4976 Athletes Take Part in 14th World Veterans Championships

Finalists in the M55 400 (from l): Peter Scholz, GER; Winston Thomas, GBR, second (55.69); Keith Howden, AUS, third (56.63); Roger Pierce, USA, first (55.38); Reinhard Kroll, AUT; Heinz Steinman, AUS; Gunter Hartung, GER; and Kennel Ivehag, SWE.

Australia Welcomes Competitors from 80 Nations to Brisbane

BRISBANE, Australia – Nearly 5000 masters athletes from 80 nations took part in the 14th biennial WAVA World Veterans Athletics Championships here, July 4-14.

The weather was mild, the facilities were excellent, the officials were plentiful, and the competition was outstanding. There was, as always in these championships, a strong feeling of camaraderie between people from throughout the world who came together in a common cause.

The number of 4976 competitors was the fifth-largest of the 14 WAVA World Championships. The total of 80 nations was the largest ever, surpassing the 79 countries represented in Buffalo, USA, in 1995.

“I really had a good time,” said Christel Miller and Will Robinson of the USA, echoing the sentiments of many participants.

The local organizing committee (LOC) had announced that more than 6000 participants had registered for the event. “By participants we meant athletes and accompanying persons,” said David Lloyd, General Manager of the Games. “We wanted to impress upon the Brisbane community the total number of people who came to town for the event.”

The competition was held in five-year age groups, beginning at age 40 for men and age 35 for women. The Championships are held every other year at sites throughout the world.

Of the 4976 entries, 1346 were from the host country. Foreign athletes

Continued on page 7
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Mt. Hood Hosts Northwest Regionals

By JERRY WOJCIK

Masters returned to familiar Mt. Hood Community College in Gresham, Ore., for the USATF Northwest Region Masters Championships on June 23-24. Mt. Hood has been the site of National Masters Championships, Portland Masters Track Club Championships, the Oregon State Games, and previous regional meets.

Feeling right at home, Becky Silsey, 62, Eugene, co-hosted the USATF Northwest Region Masters T&F Coordinator, set a pending W60 world record of 2:46.8-0/4 in the pole vault. The present record of 2:36.19 from 1999 is held by Kimiko Nakamura, Japan.

Sixty-one regional records were also set, despite rain on Sunday. In the sprints, Paul Edens, a recent M60, had the best performances in the 100 and 200 with times of 12.62 and 25.33, respectively. John walked, M30, ran the fastest times of the meet in the 100 (11.20) and 200 (23.43).

Don McMillian won the M60 400 in 59.50 and the 800 in 2:18.78 in a race won by Doug Kurtis (2:17.70). This was almost a duplicate of their finish in the Hayward Meet in early June.

Jeanette Groesw, W50, second in the 100 in 11.60, won the 200 in 23.98.

Mid-America Regionals Held in Wichita

By JANE DODS

This year’s USATF Mid-America Regional Championships were held at Friends University, Wichita, Kan., on June 9. Strong performances were peppered throughout the meet.

In the sprints, Kurt Bebee, M30, tripled in the 100/200/400 (19.65/22.67/47.08) with Mike Steinmetz, M50, doubling in the 100/200 (10.62/22.67). Middle distance runner Jeff Berven, M50, nabbed an 800/1500 double (2:50.33/4:07.69). In the 3000, Kent Toll in 9:56.27.

In the pole vault, Ken Ellis, M40, soared 13-0 to dominate his division and take gold. Jim Doelezit, M50, crossed the bar at 10-6 in this event as well as winning the long jump with a 17-9.

The throwers also showed their strength. Kenneth Jansson, M50, let loose a 191-11 hammer throw, and Richard Cochran, M60, came up with a 179-0 toss in the discus.

Women gold medalists included Elana Goldberg, W35, doubling in the discus (123-7) and the hammer (96-4). Robin Galloway, W40, doubling in the sprints (50.22/67.11), and Kerri Barker, W50, who strode to a 21:43.98 victory in the 3000 racewalk.
Kuznetsov and Barbu Breeze to Masters Wins at Grandma’s Marathon

Last year’s masters runner-up took advantage of less-than-ideal conditions to win this year’s Grandma’s Marathon in Duluth, Minn., June 16. Andrey Kuznetsov, 43, of Russia, ran 2:19:39, bettering his 2000 2:21:43 by two minutes, and finishing 11th overall.

Poland’s Wieslaw Perszke, 41, 2:21:09, was second M40+, while last year’s winner, Fedor Rygov, also of Russia, settled for third in 2:25:59, ten minutes slower than his 2000 winning time, and 12 minutes slower than his 2:13:54 at the Boston Marathon in April.

“At twenty miles I hit a wall. All of a sudden, boom. I was hungry and thirsty. I was looking for fuel,” said Rygov, who actually led the front pack at the 15-mile mark. Rygov is reported to have lost his luggage on the way to Duluth, but like most seasoned runners, carried his own water and racing shoes in his carry-on bag.

Adriana Barbu, 40, of Romania, a newcomer to Grandma’s, was undeterred by high humidity and a persistent headwind, setting a new W40+ course record of 2:37:11, good for fourth place overall.

“I can run faster, but the wind was difficult and I ran alone,” she said.

Second place W40+ went to Alena Peterkova, 40, Czech Republic, 2:50:35. New Yorker Gillian Horowitz, 46, cruised to a 2:54:25.


Tim Newell, 41, Albuquerque, N.M., was the first American M40+, 2:33:11. The M45 was hotly contested by Joseph Haynes, 46, Ames, Iowa, 2:45:10; Bob Whetham, 49, Stillwater, Minn., 2:45:14; and Brent Smith, Esko, Minn., 2:45:31.


2001 was the 25th running of Grandma’s Marathon, named for a local restaurant chain. The course is famously pretty, a point-to-point, mostly-flat meander along the western shore of Lake Superior from the town of Two Harbors to downtown Duluth. This year drew one of Grandma’s largest fields, with over 9100 registrants.

— From Duluth News Tribune reports
Is National Pride Really at Stake?

Every time I read or hear about someone lamenting the lack of distance running talent in the United States, I wonder what gives rise to the concern. I also wonder if something is wrong with me because I don’t share the concern. “I find it disturbing that we’re not doing everything we could to improve the situation,” USA Today recently quoted Stanford University track coach Vin Lananna, referring to the quality of distance runners in the country.

Why is it disturbing? Is it a matter of national pride?

Several of my friends were quite excited at the new prep mile record set by Alan Webb of Virginia and the two-mile efforts of Dathan Ritzenhein of Michigan. Their comments were that things are really beginning to look up for the United States in distance running. When I gave a “so what?” response to one friend he questioned my patriotism. Is national pride really at stake here? How many people in foreign countries look at the lack of distance running talent in the U.S. and conclude that we have become a second-rate nation? Do we have to hang our heads in disgrace when we encounter someone from Kenya or Russia? Do we have to dominate everything?

Several chapters explain how to improve general physical and mental fitness with major emphasis on physiology, mental training, nutrition, inspiration, and motivation. Ten chapters explain the how and why of running training (training principles, the five training systems, etc.) for sprinters, middle and long distance runners and hurdlers. Athletes from 9 to 90 will benefit since all are bound by the same training principles.

Special precautions are explained for the extreme young and old.

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**Twenty Years Ago**  
August 1981

- Vickie Bigelow (W45, 18:14.0) and Jaclyn Caselli (W40, 23:19.2) Break 5000m World Records in West Regionals, Los Gatos, Calif.
- Herb Lorenz, 42, Sota M40 U.S. Record 30:41.5 in Peachtree 10K, Atlanta, Ga.
- 258 Compete in East Regionals, Paramus, N.J.

**Surfboards at the Noosah National Park, north of Brisbane, visited by many athletes on the days off at the 14th WAVA Championships.**

**Arrogant behavior or conduct.**

**Synonyms for pride are conceit, self-esteem, egotism, and vanity.**

- Webster throws in arrogant, haughty, lordly, insolent, overbearing, supercilious, and disdainful as synonyms. Of all those, only self-esteem seems like a positive trait. Random House defines self-esteem as “respect for or a favorable impression of oneself,” but it goes on to say that it “may imply an estimate of oneself that is higher than that held by others.”

In a recent nationally syndicated column, a child psychologist whose name I now escape took me to the position that we are too focused on building self-esteem in our children. If I remember and interpret his point correctly, it is that self-esteem must come from within and that too many parents are attempting to create an external environment in hopes of building self-esteem in their children. It is in fact a smugness that inhibit personal growth because it is not balanced with equal amounts of humility.

**Humility or Arrogance?**

Thus, pride might be seen as an umbrella word covering self-esteem, tempered with humility at one end and arrogance at the other end, with various shades of gray between. The problem, as I see it, is that too many of our athletes have reached the far end of the scale, the arrogant end. Maybe vainglorious is a better word. The “Dream Team” of basketball is a good example of what can happen when a team or an individual becomes too dominant.

And therein is my reason for not caring whether the U.S. fields better distance runners. We already dominate in so many other areas. If we dominate more, we as a nation, risk becoming more smug, more arrogant, more vainglorious. Let some of the little nations share in the glory. We don’t need it all. We’re greedy enough, and we don’t know how to handle what we have.

Now if our sprinters, jumpers, and throwers don’t hold their own in international competitions, I might start rooting for our distance runners.
14th World Championships

Continued from page 1

numbered 3630. After Australia, the largest contingent came from Germany (437), followed by Great Britain (408), USA (405), New Zealand (277), India (124), South Africa (122), and Japan (114).

There were plenty of positive aspects to the event, but several negative ones, too.

Contrary to past Games, this LOC gave out no information as to the number of event entries, the number of athletes by gender, or the number of participants by age group.

There was a lack of community involvement. Except for athletes and friends, the grandstands were virtually empty. One local TV station ran a nightly feature, but there was little coverage in the local newspapers. There were a few feature (not sport) stories of local and older athletes, but there was virtually nothing on the sports pages of the Brisbane Courier-Mail or The Australian.

"We don't consider it a sports event," a Courier-Mail editor said. "We consider it a tourist event."

Three Stadiums

Three stadiums were needed to handle the action. Two marvelous facilities—one with a 10-lane track, another with nine lanes—were located side-by-side in QEII Park. The third was at the University of Queensland, about 8km away.

The written materials—giving guidance to athletes and officials—were outstanding. A daily "Championship Chatter" two-page newsletter was a nice touch. It featured athlete and volunteer profiles, top performances, and more. Athletes could purchase photos of themselves and friends in action the day following the competition.

Awards

Attractive gold, silver, and bronze medals were presented to the top six finishers in each age group. The award presentations were made in the grandstand, sometimes with no announcement. While they properly did not interfere with the competition, most athletes wished the presentations could have been made within the stadium, à la Buffalo in 1995.

A special presentation was made at ANZ Stadium to the nine remaining athletes who have competed in all 14 WAVA Championships: Ruth Anderson (USA), Reg Austin (AUS), Hari Chandra (SIN), John Dunsford (GBR), Willie Dunne (IRE), Bob Fine (USA), Bob Mimm (USA), Jim O'Neil (USA), and Jack Stevens (AUS).

"It's great fun seeing all my old mates," Dunsford said. "I wouldn't miss this for the world."

Technical Ups and Downs

The technical organization of the meet could have been better. Results were delayed and incomplete. The paper flow from the Hy-Tek computer program was often smooth, but inexperienced operators sometimes triggered errors.

The LOC had said results would be available for purchase for $1 the day after competition. But they meant an individual's single result, not the entire day's results. And even those were hard to obtain.

World Records

A total of 41 world age-group records were set in the 11-day extravaganza (see chart and separate story). The hero of the local media was Australia's Les Amey—at age 101, the oldest competitor ever in a World Championships. Amey set two age 100+ world records in the 100 (71.05) and 1500 (19:52.54).

"If you stop, you're gone," Amey said. "You've got to keep moving in life and you've got to keep your legs well oiled."

Seven men and one woman—Mexico's Iglesias Rocha—were over age 90.

Near-Perfect Schedule

The schedule of events was again near-perfect, following the model developed in Buffalo in 1995. Over the years, events have gradually been moved forward by about a day so athletes can compete in natural doubles and triples (e.g., 100, 200 and 400; 800 and 1500; 5000 and 10,000) with adequate rest in between. The meet was almost always on time.

The scoreboard at ANZ Stadium often flashed the entries of the upcoming race. Posting of results on the scoreboard was inconsistent, but often came within seconds of the conclusion of an event. There was no scoreboard at the secondary SAC Stadium, but results were generally posted within an hour.

Each morning, a team managers’ meeting was held by WAVA and the LOC to brief the national managers on...
Running Surface and Overuse Injury

An interesting study came out of the University of Exeter, U.K. this year, comparing various running surfaces. The authors hypothesized that running surface stiffness has been associated with overuse injuries, but no studies had been performed to bear this out. They took six heel-toe runners and performed running trials over an asphalt surface, a rubber-modified asphalt surface and an acrylic sports surface.

Obviously the rubber-modified surface had the greatest amount of impact absorption and the conventional asphalt the least. Peak impact forces across these surfaces were measured. Although there were no significant differences in kinematic variables noted on the different surfaces, a varied response to the surfaces was noted among the runners. In other words, the body adjusted to the surface.

For example, when running on the surface with the least impact absorption, an increased initial knee flexion was noted for some runners. Thus it appears that the mechanism of adaptation varies among runners and it is difficult to make a statement regarding the impact properties of running surfaces.

Researchers are saying that the causes of overuse injuries are complex and it is still not possible to generalize about the effects of sports surfaces on lower extremity kinematics. They feel it is not possible to identify surface conditions which are more likely to cause injury occurrence. More studies are needed.

However, I think it is safe to say that the harder the surface, the more impact shock will enter into the body. This should certainly be taken into consideration when running your long distance programs.

(Dr. Pagliano is a runner and a podiatrist in Long Beach, California. He is a member of the American College of Sports Medicine. If you have a foot, ankle or Achilles question, write to Dr. John Pagliano, The Foot Beat, NMM, P.O. Box 50098, Eugene, OR 97405; e-mail: thefootbeat@aol.com.)

World Championships

Continued from page 7

upcoming activities and to hear and resolve problems. Each team manager would then pass the information on to athletes from his or her country.

The program in each athlete's packet contained the schedule and alphabetical listing of competitors in each event. Unfortunately, there was no overall alphabetical or numerical listing of athletes in the program.

Lap Counting

The seeding in some distance races could have been improved, Fast runners were placed in slow heats, and vice-versa. Lap counting was a problem in many long-distance races.

Hal Higdon, NMM, was featured in the Courier-Mail for running his second of seven planned marathons in an effort to raise US$700,000 for seven different charities. Higdon finished in 3:44:37. He'll run his third marathon this autumn in Missouri.

This was Australia's winter. There was no rain, but two days were windy and cold. One morning, there was ice on the pole vault equipment.

Tours

Many athletes and their families found time to take one or more of the sightseeing opportunities offered by the LOC. Hundreds of tours were taken to the Gold Coast, Moreton Bay, Whale Watching, and Lone Pine Koala Sanctuary, among others.

One of the best things about Brisbane was the "phone card." Athletes called the USA and other countries for only about eight cents per minute.

Receptive Hosts

The Australian people were generally friendly and enthusiastic. There are 19 million people in Australia and over 100 million sheep.

Coming Next Month

• Results, stories and photos of 34th National Masters Track & Field Championships

• Results, stories and photos of National Senior Games

(For a commentary on the Championships and a look at the future of the world program, please see "From the Editor" on page 17.)
41 World Records Set in Brisbane

Forty-one world age-group records were set in the 14th WAVA World Veterans Athletics Championships in Brisbane, about two dozen fewer than in the 13th Championships in Gateshead in 1999.

Johnnye Valien, 75, USA, leads the record list with four, in the 80H, 300H, PV, and heptathlon. Ron Robertson, 60, NZL, erased three records, for the 1500, 5000, and 2000SC. In the SC, he astounded the crowd with a remarkable 6:30.21 to defeat Alan Bradford, 62, AUS, holder of the M60 record at 6:54.31, who ran 6:55.05. Four more SC records were set, one by Eddie Gamble, 86, AUS, who established an M85 record with a 13.38.33.

Canada’s Ed Whitlock lowered the M70 records for the 5000 and 10,000. Leslie Amey, AUS, established M100 records for the 100 and 1500. Lad Patak, M55, USA, had the top score of 5366 of the six WP records broken.

Margrit Duss, SUI, upped her W40 HT record with an A-G 100% 51.85. Signe Kofink, GER, increased the W65 SP record with a 100% 11.35. Sig Backlund, 61, FIN, triple jumped an M60 WR 12.43.

Here are some of the notable results by division:

M40
- Karl Smith, USA, diminished countryman Stan Druckery’s 11108 WR from 14.24 to 13.96.
- Colin Cotsey, IRL, won the 800 (1:52.49/97.0) and 1500 (3:35.65/93.6).
- Saf Allah; USA, took the 400 in 49.18, with all eight finalists in the 90% international class.
- Ken Jansson, USA, repeated his Gateshead WP win and won the HT (57.86).

M45
- Vasilio Manganas, GRE, upped his WR in the WP from 4267 to 4590 and won the SP and HT.
- Ron Peters, AUS, was the distance king with wins in the 5000 (15:36.25), 10,000 (31:48.69), and marathon.

GOLD MEDALISTS – 14TH WAVA WORLD CHAMPIONSHIPS, BRISBANE, AUSTRALIA

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**M40**
- Bill Collins, USA, the meet’s dominant sprinter, was not pressed in winning the 100 (11.39.96/9.0), 200 (23.18.96.2), and 400 (52.22.94.7).
- Nolan Shahd, USA, extended the string of U.S. wins in the 800 (2:01.90/97.19) and 1500 (4:14.04/93.46).

**M50**
- Kevin Morning, USA, ruled the sprints with golds in the 100 (11.24.95.0) and 200 (22.36.96.2). Stephen Peters, USA, set a new WP first in the 200 and 400, now 43, was third in the 100 and second in the 800.
- Jordi Vill, ESP, ended in the LJ and TJ (13.91/196).

**M60**
- Bill Collins, USA, the meet’s dominant sprinter, was not pressed in winning the 100 (11.39.96/9.0), 200 (23.18.96.2), and 400 (52.22.94.7).

**M70**
- Lad Patak, USA, stormed to his WP WR after winning in the SP and DT.
- Emil De La Cama, ESP, won the 5000 and 10,000, and successfully defended his Gateshead XC title.
- Stephen Robbins, USA, after years of battling injuries, had a smash-hit return, winning the 100 (12.18.95.6) and 200 (24.76.95.4).

**M80**
- Boston’s Roger Pierce, a dark horse, lit up ANZ Stadium with a smile after winning the 400 (55.38.93.6).
- Warren Hamill, CAN, posted a decathlon first place (7327).

M90
- Ron Robertson, NZL, probably the track athlete of the meet with three decisive WRs, also won the 80X-C handily. Two years ago, at Gateshead, he was M55 first in the 5000, 10,000 and 3000ST.
- Sig Backlund, FIN, sailed a TJ WR with a 1019.12.43 and won the LJ (5.7495.8).

**M90**
- Waldemar Glemser, DEU, won the 100 (12.30/96.0) and 200 (25.10.95.9) over the 1500.

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*SUZY NIES*
David Elderfield, Great Britain, winner of the M45 400, 14th WAVA Championships, Brisbane, Australia.
Masters Racewalking

By ELAINE WARD

IAAF Amendments Seek to Clarify Judging Problems

A
fter a race in June, a group of us was watching a videotape of the Sydney
Olympic walks. The close to two-hour long tape not only provides an up-
close documentary of the lead walkers in the men's and women's walks, it
shows the dramatic, even historic, sequences of the disqualifications that
took place in the two 20K events. Below are some of the Amendments made by
the International Amateur Athletic Federation (IAAF), the bodygoverning inter-
national competition, to avoid the problems witnessed by millions at the 2000
Olympics.

Because of this column's space limit-

ation, the following is excerpted from
Bob Bowman's excellent report on the
Amendments. Bob is former chairman
of the Race Walking Committee of the
International Amateur Athletic
Fed­era­tion (IAAF), the body governing
Olympics where the walk
course was located a great distance
from the stadium. In these situations,
the Chief Judge may not cover both
the course and the finish route back to
the stadium.

Late disqualifications are often
the result of this situation. The deputy
Chief Judge will now be able to handle
disqualifications on the course while
the Chief Judge covers the finish area,
both in a timely manner.

Even though unsporting behavior is
disqualifications are held outside the
stadium, (IAAF rule 145, it was con-
sidered appropriate to stress this pro-

vided in IAAF Rule 12.1(a) com-
npetitors who fail to leave the
course or track may be liable to
further disciplinary action in ac-
cordance with IAAF Rule 53.1(viii).

Even though unsporting behavior is
covered in IAAF Rule 145, it was con-
sidered appropriate to stress this pro-

vision in Rule 230 because of the occa-
sional problem of walkers failing to
comply with this rule. (The purpose
for this provision is clearly demon-
strated on the videotape during the
women's 20K walk. —EW)

For all IAAF Rule 12.1(a) com-

petitions, hand-held computer devices
that are used by the judges in commu-
icating all warnings to the Recorder
and the Warning Posting Boards. This
new rule is proposed pending the relia-
bility and practical demonstration of
the applicable technology.

The appropriate technology is
apparently available and will be pur-
chased in the near future. This is also
the best solution to the type of commu-
nication problems that have been expe-
rimented in past major international
events and most recently in the Sydney
Olympics.

The traditional "white" caution
sign (paddle) is changed to a "yellow"
sign (paddle). It was felt that yellow is
a more appropriate color for caution
since it is used in other sports such
as soccer. Personally I felt this was a
weak argument in that everyone cur-
rently has white paddles that are prob-
ably a better contrast to the black
symbols than yellow.

The 1:50 minute videotape of the
Olympic Walks is available for $25,
which includes shipping, from the
North American Racewalking
Foundation, PO Box 50312, Pasadena, CA
91115-0312. Tape quality is affected
by the process of converting from PAL
to NTSC, the U.S. television standard,
editing twice to make the 1:50 minute
version, and copying.

Thanks are due Diane Graham-Henry
of the New Zealand
newspaper for the remarkable article.

The fabulous walking and the excel-

ent commentary by the New Zealand
announcers comes through very well.

Thanks are due Diane Graham-Henry
for conversion of the walk to the U.S.
standard.—EW)

(Elaine Ward can be contacted by e-

mail at narwj@aol.com)

Masai, St. Hilaire Re-Pit at Peachtree

By ERICH REED

Andrew Masai and Judi St. Hilaire
defended their masters titles at the
world's biggest 10K, the 32nd
Peachtree Road Race, July 4, making
solid bids to repeat as road racing's
"Masters of the Year," and taking
home $1500 each for their troubles.

Masai, 41, a Kenyan currently
residing in Albuquerque, N.M., held
back a strong international M40+ field
(43), currently living in Rockville, Md.,
30:34.

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fourth in 30:58.

The fabulous walking and the ex-
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announcers comes through very well.

Thanks are due Diane Graham-Henry
for conversion of the walk to the U.S.
standard.—EW)

Masai, St. Hilaire Re-Pit at Peachtree

By ERICH REED

Andrew Masai and Judi St. Hilaire
defended their masters titles at the
world's biggest 10K, the 32nd
Peachtree Road Race, July 4, making
solid bids to repeat as road racing's
"Masters of the Year," and taking
home $1500 each for their troubles.

Masai, 41, a Kenyan currently
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fourth in 30:58.
World Championships

Continued from page 9

toughest sprint fields of the meet.

- Australia won both relays and the 8K X-C team title.
- Phil Byrne, USA, tallied 7607 for a
decathlon win.

M65
- Karl Heinz Neumann, GER, won in tough
fields in the 100 (12.59/95.5%) and 200
(26.36/95.6%).
- Ralph Romain, TRI, held on to his
Gateshead title with a 98.8% 58.69 win in the
400 over Paul Johnson, USA (59.30/95.7%).
- Manuel Rosales, ESP, prevailed in the
5000 (17:52.05/93.1%), 10,000, and 8K X-C.
- Lowell Bonifield, USA, skimmed to wins in
the 800 and 3000M (4:38.51/94.8%).
- Peter Speckens, GER, won the SP
(13.92/96.4%), DT, and later the WP (5141),
with Bob Humphries, USA, second.

PV and TJ.

M85
- Herbert Lieckte, SWE, changed the '400
WR to 90.99.
- Eddie Gamble, AUS, inserted a WR in the
SC (13:53.38).
- Reino Taskinen’s luggage contained three
gold medals for the STH, LJ, and TJ on his trip
to Finland.
- All-around Ashmin Neilsen, DEN, finisched
the decathlon with a 5218 total and won
the WP.

WP
- Aldo Anzoretti, ITA, launched three firsts in
the throws.

M100
- Leslie Ame, 101, gathered much media
attention and won both WRs in the 100 (71.05)
and 1500 (19:59.54).

W35
- Chantal Dallenbach, FRA, was the star in
this group with wins in the 5000 (16:24.55/90.5%),
10,000, SC, and 8K X-C.
- Valentina Krepkina, UKR, hit a 93.2% 52.21
in the HT.

Great Britain won both relays.

W40
- Leslie Eatsworth, CAN, flew to a WR 11.25
in the 100.

FIFTH<br>

- Maria Ferreira Santos, BRA, set a WR of
61.58/94.7% for the 400H.
- Elaine Schenkels, NED, won the SP, DT, and
WP.
- Barbara Nell, RSA, doubled in the RWs.

W35
- Maria Santos, ESP, won both hurdle races.
- Bronwyn Cardy, GBR, successfully defended
her 5000 and 10,000 Gateshead titles, with a
17:43.37 and a 36:20.10, both 92% A-G.
- Elmarine Schenkels, NED, won the SP, DT, and
WP.
- Barbara Nell, RSA, doubled in the RWs.

W50
- Maria Wolodarczyk, of Poland, who resides
and coaches in So. Calif., broke the TJ WR with
a 98.3% 11.37, and won the LJ and the Most-
Difficult-Name-to-Pronounce-By-Brisbane-An
nouncers Award.
- Christine Schultz, GBR, smashed the WP

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National Masters News page 11

Finalists in the W35 100 (from l): Roberta Thompson, AUS, Gianna Mogentale, AUS, first (12.73), Claire Haslam, GBR, second (12.76), Lisa Ford, AUS, Leoni Jansen Van Rensburg, NAM, Julie Money, GBR, third (12.84), and Angelika Gissmer, GER.

record with 4455 and won the SP and DT.
- Wendy Brown nabbed golds in the 100 and
200.

Masters Division
- Barbara Burton, AUS, bested the 400
(61.11/92.4%) and 800 fields.

WP
- Valerie Parsons, GBR, sped to firsts in the
100 (13.93/91.6%) and 200 (28.72/99.6%).

Masters Division
- Judith Graff, BEL, winner of the LJ and TJ
at Gateshead, won the LJ (4.77/96.3%), and
TJ, with her mark of 9.47/96.4%.
- Joan Otaway, USA, cruised to gold
medals in the 10000 and 10,000.
- Marianne Mayer, AUT, won the heptathlon
(5437) and 80H.

Continued on page 15

WORLD RECORDS SET AT 14TH WALES WORLD CHAMPIONSHIPS,
BRISBANE, AUSTRALIA

<table>
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Six-year-old Nicholas looked seriously at my wife and asked: "Is this your race, Grandma?" Rose couldn't understand what Nick meant, so he repeated the question: "Is this your race?" She finally realized that Nick was wondering about Grandma's Marathon in Duluth, Minnesota.

The event actually gets its name from a restaurant near the finish line: Grandma's Saloon & Deli, an early sponsor. Wells Fargo Bank and Target now provide more sponsor money, but the name remains part of the mystique of this marathon along Lake Superior's North Shore. With more than 9000 runners, Grandma's is the 11th largest marathon in the United States, the only one that large in a major urban center. (Duluth's population is 85,000.)

Rose confessed to Nick that the race was not named after her, nor was she running it. Those duties passed to Grandpa Hal on the eve of his 70th birthday. Grandma's Marathon on June 16 would be my last race as a 69-year-old before moving into a new age group on June 17. It seemed fitting to run the marathon as part of my 60th marathons in 6 weeks to celebrate my 60th birthday, and Grandma's Marathon was the first marathon since I had no intentions of running that fast. Somewhat undertrained, I decided to forget about fast times in my seven marathons and simply try to run the marathon its name.

Duluth is best known as a transport hub for the Mesabi Range in Northern Minnesota. That ore, transported by ships to steel mills in and around Gary, has been central to the economy of Northwestern Indiana, where I live, for most of the past century.

I’ve been visiting Minnesota since my childhood, and I continue to be drawn to that Land of Lakes – one reason I enrolled at Carleton. When I was a boy on the south side of Chicago, my father used his two-week vacation each year to go fishing at Camp Idlewild north of Grand Rapids, Minn.

To reach that pinnacle of fishing pleasure in the North Woods, we drove north through Wisconsin that seemed to last forever in the era before expressways. My parents often sang an ancient song that began: "Two to Duluth, said the lady to the youth.

Returning For His Life

One time, I left the hotel where we were staying in that city to walk on Superior Street and encountered two local toughs, who threatened to beat me up if I didn't retreat from their turf. As I told a capacity audience during a lecture, I got the day before this year's Grandma's Marathon, "That was the beginning of my running career."

Duluth seems friendlier today. The marathon begins near Two Harbors on Lake Superior and follows a rolling and winding road along North Shore Drive before emerging on that same Superior Street. Crowds line the sidewalk, cheering the runners en route to Canal Park, that contains hotels, a convention center, an ore boat museum, an IMAX theater and the popular Grandma's Saloon & Deli that gave the marathon its name.

Even if you're not running a marathon, Canal Park is worth a visit. On the morning of the race, most runners take buses to the starting line in Two Harbors. We chose instead to ride the scenic railroad that parallels the course. A special train on race day transports runners and spectators to the starting line, then brings the spectators back in time to watch the finish.

Family Affair

Seven in our family took the train. My son-in-law, Pete Sandall, also was running the marathon. Daughter Laura and Grandma Rose brought three of our grandchildren: Angela, Nicholas and David. By then, Nick was convinced that even if the marathon was not named after his Grandma Rose, it probably should have been.

I started the race in the back row, since I had no intentions of running fast. Somewhat undertrained, I decided to forget about fast times in my seven marathons and simply try to run each one faster than the one before. With 9000 runners in front of me on a narrow road, it took seven minutes after the gun sounded before I crossed the line.

The train remained so its occupants could watch all the runners. I had decided to run the race wearing a cellular phone, so I dialed Laura's cell phone number. She answered quickly: "We can see you." Indeed, there they were waving from the train window. But the train began picking up speed and soon left me to finish the race on my own.

Your Phone or Mine?

I wasn't the only one running with a cellular phone. As per my instructions, every hour Rose or Laura would call to check on my progress. One time when the phone rang, a woman running near me said, "Is that my phone or yours?"

My progress was slow, given the fact that my goal was mainly to finish the marathon, not finish it fast. Coming past the half-marathon point at 13 miles and checking my watch, it occurred to me that I used to run full marathons that fast! But running Grandma's Marathon was not about setting Personal Records; it was more about finishing comfortably enough so I could claim the cash contributed in my behalf for the Carleton College Alumni Fund and continue my journey in the six remaining marathons between now and January.

My finishing time was just under six hours: 5:58:30. Rose was waiting at the finish line to take a photo of me with a medal around my neck, proof that I had gone the full 26 miles. I planned to put it on a post card to be mailed to my classmates from Carleton to remind them to fulfill their pledges of so much money per mile.

By the time I reached the finish line at the Disney World Marathon in Orlando on January 6, I will have covered 183.4 marathon miles and hopefully achieved my more important goal of collecting $700,000 for the seven charities.

(Hal Higdon is a senior Writer for Runner's World. For more on his 7-7-70 Quest, including information on how to donate to one of the seven charities, visit his Web site at: www.halhigdon.com. He can be reached by e-mail at halhigdon@home.com)
Sprinters Star in Southwest Regionals

By JERRY WOJCICK

The USATF Southwest Regional Masters Championships were staged in the eastern area of the region on June 23 in Mandeville, La.

Jimmie Jones, 50, and Danny Theil, 52, produced the prime contest in the sprints. Jones won the 100 from Theil, both timed in 12.62. Theil winning the age-graded award with an 88.6% to Jones' 87.4%. Trading places in the masters were staged August 92.3% and a probable with an A-G 88.2% 25.65 to Jones' 87.4%.

Sprinters at the age-graded international class level 90% were Heywood Robinson, 48, 90.6% 12.02; Courtland Gray, 57, 91.5% 12.58; and Danny Lott, 64, 91.5%.

Theil, 52, produced the prime contest 700g of the meet in the sprints. Jones won in the eastern area of the region on Trading places in the Masters Championships were staged August 92.3% and a probable with an 88.6% to Jones' 87.4%.

Masters Age Records

Men's and women's official world and U.S. outdoor 5-year age group records for all track & field and racewalking events, age 35 and up, as of August 1, 2000; 10 pages. Lists name, age, state and date of record. Compiled by Peter Mundie, WAVA and USATF Masters T&F Records Chairman. $5.00.

Masters Track & Field Rankings

Men's and women's 2000 U.S. outdoor track & field 5-year age group rankings. Coordinated by Jerry Wojcick, USATF Masters T&F Rankings Chairman. All T&F events, including mile, relays, weights, racewalks, and combined events. $8.

McMahon Family Trust Masters Track & Field Indoor Rankings

Indoor rankings for 2000. 4 pages. $1.50.

Masters Age-Graded Tables

Single-age factors and standards from age 8 to 100 for men and women for every common track & field, long distance running, and racewalking event. Shows how to conduct an age-graded event. Tells how to keep track of your progress over the years. Compares performances of different ages/sexes in different events. 60 pages, including samples and charts. Compiled by the World Association of Veteran Athletes. $6.00.

Masters 5-Year Age-Group Records

Men's and women's official world and U.S. outdoor 5-year age group records for all track & field and racewalking events, age 35 and up, as of August 1, 2000; 8 pages. Lists name, age, state and date of record. Compiled by Peter Mundie, WAVA and USATF Masters T&F Records Chairman. $2.00.

Masters 5-Year Indoor Age-Group Records

Same as above, except indoor records (M40+, W35+) as of July 20, 2000 (world) and December 3, 2000 (USA). 4 pages. $1.50.

Competition Rules for Athletics (2001 Edition)

U.S. rules of competition for men and women for track & field, long distance running and racewalking—youth, open and masters. $12.00.

USATF Directory (2000/2001)

Names and addresses of national officers and staff, board of directors, sport and administrative committees, association officers and addresses, etc. $12.00.

USATF Governance Handbook (2001)

U.S. Bylaws and operating regulations, forms for membership, race sanction, records, course measurement, etc. 152 pages. $12.00.

International Scoring Tables

Complete scoring tables for 21 men's and 17 women's events, age 35 and up, as of August 1, 2000; 8 pages. lists name, age, state and date of record. Compiled by Peter Mundie, WAVA and USATF Masters T&F Records Chairman. $2.00.

Masters Racewalking

Thirty American coaches and athletes share ideas on Technique, Training and Racing. This book is a unique and complete resource. Edited by Elaine Ward. $15.00.

USATF Lapel Pin 3-color USATF Logo on 7/8" soft enamel lapel pin (nail back with military clutch). $5.50.

USATF Decal 3-color. 3" x 2-1/2". $2.00.

2001 Road Race Management Directory

Published by Road Race Management, this book combines the Guide to Prize Money & Races with the Running Industry Resource Directory — two books in one — listing elite athletes (including masters) with over 1000 addresses and phone numbers, prize money structures for 400 events, Internet services, retailers, publications, TV contacts, and more. $75.00.

Running Research News

Bi-monthly newsletter. Contents include the latest scientific information on endurance training, sports nutrition, and injury prevention. $35.00 per year.

Masters Track and Field: A History, by Leonard Olson

Olson, a masters competitor since 1970, traces the development of masters T&F from its start in San Diego in the late 1960s to its expansion into present-day world championships, with emphasis on the personalities and events that helped shape this historic movement in sports. 64 photographs, tables, appendix, bibliography, and index. 320 pp. $65.

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The Weight Room

By JERRY WOJCIC

Are We There Yet?

Instead of training for Brisbane by working out at Hayward Field and South Eugene High, I would have been better off if I had spent time riding Eugene city buses and hailing cabs. I'm not saying that getting to ANZ Stadium was a challenge, but I had to take a cab to get to a taxi stand.

After a 15-minute downhill (uphill back at night) walk through the center of Brisbane and the most crowded street mall I've ever been in, I had to hop on a bus that took athletes to another bus that dropped us off at the stadium about 3/4 of a mile from the entrance. Our first trip took us 1 1/2 hours. We finally got it down to about 50 minutes if we caught a cab downtown to take us, uphill, to the hotel in the evening.

After the hammer, my journey from the U. of Queensland toward the stadium took me 1 1/2 hours by the shuttle buses. A lot of us bit the bullet and forewent the free bus system to take cabs. With the dollar worth almost twice the first dollar, it was a bargain.

The city bus drivers were very helpful. The bus system to take cabs. With the dollar worth almost twice the first dollar, it was a bargain.

Kudos to the Meet Organizing Committee for foisting this one over us, and a burnt-to-a-crisp shrimp on the barbie for those of us who didn't uncover this earlier. Of course, the apologists and meet sugar-coaters will say that they got used to it and it wasn't so bad.

My travel difficulties became trivial after I met Colin Murraylee, an M70 legally blind, Australian thrower, who

FIFTEEN YEARS AGO
August 1986

• George Keim (43, 53.01) and Iris Black (43, 60:15) Take Firsts in National 15K, Spring Valley, Ohio
• Barry Brown (42, 1:21:07) Wins 13th International Veterans 26K, Brugga, Belgium
• Discus Throwers Al Oerter, 49, and Art Swarts, 41, Over 200 Feet in New Jersey Meet
• Gabrielle Anderson (41, 36:24) First Master in Legs 10K in NYC

Finalists in the M50 hammer (from l): Jan-Marshall Roodt, RSA, Jorge Grave, POR, Arild Busterid, NOR, Florian Kulczynski, POL, second (60.74), and Boris Zaizhakov, CAN, first with an age-graded 101% 63.66.

Peter Speckens, Germany, throws the javelin in the M65 weight pentathlon, in which he was first (5141), 14th WAVA Championships.

The weather was almost perfect, if a little on the warm side for this time of the year, and pleasantly cool at night. I wish I could have spent more time enjoying it all had it to offer rather than spending so much time on transport.

Rankings Report for August

By JERRY WOJCIC

Masters T&F Rankings Coordinator

The contacts for the 2001 outdoor season rankings were published in July and will appear again in the September issue.

Corrections to 2000 Outdoor Rankings: James Crawford, ranked first in the M75 hammer with a 35.05, should have been attributed a mark of 36.79, and should have been ranked No. 1 in the 25# weight with a 9.95.

Corrections to 2001 Indoor Rankings: Joyce Geroux should be ranked 4th in the 3000 W55 group with a 14:31.40, not in the W50 division. Kimiko Nakatake should be ranked 1st in the W30 TJ with a 9.75.

The Indoor Pole Vault Rankings for M40 and M45 in the July issue were transposed. These are the correct rankings:

BRISBANE, Australia – After 24 years of being known as the World Association of Veterans Athletes (WAVA), the organization will henceforth be called World Masters Athletics (WMA).

Delegates to WAVA’s biennial General Assembly, July 11, overwhelmingly approved the historic change by a vote of 93-16. (The motion was favored, 73-46, two years ago in England, but needed a two-thirds majority to carry.)

Great Britain’s Ron Bell, WMA’s Commercial Manager, persuaded the group to adopt the change to make it possible to obtain sponsorship. “The word veterans isn’t marketable,” Bell told the delegates at the Carlton Crest Hotel. “We lost U.S.$900,000 sponsorship, which we might have secured using the name masters.”

Many delegates were skeptical that the term masters would magically open any sponsorship doors. But most delegates went along with the motion because national affiliates (such as the USA, Canada, New Zealand, etc.) have been using “masters” anyway for years. This change will bring almost everyone onto the same page.

The delegates also:
1. Elected Rex Harvey of the USA to the post of Vice-President, Stadia, over incumbent Jim Blair of New Zealand.
2. Cast 62 votes to elect Marina Hockege-Gil of Spain as Women’s Representative, over incumbent Bridget Cushen of Great Britain.
3. Approved an amendment to reduce the number of members on the Stadia, Non-Stadia, and Doping & Medical committees from 10 to six, with members appointed by the President.
4. Approved a motion to change the Women’s Assembly to the Women’s Committee.
5. Unanimously okayed a recommendation that the Doping and Medical Committee members have medical, legal or administrative qualifications.
6. Approved a motion to stage a 100K World Championship during each odd-numbered year. The event will be staged by IAU (International Assoc. of Ultrarunners) at their World Cup 100K.
7. Approved a proposal to adopt the same doping rules as the IAAF.
8. Unanimously approved a motion to confirm WMA’s status as an independent body (independent from its members) to avoid personal liability claims.
9. Approved a motion that the names and addresses of delegates to the General Assembly be given in writing to the Secretary not later than 30 days before the General Assembly, and that the Secretary shall post same on WMA’s web site no later than 20 days before the Assembly.
10. Unanimously voted to require the Stadia, Non-Stadia, and Women’s committees to hold “open” meetings.

Continued from page 11
• Heidi Maeder, SUI, took both walks, the 5000 with a 27:05.92.26.
• Jan Morrey, AUS, broke the SC record with a 9:20.66 and added the 400.
• The USA 4x400 relay team knocked 10 seconds off of the WR with a 4:48.76.
• Gerda Van Kooten, NED, was successful in defending two of her Gameshead titles, with victories in the 800 and 1500 (5:29.35/92.3%).
• Christi Schmalbruch, GBR, also held on to two of her three Gateshead titles with her 4:63 LI WR and in the TJ (9.18/99.5%).
• Helvi Enkison, EST, had to hit a 998-40.50 to beat Evam Williams, GBR (3:889.78) in the HT. Williams won the WP.
• The first three in the HJ, won by Ursula Stelling with a 1.36, were at 95.5-4.
• Carolyn Cappetta, USA, hastened to a WR 71.45 in the 400 and won the 800.
• Midori Yamamoto, JPN, vaulted a WR 2.20.
• Signur Kofink, GBR, the women’s thrower of the meet, won the SP, DT, HT, JT, and WP (5222).
• Hildurgurd Burtle, GBR, blazed to 100, 200, and LI (4.09/92.78) wins.
• Christel Miller won the heptathlon with a USA record 4505.
• Shirley Peterson, NZL, dashed to a WR 14.48 in the 100, with Isabel Hofmeyr, RSA, the record holder (14.91), also below her record in 14.84. Hofmeyr won the 200 and heptathlon.
• Shirley Young, AUS, was on the award stand twice to receive gold medals for the 5000 and 10,000.
• Rachel Hansens, BEL, took SP and JT firsts.
• The USA won both relays.
• Johnyue Valien, USA, as noted above, was the standout in this division and perhaps the meet, with eight gold medals – seven individuals and one relay.
• Pat Peterson, USA, captured both the 100 and 200.
• Maria Alves, BRA, tied to firsts in the 5000, 10,000, and 8K X-C.
• Raia Jortika left for Finland with gold medals for the SP, DT, JT, and WP.
• Miriam Gordon, USA, scored wins in the 5000 (56:13.89) and 10K NW.
• Canadians Lenore Marvin and Olga Kotekko won 10 gold medals between them, Marvin on the track, 8K X-C, and 5000 NW.

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Former AAU National Champion
World Masters Champion from ages 45 to 60

Title}

GBR: Ian Anderson, NFI; Jim Tobin, NZL; Fred O’Connor, AUS; Haromataranina, IN; Abdul Razak Bongsu, BRU. ©

Continued on page 16

Carlius expressed regret that Africa could not find any city to host the 2000 Regional Championships.

Executive VP, Tom Jordan, said a bidders’ booklet has been completed, which is sent to every prospective bidder. Jordan is preparing a Standards and Procedures Book that will guide Local Organizing Committees. He asked for suggestions and comments to include in the book (Jordan’s address is on page 16).

Stadia VP, Jim Blair, said the aged pages will be revised when there are enough performances in the new events to create accurate standards.

Non-Stadia VP, Ron Bell, said WMA’s official address is in Luzern.

Secretary, Monty Hacker, announced WMA now has 137 affiliates, up from 133 two years ago.

Treasurer, Peppi Galfetti, said 1999-2000 revenues were US$187,575. Expenses were US$185,106. Thus, the surplus was US$2469. Total assets on December 31, 2000, were US$184,670.

The Council approved a budget for 2001-2002 of US$205,000. Included was a $300 monthly subsidy to the National Masters News, which mails a free copy of each issue to each WMA affiliate. However, after the meeting, Carlius privately told NMN the subsidy would be discontinued after Dec. 2001, so that more money can be allocated to WMA’s web site.

Honoray Pins
At the General Assembly, the following persons were awarded the WAVA Honoray Bronze Pin for exceptional work during many years within the masters athletics area:

• David Pain, USA; Vadim Marshev, RUS; Enno Akkel, EST; Barbara Dunsford, GBR; Coleena Blair, NZL;
• Helen Tobin, NZL; Kerry Thew, AUS; Joseph Yan Krok Peng, SIN; Takuro Mirue, JPN; Fernando Ferreira, POR; Wilhelm Koster, GER; Keith Whittaker, Canada, New Zealand, etc.) have expressed interest in affiliation and stronger regional organizations.

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San Sebastian to Host WMA in 2005

BRISBANE, Australia — The city of San Sebastian, Spain, was chosen to host the 16th biennial World Masters Athletics (formerly WAVA) Championships in 2005 by the delegates to the General Assembly on July 11.

San Sebastian received a majority of 63 votes on the first ballot to defeat Helsinki, Finland (29), and Sacramento, USA (26). Each city put on impressive presentations and waged a week-long lobbying campaign prior to the vote.

San Sebastian (located in northern Spain, just south of the French border) was the favorite of many Spanish-speaking delegates. Many other delegates felt the Games should return to Europe after being in Australia (2001) and North America (2003).

European voters seemed to favor San Sebastian over Helsinki because of the warmer climate and cheaper cost-of-living in Spain.

No questions were allowed to be asked of any bidder. A motion to permit a 10-minute question-and-answer session drew only 28 affirmative votes.

Carolina, Puerto Rico, was confirmed as the site of the 2006 championships. In 1999, WAVA delegates in Gateshead, England, chose Kuala Lumpur, Malaysia, to host the 2003 event. However, the WAVA Council withdrew the Games from Kuala Lumpur due to “political and administrative problems,” as reported in these pages earlier this year by WMA President Torsten Carlus.

Sivapragasam, Secretary of the Malaysian Veterans, told the Assembly that Kuala Lumpur did not voluntarily give up the Games, and still wanted to stage the event in 2003.

“We have not breached any rules in the contract,” Sivapragasam said, “and hold full rights to host the 2003 championships.”

However, no motion to award the event to Kuala Lumpur was made, so the event will be held in Puerto Rico in July 2003.

Also in Gateshead, delegates had chosen Buenos Aires, Argentina, over Udice, Czech Republic (64-46), to host the 2002 Non-Stadia Championships.

However, the Argentinian delegation withdrew its bid, apologizing that it could not guarantee the safety of the athletes. Other cities — in Italy, Russia, Japan, Taiwan and the U.S. — indicated interest in staging the event in Sept. or Oct. 2002.

Auckland, New Zealand, was the sole and successful bidder for the 2004 World Non-Stadia Championships. The event will take place from April 18-24, 2004, and include a 50K road walk, Ekiden road relay, 10K road races, 20-30K road walks, and half-marathon.

Carlius confirmed that the World Masters Games (a 22-sport festival) was switching its quadrennial site from even-numbered years (i.e., Eugene, 1998; Melbourne, 2002) to odd-numbered years (Seville, Spain, 2005).

Thus, it could conflict with the WMA event in San Sebastian. On the other hand, some athletes will likely attend both events, since they are in close proximity.

Carlius said WMA has considered the possibility of staging its championships in conjunction with the World Masters Games. But that potential marriage seems to be on hold for the foreseeable future.

— Al Sheahan

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**14th World Championships**

**Continued from page 15**

judged his leap over the water and lost a shoe. Steeplechaser Ron Robertson, M60, NZL, was easily the best performer in the race with a 28:50, which would have placed him 12th in the M40 group. Johann Hopfner, M40, GER, 26:07, and Julio Viera Da Costa, M40, POR, 26:32, were first and second overall. In a contest of big name runners, Gary Romesser, USA, won the M50 race with a 28:05 over NZL legend Rod Dixon (28:27), after running shoulder to shoulder for most of the race. Antonio Tejada Vergara, MEX, won the M80 gold in 41:37.

Chantal Dallenbach, W35, FRA, winner also of the 10,000, was first in 29:13, with Corinne DeBaets, BEL, second in 29:56, Maureen De St. Croix, CAN, won the W45 contest in 30:08. The best age-disabled race was in the W55 with Minzui Matsuoka, JPN, first in 35:23, followed by Val Hancock, GBR, 35:35, and Mariza Cruz, BRA, 35:33. Australian teams won seven of the 15 division team awards, and not just by sheer numbers, but with solid performances. In the M45 division, won by Marian Kremp, SLO, in 27:27, the next four places went to Aussies. Great Britain won five team titles.

Road Racewalks

The men's 20K and women's 10K racewalks were held on Riverside Drive along the Brisbane River about 2 km from the city center on a flat, 2 km loop course on July 13.

Fabio Ruzzier, 48, ITA, was the first men's finisher, in 1:38:59, followed by another M45 Italian, Roberto Cervi, 49, in 1:43:48, the winner of the 5000 and 20K in Gateshead in 1999.

Gerhard Weidner, 68, GER, who earlier successfully defended his Gateshead 5000 title, took the M65 race with the top age-graded performance of 1:51:05, a 93.9%.

Others in the 90's international class were M55 first, Andrew Jamieson, 53, AUS, 1:40:33, 90.8%, also the 5000 winner; M55 second, Gerda Little, 59, NZL, 1:43:41, 91.7%, M60 winner, Murray Dickinson, 62, AUS, 1:46:56, 91.6%, and M55 second, Dario Ramirez, 64, COL, 1:48:14, 92.3%, who won the 5000 also.

Lynden Ventris, 44, AUS, defeated her Gateshead title with an overall first 48:44, 93.2%. Winner of the 5000 here, Janina Fijalkowska, 65, POL, posted a 94.0% 58:45 W55 victory in the first division, in which the first four places were at 90% or better.

Jean Albury, 71, AUS, also a double R50 winner here, had the best time of the day with a 94.4% 62:46. Fan Benno-Caris, 83, USA, the oldest woman to finish, won the W80 race in 88:06. Aussie women racewalkers won five of the 10 divisions contested.

Marathon

Marathons ran two loops of a 21 km course on both sides of the Brisbane River, starting at 6:30 a.m. and finishing at the South Bank Park Plaza, the site of the 5K fun run and closing ceremonies. The weather was cool at the start but somewhat warmer than usual for this time of the year within a couple of hours.

John Oldfield, 40, AUS, won the men's race in 2:30.00. Ron Peters, 48, AUS, winner of the 5000 and 10,000, was second in 2:32.47. Manuel Rosales, 65, ESP, also had a hat trick with his M65 marathon victory (3:03:39) and 5000 and 10,000 titles. But, the Ironman Trophy Award has to go to Sergio Agnoli, 75, ITA, who won the M75 contest (3:34:28) after winning the 8K X-C, 1500, 5000, and 10,000. Peter Lesing, 60, GER, winner of the 10,000, had the best A-G time of 2:46:21, 91.0%, the only 90% of the event by men or women.

Mieke Pullen, 43, NED, was first woman, also with the top A-G performance, 2:46:37, 87.6%. Anneli Soderdals, 37, SWE, 2:56:26, was the only other woman under 3:00:00.

Brigitte Ziegler, 50, GER, won the W50 race (3:11:46) and, earlier, the 10,000. Gerda Bjaatstad, 71, NOR, after winning the 8K X-C on the first day, won the marathon (3:30:36) on the last.

— Jerry Wojcik

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Which Way, WMA?

Brisbane, Australia – Is the World Association of Veteran Athletes (WAVA), now known as World Masters Athletics (WMA), in danger of shooting itself in the foot? The newly-named WMA managed to stagger through another moderately successful world masters track and field championships, but the future is questionable for the venerable, 26-year-old organization.

Games Lose Money

For starters, the Games are proving increasingly difficult for the local organizing committee (LOC) to pull off. “There’s no way to make money on these Games,” said David Lloyd, General Manager of the 14th WAVA World Veterans Athletics Championships, held here July 4-14. “The entry fees aren’t high enough, it’s difficult to get sponsorship, and even with all the free labor – the costs are enormous.”

Lloyd refused to say how much the Games actually would lose, but others guessed it was perhaps a half-million Australian dollars (US$250,000).

Cutting Costs

As a result of the shortfall, the LOC appeared to be cutting costs at every opportunity:

1. The big item was the transportation. The LOC had promised frequent free shuttle bus service from the hotels to the venues, as in Gateshead in 1999, and as specified in the WAVA contract. But it reneged without WAVA’s okay. “We couldn’t do it,” Lloyd said. “It would have cost two million dollars (US$1million).”

Instead, the LOC provided free passes for the city buses. Most athletes had to take three buses from their hotels to the stadiums. It took up to 2½ hours the first day, but the time eventually went down to under one hour by the second week. That seemed acceptable to most athletes, who spent the time schmoozing with other athletes. There were occasional long waits, particularly after the Opening Ceremonies and International Party, but many athletes hopped into taxis that sometimes showed up.

2. There was no promised Games’ booth at the airport, but a few volunteers were on hand to help arrivees find their way around.

3. There was a noticeable lack of signs in English or any other language. Some athletes missed their event because they didn’t know where to declare or check in.

4. Volunteers and low-paid staffers – some inexperienced – did much of the work.

5. There was only one hip number for each runner in the distance races, and none in the lane races, causing confusion in trying to read the photos in close races.

6. At the opening ceremonies, athletes paraded into ANZ Stadium behind their country’s placards. The speeches were okay, but the stands began to empty during the dull, low-budget entertainment.

7. The International Party cost US$28 for some chicken and burgers. Drinks were extra. The music was loud and rambunctious. There were no buses for early departees. “I’ve learned not to go to those things,” said New Zealand’s Helen Tobin, who wisely skipped the affair and saved 28 bucks plus cab fare.

8. Results were sporadic and very hard to come by. Results of the early days’ cross-country, racewalks, and decathlon/heptathlon didn’t come through for days. After that, daily results, when you could find them, were incomplete.

The staffs in the media center refused to provide complete results for each media outlet, saying it was “too expensive.” Instead, they asked: “What do you need?” and offered to copy that result. But the copier was often busy or out of order. There were only two computers in the media room. After the first few days, the local papers decided it wasn’t worth the hassle and stopped reporting on the event.

In the results summary in this issue are several gaps and holes. Worse, the results are generally organized by age-group, rather than by event, making them harder to read. “The distribution of results was the worst I’ve ever seen at a world or national meet,” said Jerry Wojcik, NMN’s Senior Editor and results compiler.

9. The announcing ranged from excellent to poor. Little thought was apparently given to this area; it was a very low priority of the LOC. One USA official, who signed up to work the vertical jumps, was assigned to the announcer’s booth at the last minute.

The LOC seemed to feel if it had a warm body in front of a microphone, it was covered. There were no roving volunteers with walkie-talkies, relaying field-event data to the announcers, so field-event coverage was virtually nil.

10. In an apparent effort to garner even more tourist dollars, the LOC usually completed each day’s events in mid-afternoon so athletes could go into town at night and spend more money. Many outside the region (e.g., 100,000) at the faraway Queensland U. track went unseen by most athletes. It would have been more enjoyable if some of those races had been held in the early evening hours at one of the two main stadiums.

11. The Closing Ceremonies were, in effect, canceled – presumably to save money. There were a few speeches and some fireworks (for the public, not just the vets), but that was it. The promised singing of “Waltzing Matilda” didn’t happen.

The city virtually told the athletes: “The Games are over, we’ve got your money, goodbye.” Gilberto Gonzalez, a leader of the 2003 Games, said: “It was awful; we won’t do that in Puerto Rico.”

A Tourist Event

Lloyd said that despite the financial loss, he would do it again. “The city and state are happy with the numbers we brought in,” Lloyd said. “They’ll cover our losses.”

The event was considered by the Brisbane community to be a tourist event, not a sports event. The city and state of Queensland were thrilled to have nearly 5000 athletes and their families and friends freely spending money for 11 days. The meet had an economic impact on Queensland of about US$11 million, according to Queensland tourist officials.

Indeed, WMA President Torsten Carlius said he is so confident bidders want the event, he hopes to soon raise the rights fee from the current US$40,000 to US$150,000.

“They will pay it, no problem,” he said, citing the US$1 million rights fee for the 2002 World Masters Games (in Melbourne, Australia). Others are not so sure.

That the event succeeded at all was remarkable. Literally hundreds of dedicated people had to work for little or no pay – sometimes long into the night – to get the job done.

Three Cities Bid for 2005

Despite the enormity of the task and the potential for financial disaster, three cities boldly stepped forward to bid for the WMA in 2005: Melbourne, Australia; and two cities in the United States (Cleveland, Ohio, and Dallas, Texas).

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From the Editor – Which Way, WMA?

Continued from page 17

the 2005 Championships.

Helsinki (Finland), Sacramento (USA), and San Sebastian (Spain) each lobbied the voting delegates for a week and delivered well-produced, professional presentations. They had video, brochures, caps, pins, and more. Each must have spent at least in the tens of thousands of dollars. Sacramento bought uniforms, flew in eight representatives to wear them, and threw two big receptions for the voters.

For its trouble, Sacramento finished last with only 26 votes in balloting at the General Assembly. Helsinki, which also staged a well-researched, impressive presentation, didn’t fare much better with 29 votes. San Sebastian, with a good presentation, but the weakest of the three, ran away with it with 63 votes for a first-ballot victory. Europeans wanted to go to a warm climate and felt it was Europe’s turn after Oceania (2001) and North America (2003).

All three bids were essentially financed by their respective tourist associations. The San Sebastian bid was prepared by Octagon, a London-based marketing firm. Long gone are the days when a few masters athletes in track sport seconded. The 2003 Games were awarded by the 26 representatives to the General Assembly. Helsinki, which also put on a track presentation, didn’t fare much better than its bid was prepared by Octagon, a London-based marketing firm. Long gone are the days when a few masters athletes in track sported.

The 2003 Games were awarded by the WAVA Council to Helsinki, Finland, for the 2005 Games. But what was the value of those trips? What are the athletes paying for?

Bidders Treated Shabbily

Perhaps the delegates had, indeed, made up their minds. But the fact was that both Helsinki and Sacramento were treated shabbily. The three bidders were forced to wait all day and then allowed only 20 minutes each to present their cases. These bidders were high-minded, serious people who spent a fortune to prepare and come here. Yet WAVA brushed them aside with an arrogance that seemed to say: “We’ve got plenty of bids; we don’t have to be nice to you or anyone.”

Such an attitude may well come back to haunt WMA in the future. The Helsinki representatives reportedly stormed out, saying they would never again submit themselves to such treatment and humiliation. Sacramento was more philosophical. “It was a great experience and we learned a lot,” said John McCormack. “We might even bid next time for 2007; but if the rights fee is $150,000, we will politely decline.”

The whole presentation process was not, as the Aussies would say, fair and dinkum. In the future, the presentations should be made in the morning, not in the late afternoon. Another problem with the voting in the General Assembly is that it does not accurately reflect the wishes of the athletes. Nations with only one or two competitors each get one vote, whereas the big countries like the USA (with 405 athletes) and Germany (with 437) are limited to five votes. So, theoretically, six athletes from six different countries have more voting power than 405 USA athletes. The small countries have far more voting clout that the big ones. It’s an unfair voting system which is unlikely to change. In fact, there will be pressure in the future to go to a “one-country, one-vote” system, the method now used by the IAAF.

Lack of Openness

The lack of fairness, openness, and free discussion is becoming more pervasive within WAVA (WMA). Early in the meeting, it was hard to get Carliss to call for a vote on an important issue. Mary Rosado, a new USA delegate, was thrown out of three Standing Committee meetings which wanted to meet in closed (read “secret”) session.

At the Women’s Assembly, it was a virtual secret whether a new Chairperson would be chosen by the Women’s “Assembly” or the Women’s “Committee.” Or would incumbent Bridget Cusden continue as Chair for two more years? Or four more? No one knew.

When Carliss announced at the General Assembly that Cusden would continue as the Chairperson, he was challenged by an Australian delegate as to who made that decision and when. After much back and forth, Carliss declared nominations open for the women’s chair to be voted upon by the whole Assembly – not just by the women as in past years.

It was a mess and unfair to everyone involved. The final result, however, was popular. The capable Marina Hoernicke-Gil agreed to serve and won over three other women who had to compose a two-minute speech on the spur of the moment.

Kuala Lumpur Protests

There is still secrecy as to why Kuala Lumpur was bootied out. No detailed report was ever given by the WAVA Council.

“Carliss did not give us any official letter stating the Games had been pulled,” said S. Sivapragasam, Malaysian Secretary. “We do not understand what went wrong.”

WAVA gives the impression it doesn’t care all that much for democracy. Of course, neither did the Wehrmacht or Louis XIV.

Puerto Rico in 2003

The 2003 Games were awarded by the WAVA Council – not by the General Assembly – to Carolina, a suburb of San Juan, Puerto Rico. C. Baus, P. R., was an impressive, but unsuccessful bidder in Gateshead for the 2003 event. But Carolina never made a presentation to the General Assembly.

Now the Puerto Ricans have to be ready in two years, rather than the traditional four years. Can they do it?

Continued on page 19
### Masters Scene

#### EAST
- Dorothea Marcus, 58, East Meadow, 24:18; and Bob Mitchell, 54, Wheaton, MD, June 23, were runners-up.
- They devoted up to 11 days of their life to training their athletes for the trials.
- Few notable exceptions - was excellent; the New York Stadia side of the country.
- John Alexander, 50, Utica, NY, 18:21, and Joyce Andersson, 50, Brentwood, NY, 20:46, were firsts.

#### SOUTHEAST
- Andrew Masal, with a 45.15, and Elena Fild ate, with a 53.18, collected 1000 first masters money each in the new masters. Shiriner's 8K, Sacramento, CA, June 14. Mary Dunn, W45, broke the line record, fourth in 26:55.
- Craig Fram, M40, stormed up the 7th July Stadia 7.6 mile, Gothenburg, NH, course in 64:29 for the M40 first. Joan Samuelson, took the M40 title in 76:34, which would have placed her among the M40-44 leaders. Keith Woodward won the M50 race in 78:52.
- Vanessa Hilliard, who joined the W60 ranks on April 14, broke Bernie Holland's WP record of 30:24 in 1999 with a 31:16 in the Heavy Metal WP, Clearwater, FL, July 7. Her top marks (both over 100% A-G) were 1256 points for a 44.83 HT, and 1190 for a 17.38 with the 124 weight.

### National Masters News

**Relay Squad Sets Top Mark at Visalia**

By BOB HIGGINBOTHAM

A world best in the sprint medley relay highlighted the 8th Visalia Classic, Visalia, Calif., May 19, with the M50-59 team of Dennis Duffy, Herve Pastre, John Banks, and Steve Hardison running a 3:54.4, to break the old mark of 3:58.16 in 1995 by the Boston Running Club.

Although attendance was down, quality was plentiful. In an outstanding one-day performance, Elaine Iba, W40, won six events, all with meet records. Several of the nation's top sprinters were present and ready. Kevin Morning, took the M40 100 in a blazing 10.9 and ran away from the field in the 200 with a 22.0. Harold Tolson, M50, doubled in the 100 (12.4) and 200 (25.6). Robert Spence, M35, set meet records in the 110H (15.6) and 300H (41.0).

In a special age-graded 3000, Marty Higginbotham, M40, led from the second lap and placed first in 9:38.9, but Joan Ottaway, W55, had the best performance with a 5:40 11.24.

The field events were very competitive. Lavell Davenport, M35, won the long jump (19.5%) and triple jump (45.7), both meet records. Javelin throwers Bob Powers, M50, with a 167-2, and John Burns, M60, with a meet record 153-9, were outstanding. Ron Mickle, M60, had an impressive discus throw of 160-9.

The very warm day did not deter the athletes in their performances.

---

**From the Editor – Which Way, WMA?**

One positive outcome of the General Assembly was that the USA's Rex Harvey was chosen by the delegates to be the new Stanza Vice-President. Harvey is a technical T&F genius and an indefatigable worker. If anyone can save a meet - as he did in Durban in 1997 - or help an LOC get organized, it's Harvey.

"I'll be working closely with the Puerto Ricans for the next two years," Harvey assured.

**Officializing**

The officiating at the meet - with a few notable exceptions - was excellent; 310 officials, including 126 from overseas, kept the meet moving smoothly. They devoted up to 11 days of their life for a free lunch and US$30 a day.

Why they do it is often a mystery. However, the dark side of it is that a few do it to stroke their egos and do a power trip on defenseless athletes.

"The officials were too officious," said Brian Keaveney, Canada's team manager.

For example, about eight runners, including three potential gold medalists, were disqualified in the heats of the 400 for "stepping on their lane lines." No proof was offered by the accusing official that any athlete stepped off their lane. And even if they did, the violations reportedly didn't affect the results of any race. Yet the jury of appeal upheld the DQs, sanctimoniously quoting the rule book, but abandoning common sense and fair play.

**Nationalism**

One issue - fairness, openness, free discussion, officiating, doping, elitism - reflected the schism that has troubled WAVA since the mid-1980s. The Europeans have gradually gained voting strength and now control nearly as many votes in the General Assembly as the other five regions combined. Four of the seven elected Council members are from Europe. The Europeans are very traditional in their athletic attitudes and clearly wish to be under the shelter of the IAAF umbrella, not the WMA.

The founders of the masters program - David Pain, Don Farquharson, Wal Sheppard, Bill Taylor, Roland Jerneyd, and Steve Hesse and Leonard Sperandio finished 1-2 M40-49s both with the same time of 4:28 in the USATF Pacific Road Mile Championships/Fleet Feet Capitol Mile, Sacramento, CA, July 1. After their 8K wins the week before, Carol Keller, W40-49, S.24, and Shirley Matson, W60-69, 6:55, took titles again.

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USA track and field events feature competition for men and women over age 30 unless otherwise noted. Senior Games are usually limited to age 50 and over. Long distance events generally are open to all age groups with the exception of national masters championships, which may be limited to men and women over age 40. International T&F meets are usually limited to men over 40 and women over 35. Entry blanks for national and regional championships will generally be printed in the newspaper 30-60 days prior to the event. Please send any additions or corrections to MNM, PO. Box 30098, Eugene OR 97405.

**Schedule**

**USA Track and Field Championships**

- **NATIONAL**
  - **August 10-12**. State Games of America, St. Louis, Mo. St. Louis Organizing Committee, 1309 North Highway Dr., Fenton, MO 63099; mail@stategames.org; www.stategames.org
  - **September 2**. 20th annual Wofpack Throwing Classic, Columbus, Ohio. John White, 4865 Arthur Place, Columbus, OH 43220. 614-459-2547.
  - **September 19-23**. Kentucky Senior Games, Elizabethtown. 780-765-5551.
  - **MID-AMERICA**
  - **August 16-19**. Nebraska State Senior Olympics, Kearney. 308-233-3228.
  - **August 25**. Halstead Meet, Halstead HS. Kansas. 400 pm. Grant Williams, Halstead Recreation, 316-855-2157; 835-2286.
  - **September 6-9**. South Dakota Senior Games, Sioux Falls. 605-428-3807.
  - **SOUTHWEST**
  - **August 11**. Cat Spring Grunt III Throwers’ Meet. CSG III, 1884 Bostick Rd., Cat Spring, TX 78933-3006. 979-732-5591; kvluver@interx.net
  - **September 15, 20-26**. Oklahoma Senior Olympics, Tulsa, 918-596-7866.
  - **October 6-7**. Russian Multi-Event Championships, Socx. Vardn Marshav, fax: 709-573-3130; or varna@csu.msu.su
  - **October 14**. Australian Masters Games, Newcastle, NSW, AMG, PO Box 1599, Newcastle West, 2302, NSW, Australia. www.nrgsvens.com.au
  - **October 16**. Russian Masters Meet. Пишкарс, Bill Delform, 4046 Hasting St., Montreal, Canada H4A 217. 514-486-1006, or 450-292-0599.
  - **LONG DISTANCE RUNNING**
  - **August 14-18.** California Senior Games, Santa Clarita, Calif. Gordon McLennahan, 805-964-3005; Beverley Lewis, 805-969-5852.
  - **November 10, 2001.** 32nd annual Field Days Meet, Santa Cruz, Calif. 831-458-0300; keifield@aol.com
  - **NORTHWEST**
  - **August 12-18**. Chicago Senior Games, Chicago, Ill. 312-528-1100.
  - **August 25-31**. Minnesota Senior Games, St. Paul, Minn. Dan Fleming, 708 N. First St., CR-33, Minneapolis, MN 55401. 612-673-0778.
  - **September 15-17**. Iowa Senior Games, Des Moines, Iowa. 515-284-7000.
  - **Mid-Atlantic**
  - **August 15-17.** Keystone State Games, Wilkes-Barre, Pa. 570-823-3164; www.keystonegames.com
  - **August 5 & 19.** Potomac Valley TC Meet, T.C. Williams HS, Alexandria, VA, 703-671-2520; www.pvtc.org
  - **August 11-12.** EAUS East Regional Masters Championships, Springfield College. Mass. Directed by USAF New England, 617-566-7600; office@usatfne.org; www.usafsne.org
  - **August 19.** Granite State Senior Games, New Hampshire. Open to out-of-state. 603-622-9041.
  - **September 1-2.** Potomac Valley TC Games, T.C. Williams HS, Alexandria, VA, 703-671-2520; www.pvtc.org
  - **September 5-6.** Maine Senior Games, Portland. 207-775-6503.
  - **SOUTHEAST**
  - **November 7.** Mississippi Senior Games, Biloxi, Miss. 228-467-3333.
  - **November 12-13.** 25th annual Wolfpack Classic, Columbus, Ohio. Gordon McLennahan, 805-964-3005; Beverley Lewis, 805-969-5852.
  - **November 30**. 25th annual RACEWALKING. The East Region RW Sprint Championships lift off on the 12th in Sauquoyge, N.Y. The 30th RW Championships meets in St. Louis on the 19th.
  - **RACEWALKING**

**Programmes**

**ON TAP FOR AUGUST**

After several years west of the Mississippi, the USAF Masters Weight Pentathlon Championships head east to Syracuse, N.Y. on the 25th. The East Regional Masters Championships return to Springfield College in Massachusetts on the 11th. Westerners who missed the action in the Arizona and Baton Rouge biggies this season can find a good meet at the SCA Championships, Long Beach, Calif., on the 4th. The Seattle Masters Games open in the evening on the 17th and get into full swing on the 18th at W. Seattle Stadium. North-of-the-border champions will be determined in the Canadian Masters Championships, Toronto, on the 24th.

**RACEWALKING**

The East Region RW Sprint Championships lift off on the 12th in Sauquoyge, N.Y. The 30th RW Championships meets in St. Louis on the 19th.

**LONG DISTANCE RUNNING**

For openers, the People’s Beach to Beach 10K takes off on the 4th in Cape Elizabeth, Me., followed by the Falmouth 7.02 Mile in Massachusetts on the 12th. The Parkersburg, W. Va., Half-Marathon hosts the men’s and women’s open championships on the 18th. The Pikes Peak Marathon takes place on the 19th. Oregon is the scene of the hugely popular Nationwide Insurance Hood to Coast Relay on the 24th. The 25th has a rich menu listing the Maggie Valley, N.C., 8K Midnight Run; Cir Festival of Races, Flint, Mich.; and the Silver State Marathon, Reno, Nev.
August 2001
National Masters News

Continued from page 20
November 4. USATF National Masters 8K
Cross-Country, Rochester, N.Y. Peter Glavin,
160 Lee Rd., Rochester, NY 14620. 716-
242-9031.

November 18. USATF National Masters 5K
Cross-Country, DeLand, Fl.A John Boyle, PO
Box 1700, Deland, FL 32721. 904-736-
0103.

December 1. USATF National Masters 6K
Cross-Country, Mobile, Ala. Steve Schewald,
6509 Timbers Dr., Mobile, AL 36695. 334-770-
7730.

August 4. People's Beach to Beacon 10K,
Cape Elizabeth, Me. 888-480-6940; www.
bch2beacon.org

August 4. Hampton Falls 5 Miler & 5K,
Hampton Falls, N.H. Lisa Chace, phone/fax:
508-541-4505; www.athleticsch.com

August 8. New Hampshire Marathon &
10K, Newfound Lake. 603-744-2159,
www.newfoundchamber.com

August 10. Leaf Peepers Half-Marathon &
5K, Waterbury, Vt. Central Vermont Runners,
1152 North St., Montpelier, VT 05602. 802-
223-2080; email: leaf50@com

August 10. 20th Annual Wineglass
Marathon/Merrill Lynch Team Relay,
Hamptons Falls, N.H. Lisa Chace, phone/fax:
508-541-4505; www.athleticsch.com

August 25. USATF New Jersey Masters
Championships/Run for Life 5 Mile, Picatinny
Arsenal, Rockaway, N.J.

August 26. Chris Thater Memorial 5K,
bctopdwi.com

August 26. NYRRC NYC Marathon Tune-
Up 18 Mile, Central Park. See Aug. 5.

August 26. Eamonn Coughlan 5K Classic,
Queens, N.Y. 718-460-5370.

September 3. New Haven 20K, New
Haven, Conn. 203-481-5933.

September 4. Hurricane Run 5K, Dauphin
Island, Ala. Port City PACers, PO Box
6427, Mobile, AL 36660. 251-473-7223.

September 6. USATF New Jersey Men's
8K & Women's 5K Cross-Country Championships,
Readington Twp. Julie Schick, 732-296-
0060; usatfnj@com

September 16. Dutchess County Marathon,
Fishkill, N.Y. 914-473-3204; www.puja
news.com/dcclassic

September 23. Fall Leaves 5K/Ryga
National Championships, Utica, N.Y. Ryga
RC, Lisa Staszak Jr., 315-797-4949;
www.UticaRoadrunners.org

September 28-29. Reach the Beach 200-
Mile Relay, Brettin Woods-Hampton Beach,
N.H. 503-871-0400; www.active.com

September 29. Fifth Avenue Mile, NYC,
NYRRC, 212-860-2280; tkelly@nyrrc.org;
www.nyrrc.org

September 29. New Hampshire Marathon
& 10K, Newfound Lake. 603-744-2159,
www.newfoundchamber.com

October 7. Leaf Peepers Half-Marathon &
5K, Waterbury, Vt. Central Vermont Runners,
1152 North St., Montpelier, VT 05602. 802-
223-2080; email: leaf50@com

October 7. 20th Annual Wineglass
Marathon/Merrill Lynch Team Relay,
Hamptons Falls, N.H. Lisa Chace, phone/fax:
508-541-4505; www.athleticsch.com

October 7. Georgetown Classic 10K,
Washington, D.C. 301-871-0400;
www.runwashingt.com

October 8. Ocean State Marathon, Warwick,
Providence, R.I. 401-885-4499; www.
OSM26.com

October 13. Asta Greater Hartford
Marathon, Half-Marathon, & 5K, Hartford,
Conn. 860-652-8866; www.hartfordmarathan.com

October 14. Army Ten-Miler, Washingon,
D.C. 202-685-3361; www.armytenmiler.com

October 14. Mohawk-Hudson River
Marathon/USATF Adironack Championships,
Shenendehova-Albany. 518-435-4900;
www.mhrnrc.com

October 20. Baltimore Marathon,
Baltimore, Md. 800-487-007; www.The
BaltimoreMarathon.com

October 21. Columbus Marathon, Relay &
5K, Columbus, Ohio. www.columbusmarathlon.com

October 27-28. Mystic Places Marathon,
Rocky Neck State Park, Conn. 2000 limit,
203-481-5933; www.mysticplacesmarathon.org

October 28. Mayor's Cup Cross-Country,
Franklin Park, Dorchester (Boston), Mass.
617-566-7600.

October 28. 26th Marine Corps Marathon,
Washington, D.C. Rick Neilas, 800-RUN-
USMC; www.marinecommander.com

October 28. Compas Bank Cape Cod
Marathon & Relay, Mass. 1200 limit. 308-
540-6959; www.capecodmarathon.com

November 4. New York City Marathon,
NYRRC, 9 E. 89th St., New York, NY
10128. 212-850-4455; www.nyrrc.org

SOUTHEAST
Alabama, Florida, Georgia, N. Carolina,
S. Carolina, Tennessee, Virginia

August 14. Chickasabogue 2 Miler,
Saraland, Ala. 6:30 pm, Port City PACers,
251-473-7223.

August 25. Maggie Valley 8K Moonlight
Race, Maggie Valley, N.C. 828-925-1886.

September 2. Rock 'N Roll Half
Marathon, Virginia Beach, Va. 800-311-
1255; RnRhalf@eilteracing.com

Arkansas Sr. Olympics

"Senior Arkansas Sports Organization"

***ARKANSAS IS AN OPEN STATE***

SEPTEMBER 27 - 30, 2001

Open to all men and women 50 years of age and older.
Individuals will compete in five-year age groups.
Track schedule includes 100, 200, 400, 800, 1500
meter and 5000 meter roadrace, 1500 and 5000 meter
racewalk, triathlon and cycling.
Throws include discus, javelin and shot put.
Jumps include high jump, pole vault and long jump.

Hosted and organized by
SENIOR ARKANSAS SPORTS ORGANIZATION
P.O. BOX 3217, HOT SPRINGS, ARKANSAS 71914
620 CENTRAL AVE., SUITE 2 E
HOT SPRINGS, ARKANSAS 71911

TELEPHONE: 501-321-1441 OR 1-800-720-7276 (AR ONLY)
FAX 501-321-4961 E-MAIL arsonym@hotsprings.net

www.arkansasonline.com

Mid-America
COLORADO, IOWA, KANSAS, MINNESOTA,
MISSOURI, NEW MEXICO, DAKOTA, MONTANA,
NORTH DAKOTA

August 11. Avon Running 10K & 5K
Walk/Run, Minneapolis. 651-688-9143;
hermanrun@ast.com

August 18. Rochester TC/Holiday Inn Half-
Marathon & 5K, Rochester, Minn. 507-282-
5228; www.racebyrJaM.com

August 19. Pikes Peak Marathon, Manitou
Springs, Colo. 719-473-2625; www.pikes
peakmarathon.com

August 25. Omaha Marathon, Omaha, Nebr.
402-398-9637; www.omahamarathon.com

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Continued from page 21.

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<tr>
<th>ATHLETES WHO ENTER A NEW DIVISION THIS MONTH, AUG. 2001</th>
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<tr>
<td><strong>RECRUIT</strong></td>
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<tr>
<td><strong>ATHLETE</strong> (RESIDENCE)</td>
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<tr>
<td>TONI RAE (USA)</td>
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<td>MARIA TURLES (US)</td>
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<td>JAN CUMMINGS (SANTA VISTA, CA)</td>
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<td>SHELLEY KEELEY (NEW YORK, NY)</td>
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<td>DENNIS FLACK (ADE)</td>
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<td>TOM THOMPSON (US)</td>
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<td>RUS SCHMIDT (JAMESTOWN, ND)</td>
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<td>AYVA DELGADO (CA)</td>
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<td>CAROLINE COONEY (VANCOUVER, WA)</td>
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<td>DON DUNKIN (CA)</td>
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<td>JOSEF MEYER (SUGA)</td>
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<td>MARIA BUCHMANN (GER)</td>
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<td>BILL FORSCH (ALBQ)</td>
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<td>MARTHA WATSON (CA)</td>
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<td>SUE MILLER (LAHAVAS US)</td>
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<td>ULRINE STRUPP (BAYON ROUGE, LA)</td>
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<td>WES LOD (US)</td>
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<td>REMY BUSZENY (CA)</td>
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<td>JADE HITE (LINCOLN, NB)</td>
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<td>LEENA HALME (FIN)</td>
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<td>BARBARA FINCH (CONCORD, MA)</td>
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<td>ANDRE DINKEL (CA)</td>
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<td>INGRID JAINHUSEN (FIN)</td>
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<td>ERIKA STAHLHE (GER)</td>
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<td>MICHAEL SAUER (US)</td>
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<td>MARDON CONNELLY (N. HOLLYWOOD, CA)</td>
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<td>LISA LANDERSON (NORTHFIELD, MN)</td>
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<td>ANDRE RYPEK (USA)</td>
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<td>LU KOLBERGRA (BROOKINGS, SD)</td>
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<td>MARC TAVERAS (COLORADO SPRINGS, CO)</td>
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<td>DEBBIE LANCASHIRE (CONCORD, NC)</td>
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<td>DAVID CHAPMAN (GBR)</td>
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<td>CHARLES BELL (HONOLULU, HI)</td>
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<td>STU MABER O' RARE (Olympia, WA)</td>
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<td>GERHARD SCHIEFE (W)</td>
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Compiled by Pete Mundle, World and U.S. Masters T&F Records Chairman.
### U.S. MASTERS ALL-AMERICAN AWARDS

#### FOR MEN

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**Notes:**
- 100 standards are for automatic time; use standard conversion for hand time.
- 2 Short hurdles: 3.99 - 4.97
- 3 High hurdles: 4.98 - 5.47
- 4 Full hurdles: 5.48 - 5.97
- 5 Pent: 2800 - 2800
- 6 Decathlon: 3000 - 3000
- 7 W. Pent: 3000 - 3000

### U.S. MASTERS ALL-AMERICAN AWARDS

#### FOR RACETRACKERS

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**Notes:**
- 100 standards are for automatic time; use standard conversion for hand time.
- 2 Short hurdles: 3.99 - 4.97
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- 4 Full hurdles: 5.48 - 5.97
- 5 Pent: 2800 - 2800
- 6 Decathlon: 3000 - 3000
- 7 W. Pent: 3000 - 3000

### U.S. MASTERS ALL-AMERICAN AWARDS

#### FOR CARDS

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**Application for an All-American Certificate/Patch**

1. If you have equaled or bettered the standard of excellence, please fill out this application completely.
2. A copy of your results or a note stating in which year your results appeared must accompany this application.
3. Please send $10 for a certificate, $10 for a patch, and $10 for a patch tag showing event and year. The cost of both a certificate and a patch is $5, and ordered at the same time is $15.
4. Send to: All-American, National Masters News, P.O. Box 50098, Eugene OR 97405.
5. A 3-color, 8" by 10" certificate, suitable for framing, and/or a 3-color, 3" by 4" patch will be mailed to you within six weeks. Allow eight weeks for a patch tag.

### APPLICATION FOR AN ALL-AMERICAN CERTIFICATE/PATCH

**NAME**

**ADDRESS**

**SEX:**

**CITY:**

**STATE:**

**ZIP:**

**MEET DATE**

**MEET SITE**

**EVENT**

**MARK**

**HURDLE HEIGHT**

**WEIGHT OF IMPLEMENT**

**CERTIFICATE**

**PATCH**

**PATCH TAG**
The good news is that, of the more than 500 events listed, only a few are missing, despite our best efforts to include all of them. Moreover, except for the specialties, rallies, 200km'is and marathon, results are listed by age group rather than by event. This means that the good news is that the majority of the organizers produced them, and there was no practical way we could reorganize each result by event.

We have, however, done some cutting and pasting so that each result is in the proper order within each group.
## National Masters News

### Men's -60 100m

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National Masters News

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August 2001

W33 - Steeplechase 2,000m - W, M

Jane Polge 41 USA 7:12.35 76.76
Diane Stickel 42 USA 7:24.59 76.87
Pauline Gault 50 USA 8:04.32 76.85
Mary Raines 51 USA 8:25.75 76.94
Mary Raines 47 USA 8:35.50 78.59
W34 - Steeplechase 2,000m - W, M

Lorrie Phifer 24 AUS 7:46.67 87.98
Diane Stickel 19 USA 7:54.74 88.95
Theresa Caccia 44 USA 8:45.04 89.99
Brenda Green 45 USA 9:01.13 90.41
Martha Stiegel 45 USA 9:15.08 90.59
W35 - Steeplechase 2,000m - W, M

Leslie Wright 26 USA 8:00.86 89.97
Patricia O’Toole 28 CAN 8:08.67 89.98
Maryann Bittker 56 USA 8:09.29 90.00
Mary Raines 51 USA 8:19.59 90.05
Mary Raines 47 USA 8:30.15 90.12
W36 - Steeplechase 2,000m - W, M

Alicia Murphy 41 USA 8:30.73 90.17
Mary Raines 47 USA 8:31.05 90.22
Mary Raines 47 USA 8:32.79 90.26
Mary Raines 47 USA 8:34.29 90.29
Mary Raines 47 USA 8:35.50 90.34

W37 - Steeplechase 2,000m - W, M

Ann Marie Dyer 47 USA 8:36.39 90.36
Ann Marie Dyer 47 USA 8:37.02 90.37
Ann Marie Dyer 47 USA 8:38.89 90.41
Ann Marie Dyer 47 USA 8:39.88 90.42
Ann Marie Dyer 47 USA 8:41.13 90.44

W38 - Steeplechase 2,000m - W, M

Alicia Murphy 39 USA 8:42.72 90.47
Deborah Smith 49 USA 8:44.36 90.49
Mary Ann Clark 57 USA 8:46.12 90.51
Mary Ann Clark 57 USA 8:47.53 90.54
Mary Ann Clark 57 USA 8:49.12 90.57

W39 - Steeplechase 2,000m - W, M

Alicia Murphy 56 USA 8:50.86 90.58
Deborah Smith 64 USA 8:52.32 90.60
Mary Ann Clark 57 USA 8:53.67 90.61
Mary Ann Clark 57 USA 8:55.12 90.64
Mary Ann Clark 57 USA 8:56.77 90.67

W40 - Steeplechase 2,000m - W, M

Alicia Murphy 64 USA 8:58.85 90.75
Alicia Murphy 64 USA 9:00.12 90.76
Alicia Murphy 64 USA 9:01.59 90.79
Alicia Murphy 64 USA 9:03.13 90.81
Alicia Murphy 64 USA 9:04.68 90.83

W41 - Steeplechase 2,000m - W, M

Alicia Murphy 73 USA 9:06.19 90.85
Alicia Murphy 73 USA 9:07.73 90.87
Alicia Murphy 73 USA 9:09.26 90.89
Alicia Murphy 73 USA 9:10.78 90.91
Alicia Murphy 73 USA 9:12.32 90.93

W42 - Steeplechase 2,000m - W, M

Alicia Murphy 83 USA 9:13.83 90.95
Alicia Murphy 83 USA 9:15.34 90.97
Alicia Murphy 83 USA 9:16.85 90.99
Alicia Murphy 83 USA 9:18.36 91.01
Alicia Murphy 83 USA 9:19.86 91.03

W43 - Steeplechase 2,000m - W, M

Alicia Murphy 93 USA 9:21.36 91.05
Alicia Murphy 93 USA 9:22.86 91.07
Alicia Murphy 93 USA 9:24.36 91.09
Alicia Murphy 93 USA 9:25.83 91.11
Alicia Murphy 93 USA 9:27.32 91.13

W44 - Steeplechase 2,000m - W, M

Alicia Murphy 103 USA 9:28.79 91.15
Alicia Murphy 103 USA 9:30.28 91.17
Alicia Murphy 103 USA 9:31.74 91.19
Alicia Murphy 103 USA 9:33.24 91.21
Alicia Murphy 103 USA 9:34.70 91.23

W45 - Steeplechase 2,000m - W, M

Alicia Murphy 113 USA 9:36.10 91.25
Alicia Murphy 113 USA 9:37.55 91.27
Alicia Murphy 113 USA 9:39.00 91.29
Alicia Murphy 113 USA 9:40.46 91.31
Alicia Murphy 113 USA 9:41.91 91.33
August 2001

National Masters News

Seattle Parks & Masters Meet 2001

Seattle, Washington - June 23

100m
- M35 Ken Peterson 12.11
- M40 Michael Wallace 12.46
- M45 John Wells 12.60
- M50 Jack Robbins 13.30
- M55 Steven Berber 13.95
- M60 Larry Schwartz 14.44
- M65 Jonathan Keller 14.77
- M70 Wanda Lourie 16.27
- M75 Richard Robbins 17.43
- M80 Mark Robbins 21.25
- M90 Charles Robinson 25.26
- M100 Ken Peterson 25.26
- M105 Michael Wallace 26.42
- M110 Jack Robbins 26.42
- M115 Steven Berber 26.60
- M120 Larry Schwartz 27.25
- M125 Jonathan Keller 27.72
- M130 Wanda Lourie 31.17
- M135 Richard Robbins 32.72
- M140 Steven Berber 32.97
- M145 Larry Schwartz 33.22
- M150 Jonathan Keller 33.57
- M160 Wanda Lourie 34.83
- M165 Richard Robbins 35.30
- M170 Steven Berber 35.50
- M175 Larry Schwartz 35.75
- M180 Jonathan Keller 36.00
- M185 Wanda Lourie 36.25
- M190 Richard Robbins 36.50
- M195 Steven Berber 36.75
- M200 Larry Schwartz 37.00
- M205 Jonathan Keller 37.25
- M210 Wanda Lourie 37.50
- M215 Richard Robbins 37.75
- M220 Steven Berber 38.00
- M225 Larry Schwartz 38.25
- M230 Jonathan Keller 38.50
- M235 Wanda Lourie 38.75
- M240 Richard Robbins 39.00
- M245 Steven Berber 39.25
- M250 Larry Schwartz 39.50
- M255 Jonathan Keller 39.75
- M260 Wanda Lourie 40.00
- M265 Richard Robbins 40.25
- M270 Steven Berber 40.50
- M275 Larry Schwartz 40.75
- M280 Jonathan Keller 41.00
- M285 Wanda Lourie 41.25
- M290 Richard Robbins 41.50
- M295 Steven Berber 41.75
- M300 Larry Schwartz 42.00
- M305 Jonathan Keller 42.25
- M310 Wanda Lourie 42.50
- M315 Richard Robbins 42.75
- M320 Steven Berber 43.00
- M325 Larry Schwartz 43.25
- M330 Jonathan Keller 43.50
- M335 Wanda Lourie 43.75
- M340 Richard Robbins 44.00
- M345 Steven Berber 44.25
- M350 Larry Schwartz 44.50
- M355 Jonathan Keller 44.75
- M360 Wanda Lourie 45.00
- M365 Richard Robbins 45.25
- M370 Steven Berber 45.50
- M375 Larry Schwartz 45.75
- M380 Jonathan Keller 46.00
Benefiting: UCSF Pediatric AIDS Research

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For Children

Sunday, September 16, 2001
Kezar Stadium
Golden Gate Park
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Three Runs ~
One Great Event!

CHAMPIONS RUN
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- World's fastest Milers
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JAMBA JUICE 5K BANANA MAN CHASE II
"Squeeze the most out of life."

- 5K Run or Walk
- Finish on Kezar Stadium Track
- Golden Gate Park Course
- Jamba Juice Smoothie & T-shirt to all finishers!
- 18 Age Divisions, Medals 3-deep
- Beat Banana Man and win!

KIDS RUN

- Track Dashes & Mile
- Ages 3 & up
- Age Group Heats
- T-shirt & Ribbons to all finishers

LEONARD MUCHERU
KENYA
Winner Men's Open 3:56.43

LYUDMILA VASILEVA
RUSSIA
Winner Women's Open 4:31.62

#10 PAUL CATHERWOOD
#11 ROB FLATLAND
USA
Banana Man Chase 5K
20:17

NANCY TINARI
CANADA
Winner Women's Master's 4:59.27

JOHNNY GRAY
USA
Winner Men's Master's 4:13.73

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- Stability Web™ offers lightweight midfoot support
- C-Cap™ Midsole provides maximum cushioning
- and flexibility
- N-Durance™ heel pad for increased durability
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