The official world and U.S. publication for masters track & field, long distance running and racewalking

August 2006 \$3.00 336th Issue

Charlotte to Host USA Masters Track & Field Championships



Paul Edens, after breaking the M65 world 100m record this season, is expected to compete in Charlotte.

Last year, masters track and field athletes travelled to Hawaii to compete in the national championships. This year, they'll head for North Carolina, where the 39th USA Masters T&F Championships will be held at the University of North Carolina-Charlotte (UNCC) on Aug. 3-6, and hosted by the Carolinas Track and Field Club.

In 2005, over 800 athletes entered the meet, held at the University of Hawaii in Honolulu, setting nine world and 20

U.S. five-year age-group records.

Trent Lane, 95, broke four M95 world records in the shot put, discus, hammer, and javelin. Lane has entered three events at Charlotte and, as a resident of Baker, La., won't have to travel as far this year.

On-time entries, originally set for July 7, were extended through July 14, by which time 1362 athletes had registered. An up-to-date list of entrants by age-group and event can be found at www.usatf.org.

Continued on page 5



SUZY HESS Dan Gonzalez, winner of the M40 3000, 25th



Jeanette Groesz, 56, winner of the NMN age-

d'Elia Breaks U.S. W70 Half-Marathon Record

Russian Runners Storm Grandma's

By JERRY WOJCIK

Once again, Russian runners were the dominant masters in the 30th anniversary Grandma's Marathon in Duluth, Minn., attended on June 7 by a record 6909 finishers.

Oleg Strijakov and Zinaida Semenova, both finishing ninth, were first runners age-40-and-over, without any serious challenges from fellow masters, winning \$2500 each.

Strijakov, 42, ran a 2:20:37 for first of 706 finishers in the M40-44 group. Semenova, 44, clocked a 2:44:54, first of 352 runners in the W40-44 division.

John Mirth, 44, Platteville, Wisc., second M40+ last year in 2:26:43, took the same spot this year with a 2:29:09. Wieslaw Perszke, 45, Poland, was third (2:35:38).

Firaya Sultanova-Zhdanova, 45, Russia, second W40+ in 2005 (2:45:00), was second again in 2:50:03. In 2003, she set the course record of 2:27:05 at age 42. Deborah Torneden, 45, Wichita, Kansas, was third (2:57:35).

Runners faced a gamut of weather conditions, ranging from a chilly start with fog slipping in from nearby Lake Superior to a thunderstorm that moistened slower runners, and humidity. Semenova, commenting on the weather, said, "That mugginess is something



Zinaida Semenova, 44, first masters woman in Grandma's Marathon

that slows you down."

Brent Smith, 50, Esko, Minn., won the M50 race in 2:45:10. He was the M45 winner (2:41:30) in 2005.

In his first marathon as a 50-yearold, Dick Beardsley, who, 25 years ago, set the men's course record of

Continued on page 8

Four World and Two American Records Broken

319 Masters Enter "Scrubbed" Hayward Classic in Eugene

By JERRY WOJCIK

A near-record 319 athletes helped celebrate the silver anniversary of the Hayward Classic in Eugene, Ore., on June 24-25. This, despite early reports that the meet was in danger of being cancelled this year.

The 25th meet was held at the University of Oregon's famed Hayward Field under clear skies in warmer than normal weather with temperatures in the mid-90s on Sunday.

The meet also served as the USATF Northwest Region Championships. Winning athletes residing in the region received a championships patch.

Entrants ranged in age from 33 to 89 and came from 19 states, including Florida, Texas, Michigan, and New Hampshire, and Canada.

Four world and two U.S. age-group records were set. Paul Edens, 65, Portland, Ore., raced the 100m in 12.53 (w1.9mps). Malcolm Pirie, AUS, has the present record of 12.62 set in 1994.

As history would have it, the current M65 U.S. record is 12.6h, set by Payton Jordan in the first Hayward Classic in 1982, and featured in an article in the meet program.

Later, Edens said about his race,

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B

the U.S. runn statistics belo

Running Merch More Running/. 40,274,000 (up 4%) · More Dollars sp \$2,156,733,000 (up

· More Female 49.2% in 2005, 48.1 in 1993 – NSGA⁽²⁾ More Running C \$656,200,000 (up 29

 More Track Ru 815,000 (up 4%); \$4 - NSGA(2)

 More Trail Run 528,000 (up 5%); \$2 - NSGA(2)

· More Running Specialty Athletic 24.5% of dollars - N Runners

 More Runners once in 2005: 37,810 · More Runners v

times in 2005: 29.24 · More Frequent F least 100 days in 20 ASD(1)

· More Male R



Achille

LDR Report

By Running USA's Road Running Information Center

State of the Sport of Running (Part I)

he U.S. running industry continues to grow by all measures as shown by the statistics below:

Running Merchandise

More Running/Jogging Shoes sold:
 40,274,000 (up 4%) – NSGA⁽²⁾

More Dollars spent for those shoes:
 \$2,156,733,000 (up 8%) - NSGA⁽²⁾

More Female Users of Shoes:
 49.2% in 2005, 48.1% in 2003, 38.4% in 1993 – NSGA⁽²⁾

More Running Clothing purchased: \$656,200,000 (up 2%) – NSGA⁽²⁾

More Track Running Shoes sold:
 815,000 (up 4%); \$40,071,000 (up 7%)
 NSGA⁽²⁾

More Trail Running Shoes sold:
 528,000 (up 5%); \$27,324,000 (up 5%)
 NSGA⁽²⁾

• More Running Shoes sold in Specialty Athletic Footwear Stores: 24.5% of dollars - NSGA⁽²⁾

Runners

 More Runners who ran at least once in 2005: 37,810,000 – ASD⁽¹⁾

• More Runners who ran at least 6 times in 2005: 29,246,000 – NSGA(1)

• More Frequent Runners who ran at least 100 days in 2005: 11,583,000 -ASD(1)

· More Male Runners in 2005:

21,104,000 - ASD⁽¹⁾; 16,368,000 - NSGA⁽¹⁾

• More Trail Runners as defined by Outdoor Industry Foundation: 40.4 million – OIF(1)

 More Hispanic Runners: 48% of surveyed Hispanics run or jog – OIF⁽²⁾

• More College Students who are Runners: 3,693,000 (students age 18 to 34) – ASD⁽²⁾

More College-Educated Runners:
 17.3 mil males + 19.7 mil females - NSGA¹

 More Runners with \$75,000+ annual household incomes: 16.033 million – ASD⁽¹⁾

Road Races

 More Money Raised for Charities by Running Events: \$656 million (up 14%) – USATF

• More Road Race Finishers in the U.S. in 2005: 8.1 million – Running USA RRIC

 More 5K Finishers in the U.S. in 2005: 3.1 million - Running USA RRIC

 More 10K Finishers in the U.S. in 2005: 1.045 million - Running USA

RRIC

 More Half-Marathon Finishers in the U.S. in 2005: 536,000 – Running USA RRIC

 More Marathon Finishers in the U.S. in 2005: 432,000 – Running USA RRIC

Running Bucks the Trend of Declining Participation Noted by SGMA and OIF

In a recent press release describing its 2006 State of the Industry Report, the Sporting Goods Manufacturers Association (SGMA) reported that wholesale industry sales grew by about 6.8% (to \$55.7 billion) in 2005, outperforming the U.S. economy, which grew at 4.3%. But there was a word of caution about the industry's future.

"Over the past decade, participation in almost all the 100 activities measured by American Sports Data has either decreased or grown more slowly than the overall population itself. While there are a few bright spots in terms of individual sports and fitness activities, the overall picture is one of an increasingly sedentary population."

Running/jogging has held its own in that context and is one of the small number of sports tracked by American Sports Data since 1987 that had more participants in 2005 than in 1987, 1998 and 2004.

The others were surfing (2.6 million participants in 2005), cheerleading (4.1 mil), snowboarding (7.3 mil), skateboarding (11.3 mil), and treadmill (47.9 mil).

The list of all sports/activities and



Bobby Paxton set a Minnesota age-49 record with a 27:17 in the Easy Does It 8K, June 10.

their participation numbers for the three years above can be found in the Sports Participation Topline Report 2006 Edition which can be downloaded free from www.SGMA.com.

The Outdoor Recreation Participation Study released this month by the Outdoor Industry Foundation (OIF)

Continued on page 4



WRITE ON!

Address Letters to: National Masters News P.O. Box 50098, Eugene, OR 97405 or E-mail: natmanews@aol.com

BEYOND THE WOW

I read the article "Beyond the Wow" by Avital Schurr (June NMN) regarding age-group records. In 1985, I set one of the points on the WR graph in the high jump. This was at the World Championships in Rome with an M65 jump of 1.55.

In 1986 I set a record of 5.43 in the long jump at the European Championships in Malmo, Sweden.

After that, I drew graphs of the decline of performances in these events and was surprised at the astonishingly straight lines.

Why is the decline in the high jump not as steep as that of the long jump? It is because the measured result in this event does not correspond to the real physical performance of the high jumper.

For example, at the competition in Rome, I really lifted the center of gravity of my body distinctly less than the measured height of 1.55. That means the high jumper gets part of his measured performance presented by his upright position when taking off.

The long jumper, however, can win relatively much less by this fact.

If you draw a graph of the high jump records reduced by a certain amount, half a meter or so, you will have the same decline as the long jump.

Hans Bitter Germany

KUDOS

Thanks for the nice article by Ron Bellamy, of the Eugene Register Guard, and photo in the July 2006 issue.

I really enjoy reading your paper

each month. Keep up the good work.

Trish Porter
By e-mail

Thanks for the good coverage of the Cotton Row 10K in the July issue of NMN. We had one of our best races this year.

You continue to put out an excellent publication each month. How do you do it?

By e-mail (Ed. note – We're not sure how we do

Just wanted to pass on a "Hear! Hear!" for the excellent guest column by Tom Fahey in the July "Weight Room." I feel that he expresses the feelings of many of us throwers.

Thanks for the excellent job that you do covering the masters scene. I look forward to each new issue.

Charlie Roll, M55 By e-mail

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Sustainers for August 2006

Periodically, NMN publishes a list of "sustainers," those who help the National Masters News and masters athletics by making contributions. These extra funds allow us to publish more photos, deeper results, an in-depth schedule section, and more. We are grateful for the support of masters athletes.

Special thanks this month go to:

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Sun City, Arizona
Vero Beach, Florida
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Zionsville, Indiana



Carol Rowe, of Utah, W30 winner in the 5000 (18:13.51), 25th Hayward Classic.



JERRY WOJCIK
Jozef Berkley, of Michigan, M45 winner in the
high jump (1.64), 25th Hayward Classic.

LDR Report

Continued from page 3

also had good news and bad news.

While the number of participants in the 22 outdoor activities tracked by the study increased from 2004 to 2005 (159 million Americans age 16 and older in 2004 compared to 161.6 million in 2005), the number of outings decreased by 11%.

The study's executive summary noted that "Overnight backpacking's dramatic 22.5% decline in participation over the past eight-year period and the significant increase in snowshoeing (83%) and trail running (22%) participation indicate that individuals are looking for less commitment-heavy activities. Activities that can be done occasionally and without great planning effort seem to be on the rise."

Sources

ASD = American Sports Data Inc. (1) = American Sports Data 2005 Superstudy of Sports Participation, Volume I. (2) = American Sports Data 2005 Lifestyle Segmentation Report. To obtain information on sports demographic products and services offered, contact Harvey Lauer at American Sports Data, Inc., 15 Kent Dr, Cortlandt Manor, NY 10567; 914-461-3271 or go to AmericanSportsData.com

NSGA = National Sporting Goods Association. (1) = NSGA Sports Participation Series I for 2005. (2) = NSGA Sporting Goods Market 2006. To obtain information on any of the NSGA products and services email info@nsga.org, phone 847-296-6742 or go to NSGA.org.

OIF = Outdoor Industry Foundation. (1) = Outdoor Recreation Participant Study, published June 2006. (2) = The Hispanic Community and Outdoor Recreation conducted by UCLA Anderson School of Management, published in March 2006. Information on these reports as well as other useful services for the outdoor industry can be obtained by visiting OutdoorIndustryFoundation.org.

RRIC = Running USA's Road Running Information Center. State of the Sport reports, many types of running data and analysis and lists of the Largest Races from past years can be found on RunningUSA.org in the "Statistics" section. For other questions about running trends and demographics, contact Ryan Lamppa (ryan@runningusa.org) or Linda Honikman (rric@runningusa.org).

SGMA = Sporting Goods Manufacturers Association. For more information on the State of the Industry Report or Sports Participation Topline Report 2006 Edition, go to SGMA.com.

USATF = USA Track & Field. The press release regarding charity fundraising by road races can be found on USATF.org



August 2006

Maste

statement 1997 st vision and leader pursuit of excell

Most maste somewhat happy it mentioned that the organization excellence isn't (some participat the camaraderie) know what the s seemed to work grassroots.

Professional At the Octo Directors meeting word "profession time – even tho many of our elite competing in trace tive was presente our mission states organization was

Nationals -

Competition

Competition women age-30five-year age gro qualifying is nece fication for U.S. istration with US national governin

USATF champ awarded to the to each age group in will be awarded The meet is open who will receive they finish in the displace U.S. cities

displace U.S. citiz

A club champ
contested. Last
Brooks-Fleet Feet
to take first. The
(383), and the Ha
a contingent of fe
letes, took third
Valley TC was
Over 90 clubs we

Both men's and prise the total. The by place, is 8-6group and relays.

For the first tir the M35 division official champi approval of tha IAAF and USAT

Events on The with the pentathly continue through array of track and the 10,000, the steeplechase, 500 walk, four throw relays, the last groups.

An athletes' n Friday, Aug. 4,

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Track & Field Report

By GEORGE MATHEWS Chairman, USATF Masters Track & Field

Masters Track & Field Still Part of USATF

any of our members expressed grave concern when the USATF mission statement was changed in 2005 from the one we have had since 1997. The 1997 statement read: "The mission statement of USATF is to provide vision and leadership to the sport of Athletics in the United States, and promote the pursuit of excellence from youth to masters, from grass roots to Olympic Games."

Most masters members seemed somewhat happy with this one because it mentioned that masters were part of the organization. Maybe the pursuit of excellence isn't always what we do (some participate for the health of it or the camaraderie), and some people don't know what the sport of athletics is, but it seemed to work. We are definitely grassroots.

Professional Athletes

At the October 2005 Board of Directors meeting, where I heard the word "professional" used for the first time – even though we all know that many of our elite athletes make a living competing in track and field - the initiative was presented to make a change in our mission statement to reflect what the organization was really all about in the

21st century.

The following is what came out of that meeting:

"The mission statement of USATF is to lead the sport of Athletics in the United States and maintain the primacy of USA Track & Field in global athlet-

At the time I was appalled at the dropping of the mention of masters and let everyone know how I felt. This mission statement almost contained reference to the primary support of the professional athlete.

I am not sure that they were entirely wrong in that quest. After all, we have tremendous pressure to produce medals at the Olympics. It takes massive resources to make the USOC happy with our performance as a federation.

A Carolina barbecue dinner, open to athletes and accompanying persons, will be held after competition on Saturday, Aug. 5, with entertainment provided by a blue grass band and

cloggers. Charlotte is located in the southwestern part of the state near South Carolina. In 2004, Charlotte had a population of 594,359, the 19th largest city in the U.S. It was settled by Scotch-Irish immigrants in the 1740s, and is named after Queen Charlotte, the wife of George III. It boasts 18 universities and colleges, and is the home of the NFL Panthers, NBA Bobcats, WNBA Sting, and the NHL 2006 Stanley Cup Champion Hurricanes.

Lowe's Motor Speedway, a major draw for NASCAR Nextel fans, and the title derivation for Charlotte's Thunder Road Marathon, scheduled for Dec. 9.

Championships was held in 1968 in San Diego, Calif., where it stayed for the next five years before moving up to

Eugene/Springfield in Oregon hosted the meet five times, the last in 2003. The 2000 championships in Eugene had a record 1503 athletes. Next year, it moves to Orono, Me., for the third time, and in 2008 to Spokane, Wash., also for its third visit there.

We all would feel much more comfortable if masters were mentioned in the mission statement.

New Statement

At the Board of Directors meeting held on this last Father's Day weekend - instead of the Outdoor Open Championships weekend to accommodate the Men's and Women's Track & Field Chairs and the Athletes Advisory Chair who are very busy when we hold Board of Directors meetings during or after the Championships - the mission statement came up again as part of our updating of the strategic plan. The following was proposed and enacted:

"The mission of USATF is to foster sustained competitive excellence, interest and participation in the sports of Track & Field, Long Distance Running and Race Walking.

I tried to add "at all levels" after the word "participation," but was overpowered by an initiative by a non-vot-ing professional athlete's agent to leave it as submitted.

On the Good Side

This is probably better than what we had from October 2005, and we aren't clearly in the mission statement, but we are still part of USATF.

P.S. The three chairs for whom we gave up the meet and Father's Day for this meeting didn't show. And so it

(George Mathews can be contacted by e-mail at george mathews@adelphia net)



JERRY WOJCIK Todd Taylor, M55 winner in the hammer (46.70), Portland Masters Classic

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26th Nevada Senior Games Las Vegas, Nevada

September 27 through October 1, 2006, UNLV Track 1 mile from the famous Las Vegas Boulevard "Strip"

> Wednesday Sept.27, 10K run, Wayne Bunker Park Thursday Sept. 28, 5K run, Wayne Bunker Park

The following events will be at the UNLV Track

Friday, Sept. 29 Weight Pentathlon

Saturday, Sept 30

Hurdles (110m, 100m, 80m) • 5K RR • 50m • 400m • 1500m RW • 800m Hammer • SP • LJ • HJ • Javelin

Sunday, Oct. 1

100m • 1500m • 200m • Discus • PV • TJ • Standing LJ • Weight Throw

Electronic Scoring, USATF Sanctioned and officials. No late registration after Sept. 26, 2006. No adds at meet. New shirts and custom medals.

Register on line: www.nevadaseniorolympics.com E-mail: nevadaseniorgames@earthlink.net

Phone: 702-242-1590 Address: 3111 S. Valley View Blvd., Suite B-201, Las Vegas, NV 89102

Nationals - Charlotte

Continued from page 1

Competition is open to men and women age-30-and-over and held in five-year age groups. No performance qualifying is necessary. The only qualification for U.S. citizens to enter is registration with USA Track & Field, the national governing body of athletics.

USATF championship medals will be awarded to the top three U.S. citizens in each age group in every final. Ribbons will be awarded to places 4, 5, and 6. The meet is open to non-U.S. citizens, who will receive duplicate awards if they finish in the top six, but will not displace U.S. citizens in the results.

A club championship will also be contested. Last year in Honolulu, the Brooks-Fleet Feet RC scored 555 points to take first. The So Cal TC was second (383), and the Hawaii Masters TC, with a contingent of fewer than a dozen athletes, took third (209). The Potomac Valley TC was a close fourth (204). Over 90 clubs were represented.

Both men's and women's scores comprise the total. The club scoring system, by place, is 8-6-4-3-2-1 for each age group and relays.

For the first time in an outdoor meet, the M35 division will be competing for official championship titles, after approval of that division by WMA, IAAF and USATF.

Events on Thursday, Aug. 3, start with the pentathlon championships, and continue through Sunday, with a full array of track and field events, including the 10,000, the short and long hurdles, steeplechase, 5000 track walk, 10K road walk, four throws, four jumps, and three relays, the last held in 10-year age

An athletes' meeting is scheduled for Friday, Aug. 4, after competition ends.

The time and place will be posted and announced.

Peter Taylor, who did the announcing at the 2005 Champioships in Honolulu and the 2006 USA Masters Indoor Championships in Boston, will do the bulk of the announcing in Charlotte.

Among its tourist attractions is

The first National Masters T&F Gresham, Ore., in 1974

www.nationalmastersnews.com

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Figure 2. This gr age-group world rec jump, high jump an

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Another inter emerges from 100m WR plot for both W35 Ottey. Her unb these two age W60 WR time parison, such t linear part of th

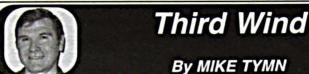
age-group world record

of the W35 WR.

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The comparis

August 2006



Milo Refused to Recognize the Limitations of Age

the first "masters" athlete may have been Milo of Croton in the sixth century B.C. Beginning at the age of 14, Milo won six Olympic wrestling championships over a 24-year period. The history books say that he was denied a seventh Olympic appearance in his 28th year of competition, at age 42, because wrestling was dropped from the Olympic program. The reason was that "neither god nor man durst stand against him!

Milo is credited with introducing the overload and progressive principles to athletic training. He would begin his regimen by carrying a calf on his shoulders, and would continue carrying it every day until it became a full-sized ox.

But Milo apparently did not go gently into the night. Legend has it that he died because he refused to recognize the limitations placed upon him by old age. It is said that the aging Milo tried to tear apart a tree with his hands after splitting it with

Lacking the strength he had as a young man, he struggled and the wedge fell out, causing the tree to close on one hand. Unable to free himself, he was attacked and devoured by wolves.

What boast could be more pitiable than the one of Milo of Croton?" Cicero, the great Roman statesman, orator, and philosopher, asked. "When he was already an old man and saw athletes exercising themselves on the race track, he is said to have looked at his arms and said tearfully, 'But these are already dead.' Not really your arms as much as you yourself, babbler, for you were never ennobled on your own account, but on account of your lungs and muscles.

"Sextus Aelius was nothing like that, nor was Tiberius Corunacanius many years before, nor Publius Crassus, all men by whom laws were expounded to the citizens, and whose wisdom was carried forward to their last breath."

Euripides, the fifth century B.C. philosopher, may have had Milo in mind when he wrote: "Although there are myriads of evils throughout Greece, there is nothing worse than the race of athletes....In their prime they make a brilliant spectacle as they go about and are the pride of the state; but when bitter old age comes upon them, they are gone like coarse cloaks which have lost their nap."

Mind and Spirit

As Cicero saw it, one must resist old age just as one resists disease. "You must take stock of your health," he wrote at age 84. "You must engage in moderate exercise; you must consume only enough food and drink so that your strength is restored, not overburdened.



Milo of Croton as depicted by this statue in the

"And in truth you must not come to the aid of the body only, but much more to that of the mind and spirit. For these also

Louvre Museum, Paris.

are snuffed out by old age unless you drop in oil as into a lamp; and bodies, of course, grow heavy with the fatigue of exercise, but spirits are lightened by exer-

Cicero would likely have approved of masters competition. "For just as I



Shot putters at the 2006 Southern California Striders Meet, CSU-Long Beach (I to r): Mike Deller, 57; Wilbur "Moose" Thompson, 85; Arnie Gaynor, 78; Jim Kerman, 47; and Angie Rinaldi, 57.

approve of a young man in whom there is an element of the elderly, so I approve of an old man in whom there is something of the young; the man who strives after this may be an old man in body but will never be one in spirit."

What Cicero did not approve of was lamenting one's losses to Father Time. "Use that advantage while it is present," he advised.

Acceptance of Aging

When it is gone do not regret it; unless by chance young men ought to regret their boyhood or those who have progressed a little in age ought to regret their young manhood.

"There is a fixed course of age and one path of nature and it is straightforward and its own climate has been given to each stage of life, so that the weakness of boys, the impetuosity of young men, the seriousness of middle age, and the ripeness of old age, each has some natural advantage that ought to be harvested in its own time.'

Seneca, another Roman philosopher, saw it much the same way as Cicero. "We should welcome old age and love it," he wrote. "It is full of pleasure if you know how to use it. Fruit tastes best when its season is ending; a boy is handsomest at boyhood's close; and it is the last drink which brings the toper delight, the one that submerges him and polishes off his jag.'

Exercise for Life

Seneca believed in exercise and sport.

"We ought to take outdoor walks, to refresh and raise our spirits by deep breathing in the open air," he counseled. But he cautioned against overdoing it.

Sport and amusement would not exert so strong an attraction if the pleasure they gave were not inherently natural, but frequent resort to them will rob the mind of all weight and energy."

It is important to recognize our limitations and to conserve energy, Seneca believed. "The inside track is the one to take," he offered, "not only in foot races and horse races but also in the arena of life."

(Mike Tymn can be contacted at MET-GAT@aol.com)

FIVE YEARS AGO August 2001

- ships, Brisbane, Australia
- Andrey Kuznetsov 2:19:39), Russia, and Adriana Barbu (40, 2:37:11), Romania, First Masters at Grandma's
- Sprinters Fly at West Region-

- 4976 Athletes Take Part in 14th WAVA World Champion-
- als in San Diego

ATHLETES WHO ENTER A NEW DIVISION THIS MONTH - AUGUST 2006 Compiled by Pete Mundle • pmundle@ juno.com

ATHLETE NAME	BIRTH	AGE				All the second s	State of	A
(RESIDENCE)	DATE	GROUP	JACQUES LABEL(LINCOLN,NB)	8- 1-41	65-69	HAROLD CONNOLLY(SANTA MONICA,CA)		75-79
PROPERTY OF THE PARTY OF THE PA			MELODY-ANNE SCHULTZ(ROSS,CA)	8-3-41	65-69	JOEL MCNULTY(LAKÉ OSWEGO,OR)	8-20-31	75-79
ALAYNE ADAMS(US)	8-11-61	45-49	FUMIKO HIGA(JPN)	8- 4-41	65-69	JOHN STAYTON(SAN MARCOS,CA)	8-20-31	75-79
TERRI CASSEL(US)	8-15-61	45-49	RALPH LEE(CA)	8- 5-41	65-69	DENNIS TEEGUARDEN(RICHMOND,CA)	8-21-31	75-7
LANCE DEAL(US)	8-21-61	45-49	KIRK RANDALL(WELLESLEY,MA)	8- 6-41	65-69	ROBERT COFFEY(TX)	8-26-31	75-7
BRADY CRAIN(NY)	8- 4-56	50-54	ROBERT GORMLEY(CA)	8-7-41	65-69	BILL GAEDKE(US)	8-26-31	75-7
BARBARA SCHLOSSER(GER)	8- 5-56	50-54	LEENA HALME(FIN)	8-7-41	65-69	DON LOVE(POWAY,CA)	8- 2-26	80-8
IM RUSS(CHARLOTTE,NC)	8- 6-56	50-54	ALBERT CARSE(AUS)	8-8-41	65-69	TOIVO SUOMELA(FIN)	8- 3-26	80-8
LKE GRAHNERT(GER)	8- 7-56	50-54	BARBARA PIKE(CONCORD,MA)	8-11-41	65-69	EGON NILSSON(SWE)	8- 7-26	80-8
(IM KARE(AUS)	8-21-56	50-54	ANDRE DUNKELL(CA)	8-20-41	65-69	JOHANNA BENDORF(GER)	8-15-26	80-8
MARIA TURNER(US)	8-31-56	50-54	JOAN SCHIVELEY(CA)	8-20-41	65-69	NANCY SMALLEY(BOULDER,CO)	8-22-26	80-8
AN CUMMINGS (CHULA VISTA, CA)	8- 4-51	55-59	INKERI JANHUNEN(FIN)	8-23-41	65-69	HEINZ KRENZER(GER)	8-25-26	80-8
SHELLEY KEELING(NEW YORK,NY)	8-10-51	55-59	MICHAEL SAUER(GER)	8-27-41	65-69	BOB BARTLING(BROOKINGS,SD)	8-26-26	80-
ENISE PALMER(AUS)	8-18-51	55-59	ERIKA STAEHLE(GER)	8-27-41	65-69	MARGARET KRAUSE(AUS)	8-28-26	80-
OM THOMPSON(US)	8-27-51	55-59	MARDON CONNELLY (N.HOLLYWOOD, CA)	8-28-41	65-69	JIMMIE REID(CHARLOTTESVILLE,SC)	8-28-26	80-
INN SCHMITT(BOSTON,MA)	8- 3-46	60-64	ROSE SCHLEWITZ(ALBANY,OR)	8-29-41	65-69	PAUL HANSEN(HOLT,MICH)	8- 1-21	85-
RUSS SCHMEICHEL(JAMESTOWN,ND)	8- 6-46	60-64	MONICA TANG WING(TRI)	8- 4-36	70-74	MARSHA TILLSON(SHORTSVILLE,NY)	8- 4-21	85-
VRIL DOUGLAS(CAN)	8- 6-46	60-64	LAURA TINGLE(BRADENTON,FL)	8- 5-36	70-74	MIKE JOHNSTON(AUS)	8- 6-21	85-
CAROLINE COONEY(VANCOUVER,WA)	8-7-46	60-64	ELIZABETH ALANNE(CHICAGO,ILL)	8- 9-36	70-74	EDWARD BUCKLEY(SYRACUSE,NY)	8- 8-21	85-
ON DOMANSKY(CAN)	8-11-46	60-64	DORTHA SWANSON(NEWFANE,NY)	8-12-36	70-74	HELGA LANGE(GER)	8-11-21	85-
OSTEIN MYRVANG(NOR)	8-11-46	60-64	ANDRZEJ RZEPECKI(RSA)	8-13-36	70-74	MARTHA FAIRBANK (DURHAM, NC)		
HEILA CAREY(GBR)	8-12-46	60-64	ALGINA VILCINSKIENE(LIT)	8-14-36	70-74	MARGARET HINTON(BAYTOWN,TX)	8-13-21	85-
ARIN FORSTER(GER)	8-12-46	60-64	LU HOLWERDA(BROOKINGS.SD)	8-15-36	70-74	AMY ERNST(US)	8-14-21	85-
ARIKA BUCHMANN(GER)	8-15-46	60-64	GLORIA BASSLER(PALOS VERDES.CA)	8-16-36	70-74	ED LEWIN(BRENTWOOD,CA)	8-30-21	85-
ILL FORSYTH(ALBUQUERQUE.NM)	8-19-46	60-64	DEBBIE LANCASHERE(CONCORD,NC)	8-20-36	70-74	JARASLOV STRUPP(CZE)	8- 0-16	90-
MARTHA WATSON(CA)	8-19-46	60-64	DAVID CHAPMAN(GBR)	8-21-36	70-74	BOB GARRELS(HONOLULU,HI)	8-16-16	90-
URLINE STRUPPECK(BATON ROUGE LA		60-64	AUSTRA KALNINA(URS)	8-21-36	70-74	CHAPLES SEEKING (OC ANOSI TO CAL	8-24-16	
UE MELLEN(LAKE HAVASU CITY,AZ)	8-23-46	60-64		8-22-36	70-74	CHARLES SEEKINS(LOS ANGELES,CA)	8-31-16	90-
VEB LOUDAT(NM)	8-24-46	60-64	BARBARA GREGG(SEATTLE,WA)	8-23-36	70-74	ALEKSANDER ERNERSAKS(CAN)	8- 5-11	95-
REMZY HUSENY(CA)	8-26-46	60-64	REIJO TOIVONEN(FIN)	8-25-36	70-74	REINHARD NORDHAUSEN(GER)	8-12-11	95-
ANNA-MAIJA KUKKA(FIN)	8-30-46	60-64	JAMES HART(WALNUT CREEK,CA)	8-29-36	70-74	MABLE O'HARE(OLYMPIA,WA)	8-16-11	95-9
and the same of th	3 00 40	55 54	STATE OF CHECK, ON	0 20 00		GERHARD SCHEPE(GER)	8-26-11	95-



Masters Science

By AVITAL SCHURR

Beyond the Wow (Part II) **Age-Group Records**

n the first part of this series (June NMN), I reviewed and analyzed male agegroup world records (WR) in several T&F events. In this, Part II of the series, I eview and analyze female age-group WRs in the same T&F events, employing the same rules and manipulations that guided me in Part I: W35 age-group WRs were used as the standard (100%) to which all other WRs are compared and the recorded times for each of the sprinting and running events were converted to speed per unit of time (meters per second, m/s).

The comparisons made between all female age-group WRs in three track events (100m, 1500m and 10,000m) and four field events (long jump, triple jump, high jump and pole vault) are illustrated in figures 1 and 2, respectively.

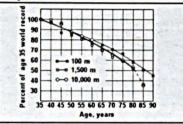


Figure 1. This graph shows the W35-W90 age-group world records in 100m, 1500m and 10,000m. The records are plotted as percentage of the W35 WR.

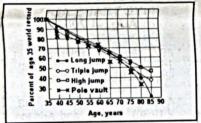


Figure 2. This graph shows the W35-W85 age-group world records in long jump, triple jump, high jump and pole vault. The records are plotted as percentage of the W35 WR.

Performance and Aging - Track

The plots of the age-group WRs of the track events indicate that the performance of females declines as their age advances, similar to their male counterparts. The decline is linear (constant rate of decline every five years) until about age 60, after which this decline accelerates, causing the plot to curve downward.

Interestingly, the male age-group WR plots (June NMN) remain linear until age 70 before curving downward. Moreover, the decline of the female age-group WR plots for the three track events is steeper than that of the male age-group WR. Whether or not this steeper decline means that females are aging faster than males is an open ques-

Another interesting observation that emerges from the female age-group 100m WR plot is the exceptional WRs for both W35 and W40 of Merlene Ottey. Her unbelievably fast times in these two age groups render the W45-W60 WR times much slower in comparison, such that they fall below the linear part of the curve (see Fig. 1, ages 45-60, filled squares, all are located below the plot line for the 100m).

If Ottey continues to compete in the future, one could predict that this distortion will be corrected, since it can be expected that she will improve the W45-W60 WRs.

In contrast, Irene Obera's W65 100m WR of 14.29 is in line with both of Ottey's WRs (see Fig. 1, age 65, filled square located right on the plot line for the 100m).

Similarly, Yekatarina Podkopayeva's W40-W45 1500m WRs (3:59.78 and 4:05.44, respectively) and Evy Palm's W45 10,000m WR (32:34.06) rise above the linear portion of the agegroup plots for these events (see Fig. 1. age 40 and 45, empty squares located above the plot line for the 1500m and age 45, empty circle located above the 10,000m plot line), indicating that better WR times for W35 in the 1500m and for W35-W40 in the 10,000m can be expected.

Performance and Aging - Field

In the field events, the female agegroup WR plots produce a somewhat more complex picture than their male counterparts.

Both high jump and triple jump plots of the female age-group WRs decline linearly (at a constant rate) throughout the full age spectrum (35-85 years), just as was found for their male counterparts (June NMN).

However, while the male age-group WR plots for long jump and pole vault also decline linearly with age, the decline in the female age-group WR plots for these field events is anything but linear.

These plots are sigmoid (~) in shape; they initially decline at a steeper rate from the W35 WR starting point, a decline that moderates later to reach the expected level of a linear curve at W60 (pole vault) and W65 (long jump), only to fall again in what appears to be an accelerated rate for the older ages.

Since pole vaulting is a relatively new event for females and the number of competitors is presumably relatively small, such fluctuations in performance could be expected.

Long jumping, on the other hand, is as old an event as any other traditional field event and thus should have many more participants in it. There is no apparent reason why the long jump female age-group WR plot should differ so much from either the high jump or the triple jump plot.

A plausible explanation for the erratic (sigmoid) behavior of the long jump



Competitors in the combined W40-54 100m race (I to r): Gail Kuhnley, 44; Jeanne Bowman, 53; Rebecca Mitchell, 52: Sarita Burrowes, 53: Marjorie Milligan-Jackson, 41; Jenny Rexius, 52; Martha Mendenhall, 47; and Donna Schultz, 48, 25th Hayward Classic.

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plot could be Heike Drechsler's fantastic W35 WR of 6.99m. There is no doubt that her achievement diminishes the less impressive WRs of other ages, just as Ottey's records in the 100m have done in respect to the W45-W60 100m WRs.

Only the long jump WRs for W65 (C. Schmallbruch) and the W70-W75 (Paula Schneiderhan) appear to be in line with Drechsler's WRs. Again, one can expect to see an improvement in the W45-W60 and W80-W85 long jump WRs.

Nevertheless, overall, the female age-group WR field event plots exhibit a steeper decline over age in comparison to their male counterparts, as has been found for the track events.

Forward Thoughts

As more and more masters athletes join our ranks, one would like to believe that our competition will become more popular. Age-graded records and real age-graded competitions will probably become a mainstay of masters athletics.

For such competitions to be fair, age-graded tables must be as accurate as possible. This means that in the future there could be a more practical use for plotting age-group WRs for each of the different events of T&F. Such plots would be used to grade one's performance, not necessarily based on an existing WR, but on a predictable one that has not yet been established.



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PAGLIANO'S PODIATRIC POINTERS The Foot Beat

By JOHN W. PAGLIANO, D.P.M.

Stress Fractures

tress fractures can occur in almost any bone in the body. We see a large number of these injuries in the weight-bearing bones of the body due to repetitive running and training. Most of these are low risk and heal well with casting and immobilization.

Stress fractures occur quite commonly in runners, and there are some estimates that fractures represent 15% of all running injuries.

Repetitive Load

This injury is caused by excessive, repetitive load on the bones, causing disruption between bone resorption and formation as the intensity increases.

The exact mechanism is unclear, but it is felt that excessive forces are transmitted to the bone when the surrounding muscle becomes fatigued. There is resultant reduction in bone strength.

It is felt by others that muscles contribute to stress fracture by concentrating forces across a localized area of bone, causing mechanical imbalance that is stronger than the bone density.

Other contributing factors include nutritional pathologies, bone density, metabolic disorders, and hormonal imbalance.

Early Diagnosis

Early diagnosis is essential in avoiding complications from bone fracture. Usually the pain is aggravated by exercise and relieved by rest. However, in more severe cases, rest does not relieve the pain. There is usually swelling and localized pain to the touch.

To determine the nature of the fracture, an x-ray is advised. In more difficult cases, a bone scan is recommended to pinpoint the area of fracture.

The most common areas for fracture in runners are the metatarsal bones, the shin area, and the sesamoid complex.

Prevention

Stress fractures can best be avoided through prevention. Avoid long runs on concrete surfaces. Training errors are the most frequent culprits and need to be corrected. Old training flats should be replaced with high shockabsorbing training flats.

Low risk stress fractures are common in runners and can be diagnosed through examination and x-ray.

Diagnosis and Recovery

Once the diagnosis is made, a short rest period can relieve the symptoms and, if the fracture is more serious, a soft or hard cast may be used, with restriction to non-weight bearing activities for several weeks.

(Dr. John Pagliano can be reached by e-mail at thefootbeat@aol.com)



GRANDMA'S MARATHON Oleg Strijakov, M40+ winner, Grandma's Marathon.



(19:10.53), 25th Hayward Classic.

Grandma's Marathon

Continued from page 1

2:09:37, was third M50 (2:47:56).

Jared Mondry, 64, Minneapolis, Minn., 3:04:24, and Jim Schleisman, 73, Jefferson, Iowa, 3:29:55, successfully defended their division wins in

Garry Bjorklund Half-Marathon

Running in the Garry Bjorklund Half-Marathon, Toshiko d'Elia, 76, Ridgewood, N.J., broke the W75 U.S. record with a 2:03:36. The previous mark was 2:06:34 by Algene Williams in 1991.

The masters winners were Digger Carlson, 44, White Bear Lake, Minn., in 1:12:09, and Kate Davis, 40, Woodbury, Minn., in 1:24:57. Runners-up were Leon Ball, 41, Minneapolis, Minn., 1:14:55, and Karen Schroenrocik, 43, Eau Claire, Wisc., 1:25:09.

Other division winners included Steven Kohorst, 55, Cohasset, Minn., 1:24:52; Cliff Baldridge, 80, Stone Lake, Wisc., 2:28:18; and Lola Ackerman, 61, Longmont, Colo., 1:50:02.

While male finishers outnumbered female in the marathon, 4303 to 2606, more women (2890) than men (2146) finished the half-marathon. Marathoners came from 34 different countries and 49 states.

William A. Irvin 5K

In the William A. Irvin 5K, Paul Giannobile, 46, Minnetonka, Minn., was the first master by three seconds with a 17:31 over Michael Pinocci, 51. Henderson, Nev. Gene Kalscheuer, 69, Sauk Rapids, Minn., won the M65 race (26:16). Jim Waterman, 80, Richfield, Minn., ran a 36:32.

Catherine Long, 41, Duluth, Minn., won the W40+ race in 19:53, with Sheila Shusterich, 50, Duluth, Minn., second (20:24). Sue Coughlan, 56, Duluth, Minn., was the W55 winner with a 22:57.

The 2007 Grandma's Marathon weekend is scheduled for June 14-17.

- From reports by St. Paul Pioneer Press, and Laura Wright/Grandma's Marathon

> Visit the **National Masters News** Web Site at: www.nationalmastersnews.com

Masters Are Large Corps of Oak Apple

By RON MARINUCCI

Royal Oak, MI. - Masters runners took advantage of near ideal weather conditions to run like the wind at the 29th annual Oak Apple 10K Run, June Temperatures in the 50s, sunny skies, and the slightest of breezes invited fast early season times - and the masters didn't disappoint.

The course was a fast one, start and finish in trendy downtown Royal Oak. The bulk of it was a modified figureeight that visited handsome residential neighborhoods. Summarizing the feelings of many, masters runner Michael Holmes spontaneously yelled out as he passed the four mile mark, "This morning is awesome!"

Of the 829 10K finishers (another 100-150 completed a two-mile run), 331 were masters. Two, John Tanzer (80, 1:01:32/age-graded 39:30) and Joe Thornburg (89, 1:41:39/53:37) are octogenarians!

David Watkins, 44, led the masters runners with an eye-popping 34:57 (32:52). He was seventh overall. But he didn't smoke through unchallenged. Bryan Alfonso, 46, a former Michigan Runner Masters Runner-of-the-Year. was within striking distance at 35:19 (32:43, the fastest age-graded mark by one second), good for ninth overall.

Brian Harris, 71, clocked 44:48 (32:44). Other sparkling masters times were posted by Tim Emmett, 50, 37:26

(33:21), Larry Parker, 57, 39:48 (33:41), and Charles McClure, 60, 40:59 (33:45).

The women came to run fast, too. Ironman triathlete Laura Sophiea, 50, 42:50 (37:40), was the masters champion and seventh overall. Runner-up was another grandmaster, Jackie Blair, 50, 44:05 (38:46).

Also shining on this day were Marcy Kossak, 47, 45:21 (40:58) Kathryn Murphy, 45, 45:03 (42:02), and Maggy Zidar, 56, who completed her 100th marathon in 2005 and ran 49:31

Overall winners received \$100 gift certificates from Hanson's Running Shops, while masters champions earned \$50 certificates.

Race spokesman Paul Perkins noted that the 2006 Oak Apple was "one of the most enjoyable and well-executed runs we've ever had." He cited the many volunteers and spectators as well as the runners.

Perkins added, "We have already started to plan next year's events for the 30th annual Oak Apple. Thirty years is a milestone that puts us in the company of running events such as the Crim and Dexter-Ann Arbor. No one will want to miss the 30th annual Oak

Ron Marinucci can be reached by e-mail at ron_marinucci@comcast.

DEADLINE

NMN is written by masters athletes for masters athletes. We need and welcome your reports of meets, races, schedules, photos, comments, etc. Deadline for editorial material, results, schedule items, and advertising is the 10th of the month before date of issue.

Send to: National Masters News, P.O. Box 50098, Eugene, OR 97405



August 2006

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Order



The Weight Room

By JERRY WOJCIK

From Hayward to Wayward

as I enter the hammer ring, I hear the announcer's voice on the P.A. system, saying, "Jerry Wojcik (my name is pronounced correctly!) of the Oregon Track Club Masters is getting ready for his second attempt in the hammer. His first was XXXX, and he stands second in the M75 division." After my throw, the P.A. system announces that my second attempt was an improvement of XXXX feet and inches.

What is this? A dream? Fantasy? No, I'm at the 2006 Hayward Meet in Eugene, Oregon, in June, and the same thing, to some degree, is going on at all of the other field events.

At first, it's kind of startling, but after a throw or two, one gets used to it.

A common complaint of field event people, especially throwers, who often compete in areas out of the announcer's eyesight, is the lack of attention paid to the field events as they are in progress, and even when they're within view or in the infield.

How it Works

This is how it works at Hayward. A person (at Hayward, she or he is a certified offical) with a headset has a clipboard containing the names, age groups, affiliations, etc., of the competitors, from which he transmits info to the announcers.

When the competition starts, the official reading the mark at the tape calls it out in meters and feet/inches to the headphone person, who records it (in meters) on the clipboard and transmits it to the announcers.

Simple. So, why don't more meets develop a better communication system for field events, and why have some previous masters nationals been lacking in this?

Not So Simple

First off, it's not that simple.

The folks at Hayward have had this system in place for years, and many of the participants have been at it for decades, having worked the previous 24 Hayward Meets, NCAA, Pac-10, and state high school championships, four masters nationals, Olympic Trials, U. of Oregon meets, and everything in between.

The system has been installed and equipment is on hand, and the process is well defined.

Every championships venue that I've been to has had experience in staging track meets, and unless field events in those meets get the same treatment that masters do, all of the elements for better communication should be in place.

Why, then, is masters field event reporting not as good as that of track

Out of Sight

Number one, I think local organiz-

ing committees, often made up of wellintentioned tourism promoters and civic organization volunteers, don't give field events, especially the throws, much thought, because to them track and field means those things that occur on the oval.

Secondly, if some thought and planning has gone into field event reporting, equipment may have to be updated, which means spending money. Inexperienced officials/volunteers may have to be recruited and trained to do the job well.

What to Choose?

Lastly, if you're doing the announcing at a masters meet and three W50s are a foot apart in the 800 with 100 meters to go and a national record is on the line, and meanwhile, you've received information that in the M60 hammer, the guy in first place is ahead by 25 feet, what is going to be your focus?

Let's face it, the excitement usually takes place on the track. A different kind of drama might be happening in the high jump, shot put and javelin, but not the kind that exhilarates spectators and other athletes watching a close race.

Field event competitors may be attempting world records or be within an inch of each other for titles, but those are not of the moment.

Keep Up the Pressure

Throwers should continue to put the pressure on meet organizers and USATF masters officials to improve coverage at meets.

It would help if the long throws were held on the track rather than off track, but that's not likely to happen. Venues are not apt to re-configure their track layouts for a masters championships, much less a regional or association championships.

If discus, javelin and hammer sectors were to overlap on a site that has 1000+ competitors, we'd be there for a week from eight in the morning until seven at night.

Meanwhile, make plans to attend a meet at Hayward Field, if not as a masters competitor, then as a masters spectator.

(Jerry Wojcik can be contacted at jerrywoj@aol.com)

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JERRY WOJCIK
Monica Kendall set a W50 world record in the
javelin (43.72), Portland Masters Classic.



Gary Stenlund, after breaking the M65 world record in the javelin with a 56.93 in the 25th Hayward Classic.

Hayward Classic

Continued from page 1

"About 30 meters into it I felt a slight pain in my left quad and at that time had to make a decision whether to continue or 'save it' for the 200. I guess I made the right decision. It was a great feeling to be elevated to the same level as Payton Jordan when he was 65, particularly when it was announced that he had set the U.S. and world record in the 100 meters 25 years ago at this same meet."

Gerald Vaughn, 70, Charlotte, N.C.,

improved his M70 shot put world record from 14.91/48-11 to 15.02/49-3 1/2. He also holds the indoor world record (15.39/50-6).

Two of the world records were set in the javelin. Gary Stenlund, 65, a U.S. citizen who resides in Costa Rica, threw 56.93/186-9 to add some 10 feet to the world record held by Wladyslaw Kowalczyk, GER, at 54.20/177-10.

Monica Kendall, 50, Milwaukie, Ore., finished with a 41.88/137-5 throw. The W50 world mark is 41.50/136-2 by Regina Stang, GER. Kendall also broke the U.S. shot put record of 12.99/42-7 1/2 by Joanne Grissom in 1991, with a hefty 14.28/46-10 1/4.

Peter Magill, 45, South Pasadena, Calif., ran a pending M45 national record in the 3000 with an 8:37.52. Chuck Coats holds the present record with an 8:56.59.

Vince Sempronio, 80, Medford, Ore., established an M80 U.S. record for the 25# superweight with a 7.30/23-11 1/2. The present M80 record of 4.90/16-1 is for the now obsolete 35# superweight.

Melanie Reske, 85, Springfield, Ore., established W85 national records for the 12# weight (5.05/16-7) and the 20# superweight (3.84/12-7 1/4).

In addition, 44 Northwest Regional Meet records, and 37 Hayward Classic records were broken, tied, or established.

Carmen Ayala-Troncoso, 47, Austin, Texas, better known for her feats on the roads and in cross-country, made an appearance on the track and set meet records in the 1500 (4:46.00) and 3000 (10:06.44). She was the masters winner with a 19th-place 17:11 in the recent Freihofer's 5K for Women.

Hayward Classic hurdles records went to Joe Johnston, 62, Apopka, Fla., 100H (16.47), and James Stookey, 76, Dickerson, Md., 80H (14.05). Stookey is the 2005 M75 Masters Athlete of the Year for both track and field.

The M70 shot put and discus fields rivalled those of some national championships in quality and quantity with 11 competitors in the shot, won by Vaughn, and 10 in the discus, won by Bob Humphreys, 70, Camarillo, Calif., with a 42.69/140-0.

Stephen Chantry, 51, Williamsburg, Va., did a distance hat trick with wins in the 1500 (4:38.00), 3000 (9:56.02), and 5000 (17:06.26).

The first to finish the 5000 race-walk were Michael Blanchard, 45, Castle Rock, Colo., in 25:21.81, and Kelly Murphey Glenn, 45, Kuna, Idaho, in 28:34.49.

In the National Masters News Age-Graded Mile, held Saturday morning, Jeanette Groesz, 56, Redmond, Ore., had the best performance with a 5:52.94 time, which age-graded to an international class 91.7%. Joe Dudman, 42, Portland, Ore., was second with a 4:39.12, 85.7%, and Wayne Cadigan, 47, Eagle, Idaho, third (4:54.92, 84.3%).

Groesz was presented with a glass table clock by Suzy Hess, of the NMN, at the athletes' reception at the Phoenix Inn, the meet headquarters hotel, on Saturday evening.

The meet was hosted by the Oregon Track Club Masters, with Dick Lamster serving as meet director. All participating athletes, officials and volunteers (the meet program listed 134 of them!) received 25th anniversary commemorative pins.

sary commemorative pins.

Tom Heinonen and Adam Schneider handled the announcing chores.

The primary sponsors were PacificSource Health Plans, SportHill, Phoenix Inn, Duncan & Brown, Pacific Continental Bank, Carter & Carter, Tracktown Pizza, and the cities of Eugene and Springfield.

All in all, everything came together to solidify Hayward Classic's reputation as "America's Premier Masters Meet."

Order subscriptions and publications on-line at www.nationalmastersnews.com



Masters Racewalking

By LENNY PARRACINO with ELAINE WARD

Crunches are for Cadavers

enny Parracino will be my guest in this column for a few months. Many of our Southern California Racewalking Community are taking classes with him and this associate Matthew LaBosco at their Kinetic Conditioning Studio in Montrose, Calif. Our minds are feasting on what we are learning, and our technique and performance levels are improving. Lenny recently gave a clinic at the Cooper Institute in Texas and counsels individuals in all sports who want to perform better, who are injured from overtraining, or have limiting physical handicaps. He can be reached at lenny@kineticconditioning.net. - ew

My first articles will introduce you to the basic principles and goals of kinetic conditioning. Then, we will explore the function of specific muscle groups in racewalking and how to best condition them to prevent injury.

To train and perform optimally it is necessary for you to not only know the how-to of the racewalking technique, but also why you do it. In other words, it is necessary to know the principles of walking before forming training or rehabilitation strategies.

Kinetic Conditioning Defined

Let's start with a basic definition that answers the question, "What is kinetic conditioning?" Kinetic means forces and how forces are applied to the body. Therefore, kinetic conditioning is based on how the environmental forces of gravity, ground reaction, momentum and inertia affect your

body's motion. We'll first look at the body as a whole and then at its parts specifically studying the chain reaction caused by the activity of one muscle or muscle group on others

Efficient Technique

Efficient racewalking technique refers to the harmonious adaptation of the body's muscles to environmental forces. Inefficient technique is caused by many factors, but one of the most common is tight muscles.

Because tight muscles are unable to perform their proper, task-oriented functions, namely lengthening before shortening, they inhibit an athlete from developing his/her potential. (A tight muscle is a weak muscle, and a weak

and inefficient muscle use, let's take something you are all familiar with the standard crunch. Athletes do crunches with the hope of strengthening their abdominal muscles. But I aşk you as a racewalker, "What do your abdominals do in function?"

The major abdominal muscle that fortifies the crunch is the rectus muscle that goes straight up and down attaching to the xiphoid process and to the pubis. You do a standard crunch lying on your back on the floor. When you raise up, you have lost most of the motion in the spine and you are going perpendicular against gravity. All you are using, in fact, is a few inches of your rectus muscle.

Walking Correctly

Now how does that apply to race-walking? When you are walking correctly, the pelvis rocks forward and stretches your abdominal wall. Further, when you walk correctly, you counter rotate and actually extend your spine back.

Guess which abdominals do this rotational work? The obliques, not the rectus. The obliques allow your body to rotate as your arms go back.

Too often the flexibility and strengthening exercises given in books are based on old-fashioned cadaver anatomy. They link exercises to specific muscles without considering the actual purpose to be accomplished.

Crunches are based on cadaver anatomy, and have no place in walking (or running). In fact, correct walking is the best exercise for increasing abdominal strength to aid power and speed.

(Elaine Ward can be contacted by e-



after the 5000 (front row, I to r): Dick Vaughn, 75; Michael Blanchard, 45; Marianne Martino, 55: Kelly Murphey-Glenn, 45: Maureen Robeson, 57: Charles Robeson, 59: (back row, I to r): Rob Frank, 53; Steve Renard, 45; Bob Novak, 57; Susan Bristow, 59; Bev McCall, 70; Ron MacPike, 71; Karen Karavanic, 43; Carolyn McDermed, 47; and George Opsahl, 64, at the 25th Hayward Classic.

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Portland Masters Meet Sees Four WRs

By DON KANE

Four pending age-group world records were set at the Portland Masters Track Club Classic, held at Mt. Hood Community College, Gresham, Ore., on June 10-11. About 140 athletes from age 30 to 89, and as far away as New Hampshire and Texas, competed in near perfect weather.

Paul Edens, Portland, Ore., celebrated his recent move into the M65 bracket by setting a 100m record of 11.99, demolishing the old record of 12.62 by Australian Malcolm Pirie in 1994. Edens narrowly missed a world record in winning the 200 in 24.73, when the wind gauge recorded a 2.20 meters per second, just over the allowable maximum of 2.00.

Two world records were set in the javelin. Gary Stenlund, Oregon City, Ore., also newly 65, threw a 56.38/ 185-2), and Monica Kendall, 50, Milwaukie, Ore., hit 43.72/143-5. The M65 world record is held by Wladyslaw Kowalczyk, GER, at 54.70/177-6 in 2002. The W50 record is 41.50/136-2 by Regina Stang, GER, in 2002.

Kendall also set the U.S. shot put record with a 14.65/48-1), breaking the 15-year-old record held by Joanne Grissom at 12.99/42-7 1/2 in 1991.

Kendall commented on her performances, "I am very glad to be back throwing. It's very exciting for me and my family. I really didn't expect to do so well so soon since this was my first meet. I knew that I was capable of challenging the records. I now know that the world shot put record is also within my grasp.'

John Altendorf, 60, Corvallis, Ore., broke the world pole vault record with a remarkable vault of 3.91/12-10. The old record was set at 3.90 clear back in 1971 by Herbert Schmidt, GER

Michael Waller, M45, Federal Way, Wash., was first overall in the 100 (11.79) and 400 (54.90). Art Anderson, M35, won the 200 (24.12) and tied Waller for the day's best in the 100 at

Middle distance runner Kevin Paulk turned in a strong 2:02.93 in the M45 800, and a 4:13.18 in the 1500. The 800 was an exciting race, with four runners in the lead pack for 600, when Paulk and Dan Gonzales, M40, pulled ahead at the end with Gonzales winning in 4:13.98. Gonzales came back to win the 3000 in 8:58.68, unchallenged.

The meet was heavy with performances by throwers in addition to the world records. Ray Burton, M50, Aloha, Ore., was tops over all in the shot, discus, hammer, and weight throw. Bob Ward, M70, of Texas, was first overall in the superweight at 10.01/32-10 1/4 and second to Burton in the hammer and weight. Jim Koch, Santa Fe, N.M., won the M70 shot with a strong put of 13.45/44-1 1/2.

Versatile Brian Coushay, M40, Beaverton, Ore., won the triple jump at 12.80, the high jump at 1.70, and the 200 (24.39). Marc Fish won the M40 pole vault with a 4.05/13-3 1/2.

The organizers want to thank the sponsors for helping put on this meet. The primary sponsor was Gresham Area Hotels.

Meet director Jim Puckett and his great crew of officials and volunteers ran the meet on time, garnering many compliments from the athletes. We also welcomed several first time masters participants.

We had a scare in the 400H when Bob Prather, M50, Anacortes, Wash., fell hard at the 300m point, and did not get up. To make matters worse, the ambulance service that had been hired was a no-show. The runner lay on the track for a while, then struggled up and limped to the stands. Fortunately, it was only a badly pulled hamstring, which is bad enough, but not life threatening.

As the meet wound down on Sunday afternoon, Stephen Peirce, M60, received a standing ovation from the crowd when announcer Bill Cook stated that Peirce was completing his 21st event of the weekend. He took home seven gold medals for his efforts, and lost an exciting steeplechase to Ed Tanner by .03 seconds.

muscle will become tight.) To explain what I mean by efficient mail at narwf@sbcglobal.net) For the latest in top-level track & field TRACK& FIELD! The bible of the sport, published monthly since 1952. \$43.95 yr.

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World and

By BRIDGET CU The 36th British 1 Field Championships third successive year Stadium in Birmingha blustery wind swirl arena, particularly on helped to lower hum prolonged heat wave.

Entries were slightl year, while the total entries rose. This was nity for competitors European Champions test their sharpness. 1 in several events and

World records wer M70 3000m and 5000 the ex-British int Commonwealth Game Arthur Thomson, wh toed to times of 15:15 His winning margin o in the shorter event 2:40.35.

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Report from Britain

World and British Records Set in Birmingham

By BRIDGET CUSHEN

The 36th British Masters Track & Field Championships were held for the third successive year in the Alexander Stadium in Birmingham on July 8-9. A blustery wind swirling around the arena, particularly on the second day, helped to lower humidity following a prolonged heat wave.

Entries were slightly down from last year, while the total number of event entries rose. This was the last opportunity for competitors bound for the European Championships in Poland to test their sharpness. Meet records fell in several events and age groups.

World records were broken in the M70 3000m and 5000m track walk by the ex-British international and Commonwealth Games medal winner, Arthur Thomson, who stylishly heeltoed to times of 15:15.24 and 26:01.52. His winning margin over Dave Stevens in the shorter event was a yawning 2:40.35.

Another world record is Anne Martin's W70 2000m steeplechase in 10:50.35. Running with all age categories, the field soon spread out, but Martin paced herself sensibly, approaching each jump without hesitation. She must now be favorite for the European title.

Evergreen Pat Gallagher continues

to break British records as she moves age categories. Now a W60, she sped round the arena on successive days to new British records in the 800 (2:44.92) and 1500 (5:36.04).

Finding the lure of competition too much to resist, 78-year-old Alan Meddings, who swears after every championships that it is definitely his last one, reappeared to race away with the 100 (14.82) and the 200 (31.21).

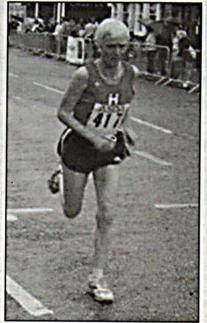
Also present, this time in the stands, was Ron Taylor, whose age-group sprint records are some of the oldest in the books, having stood the test of time despite improved tracks and designer shoes.

Rosemary Chrimes is recuperating after a difficult period of illness and looking forward to coming back to international competition. There was also some good sprinting in the women's higher age groups.

Viv Bonner sped to a W55 meet

Viv Bonner sped to a W55 meet record of 13.60 in the 100 and won the 200 in 28.56. Val Parsons set a W60 meet record over 200 in 29.89. World indoor 200/400 title holder, Yvonne Priestman, took the 400m in 72.73.

Tony Bowman, second in the 60m and first in the 60H at the Linz World Indoor Championships, set a British M70 80m hurdles record of 13.67 and won the 300H in a swift 51.22.



Carol Wolstenholme, first W60 (20:05), BMAF 5K Championships, Great Britain.



Olga Kotelko, 87, broke several Canadian records, 25th Hayward Classic.

TEN YEARS AGO August 1996

- 2500 Compete in 3rd WAVA World Road Racing Championships, Brugge, Belgium
- Doug Kurtis (M40, 2:27:00) and Gillian Horovitz (W40, 2:45:53) Win in 20th Grandma's Marathon
- Record 263 Athletes in Hayward Classic

Visit the National Masters News Web Site at: www.nationalmastersnews.com

Birmingham TC Wins McClure Trophy

By GORDON SEIFERT

The Birmingham Track Club scored 65 points to win the Bill McClure award for the second year in a row at the Birmingham TC Classic, Hoover, Ala., on June 10.

The award is given to the team scoring the most points; the top three agegraded performances in each event score 5-3-1.

Bill Murray, competing in eight events, scored 29 points, exceeding the point total of the second place team, Huntsville Track Club. Murray has made remarkable recovery from hand surgery in February and was planning on competing in the USA Masters Decathlon Championships in Seattle. He won the \$100 Phil Mulkey minidecathlon award.

The \$100 KC age-graded 100m dash was the top race of the day. BTC's Bill Hall out-leaned Florida's Tom Kennell with Huntsville's Golden Bertram right in the mix.

Landon Jones, 42 (11.85, BTC), Andrew Gipson, 57 (12.49, Memphis TC), Bill Hall, 54 (12.74, BTC), and Golden Bertram, 64 (13.74, HTC), all had notable times in the 100m.

The Long & Strong Throwers Journal (LSTJ) is a quarterly publication dedicated to the throwing events. It is the only throwing periodical of its kind in the world. LSTJ is about more than technique and training. Elite athletes and coaches give insight into their keys for success. LSTJ provides throws coverage and photos from major competitions that you won't find anywhere else. LSTJ touches on the issues that affect the throws community. LSTJs interviews with top throwers such as Adam Nelson, John Godina, Erin Gilreath, Aretha Hill and Breaux

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On The Run

By HAL HIGDON

Winners and Losers – Vince Lombardi vs. Grantland Rice: Who Got it Right?

ollowing is the text of a speech I gave on Monday, May 8, at the St. Stan's Elementary School Sports Award Banquet:

"For when the One Great Scorer comes to write against your name, He marks not that you won or lost, but how you played the Game." Those are the words of Grantland Rice, a sportswriter from another era.

In contrast, consider these words attributed to Vince Lombardi, former coach of the Green Bay Packers: "Winning isn't everything, it's the only thing."

Rice got it right; Lombardi did not. In major league baseball games featuring 30 teams, on most days of the week 15 teams will lose and 15 will win. But each tomorrow brings new games with new winners and new losers.

If you're a professional athlete, you can't dwell on defeat, because it happens too often – even to the best players. Like many people living in the Chicago area (Cubs fans excepted), I was overjoyed when the White Sox won the World Series last fall, but it's a new season featuring new thrills of victory and new agonies of defeat. Last season doesn't count any more.

Poor Odds

The odds of a Major League Baseball team winning the World Series are 30 to 1 – pretty poor, but not as bad as in Indiana high school basketball with something like 750 teams from that many high schools competing for the right to call themselves State Champions.

There are different classes, and boys and girls compete separately, but only one high school in each class wins those bragging rights. Pretty poor odds, and I guarantee that each hometown newspaper of a losing team this winter showed a photo of the cheerleaders crying – and their parents probably didn't look too happy either.

My wife Rose and I moved to Michigan City from Chicago in 1964 and almost immediately fell victim to Hoosier Hysteria. Michigan City's Elston High School won the state title the following year. They were the only high school team to finish the season with a victory.

Every other school in the state competing in the elimination tournament ended its season losers with cheerleaders crying. (There was no class basketball back then and no girls' basketball either.)

Worse Odds

If you're looking for a sport with even poorer odds for victory, consider my sport, the marathon. Last year, 33,003 runners participated in The LaSalle Bank Chicago Marathon. One runner crossed the line first: Felix Limo of Kenya, who ran 2:07:02. Deena Drossin was the fastest woman, running 2:21:25, so there were in essence two winners.

Does that mean there were 33,001 losers? Yes, if you listen to Vince Lombardi; No, if you listen to Grantland Rice.

Defining Victory

As training consultant to the Chicago Marathon, I can assure you that nearly every one of those runners who finished behind Limo and Drossin crossed the line with a smile on his or her face, their accomplishment dictated by how well they did vs. their own personal abilities and goals. They defined victory; not the sports writers.

In recent decades, as long distance running has exploded in popularity, I probably have coached a quarter million marathoners, individuals who used my training schedules found in magazines such as Runner's World, books such as my Marathon: The Ultimate Training Guide, and most recently on my website halhigdon.com.

In the last several years, more than 10,000 runners have signed up to receive InterActive training programs where I send them a daily e-mail message telling them how to train

sage telling them how to train.

Some of these runners participated



VICTOR SAILER / PHOTO RUN Willie Gault, 45, broke the 100m world record with a 10.72 in the Masters Invitational, Indianapolis, Ind.



BOB ELLIOTT / THE ATHLETIC CONNECTION Kathleen Shook, 45, winner (62.38) in the Masters Invitational 400, Indianapolis, Ind.

Gault Breaks World Record in Indianapolis

On Saturday, June 24, Willie Gault, 45, broke the M45 world record for the 100m at the USA Track & Field Championships in Indianapolis.

Competing in a field of seven in the Masters Invitational 100m, Gault ran a 10.72, with a legal wind of 1.0 meters per second, to better Neville Hodges' 10.96 in 2001. Gault's time is also better than the M40 U.S. record of 10.80 by Aaron Thigpen, set last year in the 2005 Masters Champ-ionships in Hawaii.

Chris Faulknor, 43, of the Southern California Running Cougars, was second in the Invitational 100m (11.11). Don Fields, 41, was third (11.25).

Kathleen Shook, 45, won the Masters Invitational 400 with a 62.38. Lesley Chaplin-Swann, 48, SoCal/Fleet Feet TC, was a close second (63.59), with Lorraine Jasper, 44, Athena TC, third (63.51).

The races were run as part of the

Masters Invitational Program, coordinated by Mark Cleary and supported by the USATF Masters T&F Committee.

FIFTEEN YEARS AGO August 1991

- 800 Entrants Set 10 World and 30 U.S. Records at USA Masters T&F Championships, Naperville, III.
- Wilson Waigwa (M40, 32:18) and Nancy Grayson (W40, 35:45) First Masters in Cotton Row 10K
- National Senior Sports Classic Draws 5160 Athletes Age 55+ to Syracuse, N.Y.

in sports similar to those enjoyed by the boys and girls in this room: soccer, basketball, track & field. But many did not. And many who did participate in sports at the grade school level abandoned physical activity by the time they got to high school or college, or got jobs, or got married.

More Winners

Later in life, they discovered marathon running and found a sport where – I'm sorry, Vince Lombardi – there are many more winners than there are losers.

Regardless of their genetic ability, whether they are tall or short or maybe even a bit overweight, they succeed when they enter and finish a marathon.

They are dependent not on teammates scoring points, or a coach putting them into the game, but only on their own efforts: how hard they trained and how well they prepared for the challenge of 26 miles 385 yards.

It is often said that there is no "I" in "Team," emphasizing the fact that athletes must pull together if they want success.

But there is an "I" in "Marathoning," and in that sport you are responsible for your own victories or your own defeats.

I can guarantee you that there are many more winners than losers at the finish line of even the smallest marathon.

(Hal Higdon, Author of Masters Running, answers runners' training questions on his InterActive Forums. Visit www.halhigdon.com.)



Joe Dudman, M40, v (15:53.44), Portland Mast

TWENTY YE August

- George Keim (4 Iris Black (43, Firsts in Nation Valley, Ohio
- Discus Throwe 49, and Art Swa 200 Feet in Nev
- Gabriella And 36:24) First Ma 10K in NYC



The "other" Robert Ward shot put (13.30), Portland

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MASTERS SINGLE-AGE RECORDS BOOK



Joe Dudman, M40, winner of the 5000 (15:53.44), Portland Masters Classic.

TWENTY YEARS AGO August 1986

- George Keim (43, 53:01) and Iris Black (43, 60:15) Take Firsts in National 15K, Spring Valley, Ohio
- Discus Throwers Al Oerter, 49, and Art Swarts, 41, Over 200 Feet in New Jersey Meet
- Gabriella Andersen (41, 36:24) First Master in L'eggs 10K in NYC



The "other" Robert Ward, M65 winner in the shot put (13.30), Portland Masters Classic.

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Masters Scene

NATIONAL

Rep. Jane Harman (D-CA) broke the Captain 60+ record with a 29:19, and Sen. Captain 60+ record with a 29-19, and set the Captain 70+ record with a 27:54 in the 25th Capitol Challenge 3 Mile, Washington, DC, May 3. The Rep. Bart Gordon's (D-TN) Mercenary Highlanders, from the U.S. House of Representatives, was the overall team winner. The National Geographics team, We Run on Alternative Gospel Fuels, won the Print Media com-

 Eric Morse, 41, Berlin, VT, in 1:04:38, and Lisa Goldsmith, 41, Nederland, CO, in 1:18:46, were first masters in the USATF Mountain Running Championships/46th Mt. Washington 7.6 Mile Base to Summit Climb, Pinkham Notch, Gorham, NH, June 17. Andy Ames, 43, Boulder, CO, was second M40+ (1:06:28). Division winners included Sumner Brown, 62, Belmont, MA, 1:25:59, and Barbara Robinson, 72, Franconia, NH, 2:05:01. Morse's Central Mass Striders took the M40-49 team title. The PR Moose Milers Racing Team, led by Ann Rasmussun, 42, Plymouth, NH, 1:30:14, was first W40-49 team.

The BAA and the NYRR were suc cessful in their bids to host the 2008 Olympic Marathon Trials. NYRR will conduct the men's Olympic Trials during the marathon weekend of November 2, 2007. The course is expected to be a criteriumstyle course in Central Park that will start and finish near Tavern on the Green. It will be the reverse of the loop used when NYRR hosted the USA 8K Championships from 2002 to 2004. Athletes will run the loop five times, with distance added to complete the full marathon. The BAA will hold the women's event on April 20, 2008, the day before the 112th running of the Boston Marathon. Starting and finishing at the traditional Boston Marathon finish line on Boylston Street, the Olympic Trials race will feature a specially designed course that tours historic Boston with a one-time loop that passes Boston Public Garden, Boston Common, the State House and Beacon Hill. The course will then feature four loops of approximately six miles each.
• Cindy Pomeroy, 44, 30:38, was first

W40+ and second overall, at the NYRR WABC Fight Prostate Cancer 8K, Central Park, NYC, June 18. Jim Stemm, 45, 27:56, led the men's masters field.

EAST

Misa Tamura, 40, Ridgewood, NJ, led her North Jersey Masters W40-49 squad to the team title with a W40+ firstplace 18:49 in the USATF-NJ Women's Championships/Portugal Day 5K, Newark, June 11. Toshiko d'Elia, 76, Ridgewood, NJ, was top age-graded masters performer with a 91.2% 27:27. Imme Dyson, 69, Princeton, NJ, was second-best A-G with an 88.1% 25:10. Roger Price, 57, Piscataway, NJ, won the M40+ race with an A-G 90.3% 17:19.

 Alisa Harvey, 40, Manassas, VA, bettered the W40+ course record with a female overall first in 36:50, in the 16th Lawyers Have Heart 10K, Washington, DC, June 10. Harvey owns the W35 US indoor records for the 800, 1500, and mile, and has pending W40 records for the 800 (2:08.68) and mile (4:50.95). Joseph Cresko, 40, Arlington, VA, was 11th overall (33:45), with Mark Malander, 48, Oak Hill, VA, 12th (33:55). Robyn Humphrey, 42, Ellicott City, MD, was fourth female (39:44). Division winners included Mick Slonaker, 56, Columbia, MD, 38:31, and

Alice Franks, 58, Rockville, MD, 46:15.
Patrick Singletary, 40, State College, PA, streaked to a third-overall 13:20, Firecracker 4K, in State College, July 4. Pat Keating, 46, Dayton, MD, won the W40+ contest in 16:29. Tom Call, 51,

14:23, and Arnold Gasche, 76, State College, 24:12, were among the division

Marisa Hanson, 43, Pleasant Valley NY, chalked a masters first with a 17:08, Vytra Health Plans Long Island 5K Women's Run, Farmingdale, NY, July 8. Kathy Martin, 44, Northport, NY, won the W50 race (18:45). Betty Horstmann, 61, Bayport, NY, won the W60 division (22:51). First W40+ RWer was Christina Lopez, 41, Passaic, NJ, in 31:42.

SOUTHEAST

• First five masters in the Peachtree 10K, Atlanta, GA, July 4 were Sean Wade, 40, 30:47; Paul Aufdemberge, 41, 31:16; Oleg Strijakov, 42, 31:44; Dennis Simonaitis, 44, 31:54; and Brian Pope, 32:47. Steven Calidonna, 51, was first M50+ in 35:17. Jim Dupree, 63, was first M60+ (39:54). Firaya Sultanova-Zhdanova, 45, 34:32; Sylvia Mosqueda, 40, 34:52; and Tere Stouffer, 40, 35:22, were first three W40+. Judith Hine, 57,

was first W50+ in 45:18.

• John Piggott, 41, Williamsburg, VA, 16:37, and Linda Sawvell, 40, Newport News, VA, 19:13, blasted to masters firsts, Yorktown Freedom 5K, Yorktown, VA, July 4. Stephen Chantry, 51, Williamsburg, 17:25, and Rona Altschuler, 52, Newport News, 21:59, were first 50+. Winston Collins, 65, Newport News, won the M65 race in 21:05. Helene Price, 61, Williams-

burg, was first W60+ (25:17).

* Dennis Craig, 45, Ponce Inlet, FL, rocketed to second-place with an 18:55, Firecracker 5K, Daytona Beach, FL, July 2. Susan Gummey, 56, Daytona Beach, exploded to a first W40+ 25:36. Victor Doig, 77, Ormond Beach, FL, won the M75+ race in 31:48. In the 10K, Todd Graff, 41, Ormond Beach, 40:30, and Lisa Wilkinson, 40, Palm Coast, FL, 46:54, were top masters.

MIDWEST

· Bill Wambach, 80, set a pending M80 US record for the HJ with a 1.26/4-1 1/2 in the Badger State Games, Madison,

WI, June 25. The present record is held by Virgil McIntyre at 1.22/4-0 in 1991.

* Eric Stuber, 43, Lansing, MI, with a Spartan-like 16:16, was first overall in the Max's Run 5K, E. Lansing, MI, July 8.

Chris Vincent, 42, Jackson, MI, was first W40+ (19:57). Top Grand Masters were Chuck Block, 50, Lansing, MI, 18:19, and Kari Chandler, 53, Okemos, MI, 20:57.

MID-AMERICA

Digger Carlson, 44, White Bear Lake, MN, 52:14; Randy Wilnanen, 51, Iron, MN, 53:55; and Paul Brown, 48, Waconia, MN, 54:39, were 1-2-3 overall in the Manitou 15K, White Bear Lake, June 3. Susan Malecha, 44, Hudson, WI, was first W40+ (1:10:39), with Amy Coulter, 42, White Bear Lake, right behind (1:10:46).

Pat Billig, 44, Roseville, MN, 26:28, and Kelly Keeler, 44, Duluth, MN, 30:29,

took masters firsts, Easy Does It 5 Miler, Minneapolis, June 10. Bobby Paxton, 49, Minneapolis, 27:16; Suzanne Ray, 54, Vadnais Heights, MN, 33:25; and Gloria Jansen, 59, White Bear Lake, MN, 34:25, posted state single-age records.

SOUTHWEST

* Jan Haddad, 45, zoomed to a first-female 20:03, Old Glory 5K, Norman, OK, June 10. Hans Funke, M45, blasted off an M40+ first in 16:47. Mike Heager won the M50 race with a 19:44.

WEST

Bud Held, and Nadine O'Connor

upped their PV world records at the San Diego-Imperial Masters Championships, San Diego St. U., May 27. Held vaulted 3.00/9-10 to surpass his current M75 record by four cm. O'Connor increased her W60 3.10/10-2 by one cm, easily clear-

ing 3.11.

O'Connor, 64, set two U.S. records at the Chuck McMahon Memorial Meet, San Marcos, CA, June 24, tuning up for a try at the decathlon. In her first LJ competition in seven years, she jumped 4.33/14-2 1/2, and in her second-ever 80H, she ran 14.30 over the 27" barriers. The present W60 LJ record is held by Barbara Cleveland at 4.22/13-10 in 2000. There is no listed record for the W60 27" hurdles.

Jean Herbert, 49, was second with a 19:46, Women's Distance Festival 5K, Albuquerque, NM, July 9. Cece Niem-czyk, 55, won the W55 race with a seventh-place 22:54. Hollis Elkins, 61, was

enth-place 22:54. Hollis Elkins, 61, was first W60+ (27:25). *Tom Nielsen, M40, Escondido, CA, 19:41:41, and Beverley Andersen-Abbs, W40, Red Bluff, CA, 20:10:36, were first masters in the Western States Endurance
Run 100 Mile, Auburn, CA, June 24-25.
Roger Dellor, M60, Los Altos, CA, won
the M60 race (23:41:01).

* Fred Mellon, 45, Santa Barbara, was

sixth-overall in 58:38, SBAA Semana Nautica 15K, in Santa Barbara, July 4. Mariann Thomas, 42, Carpinteria, CA, took the W40+ contest in 65:54. Robin Taliaferrom, 61, Santa Barbara, won the M60 race with a 66:21.

* Joseph Carnegie, M40, booked the fastest masters time of 4:35.7, Davis, CA, Mile, July 9. Carla Kehoe, W40, was quickest W40+ (5:24.0). Mo Schultz won the W60 (6:24.0). Melody Ann

NORTHWEST

 Thomas Kreuzpeintner, 40, in 35:19, and Karen Louise White, 42, in 42:55, logged masters firsts in the Butte to Butte 10K, Eugene, OR, July 4. Alan Whalen, 43, was second M40+ (36:17). Larry Williams won the M70 race (46:11), and Jog Johnson, 79, was first W75+ (72:24). The race and a 4.5-mile fitness walk drew over 3000.

 John Altendorf, 60, Corvallis, OR, vaulted 13-0 in the Oregon TC All-Comers Meet, Hayward Field, Eugene, June 29. The M60 WR is one of the oldest listed masters marks - 3.90/12-9 1/2 set 35 years ago by Herbert Schmidt, GER, in

Kevin McGinnis, 42, Ravendale, WA, with a fourth-place 16:27, and Jacqueline Vanallen, 42, Seattle, in 20:27, blasted to masters firsts in the Firecracker 5000, Seattle, July 4. Bob Hale, 65, Seattle, in 19:52, and Wilma Parker, 72, Auburn, WA, in 30:10, took division wins

* Antonio Vidales, M45, 2:47:12, and Annette Harris, W45, 4:17:37, were first 40+, USATF-OR Grand Prix Marathon, Portland, OR, July 4. Danny Gonzalez, M40, 1:08:18, and Jenny Teppo, W45, 1:23:46, were first 40+ in the halfmarathon.

CANADA

· At the Ontario Masters Champion-At the Onlano Masters Champion-ships, London, June 11, four athletes exceeded A-G 95% – two of them doubling: Jean Horne, W70, 800, 3:14.55, 98.6%; Karla del Grande, W50, 100, 13.20, 98.4%, and 200, 27.04, 97.2%; Kerry Smith, M50, 100, 11.59, 95.9%; and 200, 23.50, 96.7%; and Earl East M75. 200, 23.50, 96.7%; and Earl Fee, M75, 400, 1:10.75, 95.0%.

INTERNATIONAL

 From info@world-masters-athletics. org, July 4, "The following athletes who tested positive for the use of steroids during the World Masters Indoor Champion-ships in Linz, Austria, in March 2006, have been provisionally suspended, pending the outcome of hearings: Neil Griffin (GBR), M55, shot put; Andrew Fedyaschin (RUS), M40, shot put." At Linz, Griffin was second M55 (14.36). Fedyaschin was also second (16.35). Several days later, WMA announced that Fedyaschin had suspended by the Russian been Federation, effective June 19, 2006, for a period of two years (terminating June 18, 2008), as a result of a doping conviction, and declared ineligible to compete in all WMA and IAAF athletics competitions. He had tested positive (Stenozolon) at a test taken during the Linz Championships. His results will be erased from the official results list, and he has been requested to return his medal. Sergey Rubtsov, KAZ, fourth M40 at Linz, moves into third (16.24).

OBITUARIES

 Heliodoro Rico, a longtime track and field official, meet director, committee chair, and retired judge from New York State, died June 29. He resided in Crotonon-Hudson, N.Y., with his wife, Patricia, a former president of USATF. Among his track accomplishments, Rico served as chairman of the rules committee of The Athletics Congress (TAC) from 1980-88; served as a manager for the US national track and field teams at the 1983 Pan American Games, the 1987 World Outdoor Championships, and for meets in the Soviet Union, Poland, and England; and was the meet director for the USA Indoor T&F Championships, 1979-1993 He was a graduate of NYU, and held LLB and LLM degrees.

Patricia "Pat" Ann Osmon,

Cheshire, OR, an active member of the Oregon TC Masters until slowed by recent illness, died June 17 of age-related causes at age 79. A thrower, she held numer-ous Hayward Classic and Northwest Regional Meet Records in the shot, discus, javelin, hammer, and weights. She was born June 17, 1927, in Des Moines, She served in the Air Force from 1957 to 1959. She worked as a teacher in Des Moines and San Diego, CA, where she taught English and coached track and field before retiring in 1989. She joined the Civil Air Patrol as a cadet in 1943 and remained a member, atttaining the rank of Lt. Colonel, until her death. service was held on July 19 at the Oregon

Air and Space Museum, Eugene, OR.

• Isobel Saumier Cunningham, of Montreal, died July 8 of cancer at the age of 88. She was born in Montreal on June 17, 1914. She was a lifetime member of the Canadian Masters AA and of its Hall of Fame. She was a co-holder of the WR for the indoor 50y (6.0) in 1937. When she returned to competition as a master some three decades after having raised her family, she was primarily a sprinter in the 100-200-400. At the 1999 WAVA World Championships in Gateshead, England, she received special recognition for having attended all 13 championships, in which she had won 25 medals. She had a diploma from Montreal U. and had taught Latin, French, and art in the Montreal high

 Hugh Manning, a resident of Huntsville, AL, died May 29 in Birminham, AL, after suffering a heart attack and sub-sequent stroke. He was 72. An avid sportsman, he participated in basketball, intramural softball leagues, tennis, and snow skiing, and, most recently, he represented Alabama in Senior Olympics tennis and pole vaulting. He was a volunteer pole vault coach at Madison County HS. He was one of the early founding mem-bers of the Huntsville TC and the Boeing Runner's Club. He had run more than 30 marathons, the Boston Marathon twice

- From Gordon Seifert

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USA track and field events feature competition for men and women over age 30 unless otherwise noted. Senior Games are usually limited to age 50 and over. Long distance events generally are open to all age groups with the exception of national masters championships, which may be limited to men and women over age 40. International T&F meets are open to men and women over age 35. Entry blanks for national and regional championships will generally be printed in the newspaper 30-60 days prior to the event. Please send any additions or corrections to NMN, P.O. Box 50098, Eugene, OR 97405.

TRACK & FIELD

NATIONAL

August 3-6. 39th USA National Masters Championships, Charlotte, NC. Pentathlon on 3rd. Gor-don Edwards, 10029 Withers Rd., Charlotte, NC 28278; 704-588-6885 (after 8:00 pm); gedw ards@carolina.rr.com; information and entry forms: www.usatf.org/events/2006/USAMasters

OutdooTFChampionships/athleteInfo
August 19. USA National Masters Weight
Pentathlon, Sager Ranch, Wilsall (Bozeman), MT. Bob Sager, 406-578-2080(w); 578-9870(h); hammerbeef@aol.com

September 9. USA National Masters Weight & Superweight Championships, Seattle, WA. Ken Weinbel, 4103 Hillcrest Ave. SW, Seattle, WA 98116. 206-938-3895; kweinbel@com cast.net November 29-December 3. 28th USATF Annual Meeting, Indianapolis, IN. Hyatt

Regency. www.usatf.org June 22-July 8, 2007. Humana National Senior Games-Senior Olympics, Louisville, KY. M&W50+. Athletes must qualify at an NSGA State Games in 2006. www.nsga.com

EAST
Connecticut, Delaware, Massachusetts,
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August 1 & 8. Colonie Recr. Dept. Tuesday Night Meets, Colonie HS, Albany, N

6:15 pm. Don Myers, 518-783-2760.

August 5 & 19. Potomac Valley TC All-Comers Meets, Langley HS, McLean, VA.

703-481-3530; www.pvtc.org August 5-13. New Hampshire Granite State Senior Games, Manchester. 603-622-9041;

www.nhseniorgames.org September 2-3. Potomac Valley TC Games, Langley HS, McLean, VA. 703-481-3530;

www.pvtc.org September 9. Maine Senior Games, Portland. Anita, 207-396-6500; Jerry, 729-6180.

September 11-27. Maryland Senior Olympics, Baltimore. 410-704-4456; pages.towson.edu/

October 1 & 15. Potomac Valley TC Throwers Meet & Racewalk, Langley HS, McLean, VA. 703-481-3530; www.pvtc.org

SOUTHEAST

Alabama, Florida, Georgia, N. Carolina, S. Carolina, Tennessee, Virginia

September 25-October 1. North Carolina Senior Games, Raleigh. 919-851-5456; www.ncsenior

September 27-30. Georgia Golden Olympics Warner Robbins. 404-657-6644; www.georgiagold enolympics.org

Championships, Cape Coral. 850-488-8347; www. flasports.com/page_seniorgames.shtml

MIDWEST

Illinois, Indiana, Kentucky, Michigan, Ohio, Wisconsin, West Virginia

September 5-17. Wisconsin Senior Olympics, Greater Milwaukee. 262-821-4444; www.wis

eniorolympics.com September 13-17, 21-24. Illinois Senior Olympics, Springfield. 217-753-0701.

September 16. Norm Bower Memorial Weight Pentathlon, Kent, OH. Rex Harvey, 6744 Connecticut Colony Circle, Mentor, OH 44060. 440-954-8122.

September 23. Kentucky Senior Olympics, Lexington. 859-288-2928; www.kentuckysen iorgames.com

November 10-12. National Throws Coaches Association Annual Conference & Clinic, Dublin, OH. www.nationalthrowscoachesasso

ciation.com; 888-527-6772

MID-AMERICA

Colorado, Iowa, Kansas, Minnesota, Missouri, N. Dakota, Nebraska, S. Dakota

August 10-13. Nebraska Senior Games, Kearney. 308-233-3229; www.nebraskasenior games.com

August 26. Halstead M&O Meet, Halstead HS, KS. 4:00 pm. Bob Everoski, Halstead Parks and Recr. Commission, 316-835-3366:835-2286.

September 2-3. USATF Mid-America Regional Masters Championships/Rocky Mountain Games, CSU, Ft. Collins, CO. Jim Weed, 2203 E. 149th Ave., Thoenton, CO 80602. 303-451-8727; Christel Donley, 719-635-1264; e-mail: rockymtnmastersgames@msn.com

September 7-10. South Dakota Senior Games, Madison. 605-427-2218; southdakotasenior

September 24. Kansas Senior Olympics, Topeka. 785-368-3798; bsewell@topeka.org

SOUTHWEST

Arkansas, Louisiana, Mississippi, Oklahoma, Texas

September 16-17. Texas Senior Games, McNeil HS, Austin. 512-345-6400; www.tsga.org September 18-27. Oklahoma Senior Games, Tulsa. 918-596-7866; www.cityoftulsa.org September 27-October 8. Arkansas Senior Olympics, Hot Springs, AR. 800-720-7276; arsrolym@hotsprings.net; www.SrSports.org

WEST

Arizona, California, Hawaii, Nevada, New Mexico

July 29-August 13. Prescott Senior Olympics, Prescott, AZ. 928-778-5981; e-mail: pochanie @hotmail.com

August 1-3. All-Comers Meets, Los Angeles. Tues., San Pedro HS; Wed., Birmingham HS; Thur., Santee Education Complex, 1921 S. Maple Ave. 7:30 pm. No entry fee. 818-587-

August 2-6. New Mexico Senior Olympics, Albuquerque. 505-623-5777; www.nm,senior olympics.org

August 3 & 10. LGAA/Mizuno All-Comer Meets, Los Gatos, CA. \$4 entry fee, unlimited events. All ages. Rick Milam, 408-275-9448; 241-6578

HMTC Weight Pentathlon & August 13. Superweight, Kaiser HS, Honolulu. 808-735-

6366; www.hmtcgo.com September 3 & 17. HMTC Meets, Kaiser HS, Honolulu. 808-735-6366; www.hmtcgo.com September 8-24. San Diego Senior Olympics, CA. Brad Pagano, 619-226-1324; www.sdsen

iorgames.org September 22-24. Far North Cal Senior Games, Redding, CA. Sue Lehto, 530-243-

6958; srmcf@awwwsome.com September 29-October 1. Nevada Senior Games, Las Vegas. 702-242-1590; www.neva daseniorolympics.com

September 29-October 6. Inland Empire Senior Olympics, San Bernardino, CA. Linda Wilson Carter, 909-384-5430; LWilson-

Carter@sbcity.org
October 1, 8, 22, 29. HMTC Meets, Kaiser HS, Honolulu. 808-735-6366; www.hmtcgo.com October 7. Club West Masters Meet, UC-Santa Barbara. Beverley Lewis, 805-969-5852; fax: 969-6613; Gordon McClenathen, 805-964-

October 8-15. Napa Senior Games, CA. Ginny Mosher, 707-255-1800; Gmosher@city

October 14. Visalia Classic, Mt. Whitney HS, Visalia, CA. Bob Higginbotham, 1026 W. Princeton, Visalia, CA 93277; 559-732-8030. October 22. Self-Transcendence Masters Meet, CSU-Long Beach. 310-645-0271; fax:

November 1-18. Southland Senior Olympics, Anaheim, CA. Jan Branich, 714-765-4511. November 4-5. Hawaii Senior Olympics, Honolulu. 808-732-8805; e-mail: zeug@haw

NORTHWEST

Alaska, Idaho, Montana, Oregon, Utah, Washington, Wyoming

August 2-16. CNW Summer All-Comers Series. Wed. nights, 6:00 pm. Shoreline Stadium, Seattle. 206-729-9972; www.clubnorth

August 3-5. Wyoming Senior Olympics, Gillette 307-682-7406; www.wyseniorolympics.com August 12. Bend Open/Masters Track & Field Meet, Bend, Oregon. Suzi MacLeod (before 9 pm), 541-382-6264; bendtrackmeet@yahoo.

com; www.bendtrackmeet.com August 13-22. Alaska International Senior Games, Fairbanks. 907-460-7733; www.fair

net.org/Agencies/aisg
August 24-27. Idaho Senior Games, Boise. 208-336-6707; www.idahoseniorgames.com

September 8-9. Ultra Weight Classic, W. Seattle Stadium. Ken Weinbel, 4103 Hillcrest Ave., SW Seattle, WA 98116. 206-938-3895; ktweinbel@msn.com

October 9-21. Huntsman World Senior Games, St. George, UT. T&F, RW, Road Races, Triathlon. Age 50+. Huntsman WSG, 1070 W. 1600 South, Ste. 103A, St. George, UT 84770. 435-674-0550; 800-562-1268; www.seniorgames.net

INTERNATIONAL

August 12-13. Malaysia Veterans Champion-August 12-15. Malaysia vectural Championships, Kuala Lumpur. 35+. mavasiva@time.net.my August 24-27. NCCWMA Stadia Championships, Guatemala City, Guatemala. www.

September 3. BMAF Pentathlon Championships, Monkton Stadium, South Tyneside. www.bmaf.

November 3-11. South America Region Championships, Rio de Janeiro, Brazil. locho_arroyo@hotmail.com; www.asudaverio-2006 com br

September 4-15, 2007. (Opening ceremonies on the 3rd.) 17th WMA World Championships, Riccione, Italy. www.riccione .wma2007.org March 12-17, 2008. 3rd WMA World Indoor Championships, Clermont-Ferrand, France.

July-August, 2009. 18th WMA World Championships, Lahti, Finland.

LONG DISTANCE RUNNING

NATIONAL

August 26. USA National Championships/ Headlands 50K Trail, Sausalito, CA. guypalm er@headlands50K.org; www.headlands50k.org September 24. USA National Masters Championships/Heritage Oaks 10K, Paso Robles, CA. www.heritageoaksbank.com; www.usatf.org
October 1. USA National Masters Champion-

ships/Twin Cities Marathon, Minneapolis, MN. www.twincitiesmarathon.org; www.usatf.org October 15. USA National Masters 5K XC Championships, Saratoga Springs, NY. George

Regan, george@usatfadir.org
October 15. USA National Championships/ DuPont Forest Trail Marathon, Asheville, NC. gregw@mchsi.com; www.ymcahenderson

county.org November 29-December 3. Annual Meeting, Indianapolis, IN. Hyatt Reg-

ency. www.usatf.org
December 9. USA National Masters Club XC Championships, Golden Gate Park, San Francisco. M-10K/W-6K. Bill Quinlisk, billq@frontiernet.net; www.usatf.org

EAST

Connecticut, Delaware, Massachusetts, Maryland, Maine, New Hampshire, New Jersey, New York, No. Virginia, Pennsylvania, Rhode Island, Vermont

August 1. Yankee Homecoming 10 Mile, Newburyport, MA. 978-376-5328; www.yan

ON TAP FOR AUGUST

TRACK AND FIELD

The 39th USA Masters T&F Championships head for Charlotte, NC, where over 1100 athletes will compete for national titles on the 3rd-6th. On the 19th, throwers will be in Wilsall, MT, near Bozeman, for the USA Masters Weight Pentathlon Championships. The inaugural Bend Masters & Open Meet is scheduled for the 12th in Central Oregon. The NCCWMA Stadia Championships will be held in Guatemala City, Guatemala, on the 24th-27th. Senior Olympics/Games are available from New Hampshire to Alaska.

LONG DISTANCE RUNNING The Headlands 50K Trail on the

26th in Sausalito, CA, is the USA National Championships. Before that, you can get an early start on the month's offerings with the Yankee Homecoming 10 Mile, the evening of Tuesday, the 1st, in Newburyport, MA. Follow that up with the Beach to Beacon 10K, Cape Elizabeth, ME; Phelps Sauerkraut 20K, Phelps, NY; and Debbie Green Memorial 5K/RRCA Championships, Wheeling, WV, on the 5th. The weekend of the 12th-13th offers the Asbury Park, NJ, 5K, and El Vaquero Loco 25K & 50K, Afton, WY, on Saturday, and the Falmouth, MA, 7 Mile, and USATF-MN 15K Championships, Edina, on Sunday. The 19th shows the Parkersburg, WV, Half-Marathon/RRCA Championships, and the 20th lists the Pikes Peak Marathon in Colorado and America's Finest City Half-Marathon in San Diego. The Hood to Coast Relay in Oregon takes up most of the 25th-26th, with the Crim Festival of Races, Flint, MI, and Jet to Jetty 10K, Playa del Rey, CA, occupying the 26th.

RACEWALKING

National championships in the 5000 track on the 4th and the 10K road on the 6th will be decided in Charlotte. The USA National 15K Championships are set for Minneapolis on the 20th, as is the USATF-Metropolitan 5K in Central Park, NYC. The Hood to Coast also includes a walk relay.

keerace.com

August 5. Beach to Beacon 10K, Cape Elizabeth, ME. 888-480-6940; www.beach2

August 5. Phelps Sauerkraut 20K, Phelps, NY. 315-548-3607.

August 12. Asbury Park 5K, Asbury Park, NJ. 732-571-2162; asburypark jsrc.org
August 12. RRCA 5 Mile Delaware State

Championships, New Castle. 302-322-6040; wib72@aol.com

August 13. Falmouth Road Race 7 Mile, Falmouth, MA. 508-540-7000; www.falmouth roadrace.com

YMCA Loudoun Country Leesburg 10K & 20K, Leesburg, VA. 301-871-0005; www/runwashington.com

August 19. Breakaway 5K, Portland, ME. 207-741-2084; www.MaineTrackClub.com August 26. OE XC 4 Miler, Hughesville, PA. oexc4miler@aol.com

August 27. Annapolis 10 Mile Run, Annapolis, VA. 410-573-1929; annapolisstrid August 27.

August 27. Chris Thater Memorial 5K/USATF

Niagara Championships, Binghamton, NY. 607-722-8744; www.bcstopdwi.com August 27. Women Running Wild 5K, Osterville, MA. www.citizensbank5k.com

August 27. NYRR NYC Half-Marathon, Central Park-Times Square-Battery Park, Manhattan. 212-860-4455; www.nyrr.org

September 1. Maine Running Hall of Fame 5K Portland. 207-741-2084; www.Maine TrackClub.com

September 2. Saturday in the Park Women's 5K, Long Branch, NJ. 732-542-6090; www. saturdayinthepark5K.org

September 2. Ocean to Sound Relay, Wantagh, Long Island. www.long-island.usatf.org September 3. NYRR Henry Isola XC Classic 4 Mile, Van Cortlandt Park, NYC. 212-860-4455; www.nyrr.org

September 3. NYRR Fred Lebow XC 5K Van Cortlandt Park, NYC. 212-860-4455; www.

September 4. New Haven 20/USATF Championships, New Haven, CT. 203-481-5933; newhavenroadrace.org

September 9. Ollie Road Race 5 Mile/USATF -NE Championships, Boston, MA. www. ollieroadrace.org

September 9. Lehigh Valley 15K, Bethlehem, PA. 610-428-1621; www.lyrunning.com September 10. Erie Marathon, Erie, PA. 814-

898-4472; www.eriemarathon.org September 30. Continental Airlines Fifth Avenue Mile, Manhattan, NYC. 212-860-4455; www.nyrr.org

SOUTHEAST

Alabama, Florida, Georgia, N. Carolina, S. Carolina, Tennessee, Virginia

August 1. Crime Prevention 5K, Mobile, AL. 251-473-7223; www.pcpacers.org August 4-5. Tour de Pain 5K, 4 Mile & Road

Mile, Jacksonville, FL. www.1stplacesports.com August 8. Chickasabogue 2 Mile, Saraland,

August 8. Chickasabogue 2 Mile, Saraland, AL. 251-473-7223; www.pcpacers.org August 19. Maggie Valley Moonlight Race 8K & 5K, Maggie Valley, NC. 800-Maggie-1; www.mvmoonlightrace.com
September 1. Peoples Bank Midnight Flight 5K & 10K, Anderson, SC. 10:00 pm. www.midnightflight.net.

midnightflight.net
September 3. Rock 'N' Roll Half-Marathon,

Virginia Beach, Va. 800-311-1255; www.rnr September 4. U.S. 10K Classic, Atlanta, GA.

770-432-0100; www.us10k.org September 9. Hurricane 5K, Dauphin Island,

AL. 251-7223; www.pcpacers.org

MIDWEST Illinois, Indiana, Kentucky, Michigan, Ohio, Wisconsin, West Virginia

August 5. Debbie Green Memorial 5K/RRCA National Championships, Wheeling, WV. 740-859-0704; www.debbiegreen5k.com August 6. Run for the Money 5K, Cincinnati.

512-777-1080. August 19. Fleet Feet Fiesta 5K, Louisville, KY. 502-479-8786; www.fleetfeetlouisville.com

August 19. Parkersburg News & Sentinel Half-Marathon/RRCA National Championships, Parkersburg, WV. 304-485-1891; www.

Name

City

Address

newsandsentinel.com/halfmarathon August 26. Crim 10 Mile, 8K & 5K, Flint, MI. 810-235-3396; www.crim.org September 2. Charleston Distance Run 15

Mile & 5Kr, Charleston, WV. 304-345-5433; www.charlesdistancerun.com

September 2. Celebrate Westlake 5 Mile Run, Westlake, OH. 440-331-3544; celebratewest

September 2. Milford Labor Day 30 & 10K, Milford, MI. 248-685-7580; www.laborday

September 4. Park Forest Scenic 10 Mile & 5K, Park Forest, IL. 708-748-2005; www.scen ic 10.com

September 13. Run Through Hell 10 Mile,

Pinkney, MI. toledoroadrunners.org September 24. Over the Hill TC XC, Hunting Valley, OH. Jeff Gerson, 5091 Hickory Dr., Lyndhurst, OH 44124. 440-473-0636.

MID-AMERICA

Colorado, Iowa, Kansas, Minnesota, Missouri, N. Dakota, Nebraska, S. Dakota

August 7. AAIP Conference 5K, St. Paul, MN 405-946-7072.

August 13. USATF-MN Masters 15K Championships, Edina. www.raceberryjam. com/m15k.html

August 20. Pikes Peak Marathon, Manitou Springs, CO. 719-473-2625; pikespeakmara

September 4. Heart of America Marathon, Columbia, MO. 573-445-2684; ctc.coin.org/hoa September 11. City of Lakes 25K, Minneapolis. www.raceberryjam.com/cityof lakes.html

SOUTHWEST

Arkansas, Louisiana, Mississippi, Oklahoma, Texas

August 5. Health South 4 Mile, Batesville, AR. 870-793-3867; khjdpool@cei.net August 19. Stockyards City Run with the Bulls 5K, Oklahoma City. 405-235-7267; stockyard-

scity.org
August 19.

Riverside 5000, Tulsa, OK.

WEST

Arizona, California, Hawaii, Nevada, New Mexico

August 12. Spirit of L.A. 5K, Los Angeles. 310-804-0509; www.thewccompany.com August 12. Susan B. Anthony Women's 5K, Sacramento. www.buffalochips.com

August 13. Golden Gate XC 5K, San Francisco. ww.dse.runners.com August 14. Samurai 5K, Los Angeles. 213-

500-5645; www.niseiweek.org
August 18. Race for the Arts 5K, Sacramento.

916-441-1751.

August 20. Silver State Marathon, Half-Marathon & 10K, Reno, NV. 775-851-8369;

www.silverstatestriders.com August 20. America's Finest City Half-Marathon, San Diego. 760-692-2900; www. afchalf.com

September 3. Pier to Peak Half-Marathon, Santa Barbara. 805-564-8879; www.runsanta barbara.com

Postal Code

CHAMPIONS FOR LIFE

A thoughtful book on the life of "Coach" Payton Jordan

who became a champion beyond all

others in masters competition

by John Scott and James Ward

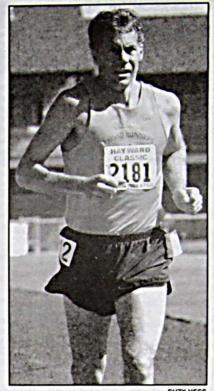
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State

Eric Parker, M45 winner of the 400 (56.10) and 800 (2:06.39), 25th Hayward Classic.



Steve Chantry, winner of the M50 1500, 3000 and 5000, 25th Hayward Classic.

NORTHWEST

Alaska, Idaho, Montana, Oregon, Utah, Washington, Wyoming

August 2 & 9. SOS XC Summer Series, 5K & 2K, Ashland, OR. 541-664-2323; jgriffin541

August 12. El Vaquero Loco 25K & 50K, Afton, WY. 307-886-5721; www.ultrarunner.net August 25-26. Fred Meyer Hood to Coast Relay, Mt. Hood to Seaside, OR. 197 miles/36 legs, average 5 miles/12 team members. www.hoodtocoast.com

August 27. USATF-OR Grand Prix/Oregon TC Masters 8K, Eugene. 541-343-8604; 942-7127; www.usatf-oregon.org
September 4. Super Jock 'n Jill Half-Marathon,

Woodinville, WA. 800-343-4411; superjocknjill.

September 9. USATF-OR Grand Prix/HIgh Desert Shootout 5K, Crooked River Ranch. www.usatf-oregon.org

September 24. USATF-OR Grand Prix/Bigfoot

10K, Bend. www.usatf-oregon.org October 28. USATF-OR Grand Prix/Oregon Open/Masters XC, Salem. www.usatf-oregon.

November 18. USATF-OR Grand Prix/Regional 8K XC, Sandy. www.usatf-oregon.org

CANADA

September 10. Montreal International Marathon, Half-Marathon & 10K. 514-879-1027; www.marathondemontreal.com September 24. Scotiabank Toronto Waterfront Marathon, Half-Harathon & 5K, toronto, ont.

www.torontowaterfrontmarathon.com

INTERNATIONAL

September 23-24. WMA/WRMA Mountain Running Championships, Saillon, SUI. www.world-masters-athletics.org September 24. BMAF 10K Championships, Swansea, Wales. www.bmaf.org/uk

October 1. BMAF 10 Mile Championships, Lytham St. Annes, England. www.bmaf.org/uk

October 15. BMAF Marathon Champion-ships, Abingdon, England. www.bmaf.org/uk

RACEWALKING

August 4 & 6. USA National Masters RW Championships, Charlotte, NC. 5000m on 4th/10K on 6th.

August 20. USA National 15K RW Championships, Minneapolis, MN. 651-330-9355;

TWENTY-FIVE YEARS AGO August 1981

- Vickie Bigelow (W45, 18:14.0) and Jaclyn Caselli Vickie (W60, 23:19.2) Break 5000 WRs in West Regionals, Los Gatos, Calif.
- Herb Lorenz, 42, Sets M50 U.S. Record 30:41.5 in Peach-tree 10K, Atlanta, Ga.
- 258 Compete in East Regionals, Paramus, N.J.

www.usatf.org August 20. USATF North Region/Minnesota 15K RW Championships, Minneapolis. 651-

August 20. USATF Metropolitan 5K RW Championships, Central Park, NYC. 212-628-1317; www.parkracewalkers.us
August 25-26. Portland to Coast Walk relay.

503-292-4626; www.hoodtocoast.com September 10. USA National Masters/Open

40K RW Championships, Ocean Township, NJ. Elliott Denman, 732-222-9080.

Elliott Denman, 732-222-9080.

October 7. American Way USATF 5K RW Championships, Kingsport, TN. Bobby Baker, 423-230-6406; www.kingsportracewalk.com October 15. USA National Masters/Open 1-Hour RW Championships, Waltham, MA. Steve Vaitones, office@usatfne.org November 12. USA National Masters 20K RW

Championships, Clermont, FL. Don De-Noon, 352-241-7144, x4206; noonwalk_992yahoo.

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August 20

USA Cha Indianapoli

100m Willie Gault 45 (Hodge/10.96/2 Chris Faulkner Don Fields 41 u Ken Travis 41 David Ashford C Muhammad Peter Grimes u 400m Kathleen Shool Lesley Chaplin-48 SoCal

Lorraine Jasper Rebecca Conno

EO-M Spr Mepham HS NY; A 100m

M45 De La Pan M55 Kuziw, Jo 200m M40 Lempke, M45 Archer, D M50 Wirth, Ber W40 Katz, Chri W55 Trotto, Ma

400m M45 Archer, D M50 Michaelso M65 Bernstein W40 Katz, Chr. W55 Trotto, Ma

M35 Radecki. M40 Despagna M45 Krummer M50 Michaelso 1500m M40 Cipot, Ste

M55 Kuziw, Jo M60 Pearsall, 3000m M50 Murillo, L M50 Munilo, L High Jump M55 Kuziw, Jo W50 Bernadel W55 Trotto, M Long Jump M55 Kuziw, J W55 Trotto, N

Triple Jump M40 Acker, F M45 Kleppar W55 Trotto, Shot Put M40 Harrison M45 Sandas, M50 Sandas, M55 Kuziw,

M70 Barker. W55 Trotto, M Discus M40 Harrison M50 Sanda M70 Barker, W55 Trotto,

Pittsylva Mt. Leban

Overall Bobby Regar Diana Filtz M40 L Van D T Grant Ed May M45 Steve C Jim Mc Ed Kue

M50 Bruce F Dave S Greg Z M55 Roland Wayne

Dave E M60 John A

Т	RA	CK	& F	313	DE	RESU	ITS

Please send results to: National Masters News, P.O. Box 50098, Eugene, OR 97405; e-mail: natmanews@aol.com. To keep information current, we generally do not publish results more than 3 months old. Results typed and measuring 2-1/4" wide in metric in our format receive preference. Deadline is the 10th of the month

NATIONAL

Masters Invitational 100m & 400m USA Championships Indianapolis, IN; June 24

100m	
Willie Gault 45 WR una	10.72
(Hodge/10.96/2001)	-
Chris Faulkner 43 SoCal	11.11
Don Fields 41 una	11.25
Ken Travis 41 SW Sp	11.28
David Ashford 43 SoCal	11.50
C Muhammad 43 QTC	11.56
Peter Grimes una	11.79
400m	
Kathleen Shook 45 una	62.38
Lesley Chaplin-Swann	
48 SoCal	62.59
Lorraine Jasper 44 Athena	63.51
Rebecca Connolly 40 MVS	63.87

EAST

EO-M Spring Opener Mepham HS. Long Island

NY; April 30	
100m	
M40 Lempke, Rob	13.20
M45 De La Parra, Charle	s 12.30
M55 Kuziw, John	16.70
200m	
M40 Lempke, Rob M45 Archer, Donald M50 Wirth, Bern	27.50
M45 Archer, Donald	26.10
M50 Wirth, Bern	44.20
W40 Katz, Christina	31.60
W55 Trotto, Mary	41.50
400m	
M45 Archer, Donald	1:00.90
M50 Michaelson, Peter	1:08.00
M65 Bernstein, Abe	1:12.80
W40 Katz, Christina W55 Trotto, Mary	1:13.20
800m	1.54.70
M35 Radecki, Michael	2:10.00
M40 Despagna, John	2:36.00
M46 Krummonacker E	2.50.00
M45 Krummenacker, E. M50 Michaelson, Peter	2:37.00
1500m	2.37.20
M40 Cipot, Stephen	5:27.90
M55 Kuziw, John	5:52.20
M60 Pearsall, Bryan	5:10.20
3000m	5.10.20
	2:47.70
High Jump	
M55 Kuziw, John	1.15
W50 Bernadette, Sue	1.10 0.95
W55 Trotto, Mary	0.95
Long Jump	
M55 Kuziw, John	3.43
W55 Trotto, Mary	2.46
Triple Jump	
M40 Acker, Rick	10.90
M45 Kleppan, Ralph	9.11
W55 Trotto, Mary	5.17
Shot Put	
M40 Harrison, Thomas	7.40
M45 Sandas, Fred	9.76
M50 Sandas, George	9.60
M55 Kuziw, John	6.93
M70 Barker, Pete W55 Trotto, Mary	10.67
	7.28
Discus	40.70
M40 Harrison, Inomas	19.76
M40 Harrison, Thomas M50 Sandas, George M70 Barker, Pete	26.33
M/U Barker, Pete	31.40 15.88
W55 Trotto, Mary	15.88
The second of th	The reduction

Pittsylvania Mile Run Mt. Lebanon, PA; June 3

Overall	
Bobby Regan	4:37.5
Diana Filtz	5:15.8
M40 L Van Dyke	5:03.8
T Grantonic	5:05.3
Ed May	5:46.2
M45 Steve Garand	5:01.8
Jim McCarthy	5:40.0
Ed Kuenzing	5:52.6
M50 Bruce Frey	5:18.2
Dave Sobal	5:48.9
Greg Zamule	6:45.1
M55 Roland Ford	5:39.1
Wayne Jacobs	5:54.0
Dave Bowser	6:05.8
M60 John Adams	6:13.7

	Dick Monheim	6:23.2
1	M70 R Brockenbrough	7:19.9
	W45 M Tullius	6:19.6
	Sabine Kane	6:37.4
	K Grantonic	6:44.7
	W50 Janice Boyko	9:26.3
	W60 M Stephan	7:43.5
	REPAIR AND ADDRESS OF THE PARTY	

Philadelphia Masters Track & Field Association Plymouth Meeting, PA June 6

June 6	
*All-American Performa	ance
100m M30 Eric Reid	110
Jeff Najarjan	11.8
M35 Henry Myers	12.1
M40 Gerald Crocker	11.6 12.7
Andy Amoroso Joe Stem	13.9
M50 Gary Leigh	12.8
M50 Gary Leigh Everett Staten	12.8 14.7
Grant Brewin	15.4
M55 Bruce Campelia M60 Fred Edelstein	14.9 14.6
W40 Lorraine Jasper	15.1
W45 Renay Smith *	14.6
200m M30 Jeff Najarian	26.7
M35 Henry Myers	23.9
M35 Henry Myers M40 Gerald Crocker	24.9
M50 Gary Leigh	26.2
Grant Brewin M55 Bruce Campelia	32.9 31.5
M60 Bob Fuhrman *	26.8
M85 George Blyn	1:42.8
W40 Lorraine Jasper 400m	31.8
M30 Jermaine Broadus	53.2
Jeff Najarian	56.9
Eric Reid	1:03.7
M35 Steve Evans M40 Kevin Forde	1:06.3 56.2
Troy Ardis	1:01.4
M45 Robert Powell	1:02.4
Sean Harbison Bob Myers	1:04.8
M60 Bob Fuhrman	1:12.4
M85 George Blyn	3:34.1
W40 Lorraine Jasper *	1:06.1
800m M30 Jeff Najarian	2:16.7
M40 Kevin Forde	2:11.0
John Wheeler	2:31.2
Troy Ardis M45 Chuck Shields	2:38.5
Bob Rimkis	2:13.5 2:20.2
Tom Yunker	2:42.1
Tom Yunker M50 Steve Halebsky M60 Tom Jennings	2:49.4
M60 Tom Jennings M85 George Blyn	2:43.2
M85 George Blyn M90 Frank Levine W45 Kate Call	5:52 8
W45 Kate Call	2:59.4
WOU Frigins rester	2:59.0
Mile M30 Jeff Najarian	4:57.9
M35 Steve Evans	5:15.4
John Mehl M40 John Wheeler	5:16.4
M40 John Wheeler	5:30.0
Carl Houston M45 Bob Rimkis	5:48.7 5:06.4
Bob Reynolds	5:11.9
Robert Wiseman	5:26.1
Andy Ross	5:26.1 5:27.1
Sean Harbison Rev Sentiago	5:51.7
Rey Santiago M50 Jeff O'Connell M60 Tom Jennings *	5:47.5 5:57.4
M60 Tom Jennings *	5:58.1
M85 George Blyn M90 Frank Levine	15:23.9
M90 Frank Levine W45 Kate Call	12:34.8 6:35.3
W50 Phyllis Yester *	6:39.2
3000m	
M30 Chris Carroll	10:52.6
Sly Coons M45 Chuck Shields *	11:43.6 9:54.9
Tom Yunker	12:28.4
M50 Joel Hoffsmith *	10:25.4
Russ Patton *	10:44.6
M55 Carl Grossman W40 Lorraine Jasper *	14:02.6
High Jump	
M30 Cardwell Wootten	1.67
M35 Tom Bednar	1.57
Pole Vault M40 Duncan Littlefield	* 4.26
Long Jump	
	5.50
M30 Cardwell Wootten	
	5.74 4.34

Triple Jump	THE REAL PROPERTY.
M30 Cardwell Wootten	12.39
M35 Nick Damalas *	12.94
Shot Put	
M55 Michael Kalnas	9.98
W40 Heather Scanlon	8.38
Discus	
M35 Tom Hardalin	32.43
M50 Nick Helfrich	31.81
W40 Heather Scanlon	22.08
Javelin	
M55 Gerry Shatzer	32.40
M75 Sid Kiwitt *	25.31
W40 Heather Scanlon	21.80

Rhode Island Senior Olympics, Bryant U., June 11

bryant o., June	144
100m M50 John Brooks	11.80
M50 John Brooks M55 Larry Libow M60 Roger Pierce M65 Thomas Ranuga M70 John Polevy	14.70
M60 Roger Pierce	12.50
M70 John Polevy	14.20
	16.30
M80 Y N Naci M85 Bert Anger	18.80 27.50
W50 Kimberly Williams	16.30 21.30
W60 Joanne Clifford W70 Ann Morris	21.30
W80 Ann McGowan	23.50
200m	24.70
M50 Neil Steinberg M55 Carroll Blake M60 Roger Pierce M70 John Polevy M75 Edward Lewis M80 Y N Naci	24.70 25.80
M60 Roger Pierce	25.50
M70 John Polevy M75 Edward Lewis	31.50 35.00
M80 Y N Naci	39.50
W50 Kimberly Williams W60 Joanne Clifford	35.10 45.30
W70 Ann Morris	40.10
400m	E7 E0
M50 Charles Kelley M55 Blake Carroll	57.50 57.50
M60 Roger Pierce	57.90
M70 Tony Da Ponte M75 Edward Lewis M80 Y N Naci	1:15.20 1:34.20
M80 Y N Naci	1:47.20
W50 Kimberly Williams W65 Sheila McKenna	1:22.90
W70 Mary Harada	1:39.00
800m M50 John O'Hearne	3:02.10
M60 Jonathan Tetherly M70 Tony Da Ponte	2:41.10 3:03.50
	3:03.50 4:11.30
W65 Sheila Mc Kenna	4:13.00
W70 Mary Harada	3:35.00
M50 Andrew Fales	5:32.60
M55 Jerry Learned M60 Jack Thornhill M70 Jack Hand W65 Sheila Mc Kenna	4:59.20
M70 Jack Hand	5:21.30 7:24.90
W65 Sheila Mc Kenna	8:36.90
W70 Mary Harada High Jump	7:13.60
M55 Richard Sobel	1.41
M70 Joel Stinson M75 Horst Langer	1.21
Long Jump	0.81
M70 John Polevy M75 Horst Langer	13-8.25
M75 Horst Langer M85 Bert Anger	8-2.50 6-7.50
W75 Brigitie Langer	6-2
W80 Ann Mc Gowan Triple Jump	6-11.50
M50 Kevin Cronan	27-4.75
M50 Kevin Cronan M70 Joel Stinson M75 Horst Langer	26-1.50 18-3.25
W75 Brigitie Langer	14-2
W80 Ann Mc Gowan	14-0
Shot Put M50 David Belhumeur	40-0
M50 David Belhumeur M60 M Fountoulakis	34-7.50
M65 HODER TOSONI	29-3
M70 Leonard Rosen M75 A Xanthopoulos M80 Earl Sweeney	40-3 37-7
M80 Earl Sweeney W60 Patricia Food	24-2.50
W60 Patricia Fogg W65 Leras Alexandra	23-11.50 17-10
W70 Mary Roman W75 Harriet Patch	26-7.50
W80 Ann Mc Gowan	19-11 14-5.25
W85 Helen Gorges	12-0.50
Discus M50 David Belhumeur	39.06
M55 Buzz Gagne	30.68
M50 David Belhumeur M55 Buzz Gagne M60 M Fountoulakis M70 Leonard Rosen	32.42 38.24
M75 A Xanthopoulos	36.78
M75 A Xanthopoulos M80 Earl Sweeney	14.30
W60 Patricia Fogg W65 Joan Youngs	19.42 18.32
W70 Mary Roman W75 Harriet Patch	17.20
W75 Harriet Patch W80 Joanne Berlepsch	17.20 12.74 10.72
W85 Helen Gorges	7.86
Hammer	25.90
M55 Buzz Gagne M70 Nick Leras	32.60
M75 A Xanthopoulos	31.18

7		
ŕ	W60 Patricia Fogg	22.98
Š	W70 Mary Roman	22.54
1	W80 Jeanne Berlepscl	h 11.80
į,	Javelin	
è	M50 Wayne Lima	41.00
ĝ,	M55 Buzz Gagne	54.60
ŝ	M65 Robert Tosoni	29.00
ì	M70 Frank Illuzzi	41.24
P	M75 A Xanthopoulos	39.64
Ē	W60 Patricia Fogg	17.82
ŀ	W65 Joan Youngs	15.90
	W70 Mary Roman	14.30
þ	W80 Ann McGowan	11.54
ũ	W85 Helen Gorges	7.20
	1500m RW	
b	M70 Spencer Parrish	10:37.00
l	M75 Joseph Guisto	
ij	W80 Florence Dagata	13:19.60

Potomac Valley TC Meet McLean, VA; June 25

400m	
W40 Joan Hunter	1:04.52
800m	
W45 Win Persina	6:03.2h
Mile	
M30 Dave Kent	5:17.6h
M35 Joshua Seidman	5:28.7h
M40 Stuart Pineo	4:59.7h
M50 Kirk Gordon	5:51.4h
M55 Robert Weiner	7:47.3h
M60 Jim Noone	6:02.5h
W45 Win Persina	6:03.2h
3000m	
M40 Ted Poulos	11:32.7h
M50 Kirk Gordon	11:39.2h
Mile RW	
M55 John Gersh	9:36.6h
3000m RW	
M50 J Snyder	19:29.7h
M55 John Gersh	19:25.4h
M65 Carl Kane	19:33.4h

SOUTHEAST

Virginia Senior Games

	Virginia Beach, V.	A
	May 11-14	
50m	V	
M50	Kevin Marbury	9.35
	Muraji Nakazawa	9.35
	Ray Cook	9.35
M55	Schuyler Webb	7.04
	Douglas Hastings	7.49
	Cary Carter	7.83
MPO	Floyd Batten	7.77
	William White	8.83
-	Wayne White	8.94
M65	Richard Rinaldo	8.20
	David Summers	8.46
	Stephen Mandes	9.58
	Robert Steels	14.55
	Robert White	10.72
	Edward Hill	11.05
	Robert Stewart	12.27
	Constance Williams	8.62
W60	Mary White	8.55
	Virginia Fleming	9.66
W65	Tanya Bohlke	12.05
W70	Audrey Lary MD	9.35
W80	Josephine Stewart	10.11
	Barbara Gladd	12.64
W85	Carla Convery	19.05
100n	n and a second	2 110
	Anthony Markley	13.06
11100	Kevin Marbury	13.24
	Muraji Nakazawa	14.54
M55	Douglas Hastings	14.72
IVIOO	Mack Strouss	15.40
	Louron Parker	16.01
Men	Floyd Batten	14.53
IVIOU	Bob Dowdy	15.29
	Wayne White	15.47
MEE	Richard Rinaldo	15.67
MOD	Parid Comment	
	David Summers	15.86
	Stephen Mandes	18.16
M/0	Tony Besase	16.11
	Jesse Johnson	16.74
-	Robert Deeds	19.52
M75	James Stokey	14.77
	Halbert Goolsby	16.43
115	Jerry Proffer	16.84
M80	Curran Tiffany	18.29
	Robert White	20.05
	Robert Krais	22.13
	Edward Hill	25.95
	Robert Stewart	24.72
W50	Constance Williams	16.66
	Sharon Steele	22.70
W60	Mary White	16.34
	Virginia Fleming	18.79
W65	Tanya Bohlke	23.72
W70	Audrey Lary MD	19.14
THE R. L.		No. of Lot

L WORK Now - Co	Lura C. C.
W75 Norma Cornelius 36.02 W80 Josephine Stewart 19.29	M55 Cary Carter M60 Richard Kleh
200m	M70 Taylor Goode
M50 Anthony Markley 26.77	M75 C R Pfeifer
Kevin Marbury 27.43 Jeffrey Stone 31.85	M80 Robert Krais W55 Linda Wells
M55 Douglas Hastings 30.49	Long Jump
Richard Ruozzi 30.73	M50 Anthony Mar
Richard Moon 31.07	Keith Mathis
M60 Roger Whiteway 31.55 Floyd Batten 33.07	Muraji Nakazi Gary Wensel
Charles Sponsler 33.76	M55 Douglas Has
M65 Richard Rinaldo 32.97	Jeff Young
David Summers WA 33.13	Larry Anders
Stephen Mandes 39.62 M70 Jesse Johnson 36.13	Louron Parke M60 Wayne White
M75 James Stookey MD 31.22	Floyd Batten
Halbert Goolsby 34.74	Larry Nelson
Jerry Proffer 36.49	M65 Richard Rina
C R Pfeifer 1:12.92 M84 Curran Tiffany 39.34	M70 Tony Besase Nelson Davis
Robert White 41.21	Robert Deed
Robert Krais 50.69	M75 James Stook
W60 Mary White 36.84	C R Pfeifer M90 Robert Stewa
W70 Audrey Lary MD 41.14 W80 Josephine Stewart 44.77	W85 Carla Conve
Barbara Gladd 55.85	Shot Put
400m	M50 Alvars Baum
M50 Anthony Markley 1:00.40	Carl Vassel,
Jeffrey Stone 1:07.80 Leon Milne, Sr 1:15.30	George Otte M55 Ted Barilla
M55 Richard Moon 1:08.90	William Gain
Richard Ruozzi 1:15.85	Jeff Young
Tom Gerhardt 1:15.99	William Butzi
M60 Roger Whiteway 1:10.66 Richard Clements 1:21.53	Douglas Has M60 J Bookin-Wein
Charles Sponsler 1:21.71	Wayne White
M65 Richard Rinaldo 1:19.25	Emanuel Wil
Donald Agee 2:00.00	M65 Doug Hinkel
M70 Roger Barron 1:21.61 Robert Hannah, Jr 1:33.32	Jack McDonal Bobby Lincoln
M75 Halbert Goolsby 1:26.31	Bobby Grego
M80 Curran Tiffany 1:31.50	M70 William Smit
Robert White 1:31.75	Ward Jones
Roy Englert 1:49.63 W60 Shirley Wampler 1:41.39	Dilworth Cod M75 C R Pfeifer
W75 Helen Schley MD 2:10.83	M80 Robert Krais
800m	Charles Pist
M50 Jeffrey Stone 2:28.55 Peter Blank 2:49.03	M85 Edward Hill M90 Robert Stew
M55 Richard Mon 2:40.39	J Cassidy
Richard Ruozzi 2:42.73	Frank Kirsch
Jay Taylor 2:53.18 M60 Jack Wackwitz 3:07.87	W65 Maryellen W6 W70 Audrey Lary
Butch Proctor 3:27.54	Doris Oliver
Larry Nelson 3:48.47	W75 Sheila Gildea
M70 Robert Barron 3:32.44	W85 Sallie Groga
Algie Martin 3:59.34 M80 Robert White 3:51.30	Discus M50 George Otte
	Alvars Baum
Hov Englert 4:15.24	
Roy Englert 4:15.24 W70 Shirley Wampler 4:07.61	Carl Vassel,
W70 Shirley Wampler 4:07.61 Mary Stookey MD 5:14.47	M55 Nick Nichols
W70 Shirley Wampler 4:07.61 Mary Stookey MD 5:14.47 1500m	M55 Nick Nichols Robert Beac
W70 Shirley Wampler 4:07.61 Mary Stookey MD 5:14.47 1500m M50 Jeffrey Stone NTA	M55 Nick Nichols Robert Beac William Gain
W70 Shirley Wampler 4:07.61 Mary Stookey MD 5:14.47 1500m M50 Jeffrey Stone NTA Peter Blank NTA Leon Milne, Sr NTA	M55 Nick Nichols Robert Beac William Gain M60 J Bookin-Wei Richard Kleh
W70 Shirley Wampler 4:07.61 Mary Stookey MD 5:14.47 1500m M50 Jeffrey Stone Peter Blank Leon Milne, Sr M55 Jay Taylor NTA	M55 Nick Nichols Robert Beac William Gain M60 J Bookin-Wei Richard Kleh Johnnie Parl
W70 Shirley Wampler 4:07.61 Mary Stookey MD 5:14.47 1500m M50 Jeffrey Stone NTA Peter Blank NTA Leon Milne, Sr NTA M55 Jay Taylor NTA Tom Gerhardt NTA	M55 Nick Nichols Robert Beac William Gain M60 J Bookin-Wei Richard Kleh Johnnie Parl Marvin Potte
W70 Shirley Wampler 4:07.61 Mary Stookey MD 5:14.47 1500m M50 Jeffrey Stone Peter Blank Leon Milne, Sr M55 Jay Taylor NTA	M55 Nick Nichols Robert Beac William Gain M60 J Bookin-Wei Richard Kleh Johnnie Parl
W70 Shirley Wampler 4:07.61 Mary Stookey MD 5:14.47 1500m M50 Jeffrey Stone Peter Blank Leon Milne, Sr M55 Jay Taylor Tom Gerhardt M60 Jack Wackwitz Butch Proctor Larry Nelson NTA	M55 Nick Nichols Robert Beac William Gain M60 J Bookin-Wei Richard Kleh Johnnie Parl Marvin Potte M65 James Kenn Doug Hinkel Jack McDon
W70 Shirley Wampler 4:07.61 Mary Stookey MD 5:14.47 1500m M50 Jeffrey Stone Peter Blank Leon Milne, Sr M55 Jay Taylor Tom Gerhardt M60 Jack Wackwitz Butch Proctor Larry Nelson M70 Roger Barron N7A	M55 Nick Nichols Robert Beac William Gain M60 J Bookin-Wei Richard Kleh Johnnie Parl Marvin Potte M65 James Kenn Doug Hinkel Jack McDon. M70 William Smitl
W70 Shirley Wampler 4:07.61 Mary Stookey MD 5:14.47 1500m M50 Jeffrey Stone NTA Peter Blank NTA Leon Milne, Sr NTA M55 Jay Taylor NTA Tom Gerhardt NTA M60 Jack Wackwitz NTA Butch Proctor NTA Larry Nelson NTA M70 Roger Barron NTA M80 Roy Englert NTA	M55 Nick Nichols Robert Beac William Gain M60 J Bookin-Wei Richard Kleh Johnnie Parl Marvin Potte M65 James Kenn Doug Hinkel Jack McDon M70 William Smitl Ward Jones
W70 Shirley Wampler 4:07.61 Mary Stookey MD 5:14.47 1500m M50 Jeffrey Stone NTA Peter Blank NTA Leon Milne, Sr NTA Tom Gerhardt NTA Tom Gerhardt NTA Butch Proctor NTA Larry Nelson NTA M70 Roger Barron NTA Robert White NTA	M55 Nick Nichols Robert Beac William Gain M60 J Bookin-Wei Richard Kleh Johnnie Parl Marvin Potte M65 James Kenn Doug Hinkel Jack McDon M70 William Smitl Ward Jones Robert Deed
W70 Shirley Wampler 4:07.61 Mary Stookey MD 5:14.47 1500m M50 Jeffrey Stone NTA Peter Blank NTA Leon Milne, Sr NTA M55 Jay Taylor NTA Tom Gerhardt NTA M60 Jack Wackwitz NTA Butch Proctor NTA Larry Nelson NTA M70 Roger Barron NTA M80 Roy Englert NTA	M55 Nick Nichols Robert Beac William Gain M60 J Bookin-Wei Richard Kleh Johnnie Parl Marvin Potte M65 James Kenn Doug Hinkel Jack McDon. M70 William Smitt Ward Jones Robert Deed Chuck Boyle M75 Jerry Proffer
W70 Shirley Wampler 4:07.61 Mary Stookey MD 5:14.47 1500m M50 Jeffrey Stone NTA Peter Blank NTA Leon Milne, Sr NTA Tom Gerhardt NTA M60 Jack Wackwitz NTA Butch Proctor NTA Larry Nelson NTA M70 Roger Barron NTA M80 Roy Englert NTA Robert White NTA Harry Carlson NTA W60 Andrea Hess NTA W70 Shirley Wampler NTA	M55 Nick Nichols Robert Beac William Gain M60 J Bookin-Wei Richard Kleh Johnnie Parl Marvin Potte M65 James Kenn Doug Hinkel Jack McDon. M70 William Smitl Ward Jones Robert Deed Chuck Boyle M75 Jerry Proffler Willis Webb
W70 Shirley Wampler 4:07.61 Mary Stookey MD 5:14.47 1500m M50 Jeffrey Stone NTA Peter Blank NTA Leon Milne, Sr NTA M55 Jay Taylor NTA Tom Gerhardt NTA M60 Jack Wackwitz NTA Butch Proctor NTA Larry Nelson NTA M70 Roger Barron NTA M80 Roy Englert NTA Robert White NTA Harry Carlson NTA W60 Andrea Hess NTA W70 Shirley Wampler NTA W75 Helen Schley NTA	M55 Nick Nichols Robert Beac William Gain M60 J Bookin-Wei Richard Kleh Johnnie Parl Marvin Potte M65 James Kenn Doug Hinkel Jack McDon. M70 William Smitl Ward Jones Robert Deed Chuck Boyle M75 Jerry Proffer Willis Webb C R Pfeifer
W70 Shirley Wampler 4:07.61 Mary Stookey MD 5:14.47 1500m M50 Jeffrey Stone NTA Peter Blank NTA Leon Milne, Sr NTA Tom Gerhardt NTA M60 Jack Wackwitz NTA Butch Proctor NTA Larry Nelson NTA M70 Roger Barron NTA M80 Roy Englert NTA Robert White NTA Harry Carlson NTA W60 Andrea Hess NTA W70 Shirley Wampler NTA	M55 Nick Nichols Robert Beac William Gain M60 J Bookin-Wei Richard Kleh Johnnie Parl Marvin Potte M65 James Kenn Doug Hinkel Jack McDon M70 William Smit Ward Jones Robert Deed Chuck Boyle M75 Jerry Proffer Willis Webb C R Pfeifer M80 Charles Piste Fred Pflum
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W70 Shirley Wampler 4:07.61 Mary Stookey MD 5:14.47 1500m M50 Jeffrey Stone NTA Peter Blank NTA Leon Milne, Sr NTA M55 Jay Taylor NTA Tom Gerhardt NTA M60 Jack Wackwitz NTA Butch Proctor NTA Larry Nelson NTA M70 Roger Barron NTA M80 Roy Englert NTA Robert White NTA Harry Carlson NTA W70 Shirley Wampler NTA W75 Helen Schley NTA W75 Helen Schley NTA Hgh Jump M50 Keith Mathis MD S-0 Muraji Nakazawa 4-10 David Wingfield, Jr 4-10 Anthony Markley 4-10	M55 Nick Nichols Robert Beac William Gain M60 J Bookin-Wei Richard Kleh Johnnie Parl Marvin Potte M65 James Kenn Doug Hinkel Jack McDon M70 William Smitl Ward Jones Robert Deed Chuck Boyle M75 Jerry Profler Willis Webb C R Pfeifer M80 Charles Piste Fred Pflum Robert Trais M85 Edward Hill M90 J Cassidy
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W70 Shirley Wampler 4:07.61 Mary Stookey MD 5:14.47 1500m M50 Jeffrey Stone NTA Peter Blank NTA Leon Milne, Sr NTA M55 Jay Taylor NTA Tom Gerhardt NTA M60 Jack Wackwitz NTA Butch Proctor NTA Larry Nelson NTA M70 Roger Barron NTA M80 Roy Englert NTA Robert White NTA Harry Carlson NTA W60 Andrea Hess NTA W70 Shirley Wampler NTA W75 Helen Schley NTA W75 Helen Schley NTA W75 Helen Schley NTA W75 Helen Schley NTA M75 Helen Schley NTA M76 Jeffrey NTA M77 Helen Schley NTA M77 Helen Schley NTA M78 Helen Schley NTA M79 Helen Schley NTA M79 Helen Schley NTA M70 Helen Schley NTA M70 Anthony Markley NTA M70 Anthony Markley NTA M70 Anthony Markley NTA M70 Anthony M30	M55 Nick Nichols Robert Beac William Gain M60 J Bookin-Wei Richard Kleh Johnnie Parl Marvin Potte M65 James Kenn Doug Hinkel Jack McDon. M70 William Smitl Ward Jones Robert Deed Chuck Boyle M75 Jerry Proffer Willis Webb C R Pfeifer M80 Charles Piste Fred Pflum Robert Trais M85 Edward Hill M90 J Cassidy Robert Stew Frank Kirsch W65 Maryellen W W70 Audrey Lary
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W70 Shirley Wampler 4:07.61 Mary Stookey MD 5:14.47 1500m M50 Jeffrey Stone NTA Peter Blank NTA Leon Milne, Sr NTA M55 Jay Taylor NTA Tom Gerhardt NTA M60 Jack Wackwitz NTA Butch Proctor NTA Larry Nelson NTA M70 Roger Barron NTA M80 Roy Englert NTA Robert White NTA Harry Carlson NTA W70 Shirley Wampler NTA W75 Helen Schley NTA Hgh Jump M50 Keith Mathis MD 5-0 Muraji Nakazawa 4-10 David Wingfield, Jr Anthony Markley 4-10 M55 Jeff Young 4-6 Larry Anderson FL Douglas Hastings 4-4 Cary Carter 4-2 M60 Richard Klehm DuBois Miller 4-8 DuBois Miller 4-4 Larry Nelson 3-6 M65 Jack McDonald MD 3-0 M75 James Stookey MD 4-2	M55 Nick Nichols Robert Beac William Gain M60 J Bookin-Wei Richard Kleh Johnnie Parl Marvin Potte M65 James Kenn Doug Hinkel Jack McDon M70 William Smitl Ward Jones Robert Deed Chuck Boyle M75 Jerry Proffer Willis Webb C R Pfeifer M80 Charles Piste Fred Pflum Robert Trais M85 Edward Hill M90 J Cassidy Robert Stew Frank Kirsch W65 Maryellen W W70 Audrey Lary Doris Oliver Dana Portert W75 Sheila Gilder Norma Corn W80 Sallie Groga
W70 Shirley Wampler 4:07.61 Mary Stookey MD 5:14.47 1500m M50 Jeffrey Stone NTA Peter Blank NTA Leon Milne, Sr NTA M55 Jay Taylor NTA Tom Gerhardt NTA M60 Jack Wackwitz NTA Butch Proctor NTA Larry Nelson NTA M70 Roger Barron NTA M80 Roy Englert NTA Robert White NTA Harry Carlson NTA W70 Shirley Wampler NTA W75 Helen Schley NTA W75 Helen Schley NTA W75 Helen Schley NTA M70 Shirley Wampler NTA W75 Helen Schley NTA W75 Helen Schley NTA M75 Helen Schley NTA M76 Anthony Markley 4-10 Anthony Markley 4-10 Anthony Markley 4-10 M55 Jeff Young 4-6 Larry Anderson FL Douglas Hastings 4-4 Cary Carter 4-2 M60 Richard Klehm 4-8 DuBois Miller 4-4 Larry Nelson 3-6 M65 Jack McDonald MD 3-0 M75 James Stookey MD 4-2 Jerry Proffer 3-6	M55 Nick Nichols Robert Beac William Gain M60 J Bookin-Wei Richard Kleh Johnnie Parl Marvin Potte M65 James Kenn Doug Hinkel Jack McDoni M70 William Smitl Ward Jones Robert Deed Chuck Boyle M75 Jerry Profler Willis Webb C R Pfeifer M80 Charles Piste Fred Pflum Robert Trais M85 Edward Hill M90 J Cassidy Robert Stew Frank Kirsch W65 Maryellen W W70 Audrey Lary Doris Oliver Dana Porter W75 Sheila Gilder Norma Corn W80 Sallie Groga Javelin
W70 Shirley Wampler 4:07.61 Mary Stookey MD 5:14.47 1500m M50 Jeffrey Stone NTA Peter Blank NTA Leon Milne, Sr NTA M55 Jay Taylor NTA Tom Gerhardt NTA M60 Jack Wackwitz NTA Butch Proctor NTA Larry Nelson NTA M70 Roger Barron NTA M80 Roy Englert NTA Robert White NTA Harry Carlson NTA W70 Shirley Wampler NTA W75 Helen Schley NTA Hgh Jump M50 Keith Mathis MD 5-0 Muraji Nakazawa 4-10 David Wingfield, Jr Anthony Markley 4-10 M55 Jeff Young 4-6 Larry Anderson FL Douglas Hastings 4-4 Cary Carter 4-2 M60 Richard Klehm DuBois Miller 4-8 DuBois Miller 4-4 Larry Nelson 3-6 M65 Jack McDonald MD 3-0 M75 James Stookey MD 4-2	M55 Nick Nichols Robert Beac William Gain M60 J Bookin-Wei Richard Kleh Johnnie Parl Marvin Potte M65 James Kenn Doug Hinkel Jack McDon M70 William Smitl Ward Jones Robert Deed Chuck Boyle M75 Jerry Proffer Willis Webb C R Pfeifer M80 Charles Piste Fred Pflum Robert Trais M85 Edward Hill M90 J Cassidy Robert Stew Frank Kirsch W65 Maryellen W W70 Audrey Lary Doris Oliver Dana Portert W75 Sheila Gilder Norma Corn W80 Sallie Groga
W70 Shirley Wampler 4:07.61 Mary Stookey MD 5:14.47 1500m M50 Jeffrey Stone NTA Peter Blank NTA Leon Milne, Sr NTA M55 Jay Taylor NTA Tom Gerhardt NTA M60 Jack Wackwitz NTA Butch Proctor NTA Larry Nelson NTA M70 Roger Barron NTA M80 Roy Englert NTA Harry Carlson NTA Harry Carlson NTA W60 Andrea Hess NTA W75 Helen Schley NTA W75 Helen Schley NTA M75 Helen Schley NTA M76 Narjaj Nakazawa David Wingfield, Jr Anthony Markley 4-10 Anthony Markley 4-10 M55 Jeff Young 4-6 Larry Anderson FL Douglas Hastings Cary Carter 4-2 M60 Richard Klehm 4-8 DuBois Miller Larry Nelson 3-6 M65 Jack McDonald MD 3-0 M75 James Stookey MD Jerry Proffer 3-6 C R Pfeifer 3-4	M55 Nick Nichols Robert Beac William Gain M60 J Bookin-Wei Richard Kleh Johnnie Parl Marvin Potte M65 Jarmes Kenn Doug Hinkel Jack McDon. M70 William Smitt Ward Jones Robert Deed Chuck Boyle M75 Jerry Proffer Willis Webb C R Pfeifer M80 Charles Pistt Fred Pflum Robert Trais M85 Edward Hill M90 J Cassidy Robert Stew Frank Kirsch W65 Maryellen W W70 Audrey Lary Doris Oliver Dana Porter W75 Sheila Gilder Norma Corn W80 Sallie Groga Javelln M50 Toby Robilla

Pole Vault M50 Robert Disse

Ralph Costanzo

Anthony Markley

36.02	
9.29	M55 Cary Carter 10-6 M60 Richard Klehm 10-0
9.29	M70 Taylor Goode 10-6
26.77	M75 C R Pfeifer 3-6
27.43	M80 Robert Krais 4-0
31.85	W55 Linda Wells 5-6
30.49 30.73	M50 Anthony Markley 16-7
31.07	Keith Mathis MD 15-3.50
31.55	Muraji Nakazawa 14-10.50
33.07	Gary Wensel 12-4
33.76	M55 Douglas Hastings 13-5.50
32.97	Jeff Young 12-7
33.13 39.62	Larry Anderson 12-3.50 Louron Parker 10-11
36.13	M60 Wayne White 13-8
1.22	Floyd Batten 10-3
34.74	Larry Nelson 9-4
36.49	M65 Richard Rinaldo 11-3.50
2.92	M70 Tony Besase 11-8.50 Nelson Davis 9-0.50
9.34 11.21	Nelson Davis 9-0.50 Robert Deeds 8-4
0.69	M75 James Stookey MD 13-10
36.84	C R Pfeifer 7-9
11.14	M90 Robert Stewart 7-3.50
4.77	W85 Carla Convery 2-10
55.85	Shot Put M50 Alvars Baumanis 35-11.50
0.40	Carl Vassel Ir 33-8 50
7.80	George Otte 33-5
5.30	M55 Ted Barilla 39-10
8.90	William Gainey MD 39-8
5.85 5.99	Jeff Young 29-10 William Butzin OH 29-10
0.66	William Butzin OH 29-10 Douglas Hastings 26-3.25
1.53	M60 J Bookin-Weiner MD 37-6.50
1.71	Wayne White 32-2
9.25	Emanuel Wilkins 27-5
00.00	M65 Doug Hinkel 29-10.50
1.61	Jack McDonald MD 29-8.50 Bobby Lincoln, Sr 27-11
6.31	Bobby Lincoln, Sr 27-11 Bobby Gregory 27-4.50
1.50	M70 William Smith 37-4.50
1.75	Ward Jones MD 36-1.25
9.63	Dilworth Cook, Jr 26-11
11.39	M75 C R Pfeifer 21-4.50 M80 Robert Krais 26-0
10.83	M80 Robert Krais 26-0 Charles Pistorino 23-8.50
28.55	M85 Edward Hill 22-8.50
19.03	M90 Robert Stewart 21-0
0.39	J Cassidy 19-7 Frank Kirsch, Jr 18-0
3.18	W65 Maryellen Woolard 17-4
7.87	W70 Audrey Lary MD 23-6
7.54	Doris Oliver 17-11
8.47	W75 Sheila Gildea 18-5
9.34	W85 Sallie Grogan 13-8 Discus
	M50 George Otte 115-11
1.30	
1.30	Alvars Baumanis 111-5
1.30 5.24 7.61	Alvars Baumanis 111-5 Carl Vassel, Jr 107-4
1.30 5.24 7.61	Alvars Baumanis 111-5 Carl Vassel, Jr 107-4 M55 Nick Nichols 125-2
5.24 7.61 4.47	Alvars Baumanis 111-5 Carl Vassel, Jr 107-4 M55 Nick Nichols 125-2 Robert Beach 120-8
1.30 5.24 7.61 4.47	Alvars Baumanis 111-5 Carl Vassel, Jr 107-4 M55 Nick Nichols 125-2 Robert Beach 120-8 William Gainey MD 117-4
5.24 7.61 4.47	Alvars Baumanis 111-5 Carl Vassel, Jr 107-4 M55 Nick Nichols 125-2 Robert Beach 120-8
1.30 5.24 07.61 4.47 NTA NTA NTA NTA	Alvars Baumanis 111-5 Carl Vassel, Jr 107-4 M55 Nick Nichols 125-2 Robert Beach 120-8 William Gainey MD 117-4 M60 J Bookin-Weiner MD 122-4 Richard Klehm 115-6 Johnnie Parlow 91-0
1.30 5.24 7.61 4.47 NTA NTA NTA NTA NTA	Alvars Baumanis 111-5 Carl Vassel, Jr 107-4 M55 Nick Nichols 125-2 Robert Beach 120-8 William Gainey MD 117-4 M60 J Bookin-Weiner MD 122-4 Richard Klehm 115-6 Johnnie Parlow 91-0 Marvin Potter 86-5
11.30 5.24 17.61 4.47 NTA NTA NTA NTA NTA NTA	Alvars Baumanis Carl Vassel, Jr 107-4 M55 Nick Nichols 125-2 Robert Beach 120-8 William Gainey MD 117-4 M60 J Bookin-Weiner MD 122-4 Richard Klehm 115-6 Johnnie Parlow 91-0 Marvin Potter 86-5 M65 James Kenney MD 108-2
11.30 15.24 17.61 4.47 NTA NTA NTA NTA NTA NTA NTA NTA NTA	Alvars Baumanis Carl Vassel, Jr 107-4 M55 Nick Nichols 125-2 Robert Beach 120-8 William Gainey MD 117-4 M60 J Bookin-Weiner MD 122-4 Richard Klehm 115-6 Johnnie Parlow 91-0 Marvin Potter 86-5 M65 James Kenney MD 108-2 Doug Hinkel 83-3
11.30 15.24 17.61 14.47 NTA NTA NTA NTA NTA NTA NTA NTA NTA NTA	Alvars Baumanis Carl Vassel, Jr 107-4 M55 Nick Nichols 125-2 Robert Beach 120-8 William Gainey MD 117-4 M60 J Bookin-Weiner MD 122-4 Richard Klehm 115-6 Johnnie Parlow 91-0 Marvin Potter 86-5 M65 James Kenney MD 108-2
11.30 15.24 17.61 14.47 NTA NTA NTA NTA NTA NTA NTA NTA NTA NTA	Alvars Baumanis Carl Vassel, Jr 107-4 M55 Nick Nichols 125-2 Robert Beach 120-8 William Gainey MD 117-4 M60 J Bookin-Weiner MD 122-4 Richard Klehm 115-6 Johnnie Parlow 91-0 Marvin Potter 86-5 M65 James Kenney MD 108-2 Doug Hinkel 83-3 Jack McDonald 94-11 M70 William Smith 126-0 Ward Jones MD 102-11
11.30 5.24 17.61 4.47 NTA NTA NTA NTA NTA NTA NTA NTA NTA NTA	Alvars Baumanis Carl Vassel, Jr 107-4 M55 Nick Nichols 125-2 Robert Beach 120-8 William Gainey MD 117-4 M60 J Bookin-Weiner MD 122-4 Richard Klehm 115-6 Johnnie Parlow 91-0 Marvin Potter 86-5 M65 James Kenney MD 108-2 Doug Hinkel 83-3 Jack McDonald 94-11 M70 William Smith 126-0 Ward Jones MD 102-11 Robert Deeds 69-7
11.30 5.24 17.61 4.47 NTA NTA NTA NTA NTA NTA NTA NTA NTA NTA	Alvars Baumanis Carl Vassel, Jr 107-4 M55 Nick Nichols Robert Beach William Gainey MD 117-4 M60 J Bookin-Weiner MD Richard Klehm Johnnie Parlow Marvin Potter M65 James Kenney MD Jack McDonald M70 William Smith Robert Deeds Ward Jones MD 102-11 Robert Deeds 69-7 Chuck Boyles 107-4 1107-4 1107-4 1108-125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8
11.30 5.24 17.61 4.47 NTA NTA NTA NTA NTA NTA NTA NTA NTA NTA	Alvars Baumanis Carl Vassel, Jr 107-4 M55 Nick Nichols 125-2 Robert Beach 120-8 William Gainey MD 117-4 M60 J Bookin-Weiner MD 122-4 Richard Klehm 115-6 Johnnie Parlow 91-0 Marvin Potter 86-5 M65 James Kenney MD 108-2 Doug Hinkel 83-3 Jack McDonald 94-11 M70 William Smith 126-0 Ward Jones MD 102-11 Robert Deeds 69-7 Chuck Boyles 62-5 M75 Jerry Proffer 83-10
11.30 5.24 17.61 4.47 NTA NTA NTA NTA NTA NTA NTA NTA NTA NTA	Alvars Baumanis Carl Vassel, Jr 107-4 M55 Nick Nichols Robert Beach William Gainey MD 117-4 M60 J Bookin-Weiner MD Richard Klehm Johnnie Parlow Marvin Potter M65 James Kenney MD Jack McDonald M70 William Smith Robert Deeds Ward Jones MD 102-11 Robert Deeds 69-7 Chuck Boyles 107-4 1107-4 1107-4 1108-125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 111-5 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8 125-8
11.30 5.24 17.61 4.47 NTA NTA NTA NTA NTA NTA NTA NTA NTA NTA	Alvars Baumanis Carl Vassel, Jr 107-4 M55 Nick Nichols 125-2 Robert Beach 120-8 William Gainey MD 117-4 M60 J Bookin-Weiner MD 122-4 Richard Klehm 115-6 Johnnie Parlow 91-0 Marvin Potter 86-5 M65 James Kenney MD 108-2 Doug Hinkel 83-3 Jack McDonald 94-11 M70 William Smith 126-0 Ward Jones MD 102-11 Robert Deeds 69-7 Chuck Boyles 62-5 M75 Jerry Proffer 83-10 Willis Webb 73-0 C R Pfeifer 66-8 M80 Charles Pistorino 75-5
11.30 5.24 17.61 4.47 NTA NTA NTA NTA NTA NTA NTA NTA NTA NTA	Alvars Baumanis Carl Vassel, Jr 107-4 M55 Nick Nichols 125-2 Robert Beach 120-8 William Gainey MD 117-4 M60 J Bookin-Weiner MD 122-4 Richard Klehm 115-6 Johnnie Parlow 91-0 Marvin Potter 86-5 M65 James Kenney MD 108-2 Doug Hinkel 83-3 Jack McDonald 94-11 M70 William Smith 126-0 Ward Jones MD 102-11 Robert Deeds 69-7 Chuck Boyles 62-5 M75 Jerry Proffer 83-10 Willis Webb 73-0 C R Pfeifer 66-8 M80 Charles Pistorino 75-5 Fred Pflum 60-11
11.30 5.24 17.61 4.47 NTA NTA NTA NTA NTA NTA NTA NTA NTA NTA	Alvars Baumanis Carl Vassel, Jr 107-4 M55 Nick Nichols 125-2 Robert Beach 120-8 William Gainey MD 117-4 M60 J Bookin-Weiner MD 122-4 Richard Klehm 115-6 Johnnie Parlow 91-0 Marvin Potter 86-5 M65 James Kenney MD 108-2 Doug Hinkel 83-3 Jack McDonald 94-11 M70 William Smith 126-0 Ward Jones MD 102-11 Robert Deeds 69-7 Chuck Boyles 62-5 M75 Jerry Proffer 83-10 Willis Webb 73-0 C R Pfeifer 66-8 M80 Charles Pistorino Fred Pflum 60-11 Robert Trais 48-6
11.30 5.24 17.61 4.47 NTA NTA NTA NTA NTA NTA NTA NTA NTA NTA	Alvars Baumanis Carl Vassel, Jr 107-4 M55 Nick Nichols 125-2 Robert Beach 120-8 William Gainey MD 117-4 M60 J Bookin-Weiner MD 122-4 Richard Klehm 115-6 Johnnie Parlow 91-0 Marvin Potter 86-5 M65 James Kenney MD 108-2 Doug Hinkel 83-3 Jack McDonald 94-11 M70 William Smith 126-0 Ward Jones MD 102-11 Robert Deeds 69-7 Chuck Boyles 62-5 M75 Jerry Proffer 83-10 Willis Webb 73-0 C R Pfeifer 66-8 M80 Charles Pistorino 75-5 Fred Pflum 60-11 Robert Trais 48-6 M85 Edward Hill 71-6
11.30 5.24 17.61 4.47 NTA NTA NTA NTA NTA NTA NTA NTA NTA NTA	Alvars Baumanis Carl Vassel, Jr 107-4 M55 Nick Nichols 125-2 Robert Beach 120-8 William Gainey MD 117-4 M60 J Bookin-Weiner MD 122-4 Richard Klehm 115-6 Johnnie Parlow 91-0 Marvin Potter 86-5 M65 James Kenney MD 108-2 Doug Hinkel 83-3 Jack McDonald 94-11 M70 William Smith 126-0 Ward Jones MD 102-11 Robert Deeds 69-7 Chuck Boyles 62-5 M75 Jerry Proffer 83-10 Willis Webb 73-0 C R Pfeifer 66-8 M80 Charles Pistorino Fred Pflum 60-11 Robert Trais 48-6
1.30 5.24 17.61 4.47 NTA NTA NTA NTA NTA NTA NTA NTA NTA NTA	Alvars Baumanis Carl Vassel, Jr 107-4 M55 Nick Nichols 125-2 Robert Beach 120-8 William Gainey MD 117-4 M60 J Bookin-Weiner MD 122-4 Richard Klehm 115-6 Johnnie Parlow 91-0 Marvin Potter 86-5 M65 James Kenney MD 108-2 Doug Hinkel 83-3 Jack McDonald 94-11 M70 William Smith 126-0 Ward Jones MD 102-11 Robert Deeds 69-7 Chuck Boyles 62-5 M75 Jerry Proffer 83-10 Willis Webb 73-0 C R Pfeifer 66-8 M80 Charles Pistorino Fred Pflum 60-11 Robert Trais 48-6 M85 Edward Hill 71-6 M90 J Cassidy 49-4 Robert Stewart 48-2 Frank Kirsch, Jr 40-1
1.30 5.24 17.61 4.47 NTA NTA NTA NTA NTA NTA NTA NTA NTA NTA	Alvars Baumanis Carl Vassel, Jr 107-4 M55 Nick Nichols 125-2 Robert Beach 120-8 William Gainey MD 117-4 M60 J Bookin-Weiner MD 122-4 Richard Klehm 115-6 Johnnie Parlow 91-0 Marvin Potter 86-5 M65 James Kenney MD 108-2 Doug Hinkel 83-3 Jack McDonald 94-11 M70 William Smith 126-0 Ward Jones MD 102-11 Robert Deeds 69-7 Chuck Boyles 62-5 M75 Jerry Proffer 83-10 Willis Webb 73-0 C R Pfeifer 66-8 M80 Charles Pistorino 75-5 Fred Pflum 60-11 Robert Trais 48-6 M85 Edward Hill 71-6 M90 J Cassidy 49-4 Robert Stewart 48-2 Frank Kirsch, Jr W65 Maryellen Woolard 33-7
1.30 5.24 17.61 4.47 NTA NTA NTA NTA NTA NTA NTA NTA NTA NTA	Alvars Baumanis Carl Vassel, Jr 107-4 M55 Nick Nichols 125-2 Robert Beach 120-8 William Gainey MD 117-4 M60 J Bookin-Weiner MD 122-4 Richard Klehm 115-6 Johnnie Parlow 91-0 Marvin Potter 86-5 M65 James Kenney MD 108-2 Doug Hinkel 83-3 Jack McDonald 94-11 M70 William Smith 126-0 Ward Jones MD 102-11 Robert Deeds 69-7 Chuck Boyles 62-5 M75 Jerry Proffer 83-10 Willis Webb 73-0 C R Pfeifer 66-8 M80 Charles Pistorino 75-5 Fred Pflum 60-11 Robert Trais 48-6 M85 Edward Hill 71-6 M90 J Cassidy 49-4 Robert Stewart 48-2 Frank Kirsch, Jr 40-1 W65 Maryellen Woolard 33-7 W70 Audrey Lary 64-7
17.61 5.24 17.61 4.47 NTA NTA NTA NTA NTA NTA NTA NTA NTA NTA	Alvars Baumanis Carl Vassel, Jr 107-4 M55 Nick Nichols 125-2 Robert Beach 120-8 William Gainey MD 117-4 M60 J Bookin-Weiner MD 122-4 Richard Klehm 115-6 Johnnie Parlow 91-0 Marvin Potter 86-5 M65 James Kenney MD 108-2 Doug Hinkel 83-3 Jack McDonald 94-11 M70 William Smith 126-0 Ward Jones MD 102-11 Robert Deeds 69-7 Chuck Boyles 62-5 M75 Jerry Proffer 83-10 Willis Webb 73-0 C R Pfeifer 66-8 M80 Charles Pistorino 75-5 Fred Pflum 60-11 Robert Trais 48-6 M85 Edward Hill 71-6 M90 J Cassidy 49-4 Robert Stewart Frank Kirsch, Jr 40-1 W70 Audrey Lary 064-7 Doris Oliver 45-4
1.30 5.24 17.61 4.47 NTA NTA NTA NTA NTA NTA NTA NTA NTA NTA	Alvars Baumanis Carl Vassel, Jr 107-4 M55 Nick Nichols 125-2 Robert Beach 120-8 William Gainey MD 117-4 M60 J Bookin-Weiner MD 122-4 Richard Klehm 115-6 Johnnie Parlow 91-0 Marvin Potter 86-5 M65 James Kenney MD 108-2 Doug Hinkel 83-3 Jack McDonald 94-11 M70 William Smith 126-0 Ward Jones MD 102-11 Robert Deeds 69-7 Chuck Boyles 62-5 M75 Jerry Proffer 83-10 Willis Webb 73-0 C R Pfeifer 66-8 M80 Charles Pistorino Fred Pflum 60-11 Robert Trais 48-6 M85 Edward Hill 71-6 M90 J Cassidy 49-4 Robert Stewart 48-2 Frank Kirsch, Jr 40-1 W65 Maryellen Woolard W70 Audrey Lary Doris Oliver 45-4 Dana Porterfield
1.30 5.24 17.61 4.47 NTA NTA NTA NTA NTA NTA NTA NTA NTA NTA	Alvars Baumanis Carl Vassel, Jr 107-4 M55 Nick Nichols 125-2 Robert Beach 120-8 William Gainey MD 117-4 M60 J Bookin-Weiner MD 122-4 Richard Klehm 115-6 Johnnie Parlow 91-0 Marvin Potter 86-5 M65 James Kenney MD 108-2 Doug Hinkel 83-3 Jack McDonald 94-11 M70 William Smith 126-0 Ward Jones MD 102-11 Robert Deeds 69-7 Chuck Boyles 62-5 M75 Jerry Proffer 83-10 Willis Webb 73-0 C R Pfeifer 66-8 M80 Charles Pistorino 75-5 Fred Pflum 60-11 Robert Trais 48-6 M85 Edward Hill 71-6 M90 J Cassidy 49-4 Robert Stewart 48-2 Frank Kirsch, Jr 40-1 W65 Maryellen Woolard W70 Audrey Lary 64-7 Doris Oliver 45-4 Dana Porterfield 30-4 W75 Sheila Gildea 40-4 Norma Cornelius 36-7
1.30 5.24 17.61 4.47 NTA NTA NTA NTA NTA NTA NTA NTA NTA NTA	Alvars Baumanis Carl Vassel, Jr 107-4 M55 Nick Nichols 125-2 Robert Beach 120-8 William Gainey MD 117-4 M60 J Bookin-Weiner MD 122-4 Richard Klehm 115-6 Johnnie Parlow 91-0 Marvin Potter 86-5 M65 James Kenney MD 108-2 Doug Hinkel 83-3 Jack McDonald 94-11 M70 William Smith 126-0 Ward Jones MD 102-11 Robert Deeds 69-7 Chuck Boyles 62-5 M75 Jerry Proffer 83-10 Willis Webb 73-0 C R Pteifer 66-8 M80 Charles Pistorino 75-5 Fred Pflum 60-11 Robert Trais 48-6 M85 Edward Hill 71-6 M90 J Cassidy 49-4 Robert Stewart Frank Kirsch, Jr 40-1 W70 Audrey Lary Doris Oliver 45-4 Dana Porterfield 30-4 W75 Shella Gildea 40-4 Norma Cornelius 36-7 W80 Sallie Grogan 20-1
1.30 5.24 17.61 4.47 NTA NTA NTA NTA NTA NTA NTA NTA NTA NTA	Alvars Baumanis Carl Vassel, Jr 107-4 M55 Nick Nichols 125-2 Robert Beach 120-8 William Gainey MD 117-4 M60 J Bookin-Weiner MD 122-4 Richard Klehm 115-6 Johnnie Parlow 91-0 Marvin Potter 86-5 M65 James Kenney MD 108-2 Doug Hinkel 83-3 Jack McDonald 94-11 M70 William Smith 126-0 Ward Jones MD 102-11 Robert Deeds 69-7 Chuck Boyles 62-5 M75 Jerry Proffer 83-10 Willis Webb 73-0 C R Pfeifer 66-8 M80 Charles Pistorino Fred Pflum 60-11 Robert Trais 48-6 M85 Edward Hill 71-6 M90 J Cassidy 49-4 Robert Stewart 48-2 Frank Kirsch, Jr 40-1 W65 Maryellen Woolard W70 Audrey Lary Doris Oliver 45-4 Dana Porterfield 30-4 W75 Sheila Gildea 40-4 Norma Cornelius 36-7 W80 Sallie Grogan 20-1 Javelin
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1.30 5.24 17.61 4.47 NTA NTA NTA NTA NTA NTA NTA NTA NTA NTA	Alvars Baumanis Carl Vassel, Jr 107-4 M55 Nick Nichols 125-2 Robert Beach 120-8 William Gainey MD 117-4 M60 J Bookin-Weiner MD 122-4 Richard Klehm 115-6 Johnnie Parlow 91-0 Marvin Potter 86-5 M65 James Kenney MD 108-2 Doug Hinkel 83-3 Jack McDonald 94-11 M70 William Smith 126-0 Ward Jones MD 102-11 Robert Deeds 69-7 Chuck Boyles 62-5 M75 Jerry Proffer 83-10 Willis Webb 73-0 C R Pfeifer 66-8 M80 Charles Pistorino 75-5 Fred Pflum 60-11 Robert Trais 48-6 M85 Edward Hill 71-6 M90 J Cassidy 49-4 Robert Stewart 48-2 Frank Kirsch, Jr 40-1 W65 Maryellen Woolard W70 Audrey Lary Doris Oliver Dana Porterfield 30-4 W75 Shella Gildea 40-4 Norma Cornelius 36-7 W80 Sallie Grogan 20-1 Javelin M50 Toby Robillard 109-0 Keith Mathis MD 108-0
1.30 5.24 17.61 4.47 NTA NTA NTA NTA NTA NTA NTA NTA NTA NTA	Alvars Baumanis Carl Vassel, Jr 107-4 M55 Nick Nichols 125-2 Robert Beach 120-8 William Gainey MD 117-4 M60 J Bookin-Weiner MD 122-4 Richard Klehm 115-6 Johnnie Parlow 91-0 Marvin Potter 86-5 M65 James Kenney MD 108-2 Doug Hinkel 83-3 Jack McDonald 94-11 M70 William Smith 126-0 Ward Jones MD 102-11 Robert Deeds 69-7 Chuck Boyles 62-5 M75 Jerry Proffer 83-10 Willis Webb 73-0 C R Pfeifer 66-8 M80 Charles Pistorino 75-5 Fred Pflum 60-11 Robert Trais 48-6 M85 Edward Hill 71-6 M90 J Cassidy 49-4 Robert Stewart 48-2 Frank Kirsch, Jr 40-1 W65 Maryellen Woolard 33-7 W70 Audrey Lary 64-7 Doris Oliver 45-4 Dana Porterfield 30-4 W75 Sheila Gildea 40-4 Norma Cornelius 36-7 W80 Sallie Grogan 20-1 Javellin M50 Toby Robillard 109-0 Gary Wensel 90-0 Muraij Nakazawa 84-0
1.30 5.24 17.61 4.47 NTA NTA NTA NTA NTA NTA NTA NTA NTA NTA	Alvars Baumanis Carl Vassel, Jr 107-4 M55 Nick Nichols 125-2 Robert Beach 120-8 William Gainey MD 117-4 M60 J Bookin-Weiner MD 122-4 Richard Klehm 115-6 Johnnie Parlow 91-0 Marvin Potter 86-5 M65 James Kenney MD 108-2 Doug Hinkel 83-3 Jack McDonald 94-11 M70 William Smith 126-0 Ward Jones MD 102-11 Robert Deeds 69-7 Chuck Boyles 62-5 M75 Jerry Proffer 83-10 Willis Webb 73-0 C R Pfeifer 66-8 M80 Charles Pistorino 75-5 Fred Pflum 60-11 Robert Trais 48-6 M85 Edward Hill 71-6 M90 J Cassidy 49-4 Robert Stewart 48-2 Frank Kirsch, Jr 40-1 W65 Maryellen Woolard 33-7 W70 Audrey Lary 64-7 Doris Oliver 45-4 Dana Porterfield 30-4 W75 Sheila Gildea 40-4 Norma Cornelius 36-7 W80 Sallie Grogan 20-1 Javellin M50 Toby Robillard 109-0 Keith Mathis MD 108-0 Gary Wensel 90-0 Muraji Nakazawa 84-0 M55 John Butterbaugh PA 106-0
1.30 5.24 7.61 4.47 NTA NTA NTA NTA NTA NTA NTA NTA NTA NTA	Alvars Baumanis Carl Vassel, Jr 107-4 M55 Nick Nichols 125-2 Robert Beach 120-8 William Gainey MD 117-4 M60 J Bookin-Weiner MD 122-4 Richard Klehm 115-6 Johnnie Parlow 91-0 Marvin Potter 86-5 M65 James Kenney MD 108-2 Doug Hinkel 83-3 Jack McDonald 94-11 M70 William Smith 126-0 Ward Jones MD 102-11 Robert Deeds 69-7 Chuck Boyles 62-5 M75 Jerry Proffer 83-10 Willis Webb 73-0 C R Pfeifer 66-8 M80 Charles Pistorino 75-5 Fred Pflum 60-11 Robert Trais 48-6 M85 Edward Hill 71-6 M90 J Cassidy 49-4 Robert Stewart 48-2 Frank Kirsch, Jr 40-1 W65 Maryellen Woolard W70 Audrey Lary Doris Oliver 45-4 Dana Porterfield 30-4 W75 Sheila Gildea 40-4 Norma Cornelius 36-7 W80 Sallie Grogan 20-1 Javelin M50 Toby Robillard 109-0 Keith Mathis MD 108-0 Gary Wensel 90-0 Muraji Nakazawa 84-0 M55 John Butterbaugh PA 106-0 Douglas Hastings 93-0
1.30 5.24 17.61 4.47 NTA NTA NTA NTA NTA NTA NTA NTA NTA NTA	Alvars Baumanis Carl Vassel, Jr 107-4 M55 Nick Nichols 125-2 Robert Beach 120-8 William Gainey MD 117-4 M60 J Bookin-Weiner MD 122-4 Richard Klehm 115-6 Johnnie Parlow 91-0 Marvin Potter 86-5 M65 James Kenney MD 108-2 Doug Hinkel 83-3 Jack McDonald 94-11 M70 William Smith 126-0 Ward Jones MD 102-11 Robert Deeds 69-7 Chuck Boyles 62-5 M75 Jerry Proffer 83-10 Willis Webb 73-0 C R Pfeifer 66-8 M80 Charles Pistorino 75-5 Fred Pflum 60-11 Robert Trais 48-6 M85 Edward Hill 71-6 M90 J Cassidy 49-4 Robert Stewart 48-2 Frank Kirsch, Jr 40-1 W65 Maryellen Woolard 33-7 W70 Audrey Lary 64-7 Doris Oliver 45-4 Dana Porterfield 30-4 W75 Sheila Gildea 40-4 Norma Cornelius 36-7 W80 Sallie Grogan 20-1 Javellin M50 Toby Robillard 109-0 Keith Mathis MD 108-0 Gary Wensel 90-0 Muraji Nakazawa 84-0 M55 John Butterbaugh PA 106-0

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M60 Richard Klehm 113-0	M75 Larry Fleischman 17.58 200m	M35 Henry Kupczyk 24.88m M40 Scott Manas 16.31m	M65 Louis Vodopya 29.50 Bob Sutherlan 25.47	Championships Clermont; June 10	M80 John Anoka 6.42
Rhomas Fisher 111-0 J Bookin-Weiner MD 108-0	W30 Le'titia Silas 26.03	M55 William Dimitrouleas 30.68m	M75 Gordon Seifert 24.70		W55 Susan Hill 6.14 Discus
Emanuel Wilkind 82-0	W50 Bonnie Holzman 34.88 M30 Terrell Gary 24.41	M65 John Hands 27.95m M70 Rudolph Houg 39.43m	M45 James Brown 40.76	M35 Michael Chiles 11.93	M35 Michael Bennett 49.98
M65 James Kenney MD 137-0	M35 Larry Gardne 23.58	M75 Larry Fleischman 21.60m	Larry Schrader 37.17	M40 Don Fields 11.23	M55 Robert Jacobsohn 29.06 Kenneth Edwards 21.26
Doug Hinkel 108-0 Anthony Slupek 91-0	M40 Scott Manas 28.74 M45 Harold Pierce 26.02	Javelin W55 Elizabeth Edwards 10.15m	Byan Stewart 31.65 M50 Frank Broadus 43.29	Orlando Matthing 11.53 Daren Welborn 12.46	M60 Larry Pratt 50.50
Richard Rinaldo 55-0	M50 Roger Grippo 27.69	W65 Loyda Jimenez 8.82m	Steve Angstadt 22.26	M45 Bernard Scott 12.57	Lloyd Long 36.77 William Barfield 20.94
M70 Tony Besase 98-0	M55 Bobby Terrell 27.44 M60 Joe Johnston 29.06	M30 Robert Fellman 11.94m M35 Henry Kupczyk 24.65m	M55 Paul Shea 9.48 Will Shipley 8.78	Julius Shuler 12.65 Norman McPherson 12.86	M70 James Oglesby 38.29
Robert Deeds 83-0 Chuck Boyles 48-0	M65 Lionel Bonck 29.68	M40 Scott Manas 15.50m	Javelin	M50 Ira Stern 14.31	M75 Richard Lowery 33.40 Bob Voege 20.55
M75 C R Pfeifer 54-0	M70 Benjamin Jimenez 43.73 M75 Robert Fine 41.18	M55 William O'Connell 22.67m M60 Robert Norton 24.78m	M45 Joe Bowker 46.96 M50 Phil Campbell 39.47	M55 Bobby Terrell 12.87 Eric Hill 14.27	W50 Karen Sapp 21.33
M80 Charles Pistorino, Sr 77-0	400m	M65 Harold Tessier 31.22m	Bill Murray 36.19	Lewis Rutland 15.17	W55 Susan Hill 17.06 Hammer
Robert Krais 43-0 M85 Edward Hill 57-0	W30 Le titia Silas 59.31 W40 Kirsten Baggett 1:18.21	M70 James Ogelsby 29.52m M75 Larry Fleischman 19.84m	Steve Angstadt 35.63 M55 Allen Garner 36.85	M60 Wayne Hansen 12.92 William Benford 13.95	M75 Bob Voege 18.40
M90 Robert Stewart 43-0	W55 Susan Hill 1:39.35	A TOTAL STATE OF THE PARTY OF T	Will Shipley 7.92	Lewis Hoffman 16.99	W50 Karen Sapp 19.80 Javelin
1500m RW	M30 Carlos Cuadras 1:01.01	Birmingham TC Classic	M65 Larry Heine 26.69 Bob Sutherlan 20.11	M65 Michael Boudreaux 13.66 M70 Norman Ellis 14.26	M40 Gary Fulton 35.68
M55 Tom Gerhardt 8:36.64 Brent Marsden WA 8:48.33	M40 Alonzo Ponder 55.28 M45 Charles Williams 1:00.90	Hoover, AL; June 10	M75 Gordon Seifert 22.26	M75 Bob Voege 23.52	M45 Jesus Vinelln 45.46
M60 Dave Bertagnoli 9:48.62	M50 Norman McPherson59.47	55m	Decathlon M50 Bill Murray 4353	M80 John Anoka 19.12 W30 Valma Bass 11.63	M50 Mariano Avila 27.24 M55 Martin Menkin 45.52
Patrick Molnar 11:20.42	M55 Roosevelt Owens 1:11.92 M65 Lionel Bonck 1:05.84	M55 Allen Garner 8.48 Will Shipley 12.89	M75 Gordon Seifert 1349	200m	M60 Lewis Hoffman 22.85
M65 Richard Kole 9:44.05 Roger Webb 9:53.07	M70 Joe Shanahan 1:29.40	M65 Golden Bertram 7.10	Charlotte Prep Meet	M40 Don Fields 23.38 Orlondo Matthing 23.55	M65 Tom Harasti 39.58 M70 Ray Wright 24.95
Bobby Gregory 11:58.71	800m W40 Kirsten Baggett 3:09.75	M30 Carlos Matthews 11.10	UNC-Charlotte, NC	M45 Julius Shuler 26.06	M75 Richard Lowery 25.24
M70 George KimbertyNC 10:38.60	W45 Elaine Rancatore 2:42.48	M40 Landon Jones 11.85	June 10	Bobby Desantis 26.31 Bernard Scott 27.17	5000m RW M65 Peter Bayer 33:27.33
Robert Deeds NTA M75 Paul Madden 10:58.53	W50 Rosa Pinto-Rogers 2:52.21 W55 Susan Hill 3:52.29	M50 William Hall 12.74 Bill Murray 12.94	M35 Chuck Brown 12.20	M55 Eric Hill 31.12	Winston Crandall 36:12.83
David Thomas 18:39.47	M30 Carlos Cuadras 2:30.18	Phil Campbell 13.24	M45 Bart Collins 12.92	M60 Wayne Hansen 27.88	M70 Robert Fine 35:34.77 W50 Sandy DeNoon 32:32:30
W50 Carolyn Ware 11:18.33	M45 Charles Williams 2:28.09	Tom Krebs 14.66 M55 Andrew Gipson 12.49	M50 Wayne Fisher 13.10 M60 Thad Morris 12.30	M65 Michael Boudreaux 28.83 M80 John anoka 45.56	W60 Sandra Hults 34:46.04
Karen Decker 12:35.14 Constance Williams 13:08.59	M50 Rick Akam 2:28.26	Allen Garner 14.72	M65 Chet Terry 17.14	W30 Valma Bass 23.86	North Committee Or 1
W60 Arlien Steiner NTA	M55 Eugene Truchelut 2:55.36 M65 Miro Mitusina 4:18.33	Will Shipley 23.08 M60 Golden Bertram 13.74	W30 Kisha Rawlinson 14.83	W55 Susan Hill 40.65	North Carolina State Games, Cary, N.C.
W65 Tanya Bohlke 11:29.11	M70 Joe Shanahan 3:59.65	M65 Bob Sutherlan 15.94	W40 Barbara Turkdamar 13.70 200m	M45 Jeff Noel 58.19	June 11
W70 Rita Windish 11:47.45	M75 Martin Quinn 5:23.34 1500m	Larry Heine 16.13	M35 Chuck Brown 24.71	Julius Shuler 59.53	100m 1 502 don 111
W75 Mary Simpson 12:49.40	W30 Maite Moscoso 5:28.69	Roger Chassay 19.09 M85 Tom Kennell 17.52	M45 Bart Collins 26.02 M50 Wayne Fisher 26.68	Morman McPherson 1:01.09 M50 Trevor King 1:01.51	M30 Chris Coleman 12.11 Jason Reutter 12.47
W80 Mary Boska 12:57.42 Barbara Gladd 13:50.53	W40 Kirsten Baggett 6:27.27	200m	M55 Jeff Jenkins 39.11	M65 Joe Shanahan 1:18.14	M35 Eric Crichlow 11.61
5K Road Race	W45 Elaine Rancatore 5:45.67 W50 Rosa Pinto-Rogers 5:56.72	M40 Landon Jones 25.48 M50 James Davis 26.92	M60 Robert Koontz 26.48 W30 Kisha Rawlinson 30.64	M80 John Anoka 1:44.61 W55 Susan Hill 1:33.06	Eric Johnson 11.96
M50 Roy Blakeburn 22:44	M35 Aldo Virano 4:40.47	William Hall 27.14	W35 Kris Kazebee 28.74	800m	Marddy Humphrey 12.70 M40 Terry Passione 12.67
John Gresock 22:56 M55 Tom Gerhardt 24:05	M45 Brian Gallagher 5:12.29 M50 Rick Akam 5:09.29	M60 Golden Bertram 29.66	W40 Barbara Turkdamar 27.90	M45 Bobby Desantis 2:11.95	M50 Michael Memoli 3 13.33 L Boaw
M60 James Coleman 23:22	M65 Miro Mitusina 8:50.78	400m M50 James Davis 1:02.30	W70 Anne Yudel 43.77 400m	Brian Gallagher 2:34.96 M50 Hobson Fulmer 2:26.95	Richard Bailey 14.84 ut and Bill Close 14.86
Gary Uitto 24:47	M75 Martin Quinn 8:18.89	Tom Krebs 1:11.28	M40 Robert Cousar 1:01.78	M55 Kurt Stelzner 2:45.07	M55 Jeff Jenkins 14.22
Butch Proctor 25:56	3000m W30 Maite Moscoso 11:32.70	M55 Andrew Gipson 1:03.30 Will Shipley 1:52.09	M50 Ken Bender 1:04.14	M60 John Shenk 3:01.21 M65 Joe Shanahan 4:31.65	M60 Joel Liles 14.50
M70 Armand Zambardi 25:34 Roger Barron 29:11	W40 Kirsten Baggett 12:55.75	M65 Cleveland Payne 1:10.80	M55 J B Tillery 1:08.11 W30 Susan Smith 1:08.68	M70 Herman Lofton 3:14.58	Clarence Moore 16.11 W. Kelly Smith, Jr. 16.27
Edward Rucka 37:23	W45 Carol Postigo 11:44.89 M35 Aldo Virano 10:08.30	Roger Chassay 1:34.77	W35 Kris Kazebee 1:05.90	W55 Susan Hill 3:47.14	M65 John Machaffie 18.50
M75 Paul Madden 30:41	M75 Martin Quinn 14:51.59	M55 Will Shipley 4:35.94	W40 Barbara Turkdamar 1:04.58	M45 Brian Gallagher 5:08.09	M70 Charles Durham, Jr. 20.57 W50 B. J. Mickel-Close 20.32
M80 Harry Carlson 31:28 Roy Englert 34:03	1500m Racewalk W50 Sandra DeMoon 8:57.35	M65 Roger Chassey 13:33.32	M40 Robert Cousar 2:19.55	M50 Hobson Fulmer 5:06.62	W60 Louise Guardino 17.99
W55 Barbara Mathewson 22:47	M30 Juan Moscoso 8:35.91	1500m M50 Norman Dodson 5:07.44	M45 Alan Sigmon 2:31.02 M50 Patrick Casey 2:17.61	M55 Kurt Stelzner 5:52.38 M60 John Shenk 6:35.80	M30 Jason Reutter 24.67
Linda Wells 23:30	M65 Miro Mitusina 11:22.35 M75 Robert Fine 9:30.42	Tom Krebs 6:03.91	M55 Jay Smith 2:36.90	5000m	Chris Coleman 30.76
Betty Bowden 32:32	3000m Racewalk	M55 Will Shipley 11:25.00 M60 Charles Thompson 5:55.40	1500m M55 Karl Fields 4:59.30	M40 David Taurasi 22:49.78 M45 Steve Renard 28:28.49	M35 Eric Crichlow 23.41
W75 Elizabeth Glassco 40:50 W90 Alison Ward 31.14	W50 Sandra DeMoon 18:46.83	3000m	M55 Karl Fields 4:59.30 W30 Susan Smith 5:34.74	Robert Carver 32,54.04	M40 Terrry Passione 24.96 24.96
10K Road Race	M30 Juan Moscoso 17:26.97 M65 Miro Mitusina 21:56.04	M55 Will Shipley 34:20.51 Short Hurdles	Short Hurdles	M50 Lynn Robinson 31:42.52	Jack Unruh 29.17 just soils
M50 Roy Blakeburn 49:59	M75 Robert Fine 19:41.49	M50 Bill Murray 15.29	M50 Gregg Swindlehurst 17.77 M55 Steve Doerter 18.58	M60 James Carmines 29:22.81 W30 Maite Moscoso 20:39.74	M45 Eddie Stone 25.51
John Gresock 50:01 M55 Dennis Bane 44:58	80m Hurdles M75 Larry Fleischman 19.26	M65 Larry Heine 23.75 High Jump	Long Hurdles	W40 Patricia Taurasi 25:57.91	Richard Bailey 29.56
Elery Hudson 46:07	100m Hurdles	M50 Bill Murray 5-6	M30 Sam Cousar 1:06.58 M50 Gregg Swindlehurst 1:09.24	Short Hurdles M50 James Broun 15.73	Henry Baldwin 30.63 M55 Jeff Jenkins 29.22
Richard Ruozzi 52:40	M55 James Broun 16.61 M60 Joe Johnston 18.78	M65 Bob Sutherlin 1.27	High Jump	M55 Eric Hill 19.15	Frank Reilly 31.08
M60 James Coleman 50:29	High Jump	Larry Heine 1.27 M75 Gordon Seifert 1.16	M30 Billy Martin 4-10	M60 Robert Norton 20.44 Lloyd Long 24.34	M60 Kelly Smith, Jr. 34.97 Clarence Moore 49.62
M65 William Marriott 1:03:14 Herb Levitan 1:05:45	W55 Susan Hill 0.92m	W50 Eleanor Gipson 5-4	M55 Terry Martin 4-6 Pole Vault	Long Hurdles	W40 Regina Richardson 28.47
M70 Armand Zambardi 57:11	M30 Robert Fellman 1.67m M50 George McNeill 1.47m	Pole Vault M50 Bill Murray 3.81	M50 Tim Rhyne 10-6	M30 Torrence Zeller 50.84	400m
W55 Barbara Mathewson 50:20	M55 Larry Anderson 1.27m	Tom Krebs 2.89	Long Jump M30 Billy Martin 5.37	M45 A J Thomas 1:09.52 M60 Robert Norton 58.69	M30 Jason Reutter 53.42 Lonnie Floyd 55.82
W70 Shirley Wampler 1:02:42 W75 Elizabeth Glassco 1:39:51	M60 Joe Johnston 1.50m M70 Rudolph Houg 1.22m	Larry Wells 2.59 M55 Allen Garner 2.74	M50 Wayne Fisher 5.41	High Jump	Davis Taylor 58.59
5000m RW	M75 Richard Lowery 1.37m	M65 Roger Chassay 2.13	M55 Terry Martin 4.55 W30 Ilana Primus 4.23	M40 Carlous Gillis 1.60 M50 Lynn Robinson 1.35	M35 Chris Sarsony 57.73 M40 Bernard Gant 65.23
M50 Tony Hackney NC 28:41	Pole Vault M30 Robert Fellman 10-00.00	Bob Sutherlan 1.98	W35 Debbie Bethany 4.35	Bill Anderson 1.35	M45 Eddie Stone 56.29
M55 Tom Gerhardt 29:10 Brent Marsden 30:27	M40 Alonzo Ponder 11-00.00	Long Jump	Triple Jump M30 Randolpho Sims 12.44	M55 Eric Hill 1.20 M60 Lloyd Long 1.30	M50 Robert Freeman 1:02.08 Henry Baldwin 1:09.60
James Ward 35:24	M45 Thad Brady 13-06.00 M60 Joe Johnston 11-00.00	M30 Carlos Matthews 6.33 M50 Bill Murray 5.32	Shot Put	M75 Richard Lowery 1.42	Richard Bailey 1:12.59
M60 Dave Bertagnoli 34:24	Long Jump	William Hall 4.44	M30 Mike De Marte 11.72 M35 John Wilkerson 11.77	W55 Susan Hill 1.00 Pole Vault	M60 Joel Liles 1:12.22
M65 Steve Durrant 33:42	M30 Oscar Robinson 6.83m M35 Henry Kupczyk 3.98m	Tom Krebs 4.00	M50 Wayne Fisher 11.15	M30 Christian Tamming 5.40	Clarence Moore 1:38.85 W40 Regina Richardson 1:13.52
Richard Kole 34:31 Roger Webb 34:43	M40 Alonzo Ponder 5.79m	M55 Will Shipley 1.65 M65 Larry Heine 3.73	M55 Dan Linker 11.28 M65 Tom Steed 13.65	M45 Tom Wilson 3.35 M50 Gary Hunter 4.55	W60Louise Guardino 1:43.40
M70 Allyn Evans 34:05	M50 Roger Grippo 4.95m M55 Bobby Terrell 5.33m	M85 Tom Kennell 3.09	M70 Bill Gramley 11.15	M60 Lloyd Long 2.60	800m M30 Leon Bullard 2:03.92
George Kimberly 35:48	M60 Robert Norton 4.10m	Shot Put M45 Byan Stewart 12.43	M75 Larry Horine 11.57	W40 Karen Rieger 2.90	Lonnie Floyd 2:06.11
W70 Rita Windish 41:25 W75 Mary Simpson 43:41	M65 Raymond Leibowitz 3.96m	James Brown 11.65	M30 Mike De Marte 43.71	Long Jump M40 Daren Welborn 5.82	Jeff Najarian 2:06.80 M35 John Singer 2:53.57
W80 Barbara Gladd 48:15	M70 Benjamin Jimenez 2.99m Triple Jump	M50 Bill Murray 12.49 Jed Jackson 11.60	M35 John Wilkerson 32.65	Carlous Gillis 4.90	M40 Jack Unruh 2:19.69
	W35 Tasha Downing 10.95m	Allen Upton 10.53	M50 George Otte 36.30 M55 Dan Linker 34.91	M45 Peter Houba 5.55 M50 Bill Anderson 4.43	Michael Hamm 2:23.45
Florida State Games Tropical Park, Miami	M30 Richard Curry 14.17m M50 Joseph DeMartini NTA	Frank Broadus 10.42 Phil Campbell 9.19	M65 Mike Valle 40.92	M55 Bobby Terrell 5.54	M50 Henry Baldwin 2:43.52
June	M55 Bobby Terrell 11.16m	M55 James Accardi 10.90	M70 Bill Gramley 38.00 M75 Larry Horrine 32.67	Roger Crockett 4.79 Eric Hill 4.08	Thomas Ratledge 4:01.81
Charles of the second property and	M65 Raymond Leibowitz 7.94m Shot Put	Will Shipley 6.25	W30 Bethany Martin 16.53	M60 Robert Norton 4.28	M60 Ed Daw 2:46.02 Tom Lada 2:57.78
W30 Le Titia Silas 12.85	W55 Susan Hill 6.57m	M65 Louis Vodopya 9.01 M75 Gordon Seifert 9.15	Hammer	Lloyd Long 3.92	George Cliette 3:23.14
W35 Tasha Downing 12.77	W65 Loyda Jimenez 4.93m	Edmund Wians 8.76	M55 Lemuel Clayton 31.48 M65 Mike Valle 37.61	Ray Wright 2.96	W40 Mary Szymkowski 2:54.63 Lisa Howell 3:29.51
W50 Bonnie Holzman 16.54	M30 Robert Fellman 11.94m M35 Henry Kupczyk 9.64m	Discus M45 Byan Stewart 36.51	M70 Tim Twomey 41.21	M75 Bob Voege 2.44	1500m
W55 Joan Truchelut 20.07 W65 Joann Sampson 18.68	M40 Scott Manas 6.32m	Larry Schrader 25.01	Javelin M30 Billy Martin 23.04	M80 John Anoka 2.70 Triple Jump	M30 Davis Taylor 5:40.64
M30 Oscar Robinson 11.86	M50 Watkins Fessal 9.05m M55 David Grossman 11.55m	M50 Bill Murray 39.77	M40 Todd Haire 26.07	M45 Jesus Vinelln 8.05	M35 John Singer 5:58.74 M40 Michael Hamm 5:15.73
M40 Michael Love 13.91 M45 Craig Davis 12.86	M60 Eric Hill 8.85m	Phil Campbell 33.94 Allen Upton 32.49	M45 Kevin Nutt 42.80 M50 Ray Mushinski 51.06	M55 Bobby Terrell 10.52	M45 Edwin Fager 5:07.73
M50 Norman McPherson 12.94	M65 John Hands 10.08m	Jed Jackson 31.33	M55 Terry Martin 33.10	Shot Put	M50 Henry Baldwin 5:51.01
M55 Roosevelt Owens 14.59	M70 Rudolph Houg 13.22m M75 Larry Fleischman 7.82m	Frank Broadus 27.90 M55 James Accardi 30.89	M60 Charles MacDonald 23.28	M35 Michael Bennett 12.95	M60 Ed Daw 6:07.93
M60 Eric Hill 14.80 M65 Raymond Liebowitz 14.77	Discus	Allen Garner 26.61	M75 Larry Horrine 32.70 W30 Bethany Martin 17.80	M55 David Grossman 11:30 M60 William Barfield 9:60	M70 Larry Fincher 10:27.19
	W55 Susan Hill 15.37m	Will Shipley 12.07	17.00	Lloyd Long 9.21	W45 Katherine Fincher 10:06.53

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3000m
M35 John Singer
M40 Michael Hamm
M50 George Howe
M50 Tom Lada
George Antonelli
M50 Tom Hackney
Joe Holbrook
M50 Tom Hackney
Joe Holbrook
M60 George Antonelli
M70 Ole Holsti
Bill Kelley
W50 B.J. Mickel-Close
M60 Hurdles
M60 George Antonelli
M50 Holsti
Bill Kelley
M50 B.J. Mickel-Close
M60 Hurdles
M60 Hurdl M45 Michael Jones
High Jump
M35 Andrew Gatt
Eric Johnson
M40 S. Venkatarama
M50 Thomas Ratledge
M55 John Baylies
M60 George Cliette
George Antonelli
M65 Mike Valle
M70 Bill Gramley M70 Bill Gramley Charles Durham, Jr. W30 Kimberly Baker W40 Jayne Treadwell Long Jump M30 Chris Coleman DeNeal McNair Ramesh Chellamani M35 Chris Sarsony M40 Clifton Huff M50 Michael Memoli Bill Close Thomas Ratledge M55 John Baylies M60 George Cliette M65 Mike Valle M70 Charles Durham, Jr. W50 B.J. Mickel-Close Triple Jump
M30 Chris Coleman
DeNeal McNair Davis Taylor M35 Eric Johnson M40 Clifton Huff M40 Cilmon Huri M50 Michael Memoli Bill Close M55 John Baylies M70 Charles Durham, Jr. W40 Regina Richardson W50 B.J. Mickel-Close Pole Vault M35 Stewart McNaull Todd Erbst M55 Grady Whitsit Shot Put Shot Put
M45 Andre Minor
M50 Harry Janetzko
Jose Guijarro
Lyle Hogan
M55 Frank Reilly
M60 Tom Steed
Malocim Resse Malcolm Reese Gordon Herbert M70 Bill Gramley Bill Cox Discus M35 Chris Sarsony M40 Tim Walters Richard Simpson Richard Simpso M45 Andre Minor M50 Harry Janetzko Bob Nichols M55 Frank Reilly M60 Tom Steed

MIDWEST

Lake Erie Assn. US Championships, May Village, OH; June

Malcolm Reese Gordon Herbert M65 Mike Valle M70 Bill Gramley

100m M55 Don Ragon M60 John Biacofsky M65 Barry Kline M85 John Means W50 Terri Liscynesky W60 Angela Biacofsky 200m M50 Roman Liscynesky M55 Jeff Gerson M60 John Biacofsky M65 John Sloan M85 John Means 400m M50 Charles Wasson

M50 Roman Liscynesky

M55 Jeff Gerson M60 John Biacofsky

M65 John Sloan

400m

M85 John Means

M50 Charles Wasson

30.6 37.3 31.8

33.1 36.6

57.6

June 8-11

50m M50 Mike Hale M55 Phil Ramsey

M60 Les Lane M65 Davis Eidahl

M70 Don Zimmer

28 55 32.68

31.99

36.49 44.68 42.02

51.05

Leonard Sokoloski M65 Thomas Joaquin Mike Mills Richard McKisson

M70 Raymond Graves Ray Franks Carroll Marty

Tom Tomkins

M80 David Rocha M85 Ed Carter

W50 Vik Sacia

3000m	The second secon	THE RESIDENCE OF THE PARTY OF T						
3000111	M55 Jeff Gerson	1:23.9	M75 Daniel Teran	9.03	M80 Howard Dewell	67-3	Pole Vault	
M35 John Singer 12:4 M40 Michael Hamm 11:3			M80 Melvin Larsen	7.84	M90 Adolph Peschke	36-11	M55 Michael Moser	6-0
M50 George Howe 11.3		per 2:20.4	M90 Adolph Peschke W55 Neva Weisskopf	17.78	W50 Cynthia Schenk	29-7	Long Jump M35 Jason Hirdler	145
M60 Tom Lada 13:4		6:04.9	M65 Marion Krueger	8.41 10.31	W55 Barb Tiedemann W65 Marion Krueger	60-3 60-6	M45 Kerry Baubie	14-5
George Antonelli 17:2	61 5000m		M70 Carolyn Dodd	11.25	W70 Kay Allen	37-5		11-5.50
W45 Katherine Fincher 20:2 3000m Racewalk		17:36.9		16.28	W75 Betty Kruidenier	43-0		14-3.50
M50 Tom Hackney 17:3	94 M60 Woody Cod	dinaton 1:15 (M50 Frank Hale	12.62	W80 Winifred Canady 1500m RW	18-10	M65 George LaBelle W40 J Jackson-Matthe	11-4
Joe Holbrook 21:5	03 M65 Barry Kline			13.07	M50 Paul Hanson	12:01.74	Triple Jump	M2 12-1
M60 George Antonelli 20:0			M60 Ronald Beasley	14.13	M55 Robert Shires	8:24.59		26-5.50
Doug Hammer 25:1 M70 Ole Holsti 20:5				13.43	M60 Gary O'Daniels	8:55.93	M55 Michael Moser	21-8
Bill Kelley 22:5				15.68 14.81	M65 Dick Payne M70 Franklin Brown	11:04.00 9:19.15	M60 Carl Etter	25-8
V50 B.J. Mickel-Close 27:4		12 1.00	M80 Melvin Larsen	15.13	M75 Frank Bollinger	13:16.00	M65 George LaBelle Shot Put	21-4
30m Hurdles (30")	M50 John Bohar		W55 Meva Weosslp[f	16/97	W55 Faith Rulapaugh	10:54.30	M40 Jeff Koppenhaver	41-2.50
W40 Regina Richardson 1:					W60 Normimah Benedic		M45 Dave Grant	28-5
M30 Leon Bullard 5	.84 M65 Barry Kline M70 Chuck Wied			20.22 23.62	W70 Carolyh Dodd W75 Frances Young	13:23.00	M55 James Rosamilia	
Chris Coleman 1:1:		dinari 5-c	W75 Frances Young	28.72	W80 Jean McClaran	16:00.00	M65 George LaBelle 3 M70 Gene Lohman	31-8.50
M45 Michael Jones 1:0		ozy 10-0	200m		5000m RW	12,11.00		20-3.50
ligh Jump	M50 Pat Ragon	10-0		27.38	M55 Robert Shires	30:40	W40 J Jackson-Matthews	21-9.50
	85 M55 Don Ragon 55 M65 John Sloan			27.88 27.75	M60 Gary O'Daniels	31:17	Discus	100 5
	30 M70 Chuck Wied			29.62	M65 Dick Payne M70 Franklin Brown	39:13 34:24	M40 Robert Parker M45 Paul Zabee	123-5 115-7
	25 Triple Jump		M70 Ray Graves	32.50	M75 Ralph Scott	41:51	M55 James Rosamilia	101-5
	M60 Woody Cod			31.37	M80 Leroy Reistroffer	41:33	M65 George LaBelle	90-9
	25 M70 Chuck Wied 90 Shot Put	dman 17-5		33.50	W55 Faith Rulapaugh	36:51	M70 Gene Lohman	83-1
	25 M70 Chuck Wied	dman 9.52	W50 Kay Glynn W55 Neva Weisskopf	30.00 37.17	W65 Yashi Israni W80 Jean McClaren	48:15 42:01	M75 Dean Olcott	75-10
	10 M75 Rudy Brede			42.72	5K Road Race	42.01	W40 Kirsten Dierking Javelin	77-0
Charles Durham, Jr. (90 W70 Zina Gelgot			1:00.93	M50 Greg Madison	21:25	M40 Jeff Koppenhaver	131-0
	50 Discus		W75 Frances Young	1:18.42	M55 John Baretllo	19:21	M45 Dave Grant	101-7
	20 M55 Don Ragon			4.04 10	M60 Gary Patton	20:26	M55 James Rosamilia	135-0
ong Jump 130 Chris Coleman 6	M65 John Sloan M75 Rudy Brede			1:01.46	M65 Mike Bender M75 Gene Harding	20:32	M60 Carl Etter	98-6
	57 W70 Zina Gelgot			1:06.18	W50 Susan Duoblys	26:14	M65 George LaBelle M70 Perry Brown	83-07 84-10
Ramesh Chellamani			M65 Thomas Ciesielsk		W55 Roberta Blakema		W40 Rebekah Jorgensen	
	43 M55 Don Ragon		M70 Tom Novak	1:25.25	W70 Rita Ashmead	26:23	MacAttack 5K	general.
	M65 John Sloan			1:31.00	10K Road Race		M30 Tom O'Hara	18:21
	00 M75 Rudy Brede 06 3000m Racewal		W50 Betty mcKenzie W55 Neva Weisskopf	1:33.46	M55 Joe Keefer	47:14	M35 Scott Held	19:39
	M65 James Lag		W60 Helen James	1:36.72	M60 Dharmvir Bhatna M65 Larry Reed	61:33	M45 Gary Dutton M50 Jeff Erickson	20:07
	45 W55 Joyce Proh		W65 Betty Hoff	1:35.25	moo Early Hood	01.00	M55 Dennis Schreiber	24:02
	50	Marie of the Con-	W70 Rita Ashmead	1:40.94	Star of the North	Games	M60 John Brown	21:17
	45 USATF-W		800m	0.00.47	Rochester, M		M65 Joe Valdivia	25:14
M70 Charles Durham, Jr. W50 B.J. Mickel-Close	46		M50 David Miller M55 John Bartello	2:29.47 2:31.06	June 17-18		M70 Jerry Reynolds W30 Julie Nelson	31:18 17:48
Triple Jump	Waukesha	; June 18	M60 Frank Davis	2:34.66	100m	40.54	W35 Charron McLeod	23:44
	.76 100m		M65 Mike Bender	2:42.24	M30 Bryan Weiss M35 Garrick Beale	12.51	W40 Deb Krause	22:41
	.07 M40 Kevin Filis	11.81	M70 Tom Novak	3:28.25	M40 John Patterson	12.34	W45 Mary Haen	23:55
	.87 M45 Shawn Shu			3:33.55	M45 Kerry Baubie	13.69	W50 Kit Hawkins	26:07 25:24
	OF MISO MICHAEL DE		MICO Holon James	3:56.31	M50 Jim Schoffman	13.15	W55 Susan Powers	25.24
M50 Michael Memoli 1	27 M70 Paul Lehmk		MICE D-W. LI-#	4:03.72	M55 Russ Anteronen	15.17	City of Greeley/Ro	ocky
	71 W40 Lisa Brube		W70 Rita Ashmead	3:51.34	M60 Paul Montgomen M65 George LaBelle	16.00	Mountain Senior G	
M55 John Baylies M70 Charles Durham, Jr.	15 W55 Patty Lunch			5:09.33	M75 John Bursema	18.79	Greeley, CO; June	21-15
		les 28.45	M55 John Bartello		W25 Napov Hirdler	17.62		
				5:10.60	W35 Nancy Hirdler	17.62	50m	
	1/ 200m	25.23	M60 Frank Davis	5:10.60 5:14.12	W40 J Jackson-Matthe		50m M55 Robert Stewart	
Pole Vault	.01 200m M40 Kevin Ellis M45 Michael Sno	25.23 owden 28.06	M60 Frank Davis M65 Mike Bender	5:14.12 5:35.10	W40 J Jackson-Matthe 200m	ws 14.37	50m M55 Robert Stewart M60 John Bourn	8.02 7.71
Pole Vault M35 Stewart McNaull	200m M40 Kevin Ellis M45 Michael Sno M50 Michael Ber	owden 28.06 rndt 29.07	M60 Frank Davis M65 Mike Bender M70 Tom Novak	5:14.12 5:35.10 7:19.41	W40 J Jackson-Matther 200m M30 Peter Haack M35 Jason Hirdler	25.12 30.41	M55 Robert Stewart M60 John Bourn Joseph Torre	8.02 7.71 8.49
Pole Vault 135 Stewart McNaull Todd Erbst	200m M40 Kevin Ellis M45 Michael Sno M50 Michael Ber M55 Marvin Ripp	owden 28.06 rndt 29.07 0 34.50	M60 Frank Davis M65 Mike Bender M70 Tom Novak M75 Gene Harding	5:14.12 5:35.10 7:19.41 7:24.00	W40 J Jackson-Matther 200m M30 Peter Haack M35 Jason Hirdler M40 John Patterson	25.12 30.41 24.63	M55 Robert Stewart M60 John Bourn Joseph Torre M65 John Clymer	8.02 7.71 8.49 9.34
ole Vault 135 Stewart McNaull Todd Erbst 155 Grady Whitsit hot Put	200m M40 Kevin Ellis M45 Michael Sne M50 Michael Bel M55 Marvin Ripp M70 Clarence Tr W40 Jacktyn Mis	owden 28.06 rndt 29.07 0 34.50 rinkner 42.68	M60 Frank Davis M65 Mike Bender M70 Tom Novak M75 Gene Harding W50 Susan Duoblys W55 Mindy Kralicek	5:14.12 5:35.10 7:19.41 7:24.00 7:18.37 8:13.00	W40 J Jackson-Matther 200m M30 Peter Haack M35 Jason Hirdler M40 John Patterson M45 Dave Grant	25.12 30.41 24.63 30.64	M55 Robert Stewart M60 John Bourn Joseph Torre M65 John Clymer M70 Madonna McCollun	8.02 7.71 8.49 9.34 n 12.17
tole Vault 135 Stewart McNaull Todd Erbst 155 Grady Whitsit Shot Put 145 Andre Minor	200m M40 Kevin Ellis M45 Michael Sni M50 Michael Bei M55 Marvin Ripr M70 Clarence Tr W40 Jacklyn Mis W85 Carol Peebl	owden 28.06 rndt 29.07 o 34.50 rinkner 42.68 ster 31.63	M60 Frank Davis M65 Mike Bender M70 Tom Novak M75 Gene Harding W50 Susan Duoblys W55 Mindy Kralicek W60 Helen James	5:14.12 5:35.10 7:19.41 7:24.00 7:18.37 8:13.00 8:08.00	W40 J Jackson-Matther 200m M30 Peter Haack M35 Jason Hirdler M40 John Patterson	25.12 30.41 24.63	M55 Robert Stewart M60 John Bourn Joseph Torre M65 John Clymer	8.02 7.71 8.49 9.34
Pole Vault 135 Stewart McNaull Todd Erbst 155 Grady Whitsit Shot Put 145 Andre Minor 11 150 Harry Janetzko 11	97 M40 Kevin Ellis M45 Michael Sni M50 Michael Bei M55 Marvin Ripp M70 Clarence Tr W40 Jacklyn Mis W85 Carol Peebl 400m	owden 28.06 rndt 29.07 o 34.50 rinkner 42.68 ster 31.63 les 1:00.31	M60 Frank Davis M65 Mike Bender M70 Tom Novak M75 Gene Harding W50 Susan Duoblys W55 Mindy Kralicek W60 Helen James W65 Betty Hoff	5:14.12 5:35.10 7:19.41 7:24.00 7:18.37 8:13.00 8:08.00 8:19.00	W40 J Jackson-Matther 200m M30 Peter Haack M35 Jason Hirdler M40 John Patterson M45 Dave Grant M50 Jim Schoffman M55 Jim Sheehan M60 Paul Montgomen	25.12 30.41 24.63 30.64 25.86 29.50 31.11	M55 Robert Stewart M60 John Bourn Joseph Torre M65 John Clymer M70 Madonna McCollun M80 William Greene M85 Harry Leifheit Gus Gendler	8.02 7.71 8.49 9.34 12.17 14.71 10.17 14.96
role Vault 135 Stewart McNaull Todd Erbst 155 Grady Whitsit ihot Put 145 Andre Minor 11 150 Harry Janetzko 1: Jose Guijarro 1	200m M40 Kevin Ellis M45 Michael Sn M50 Michael Bei M55 Marvin Ripp M70 Clarence Tr W40 Jacklyn Mis W85 Carol Peebl M05 M35 Howard Her	owden 28.06 rndt 29.07 34.50 rinkner 42.68 ster 31.63 les 1:00.31	M60 Frank Davis M65 Mike Bender M70 Tom Novak M75 Gene Harding W50 Susan Duoblys W55 Mindy Kralicek W60 Helen James W65 Betty Hoff W70 Rita Ashmead	5:14.12 5:35.10 7:19.41 7:24.00 7:18.37 8:13.00 8:08.00	W40 J Jackson-Matther 200m M30 Peter Haack M35 Jason Hirdler M40 John Patterson M45 Dave Grant M50 Jim Schoffman M55 Jim Sheehan M60 Paul Montgomen M65 George LaBelle	25.12 30.41 24.63 30.64 25.86 29.50 31.11 33.90	M55 Robert Stewart M60 John Bourn Joseph Torre M65 John Clymer M70 Madonna McCollun M80 William Greene M85 Harry Leifheit Gus Gendler M90 Lee Murata	8.02 7.71 8.49 9.34 12.17 14.71 10.17 14.96 24.99
Pole Vault 135 Stewart McNaull Todd Erbst 155 Grady Whitsit 150 Harry Janetzko Jose Guijarro Lyle Hogan	200m M40 Kevin Ellis M45 Michael Sn. M50 Michael Bel M55 Marvin Ripp M70 Clarence Tr W40 Jacklyn Mis W85 Carol Peebl 400m M35 Howard Her M99 M45 Eric Parker	owden 28.06 rndt 29.07 34.50 rinkner 42.68 ster 31.63 les 1:00.31 man IL 55.91 54.87	M60 Frank Davis M65 Mike Bender M70 Tom Novak M75 Gene Harding W50 Susan Duoblys W55 Mindy Kralicek W60 Helen James W65 Betty Hoff W70 Rita Ashmead High Jump	5:14.12 5:35.10 7:19.41 7:24.00 7:18.37 8:13.00 8:08.00 8:19.00	W40 J Jackson-Matther 200m M30 Peter Haack M35 Jason Hirdler M40 John Patterson M45 Dave Grant M50 Jim Schoffman M55 Jim Sheehan M60 Paul Montgomen M65 George LaBelle M75 John Bursema	25.12 30.41 24.63 30.64 25.86 29.50 7 31.11 33.90 42.01	M55 Robert Stewart M60 John Bourn Joseph Torre M65 John Clymer M70 Madonna McCollun M80 William Greene M85 Harry Leifheit Gus Gendler M90 Lee Murata W65 Barbara Joaquim	8.02 7.71 8.49 9.34 12.17 14.71 10.17 14.96 24.99 11.02
Pole Vault A35 Stewart McNaull Todd Erbst A55 Grady Whitsit Shot Put A45 Andre Minor Jose Guijarro Lyle Hogan A55 Frank Reilly 1060 Tom Steed	17 200m M40 Kevin Ellis M45 Michael Snr M50 Michael Ber M55 Marvin Ripp M70 Clarence Tr W40 Jacklyn Mis W85 Carol Peebl M40 M95 Morard Her M50 Michael Ber M55 Marvin Ripp M55 Marvin Ripp M55 Marvin Ripp M50 M55 Marvin Ripp	owden 28.06 mdt 29.07 34.50 oinkner 42.68 ster 31.63 les 1:00.31 man IL 55.91 54.87 mdt 1:02.83	M60 Frank Davis M65 Mike Bender M70 Tom Novak M75 Gene Harding W50 Susan Duoblys W55 Mindy Kralicek W60 Helen James W65 Betty Hoff W70 Rita Ashmead High Jump M50 John Barron M55 Ron Iverson	5:14.12 5:35.10 7:19.41 7:24.00 7:18.37 8:13.00 8:08.00 8:19.00 7:22.00	W40 J Jackson-Matther 200m M30 Peter Haack M35 Jason Hirdler M40 John Patterson M45 Dave Grant M50 Jim Schoffman M55 Jim Sheehan M60 Paul Montgomen M65 George LaBelle M75 John Bursema W40 J Jackson-Matther	25.12 30.41 24.63 30.64 25.86 29.50 7 31.11 33.90 42.01	M55 Robert Stewart M60 John Bourn Joseph Torre M65 John Clymer M70 Madonna McCollun M80 William Greene M85 Harry Leiftheit Gus Gendler M90 Lee Murata W65 Barbara Joaquim W70 Madonna McCollun	8.02 7.71 8.49 9.34 12.17 14.71 10.17 14.96 24.99 11.02
Pole Vault 435 Stewart McNaull Todd Erbst 455 Grady Whitsit Shot Put 445 Andre Minor 150 Harry Janetzko 150 Gegan 455 Frank Reilly 160 Tom Steed Malcolm Reese 11	200m M40 Kevin Ellis M45 Michael Sni M50 Michael Bei M55 Marvin Ripp M70 Clarence Tr W40 Jacklyn Mis W85 Carol Peebl M05 Moward Her M50 Michael Bei M55 Marvin Ripp M55 Marvin Ripp M58 M70 Bill Baxter	owden 28.06 mdt 29.07 o 34.50 inkner 42.68 iter 31.63 les 1:00.31 man IL 55.91 mdt 1:02.83 o 1:31.57	M60 Frank Davis M65 Mike Bender M70 Tom Novak M75 Gene Harding W50 Susan Duoblys W55 Mindy Kralicek W60 Helen James W65 Betty Hoff W70 Rita Ashmead High Jump M50 John Barron M55 Ron Iverson M60 Ed Dieleman	5:14.12 5:35.10 7:19.41 7:24.00 7:18.37 8:13.00 8:08.00 8:19.00 7:22.00 5-2 4-6 4-0	W40 J Jackson-Matther 200m M30 Peter Haack M35 Jason Hirdler M40 John Patterson M45 Dave Grant M50 Jim Schoffman M55 Jim Sheehan M60 Paul Montgomen M65 George LaBelle M75 John Bursema W40 J Jackson-Matther 400m	25.12 30.41 24.63 30.64 25.64 29.50 31.11 33.90 42.01 ws 31.31	M55 Robert Stewart M60 John Bourn Joseph Torre M65 John Clymer M70 Madonna McCollun M80 William Greene M85 Harry Leifheit Gus Gendler M90 Lee Murata W65 Barbara Joaquim	8.02 7.71 8.49 9.34 12.17 14.71 10.17 14.96 24.99 11.02
Pole Vault M35 Stewart McNaull Todd Erbst M55 Grady Whitsit Shot Put M45 Andre Minor M50 Harry Janetzko Jose Guijarro Lyle Hogan M55 Frank Reilly M60 Tom Steed Malcolm Reese Gordon Herbert	200m M40 Kevin Ellis M45 Michael Sn M50 Michael Bel M55 Marvin Ripp M70 Clarence Tr W40 Jacklyn Mis W85 Carol Peebl 400m M35 Howard Her M55 Marvin Ripp M45 Eric Parker M50 Michael Bel M55 Marvin Ripp M55 Patry Lynch	owden 28.06 mdt 29.07 o 34.50 rinkner 31.63 les 1:00.31 man IL 55.87 mdt 1:02.83 o 1:13.30 1:28.73	M60 Frank Davis M65 Mike Bender M70 Tom Novak M75 Gene Harding W50 Susan Duoblys W55 Mindy Kralicek W60 Helen James W65 Betty Hoff W70 Rita Ashmead High Jump M50 John Barron M55 Ron Iverson M60 Ed Dieleman M65 Davis Eidahl	5:14.12 5:35.10 7:19.41 7:24.00 7:18.37 8:13.00 8:08.00 8:19.00 7:22.00 5-2 4-6 4-0 4-2	W40 J Jackson-Matther 200m M30 Peter Haack M35 Jason Hirdler M40 John Patterson M45 Dave Grant M50 Jim Schoffman M55 Jim Sheehan M60 Paul Montgomen M65 George LaBelle M75 John Bursema W40 J Jackson-Matther 400m M30 Peter Haack M45 Dave Grant	25.12 30.41 24.63 30.64 25.86 29.50 7 31.11 33.90 42.01 ws 31.31 53.60 1:06.26	M55 Robert Stewart M60 John Bourn Joseph Torre M65 John Clymer M70 Madonna McCollun M80 William Greene M85 Harry Leiftheit Gus Gendler M90 Lee Murata W65 Barbara Joaquim W70 Madonna McCollun 100m M50 William Sherm Will Malizia	8.02 7.71 8.49 9.34 12.17 14.71 10.17 14.96 24.99 11.02 12.17
Pole Vault M35 Stewart McNaull Todd Erbst M55 Grady Whitsit Shot Put M45 Andre Minor M50 Harry Janetzko Jose Guijarro Lyle Hogan M55 Frank Reilly M60 Tom Steed Malcolm Reese Gordon Herbert M70 Bill Gramley 10	200m M40 Kevin Ellis M45 Michael Sn M55 Marvin Ripp M70 Clarence Tr W40 Jacklyn Mis W85 Carol Peebl 400m M35 Howard Her M45 Eric Parker M55 Michael Bei M55 Marvin Ripp M70 Bill Baxter W55 Patty Lynch W85 Carol Peebl	owden 28.06 mdt 29.07 o 34.50 rinkner 31.63 les 1:00.31 man IL 55.87 mdt 1:02.83 o 1:13.30 1:28.73	M60 Frank Davis M65 Mike Bender M70 Tom Novak M75 Gene Harding W50 Susan Duoblys W55 Mindy Kralicek W60 Helen James W65 Betty Hoff W70 Rita Ashmead HIgh Jump M50 John Barron M55 Ron Iverson M60 Ed Dieleman M65 Davis Eidahl M70 Richard Angove	5:14.12 5:35.10 7:19.41 7:24.00 7:18.37 8:13.00 8:08.00 8:19.00 7:22.00 5-2 4-6 4-0 4-2 3-10	W40 J Jackson-Matther 200m M30 Peter Haack M35 Jason Hirdler M40 John Patterson M45 Dave Grant M50 Jim Schoffman M55 Jim Sheehan M60 Paul Montgomen M65 George LaBelle M75 John Bursema W40 J Jackson-Matther 400m M30 Peter Haack M45 Dave Grant M50 Jim Schoffman	25.12 30.41 24.63 30.64 25.86 29.50 42.01 33.90 42.01 53.60 1.06.26 58.86	M55 Robert Stewart M60 John Bourn Joseph Torre M65 John Clymer M70 Madonna McCollun M80 William Greene M85 Harry Leifheit Gus Gendler M90 Lee Murata W65 Barbara Joaquim W70 Madonna McCollun 100m M50 William Sherm Will Malizia Jeff Baggs	8.02 7.71 8.49 9.34 12.17 14.71 10.17 14.96 24.99 11.02 12.17 12.74 13.14 15.05
Pole Vault M35 Stewart McNaull Todd Erbst M55 Grady Whitsit Shot Put M45 Andre Minor M50 Harry Janetzko Jose Guijarro Lyle Hogan M55 Frank Reilly M60 Tom Steed Malcolm Reese Gordon Herbert M70 Bill Gramley Bill Cox Discus	200m M40 Kevin Ellis M45 Michael Sn M50 Michael Bei M55 Marvin Ripp M70 Clarence Tr W40 Jacklyn Mis W85 Carol Peebl 400m M35 Howard Her M55 Michael Bei M55 Marvin Ripp M70 Bill Baxter M50 Michael Bei M55 Marvin Ripp M70 Bill Baxter M55 Patty Lynch W85 Carol Peebl M55 Staven Cas	owden 28.06 mdt 29.07 o 34.50 inkner 31.63 ites 1:00.31 man IL 55.91 54.87 mdt 1:02.87 ites 2:38.46	M60 Frank Davis M65 Mike Bender M70 Tom Novak M75 Gene Harding W50 Susan Duoblys W55 Mindy Kralicek W60 Helen James W65 Betty Hoff W70 Rita Ashmead High Jump M50 John Barron M55 Ron Iverson M60 Ed Dieleman M65 Davis Eidahl M70 Richard Angove M75 Frank Bollinger M80 Judson Kruidenier	5:14.12 5:35.10 7:19.41 7:24.00 7:18.37 8:13.00 8:08.00 8:19.00 7:22.00 5-2 4-6 4-0 4-2 3-10 3-8 3-8 3-6	W40 J Jackson-Matther 200m M30 Peter Haack M35 Jason Hirdler M40 John Patterson M45 Dave Grant M50 Jim Schoffman M55 Jim Sheehan M60 Paul Montgomen M65 George LaBelle M75 John Bursema W40 J Jackson-Matther 400m M30 Peter Haack M45 Dave Grant M50 Jim Schoffman M50 Pat O'Regan	25.12 30.41 24.63 30.64 25.86 29.50 42.01 33.90 42.01 ws 31.31 53.60 1:06.26 1:15.42	M55 Robert Stewart M60 John Bourn Joseph Torre M65 John Clymer M70 Madonna McCollun M80 William Greene M85 Harry Leifheit Gus Gendler M90 Lee Murata W65 Barbara Joaquim W70 Madonna McCollun 100m M50 William Sherm Will Malizia Jeff Baggs M55 Gene Iwen	8.02 7.71 8.49 9.34 12.17 14.71 10.17 14.96 24.99 11.02 12.17 12.74 13.14 15.05
Pole Vault M35 Stewart McNaull Todd Erbst M55 Grady Whitsit Shot Put M45 Andre Minor M50 Harry Janetzko Jose Guijarro Lyle Hogan M55 Frank Reilly M60 Tom Steed Malcolm Reese Gordon Herbert M70 Bill Gramley Bill Cox Discus M35 Chris Sarsony 2	200m M40 Kevin Ellis M45 Michael Snr M50 Michael Ber M55 Marvin Ripp M70 Clarence Tr W40 Jacktyn Mis W85 Carol Peebl M55 Michael Ber M56 Michael Ber M56 Michael Ber M57 Michael Ber M58 Michael Ber M59 Michael Ber M50 For Parker M50 Steven Cas M35 Steven Cas	owden 28.06 mdt 29.07 o 34.50 rinkner 31.63 les 1:00.31 man IL 55.87 mdt 1:02.83 o 1:31.57 1:28.73 les 2:38.46 ssar 2:27.87	M60 Frank Davis M65 Mike Bender M70 Tom Novak M75 Gene Harding W50 Susan Duoblys W55 Mindy Kralicek W60 Helen James W65 Betty Hoff W70 Rita Ashmead High Jump M50 John Barron M55 Ron Iverson M60 Ed Dieleman M65 Davis Eidahl M70 Richard Angove M75 Frank Bollinger M80 Judson Kruidenier W60 Normimah Benedi	5:14.12 5:35.10 7:19.41 7:24.00 7:18.37 8:13.00 8:08.00 8:19.00 7:22.00 5-2 4-6 4-0 4-2 3-10 3-8 3-6	W40 J Jackson-Matther 200m M30 Peter Haack M35 Jason Hirdler M40 John Patterson M45 Dave Grant M50 Jim Schoffman M55 Jim Sheehan M60 Paul Montgomen M65 George LaBelle M75 John Bursema W40 J Jackson-Matther 400m M30 Peter Haack M45 Dave Grant M50 Jim Schoffman M55 Pat O'Regan M60 Carl Etter	25.12 30.41 24.63 30.64 25.86 29.50 31.11 33.90 42.01 ws 31.31 53.60 1:06.26 58.86 1:15.42 1:09.63	M55 Robert Stewart M60 John Bourn Joseph Torre M65 John Clymer M70 Madonna McCollun M80 William Greene M85 Harry Leifheit Gus Gendler M90 Lee Murata W65 Barbara Joaquim W70 Madonna McCollun 100m M50 William Sherm Will Malizia Jeff Baggs M55 Gene Iwen Chuck Smead	8.02 7.71 8.49 9.34 1 12.17 14.71 10.17 14.99 11.02 12.17 12.74 13.14 15.05 14.24
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Pole Vault M35 Stewart McNaull Todd Erbst M55 Grady Whitsit Shot Put M45 Andre Minor 11 M50 Harry Janetzko 12 Jose Guijarro 12 Lyle Hogan M55 Frank Reilly 12 M60 Tom Steed 13 Malcolm Reese 14 Gordon Herbert M70 Bill Gramley 11 Bill Cox Discus M35 Chris Sarsony 22 M40 Tim Walters 2 Richard Simpson 11 M45 Andre Minor 33	200m M40 Kevin Ellis M45 Michael Snr M50 Michael Ber M55 Marvin Ripp M70 Clarence Tr W40 Jacklyn Mis W85 Carol Peebl M55 Marvin Ripp M70 Bill Baxter M50 Michael Ber M55 Patty Lynch W85 Carol Peebl M55 Patty Lynch W85 Carol Peebl M55 Greg Siever M70 Bill Baxter M55 Greg Siever M70 Bill Baxter M55 Greg Siever M70 Bill Baxter	owden 28.06 mdt 29.07 o 34.50 rinkner 31.63 les 1:00.31 man IL 55.87 mdt 1:02.83 o 1:31.57 1:28.73 les 2:38.46 saar 2:27.87 2:12.60 rs 2:39.52 3:58.03	M60 Frank Davis M65 Mike Bender M70 Tom Novak M75 Gene Harding W50 Susan Duoblys W55 Mindy Kralicek W60 Helen James W65 Betty Hoff W70 Rita Ashmead High Jump M50 John Barron M55 Ron Iverson M60 Ed Dieleman M65 Davis Eidahl M70 Richard Angove M75 Frank Bollinger M80 Judson Kruidenier W60 Normimah Benedi Long Jump M50 Mike Hale M55 Ron Iverson	5:14.12 5:35.10 7:19.41 7:24.00 7:18.37 8:13.00 8:08.00 8:19.00 7:22.00 5-2 4-6 4-0 4-2 3-10 3-8 3-6 ct 3-4	W40 J Jackson-Matther 200m M30 Peter Haack M35 Jason Hirdler M40 John Patterson M45 Dave Grant M50 Jim Schoffman M55 Jim Sheehan M60 Paul Montgomen M65 George LaBelle M75 John Bursema W40 J Jackson-Matther 400m M30 Peter Haack M45 Dave Grant M50 Jim Schoffman M55 Pat O'Regan M60 Carl Etter M65 George LaBelle W35 LaRee Etter 800m M40 David Pomfret	25.12 30.41 24.63 30.64 25.86 29.50 42.01 33.90 42.01 53.60 1:06.26 58.86 1:15.42 1:09.63 1:33.51 1:29.03	M55 Robert Stewart M60 John Bourn Joseph Torre M65 John Clymer M70 Madonna McCollun M80 William Greene M85 Harry Leiftheit Gus Gendler M90 Lee Murata W65 Barbara Joaquim W70 Madonna McCollun 100m M50 William Sherm Will Malizia Jeff Baggs M55 Gene Iwen Chuck Smead Robert Kuznik M60 Paul Whitehead Leonard Sokoloski Charles Hohnstein	8.02 7.71 8.49 9.34 12.17 14.71 10.17 14.96 24.99 12.17 12.74 13.14 15.05 14.24 15.18 14.27 14.19 15.88 14.27 14.95
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Pole Vault A35 Stewart McNaull Todd Erbst A55 Grady Whitsit Shot Put A45 Andre Minor Lyle Hogan A55 Frank Reilly A60 Tom Steed A60 Tom Steed Bor Nichols A35 Chris Sarsony A40 Tim Walters Bill Cox Bis Chris Sarsony A50 Harry Janetzko Bob Nichols Bob Nichols A55 Frank Reilly A60 Tom Steed A60 Tom Steed A60 Tom Steed A60 The Steed A65 Mike Valle A70 Bill Gramley A65 Mike Valle A70 Bill Gramley A71 Bill Gramley A71 Bill Gramley A72 Bill Gramley A73 Bill Gramley A73 Bill Gramley A74 Bill Gramley A77 Bill A77 Bill Gramley A77 Bill A77 Bill A77 Bill A77 Bill A77 Bill	200m M40 Kevin Ellis M45 Michael Snr M45 Michael Snr M50 Michael Ber M55 Marvin Ripp M70 Clarence Tr W40 Jacktyn Mis W85 Carol Peebl M55 Marvin Ripp M56 Michael Ber M57 Michael Ber M58 Howard Her M59 Michael Ber M59 Michael Ber M50 For Parker M55 Patty Lynch W85 Carol Peebl M64 M55 Greg Sieve M70 Bill Baxter W55 Patty Lynch M55 Greg Sieve M70 Bill Baxter W55 Patty Lynch M55 Greg Sieve M70 Bill Baxter W55 Patty Luncy 1500m M35 Steven Cas M45 Tony Rodle. M55 Greg Sieve M55 Greg Sieve M55 Greg Sieve M70 Michael Ber M50 Mark Madu M70 Alfred Du B W50 Lynn Tracy W75 Katherine N Short Hurdles	owden 28.06 mdt 29.07 o 34.50 inkner 31.63 les 1:00.31 man IL 55.487 mdt 1:02.83 o 1:31.57 1:28.73 les 2:38.46 saar 2:27.87 2:12.60 rs 2:39.52 3:58.03 d 3:21.61 saar 4:25.09 z 4:31.15 rs 5:25.54 rs 19:03.85 ca 19:38.17 ols 34:15.95 28:34.02 farrs 37:03.55	M60 Frank Davis M65 Mike Bender M70 Tom Novak M75 Gene Harding W50 Susan Duoblys W55 Mindy Kralicek W60 Helen Jarnes W65 Betty Hoff W70 Rita Ashmead HIgh Jump M50 John Barron M55 Ron Iverson M60 Ed Dieleman M65 Davis Eidahl M70 Richard Angove M75 Frank Bollinger M80 Judson Kruidenier W60 Normimah Benedi Long Jump M50 Mike Hale M55 Ron Iverson M60 Ed Dieleman M65 Rich Hoidahl M70 Don Zimmer M75 Daniel Teran W50 Betty McKenzie W50 Normimah Benedi W55 Neva Weisskopf W60 Normimah Benedi W65 Marion Krueger W70 Rita Ashmead W75 Frances Young Shot Put	5:14.12 5:35.10 7:19.41 7:24.00 7:18.37 8:13.00 8:08.00 8:19.00 7:22.00 5-2 4-6 4-0 4-2 3-10 3-8 3-6 ct 3-4 15-6 13-6 9-11.75 11-8.50 10-7.25 8-17.75 12-1 9-4 ct 10-9 7-7.50 8-7 3-9.50	W40 J Jackson-Matther 200m M30 Peter Haack M35 Jason Hirdler M40 John Patterson M45 Dave Grant M50 Jim Schoffman M55 Jim Sheehan M60 Paul Montgomen M65 George LaBelle M75 John Bursema W40 J Jackson-Matther 400m M30 Peter Haack M45 Dave Grant M50 Jim Schoffman M55 Pat O'Regan M60 Carl Etter M65 George LaBelle W35 LaRee Etter 800m M40 David Pomfret M45 Dave Grant M55 Jim Sheehan M60 James Michaux M75 Dean Olcott W35 Nancy Hirdler 1500m M40 Gerry Werven M40 James Michaux	25.12 30.41 24.63 30.64 25.86 29.50 42.01 31.31 53.60 1:06.26 1:15.42 1:09.63 1:33.51 1:29.03 2:12.37 2:35.10 2:36.31 3:25.69 4:16.17 3:07.86 4:51.93 5:37.00 5:03.65 7:09.24 7:09.95	M55 Robert Stewart M60 John Bourn Joseph Torre M65 John Clymer M70 Madonna McCollun M80 William Greene M85 Harry Leifheit Gus Gendler M90 Lee Murata W65 Barbara Joaquim W70 Madonna McCollun 100m M50 William Sherm Will Malizia Jeff Baggs M55 Gene Iwen Chuck Smead Robert Kuznik M60 Paul Whitehead Leonard Sokoloski Charles Hohnstein M65 Thomas Joaquin Mike Mills Richard McKisson M70 Raymond Graves Ray Franks Carroll Marty M75 George Walbye Jerry Donley Bob King M80 David Rocha M80 Ed Carter	8.02 7.71 8.49 9.34 12.17 14.71 10.17 14.96 24.99 11.02 12.17 12.74 13.14 15.05 14.24 15.18 14.27 14.49 17.05 13.64 16.21 17.24 14.64 17.04 16.58 16.84 19.55 18.61
AS Stewart McNaull Todd Erbst MS5 Grady Whitsit Shot Put MS5 Ardre Minor MS5 Harry Janetzko Jose Guijarro Lyle Hogan MS5 Frank Reilly MS5 Frank Reilly MS6 Tom Steed Malcolm Reese Gordon Herbert MS7 Bill Gramley MS6 Chris Sarsony MS6 Chris Sarsony MS7 Andre Minor MS8 Andre Minor MS8 Andre Minor MS9 Harry Janetzko MS6 Harry Janetzko MS7 Harry Janetzko MS8 Gordon Herbert MS8 Mise Valle MS7 Bill Gramley MS7 Bill Gramley MS8 MIN Stalle MS9 MIN STAL	200m M40 Kevin Ellis M45 Michael Sn M50 Michael Bei M55 Marvin Ripp M70 Clarence Tr W40 Jacklyn Mis W85 Carol Peebl 400m M35 Howard Her M50 Michael Bei M55 Marvin Ripp M64 M55 Marvin Ripp M70 Bill Baxter W55 Patty Lynch W85 Carol Peebl M70 Mishael Bei M55 Marvin Ripp M70 Bill Baxter W55 Patty Lynch W85 Carol Peebl M50 Michael Bei M55 Marvin Ripp M70 Bill Baxter W55 Patty Lynch W85 Carol Peebl M55 Greg Sievei M70 Bill Baxter W55 Patty Luncy M55 Greg Sievei M70 Bill Baxter W55 Patty Luncy M55 Greg Sievei M50 Mark Madu. M55 Greg Sievei M50 Mark Madu. M55 Craig Bixter M50 Mark Madu. M50 Marvin Ripp M70 Lizender M50 Marvin Ripp M70 Lizender M50 Marvin Ripp M70 Michael Bei M50 Marvin Ripp M70 Michael Bei M50 Marvin Ripp M50 Marvin Ripp M70 Lizender M50 Marvin Ripp M70 Lizender M50 Marvin Ripp M70 Lizender M50 Marvin Ripp M70 Michael Bei M50 Marvin Ripp M70 Michael Bei M50 Marvin Ripp M70 Bill Baxter W55 Patty Lynch M55 Greg Sievei M50 Greg Sievei M50 Marvin Ripp M70 Bill Baxter W55 Patty Lynch M64 Carol Peebl M65 Marvin Ripp M70 Bill Baxter W55 Patty Lynch	owden 28.06 molt 29.07 o 34.50 clinkner 31.63 les 1:00.31 man IL 55.87 molt 1:02.83 o 1:13.30 o 1:31.57 i 1:28.73 les 2:38.46 clisar 2:27.87 clisar 2:27.87 clisar 4:25.09 clisar 4:25.09 clisar 4:25.09 clisar 4:25.09 clisar 4:25.09 clisar 4:25.09 clisar 4:31.15 clisar 4:25.09 clisar 4:31.15 clisar 4:25.09 clisar 4:31.15 clisar 4:31.15 clisar 4:31.15 clisar 4:31.35	M60 Frank Davis M65 Mike Bender M70 Tom Novak M75 Gene Harding W50 Susan Duoblys W55 Mindy Kralicek W60 Helen Jarnes W65 Betty Hoff W70 Rita Ashmead HIgh Jump M50 John Barron M55 Ron Iverson M60 Ed Dieleman M65 Davis Eidahl M70 Richard Angove M75 Frank Bollinger M80 Judson Kruidenier W60 Normimah Benedi Long Jump M50 Mike Hale M55 Ron Iverson M60 Ed Dieleman M65 Rich Hoidahl M70 Don Zimmer M75 Daniel Teran W50 Betty McKenzie W55 Neva Weisskopf W60 Normimah Benedi W65 Marion Krueger W70 Rita Ashmead W75 Frances Young Shot Put M50 Wayne Renner M50 Jim Kelly	5:14.12 5:35.10 7:19.41 7:24.00 7:18.37 8:13.00 8:19.00 7:22.00 5-2 4-6 4-0 4-2 3-10 3-8 3-6 ct 3-4 15-6 13-6 9-11.75 11-8.50 10-7.25 8-1.75 11-8.50 10-7.25 8-1.75 8-1.75 8-1.75 8-1.75 8-1.75 8-1.75 8-1.75 8-1.75 8-1.75 8-1.75 8-1.75 8-1.75 8-1.75 8-1.75 8-1.75 8-1.75 8-1.75 8-1.75 8-1.75 8-1.75 8-1.75 8-1.75 8-1.75 8-1.75 8-1.75 8-1.75 8-1.75 8-1.75 8-1.75 8-1.75 8-1.75 8-1.75 8-1.75 8-1.75 8-1.75 8-1.75 8-1.75 8-1.75 8-1.75 8-1.75 8-1.75 8-1.75 8-1.75 8-1.75 8-1.75 8-1.75 8-1.75 8-1.75 8-1.75 8-1.75 8-1.75 8-1.75 8-1.75 8-1.75 8-1.75 8-1.75 8-1.75 8-1.75 8-1.75 8-1.75 8-1.75 8-1.75 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Nancy Hirdler M50 James Michaux M75 Dean Olcott W35 Nancy Hirdler M50 James Michaux M75 Dave Grant M60 James Michaux M75 Dean Olcott W35 Nancy Hirdler M50 James Michaux M75 Dean Olcott W35 Nancy Hirdler M50 James Michaux M75 Dean Olcott W35 Nancy Hirdler M50 James Michaux W35 LaRee Etter W40 Robin Paurus	25.12 30.41 24.63 30.64 25.86 29.50 42.01 31.31 53.60 1.06.26 58.86 1:15.42 1.09.03 2:12.37 2:35.10 2:36.31 3:27.235.10 2:36.31 3:27.235.10 2:36.31 3:37.86 4:51.93 5:37.00 5:03.65 7:09.24	M55 Robert Stewart M60 John Bourn Joseph Torre M65 John Clymer M70 Madonna McCollun M80 William Greene M85 Harry Leifheit Gus Gendler M90 Lee Murata W65 Barbara Joaquim W70 Madonna McCollun 100m M50 William Sherm Will Malizia Jeff Baggs M55 Gene Iwen Chuck Smead Robert Kuznik M60 Paul Whitehead Leonard Sokoloski Charles Hohnstein M65 Thomas Joaquin Mike Mills Richard McKisson M70 Raymond Graves Ray Franks Carroll Marty M75 George Walbye Jerry Donley Bob King M80 David Rocha M85 Ed Carter Tom Tomkins	8.02 7.71 8.49 9.34 12.17 14.71 10.17 14.96 24.99 11.02 12.17 12.74 13.14 15.05 14.24 15.14 15.88 14.27 14.49 17.05 13.64 16.21 17.24 14.89 17.05 13.64 16.50 16.50 16.50 16.50 16.50 16.50 16.50 16.50 16.50 16.50 17.50 18.61 19.55 18.61 19.55 18.61 19.55 18.61 19.55
Pole Vault A35 Stewart McNaull Todd Erbst A55 Grady Whitsit Shot Put A45 Andre Minor A50 Harry Janetzko Jose Guijarro Lyle Hogan A55 Frank Reilly A60 Tom Steed Malcolm Reese Gordon Herbert A70 Bill Gramley Bill Cox A35 Chris Sarsony A40 Tim Walters Bill Cox A55 Frank Reilly A60 Tom Steed A65 Mice Valle Bob Nichols B	200m M40 Kevin Ellis M45 Michael Sn M50 Michael Bei M55 Marvin Ripp M70 Clarence Tr W40 Jacklyn Mis W85 Carol Peebl 400m M35 Howard Her M55 Marvin Ripp M70 Bill Baxter M50 Michael Bei M55 Marvin Ripp M70 Bill Baxter M55 Patty Lynch W85 Carol Peebl 800m M35 Steven Cas M55 Greg Sieve M70 Bill Baxter M55 Greg Sieve M70 Bill Baxter M55 Greg Sieve M70 Bill Baxter M55 Greg Sieve M50 Mark Madu. M70 Alfred Du B W50 Lynn Tracy W75 Katherine N Short Hurdles M45 Shawn Shu	owden 28.06 mdt 29.07 o 34.50 cinkner 31.63 les 1:00.31 man IL 55.91 mdt 1:02.83 o 1:13.30 1:31.57 les 2:38.46 sar 2:27.87 2:12.60 rs 2:39.52 3:58.03 3:21.61 sar 4:25.09 c 4:31.15 rs 5:25.54 rill 19:00.35 c 28:34.02 darrs 37:03.55 ord IL 15.21 rilla 20.33	M60 Frank Davis M65 Mike Bender M70 Tom Novak M75 Gene Harding W50 Susan Duoblys W55 Mindy Kralicek W60 Helen Jarnes W65 Betty Hoff W70 Rita Ashmead HIgh Jump M50 John Barron M55 Ron Iverson M60 Ed Dieleman M65 Davis Eidahl M70 Richard Angove M75 Frank Bollinger M80 Judson Kruidenier W60 Normimah Benedi Long Jump M50 Mike Hale M55 Ron Iverson M60 Ed Dieleman M65 Rich Hoidahl M70 Don Zimmer M75 Daniel Teran W50 Betty McKenzie W55 Neva Weisskopf W60 Normimah Benedi W65 Marion Krueger W70 Rita Ashmead W75 Frances Young Shot Put M50 Wayne Renner M55 Uwyne Renner M55 Uwyne Renner M55 Wayne Renner M55 Wayne Renner M55 Wayne Renner	5:14.12 5:35.10 7:19.41 7:24.00 7:18.37 8:13.00 8:08.00 8:19.00 7:22.00 5-2 4-6 4-0 4-2 3-10 3-8 3-6 ct 3-4 15-6 9-11.75 11-8.50 10-7.25 8-17.75 12-1 9-4 ct 10-9 7-7.50 8-7 3-9.50	W40 J Jackson-Matther 200m M30 Peter Haack M35 Jason Hirdler M40 John Patterson M45 Dave Grant M50 Jim Schoffman M55 Jim Sheehan M60 Paul Montgomen M65 George LaBelle M75 John Bursema W40 J Jackson-Matther 400m M30 Peter Haack M45 Dave Grant M50 Jim Schoffman M50 Feter Haack M45 Dave Grant M50 Jim Schoffman M55 Pat O'Regan M60 Carl Etter M65 George LaBelle W35 LaRee Etter 800m M40 David Pomfret M45 Dave Grant M55 Jim Sheehan M60 James Michaux M75 Dean Olcott W35 Nancy Hirdler 1500m M40 Gerry Werven M45 Dave Grant M45 Jim Sheehan M45 Jim Sheehan M40 James Michaux W35 LaRee Etter W40 Robin Paurus 3000m	25.12 30.41 24.63 30.64 25.86 29.50 42.01 31.31 53.60 1:06.26 58.86 1:15.42 1:09.63 1:33.51 1:29.03 2:12.37 2:35.10 2:36.31 3:07.86 4:51.93 5:37.00 5:09.24 7:09.95 6:17.87	M55 Robert Stewart M60 John Bourn Joseph Torre M65 John Clymer M70 Madonna McCollun M80 William Greene M85 Harry Leifheit Gus Gendler M90 Lee Murata W65 Barbara Joaquim W70 Madonna McCollun 100m M50 William Sherm Will Malizia Jeff Baggs M55 Gene Iwen Chuck Smead Robert Kuznik M60 Paul Whitehead Leonard Sokoloski Charles Hohnstein M65 Thomas Joaquin Mike Mills Richard McKisson M70 Raymond Graves Ray Franks Carroll Marty M75 George Walbye Jerry Donley Bob King M80 David Rocha M85 Ed Carter Tom Tomkins W50 Vik Sacia	8.02 7.71 8.49 9.34 12.17 14.71 10.17 14.96 24.99 12.17 12.74 13.14 15.05 14.24 15.88 14.27 14.49 17.05 13.64 16.50 16.58 16.50 16.58 16.84 19.55 18.61 23.27 15.27
Pole Vault ### ### ### ### ### ### ### ### ### #	200m M40 Kevin Ellis M45 Michael Sn M50 Michael Bei M55 Marvin Ripp M70 Clarence Tr W40 Jacklyn Mis W85 Carol Peebl 400m M35 Howard Her M55 Marvin Ripp M70 Bill Baxter M50 Michael Bei M55 Marvin Ripp M70 Bill Baxter M55 Patty Lynch W85 Carol Peebl 800m M35 Steven Cas M55 Greg Sieve M70 Bill Baxter M55 Greg Sieve M70 Bill Baxter M55 Greg Sieve M70 Bill Baxter M55 Greg Sieve M50 Mark Madu. M70 Alfred Du B W50 Lynn Tracy W75 Katherine N Short Hurdles M45 Shawn Shu	owden 28.06 mdt 29.07 o 34.50 cinkner 31.63 les 1:00.31 man IL 55.91 mdt 1:02.83 o 1:31.53 les 2:38.46 sar 2:27.87 2:12.60 rs 2:39.52 3:58.03 3:21.61 sar 4:25.09 z 4:31.15 rs 5:25.54 rilL 19:00.35 za 19:38.17 ols 34:15.95 28:34.02 farrs 37:03.55 ord IL 15.21 rilla 20.33	M60 Frank Davis M65 Mike Bender M70 Tom Novak M75 Gene Harding W50 Susan Duoblys W55 Mindy Kralicek W60 Helen Jarmes W65 Betty Hoff W70 Rita Ashmead High Jump M50 John Barron M60 Ed Dieleman M65 Davis Eidahl M70 Richard Angove M75 Frank Bollinger M80 Judson Kruidenier W60 Normimah Benedi Long Jump M50 Mike Hale M55 Ron Iverson M60 Ed Dieleman M65 Rich Holdahl M70 Don Zimmer M75 Daniel Teran W50 Betty McKenzie W55 Neva Weisskopf W60 Normimah Benedi W65 Marion Krueger W70 Rita Ashmead W75 Frances Young Shot Put M50 Wayne Renner M50 Wayne Renner M55 Jim Kelly M60 Virgil Paulsen	5:14.12 5:35.10 7:19.41 7:24.00 7:18.37 8:13.00 8:08.00 8:19.00 7:22.00 5-2 4-6 4-0 4-2 3-10 3-8 3-6 ct 3-4 15-6 13-6 9-11.75 12-1 9-4 ct 10-9 7-7.50 8-7 3-9.50 33-4 32-9 35-6.50 35-8.50	W40 J Jackson-Matther 200m M30 Peter Haack M35 Jason Hirdler M40 John Patterson M45 Dave Grant M50 Jim Schoffman M55 Jim Sheehan M60 Paul Montgomen M60 Paul Montgomen M60 Paul Montgomen M75 John Bursema W40 J Jackson-Matther M70 Jackson-Matther M70 Jim Schoffman M70 Peter Haack M45 Dave Grant M70 Jim Schoffman M55 Pat O'Regan M60 Carl Etter M65 George LaBelle W35 LaRee Etter M75 Dave Grant M45 David Pomfret M45 Dave Grant M55 Jim Sheehan M60 James Michaux M75 Dean Olcott W35 Nancy Hirdler 1500m M40 Gerry Werven M45 Jim Sheehan M60 James Michaux W35 LaRee Etter W40 Robin Paurus 3000m M45 Dave Grant	25.12 30.41 24.63 30.64 25.86 29.50 42.01 31.31 53.60 1:06.26 58.86 1:15.42 1:09.63 1:33.51 1:29.03 2:12.37 2:36.31 3:25.10 2:36.31 3:25.10 2:36.31 3:27.00 5:03.65 7:09.95 6:17.87	M55 Robert Stewart M60 John Bourn Joseph Torre M65 John Clymer M70 Madonna McCollun M80 William Greene M85 Harry Leifheit Gus Gendler M90 Lee Murata W65 Barbara Joaquim W70 Madonna McCollun 100m M50 William Sherm Will Malizia Jeff Baggs M55 Gene Iwen Chuck Smead Robert Kuznik M60 Paul Whitehead Leonard Sokoloski Charles Hohnstein M65 Thomas Joaquin Mike Mills Richard McKisson M70 Raymond Graves Ray Franks Carroll Marty M75 George Walbye Jerry Donley Bob King M80 David Rocha M85 Ed Carter Tom Tomkins	8.02 7.71 8.49 9.34 12.17 14.71 10.17 14.96 24.99 11.02 12.17 12.74 13.14 15.05 14.24 15.14 15.88 14.27 14.49 17.05 13.64 16.21 17.24 14.89 17.05 13.64 16.50 16.50 16.50 16.50 16.50 16.50 16.50 16.50 16.50 16.50 17.50 18.61 19.55 18.61 19.55 18.61 19.55 18.61 19.55
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USA Championships, Mayf Village, OH; June 17	200m M40 Kevin Ellis M45 Michael Sni M45 Michael Sni M50 Michael Bei M55 Marvin Ripp M70 Clarence Tr W40 Jacklyn Mis W85 Carol Peebl M55 Marvin Ripp M70 Mishael Bei M85 Michael Bei M85 Michael Bei M85 Michael Bei M85 Marvin Ripp M70 Bill Baxter M55 Marvin Ripp M70 Bill Baxter M55 Patty Lynch W85 Carol Peebl M55 Marvin Ripp M70 Bill Baxter M55 Patty Lynch W85 Carol Peebl M55 Greg Sievei M70 Bill Baxter M70 Birt Steven Cas M65 Greg Sievei M70 Bill Baxter M70 M45 Carol Peebl M65 Greg Sievei M70 Mild Baxter W75 Patty Luncy 1500m M45 Carol Peebl M65 Marvin Ripu M75 Robert Cas M45 Tony Rodie. M70 Alfred Du B W50 Lynn Tracy W75 Katherine M W50 W75 Katherine M W50 W75 Katherine M W50 W75 Katherine M W50 Rynn Tshu M70 Paul Lehmi Long Hurdles M45 Shawn Shu M50 Robert Zah Hammer M40 Gree Thoole M44 Gree Thoole M54 Gree Thoole M55 Michael Bei M55 Marvin Ripp M75 Bird M70 B	owden 28.06 mdt 29.07 o 34.50 cinkner 31.63 les 1:00.31 man IL 55.487 mdt 1:02.83 o 1:31.57 i 1:28.73 les 2:38.46 saar 2:27.87 2:12.60 rs 2:39.52 3:58.03 d 3:21.61 saar 4:25.09 z 4:31.15 rs 5:25.54 rIL 19:00.35 za 19:38.17 ois 34:15.95 za 19:38.1	M60 Frank Davis M65 Mike Bender M70 Tom Novak M75 Gene Harding W50 Susan Duoblys W55 Mindy Kralicek W60 Helen Jarnes W65 Betty Hoff W70 Rita Ashmead HIgh Jump M50 John Barron M55 Ron Iverson M60 Ed Dieleman M65 Davis Eidahl M70 Richard Angove M75 Frank Bollinger M80 Judson Kruidenier W60 Normimah Benedi Long Jump M50 Mike Hale M55 Ron Iverson M60 Ed Dieleman M65 Rich Hoidahl M70 Don Zimmer M75 Daniel Teran W50 Betty McKenzie W55 Neva Weisskopf W60 Normimah Benedi W65 Marion Krueger W70 Rita Ashmead W75 Frances Young Shot Put M50 Wayne Renner M55 Jim Kelly M60 Virgil Paulsen M65 Al Salmon M70 Ron Anderson M75 Victor Durchholz M80 Howard Dewell	5:14.12 5:35.10 7:19.41 7:24.00 7:18.37 8:08.00 8:19.00 7:22.00 5-2 4-6 4-0 4-2 3-10 3-8 3-6 13-6 9-11.75 11-8.50 10-7.25 8-1.75 12-1 10-9 7-7.50 3-9.50 33-4 32-9 35-6.50 33-1.50	W40 J Jackson-Matther 200m M30 Peter Haack M35 Jason Hirdler M40 John Patterson M45 Dave Grant M50 Jim Schoffman M55 Jim Sheehan M60 Paul Montgomen M65 George LaBelle M75 John Bursema W40 J Jackson-Matther 400m M30 Peter Haack M45 Dave Grant M50 Jim Schoffman M55 Pat O'Regan M60 Carl Etter M65 George LaBelle W35 LaRee Etter 800m M40 David Pomfret M45 Dave Grant M55 Jim Sheehan M60 James Michaux M75 Dean Olcott W35 Nancy Hirdler 1500m M40 Gerry Werven M45 Jim Sheehan M60 James Michaux W35 LaRee Etter W40 Robin Paurus 3000m M45 Dave Grant W35 LaRee Etter 5000m M45 Dave Grant W35 LaRee Etter 5000m M45 Dave Grant W35 LaRee Etter 5000m M55 Kenneth Paur Short Hurdles	25.12 30.41 24.63 30.64 25.86 29.50 31.11 33.90 42.01 31.31 53.60 1:06.26 58.86 1:15.42 1:09.63 1:33.51 1:29.03 2:12.37 2:35.10 2:36.31 3:25.69 4:16.17 3:07.86 4:51.93 5:37.90 5:03.65 7:09.24 7:09.25 13:49.87 13:52.28 27:00.61	M55 Robert Stewart M60 John Bourn Joseph Torre M65 John Clymer M70 Madonna McCollun M80 William Greene M85 Harry Leifheit Gus Gendler M90 Lee Murata W65 Barbara Joaquim W70 Madonna McCollun 100m M50 William Sherm Will Malizia Jeff Baggs M55 Gene Iwen Chuck Smead Robert Kuznik M60 Paul Whitehead Leonard Sokoloski Charles Hohnstein M65 Thomas Joaquin Mike Mills Richard McKisson M70 Raymond Graves Ray Franks Carroll Marty M75 George Walbye Jerry Donley Bob King M80 David Rocha M85 Ed Carter Tom Tomkins W50 Vik Sacia W60 Sharon Raham Louise Thornton W65 Linda Glick Kumi Horiuchl Dorothy Haskins	8.02 7.71 8.49 9.34 12.17 14.71 10.17 14.96 24.99 11.02 12.17 12.74 13.14 15.05 14.24 15.14 15.88 14.27 14.49 17.05 13.64 14.21 17.24 14.49 17.05 13.64 16.51 17.24 14.89 17.04 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.58 16.5
Pole Vault M35 Stewart McNaull Todd Erbst M55 Grady Whitsit Shot Put M45 Andre Minor M50 Harry Janetzko Jose Guijarro Lyle Hogan M55 Frank Reilly M60 Tom Steed Malcolm Reese Gordon Herbert M70 Bill Gramley Bill Cox Discus M35 Chris Sarsony M40 Tim Walters Richard Simpson M45 Andre Minor M50 Harry Janetzko Bob Nichols M55 Frank Reilly M60 Tom Steed Malcolm Reese Gordon Herbert M70 Bill Gramley Bill Cox M55 Frank Reilly M50 Harry Janetzko Bob Nichols M55 Frank Reilly M60 Tom Steed Malcolm Reese Gordon Herbert M65 Mike Valle M70 Bill Gramley Bill Cox MIDWEST Lake Erle Assn. USA Champlonships, Mayfi Village, OH; June 1:	200m M40 Kevin Ellis M45 Michael Sn M50 Michael Bei M55 Marvin Ripp M70 Clarence Tr W40 Jacklyn Mis W85 Carol Peebl 400m M35 Howard Her M50 Michael Bei M55 Marvin Ripp M70 Ellis Baxter M50 Michael Bei M55 Marvin Ripp M70 Bill Baxter W55 Patty Lynch W85 Carol Peebl 800m M35 Steven Cas M45 Eric Parker M55 Greg Sievei M50 Michael Bei M70 Michael Bei M55 Marvin Ripp M70 Bill Baxter W55 Patty Lynch W85 Carol Peebl M55 Greg Sievei M50 M35 Steven Cas M45 Tony Rodie M55 Greg Sievei M50 Mark Madu. M55 Greg Sievei M50 Mark Madu. M55 Craig Bixler M50 Mark Madu. M50 Mark Madu. M70 Alfred Du B W50 Lynn Tracy W75 Katherine N Short Hurdles M40 David Ashfc M45 Shawn Shu M70 Paul Lehmk Long Hurdles M45 Shawn Shu M50 Robert Zah Hammer M40 Greg Theole	owden 28.06 mdt 29.07 o 34.50 cinkner 31.63 les 1:00.31 man IL 55.487 mdt 1:02.83 o 1:31.57 i 1:28.73 les 2:38.46 saar 2:27.87 2:12.60 rs 2:39.52 3:58.03 d 3:21.61 saar 4:25.09 z 4:31.15 rs 5:25.54 rIL 19:00.35 za 19:38.17 ois 34:15.95 za 19:38.1	M60 Frank Davis M65 Mike Bender M70 Tom Novak M75 Gene Harding W50 Susan Duoblys W55 Mindy Kralicek W60 Helen Jarnes W65 Betty Hoff W70 Rita Ashmead HIgh Jump M50 John Barron M55 Ron Iverson M60 Ed Dieleman M65 Davis Eidahl M70 Richard Angove M75 Frank Bollinger M80 Judson Kruidenier W60 Normimah Benedi Long Jump M50 Mike Hale M55 Ron Iverson M60 Ed Dieleman M65 Rich Hoidahl M70 Don Zimmer M75 Daniel Teran W50 Betty McKenzie W55 Neva Weisskopf W60 Normimah Benedi W65 Marion Krueger W70 Rita Ashmead W75 Frances Young Shot Put M50 Wayne Renner M55 Jim Kelly M60 Virgil Paulsen M65 Al Salmon M70 Ron Anderson M75 Victor Durchholz M80 Howard Dewell M90 Adolph Peschke W50 Cynthia Schenck	5:14.12 5:35.10 7:19.41 7:24.00 7:18.37 8:13.00 8:08.00 8:19.00 7:22.00 5-2 4-6 4-0 4-2 3-10 3-8 3-6 ct 3-4 15-6 9-11.75 11-8.50 10-7.25 8-1.75 12-1 9-4 ct 10-9 7-7.50 8-7 3-9.50 33-4 32-9 35-6.50 33-1.50 25-11 18-8 13-0 16-9.50	W40 J Jackson-Matther 200m M30 Peter Haack M35 Jason Hirdler M40 John Patterson M45 Dave Grant M50 Jim Schoffman M55 Jim Sheehan M60 Paul Montgomen M65 George LaBelle M75 John Bursema W40 J Jackson-Matther 400m M30 Peter Haack M45 Dave Grant M50 Jim Schoffman M55 Pat O'Regan M60 Carl Etter M65 George LaBelle W35 LaRee Etter 800m M40 David Pomfret M45 Dave Grant M55 Jim Sheehan M60 James Michaux M75 Dean Olcott W35 Nancy Hirdler 1500m M40 Gerry Werven M45 Dave Grant M50 James Michaux W35 LaRee Etter W40 Robin Paurus 3000m M45 Dave Grant W35 LaRee Etter W40 Robin Paurus 3000m M45 Dave Grant W35 LaRee Etter W40 Robin Paurus 3000m M55 Kenneth Paur Short Hurdles M55 Michael Moser	25.12 30.41 24.63 30.64 25.86 29.50 42.01 33.90 42.01 33.90 42.01 53.60 1:06.26 58.86 1:15.42 1:09.63 1:33.51 1:29.03 2:12.37 2:35.10 2:36.31 3:25.69 4:16.17 3:07.86 4:51.93 5:37.00 5:03.65 7:09.24 7:09.95 6:17.87 13:52.28 27:00.61	M55 Robert Stewart M60 John Bourn Joseph Torre M65 John Clymer M70 Madonna McCollun M80 William Greene M85 Harry Leifheit Gus Gendler M90 Lee Murata W65 Barbara Joaquim W70 Madonna McCollun 100m M50 William Sherm Will Malizia Jeff Baggs M55 Gene Iwen Chuck Smead Robert Kuznik M60 Paul Whitehead Leonard Sokoloski Charles Hohnstein M65 Thomas Joaquin Mike Mills Richard McKisson M70 Raymond Graves Ray Franks Carroll Marty M75 George Walbye Jerry Donley Bob King M80 David Rocha M85 Ed Carter Tom Tomkins W50 Vik Sacia W60 Sharon Raham Louise Thornton W65 Linda Glick Kumi Horiuchi Dorothy Haskins W70 Marian Seder	8.02 7.71 8.49 9.34 12.17 14.71 10.17 14.96 24.99 12.17 12.74 15.14 15.05 14.24 15.14 15.88 14.27 14.87 17.05 13.64 16.50 16.58 16.84 19.55 18.61 19.55 18.61 19.55 18.61 19.55 18.61 19.55 18.61 19.55 18.61 19.55 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.62 19.6
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Pole Vault M35 Stewart McNaull Todd Erbst M55 Grady Whitsit Shot Put M45 Andre Minor M50 Harry Janetzko Jose Guijarro Lyle Hogan M55 Frank Reilly M60 Tom Steed Malcolm Reese Gordon Herbert M70 Bill Gramley Bill Cox Discus M35 Chris Sarsony M40 Tim Walters Richard Simpson M45 Andre Minor M50 Harry Janetzko Bob Nichols M55 Frank Reilly M60 Tom Steed Malcolm Reese Gordon Herbert M65 Mike Valle M70 Bill Gramley Bill Cox M15 Frank Reilly M60 Tom Steed Malcolm Reese Gordon Herbert M65 Mike Valle M70 Bill Gramley Bill Cox M1DWEST Lake Erle Assn. USA Championships, Mayfi Village, OH; June M55 Don Ragon M60 John Biacofsky M65 Barry Kline M85 John Means	200m M40 Kevin Ellis M45 Michael Snu M50 Michael Bei M55 Marvin Ripp M70 Clarence Tr W40 Jacklyn Mis W85 Carol Peebl 400m M35 Howard Her M55 Marvin Ripp M70 Bill Baxter M55 Marvin Ripp M70 Bill Baxter M55 Patty Lynch W85 Carol Peebl 800m M35 Steven Cas M45 Eric Parker M55 Greg Sieve M55 Greg Sieve M70 Bill Baxter W55 Patty Lynch W85 Greg Sieve M55 Greg Sieve M50 Mark Madu. M70 Altred Du B W50 Lynn Tracy W75 Katherine N Short Hurdles M45 Shawn Shu M70 Paul Lehmik Long Hurdles M45 Shawn Shu M50 Robert Zah Hammer M40 Greg Theol	owden 28.06 mdt 29.07 o 34.50 cinkner 31.63 les 1:00.31 man IL 54.87 mdt 1:02.83 o 1:13.30 1:31.57 i 1:28.73 les 2:38.46 saar 2:27.87 2:12.60 rs 2:39.52 3:58.03 3:21.61 saar 4:25.09 z 4:31.15 rs 5:25.54 rill 19:00.35 za 19:38.17 lois 34:15.21 rilla 1:10.13 n 1:11.76 oges IL 39.17 IERICA	M60 Frank Davis M65 Mike Bender M70 Tom Novak M75 Gene Harding W50 Susan Duoblys W55 Mindy Kralicek W60 Helen Jarnes W65 Betty Hoff W70 Rita Ashmead HIgh Jump M50 John Barron M55 Ron Iverson M60 Ed Dieleman M65 Davis Eidahl M70 Richard Angove M75 Frank Bollinger M80 Judson Kruidenier W60 Normimah Benedi Long Jump M50 Mike Hale M55 Ron Iverson M60 Ed Dieleman M65 Rich Holdahl M70 Don Zimmer M75 Daniel Teran W50 Betty McKenzie W55 Neva Weisskopf W60 Normimah Benedi W65 Marion Krueger W70 Rita Ashmead W75 Frances Young Shot Put M50 Wayne Renner M55 Jim Kelly M60 Virgil Paulsen M65 Al Salmon M70 Ron Anderson M70 Ron Anderson M75 Victor Durchholz M80 Howard Dewell M90 Adolph Peschke W50 Cynthia Schenck W55 Martha Green W65 Marion Krueger	5:14.12 5:35.10 7:19.41 7:24.00 7:18.37 8:13.00 8:08.00 8:19.00 7:22.00 5-2 4-6 4-0 4-2 3-10 3-8 3-6 ct 3-4 15-6 13-6 9-11.75 11-8.50 10-7.25 8-1.75 12-1 9-4 ct 10-9 7-7.50 3-9.50 33-4 32-9 35-6.50 33-1.50 25-11 18-8 18-9.50 25-11 18-8 18-6.50 25-11 18-8 18-6.50 25-11 18-8 18-6.50 25-11 18-8 18-6.50 25-11 18-8 18-6.50 25-11 18-8 18-6.50 25-11 25-11 18-8 18-6.50 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 25-11 2	W40 J Jackson-Matther 200m M30 Peter Haack M35 Jason Hirdler M40 John Patterson M45 Dave Grant M50 Jim Schoffman M55 Jim Sheehan M60 Paul Montgomen M65 George LaBelle M75 John Bursema W40 J Jackson-Matther 400m M30 Peter Haack M45 Dave Grant M50 Jim Schoffman M55 Pat O'Regan M60 Carl Etter M65 George LaBelle W35 LaRee Etter 800m M40 David Pomfret M45 Dave Grant M55 Jim Sheehan M60 James Michaux M75 Dean Olcott W35 Nancy Hirdler 1500m M40 Gerry Werven M45 Dave Grant M55 Jim Sheehan M60 James Michaux W35 LaRee Etter W40 Robin Paurus 3000m M45 Dave Grant W35 LaRee Etter W40 Robin Paurus 3000m M45 Dave Grant W35 LaRee Etter W40 Robin Paurus 3000m M55 Kenneth Paur Short Hurdles M55 Michael Moser M65 George LaBelle Long Hurdles M55 Carter Holmes	25.12 30.41 24.63 30.64 25.86 29.50 42.01 31.31 53.60 1:06.26 58.86 1:15.42 1:09.63 1:33.51 1:29.03 2:12.37 2:35.10 2:36.31 3:25.69 4:16.17 3:07.86 4:51.93 5:37.00 5:03.65 7:09.24 7:09.95 6:17.87 13:52.28 27:00.61 26:82 24.80 55.77	M55 Robert Stewart M60 John Bourn Joseph Torre M65 John Clymer M70 Madonna McCollun M80 William Greene M85 Harry Leifheit Gus Gendler M90 Lee Murata W65 Barbara Joaquim W70 Madonna McCollun 100m M50 William Sherm Will Malizia Jeff Baggs M55 Gene Iwen Chuck Smead Robert Kuznik M60 Paul Whitehead Leonard Sokoloski Charles Hohnstein M65 Thomas Joaquin Mike Mills Richard McKisson M70 Raymond Graves Ray Franks Carroll Marty M75 George Walbye Jerry Donley Bob King M80 David Rocha M85 Ed Carter Tom Tomkins W50 Vik Sacia W60 Sharon Raham Louise Thornton W65 Linda Glick Kumi Horiuchi Dorothy Haskins W70 Marian Seder W75 Betty Gendler W85 Molly MacKown	8.02 7.71 8.49 9.34 12.17 14.71 10.17 14.96 24.99 12.17 12.74 15.14 15.05 14.24 15.14 15.88 14.27 14.49 17.05 13.64 16.50 16.58 16.84 19.55 18.61 19.55 18.61 19.55 18.61 19.55 19.61 20.58 20.90 29.14 28.37 24.99 25.61 30.11
Pole Vault M35 Stewart McNaull Todd Erbst M55 Grady Whitsit Shot Put M45 Andre Minor M50 Harry Janetzko Jose Guijarro Lyle Hogan M55 Frank Reilly M60 Tom Steed Malcolm Reese Gordon Herbert M70 Bill Gramley Bill Cox Discus M35 Chris Sarsony M40 Tim Walters Richard Simpson M45 Andre Minor M55 Prank Reilly M60 Tom Steed M60 Tom Steed M60 Tom Steed M610 Tom Steed M65 Mike Valle M70 Bill Gramley Bill Cox M10 Tim Walters Richard Simpson M55 Frank Reilly M60 Tom Steed M610 Tom Steed M65 Mike Valle M70 Bill Gramley Bill Cox M10 WEST Lake Erle Assn. USA Champlonships, Mayfi Village, OH; June M55 Don Ragon M60 John Biacofsky M65 Barry Kline M85 John Means W50 Terri Liscynesky	200m M40 Kevin Ellis M45 Michael Snu M50 Michael Bei M55 Marvin Ripp M70 Clarence Tr W40 Jacklyn Mis W85 Carol Peebl 400m M35 Howard Her M45 Eric Parker M55 Marvin Ripp M70 Bill Baxter W55 Patty Lynch W85 Carol Peebl M55 Marvin Ripp M70 Bill Baxter W55 Patty Lynch W85 Carol Peebl M55 Marvin Ripp M70 Bill Baxter W55 Patty Lynch W85 Carol Peebl M64 M55 Greg Sieve M70 Bill Baxter W55 Patty Lynch M55 Greg Sieve M70 Bill Baxter W55 Patty Lynch M55 Greg Sieve M70 Bill Baxter W55 Patty Luncy 1500m M35 Steven Cas M45 Greg Sieve M50 Mark Madu M70 Alfred Du B M45 Craig Bixler M50 Mark Madu M70 Alfred Du B M45 Craig Bixler M50 Mark Madu M70 Alfred Du B M45 Craig Bixler M50 Mark Madu M70 Alfred Du B M45 Craig Bixler M50 Mark Madu M70 Alfred Du B M45 Shawn Shu M70 Paul Lehmik Long Hurdles M45 Shawn Shu M70 Robert Zah Hammer M40 Greg Theol	owden 28.06 mdt 29.07 of 29.07	M60 Frank Davis M65 Mike Bender M70 Tom Novak M75 Gene Harding W50 Susan Duoblys W55 Mindy Kralicek W60 Helen Jarmes W65 Betty Hoff W70 Rita Ashmead High Jump M50 John Barron M60 Ed Dieleman M65 Davis Eidahl M70 Richard Angove M75 Frank Bollinger M80 Judson Kruidenier W60 Normimah Benedi Long Jump M50 Mike Hale M55 Ron Iverson M60 Ed Dieleman M65 Rich Holdahl M70 Don Zimmer M75 Daniel Teran W50 Betty McKenzie W55 Neva Weisskopf W60 Normimah Benedi W65 Marion Krueger W70 Rita Ashmead W75 Frances Young Shot Put M50 Wayne Renner M50 Wayne Renner M55 Jim Kelly M60 Virgil Paulsen M65 Al Salmon M70 Ron Anderson M75 Victor Durchholz M80 Howard Dewell M90 Adolph Peschke W50 Cynthia Schenck W55 Martha Green	5:14.12 5:35.10 7:19.41 7:24.00 7:18.37 8:13.00 8:08.00 8:19.00 7:22.00 5-2 4-6 4-0 4-2 3-10 3-8 3-6 ct 3-4 15-6 13-6 9-11.75 11-8.50 10-7.25 8-17.75 12-1 9-4 ct 10-9 7-7.50 33-4 32-9 35-8.50 33-1.50 25-11 18-8 13-0 10-9.50 24-0.50	W40 J Jackson-Matther 200m M30 Peter Haack M35 Jason Hirdler M40 John Patterson M45 Dave Grant M50 Jim Schoffman M55 Jim Sheehan M60 Paul Montgomen M65 George LaBelle M75 John Bursema W40 J Jackson-Matther 400m M30 Peter Haack M45 Dave Grant M50 Jim Schoffman M55 Pat O'Regan M60 Carl Etter M65 George LaBelle W35 LaRee Etter 800m M40 David Pomfret M45 Dave Grant M55 Jim Sheehan M60 James Michaux M75 Dean Olcott W35 Nancy Hirdler 1500m M40 Gerry Werven M45 Jim Sheehan M60 James Michaux W35 LaRee Etter W35 Nancy Hirdler 1500m M40 Gerry Werven M45 Jim Sheehan M60 James Michaux W35 LaRee Etter 5000m M45 Dave Grant W35 LaRee Etter 5000m M45 Dave Grant W35 LaRee Etter 5000m M55 Kenneth Paur Short Hurdles M55 Michael Moser M65 George LaBelle Long Hurdles	25.12 30.41 24.63 30.64 25.86 25.86 25.86 25.86 25.86 25.86 25.86 25.86 25.86 25.86 25.86 25.86 25.86 25.86 25.86 25.86 25.86 25.86 25.86 25.86 25.86 25.86 25.86 25.86 25.86 25.86 25.86 25.86 25.86 25.86 25.86 25.86 25.86 25.86 25.86 25.86 25.86 25.86 26.86 26.86 26.86 26.86 26.86 26.86 26.86 26.86 26.86 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Smead Robert Kuznik M60 Paul Whitehead Leonard Sokoloski Charles Hohnstein M65 Thomas Joaquin Mike Mills Richard McKisson M70 Raymond Graves Ray Franks Carroll Marty M75 George Walbye Jerry Donley Bob King M80 David Rocha M85 Ed Carter Tom Tomkins W50 Vik Sacia W60 Sharon Raham Louise Thornton W65 Linda Glick Kumi Horiuchi Dorothy Haskins W70 Marian Seder W75 Betty Herder Betty Gendler	8.02 7.71 8.49 9.34 12.17 14.71 10.17 14.96 24.99 11.02 12.17 12.74 13.14 15.05 14.24 15.14 15.88 14.27 17.05 13.64 16.21 17.24 14.89 17.05 13.64 16.58 16.84 19.55 18.61 19.83 20.58 20.90 29.14 28.37 24.99 25.61

W70 Carolyn Dodd W75 Betty Kruidenier W80 Winifred Canady

M50 Wayne Renner

M65 Jerrol Springer M70 Ron Anderson

M75 Frank Bollinger

M55 Tarry Cory M60 Ralph Check

Discus

5.50

7.19

7.97

104-5

114-1

114-1

79-6

M50 Jim Thorson M55 Michael Moser

M55 Michael Moser M60 Carl Etter M65 George LaBelle M70 Tom Langenfeld M75 Dean Olcutt

High Jump M45 Rick Allen

4-6 3-6 4-2 3-0 4-9 3-0

M50 William Sherm

Jeff Baggs M55 Chuck Smead

Dennis Brace Robert Kuznik

M60 Paul Whitehead

Jim Francis

W60 Louise Thornton 47.68 21-8 W65 Dorothy Haskins W85 Molly MacKown 1-12 27 1:17.93 400m 41-2.50 M50 Robert Killorin 1:09.51 Don Shedd M55 Chuck Smead 1:18.61 31-6.50 1-11.50 31-8.50 20-3.50 Gene Iwen Dennis Brace 1:04.58 M60 Philip Found Alex Lemski M65 Mike Mills 1:15.64 21-9.50 1:18.90 Richard McKisson Pat Whelan 19.42 1:40.39 1:16.02 M70 Ray Franks Carroll Marty Eric Biedermann 101-5 1:19.14 2:03.40 1:31.52 75-10 M75 William Smythe M80 Ralph Hall David Rocha 1:44.92 Willard Forseth M85 Tom Tomkins 131-0 1:54 95 W50 Vik Sacia 1:24.78 135-0 W55 Nancy Lucero
W55 Nancy Lucero
W60 Louise Thornton
Jan Carpenter
W65 Judith Smythe
Dorothy Haskins
W70 Marian Seder 1:27.61 1:52.02 1:52.31 98-6 83-07 84-10 75-10 1:40.02 2:01.33 2:09.26 18:21 19:39 W75 Betty Gendler 800m M50 Robert Killorin 21:49 2:38.86 Don Shedd M55 Chuck Smead 3:34.42 2:35.96 21:17 John Roeske Dennis Brace M60 Alex Lemski M65 Mike Mills Mark Collins 2:47.52 2:55.99 3:44.49 25:14 17:48 3:41.42 3:51.08 Paul Driskill 23:55 3:56.61 5:06.24 5:12.02 5:59.61 26:07 25:24 M80 Vincent Rosadillo David Rocha M85 Tom Tomkins ocky W65 Dorothy Haskins 1500m M50 Robert Killorin 5:19.00 21-15 5:53.00 5:03.68 5:39.00 6:17.00 Ben Wiley M55 Chuck Smead John Roeske 8.02 John Jesmer 7.71 M60 Philip Found M65 Ivan Likes 6:04.00 R 49 7:19.00 7:38.00 Mike Mills 12.17 Alex Meyer M75 William Smythe 14.71 7:00.00 12:17.00 M85 Tom Tomkins 14.96 W50 Patricia Gilmour 24.99 W55 Nancy Lucero 6:36.00 W65 Judith Smythe 7:35.00 Dorothy Haskins 11.00.00 12.17 High Jump M50 Pat McNulty M55 Maurie Weigel 12.74 13.14 15.05 14.24 4-6 Gene Iwen John Jesmer M60 James Flowers 4-10 4-4 3-8 15.88 John Bourn 14.27 14.49 17.05 Joseph Torre M65 Alex Meyer Ivan Likes M70 Armand Zahn 4-10 4-6 13.64 16.21 17.24 **Donald Breese** Robin Herron 14.87 15.64 17.04 M75 Jerry Donley M80 Frederic Hirsimaki 3-10 3-10 Willard Froseth 3-2 William Greene 16.58 M85 Ed Carter M90 Roy Hollingsworth W50 Susan Sanford 3-8 3-6 19.55 3-0 3-4 3-4 3-8 2-7 18.61 W55 Mary Clark W60 Sharon Raham 15.27 W70 Christel Donley Marian Seder 18.61 19.83 Long Jump M50 William Sherm Will Malizia 15-6 15-0 20.90 29.14 Robert Altmar 8-3 28.37 M55 Maurie Weigel Gene Iwen 24.99 25.61 30.11 14-1 David Keith 10-2 13-0.50 M60 Roger Thorp 37.87 John Bourn 12-9 50 Charles Hohnstrin M65 Ivan Likes 11-11 29.93 30.58 Alex Meyer Mike Mills M70 Richard Larkin 10-6.50 9-10.50 30.92 32.40 33.46 28.11 12-1 Carroll Marty Armand Zahn 9-10 M75 Jerry Donley

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Vincent Rosadillo 6-0	W85 Betty Sanford 16-10	M55 Stuart Radluff 1:01.62	W50 Maureen Halloran 11-11.75 W55 Jane Kaiser 9-02.00	David Couts 91-07 M55 David Hansen 104-01	M60 Michael Burns NTA
M85 Ed Carter 9-3.50 M90 Roy Hollingsworth 1-8	5K Road Race M50 Simon Martin 17:35	Gvary Cowman 1:06.20 David Johnson 1:10.54	Connie Strobach 4-05.00	Larry Pauley 93-10	M65 George La Belle NTA W50 Kay Glynn NTA
W55 Deb Vestal 6-0	Don Shedd 26:47	M60 Joe Lechner 1:11.99	W65 Char Lane 9-03.50 Freddie Walker 5-04.00	Michael Bruce 88-04 M60 Larry Rheams 100-02	High Jump
Mary Clark 5-8 W60 Sharon Raham 9-11	M55 John Roeske 20:53 John Jesmer 22:58	Clifton Manning 1:18.73 M65 Bob Lida 1:02.08	W70 Aileen McComas 7-07.00	David Hood 99-02	M45 Randy Davis 1.10 M50 David Wilson 1.20
W65 Linda Glick 6-6	Paul Lewandowski 23:29	Bob Bryant 1:18.62	Alice Mohr 7-02.00 W75 Alice Purdes 3-08.00	George Ruh 91-09 M65 Steve Domahidy 107-00	M55 Alan Russell 1.50
W70 Christel Donley 9-10 Marian Seder 6-4	M60 William Totten 24:30 Max Peters 24:39	William Lobdell 1:22.21 M70 Deloyn Huffman 1:23.29	Triple Jump	Bob Bryant 95-00	M65 George La Belle 1.10
Marian Seder 6-4 W80 Willie Gatza 3-0	M65 Mark Collins 24:19	M75 Jim Weaver 1:22.96	M50 David Walker 32-01.00	Denny Paulsell 94-01 M70 Perry Brown 85-07	M70 Tom Langenfeld 1.45 Perry Brown 0.95
W85 Molly MacKown 5-0	Ivan Likes 24:24 Mike Mills 26:39	Gene Williams 1:24.47 Irv Siegel 1:32.42	Garry Pirch 26-04.00 M55 Larry Rodenbeck 36-07.50	Lyle Pfaff 73-06	M75 Ed Failor 1.05
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David Keith 29-5 M60 Ian Percy 42-4.75	W70 Marian Seder 32:54	Betty Bohon 1:27.31	James Snook 24-11.25 M65 Bob Bryant 28-03.00	C.L. Bruce 86-06 M80 Curt Davison 79-09	M60 John Schneller 2.99 M65 George La Belle 3.36
John Bourn 37-3.50 Len Carpenter 29-0	10K Road Race M50 John Roeske 44:21	Jane Kaiser 2:02.71 W60 Jane Hutchison 1:26.46	M65 Bob Bryant 28-03.00 M65 George Smith 25-08.00	Howard Dewell 51-01	M70 Perry Brown 2.17
Len Carpenter 29-0 M65 Terry Livermore 37-0	Paul Lewandowski 49:28	Carol Kuhlmann 1:54.31	M70 Ron Jelinek 22-04.25 M75 C.L. Bruce 22-02.50	M85 Jack Weston 37-02 W50 Jacqueline Board 54-02	W50 Kay Glynn 4.11 Triple Jump
George Soule 34-10 Alex Meyer 32-8	John Jesmer 52:39 M60 William Totten 53:07	W65 Char Lane 1:37.42 W80 Dottie Gray 2:24.67	M75 C.L. Bruce 22-02.50 Frank Bollinger 18-09.00	Maureen Halloran 50-07	M65 George La Belle 6.85
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Carroll Marty 31-7.50	M65 Mike Mills 57:00 Paul Driskill 57:14	M50 Charles Brandon 2:23.32 Steven Terry 2:30.55	W50 Maureen Halloran 23-07.00 W55 Jane Kaiser 18-05.50	Jane Kaiser 50-11	M40 Paul Lucas 11.55
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Floyd Jack 29-11.50	M80 Vincent Rosadillo 85:10 W70 Marian Seder 71:49	M55 David Johnson 2:48.40 M60 Larry Windmoeller 3:49.32	W75 Alice Purdes 7-01.50 Shot Put	Freddie Walker 21-11 Janet Packman 21-02	M45 Rick Anderson 13.42 Ted Goudge 10.55
M80 Willard Froseth 23-4 George Slone 22-9	W70 Marian Seder 71:49	M65 William Lobdell 3:11.74	M50 Ron Summers 51-02.25	W70 Betty Adams 51-08	M50 Matt Byrnes 12.02
M85 Dale Buysse 28-0.50	Missourl State Senior	Bob Bryant 3:16.47 Bill Wright 3:19.07	Steven Martin 44-06.25 James Gomez 39-06.75	Aileen McComas 43-01 W75 Alice Purdes 25-09	M55 Alan Russell 10.28 M65 George La Belle 9.19
M90 Roy Hollingsworth 18-8.25 W50 Jean Douglas 26-0.75	Games, Columbia, MO June 22-25	M70 Walter Schlereth 3:00.08	M55 David Hansen 35-08.75	Weight Throw	Bob Warren 8.21
Patricia Gilmour 22-11.50	50m	Deloyn Huffman 3:17.78	Bob Belcher 33-03.25 Kevin Shaner 32-09.75	M50 Ron Summers 57-11.25 Garry Pirch 27-00.50	M70 Perry Brown 7.67 M75 Ed Failor 7.04
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Marilene Sisco 24-6	M55 Tom Ott 6.32 M60 Les Lane 7.06	W55 Debbie Stiles 3:25.70	Jerrell Myers 41-02.25	M55 Kevin Shaner 31-04.75	Discus
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Sharon Raham 23-7.75	M70 Wendell Roehrs 7.44 M75 Gene Williams 7.71	W70 Alice Mohr 4:43.76	Al Salmon 37-01.75	M60 George Ruh 37-05.00	M40 Doug Johanson 33.59
F Dudenhoeffer 21-9.50	M80 Curt Davison 8.69	1500m M50 Charles Brandon 4:46.63	George Smith 36-07.50 M70 Ron Anderson 36-01.25	Larry Rheams 34-04.00 Larry Windmoeller 28-03.50	Paul Lucas 29.85 M45 Rick Anderson 40.36
W65 Joy Kaylor 23-11.75 Kumi Horiuchi 13-6.50	M85 Jack Weston 14.31	Steven Terry 5:12.00	Tom Christenson 31-06.00	M65 Denny Paulsen 34-00.00	Ted Goudge 35.50
W70 Christel Donley 24-6.50	W50 Jacqueline Board 7.29 W60 Ilene Woods 11.55	Jack Uhrig 5:13.48	Lyle Pfaff 28-04.50 M75 Cyrus Deem 34-00.25	Paul Deem 26-05.50 M70 Robert Perry 28-00.25	M55 Alan Russell 38.97 M65 Bob Warren 27.02
Norma Price 22-6.50 W75 Pat Hutson 17-11	W65 Char Lane 9.00	M55 David Johnson 5:36.47 M60 Larry Windmoeller 8:08.58	C.L. Bruce 31-02.50	M70 Robert Perry 28-00.25 Lyle Pfaff 27-05.50	George La Belle 26.56
W80 Willie Gatza 13-6.25	W70 Aileen McComas 10.68 W75 Alice Purdes 17.58	M65 Bill Wright 7:20.36	Cully Vaughan 29-01.00	M75 Bill Webb 35-07.75	M70 Perry Brown 18.56
W85 Betty Sanford 10-7.25 Discus	W80 Dottie Gray 12.58	Bob Bryant 7:21.10 M70 Jerry Smartt 6:04.23	M80 Curt Davison 28-02.25 Howard Dewell 22-09.25	C.L. Bruce 29-07.25 Phillip Brusca 29-00.50	M75 Ed Failor 20.40 Javelin 20.40
M55 Tim Edwards 33.81	M50 Roy Roberson 12.39	Delbert Camp 6:48.70	Ed Curtis 18-01.00	M80 Curt Davison 35-05.50	M35 Marek Wensel 40.81
Timothy Fuehrer 22.48	Ernie Snodgrass 13.08	Deloyn Huffman 8:50.36 M75 Joseph Bell 7:05.19	M85 Jack Weston 18-01.50 W50 Maureen Halloran 25-08.00	Howard Dewell 29-03.75 M85 Jack Weston 19-06.25	M40 Paul Lucas 35.96 M45 Ted Goudge 39.22
Gary Gallegos 18.30 M60 lan Percy 46.30	James Freund 13.09	Jim Weaver 7:18.64	W55 Myrle Mensey 36-06.75	W55 Myrle Mensey 40-05.50	Dan Hoy 31.15
Alfred Logston 24.19	M55 Tom Ott 12.12 Rick Parker 12.53	W55 Jane Kaiser 10:01.66 W60 Jane Hutchison 6:09.55	Connie Strobach 29-04.00 Jane Kaiser 21-10.25	Connie Strobach 20-09.00 Lois Vollmer 20-00.25	M65 George La Belle 28.45 M70 Perry Brown 25.12
Len Carpenter 21.18 M65 Terry Livermore 38.07	Marty McClintock 12.89	W60 Jane Hutchison 6:09.55 Carol Kuhlmann 8:03.78	Jane Kaiser 21-10.25 W60 Mary Henehan 23-03.50	Lois voilmer 20-00.25	M75 Ed Failor 26.34
George Soule 33.07	M60 Les Lane 13.41	1470 48 44 4 4 6 6 6 60	14/05 F - 14/- 14/- 11 40 00 FO		
	Clifton Manning 14.35	W70 Alice Mohr 9:35.02	W65 Freddie Walker 18-08.50	USATF- Iowa State	Weight Throw
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Mike Mills 22.49 M70 Vernon Spencer 30.42 Robin Herron 27.68		W80 Dottie Gray 10:47.08 High Jump M50 Garry Pirch 5-06	Loretta Hopgood 16-07.00 W70 Betty Adams 22-01.00 Aileen McComas 20-07.00	Masters Meet, West Des Moines; June 25	M45 Ted Goudge 14.38 M65 Bob Warren 11.91 George La Belle 9.52
Mike Mills 22.49 M70 Vernon Spencer 30.42	James Snook 14.54 M65 Bob Lida 13.14 Bob Bryant 14.30 Rodger Young 16.12	W80 Dottie Gray 10:47.08 High Jump	Loretta Hopgood 16-07.00 W70 Betty Adams 22-01.00	Masters Meet, West Des Moines; June 25	M45 Ted Goudge 14.38 M65 Bob Warren 11.91
Mike Mills 22.49 M70 Vernon Spencer 30.42 Robin Herron 27.68 Alfred Clowser 25.38 M75 Bob King 31.56 Jack Floyd 30.70	James Snook 14.54 M65 Bob Lida 13.14 Bob Bryant 14.30 Rodger Young 16.12 M70 Wendell Roehrs 13.62	W80 Dottie Gray High Jump M50 Garry Pirch Kelly Meares Stephen Maxson M55 Marty McClintock 4-08	Loretta Hopgood 16-07.00 W70 Betty Adams 22-01.00 Aileen McComas 20-07.00 W75 Alice Purdes 11-03.50 Discus M50 Steven Martin 128-08.00	Masters Meet, West Des Moines; June 25 100m M30 Antwon Dussett 10.93 Alfy Pettes 11.12	M45 Ted Goudge 14.38 M65 Bob Warren 11.91 George La Belle 9.52 3000m RW M60 Gary O'Daniels 18:41.93
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Mike Mills M70 Vernon Spencer Robin Herron Alfred Clowser Alfred	James Snook M65 Bob Lida Bob Bryant Rodger Young M70 Wendell Roehrs Verfn Schewe Jeffn Schewe Verfn Schewe Verfn Schewe Verfn Schewe Verfn Schewe Verfn Schewe Verfn Schewe Jelovyn Huffman M75 Gene Williams M75 Gene Williams M85 Jack Weston M85 Jack Weston M85 Jack Weston M95 Sharon Robinson Jane Kaiser W60 Ilene Woods W65 Char Lane Freddie Walker W70 Aileen McComas Alice Mohr Maurine Lia M80 Dottie Gray 25.10 200m M50 Roy Roberson James Freund Ernie Snodgrass M60 Les Lane Stuart Radloff M60 Les Lane Ciffton Manning Larry Windmoeller M65 Bob Lida Bob Bryant M60 Bob Bryant M70 Wendell Roehrs Vern Schewe Deloyn Huffman M75 Gene Williams Vern Schewe Deloyn Huffman M775 Gene Williams Vern Schewe Deloyn Huffman M776 Gene Williams J5.62 Byron Winter M80 Curt Davison J8.91 J8.92 J8.92 J8.92 J8.92 J8.92 J8.92 J8.92 J8.92 J8.93 J8	W80 Dottie Gray 10:47.08 HIgh Jump M50 Garry Pirch 5-06 Kelly Meares 4-10 Stephen Maxson 4-02 David Hansen 4-02 David Hansen 4-06 Johnston Ewing 4-04 M65 Ronald Dennert 4-02 Rodger Young 4-02 Bob Bryant 3-10 M70 Lyle Ptaff 2-08 M75 C.L. Bruce 3-06 William Cannon 3-04 William Cannon 3-04 William Cannon 3-04 W55 Jane Kaiser 2-08 W55 Jane Kaiser 3-02 Connie Strobach W70 Aileen McComas 3-00 Pole Vault M50 Kelly Meares 11-00 Charles Barnard 9-00 Charles Barnard 9-00 M65 Rodger Young 8-00 M65 Rodger Young 8-00 M70 Jose Cesteros 5-06 M75 C.L. Bruce 6-06 W55 Jane Kaiser 4-06 Long Jump M50 David Walker 16-03.75 Clint McCann 15-07.00 Kelly Meares 14-10.00 M55 Larry Rodenbeck 15-06.75 Marty McClintock 14-09.50 Michael Bruce 14-00.50 M60 Frank Tilton 15-00.00 Les Lane 14-06.00 David Hood 12-07.00	Loretta Hopgood 16-07.00 W70 Betty Adams 22-01.00 Aileen McComas 20-07.00 W75 Alice Purdes 11-03.50 Discus M50 Steven Martin 128-08.00 Bob Draffen 112-09.00 David Couts 92-09.00 Kevin Shaner 89-11.00 M60 Loam Robertson 136.04.00 Larry Rheams 133-06.00 Jerell Myers 117-10.00 M65 Richard Cochran158.02-00 Al Salmon 108-10.00 Jerry Mosere 103-11.00 M70 Ron Anderson 122-08.00 Jim Young 17-08.00 Tom Christenson 78-05.75 M75 Cyrus Deem 97-02.00 Bill Webb 89-08.00 C.L. Bruce 78-02.25 M80 Howard Dewell Mosers 142-09.00 W55 Myrle Mensey 70-02.00 W55 Myrle Mensey 70-02.00 W55 Myrle Mensey 70-04.00 W55 Loretta Hopgood 37-03.00 W70 Alleen McComas 45-01.50 Betty Adams 42-02.00 W75 Alice Purdes 26-08.25 Hammer M50 Ron Summers 147-03.00 Bob Draffen 61-00.25 Garry Pirch 56-08.50 M55 Kevin Shaner 70-09.00 Larry Pauley 43-02.25 M60 Larry Rheams 90-07.75	Masters Meet, West Des	M45 Ted Goudge 14.38 M65 Bob Warren 11.91 George La Belle 9.52 3000m RW M60 Gary O'Daniels 18:41.93 SOUTHWEST Sooner State Games, OK; June 17 100m M35 Patten, Shermond 11.76 M40 Boda, Christian 11.73 M45 Davis, Roger 12.36 M50 Banks, Ronnie 12.46 W30 Chandler, Yolanda 14.74 W35 Boda, Elaine 14.19 W40 Troupe, Andrea 15.21 200m M30 Manuel, Daniel 26.48 M35 Johnson, Stephen 24.11 M40 Boda, Christian 23.97 M45 Lindsay, Jeff 25.03 M50 Wright, Brooks 28.05 M55 Dolezel, Jim 27.15 W30 Washington, Lysandra 32.83 W40 Troupe, Andrea 33.25 400m M30 Adams, John 58.57 M40 Wray, David 1.04.27 M45 Davis, Roger 59.74 M50 Banks, Ronnie 59.82 M55 Dolezel, Jim 1:13.38 W40 Wright, Patricia 1:33.26 800m M30 Manuel, Daniel 2:19.78 M40 Wray, David 2:19.15 M45 Lindsay, Jeff 2:08.87 M50 Wright, Brooks 2:20.55 M55 Golden, Riichard 3:32.62 W40 Cassel, Terri 2:29.28 1500m M40 Wray, David 4:54.88
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Bruce 7hillilip Brusca Bill Webb 60-08.50 M80 Howard Dewell M85 Jack Weston 13-06.25	Masters Meet, West Des Molnes; June 25	M45 Ted Goudge 14.38 M65 Bob Warren 11.91 George La Belle 9.52 3000m RW M60 Gary O'Daniels 18:41.93 SOUTHWEST Sooner State Games, OK; June 17 100m M35 Patten, Shermond 11.76 M40 Boda, Christian 11.73 M45 Davis, Roger 12.36 M50 Banks, Ronnie 12.46 W30 Chandler, Yolanda 14.74 W35 Boda, Elaine 14.19 W40 Troupe, Andrea 15.21 200m M30 Manuel, Daniel 26.48 M35 Johnson, Stephen 24.11 M40 Boda, Christian 23.97 M45 Lindsay, Jeff 25.03 M50 Wright, Brooks 28.05 M55 Dolezel, Jim 27.15 W30 Washington, Lysandra 32.83 W40 Troupe, Andrea 33.25 400m M30 Adams, John 58.57 M40 Wray, David 1:04.27 M45 Davis, Roger 59.74 M50 Banks, Ronnie 98.22 M55 Dolezel, Jim 1:13.38 W40 Wright, Patricia 1:33.26 800m M30 Manuel, Daniel 2:19.78 M40 Wray, David 1:04.27 M55 Golden, Richard 3:26.2 W40 Cassel, Terri 2:29.28 M55 Golden, Richard 7:00.94 5000m M40 Wray, David 4:54.88 M45 Sanders, Alan 5:23.80 M55 Calonkev, Steve 2:108.04
Mike Mills 22.49 M70 Vernon Spencer 30.42 Robin Herron 27.68 Alfred Clowser 25.38 M75 Bob King 31.56 Jack Floyd 30.70 Robert Carlson 23.62 M80 Frederic Hirsimaki 23.62 M85 Dale Buysse 12.36 M85 Dale Buysse 19.47 Harry Leifheit 11.81 M90 Roy Hollingsworth 14.85 W50 Jean Douglas 20.99 Patricia Gilmour 15.46 Marita Lough 15.34 W55 Marilene Sisco 19.64 Deb Vestal 14.08 Mary Clark 13.26 W60 Sharon Raham 21.09 Frances Dudenhoeffer 13.02 W65 Joy Kaylor 21.35 Kumi Horiuchi 10.66 W70 Christel Donley 17.76 Norma Price 15.97 W80 Doris Brewster 10.72 Willie Gatza 9.38 Javelin 10.72 M59 Pat McNulty	James Snook M65 Bob Lida Bob Bryant Rodger Young M70 Wendell Roehrs Verfn Schewe Deloyn Huffman M75 Gene Williams Jack Weston W55 Sharon Robinson Jane Kaiser W60 Ilene Woods W65 Char Lane Freddie Walker M30 Dottie Gray 200m M50 Roy Roberson James Freund Ernie Snodgrass K100 Les Lane Clifton Manning Larry Windmoeller M65 Bob Lida Bob Bryant M70 Wendell Roehrs Vern Schewe Deloyn Huffman M70 Wendell Roehrs Vern Schewe Deloyn Huffman M70 Wendell Roehrs Vern Schewe Deloyn Huffman M75 Gene Williams Ir Siegel Bob Lida Bob Bryant Bill Wright M70 Wendell Roehrs Vern Schewe Deloyn Huffman M75 Gene Williams Ir Siegel Byron Winter M80 Curt Davison M50 Roy Roberson James Freund James Fre	W80 Dottie Gray 10:47.08 HIgh Jump 5-06 M50 Garry Pirch 5-06 Kelly Meares 4-10 Stephen Maxson 4-02 M55 Marty McClintock 4-08 Michael Bruce 4-02 David Hansen 4-06 M60 Larry Rheams 4-10 Les Lane 4-06 Johnston Ewing 4-04 M65 Ronald Dennert 4-02 Rodger Young 4-02 Bob Bryant 3-10 M70 Lyle Ptaff 2-08 M75 C.L. Bruce 3-10 Frank Bollinger 3-04 William Cannon 3-04 M80 Curt Davison 3-08 Howard Dewell 2-10 M85 Jack Weston 2-08 W75 Alane Kaiser 2-08 V65 Jane Kaiser 2-08 V60 Alleen McComas 3-00 V61 Veult 9-00 M65 Rodger Young 8-00 M65 Rodger Young 8-00 M70 Jose Cesteros 5-06	Loretta Hopgood 16-07.00 W70 Betty Adams 22-01.00 Aileen McComas 20-07.00 W75 Alice Purdes 11-03.50 Discus M50 Steven Martin 128-08.00 Bob Draffen 112-09.00 David Couts 92-09.00 Kevin Shaner 89-11.00 M60 Loam Robertson 136.04.00 Larry Rheams 133-06.00 Jerell Myers 117-10.00 M65 Richard Cochran158.02-00 Al Salmon 108-10.00 Jerry Mosere 103-11.00 M70 Ron Anderson 12-08.00 Jim Young 17-08.00 Tom Christenson 78-05.75 M75 Cyrus Deem 97-02.00 Bill Webb 89-08.00 C.L. Bruce 78-02.25 M80 Howard Dewell 60-05.00 Julie Jackson Frances Sharon W55 Myrle Mensey 70-04.00 W55 Myrle Mensey 70-04.00 W55 Myrle Mensey 70-05.00 W70 Aileen McCormas 45-01.50 Betty Adams 42-02.00 W75 Alice Purdes 61-05.00 W75 Alice Purdes 66-08.55 Hammer M50 Ron Summers 147-03.00 Bob Draffen 61-00.25 Garry Pirch 56-08.50 M55 Kevin Shaner 70-09.00 Larry Pauley 43-02.25 M60 Larry Rheams 95-05.00 M70 Robert Perry 36-07.75 M75 C.L. Bruce 76-11.75 Phillip Brusca Bill Webb 60-08.50 M80 Howard Dewell M85 Jack Weston 13-06.25	Masters Meet, West Des Molnes; June 25	M45 Ted Goudge 14.38 M65 Bob Warren 11.91 George La Belle 9.52 3000m RW M60 Gary O'Daniels 18:41.93 SOUTHWEST Sooner State Games, OK; June 17 100m M35 Patten, Shermond 11.76 M40 Boda, Christian 11.73 M45 Davis, Roger 12.36 M50 Banks, Ronnie 12.46 W30 Chandler, Yolanda 14.74 W35 Boda, Elaine 14.19 W40 Troupe, Andrea 15.21 200m M30 Manuel, Daniel 26.48 M35 Johnson, Stephen 24.11 M40 Boda, Christian 23.97 M45 Lindsay, Jeff 25.03 M50 Wright, Brooks 28.05 M55 Dolezel, Jim 27.15 W30 Washington, Lysandra 32.83 W40 Troupe, Andrea 33.25 400m M30 Adams, John 58.57 M40 Wray, David 1:04.27 M45 Davis, Roger 59.74 M50 Banks, Ronnie 59.82 M55 Dolezel, Jim 1:13.38 W40 Wright, Patricia 1:33.26 800m M30 Manuel, Daniel 2:19.78 M40 Wray, David 1:33.26 800m M30 Manuel, Daniel 2:19.78 M40 Wray, David 2:19.15 M45 Lindsay, Jeff 2:08.87 M50 Galonkey, Steve 21:08.04 M55 Golden, Richard 7:00.94 5000m M50 Calonkey, Steve 21:08.04 M55 Golden, Richard 25:19.57
Mike Mills 22.49 M70 Vernon Spencer 30.42 Robin Herron 27.68 Alfred Clowser 25.38 M75 Bob King 31.56 Jack Floyd 30.70 Robert Carlson 23.62 M80 Frederic Hirsimaki 23.65 George Slone 12.36 M85 Dale Buysse 19.47 Harry Leifheit 11.81 M90 Roy Hollingsworth 14.85 W50 Jean Douglas 20.99 Patricia Gilmour 15.46 Marita Lough 15.34 W55 Marilene Sisco 19.64 Deb Vestal 14.08 Mary Clark 13.26 W60 Sharon Raham 21.09 Frances Dudenhoeffer 13.02 W65 Joy Kaylor 10.66 W70 Christel Donley 17.76 Norma Price 15.97 W80 Doris Brewster 10.72 Willie Gatza 9.38 Javelin 10.72 W80 Daris Brewster 10.72 Willie Gatza<	James Snook M65 Bob Lida Bob Bryant Rodger Young M70 Wendell Roehrs Verfn Schewe Deloyn Huffman M75 Gene Williams Irv Siegel M85 Jack Weston M85 Jack Weston M85 Jack Weston M95 Sharon Robinson Jane Kaiser W60 Ilene Woods W65 Char Lane Freddie Walker W70 Aileen McComas James Freund Emis Snook M80 Dottie Gray M80 Roberson James Freund Emis Snodgrass M80 Les Lane Clifton Manning Larry Windmoeller M80 Bob Bryant Bill Wright M70 Wendell Roehrs Vern Schewe Deloyn Huffman M75 Gene Williams Irv Siegel Byron Winter M80 Curt Davison W85 Jacqueline Board Maureen Halloran M85 Stiles M80 Jacqueline Board M90 Jacqueline Board Maureen Halloran M85 Stiles M80 Jacqueline Board M90 Stiles M80 Jacqueline Board M90 Jacqueline So.51	W80 Dottie Gray 10:47.08 HIgh Jump M50 Garry Pirch 5-06 Kelly Meares 4-10 Stephen Maxson 4-02 David Hansen 4-02 David Hansen 4-02 David Hansen 4-06 Johnston Ewing 4-04 4-06 Johnston Ewing 4-02 Rodger Young 4-03 Rodger Young 4-04 Rodger Young 4-05 Rodger Young 4-05 Rodger Young 4-06 Rodger Young 4-07 Rodger Young 4-08 Rodger Young 4-09 Rodger Young 4-00 Rodger Young 4-06 Rodger	Loretta Hopgood 16-07.00 W70 Betty Adams 22-01.00 Alleen McComas 20-07.00 W75 Alice Purdes 11-03.50 Discus M50 Steven Martin 128-08.00 Bob Draffen 12-09.00 David Couts 92-09.00 Kevin Shaner 90-02.00 Richard Crist 96-08.00 Kevin Shaner 133-06.00 Jerell Myers 117-10.00 M65 Richard Cochran 158.02-00 Al Salmon 108-10.00 Jerry Mosere 103-11.00 Jerry Mosere 103-11.00 Jerry Mosere 103-11.00 M70 Ron Anderson 122-08.00 Jim Young 17-08.00 Tom Christenson 78-05.75 M75 Cyrus Deem 90-08.00 Kevin Shaner 89-11.00 M65 Richard Cochran 158.02-00 Al Salmon 108-10.00 Jerry Mosere 103-11.00 Jerry Mosere 103-11.00 M70 Ron Anderson 122-08.00 Jim Young 17-08.00 Tom Christenson 78-05.75 M75 Cyrus Deem 60-05.00 Julie Jackson 66-05.00 Julie Jackson 42-09.00 W50 Maureen Halloran 66-05.00 Julie Jackson 66-06.00 W75 Myrle Mensey 73-04.75 Connie Strobach 66-08.50 M55 Kevin Shaner 147-03.00 Betty Adams 42-02.00 W75 Alice Purdes 26-08.25 Hammer M50 Ron Summers 147-03.00 Bob Draffen 61-00.25 Garry Pirch 66-08.50 M55 Kevin Shaner 70-09.00 Larry Rheams 96-07.75 M75 C.L. Bruce 76-11.75 Phillip Brusca 8ill Webb 60-08.50 M80 Howard Dewell M85 Jack Weston 13-06.25 W50 Maureen Halloran 59-05.00 W55 Myrle Mensey 70-03.75 Keylin Martin 128-08.00 W50 Mary Henehan 96-06.08.50 W50 Maureen Halloran 97-05.00 W50 Maureen Halloran 97-05.00 W50 Maureen Halloran 97-05.00 W50 Maureen Halloran 97-05.00	Masters Meet, West Des	M45 Ted Goudge 14.38 M65 Bob Warren 11.91 George La Belle 9.52 3000m RW M60 Gary O'Daniels 18:41.93 SOUTHWEST Sooner State Games, OK; June 17 100m M35 Patten, Shermond 11.76 M40 Boda, Christian 11.73 M45 Davis, Roger 12.36 M50 Banks, Ronnie 12.46 W30 Chandler, Yolanda 14.74 W35 Boda, Elaine 14.19 W40 Troupe, Andrea 15.21 200m M30 Manuel, Daniel 26.48 M35 Johnson, Stephen 24.11 M40 Boda, Christian 23.97 M45 Lindsay, Jeff 25.03 M50 Wright, Brooks 28.05 M55 Dolezel, Jim 27.15 W30 Washington, Lysandra 32.83 W40 Troupe, Andrea 33.25 M00m M30 Adams, John 58.57 M40 Wray, David 1:04.27 M45 Davis, Roger 59.74 M50 Banks, Ronnie 59.82 M55 Dolezel, Jim 1:13.38 W40 Wright, Patricia 1:33.26 800m M30 Manuel, Daniel 2:19.78 M40 Wray, David 1:33.26 W40 Cassel, Jeff 2:08.87 M50 Wight, Brooks 2:20.55 M55 Golden, Richard 3:32.62 W40 Cassel, Ken 5:20.29 M55 Golden, Richard 5:23.80 M50 Cassel, Ken 5:20.29 M55 Golden, Richard 5:00.94 M50 Calonkey, Steve 21:08.04 M50 M60 M60 M60 M60 M60 M60 M60 M60 M60 M6
Mike Mills 22.49 M70 Vernon Spencer 30.42 Robin Herron 27.68 Alfred Clowser 25.38 M75 Bob King 31.56 Jack Floyd 30.70 Robert Carlson 23.62 M80 Frederic Hirsimaki 23.62 M85 Dale Buysse 12.36 M85 Dale Buysse 19.47 Harry Leifheit 11.81 M90 Roy Hollingsworth 14.85 W50 Jean Douglas 20.99 Patricia Gilmour 15.46 Mary Clark 13.26 W55 Marilene Sisco 19.64 Deb Vestal 4.08 Mary Clark 13.26 W60 Sharon Raham 21.09 Frances Dudenhoeffer 13.26 W65 Joy Kaylor 17.76 Norma Price 15.97 W80 Doris Brewster 10.72 Willie Gatza 9.38 Javelln 10.72 M55 Rocco Petitto 13.37 Stephen Kesler 10.75 David Keith	James Snook M65 Bob Lida Bob Bryant Rodger Young M70 Wendell Roehrs Verfn Schewe Deloyn Huffman M75 Gene Williams Irv Siegel M85 Jack Weston W55 Sharon Robinson Jane Kaiser W60 Ilene Woods W65 Char Lane Freddie Walker M880 Dottie Gray 200m M50 Roy Roberson James Freund M50 Roy Roberson James Freund Erike Shod Erike Shod Bob Lida Bob Bryant Bill Wright M70 Wendell Roehrs Vern Schewe Deloyn Huffman M75 Gene Williams Jane Kaiser W70 Aileen McComas Jane Kaiser W70 Aileen McComas Jane Kaiser W80 Dottie Gray W85 Debbie Stiles Sharon Robinson Betty Bohon W85 Dames Freund	W80 Dottie Gray 10:47.08 HIgh Jump 5-06 M50 Garry Pirch 5-06 Kelly Meares 4-10 Stephen Maxson 4-02 M55 Marty McClintock 4-08 Michael Bruce 4-02 David Hansen 4-06 M60 Larry Rheams 4-10 Les Lane 4-06 Johnston Ewing 4-04 M65 Ronald Dennert 4-02 Rodger Young 4-02 Bob Bryant 3-10 M70 Lyle Ptaff 2-08 M75 C.L. Bruce 3-10 Frank Bollinger 3-04 William Cannon 3-08 Howard Dewell 2-10 M85 Jack Weston 2-08 W70 Aileen McComas 3-02 Connie Strobach 2-08 W70 Aileen McComas 3-00 Pole Vault 450 M55 Stephen Estep 9-00 M65 Rodger Young 8-00 M70 Jose Cesteros 5-06 M75 C.L. Bruce 6-06	Loretta Hopgood 16-07.00 W70 Betty Adams 22-01.00 Aileen McComas 20-07.00 W75 Alice Purdes 11-03.50 Discus M50 Steven Martin 128-08.00 Bob Draffen 112-09.00 David Couts 92-09.00 Kevin Shaner 89-11.00 M60 Loam Robertson 136.04.00 Larry Rheams 133-06.00 Jerell Myers 117-10.00 M65 Richard Cochran158.02-00 Al Salmon 108-10.00 Jerry Mosere 103-11.00 Jerry Mosere 103-11.00 Jerry Mosere 103-11.00 Jerry Mosere 103-11.00 Jerry Mosere 97-02.00 Bill Webb 89-08.00 C.L. Bruce 78-02.55 M75 Cyrus Deem 97-02.00 Bill Webb 89-08.00 C.L. Bruce 78-02.55 M75 Cyrus Deem 97-02.00 W70 Maureen Halloran 66-05.00 Julie Jackson 42-04.00 W55 Myrle Mensey 73-04.75 Connie Strobach 61-05.00 W70 Aileen McComas 45-01.50 Betty Adams 42-02.00 W75 Alice Purdes 46-08.25 Hammer M50 Ron Summers 147-03.00 Bob Draffen 61-00.25 Garry Pirch 56-08.50 M55 Kevin Shaner 70-09.00 Larry Pauley 43-02.25 M60 Larry Rheams 95-05.00 M70 Robert Perry 36-07.75 Phillip Brusca 72-03.75 Bill Webb 60-08.50 M80 Howard Dewell 62-04.00 W55 Myrle Mensey 76-01.75 Jane Kaiser 41-05.00	Masters Meet, West Des Molnes; June 25	M45 Ted Goudge 14.38 M65 Bob Warren 11.91 George La Belle 9.52 3000m RW M60 Gary O'Daniels 18:41.93 SOUTHWEST Sooner State Games, OK; June 17 100m M35 Patten, Shermond 11.76 M40 Boda, Christian 11.73 M45 Davis, Roger 12.36 M50 Banks, Ronnie 12.46 W30 Chandler, Yolanda 14.74 W35 Boda, Elaine 14.19 W40 Troupe, Andrea 15.21 200m M30 Manuel, Daniel 26.48 M35 Johnson, Stephen 24.11 M40 Boda, Christian 23.97 M45 Lindsay, Jeff 25.03 M50 Wright, Brooks 28.05 M55 Dolezel, Jim 27.15 W30 Washington, Lysandra 32.83 W40 Troupe, Andrea 33.25 400m M30 Adams, John 58.57 M40 Wray, David 1:04.27 M45 Davis, Roger 59.74 M50 Banks, Ronnie 59.82 M55 Dolezel, Jim 1:13.38 W40 Wright, Patricia 1:33.26 800m M30 Manuel, Daniel 2:19.78 M40 Wray, David 1:33.26 800m M30 Manuel, Daniel 2:19.78 M40 Wray, David 2:19.15 M45 Lindsay, Jeff 2:08.87 M50 Golden, Richard 3:32.62 W40 Cassel, Terri 2:29.28 1500m M40 Wray, David 4:54.88 M45 Sanders, Alan 5:23.80 M50 Cassel, Ken 5:20.29 M55 Golden, Richard 7:00.94 5000m M50 Calonkey, Steve 21:08.04 M55 Golden, Richard 25:19.57 80m Hurdles 36*
Mike Mills 22.49 M70 Vernon Spencer 30.42 Robin Herron 27.68 Alfred Clowser 25.38 M75 Bob King 31.56 Jack Floyd 30.70 Robert Carlson 23.62 M80 Frederic Hirsimaki 23.65 George Slone 12.36 M85 Dale Buysse 19.47 Harry Leifheit 11.81 M90 Roy Hollingsworth 14.85 W50 Jean Douglas 20.99 Patricia Gilmour 15.46 Marita Lough 15.34 W55 Marilene Sisco 19.64 Deb Vestal 14.08 Mary Clark 13.26 W60 Sharon Raham 21.09 Frances Dudenhoeffer 13.02 W65 Joy Kaylor 10.66 W70 Christel Donley 17.76 Norma Price 15.97 W80 Doris Brewster 10.72 Willie Gatza 9.38 Javelin 10.72 W80 Daris Brewster 10.72 Willie Gatza<	James Snook M65 Bob Lida Bob Bryant Rodger Young M70 Wendell Roehrs Verfn Schewe Deloyn Huffman M75 Gene Williams Irv Siegel Frank Bollinger M80 Curt Davison M55 Sharon Robinson Jane Kaiser W60 Ilene Woods W65 Char Lane Freddie Walker W70 Aileen McComas James Freund M30 Dottie Gray 200m M50 Roy Roberson James Freund Stuart Radloff M55 Rok Parker Jim Seiler Stuart Radloff M60 Les Lane Larry Windmoeller M65 Bob Lida Bob Bryant Bill Wright M70 Wendell Roehrs Vern Schewe Deloyn Huffman M75 Gene Williams Irv Siegel Byron Winter M75 Gene Williams Irv Siegel Byron Winter M55 Pobbie Stiles Sharon Robinson James Freund James James James Jam	W80 Dottie Gray 10:47.08 HIgh Jump M50 Garry Pirch 5-06 Kelly Meares 4-10 Stephen Maxson 4-02 David Hansen 4-02 David Hansen 4-02 David Hansen 4-06 Johnston Ewing 4-04 4-06 Johnston Ewing 4-02 Rodger Young 4-03 Rodger Young 4-04 Rodger Young 4-05 Rodger Young 4-05 Rodger Young 4-06 Rodger Young 4-07 Rodger Young 4-08 Rodger Young 4-09 Rodger Young 4-00 Rodger Young 4-06 Rodger	Loretta Hopgood 16-07.00 W70 Betty Adams 22-01.00 Aileen McComas 20-07.00 W75 Alice Purdes 11-03.50 Discus M50 Steven Martin 128-08.00 Bob Draffen 12-09.00 David Couts 92-09.00 Kishaner 99-02.00 Richard Crist 96-08.00 Kevin Shaner 89-11.00 M60 Loarn Robertson 136.04.00 Larry Rheams 133-06.00 Jerell Myers 117-10.00 M65 Richard Cochran158.02-00 Al Salmon 108-10.00 Jerry Mosere 103-11.00 M70 Ron Anderson 122-08.00 Jim Young 117-08.00 Tom Christenson 78-05.75 M75 Cyrus Deem 97-02.00 Bill Webb 89-08.00 C.L. Bruce 78-02.25 M80 Howard Dewell 64-05.00 W50 Maureen Halloran 66-05.00 W50 Maureen Halloran 66-05.00 W55 Myrle Mensey 73-04.75 Connie Strobach 61-00.25 Jane Kaiser 54-06.75 W60 Mary Henehan 61-05.00 W70 Aileen McComas 45-01.50 Betty Adams 42-02.00 W75 Alice Purdes 42-02.00 W75 Alice Purdes 42-02.00 W75 Kevin Shaner 147-03.00 Bob Draffen 61-00.25 Garry Pirch 66-08.50 M55 Kevin Shaner 70-09.00 Larry Pauley 43-02.25 M60 Larry Rheams 95-05.00 George Ruh 62-01.00 M70 Robert Perry 36-07.75 Bill Webb 60-08.50 M80 Howard Dewell 62-04.00 M85 Jack Weston 13-06.25 W50 Maureen Halloran 59-05.00 W55 Myrle Mensey 80-04.75 Connie Strobach 56-10.75	Masters Meet, West Des	M45 Ted Goudge 14.38 M65 Bob Warren 11.91 George La Belle 9.52 3000m RW M60 Gary O'Daniels 18:41.93 SOUTHWEST Sooner State Games, OK; June 17 100m M35 Patten, Shermond 11.76 M40 Boda, Christian 11.73 M45 Davis, Roger 12.36 M50 Banks, Ronnie 12.46 W30 Chandler, Yolanda 14.74 W35 Boda, Elaine 14.19 W40 Troupe, Andrea 15.21 200m M30 Manuel, Daniel 26.48 M35 Johnson, Stephen 24.11 M40 Boda, Christian 23.97 M45 Lindsay, Jeff 25.03 M50 Wright, Brooks 28.05 M55 Dolezel, Jim 27.15 W30 Washington, Lysandra 32.83 W40 Troupe, Andrea 33.25 M00m M30 Adams, John 58.57 M40 Wray, David 1:04.27 M45 Davis, Roger 59.74 M50 Banks, Ronnie 59.82 M55 Dolezel, Jim 1:13.38 W40 Wright, Patricia 1:33.26 800m M30 Manuel, Daniel 2:19.78 M40 Wray, David 1:04.27 M45 Davis, Roger 59.74 M50 Banks, Ronnie 59.82 M55 Dolezel, Jim 1:13.38 W40 Wright, Patricia 1:33.26 800m M30 Manuel, Daniel 2:19.78 M40 Wray, David 4:54.88 M45 Sanders, Alan 5:23.80 M45 Cassel, Ken 5:20.29 M55 Golden, Richard 7:00.94 5000m M50 Calonkey, Steve 21:08.04 M55 Golden, Richard 25:19.57 80m Hurdles 30" W45 McBride, Joann 20.04

400m Hurdles 36" M30 Casaz, Anthony High Jump M30 Elam, Kirk M45 Ellis, Ken M45 Ellis, Ken M60 Colliver, Ron M65 Vrooman, Ross M85 Bennett, Doc W45 McBride, Joann Pole Vault M40 Gilliland, Lonni M45 Ellis, Ken M60 Colliver, Ron Long Jump M60 Colliver, Ron Long Jump M45 Ellis, Ken M50 Blevins, Jim M55 Dolezel, Jim M60 Colliver, Ron M60 Colliver, Ron M65 Vrooman, Ross M85 Bennett, Doc W30 Chandler, Yolan W45 McBride, Joant Triple Jump M45 Bradford, Paul M50 Blevins, Jim M50 Blevins, Jim M55 Dolezel, Jim M85 Bennett, Doc Shot Put M40 McNeely, Mark M40 McNeely, Mart M45 Ellis, Ken M50 Surrell, Herma M55 Greiner, Lee M65 Foerster, David M75 Jack, Floyd M85 Bennett, Doc W60 Bryant, Nina Discus M40 Gilliland, Lonni M45 Ellis, Ken M50 Surrell, Herma M50 Surrell, Herma M55 Deer, Charles M65 Foerster, David M75 Jack, Floyd M85 Bennett, Doc W45 Cameron, Lynr W60 Bryant, Nina Javelin M30 Elam, Kirk M40 McNeely Marti M30 Elam, Kirk
M40 McNeely, Marti
M45 Ellis, Ken
M50 Surrell, Herma
M55 Deer, Charles
M60 Colliver, Ron
M65 Brauser, Brad (6
M65 Vrooman, Ross
M75 Jack, Floyd
M85 Bennett, Doc
W45 Cameron, Lynt
W60 Bryant, Nina

August 2006

USATF-SW Champions Coppell HS, TX

M35 Reggie Pendla Wade Menzies Ward Menzies M40 Michael Labay Scott Cloud Dudley Wright M45 Reggie Garne Andres Seach Jeff Ratliff M50 Rick Riddle Ron Boleware John Dolan M55 Mike Loyd M55 Mike Loyd
Ken Black
Larry Doneho
M60 Larry Link
Andy Pittman
M65 Bob Lida
Wayne Benns Wayne Benn Don Isett

M80 Bob Wingo W30 Lisa Rosboro Donna Lawre W40 Paula Merrim W50 Linda Dixon Laura Kerns W65 Shelly Whitlo

200m M35 Wade Menzie Ward Menzie M40 David Jones Michael Laba Anthony Gran M45 Reggie Garne Hurst Rodrick Andrew Seac

M50 Rick Riddle
Ron Bolewar
Mike Shufelt
M55 Mike Loyd
M60 Michael Burn

Andy Pittmai M65 Bob Lida Wayne Benr W30 Lisa Rosbor Cornelia Gre

400m Hurdles 36" M30 Casaz, Anthony 59.73			lasters News		page 21
M30 Casaz Anthony 50 73	W35 Donna Lawrence 26.32	M55 Roger Conboy 35.14	Fred Shanley 64.03	David Quick 5-5	W50 Rita Hanscom 8-6.50
	Billie Beatty 31.22	M60 Julius Cassels 33.92	W50 Linda Cohn 14.72	M55 Charlie Rader 5-7	1500m RW
High Jump	W50 Debra Stuart 32.59	M65 Pete La Barge 35.31	Jeanne Bowman 14.93	Eddie Damron 4-9	M60 Rick Campbell 8:34.18
M30 Elam, Kirk 4-10.00	Barbara Ross 33.03	M70 Bob Ward 37.89	W55 Brenda Matthews 14.39	M60 Frank Condon 4-7.25	Stuart Ray 10:45.79
M45 Ellis, Ken 5-06.00 M60 Colliver, Ron 4-06.00	Laura Kearns 36.99	John Cantrell 32.51	Josephine Roldan 16.55	M65 John Burns 4-7.50	M65 James Beckett 8:19.37
M65 Vrooman, Ross 3-06.00	400m M40 Gary Eckert 56.09	M75 Val Smith 25.27	W60 Susan Andrews 18.46	Bert Bergen 4-5.25	M70 Carl Acosta 9:47.08
M85 Bennett, Doc 2-11.00	M40 Gary Eckert 56.09 Scott Cloud 58.22	W70 Phyllis Provost 14.49 Mary Lou Bradford 13.85	MaryJane McMaster 26.92	M70 Jerry Sullivan 4-3.25	Leon Glazman 10:13.15
W45 McBride, Joann 3-10.00	Anthony Granville 60.06	Mary Lou Bradford 13.85	W65 Kathy Bergen 15.52 Elsbeth Padia 17.20	Donald Leis 3-5.25 M75 Jerry Donley 3-9.25	M75 William Moremen 9:55.95 M80 Masashi Noritake 12:31.31
Pole Vault	M45 Andrew Seach 55.75	M30 Kevin Harrison 54.68	W70 Gloria Doro 17.68	M75 Jerry Donley 3-9.25 M80 Bobby Barber NMA	W60 Reiko Duba 9:50.18
M40 Gilliland, Lonni 11-00.00	Hurst Rodrick 56.25	M40 Dave Rothenbury 44.64	Patricia Willlis 25.84	W50 Rita Hanscom 4-3.25	Margaret Fields 12:49.97
M45 Ellis, Ken 13-00.00	Scott Anderson 57.58	Brian Suter 33.87	W75 Louise Martin 20.12	W55 A Steekelenbutg 4-5.25	W70 Shirley Capps 10:41.05
M60 Colliver, Ron 9-06.00	M50 Rick Easley 58.85	M45 Kenneth Jansson 53.37	Frances Styles 32.00	La Tanya Glass 3-7.25	Patricia willis 12:57.05
Long Jump M45 Ellis, Ken 18-08.00	Mike Shufelt 1:00.25	M50 John Stilbert 33.37	W80 Catherine McCormick 25.64	W65 Kathy Bergen 4-3.25	W75 Grace Moremen 12:11.36
M45 Ellis, Ken 18-08.00 M50 Blevins, Jim 16-01.00	John Dolan 1:05.69 M55 Mike Loyd 1:07.36	Donald Lantrip 30.57	200m	W70 Christel Donley 3-7.75	5000m RW
M55 Dolezel, Jim 15-11.50	M55 Mike Loyd 1:07.36 Day Joyce 1:14.94	Dan Roloff 28.82 M55 Roger Conboy 37.86	M50 Hubert Evans 25.32	W75 Frances Styles 2-7.50	M55 Stan Chraminski 28:54.54
M60 Colliver, Ron 12-11.00	M60 Andy Pittman 1:22.34	M60 Julius Cassels 25.31	Richard Massey 25.80 M55 Raymond Yeck 26.39	Pole Vault M55 Steve Morris 11-5.75	M60 Larry Walker 27:32.72
M65 Vrooman, Ross 4-07.50	W30 Lisa Rosborough 1:01.95	David Moore 16.52	Bill Fitzpatrick 27.09	M60 Bruce Hotaling 10-11.75	Rick Campbell 30:28.15 M65 Alan Ede 31:45.06
M85 Bennett, Doc 7-01.00	Cornelia Greer 1:05.05	M65 Pete La Barge 35.01	M60 Tony Craddock 28.67	Tom Rauscher 10-6	M70 Carl Acosta 33:10.67
W30 Chandler, Yolanda 13-00.00	W35 Billie Beatty 1:12.66	M70 Bob Ward 45.34	Henry Randolph 28.80	M75 Jerry Donley 8-0.50	W50 Roz Esposito 40:26.32
W45 McBride, Joann 11-09.00	W45 Elizabeth Rudy 1:12.96	M75 Val Smith 22.45	M65 Doug Smith 27.67	Bob Holmes 6-6.75	W55 Donna Cunningham 31:07.08
Triple Jump	W50 Barbara Ross 1:17.36	W70 Phyllis Provost 12.40	Lee Gillespie 29.42	Long Jump	W60 Margaret Fields 41:34.12
M45 Bradford, Paul 31-01.00	W33 Lisa Rosborough 13.12	Javelin	M70 Jesse Carrington 30.57	M50 David Quick 19-0	W70 Shirley Capps 37:01.14
M50 Blevins, Jim 33-03.50 M55 Dolezel, Jim 32-03.00	W35 Donna Lawrence 12.88 W40 Paula Merriman 14.42	M40 Dave Rothenbury 38.06	Ted La Franchi 31.66	John Kuechle 16-7	Patricia Willis 45:29.11
M85 Bennett, Doc 15-01.00	W40 Paula Merriman 14.42 W50 Linda Dixon 14.48	M50 Dan Roloff 36.38	M75 Don Cheek 32.28	M55 Bobby Terrell 17-3	5000m Road Walk
Shot Put	Laura Kearns 17.49	Donald Lantrip 22.55 M55 Roger Conboy 40.30	Rodney Brown 33.27 Jim Selby 34.00	Cliff Koon 14-10 Michel Torres 11-9	M50 Sean Mulcahy 42:53 M60 Rick Campbell 30:33
M40 McNeely, Martin 26-10.00	W65 Shelly Whitlock 19.79	M60 Julius Cassels 23.93	M80 Michio Kawamoto 64.20	Michel Torres 11-9 M60 Alonzo Winfrey 13-10	M60 Rick Campbell 30:33 M65 Patrick Bivona 35.06
M45 Ellis, Ken 35-08.00	800m	M65 Pete La Barge 38.60	M90 Paul Hall 63.99	Ron Muranaka 13-6	M70 Carl Acosta 33:54
M50 Surrell, Herman 31-10.00	M35 William Chenette 2:17.86	M70 Jack Parker 33.92	George Feinstrin 1:35.56	M65 Richard Imperiale 13-4	M80 Amelio Giannetta 48:54
M55 Greiner, Lee 29-04.50	M40 Matt Ingram 2:21.73	Bob Ward 32.15	Fred Shanley 2:30.68	Robert Newberger 12-6	W50 Roz Esposito 41:13
M65 Foerster, David 30-05.50	M45 Lindy Raney 2:18.61	M75 Val Smith 24.02	W50 Rita Hanscom 29.22	M70 Roger Tsuda 13-3	Holly Osborne 53:36
M75 Jack, Floyd 30-03.50	Jeff Brower 2:36.40	W70 Mary Lou Bradford 15.69	Jeanne Bowman 32.20	Donald Leis 10-4	W55 Donna Cunningham 31:35
M85 Bennett, Doc 20-07.00 W60 Bryant, Nina 20-11.00	M50 Steve Gibson 3:29.95	Phyllis Provost 14.12	W55 Josephine Roldan 37.18	M75 Jerry Donley 11-4	W70 Shirley Capps 38:05
W60 Bryant, Nina 20-11.00 Discus	M80 Bob Wingo 4:34.29 W40 Lisa Marie Render 3:17.56	Weight Throw M40 Dave Rothenbury 13.40	Beverly Hicks 39.61	M80 Bobby Barber 6-7	Patricia Willis 46:32
M40 Gilliland, Lonni 109-03	1500m	M40 Dave Rothenbury 13.40 M50 Donald Lantrip 12.40	W65 Kathy Bergen 35.42 Elsbeth Padia 38.26	W50 Linda Cohn 14-3 W55 Brenda Matthews 10-8	10,000m Road Walk M65 Patrick Bivona 1:16:11
M45 Ellis, Ken 117-10	M35 William Chenette 4:52.27	Dan Roloff 10.97	W70 Patricia Willis 71.57	W65 Julie Grant 4-8	M70 Carl Acosta 1:10:01
M50 Surrell, Herman 109-10	M45 Blade Norman 4:54.48	M55 Roger Conboy 15.20	W75 Frances Styles 53.05	W75 Frances Styles 7-4	Arvid Rolle 1:17:01
M55 Deer, Charles 54-04	Short Hurdles	M60 Julius Cassels 12.30	W80 Catherine McCormick 64.08	Louise Martin 4-10	5000m Road Race
M65 Foerster, David 102-02	M35 Don Drummond 14.63	M65 Pete La Barge 13.31	400m	Triple Jump	M50 Steve Bond 22:52
M75 Jack, Floyd 103-03	M45 Jeff Brower 16.87	M70 Bob Ward 17.60	M50 Charles Williams 57.91	M50 David Quick 42-3	Patrick Pittman 25:28
M85 Bennett, Doc 41-07	Rusty Ryan 20.50 Tom Garzillo 22.64	M75 Val Smith 9.52	Ronald Richard 59.46	M55 Bobby Terrell 34-9	M60 Vlad Sakovich 23:26
W45 Cameron, Lynne 90-04	Tom Garzillo 22.64 W40 Lisa Marie Render 22.77	W70 Phillis Provost 6.30 Weight Pentathion	M55 Bill Fitzpatrick 60.34	M65 Richard Imperiale 27-7	M65 James Miller 28.56
W60 Bryant, Nina 38-09 Javelin	Long Hurdles	M40 Dave Rothenbury 3080	Roy Michon 63.55 M60 Robert Kogler 69.82	M70 Donald Leis 20-3 W50 Linda Cohn 29-2	Charles Sayles 30.37
M30 Elam, Kirk 99-03	M35 Don Drummond 56.53	M50 Dan Roloff 2845	Ted Draper 1:14.35	W50 Linda Cohn 29-2 W55 A Steekelenburg 27-8	M75 Loren Leonard 34:30 M80 William Fraser 48.29
M40 McNeely, Martin 70-10	M40 Robbie Birdwell 65.87	Donald Lantrip 2550	M65 Carlos Cruz 1:18.80	W75 Frances Styles 14-5	W55 Xena Hobson 48:40
M45 Ellis, Ken 141-03	M45 Jeff Brower 62.90	M55 Roger Conboy 3745	John Weidinger 1:24.85	Shot Put	W65 Julie Grant 51:06
M50 Surrell, Herman 117-09	M60 Michael Burns 56.15	M60 Julius Cassels 2961	M70 Jesse Carrington 1:07.62	M50 Val Olotoa 41-8	W70 Louise Martin 54:30
M55 Deer, Charles 47-01	High Jump	M65 Pete La Barge 3887	Donald Leis 1:18.87	Gary Schmidt 41-2.75	10,000m Road Race
M60 Colliver, Ron 102-07	M45 Jeff Brower 1.70 Benedict Olusola 1.60	M70 Bob Ward 4671 M75 Val Smith 3124	M75 Don Cheek 1:14.65	M55 Fred Jessee 38-6.75	M50 William Hewes 44:15
M65 Brauser, Brad (600g) 104-00 M65 Vrooman, Ross (500g) 53-02	M50 Terry Helton 1.45	M75 Val Smith 3124 W70 Phyllis Provost 2525	Rodney Brown 1:17.51 Jim Selby 1:19.96	Eddie Damron 33-11.75 M60 John Schneider 39-0.75	Steve Bond 49:02 M55 Timothy Hayes 46:20
M75 Jack, Floyd T	M60 Norman Frable 1.45	3000m RW	M90 George Feinstein 3:19.07	Gary Wuest 37-10.75	Maurice Beidler 49:24
M85 Bennett, Doc 30-03	M65 Don Isett 1.30	M50 Dave Gwyn 22:14.00	W50 Jeanne Bowman. 1:17.60	M65 Paul Lissy 38-9	M60 Byron Melendy 44.28
W45 Cameron, Lynne 65-11	M70 George Jageman 0.90	M60 Norman Frable 16:38.03	Debbie Selby 1:25.52	Riley O'Neil 37-5.75	Ramon Garcia 48:31
W60 Bryant, Nina 47-01	M75 Val Smith 1.05	M65 Loiza Vosta 19:40.00	W55 Josephine Roldan 1:29.16	Richard Noble 37-3.25	M65 James Miller 1:02:50
LICATE CW A	M80 Bob Wingo 1.00	M70 Presley Donaldson 21:31.72	Beverly Hicks 1:38.31	John Burns 34-11.75 W50 Linda Cohn 31-4	Charles Sayles 1:05:20
USATF-SW Assn.	W65 Shelly Whitlock 1.00	W60 Kathy Frable 18:59.48	W60 Reemi Wentzel 1:16.99 Reiko Duba 1:22.15	W50 Linda Cohn 31-4 Rita Hanscom 31-0.25	M70 Bob Gold 1:10:10 Kenneth Reynett 1:20:20
Championships	Pole Vault M40 Troy Horton 2.75	WEST	W65 Ellen Demsky 1:39.32	W55 Brenda Matthews 31-2.75	M75 James Franklin 1:00:54
Coppell HS, TX; June 17	Donald Curry 3.35	WEST	W70 Patricia Willis 2:43.30	La Tanya Glass 28-10.50	Loren Leonard 1:10:42
100m	Tom Garzillo 2.90	California Senior Games	800m	W60 Kathryn Noble 21-7	M80 William Fraser 1:40:20
M35 Reggie Pendland 11.16	M50 Doug Sparks 3.35	Pasadena, CA; June 3	M50 Rob Duncanson 2:16.76	Hattie Perry 16-10.50	W50 Liz Cecchi-Ewing 54:25
Wade Menzies 12.53	Charlie Bing 2.90	rasadella, CA, dulle 3	M55 Gary Hall 2:32.03	W65 Cherrie Sherrard 29-6.25	Wendy Bracamonte 55:02
Ward Menzies 12.70	M65 Steven Warr 3.03	50m	M55 Gary Hall 2:32.03	Elsbeth Padia 21-5.50	W65 Ellen Demsky 1:02:58
M40 Michael Labay 11.65	Don Isett 2.88	50m M50 Hubert Evans 6.73	M60 Frank Condon 2:23.52	W70 Christel Donley 23-8.50	W65 Ellen Demsky 1:02:58
M40 Michael Labay 11.65 Scott Cloud 13.02	Don Isett 2.88 M70 George Jageman 1.88	M50 Hubert Evans 6.73 Charles Williams 6.77	M60 Frank Condon 2:23.52 Anthony Teske 2:46.23	W70 Christel Donley 23-8.50 Gloria Doro 23-2.25	W65 Ellen Demsky 1:02:58 Team Thor USA Thunder
M40 Michael Labay 11.65 Scott Cloud 13.02 Dudley Wright 13.19	Don Isett 2.88 M70 George Jageman 1.88 W65 Shelly Whitlock 1.73	M50 Hubert Evans 6.73 Charles Williams 6.77 M55 Raymond Yeck 7.01	M60 Frank Condon 2:23.52 Anthony Teske 2:46.23 M65 Jerry Hackett 2:36.95	W70 Christel Donley 23-8.50	W65 Ellen Demsky 1:02:58 Team Thor USA Thunder Series, UCSD-La Jolla
M40 Michael Labay 11.65 Scott Cloud 13.02 Dudley Wright 13.19 M45 Reggie Garner 12.23	Don Isett 2.88 M70 George Jageman 1.88 W65 Shelly Whitlock 1.73 W70 Mary Lou Bradford 1.73	M50 Hubert Evans 6.73 Charles Williams 6.77 M55 Raymond Yeck 7.01 Patrick Lyons 7.12	M60 Frank Condon 2:23.52 Anthony Teske 2:46.23	W70 Christel Donley 23-8.50 Gloria Doro 23-2.25 Discus M50 Val Olotoa 134-9 Gary Schmidt 124-8	W65 Ellen Demsky 1:02:58 Team Thor USA Thunder
M40 Michael Labay 11.65 Scott Cloud 13.02 Dudley Wright 13.19 M45 Reggie Garner 12.23 Andres Seach 12.42	Don Isett 2.88 M70 George Jageman 1.88 W65 Shelly Whitlock 1.73 W70 Mary Lou Bradford 1.73 Long Jump M40 Michael Labay 5.91	M50 Hubert Evans 6.73 Charles Williams 6.77 M55 Raymond Yeck 7.01 Patrick Lyons 7.12 M60 Gary Wuest 7.34	M60 Frank Condon 2:23.52 Anthony Teske 2:46.23 M65 Jerry Hackett 2:36.95 Jim Lyons 3:07.39 M70 Donald Leis 4:28.17 M75 Jim Selby 3:11.80	W70 Christel Donley 23-8.50 Gloria Doro 23-2.25 Discus 134-9 Gary Schmidt 124-8 M55 Fred Jessee 124-10	Team Thor USA Thunder Series, UCSD-La Jolla CA; June 10
M40 Michael Labay 11.65 Scott Cloud 13.02 Dudley Wright 13.19 M45 Reggie Garner 12.23	Don Isett 2.88 M70 George Jageman 1.88 W65 Shelly Whitlock 1.73 W70 Mary Lou Bradford 1.73 Long Jump M40 Michael Labay 5.91 Alan Sims 5.70	M50 Hubert Evans 6.73 Charles Williams 6.77 M55 Raymond Yeck 7.01 Patrick Lyons 7.12 M60 Gary Wuest 7.34 Alonzo Winfrey 7.56	M60 Frank Condon 2:23.52 Anthony Teske 2:46.23 M65 Jerry Hackett 2:36.95 Jim Lyons 3:07.39 M70 Donald Leis 4:28.17 M75 Jim Selby 3:11.80 Bob Holmes 3:40.84	W70 Christel Donley Gloria Doro 23-2.25 Discus M50 Val Olotoa 134-9 Gary Schmidt 124-8 M55 Fred Jessee 124-10 Michael Marsden 77-5	W65 Ellen Demsky 1:02:58 Team Thor USA Thunder Series, UCSD-La Jolla CA; June 10 Shot Put
M40 Michael Labay 11.65 Scott Cloud 13.02 Dudley Wright 13.19 M45 Reggie Garner 12.23 Andres Seach 12.42 Jeff Ratiiff 12.49 M50 Rick Riddle 12.58 Ron Boleware 12.65	Don Isett 2.88 M70 George Jageman 1.88 W65 Shelly Whitlock 1.73 W70 Mary Lou Bradford 1.73 Long Jump M40 Michael Labay 5.91 Alan Sims 5.70 M45 Tom Garzillo 4.19	M50 Hubert Evans 6.73 Charles Williams 6.77 M55 Raymond Yeck 7.01 Patrick Lyons 7.12 M60 Gary Wuest 7.34 Alonzo Winfrey 7.56 M65 Doug Smith 6.95	M60 Frank Condon 2:23.52 Anthony Teske 2:46.23 M65 Jerry Hackett 2:36.95 Jim Lyons 3:07.39 M70 Donald Leis 4:28.17 M75 Jim Selby 3:11.80 Bob Holmes 3:40.84 W60 Jan Sakovich 5:48.06	W70 Christel Donley Gloria Doro 23-2.25 Discus M50 Val Olotoa 134-9 Gary Schmidt 124-8 M55 Fred Jessee 124-10 Michael Marsden M60 John Schneider 117-8	W65 Ellen Demsky 1:02:58 Team Thor USA Thunder Series, UCSD-La Jolla CA; June 10 Shot Put Carl Darby 49 12.04 Richard Watson 53 9.96
M40 Michael Labay 11.65 Scott Cloud 13.02 Dudley Wright 13.19 M45 Reggle Garner 12.23 Andres Seach 12.42 Jeff Rattiff 12.49 M50 Rick Riddle 12.58 Ron Boleware 12.65 John Dolan 12.98	Don Isett 2.88 M70 George Jageman 1.88 W65 Shelly Whitlock 1.73 W70 Mary Lou Bradford 1.73 Long Jump M40 Michael Labay 5.91 Alan Sims 5.70 M45 Tom Garzillo 4.19 M55 Ken Black 4.30	M50 Hubert Evans 6.73 Charles Williams 6.77 M55 Raymond Yeck 7.01 Patrick Lyons 7.12 M60 Gary Wuest 7.34 Alonzo Winfrey 7.56 M65 Doug Smith 6.95 Lee Gillespie 7.68 M70 Roger Tsuda 7.58	M60 Frank Condon 2:23.52 Anthony Teske 2:46.23 M65 Jerry Hackett 2:36.95 Jim Lyons 3:07.39 M70 Donald Leis 4:28.17 M75 Jim Selby 3:11.80 Bob Holmes 3:40.84 W60 Jan Sakovich 5:48.06 W65 Jean Daprano 3:12.68	W70 Christel Donley Gloria Doro 23-2.25 Discus M50 Val Olotoa 134-9	Team Thor USA Thunder Series, UCSD-La Jolla CA; June 10 Shot Put Carl Darby 49 Richard Watson 53 Jerry Moylan 53 1:02:58 102:58 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40 120:40
M40 Michael Labay Scott Cloud 13.02 Dudley Wright 13.19 M45 Reggie Garner 12.23 Andres Seach 12.42 Jeff Ratiff 12.49 M50 Rick Riddle 12.58 Ron Boleware 12.65 John Dolan 12.98 M55 Mike Loyd 13.91	Don Isett 2.88	M50 Hubert Evans 6.73 Charles Williams 6.77 M55 Raymond Yeck 7.01 Patrick Lyons 7.12 M60 Gary Wuest 7.34 Alonzo Winfrey 7.56 M65 Doug Smith 6.95 Lee Gillespie 7.68 M70 Roger Tsuda 7.58 Ted La Franchi 7.66	M60 Frank Condon 2:23.52 Anthony Teske 2:46.23 M65 Jerry Hackett 2:36.95 Jim Lyons 3:07.39 M70 Donald Leis 4:28.17 M75 Jim Selby 3:11.80 Bob Holmes 3:40.84 W60 Jan Sakovich 5:48.06 W65 Jean Daprano 5:12.68 Ellen Demsky 4:06.31	W70 Christel Donley Gloria Doro 23-2.25 Discus M50 Val Olotoa 134-9 Gary Schmidt 124-8 M55 Fred Jessee 124-10 Michael Marsden M60 John Schneider Ron Damschen M65 John Burns 122-2	W65 Ellen Demsky 1:02:58 Team Thor USA Thunder Series, UCSD-La Jolla CA; June 10 Shot Put Carl Darby 49 12.04 Richard Watson 53 9.96 Jerry Moylan 53 7.46 Bob Humphreys 70 11.48
M40 Michael Labay Scott Cloud 13.02 Dudley Wright 13.19 M45 Reggle Garner 12.23 Andres Seach 12.42 Jeff Ratliff 12.49 M50 Rick Riddle 12.58 Ron Boleware John Dolan 12.98 M55 Mike Loyd 13.91 Ken Black 14.81	Don Isett 2.88 M70 George Jageman 1.88 W65 Shelly Whitlock 1.73 W70 Mary Lou Bradford 1.73 Long Jump M40 Michael Labay 5.91 Alan Sims 5.70 M45 Tom Garzillo 4.19 M55 Ken Black 4.30 M65 Don Isett 3.79 M70 George Jageman 2.92	M50 Hubert Evans Charles Williams 6.73 6.77 M55 Raymond Yeck Patrick Lyons 7.01 7.12 M60 Gary Wuest Alonzo Winfrey 7.56 6.95 Lee Gillespie 6.95 7.68 M70 Roger Tsuda 7.58 7.58 Ted La Franchi 7.66 7.68 M75 Don Cheek 8.07	M60 Frank Condon 2:23.52 Anthony Teske 2:46.23 M65 Jerry Hackett 2:36.95 Jim Lyons 3:07.39 M70 Donald Leis 4:28.17 M75 Jim Selby 3:11.80 Bob Holmes 3:40.84 W60 Jan Sakovich 5:48.06 W65 Jean Daprano 3:12.68	W70 Christel Donley Gloria Doro 23-2.25 Discus M50 Val Olotoa 134-9	W65 Ellen Demsky
M40 Michael Labay Scott Cloud 13.02 Dudley Wright 13.19 M45 Reggle Garner 12.23 Andres Seach 12.42 Jeff Rattiff 12.49 M50 Rick Riddle 12.58 Ron Boleware 12.65 John Dolan 12.98 M55 Mike Loyd 13.91 Ken Black 14.81 Larry Donehower 15.99	Don Isett 2.88 M70 George Jageman 1.88 W65 Shelly Whitlock 1.73 W70 Mary Lou Bradford 1.73 Long Jump M40 Michael Labay 5.91 Alan Sims 5.70 M45 Tom Garzillo 4.19 M55 Ken Black 4.30 M65 Don Isett 2.99 M70 George Jageman 2.92 M75 Val Smith 2.29 M80 Bob Wingo 2.70	M50 Hubert Evans Charles Williams 6.73 Charles Williams 6.77 M55 Raymond Yeck Patrick Lyons 7.12 M60 Gary Wuest Alonzo Winfrey M65 Doug Smith Lee Gillespie 7.58 Ted La Franchi M75 Don Cheek Jim Selby 6.73 4.70 6.77 8.76	M60 Frank Condon 2:23.52 Anthony Teske 2:46.23 M65 Jerry Hackett 2:36.95 Jim Lyons 3:07.39 M70 Donald Leis 4:28.17 M75 Jim Selby 3:11.80 Bob Holmes 3:40.84 W60 Jan Sakovich 5:48.06 W65 Jean Daprano 1:2.68 Ellen Demsky 4:06.31 W70 Patricia Willis 6:15.21 1500m 4:44.29	W70 Christel Donley Gloria Doro 23-2.25 Discus M50 Val Olotoa 134-9 Gary Schmidt 124-8 M55 Fred Jessee 14-10 Michael Marsden M60 John Schneider Ron Damschen M65 John Burns 122-2 Richard Noble 118-9 M70 Alan Rosen 109-0 Ken Tronstad 105-5	Team Thor USA Thunder Series, UCSD-La Jolla CA; June 10
M40 Michael Labay Scott Cloud 13.02 Dudley Wright 13.19 M45 Reggie Garner 12.23 Andres Seach 12.42 Jeff Ratiff 12.49 M50 Rick Riddle 12.58 Ron Boleware 12.65 John Dolan 12.98 M55 Mike Loyd 13.91 Ken Black 14.81 Larry Donehower 14.63	Don Isett 2.88 M70 George Jageman 1.88 W55 Shelly Whitlock 1.73 W70 Mary Lou Bradford 1.73 Long Jump M40 Michael Labay 5.91 Alan Sims 5.70 M45 Tom Garzillo 4.19 M55 Ken Black 4.30 M65 Don Isett 3.79 M70 George Jageman 4.92 M75 Val Smith 2.29 M80 Bob Wingo 2.70 Triple Jump	M50 Hubert Evans Charles Williams 6.73 6.77 M55 Raymond Yeck Patrick Lyons 7.01 7.12 M60 Gary Wuest Alonzo Winfrey 7.56 6.95 Lee Gillespie 7.68 7.68 7.68 M70 Roger Tsuda 7.58 7.66 M75 Don Cheek M75 Don Cheek Jim Selby 8.07 8.56 M80 Michio Kawamoto 15.83	M60 Frank Condon 2:23.52 Anthony Teske 2:46.23 M65 Jerry Hackett 2:36.95 Jim Lyons 3:07.39 M70 Donald Leis 4:28.17 M75 Jim Selby 3:11.80 Bob Holmes 3:40.84 W60 Jan Sakovich 5:48.06 W65 Jean Daprano 5:12.68 Ellen Demsky 4:06.31 W70 Patricia Willis 6:15.21 1500m M50 Rob Duncanson 4:44.29 Mike Fanelli 4:46.46	W70 Christel Donley Gloria Doro 23-8.50 23-2.25 Discus 3-2.25 M50 Val Olotoa Gary Schmidt 124-8 124-10 Michael Marsden M55 Fred Jessee M60 John Schneider Ron Damschen 117-8 115-1 M65 John Burns Ron Damschen 115-1 122-2 Richard Noble 118-9 109-0 Ken Tronstad M80 Del Alaways 99-3	## 1:02:58 Team Thor USA Thunder Series, UCSD-La Jolla CA; June 10 Shot Put
M40 Michael Labay Scott Cloud 13.02 Dudley Wright 13.19 M45 Reggle Garner 12.23 Andres Seach 12.42 Jeff Ratliff 12.49 M50 Rick Riddle 12.58 Ron Boleware 12.65 John Dolan 12.98 M55 Mike Loyd 13.91 Ken Black Larry Donehower 15.99 M60 Larry Link 14.63 Andy Pittman 16.06	Don Isett 2.88 M70 George Jageman 1.88 W65 Shelly Whitlock 1.73 W70 Mary Lou Bradford 1.73 Long Jump M40 Michael Labay 5.91 Alan Sims 5.70 M45 Tom Garzillo 4.19 M55 Ken Black 4.30 M65 Don Isett 3.79 M70 George Jageman 2.92 M75 Val Smith 2.29 M80 Bob Wingo 2.70 Triple Jump M55 Ken Black 9.03	M50 Hubert Evans Charles Williams 6.73 6.77 M55 Raymond Yeck Patrick Lyons 7.01 7.12 M60 Gary Wuest Alonzo Winfrey 7.56 6.95 Lee Gillespie M65 Doug Smith Lee Gillespie 7.68 7.68 M70 Roger Tsuda Ted La Franchi 7.58 8.07 Jim Selby M80 Michio Kawamoto Taki Nagao 15.83 20.61	M60 Frank Condon 2:23.52 Anthony Teske 2:46.23 M65 Jerry Hackett 2:36.95 Jim Lyons 3:07.39 M70 Donald Leis 4:28.17 M75 Jim Selby 3:11.80 Bob Holmes 3:40.84 W60 Jan Sakovich 5:48.06 W65 Jean Daprano Ellen Demsky 4:06.31 W70 Patricia Willis 6:15.21 1500m M50 Rob Duncanson Mike Fanelli 4:46.46 M55 Gary Hall 5:13.43	W70 Christel Donley Gloria Doro 23-2.25 Discus M50 Val Olotoa 134-9 Gary Schmidt 124-8 M55 Fred Jessee Michael Marsden M60 John Schneider Ron Damschen M65 John Burns Richard Noble 118-9 M70 Alan Rosen Ken Tronstad M80 Del Alaways 99-3 George Demos 72-3	## 1:02:58 Team Thor USA Thunder Series, UCSD-La Jolla CA; June 10 Shot Put Carl Darby 49 12.04 Richard Watson 53 9.96 Jerry Moylan 53 7.46 11.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48 1.48
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M40 Michael Labay Scott Cloud Dudley Wright M45 Reggie Garner Andres Seach Jeff Rattiff M50 Rick Riddle Jeff Rattiff Jeff Rattiff M50 Rick Riddle Jeff Rattiff M5	Don Isett 2.88 M70 George Jageman 1.88 W65 Shelly Whitlock 1.73 W70 Mary Lou Bradford 1.73 Long Jump 1.73 M45 Tom Garzillo 4.19 M55 Ken Black 4.30 M65 Don Isett 3.79 M70 George Jageman 2.92 M75 Val Smith 2.29 M55 Ken Black 9.03 M75 Val Smith 2.70 Triple Jump 1.55 M55 Ken Black 9.03 M75 Val Smith 2.70 Triple Jump 1.55 M55 Ken Black 9.03 M75 Val Smith 1.73 M45 David Warner 1.740 Dave Rotherbury 11.13 M45 David Warner 12.67 Jose Torres 12.02 Tom Garzillo 7.54 M50 Dan Roloff 12.99 Donald Lantrip 10.98 Terry Helton 10.34 M55 Roger Conboy 12.28 Robert Rogers 10.82 M65 Pete La Barge 9.62 M70 Bob Ward 11.65	M50 Hubert Evans Charles Williams 6.73	M60 Frank Condon Anthony Teske 2:23.52 Anthony Teske 2:36.95 M65 Jerry Hackett 2:36.95 Jim Lyons 3:07.39 M70 Donald Leis 4:28.17 M75 Jim Selby 3:11.80 Bob Holmes 3:40.84 W60 Jan Sakovich 5:48.06 W65 Jean Daprano 12:68 Ellen Demsky 4:06.31 W70 Patricia Willis 6:15.21 1500m M50 Rob Duncanson Mike Fanelli 5:13.43 M55 Gary Hall 5:33.43 Michel Torres 6:58.12 M60 Frank Condon John Dischinger 6:38.12 M65 Jim Lyons 6:24.79 French Anderson 6:33.65 M70 Carl Brubbs 7:49.20 M75 Jim Selby 6:53.92 Bob Holmes 7:41.48 W55 Yoko Eichel 3:7.01 W60 Reiko Duba 6:27.55 W65 Ellen Demsky 7:29.15 5000m 3:08.34 M55 Gary Hall 20:08.34 M55 Gary Hall 20:08.91	W70 Christel Donley Gloria Doro 23-8.50 Borian Doro 23-2.25 Discus M50 Val Olotoa 134-9 M55 Fred Jessee 124-10 M65 John Schneider Ron Damschen 117-8 M65 John Burns 122-2 Richard Noble 118-9 M70 Alan Rosen 109-0 Ken Tronstad 105-5 M80 Del Alaways 99-3 George Demos 72-3 W50 Linda Cohn 91-6 Rita Hanscom 79-11 W55 Brenda Matthews A Steekelenberg A Steekelenberg 70-1 W60 Kathryn Noble 51-11 Cherrie Sherrard 61-10 W70 Christel Donlwy 59-0 W80 Jeanne Bishop 25-9 Javelin 149-7 M55 Gerald Prnjak 149-7 Fred Jessee 133-7 M60 John Schneider 26-7 Gary Wuest 133-1 M65 John Burns 133-1 Gary Krumweide 116-5	Team Thor USA Thunder Series, UCSD-La Jolla CA; June 10
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M40 Michael Labay Scott Cloud Dudley Wright M45 Reggie Garner Andres Seach Jeff Rattiff M50 Rick Riddle Jeff Rattiff Jeff Rattiff M50 Rick Riddle Jeff Rattiff M5	Don Isett 2.88	M50 Hubert Evans Charles Williams 6.73 Charles Williams 6.77 Charles Williams 6.77 Charles Williams 6.77 Charles Williams 7.01 Farrick Lyons 7.12 Farrick Lyons 8.12 Farrick Lyons 7.26 Farrick Lyons 8.12 Farrick Lyons 8.12 Farrick Lyons 8.07 Farrick Lyo	M60 Frank Condon Anthony Teske 2:23.52 Anthony Teske 2:36.95 Jim Lyons 3:07.39 M70 Donald Leis 4:28.17 M75 Jim Selby 3:11.80 Bob Holmes 3:40.84 W60 Jan Sakovich 5:48.06 W55 Jean Daprano 3:12.68 Ellen Demsky 4:06.31 W70 Patricia Willis 6:15.21 1500m M50 Rob Duncanson 4:44.29 Mise Fanelli 5:13.43 Michel Torres 6:58.12 M65 Jam Lyons 6:58.12 M65 Jim Lyons 6:24.79 French Anderson 6:33.65 M75 Jim Selby 6:33.65 M75 Jim Selby 6:53.92 M55 Yoko Eichel 6:14.97 Janis Campbell 6:37.01 M60 Reiko Duba 6:27.55 W65 William Hewes 20:08.34 M55 Gary Hall 20:05.8.91 M50 William Hewes 20:05.8.91 M65 James Miller 20:05.8.91 Joel Contreras 20:05.8.91	W70 Christel Donley Gloria Doro 23-8.50 Bora 23-2.25 Discus 134-9 M50 Val Olotoa 124-8 Gary Schmidt 124-8 M55 Fred Jessee 117-8 M60 John Schneider Ron Damschen 117-8 M65 John Burns 115-1 Richard Noble 118-9 M70 Alan Rosen 109-0 Ken Tronstad 105-5 M80 Del Alaways 99-3 George Demos 72-3 W50 Linda Cohn 79-11 M55 Brenda Matthews A Steekelenberg A Steekelenberg 81-6 W60 Kathryn Noble 51-11 Cherrie Sherrard 61-10 W70 Christel Donlwy 89-0 W80 Jeanne Bishop 25-9 Javelin 138-6 M55 Gerald Prnjak 149-7 Fred Jessee 133-7 M60 John Schneider 126-7 Gary Wuest 133-1 Gary Krumweide 116-5 M70 Ed Martin 116-6	Team Thor USA Thunder Series, UCSD-La Jolla CA; June 10
M40 Michael Labay Scott Cloud 13.02 Dudley Wright 13.19 M45 Reggie Garner 12.23 Andres Seach 12.42 Jeff Rattiff 12.49 M50 Rick Riddle 12.58 Ron Boleware 12.65 John Dolan 12.98 M55 Mike Loyd 13.91 Ken Black 14.81 Larry Donehower 15.99 M60 Larry Link 14.63 Andy Pittman 16.06 M65 Bob Lida 13.22 Wayne Bennett 13.89 Don Isett 13.56 M80 Bob Wingo 20.03 W30 Lisa Rosborough 13.12 Donna Lawrence 13.02 W40 Paula Merriman 14.42 W50 Linda Dixon 14.48 Laura Kerns 17.49 W65 Shelly Whitlock 18.60 200m M35 Wade Menzies 24.78 Ward Menzies 25.41 M40 David Jones 23.38 Michael Labay Anthony Granville 25.38 M45 Reggie Garner 24.66 Hurst Rodrick 24.71 Andrew Seach 25.06 M50 Rick Riddle 25.56 Ron Boleware 26.49	Don Isett 2.88 M70 George Jageman 1.88 W65 Shelly Whitlock 1.73 W70 Mary Lou Bradford 1.73 Long Jump M40 Michael Labay 5.91 Alan Sims 5.70 M45 Tom Garzillo 4.19 M55 Ken Black 4.30 M65 Don Isett 3.79 M70 George Jageman 2.92 M75 Val Smith 2.29 M80 Bob Wingo 2.70 Triple Jump M55 Ken Black 9.03 M75 Val Smith 2.70 Triple Jump M55 Ken Black 9.03 M75 Val Smith 3.79 M40 Lisa Marie Render 7.40 Shot Put 11.13 M45 David Warner 12.67 Jose Torres 12.02 Tom Garzillo 7.54 M50 Dan Roloff 12.99 Donald Lantrip 10.98 Terry Helton 10.34 M55 Roger Conboy 12.28 Robert Rogers 10.82 M65 Pete La Barge 9.62 M70 Bob Ward 11.65 John Cantrell 11.28 George Jageman 8.44 M75 Val Smith 8.48	M50 Hubert Evans Charles Williams 6.73	M60 Frank Condon Anthony Teske 2:23.52 Anthony Teske 2:36.95 M65 Jerry Hackett 2:36.95 Jim Lyons 3:07.39 M70 Donald Leis 4:28.17 M75 Jim Selby 3:11.80 Bob Holmes 3:40.84 W60 Jan Sakovich 5:48.06 W65 Jean Daprano 5:48.06 Ellen Demsky 4:06.31 W70 Patricia Willis 6:15.21 1500m M50 Rob Duncanson Mike Fanelli 4:44.29 M55 Gary Hall 5:13.43 Michel Torres 6:58.12 M60 Frank Condon John Dischinger 6:38.12 M65 Jim Lyons 6:24.79 French Anderson 6:33.65 M70 Carl Brubbs 7:49.20 M75 Jim Selby 6:53.92 Bob Holmes 7:41.48 W55 Yoko Eichel 6:37.01 W60 Reiko Duba 6:27.55 W55 Gary Hall 20:08.34 M60 Byron Melendy 20:58.91 Joel Contreras M65.99.1 M65 James Miller 20:08.34	W70 Christel Donley Gloria Doro 23-8.50 Discus 33-2.25 M50 Val Olotoa Gary Schmidt 124-8 M55 Fred Jessee 124-10 M65 John Schneider Ron Damschen 117-8 M65 John Burns 122-2 Richard Noble 118-9 M70 Alan Rosen 109-0 Ken Tronstad 105-5 M80 Del Alaways 99-3 George Demos 72-3 W50 Linda Cohn 91-6 Rita Hanscom 79-11 W55 Brenda Matthews A Steekelenberg A Steekelenberg 70-1 W60 Kathryn Noble 51-11 Cherrie Sherrard 61-10 W70 Christel Donlwy 59-0 W80 Jeanne Bishop 25-9 Javelin 149-7 M55 Gerald Prnjak 149-7 Fred Jessee 133-7 M60 John Schneider 26-7 Gary Wuest 133-1 M65 John Burns 133-1 Gary Krumweide M7 M70 Del Alaways 116-5	Team Thor USA Thunder Series, UCSD-La Jolla CA; June 10
M40 Michael Labay Scott Cloud 13.02 Dudley Wright 13.19 M45 Reggie Garner 12.23 Andres Seach 12.42 Jeff Ratifff 12.49 M50 Rick Riddle 12.58 Ron Boleware 12.65 John Dolan 12.98 M55 Mike Loyd 13.91 Ken Black 14.81 Larry Donehower 15.99 M60 Larry Link 14.63 Andy Pittman 16.06 M65 Bob Lida 13.22 Wayne Bennett 13.89 Don Isett 13.89 Don Isett 13.56 M80 Bob Wingo 20.03 W30 Lisa Rosborough 13.12 Donna Lawrence W40 Paula Merriman 14.42 W50 Linda Dixon 14.48 Laura Kerns 17.49 W65 Shelly Whitlock 18.60 200m M35 Wade Menzies 24.78 Ward Menzies 25.41 M40 David Jones 23.38 M45 Reggie Garner 14.66 Hurst Rodrick 24.71 Andrew Seach M50 Rick Riddle 25.56 M50 Rick Riddle 25.56 M50 Rick Riddle 26.59	Don Isett 2.88 M70 George Jageman 4.88 W65 Shelly Whitlock 1.73 W70 Mary Lou Bradford 1.73 Long Jump 4.19 M40 Michael Labay 5.91 Alan Sims 5.70 M45 Tom Garzillo 4.19 M55 Ken Black 3.79 M70 George Jageman 2.92 M70 George Jageman 2.92 M70 George Jageman 2.92 M70 George Jageman 3.79 M70 George Jageman 2.92 M80 Bob Wingo 2.70 Triple Jump 5.78 W40 Lisa Marie Render 7.40 Shot Put 5.78 W40 Lisa Marie Render 7.40 Shot Put 11.13 M45 David Warner 12.67 Jose Torres 12.02 Tom Garzillo 7.54 M50 Dan Roloff 12.99 Donald Lantrip 10.98 Terry Helton 10.34 M55 Roger Conboy 12.28 Robert Rogers 10.82 M60 Julius Cassels 10.82 M65 Pete La Barge 9.62 M70 Bob Ward 11.65 John Cantrell George Jageman M75 Val Smith 8.48 W65 Shelly Whitlock 6.53	M50 Hubert Evans	M60 Frank Condon Anthony Teske 2:23.52 Anthony Teske 2:36.95 M65 Jerry Hackett 2:36.95 Jim Lyons 3:07.39 M70 Donald Leis 4:28.17 M75 Jim Selby 3:11.80 Bob Holmes 3:40.84 W60 Jan Sakovich 5:48.06 W65 Jean Daprano 5:12.68 Ellen Demsky 4:06.31 W70 Patricia Willis 6:15.21 1500m 4:46.46 M55 Gary Hall 4:44.29 Michel Torres 6:58.12 M60 Frank Condon 4:57.51 John Dischinger 6:58.12 M65 Jim Lyons 6:24.79 French Anderson 6:53.65 M70 Carl Brubbs 6:53.92 Bob Holmes 7:41.48 W55 Yoko Eichel 6:37.01 W60 Reiko Duba 6:27.55 W65 Ellen Demsky 7:29.15 5000m 200.8.34 M55 Gary Hall 20:08.34 M60 Byron Melendy 20:06.14 M65 James Miller 30:53.21<	W70 Christel Donley Gloria Doro 23-8.50 23-2.25 Discus M50 Val Olotoa Gary Schmidt 134-9 124-8 M55 Fred Jessee M60 John Schneider Ron Damschen 115-1 17-5 M60 John Schneider Ron Damschen 115-1 115-1 M65 John Burns George Demos 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109-0 109	Team Thor USA Thunder Series, UCSD-La Jolla CA; June 10
M40 Michael Labay Scott Cloud Dudley Wright M45 Reggie Garner Andres Seach Jeff Rattiff M50 Rick Riddle Jeff Rattiff Jeff Rat	Don Isett 2.88	M50 Hubert Evans Charles Williams 6.73	M60 Frank Condon	W70 Christel Donley Gloria Doro 23-8.50 Bora Gary Schmidt 124-8 M50 Val Olotoa Gary Schmidt 124-8 M55 Fred Jessee Ron Damschen 117-8 M60 John Schneider Ron Damschen 115-1 M65 John Burns Richard Noble 118-9 M70 Alan Rosen 109-0 Ken Tronstad 105-5 M80 Del Alaways 99-3 George Demos 72-3 W50 Linda Cohn Rita Hanscom 79-11 W55 Brenda Matthews A Steekelenberg 81-6 A Steekelenberg 81-6 W60 Kathryn Noble Cherrie Sherrard 51-11 Cherrie Sherrard 61-10 W70 Christel Donlwy 809 Javelin M50 Rob Duncanson David Harnel 138-6 M55 Gerald Prnjak Fred Jessee 141-1 M50 Rob Duncanson David Harnel 138-6 M60 John Schneider Gary Wuest 126-7 M65 John Burns Gary Krumweide 116-10 M70 Ed Martin 116-5 M70 Ed Martin 116-6 M70 Ed Martin 116-10 M65 John Burns George Demos <td> Team Thor USA Thunder Series, UCSD-La Jolla CA; June 10</td>	Team Thor USA Thunder Series, UCSD-La Jolla CA; June 10
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M40 Michael Labay Scott Cloud 13.02 Dudley Wright 13.19 M45 Reggie Garner 12.23 Andres Seach 12.42 Jeff Rattiff 12.49 M50 Rick Riddle 12.58 Ron Boleware 12.65 John Dolan 12.98 M55 Mike Loyd 13.91 Ken Black 14.81 Larry Donehower 15.99 M60 Larry Link 14.63 Andy Pittman 16.06 M65 Bob Lida 13.22 Wayne Bennett 13.89 Don Isett 13.56 M80 Bob Wingo 20.03 W30 Lisa Rosborough 13.12 Donna Lawrence W40 Paula Merriman 14.42 W50 Linda Dixon 14.48 Laura Kerns 17.49 W65 Shelly Whitlock 18.60 200m M35 Wade Menzies 24.78 Ward Menzies 25.41 M40 David Jones 23.38 Michael Labay 23.41 Anthony Granville M45 Reggie Garner 4.66 M50 Rick Riddle 25.56 M50 Rick Riddle 25.56 M50 Rick Riddle 26.59 Mike Shufelt 26.59 M60 Michael Burns 32.66 Andy Pittman 33.86	Don Isett 2.88	M50	M60 Frank Condon Anthony Teske 2:23.52 Anthony Teske 2:36.95 M65 Jerry Hackett 2:36.95 Jim Lyons 3:07.39 M70 Donald Leis 4:28.17 M75 Jim Selby 3:11.80 Bob Holmes 3:40.84 W60 Jan Sakovich 5:48.06 W55 Jean Daprano 3:12.68 Ellen Demsky 4:06.31 W70 Patricia Willis 6:15.21 1500m M50 Rob Duncanson 4:44.29 M55 Ropy Ball 5:13.43 Michel Torres 6:58.12 M65 Jim Lyons 6:58.12 French Anderson 6:52.28 M65 Jim Lyons 6:33.65 French Anderson 6:53.92 M75 Jim Selby 6:53.92 M75 Jim Selby 6:53.92 M65 Blen Demsky 7:41.48 W55 Yoko Eichel 6:37.01 M60 Reiko Duba 6:37.01 M55 Gary Hall 20:08.34 M55 Gary Hall 20:05.8.91 John Weidinger 30:53.21 M70	W70 Christel Donley Gloria Doro 23-8.50 Bora Doro 23-2.25 Discus 134-9 M50 Val Olotoa Gary Schmidt 124-8 M55 Fred Jessee Ron Damschen 117-8 M60 John Schneider Ron Damschen 117-8 M65 John Burns Richard Noble 118-9 M70 Alan Rosen 109-0 Ken Tronstad 105-5 M80 Del Alaways 99-3 George Demos 72-3 W50 Linda Cohn Rita Hanscom 79-11 W55 Brenda Matthews A Steekelenberg 81-6 A Steekelenberg 81-6 W60 Kathryn Noble Cherrie Sherrard 51-11 Cherrie Sherrard 60-10 W70 Christel Donlwy 809 Javelln M50 Rob Duncanson David Harnel 138-6 M55 Gerald Prnjak Fred Jessee 141-1 M50 Rob Duncanson David Harnel 138-7 M60 John Schneider Gary Wuest 116-5 M65 John Burns Gary Krumweide 116-10 M70 Ed Martin 116-10 M65 John Burns Gary Krumweide 116-10 M70 Ed Martin	Team Thor USA Thunder Series, UCSD-La Jolla CA; June 10
M40 Michael Labay Scott Cloud Dudley Wright M45 Reggie Garner Andres Seach Jete Jeff Rattiff M50 Rick Riddle Jeff Rattiff M50 Rick R	Don Isett 2.88 M70 George Jageman 1.88 W65 Shelly Whitlock 1.73 W70 Mary Lou Bradford 1.73 Long Jump 1.79 M40 Michael Labay 5.91 Alan Sims 5.70 M45 Tom Garzillo 4.19 M55 Ken Black 4.30 M55 Ken Black 9.03 M75 Val Smith 2.29 M55 Ken Black 9.03 M75 Val Smith 2.70 Triple Jump 1.55 M55 Ken Black 9.03 M75 Val Smith 2.70 Triple Jump 1.75 M40 Lisa Marie Render 5.78 W40 Lisa Marie Render 1.34 M40 Stefan Blomquist 1.34 Brian Suter 1.34 Dave Rotherbury 11.13 M45 David Warner 1.267 Jose Torres 12.02 Tom Garzillo 7.54 M50 Dan Roloff 12.99 Donald Lantrip 10.98 Terry Helton 10.34 M55 Roger Conboy 12.28 Robert Rogers 12.04 M60 Julius Cassels 10.82 M65 Pete La Barge 9.62 M70 Bob Ward 11.65 John Cantrell 11.28 George Jageman 8.44 M75 Val Smith 8.48 W65 Shelly Whitlock 6.53 W70 Phyllis Provost 5.86 Discus 13.61 M45 Jose Torrey 30.87	M50 Hubert Evans Charles Williams 6.73	M60 Frank Condon Anthony Teske 2:23.52 Anthony Teske 2:36.95 M65 Jerry Hackett 2:36.95 Jim Lyons 3:07.39 M70 Donald Leis 4:28.17 M75 Jim Selby 3:11.80 Bob Holmes 3:40.84 W60 Jan Sakovich 5:48.06 W65 Jean Daprano 1:12.68 Ellen Demsky 4:06.31 W70 Patricia Willis 6:15.21 1500m M50 Rob Duncanson Mike Fanelli 4:44.29 M55 Gary Hall 5:28.28 M65 Jim Lyons 6:24.79 French Anderson John Dischinger 6:33.65 M70 Carl Brubbs 6:33.92 M75 Jim Selby 6:53.92 M55 Jim Lyons 6:24.79 French Anderson French Anderson John Dischinger 6:33.65 M70 Carl Brubbs 6:53.92 M55 Jim Selby 6:53.92 Joh Holmes 7:41.48 W55 Yoko Eichel 6:37.01 Joel Contreras M55 Gary Hall M60 Byron Melendy 20:58.91 Joel Contreras	W70 Christel Donley Gloria Doro 23-8.50 Boria Doro 23-2.25 Discus 134-9 M50 Val Olotoa Gary Schmidt 124-8 M55 Fred Jessee Ron Damschen 117-8 M60 John Schneider Ron Damschen 115-1 M65 John Burns 122-2 Richard Noble 118-9 M70 Alan Rosen 109-0 Ken Tronstad 105-5 M80 Del Alaways George Demos 72-3 W50 Linda Cohn 91-6 Rita Hanscom 79-11 W55 Brenda Matthews A Steekelenberg 70-1 W60 Kathryn Noble Cherrie Sherrard 51-11 Christel Donlwy 59-0 W80 Jeanne Bishop 25-9 Javelin 138-6 M50 Rob Duncanson David Harnel 149-7 M55 Gerald Prnjak Fred Jessee 149-7 Fred Jessee 133-7 M60 John Schneider Gary Wuest 133-1 M65 John Burns Gary Krumweide 133-1 M65 John Burns Gary Krumweide 133-1 M60-10 16-10 M6-10	Team Thor USA Thunder Series, UCSD-La Jolla CA; June 10
M40 Michael Labay Scott Cloud 13.02 Dudley Wright 13.19 M45 Reggie Garner 12.23 Andres Seach 12.42 Jeff Rattiff 12.49 M50 Rick Riddle 12.58 Ron Boleware 12.65 John Dolan 12.98 M55 Mike Loyd 13.91 Ken Black 14.81 Larry Donehower 15.99 M60 Larry Link 14.63 Andy Pittman 16.06 M65 Bob Lida 13.22 Wayne Bennett 13.89 Don Isett 13.56 M80 Bob Wingo 20.03 W30 Lisa Rosborough 13.12 Donna Lawrence 13.02 W40 Paula Merriman 14.42 W50 Linda Dixon 14.48 Laura Kerns 17.49 W65 Shelly Whitlock 200m M35 Wade Menzies 24.78 Ward Menzies 25.41 M40 David Jones 23.38 Michael Labay 23.41 Anthony Granville 25.38 M45 Reggie Garner 14.66 Ron Boleware 26.49 Mike Shufelt 26.59 M55 Mike Loyd 28.52 M60 Michael Burns 32.66 Andy Pittman 33.86 Andy Pittman 33.66	Don Isett 2.88 M70 George Jageman 4.88 W65 Shelly Whitlock 1.73 W70 Mary Lou Bradford 1.73 W70 Mary Lou Bradford 1.73 M40 Michael Labay 5.91 Alan Sims 5.70 M45 Tom Garzillo 4.19 M55 Ken Black 3.79 M70 George Jageman 7.79 M70 George Jageman 7.79 M70 George Jageman 7.79 M70 George Jageman 7.70 M75 Val Smith 7.70 M75 Ken Black 9.03 M75 Val Smith 9.03 M75 Val Smith 9.03 M75 Val Smith 9.03 M75 Val Smith 15.78 W40 Lisa Marie Render 7.40 Shot Put 11.13 M45 David Warner 12.67 Jose Torres 12.02 Tom Garzillo 7.54 M50 Dan Roloff 12.99 Donald Lantrip 10.98 Terry Helton 10.34 M55 Roger Conboy 12.28 Robert Rogers 10.82 M65 Pete La Barge 9.62 M70 Bob Ward 10.54 M75 Val Smith 8.48 W65 Shelly Whitlock 9.53 W70 Phyllis Provost 15.86 Discus 1.88 M40 Dave Rothenbury 8.48 M45 Jose Torrey 30.87 M50 John Stilbert 38.01	M50 Hubert Evans 6.73	M60 Frank Condon Anthony Teske 2:23.52 Anthony Teske 2:36.95 M65 Jerry Hackett 2:36.95 Jim Lyons 3:07.39 M70 Donald Leis 4:28.17 M75 Jim Selby 3:11.80 Bob Holmes 3:40.84 W60 Jan Sakovich 5:48.06 W65 Jean Daprano 1:26.8 Ellen Demsky 4:06.31 W70 Patricia Willis 6:15.21 1500m 4:44.29 M50 Rob Duncanson Mike Fanelli 5:13.43 M55 Gary Hall 5:13.43 M60 Frank Condon John Dischinger 6:58.12 M65 Jim Lyons 6:24.79 French Anderson 6:33.65 M70 Carl Brubbs 7:49.20 M75 Jim Selby 6:33.92 Bob Holmes 7:41.48 W55 Yoko Eichel 3:07.01 Joel Contreras 6:27.55 M55 Gary Hall 20:08.34 M60 Byron Melendy 20:08.34 Joel Contreras 36:15.40 M75 James Franklin 20:08.91 M	W70 Christel Donley Gloria Doro 23-8.50 23-2.25 Discus M50 Val Olotoa Gary Schmidt 134-9 124-8 M55 Fred Jessee 124-10 Michael Marsden 177-5 M60 John Schneider Ron Damschen 115-1 115-1 M65 John Burns 122-2 Richard Noble 118-9 109-0 Ken Tronstad M70 Alan Rosen 109-0 Ken Tronstad 105-5 109-0 M09-0 Ken Tronstad M80 Del Alaways 99-3 George Demos 72-3 79-11 W55 Brenda Matthews A Steekelenberg 81-6 M79-11 Kathryn Noble Cherrie Sherrard 51-11 61-10 Cherrie Sherrard 61-10 W70 Christel Donlwy 59-0 Javelin M55 Gerald Prnjak Fred Jessee 133-6 133-1 138-6 M55 Gerald Prnjak Fred Jessee 133-1 136-6 M65 John Burns Gary Wuest 133-1 166-7 116-5 M70 Ed Martin Ken Tronstad 116-5 106-10 M75 Del Alaways George Demos 92-1 116-5 M75 Del Alaways George Demos 96-4 115-7 106-10 W55 La Tanya Glass A Steekelenburg 83-6 74-0 77-7 74-1 W55 Kathy Bergen A Steekelenburg 77-7 74-1	Team Thor USA Thunder Series, UCSD-La Jolla CA; June 10
M40 Michael Labay Scott Cloud Dudley Wright M45 Reggie Garner Andres Seach Jete Jeff Rattiff M50 Rick Riddle Jeff Rattiff M50 Rick R	Don Isett	M50 Hubert Evans 6.73	M60 Frank Condon Anthony Teske 2:23.52 Anthony Teske 2:36.95 Jim Lyons 3:07.39 M70 Donald Leis 4:28.17 M75 Jim Selby 3:11.80 Bob Holmes 3:40.84 W60 Jan Sakovich 5:48.06 W55 Jean Daprano 3:12.68 Ellen Demsky 4:06.31 W70 Patricia Willis 6:15.21 1500m M50 Rob Duncanson 4:44.29 Mike Fanelli 4:46.46 M55 Gary Hall 5:28.28 M65 Jim Lyons 6:58.12 French Anderson 6:58.12 M65 Jim Lyons 6:52.28 French Anderson 6:52.28 M70 Jim Selby 6:53.92 M75 Jim Selby 6:53.92 M75 Jim Selby 6:37.01 M55 Gory Hall 6:27.55 W65 Poko Eichel 6:14.97 Janis Campbell 6:37.01 W65 W65 Ellen Demsky 20:08.34 M55 James Miller 20:05.8.91 John Weidinger 36:15.40 M	W70 Christel Donley Gloria Doro 23-8.50 Gloria Doro 23-2.25 Discus 134-9 M50 Val Olotoa 124-8 M55 Fred Jessee 117-8 M65 John Schneider Ron Damschen 117-8 M65 John Burns 122-2 Richard Noble 118-9 M70 Alan Rosen 109-0 Ken Tronstad 105-5 M80 Del Alaways 99-3 George Demos 70-1 W50 Linda Cohn Rita Hanscom 79-11 W55 Brenda Matthews A Steekelenberg 81-6 A Steekelenberg 70-1 W60 Kathryn Noble Cherrie Sherrard 59-0 W70 Christel Donlwy 800 Jeanne Bishop Javelin 59-0 M55 Gerald Prnjak Fred Jessee 141-1 M55 Gerald Prnjak Fred Jessee 149-7 M60 John Schneider Gary Wuest 126-7 M65 John Burns Gary Krumweide 116-10 M70 Ed Martin 116-10 M65 John Burns George Demos 56-4 M75 Del Alaways George Demos 56-4 M75	Team Thor USA Thunder Series, UCSD-La Jolla CA; June 10
M40 Michael Labay Scott Cloud 13.02 Dudley Wright 13.19 M45 Reggie Garner 12.23 Andres Seach 12.42 Jeff Rattiff 12.49 M50 Rick Riddle 12.58 Ron Boleware 12.65 John Dolan 12.98 M55 Mike Loyd 13.91 Ken Black 14.81 Larry Donehower 15.99 M60 Larry Link 14.63 Andy Pittman 16.06 M65 Bob Lida 13.22 Wayne Bennett 13.89 Don Isett 13.56 M80 Bob Wingo 20.03 W30 Lisa Rosborough 13.12 Donna Lawrence 13.02 W40 Paula Merriman 14.42 W50 Linda Dixon 14.48 Laura Kerns 17.49 W65 Shelly Whitlock 18.60 200m M35 Wade Menzies 24.78 Ward Menzies 25.41 M40 David Jones 23.38 Michael Labay Anthony Granville 25.38 M60 Rick Riddle 25.56 Ron Boleware Mike Shufelt 26.59 M55 Mike Loyd 28.52 M60 Michael Burns 32.66 Andy Pittman 33.86 M65 Bob Lida 27.25 M60 Michael Burns 32.66 Andy Pittman 33.86 M65 Bob Lida 27.25 Wayne Bennett 29.25 W30 Lisa Rosborough 23.58	Don Isett 2.88 M70 George Jageman 4.88 W65 Shelly Whitlock 1.73 W70 Mary Lou Bradford 1.73 W70 Mary Lou Bradford 1.73 M40 Michael Labay 5.91 Alan Sims 5.70 M45 Tom Garzillo 4.19 M55 Ken Black 3.79 M70 George Jageman 7.79 M70 George Jageman 7.79 M70 George Jageman 7.79 M70 George Jageman 7.70 M75 Val Smith 7.70 M75 Ken Black 9.03 M75 Val Smith 9.03 M75 Val Smith 9.03 M75 Val Smith 9.03 M75 Val Smith 15.78 W40 Lisa Marie Render 7.40 Shot Put 11.13 M45 David Warner 12.67 Jose Torres 12.02 Tom Garzillo 7.54 M50 Dan Roloff 12.99 Donald Lantrip 10.98 Terry Helton 10.34 M55 Roger Conboy 12.28 Robert Rogers 10.82 M65 Pete La Barge 9.62 M70 Bob Ward 10.54 M75 Val Smith 8.48 W65 Shelly Whitlock 9.53 W70 Phyllis Provost 15.86 Discus 1.88 M40 Dave Rothenbury 8.48 M45 Jose Torrey 30.87 M50 John Stilbert 38.01	M50 Hubert Evans 6.73	M60 Frank Condon Anthony Teske 2:23.52 Anthony Teske 2:36.95 M65 Jerry Hackett 2:36.95 Jim Lyons 3:07.39 M70 Donald Leis 4:28.17 M75 Jim Selby 3:11.80 Bob Holmes 3:40.84 W60 Jan Sakovich 5:48.06 W65 Jean Daprano 1:26.8 Ellen Demsky 4:06.31 W70 Patricia Willis 6:15.21 1500m 4:44.29 M50 Rob Duncanson Mike Fanelli 5:13.43 M55 Gary Hall 5:13.43 M60 Frank Condon John Dischinger 6:58.12 M65 Jim Lyons 6:24.79 French Anderson 6:33.65 M70 Carl Brubbs 7:49.20 M75 Jim Selby 6:33.92 Bob Holmes 7:41.48 W55 Yoko Eichel 3:07.01 Joel Contreras 6:27.55 M55 Gary Hall 20:08.34 M60 Byron Melendy 20:08.34 Joel Contreras 36:15.40 M75 James Franklin 20:08.91 M	W70 Christel Donley Gloria Doro 23-8.50 23-2.25 Discus M50 Val Olotoa Gary Schmidt 134-9 124-8 M55 Fred Jessee 124-10 Michael Marsden 177-5 M60 John Schneider Ron Damschen 115-1 115-1 M65 John Burns 122-2 Richard Noble 118-9 109-0 Ken Tronstad M70 Alan Rosen 109-0 Ken Tronstad 105-5 109-0 M09-0 Ken Tronstad M80 Del Alaways 99-3 George Demos 72-3 79-11 W55 Brenda Matthews A Steekelenberg 81-6 M79-11 Kathryn Noble Cherrie Sherrard 51-11 61-10 Cherrie Sherrard 61-10 W70 Christel Donlwy 59-0 Javelin M55 Gerald Prnjak Fred Jessee 133-6 133-1 138-6 M55 Gerald Prnjak Fred Jessee 133-1 136-6 M65 John Burns Gary Wuest 133-1 166-7 116-5 M70 Ed Martin Ken Tronstad 116-5 106-10 M75 Del Alaways George Demos 92-1 116-5 M75 Del Alaways George Demos 96-4 115-7 106-10 W55 La Tanya Glass A Steekelenburg 83-6 74-0 77-7 74-1 W55 Kathy Bergen A Steekelenburg 77-7 74-1	Team Thor USA Thunder Series, UCSD-La Jolla CA; June 10

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Jim Lothrop 13.60 Michael Shiaras 15.69	M50 William Loessberg 41-2.50 M55 Bruce Jones 38-3.50	Wiebold, Janet 17-05 W60 Van Kuren, Ruth 17-02	Allison, Michael 4:52.70	M65 Steinman, John 2.69	Tomlinson, Doug 27.18 M75 Allison, Tom 26.48	Reed, Robert M45 Walller, Michael
Hugh Hackett 5.79	M60 Thomas Gage 47-6.50	Discus	Cook, Don 6:28.13 M60 O'Neal, Peter 5:10.89	McCrea, Don 2.18 M70 Hewitt, Robert 2.79	Wojcik, Jerry 23.37	Blake, Aaron
D Everett Penrod 5.94 cus	M70 Armand Zahn 38-3.25 M75 Lyle Grenager 27-10.25	M55 Kolva, David 64-03 W55 Hinz, Susan 70-04	Peirce, Steve 7:12.98	M80 Cleveland, John 2.18	M80 Sempronio, Vince 22.55	Budziszewski, Jo Copeland, Scott
Mark Landa 48.04	W50 Susan Sanford 21-8.75	Hammer	M65 Wright, Larry 6:34.67 M70 Flanagan, Paul 6:28.96	W45 Schultz, Donna 3.04 Long Jump	Weber, Frank 17.31 Mallon, Joe 11.32	*Berkley, Jozef
Geoffrey Rigs 27.77	W55 Josie Tidwell 23-5.75 W60 Ellie Armstrong 17-8	M55 Kolva, David 24.96 W55 Hinz, Susan 28.35	W40 Tower, Alyssa 5:14.98	M40 Bates, Chris 5.83	W50 Kendall, Monica 43.72	*Dove, Terry M50 Worley, Steve
Tim Edwards 44.87 Eddie Owl 31.35	W65 Alaete Fish 22-2.50	Sellereite, Sharon 28.03	W55 Groesz, Jeanette 5:31.70 W65 Stepan, Laura 9:10.63	Sander, Steve 5.01 M45 Copeland, Scott 5.10	W60 Moule, Jean 13.55 W65 Sisley, Becky 27.97	Valley, Brian
Jim Lothrop 40.92	W70 Mae Schroeder 15-1.25 W85 Betty Sanford 10-8	Kolva, Bessie 27.65 W60 Van Kuren, Ruth 16.90	3000m	M50 Lariza, Mike 5.18	W85 Reske, Melanie 9.50	Rexius, Alan
Tim Muller 44.47 Robert Agnew 29.29	Discus	Javelin	M40 Gonzalez, Dan 8:58.68	Worley, Steve 4.87	Weight Throw M50 Burton, Ray 17.99	Guardino, Thoma Danielson, Don
Bob Bergfeldt 39.71	M50 William Loessberg 116-5	M30 Weidman, Ryan 209-05 M55 Kolva, David 55-03	Dudman, Joe 9:20.46 Gronke, Paul 10:12.96	M55 Venable, William 4.98 M60 Peirce, Steve 3.38	M55 Taylor, Todd 15.40	M55 Venable, Willie
Doug McFetters 27.65 Roy Clark 15.83	M55 Bruce Jones 114-3 M60 Thomas Gage 157-8	W55 Hinz, Susan 51-10	Adams, Brad 10:17.53	Kirkpatrick, Doug 3.28	M60 Livermore, Terry 10.60	*Bruner, Ronald Widoff, Howard
nmer	M65 Mery Armstrong 118-9	Kolva, Bessie 23-01	M45 Swietlik, Tim 10:30.07 M50 Krueger, Mark 11:01.87	M65 Chaney, Victor 3.86 M70 Hewitt, Robert 4.53	Peirce, Steve 5.84 M70 Ward, Bob 17.00	Schaller, Jeff
Mark Landa 53.24	M70 Ra Tibeau 108-4 W50 Susan Sanford 48-4	W60 Van Kuren, Ruth 33-11	Kessler, Scott 11:23.99	MacLeod, Norm 4.29	Lawson, Bob 14.79	Hundley, Clyde *Horsley, Chris
	W60 Ellie Armstrong 62-7	Portland Masters Classic/	Huff, Mark 11:40.18 Satterfield, Jim 11:53.66	Beckman, Paul 3.77	Tomlinson, Doug 13.58 Sabin, Wayne 11.82	Jackson, Scott
Clay Hull 41.24	W65 Alaete Fish 58-11 W70 Mae Schroeder 35-9	USATF Oregon Assoc.	M60 O'Neil, Peter 11:08.36	W55 Cooney, Caroline 3.33	M75 Lewellen, Harvey 14.95	M60 Robbins, Stephe
Bob Osterhoudt 44.20 Dave Douglass 31.15	W80 Mary Birgenheier 37-4	Championships, Gresham, OR; June 10-11	Tanner, Ed 13:35.74 Peirce, Steve 14:58.12	W65 Sisley, Becky 2.98	Wojcik, Jerry 11.29 Allison, Tom 10.86	Brocato, Charlie Peirce, Stephen
Hugh Hackatt 21.50	Hammer M55 Bob Sager 126-4	The state of the s	M65 Wright, Larry 14:02.43	Triple Jump M40 Coushay, Brian 12.80	M80 Sempronio, Vince 12.63	*Gilbert, Paul
elin Lincoln Smith 43.12	M55 Bob Sager 126-4 M60 Thomas Gage 187-5	100m	M70 Flanagan, Paul 13 38 37	Toll, Mike 12.09	W55 Taylor, Joyce 11.12	Kirkpatrick, Dou M65 Edens, Paul
Richard Schoene 31.33	W50 Susan Sanford 44-2	M30 Tran, Son 13.46 M35 Anderson, Art 11.79	M80 McMicken, Craig 16:57.24 W40 Tower, Alyssa 11:08.95	M60 Peirce, Stephen 6.22 M65 Chaney, Victor 9.22	Superweight	*Gee, Herb
5 Dave De Weese 47.48	W70 Mae Schroeder 30-1 Javelin	Jannsen, Andrew 12.79	W50 Vesey, Robin 12:14.09	M70 Hewitt, Robert 9.21	M50 Burton, Ray 8.69	M75 *Stookey, James
5 Jim Lothrop 54.34 5 Mike Chapman 45.96	M50 William Loessberg 127-5	M40 Reed, Robert 12.43 M45 Waller, Michael 11.79	W65 Stepan, Laura 19:56.05 5000m	MacLeod, Norm 9.17	M55 Taylor, Todd 7.85 M60 Livermore, Terry 4.14	*Cheek, Don M85 Bulkley, Dan
Paul McGuffin 33.24	M55 Bruce Jones 103-1	Copeland, Scott 12.73	M40 Dudman, Joe 15:53.44	Beckman, Paul 5.25 W40 Toll, Julie 8.68	Peirce, Steve 3.00	W40 Milligan Jackson
0 Buster Quist 35.42 5 Hugh Hackett 15.92	M60 Gerald Robbins 111-5 M65 Merv Armstrong 107-9	Blake, Aaron 12.79	M45 Coats, Chuck 16:06.79	W60 Moule, Jean 6.04	M70 Ward, Bob 10.01	Kuhnly, Gail W50 *Bowman, Jean
0 Crystal Orth 19.26	M70 Murdo Campbell 113-5	Budziszewski, J. 12.93 Dove, Terry 14.10	Conradt, Robert 16:31.18 Sturman, Charlie 16:45.16	M50 Burton, Ray 13.82	Sabin, Wayne 6.20	Mitchell, Rebect
0 Amanda Colby 9.75	W50 Janet Porter 36-4 W55 Josie Tidwell 49-11	M50 Irving, Marcus 12.32	Punches, Richard 16:53.37	M55 Ford, Jerry 11.88	M75 Lewellen, Harvey 7.93	*Burrowes Sarit
00m RW	W60 Coleen Vandelac 26-9	Worley, Steve 12.66 Kennedy, Mark 13.42	M65 Wright, Larry 24:01.96 M70 Flanagan, Paul 23:29.33	M60 Livermore, Terry 11.84	Wojcik, Jerry 5.90 Allison, Tom 5.25	W60 *Radcliffe, Marg W65 Rickson, Marilyn
	W70 Mae Schroeder 41-11			Peirce, Steve 7.60	1400 0	W70 *Reed, Louise
5 Roy Clark 19:50.64 0m RW 0 Enrique Molina 23:45.05	W85 Betty Sanford 18-2	Revoal, Marvin 13.96 M55 Lesniak, Mark 12.70	W30 Agsten, Sarah 19:50.61 W55 Groesz, Jeanette 20:09.16	M65 Ward, Robert 13.30	W55 Taylor, Joyce 7.28	*Lary, Audrey

25th Hayward Classic/ Northwest Regional T&F Meet, Eugene OR June 24-25

* = out of region) (*= out of log 100m M30 K.-O'Shaughnessy 12.80 M35 Anderson, Art 11.53 Jannsen, Andrew 12.74 Hay, Tobey Thomas, Keith 13.15 M40 Sanders, Steve Reed, Robert 12.28 Gray, Bert 12.99 Aurand, John 14 00 Bauer, Pete M45 Walller, Michael 14.08 11.41 Blake, Aaron 12.65 Budziszewski, Jos. 12.75 Copeland, Scott *Bozzini, Mark *Dove, Terry 12.75 M50 Worley, Steve 12.60 Jacquet-Acea, Rus.I12.82 Rexius Alan 13 15 Danielson, Don M55 *Lettieri, Larry 12.49 *Parnell, Roger Venable, Willie 12.63 Widoff, Howard 13.51 Bruner, Ronald 13.65 13.74 *Horsley, Chris Hundley, Clyde Tardie, Larry Hundle 13.79 M60 Robbins Stephen 12.12 Brocato, Charlie Peirce, Stephen 14.21 Kirkpatrick, Douglas 15.26 Gilbert, Paul M65 Edens Paul 12.53 *Gee, Herb McCrea, Don 13.31 17.53 14.76 M70 Hoffman, Joe M75 Fischer, Jack 14.83 14.88 *Ford, Benson Anhorn, Don M80 Wright, Kenneth 15 20 18.49 M85 Bulkley, Dan W40 Milligan Jackson, M 13.40 Kuhnly, Gail 15.24 W45 Mendenhall, Martha 13.74 Schultz, Donna W50 *Bowman, Jeanne 14.70 Mitchell, Rebecca Rexius, Jenny
*Burrowes, Sarita 16.63 W55 Cooney, Caroline W60 *Radcliffe, Marg 16.69 16.22 20.62 17.36 17.43 W65 Rickson, Marilyn W70 *Reed, Louise *Lary, Audrey 17.43 W80 *McLeod-Smith, D. 22.29 W85 *Kotelko, Olga 200m M30 K.-O'Shaughnessy 26.98 M35 Anderson, Art 23.61 Hay, Tobey Thomas, Keith 27.00 M40 Sanders, Steve 25.08 Reed, Robert 25.36 Walller, Michael Blake, Aaron 26.00 Budziszewski, Jos. Copeland, Scott 26.00 26.26 *Berkley, Jozef *Dove, Terry M50 Worley, Steve 27.98 26.24 Valley, Brian Rexius, Alan Guardino, Thomas Danielson, Don M55 Venable, Willie 29.29 29.89 27.19 Bruner Ronald 27 83 Widoff, Howard Schaller, Jeff 28.10 Hundley, Clyde *Horsley, Chris Jackson, Scott 32.18 M60 Robbins, Stephen Brocato, Charlie 27.63 Peirce, Stephen *Gilbert, Paul 30.71 Kirkpatrick, Douglas 32.83 M65 Edens, Paul 25.78 Gee, Herb 28.03 M75 *Stookey, James *Cheek, Don 30 18 M85 Bulkley, Dan 45.17 W40 Milligan Jackson, M 28.55 Kuhnly, Gail 32.55 W50 *Bowman, Jeanne 31.08 Mitchell, Rebecca Burrowes, Sarita 34.79 W60 *Radcliffe, Marg W65 Rickson, Marilyn 35.40 45.67 W70 *Reed, Louise 36.64 Lary, Audrey Dods, Jane

W80 *McLeod-Smith, D. 51.20 W85 *Kotelko, Olga 52.92 400m M35 Thomas, Keith M40 *Kastor, Vaughan 53.88 Coushay, Brian Gideon, Steve Reed, Robert 54 68 56.02 56.71 Sanders, Steve McCartin, Michael 57.21 57.49 McCartin, Michael

"Yorges, Chris.

M45 "Parker, Eric
Andrews, Mike
"Carter, Calvin
Budziszewski, Jos.
M50 Maier, William 57 76 57.27 59 29 Jacquet-Acea, Rus. 1:00.00 Worley, Steve 1:02.86 1:02.86 Russell, Rick 1:06:35 *Manning, Bobby 1:06.41 M55 Hiebert, Jim 1:00.27 Schaller, Jeff *Bruner, Ronald 1:05.57 1:06.83 Muth Rick 1:10 04 M60 *Parke, David *Reiter, Gordon 1:02.73 Tucker, Rich Peirce, Stephen *Clark, Fred 1:02.84 1:11.16 1:12 73 M65 McMillan, Don *Gee, Herb *McIlwaine, Bill 1:06.18 1:14.72 Wright, Larry M70 Kane, Don 1:26.01 1:10.85 1:51.66 1:10.77 M75 *Cheek, Don M85 Bulkley, Dan W40 Johnson, Mary *Papworth, Carmel 1:11.83 W45 *Willis, Katherine 1:17.20 W50 *Bowman, Jeanne 1:13.65 Mitchell, Rebecca 1:15.60 W75 *Schley, Helen 2:14.05 800m M35 Thomas, Keith 2:26.06 M40 Gideon, Steve *Kastor, Vaughan Knowlton, Jeff 2:04.00 2:05.37 M45 *Parker, Eric 2:06:39 *Peterson, Rick Davis, Mike 2:14.61 Bowden, John M50 Maier, William M55 *Hall, Gary M60 *Reiter, Gordon Tucker, Rich O'Neil, Peter 2:34.79 2:17.31 2:28.76 2:20.89 2:24.69 2:31.63 Clark, Fred 2.42 63 Peirce, Stephen M65 McMillan, Don 2:45.80 2:30.74 *McIlwaine, Bill 2:44.82 Wright, Larry 3:23.20 W40 *Papworth, Carmel 2:39.12 Naughton, Madelyn 2:43.26 W45 *deBoer, Lynda 2:35.28 *Willis, Katherine 2:49.76 W55 Brook, Zel W75 Schley, Helen 5:13.78 1500m W30 Stewart, Nicole 5:03.55 W40 *Sheffield, Kim 4:57.59 Tower, Alyssa 5:13.25 W45 *Alyala-Troncoso, C. 4:46.00 Kluge, Trisha 5.45 82 1500m M30 Grichel, Steve 4:17.15 M35 Schenck, Shelby 4:35.85 Yoakum, Mark 4:46.29 M40 Gonzalez, Daniel 4:16.52 Dudman, Joe 4:19.29 Kreuzpeintner, T. 4:21.15 Metalogeniner, 1, 4:21.15
Alexander, Mark 4:22.76
Miskimens, David 4:29.92
M45 'Magill, Peter 4:07.58
Cadigan, Wayne 4:29.98
'DeCollisbus, A. 4:36.66 M50 *Chantry, Stephen 4:38.00 Allison, Michael 4:50.46 M55 Schramm, Keith 4:58.95 *Pate, Ron 5:01.96 Ackerman, Ron 5:07.40 *Pate, Ron Ackerman, Ron *Hall, Gary M60 O'Neil, Peter 5:10.05 5:30.11 5:49.47 Wilcox, Joe Peirce, Stephen M65 Wright, Larry M75 McChesney, Bill M80 McMicken, Craig 7:00.33 7:26.27 8:13.29 5:28.27 W55 Groesz, Jeanette Brook, Zel 9: W75*Schley, Helen 10 National Masters News 9:09.36 10:56.43 Age-Graded Mile Time A-G% Name / Age 5:52.94 91.7 4:39.12 85.7 4:54.92 84.3 Jeanette Groesz 56 Joe Dudman 42 Wayne Cadigan 47 Mike Fanelli 50 Reid Harter 55 5:02:24 84.2 Eileen Holzman 62 7:12.85 81.5 Mike Davis 47 5:06.29 Jeff Knowton 44

5:00:08 80.9

5:53.43 79.0 John Postlethwait 6 Bobby Manning 53 5:34.28 78.0 Steve Berry 34 Katherine Willis 47 Les Castle 60 5:01.48 75.0 6:11.44 74.5 5:22.33 74.2 5:17.43 71.0 Rick Sherman 42 John Hlavacs 33 Larry Wright 69 Kevin Johnson 35 7:22.66 68.0 6:18.08 60.2 3000m M40 Gonzalez, Daniel 9:06.20 Dudman, Joe Halse, Brent 11:38.85 M45 *Magill, Peter 8:37.52 Cadigan, Wayne 9:51.95 *DeCollisbus, A. 10:03.50 Teppo, Jennifer 10:59:31 M50 *Chantry, Stephen 9:56.02 Huff, Mark 11:43.07 M55 *Pate, Ron *Hall, Gary 11:46.24 Hilton, Gordon 12:13.63 M60 Postlethwait, John 12:36.40 Peirce, Stephen 16:29.45
M65 Wright, Larry 14:16.11
M75 McChesney, Bill 15:42.49
W30 Stewart, Nicole 11:10.79
W40 Naughton, Madelyn 12:50.03 W45 *Avala-Troncoso, C. 10:06.44 Teppo, Jennifer 10:59.31 W60 Holzman, Eileen 14:11.46 W70 Means, Susan 19:32.27 5000m M30 Berry, Steve 17:32.73 Schulz, Devan Godwin, Craig 15:59.42 16:34.60 M40 Dudman, Joe 16:01.02 Shordon, Leon *Bogus, James Wolf, Paul 16:15.14 17:56.27 Wolf, Paul 18:08.16 M45 Punches, Richard 16:54.49 Swietlik, Tim 17:55.34 Appalasamy, S. 23:46.35 M50 'Chantry, Stephen 17:06.26 M55 Harter, Reid 18:02.90 18:08.16 M55 Harter, Reid 18:02.90 Ackerman, Ron 19:19.94 M60 Wilcox, Joe 20:52.82 M65 Wright, Larry 22:11.98 Needham, Dave 25:35.35 Davis, Jim 23:29.06 M70 Davis, Jim M70 Davis, Jim 23:29.06 M80 McMicken, Craig 29:03.18 W30 Rowe, Carol 18:13.51 W40 Gallagher, Susan 19:10.53 Sims, Sherri 21:37.02 Kruell, Kelly 19:56.85 W45 Kruell, Kelly 19:56.85 W50 Vesey, Robin 21:00.47 Johnson, Marilyn 24:47.59 W55 Groesz, Jeanette 20:18:37 *Horsley, Suzanne 27:07:84 W80 Lachman, Helen 49:24.45 M35 Godwin, Craig 33:51.63 M45 Punches, Richard 35:55.52 M60 Wilcox, Joe 58:08.48 M65 Wright, Larry 49:38.28 MoS wright, Larry M70 Pitkethly, David Dietz, Arthur W35 Agsten, Sarah W40 Volk, Tammy W55 Brook, Zel 1:07:04.34 W70 Dods, Jane 1:05:36.94 Mile Racewalk W40 Jackinsky, Carmen 8:51.84 Karavanic, Karen 10:47.37 W45 McDermed, Carolyn11:41.69 W55 *Martino, Marianne 8:52.53 Robeson, Maureen 10:15.99 M45 *Blanchard, Michael 7:34.84 M50 Frank, Rob 8:04.48 VerMeer, Doug 8:58.17 M55 Robeson, Charles 9:36.70 M60 Opsahl, George 8:43.85 M60 Opsahl, George 8:43.85 M70 MacPike, Ron 10:27.61 5000m Racewalk 5000m Hacewalk
M45 "Blanchard, Michael 25:21.81
"Renard, Steve 26:53.01
Aunan, Tommy 27:05.33
M50 Frank, Rob 27:23.56
M55 Novak Rob 27:23.56 M55 Novak, Bob 27:23.56 Robeson, Charles 32:10.27 M60 Opsahl, George 28:44.09 34:21.79 34:57.86 M70 MacPike, Ron M75 Vaughn, Dick W40 Jackinsky, Carmen 29:20.94 Karavanic, Karen 34:21.85 W45 Murphey Glenn, K 28:34.49 W55 *Martino, Marianne 29:52.01 *Baglin, Mary 32:10.03 Robeson, Maur. 33:15.90 Bristow, Susan W70 McCall, Bev 36:44.19 32:45.06 Hildreth, Rita 43:33.11 80m Hurdles M75 *Stookey, James 14.05 100m Hurdles 100m Hurdles
M50 Jacquet-Acea, Russell 15.78
M55 *Parnell, Roger 16.22
M60 *Johnston, Joe 16.47
Peirce, Stephen 22.24
110m Hurdles M35 Jannsen, Andrew 17.42

M40 Aurand, John M45 *Berkley, Jozef 300m Hurdles 21.06 M60 Peirce, Stephen M75 *Stookey, James 400m Hurdles 57.65 54.76 M40 Sherman, Rick 1:12.26 M45 *Berkley, Jozef 1:22.60 2000m Steeplechase M60 *Clark, Fred 9:04 01 Peirce, Stephen 3000m Steeplechase M40 *Yorges, Chris. 10:30.10 Miskimens, David11:20.44 M50 Hill, Leonard 11:10.18 Satterfield, Jim 14:25.63 M55 *Pate, Ron 12:43.37 4x100m Relay M50-69 Northwest Region A (Tucker, Rich 61/ McMillan, Don 65/Hoffman, Joe 71/ 56.01 Edens, Paul 65) M40-49 M4U-49 Oregon TC Masters A 4:28.52 (Hacker, Bob 52/Widoff, Howard 55/Russell, Rick 53/Maier, William 52) High Jump M30 Campbell, Jason 1.60 M35 Jannsen, Andrew M40 Forier, John M45 *Berkley, Jozef *Dove, Terry M50 Vincent, Rick 1.64 1.40 1 36 M55 Beswick, Richard M60 *Johnston, Joe Edwards, Jay Robbins, Stephen *Weust, Gary Peirce, Stephen 1.24 M65 McCrea, Don M75 *Stookey, James Fischer, Jack 1.26 M80 Sempronio, Vince W45 Mendenhall, Martha 1.52 W55 Cooney, Caroline W60 *Radcliffe, Marg W65 *Anderson, Sandy 1.14 Pole Vault M35 *Holton, Dan M40 McCormick, Robert 3.35 M40 MCCOFMICK, HODER Cox, Dean M45 Umenhofer, Daniel Baucom, Louis M50 West, Dan Jacquet-Acea, Russe M55 Phillips, Dennis 3.35 3 85 3.85 Altendorf, John *Johnston, Joe *Bonnett, Larry 3.65 3.05 M65 *Cannon, Terry *Steinman, John 3.10 Mateika, Jim 2.63 McCrea, Don 2.13 M70 Morris, Allen M75 Lewellen, Harvey M80 Cleveland, John 2.33 1.83 1.93 Long Jump M30 Campbell, Jason M40 Forier, John M45 Copeland, Scott 5.14 5.44 5.25 M50 Worley, Steve M55 *Parnell, Roger Venable, Willie 5.14 5.25 5.04 *Lettieri, Larry M60 Peirce, Stephen Kirkpatrick, Douglas M65 Chaney, Victor 3.73 M70 MacLeod Norman Walker, Kermit M75 *Stookey, James 4.05 Fischer, Jack 3.99 Guimary, Ray M85 Bulkley, Dan W45 *Murfitt, Anne 2.27 W50 Kirkpatrick, Yvonne W55 Cooney, Caroline 3.15 3 30 W55 Cooney, Caroline W65 *Anderson, Sandy W70 *Lary, Audrey W75 Whinston, Melicent W85 *Kotelko, Olga 3.10 3.46 2.02 Triple Jump M30 Campbell, Jason M40 Toll, Mike 10.43 11.87 M55 Jackson, Scott M60 Peirce, Stephen M65 Chaney, Victor M70 Walker, Kermit MacLeod, Norman 9.07 9.37 9.59 M75 *Stookey, James 8 94 W40 Toll, Julie W45 *Murfitt, Anne 8.49 6.36 W65 *Anderson, Sandy W70 *Lary, Audrey W85 *Kotelko, Olga 6.96 W85 "Kotelko, Orgu Shot Put M30 K.-O'Shaughnes, P M35 "Curry, Mike M40 Shannon, Tim M50 Burton, Ray Banton, Steven 4.26 12.01 13.08 13.58

Poasa, Foloi Danielson, Don 8.18 M55 *Monceaux, Wilcy John, Gary 9.45 M60 Gage, Tom *Harvey, William 13.88 Mathews, George 12.17 *Weust, Gary Miller, Jack 10.95 9.27 *Cahners, Bob 9 22 M65 Ward, Robert Myers, Joe 9.88 Sanborn, Alan 9 19 McCrea, Don M70 *Vaughn, Gerald 15.02 *Humphreys, Bob Lawson, Bob 12.29 Saling, Neil *Ward, Bob 12.05 Darling, Robert *Fasteen, Jerry 11.47 11.07 *Tomlinson, Doug *Jordan, Robert 10.14 Sabin, Wayne Loosli, C Gary M75 Allison, Tom
"Gerhardt, Jim
Lewellen, Harvey
Guimary, Ray
"Wallace, Hal 10.70 10.17 8.90 M80 Sempronio, Vince Wright, Kenneth Weber, Frank 10.15 M85 Bulkley, Dan W45 *Murfitt, Anne W50 Kendall, Monica 7.09 14.28 Kirkpatrick, Yvonne "Warmerdam, Cathleen W60 Cutler, Georgia W65 *Anderson, Sandy W75 Whinston, Melicent 7.62 8.21 W80 *Mcl end-Smith Doreer W85 *Kotelko, Olga Reske, Melanie 4.45 Discus Throw M35 *Curry, Mike M40 Shannon, Tim 30.76 40.56 Ward, Richard M45 *Schrader, Larry 36 89 M50 Valley, Brian Banton, Steven Zastoupil, Lorin 42.83 42.32 39.94 28.41 West, Dan M55 *Monceaux, Wilcy *John, Gary M60 Gage, Tom

*Harvey, William
Miller, Jack
*Wayst Gary 49.37 40.18 33.79 Weust, Gary 33.55 M65 Myers, Joe Sundholm, Conrad 41.31 Dow. Dick 35.14 Johnson, Norman Sanborn, Alan 32.13 29.60 M70 *Humphreys, Bob Saling, Neil *Ward, Bob 42.69 38.08 Darling, Robert Lawson, Bob 37 83 37.28 *Tomlinson, Doug *Fasteen, Jerry *Jordan, Robert 36.73 34.45 31.35 Sabin, Wayne Loosli, C Gary 30 72 M75 Lewellen, Harvey 38.65 35.21 29.56 *Gerhardt, Jim Allison, Tom
"Wallace, Hal
M80 Sempronio, Vince
M85 Bulkley, Dan
W45 "Murfitt, Anne 26.68 17.31 16 56 V50 Kirkpatrick, Yvonne W55 Dow, Lynn W55 Dow, Lynn W60 Cutler, Georgia W65 *Anderson, Sandy W80 *McLeod-Smith, D. 19.65 21.69 17.78 12 85 W85 *Kotelko, Olga Reske, Melanie 9.42 Hammer Throw M35 *Curry, Mike 36.99 M40 Shannon, Tim M45 *Schrader, Larry M50 Burton, Ray M55 Taylor, Todd *John, Gary 43.16 41.05 53 73 M60 Gage, Tom Mathews, George *Cahners, Bob 59.17 49.28 M65 *Hotchkiss Richard 41.50 *Chase, Jeff Sanborn, Alan 25.87 M70 *Ward, Bob 49.08 *Humphreys, Bob *Tomlinson, Doug 37.33 Lawson, Bob Sabin, Wayne *Fasteen, Jerry 37.20 29.51 28.56 Jordan, Robert M75 Lewellen, Harvey 39.70 Wojcik, Jerry 29.91

Allison, Tom

*Gerhardt, Jim *Wallace, Hal M80 Sempronio, Vince W45 *Murfitt, Anne 20.21 24.96 17.40 W55 Taylor, Joyce W60 Cutler, Georgia W65 *Anderson, Sandy 37 81 19.30 W80 *McLeod-Smith, D W85 *Kotelko, Olga Reske Melanie 9.62 Javelin Throw M30 K.-O'Shaughnes, P 41.89 M35 *Curry, Mike M40 Scott, Dan 34 66 Gray, Bert M45 *Berkley, Jozef M50 Valley, Brian 39.30 Banton, Steven *Warmerdam, Barry M60 Appel, Doug *Weust, Gary 46.50 33 63 Hibschman, Bob M65 *Stenlund, Gary Reddaway, Gary Sanborn, Alan 56.93 42 22 32.85 McCrea Don 26.56 38.38 34.46 M70 Darling, Robert *Fasteen, Jerry Lawson, Bob Loosli, C Gary *Ward, Bob 34 02 29.64 *Tomlinson, Doug M75 *Gerhardt, Jim 28.59 Allison, Tom M80 Sempronio, Vince Weber, Frank 28.16 17.56 W45 *Murfitt, Anne 15.00 W50 Kendall, Monica Kirkpatrick, Yvonne W60 *Radcliffe, Marg W65 Sisley, Becky *Anderson, Sandy 15.65 22 00 W80 *McLeod-Smith, D. W85 *Kotelko, Olga Reske, Melanie 13.28 8 46 Weight Throw *Curry, Mike 11.73 M40 Shannon, Tim M45 *Schrader, Larry M50 Burton, Ray 7.83 Danielson, Don M55 Taylor, Todd 8.40 17.15 John, Gary 12.89 M60 Gage, Tom Mathews, George *Cahners, Bob 21 12 19.16 13.84 M70 *Ward Bob 18.36 *Humphreys, Bob Lawson, Bob 17.05 16.02 *Tomlinson, Doug *Fasteen, Jerry Sabin, Wayne M75 Lewellen, Harvey Wojcik, Jerry 13.11 10.74 11.59 Allison, Tom M80 Sempronio, Vince W45 *Murfitt, Anne 11.11 6.42 W55 Taylor, Joyce W60 Cutler, Georgia W65 Anderson, Sandy 10 34 12.03 9.75 W70 *Lary, Audrey W75 Whinston, Melicent 10.56 5.87 W80 *McLeod-Smith, D. 6 26 5.05 Super Weight W55 Taylor, Joyce W60 Cutler, Georgia 7.88 7.00 W70 *Lary, Audrey W75 Whinston, Melicent W80 *McLeod-Smith, D. 6.29 .39 4.09 W85 Reske, Melanie 3.84 7.10 M35 *Curry, Mike M45 *Schrader, Larry 6.81 M50 Danielson, Don M55 Taylor, Todd 4.08 *John, Gary M60 Gage, Tom Mathews, George 4 98 8.32 7.79 *Cahners, Bob M70 Lawson, Bob 5 40 8.09 *Tomlinson, Doug *Fasteen, Jerry Sabin, Wayne 6.70 6.50 6.26 M75 Lewellen, Harvey Wojcik, Jerry Allison, Tom 8 28 6.22 5.78 M80 Vince Sempronio CANADA **Elwood Wylie Memorial** Meet Nanaimo, BC

May 27-28

All times hand 100m 11.4 12.5 13.6 M35 Shawn Fostvelt M45 Crosbie Watler M60 Lee Southern W60 Marg Radcliffe 16.6 M35 Shawn Fostvelt

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W40 Valerie Caldwell W60 Marg Radcliffe	30.0 35.7	M55 John De Finney 1	2:42.28	M40 Chris T Ewald Nelson
M60 Bill Hollingshead	1:10.1	M70 Gerhard Krolow 2	0:08.08	M45 Lloyd F
800m M45 Michael Gill	2:16.1		0:21:57 1:54.10	Bob Cl Aaron
1500m	2.10.1		1:45.97	M50 Tom D
M45 Michael Gill	4:43.5	2000m Steeplechase	0.00.00	Bruno Peter f
M60 Bill Hollingshead 3000m	5:22.9	M65 Vern Christensen High Jump	8:32.28	M55 Jagtar
W35 Carla Dunn	10:24.0	M45 Kevin Sanjari	1.52	Jim Su
High Jump M55 John Hawkins	1.60	M50 Ralph Cilevitz M55 Roy Chubb	1.20	M60 Tony B M65 Herb C
Shot Put	1.00	M60 Bob Campbell	1.25	Les Fr
M55 John Hawkins	12.60	M65 Bob Land M70 Gerhard Krolow	1.35	M70 Andy A M75 Norm I
M75 Bill Robertson M85 Phil Brodeur	7.60 5.58	W45 Roshani Gunasekera		Les Ro
W45 Denise Clements	9.46	W50Maria Mallia	1.36	M80 Harry W35 Lisa M
W60 Sally Robertson W65 Sandy Anderson	5.24 8.04	M30 James Sniatenchuk	4.14	W40 Georgi
Discus		M50 Ralph Cilevitz	2.20	Valerie
M55 John Hawkins	37.97 20.11	M60 Matti Kilpelainen M65 Bob Land	3.66 2.55	W50 Tracey Sarita
M75 N. Daylie M85 Phil Brodeur	16.29	Long Jump		W55 Urith H
W45 Denise Clements	24.13	M40 Todd Craswford	6.66 5.65	W60 Marg F Michell
W60 Sally Robertson W66 Sandy Anderson	13.27 18.58	M45 Kevin Sanjari M50 Ralph Cilevitz	4.23	W70 Louise
Hammer	STATE OF	M55 Tim Bourgard	4.28	W75 Coral V
M55 John Hawkins	25.17 29.96	M70 Kesar Singh Poonia W45 Roshani Gunasekera	3.24	W85 Olga K 200m
M75 Doug Monds W45 Denise Clements	27.55	W50 Maria Mallia	3.73	M35 Gary S
W65 Sandy Anderson	20.13	Triple Jump	10.50	M40 Chris T
Javelin M35 Graham Morfitt	62.73	M40 Todd Crawford M45 Kenny Jackman	12.58 11.88	Ewald Nelson
M55 John Hawkins	35.61	M50 Ralph Cilevitz	8.75	M45 Lloyd F
M75 Bill Robertson	16.89	M70 Kesar Singh Poonia		Bob Ch Aaron I
M85 Phil Brodeur W45 Anne Murfitt	15.72 15.47	W45 Roshani Gunasekera Shot Put	0.21	Robert
W60 Marg Radcliffe	27.04	M35 James Buhlman	9.25	M50 Tom Di
W65 Sandy Anderson Pole Vault	21.55	M40 Todd Crawford M45 Danny Yoisten	10.59 11.15	Peter F Bruno
W60 Sandy Anderson	1.60	M50 Joe Myers	13.84	M55 Jim Su
	- 1a	M55 Jean-Pierre Mayer	12.57	M60 Sewa E
Ontario Masters Ch		M60 Malachi McGruder M65 David Morris	9.62 8.67	Tony B Barry A
ionships, Londo		M70 Kesar Singh Poonia	11.31	M65 Herb G
June 11	Marine .	M80 Evalds Viskers W40 Jaam Shahriari	9.90	Les Fri M70 Andy A
100m	10.00	W45Lyn Barrett	7.88	M75 Norm L
M30 Tyler Atkinson M40 Todd Crawford	13.39	W55 Rhona Trott	7.47	Les Ro
M45 Steve Williamson	12.36	W75 Velta Tomsons Discus	6.15	M80 Harry T W40 Judy S
M50 Kerry Smith M55 Roy Chubb	11.59 13.60	M35 James Buhlman	24.81	Valerie
M60 Tony Powell	12.74	M40 Todd Crawford	36.22	W50 Tracey Sarita I
M65 Dave Brand	14.34	M45 Don Bailey M50 Bill Pearson	41.95 38.37	W55 Urith H
M70 Dev Sharma M75 Bill Thompson	14.76 17.47	M55 Jean-Pierre Mayer	40.46	Michell
W35 Agnes Kuczalaska	13.51	M60 Malachi McGruder M65 David Morris	36.08 33.38	W60 Marg R W65 Ella Le
W45Lyn Barrett W50Karla del Grande	14.46	M70 Jack Boyd	29.30	W70 Louise
W55 Rhona Trott	13.20 15.85	M80 Evalds viskers	29.94	Klazina
200m		W40Jaam Shahriari W45Lyn Barrett	37.92 17.81	W75 Coral V 400m
M30 Tyler Atkinson M35 Malik Crepsac	28.05 23.44	W55 Rhona Trott	17.04	M40 Ewald
M40 Ken Kudo	25.21	W75 Velta Tomsons Hammer	15.73	Nelson M45 Lloyd F
M45 Lawrence Loh M50 Kerry Smith	26.01	M40 Richard Parkinson	33.30	Bob Ch
M55 Mike Carter	23.50 28.45	M45 James Findlay	36.06	M50 Peter F
M60 Tony Powell	26.00	M50 Jan Graczyk M55 Rudy Boghina	50.74 32.74	M55 Steve I Phil Be
W35 Agnes Kuczalska W45 Lyn Barrett	28.69 30.53	M65 David Morris	26.41	M60 Sewa B
W50 Karla del Grande	27.04	M70 Emil Muller W40Jaam Shahriari	45.48	M65 Herb G
W55 Rhona Trott 400m	33.45	W55 Rhona Trott	24.97	Les Fri M75 Les Ro
M35 Malik Crepsac	53.57	Javelin	STREET,	M80 Harry 1
M40 Ken Kudo	56.16	M35 James Buhlman M40 Richard Parkinson	29.89 51.10	W40 Judy S W50 Tracey
M45 Lawrence Loh M50 Wayne Gagne	58.91 1:03.26	M45 Peter St. Pierre	43.79	W55 Avril D
M55 Mike Carter	1:03:30	M50 Joe Myers	38.71	Michell
M65 Jim Pascoe	1:17.02	M55 Folgo Dellavedova M60 Maachi McGruder	40.40 37.58	M35 Edwin
M70 Dev Sharma M75 Earl Fee	1:15.24	M65 Fred Parmenter	39.10	M40 Steve
W35 Gwen Bailey Mason	1:08.31	M70 Eric Malmstrom W40 Ana Maria Neilson	29.93	Quenti
W45 Katherine Willis W50 Karla del Grande	1:18.63	W45Lyn Barrett	33.85 16.57	M45 Malcoli Michae
W70Jean Horne	1:05.77	Weight Throw		Mark F
800m	Marine Marine	M40 Richard Parkinson M45 Danny Yoisten	12.22	M50 Paul R Steven
M35 Derek Hackshaw				

M45 Danny Yoisten M50 Jan Graczyk M55 Rudy Boghina M65 David Morris

M70 Emil Muller W40 Jaam Shahriari

M45 Hans Dinger M55 Don Ramsden

M55 Don Ramsden 30:11.00
M70 S Summerhayes 31:21.20
W30 Sarah Raetsen 31:11.21
W35 Tracey McBurney 33:30.89
W45 Kithy Cashman 27:20.09
W50 Nanci Sweazey 27:06.77
W55 Aggie Ramsden 31:48.05

BC Masters

Championships Meet

Langley, BC; June 16-18

5000m RW

· US Citizen

M35 Gary Silvester Don Holmes

100m

M35 Derek Hackshaw 2:03.94

2:08.96 2:11.96

2:24.19 2:50.70 3:09.55

2:41.22 2:55.19 3:14.55

4:56.13 4:24.57 4:35.57 5:10.12

5:01.08 5:32.78 6:20.20

6:31.72 5:39.63

5:26.49

16:54.88 17:03.57

17:55.92

M40 Geoff Peat M45 Bill Cunliffe

M55 John De Finney M65 Bill McIlwaine

M70 Gerhard Krolow

W70 Jean Horne 1500m M35 Bryan Hoage

M40 Vince Friel M40 Vince Friel M45 Tim Andrew M50 Joe Meleca M55 John De Finney M60 Gary Cassel

M65 Jim Irons M70 Gerhard Krolow W35 Sheryl Potter W40 Gerda Zonruiter

5000m M35 Ken Gosleigh

M40 Bruce Pardy

M45 Scott Turner

W35Gwen Bailey Maso W45Katherine Willis

16.00 11.76 9.99

16.72 10.53

30:11.00

	Nati	onal M	asters News	ALESTON.
M40	Chris Townsend	12.39	Peter O'Neil	5:19.02 6:17.66
	Ewald Nickel Nelson Muriuki	13.13 13.57	W60 Chris Race 1500m Steeplechase	
M45	Lloyd Ferguson Bob Cheng	12.56 12.70	M45 Ted de St. Croix Short Hurdles	5:20.56
	Aaron Blake	12.94	M60 Warren Hamill Jess Brewer	17.24 18.42
M50	Tom Dickson Bruno Gartner	12.33 12.85	Long Hurdles	
455	Peter Freeman Jagtar Cheema	12.92 14.18	M60 Jess Brewer High Jump	53.00
	Jim Sullivan	15.32	M40 Kevin Harrison M55 John Hawkins	1.86
465	Herb Gee	13.90 13.86	M60 Warren Hamill	1.50
470	Les Friesen Andy Aadmi	14.76 14.74	Grant Lamothe W50 Nancy Cochrane	1.10
175	Norm Lesage	16.64 17.82	W60 Marg Radcliffe W65 Sandy Anderson	1.20
180	Les Robson Harry Thompson	19.53	Long Jump	
V35	Lisa McKeown Georgina Titus	18.08 14.15	M35 Gary Silvester M45 Breck Sinclair	5.03 3.97
	Valerie Capewell	14.82	Robert Lefevre Darrell Eedy	3.91
	Tracey Lipscombe Sarita Burrowes	17.36	M55 John Hawkins	5.37
V55 V60	Urith Hayley Marg Radcliffe	16.70 17.03	M60 Barry Adams M65 Herb Gee	3.20 4.58
	Michelle Berg Louise Reed	18.85	M70 Andy Aadmi M75 Les Robson	3.38
V75	Coral Webb	18.03 20.25	W35 Elena Voloshin	4.69
V85 00n	Olga Kotelko	25.12	Triple Jump M35 Byron Jack	11.39
135	Gary Silvester	26.03	Gary Silvester	10.55
	Chris Townsend Ewald Nickel	24.55 26.48	M55 John Hawkins M75 Les Robson	10.73 5.71
	Nelson Muriuki Lloyd Ferguson	28.54 26.09	W85 Olga Kotelko Shot Put	4.38
	Bob Cheng	26.70	M35 Gary Silvester Don Holmes	10.17
	Aaron Blake Robert Lefevre	26.91 29.53	Don Holmes M45 Robert Lefevre	8.49 10.33
150	Tom Dickson	25.35	John Leavitt	8.88
	Peter Freeman Bruno Gartner	25.96 26.52	M50 Frank Ehrenriech M55 John Hawkins	10.45 12.36
	Jim Sullivan Sewa Birring	31.17 27.66	Don Brodeur Kyosti Sutela	11.02 9.90
86	Tony Badowski	28.16	M60 Sewa Birring	9.39
165	Barry Adams Herb Gee	31.40 28.48	Grant Lamothe M70 Neil Saling*	9.28 11.90
	Les Friesen	30.16	Andy Aadmi	9.83
	Andy Aadmi Norm Lesage	30.73	Udo Grady M75 Ranier Sillantaus	9.01
180	Les Robson Harry Thompson	37.44 41.16	M85 Phil Brodeur M90 Jim Murray	6.11 5.95
140	Judy Summers	29.48	W35 Lisa McKeown	7.45
150	Valerie Capewell Tracey Lipscombe	30.10 34.16	W40 Georgina Titus W45 Anne Murfitt	8.49 6.12
E 13.	Sarita Burrowes Urith Hayley	35.31 34.98	W60 Dawn Copping W65 Sandy Anderson	6.66
53	Michelle Berg	38.62	W70 Mae Turek	6.60
/60 /65	Marg Radcliffe Ella Lee	35.70 43.54	W85 Olga Kotelko Discus	4.01
770	Louise Reed Klazina Noort	37.88	M35 Gary Silvester	26.77 25.12
V 75	Coral Webb	45.09 42.13	Don Holmes M45 Robert Lefevre	34.71
00n	Ewald Nickel	57.97	John Leavitt M50 Murray Hall	26.61 39.65
	Nelson Muriuki	64.89	Frank Ehrenriech	28.35
	Lloyd Ferguson Bob Cheng	58.10 59.28	M55 John Hawkins Don Brodeur	37.47 35.04
	Peter Freeman Steve Hosford	57.40 65.22	M60 Warren Hamill Mike Woodworth	42.54 42.01
	Phil Bell	68.04	M65 Richard Dow	35.08
165	Sewa Birring Herb Gee	61.88 68.06	Mike Miyoshi Bakhshish Dhillon	29.67 29.57
	Les Friesen Les Robson	68.42 1:40.49	M70 Neil Saling* Andy Aadmi	40.70 27.04
180	Harry Thompson	1:33.10	Udo Grady	26.70
V50	Judy Summers Tracey Lipscombe	1:06.79	M75 Ranier Sillantaus M85 Phil Brodeur	25.96 15.53
V55	Avril Douglas Michelle Berg	1:08.58 2:11.40	M90 Jim Murray W40 Georgina Titus	17.60 24.65
00n	n management and a second		W45 Anne Murfitt	16.30
	Edwin de Gier Steve Bachop	2:10.84 2:00.48	W50 Wendy Woodworth Robyn Janssens	20.26
145	Quentin Smith Malcolm Smillie	2:15.58 2:10.76	Nancy Cochrane W55 Lynn Dow	11.16
	Michael Gill	2:16.11	Urith Hayley	15.75
150	Mark Rowlands Paul Reimes	2:18.65 2:11.79	W60 Dawn Copping W66 Sandy Anderson	15.95 17.48
	Steven Stanage Peter Freeman	2:12.11 2:12.31	W70 Mae Turek Hammer	17.17
155	Steve Hosford	2:25.63	M35 Don Holmes	28.28
460	Phil Bell Bill Hollingshead	2:34.29 2:31.63	M45 Robert Lefevre M55 John Hawkins	17.94 32.02
	Peter O'Neil Barry Adams	2:32.52 2:41.10	M65 Bakhshish Dhillon M70 Andy Aadmi	24.72 36.83
180	Harry Thompson	3:57.95	Udo Grady	33.80
N50	Judy Summers Tracey Lipscombe	2:46.41 3:09.22	M90 Jim Murray W45 Anne Murfitt	14.34
	Avril Douglas Michelle Berg	2:46.46 3:26.21	W50 Robyn Janssens W60 Dawn Copping	27.07 22.83
500	m	Name of Street	W65 Sandy Anderson	21.60
	Steve Bachop Tyler Ginther	4:16.21 4:26.91	W70 Mae Turek W85 Olga Kotelko	17.03 13.95
M45	Malcolm Smillie Michael Gill	4:37.20 4:41.34	Javelin M35 Don Holmes	
-	Ted de St. Croix	4:47.95	M40 Kevin Morgan	37.06 50.00
v150	Steven Stanage David Huxley	4:37.59 4:45.72	M45 John Leavitt Robert Lefevre	34.54 33.51
ASE	Peter Freeman Steve Hosford	4:47.60 5:01.00	M50 Frank Ehrenriech M55 John Hawkins	30.27
,,,,,	Phil Bell	5:18.09	Don Brodeur	39.23 33.50
460	Tom Hastie Bill Hollingshead	5:32.02 5:19.01	M60 Warren Hamill Grant Lamothe	36.96 32.96
		THE REAL PROPERTY.		

Barry Adams M65 Mike Miyoshi M70 Andy Aadmi Udo Grady M75 Ranier Sillantaus M85 Phil Brodeur M90 Jim Murray W45 Anne Murfitt W50 Wendy Woodwor Nancy Cochrane Robyn Janssens W55 Marilyn Benz Urith Hayley W60 Marg Radcliffe Dawn Copping W65 Sandy Anderson W70 Mae Turek Pole Vault (6/14 M40 Owen Clements Wayne Psotka M55 John Hawkins M60 Warren Hamill Ken Underdahl M70 Gerard Dumas M80 Jack Rowe W45 Anne Murfit	12.60 15.26 15.26 11.11 26.82 19.02 28.25 11.76 21.82 15.16 4.40 4.00 3.50 3.35 2.75 2.00 1.00
W60 Sandy Anderson Hershey Harrier Comers #1, Burns	1.60
June 20 100m M35 Gary Silvester M45 Bob Cheng M55 Jim Sullivan M60 Jess Brewer 200m M45 Bob Cheng M55 Jim Sullivan W40 Jeanie Bezdan 800m M50 Gord Carscadder M55 Herb Phillips 3000m M45 Vincent Gabel M55 Neil Wakelin M65 Herb Phillips 1500 Racewalk M55 G. Dragomir W50 Dianne Ruzgaitis	26.59 31.67 29.97 2:29.80 1 4:43.46 5:19.20 11:00.21 11:40.02 11:01.95
Shot Put M35 Gary Silvester M40 Pat Johnson M55 Kyosti Sutela Discus M35 Gary Silvester	MARKET STREET
Junior Trials Ma Meet, Regina, S June 24-25	sters Sask.

Meet, Hegina, Sas June 24-25	K.
	4
100m M30 Ted Rowan	14.59
	15.11
M35 Fred Harland	
M50 Marcel D'Eon	13.04
W40 Carol LafayetteBoyd	14./2
	15.47
W60 Laurie Meloche	13.65
200m	
	33.75
M40 Doug Renwick	29.65
M45 Bruce Hern	28.74
	26.11
	28.59
400m	THE REAL PROPERTY.
	77.50
	77.93
	64.67
	59.43
W60 Laurie Meloche	63.47
800m	Section.
M30 Ted m Rowan 3	11.85
M35 Fred Harland 3	29.16
High Jump	
M45 Roland Delhomeau	1.30
Pole Vault	
M40 Doug Renwick	2.45
Long Jump	
M40 Doug Renwick	4.02
M45 Roland Delhomeau	3.70
W40 Carol LafayetteBoyd	4.15
Triple Jump	4.15
M45 Roland Delhomeau	8.36
Shot Put	0.30
M40 Bob Edwards	0.55
	9.55
W40 Joan Vogal W50 Selina Coward	7.20
	10.16
Discus	2015
	22.51
W40 Joan Vogal	18.23
Hammer	1
	19.86
	31.24
M65 Kelly Shumay	28.39
Javelin	THE REAL PROPERTY.
M40 Doug Renwick	25.29
M65 Kelly Shumay	42.73

Jack	Brow Memorial	Mee
91670	Kelowna, BC	
	June 30-July 2	

Julie 30 July	
100m	
M40 Lyn VanRyswyk	13.22
M40 Lyn VanRyswyk M45 Dave Brown	12.20
W40 Launa Linaker	13.99
200m	
M45 Dave Brown	24.56
W40 S. Schoenthaler	30.08
Jovette Jolicouer	31.68
800m	
M45 Brian Martinson	2:18.79
Brendon Ward	2:56.41
1500m	
M35 Brent Elder	5:53.79
M40 John Kaminski	5:39.75
M45 Brian Martinson	4:44.52
Brendon Ward	6:17.79
3000m	
M40 John Kaminski	12:21.73
M45 Brendon Ward	13:51.95
M55 Greg Conroy	12:35.81
Short Hurdles (110, 3	9)
M45 Walter Dong	17.65
High Jump	
M55 John Hawkins	1.70
Long Jump	
M55 John Hawkins	5.27
W35 Verena Stroda	4.05
W40 Launa Linaker	4.47
W45 Jovette Jolicouer	3.85
Shot Put	
M50 Ryland Garton	9.70
M55 John Hawkins	12.23
W35 Verena Stroda	8.36
W45 Jovette Jolicouer	8.24
Discus	THE REAL PROPERTY.
M35 Don Holmes	25.65
M50 Ryland Garton	29.58
M55 John Hawkins	39.82
W45 Jovette Jolicouer	25.95
W55 Marilyn Benz	19.81
Hammer Mas Den Helmes	07.05
M35 Don Holmes	27.35
M40 Ian Maplethorpe Javelin	60.62
M35 Don Holmes	22.04
M50 Ryland Garton	33.84
M55 John Hawkins	25.00 41.90
W55 Marilyn Benz	27.52
TTOO Maily II Deliz	21.02
Hershey Harriers	All-
_	

Comers #3, Burnaby, BC July 4

* US Citizen	
100m	
M35 Gary Silvester	12.9
M40 Jimson Lee	12.2
M45 Bob Cheng	12.9
M55 John Hawkins	14.1
M60 Lee Southern	13.6
W45 Megan Rankin	14.1
200m	
M40 Jimson Lee	24.5
M45 Bob Cheng	27.3
M55 Jim Sullivan	30.5
400m	100
M50 Gord Carscadden	63.6
M60 Barry Adams	66.4
800m	
M35 Shawn Lucks	2:11.0
M40 Mark Alexander*	2:10.7
M45 Malcolm Smillie	2:11.5
W40 Jeanie Bezdan 1500m	2:20.7
	5:10.4
M65 Herb Phillips 3000m	5.10.4
M40 Mark Alexander*	10.26
	11:04.0
	10:50.3
1500RW	10.50.
M55 Kyosti Sutela	9:05.
W50 Dianne Ruzgaitis	
Discus	10.32.
M35 Gary Silvester	26.1
M55 John Hawkins	40.0
moo domi Hawkins	40.0
The state of the s	

INTERNATIONAL South African Masters

T&F Championships Port Elizabeth, RSA **April 28-29**

Women's Results	
100m	
W30 Colleen Cozette	13.43
W35 Winnie De Winnaar	12.98
W40 Gené Erasmus	13.34
W45 Anna Du Plessis	13.74
W50 Anette Steenkamp	15.09
W55 Pam Immelman	15.00
W60 Magdalena Tomlinson	15.40
W65 Hester Venter	18.06
W70 Veronica Welgemoed	18.23
W75 Isabel Hofmeyr	18.16
W80 Mavis Hutchison	21.78
200m	
W30 Colleen Cozette	27.02
W35 Winnie De Winnaar	26.46

W40 Gené Eras W45 Anna Du P W50 Liz Alexand W55 Pam Imme W60 Magdalena W65 Hester Ver W70 Veronica W W75 Isabel Hofr W80 Mavis Huto 400m

August 200

W30 Colleen Co W35 Suzette Pr W40 Julita Pure W45 Anna Du F W50 Liz Alexan W65 Hester Ver W70 Veronica We W80 Mavis Hute 800m W35 Suzette Pr W40 René Ode W45 Elaine Pre W50 Liz Alexan

W55 Pam Imme W65 Magdaline W80 Mavis Hut 1500m W35 Salomé Ve W40 René Ode W45 Benice Pu W50 Liz Alexan W65 Willemien 5000m W40 Mariëtte Est

W45 Erika Swa W50 Margie Sa W60 Marianne W65 Willemien 10.000m W40 Mariëtte Es W45 Erika Swa W60 Marianne 80mH W45 Esca Talja

W60 Magdelena 300mH W60 Magdelena 400mH W45 Esca Talja High Jump W30 Candida C W35 Dinah Hey W45 Magda Vo W55 Margaret . W60 Kitty vd M W70 Louie Zim W75 Isabel Hof Pole Vault W35 Eva Thorn

Long Jump W30 Ida-Marie W35 Anneline I W45 Pat Smit W50 Anette Ste W55 Marinda P W70 Aletta Ten Triple Jump W30 Ida-Marie W45 Pat Smit W50 Anette Ste W60 Vera Tarltt W70 Louie Zim Shot Put

W35 Anneline W40 Elsa Lomi W45 Amelia vd W50 Tertia Sto W55 Mercia Fe W60 Vera Tartt W65 Anette Oli W70 Louie Zim W75 Joh Nel W80 Lena Gro Discus W35 Anneline W40 Ansie Her W45 Pat Smit W50 Tertia Sto W55 Mercia Fe

W60 Vera Tarti W65 Anette O W70 Louie Zin W75 Joh Nel W80 Lena Gro Hammer W35 Charmair W40 Delene L W45 Amelia v W50 Tertia Sto W55 Elize Eng W60 Kitty vd I W65 Anette O

W80 Lena Gr Javelin W30 Yolanda W40 Ansie He W45 Pat Smil W50 Hester W60 Vera Ta W70 Louie Zi W80 Mavis H

1.60 1.45 1.33 1.24

4.40 3.80 4.00 3.20 3.10 2.60 2.50 1.80 3.75 2.50 2.10

6.49 6.45 5.88 5.77 5.37 5.30 4.51 4.19 3.19 5.14 5.07

4.86 4.87 3.93 3.42 3.64 2.95 2.59 1.63

12.13 12.16 12.27 10.37 11.62 10.01 9.67

9.02 6.89 10.14

10.74

8.52 7.42 7.63 7.66 6.58 3.08

11.67 14.44 12.25 14.33 12.51

12.87 9.94 11.40 9.25 6.10 6.96 10.36 10.06

10.11 9.55 9.73 8.26 10.65

6.92 3.56

53.70 41.12 37.32 46.88 37.93 48.00 34.87 34.04 27.78 19.10 17.17 31.98 32.66 37.56 24.40 21.12 31.60 15.33 8.56

41.83 59.83 46.92 51.12 44.97 47.46 48.47 40.05 31.88 36.29 45.41 33.79 36.46

	August 2006	
	W40 Gené Erasmus 26.99 W45 Anna Du Plessis 27.57	K
	W50 Liz Alexander 29.73	N
	W55 Pam Immelman 31.66 W60 Magdalena Tomlinson 31.50	1
	W65 Hester Venter 39.19	1
	W70 Veronica Welgemoed 38.73	1
	W75 Isabel Hofmeyr 37.94 W80 Mavis Hutchison 48.49	1
	400m	N
	W30 Colleen Cozett 1:02.56	11
	W35 Suzette Prinsloo 1:03.93 W40 Julita Puren 1:04.70	1
	W45 Anna Du Plessis 1:04 06	1
	W50 Liz Alexander 1:07.87 W65 Hester Venter 1:42.50	1
	W70 Veronica Welgemoed 1:34.85	li
	W80 Mavis Hutchinson 2:05.98	5
	800m W35 Suzette Prinsloo 2:25.80	1
	W35 Suzette Prinsloo 2:25.80 W40 René Odendaal 2:28.27	1
	W45 Elaine Pretorius 2:28.05 W50 Liz Alexander 2:31.42	1
	W55 Pam Immelman 2:52.26	1
	W65 Magdaline Johnson 4:21.70 W80 Mavis Hutchinson 4:41.24	1 %
	1500m	١v
	W35 Salomé Vermeulen 5:03.12	l v
	W40 René Odendaal 5:27.73 W45 Benice Putter 5:49.48	9
	W50 Liz Alexander 5:33.60	l v
	W65 Willemien Smuts 6:51.41 5000m	V
	W40 Mariette Esterhuyse 19:32.68 W45 Erika Swart 20:00.07	IV
	W45 Erika Swart 20:00.07	V
	W50 Margie Saunders 20:16.74 W60 Marianne Nelson 27:03.72	۱v
	W65 Willemien Smuts 24:03.64	V
	10,000m W40 Mariëtte Esterhuyse 40:26.38	2
	W45 Erika Swart 38:53.97	13
	W60 Marianne Nelson 55:39.06 80mH	13
	W45 Esca Taljaard 14.02	1
	W60 Magdelena Tomlinson 14.55	N
3	W60 Magdelena Tomlinson 56.55	1
9	400mH	A
	W45 Esca Taljaard 1:17.93 High Jump	1
4	W30 Candida Oberholzer 1.30	1
	W35 Dinah Heymans 1.65 W45 Magda Von Zijl 1.40	IN
	W55 Margaret Jonkers 1.14	1
H	W55 Margaret Jonkers 1.14 W60 Kitty vd Merwe 1.08 W70 Louie Zimmerman 1.06 W75 Isabel Hofmeyr 1.03	V
	1.05	V
	Pole Vault W35 Eva Thornton 3.45	١v
0	Long Jump	1
di G	W30 Ida-Marie Ehlers 5.00 W35 Anneline Maloney 2.99	a
1	W45 Pat Smit 3.64	1
1	W50 Anette Steenkamp 4.34 W55 Marinda Potgieter 3.63	2
Õ	W70 Aletta Ten Tusscher 2.87	1
	Triple Jump	16
	W30 Ida-Marie Ehlers 10.28 W45 Pat Smit 8.11	1
	W50 Anette Steenkamp 8.40	1
	W60 Vera Tarlton 5.77 W70 Louie Zimmerman 6.33	1
	Shot Put	1
	W35 Anneline Maloney 7.89 W40 Elsa Lombard 10.31	1
	W45 Amelia vd Merwe 7.62	1
	W50 Tertia Stoffberg 10.87	li
	W55 Mercia Ferreira 9.98 W60 Vera Tartton 7.38	1
	W65 Anette Olivier 7.93	li
	W70 Louie Zimmerman 7.19 W75 Joh Nel 4.82	13
	W80 Lena Grobler 5.15	14
	Discus W35 Anneline Maloney 22.76	1
	W40 Ansie Hennop 32.35	1
	W45 Pat Smit 17.33	l ñ
	W50 Tertia Stoffberg 25.08 W55 Mercia Ferreira 25.50	1.
	W60 Vera Tartton 21.84	1
	W65 Anette Olivier 20.74 W70 Louie Zimmerman 22.27	1
	W75 Joh Nel 12.80	1
	W80 Lena Grobler 14.05 Hammer	1
	W35 Charmain Venter 19.33	1
	W40 Delene Louw 29.87 W45 Amelia vd Merwe 20.39	l v
	W50 Tertia Stoffberg 26.46	1
	W55 Elize Engelbrecht 23.30	IV
	W60 Kitty vd Merwe 28.31 W65 Anette Olivier 30.10	1
	W80 Lena Grobler 14.67	18
	Javelin W30 Yolanda Beytel 35.55	I
	W40 Ansie Hennop 25.62	1
	W45 Pat Smit 19.18 W50 Hester Fourie 17.13	1
	W55 Mercia Ferreira 25.06	1
	W60 Vera Tartton 15.85	18
	W70 Louie Zimmerman 19.36 W80 Mavis Hutchison 10.20	1
		1."

Weight Throw	Mariella
W35 Charmain Venter	6.71
W40 Ansie Hennop	10.00
W45 Martha Du Plessis	
W50 Tertia Stoffberg	9.64
W55 Mercia Ferreira	8.28
W60 Elize Grobbelaar	9.06
W65 Anette Olivier	11.52
Weight Pentathion	
W35 Charmain Venter	1259
W40 Ansie Hennop	2926
W45 Pat Smit	1889
W50 Tertia Stoffberg	2852
W55 Elize Engelbrecht	2583
W60 Vera Tariton	3038
W65 Anette Olivier	3632
W80 Lena Grobler	3166
5000m Racewalk	Contract l
W30 Nicolene Underwood	30:51.2
W35 Gwen Smeeton	26:50.7
W40 Trudi Carstens	28:39.5
W45 Marianne Ghisleni	
W50 Barbara Nell	25:05.1
W55 Daphne Du Preez	
W60 Ingrid Bolt	33:05.9
W65 Jodi Pastorino	35:39.7
W70 Aletta Ten Tusscher	38:52.4
W75 Anna Villet	38:33.1
9.5K Racewalk	
W30 Nicolene Underwood	59:54.0
W35 Gwen Smeeton	53:33.0
W40 Cheryl-Lee Dean	55:48.0
W45 Marianne Ghisleni	53:06.0
W50 Barbara Nell	49:07.0
W55 Susan Tranter	57:32.0
W60 Ingrid Bolt	60:24.0
W65 Jodi Pastorino	67:45.0
W75 Anna Villet	73:59.0
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BMAF National Ch	amp-
ionships Birming	

ionships, Birmingham England; June 18

	wishmain ManualVd	共创早是
100r	n Spiles and Spiles	T. S.
M35	Darren Scott	11.06
M40	Anthony Noel Pat Logan	11.28
M45	Geoff Walcott	12.04
MSE	John McGarry	12.04
M60	Ken Smeeth	13.17
M65	John Ross	13.72
M70	John Ross Tony Bowman	13.81
M75	Allan Meddings	14 82
M80	Rodney Clark	18.88
W35	Kathleen Madinan	12 87
W40	Julie Money Averil McLelland Ilse Hemming Vivien Bonner	13.00
W45	Averil McLelland	13.53
W50	lise Hemming	14.40
W55	Vivien Bonner	13.60
WEE	Val Parsons Iris Holder	14.33
WOO	Pothustondman	10.07
	Betty steedman	21.09
200r		21.09
M35	Graeme Hoon	24 03
M40	Graeme Hogg Anthony Noel	23.87
MSO	Stenhen Peters	23 35
M55	Bob Minting	25.98
M60	Bob Minting Laurence Oldfield	27.13
M65	John Ross	28.60
M70	Tony Bowman	29.33
M75	Allan Meddings	31.21
M80	Frank Coping	48.18
W35	Melanie Brown	26.70
W40	Laurence Oldfield John Ross Tony Bowman Allan Meddings Frank Coping Melanie Brown Wendy Laing Wendy Dunn Caroline Powell Vivien Bonner Val Parsons Iris Holder	28.01
W45	Wendy Dunn	27.67
W50	Caroline Powell	28.05
W55	Vivien Bonner	28.56
WEO	val Parsons	29.89
WOS	Iris Holder	35.16
400r	Coral Webb	45.26
M35	Edward Williams	49.96
M40	Edward Williams Jonathan Tilt	52.08
M45	Kermitt Bentham	52.80
M50	Kermitt Bentham Stephen Peters	52.45
M55	Bob Minting	56.17
M60	Laurence Oldfield	59.61
M65	John Ross	1:02.98
M70		
M75	Tony Bowman William Davies Frank Copping Melanie Brown Virginia Mitchell	1:22.38
M80	Frank Copping	1:53.89
W35	Melanie Brown	59.44
W40	Virginia Mitchell	59.42 1:02.36
W45	Jane Horder	1:02.36
W50	Caroline Powell Caroline Marler	1:01.81
W55	Caroline Marler	1:10.89
W60	Yvonne Priestman	1:12.73
W65	Kathleen Stewart	1:19.11
	Mary Holmes	1:24.71
800r	Edward Millians	1.50.07
MJS	Lobo Hasdie	1:59.97
MAG	lan Smith	2:01.77
MSO	Dominic Swords	2:06.00 2:09.37
MSS	Bob Minting	2:14:35
Men	John Treadwell	2:14.35 2:26.28
· viOU	Joint Headwell	
MAS	Arthur Kimber	2:48 21
M65	Arthur Kimber John Cullingham	2:48.21
M65 M70 M75	Arthur Kimber John Cullingham William Davies	2:48.21 3:12.29 3:12.47
M65 M70 M75 M80	n Edward Williams John Headley Ian Smith Dominic Swords Bob Minting John Treadwell Arthur Kimber John Cullingham William Davies Frank Copping	2:48.21 3:12.29 3:12.47 4:20.88

	National M	lasters News
6.71	W35 Bernadine Pritchett 2:19.26 W40 Mary Edwards 2:24.58	W40 Wendy Laing W45 Hazel Barker
10.00	W45 Jenny Hughes 2:38.94	W50 Carole Filer
s 5.30 9.64	W50 Joan Howe 2:33.52 W55 Susan James 2:53.37	W55 Caroline Marler Pole Vault
8.28	W60 Pat Gallagher 2:44.92	M40 Mark Johnson
9.06	W65 Kathleen Stewart 3:09.23 W70 Mary Holmes 3:17.76	M45 Allan Leiper
11.52	1500m	M50 Allan Williams M55 Mick Goodall
1259 2926	M35 Peter Barker 4:10.75 M40 L Mangelshot 4:11.52	M60 John Bradley
1889	M40 L Mangelshot 4:11.52 M45 Richard Jenkin 4:20.35	M65 David Haines M70 Jim Day
2852 2583	M50 Kevin Archer 4:31.08	M75 Alfred Woods
3038	M55 Bob Minting 4:33.08 M60 Michael Smith 4:54.96	W35 Irie Hill W40 Janet Lyon
3632 3166	M65 Alan Peers 5:37.41	W45 Teresa May
3100	M70 Brian Ashwell 5:27.06 M75 Derek Howarth 6:07.78	W50 Sue Yeomans Long Jump
d 30:51.2	M80 Frank Copping 8:35.57	M35 John Munroe
26:50.7 28:39.5	W35 Bernadine Pritchett 4:40.56 W40 Jenny Phillips 5:07.05	M40 Ian Allen M45 John Mayor
27:30.1	W45 Carolyn Robbins 5:09.76	M50 Trevor Wade
25:05.1 29:28.1	W50 Sandra Branney 5:02.73 W55 Nancy Hitchmough 5:18.39	M55 Paul Pinnington M60 Peter Duckers
33:05.9	W60 Pat Gallagher 5:36.04	M65 Barrie Taylor
35:39.7 r 38:52.4	W65 Kathleen Stewart 6:18.48 W75 Betty Norrish 10:01.68	M70 David Burton M75 Ajit Singh Kalirai
38:33.1	5000m	W35 Jacqueline Spargo
59:54.0	M35 Peter Tallents 15:55.07 M40 Martin Hula 15:06.69	W40 Wendy Lewis W45 Averil McLelland
53:33.0	M45 Julian Critchlow 15:50.39	W50 Carold Filer
55:48.0	M50 Nigel Holden 16:30.45	W55 Caroline Marler
49:07.0	M55 Desmond Michael 17:26.79 M60 Gareth Jones 17:43.90	W60 Jackie Charles W65 Iris Holder
57:32.0	M65 John Batchelor 18:52.40	W70 Anne Martin
60:24.0 67:45.0	M70 Eric Barber 21:55.41 M75 Derek Howarth 22:35.71	W75 Coral Webb W85 Mary Wixey
73:59.0	W35 Kate Ramsey 16:32.03	Triple Jump
hamp-	W45 Sian Monahan 17:46.39 W50 Susan Cooper 18:52.97	M35 Ian Bridgeman M40 David Richards
gham	W60 Pauline Rich 21:50.21	M45 Albert Earle
18	W65 Cecilia Morrison 23:06:36 W70 Pamela Jones 24:48.73	M50 William Lonsdale M55 David Folgate
5751 TO	W75 Betty Norrish 33:44.44	M60 Allan Cheers
11.06	10,000m	M65 Padraig Maye
11.28	M35 Ian Johnston 33:16.26 M40 Daniel Moore 33:02.82	M70 Tony Crocker M75 Ajit Singh Kalirai
12.04	M45 Dai Roberts 33:06.31	W35 Irie Hill
12.89	M50 Mike Weedall 34:55.85 M55 John Exley 35:54.15	W40 Imeta Barauskiene W45 Danea Herron
13.17	M60 Gareth Jones 37:20.93	W50 Lyn Ahmet
13.81	M65 Fred Gibbs 40:32.87 M70 Eric Barber 45:04.22	W55 Joyce Rammell W60 Jackie Charles
14.82	M75 Derek Howarth 46:30.58	W65 Iris Holder
12.87	W40 Andrea Dennison 38:51.38 W45 Lynn Marr 44:59.76	W70 Anne Martin W85 Mary Wixey
13.00 13.53	W50 Christine Kilkenny 40:08.96	Shot Put
14.40	W55 Ros Tabor 41:44.45 W60 June Johnson 48:20.49	M35 Gary Parsons M40 Steve Shyte
13.60 14.33	W65 Betty Stracey 51:23.21	M45 Guy Perryman
16.67	W70 Pamela Jones 51:42.05 Short Hurdles	M50 Michael Small M55 Bruce Holden
19.92	M40 Des Wilkinson 15.88	M60 Eric Barker
ME STANDARY	M45 Michael Coker 16.63 M50 Clive Pengelly 16.20	M65 William Hudson M70 Colin Brand
24.03 23.87	M55 Tony Wells 16.03	M75 Jaroslav Hanus
23.79	M60 Barry Ferguson 18.15 M65 Brian Arris 20.88	M80 Hugh Gallagher M85 Leslie D'Arcy
23.35 25.98	M65 Brian Arris 20.88 M70 Tony Bowman 13.67	W35 Camilla Thrush
27.13	W35 Fiona Lampkin 18.85	W40 Alison George
28.60	W40 Wendy Laing 12.26 W45 Gaye Clarke 12.73	W45 Claire Cameron W50 J Saunders-Mullin
29.33 31.21	W50 Carole Filer 14.47	W55 Caroline Marler
48.18	W55 Caroline Marler 15.56 Long Hurdles	W60 Barbara Terry W65 Evaun Williams
26.70 28.01	M40 Jonathan Tilt 58.02	W70 Anne Martin
27.67	M45 Michael Coker 59.91 M50 Ian Broadhurst 62.96	W85 Mary Wixey Discus
28.05 28.56	M55 Tony Wells 66.19	M35 Perriss Wilkins
29.89	M60 Frederick Bush 50.24 M65 Brian Arris 55.31	M40 Andy Turner M45 Alan Marriott
35.16 45.26	M70 Tony Bowman 51.22	M50 Michael Small
SERBONA"	M75 Peter Field 57.08 W35 Deborah Doherty 1:08.10	M55 Terry Lalley M60 Michael Hazlewood
49.96 52.08	W40 Imeta Barauskiene 1:08.45	M65 Grayham Smith
52.80	W45 Jane Horder 1:06.36	M70 Robin Sykes
52.45 56.17	W50 Carole Filer 52.97 W55 Caroline Marler 54.21	M75 Jaroslav Hanus M80 Hugh Gallagher
59.61	2000m Steeplechase	M85 Leslie D'Arcy
1:02.98	M60 Frederick Bush 8:33.11 W35 Deborah Doherty 7:46.09	W35 Camilla Thrush W40 Jenny Cooper
1:24.44	W40 Jane Pidgeon 7:55.93	W45 Claire Cameron
1:53.89	W50 Anne Darby 8:49.20 W70 Anne Martin WR 10:50.35	W50 Beatrice Simpson W55 Joyce Rummell
59.44 59.42	(Shirley Brasher/11:24.25/2000)	W65 Evaun Williams
1:02.36	3000m Steeplechase M35 Paul Northrop 9:57.35	W70 Marie Grant-Stevens W85 Mary Wixey
1:01.81	M40 Paul Spowage 10:31.91	Hammer
1:12.73	M45 Chris Ireland 10:25.39	M35 Gary Parsons
1:19.11	M50 Dave Carrington 10:50.55 M55 Aleksander Swiecicki 11:33.80	M40 John Pearson M45 Russell Payne
1.24./1	High Jump	M50 Malcolm Fenton
1:59.97	M35 Mitchell Bellham 1.65 M40 Steve Linsell 1.86	M55 Alan Woods M60 Christopher Melluish
2:01.77	M45 John Bancroft 1.60	M65 William Gentleman
2:09.37	M50 Clement Leon 1.50 M55 Mick Goodall 1.45	M70 Peter Barber M75 Jaroslav Hanus
2:14.35 2:26.28	M60 Trevor Madigan 1.41	M80 Hugh Gallagher
2:48.21	M65 Donald Butler 1.36 M70 Tony Crocker 1.46	W35 Camilla Thrush W40 Joanne Davison
3:12.29 3:12.47	M75 Norman Carter 1.18	W45 Jennifer Ibbitson
4:20.88	W35 P Wilkes-Taquin 1.40	W50 Beatrice Simson
Tank of S		

W55 Rosemarie Alexander	33.57
W60 Barbara Terry W65 Evaun Williams	26.15 38.05
W70 Anne Martin Javelin	19.83
M35 Christopher Torns M40 John Pearson M45 Kevin Murch	43.75 59.83 53.33
M50 John Wild M55 Joe Eastwood	34.79
M60 Michael Hazlewood M65 David Price	44.01 34.14
M70 Colin Brand M75 Norman Carter	40.01 23.61
M80 Hugh Gallagher M85 Leslie D'Arcy	13.74
W35 Linda Gray W40 Wendy Laing	39.43 28.64
W45 Danea Herron W50 Gill Dobson	25.45 29.78
W55 Caroline Marler W60 Carol Rafferty	25.22 22.63
W65 Evaun Williams W70 Mary Holmes	34.36 16.51
W85 Mary Wixey Weight Throw M35 Eddie McKenzie	7.15
M35 Eddie McKenzie M40 Steve Whyte M45 Guy Perryman	10.35 17.12 13.07
M50 Michael Small M55 Terry Lalley	17.66 15.22
M60 Christopher Melluish M65 William Gentleman	16.39 16.08
M70 Peter Barber M75 Jaroslav Hanus	13.70 11.38
M80 Hugh Gallagher W35 Camilla Thrush	7.93
W40 Janet Smith W45 Jennifer Ibbitson	13.55
W50 Beatrice Simpson W55 Rosemarie Alexande	
W60 Barbara Terry W65 Evaun Williams	11.07
	43.43
M50 Nick Silvester 13	:51.35 :55.67 :52.72
	:41.39
(Thomas Daintry/15:51.0/1	982) 3:48.80
M80 Len Crei 20 W35 Julie Bellfield 18	3:23.04
W45 Toni Boa 16	7:46.42
W50 Ann Wheeler 16 W70 Parn Horwill 22 5000m RW	2:11.15
	2:06.60
M50 Rod Dunn 27	32.72
M70 Arthur ThomsonWR 26 (Thomas Daintry/27:02/198	:01.52
M75 Karl Abolins 36	:14.26
W40 Maureen Noel 29	:55.43
W45 Karen Davies 29	:48.30
LONG	
DISTANCE	5
RUNNING	
NATIONAL	
USA National Cham ships/Mt.Washington	
Hill Climb, Gorham June 17	
Overall	
Erie Blake 27 Anna Pichrtova 33	61:09 71:18
USATF Members M40 Eric Morse	64:38
Andy Ames Dave Dunham	66:28 69:30
Dan Verrington	73:29

Overall	
Erie Blake 27	61:09
Anna Pichrtova 33	71:18
USATF Members	
M40 Eric Morse	64:38
Andy Ames	66:28
Dave Dunham	69:30
Dan Verrington	73:29
Michael Woodman	73:35
M45 Henry Wiggleswort	
Brad Lebo	76:08
Martin Tighe	77:07
Gregg Cornell	79:40
Dan Collison	85:36
M50 Tek Kilgore	79:18
Robert Mulvaney	88:31
Paul Bazanchuk	92:53
Tom Kolb	96:40
M55 Bob Evers	81:39
Jim Terry	87:39
Marshall Randolph	91:43
Richard Stockdale	92:53
M60 Sumner Brown	85:59
Milt Schumacher	97:35
George Cunha	1:41:59

M65 John Pelton	1:45:57
Robert Ludwig	1:47:38
Peter Watson	2:01:07
M70 George Bisson	2:01:24
Richard Fedion	2:26:20
Maurice Ferrigno	2:40:50
W40 Lisa Goldsmith	1:18:46
Ann Rasmussen	1:30:14
Kathy Maddock	1:30:58
HeatherGradieHarrig	1:38:21
W45 Donna Smyth	1:40:06
Nixie Raymond	1:41:31
Mary Jane Ryan	1:49:39
Donna Leblanc	1:56:43
W50 Diane Meuser	1:48:14
Bonnie Stoecki	1:53:53
Pamela Houck	2:20:19
W55 Dot Helling	1:54:02
	2:06:00
Barbara Grandberg	
W60 Carol Kane	1:49:32
W70 Barbara Robinson	2:05:01
USATF Teams	Mily day.
M40 Central Mass Stride	5:56:11
(Morse/Dunham/Verringto	on/
Woodman/Peterson)	
PR Moose Milers	7:09:18
Cambridge Sports	
M50 Cambridge Sports	8:03:44
(Brown/Terry/Randolph/	
Grant/Kocur)	
M60 Gate City Striders	6:02:47
(Ludwig/Moland/Cleaver)	Obstant!
	6:43:52
W40 PR Moose Milers	4:50:44
(Rasmussen/Maddock/Ka	ane)
Cambridge Sports	
CACT	THE RESERVE AND ADDRESS OF THE PERSON NAMED IN

EAST

Bel Air Town Run 5K Bel Air, MD; June 4

Overall	
Eric Putnam 33	15:17
Katelyn Ealer 20	18:25
M40 Ted Poulos	17:21
M45 Dennis Coleman	17:47
M50 James Pryde	17:18
M55 Mick Slonaker	18:45
M60 Edward Lecates	20:00
M65 Stan Neumann	25:49
M70 Stephen Rosasco	28:23
W40 Maureen Hall	19:05
W45 Diane Malloy	21:46
W50 Allison Suckling	20:47
W55 Marge Rosasco	22:56
W60 Marjean Apland	27:42
W65 Bertha Flens	32:54

Rhody 5K Lincoln, RI; June 4

Benjamin Schmeckpeper,23	
Fatima Elyachi	16:34
M40 Eric Morse	15:22
Tom Doody	15:41
Jason Cakouros	15:46
M45 Fram Craig	15:37
Hammond Paul	16:08
Mark Reeder	16:31
M50 Reno Stirrat	17:21
John Lee	18:03
Franc Karpo	18:11
M55 William Dixon	17:16
Jerry Learned	17:49
Frank Rucki	18:39
M60 Mitt Schumacher	19:09
Sumner Brown	19:19
Paul Jensen	19:27
M65 Eddie Fromm	20:15
Harry Carter	21:05
Robert Ludwig	21:49
M70 Bill Riley	20:16
Bill Spencer	21:06
John Mogowan	25:32
M75 John Di Comandrea	30:55
Edward Damish	51:38
M80 Joe Pascale	34:58
Lou Peters	36:03
M85 William Stem	46:00
Philip O'connell	46:36
W40 Mcgrettrick Terri Anne	
Maria Servin	18:01
Zofia Wieciorkowska	
W45 Anne Hird	19:38
Rogina Madestow	20:32
Brenda Briggs	21:42
W50 Marge Bellisle	19:34
Sidney Litendre	19:46
Linda Jennings	20:57
W55 Karen Deroma	21:19
Jessica Wheeler	22:57
Linda Usher	23:04
W60 Jan Holmquist	20:20
Catherine Farrell	23:15
Laura Beckwith	25:10
W65 Winnie Hopfe	28:59
Pat Blenkiron	40:28
W75 Florence Dagata	45:19

Overall	
Tesera Demessq, 2	3 24:11.93
Malavolta Jennifer,	
M40 Levy, Larry	27:35.82
Cornelison, Pa	
Jacobson, Mat	thew 31:23.40
M45 Ppingitore, Ric	
Tully, Michael	30:19.53
Miskin, Jack	30:50.19
M50 Mooney, Micha	
Mercer, Henry	30:56.65
Henderson, Rich	
M55 Hall, Thomas	32:40.52
Schneekloth, Cha	artes 33:59 47
Staple, Jeff	34:12.93
M60 Cohen , Ron	34:32.21
Roche , Hector	
Renzella, Jose	
M65 Cosgrove, Pat	35:12.40
Ratmeyer, Rola	
Leitz, James	36:47.90
M70 Garfeild, Ralph	
Labruno , Josej	
Chevalier, Sam	
M75 Evanovich, Geo	
Aquino, Ralph	53:48.16
Robbins, James	
M85 Lurch, Clarence	77:52.36
W40 Gaeta, Christine	32:59.13
Tozzi, Lisa	33:30.28
Fisher, Carolyn	36:38.00
W45 Barrett, Gabby	34:28.83
Roarty, Carol	35:50.29
Capozzi, Cathy	
W50 Farnung Krause,	
Lifland, Kathlee	n 36:53.88
Mortimer, Lynne	39:15.55
W55 Ferrara, Linda	39:48.95
Attingson, Beve	rly 41:55.82
Defazio, Carol	42:07.04
W60 Mulnihill, Joan	44:11.61
Chovanec, Charl	
Hersh, Carol	54:12.39
W65 Kneeshaw, Carol	
Jenkins, Gloria	43:59.58
Sweeney, Mary I	
W70 Thomas, Elizab	oth 70:24 16
W/O Inomas, Elizab	eui /9.34.10
Marine Control - which	and the same of the same

Lawyers Have Heart 10K Washington, DC June 10

June 10	
Overall	
Gurmessa Kumsa 27	29:51
Alisa Harvey 40	36:50
M35 Max Lockwood	34:24
M40 Joseph Cresko	33:45
Chris Chattin	34:38
Steve Morrell	37:18
M45 Mark Malander	33:55
Rich Robinson	37:58
Tom Wilcox	39:01
M50 Peter Darmody	37:43
Bruce Delaplaine	39:22
Alan Demberton M55 Mick Slonaker	39:33
Wm Scott	42:01
Mark Grummer	42:33
M60 Bill Joyce	42:41
Robert Aby	43:41
M65 John Elliott	42:23
Stephen Foreman	45:30
M70 Robert Gurtier	56:27
Gene Granof	59:21
M75 Chas Day	62:20
M80 Paul Lackey	61:01
W35Samantha Kirby	41:18
W40 A Harvey	36:50
Robyn Humphrey	39:44
Sheryl Kline	40:46
W45 Liliana Barow	42:48
Cynthia Westbrook	45:56
Ann Kurzwell	46:46
W50 Alison Suckling	42:26
Betty Blank	42:27
Manuela Carvalho	47:03
W55 Alice Franks	46:15 52:33
Jeanine Matte W60 Roberta Stopler	61:27
RosemSchawartzba	
W65 Jaime Wollard	70:41
TYOSSAITIE TYOHAIG	70.41
Battle of Bunker Hi	II AK

Battle of Bunker Hill 8K Boston, MA: June 11

Overall	
Brendan Prindiville, 29	25:34
Kara Rylzck, 31	30:28
M40-49	DE-COMP.
Jon Waldron	27:27
Stephen Sergeant	27:57
Paul Keating	29:46
John Sheehan	31:59
Don Davis	32:05
Jonathan Davey	32:37
M50-59	
John Goodwin	30:12

O-t-O	24.07
Bob Strout	31:07
Donald Malloy	32:40
Michael Menovich	32:52
Daniel Mccarthy	34:00
David Guiness	35:47
M60-69	A STATE OF THE OWNER,
Mark Stern	36:39
Ted Ridout	37:48
Jim Foster	38:22
Bob Fee	39:30
Frank Donovan	39:35
Philip Howe	42:58
W40-49	
Patricia Keating	34:58
Brooks Mullen	35:16
Karen Fabian	39:33
Sally Walker	40:45
Carolyn Osbahr	41:37
Elizabeth Peoples	42:25
W50-59	
Kristin Guyot	44:00
Barbara Grandberg	44:29
Alison Berglund	45:04
Eleanor Amidon	48:08
Laura Carroll	49:07
Dolores Amrich	52:15
UCATE NI Mee	tore

USATF-NJ Masters Women's Championships/ Portugal Day 5K Newark; June 11

The State of the S	
Overall	
Demese Tefera 24	14:44
Alemtsehay Misganaw 25	16:32
W40 Misa Tamura	18:49
Cristina Lopez	19:43
Debby Hall	19:51
W45 Jean Pare	19:12
Beth Moras	20:13
Sally Simeone	21:40
W50 Jane Parks	22:06
JaneFamung-Krause	22:08
Mary Foley	23:30
W55 Christine Ange	24:19
Barbara Dumanov	24:45
Betty Langerkamp	28:12
W60 Patricia O'Hanlon	25:45
Mary Tully	35:21
W65 Anna Thornhill	24:23
Imme Dyson	25:10
M70 Diana Stone	42.26

W/O Diane Stone	42:26
Melva Murray	49:07
W75 Toshiko d'Elia	27:27
Teams	
W40 NJ Masters Women	60:42
(Tamura/Moras/Simeo	ne)
RVRR A Women	64:34
Morris County Strid	e66:45
W50 Morris County Strid	
(Ange/Bortone/Duman	
	74:02
CJRRC	87:03
W60 RVRR A	76:17
(Dyson/Little/O'Hanlor	1)
W70 Morris County Stride 2	
(Stone/Tummey/Murra	
1140	"

101- County Stride 2	
(Stone/Tummey/Murra	iy)
M40+	
M40 Mark Lorello	17:28
M45 Rodrigo Cacares	17:26
M50 Chas Slaughter	18:24
M55 Roger Price	17:19
M60 Feleciano Pereira	19:11
M65 Henrique Matos	22:39
M70 Joseph Labruno	27:24
M75 Bill Welsh	36:46
M80 Bill O'Brien	44:29
Man Park of the Late of the La	A Delica of The

NYRR FRNY Lesbian & Gay Pride 8K, Central Park, NYC; June 14

Overall	
Demesse Tefera 23	23:45
Alemtsehay Misganaw 25	27:45
M40 Paul Thompson	25:38
M45 Patrick Guilfoyle	30:36
M50 John Lombardi	32:07
M55 Edgar Sandoval	31:55
M60 Samuel Skinner	34:14
M65 Gary Muhrcke	37:14
M70 George Hirsch	38:09
M75 Bill Horowitz	1:01:32
M80 Sab Koide	53:27
W40 Lillian Kroner	31:15
W45 Gordon Bakoulis	31:37
W50 Marie Wickham	35:17
W55 Judith Tripp	39:16
W60 Chuang Chang	40:37
W65 Sandra Krystal	44:42
W70 Ginette Bedard	40:01
W75 Pearl Jones	1:24:41
W80 Joan Rowland	1:01:57

Tim Harmon 5K Fairfax, VA: June 17

Overall Jon Lauder 23 Alyssa Harvey 40	15:17 17:43
Ayssa Harvey 40	17.4

i	altitude la	THE RESERVE AND DESCRIPTION OF THE PERSON NAMED IN COLUMN TWO PERSONS AND PERS	
ı	M40	Ted Poulos	17:14
ı	M45	Robert Johnson	17:16
ı	M50	Norton Compton	17:44
ı	M55	Richard Adams	18:12
ı	M60	Patrick Griffith	18:34
ı	M65	Henry Hamburger	22:57
ı		Jerry Lewis	23:31
ı	M80	Paul Lackey	29:03
ľ		Linda Foley	19:32
l	W45	Sushila Nanda	21:38
ı		Suanne Shocket	24:03
ŀ	W55	Nancy Avitabile	24:28
ı	W60	Christine Wright	26:07
ŀ		Jacq. Chauviaux	33:47
ı	W70	Jeanette Chambers	33:50
1		Mary Grimsley	53:40

NYRR WABC Fight Prost-ate Cancer 8K, Central Park, NYC; June 18

Overall	
Kassahun Kabiso 22	24:37
Claudia Camargo 35	29:52
M40 Paul Thompson	25:38
M45 Jim Stemm	27:56
M50 Steve Calidonna	27:50
M55 Alston Brown	29:37
M60 Julio Aquirre	32:46
M65 Pat Cosgrove	34:37
M70 Alfred Finger	36:01
M75 Leo Schonhaut	52:51
M80 Sab Koide	51:55
W40 Danielle D'Angelo	35:26
W45 Gordon Bakoulis	31:38
W50 Marie Wickham	35:35
W55 Mary Rosado	40:59
W60 M-L Michelsohn	37:00
W65 Mary Nathan	41:24
W70 Ginette Bedard	40:02
W75 Bertha McGruder	70:19

NYRR Run Until the Violence Stops 5.1K, Central Park, NYC; June 27

The Control of the State of the	
Overall	
Julius Arile 22	16:01
Olena Plastinina 42	19:11
M40 Jorge Fernandez	17:10
M45 Daniel Genova	19:17
M50 Douglas Currier	20:28
M55 Alston Brown	18:16
M60 James Duston	22:59
M65 Arnold Gore	24:02
M80 Sab Koide	32:06
W40 Olena Plastinina	19:11
W45 Maggie Deschamps	21:32
W50 Luann Mestre	23:01
W55 Elizabeth Canale	27:27
W60 Susan Siderman	27:23
W65 Doroghy Bardin	28:13

Red Dress for Women 5K West Hartford, CT; July 8

Ove	rall	
W40	ALYCE ALFANO	20:07
	TERESA LAWTON	21:13
	ALLISON BEASON	24:33
W45	LAURA AMBLE	22:51
	JOANN DEMICCO	23:07
	EDWINA NEWBURY	24:44
W50	BETTY REANIGINO-KNA	22:06
diam'r	JAN MERRILL-MORIN	22:41
	BARBARA CARPENTER	23:34
W55	ROSE FAMIGLIETTI	25:26
(DOTO)	SUSAN LESLIE	25:53
	BARBARA KREAM	26:21
W60	BARBARA MALONEY	30:06
Sec. 10	MARJORIE HAAS	37:40
	FLORENCE FILOSA	43:23
W65	JADWIGA BACZEWSKI	33:16
Texas II	ELIZABETH SPARKOWSK	33:54
	CAROL VERTEFEUILLE	36:34

Long Island Women's 5K Farmingdale, NY: July 8

Farmingdale, NT; July 8		
Overall		
Natalia Belova 22	15:56	
W40 Marisa Hanson	17:08	
Zofia Wieciorkowska	17:53	
Mimi Fallon	18:09	
W45 Nancy Aboff	20:34	
Dolores Doman	21:44	
Mary Grace Sauve	22:26	
W50 Kathryn Martin	18:45	
Kathy Gribbon	21:28	
Linda Ottaviano	21:40	
W55 Melissa Kennedy	21:47	
Zoila Denis	23:52	
Maureen Frisone	25:58	
W60 Betty Horstmann	22:51	
Hilary Boucher	24:25	
Sarah Pettinato	25:44	
W65 Ellen Duffy	28:13	
Joan Ackerman	32:37	
Pat Delaney	33:36	
W70+YoshikoTakahashi70		
Ruth Maller 77	31:42	
Josephine Curtin 76	39:01	

W40+ Racewalkers Christina Lopez 42 Pat Motschwiller 48	31:42 32:30
Lorie Sheinwald 40	33:26

NYRR Half-Marathon Grand Prix, Bronx, NYC July 9

Overall	
Jorge Real 35	1:10:54
Heather Gardiner 27	1:24:47
M40 Felipe Vergara	1:17:24
M45 Conor O'Driscoll	1:19:08
M50 Jose Santiago	1:20:21
M55 Inkul Yoo	1:30:15
M60 Samuel Skinner	1:31:37
M65 Pat Cosgrove	1:37:58
M70 Alfred Finger	1:48:22
M75 Kenneth Jones	2:30:14
M80 Sab Koide	2:36:43
W40 Sharon Mongul	1:37:05
W45 Emmy Stocker	1:32:53
W50 Marie Wickham	1:36:35
W55 Kathleen Horton	1:51:37
W60 Marjorie Yos	1:55:31
W65 Yue Fu	2:10:33
W70 Naomi Voqel	2:31:01
W75 Toshiko E'Elia	2:14:40
	-

SOUTHEAST

Firecracker 5K & 10K Daytona Beach, FL July 2

5K	
Overall	
Chad Zeman 20	17:12
Heather Butcher 33	19:11
M40 Kent Bradbury	19:35
Danny Barrett	20:47
M45 Dennis Craig 2nd	18:55
Chris Burkett	19:32
M50 James Johnson	21:02
Rick Barlow	21:15
M55 Adrian Treon	22:01
Adam Rafalski	23:15
M60 John Giordano	25:55
Silky Sullivan	26:07
M65 Jim Johnson	32:00
M75+Victor Doig 77	31:48 26:12
W40 Bobbie Cornelius	26:12
Molly Clark W45 Sharmon Moes	25:50
Anna Diaz	26:26
W50 Sandra Archer	28:22
K K Rainey	33:32
W55 Susan Gummey	25:36
Joyce Whitney	32:06
W60 Mary Machuga	30:06
W75+Lois Clark	34:47
10K	
Overall	
John Bess 26	36:36
Heather Butcher 33	38:33
M40 Todd Graff	40:30
M45 Ricky Peterson	42:23
M50 Dave Dunn	41:51
M55 Miguel Lopez	48:02
M60 Silky Sullivan	49:22
M65 Stuart Olson	64:48
M70 Richard Dillard	61:18
M75+Joe Killeen	67:38
W40 Lisa Wilkinson	46:54
W45Sharon Marsh	57:22
W50 Patricia Tiberii	58:33
W55 Kathie Johnson	59:51
W65 Marjorie Byron	62:29

Yorktown Freedom 5K Yorktown, VA; July 4

Overall	CALL PROPERTY.
Ed Moran 25	14:39
Cheryl Anderson 24	17:12
M40 John Piggott	16:37
Daniel List	17:14
Josh Kahan	18:05
M45 Terry Imberry	18:57
Shawn Towne	19:49
Matthew Bickley	20:08
M50 Stephen Chantry	17:25
Wyatt Cutchins	19:55
Wm Murray	20:42
M55 Joe Day	20:04
Robert Wilson	20:31
Larry Price	21:36
M60 Jim Coleman	23:42
Roger Gobeil	23:53
Larry Turner	24:16
M65 Winston Collins	21:05
Chas Terrell	27:23
M70 Mike Kelly	25:55
Wm Charles	31:59
M75+Mel Anderson 75	37:14
Jim Johnson 81	51:09
W40 Linda Sawvell	19:13
Carol Bartram	23:27
Oard Dartiani	20.21

20:12
21:42
23:31
21:59
25:00
25:17

MIDWEST

Sunburst Marathon, Half-Marathon, 10K & 5K South Bend, IN; June 3

South Bend, IN, o	dile 5	9
Marathon		9
Overall		É
Gillette, Justin, 23	2:30:40	Н
Rieder, Shannan, 27	3:06:36	g
M40 McManus, Michae M45 Dwornick, David	2:58:57	-8
M50 D'Haenens, Jim	3:08:16	9
M55 Soliz, Doug	3:12:11	6
M60 Furnish, Bob	3:20:31	Z
M65 Kalas, James	4:16:14	8
M70 Smith, Cal	4:40:19	4
W40 Vansant, Carole	3:49:27	3
W45 Burroughs, Cathie		2
W50 Franzen, Barbara	3:40:06	ś
W55 Marshall, Julie	4:09:44	4
Half-Marathon	A CONTRACTOR	ê
Overall	100	
Baum, Justin, 20	1:11:53	3
Gasway, Annie, 28	1:18:52	8
M40 Harrington, Garry	1:18:17	R
M45 Bussard, Dave	1:15:34	9
M50 Odden, Lee	1:32:33	É
M55 Matthews, Keith	1:35:28	3
M60 Potter, Jack	1:41:43	1
M65 Bancroft, Bruce	1:50:02	3
M70 Arakaki, David	2:23:19	3
W40 Briggs, Sandy	1:36:01	8
W45 Funkhouser, Betty	1:38:52	- 6
W50 Rose, Cindy	1:50:22	1
W55 Knutson, Lynne	2:07:00	3
W60 Campbell, Sandi	2:16:34	
W65 Bangs, Francine	2:08:30	
10K	Charles .	
Overall		
Kipropkorir, Emmuez, 2		2
Nagel, Karen, 26	37:29	
M40 Wyatt, Dan	37:05 36:52	T
M45 Reyes, Jose M50 Crepinsek Jr, Anto		4
M55 Zoll, Pat	40:43	
WIJJ ZUII, I'al	40.40	12/

Nagel, Naiell, 20	31.23
M40 Wyatt, Dan	37:05
M45 Reyes, Jose	36:52
M50 Crepinsek Jr, Anton	38:01
M55 Zoll, Pat	40:43
M60 Amann, Regis	48:59
M65 Sharp, Tom	48:44
M70 Schmidt, Marlin	54:19
W40 Method, Laura	46:06
W45 Mathew, Jan	47:35
W50 Grembowicz, Nancy	49:32
W55 Knowles, Brenda	54:16
W60 Miller, Barb	62:01
W65 Connolly, Mary	60:02
W75 Bunge, Jan	92:27
5K	
Overall	
Van Ort, Kaleb, 22	16:04
Logue, Michaela, 23	18:44
M40 Neilson, Brady	21:00
M45 Lapehn, John	20:44
M50 Mainwaring, Scott	20:23
M55 Whiteman, Mike	23:47
M60 Kirkwood, Tom	23:46
M65 Erdman, Dallas	32:02
M70 Shank, Richard	27:55
M75 Mahon, Jack	42:49
W40 Fritz, Sherry	23:57
W45 Lecount, Loretta	26:06
W50 Yackshaw, Jean Anne	26:18
W55 Jacoby, Diana	27:55
W60 Woods, Eileen	30:52
W65 Lennon, Joan	35:58
W70 Massing, Shirley	37:36
W75 Presser, Jo	51:57

Oak Apple 10K Royal Oak, MI June 3

	32:57
Yolanda Flamino 29	36:23
M35Shinidhi Ozeki	35:58
M40 David Watkins	34:57
Steven Harris	36:07
Scott Fiske	36:34
M45 David Wulbrecht	38:17
Jim Laurie	39:36
Thomas Ritter	39:55
M50 Tim Emmett	37:26
John Hogan	42:12
Jim Everlove	45:21
M55 Larry Parker	39:48
Anthony Lopetrone	41:40
Alan Glovack	43:20
M60 Charles McClure	40:59
Jerome Millman	50:57
Mark Cykowksi	51:10
M65 Richard O'Malley	58:22
M70 Brian Harris	44:48
	M40 David Watkins Steven Harris Scott Fiske M45 David Wulbrecht Jim Laurie Thomas Ritter M50 Tim Emmett John Hogan Jim Everlove M55 Larry Parker Anthony Lopetrone Alan Glovack M60 Charles McClure Jerome Millman Mark Cykowksi M65 Richard O'Malley

A CONTRACT OF THE PARTY OF	
Jim McManus	59:44
W35 Kathy Rink	38:06
W40 Cathleen White	50:22
Lori Killingbeck	52:00
W45 Marcy Kossack	45:21
Kathryn Murphy	45:43
Marita Ritter	47:16
W50 Laura Sophiea	42:50
Jacqueline Blair	44:05
Glenda Card	53:00
W55 Maggy Zidar	49:31
Georgia Lewis	54:07
Suzanne Gordon	55:36
W60 Leslie Alderson	57:39
Cora Hill	58:33
W65 Rosemary Nebel	73:24

Kalamazoo Klassic 10K & 5K, Kalamazoo, MI June 17

10K	
Overall	
Jonathan Kay, 21	33:53
Erin Lumbard, 27	42:07
M40 Joe Hulsebus	39:56
M45 Louis Hoekstra	38:21
M50 Fred Colbert	41:08
M55 Tom Hagadone	42:00
M60 Said Yehia	43:38
M65 Bill Kellen	46:51
M70 Donald Rand	53:24
W40 Pam McBride	49:09
W45 Denise Stebbins	47:33
W50 Rebecca Cooney	54:04
W55 Donna Baker	54:55
W60 Martha Hayward	63:39
W65 Francine Bangs	59:44
5K	
Overall	
Kyle Mena, 21	15:09
Ylva Elhammer, 15	18:42
M40 Jay Webber	16:57
M45 Tom Houser	18:45
M50 Fred Colbert	19:54
M55 Dennis Grantz	18:30
M60 Nico Seinen	21:34
M65 Patrick Johnson	25:44
M70 Jerry Johncock	24:33
W40 Darla Brown	21:08
W45 Melody Mustafa	23:29
W50 Cindy Comer	24:07
W55 Nancy Bunkley	28:30
W60 Judy Mort	31:22
W65 Tina Hayward	26:15

Steamboat Classic 15K Peorla, IL; June 17

The state of the s	
M40 MIKE DRISCOLL	00:57:05
M45 BRIAN MILLER	00:59:21
M50 CRAIG THOMPSON	01:02:46
M55 DOUG NEWTON	01:01:27
M60 CHARLIE GROTEVANT	01:16:22
M65 DENNIS WERLING	01:12:17
M70 DON PRATT	01:23:11
W40SANYA SYRSTAD	01:05:00
W45CAROL PRATT	01:10:38
W50PAT O'BRYAN	01:19:06
W55ELIZABETH HAND	01:24:53
W65SHARON ROGGENBUCK	01:35:55

Volkslaufe 20K, 10K & 5K

Frankenmuth,	MI
July 4	
(C) - T	
(Chip Times)	
Overall	
Lander, James, 27	1:05:09
Reader, Marybeth	1:21:5
M40 Muchow, Andy	1:15:26
M45 Frank, Michael	1:17:1
M50 Emmett, Timothy	1:19:2
M55 Vanker, David	1:24:0
	1:22:00
M65 Gawthrop, George	1:39:3
M70 Matherley, Jim	1:42:0
M75 Johncock, Jerry	1:49:4
W40 Kuipers, Gayle W45 Decker, Laurie	1:31:39
W50 Blair, Jackie	1:32:47
W55 Olson, Donna	1:36:45
W60 Dolan, Sharon	1:39:4
	2:05:4
10K	
Overall	
Brinker, Richard, 30	31:4
Larsen, Suzanne, 28	37:4
M40 Peterson, David	34:1
M45 Hanson, Kevin	37:2
M50 Stanbrough, Darry	
M55 Flues, Tim	41:1
M60 Goodhue, Doug M65 Keller, Bill	39:3
M70 Stevenson, Marvin	47:0
M75 Hayes, William	59:3 74:2
M80 Tanzer, John	63:3
W40 Snyder, Kathy	42:4
W45 Lara, Ruth	46:4
W50 Maliszewski, Kathy	
W55 Reinfelder, Antoinet	

Overall Roach, Adam, 2 Stuart, Mikinzie, M40 Sievert, Da M45 Kemp, Joe M50 Kerr, Joe M55 Harris, Rob M60 Rau, David M65 Fulgencio, M70 Hensley, H M75 Kiess, Bob M85 Witten, Dou W40 Bruce, Kiml W45 Parker, Cin W50 Sipka, Chri W55 Zidar, Mag W60 Thelen, Ru

Max's R E. Lansing,

W65 Nitz, Ellen W70 Hardy, Anne

Overall Eric Stuber 43 Regina Visocchi M35 Steve Meno M40 E Stuber Dan Dixon
J D Pepper
M45 Matthew Bu
Jon Killips
Keith Harris M50 Chuck Bloc Paul Bapst M55 Jim Carter Fred Fry M60 Don Owens M65 Bill Keller M75 Dick Young W35 Lauren Tho W40 Chris Vince

W65 Ellen Nitz MID-AM

Lori Wallace W45 Deb Deren

Cindy Keze W50 Kari Chand W55 Maggy Zide W60 Marilynn Br

Bolder Bo Boulder, C Neison Laux 27 Mikie Takanaka M40 Andy Ames Peter Hege Lance Den M45 Sammy Ng Hans Funk Fernando h M50 Stann Vern Simon Mar Geoff Coop M55 Dave Dook Rick Katz

Stuart Boy M60 Kenneth Ja Tom Lemin Ed Craighe M65 Don Larson

Jim Bowmi Don Kinner M70 Jose Cardi Tam Stubb Michael Se M75 Warren By Bod Smyth Rod Smytt Noel Pace M80 Walter Sla

Glen McIn Charles Ki M85 Clarence (Bert Tolbe Yoshio Tai

M90 Arthur Nor W40 Patty Murr Tanya Poe Mercedes W45 Anne Pae Kathleen Laura Bru

W50 Peggy Mu Pam Bouc Martha Bu W55 Edie Ster Jan Hugh Diane Ric

W60 Lola Acke Carol Shi Gail Carls W65 Libby Jan Caroline

Betty Val

the same of the sa	
W60 Morse, Kathleen	55:17
W65 Nitz, Ellen	54:35
W70 Dunlap, Betty	1:34:31
W75 Dillon, Georgina	1:21:29
5K	A CONTRACT
Overall	1 10
Roach, Adam, 22	15:15
Stuart, Mikinzie, 19	19:10
M40 Sievert, David	17:22
M45 Kemp, Joe	19:05
M50 Kerr, Joe	20:25
M55 Harris, Robert	21:29
M60 Rau, David	21:06
M65 Fulgencio, Silviano	23:35
M70 Hensley, Harrison	29:25
M75 Kiess, Bob	40:38
M85 Witten, Doug	34:55
W40 Bruce, Kimberly	20:39
W45 Parker, Cindy	22:42
W50 Sipka, Chris	23:30
W55 Zidar, Maggy	25:21
W60 Thelen, Ruth	25:43
W65 Nitz, Ellen	27:17
W70 Hardy, Annette	35:52
May's Race 5	K

Max's Race 5K E. Lansing, MI; July 8

Overall	
Eric Stuber 43	16:16
Regina Visocchi 21	19:04
M35 Steve Menovcik	17:24
M40 E Stuber	16:16
Dan Dixon	16:29
J D Pepper	17:24
M45 Matthew Burke	17:53
Jon Killips	19:18
Keith Harrison	19:42
M50 Chuck Block	18:19
Paul Bapst	18:33
M55 Jim Carter	20:37
Fred Fry	20:42
M60 Don Owens	20:43
M65 Bill Keller	21:51
M75 Dick Young	39:44
W35 Lauren Thorburn	19:22
W40 Chris Vincent	19:57
Lori Wallace	20:59
W45 Deb Deren	20:35
Cindy Kezele	23:20
W50 Kari Chandler	20:57
W55 Maggy Zider	22:01
W60 Marilynn Briggs	32:44
W65 Ellen Nitz	24:54

MID-AMERICA

Bolder Boulder 10K Boulder, CO; May 29	
	y 23
Overall Nelson Laux 27	04.04
Mikie Takanaka 25	31:31
M40 Andy Ames	35:23
Peter Hegelbach	32:44
Lance Denning	34:22
	33:46
M45 Sammy Ngatia Hans Funke	34:52
Fernando Herrera	35:19
M50 Stann Vernon Simon Martin	37:07 37:35
Geoff Cooper	38:03
M55 Dave Dooley	38:10
Rick Katz	38:43
Stuart Boyce	40:26
M60 Kenneth Jagmin	39:20
Tom Lemire	42:34
Ed Craighead	42:44
M65 Don Larson	42:40
Jim Bowman	45:35
Don Kinney	47:05
M70 Jose Cardenas	45:25
Tam Stubbs	50:34
Michael Semanske	
M75 Warren Bystedt	53:28
Rod Smythe	56:26
Noel Pace	57:23
M80 Walter Slack	1:14:41
Glen McIntosh	1:20:53
Charles King	1:22:00
M85 Clarence Osborn	1:33:00
Bert Tolbert	1:41:39
Yoshio Takemoto	1:53:55
M90 Arthur Norky	2:37:00
W40 Patty Murray	37:17
Tanya Poel	38:09
Mercedes Gil	38:49
W45 Anne Paetz	40:47
Kathleen Aragon	41:51
Laura Bruess	42:15
W50 Peggy Muhn	44:09
Pam Boudreau	44:13
Martha Buttner	44:38
W55 Edie Stevenson	43:57
Jan Hughes	45:14
Diane Ridgway	47:50
W60 Lola Ackerman	49:39
Carol Shively	49:41
Gail Carlson	50:06
W65 Libby James	48:30
Caroline Luttrull	54:26
Betty Valent	55:59

W70 Lois Calhoun	1:01:02
Martha Kinsinger	1:05:49
Jan Balzer	1:11:25
W75 Virginia Spong	1:00:25
Sara Rode	1:16:04
Vibha Sabharwal	1:23:58
W80 Marie Hill	1:30:09
Anne Theno	1:31:03
Helen Kotris	1:34:15
W85 Eleanor Burcky	1:56:13
Eleanor Hoffman	2:22:29
W90 Marion Downs	1:58:36

Hospital Hill Half-Marathon, Kansas City MO; June 2

201		*
Š.	Overall	
9	Jason McCullough 29	1:12:02
8	Annie Bersagel 23	1:14:36
3	M40 Mark Feldkamp	1:21:13
	Bob Schloegel	1:21:38
8	Mark Fuchs	1:26:06
	M45 Tony Estes	1:21:02
	Chris Nichols	1:21:37
	Ross McDaniel	1:22:31
	M50 William Jurena	1:25:36
E,	Roger Hahn	1:27:55
	Les Noe	1:28:38
	M55 Steve Santana	1:28:46
	Jeff Behrens	1:32:24
	Richard Jarrett	1:34:54
	M60 Gary Cooper	1:41:00
	Leo Ratten	1:41:43
	Michael Chaffee	1:43:16
	M65 Dick Wooton	1:37:29
	Eugene Wren	1:41:27
-	Herb Brown	1:58:36
	M70 Kent Mitchell	2:04:17
	Louis Joline	2:05:35
	Stephen Frank	2:06:03
	W40 Tere Stouffer	1:19:08
	Cindy Cameron	1:25:57
8	Deana Knight	1:36:25
	W45 Barb Rinne	1:30:01
	Becky Lowrance	1:37:03
	Lori Lange	1:43:06
	W50 Pat Clancy	1:56:54
	Landi Weston	1:59:22
	Pam Perica	2:01:01
	W55 Dee Boeck	1:48:58
8.	Anita Olshanski	1:57:14
b	Martha O'Rourke	1:57:55
	W60 Susan Robinette	1:56:17
0	Mary Haley	2:09:39
-	Son Cha	2:14:15
5	W65 Janet Littlefield	2:24:19
	Laura Wells	2:36:04
	Carolyn Mitchell	2:38:51
	W70 Fritzi Hazelrigg	2:51:38

Grandma's Marathon, Half-Marathon, & 5K Duluth, MN

June 15	5-17
Marathon	
Overall	
Sergei Lukin 31	2:14:30
Halina Kamatsevich	1 37 2:33:39
W40 Semenova, Zi	
Wirth, Rochell	e 3:01:31
Hansoom, Lau	
Lozano, Heidy	
Templeton, Lis	
Carlson, Laura	
W45 SultZhdanov	
	borah 2:57:35
Wilson, Brend	
Weier, Pamela	a 3:15:35
McClain, Tricia	
Heg, Vera	3:16:40
W50 Vos, Sharon	
	ndriette3:34:29
Gudenon-Go	etz, K. 3:34:37
Frederickson,	
Pettersen, Su	
W55 Jansen, Gloria	
Clark, Rita	3:37:43
Berger, Faye	
Mather, Carol Cherne, Sara	4:13:54
W60 Jones, Gael	3:58:15
Shively, Carol Robitaille, Mo	nique 4:30:24
Poortaille, Mo	
Croft, Mary	4:30:54
W65 McElwee, Bor	
Rohde, Jan	4:41:23
Frankum, Bet	y 5:08:12
W70 Amidon, Patric	cia 5:44:58
M40 Strijakov, Oleg	
Mirth, John	2:29:09
Boore, Russe	1 2:39:48
Ramacier, Jim	
Kolb, Stuart	2:47:33
Niemela, Scot	2:49:57
M45 Perszke, Wies	
Brown, Paul	2:46:44
Alfonso, Bryan	
Goetzke, Kirt	2:49:51
Calderwood, S	Stuart 2:51:51

		Nati	ona	IN
2	100	Wallach, Dennis	2:52	2:06
•	M50	Smith, Brent	2:45	:10
5	Second,	Wiinanen, Randy	2:45	:49
5	3.3	Beardsley, Dick	2:47	:56
١.	1	Haynes, Joseph	2:50	
3		Heinen, Dale	3:04	:36
•	M55	McCluskey, Terry	2:49	
3	100000	Cerling, Larry	3:03	
5		Neil, George	3:04	
3		Oesterle, Stephen	3:13	
•	1000	Maupin, Stephen	3:15	
6	M60	Mondry, Jared	3:04	
	1000	Purington, Norman		
		Holmstrom, Nels	324	
	-	Addink, Sylvan	3:29	
	M65	Wright, Don	3:45	
	12.00	Christensen, Darrell		
	100	Rousseau, Edward	3:56	
	1	Stauffacher, Lee	4:07	
	M70	Schleisman, Jim	3:29	
		Bergquist, Sr., Les	5:41	
	1	Warzech, Dominic	5:42	
		Butler, Peter	5:46	
	M75	Hollihan, William	5:03	
	450	Jenkins, Dewain	5:51	
		Lower, Walter	6:21	
		+ Carlson, Burt	6:18	:47
		Marathon		
	Ove		4.00	
		Hooley 23 ree Budd 26	1:06	
		Davis, Kate	1:15	
	W40	Schoenrock, Karen	1:24	
	200	Anderson, Kimberty		
	WALAE	Ringlein, Ann	1:28	
	4445	Dornfeld, Jacq.	1:34	
		Larson, Kristi	1:34	
É	WSO	Rosen, Janet	1:30	
	11130	Virkus, Julie	1:32	
ě.	3 3 3	Ray, Suzanne	1:32	
	W55	Jacobson, Barb.	1:40	
	1100	Stoneking, Diane	1:41	
		Cook, Phyllis	1:44	
	W60	Ackerman, Lola	1:50	
	1	Peterson, Kathleen		
r	100	Schnobrich, Marilyn	1:57	00
	W65	Cronen, Judy	1:55	
	-	Lindgren Mary	2:11:	
8	4.5	Wolkoff, Patricia	2:38	
	14/70	V. Mon Chi	2.20	

Matt Hooley 23	1:06:40
Desiree Budd 26	1:15:33
W40 Davis, Kate	1:24:57
Schoenrock, Karen	1:25:09
Anderson, Kimberty	
W45 Ringlein, Ann	1:28:27
Dornfeld, Jacq.	1:34:38
Larson, Kristi	1:34:43
W50 Rosen, Janet	1:30:47
Virkus, Julie	1:32:29
Ray, Suzanne	1:32:47
W55 Jacobson, Barb.	1:40:08
Standking Diago	
Stoneking, Diane	1:41:50
Cook, Phyllis	1:44:21
W60 Ackerman, Lola	1:50:02
Peterson, Kathleen	1:51:46
Schnobrich, Marilyn	
W65 Cronen, Judy	1:55:48
Lindgren, Mary	2:11:59
	2:38:54
W70 Yu, Wen-Shi	2:20:36
Duffy, Carol	2:49:48
Whitesell, Lorraine	2:57:11
W75 d'Elia, Toshiko	2:03:36
M40 Billig, Patrick	1:12:09
	1:14:55
Ball, Leon	1:17:19
M45 Paxton, Bobby	1:17:08
Hansen, Scott	1:19:09
Beckman, Bradley	
M50 Boyle, Jeffrey	1:24:41
Krezonoski, Bill	1:25:21
Pullar, Dan	1:30:13
M55 Kohorst, Steven	1:24:52
Lamere, Paul	1:27:54
Beutel, Jerry	1:27:50
	1:28:05
M60 Graupner, Jim Sellner, Michael	1:33:46
Mathieu, Don	1:37:19
M65 Rasmussen, Win.	1:47:35
Shaver, Bayard	1:49:20
	1:57:57
	2:16:0
	2:19:48
	2:24:46
M75 Moreland, Pat	2:27:31

Shaver, Bayard Durand, Daniel	1:49:28
M70 Hauge, Roger	2:16:05
Goin, Ronald	2:19:48
Mondor, Ralph	2:24:46
M75 Moreland, Pat	2:27:31
Scandrett, Orin	2:27:51
M80+ Baldridge, Cliff	2:28:18
Rollins, Charles	5:13:30
5K	200000
Overall	
Brent Kann 19	0:15:58
Michelle Oman 32	0:17:45
M40 Steve Burt	0:18:41
Andrew David	0:21:03
Mark Weisgerber	0:22:10
M45 Paul Giannobile	0:17:31
Jeff Heimer	0:17:54
Tim Kucera	0:19:17
M50 Michael Pinocci	0:17:34
John Kann	0:18:30
Jess Koski	0:19:56
M55 Donald Weyer	0:21:13
Ralph Anderson	0:21:25
Duane Millslagle	0:21:32
M60 John Trolander	0:21:35
Herb Hillinski	0:21:55
Rick Recker	0:23:54
M65 Gene Kalscheuer	0:26:16
Howard Anderson	0:30:20
Rich Voller	0:34:26
M70 Jack Wangensteen	
William Croke	0:33:23
Ronald Johnson	0:33:30
M75 Francis Januschka James Anderson	0:29:55
M80+ Jim Waterman	0:36:32
W40 Catherine Long	0:36:32
Jill Janssen	0:19:53
Heidi Erickson	0:25:13
W45 Sheila Shusterich	0:20:54
TTTO OHOHA OHUSICHICH	0.20.04

W45 Sheila Shusterich 0:20:54 Shelly Marette 0:24:27 S. Weber-Paxton 0:26:07

W50 Adrienne Oesterle	0.23-28
Mary Munsterteige	
Lynn Garrington	0:26:21
W55 Sue Coughlan	0:22:57
Diane Demars	0:23:48
Carolyn Colburn	0:25:49
W60 Shirley Masessa	0:24:57
Judy Kaltenhause	r0:26:26
Janice Keenan	0:31:42
W65 Breta Westlund	0:31:04
Marie Peterson	0:32:12
Lorraine Carter	0:33:59
W70 Lois Braun	0:33:18
Marian Stangl	0:36:37
Alice Tomsche	0:38:19
JW80+ Gretchen Patter	0:42:30
Florence Rawn	0:45:43
	200

SOUTHWEST

Old Glory 5K Norman, OK; June 10

Overall	
Jack Tracy II, 25	16:25
Jan Haddad, 45	20:03
M40 David Wray	18:28
M45 Hans Funke	16:47
M50 Mike Wendte	21:08
M55 Mike Heager	19:44
M60 Ron Kuykendall	21:24
M65 Jim Tabor	24:09
M70 Robert Campbell	27:14
M75 Jim Holse	35:02
M85 Fisher Lewis	43:44
W40 Sharon Haley	23:52
W45 Jan Haddad	20:03
W50 Gaile Loving	25:38
W55 Rhodora Bray	29:29
W60 Donna Eichner	29:24
W70 Deloris Green	36:24

NOTC Father's Day 2-Mile Race, New Orleans, LA June 18

Overall	
Brendan Minihan, Jr., 30	9:57
Carly Dessauer, 23	12:31
M40 Byron Adams	11:41
M45 Dave Dessauer	11:38
M50 Daniel Wernz	13:05
M55 Kenny Mire	12:15
M60 Juan Perez	11:49
M65 Bill Knox	14:08
M70 Bill Cox	19:42
M75 Joseph Rumage	28:51
W40 Gina Radecker	13:47
W45 Joy Cohen	15:50
W50 Rosa Bischoff	15:23
W55 Marcia Finkelstein	17:41
W60 Isabel Rivera	18:32
W75 Amelia Gassen	30:25

WEST

Marathon de Mayo, Half-Marathon & 10K Reno, NV; May 7

Marathon

Overall	
John Howell 32	2:35.0
Jacqueline Foley 24	3:15.0
M40 Joe Bowen	3:09:40
M45 Fred Zalokar	2:57:42
M50 Gary Campbell	3:48:2
M55 Jeffrey Collins	3:41:00
M60 Victor Weisberg	4:48:5
M65 Glade Hall	3:40.0
M70 Edward Echeverria	5:21:40
W40 Tracy Holland	3:47:50
W45 Sandra Opiela	4:30:2
W50 Loretta Featherston	4:29:0
W55 K Forshey-Trabert	4:27:1
W60 Joan Kramer	4:24:03
W75 Mary Ehrlich	5:30:2
Half-Marathon	
Overall	
Rene Olea 36	1:23:3
Lynice Anderson 38	1:25:0
M40 Jim Reed	1:263
M45 Ignacio Perez	1:275
M50 David Cervone	1:36:03
MEE Dishard Wandall	4.00.4

Overall	
Rene Olea 36	1:23:31
Lynice Anderson 38	1:25:02
M40 Jim Reed	1:2634
M45 Ignacio Perez	1:2756
M50 David Cervone	1:36:03
M55 Richard Kendall	1:38:11
M60 Thomas Conklin	1:48:23
M65 Rudy Rodriguez	1:53:12
M70 Howard Friedman	2:37:11
W40 Christine Karkow	1:36:07
W45 Holly Wick	1:42:45
W50 Virginia Saiz	2:02:19
W55 Diana Flynn-Doty	1:54:34
W60 Erika Leger	2:46:47
W65 Judy Stevens	2:21:21
10K	
Overall	
Jeff Huxhold 27	34:06
Ramona Sanchez 28	37:58

The second secon	AND RESIDENCE
M40 William Brunson	41:50
M45 Chris Askin	50:42
M50 Mark Hughes	38:48
M55 William Land	40:47
M60 Dennis Wischmeier	47:40
M65 Herb Friedenthal	58:24
M70 John Villa	1:22:24
W40 Lindie Solis	50:34
W45 Nikki Reynolds	46:16
W50 Michelle Plevel	48:16
W55 Judy Ruhland	56:25
W60 Marilyn Modafferi	49:16
W65 Claire Villa	1:22:44

Rock 'N' Roll Marathon San Diego, CA; June 4

٦	Overa			
١		sse Tolossa, 27	2:10:	
١	Alice (Chelangat, 29	2:28:	21
١	M40 C	arlos Alarcon	2:53:	02
1	N	lark Backes	2:55	00
١		/illiam Henderson	2:57:	19
١	M45 J	acques Lecuyer	3:00:	29
1		on Bodine	3:00:	39
١	C	harles Prokop	3:02	55
1	M50 L	es Myers	2:47	14
	N	lartin Ellison	2:51:	35
1	В	ruce Urguhart	3:08	11
1	M55 C	arl Randall	3:06:	52
١	J	erry Martinez	3:16:	17
1	R	ick Burd	3:17	06
1	M60 B	enjamin Caro	3:09:	27
		ichard Green	3:14:	13
1	F	rancesco Criniti	3:30	
ı	M65 P	eter Jones	3:38	38
١	N	orm Bornstein	4:15	09
1		a Hong	4:16	14
١		ichard Williams	4:07	42
1		rank Vasquez	4:20	40
1		ames Woolf	4:19	52
١	M75 F	rank Chen	5:19	12
١		Ilie Olivares	6:03	50
١		rank Ota	6:21	13
1	M80 J	im Ray	5:26	52
١	J	ohn Cross	6:10	52
	S	id Jones	7:11:	51
	W40 N	lyrna Marinovic	3:21	
1	S	onia Soprenuk	3:26	:07
		ebbie Strosnider	3:26	:30
1	W45 N	lalgorzata Mirkowicz	3:19	:24
١	- 0	hrista Koot	3:19	:21
1	F	lachael Stclaire	3:21	:55
i	W50 N	fariat Fernandez	3:26	:04
١	D	eborah Shea	3:41	24
١		an Adams	3:47	16
١	W55 R	lomy Niblack	3:40	:56
1	V	Villie Mundt	4:01	45
1		hirley Shaw	4:14	18
١	W60 In	nelda Herrera	4:50	:38
١		larilyn Camenter	4.46	20

Fleet Feet Davis Mile Davis, CA

July 9	
M40 Joseph Carnegie	04:35.7
M45 Robert Pickens	04:47.8
M50 Brian Davis	05:01.3
M55 Tom Bernhard	05:03.2
M60 Fred Martin	05:26.8
M65 Neal Chappell	06:02.8
M70 Roger Fong	06:31.4
M75 Sam Hirabayashi	07:10.8
M80 George Billingsley	10:33.3
W40 Carla Kehoe	05:24.0
W45 Kimberly Fanady	05:49.0
W50 Karen Kunz	06:07.0
W55 Yvonne Nickel	07:23.0
W60 Melody-Anne Schultz	06:24.0
W65 Barbara Miller	06:51.0
W80 Po Adams	11:44.0

NORTHWEST USATF-OR Grand Prix Foot Traffic Flat Marathon & Half-Marathon Portland, OR; July 4 Overall Chuck Engle, 35 Wendy Terris, 37 M40 Gregg Walchli

Chuck Engle, 35	2.32.20
Wendy Terris, 37	2:44:30
M40 Gregg Walchli	2:52:35
M45 Eugenio Vidales	2:47:12
M50 Keon Lee	3:14:06
M55 Allen Boyce	3:09:01
M70 Bob Ballenger	6:10:45
W40 Jody Lampi	4:22:54
W45 Annette Harris	4:17:37
W50 Cheri Pompeo	4:23:57
W60 Corine Knudsen	4:41:08
Half-Marathon	
Overall	
Dylan Mason, 32	1:07:39
Robyn Friedman, 33	1:19:07
M40 Danny Gonzalez	1:08:18
M45 Richard Punches	1:15:19
M50 Andrew Toth-Fejel	1:25:10
M55 Mark Mochon	1:24:12
M60 Bernie Blazek	1:29:51
M65 Mark Stockslager	1:43:19
M80 John Keston	2:19:03
W40 Nikki Rafie	1:24:06
W45 Jenny Teppo	1:23:46
W50 Holly Coit	1:43:25
W55 Jeanette Groesz	1:36:04
W60 Eileen Holzman	1:50:33

Aquafina Butte to Butte

Sa Hong	4:16:14	10K, Eugene, OR; J	uly 4
M70 Richard Williams	4:07:42	Overall	Section 1
		Nick Rogers 31	31:02
Frank Vasquez	4:20:40	Sopagna Eap 25	36:03
James Woolf	4:19:52	M35 Craig Godwin	34:08
M75 Frank Chen	5:19:12	M40 Tom Kreuzpeintner	35:19
Ollie Olivares	6:03:50	Alan Whalen	36:17
Frank Ota	6:21:13	John Carlotti	38:07
M80 Jim Ray	5:26:52	Kyle Gee	39:22
John Cross	6:10:52	Michael Hunter	40:10
Sid Jones	7:11:51	M45 Jim Hill	38:40
W40 Myrna Marinovic	3:21:36	Olof Sohlberg	38:41
Sonia Soprenuk	3:26:07	Randy Hilliard	39:02
Debbie Strosnider	3:26:30	Tom Williams	40:01
W45 Malgorzata Mirkowicz	3:19:24	Robert Moffitt	40:25
Christa Koot	3:19:21	M50 Daniel Wojcik	36:52
Rachael Stclaire	3:21:55	John Andriola	40:50
W50 Mariat Fernandez	3:26:04	Bruce Minard	42:22
Deborah Shea	3:41:24	Tom Sanborn	42:30
Jan Adams	3:47:16	M55 Daniel Stevens	41:33
W55 Romy Niblack	3:40:56	Jeff Walker	42:23
Willie Mundt	4:01:45	Joe Canale	42:45
Shirley Shaw	4:14:18	Phil Vaughn	44:49
W60 Imelda Herrera	4:50:38	M60 John Postlethwait	42:43
Marilyn Carpenter		Gary Craven	43:47
Mary Anne Baraniuk		Larry Dunlap	45:28
W65 Betty Frankum	5:09:50	M65 Richard Leutzinger	49:08
Marnie Roti	5:38:31	Erich Kaufman	51:59
Willie Toth	5:42:43	Tom Hill	55:32
W70 Kathleen Callaway		M70 Larry Williams	46:11
Sheila Pelton		Bill Robbins	54:08
	6:46:38	John Schmid	57:20
Anna Smith	6:58:33	M75+Fred Masarie 78	58:53
W80 Margaret Davis	5:52:25	Bill McChesney 78	58:53
Hamette Thompson	16:49:58	W35 Liz Wilson	36:40
	1500	W40 KarenLouise White	42:55
Fleet Feet Davis	Mile	Leah Jeske	43:07
Davis, CA		Linda Brunson	44:47
July 9		Chris Fraser	44:59
		W45 Diana Nichols	48:15
M40 Joseph Carnegie	04:35.7	Valerie Kennedy	48:24
M45 Robert Pickens	04:47.8	Rosaura Tennant	48:43
M50 Brian Davis	05:01.3	Andrea Engelmann	48:59
M55 Tom Bernhard	05:03.2	W50 Jane McCleery	50:12
M60 Fred Martin	05:26.8	Esther Locke	52:42
M65 Neal Chappell	06:02.8	Jackie Manley	53:19
M70 Roger Fong	06:31.4	W55 Marilyn Nippold	48:23
M75 Sam Hirabayashi	07:10.8	Fran Hutchins	51:23
M80 George Billingsley		Carla Ellert	53:31
W40 Carla Kehoe	05:24.0	W60 Judy Gilbert	53:25
W45 Kimberly Fanady	05:49.0	Judith Harold	54:07
W50 Karen Kunz	06:07.0	G ProudfootShoup	55:18
W55 Yvonne Nickel		W65 Bonnie McElwee	55:41
	07:23.0	Joyce Foster	64:10
W60 Melody-Anne Schultz		W70 Jane Dods	64:20
W65 Barbara Miller	06:51.0	M75+Jog Johnson 79	72:24
W80 Po Adams	11:44.0	Ruth Anderson 76	96:54
	- Harry Bull		Selvanes.
A CONTRACT OF THE PARTY OF THE	THE RESERVE TO SHARE SHARE	THE RESERVE OF THE PERSON NAMED IN COLUMN 2 IS NOT THE OWNER.	

DEADLINE

NMN is written by masters athletes for masters athletes. We need and welcome your reports of meets, races, schedules, photos, comments, etc. Deadline for editorial material, results, schedule items, and advertis-ing is the 10th of the month before date of issue.

Send to: National Masters News, P.O. Box 50098, Eugene, OR 97405

M35-39	Shawn Dolezilek	LJ	20-4 1/2	6/17/06	DE01	DIENTO OF ALL	AME	DICAN	AWADDC	10 mm	James Young	DT	117-8	6/24/06
	Jeff Lindsay	800	1:55.84	3/21-23/97	RECI	PIENTS OF ALL	-AME	HICAN .	AWARDS	M80-84	Thomas Mc Donald	800	3:55.28	9/25-26-04
M40-44	Jeff Lindsay	800	2:07.21	8/26-29/99 7/25-28/01	M55-59	Nick Vaglio	55HH 55m	9.7 7.9	1/8/06 1/8/06			1500 3000	7:29.20 16:40.70	
		800 800	1:59.74 1:58.55	8/8-11/02		Jeff Weatherhead	800	2:24.81	6/17/06			5000	27:47.0	9/25-26/04
	Scott Mosser	800 Pent	1:58.31 2732	8/7-10/03 3/24-26-06	M60-64	Howard Booth	PV	3.05 4.55	5/6/06 5/6/06	W40-44	Trish Butler Leslie Golemme	1500 800	4:50.6 2:32.07	4/15/06 2005
M45-49	Jeff Lindsay	400 800	53:09 2:00.8	8/5-8/04 8/22, 9-3/05		Fred Clark	SP	42-1/2 139-7	6/23-24/06			Mile	5:33.57	2005
	Richard Morrissey Gary Plank	Mile 1500	4:54 4:34.31	7/9/06 6/17/06		Vito Di Cesare	55m	8.0	1/15/06	W45-49	Lisa Kinimaka	SP JT	10.68 26.16	7/1/06 7/1/06
	Tom Bernhard Lorn Dilley	1500 1500 Dec	4:44.01 5301	7/1/06 6/18/06	M65-69	Larry Heine Jim Madonna Don McCrea	PV M PV	8-6 6:14.8 8-6 1/4	6/15-18/06 6/29/06 7-4-06	W50-54	Cheryl Millenthin	HT	79-3 17-5	5/6/06 5/6/06
		3000 Mile	10:35.9 5:09.0	3/19/06 7/9/06	M70-74	Paul Beckman	DT	36.36	5/6/06	W60-64	Suzanne Franco	Mile	7:36	7/9/06
	Maurice Pointer	5K 5K	17:28 17:28	6/18/06 7/8/06		Morren Greenberg	LJ 55m	4.03 8.72	5/6/06 6/3/06	W75-79	Sadie Greenman	800	4:24.60	6/30/06

	No.					ALL	FOR								
Event	3	0-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70	-74	75-79	80-84	85-89	909
55		6.8	6.9	7.1	7.2	7.4	7.9	8.1	8.4		8.9	9.4	10.4	11.8	13.
60		7.4	7.55	7.7	7.85	8.05	8.5	9.0	9.2		9.5	10.0	11.2	12.8	14.
100		11.0	11.3	11.5	11.9	12.2	12.6	13.2	13.8		4.6	16.0	18.0	23.0	
200		22.4	23.2	23.8	24.6	25.5	27.0	27.9	29.5		2.0	35.0	40.2	52.0	
400		51.5	52.5	53.8	56.0	57.5	62.0	65.0	69.0		5.0	88.0	98.0	120.0	
800		2:02	2:04	2:06	2:11	2:16	2:25	2:35	2:45		:06	3:35	3:55	4:30	
1500		1:20	4:22	4:24	4:35	4:45	5:10	5:20	5:45		:30	7:20	8:10	9:20	
Mile		1:40	4:40	4:50	5:00	5:10	5:30	6:00	6:15		:55	8:20	8:45	10:15	
3000		:25	9:40	10:00	10:25	10:45	11:15	11:50	12:45		:40	15:50	19:10	23:00	26:0
5000		:45	16:00	16:15	16:45	17:30	18:25	19:30	21:00			26:00	29:00	32:30	
10000		2:30	32:50	33:30	36:00	38:00	39:00	40:30	44:00		:30	54:30	61:15	68:30	
55H		8.6	8.7	9.0	9.5	10.0	10.3	10.6	10.9		1.2	11.6	12.5		
60H		9.0	9.3	9.4	9.8	10.3	10.6	10.9	11.1	1	1.4	12.0	13.6		
110H	1	5.4	16.5	17.8	18.8			1							
100H						18.0	19.0	20.0	21.0						
80H										. 1	8.0	21.0	25.0	30.0	
400H	5	8.0	60.0	62.0	64.0	68.0	71.0	-							
300H					180-16	48.0	51.0	55.0	60.0	6	7.0	75.0	85.0	95.0	
3K-SC	10	:10	10:30	11:45	12:40	13:30	14:00								
2K-SC								9:30	10:30		:00	14:00	16:30	19:30	
HJ		.90	1.85	1.76	1.68	1.60	1.50	1.45	1.38		.25	1.15	1.00	0.80	
		21/4	6-1/4	5-91/4	5-6	5-3	4-11	4-9	4-61/		11/4	3-91/4	3-31/4	2-7/2	
PV		.40	4.10	3.95	3.70	3.55	3.05	2.70	2.40		.30	2.00	1.80	1.30	
		51/4	13-51/4		12-11/2	11-7%	10-0	8-101/4	7-101/		61/2	6-61/4	5-10%	4-31/4	
W		5.50	6.10	5.85	5.60	5.40	4.90	4.50	4.20		.80	3.35	2.85	2.20	
		14	20-1/4	19-21/4	18-41/2	17-81/	16-1/4	14-9	13-97			10-11%	9-41/4	7-21/2	
TJ		3.20	12.60	11.50	10.80	10.40	9.50	8.90	8.20		.96	6.50	5.94	5.51	
		-31/4	41-41/4	37-81/4	35-51/4	34-11/2	31-2	29-21/2	26-11		-10	21-4	19-6	18-1	
Shot		1.50	14.02	13.41	12.62	13.10	12.00	12.80	11.50		.00	9.00	8.00	6.00	
1		7-7	46-0	44-0	41-5	42-11%	39-41/2	42-0	37-81			29-61/2	26-3	19-81/4	
Discus		.80	42.80	39.50	37.50	42.00	41.00	42.00	39.00		.00	26.00	22.00	15.24	
		7-0	140-5	129-7	123-0	137-9	134-6	137-9	127-11		1-6	85-4	72-21/4	50-0	
lammer		24	44.20	40.00	39.00	39.00	36.00	36.00	32.00		.00	24.00	20.00	17.07	
		5-0	145-0	131-3	127-11	127-11	118-1	118-1	105-0		8-5	78-9	65-7'h	56-0	
Javelin		2.00	56.00	48.76	47.00	43.00	41.00	39.00	35.00		.00	24.00	19.00	14.02	
		13-5	183-9	160-0	154-2	141-1	134-6	127-11	114-10		1-8	78-9	62-4	46-0	
35#WL		.00	14.00	13.00	12.00	10.00	9.00				.00	5.00			
		21/2	45-111/4	42-8	39-41/2	32-9%	29-61/4			19-		16-41/4			
Weight		5.00	14.00	13.25	12.50	14.25	13.25	14.00	13.25		.50	11.75	10.00	8.75	6.0
		-21/2	45-111/4	43-5%	41-01/4	46-9	43-51/4	45-111/4	43-51			38-61/4	32-9%	28-81/2	19-8
Sup.Wt.		9.50	9.00	8.50	8.00	6.00	5.50	5.00	4.50		.50	3.00	2.50	2.00	
(56#)		11-2		27-10%	26-3	19-81/4	18-1/4	16-41/4	14-9			9-10	8-21/2	6-61/4	
Pent		800	2600	2600	2600	2600	2600	2600	2600		500	2400	2200	2000	
Decath.		500	5250	5250	5000	5200	5000	4500	5000		300	4200	3000	2500	
Vt. Pent.	2	800	2700	2800	3000	3000	3000	3000	3000	2	500	2700	3000	3000	
otes:	1)				411	tic time; u									
totes.			hurdles		H49: 3			-59: 36		0-69:	33"	70-	79 30"	80+:	27
			hurdles		49: 3	5"		-59: 33		0-69:	30"	704	: 27"		
		Shot				26k (16#)		-59: 6k		0-69:	5k	70-		80+:	3k
			s throw:			kg (100)				0+:	1.0k		-		-
		Hamr				26k (16#)		-59: 6k		0-69:	5k		79: 4k	80+:	3k
											-				
		Javel				00g		-59: 70		0-69:	6000		79: 500g		400
	7	Weig				50		-59: 25		0-69:	20#	70-	79: 16#	80+:	124
	9)		rweight:		-69: 5	60		-79: 35		0+:	25#				

ι	J.S. M	ASTER	SALL	AMER	UCAN S		RDS OF I	EXCELL	ENCE F	OR RAC	EWALE	CERS
	1.5K	Mile	3K	5K	8K	10K	15K	20K	25K	30K	40K	501
W30	7:13	7:47	14:50	25:38	42:04	52:43	1:21:56	1:52:06	2:24:43	2:59:15	4:08:45	5:37:3
W35	7:22	8:03	15:18	26:27	43:11	53:56	1:23:29	1:53:32	2:26:51	3:01:53	4:12:21	5:42:2
W40	7:37	8:21	15:53	27:26	44:47	55:56	1:26:37	1:58:06	2:32:33	3:08:56	4:22:13	5:55:4
W45	8:03	8:41	16:32	28:33	46:35	58:10	1:30:08	2:03:00	2:38:56	3:17:00	4:33:31	6:11:2
W50	8:25	9:05	17:15	29:49	48:36	1:00:41	1:34:08	2:08:30	2:46:11	3:26:08	4:46:23	6:29:0
W55	8:55	9:31	18:05	31:14	50:54	1:03:33	1:38:40	2:14:48	2:54:26	3:36:33	5:01:03	6:49:2
W60	9:17	10:01	19:01	32:51	53:32	1:06:50	1:43:51		3:03:54		5:17:54	7:12:4
W65	9:48	10:35	20:06	34:43	56:33	1:10:37	1:49:50	2:30:12	3:14:51	4:02:20	5:37:25	7:39:4
W70	10:26	11:15	21:22	36:54	1:00:02	1:15:01	1:56:49	2:39:54	3:27:38	4:18:30	6:00:18	8:11:3
W75	11:10	12:01	22:51	39:28	1:04:10	1:20:14	2:05:05		3:42:50	4:37:46	6:27:35	8:49:2
W80	12:03	12:58	24:41	42:37	1:09:13	1:26:38	2:15:15	3:05:24	4:01:36	5:01:39	7:01:26	9:47:3
W85	13:13	14:15	27:05	46:45	1:15:50	1:35:01	2:28:37	3:24:00	4:26:20	5:33:10	7:46:16	10:39:1
W90	14:56	16:06	30:36	42:14	1:25:30	1:47:18	2:48:13	3:51:12				
							MEN					
M30	6:31	7:01	13:21	23:05	37:57	47:49	1:13:10					
M35	6:43	7:14	13:47	23:46	38:55	48:53	1:14:28	1:39:43	2:06:56	2:34:14	3:30:17	4:34:5
M40	6:58	7:29	14:16	24:24	40:15	50:32	1:17:03		2:11:29	2:39:47	3:37:53	4:44:4
M45	7:13	7:46	14:47	25:31	41:44	52:25	1:19:58		2:16:35	2:46:05	3:46:36	4:56:2
M50	7:33	8:05	15:23	26:33	43:25	54:32	1:23:14	1:51:37	2:22:20	2:53:13	3:56:29	5:09:2
M55	7:50	8:26	16:04	27:43	45:19	56:55	1:26:56		2:28:52	3:01:19	4:07:41	5:24:2
M60	8:13	8:51	16:50	29:02	47:28	59:38	1:31:10		2:36:20	3:10:33	4:20:30	5:41:2
M65	8:38	9:19	17:43	30:33	49:56	1:02:45	1:36:01		2:44:53	3:21:11	4:35:15	6:01:0
M70	9:08	9:50	18:44	32:18	52:46	1:06:21	1:41:37		2:53:56	3:33:31	4:52:23	
M75	9:43	10:28	19:55	34:20	56:04	1:10:35	1:48:13	2:25:34		3:48:05	5:12:40	
M80	10:26	11:14	21:22	36:50	60:06	1:15:44	1:56:15	2:36:31		4:05:57	5:37:34	7:24:1
M85		12:13	23:14	40:04		1:22:26	2:06:43		3:39:31	4:29:18	6:10:11	8:07:5
M90	12:41	13:39	25:58	44:45	72:52	1:32:08	2:21:52	3:11:28	4:06:38	5:03:17	6:57:43	9:11:3

	0.5	. MIA	121	EK3	AL				AIN	SIA	NDA	KD.	•
							WOME		70.74	75 70	80-84	85-89	90-94
Event	30-34	35-39	40-44	45-49	50-54	55-59	9.80	10.30	70-74	75-79	12.30	13.40	14.80
55	8.0	8.20	8.50	8.80	9.10	9.40			11.70	12.40	13.40	14.40	15.90
60	8.60	8.80	9.10	9.50	9.90	10.20	10.60	11.10		22.0	25.0	14.40	15.90
100	13.8	14.1	14.4	15.0	15.5	16.4	16.8	18.6	19.8	48.0	52.0		
200	28.0	28.8	30.0	31.6	33.0	35.0	37.0			98.0			
400	63.5	65.5	68.0	70.0	78.6	80.0	83.0 3:20	84.0 3:36	86.0 3:56	4:30	104.0		
800	2:33	2:35	2:40	2:46	2:54	3:10				8:50			
1500	5:10	5:20	5:30	5:40	6:00	6:20 7:00	6:45 7:40	7:30 8:10	8:00		10:10		
Mile	5:40	5:50	6:10	6:30	6:50				8:50	9:40	10:45		
3000	11:30		12:00	12:30	14:00	14:30	15:00	16:00	18:30	20:00	23:00		
5000	19:45	20:15	21:00	22:00	23:30	24:50	26:00	28:00	30:00	34:00	36:00		
10000	41:30		44:00	48:00	50:00	52:00	56:00	60:00	66:00	76:00	85:00		
100H	17.2	18.2											
80H			15.0	15.8	16.5	17.6	18.7	20.2	22.2	25.0	28.0		
400H	75.0	79.0	84.0	88.0									
300H					66.0	72.0	79.0	87.0	96.0	110.0	120.0		
2K-SC	8:20	8:35	9:00	9:30	10:00	10:25	11:00	11:55	12:50		-		
HJ	1.40	1.35	1.27	1.22	1.12	1.07	1.02	0.97	0.92	0.89	0.84		
-	4-7	4-5	4-2	4-0	3-8	3-6	3-4	3-21/4	3-01/4	2-11	2-9		
PV	2.70	2.40	2.10	1.80	1.50	1.20	1.10	1.00	0.90	0.80	0.70		
	8-101/4	7-101/2	6-10%	5-10%	4-11	3-111/4	3-7/4	3-31/4	2-111/4	2-Th	2-31/2		
W	4.60	4.42	4.04	3.81	3.40	3.20	3.10	2.60	2.30	210	1.50		
	15-1	14-6	13-3	12-6	11-1%	10-6	10-2	8-61/4	7-61/2	6-10%	4-11		
TJ	9.50	9.09	8.43	7.49	7.01	6.40	6.20	6.00	5.50	4.50	3.89		
	31-2	29-10	27-8	24-7	23-0	21-0	20-41/4	19-81/4	18-1/2	14-9	12-9		
Shot	10.30	9.32	8.51	8.40	8.00	7.77	7.50	6.60	6.00	5.20	4.30		
	33-91/2	30-7	27-11	27-61/4	26-3	25-6	24-7/4	21-8	19-81/4	17-1/4	14-11/4		
Javelin	35.00	33.50	28.00	25.00	23.00	22.15	20.00	17.00	16.00	15.00	12.00		
		109-11	91-10	82-0	75-5%	72-8	65-71h	55-91/4	52-6	49-21/	39-41/4		
Discus	32.00	30.00	25.00	24.00	22.00	21.00	18.00	16.00	14.00	13.00	11.00		
	105-0	98-5	82-0	78-9	72-21/4	68-10%	59-1/4	52-6	45-111/4	42-8	36-11/4		
lammer	35.00	32.50	30.00	25.00	23.00	22.00	21.00	18.00	14.00	12.00	9.00		
	114-10	106-7	98-5	82-0	75-51h	72-21/4	68-10%	59-1/4	45-111/4	39-41/4	29-61/2		
Weight	10.00		9.00	8.00	9.00	8.00	9.50	8.75	7.75	6.50	5.50	4.25	3.50
To the	32-91/4	32-91/4	29-61h	26-3	29-61/4	26-3	31-2	28-81/2	25-51/4	21-4	18-01/2	15-7	11-5%
Sup.Wt.	6.50	6.00	5.50	5.00	5.25	5.00	4.75	4.50	4.00	3.50			
-	21-4	19-81/4	18-1/2	16-41/4	17-2%	16-41/4	15-7	14-9	13-1%	11-5%			
WLPent.	2600	2500	2500	2500	2800	2600	2600	2500	2500	2400	2300		
						M	MA						
Notes:									andard		rsion fo	r nand	time
	2)	Short I	nurdle	s: 30	-39: 3	33";	40-5	9: 30)"	60+:	27"		
	DOM:	Long h	urdles	s: 30-	-59: 3	30";	60+:	27	7"				
		Shot p				lk:	50+:						
		Javelir				00g;	50-59			60+:	4000		
)0g;	004.	4009		
		Hamm	7.0			lk;	50+:			-	The No.		
	6)	Weight	:	30-	49: 20)#;	50-59	9: 16	#;	60+:	12#		
	7)	Supen	veight		49: 3		50-79	9: 25	#	80+:	20#		
											ches lis	ted for	12

	PLICATION FOR A RICAN CERTIFICA		АТСН
NAME	AGE-GROU	P	
ADDRESS	SE	X: M	F_
CITY	STAT	E	ZIP
MEET	DATE C	F MEE	Т
MEET SITE		100	
EVENT	MARK		
HURDLE HEIGHT	WEIGHT OF IMP	LEMEN	T
☐ CERTIFICATE	☐ PATCH		PATCH TAG

- cation, completely.

 2. A copy of your results or a note stating in which issue your results appeared MUST accompany this application.

 3. Please send \$10 for a certificate, \$10 for a patch, and \$10 for a patch tag showing event and year. The cost for both a certificate and patch ordered at the same time is \$15.

 4. Send to: All-American, National Masters News, P.O. Box 50098, Eugene OR 97405.

 5. A 3-color, 8" by 10" certificate, suitable for framing, and/or a 3-color, 3" by 4" patch will be mailed to you within six weeks. Allow eight weeks for a patch tag.