 7.85 48.06 28.26 23.94 40.34 41.40 31.40 31.86 29.88 34.40 30.20 44.18 34.26 32.60 29.08 28.74 28.16 45.00	
Sue Hinz Discus M30 Mike Bennett Robby Robertson Mike Streeter M35 Mike Westlin M40 Mark Neal Gary Zasimovich M45 Tim Edwards Tom Taugher Pat Ellsberg Cleveland Futch M50 Jack Miller Steve Torgensen M55 Russ Hodge Larry Lundgren Bob Sheedy J W King Brad Wilson Dick Dow	9.65 7.85 48.06 28.26 23.94 40.34 41.40 31.40 41.94 33.08 31.86 29.88 34.40 30.20 44.18 34.26 32.60 29.08 28.74 28.16 45.00 35.12	
Sue Hinz Discus M30 Mike Bennett Robby Robertson Mike Streeter M35 Mike Westlin M40 Mark Neal Gary Zasimovich M45 Tim Edwards Tom Taugher Pat Ellsberg Cleveland Futch M50 Jack Miller Steve Torgensen M55 Russ Hodge Larry Lundgren Bob Sheedy J W King Brad Wilson Dick Dow M60 Neil Saling Turk Markishtum	9.65 7.85 48.06 28.26 23.94 40.34 41.40 31.40 31.86 29.88 34.40 30.20 44.18 34.26 32.60 29.08 28.74 28.16 45.00	
Sue Hinz Discus M30 Mike Bennett Robby Robertson Mike Streeter M35 Mike Westlin M40 Mark Neal Gary Zasimovich M45 Tim Edwards Tom Taugher Pat Ellsberg Cleveland Futch M50 Jack Miller Steve Torgensen M55 Russ Hodge Larry Lundgren Bob Sheedy J W King Brad Wilson Dick Dow M60 Neil Saling Turk Markishtum Frank Miller Rich Harrison M65 Darrol Skartvedt	9.65 7.85 48.06 28.26 23.94 40.34 41.40 31.40 31.86 29.88 34.40 30.20 44.18 34.26 32.60 29.08 28.74 28.16 45.00 35.12 34.66 29.88 28.74 28.16 40.94	1
Sue Hinz Discus M30 Mike Bennett Robby Robertson Mike Streeter M35 Mike Westlin M40 Mark Neal Gary Zasimovich M45 Tim Edwards Tom Taugher Pat Ellsberg Cleveland Putch M50 Jack Miller Steve Torgensen M55 Russ Hodge Larry Lundgren Bob Sheedy J W King Brad Wilson Dick Dow M60 Neil Saling Turk Markishtum Frank Miller Rich Harrison M65 Darrol Skartvedt RocdQuinn	9.65 7.85 48.06 28.26 23.94 40.34 41.40 31.40 41.94 33.08 32.60 29.88 34.40 30.20 44.18 34.26 32.60 29.08 28.74 28.16 45.00 35.12 34.66 28.46 40.94 35.26	1
Sue Hinz Discus M30 Mike Bennett Robby Robertson Mike Streeter M35 Mike Westlin M40 Mark Neal Gary Zasimovich M45 Tim Edwards Tom Taugher Pat Ellsberg Cleveland Futch M50 Jack Miller Steve Torgensen M55 Russ Hodge Larry Lundgren Bob Sheedy J W King Brad Wilson Dick Dow M60 Neil Saling Turk Markishtum Frank Miller Rich Harrison M65 Darrol Skartvedt RecdQuinn William Hill	9.65 7.85 48.06 28.26 23.94 40.34 41.40 31.40 41.94 33.08 31.86 29.88 34.40 30.20 44.18 34.26 32.60 29.08 26.74 28.16 45.00 35.12 34.66 28.46 40.94 35.26 31.62	1
Sue Hinz Discus M30 Mike Bennett Robby Robertson Mike Streeter M35 Mike Westlin M40 Mark Neal Gary Zasimovich M45 Tim Edwards Tom Taugher Pat Ellsberg Cleveland Futch M50 Jack Miller Steve Torgensen M55 Russ Hodge Larry Lundgren Bob Sheedy J W King Brad Wilson Dick Dow M60 Neil Saling Turk Markishtum Frank Miller Rich Harrison M65 Darrol Skartvedt RecdQuinn William Hill Jerry Wojcik Charles Bispala	9.65 7.85 48.06 28.26 23.94 40.34 41.40 31.40 41.94 33.08 32.60 29.88 34.40 30.20 44.18 34.26 32.60 29.08 28.74 28.16 45.00 35.12 34.66 28.46 40.94 35.26	11111111111
Sue Hinz Discus M30 Mike Bennett Robby Robertson Mike Streeter M35 Mike Westlin M40 Mark Neal Gary Zasimovich M45 Tim Edwards Tom Taugher Pat Ellsberg Cleveland Futch M50 Jack Miller Steve Torgensen M55 Russ Hodge Larry Lundgren Bob Sheedy J W King Brad Wilson Dick Dow M60 Neil Saling Turk Markishtum Frank Miller Rich Harrison M65 Darrol Skartvedt RecdQuinn William Hill Jerry Wojcik Charles Bispala M70 Harvey Williams	9.65 7.85 48.06 28.26 23.94 40.34 41.40 31.40 41.94 33.08 34.40 30.20 44.18 34.26 32.60 29.08 26.74 28.16 45.00 35.12 34.66 28.46 40.36 35.12 34.66 28.46 40.36 35.26 36.26 37	1 1 7 7 1
Sue Hinz Discus M30 Mike Bennett Robby Robertson Mike Streeter M35 Mike Westlin M40 Mark Neal Gary Zasimovich M45 Tim Edwards Tom Taugher Pat Ellsberg Cleveland Futch M50 Jack Miller Steve Torgensen M55 Russ Hodge Larry Lundgren Bob Sheedy J W King Brad Wilson Dick Dow M60 Neil Saling Turk Markishtum Frank Miller Rich Harrison M65 Darrol Skartvedt RecdQuinn William Hill Jerry Wojcik Charles Bispala M70 Harvey Williams M80 Leon Joslin	9.65 7.85 48.06 28.26 23.94 40.34 41.40 31.40 31.86 29.88 34.40 30.20 44.18 34.26 32.60 29.08 28.74 28.16 45.00 35.12 34.66 28.46 40.94 35.26 31.62 30.58 28.42 37.22 25.30	1 1 5 7 1 1
Sue Hinz Discus M30 Mike Bennett Robby Robertson Mike Streeter M35 Mike Westlin M40 Mark Neal Gary Zasimovich M45 Tim Edwards Tom Taugher Pat Ellsberg Cleveland Futch M50 Jack Miller Steve Torgensen M55 Russ Hodge Larry Lundgren Bob Sheedy J W King Brad Wilson Dick Dow M60 Neil Saling Turk Markishtum Frank Miller Rich Harrison M65 Darrol Skartvedt RecdQuinn William Hill Jerry Wojcik Charles Bispala M70 Harvey Williams M80 Leon Joslin W40 Joli Sandoz	9.65 7.85 48.06 28.26 23.94 40.34 41.40 31.40 41.94 33.08 31.86 29.88 34.40 30.20 44.18 34.26 32.60 29.08 28.74 28.16 45.00 35.12 34.66 28.46 40.94 35.26 30.58 28.42 37.22 25.30 18.38	1 1 7 7 1
Sue Hinz Discus M30 Mike Bennett Robby Robertson Mike Streeter M35 Mike Westlin M40 Mark Neal Gary Zasimovich M45 Tim Edwards Tom Taugher Pat Ellsberg Cleveland Futch M50 Jack Miller Steve Torgensen M55 Russ Hodge Larry Lundgren Bob Sheedy J W King Brad Wilson Dick Dow M60 Neil Saling Turk Markishtum Frank Miller Rich Harrison M65 Darrol Skartvedt RecdQuinn William Hill Jerry Wojcik Charles Bispala M70 Harvey Williams M80 Leon Joslin	9.65 7.85 48.06 28.26 23.94 40.34 41.40 31.40 31.86 29.88 34.40 30.20 44.18 34.26 32.60 29.08 28.74 28.16 45.00 35.12 34.66 28.46 40.94 35.26 31.62 30.58 28.42 37.22 25.30	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
Sue Hinz Discus M30 Mike Bennett Robby Robertson Mike Streeter M35 Mike Westlin M40 Mark Neal Gary Zasimovich M45 Tim Edwards Tom Taugher Pat Ellsberg Cleveland Futch M50 Jack Miller Steve Torgensen M55 Russ Hodge Larry Lundgren Bob Sheedy J W King Brad Wilson Dick Dow M60 Neil Saling Turk Markishtum Frank Miller Rich Harrison M65 Darrol Skartvedt RecdQuinn William Hill Jerry Wojcik Charles Bispala M70 Harvey Williams M80 Leon Joslin W40 Joli Sandoz W45 Pauline Thomas Sue Hinz Harmer	9.65 7.85 48.06 28.26 23.94 40.34 41.40 31.40 41.94 33.08 34.40 30.20 44.18 34.26 32.60 29.08 28.74 28.16 45.00 35.12 34.66 28.46 40.94 35.26 31.62 30.52 31.62 31	
Sue Hinz Discus M30 Mike Bennett Robby Robertson Mike Streeter M35 Mike Westlin M40 Mark Neal Gary Zasimovich M45 Tim Edwards Tom Taugher Pat Ellsberg Cleveland Futch M50 Jack Miller Steve Torgensen M55 Russ Hodge Larry Lundgren Bob Sheedy J W King Brad Wilson Dick Dow M60 Neil Saling Turk Markishtum Frank Miller Rich Harrison M65 Darrol Skartvedt RecdQuinn William Hill Jerry Wojcik Charles Bispala M70 Harvey Williams M80 Leon Joslin W40 Joli Sandoz W45 Pauline Thomas Sue Himz Hummer M40 Cary Zasimovich	9.65 7.85 48.06 28.26 23.94 40.34 41.40 31.40 41.94 33.08 31.86 29.88 34.40 30.20 44.18 34.26 32.60 29.08 28.74 28.16 45.00 35.12 34.66 29.08 28.74 28.16 45.00 35.12 34.66 29.08 28.74 28.16 45.00 35.12 36.26 30.58 28.42 37.22 25.30 18.38 29.26 24.04	
Sue Hinz Discus M30 Mike Bennett Robby Robertson Mike Streeter M35 Mike Westlin M40 Mark Neal Gary Zasimovich M45 Tim Edwards Tom Taugher Pat Ellsberg Cleveland Futch M50 Jack Miller Steve Torgensen M55 Russ Hodge Larry Lundgren Bob Sheedy J W King Brad Wilson Dick Dow M60 Neil Saling Turk Markishtum Frank Miller Rich Harrison M65 Darrol Skartvedt RecdQuinn William Hill Jerry Wojcik Charles Bispala M70 Harvey Williams M80 Leon Joslin W40 Joli Sandoz W45 Pauline Thomas Sue Hinz Lammer M40 Cary Zasimovich M45 Tim Elwards	9.65 7.85 48.06 28.26 23.94 40.34 41.40 31.40 41.94 33.08 31.86 29.88 34.40 30.20 44.18 34.26 32.60 29.08 26.74 28.16 45.00 35.12 34.66 28.46 40.5 35.26 31.62 30.58 28.42 37.22 25.30 18.38 29.26 24.04	
Sue Hinz Discus M30 Mike Bennett Robby Robertson Mike Streeter M35 Mike Westlin M40 Mark Neal Gary Zasimovich M45 Tim Edwards Tom Taugher Pat Ellsberg Cleveland Futch M50 Jack Miller Steve Torgensen M55 Russ Hodge Larry Lundgren Bob Sheedy J W King Brad Wilson Dick Dow M60 Neil Saling Turk Markishtum Frank Miller Rich Harrison M65 Darrol Skartvedt RecdQuinn William Hill Jerry Wojcik Charles Bispala M70 Harvey Williams M80 Leon Joslin W40 Joli Sandoz W45 Pauline Thomas Sue Himz Hummer M40 Gary Zasimovich M45 Tim Elwards Pat Ellsberg Bill Galler	9.65 7.85 48.06 28.26 23.94 40.34 41.40 31.40 41.94 33.08 31.86 29.88 34.40 30.20 44.18 34.26 32.60 29.08 26.74 28.16 45.00 35.12 34.66 28.46 40.5 35.12 34.66 28.46 40.5 35.26 31.62 30.58 28.42 37.22 25.30 18.38 29.26 24.04	
Sue Hinz Discus M30 Mike Bennett Robby Robertson Mike Streeter M35 Mike Westlin M40 Mark Neal Gary Zasimovich M45 Tim Edwards Tom Taugher Pat Ellsberg Cleveland Futch M50 Jack Miller Steve Torgensen M55 Russ Hodge Larry Lundgren Bob Sheedy J W King Brad Wilson Dick Dow M60 Neil Saling Turk Markishtum Frank Miller Rich Harrison M65 Darrol Skartvedt RecdQuinn William Hill Jerry Wojcik Charles Bispala M70 Harvey Williams M80 Leon Joslin W40 Joli Sandoz W45 Pauline Thomas Sue Hinz Hummer M40 Gary Zasimovich M45 Tim Edwards Pat Ellsberg Bill Galler Clevelant Potets	9.65 7.85 48.06 28.26 23.94 40.34 41.40 31.40 41.94 33.08 34.40 30.20 44.18 34.26 32.60 29.08 28.74 28.16 45.00 29.08 28.74 28.16 45.02 35.12 34.66 28.46 31.62 30.58 28.42 37.22 25.30 18.38 29.26 24.04	
Sue Hinz Discus M30 Mike Bennett Robby Robertson Mike Streeter M35 Mike Westlin M40 Mark Neal Gary Zasimovich M45 Tim Edwards Tom Taugher Pat Ellsberg Cleveland Futch M50 Jack Miller Steve Torgensen M55 Russ Hodge Larry Lundgren Bob Sheedy J W King Brad Wilson Dick Dow M60 Neil Saling Turk Markishtum Frank Miller Rich Harrison M65 Darrol Skartvedt RecdQuinn William Hill Jerry Wojcik Charles Bispala M70 Harvey Williams M80 Leon Joslin W40 Joli Sandoz W45 Pauline Thomas Sue Hinz Hummer M40 Gary Zasimovich M45 Tim Edwards Pat Ellsberg Bill Galler Cleveland Futch M50 George Mathews	9.65 7.85 48.06 28.26 23.94 40.34 41.40 31.40 41.94 33.08 31.86 29.88 34.40 30.20 44.18 34.26 32.60 29.08 26.74 28.16 45.00 35.12 34.66 28.46 40.94 35.26 30.58 28.42 37.22 25.30 18.38 29.26 24.04	
Sue Hinz Discus M30 Mike Bennett Robby Robertson Mike Streeter M35 Mike Westlin M40 Mark Neal Gary Zasimovich M45 Tim Edwards Tom Taugher Pat Ellsberg Cleveland Futch M50 Jack Miller Steve Torgensen M55 Russ Hodge Larry Lundgren Bob Sheedy J W King Brad Wilson Dick Dow M60 Neil Saling Turk Markishtum Frank Miller Rich Harrison M65 Darrol Skartvedt RecdQuinn William Hill Jerry Wojcik Charles Bispala M70 Harvey Williams M80 Leon Joslin W40 Joli Sandoz W45 Pauline Thomas Sue Hinz Hammer M40 Cary Zasimovich M45 Tim Elwards Pat Ellsberg Bill Galler Cleveland Futch M50 George Mathews M60 Frank Miller	9.65 7.85 48.06 28.26 23.94 40.34 41.40 31.40 31.86 29.88 34.40 30.20 44.18 34.26 32.60 29.08 28.74 28.16 45.00 35.12 34.66 29.88 28.42 37.22 25.30 18.38 29.26 24.04 27.54 40.80 29.50 24.30 18.24 40.80 29.50 24.30 18.24 46.24 36.70	
Sue Hinz Discus M30 Mike Bennett Robby Robertson Mike Streeter M35 Mike Westlin M40 Mark Neal Gary Zasimovich M45 Tim Edwards Tom Taugher Pat Ellsberg Cleveland Futch M50 Jack Miller Steve Torgensen M55 Russ Hodge Larry Lundgren Bob Sheedy J W King Brad Wilson Dick Dow M60 Neil Saling Turk Markishtum Frank Miller Rich Harrison M65 Darrol Skartvedt RecdQuinn William Hill Jerry Wojcik Charles Bispala M70 Harvey Williams M80 Leon Joslin W40 Joli Sandoz W45 Pauline Thomas Sue Hinz Hummer M40 Gary Zasimovich M45 Tim Edwards Pat Ellsberg Bill Galler Cleveland Futch M50 George Mathews M60 Frank Miller Jim Hitchman Fred Shamaman	9.65 7.85 48.06 28.26 23.94 40.34 41.40 31.40 41.94 33.08 34.40 30.20 44.18 34.26 32.60 29.08 28.74 28.16 45.00 28.46 40.94 35.12 34.66 28.46 40.94 35.26 31.62 30.58 28.42 37.22 25.30 18.38 29.26 24.04 27.54 40.80 29.50 24.30 18.24 46.24 36.70 33.54	
Sue Hinz Discus M30 Mike Bennett Robby Robertson Mike Streeter M35 Mike Westlin M40 Mark Neal Gary Zasimovich M45 Tim Edwards Tom Taugher Pat Ellsberg Cleveland Futch M50 Jack Miller Steve Torgensen M55 Russ Hodge Larry Lundgren Bob Sheedy J W King Brad Wilson Dick Dow M60 Neil Saling Turk Markishtum Frank Miller Rich Harrison M65 Darrol Skartvedt RecdQuinn William Hill Jerry Wojcik Charles Bispala M70 Harvey Williams M80 Leon Joslin W40 Joli Sandoz W45 Pauline Thomas Sue Hinz Hummer M40 Carty Zasimovich M45 Tim Eilwards Pat Ellsberg Bill Galler Cleveland Futch M50 George Mathews M60 Frank Miller Jim Hitchman Fred Shanaman M65 Ken Weinbel	9.65 7.85 48.06 28.26 23.94 40.34 41.40 31.40 41.94 33.08 31.86 29.88 34.40 30.20 44.18 34.26 32.60 29.08 28.74 28.16 45.00 35.12 34.66 28.46 40.94 35.26 31.62 30.58 28.42 37.22 25.30 18.38 29.26 24.04 27.54 40.80 29.50 24.30 18.24 46.24 36.70 33.54 30.66 35.34	
Sue Hinz Discus M30 Mike Bennett Robby Robertson Mike Streeter M35 Mike Westlin M40 Mark Neal Gary Zasimovich M45 Tim Edwards Tom Taugher Pat Ellsberg Cleveland Futch M50 Jack Miller Steve Torgensen M55 Russ Hodge Larry Lundgren Bob Sheedy J W King Brad Wilson Dick Dow M60 Neil Saling Turk Markishtum Frank Miller Rich Harrison M65 Darrol Skartvedt RecdQuinn William Hill Jerry Wojcik Charles Bispala M70 Harvey Williams M80 Leon Joslin W40 Joli Sandoz W15 Pauline Thomas Sue Hinz Hummer M40 Carty Zasimovich M45 Tim Elwards Pat Ellsberg Bill Galler Cleveland Futch M50 George Mathews M60 Frank Miller Jim Hitchman Fred Shanaman M65 Ken WeinLel Jerry Wojcik	9.65 7.85 48.06 28.26 23.94 40.34 41.40 31.40 41.94 33.08 34.40 30.20 44.18 34.26 32.60 29.08 28.74 28.16 45.00 35.12 34.66 28.46 40.94 35.26 31.62 30.58 28.42 37.22 25.30 18.38 29.26 24.04 27.54 40.80 29.50 24.30 18.24 46.24 36.70 33.54 30.66 35.34 33.84	
Sue Hinz Discus M30 Mike Bennett Robby Robertson Mike Streeter M35 Mike Westlin M40 Mark Neal Gary Zasimovich M45 Tim Edwards Tom Taugher Pat Ellsberg Cleveland Futch M50 Jack Miller Steve Torgensen M55 Russ Hodge Larry Lundgren Bob Sheedy J W King Brad Wilson Dick Dow M60 Neil Saling Turk Markishtum Frank Miller Rich Harrison M65 Darrol Skartvedt RecdQuinn William Hill Jerry Wojcik Charles Bispala M70 Harvey Williams M80 Leon Joslin W40 Joli Sandoz W45 Pauline Thomas Sue Hinz Hummer M40 Carty Zasimovich M45 Tim Eilwards Pat Ellsberg Bill Galler Cleveland Futch M50 George Mathews M60 Frank Miller Jim Hitchman Fred Shanaman M65 Ken Weinbel Jerry Wojcik Reed Quinn M75 Jim Minah	9.65 7.85 48.06 28.26 23.94 40.34 41.40 31.40 41.94 33.08 31.86 29.88 34.40 30.20 44.18 34.26 32.60 29.08 26.74 28.16 45.00 35.12 34.66 28.46 40.94 35.26 31.62 30.58 28.42 37.22 25.30 18.38 29.26 24.04 27.54 40.80 29.50 24.30 18.24 46.24 36.70 33.54 30.66 35.34 33.84 27.50	
Sue Hinz Discus M30 Mike Bennett Robby Robertson Mike Streeter M35 Mike Westlin M40 Mark Neal Gary Zasimovich M45 Tim Edwards Tom Taugher Pat Ellsberg Cleveland Futch M50 Jack Miller Steve Torgensen M55 Russ Hodge Larry Lundgren Bob Sheedy J W King Brad Wilson Dick Dow M60 Neil Saling Turk Markishtum Frank Miller Rich Harrison M65 Darrol Skartvedt RecdQuinn William Hill Jerry Wojcik Charles Bispala M70 Harvey Williams M80 Leon Joslin W40 Joli Sandoz W45 Pauline Thomas Sue Hinz Hammer M40 Cary Zasimovich M45 Tim Elwards Pat Ellsberg Bill Galler Cleveland Futch M50 George Mathews M60 Frank Miller Jim Hitchman Fred Shanaman Fred Shanaman M65 Ken Weinbel Jerry Wojcik Reed Quinn M75 Jim Minah M80 Leon Joslin	9.65 7.85 48.06 28.26 23.94 40.34 41.40 31.40 41.94 33.08 31.86 29.88 34.40 30.20 44.18 34.26 32.60 29.08 28.74 28.16 45.00 35.12 34.66 28.46 40.94 35.26 30.58 28.42 37.22 25.30 18.38 29.26 24.04 27.54 40.80 29.50 24.30 18.24 46.24 36.70 33.54 33.84 27.50 33.58	
Sue Hinz Discus M30 Mike Bennett Robby Robertson Mike Streeter M35 Mike Westlin M40 Mark Neal Gary Zasimovich M45 Tim Edwards Tom Taugher Pat Ellsberg Cleveland Futch M50 Jack Miller Steve Torgensen M55 Russ Hodge Larry Lundgren Bob Sheedy J W King Brad Wilson Dick Dow M60 Neil Saling Turk Markishtum Frank Miller Rich Harrison M65 Darrol Skartvedt RecdQuinn William Hill Jerry Wojcik Charles Bispala M70 Harvey Williams M80 Leon Joslin W40 Joli Sandoz W45 Pauline Thomas Sue Hinz H40 Cary Zasimovich M45 Tim Elwards Pat Ellsberg Bill Galler Cleveland Futch M50 George Mathews M60 Frank Miller Jim Hitchman Fred Shanaman M65 Ken Weinlel Jerry Wojcik Reed Quinn M75 Jim Minah M90 Leon Joslin W40 Solin M60 Leon Joslin M70 Jim Minah M70 Leon Joslin M75 Sue Hinz	9.65 7.85 48.06 28.26 23.94 40.34 41.40 31.40 41.94 33.08 31.86 29.88 34.40 30.20 44.18 34.26 32.60 29.08 26.74 28.16 45.00 35.12 34.66 28.46 40.94 35.26 31.62 30.58 28.42 37.22 25.30 18.38 29.26 24.04 27.54 40.80 29.50 24.30 18.24 46.24 36.70 33.54 30.66 35.34 33.88 27.50 33.68 21.04 25.52	
Sue Hinz Discus M30 Mike Bennett Robby Robertson Mike Streeter M35 Mike Westlin M40 Mark Neal Gary Zasimovich M45 Tim Edwards Tom Taugher Pat Ellsberg Cleveland Futch M50 Jack Miller Steve Torgensen M55 Russ Hodge Larry Lundgren Bob Sheedy J W King Brad Wilson Dick Dow M60 Neil Saling Turk Markishtum Frank Miller Rich Harrison M65 Darrol Skartvedt RecdQuinn William Hill Jerry Wojcik Charles Bispala M70 Harvey Williams M80 Leon Joslin W40 Joli Sandoz W45 Pauline Thomas Sue Hinz H40 Cary Zasimovich M45 Tim Elwards Pat Ellsberg Bill Galler Cleveland Futch M50 George Mathews M60 Frank Miller Jim Hitchman Fred Shanaman M65 Ken Weinlel Jerry Wojcik Reed Quinn M75 Jim Minah M90 Leon Joslin W45 Sue Hinz Pauline Thomas	9.65 7.85 48.06 28.26 23.94 40.34 41.40 31.40 41.94 33.08 31.86 29.88 34.40 30.20 44.18 34.26 32.60 29.08 26.74 28.16 45.00 35.12 34.66 28.46 40.94 35.26 31.62 30.58 28.42 37.22 25.30 18.38 29.26 24.04 27.54 40.80 29.50 24.30 18.24 46.24 36.70 33.54 30.66 35.34 33.84 27.50 33.68 21.04 25.52 24.70	
Sue Hinz Discus M30 Mike Bennett Robby Robertson Mike Streeter M35 Mike Westlin M40 Mark Neal Gary Zasimovich M45 Tim Edwards Tom Taugher Pat Ellsberg Cleveland Futch M50 Jack Miller Steve Torgensen M55 Russ Hodge Larry Lundgren Bob Sheedy J W King Brad Wilson Dick Dow M60 Neil Saling Turk Markishtum Frank Miller Rich Harrison M65 Darrol Skartvedt RecdQuinn William Hill Jerry Wojcik Charles Bispala M70 Harvey Williams M80 Leon Joslin W40 Joli Sandoz W45 Pauline Thomas Sue Hinz Hummer M40 Gary Zasimovich M45 Tim Elwards Pat Ellsberg Bill Galler Cleveland Futch M50 George Mathews M60 Frank Miller Jim Hitchman Fred Shanaman M65 Ken Weinbel Jerry Wojcik Reed Quinn M75 Jim Minah M90 Leon Joslin W45 Sue Hinz Pauline Thomas W50 Suzy Hess	9.65 7.85 48.06 28.26 23.94 40.34 41.40 31.40 41.94 33.08 31.86 29.88 34.40 30.20 44.18 34.26 32.60 29.08 28.74 28.16 45.00 35.12 34.66 28.46 40.94 35.26 30.58 28.42 37.22 25.30 18.38 29.26 24.04 27.54 40.80 29.50 24.30 18.24 46.24 36.70 33.54 33.84 27.50 33.54 33.84 27.50 33.68 21.04 25.52 24.70 21.70	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
Sue Hinz Discus M30 Mike Bennett Robby Robertson Mike Streeter M35 Mike Westlin M40 Mark Neal Gary Zasimovich M45 Tim Edwards Tom Taugher Pat Ellsberg Cleveland Futch M50 Jack Miller Steve Torgensen M55 Russ Hodge Larry Lundgren Bob Sheedy J W King Brad Wilson Dick Dow M60 Neil Saling Turk Markishtum Frank Miller Rich Harrison M65 Darrol Skartvedt RecdQuinn William Hill Jerry Wojcik Charles Bispala M70 Harvey Williams M80 Leon Joslin W40 Joli Sandoz W15 Pauline Thomas Sue Hinz Hummer M40 Gary Zasimovich M45 Tim Elwards Pat Ellsberg Bill Galler Cleveland Futch M50 George Mathews M60 Frank Miller Jim Hitchman Fred Shanaman M65 Ken Weinlel Jerry Wojcik Reed Quinn M75 Jim Minah M90 Leon Joslin W45 Sue Hinz Pauline Thomas Sue Hinz Pauline Thomas Sue Hinz Pauline Thomas Sue Hinz Pauline Thomas	9.65 7.85 48.06 28.26 23.94 40.34 41.40 31.40 41.94 33.08 31.86 29.88 34.40 30.20 44.18 34.26 32.60 29.08 26.74 28.16 45.00 35.12 34.66 28.46 40.94 35.26 31.62 30.58 28.42 37.22 25.30 18.38 29.26 24.04 27.54 40.80 29.50 24.30 18.24 46.24 36.70 33.54 30.66 35.34 33.84 27.50 33.68 21.04 25.52 24.70	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
Sue Hinz Discus M30 Mike Bennett Robby Robertson Mike Streeter M35 Mike Westlin M40 Mark Neal Gary Zasimovich M45 Tim Edwards Tom Taugher Pat Ellsberg Cleveland Futch M50 Jack Miller Steve Torgensen M55 Russ Hodge Larry Lundgren Bob Sheedy J W King Brad Wilson Dick Dow M60 Neil Saling Turk Markishtum Frank Miller Rich Harrison M65 Darrol Skartvedt RecdQuinn William Hill Jerry Wojcik Charles Bispala M70 Harvey Williams M80 Leon Joslin W40 Joli Sandoz W45 Pauline Thomas Sue Hinz Hummer M40 Gary Zasimovich M45 Tim Edwards Pat Ellsberg Bill Galler Cleveland Futch M50 George Mathews M60 Frank Miller Jim Hitchman Fred Shanaman M65 Ken Weinbel Jerry Wojcik Reed Quinn M75 Jim Minah M80 Leon Joslin W45 Sue Hinz Pauline Thomas W50 Suzy Hess Georgia Cutler Javelin M30 Mike Streeter	9.65 7.85 48.06 28.26 23.94 40.34 41.40 31.40 41.94 33.08 31.86 29.88 34.40 30.20 44.18 34.26 32.60 29.08 26.74 28.16 45.00 35.12 34.66 28.46 40.94 35.26 31.62 30.58 28.42 37.22 25.30 18.38 29.26 24.04 27.54 40.80 29.50 24.30 18.24 46.24 36.70 33.54 30.66 35.34 33.84 27.50 33.68 21.04 25.52 24.70 21.70 20.10	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
Sue Hinz Discus M30 Mike Bennett Robby Robertson Mike Streeter M35 Mike Westlin M40 Mark Neal Gary Zasimovich M45 Tim Edwards Tom Taugher Pat Ellsberg Cleveland Futch M50 Jack Miller Steve Torgensen M55 Russ Hodge Larry Lundgren Bob Sheedy J W King Brad Wilson Dick Dow M60 Neil Saling Turk Markishtum Frank Miller Rich Harrison M65 Darrol Skartvedt RecdQuinn William Hill Jerry Wojcik Charles Bispala M70 Harvey Williams M80 Leon Joslin W40 Joli Sandoz W45 Pauline Thomas Sue Hinz Hunner M40 Cary Zasimovich M45 Tim Elwards Pat Ellsberg Bill Galler Cleveland Futch M50 George Mathews M60 Frank Miller Jim Hitchman Fred Shanaman M65 Ken Weinlel Jerry Wojcik Reed Quinn M75 Jim Minah M90 Leon Joslin W46 Sue Hinz Pauline Thomas W50 Suzy Hess Ceorgia Cutler Javelin	9.65 7.85 48.06 28.26 23.94 40.34 41.40 31.40 41.94 33.08 31.86 29.88 34.40 30.20 44.18 34.26 32.60 29.08 28.74 28.16 45.00 35.12 34.66 28.46 40.94 35.26 30.58 28.42 37.22 25.30 18.38 29.26 24.04 27.54 40.80 29.50 24.30 18.24 46.24 36.70 33.54 33.84 27.50 33.54 33.84 27.50 33.68 21.04 25.52 24.70 21.70	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1

	M40 Dale Cumnings	46.82
ı	Came Zacimovich	41.32
1	M45 Drew Stevick	48.74
1	Pat Ellsbery	40.12
١	M50 Steve Torgensen	29.26
ı	Mou Steve lottjensen	27.38
١	Jack Miller	33.38
- 1	M55 Bub Sheedy	
	Brad Wilson	31.34
	j W King	26.00
	M60 Turk Markishtum	42.08
	M60 Turk Markishtum Jim Schlewitz	26.18
		32.00
ř	Carl Fennana	28.28
	William Hill	25.72
è	Charles Bispala	24.58
		22.70
	M75 Jim Minah M80 Leon Joslin	22.70 17.76
	W45 Pauline Thomas	25.96
3	W45 Pauline Thomas	23.90
	Tuddie Bell	22.80
ì.	W50 Rose Schlewitz	21.10
	M40 Gary Zasimovich	10.25
14.0	M45 Tim Edwards Pat Ellsberg	13.21
9	Pat Ellsberg	9.11
5	Bill Galler	8.58
9	M50 George Mathews	13.08
	Steve Torgensen	7.39
3		
i	M60 Fred Shanaman	
ì	M65 Ken Weinbel Jerry Wojcik	11.45
3	Jerry Wojcik	10.40
4	Reed Ouinn	10.17
	M75 Jim Minah M80 Leon Joslin	8.55
	M80 Leon Joslin	7.32
	W35 Mary Harrington	7.32 8.05
	W45 Pauline Thomas	9.54
	Sue Hinz	8.15
	W50 Suzy Hess	7.54
	Superweight	- NE 2001
	(M20 60 56#+ M70+ 35	-
	(M30-69 56#; M70+ 35 W30-49 35#; W50+ 25	"
	W30-49 35#; W30+ 25	5.99
	M40 Gary Zasimovich M45 Tim Edwards	
		3.33
	1115 TIM ROMALOS	8.17
	Pat Ellsberg	5.21
	Bill Galler	5.21 4.49
	Bill Galler	5.21 4.49
	Bill Galler M50 George Mathews M55 Brad Wilson	8.17 5.21 4.49 8.10 3.85
	Bill Galler M50 George Mathews M55 Brad Wilson	8.17 5.21 4.49 8.10 3.85
	Bill Galler M50 George Mathews M55 Brad Wilson M60 Fred Shanaman	8.17 5.21 4.49 8.10 3.85 5.35 4.44
	Bill Galler M50 George Mathews M55 Brad Wilson M60 Fred Shanaman Frank Miller	8.17 5.21 4.49 8.10 3.85 5.35 4.44
	Bill Galler M50 George Mathews M55 Brad Wilson M60 Fred Shanaman Frank Miller M65 Ken Weinbel	8.17 5.21 4.49 8.10 3.85 5.35 4.44 5.35
	Bill Galler M50 George Mathews M55 Brad Wilson M60 Fred Shanaman Frank Miller M65 Ken Weinbel Jerry Wojcik	8.17 5.21 4.49 8.10 3.85 5.35 4.44 5.35 3.89
	Bill Galler M50 George Mathews M55 Brad Wilson M60 Fred Shanaman Frank Miller M65 Ken Weinbel Jerry Wojcik M80 Leon Joslin	8.17 5.21 4.49 8.10 3.85 5.35 4.44 5.35 3.89 4.69
	Bill Galler M50 George Mathews M55 Brad Wilson M60 Fred Shanaman Frank Miller M65 Ken Weinbel Jerry Wojcik M80 Leon Joslin W45 Pauline Thomas	8.17 5.21 4.49 8.10 3.85 5.35 4.44 5.35 3.89 4.69 5.74
	Bill Galler M50 George Mathews M55 Brad Wilson M60 Fred Shanaman Frank Miller M65 Ken Weinbel Jerry Wojcik M80 Leon Joslin W45 Pauline Thomas W50 Suzy Hess	8.17 5.21 4.49 8.10 3.85 5.35 4.44 5.35 3.89 4.69
	Bill Galler M50 George Mathews M55 Brad Wilson M60 Fred Shanaman Frank Miller M65 Ken Weinbel Jerry Wojcik M80 Leon Joslin W45 Pauline Thomas W50 Suzy Hess 5000m Racewalk	8.17 5.21 4.49 8.10 3.85 5.35 4.44 5.35 3.89 4.69 5.74
	Bill Galler M50 George Mathews M55 Brad Wilson M60 Fred Shanaman Frank Miller M65 Ken Weinbel Jerry Wojcik M80 Leon Joslin W45 Pauline Thomas W50 Suzy Hess 5000m Racewalk	8.17 5.21 4.49 8.10 3.85 5.35 4.44 5.35 3.89 4.69 5.74
	Bill Galler M50 George Mathews M55 Brad Wilson M60 Fred Shanaman Frank Miller M65 Ken Weinbel Jerry Wojcik M80 Leon Joslin W45 Pauline Thomas W50 Suzy Hess 5000m Racewalk M40 Doug Vermeer	8.17 5.21 4.49 8.10 3.85 5.35 4.44 5.35 3.89 4.69 5.74 4.98 27:27.60 24:45.49
	Bill Galler M50 George Mathews M55 Brad Wilson M60 Fred Shanaman Frank Miller M65 Ken Weinbel Jerry Wojcik M80 Leon Joslin W45 Pauline Thomas W50 Suzy Hess 5000m Racewalk M40 Doug Vermeer	8.17 5.21 4.49 8.10 3.85 5.35 4.44 5.35 3.89 4.69 5.74 4.98 27:27.60 24:45.49 26:06.38
	Bill Galler M50 George Mathews M55 Brad Wilson M60 Fred Shanaman Frank Miller M65 Ken Weinbel Jerry Wojcik M80 Leon Joslin W45 Pauline Thomas W50 Suzy Hess 5000m Racewalk M40 Doug Vermeer	8.17 5.21 4.49 8.10 3.85 5.35 4.44 5.35 3.89 4.69 5.74 4.98 27:27.60 24:45.49 26:06.38 30:45.58
The state of the s	Bill Galler M50 George Mathews M55 Brad Wilson M60 Fred Shanaman Frank Miller M65 Ken Weinbel Jerry Wojcik M80 Leon Joslin W45 Pauline Thomas W50 Suzy Hess 5000m Racewalk M40 Doug Vermeer M45 Stan Chraminski Robert Novak David Kolva M60 Paul Kaald	8.17 5.21 4.49 8.10 3.85 5.35 4.44 5.35 3.89 4.69 5.74 4.98 27:27.60 24:45.49 26:06.38 30:45.58 30:17.30
THE RESIDENCE OF THE PARTY OF T	Bill Galler M50 George Mathews M55 Brad Wilson M60 Fred Shanaman Frank Miller M65 Ken Weinbel Jerry Wojcik M80 Leon Joslin W45 Pauline Thomas W50 Suzy Hess 5000m Racewalk M40 Doug Vermeer M45 Stan Chraminski Robert Novak David Kolva M60 Paul Kaald W35 Rohin Helm	8.17 5.21 4.49 8.10 3.85 5.35 4.44 5.35 3.89 4.69 5.74 4.98 27:27.60 24:45.49 26:06.38 30:45.58 30:17.30
	Bill Galler M50 George Mathews M55 Brad Wilson M60 Fred Shanaman Frank Miller M65 Ken Weinbel Jerry Wojcik M80 Leon Joslin W45 Pauline Thomas W50 Suzy Hess 5000m Racewalk M40 Doug Vermeer M45 Stan Chraminski Robert Novak David Kolva M60 Paul Kaald W35 Robin Helm W50 Georgia Cutler	8.17 5.21 4.49 8.10 3.85 5.35 4.44 5.35 3.89 4.69 5.74 4.98 27:27.60 24:45.49 26:06.38 30:45.58
	Bill Galler M50 George Mathews M55 Brad Wilson M60 Fred Shanaman Frank Miller M65 Ken Weinbel Jerry Wojcik M80 Leon Joslin W45 Pauline Thomas W50 Suzy Hess 5000m Racewalk M40 Doug Vermeer M45 Stan Chraminski Robert Novak David Kolva M60 Paul Kaald W35 Robin Helm W50 Georgia Cutler W55 Anne Whitaker	8.17 5.21 4.49 8.10 3.85 5.35 4.44 5.35 3.89 4.69 5.74 4.98 27:27.60 24:45.49 26:06.38 30:45.58 30:17.30
The state of the s	Bill Galler M50 George Mathews M55 Brad Wilson M60 Fred Shanaman Frank Miller M65 Ken Weinbel Jerry Wojcik M80 Leon Joslin W45 Pauline Thomas W50 Suzy Hess 5000m Racewalk M40 Doug Vermeer M45 Stan Chraminski Robert Novak David Kolva M60 Paul Kaald W35 Rohin Helm	8.17 5.21 4.49 8.10 3.85 5.35 4.44 5.35 3.89 4.69 5.74 4.98 27:27.60 24:45.49 26:06.38 30:45.58 30:17.30 31:31.33
	Bill Galler M50 George Mathews M55 Brad Wilson M60 Fred Shanaman Frank Miller M65 Ken Weinbel Jerry Wojcik M80 Leon Joslin W45 Pauline Thomas W50 Suzy Hess 5000m Racewalk M40 Doug Vermeer M45 Stan Chraminski Robert Novak David Kolva M60 Paul Kaald W35 Robin Helm W50 Georgia Cutler W55 Anne Whitaker W60 Bev LaVeck	8.17 5.21 4.49 8.10 3.85 5.35 4.44 5.35 3.89 4.69 5.74 4.98 27:27.60 24:45.49 26:06.38 30:45.58 30:17.30 31:31.33 33:27.59 37:38.17 29:12.74
	Bill Galler M50 George Mathews M55 Brad Wilson M60 Fred Shanaman Frank Miller M65 Ken Weinbel Jerry Wojcik M80 Leon Joslin W45 Pauline Thomas W50 Suzy Hess 5000m Racewalk M40 Doug Vermeer M45 Stan Chraminski Robert Novak David Kolva M60 Paul Kaald W35 Robin Helm W50 Georgia Cutler W55 Anne Whitaker W60 Bev LaVeck	8.17 5.21 4.49 8.10 3.85 5.35 4.44 5.35 3.89 4.69 5.74 4.98 27:27.60 24:45.49 26:06.38 30:45.58 30:17.30 31:31.33 33:27.59 37:38.17 29:12.74
	Bill Galler M50 George Mathews M55 Brad Wilson M60 Fred Shanaman Frank Miller M65 Ken Weinbel Jerry Wojcik M80 Leon Joslin W45 Pauline Thomas W50 Suzy Hess 5000m Racewalk M40 Doug Vermeer M45 Stan Chraminski Robert Novak David Kolva M60 Paul Kaald W35 Robin Helm W50 Georgia Cutler W55 Anne Whitaker	8.17 5.21 4.49 8.10 3.85 5.35 4.44 5.35 3.89 4.69 5.74 4.98 27:27.60 24:45.49 26:06.38 30:45.58 30:17.30 31:31.33 33:27.59 37:38.17 29:12.74

British Columbia Masters

British Columbia Masters Championships Langley; June 15-16

State of the contract of the state of the st	LUIS LA FILLE
100m	
M40 Tom Dickson	11.86
M45 John Hawkins	13.54
M50 Steve Robbins	11.84
M55 Norm Reynolds	13.93
M60 Ralph Stanfield	13.54
M65 Jack Coy	13.90
M80 Ron Linsdell	21.24
W45 Avril Douglas	14.78
W60 Louise Reed	16.86
200m	A CHARLES
M40 Tom Dickson	24.30
M50 Steve Robbins	
M55 Norm Reynolds	28.20
M60 Vernon Priebe	29.50
M65 Jack Coy	28.40
W60 Louise Reed	35.48
400m	35.40
	FC CO
M40 Peter Freeman	56.69
M45 Phil Bell	63.35
M55 Cornell Anderson	83.80
M65 Micky Sherker	81.54
W45 Avril Douglas	64.66
800m	THE RESERVE
M40 Al Niezen	2:10.32
M45 Mark Lawrence	2:14.88
M50 Richard Tucker	2:15.38
M55 Frank Reynolds	2:26.39
M60 Field Ryan	2:59.30
M65 Micky Sherker	3:19.70
M70 Don Madge	2:48.40
W40 Bev Robson	2:27.53
W80 Ivy Granstrom	5:04.13
1500m	ANT DELL
M40 Don Reed	4:12.54
M45 Phil Bell	4:36.51
M50 Barry Adams	4:55.98
M55 Frank Reynolds	5:09.63
M60 Field Ryan	
M65 Frank Kurucz	5:55.23
M70 Don Madge	5:37.75
	5:42.50
W40 Thelma Wright	4:52.55
W80 Ivy Granstrom 1	0:29.48
5000m	
M40 David Huxley	16:58.30
M45 Phil Bell	16:54.90
M50 Jack Miller	
M60 Hans Fenz	16:55.20 19:20.80
W40 Thelma Wright	
	18:15.40
Continued on	next page

M45 Edgar Sandoval

Edson Sanchez

Bob McCormack

September 1996	
Continued from previo	ous page
W45 Bonni Walker	18:41.70
W50 K McFarland	23:27.80
W60 Shirley Smith W80 Ivy Granstrom	25:22.00 37:45.90
Short Hurdles	-
M50 Jess Brewer	16.09
M65 Danny Daniels	21.45
400mH M50 Jess Brever	63.33
High Jump	1 1 1
M40 John Beers M45 John Hawkins	1.81
M45 John Hawkins M50 Ken Underdahl	1.75
M60 George Reilly	1.15
M65 Danny Daniels	1.20
W40 Debbie Brill	1.70
W45 Becky Willis Long Jump	1.50
M40 Greg McGinn	5.76
M45 John Hawkins	5.33
MSO Ken Underdahl	4.59
M55 Norm Reynolds M65 Isaac Thiessen	4.43 3.56
M80 Ron Linsdell	2.26
Triple Jump	
M40 Roger McBride	9.94
M60 K II Troy III M65 Ray Ryan	5.38
Shot Put	
M40 Murray Hall M45 Tom Woodske	11.71
M65 Isaac Theissen	10.22 7.73
M70 Art Jaago	11.24
W45 Becky Willis	8.54
W60 Mae Turek	8.76
M40 Murray Hall	40.84
M45 John Hawkins	32.62
M60 Vernon Priebe	39.48
M70 Art Jaago W60 Mae Turek	34.88 23.48
Hammer	23.40
M45 Tom Woodske	25.20
M50 George Mathews	47.00
M60 Fred Shanaman M65 Ken Weinbel	29.66 34.72
M70 Art Jaago	34.22
W60 Mae Turek	21.48
<u>Javelin</u> M60 Gordon Reilly	30.42
M65 Isaac Theissen	23.70
M70 Art Jaago	32.30
M80 Ron Linsdell	17.10
W60 Mae Turek 1500m Racewalk	19.34
W60 Bev LaVeck	8:18.63
Pentathlon	
M45 Brock Pullen	2714
M50 Grant Lamothe *** M55 Roger Dean	2830 2595
M65 Danny Daniels	2481
INTERNATI	ONAL
INTERNATI	UNAL
Dutch National Cham	
Barendrecht; Jun	e 15-16
100m	
M40 Sam Monsels	11.68
M45 Fred v Gasteren	11.79
M50 Henny v Verseveld	
M55 Ab Heynemans M60 Pieter Schouten	14.30 13.76
. Too I recei Delibutell	13.70

.25 .21 .11 .58 1.08 1.39 1.45 0.40 0.17 8.55 7.32 8.05 8.15 7.32

11.8 13.9 13.9 13.9 21.2 14.7 16.8 24.30 29.50 29.50 29.50

100m	
M40 Sam Monsels	11.68
M45 Fred v Gasteren	11.79
M50 Henny v Verseveld	12.28
M55 Ab Heynemans	14.30
M60 Pieter Schouten	13.76
M65 Bram Lindhout	15.09
W35 Tilly Verhoef	12.18
W40 Riny Hagenaars	12.92
W45 Mariet Thomas	13.33
W50 Marja Broers	14.43
W55 Lisa Plat	15.78
W60 Corrie Roovers	14.36
200m	
M40 Kees Bakx	24.28
M45 Wim Scholtes	24.16
M50 Henny v Verseveld	25.42
M55 Ab Heynemans	29.04
M60 Pieter Schouten	28.05
M65 Boy v Heemstede	29.81
W35 Tilly Verhoef	25.05
W40 Anja Akkerman	26.89
W45 Mariet Thomas	27.62
W50 Marja Broers	29.24
W55 Rietje Kijkman	30.70
400m	23.70
M40 Robert Schuwer	52.85
M45 Wim Scholtes	52.53
M50 Wim Schreuder G	59.66
M55 Rob Kila	1:01.63
M60 Theo Evers	1:05.77
M65 Boy v Heemstede	1:04.39
W35 Tilly Verhoef	57.74
W40 Diny vd Ven	1:03.03
W45 Lena Jansen	1:04.93
W50 Marja Broers	1:08.89
W55 Lisa Plat	1:15.04
800m	
M40 Robert Schuwer	2:00.53
M45 Jan Laan	2:04 36
M50 Ronald Mercelina W	VR1:59.45
M55 Hans Boon	2:29.12
W35 Marlies v Geel	2:18.75
W40 Diny vd Ven	2:25.32
W45 Martha v Hal	2:39.58

W55 Gerda v Kooten	2:34.98	M55 Nol vd Zalm	4.31
1500m		M60 Kees v Giezen	4.38
M40 Bert Tielen	4:21.39	M65 Bram Lindhout	4.32
M45 Jaap Vallentogoed	4:20.23	W35 Evier Roelands	5.10
M50 Ronald Mercelina 1:	R4:09.53	W40 Anja Akkerman	5.04
M55 Ad Heijdens	4:40.59	W45 Elly Willemsen	4.73
M60 Theo Evers	5:10.65	W50 Mia Linskens	4.14
W35 Marlies v Gcel	4:45.58	W55 Rietje Dijkman	4.09
W40 Tilly vd Laar	4:59.49	Triple Jump	
W45 Martha v I lal		M40 Wout v Drunen	12.30
5000m		M50 Frank Larsen	11.07
M40 Cccs Kraaijeveld	15:20.97	M60 Jan Smit	7.29
M45 Jan Cammeraat	15:55.99	W35 Evie Roelands	10.70
M50 Rien Oele	17:06.60	W40 Jannet Vermeulen	8.99
M55 Hans vd Kooij	17:46.18	W50 Laura Blommestijn	8.47
M60 Sjef Senden	20:15.76	W55 Rietje Dijkman	8.98
M70 Hans Kamperdijk	22:10.39	Shot Put	
W35 Gceske Jansen	18:04.48	M40 Joop vd Laar	14.04
W40 Tilly vd Laar	18:06.00	M45 Hans Schouten	14.48
W45 Els Raap	18:07.25	M50 Piet Klaassen	13.90
W50 Han Vos	19:57.38	M55 Wim Fokker	-12.24
W65 Sophie Wisman	23:35.78	M60 Jeltje Doornbos	12.12
Short Hurdles		M65 Jan Oerlemans	10.12
M40 Teun Vis	19.50	W35 Annemieke Bolte	9.86
M45 Bert Voerman	20.19	W40 Tine Schenkels	12.87
M50 Frank Larsen	15.64	W45 Mariet Thomas	11.82
M60 Kees v Giezen	18.17	W50 Jannie Schot	11.69
M65 Harm Hendriks	21.22	W60 Corrie Roovers	9.21
W40 Riny Hagenaars	12.11	Discus	
W45 Lena Jansen	13.42	M40 Rob Hermans	44.40
W50 Laura Blommestijn	14.95	M45 Hans Schouten	46.02
W55 Rietje Dijkman	14.08	M50 Harry Zitzen	47.18
W60 Corrie Roovers	WR13.89	M55 Jan Pronk	41.54
Long Hurdles		M60 Jan Smit	41.22
M40 Martin de Peter	1:01.46	M65 Cor Braak	39.20
M45 Cees Berg	1:06.04	M70 Joop Bakker	25.66
M50 Frank Larsen	1:07.16	W35 Hannie Ebbekink	38.34
M60 Kees v Giexzen	51.27	W40 Tine Schenkels	40.38
W45 Leny Herstel	1:26.63	W45 Annie v Anholt	40.60
W55 Rietje Dijkman	54.26	W50 Jolanda Brasser	33.22
W60 Corrie Boovers	58.47	W60 Corrie Roovers	29.72
3000m Steeplechase		<u>Hammer</u>	-
M40 Van vd Bos	11:18.06	M40 Peter v Noort	55.90
M45 Steef Kijne	10:40.57	M45 Martin Regtop	39.38
4x100 Relay		M50 Frits v Buuren	44.12
M40 Zuidwal	47.60	M55 Jan Pronk	36.50
High Jump		M60 Jan Smit	35.52
M40 Teun Vis	1.70	Javelin	
M45 Ton de Graaff	1.75	M40 Dirk Kooreman	56.68
M50 Peter Blommestijn	1.60	M45 Fred Harmens	46.90
M55 Rob Bleyert	1.65	M50 Jan v Empel	44.58
M65 Arend Koet	1.40	M55 Wim Fokker	_ 38.00
W35 Sjan Roest	1.47	M60 Piet Olofsen	40.10
W40 Janine Kortbeek	1.47	M65 Cor Braak	36.44
W50 Laura Blommestijn	1.30	M70 Joop Bakker	32.68
W55 Rietje Kijkman	1.30	W35 Hannie Barnhoorn	35.38 28.22
Pole Vault	4.00	W40 Bep v Pelt	33.76
M40 Frans vd Ham	4.00	W45 Henny v Kruchten	33.70
M60 Kees v Giezen	2.80	5000m RW	22.51.07
Long Jump		M40 Theo Kocnis	23:51.87
M40 Wout v Drunen	6.01	M45 Philip Krul	25:53.99
M45 Wim Scholtes	5.89 5.35	M50 Ad v Oyer	28:30.09
M50 Jacques Janssen	3.33	M60 Nico Schroten	27:19.66
I ONG DIS	STAN	ICE RESUL	TS
LONG DI			
Please send results	to: Natio	nal Masters News, P.C). Box

Please send results to: National Masters News, P.O. Box 50098, Eugene, OR 97405. To keep information current, we generally do not publish results more than 3 months old. Results that are typed (maximum 28 spaces / 21/1" wide) in our format receive preference. Deadline is the 10th of the month prior to issue date.

EAST

Riverside Twilight 8K/USATF New England 8K Championships om MA. Ma. 40

Agawam, MA; May 19		
24:12		
28:13		
25:26		
25:53		
26:07		
25:40		
26:29		
26:40		
27:32		
27:37		
28:18		
30:01		
30:49		
32:03		
31:42		
32:50		
34:21		
38:46		
45:52		
29:46		
30:24		
31:19		

Jean Stawiecki	35:51
Diane McLaughlin	37:16
W50 Sue Gustafson	32:01
Laura Beckwith	37:00
Judith Williams	37:03
W55 Carrie Parsi	33:58
Beverly Savage	41:00
W60 Leslie Lowrey	55:21
W65 Lillian Christmas	55:21
Teams (5 men/3 women)	
M40 TriValley FR	2:12:59
Greater Lowell RR	2:13:22
Central MA Str	2:23:23
M50 Greater Lowell RR	2:28:36
Cambridge Sprt Un	2:34.06
W40 Central MA Str	1:32.32
Liberty AC	1:37:33
Cambridge Sprt Un	1:42.54
W50 Liberty AC	1:51:24
Central MA Str	1:58:05
Lesbian & Gay Pride F Central Park, NYC; Ju	
Overall	

Michael Keohane 31

Theodore Peterson

Haceive Cayachi

Susan Yang 31

M40 Peter Diaz

W45 Elenora Mendonca 33:24

24:51 32:01

28:57 29:04

Bob McCormack	34:55
M50 Julio Aguirre	29:45
Charles Walt	33:41
Chuck Poole	34:52
M55 Michael Goldman	32:35
Joseph Puglisi	34:33
Walter Klores	38:36
M60 Graham Opie	34:20
Edward Pyle	41:20
Bob Ziering	51:14
M65 Joseph Burns	36:20
Gene Silbert	40:20
Chauncey Leake Jr	46:51
M70 Sab Koide	42:08
M75 Albert Goldstein	48:41
Wilfredo Rios	48:48
M80 Charles Feldman	54:37
W40 Diane Hawkins	38:21
Sarah Scott	39:28
Pam Palumbo	39:55
W45 Katherine McIntyre	34:37
Irene Jackson	35:43
Dorothy Fuscaldo	36:38
W50 Chuang Chang	37:43
Susan Stevens	39:12
Bonnie Dietrich	42:15
W55 Valdene Ranum	46:54
Sheila Isaacs	53:11
Mary Silverman	56:02
W60 May Chou	42:02
Eileen Dirnfeld	43:44
Joan Heidenreich	54:29
W65 Joan Fisher	50:33
W70 Daisy Klein	51:01
	_
Utica Boilermaker 1	5K
Utica, NY; July 14	
Joseph Kimani 24	42:40
Catherine Ndereba 23	48:55
M40 Karel Jircik	47:29
Antoni Niemczak	47:58
Martin Mondragon	48:16
Brian Kirkwood Jeff Foster	48:18
Len Lally	51:02
Tom Carter	52:1
Gary Moore	54:00
David Alessi	54:0
Leonard Martin	54:2
M45 Bill Rodgers	50:2
Richard Hoebeke Ric Perry	53:3 54:1
M50 Phil Barker	54:5
Dishard Wohh	55.2

32:57

34:55

M65

Catherine Ndereba 23	48:55
M40 Karel Jircik	47:29
Antoni Niemczak	47:58
Martin Mondragon	48:16
Brian Kirkwood	48:18
Jeff Foster	48:42
Len Lally	51:02
Tom Carter	52:13
Gary Moore	54:06
David Alessi	54:08
Leonard Martin	54:20
M45 Bill Rodgers	50:23
Richard Hoebeke	53:31
Ric Perry	54:14
M50 Phil Barker	54:59
Richard Webb	55:20
Jim Lupton	59:25
M55 Fay Bradley	54:48
Tony Ceminaro	58:12
Rich Asaro	60:56
M60 Charles Rose 63	60:00
Wayne Thompson 60	62:05
Wayne Decker 60	63:36
Donald Sibley	64:15
M70+Phil Mongillo	69:26
Antony Napoli	69:30
Sam Gratch	90:07
W40 Tatyana Pozndyakova	
Jane Welzel	53:08
Alice Thurau	55:40
Carol McLatchie	59:31
Jean Queal	61:44
Margaret Hartman	63:42
W45 Diane LeGare	56:32
Judith Hine	59:54
Claudia Piepenburg	
W50 Barbara Filutze	59:45
Nancy Frisillo	64:24
Jayne Zinke	68:43
W55 Margret Betz	71:18
Mary Shaver	72:26
Becky Morris	78:14
W60+Wen-Shi Yu 61	72:38
Gloria Brown 64	76:18
Connie LaSalle 60	
Counte Labarre 60	02.43

NYRRC Bronx Half-Marathon Bronx, NY; July 14

Overa	<u>11</u>	
Alem	Kahsay 23	1:08:59
Alice	Hansen 32	1:20:58
M30	Raul Puente 31	1:15:00
	Shawn Marcelle 30	1:15:03
	S Marsalese 30	1:15:07
M40	LuisTipan	1:13:48
	Steve Calidonna	1:18:44
	Peter Diaz	1:22:29
M45	Ronbert Briglio	1:20:59
	Joseph Porcaro	1:22:26
	Edgar Sandoval	1:22:48
M50	Samuel Skinner	1:19:51
	Julio Aguirre	1:23:59
	Luis Flores	1:27:02
M55	Manfred Konrad	1:30:27
	Jose Mendez	1:32:58
	Herbert Navarro	1:33:06
M60	Otis Matthews	1:34:25
	Frank Dudley	1:36:00
	Alfred Finger	1:38:23

M65	Joseph Burns	1:44:29
	Patrick Fitzgerald	1:45:03
	Charles Safran	1:51:47
M70	Frank Mortillo	2:03:10
	Sab Koide	2:09:19
	Don Brown	2:26:08
M75+	Wilfredo Rios 79	2:28:59
	D Schilowitz 82	2:43:34
W30	Ana Rios 35	1:23:52
	Fernanda Brunet 30	
	Susan Yang 31	1:29:15
W40	Kathy Gribbon	1:28:46
	Eileen Mallesch	1:29:36
	Mary Diver	1:33:02
W45	Teiko Schultz	1:35:12
	Amy Bahrt	1:42:40
	Kathleen Horton	1:43:19
W50	Marjorie Kos	1:40:16
	Carol Johnston	1:49:14
	Chuang Chang	1:51:16
W55	Patty Parmalee	1:47:34
	K Nitschelm	1:48:12
	Edith Jones	1:54:39
W60	Rosa Nales	1:59:00
WOO	Marie Camardi	2:13:59
	Naomi Vogel	2:21:01
M65	Toshiko D'Elia	1:53:03
W70+	Althea Jureidini 78	3:22:02
W /U+	Althea Jureidini 78	3.22.02

Long Island Summer 5K Women's Run Farmingdale, NY; July 20

Carol	e Zajac 24	16:26
W40	Patt Zebersky	19:24
	Joan Baldassari	20:08
	Lori Harfenes Melni	k 20:19
W45	Mary Rosado	20:29
	- Estella Clasen	21:21
	Andrea Otto	21:39
W50	Nancy Tischler	21:48
	Jan Friedman	23:13
	Joann Staulcup	26:37
W55	Mary Nathan	21:12
	Patty Lee Parmalee	22:11
	Annette Frisch	23:01
W60	Wen-Shi Yu	22:43
	Thelma Wilson	23:09
	Alexandra Finger	28:06
W65	Dolly Finkelstein	28:53
	Vera Allen	30:47
	Josephine Curtin	33:06
W70	Doris Pritchard	45:15
5K RV	<u>v</u>	
Nadya	Dimitrov 46	31:09
Doree	n Rose 50	35:15
Ann K	ikora 47	35:24

Not The Club Team Championships Central Park: July 21

Central Park; July	21
Overall	
Michael Keohane 31	25:58
Lauren Kearney 29	34:43
M40 Jonathan Read	30:55
M45 Jack Porzio	29:02
M50 Sam Skinner	28:41
M55 Pat Cosgrove	29:45
M60 Mike Goldman	32:53
M65 Joe Simonte	39:18
M70 Sab Koide	42:42
M75 Wilfredo Rios	49:01
W30+Kiki Bennett 37	35:05
W40 Sandra Olivo	35:47
W45 Bonny Omara	37:18
W50 Ann Makoske	35:28
W55 Rita Alles	40:40
W60 Rosa Nales	39:30
W65 Toshiko d'Elia	38:50
W70 Daisy Klein	51:49
W75 Althea Jureidini	66:27
Finishers: 270m/221w	

NYRRC Club Team Championships 8K

Central Park; July 21	
Masters Men	
Taconic RR	386
(43/63/71/100/109)	
Witold's Runners	718
Central Park TC	740
Westchester TC	812
Club Atletico Mexico	861
Senior Masters Men	
Central Park TC	538
(160/172/206)	
Taconic RR	681
Millrose AA	690
Masters Women	
Central Park TC	136
(18/50/68)	
Moving Comfort NY	139
Millrose AA	202
Senior Masters Women	
Millrose AA	360
(81/138/141)	
Taconic RR	394
NY Flyers	398
Finishers: 487m/185w	
Weather: 69°/cool/sun/	windy

MID-AMERICA

Overall Rudy Rocha 27 Mary Volland 19 M30+Doug Pohlman 36 Craig Dulle 35 Howard Jones 38 M40+Wayne Shook 40 Bernie Violand 46 4:59 Dan Sebben 45 8 Neil Ackerman 50 12 Jim Norval 59 18 Bill Stewart 61 5:47 22 Arnold Mueller 65 5:59
Mary Volland 19 5:47 M30+Doug Pohlman 36 4:52 Howard Jones 38 4:57 M40+Mayne Shook 40 4:56 Dan Sebben 45 5:01 8 Neil Ackerman 50 5:19 12 Jim Norval 59 5:31 18 Bill Stewart 61 5:47 22 Arnold Mueller 65 5:59
M30+Doug Pohlman 36 Craig Dulle 35 Howard Jones 38 M40+Wayne Shook 40 Bernie Violand 46 4:59 Dan Sebben 45 8 Neil Ackerman 50 12 Jim Norval 59 18 Bill Stewart 61 5:47 22 Arnold Mueller 65 5:59
Craig Dulle 35 Howard Jones 38 4:52 Howard Jones 38 4:56 Bernie Violand 46 8 Neil Ackerman 50 12 Jim Norval 59 18 Bill Stewart 61 5:47 22 Arnold Mueller 65 5:59
Howard Jones 38 4:57 M40-Mayne Shook 40 4:59 Bernie Violand 46 4:59 Dan Sebben 45 5:01 8 Neil Ackerman 50 5:19 12 Jim Norval 59 5:31 18 Bill Stewart 61 5:47 22 Arnold Mueller 65 5:59
M40+Mayne Shook 40 4:56 Bernie Violand 46 4:59 Dan Sebben 45 5:01 8 Neil Ackerman 50 5:19 12 Jim Norval 59 5:31 18 Bill Stewart 61 5:47 22 Arnold Mueller 65 5:59
Bernie Violand 46 4:59 Dan Sebben 45 5:01 8 Neil Ackerman 50 5:19 12 Jim Norval 59 5:31 18 Bill Stewart 61 5:47 22 Arnold Mueller 65 5:59
Dan Sebben 45 5:01 8 Neil Ackerman 50 5:19 12 Jim Norval 59 5:31 18 Bill Stewart 61 5:47 22 Arnold Mueller 65 5:59
8 Neil Ackerman 50 5:19 12 Jim Norval 59 5:31 18 Bill Stewart 61 5:47 22 Arnold Mueller 65 5:59
12 Jim Norval 59 5:31 18 Bill Stewart 61 5:47 22 Arnold Mueller 65 5:59
12 Jim Norval 59 5:31 18 Bill Stewart 61 5:47 22 Arnold Mueller 65 5:59
18 Bill Stewart 61 · 5:47 22 Armold Mueller 65 5:59
22 Arnold Mueller 65 5:59
35 Paul Schmitt 73 6:59
W40+Kay McVey 43 6:04
Carol Keller 40 6:05
Debbie Stiles 47 6:31
Carolyn Wilson 57 6:56
18 Dottie Gray 70 8:12

25th Midnight Madness 10K & 5K Arnes, IA; July 13 Ames, IA; Juli --10K-- Overall Matt Wegenka 31 Amber Anderson 27 M35 Tom Raunig Jeff Wubbena

10K Overall	
Matt Wegenka 31	30:33
Amber Anderson 27	34:18
M35 Tom Raunig	31:51
Jeff Wubbena	32:33
Keith Fevold	32:39
M40 Steve Scott	33:43
Terry Stewart	34:47
Mike Skopec	34:58
Steve Moe	35:10
Dave Nauman	36:42
M45 Duane Millslagle	36:19
Chuck Clark	37:07
Jim Shimek	37:12
James LaPlant	39:16
M50 Rick Hogan	36:54
Jim Floyd	42:24
Roy Shanks	42:33
M55 Guy Faley	40:58
M60 Jim Smedema	42:47
M65 Al Weaver	47:16
W35 Sue Boley	42:12
Ramona Wright	43:22
W40 Andriette Wickstr	cm41:23
Julie Virkus	42:00
W45 Gloria Jansen	41:15
W50 Sandy Rupnow	49:31
W55 Loretta Neumann	51:56
M40+ Team-Prairie Str	
(Stewart/Moe/Millslag	le/
Bartling 69 53:26)	
W40+ Team-Prairie Str	£2:06:03
(Jansen/Wickstrom/Cam	p44,43:27
5K	
Overall	
Simoon Wright 21	15.40

Simeon Wright 21	15:40
Syndey Pounds 21	17:39
M38 Steve Gearhart	15:47
Chris Celichowski	16:05
Mike Schweizer	16:53
M35 Glenn Daniels	17:04
Steve Feld	17:06
Kris Stapes	17:08
M40 Rick Ironside	17:12
Brad Scott	17:20
Kent Newman	18:11
M45 John Bartello	17:42
Bob Reid	19:15
M50 Rick Hogan	18:11
Ron McKay	18:21
M55 Guy Ealey	18:54
M60 Jim Graham	22:51
M65 Gene Harding	21:58
M70+George Brown	26:48
W30 Julia Burke	18:08
Donna Bice	20:59
W35 Kerry Gilarski	22:00
Susan Ridenour	22:12
W40 Beth Henriksen	20:57
Teri Kohl	22:26
W45 Stephanie Furstena	u23:56
W50 Sandy Rupnow	22:56
W55 Betty Kenney	26:06
W60 Dorothy Novak	34:05
W65 Pat Neff	28:54

RACEWALKING

Montana Senior Games

Billings; June 13-15		
1500m Racewalk		
M50 Jack Akerstrom	11:19.57	
M55 Robert Redpath	9:18.34	
M60 James DeBell	9:10.17	
M65 Bill McClaren	9:49.15	
M80 Martin Oleson	11:46.43	
W50 Leah Frchnmyer	10:15.81	
W55 Jean MacInnes	9:19.95	
W60 Eileen Larson	13:58.96	
W65 Lois McClaren	10:41.27	
W75 Wilma Fender	12:35.80	
W80 Thelma Howells	13:20.96	
5000m Racewalk		
M55 Robert Redpath	33:24	
M60 Udo Grady	33:08	
M65 Bill McClaren	34:18	
W50 Leah Frohnmyer	37:21	
W55 Jean MacInnes	32:16	
W60 Neoma Abbott	41:10	
W65 Lois McClaren	39:23	
W75 Wilma Fender	43:50	
W80 Thelma Howells	47:37	
*M50 Jack Akerstrom	41:42	



After 47 years

Bill Rodgers is still running.
Bill Rodgers wears Etonic.

Just coincidence?

Copyright 1995

1-800-84-ETONIC